

## Sununu, Edwards top Gilford choices

BY ERIN PLUMMER  
mnews@salmonpress.news

Gilford voters generally favored the Republican candidates in the midterm election.

Voters took to the polls at the Gilford Youth Center on Tuesday to cast their ballots for their choices of candidates. For governor, Chris

Sununu was the overall winner in Gilford, as he was statewide. The Republican incumbent received 2,299 votes against 1,399 votes received by

Democrat Molly Kelly and 34 for Libertarian Jiletta Jarvis.

For representative in Congress, Republican Eddie Edwards received the most votes in Gilford with 1,878 against 1,793 for Democrat and eventual district-wide winner Chris Pappas and 44 for Libertarian Dan Belforti.

For Executive Councilor, Republican incumbent Joe Kenney was the choice of Gilford voters with 1,982 votes, while

Democrat Michael Cryans, who ultimately won election to the influential District 1 Council seat on his fifth attempt, received 1,544 and Libertarian Tobin Menard received 75.

In the race for State Senator for District 7, Republican victor Harold French received 1,935 votes in Gilford, while Democrat Mason Donovan received 1,669.

For State Representative in Belknap District 2, Gilford voters chose

Republicans, and eventual winners, Harry Bean, Glen Aldrich, Deanna Jurius, and Jonathan Mackie. Bean received 1,810 votes, Aldrich received 1,798, Jurius received 1,729, and Mackie received 1,666. On the Democrat side, Diane Hanley received 1,603 votes, Dorothy Piquado received 1,582, Rosemary Uiker received 1,549, and Stephen McBrian received 1,310. Independent

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COURTESY

### What Lions do

Mike Adams of the Laconia/Gilford Lions Club assisted members of the Bridgewater, Mass. Lions with an unusual service project: "They were in Laconia to pick up a handicap wheelchair ramp for a person in their area who has had two strokes. Somehow they learned of an individual with such a ramp here. We're glad they asked for help. Good work Bridgewater Lions!" Jim Campbell of the Bridgewater Club added, "Only three of us could fit in our truck so we needed aid. The ramp was installed in Bridgewater and now the woman can go for her dialysis—three times a week—much easier." "It's all part of our Club mission to serve others," Mike explained. "It's what Lions do." The Laconia/Gilford Lions typically meet on the first & third Thursday of each month at the Community Meeting Room of the Laconia Police Dept. To learn more, call 528-2663 or check out our Facebook page. Pictured, from left to right, Laconia/Gilford Lion Mike Adams and Bridgewater, Mass., Lions Ben Ellis, Carl Hansen & Jim Campbell.

## Holiday, baking, and sports programs coming to the GYC

BY ERIN PLUMMER  
mnews@salmonpress.news

Basketball, cooking, and a bunch of holiday activities are on the calendar for the Gilford Youth Center.

The GYC has scheduled a number of different programs and activities for people of all ages through the months of November and December.

The Gilford Fall Farmer's Market is continuing for another

year. On Nov. 17 and Dec 15 vendors will sell their goods in the GYC gym from 9 a.m.-noon.

Kids ages five to 14 can sell items at the Kids Market on Dec. 15 from 9 a.m.-noon.

A new session of Junior Chef will start soon. "Junior Chef: Around the World" will be a holiday baking program for kids in grades one through four. There will be five

sessions starting Nov. 19.

The 11th annual Turkey Trot will take place on Thanksgiving morning. In the annual tradition runners and walkers will take off on a 5K from the GYC to kick off their holiday.

The GYC will be turned into a center for holiday fun during Santaland Nov. 30-Dec. 1.

The GYC is offering a number of different basketball programs for kids. The Gilford Globetrotters is a program for kids in grades K-1. In December there will be a basketball program for preschoolers. Different Tune Up basketball programs will be available for students in grades 1-4, middle school girls, and high school boys.

The GYC will be partnering with Gilford Physical Therapy and Spine Center to offer "Lets Get Ready to Ski and Snowboard," a fitness program that helps get adults

SEE GYC PAGE A9

## Streetcar Company tackles Shakespeare's "Macbeth"

BY ERIN PLUMMER  
mnews@salmonpress.news

"Something wicked this way comes" to the stage at the end of the month, when Streetcar Company presents "Macbeth," its first ever serious foray into the works of William Shakespeare.

The classic tale of the Scottish nobleman who is pushed to murderous ambition by a prophecy and the manipulation of his scheming wife will come to the stage at Laconia High School Nov. 30 and Dec. 1 and 2.

Streetcar has never done a Shakespeare play before. Director



ERIN PLUMMER

Brendan Berube (standing) as Macbeth and Frank Stetson as Macduff rehearse their climactic sword fight for the Streetcar Company's upcoming production of "Macbeth."

Paul Ayer raised the idea of doing "Macbeth" during the board's annual "pitch" meeting, where members are welcome to pitch their show ideas for the following season. The fact that the Bard's works are in the public domain convinced the board to take a chance on the show, provided Ayer agreed to direct it.

Ayer has been in six different Shakespeare plays, both in college

SEE MACBETH PAGE A9

### Early deadlines for Thanksgiving

The offices of the Gilford Steamer will be closed Thursday, Nov. 22 in observance of Thanksgiving. Due to the holiday, that week's edition will arrive in subscribers' mail boxes a day earlier than usual, on Wednesday, Nov. 21.

In order to accommodate our accelerated press deadline for the week of Thanksgiving, the submission deadline for any press releases, letters to the editor, and obituaries intended for publication on the 21st has also been moved up one business day, to Friday, Nov. 16 at 4 p.m. Submissions can be dropped off in person at our offices, located at 5 Water St. in Meredith, or e-mailed to Editor Brendan Berube at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).

Please note that any submissions received after 4 p.m. on the 16th will be held for publication on Nov. 29.

For information on the holiday deadlines for display advertising, please contact Beth Tobyne in Sales at 279-4516, ext. 110 or [beth@salmonpress.news](mailto:beth@salmonpress.news).

The staff of the Gilford Steamer thanks our readers and advertisers for their cooperation with our holiday schedule, and wishes the community a safe a happy Thanksgiving.



ERIN PLUMMER

Michelle Rizzitano with Wyatt, four, and Pyper, five, visits with friends at the GYC's Character Breakfast.

## Children join animated friends for breakfast at GYC

BY ERIN PLUMMER  
mnews@salmonpress.news

Families could join old friends like Minnie, Olaf, Elmo,

and Donald and Daisy Duck for breakfast during a special event hosted by the Gilford Youth Center.

The GYC held its regular Character Breakfast on Saturday morning, inviting families to join in

for fun and food.

Volunteers served a pancake breakfast buffet. Children SEE BREAKFAST PAGE A10



Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

Hygge is pronounced ‘hoo-ga.’ I’ve been asked how to say it so many times since the “The Little Book of Hygge” by Meik Wiking became a best-seller. He put the pronunciation right on the cover of his book to prevent ignoramuses like myself from saying ‘hig-e’ or some such thing. It’s a Danish and Norwegian term for which there is not a perfect, one-word translation. It is a feeling of comfort, conviviality, safety, and contentment. It’s used when talking about the clothes, food, people, and places that make us feel at home and at peace. What a wonderful concept to match a wonderful way to live. Meik Wiking is the CEO of the Happiness Research Institute in Copenhagen. They publish subjective happiness indexes and consult with governments and nonprofits to help increase happiness. His book follows in the wake of the World Happiness Report, which declared to the world how happy the populations of each country are. According to the reports, the happiest countries in the world are consistently Scandinavian countries, with Switzerland, Canada, New Zealand, and Aus-

tralia in there too. So, what’s their secret? Aside from living in a country with a stable government, relatively high income per capita, quality services, healthy life expectancy, freedom, and a trusting and generous population, Meik explains that the secret is candles. Turn down the bright lights, shut off the phone screens, grab a soft blanket and read a book with some candles glowing. Have a cup of mulled cider and put on some lofi chillhop to really set the mood. Improve on that by having a loved one there with you. Happiness is not always about the future. Meik wants you to appreciate what you have instead of what you could or will have. Don’t be passive and hope that happiness will come to you. You have the power right now to make your day hygge. It does not come from one thing. You can make your atmosphere more cozy, but it isn’t hygge if you aren’t there enjoying it. Meik points out in his book that most of our happiest memories are shared with others. To enjoy the company, you have to break the barriers, forgive one another, recognize each other, and be at peace. One of the most interesting

aspect of this comfort is knowing that you are safe and sheltered. You know that feeling when it’s dumping snow out and you have nowhere to go and nothing to worry about until the next day?--That’s hygge. All of this is covered in “The Little Book of Hygge,” so we thought it would be a comfy read for our Dec. 6 book club. Just as things get cold, we can learn to enjoy some warm socks and relax by the fire. Oh, and Meik Wiking followed “The Little Book of Hygge” up with “The Little Book of Lykke.” Before you can even ask, Meik wrote that ‘Lykke’ is pronounced ‘look-ka.’ It means, simply, happiness.

**Classes & Special Events Nov. 15-22**  
  
**Thursday, Nov. 15**  
Yoga Fun, 10:30-11:30 a.m.  
Come breathe and learn yoga with your child ages two to five through songs and movement. Sign-up required.  
Brown Bag Book Discussion, 12:30-1:30 p.m.  
This month's book is In the Unlikely Event by Judy Blume, described as " ...a heart-felt novel intended to be heartwarming..." Copies are available at the front desk, and the discussion will be led by Kayleigh Mahan.  
Homeschool Game Club, 1:15-2:30 p.m.  
Teen Game Club, 2:30-3:30 p.m.  
Conversational

French, 4-5 p.m.  
Evening Book Discussion, 6-7 p.m.  
  
Friday, Nov. 16  
Preschool Storytime, 10:30-11:30 a.m.  
Come read, sing, and play at storytime. Ages two and a half to five, sign-up required  
Social Bridge, 10:30 a.m.-12:30 p.m.  
Knit Wits, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30-3:30 p.m.  
  
**Monday, Nov. 19**  
Fiber Friends, 10 a.m.-12:30 p.m.  
Baby Toddler Storytime, 10:30-11 a.m.  
Mahjong, 12:30-3 p.m.  
  
**Tuesday, Nov. 20**  
Preschool Storytime, 10-10:30 a.m.  
Come read, sing,

dance, and play. Sign-up required ages two and a half to five.  
Bridge, 10:30 a.m.-12:30 p.m.  
Spanish Camp, 3:30-4:30 p.m.  
Yarn Wrapped Wreath, 6-7 p.m.  
Decorate your home with a festive yarn wrapped wreath! Sign up at the front desk. We will provide yarn, the wreath shape, and some other decorations, but feel free to bring your own fall themed decor.  
  
