





# New contracts reached at Barnstead Elementary

BY DAVID ALLEN  
Contributing Writer

BARNSTEAD — The Barnstead Elementary School Board and the Prospect Mountain High School Board have reached agreement with their respective teachers’ associations on three-year contracts that will be in effect until June 30, 2021. The Barnstead Elementary School Board approved warrant articles for the two contracts at its Wednesday, Jan. 31, board meeting.

The Baysider is working to get complete details on both contracts and will provide that information to readers soon.

An energetic group of parents of the sixth grade students asked the board permission to begin planning for an eighth grade trip. They would like to take the students to Washington, D.C.

This would be the first eighth grade trip in several years. Kristen Brooks, Shawnda Hopkins and Shelli Vardaro, parent organizers, noted in their letter to the board, “The class of 2020 is the perfect class with which to do this trip. Since they were in kindergarten, they have been complimented as being one of the best overall classes in the building. They are strong leaders, hard workers, high academic achievers, and a genuinely kind group of young people.

Principal Tim Rice agreed, and noted that there are frequently distinct and different collective personalities for

different grade cohorts of children.

The board gave approval for the parents to begin planning and fundraising for the trip. Brooks noted there were 51 students in the class and four will need scholarship assistance in order to participate. The organizing parents are including the scholarship funds in their budget. They plan for all students in the class to have the opportunity to participate.

Later in the meeting, Superintendent Brian Cochrane told the board he thinks the school’s field trip policy is “sparse, out of date, and not in compliance with requirements.” He noted that when schools have legal problems with field trips, it is most often because they have a policy and do not follow the terms of the policy.

He asked board support for preparing an updated policy for the board’s review. Chair Eunice Landry requested the policy cover dress code for both students and adults. Board members responded with knowing chuckles. The board authorized the superintendent to move forward.

Principal Rice reported the teacher training for the new focus on social-emotional learning was progressing well. Mike Anderson, the consultant working with the school, has met with the teacher leadership group monthly since the beginning of the school year.

In his latest visit, the discussion focused on addition training or other initiatives the school can take to embed the values and techniques into the school’s culture. One idea given special attention was offering summer workshops for interested teachers.

Teachers are continuing to work on Reading and Writing curriculum descriptions for each grade level.

Mother Nature gave the school the snowy opportunity to implement their “blizzard bag” program twice since the last board meeting. The Blizzard Bag is a packet of schoolwork that students can complete when they are homebound by inclement weather.

If 85 percent or more of the students turn in the work on the next day at school, the day meets the legal requirements of a school day in session, and counts toward the 180 days needed before summer vacation starts. Principal Rice reported that participation was 96 percent and 97 percent on the two days.

The school surveyed parents at the beginning of the year on their views on the Blizzard Bag program and plans to survey again once Barnstead leaves blizzard season behind for the new joys of mud season.

Cochrane noted that Lyla Adkins and Genevieve Michaud, current and retired board members, had requested last year a reconfiguration

of the cafeteria table arrangement, thinking it could improve the atmosphere in several ways. Cochrane said that after consideration of several options, a change had been made.

The old configuration had tables line up in rows from one end of the cafeteria to the other. The new configuration configures the tables in clusters that bring students closer together. The closeness means students do not need to talk as loudly to be heard by their group, thus lowering the noise level.

The clusters also create more open space on the classroom floor, which allows easier student movement throughout the cafeteria. Easier movement leads to quieter movement and less potentially negative body contact.

The board approved Speedy Printing as the printer of the annual report, and approved a new contract with Primex for property, liability, and workmen’s compensation insurance.

Business Manager Donna Clairmont reported that use of the late bus from Prospect Mountain High School was minimal. The day before the meeting was the first day since the end of Christmas vacation that it was utilized. She emphasized that students must sign up for the late bus and when no-one signs up there is no bus and no cost to the district.

A fairly extensive dis-

cussion followed, concluding with a consensus that the board would like to continue the bus next year to give more time for students to include the late bus option in their after school planning. The board also noted that freshmen are the primary users of the late bus and next year’s freshmen class will include 60 students compared to only 30 Barnstead freshmen this year.

Board member Jason Henry asked this reporter (David Allen) to update the school board on a warrant article petition that he is circulating. Henry, as a former Parks and Recreation volunteer has been supportive of the effort.

The petition calls for the establishment of a part-time Parks and Recreation coordinator for Barnstead. The town’s Parks and Rec program has always been volunteer operated. Most people who step forward to volunteer to coach a team or other activity their child wants to participate in.

With no staff support, they find themselves taking on additional responsibilities. The result is volunteer burnout and turnover, which has plagued the program for many years and limited the opportunities of Barnstead youngsters, Allen pointed out.

Allen noted limited opportunities for youth activities is a particularly pressing problem because of the state’s dev-

astating opioid epidemic. As reporter Katherine Lesnyk wrote in a Jan. 11 Baysider article about a combined Alton-Barnstead initiative to combat the epidemic, experts consider an abundance of opportunities for a wide range of alternative youth activities to be the single most effective deterrent to young people starting down the path of dangerous drug use.

Adkins asked the board and administration to be aware that there has been an increasing amount of comments from parents about the after school pickup process for children not using the bus system. A number of parents have commented about long waits to pick up their children. An animated discussion followed leading a board feeling that probably most of the concerns resulted from parents arriving as much as an hour early to be at the front of the line to get their child to an activity or medical appointment on time.

Principal Rice acknowledged that the line of cars often reaches far out into Maple Street, and then added that the entire parent pickup process rarely lasts more than 10 minutes from the time the first students are released until the last ones are. He also noted that all parent pickups are completed before the school buses are scheduled to start loading their passengers.

## Alton Winter Carnival returns on Feb. 18

ALTON — The Alton/Alton Bay Winter Carnival will be held on Sunday, Feb. 18, at the Bay, on the ice (weather permitting) from 10 a.m. to 3 p.m., sponsored by the Alton Business Association. Games, music, DJ, food, prizes, and fun, featuring helicopter rides, 50/50, crazy hat contest, ChowderFest cook-off, scavenger hunt, skating, and roasting S’Mores at the fire pit on the ice, the Great Alton Bay Bed Race, police demonstrations and touch-a-truck and more. A schedule will be available the week before the event. For more information on

how you can be involved, contact Roger Sample at 630-3675 or e-mail alton-businessassociation1@gmail.com or Rsample@tds.net.

### ChowderFest details

Area restaurants, do you have the best chowder around? Enter the ChowderFest cook-off to be held at the Alton Winter Carnival, 11 a.m. to 2 p.m. The 2018 ChowderFest winner will be announced at 2:30 p.m. at the bandstand. A prize for the winning chowder will be awarded. If interested in submitting your chowder, please contact either Donna Russell or

Tamara Blier at TD Bank at 875-6111. All participants will need to bring a large container of chowder, a means to keep the chowder warm, a heavy duty extension cord and have a representative present for the duration of the event. The Alton Business Association will supply bowls, spoons and napkins.

### Crazy hat details

Come with a crazy hat decorated for a judging competition. There are two categories: Youth ages 0-12, and adult ages 13-99. Prizes for each category. No pre-registration necessary.

### The Great Alton Bay Bed Race details

Beds need to be able to be pushed on the ice with four pushers and one rider. Pre-registration is strongly encouraged by Feb. 14 by e-mailing your information to alton-businessassociation1@gmail.com.

Any non-profit organizations that would like to participate for the day, please contact Roger Sample at the contacts listed above.



COURTESY PHOTO



## Technology thrives

Seventh and eighth grade students in Alton Central School’s “Computers Inside and Out” elective use and explore the augmented reality sandbox constructed by Richard MacDuff of tech education and Aaron Miller of the technology department. In their elective, “Computers Inside and Out,” students learn how computers work as well as building and programming one of their own from the ground up. Students here created and explored a topographical map adjusting in real time, adding simulated rainfall and water flow throughout the terrain.

No Locke Lake meeting in February

BARNSTEAD — The Locke Lake Colony Association has announced that there will be no public board of directors Meeting in February.

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Matthew Fassett

343 Main St.

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# Call of the wild

*Local Fish and Game officer is among reality television's newest stars*

**BY MARK FOYNES**  
Contributing Writer  
NEW DURHAM — Ron Arsenault doesn't spend his workdays in a cubicle. His office isn't bounded by four walls.

"My office moves with me, wherever I have to go to get my job done," explained conservation officer Arsenault, who grew up in New Durham.

He's among the N.H. Fish and Game officers featured on Animal Planet's reality series, "North Woods Law." Each episode takes viewers out into the field where F&G officers perform their duties, ranging from wildlife encounters to confronting violators and performing rescue operations.

"No two days are ever the same, so you never know what to expect," Arsenault said. "The seasons change, the scenarios change, so you know you never get bored – every day is a new adventure."

Arsenault's duties cover a broad geography that spans the foothills of the White Mountains to the Seacoast. "So wherever I am is my work site," he said.

Based out of F&G's New Hampton Lakes Region station, he added, "A nice thing about my territory is its diversity – I have the Big Lake, some of the mountains, and other terrains, so I get to sample all of the state's landscapes."

Arsenault noted that once a month, he participates in federal Joint Enforcement Agency-funded missions that bring him to the Seacoast to assist with shoreline and aquatic species related efforts.

While he's headquartered just outside Meredith, much of his patrol area is concentrated around the eastern sections of Lake Winnepesaukee, Merrymeeting Lake, and the surrounding forests and foothills. Monitoring the 2,000-acre Red Oak site in New Durham is also part of the C.O.'s beat.

Arsenault has been a N.H. Fish and Game officer for 10 years and is among the department's personnel featured on the Animal Planet series, "North Woods Law." The program allows viewers to witness the day-to-day realities of field staff who enforce and uphold a wide array of the state's outdoor and wildlife regulations. These provisions include matters relating to illegal hunting and trapping, off-road vehicle compliance, and helping maintain the state's fresh- and saltwater fish stock. Conservation officers also perform emergency rescue operations, many of which involve lost or injured hikers.

"I've spent a fair amount of time on Mt. Major," Arsenault said. He recalled one rescue



NH FISH AND GAME – COURTESY PHOTO  
**RON ARSENAULT is a conservation officer with New Hampshire Fish and Game.**

mission in particular that involved retrieving 37 lost hikers from the mountain.

"That was an interesting mission," he recalled. "There was a party of 35 lost hikers together, plus another two, who were up there at the same time."

Arsenault, a 1997 Kingswood graduate, grew up on Brackett Road in New Durham.

"I was always outdoors, out in the woods or on the river in my canoe," he recalled, noting that walking the woods and going fishing were among his favorite activities growing up.

After graduating, Arsenault hitched up with the Navy. Serving with the Seabees, he spent two years on active duty, including a one-year tour in Iraq in 2003. Arsenault signed on for an additional six-year stint with the Reserves.

This experience proved to be an important professional stepping stone, according to Arsenault. He explained that conservation officer candidates can qualify for a position by earning a relevant two-year post-secondary degree, graduating from the police academy, or serving two years on active duty in the armed service.

In becoming a conservation officer, Arsenault didn't anticipate becoming a reality TV star.

"They point a camera at you as you do your job, but the bottom line is you're just doing your job like you normally would," he observed.

Arsenault said that "North Woods Law" has been useful in helping the public – in N.H. and nationally – to understand and appreciate the efforts of his colleague conservation officers.

The program's web site says it "features the

Conservation Officers of N.H. Fish and Game who work tirelessly to preserve and protect the natural resources of the Granite State."

It continues, "N.H.'s wild and rugged landscape makes the state a premiere destination for outdoorsmen and women and makes the work of Conservation Officers diverse and demanding."

"Whether they're assisting biologists in managing the state's wildlife, patrolling backcountry roads during hunting season or conducting search and rescue operations on windswept mountains and roaring rivers, every day presents a new challenge in the Live Free or Die State."

According to Arsenault, N.H. F&G has a four-year contract with the Animal Planet network, which is now airing the program's second season. The current iteration is a spinoff of an earlier version that was set in Maine.

Growing up in New Durham, Arsenault lived the all-American outdoor boyhood amidst the region's woods, water, and wildlife. "Being a conservation officer was the job I was basically born to do," he said.

Arsenault added, "I've kind of lived it," noting that growing up in rural New Hampshire gives him a high level of familiarity with the state's landscape, its wildlife, and the people.

"Well, I guess you can learn these things, but I just had a little leg up since I didn't have to learn as much through on the job training having grown up here," Arsenault chuckled.

Arsenault works something of an unconventional schedule. It's pegged to 160 hours per month, rather than a



NH FISH AND GAME – COURTESY PHOTO  
**RON ARSENAULT is featured on the television show North Woods Law.**

strict 40-hour workweek.

"It's really driven by when there's the greatest need for services," he explained. Since there are spikes in demand for services correlated to weekend outdoor recreation, he puts in a fair amount of time on Saturdays and Sundays. But the upside, from a personal perspective, is that he has a fair amount of flexibility during the traditional workweek.

"That allows me to attend my kids' ball games and things like that," he explained, noting that being on call 24/7 for emergencies evens out the ledger between him and his employer. He said that F&G strives to help conservation officers achieve an optimal work-life balance in a career that is physically, intellectually and emotionally demanding.

"In a given week, I might be off on a week-day at three in the afternoon, but find myself later that week in the middle of the night on the side of a mountain on a search and rescue," he said.

One of the key threads of the "North Woods Law" TV show is the manner in which conservation officers apply community policing techniques to the state's forests, fields, and streams.

"We see our role as a hybrid between enforcement and education," Arsenault said. Recognizing that people who like to spend time outdoors generally want to help protect the state's natural resources, he said most violators just need a simple nudge to help keep them in compliance.

"Some of the laws and regulations are common sense," Arsenault reckoned. He continued, "But there are a lot of them, so we try to help people better understand our shared stewardship responsibilities."

Arsenault considers himself vigilant but

reasonable. "It's easy to break a regulation, since some are very detailed. But we want people to enjoy and cherish our natural resources and get out to experience the outdoors in a way that helps us maintain a healthy balance."

Arsenault said many violators express gratitude toward him after an encounter, having learned how best to maintain an equilibrium between their outdoor experience with the state's stewardship objectives. "So, one of my primary goals is to help people just correct their thinking," he added.

"It's a basic principle of law enforcement to apply corrective measures with the least amount of force necessary," Arsenault said.

"Rather than writing a ticket, I would much rather say goodbye to

someone with a warning knowing that in the future we can be partners in keeping New Hampshire a great place to explore the outdoors," he said. "About the last thing we want to do is suspend someone's license."

"Most everybody wants to do right, so that helps make my job a little easier," Arsenault elaborated.

While calm and steady in his general approach, there are some things Arsenault will not abide.

"Don't lie to a conservation officer," he said. "We've seen it all and usually know when someone's being honest – or not."

In the interest of vigilance and due diligence, Arsenault added that every interaction is entered into a master database that can often be

SEE ARSENAULT, PAGE A5

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## Remember, early deadlines

As this hits mailboxes and stores on Thursday, Editor Joshua Spaulding will be at Logan Airport preparing to board a flight to Toronto and on to South Korea where he will be covering the 2018 Winter Olympics in PyeongChang. He will be out of the country until Feb. 25.

