

Newfound Landing

THURSDAY, AUGUST 30, 2018

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COMPLIMENTARY



DONNA RHODES

At the 2018 Bristol Old Home Day celebration, Town Moderator Ned Gordon (center) was pleased to present Jan Laferriere (left) and John Bianchi (right) with this year's Community Spirit Award.



DONNA RHODES

Six-year-old Lillian chilled out with a water balloon on her head at last weekend's Old Home Day celebration in Bristol.



DONNA RHODES

Abbey and Madison created special foot soaks last weekend as one of the numerous activities available for both young and old at Bristol Old Home Day.

Bristol enjoys fair weather and fun for Old Home Day

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL – Mother Nature smiled on the Town of Bristol when its 2018 Old Home Day celebration was met with sunny skies and toasty summer temperatures and people flocked to Kelley Park to enjoy food, fun and friendship along with the great shopping opportunities and activities that folks of

all ages enjoyed. Headlining the morning activities was the presentation of the Community Spirit Award. Recipients this year were Jan Laferriere and John Bianchi, each of whom have served the community well in many capacities over the years. Laferriere, the "Go To" person at town hall who serves as an administrative assistant

on several town boards and committees, was humble in her thanks to all for the honor. Bianchi however, who has served as a multi-year member of the fire department and on numerous town committees since he moved

to Bristol many years ago, took a moment to express the gratitude he felt for the town's distinction. "It's been a pleasure to come to Bristol," he said. "When I finally retired in 1995, I told my wife we were free to

go anywhere we wanted but I'm still here. It's been a wonderful trip...I didn't do any of this for the awards, but they are still appreciated." Following the presentation, residents and visitors roamed

Kelley Park. There they enjoyed shopping at the pop-up market place of vendors, perused the Historical Society's books and displays, grabbed a bite to eat from the Bristol Lions

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Offices closed for Labor Day

The offices of the Newfound Landing, located at 5 Water St. in Meredith, will be closed Monday, Sept. 3 in observance of Labor Day. We will re-open for our usual hours of operation,

8 a.m. to 4 p.m., on Tuesday, Sept. 4. The staff of the Newfound Landing would like to wish our readers and advertisers a safe and enjoyable Labor Day weekend.

Woman indicted on charge of hiding dead newborn in storage unit

BY THOMAS P. CALDWELL
Contributing Writer

PLYMOUTH — Grafton County Attorney Lara Saffo will be seeking the arrest of a former Bristol woman following her indictment by a Grafton County Superior Court Grand Jury. The grand jury found there was sufficient evidence to bring Gretchen Digman, 42, formerly of 170 Lake St., Bristol, to court on a charge of concealing her baby's corpse in a metal box inside a Plymouth storage unit.

The indictment states that the child, determined to be about 36 weeks' gestation, was kept in "one or more storage units" in Plymouth following her death between Jan. 1, 2014, and May 9, 2016, and that Digman failed to notify authorities of the baby's existence.

A baby is not considered to be full-term until it reaches 39 weeks of gestation.

Plymouth Det. Sgt. Aimee Moller conducted the investigation, but neither she nor Chief Stephen Lefebvre would comment on the case, referring questions to Saffo.

The county attorney said she could not say more than what was contained in the indictment, but she did clarify that there is no pending investigation into a non-indicted person, Clarence Digman. The indictment stated that Gretchen Digman "knowingly, acting individually and/or in concert with Clarence Digman," concealed the

SEE NEWBORN, PAGE A10

By Donna Rhodes
drhodes@salmonpress.news

DANBURY – Before the school bells rang on Aug. 29, students of Danbury Elementary School were invited to attend an ice cream social last Friday evening where they could not only enjoy dessert but spend time chatting with some of their friends and the faculty from DES. Some of the some boys and girls were returning students but several were getting ready for the

SEE ICE CREAM, PAGE A10



DONNA RHODES

Students at Danbury Elementary School enjoyed an ice cream social last Friday before they headed to class this week.

Bristol petitions for special town meeting

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — The town has petitioned Grafton County Superior Court for permission to hold a special town meeting on Thursday, Nov. 1, to consider the purchase of the former Newfound Family Practice building and renovate it for use as a municipal building.

The one-article warrant calls for appropriating \$899,637, of which

\$335,800 would cover the purchase of the building from LRGHealthcare. The remaining \$563,837 would cover \$438,000 in renovations plus architect's fees, both of which include contingency amounts to cover unexpected costs that may arise.

Selectmen plan to apply \$250,000 from the town's unexpended fund balance to reduce the amount the town

would have to borrow to \$649,637.

Ned Gordon, who served as chair of the space needs committee that sought out options for the town offices and police station, questioned the selectmen's approach, saying that instead of looking at overall renovations to improve the building, the town should look at priorities for making it suitable for town office

use. "I've gotten beaten up enough at the public hearings that I think I know where the people are," Gordon said. "We all started out agreeing that the outside of the building is in good shape, and when we toured the building, we agreed that the town could move in tomorrow and use the building as

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DONNA RHODES

Servers at your service

Members of Bristol's Fire Company were prepped and ready for the crowds who attended their annual spaghetti dinner at the Bristol Fire Department last Friday.



DONNA RHODES

Officer Nick Kelly of the Bristol Police Department walks away as his K9 partner Arro attacked Officer Dakota Van Tassel during a demonstration at Bristol's Old Home Day in Kelley Park last Saturday.



DONNA RHODES

Officer Dakota Van Tassel was lowered to the ground after being hit with an Electronic Control Weapons during a special presentation on alternative weapons by the Bristol Police Department during Old Home Day.

Police K9 demonstration wows the crowd at Bristol's Old Home Day

BY DONNA RHODES

dhrhodes@salmonpress.news

BRISTOL — Officer Dakota Van Tassel of the Bristol Police Department took not one, not two, but three hits for the team during demonstrations at Bristol's Old Home Day celebration on Saturday, Aug. 25, volunteering to not only climb into the "Bite Suit" for two demonstrations with the town's K9 officer Nick Kelly and his partner Arro, but to be tasered during yet another public presentation.

The morning began with Van Tassel climbing into the heavy protective suit where he had volunteered to act as a fleeing suspect. Kelly gave the commands to his canine companion and Arro responded by leaping at Van Tassel in his effort to take the "suspect" down. While the suit provided protection from Arro's powerful grip, the pressure from his bite and the heat and weight of the suit did not make it an enviable task.

Van Tassel then took a break from that well-received demonstration as Chief James McIntire and Lt. Timothy Woodward scooped up cones of free ice cream for the crowds.

Later in the day, Van Tassel steeled himself once again as he prepared to be tased by Bristol Police Officer Chris Carter. That presenta-

tion revealed what it was like when law enforcement has to utilize Electronic Control Weapons on fleeing or violent suspects.

Carter came to BPD after a career with the New Hampshire State Police. He is also a law enforcement trainer in the use of ECWs and explained to the crowd at Kelley Park how the weapons work.

"An ECW puts out 50,000 volts of electricity that can go through the clothing but only 12,000 volts actually reach the person," he said.

Those electrical volts, delivered through two prongs shot from the gun, are designed to only impact non-smooth muscles in body (not the heart and other vital organs) that render a suspect physically immo-

ble for a brief time. "We can use this from 25 feet or as a 'drive stun,' up close, depending on the circumstances," explained Carter.

As he shouted out the standard warning to halt, Carter then aimed his ECW at Van Tassel's back and pulled the trigger.

For his safety, two officers held on to Van Tassel's arms and low-

ered him to the ground when the voltage impacted him. After just a minute or so on the ground however, he stood up and waved to the crowd.

"Thank you! I'm okay," he reassured everyone with a smile.

Onlookers were impressed by the demonstration.

"Wow, I've never seen anyone actually get tased. That was scary,"

said one woman.

Van Tassel, one of the younger members of the Bristol PD, wasn't done yet though. He, Officer Kelly and Arro held yet another K9 demonstration later that afternoon before Van Tassel pitched in to help serve the lobster/chicken dinner along with some of his fellow officers.

"It's all good," he said with a smile.

Minot Sleeper Library presents "Wild Africa: a year in Botswana"

BRISTOL — Caleb and Carli Bryce, researcher and photographer respectively, recently returned from a one-year carnivore research program in Botswana, Africa. On Thursday, Aug. 30 at 7 p.m., the duo will share their experiences at the Minot-Sleeper Library. The picture presentation will include a discussion about their encounters with numerous wild animals, including leopards, baboons, elephants, lions, spotted hyenas, venomous snakes, and the challenges involved with wildlife conservation efforts.

During their time abroad, the Bryces worked as research coordinator and camp

operations managers for Botswana Predator Conservation Trust. Founded in 1989, the BPCT is one of the longest running wildlife research and conservation programs in Africa. Now in its 29th year, the BPCT continues to monitor and study the abundance, distribution, and behavior of African wild dogs, lions, leopards, cheetahs, and

spotted hyenas—and their prey—in Botswana's Okavango Delta.

Caleb Bryce, Ph.D., was in charge of coordinating all research for the BPCT. Beyond his own research endeavors for the project, his responsibilities included supervising graduate students, and local research assistants while managing relationships with local stakeholders.

Carli Coco Bryce was in charge of the management of the field camp including logistics, daily camp operations, supply logistics and staff. As a wildlife photographer, she captured photos and videos of the project's daily conservation fieldwork operations, which she shared with the world via social media platforms.

"Wild Africa: a year in Botswana" on Thursday, Aug. 30 at 7 p.m. at the Minot-Sleeper Library, 35 Pleasant St., Bristol is free and open to all ages. Refreshments will be provided by the Friends of the Library. For more information about this and other lectures presented at the library, please call the library at 744-3352.

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DONNA RHODES

And they're off!

Stand Up Newfound had 36 people of all ages take part in their annual 5K run/walk on Old Home Day, and proceeds from the event this year were designated to assist a local family in need.

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All photos by Donna Rhodes




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CADY Corner

What is K2, and why is it dangerous?

BY DEB NARO
Contributor

Shocking stories about the use of synthetic marijuana, or K2, have been sweeping newsstands and social media channels. That is because an alarming number of individuals using the drug are flooding emergency rooms and police departments, acting violent, delusional, anxious and combative. U.S. Poison Centers have experienced a 229 percent increase in calls related to use and the Center for Disease Control and Prevention has declared the number of synthetic marijuana overdoses an outbreak. But what exactly is synthetic marijuana and why is there a spike in use?

The rise in synthetic marijuana is complex and its name is deceiving. Synthetic marijuana is nothing like traditional marijuana. Synthetic marijuana is a mixture of industrial chemicals intended to mimic the effects of THC, the naturally occurring active compound found in marijuana. The chemicals are sprayed on bits of dried plant material, packaged in colorful wrappers, nicknamed "poison packets," and sold under the guise of potpourri and herbal incense in local convenience stores, smoke shops and even online. Synthetic marijuana use can lead to side effects like rapid heart rate, vomiting, agitation and hallucinations.

The most widely known synthetic marijuana is called "Spice" or "K2," which is banned in the U.S., along with several of the individual chemicals used to make it. Then why is it still so readily available? A crucial piece of the puzzle is that chemists are constantly tweaking the molecular makeup of the drug to create new compounds and avoid regulation. With the chemical makeup of these drugs constantly changing, law enforcement agencies are unable to keep up. So, these new variations of the drug are technically legal to sell, distribute and use. Even more concerning is that the side effects of these drugs are unknown and unpredictable, prompting surges in emergencies related to their use. One of these new, modified compounds dubbed "spike" triggered an outbreak of overdoses in Syracuse, N.Y. with as many as 20 individuals overdosing per day. Recently in a New Haven, Conn. park more than 70 overdoses occurred in a 24-hour period due to the substance being laced with an opioid.

Because of its lower cost than marijuana, as little as one dollar, the drug is frequently used by homeless and poor individuals, as seen in Harlem, N.Y. Many of these individuals suffer from untreated psychiatric disorders, which may increase the negative side effects of synthetic marijuana. Synthetic marijuana dealers are targeting this community, staking out clients near drug treatment centers, homeless shelters and mental health clinics and even smuggling the drugs into jails and psychiatric centers.

What is being done to combat the problem? States across the U.S. have issued public health alerts and are working to introduce legislation to limit the sale, possession and use of synthetic marijuana.

In addition to focusing on penalties, it's imperative that state and local governments also provide effective intervention and treatment for those addicted or engaging in risky use of the synthetic drugs. Stricter penalties and legislation alone will not prevent or treat the current epidemic or address the profound social needs of some of the highly vulnerable groups of users.

For more information, visit our Web site at cady-inc.org. If you or someone you know struggle with addiction or substance use, please call the NH Statewide Addiction Crisis Line at 1-844-711-4357 for help.

