

Hassan visits Bank of NH Pavilion as shows come back

BY ERIN PLUMMER
mnews@salmonpress.news

Bands are booking again, crews are back to work, and excited fans are back in the seats at Bank of New Hampshire Pavilion after a difficult down year due to the pandemic. US Sen. Maggie Hassan recently took a tour of the pavilion and talked about different ways she is working to help businesses like theirs.

Sen. Hassan paid a visit to Bank of NH Pavilion on Thursday, getting a guided tour from Bank of NH Pavilion general manager R.J. Harding, “Queen of All Things Awesome” Bridget Harding, and other representatives. After the tour, Hassan and pavilion leadership took seats at a roundtable onstage and talked about the challenges the venue has faced in the past year and options for get-

ting some federal help.

R.J. Harding said when the pandemic started, they initially thought it would be a three to six week down period to “flatten the curve.”

“As a few months unfolded we realized that that was we were in for a much longer haul,” Harding said. “Basically our entire industry just stopped for the entirety of 2020.”

He said while statistics showed 95 percent of the industry was canceled, it meant 95 percent of their revenue was canceled.

Harding said the venue had been run independently for a long time, though in 2018 they created a partnership with the worldwide entertainment company Live Nation. Because of their partnership with

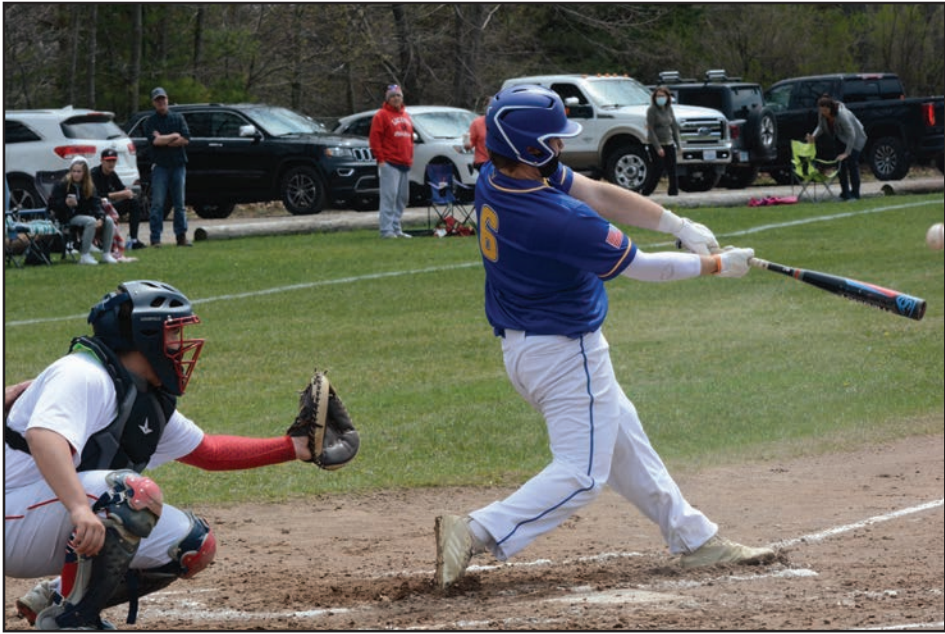
SEE HASSAN PAGE 7



Hassan talks with Bank of NH Pavilion leaders onstage.

PHOTO BY ERIN PLUMMER

McLean earns baseball All-State honors



Jack McLean was named Division III All-State Third Team.

JOSHUA SPAULDING

BY JOSHUA SPAULDING
Sports Editor

REGION — Following the conclusion of the 2021 season, the Baseball Coaches Association of New Hampshire has announced the All-State selections.

In Division III, Jack McLean of Gilford earned Third Team honors.

Earning First Team honors were Nate Sottak of Belmont, Phil Nichols of Winnisquam, Erik Hanser and Adrian Ehmann of Newfound, Carter Poulin of Berlin, Connor Treybig and Jake

SEE ALL-STATE PAGE 6

Lower speed limit on Belknap Point Road, research on signs address safety concerns

BY ERIN PLUMMER
mnews@salmonpress.news

The speed limit will be lowered on Belknap Point Road and the police chief and DPW director will come up with signage and striping options following a public hearing addressing safety concerns on Scenic Drive and Belknap Point Road.

The board of selectmen held a public hearing on emergency traffic regulations on Scenic Drive and Belknap Point Road on June 23 after several residents from that area expressed concerns about speeding traffic in an area heavily used by pedestrians and nonmotorized vehicles.

The road was gravel until recently when the town paved it, resulting in an increase of vehicle speed and many resulting safety issues. Several area residents spoke with the board during the June 9 meeting about the issue and the selectmen took any recommendations from the public on possible ways to address the situation.

Several residents, including many Scenic Drive residents, spoke to the board and gave a multitude of suggestions. Some suggestions included making the road one-way, closing off the southbound entrance on Lakeshore Road, installing speed bumps, increased police patrols, signage and striping, and others.

According to the draft minutes of the June 23 meeting, police chief Anthony Bean Burpee said patrols were set up on those roads for the past two weeks, though no speeding citations had been issued in that period.

Several residents spoke at the meeting and made suggestions as to how to manage traffic safety. Suggestions included lowering the speed limit on Belknap Point Road, increased signage, changes in line striping, and others.

A few residents opposed making the road one-way or closing off one of the entrances.

While a few local residents said they were concerned about speeding vehicles, a few others said they didn’t think there were any speeding problems on that road. Others said a big problem is walkers

SEE CONCERNS PAGE 7

Gilford schools hosting in-person summer programs with precautions

BY ERIN PLUMMER
mnews@salmonpress.news

In-person summer programs will go on as usual in the Gilford Schools with certain safety measures and will be used to help determine the district’s COVID-19 mitigation planning for the coming school year.

The Gilford School District posted a notice on its website stating it will have a number of summer activities on the schools including summer academics, enrichment activities, and camps; all of which will take place in person.

“The district will utilize the summer 2021 to transition into our planning for the 2021-2022 school year,” the district

stated. “We realize adjustments may need to happen as we progress through the next 2.5 months.”

The district said it will continue to use guidance from the NH Department of Health and Human Services on how to proceed.

The school buildings will be open Monday through Friday from 7 a.m.-3 p.m. for their different camps and activities, though some summer camps might run later than 3 p.m.

Rooms and spaces used for these activities will account for three feet of physical distancing between all people.

Masks will be optional for staff and students in both indoor and out-

door settings, though masks will be available for those who want them. Plexiglass barriers in the buildings will also be available if needed.

Staff and students will be encouraged to wash their hands regularly and use hand sanitizer. Sanitizing stations will be located throughout the buildings. They will also be encouraged to cover sneezes and coughs.

Regular cleaning and disinfecting protocols will continue over the summer and cleaning and disinfecting supplies will be available to anyone using the buildings.

Students using the bus will still be spread

out, mostly one per seat though sometimes two students would have to sit in one seat. The bus company will still require masks on the bus as per federal public transportation guidelines.

The district will no longer receive reports of positive COVID-19 cases. Families are asked to report if a student is absent due to a COVID-19 diagnosis and other students and staff members will be monitored. Any students or staff members that do test positive or live with someone who tests positive will be required to quarantine for 10 days and be symptom free for 24 hours after their quarantine period is done.

ALMANAC

Notes from the Gilford Public Library

What's New at the Gilford Public Library?

