

Freudenberg representatives offer Newfound students a glimpse at careers in manufacturing

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL — In a bit of a role reversal, it was the men and women of Freudenberg-NOK who took a field trip to Newfound Regional High School on Oct. 17, where they set up an interesting and informative Manufacturing Day to show student in grades eight through 12 all the possibilities for future employment that the company can one day offer them.

“October is Manufacturing Month here in New Hampshire, so we approached the school to see if we could come in and show students some of the opportunities they can find in both Bristol and our Ashland facil-



In celebration of New Hampshire's Manufacturing Month, a team of professionals from Freudenberg-NOK's Bristol and Ashland facilities visited with older students in the Newfound Area School District last week to explain their company and the roles they play in making it a successful place to work.

ity,” said Human Resources Manager Karen MacLeod.

Among those op-

portunities were engineering, design, quality control, marketing and customer rela-

tions jobs. At many of the booths set up by the Freudenberg team were samples of products they make, demonstrations and displays on how those products are both manufactured and function, and even biographies on each presenter.

Quality Engineer Michelle Ballou was among the many

professionals from Freudenberg who met with students to explain her job and perhaps interest them in a similar career.

Her biography read, “I chose a career with Freudenberg because they provide an opportunity to improve your life and career by rewarding hard work. I love that I’m learning

every day.”

David Black is a Product Marketing Manager and emphasized that the future of manufacturing is very exciting.

“Manufacturing will always be required, no matter what is being made,” he said. “Learn as much about it from all possible angles, then become an integral part of the process. The details may change, but never will it stop.”

Students asked many questions of the presenters and spent time learning more about all that goes on at Bristol’s largest employer.

“It was interesting. I’m only in eighth grade, but I can see there’s a lot of possibilities there,” said one female student.

Another male student said he was fascinated by all he learned because he hopes to one day be an engineer himself.

SEE **MANUFACTURING**, PAGE A16

Police arrest 22-year-old after Bristol explosion

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Police have filed reckless conduct and riot charges against a 22-year-old New Hampton man associated with a loud explosion that rocked the Newfound Region on Oct. 7.

Lt. Kristopher Bean said that Kyle Lyford admitted his role in setting off the explosion on property near the Bristol Airport during an early-evening party. Working with Grafton County Attorney Lara Joan Saffo, the Bristol Police Department determined that they could arrest Lyford on those charges because of the level of distress it generated in the community.

The county attorney has limited the amount of information police can release about the investigation, but

Bean told residents gathered at the Oct. 19 selectmen’s meeting that it was not the first time police have dealt with partygoers at that location. Police had responded in June 2016 when the residents complained about fireworks and gunshots.

“They agreed not to do it again, and to notify us when they were going to shoot off fireworks,” Bean said.

The town’s noise ordinance, he explained, limits noise after 11 p.m., but fireworks generally take place around 9 p.m.

“They also have a small cannon,” Bean said. “They shoot them off early enough to be within the town’s noise ordinance.”

Bean said police responded this year to noise complaints from a Fourth of July party where, in addition to fireworks, residents complained of an explosion.

say they were shooting off fireworks and decided to detonate Tannerite, a compound used in target practice.

A brand-name product, Tannerite is a mixture of two powders that are shipped in separate containers and therefore are not subject to the legal restrictions that apply to other explosives. Even when combined, they are stable and cannot be exploded by a hammer blow, being dropped, or from

SEE **EXPLOSION**, PAGE A12

Bristol accepts \$153,155 conservation grant

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Selectmen on Oct. 19 accepted a grant that will allow the next phase of work on the Bristol Falls Park to get underway in mid-November.

The New Hampshire Division of Parks and Recreation awarded \$153,155 to Bristol as part of the \$822,000 in Land and Water

Conservation grants it gave to cities and towns to promote outdoor recreation and conservation.

Bristol Falls Park is being developed around the old train depot off Central Street, at the confluence of the Newfound and Pemigewasset rivers. The town has completed an engineering study to create the park and

develop a multi-use trail to the edge of the Franklin Flood Control property managed by the US Army Corps of Engineers. The town hopes to see the path eventually continue all the way to Profile Falls on the Smith River.

The Oct. 19 meeting also served as a swearing-in ceremony for a new Bristol police of-

SEE **BRISTOL**, PAGE A12

INDEX

Volume 4 • Number 44

Opinion.....A4

Obituaries.....A5

Towns.....A5

Churches.....A5,A6

Arts & Ent.A6,A7,A9,A12

Business.....A10

SportsB1-B3 & B6

Classifieds.....B4-B5

22 pages in 2 sections

©2017, Salmon Press, LLC.

Call us at (603) 279-4516

email: newfound@salmonpress.news

www.salmonpress.com

Monthly craft program brings women together from throughout the region

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL — Once a month, ladies throughout the Newfound Region are invited to take part in a craft program at Minot-Sleeper Library in Bristol, where they not only have fun socializing with other adult women, but go home with a unique decoration for their home.

Led by librarian Azra Karabegovic, women from Bristol, Alexandria, Hebron, New Hampton and Bridgewater spend an hour or so each month creating different crafts while having a

Once each month, women are invited to enjoy a craft day at Minot-Sleeper Library in Bristol. Last week, Colleen of Bristol and Lesley of Alexandria were all smiles as they posed with Librarian Azra Karabegovic to display the wreaths they made for October.

whole lot of fun together.

“The Friends of Mi-

not-Sleeper Library have been helpful with providing materials

for the craft events and we just ask that people

SEE **CRAFTS**, PAGE A12

Alexandria PD taking part in Drug Take Back Day

BY DONNA RHODES
drhodes@salmonpress.news
ALEXANDRIA — The Alexandria Police Department will once

again be participating in the National Drug Take Back Day on Saturday, Oct. 28, with a booth set up at the

Alexandria Transfer Station to accept convenient drop-offs of unwanted prescription drugs for safe and con-

fidential disposal by the proper authorities.

In addition to the drug drop-off, the officers hope to make a community impact of a different kind that day as winter nears and many families will soon be in need of support to get through the cold months ahead.

“We want to stuff a cruiser with gift cards for gas or groceries (we respectfully request

that they not exceed \$25, so that our partners can help as many families as possible) and non-perishable food items,” said Alexandria Police Chief Donald Sullivan.

Donations received that day will be donated to the local food bank where they can be used to assist as many community members as possible.

Donations and drug

drop-offs will be accepted from 10 a.m. until 2 p.m. that day. The APD would like to thank everyone in advance for not only supporting their efforts to keep unwanted drugs out of the community, but for contributions of any size that will help their neighbors over the long and sometimes difficult winter months to come.



COURTESY
Newfound Pathways hosted a bicycle ride Saturday, Oct. 7 to celebrate the re-paving and re-striping of West Shore Road.

Newfound Pathways hosts celebratory ride on West Shore Road

BRISTOL — Newfound Pathways hosted a bicycle ride Saturday, Oct. 7 to celebrate the re-paving and re-striping of West Shore Road.

Newfound Pathways, in conjunction with Bristol Economic Development Committee, led the effort with five planning meetings starting in October 2015, with the NHDOT, to ensure that the repaving included lane narrowing to 10 feet to provide a safer path for pedestrians and cyclists.

In summer of 2016, Newfound Pathways produced a video, (Bristol Roads and Pathways which can be viewed on You Tube, (<https://www.youtube.com/watch?v=SVwCu7EmCN0>)), which was shown to the NHDOT, along with public viewings in the Bristol Library. This video featured the problems of riding a bicycle in Bristol, and West Shore Road and was part of the evidence to convince NHDOT into action on the 10-foot lanes.

The NHDOT was alerted to the dates of the Lakes Regional Triathlon and NH Marathon, so that the road resurfacing was completed in time for these events.

For the Celebratory Bike Ride cyclists met for coffee and fresh apples at 9 a.m. by the Informa-

tion booth, then walked down to the bridge over the Newfound River for group photographs. NHDOT had approved Newfound Pathways to add road marking featuring a Cyclist with Chevrons to the roads around Newfound Lake which is State Bicycle Route 403. This road marking is the symbol for motorists and cyclists alike to “Share the Road” by showing courtesy to each other as they travel the roads.

The riders cycled to the turnaround point at Wellington State Park and returned to the bridge. This was a six-mile ride. The route was on the newly resurfaced West Shore Road.

Alexandria police log

ALEXANDRIA — During the month of September, the Alexandria Police Department handled the following: four suspicious incidents, five Disturbances (including Domestic), three Fire Department Assists, two civil standbys, and 17 other miscellaneous calls for service

The following criminal offenses were investigated: five Stalking reports, two cases of Witness tampering, one Theft, one

case of Identity Fraud, one Criminal Mischief complaint, one DWI incident, 16 Violations of a Restraining Order, and two cases of Operating after Suspension.

We also stopped 22

vehicles.

An excessive amount of time was spent investigating the two Witness Tampering and multiple Stalking and Violation of Restraining Order cases.

Bristol Baptist Church hosting breakfast for local veterans

BRISTOL — On Saturday, Nov. 11, Bristol Baptist Church, located at 30 Summer St. in Bristol, will be serving breakfast for the local veterans (and spouses). This is our way of saying “Thank You” for their service to our

country.

Beginning at 7 a.m., there is a time of fellowship before the recognition service in the Bristol central square at 10 a.m. For more information, please call 744-3885.

Newfound students to take part in Choral Festival at PSU

BRISTOL — Six students from Newfound Regional High School will be participating in the 2017 Plymouth State University All-New England Choral Festival.

The festival, to be held on Thursday, Nov. 2, will feature performances by the PSU Chorale, and the Festival Honors Chorus, consisting of 200 students representing high schools from

across New England. The conductor for the festival is Dr. Dan Perkins, Choral Director at PSU, who will be conducting “The Armed Man: A Mass for Peace” with a full orchestra accompaniment.

The students representing NRHS are: Sopranos- Deanna Martin, Makayla Pixley, and Makayla Coffin; and Altos- Madison Martin, Emma Wood-

bury, amd Julie Costigan

The students were nominated for the festival by NRHS Music Director, Edward Judd.

Tickets for the festival concert, which will be held in the All-Well North Center, may be obtained by calling the Box Office at 535-ARTS. Anyone wishing further information is also welcome to call the Music Office at NRHS at 744-6006, ext. 1301.

Bristol Historical Society to host potluck supper and sing along

BRISTOL — The public is invited to partake in an old fashioned potluck supper followed by a sing along. The event will be held Saturday, Nov. 18, in the beautifully refurbished Bristol Town Hall on Summer Street commencing with supper at 5:30 p.m.

There are currently

no kitchen facilities in the hall, so you will need to bring your own place settings with your food to share. Coffee and cider will be provided. After supper Libby Danahy will lead everyone in singing some familiar songs (words will be provided) while she plays the

Historical Societies recently acquired piano. Other musicians are invited to perform also. Parking is available in the lot on the corner on School Street and in the square. Parking next to the hall should be reserved for handicapped. More information is available by calling 744-2751.

Boat ramp at Wellington State Park reopened

BRISTOL — The public boat ramp facility to Newfound Lake at Wellington State Park has reopened. It was closed for one day on Oct. 13 to remove the seasonal dock system that extended out about 80 feet into the lake between the two ramps. The dock system included an aluminum gangway and a 40-foot seasonal dock held in place with three pipe piles.

Boaters should be aware that three permanently submerged steel pile cylinders that supported the above-water seasonal pipe piles remain in the seasonal dock area. They are covered with orange caps, but may not be visible in all light or turbidity conditions. Boaters are advised not to cross over the former placement area of the seasonal dock in order to avoid

any chance of striking these pile stations. The water depth over these pile cylinders varies throughout the year, as the lake level is periodically lowered at the outlet dam during the fall and winter.

New Hampshire's Public Boat Access Program is funded through boat registration fees and federal Sport Fish and Wildlife Restoration funds. Fish and Game's Facilities Construction and Lands Division acquires land for public water access sites, refurbishes existing sites, and builds new public boat access areas. For more information on boating access locations in New Hampshire, visit www.fishnh.com/access/access-sites.html.

BARNZ's
MEREDITH CINEMAS
Meredith Shopping Ctr. • 276-7838
844-4BARNZS
Week of 10/20 - 10/26
BATTLE OF THE SEXES PG-13
Fri.-Sat.: 1:30, 4:15, 7:00 & 9:45 PM
Sun.-Mon.: 1:30, 4:15, 7:00 PM
Tues.-Thurs.: 4:15, 7:00 PM
MOUNTAIN BETWEEN US PG-13
Fri.-Sat.: 1:15, 4:00, 6:45, 9:30 PM
Sun.-Mon.: 1:15, 4:00, 6:45 PM
Tues.-Thurs.: 4:00, 6:45 PM
LEGO NINJAGO MOVIE PG
Fri.-Mon.: 1:45 PM
IT R
Fri.-Sat.: 4:30, 7:15, 10:00 PM
Sun.-Mon.: 4:30, 7:15 PM
Tues.-Thurs.: 4:30, 7:15 PM
Join us for the advance screening of
Thor: Ragnarok
on Thursday 11/2 at 7:00pm
Find us online at Barnzs.com

NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3
HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

CASS INSURANCE INC.
‘Nanc’ & Michelle
PO Box 406 • Newport, Vermont 05855
PERSONAL AUTOS, WORKMAN'S COMP.
GENERAL LIABILITY AND EQUIPMENT
HOMEOWNERS, SNOWMOBILES, ATVS
 802.334.6944-Work
802.334.6934-FAX
cassinsurance@myfairpoint.net

PSU's Museum of the White Mountains launches online database of 19th Century White Mountain landscape artists

‘Campbell Online’ project will build on the work of author Catherine Campbell and make information about White Mountain art and artists accessible online

PLYMOUTH — The Museum of the White Mountains (MWM) at Plymouth State University (PSU) recently announced the launch of Campbell Online: a dictionary of 19th Century artists of New Hampshire mountain landscapes, an online database of seminal White Mountains paintings and artists.

Landscape painters of the “Hudson River School” were drawn to the beauty of the White Mountains region of New Hampshire beginning in the early 1800s. Influential artists



COURTESY
(Left) One of the many White Mountain artists included in the new Campbell Online database is Mary Safford. Safford’s painting, “Stark Mountain, Fryeburg” (shown here) is part of the MacIntyre Collection of the Museum of the White Mountains at Plymouth State University.

such as Thomas Cole, Albert Bierstadt, and Benjamin Champney sold their paintings to patrons in cities such as Boston and New York, drawing attention to the region as a destination for tourists – and other artists.

In the mid-1980s, Catherine Campbell published New Hampshire Scenery, a comprehensive catalog of nineteenth-century White Mountain artists and their works.

Marcia Schmidt Blaine, former Director of the Museum of the White Mountains, who began her work on the White Mountains with Ms. Campbell, says, “Catherine’s passion for the White Mountains and White Mountain art was deep and substantial. She began by collecting, and later returned to graduate school, where she researched and wrote about White Mountain art for her graduate thesis. Ultimately, as the McLane family recognizes, she became the leading scholar in the field.”

will support Campbell Online. The McLanes, avid collectors of White Mountain paintings, have a long-time connection to the Museum and to PSU.

“We are deeply grateful to the McLane family for inspiring and helping us to bring this project to life,” said Cynthia C. Robinson, director, Museum of the White Mountains. “The Museum of the White Mountains and PSU are dedicated to preserving Campbell’s work and are honored to have the role of making this information accessible to a wider audience through the Internet.”

“The Museum and Plymouth State are the ideal stewards for Campbell Online,” said Andy McLane. “The mountains, lakes and streams of New Hampshire are natural public resources to be enjoyed by all, so it is fitting that Catherine Campbell’s work lives on in the public trust of the University System of New Hampshire. Campbell Online will make the works of artists who found inspiration in our beloved White Mountains more readily available to students, artists, collectors and others.”

The Campbell Online project is an on-going endeavor; museum staff and student interns will add artists, their biographies, paintings, and painting descriptions to the site as information is acquired and verified. The comprehensive database of White Mountain artists and paintings is available at www.plymouth.edu/campbell-online/.

Support Newfound Drama at Festival of Trees

BRISTOL — Last year, Friends of Newfound Drama organized a Festival of Trees as a fundraiser to support theater programs at Newfound Regional High School, which include our beloved spring school and community musical. Local businesses, organizations, and in-

dividuals donated decorated Christmas trees that were then put on display and raffled off. It was such a great success that the Festival of Trees will be back this November.

If you would like to support the group while promoting your organization or business, enter a tree this

year. Artificial trees of any size are all welcomed to be entered. Many have a theme such as Elf on a Shelf or Nutcracker Suite (last year’s fan favorite!) while some are just beautifully and creatively decorated or adorned with gift certificates. It’s a fun way to get into the holiday

spirit while supporting the arts.

The Festival of Trees will be held at the Old Bristol Town Hall on Friday, Nov. 24 from 4 to 8 p.m., and on Saturday, Nov. 25 from 10 a.m. to 8 p.m. For more information, contact Stephanie Wiencek at 744-6006, ext. 1513 or at swiencek2sau4.org.

PSU offers biometric screenings to community

PLYMOUTH — Nursing, Exercise and Sport Physiology and Health Promotion students and faculty of Plymouth State University (PSU) will be hosting a series of opportunities for campus and community members to receive Biometric Health Risk Screenings at no charge through the months of November-December 2017.

to the needs of individuals as determined from the biometric screening.

Health promotion students will also be on hand to offer information on healthy living habits. They will provide educational materials and be available for questions.

This program is offered as part of the

Community Health Advocacy Project (CHAP); a Health and Human Enrichment Cluster project in collaboration with the Center

SEE SCREENINGS, PAGE A12


Senior Center launching support group for widows and widowers

PLYMOUTH — The Plymouth Regional Senior Center, 8 Depot St., is establishing a Widows and Widowers Grief Group beginning Nov. 29. The group will meet from 12:30 to 2:30 p.m., at the Center.

Join Mary Francis Drake, Bereavement Counselor and Director of Hospice & Palliative Care at Pemi-Baker Community Health, for this monthly support group for those suffering from spouse/partner loss. Losing a long-term partner has been described as losing half of oneself. This particular type of grief is unique to widows and widowers in that they have generally merged lives and actions in deep ways over many years. The heartache of loss is compounded by the constant presence of absence. This absence leaves a whole in the lives of survivors

that takes time and attention to heal and reform into a life without the loved one’s physical presence. Give yourself the gift of meeting with others who suffer the same loss and gain support and coping strategies for life after the loss of your spouse/partner.