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

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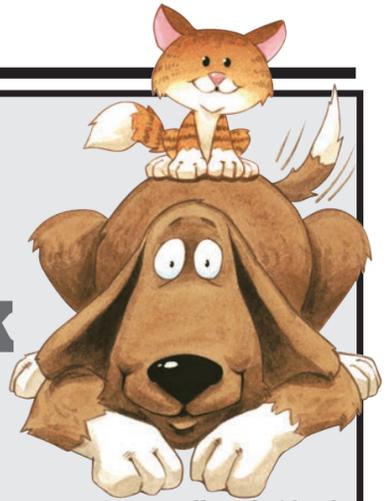
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PET of the Week Chance



CHANCE: so named by his original shelter, all the way down in South Carolina, this sturdily built canine travelled a very long way for his "second chance". Sadly overlooked, he's been waiting since June 1st for his lasting forever home.

Medium sized brown dog, just about 50lbs - he seems to have faded into the background of the adopting public's consciousness and after this length of time, as the prettier, more obviously purebred, and cute tiny puppies leave the building, he remains, forlorn and lonely.



We know he would be a good dog with some guidance away from the shelter. For some dogs it's just is too loud, too busy, to

reactive for them to cope with the constant stream of visitors, and proximity of other canines.

Ideal home, Chance

is actually afraid of cats! He may be able to enjoy the company of another dog at some point in his life, maybe a local canine playmate. We must be very clear, he has had no experience that has been positive with children and really needs an adults only home.

Please come and visit this sweet two-year-old Shepherd mix today and chat with one of our knowledgeable adoption staff. We really want to make the right match for him.

Shelter is open on Weekends, 11-4 and every day except Mondays and Wednesdays Noon to 5p.m Check www.nhhumane.org

Community rights - A response to Northern Pass appeal

BY MICHELLE SANBORN
NH Community Rights Network

Alexandria

Eversource recently appealed to New Hampshire's Supreme Court, contesting the Site Evaluation Committee's (SEC) denial of Northern Pass. This appeal was expected by those in the NH community rights movement because when corporations don't get the answers they want, they challenge the decision-making system, with only required consideration for the wishes of people affected by a proposed project.

This kind of corporate jockeying is par for the course in a state and federal decision-making system made up of a web of regulatory agencies that operate not to protect people and planet but to facilitate corporate applications like that for Northern Pass. Were the system truly designed to protect rather than to facilitate, local people affected by proposed corporate projects would sit at the decision-making table with real authority, not merely with permission to make token public comments regarding their local needs.

Corporations like Eversource take advantage of this clear imbalance in determining power. In the case of Northern Pass's SEC process, Eversource condescended to communities all along the way. Anyone opposed was disregarded as biased—as anti-progress, anti-"clean energy," anti-supposedly reduced energy costs and anti-jobs. Dismissed were the voices of the people on the ground who would feel the real effects of the project where they live—effects including long-term disruption of their human communities and the ecosystems therein.

True, people spoke out against Northern Pass despite their mere advisory capacity, and true, the SEC denied the project application. But the two are not correlated. The SEC did not deny Northern Pass because the people didn't want it. Nor did the SEC deny it because it wasn't good for New Hampshire's people, economy, or environment. Had either been the case, the SEC would have denied Northern Pass long ago, for the people clearly and vocally haven't wanted it for some eight years.

The SEC denied the project because the application didn't meet the required criteria. If the application had met all the criteria, then the SEC would have been legally obligated to approve it because the SEC, like all regulatory agencies, is in place to facilitate the operating of corporate projects. Period.

Strategies for Living *On the darkest of days*

BY LARRY SCOTT

Sitting in my office one Saturday afternoon, I was relaxed, listening to the music my wife had on in the living room of our home. Bill Gaither and his Vocal Band has always been a favorite of ours, but one song that afternoon brought back dark memories of a time I shall never forget. As the quintet began to sing, At the Cross, an old Christian hymn, I

broke into tears.

I remembered well the day I first heard the Vocal Band sing this same rendition. I was half-way across Texas in my 18-wheeler going nowhere. Where I picked up the CD or cassette with that particular song, I do not know. I just know that as the Vocal Band began to sing, something electric began to happen. "At the cross, at the cross, where I first

saw the light, and the burdens of my heart rolled away. It was there by faith I received my sight, and now I am happy all the day."

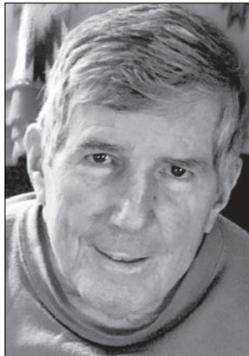
But I wasn't. Far from enjoying my ride through life, it was a time of trauma, uncertainty, and despair. I began to sing with them. The song was well-known, a hymn with which I was familiar from my earliest days. But this time

was far from routine. I began to sing with them, but never made it though the chorus. I wept uncontrollably, and for a few moments, the cab of my truck became a sanctuary. God was there and that day marked the beginning of my reconstruction. Slowly, without fanfare, I began to put my life back together.

I realize that many of
SEE LIVING, PAGE A10

North Country Notebook

How to handicap a squirrel race? Only Rocky and Bullwinkle know



By JOHN HARRIGAN
COLUMNIST

Editor's note: Mr. Harrigan is currently on an extended hiatus. The following column was originally published on April 18 of this year.

Friends and family know that I relish foul weather, particularly a good snowstorm, so I'm not much for fuzzy-bear replies to complaints. To the collective whine about last week's two days of snow ("In April, for Pete's sake!"), my reply was that a lot of people have very short memories. A couple of times, I just said "Move."

This is mitigated, of course, by the fact that about half the people I see and deal with day in and day out are half my age or younger. I bumped into a particularly young-looking officer of the law the other day and wanted to ask him, kiddingly, if he'd started shaving yet.

While it's true that we're more likely to get rain and sleet on either end of winter these days, snow is hardly a stranger in April. Wildlife biologists in particular worry about late-spring (that means April) snowstorms that can force deer into the yards again when they're low on energy and need to roam for food.

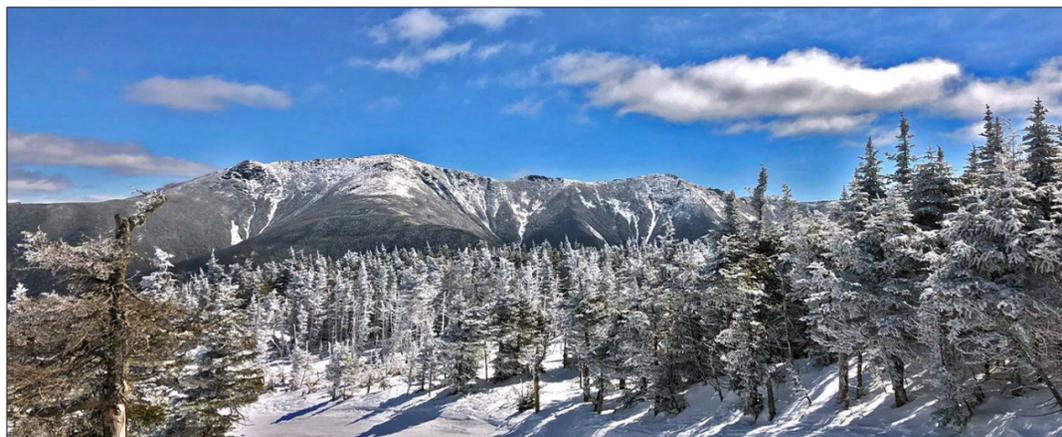
This has happened several times over my career, and I've participated in line-searches in winter yards to count the remains, in an attempt to gauge mortality. This has always been something of a joke, because any remains aren't apt to be around for very long, given scavenging by coyotes, foxes, raccoons, crows, ravens, and any other creature out there in this eat or be eaten world.

They make quick work of any carcass, as any farmer who's had to drag dead cows out to the bone-yard will tell you. The exception is the hip-bone, and of course the femur. In the dog family, only the wolf has the jaw-power to crush the femur. That's why it was big news a decade or so ago when biologists found a crushed femur in a deer yard in just-over-the-border Hereford, Quebec.

+++++

Compatriot columnist Cheryl Kimball writes a nice, breezy column for the Saturday's Features section of the Union Leader, and this past week's topic was "nuisance" animals, and what to do about them, or not.

There really is no such thing as a nuisance animal, Cheryl pointed out, especially when we (the collective "we") keep pushing into their habitat for house lots. Often, she noted, there are ways to live with these



Weldon Bosworth — Courtesy Gilford's Weldon Bosworth took this photo from near the top of Cannon Mountain. Much of the Franconia Ridge Trail is in the distance, including Little Haystack, Lincoln, Liberty, and Lafayette. Weldon reported no black flies or peepers

creatures, a far more laudatory and pleasant approach than trying to kill them.

Cheryl had a photo of a young porcupine gnawing way in one of her ornamental shrub-beries, but rationalized that it "doesn't deserve to be shot." Now, before you inundate me with mail, I'm well aware of the horror of your dog coming home with a muzzle and mouth full of quills, which for all but the well prepared (heavy leather gloves, pliers, experience) means a trip to the vet.

Her answer? Control her dogs, especially at dusk and dawn when quill pigs are known to roam. "On the sad occasion of our dogs getting quilled," she wrote, "consider it good citizenship to keep our local veterinarian in business."

+++++

I share Cheryl's reluctance to kill creatures, except, of course, the likes of clapboard flies, ladybugs and (ugh) ticks. Still, with even the most appealing of creatures there comes a threshold.

In my former more

Clint Eastwood-like days, I maintained a red squirrel kill zone around the house. Now, these are about as cute and neat and fun to watch little creatures as they come, but they are not so cute when they take up residence in the house and begin searching out cupboards and drawers. At the urging of friends and family, I softened up my kill zone mindset, opting for "Kumbaya" instead.

It doesn't work. This is an old farmhouse, with no practical way to make squirrel-proof.

The squirrels have been holding what sounds like the Camptown Races (doo-dah) in the livingroom ceiling. I think they are about to have babies.

Out comes the scoped .22, and the box of shorts.

+++++

After three (count 'em, three) surgeries on the same hip I had plenty of rest and rehab to address, and did so at a fine and somewhat off-the-radar facility known to everyone throughout the North Country and the state simply as "The Morrison." Its great

hulk of a brick building, with two majorly modern wings, sits atop a hill just west of Whitefield's town common, hence the "below the radar" remark. This becomes moot, however, with construction nearly complete on an extended campus just south of the road to Littleton.

People who work at nursing homes, rehabilitation facilities or just plain retirement homes are blessed with the strength of Samson and the patience of Job. You name it, and they've seen it and dealt with it.

As a guy who once ran three newspapers and a printing plant I did my share of hiring and (hardly ever) firing, and thus I have a habit of rating any enterprise on its people. In this category and many others, The Morrison shines.

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

The battle for biomass: David vs. Goliath

BY SEN. BOB GIUDA
NH District 2
Warren

The veto override debate over SB365 and SB446 is raging. These bills support small local renewable power generation capacity – a threat to the giant utilities with vast transmission and distribution monopolies. Killing off biomass capacity and limiting local power networks will only tighten their chokehold on the electricity industry.

This article will only address SB365 because the consequences of its veto becaus, unlike the veto of SB446, failure to override SB365 will cause the death of an industry with serious consequences to the state economy.

New England and New Hampshire need reliable energy fuel supplies to prevent brownouts and blackouts and to grow our economy. We need multiple energy sources to ensure reliability and price stability. Last winter, New England's spot natural gas prices were the highest on the planet – far higher than biomass. Killing our biomass plants is exactly the wrong thing to do, as other states' scheduled closing of fossil and nuclear mega-powerplants will remove more base load capacity from the grid, with little replacement capacity coming on line.

Opponents of SB 365 state that biomass is subsidized and unneeded. But large utility projects are also subsidized – by a guaranteed rate of return. And the oil and gas industries are subsidi-

dized by very favorable treatment in the federal tax code.

The Public Utilities Commission estimates the cost of SB365 to be about \$18.7 million/year. Cost to the average Eversource residential ratepayer? About \$1.78 extra per month until the bill sunsets in three years. And the claimed "savings" by vetoing SB365 for the three-year term of SB 365 is almost totally wiped out by the \$17 million increased cost for out-of-state producers to replace the lost in-state capacity. And this cost is forever, not just for three years.

