



THURSDAY, SEPTEMBER 28, 2017

GILFORD, N.H. - FREE

# GHS club fair gives students a better look at the extracurricular activities

**BY ERIN PLUMMER**  
mnews@salmonpress.news

With the start of the school year Gilford High School students had an opportunity to check out different clubs they might want to be part of during the annual student activity fair.

On Sept. 14, tables were set up and representatives spoke with students about their organizations.

The fair has been a GHS tradition for around six years.

School guidance counselor Polly Camire said the fair is a way to showcase the different clubs in the school.

Around 25 different clubs and activities had representatives at the fair. Organizations



COURTESY PHOTO  
Students Olivia Harris, Tyler Hanf, and Olivia Trindade spoke to student-athletes about the Student Athletic Leadership Team.

many others.

“It’s just such a huge variety,” Camire said.

Camire said some of these clubs meet regularly while some will meet once in a while and do activities.

Club representatives would explain their organization to prospective members.

“I was out there the whole time, along with a couple of other people from the school counseling department helping students find clubs if they had an interest,” Camire said.

Many of the students at the fair were freshmen.

“It’s one of the ways that we encourage our freshmen to get involved,” Camire said.

There were also a good number of sophomores, juniors, and

SEE **CLUB FAIR** PAGE A12

## Planning Board gives go ahead to cottage colony project

**BY ERIN PLUMMER**  
mnews@salmonpress.news

The Gilford Planning Board gave conditional approval to a project at a cottage colony that had raised neighbor concerns.

At its Sept. 18 meeting, the board gave conditional approval to a project on Maureen and Todd Berkowitz’s property on Scenic Drive replacing a deck with a pervious paver surface, removing a shed, adding a pavilion, and installing a fence around the property. This matter was discussed at the Aug. 21 meeting and tabled for Sept. 18.

Jeff Merritt, a professional engineer with Keach-Nordstrom Associates of Bedford, said a pump house structure had been removed, as had a deck and the project proposed to remove a gazebo. A pervious paver patio will be built, which will allow water to pass through, and a pavilion is proposed on the north side of the patio area.

Merritt said every proposed structure is moving away from the property lines and the net lot coverage will decrease by 1.7 percent.

they had with this project was the structures on the property that did not entirely conform to the zoning regulations. Merritt said the previous nonconformities will be reduced to something that conforms more.

“The goal here is to bring the property more into conformance, and not less,” said attorney Roy Tilsley, representing the Berkowitzes.

Ayer said they can approve something that is less nonconforming, but couldn’t approve one that is more or a non-conformance.

Co-owner Maureen Berkowitz said they are looking out for their privacy by putting the fence in; otherwise, the whole property is exposed.

Neighbor Janet Rose expressed a number of concerns about this project. One major concern was that the proposed fence would cut off airflow to their property.

SEE **COLONY** PAGE A12

included community service groups like Amnesty International and Interact, performing arts activities, language arts clubs, and



COURTESY  
Beans & Greens Farm is poised to open its 15th year of nighttime corn maze adventures.

## Beans & Greens prepares to launch 15th annual nighttime corn maze

Beans & Greens Farm is poised to open its 15th year of nighttime corn maze adventures. Beans & Greens has run the Lakes Region’s exclusive nighttime corn maze for more than a decade, and is happy to offer the corn maze adventures again this year.

Visitors will still have to navigate one of the state’s most difficult mazes, but there will also be the added fun and difficulty, of complete darkness. The cornmaze will feature the added element of ghouls and spectors haunting the maze as the season progresses (be sure to follow social media for updates).

From 8-10 p.m. on

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## “Oliver!” coming to the GHS stage

**BY ERIN PLUMMER**  
mnews@salmonpress.news

Gilford High School theater students will bring the classic story of the orphan boy Oliver Twist to the stage this fall with their production of the perennially popular musical “Oliver!” based on the novel by Charles Dickens.

Rehearsals are in full swing for the up-



ERIN PLUMMER  
Gilford High School performers will bring “Oliver” to the stage this fall.

coming production of the classic musical about a young boy trying to survive on the streets of 19th Century London and the friends he makes along the way.

Freshman Kathryn Osburn will play Oliver himself. Osburn described how Oliver starts out in an orphanage, though after asking for more food

SEE **OLIVER!** PAGE A12



Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

“They may take our lives, but they will never take our freedom [to read]!” -William Wallace in “Braveheart.” No need to be so dramatic about the freedom to read right? I mean, who is stopping you?

A shocking number of people. Throughout history, books have been banned, burned, challenged, and censored. Libraries and schools the world over attempt to fill their shelves with resources that will be of interest, use, and relevance to any of their patrons, but ‘controversial’ books are challenged frequently and with surprising support. The American Library Association reported 323 challenges of books in 2016, and they estimate that 82-97 per-

cent of challenges are unreported. Almost half of the challenges happened in Public Libraries.

If you look at the top ten most challenged books of 2016, (just Google ‘American Library Association Top Ten Banned Books’), most of them are teen and children’s books. Reasons range from sexual content, to politics, to scandals about the author, to social issues, and a common word used is ‘offensive.’ Why, you might ask, would a public library have ‘offensive’ material in the first place? What good does it serve the public?

Offensive to one or a few people, or even most people, does not make it offensive to everyone. Some of these books are among the most read in the library. Some num-

ber of library patrons find meaning in each of them. Our readers are not homogenous and so our collection is not homogenous. We want people to find the books they want to read at their library, regardless of whether the books they want to read are ‘offensive’ to others in the community.

Banned Books Week is this week. Banned Books Week is a chance to give banned and challenged books notoriety so that the public is aware that the right to read is still challenged. It is a chance to keep the ongoing pressure of censorship in the public eye, and to remember times when books have been attacked. It is a time celebrate a diversity of materials to help promote new ideas and invite discourse.

Librarians tend to love Banned Books Week for several reasons, but mostly we love the right to read. Stop by this week to see the displays at the front desk, children’s desk, and the Teen Room.

I guarantee some of the challenged books will shock you!

National Library Card Sign Up Month is almost up. It’s been a big hit this year, and there are a couple of days left if you know someone who doesn’t have a library card. Tell them they can read banned books with a new card!

Classes & Special Events  
Sept. 28 to Oct. 4

**Thursday, Sept. 28**  
Play and Learn, 10:30-11:30 a.m.

Join Maria for this directed playgroup for preschoolers. We’ll read, sing, and practice various early learning skills through play. Sign up required.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Table Toppers, 2:30-3:30 p.m.

Teens can play games at the library every Thursday after school!

After School Storytime, 3:15-4:15 p.m.

For preschool through kindergarten with care-

giver. Drop in. Must be a GPL cardholder.

Conversational French, 4-5 p.m.

Banned Book Up-Cycled Art, 6:30-7:30 p.m.

Celebrate Banned Books Week by making some up-cycled book art and projects! Coasters, flowers, bookpage poems, luminaries, and more all made from recycled and re-purposed books. Sign up at the front desk.

**Friday, Sept. 29**  
Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and a craft! Ages three to five with a caregiver, sign up required.

Social Bridge, 10:30 a.m.–12:30 p.m.

Knit Wits, 1:30–2:30 p.m.

Conversational German, 2:30–3:30 p.m.

**Monday, Oct. 2**  
Mahjong, 12:30-3 p.m.  
Lego Challenges, 3:15-4:15 p.m.

Join us for a new challenge every week! K - fourth grade.

**Tuesday, Oct. 3**

Baby and Toddler Storytime, 10-10:30 a.m.

Stories, songs, lap bounces, puppets and more! Children up to age two and their caregivers. Must be a GPL cardholder for this drop-in program.

Preschool Storytime, 10:30-11:30 a.m.

Stories, songs, and literacy activities. Children ages three to five and their caregivers. Must be a GPL cardholder for this drop-in program.

Bridge, 10:30 a.m.-12:30 p.m.

Spirits of the Grave, 6:30-7:30 p.m.

Join Roxie Zwicker of New England Curiosities. for “Spirits of the Granite State.” A search of the legends and ghosts of New Hampshire. New Hampshire has a lot more than just beautiful scenery - and this presentation will take you there. Free to attend.

**Wednesday, Oct. 4**  
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Gilford Public Library  
Top Ten Requests

- 1. “Glass Houses” by Louise Penny
- 2. “Haunted” by James Patterson and James O. Born
- 3. “I Know a Secret” by Tess Gerritsen
- 4. “Y is for Yesterday” by Sue Grafton
- 5. “A Gentleman in Moscow” by Amor Towles
- 6. “The Good Daughter” by Karin Slaughter
- 7. “The Store” by James Patterson
- 8. “Mrs. Fletcher” by Tom Perrotta
- 9. “Before We Were Yours” by Lisa Wingate
- 10. “Crime Scene” by Jonathan Kellerman

GILFORD POLICE LOG

The Gilford Police Department responded to 256 calls for service and made the follow-

ing arrests during the week of Sept. 19-25. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Allison R. Machia, age 19, of Enosburg Falls, Vt.; Kristina R. Santuccio, age 19, of Auburn; Noah R. Fandel, age 19, of Reading, Mass.; Allison L. Gervais, age 19, of Enosburg, Falls, Vt.; Brooke A. St. Onge, age 20, of Montgomery, Vt.; and Phelan K. Howell, age 19, of Montgomery, Vt. were arrested on Sept. 21 for Unlawful Possession of Alcohol.

A 43-year-old male from Rochester was taken into protective custody for intoxication on Sept. 21.

A 30-year-old male from Littelton was taken into protective custody for intoxication on Sept. 21.

A 23-year-old male from Lancaster was taken into protective custody for intoxication on Sept. 21.

A 35-year-old female from Epsom was taken into protective custody for intoxication on

Sept. 21.

A 34-year-old female from Meredith was taken into protective custody for intoxication on Sept. 21.

A 26-year-old female and a 38-year-old male, both from Wolfeboro, were taken into protective custody for intoxication on Sept. 21.

Matthew J. Pickman, age 20, of Bradford was arrested on Sept. 21 for Unlawful Possession of Alcohol. A 21-year-old male from New London was taken into protective custody for intoxication during the same incident.

A 32-year-old male from Kittery, Maine; a 23-year-old female from Newmarket; and a 23-year-old female from Hampton were taken into protective custody for intoxication on Sept. 21.

A 47-year-old male from York, Maine was taken into protective custody for intoxication on Sept. 21.

A 27-year-old male from Newbury was taken into protective custody for intoxication on Sept. 21.

A 22-year-old male from Brunswick,

Maine was taken into protective custody for intoxication on Sept. 22.

Kevin R. Crutchfield, age 21, of Boscawen was taken into protective custody for intoxication on Sept. 22 and subsequently arrested for Criminal Trespassing.

A 58-year-old female from Concord, Mass. was taken into protective custody for intoxication on Sept. 22.

A 20-year-old female from Troy was arrested on Sept. 22 for Unlawful Possession of Alcohol.

Benjamin R. Cote, age 27, of Concord was arrested on Sept. 22 for Simple Assault; Bodily Injury.

Mary Camacho, age 28, of Uncasville, Conn. was arrested on Sept. 22 for Driving After Revocation or Suspension.

Brandon C. Carland, age 19, of Peterborough was arrested on Sept. 22 for Unlawful Possession of Alcohol.

