



THURSDAY, OCTOBER 5, 2017 GILFORD, N.H. - FREE

Gilford Farmer's Market wraps up for the summer season

BY ERIN PLUMMER
mnews@salmonpress.news

The Gilford Farmer's Market wrapped up its third season after a summer of many visitors and vendors and seeing one big goal met.

Saturday marked the last day of the Gilford Farmer's Market for the summer season. The weather for the last day was less than ideal and many vendors left early, though the season overall was a big success.

The market is organized by the Thompson-Ames Historical Society, and is a fundraiser for renovations to the Benjamin Rowe House.

"For the whole summer, it went well," said Kathy LaCroix, Education Coordinator for the Thompson-Ames Historical Society.



Gilford blacksmith Jason Paltanavich sold his forged creations at the Gilford Farmer's Market.

ERIN PLUMMER

Selectmen close to ending 14 year delay on road status decision

BY ERIN PLUMMER
eplummer@salmonpress.com

The board of selectmen is close to declaring one short road a Class VI road not subject to town maintenance, a declaration that has been put off by previous boards dating back to 2003.

Last Wednesday, the board of selectmen discussed a longtime request for Bellows Row off Terrace Hill Road to be maintained in the winter.

According to a recording of the Sept. 27 meeting, board Chair Chan

Eddy said the minutes of the May 8, 2013 selectmen's meeting indicate that John Morgenstern requested that the town do winter maintenance on Bellows Row. No decision was ever formally made for this request.

Town Administrator Scott Dunn said research indicate that the road is a Class IV road, though no formal determination was ever made.

"Basically, the can's been kicked down the road for 14 years-plus now," Eddy said.

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The market has a lot of weekly vendors and this year they added slots for guest vendors who could come twice a month. LaCroix said that was a successful addition to this year's

market.

The coffee and doughnuts table run by the historical society was also a big success. LaCroix said a lot of people would enjoy coffee and doughnuts

while socializing and listening to the music of Dan Carter.

For the past few weeks, market attendees could see one of the market's major benefits as week was done

to replace the Rowe House' roof.

The project received a \$26,000 grant from LCHIP that had to be matched by contributions. LaCroix said they have raised that amount, a large number coming from vendor fees and coffee and doughnut sales.

The work had to be done by a contractor certified to work on historical roofs like this. Thompson-Ames Historical Society President Karin Landry said the contractor could only hand nail all the shingles. After some difficulties they finally found a contractor to do the work.

Three weeks before a palette of shingles was deposited on the Rowe House grounds. Representatives from the historical society put signs on the shingles indicating to shoppers and vendors this was made possible through their support.

"We could say see this is what the market has accomplished," LaCroix said.

SEE **FARMER'S** PAGE A13

Gilford community helps tackle hunger

BY BOB MARTIN
Bob@salmonpress.news

The Gilford High School community helped battle hunger by recently bringing in 500 pounds of food and \$809 through the N.H. Tackles Hunger Program during homecoming weekend.

The food drive was put together by the Student Athletic Leadership Team (SALT) and

advisor and Athletic Director Rick Acquilano couldn't be more proud of the effort. David Hart is the treasurer of SALT, and he explained that in the past years the football team participated in N.H. Tackles Hunger, but this year they decided to include all sports in the food drive.

"In order to involve the community, we



COURTESY

The Student Athletic Leadership Team organized a food drive that brought in 500 pounds of food and \$809. Pictured (l to r), David Hart, Lauren Dean and Tyler Hanf.

Quilters Guild displays a Harvest of Quilts

BY ERIN PLUMMER
eplummer@salmonpress.news

More than a hundred quilts in many different styles could be found on display at the Gilford Youth Center at the Belknap Mill Quilter's Guild's 40th annual Harvest of Quilts.

Quilts were hung from special frames and quilted clothing and items was put on display during the show on Saturday and Sunday. Visitors could look over the many quilts, all of which had information cards next to them. Visitors could cast their vote for their favorite quilts.

Visitors could also stay for lunch in the cafe, shop from 10 dif-



ERIN PLUMMER

Margaret O'Brien does a demonstration on Applique during the quilt show.

ferent vendors, and attend a number of demonstrations on various aspects of quilting.

Show co-chair Ila

Mattila said most of the entries were created by members of the guild. The guild has 101 members from across the Lakes

Region with most coming from Laconia, Gilford, Meredith, and other communities.

SEE **QUILT** PAGE A13

went on the school news and informed all the students about the drive," Hart explained. "We contacted all the coaches and asked them to inform their players of the drive, and Mr. Acquilano asked the opposing teams to bring food as well."

Lauren Dean, the SALT secretary, added that it is important for SALT because it was the first true demonstration of what the team is about. SALT officially began this year after the idea came to fruition late last spring.

"We were able to show coaches and athletes how we wish to

see Gilford athletics interact with our community," Dean said. "Furthermore, it promoted community service in our school and showed the importance of giving back. To see opposing teams coming together for one primary

SEE **HUNGER** PAGE A13

CHECK OUT COLUMBUS DAY SAVINGS FROM ALLEN WAYSIDE FURNITURE!!

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Training for interested CASA volunteers to begin in Laconia on Oct. 30

LACONIA — At the end of last school year, an 18-year-old girl who spent the entirety of her teenage years in and out of foster care walked across the stage with her graduating class, ending a chapter of her life that had more ups and downs than people her age should endure. She was removed from her home due to her mother's drug ad-

diction when she was 10 years old, and has said at the time she blamed herself for her mother's problems. Today, she credits the CASA advocate she had by her side for

helping to guide her through a long and difficult period of her life.

This summer, she worked as a camp counselor before she started her next chapter as a freshman in college.

"CASA has really shaped me into who I am today," she said. "I know that if it wasn't for having an advocate in court, or having someone who is really a mentor beside me I definitely wouldn't be who I am today. They've really inspired me to follow after my dreams and to never give up."

The sad reality, is her circumstances are not unique. Each year in New Hampshire, more than 1,000 children face similar turmoil. They come from abusive or neglectful homes where instability is a way of life. When the state intervenes, each child is appointed someone to advocate on behalf of their best interests. When available, that person is a Court Appointed Special Advocate, a

volunteer guardian ad litem who is appointed by the court to get to know the child and report back about what is happening in the child's life and make recommendations about what's best for the child to have a successful future.

CASA volunteer advocates come from all walks of life. They have a wide-range of professional backgrounds, they work full or part-time, are retired or empty-nesters. They are provided professional training and ongoing support by the CASA staff. They are caring, compassionate members of communities in every corner of the state looking for a way to give back in a meaningful way, to help a child in a difficult situation.

Due in large part to the opioid epidemic gripping New Hampshire, the need for more advocates is critical. Statewide, CASA has seen more than a 20 percent increase in cases since this time last year and more vol-

unteers are needed to advocate for victimized children, particularly in the Plymouth and Lakes regions.

Beginning Oct. 30, CASA of New Hampshire is holding a training in Laconia for new volunteers in the area. This comprehensive training covers everything from how to connect with children and the important people in their lives, to resources available for the children, court procedures and how to write a court report, an overview of legal procedures and protections, resources and support available to volunteers and more.

Join a community of passionate volunteers where you can use your own professional skills and life experiences while making a difference in the life of a victimized child.

For more information, or to apply now to volunteer as a CASA advocate, visit www.casanh.org. Questions? Call 626-4600 or email speakup@casanh.org.



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Fire department planning for new equipment, personnel

BY ERIN PLUMMER
eplummer@salmonpress.news

Coming new equipment and new personnel were some of the highlights of the fire chief's regular department report to the selectmen.

Last Wednesday, Fire Chief Steve Carrier gave a regular department update to the board, highlighting a number of new additions.

According to a recording of the meeting, Carrier reported to the board new fire boat is now part of the capital improvements plan for next year. Carrier said the current boat is now 40-years-old.

The fire boat was moved to Dock 1 a while ago, and Carrier said they received negative feedback about that. Some vandalism was done to a sign posted at the docks and to a rope on the docks. The incidents were reported to the police, though there is no video surveillance in that area.

The new fire engine approved by town meeting is now in the manufacturing lineup and they don't expect to take delivery of it until spring of 2018.

Additionally, they are preparing the site and the pad to rebuild the training facility that was heavily damaged in a fire last year. The department is getting help from the Department of Public Works on this project.

The department received funding for tactical equipment to perform emergency rescues in the event of an active shooter. The \$6,000 grant will pay for four sets of equipment

will help personnel in the area known as the "warm zone," which is secured but still has the potential for trouble. With the new equipment EMS personnel can do lifesaving response with the assistance of police agencies.

The department recently hired two new members. Carrier said the extra personnel will result in slight savings in overtime. The department also has a paramedic assigned to each shift in the department, with four paramedics in total covering the four total shifts. There is also a fifth paramedic in school right now that will enhance the departments response ability when they get out.

The first two phases of the hydrant project at Alvah Wilson Pond have been completed. Carrier said the pond has been dredged and the stream is back in its original stream bed. Phase three will rebuild the wall on the Alvah Wilson side of the pond, pave the apron, and replace one working hydrant with two larger ones as was suggested in the CIP.

Carrier said Town Administrator Scott Dunn has chosen the course of building up the Water Supply capital reserve fund, which they can use to get the project done all at once.

The fire department made a change in its incident reporting software, going from Firehouse to Emergency Reporting. One of the reasons was that the old software wasn't being serviced anymore. The

new software is also web based with records stored on a secure cloud.

This change so far

is only for incident reporting and the daily log applications. The inspection procedures are still in the old soft-

ware, though Carrier said they do intend to transition tat to the new software.

Overall, calls have

decreased in 2017 from 2016's numbers. This year has had 108 less calls, which is an eight percent decrease.



COURTESY

Paint a Butterfly fundraiser brings in \$1,000 for Make A Wish

Gilford Rotary Club President, John DeGroot, presents a check for \$1,000 to Nikki Lyons, Director of Community Outreach on behalf of the New Hampshire Make -A- Wish New Hampshire Foundation. As a result of a summer long fundraiser, celebrated at Gilford Old Home Day on Aug. 26, the Paint a Butterfly Contest was a success. The project was taken on by community member adults and children who each donated \$25 for a wooden butterfly cutout. Participants then painted the plywood butterfly in whatever way they chose. Entries were collected, judged, and displayed at Gilford Old Home day. Everyone enjoyed participating in the event for a great cause. This project was modeled after the Alton Rotary Club, who started a similar contest last year and wanted to involve more Rotary Clubs throughout the Lakes Region. Other Rotary members pictured are Peggy Lacey and Don Clarke from the Gilford Rotary Fundraising Committee.