**Wednesday, Nov. 21**  
Line Dancing, 9-10:30 a.m.  
Check Out an Expert, 10 a.m.-noon  
  
**Thursday, Nov. 22**  
Closed for Thanksgiving

Orson Welles shines on both sides of the camera in “The Stranger” on LRPA

LACONIA—Join Lakes Region Public Access Television at 10:30 PM this Friday and Saturday night (Nov. 16 & 17) for our “LRPA After Dark” presentation of 1946’s suspenseful thriller “The Stranger,” starring Orson Welles (who also directed), Loretta Young and Edward G. Robinson. Wilson (Robinson), an investigator with the Allied War Crimes Commission, is looking for Franz Kindler (Welles), a notorious Nazi war criminal — the mastermind behind their death camps — who has made his way from Germany to a sleepy Connecticut town. There, he has carefully constructed a new identity. He is now living incognito as Charles Rankin, a college professor and antique clock enthusiast who will soon mar-

ry lovely Mary Rankin (Young), the daughter of a respected judge. His cover is intact until Wilson, tailing another escaped Nazi prisoner, begins to suspect that there may be more to Professor Rankin than meets the eye. Released in 1946, “The Stranger” holds the distinction of being the first American feature film to include documentary footage of Nazi concentration camps. “The Stranger” is by far the least well known, and perhaps most conventional, of Orson Welles’ movies. In fact, he only took on the project to prove to studio executives that he could direct a film that came in on time, within budget and without any problems, unlike his earlier masterpieces “Citizen Kane” and “The Magnificent Ambersons.” Welles readily accom-

plished that task, although the artistic and personal compromises he was forced to make on “The Stranger” resulted in it being his least favorite film. Despite all of Welles’ misgivings, “The Stranger” is a tense and suspenseful thriller with exceptional performances from its entire cast. Variety reviewed it as “ ... socko melodrama, spinning an intriguing web of thrills and chills.” If you love American film noir, this is the one for you. So grab your popcorn and join LRPA after dark for this thriller from the past. You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

**About Lakes Region Public Access Television (LRPA)**  
Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



Gilford Public Library  
Top Ten Requests

1. “A Spark of Light” by Jodi Picoult
2. “Past Tense” by Lee Child
3. “The Reckoning” by John Grisham
4. “Fear: Trump in the White House” by Bob Woodward
5. “Dark Sacred Night” by Michael Connelly
6. “Alaskan Holiday” by Debbie Macomber
7. “Ambush” by James Patterson
8. “The Witch Elm” by Tana French
9. “Every Breath” by Nicholas Sparks
10. “Killers of the Flower Moon” by David Grann

**Holly Fair**  
Saturday, November 17, 2018  
8:00 am to 3:00 pm  
Center Harbor Congregational Church, UCC  
**Luncheon 11:00 am to 2:00 pm**  
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# Cryans upsets Kenney in Executive Council race

**BY TARA GILES**  
tara@salmonpress.news

**REGION** — In his fifth run for the seat, Hanover Democrat Mike Cryans secured a spot last week as one of the five Executive Councilors in the state. Cryans will represent District 1, which includes 109 towns and four cities. The district spans two thirds of the entire state.

“This is proof that persistence really does pay off,” said Cryans after his win.

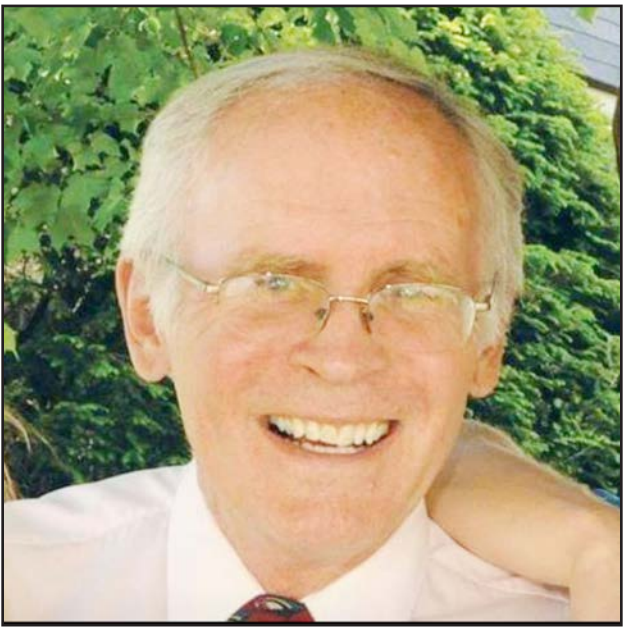
For the first time since 2014, the council will have a Democratic majority.

The job of the executive council is to review appointments made by the governor to include all of the judges throughout

the state. The council advises the governor on all matters and provides a check on the governor's power. While the governor has the right to veto legislation and commands the New Hampshire National Guard, the council has veto power over pardons, nominations and contracts that exceed the amount of \$10,000.

Cryans said, “I'm pleased regarding the win and am looking forward to the opportunity to serve for the next two years. There are a lot of wonderful things that can be done to help the people in district 1. This is an awesome responsibility and a tremendous opportunity.”

Cryans went on



COURTESY  
Former Grafton County Commissioner Mike Cryans won the seat for Executive Councilor District 1 last week, unseating Republican Joe Kenney.

to say, “District 1 is unique because of its size and distance from Concord. There needs to be a strong constit-

uent service. I need to be available to individuals as well as to the towns, select boards and other coun-

sels that are asking for help. Sometimes there are issues that take up an entire area, such as Northern Pass, which is something that affects the entire district.”

On moving forward Cryans said, “I think once you're elected you represent everyone. It's not a Democrat versus Republican issue. Sometimes things tow the party lines a bit but there are things that affect everyone such as the opioid issue. That is a concern for all of

## Gilford Parks and Recreation News

**BY HERB GREENE**  
Director  
Gilford Parks and Recreation

**Bolduc Park cross country ski program**

The Gilford Parks and Recreation Department will be offering four weeks of Cross Country Ski Lessons at Bolduc Park this winter. Lessons begin on Saturday, Jan. 5, 2019 and will continue through Jan. 26, 2019 (in the event a day is cancelled because of poor weather, it will be

made up the week(s) following Jan. 26). Lessons begin at 10 a.m. and rental skis may be picked up at 9 a.m. at Piche's Ski Shop!

Registration forms are available at the Gilford Parks and Recreation Department, Bolduc Park and Piche's Ski Shop. Please mail, fax or drop off your registrations directly to Piche's Ski Shop.

Cost: \$70 per person includes rental equip-

ment!

\$40 per person if you have your own equipment!

If you have any questions, please contact Bob or Pat Bolduc at 524-2068.

**Senior Moment-um Lunch at Patrick's Pub on Nov. 26**

The Gilford Parks and Recreation is sponsoring a Senior Moment-um Program on Monday, Nov. 26. We will travel to Patrick's

Pub here in Gilford where participants will meet at 11:30 a.m. Participants will be able to order right off the menu and will be responsible for the cost of their own meal. Please join us as we visit one of the most popular local restaurants. Participants are asked to RSVP by Tuesday, Nov. 20.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

## Enlighten Nutrition & Wellness event aims to help businesses gain visibility

GILFORD — Patrick's Pub & Eatery will host Enlighten Nutrition & Wellness at their weekly networking event, Patrick's "Connect," on Thursday, Nov. 15 from 5-7 p.m.

Enlighten Nutrition & Wellness provides an array of services, including

corporate training workshops, wellness retreats, health coaching, individual/group nutrition consultations, telemedicine and speaking engagements. With a passion to inspire sustainable healthy living practices to improve health and transform lives, Enlight-

en Nutrition & Wellness educates you on how to incorporate nutrition, physical movement, stress reduction, rest, and social support systems into your lifestyle so that you can live your life to its fullest!

This Thursday, meet Denise Poudrier Nor-

mandin, MA, RD, LD, founder and CEO of Enlighten Nutrition & Wellness, a nationally recognized registered/licensed dietician, nutrition & health educator, consultant and coach with more than 20 years experience. Normandin is a passionate advocate, leader and motivator of healthy eating, physical movement, and lifestyle medicine practices to improve your health and life. Enlighten Wellness retreats engage participants in unique opportunities and fun adventures on a beautiful, serene 1,600-acre working farm that raises grass-fed bison and elk.

SEE ENLIGHTEN PAGE A9



COURTESY  
The Opechee Garden Club is preparing for its popular Christmas Greens sale which will be held on Dec. 8 from 9 a.m. to 2 p.m. at the Leavitt Park Clubhouse, 334 Elm St., Laconia. Balsam Fir wreaths, handmade in New Hampshire with fresh greens, and creatively decorated by Garden Club members, or un-decorated, will be available for sale along with centerpieces, and loose boughs to complete your Christmas decorations.

## 'Tis the Season for the Gilford Community Band Holiday Concert

With the temperature getting cooler, the red leaves falling off the trees, turkeys staying away from people, and snow(?) in the air, it's a good indication that the holiday season is upon us and that it's time for the Annual Gilford Community Band Holiday Concert. The concert will be in the warm confines at the Gilford High School Performing Arts Center on Sunday, Dec. 16, at 3 p.m. in the

afternoon.

As always, long-time conductor, Lyvie Beyrent, will direct the band. Again, as always, there will be a mix of traditional and contemporary selections that will delight young and old.

There will only be three Tuesday rehearsals on Nov. 26, and Dec. 4 and Dec. 11. Rehearsals are in the Band Room at Gilford High School, and will begin at 7 p.m.

and last for about 90 minutes. This all-volunteer band has members ranging from middle school to senior citizens. New members (brass, reed, and percussion) are always welcomed to attend and participate in this annual event.

So do come and have a good time in celebrating this holiday season. For further information, please contact Lyvie Beyrent at lbeyrent@sau73.org.

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## Pets of the Week: Butterstix and Banana Paws



Meet these beautiful five month old guinea pigs who might as well be sisters.

Butterstix is a gorgeous American Tortoise shell and her bff Banana Paws, who is a darling little American Tri-color are about as friendly as a guinea pig can get. These two little ladies love cuddles and are very active li'l beauties who have been with us since early September while they wait for their forever human caretakers to visit and take them home. They are fantastic with kids who are

at least in elementary school and are eager to reveal their outgoing curious personalities to that perfect family.

Dining mostly on fresh veggies, a vitamin C daily supplement and a small amount of guinea pig pellet food, and of course fresh water will keep these two snuggle bugs as happy as can be and they will certainly reflect the love you shower them with back tenfold. They are a pair to behold and enjoy and will add that extra special positive energy to your home.