Kenneth E. Brunelle, age 56, of Tilton was arrested on Sept. 23 in connection with a bench warrant.

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# Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

## Senior Moment-um Funspot Mini-Golf/ Pizza Hut Program on Oct. 2

The Gilford Parks and Recreation Department is sponsoring Senior Moment-um Program on Monday, Oct. 2. We will meet upstairs at Funspot at 10:30 a.m. to take on a rousing round of their 18-hole indoor

mini golf course. For \$5, you will be able to “putter” around with us through many New Hampshire landmarks and some fun obstacles! After golf, we will be heading to Pizza Hut in Laconia to enjoy their lunch buffet, which includes salad, various types of pizza, pasta, and breadsticks. The price for the buffet is \$6.49, plus the cost of your beverage and meal tax.

Participants are asked to RSVP by Friday, Sept. 29.

To RSVP or for more information, please contact the Gilford Parks and Rec. Department at 527-4722.

## Boston Celtics bus trip scheduled for Feb. 26, 2018

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a bus trip to Boston to see

the Celtics take on the Memphis Grizzlies on Monday, Feb. 26, 2018. Cost of the trip is \$120 for lower level Loge seats and \$70 upper level balcony seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m. and the Belmont Park & Rideshare (Route 106) at 5:15 p.m. You will have time to visit the pro-shop and get dinner on your own prior to the game. Our

seats are in section #19 (Loge) and #310 & #311 (Balcony) for the 7:30 p.m. game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722 or visit their Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

## Coed Adult Volleyball continues on Tuesday evenings

The Gilford Parks

and Recreation Department is sponsoring a pick-up co-ed volleyball program for adults ages 18 and up, to be held every Tuesday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program runs each Tuesday through the spring. There is a \$2 fee per participant, per evening. No pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.

# You can help flood victims with UMCOR

The 2017 Hurricane season has hit us hard; clean up will be long and overwhelming. Hurricanes have brought devastation to homes and property for many people. For those affected the effects of wind, rain and mud on homes goes beyond the physical destruction. It eats away also at their emotional and financial stability. It is comforting to know that neighbors around the nation are lending a hand to help out. The White Mountain HUB of UMCOR (United Methodist Committee on Relief) is putting out a call for Cleaning Bucket and Hygiene Kit materials. You, your family, and neighborhood can work together to help provide these necessary items to help in times of disaster. The hurricanes will take a toll on the shelves at the UMCOR depots, but the need will be met. Cleaning Buckets and Hygiene Kits, although small in the scope of the devastation, are a beginning to healing and restoration.

Materials or financial donations (To donate money, write “flood buckets” on notation line of checks made out to FUMC) can be brought to the First United Methodist Church in Gilford, 18 Wesley Way (Off 11A near the 3/11 bypass) on Sundays from 9 a.m. – noon, or dropped off during the week, Monday – Friday from 8:30 a.m. – noon.

Materials gathered will be assembled into kits and taken to the HUB distribution area at the Plymouth UMC. There the kits will be verified and sent to Mission Central (Northeastern UMCOR depot) from where they will be distributed.

Please follow the list carefully as the items are specific in size and quantity. They are currently collecting these items:

## UMCOR cleaning buckets

### For Cleaning Buckets

5-Gallon Buckets with re-sealable lids - buckets from fast-food restaurants or bakeries can be used if washed and cleaned. No buckets that have stored chemicals such as paint or pool cleaner. Advertisements on the outside are acceptable. Maximum height, 15” to top of lid.

Liquid Laundry Detergent - 50-oz. or two 25-oz. bottle(s) only

Liquid Household Cleaner - 12-16 oz. concentrated liquid cleaner that can be mixed with water

Dish Soap - 16-28 oz. bottle, any brand

Clothespins - wood, plastic, spring-loaded or push-on

Clothesline - 100-ft. or two 50-ft. lines, cotton or plastic

Sponges - no cellulose sponges due to mold issues, foam only

Heavy-Duty Trash Bags, 24-roll of 33-45 gallon sizes

Cleaning wipes - i.e. Handi-wipes or reusable wipes, no terry cleaning towels

Air Freshener - aerosol cans or pump

Insect-Repellent Spray - 6-14 oz. aerosol or spray pump with protective cover

Kitchen Dishwashing Gloves - should be durable enough for multiple uses

Work Gloves - all cotton with leather palm or all leather

Scouring Pads - no stainless steel, Brillo pads or SOS pads (nothing with soap built in)

Scrub Brushes - with plastic or wood handle

### For Hygiene Kits

Hand Towels - 15” x 25” to 17”x 27” (no kitchen, cleaning, or microfiber towels please)

Washcloths - adult size

Sturdy Combs - at least 6” of teeth (no pocket combs or picks please)

Metal Nail Files or Clippers (no emery

boards or toenail clippers please)

Bath-size Soap - 3 oz. and larger sizes only, no Ivory or Jergens soap due to moisture content, do not remove from original packaging

Single packed Toothbrushes - adult size only, do not remove from original packaging

Adhesive bandages - ¾” to 1” size, common household-type, character band-aids are OK as long as they are not patriotic

Gallon-size re-sealable bags

Cash to purchase toothpaste - toothpaste must be purchased by UMCOR immediately before shipping to recipients because of expiration dates

Please note that all items must be new. Do not wash any of the items as they will be considered used. Please consider the list carefully as the items are specific in size and quantity. If you are unable to complete a full kit, any items toward a kit are gratefully received.

For further information or questions please call the Plymouth HUB at 603-254-7337 or email [thewhitemountainhub@gmail.com](mailto:thewhitemountainhub@gmail.com). You can learn more about UMCOR and its recovery efforts by going to [UMCOR.org](http://UMCOR.org). There is also a link on the website to personally donate financially towards the recovery efforts if so called. Thank you.

# Nationally recognized landscaper to speak to Opechee Garden Club

GILFORD — Robert Gillmore, a nationally recognized landscape designer and author, will present a program called “Large, Lush, Low Maintenance Gardens” to the Opechee Garden Club on Monday, Oct. 2 at 1 p.m. at the Gilford Community Church on Potter Hill Road in Gilford. The public is invited.

This program has been rescheduled from April 2017, when due to a scheduling conflict Mr. Gillmore was unable to come. So if you couldn’t attend then, this is your second chance to hear a wonderful presentation

He will explain how to create colorful, low maintenance gardens using trees, shrubs and ground covers, rather than flower filled, time consuming, perennial beds. Additionally Gillmore will discuss using natural looking ridges, also known as berms, to create privacy on your property.

Gillmore will autograph copies of his two landscaping books, “The Woodland Garden” and “Beauty All Around You: How to Create Large, Private Low-Maintenance Gardens, Even on Small

Lots and Small Budgets.” “The Woodland Garden” explains how to transform wooded land into a woodland garden. “The Woodland Garden,” a Garden Club selection, was hailed by New York Times garden columnist, Allen Lacy, as “an excellent and much welcomed guide to building a low maintenance, naturalistic garden in the woods.” His second landscaping book, “Beauty All Around You: How to Create Large Private Low-Maintenance Gardens, Even on Small Lots and Small Budgets” explains how, with berms and low-maintenance plantings, homeowners can create both privacy and extensive gardens. Both titles will be available for sale.


Gillmore’s best known garden design is Evergreen, his own one-acre woodland

garden in Goffstown, which has been featured in many newspapers and gardening magazines, including the January/February 1996 issue of Fine Gardening magazine. Evergreen is a mature white pine woodland under-planted with evergreen shrubs and ground covers. It includes varieties of rhododendrons that bloom in late May, early June and in July. Evergreen also has a seasonal brook with pools, viewpoints, more than a quarter-mile of paths, and several outdoor rooms. Evergreen is open to the public each year, without charge, on the first weekend in June.

Robert Gillmore was born and raised in Claremont. He graduated cum laude from Williams College and has a Ph.D from the University of Virginia, where he was a DuPont Fellow.

Columbus Day Weekend

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# Craft Fair

## October 7-8

### Sat-Sun 10-4

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Pet of the Week:
Roxy



Owning a dog and sharing your life with a canine demands commitment from humans. Sadly, not all of us are willing to dedicate the time, resources and our hearts for the care of such dogs, who truly have far more trust in us to live up to our obligations as pet owners. Roxy spent months existing alone in a derelict house, no heat, no lights, no comfort, no humans to care for her, no soft bed to lay down her weary head. At night, alone in the dark she would howl in fear and loneliness. Roxy came to New Hampshire Humane Society back in April. At long last she's can

enjoy in the light, a clean place to sleep, regular meals, feel the warmth of the sun on her back, and blossom in the care of people pledged to care for the lost, abused, neglected and unwanted. We've treated her for Heartworm disease, she now has a clean bill of health so is ready for her next life chapter, a loving, forever home. Roxy may never totally get over her fear of some humans; she has not had the benefit of living with other animals either so that special home...we are SURE is out there for her. Is it your home? Check www.nhhumane.org for more details.

NORTH COUNTRY NOTEBOOK

Of rocks in the garden, and rocks in the head



By JOHN HARRIGAN
COLUMNIST



The shadow of the skeezix is me, up on the rooftop deck, taking a picture of what's left of my garden, soon to be rototilled and soon to yield (you guessed it) another crop of rocks.

This is not only the time of moving wood and fading foliage. It's the time of roto-tilling the garden, which means another never-ending crop of rocks. I've been gardening this same 20 by 40 piece of ground for almost thirty years now, picking out every rock encountered during three decades of tilling and wielding a sharp hoe. You'd think it would have long been free of rocks by now. Wrong---every spring's tilling brings forth a

new crop of rocks, and there are more in the fall. What gives? For an answer to this I called the State Geologist, Rick Chormann. Yes, there is a State Geologist. The last one I knew was Glenn Stewart, and I asked Rick about him, at which he reeled off three or four names of those who served in the interim. This is how long it's been since my years of hot-wired Concord connections. Anyway, I mentioned frost as the popular force behind all these crops of rocks, and Rick concurred, further mentioning the freeze-thaw cycle of "fines," which is soils-people lingo for the finest of fine rock particles, sort of somewhere between sand and silt. These, he said, have a way of filtering their way under rocks and stones, and tend to collect moisture, which expands upon freezing, exerting upward pressure on the rock. This sounded pretty reasonable to me, and Rick suggested looking up a couple of excellent books on stone walls and what rocks and soil can tell us, by SEE NOTEBOOK PAGE A12

STRATIGIES FOR LIVING

In search of a Biblical world view

BY LARRY SCOTT
Dr. Dell Tackett, in a DVD prepared for Focus on the Family, and lecturing on The American Dream, quoted much of what follows and made this observation: "I am convinced that the people who founded this country ... the pilgrims, the puritans ... came with a comprehensive Biblical world view ... When we examine the American Experiment we are going to try to separate as best we can the principles they were trying to achieve, and I am convinced they tried to lay down Biblical principles in the formation of the country." Recorded in 2008, Dr. Tackett's point of view has never been more true. In the 240 years of our history, much has changed. What began as a God-fearing, Bible-centered, Christian perspective that profoundly influenced

our educational system and the writing of those great documents that made us a nation, we have now come to the point where God is no longer welcome in the classroom, the Bible is no longer read in public, and the moral deterioration of our national life is evident to anyone willing to look honestly at the evidence. But it was not meant to be. I commend the National Education Association for taking a strong stand. "If the study of the Bible is to be excluded from all state schools; if the inculcation of the principles of Christ is to have no place in the daily program; if the worship of God is to form no part of the general exercises of these public elementary schools; then the good of the state would be better served by restoring all schools to church control." That, of course, was 1892. How things

have changed! Charles Carroll, one of the signers of the Declaration of Independence, wrote a letter on Nov. 4, 1800 to James McHenry: "Without morals, a republic cannot subsist any length of time; they therefore who are decrying the Christian religion ... are undermining the solid foundation of morals, the best security for the duration of free governments." John Adams, the second president of the United States, wrote in June 21, 1776, as quoted in The Wall Builder Report, Summer 1993, "Statesmen, my dear Sir, may plan and speculate for liberty, but it is Religion and Morality alone, which can establish the Principles upon which Freedom can securely stand." And then there is this, from Patrick Henry, in a letter to Archibald Blair, dated Jan. 8, 1799: "The

great pillars of all government and of social life [are] virtue, morality, and religion. This is the armor ... and this alone, that renders us invincible." The Christian community has been roundly criticized for calling America back to God but the absence, in almost every level of our society, of those Biblical principles that helped make us the great nation we have become indicate that we are in deep trouble. I love this country and I am proud to be an American, but I am not blind. I am convinced that we cannot continue to ignore God and the principles of sound moral living He has given us and survive as a nation. Sooner or later, we will have to pay the piper! America, it is time to wake up! You want to talk about it? Hit me up at rlarryscott@gmail.com.