The Summer Reading Program is in full swing here at the library! If you haven't already, you can still sign up for the program on ReadSquared, our partner application, or grab an old-fashioned paper log at either the Main Circulation desk or the Children's desk. Adults and children alike are encouraged to sign up for the program and can still earn prizes and fabulous raffles from a number of local sponsors. Just this July alone, we have over 50 adult, children and teen programs available! Check out our calendar on our website for all the latest information about programming and sign up for a few! You never know, you could walk away with a fabulous prize.

Classes and Special Events

July 8-July 15
Thursday, July 8
Geri Fit, 9-10 a.m.
Luxor, Egypt Live Tour, 1-2 p.m.

Join us for this live, one-hour walking tour of timeless Egypt via video chat. Interact with our own personal tour guide as they bring us through the massive Luxor Temple. You may join us here at the library or join our program virtually. Call the library for more information.

Squam Lakes Natural Science Center presents No Two Tails Alike, 1:30-2:30 p.m.

An animal's tail can serve as a rudder when swimming, help with agility during flight, or can even function like an extra hand. Meet live native wildlife ambassa-

dors as a naturalist from Squam Lakes Natural Science Center tells tales of the tails of some of New Hampshire's native wildlife.

French, 4-5 p.m.

Friday, July 9
Teen Volunteer Opportunity, 10:30-11:30 a.m.

Teens and tweens! Want a chance to get a volunteer hour or two? Talk with Hayden in the teen room about helping set up the story walks for the little ones here at the library. We will go out on the walking trail and post the stories for the kids that will be reading them the following week. Here's a chance to do some good and help the library community.

Bridge/Hand & Foot, 10:30 a.m.-12:30 p.m.

Storytime with Pets, 10:30-11 a.m.

Hand & Foot, 12:30-2:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Advanced Conversational German, 2:30 p.m.

Lower Intermediate Line Dancing, 4-5 p.m.

Weeklong Activities for July 12-July 16

T(ween) Minecraft Challenge Week #2

Teens & Tweens that maybe cannot access the library Summer Read-

ing Program during the week can still participate from home. Hayden is launching Minecraft Creative Challenges each week in July. Check in each Friday on our Facebook Page or Discord Channel to see the new week's contest. If you have access to Minecraft, feel free to play along at home. Submissions for each week will receive entries into a raffle at the end of the month!

Drop in Craft: Diamond Painting, 10 a.m.-4 p.m.

Teens and Tweens! Come and create a beautiful diamond painting that you can stick wherever you want! Cell phones, laptops, water bottles, etc will all look awesome with some bedazzled stickers! Drop in anytime between 10 a.m.-4 p.m. and we'll get you set up.

Monday, July 12
Geri Fit, 9-10 a.m.

Sunsational Storywalk, 10:30-11:30 a.m.

Enjoy another sun-filled storywalk with Miss Jill! Sign-up is not required. Meet in Gilford Elementary main parking lot.

Mahjong, 12:30-3 p.m.

Tuesday, July 13
Geri Fit, 9-10 a.m.

Children's Craft Tuesday: Horses

Come create your very own horse using a pool noodle! After all the beautiful horses are created, we will be holding a horse race! Prizes will go to 1st, 2nd, and 3rd place winners of the race. Sign-up is required.

Bridge, 10:30-11:30 a.m.

Line Dancing-Lower Intermediate, 4-5 p.m.

Wednesday, July 14
Village Walk, 9:30-10:30 a.m.

Meet at the library for a refreshing walk to the village with old friends or meet a new one. Coffee will be served afterwards at the library!

Check out an Expert, 10 a.m.-12 p.m.

Storytime at the Beach, 11:30 a.m.-12 p.m.

Bring your lunch and your beach blanket and join us for a fun storytime! Must be a Gilford resident

Mental Wellness Wednesday (Virtual), 1 p.m.

Tune in for your mental wellness tip for Wednesday with Dr. Raymond Suarez from Lakes Region Psychiatry. Various topics from depression to how to conquer your day! Want to hear about a special topic? Email us at library@

gilfordlibrary.org.

Thursday, July 15

Geri Fit, 9-10 a.m.

Squam Lakes Nature Science Center presents: Owls and Hawks, 4-5 p.m.

Join us to learn and compare the fascinating similarities and differences between hawks and owls! Discover how they are perfectly suited to the habitat they each fill. Sign-up is not required.

French, 4-5 p.m.

NH Humanities: Harnessing History - On the Trail of New Hampshire's State Dog, the Chinook, 6:30-7:30 p.m.

This program looks at how dog sledding developed in New Hampshire and how the Chinook played a major role in this story. Explaining how man and his relationship with dogs won out over machines on several famous polar expeditions, Bob Cottrell covers the history of Arthur Walden and his Chinooks, the State Dog of New Hampshire. This is a NH Humanities program and will be a hybrid program, with an in-person portion and a virtual portion.

Gilford Public Library Top Ten Requests

1. "The President's Daughter" by Bill Clinton
2. "Choose Me" by Tess Gerritsen
3. "21st Birthday" by James Patterson
4. "Golden Girl" by Elin Hilderbrand
5. "Ocean Prey" by John Sandford
6. "The Four Winds" by Kristin Hannah
7. "Legacy" by Nora Roberts
8. "Sooley" by John Grisham
9. "The Red Book" by James Patterson
10. "Jackpot" by Stuart Woods

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Lakes Region Art Association announces 'Summer Art Camp'

TILTON — The Lakes Region Art Association, a non-profit 501-C-3 organization is hosting three separate Summer Art Camps beginning in June for students in grades six to 12. Professional artist, and President

of the LRAA, Tom Hitchcock, will teach all three courses beginning with the first camp on June 7. Summer Art Camp 2 begins in July, and camp 3 in August. Each camp session is made up of six classes over 3 weeks, two classes per week, Monday and Wednesday, 9 to 11 a.m. at the LRAA Fine Art Gallery, Tanger Outlets, 120 Laconia Rd., Tilton, suite 300. To register, call: 496-6768.

Hitchcock will focus on teaching many art disciplines to include drawing, composition, perspective, design, color and light and how to paint with acrylics. His teaching will also include Art History and instruction to build an appreciation of fine art. Tom's background in art, and his curriculum for teaching, was developed over the years from first graduating from Syracuse University Fine Art School to then his professional experiences in the real world of art and design, photography, illustration, offset printing, marketing and advertising.

"I want to pass on what I can do to help young adults willing and eager to learn how to become and accomplished artist, and perhaps make it their career like I have," he said.

Hitchcock's classes will focus on a student's ability to learn and grow as an artist. Class sizes are limited and it's recommended early registration to insure a 'place at the easel.'

Gilford Steamer

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Gilford High Senior Wins Fourth Annual Brodsky Prize

MANCHESTER - Gilford High School senior Serena Pugh is the first-place winner of the 2021 Brodsky Prize, recognizing journalistic excellence and “out of the box” thinking by high school journalists.

“I vividly remember more than 30 years ago, when my son Jeffrey was co-editor of his school newspaper, and the innovative mind-set and action he showed as top editor of the publication. I look back fondly on the impact the newspaper had on his life at the time. In that spirit, Serena Pugh’s creative thinking, coupled with her fledgling journalistic instincts, make her an ideal winner. Her essay was brave and challenged the status quo,” said Howard Brodsky, a member of the judging committee.

Jeffrey Brodsky established The Brodsky Prize in 2018 to honor, encourage and reward high school journalists around the state, and this year’s cohort is the most geographically diverse and largest in the Prize’s history. With today’s scholarship announcement, “We have awarded over \$25,000 to truly outstanding

high school journalists,” Brodsky said. This year’s group of winners and finalists represent every corner of the state.

First place winner Pugh will use her \$7,500 award to attend Eugene Lang College of Liberal Arts at The New School in New York, with a focus on Journalism and Design.