## NORTH COUNTRY NOTEBOOK

*The cutting of a public tree can be the unkindest cut of all*



By JOHN HARRIGAN  
COLUMNIST

People who work in wildlife management and research will tell you that their expertise on more obscure species is grudgingly accepted, yet many hunters consider themselves experts on deer. Similarly, just about anyone who cuts grass, weeds a garden, or trims a shrubbery might consider himself an expert on trees.

This trait of human nature is often accentuated when public officials find themselves in trouble for the removal of trees that people have



JOHN HARRIGAN

Trees are more than just trees when seen as somehow permanent, but in most of the North Country trees have a pretty brief life.

long come to consider "theirs." These are trees seen as held in common, and thus somehow almost living forever--almost sacred. And when

they are suddenly gone, sometimes seemingly overnight, it comes as a public shock.

This phenomenon, and how it can play out

in the media, was illustrated two decades ago by a public outcry over the sudden removal of Stratford Hollow's cemetery trees on Route 3. And it was most recently demonstrated by the cutting of trees on Whitefield's town common.

+++++

Over a lot of years of thinking about trees, and their place in the scheme of things related to ours, I've come to at least one conclusion: People tend to view trees in relation to their own lifespan--their own likely time on the top side of the sod.

This was most clearly brought home to me back in the '80s, when I launched an effort to get some fairly large trees planted in downtown Lancaster. Like so many citizens who had been around when hundreds of big elm trees shaded the town, I did not want to wait for little skinny saplings to get big. Lucy SEE **NOTEBOOK** PAGE A9

## STRATEGIES FOR LIVING

*On tranquility under stress*

BY LARRY SCOTT

At about five feet tall, the smiling, diminutive Gonxha Agnes Bojaxhiu looked to be the model of peace and tranquility. At the pinnacle of her success, the guest of both the powerful and the poor, admired around the world, the founder of the Missionaries of Charity fought a personal battle few knew anything about. In "The Private Writings of the 'Saint of Calcutta,'" better known as Mother Teresa, Brian Kolodiejchuk quotes (page 187) an article she wrote as a prayer and sent to Father Pi-

cachy on July 3, 1959:

"The loneliness of the heart that wants love is unbearable. -- Where is my faith? -- Even deep down, right in, there is nothing but emptiness & darkness. --My God -- how painful is this unknown pain. It pains without ceasing. --I have no faith. ... I am told God loves me -- and yet the reality of darkness & coldness & emptiness is so great that nothing touches my soul."

A saint she may have been, but life was no cake-walk for even this dedicated lady of the Church. Like the rest of us, she was

human and had her own battles to fight ... but she learned from her experiences, held steady amid the pressures, and the world has benefited from the result.

Christianity, you see, does not propose a life of ease and tranquility. Jesus Himself forewarned His disciples, "In this world you will have trouble. But take heart! I have overcome the world." Life, the daily routine of living, is the crucible in which character is developed.

Maturity does not come easy. I know of no way to learn those

fundamental qualities of life so necessary for our development such as patience, kindness, honesty, integrity, humility, self-discipline, perseverance ... and I could go on. These important indicators of a stable character are developed only amid the pressures of life. There is no easy out!

I must tell you from personal experience that life can sometimes throw us some very wicked curves, and not always because we have done something stupid, lost our common sense, or indulged in something we knew SEE **STRATEGIES** PAGE A9

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## MARK ON THE MARKETS

*Cash is a position*



BY MARK PATTERSON

Couple of weeks back, I was speaking about little-known fees inside mutual funds. This cash left inside of mutual funds is not for

tactical purposes, but for mutual fund outflows. This cash creates "cash drag" that adds to the overall expense of mutual funds. As an advisor who manages money and would never use an expensive broker sold fund, I do often have cash in my client's accounts. The key difference is that this is not cash left aside for outflows, but it is or can be used for tactical purposes.

I was recently at a

conference for money managers where one of the presenters spoke of his advisory that primarily sells option premium. Selling option premium is something that I do inside my client's accounts where appropriate, and this is a tactic within a strategy that gains revenue for the account, because I'm selling premium and collecting money. The other reason that I do it is

to build positions of stocks or ETF's using this option strategy to improve the price for my client. But getting back to the advisor whose objective is to sell options premium. He stated that through much of the year he is in cash, typically in times of low volatility the premium available when selling an option contract is low, so this advisor waits for vol-

SEE **MARKETS** PAGE A10

## FROM OUR READERS

### Humbled by your support

To the Editor:

To those of you who know me, you already know that I am a man of few words.

To all of you who saw fit to trust me to represent you in Concord, I thank you dearly, and promise to study each and every bill that I cast a vote on.

Very humbled,

Harry H. Bean  
State Rep for Dist. 2  
Gilford

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We're looking forward to hearing from you!



# LRSO Holiday Pops Concerts at Inter-Lakes feature vocalists Seraphim Afflick and Michael Gallagan

MEREDITH — The Holidays are upon us, and that means glorious symphonic holiday POPS music is just around the corner. The Lakes Region Symphony Orchestra invites you to join us for two spectacular Holiday Concerts on Saturday, Dec. 8 at 7:30 p.m., and Sunday, Dec. 9 at 3 p.m. Both concerts will be held at the Inter-Lakes Community Auditorium on

Route 25 in Meredith. These much-anticipated holiday extravaganzas sell out quickly so get your tickets early. Together again for the first time... LRSO fan favorites Seraphim Afflick and Michael Gallagan perform together singing your favorite holiday tunes. Seraphim delighted audiences as our featured guest last Holiday season, and crooner Michael has



Vocalists Seraphim Afflick and Michael Gallagan put you in the holiday spirit with the Lakes Region Symphony Orchestra on December 8 and 9 at Inter-Lakes Auditorium in Meredith.

captivated our hearts twice, as our featured Holiday artist, and with his knock-out solo performance in our Sinatra POPS concert. Classic songs of the season ring out again this year featuring old favorites and brand new arrangements. Seraphim, a captivating singer and actress will charm you with a variety of selections including “Santa Baby,” “Ave Maria,” and “O Holy Night.”

### About The Lakes Region Symphony Orchestra

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing more than 30 communities in the Lakes Region and beyond. For over 40 years the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire. Tickets are \$20 for adults and \$10 for students college-age and under (please no children under age 5). Tickets are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), by phone

at 800-838-3006, or from our ticket partners Innisfree Bookshop in Meredith and Greenlaw’s Music in Laconia. The LRSO celebrates the support of its Saturday concert sponsor Bellwether Credit Union, and its Sunday concert sponsor Fay’s Boat Yard. Their generous community support is a big part of what makes the LRSO, a community orchestra, possible.

## Registration open for winter team trivia with the Children’s Center

WOLFEBORO — What is the world’s largest lizard? Who wrote “The Shipping News?” How many points are on a backgammon board? If you know the answers to these trivia questions or would like to know the answers, form a team and join the Team Trivia Tournament to benefit the Children’s Center in Wolfeboro. The tournament begins Wednesday, Jan. 9 and continues each Wednesday through Feb. 13 at the Barn at the Inn on Main. That is six consecutive Wednesdays of fun, friends, excitement, and great competitive energy. Tickets are \$16 per person each night, and cover the cost of a hearty soup, breads,

salad bar from the Inn on Main and the trivia game presented by Children’s Center. Get your friends, your family, your local organization members, or your business colleagues together and form a team now! A team consists of up to 10 people. Advanced registration is strongly recommended to guarantee availability; seating is limited and tends to fill quickly. A portion of the ticket price goes directly to support the Children’s Center that has been providing quality childcare since 1974. The Children’s Center offers early care and education to children ages six weeks through two years, a preschool experience to children three to five years old. The

school-age program, for ages six through 12, meets mornings and afternoons during the school year and all day throughout school vacations and the summer, providing children the opportunity to explore and develop their interests. Each week, doors will open at 5 p.m., at which time soup and salad will be available. The trivia game begins at 6 p.m., and ends at 8 p.m. A cash bar is available. Teams of up to 10 people each will vie for trivia superiority each week, with a weekly grand prize valued at no less than \$100 to the team with the most points at the end of the night. Each week you compete again for that week’s prize. Each night of the

Team Trivia Tournament features four rounds of trivia questions that vary in point value; an extra credit game; excellent food and great service from O Bistro; and lots of fun, excitement, and suspense. The games are run live by Master of Ceremony, Bill Huffman, who asks the questions, keeps things lively, and interacts with the players—nothing computerized or automated here. The answers to the earlier questions: Komodo dragon, E. Annie Proulx, and 24. To register your team, please call the Children’s Center at 569-1027. When you register, please provide a team name and the names of team members.




Paugus Bay

COURTESY

### Local photographer’s work on exhibit at Lakes Region Craft Fair this weekend

Don't miss the Lakes Region Holiday Craft Fair at the Belknap Mall, 96 Daniel Webster Highway, Belmont, on Nov. 17 & 18, Saturday 10 a.m.-4 p.m. and Sunday 10 a.m.-3 p.m. The above photo features an aerial photograph by renowned Lakes Region photographer, Todd Lyon, who will be exhibiting his awesome aerial photography of Lake Winnepesaukee & Lake Winnisquam. Some of the other exhibits will include fabulous holiday decor, beautiful pottery, handcrafted furniture, chain saw artwork, feather art, awesome quilts, jewelry, homemade chocolate and caramels, metal artwork, alpaca sweaters/mittens, handpoured soy candles/soaps, wildlife photography, Winnepesaukee socks, wood turned items, walnut cutting boards, & lots more! For more information, visit [www.joycescraftshows.com](http://www.joycescraftshows.com) or call Joyce at 528-4014. Held rain, snow, or shine!!! Always free admission! See you there!



## How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers. Obituaries can be sent to: [obituaries@salmonpress.com](mailto:obituaries@salmonpress.com) Wedding, engagement, and anniversary announcements are welcome at: [weddings@salmonpress.com](mailto:weddings@salmonpress.com)

*Photos are also welcome, but must be submitted in jpeg format.*

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Brendan Berube at (603) 279-4516, ext. 111  
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Deborah Ann Brittain, 61

Deborah “Debbie” Ann Brittain, 61, of Pinecrest Drive, passed away on Nov. 7, 2018 at home in the embrace of her adoring family.

Debbie was born on Oct. 8, 1957, in Cleveland, Ohio, the daughter of Daniel and Rose (Dewolfe) Earnshaw.