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Erin Plummer, Reporter
Josh Spaulding, Sports Editor
Bob Martin, Sports Reporter
Tracy Lewis, Sales Representative
Jim Hinckley, Distribution Manager
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FROM OUR READERS

Gilford Community Band is thankful for your support

To the Editor:
As the summer season has passed the Autumnal Equinox, the Gilford Community Band would like to thank the Gilford community and the Gilford Parks and Recreation Department for all of their support. Likewise, the summer performances would not have been possible without the musicians who volunteered their time for the rehearsals and performances.

Special mention also goes to David Nix for designing the Wednesday programs, Rachel Auger for stepping in and directing the band on two occasions, Norm Breton for transporting the chairs and setting up the bandstand lighting, George Faran for transporting the musical instruments, and Walt Stockwell for coordinating the Independence Day lyrics. Special thanks goes to Wayne Lyman and the Lyman Construction staff for providing the Old Home Day float; and to Norm Breton(again),the Day family(April, Owen, and William), John Gunther, and John and Michael O'Meara for assembling the parade float. Extended thanks goes to Lyvie Beyrent, the long-time Director of the band. Without the support of these community members, the Wednesday performances and the Old Home Day concert would not be possible. Looking ahead, the winter Holiday rehearsals begin on Tuesday, Nov. 21, and the annual Holiday concert will occur on Sunday, Dec. 17.

Send us your letters!
We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!
Send your letters to:
Gilford Steamer
5 Water Street • Meredith, NH, 03253
Our fax number is 279 3331.
E-mail us at steamer@salmonpress.com.
We're looking forward to hearing from you!

Frank Weeks
Gilford Community Band



# Hundreds take part in Tanger's Fit For a Cure 5K

BY ERIN PLUMMER  
mnews@salmonpress.news

TILTON — Hundreds of participants, from large teams to solo racers, took part in the Tanger Outlets' Fit for Cure 5K Sunday morning to benefit breast cancer patients and breast health initiatives.

More than 900 people from all over New England and beyond took off at the outlets on Sunday morning for the ninth annual run/walk. All proceeds from the event will go toward breast health and special care for people battling breast cancer at LRGHealthcare

"It was simply amazing; we couldn't be more grateful for the community support," said Eric Proulx, General Manag-



ERIN PLUMMER

Racers take off at the beginning of the Tanger 5K for a Cure.

er of the Tanger Outlets in Tilton.

Proulx said around 755 people pre-registered for the event, and more than 100 did same day registration.

"This is by far, of the nine years, the most successful in terms of fundraising," Proulx said.

Normally, race participants do not do any extra fundraising, and all funds have come from entry fees. Proulx said this year Millennium Running, their timing service, put forth the idea of having a system where teams could fundraise. They ended up



ERIN PLUMMER

Sandu Rebencivc of Webster was the first lace finisher for the second year in a row.



ERIN PLUMMER

The Winnisquam Field Hockey Team comes across the finish line.

raising more than \$5,000 from side fundraising.

Over the past nine years, the race has raised more than \$435,000 toward breast health services and services for people undergoing treatment. The money has gone toward digital mammography at the hospital.

"We're always looking at the latest and most up to date technology to make sure women in the Lakes Region and Three Rivers Region have he most up to date (technology)," said LRGHealthcare President and CEO Kevin Donovan.

Proceeds also go toward additional help for survivors such as gas cards, prosthetics, wigs, and other services and items.

"For anyone who has

a breast cancer survivor in their family, you know these are types of things that make a difference," Donovan said to the audience.

Becky Doherty, Annual Fund and Special Event Manager for LRGHealthcare, said they had an "unbelievable turnout."

"The weather was absolutely perfect this morning," Doherty said.

Doherty said a huge part of this event was the huge teams taking part in honor of family members and friends fighting breast cancer.

"It's an incredible, emotional morning with an outpouring of support for these women who are battling breast cancer," Doherty said.

Doherty said the event has become well-run with a lot of volunteer support and a lot of efforts from the Tanger

staff.

Donovan said this is his second year at this race. He said this is a great event and they are thrilled with the work of Proulx and the Tanger Outlet.

The race recognized sports teams from Winnisquam and Belmont walking as teams in honor of their coach Amy Dutton, a phys ed teacher from Winnisquam Regional High School who battled breast cancer.

"She was one of the most generous people you ever met in your life," said Fred Caruso of Mix 94.9 FM. "We run, walk, and think of Amy every time we do this race."

The Winnisquam Field Hockey Team was recognized with Coach Amy Dutton's Most Spirited Team award. The team lead "three claps for Dutton."

The overall winner of the race was Sandu Rebencivc of Webster. Rebencivc, who is originally from Romania, also won the race last year.

He said the course was mildly hilly and he was going a bit slower until making his move at the end.

Rebencivc said he wanted to inspire his daughter. He was going to do the race with his her, but she had an injury and was unable to take part.

He said it was inspiring "to see all of these people come together to support a good cause."

The first place female finisher was Jenna Mead of Cape Neddick, Maine. Mead was a member of Team Lisa, honoring her best friend's mother Lisa Morrisette who is battling breast cancer.

"Sometimes, you can only do small things like show up and I show up early," Mead said.

Next year's race will be the 10th annual event, scheduled for the last Sunday in September.



COURTESY

## Lions — the next generation

At the latest meeting of the Laconia/Gilford Lions Club, guest speaker was Marie Hall, co-chair, Lions Youth Services, Multiple District Liaison. As Marie explained, "Our program supports and promotes youth involvement in our club. Our past efforts included citizenship/patriotism essay contests. Our focus this year, the centennial celebration of our founding, is the Alpha program for ages 12-18, to get them involved in Lions service activities. We want to grow more Leos clubs geared for this group, with Lions Youth Leadership Awards to be presented for achieving goals & servicing community needs. There is also the Omega program for ages 18-30, who can form their own club, possibly aligned with an existing club." Club President Allyn Bridge added, "By promoting youth service, we will help raise the next generation of Lions, ensuring that the next hundred years of Lions Clubs International--and the next 70 years of the Laconia/Gilford Lions--will be as dynamic and productive as the last." Pictured left to right are Club President Allyn Bridge and Lions Youth Services co-chair Marie Hall.

## Community forum on energy planned for Oct. 4

MEREDITH — A community forum on local energy innovation will be held on Wednesday, Oct. 4 at the Interlakes High School in Meredith. It is being coordinated by Rick DeMark and Ian Raymond for the Belknap County Democrats, and is open free of charge to the general public.

The community forum titled, "Energy Innovation - Acting Locally Thinking Globally," will begin at 5:30 p.m. with tours of recently installed solar photovoltaic and wood biomass heating facilities at the Interlakes High School. Attendees are asked to meet at the main entrance courtyard of Interlakes High School.

Following the tours,

there will be an educational program presented by some of the leading experts in energy, the environment, and current energy policy; as well as members of the local community who have acted locally to initiate projects, and have successfully transitioned to clean affordable renewable energy. The program will take place (6:30 to 8 p.m.) in the Interlakes High

School Cafeteria, and will provide valuable information on how homeowners, communities, and businesses can take advantage of incentives to help them "Act Locally," as well as insights on why acting locally is crucial for "Thinking Globally."

Come learn what you can do in your community, and get answers to any questions you may

have on these issues. Pre-registration for the community forum is not required. Free pizza and refreshments donated by the Belknap County Democrats will be available at 6 p.m. in the cafeteria.

This Community Forum is co-sponsored by the New Hampshire Sustainable Energy Association, Revision Energy, and the Resilient Buildings Group.

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Janice Donahue, 77

LACONIA — Janice Donahue, 77, of Laconia, passed away at home, surrounded by her family on Sunday, Sept. 17, 2017 after a battle with ALS. She now rests in the arms of her Heavenly Father.

Janice was born in Methuen, Mass. on Nov. 16, 1939, the daughter of Daniel and Helen (Butterworth) Downey. She graduated from Tenney High School in Methuen, Mass. and worked at Raytheon Corp in Andover, Mass. After high school, she met and married the love of her life and best friend Dan. They have been married for 57 years and spent most of those years living in Laconia.

She worked as a secretary at Sacred Heart Church for 14 years, tending to the staff and parishioners of the parish. Being a devoted Catholic, this job suited her well. The last 20 years of her life were spent working for Community Health and Hospice as a homemaker - companion, living the gospel message of being of service to others. She loved working with the elderly, enabling them to continue to live in their homes independently with a little help. She cherished her clients and treated them like family



until she became too sick to continue. She was also a Hospice volunteer. She enjoyed playing bingo, doing crossword puzzles, dancing and having her Seagrams 7 and ginger at 4 p.m. each day, reading her paper and watching the news.

Janice is survived by her husband, Dan; two daughters, Kelley Ann Donahue and her fiancé Robert Yarworski of Tempe, Az. and Kimberley Ann Donahue and her fiancé Mike Bisson of Moultonborough; by two brothers, David Downey of Methuen, Mass. and Ken Downey of Tucson, Az.; one sister, Joyce Brugman, and her husband Dennis of Ocala, Fla.; three granddaughters (Jennifer Tunning-Rodriguez and her husband Anthony of Phoenix, Az., Amanda Tunning of Tempe, Az. and Brittani Reynolds of Laconia); and one great-granddaughter,

Adriana, who she loved to spoil; all the loves of her life and many nieces, nephews and cousins.

In addition to her parents, Janice was predeceased by one brother, Dan Downing.

Calling hours were held from 3 to 7 p.m. on Thursday, Sept. 21, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian Burial was celebrated at 11 a.m. on Friday, Sept. 22, 2017 at St. Andre Besette Parrish - St. Joseph Church, 30 Church St., Laconia.

Burial was held at 1 p.m. on Monday, Sept. 25, 2017 at the New Hampshire State Veterans Cemetery, Boscawen.