For further information or questions, please call 536-1204 and speak to Robin or email rkoczur@gsccl.org.



PLYMOUTH
OPTICAL SHOPPE

Martin D. Kass, Registered Optician

• Repairs Done on Premises •

607 Tenney Mtn. Hwy., Suite 101
Plymouth, NH 03264 • 603 / 536-3569



FRANCONIA SKI CLUB

Ski Sale & Swap

WHEN: Saturday, November 11, 2017
TIME: 8 a.m. to 12 p.m.
WHERE: Peabody Lodge Cannon Mountain

Come sell or buy new and used equipment and clothing:

- Skis • Boots • Snowboards
- Good Condition Clothing
- Helmets • Skates

EQUIPMENT DROP OFF:
Friday, Nov. 10th from 5 to 8 p.m.
at Peabody Lodge, Cannon Mt.

30% of each sale will be donated to the Franconia Ski Club

Any questions call Maria Batten 617-212-6867.



SCHWARTZBERG LAW

Experienced Family Lawyers who care about –

- Your Children
- Your Financial Security
- Your Business
- Your Long Term Interests

Counsellors at Law offering the best legal advice when you need it the most.



Ora Schwartzberg



John T. Katsirebas, Jr.

603-536-2700 | WWW.NHLAWYER.NET

Alcohol-induced blackouts

BY DEB NARO
Contributor

Alcohol-induced blackouts are periods of amnesia that occur when the brain stops recording memories of what happens when someone is drinking. People experiencing a blackout are not unconscious, and can walk, talk, and engage in other behaviors, but they will not remember their actions later. Blackouts can be partial or complete and tend to occur when blood alcohol concentration (BAC) goes up quickly, which is common among young adults. Blackouts tend to occur at BAC levels of 0.15 percent and above, or roughly twice the legal limit for driving a car for those 21 or older.

Drinkers who experience blackouts typically drink too much and too quickly, which causes their blood alcohol levels to rise very rapidly. College students may be at risk for experiencing a blackout, as an alarming number of college students engage in binge drinking. Binge drinking, for a typical adult, is defined as consuming five or more drinks in about two hours for men, or four or more drinks for women. Being female, chugging drinks, drinking on an empty stomach, and individual differences in how memory circuits respond to alcohol can all influence the risk of blackouts.

Clearly, alcohol affects the brain. Difficulty walking, blurred vision, slurred speech, slowed reaction times, and impaired memory

are some of the impairments detectable after only one or two drinks and quickly resolve when drinking stops. On the other hand, a person who drinks heavily over a long period of time may have brain deficits that persist well after sobriety. Exactly how alcohol affects the brain and the likelihood of reversing the impact of heavy drinking on the brain remain hot topics in alcohol research today.

We do know that heavy drinking may have extensive and far-reaching effects on the brain, ranging from simple “slips” in memory to permanent and debilitating conditions that require lifetime custodial care. Many factors influence how and to what extent alcohol affects the brain, including how much and how often a person drinks; the age a person first began drinking, and how long a person has been drinking; a person’s age, level of education, gender, genetic background, and family history of alcoholism; whether a person is at risk as a result of prenatal alcohol exposure; and a person’s general health.

Drinking during pregnancy can lead to a range of physical, learning, and behavioral effects in the developing brain, the most serious of which is a collection of symptoms known as fetal alcohol syndrome (FAS). Children with FAS may have distinct facial features, may be smaller than average,

SEE CADY, PAGE A12

PET of the Week Lucy

Lucy does not know she is a muted calico cat and should, by definition present an attitude of haughtiness and entitlement, rather, she is so glad to be cuddled by any humane, her purring demeanor wins over absolutely everyone!

We know Lucy is older, perhaps ten, but of course, a lady never divulges her age.

We know she was abandoned. We know she was desperately trying to survive away from the creature comforts she should never have been separated from. Lucy is so incredibly affectionate and likes to wrap herself around your shoulders, impersonating a warm,



fluffy scarf.

She seems indifferent to life at the shelter, other pets do not register disgruntlement or

ire. She truly could assimilate into any home, with one proviso, lots of laps, and cuddling, and cozy, comfy spaces with

a family that will not let her wander off.

Check www.nhhumane.org for more details.

North Country Notebook

From opioids to Mountain Men, from freedom to perilous times



By JOHN HARRIGAN
COLUMNIST

The opioid crisis, which is every bit as real in rural and small-town America as in the cities, has spawned a terrific kickback from the medical and law enforcement communities.

Rightly so, but there is a risk of throwing the baby out with the bath-water. Family doctors are getting close scrutiny on the prescriptions they write. But they need running-room to be able to use what are in fact wonder-drugs for people hitting “the wall,” and beyond.

There is an “of course,” of course, to the fact that so many North Country physicians write so many opioid subscriptions. Northern New England has a much higher percentage of elderly citizens than most other states. And let’s not forget the Baby Boomers, who are all hitting the wall of turning 70 at just about the same time, a veritable tsunami in demographic terms.

Who could have not seen this coming? The health industry, from what I’ve seen, is woefully unprepared.

The opioid crisis stems from illegal street use, and for sure, peo-



HANK PETERSON — COURTESY

Reader Hank Peterson of Littleton sent me this shot of his wife Jean-Marie and their 17-foot Charles River canoe (note the neat pack basket) beached at Christine Lake.

ple stealing their Aunt Millie’s opioids from the family medicine cabinet. But there is a but.

I would hate to see friends, neighbors, or loved ones denied the full use of the very best pain-killers there are, when they are so obviously and so badly needed, all because of a societal knee-jerk reaction to unlawful misuse.

+++++

Because of a bone chip from an earlier injury, I’ve developed a bursar on my left elbow that gets aggravated from time to time. This is mostly from one of my favorite things, standing at the kitchen counter and leaning on my elbows to read the newspapers. These tend to be the Union Leader, the Caledonian-Record (St. Johnsbury, Vt.), and, when I can get it, the New York Times. And let’s not forget the weeklies. With a cup of coffee at hand, it is one of my

sublime pleasures of the day.

Yes, I know, I know, I could read all these papers and more online. But to me, a computer is a love/hate relationship (i.e., “work”), and in most cases I don’t want to be at the keyboard unless I have to be. And reading a newspaper online is just not the same. I want the real deal, the feel and smell of an actual honest-to-gosh newspaper. As the old saying goes, accept no substitutes.

+++++

If you are a true news junkie, and I am, forget daytime TV. All of the major news shows—MSNBC, CNN, and Fox, in descending order of reliability, quickly revert to talking heads after relaying what amounts to headlines on the half-hour. (Caveat: I’m a DirectTV satellite customer, and there’s no room in the budget for BBC.)

I suspect that it is cheaper to hire various experts for a segment, and get them ready in the Green Room and trot them out to the newsroom, than it would be to do some actual on-scene reporting or buy some on-scene film footage. CNN, for example, used to be good at that. It isn’t.

The medium continues to live up to its early-days moniker as a “vast wasteland,” indeed.

+++++

Longtime readers Hank and Jean-Marie Peterson of Littleton sent me a lovely photo of their beached canoe on Christine Lake in Percy.

Hank offered me the use of the canoe (that was nice, but I have three), and mentioned old shirts or something for soaking up bilge-water. And I wrote back that this would be particularly important to me because I hardly ever sit

SEE NOTEBOOK, PAGE A12

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

Offices at 5 Water Street, P.O. Box 729, Meredith, New Hampshire 03253

Phone: 603-279-4516 • Fax: 603-279-3331

Frank Chilinski, President & Publisher
Ryan Corneau, Information Manager

Brendan Berube, Editor

E-mail: newfound@salmonpress.news

Joshua Spaulding, Sports Editor

Donna Rhodes, Reporter

Advertising Sales: Tracy Lewis

Distribution Manager: Jim Hinckley

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

SALMON PRESS PHOTO POLICY: As a community oriented family of newspapers, Salmon Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Salmon Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for re-sale, with any proceeds going to Salmon Press and/or the photo re-print vendor.

Free in Print, Free Online. www.newfoundlanding.com

Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Here we are again to share a tidbit or two and what's happening in our little town! I would love to share your adventures and events if you are so inclined. You may reach out to Merry Ruggirello at sunshine_eyes51@yahoo.com or give me a call at 744-5383. For those of you reading the Newfoundland, Judy Kraemer did indeed retire from writing the column a few weeks ago. Thank you, Judy, for a job well done and years of dedication!

Town

Budget Committee meeting Thursday, Oct. 26 at 7 p.m. at the Municipal Building. The Committee will be meeting with the following Departments: Fire Department, Emergency Management, Cemeteries, Supervisors of the Checklist and Trustees of Trust Funds.

The Budget Committee is looking for residents who are interested in serving on the Budget Committee. If you are interested, please submit a letter of interest to: The Budget Committee, 47 Washburn Rd., Alexandria. The person selected will serve until Town Election 2018.

Alexandria Police Department

Save the date: Oct. 28 In conjunction with National Drug Take-Back Day, the Alexandria Police Department is hoping to help our neighbors who might need a little boost, now that the weather is cooling down. We want to stuff a cruiser with gift cards for gas or groceries (we respectfully request that they not exceed \$25, so that our partners can help as many families as possible) and non-perishable items.

We will be at the Alexandria Transfer Station on Smith River Road, from 10 am until 2 p.m. You will be able to drive up to our location for easy drop-offs. Thank you!

Alexandria United Methodist Church

Saturday, Oct. 28, Sunday School Halloween Party at 6 p.m. All are welcome to join the fun, and of course wear a costume! It's going to be a fun evening filled with good things to eat, and lots of laughter!

Sunday, Oct. 29, beginning at 9 a.m.: Appreciation Sunday. Recognizing and Celebrating the Alexandria Fire and Police Departments. All are welcome to join in the celebration of those who serve our community.

Community Dinner Saturday, Nov. 4 at 5 p.m. Our Community Dinners have no set price, but donations are accepted.

That wraps up the happenings around town for this week. Hope you have a wonderful week ahead, come rain or come sunshine!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

On Sunday, Oct. 29, at 11 a.m. there will be a special worship service led by Rev. Gail Kinney at the South Danbury Church. It will honor the formal dedication of the completed "South Danbury Meetinghouse" on Oct. 31, 1867, and the families whose faith and work built and have sustained it for 150 years.

Restoration work is still underway. After completion of the project, another celebration will be planned with expected time to be May 2018. For the restoration, much of the wood used is Danbury-grown. Walter Walker cut replacement floor joists and an 8x8 for the back sill. Danbury Woods is providing utility and finish lumber; and Tom Brewer gave us boards from the old c.1820 Waukeena Farm, that he saved when it was torn down.

Blazing Star Grange

Blazing Star Grange held a grange new year program on Oct. 19. There were approximately 20 people in attendance to have a little fun and hear about the upcoming projects for the coming year.

Danbury Winter Farmers' Market

Additional confirmed vendors for the 2017-18 farmers market season are Loraine Wason in December only, Annette and Henry Stevens for November through Feb, Judy Evans for Jan-April, Eva's Garden for November and December and for full time Two Mountain Farm. The first market is Nov. 4 from 9 a.m.-1 p.m. with a by order market on Nov. 18. Questions, call Donna at 768-5579.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

There was a Select Board Meeting on Tuesday, Oct. 17. A building permit was signed for Map 7, Lot 4 and a septic plan for Map 1, Lot 51. A letter was read from the Society for the Protection of NH Forests requesting any information regarding solid or hazardous waste on Map 6, Lot 21 which is on Rogers Road. The Select Board office has looked into this and has seen no problem there.

The Town is looking for a Trustee of the Trust Fund to fill the remaining two year term. If you are interested please submit your name to the Town Office. We are also looking for someone to serve on the Conservation Commission and another member for the Planning Board.

The Citizen Planning Committee had their first meeting on Tuesday, Oct. 10. There are about 10 members of this committee who will be sworn in on November 14th. These members will be discussing the direction of the Town and zoning. If you are interested please contact the Planning Board liaison, Deborah Johnson via the Town Office.

We are looking for volunteers for the Annual Thanksgiving Dinner at the Town House. Please contact the Town Offices if you would like to help in any way. We will also be assembling and delivering Christmas Boxes this year so we are looking for donations and a few volunteers to assemble and deliver these. Please be willing to step forward to help your community.

Trick or Treat hours were set for the Town from 6 to 8 p.m. on Halloween, Oct. 31.

Meetings and Closures Coming Up:

Select Board meetings are scheduled for the following Tuesdays, Nov. 7, and Nov. 21, and all at the Town House in the front meeting area at 7 p.m.

Select Board Work Sessions at the Town House Tuesday Nov. 7 and 21 at 5 p.m.

Conservation Committee Meeting Thursday, Nov. 9, 7 p.m.

Planning Board Meeting Wednesday, Oct. 25 at 7 p.m.

The Town Clerk/Tax Collector offices will be closed Nov. 10 for Veteran's Day and Nov. 23 - 24 for the Thanksgiving Holiday.

The Select Board Office will be closed Nov. 9 for Veteran's Day, Nov. 15 and 16 for the NHMA Conference, and Nov. 22 - 24 for the Thanksgiving Holiday.

The Town Offices will be closed Thursday and Friday, Nov. 23 and 24 for the Thanksgiving Holiday.

Warrant Articles for the March 2018 Town Meeting need to be submitted by Thursday, Jan/ 4.

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high school-adults

11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

"Toddler Zone" is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunity-church.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a

church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Holy Trinity (Roman Catholic)

The Day Away Program is looking for volunteers. The heart of a volunteer is measured by the depth of the commitment to make a difference. Volunteers are needed. Will you join us? Together we can make our participants' lives brighter. For more information please contact Sandra Coleman BSN, RN at sjrhett@roadrunner.com or 536-6304. For more information on Day Away, visit our website at www.respiteforcaregiverdayaway.wordpress.com

Mending a Mother's Broken Heart- A Retreat for Mothers who Have Suffered Miscarriage

The retreat takes place from Oct. 20 to Oct. 21 at the Joseph House in Manchester. The fee is \$125. Financial aid is available. To register online: http://josephhouseretreatctr.org/ mendingamothersheart. For more information, call Vivian at 627-9493.

SEE CHURCHES, PAGE A6

David Sargent, 63

HEBRON — David W. Sargent, 63, passed away unexpectedly at home on Oct. 17, 2017 in Hebron.

He was born Aug. 13, 1954 to William and Ann (Adams) Sargent in Franklin.

David was an avid outdoorsman, though hunting Whitetail deer was his passion. He worked for Andrew's Construction as an equipment operator and shop technician. He was well-known for being able to fabricate needed tools and equipment for his family, friends, and



Andrew's.

David is survived by his wife, Pam; his two daughters, Melissa Eastman of Bridgewater

and Kristin Gallagher of Hill; three grandchildren, Cole and Hannah Eastman, and Kyla Gallagher; father William Sargent; sisters Linda Somers and Shirley Adams; brothers Joe Sargent, Wayne Sargent, and Peter Sargent; as well as many other family and friends.

He was preceded in death by his mother, Ann Sargent.

A Celebration of Life will be held on Saturday, Oct. 28 from noon to 7 p.m. at David and Pam's home in Hebron for family and friends.

LAKE AREA PROPERTIES HAS MOVED!



NEW LOCATION, SAME GREAT SERVICE

Your Full Service Rental Company
Short/Long Term Rentals • Property Management

Lake Area Properties
RENTALS & SALES
A Division of Granite Group
366 Lake Street, Suite A • Bristol, NH 03222
603-744-9950

Lake Area Properties
366 Lake Street, Suite A
Bristol, NH 03222
603-744-9950

Got Stuff?
Sell it.
For Free!

With a Town-to-Town **FREE** Classified Line ad*, place up to a 30-word **For Sale or Yard Sale** ad for up to 3-weeks at a time for **FREE!**

* No businesses or vehicles please. Private sales only. Ads must be 30-words or less and can not run for more than 3-consecutive weeks. Ask about available upgrades. Promotion ends Dec. 31, 2017.

Call today!
(603) 279-4516
Monday-Friday 8am-4pm



Annette Mitchell to teach Basic Drawing and Beyond in November and December at Artistic Roots

PLYMOUTH — Starting Mondays beginning on Nov. 6 and through Dec. 18 from 6-8 p.m., Annette Mitchell will offer the class, Basic Drawing and Beyond. The weekly themes are as follows: Format and Composition, Sighting and Composition, Volume and Drawing Cylindrical Objects, Value and Shading, Center of Interest, Contour/Gesture/Speed of Delivery, and Perspective. The cost for Members \$180, and the cost for Non-Members is \$200 There has been so much excitement about this class, that Ms. Mitchell graciously agreed to offer it again. Sign up quickly if you are interested in taking this class. You are not registered until you have paid for the class.

On Nov. 7, Lynn Haust will offer a Melted Glass Fall Sun Catcher Class from 5-7 p.m. Participants will create beautiful glass designs to place in a window and catch the light. They can also make a nightlight. Students will learn to use stringers, frit and how to cut and place glass. Cost of the class is \$25 for members and \$35 for non-members.

On Nov. 14 and 16, Haust will offer a class in Dichroic Pendants at her studio in Ashland (Winterhill Glass). You will learn to experiment with Bull's Eye Glass while making 12 pendants. This is a two-session class. The first is from 5-7 p.m., and the second from 5-8 p.m. Cost for members is \$110 and \$125 for Non-Members.

Stacey Lucas, a.k.a. Veggie Art Girl, will offer Autumn Board Sign Painting Class on Nov. 15 from 5-7 p.m. Stacey will share the techniques that she uses on her signs. She encourages students to look for their own sayings to use in their projects. Cost is \$25 for members and \$30 for

non-members
On Nov. 20, Suzan Gannett will offer an Acrylic Painting Class from 5-7 p.m. Participants will make their own 11-by-14-inch painting of a landscape. The painting will be taught step by step and participants will be able to finish the class with a painting suitable for framing, Cost

Churches

FROM PAGE A5

Plymouth Knights of Columbus Auction
The Plymouth Knights of Columbus Council No. 10307 annual Auction will be held on Saturday, Nov. 18 beginning at 5 p.m. with a delicious spaghetti dinner. Through the generous donations from our local communities, the Knights have raised several thousand dollars each year to be used locally to help out those who are less fortunate.

Divorce Support Group
Surviving Divorce is a support group that meets on Mondays from 6 to 7:30 p.m. at St. Joseph Church in Lincoln. The program is free and refreshments are provided. You can attend as many sessions as you like.