Debbie loved to spoil her grandchildren with an unabashed passion. She loved to travel with her husband, and shared that love of travel with her children and grandchildren, vacationing summers in Old Orchard Beach. She enjoyed bowling and spending those evenings and weekends building life long bonds with wonderful friends. She built a great career with her family at Roche Realty. She was a member of the US Bowling Congress & Women's



Golf Club of Oak Hill Golf Course. She had a special love for rescue dogs and cared deeply for her little ones; Bailey, D.J., Scarlett and Stella.

Debbie is survived by her loving husband, Jay Brittain; her adoring children (son James J. Evans and her daughter, Rachel M. LeClerc); her brother, Daniel Earnshaw, Jr.; her goddaughter Talia Earnshaw; five precious grandchildren; Landon, Connor, Liam, Morgan and

Jacob; her beautiful mother Rose Earnshaw and her beloved rescue dogs, Scarlett and Stella. She was predeceased by her father, Daniel Earnshaw.

A Memorial Service will be held at 1 p.m., Friday, Nov. 16, 2018, at the Gilford Community Church, 19 Potter Hill Rd., Gilford.

In lieu of flowers, donations may be made in Deborah's name to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant Street, Laconia NH is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

Scott Alan Sleeper, 52



GILFORD — Scott Alan Sleeper, 52, died on Thursday, Nov. 6, 2018 from the rapid progression of Early Onset Alzheimer's Disease.

Scott was born on May 20, 1966 in Tilton.

Scott was a tremendous athlete in his high school years. He excelled in all sports, but was most remembered for being a soccer all-star and being invited to play in the Lions Cup for his outstanding performance on the Winnisquam High School soccer team.

Scott worked for Coca-Cola for 25 years. He proudly wore his Coke uniform and loved being a route driver delivering Coca-Cola products throughout the lakes region and beyond. He drove a tractor trailer with the ease and grace of driving a pick-up truck and was adored by customers and colleagues.

Scott was devoted to his family and enjoyed creating joyful memories in everyday life, on special occasions and the special memories of family vacations... especially Disney World. He loved being outdoors hunting, skiing, camping, kayaking, fishing, hiking, and being at the ocean. Many of these special memories were shared with close family and friends. Laughter at home and by the camp fire was always abundant. Our memories are etched with Scott's full enjoyment of good friends, good beer and good humor.

Scott especially loved hunting and tracking with his brother Jimmy. Being in the woods was second nature to him. He could always find his way as if the compass rose was etched in his heart.

Scott was married to Denise Sleeper. They shared 29 beautiful years together after meeting on vacation in Aruba. They lived in Gilford with their two sons, Kyle Joseph Sleeper, 23, and Connor John Sleeper, 20.

From early on, Scott and Denise shared the philosophy that the future is not guaranteed, so they fully embraced life by working hard, playing hard and not taking any moments for granted. It allowed them to live life with no regrets. Laughter and not sweating the small stuff became the hallmarks of their life together. This began the legacy of a life well lived with faith and family.

Scott was very proud of his mom, Peggy VanBennekum, for teaching him the importance of working hard and persevering through difficult times. His greatest desire for her was to be happy and enjoy life after working so hard all of her life. He always wanted her to know that he loved her and that life was good.

Scott will always be remembered for his love of family, love of the outdoors, his

quick wit and contagious smile. He bravely endured Alzheimer's disease and has donated his brain for the on-going research of brain disorders to Mass General. In life and in death, Scott is making a difference by being the incredible person he was born to be. He would not want people to be sad, but he would want everyone to live life to the fullest, without regret and with lots of laughter because after all...life is good.

Scott is survived his mother, Peggy VanBennekum, and her husband Bill; his wife, Denise Sleeper; two sons, Kyle and Conner Sleeper; two brothers, Jimmy Pescinski and his wife Christine and Mark Pescinski and his significant other, Kathy; and many nieces and nephews.

A Mass of Christian Burial will be celebrated on Saturday, Nov. 24, 2018 at 11 a.m. at St. Katherine Drexel Church, 40 Hidden Springs Road, Alton, NH 03809.

A celebration of life luncheon will be held immediately following the service in the church hall.

In lieu of flowers, the family suggest memorial donations be made to Every Child is Ours, c/o Winnisquam School District, 433 W Main St., Tilton, NH 03276 or online at [www.nhecio.com](http://www.nhecio.com).

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

Abigayle V. Manning, 29

LACONIA — Abigayle “Abby” V. Manning, 29, of McGrath Street, died Thursday, Oct. 25, 2018.

Abby was born on July 26, 1989 in Providence, R.I., the daughter of James and Jean-Louise “Jill” (Landry) Manning. Abby had been a resident of the Lakes Region for many years.

Abby had such a great sense of humor and loved New England and its wildlife. She enjoyed music, bingo, cookouts, sports, crocheting, and eating at Taco Bell. Abby was always smiling, very caring, and loved to help and spend time with her family.

Abby is survived



by her father, James Manning; three brothers, Dan Manning, Eric Hawkins, and William Vashaw; and two sisters, Katrina Hawkins and Anastasia Boisvert; grandparents, nieces and nephews.

She was predeceased by her mother, Jean-Louise “Jill” Boisvert.

A Funeral Service will be held on Saturday, Nov. 17, 2018, at noon at 61 Beacon St. West, Laconia.

For those who wish the family suggests memorial donations in Abby's name be made to Lakes Region Mental Health Center, Attn: Development Office, 40 Beacon St. East Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).



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# Young artist starts her art collection with original watercolor painting

TILTON — Allie Curtis of Canaan is pictured above with her mother receiving the free art raffle prize painting from the Lakes Region Art Association (LRAA) Gallery.

Allie saw the original watercolor painting, “Boss Rabbit,” while she was shopping with her parents at Tanger Outlets in Tilton in September. Allie liked the drawing very much and was hoping her parents would win it when they enter the raffle for her, as Allie was too young to enter herself. She is going to hang it in her room as the first painting of her art collection.



COURTESY (Left) Allie Curtis and her mother from Canaan pose with the free artwork they won at the Lakes Region Art Association Gallery in Tilton. The artwork, an original watercolor titled “Boss Rabbit,” was painted and donated by artist Linda Cargiuolo of Gilford.

Allie likes doing art work too and has filled many notebooks with sketches. Allie said it is a toss-up between being an artist or gymnast when she grows up. Allie is in the fifth grade at Indian River

School in Canaan. “Boss Rabbit” was painted and donated to the raffle by gallery member and watercolor artist, Linda Cargiuolo, of Gilford. She joined the Lakes Region ART PAGE A10

## Navigating Recovery of the Lakes Region receives 2018 Best of Laconia Award

LACONIA — Navigating Recovery of the Lakes Region has been selected for the 2018 Best of Laconia Award in the Social Services Organization category by the Laconia Award


Program. Each year, the Laconia Award Program identifies companies that we believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and our community. These exceptional companies help make the Laconia area a great place to live, work and play.

Various sources of information were gathered and analyzed to choose the winners in each category. The 2018 Laconia Award Program focuses on quality, not quantity. Winners are determined based on the information gathered both internally by the Laconia Award Program and data provided by third parties.

About Laconia Award Program The Laconia Award Program is an annual awards program honoring the achievements and accomplishments of local businesses throughout the Laconia area. Recognition is given to those companies that have shown the ability to use their best practices and implemented programs to generate competitive advantages and long-term value. The Laconia Award Program was established to recognize the best of local businesses in our community. Our organization works exclusively with local business owners, trade groups, professional associations and other business advertising and marketing groups. Our mission is to recognize the small business community's contributions to the U.S. economy.



COURTESY Pitman's Freight Room at 94 New Salem St. in downtown Laconia is pleased to welcome the Durham County Poets on Friday, Nov. 16 at 8 p.m. The Durham County Poets are from the Chateaugay valley located in Quebec, Canada. Their influences are varied, from blues to folk, from jazz to gospel, with elements of the Band, James Taylor, Jimmy Reed, even some Leon Redbone. Each member brings a different musical background to the band that marries into a sound that has been labeled as soulful folk. This group plays bluesy country/folk with a lot of verve. The lead singer sits in his wheelchair and just kills every vocal. The recording on “River” has mostly an ambient sound with very little reverb. It gives the listener a sense of sitting in a living room somewhere, listening to the band crank out one great tune after another. Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043 or visit [www.pitmansfreightroom.com](http://www.pitmansfreightroom.com).



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**The Key to Consistent Investing? Paying Yourself First**

Consistency is a key ingredient of success in many activities – including investing. And one technique that can help you become a more consistent investor is **paying yourself first**.

Many people have the best of intentions when it comes to investing. They know how important is it to put money away for long-term goals, especially the goal of a comfortable retirement. Yet they may only invest sporadically. Why? Because they wait until they've taken care of all the bills – mortgage, utilities, car payments and so on – before they feel comfortable enough to write a check for their investments. And by the time they reach that point, they might even decide there's something more fun to do with what's left of their money.

How can you avoid falling into this habit of intermittent investing? By paying yourself first. Each month, have your bank move money from your checking or savings account into the investments of your choice. By taking this

hassle-free approach, rather than counting on your ability to send a check, you can help ensure you actually do contribute to your investments, month after month.

By moving the money automatically, you probably won't miss it, and, like most people who follow this technique, you will find ways to economize, as needed, to make up for whatever you're investing.

You already may be doing something quite similar if you have a 401(k) or other

retirement plan at work. You choose a percentage of your earnings to go into your plan, and the money is taken out of your paycheck. (And if you're fortunate, your employer will match some of your contributions, too.)

But even if you do have a 401(k), you're probably also eligible to contribute to an IRA – which is a great vehicle for your pay-yourself-first strategy. You can put in up to \$5,500 per year to a traditional or Roth IRA (or \$6,500 if you're 50 or older), so, if

you are able to “max out” for the year, you could simply divide \$5,500 or \$6,500 by 12 and have either \$458 or \$541 moved from your savings or checking account each month into your IRA. Of course, you don't have to put in the full \$5,500 or \$6,500 each year, although some IRAs do require minimum amounts to at least open the account.

You might think such modest amounts won't add up to a lot, but after a few years, you could be surprised at how much you've accumulated. Plus, you

may not always be limited to contributing relatively small sums, because as your career advances, your earnings may increase significantly, allowing you to boost your IRA contributions continually.

In any case, here's the key point: When you invest, it's all right to start small – as long as you keep at it. And the best way to ensure you continue investing regularly is to pay yourself first. If you do it long enough, it will become routine – and it will be one habit you won't want to break.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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# CruCon Cruise Outlet presenting sponsor of 2018 Children’s Auction

LACONIA – For the fourth year in a row, CruCon Cruise Outlet NH has signed on as the \$25,000 Presenting

Sponsor of the 37th Annual Greater Lakes Region Children’s Auction.