In her submission essay, Pugh wrote, “I realized journalism was my ideal career path when I saw all the craziness that 2020 had to bring and how journalists helped in diverse ways. Whether it was the election, COVID-19, the BLM protests, our environmental issues, or just staying connected with your community, journalism was the way we were all able to remain informed and almost together, while still being socially distant.”

In addition to Pugh, there were an additional four prize recipients. Finalists in Second Place (tie) were awarded \$1,000 each: Eve Brown-Ryder of Manchester Memorial and Zachary Rioux, of Bishop Guertin, Nashua. Third Place Finalists (tie) were awarded \$350 each: Tyler Hughes of Winnacunnet High

School, Hampton, and Daisy Macdonald of Hinsdale High School. The total 2021 awards were \$10,200, the highest in the Brodsky Prize’s four-year history.

“We almost cancelled the Brodsky Prize this year because of Covid,” said Jeffrey Brodsky, “but instead, we decided to turn the pandemic into an instructional writing project.”

Judging criteria included a student’s journalistic initiative and enterprise, as well as what Brodsky calls “a contrarian nature and out-of-the-box thinking.” Since many school newspapers have been challenged by the Covid pandemic, this year’s Brodsky Prize focused on student responses to essay questions, using a Solutions Journalism lens.

The Brodsky Prize was created four years ago by Jeffrey Brodsky, who was co-editor of the student high school newspaper, “The Little Green,” during the early 1990s. He hopes to encourage “boldness and innovation” by a new generation of student journalists. Brodsky, now 47, received his BA in Political Science



COURTESY PHOTO
Howard Brodsky awards Serena Pugh, Gilford High School Senior, with 2021 Brodsky Prize First Place Honor

from Washington University in St. Louis, and his MA in Oral History from Columbia University in New York. He became a historian and documentary producer before illness forced his retirement and return to his hometown of Manchester. The Brodsky prize is open to all New Hampshire public and parochial high school students. The Nackey S. Loeb School of Communications helps oversee the award program and provides one of the judges, Executive Director Laura Simoes. Long-

time judges are Howard Brodsky, Jeffrey’s father, and Chairman and CEO of CCA Global Partners; Misbah Tahir, the former “Little Green” co-editor, now a biotechnology finance executive; and former NH “Union Leader and Sunday News” president and publisher Joseph McQuaid. New judges for 2021’s focus on Solutions Journalism as a writing style are Roger Carroll, managing editor of “The Laconia Daily Sun,” and Leah Todd, New England regional manager of the Solutions Journalism

Network. Both the NH Union Leader/Sunday News and The Laconia Sun are part of NH Solutions Journalism Lab projects at the Nackey S. Loeb School of Communications.

More information on The Brodsky Prize, including past winners, is available at brodsky-prize.com. More information about the Loeb School and the NH Solutions Journalism Lab can be found at loeb-school.org.

Programming this week at the Gilford Public Library

The Gilford Public Library’s Children’s Room is buzzing with activities this summer! If you haven’t yet signed up for ReadSquared, make sure to do that and log lots of minutes reading for fabulous prizes. You

can also earn points by attending programs. This week, we’ve got:

Animal Mask Craft - July 6 at 10:30 a.m.

Decorate your own mask, what animal will you be? Sign-up is re-

quired.

Storytime at Gilford Town Beach - Wednesdays in July (7, 14, 21, and 28) at 10:30 a.m.

Bring your lunch and your beach blanket and join us for a fun storytime! Must be a Gilford resident. Every Wednesday in July

nounce Summer Reading programming not just for the kids, but for the parents, grandparents and other adults as well. Many events will cover nature, food and other local interest topics throughout the dog days of summer. Thanks to our many local sponsors for offering prizes and raffle giveaways for the adult summer reading program, which can be tracked on ReadSquared, our partner app. Sign up on our website if you haven’t already! This week, we’re happy to host:

A Village Walk - Wednesdays in July (7, 14, 21, and 28) at 9:30 a.m.

Meet at the library for a refreshing walk to the village with old friends or meet a new one. Coffee will be served afterwards at the library!

his Chinooks, the State Dog of New Hampshire. This is a NH Humanities program and will be a hybrid program with an in-person portion and a virtual portion.

Remote participation available for some town meetings

BY ERIN PLUMMER
mnews@salmonpress.news

Residents can now remotely participate and give comment in the meetings of certain town boards and committees by using their phones and other personal devices.

According to the town newsletter The Hub, the town is now using GoToMeeting to allow residents to participate in meetings of the board of selectmen, the Budget Committee, the Conservation Commission, the Planning Board, the Zoning Board of Adjustment, and the Gunstock Village Acres Water District.

Anyone interested in taking part just have to have a personal device like a laptop, smartphone, tablet, personal computer, and others to participate. They can also participate with audio and video on a device with those capabilities. No apps are required.

People also have the option of calling and connecting with the meetings through voice call on cell and landline phones.

Each board and committee has a different link to connect to their meetings. For a full listing of meeting links and numbers to call and connect visit the latest edition of The Hub at https://www.gilfordnh.org/assets/municipal/13/postings/Town_Newsletter_-_July_2021.pdf.

The board of selectmen will be switching from its regular meeting schedule to a summer schedule. The board typically meets the second and fourth Wednesday of the month. From July through August they will be meeting once a month. The next selectmen’s meeting is July 14.

The board will resume its regular meeting schedule starting in September.

Selectmen’s meetings are also aired on Lakes Region Public Access and can be found at <https://vimeo.com/gilfordnh>.

The Gunstock Acres Village Water District will meet on July 21.

Squam Lakes Natural Science Center presents: No Two Tails Alike - July 8 at 1:30 p.m.

An animal’s tail can serve as a rudder when swimming, help with agility during flight, or can even function like an extra hand. Meet live native wildlife ambassadors as a naturalist from Squam Lakes Natural Science Center tells tales of the tails of some of New Hampshire’s native wildlife.

Squam Lakes Natural Science Center presents: Owls and Hawks - July 15 at 1:30 p.m.

Join us to learn and compare the fascinating similarities and differences between hawks and owls! Discover how they are perfectly suited to the habitat they each fill. Sign-up is not required.

Adult Programming
The Gilford Public Library is happy to an-

A Village Walk - Wednesdays in July (7, 14, 21, and 28) at 9:30 a.m.

Meet at the library for a refreshing walk to the village with old friends or meet a new one. Coffee will be served afterwards at the library!

Live Egypt Tour - July 8 at 1 p.m.

Join us for this live, one-hour walking virtual tour of Luxor, Egypt. Interact with our own personal tour guide as they bring us through the massive Luxor Temple. Please join us in person here at the library, or join virtually. Call us at 524-6042 for more information.

Harnessing History - July 15 at 6:30 p.m.

This program looks at how dog sledding developed in New Hampshire and how the Chinook



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Facts about Independence Day

One of our favorite holidays to write about is Independence Day. We all know the stories of our forefathers, John Adams, Sam Adams, George Washington, Paul Revere, James Madison, Benjamin Franklin, and Alexander Hamilton to name a few. However, the history is endless. We thought we would shine a light on aspects surrounding Independence Day that aren't commonly known.

The famous painting that depicts the signing of the Declaration of Independence isn't exactly an accurate portrayal. All of the delegates were never together at the same time in Philadelphia. The final signing took place roughly a month later on Aug. 2. The Declaration was formally dated and adopted by Congress on July 4, however Congress voted for independence on July 2.

Celebrating their new independence, soldiers along with civilians tore down a statue of King George III and melted it into bullets. In Georgia, people burnt the King in effigy and even held a faux funeral service. In Philadelphia, the King's coat of arms was burned in a bonfire. Massachusetts was the first state to recognize July 4 as a holiday in 1781.

