



Ninety-three-year-old Bebe Wood, who was a ski instructor at Ragged Mountain for forty years, took a nostalgic trip up the chairlift last week with friends and staff from Golden View Health Care's Assisted Living program. Enjoying the ride that day were (left to right) Ski Patrolman Scott Brown, Wood, friend Judy Hoeckele, Wood's son Ken and Golden View staff member Kathy White.



On a trip to Ragged Mountain last Thursday, residents and staff of Golden View Healthcare celebrated their assisted living program's 20th year in operation by spending a few hours at Ragged Mountain Ski Area where resident Bebe Wood was a ski instructor for four decades.

Bebe Wood returns to Ragged Mountain

BY DONNA RHODES
drhodes@salmonpress.news

DANBURY – Last week, former Bristol resident Bebe Wood took a trip back to Ragged Mountain Ski Resort in Danbury, where, for more than five decades, she was

one of the most familiar faces not only on the slopes, but in the lodge and everywhere in between. She began formulating her legacy at Ragged Mountain as not just an avid skier in the 1960s, but as a ski instructor there

for 40 years, then a volunteer Ambassador to the resort until her recent move to Golden View Healthcare's Assisted Living program in Meredith.

Now a spry 93 years old, Wood has skied all her life and misses the people and the resort that was more like a second home to her for so long.

"Isn't this wonderful? To think I taught her for 40 years... I love

this place! They're all like family to me," said Wood when she arrived last Thursday afternoon.

Golden View's Assisted Living program is celebrating its 20th anniversary in 2020 so both staff and residents have been finding fun ways to enjoy their landmark year. A trip to Ragged Mountain, they said, fit their criteria perfectly.

Accompanying

Wood that day was Nursing Administrator Rosemary Simino, Assisted Living Administrator Heidi Murray and a few other members of the staff. Also along for the day were two of Wood's fellow residents, Glenn Haney and Judy Hoeckele, whose son Walter coincidentally was a ski patrolmen at Ragged for more than 20 years.

For Wood, the visit

last week was a special one though. It had been eight years since she had ridden a chairlift to the summit of the mountain, a journey that had been routine to her since 1964. Hearing that, Golden View made arrangements with Ragged Mountain's Marketing Director Kyle Matzke for Wood to ride the lift to the top of the mountain one more time.

SEE WOOD, PAGE A7

SB2 proposal expected to spark debate at Town Meeting

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL — After the first session of this year's Town Meeting, when candidates for several openings in town government were selected at the polls, Bristol voters are now asked to reconvene for the second session of Town Meeting this Saturday, March 14, when 12 other articles on the 2020 Warrant will be presented for discussion and a final vote on each.

amount remaining in the fund at the end of the year would then lapse into the general fund.

Article 21 will ask voters to approve the placement of \$44,000 into the Police Vehicle Capital Reserve Fund, which was established three years ago. Of that amount, \$10,000 would come from a withdrawal from the Police Detail Revolving Fund and placed in the vehicle capital reserves.

SEE SB2, PAGE A7

This year, the Budget Committee will be presenting an operating budget of \$6,812,436, down slightly from the selectmen's proposal of \$6,829,480. There will also be a separate request to establish a \$25,000 contingency fund for unanticipated expenses that may arise in the coming year. That money is to come from the unassigned fund balance and not from taxation. Any

INDEX

Volume 6 • Number 11

Opinion.....A4

Obituaries.....A5

Towns.....A5,6

Churches.....A6

Business.....A9

SportsB1-B3 & B6

Classifieds.....B4-B5

18 pages in 2 sections

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Newfound students receive rave reviews at state music festival

BRISTOL — Seven musicians from Newfound Regional High School were recently awarded Superior and Excellent ratings at the New Hampshire State Solo and Ensemble Festival. The annual festival, sponsored by the New Hampshire Music Educators Association, and held this year at Plymouth State University, provides for adjudication settings for soloists and small groups.

Madison Nialetz, who sang "Sebben Crudele" by Caldara received an "A" (Superior) rating, while Autumn Braley earned an "A" (Superior) rating on flute for her performance of the Scherzino by Andersen. An instrumental trio of Brian Watson, Autumn Braley and Devin Hershberger were awarded an "A" (Superior) rating for their performance of "Bouree" by Faber. Molly Lu McKellar received an "A" (Superior) rating for her piano solo "Prelude in E minor" by Chopin, while Devin Hershberger was Awarded a B+ (Excellent) rating for his flute solo "Arioso" by Bach. The NRHS Select Choir Madison Nialetz, Autumn Braley, Cassie Coffin and Duncan Farmer) earned an "A" (Superior) rating for their performance of "Ave Verum Corpus" by Mozart, while Autumn Braley received an "A" (Superior) rating for her oboe solo "Two Menuettos" by Bach.

All of the students performed before a Master Teacher, who evaluated and rated the performances.

Harold Lloyd stars in "Why Worry?" on March 28 in Danbury

DANBURY — He was the bespectacled young man next door whose road to success was often paved with perilous detours.

He was Harold Lloyd, whose fast-paced comedies made him the most popular movie star of Hollywood's silent film era.

See for yourself why Lloyd was the top box office attraction of the 1920s in a revival of "Why Worry?" (1923), one of his best comedies.

The Blazing Star Grange will screen "Why Worry?" on Saturday, March 28 at 7 p.m. at the historic Blazing Star Grange Hall, 15 North Rd. in Danbury.

The show is open to the public, with a suggested donation of \$5 per person.

The screening will feature live accom-



Harold Lloyd has big shoes to fill in "Why Worry?" (1923), to be screened with live music on Saturday, March 28 at 7 p.m. at the historic Blazing Star Grange Hall, 15 North Rd. in Danbury. The show is open to the public with suggested \$5 donation.

paniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating scores for silent films.

Lloyd's go-getter character proved

hypochondriac traveling abroad who gets caught up in a local uprising.

Thrown into prison, Harold is forced to use his wits to escape and rescue his nurse from the clutches of an evil Revolutionary.

Regarded as one of Lloyd's most surreal movies, "Why Worry?" features a cast that includes an actual real-life giant—8-foot-tall John Aasen, discovered in Minnesota during a national tal-

SEE WHY WORRY?, PAGE A7

BRISTOL VOTERS

Town Meeting this Saturday

March 14, 9AM at Newfound High School

Vote YES for SB2

Vote YES to Rescind the Sewer Project

Paid for by John Sellers

PSU recognized with Carnegie Foundation Community Engagement Classification

PLYMOUTH — Plymouth State University (PSU) has been selected as one of only 119 U.S. colleges and universities to receive the Carnegie Foundation Carnegie Community Engagement Classification, an elective designation that honors institutional commitment to community engagement.

The Carnegie Community Engagement Classification is the leading framework for institutional assessment and recognition of community engagement in U.S. higher education. It is awarded following a process of institutional self-study, which is then assessed by a national review committee led by the Swearer Center for Public Engagement at Brown University.

“These institutions are doing exceptional work to forward their public purpose in and through community engagement that enriches teaching and research while also benefiting the broader community,” noted Mathew Johnson, executive director of the Swearer Center.

This is the second time that PSU has earned this distinction; the University



COURTESY

Plymouth State University has been selected as one of only 119 U.S. colleges and universities to receive the Carnegie Foundation Carnegie Community Engagement Classification, an elective designation that honors institutional commitment to community engagement. One of the programs contributing to PSU's recognition was the Angel Tree Project which collects and distributes donated holiday gifts to more than 300 children in the region annually. (Pictured L-R): PSU students Tallie Phan and Molly Cassidy have been instrumental in the Angel Tree Project, and other community engagement initiatives in their time at PSU.

was first recognized in 2010.

“PSU is pleased to be recognized for our commitment to our institutional motto, Ut Prosim (That I May Serve),” said Jessica Dutille, director of community impact. “I am so proud of our students who embody this motto by contributing their hearts and minds to community initiatives, and I am grateful for our many nonprofit partners em-

powering students to join their important work. This classification reflects the dedication and hard work of an entire community.”

Service is a core PSU value that involves 100 percent of academic disciplines. More than 50 percent of courses are community engaged (572

total), involving more than 50 percent of all students (2,282 total). Student participation in service projects has increased substantially in recent years due to new programming and implementation of a new student leadership model.

The University's community engagement and active citizenship competencies are mapped to those of the National Association of Colleges and Employers (NACE): Critical Thinking/Problem Solving; Oral/Written Communications; Teamwork/Collaboration; Information Technology Application; Leadership; Professionalism/Work Ethic; and Career Management. “By engaging in community service work, our students are better prepared to succeed when they graduate, no matter their career path,” noted Dutille.

PSU students are

proactive in taking care of each other, their neighbors and the wider world. The campus Community Cupboard (Student Support Foundation food pantry) and Swipe It Forward program (donations of dining hall meals) help address student food insecurity, and community service participation is a student athlete requirement; students assist area organizations devoted to homelessness, veterans, women and youth; and students aid underserved communities nationally and internationally through off-campus trips and projects.

“As advisor to the Student Support Foundation, it is incredible to see the students' thoughtfulness, compassion and awareness of those around them, and how it fosters a deep culture of caring – it's contagious,” said

SEE **CARNEGIE**, PAGE A7

PSU to host NH Water and Watershed Conference

PLYMOUTH — Plymouth State University's (PSU) Center for the Environment will host the 2020 New Hampshire Water and Watershed Conference on Friday, March 13, from 8:00 a.m. to 4:15 p.m. at Merrill Place Conference Center in Plymouth. The theme of this year's conference is “Persistent and Evolving Water Issues.”

The annual conference brings together scientists, regulators, non-profit organizations, water resource professionals, land use planners, elected officials and others to share information on regional water resource issues, including sustainability, conservation, groundwater standards and drinking water resources, watershed

management, wildlife management and the changing water landscape.

The 2020 New Hampshire Water and Watershed Conference will explore topics of acute local and regional concern, including trends in New Hampshire drinking water quality. The emergence of polyfluoroalkyl substances (PFAs) in the state's water supply and its implications for private citizens, schools and municipalities will be a particular area of focus. Other topics will include the impacts of climate change, air pollution, contamination and public-private partnerships in water quality management, among others.

“Water quality impacts us all – from our lakes and streams and

the ecosystems they sustain, to our drinking water supply – and this conference provides a valuable forum for the exchange of knowledge and ideas concerning our state's water resources,” said June Hammond Rowan, Ed.D., Research Associate Professor, Plymouth State University. “We look forward to once again hosting leading scientists and experts to explore these important issues.”