While the editor is out of the country, former Baysider reporter Brendan Berube, who serves as editor for other Salmon Press publications, will be handling the coordination of the paper from our Meredith office.

Because Brendan is handling this additional duty on top of his editorial duties for the other papers, we are requesting that things are in a bit early for the next few weeks in order to facilitate the timely printing of the newspaper.

Because there is a 14-hour time difference (Korea is ahead of the United States), this also adds into the need for earlier deadlines.

For the sports section, all items need to be in by 8 a.m. on Monday prior to the Thursday publication. Therefore, if you have a sports item for the paper of Feb. 15, it needs to be in at 8 a.m. on Monday, Feb. 12, and for the Feb. 22 issue it needs to be at 8 a.m. on Monday, Feb. 19.

For the A section, our normal deadline is noon on Tuesday but for the next two weeks, all items need to be in by noon on Monday. This extra day will give Brendan time to handle the Baysider in addition to his many other duties.

The Baysider relies heavily on contributions from members of the community and we want to make sure that all your announcements make it into the paper, so we've tried to publicize this temporary deadline change for the last few weeks so that people know. If you have a press release, obituary, letter or photo for the newspaper, it should be in by Monday at noon for the next two weeks.

As for the Olympic coverage, Josh will be in Korea hoping to check in on athletes with local connections for the Salmon Press coverage area. You can find his coverage in the sports section over the next few weeks. There are also ways to keep up daily. Photos can be found on Instagram, Twitter (both under SalmonSportsGuy) or Facebook, including at the sports section Facebook page at Salmon Press Sports – Wolfeboro. There will also hopefully be daily blog posts at SalmonSportsGuy.blogspot.com, assuming the internet works as it is supposed to while in South Korea.

This chance to cover the Olympics, coming four years after attending the Sochi Olympics as a media member, was made possible by the help of many generous local residents and businesses and we appreciate their willingness to help out over the last few years as these trips have become a reality.

We hope that our readers will enjoy the coverage of a worldwide event like the Olympics from a local angle with stories pertaining to local people.

And remember, the deadline for the next two weeks is Monday at noon. We appreciate your cooperation.



COURTESY PHOTO

### Teachers honored

Alton Central School is happy to announce that Kate Roy (right) and Julie LeBlanc were honored with "Apache Awards" for the month of February. The "Apache Awards" are chosen each month and are voted on by fellow staff members. LeBlanc currently teaches kindergarten at ACS and Roy teaches second grade. The theme for this month was: "Building confidence and social emotional skills by recognizing students in a positive fashion," which is aligned with the school's strategic plan.

## Powder Mill Snowmobile Club hosting Winter Carnival

NEW DURHAM—The Powder Mill Snowmobile Club of New Durham welcomes everyone to its Winter Carnival at Johnson's Marketplace on Sunday, Feb. 25, 10 a.m.–4 p.m. Now in its third year, this highly popular

event is bigger and better than ever. Snowmobilers and all members of the public are invited to come warm up by the fire pit, enjoy free hot chocolate and sample Johnson's famous steak tips. Powder Mill Snowmobile club ex-

clusive apparel and raffle tickets with prizes will be available for sale. Come greet friends old and new and celebrate the day with a demo ride on one of Rochester Motorsports' newest snow machines. The Powder Mill

Snowmobile Club thanks sponsors Johnson's Marketplace, Rochester Motorsports and Allstate Insurance. The cookout is located at 69 Route 11, New Durham. For details visit [powdermillsnowmobileclub.org](http://powdermillsnowmobileclub.org).

## Special story time for Valentine's Day at Gilman Library

ALTON — Join in at the Gilman Library for Valentine's Day stories with Nanny Rosebud, storyteller at 1 p.m. on Wednesday, Feb. 14. Refreshments will be sponsored by the Friends of the Gilman Library.

Nanny Rosebud, storyteller, makes quarterly appearances for seasonal events at the

Gilman Library. This year, Nanny Rosebud has also added two regular monthly programs to her quarterly specials.

Bedtime Stories with Nanny Rosebud, on the second Thursday of the month from 6 to 6:30 p.m. Wear your pajamas and bring your favorite stuffed animal

or blanket. Nanny Rosebud will bring juice and cookies for your bedtime snack.

Friday Morning Finger-play on the fourth Friday of the month from 10 to 10:30 a.m. Mommies and toddlers will learn nursery rhymes and sing interactive story songs with Nanny Rosebud and

friends.

Story times at the Gilman Library, 100 Main St., Alton, are held at Whimsy Corner in the Margaret E. Kayser Room (main floor - children's wing) unless otherwise posted.

For a complete story time schedule, visit <http://gilmanlibrary.org/story-time-listings>.

## Enjoy breakfast with the Masons on Feb. 18

ALTON — Sunday, Feb. 18, is Alton's Winter Carnival on the ice on the Bay. With all sorts of activities scheduled, including many airplanes flying into the ice runway (weather permitting), what better way to fuel up for the

day's activities than by joining the Masons for a breakfast buffet between 7:30 and 11 a.m. The Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the Lodge on Route

28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs, omelets, thick sliced bacon, sausage, home fries, beans, pancakes, French toast, coffee and juice being served, all for one low price, it is

a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. They hope to see you there. For more information, go to [www.winnipisaukeemasons.com](http://www.winnipisaukeemasons.com), or contact Jim Matarozzo at 875-3962.

## County Republicans to hear from Congressional candidate

LACONIA — The Belknap County Republican Committee (BCRC) has announced that its next monthly meeting will be held on Tuesday, Feb. 13, at 6:30 p.m. at the Shang Hai Restaurant, 331 Main Street, Laconia. Please note the meeting date was changed to Feb. 13 so as not to conflict with Valentine's Day and Ash Wednesday.

This month's guest speaker will be Eddie Edwards, candidate for Congress in the First District. Edwards will discuss his reasons for deciding to run for Congress, and share details about his background and qualifications.

Beside hearing from Edwards, the committee will hear from Les Cartier, the candidate in the

upcoming Feb 27 House of Representatives Special Election to fill the remainder of the term of Rep. Don Flanders, who passed away last September.

Belknap County GOP meetings are open to all Republicans and

like-minded Independents. Per their usual meeting format, if you're interested in having dinner (at your option) and/or wish to socialize before the meeting, plan to arrive as early as 5 p.m.

The committee again encourages its mem-

bers to continue to bring non-perishable food items for donation to local food pantries.

For more information, please check the committee's web site at [www.BelknapCountyGOP.org](http://www.BelknapCountyGOP.org) or send an email to [alan.glassman@gmail.com](mailto:alan.glassman@gmail.com).

### Shoot a puck to support Rotary charity endeavors

ALTON — Belknap Subaru of Tilton is the sole sponsor of the Alton, Barnstead, New Durham Centennial Rotary Club's "A Buck A Puck" contest at Alton's annual Winter Carnival in Alton Bay, Feb. 18.

"We can't thank Belknap Subaru enough for their generosity," said Rotary President Richard Leonard. "Without their support this fun

family event wouldn't be possible for us to raise money for charity."

"A Buck A Puck, Try your Luck," will include a junior category for kids up to 12 years plus an adult category.

The contest's objective is to shoot a puck through a hole at the bottom of a wooden backstop. Contestants can try as many times as they want, for a buck

a puck, to win a prize of their choice from the prize table. This is Rotary's second annual puck shooting contest. The Alton Winter Carnival is an Alton Business Association event that includes many day long activities and fun on the ice to include a touch and go fly-in, bed race, crazy hat contest and music, plus much more.



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Offices at 5 Water St., P.O. Box 729,  
Meredith, New Hampshire 03253

Phone: 279-4516

Frank Chilinski, President & Publisher  
Joshua Spaulding, Editor

E-mail: [baysider@salmonpress.news](mailto:baysider@salmonpress.news)

Sports Editor: Joshua Spaulding

Advertising Sales: Cathy Cardinal-Grondin (788-4939)

[cathy@salmonpress.news](mailto:cathy@salmonpress.news)

Advertising Asst.: Elizabeth Ball - [liz@salmonpress.news](mailto:liz@salmonpress.news)

Distribution Manager: Jim Hinckley

Information Manager: Ryan Corneau

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**Libby thoughts**

The New Durham Historical Society is excited to be hosting special guest speaker Cheryl Cullimore Thursday, Feb. 8, beginning at 7 p.m. at the New Durham Public Library. The presentation will feature "thoughts" of Abraham Libby and his mother Margaret Libby over a variety of civil actions concerning Abraham from 1771 to 1828. There is an introduction commenting on the role of government during this time. Scott Drummey has graciously volunteered to read the part for Abraham Libby. Cullimore resides in the Libby home (pictured). For additional information, please contact Catherine Orlowicz at 859-4643.

# GWRSD Deliberative Session a quiet one

BY ELISSA PAQUETTE  
Contributing Writer

**WOLFEBORO** — The Governor Wentworth Regional School District's (GWRSD) administrators and school board members from all six sending towns presented this year's warrant articles with background information in support of each on Saturday morning, Feb. 3, in the Kingswood Arts Center.

Kingswood Regional High School's acapella group, Route 28, sang the National Anthem, a reminder of the unity of purpose this year's budget represents. Moderator Randy Walker followed with procedural directions in advance of the over-

view.

The operating budget is set at \$52,409,371 before passage of this year's warrant articles. Inclusive of warrant article requests, the budget comes to \$52,922,305, an increase of approximately 3.81 percent.

The board recommends support for collective bargaining agreements with the Support Staff Association and Governor Wentworth Education Association for an approximate one percent increase in salaries and benefits for fiscal year 2019, amounting to an increase of an estimated \$103,474 and \$199,462 respectively, for the 2018-2019 fiscal year.

Voters will see a request on the ballot for \$150,000 for repairs and improvements of buildings/grounds at the Kingswood Complex, which includes the middle and high schools, the Lakes Region Technology Center and the Kingswood Arts Center, the six elementary schools throughout the district, and the SAU49/transportation facility.

And the board is also seeking approval to transfer \$60,000 from the June 30, 2018 fund balance to be added to the Turf Field Capital Reserve Fund.

David Bickford of New Durham commented on "a great presentation" and said he was "pleased to see

the discipline that's come about this year" along with a question as to why the contract was for one year instead of three years, the contract that is presently coming to an end. Tuftonboro School Board member Jack Widmer cited "upheavals" in the health insurance market as the driver of that decision. The staff will maintain the current plan and be able to reassess options next year.

Voting on the official ballot will take place in Brookfield, Effingham, Ossipee, New Durham, Tuftonboro and Wolfeboro on March 13. New Durham School, the Tuftonboro Town House, and the Wolfeboro Town

Hall will hold voting from 8 a.m. to 7 p.m.; in Ossipee Town Hall, voting will run from 10 a.m. to 7 p.m.; Effingham Elementary

School will go from 11 a.m. to 7 p.m.; and voting at the Brookfield Town House starts in the afternoon at 1 and continues until 6 p.m.

## Cookout on the Lookout is Saturday

**NEW DURHAM** — The Powder Mill Snowmobile Club of New Durham is excited to announce its annual Cookout on the Lookout on Saturday, Feb. 10, 12-6 p.m. Everyone is invited to come meet and mingle with fellow snowmobilers and warm up by the fire. Hot food and drinks, Powder Mill Snowmobile

club exclusive apparel and raffle tickets with fabulous prizes will be available for sale. Don't miss the grand finale firework display at sunset. Location is 173 Valley Road (on trail, approximately one mile east of Johnson's Marketplace). Snowmobile access only. For details, visit powdermillsnowmobileclub.org.

**ARSENAULT**  
(continued from Page A3)

accessed from the field.

"We track everything, so it's easy to get trapped in a lie if you're not forthcoming," Arsenault summarized.

He continued, "If I let you off with a warning last year, and we see you doing the same thing I warned you about again, I'm thinking that you didn't get the message, so we'll have to write you up."

In his line of work, Arsenault has indeed had some interesting encounters. Some of his calls to duty have been tragic.

ers are cooperative and compliant, although he'd once pursued a rider for perhaps two miles.

"That was kind of a unique circumstance since the operator did not have his rearview mirror, so he couldn't see my lights," he said, noting that his snowmobile is not outfitted with a siren.

Nabbing night hunters is also a major duty of Arsenault's. "It's not legal – there's the safety factor of hunting after dark, plus it gives an unfair chance for the animal," he said, noting that hunters often use bright lights that prohibit their quarry from seeing beyond a small illuminated area; this limits their escape options, giving hunters an unfair advantage.

securing a search warrant, the F&G personnel entered the suspect's home and investigated a number of freezers. Their search yielded four bobcat pelts and a bear skull.

Arsenault said that the "big picture" of the incident is that poaching "definitely gives a black eye to the trapping community," which is unfair to people who trap legally and comply with the rules and regulations.

"The intent was clear," Arsenault concluded. He noted on the show that "mistakes do happen" where protected species occasionally get snared. He said many trappers will release ill-gotten animals in the event of an accidental trapping if they're in a condition to return to the wild. Arsenault also noted that some trappers will call F&G if they accidentally kill an animal so the impact on the protected population can be documented.

segment filmed in New Durham, where Arsenault discovers and investigates a marijuana grow site.

"There is definitely a lot of variety in working for Fish & Game," Arsenault said.

He said the presence of TV cameras has little impact on how he does his job. "Sometimes it's a live camera man, other times it might be a portable camera that they Velcro to the interior of my vehicle – but it doesn't really matter – we're all going to do what we ordinarily would to do our job."

## Outdoor fun with Alton Parks and Recreation

**ALTON** — The town of Alton has opened an ice skating area at Mill Pond, across from the Fire Department on Route 140. The rink is maintained by the town's grounds and maintenance department, and is flooded by the fire department. Rink conditions are weather dependent so please check the ice rink sign to make sure the rink is open.

Recreation Department is sponsoring a community outdoor winter party on Saturday, Feb. 17, at Mill Pond (across from the Central Fire Station on Route 140) from 4 to 6 p.m. Event includes ice skating, cross-country skiing and snowshoeing. Bring your equipment and play outside on Mill Pond. Music, s'mores, camp fire and more. Bring a headlamp for twilight navigating. For more information, contact Alton Parks and Recreation at 875-0109.

**Community outdoor winter fun**  
The Alton Parks and

He said maintaining safety on the region's snowmobile trails is a big part of his job this time of year.

"We see quite a few accidents, and some, unfortunately, result in fatalities," he said.

Arsenault cautioned riders to practice caution while enjoying the trails on their snowmobiles, noting that speed and alcohol impairment are leading causes of accidents.

He said he uses a radar gun to track riders' speed and patrols the trails with a snowmobile fitted with a blue flashing light. He pulls over violators trailside to either write a ticket or issue a warning. Arsenault said most rid-

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# Alton Central crowns Spelling Bee champion

ALTON — Every year, students from across the United States are given the opportunity to participate in the Scripps National Spelling Bee. The National Spelling Bee began in 1925 when nine newspapers joined together to host a spelling bee, and has been held every year since, except during the World War II years of 1943, 1944 and 1945. The purpose of the bee “is to help students improve their spelling, increase their vocabularies, learn concepts and develop correct English usage that will help them all their lives.”

