



# The Baysider

THURSDAY, NOVEMBER 23, 2017

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FREE

## PMHS board gives budget preliminary approval

BY DAVID ALLEN  
Contributing Writer

ALTON — The Prospect Mountain High School Board gave preliminary approval to its proposed budget for the 2018 - 2019 school year at its Tuesday, Nov. 7 board meeting. The proposal now goes to the joint budget committee for its review.

The budget will come before the voters in two parts. The major portion of the budget amounts to roughly \$7,940,600. This is actually \$6,200 less than the

budget for the current 2017-2018 school year.

Voters will also be asked to approve a new contract with the PMHS Teachers' Association. This will add an additional \$109,800 in teacher compensation to the budget cost. At this point the Baysider does not have details of the contract agreement, so there is no breakdown of the increased compensation.

Negotiations between the parties broke down last spring because the board and

Teachers' Association were at an impasse.

The parties agreed to resume negotiations in September and apparently were able to work to an agreement in a few weeks.

The total amount of the 2018 - 2019 bud-

get including the cost of the new contract is \$8,050,400. That amounts to an increase over the current year's budget of a little less than 1.4 percent.

The board also approved a warrant article to add \$40,000 to

the Athletic Fields Maintenance Trust, with Alton and Barnstead each paying half of that amount. For the past several years the warrant article for this fund has been half that amount. The PMHS administration is sug-

gesting an increase this year because the rebuilding of the track last year emptied out most of the funds that had accumulated in that fund.

Superintendent Robert Cullison reported to  
SEE PMHS, PAGE A12

## Windmills, healthy eating, co-teaching all on school board agenda

BY BRIAN MURRAY  
Contributing Writer

ALTON — For fifth graders in one of Rick MacDuff's Alton Central School STEM classes, their recent project was a breeze.

Five students from the 24-student Science, Technology, Engineering and Mathematics class explained the Windmill Project to the SAU 72 School Board at its monthly meeting on Monday, Nov. 13.

The presenting students were Randall Preston, Ryan Boles, Bradley Laurin, Robin Souliere and Celia Argue.

One-by-one, the students stepped up to the microphone and talked about what the project taught them, first explaining to the panel the process and end-product and then showing the board members their windmills up close.

MacDuff later explained in an e-mail that the windmills taught the students about building from and following instructions, problem solving and the engineering associated with building real windmills.

Students also learned to use a volt meter and measure the voltage drop with the decrease of wind. For classroom purposes, the windmills were powered by a variable speed table fan.

MacDuff also wrote that students in the STEM class each built

their own and were able to keep and take them home.

Prior to other agenda items, board members heard two additional presentations after the students spoke.

Food Services Director Sam Cowan gave board members a hand-out and an overview of the healthy food program phased in over the past year.

Cowan said he encourages students to take their healthy food lessons home with them, but one large difficulty the program is up against is that with the area offering so many fast-food and prepared options that healthy eating lessons are often left behind at school when the students leave the building.

Another issue at lunch, he explained, is the students are allowed to decline certain food groups and design their own tray.

But he said when food services offers sliced up fresh fruit and veggies in cups to grab-and-go,

SEE ALTON, PAGE A11



COURTESY PHOTO

### Talking books

Fifth graders from New Durham School recently took a field trip to the New Durham Public Library for a tour of the place and some book talks on reading material they would be interested in. "We turned them loose," Library Director Cathy Allyn said, "and it was heartening to see how eager they were to take out books."

## Students get powerful message from Broderick

Retired justice joined by Commissioner of Education at PMHS event

BY CATHY FRASER  
Contributing Writer

ALTON — On Nov. 16, students at Prospect Mountain High School (PMHS) received a powerful message from retired Justice John T. Broderick Jr. and Commissioner of Education Frank Edelblut. Broderick spoke for 45 minutes to the entire school community. He told the rapt audience that he admired them for being "the least judgmental generation in the history of the United States," and requested their help in changing the culture in the US toward men-

tal illness.

Broderick spoke about his own fears and misconceptions about mental health, saying that his generation, "dropped the ball." He recalled how his parents avoided people with mental illness, and how it was a subject no one talked about.

When his son, Christian, started withdrawing to his room to draw when he was 13, Broderick didn't recognize there was a problem. Christian withdrew from normal activities all through his high school years. When

he went to college, Christian, "majored in drinking." He was unkempt and disorganized and some of his friends brought their concerns to Broderick's attention. Broderick said he had no idea how to help and thought his son might grow out of it.

All through graduate school, Broderick's son continued to drink. When he got a job, he lost it within weeks, a pattern that repeated over and over until he was identified as an alcoholic. Broderick said Christian never admitted to having a

problem with alcohol and claimed that it was "not his fault" that he lost jobs.

Broderick put his son in rehab several times but it never helped because it wasn't touching the underlying problem.

SEE BRODERICK, PAGE A11

### Blood drive at PMHS Nov. 29

ALTON — Prospect Mountain High School is hosting a Red Cross Blood Drive. Sign up now and come to the PMHS auditorium on Wednesday, Nov. 29, from 2 to 7 p.m. to donate blood with the American Red Cross. By donating a pint of blood, you can save three lives and help with valuable research. Fully open to the public, you can register online at [www.redcrossblood.org](http://www.redcrossblood.org) and save time when you show up by using Rapid Pass the day of your donation. The blood drive is sponsored by PMHS National Honor Society.



COURTESY PHOTO

### In Capetown

Fern Brennan from New Durham poses with the Baysider in Capetown, South Africa on top of Table Mountain. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to [baysider@salmonpress.news](mailto:baysider@salmonpress.news).

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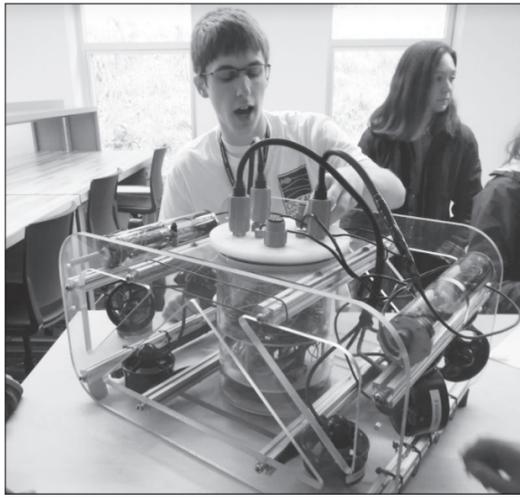
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# Alton Central students dive deep

BY GRACE SIMENSEN  
Alton Central School

ALTON — On Friday, Oct. 13, Alton Central School students in Derek Pappaceno's seventh and eighth grade class, Diving the Depths, had the opportunity to go to Ocean Discovery Day at UNH. The team gained new information about how UNH explores and helps oceans. They took away this new information and are now planning to apply it in doing beach cleanups and other helpful activities that are beneficial to the ocean.

They visited several of the exhibits, including dissecting Portuguese Squid, whale tracking, and a lesson on Horseshoe Crabs. Did you know that a Great Bay Oyster will filter about 30 gallons of water each day. There also was an exhibit about what sea animals sound like underwater, which



COURTESY PHOTOS

ALTON CENTRAL students took part in Ocean Discovery Day at UNH.

was very interesting. The information that the students learned and documented will help them better understand and appreciate the oceans so that even small town Alton students can make an impact on helping the oceans.

While they were on



the field trip they got to learn about different kinds of robotics. For example, they got to learn about Ben, an automated boat that can also be remote controlled. It maps the sea floor and tracks everything it goes over. It has 10 computers that send the data it finds back to a control center. There is also a smaller boat that runs off a battery, named the Z boat. It can only go five hours without recharging and has three different computers to send data. It is mainly used for testing the technology that will be used on the more expensive Ben. Boats like these help

people better understand what lays right beneath their feet, the ocean.

The group is very grateful that they had the opportunity to learn about the ocean through real-life experiences. In their class, the students teach and work together to research the ocean and teach their classmates about their own knowledge. Earlier this fall, they did a survey to other students and staff at Alton Central School to see what they knew about oceans, the sea life, and how it's affected by pollution. The survey found that most of their peers know little about the ocean.

They are working diligently and learning more about leadership skills to apply to school and even their home lives.

The newly formed team aspires to visit Jenness Beach this academic year and potentially do a trash cleanup. With the collected trash, they would like to create a sculpture of marine-life to promote awareness for the trash-infected oceans. They applied for a grant and are hoping to use this for a beach cleanup day with the Blue Oceans Society, based out of Portsmouth.

On Wednesday, Nov. 1, the program coordinator and educator, Rebecca Murillo from the Blue Oceans Society came to the classroom to show them what a beach cleanup would look like and explain what Blue Oceans Society does. They learned about the trash and microplastic that the Blue Oceans Society finds in their monthly beach cleanups.

Almost every Friday, the students have participated in a ship-to-shore conversation with the staff on the E.V. Nautilus. The E.V. Nautilus is an exploration vessel that maps and studies the ocean. The Nautilus has its own webpage, which you can visit at [nautiluslive.org](http://nautiluslive.org) for more information. The group at ACS has learned a lot about sea-life and ocean mapping because of their experience at UNH Ocean Discovery Day and their collaboration with the E.V. Nautilus.

## PMHS sophomores hosting shoe drive

ALTON — The Prospect Mountain High School Class of 2020 is hosting a shoe drive fundraiser. All collected shoes will be delivered to developing countries, such as Ghana, Bolivia, and Haiti. These shoes are sold at significantly

lower prices and create working opportunities. The sophomore class is profited with every pair of donated shoes. Their goal is to collect 300 bags of 25 pairs each. Shoes must be wearable and have no holes. Please donate in any of the white cardboard do-

nation boxes stationed at the Alton Town Hall, the Barnstead Town Hall, or in the reception area at PMHS. The fundraiser is currently taking place and will run through Jan. 20. All donations are helpful and are greatly appreciated.

### HAPPY 10 YEAR ANNIVERSARY REBECCA!



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Thank You Rebecca for your daily dedication to our practice, team and patients. We look forward to another decade!



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ELISSA PAQUETTE

NEW DURHAM Elementary School teacher Emily Hastings talks to parents, teachers and GWRSD board members on Nov. 6 about the Social Emotional Learning program. Student Cormack Welch listens with interest up front.



ELISSA PAQUETTE

NEW DURHAM Elementary School student Gracie Mouradian (left) takes a turn speaking to GWRSD board members Ernie Brown (at large member) and Julianne Cardinal (New Durham representative) about a listening and responding exercise she and Brayden Barbarisi, Jayden Watson, and Ayden Peluso demonstrated during the board meeting on Nov. 6.

# Governor Wentworth board travels to New Durham

BY ELISSA PAQUETTE

Contributing Writer

NEW DURHAM — It was New Durham's turn to host the Governor Wentworth Regional School District board meeting, held this month on Nov. 6 at the New Durham Elementary School. Principal Kelly Colby Seavey welcomed the board and thanked it for its support.

Before introducing a segment featuring student demonstrations, Colby Seavey offered appreciation for dollars spent on building maintenance, including the roof, exterior painting, a foldable wall to delineate areas as needed, stage curtains, the stripping and waxing of floors and improvements to the clock tower.

She noted that the clock tower improvements involved a special art enrichment group of grade four through six students with Mr. Stasiuk, and collaboration with the Lakes Region Technology Center's metal shop run by Scott Meserve. Metal cutting was done by student James Donovan, followed up by blacksmith Peter Hapney of Portsmouth.



ELISSA PAQUETTE

NEW DURHAM Elementary School teacher Emily Hastings talks to parents, teachers and GWRSD board members on Nov. 6 about the Social Emotional Learning program. Student Cormack Welch listens with interest up front.

Colby Seavey reviewed school events and activities, including robotics competition, parent /teacher conferences, quilting club, a concert to benefit the Earthkeepers program, and plans for Camp Invention in 2018.

Board members were then invited to visit several stations set up around the gym for presentations by students and teachers on activities related to the school's Emo-

tional Social Learning program (initiated by 5/6 grade teacher Em-

ily Hastings) and guidance counselor Keith Conley's Zones of Regu-

lation exercises.