Patrick A. Parenteau, J.D., Professor of Law and Senior Counsel in the Natural Resources Law Clinic at Vermont Law School will deliver the keynote: What's in Your Water? Legal Approaches to Addressing Persistent Threats. Parenteau, who was named a Fulbright Scholar in 2018, is the founding director of the Environmental and Natural Resources Law Clinic at Vermont Law School. He previously worked for the National Wildlife Federation in Washington, D.C. and served as regional counsel to the New England Regional Office of the Environmental Protection Agency (EPA) in Boston and as Commissioner of the Vermont Department of Environmental Conservation.

The Center for the Environment (CFE) at Plymouth State University addresses fundamental environmental issues in northern New England through scientific research, education and collaboration. The CFE engages on- and off-campus partners in projects using science-based knowledge to promote informed decision making. It also provides future educators, researchers and

leaders with a comprehensive environmental education that includes real-world research experience, an understanding of how the natural and built environments are integrated, and knowledge of the community and economy in which we live.

For the full 2020 New Hampshire Water and Watershed Conference agenda and list of speakers and presenters, visit: go.plymouth.edu/NHWWC20-Agenda. For parking and additional conference information, visit: go.plymouth.edu/NHWWC20-Conference.

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates, and by providing graduate education that deepens and advances knowledge and enhances professional development. The Plymouth State Learning Model is organized around seven dynamic, theme-based hubs called “Integrated Clusters,” which emphasize open, integrative and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

University of Maine announces fall 2019 Dean's List

ORONO, Maine — The University of Maine recognized 2,572 students for achieving Dean's List honors in the fall 2019 semester, including Victoria Roman and James Shokal of Alexandria.

Of the students who made the Dean's List, 1,754 are from Maine,

743 are from 30 other states and 75 are from 31 countries other than the U.S.

Students who received Dean's List honors for fall 2019, completed 12 or more credit hours in the semester and earning a grade point average of 3.5 or higher.

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Hassan tours PSU's new Makerspace, discusses incubator network bill

PLYMOUTH – Last Friday, U.S. Sen. Maggie Hassan toured Plymouth State University's new makerspace facility and discussed her bipartisan bill to support makerspace and incubator networks. Plymouth State University opened its makerspace recently, and it provides students, faculty, and staff access to 3D printers, laser cutters, and other technologies to help them work on new inventions and other projects in fields such as health care, physical computing, and environmental sciences.

Following Hassan's tour of the facility, she spoke with Plymouth State University faculty and students about

her efforts to support innovative Granite Staters. Most recently, Senator Hassan introduced the bipartisan Incubator Network and Startup Success Act, which would establish a competitive grant program supporting networks of makerspaces and incubators.

"Plymouth State's makerspace is a place where people can collaborate, learn, and transform their bold ideas into reality," Hassan said. "It was great to tour their facility and discuss my bipartisan bill to help innovative startups thrive."

"We were glad to give Sen. Hassan a tour of Plymouth State's new high-tech



COURTESY
Sen. Maggie Hassan at Plymouth State University's new makerspace facility.

"Sen. Hassan's incubator bill would help facilities like ours better coordinate with other makerspaces and incubators across the state and give innovative ideas the platform that they need to succeed."

Hassan has long made promoting entrepreneurship and supporting innovative businesses a top priority. During her time as governor, she laid out and implemented her Innovate NH plan - including working to hold down the cost of higher education, increasing and making permanent the state R&D tax credit, and launching the award-winning Live Free and Start initiative. As senator, she has introduced a bipartisan bill to expand the federal R&D tax credit for new and small businesses and has hosted an annual Innovate NH Entrepreneurship Forum. The first bill that Senator Hassan introduced in the Senate was the Reigniting Opportunity for Innovators Act, which would help provide student loan relief for entrepreneurs.

makerspace and discuss the importance of supporting more facilities like this one to help encourage innovation in the Granite State," said Bret Kulakovich, Director of Plymouth State University's makerspace.

Pemi-Baker Community Health announces new hospice volunteer graduates

BY ANNA SWANSON
Pemi-Baker Community Health

PLYMOUTH — Pemi-Baker Community Health is pleased to introduce the newest members of their hospice volunteer team. The volunteers come from a variety of professional backgrounds and represent many of the 18 towns that PBCH serves. The spirit of hospice volunteering is borne from a genuine desire to give comfort, peace and care to patients, caregivers and their families during end of life. Many volunteers have had a personal experience with someone who has benefited from all that hospice offers and have a strong desire to give back to other families in their community.

Hospice volunteers help in a variety of ways:



COURTESY
Volunteers and PBCH Hospice Staff (left to right): Front row: Lauren Bell, SW, Hospice Volunteer Coordinator; Guy Tillson, Hospice Chaplain & Bereavement Counselor. Back row: Devyn Peters, SW Intern; Cynthia Carpenter, Diana Davison, Brenda Davidson; Lisa Fortson, Hospice & Palliative Care Supervisor.

holding vigil, writing letters, reading to patients, light housekeeping, relieving family caregivers, helping with outside chores, grocery shopping, dog walking and holding meaningful con-

versations. No amount of time is too small; some volunteers give one or two hours per week, some give one or two hours per month.

"We are always looking for wonderful people

who have a passion for working with others. Our volunteers are so important to our non-profit organization and to those families we serve," said Lauren Bell, Hospice Vol-

SEE PBCH, PAGE A7

Join the fun at Speare's seventh annual Shamrock Shuffle 5K

PLYMOUTH — The days are getting longer, the ice is starting to melt and there's no time like the present to get up, get out, and get moving at Speare Memorial Hospital's family-friendly, 5K health walk/run on Saturday, March 14.

This community event was developed in response to an identified health need for families in central New Hampshire to have more opportunities to participate in physical, health activities. Speare's Shamrock Shuffle 5K encourages participants of all ages and abilities to join in walking, running, and/or strolling.

This year's Lead Sponsor, Hannaford Supermarkets has a strong tradition of supporting many deserving and worthwhile community organizations. Lori Hamilton, Community Relations Coordinator-Eastern Division says "We are grateful to be a part of the communities we serve. In partnership with organizations like Speare, we can continue to impact our primary focus areas: hunger relief, health

and wellness, and the development of children & their families."

The Shamrock Shuffle begins and ends at Plymouth Regional High School and makes its way through the streets of Plymouth. The event is not officially timed, as the focus is to encourage families and all community members to take steps toward a more active lifestyle. View the course map at SpeareHospital.com/Shamrock.

Registration
The registration fee is only \$15 per person. Children age 5 and under are free but must be registered. Register in person at the hospital reception area and pay with cash or check, or visit www.SpeareHospital.com/Shamrock to register online. (Please note, there is an additional small online processing fee.)

The first 200 registered walkers and runners are guaranteed their requested shirt size. The event will take place no matter rain, sleet, snow or shine.

Race day registration and check-in
Sign in 9 a.m. Race Start 10 a.m.

Be sure to dress in green to celebrate the St. Patrick's Day theme, and come inside for some photo booth fun and the kid's activity table.

Early pick-up
Please Note: If you register in advance, you can pick up your packets from 3:00 - 5:00 p.m. in the Speare front lobby, on Friday, March 13.

Thank you to our sponsors:
2020 Shamrock Shuffle Lead Sponsor: Hannaford Supermarkets

St. Paddy's Day sponsor: Medical Management & Reimbursement Specialists, LLC

Pot O' Gold Sponsors: RehabFit, U.S. Cellular , Katie Kenison EXP Realty , Woodstock Inn, Brewery , HomeLight Inc.

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And like so many initiatives, Speare's Shamrock Shuffle 5K wouldn't be possible without broad community support. Speare is partnering with the Central New Hampshire CERT & MRC to help ensure the safety of walkers/runners on the course.

If you have additional questions about Speare's Shamrock Shuffle 5K, please contact 238-6468 or email: akench@spearehospital.com.



Pemigewasset DAR hosts K9 officer demonstration

On Saturday, March 7, the Pemigewasset Valley Chapter of the Daughters of the American Revolution hosted Sgt. Joseph Guerriero & his K9 partner Falco for a talk & demonstration of their work for the Franklin Police Department. Sgt. Guerriero explained the equipment that he & Falco wear for callouts and had Falco demonstrate searching for drugs. A "dummy" drug was secretly placed in one of the handbags & Falco sniffed all the bags & lay down on top of the bag with the dummy scent! It was a fascinating and educational morning.



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NOW WE ARE THREE!

CADY Corner

Kick Butts Day is March 20

BY DEB NARO
Contributor

National Kick Butts Day is a day organized by the Campaign for Tobacco-Free Kids. This day of activism began in 1996 and empowers youth to stand out and speak up against Big Tobacco. This year, Kick Butts Day is March 20. On Kick Butts Day, teachers, youth leaders and health advocates organize events to: raise awareness of the problem of tobacco use in their state or community; and encourage youth to reject the tobacco industry's deceptive marketing by staying tobacco-free. The CADY Youth Advisory and Advocacy Council (YAAC) youth leaders have been busy with several awareness-raising prevention activities in local schools on e-cigarettes and vaping.

Although nicotine is addictive, most of the severe health effects of tobacco use comes from other chemicals in cigarettes. Tobacco smoke can lead to lung cancer, chronic bronchitis, and emphysema. It increases the risk of heart disease, which can lead to stroke or heart attack. Smoking has also been linked to other cancers, leukemia, cataracts, and pneumonia. Smokeless tobacco also increases the risk of cancer, especially mouth cancers.