In lieu of flowers, memorial contributions may be made in her honor to the ALS Association of Northern NE, 10 Ferry St., Concord, NH 03301.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

John Franklin Jewell III, 77

LACONIA — John Franklin Jewell III, 77, of 175 Blueberry Lane, died Wednesday, Sept. 20, 2017 at Genesis Laconia Rehabilitation and Nursing Center.

He was born on Jan. 10, 1940 in Laconia, the son of the late John F. Jr. and Grace Ruth (Dion) Jewell. John served in the Army National Guard. He was a member of St. Joseph's Parish in Belmont. He always had a wonderful sense of humor and was always willing to help others in need. John enjoyed playing horseshoes, caring for his cats, watching old western movies and collecting Betty Boop items. He was an avid fan of both the Boston Red Sox and the New England Patriots.

He is survived by his two sons, Jeremy Robert



Jewell and John Franklin Jewell IV and his wife Gladys; two daughters, Tammy Lynn Faircloth and Gail Ann Wyatt and her husband Rusty; one step-son, Roger W. Copp, and his wife Diane; one brother, Richard Wayne Jewell; ten grandchildren; four great grandchildren; and many nieces and nephews.

In addition to his parents, he was predeceased by his wife, Joyce Louise (Dickey) Copp-Jewell in 2016 and one sister, Sandra Gilbert.

Calling hours will be held from 4 to 7 p.m. on Friday, Sept. 29, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A private burial will be held in the family lot at Union Cemetery in Laconia.

For those who wish, memorial contributions may be made to the New Hampshire Humane Society, PO Box 572, Laconia, NH 03247.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements.

For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

Temple B'nai Israel presents upcoming concert to benefit Genesis Behavioral Health

LACONIA — Genesis Behavioral Health is pleased to be the recipient of proceeds raised from a special concert presented by Temple B'nai Israel's We Care concert series. Genesis Behavioral Health depends on the community for financial support which helps us provide integrated mental and physical health care for people with mental illness while creating wellness and understanding in our community.

Genesis Behavioral Health (GBH) is a private, non-profit organization designated by the State of New Hampshire as the community mental health center serving the 24 communities in Belknap and southern Grafton Counties. Founded in 1966, GBH provides comprehensive, integrated mental health treatment for people living with - and recovering from - mental illness and/or emotional distress. In Fiscal Year 2017, GBH's 185 employees served nearly 4,000 children, adults and families and provided almost \$1 million of charity care.

GBH provides 24/7 Emergency Services; individual, group and family therapy; mobile crisis teams in the event a tragic event occurs that impacts a community at large, psychiatry; nursing; community support programs for people with severe and persistent mental illness; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families to help them manage the impact of divorce on children.

Representing the prestigious Berklee College of Music in Boston, Mass., Pitch

Slapped will perform on Saturday, Oct. 21 at the Meredith Community Auditorium located in the Inter-Lakes High School. The group's repertoire spans a range of genres from pop to R&B and rock., The Families Matter Benefit Concert will benefit both Belknap House, a coalition of community members who help families in need during the cold winter months, and Genesis Behavioral Health. By purchasing a ticket for \$27.50 you will enjoy great music, food, and drink while supporting Lakes Region families in need. Complimentary snacks and desserts can be enjoyed at 7 p.m., and the concert begins at 7:45 p.m. Tickets are available at [www.tbinh.org](http://www.tbinh.org).

We Care is also sponsoring a fundraising contest for the Lakes Region community and beyond as an adjunct to the Families Matter Benefit Concert. New Hampshire's Best Family Photos and Videos contest will begin on Sept. 15 and continue to Oct. 20. Post photos and videos and vote for favorites at <http://families-matter.causevox.com>. Each vote is a \$1 contribution to Belknap House and Genesis Behavioral Health and may be made at the website, so vote early and often. Pictures and videos of family groups may include moms, dads, grandparents, kids, pets, friends, co-workers, student groups, religious organizations, or any other "family" groups. The submission receiving the most votes will win

a gift certificate from Achber Studio in Laconia for a standard portrait session which includes a photo session, a mini wall portrait (11 by 14 inches) and two five-by-seven-inch gift portraits (a \$349 value). Second and third place submissions will receive two tickets for the We Care spring 2018 benefit concert. In addition, the top submissions will be featured during the intermission at the concert on Oct. 21. For more information, to post photos and videos or to cast a vote, go to <http://families-matter.causevox.com>.

The Meredith Community Auditorium in the Inter-Lakes High School is located right on Route 25 in Meredith, and is convenient for everyone in the Lakes Region and Central New Hampshire. To purchase tickets and obtain more information, visit [www.tbinh.org](http://www.tbinh.org). Questions may be directed to [info@tbinh.org](mailto:info@tbinh.org).

*Genesis Behavioral Health is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, Genesis serves nearly 4,000 children, families, adults and older adults each year. For more information or to schedule an appointment, call 524-1100 or visit the Web site at [www.genesisbh.org](http://www.genesisbh.org). Find Genesis Behavioral Health on Facebook and follow us on Twitter for updates and information.*

Lady Grace appointments available

LACONIA — If you have you had a lumpectomy or mastectomy and would like find a breast prosthesis that fits your needs, please know that the latest products are available right here in your local community! A certified breast prosthesis fitter from Lady Grace Intimate Apparel is

available for appointments at Lakes Region General Hospital for Wednesday, Oct. 11.

For more information, or to schedule an appointment, please contact Ginny Witkin at 527-2940 or [vwitkin@lrgh.org](mailto:vwitkin@lrgh.org).

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

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# LRGHealthcare’s President and CEO appointed to New Hampshire Hospital Association Board of Trustees

CONCORD — The New Hampshire Hospital Association (NHHA) announced yesterday it has recently appointed Kevin W. Donovan, President & CEO of LRGHealthcare, to its Board of Trustees for 2017-2018. Donovan, along with Michael Lee, President of Weeks Medical Center in Lancaster, was elected by the members at the Association’s Annual Meeting held this past weekend at the OMNI Mount Washington Hotel in Bretton Woods.

## Bank of New Hampshire named one of NH’s Best Companies to Work For

LACONIA — Bank of New Hampshire has been named one of “NH’s Best Companies to Work For” in Business NH Magazine’s 2017 September issue. This edition recognizes businesses that go out of their way to create high engagement workplaces for their employees, such as Bank of New Hampshire. Bank of New Hampshire employees highlighted the bank’s culture of diversity and inclusion and the reasonable balance between work and personal life. Employee benefits that put Bank of New Hampshire alongside the top NH Companies to work for include, annual bonuses, profit sharing, an employee recognition program, paid volunteer time, 100 percent paid tuition at Granite State College, 97 percent paid healthcare premiums and a paid day off during your birthday month to name a few.

“Bank of New Hampshire is honored to have been named in this list of extraordinary companies,” stated Paul Falvey, President & CEO for Bank of New Hampshire. “We at the bank are committed to our customers and understand that is done through empowered and engaged employees, and this recognition is a true testament of that.”

The competition attracted applicants from across the state that provide a respectful and supportive corporate

culture. The 2017 competition included an employee engagement survey that had to be completed by at least 50 percent of a company’s workforce as well as an extensive employer survey, detailing benefits and workplace practices. By combining the results from both surveys, judges found 19 companies that exceeded the bar of excellence.

All of the winners will be honored at a 20th anniversary themed breakfast on Thursday, Oct. 19 held at the Grappone Conference Center in Concord.

Bank of New Hamp-

shire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire. With 24 banking offices throughout New Hampshire and assets exceeding \$1.5 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit [www.BankNH.com](http://www.BankNH.com).

Donovan has been the President and Chief Executive Officer of LRGHealthcare since June of last year. Prior to joining LRGHealthcare, he was the President and Chief Executive Officer of Mt. Ascutney Hospital and Health Center in Windsor, VT. He has held numerous other positions including serving as a Senior Vice President at the Elliot Health System in Manchester, a Director at Dartmouth-Hitchcock Medical Center in Lebanon, and a hospital and physician practice leader in various organizations in Massachusetts.

Donovan is also a Fellow of the American College of Healthcare Executives and the American College

of Medical Practice Executives. He is the President for the Northern New England Association of Healthcare Executives (NNEAHE), as well as a member of the American Hospital Association (AHA) Small and Rural Governing Council.

“It is an honor to be named to the NHHA Board of Trustees,” says Donovan. “The NHHA is an invaluable resource to the hospitals of New Hampshire and I look forward to working alongside some of the brightest hospital leaders to help move healthcare forward for our state.”

**About LRGHealthcare**

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes

Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

**About New Hampshire Hospital Association**

Hospitals have been collaborating through the New Hampshire Hospital Association since 1934. The association’s mission is to provide leadership through advocacy, education and information in support of its member hospitals and health care delivery systems in delivering high quality health care to the patients and communities they serve.

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## Edward Jones: Financial Focus

### Here’s Your Retirement Countdown

If you want to enjoy a comfortable retirement lifestyle, you don’t need to have been born rich or even to have earned scads of money during your working years. But you do need to make the right moves at the right time – which means you might want to start a “retirement countdown” well before you draw your final paycheck.

What might such a countdown look like? Here are a few ideas:

- Ten years before retirement – At this stage of your career, you might be at, or at least near, your peak earning capacity. At the same time, your kids may have grown and left the home, and you might even have paid off your mortgage. All these factors, taken together, may mean that you can afford to “max out” on your IRA and your 401(k) or other employer-sponsored retirement plan. And that’s exactly what you should do, if you can, because these retirement accounts offer tax benefits and the opportunity to spread your dollars around a variety of investments.
- Five years before retirement – Review your Social Security statement to see how much you can expect to receive each month at various ages. You can typically start collecting benefits as early as 62, but your monthly checks will be significantly larger if you wait until your “full” retirement age, which will likely be 66 (and a few months) or 67. Your payments will be bigger still if you can afford to wait until 70, at which point your benefits reach their ceiling. In any case, you’ll need to weigh several factors – your health, your family history of longevity, your other sources of retirement income – before deciding on when to start taking Social Security.

- One to three years before retirement – To help increase your income stream during retirement, you may want to convert some – but likely not all – of your growth-oriented investments, such as stocks and stock-based vehicles, into income-producing ones, such as bonds. Keep in mind, though, that even during your retirement years, you’ll still likely need your portfolio to provide you with some growth potential to help keep you ahead of inflation.
- One year before retirement – Evaluate your retirement income and expenses. It’s particularly important that you assess your health-care costs. Depending on your age at retirement, you may be eligible for Medicare, but you will likely need to pay for some supplemental coverage as well, so you will need to budget for this. Also, as you get closer to your actual retirement date, you will need to determine an appropriate withdrawal rate for your investments. How much should you take each year from your IRA, 401(k) and other retirement accounts? The answer depends on many factors: the size of these accounts, your retirement lifestyle, your projected longevity, whether you’ve started taking Social Security, whether your spouse is still working, and so on. A financial professional can help you determine an appropriate withdrawal rate.