Gilford Parks and Recreation News

BY HERB GREENE
Director

Gilford Parks and Recreation

Adult Pick-up Basketball begins on Thursday, Oct. 12

The Gilford Parks and Recreation Department is sponsoring a Pick-up Basketball program for adults ages 18 and up, every Thursday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program will begin on Oct. 12 and runs through the Nov. 16 (no program on Nov. 9). There is a \$2 fee per

participant, per evening. This program is open to any interested adults and no pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722

Boston Celtics bus trip Scheduled for Feb. 26, 2018

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Memphis Grizzlies on Monday, Feb. 26, 2018. Cost of the trip is \$120 for lower level Loge seats and \$70 upper level balcony seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park & Rideshare (Route 106) at 5:15 p.m. You will have time to visit the pro-shop and get dinner on your own prior to the game. Our seats are in section #19 (Loge) and #310 & #311 (Balcony) for the 7:30 p.m. game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their

Web site at www.gilfordrec.com.

Senior Moment-um Guest Chef Program – Monday, Oct. 16

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 16. We will meet at the Community Church, Fellowship Hall at 9 a.m. for a program with our favorite guest chef, Grace Herbert! Grace will be teaching us the recipe for her homemade applesauce and each participant will get a small sample to take home! Coffee, tea, and water will be provided! Participants are asked to please RSVP by Friday, Oct. 13.

For more information

or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

Coed Adult Volleyball continues on Tuesday evenings

The Gilford Parks and Recreation Department is sponsoring a pick-up co-ed volleyball program for adults ages 18 and up, to be held every Tuesday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program runs each Tuesday through the spring. There is a \$2 fee per participant, per evening. No pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.

Center for Security founder to speak at Republican Cocktails and Conversation event

LACONIA — Frank Gaffney, founder and President of the Center for Security Policy in Washington, D.C., will keynote 'Cocktails and Conversation, by Invitation Only' on Wednesday, Oct. 11, from 6 to 8 p.m. at the Laconia VFW, 143 Court St., Laconia. The event is sponsored by the New Hampshire Republican Committees of Region 5, including the Belknap County Republican Committee, the Concord Republican City Committee, and the Merrimack County Republican Committee. Mr. Gaffney will speak on "The Bomb is Back: Emerging Threats and What We Must Do

About Them." A question and answer session will follow. There will be an opportunity to meet and speak informally with Mr. Gaffney before and after the presentation.

The Center for Security Policy is a not-for-profit, non-partisan educational corporation, which is recognized nationally and internationally as a valuable resource for its research and analysis of foreign and defense policy matters. Mr. Gaffney served as Assistant Secretary of Defense for International Security Policy under President Reagan. He is the host of Secure Freedom Radio, a nationally-syndicat-

ed weeknight radio program where he addresses current and emerging threats to national security and sovereignty. He is also an active contributor to the national security policy debate as a weekly columnist for the Washington Times and a frequent guest on syndicated programs with hosts including Sean Hannity and Mark Levin. His op-ed articles have appeared in The Wall Street Journal, USA Today, The New Republic, The Washington Post, The New York Times, The Christian Science Monitor, The Los Angeles Times, National Review, and Newsday.

SEE GAFFNEY PAGE A13

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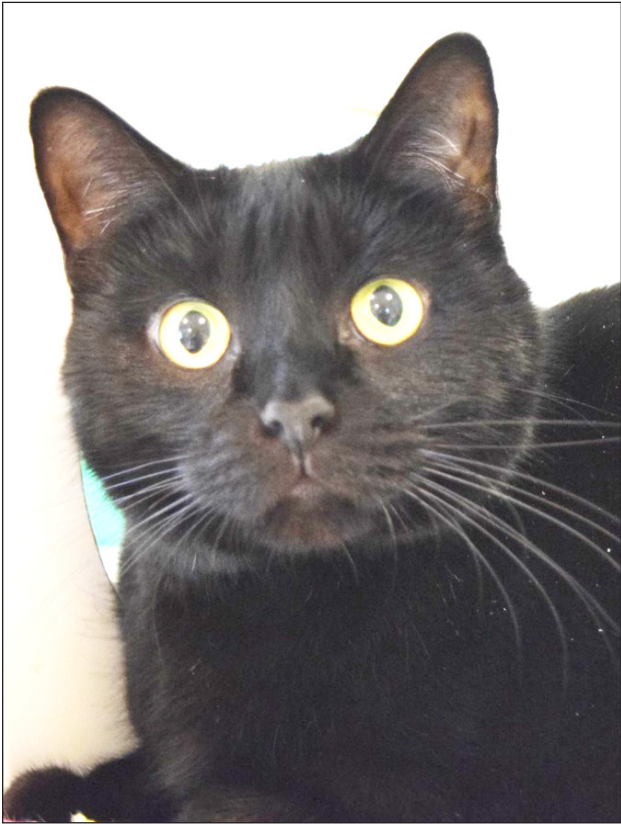
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Pet of the Week: NORTH COUNTRY NOTEBOOK

Suzy

Ab, life on a dirt road, and a certain etiquette



It happens quite often at New Hampshire Humane Society; surrender of animals due to their, or their owners advancing years and ill health. In the case of Miss Suzy, she is hardly a geriatric, she is not even in the double digits yet, age-wise, but her owner was suffering serious health problems and could no longer care for this sweet little black cat.

Suzy led the quiet life prior to arriving at the shelter in April, yes she's been waiting far too long for a new home. That sheltered former life has meant residing at our animal welfare agency has been a bit of a shock to the system for such a reserved, quiet little feline, Suzy hides under her blanket, perhaps thinking the next time she pops her head up, she might find her-

self home again. Six months really is too long to live in hope, and have your dreams dashed every day, as the adopting public move on past your cage to other, more photogenic cats!

Let not the syndrome of her coat colour stand in her way a moment longer, black cats are special, they are physiologically sound, look amazing lounging in sunny spots around the house. Neither do we wish to compartmentalize the ideal home for her, surely a cat lover out there somewhere will look at Suzy's petite face and fall in love.

Shelter is open Tuesday/Thursday/Friday/Saturday/Sunday. Plenty of time to visit.

Call 524-3252 to find out more about Suzy or check www.nhhumane.org.



By JOHN HARRIGAN
COLUMNIST

I live on a dirt road, a term some people wince at, their preference being "gravel road" or the even loftier "country road." To me this is sort of like calling a camp a cottage, but that's all right.

A dirt road has to be graded at least two or three times a season. A lot of towns are grading their roads just about now, in a gamble that there won't be any more rut-creating cloudbursts before freeze-up.

People unaccustomed to dirt roads tend to drive with their



South Hill Road, nice and smooth and crowned just right, after what the town undoubtedly hopes is the final grading for the season.

wheels almost going over the right shoulder, in an apparent attempt to get as far away from the yellow line as possible, in an apparent panic attack to avoid collisions. But of course there is no yellow line. On a dirt road, the center is where one perceives it.

I learned to drive on a dirt road along

Clarksville Pond, and Rudy Shatney always told me "Take your half out of the middle, Bub," which I do, except of course around corners or over blind hills. Rudy's reasoning was that driving in the middle offers more choices in avoiding pot-holes, washboard ruts or downed limbs, which made sense to

me back then and still does.

Rudy had an old 1948 Jeep with a quick clutch, a hard rig for a kid to learn on, but I did. The old Jeep had bad brakes, and one day I pulled into the yard of the Main Cabin just before supertime and sailed right down the path and onto SEE **NOTEBOOK** PAGE A13

STRATIGIES FOR LIVING

The end of the story

BY LARRY SCOTT

The dramatic events that followed the crucifixion of Jesus Christ may be summarized by a statement made in the Gospel of Matthew, chapter 27, verses 57-60, "As evening approached, there came a man from Arimathea, named Joseph ... he asked for Jesus body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance ... and went away."

End of the story ... or so everyone thought.

For King Herod and Pilate, the Roman Governor, a troublesome, popular figure was dead; for Caiaphas, the High Priest, the one claiming to be Messiah, the one who challenged his authority, had finally

been eliminated; for Joseph of Arimathea, he would be forced to live in shame for his inability to dissuade the Jewish power-brokers from sentencing Jesus to death; for the disciples, it was an unmitigated disaster. Their hopes for the promised Kingdom, their faith, which had been strengthened by their Messiah and best friend ... all vanished with the crucifixion; for the women who followed Jesus, the one man who had treated them with dignity and respect was no longer available; for the guards, charged with protecting Jesus' tomb, it was a gravity assignment, the failure at which would doom them to death.

But not so fast, guys. You're dealing with God here ... and you are about to hear the rest of the story!

Again, from the Gos-

pel of Matthew (28:5-6), "After the Sabbath, at dawn on the first day of the week ... the angel said to the women, 'Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here, he has risen.'"

For the guards, their gravity assignment had just turned into a nightmare as the stone began to move; for Herod and Pilate, it was not the end but the beginning - of a disaster they could not have imagined; for the temple hierarchy, an explosive new church would soon emerge ... and in their heart of hearts, they would have to acknowledge they had crucified their Messiah, and that to their own damnation; for Joseph of Arimathea, it heralded a new opportunity to regain his self-respect and serve the one he had grown to love and admire; for the disciples,

the resurrection promised new understanding, new hope, new direction, and a new mission to which they could dedicate their lives; and for the women? Unbelievably, "He's back! Happy days are here again!"

But it was not for them alone! For me, too, as stated by the Apostle Peter who expressed my feelings perfectly,

"Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth unto a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish ... kept in heaven for you" (I Peter 1:3-4).

He is risen! Thank God Almighty, Jesus Christ has arisen from the dead!

And if you want to talk about it, hit me up at rlarryscott@gmail.com.

FROM OUR READERS

Vote Kelley and Dion for Gunstock Acres Property Trust

To the Editor:

I urge my fellow Gunstock Acres property owners to vote in the upcoming election for two trustees on Saturday, Oct. 7, at 10 a.m. in the Gilford Library.

If you own property in Gunstock Acres, you are, with rare exceptions, a beneficiary of the

Gunstock Acres Common Property Trust, which manages some of the common areas, as well as our beach and mooring field on Lake Winnepesaukee, and for which trust the election of trustees will be held.

One incumbent, Bob Dion, is seeking re-election as a trustee. He has served Gunstock Acres incredibly well over many years and should be re-elected.

For the single vacancy, we are fortunate to have three candidates who have stepped forward with a willingness to serve, but we must choose only one. Based upon my personal knowledge of one of the new candidates and his extensive high-level financial background and experience, I and my wife intend to vote for Jack Kelley and we urge our fellow Gunstock Acres residents to do the same.

Please vote on Oct. 7 for Jack Kelley and Bob Dion for trustees of the Gunstock Acres Common Property Trust.

Norman J. Silber
Gilford

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

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Mario Bava's “Planet of the Vampires” kicks off LRPA's Second Annual Shocktoberfest

LACONIA—Through-out October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! “LRPA After Dark” celebrates Halloween with four frightening films from Hollywood’s past. This weekend (Oct. 6 & 7), we get the month started with 1965’s eerie sci-fi-alien gem “Planet of the Vampires,” directed by Italian horror master Mario Bava and starring an international cast that features American film actor Barry Sullivan.