This year, students at Alton Central School competed against their peers at grade level from grades one through eight. Finalists from each grade level then competed in a school wide bee on Jan. 31 for the school title of champion speller. Alton Central School is proud to announce Zoe-Jane Ransom (fourth grade) as the school-level champion for the Spelling Bee. She will participate in the statewide Spelling Bee at the Capital Center for the Arts in Concord on Saturday, Feb. 24.



COURTESY PHOTO  
**ZOE-JANE RANSOM was the winner of the Alton Central School Spelling Bee.**

Other grade level winners were: Grade one - Sophie Follansbee, grade two - Alexander Ransom, grade three - Wade Mitchell, grade five - Logan Cliché, grade six - Spencer Therrien, grade seven - Finn Quindley and Grade eight - Kyle Dube. The faculty and staff at Alton Central School are very proud of all of their students and their individual achievements. They celebrate the accomplishments of these students who participated in the spelling bee and wish Ransom the best of luck at the state bee.



COURTESY PHOTO  
**SPELLING BEE participants at Alton Central School pose for a photo.**

## Vendors sought for Barnstead Farmers’ Market

BARNSTEAD — The Barnstead Farmers’ Market is announcing its 2018 planning season to begin June 16 through Columbus Day Weekend. The market is growing and they need more veggie farms this year. They especially need hot-house farms. Do you make or sell the following products? They would love to hear from

you. Cheese, wine, craft beer, honey, corn, bakery and gluten-free products and more. They are also seeking board members and volunteers. Contact Lori Mahar at 269-2329 or lorimahar@tds.net, or visit [www.barnsteadfarmersmarket.club](http://www.barnsteadfarmersmarket.club) or the Facebook page Barnstead Farmers’ Market.

## Reading Room

BY ROZA BENOIT  
Gilman Library

From the Director’s Desk – Greetings. Feb. 14 is right around the corner reminding us to think of and appreciate those we love and care for. We, here at the library, love our Library Trustees, the Friends of the Gilman Library, our volunteer staff, and those who provide essential services to the library at minimal, if any, cost to our organization. They express their love and appreciation for our library and community by dedicating countless hours to our organization without expecting a dime in return. They work hard to ensure the best possible service to our patrons, supporters, and donators. How many people do you know who are willing to do that? It is with heartfelt thanks that we honor these individuals. We love and appreciate you more than words can say. Please continue to inspire all of us through your commendable actions. If you

have it in your heart to share your love for our library and community, please consider being part of this very special group of people. For more information, contact the Gilman Library, a member of The Friends of the Gilman Library, or a member of the Gilman Library Board of Trustees. Best wishes. - Holly Brown

**From Mary’s Chair**  
Ok – so it is February. All of February and I’m sure most of March will be cold winter weather (and maybe part of April). I don’t know about most of you – but I am looking forward to green (as in grass and leaves). I am also looking forward to June when some of our summer residents will be returning with their lovely tans (unlike us here at the library). I am not envious (maybe just a little) but I am eager to see and chat with them. I do chat quite well, as my co-workers are well aware. For those of you

who like winter, enjoy. It will be gone soon. - Mary Edgerly Mann

**Here’s Pam**  
Remember that Theater Thursday matinee has changed from 3 to 2 p.m. on the first Thursday of each month. The next movie is March 1. Check at the circulation desk for the upcoming titles or go to <http://gilmanlibrary.org/theater-thursdays> for info. - Pam Martin

**Teen Zone and Whimsy Corner**  
Teen Movies are shown on the third Thursday of each month, at 4 p.m. in the Teen Zone. Ask for more info at the circulation desk or find out more at <http://gilmanlibrary.org/teen-movie-matinee>. Story Times are held at Whimsy Corner in the Margaret E. Kayser Room, (children’s wing), unless otherwise posted. Granny Apple holds Story Time on Tuesdays at 1:45 p.m. and Nanny

Rosebud has two programs a month: Bedtime Stories on the second Thursday of every month from 6 to 6:30 p.m., and a Lap-Sit program: Friday Morning Finger-play, on the fourth Friday of every month from 10 to 10:30 a.m. Nanny Rosebud, storyteller, also holds special events at the Gilman Library. Join us for Valentine’s Day Stories with Nanny Rosebud, Storyteller, at 1 p.m. on Wednesday, Feb. 14. The Friends of the Gilman Library are serving refreshments. For a full story time schedule, visit <http://gilmanlibrary.org/story-time-listings>. – Roza Benoit

**Roza’s Reminders**  
Don’t forget to check for upcoming events and weather closings on our community calendar at <http://gilmanlibrary.org/calendar>. We also post closings with WMUR. When in doubt, don’t head out until you check it out.

## Fine Free February at Oscar Foss

BARNSTEAD — It’s Fine Free February at the Oscar Foss Memorial Library. During the month of February, bring in three or more non-perishable, unexpired canned goods (clearly labeled) and have all the fines on your account waived. Donations will be delivered to the Barnstead Food Pantry and End 68 Hours program at Barnstead Elementary School.

**OFML STEM Squad**  
Learn how to build a video game using Raspberry Pi, solve a breakout box puzzle, build with Legos, and try out some fun science experiments. The OFML STEM Squad meets monthly to explore science, technology, engineering and math in fun and creative ways. Meetings are held the second Thursday of each month at 3:30 p.m. The next meeting will be

today, Feb. 8. This program is for children ages 12-16.

**Family Movie Night**  
Join in at the library on Friday, Feb. 9, at 6 p.m. for a free night at the movies. They will be showing “Jumanji” with Robin Williams (PG) and providing popcorn. Pajamas and cuddling items are always welcome. Please call the library at 269-3900 or visit [oscarfoss.org](http://oscarfoss.org) for more information about any of the library’s programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.

be held in the library at the Barnstead Elementary School. Work sessions will be held as needed by the budget committee.

## Barnstead Budget Committee schedule winding down

BARNSTEAD — The Barnstead Budget Committee will meet and hold public hearings and work sessions concerning the budget.

For the school budget, Monday, Feb. 12, will be a public hearing and recommendations. For the town budget,

Thursday, Feb. 8, will be a public hearing and recommendations. All public hearings and work sessions will start at 6 p.m. and will

be held in the library at the Barnstead Elementary School. Work sessions will be held as needed by the budget committee.

## Spaghetti dinner to benefit Legion member

ALTON — The American Legion Post 72 in Alton is hosting an all you can eat

spaghetti and meatball dinner benefit for Legion member Billy Moore, who is battling

cancer. The benefit will be held on Feb. 11 from 1 to 4 p.m. at the Alton

American Legion 164 Wolfeboro Highway, Alton.

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# THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	64 Barbara Dr.	Single-Family Residence	\$144,000	James R. and Janice M. French	Geraldine M. Gaeta and Jonathan Paine
Barnstead	Hannah Nutter Road (Lot)	Residential Open Land	\$65,000	Lynne Whelden	Mister Pitch Black LLC
Barnstead	N. Barnstead Road (Lot)	Residential Open Land	\$34,000	Michael J. O'Neil	Pamela Nicaastro
Barnstead	398 N. Barnstead Rd.	Single-Family Residence	\$117,000	J. Paul Shearer	Donald Bensey
Barnstead	Pineo Road (Lot)	Residential Open Land	\$84,000	Lisa M. Allison	Scott and Lisa Noel
Barnstead	N/A	N/A	\$42,400	Colin A. Tasker	Dana R. and Jordan N. Yost

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

# Kingswood hosting Empty Bowls fundraiser Friday night

BY ELISSA PAQUETTE  
Contributing Writer

WOLFEBORO — Enthusiasm was high in Social Studies teacher Jenn Do'Carmo's room after school at Kingswood Regional High School on a recent Friday. Exams were over for the day and students in the Knights Against Hunger (KAH) club could turn their attention to the second annual Empty Bowls fundraiser coming up on Friday, Feb. 9, from 5 to 7 p.m.

Members had spoken about their continuing mission in support of food security for their peers at the middle school, high school and Lakeside Academy during three masses the past Sunday and accumulated more than \$1,000 for the End 68 Hours of Hunger program as they stood by in the narthex following their presentations.

The congregants were "incredibly generous" said Do'Carmo, who also praised her students for their willingness to devote over three hours of their time on a Sunday in addition to their weekly food collection and distribution efforts to stave off hunger for the 68 weekend hours. They are assisted by students from the Life Skills Program, who sort food into bags, which are then available for distribution to eligible students.

Students were excited at the gift box containing 34 ceramic bowls donated by adult pottery students of the League of NH Craftsmen Gallery of North Conway, which donated the materials and firings. It's a boost for their collection to offer to attendees of the Empty Bowls fundraiser. Kingswood Middle School students and Brewster Academy students have contributed as well.

Soup will be served for \$5 a bowl, and supporters who would like to enjoy soup and take a ceramic bowl home may do so for a \$15 to \$20 donation.

KAH member Rachel Perrow handles the logistics of soliciting donations from schools and universities – she's developed a spread sheet to track the outreach – and is confident they will come through. Time is getting short, but Do'Carmo has no question that the students will pull it all together.

It's a group that has been known to call a meeting for 6:30 a.m. before school to share progress and plan next steps, she says with admiration.

The high school/middle school extension of the End 68 Hours of Hunger Program began in 2014. The program was well under way in the

school district's elementary schools but high school students were concerned about their peers. "If you're hungry, you can't learn as well," says KAH member Liam Morrissey, who continues, "I know that when I'm hungry, like before lunch, it's harder to concentrate."

"The key to breaking the cycle of poverty is education," says member Cameron Taatjes, so the philosophy of the club it to help with that very basic need. Students can't function as well without food.

Do'Carmo says food insecurity issues are part of her curriculum. Studies have shown that what food insecurity looks like in children is different than it looks in teens. They are better able to mask it. The students have discovered too, that some teens bring food home and give priority to helping their younger siblings.

"We're very solid about anonymity," she says of the program. The list is drawn up by school social worker Cheryl Powers. Along the way, KAH members have become conscious of the problems some of their peers face. If someone is living in a hotel, the question becomes, do they have access to a microwave and do they have a can opener? Food selection has to factor that in.

"An ideal bag," says Perrow, includes foods "with good nutritional values and appeal" and within a certain cost range. All are microwavable.

Transportation is a barrier to some families, especially in the rural area, observes teacher Linda Runnals. Not every one has a car to drive to the food bank, or if they do, they might not have enough money for gas. The recent cold weather and high fuel bills crimp some families' options, forcing difficult choices between food, gas or oil.

Morrissey, who serves on the food subcommittee, one of five, that also include finance, events, fundraising and public relations, says he sometimes has about \$1,000 worth of food in his car after a trip to Hunter's Shop n Save or the L.I.F.E. Ministries Food Pantry. And he knows he'll have another \$1,000 worth on another week. The group distributes around \$16,000 worth of food, half of which it pays for, and half of which is contributed by the food pantry. "I enjoy seeing how much food we go through," says Morrissey, "and knowing that it is going to someone who needs it."



ELISSA PAQUETTE

ACTIVITY is ramping up in preparation for the Kingswood Knights Against Hunger's Empty Bowls fundraiser set for Friday, Feb. 9, in the Kingswood High School cafeteria. Funds raised are spent on weekend food for middle and high school students who face food insecurity. In photo (l-r), Rachel Perrow, teachers Amanda Logan, Jen Murray Do'Carmo, Liam Morrissey, Cameron Taatjes, Makenzie Willette, Grace Trites, teachers Linda Runnals and Christina Fuller.

As the Empty Bowls event comes closer, the students are scrambling to collect ceramic bowls

and making arrangements for soup contributions from the community, including from the

Lakes Region Technology School's Culinary program. Chef Brideau will set up the chafing dishes and Family and Consumer Science teacher Amanda Logan will keep the soup ready in her kitchen down the hall from the cafeteria.

The students are excited and adding creation of a slide show to their task list.

The entire enterprise is a way for the school community and the public to come together in support of students who might otherwise go hungry on weekends. Perrow says she enjoys getting together with the Life Skills students and the up to 60 students who participate in one way or

another throughout the school year.

Taatjes says the community often expresses its appreciation when KAH students give presentations. Overall, it feels good. "It's students helping students," says Runnals.

"We know we are doing the right thing," asserts Grace Trites.

Checks for KAH may be sent care of Kingswood Regional High School, 396 South Main St., Wolfeboro, NH. 03894. The e-mail is [kah@student.govwentworth.k12.nh.us](mailto:kah@student.govwentworth.k12.nh.us). And of course, your presence would be appreciated at the dinner on Friday, Feb. 9, from 5 to 7 p.m. Tickets will be sold at the door.

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OBITUARY

Arnold Peter Shibley  
Former Alton Selectman

ALTON — Arnold Peter Shibley of Alton Bay, died Feb. 1, at his home surrounded by family. He was born on Oct. 14, 1933 in Dover, to George P. and Beatrice L. Shibley. He spent his formative years in Dover, moving to Alton Bay in 1963.

As a young man, Peter worked for the state of New Hampshire as a civil engineer and served in the National Guard for 14 years. After this he enjoyed the next 25 years as a salesman for A.H. Harris Concrete Specialty Products and five years as the branch manager for Rila Precast.

His real passion was in the political arena.

Locally, he served the Alton community as a school board member for 17 years and was on the Alton Board of Selectmen for nine years. Throughout the state of New Hampshire, he served as New Hampshire Good Roads Director, Belknap County Economical Council, Lakes Region Association, and was a NH State Representative.

After retiring from his job and serving his community, he enjoyed spending time with his wife at Shibley's Drive In (owners since 1974). He enjoyed many hours of lively conversation with his customers, debating everything from local



politics to world events. He was trying to "Make America Great Again."

He is survived by his wife of 60 years, Ann L. Shibley. Along with his wife, he leaves three children, his son, David A. and wife Amy, and their children, David Peter Shibley, Krista Margaret Machon, and Robyn Shibley Warren; his daughter, Beth E. Shibley and significant other Ted

MacPhee; and his son, Ben L. Shibley and wife Kimberly; along with four great-grandchildren and several nieces and nephews.

He was predeceased by his beloved daughter, Lisa Ann.

We think of you in silence'

And make no outward show;

But what it means to lose you;

No one will ever know.

You wished no one

farewell;

Nor even said "good-bye;"

You were gone before we knew it;

And only God knows why.

The golden heart stopped beating;

With tender hands at rest;

God broke our hearts to prove it;

He only takes the best.

To some, you may be forgotten;

To others a part of the

past;

But to us, who loved you dearly;

Your memories will always last.

In lieu of flowers, donations may be made to the NH Humane Society in Peter's name.

At his request, there will be no funeral services. Cremation care by Peaslee's Alton Funeral Home. For online condolences please visit [www.peasleefuneralhome.com](http://www.peasleefuneralhome.com).

