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Show sponsor

Alfred Archambault, Center Manager for ClearChoice MD, Alton, hands its '2019 Major Sponsor' check to Rich Leonard, Chairman of Rotary's 12th annual Home Garden and Recreation Show. ClearChoice MD will also be participating as an exhibitor. The Alton, Barnstead, New Durham Centennial Rotary, in association with Prospect Mountain's Future Business Leaders of America, (FBLA) and the school's robotics team (BOB) are adding a number of new events and features to the Home Show, held at the school, Saturday, April 27, 9 a.m.-3 p.m. Some of the new attractions include a number of food trucks, live music outdoors, a silent auction and robotic demonstrations. Public admission is free with an expected attendance of 1,200+. All net proceeds are donated by Rotary for scholarships and to local charities. For information on participating as an exhibitor, call 767-2652 or go to [www.TheACRC.org](http://www.TheACRC.org) to register.

Belknap County Republicans to meet Wednesday

LACONIA — The Belknap County Republican Committee is holding its next monthly meeting on Wednesday, March 13, at 6:30 p.m. at the Laconia VFW, 143 Court St, Laconia. The committee is pleased to announce that Kate Day, newly appointed Chairman of the NH GOP "Committee on Town Committees," will address the Belknap County Committee. Day was the Cheshire County GOP Chairman, and most recently ran for vice chairman of the New Hampshire Republican

State Committee. She will share her thoughts about how she will work with and guide all county committees across the state to build new town committees and revitalize inactive ones with a goal of 100 new town committees across the state. Once again, members of the Belknap County Committee are asked to bring a friend (or two) to this month's meeting as the committee is intent on increasing their membership with people from all age groups, and in particular young Republicans from 18-40

years of age. Belknap County GOP meetings are open to all Republicans and like-minded Independents. The committee suggests that you arrive as early as 5:30 p.m. to socialize with other members. As has become a monthly tradition, the committee encourages its members to continue to bring non-perishable food items for donation to local food pantries. For more information about the committee, please check the committee's web site at [www.BelknapCountyGOP.org](http://www.BelknapCountyGOP.org) or send an e-mail to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).

tyGOP.org or send an e-mail to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).

Legion hosting End 68 Hours of Hunger fundraiser Friday

ALTON — The Alton American Legion family Post 72, on Route 28 in Alton, cordially invites the public to a special fundraiser for End 68 Hours of Hunger of Alton and Barnstead on March 8. The event is open to the public and The Caddy Shack will offer a reasonably priced dinner menu option from 5 to 8 p.m., The Aches and Pains classic rock band will be hosting music from 6 to 10 p.m., and the Legion will be hosting the raffles, 50/50 and lots of fun. Volunteers, sponsors, donors, school efforts are

all helping to sustain the program. Each year, End 68 Hours of Hunger continues to advance its mission to end childhood food insecurity. This problem impacts a child's health and education as children. Through the food donation program, they have affected the lives of many children in both communities and teachers report that children are more responsible and their performance improves. Actual documented increases in reading and math scores have been reported as well. They make a difference

in the potential success of every child they feed. It is with the help of donations from supporters that they will continue to make improvements in the lives of these children. For more information about this program or to donate, please visit [www.end68hoursofhunger.org](http://www.end68hoursofhunger.org), please indicate the town you are supporting. Local contact info for Alton is Pam Forbes and Kerry Clark at [Alton@end68hoursofhunger.org](mailto:Alton@end68hoursofhunger.org) and for Barnstead, Britni Lamontagne at [BarnsteadNH@end68hoursofhunger.org](mailto:BarnsteadNH@end68hoursofhunger.org).

Game night in Barnstead on March 16

BARNSTEAD — After getting up your dander doing your law-abiding civic duty at Town Meeting on March 16, people will probably really enjoy a nice relaxing evening with friendly folks over some games you may never have played or maybe not for a long time. A totally unplugged experience so to speak.

Last month a fellow showed up with this game he called "Go." This game is like Othello cubed. It's bigger, and instead of getting lines with the end points, you get areas by surrounding them. So once again game night will be happening at Sticks and Stones Farm, which is located at 107 White Oak Road in

Center Barnstead, which is located on the right side, not too far from the top of the hill when coming from Route 28. There will be snacks and hot chocolate and cider as well as other goodies. Bring a friend, bring your family and bring any beverages you'd like to drink. It'll be March 16 from 5 to 9 p.m. This event is brought to you by the Barnstead Agricultural Association. For more information, call 776-8989 or e-mail [info@sticksandstonesfarm.net](mailto:info@sticksandstonesfarm.net).

Legion Auxiliary, Sons of Legion hosting elections

ALTON — The Post 72 Alton American Legion Auxiliary will be holding 2019-2020 officer elections on Monday, March 11, at 6:30 p.m. at the Legion on Route 28 in Alton. A partial slate is in place, all members can vote and can add or nominate names to the partial slate. Positions include president, first vice president, second vice president, membership secretary, treasurer, chaplain and sergeant at arms. All members are welcome and membership

cards are needed to vote. The Sons of the American Legion Post 72 will be holding its officer elections at 6 p.m. on Monday, March 25. A membership card is needed for voting purposes.

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Bag sales donated to End 68 Hours of Hunger

ALTON — End 68 Hours of Hunger/Alton was selected by Hannaford store leadership as the March beneficiary of the reusable bag program at the Alton Hannaford

store. For every reusable Fight Hunger bag purchased during March, End 68 Hours of Hunger/Alton will receive a \$1 donation. If you don't see the bags, please ask.

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# Snowmobilers enjoy Cookout on the Lookout

BY MARK FOYNES  
Contributing Writer

NEW DURHAM — Good company, scenic vistas and great food were among the hallmarks of the Powder Mill Snowmobile Club's annual Cookout on the Lookout. Close to 200 sledders scooted up the Ridge to enjoy barbecue and crockpot concessions, as well as hot beverages offered up to snowmobilers who made a pitstop along the impeccably-groomed trail last Saturday.

The March 2 event was hosted as a fundraiser for the non-profit club. Proceeds from the sales of donated goodies, ranging from hot chocolate and doughnuts, supplemented the sales of bison burgers and contributed deer meat. Powder Mill also conducted a raffle. Revenue will be devoted to the ongoing maintenance of the club's 90-mile network of trails stretching from Rochester in the south to Wakefield to the north.

New Durham is essentially smack in the middle of this geography - a perfect location for sledders to stop by, assemble, chat and help build a sense of community. The cookout was a place to connect with old friends and forge new relationships.

A bonfire added to the sense of festivity and gave sledders a chance to congregate and an opportunity to warm frosty toes and fingers by the blaze.

The cookout was hosted by Jim Gamble. A snowmobiler himself, he owns multiple acres off from Valley Road, which runs parallel to Route 11.

The event took place on a lookout point on the Ridge, where there were views of the foothills of the White Mountains, visible through wisps of hardwood saplings in the foreground.

The site was definitely easier to access by snowmobile. But there was parking available down below at Gambles' driveway.

A well-groomed trail led the way up the Ridge - about a half-mile.

The sun went lower and the shadows got longer. But the winds were mostly down and the air was mild.

The Baysider arrived at the Lookout during a bit of a lull. There were about eight snowmobiles at the time. Some were driven by members out on a cruise.

Others were hosts and volunteers. According to one Powder Mill volunteer, about 60 folks were present when the event kicked off in the early afternoon. About three times as many popped by later, trickling in over the course of the event to enjoy the bonfire, game meat, and good company. (For those who don't have a palette that favors venison or bison, there were also steamed hot dogs and chili).

Among the members of the welcoming committee was Gamble, who sledded up on his 2007 MX Renegade. He's been hosting the cookout for "at least 10 years." We met him under a canvas tent he and fellow volunteers set up early in the day.

"It's a great way to mark the end of the season," Gamble said of the cookout. He noted that the annual get-together usually takes place on the first Saturday of March or the last weekend in February.

"I wouldn't call [snowmobiling] a way of life, but it can become part of your lifestyle," he said.

"Everyone's just good people and it's a chance to see each other, talk - all before spring comes along," he explained.

Gamble is a carpenter and the bonfire that he'd set ablaze earlier that afternoon was fueled by scrap lumber from his recent jobs. By 4 p.m., the conflagration had pretty much burnt down to a pile of ash and embers. But there was still enough live flame for latecomers to warm themselves by.

Gamble is a Powder Mill volunteer who is deeply involved. In addition to donating the use of his property for the cookout and allowing club members to sled on his property, he also contributes labor and expertise. He builds and maintains bridges along the trails. Additionally, he owns his own sawmill and is able to donate lumber that he processes from trees on his own property. So, if you've driven your snowmobile over a brook on the Powder Mill trail, Gamble is the guy to thank.

"Becoming a dues-paying member is all I'd ask of people by way of gratitude - I don't need any special thanks... just support the club that supports what we all love," he

said. Also volunteering on Saturday was Gamble's brother Ray, who helped with setting up and assisting in the concession stand. (Grub was served from beneath an overhang of a shed that was built on the site years ago specifically for the event.).

Ray's been riding since 1966.

"It keeps you young, gets you out in the woods," he explained.

The Gambles' large parcel is big enough to encompass two homes. Jim lives at the bottom of the hill and Ray is up the hill. With a squint, you could see Ray's dwelling from the clearing through the hardwoods.

Ray said the idea for the cookout emerged organically from club members.

"It wasn't my idea necessarily, but when we started talking about how great it would be for people to just come together - the concept kind of took off," he explained.

He noted that Powder Mill is an all-volunteer organization. As such it fosters a sense of community amongst its members.

Nonetheless, in spite of the many donations of time, materials and expertise, Powder Mill still has hard costs it needs to reckon with. For example, the orange combers that can be seen grooming the trails cost into the six figures. Mechanical fixes to them can run upwards of \$10k. And they don't exactly sip fuel. They run on a 160 HP Cummins 4.5L 4-Cyl. The rigs weigh in at close to 1,800 lbs. unladen with grooming gear that's towed from behind.

"We're frugal to a fault with our finances," Ray said, continuing, "but our mission is to keep this one of the best trails in N.H."

A major source of the club's income is through skimobilers' membership dues. But operating on such a tight budget, Powder Mill looks for additional ways to fundraise.

Over a decade ago, club officers and members agreed that an outreach event that could build a sense of community - and simultaneously generate revenue - was a good strategy. So, the Gambles made their property available for a community-building fundraiser. Folks donated food and broke out

their crockpots. Even some local businesses kicked in.

Snowmobiling is a literal driver in the local seasonal economy.

New Durham is a town of fewer than 3,000 year-round residents - not a huge customer base. To be sure, the skimobile community kicks in some extra traffic that provides an off-season boost before the summer folks come back when tourists provide a bump up in business.

In the spirit of creating a mood of mutual benefit, the general store gives snowmobilers a 10-center per-gallon gas discount if they buy \$10 worth of food from their deli. The store also sells pizza, in addition to a number of traditional and locally-named sandwiches. The store also donated outright to the event. (By way of context, many snowmobiles average between 12-18 MPG, based on an operator's throttle behavior; to run the full 90-mile trail, this discount could save sledders close to \$10 per outing).

"We love seeing them pull in - they're great customers and just wonderful people," said store owner, Darryl Miaszek. He noted, in a quick follow-up chat via telephone, that the gas discount will last "for the rest of the season until there's not enough snow on the ground."

Hannaford's is another Powder Mill donor, contributing cider, hot cocoa and, paper goods. The cookout came two weeks after the club's fundraising rally at Johnson's, which donated the use of its marketplace venue.

"Skimobiling is good for the local economy and smart businesses recognize that," said Ray Gamble. He continued, "Smart business owners recognize this and we make sure to give them credit since we're all in this together."

He concluded, "It's local people who enjoy our area, but it's also people with second homes, who need gas, some groceries, and a place to grab lunch or dinner," noting the natural partnerships with the general store, Johnson's, and Hannaford's.

The Cookout on the Lookout is an inclusive event. Also on hand was a quartet of members of the Mount Major club.

Huddled around the

bonfire, they wore gear identifying their own personal membership. Among them was officer Vickie Bergeron.

"It's a community and we all support each other," she said, continuing, "Different organizations, same interest - just getting out there, having fun, and making some memories."

"Their members come to our events and we go to theirs," Bergeron added. She noted a kinship between Powder Mill and her Alton-based club in that both are managed by passionate volunteers.

"It's the guys and gals out there grooming, cutting with chainsaws, and moving brush that keep all of these trails in such great shape," Bergeron elaborated.

Also on hand was one of the Powder Mill club's trail groomers. It was parked on the Ridge for bit on occasion, but it made a trail run or two during the event. Drivers prefer to groom at night; that's when oncoming skimobilers' lights make them more visible. Midnight runs are not uncommon.