Colby Seavey told the board that the entire staff read Trauma Sensitive Schools by Susan E. Craig this past summer and the

school has been focusing on improving student behavior as they work toward achieving physical, emotional, social and cognitive balance.

## PMHS class hosting dance show

ALTON — As a kick off to the holiday season and Alton's tree lighting weekend, PMHS Class of 2020 is hosting Alton Dance Academy's Winter Show in the Prospect Mountain High School

auditorium. Come be swept into Whoville on Dec. 1 at 7 p.m. Admission proceeds go to the PMHS sophomore class. The PMHS senior class will also be selling Grinchy concessions.

### PIG OF THE WEEK by D.A. Hammond

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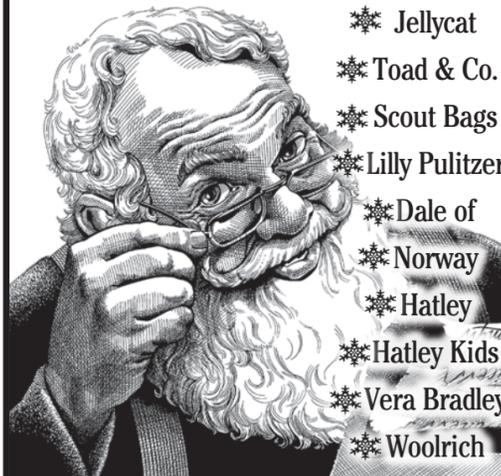
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# Opinion

SECTION A, PAGE 4

THE BAYSIDER, THURSDAY, NOVEMBER 23, 2017

## Much to be thankful for

This is our Thanksgiving issue, which means you get to peruse our paper a day earlier than normal. We are closed on Thanksgiving, so in order to give our hard-working delivery drivers the day off, we put the paper out a day early. We hope wherever you are today, you have something to give thanks for.

In a world where differences seem to be increasingly more difficult to overcome (at least for some people), we here at The Baysider are incredibly thankful for many things and we like to use this space to make those things known.

First and foremost, we are thankful for the many advertisers who purchase space in our newspaper week after week. Without them, there would be no paper for you to read. These businesses step up to the plate and support another local business by purchasing advertising space and we ask that if you are out and shopping on Friday or Saturday (or any day for that matter), you stop at some of the businesses who's advertisements you see in our paper each week. The newspaper business is not an easy one, but great advertisers are what allow us to continue to be successful and to continue to offer you this paper each week. We are thankful for them each and every day.

We are also thankful to the writers who help to make this paper possible. Most of our writers have other commitments and in most cases, other jobs, but still find time to come through with quality stories each week. We are also thankful for the help of writers for our company's other papers, including Elissa Paquette of the Granite State News, who covers the Governor Wentworth Regional School District so well.

We are also thankful to our columnists, who provide us with regular pieces that we hope you find entertaining or interesting. These folks include Mark Patterson, Vivian Dion, Jack Miller and John Harrigan. Most of these folks write because they enjoy it and provide us their content free of charge. Their abilities make our papers better and we are grateful for their contributions each week.

And finally, we are thankful for you, our readers, who continue to help make our paper the best it can be. Submissions from readers are what helps to fill the paper every week. Be it letters to the editor on a wide variety of subjects, press releases from events around the community or photos that you've happened to capture in our communities (and beyond), your contributions to your local newspaper are greatly appreciated and we couldn't do it without you.

We should also extend a big thank you to everyone who has continued to send us pictures of them enjoying the Baysider around the world. It's been exciting to see where the paper goes. We hope you continue to keep those photos coming in the next few months (if you sent one in recently, it's likely in line to run soon).

Happy Thanksgiving.



COURTESY PHOTO

### ACS shines

Alton Central School's Team Bobby participated in the NH First Lego League competition at Bishop Brady High School this past weekend. The team researched how to improve the transportation of water in less developed countries and presented a skit based on their research. Their team-designed robot came in sixth place at the tournament allowing them participation in the championship elimination round. Pictured here is the team (l to r), coach Pappaceno, Caitlin Cliche, Logan Jenista, Logan Cliche, Kenny Fontaine, Nathan Leavitt and Mason Pappaceno.

## Letters to the Editor

### It's about money

To the Editor:

According to the NH State Fire Marshal's web site, about 80 percent of fire departments in New Hampshire operate as a call or volunteer departments and that call fire departments compensate firefighters on a per call basis; or they may include a monthly stipend. This is not the case in Alton where firefighters are classified and paid by the town as appointed part-time public employees.

An Alton town report reveals that in March 2006, by petition warrant article, the voters of Alton approved changing the organization of the fire department by abolishing the position of elected fire wards pursuant to RSA 154:1-(d) and choosing in its place the organization that allows for a fire chief to be appointed by the local governing body, with firefighters appointed by the local governing body on the recommendation of the fire chief pursuant to RSA 154:1-I (b).

While the appointment of a fire chief and firefighters by the Alton selectmen does not alter the legal classification of a call department, the manner in which they decided to compensate these individuals most assuredly did.

Making matters worse, the town of Alton personnel manual specifically identifies all of the categories of employees of the town, along with their benefits, work conditions, and responsibilities. These employee categories include regular full-time employee, regular part-time employees, and seasonal, temporary, or part-time employee. Alton firefighters working less than 20 hours per week for at least 52 weeks per year do not fit into any of the town's classifications of employees.

Understanding how the Alton fire department is organized and how its members are paid should be simple and straightforward. This is true because those who pay the bills (taxpayers) have every right to ensure the fire department has been legally established and that employees of the department are being paid properly.

I want to conclude this commentary by identifying why I believe the Alton fire department does not function as a true "call" department like it should: Money. It's always about the money.

Jeffrey Clay  
Alton

### New Hampshire needs fair taxes

To the Editor:

Recently Jeb Bradley, comparing taxes in New Hampshire and Vermont, painted a rosy picture of our "low" taxes and a dismal one of Vermont's "high tax woes." But having fewer or lower taxes does not necessarily equate to fairer taxes.

Graduated-rate personal income taxes are much fairer than real estate and sales taxes, which are regressive and place a much greater tax burden on the poor and middle class. Such is true of New Hampshire, which relies almost exclusively on real estate taxes to pay for schools and vital services. Vermont, which has a personal income tax, has been rated as having the sixth least regressive tax structure among the states while New Hampshire is only 27th. Vermont scored third for having more equal rates between low and high-income taxpayers. We scored 44th.

Regressive taxes increase income inequality, a growing problem everywhere. New Hampshire now

has the fastest growing income inequality in the US. We also have the highest median income (\$76,260). But the median incomes of our towns vary greatly. Compare the highest (Bedford at \$123,423) and lowest (Clarksville at \$27,917). This inequality is reflected in our real estate tax rates. Wealthy towns tend to have the lowest. An extreme example: New Castle has a rate of \$5.85, while Berlin pays \$39.19. This is outrageous and unsustainable.

A comparison between our towns of Alton and Barnstead is enlightening. The towns have an almost identical median income (\$66,000+) but property-rich Alton pays a rate of \$12.86, while Barnstead residents pay more than twice that (\$28.90) to ensure a quality education for their children.

It is time to renounce our hackneyed and outdated Pledge. New Hampshire needs fair taxes.

Jane Westlake  
Barnstead

## Supporting CACR19

### COMMUNITY CORNER



BY DOUGLAS DARRELL

Barnstead

AND MONICA CHRISTOFILI

Newmarket

We are writing in support of the recently proposed state Constitutional amendment CACR19. This amendment would secure NH citizens' right to self-government, thereby guaranteeing local communities the authority to protect the health, safety, and welfare of individuals, communities, and ecosystems. While this right and authority is already supported in Articles 1, 2, 8, and 10 of our NH State Constitution's Bill of Rights, it is not yet specifically recognized.

Such recognition has been a long time coming to strengthen and restore "We the People's" right to self-determine the future of the communities we live in. This right has been all but suffocated by corrupt corporate privilege that has been woven into law and upheld by judicial precedents. Together with state preemption, this weakening of citizen rights at home has left us with no defense when corporate projects come to develop or to extract resources in our towns—much less when these projects contaminate where we work and live, often with toxic waste.

We've seen this happen all across our state. We should be able to have a recognized right to local decision-making authority to determine whether or not we want these projects in our communities.

By empowering people with authority to use this self-determining voice, CACR19 would reinforce the viability of our civil rights by supporting our democratic right to cultivate communities founded in peace and civility in which no person or entity has free pass to violate the health, safety, or well-being of another person or of nature, and certainly not for

profit. Each day that our government denies us full participation in determining this cultivation, we are discriminated against—blocked from accessing and engaging in our rightful democratic process to protect our basic and inalienable rights that are not limited to but which include our right to clean air, water, and healthy ecosystems.

These inalienable rights were the ideals that birthed this nation's experiment in democracy. And what is democracy if it is not the civic employment of people's inalienable right to have demo-

SEE CORNER, PAGE A5



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ESTABLISHED APRIL 7, 2005

Offices at 5 Water St., P.O. Box 729,  
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The Baysider is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Baysider, P.O. Box 729, Meredith, NH 03253.

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# One of a kind climate course offered at Prospect Mountain

BY SYDNEY DEJAGER  
Contributing Writer

ALTON — “There is no Planet B,” warned high school teacher Sarah Thorne. Climate change is happening, and despite the ease of pointing fingers to the south, where recent hurricanes devastated both cities and entire countries, climate change is happening here. However, the shifting climate is not displayed in New Hampshire through destroyed roads and buildings, but rather through the efforts of a local high school to educate its students about it. “Climate Earth” is the name of the year-long course offered at Prospect Mountain High School, and it is the only high school class of its kind in the state of New Hampshire.

The purpose of the course is to further students’ education about the changing climate and some of the measures that they can take to help partially prevent it. As a part of the 15-student class, I have found that we all share a genuine concern for our slowly declining climate. The course was first

proposed by its current teacher, Thorne. Around five years ago, she noticed her students’ curiosity and growing awareness of our changing climate. Many students in her Field Ecology course were asking questions about climate that really needed more thought and time to answer than the class period allowed. “There were really just too many good questions, and not nearly enough time for me to answer them,” she said to me. “I really felt like I needed to do something.” After she took a series of courses on the subject through the American Museum of Natural History and the American Meteorological Society, she developed a course proposal and outline. It didn’t take long for the course to be approved, and the first class was offered in 2014.

Since then, the class has been very successful, drawing students with a concern for the transforming climate. “Students really must understand the changing climate and its effects, simply because their future is going to be directly affected by it,” Thorne warned.

“There is so much confusion surrounding the topic right now, and this class can really help students sift through information they receive.” Already this year the class has engaged in efforts to track our climate, as well as learn of ways it is affecting different industries and potentially affect our society as a whole in the future. For example, “tipping points” have been a recent topic of discussion in the class, meaning a critical change in the climate of an area that permanently alters it. What could be tipping points in New Hampshire’s climate? How can we be affected by the transformation of our climate is undergoing? It is through considering questions like these that help form the foundation of the students’ understanding of the repercussions of the changing climate.

Aside from increasing comprehension of future effects that climate will have on daily life, the class participates in efforts to decrease Prospect Mountain High School’s carbon footprint. This is done as the school

nears the end of the school year. The class takes an energy and electricity usage audit, tracking where the school uses the most energy. Despite the class usually trying to make the school more efficient in small ways, a couple years ago the Climate Earth class was able to make a real impact on the school’s energy usage. After taking their annual audit, the class determined that the lighting fixtures throughout the school used an extensive amount of energy, something that could be fixed with relative ease. “It was really crucial that the class presented their findings to the school’s administration because we were able to really suggest the concept of replacing the school’s lighting,” said Thorne. The school has since replaced all the lighting in hallways and classrooms to LED bulbs, a much more efficient and inexpensive way to light the building.

Tackling climate change seems like a major obstacle, but it becomes less of a challenge when it is broken down onto a more indi-

vidual level. Although it seems like a cliché to state that everyone can make a difference, it is very true. Stay informed through reliable news sources, talk about the subject with others, read through articles and books, or even calculate your own carbon footprint online. It isn’t difficult to find ways that you can stay up-to-date with this constantly developing situation.