“We are thrilled to have CruCon Cruise Outlet as our presenting sponsor again this year,” states Jaimie Sousa, Chair of the

Children’s Auction Board. “Their dedication to supporting children and families in our communities is a part of their culture that really shines through.”

CruCon has been involved with the auc-

tion for seven years and their support does not end with their sponsorship. For CruCon, the Auction is a “family” affair where the entire company jumps in to help in any way they can. They

SEE SPONSOR PAGE A10

## Wolfeboro Edward Jones branch office support End 68 Hours of Hunger

WOLFEBORO — Brian Laing, an Edward Jones financial advisor in Wolfeboro, is supporting End 68 Hours of Hunger, A 501(C)(3) Organization by using his office as a drop-off location for a food drive.

Local residents and businesses may help those less fortunate in the community by bringing in items to the Edward Jones branch office during regular business hours from Nov. 1 to Dec. 14.

The items needed for the food drive include: Canned pasta with meat (15oz), Juice Boxes, Granola Bars, Canned Soups, Fruit and Pudding Cups, etc.

The branch address is 35 Center St., Unit 3, Wolfeboro Falls, NH 03896.

Please note that monetary donations cannot be accepted.

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through its affiliate, in Canada. Every aspect of the firm’s business, from the investments its financial advisors offer to the location of its branch offices, caters to individual investors. The firm’s 16,000-plus financial advisors serve more than 7 million clients and care for \$1 trillion in assets under management. Visit our website at [edwardjones.com](http://edwardjones.com) and recruiting website at [careers.edwardjones.com](http://careers.edwardjones.com). Member SIPC.

## Lecture on Ilef Farms, Nov. 26 at Taylor Community

LACONIA — Where are the greens? In our neighborhood. In fact, they are served right in the Taylor Community Bistro. Come learn more about these local, hydroponically grown greens in a lecture at Taylor Community’s Woodside Building, Monday, Nov. 26 at 2 p.m. This event is free and open to the public.

When the people at Ilef Farms thought

about the journey most greens have to take to reach the Northeast – along with the lack of freshness, excess fuel consumption, and added shipping costs – they knew it was time to give the NE something fresh. An alternative to West Coast-grown greens, Ilef Farms offers a smarter choice that not only allows people to buy local, it gives a cleaner, more delicious

and environmentally sound option, right in our neighborhood.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at [www.taylorcommunity.org](http://www.taylorcommunity.org), or call 524-5600.



COURTESY

### More support for Colonial renovation

Amanda Grappone Osmer from Grappone Automotive Group (middle left) pictured with Justin Slattery (far left), Executive Director of Belknap EDC, Marti Ilg (middle right), Vice Chair of Belknap EDC, and Chris Kelly (far right), Chair, of Belknap EDC. Grappone Automotive Group of Bow, recently donated to the Belknap Economic Development Council (Belknap EDC) for the Colonial Theater Redevelopment Project in Laconia. Grappone’s investment is a significant contribution to the renovation of the Colonial Theatre and its transformation into a civic auditorium. Located at 609 Main St. in the heart of downtown Laconia, the Colonial Theater has long been of great interest to city and business leaders alike. Having first opened in 1914, 609 Main St. has gone through many owners and functions, but it will proudly be reclaimed back to its former glory. The renovation consists of rehabilitating 38,000 square feet of space, which includes a 20,000 square-foot theater, as well as commercial and residential spaces in front of the building. Thanking Grappone Auto for their generous donation and commitment to the project, Justin Slattery, Executive Director of Belknap EDC, shows his greatest appreciation to the company and recognizes their involvement with local economic development and growth.



COURTESY

### Central VNA & Hospice celebrates veterans

Every holiday season, the We Honor Veterans group from Central New Hampshire VNA & Hospice honors veterans of the past and present by displaying an evergreen tree draped in red, white and blue at the downtown Bank of New Hampshire lobby in Laconia. Friends and family are invited to visit the tree and write the name of their veteran loved ones on ornaments to hang proudly. Central New Hampshire VNA & Hospice respects and honors those who have selflessly given of themselves to protect this country and all who call it home. The staff at Central New Hampshire VNA & Hospice wish to give a special thank you and salute to all who have served and continue to serve our country.



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ELECTION

(Continued from Page A1)

candidate Eliza Leadbeater got 469 votes.

The rest of the races were uncontested. Belknap County Sheriff Michael Moyer received 1,927 votes as a Republican and 1,571 as a Democrat. County Attorney Andrew Livernois got 1,897 as a Republican and 1,535 as a Democrat. County Commissioner

Hunter Taylor received 1,968 votes as a Republican and 1,405 as a Democrat.

Michael Muzzey received 2,462 votes for County Treasurer, Judy McGrath received 2,490 votes for Register of Deeds, and Alan Glassman received 2,457 votes for Register of Probate. All three are Republi-

cans.

In the constitutional amendment questions, Question 1 related to magistrate accountability and the Right to Know received 2,742 Yes votes and 583 No votes.

Question 2 on language related to the right to privacy received 2,733 Yes votes and 638 No votes.

ENLIGHTEN

(Continued from Page A3)

Experience the healing powers of nature, farm-to-table cooking and wellness practices that will nourish your body, mind and spirit! To assist in your healthy lifestyle journey, the grand prize of the evening is a \$100 gift certificate to use towards an upcoming wellness retreat.

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attaining a more fulfilling life. The knowledge and experience attained through Enlighten will allow you to make better choices to better health,” says Nick Vailas, Enlighten Advisory Board Member.

Patrick’s Connect allows the featured business to create a “pop-up” display featuring their products and/or services, giving people a chance to meet the staff and connect with other entrepreneurs in the

area.

The evening will include complimentary beverage sampling and raffle drawings at 6 and 7 p.m., followed by live music.

For more information on Patrick’s Connect, or to register your own business to be featured at an event, call 293-0841 or visit [www.patrickspub.com/connect](http://www.patrickspub.com/connect).

To learn more about Enlighten Nutrition & Wellness, visit [www.enlightenlivewell.com](http://www.enlightenlivewell.com).

NOTEBOOK

(Continued from Page A4)

Wyman, who has been so often willing to step forward on community projects, stepped forward on this one too.

One thing I learned from this effort, which ultimately failed, was that it was relatively easy to raise money if you said something like “We are talking big trees here, not little saplings--trees at least six inches in diameter that will become big, leafy, wonderful shade trees during your very own lifetime.”

And indeed we were. I’d found a place out in the Midwest that specialized in almost-mature trees, roots all balled up and ready to go. We’d

received offers of free hauling--fuel costs to be raised by selling raffle tickets for firewood or something--from local truckers, who also seem so ready to step up for any public cause.

+++++

Stratford Hollow’s plight over the cutting of its famous cemetery white pines was certainly made all the more painful by damage to graves and headstones, and perhaps more particularly the resultant exposure of damage from the past.

Whitefield’s situation was made worse, I think,

by a loophole in town ordinances that negates the necessity of advertising something like the removal of trees on the town common if it can be listed as “maintenance.” If ever there was a good illustration of a bad loophole used badly, this was it.

*(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or Box 39, Colebrook, NH 03576.)*

STRATEGIES

(Continued from Page A4)

instinctively was very wrong. Sometimes life just hits us between the eyes.

Talk to me about bankruptcy, talk to me about cancer, talk to me about nightmarish days and sleepless nights ... I have been there too ... you know what I mean. Life is tough! The question, in short, is not whether we have reached depths of despair we cannot even put into words; the question

is, what have we done about it?

Fortunately, there is for many of us a light at the end of our tunnel. I have taken seriously a promise Jesus made when He said, “Come to me, all you who are weary and burdened, and I will give you rest. ... Learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”

For me, Christian-

ity is not something I believe because it's convenient. Believe me, that's not always the case. When a person, however, is conscious of living under the watchful care of a loving Heavenly Father, there is a rest amid the tumult that must, frankly, be experienced to be appreciated.

You want to talk about it? Hit me up at [rlarryscott@gmail.com](mailto:rlarryscott@gmail.com).

GYC

(Continued from Page A1)

in shape for ski and snowboard season. The program focuses on stretching, strengthening, and balance. The

ski and snowboard program will run Nov. 14, 21, and 28 and Dec. 5 and 12 from 8:30-9:30 a.m.

For more information on all the GYC's programs, visit [www.gilfordyouthcenter.org](http://www.gilfordyouthcenter.org) or call 524-6978.

MACBETH

(Continued from Page A1)

and professionally.

He said he has been working to make the play as audience friendly as possible, especially the language. Any words or phrases that might be too arcane to come across to modern audiences have either been changed to something more understandable or cut.

“We are trying to capture the flavor of Elizabethan theater without baffling people,” Ayer said.

Overall, he said, audiences will still get the story and emotions of the play.

He said the rehearsal process has been going really good.

“A lot of people who came to audition, they came with misgivings,” Ayer said. “Now they say, 'Thank God I came,' because they're having a blast. These people will definitely try another Shakespeare play.”

Brendan Berube of Laconia, whose name readers might recognize as the Editor of the Steamer, plays the Scottish King himself.

“As a character, Macbeth is an interesting guy to play,” Berube said.

He said calling Macbeth “henpecked” would be an understatement given his relationship with his wife. Played by Gilford High School alum Cordelia Penney, Lady Macbeth famously goads him into murdering Scotland’s king early in the show in order to expedite the fulfillment of a witches’ prophecy that Macbeth himself will one day be king, but Berube says there is also a side of him that deeply wants to achieve greatness.

“What makes it interesting is that as the play develops, [Macbeth and Lady Macbeth] switch places more and more, and he becomes the schemer

and the bloodthirsty one,” Berube said. “The question becomes, was it really all her, or was this paranoia and savagery part of his inner nature from the word go? And what, if any, redemption does he find in the end?”

Berube said he took a college course on Shakespeare, and came in quite familiar with the language. He said he has always wanted to do Shakespeare.

“This is a no kilts, no accents show,” he said, “so t's basically using my normal voice, getting accustomed to the metric configuration of the lines.”

Ayer, he added, insisted from the outset that the cast not employ Scottish or British accents in order to make the dialogue more accessible to audiences.

He said this is one of the best experiences he has had in theater.

Macbeth's ultimate enemy, Macduff, is played by Frank Stetson, who comes from Meredith and currently lives in Concord. He said Macduff is a vengeful father and husband looking for justice for his family and his country.

“His motivations and his drive are pretty simple,” Stetson said.

Stetson studied Shakespeare on college and has done a few

Shakespearean shows.

“When we had the opportunity to finally do it I was really excited,” Stetson said.

Stetson said Shakespeare's language can be understood.