The groomer's work was obvious. On the hike up the Ridge, the trail was compact, making for a relatively easy hoof up on foot. However, the throughway was a lot fluffier on the way down, after the machine had traversed through.

During descent, just after twilight, The Baysider encountered over a dozen sledders heading uphill to spectate the event's fiery culmination. The Gambles put on a pretty impressive fireworks display.

Close to level ground, a big bang reported in the distance from up on high.

This sonic occurrence was a precursor

to quite the fireworks show that ensued. After the descent from the Ridge, the Baysider spent a moment watching bursts of red, white, blue, and green spread across the late winter sky. Some motorists, not knowing about the event, stopped at the end of the Gambles' driveway pulled over and got out to enjoy the display, visible from Valley Road.

Most organizations tend to keep their powder dry until summer, when everything is mild. Most of the regional events come around Memorial Day and the Fourth of July during the warm months. It's easy to live here in the summer. But there are the cold warriors who still keep things moving in the so-called "off-season."

Saturday's event celebrated those who stick it out, power through, and push it forward. Frigid winter nights can be abright with smiling when they are alight, made possible by a toasty bonfire, good company, and a landowner-sponsored fireworks display.

The Powder Mill Cookout on the Lookout helped cast a light across the Lakes Region, thanks to the efforts of several dedicated volunteers and community-minded businesses.

Both the Powder Mill and the neighboring Mt. Major clubs are always welcoming new members, and the volunteer non-profits both can use more folks to contribute time and talent. To get involved, check out PMSC's site at powdermillsnowmobileclub.org or their fellow organization in Alton at mountmajorsnowmobileclub.com.

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## Do your research and vote

We asked and again local candidates and residents delivered.

We asked candidates to submit letters to the editor to tout their experience and give reasons as to why they believed voters should vote for them on Tuesday.

This week alone we have a number of letters on our pages, by far the largest number of letters we’ve received since last year at this time. While not all of them are from candidates, almost every single one of them is about the election. There are letters from candidates, there are letters endorsing candidates and there are letters asking voters to support certain warrant articles.

We believe that there is no better way to help your community than to get involved with your town, be it at the governmental level or elsewhere and the number of races on the ballot this year shows us that there are some good people looking to get involved in their community.

Obviously, not everyone will win and we are sure that when are papers come out next week there will be some disappointed people, but the good thing is, win or lose, people made a stand and volunteered to help their community and that’s always a positive.

We pledged to publish every letter from a candidate that came in at the 550-word limit or less and we are grateful to our paginators and accounting department for making sure we had enough space to do that.

Now, we hope that residents in each community will take a moment and read the letters from candidates in their communities and learn about who is running for what and what each person brings to the table.

Alton and New Durham residents, in addition to the voting on the town and school district positions, will also have a number of warrant articles to choose from.

We’ve said it before and it’s worth saying again, local government is where the regular citizen can make the most difference in his or her community and we hope everyone who has been inspired, one way or another, by the recent national election, will continue to try to be involved in their community.

As local residents head to the polls, we again urge everyone to take time to learn about what they are voting on and take the time to do any research necessary to make sure you are making the right decision. Voting ‘no’ or ‘yes’ without reason is not doing anyone any good.

In Alton, voting will take place at the St. Katharine Drexel Church lower level from 7 a.m. to 7 p.m. This is the same location that they moved to last year.

In Barnstead, voting will take place at Town Hall from 7 a.m. to 7 p.m.

In New Durham, voting takes place from 8 a.m. to 7 p.m. at the New Durham School.

Get out and do your part on Tuesday and show you care about your community.



COURTESY PHOTO

### Artist in residence

The New Durham School will be welcoming a capella group Ball in the House on March 7 and 8 as part of the artist in residence program. They will perform for the whole school at 11 a.m. on Thursday, then begin working with grades 2-6 Thursday and Friday. Their target group will be the fourth graders, who will perform with the group on Friday night at 6 p.m. in the New Durham gym. The public is welcome and the concert is free.

## Letters to the Editor

### Please vote ‘yes’ on Article 14

To the Editor:

A building constructed before anyone had an inkling there would be a United States of America still stands in New Durham. The restoration of the 1772 Meetinghouse is an official town project, with a Capital Reserve Fund created to add monies for this work. The building has been listed on the National Register of Historic Places, been named a Seven to Save resource, and has received two grants from the Land and Community Heritage Investment Program (LCHIP).

It is a rarity among historic sites because it sits on its original acreage, and includes a stone pound and the town’s oldest cemetery. Nature trails, scenic views, and an observation deck above a vernal pond make the grounds an ideal park.

Following work this summer, paid for by an LCHIP grant and funds in the CRF, the foundation will not budge for another 250 years. The structural issues, however, urgently need to be addressed.

The Meetinghouse is in structural failure; qualified preservationists capable of handling the timber frame and roof repairs are booked out for a year or even two. Therefore, a substantial influx of funds is needed now, so the Meetinghouse Restoration Committee can apply for large grants.

Luckily, due to the Birch Ridge timber cut of more than 2,000 acres, approximately \$210,000 will be added to the unassigned fund balance over 2018 and 2019; this is \$168,784 more than average over a two-year

span.

The Meetinghouse is a highly competitive candidate for grants and matching grants from many funding authorities. If \$100,000 of this surplus were added to the Meetinghouse CRF, the Town would have a total of \$145,611.22, allowing the committee to request grants up to that amount. With an award, we would have approximately \$300,000, which would cover the structural repairs and the interior repairs.

Now, with Senate Bill 74 before the state legislature, the potential exists for an additional \$1.5 million in LCHIP’s coffers, making even more dollars available to complete our project.

We understand that some of the funds in the unassigned fund balance are earmarked to defray appropriations in other articles, and borrowing from Peter to pay Paul might ultimately result in impacting taxes to a certain degree. But a building we’ve put money into for years needs repairs as soon as possible; putting money up front lands us in a much more secure position to get sizeable grants; and it’s time for the Town to reap the rewards of having a completed community center.

Put the money away now, so we can get larger grants, and thereby save money later.

Vote yes on article 14 to take a portion of this incoming money, and get the Meetinghouse restored.

*The 1772 Meetinghouse Restoration Committee  
New Durham*

### Why I’m voting for SB2

To the Editor:

I have lived in Barnstead for 41 years and for many of those years I had a career that required working on Saturday. I was not able to attend the town meeting or school district meeting to vote on how my tax dollars would be spent. There were a few years when my job could be covered by someone else and I was able to spend my day off at these meetings and exercise my right to vote but they were few and far between. SB2 gives every registered voter the opportunity to exercise their right to vote on how their money is spent. Everything is voted on at the ballot box and if you will be out of town or unable to go the town hall to vote, an absentee ballot can be ob-

tained. With SB2 there will still be meetings to attend for those that can and information will be available beforehand to give the voters time to decide on how they will vote. Today, with the internet, information is available at the touch of a screen or keyboard in the privacy of our homes. The town/school district meetings that I have attended seemed to have a very small percentage of voters there. For some it is a sad thing to see a town tradition change but the only thing that is changing here is the timing of the vote and a better opportunity for everyone to vote. Meetings will still take place as they always have.

*Lily Clark  
Barnstead*

### Stop tax increases

To the Editor:

We attended the public hearing for the 2019 budget for New Durham and there was a lack of transparency in getting our questions answered by the budget committee and the select board members. Since then we have found out that there were hidden expenses in the proposed 2019 operating budget. For example, the Culture and Recreation line contains money for the Boodey House, which was voted down by the voters in 2018. There are dollars budgeted for assistants for the finance manager (whose position was increased from part time to full time last year) and for the Director of Parks and Recreation.

Lastly, the \$12,031 increase highlighted in The Baysider article and the Voters Guide is misleading because it is the difference between the proposed 2019 operating budget and the 2019 default budget. The actual difference between the 2019 operating budget and the 2018 operating budget is \$158,061. In two years, the operating budget has increased by nine percent. So, we urge you to vote “no” on Article 6 to send a message that we do not agree with these budget increases.

In Article 8, the Capital Reserve Funding (CRF), there are hidden increases as well. Hidden in the “Solid Waste Equipment” section, there is \$45,000

for the purchase of a scale at the transfer station. This expenditure was voted down by the town in 2011. You will not be able to vote this expense down separately because all the CRF funding lines are included in the one article. The only way to rid the town of this expense is to vote the entire Article 8 down.

Article 9 is set up the same as Article 8 in that there are multiple expense lines in it with no explanation. So, vote Article 9 down also.


To get more honest information about the CRF and ETF funding, vote “yes” for Article 13, which would require that each line of these funds be separated into different warrant articles with a more detailed explanation for the funding. You would have more control over spending by deciding about the funding for each line separately. Article 13 was mentioned in The Baysider as a good idea.

Finally, vote “no” for Articles 14 and 15, which take dollars from the Unassigned (rainy day) Fund balance, which are needed to reduce taxes and to cover the cost of unexpected emergencies.

Please send a message to the town officials that we want reduced taxes and more transparency in our budget.

*Gregory and Janis Anthes  
New Durham*


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# Letters to the Editor

## Selectmen, budget committee urge no votes on articles 14 and 15

To the Editor:

Over the past several years the New Durham Select Board, Budget Committee and voters have planned balanced funding, which allows the Meetinghouse and Parks and Recreation projects to build up funds needed to restore the Meetinghouse and acquire improved recreational resources. This approach minimizes the large tax rate impact fluctuations when unneeded Warrant Articles such as Articles 14 and 15 arise. Now petitioners have created Articles 14 and 15, which propose using additional funds from that already proposed in the New Durham Warrant.

Both the select board and the budget

committee unanimously recommend voting no on Articles 14 and 15 for the following reasons:

1) New Durham has established guidelines for Unassigned Fund Balance (UFB) reserves to allow the town to make timely payments. This UFB guideline allows for appropriate cash flow needs such as when the school and county tax payments are due and to respond to potential emergencies that may arise for unplanned issues such as dam failure, weather caused emergencies, etc. Should Articles 14 or 15 pass in 2019, there may not be sufficient funds to remove the petitioned \$108,000 and still maintain the approved guideline amount. This

could cause the town to have to unnecessarily increase the 2019 and 2020 tax rates due to borrowing needs.

2) While the tax rate for the June billing in 2019 may not change as a result of passage of these articles, passing Articles 14 and 15 would cause a much higher tax rate in the December 2019 and all 2020 tax billings as well as in future years. Passage of these articles impedes the opportunity for tax rate reductions in 2019 and beyond.

3) The New Durham Warrant already has money going to these projects via Article 8. The select board and budget committee believe no further funding is needed for 2019.

4) The petitioners

have stated that revenue from 2018 and 2109 such as timber tax revenue could be used to fund their Warrant Articles. This is misleading as the 2018 timber tax has already been fully spent to reduce the 2019 tax rate. In addition, the majority of the projected 2019 timber tax revenue has already been budgeted for use to calculate the tax rate shown in Article 6. These timber tax revenues are not available for use on these Warrant Articles.

5) Should Articles 14 and 15 pass the voter must understand the amount being requested is not sufficient to complete the proposed projects. The voter will be repeatedly asked for more funds each year dramatically increas-

ing their tax bill for activities that do not improve or enhance necessary town services such as roads, solid waste, fire, and police.

In summary, the select board is concerned that should Articles 14 and 15 pass it would jeopardize the Unassigned Fund Balance levels in previously unplanned ways and put at risk the town's

cash flow situation for 2019 and significantly increase the tax rate for the November 2019 and June 2020 tax billing.

Vote "no" on Articles 14 and 15 to provide the necessary planned cash flow needs for the town and enhance the opportunities for lower tax rates in 2019 and 2020.

*David W. Swenson  
New Durham*

## Gibson seeking library trustee seat

To the Editor:

I am writing to express my interest in joining the Library Board of Trustees. I joined this community seven years ago with my husband's family that has lived here since 1989. I find this town and community to be warm, accepting and enriching. Our library offers so much to this community and enhances us both mentally and physically through classes, activities and inclusion. As an artist and educator, I believe in the power of knowledge and creativity as a way to shape ourselves into a more evolved people.

A little about me... I am a professional lighting and scenic designer that works with

theater companies all around the New England area. As a theatrical professional, I also train and instruct aspiring technicians and designers in the art of light, light board programming and being an all around theater technician. My artistic and technical background will serve the library of trustees well in its continued growth as a center of knowledge and creativity for New Durham residents.

For your consideration, please write in Kelly Gibson for Library Trustee on the March 12 election day. I look forward to serving this phenomenal community.