“Climate change can be an overwhelming topic, but we know how to solve the problem. Everybody can do something that will slow change, this really isn’t a problem we need to wait to solve,” Thorne reminded. And it’s true, just look at the progress Thorne has been able to make with her students. Small efforts can make a big difference.

## Legion hosting Thanksgiving dinner

ALTON — There will be a free Thanksgiving dinner at the Claude R. Batchelder American Legion Post 72 in Alton on Thanksgiving Day from noon to 3 p.m., all are welcome.

## Robotics boosters holding fair on Dec. 2

ALTON — The PMHS Team 319 Boosters is holding its first craft and vendor fair on Dec. 2, from 9 a.m. to 2 p.m. at Prospect Mountain High School. Vendors and crafters are still wanted. For information on table space, please contact Michelle Kelley at MKelley5199@metro-cast.net. Information can also be found at www.frc319.com.

### CORNER

(continued from Page A4)  
cratic authority over what happens in their communities? When we cannot protect ourselves through the self-government so integral to the principles of our Revolutionary ancestors, then we are not living in a democracy. We must not let this right to self-government go unchampioned by a disengaged sense of civic duty, nor can we afford to lose it amidst the animosity found in our divided political aisles. Now is the time to unite both community and bipartisan solidarity and action to recognize our right to self-government.

Sharing these sen-

timents is Ellen Read, NH Representative of Rockingham District 17 and the proposer of CACR19: “I truly hope my colleagues join me in supporting the Community Rights Amendment because it means doing exactly what we came to Concord to do—protect the people and ecosystems of NH. This Amendment places the power back into the hands of the governed, the very thing our Revolutionary ancestors fought for.”

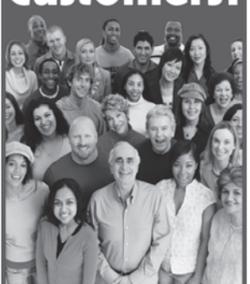
What the Revolutionaries of this country fought for was not something they could buy. It was the right to pursue a self-determined life of honesty and goodness. For our

legislators to deny us an enlightened path to access this self-determination is for them to admit doubt in their constituents’ ability to reason over and to trust in the goodness that is in ourselves and in the ecosystems around us. CACR19 will secure our right to protect this goodness for a new future honoring people’s and nature’s natural right to sustainability.

The NH Community Rights Network (NHCRN), of which we are board members, supports Representative Read’s call to amend the state constitution to recognize the right of local community self-gov-

ernment. NHCRN is a non-profit, grassroots organization that seeks to empower communities and elected officials with education and authority about our individual and collective right of local self-governance in order to secure and protect the inherent and unalienable rights of all inhabitants of New Hampshire to economic, social, and environmental justice. For more information about the NHCRN or the proposed constitutional amendment, contact info@nhcommunityrights.org or visit www.nhcommunityrights.org.

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- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM’s may not work)

**DURING**

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

**AFTER**

- Throw out unsafe food

www.Ready.gov/blackouts



# KRMS gets go-ahead for NELMS study

BY ELISSA PAQUETTE  
Contributing Writer

WOLFEBORO — Kingswood Regional Middle School Principal Aaron Bronson described the evaluation process of the New England League of Middle Schools (NELMS) to the Governor Wentworth Regional School Board at its November monthly meeting as he sought official approval for starting the process at KRMS.

Bronson said first surveys are passed out to students, parents and teaching staff to gather information. The data is then collected and collated for a five-member visiting team, whose mem-

bers will spend three days at the school interviewing teachers, board members, district staff, visiting advisories and observing how the school runs.

The survey information and personal observations are integrated into a report highlighting the strengths and weaknesses of the school and offer opportunities and suggestions for improvement. A three to five-year plan will emerge from the study.

Bronson introduced teacher Katie Small to share her recent experience as a NELMS visitor at Cohasset Middle School, in Cohasset, Mass.



Small said she had just returned from three and a half days in Cohasset, where she and other members of the team “spent every waking moment we could in the middle

ELISSA PAQUETTE (Left) KINGSWOOD Regional Middle School Principal Aaron Bronson spoke about the New England League of Middle Schools assessment program to the GWRSD school board on Monday, Nov. 8, in the New Durham Elementary School gym.

school.” The NELMS web site lists seven areas of examination using the overarching indicator

volvement.

Small said the data presented to the site team before visiting the school comes in pie chart form, allowing members to look for trends and overarching themes. There is a narrative for each section, which she described as “quite comprehensive...I’m very excited that NELMS is coming to our school.”

The board gave its unanimous support with a comment from Chairman James Manning that “It will be interesting to see what the outcome will be.”

## Library closed for Thanksgiving holiday

ALTON — The Gilman Library will be closed on Thursday, Nov. 23, Friday, Nov.

24, and Saturday, Nov. 25, in observance of the Thanksgiving Holiday. On behalf of everyone

at the library, the staff wish everyone a safe and Happy Thanksgiving.



### ALTON POLICE LOG



ALTON — The Alton Police Department responded to 183 calls for service during the week of Nov. 12-18, including four arrests.

One male subject was taken into protective custody of intoxicated person.

One male subject was arrested on a bench warrant and fugitive from justice.

One male subject was arrested for theft, burglary and conspiracy to commit.

One male subject was arrested for conspiracy to commit.

There were nine motor vehicle accidents.

There were two suspicious person/activity reports on Main Street and Fnehy Road.

Police made 25 motor vehicle stops and handled 10 motor vehicle complaint-incidents.

There were 137 other calls for services that consisted of the following: One neighborhood dispute, two fraudulent actions, three assist other agencies, three pistol permit applications, two animal complaints, two juvenile incidents, two domestic complaints, one general assistance, one miscellaneous, two wanted

person/fugitives, 15 alarm activations, one lost/found property, four highway/roadway hazard reports, two sexual assaults, three general information, two sex offender registrations, one criminal threatening, two relay/deliveries, one stalking complaint, two civil matters, one wellness check, one abandoned motor vehicle, seven community programs, 48 directed patrols, one follow-up training, one 911 hang-up, one motor vehicle lockout, three medical assists, 16 property checks and six paperwork services.



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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Cherry Valley Road	Residential Developed Land	\$50,000	Everett R. and Brenda A. Davis	Andre Thibodeau
Alton	Linwood Drive	Residential Developed Land	\$35,000	Danny J. and Cydney S. Johnson	Jeremy and Jaclyn Mains
Alton	88 Scott Dr.	Single-Family Residence	\$100,000	James and June Dufford	Jonathan W. and Ruth A. Swain
Barnstead	Province Road (Lot)	Residential Open Land	\$155,000	Clear Creek Builders LLC	Raymond Juneau
Barnstead	Province Road	N/A	\$10,000	Gregory A. Ashley and Jeffrey P. Mancovsky	Thomas P. and Karen F. Jeffrey
New Durham	5 Ela Mill Rd.	Single-Family Residence	\$265,000	Linda L. Cormier	Jeffrey A. Mitchell

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# Busy times at Oscar Foss Memorial Library

**BARNSTEAD** — The Oscar Foss Memorial Library Middle School Writers Club meets on the second Thursday of each month from 5:30 to 6:15 p.m. Meetings will involve writing exercises, time to share what you're writing and get feedback, and an opportunity to have your work published in the library newsletter. This group is geared towards ages 9-13. If you have any questions, contact Jerissa at 269-3900 or e-mail [jerissa.ofml@gmail.com](mailto:jerissa.ofml@gmail.com).

**Middle School Graphic Novel Club**  
The Middle School

Graphic Novels Club meets on the third Wednesday of each month at 3:45 p.m. Join Maddison in discussing and discovering interesting graphic novels. This group is geared towards ages 9-13. If you have any questions, contact Maddison at 269-3900 or email [maddison.ofml@gmail.com](mailto:maddison.ofml@gmail.com).

**Teen Writer's Group**  
The Teen Writer's Group meets at the library on the first Thursday of each month at 6:30 p.m. Teens 14-18 years are welcome to attend for sharing, discussing

and improving their writing. If you have any questions, contact Lindsey at 269-3900 or email [lindsey.ofml@gmail.com](mailto:lindsey.ofml@gmail.com).

**Teen Advisory Group**  
The OFML Teen Advisory Group is a group of teens ages 12-18 who assist the library with a number of things such as Program Development, Teen Tech Advisor, and YA Collection Development. You can also help out by shelving and covering books, setting up for programs or assisting with preparations for

some of the children's programs. Participation looks great on college applications, and everything qualifies for community service hours. Meetings are held the fourth Thursday of the month at 7 p.m. You can get started by filling out the form online at [www.oscarfoss.org](http://www.oscarfoss.org) or at the circulation desk in the library. If you have any questions, contact Lindsey at 269-3900 or email [lindsey.ofml@gmail.com](mailto:lindsey.ofml@gmail.com).

**VISTA volunteer needed**  
The Oscar Foss Me-

morial Library and Barnstead Adventure Zone program have been approved for a VISTA grant. VISTA stands for Volunteers In Service To America. As a VISTA, you will work for a minimum of one year to build programs, create change and fight poverty in NH communities. The VISTA for the library's program will work to grow the volunteer base, develop sustainable programming and fundraising and create marketing campaigns that engage the community and increase involvement. For more

information please contact Danielle at the library or visit the web site.

Please call the library at 269-3900 or visit [oscarfoss.org](http://oscarfoss.org) for more information about any of the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed Sundays and Mondays.

# Coffee with the town continues in December

**NEW DURHAM** — The Town of New Durham has announced a community connection initiative, "coffee with the town."

The hope is to foster communication and connections between town officials and staff and the residents that they serve.

"Coffee with the town" will take place the first Wednesday of each month from 9 to 10 a.m. at the New Durham General Store, located at the corner of Depot Road and Old Bay Road.

Residents are invited

to stop by the general store and meet local officials and staff. Residents are welcome to ask questions, provide comments and offer opinions and needs. These town officials and staff will help in getting answers to questions and listen to concerns and needs.

The first "coffee with the town" took place with Town Administrator Scott Kinmond.

The upcoming schedule includes Selectman Chairman David Swenson on Dec. 6.

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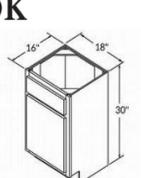
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# OBITUARIES

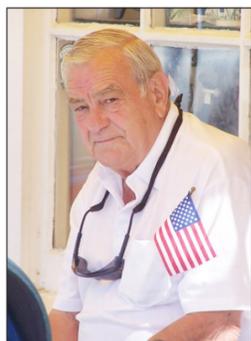
## Donald Rae Duchano Korean Conflict veteran

TUFTONBORO — Donald Rae Duchano, 84 died Nov. 17 at his home in Melvin Village.

Born in Wolfeboro Sept. 25, 1933, son of the late Oscar J. and Doris (Pratt) Duchano, he was a life-long resident of the area.

Don served his country with United States Army during the Korean Conflict. He was a graduate of Wentworth Institute. For many years, he worked as a self-employed builder/developer, owner/partner of Duchano Williams Realty, TDF Corporation, The Windrifter Resort and the Wolfeboro Yacht Club.

Don was a parishioner of St. Katharine Drexel Church in Alton, a longtime Mason with Morning Star Lodge in Wolfeboro, a Shriner, a longtime member of the Lions Club. Don was an avid hunter and enjoyed golf, sing-alongs and playing banjo. Don was a devoted family man and



a good-humored friend to all.

Don was pre-deceased by son, Donald Duchano, brother, Norman Duchano, sisters, Beatrice Anderson and Irene Gregoire.

He is survived by his devoted companion, Elizabeth "Betty" Davie; daughter, Helen Lineham of Newmarket; son, William and his wife Ellen Duchano of Rochester, N.Y.; daughter, Karen and her husband Mark Muscarello of South Berwick, Maine; brother, Robert Duchano of Wolfeboro; sister, Theresa Glidden of New Durham; eight

grandchildren, Michael Erdbrink, David Lineham, Sarah Duchano, Benjamin Duchano, Donald Muscarello, Briana Muscarello, Chris Mars, Justin Mars and a very special great granddaughter, Leah Wilson-Mars.

A memorial mass will be held at 11 a.m., Friday, Dec. 1, at St Katharine Drexel Church in Alton.

Burial with a Masonic service will be in St. Anthony's Cemetery in the Spring.