Caregiver Strain Seminar
Newfound Area Churches (NAC) will be hosting a Caregiver Strain Seminar at the Minot Sleeper Library in Bristol on Monday, Nov. 6 from 2 - 3:30 p.m. Presenters will be Elizabeth Change and Tobias Nyatsambo, both of VNA Hospice Franklin. Information will be provided on the issue of caregiver strain and resources to identify and combat it. Sandra Coleman of Day Away and Pat Wentworth and Bill York of NANA will also share. Light refreshments will be available. For more information, please call 744-3885 or 1-570-269-2000.

Red Cross Blood Drive Tuesday, Oct. 24,



COURTESY (Left) Popular teacher, Annette Mitchell will offer a second round of Basic Drawing and Beyond at Artistic Roots in Plymouth. The class will be held on Mondays beginning of Nov. 6 and going until Dec. 18 from 6-8 p.m.

is \$30 for members, \$35 for non-members. Each month, Artistic Roots also offers an open knitting class

held weekly on Sundays from 2-4 p.m., sponsored by fiber artist, Polly Bartlett. This class is free, and all are welcome to attend. All classes are offered in our newly renovated studio. Come and see what a great space Artistic Roots has for offering art classes to our community. SEE MITCHELL, PAGE A12

1 - 6 p.m., Simard Hall. Please call 1-800-733-2761 to schedule an appointment, or go online at redcross.org.

Teen Suicide Awareness Program
Is your teenager struggling with suicidal thoughts? Do you know the signs and symptoms of suicidal behavior? How do you talk to a teenager or young adult about suicide? When should you get expert help? Parents and all who work with teens and young adults are welcome. The program is being offered at St. Charles Borromeo Parish in Meredith on Thursday, Oct. 26. RSVP by Oct. 24. For more information, contact Kelly Goudreau, Director of Parish Faith Formation for the diocese, at 663-0145 or kgoudreau@rcbm.org. Register at www.eventbrite.com/e/talking-to-teens-about-suicide-registration-37651372268.

Weekly Meetings Thursday, Oct. 26
Day Away, Simard Hall, 9 a.m. - 3 p.m.
Men's Group, North American Martyrs Oratory, 10 a.m.
Boy Scout meeting, St. Matthew Hall, 6 p.m.
Sunday, Oct. 29
Faith Formation Ashland: St. Agnes Hall, 9:15-10:45 a.m. Bristol: Simard Hall, 10:30 a.m. - noon Confirmation: Plymouth: St. Matthew Hall, 10:15 a.m.-12:30 p.m. (including Mass) No Bristol Confirmation
AA meeting Monday - Saturday 11 a.m., St. Matthew Hall

Restoration Church, Plymouth
Greetings from Restoration Church Plymouth located at 319 Highland

St., Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service

Monday:
First and third Monday of the Month
10 a.m.-2 p.m. Helping Hands Food Pantry

Friday:
Second Friday of the month
6 p.m. Food, Fun, Fellowship
On Sunday Aug. 20, the active membership of our church voted to merge with Restoration Church, based out of Dover. We now have a lead Pastor, Rev. Nate Gagne, who is over both the Dover campus and also the Plymouth Campus of Restoration Church. In Plymouth we have a location Pastor as well. His name is Chris Pike, he and his wife will be our local contact. That is the reason for the name change for this article as well. For the next few weeks we will be meeting in the fellowship hall on Sundays as the church get a well needed make over in some areas including, bathrooms, nursery, teen room, and also the auditorium. For right now the only service we will be having is our Sunday Morning service from 10:30-11:45 a.m. We are excited and anticipating just what the Lord has planned for this church moving forward. We invite everyone to come out on November 5 as we officially launch as Restoration Church

Plymouth. There will be more details as this day draws closer.

Upcoming Events:
Sunday, Oct. 22 and 29: We will be moving our services from the fellowship hall back into the auditorium for what we are calling two preview services.
Wednesday, Nov. 1: We will be having a time of prayer along with worship for the launch of Restoration Church Plymouth on Sunday, Nov. 5. This service starts at 7 p.m.
Sunday, Nov. 5: During our 10:30 a.m. service, we officially launch as Restoration Church Plymouth. Come on out and see what the Lord is and will be doing.
Our Mission Statement:
Just One More!
Everyone is welcome to all of our services. The church is handicap accessible on the east entrance.

Star King Unitarian Universalist Fellowship
Starr King Unitarian Universalist Fellowship, 101 Fairgrounds Rd., Plymouth, is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.
Sunday, Oct. 29
Nursery and Religious Education - 9:30 - 10:30 a.m. - Contact: Jane Clay, DRE
Service 9:30 - 10:30 a.m. - Service of Remembrance
Rev. Dr. Linda Barnes, Worship Leader
Sarah Dan Jones, Music Director and the Choir
In the spirit of All Souls Day and All Saints Day, join us for an all-generations service in which we celebrate and hold close the spirits of those who recently or long ago passed from this life. You are invited to bring a picture or other memento of your loved one to share on our common altar of remembrance.

Visit our Web site
www.starrkingfellowship.org
536-8908

Registration is open for Religious education classes for children through Grade 6. You may register your children Sunday with Jane Clay, or you may do it electronically on our website.

Grades K-2: World of Wonder-explore the interdependent web of all existence.
Grades 3-6: Harry and UU-explore how the themes in the Harry Potter stories support our 7 UU principles.

Soul Matters for Snow Birds? - If you're a snowbird interested in being part of a Soul Matters Sharing Circle or if you're inclined to stay home and participate in a Soul Matters group remotely, please contact Rev. Linda at minister@starrkingfellowship.org. A reliable internet connection and a willingness to meet via video conference necessary.

Brown Bag Lunch Bunch - Second and fourth Tuesdays from 9 a.m. - noon. Join us for fun, fellowship and learning as we tackle those little "to-do" projects around our fellowship home. Pack a lunch, roll up your sleeves and prepare to have a great time together! Contact Brian Haskins with any questions.

Time and Talent Inventory - What threads can you contribute to the fabric of our fellowship? Whether it be serving on a committee, teaching RE, Sunday flowers or refreshments or just a one and done activity such as painting a wall or mowing the lawn. Fill out an inventory and see what opportunities await you. There are copies on the table in the foyer and soon you will be able to view it on the website. Please add your completed inventories to the basket. If you have any questions see Mary Crowell.

The next meeting of the Wise Women in Training is Wednesday, Oct. 25 from 10:30 a.m. to noon.
The Activities Committee encourages you to participate in the abundance of interesting events happening in the area. Please visit the Events Page on our Web site: www.starrkingfellowship.org. for further details.

www.salmonpress.com

Newfound Landing

We work for You

The staff of the Newfound Landing works for you, the local reader, the local advertiser, our local friends. We are just a call or email away.

Tracy Lewis
Advertising Manager
tracy@salmonpress.news
Office: (603) 279-4516 ext. 182
Direct: (603) 575-9127

Visit us online at www.SalmonPress.com

24 Insurance24®

AUTO • HOME • BUSINESS

Village Square • 607 Tenney Mountain Hwy.
Plymouth, New Hampshire • Phone: (603) 536-8200

The Yardbird train keeps a rollin'

PLYMOUTH — Rock pioneers The Yardbirds featuring local guitar icon Johnny A perform The Flying Monkey Performance Center stage on Saturday, Oct. 28 at 7:30 p.m. Tickets for this show start at \$35.

The Yardbirds continue to hold true to the band's legacy of masterful musicianship. Led by Rock and Roll Hall of Famer / founding member / drummer Jim McCarty, the band (consisting of Boston area guitarist Johnny A, bassist Kenny Aaronson, singer/blues harpist/percussionist Myke Scavone, and lead singer/guitarist John Idan) evoke the essence of the classic Yardbirds sound.

Experiencing a Yardbirds concert is akin to a music history lesson. An integral part of the 1960s "British Invasion," these blues-rock pioneers played a significant role in laying the groundwork for rock music. The band craft-



Rock pioneers The Yardbirds featuring local guitar icon Johnny A perform The Flying Monkey Performance Center stage on Saturday, Oct. 28 at 7:30 p.m.

ed blues-rock / psychedelic anthems "For Your Love," "Over Under Sideways Down," "Train Kept A-Rollin'" (famously covered by Aerosmith) and "Heart Full Of Soul," to

name a few -- building an undeniable legacy that still reigns strong in 2017.

The Los Angeles Daily News expressed that "This current version of British Inva-

PSU to host 40th Annual All New England Choral Festival

PLYMOUTH — Plymouth State University's Dan Perkins, Director of Choral Activities, will be hosting the 40th Annual All New England Choral Festival on Nov. 2.

The festival is a joint affair of Plymouth State choirs and more than 350 high school students from throughout New England performing Karl Jenkins' The Armed Man: A Mass for Peace with full orchestra. Students have prepared and practiced

this hour long program, dealing with issues of war, peace, the fight for our beliefs, and the grief that comes with such troubling subject matter. The Armed Man features text and music from various cultures including 15th Century War chants, Hiroshima Survivors, Rudyard Kipling, the Hindu epic, and The Mahabharata.

The festival will be held in AllWell North located at 32 North Riv-

sion legends The Yardbirds... is the tightest and hardest rocking in the band's 53-year career -- and believe me, that's saying a ton, and it's not said easily."

While most of the players in The Yardbirds have changed over the years, the band's hallmark of top-notch musicianship remains. There are no passengers in this band. Don't miss what is sure to be a blistering show in Plymouth.

Tickets to see The Yardbirds are \$35, and \$45 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

Moody Blues' John Lodge brings 10,000 Light Years Tour to Plymouth

PLYMOUTH — John Lodge, legendary bass player, songwriter and vocalist of The Moody Blues, brings his US tour to The Flying Monkey Performance Center stage on Thursday, Nov. 2 at 7:30 p.m. Tickets for this show start at \$39.



John Lodge, legendary bass player, songwriter and vocalist of The Moody Blues, brings his US tour to The Flying Monkey Performance Center stage on Thursday, Nov. 2 at 7:30 p.m.

Years Ago, John will capture the heart of classic Moody Blues songs he has penned and recorded with The Moodies such as "I'm Just a Singer (in a Rock and Roll Band)," "Gemini Dream," "Ride My Seesaw," "Isn't Life Strange," and the never before played live, "Candle of Life."

Joining Lodge on stage will be his "10,000 Light Years Band," specially put together for the U.S. dates, including long time collaborators Alan Hewitt (keyboards/music director) and Nor-da Mullen (flute) from The Moody Blues; Gordon Marshall (drums), formerly Moody Blues; and 20 time Detroit Music Award nominee guitarist Duffy King (guitar).

Moody Blues since 1966, who were nominated for the Rock N Roll Hall of Fame this year, John Lodge has spent much of his life touring the world, as part of a 'rock n roll band'. His first solo album titled "Natural Avenue" was released 40 years ago in 1977, but was never performed live. When asked what has taken him so long to get his own show on the road, John was quick to point out, with a smile, that he has been busy with his "other band"...

Tickets to see John Lodge of The Moody Blues are \$39, and \$49 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

As a member of The

Local artist holds two solo exhibits at once Marcia Santore is showing two different painting exhibits in two different states

PLYMOUTH — New Hampshire artist Marcia Santore found herself with something of a dilemma—but a good one. She was invited to exhibit her paintings at two different galleries in two different states at the same time.

"I decided to go for it," Santore said.

She spent more than a year painting new works and making preparations for both shows simultaneously. What made it even more challenging was that each exhibit features a completely different body of work.

"I was invited to exhibit paintings from the Pattern in Motion series at the University of Connecticut-Stamford



"Snappers" by Marcia Santore, 36 by 48 inches, oil on canvas. Part of the "Pattern in Motion" exhibition

campus art gallery first," Santore explained. This series includes bright colors in nonrepetitive patterns. Some are on

loose canvas, hung from wooden dowels, metal brackets, or nails—others are on traditionally

SEE SANTORE, PAGE A12

An advertisement for the American Red Cross. It features a black and white photo of a woman in a Red Cross uniform, looking down at a small object in her hand. The text reads: "This is how you say it's going to be okay. Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it. Donate today at redcross.org American Red Cross".An advertisement for Ashland Lumber, a division of Belletetes, Inc. The text reads: "Ashland Lumber Division of BELLETETES, INC. Yard Customer Service / Driver Belletetes has an immediate opening in our Ashland Lumber location for a full-time delivery driver/lumberyard customer service. The hours are Mon-Fri. and some weekend days required. Must have a valid driver's license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Heavy lifting is required. You may apply in person to Dan Uhlman or download a driver application from our website. All applications should be submitted to: Human Resources, c/o Belletetes Inc. 51 Peterborough Street, Jaffrey, NH 03452 or you may email to dbelletete@belletetes.com E.O.E."An advertisement for Newfound Landing. It features a black and white photo of a man, Brendan Berube, smiling. The text reads: "Newfound Landing We work for You The staff of the Newfound Landing works for you, the local reader, the local advertiser, our local friends. We are just a call or email away. Brendan Berube Editor brendan@salmonpress.news Office: (603) 279-4516 ext. 101 Direct: (603) 677-9081 Visit us online at www.SalmonPress.com".

Looking for the Newfound Landing?

Covering the Newfound Lake Area & Surrounding Communities



Find it **FREE** Online at:
www.NewfoundLanding.com

Or **FREE** at these
fine local businesses:

BRIDGEWATER:

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box)

Bristol Town Hall

Bristol Laundry

Cumberland Farms Bristol

Park & Go Bristol

Parkhurst Plaza

Shacketts

Rite Aid Bristol

Shop& Save Bristol

Wizard of Wash

DANBURY:

Danbury Country Store

**PUBLISHED
EVERY
THURSDAY!**

HEBRON:

Hebron Post Office(Outside Box)

Hebron Town Hall

Hebron Village Store

HILL:

Hill General Store

NEW HAMPTON:

Mobil Gas Station

Irving Gas Station

PLYMOUTH:

Tenney Mt. Store

RUMNEY:

Common Café

Stinson Lake Store

A new publication full of local news, sports & happenings from the following communities:

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

Outlaws Come to New Hampshire... and that's a good thing

PLYMOUTH — Southern Rock trailblazers The Outlaws come to The Flying Monkey Performance Center on Friday, Oct. 27 at 7:30 p.m. Tickets for this show start at \$35.

For The Outlaws, it's always about the music. Especially live music! For more than 40 years, the southern rock legend has celebrated triumphs, endured tragedies and survived legal nightmares to remain one of the most influential and best-loved bands of the genre. It's a band of brothers bound together by history, harmony and the road. It's about a group that respects its own legacy while refusing to be defined by its past. But most of all, it's about playing live, playing for their audience.

"I want people to...



see our show and realize that The Outlaws are still there," says founding member and front man Henry Paul. "Our goal is to unite the fans and bring the group back into the limelight."

On stage, the band burns hotter than ever.

The Outlaws' live shows are blazing tributes to the band's rich history and fiery rebirth. Classic tracks and fan favorites from the first three albums – as well as The Henry Paul Band's definitive "Grey Ghost" – share the spotlight with songs from the newer discs.

"I think the fans are coming away from

shows feeling a part of the Outlaws experience," says Henry Paul.

Along with founding members Henry Paul and Monte Yoho, the band features several of Southern Rock's most respected veterans: Chris Anderson, Steve Grisham, Dave Robbins, and Randy Threet.

"From the very beginning, our band had a heart," Monte Yoho says, "for The Outlaws, it's still about the music. And more than ever, it's about live music!"

Tickets to see The Outlaws are \$35, and \$45 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flying-monkeyNH.com.

"Hairspray" auditions for ETC to take place at Plymouth State University

PLYMOUTH — The Educational Theatre Collaborative, a venture of Plymouth State University and Plymouth Elementary School, marks its 25th season of musical theatre with the production of "Hairspray: The Broadway Musical." Auditions will be held at Plymouth State University's Silver Center for the Arts on Nov. 5-7.

High school and university actors who sing and dance are sought to play the Nicest Kids in Town and people of all ages are encouraged to be a part of our "Welcome to the '60's Rock Chorus." Hairspray addresses integration in the 1960s, so African American community members and actors are especially encouraged to audition for the ensemble or a lead role.

"There is tremendous power in the arts and community," says Dr. Trish Lindberg, ETC's artistic director. "ETC strives to bring folks together in a caring and nurturing environment to create the magic of musical theatre for all ages. This year's production is especially important as we address the issue of racism in our midst through this powerful musical of acceptance and courage."

The audition schedule is as follows: Sunday, Nov. 5 from 6:30-10 p.m. for high school, university and adult community members. Monday, Nov. 6 from 3:30-5:30 p.m. for youth in grades three through eight; 6:30-10 p.m. for high school, university and adult community members and Tuesday,

Nov. 7 from 5:30-10 p.m. for high school, university and adult community members. High school, university, and adult community members must call Brenda Gleich starting Oct. 16 at 535-2803 to schedule an individual audition time and should bring sheet music with a prepared song if possible.

Performances of "Hairspray" are set for Jan. 24-27 at 7 p.m. and Jan. 27 & 28 at 2 p.m. at the Silver Center at Plymouth State University. Tickets are available from the Silver Center for the Arts Box Office and cost \$26 to \$29 for adults, \$20 to \$25 for seniors and youth. Contact the box office at 535-2787 or (800) 779-3869, or online at: <https://www.plymouth.edu/silver-center/uncategorized/etc-hairspray/>.

Edward Jones: Financial Focus Does Market Volatility Scare You?

Halloween is almost upon us. Of course, on Halloween night, you may see a parade of monsters, demons, Transformers and other frightening individuals stopping by your house, exercising their right to demand candy. Fortunately, their appearance will be unlikely to cause you unpleasant dreams. But some people seem to have real fears about other things – such as what may happen in the financial markets. One way to keep those fears at bay is to avoid certain impulsive moves, such as the following:

Avoid ducking out of the market – Consider this: In March 2007, the Dow Jones Industrial Average stood at about 12,275 points. Exactly two years later, in the immediate aftermath of the financial crisis, the Dow had fallen to about 6,500 – a drop of 47% and the Dow's lowest point in 12 years. By that time, a lot of people had gone to the investment sidelines. So, what did they miss? Depending on how long they stayed out of the market, they may have missed some, or perhaps most, of one of the longest and strongest bull markets in history, because, just eight years later, the Dow had soared to almost 21,000, a gain of 223%. Of course, investing does involve the risk of losing principal, and there is no guarantee the market will perform as it has in the past. However, it's fair to say that if you duck out of the market during its lower points, you might not benefit from the gains that may follow.

