

STEAM Day exposes Belmont middle schoolers to the possibilities of science & technology

BY DONNA RHODES
drhodes@salmonpress.news

BELMONT — For the fourth year in a row, the wonders and possibilities of Science, Technology, Engineering, Arts and Mathematics were presented to students at Belmont Middle School in an all-day learning experience last week. Numerous professionals from a variety of fields, in conjunction with several college and technical students, presented information and challenges for both boys and girls who may consider one of those options as a possible career in the future.

From technology to fire sciences, sculpting to storytelling, robotics to energy solutions, there was something to interest all.

One presenter who held students spellbound was Chuck Hildreth of



ry mechanical arms, they lacked the mobility of an actual arm. Over time Hildreth discovered alternative ways to perform every day tasks and even had a car outfitted for him that could be driven by foot pedals. Early this year, things took a turn for the better though thanks to New Hampshire inventor Dean Kamen. Several years ago Kamen's com-

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DONNA RHODES
(Left) Gilford resident Chuck Hildreth showed students at Belmont Middle School how his new prosthetic right arm works as part of the 2018 STEAM Day, which allows children to learn more about Science, Technology, Engineering, Arts and Mathematics.

Return of warmer weather prompts Northfield police to be watchful of theft

BY DONNA RHODES
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NORTHFIELD — With warmer weather gradually edging its way into central New Hampshire, meaning more people are getting out and about, Northfield Police have issued a precautionary statement to residents and visitors alike, asking that they take a moment or two to protect themselves from being victimized by thefts that can also rise with the temperatures.

Many thefts, they said, are the result of cars being left unlocked or possessions left in-

Gilford, a living example of how technology improves lives.

In 1981, Hildreth lost both of his arms from an electrical accident and though he was outfitted with some rudimenta-

side them for anyone to see as they walk by.

“Assuming you locked your vehicle, valuables being left in plain view now entice criminals to force entry to recover the items,” they warned.

Keeping valuables out of sight, whether in a car or even in a yard for that matter, can go a long way in preventing unwelcomed thefts.

And while those precautions are directed at those who own property left for criminally minded people to spot, Northfield Police Department offered yet another re-

minder for all.

“If you see something, say something.” They along with other police departments are reaching out to encourage those who see someone or something out of place in their neighborhood, or anywhere they may be for that matter, to contact their local law enforcement agency as soon as possible.

“We would rather it be a ‘nothing’ then to have missed the opportunity to investigate and possibly uncover a criminal act,” police said.



DONNA RHODES
Handsome Boris posed for a photo when the Barnstormers 4-H group in Sanbornton hosted a rabies clinic last weekend. Similar clinics throughout the state will be held in the next few weeks to help everyone get their pets vaccinated by the end of the month.

Spring is the season to vaccinate your pets against rabies

BY DONNA RHODES
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REGION — April has long been known as the

dreaded tax deadline, but it is also known as the month when pets need to be vaccinated for rabies and all dogs should be registered with their local town clerk.

Rabies clinics, typically provided through area fire departments, are an inexpensive way to keep pets up to date on the rabies vaccine in the interest of public health and safety. The clinics also provide some much-needed fund raising dollars for local nonprofit organizations. Most of the annual rabies clinics charge from \$12-\$14 per pet, while a veterinary visit could cost \$38 or more for each vaccine administered.

Several clinics have already taken place in towns like Hebron and Ashland, while last weekend the Barnstormers 4-H group hosted a clinic at the Sanbornton Fire Department where proceeds from the event benefitted their equine club.

There are more clinics to come though.

Petco in Gilford will be offering vaccines at their location in the Walmart Plaza on Saturday, April 14, while Tractor Supply stores throughout the area have also arranged for qualified veterinarians to come to their businesses to administer rabies vaccines for both cats and dogs.

At the Tilton Tractor Supply stores, pet owners can have their animals vaccinated for a discount this Saturday, April 15, between the hours of 10-11 a.m. Their Plymouth store

SEE **RABIES**, PAGE A11

Upcoming Youth Beatz program will help BES students drum up kindness and respect

BY DONNA RHODES
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BELMONT — Boys and girls at Belmont Elementary School will be learning how to drum up a little kindness and respect for a few weeks next fall, when Rich Regione presents “Youth Beatz with Mr. Rich,” a special enrichment program for children 13 years of age and younger.

As a juried member of the New Hampshire State Council on the Arts, Regione said that even though he is still a professional drummer on the national circuit, he also enjoys spending time with children. Through his school residency programs, he not

SEE **BEATZ**, PAGE A11



DONNA RHODES
“Youth Beatz with Mr. Rich” will be coming to Belmont Elementary School next fall for a special residency program and drummer Rich Regione stopped by the school last week for a quick preview. Holding drumsticks as “equal signs” are (left to right, kneeling) third grade students Jasper, Owen, Christian, Regione, Madeleine and Ella, and (standing) program sponsors Ed Darling (Meadowbrook Charitable Foundation) and Amanda Osmer (Grappone Automotive Group), along with BES music teacher Jen Shaw and Principal Ben Hill.



PHOTO BY ERIN PLUMMER

Sue Linehan of South Range Elementary School in Derry was awarded School Nurse of the Year by Laurie Fleming, the delegate to the National Association of School Nurses.



PHOTO BY ERIN PLUMMER

Brittany Hogan from ConvenientMD gives a presentation on pharyngitis at the New Hampshire School Nurses' Association Conference.



PHOTO BY ERIN PLUMMER

Barbara Pamboukas and Harriet Davenport were two of the retirees recognized at the end of the New Hampshire School Nurses' Association Conference.

School nurses come to Laconia for annual conference

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — School nurses from across the state gathered in the Lakes Region to network and discuss a number of health topics in students grades PreK-12 during the annual New Hampshire School Nurses' Association Conference.

The New Hampshire School Nurses' Association held their annual meeting on Saturday at the Margate for a day of training and discussion on various topics. Healthcare professionals did presentations on health topics for students including strep throat, asthma, vaping, common childhood injuries, teen driving, and others.

The theme of this year's conference was "The Three R's: Renew Your Spirit, Refresh Your Skills, Relax and Network." The theme for this year's conference was self-care, starting with a presentation on compas-

sion fatigue by Deb Pendergast.

Event coordinator and incoming NHSNA president Paula MacKinnon, the school nurse at Salem-Woodbury Middle School said school nurses are required to have 30 hours of continuing education each year.

Association member Meg Jenkins, the school nurse at Gilford High School, said school nurses usually work independently and do not have much contact with other nurses. At a conference like this school nurses can meet and talk about the various different things they see and work with everyday.

"We all bring a different perspective for the different age groups," Jenkins said.

Jenkins said they try to move the conference around the state and have a centrally accessible location. This is the first time it has taken place in the Lakes Region. MacK-

innon said Margate event coordinator Shelbi Olson was a great help for the conference and they had access to the pool, hot tub, and other hotel amenities.

"I'm really pleased; we're getting a lot of good feedback from the nurses, the location is fabulous," MacKinnon said.

She said they haven't had the conference this afar north for a while. Special speakers included representatives from the Department of Health and Human Services, NH Poison Control, and ConvenientMD.

Jenkins said more than 60 people attended the conference and the conference had 20 different vendors representing their respective companies. One vendor included Sue LaFrance of Gilford, who showed her home bodycare products.

Jenkins said Gilford Fire and Rescue also leant the conference a projector when the projector they were using malfunctioned.

Uniformly Yours donated discount coupons to all the conference's

attendees in addition to a gift certificate for their Laconia store.

At the end of the conference Sue Linehan, the nurse of South Range Elementary School in Derry, was named the School Nurse of the Year.

"That's really our job to put the kids physical and mental health needs first in this day and age," Linehan said.

The association also recognized a number of people who were retiring.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 122 calls for service and made the following arrests during the week March 30-April 6. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

An adult and a juvenile were taken into protective custody for intoxi-

cation outside a business on March 30. The juvenile was subsequently charged with Unlawful Possession of Alcohol.

Richard W. Scott, age 66, of Belmont was arrested on March 31 for Driving After Revocation or Suspension and Unlawful Over Width.

Paul S. McCarthy, age 37, of Canterbury was arrested on April 1 for Driving While Intoxicated.

James P. Jones, age 52, of Gilford was arrest-

ed on April 3 for Driving After Revocation or Suspension.

Glenn A. Crawford, age 49, of Belmont was arrested on April 3 for Driving After Revocation or Suspension.

Colby J. Joyner, age 20, of Tilton was arrested on April 4 for Possession of Marijuana.

Arthur J. Cushing II, age 21, of Belmont was arrested on April 5 for Criminal Mischief (Vandalism).

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 35 calls for service during the week ending April 7. The breakdown was as follows: three alarms, one request to assist another department, one attempt to commit fraud, one civil standby, one report of

criminal threatening, one D.W.I., one report of False Personation, one report of harassment, one house check, one report of lost property,

two medical/fire emergencies, three money relays, two motor vehicle accidents, two pistol permits, five requests for police information, three

road hazard complaints, one sex offender registration, one report of a suspicious vehicle or activity, and one call in the "All Others" category.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 574 calls for service and made the following arrests during the week of March 26 to April 1. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Dalton Dill (for False Inspection and Possession of Drugs), Michael Gross (for Resisting Detention,

making a False Report, and Misuse of Plates), Alan Cushing (for Driving After Suspension and in connection with a warrant), Henry Attanasio (for Driving After Suspension), David Millinghaus (for Theft by Deception), Kyle Knott (for Aggravated DUI and Endangering a Child), Sara Hyland (in connection with a warrant), Addison Williams (for Transporting Alcohol, Misuse of Plates, and Electronic Mobile Devices), Tia Adams (in connection with a warrant), David

Kimball (for Violation of a Domestic Violence Order), Daniel McHugh (for a False Inspection), Kathy Vankeuren (for Willful Concealment), Nathan Dumensil (for Possession of Drugs), Brian Bennett (for Willful Concealment), Rebekah Berry (for Willful Concealment and Criminal Trespassing), Candice Sanville (for Willful Concealment and Criminal Trespassing), Nick Coots-Moorhead (as a Habitual Offender), and Raymond Scheffer (for Theft by Deception).

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PHOTO BY ERIN PLUMMER
Susan Slade and Norman Poliquin of Frog Rock Tavern in Meredith serve visitors during the Taste of the Lakes Region.



PHOTO BY ERIN PLUMMER
Yvette Imhol, Dave Henrich, Sr., and Dave Henrich, Jr. serve food from 405 Bar and Grill.



PHOTO BY ERIN PLUMMER
Ken Choice serves pulled pork sliders and salad from his restaurant Ellacoya Barn & Grille.

Taste of the Lakes Region showcases local restaurants

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — Visitors to the 28th Annual Taste of the Lakes Region could sample from a number of area restaurants in one location while benefitting a good cause.

Altrusa of Laconia hosted the event on Sunday night at Church Landing featuring near-

ly numerous restaurants, beverage companies, and more from across the Lakes Region.

Event chair Deanne Murphy said the Taste of the Lakes Region is a way for people to see what the different restaurants have to offer. A few new restaurants and companies took part in this year's event as well as many

that have bene taking part for many years.

Murphy said the event was well attended this year.

"People seem to come early," Murphy said.

She said people will book early and groups of people were buying out whole tables. Taste of the Lakes Region started at 4 p.m., but people were lining up at almost 2 p.m.

"We appreciate that (what) all these people do here goes to literacy efforts," Murphy said.

Proceeds from the event go to community projects across the Lakes Region including Books for Newborns, the Book Nook at Belknap House, scholarships, and many more.

Murphy said she was happy to see the amount of support this endeavor.

The Ellacoya Barn & Grille of Gilford has been taking part for eight years.

"People are enjoying it, it's a good time to introduce some of our signature items," said chef/general manager Ken Choice.

He said it was also a great opportunity to introduce the restaurant to people.

This was the third year for 405 Pub & Grill in Laconia.

"It's exciting; it's a nice event, and raising money for a (good cause)," said co-owner Dave Henrich. "Lot of great food, lot of great

restaurants."

Frock Rock Tavern of Meredith took part in Taste of the Lakes Region for the first time. Head chef Norm Poliquin said they missed the deadline to do last year's event and were able to get in this year.

Poloquin said the event was going well and was a good networking and advertising opportunity.

"Meeting new people, being able to see some new faces," Poliquin said.

Third Annual "Feed The Home Care Need" now underway

Donate \$10 to LRVNA and receive a \$10 Common Man Bonus Card!