The Baker-Gagne Funeral Home and Cremation Service of Wolfeboro is assisting the family with the arrangements.

In lieu of flowers donations may be made in his name to the Tuftonboro Fire Department.

Please share your messages, stories, or leave a short note and sign an online guest book at [www.baker-gagnefuneralhomes.com](http://www.baker-gagnefuneralhomes.com).

## Hilda "Honey" Kasianchuk Leaves amazing footprint

WOLFEBORO — Honey passed away Wednesday, Nov. 15, at Applegate Gardens, where she was well cared for and loved by all.

She was born Aug. 1, 1924 in Haverhill,

Mass. She was the oldest of three, leaving two surviving brothers, Steve Hill, William Cerat and their families. At the age of 14 she rode her horse 90 miles to New Hampshire, fell in love with the beauty

and knew eventually this is where she would raise a family.

Daily she would take the time to point out the beauty of nature and continue to be thankful for her blessings in life.

Prior to retiring, she worked at Bradford College for 29 years but always felt her main job was raising her children and taking care of her beloved of 68 years, Walter.

Her life was fulfilled with her children and grandchildren ever present supporting and cheering them on. Whether on the sidelines, rinks, theaters, they never missed an occasion to share their time with their family.

Honey and Walter built their next house in Wakefield in 1952, later rebuilding in Wolfeboro to be closer to their family.

She was predeceased by her husband, Walter Kasianchuk and her son, Walter earlier this year.

She leaves behind a daughter, Donna Kasianchuk of Wolfeboro, daughter Diane of Mountain, Tenn.; a son, Andrew Kasianchuk of Maine and their families. She also leaves behind many grandchildren and great grandchildren who will miss her daily but take comfort that she is now with her beloved husband and son.

Honey leaves an amazing footprint. By her nurturing ways she has had a great impact in helping make everyone feel so loved.

The family will have a private celebration of life for Honey in the spring.

# Mark on the Markets Window dressing



BY MARK PATTERSON  
Contributing Writer

The end of the calendar year and fourth quarter brings a time of year to the mutual fund companies, when they attempt to re-shuffle the holdings within their fund to reflect what percentage of companies they hold at year end. This is a snapshot of holdings, not what was bought or sold throughout the year. This is called "window dressing." The fund managers sell companies stock that did not perform well and replace those names with companies that did well during the year. You may ask yourself why the fund would sell stock that may have not contributed to any positive gains in the fund and replace it with stock that has already maybe done as well as it will do. The answer is all about perception by you, the investor. Window dressing has to do

with managed funds, not indexed funds. The only changes made to indexed funds are those that reflect changes to the index. Managed funds are just that; managed by a fund manager or team of managers. They have analyst that supply them research on companies that fit the criteria of the fund that they manage.

I am going to name two companies for the sake of an example only. Amazon and GE, neither of which I am recommending. If I were a fund manager that wanted to make my investors believe that I was the best stock picker around, I might buy Amazon.com now at around \$1,135 when early this year I could have spent \$750 for the stock. My other trade would be to sell General Electric now at \$18 when I may have paid as much as \$32 earlier this year. Sounds like a dumb trade, but I want to show one of my top holdings as a huge winner, conversely not showing that we took a beating on GE.

Logic may tell us that there is significant selling pressure on GE and buying pressure on Amazon. Could it be that after the New Year we may see a little more accumulation of these beaten down stocks and a bit more selling

of the stocks that had a good finish into the end of the year? If you pay attention to how the markets trade and price-action of certain stocks, you may sometimes find adjustments to your portfolio that make sense and money. Again, do not mistake my example as a recommendation to buy or sell anything, I am just using these extreme examples to illustrate my point.

If you have been a reader of this column for any length of time, you know I am generally not an advocate of managed mutual funds. The exception being specialized sector funds or regions that are not reflected in a low cost index fund. I can't justify the additional cost and fees for a loaded or high expense growth, income, value or large cap fund. They appear often times, to look like a high cost index fund.

If you want your current portfolio analyzed for expense, diversification and purpose, you are welcome to contact my office.

Mark Patterson is an advisor and asset manager with MHP Asset Management and can be reached at 447-1979 or [mark@mhp-asset.com](mailto:mark@mhp-asset.com)

# Presentation on childhood development in New Durham Nov. 29

NEW DURHAM — Spark NH, the governor-appointed early childhood advisory council for the state of New Hampshire has a three-part series of short videos from the Center on the Developing Child at Harvard University depicting how advances in neuroscience, molecular biology and genomics now giving a better un-

derstanding of how early experiences are built into bodies and brains, for better or worse.

Parents, grandparents, community members and educators are invited to attend the New Durham School PTO meeting on Nov. 29 at 5:30 p.m. at the New Durham School media center, where Emily Benson, the public

health advisory council coordinator for Carroll County Coalition for Public Health will talk about recent science behind development in the early years.

Childcare will be provided and the presentation will run about an hour, from 5:30 to 6:30 p.m. The presentation is free.

# Cookie swap set for Dec. 4 in Barnstead

BARNSTEAD — The Center Barnstead Christian Church is hosting its annual cookie swap for women on Monday, Dec. 4 at 7 p.m. To fully enjoy this memorable and fun cookie swap, please bring four dozen of the same type of cookie (or brownie, fudge, etc.). They will provide containers for you to bring home a wide assortment of beautiful and delicious holiday treats. There will be treats to sample, fun conversation, a fun Christmas atmosphere and prizes for the best three cookies. Please join in for some Christmas-time fun. Center Barnstead Christian Church is located on

Route 126, next door to the Town Hall. Any questions, please call

269-8831 or visit <http://centerbarnsteadcc.org/> for more information.

# Christmas concert at Pittsfield church on Dec. 8

PITTSFIELD — Plan to attend the annual Christmas concert coming Friday, Dec. 8, 7 p.m. at the First Congregational Church, 24 Main St., Pittsfield. This special concert entitled, "Christmas Jubilation," will feature the church's Chancel Choir and the

JuBellation Handbell Choir. Add this fun, festive family event to your holiday celebrations. Parking and wheelchair accessible entry located at rear of church at Chestnut Street. For more information, call the church office at 435-7471.

### Church Service SCHEDULE

Sundays: July 2, 2017 – September 3, 2017

**8am Outdoor Summer Worship Service- Alton Bay Bandstand**

**10am Worship Service Community Church of Alton-101 Main Street, Alton**

<p><b>ABUNDANT HARVEST FAMILY CHURCH</b> Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit <a href="http://abundant-harvest.org">abundant-harvest.org</a> or e-mail <a href="mailto:ahf@faith.com">ahf@faith.com</a>.</p> <p><b>ADVENT CHRISTIAN CHURCH</b> Sunday Worship Service 11:00 Am. All Are Welcome. Rev. Charles Wilton 998-4102, 96 Maple Street &amp; Route 28, Barnstead</p> <p><b>ALTON BAY CHRISTIAN CONFERENCE CENTER</b> Sundays throughout the summer 10am &amp; 7pm; Tues-Thurs 9am, 875-6161.</p> <p><b>BEEFREE COMMUNITY CHURCH, ALTON</b> Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, <a href="http://www.befreechurch.net">www.befreechurch.net</a>.</p> <p><b>CENTER BARNSTEAD CHRISTIAN CHURCH</b> Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.</p> <p><b>COMMUNITY CHURCH OF ALTON</b> Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am Rev. Dr. Samuel J. Hobbs, 875-5561. Worship Service 8:00 am, 20 Church Street. Worship Service 10:00 am, 20 Church Street.</p> <p><b>CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC</b> Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, <a href="http://ccnorthbarnstead.com">ccnorthbarnstead.com</a></p>	<p><b>FIRST CONGREGATIONAL CHURCH UCC FARMINGTON</b> Worship Service 10:00 A.M. Sunday School 10:15 A.M. 400 Main Street Farmington, NH 02835 Pastor Kent Schneider 755-4816 <a href="http://www.farmingtonucc.org">www.farmingtonucc.org</a></p> <p><b>FIRST FREE WILL BAPTIST CHURCH</b> Sun. School 9:45am, Church 11am, Evening Service 6pm; Wed. Prayer Meeting 7pm, Depot St., New Durham; Pastor James Neeson.</p> <p><b>PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.</b> on The Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierser - 483-2846</p> <p><b>ST. KATHARINE DREXEL</b> 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 &amp; 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.</p> <p><b>ST. STEPHEN'S EPISCOPAL CHURCH</b> Sunday 9:30, 50 Main St., Pittsfield Rev. Curtis Metzger, 435-7908 <a href="http://www.ststephenspittsfield.com">www.ststephenspittsfield.com</a></p> <p><b>UNITARIAN UNIVERSALIST SOCIETY OF LACONIA</b> Sunday Services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524 6488 • <a href="http://uuad.org">uuad.org</a></p> <p><b>MAPLE STREET CHURCH</b> Sunday Service 11am 96 Maple Street Center Barnstead, NH 02425</p>
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# Gunstock looks forward to 80th anniversary season

BY ERIN PLUMMER  
mnews@salmonpress.news

GILFORD — Gunstock is going into its 80th anniversary season with some new promotions, new technology, and a new logo.

Mike Roth, Director of Sales and Marketing at Gunstock, said the celebration kicked off with the Gunstock Hill Climb during Motorcycle Week.

"We're celebrating 80 all the way," Roth said.

Gunstock is rolling out a new logo and some new branding. Roth said the process has been going on for almost a year and a half and involved interviews and surveys. They initially didn't think of creating a new logo; it was an idea that came through the process. The resort worked with the graphic design company Haigh + Martino of Portsmouth in creating on a design. Roth said it will be familiar to mountain users and a nod to logos of years past.

The new branding and logo for the resort was unfurled over the past few weeks, starting at the Lakes Region Chamber of Commerce luncheon and at the Boston Ski Show.

On Saturday, the resort held its annual Gunstock Ski Ball, a gala party featuring dancing, music, and a raffle benefiting the Children's Auction of the Greater Lakes Region. Roth said the ball was a kind of celebration of the resort's past and an opportunity to introduce the new branding.

This Friday is Black Friday Rail Jam, a yearly tradition at the mountain for the last few years. In previous years, the event has been in the Bowl area, this year it will be in the area of Ramrod with the Stockade Lodge as a focal point. Roth said they've already made a lot of snow on that trail. Later on there will be a type of après-ski event as well as the premier of a movie made by friends of the park staff.

In the spirit of Black Friday, Mountain Outfitters will be open and holding sales specials.

Gunstock aims to start its ski season on Dec. 1

The resort will be starting the new season with some new technology and features.

Snowmaking started at the mountain during a previous cold spell. This year, they bought 37 new snow guns and snow fans that run on at least one less air compressor and require much less energy consumption. Roth said he heard they made more snow in around



COURTESY — GUNSTOCK MOUNTAIN RESORT

A skier flies down the slopes at Gunstock Mountain Resort, which is celebrating its 80th anniversary season with new programs, new technology, and a new logo.

five days than they did all of last November.

"From an energy consumption and a cost savings perspective, it's huge to be able to say we have a 100 percent energy efficient snowmaking plan," Roth said.

The Pistol area will be turned into a multi-use trail. In addition to regular skiing, there will be terrain park elements on the runs. This will give people who use terrain parks, especially younger people, another opportunity and still being open for regular skiing.

Gunstock is implementing a new lift access program. People can get personalized passes or tickets for whatever services they want to take part in and can reload them with money on-

line before coming to the mountain.

They have also changed the ages for ticket prices. Children's tickets are now for ages six to 17, adult tickets are for 18-59, senior tickets are for 60-69, and Golden Tickets are for 70 and older. Roth said narrowing this gap makes tickets more affordable to more people.

Roth said their season pass program and its benefits are one of the most compelling for customers and is even more popular than others in the state or country.

Flex passes will also be available for people who might not come to the mountain enough to benefit from a season pass.

"Hopefully that makes Gunstock more accessi-



COURTESY IMAGE

Gunstock recently unveiled the new logo to celebrate its 80th anniversary.

ble to more people," Roth said. "That's important to us and affordable: I call it affordability and accessibility."

Previously the mountain had Saturday Night Rocks night skiing, now every night

has "Night Sessions." Tickets for the Night Sessions include rentals, a quick tip lesson with a ski or snowboard professional, and two rides on either the tubing hill or the mountain coaster.