Avoid chasing "hot" stocks – By the time you hear about a supposedly "hot" stock, it may already be cooling off. Also, how trustworthy is the source? Does this tip come from an unbiased, knowledgeable individual? If not, you have

reason to question its value. Even more important, though, you need to ask if the hot stock is appropriate for your needs, goals and risk tolerance. If not, it's not so hot.

Avoid taking on too much – or too little – risk. If you feel the need to push your portfolio toward the maximum possible returns, you might invest too aggressively and take on too much risk. Conversely, if you are determined to avoid any amount of loss, at any time, you might invest so conservatively that your portfolio won't grow enough to help you achieve your long-term goals. You need to strike a balance between risk and reward that is appropriate for you, and you need to make investment choices suitable for your individual risk tolerance.

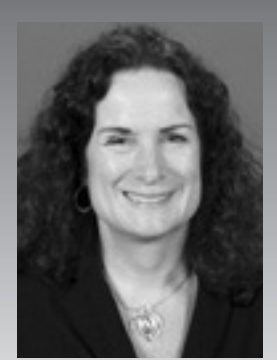
Avoid owning too many of the same investments – If you own a lot of one particular financial asset and a market downturn affects that asset class strongly, your portfolio could suffer. But if you spread your investment dollars among domestic and international stocks, bonds, U.S. Treasury securities, certificates of deposit (CDs) and so on, you may not be as susceptible to a downturn, because different types of investments often perform differently at any given time. (Keep in mind, though, that while diversification can help reduce the effects of market volatility, it can't guarantee profits or protect against all losses.)

No matter what you do, you can't take all the uncertainty out of investing. But by understanding market volatility and the composition of your portfolio, you can invest with more confidence.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



Eric Tierno
Financial Advisor
603-293-0055
Gilford, NH



Kathy Markiewicz, AAMS®
Financial Advisor
(603) 279-3284
Meredith, NH



Jacqueline Taylor
Financial Advisor
(603) 279-3161
Meredith, NH



Mike Bodnar
Financial Advisor
603-524-4533
Laconia NH



Ben Wilson, AAMS®
Financial Advisor
(603) 524-4533
Laconia NH



Keith Britton
Financial Advisor
603) 253-3328
Moultonborough, NH

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation.

Member SIPC

Last year, millions of parents learned they were their teen's drug dealer.

A new kind of drug abuse is killing our kids. What every parent needs to know.

43 PERCENT OF TEENS report having friends who abuse prescription drugs. Even more disturbing: our kids are accessing these drugs – absolutely free – right in our own homes. How big a problem is it? Unintentional drug overdoses in the U.S. now outnumber traffic fatalities, and Rx drug abuse is the sad reason why.

FREE DRUGS FROM PARENTS? Nearly four billion prescriptions are filled in this country every year. Some experts estimate 1/3 of these prescriptions are never used. (How many pills were unused from your last Rx?) But for many of us, it seems wrong to throw away those not-quite-empty bottles. And that's bad news for curious teenagers.

HOW KIDS ABUSE Rx DRUGS: It's no secret that many drugs have unintended alternate uses. Many teens know which painkillers can get you high, especially when mixed with alcohol. Many students cram for exams by misusing drugs that treat ADHD or sleeplessness. Sedatives, amphetamines, anti-depressants, barbiturates, OTC cough medicines with dextromethorphan...you may not know how to misuse them, but others do.

IS YOUR KID MISUSING? By senior year of high school, more than one in ten teens will have abused prescription painkillers. Eight percent will have abused



sedatives; another twelve percent will misuse prescriptions for ADHD. More kids misuse painkillers every year than use cocaine. Many kids think Rx drugs are 'safer' than illegal drugs. And it's so much easier to avoid suspicion with Rx drugs.

IS YOUR HOME SAFE? The short brutal answer? No. Pharmacists keep drugs locked away, but the rest of us certainly don't. One industry group estimates that America's medicine cabinets contain over 200,000,000 pounds of leftover prescriptions.

THE NEW DRUG EPIDEMIC. In the mid-1970s, an international heroin epidemic pushed overdose deaths to 1.5 per 100,000

US population. The cocaine epidemic of 1989-93 doubled drug deaths to almost 3 in 100,000. Today's Rx drug epidemic has helped push the overdose rate higher: over 10 deaths per 100,000 population in 2010.

THE MEDICINE ABUSE PROJECT aims to raise awareness among kids, parents, health care professionals, law enforcement and government officials, and educators. Our goal: cut teen medicine abuse in half in five years, but two things have to happen: First, safeguard your meds. Second, talk to your kids.

SAFEGUARD YOUR MEDS NOW. Please remove all prescriptions from 'public' spaces in your home. Clear out your medicine cabinets and closets, especially in bathrooms visitors use. It's hard to change the patterns of a lifetime, but we must start throwing away prescriptions when we're done with them.

TALK WITH YOUR KIDS. When you safeguard your house, tell your kids what you're doing and why. Ask what they see at school, and how it affects friends and classmates. And whenever you give your kids medicine, you have another perfect teaching moment. Be sure to say the single most important thing a parent can say to their child: "I don't want you to do drugs." And be sure to point out that misusing legal drugs can be just as deadly as using illegal drugs. Because it is.



Safeguard your medications. Talk to your kids. Visit drugfree.org to learn more.



THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|-------------------|-------------------------------|----------------------------|-----------|---|---|
| Alexandria | Matthews Road | Residential Open Land | \$75,000 | Destefano Family Holdings LLC | Marc D. and Eylana Garfinkle |
| Ashland | Owl Brook Road | Residential Developed Land | \$10,000 | Robert H. Haring-Smith | Anthony L. and Christine H. Randall |
| Bristol | 80 Akerman Rd. | Single-Family Residence | \$107,000 | Marc and Joanne B. Macedo | Todd L. and Caina Q. Elwell |
| Bristol | 233 N. Main St. | Single-Family Residence | \$159,933 | Jason P. and Vanessa S. Robert | Amy and Kay Khetsisouvanh |
| Bristol | 11 Plankey Dr., Unit A | Condominium | \$175,000 | Stephen S. Miller | Marilyn R. Hill |
| Bristol | 149 Pleasant St. | Single-Family Residence | \$148,466 | N.A. Normandin-Lackey | Barbara Cabral |
| Campton | Carta Court | N/A | \$15,000 | Teresa A. Zimmer | Sara M. Stevens |
| Campton | 18 Condo Rd., Unit 1 | Condominium | \$110,000 | John D. and Katherine A. Unger | Alexey and Alina Lebedev |
| Campton | 24 McLaren Dr. | Single-Family Residence | \$120,000 | American Society For Technology | Daniel K. and Wendy C. Murphy |
| Campton | 44 Merrill Rd. | Single-Family Residence | \$417,000 | Ramon Partners LLC | Olga Ban |
| Campton | 6 Trapper Rd. | Mobile Home | \$140,000 | Robert W. Mardin | David C. Brown |
| Groton | N. Groton Road | Acc. Land Imp. | \$120,000 | Frederick L. Sewall and Miles A. Friend | Casey P. Kuplin |
| Hebron | 16 Butternut Ridge | Single-Family Residential | \$260,000 | Patricia F. VonKlock Estate | Jason P. and Vanessa S. Robert |
| Hebron | N/A | N/A | \$392,000 | Ryan J. and Karen E. Baker | James M. and Jennifer L. Schauer |
| Holderness | 10 East St. | Mobile Home | \$16,000 | Jeffrey S. Fillion | Patrick M. Flynn |
| Holderness | 36 Hollows Rd. | Residential Developed Land | \$45,000 | Squam Lakeside Farm Inc. | John J. and Geraldine A. Macauley |
| Holderness | 3 Lower Meadows Rd. | Residential Developed Land | \$48,000 | Squam Lakeside Farm Inc. | 179 Cullier Trust |
| Plymouth | 11 Blueberry Hill Rd., Unit 3 | Condominium | \$175,000 | Laura M. Johnson | Michael J. and Barbara L. Kilfoyle |
| Plymouth | 60 Highland St. | Single-Family Residence | \$28,000 | Michael J. and Barbara L. Kilfoyle | Scott W. Towle |
| Plymouth | 65 Ledgeside Lane | Single-Family Residence | \$300,000 | Lori A. Hyslip | Timothy Smith and Rebecca Brainstarbeau |
| Plymouth | 8 Randolph St. | Single-Family Residence | \$222,000 | Jason B. and Brooke B. Durchette | Allan H. and Erica A. Stern |
| Plymouth | 44 Smith St. | Single-Family Residence | \$110,000 | Marjorie Bishop and Sharon Conkey | 44 Main Street LLC |
| Plymouth | N/A | N/A | \$165,000 | Beverly A. Abbott | Perkins FT |
| Thornton | 289 Upper Mad River Rd. | Single-Family Residence | \$170,000 | Donald C. & P. Sleeper Trust | Allan H. and Kellie A. Esty |
| Waterville Valley | 98 Noon Peak Rd., Unit 3e | Condominium | \$190,000 | Lisa M. Klane RET | Frederic J. and Janine M. Debaets |
| Wentworth | Auguste Road | Residential Open Land | \$25,533 | Gary W. and Barbara P. Roth | Gary D. Coyne |
| Wentworth | 17 Ephraim Page Rd. | Single-Family Residence | \$205,000 | Lynn L. Tritten | Beth A. and James A. Folsom |
| Wentworth | N. Dorchester Road | Residential Open Land | \$184,000 | Noel King Excavating LLC | Troy A. Witham |
| Wentworth | Vik Mountain Road | Residential Open Land | \$184,000 | Noel King Excavating LLC | Troy A. Witham |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

MARK ON THE MARKETS



BY MARK PATTERSON

Most of us would agree diversification is a good thing as it relates to our investment mix but also as it relates to our income as we approach retirement. In all likelihood the tax code will change during our lifetime, so the ability to switch from least to most tax

advantaged income sources as possible is a worthwhile goal. Tax free income can come in the form of a Roth IRA. You would not have had a deduction from taxes when you put the money in and likely would have paid tax on that income when received, but then the money could grow and after 59 and a half could provide tax-free income. While this is a great tool for retirement savings, it is not without limitations. The maximum that you can contribute depends on your modified adjusted gross income.

The Roth like other retirement vehicles does not allow, without penalty, for a withdrawal before 59 and a half under most circumstances. But what if there was a way to save for retirement that would not limit how much you could save annually while providing tax-free growth and future tax-free income? There is a financial tool that has been used for many years, but has recently, for a host of reasons, come back into vogue. That financial tool is maximum-funded life insurance. For certain clients this can be a power-

Tax diversification

ful tool to amass income that can later be loaned back to yourself, tax free through the loan provisions of the policy. The insurance company uses the death benefit as collateral against the loan. Loans prior to 59 and a half are not penalized as with qualified plans. These loans also would not affect Social Security benefits. For clients near retirement or in retirement, assets accumulated may be used for legacy planning. Structuring a policy to focus on accumulation as opposed to face amount or death benefit will often times increase the accumu-

lation of cash to be distributed as a loan. Because everyone's circumstances are different, life insurance as a financial tool may be exactly what you were looking for, but may not have considered it because of radio and TV personalities that try to convince their audience that anything other than "term" insurance is not good. Reviewing some of the better companies Indexed Universal life policies, I have discovered that many IUL's have a better IRR or Internal rate of return than some mutual funds net of fee's plus a death benefit to your

heirs! To paraphrase Darwin; It is not the fittest or strongest that will survive, it will those who can adapt to change. Life insurance is an asset class that should not be ignored. Many things that have worked in the past must be reviewed with an open mind towards changes for the better in a changing environment. Tax rates and policy will continue to change, we must find ways of mitigating these increases.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@mhp-asset.com.

Plymouth Rotary Presents 67th Annual

Penny Sale



Sat., Nov. 4, 2017 at 7 p.m.
at Plymouth Regional High School

Visit our website: plymouthnhrotary.org

Hundreds of Valuable Prizes

"Best Show in Town" with Food & Games for Kids

PROCEEDS TO BENEFIT PLYMOUTH ROTARY SCHOLARSHIPS AND OTHER CHARITIES

GRAND PRIZES:

- ✓ **1-WEEK STAY** donated by Cold Spring Resort—a \$1000 value!
- ✓ **\$500 CASH** donated by Bank of New Hampshire and Bridgewater Power Co.
- ✓ **100 GALLONS OF HOME HEATING OIL** donated by Dead River Co.
- ✓ **100 GALLONS OF HOME HEATING OIL** donated by Pemi River Fuels
- ✓ **\$200 SHOP LOCAL SHOPPING SPREE** donated by Venture Print Unlimited, Inc.
- ✓ **HANDMADE LAP QUILT** donated by Sarah Bunkley
- ✓ **HANDMADE LAP QUILT** donated by Nancy Kolb
- ✓ **TWO ADIRONDACK CHAIRS** donated by PRHS Woodshop Class

No date restrictions

Music by The Firehouse DJ Patrick Dunaway



Thank you to all our sponsors for your generous support

*Covering the
Newfound Lake Area &
Surrounding Communities*



Newfound Landing

Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton

A community publication full of local news, sports & happenings.

FREE IN STORES!

FREE ONLINE!

Reserve your ad space today!

ONLY \$7.00/pci

Call Tracy Lewis at (603) 444-3927

Email: tracy@salmonpress.com

The Common Man's Alex Ray travels to Puerto Rico to assist with food operations

ASHLAND — The head of New Hampshire's Common Man family of restaurants is traveling to hurricane-ravaged Puerto Rico to lend a hand in feeding residents who are still struggling without basic necessities after the destructive storm.

Alex Ray, of Holder-ness, traveled to Puerto Rico Thursday morning with the intent of assisting with or setting up kitchen operations to serve residents of villages who are without safe housing, water and power.

"This is what I do, this is my profession," said Ray. "I feed people, and they need our

help."

Ray said he learned from a local Plymouth resident, who has a home in Puerto Rico, about the areas in need.

"He's made contacts for me with organizations over there," said Ray. "We'll head into the mountain villages outside of the metro San Juan area where they still really need help."

While Ray is volunteering in Puerto Rico, his Common Man family of 16 restaurants, two inns, company store and performance center will run a week-long fundraiser to support hurricane relief efforts in Puerto Rico. During the "Weather-

ing It Together" fundraiser, any guest who makes a donation of \$10 or more to the company's Common Effort fund between Friday, Oct. 13 and Friday, Oct. 20, will receive a \$10 Do Good Bonus Card. The Common Man family will match all donations that are received during the fundraiser, and Ray will determine the best allocation of the funds while he's in Puerto Rico during his volunteer trip. Donations will be accepted at all Common Man family locations. The Do Good Bonus Card is valid for a \$10 discount off a guest's food bill during their next visit. Traveling to areas

that have suffered natural disasters is not new for Ray. He drove a Common Man company van down to New Orleans after hurricane Katrina, finding his way into food operations at shelters, and on shifts with the United States Humane Society (USHS), rescuing pets that had been left behind in homes. He also flew to Haiti after a devastating earthquake, traveling with a group of doctors and nurses who assisted victims injured in the quake. While the medical teams tended to patients, Ray found ways to feed the crews, and used his Yankee ingenuity to create a

makeshift coffee maker, a welcome sight for weary villagers and volunteers.

Ray said he's limited in the amount of tools and supplies he can bring with him on the plane to Puerto Rico, but will do what he can to provide assistance.

"I've got my brain, energy and a can-do attitude," said Ray. "We'll see what we can do."

While on the ground in Puerto Rico, Ray plans to send details back to New Hampshire regarding relief efforts and his first-hand experiences. Updates will be posted on thecmannh. com and the company's social networks including Facebook, Twitter, and Instagram @thecmannh.

Founded in 1971, the Common Man family in New Hampshire is

made up of 16 restaurants, two inns, a Spa and Salon, Company Store and The Flying Monkey Movie House and Performance Center. Common Man locations include Common Man restaurants in Lincoln, Ashland, Concord, Claremont, Merrimack and Windham; The Common Man Inn & Spa, Foster's Boiler Room, Italian Farmhouse and The Flying Monkey in Plymouth; The Common Man Inn & Restaurant in Claremont; Lakehouse Grille, Camp, Lago and Town Docks in Meredith; Route 104 Diner in New Hampton; Tilt'n Diner in Tilton; Airport Diner in Manchester; and the Common Man Company Store in Ashland. For more information about The Common Man, visit thecmannh.com.

Building Committee Chair ponders appropriate acknowledgement of 117-year-old bequest

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — When a resident attending a public forum on plans for the Bristol Municipal Building raised the issue of the Mason bequest, Committee Chair Edward "Ned" Gordon said the philanthropist "should be recognized in some way for his contribution."

Charles E. Mason is nearly forgotten today, the sole acknowledgement being a plaque on a door in the basement of the town office building, naming it the Mason Music Room.

He had hoped for a bigger legacy.

Charles Mason was a stockholder of the Mason-Perkins Paper Company, established by David Mason, who came to Bristol in 1852 and was engaged in a number of businesses relating to pulp and paper production.

With George W. Dow, David Mason operated Dow & Mason, a strawboard company on Willow Street (now Bristol Hill Road). When Dow retired during the Civil War, David Mason continued the business, adding a paper mill under the name D. & D.S. Mason & Co. In 1871, he became head of a new firm, Mason, Perkins & Co., erecting a brick paper mill which absorbed the other businesses. The company incorporated as the Mason-Perkins Paper Company on July 7, 1886, and later absorbed another business venture in which Mason was engaged with R.D. Mossman and William A. Berry, manufacturing pulp by the railroad station. At the time of his death in 1899, David Mason was considered the wealthiest man in Bristol.

Charles Mason was considered well-off, too. A Knight Templar Mason and a Democrat, he served two years as a selectman in Bristol.

In his will, dated November 1900, he left his property to his widow, Katharine A. Mason, giving \$1,000 each to Union Lodge 79 of Bristol and Mount Horeb Commandery of Knights Templar of Concord, among other bequests. But his biggest legacy was to be "a building to be forever owned and maintained by [the] Town of Bristol, as a town-house and opera-house".

The funds for the building were to come from a trust overseeing the income and dividends from his stock in the Mason-Perkins Paper Company, but only after the death of his wife. While she remained alive, the stock proceeds would support her.