In “Planet of the Vampires,” two spaceships – the Argos and the Galliot – are sent on a mission to the uncharted planet of Aura. As the crew of the Galliot enters the planet’s murky atmosphere, the crew inexplicably begins to violently attack one another. Only Captain Mark Markary (Sullivan) has the ability to resist this murderous urge, and he keeps the crew from killing each other. Upon leaving the ship, the crew finds the remains of the Argo, only to discover that the entire crew is dead, having apparently killed one another! Markary and his crew bury some of the dead, but most seem to be locked in the Argos’

control room. When the Galliot’s crew returns with tools to unlock the doors, the dead bodies have disappeared. As the realization that not all is well begins to set in, the crew of the Galliot tries to leave, but their ship has some damage that must first be repaired. One by one, the crew begins to be found dead. Will Markary and the rest of the crew get back to civilization? Or will the mysterious planet Aura keep them all from returning home?

Many film critics and sci-fi writers agree that Ridley Scott, director of the classic horror movie “Alien,” was greatly influenced by “Planet of the Vampires.” Some of the plot points share similarities. It is also interesting to note that, as the cast was international, each actor spoke his or her own native language – Italian, Spanish, Portuguese and English – often with no way of understanding what the other actor was saying. The film was then dubbed for individual markets. The movie was made with a very low budget, and so Bava used miniatures, forced perspectives, colored lights, leftover props, etc. to achieve the look and atmosphere of the film. Sci-

fi and horror fans love it, and you will too. So grab your candy corn and join LRPA after dark for this rarely screened gem from the past.

Mark your calendars for these coming Halloween treats:

Oct. 13 & 14: 1959’s “A Bucket of Blood” followed by Halloween cartoons

Oct. 20 & 21: 1962’s “Carnival of Souls”

Oct. 27 & 28: 1972’s “Horror Express”

You can’t find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to near-

ly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community mem-

bers to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through

governmental transparency, and unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



COURTESY

Columbus Day craft fair returns to Gunstock this weekend

Come and enjoy the beautiful, American-made arts and crafts at the Columbus Day Weekend Craft Fair at Gunstock Mountain Resort, 719 Cherry Valley Rd., Gilford, Route 11A, on Oct. 7-8, Saturday and Sunday, 10 a.m. to 4 p.m. There will be fabulous exhibitors with a wonderful alpaca exhibit also! Some of the arts and crafts will include quilted table decor and beautiful quilts, wooden crafts, themed solar light creations, blacksmith crafts, New Hampshire maple syrups, fine jewelry, feather art, birch bark art, essential oils, tie dye clothing, glass art, gourmet soups, handcrafted pens, pottery, seasonal florals, and lots more! Rain or shine under canopies - leashed, friendly pets welcome! - Always free admission and free parking. For more information, contact Joyce at 528-4014 or www.joycescraftshows.com. See you there!

“Why Family Stories Matter” rescheduled for Oct. 23 at Taylor

LACONIA — Are you like those people who feel personal and family histories are an important part of their overall legacy? Did you know only one percent of people take the time to preserve their family stories? Learn how you can take steps to capture these stories before they’re lost, as Dan Darling, owner of Heartstring Media, presents a program entitled “Why Family Stories Matter.”

The free event is Monday, Oct. 23 at 6:30 p.m. in Taylor Community’s Woodside Building and is open to the public.

This presentation will help people dis-

cover easy methods, along with tools and resources, to begin this important process and learn about the different ways these stories can be shared with family and friends.

Mr. Darling has many years of experience telling stories professionally through theater and video production. Through his Memoir Mill personal history service, he assists individuals, families, organizations and communities in preserving their valuable histories, memories

and life stories. He is also a Certified Legacy Planner and a lifetime member of the International Association of StoryKeepers.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. Visit www.taylorcommunity.org, or call 366-1400 for more information.

Broadway’s longest running comedic thriller on Playhouse stage

MEREDITH — With the start of fall comes the inevitable: pumpkin spice lattes, candy corn, UGG boots, and all things murder mystery. The Winnepesaukee Playhouse’s professional company will be serving up some comedic chills and thrills when they present Ira Levin’s record-breaking “Deathtrap” from Oct. 5 through 8.

Broadway’s longest-running comedic thriller, “Deathtrap” is the story of a once successful Broadway playwright who struggles

to overcome a dry spell that’s resulted in a string of flops. His fortunes turn when one of his students shares a brilliant new script with blockbuster potential. The author and his wife devise a plan to steal the work – but is it all that it seems? Suspense mounts steadily as the plot begins to twist and turn until the final, fatal moments of the play.

When “Deathtrap” opened on Broadway in 1978, it was acclaimed by reviewer Walter Kerr as “an absolute

knockout of a suspense melodrama,” a sentiment that explains its subsequent four-year run on Broadway. Michael Caine and Christopher Reeve starred in the 1982 film version.

The production is directed by Marta Rainer, who returns to direct her fourth production for the Playhouse following “Talley’s Folly,” “Lost in Yonkers,” and last fall’s “The Ghost in the Meadow.” It features Mark Stephen Woods, this summer’s Frank-n-SEE **DEATHTRAP** PAGE A15

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Hope C. Barnes, 91

LACONIA — Hope C. Barnes, 91, longtime resident of Sanbornton, died on Tuesday, Sept. 19, 2017 at the St. Francis Rehabilitation and Nursing Center.

Hope was born on Dec. 2, 1925 in Westport, Mass., the daughter of the late Winnifred (Stearns) Chisholm-Dawson. Hope worked as a cook at the Sanbornton Central School for 20 years, where she worked along side her dear friend Barbara Therrien.

Hope was an active member of the Mountain View 2nd Baptist Church in Sanbornton and spent many years volunteering with the Women's faith Circle, a group that provided quilts, sweaters, mittens, and other needs all over the world.

Hope had a passion for animals; she took care of many that where in need. She had a love for watching birds, and would always make sure there was a full bird feeder for them.

Hope is survived by



a son, Wayne Barnes, and his wife Robin; two daughters, Linda Jacques and her predeceased husband, Clyde Jacques, and Judith Tibbetts and her husband, Donald E. Tibbetts, Jr.; four grandchildren (Alan Jacques, Hope Janaitis and her husband, Paul, Timothy Barnes and his wife, Donna, Kevin Tibbetts and his wife, Laura, and loved like a grandson Jason Balint and his wife, Tricia); four great-grandchildren (Courtney Barnes, Jonathan Barnes, Skye Tibbetts, and Travis Tibbetts). Hope is also survived by a cousin, Seth Stearns, and his wife, Jan, and many nieces, neph-

ews and many other loved ones that knew her as "Gram."

In addition to her parents, she was also predeceased by her husband, John Barnes, and a son-in-law.

A graveside service will be held on Saturday, Oct. 7, 2017 at 1 p.m. in the family lot in Union Cemetery in Sanbornton.

In the giving spirit of Hope, the family suggests in lieu of flowers that you give to those in need. Help someone else be it money, food, or repairs. Visit those that have no one to visit them. Help an elderly person in the grocery store that doesn't have enough money to buy groceries. That is what would make Hope smile from heaven.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinsonbeane.com.

Shirley S. Scott, 92



smile on her face, never complained and loved being with people. She will be missed.

The family would like to thank the staff at Whitaker Place for their exceptional and thoughtful care of their mother.

Members of her family include her children, Margaret S. Dea of Concord, Robert J. Scott, Jr. and wife Danielle of Hollis, and Richard T. Scott and wife Lisa of Frederick, Md. Shirley was grandmother to Ryan Dea and wife Kris of Cleveland, Ohio, Taylor Scott of Nashua, Blake Scott of Frederick, Md., Brandon Gilman and

wife Katylee of Bedford, Brittany Davenport of Dover and Jared Gilman of Manchester. She was great grandmother to nine children.

There will be no calling hours.

A funeral service will be held at 11 a.m. on Friday, Oct. 6, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance. Burial will follow in the family plot at Union Cemetery, Academy Street, Laconia.

In lieu of flowers, memorial contributions may be made to the Animal Rescue League of NH, 545 Route 101, Bedford, NH 03110.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Donald Richard Wright, 80

LACONIA — Donald Richard Wright, 80, of Linny Lane, formerly of 68 Edgewater Ave., died Sunday, Oct. 1, 2017 at Concord Hospital surrounded by his family.

He was born on Sept. 3, 1937 in Laconia, the son of the late Carl and Ethel May (Clark) Wright. Donald married his wife, Claudia L. Flanders, in 1956, and also served in the US Navy from 1956 to 1960. He worked as Mountain Manager for Gunstock Ski Resort from 1960 to 1983. He also worked as Head of Maintenance for New Hampshire Technical College in Laconia from 1983 to 1999. Don was a member of the Laconia Congregational Church.

He is survived by his wife of 61 years, Claudia (Flanders) Wright of Laconia; one son, Dennis K. Wright, and his wife Linda of



Laconia; one daughter, Dawn Gilbert, and her husband, Edward "Chip" of Laconia; four grandchildren (Christopher Wright, Joshua Wright, Erica (Gilbert) Kloetz and Liana (Gilbert) Crowell and her husband, David); two step-great grandchildren, Abby Crowell and Michael Crowell; and three great grandchildren (Evelyn Kloetz, Gunnar Kloetz and Easton Crowell).

Donald was predeceased by his parents.

Calling hours will be held from noon to 2

p.m. on Thursday, Oct. 5, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral, 164 Pleasant St., Laconia, using the Carriage House entrance.

A funeral service will immediately follow the calling hours at 2PM, also at the funeral home.

Burial will follow in the family plot at Union Cemetery, Academy Street, Laconia.

For those who wish, memorial contributions may be made to the Congregational Church of Laconia -Dorcas Fund-18 Veterans Sq., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Protect yourself and those around you from the flu this season

REGION — As Central New Hampshire VNA & Hospice staff members prepare for their own annual flu vaccines, here is some information that may help you decide that, yes, this year you will get a vaccine. For yourself, your family, your co-workers – it's the right thing to do.

Influenza vaccines, also known as flu shots or jabs, are vaccines that protect against influenza. Vaccination against influenza began in the 1930s with large scale availability in the United States beginning in 1945. It is on the World Health Organization's List of Essential Medicines, the most effective and safe medicines needed in a health system. While their effectiveness varies from year to year, most provide modest to high protection against



influenza.

The World Health Organization and the U.S. Centers for Disease Control and Prevention (CDC) recommend yearly vaccination for nearly all people over the age of six months, especially those at high risk. These groups include pregnant women, the elderly, children between six months and five years of age, those with other health problems, and those who work in health-care.

The vaccines are generally very safe. Fever occurs in only five to ten percent of children vaccinated. Feeling tired or muscle pains may occur as well.

According to the CDC

Why should people get vaccinated against the flu? Influenza is a serious disease that

can lead to hospitalization and sadly, sometimes even death. Every flu season is different, and influenza infection can affect people differently, but millions of people get the flu every year, hundreds of thousands of people are hospitalized and thousands of people can die from flu-related causes every year. Even healthy people can get very sick from the flu and spread it to others.