In 1777, fireworks could be seen in the sky and the ringing of bells rang through the night in Philadelphia. Ships were decorated and lined the coast and streamers could be seen flying in celebration everywhere. The oldest annual parade takes place in Bristol, Rhode Island; 2020 will be the town's 235th consecutive celebration after its start in 1785.

In New England, dining on salmon became tradition. The story behind the popular cuisine, is due to the influx of salmon that summer. Along with the salmon, people had peas and turtle soup.

One common fact is that Thomas Jefferson and John Adams both died on July 4, 1826. James Monroe also died on the fourth of July in 1831. President Calvin Coolidge was born July 4, 1872.

Left out of mainstream history was the story of Crispus Attucks, the first to die in the patriot cause. Attucks was a black/Native American patriot who was shot, and the first to fall during the 1770 Boston Massacre. Attucks was a runaway slave who was a rope maker and sailor. History says he was shot by two musket balls to the chest. In 1778, it became legal in Rhode Island for free and enslaved blacks to serve the cause, with freedom as part of their payment.

Educated by her owners, Phillis Wheatley was a well-known poet during those times. Wheatley was kidnapped in West Africa and brought to America. At the age of 20, in 1773, she became the first African American and third female to publish a book of poetry. She eventually became free. She also advocated for independence, writing in support for George Washington's Revolutionary War in her poem, "To His Excellency, General Washington." Washington, impressed by her talent invited her to a meeting.

In 1958, when Alaska and Hawaii were on deck to become states, a history teacher assigned his class to design a flag depicting the two new states. Robert Heft, 16, received a B- on the project. Unhappy with the mark, Heft sent the flag to Dwight D. Eisenhower. After the flag was chosen, Heft had his grade changed to an A.

Another fun fact is that Thomas Jefferson wrote the Declaration on what was referred to as a laptop. A writing desk that could fit over a person's lap.

In 1778, Washington ordered a double ration of rum for soldiers to celebrate with.

In 1776, there were roughly 2.5 million people living in America. The current population is now 325.7 million.

Wearing an American flag, whether it be on a tee-shirt, headband, towel or shorts, is in violation of the Flag Code. The code says that you are in violation if you sell, display any "article of merchandise, upon which shall have been printed, painted, attached, or otherwise placed a representation of [the flag... in order to] advertise, call attention to, decorate, mark, or distinguish the article or substance on which so placed." The code, however, is not enforceable.

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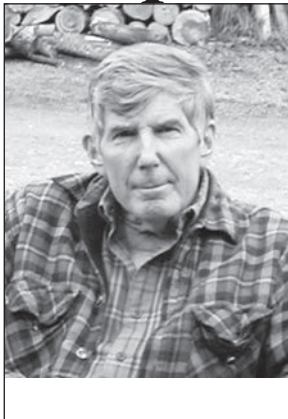
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We're looking forward to hearing from you!

NORTH COUNTRY NOTEBOOK

In a place where the lack of light lets you ponder the sky at night



By JOHN HARRIGAN
COLUMNIST

Who pays much attention to light? Landscape painters and photographers, for two, and of course those without any.

This makes me think of the now-famous photo-montage of Earth at night, as seen from space. There were places with lots of lights glowing, and places with some, and some places with few or none.

The northern two-thirds of New Hampshire and the greater parts of Maine and Vermont had few lights. Well, at least compared with the state's Southern Tier, or greater Boston.

Large parts of Africa and Central Asia were mostly dark. What must life be like? In some ways similar to ours a century or more ago.

+++++

I think we take light for granted, the way some of us do heat or air conditioning.

The family that gets a load of tree-length or eight-foot wood, and cuts, splits and piles it, and then moves it into shed, cellar or barn in the fall, and then moves it again to stove or furnace, does not take heat for granted, I'd bet.

In a similar vein, people accustomed to losing their power for a little while, or even a great while, don't seem



PHOTO BY JOHN HARRIGAN

The setting sun cast a nice glow on a pile of three-foot furnace wood.

to mind it much. This is partly because they know it'll come back on.

Then too, many people are not fazed by power outages and are well prepared to take up the slack. Out come the flashlights, candles, and lanterns.

As for water, some never give it a thought.

I'll never forget going out for lunch one time with my aunt Cam and uncle Carl in Rumford, Maine. They lived on South Rumford Road, and didn't know all that much about the city (that would be Rumford).

Because the question had come up during the drive over, we asked our waitress where the water came from. "Right over there," she said, pointing to the kitchen sink.

+++++

How did people cope with heat before the age of air conditioning?

My grandfather White told about his days down on the fam-

ily farm in Jonesport, Maine. During haying time, he said, the crew drank switchel. There are many recipes, but generally the ingredients are ginger, water, apple cider vinegar, and molasses. Rum seemed to be a mysterious addendum, especially for barn-raising.

From the summer kitchen, which was typically in the ell of the farmhouse, came a variety of cooling snacks, including cucumbers floating around a block of ice.

Before Franklin Roosevelt's New Deal and rural electrification, many farms used blocks of ice for refrigeration. This could keep butter and cream and the like cool enough to take to town.

After electrification reached the countryside, the new often mingled with the old. One of the tricks for keeping a room cool was to put a block of ice in a pan on a table and set up an electric fan on the window-sill behind it.

Or, if your house was

so situated, you could just catch the wind.

+++++

Thank your lucky stars, I remind myself, to say that you can see the stars. If I turn the lights off and go out and look up, I can see a dark sky at night, and the Milky Way and the great beyond.

I'm mystified and enthralled by what I see. Shooting stars are a frequent treat. The nearest star, Proxima Centauri, is 4.24 light-years away.

How can the mind grasp endless stars in an endless sky, or comprehend how long ago the stars created the light, and how long it took to get here?

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

FROM OUR READERS

The American Jobs Plan will help New Hampshire

To the Editor:

As New Hampshire and other states begin to emerge from the coronavirus pandemic, it is important that our recovery efforts are robust and maintainable. Regaining revenue and stirring economic activity will be of the utmost priority for our communities, especially given the troubles that small businesses endured throughout this trying time.

The American Jobs

Plan put forth by President Biden offers a path for New Hampshire to not only provide jobs and growth at a time when it is much needed but also protect the environment. The proposal designates funding for green initiatives that create thousands of jobs in emerging sectors, such as clean energy.

There are many benefits to developing clean energy projects. In New Hampshire, these initiatives can help upgrade our crumbling infra-

structure by adding solar, wind, hydro, and other resources to our energy grid. This diversifies energy portfolios for New Hampshire residents, allowing them to receive power from sources beyond fossil fuels. For a state that has some of the highest energy costs in the nation, investing in clean energy could help lower energy prices in the future.

Clean energy projects also create thousands of job opportunities, giving many residents who are

affected by pandemic-related job loss the chance to get back on their feet. They can be the spark the reenergizes our communities, generating economic activity and increased cash flow to local businesses and enterprises.

New Hampshire should not pass on this unique opportunity.

Jason Hodgdon
Gilford

Thanks for supporting the Plant & Bake Sale

To the Editor:

The Opechee Garden Club would like to thank our community members for the support given our Plant & Bake Sale. Your purchases of perennials, baked goods, crafts and the raffle tick-

ets will allow us to maintain our community gardens and continue to provide scholarships to Lakes Region students. A special thank you to Gilford Lowes, Lilies at the Parsonage, Pedal Pushers Farm, Winnis-

quam Agway and Appletree Nursery for providing the Raffle prizes. Congratulations to our winners; Carol Block, F. McDonald, Jackie Bonafide, Maureen Workman, Jim Bright and Sandy Stafford.