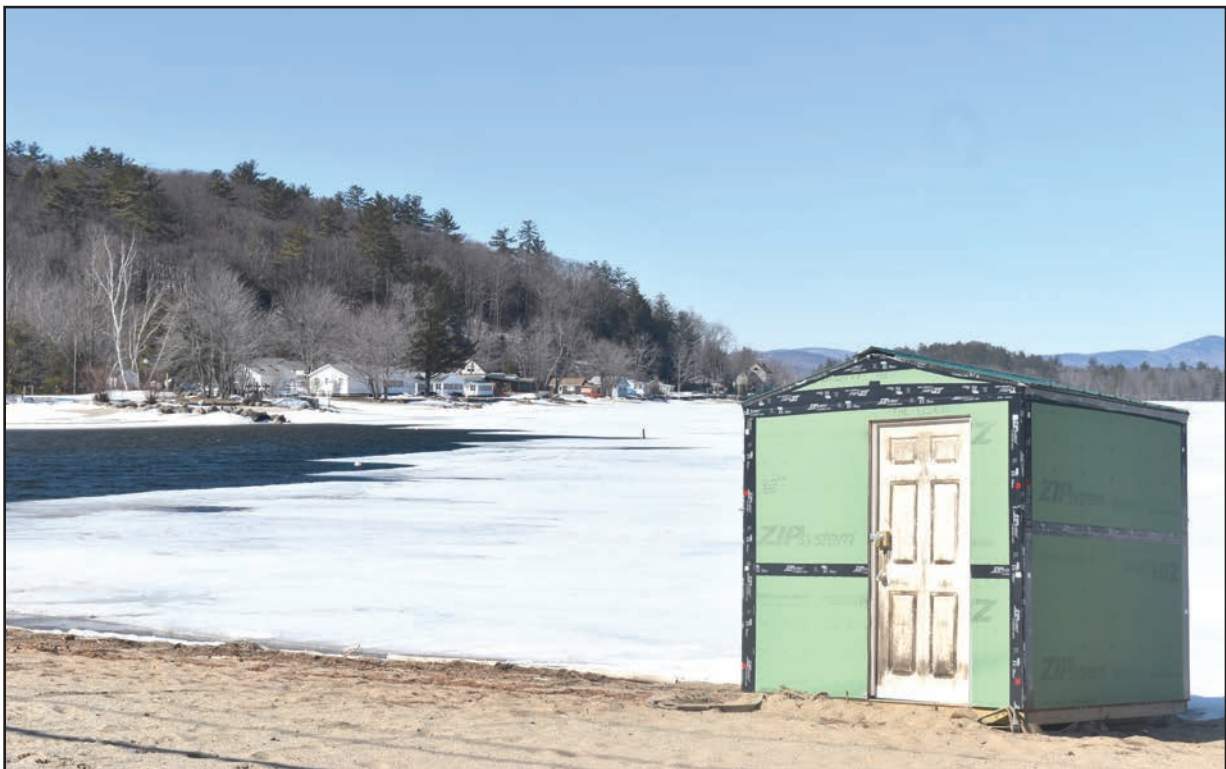
With 27.5 percent of high schoolers vaping, e-cigarettes have become an increasing source of concern. Research suggests that young people who use e-cigarettes are four times more likely to go on to smoke combustible cigarettes. This widespread epidemic led the U.S. Surgeon General to issue an advisory declaring a youth e-cigarette epidemic in December 2018. Even after the advisory was issued, more and more youth continued to use e-cigarettes and this isn't occasional use, it's regular use likely driven by the addiction to nicotine. The most recent National Youth Tobacco Survey data showed that 34.2 percent of current high school e-ciga-

rette users used 20 days or more a month.

As youth use continues to rise, the science around the potential harms of e-cigarettes has grown. Recent studies show that e-cigarettes pose a harm to the respiratory system, as seen in the numerous outbreaks of vaping-related lung disease throughout the U.S. resulting in 64 deaths. Research also shows that vaping may present a threat to cardiovascular health as well. E-cigarettes are now threatening to undo all the progress that the public health community and government have made over decades to reduce cigarette smoking.

For many who use tobacco, long-term brain changes brought on by continued nicotine exposure result in addiction. When a person tries to quit, he or she may have withdrawal symptoms, including irritability, problems paying attention, trouble sleeping, increased appetite, and powerful cravings for tobacco. Both behavioral treatments and medications can help people quit smoking, but the combination of medication with counseling is more effective than either alone. Current FDA-approved products include chewing gum, transdermal patches, nasal sprays, inhalers, and lozenges.

The U.S. Department of Health and Human Services has established a national toll-free quit line, 1-800-QUIT-NOW, for anyone seeking information and help in quitting smoking. To help address the increase in youth vaping, My Life My Quit offers free support to teens who are ready to quit smoking or vaping by texting or calling 855-891-9989. For more information about nicotine, including vaping, please visit the CADY Web site at www.cadyweb.org. If you or someone you know struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.



DONNA RHODES

Signs of spring

Beached bob houses and open water along docks and outlets on Newfound Lake are hinting that perhaps there will be an early spring this year.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

A book on the Panama Canal, as crows tell us spring is nigh

Sunday, March 1, dawned as one of those bright-overcast days not destined to change much. A sun-dial would have shown a fuzzy finger of shade. Only your stomach told time.

When I let the dog out in early afternoon, I heard a sentinel crow cry its alarm, and looked down into the pasture to catch sight of some flapping. It was a short flight, fear not being a real factor. The crows took up new positions in the big maples behind Vince and Michelle's house, squawking away.

It gave me pause—something had to, because I've got too much going on, too much to hardly be able to get into a good book, and I've got another good one at



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A crow doing what crows like to do, just flapping around.

hand, this one a tome on the Panama Canal, "The Path Between the Seas," by David McCullough.

First published in 1977 and in several editions since, it is one of those books, like "From Sea to Shining Sea" on Lewis and Clark, that never really dates itself, at least until the next original journal by a participant in the topic at hand is discovered in someone's attic. This is why, in particular concerning Lewis

and Clark, my reading on some topics seldom stops. Every few years, there's something new.

For some reason, the canal through the Western Hemisphere's isthmus—the whole notion of it, the story of its creation—has always fascinated me. Even today, long after I began reading about it, all the way through Theodore Roosevelt and beyond, from boyhood on, it remains on my Bucket List.



For some reason I just want to go there, and sail through this stupendous series of lakes and locks connecting the world's two largest oceans.

+++++

The notion of a canal through the isthmus, a narrow, meandering strip of mountainous country connecting North and South America, was not a new one. The explorer Balboa had it in mind in 1513, when he went looking for (and found) the so-called Southern

SEE NOTEBOOK, PAGE A7

MARK ON THE MARKETS

Black swans



BY MARK PATTERSON

I suppose we have all heard the phrase "black swan event," which is a metaphor to describe an event that comes as a surprise and has a major effect. Black Swan is derived from the Latin expression coined in the 16th-century when the thinking was that there were no black swans, only white. But in 1697, Dutch explorers first saw a black swan in western Australia. The sighting opened the door to the theories of statistical outliers happening when it was thought they could not. We tend to remember black Swan events as surprises that are typically negative such as

the attacks on the World Trade Center's twin towers in 2001. While this is certainly a black swan event, so is the discovery of the Internet which I think, most people would perceive as very positive.

So how does all this relate to the management of your assets and investment? You cannot manage or should not manage for black Swan events, but your portfolio of investments should be managed per modern portfolio theory.

Harry Markowitz wrote an essay in 1952 on modern portfolio theory. Markowitz, an economist, wrote about mean-variance analysis. These phrases are straight out of the statistics textbook and I'm sure many of you are familiar with. But it is how they are applied regarding your investment portfolio what makes them significant and extremely relevant. In the event of a black swan event you

will likely see world debt and equity markets react in an extreme manner. In 1987, black Monday saw the Dow Jones industrials lose significant amounts of value. Those who were using margin or sold near the bottom did not recover. But if you remember the bell curve, as things move away from the statistical mean or average they will in fact revert to the average.

Markowitz believed having a variety of non-correlated assets you would enhance the yield of your portfolio and reduce the risk. This is very true today if you can obtain real asset diversification.

Unfortunately, what I see all too often, are mutual funds with different names which would you lead you to believe that they are diversified but often have very similar holdings in very similar asset classes. I personally have not seen an occasion where one family of mu-

tual funds can provide true asset diversification.

In a truly diversified asset mix, not all your investments will be doing great at the same time and conversely, they will not all do poorly at the same. Bull markets in equities often give us a false sense of security and tend to make us chase the winners and shun the laggards. Things change and go through their various cycles. Rebalancing a diverse portfolio is necessary otherwise you no longer have properly diversified asset mix. Risk and your portfolios objective will also determine the asset mix. Is growth your objective? Income? Capital preservation? All these objectives can be managed in a properly diversified mix of low fee, high value investments.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tanks full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts



Ready

Towns

Alexandria

Mary Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Although it seems like Spring has arrived, I'm not going to do the happy dance just yet. Mother Nature has a way of bringing us back to the reality in short order sometimes. That's not to say I won't enjoy the beautiful weather, because it's helping to make what snow we have left disappear! There is no shortage of frost heaves and mud either, but those will all pass, just need to slow down and have patience!

Town

Board of Selectmen meeting Tuesday, March 17 at 6 p.m. in the Municipal Building.

Planning Board meeting Wednesday, March 18 at 6 p.m. in the Municipal Building.

Conservation Commission meeting Wednesday, March 25 at 6:30 p.m. in the Municipal Building.

These meetings are open to the public, unless otherwise noted, and all are encouraged to attend.

Alexandria UMC

Sunday, March 15, services begin at 9 a.m., with Sunday School following at 10:15 a.m. There will be a Trustee's meeting at 11:30 a.m.

Wednesday, March 18, the Lenten NAC Service will be at the Bristol United Church of Christ at noon, with a lunch served afterwards.

Office Hours and Visitation will be on March 18 from 1 until 6 p.m.

Happy March Birthdays to Violet Reynolds on March 3, Joshua Blouin on March 24, and Wyatt Day on March 24.

Time for me to get ready to help pass out ballots, and vote! Have a wonderful week ahead! Be safe in your travels, and kind in your words and deeds! If you see someone without a smile, give them one of yours! I can tell you first hand, it works!

Bristol

Al Blakeley
adblakeley0@gmail.com

As you can see, my email address is at the heading, and I would appreciate any feedback from readers regarding content. If you have anything you think folks would like to know and is appropriate for this column, please send it along for consideration.

The deadline for those wishing to have events included in the Newfound Lake Region Events Brochure for Summer of 2020 is April 3. Contact TTCC for information.

The Bristol Historical Society will hold its 2020 annual meeting on Tuesday, March 31 at 7 p.m. at the Minot-Sleeper Library. Following a short business meeting there will be a presentation of "Old Stories of Bristol." The Society will have a few stories to share and we invite others to share stories they may have. NRHS senior, Evelyn Cutting, will talk about her senior project which has involved collecting stories and creating a Web site.

The second event scheduled for 2020 is a fashion show at the Historic Town Hall on Sunday, April 19, at 2 p.m. Nancy Spears of Imagine will showcase some of her latest spring attire. This is a free event and all are welcome.

