



Gilford Steamer

THURSDAY, MARCH 23, 2017

GILFORD, N.H. - FREE

Community mourns tragic death of local teen, rallies to support family

BY ERIN PLUMMER
eplummer@salmonpress.com

Members of the community are continuing to mourn the loss but honor the memory of a local teen who died in a car accident during Tuesday's snow storm.

Ava Doris, 16, died in a single car accident on Cherry Valley Road on Tuesday morning.

According to statements from the Gilford Police Department and the New Hampshire State Police, police responded to a single car accident on Route 11A around Rocky Point, where Doris' car lost control on the snowy roadway and struck a tree.

Doris was extricated and transported to Lakes Region General Hospital in Laconia, where she was pronounced dead.

"She was a very giving young woman with a heart of gold," reads her obituary, which



Ava Doris

COURTESY PHOTO

appears on page A6 in this week's edition of the Gilford Steamer. "She had a smile that would light up the world."

Doris was a sophomore at Gilford High School. According to her obituary, she was a gifted lacrosse and field hockey player, excelling in the position of goal keeper. She played for Lakes Region Lacrosse, and then for Gilford Middle School before helping the high school's field hockey team to its Division III championship last fall.

Doris worked at Gilford House of Pizza, where co-owner Dimitri Papadopoulos remembered her as a dedicated worker with a bright and affectionate personality.

"Ava was a fun-loving girl; she was very affectionate," Papadopoulos said.

SEE AVA PAGE A12



ERIN PLUMMER

"Little Shop" comes to the GHS stage this weekend

Seymour (Riley Alward), the hapless main character in Gilford High School's production of "Little Shop of Horrors," has a moment with his love interest, Audrey (Kayla Zarella), during rehearsals for the show, which takes the stage at the high school's auditorium from March 23-25, with shows at 7 p.m. nightly.

School budget, teachers' contract pass at the polls

BY ERIN PLUMMER
eplummer@salmonpress.com

Voters approved the Gilford School District's budget and the teachers' contract during town meeting voting.

Voters went to the polls on Tuesday, despite the wintry weather conditions, for annual voting on town and school district warrant articles.

All offices on the school district were uncontested.

Rae Mello-Andrews was reelected to the school board after receiving 764 votes.

Sandra McGonagle was reelected as school district moderator with 915 votes.

Kimberly Zyla re-

ceived 851 votes as school district clerk and will serve another term.

Dawn Scribner was also reelected as school district treasurer with 870 votes.

Voters approved the school budget of \$26,019,631 in Article 2.

The budget presented by the Budget Committee was originally \$25,903,694. During the deliberative session in February Superintendent Kirk Beitler explained that the Budget Committee had cut \$115,000 from the initially proposed budget. Resident Joe Wernig moved to put that money back into the budget and voters approved the amend-

ment.
SEE BUDGET PAGE A12

Gilford voters approve transfer station project, town hall improvements

BY ERIN PLUMMER
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Gilford voters gave the go-ahead for a new transfer station and improvements to town hall among many other warrant articles.

Voters went to the polls on Tuesday to vote on town and school officers and warrant articles.

All offices were uncontested.

Richard Grenier will serve another term in the board of selectmen after receiving 871 votes.

On the Budget Committee, incumbents Geoff Ruggles and Sue Greene will have another term after receiving 717 and 656 votes. Skip Murphy will join the committee

after receiving 565 votes.

Denise Gonyer was reelected as town clerk-tax collector after receiving 944 votes.

Kimberly Zyla will also serve again as town treasurer with 896 votes.

Trustee of the trust funds Donald Clarke was elected to another term with 877 votes.

Betty Tidd was elected to the library trustees for a three-year term after receiving 908 votes.

Dee Chitty will serve another term as cemetery trustee with 904 votes.

Donald Speare will also serve another three-year term as fire engineer after receiving 883 votes.