How do flu vaccines work? Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are in the vaccine. The seasonal flu vaccine protects against the influenza viruses that research indicates

SEE FLU SHOTS PAGE A15

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New Hampshire Rural Renewables offering renewable energy planning assistance to rural businesses and agricultural producers

LACONIA — A new program is now available in rural regions of New Hampshire to provide free technical assistance to business owners and agricultural producers, helping them evaluate and assess the potential for using renewable energy at their business.



Standing, left to right: Nancy Paterno, President of LRGH Auxiliary, Bob Dalton, Scholarship Committee, Nancy Morrill, Scholarship Committee, Colleen Hartigan, Scholarship Committee, Chairman. Seated Anne Dionne, Scholarship recipient.

2017 LRGH Auxiliary Scholarship recipients announced

LACONIA — The LRGH Auxiliary scholarship committee is pleased to announce the recipients of the 2017 LRGH Auxiliary scholarships. The annual scholarships are to support continuing education, training, skill development, and career advancement for immediate family members of LRGHealthcare employees and volunteers, who are pursuing a degree or certification in an accredited/licensed program (related to the medical profession).

The LRGH Auxiliary has awarded over \$230,000 in scholarship aid to healthcare students in our community since 2000. Scholarship funding is the direct result of the hundreds of hours worked by volunteers annually at the LRGH Auxiliary Gift Shop to raise the necessary funding.

This year's recipients are:

- Anne Dionne of Laconia is a third year student at the University of Rhode Island. Anne plans to receive her Doctorate of Pharmacy. Anne worked as a volunteer in the LRGH Pharmacy during the past year's winter break.
- Jennifer McGonagle of Gilford is pursuing a Bachelor's of Science Nursing degree at Franklin Pierce University in Rindge, NH, with the intention of continuing for a Master Degree. A full-time school nurse at Gilford Elementary School, Jennifer also works at LRGH Family BirthPlace teaching childbirth classes, and as a CPR/First Aid Instructor.
- Molly Ryan of Laconia is an Emergency Room nurse and pursuing her Master's Degree in nursing at MCPHS University. Her goal is to provide care in underserved communities, and to reduce existing health disparities that exist for primary care, namely in diabetes prevention and management.
- Seth Butler is a 2016 graduate of Colby College in Maine, and has worked at LRGHealthcare as an Emergency Room Technician since May 2016. Seth's acceptance into the University of New England's Doctor of Osteopathic Medicine program, class of 2021, will begin his medical training in August.
- Zoe Kaplan of Franklin is a recent graduate of Franklin High School who will be attending the University of New Hampshire to pursue a degree in nursing. Her long-term professional goal is to work in an Emergency Department.

Lakes Region Community College, along with Plymouth Area Renewable Energy Initiative (PAREI) and New Hampshire Sustainable Energy Association (NHSEA) are teaming together to provide this free technical assistance. Rural businesses interested in installing solar photovoltaic, solar thermal, wood heat, and other renewable energy technologies can receive helpful educational information and preliminary site evaluations at no cost. This Renewable Energy Development Assistance two-year grant is part of USDA Rural Development's Rural Energy for America Program (REAP), which has a variety of energy efficiency and renewable energy grant and loan programs.

According to Andy Duncan, Energy Training Manager at Lakes Region Community College (LRCC) who is coordinating the NH Rural Renewables effort, "Our goal is to help businesses reduce their energy costs with sustainable solutions. We can help them take a close look at whether a renewable energy project is technically and financially feasible for their site. If a business likes the idea of renewables or energy efficiency, we want to help them take the next step, explore their options and make the process less complicated."

The development assistance provided by NH Rural Renewables will be vendor neutral. "Our project team will work with business owners to help them become more

knowledgeable about their options so they are more informed when it comes time to get quotes from renewable energy vendors," said Duncan.

The team will also be leveraging energy efficiency technical assistance from the utility-based NH Saves @ Work program as well as the Rural Energy Development Assistance grant team at the NH Community Development Finance Authority.

"We like to say 'reduce then produce,'" said Duncan. "Energy efficiency and renewable energy work well together."

The Plymouth Area Renewable Energy Initiative will be lending their expertise to help in this endeavor. They will draw from their 14 years of renewable

SEE RENEWABLES PAGE A15

Edward Jones: Financial Focus

Consider Multiple Factors When Creating Retirement Plans

When you create your financial and investment strategies for retirement, what will you need to know? In other words, what factors should you consider, and how will these factors affect your investment-related decisions, before and during your retirement?

Consider the following:

- Age at retirement – Not surprisingly, your retirement date likely will be heavily influenced by your financial situation – so, if you have to keep working, that's what you'll do. But if you have a choice in the matter, your decision could have a big impact on your investment strategy. For example, if you want to retire early, you may need to save and invest more aggressively than you would if you plan to work well past typical retirement age. Also, your retirement date may well affect when you start accepting Social Security payments; if you retire early, you might have to start taking your benefits at age 62, even though your monthly checks will be considerably smaller than if you waited until your "full" retirement age, which is likely to be 66 or 67.
- Retirement lifestyle – Some people want to spend their retirement years traveling from Athens to Zanzibar, while others simply want to stay close to home and family, pursuing quiet, inexpensive hobbies. Clearly, the lifestyle you choose will affect how much you need to accumulate before you retire and how much you will need to withdraw from your various investment accounts once you do.
- Second career – Some people retire from one career only to begin another. If you think you'd like to have a "second act" in your working life, you might need some additional training, or you might just put your existing expertise to work as a consultant. If you do launch a new career, it could clearly affect your financial picture. For one thing, if you add a new source of earned income, you might be able to withdraw less from your retirement accounts each year. (Keep in mind, though, that once you reach 70 ½, you will have to take at least some withdrawals from your traditional IRA and your 401(k) or other employer-sponsored retirement plan.) On the other hand, if you keep earning income, you can continue putting money into a traditional IRA (until you're 70 ½) or a Roth IRA (indefinitely) and possibly contribute to a retirement plan for the self-employed, such as a SEP-IRA or an "owner-only" 401(k).
- Philanthropy – During your working years, you may have consistently donated money to charitable organizations. And once you retire, you may want to do even more. For one thing, of course, you can volunteer more of your time. But you also might want to set up some more permanent method of financial support. Consequently, you might want to work with your legal advisor and financial professional to incorporate elements of your investment portfolio into your estate plans to provide more support for charitable groups.

As you can see, your retirement goals can affect your investment strategy – and vice versa. So, think carefully about what you want to accomplish, plan ahead and get the help you need. It takes time and effort to achieve a successful retirement, but it's worth it.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Eric Tierno
Financial Advisor
603-293-0055
Gilford, NH

Kathy Markiewicz AAMS
Financial Advisor
(603) 524-4533
Laconia, NH

Jacqueline Taylor
Financial Advisor
(603) 279-3161
Meredith, NH

Mike Bodnar
Financial Advisor
603-524-4533
Laconia NH

Ben Wilson, AAMS
Financial Advisor
(603) 524-4533
Laconia NH

Keith Britton
Financial Advisor
603) 253-3328
Moultonborough, NH

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Brenda’s Ride raises \$12,000 to benefit oncology patients at LRGHealthcare

LACONIA — Twenty-year breast cancer survivor Brenda Ganong recently hosted the 15th Brenda’s Ride with Friends: Fighting Cancer One Mile at a Time. Proceeds from this and a smaller event in June raised a total of \$12,033.95 to benefit Oncology patients at LRGHealthcare.

Over the years, more than \$110,000 has been raised from Brenda’s Ride (or donations inspired by Brenda’s Ride), designated to assist Anderson Ganong Cancer Center patients’ unanticipated needs that would improve their quality of life during cancer treatment. Examples include: covering co-pays for pros-

theses; helping to pay for ports; purchasing medically-appropriate furniture; and the purchase of gas cards or cab vouchers to get patients to appointments. In some cases funds have helped provide medical treatment for patients who cannot afford care.

“The staff and patients at LRGHealthcare are deeply grateful to Brenda and John Ganong, their many friends and family members, and of course everyone at Faro Italian Grille who have supported Brenda’s Ride over the years,” states LRGHealthcare Vice President of Clinical Services Marge Kerns.

“Thanks to this event, countless pa-



COURTESY
Twenty-year breast cancer survivor Brenda Ganong recently hosted the 15th Annual Brenda’s Ride with Friends: Fighting Cancer One Mile at a Time at Faro Italian Grille. Between this and a smaller event in June, Ganong donated more than \$12,000 to the Anderson Ganong Cancer Center at LRGH. Pictured left to right: Faro Italian Grille Manager Bri Heney; LRGHealthcare Special Events Manager Becky Doherty; Brenda Ganong; LRGHealthcare Vice President of Clinical Services Marge Kerns; and long-time Brenda’s Ride planner and friend MaryEllen Prescott.

planning,” explains Ganong.

“We are so grateful to everyone who has supported Brenda’s Ride and local patients battling cancer over the years. From sponsors to riders, to some of our favorite bands, to those who donated auction items and food or volunteered their day, we thank you. Lastly, I’d like to extend a huge thanks to everyone at Faro Italian Grille for being the gracious host of Brenda’s Ride for many years. You all will do a great job continuing this event and I will most definitely be there to lead the ride,” adds Ganong.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

Ryan Lafrance inducted into AIC Athletic Director's 3.0 Club

SPRINGFIELD, Mass. — Ryan Lafrance, of Gilford, was inducted into the American International College (AIC) Athletic Director's 3.0 Club. The AIC Athletic Director's 3.0 Club Induction is an annual ceremony, held at the beginning of fall semester, that recognizes those student-ath-

letes who achieve a 3.0 cumulative GPA or better after attending AIC for one year or more.

Founded in 1885, American International College (AIC) is a private, co-educational, master's institution located in Springfield, Massachusetts. AIC is an interfaith, interra-

cial, and international educational institution comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

tients have and will continue to receive assistance. The impact has been enormous and we at LRGHealthcare are honored to see and hear the name Anderson Ganong Cancer Center each and every day at the hospital,” adds Kerns.

Brenda’s Ride will continue next August, but with the staff at Faro Italian Grille at the helm, planning the event.

“Brenda’s Ride has had a great run for 15 years but it’s time for me to step away, at least with all of the

It took a Village to rebuild a local favorite.

Collaborators include l to r: Ward D'Elia, Samyn and D'Elia Architects, PA; Chris Maroun, Miracle Farms; Caleb King, Natt King Stoneworks; Greg Branzetti, The New Woodshed; Stephen Coombs, Coombs Historic Restoration; Jeff Downing, Conneston Construction; Marcus Weeks, MVSB

Following the loss of the original Woodshed restaurant in 2013, a team of local businesses and skilled tradesmen worked together to craft The New Woodshed. The team was brought together by vision and passion – united in a desire to create a space that was modern and traditional at the same time. They also shared a partner that epitomizes modern banking based on time-honored values, Meredith Village Savings Bank.

