

Community celebrates Citizens of the Year

BY DONNA RHODES
drhodes@salmonpress.news

NORTHFIELD – The Tilton-Northfield Old Home Day committee announced their Citizens of the Year on Monday, June 24, during a reception held in the Pine Community Center to honor Tilton resident Joe Jesseman and Scott

Haskins of Northfield. Committee member Deb Shepard began by saying the 2019 recipients were two people who are special to the Old Home Day committee and that both have spent countless hours giving back to their communities.

SEE CITIZENS, PAGE A9



Deb Shepard and Jennifer Cross of the Tilton-Northfield Old Home Day Committee were pleased to announce last week that the Citizens of the Year for 2019 were Joe Jesseman of Tilton (left) and Scott Haskins of Northfield (right).

Hospice nurse saves overdose victim’s life

FRANKLIN – June 23 will be a memorable day in the lives of one woman and her loved ones. That was the day that Jacinda, a Franklin VNA & Hospice nurse went shopping for a new dress on her day off, and instead found herself responding to a medical emergency at the Gilford TJ Maxx.

“I was looking at clothes when I thought I heard a faint voice say to call 911! I thought, did I really hear that?” recalls Jacinda.

When she looked over to the side of the store, she clearly knew something was going on.

“When I looked over, I noticed panic with the staff! I went over and told them I was a nurse and asked what was going on. I thought maybe someone had fallen in the bathroom and it was the sight of blood. But then, the staff reported it is a drug overdose, she is in the bathroom, she is not breathing!” she explained.

The fast acting staff called 911 while Jacinda went in to assess the situation. The Registered Nurse found a young

woman on the floor with no pulse and no breathing, the contents of her purse strewn all around her. When she asked how long the woman had been like this, the boyfriend wasn’t sure. When she never came out of the bathroom, he had finally gone to check on her. Her boyfriend was sure she had overdosed.

Heedless of any dangers to herself, Jacinda began chest compressions and instructed the boyfriend on how to do rescue breaths.

“Does anyone have Narcan? Ask in the store, put it on the overhead. Someone must,” she remembers saying.

There was no AED available, and no one else had responded to help. Jacinda was on her own. She kept providing chest compressions, circulating blood to the woman’s brain, crucial to any hope of her surviving.

Finally recovering from his shock, the boyfriend said the woman had Narcan in her car. He just needed to find the car keys. Narcan hos-

SEE HOSPICE, PAGE A9

BES garden aims to “grow minds & feed hearts”

BELMONT – Ask a young child where carrots come from and you’re likely to hear a correct, but incomplete, answer: “The grocery store!”

Not so for any of the children attending Belmont Elementary School (BES). The growing cycle of fruits, vegetables, and flowers of all kinds will be part of their everyday curriculum thanks to the recent addition of a school garden.

In the winter, BES partnered with Prescott Farm Environmental Education Center to apply for a grant from The Lowe’s Charitable and Educational Foun-

COURTESY

(Right) BES teacher Laurie Hodgman’s first graders are guided by Prescott Farm’s Andie Hession (far right) as they plan peas in the school’s new raised beds.



Tilton resident honored with Boston Post Cane

BY DONNA RHODES
drhodes@salmonpress.news

TILTON – Tilton Town Clerk/Tax Collector Cynthia Reinartz had the honor of presenting 91-year-old Cecile Robert with the Boston Post Cane during a luncheon at the Tilton Senior Center on June 25, and Robert was thrilled to know she would also be getting a ride in a red convertible for the June 29 Tilton-Northfield Old Home Day parade.

In 1909, the publisher of the Boston Post newspaper had 700 specially made mahogany canes distributed to rural com-



DONNA RHODES

(Left) Cecile Robert was presented with Tilton’s Boston Post Cane, signifying her as the oldest resident of the town. Making the presentation at the senior center last week were (left to right) Selectman Pat Consentino, Robert, Town Clerk/Tax Collector Cynthia Reinartz and Selectman Katherine Dawson.

munities throughout New England. The canes were designed not only as an effort to boost circulation for the paper, but as a way to honor the oldest resident in each of those towns. Original-

SEE AWARDS, PAGE A9

dation. The school and Prescott Farm have worked together for 14 years as part of the Naturalist in the Classroom program. Last spring, Prescott Farm’s Andie Hession led first and

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Belmont hosting Sesquicentennial celebration July 5

BELMONT — Join us on the evening of Friday, July 5 near the bandstand on Mill Street for cake, ice cream, and live music. It was July 5, 1869 when the town separated from Gilmanton and officially became “Belmont” by an act of legislature.

In celebration of this exciting 150-year milestone, events are being held throughout 2019. The free event scheduled for Friday evening, July 5, will begin at 6:00 pm with special recognition to commemorate the occasion. A live performance by the popular Cape Cod Beatles tribute band, Walrus Gumboot, is the featured entertainment. Cake and ice cream will be served while it lasts.

Earlier that same afternoon, the Belmont Postmaster will be on hand at a table near the

bandstand providing a postmark created especially for the occasion. The temporary station will be known as Ses-

quicentennial Station. Anyone wishing to receive this postmark as a keepsake must present a stamped, addressed

envelope between the hours of 2 – 6 p.m. This is a free event appropriate for all ages and is in celebration of Bel-

mont’s 150th anniversary. Come celebrate this milestone with us. For more information, contact Gretta Olson-Wild-

er, Special Events Coordinator, at 998-3525 or email her at events@belmontnh.org.

Graduates receive more than \$17,900 in scholarships from Franklin Savings Bank

FRANKLIN — Franklin Savings Bank awarded over \$17,900 in scholarships to 17 seniors from six area high schools to include Franklin High School, Gilford High School, Merrimack High School, Merrimack Valley High School, Newfound Regional High School, and Winnisquam Regional High School. The scholarships were awarded through the FSB Scholarship Fund.

“We are proud to support the aspirations

of graduating seniors with their goals to pursue higher education in their chosen disciplines,” said Ron Magoon, President & CEO. “As a community bank with strong ties in the communities we have proudly served for 150 years, we are honored to assist high school graduates and their families who may be faced with the challenge of paying for higher education.”

The FSB Scholarship Fund was established in 1994 to offer support

to students in their pursuit of higher education. To date, the bank has awarded 627 scholarships totaling over \$332,500 to high school graduates. The Fund represents the bank’s commitment to helping families afford higher educational opportunities for their children who wish to enroll in college on a full-time basis.

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services through-

out the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford, Merrimack and Goffstown, as well as an office in Bedford for business lending. The Bank also offers investment, insurance and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest

in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

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TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 456 calls for service and made the following arrests during the week of June 17-23. Please note that the names of juveniles, and those of individuals taken into protective

custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Jason Lamy (in connection with an outstanding warrant), Alan Peterson (for Driving After Suspension and in connection with an outstanding warrant), Brenda Mills

(for Default or Breach of Bail and Criminal Liability), David Millinghaus (for Criminal Trespassing), Richard Jokisaari (for Driving After Suspension), Brandon Dame (for Driving After Suspension), and Kirk Noyes (for Domestic Violence-Simple Assault).

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DONNA RHODES

Edsel, an African Pied Crow from On the Wing rehabilitation center in Epping, was part of a special joint presentation made possible through Belmont Public Library and the Belmont Senior Center. Presenting Edsel and two other ambassador birds was volunteer assistant Bethani Garland.



DONNA RHODES

Myron, a Merlin Falcon, fluffed his wings and made himself comfortable during a presentation from On the Wing, a raptor rehab center in Epping, which was sponsored by the Belmont Public Library and Belmont Senior Center.



DONNA RHODES

“Roonie,” a Great Horned Owl, residing at On the Wing raptor rehabilitation center in Epping, stole the show in Belmont last week when he displayed his strength and beauty as volunteer assistant Bethani Garland held on to keep him safe.

Belmont Library offers program on raptors

BY DONNA RHODES
drhodes@salmonpress.news

BELMONT – Belmont’s public library and senior center teamed up last week to bring a program from “On the Wing” to people of all ages with a presentation on raptors, who they are and what their habits are, as well as a visit from three of the center’s incredible bird ambassadors.

On the Wing is an Epping rehabilitation center for birds of prey, such as eagles, hawks, falcons and osprey. The center has even been occasionally featured on the television show “North Woods Law,” spotlighting the tasks and challenges of New Hampshire Fish and Game officers. On the show, the staff and volunteers of On the Wing have been shown taking in injured raptors New Hampshire Game Wardens have encountered that are then cared for and released back into the wild whenever possible.

Bethani Garland, a volunteer assistant at naturalist Jane Kelly’s rehab center, led the program last week,

which not only educated the audience on the lifestyle, physical features and habitats of raptors, but advised people on how to help keep them safe.

The first live bird she presented was an African Pied Crow named Edsel. While Edsel is not a native to New Hampshire, he and his fellow crow cousins are a relative of the raptor family, called “corbins.”

“Crows, ravens and blue jays are the ‘tattle tales’ of the forest. They’ll tell you where the raptors are,” Garland said.

Once spotted, corbins will mob a raptor, diving and giving out loud cries as they attempt to chase them away.

Edsel’s particular species is now being raised at a facility in Virginia for educational purposes for places like On the Wing because of their charming personalities and educational possibilities. Highly intelligent, “Edsel” has even learned to talk, mimicking humans, saying among other words, “I love you,” and even meowing like a cat.

“We have to watch

what we say around him,” Garland laughed.

Crows in general, she added, are opportunists who take every chance they have to grab a free meal. While they are very social they are true scavengers of the natural world.

The center currently has four baby ravens, which are a large cousin of the crow. They were found left on their own after their parents were killed, presumably by people who mistook them for crows, which are legal to hunt. Three of the babies have become habituated to humans and will remain in qualified nature and science centers, Garland said, but one has stayed true to his natural habits and will soon be released back into the wild.

Garland’s next ambassador was Myron, a merlin falcon that is a small cousin of the peregrine falcon. She confessed that Myron was perhaps her favorite raptor and the two have now bonded through their close daily association at On the Wing.

Myron came from Wakefield where some-

one observed he had been kicked out of his nest. He was brought to the center where it was soon discovered why his mother rejected him.

“He has cataracts, which means he has bad eyesight and can’t capture prey. Mother birds will do that when they sense there is a problem with one of their young. They won’t take the time and energy to feed them,” Garland explained.

Typically possessing keen eyesight and a bullet-like body shape, healthy falcons can dive at a speed of up to 200 m.p.h. to capture smaller birds for a meal. Because of his visual disability however, Myron now lives luxuriously at On the Wing with his best friend Garland. And while he is fed food falcons would typically eat, he would not survive in the wild.

Garland said, “He would much rather be here with all of you—you’re part of his flock,” as she tucked Myron reluctantly back into his carrier.

Her final Raptor Ambassador was “Rooney,” a Great Horned Owl. Dif-

ferentiating owls from falcons, she brought out feathers from each species, waving them in the air to show how swift-moving falcons SEE **RAPTORS**, PAGE A8



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Meet your local providers

FRANKLIN — Dr. Hanrahan is one of the providers at Westside Healthcare in Franklin, NH. We are excited to be able to interview her and grateful for the chance to hear her thoughts.

Q: How long have you been practicing at Westside Healthcare?

A: I have been with Westside Healthcare for about 17 years.

Q: If people are looking for a new primary care provider, what kinds of questions should they be asking the provider to see if she or he is the right provider for them?

A: That is a hard question to answer. I think the most important thing is to find a primary care provider that will take the time and listen to you. You want somebody that we will think about the whole



Dr. Hanrahan

person and not jump to conclusions. You want somebody that we will respect your beliefs about your health. I feel it is my job to guide the patient as to what is the best medical advice and then work with a patient and their beliefs.

Q: What is one thing you wish patients would speak with their providers about?