The town will get its

own transfer station after the passage of Article 6. Article 6 raised and appropriated \$950,000 for improvements to the recycling center and to establish a solid waste transfer station. The article was approved in a vote of 740 in favor and 248 against.

Article 7 raised and appropriated of \$725,000 for improvements to the two sewer pump stations on Varney Point and was approved with 818 in favor and 166 against.

The general operating budget of \$12,414,164 was approved in Article 8, a total that does not include warrant articles. The article was approved 757 to 227.

SEE TRANSFER PAGE A12

Fun on the ice at annual skating party

BY ERIN PLUMMER
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LACONIA — Gilford families put on their skates and took to the ice during the annual Family Skating Night.

Children and parents of all skating abilities gathered at the Merrill Fay Arena. SEE SKATING PAGE A12

ERIN PLUMMER

(Right) Kids of all ages joined GES Principal Danielle Bolduc in the ice at the Merrill Fay Arena for Gilford's Family Skating Night.



Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

George Santayana explained that, "Those who cannot remember the past are condemned to repeat it."

My favorite mnemonic method for remembering the past is to read historical fictions that embellish it. Sure, I can read a straightforward history, and I do sometimes, but historical fiction brings a slice of time and place to life.

Take February of 1862 as an example. It was a tumultuous time--do you remember why? The Civil war was just beginning and the fighting was brutal. President Lincoln lost his eleven year old son Willie to fever in the same month and it had a profound effect on him. He suffered from clinical depression throughout the rest of his life. That's when Lincoln visited his son's grave and was transported to the 'Bardo,' a supernatural realm that blends life and death.

At least, that last event happened in George Saunders' historical fiction novel "Lincoln in the Bardo." Saunders drew upon the fascinating and relatable historic events of Lincoln's life to tell a timeless tale about love, loss, grieving, and struggle. Though all stories have the potential to offer something lasting, historical fiction begins with something real.

A poor and proud Korean family struggles to survive and thrive across generations in Korea and abroad in Min Jin Lee's "Pachinko." All members of the Kurc family from Radom, Poland are at risk when the Nazis invade in 1939 sending family members into hiding, abroad, ghettos, or concentration camps in Georgia Hunter's "We Were the Lucky Ones."

In Cushing, Maine, Christina Olson has a complicated relationship with her family and the artist Andrew Wyeth in Christina Baker Kline's "A Piece of the World"--inspired by Andrew Wyeth's famous painting "Christina's World."

These historical fiction novels have a lot to offer, and these are just a sampling of the books we've added to the collection in the last couple months. Andrew Krivak's "The Signal Flame," Paul LaFarge's "The Night Ocean," and Jacqueline Winspear's "In This Grave Hour" are all worth a look too.

Time to sit down with one of these and read with a cup of... I've just remembered that the "Basics of Tea" program was rescheduled for this Tuesday, March 28 from 6:30-7:30 p.m.! Danielle Beaudette of The Cozy Tea Cart (TCTC) (www.thecozyteacart.com) and certified Tea Specialist will explain the basics of tea, including how it is produced, the varieties of tea, and ways to prepare it. Tea has quite the history, you know.

Classes & Special Events

March 23 to March 29

Thursday, March 23
Playgroup, 10:30-11:30 a.m.
Brown Bag Book Discussion, 12:30-1:30 p.m.

This month's book is Etta Otto Russell and James by Emma Hooper. described as "...poetic and poignant..." This discussion will be led by Abi Maxwell.

Homeschool Game Club, 1:15-2:30 p.m.
Magic the Gathering Club, 2:30-3:30 p.m.

Conversational French, 3:30-4:30 p.m.
Evening Book Discussion, 6-7 p.m.

See 'Brown Bag Book Discussion' above.

Friday, March 24
Baby Storytime, 10:30-11:30 a.m.
Social Bridge, 10:30 a.m.-12:30 p.m.
Preschool Storytime, 10:45-11:15 a.m.
Knit Wits, 1:30-2:30 p.m.
Conversational German, 2:30-3:30 p.m.