*Kelly Gibson  
New Durham*

## Cipriano seeks BOS seat

To the Editor:

My name is Margaret Cipriano and I am running for the Barnstead Select Board because I want to affect positive change and make a difference in my hometown. Since my husband and I moved here seven years ago, I have tried to stay informed and involved. I am a regular at the BOS meetings, a member of the Barnstead Helpers, and the Economic Development Committee. I have attended planning board meetings, ZBA meetings and even some of the budget committee meetings. I do understand that this job is a difficult and thankless job at times. So, I appreciate all that the current board has done. I thank these board members for their tireless efforts.

board and community as a whole. I served as PTA secretary, treasurer and co-president for both the elementary and high school in town. I was also voted into the local council of PTAs as co-president. I have taught HS biology, environmental science, forensics and other scientific topics for 32 years as well as religion for eight years. I served on several scholarship committees, the character education committee and the renaissance committee in my school. I ran a "gown give away" program for less fortunate students in our school district. I along with my family volunteered with Habitat for Humanity on Long Island to help build homes for those in need.

I am an organized

and diligent worker. I know there will be things that I need to learn on the job and expect to have to do some homework. I always immerse myself in getting a job done. I am not one to follow a shiny object put in front of me without asking valid questions and doing some research. Experience has shown me that one must look beyond an initial proposal and research the benefits and consequences that it will cause. I educate myself when presented with a project and weigh the options before I commit to something.

Of course, I would like your vote, but I want everyone to inform themselves about all of the issues we face as a town first before voting. If that

means that I don't get your vote, that is OK. However, I do hope that you vote for me, because you think that I can affect positive change and smart development in the future of our beautiful town. No matter what, I will continue to stay involved.


RSA Chapter 91-A states, "openness in the conduct of public business is essential to a democratic society." I truly believe this. Transparency will help the select board to avoid distrust and suspicion from the residents that vote for them in good faith.

I truly am dedicated to making a difference in Barnstead. So, I am asking for your vote on March 12.

*Margaret Cipriano  
Barnstead*



**Public Notice**  
**Town of New Durham**  
**The Town of New Durham Election will be held on Tuesday, March 12, 2019 from 8 a.m. to 7 p.m. at the New Durham Elementary School, 7 Old Bay Road, New Durham.**



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# Letters to the Editor

## Support Meetinghouse, vote ‘yes’ on Article 14

To the Editor:

The New Durham 1884 Annual Report of the Selectmen (135 years ago) noting repairs to the Meetinghouse; “Thus we have only preserved a building that will be useful to the town for many years to come, ...but also one that is of great historical interest.”

The 1772 Meetinghouse Restoration Committee's plan is to have a completed community center by the

New Durham Meetinghouse 250th anniversary in 2022. Phase I of that plan was completed this past summer. The next phase of the project is to remove, repair and reinstall the roof timber structure followed by restoring the interior of the meetinghouse so that it can once again be used as the town’s meeting place and for other community events.

Because of our meetinghouse’s his-

toric value as one of only five remaining pre-Revolutionary War meetinghouses left in our state, it has been identified as one of the “Seven to Save” within our state and it is listed on the National Registry of Historic Places. This status makes the meetinghouse restoration project eligible for matching fund grants. To meet the Restoration Committee’s plan there needs to be funds to match

in the Meetinghouse Capital Reserve Fund. The committee had requested \$50,000 be added to the CRF in both 2018 and 2019, only \$5,000 was put in the town’s budget.

The restoration committee recognizes that there will always be competing needs for funds but we also recognize that we are in a once in a lifetime situation with significantly higher than normal unanticipated revenue as a result of the timber harvest of the 2,000 acres on Birch Hill. For the previous 10 years the town has received, on average, slightly more than \$20,000 annually from timber taxes. The unaudited amount received in 2018 is approximately \$110,000 and another \$100,000

estimated in timber tax for 2019.

Matching grants certainly make the cost of a restored Meetinghouse more palatable, but by also using monies from the unassigned fund balance, our town can put away monies that greatly increase the chance of acquiring funding and the amount that can be granted, and which will have no impact on taxes.

With this additional \$100,000 in the Capital Reserve Fund, the town will have a total of \$145,611.22, allowing the 1772 Meetinghouse Restoration Committee to request grants for almost that same amount. \$300,000 would cover the structural repairs, the interior repairs, systems installation, ADA access,

painting, and plastering, with some funds remaining to begin work on phase III - all with no impact on our taxes.

It is the most affordable way to meet a long-recognized town need for quality meeting space, and a demonstration of the responsibility we share as stewards of our town’s most fundamental symbol and our heritage.

By voting yes on Article 14 the voters will be taking this unanticipated revenue and setting it aside for the capital improvement of the town’s oldest, most historic structure bringing it back to its original use as the town’s Meetinghouse.

*Bob Bickford  
New Durham*

## Markland seeking reelection

To the Editor:

On Tuesday, March 12, I would ask the residents of Alton for your continued support in my re-election bid for a seat on the board of selectmen.

I have been deeply humbled and honored to have served on the board of selectmen for the past three years and I look forward to continuing serving you.

For those who may not be familiar with me, we moved to Alton approximately 15 years ago. In my previous career, I spent 26 years in law enforcement serving a neighboring community as well as my old

hometown, Newport. Throughout my career, I was happy to serve and protect the citizens that entrusted me to keep their community safe. I also developed my management and leadership skills to eventually hold the position of Chief of Police. The neighboring community also relied upon me to serve as an interim town administrator. The education, skills and experience I gained throughout my career gave me a better understanding on municipal government operations and extensive training on budgeting from training I had at the FBI National Academy.

My philosophy while serving as a board member has been to always walk into every meeting with an open mind, making no prejudgment decisions based upon gossip or rumors, but to evaluate the facts presented to make the best choice which I feel benefits the residents of the town. If information is presented prior to the meeting, I always tried my best to review it thoroughly prior to the meeting to be fully informed. I found it very important to try and represent the town the best I could. I relied heavily on our town’s department managers, who have years of experience in their fields. I have found our town employees to do a commendable job and all are putting their best foot forward. I also enjoyed interaction with residents to hear their points of views, which gave me a better focus on issues coming before the board and in future decisions.

I also appreciate the time I have spent with my fellow board members who have brought their experience and skills to each discussion. I enjoy hearing the differing views and even in the end if we agreed to disagree, we were respectful of one another. This is the truest sense of how government should work. I thank my fellow board members for their service to the town.

I feel it is more important now than before, that we continue progressing our town for our future generations. We still have a lot of work to do, but if we work together as a community, I know together we can do what is right.

I thank you for the opportunity you gave me, and I hope to see you on March 12.

*John Markland  
Alton*

## Put the \*411 in 03255

To the Editor:

\*\*\* (“Directory assistance. What party are you trying to reach...?”)

Barnstead, have you felt “disconnected” from the decisions made by the selectboard that impact you? Has the response to your concern been... “You should have attended the meeting.” I strongly encourage attendance, though not always possible. There should be options.

Residents asked for video broadcast of board meetings because it is impractical to attend weekly at 5 p.m. That request was several years ago.

\*\*\* (...The number you have reached is out of service...)

Barnstead has supported video for other meetings. The capability exists. Options require no prohibitive skills, equipment or cost. So why hasn’t this request been accommodated?

\*\*\* (...Static on the line...)

Many possible theories. Here’s one. If you are asked to do something, and you can do it, but you don’t do it... then you chose not to. Why?

More voices, eyes and awareness can mean BOS “interference.” I’ll take that trade-off for more accountability and resident engagement any day. Broadcasts may also check intimidating and dismissive

behavior sometimes displayed by some selectmen toward attendees, and other board members that question the status quo.

\*\*\* (“Please hang up and try again...”)

There is no reason for any resident to experience a barrier to being fully informed and having context to apply that information. Selectmen have a duty to inform. If you want that to mean just the minimum requirements of putting a meeting notice without context in the newspaper, and posting minutes (sometimes weeks later) to a web site you have to remember to check, then you should be perfectly satisfied with incumbents being voted back in. If you would be interested in an upgrade from “rotary to touchtone communication” with the possibly of paying less-read on.

My idea of effective communication is not to expect you to always just “come and get it”. Instead let’s bring the information to where you already are!

\*\*\* (mic drop)

An effective formalized outreach/communication plan is needed, for two-way communication. Fewer myths, little additional effort and no, this won’t have to raise taxes. Officials will experience your feedback to help them represent your perspectives and support informed

voting. My goal is to “give” you more information – not hope you come looking for it, treat you with indifference when you do show up, then blame you for not coming back and for feeling/being under informed.

\*\*\* (“You’ve got mail...”)

My head scratching experiences with the BOS while trying to navigate to solution on several complex issues motivated me to run as a candidate. I saw opportunities to conduct things in a more inclusive, respectful, transparent and efficient manner. I have the skills and experience, so I stepped up. Period. (Scrutinize the rumor mill spin. Incumbents and their supporters don’t welcome upsets. They may have the “wrong number”.) Facilitating a contextual communication plan is necessary for progress. Those running the town (you) need a complete understanding to make good decisions. If elected, my priority will be to improve information sharing and access. We can’t fix anything, taxes included, without it. Go to my OneBarnstead page on Facebook for information on Right to Know in public meetings and more info about me.

\*\*\* (phone rings... “It’s for you. Will you take the call?”)

*Sandra DeMars  
Barnstead*

**TO ALL BARNSTEAD RESIDENTS**

THE OFFICE OF THE TOWN CLERK/TAX COLLECTOR WILL BE CLOSED ON TUESDAY, MARCH 12, 2019 FOR ELECTION DAY. PLEASE PLAN ACCORDINGLY. SORRY FOR THE INCONVENIENCE.

MARY CLARKE  
TOWN CLERK

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# Harry Potter escape room at Oscar Foss Friday night

BARNSTEAD — Teens, join the Oscar Foss Memorial Library on Friday, March 8, at 6 p.m. for their Harry Potter escape room. Participants will be split into small groups and have 40 minutes to use the

## Pickleball in Alton Wednesday and Friday nights

ALTON — Pickleball is the fastest growing sport in America, and it is being played at the Alton Central School gym on Wednesdays and Fridays for adults of all ages from 7 to 10 p.m. The program is sponsored by Alton Parks and Recreation with pickleball leaders Dave and Marlee Quann. Instruction is available on Fridays; a limited amount of equipment is provided for game use. The program runs through May 10 at Alton Central School. Singles, doubles and mixed doubles. All abilities are welcome. To reserve your space, please contact parksrec@alton.nh.gov or 875-0109.

### Alton co-ed adult spikeball league

The Alton Parks and Recreation Department is looking for teams that would like to play adult spikeball July-mid-August, non-residents are welcome to participate. Spikeball is a new sport that is sweeping the na-

tion and is a combination of volleyball and four square. Teams of two play with a taut hula hoop sized spikeball net placed between teams. It's fun and active, and a great way to meet new people and play outside. Players must be 18 years or older. If you have a team, and would like to sign up, please contact the Alton Parks and Recreation Department at parksrec@alton.nh.gov or 875-0109.

### Little Pesaukees Playgroup

The Alton Parks and Recreation Department is sponsoring a drop-in playgroup for kids up to five years old at the Alton Bay Community Center on Thursdays from 9 to 11 a.m. The program is free. Organizers provide the books, puzzles, toys and games and you provide the interaction. Please bring a peanut-free snack for your child. This is

a great program to introduce you and your child to other members of the community. Playgroup will not be held school vacation week. For more information, contact LittlePesaukees@gmail.com.

### Department survey

The Alton Parks and Recreation Department is looking for feedback from Alton residents on the variety of programs and events you would like to see offered through your community recreation department. A link to the electronic survey is available on the town of Alton web site at www.alton.nh.gov and also on the Alton Parks and Recreation Department Facebook page. Paper copies of the survey are available in the Parks and Recreation Depart-

ment office lobby or the survey can be mailed to you. The survey is four questions and will take less than five minutes.

### Commission members needed

The Alton Parks and Recreation Commission is looking for one member and two alternates to make a full board. The parks and recreation commission is made up of five members from the community appointed by the board of selectmen. The purpose of the commission is to set policies; advise on needed parks and recreation programs; and to plan, acquire and develop recreation facilities, parks and open space areas to meet future needs as the town grows. The commission meets monthly. Contact the Alton Parks and Recreation Department at 875-0109, parksrec@alton.nh.gov

and is limited to eight participants ages 10-18, so sign up now by contacting the library at 269-3900.

### STEM Club

The STEM Club meets every second Wednesday of the month at 3 p.m. at the library. The next meeting is scheduled for March 13, which will include the making of 'seed bombs.'

### Read with Mack

Love books and dogs? The library has the perfect activity. Register to read to Mack, the very special reading therapy dog. Mack will be at the library on Wednesday, March 13, and Thursday, March 28, from 3 to 4 p.m. Sessions run for 15 minutes per family. Come in to the library or call 269-3900 to sign up for a session.

### Afterschool Club

The library afterschool club meets monthly every third Friday from 3 to 4 p.m. Join in for games, experiments, challenges,

art projects and books. The next meeting is scheduled for March 15, which will include making slime. Please contact Christy at the library with any questions about this program.