Thank you also to the Salmon Press and The Laconia Sun for helping to get the word out.

Linda Belcher and Judy Robertson Co-Chairs, Opechee Garden Club

The Belknap Mill Presents Children’s Fairy Tale Theatre in the Park

Laconia - The Belknap Mill is delighted to announce the addition of IMPACT - Imagination and Music: Professional Artistry in Children’s Theatre to its summer programming offerings. Join us on Tuesday, July 6 at 10 a.m. for Little Red Riding Hood - the first of in a series of six performances which will take place each Tuesday at 10 a.m. (rain or shine) through Aug. 10. Tickets are \$6 per person/show or you can purchase all 6 shows for \$30 per person. Children 2 and under are free. Groups of 5 or more will be \$4 per person.

In “Little Red Riding Hood,” “Little Red must make an important delivery to her Granny who is sick in bed, but that will require going over the river and

through the woods. As long as she follows mother’s directions and heeds the warning of three little previous victims, then it should be nothing more than a howling good time!”

In collaboration with North Country for the Arts at Jean’s Playhouse, IMPACT is a professional touring children’s theatre company that performs a different Fairy Tale every week for six weeks. Each production features a professional cast of four to six actors, sets, costumes, props, original music and more! The 45-minute adaptations are written to be enjoyed by both children and adults alike. This program has been brought to us through Bryan and Johanna Halperin, Pro-

ducers for Powerhouse Theatre Collaborative and their long-time relationship with Jean’s Playhouse.

All six performances will take place in Rotary Riverside Park. In the case of rain, performances will be moved to the Rose Chertok Gallery, 3rd floor of the Mill. Tickets will be sold the day of the show at each performance. We invite you to bring a chair or blanket and join us. More information about the performances can be found on our website at: www.belknapmill.org.

COURTESY PHOTO

The Belknap Mill is delighted to announce the addition of IMPACT - Imagination and Music: Professional Artistry in Children’s Theatre to its summer programming offerings.



Bank of New Hampshire Signs as Title Sponsor for Palace Theatre’s Children’s Summer Series

LACONIA - Bank of New Hampshire is proud to once again be the Title Sponsor of the Palace Theatre’s Children’s Summer Series. This series will run from June to August and features nine different productions performed by professional actors and designed specifically for young children and their families.

The Palace Theatre is the busiest full-time theatre in the state of New Hampshire, making it a strong economic engine

for the local community. The Palace Theatre is also fully committed to strengthening access to theatre for youth in the Manchester area and beyond. Palace Youth Theatre provides an avenue for young children and young adults to perform and grow as individuals within the Palace Theatre Community.

“The Children’s Summer Series is an energizing time for both patrons and staff members at the Palace Theatre,” said Carl Rajotte, Palace Ar-

tistic Director. “We are proud to provide affordable, high-quality family entertainment to our community. For many of our young audience members, the Summer Series is an introduction to theatre. Kids come dressed in costumes to match their favorite characters and leave with bright smiles and wide eyes. Every summer, these audiences remind us of why we love live theatre. We are grateful for Bank of New Hampshire’s continued support.”

Bank of New Hampshire is excited about this partnership as we

aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

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Bank of New Hampshire presents the 2021

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|----------------------|---|------------------|------------------|
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All shows performed by professional actors

603.668.5588 **PalaceTheatre.org**

COURTESY PHOTO
Bank of New Hampshire presents the 2021 Children’s Summer Series at the Palace.

Laconia author releases new book

LACONIA - Give a Salute! is pleased to announce the recent release of “Memories,” a book by James Novak, author of the popular memoir, “Ora’s Boy” (2012). “Memories” shares what happens to the author after he leaves Laconia in 1957, enlisting in the U.S. Air Force.

Travel along with the author from Turkey to Thailand, and throughout the United States, as he recollects the many

memories of his adult life.

In “Memories,” he shares his experiences with hangings, tornadoes, hurricanes, Sharia law, the Vietnam War, a bigger-than-life con man, his near-death experience after being buried alive, and so much more.

Jim Novak was born in Laconia and graduated from Laconia High School in 1957. He graduated magna cum laude from Park College in

1970, with dual degrees in Business and Economics, and earned his master’s degree in Public Administration from the University of Oklahoma in 1977. Serving his country in the Air Force for over 23 years, Jim embarked on his civilian career with Lockheed Missiles & Space Co. upon his military retirement. After traveling extensively, he now resides back in Laconia with his wife, Denise, and their dog, Thea.

Both “Ora’s Boy” and “Memories” can be purchased at The Belknap Mill in Laconia, most bookstores, and online at Amazon.com. They are available in hardback, paperback and e-book versions.

Give a Salute! is an independent publishing company located in New Hampshire. Find out more about them at www.giveasalute.com.

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Edward Jones: Financial Focus

Don’t let investments go on vacation

Now that we’ve gained at least some space from the COVID-19 pandemic, summer travel is heating up. But while you might be eager to hit the road, you won’t want your investments to take a vacation – you need them to work hard for you consistently. But how can you make this happen?

Here are some ideas:

- **Know your destination.** “If you don’t know where you want to go, then it doesn’t matter which path you take.” This bit of wisdom, paraphrased from the classic children’s book, Alice’s Adventures in Wonderland, may be appropriate for, say, hikers exploring a new landscape. But as an investor, it matters a great deal which path you take. If you only dabble in investing, occasionally putting some money into one investment or another, it will be difficult to build a portfolio that’s consistently working in your best interest. It’s important to

create a long-term investment strategy based on where you want to go in life – that is, how long you plan to work, what sort of retirement lifestyle you envision, and so on.

- **Match goals with investments.** Some investments are designed to achieve certain goals. To illustrate: When you contribute to an IRA and a 401(k) or similar employer-sponsored plan, you’re investing for one specific, long-term goal: a comfortable retirement. While you can tap into these accounts for other purposes – though doing so might incur immediate taxes and penalties – they are designed to provide you with income during your retirement years. Similarly, you may have other investments for other purposes, such as a 529 education savings plan. Here’s the key point: Goals-based investing, by its nature, can help ensure your portfolio is always working on your behalf, in the way you intended.

• **Invest for growth.** Ideally, hard work produces results, and one of the main results you want from your investments is growth – that is, you want your investments to appreciate in value so they can eventually help you meet your goals. But if you are overconcentrated in vehicles such as certificates of deposit (CDs) and government securities, you may end up lowering your growth potential. That’s not to say that CDs and Treasury bills are in some sense “lazy.” They can provide you with income and help you reduce the impact of market volatility on your portfolio. But to achieve most of your goals, you’ll need a reasonable number of growth-oriented investments working for you, with the exact percentage based on your needs and life stages.

• **Check your progress.** How else can you ensure your investments aren’t just taking it easy? By checking up on them. If you follow a buy-and-hold strategy, your portfolio shouldn’t require many changes if it already reflects your goals, risk tolerance and time horizon. Too much buying and selling could jeopardize your ability to follow a consistent, long-term strategy. However, “buy and hold” doesn’t mean “buy and forget.” By reviewing your portfolio at least once a year, you can determine if your investments are performing as they should. If they’re not working for you as you’d like, you may need to make some changes. If you’re traveling this summer, relax and enjoy yourself – but keep those investments working hard.

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Meredith NH 03253
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Fax 866-532-8685
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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Edward Jones, Member SIPC. Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

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Comfort Keepers Making Sure Seniors are Getting Enough Vitamin C

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

The recommended daily dose of this vitamin is 90 milligrams for men and 75 milligrams for a woman.