Mark on the Markets  
Opportunities



BY MARK PATTERSON  
Contributing Writer

In past "Mark on the Markets," I wrote about actively managing a portion of your assets after your income was established and protected. Actively managing is for that portion of your investable assets that you want to create "alpha" or growth through the use of stocks, ETFs or sometimes alternative investments. Sometimes the use of options contracts is a great way to collect income or to speculate and hedge your account against market downturns. It has been nine years since any real corrections in the broad market, but that does not mean that there has not been any opportunity for major pullbacks. Take the energy sector or oil, to be more specific. The market has seen a 50 percent pullback in the price of crude oil and the price of many energy related companies in the last few months. This has been a result

from the U.S. fracking revolution, which has changed the industry and have challenged OPEC and other oil based economies more forcefully than any other time in history. Producers had ramped up production to counteract what they thought would be a disruption in oil flow due to fears of a war in Syria, ISIS taking over Iraqi oil fields, or a Russian/Ukraine event. But despite these troubling issues, there have been no real disruption of supply.

Falling oil supply may have its consequences. Many of the big oil producers have cut capital expenditure, oil rig counts have fallen and U.S shale companies have been hurt. What we have seen is a pullback in the supply of oil even though we are drowning in the stuff right now. If we see a disruption in oil flow or world economies strengthen, we could see a quick return to much higher oil pricing.

History tells us that after a fall in prices that we have experienced lately happens, we historically have seen a rally back within 12 months. This recovery has been a bit slower, but still a re-

version to the mean.

This sector of the market may be a timely place that you can create "alpha" in your portfolio with the use of stocks, ETFs and options for an opportunity.

If you are in mutual funds or fully invested with no liquidity, it may be more difficult to find the assets to work with. Typically, with the broad markets being very high, you may be able to take some profit in some already highly valued sectors to create liquidity in order to move money to an asset class that may have some potential positive movement.

What I have been describing is active management that takes some work, time and research on your part or your advisors. Keep in mind that you will only want to use a portion of your investable assets for this. What you are doing is creating a portion of your assets that are not correlated to the remainder of your investments. This should in theory, minimize portfolio risk and maximize performance.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or [Mark@MHP-Asset.com](mailto:Mark@MHP-Asset.com)

Taize worship service is Feb. 14 in Barnstead

BARNSTEAD — The Congregational Church of North Barnstead (CCNB) cordially invites the public to attend a candlelight Taize' Ash Wednesday Worship Service, Feb. 14 at 7 p.m.

Taize' is an informal, ecumenical prayer service with a focus on peace, reconciliation, and social justice. Prayers, sacred silence, Scripture readings and songs encourage those gathered to enter together into the mystery of

God's presence. Organist and vocalist Cheryl Richardson will lead the songs that are short, containing words from Scripture. Sung communally and repetitively, they become a unifying prayer and engender inner peace. For this service, a ritual of "Earth to Earth, Ashes to Ashes, Dust to Dust" will lead attendees into the Lenten season.

Taize' worship began 77 years ago in Taize', a small village in the Bur-

gundy region of France. It has spread world-wide by people seeking to promote peace and reconciliation where they live and work. Each year, Taize' attracts more than 100,000 people.

This peaceful candlelight service lasts 45 minutes. CCNB, a "year round" church built in 1820, is at 504 North Barnstead Road. Please come and join in as they begin the season of Lent. All are welcome.

Community Church of Alton offering employment seminar

ALTON — A free employment seminar will be offered in Alton on Tuesday, Feb. 20, from 8:45 to 11:30 a.m.

This outreach is offered to individuals who are in-between jobs, those re-entering the workforce or those seeking their first employment opportunity and having

recently graduated from college, high or trades school. All participants will work with a seasoned counselor who will develop your resume and provide networking methods to obtain interviews and work individually to effectively discuss your credentials and motivation. This free program

is offered by the Community Church of Alton. For those who are seriously interested in moving forward in the work world, you are encouraged to contact the church office at 875-5561 and ask for Linda, who will reserve a place for you at the seminar. Materials for taking notes will be provided.

Lenten retreat at St. Katharine Drexel March 3

ALTON — All are welcome to join in a Lenten retreat on Saturday, March 3.

It will be held in the lower level of St. Katharine Drexel Church in Alton.

Speaker will be Msgr. Peter Dumont from the Diocese of Manchester

discussing "discovering who you are through sacrifice"

Sign in and continental breakfast will be from 8:30 to 9:30 a.m.

Morning program (including quiet time) will be from 9:45 to 11:45 a.m.

Catered lunch will be from 11:45 a.m. to 12:45

p.m.

The afternoon program will run from 1 to 2 p.m. and the retreat finishes at 2 p.m.

Registration is required by Feb. 22 and there is a registration fee.

Please contact Martha Horton at 545-8323 to register or for details.

ALTON POLICE LOG

ALTON — The Alton Police Department responded to 211 calls for service during the week of Jan. 28 – Feb. 3, including seven arrests.

One male subject was arrested for suspended registration and driving after revocation or suspension.

One male subject was arrested for domestic violence assault.

One male subject was arrested for possession of controlled/narcotic drugs.

One juvenile was arrested for unlawful possession of alcohol.

One male subject was arrested for tobacco products use prohibited on school grounds.

One male subject was arrested for disobeying an officer, possession of drugs in motor vehicle and possession of controlled/narcotic drugs.

There was one motor vehicle summons arrest.

Police responded to seven motor vehicle accidents.

There were four suspicious person/activity reports on Mount Major Highway, Powder Mill Road, Suncook Valley Road and Depot Street.

Police made 46 motor vehicle stops and handled five motor vehicle complaint-incidents.

There were 149 other calls that consisted of the following: One administrative action, one assist fire department, one fraudulent action, six assist other agencies, three animal complaints, two juvenile incidents, three domestic complaints, five general assistance, six alarm activations, one case work/follow-up, one noise complaint, two highway/roadway hazards, four general information, two civil matters, one wellness check, two abandoned vehicles, three community programs, 77 directed patrols, two motor vehicle lockouts, one medical assist, 13 property checks and 12 paperwork services.

Church Service

SCHEDULE

10am Worship Service  
Community Church of Alton  
20 Church Street, Alton

**ABUNDANT HARVEST FAMILY CHURCH**  
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit [abundant-harvestnh.org](http://abundant-harvestnh.org) or e-mail [ahf@faith.com](mailto:ahf@faith.com).

**ADVENT CHRISTIAN CHURCH**  
Sunday Worship Service 11:00 Am. All Are Welcome. Rev. Charles Willson 998-4102. 96 Maple Street & Route 28, Barnstead

**ALTON BAY CHRISTIAN CONFERENCE CENTER**  
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am. 875-6161.

**BEFREE COMMUNITY CHURCH, ALTON**  
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard, [www.befreechurch.net](http://www.befreechurch.net).

**CENTER BARNSTEAD CHRISTIAN CHURCH**  
Morning Service 10:00 am.  
Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831.

**COMMUNITY CHURCH OF ALTON**  
Prayer Meeting 9:00 am Christian Education for all ages, nursery-cadets, 9:00 am  
Rev. Dr. Samuel J. Halla, 875-5561.  
Sunday Worship Service 10:00 am 20 Church Street

**CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC**  
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd., Pastor Nancy Talbot, 776-1820, [ccnorthbarnstead.com](http://ccnorthbarnstead.com)

**FIRST CONGREGATIONAL CHURCH UCC FARMINGTON**  
Worship Services 10:00 A.M.  
Sunday School 10:15 A.M.  
400 Main Street  
Farmington, NH 03835  
Pastor Kent Schneider 755-4816  
[www.farmingtonucc.org](http://www.farmingtonucc.org)

**FIRST FREE WILL BAPTIST CHURCH**  
Sun. School 9-9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nasson.

**PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.**  
on the Parade in Barnstead  
Sunday Morning Worship Service for all ages begin at 10:00 a.m.  
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.  
Pastor Sandy Pierson - 483-2846

**ST. KATHARINE DREXEL**  
40 Hidden Springs Rd., Alton, 875-2548  
Father Robert F. Cole, Pastor.  
Mass Saturday 4pm;  
Sunday 8:30 & 10:30am;  
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

**ST. STEPHEN'S EPISCOPAL CHURCH**  
Sunday 9:30, 50 Main St., Pittsfield  
Rev. Curtis Metzger, 435-7908  
[www.ststephenspitfield.com](http://www.ststephenspitfield.com)

**UNITARIAN UNIVERSALIST SOCIETY OF LACONIA**  
Sunday services and religious education 10:00 a.m.  
All are welcome.  
172 Pleasant St. Laconia • 524 6488 • [uusd.org](http://uusd.org)

**MAPLE STREET CHURCH**  
Sunday Service 11am  
96 Maple Street  
Center Barnstead NH 03225

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# Alton Central announces first trimester Honor Roll

ALTON — Alton Central School has announced its Honor Roll for the first trimester.

**Eighth grade High Honors**  
Benjamin Breuer, Aidan Conrad, Asa Guldbrandsen, Kendall Santy,

Olivia Tibbs.  
**Honor Roll**  
Noelle Azzara, Tyler Biron, Christopher Cox, Kyle Dube, Troy Dube, Jasmine Emerson, Amber Fernald, Piper Flood, Samuel Francis, Avery Gorneau, Mary Gubi-

tose, Makenzy Holden, Seth Huggard, Magen LaChance, Alana Linsky, Charlize Locke, Aislinn MacStravic, Perrin McLeod, Annabelle Noyes, Carolanne O'Brien, Valeria Ramos, Mallory Reynolds, Millicent Snow, Brooke Stellon.

**Seventh grade High Honors**  
Nathan Archambault, Abigail Argue, Joseph DeJager, Chloe Marcello, Hayden Mellon, Finn Quindley.

**Honor Roll**  
Matthew Bonner, Ca-

sey Bredbury, Abigail Breuer, Olivia Casale, Marin Creteau, Marco Del Greco, James Dennis, Cameron Dore, Kolby Dubisz, Lauren Gilbert, Nelson Hikel, Ayden LaChance, Mya Linsky, Evan McCracken, Sydney McDonald, Lander McLeod, Grace Simensen, Hayley Snell, Cole Stockman, Thera Woods.

**Sixth grade High Honors**  
Pearl Cobern, Sien-

na Conrad, Nathan Leavitt, Mason Pappaceno, Micah Swenson, Spencer Therrien, Avery Woods.

**Honor Roll**  
Gilbert Acosta, Wyatt Brownell, William Donovan, Kenneth Fontaine, Brenden Francis, Jaylyn Gagnon, Kaylee Munn, Gavin Osmer, Eve Roberge, Ryan Scott, Emily Siegler, Nikko Sorrentino, Kali Viel.



MATTHEW FASSETT – COURTESY PHOTO

## Talking justice

“It’s a lot less expensive and more effective to take remedial action after arresting a kid or an adult who has committed a misdemeanor by putting them to work in the community to correct or fix what they’ve done. This is a way to teach them to take responsibility for their action than it is to put them in jail,” said Mike MacFadzen, a former Laconia Police and State Police officer who is now director of ‘Restorative Justice,’ a county-funded program. In his address to members of the Alton, Barnstead, New Durham Centennial Rotary at its weekly breakfast meeting, he spoke about what some of the warning signs are that can often foretell if a juvenile or an adult is headed for trouble with the law. The number one issue, in almost all cases, is the use of drugs and alcohol. Intercepting kids before committing a crime often involves redirecting them through counseling or by getting them engaged in activities and programs that’ll change their behavior. The biggest problem for the Restorative Justice Program, MacFadzen said, is the county’s refusal to adequately fund the program. “We need more money to do the job right and still maintain our 75 percent-plus success rate,” MacFadzen added. Rotarian and speaker program director Hunter Taylor (right) thanked him for his talk.

## ALTON

(continued from Page A1)

tion of the Alton School District or by law. The default budget is \$121,808 less than the proposed operating budget.

Should Article 2 be defeated, the governing body may hold one special meeting to take up the issue of a revised operating budget.

The operating budget article drew comments from resident Steve Miller, who wondered why with declining enrollment and what seemed to be a declining and increasingly older population in town school costs were going up?

He wanted to know what the projected enrollment would be over the next five years. Alton School Board Chairman Peter Leavitt said the current enrollment is 459, it is projected to be 436 next year, a 428 the following year – declining plus or minus 10 students.

The board did not have numbers as far out as Miller want.

The one article unable to be changed in wording or intent was Article 3, which addresses the PMHS teachers collective bargaining agreement.

Because the article involves the Collective Bargaining Agreement reached between the Prospect Mountain School Board (JMA Alton/Barnstead) and the Prospect Mountain Teachers Association calling for increases in salaries and benefits, it may only be discussed at the deliberative session, and approved or rejected at the polls. The wording if this article may not be altered, a must be approved by both the Alton and Barnstead districts

Miller again took to the microphone, this time to question officials what the teachers gave up in order to get these raises.

After a long pause and some inaudible discussion among those on

the stage, Leavitt said it was \$5,000 in sick pay.

Miller restated his question. It was a negotiation between the teachers and the bargaining committee, and it seemed the teachers won and the town got nothing in return. Again he asked, what they gave up to get these raises and why?

Leavitt explained that the raises were to get the teachers where they need to be financially and “grow” the school.

If Article 3 is defeated at the polls, Article 4 may be enacted.

Article 4 is a special article asking: Shall the School District, if Article 3 is defeated, authorize the governing body to call one special meeting, at its option, to address Article 4 costs only. There was no discussion on the article.

Article 5 addresses raising \$65,000 to the existing Security and Safety Expendable Trust Fund to be used solely for asbestos removal from part of the floor at Alton Central School.

Resident Desmond Douglas asked why they needed a licensed inspector on scene in addition to the contractor removing the asbestos. It was required by law, he was told.

Article 6 calls for raising and appropriating \$66,100 to replace exterior doors at Alton Central School. These monies will fund 10 new doors. Resident Loring Carr was concerned with the costs of the doors, and was told the monies covered the frames and all the hardware.

Article 7 calls for raising and appropriating \$70,000 to go into the boiler fund for future improvements for steam pipes at Alton Central School. It was explained that this \$70,000 appropriation was the second installment of five, designed to build up the fund with the repairs to

take place around 2022.

Like article 6, article 8 also called for replacing doors at ACS, this article calls for raising and appropriating \$30,000 to replace 20 interior doors, some of which date back to the 1956 and 1965 wings.

Article 9 calls for raising and appropriating \$30,000 to be placed in the Buildings and Grounds trust for future improvements. One resident asked why articles 7 and 9 could not have been combined. It was explained that this was how the state Department of Revenue Administration required the article to be worded, or it would be disregarded.

Article 10 calls for raising and appropriating \$38,500 to the B and G trust fund of the June 30, 2018 balance. This amount represents the interest earned on bond proceeds transferred to the general fund on June 30, 2018 and no funds to be raised from general taxation.

Article 11 calls for both Alton and Barnstead school districts to raise and appropriate \$20,000 each (for a com-

bined sum of \$40,000) for the PMHS Athletic Field Capital Reserve Fund. This article is contingent on both town school districts adopting the article and appropriating and transferring their portion of the money.

Both districts must adopt their \$20,000 share or the article fails. The JMA board voted 6-0, the Alton School Board voted 4-0 and the Alton Budget Committee voted 5-0 to recommend the article.