He died Nov. 20, 1900, but his wife lived until Jan. 16, 1963.

By that time, the cost of building the kind of facility Mason envisioned far exceeded what the paper company stock would provide. However, Bristol selectmen saw the money as a way to help pay for a new municipal building. Select-

men at the time were meeting on the second floor of the building at the intersection of Pleasant Street and Central Square.

Selectman Gaylord G. Cummings contacted the late attorney Richard W. Upton to gain control of the funds, valued at \$71,141.01 as of July 20, 1963.


Cummings' daughter, Mary Elizabeth Nordstrom, says, "My presumption is that my father told him that Bristol didn't need an opera house and by then it would have cost too much."

L. Kenneth Tilton, as trustee of the Charles E. Mason Fund, petitioned the Grafton County Superior Court, writing, "various questions have been raised as to the interpretation, construction, validity and effect of the third paragraph of said Will ... and your Petition-

er requests the advice and instruction of this Court as to his duties and the rights of the parties thereunder," noting that he "is exposed to sundry suits by said claimants, and to loss and damage therefrom."

Upton was a powerful and persuasive attorney for the town, leading the court to conclude, "The amount of money remaining in the residue of said trust estate is wholly inadequate to defray the cost of constructing and erecting a combined 'town-house and opera-house' for the Town of Bristol. There is no statutory authorization for a municipal corporation to own and operate an 'opera-house'. The Town of Bristol now owns a town-house [today known as the "Old Town Hall" on Summer Street] which the parties agree is rea-

SEE MASON, PAGE A16



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to: **obituaries@salmonpress.com**

Wedding, engagement, and anniversary announcements are welcome at: **weddings@salmonpress.com**


Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

with any questions regarding the submission process.


GIVE THE GIFT OF NEWS



Berlin Reporter
Meredith News
Littleton Courier
Record Enterprise
Coös County Democrat
Granite State News
Carroll County Independent

SUBSCRIBE TODAY!

Call 877-766-6891 or go online to activate your Subscription **www.SalmonPress.com**






GOOD PAY FOR HARD WORK

King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You must be able to lift at least 50 lbs.

As a full-time employee, you will qualify for health insurance/dental/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

Explosion

FROM PAGE A1

a low-velocity bullet. Available at most gun shops, Tannerite typically is used in small quantities to create a puff of smoke to indicate that a target has been hit.

The manufacturer recommends using no more than two pounds, but it has become popular to use as much as 100 pounds of the combined powder to create dramatic explosions that are shared on in-

ternet videos.

Bean said he had just driven by the area “three minutes earlier” on Oct. 7, and was downtown when the explosion occurred, causing the ground to shake.

“I watched a family jump to the ground because they didn’t know what it was,” he said.

Residents immediately overwhelmed the police phone lines, complaining about the explosion.

To residents worried that the parties would

continue, Bean said, “My feeling is that it is going to stop now.” He said they made an arrest and “the individual has realized it was not so funny, and he is being held accountable to it. He has admitted to it.”

Because Lyford is being charged with a felony-level offense, the county attorney is handling the case. He is scheduled for arraignment on Nov. 6 in Grafton County Superior Court.

Crafts

FROM PAGE A1

RSVP to the library so we know in advance how much we need,” said Karabegovic.

For the month of October, the women created wreaths made from a styrofoam ring and scraps of material that could be tied in any manner they chose to create a decoration for their home. Some opted to use fall colors, some went with strips of cloth that matched their year round home décor, while others decided to create a Halloween-themed wreath with cloth that depicted spiders, candy corn and goblins.

The best part of the monthly gatherings is that the women can bring their young children along to play quietly as they work and the times are somewhat flexible so participants can come and go as time in their schedule allows.

Kim from Alexandria said she comes often to the monthly program.

“It’s great to get to-

gether with other women and their kids and just have some fun,” she said. “I think it’s wonderful that all the supplies are even provided by the library.”

After just one visit, several others on hand last week agreed that it is an event they will all look forward to in the future.

“I love the fall, and when I saw a friend was coming to this today, I thought it would be something exciting for us to do together,” said one participant.

For Linda of Bristol, it was also her first time joining the group. She said she was not only happy to meet other women interested in crafts; she liked having the opportunity to socialize with others who shared her passion for crafting.

“I look forward to going back next month. It was very enjoyable,” she said.

Since the group was started 11 months ago other projects have been cookie mixes in a jar,

homemade bath balms and decorative jar holders for candles. Karabegovic said she rarely knows in advance what the project will be each month, but once she decides, the project is then posted on the library’s Web site and Facebook page.

“I get ideas all over the place; they even come from the patrons at times,” she said. “We give you the idea and supplies, then you can use your own imagination to make something however you’d like it to be. I’m always here to help if you need me, though.”

The craft group is typically held from 4:5:30 p.m. on the third Wednesday of each month. Interested parties are asked to check the Minot-Sleeper Library Web site or Facebook page for the next craft project being presented. If interested, they can then sign up in advance through the Internet, a phone call or a stop by the library on Pleasant Street in Bristol.

Notebook

FROM PAGE A4

in a canoe, but kneel.

This is the way I was taught, at an early age--to kneel, with my legs under the seat. This affords far greater leverage with the big stern paddle, so vital in fast water, as the rocks and rapids swish by.

But the seat does come in handy for socializing in still water.

+++++

Another longtime reader drew a permit in the New Hampshire moose lottery and invited me to be his sub-permittee, an honor, and I said so even as I declined with great thanks.

But he still wanted some tips on where to hunt, and I was hard put to provide them, so scarce have moose become. There is a big

bull ranging my territory, and a cow with last year’s calf. And that’s fine, but where now, and thither?

Bob Vashaw and I had just motored up the Vermont side of the Connecticut and crossed back into Colebrook the other day when we spotted a moose meandering around a field. “Hey, there’s a moose,” we both more or less said at once, an event that two decades ago would have merited hardly a murmur.

+++++

I’ve been re-reading “Journal of a Tapper” (1834-1843), by Osborne Russell. This is the original manuscript, obtained with some effort, and edited by Aubrey L. Haines. It is an insight on a very brief time in history before what passes for civilization swept

over the vast lands west of the Mississippi.

Lest we be caught up in the romance of the era, it was also a time when tribes were at constant warfare, women were often treated as chattels, and American and Canadian fur-traders encroached on the land.

But of course, there was the independence and grandeur that the Rockies and other high country had to offer, and the wayward freedom of it all.

Like many of the mountain men, Russell was quite literate, and carried in his packs (via a spare horse and a mule or two) a little library. These books would be shared between trappers at the annual summer rendezvous, usually held around the Fourth of July, so as to have even more to celebrate.

There came a time when, as he said, “We had nothing to do but to eat, attend to the horses, and procure firewood.” He pulled from his packs “some books to read Byrns Shakespeares and Scotts works the Bible and Clarks Commentary on it and other small works on Geology Chemistry and Philosophy.”

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Bristol

FROM PAGE A1

ficer, Sean Welch, who comes to the town after working 10 years for the Wakefield Police Department.

Originally from Meredith, Welch told the selectmen, “I’m happy to be back to this side of the state. Don’t hold it against me that I went to Inter-Lakes.”

Lt. Kristopher Bean noted that Welch is a US Army veteran who served as a Black Hawk crew chief, and also served on Newcastle’s motorcycle patrol.

Selectmen re-adopted a winter parking ordinance with an additional provision for commercial vehicles.

The parking ordinance has been a source of continuing conflict because of the shortage of downtown parking space and an increase in rental housing that does not provide park-

ing. Selectmen had implemented a new ordinance last winter and reviewed it this year in an attempt to better address residents’ complaints.

Earlier this month, Town Administrator Nik Coates explained that the parking committee had considered a two-hour parking limit, but dismissed the idea because of the lack of resources to enforce it. Establishing a permit system would take time and, with winter approaching, the committee recommended no changes this year.

The town will attempt to provide better communications with residents, but Coates noted that most towns have “zero tolerance” for transgressions, while the Bristol Police Department goes out of its way to provide a warning before towing a vehicle away.

One remedy the selectmen approved was making Spring Street a one-way street.

Bristol does provide overnight parking areas away from Central Square to allow the crews to plow the downtown, but many residents and landlords say the lots are too far away to be practical.

Selectmen set the date of Nov. 9 at 5 p.m. for a work session to finalize a new personnel policy for the town.

Coates reported on his investigations into “lean government” — methods to operate more efficiently while providing good service to residents. He said the management at Freudenberg-NOK has offered to certify the town at no charge, noting that the municipal staff will be moving forward with implementation of the ideas over a period of years.

Screenings

FROM PAGE A3

for Active Living and Healthy Communities at PSU. It is an opportunity for students to practice interpersonal and health care skills in a community setting; an important aspect in ensuring well-trained graduates. Participation by campus and local community members is greatly appreciated.

Testing will begin at ALLWell North on Friday, Nov. 17. There will be a morning session from 8:30am-11:00am and an afternoon session from 1:30-4 p.m. Additional testing sessions at Plymouth State University will be held in the Bradford Room of Centre Lodge on Dec. 1 from 1:30-4 p.m. and in Heritage Commons on Dec. 8 from 1:30-4 p.m. Off-site testing will also be offered at

Meredith Community Center Dec. 1 from 8:30-11 a.m., and Plymouth Senior Center on Dec. 8 from 8:30-11 a.m.

For more information visit the Center for Active Living and Healthy Communities website at www.plymouth.edu/center-for-active-living-and-healthy-communities or call Barbara McCahan at 535-2578 or Sandra Van Gundy at 535-2105.

CADY

FROM PAGE A4

their brains may have less volume, and they may have fewer numbers of brain cells or fewer neurons that are able to function correctly, leading to long-term problems in learning and behavior.

If you choose to drink alcohol, follow the dietary guidelines. Avoid drinks with un-

known alcohol content or mixing alcohol with energy drinks. Caffeine can mask alcohol’s effects and cause people to drink more than they intend. Always be aware of potential prescription drug interactions by reading and following pharmaceutical recommendations.

Get immediate help for anyone experiencing life-threatening signs of alcohol poison-

ing. Talk with your doctor, nurse, or other health care provider if you think you may have a drinking problem, or call the NH Statewide Addiction Crisis Line at 1-844-711-HELP for immediate assistance.

Please join CADY in preventing addiction and saving lives! Visit our Web site at www.cadyinc.org to learn more about us and our mission.

Mitchell

FROM PAGE A6

nities. Please note that until a class is paid for, you are not officially enrolled. All classes should be paid for at

least by the day before the class.

Become a Supporting Member! The cost is \$25 annually and you receive a discount on all classes offered at

the gallery. Artistic Roots is at 73 Main St. in Plymouth. You can register for classes by stopping by the gallery or phoning 536-2750.

Santore

FROM PAGE A7

stretched canvas.

“These paintings veer onto either side of the line between subject matter and complete abstraction,” Santore said.

The Stamford show opens on Saturday, Oct. 28 with a reception for the public beginning at 2:30 p.m. and an artist talk at 3 p.m.

The next invitation came from the O’Brien Art Gallery on the Hariman, Tenn., campus of Roane State Community College. Santore’s exhibit Inexteriors opened there on Oct. 16.

“These paintings reflect my interest in im-

possible architectural spaces,” Santore said. “As someone who has moved many times, both as a child and as an adult, houses have multiple meanings for me. They are places full of mystery and possibility, suggestive of many potential futures or outcomes.”

While “Pattern in Motion” is full of curved lines and swirling pattern and Inexteriors is full of straight lines and sharp angles, it is clear that both series are from the hand of the same artist. Santore pointed out that there were several pieces that could have gone into either show.

“At one point, I realized that I had included

some of the same pieces in both shows!” she said. “I had to make some quick choices and then some new work to fill both venues.”

Marcia Santore and her husband, composer Jonathan Santore, make their home in Plymouth. She has exhibited her work in solo and group exhibitions throughout the United States, and her work is to be found in public and private collections in the United States and Europe. Santore also writes about art and artists for Art-scope magazine and other publications. To learn more about the artist, visit www.marciasantore.com.



If you own 10 acres or more call now to get the most money for your standing timber.

I will estimate the value of your timber and pay you up front, 100% for that timber, before any cutting is done. Logs are in high demand now and it’s a good time to cut your woodlot. Call today for a free estimate.

Rondeau Logging, LLC is fully mechanized and insured.

603-353-4350 • 603-667-1011 www.rondeaulogging.com



Breast Cancer Awareness 2017

Common causes of cancer that people can control

A cancer diagnosis can be shocking. After receiving such news, many people are filled with questions such as, "How did I get this disease?" That question often has no definitive answer, though physicians may be able to work with patients to determine the various factors that contributed to their cancer diagnosis.

Cancer does not discriminate. People from all walks of life are diagnosed with cancer every day. Certain contributors, such as family history of cancer, may be be-



yond a person's control. But the American Cancer Society notes

that people can avoid some potential cancer contributors by making healthy choices.

Tobacco
Anti-smoking cam-

paigns have done much to impact the number of people who smoke, but tobacco remains one of the leading causes of cancer across the globe. The ACS notes

that while cigarettes, cigars and pipe tobacco are made from dried tobacco leaves, in order to make smoking more flavorful and pleasant, tobacco companies add various substances. As the resulting products burn, the smoke they produce is made up of thousands of chemicals, at least 70 of which are carcinogens.

Some smokers may not give the smoke coming from their cigarettes much thought, but that smoke con-

tains chemicals such as formaldehyde, lead, arsenic, and carbon monoxide. Recognizing that the smoke from their cigarettes is sending formaldehyde into their air may lead some smokers to quit for good.

Alcohol

Alcohol consumption can raise a person's risk of getting cancer. Alcohol has been linked to cancers of the mouth, throat, esophagus, liver, and breast, among others. The ACS notes that regular, heavy alcohol use can damage the liver and cause inflammation and scarring that might increase a person's risk of developing liver cancer. Women who consume a few alcoholic beverages may be increasing their risk of developing breast cancer, which the ACS believes might be a by-product of alcohol's affect on estrogen levels in the body.

Evidence suggests that the ethanol found in alcohol is what increases a person's risk of developing cancer. All alcohol beverages contain ethanol, so drinkers should not assume that one type of alcohol is safer than another.

Diet and sedentary lifestyle

According to the ACS, research has shown that poor diet coupled with a sedentary lifestyle can increase a person's risk of getting cancer. In fact, the World Cancer Research Fund estimates that roughly 20 percent of all cancer diagnoses in the United States are related to body fatness, physical inactivity, excessive alcohol consumption, and/or poor nutrition. Men and women who can control their weight and maintain a healthy weight throughout their lives can reduce their risk of getting cancer as well as other conditions, including heart disease and diabetes.


Anyone can be diagnosed with cancer. But men and women who make healthy choices can greatly reduce their risk of getting this deadly disease.


100% Buyer Friendly!
Waterville Valley • Campton • Thornton Plymouth Area
www.RoperRE.com

607 Tenney Mountain Highway, Plymouth, NH • 536-7750
366 Lake Street, Bristol, NH • 744-3004
481 Lake Street, Bristol, NH • 744-9950

Granite Group REALTY SERVICES
Bristol Lake Area Properties Plymouth
Alan DeStefano, Broker/Owner
www.GraniteGroupRealtyServices.com

CONSTRUX, INC.
630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

 **American Red Cross**

*You may know that **BREAST CANCER** is the most frequently diagnosed cancer in women, but did you know giving blood is a way to support those fighting cancer?*

During BREAST CANCER AWARENESS MONTH in October, the American Red Cross is encouraging the community to give blood for cancer patients and others who depend on transfusions.

*When you give **BLOOD**, you give somebody another **BIRTHDAY**, another **DATE**, another **DANCE**, another **LAUGH**, another **HUG** and most importantly, another **CHANCE**.*

The American Red Cross hopes that you will reach out to someone who needs another chance at life by donating blood.

Help Save Lives!

Blood cannot be manufactured. It is the responsibility of the community to make sure that the blood supply is continually replenished in order to assure that physicians and their patients can be confident of a reliable supply. Please don't let them down.

For more information or to schedule an appointment, please call 1-800-RED-CROSS (1-800-733-2767) or visit redcrossblood.org.

PATTY STEWART & ASSOCIATES INSURANCE AGENCY
35 Main Street
Plymouth, NH 03264


Patti Thompson, Pam Baker and Patty Stewart

• Health • Life • Dental • Vision • Disability Insurance
• Medicare Supplements • Healthcare.gov


CALL TODAY
1-800-794-3690 or 603-536-3691
fax: 603-536-3733 • email: pattystewart@myfairpoint.net

Zoë & Co.
Professional Bra Fitters

Put 'em Up!

Westerly, RI | 401.596.8050
Concord, NH | 603.224.2727



 **DORAN INDEPENDENT INSURANCE**
Helping to guide you with your health, life, and long-term care decisions

OCTOBER 15 TO DECEMBER 7TH
Over age 65 Open Enrollment for your "Prescription Drug Plan"

NOVEMBER 1ST TO DECEMBER 15TH
Under age 65 Affordable Care Act-Open Enrollment For January 1st, 2018 Effective Date.

Courtesy of
Doran Independent Insurance
603-569-6464

Breast Cancer Awareness 2017

3D Mammography at Women's Life Imaging Center

Radiologists like myself worried about tomosynthesis, also known as “tomo” or 3D mammography, when it first emerged as a tool to look for breast cancer several years ago. We thought it might be more uncomfortable to women, and worried that the amount of radiation used would be too high. We also wondered if tomo would



A 3D mammogram does use slightly more radiation than a standard 2D mammogram. However, it's important to note that for any mammogram, the radiation used is significantly less than the amount of background radiation we are exposed to each year from the environment.

Every year over 200,000 women in the U.S. are diagnosed with breast cancer. According to 2013 CDC statistics, New Hampshire has the highest incidence of breast cancer for any state. When breast cancers are found early—before they have spread to other parts of the body—women have a much better chance of surviving. Mammograms are still the best way to screen women for early breast cancers, and I strongly believe that 3D mammography addresses many of the shortcomings of standard mammography. Because there is no better proven way to detect early breast cancers, we recommend annual mammograms beginning at age 40.

Dr. Eva Lizer is a fellowship trained breast imager on staff at Women's Life Imaging Center - a joint venture between Wentworth-Douglass and Frisbie Memorial Hospitals to provide breast imaging and bone densitometry services - located in Somersworth, NH. Women's Life Imaging Center is recognized as a Breast Imaging Center of Excellence by the American College of Radiology. Visit www.womenslifeimaging.com.