For seniors, good eating habits improve physical health, which in turn has a positive effect on mental wellbeing and overall quality of life. Vitamin intake is often an important part of maintaining a healthy diet and getting the necessary nutrients.

As seniors age, vitamin deficiencies can occur for many reasons, such as skipped meals, medications interfering with the absorption of vitamins or certain health issues.

One vitamin that can greatly play a role in the quality of life of seniors is vitamin C. While usually associated with colds, this vitamin

plays a part in keeping older adults healthy all around. Benefits of vitamin C include:

Fights off colds: Vitamin C reduces the duration and severity of some illnesses

Immunity boost: Assists in the formation of white blood cells, which help fight off infection

Supports healthy joints: Helps form collagen, which helps hold skin, ligaments and cartilage together

Builds strong blood vessels: Helps keeps blood vessel walls strong and resistant to damage

When people age, the need for vitamin C only increases as they become more susceptible to illness and disease. Whether it is preventing macular degeneration, heart disease, osteoporosis or cancer, vitamin C has a vital role.

Seniors that want to ensure that they are getting enough of this cru-

cial vitamin on a regular basis should talk to a healthcare professional. Typically, avoiding vitamin C deficiency is possible with a healthy diet, but some older adults find that a supplement can be beneficial.

Foods rich in vitamin C are citrus fruits, bell peppers, tomatoes, Brussels sprouts, broccoli and cantaloupe.

Comfort Keepers® Can Help

For seniors struggling to maintain healthy eating habits, Comfort Keepers caregivers can help with meal planning, grocery shopping, meal preparation and support for physician-prescribed diets. Our custom care plans focus on physical and mental health and wellness activities. Our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity.

To learn more about

our in-home care services, contact your local Comfort Keepers location today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our website at nhcomfortkeepers.com for more information.

Gilford Parks and Recreation News

BY HERB GREENE
DIRECTOR

Old Home Day Committee Accepting Sponsor Forms and Parade Applications

The Gilford Old Home Day Committee is currently accepting Sponsorship Forms to have you name listed in the Old Home Day Program Booklet and Parade Applications for the Old Home Day Parade to be held on Aug. 28. These forms are available at both Bank of NH locations in Gilford, Meredith Village Savings Bank Gilford Branch, Franklin Savings Bank Gilford Branch, the Gilford Library, the Gilford Town Hall, the Gilford Recreation Department Office and on the Parks and Recreation website at www.gilfordrec.com.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Challenger British Soccer Camp

The Gilford Parks and Recreation Department is again sponsoring a weeklong Challenger British Soccer Camp. This camp will be held from July 12–July 16 at the Gilford Village Field. This camp offers a three-hour program for children ages 6-14 and an hour and a half long program for children ages 3-5. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Challenger website at www.challengersports.com.

Cost: \$132 for ages 6-12 and \$97 for ages 3-5

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Minds in Motion “KIKO.962 Robot Workshop!”

The Gilford Parks and Recreation Department is Sponsoring a workshop through Minds in Motion for children ages 1-12, from 9 a.m. – 4:30 p.m. on Aug. 2 and 3. Participants will have the opportunity to build and take home their very own KIKO.962 robot. This infrared sensor detecting, obstacle-exploring robot has spent life traveling the galaxies and surveying uninhabitable regions! KIKO.962 loyally follows any object that approaches it and won’t stop until switched back into explore mode. KIKO.962 has two pre-programmed modes (Follow-me and Explore) and scans its surroundings by using AI (artificial intelligence), I/R (infrared sensor), and six legs which allow it to turn 360 degrees and seamlessly complete obstacles! Once you construct this 192-piece STEAM kit, you will realize this is no ordinary robot. KIKO.962 offers a wonderful sound and light effect, which develops its own emotions and gestures! Create challenging mazes for KIKO.962 to navigate around, or just select Follow-me and enjoy having the adorable robot pursue you! Registration is taking place at the Gilford Parks and Recreation Office and forms are also available online at www.gilfordrec.com

Cost: \$115 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Seacoast United Soccer Camp

The Gilford Parks and Recreation Department is sponsoring a week-long Seacoast United Soccer Camp from Aug. 2 – Aug. 6 at the Gilford Village Field. This camp offers a three-hour program for children ages 6-14 and a 45-minute program for children ages 3-5. Participants may register by accessing a registration link through the Parks and Recreation website at www.gilfordrec.com.

Cost: \$135 for ages 6-12 and \$70 for ages 3-5.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

All-State

FROM PAGE A1

Blake of Bishop Brady, Andrew Durfee of Campbell, Colson Seppala of Conant, Mitchell Cormier of Fall Mountain, Peyton Marshall of Hopkinton, Ryan Bousquet of Inter-Lakes, Shea Zina and Sean Agonis of Mascenic, Kevin Putnam of Monadnock, Nate Holiday of Prospect Mountain, Tahj Robinson of Somersworth, and Tyler Hicks of White Mountains.

Second Team honors went to Jason Gaudette and Liam Waldron of Belmont, Luke Gordon of Newfound, Griffin Melanson of Berlin, Michael Thresher of Bishop Brady, Ryan Latsha of Campbell, Dominic Van Laere Nutt of Fall Mountain, Armen Laylagian and Joe Yanzo of Hopkinton, Blaine Krook of Mascenic, Michael Evans and Josh Evans of Mascoma, Ben Dean and Nate Doyle of Monadnock, Caleb Towle of Prospect Mountain, Karter Deming and Brody Labounty of White Mountains, and Garret Mango of Winnisquam.

Also earning Third Team honors were Tyler Rousseau of Berlin, Kolin Melanson of Berlin, Darren Earley of Bishop Brady, Gerard Perry of Campbell, Griffin LaBonte of Conant, Hayden Chandler of Fall Mountain, Chaz Hibbert and Noah Pearson of Winnisquam, Jack Morrall of Hopkinton, Alex Potter and TJ Bailey of Inter-Lakes, Noah Gray of Kearsarge, Jackson Cocozella of Mascenic, Alex Shareiko of Mascoma, Com Olivo of Monadnock, Sam Caldwell of Prospect Mountain and Mike Macklin of Newfound.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Katie Dobbins celebrates release of self-produced single, “Starlights”



COURTESY PHOTO

Gilford-based singer-songwriter Katie Dobbins released her new single “Starlights.”

After living in Boston for almost a decade, the events of 2020 brought singer-songwriter Katie Dobbins back home to her NH roots. Like many, Katie re-evaluated her life over the past 14 months. For her, the

year ended differently than it began. She took yet another leap of faith as she made the decision to dive into full time music at the end of 2020. She announced this transition in March with the launch of her

online community The Starlight Lounge, which can be found at patreon.com/katiedobbinsmusic.

The Starlight Lounge, named after Katie’s home studio Starlight Recording, is a platform where supporters can select a monthly subscription level in return for exclusive benefits. She has found so much joy in this online community over the past several months saying, “Pivoting is not easy, and I’ve missed playing live shows, but I also really love finding new innovative ways to do things, especially when those new methods build community engagement and impact peoples’ lives in a positive way.”

The biggest creation from Starlight Recording to date is Katie’s self-produced single, “Starlights.”

“The song was originally inspired by my desire to have a short jingle for the Lounge. But when I sat down to write it, it was clear that I had a lot to say,” she explains. “I wrote it in one sitting, quickly began laying tracks in my studio, and it came to life.”