## Johnson's hosting fundraiser for End 68 Hours of Hunger

NEW DURHAM — Johnson's is donating 10 percent of sales on Dec. 6 to End 68 Hours of Hunger/Alton. Please join in and help raise money to feed the children in Alton. Volunteers are currently filling 32 backpacks per week. This program sends backpacks home over the

weekend to help ensure children who need food have it when they don't have free or reduced lunch and breakfast at school.

The organization has several drop off sites for food if you can't make it. NFP insurance in Alton and Duggan's Depot are two drop off spots for

food. You can also drop food off at Alton Central School. They are in need of the following items: Cereal, crackers, snacks, fruit cups, pasta in a can, can soup, granola bars, ramen noodles, pop tarts, tuna fish, and peanut butter, jelly, mayo, and fluff in plastic jars.



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Thursday, November 23 - Thanksgiving - CLOSED

Friday, November 24 - BLACK FRIDAY - 6:00am-9:00pm

Saturday, November 25 - 8:00am-9:00pm

Sunday, November 26 - 10:00am-6:00pm

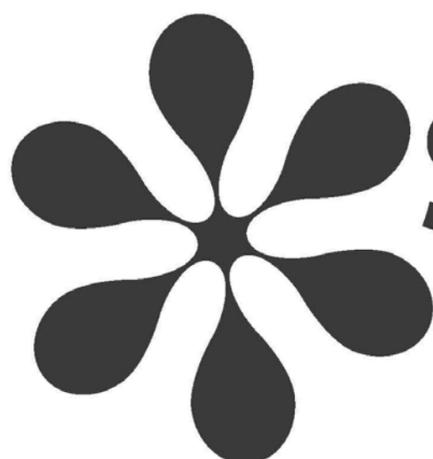
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# Hoop clinics, Light Up Night on deck in Alton

ALTON — The Alton Parks and Recreation Department and PMHS varsity basketball teams are sponsoring a basketball clinic for players in grades one through four. The clinic will be held at PMHS on Saturdays, Jan. 6-27 from 9 to

11 a.m. The program is a skills clinic providing a fun and developmental environment for players who are beginning their journey into the game of basketball. The clinic will include skills, drills, shooting, obstacles, dribbling, etc. The

registration deadline is Friday, Dec. 15, forms are available at [www.alton.nh.gov](http://www.alton.nh.gov).

## Light Up Night

“Light up Night” is Saturday, Dec. 2, from 5 to 7:30 p.m. Join the community as they celebrate the festive holiday lighting. Events include: kids’ craft at Town Hall, visit with Santa, holiday hayride, tree lighting, carol-

ing and much more. For more information or to add your group’s event to the list of festivities, contact the Alton Parks and Recreation Department at 875-0109 or [parksrec@alton.nh.gov](mailto:parksrec@alton.nh.gov).

## Alton Parks and Recreation exercise classes

Intermediate Yoga with Sheila Marston focuses on breathing

techniques, postures and proper alignment. Geared toward participants who know basic postures. Class ends in seated meditation and savassana. Wednesdays, 6:30 p.m. at the Alton Bay Community Center.

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8 to 9 a.m.

Strength Training and Yoga with Kellie Troendle (AFAA Certified) is a class for active adults held Mondays and Wednesdays from 1:30 to 2:30p.m at the Gilman Museum. Use free weights to strengthen and train major muscle groups. Practice yoga postures for balance, flexibility and strength. Mats available for use. Try a class for free.

## ALTON

(continued from Page A1)

the kids are likely to take those.

Cowan also updated the board on the school’s increased breakfast participation, noting food services daily feeds some 50-60 full breakfasts and 240 lunches.

He said another plus on the food services side is that about 30 fourth-grade students in ASPIRE were taught that rather than drinking already bottled sweet drinks they could flavor water with fresh fruit, such as a slice of orange, or a vegetable, such as a slice of cucumber.

Following Cowan’s presentation, Director of Special Education Jennifer Katz-Borrin discussed the success of the co-teaching program the school recently started.

In an article written by Katz-Borrin and printed in the Baysider last month, she more fully explained the new project.

She wrote: “Co-teaching is a researched based model ... of instruction presented by two teachers to all learners in a single classroom. ... This means a special education teacher and general education teacher will work for some portion of the day to present lessons together.”

The article went on: “The benefits of co-teaching include better differentiation for all learners ... and an increased sense of community within the classroom setting.”

At the board meeting Katz-Borrin said the program currently has a core group of 10 teachers, and currently has seven teachers in four classrooms in the “Lead and Support” model.

Katz-Borrin said the program will have a big rollout at a staff meeting in the spring.

Following the three presentations, the board discussed a host of other topics ranging from student enrollment and capital improvement items to having the four basketball backboards on the sides of the gym-

nasium flip up during other athletic activities.

It was also suggested that the board look into having the backboards be able to raise and be lowered so younger students could learn to shoot for higher baskets.

In her monthly report to the board, School Superintendent Pam Stiles was excited to share the school’s success with its recent Veterans’ Day ceremony as well as the Blue Ribbon School’s recognition of the district’s volunteers.

She said Alton Central School had 63 guests at the Veterans’ Day ceremony and that the students were well behaved, noting they were very respectful and attentive.

She described the ceremony as “just an outstanding experience.”

While discussing school enrollments, Stiles talked about the numbers of home-schooled students in the district. She said they have fluctuated slightly in recent years, there being 63 students currently being home-schooled -- up four from last year.

She said that over the past 10 years the district has had a low of 49 students, and an average of about 55.

After a brief discussion by the board that plowing through dozens of pages of paper to discuss board meeting topics it would be easier to have all information packets delivered electronically on Chrome books.

That method of information distribution is scheduled to start next month.

Toward the close of the meeting the upcoming contract negotiations for Superintendent Stiles were discussed briefly.

Rather than having all board members participate in the early talks with Stiles, it was agreed upon that Board Chair Peter Leavitt would by himself initiate contract discussions with Stiles, and then bring that information back to the full board.

## BRODERICK

(continued from Page A1)

Finally, Broderick and his wife were told that they had a grim choice: they could turn Christian out of their home or they could enable his alcoholism by allowing him to stay. They made the painful decision to put him out but they chose to bring him back within three weeks because they were unsure of the effectiveness of leaving him on the streets.

Shortly after his return home, Christian attacked Broderick as he slept, causing injuries so severe, Broderick was in the Intensive Care Unit for eight days. For this assault, Christian was sentenced to prison time. While in prison, Christian was diagnosed with severe depression and panic and anxiety disorders. He had been using alcohol to self-medicate. Once the psychiatrists at the prison got him on the proper medication, Christian’s life turned around.

Broderick then spoke about his own changes. He was able to understand that Christian had been suffering and that mental illness is something he didn’t deserve or ask for.

Broderick knew it was time for the culture about mental illness to change. He said the word needs to get out to everyone. He pointed out that changes to the culture happen by concerted effort. Broderick compared his experience growing up when restaurants had ashtrays on every table. In the last few decades, ashtrays have all but disappeared thanks to the changing attitudes about smoking in public areas.

Broderick began working with the Change Direction



CATHY FRASER – COURTESY PHOTO

RETIRED Justice John Broderick talks to Prospect Mountain High School students last week.



CATHY FRASER – COURTESY PHOTO

COMMISSIONER of Education Frank Edelblut speaks last week at Prospect Mountain High School.

Campaign in 2016. He speaks at high schools in New Hampshire and has done fundraising for the awareness resources that he held up before the audience of students, faculty, and staff at PMHS. During

his time on the campaign, he has told his family’s story 160 times at 50 high schools in New Hampshire and helped raise more than a quarter of a million dollars.

Change Direction

distributes placards that list the Five Signs of Mental Illness: not feeling like yourself, feeling agitated, becoming withdrawn, not caring for yourself, feeling hopeless. Broderick encouraged students to take the cards and to speak to an adult if they are feeling these signs or know someone who is feeling the signs.

Broderick’s son, Christian, is now married and has a child. Broderick called his granddaughter “a miracle baby.” He said that his family allows him to share their story so that kids suffering with mental illness can get the help they need.

Commissioner Edelblut spoke briefly to the students, thanking Broderick for his work. He announced that Dartmouth Hitchcock created the REACT Program: Recognize the signs of emotional suffering; Express concern and offer support; Act now and talk to someone you trust - parent, teacher, coach, relative, friend, doctor; Care enough to follow through and follow up; Text SIGNS to 741-741 or call (603) 448-4400 (24/7).

For more information on Change Direction Campaign or to receive informational brochures, go to <http://www.changedirection.org>.

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## Legion Riders collecting coats for kids

ALTON — The American Legion Riders of Alton Post 72 are holding the fifth annual "Coats for Kids" drive. The Riders will be collecting new coats and snow pants

for children in the local community. Coats can be dropped off at the Post 72 home on Route 28 Alton. The American Legion Riders of Post 72 will be collecting coats

until Jan. 1. Donations will also be accepted toward the purchase of new coats. Contact Russ at 776-2968 for further information.

## PMHS

(continued from Page A1)

the board that the district had received notification from the New Hampshire Attorney General's office that the AG was moving forward with a full investigation of a fraudulent solicitation that had been taking place locally.

An out of state company was asking local businesses to contribute money to a fund they were told would support PMHS activities. The company was then billing the local businesses and depositing the funds into their own bank account. They had no intention of passing the money on to the school.

PMHS immediately reported this to the New Hampshire Attorney General's office, which asked them to notify local police and federal authorities. The Attorney General's office quickly discovered that this activity was going on all over New England. The prompt action by the superintendent's office helped at least some of the local businesses to regain their "contributions."

The New Hampshire Attorney General is conducting a full-scale investigation, and further details will not be released until the investigation is completed.

In one other financial business item, the board approved a \$5 per day increase in the com-

ensation for substitute teachers. With the general tightening of the labor market, PMHS has begun to have difficulty on some occasions in finding substitute teachers. A survey of surrounding schools showed that the PMHS rates of \$60-\$65 per day for uncertified substitutes and \$65-\$70 a day for certified substitutes were lower than rates paid by neighboring school districts.

In other business, the board discussed the process for evaluating the superintendent's performance. Both members of the board and members of the school administration will be asked to complete an evaluation questionnaire. They will also be asked to suggest goals for the superintendent during the upcoming year.

The board approved moving forward with the NEASC survey. NEASC is the New England Association of Schools and Colleges. The survey is offered to all members of the PMHS community and is designed to evaluate the school's capacity to serve its students. Prospect Mountain High School is beginning the process of re-certification, which involves many stages and takes a couple of years to complete.

In the past New Hampshire state law has allowed parents to excuse their students from participation in surveys that are not directly related to their school coursework. The 2017 Legislature amended the law to require parent permission for students to participate in such surveys.

PMHS must therefore get signed permission slips from parents in

order to move forward with the student survey. Parents will also be asked to participate in the survey. Principal J. Fitzpatrick expressed hope that the data can be collected as soon as possible so that it can be used to prepare a report in Spring of 2018.

Tiffany White, this year's student representative to the board, gave a report on student activities since the last board meeting. She gave the board a picture of a very active student life at the school. A few of the many items include:

A student talent show with 24 different acts;

A senior class fundraising dinner at Johnson's Restaurant to support the Senior trip. Ten percent of the night's meal receipts will go into the trip fund;

An evening of hypnotism by a noted hypnotist performer;

Election of freshman class officers;

An evening Post Secondary Fair promoting non-college options for students following high school, including vocational school opportunities, military service, apprenticeships, and gap year travel and school opportunities;

National Honor Society food drive;

The Battle of the Bay, which the Robotics club started and has become an annual event on the New England robotics competition schedule;

Following a robotics competition in Manchester that was won by PMHS's own Robot Bob;

A new choir concert event;

A PMHS student placing ninth in the New Hampshire Division III golf competition;

And many many more.