Copies of the 2020 brochure are available at the MSL and the Town Office building. The Society welcomes new members and is looking forward to a busy season. The museum will open in June and is always available upon request. For more information, call 744-2751.

2020 TTCC Youth Baseball, Softball and T-Ball Program Registration is now open! These programs are for ages four to 16. The season is from April through mid-June. Skill assessments will be held on March 21 at NRHS. This program runs primarily through volunteer efforts. Help is always needed for board members, coaches, fundraising, concession help and more. If you are interested, please contact the TTCC at 744-2713.

Mother and Son Minute to Win It Game Night! A special night for mothers and sons to join in some fun, silly competitions and games. All ages are welcome. This event will be held on Friday, March 13 from 6:30 - 8:30 p.m. The cost is \$15/couple and includes refreshments and prizes. Call TTCC at 744-2713 to reserve a spot by March 10.

TTCC Summer Camp registration opened on March 1. Weekly camp fee is \$85. Scholarships are available. Call the TTCC office at 744-2713 for more information.

CADY (Communities for Alcohol and Drug-Free Youth) will be launching a Newfound Parent Advisory Council (PAC) this month on Thursday, March 12 at the Minot-Sleeper Library from 6-7:30 p.m. (A light dinner will be served). Please RSVP: ebrochu@cadyinc.org. This offers a great opportunity for: 1)parents to have their voices heard on needs for their children, schools and community. 2) Education about what is happening around the state and region in terms of prevention. 3) An interactive and dynamic group of parents to spark inspiration and opportunities

for other parents in the community.

To celebrate St. Patrick's Day, the Minot-Sleeper Library has invited the Irish Dance Academy to Storytime on Wednesday, March 18 at 10:45 a.m. Families are invited to come see traditional Irish Dancing and enjoy an Irish story, snacks and a craft.

On Thursday, March 19 at 7 p.m., the MSL will host Liz Tentarelli, president of the League of Women Voters in NH who will present "Votes for Women: A History of the Suffrage Movement."

Using historic photos and documents, Liz will guide us on the journey from the 1848 Women's Rights Convention in Seneca Falls, N.Y. to ratification of the 19th amendment in 1920.

Looking ahead for the MSL: March 28 at 10 a.m., a Transcribe-A-Thon, a project to help the sight impaired with search, readability and access to handwritten documents, and on Tuesday, March 31, the above mentioned Old Stories presentation by the Bristol Historical Society.

Is Mother Nature just teasing us with these nice warm days? Time will tell...

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

Another beautiful day in Groton. It makes me hopeful for spring, but I'm quite sure winter has not had its last hurrah.

At the Select Board meeting on Tuesday, we had a time to meet the candidates. All that were there were running uncontended so had no speeches for us. We have very few candidates on the ballot this year. We hope that next year will be different with a showing of younger people who may be interested in running for offices. Those who are interested should let the clerk know before the end of January next year and we can get you signed up so your name appears on the ballot. The window for putting your name in the hat is small. I will try to let everyone know in this article when it comes around.

We hope you will all be out to Town Meeting on Saturday too as this is when you get to hear what is going on in Town.

There were some small business items to attend to but nothing too exciting. The Town roads have been posted as of Wednesday, March 4.

The Town Clerk's Office has stickers available for \$1 each. The charge is to cover the purchase of new stickers for the following year. We are using up what we have this year, but next year we will need to purchase these stickers. They are to be placed right below the inspection sticker on your vehicle's windshield. It would make it easier if you have your vehicle registration with you for verification of which vehicles you will be placing these on and also residency. It's true that we are a small town and know one another for the most part, but we have been having trouble with non-residents

bringing trash in and dumping at our Transfer Station. Hopefully this will eliminate some of that problem.

The Town Meeting will be at the Town House on Saturday, March 14 beginning at 9 a.m. You may bring some snacks to share for lunch. Coffee and Tea will be provided. There are important things to discuss at this meeting so it would be great to take part and share your opinion.

There are free books, tapes and DVD's at the Town House in what used to be our library. Please come in, read the signs and take what you want. Our Library Trustees want you to know that we have free library services through the Hebron Library. Hebron Library hours are Monday 4 - 7 p.m., Wednesday 1-5 p.m., and Saturday 9 a.m.-1 p.m. Drop in and get your own library card and make use of this valuable asset.

Scheduled Meetings

Robert F. Laiweneek, Sr.

NEW HAMPTON — Robert F. Laiweneek, Sr. fondly known as "Accordion Bob", died Saturday, March 7, 2020 at home surrounded by family.

He was born in Boston, Mass., to John "Jack the Russian" Laiweneek and Mary L. (McCarthy). Bob moved to New Hampshire in his teen years and met the love of his life, Joan (Roberts). They later married and spent nearly 55 years together before her passing in 2012. Bob served in the US Air Force during the Korean and Vietnam War era. He worked as a machinist for Cooper Products of Laconia.

In the 1970's, Bob obtained his guide license from the state of New Hampshire and operated a "Fish'n Guide Service" on Newfound Lake. He loved the outdoors and spent his free time hunt-



ing and fishing for himself as well as his guide work. Having taught himself to play the accordion, Bob loved to entertain at family gatherings and was well known at local open mic nights. He rarely missed playing at The Mill's weekly event.

Family members include his daughter, Debbie (and husband Kenny) Gaudet of New Hampton; daughter-in-law, Wendy Laiweneek of Bristol; grandchildren Robert F. Laiweneek III, Benjamin

and Closures for the Town of Groton:

Select Board Work Sessions – Tuesdays, March 17 and April 7, 5 p.m. at the Town House.

Select Board Meetings – Tuesdays, March 17 and April 7, 5 p.m. at the Town House.

Town Meeting – Saturday, March 14, beginning at 9 a.m. at the Town House.

Conservation Commission Meeting – Thursday, March 12 at 7 p.m. at the Town House

The Select Board Office will be closing early at 2:15 p.m. on March 18.

The Town Clerk's Office will be closed Wednesday, March 18 and Thursday, March 26 for Tax Training in Concord.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Important message
SEE TOWNS, PAGE A6

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Edward Jones: Financial Focus

Will Your Money Last as Long as You Do?

What do your fellow citizens fear most? Almost half of them – 49% – are most afraid of running out of money during retirement, a higher percentage than the 44% whose chief concern is failing health, according to a recent survey by Aegon Center for Longevity and other groups.

Health care costs alone can run into the hundreds of thousands, even with Medicare.

• Estimate your longevity. None of us can say for sure how long we'll live. However, you can make some educated guesses based on your health and family history. And once you do have at least a ballpark figure, you can then determine about how much money you may need to last the rest of your lifetime. A word of caution: It's probably going to be more than you think.

Health care costs alone can run into the hundreds of thousands, even with Medicare.

• Determine when you'll retire. Your retirement age will have a big impact on how long your money can last. The longer you work, the more you can contribute to your retirement plans, such as your IRA and 401(k). Plus, if you have health insurance through work, you should be able to cover some of the out of pocket health care costs you'd normally have to pay if you're retired.

• Invest as much as you can in your retirement. During your working years, contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. And every time you get a raise, try to increase the amount you put into your employer's plan.

• Protect yourself from long-term care costs. If you're fortunate, you'll never need any type of long-term care, such as an extended stay in a nursing home or the services of a home health care provider. Still, there are no guarantees, and long-term care expenses can be big enough to threaten your retirement savings. The average cost for a private room in a nursing home is about \$100,000 per year, while a home health aide costs about \$50,000 per year, according to the insurance company Genworth. Medicare typically pays just a small portion of these amounts, so you may want to purchase a long-term care insurance policy that will pay for qualified long-term care costs. Or you might consider a "hybrid" policy, which combines long-term care protection with life insurance. So, if you never needed long-term care,

your hybrid policy would pay a death benefit to your beneficiary, but if you did need the care, your policy would pay benefits toward those expenses.

• Choose an appropriate withdrawal rate. During your retirement, you'll need to withdraw money from your IRA, 401(k) and other retirement accounts. But you'll want to avoid taking out too much each year, especially during the early years of your retirement. It's important to establish an annual withdrawal rate that's appropriate for your needs, taking into account your age, sources of income, lifestyle and other factors.

The thought of running out of money during retirement is scary indeed – but by making smart choices, you can go a long way toward alleviating this fear and enjoying your life as a retiree.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

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Churches

Ashland Community Church

Real Church. Real People. Real Simple.
Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Bob’s Shurfine

Market). Parking is available next to and behind the church.

Pastor: Ernie Madden
Worship Pastor: Aaron Stout
Phone: 968-9464
Email: accernie@hotmail.com
Website: ashland-

communitychurch.com

Sundays:
10 a.m. Worship – Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

Aug. 18 – September 15 Teaching Series: “I Love My Church!”

Toddler Zone (for infants – five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Small groups: We also offer adult small groups that meet in various locations on Sunday, Tuesday, Wednesday, and Thursday evenings. Please contact our pastor, Ernie Madden, for more information about our small groups program.

New Women’s Ministry: A women’s group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.

It is our desire to help you understand God’s incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don’t have to dress up. You don’t have to be any particular age. And please don’t feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you’ll find what you are looking for here. You’ll learn how to relate to God. You’ll experience a Christian community. And here’s the big thing – you will change. Join us each week as we seek God

together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don’t hesitate to contact our pastor, Ernie Madden, at 968-9464 or accernie@hotmail.com.

We look forward to seeing you soon!

Holy Trinity (Roman Catholic)

Our Lady of Grace will be hosting a St. Patrick’s Day celebration at the Marian Center on Sunday, March 15 after the 9:30 a.m. Mass. The event will last from 10:30 AM until Noon and will feature step dancers, green food, games and fun! Come on down and join us!

Faith Formation for All is ongoing in Plymouth. If you have questions about the program call Deacon Mike at 536-4700.

On Easter vigil this year, we will welcome Roy Ford (Bristol), and Desteny Jones (PSU), into full communion. We are excited for them!

There will be a Red Cross Blood Drive at the Marian Center (across from Our Lady of Grace) in Bristol on Tuesday, March 24 from 1 to 6 p.m.

Catholic Campus Ministry is hosting a very special Stations of the Cross with Fr. Von DeRosia on Tuesday, March 24 at St. Matthew Church.