She says “Starlights” was born out of gratitude

for the community she found online during the difficult year of the pandemic. She is grateful for everyone in her world - those near and far away, those here now and who have passed on. She hopes “Starlights” reminds people of the light we all carry, the power of community, and that together we can light up the whole world. The song certainly evokes emotion with its layered harmonies, sparkling piano, and dreamlike electric guitar riffs.

Katie collaborated with renowned NH artist and now good friend, Brooks Young, who put the final mixing and mastering touches on the song in preparation for its release. Starlights is now available on all streaming platforms.

“Starlights, Self-Produced Single by Katie Dobbins. Final Mix & Mastering by Brooks Young. Listen at <https://katiedobbinsmusic.hearnow.com/starlights>.

Dobbins has a live show planned in Concord on Aug. 7th. Details about that performance can be found on her website www.katiedobbins.com.



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Hassan
FROM PAGE A1

Live Nation, they were ineligible for many forms of federal funding, including Paycheck Protection Program (PPP) funding, because the company had too many employees to qualify.

Hassan said Bank of NH Pavilion and many other businesses can get some help from the Employee Retention Tax Credit (ERTC), a program that provides payroll tax relief and up-front payments to businesses.

Hassan headed up a bipartisan effort to expand the program to more businesses, including entertainment venues like Bank NH Pavilion. Hassan said expanding this program could provide needed funds for businesses who had additional expenses outside of what as covered by the PPP. It also covered businesses that might have been excluded from programs like the PPP.

“I kept thinking there are all these businesses that started during the pandemic and were not going to help them?” Hassan said.

Harding said this assistance would be greatly appreciated.

He said they were able to “hunker down for a year,” but were able to bring back their entire workforce on Jan 1. Harding did say there were worries the 2021 season would have to be canceled as well.

Bank of NH Pavilion organized a number of limited capacity shows going with state guidelines and managed to get some acts to schedule.

While state guidelines have relaxed and venues can be at full capacity, Harding said the first 12 shows of the season were scheduled at reduced capacity. Shows will be at full capacity starting with The Black Crowes on July 24.

Like many other businesses, Bank of NH Pavilion has had difficulties getting new staff. Harding said a lot of people might be blaming the pandemic, but he recalled this being an issue in 2019 that the pandemic exacerbated.

When the pavilion reopened a lot of staff members came back.

“For the most part as shows started coming back I started reaching out to people and they were just as excited as I was,” said Backstage Stage Manager and Labor Coordinator Ben Belanger. “They were very eager to get back.”

Several employees, however, didn’t return. Harding said in many cases the main concern wasn’t safety but the availability of childcare and issues with school scheduled.

“They’ve had to find other jobs, people who work in hospitality and restaurants have had to do other things and they realize it’s pretty great being home at night,” Bridget Harding said. “You can’t really blame them for that.”

Belanger said that a few staff members didn’t come back because they had found alternate careers or were going back to school. He said a number of them went to school and studied fields related to concert tech, including theater and other technical fields. As

things started opening up, he said many of them were just getting their degrees.

Despite the challenges, Harding said they have to keep booking shows and so many artists are itching to get back onstage. While the venue’s staff was out of work for a while, the touring crews have also been out of work and want to get back.

Belanger said it was emotional to be back.

“We’re just really here to get back to it and very excited to do our absolute best,” Belanger said. “Every show is the biggest show now whether its Dave Matthews or Kidz Bop we’re just excited to be here.

Hassan said now people are energetic and excited to be out.

“Out here especially you can see it in their faces,” Belanger said. “They’re very, very excited to see live music again. “Looking at our schedule again we have a lot of really good live shows.

It’s gonna be amazing.”

Emma Womack, Vice President of Venue Partnerships Sponsorships, said they can feel the enthusiasm from the guests.

“It’s not even the smiles, it’s the feeling everyone has: the walking around and they’re just so happy to be with their families or friends enjoying live music,” Womack said.

Hassan said this shows the power of live performances, something she said can’t be properly replicated virtually.

“From the perspective of things to take for



Sen. Maggie Hassan gets a tour of the backstage area at Bank of NH Pavilion from R.J. and Bridget Harding, getting a look at the restaurant and snack bar for performers.



Sen. Maggie Hassan joined the staff of Bank of NH Pavilion on a tour of the venue. From left to right: Ben Belanger, R.J. Harding, Hassan, Bridget Harding, Emma Womack, and Jason Jenkins

granted in life, I think people take arts for granted,” Hassan said, “and you realize what it means to be with other people sharing an experience that kind of draws out the humanity in everybody which is what I always think of when I think of music and other performing arts in par-

ticular and just having missed that for over a year.”

Harding said later getting Hassan’s help meant a lot.

“It signifies we’re there; it feels like we’re almost, almost getting together to celebrate the return of the entire industry,” Harding said.

“Feels fantastic and her help in that was crucial here on the local part in New Hampshire and with the corporate off in Beverly Hills. That tax credit they were referencing, who knows what would have happened without the help of those things. It was a long winter.”

The Laconia-Gilford Lions Club wants to thank you!



Lions Club members (from left) Bill Chandler, Matt Soza, Allyn Bridge, Carol Dow, Marylin Brown, Lori Chandler, and Mike Adams.

The Laconia-Gilford Lions Club’s Electronic Waste Collection Day on Saturday, June 5, was a great success and the Lions are grateful to all those who braved the heat, brought items and participated in this fundraiser. Thanks to you, we filled up two large trucks with recyclable electronic items.

Special thanks to the owners of the Cinema’s 8 plaza in Gilford, WJP Development, LLC, for allowing us to use their parking lot for this fundraiser.

Additional thanks to Winnisquam Printing for donating the printing costs of the flyers for the fundraiser.

The money that the Lions raised will allow the Club to meet pressing needs in our community including eye exams, eyeglasses, eye screening in the schools, hearing aids, scholarships to graduating Seniors,

Christmas baskets, assistance to food pantries, Lakes Region Community Services, Community Health & Hospice, among many other local charities. The Lions are grateful for your support and look forward to seeing you in October 2021 for our fall Electronic Waste Collection Day fundraiser.

The Lions are looking for service-minded people to join us. For more information, call 998-5549.

Thank you all.

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- Carroll County Independent

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Concerns
FROM PAGE A1

not using courtesy, such as walking three or four abreast on the road.

After the hearing was closed, the selectmen agreed by consensus to have Bean Burpee and Department of Public Works director Meghan Theriault do some further study and come up

with some options for striping and signage. These findings will come to the board at a later meeting.

Selectman Kevin Hayes moved to lower the speed limit on Belknap Point Road to 25 miles per hour year-round and the selectmen voted unanimously in favor.

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The Little Mermen, a premier Disney cover band July 11 at Lakeport Opera House



COURTESY PHOTO

“Be our guest” and have “Wishes granted” as premier Disney cover band, the Little Mermen, brings kids and families on their feet for a live action sing-along show at the Lakeport Opera House.