MATTHEW FASSETT - COURTESY PHOTO

## Keeping the Earth

New Durham School Principal Kelly Colby-Seavey, NDS Earthkeepers educator Susan Berry and fifth and sixth grade team leader Kyra Dulmage (l to r), presented to members of the Alton, Barnstead and New Durham Centennial Rotary, their unique program to help students become better learners. It starts with students participating in the Earthkeepers after school outdoor classes, showing them how everything in nature is connected, from the lowly worm to humans. The program includes planting, growing and harvesting. The hands-on program helps kids to learn by doing. From there, to help kids develop self-awareness, mindfulness and movement in order to manage their stress and help them be ready to learn, they'll soon be engaged in Yoga classes too. Cost for this program is underwritten by donations and grants, and by teachers donating their time. "We know this works because I've seen it happen, most notably with students who otherwise show limited interest in learning because they have a lot of stress and poor self-esteem as the result of outside influences affecting their lives which they have no control over" said Colby-Seavey. President of the Rotary Club, Rich Leonard (right), thanked the educators for their talk.

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# Through the eyes of visitors, the madness of Northern Pass

Every now and then I get an opportunity to take visitors on a truck-tour of the territory. This is always a treat for me, because I get to see things anew, through someone else's eyes.

In this case, my guests wanted to see two things in particular. One was the most narrow of roads in the high country where Northern Pass, in which Hydro Quebec would use New Hampshire to get its power to New York markets, would put its lines. The other was the grave of Metallak, said to be the last of the Coashaukees, hence "Coös County."

This was an easy route, because the narrow places are on North Hill, on the next ridge up from my home on South Hill. It bears noting that if Northern Pass were built, which I don't think for a moment it ever will be, the towers would not be anywhere near my view, so scratch the much-touted NIMBY (not in my back yard) factor. Instead, I look at the issue as an EBY (everybody's back yard).

We could see North Hill within a mile or so from leaving my back driveway. South Hill Road takes a sharp left there, down into Stewartstown Hollow, but at one time a short-cut went straight ahead, on a dead

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



reckoning for Bear Rock Road and then right on up over North Hill to Clarksville and on to Pittsburg.

During this time, before the railroad and the internal combustion engine, the stagecoach route brought passengers right by my house, and there was an inn and tavern at the intersection of North and South Hill roads. What a place that must have been, and I would have given a farthing or two to be, at least for a moment, a fly on the wall.

Today's road up North Hill begins broadly enough, wide enough for two vehicles as it passes the old North Hill Church, little used now save for the occasional seasonal service.

But soon enough, just over the top of the hill, it begins to dwindle, until it reverts to what always was, an ox-cart road. It is about one rod wide, a little over 16 feet from stone wall to stone wall. There are a couple of turnouts for drivers meeting other vehicles to make room there to pass. Most people are exceedingly polite about this, in the tradition of back-road driving, from



JOHN HARRIGAN

**NORTH HILL Road's narrowest stretch, where Northern Pass proposes to bury a stretch of its 1,090-megawatt line.**



JOHN HARRIGAN

**METALLAK'S gravestone is always adorned with gifts and totems, ranging from quills to decorated lance.**

horse and buggy times unto today.

Here, where the road is at its narrowest, there is ledge to the right and underneath. A classic back-country fence of stumps and cedar posts keeps George Hodge's replacement heifers in

their wild pasture. The view is breath-taking from this pinch-point, the fence on the one hand, the dark woods on the other, and the landscape opening far and wide to the north. It is a place many people would pay hard money to see.

Just down the hill, along the most constricted portions of the road, is the North Hill Cemetery. It is here, in the far left corner, where the mortal remains of old Metallak are said to rest, beneath a handsome granite stone bearing a few lines of his story.

The stone and its immediate environs are always adorned with gifts and totems large and small, ranging from coins and porcupine quills and glass beads to animal bones and claws and even two fine and highly decorated lances thrust into the ground on either side. Interesting, to me, is that no one ever seems to see who puts these honorifics here, in this far and out of the way place. They just appear.

My passengers, almost speechless at this scene, got back in, and we nosed our way the rest of the way down, lucky not to meet anyone, and went off to lunch, trying to make sense of such a monstrous project being rammed down through such a beautiful and singular place.

And I had to wonder what old Metallak would think of it all, if he could take time out from spinning in his grave.

*This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or Box 39, Colebrook, NH 03576.*



COURTESY PHOTO

**A TRANSPORT puppy from Puerto Rico, arriving at the NH Humane Society. The Black Friday Adopt-a-Thon will feature dogs transported from overcrowded shelters in the South.**

## Adopt-A-Thon set for Nov. 24 at Belknap Mall

BELMONT — Join the New Hampshire Humane Society for its annual Black Friday Adopt-a-Thon, now with even more dogs and puppies looking for a fur-ever home.

The Adopt-a-Thon will be held on Friday, Nov. 24, at the Belknap Mall in Belmont, from 9 to 11 a.m., and again this year, a second flight of dogs and puppies from noon to 2 p.m. Come early for the best selection of dogs and puppies. Adopters must be 21 years old or older; bring proof of homeownership or a rental agreement that explicitly states that pets are allowed, and proof that any other animals in the home are current on rabies vaccinations. If prospective adopters already own a dog, the animals must meet prior to the finalization of adoption. Check [nhhumane.org](http://nhhumane.org) and the NH Humane Society Face-

book page for further details and sneak peeks at the dogs and puppies who will be available for adoption.

The NH Humane Society is a 501(c)3 non-profit whose mission is to provide shelter for the lost, abandoned and unwanted animals; find responsible and caring forever homes; advocate and be the voice for the voiceless. The Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy and many community initiatives to help people and their pets. To view adoptable pets, visit [www.nhumane.org](http://www.nhumane.org).

The NH Humane Society also accepts monetary donations online at [www.nhumane.org](http://www.nhumane.org), or specific items, which can be found online at their "wish list," can also be dropped off during shelter hours or by special arrangement.

## Holiday celebration at New Durham library Dec. 1

NEW DURHAM — The Friends of the New Durham Public Library will host its annual holiday celebration at the library on Friday afternoon, Dec. 1, from 3:30 to 5 p.m. Santa will be there to greet the younger guests. A program of holiday entertainment will be presented by professional storyteller and musician Steve Blunt.

There will be lots of goodies for all the guests. Everyone in the community is invited to the celebration. It is an opportunity to enjoy the holiday and to see the resources of the New Durham Public Library.

This year there will be raffles, which include many prizes. Among the prizes are an American Girl doll, a large Lego set,

Manchester Monarchs tickets, gift cards to stores like Hannaford's Studley Florist and Coyote Creek, passes to family fun spots like Hilltop Fun Center, Chuckster's Family Fun Park, Strawberry Banke, Seacoast Helicopter ride, ski lift tickets, theater tickets and many more items. You do not have to be present to win. Stop in to the library to see the

display of the prizes.

Guests are encouraged to bring food items to donate to the New Durham Food Pantry as a way to help others have a Merry Christmas season. There will be decorated containers at the door in which to deposit your food donations.

For additional information, contact Heather Wingate at 859-1274.

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# SPORTS

## McMahon, Huckman top Turkey Trot field

BY JOSHUA SPAULDING

**WOLFEBORO** — With a chill in the air but clear skies, runners gathered in Wolfeboro for the annual Turkey Trot, sponsored by the Wolfeboro Department of Parks and Recreation and the Wolfeboro Lions Club.

The proceeds from the race go to benefit the Lions Club's sight and hearing program and in addition to the race, the Lions Club hosted a raffle and also served up soups, bread, cider and treats to the runners and spectators.

The winner was Manchester's Craig McMahon, who finished in a time of 17:24, while Kingwood junior Jim Huckman of Ossipee came home in second place with a time of 18:15. Josh Flannagan of Alton was third overall in 19:03 and James Harrigan of Wolfeboro was fourth in a time of 19:07. Mike Griffith of Waterbury, Vt. finished fifth overall in 20:03.

Among women, Ossipee's Sarah Huckman came through with the top time in 21:03, with Kara Jacobs of Wolfeboro in second place in 21:04. Erica Kahn of Gloucester, Mass. was



JOSHUA SPAULDING

**GILBERT SMITH finishes up the Turkey Trot in Wolfeboro on Saturday.**

third in 23:33, Kris Howlett of Barnstead was fourth in 23:36 and Jennifer Murray DoCarmo of Wolfeboro came home fifth in 23:44.

In the 12 and under age group for the males, Wolfeboro's Matt Jacobs finished in 22:25 to take the win, with Joey Howlett of Barnstead in 23:08 for second place and Aidan Thompson of Tuftonboro was third in

28:26. In the 13-17 age group, Huckman led the way with his second-place overall finish, followed by Gilbert Smith of Barnstead in 20:48 and Matt Perkins of New Durham in 20:56. Tim Huckman of Ossipee was fourth in 22:31, Colyn Pinedo of Wolfeboro was fifth in 23:02 and Robbie Bourdeau of Milton was sixth in 27:12.



JOSHUA SPAULDING

**MATT PERKINS makes the final turn during Saturday's Turkey Trot in Wolfeboro.**

In the 18-29 age group, George Stevens, formerly of Alton, finished in first place in 21:49, with Billy MacMartin of Tuftonboro in second place in 23:05 and Joe Faragher of Wolfeboro in third place in 25:12. Wyatt French of Wolfeboro in fourth in 25:42 and Tucker Lovering of Wolfeboro in fifth in 27:19.

Flannagan's third-place time of 19:03 was tops in the 30-39 age group, with Griffith finishing in second place. Doug Skelley of Wolfeboro took fourth place in 27:19.

Mike Jacobs of Wolfeboro finished in first

place for the 40-49 age group in 21:09 and Aaron Logan of Wolfeboro was second in 24:17.

Harrigan was tops in the 50-59 age group, with Jamie Meyers of Wolfeboro in second place in 20:45, Richard Neal of Wolfeboro in fourth place in 24:23, Tom Zotti of Wolfeboro in sixth in 26:07, Jerome Holden of Wolfeboro in seventh place in 26:41, Paul Stacey of Tuftonboro in ninth in 30:30 and Jim Bean of Wolfeboro in 11th place in 33:27.

In the 60-69 age group, Robert Mathes of Wolfeboro lead the way with a time of 23:09, with John Hammond of Wolfeboro

in third in 24:56 and Rich Wehrhan of Wakefield in fourth place in 25:27, John Babcock of New Durham in 32:49 for fifth and David Wells of Wolfeboro in sixth place in 36:19.

In the 12 and under age group for females, Aliena Urquhart of Wolfeboro took top honors in 40:09.

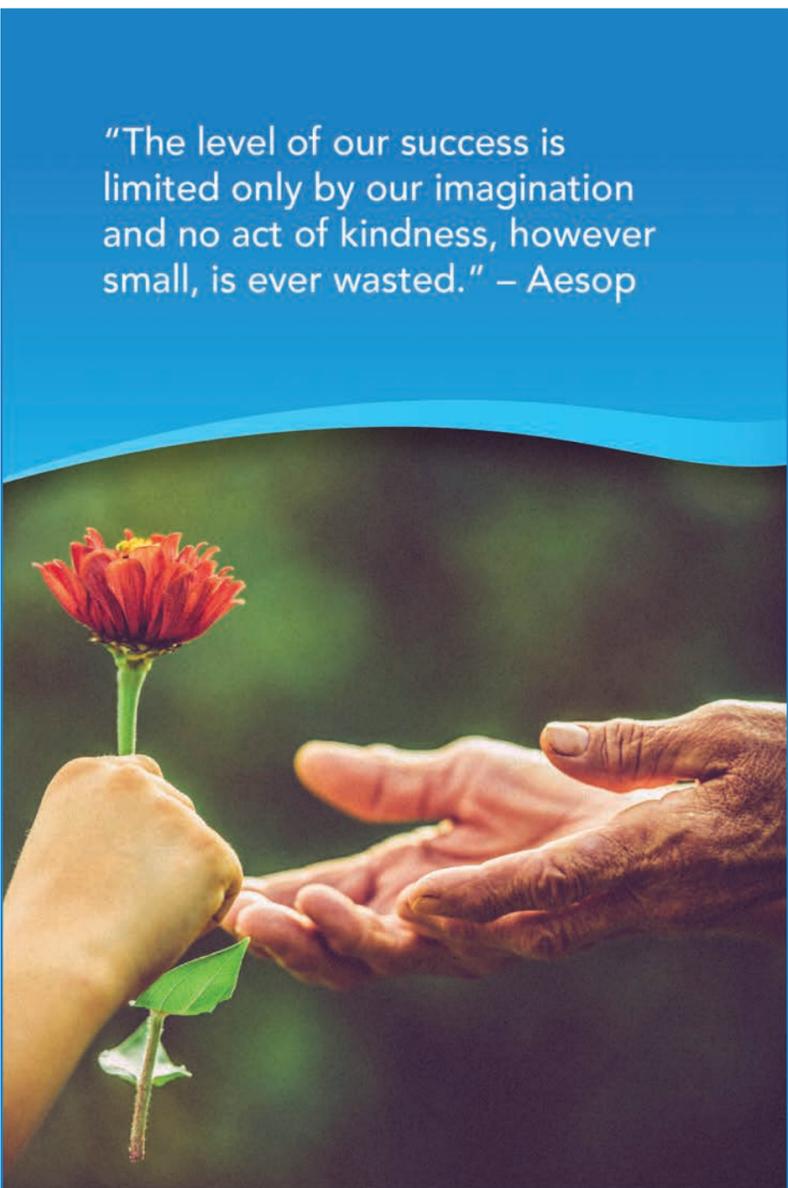
For the 18-29 age group, Christina Stacey of Tuftonboro took top honors in 24:03, with Angela Bergeron of Wolfeboro in second place in 27:04 and Courtney Collihan of Ossipee in third in 29:58. Megen Pollini of Wolfeboro was fourth in 31:20 and Sarah Fisher of Wakefield was seventh in 34:37.