A: This might not be a direct answer to your question, but I think it is essential to look at the whole person, not just the disease or illness. I like to know what level of stress people are under, what their diet is like what their sleep is like, and how much the

SEE **PROVIDERS**, PAGE A8



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STRATEGIES FOR LIVING

The cycle of nations

BY LARRY SCOTT

In the September 24, 2009 issue of the Winnisquam Echo, Bill Tobin, who had for many years served in the New Hampshire House of Representatives, posted what has become known as the Cycle of Nations:

“The average age of the world’s greatest civilizations has been about 200 years. During those 200 years, those nations always progressed through the following sequence:

- From bondage to rebellion;
- From rebellion to spiritual faith;
- From spiritual faith to great courage;
- From great courage to liberty;
- From liberty to abundance;
- From abundance to complacency;
- From complacency to apathy;
- From apathy to dependence, and,
- From dependence back to bondage.

I often wonder where we are in this cycle. It is clear to many of us that, as a nation, we are in deep trouble. Many of us who have been influenced by the Judeo-Christian ethic are aghast. In our view, we are living in a godless, self-centered and misdirected society. Having abandoned the Bible as giving us an objective standard of morality, we have been damaged by the absence of those principles of right and wrong that used to be commonly taught in our schools and universities. Far from being snobbish and judgmental, the Christian community has agonized over the state of our nation. There is here no joy when things have deteriorated to the point where our young people can’t even determine their gender! Give me a break!

We have hit “complacency” and are well on our way to “apathy” and, true to the model, no one seems to care. Live and let live, be happy, you only go around once, so live it to the fullest... seems to be our society’s philosophy.

We have taken the privilege of living in America so much for granted the champions of socialism are getting a hearing. Touting proposals we cannot afford and proposing changes that defy common sense, their promises, if implemented, would destroy us as a nation. Political expediency is no alternative to the principles of sound government established by our founding fathers. Wake up, America. There is no free ride!

There is little need for me to enumerate the many expressions of political correctness and personal freedom that have permeated every level of our society. So pervasive has become an almost total disregard for those moral principles we once accepted as truth, it is difficult for the Christian community to keep from giving up. It would be easy for us to conclude that we are the victims of a godless society and that nothing we can do will make a difference. “Cash it in, fold your wings, bury your head in the sand”... and leave society to live out the pleasure of its own will. But Christians, we have no such option. Our nation’s future is at stake; it is time to stand and be counted.

This is God’s world, and although most generally disregarded, He is available to all who are prepared to make Him welcome. He created us as an act of love and has given of Himself to make possible a change in the purpose and direction of both our lives and our nation. I fear for America but I am not about to give up! Whatever the future course of our history, I shall proclaim this foundation principle as often as I can: there is an alternative... and His Name is Jesus Christ.

You want to talk about it? Hit me up at rlarry-scott@gmail.com.

Send your letters!

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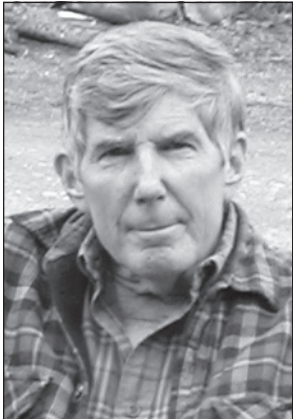
COURTESY

Bench dedicated in memory of Dennis Allen

On the one-year anniversary of his death, the Town of Northfield dedicated a bench at The Pines recreation area in memory of Dennis Allen. Allen served the community in many capacities over the years, including as a Northfield selectman and the Director of Public Works in Tilton. On hand for the dedication on June 13 was his wife Valerie and grandchildren Gracie and Gavin.

NORTH COUNTRY NOTEBOOK

The Fourth, the value of “junk wood,” and some weird headlines from the past



By JOHN HARRIGAN
COLUMNIST

Editor’s note: Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week’s edition. The following column was originally published on July 3, 2018.

By the time these words reach most people, the Fourth will be mostly a memory by the tuckered-out good citizens that make it all happen. In town after town, it is the same core of volunteers or the same service club or other organization that make the 4th of July much more than just another holiday on the calendar.

Because the 4th fell this year on a Wednesday, the hi-jinx leading up to it began on the previous Thursday evening, June 28, when the first wave of weekenders began hitting the territory above the notches. On a casual drive around the countryside, much music could be heard. Later, there were even occasional fireworks. Nobody called 911.

Then Friday night came around, and the pre-Fourth celebrations really got up and running. A great many families use the Fourth as the nugget around which to plan reunions and the like; hence so many anniversaries,



JOHN HARRIGAN

The 1947 Jeep, all tricked out for a Fourth of July parade, and of course subsequent cruising around town. On this Fourth, the Jeep stayed in the barn, but there’s always next year.

birthdays, graduations and class reunions being celebrated during the two weeks before and after the Fourth.

It’s a lot of fun to deck the old ’47 Jeep out with flags fore, aft and amidships, and go tooling around town and countryside to see who’s flocked in to visit family and the like. And believe me, if I responded to every beckoning wave from a porch, I’d never get home.

+++++

It was a case of party principle running smack up against small-town economic need. Fear and loathing of subsidies constitutes a perennial plank in the Republican Party platform. This perhaps explains Gov. Chris Sununu’s veto of a bill, supported by virtually two-thirds majority votes in both House and Senate, that would mandate the purchase of power from biomass plants—such as the ones in Alexandria and Bethlehem—even though their power is more expensive than that derived from traditional fossil fuels.

The last time I looked (things may have

changed by the time this hits print), SB 365 and other similar bills seeking to subsidize power from renewable resource plants were headed for the Governor’s desk, and likely vetoes. State House observers were having fun speculating on whether both legislative branches had the horses (or would muster them) to override.

Because they have tremendous fallout effects—in jobs in logging, chipping, trucking and plant operation, and sales of meals and fuel and supplies--the state’s dozen or so biomass and larger hydro power plants are seen, in Small-Town New Hampshire, as major, vital economic engines. Voters in more urban areas might be forgiven for focusing more on the estimated \$30 million cost to consumers.

The vetoes would be in line with the Governor’s support of the Northern Pass project, which sought to bring power from Canadian hydroelectric plants through New Hampshire to markets in the greater New York City region. This could be described as Godzilla

trashing New Hampshire’s landscape for other states’ gain. He was totally out of touch with members of both parties and the public on that one, too.

+++++

If there’s no market for low-grade or so-called “junk wood,” foresters and landowners who want to do the right thing as stewards of the land and its ecosystems are deprived of a valuable tool in the very toolbox that allows them to do so.

Any logging jobber has to keep his pencil sharp in a tough business, and a market for low-grade wood helps cut into the cost of set-up and infrastructure. It can make the critical difference on whether a logger can follow a careful plan reflecting good stewardship, or hand it back to the landowner and say “I just can’t do it this way and make a buck.”

+++++

Writing headlines is a challenge and sometimes a delight. Good headline writers are SEE **NOTEBOOK**, PAGE A9

Franklin VNA & Hospice holds Memory Ceremony

FRANKLIN — The choir sang, the flowers were in bloom, and the day was perfect. You could not have asked for a lovelier day to gather together and remember those who we have loved and lost.

“Although this is only the second year we have had the Memorial Patio, the Memory



(Right) A four-leaf clover found by an attendee at the Memory Ceremony. The Memorial Patio is seen in the background.

Ceremony has become so meaningful to us. It's a wonderful opportunity for people to remember their loved one, connect with some of those who may have cared for them, and have the chance to discover the Garden,” says Elaine Cartier, Hospice Administrator at Franklin VNA & Hospice.

It seemed meaningful to those who came as well, with some tears, some embraces, and some who took the opportunity to take a

photo of their memorial brick.

Tobias Nyatsambo, Hospice Chaplain for Franklin VNA & Hospice, spoke on the meaning of gardens and the importance of recognizing the cycle of life and death as one that is natural. In closing he invited all to explore the Garden and visit the patio any time they needed a little peace.

The Teuscher-Wilson Hospice Garden, located behind the Franklin VNA & Hospice at 75 Chestnut St., Franklin, is open to the public at any time. The Garden was created in partnership with the Winnisquam Region-

al High School Agricultural and Natural Resources Program, volunteers and Founding Donor, Watts Water Technologies. This year also brought donations of flowers from Surowiec Farm in Sanbornton, and flowers and materials to build the garden arch from the Tilton Lowe's, the newest project the Winnisquam students have taken on for the Garden.

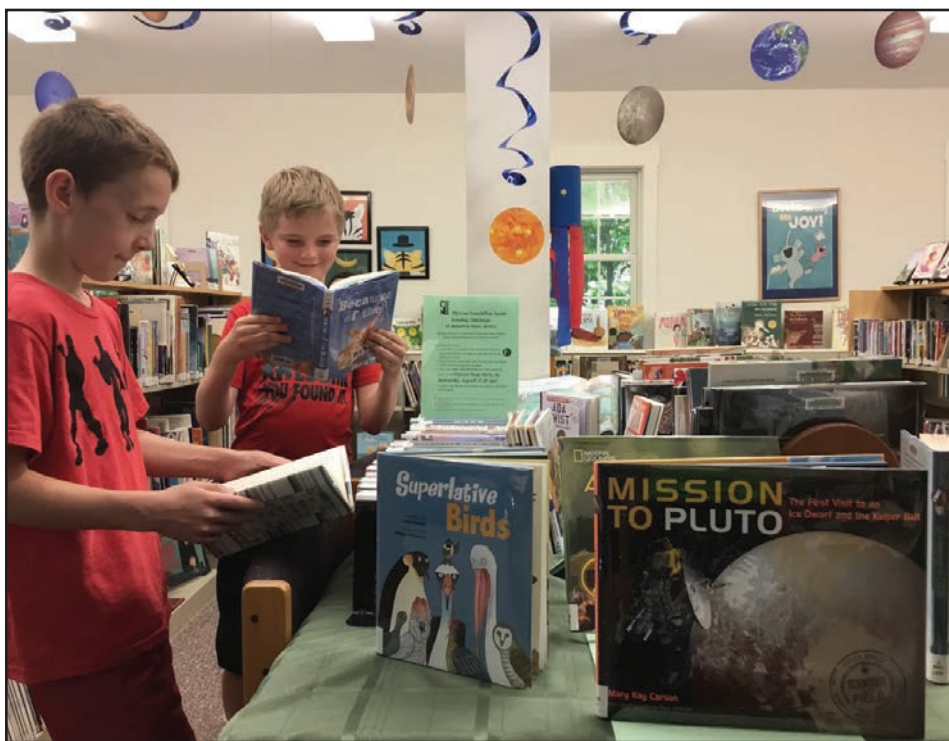
“It's been amazing to see people come together to support this space,” says Cartier. “It is truly valued as a place to find peace, remember loved ones, and bring together communities.”

Pilcrow Foundation grant offers children a new reading challenge

SANBORTON — Elinor clutched the book closely, exclaimed, “I love the new book smell!” and insisted on borrowing the book “42 Is Not Just a Number” by Doreen Rappaport, to share with her Dad.

Children in Sanbornton are delighted to get their summer reading started with new books from the Pilcrow Foundation. The grant provided 68 new hardcover books and an additional 22 math and science themed books for the collection. Selected from a list of star reviewed and award winning titles, the books will appeal to readers of ages seven and older. In addition to the annual summer reading program, the library is offering the Pilcrow Reading Challenge: read five books from the Pilcrow collection and earn a spot at the Pilcrow Pizza Party on Wednesday, Aug. 21.