REGION — The Lakes Region Visiting Nurse Association with the support of the Common Man Family of Restaurants announces the launch of their 3rd annual Feed the Home Care Need initiative on

April 2. Each year, the LRVNA provides much needed services to Lakes Region residents who are unable to pay for services. Annually, the LRVNA provides more than 10,000 visits helping residents recuperate, re-

cover and simply maintain a happy, healthy lifestyle within their own home. The LRVNA is a non-profit organization in need of raising funds to continue this much needed service to area

SEE LRVNA, PAGE A10

White Dragon Martial Arts hosting 29th Annual "Kick for Cancer" in support of Central VNA

GILMANTON — In 1990, Grandmaster Georgeanne Verigan started the annual Kick for Cancer Martial Arts Tournament. Students from up and down the eastern seaboard are invited and through their participation, learn about giving back to their community. The tournament leaders show them that at some time in our lives we all will know someone who will need the kinds of services provided by hospice programs. Each year proceeds of this tournament go to supporting people who, whether uninsured or underinsured, need hospice services.

"Over the last 28 years, Kick for Cancer has raised over \$100,000!" states Leslie Ari, Development Director at Central New Hampshire VNA, "and we could not be more grateful." The 19th annual Kick For Cancer Open Martial Arts Tournament starts at 10:00am (Registration opens at 8:30 a.m.) and will be held at Gilman-ton School, Route 140, Gilmanton Iron Works.

The public is encouraged to attend, spectators are asked for a \$5 admission donation.

About Central New Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is "Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services." Central New Hampshire VNA & Hospice has served Lakes Region communities since 1918 and provides Home

Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

Head's Up... Spring Book Sale – Monday, May 7 through Saturday, May 12

Monday, April 16
Chess Club, 3-5 p.m.
The Bookers, 6:30 p.m.
"The Saving Graces" by Patricia Gaffney... For ten years, Emma, Rudy, Lee, and Isabel have shared a deep affection that has helped them deal with the ebb and flow of expectations and disappointments common to us all. Calling themselves the Saving Graces, the quartet is united by understanding, honesty, and acceptance. Though these sisters of the heart and soul have seen it all, they are not prepared for the crisis of astounding proportions that will put their love and courage to the ultimate test. (Amazon)

Tuesday, April 17
Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.

Wednesday, April 18
Story Time, 10:30 a.m.
Mud

YAH Book Group, 4 p.m.
"Sure Signs of Crazy" by Karen Harrington... You've never met anyone exactly like twelve-year-old Sarah Nelson. While most of her friends obsess over Harry Potter, she spends her time writing letters to Atticus Finch. She collects trouble words in her diary. Her best friend is a plant. And she's never known her mother, who left when Sarah was two. When Sarah launches an investigation into her family's Big Secret. She makes unexpected new friends and has her first real crush, and instead of a "typical boring Sarah Nelson summer," this one might just turn out to be extraordinary.

(Amazon)

Thursday, April 19
Teen Time, 3 p.m.

Friday, April 20
Sit and Knit, 2-5 p.m.

Saturday, April 21
Let's Go Lego, 10 a.m.

New Items

"My Dear Hamilton" by Stephanie Dray (Audio CD)

"The Female Persuasion: a novel" by Meg Wolitzer (Audio CD)

"Exit West" by Mohsin Hamid

"Elmet: a novel" by Fiona Mozley

"Tangerine" by Christine Mangan

"The Disappeared" by C. J. Box

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**Laconia-Gilford Lions Club**
Electronic Waste Collection Day
Saturday, April 14
8:30AM to 12:30PM
Cinemas 8 Parking Lot
9 Old Lakeshore Road, Gilford


Fundraiser to benefit Laconia-Gilford Lions Club
Recycle electronic items (phones, computers, air conditioners, etc.) for a disposal fee from \$5 to \$20 (\$30 plus for TVs 26" & up)

Opinion

A4 Thursday, April 12, 2018

WINNISQUAM ECHO

STRATEGIES FOR LIVING

An early inheritance

BY LARRY SCOTT

What do you do with a son who is too impatient to wait until you die to inherit ... so asks for his inheritance now, then runs off and spends it all on parties, prostitutes and passionate living? Sound familiar? Indeed, human nature has never changed and the story has been repeated many times ... but this story is an ancient one, and comes from Jesus Himself as found in the Gospel of Luke, Chapter 15.

As often happens, when the money ran out so did the friends. Alone and abandoned, tending a herd of swine just to survive, he took a good look at himself and decided to return home and take the fall for his foolishness. To his surprise, however, when his father saw him coming, he ran to him, embraced him and welcomed him home. And much to the chagrin of an older brother who had covered for him during his absence, the father threw a party to celebrate.

“Son,” he said to his oldest, “don’t be mad. Your brother was dead and now he’s alive. He was lost and has been found.”


Jesus, of course, was telling the story to make a point.

First of all, I note that, in a day when many are questioning even the very existence of God, Jesus never got caught up in the argument. I find no evidence that Jesus ever attempted to prove the existence of God; He simply took it for granted. What you do find, however, is that Jesus spent quality time describing who and what this God is all about. The picture of a loving father ready to welcome a son who has returned with a repentant heart is typical, and that, too, is a scenario I have been privileged to witness many times. The greatest miracle I have ever seen, hands down, is the miracle of conversion. So dramatic have been the changes I have observed in countless lives I can easily make the case that if there really isn’t a God, to believe in him is still to our advantage!

It is amazing to note how many times the scenario of the prodigal has been played out in modern life. God, I know, is thought by many to be a kill-joy, limiting a man’s freedom and demanding a self-discipline we would all rather ignore. But God made us with the drives and passions necessary to our survival, and far from limiting our freedom, He merely wants to prevent us from self-destructing.

I find it interesting that in a realistic perspective on life, Jesus’ story has the wandering son discovering sin to be a vicious taskmaster. Sin is fun ... grant the point ... but sooner or later “the chickens come home to roost.” God is not unfeeling; He understands human nature and the Bible itself talks of “the pleasures of sin for a season.” The results, however, can be devastating and Jesus pictured a Father Who is more than anxious to forgive the past and give a man a new lease on life. In God’s world, the lost can be found, the wicked can find forgiveness, and the wayward can come home.

You want to talk about it? Hit me up at rlarry-scott@gmail.com.



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PET OF THE WEEK

MOLLY

What’s a perfectly nice dog, like Molly doing, still waiting in a place like New Hampshire Humane Society, for a forever home?

Molly, the Beagle mix, aged not quite 2 years old, arrived from Texas in December. The hold up to a permanent home is perplexing to us who take care of her every day.

She has some quirks, a broad smile on her furry face, all the time, being the top endearing factor in this sweet dogs profile. Yes, she actually smiles, some dogs do!

A beagle is indeed a busy dog, with superior intelligence. Ergo a home where she will continue to thrive, learn, interact and enjoy life is what we hope for now as Spring arrives and the snow dissipates. If you’re ready for hiking, and outdoor pursuits with a canine by your side, then Miss Molly surely is worth a meet and greet supervised by one of our Adoption Counselling team?

Call 524-3252 – check www.nhhumane.org 524-3252 [facebook.com/nhhumane](https://www.facebook.com/nhhumane)



LETTERS TO THE EDITOR

Legislative update

To the Editor:

This is report #42 addressing the happenings in the State House in Concord. “Crossover” occurred, which means the House finished the remaining bills initiated by Representatives and sent them to the Senate and the Senate did likewise. Some are trivial like naming roads and bridges, but others are significant.

SB 313 on the expansion of Medicaid passed the House. I opposed the bill. I am willing to help those in need, but SB 313 is a bailout for hospitals and insurance companies. We have “non-profit” hospitals with CEOs that make up to \$1.5 million yearly. I don’t begrudge the salary, but hospitals should pay property and business taxes just like other companies. Nobody wants to address the fact that the Federal Medicaid financial assistance to New Hampshire is slowly being eliminated. This means you, New Hampshire taxpayers, will have to find a way to pay the difference. While the hospitals were willing to cover this difference, the federal bureaucrats rejected this solution. Now the shortfall is being paid from the liquor profits that were designated to pay for treatment of alcohol addiction. I guess this is acceptable, since half of Medicaid dollars pay for drug treatment. However, hospitals should become tax payers. I did like one feature of the Medicaid bill that requires a work component for able bodied recipients. It is a start, though not perfect.

We heard testimony on SB 593 in the Criminal Law Committee. This is a bill to eliminate the New Hampshire death penalty, replacing it with life imprisonment without the possibility of parole. The

major concern appeared to be fear of executing an innocent person. I could not get any pro-abortion anti-death penalty types to relinquish their pro-death position on 1.4 million known innocent pre-born babies that are murdered every year. The death penalty is somewhat of a moot point in New Hampshire since there is only one person on death row and even his lawyer admits that while he committed the crime, the appeals will go on forever. Additionally, the law has a very limited applicability since the death penalty only applies to the murder of a police officer. By the way...when this one person is executed, a new facility will be built since the last person executed was hung in 1939.

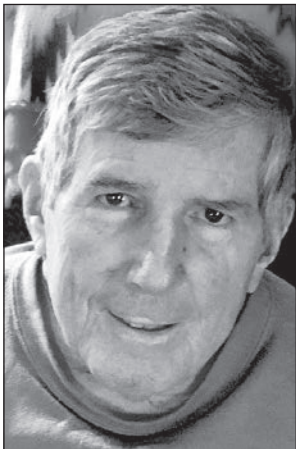
This next week will be interesting with the hearing of a Constitutional Amendment Concurrent Resolution, CACR 22, called Marsy’s Law. This proposal was formulated by an out-of-state victim’s rights organization. New Hampshire already has good laws to address the rights her citizens. Any problems could be corrected with simple tweaks of existing laws. Nowadays it seems everybody wants to be a victim with special rights. The hearing is Tuesday, 10 a.m. and you are welcome to attend. Room 206-208 in the Legislative Office Building located behind the State House.

If you want to talk, I am available at 320-9524 or by email at dave@sanbornhall.net.

Cheers!
Dave Testerman
State Representative
Hill and Franklin

North Country Notebook

Note to helicopter parents: Just give the kid a stick



By JOHN HARRIGAN
COLUMNIST

You never know what you’re going to bump into on the Internet in the middle of the night. This time it was an ar-



COURTESY

Canadian trapper and explorer Alexander Mackenzie, who reached the Pacific nine years before Lewis and Clark did.

ticle in High Country News, which took my mind far west with Lewis and Clark, and to the Pacific Ocean and back.



COURTESY

Sketch of a Mandan village at Knife River, with its mud-covered lodges. Some explorers and writers thought the Mandans met so many measurements of “civilization” that they had to be descended from one of Israel’s fabled Lost Tribes.

The article, headlined “Let Your Kids Play with Fire,” was all about letting kids be kids. But an article about kids and fires begs the very basic (and somehow pathetic) question, which is how many kids even get to see an open fire these days, let alone play around one without someone calling Child Welfare or at the very least 911.

Author Alan Crow, a former underground miner and journeyman carpenter who is now a teacher and paralegal in Arizona, writes that his son learned early on how to lay out a fire pit in the

shape of a lightbulb, so coals for cooking could be raked into the narrow end. But after supper, it was all play.

“One of my most vivid memories is the image of him crouching by the campfire against a background of a billion stars, mesmerized by the smoke swirling upward from the end of his poking stick,” Crow wrote. “It’s impossible to measure the positive effect this backcountry activity, as well as others like it, had on his confidence and sense of self-worth.”

Crow likened letting SEE **NOTEBOOK**, PAGE A11

Send your letters!

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Please include your name, address and phone number.

New Horizons Band welcomes comrades from Portsmouth for special concert

MEREDITH — Every two years, the people in the Lakes Region have a chance to hear music by accomplished musicians and directors, as the New Horizons Band of the Lakes Region welcomes the New Horizons Band of Portsmouth for a combined concert. The 2018 concert, free to the public (with donations appreciated), will be held at the Meredith Community Center on April 14, beginning at 6 p.m.

The Lakes Region co-directors, Mary Divers and Debbi Gibson, are excited to host colleague Russ Grazier and his band from the Portsmouth Music and Arts Center. All three directors have collaborated in choosing family friendly music which is

varied in genre, but uses full concert band instrumentation. Many pieces will be recognizable to the audience as toe tapping fun, while others will focus on harmonies and dynamics to deliver their themes. An exciting, newly combined jazz band will open the event, followed by the larger concert band of more than 60 musicians.