These aren’t the only steps you need to take before retirement, nor do they need to be taken in the precise order described above. But they can be useful as guidelines for a retirement countdown that can help ease your transition to the next phase of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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## Holiday Gift Guide

Published Thursday,  
November 16<sup>th</sup>

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# NEW HAMPSHIRE FAIR DAYS

## LANCASTER FAIR

Thursday, August 31 –  
Monday, September 4, 2017

Location: 516 Main Street, Lancaster  
Tickets: \$15 (kids 12 and under), Thursday, Friday and  
Monday; \$16 on Saturday and \$18 on Sunday. Seniors are free  
on Thursday and Friday; \$5 on Saturday and \$10 on Friday-Sunday;  
children 12 and under are free with paying adult  
Online: [www.lancasterfair.com](http://www.lancasterfair.com)

## HOPKINTON STATE FAIR

Friday, September 1–4, 2017

Location: State Fairgrounds, Contoocook  
Tickets: \$12 for ages 12–24, \$10 for seniors 60+,  
\$8 for youth ages 5–11, children 4 and under are free.  
Four day passes are available.  
Online: [www.hopfair.com](http://www.hopfair.com)

## HILLSBOROUGH COUNTY AGRICULTURAL FAIR

Friday, September 8-10, 2017

Location: 15 Hill Dale Lane, New Boston  
Tickets: \$10 for ages 12 and over, children 6-12 and  
seniors are \$5, children 5 and under are free  
Online: [www.hilldalefair.com](http://www.hilldalefair.com)

## DEERFIELD FAIR

Thursday, September 28 –  
Sunday, October 1, 2017

Deerfield Fairgrounds  
Route 43, Deerfield  
Tickets: \$10 for ages 13+;  
ages 12 and younger are free  
Online: [www.deerfieldfair.com](http://www.deerfieldfair.com)

## SANDWICH FAIR

Saturday, October 7-9, 2017

Sandwich Fairgrounds  
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# LRAA names September Artists of the Month

TILTON — The Lakes Region Art Association (LRAA) announces the artists selected for this month's popular Artists of the Month Program. As the Association draws from the entire Lakes Region, this program is aimed at promoting the Association and its members' work across the entire region. LRAA was founded in 1940 and is a non-profit group providing education and support to local artists, both amateur and professional, in the Lakes Region.

Each month, a jury of LRAA artists selects from submissions by member artists to be featured at various businesses in the Lakes Region. These original pieces can be oil or acrylic, watercolor, pastel, photo or collage.

The following Artists of the Month for September, will each have art work on display until October 16 at these Lakes Region business loca-



COURTESY

Selected as Lakes as Lakes Region Artists of the month for September are: Front, l-r: Acacia Rogers (work showing at the Northway Bank Tilton), Barbara McClintock (Franklin Savings Bank Gilford), Carol Cole (Northway Bank Belknap Mall), Gail Brunt (Bank of NH Gilford), Joanne Reynolds (Franklin Savings Bank main office). Back, left to right: Duane Hammond (Meredith Village Savings Bank), G. Edward Hudson (Lakes Region Chamber of Commerce), Ruth Webb (Northway Bank Laconia), Stephen Hall (Northway Bank Meredith), Phyllis Meinke (Laconia Library).

tions: Acacia Rogers at Northway Bank, Tilton; Barbara McClintock at the Franklin Savings Bank, Gilford; Carol Cole at the Northway Bank, Belknap Mall;

Gail Brunt at the Bank of New Hampshire, Gilford; Joanne Reynolds at the Franklin Savings Bank main office, Franklin; Duane Hammond at the Meredith Village Savings

Bank; G. Edward Hudson at the Lakes Region Chamber of Commerce, Laconia; Ruth Webb at the Northway Bank, Laconia; Stephen Hall at the Northway Bank, Meredith; and Phyllis Meinke at the Laconia Library.

For those interested in viewing additional artwork by Lakes Region artists, LRAA has Art Gallery, located in the Tanger Outlets, 120 Laconia Rd., Suite 132 in Tilton. The Gallery represents over 25 artists and photographers from the Lakes Region, and is open Thursday, Friday, Saturday and Sunday, 10 a.m. to 6 p.m. For more information, call 998-0029 or visit [www.lakesregionartassociation.com](http://www.lakesregionartassociation.com).

## LRSO concert features concerto competition winner, Nov. 4 at Inter-Lakes Auditorium

MEREDITH — The Lakes Region Symphony Orchestra (LRSO) invites you to its season-opening concert on Saturday, Nov. 4 at 7:30 p.m. at Inter-Lakes Auditorium in Meredith.

We are honored to feature the first of our two co-winners of our 2017 Student Concerto and Scholarship Competition, violinist cellist Roric Cunningham. Roric, a sophomore at Manchester Central High School, will be performing Tchaikovsky's "Rococo Variations", a dazzling and challenging work that is a staple in the cello repertoire.

Also on the November program are Beethoven's Symphony No. 5 - yes "that" Beethoven's 5th! - and Franz Schubert's haunting Rosamunde Overture, one of Schubert's finest orchestral pieces, seasoned with subtle musical humor.

The LRSO concerto competition, now entering its ninth year, has been an exciting successful journey since its inception eight years ago. Over the years, more than 100 incredibly talented middle- and high-school students have auditioned. Students compete for a scholarship and the opportunity to perform with the LRSO each year. This year's competition was so difficult we could not pick a single winner. We choose co-winners for the first



COURTESY

Cellist Roric Cunningham, co-winner of the LRSO's student concerto competition and scholarship program, performs with the Lakes Region Symphony Orchestra on Nov. 4.

time in the competition's history. Along with Roric we selected 15-year-old violinist Danilo Thurber. Danilo will be performing the first movement from Camille Saint-Saens "Violin Concerto No. 3 in B Minor" at our March 24, 2018 concert.

Roric Cunningham began private lessons at The Manchester Community Music School in early 2015, and currently performs in the Dino Anagnost Youth Symphony Orchestra.

As a freshman at Man-SEE LRSO PAGE A13

## Farm Bureau hosting special evening with Odds Bodkin

GILFORD — Belknap County Farm Bureau is hosting a very special annual meeting on Oct. 6, and you are invited! The evening begins with a social time at 5:30 p.m., followed by dinner at 6 p.m.; a traditional turkey dinner, catered by Hart's Turkey Farm.

Following the meal, Master Storyteller Odds Bodkin will be entertaining us with "Tales of the Land." Odds Bodkin, called "a consummate storyteller" by the New York Times, has told stories professionally for thirty-five years using live acoustic music on guitars and Celtic harp, vivid character voices and naturally created sound effects. His stories are like movies for the mind. Wired calls him "one of the great voices in American storytelling."

Most farmers have a

heart-connection to the land they work, and Mr. Bodkin's show, "Tales of the Land, celebrates this connection using myths and tales from the world over. Themes of nature's creations and custodianship, shared with plenty of humor, fill each story. Farming is more than just making a living, it feeds the world. Come hear "Tales of the Land." You'll emerge refreshed, amused, and ready to return to the soil.

Following the speaker's presentation, the annual Belknap County Farm Bureau will have its business meeting. Any people who are interested in farming are invited to stay for this meeting. Belknap County Farm Bureau (BCFB) is where farmers have a voice in developing policy, starting with our own county, and going on to

the state and national levels. Regularly this nationwide farmer-led organization works to make it possible for farms to work and survive; introducing and pushing for legislation to keep farms valid and workable in today's society.

This event is happening at the First United Methodist Church in Gilford. The church is located at 18 Wesley Way (off Route 11A, near the 3/11 bypass).

The cost for this evening's meal and entertainment is \$18 per person. Reservations need to be made by Sept. 29. Please make your checks payable to Belknap County Farm Bureau. They may be mailed to Cheryl Ellis, 9 Weston Rd., Belmont, NH 03220. If you have any questions, call Cheryl at 524-1422.

## “Evita” to open 2018 summer season at Inter-Lakes Summer Theatre

MEREDITH — The Interlakes Summer Theatre has received the nod from Andrew Lloyd Webber's new royalty company, The Musical Company, to open next summer's season with

“Evita.”

The Andrew Lloyd Webber musical is based on the life of Eva Perone in Argentina. The show will run from July 5 through 15. The most well know song from the

show is the musical theatre/pop hit “Don't Cry for Me, Argentina.” Producer Nancy Barry said she has been waiting for the title to be available and was delighted when The Musical Company

came back with a contract after our success with other Andrew Lloyd Webber titles Joseph and The Amazing Technicolour Dreamcoat and Cats in 2017.

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# Laconia Village Bakery celebrates new ownership

LACONIA — The Lakes Region Chamber of Commerce is pleased to announce the Laconia Village Bakery in now under new ownership.

Rachael Jameson purchased the business this spring. She began working in 2011 with an internship under then owner Kevin Halligan while attending the New England Culinary Institute.

With a focus on locally sourced ingredients, Laconia Village Bakery provides special orders for holiday treats and celebration cakes, homemade soups and breakfast sandwiches daily along with lunch. It has been a dream for Rachael to own her own bakery and she loves being in downtown Laconia. She appreciated her loyal customers and invites those that have not visited to come on in for some amazing local food. Laconia Village Bakery will have all types of Pumpkin treats during the New Hampshire Pumpkin Festival. Check their Facebook page for daily specials.

The Lakes Region Chamber of Com-



COURTESY  
(Left) Laconia Village Bakery celebrates new ownership with a ribbon cutting ceremony with staff and Lakes Region Chamber of Commerce Ambassadors including Holly McArthur; Peter Jameson, Rachael Jameson-Owner, Rachel Marchand of Franklin Savings Bank, Joan Leroux and Jessica Beane from Bank of New Hampshire, Debbie Bolduc of BizzBuzz Marketing and Sue Gaudette of Gunstock Mountain Resort.

merce, on-line business directory or a list of community events, visit [LakesRegion-Chamber.org](http://LakesRegion-Chamber.org), Facebook, Twitter, or call 524-5531.

merce is a non-profit organization made up of approximately 500 members businesses making a financial commitment to the Chamber and to the business community supporting 24 towns/cities. The Chamber strives to create and promote a more engaged community and thriving economy for the businesses in the Lakes Region. For more information about the Lakes Region Chamber of Com-

## Presenting sponsors partner to support the Lakes Region Parade of Homes event

REGION — The Lakes Region Builders & Remodelers Association prepares for three days of house touring and idea generating during its popular Columbus Day Weekend event, the Lakes Region Parade of Homes.

This year's parade begins Saturday, Oct. 7



COURTESY  
Presenting sponsors kick off this year's Lakes Region Parade of Homes Tour! Pam Noble from Meredith Village Savings Bank, Mike Uhlman from Dead River Company and Ruth McLaughlin from Belknap Landscape Co.

through Monday, Oct. 9 and takes place in seven Lakes Region communities. The Parade of Homes has showcased elegant homes for the past ten years and highlights the best in custom design, luxurious amenities, new technology and imaginative use of space.

"We had a impressive show last year and this year we are building on

our success by adding four new builders to the parade," said Brenda Richards, executive director for the Lakes Region Builders.

Their homes will range between 750 to more than 6,000 square feet. Four of the eleven are waterfront homes and will surely impress the crowds as they have in years past. Three of

the homes are for sale and also part of larger developments providing potential homebuyers the option to select a new home quicker. The parade of homes is more spread out than last year but has a nice flow. It is easily doable to go to all homes in two days. Go to a few or visit all eleven! The website has tips on

SEE PARADE OF HOMES PAGE A13

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# Markland named Event Coordinator/Executive Director of Children’s Auction

LACONIA — The Board of the Greater Lakes Region Children’s Auction is pleased to announce John E. Markland as the Auction’s Event Coordinator/Executive Director.