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COURTESY

Lakes Region Rotary donates \$10,750 to local charities

Chris Haddock, President of the Lakes Region Rotary Club recently presented checks totaling \$10,750 to local charities including Lakes Region Scholarship Foundation, Granite State Children’s Alliance, The Cure Starts Now, Make-A-Wish NH, Laconia Endowment Educational Foundation and Lakes Region Rotary Youth Leadership. Lakes Region Rotary meets on Tuesday mornings at 7 a.m. at The Water Street Café in Laconia. For more information about what Lakes Region Rotarians have been working on, visit LakesRegionRotary.org, find them on Facebook or join them for breakfast.

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Christine Asbury promoted to Learning and Development Officer at New Hampshire Mutual Bancorp

MEREDITH — Christine Asbury has been promoted to Learning and Development Officer at New Hampshire Mutual Bancorp (NHMB). Previous to this position, Asbury was Branch Services Representative at the Alton office for Meredith Village Savings Bank (MVSb). In her new role as Learning and Development Officer, Asbury oversees the planning and execution of learning and professional growth, workplace engagement and leadership development at NHMB and its subsidiaries – MVSb, Merrimack County Savings Bank (the Merrimack) and MillRiver Wealth Management.

“Christine is a great addition to the Human Resources team, as she brings her extensive experience, enthusi-



Christine Asbury

COURTESY PHOTO

Quality Control for the Jackson Laboratory, an independent, nonprofit biomedical research institution in Bar Harbor, Maine.

Asbury has a BS in Environmental Studies, with a Minor in Chemistry and Marine Biology from University of Maine. She is an active volunteer for the Cocheco Valley Humane Society in Dover. She has also served as an active volunteer in a wide variety of roles at the Hancock County Emergency Management Agency in Ellsworth, Maine.

New Hampshire Mutual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other’s strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSb and The Merrimack. NHMB combined assets total more than \$1.6 billion.

Central NH VNA & Hospice receives support from Laconia Emblem Club #80

LACONIA — After more than 60 years of service, the Laconia Emblem Club #80 will be closing its doors. In a final act of generosity they are disbursing their assets. Representatives Marilyn Dunn and Sandy Bolduc presented a \$3,000 check to Central New Hampshire VNA & Hospice for their Young Family Program. Thank you Laconia Emblem Club for all the amazing support you have shown the Laconia community throughout the years.



COURTESY

After more than 60 years of service, the Laconia Emblem Club #80 will be closing its doors. In a final act of generosity they are disbursing their assets. Representatives Marilyn Dunn and Sandy Bolduc presented a \$3,000 check to Central New Hampshire VNA & Hospice for their Young Family Program.

About Central New Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is “Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services.” Central New Hampshire VNA & Hospice has served Lakes Region communities since 1918 and provides Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice

program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

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LRGH Auxiliary gearing up for 16th Annual Fall Craft Fair

LACONIA — The 16th Annual Lakes Region General Hospital Auxiliary Fall Craft Fair is being held on Saturday, Oct. 21 in the Laconia High School gymnasium from 9 a.m. to 3 p.m.

Shoppers can enjoy the works of juried and non-juried artisans and crafters from all over New England, boasting hand-crafted and specialty items. The event offers sizeable raffles,

COURTESY

(Right) LRGH Auxiliary board members, left to right; Kathy Collins, Nancy Morrill, Colleen Hartigan, Sue Dalton, Barbara Tuttle and auxiliary president Nancy Paterno make final preparations for the 16th Annual LRGH Auxiliary Craft Fair being held on Saturday, Oct. 21 from 9 a.m.-3 p.m. in the Laconia High School gymnasium.



MARK ON THE MARKETS



BY MARK PATTERSON

Couple of weeks ago, I was listening to the financial channel on the radio in my car when the commentator said, “the markets have closed up, a record 13 days in a row, into record territory, the last time this happened was in 1987”. My ears perked up when I heard that statistic because I remember that Oct. 19, 1987 was a devastating day for eq-

Black Monday

uity markets not only in this country but around the world.

First off let me state that I am not trying to scare anyone into believing that the parallels I am drawing between 1987 and almost 30 years later are going to repeat. I like history and I like statistics, so consider this nothing more than food for thought.

In the mid-’80s, we were involved in a very fast economic recovery with a President who expanded the economy after the recession of the 70s and early 80s. If you wanted to work in this country, there was a good paying job for you. The US dollar strengthened, inflation picked up which in turn created a higher interest rate environment. In August 1987, the Dow Jones industrial average peaked, and multiples, otherwise known as price earnings ratios were expanding. When you get multiple expansion, you need the actual earnings to keep up or you’ll have contraction in the markets. Many of these earnings are based on forward-looking numbers.

Oct. 15, 1987, Iran hit our supertanker “Sungari” flown under a Liberian flag and SEE **MARKETS** PAGE A15

homemade baked goods, and everyone who attends has a chance to win a \$200 Tanger gift card, compliments of the LRGH Auxiliary. Refreshments from Annie’s Café and Catering will also be available.

Hosted every October, the event coincides with National Breast Cancer Awareness Month; proceeds benefit the LRGHealthcare Breast Health Program and other auxiliary projects. Admission is free, but donations are gladly accepted. For more information, please visit lrgh.org or contact the LRGH Auxiliary at 524-3211, ext. 3663.

Boston Comedy Festival winner to appear at Pitman's

LACONIA — Comedy returns to Pitman's Freight Room, Sat. Oct. 7 at 8 pm, with a great show starring Graig Murphy who is a regular at the top clubs in Boston as well as playing Las Vegas, and joining Murphy will be newly crowned 2017 Boston Comedy Festival winner Drew Dunn.

Tickets are \$20 and may be obtained through Pitman's Web site at www.pitmans-freightroom.com, by calling 527-0043, or emailing msmith789@comcast.net. Pitman's is a bring your own food and drinks venue.

Murphy is a Boston star who plays Las Vegas, Atlantic City, has been seen on Comedy Central and heard on Sirius XM radio, WEEI and more.

Dunn is fresh off a win in the Boston Comedy Festival who is headlining regional rooms and soon to be headed for stardom.

"We are fortunate to have these two top performers," said Pitman's owner Dick Mitchell, referring to the double headliner event. "Both comedians bring a great deal of energy to the stage. This will be a fun night."

Murphy will appear at Pitman's Freight Room in Laconia (94 New Salem St.) Saturday, July 15 for a 9 p.m. performance.

WE NEED YOUR HELP

Auction items & monetary donations still needed!!

What can I donate?

Things! (Boats, cars, coolers, paddle boards, Adirondack chairs, patio furniture, anyTHING),

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Raffle tickets, baskets, candles, artwork, quilts, photography sessions, furniture, sporting event tickets, gift cards, clothing, food, etc

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If you would like to help, items can be dropped off at Gilford Elementary School. Check donations can be made out to The Gilford PTA and mailed to:
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Monday; \$16 on Saturday and \$18 on Sunday. Seniors are free
on Thursday and Friday; \$5 on Saturday-Sunday; children
under 12 are free with paying adult
Online: www.lancasterfair.com

HOPKINTON STATE FAIR

Friday, September 1–4, 2017

Location: State Fairgrounds, Contoocook
Tickets: \$12 for ages 5-12, \$10 for seniors 60+,
\$8 for youth 13-19, children 4 and under are free.
Four day passes are available.
Online: www.hsfair.com

HILLSBOROUGH COUNTY AGRICULTURAL FAIR

Friday, September 8-10, 2017

Location: 15 Hill Dale Lane, New Boston
Tickets: \$10 for ages 13 and over, children 6-12 and
seniors are \$5, children 5 and under are free
Online: www.hilldalefair.com

DEERFIELD FAIR

Thursday, September 28 –
Sunday, October 1, 2017

Deerfield Fairgrounds
Route 43, Deerfield
Tickets: \$10 for ages 13+;
ages 12 and younger are free
Online: www.deerfieldfair.com

SANDWICH FAIR

Saturday, October 7-9, 2017

Sandwich Fairgrounds
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Tickets: \$10 for adults,
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Online: www.thesandwichfair.com

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FARMER’S

(Continued from Page A1)

LaCroix said the project was completed in a couple weeks.

The shingles are Alaskan cedar and have more of a yellow color, though both La-Croix and Landry said they should get more of a weathered look over time.

Lacroix and Landry said they loved the results.

LaCroix said they appreciate that Carol Anderson wrote the LCHIP grant three years ago that got them the award.

Overall, the market market has become a big social occasion for community members

“We notice when people do come they greet each other over coffee and chitchat,” LaCroix said.

The market has also been an opportunity for community members to start selling their creations.

Jason Paltanavich of Gilford has been selling his metalwork items for the past two years. He used to make knives and bought a forge to work his own metal for the knives. He ended up making other iron items instead.

His wife, Amber LeTorre, said she would bring her daughter to the Gilford Farmer's



The Farmer's Market helped raise money to redo the Benjamin Rowe House's roof.

Market one year and they decided to bring Paltanavich's items to the fair.

Since then, he has been selling his creations in more places including the Shaker Village Arts Fair, the Gilford High School Holiday Fair, and a few local stores.

“I love being part of the community; I've had a lot of repeat customers,” Paltanavich said.

LeTorre said if someone wants a custom made item, the couple can take the order at one fair and have it for the customer the next week.

LeTorre also said they moved to Gilford two and a half years ago and this has helped them meet a lot of people.

LaCroix said keep-

ing up that community camaraderie is a big reason why the Gilford Community Church and the Gilford Youth Center holds the winter market.

The summer market will be returning next year. Landry said they are already coming up with ideas for some new features, including some extra seating and maybe someone to offer lunch.

“We're always looking for extra people to serve on the committee,” Landry said.

People will still be able to get fresh produce and handmade food and items in an indoor environment. The Winter Farmer's Market will start at the GYC on Oct. 14, and will run through January.

BELLOWS ROW

(Continued from Page A1)

Eddy said he went down that road to get a look at it and said it would not be an easy road to clear. Because of the narrow width another kind of truck different from what the Public Works has now would have to clear it. It is also steep, Dunn said it is around a 14 percent grade.

The question would be whether to say it is in fact a Class VI road and continue not plowing it, or say it is a Class V road and plow it. Eddy said he knows the residents spend a lot of money to get that road plowed and that they pay a lot of taxes. He said, however, the road is a short road and would be hard for the town to maintain.

“On the other hand, if it's never really been maintained by the town, why would we start

now?” Eddy said.

Selectman Gus Benavides echoed Eddy's statement and encouraged action on this.

“I don't want anyone, 14 years later, looking back at this board and saying 'why didn't they make a decision one way or the other?’” Benavides said.

Dunn said it would be the right thing to do to make a decision. The process has been that if the road was never maintained the town would continue the status quo and say the road is Class VI. He said if they did decide to make it a Class V road that could be subject to litigation if someone didn't agree.

Selectman Richard Grenier said the town would eventually be taking on more responsibility if they declare

this road Class V.