### Family Movie Night

Join in at the library on Friday, March 15, at 6 p.m. for a free night at the movies. They will be showing "Fantastic Beasts, The Crimes of Grindelwald" (PG-13) and providing popcorn. Pajamas and cuddling items are always welcome.

Please call the library at 269-3900 or visit oscarfoss.org for more information about their programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.

## PMHS National Honor Society hosting walk to fight cancer

ALTON — On Saturday, April 6, members of Prospect Mountain High School's National Honor Society are hosting their first Go Gold cancer walk. The walk is dedicated to helping raise money for the American Childhood Cancer Organization, and will be held at Prospect Mountain High School's track from 11 a.m. to 3 p.m., and is open to everybody. Interested in walking, or simply donating to the cause? Register to walk, or donate at https://give.acco.org/event/childhood-cancer-walk-2019/e224635. E-mail childhoodcancerwalk2019@gmail.com for more information.



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OBITUARY

Diane Clark  
Loved to travel

TUFTONBORO — Diane Clark, 70 of 68 Sodom Road, Tuftonboro died Feb. 28, at her home with her friends at her side.

Diane was born in Belmont, Mass. Nov. 19, 1948, daughter of the late George R. and Lorraine (Philbrick) Clark. She graduated from Masconomet Regional High School in Boxford, Mass. and later attended Vermont College of Fine Art in Montpelier, Vt.

Diane's parents had a summer cottage on Lake Winnepesaukee and then moved to Wolfeboro permanently. She lived and worked in Wolfeboro for many years and for the last three years she has lived in Tuftonboro overlooking the lake. She worked for over 15 years at Hall's Pharmacy on Main Street in Wolfe-



boro as a bookkeeper. After leaving Hall's in 2003, she went to work at Rite Aid for eight years until retiring in 2011. In retirement, she was a caregiver and dog care person to keep herself occupied and active. All her life she loved to travel and was blessed to have been able to do so. She loved the Caribbean and visited many of "her" islands along with many locations in Europe. She was a member of the Hikers Club in Tuftonboro.

Janet Rae Peterson  
Former GWRSD secretary

TUFTONBORO — Janet Rae (Demeritt) Peterson, 76 of Bennett Farm Road, Mirror Lake, died Feb. 18 at her home.

Born in South Weymouth, Mass. March 30, 1942, she was the daughter of the late Raymond Demeritt and Olive (Prario) Boucher. She graduated from Braintree High School in 1959 and relocated to New Hampshire with her family in 1973.

Janet worked as a secretary for the former North East Marina, as a secretary for the Governor Wentworth School System, and as a legal secretary for the former Shea and Mertins Law Office in Wolfeboro

She was a member of the First Christian Church in Wolfeboro, the Daughters of the American Revolution and the General Society of Mayflower Descendants.

Janet enjoyed decorative painting, beading jewelry and spending countless hours researching family genealogy.

Pre-deceased by her parents and a sister, Joyce Smith, she leaves her husband of 56 years, Carl Leonard "Len" Peterson, Jr.; a son, Mark



Steven Peterson of Williamsport, Pa.; a daughter, Kimberly Joyce Peterson of Vail, Colo. and a granddaughter, Kiera Peterson.

A memorial service will be at the First Christian Church in Wolfeboro on March 9 at 11 a.m.

Burial will be in Townhouse Cemetery in Tuftonboro in the spring.

Donations may be made in her memory to Shriners Hospitals for Children, to Daughters of the American Revolution, or a charity of your choice.

The Baker-Gagne Funeral Home and Cremation Service of Wolfeboro is assisting the family with the arrangements.

To leave the family a brief message, a note of condolence and sign an online guestbook, go to [www.baker-gagnefuneralhomes.com](http://www.baker-gagnefuneralhomes.com).

Diane was a very thoughtful, caring and generous person, loved animals (especially her cat Mr. Frostie) and took pride in being able to remember everyone's name she met. Taking friends out to dinner and going consignment or yard saleing were her favorite activities in retirement. A true friend who will be missed and forever remembered.

Pre-deceased by a brother, Robert Clark in 1999, her father, George Richard Clark in 2013 and her mother, Lorraine (Philbrick) Clark in 2014, she leaves several cousins and many friends.

A memorial service will be in May the time and date to be announced.

Burial will be in the family plot in Lakeview Cemetery Wolfeboro.

In lieu of flowers, donations may be made in her memory to the Lakes Region VNA and Hospice, 186 Waukegan St., Meredith, NH 03253.

The Baker-Gagne Funeral Home and Cremation Service of Wolfeboro is assisting the family with the arrangements.

To leave the family a brief message, a note of condolence and sign an online guest book, go to [www.baker-gagnefuneralhomes.com](http://www.baker-gagnefuneralhomes.com).

Hope for NH Families to meet March 14 in Barnstead

BARNSTEAD — Hope for NH Families, Family Support Group meeting on Thursday, March 14, at the Oscar Foss Memorial Library, 111 S. Barnstead Road, Center

Mark on the Markets  
Realistic expectations



BY MARK PATTERSON  
Contributing Writer

Whenever we invest our money in any kind of investment vehicle such as stocks, bonds, real estate or commodities, we typically have an expected return plugged into our brains based typically on past performance. I can relate to you about my early years as a stockbroker in the middle 90s. If I had municipal bonds to offer, the yield to maturity was often times between four and six percent tax-free to the client. Depending on the client's tax bracket, that could equate to a tax equivalent yield of eight or 10 percent. As a new broker, I would call the fixed income desk at my firm and try to get new issue municipal bonds held aside for me to garner new clients. The municipal bond buyers were typically wealthier or mature clients compared to the typical equity or stock investors. When I did open an account with that equity or stock client, I would discuss expectations for returns in the market. Often times clients would tell me that the expected return was somewhere between 10 percent and 20 percent. Certainly, the 20 percent expectation was

high, but the 10 percent return expectation was a minimum expectation for those equity(stock) clients.

Typically, the investor is using a benchmark of returns from the past to form their expectations of returns in the future. This is often times unrealistic given interest rates and market returns over the last 15 years. Instead of benchmarks based on past market returns maybe we should think about the necessary return needed, that is reasonable in today's interest rate environment that we require for our future income.

Between 1984 and 1999 the S&P 500 returned nearly 18 percent per year including dividends. So, my client back in 1995 who expected up to 20 percent was really just conditioned by what the markets were actually returning. The next 15 years, 2000 through 2015 the S&P 500 returned a little over four percent including dividends. Today, the yield on the 10-year note is about 2.7 percent. In 1995, the yield on the 10-year note was about 6.5 percent.

If you are investing money today, just think about real returns in this interest rate environment and understand that the dividend paying stocks are vulnerable to market volatility based on the fact that many investors and their ad-

visors have chased yield and have taken, in my opinion, too much risk for that reward.

An investment grade corporate bond portfolio may offer a yield and coupon of between four and six percent, depending on effective duration. If structured properly your advisor should be able to immunize the portfolio against interest rate risk compared to a bond fund, that is perpetual (no maturity date). I am not anti-common stock or equities; my intentions are to maximize returns and minimize risk and to structure a portfolio with purpose. The bond market is nearly twice the size of the stock market however, many new clients that I consult with are primarily in stocks or equity. I get it, stocks are much more exciting than bonds, however our brains chemically react three times greater when we are getting hurt in the markets as opposed to positive reactions in good times, so let's at least balance our portfolio by investing in low to non-correlated asset classes, known as modern portfolio theory.

Sharp sell-offs or elongated bear markets deplete our monetary and emotional capital.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@MHP-asset.com](mailto:Mark@MHP-asset.com)

Barnstead, 6:30 to 8 p.m. and is on the second Thursday of every month.

This group offers support for family members that have a loved one living with

Chili cook-off in Barnstead March 9

BARNSTEAD — Save the date and come hungry. Center Barnstead Christian Church is hosting its popular third annual Chili Cook-off Extravaganza at the church beside the firehouse and town hall on Saturday, March 9, at 5 p.m. If you would like to enter your chili, please register at <http://bit.ly/BarnsteadChili>.

There is no entry fee. This cook-off will be fun and yummy for the whole family. On the day of the event, they are asking those that are bringing a crock pot of award-winning chili to drop it off at the church between

4:30 and 5 p.m. Make sure it is all warmed up and ready to be judged. Then at 5 p.m. the eating and judging will begin.

Lenten retreat at St. Katharine Drexel in April

ALTON — Lenten Day of Reflection will take place Saturday, April 6, at St. Katharine Drexel Parish Hall/lower level of the church, 40 Hidden Springs Road, Alton.

The retreat is sponsored by The Ladies of St. Katharine Drexel All men and women are invited, pre-registration is required.

The guest presenter

a substance abuse disorder. People all find strength in sharing experiences and knowing that they are not alone. Learn to reject stigma in ourselves and others and to never give up hope. Help in aiming for better coping skills.

The facilitators in this group have been trained by NAMI. Granite Pathways offers family support groups throughout the

state of New Hampshire to provide support to adult family members with a loved one affected by substance abuse disorder. If you have any questions or would like more information about this group, please contact Cheryl at 755-1232 or Charlene at 715-0509 or e-mail at [hopenhffamilies@gmail.com](mailto:hopenhffamilies@gmail.com). This meeting is free and confidential.

is Susan Conroy, noted Catholic author, speaker and frequent EWTN guest, the theme is "Saint Teresa of Calcutta's Lessons of Love and Holiness."

The day begins with check-in and light breakfast from 8:30 to 9:30 a.m., welcome and opening prayer from 9:30 to 9:40 a.m., part one presentation by Conroy from 9:40 to 11 a.m., free time with books, DVDs and gift shop from 11:15 to 11:45 a.m., lunch by the St. Joan of Arc Coun-

cil 7533 from 11:45 a.m. to 12:45 p.m., part two of Conroy's presentation is 1 to 2:45 p.m., confession is at 3 p.m., rosary (Our Lady of Fatima) at 3:15 p.m. and mass at 4 p.m.

Sign-up deadline is March 22. Please Make checks payable to St. Katharine Drexel Parish and mail to PO Box 180, Wolfeboro, NH 03894. Please mark in memo section "Lenten Day Retreat." Contact: Barbara at 539-8664 or [barbara.richards@roadrunner.com](mailto:barbara.richards@roadrunner.com) for information.



## How to Submit Obituaries & Announcements To Salmon Press Publications

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

### Church Service SCHEDULE

**8 am Worship Service**  
Community Church of Alton  
20 Church Street, Alton

**ABUNDANT HARVEST FAMILY CHURCH**  
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit [abundant-harvestnh.org](http://abundant-harvestnh.org) or e-mail [ahfc@faith.com](mailto:ahfc@faith.com).

**ALTON BAY CHRISTIAN CONFERENCE CENTER**  
Sundays throughout the summer 10am & 7pm; Tues-Thurs 5am; 875-6161.

**BEEFREE COMMUNITY CHURCH, ALTON**  
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Higgins, [www.befreechurch.net](http://www.befreechurch.net).

**CENTER BARNSTEAD CHRISTIAN CHURCH**  
Morning Service 10:00 am.  
Adult and Teen Bible Study 11:15 am.  
Sunday School for all ages 10:00 am.  
Rite 126 next to Town Hall.  
Pastor Brian Goeve. 269-8831.

**COMMUNITY CHURCH OF ALTON**  
Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am  
Rev. Dr. Samuel J. Hollis. 875-5561.  
Sunday Worship Service 8:00am  
Alton Bay Barnstead July 1-Sept 2 10:00am 20 Church Street

**CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC**  
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, [ccnorthbarnstead.com](http://ccnorthbarnstead.com)

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Sunday School 10:15 AM  
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Pastor Kent Schneider 755-4816  
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# Snowshoe walk rescheduled to this Sunday

MILTON — On Sunday, March 10, Moose Mountains Regional Greenways (MMRG) and Branch Hill Farm/Carl Siemon Family Charitable Trust will jointly offer a kids' snowshoe walk as part of MMRG's program of nature-oriented activities for families called 'MOOSE-ies for Families.' The family snowshoe tracking activity will be led by NH Coverts Project volunteer Tom Gardner, assisted by MMRG staff and volunteers.

Gardner has been an active participant in developing MMRG's 'MOOSE-ies for Families' program and helped lead the first family snowshoe event last winter. In addition to serving as Pastor

at Middleton Gospel Chapel, he teaches the Middleton Nature Club after-school program.

Last year, kids went sledding, tried out walking in snowshoes, listened for bird songs at the edge of the woods and crowded around the leaders as they pointed out signs of wildlife along a snowy trail leading down to the river. Anticipating the upcoming event, Gardner says, "This family snowshoe walk is a chance to introduce kids to the animals that share our community and to show them how to read the signs and stories that wildlife leave behind."