Markland has been a long-time volunteer for the Children’s Auction, but is well known for his 26 years of service in law enforcement; 23 of which were with the Gilford Police Department. He retired as Chief of Police in 2011. Throughout his career, he has focused on the youth in the community working closely with local schools and serving as a youth services officer, DARE officer and volunteer for diversion programs, just to name a few.

In addition to his work in law enforcement, Markland’s passion for the community was channeled into various volunteer roles. He is a former board member of Lakes Region Community Services and the Meadowbrook Foundation. He has also served as volunteer for



Members of the Children’s Auction Board, Allan Beetle, Sandy Marshall, and Jaimie Sousa with new Auction Event Coordinator/Executive Director, John E. Markland.

Cure for Cancer.

“The committee that spearheaded the search to fill this new position worked really hard to make sure the right candidate was chosen,” stated Auction Board Chair, Sandy Marshall. “And, with John’s community involvement, knowledge of the Auction and desire to work with children, we felt he would be an excellent fit. The Board looks forward to working with John and seeing all we’ll accomplish together to ensure a bright future for the

Auction.”

Markland’s focus in this role will be to work with the Board, volunteers and community to manage, grow and

sustain the auction to meet the ever-increasing needs of the community. In addition, he will be responsible for coordinating all data and activities among the many moving parts of the organization both the week of the Auction and all year long.

“I am deeply humbled and overwhelmed with excitement to have been chosen to be part of the team for the Greater Lakes Region Children’s Auction,” shared John Markland. “The magic that this community has brought to many children throughout the years has been remarkable and I hope to continue this spirit and enthusiasm for years to come. I sincerely ask for help from all my friends and family as we prove just how great it is to live in such a caring community.”

## Slow down for “The Hitch-Hiker” this weekend on LRPA

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Sept. 29 & 30) for our “LRPA After Dark” presentation of 1953’s gritty crime thriller “The Hitch-Hiker,” starring Edmond O’Brien, Frank Lovejoy, and William Talman.

“The Hitch-Hiker” was inspired by the events of real-life serial killer Billy Cook, a psychopath who murdered six people on a 22-day killing spree in the early 1950s. The film was directed by Ida Lupino, a well-known actress who went on to a successful career as a director at a time in Hollywood when female directors were very scarce. In fact, Lupino was the only female member of the Director’s Guild from the late 1940s through the early 1950s and is still considered one of Hollywood’s most prolific female directors. “The Hitch-Hiker” earned Lupino and her cast strong reviews and was a box-office success. It went on to be one of 25 films selected in 1998 for preservation by the National Film Registry. In his review of “The Hitch-Hiker,” noted critic Leonard Maltin said: “Well-made suspense yarn about two men on a hunting trip whose car is commandeered by a murderous fugitive. Good performances, especially by a venal Talman in the title role.” What more does a movie-lover need? So grab your popcorn and join LRPA after dark for this crime drama from the past.

You can’t find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our Web site ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

**About Lakes Region Public Access Television (LRPA)**

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via LiveStream at [www.lrpa.org](http://www.lrpa.org). Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

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CONCORD — New Hampshire Bankers Association (NH Bankers) announced that Sam Laverack, President and CEO of New Hampshire Mutual Bancorp, is the recipient of the “2017 Community Banker of the Year” award. Mr. Laverack received the award at the NH Bankers’ Annual Conference this past weekend, held at Stowe Mountain Lodge in Stowe, Vermont. The award was presented to Mr. Laverack by NH Bank Commissioner, Jerry Little.

Laverack was selected for this prestigious honor by a panel of leading public officials from the




2017 Community Banker of the Year Award Recipient Sam Laverack, President and CEO of New Hampshire Mutual Bancorp. Pictured with Laverack is President and CEO of New Hampshire Bankers Association, Christiana Thornton (L) and New Hampshire Bank Commissioner, Jerry Little (R).

State of New Hampshire, including State Senate President Chuck Morse, SEE **LAVERACK** PAGE A13



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## CLUB FAIR

(Continued from Page A1)

seniors there too. She said many could be involved in a club or two and looking for something different or some students who might not have had the time before who have time for an activity now.

The fair resulted in a lot of signups for the clubs. Camire said the Environmental Club alone had 70 new signups.

"I think the sign ups this year were higher and stronger than last year, probably because we did a better job advertising," Camire said.

Camire said getting involved in clubs and activities greatly enhances the social and academic experience. She said they promote involvement in clubs because the more involvement the students





LRSO

(Continued from Page A9)

chester Central High School, Roric auditioned and was awarded 5th place in the New Hampshire All-State Orchestra auditions. The following year, with only two years of study under his belt, he placed first.

Roric is a member of the New Hampshire Philharmonic, and has performed with the Nashua Chamber Orchestra.

This Nov. 4 concert marks the first in the LRSO's 2017-2018 season. Reserve the other dates for our exciting season now: Holiday POPS on December 9 and 10 featuring singer and theatrical sensation Seraphim Afflick; "An Evening at the Ballet" on March 24, 2018 featuring violinist Danilo Thurber, the second co-winner of the concerto competition, with works from famous ballets including Swan Lake and Sleeping Beauty; and our season closing POPS concerts on May 19 and May 20, 2018 featuring the sounds of Stage, Screen, and Beyond sung by theater and stage performer Abigail Dufresne. Even with two performances, POPS concerts sell out so please buy your tickets early. Full concert details

are at [www.LRSO.org](http://www.LRSO.org).

Tickets are \$20 for adults and \$10 for students college-age and under with ID, are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), by phone at 800-838-3006, and at our ticket partners Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia.

Save 25 percent with our Discount Season Tickets, available now through the Nov. 4 concert. You may purchase season tickets online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets) or by phone at 800-838-3006. Any unsold tickets will be available at the door starting one hour before each performance. More information is available at [www.LRSO.org](http://www.LRSO.org) where we encourage you to sign up for our mailing list. And find us on Facebook at /LRSO1.

If you've never attended an LRSO concert before because you think you'll fall asleep with stodgy classical music, think again! We have new patrons every concert who absolutely marvel at the performance quality, variety of music, environment, and overall entertainment value. We take our music seriously,

but perform with a hometown flair that is comfortable, familiar, and uplifting. We invite you to give us a try. Live orchestral music is an amazing experience!

LRSO wishes to thank our sponsor Bank of New Hampshire for their gracious support of the Concerto Competition and this performance. We could not do this without their assistance.

**About The Lakes Region Symphony Orchestra**

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing more than 30 communities in the Lakes Region and beyond. For over 40 years the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

PARADE OF HOMES

(Continued from Page A10)

ways to get the most out of your Parade of Homes experience.

We welcome three presenting sponsors to kick off the tour!

Dead River Company has been extremely active with the New Hampshire Home Builders Association and is once again a presenting sponsor of the Lakes Region Parade of Homes and has many offices in towns and cities throughout New Hampshire, Maine, Vermont and Massachusetts. Dead River Company focuses on servicing home heating needs including propane, fuel oil and kerosene delivery and service. They believe it's both a privilege and responsibility to be an active member of the communities they serve.

Meredith Village Savings Bank is also a returning presenting sponsor. MVSB has a long history of providing financial support to the organizations that support their communities. MVSB supports the NH Community Loan Fund which is used many times over to finance local housing financing needs. This permanent fund has a significant

impact for those who need affordable housing, which is a vital part of building communities. "Meredith Village Savings Bank - banking solutions for real life."

Belknap Landscape Company is an award winning landscape company located in Gilford, offering design-build services, lighting, tree work and irrigation services for commercial and residential properties. In the past year, they have received thirteen New Hampshire Home Builder Cornerstone Awards for stonework and masonry, residential landscape construction and outdoor design. They were recipients the 2016 Best Landscape Award in the Lakes Region Parade of Homes for a property located on Black Cat Island in Moultonborough that featured a perched beach, natural stone patio and firepit. Belknap Landscape offers 28 plus years of longevity to a commitment to quality and horticultural expertise while exhibiting a unique concern for the Lakes Region, the environment, and our community connections.

We have 23 parade-partners sponsoring the tour this year all inviting you to come to the homes and view their products and services. Do you have a need for new windows in your home? How about flooring? Have

you thought about how much money you would need to do a remodel or ways to tap into your homeequity to help fund a new project? From interior decorating, landscaping, appliances to paving, garage doors and building materials, expect to meet knowledgeable trade professionals to answer your questions. Along with the builders, many of the homes will have representatives that you can talk to about your specific building or remodeling needs.

Ticket Information: \$20/pp (18 & under free), and can be purchased at any of the homes on the tour during Columbus Day Weekend. One ticket. Good at all homes. All Weekend! The proceeds of the ticket sales benefit Lakes Region Builders Scholarships and workforce development—inspiring the next generation of building trade professionals. For maps and home descriptions visit: [lakesregionparadeofhomes.com](http://lakesregionparadeofhomes.com)

The Lakes Region Builders & Remodelers Association (LRBRA) is a not-for-profit, professional trade association chartered by the National Association of Home Builders. Our volunteer members are dedicated to promoting, protecting and improving the Building Industry throughout the Lakes Region.

LAVERACK

(Continued from Page A11)

House Commerce and Consumer Affairs Committee Chairman Rep. John Hunt, and State Treasurer William Dwyer.

Upon presenting the award to Mr. Laverack, Commissioner Little said "I've had the honor of knowing Sam Laverack for a long time. His talents as a banker were earned over decades of hard work. But being a 'community banker' takes much more than banking talent, and in Sam's case the additional dynamics of leadership and deeply personal caring and community spirit came to him naturally. It's who he is and it's wonderful that his peers are celebrating that. Sam has given in extraordinary ways to the many communities served by Meredith Village Savings Bank. Indeed, he has used his position as a community banker to make the world around all of us a much better place."

Laverack was nominated by several organizations, including the Granite United Way in recognition of his outstanding leadership and tireless efforts in leveraging his role as a business leader in the communities New Hampshire Mutual Bancorp serves. The NH Lakes Association nomination cites many of Laverack's efforts, most notably his leadership with their annual Lakes Congress, a lakes stewardship networking and education event. Squam Lakes Conservation Society notes Laverack's long term as director, with the last three as president of their Society. Laverack's "steady leadership resulted in the doubling of land permanently protected, a stronger organization, and increased visibility in the communities we serve."

Laverack's devotion to giving back to his community has led him to chair his hometown of Holderness' Budget

Committee, Chair of the Trustee of Trust Funds, and Vice-Chair of the Board of Selectman. Beyond his home town, he has served on the boards for Spere Memorial Hospital, the Belknap Community Economic Development Council, and Lakes Regional Charitable Association.

His passion as an outdoor enthusiast is evidenced by his role as a Board member for the NH Lakes Association, the Squam Lakes Conservation Society, the White Mountain Economic Development Council, and the Greater Meredith Program.

Leading by example, Laverack has inspired countless employees to donate their time to the non profits they are most passionate about in the Central NH, Lakes Region, Seacoast and Greater Nashua communities. As a result, hundreds of employees from NHMB, MVSB, the Merrimack and MillRiver donate thousands of hours of

their time to an extensive list of local causes every year.

**About the Community Banker of the Year Award**

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## Field hockey Golden Eagles race past Littleton

BY BOB MARTIN  
Bob@Salmonpress.news

LITTLETON — Division 3 field hockey has a tight race up top, and defending champion Gilford High School is once again right in the thick of things with an 8-1 record.