The New Horizons Music Organization is a unique and world-wide group. Musicians over 50 years old are encouraged to pick up an instrument that they have or have not played for a long time, or even learn a new instrument, striving for the slogan, “Making Music for Life.” The local band encompasses professional and novice musicians, but does al-



Every two years, the people in the Lakes Region have a chance to hear music by accomplished musicians and directors, as the New Horizons Band of the Lakes Region welcomes the New Horizons Band of Portsmouth for a combined concert. The 2018 concert, free to the public (with donations appreciated), will be held at the Meredith Community Center on April 14, beginning at 6 p.m.

low spots for those under the age of 50.

The non-profit New Horizons Band of the Lakes Region plays concerts throughout the year, differing themselves from most com-

munity bands. The musicians come from many New Hampshire areas to perform summer outdoor concerts in multiple towns, winter holiday concerts for those living in adult communities

and nursing homes, and public spring exchange concerts with bands in Portsmouth and the Keene area.

The New Horizons Band of the Lakes Region thanks the Meredith Parks and Rec Department for their continued friendship and sponsorship of this concert. For

more information about the band, it’s website is located at www.newhorizons-lakesregion.org. The Facebook page is New Horizons Musical Organization of the Lakes Region, the e-mail is nhbandlr.org, or Director Mary Divers can be reached at 527-2485.

One Light Theatre Company presents second annual Musical Revue

TILTON — On Saturday, April 21, One Light Theatre Company will celebrate the start of their 2018 season with their Second Annual Music Revue.

The Music Revue serves as an opportunity for the audience to get acquainted with the summer company, made up of a collaborative group of professional resident artists, junior interns, and community members. This summer, One Light’s company comprises over thirty actors from New Hampshire, Massachusetts, New York, and other states.

ple sneak peeks at music from the mainstage season!

This year’s featured performers include: Colby Baker, Gabriela Castañón, Taylor Cloutier, Isabella Cottrell, Samantha Drouin, Hailey Kalisick, Amy Lesieur, Olivia Martinson, Matthew McGinnis, Grace McLaughlin, Ian O’Brien, Justin Posnanski, Jennifer Schillinger, Rebecca Turmel, and more.

One Light is a non-profit theatre company operating on the professional, community, and educational levels. This will be their second summer season since their founding in Fall 2016. Their 2018 Mainstage Season lineup is: “A Chorus Line” (June), “Steel Magnolias” (June-July), “Proof” (July), and “Cabaret” (August). Additionally, their Performing Arts Summer Camp will put on both “The Lion King Jr.” and “Charlotte’s Web” in July.

Join One Light on Saturday, April 21 at 7:30 p.m. in the Rome Theatre at Hamilton Hamilton Hall, located at Tilton School, 30 School St., Tilton, NH 03276. Tickets are only \$10 and can be purchased in advance by calling 848-7979. Visit One Light’s Facebook page for more information.

Lakes Region Symphony Orchestra salutes Hollywood

MEREDITH — The Lakes Region Symphony Orchestra, under the baton of conductor and music director Benjamin Greene, invites you to the final concerts of our spectacular 2017-2018 season with two performances on Saturday, May 19 at 7:30 p.m. and Sunday, May 20 at 3 p.m. Both performances are at Inter-Lakes Auditorium in Meredith.

Sit back and enjoy our eclectic mix of timeless themes from Broadway and beyond, performed POPS-style with our special guest vocalist and theatre performer Abigail Dufresne. She will showcase her unique vocal versatility with selections ranging from “I Dreamed a Dream” from “Les Misérables,” Barbra Streisand’s enduring “Evergreen,” Michel Legrand’s haunting “What Are You Doing the Rest of Your Life,” and other Broadway medleys. The LRSO de-

lights with popular instrumental classics from Leroy Anderson including “The Typewriter” and “Blue Tango,” and hits including “Fiddler on the Roof,” “Pink Panther,” “The Shadow of Your Smile,” and many, many more.

If you’ve never experienced a live orchestra performance, we invite you to explore this wonderful concert adventure. If you’re a long-time patron of the LRSO and the performing arts, we look forward to seeing you again!

Featured performer Abigail Dufresne attends the University of Rhode Island where she will receive a BFA in acting and costume design, and has studied theatre at The Stella Adler Studio of Acting. Dufresne fell in love with performing at the age of ten when she proudly portrayed a hamburger in a children’s theatre production of Willy Wonka and

has never looked back.

Dufresne has performed in Italy, Canada, and across the Northeast. Some of her theatre credits include “Spring Awakening,” “On the Town,” “The Music Man,” “Legally Blonde,” “Guys and Dolls,” “Antigone,” “The Caucasian Chalk Circle,” “Romeo and Juliet,” “A Midsummer Night’s Dream,” “The Tempest,” and “Much Ado About Nothing.”

This May 19 and 20 concerts are the final concerts of the LRSO’s brilliant 2017-2018 season. Last May’s “Sinatra” concert was sold out. These POPS concerts sell quickly – don’t delay. Tickets are only \$20 for adults and \$10 for students college-age and under. Tickets are available online at www.lrsor.org/tickets, by phone at 800-838-3006, and at our ticket outlets

Innisfree Bookshop in Meredith and Greenlaw’s Music in Laconia.

We want to thank our concert sponsor Bank of New Hampshire, and all our patrons, for supporting us this year - keeping orchestral music live and well here in the beautiful Lakes Region of New Hampshire. Next year’s season will be announced soon, so please join our mailing list at www.lrsor.org or follow us on facebook at LRSO1. And please be sure to tell a friend!

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 36 communities in the Lakes Region and beyond.

Catch an encore of Sinatra at his best in “Suddenly” on LRPA

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (April 13 & 14) for this week’s “LRPA After Dark” encore presentation of 1954’s film noir crime drama “Suddenly,” starring Sterling Hayden and Ol’ Blue Eyes himself, Frank Sinatra.

“Suddenly” tells the tale of three would-be assassins who come to the town of Suddenly, California, with murder on their minds: specifically, killing the President of the United States as he travels through on the train. They pose as FBI agents to gain entrance to a home, then take everyone hostage while they plan their despicable deed. Sinatra made this film hot off of his Oscar-winning role in “From Here to Eternity,” and was keen to play a villain. He did so to high critical praise. A sad footnote to this film is that allegedly, “Suddenly” is the film that Lee Harvey Oswald watched the evening before he shot President Kennedy to death in Dallas, Texas. Hollywood legend has it that,

upon hearing this news, Sinatra demanded that “Suddenly” be pulled from any further film distribution. Because of this, many younger viewers have never had the chance to see this film, one that The New York Times hailed as “... a compact study of terror and suspense, with a bit of a nervous contemplation of a psychopathic character thrown in.” If you’ve never seen “Suddenly,” you’re in a classic film treat! So grab your popcorn and join LRPA after dark for this crime drama from the past.

You can’t find television like this anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus

in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 11,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via LiveStream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our com-

munity members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

**THE HIGHLANDS VILLAGE DISTRICT
NOTICE OF ANNUAL MEETING REGARDING
2018 BUDGET and
NOTICE OF MEETING OF SUPERVISORS OF
THE CHECKLIST TO THE RESIDENTS OF THE
HIGHLANDS VILLAGE DISTRICT,
NORTHFIELD, NEW HAMPSHIRE**

Notice is hereby given that the Supervisors of the voter checklist will be in session at the Northfield Town Hall, 21 Summer Street in Northfield, New Hampshire on Saturday, April 21, 2018 from 10:00 to 10:30 AM for the purpose of registering any unregistered voters and adding their names to the voter checklist for the Highlands Village District.

The Highlands Village District’s Annual Meeting will be held on Tuesday, May 1, 2018 at 7:00 PM at the Northfield Town Hall, 21 Summer Street, Northfield, New Hampshire.

**Commissioners of the
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Marie Anna Bedard, 92

LACONIA — Marie Anna “Memere” Bedard, 92, of Laconia, died Sunday, April 8, 2018 at Belknap County Nursing Home.

She was born on July 8, 1925 in Stanstead, Quebec, Canada, the daughter of the late Abdon and Delia “Laroche” Bedard. Marie worked for several years as a stitcher for Laconia Shoe Company from 1976 to 1987, and also worked for Brookfield Enterprises from 1990 until her retirement. She was a member of Congregation Des Dames De Ste. Anne Paroisse Sacre Coeur in Laconia. She loved knitting and crochet, was a wonderful cook and enjoyed playing cards.

She is survived by her one son, Normand Bedard of Sorento, Fla.; three daughters (Loretta Predmore and her husband Jack of St. Petersburg, Fla., Nancy Butler and her husband Gary of Laconia and Helene



Boisvert of Meredith); five grandchildren (Angela, Alicia, John, Dawn and Christian); nine great grandchildren; and several nieces and nephews.

In addition to her parents, she was predeceased by her siblings, Marie-Louise Lacroix, Thomas Bedard, Wilfrid Bedard, Odilon Bedard, Donat Bedard, Jeanne LaPenna, Alma Bedard, Emile Bedard, Antoinette Fauteaux, Therese Boule, Elphege Bedard and Gerard Bedard and one grandchild, Anthony “Tony” Bedard.

Calling hours were held from 4 to 7 p.m.

on Wednesday, April 11, 2018 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian Burial was held at 10 a.m. at St. Andre Besette - Sacred Heart Church, 291 Union Ave., Laconia.

Burial will follow in the family lot at Sacred Heart Cemetery, Garfield Street, Laconia.

For those who wish, memorial contributions may be made to Make-A-Wish New Hampshire, 814 Elm St., Suite 300, Manchester, NH 03101-2230.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

Central VNA & Hospice employs Arts, Music, Nature & Healing in a new grief workshop series

LACONIA — Each person finds their own path through the heart-break of grief. This spring, neighbors of all ages across the Lakes Region are invited to explore how art, music, and nature can be a part of a path of healing through loss and finding wells of creativity and solace as they remember loved ones.

On Saturday, March 10, neighbors ranging in age from eight to 80 and every decade in between participated in the first of a series of four expressive arts workshops hosted by Central New Hampshire VNA & Hospice. Each workshop offers several options guided by artists from the local community with support from grief care staff and volunteers.

Participants that first morning worked with local artists to form clay luminaries, imprinting names and the textures of jewelry or favorite flowers of loved ones in the clay to let candle light show through. They drew, cut, and braided vibrant paper into calendars and books of remembrance and created melodies on the harp and keyboard using the tones and chords of loved ones names. Some even started seeds with the enduring hope that our winter may yet end.

Some participants came as a family. Others brought a friend or came on their own. Some were remembering children. Others held parents, spouses, or friends in their hearts. Some losses were years ago, some quite recent. Some participants spent the entire two hours in one



COURTESY

Local professional painter and sculptor, Kathryn Field, supports participants like Ginny Caple as they craft hand-made books, calendars and more at the first of four hands-on grief workshops hosted this spring by Central VNA & Hospice. This Arts, Music, Nature, Hope Workshop is free and open to the public; upcoming activities on April 14, May 12, and Jun 16 include forming clay luminaries, creating harp melodies, starting seeds, poetry, fly-tying, and jewelry-making.

activity. Others got their hands messy in many. There was quietness, experimentation, laughter, and tears

“Sometimes art, music, and nature can help us honor our connection to a loved one in ways that take us out of the torment of our heads . . . letting our bodies and hearts remember and heal,” shares Dan Kusch who provides bereavement and spiritual care at Central New Hampshire VNA & Hospice. “Often friends or members of the same family grieve differently and it can be lonely. Another gift of these workshops is safe space to have a shared experience and also offer each person their own ways to express their loss and love.”

Upcoming workshops are Saturdays 10 a.m.-noon on April 14, May 12, and June 16 in Laconia. Upcoming activities shared by local artists include harp and keyboard, pottery, wire jewelry, poetry and writing, hand-made books, fly-tying (for fly-fishing), wind chimes, paper boat luminaries, and more. The last two workshops are close to Mother’s and Father’s Days and may be especially good openings to honor mother, father, and parent figures in our lives. These workshops are free and open to the public. All ages are welcome. Children under 18 must be accompanied by an adult.

Other upcoming Central New Hampshire SEE VNA, PAGE A7

Central VNA welcomes all at annual Interfaith Service of Remembrance

WOLFEBORO — Central New Hampshire VNA & Hospice invites all members of the community to join us for our Annual Interfaith Service of Remembrance on Sunday, April 15 at 4 p.m. at the First Congregational Church in Wolfeboro. This annual service welcomes anyone grieving a loss to join with friends, families, and neighbors of all ages to remember and celebrate our loved ones.

A beloved highlight of this annual service is the Tides of Harmony Choral Group, a team of Central New Hampshire VNA & Hospice of volunteers who sing individually and in small groups with patients and families throughout the year. Along with this music of comfort and hope, readings and words of solace

and remembrance will be offered by hospice volunteers and staff and local community members.