It's critical to understand that the benefits of our small local powerplants extend far beyond the meter, because every single biomass dollar starts and ends in New Hampshire – not in South America, Mexico, the Middle East or Canada. If we don't override this veto, dollars once spent on New Hampshire energy will now flow to out-of-state producers. We will lose 900 jobs directly, and dozens more in the local stores and businesses that provide supporting goods and services. (Note: immediately after the vetoes, \$9 million in heavy equipment sales were

canceled – all from distributors south of Concord.) Towns will lose property and timber tax revenues. Farmers will lose wood ash fertilizer for their fields. World-class management of our forests – an essential part of our tourism and recreation industries – will deteriorate.

Again: every single biomass dollar is a New Hampshire dollar, providing hundreds of New Hampshire jobs, supporting hundreds of New Hampshire families, and generating millions in state and local tax revenues.

Our choice is simple: we can give biomass a 3-year lease on life, or we can kill it forever. If we kill it, New Hampshire will remain hostage to the ever-increasing costs of the antiquated system of mega-plants and transmission lines run by out-of-state agencies and managed by virtual monopolies with rates of return guaranteed by law. (Note: Shortly after these vetoes, Eversource was granted a 19.2 percent rate increase.)

The real issue here is our commitment to energy independence. Biomass, solar, hydro, wind and geothermal power are the only sources of renewable

energy "indigenous" to New Hampshire; wind is outrageously expensive, and not economically viable. The Legislature was right when it voted to pass SB 365 & SB 446 with overwhelming bipartisan majorities.

The real impact of these vetoes goes far beyond the false savings of \$1.78/month on your electric bill. They enable big utilities to further consolidate their chokehold on the electricity industry, and they will forever eliminate an exclusive New Hampshire energy source that might just be part of the answer to our quest for true energy independence.

Ask yourself why vested interests supporting huge faraway

powerplants and massive transmission and distribution systems want to kill sustainable, locally produced sources of energy and prevent the emergence of small local energy networks. Ask yourself why the Burgess powerplant bill gave Eversource a 20-year monopoly over biomass power production in New Hampshire. Ask yourself who benefits from maintaining existing system of transmission/distribution monopolies whose costs often exceed the cost of the electricity itself.

And then ask your State Representatives and Senators to vote to override the veto of SB365. David bested Goliath once. We can do it again.

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Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Time for summer festivities to wind down a bit, leaving them to weekends. School is opening, so please be mindful of busses making their stops and children crossing the roads. Had a nice chat with my sidekick, who is looking forward to the new school year, which I'm sure will be full of adventures for everyone.

Town

Alexandria Fire Fighters Association Annual Pig Roast Saturday, Sept. 1 at 5 p.m. at the Town Hall in Alexandria. On the menu is roast pork, corn on the cob, baked beans, potato salad, cole slaw, homemade rolls, beverages, and assorted desserts. Cost of the dinner is \$14 for adults and \$5 for children under 12 years. Come on out for a wonderful meal, good companionship and support a worthy cause!

Saturday, Sept. 1, Conservation Commission Roadside Cleanup Day. We will meet at the Municipal Building at 9:45 a.m., with pickup beginning at 10 a.m.

Board of Selectmen Meeting Tuesday, Sept. 4 at 6 p.m. in the Municipal Building.

Alexandria UMC

Sunday, Sept. 2, services will begin at 9 a.m. There will be a meeting of the Sunday School Staff meeting immediately following services. Sunday School will resume in October and all are welcome.

Thursday, Sept. 6, there will be a Pastor Parish Relations Committee meeting at 6 p.m. in the Vestry.

Another beautiful day is calling me outside to enjoy the fresh air and sunshine, so that's where I'm headed. May you have a safe Labor Day weekend ahead. Be safe in your travels, kind in your words and perform random acts of kindness, wherever you may go.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

No article last week, as I was out enjoying God's creation with my girls and grand boy. We had a great three days, and the weather cooperated...no fun backpacking and camping in the rain. The pond water was warm and the sunsets fantastic. It's a joy to live in this part of the country where we can find places like this to regroup and recharge.

The Town wants to express a huge "Thank You" to all who made the Old Home Day a great time for all. The celebration was surrounded by rain in the morning and later in the evening, but for reports I heard it didn't keep people away. Everyone pitched in to help and the Ladders Thrift Store pitched in lots of food and a gift card to help us make this a great time for all. Thank you to the staff at Ladders and also to Janet Wallace and Ron Madden and his granddaughter and others for pitching in helping hands. Thank you to Elizabeth for the prep work and if I have forgotten anyone, please forgive me. I was not able to be there and I know that Gina was blessed by all this help that came to fill in when Elizabeth was unable to be there due to a death in the family. Thank you to all!

There was a Select Board meeting last night with several in attendance. The Select Board talked a bit about the perambulation that had never been completed (see last week's article). The job was never finished, but full payment was never made so the Select Board has closed the matter. There was a caveat in the contract stating that if heavy logging had been done through the area that needed to be marked that the marking would not be done as there would be no trees to blaze.

Building permits were signed for three proper-

ties; one three-bedroom home and two non-heated sheds. The town has received a grant for updating the Hazard Mitigation Plan update. The grant was for \$6,999 and the Town will kick in the remaining \$2,300 to finish the plan.

The Select Board reviewed the properties that will be going to deed this year.

There were three bids for the work that needs to be done on Province Road. The monies from FEMA for the July flood damage have come through and three local contractors have made bids for the work of putting in several culverts. Decisions will be made within the next couple of weeks.

The Road Committee has submitted a letter of recommendation for work that needs to be done to improve Sculptured Rocks Road before winter. Bubba will be getting some prices for grinding and rolling the level areas where the tar was lifted during the October flood. It may be some time before we see the money from FEMA for that road damage, so the monies will come from Capital Reserve.

The Atwell/Orange Bridge is to be completed by the end of September.

Don't forget that there are free library services to Groton residents. The library hours are Mondays, 4 - 7 p.m., Wednesdays, 1 - 5 p.m. and Saturdays, 9 a.m. - 1 p.m.

Scheduled Meetings and Office Closures

Select Board Work Sessions - Tuesday, Sept. 4 and 18 at 5 p.m., all at the Town House.

Select Board Meetings (open to the public) - Sept. 4 and 18 at 7 p.m. at the Town House

There will be a Planning Board Meeting Wednesday, Aug. 29 - 7 p.m. at the Town House

The Conservation Commission will meet at the Town House Thursday, Sept. 12 at 7 p.m.

NH State Primary Voting at the Town House on Sept. 11. Polls open at 8 a.m. and close at 7 p.m.

Total of all taxes due to the Town as of Aug. 22 are \$165,477.95. We do have a Tax Kiosk on the Town Web Site so you may find out your tax balance only and if you would like to pay your taxes online use the Red Button on the Town Clerk/Tax Collector's page. If you should have any trouble with the online payment system, please call the Town Clerk at 744-8849.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Supervisors of the Checklist

The Supervisors of the Checklist will be in session at the Public Safety Building (Fire Station) on Friday, Aug. 31 from 7 to 7:30 p.m. New registrations, additions and corrections will be accepted but you will not be able to change party affiliation prior to the State Primary Elections on Sept. 11.

Supervisors of the Checklist

Barbara Brooks
Judy Dodge

Audrey Johnson

Hebron Community Breakfast

The next Community Breakfast is on Saturday, Aug. 4 in the Community Hall of the Union Congregational Church of Hebron. For \$4, we will be serving eggs, bacon, sausage, pancakes (and maybe french toast), hash, oatmeal, yogurt, fruit, pastries, juice, coffee and tea. But you must be an early riser as breakfast is served from 7:30 to 8:45 a.m.

"The Yard Sale" Sept. 15, 9 a.m. to 3 p.m., Newfound Country Store, Bridgewater
Jamie was diagnosed

about 5 years ago with Muscular Dystrophy... unfortunately, his disease is progressing more rapidly than anyone thought. He is now permanently in a wheelchair. All the proceeds from "The Yard Sale" will go toward a stem cell transplant that Jamie is holding hopes of receiving. This will be done in Mexico and possibly give him a chance to walk again. \$18000 must be raised to give Jamie the chance to get this appointment. Donations are being accepted from Aug. 2 through Sept. 13. If you have items for the yard sale please drop them off at Newfound Country Store (744-8616) or call Lynn at 254-9278. We as a community will have Jamie walk again!

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Pastor Ernie Madden
Phone: 968-9464

Email: accernie@hotmail.com

Website: ashlandcommunitychurch.com

Sundays:

9 a.m. - Early Worship Service, followed by coffee and fellowship in the church dining room.

10:30 a.m. - Contemporary Worship Service. Coffee and snacks are available in the back of the sanctuary before the service.

Toddler Zone (for infants - five years old) and KidZone (for K-6th grade) are available during the Contemporary Service.

Special Needs Class - For teens-adults at the Contemporary Service. Participants meet in the sanctuary for singing, and are dismissed to their class at approximately 10:45 a.m.

Kidzone:

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach age appropriate lessons in a loving atmosphere.

Alcoholics

Anonymous Group:
Monday's at 8 p.m. in the church dining room.

It is our desire to help you understand God's incredible grace, mercy and love. We believe that you will love Ashland Community Church. We are a friendly, loving, and caring church that studies and shares the word of our dear Lord and Savior.

Our Vision is to become a church that unchurched people will love to attend.

Our mission is to lead people to live and love like Jesus and to help others to do the same.

If you have any questions please don't hesitate to contact Pastor Ernie Madden at any of the contact information above.

Real Church, Real People, Real Simple

We look forward to seeing you on Sunday,

SEE CHURCH, PAGE A7

Obituaries

Gwendolyn D. Cantara, 78



ALEXANDRIA — Gwendolyn D. Cantara, 78, died Saturday, Aug. 25, 2018, at home after a brief illness. She was born in Littleton, the daughter of the late John and Madelene (Farr) Dexter. Although the family moved frequently while Gwen was growing up, she lived for a period in Pembroke and graduated from Pembroke Academy. Friends introduced Gwen to Bob Cantara on a blind date, and they married Dec. 23, 1959 and settled in Keene and started a family.

Gwen loved being a homemaker, mother and wife. She became active in the community of Keene as a member of the Keene Fire Department Ladies Auxilliary working on the Wednesday BINGO games. As the children grew, she worked with the Boy Scouts there as well. In

1978, the family moved to Alexandria. She continued to focus on family, and as the children grew up and left the home, she spent time working with her husband's business, Cantara Auto.

In her free time, Gwen enjoyed reading and crossword puzzles. She enjoyed watching cooking shows on TV and then experimenting in her own kitchen. As summer approached, she always looked forward to vacationing in Wells, Maine and spending time at the ocean. Her family will always

remember how happy she was when the whole family was able to gather together.

In addition to her husband Robert of Alexandria, she leaves two sons, Christopher (and wife Karen) Cantara of Alexandria and Stephan (and wife Robin) Cantara of Gilsom; two daughters, Teresa Clark of Swanzy and Melody Duquette of Alexandria; seven grandchildren; six great grandchildren; a sister, Mary-Louise Grandmason of Suncook; nieces and nephews.

In addition to her parents, she was predeceased by a sister, Ruth Miller.

A private Celebration of Life will be held at a later date. In lieu of flowers, donations may be made in her memory to the Alexandria United Methodist Church, 12 Washburn Rd., Alexandria, NH 03

Donald A. Downes, Sr., 87



BRISTOL — Donald A. Downes, Sr., 87, died Saturday, Aug. 18, 2018 after a brief illness.

He was born in Hartland, Vt., the son of Philip and Daisy (Sawyer) Downes. His youth was spent in Hartland, as a young adult he lived in Franklin and later moved to Meredith Center. He worked for Carpenter and Patterson and Rochester Shoe Tree before moving to Delaware where he worked for the University of Delaware. After retiring, he spent time in Virginia and Tennessee before returning to New Hampshire last year.

Family was everything to Donald. He was married to Ida Downes for 54 years and mourned her passing in 2017. Since returning to New

Hampshire he has enjoyed watching his grandsons' sports games and he will always be remembered as the Checkers Champion, never having lost a game.

Donald was a member of the Entercity Outreach Ministry and served as a Deacon of the church. He was an avid fisherman and especially enjoyed deep sea fishing. He enjoyed watching the NY Yankees and Giants play baseball and football.



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Church

FROM PAGE A6

and remember to just come as you are.

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Bristol United Church of Christ ("the church on the hill")

We are handicapped accessible!

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays

Pastor: Rev. Andrew MacLeod

Intergenerational Service: 10 a.m.

Coffee Fellowship: Following service

Sunday School: Will resume on Sept. 16 at 10 a.m.!

Notes

Our Sunday services will revert back to it's normal 10 a.m. time beginning Sept. 2! Note also, we welcome the return of Rev. Andrew from his Sabbatical leave. He and Pastor Mike will share the pulpit that morning. At this time, we would like to thank Pastor Mike for ministering to our congregation's needs in Andrew's absence.