The Knights of Columbus in Bristol will host a Fish Fry on Friday, April 3 from 5 to 7 p.m. at the Marian Center in Bristol. Tickets are \$16 apiece or \$30 per family. The Stations of the Cross will take place afterward at Our Lady of Grace.

Plymouth Congregational UCC

You are invited to join us for worship at 9:30 am at the white church located in the heart of Plymouth on the Town Common.

Pastor Mike Carrier and this lively, diverse congregation of children, youth and adults will warmly welcome you. After a time with the Pastor, children will be excused to their Sunday School classes, and all of us will come together again following worship for a time of fellowship.

Save these dates
March 19 – Vesper Service in Chapel 6:15 p.m.

March 29 – New Hampshire Master Chorale Concert

April 5 – Palm Sunday 9:30 a.m.

April 9 – Maundy Thursday, Communion Service 7 p.m.

April 10 – Good Friday, Tenebrae Service 7 p.m.

April 12 – Easter Service 8 & 9:30 a.m.

April 15 – New Hampshire Chamber Singers 7:30 p.m.

Live-Streamed and More! Don’t miss a thing. Sunday Worship services are live streamed on Facebook every Sunday. “Like” the church Facebook page and you will receive notifications when the weekly service goes live! Missed something? You can find it on the Facebook , “Plymouth Congregational United Church of Christ Plymouth NH.” Scroll down to the date of the service or program you missed. It is all there! You will also find current information about upcoming church events and a few posts to make you laugh.

Feeding Our Children Together

We provide 3,000 calories to food insecure children in the Head Start Program and to Plymouth Elementary School during the academic year. Every Friday, grocery bags are delivered to the children so that they will have enough to eat over the weekend. If you would like to find out more on how you can help packing, delivering, or shopping for Feeding Our Children together, email office@uccplymouth.org.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, socially liberal, open and affirming, inclusive and enthused about sharing Christ’s love with the world. If you are new to the community and looking for a church home, we invite you to join with us in experiencing God’s love through worship, study, fellowship and service.

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a

home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service

Monday:
First and third Monday of the Month
Noon-2 p.m. Helping Hands Food Pantry

Friday:
Second Friday of the month
6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

This week at Starr King:

March 15
Starr King Unitarian Universalist Fellowship: The First Forty Years

Rev. Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director, and Choir

The Starr King UU Fellowship was founded forty years ago this month. Join us for a celebration of this significant anniversary. We will commemorate our past, celebrate our present, and imagine our future.

For more details, visit our Web site
www.starrkingfellowship.org
536-8908

How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers. **Obituaries** can be sent to: **obituaries@salmonpress.com** **Wedding, engagement, and anniversary announcements** are welcome at: **weddings@salmonpress.com**

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

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CAUTION

Drivers
YOU HOLD THE KEY TO OUR CHILDREN'S FUTURE

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.
Please drive carefully.

Wood

FROM PAGE A1

Soon after she arrived last week, former coworkers teased Wood for not having her skis, but they were pleased to see her familiar big smile when she hopped aboard the Six-Pack chairlift once again.

“It’s gorgeous here. I really didn’t realize how wonderful skiing is until I got away from it for awhile,” she said. “Skiers are such a special breed, and this is such a wonderful family ski area. I love it here!”

The people of Ragged Mountain love Wood, too. After her retirement as an instructor, she was so highly thought of by the staff and skiing public that they developed the Bebe Wood Free Learn to Ski and Ride program in her

honor. Through the program, first-time skiers and snowboarders, ages seven and up, can receive three two-hour lessons, including rental equipment and a lower-mountain lift ticket, at no charge.

Murray, who learned all about Wood’s Ragged Mountain legacy when she moved to Golden View, said that the ski program was a big part of why she, too, was excited to take a trip to the resort last week.

“We wanted to do something different and one of our staff members told us she was a graduate of the Bebe Wood ski program so I knew right then that we had to do this. We want to foster more communication and collaboration with the community so we brought Bebe, Judy and Glenn out here so we could see what Rag-

ged Mountain is all about,” she said.

Besides the crew from Golden View, Wood was also joined at the slopes by her son Ken and a few other old friends who heard she would be there that day. It all culminated in an afternoon she will long remember.

“It was such a wonderful day. It was pure joy. I’m so thrilled Golden View took us there. You have no idea how meaningful it was- it brought back so many memories,” Wood said afterward.

And though ski season is nearing an end for this year, she looks forward to other trips back to her “home away from home” in the future.

“Ragged’s just a very special place for me. It’s amazing,” she said.

Why Worry?

FROM PAGE A1

Rapsis will improvise a musical score for “Why Worry?” as the film screens. In creating accompaniment for the Lloyd movies and other vintage classics, Rapsis tries to bridge the gap between silent film

and modern audiences.

“Creating the music on the spot is a bit of a high-wire act, but it contributes a level of energy that’s really crucial to the silent film experience,” Rapsis said.

The short Harold Lloyd comedy “Number, Please” (1920) will also be included in the

program.

“Why Worry?” will be shown on Saturday, March 28 at 7 p.m. at the historic Blazing Star Grange Hall, 15 North Rd. in Danbury.

The show is open to the public with suggested \$5 donation.

For more information on the music, visit www.jeffrapsis.com.

Carnegie

FROM PAGE A1

Casey Krafton, PSU’s assistant director of community impact.

Alumni and current students alike take inspiration from the numerous opportunities afforded by Plymouth State’s culture of service.

- Zachary Eastman ’21 is a student who is currently experiencing homelessness. As a business major, he lives year-round at PSU while working multiple jobs and attending classes full-time. His Social Entrepreneurship course project, “Homeless but Not Hopeless,” proposes a comprehensive homeless shelter model that combines multiple essential services, such as health insurance, housing, food stamps, job opportunities, transportation and education, into a ‘one stop shop’ format. In his Design Thinking course, he is developing different business models for the enterprise. “I’m really starting to learn more about what a business needs, how to start it, and how to make it bloom,” said Eastman. “To me, Social Entrepreneurship is about making a difference in the world.”
- Molly Cassidy ’20 was awarded a Campus Compact Newman Civic Fellowship this past academic year for facilitating community engaged learning experiences. One of her signature

programs is the Angel Tree Project, through which she helped collect gift donations for more than 300 children in the region. She has also participated in both international and domestic service trips and she was a driving force behind PSU’s Give It Forward program, which collected food, clothing, furniture and appliances to benefit 13 local nonprofit organizations. “Molly exemplifies a student leader who is making significant contributions to the development of her peers, and to the local and global communities,” said President Donald L. Birx.

- New Hampshire Representative Matt Wilhelm ’04 was recently named National Service Advocate of the Year in a Washington, DC, ceremony that also honored civil rights icon Congressman John Lewis and other service leaders. Wilhelm is actively revitalizing dilapidated properties in Manchester, NH, to serve community needs, and is known for his legislative advocacy for service-driven and community-minded young people. He credits Plymouth State with accelerating his journey to national recognition. “The community is pretty unique among college campuses and I learned a lot about different ways one can serve,” he said.

“In return, the community reaches out

and embraces our students,” said Dutille, who noted the assistance, mentoring and partnership of community members and local nonprofit leaders.

original people were battle-scarred veterans of European contact. They had long since been conquered or driven inland by the Spanish.

It is the ocean where the sun goes down, or in many mythologies and religions, where the sea swallows the sun, and the records must be rife with nature-driven names for the land and its people. How many names of tribes and nations translate to “People of the Sunset Land?”

What this book does not eventually offer, I’ll find from different sources. And one day soon, I’ll make a voyage to the canal aboard a vessel going through, and see this Seventh Wonder of the World (the list changes)

SB2

FROM PAGE A1

The remaining \$34,000 would be raised through general taxation.

Another request recommended by both the Budget Committee and Selectmen is for the town to raise and appropriate \$15,000 for the first payment on two Cardiac Monitoring Defibrillators for the fire department.

Two other articles both approve seek funding for additions/renovations to two town buildings. In the first, Article 23, \$45,200 is being sought for renovations to the bathroom and second floor of the Highway Department garage. Article 24 asks for \$56,500 to install a Limited Use/Limited Application elevator for the town office, providing handicap access to the second floor. That request, however, is contingent on a \$31,075 grant the town can apply for, leaving \$25,425 to come from taxation should that grant be approved.

In Article 25, voters will be asked to raise the sum of \$14,000 for Fourth

of July fireworks and celebrations this year. In the following article, residents will be asked to establish a Patriotic, Recreation and Special Events Expendable Trust Fund. Money accumulated in that fund would be used to support future town-sponsored “patriotic, recreation, and special events, celebrations, activities and displays” in Bristol. To establish the fund, voters will be asked to authorize the transfer of \$1,000 from the unassigned fund balance into the new account.

Also approved by the Budget Committee and selectmen is the appropriation of \$240,000 to be dispersed among five Capital Reserve Funds.

There is one article where the two groups did not agree however: Article 20 asks voters to raise \$100,000 for architectural and engineering designs, along with other related expenses, for a future public safety building. Preliminary work for such a project takes time to complete and selectmen feel it would be wise to invest in some

of that work now. When the project is brought up for approval in a few years, the town would then be ready to act on it. The Budget Committee however does not recommend the proposal at this time by a 2-3-1 vote.

Finally, there are two petitioned warrant articles being presented. One is to adopt RSA 40:13, otherwise known as SB2, which would do away with the traditional town meeting and present all warrant articles to the voters by secret ballot. The other is a request to repeal Article 11, passed at last year’s Town Meeting. By a majority, voters at that time approved the 2019 request to bond \$20 million dollars for the construction of sewer lines along the eastern and western shores of Newfound Lake in the Town of Bristol.

Neither the Budget Committee nor the Selectmen recommend this article.

The 2020 Bristol Town Meeting will begin at 9 a.m. this Saturday in Newfound Regional High School auditorium.

PBCH

FROM PAGE A3

unteer Coordinator for PBCH.

The volunteers completed a free, five-week training course at PBCH’s Boulder Point location in Plymouth. The course covered the hospice philosophy, listening and communication skills, confidentiality, family dynamics, and bereavement support for clients and their families.

The next free training session will begin April

7 through May 5 on Tuesday afternoons, 2-4 p.m. For more information about hospice training and to register, please contact Lauren Bell, SW, Hospice Volunteer Coordinator at 536-2232 or by email at lbell@pbhha.org.