Melissa Lawlor of Wolfeboro won the 30-39 age group in 24:59, with Alison Hayford of Ossipee in third in 25:27 and Sarah McCarthy of Wolfeboro in fifth in 28:45. Christina Fuller of Wolfeboro was sixth in 31:32.

In the 40-49 age group, Jacobs was tops, with Howlett second and Murray DoCarmo in third. Colleen Smith of Barnstead took fourth in 25:43, Val Murray of Wolfeboro was seventh in 32:21 and Kristen Clark of Tuftonboro took eighth in 38:25.

Stephanie Harris of Brookfield was tops among locals in the 50-59 age group, finishing fourth in 30:23, followed by Susan Raser of Wolfeboro in 31:41, Jennifer

SEE TURKEY, PAGE B3



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# Prospect senior earns volleyball All-State nod

BY JOSHUA SPAULDING  
Sports Editor

REGION — Local volleyball players were amongst those named to the volleyball All-State teams, which were announced last week.

For Division III, Newfoundland's Ashlee Dukette earned a First Team honor for her role in leading the Bears to their first-ever Final Four appearance.

Joining her on First Team were Division III Co-Players of the Year Shannon Goodwin and Talia DeBlasie of Winnisquam, Gabrielle Sott and Olivia Garand of Campbell, Emilee Flanagan of Nute, Emma Wheeler and Jessalyn Brown of Inter-Lakes and Katie Martineau of Farmington.

Prospect Mountain senior Gabriella d'Empaire-Poirier earned Division III Second Team honors.

She was joined on Second team by Cleo Schultz of Campbell, Carlee Morgan of Moultonborough, Aubrey St. Onge and Madisyn Skeats of Winnisquam, Anna Re of Epping, Morgan Cunningham of Farmington, Carley Gagnon of Trinity and Jordan Durand of Inter-Lakes.

Honorable Mention for Division III went to Amber Lemay and Jordan LaVallee of Belmont, Mary Kuczowski of Campbell, Tatyana Long of Farmington, Melonie Ojala of Mascevic and Arianna Cyr of Pittsfield.

Mike Livernois of Winnisquam was named Division III Coach of the Year and Kevin Archibald, also of Winnisquam, was named JV Coach of the Year.

In Division II, the lone local earning All-State honors was Plymouth's Anja Swanson, who earned Honorable Mention.

Joining her with Honorable Mention were Maggie Sylvester of Coe-Brown, Riley Codman of Con-Val, Hannah Chartier of John Stark, Emily Flaherty of Milford and Julia Forcillo of St. Thomas.

Division II First Team honors went to Gilford's Brooke Beaudet and Maggie McNeil, Julia Guarniere of Milford, Corinne Lamond and Natalie Gravelle of Portsmouth, Katie O'Brien of Souhegan, Payton Hodsdon of St. Thomas and Emily Frank and Taylor Sawyer of St. Thomas.

Second Team honors went to Amaya Newport of Coe-Brown, Karly San-

born of Gilford, Gabriella Monico of Milford, Kara Blaisdell of Oyster River, Annah Shaheen and Olivia Brown

of Portsmouth, Emma Gould and Madysen Buchalski of St. Thomas and Nina Bemis of Windham.

Beaudet and Hodsdon were named Division II Players of the Year, while Stefany Shaheen of Portsmouth was named

Division II Coach of the Year. Kiah Begley of St. Thomas was named JV Coach of the Year.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

# Bobcats roll past Beaver Country Day in quarterfinals

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — Coming off their Lakes Region championship, the Brewster soccer girls took care of business in fine fashion in the NEPSAC quarterfinals on Wednesday afternoon, knocking off Beaver Country Day by a 5-0 score on the turf of Brown Field.

Keeper Brooke Rooney made a nice save right out of the gate and the Bobcats came back with some pressure at the other end in the first couple of minutes, but couldn't get a shot on goal. However, Makenzie Donovan found Abigail Hoff for a bid that was denied as Brewster's first shot on goal.

With less than five minutes gone in the game, the Bobcats strung a couple of passes together that resulted in the game's first goal. Emily Dumaresq sent the ball in to a charging Anya Found, who crossed the ball in front of the net and Madeline Flagg was waiting at the far post to tap the ball in and send the Bobcats on their way.

Hoff had a shot go over the net and Flagg sent a ball in with a nice cross but the ball was cleared out of the zone. Brewster got the game's first corner but could not convert and then Rooney came up with a big save in close to keep the visitors off the board. Donovan and Flagg just missed connecting on a bid for the Bobcats. Beaver had a great chance on a direct kick from just outside the box and Rooney leaped to get a hand on it and push it off the crossbar and out of harm. Donovan came back with a direct kick at the other end that was cleared out.

Katelynn Nice stepped up with good defense in front of Rooney and Found had a cross cleared from the zone. Flagg also had a shot stopped and then Rooney came out to grab another bid from the visitors.



RACHEL HOOKER battles around a Beaver Country Day attacker in action last week.

JOSHUA SPAULDING



ANYA FOUND unloads a shot during her team's quarterfinal game last week.

JOSHUA SPAULDING

With 14:51 to go in the first half, the Bobcats doubled the lead on a direct kick. Donovan sent the ball in from outside the box and Jordan Thompson was at the far post and plucked the ball right out of the air and redirected it into the net for the 2-0 lead.

After a Rooney save at the other end, Brewster added a third goal, as Donovan sent in a direct kick from the side and Thompson was at the far post to tip the ball in for the 3-0 lead with 10:04 to go in the first half.

Jordan Mitchell and Flagg had bids in the offensive zone in the final 10 minutes and Beaver

Country had a shot go wide of the net and the game went to the half with a 3-0 lead for the host Bobcats.

Early in the first half, Found and Donovan teamed up on a bid that went just wide and Hoff had a nice ball in that just missed connecting with Found. Found had another shot stopped and Flagg had a bid go wide of the net. Hoff sent a nice cross in to Flagg that was denied and Found had another bid stopped. Rooney made a stop at the other end and Brewster came back with a trio of corner kicks.

On the first corner,

Flagg had a shot denied and on the second corner, Nice had a head shot that went just over the top of the net. On the third corner, Flagg sent a shot wide of the net. Thompson had another bid denied and Hoff had two chances stopped by the visiting keeper. Rooney also turned in a couple of saves at the other end for the Bobcats.

With 11:51 to go, a corner went Brewster's way, as Dumaresq sent the ball in and Rachel Hooker was in the box to poke the ball home for the 4-0 lead.

The Bobcats continued to pressure down

the stretch and that pressure eventually paid off, as Kaylyn Stoddard pushed the ball into the zone and raced past the defender to pick the ball up again and fired it into the net with 4:04 to go to make it 5-0. Rooney made a nice save down the stretch to close out the shutout and send the Bobcats on to Saturday's semifinals.

The Bobcats won the semifinal tilt on Saturday but dropped a 2-0 decision in the finals on Sunday.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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# Some random topics on early deadline week

With early deadlines meaning I needed to get a column written prior to the end of last week, it was time to head into the junk drawer in my mind for some random topics.

I always look forward to Thanksgiving for a number of reasons. First and foremost, it's a great chance to see family in New York that I don't

## SPORTING CHANCE

By JOSHUA SPAULDING



get to see too often. We always got to New York for Thanksgiving to visit my mother's side of the family and it's always nice to see everyone. The other reason is that the

Thanksgiving weekend is really the one time of year when I take multiple days off in a row. While I may write a story or two over the break, I am away from the office and my brain gets to turn off a little bit.

It was a little weird to have nights off last week. After Music Man rehearsals and perfor-

mances essentially ate up every night of my life for a few weeks, having a free evening was welcome. However, it was so weird that I actually spent my night off at Kingswood. Norm Adjutant, who was in our production of Music Man, is also building the sets at Kingswood and due to some issues, he was a bit

behind and was looking for help. Now, I've stated here many times that when it comes to building sets, my contribution is usually holding pieces in place while other people use power tools. This time, Kaylin Dean, Bob Tuttle and I spent a few hours in the Kingswood shop and hallway painting set pieces for the upcoming weekend's production of The Addams Family. I had tickets to see the show on Thursday night and was looking forward to seeing it.

I was hoping to get to New York City last week for another live Survivor event. I decided after this summer's trip to Salt Lake City that I had to cut back on the travel budget, but because New York doesn't involve flying or getting a hotel room, it's usually pretty inexpensive. However, we had Music Man rehearsal that night so I missed the live event for Rob Has a Podcast. This was the biggest event yet, as instead of at a small comedy club, the event was held in a huge theater with more than 500 people in attendance, watching Survivor on a huge movie screen. While I missed this event, I'm hoping that the next time RHAP comes to New York, I'll be able to make it down.

Seems hard to believe to me that winter sports are already under way for many teams. All the girls' basketball teams have already started practices and hockey, skiing and boys' basketball are set to begin after Thanksgiving. The first games of the season for my teams are Dec. 1, so I probably shouldn't get too used to the evenings off. I've been gathering up winter schedules and will likely have to start previews as I return from Thanksgiving break. So really, it was one week between the final fall game (Division II football finals) and starting previews for the winter sports teams.

Needless to say, I'm not ready for winter sports. But here they are. Finally, have a great day Norman Adjutant.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*



JOSHUA SPAULDING  
**FORMER ALTON resident George Stevens runs in Saturday's Turkey Trot.**



JOSHUA SPAULDING  
**JOEY HOWLETT runs on Main Street in Wolfeboro on Saturday.**

## TURKEY

CONTINUED FROM PAGE B1

French of Wolfeboro in 31:43, Melody Pitman of Wolfeboro in 31:48, Lori Demarchi of Tuftonboro in 32:44, Liz bean of Wolfeboro in 33:27 and Wendy McHugh of Wolfeboro in 34:35. Lynn Dancause of Tuftonboro was 12th in 37:36 and Donna Lehmann of Wolfeboro was 14th in 48:48.

Judi Lemaire of Wolfeboro won the 60-69 age group in 25:46 and Jill Duffield of Wolfeboro took second in 26:30.

In the 70 and over age group, Denise D'Eri of Wolfeboro was the winner in 40:10.