And Article 12, to hear reports of any committees, boards, trustees, commissions, officials, agents or concerned voters, and to vote to accept the same, as well as conducting any other business that may come legally before said meeting elicited no comments at all -- neither from the school officers nor the public.

At that point, just 60 minutes after the meeting was called to order, it was adjourned.

Voting will take place from 7 a.m. to 7 p.m. at St. Katharine Drexel Parish just off Route 28 on March 13.

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**www.theartplace.net**

## Harmonica workshop set for Sunday in New Durham

NEW DURHAM — The New Durham Public Library will be alive with music this Sunday when harmonica virtuoso Mike Rogers arrives to lead a “mouth organ” workshop for patrons and their families.

The free event includes the chance to hear a professional musician cut loose with an instrument that has been a mainstay of American music since the early 1800s.

Participants will learn techniques, and will be able to keep their high quality harmonicas, which the Friends of the New Durham Library have paid for.

“Everyone will leave able to play a song,” Rogers said, “and with a feeling of accomplishment and self-worth, no doubt.”

“We’re hoping it will inspire some folks to pursue playing the instrument,” Library Director Cathy Allyn said. “There may be another Bob Dylan or Mike Rogers in the making out there.”

Even if you already play, the library invites you to take part. “Mike will help you brush up on your skills,” Allyn said, “and we’re planning on a jam session afterward.”

In fact, Rogers suggested people bring other instruments, especially guitars, to add to the mix.

“We aren’t kidding when we say we want a jam session,” Allyn

said.

Rogers’ web site speaks of how attitudes shift in students as they become absorbed with the process of entering the world of music. Rogers entered that world when he began the harmonica as a young teenager. More than 50 years later, after a career that includes opening for the Eagles, touring coast-to-coast, and teaching in secondary schools, he is always happy to share his knowledge and experience.


Blind as a result of retinitis pigmentosa, Rogers performs with his wife Beverly as a duo, and they also pair up with other folk singers in the group Salt River. He sometimes plays with his son in an American-Roots band, and has toured New England with Blue Man “Poor Howard” Stith.

“Mike is known not just as a world-class musician, but also as a fun storyteller with a great sense of humor,” Allyn said.

The workshop is open to all New Durham residents and library patrons at no cost. Families are welcome, but children should be school-aged to profit from the experience. Non-residents may acquire a library card for \$5.

Registration is required, by calling 859-2201. The workshop begins at 1 p.m. this Sunday, Feb. 11, and will end by 2:30 p.m.

## Meet Yoko!



Yoko came to us as a stray and was never reclaimed. She is a demure, 1-year-old, female cat who is seeking a home that can smother her with the love and attention she enjoys. She likes cats, catnip, toys and being held. She is spayed, current on vaccinations and microchipped.

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# Drug drop off is Feb. 17 in Wolfeboro

**WOLFEBORO** — Saturday, Feb. 17, 8:30 a.m.-noon, the Lakes Region Household Hazardous Product Facility (LRHHPF) will hold its first winter drug drop off day at All Saints Episcopal Church across from the Wolfboro police and fire sta-

tion, next to Huggins Hospital.

Please note the change in location as the usual May-October site is not winterized as well as that only medications will be collected. You can get your free pass for Alton and Wolfeboro residents on

collection day at the drop off site.

Bring expired or unwanted prescription drugs (controlled painkillers and non-controlled pharmaceuticals), over the counter medications, herbals, vitamins, creams, cough syrups.

Pet medications are also accepted. Please leave all medications in original containers. Name of patient may be crossed off. Please do not cross off medication information. All drugs will be disposed of following DEA guidelines.

The Feb. 17 drug drop off was initiated in response to requests by the public for safe disposal options during winter months. LRHH-PF has worked closely with local pharmacists, All Saint's Church and Alton and Wolfeboro senior groups and po-

lice departments to meet the needs of the LRHHPF member communities.

For more information, call LRHHPF Site Coordinator Sarah Silk, 651-7530. If extreme weather conditions prevail, snow date is Saturday, Feb. 24.

# RUNWAY

(continued from Page A1)

to the community's unique character. Established in the 1970s, B18 is a joint endeavor involving the state Aviation Department of the DOT and the local community. While the facility enjoys some material support from the state, as well as its official designation as a government-sanctioned airbase, B18 represents a

collaboration between  
local volunteers and  
state agencies.

LaRochelle explained that DOT provides radio equipment, maps, and GPS navigation gear, while locals like himself maintain the strip and monitor conditions on a near-daily basis. LaRochelle said the state also supports the facility by providing official inspections and the certifications nec-

.....  
 necessary for B18 to open  
 each year.

In turn, volunteers also greet pilots as they land, maintain the landing area, and continually check the ice's thickness on the Bay.

LaRochelle, a 17-year resident of the Bay, said the base was originally an initiative of the Alton Business Association. Some of the original impetus behind the project, he

said, was to provide an economic boost to the area during the off-season when tourists are scant and snowbirds and second homeowners are out of state.

While there was a considerable amount of energy behind the initial concept, LaRochelle said that an aging volunteer base, although dedicated, suggested that the facility's days might be numbered unless there was an infusion of new blood.

“So I decided to step up and get involved,” LaRochelle said, noting that he was in his 40s at the time.

Now that he's in his late 50s, the site manager said he actively recruits new volunteers to create a pipeline of new talent who can continue the tradition when the day eventually comes for him to hand over the reigns.

“I’m still good for some time, but we’re thinking long term so this can be sustainable well into the future,” LaRoche said.

Although he still has a lot left in his tank in his leadership role, LaRochelle said he can't manage the facility on his own. He said plowing the strip, monitoring ice conditions, staffing the welcome hut, and coordinating efforts with NHDOT requires more hours than he alone can devote.

“There’s a lot to it, even though we’re only open for a few weeks a year, you really need to make it a team effort,” he explained.

With the increase in BI8's use, NHDOT decided to make LaRochelle a part-time employee in recognition of his many hours of dedication.

“I never asked for any compensation - I

got involved out of my interest in seeing the tradition kept alive and grow," he said. However, the Aviation Department wanted to boost its social media presence and also bring the Alton strip more in line with how it manages other facilities, he explained.

LaRochelle observed that there has been an uptick in demand for the facility in the past few years. When we spoke on the phone one morning last week, he'd just come from B18, where he said there were about a half dozen planes parked.

“Things really seemed to take off around 2014 or 2015,” he said. In addition to pilots he sees annually or several times a season, he said he’s noticed some new faces, too.

A NHDOT report on the base observed, "As management of the airport has become more proficient, interest in the airport continues to spread within the aviation community and is anticipated to be a popular destination for winter aviators from across the region and beyond."

As part of the overall management of the site, LaRochelle said during the week, a dozen to 15 planes might be served daily at B18. Things pick up on weekends when it's not unusual for 75 to 100 planes to touch down and take off from the Bay. He added that Winter Carnival weekend is the strip's busiest time, when as many as 120 planes arrive and depart during the festival. Over the course of the season, about 700 planes come and go according to LaRochelle.

Aviators piloting small craft come from all points in the North-

east and Mid-Atlantic. LaRochelle said he sees a lot of flyers from southern New Hampshire and Massachusetts, as well as from New York, Rhode Island and Connecticut. He's also met several people flying in from the Cape and the Islands of Nantucket and Martha's Vineyard. About the furthest point of origin he can recall is Maryland.

In terms of the size of planes that can use the strip, he said that when the ice reaches a thickness of 12 inches, it can safely accommodate a six-passenger craft. He said the trucks that are used to plow the runway weigh about five tons, and that most of the aircraft are well below that 10,000-pound benchmark. He says some of the planes his volunteers see the most are Piper Cubs, Cirrus small craft, and Bonanzas.

LaRochelle and his volunteers are very persnickety when it comes to the conditions of the landing strip. "Safety is something that we're very strict about," he said. He added that there have been some years in the past decade when warm conditions prohibited the base's opening altogether, preventing the ice from achieving an adequate thickness.

While there is often a volunteer present to greet pilots, B18 is technically considered an unmanned facility. That said, LaRoche said there is often a human presence there during the week, and almost always on the weekends.

Looking ahead, he said the runway will remain open until conditions on the lake can't safely support its operations or March 15, whichever comes first. LaRochelle said he regularly updates the voicemail greeting and the air base's Facebook page, but encourages all pilots to check with FAA sources before planning to fly into Alton.

To be sure, LaRochelle is passionate about the airstrip, but he notes that many locals enjoy the novelty of having such a facility in town. He said that many people park in the lot overlooking the runway to watch the planes arrive and take off.

"It's really become a special part of the character of Alton," LaRoche said.

And for himself, at least, he said that over the past decade, he's come to be friends with several of the pilots whom he sees each year.

“On the one hand, it’s just a plowed strip of ice - but on the other hand it’s just one more thing that helps make Alton special,” he said.

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PLUNGE

(continued from Page A1)

tual post-plunge party would take place. With wind gusts blowing off the ocean and sturdy breezes rushing down the side streets and alleyways, conditions seemed to belie the above-zero thermometer readings.

Second thoughts? Maybe. But they were “freezin’ for a reason.”

PMHS para-educator and first-year plunger Taylor Cote said she intended to race into the water as far as she could. “You gotta go big or go home,” she said. However, bracing against a driving wind en route to the Casino, she joked, “But at this point, I think I’d rather go home where it’s warm.”

Once at the Casino, the participants entered the main ballroom, where a variety of luminescent face-paint stations were set up. Once applied, participants seemed to glow in the dark in the mostly dimly-lit venue, which was illuminated mostly by muted colored bulbs and black lights. Between the facepaints and the copious glow sticks, each participant became an incandescent advocate for the Special Olympics cause.

The overall look and feel of the venue was somewhere between a 1990s rave and the set of a Black Eyed Peas video. A DJ blared pop music and dance hits over the speakers, punctuated occasionally by comments and updates from WOKQ morning host Mark Ericson and WMUR weatherman Kevin Skarupa. The pair co-MC’d the event.

The five-person PMHS team was small in terms of its numbers, but strong in its strength and perseverance. The school is in the second year of a three-year grant to establish a unified sports program. It’s one of several such programs statewide where student athletes and special education students participate side-by-side in sports competitions. PMHS has unified teams in the volleyball, basketball and soccer leagues.

Among the participants was second-year plunger Hunter Lewis, a junior from Alton, who is among the mainstream players on the basketball team.

Lewis credited faculty member Rich Fortier for inspiring him to get involved with the Penguin Plunge last year. “He was really inspirational.”

Lewis, donning a pink team t-shirt and glow-in-the-dark face paint, described last year’s experience as “just plain awesome,” adding “I couldn’t wait to do it again.” Lewis was a top team fundraiser, having solicited \$535 from family and friends to benefit Special



PMHS JUNIOR Hunter Lewis led an Atlantic Ocean-bound group of sprinters during the ninth annual High School Plunge last Saturday. Lewis, who teams up with special education students on the PMHS unified basketball squad, was one of about 370 students and teachers who helped raise funds and awareness for Special Olympics of N.H.



PMHS para-educator Taylor Cote was among the teachers who took part in Saturday’s High School Plunge - part of a two-day fundraiser to benefit Special Olympics of N.H. This was her first year participating.

cial Olympics.

Another student participant was Emma Doyle, a freshman from Barnstead, who participates as a buddy for special needs kids on the unified soccer team. This was her first year, and she disclosed a certain amount of trepidation as the moment neared for her to charge into the frigid ocean waters.

“The nerves are starting to kick in,” she said with a nervous laugh. She extended her hands with slightly-shaking fingers. She wasn’t entirely sure if it was nerves or adrenaline.

Lewis offered the

following advice, “Just don’t be scared, sprint as fast as you can to the water - don’t really even think about it, just go.” He gave Doyle a reassuring high-five of encouragement as the time drew nigh.

In addition to Lewis’s words of encouragement, Doyle, who raised \$338 for Special

MARK FOYNES (Left) PMHS FRESHMAN Emma Doyle of Barnstead received a high five from junior Hunter Lewis after both emerged from the frigid Atlantic Ocean. This was Doyle’s first Penguin Plunge and Lewis’s second go-round.

Olympics, also received moral support from her own contingent of cheerleaders. Seated by her during the pre-Plunge Glow Party were her dad and younger sisters, Nora, Anna, and Lia.

“She’s probably going to feel really cold,” Nora astutely predicted as the team waited in the warmth of the Casino Ballroom as the clock ticked down to plunge time.

Lewis said his two years in participating in unified sports has been enjoyable. “It’s important for everyone who wants to have the whole high school experience to have it,” he said.

Lewis added that he genuinely enjoys the games and the practices. “They’re a blast,” he said, adding that opportunities like the High School Plunge offer a chance for members of the PMHS community “to get more involved and to give back.”

As the pre-plunge Glow Party began to wind down, Skarupa gave a weather condition update. He noted that the air temp was around 20 degrees, and that water readings were at 40 degrees. Ericson joked that plungers would warm up once they made their way into the ocean. “Yeah, it’s twice as warm in the water, so it just stands to reason, right?” he joked.

When the PMHS team was summoned to get into position, members made their way to beachside trailers where they could change from their

street clothes into their plunging outfits. Trailing behind were supporting colleagues, spouses, and children, who jostled for position on the beach to get a good view of the participants as they lined up to make their jaunt into the incoming tide.

The PMHS Timber Wolves were right at the front of the pack as the plungers got into position on the beach-head. This allowed Lewis to follow his own advice and sprint with sheer abandon toward the waves as they rolled in and he was the first in his wave to reach the water. Skarupa noted that in the many years he’s taken part, he’d never seen the waves as choppy as they were on Saturday.

With hours of build up, there was a 10-second countdown to go-time. And then they ran. And they got wet. The PMHS team, clad in t-shirts, shorts, and sandals were already cold - but they got colder.

After their mid-winter dip, the PMHS team bee-lined it to heated trailers where they could put on a dry change of clothes. Outside the trailers, Lewis greeted Doyle with a high five.

“Hey, you did it,” he said with a smile. While short on words, Lewis’s expression bore a sincere sense of pride, admiration, and respect.

Once all of the participants had re-congregated in the Ballroom, SONH CEO Mary Conroy took the stage. She expressed her gratitude toward all 370 plungers, saying, “You are changing the culture of our schools - and one day you will change the culture of the world.” She said Saturday’s event will help all students to actualize their human potential, noting that this is a core

value of SONH.

Saturday’s event was the ninth annual High School Plunge. It’s an outgrowth of the original Penguin Plunge, which takes place on a separate day and includes mostly adult participants. Conroy said the High School Plunge’s growth over the years is a testament to how a “spirit of inclusion” has become instilled within the state’s K-12 community.

During the post-plunge awards ceremony, PMHS, the second smallest team participating, was recognized for its fundraising efforts. While the five-member squad couldn’t match the fundraising totals of schools in the Nashua and Manchester area, they raised more per capita than all but one other team in the state. Participants needed to raise \$175 to take part in the event, and most of the PMHS team far exceeded this mark to generate about \$4,000 in donations.

“That’s awesome - we just need to get more people involved for next year,” exclaimed para-educator Andrea Barnes, who participated on Saturday for her second time.

PMHS students and faculty wanting to learn more can contact SPED department member Rich Fortier. Community members wanting to learn more about how to get involved can call 875-3800.