“If we make a declaration for anything above a Class VI road, we're going to have to more than just plow it; we'll have to do drainage and ditching and grading for 200 feet,” Grenier said.

Another concern is declaring Bellows Row a Class V road could set a precedent.

“As soon as you do it for one, there's going to be a long list of people coming in wanting you to do it for them as well,” Dunn said.

Eddy said if they make this a Class VI road he would rather that decision was formalized through a motion. Dunn said he could prepare a document for the board to decide on. Grenier said he would want to see that document and finally make a decision on this.

HUNGER

(Continued from Page A1)

goal of helping the surrounding communities showed the generosity of our towns.”

President Tyler Hanf agreed that it was a successful endeavor and they are hoping the team can carry on this drive in years to come. He said there are still some kinks to work out, but the group is pleased with the direction.

“The food/fundraiser went well, however due to various fundraisers that occurred close to N.H. Tackles Hunger, it was hard for people to repeatedly bring food in,” Hart said. “Also, a bit more time of advertising would have improved results.”

Acquilano became

aware of the N.H. Tackles Hunger initiative through Jamie Staton at WMUR and said it is something he holds dear to him.

“There is obviously a need in our communities and others to help people down on their luck,” Acquilano said. “I think bringing in 500 pounds and collecting \$809 was a success. Probably another success that goes hidden is that through this endeavor we are creating community and teaching, and role modeling about helping others.”

Acquilano said he is proud of the school community as it embraces athletics. He said the support is clear, as ex-

hibited by the help of students, coaches, the greater school community and the booster club.

“As the SALT advisor, I can honestly say that the group of kids are outstanding leaders in this building,” Acquilano said. “We are still in the process of growing our endeavors and looking to add more student athletes to the group through an application process that includes coaches and teacher recommendations. We will continue to grow and keep at the forefront our mission to help to positively affect our school and greater Gilford and Gilmanton communities.”

QUILT

(Continued from Page A1)

The show also featured pieces from this year's Hoffman Challenge. Participants from all over the country took part in the challenge to utilize a specific fabric.

“Always the cream of the crop, they're always the best quilters,” Matilla said.

The Quilters Guild has collaborated with the Spaulding Youth Center where members make quilts for the kids at the center. Matilla said when a new child comes in they are asked what they like and what colors they like and members of the guild will make a quilt for that child. One of those quilts was on display: one for a little boy who Matilla said likes “hearts and rainbows and color.”

Matilla said they have seen the photos of the looks on the kids' faces when they get their quilt.

This year, they also had 10 vendors selling fabric, tools, and other quilting supplies.

Presenters showed various quilting techniques and tools at the demonstration table throughout both days.

Visitors could also stop in the café with homemade food made by members of the guild.

The event also had an appraiser where people could schedule a time to determine how much their quilts were worth. People see how much an older quilt was worth or determine how much their newly made quilt could sell for.

There was also a Quilted Treasures department where members could sell their quilted items.

Co-chair Ann Ram-



Visitors look over the quilt displays at the 40th annual Belknap Mill Quilters Guild's Harvest of Quilts.



An assortment of quilts went on display at the annual Harvest of Quilts.

pulla said planning for the show usually takes around a year. They have a wrap-up meeting in October and start the process again in February.

Framing and mounting the quilts started around 6 p.m. on Friday night.

“It takes us two days to set up and about an hour to take down,” Rampulla said.

This was the second year the show has been at the GYC. Previously, it was held at the Lake Opechee Conference Center, though the conference center closed a few years ago. Matilla said their event requires them to set up and have the quilts out Thursday or Friday and up the whole weekend, which makes finding a venue a challenge. The space

at the GYC was ideal for their needs.

“This is an excellent facility for us,” Matilla said.



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GAFFNEY

(Continued from Page A3)

He appears frequently on Fox News, CNN and BBC. Mr. Gaffney is the publisher and associate author of ‘Shariah: The Threat to

America.’

Heavy hors d’oeuvres will be served. There will be a cash bar. Tickets are \$10 by advance registration

only at belknapcountygop.org. For further information, please email alan.glassman@gmail.com.

NOTEBOOK

(Continued from Page A4)

the wharf and almost straight into Clarks-ville Pond.

Soon, I was allowed to drive the big old Chevrolet Apache truck, which in my eyes was an awesomely big vehicle, but I still preferred the old Jeep, and vowed at that tender age to have one myself some day, and I do, a ’47 with no roof and no doors that is sitting in the hay barn all ready to go, for what soon will be the last drive of the

season.

+++++

There is a certain etiquette for driving on dirt roads, which I wrote about some time ago but which a woman I met at the post office urged me to write about again.

“I’ve forgotten that business about wav-

ing,” she said.

On a dirt road you always wave, to one degree or another. For drivers you’ve never seen before, you waggle your first digit from atop the steering wheel. For someone you know, you flap up all five. For someone you know really well, especially for neigh-

SEE **NOTEBOOK** PAGE A15



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Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Reading is a cerebral experience. A good book can be exhausting and/or relaxing. It can be stressful, or it can relieve stress. You can ease back with a good book, or struggle with one. Regardless, books put your brain to work. It has an impact on you. Reading has an impact on your brain.

Yeah, yeah, a librarian would say that. But where is the science?! “How Does Fiction Reading Influence

Empathy? An Experimental Investigation on the Role of Emotional Transportation” by P Matthijs Bal demonstrates there is a correlation between reading fiction closely and feeling empathetic. The effect is more profound if the reader is able to connect with the story.

Other studies using MRI have shown that descriptive language elicits responses in the areas of the brain associated with the meaning. Words like ‘coffee’ fire up the olfactory

areas. Descriptions of pain, physical or emotional, elicit mental responses. When a reader is immersed in a story, their brain reacts in similar ways to how it would react if it was actually experiencing what the words describe.

What this means is, reading lets you experience things, at least partially, without actually being there. Your brain gets exercised in all of the relevant areas when you struggle with a book. When a character feels elation, you get a piece of it. When a character suffers, you know something about what it feels like.

Because our brains are physically changed by the way they are used, developing new neurological connections, books change us. They make us more empathetic, more able to see things from other people’s perspectives. They help us to imagine new scenarios. Books, and immersive, well written novels in particular, help the brain to experience life in ways that it couldn’t have otherwise, without actually

doing the thing. Only through books have I shared in the experience of casting spells at a dragon, or lived the life of a young African-American girl in 1967, or had tea with Jane Austen--and I remember how it felt.

So next time you pick up a book, remember, you are what you read.

Classes & Special Events Oct. 5 to Oct. 11

Thursday, Oct. 5
Play and Learn, 10:30-11:30 a.m.

Join Maria for this directed playgroup for preschoolers. We’ll read, sing, and practice various early learning skills through play. Sign up required.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Table Toppers, 2:30-3:30 p.m.

Teens can play games at the library every Thursday after school!

After School Storytime, 3:15-4:15 p.m.

For preschool through kindergarten with caregiver. Drop in. Must be a GPL cardholder.

Conversational French, 4-5 p.m.

Friday, Oct. 6
Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and a craft! Ages 3 - 5 with a caregiver, sign up required.

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Oct. 9
Closed for Columbus Day

Tuesday, Oct. 10
Baby and Toddler Storytime, 10-10:30 a.m.

Stories, songs, lap bounces, puppets and more! Children ages up to age two and their caregivers. Must be a GPL cardholder for this drop-in program.

Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and literacy activities. Children ages 3 - 5 and their caregivers. Must be a GPL cardholder for this drop-in program.

Bridge, 10:30 a.m.-12:30 p.m.

Tuesdays at the Library: Leaf Art, 3:15-

4:15 p.m.

Tuesdays at the Library is our new elementary after school program. All sessions include a book and activity. We meet three times/month, and the third time each month will be a special volunteer at the library day that will include a great snack. Sign up for one or for all! This month we will be making Leaf Art. We will collect leaves, make sun prints, and more. Ages K-4, younger ages need caregiver help/supervision.

Nightly Knitters, 6-8 p.m.

Gilford Clickers Photography Club, 6:30-8 p.m.

Wednesday, Oct. 11
Trustee Meeting, 8:30-10 a.m.

Line Dancing, 9-10:30 a.m.

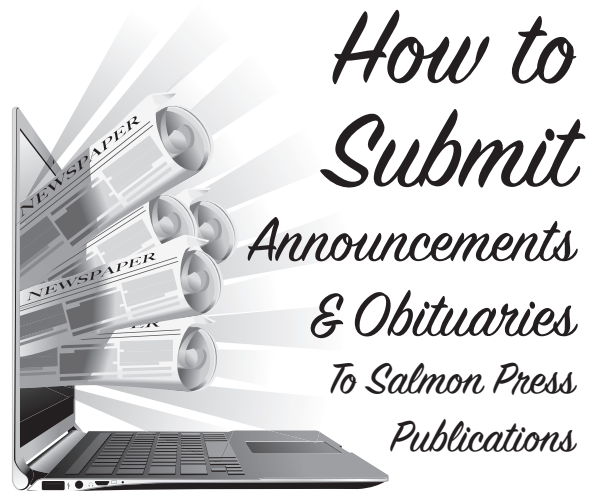
Check Out an Expert, 10 a.m.-noon

Let’s Play Teen Club, 3-4:30 p.m.

Let’s Play all kinds of games! Video games, party games, board games. Let’s talk about the games we love and the games we want to play as we play them. Teens. Gaming.

Gilford Public Library Top Ten Requests

1. “Glass Houses” by Louise Penny
2. “Trace” by Archer Mayor
3. “Haunted” by James Patterson and James O. Born
4. “A Gentleman in Moscow” by Amor Towles
5. “Crime Scene” by Jonathan Kellerman
6. “The Good Daughter” by Karin Slaughter
7. “Mrs. Fletcher” by Tom Perrotta
8. “A Column of Fire” by Ken Follett
9. “Before We Were Yours” by Lisa Wingate
10. “I Know a Secret” by Tess Gerritsen



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the submission process.*

GILFORD POLICE LOG

The Gilford Police Department responded to 191 calls for service and made the following arrests during the week of Sept. 26-Oct. 1.

1. Please note that the

names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

A juvenile, age 15,

was arrested on Sept. 27 for causing False Public Alarm and making a false report to a government agency.

Nichole Marston, age 26, of Moutonborough was arrested on Sept. 27 for Operating Without a Valid License.

William Watson, age 18, of Meredith was

arrested on Sept. 29 for Operating With a Suspended or Revoked License and Transportation of Alcoholic Beverages By a Minor.

Jill R. Slack, age 55, and Nathan G. Slack, age 43, both with no current permanent address, were arrested on Sept. 30 for Criminal Trespassing.

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NOTEBOOK

(Continued from Page A13)

bors who’ve put up with escaped livestock trampling their flower gardens, or take care of your dog when you’re gone, it’s wild gesticulating, like Dafy Duck.

The other day I had a guest in the passen-

ger seat, and I did the full hand wave for an oncoming truck, and she said, “Who was that?” and I said, “I don’t know, so I waved just in case I should.”