With 52 years of experience, serving more than 900 clients from 18 towns in central and northern New Hampshire, Pemi-Baker community Health is the home care provider of choice for Grafton County. Services

include at-home health-care (VNA), hospice and palliative care, on-site physical and occupational therapy and fitness memberships including a fitness gym and fitness classes in our 90-degree therapy pool. PBCH is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 536-2232 or email: info@pbhha.org Visit our Web site, www.pbhha.org, and like our Facebook Page: @PBCH4.

Notebook

FROM PAGE A4

Ocean, which indeed is first described to the south from certain places on the western shore. But we think of it as the Pacific, ocean of the west.

In the northeast, most of the major tribes, often identified by their watersheds, were (and are) aligned with the Abenaki nation, or more recently Wabanaki, translated as “Dawn Land.” The book on the canal doesn’t offer much detail on what the original people along the west coast called themselves, and I haven’t delved into the subject for a long time. But by the time Lewis and Clark got there, the

for myself.

+++++

Crows were decidedly migratory in my boyhood, and when we heard their cries through the north-facing window of the upper ell bedroom I shared with brother Peter; it was a sure sign of spring. There was a slaughterhouse up at the Pollard farm on Cooper Hill, and it was there that the crows first showed up, tired and hungry from their travels and more than ready to feed on the slaughterhouse offal.

But in these times the winters have been getting milder, and the crows have been hanging around right through, albeit mostly in lower

habitat. I’ve seldom seen them in the dead of winter, which to me is from New Year’s to the Ides of March.

On this day, I’d planned to fire up the shop stove and split some kindling, sweep things up, maybe haul a little wood.

The sound of the crows gave me second thoughts, and made me contemplate bundling up and sitting out on the front porch, if only for a moment, to enjoy a landscape garbed in fresh white, still bundled up for winter’s last gasp.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)





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HILL:

Hill Public Library

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	991 Cass Mill Rd.	Single-Family Residence	\$158,000	Sandra M. and Mark C. Pagani	Eric A. Archambault
Bridgewater	N/A (Lot 22)	N/A	\$200,000	Peter H. Smith	Drypolcher Fiscal Trust and Gerald L. Drypolcher
Bristol	45 Manor Estates Dr., Unit 17	Condominium	\$450,000	R.M. & C.A. Sonstrom-Brown LT	Douglas W. & J.M. Pitman RET
Campton	Beaver Brook Road	N/A	\$275,000	Walter E. and Debra Hills	Theresa A. Belair and Cheryl L. Anderson
Campton	18 Lindsley Circle	Single-Family Residence	\$255,000	Robert J. and Linda M. Parisi	Nicholas Kelly and Rachel Parisi
Campton	73 Millies Circle	Single-Family Residence	\$270,000	Virginia B. and Erik P. Svard	Nancy B. Pierce and John C. Marshall
Hebron	Crystal Springs Road	N/A	\$535,000	Sycamore Fiscal Trust 2013 and Hubert D. Sycamore	Matthew and Melissa Hughes
Plymouth	8 Blueberry Hill Rd., Unit 6	Condominium	\$198,000	Allan G. Currie RET and Paula Currie	Erik R. and Virginia B. Svard
Plymouth	31 Chaddarin Lane	Single-Family Residence	\$285,000	James D. Abbe and Heather C. McKenney	Michael G. Davidson
Plymouth	12 Hamilton Way	Commercially Developed Land	\$95,000	Meredith Village Savings Bank	Mid-State Community Development
Plymouth	US Route 3	N/A	\$52,000	George C. McMenimen, Jr. Estate and J. McMenimen-Lavardiere	Nicholas C. and Meghan K. Ringlein
Rumney	N/A	N/A	\$111,000	Rumney Climbers Association	USA
Thornton	Fairway Drive	N/A	\$31,000	Dave R. and Lisa R. Gullicksen	Salvatore and Gina Torcasio
Thornton	Fairway Drive	N/A	\$31,000	Dave R. and Lisa R. Gullicksen	Antonio and Lydia Torcasio
Thornton	14-b Karma Ct.	Acc. Land Imp.	\$80,733	Pamela A. Wilkinson and Mary-Lou Quigley	Tadge G. and Michael E. Navoy
Thornton	305 Mill Brook Rd.	Single-Family Residence	\$185,000	G.A. Holecek Benton RET and Kerry A. Benton	Kevin F. and Joan M. McGuire
Waterville Valley	28 Packards Rd., Unit 509	Condominium	\$108,000	Christopher W. and Manya R. Collins	Steven J. and Lorraine M. Halibowicz
Waterville Valley	33 Windsor Hill Way, Unit 88	Condominium	\$90,000	Carleton F. Vaughan and Mary E. Putzke-Vaughan	N/A

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Sweet Judy Blue Eyes comes to Plymouth

PLYMOUTH —The Flying Monkey presents Judy Collins on March 21. The legendary singer, whose magical voice soothed a troubled world, from her debut at age thirteen to the heyday of free love. Tickets for this show start at \$49.

It was the music of Woody Guthrie and Pete Seeger and the traditional songs of the folk revival of the early 1960s that awoke in Judy a love of lyrics.

Her impressive career has spanned more than 50 years, but Judy Collins is best-known for evocative folk music of the 1960s and '70s, including her Grammy-winning album, "Wildflowers," which launched a mega-hit from a rendition of Joni Mitchell's "Both Sides Now." With a voice that rings with clarity and hope, she captured both the innocence and the determination of a generation that tried to put an end to injustice, environmental destruction, and the nightmare of the Vietnam "conflict."

Her iconic 55-album body of work thrived in the music industry for half a century, garnering several top-ten hits as well as gold and platinum-selling albums. The award-winning singer-songwriter is esteemed for her imaginative interpretations of traditional and contemporary folk standards and her own poetically poignant original compositions.



COURTESY

Judy Collins

In the past five years, Collins has released five albums and a tremendous amount of accolades. 2016's Silver Skies Blue, a duets record with Ari Hest, was nominated for a Grammy, and led to a performance at the Grammy Premiere Ceremony. In 2017, she released "Everybody Knows," her first album with Stephen Stills (of Buffalo Springfield and Crosby, Stills & Nash fame) after a decades-long friendship and one time romantic relationship that, of course, yielded the classic song "Suite: Judy Blue Eyes." She and Stills were profiled by "CBS Sunday Morning," The New Yorker, NPR and other outlets. 2015's Strangers Again featured duets with Jackson Browne, Willie Nelson, Jeff Bridges and marked Judy's highest Billboard 200 debut in decades.

"Through all these

years," Collins writes, "I have been eternally grateful for the gift of music. ... When we sing, we can do anything—change the world, bring peace,

be our best selves at last. When we sing, our hearts can lift and fly, over the troubled waters and over the years."

Tickets for Judy

Collins range from \$49 - \$64. For more information on upcoming shows or to purchase

tickets call the box office at 536-2551 or go online at www.flying-monkeyNH.com.

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Thurs, Mar 12 - BLOOD SWEAT & TEARS
Fri, Mar 13 - PINK TALKING FISH
Sat, Mar 14 - GLEN PHILLIPS (Toad the Wet Sprocket) & CHRIS BARRON (Spin Doctors)
Fri, Mar 20 - TAPESTRY: Carole King Songbook
Sat, Mar 21 - JUDY COLLINS

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5 reasons why summer camp is a good choice for kids

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those

final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices. Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year ends. Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are

five reasons why summer camp might be the right fit this year.

1. Explore talents. Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

2. Physical activity: Lots of camps build their itineraries around physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be a welcome change for kids accustomed to liv-

ing sedentary lifestyles. Regular physical activity has many health benefits and can set a foundation for healthy habits as an adult.

3. Gain confidence. Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

4. Try new things. Camp gives children the chance to try new things, whether that's

learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

5. Make new friends. Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools. Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.

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LAKE WINNIPESAUKEE SAILING ASSOCIATION

See our schedule and course details online at www.lwsa.org
Questions? E-mail us at sailing-school@lwsa.org
Check us out on Facebook <https://www.facebook.com/LWSA.School/>



July 7 - 27, 2020

Ages 10 - 17



Tennis Anyone?

Youth Tune Up Camp \$45 Residents \$55 Non-Res (per session) Session 1: June 29, 30 & July 1 Session 2: July 13, 14, 15 Beginners: 4:00-5:30 pm Intermediate/Advanced: 5:30-7:00pm		Youth Tennis Camp \$55 Residents \$65 Non-Res (per session) Session 1: July 6, 7, 8 Session 2: July 20, 21, 22 Beginners: 8:00-10:00am Intermediate/Advanced: 10:00-am-12:00pm
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Camps include instruction, fun and a camp t-shirt
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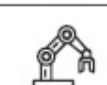





Registration opens April 15


Adult Clinics & Lessons
\$15 Residents \$25 Non-Res
Intro to Tennis Clinic: July 6: 6-7:30pm
Hone Your Skills Clinic: July 20: 6-7:30pm
Adult lessons are available upon request
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Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited, so contact our office & sign up early!

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Moultonborough, NH 03254
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www.moultonboroughnh.gov

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Registration opens April 15th!

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Ages 12-15 June 30 - Aug 6

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The registration deadline for all sessions is Thursday, June 11.

MOULTONBOROUGH RECREATION DEPARTMENT
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Factors to consider before choosing a summer camp

Adults often look back fondly on their childhood experiences at summer camp. Camps can provide the opportunity to form life-long friendships and discover rewarding hobbies that can enrich campers' lives for decades to come.

Choosing a summer camp is no small task, as the options at families' disposal range from overnight camps to weekday afternoon camps to camps that specialize in certain programs, such as music or dance. Cost also is likely to factor into families' decisions, as the American Camp Association notes that cost can vary greatly depending on which camp families choose. For example, the ACA notes that the average daily fee at a resident camp is \$85, while the same

fee at a day camp is \$43.

When looking for a summer camp for kids, families should make the decision together. Kids should be involved in the selection process, as they're more likely to have an enjoyable camp experience if they had a say in where they will be spending their summers. The following are some factors families should consider as they look for summer camps, courtesy of the ACA.

Kids' interests

The ACA urges parents to consider the child's interests and personality before choosing a summer camp. Parents might want their children to attend the same summer camp they visited as youngsters, but each child is different. Just

because mom and dad liked a particular camp does not mean their children will. The ACA notes that summer camps should align with children's interests and maturity level.