MID-STATE HEALTH CENTER
Where your care comes together.

Plymouth • 536-4000 | Bristol 744-6200
midstatehealth.org

We do things differently.
One person. One price. One location.

Established 1954
grappone
AUTOMOTIVE GROUP

Ford Toyota Honda Mazda Hyundai
Go Further

grappone.com 514 - 594 Route 3A, Bow NH 800-528-8993

be less useful than standard mammography in identifying certain signs of breast cancer. However, four years into our experience with tomosynthesis at Women's Life Imaging Center, I can't imagine ever going back to 2D mammography again. Tomosynthesis is really that much better.

Tomosynthesis is an

x-ray of the breast, just like a regular 2D mammogram. From the patient's perspective tomo is nearly identical, except that the exam will take a few seconds longer. Instead of taking one picture at a time the machine moves through a short arc and takes multiple low-dose x-rays; a computer puts these together as a 3D set of images. In a 2D mammogram, the radiologist looks at the complex architecture of breast tissue in one flat image. Overlapping normal breast tissue can appear abnormal on a 2D mammogram, but with

a 3D mammogram a radiologist can more confidently see that there is no true abnormality. This prevents “call-backs” for additional mammograms or ultrasound. In fact, multiple scientific studies have shown a significant reduction in the percentage of women asked to return for more testing -- somewhere between 15 and 40%. In addition, these studies have found higher cancer detection rates with tomo. That's because a 3D mammogram provides better visibility of small cancers that could be hiding in breast tissue.



October is
Breast Cancer Awareness Month

LRGHealthcare offers the following:

- Digital Mammography
- Hematology/Oncology Department, with state of the art treatment
- Mammography Bridge and the Let No Woman Be Overlooked, Breast and Cervical Cancer Screening Program

AndersonGanong
Cancer Center

Tanger
Women's Imaging Center

Caring for Women
OB/GYN & WOMEN'S HEALTHCARE

LRGHealthcare
care. compassion. community.

lrgh.org/mammo

Lakes Region General Hospital 527-2992
Franklin Regional Hospital 934-2060
Caring for Women 527-1855

PINK TOGETHER

Ashland Lumber
Division of BELLETETES, INC.

20 West Street
Ashland, NH 03217
603.968-7626
www.belletetes.com

We support
National Breast Cancer
Awareness Month!

Insurance24®

AUTO • HOME • BUSINESS

Village Square, 607 Tenney Mountain Hwy.
Plymouth, New Hampshire
Phone: 536-8200

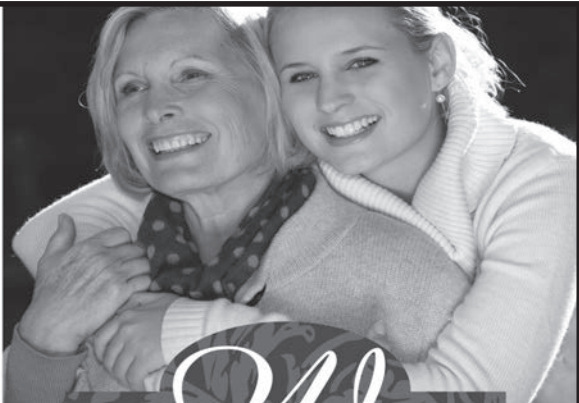
Women's Life Imaging Center
is the region's premier imaging center for women.

Our Services:

- 3D Mammography
- Diagnostic Workup
- Breast Ultrasound
- Biopsy Procedures
- Bone Density

Provided with:

- Care and understanding
- Specialized experience
- Respect for your body and feelings



Women's Life Imaging Center

Affiliated with Frisbie Memorial Hospital and Wentworth-Douglass Hospital

Call us today to schedule your 3D mammogram, bone density exam, or both at (603) 742-6673.

200 Route 108, Somersworth, NH 03878
~ An ACR Breast Cancer Center of Excellence ~

Visit our new website at www.womenslifeimaging.com



*Speare Memorial Hospital
offers State-of-the-Art
3D Screening Mammography!*

3D Mammography detects
41% more invasive breast cancer
than 2D mammograms.

There is less compression,
making the exam more comfortable.

Speare Memorial Hospital has a dedicated
and experienced team of mammography staff.

Monday - Friday

8am to 4pm

Plus late afternoon appointments.

Make your appointment today
Call 603-238-2232



Manufacturing

FROM PAGE A1

“It was pretty neat. They had a lot of interesting things to show me and I really liked this a lot,” he said. Comments like that were music to MacLeod’s ears. The whole purpose of the fair, she said, was to show students they can graduate from high school and get a quality job at Freudenberg or go on to college then come back to Bristol and build a solid career with a manufacturing company right here in their hometown. “We presented 15 different careers fields here today and it was great to see how our employees took the idea and just ran with



DONNA RHODES

Students in grades eight through 12 throughout the Newfound Regional School District had the opportunity to meet with representatives from Freudenberg-NOK in Bristol and Ashland last week, where they learned more about not only the company’s products but job and career opportunities that could be available in their future.

it by making their own displays and presentations to the students,” she said.

She was also pleased to see that the presentations received a lot of great feedback from students in all grade levels. “We had survey sheets for them to fill

out and when they took time to write their answers to questions about what they learned, we had free back packs for them,” said MacLeod. NRHS Extended Learning Opportunities director Amy Yeakel and Newfound Area School District Superintendent Stacy Buckley were also on hand throughout the morning and they were both pleased by not only the manufacturing fair but the reception from the students, too. “I saw the students were really engaged so it was a great day. We’re grateful for everyone from Freudenberg for taking the time to come over here and meet with them,” said Buckley.

America’s Heroes will be celebrated in the November 9th

★ **Plymouth Record** ★ **Newfound Landing** ★
★ **Meredith News** ★ **Gilford Steamer** ★
★ **Winnisquam Echo** ★

Help us salute our troops and Veterans by placing a signature block within our page.

★ **1/2 Biz card: \$25**
★ **Full Biz card: \$50**

Deadline for ad copy is November 3rd at 12pm

Contact Tracy or Lori
603.444.3927
or email
lori@salmonpress.news

Mason
FROM PAGE A11

sonably adequate as a place of town meetings. “The objects and purposes of the trust created by said Article Third have become, by the passage of time and changes in circumstance, impossible and impracticable of accomplishment.”

The court concluded that, “The use of the residue of said trust estate for the acquisition of a town office building by the Town of Bristol to provide office space for town officers and record storage space, with suitable recognition for the name of the testator, would be a practical purpose, as nearly as possible in accord with the general charitable intent of the testator.”

The court decree added the stipulation, “provided that there shall be one room of suitable size in such building designed as a multiple-purpose room and reserved for public conferences, official

hearings or court proceedings, which shall be suitably designated by permanent marker as ‘The Charles E. Mason Room’, which shall be always available to the general public for musical rehearsals and concerts for limited audiences, when not needed for public business.”

With that, the town had a sum of money to go toward the construction of the Bristol Municipal Building, with a courtroom on the lower level and a plaque on the door of the judge’s chambers, naming it the “Mason Music Room”.

After the municipal courts were absorbed by the district court system, Bristol turned the courtroom space over to the Bristol Police Department, which expanded into more space after the municipal building received a wooden addition. Today, the town is considering converting the entire building into a police station and building a new

town hall next door. “I have always disdained the ‘Music Room’ plaque on the Courtroom door,” Nordstrom said, noting that she is “a classical music advocate to the core” and saying, “I doubt that it was ever used for a concert to justify its existence.”

As the town considers building a new town hall, or reconfiguring the current municipal building to accommodate Bristol’s needs, resident Archie Auger raised the question, “How are we going to honor this bequest?”

Space needs committee member Susan Duncan said after the meeting, “I was completely unaware of the Mason donation to the town until [Town Administrator] Nik [Coates] sent the materials to us recently. Obviously, we will need to appropriately recognize and honor him! Yes, would love to know how that disappeared through the years!”

www.salmonpress.com

What’s Happening at

Plymouth State University

hairspray

THE BROADWAY MUSICAL

Book by Mark O'Donnell and Thomas Meehan
Music by Marc Shaiman

Lyrics by Scott Wittman and Marc Shaiman

Based on the New Line Cinema film written and directed by John Waters

HAIRSPRAY is presented through special arrangement with Music Theatre International (MTI). All Authorized Performance Materials are also supplied by MTI. www.MTIShows.com

hairspray auditions!

The Educational Theatre Collaborative (ETC) is looking for children, students, and community member actor-singer-dancers to be part of our **Hairspray Ensemble**. We are also looking for individuals from grade three to adult for our Welcome to the 60's All-Star Rock Chorus, and for one special young lady to play Little Inez!

SUNDAY, NOVEMBER 5
6:30–10 p.m.: High school and university students, adult community members**

MONDAY, NOVEMBER 6
3:30–5:30 p.m.: Students in grades 3–8*
6:30–10 p.m.: High school and university students, adult community members**

TUESDAY, NOVEMBER 7
5:30–10 p.m.: High school and university students, adult community members**

*Students in grades 3–8 do not need to prepare anything in advance or schedule an individual time.
**Auditioners in this category must contact Brenda Gleich at (603) 535-2803 or bgleich@plymouth.edu to schedule an individual audition time and, if possible, should bring a piece of prepared music.

Auditions will be held at the **Plymouth State University Silver Center for the Arts**. Performances will be at the Silver Center, January 24–28, 2018.

Plymouth State UNIVERSITY

See further up here.

What's On Tap

The final regular season games will take place this week, with playoffs taking over across the board.

Kennett and Kingswood football will play the annual Carroll County Championship game on Friday, Oct. 27, at 7 p.m. in Wolfeboro.

Plymouth football will end the regular season by hosting Milford at 2 p.m. on Saturday, Oct. 28.

The Newfound football team will finish the regular season at Newport at 1:30 p.m. on Saturday, Oct. 28.

The cross country State Meets are Saturday, Oct. 28, with Division III girls at 10 a.m., Division III boys at 10:40 a.m., Division II girls at 11:30 a.m. and Division II boys at 12:10 p.m., all at Derryfield Park in Manchester.

The Division III field hockey semifinals are today, Oct. 26, at 5 and 7 p.m. at Bill Ball Stadium in Exeter. The field hockey finals are Sunday, Oct. 29, at Bedford High School, with Division III at 2:30 p.m. and Division II at 5 p.m.

The Division II boys' soccer quarterfinals are Saturday, Oct. 28, at the home of the higher seed at 2 p.m. and the semifinals are Wednesday, Nov. 1, at Bill Ball Stadium in Exeter at 4 and 6 p.m.

The Division III boys' soccer second round is today, Oct. 26, at 3 p.m. and the quarterfinals are Sunday, Oct. 29, at 2 p.m., both at the home of the higher seed. The semifinals are Wednesday, Nov. 1, at 4 and 6 p.m. at Laconia High School.

The Division II girls' soccer tournament starts today, Oct. 26, at 3 p.m. and continues on Sunday, Oct. 29, at 2 p.m., both at the home of the higher seed. The semifinals are Thursday, Nov. 2, at Bill Ball Stadium in Exeter.

The Division III girls' soccer tourney quarterfinals are Saturday, Oct. 28, at 2 p.m. at the home of the higher seed and the semifinals are Tuesday, Oct. 31, at 4 and 6 p.m. at Laconia High School.

The Division II volleyball quarterfinals are Saturday, Oct. 28, at the home of the higher seed and the semifinals are Wednesday, Nov. 1, at Pinkerton Academy at 5 and 7 p.m.

The Division III volleyball tournament opens today, Oct. 26, and continues on Saturday, Oct. 28, both at the home of the higher seed at 6 p.m. The semifinals are Wednesday, Nov. 1, at 5 and 7 p.m. at Plymouth State.

The unified soccer tournament opens today, Oct. 26 and continues on Tuesday, Oct. 31, and Thursday, Nov. 2, all at the home of the higher seed at 3 p.m.

Bears heading back to Final Four

Newfound field hockey edges Winnisquam in quarterfinals

BY JOSHUA SPAULDING

Sports Editor

NEW HAMPTON — Meeting up with Winnisquam on the turf at the New Hampton School in the playoffs is not a new thing for the Newfound field hockey team.

And while it was a tense battle, just as was the case last year in the quarterfinal round, the green and white Bears knocked off the blue and white Bears to earn a date with Gilford in the semifinal round.

"We just couldn't finish our chances," said coach Karri Peterson of her team's 1-0 win over Winnisquam. "I felt like we had opportunity, opportunity, opportunity but we didn't capitalize. "They fought hard," she continued. "Winnisquam played a good game."

Out of the gate, Newfound went right down the field and almost got on the board before the fans even realized the game had started, but that bid was turned away, starting what would become a common theme most of the afternoon.

"I really thought the very first play of the game was going to be a goal," Peterson stated.

Julianne Marchand came back with a bid that was denied by the Winnisquam defense

SEE BEARS PAGE B6



JOSHUA SPAULDING

THE CROWD in the bleachers knows the same thing that Caroline Marchand (1), Savanna Bony and Kylee MacDonald (8) know, that Newfound had a 1-0 lead in the quarterfinals on Sunday.



JOSHUA SPAULDING

Kylee MacDonald works her way around the Winnisquam goalie in action on Sunday.



JOSHUA SPAULDING

THE CROWD in the bleachers knows the same thing that Caroline Marchand (1), Savanna Bony and Kylee MacDonald (8) know, that Newfound had a 1-0 lead in the quarterfinals on Sunday.

Bears win two of three in final week

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound volleyball team capped off a strong season with two wins in the final week to finish out at 11-5.

The week began on Monday, Oct. 16, as the Bears traveled to Moultonborough and dropped a 3-0 decision to the defending Division III champions.

"They do a good job keeping the ball out of the middle of the court," coach Amy Fairbank said. "We didn't take advantage of the weaknesses enough and hit the ball to score."

Moultonborough won 25-21, 25-22, 25-21.



RC GREENWOOD

Ashlee Dukette puts down a kill in action last week against Pittsfield.

The Bears had 27 kills, with Ashlee Dukette leading the way with seven and Bailey Fairbank adding five. The Bear coach noted that the team had a number of passing errors that led to the loss.

On Wednesday, Oct. 18, the Bears traveled to Canaan and defeated Mascoma by a 3-0 score, 25-13, 25-7, 25-11.

Dukette led the way with 10 kills and Aryn Prescott added five

kills. Fairbank was perfect from the service line, going 25 for 25 with nine aces and Mackenzie Davis was 15 for 16 with six aces.

The final match was at home on Friday, Oct. 20, against Pittsfield, where Fairbank honored the team's three seniors, Danessa Duclos, Madison Timmins and Jessica Gosson.

"I'm so glad they found a home with us all these years and they brought so much to this team," Fairbank said. "They will be missed."

The Newfound coach traditionally asks the seniors how they would like to play and both Timmins and Duclos, as defensive players, wanted to play on the front row.

"I moved players around and wanted them to have fun," Fairbank said. "They were nervous and struggled to get in a rhythm, but we were able to see some great moments for them."

Duclos had a kill, Gosson was perfect at the service line and Timmins was perfect on her digs.

Newfound won 6-25, 25-18, 25-15, 25-17. Dukette had 13 kills and Prescott added six.

The Division III
SEE VOLLEYBALL PAGE B3

HOME CLEANOUTS • STORM DAMAGE • ROOFING MATERIALS • SMALL DUMPSTERS • FRONT LOAD DUMPSTERS • COMMERCIAL & INDUSTRIAL BUSINESS SERVICES • ROLL-OFF OPEN TOP CONTAINERS • COMPACTOR UNITS • HOME

NO HIDDEN FEES
NO FUEL SURCHARGES
NO TRICKY LONG-TERM CONTRACTS TO SIGN

TAKE BACK YOUR SPACE, CLEAN UP THIS FALL! GET ORANGE!

DUMPSTER RENTALS FROM \$335

THE DUMPSTER DEPOT®
Waste Recycling Services

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

SMALL BUSINESSES & LARGER LOCATIONS
CUSTOM FIT SERVICE PLANS

TEMPORARY RENTALS
DAILY, WEEKLY OR MONTHLY REGULAR SERVICE

COMPACTOR UNITS & RECYCLING SERVICES
WASTE STREAM EVALUATION & REDUCTION

SAVE WITH OUR DUMPSTER DEPOT BUCKS

Dumpster Depot Bucks limit: 1 per client per calendar year. No cash value. Not redeemable for cash. Must be used by 10/31/2017. Some restrictions apply. See website for details. ©2017 Dumpster Depot, Inc. All rights reserved.

CLEANOUTS • STORM DAMAGE • ROOFING MATERIALS • SMALL DUMPSTERS • FRONT LOAD DUMPSTERS • COMMERCIAL & INDUSTRIAL BUSINESS SERVICES • ROLL-OFF OPEN TOP CONTAINERS • COMPACTOR UNITS • HOME

Last-minute touchdown sends Lakers over Bears

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — It was a battle until the end as the Newfound football team welcomed Inter-Lakes-Moultonborough to Morrison Field on Saturday afternoon.

The two teams went back and forth all day, with the Lakers scoring in the final minute and then holding off the Newfound final drive to secure the 40-38 win.

“Wow, that was an emotional game,” said coach Ray Kershaw. “It was a roller-coaster.”