Wheelchair accessibility can accommodate up to three wheelchairs in our Sanctuary!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

Office Hours

Main Office - Monday through Friday - 9 a.m. to noon

Pastor's hours: Monday through Thursday - 9 a.m. to noon and other times by appointment.

Rev. Andrew's Home Phone: 217-0704

Email: pastorbucc@my-fairpoint.net

Weekly Events:

Mondays: A.A. Step meeting - 7:30 p.m.

Tuesdays:

Bone Builders - 9:30 a.m.
Senior Crafts: 9:30 a.m.
Senior Luncheon - Noon
AA Discussion - 8 p.m.

Wednesdays

Morning Reflection continues to be extremely successful, with Don Sorrie leading us in discussing devotions by women from the NIV Bible. Our participants are thoroughly enjoying these sessions, and look forward to further discussion, contemplation prayer, and peacefulness for the days ahead! Note: We are presently gathering on Wednesdays at 7:30 a.m. It has been so popular, that Don and the group have extended this gathering through September, and possibly October! Coffee provided. Come join us, and bring others for a time in God's word.

Fridays: Bone Builders - 9:30 a.m.

Monthly Events
WIC (Women/Infant/Children) Clinic - 2nd Monday at 8:30 a.m.

T.E.A. (Time, En-

courage, Accept) - for Women

3rd Tuesday at 4 p.m. Meeting place varies.

Check with the church office for exact place and time.

Women's Fellowship - Next meeting - Thursday, Sept. 13

Several of our members are continuing their work on smaller, inexpensive crafts to be exhibited for sale at the annual Christmas Bazaar. It's not too late to join in the fun!

Our Women's Fellowship Bake Sale was held at the Bristol Olde Home Day celebration on Saturday, Aug. 25! Thanks to everyone who helped, we had another successful day!

Ongoing:

Bristol Community Services is in need of many items...in particular: peanut butter, baked beans, spaghetti sauce, instant potatoes, instant oatmeal, jelly, soups, rice, cereal and canned vegetables. Please help if you can!

Events

Our new menu for our monthly church suppers is out! Leading off on Sept. 8, a roast turkey dinner is always a favorite! Following on Oct. 6, will be a delicious roast pork dinner, and Nov. 10 boasts another favorite, our famous pot roast! Stay tuned for more to follow!

Adults \$9. Children \$4. Serving 5:30 to 7 p.m.

Take Out Available: 744-8132

Our Ice Cream Nights for this season have been held on Wednesdays, at 7:30 p.m. The time was changed to 7 p.m. to accommodate the shorter daylight hours. During the course of the summer, we have visited Shackett's on West Shore Road, Newfound Grocery on Route 3A in Bridgewater, and The Big Catch on Shore Road in Bristol.

Rain did not seem to dampen anyone's spirits, as our turnout has been great and we've had fun, no matter the weather! We look forward to next season!

We are still hoping to form a Ukelele Band, come September. If interested, ukeleles and basic instruction will be provided. Sounds like fun!

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

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Holy Trinity Parish

Holy Trinity Christian Life Center progress

The asbestos removal company is busy removing all harmful materials from the existing parish hall. It will then be demolished which will create parking for while the center is being built to the side of the church. We are grateful for all of the support, and all of your contributions. It's never too late to donate, and there are envelopes in the back of church for this purpose.

Faith Formation changes

By now, you have probably heard that the Diocese has become the twelfth state in the U.S. to restore the order of the sacraments of Initiation to Baptism, Confirmation and First Eucharist. This means that children will now be confirmed in the third grade. Parable magazine has the full article on this matter this month. Also check the bulletin from Aug. 12 which features an article on the changes. Faith Formation will begin Sept. 9 in both Bristol and Ashland. Families must register with the parish when they register for Faith Formation, and if the child was baptized at another parish, we will need a baptismal certificate.

St. Agnes Closing for the Winter

Recently the staff, parish council and finance council were asked for their input regarding the feasibility of continuing to keep St. Agnes open during the winter months.

As pastor, Father Leo, with input from the Finance Council, has the responsibility of insuring that the parish operates with fiscal responsibility. Sometimes these decisions are very difficult, and this is one of those times. Next month St. Agnes Church will close for the winter months. At present it is our intention to reopen the church next summer.

We have been advised that replacing one or both of the boilers would be preferable to buying parts for the old boilers.

As you may know, St. Agnes has been for sale for the past few years. We have had some interest,

but no acceptable offers. We do however, remain hopeful. The boilers have to be operational at the time of any sale and we are concerned that operating them in their present state could lead to the sizable expense of replacement.

This expense would not be prudent, given that we have other facilities available. The St. Agnes Hall will remain open for faith formation and other activities. On Thursdays, daily Mass and Eucharistic Adoration will move to the North American Martyrs Oratory in Bristol across From Our Lady of Grace Chapel.

Alpha

Come to Alpha! Have you ever wondered, "is there more to life than this?" Come to Alpha on Tuesdays beginning Sept. 11 at 6 p.m. and find out. This is not a class, but an experience of faith. The program is free and comes with dinner! Feel free to come to one session, or as many as you like! Alpha will be held at the Marian Center, (across from Our Lady of Grace in Bristol). All are welcome!

Restoration Church, Plymouth

(Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at

Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service
Monday: First and third Monday of the Month
Noon-2 p.m. Helping Hands Food Pantry
Friday: Second Friday of the month
6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement:

Just One More!
Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

A Shared Ministry of:

St. Mark's Church, Ashland, and Church of the Holy Spirit, Plymouth

Rev. Kelly Seaman Sundberg, Rector & Vicar

Services: Sunday

8 a.m. Griswold Hall, Plymouth
9:30 a.m. St. Mark's Ashland
Sunday School 9:30 a.m., St. Mark's Ashland
Thursday, 11 a.m.: Healing and Eucharist, St. Mark's Ashland

The final meeting in the Walk in Love series was held at 5 p.m. Thursday, Aug. 23 in Sherrill Hall and was led by Sr. Warden, Joan Bowers. The theme for the evening was 'Discerning Your Spiritual Gifts' by Lloyd Edwards. Everyone was asked to list their personal gifts, heroes past, present, real or fictional, and a time when one felt he/she did something well and had a sense of fulfillment about doing it. A lively discussion was held after some of these subjects were shared with the group. Meeting adjourned at 6:30 p.m.

The church directory is in the process of being updated. Please be sure that your information is on the list at the back of the church even though it has not changed.

Renewal Works is coming! Be sure your email address is on the list. If you do not have email, please inform Rev. Kelly or Joan Bowers. Find out more about Renewal Works at <http://renewalworks.org>.

Our Weekly Prayer List is an important part of our life as a church community. To be prayed for by name is a blessing and a comfort beyond measure. It is also a joy for all who ask for our prayers to know

SEE CHURCH, PAGE A9

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Hebron Town Hall

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Common Café

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PSU to host conference about human trafficking in New Hampshire on Sept. 8

Conference will raise awareness about human trafficking in the Granite State

PLYMOUTH — Helping future education, community and behavioral health professionals recognize the impact of human trafficking in New Hampshire, Plymouth State University (PSU) will host the “Human Trafficking: Research and Prevention Efforts in New Hampshire” conference on Saturday, Sept. 8, at 9 a.m. The conference will introduce participants to the warning signs of human trafficking, helping them recognize potential victims in their own communities.

“Increasing awareness in New Hampshire is critical to ending human trafficking in our state,” said Stephanie Halter, Ph.D., associate professor of criminal justice at Plymouth State University, member of the New Hampshire Human Trafficking Collaborative Task Force and event speaker. “We need more people to recognize victims and to help people understand that they are victims. Then, it can be reported to law enforcement and victims can get the help they need.”

Co-sponsored by the faculty of Criminal Justice and Counselor

Education and School Psychology (CESP), the conference will also explore the legal and emotional impact of human trafficking on victims, their families and their communities. The conference is open to the public and all students at PSU; it will serve as a kick-off event for CESP students. After the event, attendees are invited to a barbeque.

“Our students are working with children and adults across the state at mental health centers, public schools and other community organizations,” said Cynthia Waltman, Ph.D., NCSP, counselor education and school psychology professor, Plymouth State University. “Victims of human trafficking are in our schools and communities in New Hampshire, so it’s important that our students be able to identify potential victims, helping them get the assistance and services they need.”

This year’s conference topic came from CESP graduate student Esther Wakefield, who heard of Halter’s work on human trafficking and thought it was an important topic to explore.

While Waltman hopes students will come away with a better understanding of the current state of human trafficking in New Hampshire, she also hopes the conference will introduce undergraduate students to the varied helping and health professional programs available at PSU.

“With human trafficking, we are addressing a topic that isn’t discussed frequently, helping our larger community to understand that this issue exists in the Granite State,” said Robin Hausheer, Ed.D., NCC, counselor education and school psychology assistant professor. “The more that we – as a community – understand human trafficking, the more we can look for warning signs

and symptoms of people who may have experienced this trauma. Awareness and knowledge help to create a more supportive environment for everyone.”

Clinical mental health counseling, school counseling and school psychology programs plan to add coursework centered on human trafficking, enabling future students to recognize the warning signs and how they can help. Halter, of the criminal justice programs, already teaches a first-year seminar about human trafficking and modern-day slavery; once her students learn about these topics, many are compelled to help, creating videos and tabling at local events to raise awareness.

Conference speakers include: Mike Posanka, Resident Agent in Charge, Homeland Security Investigations, Rebecca Ayling, MSW, project director for the NH Human Trafficking Collaborative Task Force, Natalie Glisson, child and family therapist, Riverbend Community Mental Health, Darlene Pawlik, author and speaker at the Darling Princess, and Stephanie Halter, professor at Plymouth State University, Criminal Justice programs.

For more information about the Human Trafficking Conference, or to register, visit: go.plymouth.edu/htconference.

About Plymouth State University

Established in 1871, Plymouth State Uni-

versity serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

MARK ON THE MARKETS

Hidden gems

BY MARK PATTERSON

Hidden gems refer to fees that your broker or advisors’ firm may be charging you without you and maybe even sometimes your advisor’s knowledge.

Typically, when a new or prospective client and I meet, we talk

about objectives, their needs and purpose for their investable assets and financial future. Then, we will do a forensic analysis of their current investment portfolio. The hidden gems that I find are usually in the client’s current advisor’s dis-

closure documents that I simply pull off the Internet. In other words, the documents are available to anybody who cares to look. The first thing I look for in those disclosure documents is something called “revenue-sharing”, but have also seen it referred to as partnership programs.

This is where the broker dealer sells shelf space, or promotes certain mutual fund company funds for a fee that ultimately the client pays for.

As a registered in-



vestment advisor, I am held to fiduciary obligation when working with my clients. I have stated in the past that

SEE MARK, PAGE A7

Church

FROM PAGE A7

that their loved one is being named in our daily prayers and petitions. Please let Rev. Kelly or Deacon Maryan know if you wish to add a loved one to our list.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship,

our community, and our world to nurture justice, respect, and love.

Sunday, Sept. 2 - 9:30 - 10:30 a.m.

The Spiritual Discipline of Letting Go

Rev. Dr. Linda Barnes

While we cannot know all that life has in store for us, most of us are aware that change is inevitable. And yet, we resist. Join us as we explore how practicing the spiritual discipline of letting go might allow us to go more gently into what’s next.

Visit our Web site www.starrkingfellowship.org 536-8908

Yard Sale Sept. 8. The

Fellowship will be taking part in Plymouth’s town wide yard sale on Sept. 8. This is a major fund raiser for the Fellowship. It is also a great opportunity for everyone to downsize, recycle, and work together in community. You may drop off items in whenever the building is open

“Scrabble on Tuesdays” - Come join us for a new way to have fun and keep our brains cranking! Scrabble with dictionaries and without timers. We will meet in the Fellowship Hall Tuesdays from 2:30 to 5 p.m.!

Help Wanted - Nursery Position - Nursery

care provider Sunday mornings, 9 - 11 a.m. for infants and children up to four years of age. Sept. 2, 2018 through June 16, 2019. Flexibility and availability for special occasion, such as congregational meetings and events. Qualifications needed: Experience in early childhood education. CPR certification for infants and children, and satisfactory completion of background check. If interesting in applying, contact Jane Clay, Director of Religious Education - dre@starrkingfellowship.org.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, Sept. 12 from 10:30 a.m. to noon.

LABOR DAY WEEKEND
SATURDAY, SUNDAY & MONDAY
September 1, 2 & 3

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Edward Jones: Financial Focus

Labor Day - You Can Work to Become a Better Investor

Next week, we observe Labor Day, a holiday to honor all the hard-working people in this country. As one of them, keep in mind that your efforts can have positive results. Famed film producer Samuel Goldwyn once said: “The harder I work, the luckier I get.” And this same philosophy can apply to your investing, too – because you can indeed work to become a better investor.