The award from the Pilcrow Foundation is very timely, with summer upon us. Children work hard during the school year to build their reading skills. What a delight to have new, fun books to put those newly acquired skills to use. Reading over the summer helps reduce summer slide,



and gives students the opportunity to explore new interests. This grant, worth more than \$1,600 in books, was possible with a \$400 local match. Last October, the Streifers had a moving sale and donated their proceeds to Sanbornton Public Library. Janet Streifer volunteered for many years to support children's literacy initiatives and asked that the library use the funds for the community's children. The Pilcrow Foundation's mission is “providing new, quality, hardcover children's books to rural public libraries.” This grant was the perfect

match for Janet Streifer's donation.

Mr. Hal Berenson and Mrs. Laura Ackerman of Colorado donated the 22 math and science books. Each book in the collection includes a bookplate acknowledging their generous donation. These new books cover topics animals, plants, creativity and exploration, all of interest to the curious children of Sanbornton.

The Pilcrow books are on display in the children's room of the

library and are available for this year's summer reading program, “A Universe of Stories.” To see the full list of books search “Pilcrow” in the library catalog. For details, call the library at 286-8288 or visit www.splnh.com.

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PET OF THE WEEK

GINGER

Ginger is a friendly firecracker! This 2 year old pitty mix came to the NHHS through southern transport and is just the sweetest girl. She is somewhat house-trained, and currently knows sit, stay, wait and touch. She is very food motivated and will benefit from a calmer environment than the shelter, and some more training! Ginger is looking for an adult-only home with an active lifestyle, potentially another doggy friend (if they can keep up), and maybe a cat friend. Please come and see Ginger, you may just fall in love!

Check www.nhhumane.org or call 524-3252 for more information.

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Arvid Darcy Anderson, 69

NORTHFIELD — Arvid Anderson of Northfield passed away on Monday, June 24, 2019 after a long battle with cancer.

Son of Charles and Helen Anderson and brother to Charlen Kristin David, Stephen Edward Anderson, Alicia Lu Hendricks, and Patricia Jean Crisp, Arvid was born in Ann Arbor, Mich. and raised in Eatontown, N.J.

Arvid was an artist. He worked as an incredibly skilled wood finisher for IRG Millworks in Hopkinton. His passion for woodworking was only surpassed for his love of music, as evidenced by his impressive collection of vinyl records.



Over the years, Arvid was a drummer for many bands throughout New Hampshire and Massachusetts, and especially loved playing Blues and Rock 'n Roll. Arvid's other passions including stamp collecting, bass fishing, going to yard sales and riding his Harley-Davidson

as a life-long H.O.G. Member.

In addition to his brother and sisters, Arvid is survived by his daughter, Jennifer Anderson of Laconia, son, Jeremy Anderson of Dracut, Mass., and the love of his life, Cheryl Mariano of Northfield.

Per Arvid's request, there will be no calling hours. A celebration of life with lots of live music is planned for this summer. In lieu of flowers, the family requests that gifts in Arvid's honor be directed to a local animal shelter, the Concord VNA Hospice House, or Gilda's Club of New Hampshire.

Ann Sylvia (Hall) Haberman, 91

TILTON — Sylvia Haberman, 91, a longtime resident of Tilton, died on Thursday, June 27, 2019 at Mountain Ridge Genesis Center in Franklin, peacefully and exactly as she had planned, with her family, best friend Ginnie, and her little dog Roxie by her side.

Sylvia was born in San Diego, Calif. on July 28, 1927, the daughter of John and Frances (Eaton) Hall. She was employed with the Department of Health and Human Services with the State of New Hampshire as a child advocate, having touched and changed (and probably saved) the lives of countless children that she transported over many years. Sylvia was an active member of the Tilton-Northfield United Methodist Church in Tilton since 1985, where she held a leadership role to the day she died. Sylvia's favorite things included sitting by the ocean (as she had so many times on the beautiful



rocks of La Jolla, Calif., where she grew up), flower gardening and arranging (an art that she passed on to many), and taking care of – and loving – everyone who crossed her path. She was predeceased by her husband Robert Wendell Haberman, who died on February 12, 2018, with whom she would have celebrated their 65th anniversary on the day she died (as she had planned). She was also predeceased by her twin brothers, John and Harry Hall.

Her family includes her daughters, Sue and her husband Robert Vanderbeck of Nashua and their children, Quinn and Kim; and Wendy

Haberman of Saugerties, N.Y., and Evan Johnson of Teaneck, N.J. and their children Jared and Ethan; her step son, Robert Haberman, Jr. of San Mateo, Calif.; her nephew, Marshall Hall (and wife Ginnie) of Sherman Oaks, Calif.; many nieces and nephews who predeceased her and countless beloved and supportive friends who enriched her life.

A celebration of her life was held on Saturday, June 29, 2019 at 11:15 a.m. at the Tilton-Northfield United Methodist Church in Tilton. A luncheon and gathering will be held following the service downstairs at the church.

Burial in the New Hampshire State Veterans Cemetery in Boscawen with her husband will be held at a later date.

The William F. Smart Sr. Memorial Home in Tilton is assisting the family with arrangements.

For more information, go to www.smartfuneralhome.com.

Mary Dore Strout, 94

NORTHFIELD — Mary Dore Strout, 94, formerly of Northfield, died at Genesis Lebanon Center on June 26, 2019.

She was born in Manchester in 1925, the daughter of Edward and Esther (Ongley) Douville.

She was raised in Goffstown, later living in Manchester and Alton, Branford, Conn., and the Tilton-Northfield area. Mary moved to Grantham in 2010.

While in Connecticut, she worked at Malley's Department Store in New Haven for 22 years, and later at Leavitt's Department Store in New Haven. She lastly worked as an aide at the Merrimack County Nursing Home for 11 years.

Mary was an active member of the Tilton-Northfield United Methodist Church.



Edward A. (and Elaine) Dore of Northfield, and Clifford A. (and Barbara) Dore of Grantham; six grandchildren (Christopher E. Dore, Jennifer L. Thibeault, Justin M. Dore, Jean-Claude Dore, Nicole R. (and Matthew) Riccitelli, and Rebecca J. Dore); four great grandchildren (Casey B. Thibeault, Devin R. Thibeault, Makayla C. Riccitelli, and Nathan R. Riccitelli); and many nephews, nieces and cousins.

She was predeceased by her husbands, Lawrence A. Dore in 1989, Walter V. Hajdusek in 1992, and Andrew F. Strout in 2007.

The family would like to express their appreciation to the kind and compassionate staffs at Genesis and Bayada Hospice.

Visiting hours will be held on Friday, July 5, 2019 from 10-11 a.m. at Tilton-Northfield United Methodist Church, 400 West Main St., Tilton. A funeral service will begin at 11 a.m. Burial will follow in Park Cemetery, Til-

ton.

Donations in memory of Mary may be made to a charity of one's choice.

Paquette-Neun Funeral Home in Northfield is assisting with arrangements. For an online guestbook, please visit www.neunfuneralhomes.com.

Taylor Community presents “Generation Zapped”

LACONIA – “Generation Zapped” investigates the potential dangers of prolonged exposure to radio frequencies from wireless technology; its effects on our health and well-being, as well as the health and development of our children. Carolyn Larocque will help us uncover the facts and reduce our exposure to limit the associated health risks during this technological revolution in a lecture Wednesday, July 10 at 6:30 p.m. in Taylor Community's Woodside Building. This free event is open to the public.

From its links to breast and brain cancer, to its associations with increased infertility and genetic mutations related to autism and ADHD, to newly developed illnesses, such as Electrical Hyper-Sensitivity. Today we encounter a hundred thousand times more the level of radiation from wireless technologies than we did decades ago.

Yet the safety standards set by federal regulatory agencies are outdated. New wireless devices such as smart-

phones, tablets and baby monitors to the latest “Internet of Things” continue to enter the market without any proper pre-market testing or post-market monitoring.

Follow us on Facebook, visit www.taylorcommunity.org, or call 366-1400 for more information about Taylor Community, the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

LACONIA — Graham and Graham, PC has taken the driver's seat as the lead sponsor for the 2019 Lakes Region Rotary Car Show that will be held on Saturday, July 27 from 10 a.m. to 2 p.m. at Faro Italian Grille in Weirs Beach.

Each year this great event welcomes more than 150 vehicles and nearly 1,000 spectators, and has raised upwards of \$60,000 over the years for local charities and scholarship/Rotary programs.

On July 27, cars from decades ranging from the early 1900's to today will be represented and judged. Car enthusiasts,

family & friends are encouraged to attend and will have the opportunity to view the top-of-the-line classic and modern cars, rating their favorite in the “People's Choice” competition.


Ben Wilson, President of Lakes Region Rotary, stated “We are so happy to have Graham & Graham, PC once again as our lead sponsor. Their generous support of Rotary helps ensure

the success of this event, which is our main fundraiser for the year.”

Last year's event was a tremendous success, raising more than \$10,000, which benefited local organizations such as the Greater Lakes Region Child Advocacy Center, Laconia Educational Endowment Fund, Lakes Region Scholarship Fund, the NH Chapter of the Cure



Graham & Graham, PC is proud to be the presenting sponsor for the Lakes Region Rotary's annual car show fundraiser, which raises thousands of dollars annually for local charities. Pictured – Jeff Graham, Principal of Graham & Graham, PC (left) with Ben Wilson, President of the Lakes Region Rotary Club.



How to Submit Obituaries & Announcements To Salmon Press Publications

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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
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Winnisquam Regional High School honor roll

TILTON — Winnisquam Regional High School has released its honor roll for the second semester of the 2018-2019 school year.

High Academic Honors
Eveline Auger, Courtney Barnes, John Beaulieu, Michaela Blais, Lindsay Blier, Madison Broughton,

Matthew Camerato, Michael Camerato, Gabriela Castrillon, Taylor Cole, Julia Connelly, Symphony Cote, Ashley De-shaies, Olivia Dill,

Calvin Dodge, Amanda Dunham, Brady Ellsworth, Megan Fife, Shannon Goodwin, Jasmine Gove, Jacob Holt, Jessica Holt, Douglas Jones, Kyle

Mann, Tayah Moore, Charlotte Pearsall, Rebekah Persson, Ar-ionna Pierce, Jasmine Piper, Joy Roberts, Kylee Rock, Mary Rog-ers, Kelsey Rotonnelli, Abby Smith, Evan Smith, Stephanian Sur-owiec, Geanina Swan-ay, Nathaniel Wilson

Carolyn Honer, Casey Honer, Gunnar Hor-man, Damian Houle, Madison House, Sarah Hyson, Gabrielle Isa-belle, Mason Ivester, Brylee Jordan, Jas-mine Jordan, Grif-fin Knowlton, Caleb Kuczkowski, Mark Labonville, Abbey LaBrie, Isabella La-manuzzi, Casey Lang, Timothy Lang, Jessica Laraway, Jessica Lee, Daniel Licata, Anna Lindbloom, Allyson Lloyd, Kathryn Long, Travis Mallalieu, Gar-ret Mango, Riley Mann, Elyssa Manning, Bran-don Marceau, Emilee Martin, Gavin Martin, Emily Max, Hannah

Belmont Elementary School Tiger Roll

BELMONT — Bel-mont Elementary School has released its final honor roll for the 2018-2019 school year.