The activity has been re-scheduled for Sunday, March 10, from 2 to 3:30 p.m. at Branch

Hill Farm in Milton Mills. It is free and appropriate for children of all ages with their families but pre-registration is required. Kids-sized snowshoes from the Tuftonboro Free Library will be available as well as a few loaner snowshoes for adults. For more information, directions, and to pre-register, call MMRG's Education Co-

ordinator Kari Lygren at 978-7125 or e-mail [info@mmrg.info](mailto:info@mmrg.info).

MMRG, a non-profit land trust, works to conserve and connect important water resources, farm and forest lands, wildlife habitats and recreational land in Brookfield, Farmington, Middleton, Milton, New Durham, Wakefield and Wolfeboro.

Throughout the year, MMRG offers educational opportunities to inform all ages about the benefits of the region's natural resources. For more information and a calendar of upcoming events, visit [www.mmrg.info](http://www.mmrg.info). Branch Hill Farm/the Carl Siemon Family Charitable Trust works to protect open space and working forests

and to educate the public about sound forestry, conservation and agricultural practices, see [www.branchhillfarm.org](http://www.branchhillfarm.org). The NH Coverts Project with UNH Cooperative Extension trains volunteers in wildlife conservation, forest stewardship and effective outreach; see [extension.unh.edu/programs/nh-coverts-project](http://extension.unh.edu/programs/nh-coverts-project).

## Alton Democrats hold monthly meeting

ALTON — Alton Democrats gathered on Feb. 2, at the Pearson Road Community and Senior Center in Alton. The group is headed by Ruth Larson (chair), Quinn Golden (vice chair),



COURTESY PHOTO

PICTURED, top row (l to r), Duane Hammond, Steve Copithorne, Sandy Hammond and Quinn Golden. Front row (l to r), Stan Moulton, Mary Bee Longabaugh and Ruth Larson.

Cheryl Haghighi (treasurer), and Stephanie Vuolo (secretary). Meetings of the group, which will generally take place on the last Wednesday of the month, are open to Democrats, sympathetic undeclared

and other like-minded people who want to improve the political process and raise the level of political discussion. According to Larson, the goal of the group is to "attract more and younger members, find the best candi-

dates to run for political office, and create a better understanding of how the political process should work." The Alton Democrats are also part of the Tri-Town Democrats of Barnstead, Alton, and Gilmanton.



## ALTON POLICE LOG



ALTON — The Alton Police Department responded to 176 calls for service during the week of Feb. 24-March 2, including six arrests.

One male subject was arrested on a warrant and possession of drugs in motor vehicle.

One male subject was arrested for driving while intoxicated.

One female subject was arrested for default or breach of bail conditions.

Two male subjects were arrested for possession of controlled drugs.

One female subject was arrested for willful concealment/shoplifting.

There were five motor vehicle accidents.

There were two suspicious person/activity reports on Main Street and Suncook Valley Road.

Police made 30 motor vehicle stops and handled five motor vehicle complaint incidents.

There were 134 other calls for services that consisted of the following: One fraudulent action, one stolen property, one employment fingerprinting,

one assist other agency, one intoxicated subject, two animal complaints, two juvenile incidents, five general assistance, one wanted person/fugitive, five alarm activations, four highway/roadway hazard reports, one sexual assault, one vehicle ID check, five civil matters, one criminal mischief, one disabled motor vehicle, 80 directed patrols, three motor vehicle lockouts, three medical assists, 13 property checks and two paperwork services.

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ALTON

(continued from Page A1)  
Reserve Fund that was approved in 1973.

Article 9 seeks to establish and Grounds and Maintenance Vehicle Capital Reserve Fund and comes from a recommendation from the Capital Improvement Committee. The initial contribution is \$22,000 and the expenditures are to be approved by selectmen. This article is recommended by both selectmen and the budget committee.

Article 10 would raise and appropriate \$180,000 for the Highway Department Equipment Capital Reserve Fund that was established in 1981. Selectmen and the budget committee recommend its passage.

Article 11 seeks to add \$10,000 to the Bridge Construction Capital Reserve Fund, which was established in 1995. Its passage is recommended by both selectmen and the budget committee.

Article 12 seeks to add \$20,000 to the Highway Building Improvements/Repair Capital Fund that was established in 2014. It is recommended by selectmen and the budget committee.

Article 13 appropriates \$50,000 for the Rock and Asphalt Capital Reserve Fund that was established in 2017. This is recommended by both selectmen and the budget committee.

Article 14 appropriates \$10,000 for the Highway Sand Shed Capital Reserve Fund and is recommended by selectmen and the budget committee.

Article 15 seeks \$29,000 for the Milfoil Capital Reserve Fund as established in 2010. It is recommended by both selectmen and the budget committee.

Article 16 seeks to raise an appropriate \$25,000 for the purchase of a LiveScan fingerprinting system and three years of a service contract. Police Chief Ryan Heath told selectmen he had requested this system before through his budget but decided it should be a special warrant article. He said the upgrades in fingerprint technology have made the current police department system obsolete. He said some companies and the school district require fingerprinting technology that the police don't current have and they need to be sent to other departments or the state police. This is recommended by both selectmen and the budget committee.

Article 17 requests \$6,000 for the Landfill Closure Capital Reserve Fund, and budget committee draft minutes indicate the fund is required by the NH Department of Environmental Services and covers unanticipated expenses such as monitoring, new contamination and additional monitoring wells.

Article 18 adds \$14,000 to the Town Hall Building Improvement Capital Reserve Fund and is recommended by selectmen and the budget committee.

Article 19 asks voters to discontinue the

Alton Water Commission and cede the powers and responsibility to selectmen. Two current selectmen serve on the water commission. Those who want to abolish it say the board is somewhat redundant and that the selectmen can handle the responsibility. Additionally, there is no municipal sewer system in Alton and very few residents, mostly those in the village and the bay, use municipal water. The commission controls the water hydrants, as well. This is not a money article so there is no recommendations either for or against it by the budget committee. If approved, it would go into effect 90 days after passage.

Article 20 seeks to raise and appropriate \$1,000 for the Water Bandstand Maintenance Fund and is recommended by selectmen and the budget committee.

Article 21 is supported by both selectmen and the budget committee and seeks to raise \$1,000 for the Water Bandstand Maintenance and Repair Capital Reserve Fund as established in 2011. The bandstand recently underwent a significant renovation.

Articles 22 through 31 seek appropriations for the "outside agencies." They are The Alton Community Services non[profit] for \$10,000; the American Red Cross for \$2,000; the Community Action Program for \$10,000; the Caregivers of Southern Carroll County and Vicinity for \$2,000; the

Court Appointed Special Advocates (CASA) for \$12,000; The Central NH VNA and Hospice non-profit for \$12,000; Child & Family Services for \$2,500; Lakes Region Mental Health for \$15,700; the L.I.F.E. Ministries for \$1; and New Beginnings for \$1,575.

New Beginnings, Central New Hampshire VNA and Hospice, CASA, CAP, and the Alton Community Services are recommended by selectmen and the budget committee. The rest of the articles are not recommended by the budget committee, many of which ended in tied votes, which means a "no" recommendation. Selectmen recommended passage for all of them.

Article 32 is a petitioned warrant article that seeks to raise and appropriate \$20,000 to upgrade and expand the fencing of the Jones Field Recreation Area. Both selectmen and the Budget Committee support this.

Article 33 is a petitioned warrant article on this year's ballot. Proponents want to raise \$950,000 for the Highway Construction Capital Reserve Fund. Though it was not approved by the narrowest of margins, minutes from various committee meetings say that the town has decided to eschew road rebuilding for two years. While all agree on continued funding for road maintenance, detractors say

they don't want any road reconstruction. This would create an estimated tax increase of about 50 cents per \$1,000 assessed value.

Another petitioned warrant article, Article 34, seeks to increase the veteran's tax credit from \$500 per veteran to \$750. Selectmen and the budget committee approve this article.

Also by petition is a request to pave Hayes Road, which according to the petitioners is in rough condition. It is a ledge pack road that connects Rines Road and Drew Hill Road. It crosses Beaver Brook. Petitioners say a lot of money has been spent over the past 10 years to maintain the road and it is now time to pave it. There is no dollar amount attached to the petition. According to Vision Appraisal there are 19 taxable parcels on Hayes Road but not all of them are developed. There is no dollar amount attached to this article.

Article 34 wants to hear any reports from boards, commissions officials or concerned voters. And to conduct any other business that comes before the meeting. This is a petitioned warrant article and no money is attached.

There are six planning board submitted articles.

Article 2 is submitted by petition and is not recommended by the planning board. Petitioners and supporters seek to reverse

a change made in 2018 that reduces frontage requirements from 150 to 75 because of the wider frontage was detrimental to the lake.

If it should pass, those who wish to build on the water front would still need to meet other planning requirements like density, parking, steep slopes, and state-mandate distances from the waterline.

The planning board held a meeting that included a public hearing on Jan. 15 and a majority of them concluded that the warrant article was not worded correctly and because it only addressed the waterfront side of the Lakefront Residential District and not the properties that were across the street. It, in effect, splits the building requirements in a single district.

Minutes indicate the 2018 amendment passed because the majority of voters felt there was too much development around the lake that was negatively effecting the quality of the water.

The other articles are largely housekeeping and seek to either bring the zoning regulations up to state code or to make minor changes in ordinance for consistency.

One proposal (Article 6) would allow the use of outside storage in the Retail Business and Service area to store products that are sold off-site - like storage pods.

CEMETERY

(continued from Page A1)

rent cause involves a previously-known burying ground. It's a cemetery with four stones located on the former homestead of the Portugue family. The current landowner, Fred Gallant, had razed a circa 1790 building on the site as part of a development plan. Cornelissen noted that the building was of historic value, but that it was disused and in disrepair.

In discussing his idea with selectmen back in the fall, according to town minutes, Gallant proposed digging up and re-intering the remains of the four bodies buried behind the felled structure.

Encountering remains is a challenge for many developers in the area. Some estimates reckon that there are about 10,000 burial sites across the state. With Alton's large geographical footprint, its 102 documented burial sites puts the town amongst the highest per capita, compared to all of the state's 234 towns and cities. (Area-wise, Alton is the second largest in N.H. The town encompasses 82.2 square miles; from a cemetery standpoint, that's about one burying ground every three quarters of a mile).

In the town, some of these cemeteries include community founders and Revolutionary War veterans. Cornelissen places flags on veterans' graves annually. Some of these sites are just a skip off the road; others are deep in

the woods or up steep mountain travasses. But the flags get placed. He sees to it. The Baysider accompanied him to a rugged site last Memorial Day when we hoofed up a rugged climb on Mountain Road to pay respects.

And for Cornelissen, who's been involved with the town historical society and is continuing to march forward, it's a matter of respect and honor. That's the bottom line by his lights.

Late last year, he became concerned about a development proposal. It involves a four-acre parcel on Route 28 that's kitty-corner to Trudy's Thrift Shop - right next to the Riverside Cemetery.

The site was once the location of a circa 1790 homestead. It dated to a period prior to Alton's incorporation, back when the area was known as New Durham Gore.

The Baysider talked with state archaeologist Mark Doperalski in a phone interview from his Concord office, which has oversight of such historical locations. He said state law leans toward a preference "to leave human remains where they were respectfully placed."

His colleague, Terry Knowles, assistant director of the Attorney General's Charitable Trusts Unit, described the process of removing human remains as "extremely complex."

Unlike many burial grounds in N.H., the Stevens site is not defined by a stonewall enclosure. The four

visible stones therefore might not necessarily mark the only bodies buried there, so enforcing setback requirements might get dicey.

Typically, burial grounds are enclosed within traditional stonewalls. With early graveyards, often-times the walls were erected after the first dead were buried. This means that graves might be located nearby, but not visible from the surface. Most graves were marked. Some were not. Some of the markers were made of wood and rotted over time. Some stones were just flat granite slabs that - if they succumbed to the heavens and thaws of the seasons - might fall and get covered over with leaf litter, moss, and lichen. Therefore, there are regulations that prohibit roads and construction within certain setback requirements.

"No one wants to get involved in a project and have to call a halt because human remains have been unearthed," Doperalski said.

He added that it would likely be a requirement that a state-approved archaeologist would have to be hired to investigate the site before a shovel broke earth.

Archaeologist Kathleen Wheeler, who consulted on the Bickford-Hayes project on Rochester Neck, and who assisted with the Portsmouth African Burying Ground project, estimates that the cost of investigating a

SEE CEMETERY, PAGE A11

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CEMETERY

(continued from Page A10)

single body can cost up to \$7,000. This expense does not include reinterment costs.

There are also intangible costs, too.

“Nobody wants the bad PR of disturbing graves,” Doperalski noted. “So we don’t see this too often.”

“It almost takes an act of Congress to move human remains,” explained Liz Dionne, Alton Town Administrator.

Consulting one of dozens of manila folders, she noted that state statute can allow a grave site to be declared “abandoned” if it has not been maintained for 20 years. The town manages some of the larger cemeteries, but not burying grounds on private plots.