There is a brief clip available on the Channel 9 web site. Visit <http://www.wmur.com/article/high-school-students-take-the-polar-plunge/16563154> to check it out. Information about the Special Olympics can be found at <http://www.sonh.org>.

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# For those who fought so hard, for so long, one word seems almost enough: “Huzzah”

Nearly eight years ago, when I first heard about Northern Pass, it didn't seem so bad. Like many people, I had a lot on my plate, and barely listened.

So I heard what Hydro Quebec and Public Service wanted us to hear, that the project would bring surplus power to New Hampshire and New England and would use “mostly existing rights of way.” There just happened to be a little qualifier in there that I and a lot of other people missed: “mostly.”

Not Pittsburg's John Amey. He's a farmer, and farmers don't miss much, because they can't afford to and have to be smarter than most. He and neighbors quickly learned that the line would carve 40 miles of totally new right of way down through some of northern New Hampshire's most beautiful landscape.

Soon the phone lines buzzed, and people met in kitchens and town offices, and a network was formed. And soon

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



that network merged with others, and so on, far too slowly at first, but eventually awareness spread down the 192-mile length of the corridor and beyond.

And people began to fight this international power and money scheme, not because it was going through or even near their back yard, in a great many cases, it wasn't, but because it was just plain wrong. This time the NIMBY factor, such an easy one to mock, didn't fit.

This past Thursday, Feb. 1, which just happened to be the day before Groundhog Day, John Amey and the tens of thousands of kindred souls who had joined in the fight against this monstrous proposal had their day, when the state body charged with deciding on Northern Pass voted it down, first by a 5-2 straw vote, and then by a solid 7-0.



SITE EVALUATION COMMITTEE members this summer, viewing the proposed Northern Pass route down North Hill Road into Creampoke.

+++++

Five days before last Thursday's vote, when none of us, I think, could ever have dreamed of such a quick turn of events, I happened to be talking with John about what might be coming down the pike. Like a lot of people who've been in the trenches against Northern Pass for so long and have grown sick and tired of hearing that it was “a done deal,” we were talking about the worst, a vote to approve.

I said that if that happened, time would still be on our side. If work began in the south and moved north, as planned, from Franklin to Allentown, with the widened right of way and gigantic new tow-

ers and all, and then north to rip up through Plymouth's downtown and on up crisscrossing the beautiful Pemigewasset Valley, and then ripping up through Easton and Sugar Hill and Franconia and on to Stark...

Well, we were lucky they'd be saving the North Country's 40 miles of new right away for last. “By the time they're through wrecking the lower two-thirds of the state,” I (sort of) joked with John, “people will be so mad they'll be marching on Concord with torches and pitchforks, and we'll be spared.”

+++++

Aside from the interstate highway system, Northern Pass was the biggest construction project ever proposed for New Hampshire. Whether below ground

or above, it meant a huge new scar equal from Concord to Portsmouth, straight down through God's Country, and then a massive right of way rotor-rooting almost to the State House steps. It proffered short-term jobs and depreciating tax gains in trade for the legacy of a landscape.

There is so much money, and so much momentum, and so much planning, and so much skullduggery behind Northern Pass that it isn't just going to go away because of Groundhog Day, or the drop of a hat. An appeal is almost certain. It may well wind up in court.

But I know this: It is we now who have the Big Mo — the “we” who came out of nowhere seven, eight years ago to the blow of a bugle from some unknown ridge, the

people of all age and background and political stripe, who fought Northern Pass because it would treat our state, trash our state, as nothing more than an extension cord.

The lawyers can appeal till the cows come home. The more time goes on, the more people will see through the Emperor's clothes. Government and Big Media are totally out of touch with the people who love the land. There is joy in Mudville. People Power lives.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

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## WHAT'S ON TAP

The local high school teams will see the skiing and swimming State Meets on the schedule in the coming week.

The Prospect Mountain alpine boys and girls will be competing in the Division III alpine State Meet on Monday, Feb. 12, at Sunapee Mountain Resort at 10 a.m.

The Kingswood alpine boys will be at Cranmore on Tuesday, Feb. 13, at 10 a.m. for the Division II State Meet and the Knight girls will be at King Pine on Wednesday, Feb. 14, at 10 a.m. for their State Meet.

The State Meet for the two swim teams will be taking place on Saturday, Feb. 10, at 4:45 p.m. at UNH.

The Prospect Mountain and Kingswood alpine ski teams are scheduled to wrap up the regular season on Friday, Feb. 9, at King Pine at 9:30 a.m.

The Prospect Mountain girls' hoop team will be hosting White Mountains Regional on Friday, Feb. 9, at 6 p.m., will visit Somersworth at 6 p.m. on Tuesday, Feb. 13, and will host Sanborn at 6 p.m. on Thursday, Feb. 15.

The Timber Wolf hoop boys will be at White Mountains on Friday, Feb. 9, at 6:30 p.m., will host Somersworth at 6 p.m. on Tuesday, Feb. 13, and will be at Raymond at 6:30 p.m. on Thursday, Feb. 15.

The unified Timber Wolves will be hosting Exeter at 3:30 p.m. on Wednesday, Feb. 14.

The Kingswood hoop boys will be on the road at Goffstown today, Feb. 8, at 6:30 p.m. and return home to host Lebanon at 6 p.m. on Tuesday, Feb. 13.

SEE ON TAP, PAGE B10

# Timber Wolf boys edge by Bears

BY JOSHUA SPAULDING  
Sports Editor

ALTON — The Newfound Bears were a bit shorthanded in the game against Prospect Mountain in Alton on Monday, Jan. 29.

But both teams played a competitive game, with the hosts coming out with a 48-39 win.

"I think the score was just another example of how winning is hard, no matter what you're competing in or what the opponent represents," said Prospect coach Joe Faragher. "I've been preaching to the guys about valuing everything from drills, practice time, possessions, situations and just any of the opportunities they have in life.

"And I thought we did a good job of recognizing that for the most part," Faragher added.

"It was a good game," said Newfound coach Tom Bourdeau, who led the Timber Wolves to the Division III championship game when he was coaching there. "I was pleased with my team's effort."

The Bears were without two starters for the entire game and one for the first half, but the game was competitive across the board until the final period, when Prospect pulled away for the win.

The Timber Wolves led by a 14-12 score after one but Newfound outscored the hosts by a 13-9 margin in the second quarter and took a 25-23 lead to the half-time break. Matt Costigan was a solid contributor in the second quarter, as he drained a pair of three-pointers, two hoops and a free throw for 11 points in the quarter.

Prospect came back in the third quarter and outscored Newfound by an 8-3 margin, with Sam Reynolds scoring four of the eight points for the Timber Wolves,



KATHY SUTHERLAND

PROSPECT'S CUTLAS GREELEY drives to the basket as Newfound's Colby Miles goes up for a block in action last week.

while Tyler Boulanger's three-pointer accounted for all of the Bear points in the third quarter.

The hosts then pulled away in the fourth quarter, outscoring

Newfound 17-11. Cutlas Greeley hit a hoop to open the scoring and he added another hoop in the frame. Robert Quirk also hit a pair of hoops and a free throw



KATHY SUTHERLAND

BOBBY QUIRK goes to the basket against James Shokal of Newfound during action in Alton last week.

and Brandon Stellan had a hoop and two foul shots. Colby Miles and Stine Williams had the Newfound hoops in the frame, with the rest of the points being scored

from the free throw line.

For the Timber Wolves, Greeley led the charge with 15 points on the night and also

SEE HOOPS, PAGE B10

## Timber Wolves brave the wind at Gunstock

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Prospect Mountain alpine ski team braved the frigid winds at Gunstock on Friday, Feb. 2, with both the boys and girls finishing in fourth place in the annual Winnepesaukee Alpine Race.

The Timber Wolf girls finished with 670 points, with Kingswood, Belmont and Gilford taking the top three spots. The Prospect boys finished with 675.5 points behind Kingswood, Laconia and Moultonborough.

In the morning giant slalom, the Timber Wolf boys were led by Colby Bisson, who finished in 13th place overall in 1:07.36.

Jake Blair was next for Prospect, finishing in 14th place in 1:07.69 and Tyler Bredbury skied to 16th place in 1:08.97.

Lucas Therrien rounded out the scoring for the Timber Wolves with a time of 1:20.45 for 32nd place.

Max Tuttle was 33rd overall in 1:21.26, Josh Keslar skied to 39th in 1:27.17 and Ryan Nolin was 47th in 1:51.52 to round out the field of

SEE ALPINE, PAGE B6



JOSHUA SPAULDING

NAOMI INGHAM skis in the giant slalom at Gunstock on Friday.



JOSHUA SPAULDING

COLBY BISSON takes a giant slalom gate in action Friday in Gilford.

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# Timber Wolves unable to get things going against Bears

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — Going in to the matchup on Monday, Jan. 29, between the Prospect Mountain and Newfound girls’ teams, the story was the count-down to 1,000 points for Newfound junior Ashlee Dukette, who needed just 17 to reach the milestone. While she accomplished that late in the third quarter, the story at the end of the game was the strong play from the Bears that led them to a big win over their fellow Division III semi-finalists from a year ago.

Newfound rolled to the 72-28 win behind 22 points from Dukette, who reached her 1,000th point with a runner in the lane with 1:23 to go in the third.

I’m happy for her,” said Newfound coach Karri Peterson of her junior star. “It was good to have it happen tonight, with her being able to get them like she did.

“I told the girls before the game that it doesn’t matter if it’s tonight, she’s going to get it,” Peterson said. “We’re not going to force something that’s not there.”

“No shots fell for us,” said Prospect coach Rick Burley. “It was just one of those nights, nothing would fall and we didn’t play good defense.

“Once we got down, it just compiled,” he added. “When you don’t hit your shots it’s easy for teams to get back in transition.”

Early on, the two teams were side by side, with Ali Brown hitting the first hoop for Prospect and Jasmine Peterson answering with a three for the Bears. Tiffany White sunk three throws to put Prospect in the lead but the Bears closed the quarter on a 12-2 run for a 15-7 lead after one. Dukette started the run with her first hoop and then Madi Dalphonse put in a three and Dukette added another hoop. After a bucket from Mackenzie Burke got Prospect back on the board, Dalphonse hit another three and Peterson finished off a Bailey Fairbank rebound with a hoop to close out the quarter with Newfound up by eight.

The lead continued to grow in the second quarter, as Peterson hit a hoop and a free throw to start the scoring and then Dukette hit another basket. Bekah Wheeler came back with a three for Prospect Mountain, but Savanna Bony hit a hoop and Peterson hit a



JOSHUA SPAULDING

MACKENZIE BURKE works against the Newfound defense for two points.

three-pointer for a 25-10 lead.

Dalphonse hit another three-pointer, Dukette had a basket and Peterson hit from long distance to stretch the lead to 33-10 before Wheeler hit a hoop for the Timber Wolves. Bony closed out the first half scoring with a three-point play and the Bears were up 36-12 after two quarters of play.

The Bears kept on going in the third quarter, as they hit for the first 10 points of the frame. Bony started the scoring then Dukette put in three hoops and Fairbank added one, pushing the lead to 46-12 before Burke got Prospect on the board with two free throws.

Dukette came back with a bucket to push her within one of 1,000 and then Tiffany Doan hit two free throws for the Bears. Burke converted a three-point play for the Timber Wolves and the lead was 50-17 as the clock ticked under two minutes to go in the third.

With 1:23 to go in the third, Dukette gave the crowd what they had come to see, reaching the 1,000-point mark. The game was paused as teammates, coaches and family members offered their congratulations and many of the Prospect players made a point to congratulate the Bear junior on her milestone before play resumed.

The Bears finished the scoring in the third with hoops from Dukette and Peterson while White hit one for Prospect and Newfound’s lead was 56-19 heading to the third.

Bony started the fourth-quarter scoring with a hoop and after Brown hit a basket for the Timber Wolves, Bony hit two free throws and Dukette hit another bucket. Burke sank a shot for Newfound but Bony hit two more from the line to match it.

Peterson scored a pair of buckets before White

drilled a three-pointer for Prospect. Bony hit a hoop and then Nadia Huggard put in two free throws for the visitors. Haley Dukette finished out the scoring with a basket for the 72-29 final.

Dukette led all scorers with 22, while Peterson added 20 and Bony put in 15 as she inched closer to her own 1,000-point mark. Burke led the Timber Wolves with nine points, while White added eight.

Peterson said she made sure to keep her team on track heading in instead of focusing on Dukette’s milestone.

“She’s going to get it when she gets it,” the veteran coach said. “We have to be ready to play with the team we’re playing tonight because Prospect Mountain is a strong team.

“And that was one of the best games we’ve played all season,” Peterson continued. “If we play like that every night we’ll be fine.”

She praised the work of Fairbank off the bench and also noted Dalphonse hitting threes early on helped to open up things for Dukette. She also noted Jasmine Peterson did a good job handling the ball and controlling the

offense.

“We got beat, there’s nothing to say besides we didn’t hit any shots,” Burley said. “I think anybody can beat anybody on any given night.”

However, he also noted that it was important to put this game in the rearview mirror.

“We’re not even going to worry about this game tonight,” he said. “We’ll forget about this game and go play Berlin.”

On Wednesday, Jan. 31, Newfound took on Monadnock and won 53-44. The Bears trailed 13-11 after one but outscored the visitors 11-5 in the second for a 22-18 lead at the half. The Bears edged the Huskies 20-19 in the third and outscored them 11-7 in the final quarter for the nine-point win.

Peterson had 14 points, five assists, five rebounds and three blocks. Dalphonse had 10 points in the third and Leah Bunnell added 10 points off the bench. Dukette had 15 points, three assists and three blocks to go along with nine points.

The Bears finished out the busy week with a 48-33 win over Hopkinton on Friday. Peterson noted the Hawks have



JOSHUA SPAULDING

NEWFOUND’S Savanna Bony and Prospect’s Ali Brown both go up for a rebound in action last week.

one of the top defenses in the division and noted her team struggled at times, but they pulled through.

The Bears led 10-8 after one and the game was tied at 21 at the halftime break. The Bears then limited the Hawks to 12 points in the second half, allowing just eight in the third and four in the fourth on the way to the 15-point win. Dukette had 13 points, 11 rebounds and five blocks. Bunnell had nine points, Peterson had eight points, seven assists and five rebounds and Bony had seven points. Doan added 10 rebounds.

The Timber Wolves bounced back nicely from the loss, defeating Berlin 39-34 the next night and then finishing out the week with a 64-57 win over Inter-Lakes.

Newfound will be back in action on Tuesday, Feb. 13, hosting Franklin at 6:30 p.m. Prospect Mountain will be hosting White Moun-

tains on Friday, Feb. 9, and will visit Somersworth on Tuesday, Feb. 13, before finishing the regular season at home against Sanborn on Thursday, Feb. 15, all at 6 p.m.

### JV action

The Prospect JV girls defeated the Newfound girls by a 37-29 score earlier in the night.