Autumn Talbot, Chris-tian Trottier, Nicholas Trottier, Olivia Veroff, Ilithya Vincent, Cullen Zaleski

enzie LeClaire, Della Liakas, Olivia McGona-gle, Owen Michaelsen, Aiden Milmore, Brooke Murphy, Taila Kaye Neal, Aleena Nialetz, Ryan O'Connor, Juliette Pagliarulo-Ames, Ved Patel, Elisia Perillo, Kira Perry, Allyson Rolfe, Da-kota Rouleau, Alex Row-ley, Lillian Sheehan, Amelia Smith, Rowan Sottak, Rozelyn Taylor, Jeffrey Trent, Brooke Varnum, Tristan West-lund, Jordan White, Adrian Wilkinson

zlar, Christian Edgren, Daniel Fournier, Sa-vana Fraser, Devlin Gamache, Gracie Had-dock, Makayla Hobson, Maimoona Khan, Anni-ka Krauchunas, Jaelyn Leung, Taryn Levensal-or, Justin Levesque, Brock MacPherson, Derik Matthews, Lily McDannell-Drouin, Dylan McDermott, Lyla McSheffrey, Autumn Miller, Ryan Monasky, Kayly Morris, Gabrielle Murphy, Olivia Nedobi-ty, Molly O'Connell, Bai-ley Perkins, Lillian Pe-tersen, Trenton Proulx, Westley Rolfe, Adaline Ross, Hannah Rouleau, Olivia Smith, Jasper Sottak, Ella Stevens, Sadie Sturgeon, Avery Thurber, Gabrianna Turan

Academic Honors
Timothy Allaire, Mi-chael Allard, Chance Anderson, Logan Bak-er, McKenzie Ball, Chelsea Beaulieu, Jacqueline Beaulieu, Calista Betar, Meghan Biancardi, Adrian-na Bingham, Hannah Blackburn, Felicia Blodgett-Duran, Mia Boelig, Nathaniel Brag-don, Zachary Braun, Kobe Briand, Mabel Buteau, Lee Campbell, Kaitlyn Carey, Alyssa Caron, Jacob Carpen-ter, Riley Chaffee, Mor-gan Chapman, Layne Cilley, Chloe Colarus-so, Joseph Collins, Richard Collins, Connor Corey, Maria Costella, Meghan Cote, Anna Cruz, Diamond Cutting, Christopher Dalton, Lea Dalton, Jo-seph Damato, Sophia Day, Natalie Deshaies, Derek deSousa, Noelle Drouin, Meghan Du-biel, Corbin Dubord, Addam D u n h a m , Brennan Dunn, Emily Dyer, Veronica Elliott, Aidan Ewens, Rachel Fife, James Fitzgerald, Allison Foster, Mak-enzie Foster, Cooper French, Joseph Gage, Bailee Gallant, Jes-se Gardner, Makay-la Germain, Madison Gilbert, Taheira Glover, Megan Goodridge, Faith Gosselin, Chris-topher Gray-Romano, Emma Griffin, Evan Griffin, Emmalena Haggett, Eyan Hanks, Preston Hartford, Ka-rissa Haskins, Nolan Haskins, Charles Hib-ert, Hunter Hinx-man, Hanna Honeman,

Max, Hannah McCain, Bianca McCoy, Quin-tin McDaniels, Keion Miller, Cheyenne Mor-rison, Leighton Morri-son, Madison Muzzey, Philip Nichols, Isabeau Palmer, Marguerite Parker-Drevescraft, Brendan Parry, Dhar-mik Patel, Akasha Pelkey, Nolen Perrino, Aiden Phelps, Emma Pidello, Gianluca Pio-vano, Kaleb Platanitis, Alexis Poole, Xoren Powell, Evan Power, Garrett Rathbun, Ni-cole Reusch, Jack Rich-ard, Carly Richardson, Emma Richardson, Jocelyn Roache, Lucas Robdau, Dylan Robert, Cameron Roberts, Con-nor Robinson, Henry Rogers, Amy Roy, Sar-ah Roy, Jordan Seavey, Sadira Senecal, Sarah Seymour, Julia Singh, Aidan Sleeper, Carter Smith, Alyssa St. Onge, Aubrey St. Onge, Shy-ann Stockton, Dominic Stone, Hannah Swain, Laura Swain, Burton Swanson, Anthony Syhabout, Kristyann Tardif, Rebecca Tin-ker, Aline Vanderijst, Marlyssa Weatherbee, Patrick Welch, Aman-da Wickens, Jenna Wilson, Zachary Wood, Hailey Zimmer

2nd Grade
Lyllah Anstey, Ama-ya Arsenault, Samuel Binder, Beckett Chan-donnait, Jia Chiu, Amelia Collie, Camden Glennon, Caleb Hook-er, Punargeet Kaur, Evan Lemay, Braydon Lemay, Ace McCant, Hannah McGee, Lucas McSheffrey, Jordan Minaya, Jack Mitchell, Neala Murphy, Aubrie Mussey, Michael Nev-in-Demmons, Zander Ober, Hayley Piatti, Cody Reckendorf, Mead-ow Rogers, Katilynn Sanborn, Morgan Scho-field, Cora Takantjas,

3rd Grade
Augusta Alexan-der-Provençal, Sean An-drews, Emily Anstey, Kylie Beaudoin, Jerica Beaulieu, Ella Bedway, Sophia Benwell, Isa-bella Boynton, Connor Brunelle, Finn Burbach, Kaitlyn Corsaut, Sarah Cribbie, Farrah Cross, Natalee Cullen, Jillian Divers, Hailey Dutton, Charlotte Ekberg, Mor-gan Filteau, Lyla Fo-ley, Gunner Gallentine, Brennen Geoffrey, Al-lison Hebert, Matthew Kahrmanovic, Tyler Kelly, Ella Lafrance, Jenna Laramie, McK-

4th Grade
Ryan Albert, Caleb Bedway, Jack Binder, Kyle Bryant, Alexia Coo-per, Lexi Coveney, Kyra Croteau, Madelyn Dear-born, Jordan Defran-cesco, Emerson Duyma-

Emily Holt receives Rodney Parsons Award

BURLINGTON, Vt. — Emily Holt, of Sanborn-ton won the Rodney Par-sons Award at UVM's College of Arts and Sci-ences Awards Ceremony held on May 17.
This award is given annually to graduating senior neuroscience ma-jors who have demon-strated outstanding achievement in schol-arship, leadership, and research in the field of neuroscience. The

award is named for Rod-ney Parsons, who joined the UVM faculty in 1967, and served as Chair of the Department of Anat-omy and Neurobiol-ogy from 1979-2013, and since 2001 has served as the Director of the UVM Center of Biomedical Research Excellence in Neuroscience. In addi-tion to maintaining an outstanding research program, Dr. Parsons played an integral lead-

ership role in developing and promoting neurosci-ence research and edu-cation at UVM.
About UVM
Since 1791, the Uni-versity of Vermont has worked to move human-kind forward. Commit-ted to both research and teaching, UVM profes-sors -- world-class re-searchers, scholars, and artists -- bring their dis-coveries into the class-

room and their students into the field. Located in Burlington, Vermont, one of the nation's most vibrant small cities and top college towns, UVM is a Public Ivy and top 100 national research university educating 10,612 undergraduate students, 1,601 graduate students, 716 non-degree students, and 466 M.D. students in the Larner College of Medicine.

Sierra Juneau of Gilmanton named to the UNH Dean's List

GILMANTON — Sier-ra Juneau of Gilmanton has been named to the Dean's List at the Uni-versity of New Hamp-shire for earning High-est Honors for the spring 2019 semester. Juneau is majoring in BusAdm:Fi-nance.
Students named to the Dean's List at the Uni-versity of New Hamp-

shire are students who have earned recognition through their superior scholastic performance during a semester en-rolled in a full-time course load (12 or more graded credits). High-est honors are awarded to students who earn a semester grade point average of 3.85 or bet-ter out of a possible 4.0.

Students with a 3.65 to 3.84 average are award-ed high honors and stu-dents whose grade point average is 3.5 through 3.64 are awarded honors.
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and world. More than 16,000 students from all 50 states and 71 coun-tries engage with an award-winning faculty in top ranked programs in business, engineer-ing, law, liberal arts and the sciences across more than 200 programs of study. UNH's research portfolio includes part-nerships with NASA, NOAA, NSF and NIH, re-ceiving more than \$100 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.

Alexa McNamara of Gilmanton Iron Works named to UNH Dean's List

GILMANTON — Al-eva McNamara of Gil-manton Iron Works has been named to the Dean's List at the University of New Hampshire for earning Highest Hon-ors for the spring 2019 semester. McNamara is majoring in Communi-cation. She was a 2017 graduate of Gilford High School.
Students named to the Dean's List at the Uni-versity of New Hamp-shire are students who have earned recognition through their superior scholastic performance during a semester en-rolled in a full-time course load (12 or more graded credits). High-est honors are awarded to students who earn a semester grade point average of 3.85 or bet-ter out of a possible 4.0. Students with a 3.65 to 3.84 average are award-ed high honors and stu-dents whose grade point average is 3.5 through 3.64 are awarded honors.
The University of New Hampshire is a flagship research uni-versity that inspires in-

novation and transforms lives in our state, nation and world. More than 16,000 students from all 50 states and 71 coun-tries engage with an award-winning faculty in top ranked programs in business, engineer-ing, law, liberal arts and the sciences across more than 200 programs of study. UNH's research portfolio includes part-

nerships with NASA, NOAA, NSF and NIH, re-ceiving more than \$100 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.
To learn more about the opportunities at the University of New Hampshire visit: www.unh.edu.

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LRGH offers Everyday Living and Diabetes class

LACONIA — Are you or someone you care for living with diabetes? Would you like to learn ways to better manage and live well with this disease? If so, this class is for you!

This free four-week class will be offered on Mondays from 9:30 - 11:30 a.m. beginning July 22 at Lakes Region General Hospital. Those attending this class will learn skills for living a healthy life with diabetes. Learn to set goals for improving your diabetes with topics including managing blood sugar levels, healthy eating, physical activity, relieving stress, and more.

For more information on this class, future sessions or to register please call LRGHealthcare Community Education at 527-2948.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

AWARDS

CONTINUED FROM PAGE A1

ly awarded to the oldest male, the tradition was later amended to passing the cane on to the oldest resident, be they male or female. The only real stipulation is that that person has to have resided in the community for a minimum of ten years.

Robert was nominated for the honor and after verification was made by the Town Clerk’s office, Tilton Selectmen were pleased to bestow her with their signed proclamation for the award.

While Tilton’s Boston Post Cane, received in 1909, is kept on display in a glass case at the town hall, Selectmen Pat Consentino and Katherine Dawson joined Reinartz in presenting her with a replica that she can keep. Her name will also be added to the plaque that hangs beside the original cane, listing all of Tilton’s past recipients.

After receiving the cane, she told the crowd, “I wish to thank everybody here today. This is quite an honor.”

Officially known as Marie Monique Cecile Gertrude Robert, she is simply Cecile to all who have come to know in the 69 years she has lived in Tilton. During that time, she said she worked for awhile at Anthony’s House of Pizza but was also employed by BeeDee Electrical Instrument Co. in Penacook for 22 years when she wasn’t home tending to her family. She and her husband Armand raised two daughters in the town, although Armand and one daughter have since passed away. Her surviving daughter now lives in Connecticut and Robert said she

HOSPICE

CONTINUED FROM PAGE A1

pice, Jacinda continued compressions while the boyfriend administered the Narcan, but nothing happened.

“I still don’t know what she took, or how much, but I was surprised when we administered the Narcan, she didn’t wake up,” she said.

By the time additional first responders were there, the woman had regained a pulse and was taken to the hospital.

“I felt like as a nurse it was my duty to respond,” said Jacinda.

“Those are the kinds of nurses we need,” says Tabitha Dowd, Executive Director at Franklin VNA & Hospice. “On the clock or off, we are part of these communities through thick and thin, and we stand with the community members during this addiction crisis.”

CITIZENS

CONTINUED FROM PAGE A1

“It’s almost a guarantee that at any community event you attend, you will run into at least one, if not both of them. We probably see more of them than their spouses do,” said Shepard.