Dionne said that there is evidence that the Stevens plot had been maintained since about a half decade ago by the Portigue family - not because of any family connection, but just out of respect.

“It doesn’t seem to fit the definition of ‘abandoned,’” Dionne said.

Minutes from a recent BOS meeting read, “Discretionary Action on Requests for Appointments (No discussion, majority vote required to allow/not allow appointment) Fred Gallant; Request for Abandonment, 108 Suncook Valley Road. Dionne noted that this was discussed previously however, no decision was made. Liz’s recommendation is to deny this request due to it not being a town issue; within a conversation with him, he was advised and directed to the Attorney General’s Office. Mr. Gallant was to rescind his request.”

During our in-per-

son discussion, Dionne elaborated that an “abandoned” site is one where no descendants claim a connection to the burial site.

To this end, Cornelissen is attempting to piece together the Stevens family genealogy in an effort to find a descendant.

Cornelissen noted, “I keep hitting dead ends because so many of the descendants were daughters and they changed their names when they married.”

From a process standpoint, Dionne said there are several steps that would need to be taken to remove the remains from the site. The first involves the town doing its due diligence to identify any descendants. (In the absence of any family members stepping forward, the town would become the de facto “descendent” with the legal authority to move the remains). Should that effort not be successful, there would need to be a public hearing on the matter. The town would then require authorization from the Attorney General’s office. An archaeologist would next need to investigate the site. Should all of these hurdles be surmounted, the matter would then need to go before town meeting in the form of a warrant article.

“It would take years,” Dionne said.

Reuben Wentworth, a BOS member, seems not to be inclined to remove the remains.

“It doesn’t seem to comply with the statute - plus the land owner seems to be having some second thoughts,” Wentworth said. He added that he is “all in favor of attracting business



COURTESY PHOTO

**MARBLE STONES, covered in a patina of lichen, mark the resting place of members of the Stevens family. John and Lydia Stevens were among the first families of Alton. All of the stones note death dates during an extremely short duration prior to the Civil War. The Alton Historical Society and the N.H. Old Graveyard Association advocate the preservation of this site.**

development to Alton, but that doing so needs to be compliant with state RSAs.”

To give the site a historical perspective: As was common practice, folks around here - when they met their Maker - were often buried by their family on their own property. Large cemeteries were a phenomenon of the mid-to-late Victorian era. According to Cornelissen, the Stevens site followed the convention of burying the dead so that their headstones faced east. He said that this was a holdover from the Puritan belief that, once Resurrected, the revived dead would face the Rising Sun on Judgment Day. Virtually every family plot in Alton was oriented to face eastward.

Cornelissen is passionate about old graveyards. After chatting at the Alton Circle McDonald’s over coffee, he concluded, “If these were your ancestors, how would you feel about their being dug up from their final resting places on their property and being reburied somewhere else?”

Should the reinterment go forward, the remains would likely

be reburied at the adjacent Riverside Cemetery just to the south on Route 28 from the Circle.

However, moving the remains and their markers just yards away would represent a heavy lift financially for the developer.

Gallant explained, “Options are open, but financially it’s probably not worth it.”

His proposal involves him footing the cost of reburial. The archaeological site survey alone could cost up to \$28k. The expense of digging up and reburying the remains is indeterminate.

Gallant was not specific in terms of the type of development he envisioned. But he noted a kind of cost-benefit analysis.

“I’m probably just going to sell it,” he said in a phone discussion about his four-acre lot. He noted that the property, currently being logged and worked on, would make for a diversity of uses. The site is zoned commercial.

Dionne provided some additional context.

“It basically takes an act of Congress to move human re-

mains,” she said. She also noted that the town is interested in attracting commercial development - but that the municipality needs to comply with state statutes.

Cornelissen is set on keeping the remains of the four bodies where they are. Key to his efforts is a quest to identifying descendants willing to note an interest in maintaining the site. He presented a complex genealogical chart with lots of Stevens-related names.

“There are a bunch of dead-ends,” Cornelissen said, noting that many of the descendants were females who took their husbands’ surnames after marrying.

“It can be done with enough research, but it’s a race against time.”

Pulling time back, we can consult Griffin’s 1965 “The History of Alton.” This document gives some context on who the Stevens were.

In a subsection titled “Other First Families,” it notes John Stevens was born in Newington on July 30, 1778. He married Lydia Horne of Rochester.” She was five years his senior, having been born in 1773. Together they farmed and took up housekeeping in Aton on a new plot near the Merrymeeting River. They bore children named William, James, John, and Betsey. The Stevens - through Betsey, born in 1813 - co-mingled with the Chamberlin family through marriage, having married Asa Chamberlin. The Stevens family is also connected with the Evans, Lang, Rollins, and Roberts families.

Cornelissen is on a

quest to find descendants whom he can connect with to let them know they have ancestors buried on an obscure site.

“It is really important to find someone with a family connection,” he stressed.

“I’m all in favor of bringing commercial development to town, but it needs to respect the people from the past who are buried on places they want to build on,” Cornelissen explained.

Cornelissen isn’t the only person raising red flags. The Alton Historical Society and the N.H. Old Graveyard Association have also chimed in.

The historical society, noting the founding status of the Stevens family, addressed the Alton BOS in writing. A Feb. 7 letter from the group stated, “We have an obligation to be responsible stewards of these historic burial grounds. They are an integral part of the history and legacy of the town of Alton.”

The document was signed by five officers. Not all are legible, but surnames include Cornelissen, Hammond, and Witham, along with others.

Equally emphatic was a letter submitted to the town by the Old Graveyard Association. The letter, addressed to the BOS, urged, “We hope the town of Alton will do everything possible to preserve this sacred area, and allow the remains of this early family to remain at peace.” Signed by President Dean Dexter, the missive concludes, “I expect we, the living, would want as much for future generations.”

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# Getting the wood out and thinking about mud

The frost has driven right down into Mother Earth as if impelled by a pile-driver. Loggers, who during this brief time can make best use of the winter roads they set up well beforehand, are hauling like mad.

Often it's a Hobson's choice: A logging outfit is able to haul through a small window of time (i.e., as long as the road remains) but in a year of delicate economies (certainly not this one), a flood of wood can bring prices down. The canny logger already has contracts with buyers, so this can be one of the few examples of ink beating weather.

+++++

Winter roads are bulldozed, ditched and graded here and there when there's time over the summer. They look like the northbound barrel of I-93, but there the similarity stops. If you venture onto a winter road in July, your truck is

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



likely to sink right onto its frame.

I did exactly that when I was mostly a full-time moron, meaning my teenage years, a time when I didn't know much and misused what I knew. Respect for someone else's property dealt with material goods and did not extend to the land.

As a result of this stupidity and a certain tendency to think that we were welcome just about anywhere, I steered the old International four-wheel-drive truck onto an inviting road of undisturbed green grass, and with a "whump" we dropped smack onto the frame. We walked a few miles to a phone, and Paul Amey came all the way over with a tractor and pulled us out, slicker than a trout.



JOHN HARRIGAN  
**YES, the snow's that deep, or deeper. Bob Vashaw and his scoop try to make sense of it all, while loggers and truckers try to get a leg up on mud.**

+++++

Logging often gets bad press whenever a perfectly viable clearcut (now there's an oxymoron) appears, seemingly overnight, on a highly visible piece of landscape. The dynamics of forest recovery and when clearcuts are appropriate and when they're not and how big they should be, if ever, make a great topic for kitchen-counter discussion. Arrange for

late-night provisions.

But there is a good deal of non-urban legend out there about logging. This is where the New Hampshire Timberland Owners' Association comes in. Not only do Jasen Stock and crew keep good track of proposed bills in the Legislature that would affect logging. They also handle a wide range of questions from the media, and are always willing to help a reporter or TV crew visit a logging job, sawmill, or manufacturing plant.

+++++

I think many people conjure up huge corporations whenever logging becomes the issue of the moment ("Trees cut--

gasp--in Berlin. Film at eleven.").

But when I think of logging, I think not about the big, bad, uncaring cut-and-get-out companies of yore, but instead entire families for whom sustainable logging and the myriad jobs that surround it are a way of life.

Many of these, for want of a better term, are often called Mom and Pop outfits. A better name would be a partnership, or a division of labor, or just plain husband and wife. But no one term fits all, and if you drift into what's supposed to be politically correct in this business, forget it--abandon ship. It's also worth noting that in some husband and wife teams, roles overlap or mesh, to the point where the term "division of labors" is worth a sharp poke in the ribs.

+++++

Not that I have any enmity for large logging companies and the trust funds and pension funds that hold so many thousands of acres, and hire foresters and jobbers and timber cruisers and construction companies to build and maintain the roads, manage it all, and get the wood out.

But I tend to dwell on

scenes I have so often seen in woods and kitchen--the guy trying to do his main job and get the wood out to where it can be loaded onto a truck, often running an aging cable skidder, sometimes with one helper, often working on the ground, the deadliest place to be; and the woman, tired already from a normal day's work, running the household, taking care of the kids, and meanwhile a full partner in running a logging company, with insurance and taxes and a pile of paperwork to deal with, unable to get a stack of bills out of her mind while she tries to decide which checks just won't wait.

Loggers have only a few more weeks now of good, hard freeze-up, depending on geography and where the sun doesn't shine. They're racing for places saved up for this very time, when winter roads and skidder trails are softening from the northbound sun, and we're almost into that unsung season called Mud.

*Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.*

## CYA sponsoring skating at Laconia arena

ALTON — The Alton Community Youth Activities (CYA) team will be hosting an ice skating event at the Merrill Fay Ice Arena in Laconia for Alton's youth and families. The time reserved will be exclusively for the Alton community to come together and have some winter fun. They also invite Barn-

stead families that have youth who are attending Prospect Mountain High School.

The event will be held Saturday, March 16, from 2 to 3:30 p.m. at the Merrill Fay/Laconia Ice Arena. The arena is located at 468 Province Road on Route 107 in Laconia. It is a short distance from the Laconia

By-pass and is on the left side going toward Belmont.

Tickets available at the door. Ticket price is minimal and youth under age five skate free. Skates may be rented or sharpened free at the arena. Contact Kelly Sullivan at 875-2725 for further information or questions.

## Snowshoeing and sugaring in New Durham Sunday

NEW DURHAM — New Durham Parks and Recreation is hosting a snowshoe walk and sugaring event on Sunday, March 10, in collaboration with Grandma Grace's Sugar House in New Durham.

The walk, about an hour long, will take place on trails at Grandma Grace's located at 30 Ham Road in New Durham. The walk will begin at 1

p.m. and will take about an hour. Upon arriving back at the Sugar House, Mike Gelinas of Grandma Grace's will give a demonstration on maple sugaring.

This event is free and open to the public. Participants should dress in layers appropriate for the weather on Sunday and bring their own snowshoes as well as water and a snack. Maple syrup

from Grandma Grace's may be available for sale depending on sugaring conditions leading up to the event. Participants are encouraged to arrive at the location about 10 minutes before the walk to check in with the group and complete a participation waiver for the event.

For more information on this event, contact Nichole at ndrec@newdurhamnh.us or 859-5666.

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## Masons hosting breakfast on St. Patrick's Day

ALTON — On St. Patrick's Day, Sunday, March 17, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With

fresh fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes, French toast, coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an

all you can eat breakfast buffet. So, join them for breakfast between 7:30 and 11 a.m. They hope to see you there, always on the third Sunday of the month. For more information, contact Dave Collier at 875-0816.

## Tickets on sale now for PMHS Drama production

ALTON — Tickets for the PMHS Drama Club's production of Willy Wonka are now on sale for online purchase. Show dates are March 28, 29, and 30 at 7 p.m. and March 31 at 2 p.m. Senior citizens 65 and older are free and there are discounted prices for students and children.

To access the online

portal to purchase tickets, go to the school web site at [www.pmhschool.com](http://www.pmhschool.com). Tickets purchased online will be available at Will Call on the date of the show. If you have any questions about online ticket sales, please contact Cathy Fraser at [cfraser@pmhschool.com](mailto:cfraser@pmhschool.com) or 875-3800 extension 3087.

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# SPORTS

THURSDAY, MARCH 7, 2019

THE BAYSIDER

SECTION B, PAGE 1

## WHAT'S ON TAP

The schedule is light in the coming week with only a few tournaments still on tap.

The Division II girls' basketball finals are Friday, March 8, at 7 p.m. at Southern New Hampshire University.

The Division II boys' tournament quarterfinals are Saturday, March 9, at the home of the higher seed at 7 p.m. and the semifinals are Monday, March 11, at the University of New Hampshire at 5:30 and 7:30 p.m.

The unified basketball tournament continues with quarterfinals on Friday, March 8, and semifinals on Wednesday, March 13, both at the home of the higher seed at 7 p.m.