Gilford traveled to Littleton on Sept. 23 for a game on an unseasonably hot day, where the team dominated from the beginning against struggling Littleton. The 1-6 Crusaders were no match for the surging Golden Eagles, who came to play in front of Littleton's Homecoming crowd.

The first half started with a lot of back and forth between Gilford and Littleton, with Gilford getting several shots near the net but off the mark. With 22:37 remaining in the half, Kellie Ryan scored to get Gilford on the board. About a minute later Laurel Gingrich scored, and would score again with 1:18 left in the half.

The Golden Eagles came out firing in the second half, scoring

quickly at the hands of Ryan for her second goal of the game after a nice rush upfield with 25:53 left in the game. Gingrich completed her hat trick with 18:31 remaining on a hard shot that was untouched by defenders or the Littleton goalie.

Gingrich had several other close scoring opportunities in the half before scoring her fourth goal of the game with 13:34 remaining to make it 6-0. Emily O'Connor got into the scoring ways with about 11 minutes left in the game to give the Golden Eagles a 7-0 lead, with Sydnie Lehr making it an 8-0 game with a close, hard shot that went to the right of the goalie and in for a score.

The Golden Eagles had two wins last week, and were on a tear where the team had scored 32 goals and allowed none in the past four games. The team had won five straight as of press time, with the only loss coming from undefeated Newfound Regional High School.



BOB MARTIN

Kellie Ryan scored two goals in the 8-0 win against Littleton last weekend.



BOB MARTIN

Laurel Gingrich continued her great play this season with four goals against Littleton.



BOB MARTIN

Laurel Gingrich continued her great play this season with four goals against Littleton.

"We are headed in the right direction," said coach Dave Rogacki. "We just have to do it on a more consistent basis. That's the biggest thing. You can't have your feet going the wrong way when you are playing top teams like Berlin. We also have to work on our passing and getting our angles right, and going right to the ball."

Ryan said after the game that the team works best when it is passing and moving the ball well, echoing her coach's thoughts on the team.

"We really need to get to the ball, but when we do that we are super strong," Ryan said. "We have a strong defense and offense, but we need to be more consistent with it. If we stay consistent I think we will progressively get better."

Senior Jillian Lachapelle said the key, in her mind, is playing as a team. She said moving the ball up the field and listening to each other on the field will benefit them for the rest of the season.

Goalie Jenna DeLucca has had an excellent season and had her fourth straight shutout. She feels great about the current state of the Golden Eagles, but said there are things to work on. She said communication seems to be getting better as a team, which has improved from the beginning of the season.

"We are pretty strong so far but we really need to keep spreading out and working on perfecting our passing," said DeLucca. "We also need people to focus on beating other teams to the ball. It is important for us, but overall we are looking good."

Gilford traveled to Berlin and hosted Hopkinton this week after press time. The Golden Eagles travel to Winnisquam on Friday for a 4 p.m. game.

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# Golden Eagle runners continue to impress coach

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — Gilford High School cross country runners may not be the top finishers week after week, but this doesn't mean that the athletes haven't been progressing as the season goes on.

Last week the Golden Eagles traveled to meets at Newfound Regional High School and in Manchester, and coach Janine Powis had high praise for the runners.

"These athletes always find a way to surprise and impress me at every meet," Powis said.

Powis said the Newfound Invitational,



Bob Martin  
Freshman Jonas Bilodeau has been a top runner for the Gilford boys' cross country team this season.

19:49.

Bilodeau, a freshman, was 12th with a time of 20:42.4. He had an average mile time of 6:39.8. Junior Matthew McDonough was 23rd with a time of 21:50.8 and senior Beck McLean was 24th with a time of 22:07.2.

The girls' team placed fourth with 69 points and a total time of 2:19.12. The team had an average time of 27:50. Kearsarge also won the girls' bracket.

Madison Relf placed seventh with a time of 25:15.7. She had an average mile time of 8:07.8. Elizabeth Relf was in 12th place with a time of 26:49.1 and an average mile time of 8:37.8. Close behind the Relf sisters was freshman Bethany Tanner, who placed 14th with a time of 27:28.5 and an average mile of 8:50.5. Fellow freshman Kayla Loureiro was 19th and had a time of 28:41.6. She had an average mile time of 9:14.

Freshman Alaina Osburn had a time of 30:58.1 for 32nd place and sophomore Chloe Schwartz had a time of 34:41.6 for

49th place.

The 43rd Manchester Invitational took place at Derryfield Park involving schools from all around New England. Powis explained that the Golden Eagles decided to head to Manchester after a meet in Waterville Valley was cancelled on Saturday. The team raced in the small varsity races and the boys' junior varsity race.

For the girls, Madison Relf was 95th with a time of 24:14. Tanner was 117th with a time of 24:56. For the boys' team, Bilodeau placed 120th with a time of 19:46. Eddie Demers was 143rd with a time of 19:58.

For the boys' JV race, Harrison Laflamme was 155th with a time of 21:38. Jacob Malbourne was 232nd with a time of 23:22.

"This, again, was another great day of performances," said Powis. "I have a few athletes with tired legs but that is just the part of the season we are at. Even with tired legs everyone tried their best, and I can't ask for much more than that."

# Gilford volleyball continues winning ways

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — After losing the opening match of the season against Windham, the Gilford volleyball team has done nothing but win, which included a 3-0 win over Hanover and a 3-1 win over Coe-Brown Northwood last week.

On Sept. 18, Gilford beat Hanover by scores of 25-16, 25-17 and 25-16 thanks to 15 ace serves. Maggie McNeil was the star of the day, serving 22 for 22 including seven aces. The Golden Eagle offense had 29 kills spread between seven players. The team was also led by Lexi Boisvert, who had seven kills. McNeil, along with Abby Warren and Abby O'Connor, had five kills apiece. Reagan McIntire had three kills and Karly Sanborn and Lindsey Sanders had a pair of kills each.

The defense was led by McNeil and Kasey Moore, who had 11 digs each. Sanborn had nine digs while Boisvert had eight.

In the game against Coe-Brown on Sept. 22,

Gilford improved their record to 5-1 in Division 3 action. The Golden Eagles won the first two games 25-22 before losing 25-17 in the third game. The Eagles knocked off Coe-Brown in the fourth game with a 25-20 score.

McNeil once again was a serving star, going 22 for 22 and having four aces. Karly Sanborn had 24 assists and Gilford combined for 24 kills. The offense was led by McNeil's nine kills, as well as Brooke Beaudet's six kills and McIntire's four kills.

Leading the defense was Moore with 23 digs, Beaudet with 20 digs, Boisvert with 16 digs, Sanborn with nine digs and Bailey Hildreth with six digs. Lindsey Sanderson had four digs and Naomi Eldridge also had a dig. Warren had a pair of blocks, and McIntire had a block of her own.

"The game featured the battle of defenses," said coach Joan Forge. "Neither team racked up a large number of kills, but the Gilford defense overpowered with 98 digs."

At the end of the week Gilford was 5-1 and third Division 2. The Golden Eagles traveled to Kennerly and hosted Milford after press time. Gilford hosts Plymouth on Sept. 29 at 6 p.m.

which took place on Sept. 20, "went very well." The Golden Eagles were led by strong performances by Jonas Bilodeau, as well as twin sisters Madison and Elizabeth Relf.

The boys placed fifth overall with a score of 83. Gilford had a total time of 1:49.42 and an average time of 20:53. Kearsarge came away with the win with a score of 39, a total time of 1:39.08 and an average time of



Joshua Spaulding

## Fishing Eagles

Gilford High School's bass fishing team finished 32nd overall at the bass fishing qualifying round last week. The team brought in two fish for a total of 2.24 pounds. Concord Christian won with eight fish for 16.55 pounds, followed by Fall Mountain with eight fish at 15.13 pounds. The top 14 teams advanced to the championship round.

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REGION — New Hampshire Soccer League Lakes Region United results from Sept. 16 and 17.

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In U13 boys' division one/two, Lakes Region tied Freedom 3-3.

For the U14 boys in division one/two, Lakes Region United defeated Derry Eagles 3-2.

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# Gilford soccer boys pick up two more wins

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — A proper mix of solid offensive output and dependable defense has put the Gilford boys' soccer team near the top of the Division 3 rankings with an 8-1 record, which included the Golden Eagles winning two games in shutout fashion last week.

Gilford hosted Sanborn High School and beat them 4-0 on Sept. 19 and then traveled to Laconia on Sept. 21 and won 2-0. It was the third straight shutout for Gilford after suffering their only loss of the season to Hopkinton on the road where the Golden Eagles were narrowly defeated 2-1. Hopkinton is currently in the first place in Division 3.

In the win against Sanborn, Daegan Boucher scored his fifth goal of the year at the 11-minute mark on an assist from Colton Workman. The last three goals were scored by Tyler Hanf. His first two goals came from assists on centering passes by Patrick O'Connor at the 18 and 30-minute marks. In the second half at the 50-minute mark, Hanf scored with an assist by Adam Donnelly.

Ethan Warren had two saves as the goalkeeper for the Golden Eagles.

In the game against Laconia, the Golden Eagles were powered by a goal at 31:30 on a rebound by Workman. It was assisted by Hanf.



Christian Workman handles a ball for the Gilford Golden Eagles boys' soccer team.

Donnelly scored the second goal at 57:50 on a head shot crossed by Ben Gardiner.

Coach Dave Pinkham pointed out that the team has only given up three goals in nine games played, which speaks to the high level of play by the Gilford defense. He said the team has had to overcome adversity due to sicknesses, which has led to people playing out of position and knowing their role.

“I am certainly happy with the way the kids have responded,” Pinkham.

Players who have come on strong this season include Boucher, Nate Hudson, Finn Baldwin, Mike Eisenmann, Sandor Gamache, Sam Sawyer and Shea Therrien. “These are all guys

who have really had to step up,” Pinkham said. “They have had a really important role, whether they are starters or coming off the bench. They’ve performed really, really well.”

Pinkham is happy with where the Golden Eagles stand as they have delved into the second half of the season. He said the best thing for the team to do is go game to game, keep playing their game and remain positive as the season rolls on.

“We need to progress and hopefully get better,” Pinkham said.

“We need to be more consistent, and I think we are getting there. We can’t be a roller-

coaster so we will keep working at it and hopefully good things will come.”

## Fillion’s hat trick leads Gilford over Laconia

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — The Golden Eagles girls' soccer team is 4-5 as the team passes over the midway point in the season, and while it has been tough to get into a steady groove, coach Tom Raymond is confident in the team's ability to make a second half push toward the playoffs.

On Sept. 19 Gilford traveled to Laconia where they won 4-2 on the turf field. The team was hesitant in the first half, Raymond said, noting that the Golden Eagles scored first but had a shaky defensive breakdown that led to Laconia tying up the game at 1-1.

The first goal was scored by sophomore Shelby Cole, which was her first varsity goal. The second goal was scored by Sarah Fillion later in the first half.

The second half was all Gilford, and Raymond said it was a true showing of the team's intensity on offense and defense alike. Fillion went on to score two more goals to complete the hat trick.

“We were really able to penetrate their defense well,” said Raymond. “They play a flat back four and we were able to put some good through balls in there and make things happen.”