Locale

Locale may only be a consideration for families considering overnight camps. Kids will likely be familiar with the locations of local day camps, but overnight camps might be set in mountain ranges, near the ocean or environments less familiar to youngsters. Kids who love the ocean might benefit from oceanfront camps that focus on marine biology, boating or other activ-

ities involving the water. In the same vein, youngsters who like camping and hiking might be more likely to embrace camps located in mountainous regions.

Session length

Camps may last as little as one week or up to a couple of months. Session length should be considered by families looking at both local day camps and overnight resident camps. Parents who want their children to enjoy a large-ly schedule-free summer might not want to commit their children to lengthy camp sessions, even if those sessions are close to home. If parents think their children

can benefit from the same structure they're accustomed to during the school year, then an overnight camp that stretches for several weeks might be what they're looking for.

Summer camps give kids a chance to make memories that will last a lifetime. Choosing the right camp is an important decision that parents and kids should make together.

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When: June 22nd—August 21st
7:30am—6:00pm

Ages: 5-15 years old

Costs: \$125/week or \$25/day

- WEEKLY FEE includes field trip, swim lessons and open swim sessions
- DAILY FEE does not include field trip cost of \$20. Daily fee does include swim lessons and open swim

Pre-registration Required
To register, email sara@bgcnorthcountry.org
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Waterville Valley Recreation Dept.

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Session 3: July 27 - August 7

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Visit www.creativeedgedancestudio.com
for information and registration!

SKUUF to host “Wizard of Oz” themed auction fundraiser

PLYMOUTH — The public is welcomed to join us in our Wizard of Oz themed Auction FUNdraiser with a spirited evening of music, food, and lively auction bidding.

Delicious and creative hors d’oeuvres, created

by renowned chef Hanna Fredericks and her team, will be served throughout the evening. The Silent Auction begins at 5:30 p.m., and the live auction will take place during intermission.

When: Saturday, April 4

Where: Starr King Unitarian Universalist Fellowship, 101 Fairgrounds Rd., Plymouth

Time: 5:30 p.m. - Doors open for Silent Auction

7 p.m. - Entertainment by The Mairzy Doats Duo and other special

musical guests, with the Live Auction at intermission

The Silent and Live Auction each will have an assortment of goods and services such as artisan crafted jewelry, gourmet dinners, gift certificates to local eateries,

custom beer brewery tours, vacation home rentals, cooking lessons, gardening help, custom quilts, and many other examples.


Find more information about the auction, donation ideas, the donation form and the

Mairzy Doats Duo on our Web site.

Remember to save the date on your calendar, and invite your friends and family to attend! (Wizard of Oz themed costumes, or just red shoes, always gently encouraged!)

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Jeff Oaks is the author of *Mistakes with Strangers*, *Shift*, *The Moon of Books*, and *The Unknown Country*. A recipient of three Pennsylvania Council of the Arts fellowships, he has published works in outlets such as *Assaracus*, *Field*, *Mid-American Review*, *At Length*, and *Creative Nonfiction*, among others. Oaks is currently on the faculty of the University of Pittsburgh.



Jeff Oaks
Tuesday, March 17, 7 p.m.
Smith Recital Hall
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SILVER

CENTER FOR THE ARTS
PLYMOUTH STATE UNIVERSITY

A book signing and reception will follow the reading. Free tickets are available online and at the box office. Visit plymouth.edu/silver-center for more information.

Newfound Landing Sports

Section **B**
Thursday,

Thursday, March 12, 2020

Top-seeded Orioles too much for Bears in semifinals

BY JOSHUA SPAULDING

Sports Editor

KEENE — Any chance the Newfound hoop girls had of pulling the upset of the top-seeded Conant Orioles in the Division II semifinals on Wednesday, March 5, vanished rather quickly, as Conant scored the first eight points of the game, held Newfound to just three points in the first quarter and never looked back on the way to the 60-27 win.

“Down early and we got in foul trouble,” said coach Kammi Williams. “Those two things together, it was not a pretty night.

JOSHUA SPAULDING

(Right) Malina Bohlmann puts up a shot during action against Conant in the Division III semifinals.



JOSHUA SPAULDING

(Left) Paulina Huckins squeezes between two Conant defenders last Wednesday in Keene.

Bohlmann hit Newfound's first field goal of the game to make it 11-3. Conant followed with two hoops and a three-pointer and opened up an 18-3 lead after one quarter of play. The Orioles shot 50 percent from the field and 60 percent from beyond the arc in the quarter while the Bears shot just 20 percent.

Things picked up a bit for the Bears in the second half, but the Orioles didn't back down. Conant hit two three-pointers to start the quarter to push the lead to 23-3 before Malina Bohlmann put back a rebound for Newfound's first basket of the second quarter.

Conant hit another basket before Huckins drained back-to-back baskets for the Bears. The Orioles got a hoop and two free throws before Huckins hit another basket for the Bears. Conant got three foul shots to close out the quarter and took the 32-11 lead to the halftime break.

The Orioles continue. SEE HOOPS PAGE B2

JOSHUA SPAULDING

(Left) Bailey Fairbank dribbles the ball up the court during action against Conant last Wednesday.



JOSHUA SPAULDING

Mackenzie Bohlmann looks to the basket during semifinal action Wednesday against Conant.

“It was not our best night,” the Bear coach added.

The Orioles came out of the gate with a three-pointer, three foul shots and a hoop to get out to the 8-0 lead before Mackenzie Bohlmann hit a free throw with 2:51 to go for the first Newfound points of the game. Sophomore Paulina Huckins picked up her third foul of the game just a few seconds later, forcing her to the bench.

After the Orioles hit a three-pointer to push the lead to 11-1,

What's On Tap

Tournament action continues on the schedule in the coming week.

The Division II boys' basketball quarterfinals are Friday, March 13, at 7 p.m. at the home of the higher seed with the semifinals on Tuesday, March 17, at the University of New Hampshire at 5:30 and 7:30 p.m.

The Division II girls' hoop finals are Saturday, March 14, at 5 p.m. at Dartmouth College.

The unified basketball semifinals are today, March 12, at 5 p.m. at the home of the higher seed and the finals are Saturday, March 14, at noon at UNH.

The Division III hockey finals are set for Saturday, March 14, at Southern New Hampshire University Arena in Manchester at 12:15 p.m.



ELISHA RYAN CAMPBELL — COURTESY PHOTO

Tourney champs

Tapply Thompson Community Center grades three and four co-ed All Stars proudly display their trophies after winning the final game of the tournament against Gilford by the score of 25-19, thereby becoming the 2020 Franklin Recreation Tourney champions. Players included Riley McFarland, Calvin Cote, Connelly Kane, Ronnie Labranche, Braidyn Campbell, Angel Gonzalez, Ryan Hobart, Tavian Ulwick, Alyssa Seymour, Jacob Dumont, Colin Buskey and Acelyn Lamos. Head coach is Jeff Kane, assisted by BJ Cote and Ryan McFarland.

Trout Unlimited meeting Tuesday night

PLYMOUTH — The Pemigewasset Chapter of Trout Unlimited will hold their monthly meeting on March 17, at the Common Man Inn, Plymouth. Meeting will start at 7 p.m., come early and meet fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Conservation/Fishing Camp.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit www.pemigewasset.tu.org and like the group on Facebook. Meetings are free and open to the public.

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Michael Cathy knocks home the first playoff goal in Kearsarge-Plymouth history on Saturday in Henniker.

JOSHUA SPAULDING



Cody Bannon skates around a John Stark-Hopkinton defender in action Saturday.

JOSHUA SPAULDING

Cats put a scare into defending champions

BY JOSHUA SPAULDING
Sports Editor

HENNIKER — For a young team making its first-ever playoff appearance, the Kearsarge-Plymouth hockey team didn't seem to show any signs of nervousness in their first foray into the postseason.

The Cats came out and outplayed the two-time defending champion John Stark-Hopkinton over the course of the first 15 minutes of the Division III quarterfinals on Saturday at the Lee Clement Arena on the campus of New England College.

However, the General Hawks were able to bounce back in the second and third period and scored four unanswered goals to secure a 4-2 win over the Cats.

"That was an exciting game," said Kearsarge-Plymouth coach Justin Garzia. "We were one call away from taking it to overtime."

The call Garzia was referring to came in the second period with the game tied at two when Jacob Marcoux ripped a shot from the blue line that was tipped past the General Hawk keeper to apparently give the Cats a 3-2 lead.

However, the goal was called off due to a high stick call and the game remained tied and eventually the hosts would score the game-winning



Nick Therrien looks to control the puck during playoff action Saturday at New England College.

JOSHUA SPAULDING

goal and add an empty net tally for the win.

Nick Therrien and Marcoux had good early chances for the Cats while keeper Gavin Garzia made a save on the first General Hawk chance of the game.

The Cats struck first with just one tick less than three minutes gone in the game, as Michael Cathy skated in front of the net and popped the puck in on a nice feed from Therrien. Cody Bannon added the secondary assist and K-P had the 1-0 lead.

Cathy had another chance that was stopped by the John Stark-Hopkinton keeper while Brendan Marcoux had a bid denied as well as making a solid defensive play at the other end of the ice.

With 8:13 to go, the

Cats were able to double the lead, as Therrien was able to bury the puck on assists from Jacob Marcoux and Bannon for the 2-0 lead. Garzia made a couple of solid saves in the net while Jacob Marcoux, Therrien, Brock Tanner and Brendan Marcoux continued the offensive attack, only to be denied by the General Hawk keeper.

Bannon had a bid in close and Therrien had a couple of shots denied as the Cats took the 2-0 lead to the end of the first period.

The Cats took a penalty with just less than a minute gone in the second period and Garzia made a couple of solid saves before the General Hawks were able to score on a shot from the point with 13:21 to go in the second period, cut-

ting the lead to 2-1.

Another K-P penalty with 11:24 to go saw Bannon make a good clear and Jacob Marcoux had a nice block in front. Garzia made another solid save and the General Hawks sent a shot wide of the net.

With 9:45 to go in the period, the hosts were able to connect for the tying goal and continued to pressure, with chances going high and wide and Garzia also making a solid save in the K-P net.

Kearsarge-Plymouth got a power play chance with 5:15 to go and just five seconds later, appeared to have the momentum seized when Jacob Marcoux's shot was tipped past the John Stark-Hopkinton keeper, but the aforementioned high sticking call kept the game tied.