“It's a matter of sitting down and understanding what you're saying,” Stetson said.

Kristine Snow of Alton, Evelyn Taylor of Gilford, and Melanie Perkins of Middleton play the Witches. Perkins once played Lady Capulet in a production of “Romeo and Juliet.”

“I like it because it's poetic and it all rhymes,” Perkins said.

Snow and Taylor had never done Shakespeare before.

“It's on my bucket list,” Taylor said.

All three said they have been having a lot of fun playing the Witches. Perkins said the three have some choral lines together and that the text gives flexibility to play with the lines.

Taylor said everyone has been awesome to work with.

“Macbeth” will be performed at the Laconia High School auditorium Nov. 30, Dec. 1, and Dec. 2. The Friday and Saturday night shows begin at 7 p.m., and Sunday’s performance will be a 2 p.m. matinee. Tickets are on sale at the Streetcar Company Web site at [www.streetcarcompany.com](http://www.streetcarcompany.com).

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BREAKFAST

(Continued from Page A1)

could also do crafts, like making an Elmo themed tree ornament. Families could also get their pictures taken with the characters.

GYC director Scott Hodsdon said it was an opportunity for families to have breakfast and for kids to spend some time with some beloved characters.

“Cold and rainy morning, it's a nice place to be,” Hodsdon said.

The Character Breakfast takes place every fall and Hodsdon said it always has a good turnout, especial-



Kids play with some familiar friends during the Gilford Youth Center's Character Breakfast.

ly with younger kids.

“It seems every time we do, I get the opportunity to meet some new families,” Hodsdon said.

Hodsdon said they had a number of volunteers from the Gilford Community Church and Gilford High School.

He said the breakfast has been getting families from across the Lakes Region into the GYC and getting a look at the facility and its programs. He said hopefully some of them will decide to take part in more ac-

tivities at the Youth Center.

Heidi Williams came to the breakfast with her 5-year-old grandson Shawn and praised Hodsdon's work with the kids.

“Everybody's always welcome,” Williams said. “He welcomes a lot of families in Gilford. Everybody always feels comfortable.”

Williams said Hodsdon has always been welcoming and accommodating for all kids, including those with disabilities like Shawn.

MARKETS

(Continued from Page A4)

atility to rise to maximize the premium that is collected on behalf of his clients. So, you could see that the cash in the client accounts is not just sitting there unproductive, but if used sporadically and tactically, returns can be very good, double digits in his case (YTD). Another tactical use for the cash in your account may be simply waiting for certain situations within the markets to become available.

As I've stated in the past, a well-constructed portfolio according to modern portfolio theory will have low-correlated asset classes which typically do not all do well or poorly at the same time. Over time you will enhance the yield and mitigate the risk with this method. Studies have also shown that the average investor will buy near the top and sell near the bottom. Having cash in the account allows us to scale into asset classes that are undervalued and scale out or rebalance those asset classes where we are over invested.

A well-constructed

portfolio is likely to not see the gains that a portfolio of stocks would have in a bull market for stocks, but it will also not have the losses of a bear market it stocks. The objective is to move ahead and be able to quantify the gains and losses using statistical analysis and a standard deviation from the mean, a.k.a. average.

Your portfolio should reflect goals, objectives and risk tolerance that pertains to you. It is my opinion you cannot just buy a family of mutual funds and achieve a well-diversified portfolio of investments that return maximum performance/ mitigate risk and have low fees.

Please visit my Web site, MHP-Asset.com, and go to tools and then risk analysis. You are welcome to take the Riskalyze profile to measure your risk tolerance using real dollars as an example.

*Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.*

ART

(Continued from Page A7)

gion Art Association and the gallery in late 2017.

The artist/photographer donating the artwork for the October raffle is Jay Fitzpatrick, a photographer from East Andover. He donated a photograph titled,

“Bass Harbor Lighthouse”. The drawing for Fitzpatrick's photograph will be held in the next week.

The LRAA Art Gallery holds a free art drawing every month with a different artist donating a painting or a

print. The Lakes Region Art Association is a non-profit organization dedicated to the promotion, education and appreciation of art throughout the Lakes Region. To learn more about the Association and its gallery visit their Web site

at: [www.lraanh.org](http://www.lraanh.org) or stop by the LRAA Art Gallery, located at the Tanger Outlets in Tilton (across from the Chocolate Factory). Hours of operation are Thursday through Sunday from 10 a.m. to 6 p.m.

SPONSOR

(Continued from Page A8)

do fun things throughout the year in support of the Auction and other charities. They also conduct a drive for items where the employees bring in a large number of items to be auctioned off. In addition, when the Auction goes on air, CruCon welcomes all employees to participate even while they work.

“We are glad to sponsor this worthy event,” says Royal Ahmadi, President of CruCon Cruise Outlet. “The contributions that the Greater Lakes Region Children's Auction makes to the young people in our community is remarkable. We all benefit when we lift up children and give them the love, support, and opportunities that they need to thrive.”



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BOB MARTIN

Coach Amy Tripp had big shoes to fill starting the season after the departure of longtime coach Joan Forge. She responded perfectly by finishing leading the Golden Eagles to an undefeated state championship season.



BOB MARTIN

Lexi Boisvert and fellow players hoist the state championship plaque triumphantly in front of Gilford's cheering fans.

# Dream season for Gilford volleyball

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Gilford High School volleyball team has a storied history of excellence, and 2018 can be added to that, as the Golden Eagles went undefeated with a state championship under the leadership of Amy Tripp in her first season as head coach.

"The team was functionally sound in their skills, footwork and fitness," said Tripp. "They played great under pressure as well as when facing weaker teams. We always had a game plan, goals to work for and plays we wanted to execute.

The team went 19-0 and handily beat Milford with a 3-0 sweep in the Division 2 state tournament. It was the first championship for the Golden Eagles since 2015, but since the turn of the century Gilford has won 12 state titles.

The team was led by a senior core that was as good as it gets. Maggie McNeil was the go to player on offense, averaging 10 kills per game while also playing strong defense and receiving serves well. Karly Sanborn and Lexi Boisvert were great foundational players that always supplied energy. Samantha Holland was described

by Tripp as the most improved player. She was incredible in the backcourt defensively, averaging 13 digs per game and notching an amazing 30 digs in the state title game. Jennie Gannon was an off-court leader that Tripp said was pivotal in the team's success, as well.

"Our seniors were strong and steady all season and they led on and off the court," said Tripp. "They were truly driven to do their best and the underclassman felt this drive and emulated it. Each player came to practice every day ready to give it their all. The seniors made sure every-

one on the team knew they were integral to our success."

The team has a promising future with lefty right side hitter Lindsey Sanderson returning next year. Tripp looks forward to seeing what she can do next year after coming into her own in the state championship game. Middle blockers Abby O'Connor and Abby Warren are expected to anchor the offense next season. She added that with Sanborn graduating, defensive specialist/setter Naomi Eldridge will likely be the team's setter. Freshman Riley McDonough was a defensive specialist this

season that played well in limited time, but Tripp said she is likely to be on the court much more in her sophomore season.

Current Plymouth State University volleyball coach Joan Forge led the Golden Eagles to countless top notch seasons, and during 24 of those years Tripp was assisting her and coaching the junior varsity team at Gilford High School. With Forge departing after last season to coach at the collegiate level, it was Tripp's team to run, and she proved to be an outstanding successor.

Tripp said a key to the success of this season was to take one game at

a time. From all the way back in August until the final game at Pinkerton Academy, the team had a slogan that it went by: Kia Kaha. This is a Maori phrase used by the people of New Zealand meaning "stay strong."

"I am really excited for the future of the Gilford volleyball program," said Tripp. "We have loads of talent coming up and girls that genuinely love the sport of volleyball. This season was a Cinderella story for me, but I'm in it for the long haul. There's a special little six-year-old in my life that wants to play high school volleyball so what can I say...Kia kaha."

*At this time of year,*

we would like to thank our loyal patients, community partners, staff, providers, and volunteers that make LRGHealthcare the quality organization it is.

*Wishing you & yours a happy and safe holiday season,*

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BOB MARTIN

Maggie McNeil was named first team All-State for the second straight season.



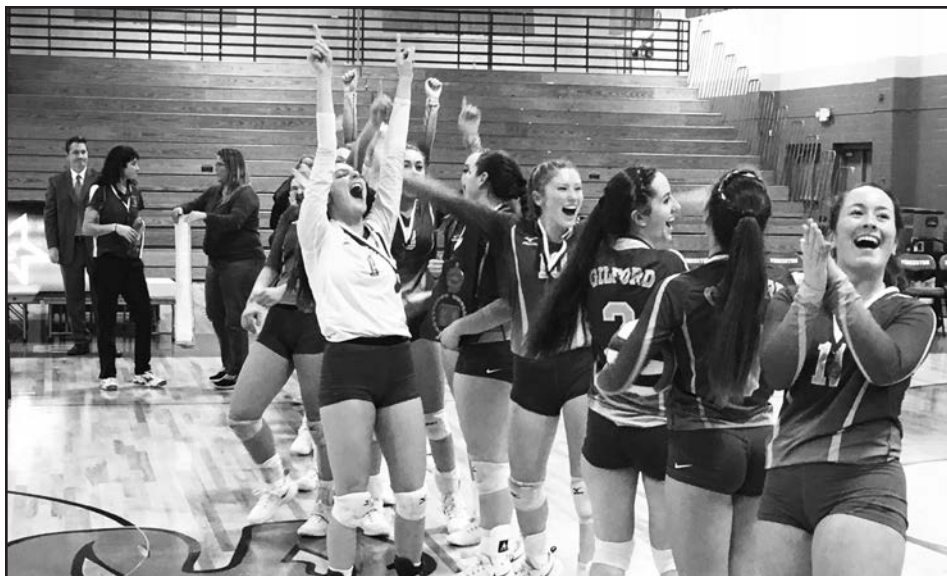
BOB MARTIN

Karly Sanborn was named first team All-State for the first time. She is one of the top setters in Gilford High School history.



BOB MARTIN

Lexi Boisvert was named first team All-State in her senior season.



BOB MARTIN

Sam Holland (1) had a breakout season for Gilford and was an honorable mention for All-State.

# Quartet of Golden Eagles earn volleyball All-State honors

BY BOB MARTIN  
Bob@salmonpress.news

GILFORD — The Gilford High School volleyball team had a dream season, going undefeated with a Division 2 title, and much of it was due to the play of three first team All-Staters and an honorable mention in the starting lineup.

### Maggie McNeil

Senior outside hitter Maggie McNeil was named first team All-State. The three-year varsity player led the team in kills with 208 on the season, and she ended her career with 446 career kills. She was outstanding on defense also, with 222 digs this season and 623 digs in her career.