The service is open to all, whether you have been connected to hospice or not, and whether you are connected to a faith tradition or not. It will run from about 4 to 5 p.m., and will be followed by a reception with light refreshments and opportunities for connection. For more information, please contact Dan Kusch, Bereavement and Spiritual Care Coordinator, 524-8444 or dan@centralvna.org.

About Central New Hampshire VNA & Hospice

The Mission of Central New Hampshire VNA & Hospice is “Promoting dignity, indepen-

dence, and well-being through the delivery of quality home health, hospice and community-based care services.” Central New Hampshire VNA & Hospice has served Lakes Region communities since 1918 and provides Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice program. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

Downsizing seminar set for April 19 at Taylor Community

LACONIA — Whether you’re drowning in “stuff,” or planning to move to smaller living arrangements, our helpful, informative Downsizing Seminar will help get you on the right course to eliminating the clutter in your life.

Join us Thursday, April 19 at 11 a.m. in our Woodside Building

as Senior Move Managers and owners of Tailored Transitions, Robin Felch and Sarah Lopez give tips on what do with all those unwanted items.

Handouts include a handy Downsizing Guide and a list of Downsizing Agency Resources in the Lakes Region. The first step can be the

hardest, but this event will get you started and keep you on the right track, with systematic directions.

Enjoy a delicious lunch following the presentation. Reservations are required and this popular seminar fills quickly, so call 366-1400 to confirm your place today.



COURTESY

Celebrating one year of partnering together are representatives of: Evangelical Baptist, Vineyard, Harvest, Water’s Edge, Alton Community, Journey Church! Together we can make a difference!

Love INC. of the Lakes Region celebrates one year!

REGION — “We offer people in need a hand up, not just a hand out.” This is the philosophy of Love INC of the Lakes Region, which has been serving as a local 501 C-3 since February 28, 2017. The mission statement of this regional affiliate of Love INC International is to unify and mobilize the churches in our local communities to transform lives and communities. With the help of donors, churches, a dedicated Board of Directors, Executive Director, Vision Team and volunteers, over the past year Love INC has:

Developed a network of 13 partnering churches and many area agen-

cies Completed an 8 - week volunteer training in Redemptive Compassion

Sponsored 3 Luncheons for pastors and outreach staff to discuss community needs of addiction and homelessness

Developed a Clearinghouse which links client needs with available resources

Provided thousands of documented volunteer hours of service to our communities

Hosted a Christian concert with Soul Fest artist Brian Waldron and Aurora Worship Band

Hosted a Spaghetti

Dinner fundraiser and a Wreath fundraising

Begun working on developing local GAP ministries to address unmet community needs

Assisted clients with: home/ yard maintenance, financial issues, evictions/housing needs, in-home support, transportation, furniture donation, spiritual support

With a solid year of experience, Love INC stands poised to move forward strengthening church and community connections, broadening our volunteer base and developing significant ways to meet needs in our lakes region communities.

Today is a great time to **START** the discussion!



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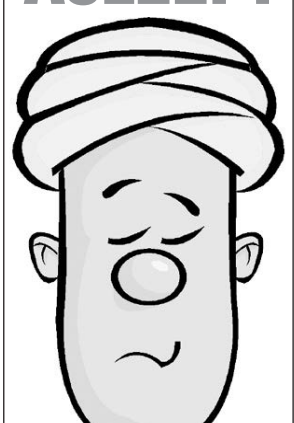
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COURTESY

Peabody Home residents fill Easter eggs for Franklin Parks & Rec

Peabody Home—a nursing home in Franklin— each year, Peabody Home residents donate hundreds of stuffed Easter Eggs for the Franklin NH Parks & Recreation Department Annual Easter Egg Hunt. Check out the Peabody Home Facebook page to see more photos of residents enjoying outings and all the fun happenings at Peabody Home.

Audubon announces program on Lewis and Clark

MOULTONBOROUGH — On Thursday, April 19 at 7:00 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program by Janet Sullivan called “Journey of Discovery: A Botanist on the Lewis and Clark Trail.”

In 1804, the Lewis and Clark Expedition started up the Missouri River into the new U.S. territory gained by President Jefferson’s Louisiana Purchase. Their journey took them into lands unknown to the worldwide scientific community. This botanical travelogue by Dr. Janet Sullivan will weave together images of the landscape and its plant species, monuments and restored sites, and journal entries by members of the Corps of Discovery on their historic journey.

Janet R. Sullivan has been an adjunct faculty member in Plant Biology at UNH since 1985, and Curator of the Hodgdon Herbarium since 2005. While at UNH, she has taught courses in introductory botany, systematic botany, biology of weeds, and the flora of New Hampshire. She served as Editor-in-Chief of Rhodora, the research publication of the New England Botanical Society for 14 years. She currently serves on the Executive and Editorial Boards for the Flora of North America Association.

The Loon Center is located on Lee’s Mill Road; follow the signs on Blake Road from Route 25 near the Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee’s Mill Road. On the Web, visit <http://www.loon.org>. Refreshments will be served.

VNA

CONTINUED FROM PAGE A6

VNA & Hospice events supporting those who have experienced a loss include seven-week “Living with Grief Support Groups” offered in Laconia (Thursdays, starts April 12) and Wolfeboro (Tuesdays, starts April 17) and an “Interfaith Service of Remembrance” open to all members of the

community on Sunday, April 15 at 4 p.m. at Wolfeboro First Congregational Church.

For more information and to register for any of these grief support offerings, please call Dan at 524-8444 or dkusch@centralvna.org.



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We are the change

BY OLIVIA PATTERSON

TILTON — Since 2014, Tilton School has been conducting an annual service trip to the outskirts of Santo Domingo, a city in the Dominican Republic. This trip is done through the Batey Foundation, a non-profit organization based in Bethlehem whose mission is “to build resilient physical infrastructure and the human capital required to raise the living standards for local children

and families.” They live up to their motto, “Somos el cambio” (“We are the change”).

These children and families are all members of the Dominican bateyes, which are rural communities, started by the sugarcane industry, that are currently suffering severe conditions, lacking public services, legal protection, and economic opportunities. This Tilton School group witnessed the poverty in the bat-



Tilton School’s “Eco Rams” seed the community

BY STEPHANIE NEVERS

TILTON — Way up on the hill in downtown Tilton, there is a prep school doing big things with the environment.

A group of students, a part of the “Eco-Rams,” have challenged themselves to find spots around campus to plant flowers and vegetables.

“Eco-Rams is Tilton’s Environmental club devoted to helping preserve the environment and raise awareness about issues concerning the environment,” says Ryan Thompson, student leader of the group.

Their goal is to incorporate the food that they plant in their school

meal while also creating a scenic campus.

They are looking to team up with local farms to get manure to start the gardening process. Using a small budget, the team will clear a spot on campus grounds and build beds, creating a barrier from the surrounding weeds.

Eco-Ram Kaitlin says, “I am excited to start the process with my fellow students. I think this is a great opportunity to give back to the community and the land around us.”

The “Eco-Rams” are learning through this process, and are excited to get their hands dirty.



Group photo at the preschool in Batey Naranjo.

eyes, taking notice of local issues, such as the lack of healthcare and government aid, and brainstormed ways in which they could bring more to the people in need.

During the most recent Tilton School group’s tenure in the

Dominican Republic from March 10 to 16, the students and faculty worked on building an activity room for the school children.

One Tilton resident, Jessica Beaucher, said “It felt good to know that we were contributing to a worthwhile

cause.”

Past projects have included building a community center, a medical clinic, and a preschool that the Tilton students worked beside during their day.

This particular group of students also gave company to the

children in a local orphanage, learned Dominican history on a trip to the city, and visited some of the country’s most beautiful natural landmarks. They learned a lot about the culture, receiving lessons in traditional dance, such as grocery shopping and house chores.

When asked to reflect on her favorite part of this year’s trip, student Queena Yuan said, “I loved the group reflections at night. They gave us the opportunity to look back on our day and discuss our feelings with our peers, whether we were talking about the happiest moments or the hardest truths.”



Casamigos a welcome addition to the local dining scene in Tilton

BY GORDON CUMMINGS AND CASSIE NEVERS

TILTON — Casamigos, a recently established Mexican restaurant, has taken downtown Tilton by storm. The restaurant has brought plenty of newcomers to the area, with countless custom-

ers quoted online saying “Downtown Tilton has always disappointed in terms of restaurants (with the exception of THOP).” “Casamigos is a great addition!” “Great atmosphere and amazing food!” “Service was great and the food was authentic and



delicious. I can’t wait to go back!” They are currently rated 4.9 stars on their Facebook page, with over 100 customer reviews.

The menu offers a variety of flavorful Mexican style food, featuring fajitas, tacos, steak and pork, and an assortment of desserts to choose from. This family friendly location even has a children’s menu for meals under just \$5. There is also a section for vegetarians, if you prefer to go in that direction. Over-

all, there are several options to choose from, making it a diverse location to eat.

Previously, the restaurant was known as Rio Burritos, with some of the same owners as

Casamigos now. Both offered Mexican style food with high reviews, but it is unknown what the causes of the previous restaurant are. Go check out the locally owned

restaurant for its well prepared Mexican cuisine!

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Edward Jones: Financial Focus

Strategies for Your Investment “Garden”

If you’re a gardener, your busy season is at hand, as April has been designated National Garden Month. But could the skills you deploy at gardening be transferred to other areas of your life – such as investing?

Here are a few ideas for doing just that:

Establish a timeline. As a gardener, you typically follow a well-defined timeline. You need to get the soil ready a few months before you want to plant, and you need to plant at different times, depending on what plants you choose. You even need to set up a schedule for watering, feeding, weeding and other garden care. As an investor, you may also need to observe a timeline. During the early and middle stages of your career, you probably need to invest primarily for growth, so you can build resources for a comfortable retirement. Then, as you near retirement, you may want to lower your risk level by shifting some – though certainly not all – of your investment dollars from growth-oriented vehicles into more income-producing ones. And once you do retire, your focus will shift to preserving your money, so one of your key decisions will center on how much you can afford to withdraw each year from your investment portfolio.

Choose “healthy” investments. Gardeners like to choose plants they know will really last. That’s why they look for things such as green leaves, as opposed to brown or yellow ones, and thick stems, which usually indicate a plant is strong, healthy and capable of surviving a transition from the pot to the ground. And when you invest, you, too, should look for signs of health in the investments you choose. For example, when picking stocks, look for companies with solid fundamentals, such as experienced management, strong earnings and the demonstrated ability to produce products and services attractive to consumers. Or, when considering bonds, consider those that independent rating agencies have awarded the highest grades, in terms of the financial strength of the issuer.

Feed your investments properly. Things like fertilizer and plant food can be valuable, but the most important element in plant nutrition is water. Under-watered plants will not survive, but overwatering your plants can certainly damage them severely. When you invest, you also need to know the right amount of “food,” or “nutrients,” to apply. If you don’t put enough money into investments, they may not grow as much as you’d like. On the other hand, it is possible to “overwater” certain investments. For example, if you constantly put money into just one or two investments, they could end up crowding out others in your portfolio, causing you to lose the value of diversification. And if these particular investments are already growth-oriented vehicles, highly subject to market risk, they could take a big hit during a market downturn. Ultimately, seek a balance in how you distribute your investment dollars.

Year after year, successful gardeners reap the rewards of their labors. And following some of their habits can help you work toward a long-lasting and fruitful investment garden, too.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

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Prescott Farm’s Polliwogs Program ready to spring into action

LACONIA – Prescott Farm Environmental Education Center on White Oaks Road in Laconia is excited for another year of its popular Polliwogs Preschool Program – a six-week series for you and your preschooler, getting underway on Wednesday, May 2 at 10:30 a.m., rain or shine!

“Polliwogs is a great opportunity for preschoolers and parents to explore the magic of the natural world together,” says Prescott Farm Program Director, Sarah Dunham-Milio-tis, herself a mother of 3-year-old Ben, who has

attended the Polliwogs program and is now a student at Prescott Farm’s Fledglings Nature-Based Preschool. “We are especially excited this year to announce a new Summer Polliwogs program, in addition to our popular Spring and Fall programs, which will run Wednesdays from July 11 through Aug. 22.”