Consider these steps:

Work to understand your goals and risk tolerance. Self-knowledge is import-

ant in all phases of life – and it’s certainly essential to you when you invest. For one thing, you need to know your goals. How long do you plan to work? What would you like to do when you retire? If you have children, do you expect to help pay for their college educations? You’ll also need to know your risk tolerance to help determine your investment choices. Investors with a high tolerance for risk typically can overlook the day-to-day fluctuations in the financial markets, and may be comfortable investing more aggressively.

But those with a low risk tolerance may be more inclined to focus on investments that offer greater preservation of principal, even if this means sacrificing some growth potential.

Work to learn all you can about your investments. Here’s a bit of advice that will always be valid: Don’t invest in what you don’t understand. The more you know about your investments and what you can expect from them, the less likely that you will be surprised at their performance and their impact on your fi-

ancial strategy. When you invest in stocks, you hope their value will appreciate over time, but you shouldn’t be shocked over short-term price fluctuations. Conversely, when you purchase a fixed-rate vehicle, such as a Certificate of Deposit (CD), you expect regular interest payments and a return of your principal when the CD matures. But do not anticipate much, if any, growth in the value of your investment.

Work to develop good investment habits. Developing good habits often pays

off. For example, if you exercise regularly, don’t smoke and follow a sensible diet, you will likely help your long-term health. And you can follow good investment habits, too, such as contributing regularly to your 401(k) or other employer-sponsored retirement plan. You’ll also want to avoid bad habits, such as overreacting to a sharp drop in the financial markets. In an effort to cut your losses, you might respond to this downturn by immediately selling investments whose fundamentals are still strong and whose prospects still may be positive.

Work to get the assistance you need. Investing can be complex, so you may want to work with a financial professional. But investing is just one part of your overall financial picture, so working with an attorney can help with your estate plans. And a tax professional can advise you on the tax-related consequences of various financial moves. There aren’t many guarantees in the investment world – but the harder you work at becoming a good investor, the better your chances of reaching your ultimate objectives.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Financial Advisor
(603) 253-3328 Moultonborough, NH



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Financial Advisor
(603) 279-3161 Meredith, NH

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation.

Member SIPC

Living

FROM PAGE A4

those who read this column from time to time have little interest in what I have to say. They have no understanding of my deep-felt appreciation for what God has done in my life but that, I think, is because they don't know how far I have come from the

lowest of all lows. No, it wasn't drugs, or alcohol, or women, and my conscience was clear. No one person was at fault, but I had made some terribly unfortunate choices and life had thrown me a wicked curve and I was left dangling in the wind.

You would be amazed at how many of us who preach the Gospel, sometimes with such enthusiasm and conviction we come across as "just another fanatic," have, in one way or another, been to hell and back. When we talk of what God can do

in a man's life, we often speak from experience and with deep conviction. We have been there.

When I reflect on where my sweetheart and I are today, it challenges believability. If you knew me better you could easily un-

derstand my love for Jesus Christ. Standing unrecognized in the darkness, but watching carefully over my progress, he was there. My friends will tell you I am no fanatic, but I am deeply grateful for what God – and I know it was God – has done in my

life. He is a God of second chances, a God of the impossible, and the thoughts about which I write are more than empty words. They are the story of my life.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

Bristol

FROM PAGE A1

it is, if we had to. ... If all we were going to do is buy the building, I don't think you'd have any problems, but now you tell people we'll be spending \$900,000 to buy the building and have it operational, that's a different story."

He questioned putting half a million dollars into a building that was appraised at \$550,000.

"That's a concern," he said. "It seems to me there are priorities, things that need to be done."

He listed the \$90,000 targeted for heating and plumbing upgrades as

a priority, along with the work to open up an 800-square-foot meeting room, and addressing other issues with the offices.

"Maybe we should be looking at what our priorities are and putting money where we need to make it work for the town," he said.

Vice-Chair Don Milbrand admitted that the cost figures gave him "sticker shock" and suggested using more of the unexpended fund balance to reduce the amount to be financed.

Chair Rick Alpers noted that the impetus for finding new space for the town offices was the

need to address space and safety issues in the Bristol Police Department, which also operates out of the Bristol Municipal Building. Once the town offices move from the current municipal building, the police department will be able to make the renovations it needs, such as adding a sally port to safely bring prisoners in and out of the building.

"I'm very aware that department is not the most popular department in this town," Alpers said, suggesting that it would be better to apply some of the unexpended fund balance to reduce the cost of police

station renovations.

Alpers also took exception to Milbrand's "sticker shock" comment.

"We've kicked the can for 25 years, and we're now trying to build a building in an economic boom, so we're not going to get the pricing we got in '08 when we built the library," he said.

Architect's perspective

Cris Salomon of Samyn-D'Elia Architects said he had trimmed expenses where he could through "value engineering" of the proposed renovations. As examples, he said many of the carpets in the building can be used, rather than replaced, and while wall colors may not appeal to town office employees, rooms need not be repainted. A bigger savings involves merely building a shaft, rather than also installing a lift to the second floor — something that can be added in the future.

He said the latest plan incorporates employee suggestions without changing the scope or cost of the project — such as giving the town clerk/tax collector a separate office, moving the downstairs break room upstairs, and adding more storage space on the lower level.

Selectman J.P. Morrison asked whether the 800-square-foot meeting room would allow residents to vote there, rather than at the Old Town Hall. Salomon said they would have to nearly double the room's size to achieve that goal.

"Every time we have a voting scenario at the Old Town Hall, we seem to have catastrophic weather conditions, and everyone parks at this parking lot anyway," Morrison said. "Why

not vote here? We might have to change the floor plan to make that happen."

Salomon said he could look into that.

Susan Duncan, whose motion at town meeting had established the space needs committee, said, "We've spent two years talking to employees, and to have this much square footage is more than we dreamed we could do. We should take advantage of this opportunity, even if we do less initially."

She suggested that local residents might volunteer to help make improvements to the building, as they did in renovating the Old Town Hall.

"The less we spend on this building, the more opportunity we will have to do what we need to do for the police station," Gordon said.

Selectmen Les Dion said voters were prepared to spend "a pretty hefty sum" to build a new town hall before the professional building came up for sale, and commented, "I'd rather see us do it right out of the gate, rather than have to come back next year [and ask for more money]."

Alpers complained about those who have been saying the building is ready for occupancy.

"There are things that need to be changed," he said.

Salomon said the prices he gave to the selectmen were based on unit estimates that could be brought down as they get to the design phase. They then may be able to add back things like the lift, he said.

As the selectmen formed a consensus to seek the money in that plan, Gordon issued a stern warning, saying "Now you're getting

close to \$1 million, and the [earlier] idea of building a new building at a million and a half dollars was not very marketable last time around. I just think that's a lot of money.... It's not like you're reducing the cost by applying the [unreserved fund balance], because that's basically our tax money that would offset our taxes in other ways, so you're actually spending those monies."

Milbrand conceded, "Why spend that much money to move a couple of walls? That's what people are going to ask."

Alpers said the building is "noticeably tired" in some areas, and argued, "It's the right price. I'm a little frustrated that after two years we've ended up here."

Morrison said, "For us sitting here, it's a great deal, but the folks at town meeting last year, I don't think they would have gone for it. I'm sure it was way too much money for them then, and I think this might be too much now. I think it's the right thing to do, but I don't want to just throw it out there and expect them to go for it."

Gordon suggested that the town find out whether the amount they request of the court in asking for a special town meeting can be amended on the floor. If it cannot be amended, it would be an up-or-down vote that might lose with the larger figure.

Town Administrator Nik Coates subsequently learned that voters will not be able to amend the amount on the warrant article. Milbrand said he wanted to find out if they could amend how much comes from the fund balance to reduce the amount to be bonded.

Ice Cream

FROM PAGE A1

first day of kindergarten this week or were new to the school, having moved to Danbury over the summer.

"We're moving here next week from Tilton and came here tonight because we wanted our son to have a chance to meet some of the students and teachers at the school," said one mom. "We're really excited about the move. We love the size of the classes and think he's going to have a great experience here."

For five-year-old Darby, the youngest in her family, the school is familiar but this year will be the first time she is stepping through the doors as a kindergarten student, not just a little sister, and she felt she was ready to get the school year underway.

"I've been practicing. I know one plus one is two, two plus two is four, and four plus four



DONNA RHODES

Carter is new to Danbury Elementary School this year and enjoyed attending an ice cream social at the school last Friday where he got to meet ICT teacher Pam Plankey along with other members of the faculty and staff.

is eight," she proudly announced.

While Darby feels she has a good grasp on math, she does look forward to learning how to read though. More importantly, she was anxious to finally wear her new sneakers while toting her new backpack into class.

DES Principal Alison Roberts was happy to greet the students, both old and new, and even brought along

her own mom and dad to help welcome her school family to the start of a new year.

"This year we have all our classroom teachers returning and we're super excited to have them all back," Roberts said. "We're looking forward to a new year and just feel so lucky to be here at Danbury Elementary School where the community is so supportive of the school and all we do."

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Newborn

FROM PAGE A1

corpse. Bristol Police Lt. Kris Bean said his department's involvement was only to verify Digman's address, and that Plymouth police then went to her residence.

Bean does not believe

she is currently living in Bristol and said he has not seen her since she ended her employment at Cumberland Farms a couple of years ago.

Lefebvre said his department is not likely to be involved in the case

until it is time to testify when it reaches trial. The county attorney's office has charge of the case and is responsible for notifying Digman of her indictment, he said.

OHD

FROM PAGE A1

Club's lunch wagon and climbed aboard Walker Farm's wagon for rides around the park. There was also a Pickle Ball Tournament and live music from a Mariachi Band, courtesy of Cielito's Mexican Restaurant.

In the heat of the day children also enjoyed some fun games, the most popular of which appeared to be a water balloon station on the north side of the park.

"Ha — I got you, auntie!" screamed one delighted young boy after he tossed his balloon.

She and no one else seemed to mind though. In fact, due to the hot temperatures of the day, many looked forward to Bristol Fire Department's Hose Down sessions where children squealed with delight as they raced through the spray from the tower truck. Even a few parents edged their way close enough to the water for a cool down as well.

Free ice cream and demonstrations from the Bristol Police Department were another main attraction in the day.

As the afternoon activities drew to a close, committee members and volunteers prepped the park for the annual lobster/chicken dinner that, as always, drew a large crowd. Among the many who volunteered who to help serve the meals were town officials, civic group leaders, police officers and New Hampshire's District 2 State Senator Bob Giuda.

Carroll Brown, a.k.a. "Solitary Man," provided entertainment for the closing hours of the celebration.