Bannon, Brendan Marcoux and Trevan Sanborn all had chances

but the power play ended without the Cats getting on the board. The hosts were able to score with just 2:47 to go in the period to take the 3-2 lead. Both Marcoux had chances and Bannon and Breckin Bates also had bids that were denied by the General Hawk keeper.

Kearsarge-Plymouth got a power play with 35 seconds to go in the second period and the game went to the third with the hosts up by a 3-2 score.

The K-P power play was killed off early in the third period but they got another one just as the previous one expired. The General Hawks took another penalty just 34 seconds later, giving the Cats an extended five-on-three chance. Sanborn had a bit tipped wide and Therrien had a chance denied as the Cats looked to get on the board but couldn't convert on the power play chance and the General Hawks retained the 3-2 lead.

Sanborn had another chance denied and the Cats got another power play with 9:17 to go and Therrien had a shot denied but that was all the offensive chances to the visitors could muster on the advantage.

Garzia had a nice save while Bannon and Jacob Marcoux both had chances as the minutes ticked down. The Cats pulled Garzia from the net with 1:35 to go and just 20 seconds later, the hosts added an empty net goal for the 4-2 win.

Coach Garzia noted that he had the chance to scout the General Hawks in the week leading up to the playoff game and thought that the team had a good plan in place.

"We had a fairly good idea of their strengths and weaknesses," the K-P coach said. "We had four practices to put in a style of hockey to compete with John Stark-Hopkinton. "They executed our plan," Garzia said. "We changed our style to match up against a more experienced team."

"The kids were extremely focused in practice, it wasn't our normal style and that might have caught them off guard," Garzia said. "This is not a team we've been able to stick with in the past."

"But we knew their power play was tops in the league," the K-P coach said.

Garzia went on to note that he was pleased his squad played its way into the playoffs as the fifth seed and was just a couple of wins away from securing home ice in the opening round. He also praised the work of his only two seniors, Cathy and Nate St. Pierre.

"They both contributed a lot," Garzia said. "And the good news is we have a huge core returning next year."

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Hoops

FROM PAGE B1

ued their hot shooting out of the gate in the second half with a couple of three-pointers before Mackenzie Bohlmann got Newfound's first basket. After another Conant basket, Huckins hit a free throw and Malina Bohlmann added a basket to make it 40-16.

Conant kept up the pace and hit a pair of hoops and three free throws to stretch the lead to 47-16 and Tiffany Doan closed out the quarter with a basket and Conant's lead was 47-18 heading to the final eight minutes.

After the Orioles scored the first basket of the fourth quarter, Huckins answered with a basket. Conant got two hoops and two free throws to open the lead to 55-20 and then Malina Bohlmann added a basket for Newfound. Conant followed with

a three-pointer and a hoop for the 60-22 lead.

The rest of the scoring was done by the Bears, as Huckins hit a free throw and Malina Bohlmann and Bailey Fairbank each had baskets to finish out the 60-27 final score.

Huckins finished with 10 points to lead the way for the Bears. Conant shot 44 percent for the game while the Bears shot just 25 percent and missed all 12 of their shots from behind the arc. The Orioles scored 16 of their points off of turnovers and the Oriole bench outscored Newfound 12-0. The Bears did get 16 second-chance points to just five for the Orioles.

"We knew we weren't going to hold them to under 50 points," Williams said. "But we thought we'd score more than 27."

"But, it's the first time we've played them ever, we had never

been exposed to that," the Bear coach continued. "We learned what we need to do differently to get better."

The Bears finished the regular season at 15-3 and earned the fourth seed in the tournament, beating Berlin and White Mountains in the first two rounds of the tournament.

NRHS 3-8-7-9-27
CHS 17-14-15-13-60

Newfound 27
Mac. Bohlmann 2-1-5, Huckins 4-2-10, Faribank 1-0-2, Mal. Bohlmann 4-0-8, Doan 1-0-2, Totals 12-3-27

Conant 60
Tenters 3-6-12, Rautiola 1-1-3, Aho 3-0-6, Bernier 6-1-18, Gonyea 3-1-9, Kirby 4-4-12, Totals 20-13-60

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING
Zeke Richardson celebrates hitting a hoop in playoff action in Dover last week.



JOSHUA SPAULDING
Coach Chelsea Abare talks things over with Zeke Shedd on the bench during a break in playoff action.



JOSHUA SPAULDING
Isaac Page looks for room to shoot amongst Dover defenders in action last week.



JOSHUA SPAULDING
Faith Smith dribbles the ball during her team's playoff game in Dover.



JOSHUA SPAULDING
Cole Frye fires off a shot during playoff action in Dover last Thursday.

Unified Bears fall to Green Wave in playoff opener

BY JOSHUA SPAULDING
Sports Editor

DOVER — The Newfound unified basketball program snagged a spot in the state tournament but had the unenviable task of traveling to Dover to take on the third-seeded Green Wave on Thursday, March 5.

The Bears entered the game with a short bench, with just seven kids available for the game. Partners Logan Hasketll and Jazmin Ivers played the entire game while athletes Zeke Shedd, Zeke Richardson, Isaac Page, Faith Smith and Cole Frye split the minutes and all five got on the scoresheet, though the Bears did drop a 41-16 decision to the hosts.

Dover came out and scored the first 12 points of the game before Page got a hoop inside for Newfound's first basket of

the game and the lone basket of the quarter, with Dover taking a 14-2 lead at the end of the first quarter.

Dover scored the first basket of the second quarter before Frye hit a basket to make it 16-4. The Green Wave scored the next eight baskets of the frame to stretch the lead to 24-4 before Richardson closed out the first half with a basket and the score was 24-6 heading to the halftime break.

The hosts opened the second half with a hoop and then Shedd hit a pair of baskets to make it 26-10. Dover drained a three-point-er before Page put back a rebound and then Smith added a basket, making it 29-14 after three quarters of play.

Dover hit a basket and a three-pointer as they stretched the lead

to 34-14. Richardson hit another basket but Dover finished out the scoring with two hoops and a three-pointer for the 41-16 final.

Shedd, Richardson and Page had four

points each to lead the way for the Bears.

ua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Sports Editor Josh-



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Not every team makes the playoffs, meaning there are fewer teams alive in the tournament. Additionally, the playoffs start at different times for different divisions, so the games are a bit more spread out.

However, the games aren't always at the local venues, which makes for plenty of traveling, which has been the case the last month or so.

First on the docket was the indoor track state championships, which required the yearly trip to Hanover's Dartmouth College. For the first time in as long as I've been covering the championships, they weren't on Super Bowl Sunday.

The alpine state championships were

SPORTING CHANCE



By JOSHUA SPAULDING

next up, with a short trip to Cranmore for the Division II girls and a longer trip to Crotched Mountain for the Division II boys. That same week was the ski jumping championships, which made for another trip over to Hanover, this time my first visit to the Storrs Hill ski jump.

Basketball tournament action started with the Division III girls and the first two rounds were pretty quick trips, with Prospect Mountain hosting in the first round and Newfound hosting in the second round. The semifinals were a different story. After Southern New Hampshire University hosted the Division III tour-

namment the last few years, this year they were moved to Keene State College.

The trip to Keene is a long one, no matter what, but last Wednesday's trip was made even longer because it was the same day as the Division II Nordic State Meet, which took place at Great Glen Trails in Pinkham Notch. The day started with a trip north to Pinkham Notch and after seven hours there, it was off to Keene. Interestingly enough, the shortest way to get there was to go north through Gorham and across to Twin Mountain and south on 93, eventually to 89 and further on to Keene. It was a total of 335 miles and approximately six hours of driving by the time the day was over.

I made the trip to Derry's Pinkerton Academy for the gymnastics championships

and later in the same day, I was at the University of New Hampshire for the swimming championships, meaning plenty of driving again.

The Division II girls' hoop tournament involved just a normal trip to Kennett but the Division III hockey tournament featured a couple of road games, which took place this past weekend. I had to make a trip north to my mother's house on Friday night and left there on Saturday morning to head to New England College in Henniker for Kearsarge-Plymouth's first-ever playoff game. Then it was on to Nashua for Kennett hockey's quarterfinal upset of Hollis-Brookline-Der-

ryfield. That trip was close to 300 miles total, making the second trip in less than a week of almost 300 miles.

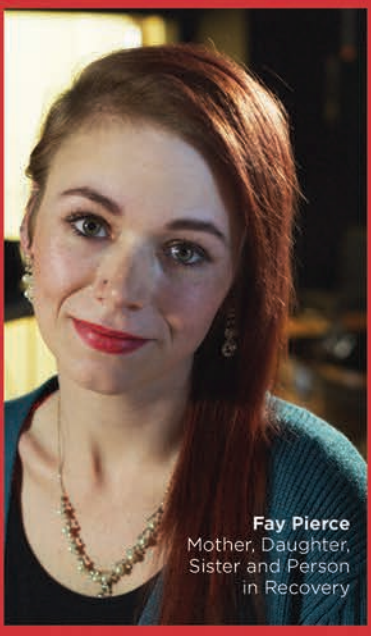
There was also a trip to Dover for the first round of the unified hoop tournament. I hadn't been to the school since its recent renovation and to say it's impressive would be an understatement. This week featured the start of the Division II boys' tournament with games scheduled for Bow and North Conway after deadline Monday and the Division III hockey semifinals at Plymouth State after deadline on Wednesday.

Sadly, I had to miss the Division III hockey semifinals, but I was on the other side


of the country at an RHAP Survivor event. And once I return, things will likely slow down a little with just a few games left on the schedule.

Finally, have a great day, Peter and Grace Kelly.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



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PRESENTATION SCHEDULE - FIRESIDE ROOM 1			PRESENTATION SCHEDULE - BAR ROOM 2		
Time	Vendor	Presenter	Time	Vendor	Presenter
10:30	CIE	Christina Aresco	10:30	Rocky Mountaineer	Tim Palmer
11:00	AMA Waterways	Stephen Batjiaka	11:00	Holland America	Lauren Mindel
11:30	Trafalgar	Bryan Towler	11:30	Silversea	Bob Tolster
12:00	Viking Cruises	Cathy Schlager	12:00	Globus/Avalon	Andrea Oshry
12:30	Mayflower Tours	Sandy Beach	12:30	Scenic	Charlie Mest
1:00	Star Clippers	Jeri Hamilton	1:00	G Adventures/NatGeo Journeys	Dennis Dziedzic
1:30	Royal Caribbean	Melissa Ozkurt	1:30	American Queen Steamboat	Liz Rhein

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