Polliwogs is a fun group for the littlest explorers among us, ages three to five. Designed for your pre-schooler to explore the forests, fields and gardens around Prescott Farm with a grown-up. Spring is a



COURTESY
Prescott Farm Environmental Education Center on White Oaks Road in Laconia is excited for another year of its popular Polliwogs Preschool Program – a six-week series for you and your preschooler, getting underway on Wednesday, May 2 at 10:30 a.m., rain or shine!

busy time as animals are waking up or returning from their vacations in the sunny south. You can see each week’s full description and register, for one or all of the programs, at www.prescottfarm.org.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service

learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

Winnisquam grad completes basic training

SAN ANTONIO, Texas — U.S. Air Force Airman Garrett H. Patten graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied sci-



Garrett Patten

ence degree through the Community College of the Air Force.

Patten is the son of Amanda and William Patten of Tilton.

He is a 2017 graduate of Winnisquam Regional High School, Tilton.



COURTESY

SCS Student Council donates blankets to Project Linus

Students involved in Sanbornton Central School’s Student Council recently made four blankets to donate to Project Linus, a national nonprofit organization that has collected more than six million homemade blankets to distribute to children in need since 1995.

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Potter Molly Harper of Soul Pine Pottery demonstrated the art of wheel throwing during Belmont Middle School's annual STEAM DAY last week.

STEAM

CONTINUED FROM PAGE A1

pany DEKA was asked by the U.S. Department of Defense to try to develop a new prosthetic arm for soldiers injured in service. As a result of their research, they came up with the LUKE robotic arm, named after Luke Skywalker, who got a prosthetic arm in the movie "The Empire Strikes Back."

Hildreth's therapist is located in an office near DEKA's headquarters so he arranged for Hildreth to help test the equipment as they were making their final adjustments. He himself received his new right arm just six weeks ago and demonstrated to students the many things he can now do for the first time in more than 30 years.

"The technology that went into this is phenomenal," he said. "I'm the first nonmilitary person to have one of these arms and as a result I've fallen into the role of being a spokesperson for the company."

He only has the right

arm for now though since he lost his left shoulder as well and ways to adapt to situations such as that have yet to be perfected.

"They're also working on a hand now with five working fingers and sensors in the palm. Technology is only scratching the surface of this, and where it's going to go from here is almost limitless," said Hildreth.

The Belmont High School Robotics team also presented some fun with robots and outside on the lawn Bob Cloutier parked his helicopter, which students were able to explore after a short talk on the science of aviation.

From the world of medical sciences, Dr. Scott Krauchunas explained the technology behind sports vision and how it can help improve athletic performances and monitor concussions while Joshua Brooks of Granite State Physical Therapy discussed the ways physical therapy relates to STEAM.

Belmont Fire Department's firefighters

brought students into a specialized smoke trailer to learn about home safety and their EMS staff provided Hands-Only CPR and AED training for the eighth graders.

Devin Posluny, a student at BHS, gave a demonstration on drones and ways they can be used in videography and Jason Phillipy also discussed videography and his job as the Broadcast/Video Specialist for New Hampshire Fish and Game.

Students from UNH had fun hands-on engineering experiences for students that covered areas such as wind turbines, architecture and even the design process for a theme park.

UNH Junior Brandon Blaesing said they were all having a great time working with the middle school students.

"I'm getting to see their creativity in building a theme park and they've come up with some crazy designs. It's a lot of fun," Blaesing said.

Laser technology, ink chemistry, and the wonders of Real Time



Seventh graders Brooke, Maddie and Carly enjoyed a "Quiet Voice Art" class with artist Kate Lemay as one of many learning opportunities presented in last week's annual STEAM Day event at Belmont Middle School.

Machines were other interesting topics presented throughout the day. Fifth grade students also enjoyed building their own kaleidoscopes as they learned about the science behind them, while sixth graders designed their own scribble bots.

BMS music director Carlos Martinez taught the boys and girls how to put together a home stereo system and representatives from the Huot Center taught participants in their classes a bit about plumbing and water pressure. Local farm owner Aaron Lichtenberg discussed agricultural practices, and some students spent part of their day taking a Teen Driver simulation test courtesy of CHAD.

From the world of arts and music there were several other options available. Wheel pottery, sculpting, poetry, storytelling and "Quiet Voice Art" were some of the classes enjoyed that day. Students could also practice sewing techniques with Caroline Antsy from Vac Man and Bobbin or learn how

their classmate Anna LaDue created her own business, "Anna's Bandanas," then watched as she demonstrated how they are made. Finally, Jaylene Bengston, Phillip Breton and Kay Wheeler offered boys and girls the opportunity to try playing a violin or viola and explained the make-up of a stringed orchestra.

BMS Principal Aaron Pope and Assistant Principal Tim Saunders were both excited to see STEAM Day return to the school again this year and credited faculty members Karen Gin-

grich and Joe Wernig with all the work they put into organizing the event.

"This is fantastic! It gets better every year. The job Joe and Karen do is outstanding. This is a well-oiled machine now and the kids are well-engaged all day," said Saunders.

Gingrich said the goal of STEAM Day is to expose the student to as many new learning opportunities as they can.

"We're really grateful to all the people who come back now every year to make this such a big success," she said.

LRVNA

CONTINUED FROM PAGE A3

neighbors. In 2017, the LRVNA provided more than \$300,000 in free or subsidized health care to Lakes Region residents.

"It is simple to participate," states LRVNA Executive Director Deb Peaslee. "For every \$10 donation we receive, we will send a \$10 Common Man Bonus Card that is available for use at eleven Common Man restaur-

rants. So, if you donate \$100, we will send you 10 bonus cards! We had tremendous success last year with this fundraiser and are pleased to offer this to our supporters again this year."

Donations can be made easily online at www.LRVNA.org/need. The fundraiser will run April 2 to May 11.

Peaslee continues, "I can't thank the Common Man enough for their unbelievable support with this effort, it is truly a win, win for everyone."

For those who enjoy dining out, this is such an easy way to support those who are less fortunate. The Common Man dining bonus cards can be used at the eleven Common Man area restaurants through June 28, and multiple cards can be used at the same time. This fundraiser is such an easy way to help our community. LRVNA urges everyone to donate and dine out often! Donations can be made online, by phone, 279-6611, or at the LRVNA offices in Meredith.

The agency was founded in 1923 and is proud to be designated by the HHCAHPS (Home Health Consumer Assessment of Healthcare Providers and Systems) as a 4 star agency. LRVNA serves Alton, Center Harbor, Gilford, Laco-

To receive special health tips and notices about flu clinics and health screenings, you are invited to sign-up for the free LRVNA "Nurses Care" email newsletter program by visiting www.LRVNA.org. The Lakes Region Visiting Nurse Association is located at 186 Waukegan St. in Meredith, phone 279-6611.



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NOTEBOOK

CONTINUED FROM PAGE A4

kids play around a fire to “running with scissors on steroids.” That six-year-old, he noted, is now a six-foot, 220-pound police officer in Kansas with a family of his own. When they visit, Crow adds, he and his wife love to have a cold one while watching their 6-year-old grandson (yes) poke the fire.

Anybody who’s spent much time around a fireplace or fire pit knows that kids just naturally love fire. We all do, I think, as a link to the ages, and a reminder of our common bond.

+++++

Captains Lewis and Clark and their company of 30 or so soldiers, backwoodsmen and adventurers had been on the trail for about a month when their scouts encountered the Mandans. They encamped just below the village and prepared for a parley, as was common for the times.

It was not, of course, the Indians’ first experience with Europeans.

French fur traders and explorers had long since visited from the far north, as had Spanish traders from the southwest.

Still, this was an official party sent forth by the young United States government. By all accounts, and I think I have read most, the Mandans treated the Corps of Discovery as honored guests.

+++++

The officers and many of the men gathered in one of the biggest Mandan lodges, where the peace-pipe was passed around before various dignitaries made long-winded speeches. After more food than most could eat, the visitors fell back against their packs and blankets for more passing of the pipe, and more speeches.

A bright-eyed little Mandan child of perhaps two was playing at the edge of the fire, not far from the two captains’ feet. A hot coal tumbled from the heap of embers, and the child crawled to

grab it.

In a reaction instilled since childhood, Meriwether Lewis reached to grab the child’s hand. Equally fast, Captain Clark grabbed Lewis.

The Indian custom was to let the child learn by experience, Clark later explained. Interference would have been an affront.

Lewis and Clark had many months and more than a thousand miles to go before they reached the Pacific, where they were supposed to rendezvous with ships providing supplies and a choice for the way home. The Pacific coast, after all, was fairly well known, if not accurately mapped, after the voyages of Bougainville, Cook and others. The big mystery was the territory between the Mississippi and the Pacific Ocean.

+++++

Despite what schoolkids (including me) were taught for generations, Lewis and Clark were hardly the first to cross the continent. That honor was

earned by Canada’s Alexander Mackenzie, who on his second attempt at a crossing emerged at the mouth of the Bella Coola River in British Columbia nine years earlier, in 1793.

Canadian history was scarcely taught in our classrooms, even though we lived just a few miles shy of the Quebec border; and Mackenzie was hardly the sole example. American academia and society were equally slow to recognize archeological proof that the European “discovery” of the New World occurred around 1100 A.D. when the Vikings settled at Lans aux Meadows in Newfoundland, 400 years or so before Columbus.

We share a continent and a lot more, including families and cultures, which to me makes the absence or blurring of Canadian history in American education so incongruous. To me, it’s all one big story—I’m just as interested in les habitants settling their way up the rivers running north into the St. Lawrence as I am in the New England settlements progressing northward from the Boston Colony and the Gulf of Maine.

+++++

On a cool July night, sparks from the fire compete with fireflies for attention, kids chasing the fireflies or watching the

sparks disappear into the awesome magnitude of the night sky.

Let the kids go, I’ve wanted to tell anxious parents as we sat around the fire, talking about what the next generation of kids will know, or not. In the meantime, just give them a stick to poke the fire with, relax, and let them go, and enjoy the show.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

RABIES

CONTINUED FROM PAGE A1

will offer the same service from 1-2:30 p.m. that same day. Other clinics at their facilities may be scheduled in the next few weeks and people are asked to confirm those dates and times with their local Tractor Supply store.

The Rite Aid Company is also looking out for public health concerns this spring and has scheduled a series of rabies clinics at their locations throughout the region. Next up on their agenda will be clinics held outside the Plymouth Rite Aid location on S. Main Street between the hours of 10-11 a.m. on both Sunday, April 15 and April 29, and the Bristol store

will hold their next clinics from noon-1 p.m. on those same dates.

On Saturday, April 21, from noon-2 p.m., the Bristol Lions Club will also present a rabies clinic at the Bristol Fire Department on Lake Street.

State law requires that all dogs be vaccinated every three years once they have received an initial rabies vaccine. Pet owners should bring verification of past rabies vaccinations to any clinic for their pet to receive another three-year vaccine and those without that current documentation will be administered a vaccination that is good for only one year.

Yearly licensing for all dogs four-months

of age or older is also required by April 30 and can be done at town hall offices in each community. Intact male dogs have a \$9 licensing fee, but the cost is only \$6.50 if they have been neutered. Females are \$9, \$6.50 if spayed, and all puppies up to the age of seven-months-old are \$6.50 as well. Many towns also offer senior discounts of just \$2 for the first dog being licensed by a resident, and there are special “kennel rates” for those who own multiple dogs.

Under New Hampshire’s RSA 466:13, anyone who fails to license their dog by June 1 may be charged with a fine of \$25, while additional late fees of \$1 per month can also be assessed.

BEATZ

CONTINUED FROM PAGE A1

only teaches them how to drum on large plastic buckets, he also emphasizes the “soft skills” of compassion and empathy as students learn to work together and have a lot of fun at the same time.

Music teacher Jen Shaw said she is excited to have Youth Beatz come to the school.

“This will really energize the kids. It’ll be one of those life changing opportunities for them I think,” said Shaw.

Helping to present the program to BES will be Grappone Automotive Group and the Meadowbrook Charitable Foundation. Principal Ben Hill said he first learned of Youth Beatz through Amanda Osmer of Grappone who offered to sponsor part of the residency.

“She has a huge heart for kids and wanted them to have this opportunity. Meadowbrook also offered to help with sponsorship and we’re excited that we’ll have Youth Beatz here now as

a result of their generosity,” said Hill.

Osmer, along with Ed Darling of Meadowbrook Charitable Foundation, were on hand when Regione stopped by the school last Thursday to give a quick preview of the program.

Osmer, who has previously sponsored Youth Beatz at Canterbury Elementary School, said she loves the program and the way in which Regione presents it to the students.

“He has an immediate rapport with the kids, a true gift on how to connect with them. The soft skills of honesty, respect and kindness that he teaches are so foundational and the students have a good time while learning a great message,” she said.