(This column runs in papers covering

two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

FLU SHOTS

(Continued from Page A6)

will be most common during the upcoming season. There are a few people who should not get vaccinated. These include:

Children younger than 6 months are too young to get a flu shot.

People with severe, life-threatening allergies to flu vaccine or any ingredient in the vaccine. This might include gelatin, antibiotics, or other ingredients.

Some people should check with their doctors first before being vaccinated:

If you have an allergy to eggs or any of the ingredients in the vaccine. Talk to your doctor about your allergy.

If you ever had Guillain-Barré Syndrome (a severe paralyzing illness, also called GBS). Some people with a his-

tory of GBS should not get this vaccine. Talk to your doctor about your GBS history.

If you are not feeling well, talk to your doctor about your symptoms.

Where can you get a flu vaccine? Flu vaccines are offered in many locations, including doctor’s offices, clinics, health departments, pharmacies and college health centers, as well as by many employers, and even in some schools. Even if you don’t have a regular doctor or nurse, you can get a flu vaccine somewhere else, like a health department, pharmacy, urgent care clinic, and often your school, college health center, or workplace.

Can a flu shot give you the flu? No, a flu shot cannot cause flu

illness. Flu vaccines given with a needle are currently made in two ways: the vaccine is made either with flu vaccine viruses that have been ‘inactivated’ and are therefore not infectious, or with no flu vaccine viruses at all. The most common side effects from the influenza shot are soreness, redness, tenderness or swelling where the shot was given. Low-grade fever, headache and muscle aches also may occur, but are not common.

Protect yourself and others this winter with a flu vaccination now. Always talk with your doctor first, and then check out the signs around town for providers who offer the shot. One small pinch is all it takes. You won’t be sorry.

MARKETS

(Continued from Page A11)

then hit “Sea Isle city” with a silkworm mis-sile. These events in conjunction with equity markets (stocks) that had gotten ahead of itself, a strong dollar which makes exports more expensive, program trading in the markets, and market participants (you and I) having become very complacent, all contributed to the perfect storm.

We are much earlier in the economic cycle of expansion currently, however the dollar is strengthening, interest rates are rising, we have multiple expansion in the equity markets, compounded by the fact that we have not had a meaningful market correction in over eight years.

A swift meaningful correction is not necessarily a bad thing. It allows new money to get into the markets at better pricing, and if you do not panic and sell your positions near the bottom, hopefully the equity markets can continue to move up.

If you were in a position needing to count on this money for re-

tirement income, then I may rethink my position if I am in stocks or stock-based mutual funds. If the markets were to retract and go flat such as the period between 2000 and 2011, you could potentially exhaust your money if you are relying on that money for income.

If you are in stocks or stock funds, and you are in the “red zone” for retirement you need to familiarize yourself with the theory, “sequence of returns risk”. The “red zone” for retirement is roughly 10 years until

your planned retirement date. There are ways to protect your capital that still may allow your money to grow. Contact my office if you would like to hear more about these concepts and our fee structure to manage assets, MHP works for you! Client funds are held at TD Ameritrade Institutional.

Mark Patterson is a registered investment advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

DEATHTRAP

(Continued from Page A5)

Further in “The Rocky Horror Show” and Uncle Willie in “High Society” as playwright Sidney Bruhl. Kristian Sorsensen, who last performed alongside Woods in “Peter and the Starcatcher” in the Playhouse’s 2016 season, plays his student, Clifford Anderson. Samuel Shurtleff, who recently joined the Playhouse to play Bert Barricune in “The Man Who Shot Liberty Valance,” plays the

role of Porter Milgrim, Sidney’s attorney. Broadway veteran Carolyn Kirsch, who featured in the original cast of “A Chorus Line” in addition to many other Broadway productions, plays as Helga ten Dorp, a medium who shows up at the Bruhl home. Kirsch has won three New Hampshire Theatre Awards for her work at the Playhouse, most recently winning Best Actress in a Play

and the Recognition of Playwriting Excellence award for her play, “The Waltz.” Sidney’s wife, Myra, will be played by Fleece in her Playhouse debut.

“Deathtrap” will be performed Thursday through Sunday at 7:30 p.m. with matinees on Saturday and Sunday at 2 p.m. Tickets range from \$16-\$27 and can be ordered by calling 279-0333 or online at www.winnepesaukeeplayhouse.org.

RENEWABLES

(Continued from Page A7)

energy experience using field experts and interns to assist with the site evaluations and preparing reports for the interested business owners.

“This is a fantastic hands-on educational opportunity for emerging energy professionals. We will be providing at least four different internship experiences as part of our participation in Rural Renewables,” said Sandra Jones, Co-Founder of PAREI.

“We often hear about the high cost of energy in New Hampshire -- and many businesses are not aware that renewable energy technologies are a viable option to control their costs. As New Hampshire’s only statewide organization dedicated solely to clean energy advancement, we are excited to work with farmers and small business owners to harness the economic and environmental benefits of locally produced renewable energy,” said Kate Epsen, the Executive Director of the New Hampshire Sustainable Energy Association. “NHSEA will also bring the expertise of the long-standing NH Wood Energy Council -- a group of dedicated

members leading the deployment of modern wood chip and pellet heating -- to this new program. Epsen adds, “we want to capitalize and streamline our collective decades of energy expertise for the good of our rural economy.”

The USDA Rural Development recognizes that energy efficiency and renewable energy technologies help rural businesses achieve economic sustainability. The Agency supports businesses making energy investments through REAP and has an upcoming grant deadline of Oct. 31. Technical assistance programs such as NH Rural Renewables can help prepare businesses to access these federal funds. Businesses seeking information about REAP can contact USDA Energy Coordinator Ken Yearman at (802) 828-6070 or by email at kenneth.yearman@vt.usda.gov.

Interested businesses and agricultural producers can go to www.lrcc.edu/nhrr which has commercial renewable energy information, web links, and a short survey. This survey will get the process going and will determine the

business’ eligibility for the technical assistance. For more information, e-mail nhrralrenewables@gmail.com or visit the www.lrcc.edu/nhrr web site which also has contact information for LRCC, PAREI and NHSEA, who make up the NH Rural Renewables team.

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A graphic with the text "LOVE YOUR COMMUNITY:" in a bold, red, distressed font, and "Spend Locally!" in a brown, cursive font below it. In the background, there is a stylized illustration of a house with a red and white striped awning, surrounded by several red hearts of different sizes.

Broderick inducted into GHS Athletic Hall of Fame

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — Olivia Broderick is the newest inductee to the Gilford High School Athletic Hall of Fame, as she was honored last week by her former coaches, members of her family, friends, teammates and teachers.

Broderick was inducted after Friday night's volleyball match against Plymouth by her varsity volleyball coach Joan Forge.

"Olivia is being inducted into the Gilford Athletic Hall of Fame because of the amazing and numerous athletic accomplishments she has achieved," Forge said. "Olivia was a three-sport athlete: volleyball, basketball and tennis. Her true passion was the sport of volleyball, and this is where she really excelled."

Broderick graduated in 2012 and was a member of the varsity volleyball team for three years where her teams went 55-5. She made it to the state championship



Olivia Broderick, left was inducted by former coach Joan Forge into the Gilford Athletic Hall of Fame last week.

match in her sophomore and junior years where the team was a runner-up. She came back with a vengeance in her senior year and led the team to a Division 2 ti-

tle in 2011 with a 3-1 win over St. Thomas.

During her championship season, she led the Golden Eagles to a 20-0 record. She had 19 kills in the state cham-

pionship match, leading the way to victory. Broderick had outstanding individual accolades during her volleyball career. She was a Lakes Region Volleyball Play-

er of the Year, twice a first team All-Stater and a member of the 500 kills club.

Broderick was named to the senior All Star Team, was an MVP her junior and senior year, and was named Division 2 Volleyball Player of the Year during her final season.

Broderick ended with 552 kills, .268 hit percentage, 107 blocks, 91 percent serve average, 59 aces and 449 digs.

Switching courts from

volleyball to basketball, Broderick played four years under coach Rick Forge. She was a member of Gilford's first state championship team as a freshman. She was also a member of the tennis team where she went from number six singles to number three between her junior and senior year, and recorded a number of wins.

"Olivia leaves behind a legacy as an athlete at Gilford High School," Forge said.

Eagles and Bears fit to be tied, again

BY BOB MARTIN

Bob@Salmonpress.news

TILTON — When it comes to field hockey games between Gilford and Winnisquam, there have been some tight battles between the teams over the years. Last week was no different, and it resulted in a 0-0 tie.

It was a heated bat-

tle right from the beginning, with tempers and emotions running high at times on the field. There was great defense by both the Golden Eagles and the Bears, and no matter how hard they tried, the players couldn't seem to find the back of the net. Both teams

SEE FIELD HOCKEY PAGE B3



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Gilford volleyball dominates a pair, falls in close one

BY BOB MARTIN
Bob@salmonpress.news

GILFORD — The Gilford High School volleyball team had three games last week and while the Golden Eagles beat Kennett and Plymouth in dominant fashion, they sputtered against undefeated Milford and lost a 3-2 nail biter.

On Sept. 25 Gilford traveled to Kennett and beat them 3-0 for the team's sixth straight win with dominant scores of 25-9, 25-4 and 25-6. It was not much of a surprise to see Gilford, which is one of the top teams in Division 2, beat Kennett who has struggled all season without a single win.

Gilford served 27 aces, which was just two shy of the school record. The Golden Eagle offense only committed one error out of 47 attempts, with 22 kills. Karly Sanborn and Naomi Eldridge combined for 16 assists. Brooke Beaudet led the way with five kills, five digs and was 16 for 17 on serves. Other key contributors included Maggie McNeil with nine aces, Lindsey Sanderson with four kills and Abby Warren with four kills and a dig.

Two days later Gilford hosted Milford in what was the team's toughest game of the season yet. The Golden Eagles gave the top ranked Milford squad a run for its money by winning the first game 25-15. Milford took the next two games with scores of 25-17 and 25-13, but Gilford battled and came back with a game four 25-16 win to force a fifth game. Milford edged Gilford out with a 15-12 win.

In the first game Beaudet had six kills, McNeil had three points and Abby Warren and Sanborn had a kill apiece. The Golden Eagles struggled serving in the second and third games, which is

uncharacteristic for the team. Milford, on the other hand, had 11 aces.

In game four Gilford was on fire and were led by Beaudet's five kills, McNeil's two kills and Lexi Boisvert's two kills and a key block.

The final game saw Milford jump out to a 5-0 lead but Gilford was persistent and came back to tie the game at 12-12. Beaudet, McNeil and Boisvert led the way with key kills and blocks. Milford won the match after serving up two straight aces to finish the game.

On the day Beaudet had 19 kills, one block, 16 digs and an assist. McNeil had eight blocks and 19 digs. Boisvert had five kills, five blocks and 17 digs to go along with an ace. Sanborn had 26 assists and eight digs.