### NRHS 15-21-20-16-72 PMHS 7-5-7-8-28

### Newfound 72

Peterson 8-1-20, Dalphonse 3-0-9, Fairbank 1-0-2, Bony 5-5-15, Doan 0-2-2, H. Dukette 1-0-2, A. Dukette 11-0-22, Totals 29-8-72

### Prospect Mountain 28

White 2-3-8, Wheeler 2-0-5, Huggard 0-2-2, Brown 2-0-4, Burke 3-3-9, Totals 9-8-28

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



DEANNA CAYON – COURTESY PHOTO

THE KINGSWOOD hockey coaches and seniors pose for a photo prior to the senior night game. Front row (l to r), Madison MacDonald, Faith Murphy, Breanne Leblanc, Brittany Lapolla, Shawna Knowles and Nikki Cayon. Back row (l to r), trainer Alex Dria, Sofia Marshall, Alissa Baldwin, assistant coach Jeff Murphy, Claire Richard, head coach Tom Cayon, assistant coach Richard Baldwin and assistant coach Dave Richard.

# Knight ice girls win two in a row

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — A great crowd on senior night on Saturday, Feb. 3, got to see the best game of hockey the Kingswood girls’ hockey team has played in its four-year history.

The Knights scored three goals in the third period to defeat Bedford by a 3-0 score and send the home team and fans away from the Pop Whalen Arena in a good mood.

“We had a huge crowd and they got to see the

best game we’ve played in four years,” said coach Tom Cayon. “It was a great hockey game and senior night was extra special.

“It was the first time in four years that I didn’t know the score of the game before it was over,” the Knight coach added.

Keeper Nikki Cayon stood strong in the Kingswood net through the first two periods, turning away everything that was sent her way and keeping the game in a scoreless tie after 30 minutes of hockey.

The offense then took over in the third period and delivered the win for the team.

“Nikki stood on her head, she wasn’t going to let her team down,” coach Cayon noted. “For two periods it was her and in the third everyone else came out and jumped on. It’s fun to watch the team dynamic come together.”

Brittany Lapolla got the scoring started 1:08 into the third period on assists from Sofia Marshall and Shawna Knowles and that 1-0 lead

held until the final two minutes of the game.

With two minutes to go, Faith Murphy added a little insurance on an assist from Marshall and then Claire Richard added an empty net goal on assists from Knowles and Breanne Leblanc to give the Knights the 3-0 win.

The win came on the heels of a 9-0 win at Manchester Central on Friday night, giving the Knights a two-game winning streak and equaling the most wins for a sea-



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BRIAN LINDSAY wrestles Gabe Crane of Plymouth in action on Saturday.



MASON DUMONT works to get out of a move from Brady Lombard of Kearsarge in action on Saturday.

# Lindsay sweeps through field in Plymouth

BY JOSHUA SPAULDING  
Sports Editor

PLYMOUTH — The Kingswood wrestling team brought three athletes to the Plymouth Invitational on Saturday, Feb. 4.

The star of the day was senior Brian Lindsay, who dominated the field in his weight class to take top honors.

Lindsay wrestled at 138 pounds and opened the day with a pin of Mo Rigoli of Winnisquam in just 38 seconds.

He followed that up with a pin of Gabe Crane of Plymouth in just 25 seconds to move on to

the semifinals.

In the semifinals, Lindsay had his quickest match of the day, pinning Anthony L’Heureux of John Stark in just 15 seconds to send him on to the finals.

In the finals, Lindsay pinned Hunter Lessard of Plymouth in just 1:09 to claim the title.

Nick Chapman wrestled at 182 pounds and opened up with a loss to Gavin Lovely of Newport, sending him to the consolation rounds.

He started in the consolation rounds with a pin of Raven Streeter of Mascoma before dropping

ping his final decision to Nolan Haley of Kearsarge to round out his day.

The other Kingswood wrestler was Mason Dumont. She started with a loss to Brady Lombard of Kearsarge at 152 pounds and then moved to the consolation round, where she fell to Chris Albano of Natick (Mass.) to finish out her day.

The Knights will compete in the Division II State Meet on Saturday, Feb. 17, at Con-Val.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



NICK CHAPMAN gives it all during a match against Raven Streeter of Mascoma on Saturday in Plymouth.

# Knights, Eagles wrap up indoor track season

BY JOSHUA SPAULDING  
Sports Editor

HANOVER — The Kennett and Kingswood indoor track teams were both represented at the Division II State Meet at Dartmouth College on Sunday, Feb. 4.

The top individual finisher for the boys was Kennett’s Chris Caputo, who jumped his way to fourth place in the long jump with a distance of 19 feet, 10.25 inches.

Kingswood’s Brent Coope ran to eighth place overall with a personal best time of 2:52.35 in the 1,000 meters, with Kennett’s Chris Desmaris in 10th place in 2:54.87.

Tucker Gosselin of Kingswood finished 12th in the 55 meters in a time of 6.9 seconds.

The Kingswood 4X200-meter relay team of Gosselin, Drew Roiter, Coope and Jim Huckman ran to 10th place overall with a time of 1:42.01.

The Kennett 4X400-meter relay team



CAITLIN CARPENTER leaps through the air in the long jump at the State Meet on Sunday.



BRENT COOPE runs in the Division II State Meet on Sunday.

of Desmaris, Jack Wheeler, Garrick Porter and Caputo finished in 12th place overall with a time of 3:55.29.

The top individual performance for the

girls was from Kennett’s Chloe Van Dyne, who jumped her way to fifth place in the high jump at four feet, 10 inches.

Kingswood’s Caitlin Carpenter jumped to eighth place in the long jump with a distance of 15 feet, one inch.

Eileen McKenna of Kingswood finished 13th

in the 55-meter hurdles in 10.12 seconds.

The Kingswood 4X400-meter relay team of Elizabeth Morrison, Carpenter, McKenna and Hannah Chatigny ran to seventh place overall with a time of 4:25.66.

The Kennett team of Kim Bowles, VanDyne, Melissa Brown and Kait-

lyn Fay finished in 12th place in the 4X400-meter relay in a time of 4:34.68.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Hockey girls hosting fundraiser dinner, silent auction

WOLFEBORO — With lots of fundraising and recruiting needed, the Kingswood girls’ hockey team will continue to raise funds in the month of February when they host a spaghetti dinner and silent auction in the Kingswood Regional High School cafeteria. The dinner will run from 5:30 to 7:30 p.m. on Friday, Feb. 23.

The Knights are searching for donations to help defray the costs of the dinner, as well as items for the silent auction. Any local person or business who would like to support the team in either of these endeavors is asked to be in touch with Deanna Cayon at 387-5812.

## HOCKEY

CONTINUED FROM PAGE B2

son in program history with four.

“We keep going in the right direction,” Cayon stated.

In the game in the Queen City, Knowles netted a hat trick to lead the offense, while Richard and Leblanc both added a pair of goals. Marshall also had a goal and Cassi-

dy Thurber recorded her first varsity goal.

“Everybody seems to be contributing in whatever way they can,” Cayon noted. “It’s good to see that.”

Kingswood is back in action on Tuesday, Feb. 13, at Bishop Guertin at 6:10 p.m.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

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## Prospect searching for two coaches

ALTON — Prospect Mountain High School in Alton is searching for a JV baseball coach for the spring 2018 season and a varsity girls’ soccer coach for the fall 2018 season.

Anyone interested can call the school at 875-8600 for more information.

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KRISTY MEYER scored in both races for Kingswood on Friday.



ALEX GEHL was Kingswood's top skier on Friday at Gunstock.



SARAH BEAN won the giant slalom at Gunstock on Friday.



DAWSON COTREAU scored for the Knights in both races Friday in Gilford.

# Knights ski to Winnepesaukee alpine titles

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Kingswood alpine team was a little late in arriving to the Winnepesaukee Alpine Race at Gunstock on Friday, Feb. 2, due to school being delayed.

However, that didn't slow down the Knights, as the boys and girls both won the race, which featured schools from around Lake Winnepesaukee.

The Knight girls finished with 757 points to beat out Belmont, using a strong slalom performance while the Knight boys defeated Laconia with 747 points, with

their dominance coming in the giant slalom.

For the Kingswood boys, Alex Gehl had the top performance in the giant slalom, finishing in 59.30 seconds for fourth place overall.

Jackson Walsh skied to sixth place overall in 1:02.8 and Luke Shapiro was third for the Knights with a time of 1:04.04 for seventh place.

Dawson Cotreau rounded out the scoring for Kingswood with a time of 1:04.05 for eighth place.

Josh Shapiro was 10th in 1:05.01, Calvin Kinville finished in 1:08.83 for 15th place, James Donovan was

38th in 1:27.12, Noah Shatzer placed 40th in 1:27.37 and Nick Lamie rounded out the field of Knights completing both runs, recording a time of 1:40.07 for 45th place.

Gehl also led the way in the slalom for the Knights, finishing in a time of 55.8 seconds for fifth place overall.

Walsh was next, finishing in 1:01.05 for eighth place and Luke Shapiro was the third scorer with a time of 1:06.51 for 10th place.

Cotreau again finished out the scoring for Kingswood with a time of 1:09.09 for 13th place overall.

Josh Shapiro was 14th in 1:10.9, Curtis

Heath took 1:13.07 for 17th place, Lamie was 21st in 1:18.65, Kinville finished 27th in 1:28.07 and Donovan finished in 1:53.29 for 37th place overall.

The Knight girls finished second as a team in the morning giant slalom but senior Sarah Bean had the top time overall, winning the race in 58.28 seconds.

Allison Bean was seventh overall in 1:05.41, with Kristy Meyer skiing to ninth place in 1:06.36 to finish third for Kingswood.

Jillian Luby rounded out the scoring for the Knights with a time of 1:08.74 for 13th place overall.

Hannah Crane skied

to 14th in a time of 1:10.55, Sami Hotchkiss was 16th in 1:11.73, Carolyn Day was 27th in 1:20.68, Alyssa Dow finished 29th in 1:21.29, Quinn Meserve was 32nd in 1:23.58 and Sarah Hotchkiss skied to 42nd place overall in 1:41.27.

Sarah Bean finished second overall in the afternoon slalom, finishing in a time of 57.03 seconds to lead the Knights.

Allison Bean was next, finishing in fourth place in 1:02.72 and Luby skied to sixth place in 1:04.79.


Meyer finished out the scoring for Kingswood with a time of 1:09.49 for ninth place overall.

Sarah Hotchkiss was 17th in 1:22.17, Sami Hotchkiss was 19th in 1:24.69, Day was 20th in 1:25.5, Meserve placed 27th in 1:34.42, Dow was 28th in 1:34.48 and Crane finished 40th in 1:51.82.


The Knights will wrap up the regular season on Friday, Feb. 6, at King Pine at 9:30 a.m.

The Division II boys' State Meet will be on Tuesday, Feb. 13, at Cranmore Mountain Resort and the Division II girls' State Meet will be on Wednesday, Feb. 14, at King Pine.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



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Sports Editor  
[josh@salmonpress.news](mailto:josh@salmonpress.news)  
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# Smith, Bellefleur, Fenderson all win at Colby-Sawyer

BY JOSHUA SPAULDING  
Sports Editor

NEW LONDON — The Kingswood and Prospect Mountain swim teams traveled to Colby-Sawyer College in New London on Jan. 26 and came home with some solid results across the board.

In the 50 Free for the boys, Prospect's Trevor Smith came away with the win in 24.23 seconds and Kingswood's Cam Stinchfield finished in second place in 25.69 seconds.

Smith also picked up

the win in the 100 Free, touching in a time of 57.7 seconds, with Dylan Trach of Kingswood finishing in 11th place in 1:08.76.

Stinchfield swam his way to second place in the 200 Free with a time of 1:59.88 and in the 100 Breast, Trach swam to third place in a time of 1:19.47.

There were two girls who swam to the top spot on the podium for the two local squads.

Kingswood's Sarah Bellefleur finished first in the 100 Breast with a

time of 1:20.7 and in the 100 Fly, teammate Paije Fenderson took top honors with a time of 1:12.99.

Bellefleur added a third place in the 100 Free, touching in a time of 1:01.58 and teammate Abigail Larkin was close behind in fifth place in a time of 1:05.2.

Lily Stinchfield of Kingswood took second place overall in the 200 Free with a time of 2:26.58, with Essence Bourque of Prospect Mountain in fifth place in 2:35.9.

Fenderson swam to

fifth place overall in the 100 Back with a time of 1:14.7, with Stinchfield in seventh place in 1:15.74 and Bourque in eighth place in 1:19.05. Larkin added a seventh place finish in the 50 Free with a time of 29.84 seconds.

Kingswood took first place in the 400 Free relay in 4:29.96 and in the 200 Medley relay, the Knights finished in second place in 2:12.49.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).



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# Potenza, Vetanze power Knights past Falcons

BY JOSHUA SPAULDING  
Sports Editor

CONCORD — The Kingswood hockey boys stepped to the plate to help out the Bow Falcons on their military appreciation night on Saturday, Feb. 3, and then took care of business on the ice at the Everett Arena, getting a 5-1 win over the Falcons.

“If we can continue to play like this, we’re going to be fine,” coach Mike Potenza said. “The goal is to get better every day.

“And we’re getting better more days than we’ve gone backward,” the Knight coach added.

In honor of Bow’s military appreciation night, each player played in honor of a veteran or current military member that they chose and the Knights also raised \$500 for the cause.

The Knights got a couple of solid performances, with freshman Nick Potenza net-



JOSHUA SPAULDING

JOEY VETANZE makes one of his 36 saves against Bow on Saturday night.

ting his first varsity hat trick and keeper Joey Vetanze coming through with 36 saves in the Kingswood net.

Vetanze was tested right out of the gate, making three big saves while Colby Clegg cleared away a rebound from the front of the net.

The Knights took the game’s first penalty with 11:37 to go in the first period but it

didn’t slow the Kingswood boys, as Potenza raced in on net just 15 seconds later, burying a shot five-hole on the Falcon goalie for the 1-0 lead. Erick Skelley got the assist on the goal.

Bow continued to fight, with one shot going off the post, while Emerson also had a nice clear in front of the net and Vetanze made a save. Emerson

and Sam Danaïs did a nice job killing off the rest of the penalty for the Knights. Andy McMullen and Garrett Nadeau connected on a bid that was denied, while Sam Barton had a shot saved by the Bow keeper.

Potenza picked up his second goal of the game with 8:36 to go, as he rifled a shot from the faceoff circle into the net for the 2-0 lead, with Barton getting the assist.

The Knights took another penalty with 8:09 to go and Barton had a good clear from the zone and Emerson and Danaïs did a nice job killing off the penalty by controlling the puck in the zone. Vetanze also made a couple of nice saves and Harrington also had a shot stopped, killing off the penalty.

Clegg had a shot rifle off the post and Potenza jumped on the rebound but it was denied by the Falcon keeper.

all had strong penalty kills and Vetanze made a couple of saves to kill off the penalties.

Nadeau had a bid go chance, while Vetanze made a couple of saves and the Knights got the final goal of the game with 2:38 to go, putting in an empty net for a 5-1 final score.

Coach Potenza noted the five-on-three kill was obviously key.

“It’s nice when they listen to what you tell them to do,” Potenza said of the penalty kill. “Not chasing, staying tight and not allowing anything in the middle of the ice.