The Golden Eagles then traveled to Raymond where the team was handily defeated by

a 9-1 score. Gilford wasn't completely out of the game, as it was a 2-0 score at half time with one goal coming on a penalty kick.

“We weren't looking too bad,” said Raymond. “We knew they have two fast strikers we had to mark. We did a pretty good job at that. We knew it from the previous games we played against them but in the second half we broke down defensively and didn't play very well at all.”

In terms of strengths at the halfway point this season, the Golden Eagles have been doing a good job moving the ball up the field. Raymond explained that the players have been working to eliminate the gap between the midfielders and the defense, in an effort for opposing teams to not expose weaknesses.

“We’ve been doing a good job moving as a team and eliminating that gap,” Raymond said. “One of our goals was to finish more and we already have more goals than we did all season. So, it is nice to see that.”

Defensively the team is “pretty sound,” Raymond said, other than the big loss against first place Raymond.

The Gilford girls' soccer team hosted Prospect Mountain on Sept. 26 after press time. The team will travel to Inter-Lakes for a 3:30 p.m. matchup against the Lakers on Sept. 29.

## Gilford golfers have a winning week

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — The Gilford High School golf team had a successful week, going 5-4, which gave the Golden Eagles an overall record of 7-10 as of press time. If the season were to end it would put the Golden Eagles at 10th place-the cutoff for making the playoffs.

On Sept. 18 Gilford traveled to Lebanon where the team defeated Campbell 226-218, lost to Lebanon 218-174 and defeated Monadnock by forfeit. Coach Tom Carr said this was a tough course with most holes over 200 yards throughout.

Gilford hosted Laconia, Pelham and Sanborn on Sept. 19, where Brady Reynolds had the top score with a 41. Other scores included a 45 for Connor Sullivan, a 46 for Anthony Flanders, a 50 for Shaun Edson, 53 for Hunter Wilson, 55 for Brendan Bergman and a 61 for Cody Boucher. Gilford tied Pelham with 182 but lost with a tiebreaker, and beat Laconia, who had a 205. Sanborn won the match with 178.

Gilford traveled to Plymouth on Sept. 20 where the Golden Eagles shot a combined 192. This had the team beating Campbell and Belmont, but losing to Plymouth who shot a 185. Scores for Gilford included a 45 for James Cardello, 47 for Sean Ryan, 59 for Nick Molinari, 61 for Tyler Mey-

ers, 61 for Jake Taylor and 76 for Drew Labrie.

Carr is pleased with the team, saying the middle to the bottom of the half of the lineup has been contributing nicely.

“If the team continues on like that I think we can do well,” Carr said.

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Rates: Boat Shrink Wrapping: \$12/Ft.  
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Inside Storage: \$32/Ft.  
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Gilford Steamer

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\$12 - 1 Week  
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Call Our main Call Center  
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**Deadline:**  
**Monday 10:30 am**

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**Firewood for sale:** \$200 per cord, green,  
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The Coos Coalition for Young  
Children and Families is  
looking for a dynamic leader to  
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Coalition of organizations  
focused on improving the  
social and emotional  
development of children 0-8 in  
Coos County. The position  
requires strong leadership and  
communication skills. The  
successful candidate will be  
responsible for managing  
monthly meetings of the  
Coalition and the work groups,  
insuring that the activities of  
the strategic plan are being  
carried out, collecting data and  
reporting outcomes, managing  
a budget and maintaining  
connections with state and  
national research and  
initiatives related to early  
childhood development among  
other duties. This position  
requires creativity, thoughtful  
planning, a collaborative mind  
set and the ability to move the  
Coalition forward towards its  
stated goals.  
Minimum requirements include  
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given to candidates with a  
background in early childhood  
development or education.  
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ability to work from home,  
salary negotiable depending  
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independently and as a team player. Job  
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Send resume to:  
Town of Orford,  
2529 Route 25A  
Orford, NH 03777

Application deadline:  
October 4, 2017 at 4:00 PM



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\$259,000 MLS# 4659069



Gilford:

Great opportunity to own in a desirable Gilford neighborhood. This 3 bedroom raised ranch on 1.23 ac. has such potential! The home is being offered below town assessment is and priced to reflect that work that should be done.

\$189,900 MLS# 4659619



Center Harbor:

Beautiful gently sloping waterfront lot on Lake Waukegan. Property includes 3 BR camp, plus a 2 BR mobile home and detached garage. Property could be renovated or tear it down and build your dream home!

\$375,000 MLS# 4659278



Meredith:

Your own island on Lake Winnepesaukee! Gypsy Island is surrounded by a white sandy shoreline, woodlands and wildflowers. The view from any side of the island is breath taking. There is a rustic 2 BR, 1 BA camp on the island presently.

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BEAR ISLAND - TUFTONBORO

// “Hole In The Wall” cottage nestled on the shore of Little Bear Island. 2.48 acres, 100’ Waterfront, 1-Bedroom with loft, great upper and lower decks, fieldstone fireplace.

\$319,000 (4646328)

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// Ideal location: on corner of Whittier Highway and Redding Lane. Fantastic visibility, high traffic count, next to established convenience store. Zoned Commercial “X”. Great opportunity for developers.

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**Tamworth, \$1,100,000 #4659842**  
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**Moultonboro, \$845,000 #4658605**  
Lake Winnepesaukee treasure - 2 very charming & well maintained homes, 2 beautiful sandy beach areas, 2 docks. Main house is year round with full basement, Guest house is seasonal.



**Moultonborough \$745,000 #4493115**  
Crystal clear sandy waterfront and fantastic views are just a couple of the great features of this property.

**Shelly Brewer 603-677-2535**



**Gilford \$429,000 #4636425**  
Private farm house sitting on 59 +/- acres less than a mile north of Gunstock Ski Area. Potential for development. Fields and panoramic views overlooking Lake Winnepesaukee & Gunstock Mountain.

**Ellen Mulligan 603-387-0369**



**Sanbornton, \$374,000 #4652083**  
Webster Farm is a lovely, charming Antique Cape in a great private setting with 20 +/- acres. The home has beautiful woodwork and many other original features.

**Susan Bradley 603-493-2873**



**Meredith, \$359,900 #4648917**  
Desirable Meredith location- Spacious colonial set on 1.6 acres beautifully landscaped, private and only a mile from downtown Meredith! 2 car garage, 3 bedrooms, 3 baths.



**Belmont \$329,000 #4606143**  
Beautiful Contemporary home on over 50 acres for privacy and viewing wildlife, yet close to everything! Custom built features and double walled construction for efficiency.



**Moultonboro, \$309,000 #4635865**  
Moultonboro, NH Lake Winnepesaukee beach access 3 bedroom, 2 bath on .48 acres. 3/10's of a mile walk to beach.



**Holderness, \$279,000 #4638304**  
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**Dave Malone 603-455-1358**



**Meredith \$228,900 #4625726**  
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**Bruno Coppola 603-244-9544**



**Moultonboro \$219,900 #4647314**  
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**Barbara Mylonas 603-344-8197**



**Ashland \$169,000 #4477092**  
4 bedroom home with a 2 BR in-law and attached barn. A large yard with inground pool, multiple decks and perennial gardens.



**Laconia, \$145,000 #4658730**  
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**GOV WENTWORTH HWY \$2,350,000**



**WOLFEBORO:** Fantastic estate property on over 64 hill-top acres with 7BR/7BA Georgian Colonial and spectacular mountain and water views. A 5-stall horse barn with tack room and hayloft completes the picture. Don't miss this one!

**MARTIN HILL ROAD \$1,300,000**



**WOLFEBORO:** Perfect for the whole family with 4,300 sq ft of living space, hardwood & tile floors, updated baths, granite, stainless and more! Enjoy the large deck, beautifully landscaped yard and even a three-hole putting green!

**POINTE SEWALL ROAD \$750,000**



**WOLFEBORO:** A nature lover's dream on Willey Brook! There's a 3BR main house, 2BR guesthouse, four-car garage and deck on 35 wooded acres. Homes feature all high-end finishes with smart home technology in the main house too!

**CENTER STREET \$997,500**



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2 second floor units. Each 2BR/1BA, with one featuring a private screen porch.

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**Brown Road.....\$33,500**

**WOLFEBORO**  
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**Center Street.....\$479,000**

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Starting Point is committed to reflecting the population demographics of Carroll County, all individuals are encouraged to apply.


**AUG 2011**




23




24



25





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|  |  |                           |  |
|--|--|---------------------------|--|
| <br><b>2017 KIA FORTE LX</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small>        | <b>MSRP</b> \$17,915<br><b>AutoServ</b> -\$212<br>Customer Cash Rebate -\$2500<br>#KC7264  | <b>SAVE UP TO \$2,712</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$205</b> /36 MO*<br><b>ZERO DOWN!</b> |
| <br><b>2016 KIA SOUL</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small>            | <b>MSRP</b> \$17,115<br><b>AutoServ</b> -\$206<br>Customer Cash Rebate -\$1500<br>#KC7208  | <b>SAVE UP TO \$1,706</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$226</b> /36 MO*<br><b>ZERO DOWN!</b> |
| <br><b>2017 KIA OPTIMA LX</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small>       | <b>MSRP</b> \$24,220<br><b>AutoServ</b> -\$637<br>Customer Cash Rebate -\$3000<br>#KC7165  | <b>SAVE UP TO \$3,637</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$246</b> /36 MO*<br><b>ZERO DOWN!</b> |
| <br><b>2017 KIA SPORTAGE LX AWD</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small> | <b>MSRP</b> \$26,010<br><b>AutoServ</b> -\$808<br>Customer Cash Rebate -\$1000<br>#KT7262  | <b>SAVE UP TO \$1,808</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$262</b> /36 MO*<br><b>ZERO DOWN!</b> |
| <br><b>2017 KIA NIRO LX</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small>         | <b>MSRP</b> \$24,625<br><b>AutoServ</b> -\$651<br>Customer Cash Rebate -\$500<br>#KT7237   | <b>SAVE UP TO \$1,151</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$279</b> /36 MO*<br><b>ZERO DOWN!</b> |
| <br><b>2017 KIA SORENTO LX AWD</b><br><small>FREE OIL CHANGES FOR LIFE! *<br/>FREE STATE INSPECTIONS FOR LIFE!</small>  | <b>MSRP</b> \$31,835<br><b>AutoServ</b> -\$817<br>Customer Cash Rebate -\$3000<br>#SKT7295 | <b>SAVE UP TO \$3,817</b> | <b>SIGN IT &amp; DRIVE IT LEASE</b><br><b>\$323</b> /36 MO*<br><b>ZERO DOWN!</b> |



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\*Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo offers or any direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all NH taxes & fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). 10K miles per year lease. Financing thru Kia Motors Finance. KIA 36 month leases: #KT7237: TOP \$10,044 S&D, LEV \$14,036; #KC7264: TOP \$7,380 S&D, LEV \$7,703.45; #SKT7295: TOP \$11,628 S&D, LEV \$16,236; #KT7262: TOP \$9,432 S&D, LEV \$15,086; #KC7208: TOP \$8,136 S&D, LEV \$8,899.80; #KC7165: TOP \$8,856 S&D, LEV \$12,594.40. Oil change offer limited to maximum value of \$40 per oil change. See dealer for details. All offers end on Sept. 30, 2017.