The loss was only the second of the season, with the other being to Windham to start the fall campaign. Both losses are against top four teams and went the five-game distance.

Gilford hosted Plymouth on Sept. 29 and won 25-20, 25-20 and 25-12. It was the second win of the season against the Bobcats. The Golden Eagles had a great day serving, with a 95 percent clip and 15 aces. Boisvert had five aces and McNeil and Bailey Hildreth had three each. McNeil also had 10 kills, while Beaudet had eight.

The game saw Plymouth getting a 4-1 lead early but Gilford would come back to tie the game 12-12 thanks to a kill by freshman Lindsey Sanderson. The team took off and never looked back for the win.

The second game was close, but Gilford won thanks to strong play by McNeil, Beaudet and O'Connor. The third game was no contest, with Beaudet once again leading the way on offense. Sanborn had 21 assists in the match.

Gilford's record was 7-2 before facing Oyster

River and Laconia earlier this week, with the

games taking place after deadline. The Gold-

en Eagles host King-swood on Friday.



Shaun Edson helped Gilford in a pair of wins over Belmont and Laconia with a 49 last week.

BOB MARTIN



Hunter Wilson shot a team high 44 on Wednesday to lead the Golden Eagles last week.

BOB MARTIN



Taylor Anderson tees off on his first shot of the day at a match in Campton.

BOB MARTIN

Gilford aiming to make state tournament

BY BOB MARTIN
Bob@salmonpress.news

GILFORD — Gilford hosted Lebanon, Prospect Mountain and Derryfield on Sept. 25 and while the Golden Eagles shot a respectable 192 as a team, the team went 0-3 on the day. It was a day with three tough opponents, particularly Derryfield, who at that

point had yet to lose and had the high score on the day with a 165.

Leading the Golden Eagles was Shaun Edson and Hunter Wilson who shot 45s. Brady Reynolds also had a strong showing with a 47.

On Sept. 27 Gilford traveled to Campton

where the Golden Eagles pulled off a pair of wins against Belmont and Laconia. Gilford shot a 193 on the day, coming in second to host Plymouth, which had a 181. Leading Gilford was Wilson with a 44, Reynolds with a 48, Edson with a 49 and Brendan Bergman

with a 52.

The Gilford High School golf team was on the bubble of making it to states after being in 10th place at deadline.

"Every win counts now that we are here at the end of the season," said coach Tom Carr.

Gilford boys win at Prospect Mountain

BY BOB MARTIN
Bob@salmonpress.news

ALTON — Gilford High School runners competed and did well in the cross country meet at Prospect Mountain High School on Saturday, with the boys' team winning the meet and having several runners place high in the standings.

The Golden Eagles were led by Michael Wernig, who placed sec-

ond with a time of 18:01 - just one second behind the race winner. He was followed closely by Jonas Bilodeau with a time of 18:07 and Eddie Demers with a time of 18:08.

For the girls' team, there were only four runners so Gilford did not place as a team, according to coach Janine Powis. Madison Relf led the team with fourth place finish with

a time of 21:52. She was followed by her twin sister Elizabeth Relf, who placed seventh with a time of 22:53.

"I think this was our best race of the season so far," Powis said. "It is a flat course so it definitely showed some more speed. I think everyone looks strong and everyone looks good running. It was a fun race to watch because they all did really good."

Powis said the team has been progressing well this fall and she thinks the team took a big step forward on Saturday.

"I think it was a big confidence booster," Powis said. "We are transitioning into the bigger meets now so they need to be rested for these races. So this was a good boost for them, and they are starting to see what all the tough workouts have been doing. I think it was a turning point for the better."

OCTOBER

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Gilford soccer teams both pick up wins

BY BOB MARTIN
Bob@salmonpress.news

GILFORD — The Gilford boys' soccer team only played one game last week, which was a 3-0 win over Somersworth. The win was part of a recent tear by the Golden Eagles, as it was their fourth straight shutout win in a time period where Gilford was outscoring its opponents 10-0.

Gilford traveled to Somersworth on Sept. 26 in a battle of a couple



Micaela Niskala kicks the ball upfield against Prospect Mountain.

great teams in Division 3. Somersworth was 5-2-1 coming into the game and Gilford coach Dave Pinkham knew going in that the team was nothing



Sophie Leggett fires off a shot against Prospect Mountain last week

ing to scoff at. He was pleased with the win and is happy with the direction of his squad, which had only lost one game all season at deadline.

Goals from Gilford included Tyler Hanf from Patrick O'Connor at the 6:30 mark. Colton Workman scored at 31 minutes into the game on an assist from Shea Therrien. At the 54-minute mark, Patrick O'Connor scored a goal from an assist from Adam Donnelly.

"I felt we were more consistent and played hard for 80 minutes," said Pinkham, who added that it was an all-around good team performance both offensively and defensively.

Gilford has had some

time to rest, with the game being the only one in a two-week period. Pinkham said the resting point couldn't have come at a better time, as the team has been battling illness and injuries.

"It's allowed us the opportunity to get everyone healthy and be able to emphasize a great deal of conditioning," said Pinkham.

Gilford next faces Campbell on Oct. 5 at 4 p.m. in front of a home crowd.

The Golden Eagles girls' soccer team finished off the week with a 3-1 win over rival Inter-Lakes, following a 2-0 loss to Prospect Mountain earlier in the week.

Gilford hosted Pros-

pect Mountain on Sept. 26 and never had a chance to get on the board. Prospect Mountain went up quickly on the Golden Eagles, scoring twice early in the first half, but coach Tom Raymond was happy with the defensive work the team exhibited.

"We even had some chances of our own that went off the crossbar, and we just missed a corner kick," said Raymond. "They beat us 4-1 before pretty easily so this was an improvement."

The win against Inter-Lakes came on Sept. 29. There were two goals in the first half, both off corner kicks. The first goal was by Gwen Knipping with the second being by Taryn Breton. Both goals were assisted by Sophie Leggett. In the second half, Inter-Lakes had a hand ball outside the box, which led to a free kick with Leggett scoring on the kick.

Gilford had a 5-6 record at deadline. The Golden Eagles travel to Belmont on Saturday at 1 p.m.

FIELD HOCKEY

(Continued from Page B1)



Jillian Lachapelle fires a shot during a 0-0 tie to Winnisquam.



Julie Auld dribbles the ball between Winnisquam defenders.

had a number of scoring opportunities in both halves, as well as in overtime.

In the final 20 seconds of overtime, it appeared that Gilford had a solid chance to take the win with a free shot taken by Emily O'Connor, but she couldn't put it in the goal. Time wound down and it ended with a hard fought tie.

Gilford coach Dave Rogacki said after the game that it was a classic Gilford/Winnisquam matchup.

"I've been here for seven years now and every time we play it is close," Rogacki said. "Last year the same thing happened with a tie. It's just one of those things where we have two teams with good skills, and we will always keep moving, moving, moving. Like I told the kids, when you go 3-0-1 with two overtimes in this type of heat we have been facing, they have done a good job. It says a lot about the kids' character."

Nicole Berube agreed with Rogacki, saying she is proud of the ability the team has had moving the ball down the field, but said putting the ball in the net is still something that needs to be worked on.

"We've had some trouble converting these past few games, but we've been spreading out better and the wings are doing better keeping it downfield," said Berube. "It is great improvement

from where we were at the beginning of the season."

Rogacki said it was a successful week, but he admitted he hoped the girls could have come away with the win. He acknowledged that there were some definite scoring opportunities, but he gave also gave credit to the strong play of coach Cheri Snow's Winnisquam squad.

"I am very proud of this group," Snow said. "Having cards on us, and playing short as much as we have, the girls held their ground. They are a very strong team, very knowledgeable and have a great skill level. We just need to fine tune some stuff and keep focused."

On Sept. 25 Gilford traveled to Berlin and won 2-0. Julie Auld scored 20 minutes into the first half from a

pass from Laurel Gingrich. Kellie Ryan scored 10 minutes into the second half off a pass from Berube.

"The defense did a good job limiting Berlin to only one corner in the second half," Rogacki said.

On Sept. 27 Gilford hosted Hopkinton and won 2-1. Hopkinton had an early lead but Auld tied the game up with nine minutes left to force the overtime. The goal was assisted by Berube. Kellie Ryan scored with five minutes left in overtime off another Berube pass to give the Golden Eagles win number 10 on the season.

Gilford travels to Newfound on Thursday for a tough matchup against one of the strongest teams in Division 3. Newfound had yet to lose a game as of deadline.

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Tomlinson named captain of RPI hockey team

TROY, N.Y. — Rensselaer Polytechnic Institute (RPI) student-athlete Shayna Tomlinson of Gilford has been selected as a captain of the women's ice hockey team for the 2017-18 season.

A forward, Tomlinson is the team's top returning scorer from a season ago, collecting six goals and 11 assists for 17 points. She had three power play tallies and was assessed 15 minor penalties for 30 minutes, with 95 shots. In 20 ECAC Hockey contests, Tomlinson netted six goals with seven assists for

13 points. The former Assabet Valley standout has played in 97 career games at Rensselaer, recording 17 goals and 32 assists for 49 points.

Rensselaer tied the University of Montreal, 2-2, last Saturday in exhibition play. The Engineers travel to Ohio State for a two-game series on Friday and Saturday.

Founded in 1824, Rensselaer Polytechnic Institute is America's oldest technological research university. For nearly two centuries, the Institute has been a driving force behind

breakthroughs in engineering and science in virtually every arena from transportation and infrastructure to business, medicine, outer space, and cyberspace.

As it approaches its bicentennial anniversary, the Institute continues to define The New Polytechnic, a new paradigm for teaching, learning, and research that uses advanced technologies to enable fresh collaborations across disciplines, sectors, and regions, in order to answer the global challenges of the day.

Lakes Region United put goals on the baord

REGION — In New Hampshire Soccer League action, Lakes Region United reported plenty of goals the weekend of Sept. 23 and 24.

In the boys' U11 divi-

sion two/three, Lakes Region United beat Hampstead Hurricanes 9-0.

In the boys' U13 division one/two, Lakes Region United fell to Wind-

ham 3-1.

For the girls' U15 division two/three, Lakes Region United finished with an 8-1 win over Spartan Pride.

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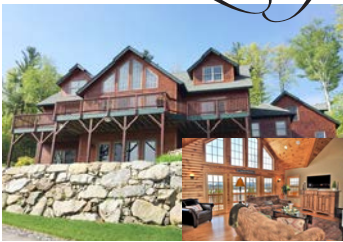


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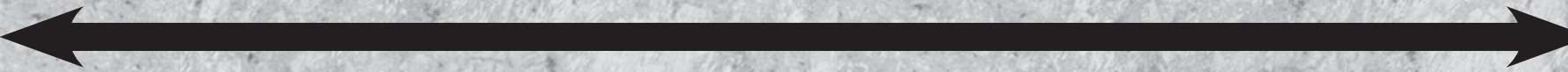
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