Beginning with Jesseman, she said he is a man who never seems to get tired. He has been part of Tilton’s Board of Selectmen for several years, beginning with his first term from 2011-16. He opted to take some time off after 2016 but soon returned to fill a vacancy on the board in 2018 and was recently re-elected to another full term. Jesseman has been on the town’s Planning Board, Budget Committee, Water Commission, and served as a representative to the Lakes Region Planning Commission. In addition to all of that, Shepard said he volunteers at the Tilton Senior Center and donates his time as “Master Super Chef- King of the Barbecue Grill” for many non-profit organizations such as Every Child is Ours, Tilton-Northfield Rotary, N.H. Make a Wish, Island Park concerts, and of course, Tilton-Northfield Old Home Day. Jesseman also has taught bread-baking classes at the senior center along with a How to Cook Healthy class for teenage moms, using items from local food pantries. He is part of the Tilton 150th Anniversary Committee, helps judge the annual Halloween parade and participates in the Vicy Virgin Food Drive each year.

As to Jesseman’s “wild and crazy side,” Shepard said a great example is the fact that he went so far as to volunteer to be tased during a police training exercise.

“On a personal note I would like to add that he is a vital part of our Old Home Day Committee family and is a big part of what we do and why our Old Home Day events are successful year after year, said Shepard.

Scott Haskin was the committee’s pick for Northfield’s 2019 Citizen of the Year and she had equal praise for the man whom she described as a “dedicated, hard-working family man and local business man who cares deeply for his community.”

Haskins is currently serving on the Northfield Board of Selectmen, is vice-president of the Pines Community Center Board of Directors, is Sergeant at Arms for Tilton-Northfield Rotary, and has served on the Northfield Budget Committee, the Northfield Economic Development Committee and the town’s Open Space Committee. Among other things, he is involved with the Webster Lake Fishing Derby Board, Tilton-Northfield Snowmobile Club, and the Winnisquam Regional Babe Ruth Softball Board where he has also volunteered as a coach.

“While all of this is impressive, I cannot fail to mention...his incredibly big sense of humor and ability to make everyone around him laugh,” said Shepard, citing the time he volunteered to be a lunatic with a chainsaw for the Rotary’s haunted house one fall. “He did a great job playing the character and ‘pretending’ to be crazy!”

In announcing his selection, she added that Haskins, too, is an important part of the Old Home Day Committee and that it is clear in everything he does that he cares deeply for his family, friends and community.

Jesseman and Haskins were both surprised and humbled by their recognition and, as Citizens of the Year, on June 29 they were featured in the Tilton-Northfield Old Home Day parade where residents had the chance to applaud them both for all they do.

NOTEBOOK

CONTINUED FROM PAGE A4

paid big bucks by big newspapers and corporate publications. Lowly publishers of small-town newspapers get to have fun for free.

Back when I owned the Coös County Democrat, we handled a story from Berlin about a mixup in which a water pipe somehow wound up beneath a sewage pipe, which was leaking. A “boil water” edict swiftly ensued.

It was a Page One story, albeit a small one, for a county paper, so I wrote what was referred to in the trade as a single-column three-decker that said “If you drink / Berlin’s water / urine trouble.” Berlin’s city manager was not amused, and quickly was on the horn, hopping mad, and insisting that the pipe was not leaking, but merely seeping and dripping. I offered to print the story again, in the same spot, with those exact words, and on reflection he said “No thanks.”

In a similar vein, our story on County Forester Marshall Patmos, whose thumb was nicked by a set-gun triggered by his dog, was just too tempting. One of Marshall’s friends (who happened to be me, the editor), was quoted as saying that if Marshall’s thumb had been in its usual place, it would never have been hit.

I also could not resist an early story on the potential spread into northern New England of the emerald ash borer, which sadly for city streets and landowners (which includes me) has indeed come to pass. Still, there was dark humor. “Region’s woodlot owners / have heads up their ashes,” the headline read.

+++++

I’ve long described the Fourth as the nation’s only guilt-free holiday, which means that the guilt-laden among us can just let loose and enjoy the birthday. Oddly enough, nobody has ever challenged this.

But it’s true. There are heavy sacks of old helmets and shields to drag around, and self-flagellation with a knotted rope, for every other day off for supposed reflection--guilt, guilt, guilt.

But I was lucky to have a mother who encouraged us to go out and play in the rain, and said things like “We might as well laugh, we can’t dance,” and urged us to never grow up. In that spirit, the glass is half full, and so I missed this Fourth--there’s always next year.

Thanks, Mom.

(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Area residents named to Dean’s List at University of New England

BIDDEFORD AND PORTLAND, Maine — The following students have been named to the Dean's List for the 2019 spring semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, featuring two distinctive campuses in Maine, a vibrant campus in Tangier, Morocco, and an array of innovative offerings online. Our hands-on, experiential approach empowers students to join the next generation of leaders in their chosen fields. We are home to

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Belmont	Nikolai Fernandez Colin Shaw
Northfield	Jessica Daniels
Tilton	Sierra Pepper

Northfield resident receives degree from Simmons University

BOSTON, Mass. — Megan Yandian, of Northfield, recently earned a Bachelor of Science in Nursing summa cum laude from Simmons University in Boston.

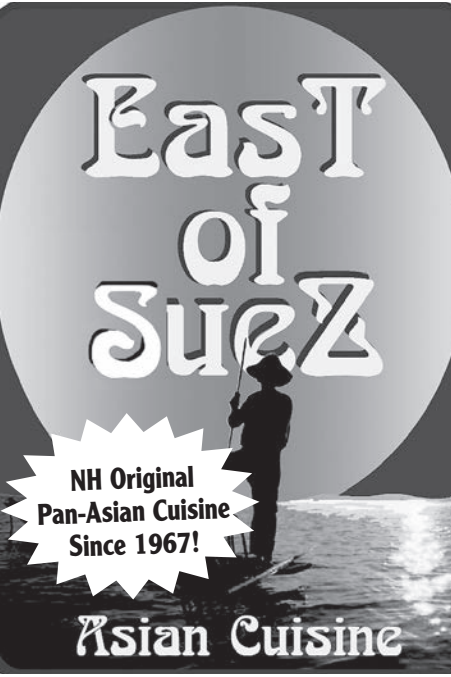
Located in Boston, one of America's most dynamic cities, Simmons University (www.simmons.edu) draws on many of the region's cultural, historical, economic, scientific, and educational resources to offer an unparalleled student experience. Simmons has a cherished history of visionary thinking and social responsibility and a strong mission that has remained constant for over a century: to provide transformative learning that links passion with life-long purpose. Simmons offers undergraduate programs for women in education in the arts, sciences and several professional fields and graduate programs online and campus-based open to all at the master's and doctoral levels. Given the richness and complexity of its offerings, Simmons obtained university designation and officially became Simmons University effective September 1, 2018. Follow Simmons on Twitter at @SimmonsUniv and @SimmonsNews and on LinkedIn.

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Winnepesaukee AmeriCorps members help Meredith Parks & Rec replant rain garden

MEREDITH — Do you know what a rain garden is? A rain garden is a useful way to absorb, capture, and treat stormwater on your property by using native plants, soil, and mulch. On the surface, they look like any flower garden, but with a big difference. Rain gardens are sunken gardens, designed to capture and hold the rain that flows off a roof, driveway, or other impervious surface. In this way, the stormwater slowly seeps into the ground, replenishing groundwater, and reducing the amount of polluted stormwater that can runoff and make its way to the nearest storm drain and into our rivers, ponds, and lakes.

Lake Winnepesaukee Association AmeriCorps Members helped the Meredith Parks and Recreation Department, along with volunteer Nancy Lavigne, replant an existing rain garden at the Waukewan bath house. The rain garden, planted two years ago to capture and treat stormwater runoff from the parking lot, needed some tender loving care after the recent harsh winter. Take a look at the work our volunteers did! You, too, could have a beautiful garden like this on your property!



Lake Winnepesaukee Association AmeriCorps Members, Gloria Norcross and Alison Baranovic, help the Meredith Parks and Rec. Department replant the rain garden at the Waukewan bath house parking lot that suffered from the harsh winter.

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- Enhancing the beauty of yards and communities.

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This summer, the LWA AmeriCorps Members will provide free residential assessments for homeowners to identify stormwater and erosion issues on their property and provide simple ‘do-it-yourself’ type recommendations for improvement. If you are interested in having a free consultation, please contact the Lake Winnepesaukee Association at mail@winnepesaukee.org or call the office at 581-6632 to schedule a visit.

NONPROFIT

CONTINUED FROM PAGE A8

all around the lake for over a century. Now everyone in the region will see the community’s stamp of approval.

Participation in this contest was massive – there were almost 1,600 voting options –

so this is a huge honor. Central VNA is very thankful to all who voted; clients (current and former), staff, friends and supporters. You have helped the Lakes Region understand the value of Central’s services and mission, helping even more people to be served.

The staff and board of Central VNA & Hospice could not be more pleased.

Congratulations to our friends at Goldenvue Health Care Center for their silver nonprofit win and gold achievement for Best Assisted Living.

Region communities since 1918. Central VNA a not-for-profit, Medicare-certified provider and offers Home Care (nursing and rehabilitation services in the home); Pediatric Care (direct health care, education and support services for children and families); and a comprehensive, team-based Hospice program. The agency is governed by a volunteer Board of Trustees from both the Wolfeboro and Laconia communities and is supported by private and corporate donations. www.centralvna.org. 1-800-244-8549.





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Questions? kasia@santbani.org

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About Central New Hampshire VNA & Hospice

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COURTESY

The 16 U Nor'Easters won the Summer Sizzler to kick off the summer softball season.

Nor'Easter 16U team gets win in Vermont tournament

BY BOB MARTIN
Bob@Salmonpress.news

BRATTLEBORO, Vt. – Last weekend, the Nor'Easters 16U softball team kicked off the summer in high gear with a win in the Summer Sizzler.

The Nor'Easters, who are coached by Bill Clary, who is also the Belmont High School softball coach, went 2-1 in pool play to earn a second seed in the tournament. The first game against the Vermont storm was shortened by mercy rule in an 11-2 win with Morgan Hall getting the victory.

The second game was a tough back and forth battle against the Massachusetts Firecrackers where the Nor'Easters lost 5-4. Lilly Simpson of

Meredith took the loss but Clary commended her for her strong pitching in the game.

The third game was another mercy rule shortened game against the Connecticut Bullets, with Kelley Allen of Belmont taking the win on the mound.

On Sunday, Morgan Hall recorded another win in a 13-1 blowout over host Brattleboro Heat. The semifinal was a pitchers' duel where Simpson came out on top in a 1-0 win over the Vermont Storm.

The championship game was against NEK Triforce and Hall recorded another win in a 10-2 mercy rule shortened game.

"The weekend saw some great defense and

pitching," Clary said. "All three pitchers had outstanding numbers."

Allen did not let up a run and had eight strikeouts. Hall recorded three wins and had 17 strikeouts over 14 innings with a 1.50 ERA. Simpson pitched 14 innings with a 1.00 ERA.

Offensively the team was led by Kim Daigneault of Gilford, who had a batting average of .533. Sierra Halligan of Laconia batted .529 and played outstanding shortstop. Hall was the star on the mound, but also solid at the plate with a .444 average. Rebecca Fleming of Belmont hit .444 in the tournament while Kara Stephens of Belmont hit .417 with a triple and homer over the fence in the

championship game.

Clary said this year's team is a big improvement with an outfield consisting of Allen, Savannah Perkins of Belmont, Alexa Smith of Gilford and Simpson. Nora Dunleavy of Laconia also played well at first base and saved several balls in the dirt. Courtney Turpin of Laconia caught four of the six games and Clary commended her handling the pitching staff.

"For this young team playing in its first 16U tournament after moving up from 14s with only three practices, to come away with a convincing tournament win, we are looking forward to the rest of the summer," Clary said.



COURTESY

Morgan Hall and Rebecca Fleming celebrate their Nor'Easter 16 U win.