“Maggie practices and plays with fierce determination,” said coach Amy Tripp. “She inspires her teammates and elevates our practices with her strong work ethic. Maggie is consistent and controlled offensively, defensively and on serve receive.”

This season McNeil reached the 500-dig milestone in her eighth game. She is often posting double digits in both digs and kills in a match. She has a knack for getting up to the net for a slam and also getting aces with her powerful jump serve. Tripp said McNeil has a love for the game, participating in Junior Olympic programs, attending summer camps and working on her skills.

“Maggie makes very few mistakes, is fundamentally sound, as well as mature and confident, making her well rounded,” said Tripp.

McNeil was very pleased to be recognized for her success after what was a storybook season for the senior.

“It feels amazing to get such a nice recognition for the second year in a row,” said McNeil. “It is very humbling that other coaches and teams see the effort that us volleyball players put into the sport that we love each and every day during the season. It means the world to me that I am being recognized along with my other teammates.”

McNeil plans to study mechanical engineering in college and continue playing volleyball.

### Karly Sanborn

Sanborn was named first team All-State this season. A four-year varsity player, Sanborn was a master of setting the ball for kills. She had 442 assists this season, an average of 23 assists per match. Her total of 1,220 assists is the third highest in Gilford High School history. She is also a defensive wizard, posting 298 digs this season. She was also nearly perfect serving this year, with only two misses all season.

“It was such an incredible honor to be named first team All-State,” said Sanborn. “This accom-

plishment has always been a huge goal of mine. When my coach told me the news I couldn’t help but to hold an ear to ear smile for the whole day, and I still can’t help but to smile knowing that I was recognized for all the hard work and passion I have put into the sport of volleyball. And as for the undefeated season, I have to say it was a complete team effort. We could not have done it without every single player giving their all at every single practice and every single game. Coach Amy Tripp did an incredible job pushing us and giving us all her insight from her personal experience playing volleyball. The Gilford volleyball team is family and I am so proud of all of us for our tenacious season.

Like McNeil, she has been a Junior Olympic volleyball player for five years and works on her skills at a number of summer camps. She also plans to play volleyball in college.

“Karly is a work horse as all setters are, she runs miles each game to better the ball for the hitters,” said Tripp. “She comes to practice every day ready to give it her all. She brings positive energy, and an intense desire to achieve success. She is an athlete in body and mind.”

### Lexi Boisvert

Boisvert, a four-year varsity player, was a first

team All-Stater this season. She had 203 digs this season and ended her career with 511 total digs. She had 145 kills this season and 279 career kills.

“Lexi is a senior leader and pushes herself and her teammates to be the best they can be,” said Tripp. “She is solid and consistent in defense and serve receive. On defense she averages eight digs per game. Offensively she is solid too with seven kills per game. She is a three-sport athlete and commits herself fully to the sport she is in season for. Lexi brings energy to the court every game.”

Boisvert said that making All-State was a huge accomplishment. She explained that she loves volleyball but doesn’t play outside of the high school season, and for this reason she said it is gratifying because she knows how much skill it takes to play at that level.

Making All-State and reaching the 500-dig milestone in the cham-

pionship game are both proud moments for Boisvert, she said, because of all the hard work and dedication that she and her team have put in. She said making All-State in her senior season is especially nice, as she has greatly enjoyed helping lead the team all year with her fellow seniors.

“It makes me proud because I know all of the hard work that I have put in as well as the Gilford volleyball program as a whole,” said Boisvert. “During the season our team works harder than most know. That is also why we are successful year in and year out.”

### Sam Holland

Holland, a junior two-year varsity player, was an honorable mention this season for All-State. She led the team in digs with 258 and had a career high 30 digs in the state final. With a career total of 289, she has a chance to hit 500 digs next season if she puts up similar num-

bers. She is also a strong server and recorded multiple aces throughout the season.

“I felt deep gratitude for being recognized in honorable mention,” said Holland. “I’ve worked hard and had lots of fun this season. This would not be possible without the support of my teammates and coaches.”

Tripp describes Holland as a dedicated athlete who has played Junior Olympic volleyball and significantly improved since last season.

“She has worked hard to wear the libero uniform and earned the right from the very start of the season,” said Tripp. “She has a strong desire to improve, lays her body out for any ball and leads the team with defensive digs averaging 12 per game. She is fit and strong and never shies away from conditioning or difficult drills. She takes her role very seriously and inspires the underclassman as well as the seniors.”

## Compete for a chance to race in the fastest sport on skates

LINCOLN — This Feb. 8 and 9, ice cross downhill skaters from all over the world will race down the massive Red Bull Crashed Ice track at Fenway Park, packed with drops, hairpin turns and gaps, soaring at speed of 50 miles per hour to the finish line. Two of these skaters, however, will be competing in the sport of ice cross downhill for the very first time – and it could be you.

Starting now, interested athletes can sign up for the Red Bull Crashed Ice Athlete Search, where one male and female athlete will secure a wildcard spot during the qualification round on Friday, Feb. 8. The selected skaters will race down the 2,000-foot ice track under the lights of the iconic ballpark shoulder

to shoulder with professional athletes competing in the Ice Cross Downhill World Championship.

Open to male and female skaters 18 years or older, the Red Bull Crashed Ice Athlete search will consist of three pre-qualifiers, two taking place in Boston, one in Buffalo, and a final at Loon Mountain Resort.

The Red Bull Crashed Ice Athlete Search pre-qualifiers are a timed competition where skaters will race around a series of flat-ice obstacles aiming to record their fastest personal time. Each male and female competitor will race in heats and have two attempts at the course. The top eight male and female skaters per pre-qualifier

will advance to the Red Bull Athlete Search Finals on Saturday, Jan. 12. Interested athletes are only required to compete in one pre-qualifier.

Competing athletes must wear shoulder pads, elbow pads, pants with plastic padding (hockey, motocross or inline), helmet, gloves and ice hockey skates.

The pre-qualifier schedule includes Sunday, Dec. 2 in Boston, Mass. at Steriti Memorial Rink;

Sunday, Dec. 9, in Boston, Mass. at Steriti Memorial Rink;

Friday, Dec. 14, in Buffalo, N.Y. at Buffalo RiverWorks.

To secure your spot and for more details on the Red Bull Crashed Ice Athlete Search, visit redbull.com/crashedice.

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BOB MARTIN

Maddi Rector (2) was a main reason for the success of the Gilford girls' soccer team this year, which under new Coach Rob Meyers went 13-5 including the playoffs.



BOB MARTIN

Rhianon Day moves the ball up the field for Gilford.

# Strong season for Gilford soccer girls

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD — The Gilford girls' soccer team had a great season overall, and while the Golden Eagles were knocked out of the playoffs in the quarterfinals to eventual state champion Hopkinton, coach Rob Meyers said the team exceeded expectations.

Meyers, who was in his first year coaching the Golden Eagles, said his team had a goal of finishing 10-6 and making the playoffs. Instead the Golden Eagles went 13-5, includ-

ing the playoffs. Gilford had a preseason goal of scoring 36 goals in a season and the team went on to score 67 total goals. Amazingly, Gilford scored 41 goals at home and 26 goals on the road. The Golden Eagles only allowed 25 total goals all season.

This was a much better result than 2017's 9-8 season where the team scored 33 goals and allowed 35 goal from opponents.

"Our offense went better than expected," said Meyers. "We knew that we would be

able to score goals. The play in the midfield and offensive end really improved throughout the year. We will need to become more consistent next year. Some games we looked unbeatable (Belmont away) and other times we played more afraid of making a mistake than taking the play to our opponent and making them make the mistakes. Hopefully, much of that can be attributed to the youth/inexperience of our team and we will be more consistent next year."

The high octane offensive attack was led by freshman Abby Jarvi, who had 42 total goals with three of them coming in the state tournament. Jarvi also had 10 assists on the year, putting together an incredible first year.

Jarvi was supported at midfield by fel-

low freshman Reece Sadler, who had 13 goals and 13 assists. Sadler turned it on heavily as the playoffs approached, always managing ways to get a barrage of shots on goal. Midfielder Callie Carpenter also put together a strong campaign with four goals and 13 assists.

Junior forward Maddi Rector had four goals and 13 assists, and next year as a senior is expected to be a leader on and off the field for the Golden Eagles. On defense, the team has returning seniors Gwen Knipping, Shelby Cole, Jaylin Tully and Kyla Mercier who will also be leaders on the team.

"We are excited that in addition to these players there are a number of underclassmen who contributed to the team this year and are expected to

have a greater impact next year," said Meyers.

Gilford had four seniors on this year's squad and Meyers said they had a calming and steadying factor for the young players on the team. Hannah Perkins was the team's rock in goal, posting seven shutouts and making remarkable saves, with several notable ones against rival Belmont at the Red Raider homecoming. Rhianon Day and Abby Fillion were important parts of the team's defense. Hannah Waite was unfortunately injured in the preseason but served as what Meyers called "one of the most positive and supportive players" on the field and from the sidelines.

Meyers was pleased with his first season at the helm and has high hopes for next

season. The team already has a strong core of players returning next season, and there are also some talented athletes coming up from Gilford and Gilmanton's eighth grade that should contribute. Meyers hopes the team can continue to improve on its defense and bring the team's goal against average down to less than one goal per game in 2019.

"This year was a success for GHS girls' soccer," said Meyers. "We should continue to improve upon this year's play. We hope to be able to control the ball in the midfield better next year allowing our forwards more room. It would be hard to improve upon this year's offensive output, but we will have to develop ways to open up space for our forwards if marked closely."

# Doherty earns World Cup spot, Howe to race in IBU Cup

BY BILL KELLY

US Biathlon

SOLDIER HOLLOW, Utah — Following the completion of the Rollerski Team Trials last week in Soldier Hollow, Utah, U.S. Biathlon has announced the roster for the opening BMW IBU World Cup in Pokljuka, Slovenia, Nov. 30-Dec. 9. The roster includes six Olympians from the 2018 PyeongChang Games.

The women's roster, which has three start spots in Pokljuka, boasts four biathletes with Olympic experience. Susan Dunklee (Barton, Vt.), Clare Egan (Cape Elizabeth, Maine) and Joanne Reid (Palo Alto, Calif.) were pre-qualified for the World Cup roster prior to the rollerski trials. They will be joined by fellow 2018 Olympian Emily Dreissigacker (Morrisville, Vt.). A decision regarding which three athletes will start what races in Pokljuka will be made by the coaching staff at the World Cup.

At the conclusion of the Pokljuka World Cup, one woman will be selected to also compete at the IBU Cup #2 in Ridnaun-Val Ridanna, Italy, Dec. 10-16.