NEW HAMPSHIRE FAIR DAYS

LANGASTER FAIR

August 30 to September 3, 2018
 Location: 516 Main Street, Lancaster
 Tickets: \$15 (including rides) on Thursday, Friday and Monday; \$17 on Saturday and Sunday; seniors are free on Thursday and Monday and \$10 on Friday-Sunday; children under 36" are free with paying adult
 Online: www.lancasterfair.com

HOPKINTON STATE FAIR

August 31 to September 3, 2018
 Location: State Fairgrounds, Contoocook
 Tickets: \$12 for ages 13-59, \$10 for seniors 60+, \$8 for youth ages 5-12, children 35 months and under free.
 Four day passes are also available.
 Online: www.hsfair.org

ROCHESTER FAIR

September 6 to 16, 2018
 72 Lafayette St., Rochester, NH 03867
 Tickets: \$9 general admin., children under 8 are free
 Online: www.rochesterfair.com

HILLSBOROUGH COUNTY AGRICULTURAL FAIR

September 7 to 9, 2018
 Location: 15 Hill Dale Lane, New Boston
 Tickets: \$10 for adults, children 6-12 and seniors are \$5, children under 6 are free
 Online: www.hcafair.com

DEERFIELD FAIR

September 27 to 30, 2018
 Deerfield Fairgrounds
 Route 43, Deerfield
 Tickets: \$10 for ages 13+; ages 12 and younger are free
 Online: www.deerfieldfair.com

SANDWICH FAIR

October 6 to 8, 2018
 Sandwich Fairgrounds
 Route 109 North, Center Sandwich
 Tickets: \$10 for adults, ages 8-12 are \$3 and children under 7 are free
 Online: www.thesandwichfair.com

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	1729 Fowler River Rd.	Single-Family Residence	\$97,533	Richard L. Friend	Stephen Bleiler
Alexandria	31 Jewell Rd.	Single-Family Residence	\$169,933	Jesse M. and Patricia Jewell	Daniel J. Kuntz
Alexandria	5 S Face Unit B	Condominium	\$309,933	Curtis R. and Abigail E. Mooney	Timothy M. and Lori A. Melia
Alexandria	2506 Washburn Rd.	Single-Family Residence	\$187,000	Earl F. Derick, Jr. 2015 Trust	Thomas A. and Kayla Stewart
Ashland	141 Owl Brook Rd.	Single-Family Residence	\$129,900	Wells Fargo Bank NA	Steven and Lisa Marshall
Ashland	6 Vista Dr., Unit 96	Condominium	\$126,533	David G. Loughton (for Loughton RT)	Michael J. and Elizabeth Rosencrum
Bristol	90 4th St.	Mobile Home	\$79,933	KMH Realty Corp.	Melody L. Smock
Bristol	75 Beech St.	Apartment Building	\$200,000	P&J Rental Properties	Tesla Properties LLC
Bristol	Jeness Hill Road	Residential Open Land	\$190,000	Michael F. Sharp (RET)	JAG 5 Enterprises LLC
Campton	6 Chandler Hill Rd.	Single-Family Residence	\$55,000	Jean E. Sullivan	Parris Gagnon
Campton	Pond Road	Residential Open Land	\$107,000	Andrea Roy (for Cole Fiscal Trust)	Richard W. and Tracey L. Burhoe
Campton	14 Ryan Circle	Single-Family Residence	\$156,000	Thomas Hagerty (for Hagertygerber RET)	James R. Yust
Groton	N/A (Lot 13)	N/A	\$77,333	Daniel Carl and Saaussan Madi	Jeremiah and Claire Morgan
Plymouth	293 Loon Lake Rd.	Single-Family Residence	\$345,000	Gerald G. Dupont (RET)	Matthew and Elizabeth F. Hinkley
Plymouth	Point of View Drive (Lot)	Residential Developed Land	\$46,000	Summit At Mount Frontenac	Benmont Ventures LLC
Plymouth	14 Smith St.	Single-Family Residence	\$192,000	Jane E. Himmel	Brendan M. Mathieu
Rumney	860 Buffalo Rd.	Single-Family Residence	\$152,000	Robert C. and Vivian M. Decker	Adrian and Rebecca Tetreault
Thornton	11 Greenscapes Lane, Unit 7	Condominium	\$220,000	Thomas E. Balcom	Patricia A. Robertie
Thornton	54 Orris Rd., Unit 2	Condominium	\$107,000	Sandra M. Giuliano	Entrust Group
Waterville Valley	11 White Cap Way, Unit 11	Condominium	\$308,000	Jon F. Ewing (for 11 White Cap Way RT)	Robert H. and Tara C. Canaway
Wentworth	76 Buffalo Rd.	Single-Family Residence	\$221,000	Deborah A. Stuart (RET)	Jeanette Nogales
Wentworth	578 N. Dorchester Rd.	Single-Family Residence	\$185,000	Gary F. and Beverly F. Walker	Raymond P. Morton

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Home for Sale by Owner



Farmhouse built in 1897 and updated top to bottom in 2014: restored with the cape style addition by seasoned builders--3 bedrooms, 2 baths, living room, dining room, kitchen, mudroom, front hall with stairs. Circle driveway--Great curbside appeal for small business. Offers sandy beach on Baker River. First level-handicap accessible. Completely vinyl sided-no painting needed. SAU 48 Plymouth School District: Plymouth Regional High School bus pick up across the street. Views of mountains, cell service, full-house generator, cable access, artesian well-state tested. All new wiring (2014); professionally fully insulated, 98%-efficient Veissmann furnace (2014), central vacuum system. **Sauna** in basement. 3 porches: 3-season on south side, open porch at main entrance, and patio facing river & mountain view. **Detached 2-car garage oversized-28x40- and open** extended roof for equipment storage. **Sugar House** (or use it as a bunkhouse). Boundaries surveyed and marked. Easy access: 15 miles from I-91 (Vermont) and 18 miles from I-93. —immaculate. This home is currently priced at \$329,000 and **willing to negotiate--** 603-764-9321 for an appointment to view this property.

Mark

FROM PAGE A9

you should ask your current advisor if they are working for you as a fiduciary as opposed to working for their firm. If they say yes that they are working for you as a fiduciary, ask for it in writing. I have talked to financial advisors who believe that the list of funds that they can choose from is just a list of good funds, not knowing their firm was limiting them to funds where the firm makes additional revenue from their "partners." Your current advisor may not be disingenuous about revenue-sharing, but just may not be aware that their firm engages in it.

So, you may say, "it's not a lot of money, they need to make money as well." The point being, the brokerage firm or advisory that is collecting these revenue-sharing fees are not, in my

opinion, doing what's best for the client, which is the essence of fiduciary. So, you may be placed into funds where your overall expense ratio is .80 basis points, when in fact a low-cost exchange traded fund at .04 basis points would have been a better choice for you, the client, but not the advisory firm or brokerage. So, you're paying for the asset managers or fund managers services, and that you may be paying a "relationship fee" to the advisor that often is over 1 percent of the value of the assets called their management fee. But they are not managing the assets, they are only managing the relationship with you!

Fees do not matter as much to the client when the markets are doing well as they have been. It is often not till

the markets go flat or negative when the fees become a point of contention between the advisor, the firm and the client.

When I reveal the fees that the client is paying, all-in, to their current advisor, it is usually an eye-opening number for the client.

Possibly a more surprising situation for the client involves the potential risk to their portfolio from what they were told was a conservative portfolio mix. Market, interest rate and credit risk along with sequence of returns risk can pose a major threat to your financial future. If you want to learn more about these risks, contact my office!

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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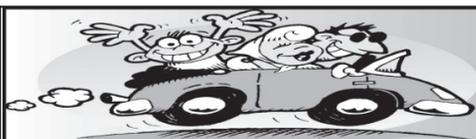
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Section **B**
Thursday,
Thursday, August 30, 2018

Everything is new for defending field hockey champs

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — It's interesting the turns things take.

Newfound graduate Kammi Williams coached the field hockey

team at her alma mater from 1997 to 2003 before turning the team over to her sister, Karri Peterson, who coached the team up through last season, winning the Division III championship to cap off a great season.

Peterson stepped away from the team after last season and now the team will be back in the hands of Williams in the new season. And while she's new to the varsity job, Williams is a familiar face to many of the kids.

"I've coached all of these kids in middle school basketball," Williams said, also pointing out that she helped out in the preseason last year and has also served as the JV coach in the past.

SEE FIELD HOCKEY PAGE B2



Caroline Marchand is one of three returning starters for the Newfound field hockey team.

RC GREENWOOD

What's On Tap

The start of the fall sports season ramps up in the coming week with more teams joining the action.

At Newfound, the cross country team will kick off the season today, Aug. 30, at Gunstock at 4 p.m. and will host a meet on Thursday, Sept. 6, at 4:30 p.m.

The Newfound soccer boys will be at Conant today, Aug. 30, at 4 p.m. and will be hosting Belmont at 4 p.m. on Tuesday, Sept. 4.

The Newfound field hockey team will be at Franklin for a 4 p.m. game today, Aug. 30 before returning home to host Littleton on Tuesday, Sept. 4, at 4 p.m.

The Newfound volleyball team opens the season on Friday, Aug. 31, at home against Inter-Lakes at 6:30 p.m.

The Plymouth cross country team will be at Gunstock today, Aug. 30, at 4 p.m. and will run at Merrimack Valley on Wednesday, Sept. 5, at 4 p.m.

The Bobcat field hockey team will be at Bow today, Aug. 30, at 4 p.m. and will be hosting Kingswood at 4 p.m. on Wednesday, Sept. 5.

The girls' soccer Bobcats will be at Hollis-Brookline today, Aug. 30, at 4 p.m. and will be hosting Kingswood on Tuesday, Sept. 4, at 4 p.m.

The Plymouth boys' soccer team will be hosting Milford at 4 p.m. on Friday, Aug. 31, and will be at Con-Val for a 4:30 p.m. game on Wednesday, Sept. 5.

The Bobcat football team will host a rematch of last year's championship game with Bow on Saturday, Sept. 1, at 2 p.m.

The volleyball Bobcats will be hosting Somersworth at 6:15 p.m. on Tuesday, Sept. 4, and will be hosting John Stark on Thursday, Sept. 6, at 6 p.m.

Early deadlines for next week

MEREDITH — Our offices in Meredith will be closed for the Labor Day holiday on Monday, Sept. 3.

Therefore, all normal sports deadlines on Monday are moved to Friday, Aug. 31. Any press releases, photos or other information not received by Friday, Aug. 31, at noon will not be included in next week's paper.

Soccer Bears looking to get back to playoffs

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound boys' soccer team has been the model of consistency under coach Jason Hill. With Hill at the helm three of the last four years, the team has finished at 5-10-1 in Division III play.

Two of those years, that record has put the team in the playoffs but last year the Bears found themselves on the outside of the tournament field.

"Expectations this year are to improve on last season's 5-10-1 record and qualify for playoffs," Hill noted. "We are athletic enough and experienced enough to be competitive this season, both in attack and defense."

Hill will bring back a large stable of returning players, most of whom played key roles in last year's team.



Cian Connor will be a key contributor for the Newfound soccer team this fall.

JOSHUA SPAULDING

He expects seniors Cian Connor and Justin Shokal to lead the team's attack and is expecting a big year from the duo.

Hill also said that senior Matt Libby and junior Tuan Nguyen will be key in the mid-field while senior Ryan Lyford and sophomore Matt Costigan are expected to lead the way on the defensive side of the ball.

Other returning play-

ers include junior forward Jack Gosson and junior wing James Rogers.

The other returning player who will be key to the team's success will be Jacob Pfister, who played midfield last year but this year is moving back to the goal

to replace the graduated Mike Doan.

Additionally, Hill has some newcomers who he is hoping to work into the mix as well. Senior Reid Wilkins will be playing up front, while sophomore Jacob Huckins will see time on the

SEE SOCCER PAGE B2

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Young Bears ready to run in new season

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The numbers are small but the potential is high for the Newfound cross country team as the new season gets under way.

“We have a young boys’ team once again, but we see endless potential in the group of boys that we have,” said coach Mike LaPlume. “And we are hoping that a few more athletes come out as we get into the school year.”

The worrisome part for the Newfound coaches is on the girls’ side,

where the numbers have dwindled down to just a few runners.

“We are very concerned about the future of our girls’ team, as we have not fielded a full team of seven runners in at least six seasons now,” LaPlume said, noting that he and fellow coach Amy Yeakel have been inquiring about the possibility of using middle school runners on the high school team, which is something that Division III schools are allowed to do.

The Bears will be returning three athletes to the team this fall,

all on the boys’ side of things.

Kyle Rosendahl, Ashler Dotson and Wyatt Day are back in the fold and will be expected to help lead the way for the young Bears.

“We are hoping for strong seasons from all of them,” LaPlume said. “Especially Kyle, who has worked hard in the offseason.”

New to the team this year are Luke Gordon, Connor Downs, Ryder Downs, Hunter Pease, Sadira Dukette and Gretchen McGowan.

The Bears will be hosting a pair of meets,

the first on Sept. 6 and the next on Sept. 27.

In addition to the two home meets, the team will compete at Gunstock, Laconia, Manchester’s Derryfield Park, Belmont, Plymouth and Merrimack Valley.

The season officially kicks off today, Aug. 30, at Gunstock for the Early Bird Invitational at 4 p.m. The home meet on Thursday, Sept. 6, is scheduled to start at 4:30 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

Kyle Rosendahl will be a top runner for Newfound this fall.



JOSHUA SPAULDING

Owen Brickley is one of four captains for the Plymouth football team this year.

Champs have many holes to fill

“This year the guys we’re playing are struggling with that knowledge.”

The biggest returning piece of the puzzle for the Bobcats is senior Owen Brickley, who returns to the backfield and will be the feature back for the Bobcats this season while also returning to the team’s defensive backfield, where he is a two-time All-State honoree.

“Other than Owen, we’re all new,” Sanborn said. “It’s the simple mistakes that we’re struggling with right now.”

Brickley will be serving as one of the team captains and he will be joined by Zach McGlone, Patrick Malm and Camden MacDonald.

On the offensive side of things, Tony Velez is back in the fold and will work at wide receiver, while Kenny Maddocks and Jackson Palombo are battling for time at tight end.

Up front, Seth Sawyer, MacDonald, Steven Shute and Malm will all be vying for time along with Steven Davis and Tracy Christiano. Jake Duquette has the inside line on the starting job at center.

At quarterback, McGlone and sophomore Cody Bannon are battling for the job.