18U Nor'Easters continue to dominate summer play

BY BOB MARTIN
Bob@Salmonpress.news

BRATTLEBORO, Vt. – The 18U Nor'Easters continued to dominate the softball diamond this summer by coming away champions of the Summer Sizzler, which took place between June 22 and 23.

On June 22, the Nor'Easters played three pool games. The first was a 14-0 blowout victory over the Northeast Xtreme in a five-inning game. The Nor'Easters went on to beat the N.H. Comets White by a score of 7-2 and then 6-1 over the N.H. Lightning Black. After pool play, the

Nor'Easters were seeded number one after going 3-0 and outscoring opponents 27-3.

On June 23, the Nor'Easters had three championship round games. The Nor'Easters beat the Berkshire Force 10-1 in a five-inning game. The Nor'Easters also beat the Lady Cannons 3-2

SEE NOR'EASTERS, PAGE B3

COURTESY

(Right) Front row left to right, Ella Harris, Carly Catty, Kacie Johnston, Maddie Reeves, Sadie Young. Back row left to right, coach Becky Beaulac, Jillian Lachapelle, Sam McCann, Hope Duval, Paige Cohen, Hannah Tessier, coach Fern Beaudet,





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NHMS gearing up for NASCAR weekend

LOUDON — If you like to get loud, then New Hampshire Motor Speedway is the place to be in July when NASCAR returns for New England’s biggest summer party – the Foxwoods Resort Casino 301 race weekend, July 19-21.

“We are counting down the days until fans start to arrive for our big NASCAR weekend,” said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. “We’ve added so many new features and even a new event on The Flat Track for fans to enjoy so they have an unforgettable experience all weekend with their family. This will certainly be the highlight of the summer.”

Friday, July 19

The on-track action kicks off on Friday, July 19, with the NASCAR Whelen Modified Tour All Star Shootout and Cape Cod Café Pizza Pole Day on “The Magic Mile” and the all new Friday Night Dirt Duels presented by New England Racing Fuel on The Flat Track.

The Modified All Star Shootout at 2:10 p.m. is a 30-minute timed shootout between some of the best drivers on the NASCAR Whelen Modified Tour. Friday is named Cape Cod Café Pizza Pole Day, as the Monster Energy NASCAR Cup Series drivers compete for the pole at 4:35 p.m., setting the stage for Sunday’s Foxwoods Resort Casino 301. One ticket provides access to both events, with kids (12 and under) getting in for free.

A new addition to race weekend is the Friday Night Dirt Duels presented by New England Racing Fuel, which will be headlined by the U.S. Legend Cars International and USAC Dirt Midget Association racing in the first ever race under the lights on New Hampshire Motor Speedway’s newest racing surface, The Flat Track. Fans can enjoy a night of short track racing – featuring NASCAR Cup Series drivers Corey LaJoie and Daniel Hemric in legend cars and Ryan Blaney as Grand Marshal – on the 0.25-mile dirt track. Heat races start at 7:30 p.m. with gates opening and practice starting at 6 p.m. Tickets, which include open garage and pit access, are \$10 for adults with kids 12 and under free.

Saturday, July 20

Saturday, July 20 is Tripleheader Saturday with the NASCAR

Xfinity Series Lakes Region 200 serving as the feature event at 4 p.m. with entries expected from some of the biggest names in the sport. NHMS’s one-mile oval sets up the modifieds to put on one of the most exciting races in America for the NASCAR Whelen Modified Tour Eastern Propane and Oil 100 at 2 p.m. The NASCAR K&N Pro Series East United Site Services 70 at 6:45

p.m. features some of the youngest future stars in NASCAR that often are making their first appearance in front of New England race fans. One ticket provides access for the entire day, with kids (12 and under) getting in for free.

Sunday, July 21

Sunday, July 21 is the Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 at 3 p.m. The day will

serve as one of New England’s biggest parties of the summer with a pre-race concert by Love And Theft and fun for all ages, including discounted tickets for kids 12 and under.

Outside of NASCAR weekend, July is filled with many events for families to enjoy including:

Sunapee Racing Team on July 11, 23 and 25;

Team O’Neil Rally

School on July 6-7;

Penguin Roadracing School on July 26;

Loudon Road Race Series on July 27-28;

MOAT Mountain Road Course Series on July 27-28;

White Mountain Chapter of the BMW Car Club of America on July 27;

North East Drift Co. on July 27-28;

Fishtail Riding School on July 29.

For ticket information for all 2019 events at New Hampshire Motor Speedway, including the July 19 Friday Night Dirt Duels presented by New England Racing Fuel, the July 19-21 Monster Energy NASCAR Cup Series Foxwoods Resort Casino 301 race weekend and the Sept. 20-21 Full Throttle Fall Weekend, visit the speedway web site at NHMS.com or call fan relations at 783-4931.

Einarsdottir nominated for NCAA Woman of the Year

Panther skier honored for excellence in academics, athletics, service and leadership

PLYMOUTH — Recent graduate and Plymouth State University ski team standout Freydis Einarsdottir (Gardabaer, Iceland) has been honored as a nominee for the 2019 NCAA Woman of the Year following an impressive career on and off the slopes.

One of the most outstanding female skiers in the rich tradition of Plymouth State skiing, Einarsdottir became the first PSU student-athlete to compete in the Olympic Games when she represented Iceland in the 2018 PyeongChang Olympics.

Among the most prestigious of NCAA awards, the Woman of the Year Award was established in 1991 to honor graduating female student-athletes who have distinguished themselves in the areas of academic achievement, athletics excellence, service and leadership throughout their careers.

Einarsdottir’s athletic achievements alone are worthy of recognition. She became Plymouth State’s first female skier to qualify for the National Collegiate Skiing Championship as a freshman in 2016, then went on to post a 12th place finish in the slalom, still the highest finish for any PSU skier at NCAAs. As a sophomore, she became the first skier with multiple top-15 finishes after placing 15th in the slalom, and she added a 19th place finish in the GS to become the only Panther skier to place in the top-20 three times. In addition to skiing for Iceland in the PyeongChang Games as a junior, Einarsdottir made a third-straight trip to NCAAs, where she posted a pair of top-30 finishes.

In the meantime, she was busy carving up the Eastern Intercollegiate Ski Association (EISA) carnival circuit, placing



JOSHUA SPAULDING

Freydis Einarsdottir is nominated for NCAA Woman of the Year.

In the top 10 in four of eight New England Regional Championships to claim All-EISA recognition four times (one First Team and three Second Team honors). A four-time Icelandic National Champion, Einarsdottir is also a three-time winner of Plymouth State’s Janet Nell Female Athlete of the Year honor, was named Iceland Female Skier of the Year in 2017 and 2018 and was a two-time PSU skiing Panther Award winner.

Einarsdottir was just as successful in the classroom, graduating summa cum laude in May with a degree in Exercise and Sport Physiology and minor in Biology. She claimed National Collegiate All-Academic Team honors in both 2017 and 2019 and was a President’s List honoree in all eight semesters, in addition to being selected as a PSU Top-20 Outstanding Senior.

Additionally, Einarsdottir was active in the community, volunteering time with the Plymouth Youth Center, KYMMA Cancer Walk, Project Linus and Give it Forward campaigns while also participating in health and risk assessments and student-athlete test groups through her academic programs.

Einarsdottir is one of a record 585 Woman of the Year nominees encompassing all three NCAA divisions, including 192 from Division III. Nominees who competed in a sport not sponsored by their school’s core conference, all associate conference nominees and all independent nominees will be considered in a pool for advancement to the conference round of nominees. A selection committee will decide the nominees to move forward from this pool to the conference round. The nominees(s) selected from this pool will be announced on ncaa.org

in early August.

Conference office nominations and nominations from the separate pool are forwarded to the NCAA Woman of the Year Selection Committee, which identifies the top 10 honorees in each of the three NCAA divisions. From those 30 candidates, the selection committee then determines the three finalists in each division for a total of nine finalists.

The Top 30 honorees will be celebrated and the 2019 NCAA Woman of the Year will be named at the annual award ceremony Oct. 20 in Indianapolis, Ind.

Lakes Region hoop camp at PMHS starting July 29

ALTON — Lakes Region Boys’ and Girls’ High School Basketball Camp will take place July 29 through Aug. 2 from 6 to 8:30 p.m. each evening at the Prospect Mountain High School gym.

The camp is open to boys and girls entering

grades nine through 12 and coaching staff is made up of current varsity coaches from Prospect Mountain and other New Hampshire high schools.

Focus points will revolve around offensive strategy, both individual and team. Participants are asked to not wear jewelry and watch-

es and not chew gum. Sneakers are required, shorts and t-shirts are recommended. The camp will have warm up and group drills from 6 to 6:35 p.m., individual player work with coaches from 6:35 to 7:15 p.m., drills and mini competition from 7:15 to 7:45 p.m. and team games from 7:45 to 8:30 p.m.

Checks can be made payable to Joe Faragher, PayPal and/or Venmo are encouraged to secure early registration. Registration will be available at the door if space is available.

E-mail joefaragher88@yahoo.com or call 440-821-1381 with any questions.



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Local baseball players help Cannons win Maine tournament

BY BOB MARTIN
Bob@Salmonpress.news

OLD ORCHARD BEACH, Maine – The Concord Cannons kicked off the summer baseball season in the All American Lighthouse Classic last week and went 6-0 to take the win with Adrian Siravo of Gilford winning the MVP award.

The Cannons, which consists of some of the top players in the state including players from Gilford, Belmont and Laconia, defeated teams from Massachusetts, Rhode Island, Connecticut and Ohio.

A rainy Friday cancelled the first day of competition, but then the Cannons beat the Southern New England Wave of Massachusetts by a score of 5-1, and then the Lowell Jr. Spinners 10-1. In the game against the Spinners, Siravo threw a complete game one-hitter where he struck out 12 batters.

The Cannons went on to beat the Storm Brigade 3-0 and then advanced to the finals of pool play where Concord beat the Shoreline Breakers of Connecticut

cut by a score of 10-4. Isaac Wallace of Gilford recorded the win in two innings of shutout relief on the hill. T.J. Carmilia of Gilford, Nick Ritchie of Laconia and Cam Magerer of Belmont had RBI doubles.

Alex Rives of Gilford pitched the semifinal game against the Ohio Playmakers and pitched a three-hit gem where he struck out seven batters on the way to a 10-2 win. Magerer and Siravo had a pair of hits each in the win.

The Cannons took on the Rhode Island Bandits in the finals and had a big 11-1 win, with Griffin Embree of Belmont getting the win. He pitched three innings and struck out four batters. Ritchie had three RBIs and Carmilia had two RBIs in the win.