The Division II and III boys' ice hockey championships are Saturday, March 9, at Southern New Hampshire University Arena in Manchester. Division III is at 12:15 p.m. and Division II is at 2:45 p.m.

The Nordic Meet of Champions will take place on Tuesday, March 12, at Proctor Academy.



COURTESY PHOTO

## Tourney champs

The Prospect Mountain JV boys' basketball team went 3-0 to win the 11th annual North Country JV Basketball Tournament at Newfound Regional High School on Saturday, Feb. 23. They defeated Newfound, Winnisquam and Inter-Lakes to take the championship. Front row (l to r), Jaren Unzen, Kyle Cookinham, Seth Huggard and Deuce Smith. Back row (l to r), coach Tobey Reynolds, Ryan Warr, Alexander Ludwig, David Fossett and Christopher Cox.

## PMHS sports awards Wednesday

ALTON — Prospect Mountain will be celebrating the winter sports season with the annual winter sports

awards on Wednesday, March 13, from 6 to 8 p.m. in the school auditorium.



## Kingswood Cal Ripken registration is open

WOLFEBORO — Kingswood Cal Ripken has opened registration for the 2019 baseball and softball season.

Kingswood Cal Ripken is open to students in Ossipee, Effingham,

New Durham, Tuftonboro, Brookfield and Wolfeboro. For baseball, t-ball is offered for ages four through six, rookie baseball is for ages seven and eight, minors is for ages nine and 10 and

majors is for ages 11 and 12. Softball is offered for 8U, 10U and 12U.

Online registration is open at [kcrbl.com](http://kcrbl.com) for both baseball and softball.

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# Tiede named Revolution United Recreational Director

ALTON — Revolution United is pleased to announce Dylan Tiede as the new Recreational Director, taking over for Interim Director Eric Richard.

Tiede, residing in Alton, is a long time sports advocate and former athlete at Prospect Mountain High School. Most recently, he has coached the fifth and sixth grade boys' basketball team for Barnstead Elementary School.

"We felt this was the right move with the growth we have seen in our rec soccer and rec basketball divisions to

bring someone in like Dylan who will bring new energy and ideas to the programs," Revolution United founder and executive director Cory Halvorsen said.

Halvorsen continued, "Eric Richard did a lot for our programs as interim director as we looked for the best possible candidate to take our recreational programs to the next level."

With Tiede taking over the role as recreational director, the programs will see a new structure with an advisory group that will consist of current var-

sity and JV coaches in basketball and soccer, who will also become more involved in the programs as the club develops more teams and more opportunities for the players.

"First thing will be fun - and to make sure the players are enjoying the sport they are playing," Tiede said. "I will be bringing some programs in that are used by other coaches and other schools to help develop the players as well as expand their knowledge and basic understanding of real game moments."

Tiede is excited to get

going right out of the gate as Revolution United looks to bring back the popular pre-season soccer jamboree, as well as their soccer and basketball camps during the summer.

More information will become available in the coming weeks on announcements regarding recreational programs and advancements being made in soccer and basketball.

For more information on this announcement or on the programs for Revolution United, please visit [revsunitied.com](http://revsunitied.com).



COURTESY PHOTO  
**DYLAN TIEDE** has been named Revolution United Recreation Director.

# Sikich named Director of Hockey for Back Bay

WOLFEBORO — Over the past 38 years, Back Bay Hockey has had much success with its youth hockey program including multiple state championships. In 2019, Back Bay has put forth a renewed commitment towards expanding and developing the youth hockey program in Wolfeboro.

The news broke to Back Bay members and members of the Lakes Region in the Granite State News Paper published on Feb. 21. The advertisement, located on the front page of the sports section, introduced John Sikich as the organization's Director of Youth Hockey.

A seasoned coach with the Los Angeles Jr. Kings program in Los Angeles, Calif., Sikich brings with him 26 years of coaching experience at all levels of competition including Tier I and Tier II. He will oversee the operation and player development structure of the Back Bay Hockey program in 2019-2020.

coupled with his ability to teach and communicate are assets that are hard to come by. His expertise will contribute to the organization's overall player development while enriching the parent player experience to a new level," Drouin said. "He has developed an outstanding reputation in the California hockey community, and we look forward to him bringing that same reputation to our great state."

Sikich will concentrate on working directly with all coaches in the Back Bay program in a renewed effort to bring continuity to development and teaching, while attaining realistic, tangible goals at every age level.

"First and foremost, I believe our coaches are experienced, passionate about the game and have the ability to teach. I will

be implementing a blueprint for development that will be age specific, in line with USA Hockey's American Development Model and will bring coaching consistency as players move from level to level. We're going to implement new tools and resources to help develop our coaches and the education process moving forward," said Sikich.

Sikich continued, "As part of the Los Angeles Jr. Kings program, I had the luxury of an education center to assist in developing the mind of the athlete. This room allowed all coaches to develop their players' hockey acumen, or on ice vision. It is my opinion that "vision" can be taught and through the use of visual aids like video, white boards and reference books we will be able to train our athletes

better than ever before. I will be using resources such as Kingswood High School and their Director of Athletics Aaron House, to make this education center a reality."

Sikich firmly believes that Back Bay is taking a proactive approach and are fully vesting in the future of the organization, as well as making a push towards developing a higher level of competition for its athletes. "They want to be involved and are listening to my suggestions for future development," Sikich said.

"Change will start at the learn to skate, learn to play, mini-mite and mite levels ensuring that all players receive the proper age appropriate skill development to start the foundation of success," said Sikich. "My development philosophy is about player

confidence and attitude; by playing at their appropriate level, determined by their ability and age, confidence can be reinforced, and attitude is formed. Confidence is so fragile in today's athlete and I believe is an overlooked piece of the puzzle. We are not only developing players we are shaping the character of our future men and women."

According to Sikich, "as players move from level to level positive reinforcement should be at the forefront of development so each year is about advancement to the next level without risk of digressing.

"I am excited that I can use my training and experience as a coach and teacher to provide a solution in the community. There is no reason our young athletes need to drive over three hours

daily to receive the highest level of athletic training for the sport they love; sacrificing the much-needed time for their studies. Education should be the number one thought when deciding where to play youth hockey"

Drouin is enthusiastic about what this new position will bring to the program and what it represents for the organization moving forward and added, "John's dedication to the game and player development is evident, Back Bay is fortunate and honored to have John to provide the level of attention that is needed to push our organization to the next level. It will be exciting to see how youth hockey will benefit across the region with the addition of John Sikich."

# Pair of volleyball camps offered this summer

REGION — Are you looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush is available for girls entering the seventh through ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point Center on Lake Winnepesaukee in Moultonborough.

The two sessions are July 7 to 11 and July 14 to 18. Plymouth State University head women's volleyball coach Joan Forge directs the camp and the staff features several New Hampshire

volleyball coaches and outstanding high school and college players from around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with lifeguards.

Please contact Forge for further information at 387-1202 or visit [www.passsetcrush.com](http://www.passsetcrush.com).

Forge will also be hosting Panther Volleyball Day Camp July 22

to 25. This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful

playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with

improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at [jcforge@plymouth.edu](mailto:jcforge@plymouth.edu) or call 387-1202.

Club hosting corned beef and cabbage dinner

# Club hosting corned beef and cabbage dinner

GILFORD — A corned beef dinner with all the fixings will be held at the Belknap County Sportsmen's Association clubhouse on Lily Pond Road on Thursday, March 14, at 6 p.m. A New England boiled dinner with corned beef, cabbage, potatoes, turnip, onions, carrots and homemade Irish Soda Bread.

The history of the state's iconic Swenson Granite works will be de-

tailed in a talk given by its sales manager, David Duford. Swenson Granite is a family-owned business that has been quarrying and cutting granite in New England since 1883. Founded by Swedish immigrant John Swenson, the company is now headed by the fourth generation of the Swenson family.

For more than a century, the Swenson name has remained synony-

mous with a steadfast commitment to quality and service. It is this commitment, combined with adaptability in the market place, which Swenson Granite credits for its longevity, growth and prosperity.

Admission is open to all club members and the community at large, water and soda provided.

# PMHS seeking volleyball coach

ALTON — Prospect Mountain High School in Alton is in search of a

varsity volleyball coach. Anyone looking for more information can

contact Athletic Director Corey Roux at 875-3800.



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# Third-period goals push Blackbirds past Knights

BY JOSHUA SPAULDING  
Sports Editor

KEENE — The Kingswood boys' hockey team took the lead three different times in the Division II quarterfinals in Keene on Saturday night.

However, each time, the Blackbirds came back and tied the game.

And the one time that the hosts were able to take the lead they managed to hold onto it and Keene took the 5-3 win to bring an end to Kingswood's season.

"They just have more depth than we do," Kingswood coach Mike Potenza said. "With only three defense, that's a pretty tall order."

"All season long, we've had that adversity," the Knight coach added. "But I'm looking forward to what Kingswood will be next year."

Prior to the game, Potenza said it was key that his team came out and score early and that's exactly what the Knights did, led by senior captain Sam Danaïs.

Danaïs took a feed from Cole Emerson, streaked down the ice and into the zone, slipping the puck past the Keene goaltender for the 1-0 lead just 14 seconds into the game.

The Blackbirds came back with a few chances but keeper Joey Vetanze stood tall in the Kingswood net. Nick Potenza also added a shot for the Knights but his bid was turned away.

Keene was able to tie the game with 11:39 to go, firing a shot into the net off the faceoff, evening the score at one. Danaïs and Colby Clegg continued the attack for the Knights, as they came through with a couple of good bids that were denied. Vetanze also did his job, turning away a number of chances from the Blackbirds, while a couple of other bids went wide of the net and the first period came to a close with the score knotted at one.

Kolbe Maganzini and Colby Clegg had good bids for the Knights early in the second period but Keene came back with chances of their own, with Vetanze making a couple of big saves in the Kingswood net.

Kingswood got the game's first power play with 9:19 to go and they capitalized with 8:01 to go, as Potenza one-timed a shot past the Keene keeper on assists from Logan McEvoy and Danaïs to give the Knights the lead again.

The Knights got another power play with 6:46 to go and Clegg and Danaïs had chances but with 5:26 to go in the period, Kingswood took their first penalty of the game, making it a four-on-four situation for 40 seconds. Vetanze made one save but the Blackbirds were able to pop home a four-on-four goal with 5:04 to go and the game was tied again.

Keene had a number of great chances on the remaining power play but Vetanze stood on his head and kept the puck from getting in the net. Potenza also had a bid at the other end but it was denied. Kingswood took a penalty with two minutes to go and Vetanze again made another save.

The Knights were



JOSHUA SPAULDING  
**JOEY VETANZE keeps an eye on the puck through traffic during action Saturday.**



JOSHUA SPAULDING  
**NICK POTENZA battles for position in playoff action in Keene on Saturday.**

able to get a shorthanded bid with 1:05 to go, as Danaïs took a feed from Maganzini and raced

down the ice, beating the keeper to make it 3-2.

As they had all day, the Blackbirds answered.



JOSHUA SPAULDING  
**COLE EMERSON takes a face-off during action Saturday in Keene.**

Vetanze made a save on a power play shot but the hosts pounced on the rebound and rifled it home to tie the game at three with 54 seconds to go and the game went to the third with the score at 3-3.

Keene was able to take the 4-3 lead with 22 seconds gone in the third period. They added another goal with 10:42 to go in the game for a 5-3 lead. The Knights got a power play chance with 9:40 to go but they were unable to get much control in the zone and

Keene forced Vetanze to make save after save. Danaïs, Clegg, Potenza and Drew Swinerton had chances for the Knights after the power play ended but they were unable to put the puck in. The Knights took a late penalty and Vetanze was able to make a number of strong saves to close out the game at 5-3.

"We've been waiting all year for that game out of him (Vetanze)," said Potenza. "He was the reason that was a two-goal game. That's back to the Joey Vetanze we

knew we had."  
"That's not the outcome we wanted, but it's the effort we wanted," Potenza noted. "We only listed 15 on the roster and three of them were goalies. Ideally you want 18 plus goalies."  
"But the future looks bright for Kingswood hockey," the Knight coach continued. "They worked this year to make a name for themselves."

"And the support for these kids is growing and that's all on them," Potenza noted. "Our kids are respectful and they work hard."

"We had our opportunities," he added.

The Knights finished the season at 11-7 and earned the fifth seed in the Division II playoffs.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## A day in the life – Monday edition

I talk a lot about busy days and nights in my life. But I also realized I've never really documented a day from start to finish. So, without further ado, here's a look at Monday, Feb. 25.

5:20 a.m. – The alarm clock goes off, playing 104.9 FM The Hawk.

5:37 a.m. – The cell phone alarm goes off with a little Taylor Swift and it's out of bed. Getting ready for work includes the normal stuff most people do each morning.

5:59 a.m. – Out to the car and on the road.

6:02 a.m. – Stop at the Circle K in Ossipee to buy that day's copy of the Union Leader, then back on the road.