“Because there’s so many kids, they’re all splitting reps,” Sanborn said.

On the defensive side of the ball, the linebacker corps will see Austin Tallman, Nathan Borgner, Joe D’Ambruzzo, Cale Swanson and JC Gaumer all battling for time.

Brickley and Velez saw a lot of time at defensive back last year and will be back this season where they are joined by returners Joey Cleary and Hunter Lessard and newcomer Nick Qualey.

The Bobcats have been working in the pre-season with some scrimmages and Sanborn notes they have been

working hard.

“We did some things good and we got better as the scrimmage went along,” Sanborn said. “But we have a ways to go.”

The Bobcats will find themselves in a tough spot right out of the gate, as they have a rematch of last year’s championship game in the opening game of the season. Bow comes to town for that game, starting a stretch of four tough games in the month of September.

“We want to be playing our best at the end of the season,” Sanborn said. “We want to get in the playoffs, but if we lose too many up front, you don’t get in.”

Sanborn remembered the 2014 season when the Bobcats started 0-3 and despite finishing strong,

missed out on the playoffs.

“It’s a tough month of September,” Sanborn said, noting that in addition to Bow, the first month includes John Stark, Kennett and St. Thomas along with an improved Gilford-Belmont team.

The Bobcats will be playing each team in their conference in addition to the one crossover game, this year with St. Thomas. He notes that the Saints, Hanover, Bow and Milford are a few of the teams that should be there at the end of the season.

The Bobcats kick off the season on Saturday, Sept. 1, with the championship rematch with Bow, which is scheduled for Zoulias Field for a 2 p.m. start time.

Soccer

FROM PAGE B1

wing and classmate Matt Karkheck will see time in the midfield.

Freshmen George Belleville (back), Abbey Springer (wing) and Bodhi Smith (midfield) are all expected to be part of the team’s plans this season as well.

The Bears will be

playing two games with Mascoma and one game each with Derryfield, Sanborn, Conant, Belmont, Hillsboro-Deering, Gilford, Prospect Mountain, White Mountains, Laconia, Berlin, Trinity, Bishop Brady, Winnisquam and Inter-Lakes.

The team began the regular season on Friday, Aug. 24, at Derry-

field, dropping a 2-0 decision and continued after deadline on Tuesday, Aug. 28, against Sanborn.

Next up, the Bears will be at Conant today, Aug. 30, at 4 p.m. and will be hosting Belmont at 4 p.m. on Tuesday, Sept. 4.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Newfound seeking JV girls’ hoop coach

BRISTOL — Newfound Regional High School has an opening for a JV girls’ basketball coach. If interested, please send a letter of interest, resume and names and phone numbers of three references

to Supt. Stacy Buckley, SAU4, 20 North Main St., Bristol, NH, 03222. Questions should be directed to Athletic Director Peter Cofran at pcofr@sau4.org or call 744-6006, x1507.

Field Hockey

FROM PAGE B1

“It’s different, but the transition has been pretty good,” Williams said. “We’re different, but we have a lot of similarities.”

After graduating from Newfound, Williams went on to SUNY Brockport, where she played field hockey and has been installed in the school’s Hall of Fame for her work on the field hockey field.

On the field this year, Williams and the girls know that as the defending champions, they have a target on their back but it is truly a different team than the one that lifted the D3 championship plaque last season.

“We only have three starters back,” Williams said. “Everyone is new and we’re trying to maintain what I believe to be the tradition of the program.”

Leading the way for the Bears among the returning players is Caroline Marchand, who was one of the top scorers in Division III last season and returns to lead the Bears.

“She’s great around the goal cage,” Williams said. “But she’s going to need everyone else to pick it up. We can’t give up 10 goals and expect her to score 11.”

Also returning to the starting lineup is Hannah Eastman at left halfback, with Williams noting she has been very consistent and stable on the back end of the field.

The other returning starter is Katy Drapeau, who returns to the midfield. Williams points out that she will be expected to take on a bigger role this season and step up her game.

Madi Dalphonse also returns to the team as a junior after seeing significant time on the field last year as a sophomore. She will be playing in the midfield for the Bears.

“We have a lot of younger kids who have stepped up and put themselves in an outstanding

role,” Williams said. “We have some sophomores that have stepped into major roles.”

Tiffany Doan will serve as the team’s right wing and has been working well with Marchand up front. Haley Dukette will play in the midfield and Williams notes that she is like a “present wrapped in a big Christmas bow.” Classmate Mackenzie Buhmann will be a center halfback and will anchor the team’s defense, taking over for standout Hayleigh LeTourneau.

“She’ll play it differently but she’s playing great,” Williams stated.

Lexi Douville returns for her junior year on defense, while Madison Hanley will be back as a junior on the offensive side of the ball. Junior Hayleigh Pabst will be stepping into the goalie position for the Bears in the new season, taking over for graduated Montana Basset.

Williams stated that the goal is to make the playoffs, since once the Bears are in the playoffs anything can happen. She’s also intent on keeping the Newfound traditions alive.

“I feel strongly about maintaining the traditions that Karri has put forth,” Williams said. “It’s been pretty hectic, but the kids have been awesome.”

The Newfound schedule will include two games each with White Mountains, Berlin and Littleton and one game each with St. Thomas, Franklin, Laconia, Mascoma, Gilford, Lebanon, Bishop Brady and Winnisquam.

The season kicked off after deadline on Tuesday and will continue today, Aug. 30, at Franklin at 4 p.m. The team is at home on Tuesday, Sept. 4, against Littleton at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





JOSHUA SPAULDING

Kennett's Callum Hawkes and Plymouth's Yago Gonzalez chase after the ball in action on Friday afternoon.



JOSHUA SPAULDING

Doug Cassarino chases the ball to the end line during opening action against Kennett last week.

Bobcats battle past Eagles in first game

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — Both teams lost some players to graduation, so when the Kennett and Plymouth boys' soccer teams took to the pitch in North Conway on Friday afternoon for the season opener, both coaches were looking to see just where the players fit.

The Bobcats, coming off a quarterfinal appearance last year, got the better of the Eagles, who were looking to get back on track after not winning a game last year. Plymouth scored once in the first half and added two more in the second half for the 3-0 win.

"It was a good start," said Plymouth coach

Jesse Elderkin. "Today was about coming together.

"We had some things to tie down in the back and we did that," the Bobcat coach added. "We got stronger and stronger and stronger, that's important."

"There were definitely moments in the game I liked," said Kennett coach Dave Hart. "But we made some mistakes that cost us in the back.

"We gave the ball away a little too easily in the back," he added.

Plymouth controlled the early chances, with Yago Gonzalez and Henry Green sending shots wide of the net and Gonzalez and Jarod Girouard teaming up on a bid, though Kennett's

Dylan West was strong on defense to shut down that chance. The Bobcats had the game's first corner but could not convert.

Kennett's first chance in the offensive zone came when Clem McAuliffe fed Sonny DaBica on a bid that the Bobcat defense turned away.

Plymouth came back with a bid from Doug Cassarino that went wide, then Tommy Carpenter sent one high and Cassarino sent another shot wide. Devlin Costa had a bid stopped by strong defense from the Eagles.

DaBica and Ishaan Wenger combined on a chance in the zone for Kennett but a good clear from Nate Hixon kept the ball away from the net. Kennett keeper Reilly Murphy made a nice save in the net and Gonzalez and Girouard teamed up on a bid in close that missed the mark.

Plymouth keeper Roger Babin made a save on a direct kick from West and then made another save on a bid from Jackson Gordon.

Cassarino rifled a shot off the cross bar on an indirect chance and

then Murphy made a big save in close on a chance from Peter Wingsted.

The Bobcats had a pair of corners that they couldn't convert on, with Callum Hawkes coming up with good defense for the Eagles. Murphy made a pair of saves on Gonzalez and Cassarino and then Colby Eastwood cleared away a Bobcat corner kick chance.

With 7:45 to go, the Bobcats got on the board, as Wingsted got through the defense with a couple of nice moves and buried the shot in the net for the 1-0 lead.

Murphy closed down the half with a nice save and the game went to the break with Plymouth up by one.

The Bobcats wasted little time getting on the board in the second half, as they scored less than a minute in. Murphy charged out for a loose ball and Girouard was able to put the ball off the cross bar and in for the 2-0 lead.

Graham Pogue, Gonzalez and Wingsted continued the attack for Plymouth but couldn't convert. Murphy made a nice save on a bid from Carpenter on a corner

kick and then Riley Hayes had a bid at the other end for Kennett but it went wide.

Plymouth came through with a couple more corners but could not get the ball in the net.

With 22:03 to go, Pogue was able to get in close and beat Reilly with the third goal of the game for the Bobcats.

Both teams had chances as the play continued up and down the field. Winstead just missed Cassarino on a crossing pass and Carpenter had a shot stopped by Murphy. Lukas Narducci had a shot for Kennett than just missed and Murphy had a great kick save on a bid from Wingsted, who also sent a ball over the top of the net.

Gordon just missed Jimmy McCarthy on a crossing chance for the Eagles and then Babin made saves on bids from Narducci and McAuliffe as the game closed out with the Bobcats getting the 3-0 win.

"I thought they (Kennett) played really strong," Elderkin said. "Our style, this year we are a little more high pressure than in the past.

"I think we ran their

legs out a little," the Bobcat coach added.

He also pointed out that the ability of many of his players to play multiple positions was a big advantage.

"At 1-0 at halftime, I was pleased," Hart said. "We changed the system up a bit in the second half.

"Now it's a matter of the whole game being consistent with the whole body of players," he continued. "We have got to capitalize."

He also pointed out that the early goal in the second half was a back breaker.

"We have to continue to work on the mental part of the game," Hart said. "We have to correct that."

The Bobcats will be in action on Friday, Aug. 31, at home against Milford at 4 p.m. and on Wednesday, Sept. 5, they travel to Con-Val for a 4:30 p.m. game.

The Eagles will be in action on Friday, Aug. 31, at Pelham at 3:30 p.m. and will be at Berlin on Tuesday, Sept. 4, for a 4 p.m. game.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Run Your Buns Off on Sept. 1

BRISTOL — When is the last time you ran your buns off? Well, this Labor Day weekend you can. Come and see what the locals and vacationers have been talking about for the last eight years.

On Saturday, Sept. 1, at 9 a.m., runners and walkers will leave from Basic Ingredients Bakery located on Route 3A in Bristol to "run their buns off" for a 4.2-mile professionally timed run/walk. The reward for your hard work is a homemade sticky bun waiting for you at the finish line. Runners who pre-register by Aug. 17 will receive a quality wicking shirt and the Basic Ingredients bakery and gift shop items are for sale throughout the day. The cost is \$22 per runner/walker, until the day of race when the price is \$25.

Individual runners, walkers and teams of all ages are encouraged to participate; the race is also pet-friendly. The top three male and female runners, as well as the fastest team, will be awarded prizes and everyone has a chance to win at the huge raffle filled with goodies, including 100 gallons of heating oil from Dead River or a fire pit, donated by local businesses and beyond.

Hosted by the Newfoundland Area Charitable Fund, the Run Your Buns Off race committee is excited to announce the three charitable organizations, selected through an application process by the NACF board, as this year's beneficiaries:

The Newfoundland Lakes

Region Association (NLRA) who will be utilizing funds received to assist in building a welcoming and informational kiosk with the town of Bristol at the Mill Stream Park. This will serve to inform thousands of residents and visitors about recreational opportunities in the watershed and best practices for environmental stewardship.

Slim-Baker Foundation for Outdoor Education who will be hiring a professional trail consultant to lead a series of all-day trail construction courses for the purpose of cutting and building the new hiking/snowshoeing trail that was mapped in 2016. Courses will teach best practices for trail-building to groups of teenagers and youths.

Mayhew Program who will receive one or two scholarship(s) for Newfoundland region boys to attend summer camp and school year mentoring program, depending on this year's total proceeds.

Why not do your part to help support three great local causes all the while indulging in a delicious treat, having fun with family and friends and getting yourself some exercise on Labor Day weekend? You can register for the Run Your Buns Off 4.2-miler online today at www.lightbox-reg.com/buns_2018 or stop by Basic Ingredients bakery to register in person.

For more information on becoming a sponsor or for registration questions, please e-mail runyourbunsoff@gmail.com.

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Lakes Region United kicks off fall season

GILFORD — Lakes Region United (LRU) Soccer Club kicked off the Fall 2018 travel soccer season with the New Hampshire Soccer League (NHSL) Fall Jamboree. The club sent four teams to participate – U15 boys, U15 girls, U12 boys and U11 boys.