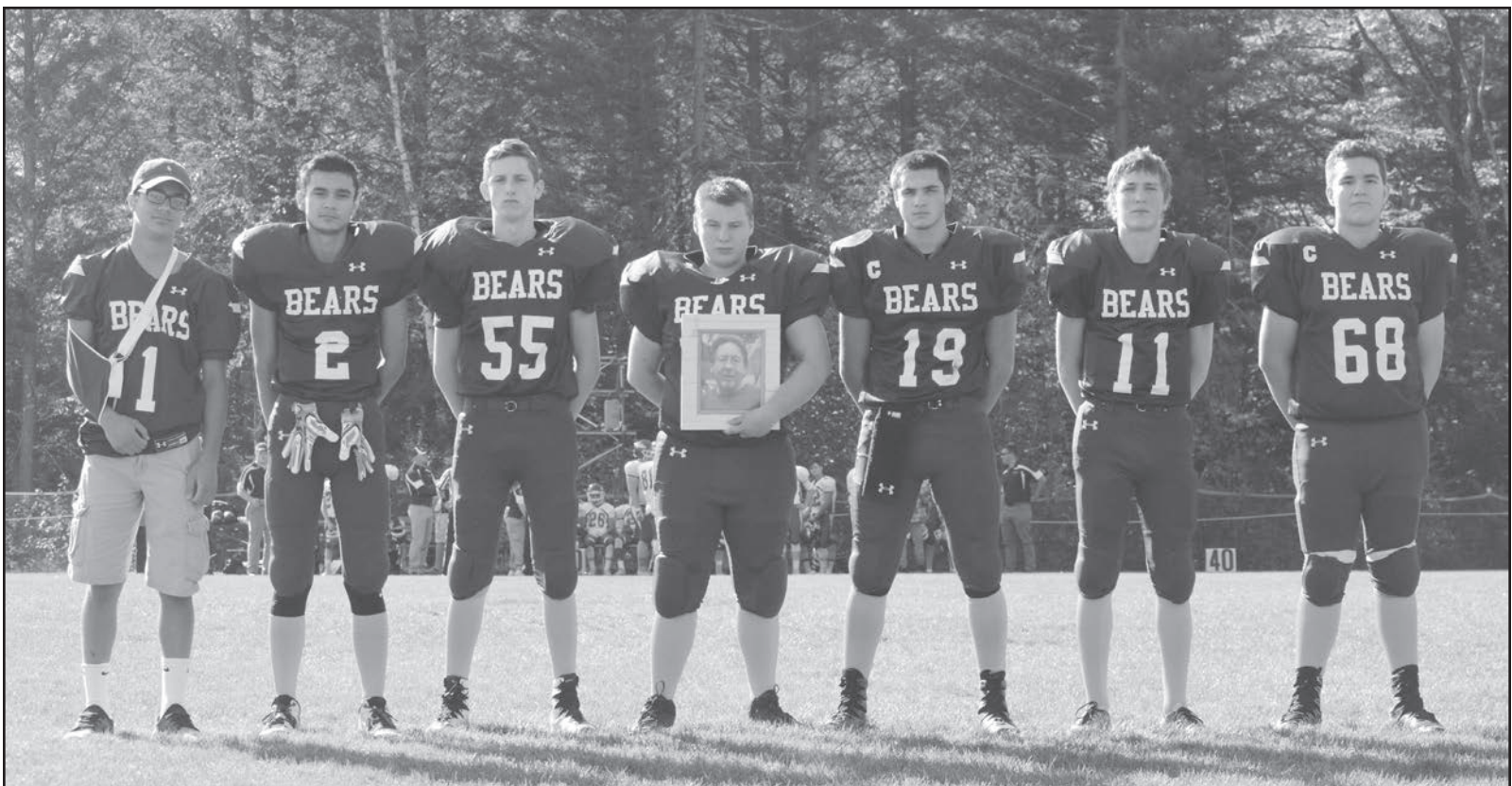
“They played their hearts out, all of them,” the second-year Bear coach noted.

The Lakers got the ball first and were able to move the ball, but a sack from Mason Dalphonse and Brian McGuirk helped to close the drive out and Newfound stopped the Lakers on fourth down and took over. The Bears had the same issue on their first drive, as Brett Pigeon and Tiellar Mitchell carried the ball but they were unable to convert a fourth and 10 and the Lakers got the ball back.

Cody McGee broke up a third down pass, forcing the Lakers to punt and Newfound took over in the final few minutes of the quarter. Pigeon, Shawn Huckins and Mitchell carried the ball down inside the 25 and Pigeon went in from 22 yards out with 58 seconds to go in the quarter for the 6-0 lead for the Bears.

A Rolando Sylvain sack closed out the first quarter and ILMA appeared to have a touchdown on the first play of the second quarter, but it was called back due to a penalty. However, the Lakers were able to keep the drive alive and then a touchdown pass from 14 yards out tied the game at six with 2:02 gone in the second quarter.

Newfound’s next drive saw Pigeon and Mitchell both picking up first downs but they could not convert on fourth down and ILMA took over. The Lakers ate up the clock and moved the ball down the field and scored from



Newfound seniors were honored prior to their final home game Saturday. Left to right, Cam Anderson, Tim Bony, Nick Lynch, Brian McGuirk, Tyler Haskell, Cody McGee and Adam Nelson.

eight yards out with 1:45 to go for the 12-6 lead.

A good return from Logan Rouille set Newfound up in good position at midfield and they needed just five runs, two from Tyler Haskell, two from McGee and the final one from Mitchell, from 13 yards out with 19 seconds to go in the half. Huckins carried in the two-point conversion for the 14-12 lead.

Newfound’s momentum was stunted quickly, however, as the Lakers returned the ensuing kickoff for a touchdown and an 18-14 lead at the halftime break.

The Bears came up with a strong scoring drive to open the second half, with Pigeon, Haskell and McGee carrying the ball down the field. Haskell had a pair of runs for first down and Pigeon also had a first-down run and the Bears got the ball inside the 10-yard line and Haskell carried in from seven yards for the touchdown. Mitchell got the two-point conversion for the 22-18 lead with 8:48 to go in the third quarter.

The Lakers responded with their own drive,

using six plays to get down the field and scoring from 13 yards out for the 26-22 lead with 6:15 to go in the third.

The Bears continued to move the ball well, with Haskell and Mitchell getting good runs, but a fumble on third down gave the Lakers the ball back. The Newfound defense dug deep and held the Lakers to three and out and Newfound took over to close out the third. McGee, Haskell and Pigeon carried the ball inside the 20 as the quarter came to a close.

Five plays into the fourth quarter, the Bears were in the end zone, with Pigeon running in from seven yards out with 1:56 gone in the fourth quarter. Pigeon also carried in the two-point conversion to give Newfound the 30-26 lead.

As they had all day, ILMA answered, using a six-play drive to go in the end zone and got the two-point conversion for a 34-30 lead with 7:19 to go.

The Bears didn’t back down either, as Mitchell, Pigeon, Haskell and McGee moved the ball down the field and then McGee carried in from one yard



Tiellar Mitchell races down the field in Newfound’s final home game on Saturday.

out for the touchdown with 4:17 to go. The senior quarterback added the conversion and Newfound’s lead was 38-34.

ILMA came back with their own drive, getting a key fourth and one conversion and then on fourth and two, the Lakers were able to get in the end zone on a 32-yard pass. The Bears stopped the conversion and ILMA’s lead was 40-38 with 46 seconds to go.

McGee picked up a first down on the first play of the drive and then Haskell had a pair of carries to get another

first down. With two seconds to go, however, McGee’s pass was picked off and ILMA held on for the 40-38 win.

“We had troubles on defense,” Kershaw said. “It’s just too bad it had to end that way.”

The Newfound coach noted he was pleased to see the team battle back after each ILMA score.

“In the past, they would immediately put their heads down,” Kershaw said. “For us, that was the biggest thing we wanted to fix. The football piece is the easy piece, changing the atti-

tude and behavior was the hard part.

“And they took the next step in the game today,” the Bear coach said. “They’re clicking on offense, we just have to improve on defense.”

“I’m so proud of them,” Kershaw added. “They’re really coming together.”

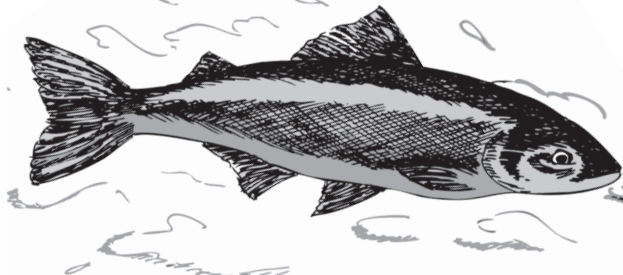
The Bears will wrap up the regular season on Saturday, Oct. 28, at Newport at 1:30 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

Salmon Sunday returns to Melvin Village Nov. 12

TUFTONBORO — Bring the kids and explore the life cycle of

landlocked salmon, fish prized by anglers on New Hampshire’s big lakes, at



Melvin River, scientists expertly relieve the colorful adult female salmon of their eggs by stroking their stomachs. Milt from the male fish is obtained in the same way and mixed with the gold-colored eggs to fertilize them.

This activity is all part of the work the New Hampshire Fish and Game Department carries out each year, with support from the Federal Aid in Sport Fish Restoration Program, to maintain the landlocked salmon population in New Hampshire’s big lakes.

Salmon used for the stripping demonstration are netted from Lake Winnepesaukee during October and early November. They are returned to the lake after their eggs and milt has been collected. The fertilized eggs are taken to Powder Mill Hatchery in New Durham, where they will hatch in three to four months. The salmon are raised in the hatchery for about 18 months, and then stocked into Lake Winnepesaukee and other New Hampshire lakes.

the New Hampshire Fish and Game Department’s annual “Salmon Sunday” event on Sunday, Nov. 12, from noon to 2 p.m. at Pope Dam in Melvin Village. Pope Dam is nine miles north of Wolfeboro on Route 109 in the town of Tuftonboro.

“Salmon Sunday is a great chance for everyone to get a close-up look at landlocked salmon from Lake Winnepesau-

kee in their fall spawning colors,” said Fisheries Biologist John Viar. “Kids love to see the big salmon, averaging about three pounds each, and watch biologists collect the eggs.”

During the event, fisheries biologists will be busy harvesting, or “stripping,” eggs and milt from adult salmon. Standing knee-deep in the cold water of the

Something VERY BEARD is Happening in NH!

PGD is proud to support our local police departments who are raising funds to benefit the Grafton and Sullivan Child Advocacy Center through their annual **Beards for Bucks** campaign!

Thank you to the women and men of:
Franconia Police Department, Hebron Police Department, Sugarhill Police Department, Charlestown Police Department, Bristol Police Department, Grantham Police Department, Plymouth Police Department, Campton Police Department, Groton Police Department, Lincoln Police Department, Haverhill Police Department for their support of this great cause.

Learn more and donate at:
<http://www.cac-nh.org/beards-for-bucks/>

Plymouth General Dentistry, PLLC
603-536-4301/pgdentistry.com

65 Highland Street, Plymouth, NH

Camelot HomeCenter

Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

Hurry Down & See Our Homes!

| | | | |
|--|--|---|--|
| NEW 14 WIDES \$29,995 56' 2 Bed | DOUBLE WIDES \$36,995 66' 3 Bed, 2 Bath | DOUBLE WIDES \$39,995 60' 2 Bed, 1 Bath | DOUBLE WIDES \$44,995 76' 3 Bed, 2 Bath |
| DOUBLE WIDES \$59,995 44' 3 bed, 2 bath | DOUBLE WIDES \$65,995 48' 3 bed, 2 bath | DOUBLE WIDES \$79,995 48' 3 bed, 2 bath Dry Walled | DOUBLE WIDES \$89,995 56' Beautiful Open Street Living Room & Kitchen |

SEE OUR AD AT WWW.CM-H.COM - HOMES FROM COLONY, NEW ERA & TITAN

| | | |
|-------------------------------------|--|---------------------------------------|
| \$76,995 38x26, Sunny Chapel | \$110,995 56x28 Ranch, #948 Roman Spa Bathroom, Irresistible Kitchen! | \$114,995 2000 Sq. Ft. 2 Story |
|-------------------------------------|--|---------------------------------------|

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
ALWAYS OPEN DAILY, 10 TO 6 SATURDAYS & SUNDAYS 10 TO 5 • RT. 3, Tilton NH • WWW.CM-H.COM

Bears wrap up regular season at Merrimack Valley

BY JOSHUA SPAULDING
Sports Editor
PENACOOK — The regular season came to an end for the Newfound cross country team on Thursday, Oct. 19, as the

Bears raced in the Capital Area Cross Country Championships at Merrimack Valley High School.
In the varsity boys' race, Connor Springer led the way for the Bears, finishing in 77th place overall in 20:54. Nicholas Comeau was next for Newfound, finishing in 21:20 for 82nd place and Hunter Cole-

man was the third Bear in a time of 21:56 for 93rd place.
Kyle Rosendahl finished in 95th place in 22:05 and Ashlar Dotson rounded out the scor-

ing for Newfound with a time of 22:28 for 97th place.
Manon DeGreef led the way for the Newfound girls in the varsity race, finishing in

24:24 for 48th place overall.
Amy Combs was next, placing 54th overall in a time of 24:51.
The JV race was a combined race with boys and girls and Wyatt Day was the first Bear, finishing in 23:29 for 58th place overall. Jason Liang finished in 84th place in 25:13, Sophia Pettit was 128th overall in 29:10, Nicholas Green finished in 35:52 for 147th place and Ketevan Gabashvili rounded out the field of Bears in 37:56 for 148th overall.

The Bears will compete in the Division III State Meet on Saturday, Oct. 28, at Manchester's Derryfield Park. The girls will run at 10 a.m. and the boys will run at 10:40 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears wrap up regular season

BRISTOL — The Newfound boys' soccer team opened the penultimate week of the season with a hard-fought double-overtime tie against a strong Inter-Lakes team.
"I was pleased with our effort on both sides of the ball," said coach Jason Hill after his team's 2-2 tie on Oct. 10. "We battled with a good team in a playoff atmosphere."
Justin Shokal and Brad MacDonald were the scorers for the Bears, while Mike Doan and Jack Gosson combined for 11 saves in the Newfound goal.
Hill praised the play of Quentin Helmers at center back, noting he turned away a number of Laker attacks.

On Friday, Oct. 13, the Bears struggled to get going and dropped a 3-1 decision to Somersworth.
The Bears came out flat and the 'Toppers made them pay, as they scored three goals in the first 37 minutes of the game and took the 3-0 lead.
Shokal was able to get Newfound on the board right before the half as he put a beautiful strike on net to make it 3-1 at the half.
The second half saw Newfound turn up the pressure, as the Bears were able to outperform Somersworth but couldn't get a finish.
Gosson was strong in the Newfound net, as he



RC GREENWOOD
Cian Connor charges up the field around a Laconia defender in action last week.
recorded 14 saves and Ryan Lyford and Helmers had strong efforts in front of him on the back

Another musical experience on deck for this fall

As regular readers of this column know, this summer I stepped out of my comfort zone and auditioned for the summer musical at the Village Players Theater. While it was a lot of work, I thoroughly enjoyed my time on stage and that enjoyment led me to audition for the fall musical. This was a little different, since I had already volunteered to be stage manager for The Music Man this November, but I at least wanted to audition for the experience.
Director Rosemary Lounsbury gave me a part in the show that can work around my stage manager duties and for the last few months, I've

SPORTING CHANCE
By JOSHUA SPAULDING

been spending Wednesday and Sunday nights in the theater, working on my part and working with the rest of the cast in a couple of group numbers.
Last fall was my first experience as a stage manager for a musical and it was a lot of work. This year's show seems to have a bit of a smaller role for the stage crew, but there is still plenty of things that need to be moved on and off the stage.
However, I think the bigger challenge for me will be the fact that this show has close to 60 peo-

ple in the cast, which means there are a lot of people going on and off the stage at the same time, with limited space for storing items back stage. I anticipate people-managing being the major part of my job this fall.
Over the last few months, I've missed a few games here or there on Wednesday nights so I could be at rehearsal, but they have also been good about letting me show up a bit late on certain evenings so I could get to some of the games, including the last two Wednesday nights. I've made an effort recently to not spend so much time at work and this has been part of that effort.
Traditionally, the fall musical has fallen the two weekends prior to Thanksgiving, but this year, the dates have been moved up so we don't

conflict with the Kingswood show. The problem there is that playoffs are going to be off and running in the coming weeks and next week (starting Sunday, Oct. 29) we will be in rehearsal every single night as we enter production week to get ready for opening night (Nov. 3). The problem there is I can't make evening games when rehearsal is going on so I may be forced to miss a game here and there. My hope is that if this is an issue, I can get someone to cover it for me, but hard to know for sure how that will go.
That being said, if you want to be entertained, I highly suggest coming to see The Music Man the first two weekends in November at the Village Players Theater in Wolfeboro. Scott Giessler, who was King Arthur in our Spamalot production

two years ago, plays Professor Harold Hill and newcomer Jenni Goodman plays Marian. The ticket price is worth it just to hear her amazing voice, though there are a lot of other great people in this show, all doing a fantastic job. Shows are Friday and Saturday nights at 7:30 p.m. and Sundays at 2 p.m.
Finally, have a great day Wayne Gehman.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 279, Meredith, NH 03253.

Volleyball

FROM PAGE B1
tournament will kick off today, Oct. 26, at the home of the higher seed. The Bears are expected to have a home seed in the first round. The quarterfinals are Saturday, Oct. 28, at

6 p.m. at the home of the higher seed and the semifinals are Wednesday, Nov. 1, at 5 and 7 p.m. at Plymouth State.
Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

THE FLYING MONKEY EXPERIENCE
A COMMON MAN FAMILY PRODUCTION
DINNER AND A SHOW!

THE OUTLAWS - Fri, Oct 27
Southern Rock Pioneers

MAUREEN HANCOCK - Sat, Nov 11
Renowned Spirit Medium Presents "Postcards from Heaven"

THE YARDBIRDS - Sat, Oct 28
With Guitarist Johnny A.

ARLO GUTHRIE - Thurs, Nov 16
American Folk Treasure

JOHN LODGE - Thurs, Nov 2
Of The Moody Blues - The 10,000 Light Years Tour

ROSANNE CASH - Fri, Nov 17
Iconic Country Singer-Songwriter

MOONDANCE - Fri, Nov 3
The Ultimate Van Morrison Tribute Concert

BELA FLECK & ABIGAIL WASHBURN - Sun, Nov 19
GRAMMY-Winning Banjo Extraordinaires

KIMOCK - Sat, Nov 4
"Satellite City" Album Release Party

FILMS & Looking Ahead
11/5 - "Zaza" (Silent Film)
11/24 - Warren Miller's "Line of Descent"
11/25 - Justin McKinney
12/1 - Tom Rush
12/2 - Through The Doors
12/8 - Christmas with The Celts
12/10 - Samantha Fish
12/14 - Blood Sweat & Tears
Featuring Go Bice
12/29 - Comedian Gary Gulman
12/30 - Adam Ezra Group
1/5/18 & 1/6/18 - Recycled Percussion
1/12/18 - Pink Talking Fish
2/3/18 - Lucas Hoge
Complete listing at flyingmonkeynh.com

CAPITOL STEPS - Fri, Nov 10
Putting the "Mock" in Democracy

Get first dibs on tickets! Join our Primate Loyalty Club!
39 MAIN ST. • PLYMOUTH • FLYINGMONKEYNH.COM • (603) 536-2551

EXPERIENCE
A Night Out at
THE FLYING MONKEY
39 Main St, Plymouth, NH

We have something going on
7 days a week!
Live Concerts, Comedy,
Films and More!