LACONIA - “Be our guest” and have “Wishes granted” as premier Disney cover band, the Little Mermen, brings kids and families on their feet for a live action sing-along show at the Lakeport Opera House. The Little Mermen will per-

form two shows on Sunday, July 11 including a matinee at 3:30 p.m. and an evening performance at 7 p.m. “Disney-lovers young and old are in for a real treat with the Little Mermen show,” said Lakeport Opera House ven-

ue director Tim James Everett. “This nostalgic family-friendly show will have everyone singing out loud to their Disney favorites with lots of fun surprises during the performance.” The band’s repertoire covers rock versions of

all 82 years of the Disney canon including favorites from “Beauty and the Beast,” “Aladdin,” “The Little Mermaid,” “The Lion King,” “Mary Poppins,” and “Frozen.” The group performs in full costume with band members dressing up as beloved film characters. Founded by singer and songwriter Alexis Babini, the Little Mermen throws enchanted events that are jam-packed with nostalgic fun and sing-alongs. Hailed by BuzzFeed and Time Out New York as the premiere Disney cover experience, the show has won praise from none other than Disney.com and Alan Menken, composer of “Beauty and The Beast,” “Aladdin,” “The Little Mermaid,” “Tangled,” and others, himself. Spectators are encouraged (but not required) to dress as

a Disney character for a chance to win a prize including a meet and greet with the Little Mermen. With a 200-seat layout built for comfort, style and mobility, every seat in the house has unobstructed views, cocktail service and the best sounds system for an experience unlike anything else in the area. Over \$1 million was invested in the Opera House renovation which opened on June 11 after being closed for 60 years. Originally built in 1882, this venue mixes modern design elements with historic charm for a unique cultural experience. The Opera House is home to live musical performances, theatre productions, comedians, magicians as well as being host to community-focused events, weddings, and private and corporate gatherings.

Once a mainstay of Laconia’s Lakeport community, the Opera House is on center stage in New Hampshire’s Lakes Region. Other scheduled performances include: A night of magic with Adam Wilber on June 25, Unforgettable Fire: U2 Tribute Band on June 26, country artist David Nail on July 2 and 3, Clay Cook of the Zac Brown Band on July 9 and 10, Dancing Dream: ABBA Tribute on July 17, Billy Joel Tribute: David Clark’s Songs in the Attic on July 31, Steve Sweeney Comedy on Aug. 5, Recycled Percussion on Aug. 6 and 7, and medium Maureen Hancock on Aug. 8. For more information on events and to purchase tickets in advance, visit lakeportopera.com.

Summer theatre is back onstage!

MEREDITH — The Interlakes Theatre will once again be offering a season of profession-

al musical theatre this summer at the Interlakes Auditorium at One Laker Lane, Meredith.

The season began with “A Chorus Line” June 30-July 18, and stars Ashley Meeken as “Cassie” and will be directed/choreographed by Gustavo Wons (“Evita,” “La Cage,” “Saturday Night Fever”). This classic groundbreaking collaboration between Marvin Hamlisch and Michael Bennett is about Broadway dancers auditioning for a spot on “the line.” Winner of nine Tony Awards and the 1976 Pulitzer Prize for Drama, the show provides a glimpse into the personalities of the performers and the events that have shaped their lives and their decision to go into “the business.”

The second show, “I Do! I Do!” July 21-Aug. 1, was written as a star vehicle for Mary Martin & Robert Preston, but here in Meredith will star Emma Flynn (“South Pacific,” “Mamma Mia,” “Gypsy”) and Andrew Widger (“Mamma Mia,” “Saturday Night Fever”). The show ran on Broadway for a year in 1966 and was



COURTESY

Ashley Meeken will appear as “Cassie” in Interlakes summer Theatre’s season opener, “A Chorus Line,” June 30-July 18. Visit www.interlakestheatre.com or 707-2856 for more information.

nominated for seven Tony Awards. This production will be directed by Nancy Barry. The third show of the season will be “Little Shop of Horrors” Aug. 4-15 — a musical that spoofs the film of the same name from the 1950’s black & white sci fi genre. Directed by Amanda Coffin (“Mamma Mia,” “Honk, Jr.,”

“Wizard of Oz”), this show will also feature Emma Flynn as Audrey, Andrew Widger as The Dentist, and newcomer Jake Ziman as Seymour. Finally, Interlakes Theatre is excited to welcome back Solomon Kee, in a new show called “Sammy Davis, Jr. Live at the Palace” Aug. 17-22, featuring celebrity guests including Frank Sinatra, Barbra Streisand, Diana Ross, Judy Garland, and Dionne Warwick. The theatre will also be presenting two productions performed by our Youth Company, “Peter & The Starcatcher,” on July 17 & 18 and “Frozen, Jr.” on Aug. 14 & 15.

This summer, there will be limited seating, as we are committed to maintaining three-foot distancing for all of our patrons. We also plan to uphold the Inter-Lakes School District’s mask

mandate for the audience at all times while they are in the building. We want all of our patrons to feel safe and stay well-whether or not they are vaccinated. To help accommodate all of our patrons, we have added some Tuesday matinee & evening performances. If you are a flex pass holder or a subscriber, you may have already heard from the theatre about booking this year’s tickets. If not, please email us at interlakestheatre@gmail.com and we will reserve your seats. If you do not use email, you may leave a message at 707-6035. If you would like to roll your tickets over to 2022, that is also an option. If you have no tickets and would like to buy some, they can be purchased online at www.interlakestheatre.com or by leaving a message on the Box office line at 707-6035.

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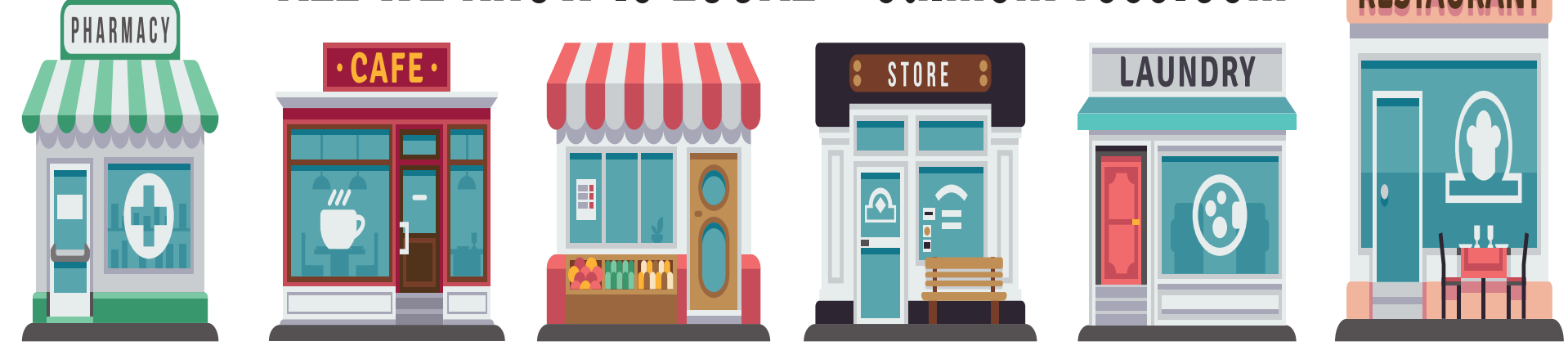
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new location that is now able to provide groceries for an average of 325 Manchester residents experiencing food insecurity each month.

"More and more, organizations are seeking opportunities that have a direct impact on our programs," said Pamela Hawkes, Vice President of Resource Development at Families in Transition. "Bank of New Hampshire's generous donation towards our food program will ensure families and individuals in our community continue to receive the food assistance they need."

"We understand the impact and challenges

that some face every day which is why we are proud to present FIT with this donation towards their food programs," said Tiffany Baert, Vice President, Marketing Officer for Bank of New Hampshire. "We embrace our responsibility to be a leading corporate citizen. By supporting organizations like FIT, we can help strengthen our communities and enhance the lives of our neighbors in impactful ways."

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COURTESY PHOTO

Left to right: Meghan Shea, Chief Programs Officer for Families in Transition; Elin Leonard, Assistant Vice President, Bedford Banking Office Manager for Bank of New Hampshire; Kelli Olsen, Vice President, Corporate Cash Management Officer for Bank of New Hampshire; Stephanie Savard, Chief External Relations Officer for Families in Transition at the Ribbon Cutting Ceremony for Families in Transition's new Food Pantry location



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