U11 boys

The U11 boys start-

ed the day slowly with a 4-0 loss to Goffstown United, however once the players woke up they won their second game against GPS Capital Alliance FC 4-0 (LRU scorers: Wolpin (2), Jordan, Nelson), they rounded out the day with a 2-1 victory over Peak FC (LRU scorers: Beale, Jordan).

Coach David Nelson

said, “quick passing play and crossing created all four goals in the second game, it was a pleasure to coach and watch.”

U12 boys

The U12 team had an overall successful day. First game they lost to Spartan SC Soccer Punch 4-2 (LRU scorer: Sadler (2)), they rallied to a 7-0 victory (LRU

scorers: Sadler (2), Jenkins (2), Beale, Wolpin) in their second game against GPS Capital Alliance FC, and beat Peak FC 4-0 (Sadler (2), Haggett, Beal). Carson Sadler had a fantastic day, finishing with six goals – the top scoring LRU player of the day. The team will meet with Peak FC and Spartan SC Soccer Punch again in the NHSL regular

season.

U15 girls

The U15 girls’ team is a new team for Lakes Region United, this was their first competitive games together as a squad. Their first game was a 3-0 loss to GPS Capital Alliance FC, they bounced back with a 3-0 win against Goffstown United (LRU scorers Jewell, Cal-

don, MacDonald), then closed the day with a very close game against a second GPS Capital Alliance FC team, falling to a 2-0 loss. The day saw some excellent wing-back play from Millie Caldon and Maddie Brown.

U15 Boys

This team was a combination of the reg-
SEE LRU PAGE B5



NEWFOUND REGIONAL

CROSS COUNTRY

08/30	Gilford	A	4:00
09/06	Newfound	H	4:30
09/16	Laconia	A	10:00
9/22	Manchester	A	TBA
9/27	Newfound	H	4:30
10/5	Belmont	A	4:00
10/12	Plymouth	A	4:00
10/18	Merrimack Valley	A	4:00
10/27	Derryfield Park	A	TBA

FIELD HOCKEY

08/30	Mascoma	A	4:00
09/01	Franklin	A	4:00
09/04	Littleton	H	4:00
09/07	Laconia	H	4:00
09/10	White Mtn.	A	4:00
09/14	Littleton	A	4:00
09/18	Berlin	H	4:00
09/22	Mascoma	A	4:00
09/25	Gilford	A	4:00
09/28	Lebanon	H	4:00
10/01	Berlin	A	4:00
10/03	Brady	A	4:00
10/09	Winnisquam	A	3:30
10/12	White Mt.	H	4:00

FOOTBALL

09/8	Bishop Brady	H	2:00
9/10	Winnisquam JV	A	4:30
9/15	Raymond	A	2:00
9/17	Raymond JV	H	4:30
9/22	Winnisquam	A	1:00
9/24	Winnisquam JV	H	4:30
9/29	Mascoma	H	7:00
10/1	Mascoma JV	A	4:30
10/13	Farmington	A	5:00
10/20	Franklin	A	2:00
10/22	Franklin JV	H	4:30
10/27	Fall Mt.	H	2:00
11/3	Semi-finals	TBA	
11/10	DIVCham. Laconia	A	11



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LRU

FROM PAGE B4

ular U14 and U15 LRU boys' teams. Despite not having played with each other regularly,

they tied their first game 1-1 against Derry DSC Eagles (LRU scorer: A. Haddocks), the second game was a 3-0 loss against GPS Capital Alliance FC, the

team finally gelled and finished off with a 6-0 win against John Stark United SC (LRU scorers: Rizzitano, Lafond, Wheeler, A. Haddocks, Riley, Donnelly). Wil-

liam Riley's goal was a lovely lob over the head of the goalkeeper. The U15 team will meet Derry DSC Eagles again in the NHSL regular season.

All the Lakes Region United teams, along with the newly formed U10 coed team, will be playing their NHSL league play in the coming weeks.

Lakes Region United is a three-season competitive travel soccer team based in Gilford. More information can be found at www.lru-soccer.com.

FALL SPORTS SCHEDULES

NEWFOUND REGIONAL



VOLLEYBALL

08/31	Inter-Lakes	H	5:00
09/7	Mascenic	A	5:00
09/12	Epping	A	5:00
09/14	Portsmouth Christian	A	5:00
09/17	Moultonborough	H	5:00
09/19	Winnisquam	H	5:00
09/24	Belmont	A	4:30
09/28	Mascenic	H	5:00
10/1	Moultonborough	A	5:00
10/3	Prospect Mountain	A	4:30
10/5	Kennett	H	5:00
10/10	Sunapee	A	5:00
10/12	Mascoma	A	5:00
10/15	Franklin	H	5:00
10/17	Farmington	H	5:00
10/19	Campbell	H	5:00

SOCCER

8/28	Sanborn	H	4:00
8/30	Conant	A	4:00
09/4	Belmont	H	4:00
09/7	Mascoma	A	4:00
09/1	Hillsboro-Deering	A	4:00
09/18	Gilford	H	4:00
09/21	Prospect Mtn.	A	4:00
09/25	White Mountain	H	4:00
09/29	Mascoma	H	10:00
10/1	Laconia	A	4:00
10/3	Berlin	A	4:00
10/9	Trinity	A	4:00
10/12	Bishop Brady	H	3:30
10/16	Winnisquam	H	3:30
10/19	Inter-Lakes	A	3:30

UNIFIED SOCCER

09/12	Gilford	A	3:30
09/19	Winnisquam	H	3:00
09/27	Inter-Lakes	H	3:00
10/02	Laconia	A	3:30
10/10	Bow	A	4:00



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TOWN OF GROTON Part Time Police Officer

The Groton Police Department is seeking applications for the position of a part-time police officer to work evenings, weekends, and holidays. Selected applicants with the minimum qualifications listed below must pass a physical fitness test, oral board, intensive background investigation, polygraph examination, psychological examination, and medical examination. Preference will be given to those applications who are New Hampshire Certified Police Officers. The part-time police officer wages is between \$22.00 to \$25.00 per hour based upon time on the job and experience.

Minimum Qualifications: All applicants for the Groton Police Department must be United States citizens; high school graduates, or possess a GED certificates; holds a valid driver's license and meet the state age requirement of at least twenty-one (21) years. College education and/or military experience a plus. Preference will be given to those applications who are New Hampshire Certified Police Officers.

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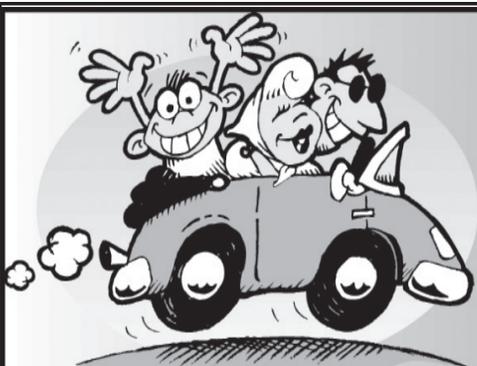
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TOWN OF HEBRON

The Supervisors of the Checklist will be in session at the Public Safety Building, (Fire Station) on Friday, Aug 31, 2018, from 7:00 to 7:30 p.m. New registrations, additions and corrections will be accepted but you will not be able to change party affiliation prior to the State Primary Elections on Sept. 11, 2018.

Supervisors of the Checklist
Barbara Brooks
Judy Dodge
Audrey Johnson

**NOTICE
ALEXANDRIA
RESIDENTS**

The Supervisors of the Checklist will be in session at the Alexandria Town Hall on **Saturday, September 1, 2018 from 11:00 to 11:30 a.m.** for additions and corrections to the checklist. Last day for supervisors to accept voter registration applications. No additions or corrections shall be made to the checklist after this session, until State Primary Election Day on September 11, 2018. No party changes will be accepted at this time.

George Whittaker
Suzanne Cheney
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Tuesday, September 18th

10 a.m.-Bristol, NH
Selling to the Highest Bidder
Above: \$40,000
175 Summer Street is a 1,181± sq. ft. Cape that includes 3 bedrooms, 1 full bathroom, a full walk-out basement and is serviced by public water and sewer. The home sits on .25± acres. Tax Map 114, Lot 58. Assessed Value: \$115,400.

12 p.m.-Bethlehem, NH
Selling to the Highest Bidder
Above: \$40,000
138 Jefferson Street is a 960± sq. ft. ranch that includes 3 bedrooms, 1 full bathroom, with a metal roof. The home sits on .25± acres. Walk to town. Tax Map 204, Lot 111. Assessed Value: \$118,300.

1:30 p.m.-Whitefield, NH
Selling to the Highest Bidder
Above: \$10,000
398 Parker Road is a 1,508± sq.ft. 1-level home that includes 2 bedrooms, 1 full bathroom. The home sits on .5± acres. Tax Map 228, Lot 13. Assessed Value: \$100,900.

3:00 p.m.-Groveton, NH
Selling to the Highest Bidder
Above: \$10,000
4 Craggy Road is a 1,500± sq.ft. Cape with views that includes 3 bedrooms, 1 full bathroom and is serviced by public water. The home sits on .95± acres. Tax Map 220, Lot 12. Assessed Value: \$72,600.

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A great opportunity for something totally different

Last week was an interesting week in my world. Yes, it was the official start of the fall sports season with golf matches and soccer games, but that's not terribly interesting.

However, last Sunday, Monday and Tuesday I spent more than four hours each day at the Village Players Theater. For those that know me, this isn't terribly interesting news, since between rehearsals, set building and board meetings, I tend to spend a lot of time at the theater on a regular basis. However, sitting in the theater in the middle of the day on a Monday is not a normal situation, since it's a big deadline day in my world.

Last Saturday and

SPORTING CHANCE

By JOSHUA SPAULDING



Sunday I got ahead of the game, setting up the pages for most of my papers and writing up previews. Sunday morning I was in the theater early and wrote a few more stories before the real fun started.

The interesting part of the week was getting the chance to watch an Academy Award winning actress work with a group of New York City actors on the Village Players stage. Estelle Parsons has been a longtime friend of the Village Players, having grown up in Wolfeboro. She won the Acade-

my Award for her performance in Bonnie and Clyde and became known to a whole new generation of television fans when she played Beverly, Roseanne and Jackie's mother on the sitcom Roseanne. She reprised that role in the reboot last season.

Though she's been coming to the theater for many years, I became acquainted with Estelle when she came to last summer's production of 25th Annual Putnam County Spelling Bee. When she came to the board with the idea to bring a group of New York actors to Wolfeboro to work on a show they were preparing for producers, I agreed to help out by putting together some publicity and also agreed to help

out with any other logistics that were needed along the way.

Sunday saw six actors on stage as they worked through the play called Home is a Verb with Parsons offering up her advice along the way. Two of the actors, who were up for parts in shows in New York City, has to leave on Monday morning, but the other four were there for a number of hours on Monday and did some more work on the show. On Tuesday, the actors agreed to put on a scene for an audience and it was impressive to watch. Though I had seen them work through two days worth of stuff, the things I saw on stage on Tuesday night were completely different. It was inter-



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IT WAS GREAT to watch Estelle Parsons at work with a group of New York City actors last week.

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esting to see how these actors adjusted on the fly to the situations in front of them and responded to the notes that Estelle gave them.

It was one of those things that you don't always get the chance to do and I am grateful for the opportunity to watch and learn from talented people.

Finally, have a great day Jim and Priscilla Adams.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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Sat., 9/15, 1 pm, vs. Western Connecticut
Sat., 9/29, 1 pm, vs. Worcester State

Men's Soccer

Weds. 9/5, 5 pm, vs. Suffolk
Sat., 9/8, 4 pm, vs. Endicott
Tues., 9/11, 5 pm, vs. Pine Manor
Sat., 9/15, 4 pm, vs. UMass Dartmouth

Field Hockey

(home games @ New Hampton School)
Sat., 9/8, Noon, vs. Bridgewater State
Fri., 9/14, 7 pm, vs. Framingham State
Weds., 9/19, 6 pm, vs. Fitchburg State

Women's Soccer

Sat., 9/1, 1 pm, vs. Lyndon State
Tues., 9/18, 4 pm, vs. Curry
Sat., 9/22, 1 pm, vs. Southern Maine

Women's Tennis

(home matches @ Holderness School)
Sat., 9/1, 1 pm, vs. UMass Dartmouth
Tues., 9/4, 3:30 pm, vs. Franklin Pierce
Sat., 9/8, 1 pm, vs. Rhode Island College
Mon., 9/10, 4 pm, vs. Saint Anselm

Women's Volleyball

Tues., 9/4, 6 pm, vs. St. Joseph's (Maine)
Tues., 9/11, 6 pm, vs. Middlebury

Visit athletics.plymouth.edu for full schedules and information.

See further up here.