### Walkers

Among walkers, Andy and Nancy Mako of Wolfeboro led the way for the locals in second and third overall in 39:40 and 40:07. David Denby of Wolfeboro was fourth in 41:40, followed by Cynthia Theodore of Wolfeboro in 41:40, Katja Fox of Wolfeboro in 43:14, Richard McCarthy of Wolfeboro in 46:16, Lynda Jagemann of Wolfeboro in 47:32, Rhoni Harding of Wolfeboro in 47:32, Mike Harding of Wolfeboro in 47:56, Sara Carey of Wolfeboro in 47:56, Wendy Clarke of Tamworth in 49:40, Sarah Straz of Brookfield in 49:51 and Kim Kelliher of Wolfeboro in 49:52. Lara Crane of Wolfeboro was next in 49:52, Joe Di-Chiaro finished in 50:08, Jill Cromwell of Tuftonboro was next in 50:09, Maryellen McCarthy of Wolfeboro was 19th in 51:01, Gina Lessard of Tuftonboro was 22nd in 52:07, Royal Ahmadi of Wolfeboro was next in 52:09, Michelle Ahmadi finished in 52:09, Margeret Eileen Gil finished in 56:37 and Larry Gil finished in 1:01:34.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



JOSHUA SPAULDING  
**KRIS HOWLETT runs during the Turkey Trot on Saturday morning in Wolfeboro.**



JOSHUA SPAULDING  
**COLLEEN SMITH runs in the Turkey Trot Saturday in Wolfeboro.**

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General Electric Black 30" glass top free-standing electric range with self cleaning oven, including matching over the range microwave oven. Both units in very good condition. Asking \$235.00. 603-875-5211

Large wood knick knock shelf with mirror back. Great gift. \$25.00. Located Alton. 603-923-3081.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18". May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

Set of 4 tires and rims: 225/70/R15 less than 1,200 miles. Came off 2003 Escape. Asking \$400.

Snowblower: 10 horsepower, 28" cut, electric start, 2 reverse and 6 forward gears. Asking \$250. Call Terry 603-776-5063

### Events/Entertainment

The Wonder of Christmas Past. Friday 11/17 6-9 pm Saturday 11/18 9 am - 5 pm, Friday & Saturday 11/24 & 11/25 9 am - 5 pm. Special sale, gift basket raffle, vintage Christmas decor and toys of yesteryear, plus many other great vintage gift ideas. Freedom House Antiques, 17 Old Portland Rd., Freedom, NH. 603-539-4815

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### Estate Sale

Sat. Nov. 25  
16 Fairway Heights Rd. Center Harbor  
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**TUFTONBORO:** Beautiful waterfront property offers easy, year-round, paved access while maintaining a private feel. With a bright and open 4 BR/6BA Contemporary home, sandy beach, dock and 2 bay boathouse this offering is a must see!

GOV WENTWORTH HWY \$2,250,000



**WOLFEBORO:** What a property! 3BR main house with smart home technology and 2BR guesthouse, both with high-end finishes throughout on 35 acres with four-car garage and deck. With frontage on Willey Brook, it's a great spot to enjoy nature.

CENTER STREET \$997,500



**MOULTONBOROUGH:** Lovely, traditional Cape on the grounds of Bald Peak Colony Club offers fantastic views of the 14th green and fairway and maintains a classic style with traditional columns, fireplace, large porch, patio and more.

VIEW DRIVE \$1,350,000



**WOLFEBORO:** Close to downtown amenities and perfect for the whole family with 4,300 sq ft of living space, hardwood & tile floors, updated baths, granite and stainless. A large deck and beautifully landscaped yard completes the picture.

POINTE SEWALL ROAD \$750,000



**TUFTONBORO:** Warm & inviting condo unit featuring wood floors, stone fireplace, one-car, detached garage space with storage and shared Mirror Lake waterfront with dock. Lake Winni beach and boat ramp are just a short walk away.

NORTH MAIN STREET \$325,000

### LAND

#### TUFTONBORO

**Basin Road:** Imagine owning your own private cove with Winni access too! You can with this affordable 1.32 acre parcel on the Basin. **\$205,000**

#### WOLFEBORO

**Applewood Drive:** Nice, building lot in a great subdivision, close to town and a short walk from the beach. Enjoy privacy at the end of the road on 12 acres. **\$59,000**

#### WOLFEBORO

**Finch Street:** So many possibilities with this .63 acre, wooded lot in a great location. Close to the lakes and amenities as well as Route 16. **\$49,000**

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97 Daniel Webster Hwy  
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(603) 528-0088

**GILFORD:** 2 Bedroom Ranch home with a garage under! Features include hardwood, tile, vinyl & carpet flooring, enclosed porch and lovely deck. Nice landscaped grounds. .58ac lot and near many lakes Region amenities!  
**\$189,900**  
MLS# 4663203

**MOULTONBOROUGH:** 1.92 ac. lot with access to Wakonda Pond. Nice private lot abuts Audubon Society land. Driveway is roughed in and passable. Views of Red Hill will get better with clearing. Great nearby amenities too! **\$49,000**  
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**MEREDITH:** Waterfront condo on Meredith Bay of Lake Winnepesaukee. This seasonal condo is in a small association with beautiful common areas and is just a short walk to Meredith village. 2 BR, 1,126 sf., wood accents and its own dock. **\$349,900**  
MLS# 4654798

**GILFORD:** Desirable location in a private setting, bordered by stone walls and fields. This cape home has pine floors, a first floor master, 2 other bedrooms and 2 baths. Attached 2-car garage and garden shed. **\$279,000** MLS# 4663804

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**STUNNING** 4-Bedroom timber frame contemporary in East Alton with 120' of prime Lake Winnepesaukee frontage and 7,000 SF of luxurious living space on 3 levels, beautiful views and meticulously maintained.  
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**OUTSTANDING** 1795 Colonial estate in Tuftonboro in pristine condition, masterfully restored interior and exterior, finest quality throughout, wide plank floors, fireplaces, 10 private acres, in-ground pool and barn.  
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**HISTORIC ESTATE** in Meredith w/tremendous Mt. Chocorua views, on 7.51 acres. Originally built in 1934, exquisitely restored w/incredible attention to detail. Private setting, beautiful grounds, 5BD, 5BA. Min. to Lake Winni.  
**\$979,000** (4637110) **Call 253-9360**

**MEREDITH** // Exceptional quality throughout. Three levels of living, updated baths, mountain views, home office, screened porch, deck, hot tub, pool and barn. All on three acres in convenient Meredith location.  
**\$525,000** (4658020) **Call 253-9360**

**NEW DURHAM** // Beautiful country setting. Updated 1830 two bedroom farmhouse with attached barn sits on 18.4 acres mostly mowed pasture with pond. Also included large kennel building offers many possibilities.  
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**MILTON** // Well maintained, large 3 bedroom cape, 2 car garage under. Deeded right of way to Northeast Pond. Hardwood floors and tile on the first floor with radiant heated floors.  
**\$259,000** (4654908) **Call 875-3128**

**ALTON** // Grandview Lane ~ Just like the address says. Recently updated home with new paint, Shores w/access to beautiful Sunset Lake flooring and deck. Location is in a great neighborhood with awesome kayaking & easy access to snowmobile trails & Gunstock for skiing 10 minutes away.  
**\$228,000** (4657763) **Call 875-3128**

**ALTON** // Like new open concept 2BR located in the desirable assoc. of Alton updated home with new paint, Shores w/access to beautiful Sunset Lake flooring and deck. Location is in a & Hills Pond for swimming, boating & great neighborhood with awesome kayaking & easy access to snowmobile trails & Gunstock for skiing 10 minutes away.  
**\$169,000** (4656643) **Call 253-9360**

**ALTON** // Custom 2-bedroom Colonial in the shared water-access Alton Shores community. Farmer's porch in front & a slider to the back deck. 2 1/2 baths with a tiled hearth for a pellet or gas stove. Room for a garage!  
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**MOULTONBOROUGH** // Your new home is ready to be built on this 2.2 acre lot with 3 bedroom septic design and location for house and well. Set on a quiet road yet close to town amenities.  
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**HOLDERNESSE** // One acre building lot in desirable location for your primary home or weekend get-away. Close to Squam Lake, hiking trails and all Lakes Region amenities.  
**\$54,900** (4653285) **Call 253-9360**

**ALTON** // Two wooded water access lots with an expired septic plan. Enjoy the beaches and water on Hills Pond and Sunset Lake. Good location!  
**\$16,750/ea.** (4633753-4633771) **Call 875-3128**

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163 Daniel Webster Hwy, Meredith NH**



**EMPLOYMENT OPENINGS**  
Governor Wentworth Regional School District, Wolfeboro, NH

**Assistants Needed** – some positions are contingent upon student's need and may be for current school year only.

**1:1 Special Education Assistant / Proctor  
Crescent Lake School, Wolfeboro**  
27 hours per week assisting a student in a grade 4-6 school.  
2 hours per week as general proctor for lunch/recess etc.  
Bachelor degree preferred.

**1:1 Special Education Assistant  
Effingham Elementary School, Effingham**  
3 hours per day assisting student with academic needs and to follow established classroom and behavior procedures.  
Experience working with elementary school aged children preferred.

**Special Education Assistant  
New Durham Elementary School, New Durham**  
3 hours per day assisting in upper grade classrooms with math and literacy support.  
Experience working with elementary school aged children preferred.

**Pre-School Assistant 1:1  
Ossipee Central School, Ossipee**  
2 mornings per week (Tues. & Thurs. 8:30-12:00) to work one to one with pre-school student.  
Candidate should have experience working with children with disabilities, including background in implementing discrete trials and working with communication systems. Associate Degree or equivalent required for this Title 1 school.

**Special Education Assistant  
Tuftonboro Central School, Tuftonboro**  
29 hours per week working with students needing academic and behavior support.  
Experience working in a school setting with grades 4-6 and Bachelor Degree preferred.  
To apply: [www.gwrsd.org](http://www.gwrsd.org)  
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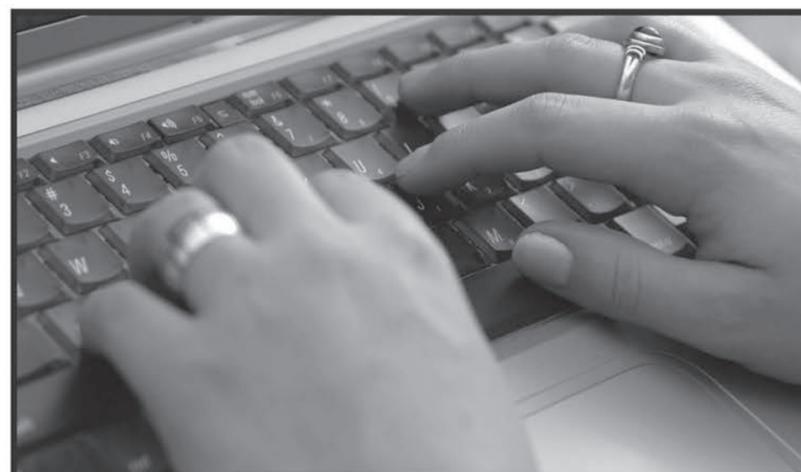
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# Revolution United offering basketball this winter

BARNSTEAD — will now have an offering for K-8 for those interested. Registration opened Nov. 16 on revsunited.com. To make it easy for the parents, the registration system will remain the same

as it was during soccer, making the registration for soccer smooth

and seamless. For any questions regarding Revolution United basketball, please contact Nicole Richard, Communications Director at 941-9077 or admin@revsunited.com.

# Pooler, Stinchfield honored for XC seasons

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — A pair of local runners

capped off their impressive careers by earning All-Star honors for the recently-concluded fall

season.

Kingswood seniors Cam Stinchfield and Wyatt Pooler both earned All-Star nods for Division II after running their way to the New England Championships with top performances at the Division II Meet and the Meet of Champions.

Joining them on the boys' team for Division II were Oyster River's Myles Carrico, Kieran Murphy and Parker Spinnery, Coe-Brown's Wyatt Mackey, Evan Tanguay and Luke Tkaczyk, Windham's Spenser Sawyer and

Merrimack Valley's David Reynolds.

Girls earning All-Star honors for Division II were Addison Cox of Coe-Brown, Rebecca Durham and Lauren Robinson of Milford, Jane Leighton and Arielle Zlotnick of Souhegan, Corinne and Julia Robitaille of Manchester West, Danielle Slavin of Oyster River, Leila Trummel of Hanover and Clare Veverka of Con-Val.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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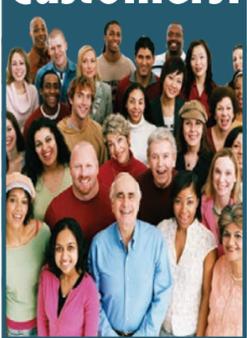
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