October 15 - 26
"STRONGER"
STRENGTH
DEFINES
US

Based on the
inspiring true story
of Jeff Bauman
who lost his legs
in the Boston
Marathon Bombing

Starring
Jake Gyllenhaal
#BostonStrong

THE OUTLAWS
Southern Rock Pioneers
Friday, October 27

THE YARDBIRDS
with guitarist Johnny A.
Saturday, October 28

THE FLYING MONKEY
Movie House & Performance Center
39 Main Street * Plymouth * NH
603-536-2551
FLYINGMONKEYNH.COM

HARRIS family furniture Harvest the Values!

A Comfortable Sofa
A Good Sofa at a Good Price Available in Standard Size or in Apartment Size in a Very Nice Teal Color with Contrasting Pillows. While They Last.
save \$200 NOW \$599

L A Z B O Y
Gibson Recliner A Big Mans in Denver Canyon. save \$190 Now Just \$659
Collage Recliner In Your Choice of 6 Colors. NOW \$399

LAURA ASHLEY HAMLET PLUSH
Twin set reg \$749 now \$629
Full set reg \$829 now \$699
Queen set reg \$929 now \$799
King set reg \$1149 now \$999

LAURA ASHLEY KIMBERLIE PILLOW TOP
Twin set reg \$899 now \$799
Full set reg \$999 now \$869
Queen set reg \$1049 now \$899
King set reg \$1349 now \$1149

CHICHESTER | LACONIA | PLYMOUTH
(603) 798-5607 | (603) 524-7447 | (603) 536-1422
www.harrisfamilyfurniture.com
FREE N.H. Delivery

Your Home. Your Style.



Town-to-Town
CLASSIFIEDS

www.salmonpress.com | 603.279.4516
Call to place your ad today or visit our website!



Misc. For Sale

Hand Carved, Fully Jointed Doll. Fundraiser for Doll Club, 15" replica of 1796 doll, wardrobe, and accessories. Signed Fred Laughon. Minimum bid \$225.00 by December 1. Bidding envelope loissmed@yahoo.com.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" / May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

Barn/Garage/Yard Sale

INDOOR YARD SALE - Benefits local food bank. Something for everyone! Sunday Nov. 5th 8 am - 1 pm. Interlakes Elementary School 21 Laker Lane, Meredith.

Wolfeboro: Hospital & Community Aid Fall Fundraiser Barn Sale. Friday-Saturday, Oct. 27-28, 10a.m.-2p.m, 65 Pine Hill Road. Art, antiques, camping, books, furniture, lamps, sports, toys, christmas, electronics, and household items.

Lost & Found

Found Ads
Are published Free of Charge.
30 words for 1 week.

Lost Ads
Are Charged at our regular classified rates.

Call Toll Free
Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.nhfrontpage.com
24/7

HAVE YOU SEEN ME?
I AM LOST!
MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff colored male cat. I live on Pinnacle Park Road PLEASE CALL MY FAMILY at 279-7000. Reward if found.

Equipment And Fix

Generator for sale - 10,000 watt Vanguard with 16 hp Briggs engine, \$1200. Low hours, mounted on a dolly, electric start. 200 amp. manual generator switch also available. Located in Alton. 776-6068

Thank-You

Our line ad classifieds are on our website!
www.nhfrontpage.com

is the place to check our weekly classifieds online!
More great coverage and information from the

Salmon Press Town To Town Classifieds!

Why place your ads anywhere else?
1-877-766-6891

Thank you for browsing
The Town To Town Classifieds in the

West
Meredith News
Record Enterprise
Winnisquam Echo
Newfound Landing

Publication Rates (30 words)
\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
newhampshirelakesandmountains.com

Deadline:
Monday 10:30 am

Fuel/Wood

Firewood for sale: \$200 per cord, green, grapple loads also available. Pelletier and Son Logging and Firewood 603-569-4543.

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

Facility Assistance Needed:
Looking for someone who can help our Facility Staff at Camp Brookwoods, located in Alton, with cleaning, custodial, landscaping and other camp type projects that pop up. This position is NOT seasonal and goes through the winter. Looking for someone who can work 30-40 hours a week. Give Bob a call at 603-875-3600.

HAIR STYLISTS

Just Teazin Hair Studio is now looking for booth renters. We are excited to work with creative, enthusiastic, and passionate cosmetologist to join our busy salon. We offer competitive rates, continued education, lots of parking, friendly atmosphere, phone and internet service and more! Call today 603 569-4766

Knower Academics is hiring part and full time instructors. If you have in-depth knowledge of your subject area, strong organizational skills, or passion for teaching, please email a resume and cover letter to info@knoweracademics.com.

Professional/Technical

Busy, certified shop looking to add motivated Collision Technician to the team. Successful applicants will be able to complete quality repairs on all vehicles using the newest up to date equipment. Flat rate pay based on experience. call 603-788-4568; email ncfcollision@outlook.com, or stop by our 213 Elm St. Lancaster, NH location for more info

Real Estate


Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal
"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write
The Commission at
163 Loudon Road,
Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartment For Rent

Apartment for Rent - Sanbornton.
2 small bedrooms. Quiet country area. No pets. All utilities included. \$800/month + security deposit. References required. 603-387-9711

MEREDITH: PINWOOD KNOLL.
Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.
Call David at 253-6247 or 781-665-8400.

Rental Sharing

LACONIA: 1 ROOMMATE WANTED.
Clean, quiet, sober environment. Will go Fast!
\$140-\$150/week. Call 603-455-2014

Mobile/Modular Homes

LANCASTER-1993 Amber Ridge Mobile
Home-2 bdrm. Included-Fridge, stove, washer/dryer & 10x10 shed with electric. \$18,000. SMOKE & PET FREE
Call 603-788-3171 before 9 pm.

Thanks to Our Loyal Subscribers

Featching you the local stories and developments that matter most is what we do best, and we couldn't do it without your valued readership. Thank you for your support!


The Raysider
Granite State News
Newfound Landing

Meredith News
Littleton Courier
Coos County Democrat

Berlin Reporter
Record Enterprise
Carrol County Independent

Gifford Steamer
Winnisquam Echo

Call 877-766-6891 or go online www.SalmonPress.com to activate your Subscription today



Take time to be a dad today.

Call 877-4DAD411 or visit www.fatherhood.gov

Ad Council



HOW DO YOU STOP A MAN FROM HITTING HIS WIFE?


TALK TO HIM WHEN HE'S 12.


One in four women will experience domestic violence in her lifetime. You have the power to change that statistic. Teach the boys in your life how to have healthy relationships. Get conversation starters and tips at **TeachEarly.org**.


START THE CONVERSATION TODAY AT TEACHEARLY.ORG


FUTURES WITHOUT VIOLENCE Ad Council


AUG 2011

23 

24 

25 

26 


27 

What did the day before Hurricane Irene look like?
Any other day.

Prepare for tomorrow.
Ready.gov/today

Ad Council FEMA Ready

THINK UNDERAGE DRINKING DOESN'T AFFECT A TEEN'S BRAIN?



THINK AGAIN.

PARTNERSHIP FOR **drugfreeNH.org**
1-800-804-0909

TOWN-TO-TOWN CLASSIFIEDS



JOB: FULL TIME LABORER

JOB DESCRIPTION: North Country Environmental Services in Bethlehem, NH is accepting applications for a full-time laborer. Responsibilities include, but are not limited to, grounds keeping including litter pickup, snow shoveling, minor maintenance of buildings. Qualified applicants must enjoy working outdoors, have a strong work ethic, be safety conscious, be able to lift 50 pounds and be able to tolerate working outside in various weather conditions and terrains. 40 hours per week with some overtime when needed, uniforms, benefits including 401k, health, vision, and dental.

PLEASE SEND RESUME TO:
NCES Landfill • Attn: Joshua Casey
PO Box 9 • Bethlehem, NH 03574
Or apply on-line at www.casella.com



Division of BELLETETES, INC.

Kitchen & Bath Design Specialist

We are looking for an experienced Kitchen and Bath Designer with initiative and enthusiasm for a rewarding career. This position requires someone with excellent customer service skills in a service friendly work environment with attention to detail and the ability to multi-task. The successful candidate will be responsible for field measuring, 2020 design, scheduling of installations and invoicing. Work schedule includes Saturday hours.

If you have the skills required for this position and are willing to work in a team-oriented environment, please send your resume and references to:

Human Resources, c/o Belletetes Inc.
51 Peterborough Street, Jaffrey, NH 03452
or you may email to dbelletete@belletetes.com

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!

EOE

You're no ordinary
Customer Service
Representative

But then, this is no ordinary opportunity.

Potluck lunches, casual attire
(pajama days!)... We're serious
about service, but find time for fun.

We're also finding we have more
customers, which means more
Customer Service Representatives.

The schedule is flexible and the
benefits generous, including health,
dental, and some shiny new
fitness equipment.

Everything you need to know is right here:
garnethill.com/careers.
Hope to meet you soon!

Beautiful, Naturally.™
Garnet Hill



love is respect.org

Your Community Health Partner Since 1975

Is WHERE you work...
and WHO you work WITH
as important as WHAT you do?

Most of us spend at least 8 hours a day working. Shouldn't where you work, and who you work with be a key factor in choosing a place of employment? At ACHS, we think so. Our teams are made up of exceptional people, doing great things for local residents and their health. If you want to be a part of an organization that truly cares about their patients, their co-workers and their communities - come join ACHS!

ACHS is growing and HIRING for the
following full-time positions:

- Physician MD/DO
- Dentist DDS, DMD
- Behavioral Health - Substance Use Disorder Case Manager
- Community Health Care Worker
- Registered Dental Hygienist
- Certified Dental Assistant
- New Patient Coordinator
- Certified/Registered Medical Assistant
- Front Desk Receptionist - Medical & Dental



ACHS is a Federally Qualified Health Care Center with 5 sites providing integrated primary, dental and behavioral health care, as well as pharmacy services to nearly 10,000 area residents. Come work at an active, fun and caring organization with coworkers who really care. Interested? Please send cover letter and resume to: HR@achs-inc.org

EOE

Ammonoosuc Community Health Services
Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org

SCHOOL ADMINISTRATIVE UNIT #18
FRANKLIN SCHOOL DISTRICT

Substitute Custodians

Franklin School District is currently seeking substitute custodians.

Please send a letter of intent, resume, application & 3 letters of reference to:

Superintendent of Schools
Franklin School District
119 Central Street, Franklin, NH 03235

Waterville Estates

Experienced, Reliable,
Seasonal Plow Driver Needed.
Weekends and Nights a Must.

Apply In Person at
Waterville Estates Recreation Center
562 Winterbrook Road in Campton.
603-726-3082 • Ask for Steve



UPPER CONNECTICUT
VALLEY HOSPITAL

A Proud Partner of North Country Healthcare

FULL TIME OPPORTUNITIES

- LNA – 36 hours (night shift)
- INFORMATION SYSTEM SUPPORT SPECIALIST – 40 hours
- NIGHT CHARGE NURSE – 36 hours
- RN MED SURG - 36 hours (2 positions: night shift)
- RN MED SURG/ED – 36 hours (night shift)

PART TIME OPPORTUNITIES
• OR NURSE SUPERVISOR

PER DIEM OPPORTUNITIES

- CARDIAC REHAB NURSE
- HOUSEKEEPER
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- UNIT SECRETARY
- REGISTRATION CLERK
- RN

Apply Online at www.ucvh.org
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE

CLASSIFIED SELLS IT ALL

Steel Erectors,
Metal Roof & Siding Installers
Foreman, Leadmen
And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

BELMONT, NH

1 & 2 BR TOWN HOUSE APARTMENTS
VOUCHERS ONLY

- On site laundry, parking
- 24-hr maintenance
- Close to center of town

Must meet income limit guidelines

Rent starting at \$775/\$885 + utilities



Security deposit required.

Download application at



<http://www.sterling-management.net/application.pdf>
or call office at 603 267 6787



A Casella Company

JOB: PER DIEM SCALE OPERATOR

JOB DESCRIPTION: North Country Environmental Services in Bethlehem, NH is accepting applications for a part-time Scale Operator with potential for full-time employment. Responsibilities include, but are not limited to, maintaining accurate scale operations, reports and controlling the flow of traffic on the scales. Qualified applicants must be computer literate and possess strong people skills. Familiarity with PC Scale and a current NH Weighmasters license a plus.

PLEASE SEND RESUME TO:

NCES Landfill • Attn: Kevin Roy
PO Box 9 • Bethlehem, NH 03574
Or apply on-line at www.casella.com



SAU 68
Lin-Wood Public School
Lincoln-Woodstock Cooperative School District
72 Linwood Drive
Lincoln, New Hampshire 03251
Telephone (603) 745-2214



The Lincoln-Woodstock Cooperative School District, Recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces an immediate full-time opening for the 2017-2018 school year:

ELEMENTARY BEHAVIORAL
INTERVENTION SPECIALIST

Bachelors Degree preferred in childhood studies or equivalent. Interested parties should send transcripts, a letter of interest, a resume and three letters of reference to:

Frances Bean
Lin-Wood Public School
P.O. Box 846
Lincoln, NH 03251
603-745-2051

The Lincoln-Woodstock Cooperative School District is an equal opportunity employer.

Job Applications are available on our website at www.lin-wood.org under the "Employment" section.

Middle/High School Fax Number (603) 745-6797
Elementary Fax (603) 745-3730 • SAU Fax (603) 745-2352
Accredited by New England Association of Schools and Colleges

Every 8 minutes, we respond to a disaster.



American
Red Cross

HELP NOW ▶



Bears
FROM PAGE B1

and the visitors came through with a couple of chances that went wide of the net. Winnisquam had the

first corner of the game but Kylee MacDonald's impressive defense kept the visitors from getting a shot off, Hayleigh Letourneau then sent the ball through to MacDonald on a bid at the other end and the shot

went wide of the net. Newfound came back with a pair of corners, but the Winnisquam defense held tight, with Jasmine Peterson's shot stopped by the defense before it got through. Marchand came

back with a couple of runs into the zone but her shots didn't make it to the net. Hannah Eastman came through with a good defensive stop and then Savanna Bony sent a ball in to Caroline Marchand but the Winnisquam goalie came out to push the ball away.

The visitors had a pair of corners but could not convert and at the other end, Julianne Marchand's crossing pass didn't connect in front.

Winnisquam had a trio of penalty corners that tested keeper Montana Bassett and the Newfound defense and they held tight, keeping the ball out of the net.

Katy Drapeau sent a good ball up to Julianne Marchand and Bony fed Madison Hanley for a bid that was denied and Julianne Marchand's bid on the rebound was also denied.

Newfound had a corner but could not get a shot off and Winnisquam had a corner as the first half came to a close, but Newfound's defense kept the ball away from the cage and the game went to the half tied at zero.

The host Bears had a corner chance out of the gate in the second half but Winnisquam's defense kept the ball away. At the other end, Bassett turned away a bid by the visitors and Peterson and Caroline Marchand teamed up on a bid that went wide. Bony also had a shot go wide of the net and then MacDonald

and Caroline Marchand teamed up as well but their bid was denied. Bony found Julianne Marchand for a bid that went wide and both Marchand sisters had bids in the zone that were denied.

Newfound had a corner chance but could not convert, while Eastman had a nice clear at the other end of the field.

Winnisquam had a trio of corners, with MacDonald and Letourneau turning in great defense to keep the ball out of the net.

Newfound got a corner with just less than seven minutes to go and capitalized. Letourneau sent the ball in from the top of the circle to MacDonald near the side of the net. She redirected the ball past a charging keeper to Julianne Marchand, who tapped the ball in for the 1-0 lead.

MacDonald and Peterson came through with good defense on a pair of Winnisquam corners and Letourneau was able to come through with a good clear in the final minutes as the hosts got the 1-0 win, advancing to the semifinals to face Gilford for the second year in a row.

Peterson noted that MacDonald's defense on corners was key, as the senior works hard to get a good jump on the ball when it is inserted. They had looked at tape of what Winnisquam likes to do.

"We had some of the setups with what to

look for," Peterson said. "If nothing else, it gives her an extra split second.

"That fact that she is just fearless getting out there, she gets to a lot of plays," the veteran coach continued. "It makes a huge difference having her out there."

Peterson also noted that Winnisquam coach Cherie Snow made a good adjustment from the team's previous meetings and praised the work of Madison House for the visitors against Newfound's right side.

With Winnisquam in the rearview, the Bears turned their attention to Gilford for the semifinals, which will take place today, Oct. 26, at 7 p.m. at Bill Ball Stadium in Exeter.

"The key to playing Gilford is Kellie Ryan," Peterson said. "The whole team goes through Kellie Ryan and if you contain her, it makes a huge difference."

Peterson noted that the plan was not to put one person on Ryan, but rather rely on the middle of the field, using a combination of Bony, Letourneau, MacDonald, Peterson, Drapeau and Tiffany Doan.

"We're strong enough through the middle," the Bear coach said.

The Division III finals will be held on Sunday, Oct. 29, at 2:30 p.m. at Bedford High School.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



America's Heroes will be celebrated in the November 9th

★ **Plymouth Record** ★ **Newfound Landing** ★
★ **Meredith News** ★ **Gilford Steamer** ★
★ **Winnisquam Echo** ★



Help us salute our troops and Veterans by placing a signature block within our page.

★ **1/2 Biz card: \$25**
★ **Full Biz card: \$50**

Deadline for ad copy is November 3rd at 12pm

Contact Tracy or Lori
603.444.3927
or email
lori@salmonpress.news

Dear patients, friends, and neighbors,

The practice of Dr. Joan Eversole will be changing its business name however the same professional kind staff, the warm inviting office and caring atmosphere that you have come to know and love are still here for you. We have introduced and added to our staff both Dr. Nadar and Dr. Lefty to care for your dental needs. For those of you who are new to our practice or have not been in for more than 18 months, we would like to extend a

WE ARE OFFERING:

- \$49 exam, regular cleaning and x-rays
(This is a savings of over \$200)
- \$0 cost Implant and Invisalign consultations
(This is a savings of over \$100)

Offer expires 11/30/17

Ad must be presented at time of appointment

We look forward to making your smile brighter.

Dr. Joan Eversole

2 South Main Street • Plymouth, NH 03264 • 536-1445