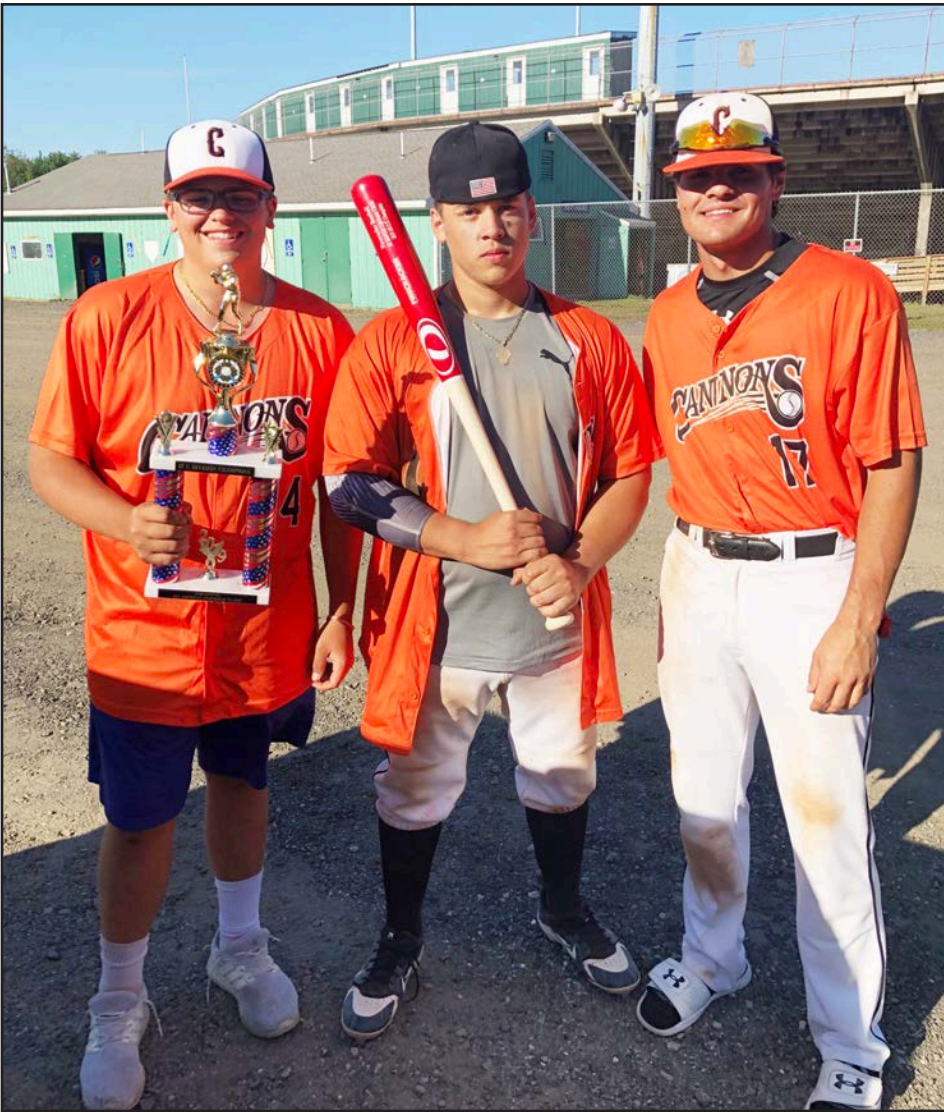
“As a coach you always wonder how long it will take a group of players from different towns to bond together and play as a unit,” said coach Eric Duquette, who also coaches the Gilford High School baseball team. “But the majority of this team

has been playing together for years and it was like old home day when they got together and they didn’t miss a beat. They played with confidence and purpose and were never really in doubt of losing any of the games we played. Great way to start the summer.”

Duquette said he is very excited about what this team can do this season. Last summer the Cannons went 32-3, and while the majority of the team was under 17 years old, the the Cannons were taking on primarily U18 squads and playing the biggest tournaments on the east coast.

“The competition and exposure these young men will get this summer is second to none,” said Duquette.

Duquette is excited to work with his own Gilford players, but also with Magerer and Embree, who he is used to taking on in rivalry games against Belmont during the spring. The team is made up mostly of Lakes Region players, but there are also others from Concord, White Mountains, Hop-



COURTESY
The Concord Cannons won the All American Lighthouse Classic to kick off the summer. Pictured left to right is Isaac Wallace, T.J. Carmilia and Alex Rives.

kinton and prep schools like New Hampton and Winchendon. There is also a player from Vermont on the team. He

said the players' talent is undeniable and they will be watched by scouts game after game. “We will likely not

play one game where there will not be a college or pro scout in attendance this summer,” said Duquette.



COURTESY PHOTO

Granite State Games

The Lakes field hockey team went 3-0 in pool play at the Granite State Games in Manchester, outscoring their opponents 14-2 before dropping a 1-0 decision in the championship game to finish as the runners-up. The team featured a number of local players, including Caroline Marchand, Haley Dukette and Hayse Broome of Newfound, Jasmine Peterson and Haley Stanley of New Hampton, Josie Phaneuf, Hannah Frittenberg and Natalie Shaw of Kennett, Jenna DeLucca and Randi Byars of Gilford and Maddy House and Eveline Auger of Winnisquam.

NOR'EASTER

CONTINUED FROM PAGE B1

and then in the championship game the Nor'Easters beat the Westford Waves 12-7 to take the crown.

“Our last two games against the Lady Canons and Westford Waves were very competitive games,” said coach Fern Beaudet. “We won the semifinal game against the Lady Canons with a walk off single in the bottom of the seventh inning scoring Hannah Tessier (Kennett) with the game winning run.”

Carly Catty, who plays for Winnisquam

during the school year, was the top offensive player on the squad with a .476 tournament batting average. She had two doubles, a triple and five RBIs.

Defensively Jill Lachapelle and Ella Harris of Gilford were commended for their play, along with Kacie Johnston of Plymouth.

Sam McCann of Berlin pitched all four games and gave up only five total earned runs. She had a 30:1 strikeout ratio and an ERA of 1.35. Ella Harris of Gilford pitched two games and gave up only two

earned runs. She struck out 19 batters and didn’t walk anyone, posting an ERA of 1.17.

“Our two pitchers performed really well all weekend and limited the teams to only one walk in six games with a total of 49 strikeouts,” said Beaudet.

Beaudet commended the play of Hope Duval of Profile High School, who saved her best game for the final game, hitting two inside the park homers with one being a grand slam. She was 4/5 including a single, double and seven RBIs.



COURTESY PHOTO

The 14U Nor'Easters competed in the Summer Sizzler tournament in Brattleboro, Vt.

14U Nor'Easters do battle in Summer Sizzler

BY BOB MARTIN
Bob@Salmonpress.news

BRATTLEBORO, Vt. – The Nor'Easters 14U team traveled to Brattleboro, Vt. for the Summer Sizzler, but the team had a tough time with its opponents throughout the weekend softball tournament.

The first game was a 4-0 loss to the Vermont Storm White. The Storm took a lead on an RBI double in the first inning and never looked back. Hayley Richter had a single in the first inning but the team couldn’t rally to drive her in. She was 2/3 at the plate to lead the offense.

Liv Arvidson went five innings, allowing four runs on five hits while striking out three

batters.

The next game was a 9-7 loss to the NEK Tri-force. The Nor'Easters came back down five runs in the fifth inning, but fell just short in the loss. The Nor'Easters were out-hit 11-4 in the high scoring game.

The Nor'Easters put four runs on the board in the fifth inning, with singles by Jaiden McKenna, Arvidson and Richter. Avery Vonkadic started the game for the Nor'Easters, allowing a hit and three runs over one inning. Madison Darling and Anna Hermann pitched two innings and one inning respectively in relief.

A major bright spot was the base running for the Nor'Easters, who

had three players stealing at least two bases.

The next game was a tough 9-1 loss to the WMA Screaming Eagles. Richter had a solo homer in the bottom of the second inning to tie the game 1-1, but the rest of the way was all Screaming Eagles. Caitlyn Clark led the Nor'Easters with a 2/2 day.

The Screaming Eagles then beat the Nor'Easters 15-3 on Sunday. Again, the Nor'Easters struggled to put runs on the board and defense was also an issue for the squad. Leading the offensive charge was Arvidson with a first inning home run. The Nor'Easters had seven hits and Clark and Jaiden McKenna had two hits apiece.

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ROOFERS & LABORERS

Team atmosphere. Must be hardworking, honest, and punctual. Must have your own transportation, a clean driving record and own the required tools needed to perform your daily duties. Pay range \$14-\$20 per hour.

Benefits: Paid Holidays, Dental + Vision, Earned Paid Time Off.

 **We Do it Right the First Time!** *This is a DRUG-FREE workplace. Contact: (603)356-8231*

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Tuba City Regional Health Care Corporation

Have a Career that Changes Lives

Live and work on the beautiful Navajo Reservation, near national parks and forests, canyon country, ski area a day trip away.

The unique community of Tuba City offers a culturally rich environment and a rewarding career in an underserved area.

Job Opportunities

Open Until Filled

Nursing
Director of Pediatric Unit
Director of Oncology
Lead Clinical Nurse
Clinical Nurse (ER, ICU, ACU, Oncology, OR, PACU, Pediatric, Same Day)
Nurse Case Manager

Allied Health
Director of Pharmacy Services
Adv. Pharmacist I/II - Oncology
Certified Pharmacy Technician
Endocardiographer/Sonographer
CT Technologist (Dual)
Medical Technologist
Phlebotomist

Medical Staff
Deputy Chief of Emergency Services
Endodontist
Hospitalist
Internist
Nurse Midwife
Physical Therapist
Physician (Emergency, OB/GYN, Family Medicine)

Positions Close on 06/21/2019 @ 5:00 pm
Accounts Receivable Specialist I/II
Ambulatory Care Program Director
Call Center Lead
Call Center Manager
Certified Medical Assistant
Contract Specialist
Corporate Compliance Technician
Dental Assistant
Environmental Services Tech./Maintenance
Help Desk Manager
Medical Coder I/II/III
OR Surgical Technician
Patient Benefit Coordinator
Performance Improv./Patient Safety Officer
Surgical Services Materials Management Specialist
Telemedicine Services Coordinator

Positions Close on 06/28/2019 @ 5:00 pm
Accounting Technician I/II
Cook (temporary)
Environmental Service Technician - SPHC
Patient Access Specialist

For more information visit
www.tchealth.org or contact Human Resources at
(928) 283-2432 or tcrhccr@tchealth.org.

TCRHCC is a Navajo/Indian preference employer. Final candidates selected will be subject to a favorable adjudicated background investigation.

Moultonborough Academy

High School Social Studies Teacher

HS Social Studies teacher needed to teach Government, Economics & World Studies. FT/permanent position. N.H. Certification & HQT status required. Application materials due by July 18, 2019. If interested, complete the application form found in the employment section of sau45.org and send it along with a cover letter, resume, transcripts, certification and 3 current letters of reference to:

Andrew Coppinger, Principal
Moultonborough Academy
P.O. Box 228
Moultonborough, NH 03254
Phone: 603-476-5517
Fax: 603-476-5153
or email: acoppinger@sau45.org



Payroll Coordinator

Upper Valley Press, Inc.
446 Benton Road • North Haverhill, NH

Upper Valley Press, Inc., a progressive **100% employee-owned company** is currently seeking a Payroll Coordinator to join our team. This position is responsible for processing payroll using the ADP Workforce Now system.

The Payroll Coordinator duties include the collection and entry of time sheet data, employee changes, payroll reports, check distribution, file maintenance, processing manual checks, and the processing, transmission and receipt of ADP payroll information. Other duties include running reports and reconciliations for the Accounting Department, general HR duties such as employee-orientations, 3rd party sick pay, etc., and general office duties. Prior ADP and/or payroll experience is preferred.

Upper Valley Press, Inc. provides excellent wages and benefits, 401k & ESOP retirement saving plans and much more. This is an excellent opportunity for an experienced Payroll Coordinator to join a **progressive and customer-oriented company!**

 **UPPER VALLEY PRESS, INC.**

Interested candidates may apply in person or send a resumé to **charrington@uvpress.com**
We look forward to speaking with you soon!

Your New Best Friend...

The FREE Consumer Action Website

Move Over Rover...
Our FREE website has thousands of links to companies and government agencies the names, numbers, advice, and connections you need to get your wrongs righted.
Log on to **www.pueblo.gsa.gov**, and click on the FREE Consumer Action Website.
www.pueblo.gsa.gov



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Support the ACHS clinical manager with daily leadership and staff development. Ensure best practice for clinical procedures and quality control. Provide clinical support and exceptional customer service to patients.

LICSW
Help ACHS patients reach their full potential by providing counseling and a full range of behavioral health services. You must hold a LICSW, and or PhD/PsyD and be licensed or license eligible in NH.

CMA/RMA
Assist providers in delivering quality health care to patients with superb customer service. Experience preferred, but we're willing to train the right candidate.