Darling said his organization was established for the sole purpose of raising money for music in the schools. The foundation currently works with nine area high schools whose students take turns each year selling raffle tickets during the summer concert series at the Bank of

New Hampshire Pavilion. That money is then presented to schools in those nine districts for special programs or music needs.

“We heard about Youth Beatz and felt it would be a good learning opportunity for the students,” Darling said.

Osmer added that she would like to see other businesses step up in the future to help bring special programs to local schools. It’s god for the students to know the business community cares about their education, she said.

Hill and Shaw said they hope to back up the Youth Beatz fall residency with another art residency in the spring.

“We’ll meet with the staff and come up with a theme for the 2018-19 school year, which will probably be something about kindness and respect, then we’ll see where we go from there to build on that theme. Residencies like this are something we try to do every year because they bring some great outside learning opportunities to the school,” said Hill.

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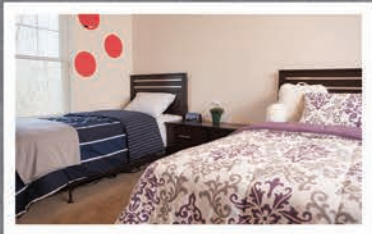
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Bear girls win snowy opening meet

BY BOB MARTIN
Bob@salmonpress.news

MEREDITH — The Winnisquam track and field team started off the season strong with the girls' team taking first place out of seven teams and the boys' team came in third at a snowy and rainy meet hosted by Inter-Lakes High School last on April 3.

For the girls' team, top performers included Gabby Isabelle, who won the 100 meters with a time of 13.9 seconds. Isabelle also won the shot put with a toss of 39.5 feet, while Sarah Seymour was third with a throw of 24 feet,



JOSHUA SPAULDING
Socorra Summers participated in the 100-meter hurdles and placed second.



JOSHUA SPAULDING
Faith Gosselin won the 1,600 meters and helped Winnisquam's girls' track team win its first meet of the season.

10 inches. In the 100 meters, Isabelle edged out teammate Madison House, who had a time of 14.1 seconds for second place.

Isabelle had a busy day and also placed

second in the 200 meters with a time of 30.2 seconds.

Taking the win in the 1,600 meters was Faith Gosselin with a time of 6:07. Gosselin

SEE **TRACK**, PAGE B3

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Winnisquam searching for soccer coach

TILTON — Winnisquam Regional School District is looking for a varsity boys' soccer coach for the upcoming fall season. Please send letter of interest, coaching resume, and WRSD application form (the form can be found at <https://drive.google.com/file/d/0BzjI2U9aoG-MoTkltN1E4cEhsLWM/view> to Brian Contorchick, Athletic Director, Winnisquam Regional High School, 435 West Main Street, Tilton, NH 03276 or e-mail bcontorchick@wrsdsau59.org.

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BOB MARTIN

The Belmont Red Raiders celebrate after a win during a 17-game winning streak from last spring.



BOB MARTIN

Griffin Embree will be the top pitcher for Belmont this season.

Red Raiders stocked up for another run

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Belmont High School baseball team is coming off a 2017 season where the team went on a tear down the stretch, winning 17 games in a row before losing in the Division 3 championship against Campbell.

While coach Matt LeBlanc knows the team has some holes to fill, as nine seniors are gone due to graduation, he has confidence that the Red Raiders can make another strong push this spring. Last year the team made the title game for the first time since 2005, and the Red Raiders have not won a championship in 30 years.

The team lost some of the top players in Division 3 from last season to graduation. That includes Division 3 player of the year Cole Contigiani, who was a force on the mound, the

hot corner and the plate alike.

Contigiani went 7-1 on the hill for Belmont last year, with his only loss amazingly being a no-hitter. He pitched 52.2 innings and allowed only four runs for a 0.532 ERA. He had 69 strikeouts and a WHIP of 0.742.

At the plate, Contigiani batted cleanup and hit .405 with a .592 on base percentage. He was a main run producer with 21 RBIs and 19 runs.

The team also lost Corey Derosier, who was the team's starting shortstop and one of the best pitchers in the division. He posted a 5-0 record on the mound and had an incredible 0.239 ERA. In the leadoff spot he was a monster, hitting .447 and finishing with an on base percentage of .542.

The Red Raiders will also be without Jonny Leclair, who showed off his line drive hitting

down the stretch with a .439 batting average. He also had 15 RBI and 14 runs in an All-State season. He was also a rock in right field, and his fielding will be tough to replace.

While these are some big losses, the team still brings back a solid core. Cam Magerer will be back for his junior season behind the plate. Last year he was a third team All-Stater and a main piece in the run playoff run. Magerer came into the role of catcher when Doug Price got injured and needed to move to first base. He was excellent both behind the plate and at the plate, batting .367 and posting a .481 on base percentage.

As for newcomers, Brett Auclair will see some time on the mound and play infield this season. Junior Austin Didsbury will play outfield and pitch. Austin Garrett, a junior, is lined

up to play first and third this year after spending the previous years playing JV. Nate Sottak, a freshman, will be called upon to play outfield. Senior Noah Witham will be on varsity for the first year and will be playing first base and designated hitter. Sophomore Lars Major will swing between JV and varsity, LeBlanc said, and will see time at first base and outfield.

"The good thing is that most of them play a ton of baseball outside of school ball," said LeBlanc. "That's a little different than we usually get. That helps. Even though it isn't varsity experience they have experience playing a higher level of baseball."

The returning six players are all critical for the team's success, LeBlanc said. Colby Brown will take over at shortstop in his junior season, filling the huge hole left by Derosier.

Junior Griffin Embree will be on the mound and playing center field. Last year Embree was the third starter for the Red Raiders, and provided some solid innings. He will be the team's ace this year.

"He pitched really well for us down the stretch," said LeBlanc.

Senior Brett Lima will also pitch and play third base for the Red Raiders. Kyle Minery will be playing corner infield and outfield in his junior season.

Senior Matt Pluskis brings his four years of starting experience to the team this season. He is expected to be a vital piece of the offense and a rock at second base.

"All six of the returners are huge and were big players last year," said LeBlanc. "Any of these six will produce and take leadership roles. I feel really good about these guys returning."

LeBlanc said the new players excite him also, as they have looked great in the early practice points in the season. He said they have surprised him about how good they look early.

LeBlanc said Division 3 has a lot of unknown this year, as many people have lost key players. He is looking forward to matchups against Gilford, Newfound and Fall Mountain, teams he said that have serious talent and should be poised to make a good run at the championship.

"One of the big things I have in my mind is that we have to have the mindset that this is our team and not the same as last year," said LeBlanc. "We have some unknowns in offense this year, but that's not to say they won't hit. We are going to need good defense, timely hitting and good pitching to win this year, and I think we can."

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Wolves presented Humanitarian Award

LACONIA — The Eastern Hockey League (EHL) and the Eastern Hockey League Premier (EHLPr) are pleased to announce that the New England Wolves have won the 2017-18 Humanitarian Award. New this season, the Humanitarian Award recognizes the organization that provides outstanding contributions to their community. With more than 1,000 hours of community service and volunteer work, it's no surprise that the coaches have selected the Wolves as this season's Humanitarians of the Year.

"This is a new award that we brought to the table, because the experience of playing junior hockey is about more than what takes place inside the glass," said Mark Kumpel,

the EHL's Director of Hockey Operations. "Our organizations are helping these players grow as young men, and much of this growth takes place away from the rink. I would like to personally congratulate Andrew Trimble, Tim Kunes and the rest of the Wolves organization for the foundation that they've begun to establish in Laconia. Outside of the hockey, they've put in the work to help build the New England Wolves as a highly-respected brand in the Lakes Region. Looking at their body of work, I have no doubts with the Wolves winning the Humanitarian Award for the 2017-18 season."

As Kumpel mentioned, the Wolves are led by Andrew Trimble and Tim Kunes. Trimble serves as the general manager for the entire organization, while Kunes just finished his first year of coaching at the junior hockey level. Working together, they kept their entire organization very active in the community this past season.

Here is a list of the

community service events that the team took part in:

- Prescott Farm Education Center Tug of War;
- WOW Trail Cleanup;
- New England Pond Hockey Classic;
- Pumpkin Fest;
- United Way's Day of Caring;
- Laconia Christmas Village Cleanup;
- Gilford Rotary Christmas Tree Sale.

Also, along with the community service hours, all of the players and coaches got involved with volunteer work within the Laconia Youth Hockey Program:

- Lakes Region Learn to Skate;
- Lakes Region Lakers/Scoring Concepts Skills Nights;
- Rochester Youth Hockey - Tuesday Skills Nights.

Last, but certainly not least, a set of benefit games and a toy drive helped set the Wolves apart:

NH Humane Society Donation Night - Collected pet food and supplies, kitty litter, and fundraising for the organization;

Maria Mayne benefit

- Raised money for local women stricken by Leukemia;

JBT benefit game - Raise over \$23,000 for the Cure Stars Now Foundation;

MAX Toy Drive - Holiday Toy Drive to Benefit Dana Barber and the Boston Children's Hospital.

It was a truly special season for the Wolves in the Lakes Region community. With a new fundraiser and/or event almost every week, the players stayed active during their free time away from the hockey rink. While the main goal of junior hockey is set on helping players advance to the next step of their journeys, the New England Wolves also do a phenomenal job teaching their players how to become better individuals. The Eastern Hockey League (EHL) and the Eastern Hockey League Premier (EHLPr) strive to build up every player to best of their abilities both on and off the ice. Congratulations to the New England Wolves on being named the 2017-18 Humanitarians of the Year.

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BOB MARTIN
Carly Catty had an outstanding freshman season at shortstop and is expected to be a top player for the Winnisquam softball team.



BOB MARTIN
Ashley Deshaies had valuable experience in her freshman season and coach Kevin Dame hopes she can take what she learned and improve on it as a sophomore varsity player.

Small Bear squad looking to make noise

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — The Winnisquam Bears softball team had a successful season last year, winning 11 games and losing in the quarterfinals to Bishop Brady, and while coach Kevin Dame knows it will be tough to replace some seniors that were lost, he sees the team doing big things this spring.

The team lost Ema Atherton and Molly Tinker to graduation, and another big hole to fill is

due to the graduation of Lauren Bolstridge, who was regarded by Dame as one of the top players in Division 3 last year. Coaches around the division agreed, and named her first team All-State. Bolstridge was All-State all four years of her high school career, which included two first teams, one third team and an honorable mention. She batted .509 with eight doubles, two homers, 19 RBIs and 20 runs.

While replacing a

third baseman like Bolstridge is about as difficult as it gets, Dame is happy that there is some young talent on the team. Carly Catty was an All-State honorable mention in her freshman year, thanks to incredible play at shortstop and a great year at the plate. She batted .420 with three home runs, 24 RBIs and 20 runs. She also had four doubles and a triple. Dame has said she was quite possibly the best freshman hitter she has coached, and he said that if she was higher than a freshman last year she would have been more than an All-State honorable mention.

“She had a successful freshman season and will lead our offense, and play some good defense for us,” said Dame.

Seniors Cailey Clogston and Emily Decormier will return to the outfield and should provide senior leadership for the Bears. Dame said both players have looked solid. Decormier has impressed Dame in the early stages of practice with her hitting, saying she is a smaller girl but has plenty of power. Decormier is expected to play leadoff for the Bears.

“She tweaked her swing just a little bit and that little adjustment looks like it will be good,” said Dame. “We’ll see how it translates to live speed pitching. I think she could have a big year.”

Chloe Colarusso will be vying for first base

and Ashley Deshaies looks to build off her experience from last year and have a productive sophomore season.

Aubrey St. Onge is a junior who played as a freshman and a swing player. She took a year off last year but will be back with the Bears this season. Since the team graduated Tinker, St. Onge will be called upon to pitch and play infield this season.

Sophomores Natalie Deshaies and Olivia Dill will be coming up from the JV program and are expected to get playing time, with Dill getting some innings in the circle. He also said sophomore Hannah Max has been working hard at her play as catcher. She looks to start there this year and should have a solid season.

Third base will be trial and error, Dame said, and the starter is still unclear.

The team is small, with only 10 girls to start, but Dame said during the season he may call up some players from JV. With a small lineup like this, players will be finding their roles quickly.

“I think the experience from Cailey and Emily will get us on base a lot,” said Dame. “Those two will be staples at the top of the lineup somewhere. When Emily gets on she can steal on just about anyone. We’ve just got to get her on base.”

The big question mark for the Bears is pitching, Dame said. He said losing Tinker is big and the team will need to find who can take the

brunt of the innings. He said St. Onge throws strikes and he hopes she can fill this role for the Bears.