The U.S. men's World

Cup team for Pokljuka will include pre-qualified athletes and two-time Olympians Sean Doherty (Center Conway) and Leif Nordgren (Marine, Minn.), along with rollerski trials winner Paul Schommer (Appleton, Wis.) and Travis Cooper (Kenai, Alaska). Because Cooper must compete at the IBU Cup #1, Nov. 26-Dec. 2 in Idre, Sweden, to earn his IBU qualification, Max Durschi (Ketchum, Idaho) will also travel to the World Cup in Pokljuka as a reserve. The men's team has four start spots at the World Cup.

Selected to race at IBU Cup #2 in Ridnaun-Val Ridanna, Italy, on the women's team were Hallie Grossman (South Burlington, Vt.), Deedra Irwin (Pulaski, Wisc.) and Kelsey Dickinson (Winthrop, Wash.). They will be joined by one member of the BMW IBU World Cup team from Pokljuka to round out the four starting spots.

The men's four starting spots at the IBU Cup #2 will be filled by Durschi, Alex Howe (Gilford), Jake Brown (St. Paul, Minn.) and Vasek Cervenka (Grand Rapids, Minn.).



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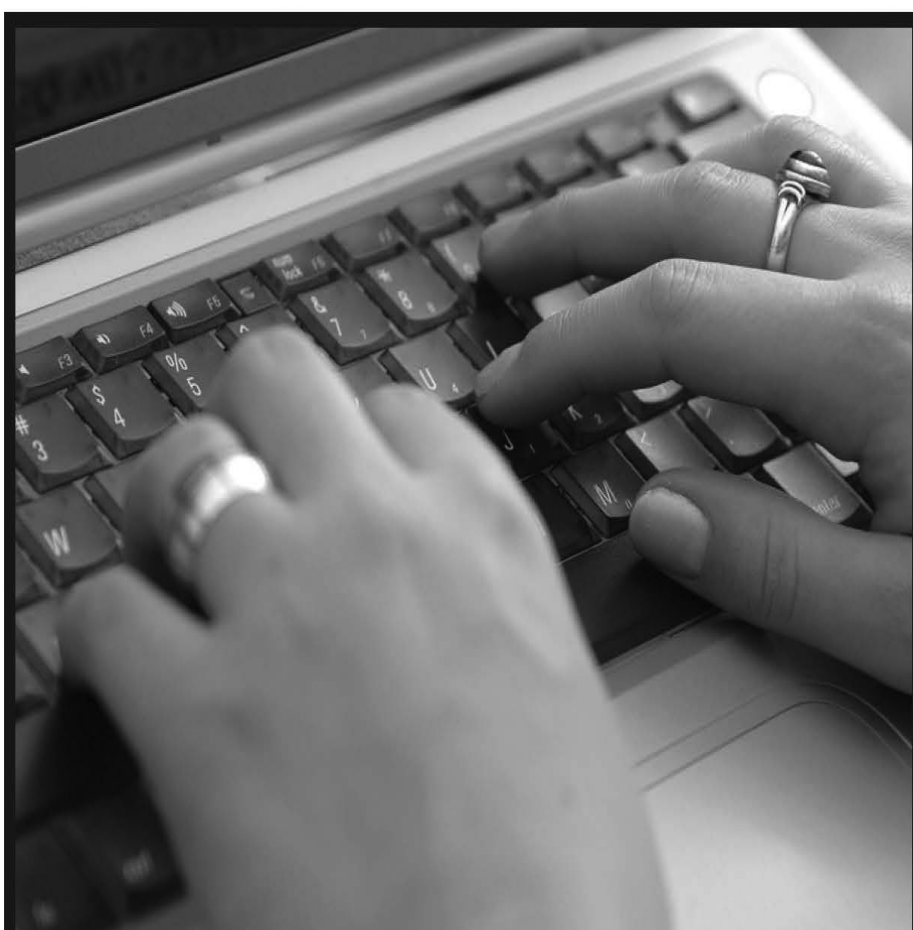
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- **1942: THE BATTLE OF GUADALCANAL BEGINS DURING WORLD WAR II**

• **1981:** THE SPACE SHUTTLE COLUMBIA IS LAUNCHED FOR ANOTHER TRIP TO SPACE. THIS IS THE FIRST TIME A SPACECRAFT IS LAUNCHED A SECOND TIME

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**SPANISH:** Cocinero

**ITALIAN: Cuoco**

**FRENCH:** Cuisinier

**GERMAN:** Koch

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**Can you guess what the bigger picture is?**

ANSWER: STOVE BURNER



# CRYPTO FUN

☐ ☾ Ω ✱ ♂ ≍ ≈ ★ +  
Determine the code to reveal the answer!

Solve the code to discover words related to peanut butter.  
Each number corresponds to a letter.  
(Hint: 8 = a)

**A. 11 22 17 8 21 3**

Clue: Smooth and thick

**B. 11 19 13 23 20 3**

Clue: Bulky

**C. 18 17 8 23 13 1 6**

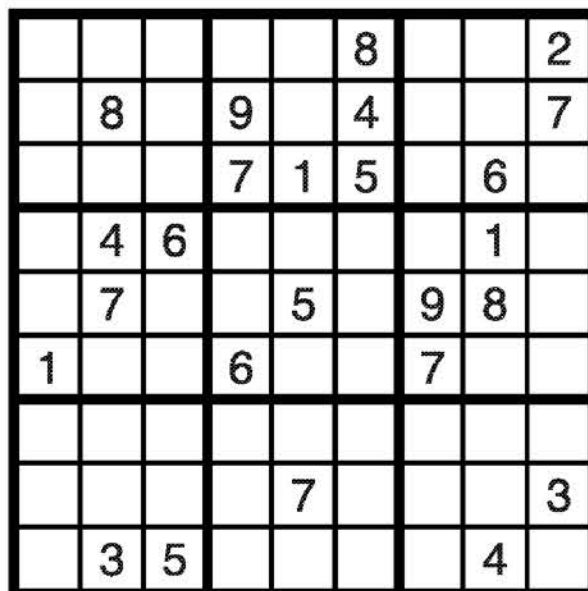
Clue: Popular legumes

**D.    6   18   22   17   8   26**

Clue: Apply in an even layer

Answers: A. creamy B. chunky C. peanuts D. spread

# SUDOKU



Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	1	7	3	6	8	4	9	2
6	8	3	9	2	4	1	5	7
4	2	9	7	1	5	3	6	8
9	4	6	8	3	7	2	1	5
3	7	2	4	5	1	9	8	6
1	5	8	6	9	2	7	3	4
2	6	1	5	4	3	8	7	9
8	9	4	1	7	6	5	2	3
7	3	5	2	8	9	6	4	1

ANSWER:



# Wolves shine in NEPHL playoffs

WALPOLE, Mass. — The 2018 NEPHL (New England Premier Hockey League) playoffs took place the weekend of Nov. 9-11 in Walpole, Mass. and the New England Wolves teams stole the show.

The unbeaten U14 won two games to advance to the finals vs the Granite State Wild and completed the sweep with a decisive 4-1 victory, claiming the fall season U14 Elite playoff crown. The Wolves organization offered congratulations to all the players and coaches John Guerin and Joe Spicuzza. Next up for them is the Winter U14 NEPHL season and two more showcases, the Big Moose Tournament and the Challenge Cup in Marlboro, Mass.

The Midget split sea-



The U14 Wolves won the NEPHL playoffs over the weekend.

son teams, U16 coached by Connor Bates and U18 coached by Mike Potenza, came out of the fall season with the number one and number three seeds. They both won their preliminary play-

off games to advance to the finals on Sunday.

In spectacular fashion, the U16s knocked off the U18s in a 3-2 affair. Adam Omundson was great in nets for the 16s as the 18s outshot and controlled play for much of the game. Congrats is deserved for both teams as the 18s finished as the regular season champion and 16s finished as playoff champion.

“Congrats to all of our players, parents and coaches,” said GM Andrew Trimble. “All of our teams represented our program extremely well and competed hard against much larger NH and Massachusetts based youth programs. These teams’ success certainly shows we have some talented young athletes here in the Lakes Region.”

# Curlers launch fourth year with surge in membership

WOLFEBORO — The Lakes Region Curling Association has opened its fourth year with a rush of new members. The league, launched in the wake of the 2014 Winter Olympics, got another boost from the 2018 Olympic games, during which the American men’s team won the gold medal in this ancient sport.

Registrations soared for the Fall 2018 league, and the LRCA now sports 11 teams with 55 players. The demand for playing slots led to a large investment in equipment in order to accommodate two new teams.

The LRCA draws members from throughout the Lakes Region and beyond, with members traveling to Pop Whalen Ice Arena in Wolfeboro not only from Tuftonboro, Ossipee, Brookfield, and Alton, but as far afield as Deerfield, Barnstead, Laconia, Loudon and western

Maine.

The revamped team lineup for the current season has upset old hierarchies, and no LRCA team survives unbeaten four weeks into the nine-game league. Curling matches take place at Pop Whalen on Sundays at 5 p.m.

The Olympic sport of curling originated in medieval Scotland and was brought to North America by Scottish immigrants in the 18th century. It is Canada’s most popular winter sport and is fast finding adherents in the US.

LRCA leagues are for men and women of all ages and experience levels. Participants can join individually, as couples, or as entire teams.

In addition to the fall season, a winter curling league takes place January to March. Registration for that league will begin in early December.

There’s no equipment



MIKE KENNY, left, of Alton waits as Wayne McBride of Wolfeboro and Heather Gilzean of Laconia chase a stone into the house during a Lakes Region Curling Association match at Pop Whale Ice Arena in Wolfeboro.

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to buy, and new members get an introduction to the basics of the game at a pre-season learn-to-curl session.

## Wolves looking for host families

LACONIA — The New England Wolves Junior Hockey program is seeking an additional host family for the upcoming season. They have a player expected to arrive from the Midwest this week.

The Wolves range in age from 15-20 years old and are recruit-

ed from all over the world, coming to develop as hockey players in the Lakes Region of New Hampshire. This year’s team features players from England, Canada, Florida, Colorado, and many more destinations worldwide. In 2017-18, the Wolves program was awarded by the Eastern Hockey League as “Humanitarians of the Year” for their charitable work in their community.

Players return home at Thanksgiving and have a two-week break at Christmas.

All host families receive \$375 per month, per player (can host more than one) for hosting Wolves. If you have a spare bedroom in your home and interested in hosting a player, please connect through e-mail the Wolves Housing Coordinator, Kerry Mull at mullkl426@gmail.com or 998-6682 for more info.

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