MEDICAL RECORDS SPECIALIST
Love data and numbers? Create and distribute key reports from our Electronic Health Record System (EHR). Work with data from a variety of sources using efficient document management tools.

PATIENT ACCESS SPECIALISTS
Enhance the patient visit by ensuring excellent customer service from intake to check-out. Provide critical tasks to support a busy medical office. Must enjoy the public.



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ACHS

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**Upper Connecticut
Valley Hospital**

JOB OPPORTUNITIES

***SIGN ON BONUS!**
Full-Time
***RNs**
with two years' experience or
***MT / MLT**

Additional Full-Time Opportunities

Radiologic Technologist	Coding Supervisor
Ultrasound / Echo Technologist	

Part-Time Opportunities

Perioperative RN	Hospital Information Clerk
------------------	----------------------------

Per-Diem Opportunities

Certified Surgical Technician	LNA
ED Technician	Unit Secretary
RN	Perioperative RN
Patient Access Representative	

APPLY ONLINE
WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org

EOE

HIGHWAY EMPLOYEE
Full Time Position
TOWN OF PLYMOUTH

The Town of Plymouth Highway Department is currently accepting applications for the position of Highway worker to work within the Town's Highway Department. Successful candidates need no previous experience but a positive attitude and a willingness to learn is a must. This is a position which performs work in all areas of construction and other assigned projects to include summer and winter maintenance of roads. Duties will include operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other labor intense road maintenance tasks. Candidate must hold a valid driver's license with CDL-B endorsement. Candidate will be required to be on-call for a week at a time on a rotating schedule. We are willing to train the right individual who meets the character traits mentioned above. The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (536-1731) or at the Plymouth Highway Department (536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed. Full benefits and good starting pay included.

To be considered, applicants must submit a Town application, resume and cover letter to:

Town of Plymouth
Attn: Joe Fagnant, Highway Manager
Plymouth Highway Department
6 Post Office Square
Plymouth, NH 03264

**Steel Erectors,
Metal Roof & Siding Installers**
**Foreman, Leadmen
And Laborer Positions**

Will Train. Valid Driver's License required.
Application available at:

CONSTRUX, 630 Daniel Webster Hwy.
INC. Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.



Pemi River Fuels

**PROPANE AND OIL
SERVICE TECH**

Pemi River Fuels is seeking an experienced

**Propane and Oil
Service Technician**

Fully licensed as a Propane Technician in NH
NEFI or equivalent oil burner school certification
CDL preferred

**We are looking for an experienced and motivated
Propane and Oil Technician to join our growing
team. Successful candidates will possess strong
customer service skills, a strong desire to
succeed and desire to grow with our company.**

Benefit Package to include- Competitive Compensation,
Health Insurance, Dental/Vision, LTD/STD, Life, Aflac,
401(k) with company match, Product Discounts and
Generous Personal Time Off.

To apply, please send resume to
Pemiriver@pemiriverfuels.com
612 Tenney Mountain Highway, Plymouth



WHITE MOUNTAIN OIL & PROPANE

Sales & Marketing Manager

White Mountain Oil & Propane is currently seeking a **Sales & Marketing Manager** based out of our North Conway, NH offices.

This is a year-round full-time permanent position.
We offer a full benefits package including paid vacation, holidays, health & dental insurance, 401 (K), and profit sharing.

Responsibilities include: Managing outside sales force and inside support staff, all product pricing and marketing and advertising for a well-established, local company.

Interested experienced applicants should email or mail a resume to:

Attn: Sales & Marketing Manager
PO Box 690, North Conway, NH 03860
Fax: (603) 356-7181

jobs@whitemountainoil.com
No phone calls please

White Mountain Oil & Propane is an equal opportunity employer
www.whitemountainoil.com

**WHITE MOUNTAINS REGIONAL
SCHOOL DISTRICT**

2019-2020 School Year

Administrative Staff
Director of Curriculum, Instruction & Assessment/
Grants Manager

Professional Staff
Special Education Teacher (WES)
Title I Teacher
Long-Term Substitute Teacher (9/9 to 11/22/19) - WES
Athletic Trainer (part-time)
School Nurse (LES) - for School Year 2019-2020 only

Support Staff
Paraprofessional

*All applicants must apply on Schoolspring.com
Paper applications will not be accepted.*

Coaching Staff
Varsity Girls' Basketball
(Please contact Kerry Brady, AD – 837-2528)

**Substitutes Needed for Teachers, Nurses,
Paraprofessionals, Custodians, Cooks**

For further information, contact:
Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhball@sau36.org



Pemi River Fuels

**PROPANE AND OIL
SERVICE TECH**

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**Propane and Oil
Service Technician**

Fully licensed as a Propane Technician in NH
NEFI or equivalent oil burner school certification
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Benefit Package to include- Competitive Compensation,
Health Insurance, Dental/Vision, LTD/STD, Life, Aflac,
401(k) with company match, Product Discounts and
Generous Personal Time Off.

To apply, please send resume to
Pemiriver@pemiriverfuels.com
612 Tenney Mountain Highway, Plymouth



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In Littleton Industrial Park, 150 Burndy Rd.
Littleton, NH 03561 • cnetska@burndy.com

See all our open positions and apply on line at:
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Plating Technician (Lincoln)
Machine Operators (Both Locations)

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All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class

HIGHWAY EMPLOYEE
Full Time Position
TOWN OF PLYMOUTH

The Town of Plymouth Highway Department is currently accepting applications for the position of Highway worker to work within the Town's Highway Department. Successful candidates need no previous experience but a positive attitude and a willingness to learn is a must. This is a position which performs work in all areas of construction and other assigned projects to include summer and winter maintenance of roads. Duties will include operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other labor intense road maintenance tasks. Candidate must hold a valid driver's license with CDL-B endorsement. Candidate will be required to be on-call for a week at a time on a rotating schedule. We are willing to train the right individual who meets the character traits mentioned above. The Town of Plymouth is an equal opportunity employer.

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To be considered, applicants must submit a Town application, resume and cover letter to:

Town of Plymouth
Attn: Joe Fagnant, Highway Manager
Plymouth Highway Department
6 Post Office Square
Plymouth, NH 03264



COURTESY PHOTO

Hoop proceeds

Gilford Parks and Recreation Department presents a check to the Nate Babcock Memorial Scholarship Fund. Each spring, the annual Francoeur/Babcock Basketball Tournament is held in memory of Aaron Francoeur and Nate Babcock. The funds raised through the tournament are awarded to Gilford students pursuing secondary education through the Aaron Francoeur Memorial Scholarship via Lakes Region Scholarship Foundation and through the Nate Babcock Memorial Scholarship Fund. This past year, more than \$4,800 was raised to be awarded between the two funds. Pictured (l to r), Thom Francoeur, Ginny Babcock and Jim Babcock.

Belmont honors spring sports athletes

BELMONT — Belmont High School handed out its spring sports awards.

Varsity baseball Coach's Award: Lars Major

Varsity baseball Sportsmanship Award: Austin Garrett

Varsity baseball Red Raider Award: Cam Magerer

JV baseball Coach's Award: Liam Waldron

Varsity softball Coach's Award: Rebecca Fleming

Varsity softball Sportsmanship Award: Kara Stephens

Varsity softball Red Raider Award: Margaret Witham

Varsity girls' lacrosse Sportsmanship Award: Kaitlynn Delisle

Varsity girls' lacrosse Red Raider Award: Alyssa Morse

Varsity boys' outdoor track Coach's Award: Lucas Mathieu

Varsity boys' outdoor track Sportsmanship Award: Zack Duclos

Varsity boys' outdoor track Red Raider Award: Zach Ennis

Varsity girls' outdoor track Coach's Award: Molly Sottak

Varsity girls' outdoor track Sportsmanship Award: Alice Riley

Varsity girls' outdoor track Red Raider Award: Gabrielle Day.







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JULY 4TH SPECTACULAR
Gorham, NH
JULY 3RD - JULY 7TH

Wednesday, July 3rd

5:00 pm - 10:00 pm Miller Amusements Carnival Midway
Night Bracelet **PAY ONE PRICE On The Rides \$25.00**

5:00 pm Side Walk Vendors Open

6:30 pm - 9:00 pm **Concert: Blacklite Band**

Thursday, July 4th

10:00 am - 10:45 am REGISTRATION For Kiddies Parade
(Registration is a MUST at Ed Fenn School)

11:00 am **Kiddies Parade** (Starts at Ed Fenn School)
Sponsored by Bank of NH

11:00 am Side Walk Vendors Open

12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet **PAY ONE PRICE On The Rides \$25.00**

1:00 pm Parade Line up

1:30 pm DJ Music by Mountain Music at the Bandstand

2:00 pm **Main Parade - Sponsored by Service Credit Union**
(Starts at Dublin Street down Rt 16 to Railroad St.)

3:00 pm - 5:00 pm Karaoke and DJ Music by Mountain Music at Bandstand

3:00 pm - 6:00 pm **NEW!** Gorham Farmers' Market on the Common

3:30 pm - 7:30 pm 2-Person Corn Hole Tournament
Hosted By White Mountain Rotary Club

5:00 pm - 11:00 pm Miller Amusements Carnival Midway continues
Night Bracelet **PAY ONE PRICE On The Rides \$25.00**

6:00 pm - 10:00 pm **Concert: Straightaway**

10:00 pm **Fireworks by JPI Pyrotechnics**



Friday, July 5th

8:00 am - 12:00 pm 3rd Annual Patriotic ATV Photo Scavenger Hunt
Registration 8-10 am at 299 Main St in Gorham (\$10 Per Entry)
Hosted by the Presidential OHRV Club - Enter either day to Win!

5:00 pm Side Walk Vendors Open

5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens
Night Bracelet **PAY ONE PRICE On The Rides \$25.00**

7:00 pm - 8:30 pm **Concert: The Ultimate Tim McGraw Tribute**

Saturday, July 6th

8:00 am - 4:00 pm **Join us for the 2nd Annual At-Your-Leisure Singles Golf Tournament at AVCC! Over \$700 in Prizes!**
(Play anytime between 8 am - 4 pm on Saturday or Sunday to be entered!)

8:00 am - 12:00 pm 3rd Annual Patriotic ATV Photo Scavenger Hunt
Registration 8-10 am at Jericho Outdoors in Berlin (\$10 Per Entry)
Hosted by the Presidential OHRV Club - Enter either day to Win!

11:00 am Side Walk Vendors Open

12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet **PAY ONE PRICE On The Rides \$25.00**

5:00 pm - 10:00 pm Miller Amusements Carnival Midway continues
Night Bracelet **PAY ONE PRICE On The Rides \$25.00**

6:30 pm - 9:00 pm **Concert: North River Music**

Sunday, July 7th

8:00 am - 4:00 pm 2nd Annual At-Your-Leisure Singles Golf Tournament at AVCC
(Play anytime between 8 am - 4 pm on Saturday or Sunday to be entered!)

11:00 am Classic Car Parade Line Up (Ed Fenn School)

11:00 am Side Walk Vendors Open

11:30 am **Classic Car Parade** Sponsored by ColorWorks
(Down Rt 16 to Railroad st)

12:00 pm - 5:00 pm Midway Open: Miller Amusements Carnival
Afternoon Bracelet **PAY ONE PRICE On The Rides \$25.00**

12:00 pm - 2:00 pm **Classic Car Show** on the Common

12:00pm - 2:00pm 50's & 60's Music at the Bandstand by Mountain Music

2:00pm - 4:00pm Karaoke & Music by Mountain Music at the Bandstand

For more information please visit www.gorhamnh.org or www.gorhamnewhampshire.com

This Years Theme:
ALL-STAR Independence

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 Gorham 4th of July Celebration

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presents

Gorham 4th of July Celebration
July 3rd - July 7th • Town Common

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