“Aubrey gets the ball over the plate and can pitch, but she just doesn’t have that speed to get the ball by hitters for 10 or 15 strikeouts,” said Dame. “We will be relying on good fielding and timely hitting for wins.”

Dame knows the team is young with only two seniors and seven sophomores, but he likes the core of the Bears. His goal is to get back to the playoffs and push past the quarterfinals.

“I think we have a team to make the playoffs and hopefully we are playing well enough at that point to knock a team off,” said Dame.



JOSHUA SPAULDING
Ricky Fournier won the 1,600 meters in the first track meet of the season at Inter-Lakes. Kyle Mann, behind Fournier, came in second in the event.

TRACK
CONTINUED FROM PAGE B1

also came in second in the 800 meters.

Socorra Summers came in second in the 100-meter hurdles with a time of 19 seconds. Winnisquam’s 4X100 relay team also had a strong day with a second place finish and a time of 57.5 seconds.

Freshman Rachel Fife had a strong day throwing the discus. She tied for third with a throw of 65 feet, nine inches.

The boys’ team was led by Ricky Fournier’s win in the 1,600 meters with a time of 4:54. Just behind him was Kyle Mann with a time of 4:57. Hunter Hinxman took the win in the 200 meters with a time of 25 seconds.

The boys’ 4X100 relay team placed third with a time of 52.3 seconds.

Alex Rice was fourth

in the long jump with a leap of 18 feet, six inches.



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Obituaries can be sent to:
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Wedding, engagement, and anniversary announcements are welcome at:
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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Summer hoops offered in Gilford

GILFORD — The Lakes Region Elite Basketball League will take place this summer at the Gilford Youth Center.

The league is seeking skilled players, boys and girls, ages 8-11. There will be tryouts for the league on Saturday, May 26 and June 3.

It is free to try out, but you must be pre-registered.

The league will run for 10 weeks beginning mid-June. Each week, teams will have a practice during the week, followed by a game on Friday or Saturday. The season will end with a three-day tournament/

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custody of a child, or a doctor's note
of medical necessity.

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Community
Developers

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**TO VIEW THESE
AND OTHER
PROPERTIES, VISIT:**

Alpine Lakes Real Estate: www.alpinelakes.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

Dussault Real Estate: www.dussaultrealestate.com

ERA Masiello: www.masiello.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

Michelle Eastman Realty: www.michelleeastmanrealty.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Remax Bayside-Steve Banks: www.winnihomes.com

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

ROCHE REALTY GROUP

MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

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LAKE WINNIPESAUKEE/LACONIA:
Adorable 4-season cottage w/ 125' of frontage on Pickerel Cove with boat dock. Enjoy water and mountain views from the front deck, the heated lakeside sunroom and the spacious, open concept living room. Multipurpose room which could serve as a bunkhouse for guests, an art studio, personal workshop or more. **\$524,900 MLS# 4682787**



LONG BAY/ LACONIA: Spacious country-cape home in the waterfront community of Long Bay. This home is a custom builder's personal home and features 4,205 sf., of living space, 5 bedrooms, 4 baths and has been recently updated. Hardwood and tile flooring, fire and security monitoring and more. Private shared beaches, a boat club, docks and much more! **\$629,900 MLS# 4672018**



NORTHFIELD: Rustic camp in a totally private location surrounded by nature. This cottage is accessed by a Class VI road and sits upon 5.65 acres with its own creek. No power, no water, no electricity; its the perfect getaway for someone to live off the grid or sneak away just for a weekend. Great for snowmobiles, ATVs and hiking enthusiasts! **\$69,900 MLS# 4663732**



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Notice of Public Hearing

**NH RSA 31:95-b,
ACCEPTANCE OF UNANTICIPATED FUNDS
Thursday, April 19, 2018**

The Board of Selectmen will hold a public hearing in the Town Hall to discuss, take public comment, and act upon the following item:

Pursuant to NH RSA 31:95-b, Acceptance of Unanticipated Funds in the amount of \$7,000 from the Turn Up the Heat organization for the purpose of assisting Town residents who require fuel assistance.

**7:30 PM
Ernest Davis Meeting Room
6 Holland Street
Moultonborough, NH 03254**

If you are unable to attend the hearing, but wish to submit comments or questions, please do so prior to the close of business on the day of the hearing, to Walter Johnson, Town Administrator, PO Box 139, Moultonborough, NH 03254, fax 603-476-5835, or email wjohnson@moultonboroughnh.gov.

Posted this 9th day of April, 2018

/s/ Walter P. Johnson
Town Administrator



TOWN OF MOULTONBOROUGH

**Invitation for Bids
Lease/Purchase 2018
24-Passenger Coach Bus**

Sealed bids for the provision of a 24-passenger coach bus will be accepted until 2:00 p.m. on Wednesday April 25, 2018 in the Offices of the Select Board, 6 Holland Street, PO Box 139, Moultonborough, NH 03254 at which time they will be opened and publicly read aloud.

The general specifications for the coach bus are a Terra Transit, 208 Floor, Ford F450 or an equal, gasoline powered V10 or equal. A detailed package with information on the equipment to be delivered, items to be supplied by the owner or the vendor, and accommodated within the design, the conditions thereof, and bid forms, is available at www.moultonboroughnh.gov (Paid, Volunteer & Contract Opportunities) or said Select Board offices during normal business hours.

Bids submitted should be in a sealed envelope marked, Town of Moultonborough, Coach Bus Bid, April 25, 2018. If mailed, the bid should be in a similarly marked separate sealed envelope to protect against the actual bid being opened in error. Questions about this invitation must be received no later than 4:00 p.m., April 19, 2018 by Walter Johnson, Town Administrator in writing by mail, email (wjohnson@moultonboroughnh.gov), or fax (603.476.5835). It is the bidder's responsibility to view and account for any addendums relating to this request and will be posted on the Town's web site no later than 4:00 p.m. on April 20, 2018. The Town reserves the right to reject all bids, and waive any minor or non-material informality, if deemed to be in its best interests.



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Misc. For Sale

FOR SALE

Rattan matching set: 2 chairs, love seat, sofa - Set \$150.00
Antique Tea Cart \$60
Whirlpool Large Capacity Dryer, GE Hi-Capacity Washer - Multi-settings Excellent cond. \$300/set or \$175 each
2 New Hi-Sense 10,000 Btu Ductless Room Air Conditioners - \$275ea, \$500 both
Bristol Call Paul cell 508.380.3958 Cash Only

GUN SALE, S&W 9mm 2.0 Shields \$379, S&W BG380 \$269, We BUY & TRADE Used Guns, fair prices paid. cases of shot shells, \$59.95. East Central Arms, 30 Depot Rd New Durham. Weds. to Sat 9-5, Sun 10-4, 603-701-2112

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

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24/7

HAVE YOU SEEN ME?

I AM LOST!

MY NAME IS BUDDY

I am a 5 year old, 16 LB. buff colored male cat. I live on Pinnacle Park Road PLEASE CALL MY FAMILY at 279-7000. Reward if found.

Still Lost!

Shane - Shetland Sheepdog
9 Years old

We are hoping someone may have him or have seen him?

-Lost in Laconia NH-
August 27, 2016
Do not chase.

Old and New Leads appreciated
For more info see
www.facebook.com/shaneshetlandsheepdog

Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

Thank-You

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www.salmonpress.com

is the place to check our weekly classifieds online!
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Winnisquam Echo
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Publication Rates (30 words)

\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:
Monday 10:30 am

Fuel/Wood

Firewood for sale: \$200 per cord, green, grapple loads also available.
Pelletier and Son Logging and Firewood
603-569-4543.

Pets/Breeders

LOW COST SPAY/NEUTER

Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

CONSTRUCTION WORKERS WERE HIRING!

We have immediate openings for bridge LABORERS and experienced bridge CARPENTERS. To see what we do visit www.facebook.com/rmpiperinc Seasonal positions are available, must be 18 years old. We offer great wages and benefits including paid holidays, earned time, health, dental, retirement and travel pay.

For more information or to apply:
(603)536-4154, jobs@rmpiper.com,
www.rmpiper.com/employment.htm
or stop by M-F 8a-2p
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Landscape Maintenance/Installation.
FULL time for motivated, hard working, honest individual. Must be at least 18 years old with clean driving record. Must have own transportation. Experience is a plus! Newfound area. Chris (603)744-2195

PAINTER WANTED

Interior/exterior
Will pay for skills and experience.
Please call Mark (603) 651-8605

STONE MASON NEEDED

Experienced stone mason needed for work in central NH-Lakes Region. Must have own transportation and basic tools. Call Dennis 1-802-745-7224.

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to
The Federal Fair Housing Law
which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call
HUD toll free at
1-800-669-9777

For The Washington DC area, please call
HUD at 275-9200.

The toll free telephone number for the hearing impaired is
1-800-927-9275.
You may also call

**The New Hampshire
Commission for Human Rights**
at 603-271-2767

or write

The Commission at
163 Loudon Road,
Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Comm. Space For Rent

PLYMOUTH SPACE FOR RENT:

9 Main Street. Present site of Pemi River Fuels. Approx. 700 sq ft.; 3 to 4 work areas depending upon configuration. \$800 per month including heat, snowplowing and trash removal. Tenant pays separately metered electric. Onsite parking is available. Security deposit required. Available on or about April 1, 2018.

Please call Brian at 536-2300.

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START YOUR AD TODAY!



This is how you say it's going to be okay.

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at redcross.org

American Red Cross



MOULTONBOROUGH
Non CDL Delivery Driver

A&B Lumber has an immediate opening in our Moultonborough location for a delivery driver. Must have a valid driver's license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Heavy lifting is required.

You may apply in person or download a **driver application** from our website. All applications should be submitted to:

Human Resources, c/o Belletetes Inc.
51 Peterborough Street, Jaffrey, NH 03452
or you may email to dbelletete@belletetes.com

Competitive Wages

Paid Vacation

Paid Holidays

Paid Time Off

Health Insurance

Profit Sharing

Store Discounts

Much More!

EOE



MOULTONBOROUGH
Inside Sales/ Lumber Counter

This is a full time position in our Moultonborough store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Human Resources, c/o Belletetes Inc.
51 Peterborough Street, Jaffrey, NH 03452
or you may email to dbelletete@belletetes.com

Competitive Wages

Paid Vacation

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Your Community Health Partner Since 1975

ACHS - DENTAL & ORAL HEALTH

ACHS, a fast-growing, nationally recognized Community Health Center in Littleton, NH is looking for the following exceptional professional to join our growing Dental team...



DENTAL OFFICE MANAGER

In this fast paced, full-time position you'll help ensure the smooth running of the oral & dental health center. You'll:

Set and meet strategic goals & objectives

Develop and implement policies & procedures

Provide management of clinical and support staff

Report on finances and productivity

Ensure regulatory requirements are met

Be extremely organized and people-focused

Have related experience & proficiency in MS Office

If you are looking for a rewarding career with the potential for exciting learning opportunities, competitive pay and benefits at an award-winning, active and caring organization please send your resume and cover letter to hr@achs-inc.org

EOE

Ammonoosuc Community Health Services

Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org



A division of Belletetes, Inc.

Lumber Counter / Millwork Sales

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

Competitive Wages

Paid Vacation

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Health Insurance

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WATERVILLE VALLEY SCHOOL DISTRICT

Waterville Valley Elementary School
2018-2019 School Year

MULTIGRADED
3RD, 4TH, 5TH GRADE TEACHER

Candidate needs good management skills, and technology skills are preferred.

Must be certified in State of New Hampshire
(This position is for the 2018-2019 school year only)

Please send letter of intent, resume, transcript, references and certification to:

Gale Adams-Davis, Principal
Waterville Valley Elementary School
11A Noon Peak Road
Waterville Valley, NH 03215
gadams-davis@pemibaker.org

Construction Help

2018 Work Season

Sitework and Concrete Divisions

Seeking Individuals With Minimum 5 years experience:

*Site Foreperson

*Dump Truck Drivers

*Grade Foreperson(GPS)

*Equipment Operators

*Pipelayers

*Concrete Leadperson

*Concrete Form Workers

*Haul Truck Driver

Pre-employment physical, Drug Screen Required

Andrews Construction Co., Inc.
PO Box 720
Campton, NH 03223
Email: info@andrewsconst.com
www.andrewsconst.com
Telephone: 603-726-7623 - Fax: 603-726-7313

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ANDREWS

CONSTRUCTION Co. Inc.

CAMPTON N.H.

NCH

Upper Connecticut Valley Hospital

\$3,000 SIGN-ON BONUS

For two years of experience staff RNs

REGISTERED NURSES

Contact Human Resources at
(603)388-4236
Apply On-line at www.ucvh.org
181 Corliss Lane, Colebrook, NH 03576
603-388-4236
EOE



Full-Time Position

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 42 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



Precision Lumber Inc.