6:21 – Arrive at Back Bay Rehabilitation in Wolfeboro for the daily workout, which on Mondays is a cardio workout.

7:09 a.m. – Leave the gym and drive the short distance to Lydia's Café in Wolfeboro to pick up breakfast.

7:20 a.m. – Leave Lydia's with breakfast in hand. Breakfast on Mondays, Tuesdays and Thursdays is two scrambled eggs and a piece of wheat toast with peanut butter, eaten while driving out Route 109A.

7:34 a.m. – Stop at the intersection of Route 109A and Dame Road to meet Kathy Sutherland, who delivers a thumb

### SPORTING CHANCE

By JOSHUA SPAULDING



drive with photos she's taken during the week. Before we closed the Wolfeboro office, Kathy would bring her photos in, but now this is the normal way of her getting me the photos. Then back on the road.

7:45 a.m. – Stop at Skelley's Market in Moultonborough to check my lottery tickets (I won a whopping \$2) and buy tickets for Wednesday's Megabucks.

8:08 a.m. – Arrive at the office in Meredith.

8:30 a.m. – Time for the second part of breakfast, oatmeal with strawberries.

8:35 a.m. – And the work begins, checking e-mails and updating any social media.

8:52 a.m. – Begin writing the remainder of the stories that are needed for that week's paper, including two Nordic stories and a wrestling story.

9:27 a.m. – The real fun begins with what consumes the bulk of my Monday, editing and formatting press releases and photos and preparing pages for pagination.

10:12 – Short break for my morning snack, which is a chocolate-fla-

vored shake, which I add peanut butter and strawberries to.

10:20 a.m. – Update the podcasts. I use an old-school iPod to listen to podcasts when I do my night job (to avoid killing the battery on my phone), so the days after I work at night, I update the podcasts so I have new stuff to listen to the next time.

10:26 a.m. – Back to editing and pagination preparation.

10:42 a.m. – The NHIAA releases playoff brackets for hockey and basketball, so I update social media and print out brackets.

10:57 a.m. – Back to editing and pagination preparation.

12:30 p.m. – Time for lunch, which most days is a salad (with chicken) plus a turkey breast, broccoli and brown rice mix. I rarely take almost an hour for lunch, but some days we have interesting discussion in the break room so I stay longer.

1:25 p.m. – More editing and pagination preparation.

3:10 p.m. – Short break to grab an afternoon snack (grapes and almonds) and read the Union Leader.

3:25 p.m. – Write up the radio report for WASR to record later.

3:35 p.m. – More editing and pagination preparation. There are



JOSHUA SPAULDING  
**ENJOYING a little set building with Bob Tuttle and Allie Brown.**

no games on the schedule so I stay a bit longer than I would if there are games.

5:15 p.m. – Leave the office.

5:20 p.m. – Stop at the Meredith Irving to buy some gas. Then back on the road.

6:03 p.m. – Arrive at my apartment. This does not happen every Monday, but with no games I do get home on this day to get the gym clothes out of the car, bring in the day's dishes and get changed for job number two.

6:16 p.m. – Leave home for Wolfeboro.

6:35 p.m. – Arrive at WASR to record the next day's sports report.

6:43 p.m. – Arrive at Village Players Theater for Monday night set building.

9 p.m. – Arrive at Brewster's Estabrook Hall to start my night job, working for Afterdark Commercial

Cleaning doing the floors in the kitchen and dining room.

1:11 a.m. – Leave Brewster Academy for home.

1:28 a.m. – Arrive home and get ready for bed.

1:39 a.m. – More than 20 hours after the original alarm went off, it's time to go to bed for a few hours.

Finally, have a great day Russ and Sandra Ellis.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*



KATHY SUTHERLAND

### Grand night

Kingswood senior Sam Danaïs reached the career 100-point mark during the final week of the regular season as the Knights skated past Merrimack by a 7-2 score.





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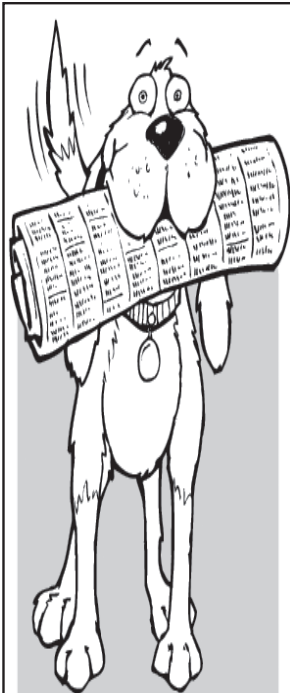
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The Kalled Gallery is looking for a seasonal PT/FT person who has integrity, people friendly skills, sales & POS/computer exp. along with a willingness to learn. Weekends a must. Our customers enjoy the experience of the gallery tour while being introduced to all of the small studio artists' work from around the USA.

Part of the training received will be learning the process used by the artisans to create their work and learning how to communicate with our customers ultimately instilling the desire for purchasing their own piece of artistry.

Send resumes to: [mal@kalledjewelrystudio.com](mailto:mal@kalledjewelrystudio.com) or mail to:  
The Kalled Gallery, Attn: Mal, PO box 1170, Wolfeboro, NH 03894

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Please send resume and cover letter to: Program Director, PO Box 209, Jefferson, NH 03583 or email [nfinorthhr@nafi.com](mailto:nfinorthhr@nafi.com)

Visit [www.nfinorth.com](http://www.nfinorth.com) EOE/AA

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As our project superintendent, you will be directly responsible for the day-to-day construction operations of assigned project and are directly responsible for production goals and quality requirements. Specific duties will include: scheduling, resource planning, daily reporting of activity/production, personnel management (supervision, time recordkeeping, performance evaluation) and safety management (OSHA compliance, hazard identification and rectification, tool-box-talks, investigations). Considerable independent judgment is used to make decisions in carrying out assignments that have significant impact on the project.

Candidates must be detail oriented with a minimum of five years of supervisory experience. Strong communication skills are essential. Experience with NHDOT, FHWA and/or municipal projects is favored. Salary commensurate with experience. Post-offer physical and drug screen is required.

We will offer the right person a full-time position with a rich benefit package. Please reach us at [jobs@rmpiper.com](mailto:jobs@rmpiper.com) or P.O. Box 490 Plymouth, NH 03264 and provide your resume. All responses will be kept confidential. We are an equal opportunity employer.



**Cruise On In**  
**TO THE CLASSIFIEDS**





Healthy Eating Word Find

Find the hidden words in the puzzle.

- BALANCE  
CALORIES  
FATS  
FOOD
- FRUIT  
HEALTHY  
LIMIT  
MEAL
- NUTRITION  
PORTION  
PROTEIN  
VEGETABLE

V J A X Y V R O N G D V  
U K H M M H E U F W R E  
L P D M I H T O L L Z G  
I N S E I R O L A C N E  
M I S W I D G V A O S T  
I E H T L A E M I E G A  
T T I B A O O T N O H B  
F O M T K F R U M V W L  
N R I D J O B K Z R Z E  
Q P U Q P B A L A N C E  
Z N W I U G S L S V J S  
T O Q O T K F F P H W M

Get Scrambled

Unscramble the words to determine the phrase.

AFT NOENTCT

Answer: Fat content

THIS DAY IN...



HISTORY

- 1845: FLORIDA IS ADMITTED AS THE 27TH STATE.
- 1918: GERMANY, AUSTRIA AND RUSSIA SIGN THE TREATY OF BREST-LITOVSK.
- 1931: "THE STAR SPANGLED BANNER" IS ADOPTED AS AMERICA'S NATIONAL ANTHEM.



NUTRITIONISTS HAVE NOW DISCOVERED THAT THIS FOOD IS AMONG THE MOST HEALTHY A PERSON CAN EAT.

ANSWER: EGGS



NUTRIENT

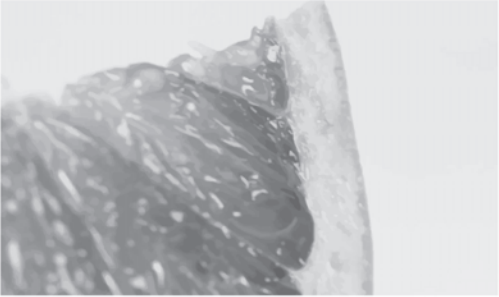
substance that provides essential nourishment



- ENGLISH: Nutrition
- SPANISH: Nutrición
- ITALIAN: Nutrizione
- FRENCH: Nutrition
- GERMAN: Ernährungsweise



MANY FRUIT JUICES CONTAIN AS MUCH SUGAR AS POPULAR SOFT DRINKS LIKE SODA. WHOLE FRUIT IS A HEALTHIER OPTION THAN FRUIT JUICE.



Can you guess what the bigger picture is?

ANSWER: GRAPEFRUIT

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to poison prevention. Each number corresponds to a letter. (Hint: 3 = o)

A. 1 3 5 4 3 10

Clue: Harmful substance

B. 8 16 10 18 11 23

Clue: The potential for harm

C. 25 20 3 4 11 15

Clue: Storage place

D. 25 17 5 20 8 23 11 10

Clue: Young people

Answers: A. poison B. danger C. closet D. children

SUDOKU

				9				
							3	2
	1	3	7			8	9	
2								
			6				8	
		5		2	3			4
		1		7		6	5	3
	7			4	9			

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	1	9	4	5	6	7	3
3	5	6	8	7	2	1	4	9
4	7	9	6	3	1	5	8	2
6	9	8	2	5	1	4	3	7
1	5	3	7	8	4	9	6	2
2	6	9	3	1	5	4	7	8
9	8	6	5	2	8	7	1	4
7	1	4	3	2	9	6	8	5
5	3	2	1	4	6	8	7	9

ANSWER:



# Kingswood “Brawlyball” game to raise money for Eli Bunnell

WOLFEBORO — This Friday, March 8, at 6 p.m., the Kingswood community will join together in an effort to raise funds for Eli Bunnell by way of a charity volleyball game.

Bunnell is a 13-year-old Kingswood Middle School student who has lived his whole life with a rare, one of a kind heart disease. After facing many hospitalizations, procedures and operations with courage and grace, Bunnell was diagnosed in August of last year with End Stage Myocardial Failure and put on the UNOS heart transplant waiting list. On Oct. 8, he was given the lifesaving gift of a new heart at Boston Children’s Hospital.

Now it’s time to bring Bunnell home from the apartment where he and his mother have been living for frequent post-transplant follow-up visits at the hospital. A foundation has been graciously covering the cost of this short term living situation. The immunosuppressant medications that Bunnell has to take help to prevent his body from rejecting his new heart increase his risk for infection from contact with individuals and from the environment. Because of this, it is critical that a post-transplant patient live in a home that is free of molds, mildews and as much as possible bacteria and viruses. Bunnell’s family home is in need of desperate repairs ranging from major roof failure to mouse infestation.

Kingswood Director of Athletics Aaron House is excited for the game. “The concept of the game has been in the works between the junior and senior class ever since our successful Dig Pink Bowl this past fall. We challenged the students and our Student Athlete Leadership Team to link the game to a cause. I think the kids knocked it out of the park by choosing to help a Kingswood family in need,” shared House. “Brawlyball will be an annual charity volleyball game for our community.”

The charity volleyball game has been dubbed “Brawlyball” as it will feature Kingswood junior boys vs. Kingswood senior boys in a best three of five game. The game will be held in the main gym at Kingswood Regional High School on Friday, March 8, at 6 p.m. It will feature admission by donation, concessions, and a 50/50 raffle. All proceeds will go to the “Bring Eli Home” campaign.

Those that can’t make the game and wish to make a direct donation can go to any branch of Peoples United Bank and make a donation to Rex and Anne Bunnell. This checking account is noted for bank use as “Eli’s Homecoming.” A Go Fund Me page has also been established, use the search words “Bring Eli Home”



KATHY SUTHERLAND

### Senior swimmer

Kingswood swim team senior Paige Fenderson was honored at halftime of the final basketball game of the season last week. Also honored was fellow senior Abigail Larkin, who was not in attendance.

## Abenaki Attack will feature day of racing

WOLFEBORO — Bring the kids, bring the dogs and bring your friends, there’s something for everyone at the Abenaki Attack, set for July 6 at Abenaki Ski Area in Wolfeboro.

Abenaki Attack is a day of racing to benefit Lakes Region Humane Society, Masons Morning Star Lodge 17 and the Wolfeboro XC Ski Association.

The day will feature a trail race, a 5K, a 10K, a

5K canicross (bring the dogs) and a one-mile fun run/walk. There will also be a post-race picnic with plenty of food and water for humans and dogs.

This day of family-friendly, canine-friendly, competitive events will be taking place on Saturday, July 6 with a 9 a.m. start time at Abenaki Ski Area.

Visit [rockhopperraces.com](http://rockhopperraces.com) for more information.



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