“It’s something you don’t work on too often in practice,” the Knight coach added.

Potenza also praised the play of Nick Potenza and Clegg, noting that he often looks at them as the Hanson brothers from the hockey film classic Slap Shot, without the fighting.

“They see each other really well,” the Knight coach said, pointing out they joke around all the time. “But when it’s time to play hockey, they come out and play hockey.

“They controlled the game tonight,” Potenza said.

The Knights will be back in action on Friday, Feb. 9, hosting Kennett at 7 p.m. and will be hosting Winnacunnet at 8:30 p.m. on Wednesday, Feb. 14.

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## Off on another big adventure

By the time this column is read by most people on Thursday, I will already be on a plane heading to Toronto, or if it’s a bit later in the day, I’ll be on the flight from Toronto to Seoul, which lasts a total of almost 13 hours.

The Olympic trip officially begins today with lots of flying. The flights will take me to Seoul, arriving at 3 p.m. on Friday afternoon, which is 1 a.m. on Friday.

It’s been a pretty busy week-plus leading up to the Olympic trip. My goal was to try and see as many different teams as possible in the weeks leading up to the trip, since I would be missing all of the local action for the next few weeks.

It started on Monday of last week, with Newfound and Prospect Mountain hoop girls meeting up in Bristol. The next night I made the trip to North Conway to see the Kennett and Kingswood boys and girls play in a basketball doubleheader. Two nights later I was in Plymouth to see the Bobcat hoop girls and the next morning, Friday, Feb. 2, I headed to Gunstock to see the Kingswood, Prospect and Newfound alpine ski teams in action. This marked the first time all season that I’d seen the Timber Wolves and Bears, since many of their races earlier in the season had been postponed by unfavorable weather.

The weekend started on Saturday morning with a trip to Plymouth to see the Bobcat wrestlers in their first invitational tournament, with the Kingswood wrestlers also in atten-



By JOSHUA SPAULDING

dance. From there, I had to head to Concord to try and deal with a problem with my cell phone. For the past few weeks, it wasn’t charging properly and it was getting a bit irritating. I wanted to get it fixed before I headed to Korea, but I guessed that I was going to have to spend some money on a new phone or some expensive fix. However, the girl in the Verizon store figured out my problem in a quick minute. It seems the charging port had lint in it and once she cleaned it out, the phone charged perfectly.

Since I was in Concord already, I went to the Everett Arena to watch the Kingswood hockey boys play Bow and then on Sunday morning it was off to Dartmouth College for the indoor track state championships.

After deadline, there were more games on the docket, with unified hoops and Kingswood girls’ hockey on Monday, Kingswood, Kennett and Plymouth Nordic skiing at Abenaki Ski Area on Tuesday afternoon and Kingswood and Plymouth hoop boys later in the evening. My final game before heading out was set to be Kennett hockey on Wednesday night at

the Ham Arena.

Then, it was off to the Olympic Games.

I can’t thank everyone who contributed to this trip enough. This is a fantastic experience and I know that this is going to be yet another trip I will never forget. People in the local communities have been incredibly generous in their support and I am grateful for everything.

If you are interested in following along with my exploits, I will be posting photos on Instagram, Twitter and Facebook. My Instagram and Twitter handles are salmonsportsguy. I will also be putting updates on the Salmon Press Sports – Wolfeboro Facebook page, including photos. And I also have a blog that I plan on updating daily (assuming internet works as planned) at Salmonsportsguy.blogspot.com.

Here goes nothing. Finally, have a great day Mike and Karla Danaïs.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

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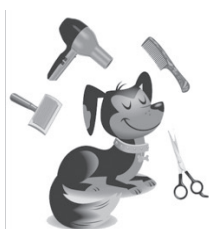
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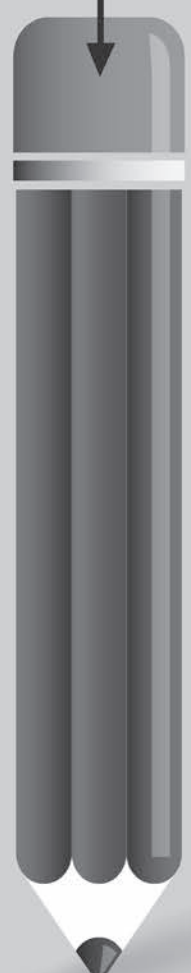


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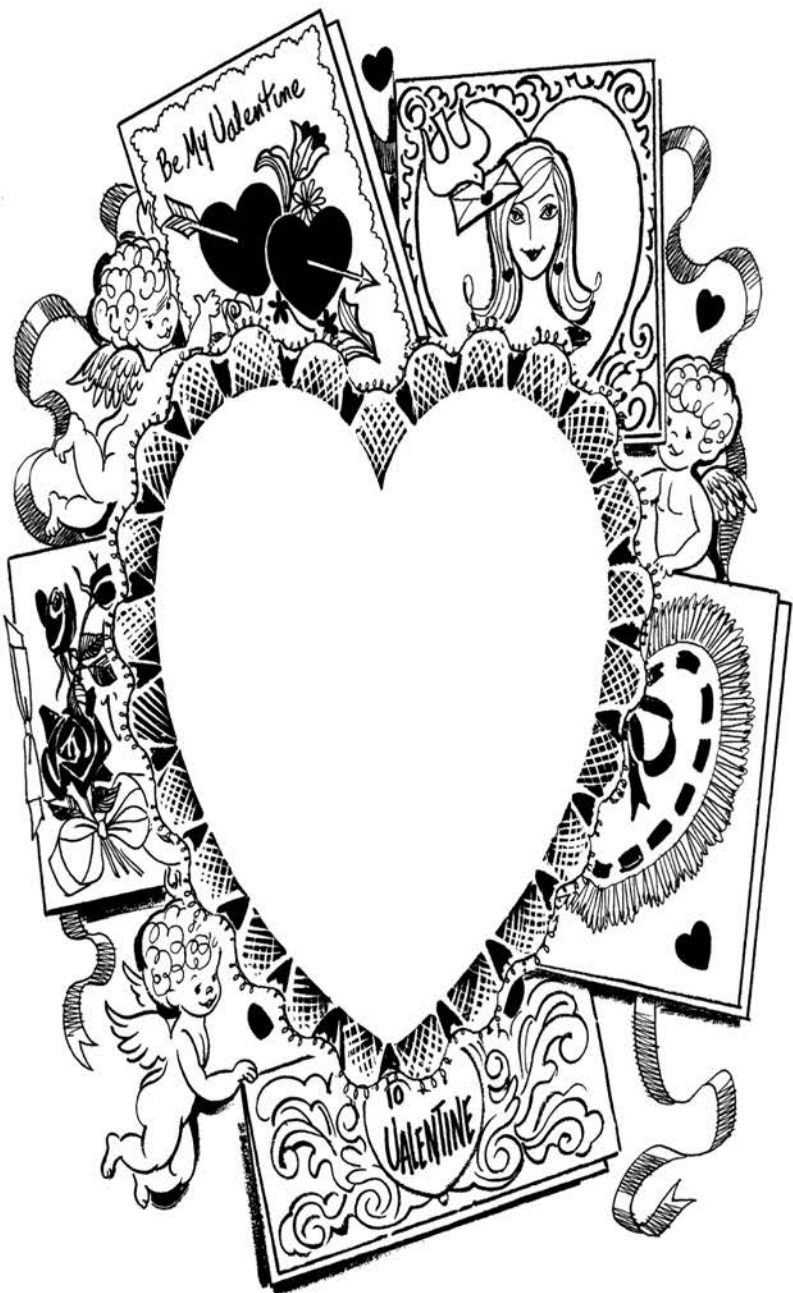






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- **1913:** THE 13TH DALAI LAMA PROCLAIMS TIBETAN INDEPENDENCE.
- **1979:** A HALF-MILE-LONG SECTION OF THE HOOD CANAL BRIDGE IN WASHINGTON SINKS DURING AN INTENSE WIND STORM.



WHEN PEOPLE ARE IN LOVE OR SAID TO BE DATING THEY ARE COMMONLY REFERRED TO AS THIS.

ANSWER: SWEETHEARTS



ADMIRER

someone who is attracted to another person

How they SAY that in...

- ENGLISH:** Kiss
- SPANISH:** Besarse
- ITALIAN:** Baciarsi
- FRENCH:** S’embrasser
- GERMAN:** Küssen

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ANSWER: PINK ROSE

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Solve the code to discover words related to baking.  
Each number corresponds to a letter.  
(Hint: 7 = e)

- A. 25 7 9 1 8 21 7**  
Clue: Calculate
- B. 1 14 15 16**  
Clue: Blend together
- C. 10 19 7 6**  
Clue: Cooking device
- D. 22 7 1 1 7 21 16**  
Clue: Sweet treat

Answers: A. measure B. sift C. oven D. dessert

SUDOKU

			5	8				2
		3		7	2		9	1
		9				6		
				1	3	5		
	4	7					2	
					5			
	6	1				4		
					8	2	7	6

Level: Intermediate

Here’s How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	9	2	7	8	5	1	4	3
8	6	1	9	2	7	4	3	5
8	7	2	5	4	9	1	6	3
9	6	7	5	4	2	8	1	3
3	4	1	9	6	8	7	5	2
4	8	5	3	1	7	2	6	9
7	5	6	1	3	4	9	8	2
1	8	9	2	6	7	3	5	4
2	3	4	8	9	5	6	7	1

ANSWER:



# Deadlines and the Olympics

MEREDITH — Sports Editor Joshua Spaulding will be covering the Winter Olympics in Pyeongchang, South Korea the next few weeks.

Because of the time difference and the Olympic schedule, this will require a few deadline changes for a couple of weeks while he is out of the country.

All sports items for the North Country papers (Littleton Courier, Coos County Democrat, Berlin Reporter) for the issues of Feb. 14 and Feb. 21 must be submitted by noon on the Sunday prior to publication.

All sports items for the Lakes Region papers for the issues of Feb. 15 and Feb. 22 must be received by 8 a.m. on the Monday prior to publication.

All items not received by these times may miss being included in that week's issue.

And a reminder, if you know of an Olympic athlete with local connections, send an e-mail to [josh@salmonpress.news](mailto:josh@salmonpress.news) so we can hopefully catch up in Korea.

You can follow updates from Korea on the Salmon Press Sports – Wolfboro Facebook page, on Twitter or Instagram at [salmonsportsguy](#) or at [salmonsportsguy.blogspot.com](#).



JOSHUA SPAULDING

### State Meet

Tommy Howlett runs in the 600 meters at the Division II State Meet at Dartmouth on Sunday. Howlett finished in ninth place with a time of 1:34.63.

## HOOPS

CONTINUED FROM PAGE B1

pulled down seven rebounds. Unzen snagged 11 rebounds to lead the hosts on the boards. Newfound was led by 11 points each from Mason Dalphonse and

Costigan. Dalphonse led the way with seven rebounds for Newfound.

“I had to use a JV swing player early in the game instead of the normal end of the game situations,” Bourdeau noted. “Freshman Matt Costigan really stepped up big time.”

“Newfound fought hard and we knew going in that it doesn't matter who we're facing,” Faragher said. “We have to play hard and be consistent in order to compete.

“Luckily we were able to make a couple more plays than they

did and get a win,” Faragher added.

The Timber Wolves dropped a 67-24 decision to a very strong Berlin team the following night and dropped a 66-49 decision at Inter-Lakes on Friday night.

Newfound traveled to Hopkinton on

Thursday, Feb. 1, and dropped a 71-44 decision. Dalphonse led the way with 16 points and 12 rebounds. The Bears trailed 27-10 after one and 44-19 at the half.

The Bears are back at it on Friday, Feb. 9, at home against Inter-Lakes at 6:30 p.m.

and will be at Franklin at 7 p.m. on Tuesday, Feb. 13.

Prospect will be at White Mountains at 6:30 p.m. on Friday, Feb. 9, will be hosting Somersworth on Tuesday, Feb. 13, at 6 p.m. and visiting Raymond at 6:30 p.m. on Thursday, Feb. 15.



JACOB BLAIR skis during Prospect's meet at Gunstock last week.

JOSHUA SPAULDING



GABRIELA D'EMPAIRE-POIRIER skis for Prospect during action at Gunstock last week.

JOSHUA SPAULDING

## ALPINE

CONTINUED FROM PAGE B1

Timber Wolf skiers.

In the slalom, Bisson again led Prospect, finishing in 15th place in 1:10.91.

Bredbury finished in 16th place in 1:12.98 and Blair was the third scorer with a time of 1:13.88 for 18th place.

Tuttle finished out the scoring for Prospect with a time of 1:26.93 for 26th place.

Therrien was 33rd in 1:36.8 and Keslar finished in 1:40.4 for 35th place overall.

The Timber Wolf girls were led by Amanda Gagne in the morning giant slalom, as she took 17th place in 1:11.75.

Kaci Gilbert was 21st overall in 1:15.43 and Gabriela d'Empaire-Poirier finished 22nd in 1:16.46.

Naomi Ingham rounded out the field of Prospect scorers with a time of 1:19.51 for 25th place overall.

Rebekah Bartolin finished in 1:23.57 for 31st place, Sydney DeJager was 33rd in 1:24.69, Lily Michaud took 35th in 1:26.83, Abby Swenson

was 36th in 1:26.87, Serena Avery skied to 37th in 1:27.09, Gabriela Libenson was 40th in 1:30.99 and Anna Francis rounded out the Timber Wolf field in 1:52.49 for 43rd place.

Gagne again led the way for Prospect in the afternoon slalom, finishing in 13th place in 1:16.16.

D'Empaire-Poirier was next for Prospect, placing 15th in 1:18.95 and Gilbert was 16th in 1:20.57.

Ingham again finished out the scoring for Prospect with a time of 1:30.73 for 24th place.

Avery was 26th in 1:34.07, Bartolin took 30th in 1:35.69, DeJager was 31st in 1:35.61, Michaud finished 32nd in 1:39.98, Francis was 34th in 1:40.44, Libenson took 38th in 1:44.69 and Swenson finished 42nd in 2:03.68.

The Timber Wolves will travel to Mount Sunapee on Monday, Feb. 12, for the Division III State Meet.

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## ON TAP

CONTINUED FROM PAGE B1

The Knight girls' basketball team will be at Laconia for a 6 p.m. game on Friday, Feb. 9, and will be at Lebanon at 6:30 p.m. on Tuesday, Feb. 13.

The Kingswood hockey boys will be hosting Kennett at 6 p.m. on Friday, Feb. 9, and will host Winnacunnet at 8:30 p.m. on Wednesday, Feb. 14.

The Knight girls' hockey team will be at Keene for a 2:20 p.m. game on Friday, Feb. 9, and will be at Bishop Guertin at 6:10 p.m. on Tuesday, Feb. 13.

The Nordic Knights will be at Garipay Field on Wednesday, Feb. 14, at 2:30 p.m.

The Kingswood unified hoop team will be at Spaulding at 3:30 p.m. on Monday, Feb. 12, and will be hosting Inter-Lakes-Moultonborough on Thursday, Feb. 15, at 4 p.m.



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