IMMEDIATE OPENINGS

SAWMILL AND

PLANER MILL WORKERS

DAYTIME SHIFT

BENEFITS INCLUDE

VACATION, SICK AND HOLIDAY PAY,
INSURANCE, CREDIT UNION,
401(k) PLAN, ATTENDANCE BONUS

Apply in Person

or email precisionlumber@lumbemh.com

to request us to email an application



Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM

NCH

Upper Connecticut Valley Hospital

FULL TIME OPPORTUNITIES

☒ RMT/MLT – 40 hours (day shift)

☒ RN M-S/CHARGE – 36 hours (night shift)

☒ RN M-S – 36 hours (night shift)

☒ RN Charge – 36 hours (night shift)

PART TIME OPPORTUNITIES

☒ OR NURSE SUPERVISOR

PER DIEM OPPORTUNITIES

☒ HOUSEKEEPER

☒ COOK

☒ CENTRAL STERILE TECHNICIAN

☒ SURGICAL TECHNICIAN

☒ RN

☒ RADIOLOGIC TECHNOLOGIST

Apply Online at www.ucvh.org

Upper Connecticut Valley Hospital

181 Corliss Lane, Colebrook, NH 03576

Phone: (603)388-4236

ucvh-hr@ucvh.org

EOE

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Freight

Begin your career with the FedEx Team at our Belmont location and be a part of one of the most well-known and reliable companies in the world. We're currently hiring for a variety of openings including:

City Drivers

Job #425565BR

Requirements: At least 21 years old • 1 yr driving experience within the last 36 months • Class A CDL with Doubles/Triples, Haz-Mat & Tank endorsements • Ability to work a flexible schedule • Clean MVR

Driver Apprentices

Job #425566BR

Requirements: At least 21 years old • Class A CDL or permit • Ability to work a flexible schedule • Clean MVR

Freight Handlers

Part-Time | Job #425472BR

Requirements: At least 18 yrs old • Able to lift/carry freight of varying weights • Able to work a flexible schedule.

Service Center Support

Part-Time | Job #425825BR

Requirements: 2 yrs general office & 1 yr customer service experience preferred • Strong phone and interpersonal skills • Computer proficiency

Additional requirements will be found on the website below. Comprehensive benefits package offered. Interested candidates apply online at:

www.fedex.com/careers

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Waitstaff

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Center Sandwich, NH
284-6219
info@cornerhouseinn.com



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MAINTENANCE/LANDSCAPING
PERSON

Driver's License and Dependable Vehicle a must
Please Apply at:
Lincoln Condo Management Group
1294 NH Route 175, Suite 3
Campton, NH 03223
603-960-9061

**Steel Erectors,
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And Laborer Positions**

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

**CLARK'S TRADING
POST JOB FAIR
SATURDAY APRIL 14, 2018**

Come to the Clark's Gift Shop from 10:00-2:00



Clark's Trading Post is looking for seasonal employees with strong customer service skills for the following positions:

- FOOD SERVICE
- RETAIL
- RIDES & GUIDES
- PHOTO PARLOR
- PARK SERVICES
- JANITORIAL
- FACE PAINTING
- LANDSCAPING
- PAINTING & LIGHT MAINTENANCE

Come join the Clark's team for our 90th anniversary season!

Call **Anne** at 603-745-8913 Ext. 19 for more details.
Download an application at www.ClarksTradingPost.com
110 Daniel Webster Highway, Lincoln, NH

**Town of Center Harbor
Parks & Recreation
SEEKING SUMMER EMPLOYMENT**

Lifeguards & Swim Instructor
Must be 16 years or older
ARC Lifeguard Training Certification
Go to: centerharbornh.org;
Departments; Parks and Recreation
for details and application!
Submit application to Center Harbor
Town Hall, 36 Main Street
Contact: Sandy Frost, Director
chparksandrec@metrocast.net

**LABORER/EQUIPMENT OPERATOR
TOWN OF WOODSTOCK**

Full-time position available to perform labor work and operate equipment. Minimum of 2 years equipment operator and snow plow experience required. CDL and current medical card also required. Competitive wage & benefit package offered to qualified applicants.

Applications and job descriptions will be available at the Woodstock Town Office or at the Town Garage and will be accepted until April 20, 2018.

*The Town of Woodstock is
an Equal Opportunity Employer.*

WATERVILLE VALLEY SCHOOL DISTRICT

**Waterville Valley Elementary School
2018-2019 School Year**

PHYSICAL EDUCATION TEACHER 20%
(1 day per week)
Must be certified in State of New Hampshire

Please send letter of intent, resume, transcript, references and certification to:

Gale Adams-Davis, Principal
Waterville Valley Elementary School
11A Noon Peak Road
Waterville Valley, NH 03215
gadams-davis@pemibaker.org

*Bring your
classified ad
right into
the office
located
nearest to
you and
drop it off.
We'd love to
see you!*

Moultonborough Central School

Immediate MCS Openings for two (2) FT, 1:1 Paraeducators. Paraeducator II certification preferred. Send cover letter, resume, and three current letters of reference and certification to:

Ryan Marsh, Special Education Director
PO Box 419
Moultonborough, NH 03254
or email all documents to rmarsh@sau45.org



**GOOD PAY
FOR HARD WORK**

King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You must be able to lift at least 50 lbs.

As a full-time employee, you will qualify for health insurance/dental/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com



**WANTED!
Flooring Installation
& Measure Sub-Contractors.**

Carpet \$5 sq yd, Wood,
Laminate, Vinyl and Tile.
Van and tools required (installers)

"Big Blue" Box Store • Year Round Work
Call Ron 603-369-3870 X104



**North Country Home
Health & Hospice Agency**

VOLUNTEER COORDINATOR

COME JOIN OUR GROWING TEAM! New Day, New Management, New Staff.

We are currently looking for a part-time, Volunteer Coordinator, to join our Hospice team. The Hospice Volunteer Coordinator is responsible for planning, coordinating, and managing all volunteer program activities in the organization.

POSITION QUALIFICATIONS:

1. College degree, advanced degree in human services preferred.
2. Minimum of two years experience in a health care setting. Hospice and/or volunteer experience preferred.
3. Ability to supervise, coordinate, and evaluate volunteer services.
4. Understands Hospice philosophy.
5. Ability to organize and develop volunteer personnel for both patient and organizational needs.
6. Ability to manage a group of individuals providing volunteer time and who will be considered employees.

For more information, please contact Jennifer Everleth, Human Resources
(603) 444-5317 or jeverleth@nchhha.org • Apply online at www.nchhha.org

North Country Home Health & Hospice Agency is an Equal Opportunity Employer

Underage

drinking



Think underage drinking doesn't affect a teen's brain? Think again.

IT'S A FACT. New research shows alcohol affects a teenager's developing brain differently than an adult's. Memory, learning and impulse control can be impaired seriously. The risk of addiction goes up dramatically. So talk to your kids about the dangers of alcohol and set clear rules about no alcohol use.



How to talk with your kids:
timetotalk.org

PARTNERSHIP FOR
drugfreeNH.org
1-800-804-0909

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FOR UP TO

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2018 RAM 1500 EXPRESS QUAD CAB 4X4

Backup Camera

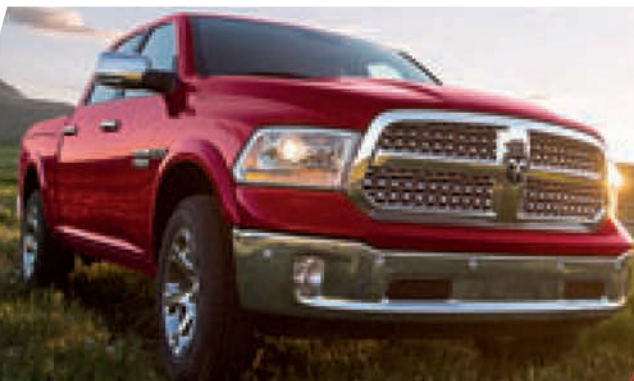
#CT18134, MSRP	\$39,180
AutoServ	-\$3414
Customer Rebate	-\$6750
Chrysler Capital Bonus	-\$500
Non-Prime Customer Cash	-\$1250
Military Appreciation	-\$500
Lease Conquest	-\$1000

TOTAL SAVINGS

\$13,414

BUY FOR \$25,766*

OR LEASE FOR \$238* SIGN AND DRIVE ZERO DOWN!
PER MO. FOR 39 MOS.



2018 RAM 1500 BIG HORN CREW CAB

8.4 UConnect

#SCT18413, MSRP	\$48,470
AutoServ	-\$3470
Customer Rebate	-\$5750
Chrysler Capital Bonus	-\$500
Non-Prime Customer Cash	-\$1250
Military Appreciation	-\$500
Lease Conquest	-\$1000

TOTAL SAVINGS

\$12,470

BUY FOR \$36,000*

OR LEASE FOR \$389* SIGN AND DRIVE ZERO DOWN!
PER MO. FOR 39 MOS.



2018 JEEP COMPASS LATITUDE

#CT18174, MSRP	\$28,930
AutoServ	-\$2130
Customer Rebate	-\$2000
Chrysler Capital Bonus	-\$250
Non-Prime Customer Cash	-\$750
Military Appreciation	-\$500
Lease Conquest	-\$1000

TOTAL SAVINGS

\$6,630

BUY FOR \$22,300*

OR LEASE FOR \$233* SIGN AND DRIVE ZERO DOWN!
PER MO. FOR 36 MOS.



2019 JEEP CHEROKEE LIMITED

Leather, 8.4 UConnect

#CT19001, MSRP	\$34,815
AutoServ	-\$2615
Customer Rebate	-\$1250
Chrysler Capital Bonus	-\$500
Non-Prime Customer Cash	-\$1250
Military Appreciation	-\$500
Returning Lessee	-\$500

TOTAL SAVINGS

\$6,615

BUY FOR \$28,200*

OR LEASE FOR \$265* SIGN AND DRIVE ZERO DOWN!
PER MO. FOR 36 MOS.



2018 JEEP GRAND CHEROKEE LIMITED

#CT8011, MSRP	\$44,675
AutoServ	-\$3452
Customer Rebate	-\$3000
Chrysler Capital Bonus	-\$250
Military Appreciation	-\$500
Lease Conquest	-\$1000

TOTAL SAVINGS

\$8,202

BUY FOR \$22,300*

OR LEASE FOR \$279* SIGN AND DRIVE ZERO DOWN!
PER MO. FOR 36 MOS.

AutoServ
603-286-3141 • 40 East Main Street • Tilton, NH
AutoServ.com



*ALL PRICES AND PAYMENTS PLUS TITLE (\$27) AND ADMINISTRATIVE FEE (\$472), EXCLUDING "SIGN & DRIVE". PRICING ASSUMES ALL FACTORY REBATES AND APPLICABLE INCENTIVES ASSIGNED TO DEALER AND MAY NOT BE COMBINED WITH OTHER PROMO OFFERS OR ANY DIRECT MAIL SALE VOUCHER. NOT RESPONSIBLE FOR MANUFACTURER INCENTIVES/REBATES THAT EXPIRE OR CHANGE. PAYMENTS BASED ON TIER 0 (A CREDIT) APPROVAL. CDJR LEASES: ALL "SIGN & DRIVE" (S&D) LEASE PAYMENTS REQUIRE NO SECURITY DEPOSIT, NO MONEY DOWN & INCLUDE ALL FEES IN PAYMENT. ALL ADVERTISED LEASE PAYMENTS REFLECT ALL DISCOUNTS, MANUFACTURE REBATES AND PROMOTIONS (NOT ALL WILL QUALIFY). CDJR LEASES: #CT18134, TOP \$9282; #SCT18413, TOP \$15,171; #CT19001, TOP \$9540; #CT8011, TOP \$10044; #CT18174, TOP \$8388, 0% APR; ON SELECT VEHICLES ON APPROVED CREDIT, NO DOWN PAYMENT REQUIRED. EXAMPLE: 0% APR MONTHLY PAYMENT FOR EVERY \$1000 FINANCED FOR 72 MONTHS IS \$13.89. NOT ALL CUSTOMERS WILL QUALIFY FOR CREDIT APPROVAL OR ADVERTISED APR. OIL CHANGE OFFER LIMITED TO MAXIMUM VALUE OF \$40 PER OIL CHANGE. SEE DEALER FOR DETAILS ON ALL PROGRAMS AND OFFERS. ALL OFFERS END ON APRIL 30th, 2018.