Monday, March 27
Mahjong, 12:30-3 p.m.
Little Builder's Club, 1:30-2:30 p.m.
Lego Club, 3:30-4:30 p.m.

Tuesday, March 28
Toddler Storytime, 10-10:45 a.m.
Fiber Friends, 10 a.m.-12:30 p.m.
Bridge, 10:30 a.m.-12:30 p.m.
Preschool Storytime, 10:45-11:30 a.m.
Makerspace: Knitting, 3:15-4:30 p.m.
Learn to knit, and if you already know how then come knit with us! All materials provided. Three week program for eight to 11 year olds, sign up re-

quired.

The Basics of Tea, 6:30-7:30 p.m.

Danielle Beaudette of The Cozy Tea Cart (TCTC) (www.thecozyteacart.com) and certified Tea Specialist will explain the basics of tea which will provide you with the answers to your questions on where tea comes from and how it is different from herbal (tisane) blends. In her discussion, she will feature a variety

of teas from around the world and explain their production. She will take you on a journey from the tea fields to the tea in your cup! Danielle will offer a tea tasting of three different types of tea to enjoy during the lecture.

Wednesday, March 29
Line Dancing, 9-10:30 a.m.
Check Out an Expert, 10 a.m.-noon

Lakes Region Art Gallery surprises Tanger Outlet General Manager with his portrait

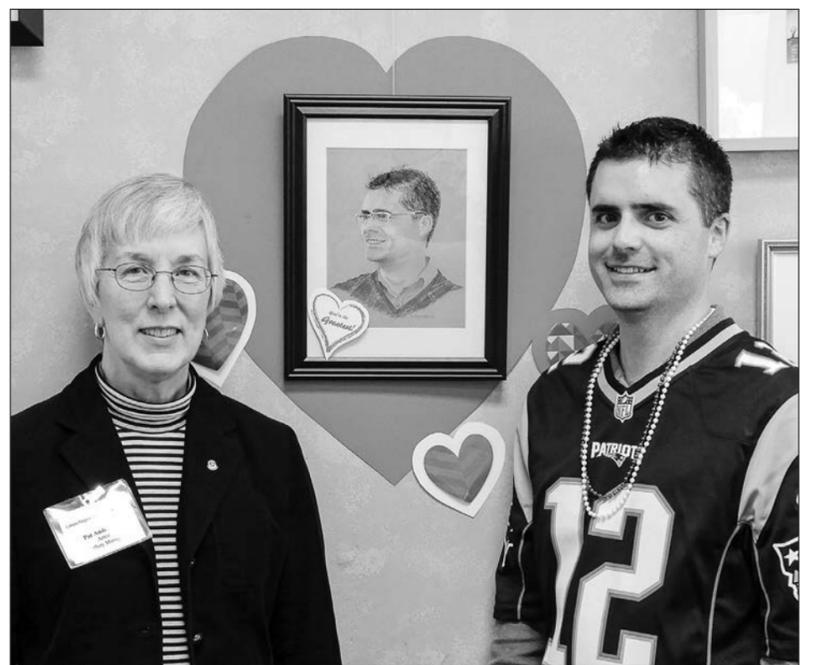
TILTON — Recently, the Lakes Region Art Gallery members held a small reception to surprise the Tilton Tanger Outlets General Manager, Eric Proulx, to thank him for his continued encouragement and support of the Art Gallery since it first opened in the fall of 2015.

Gallery Manager Pat Anderson and LRAA President Jean Kennedy were present at the brief reception along with more than a dozen other Lakes Region Art Association members and gallery artists all of whom appreciate the assistance and interest shown in the gallery's success by Proulx and his staff.

Gallery Manager Anderson said that we were very fortunate that Proulx invited us to join the Tanger Outlets.

"We have not only been able to sell art by local artists, but participating in the gallery has made it possible for artists to get to know one another better and build a supportive community," Anderson said. "It is delightful not only to talk to visiting artists and emerging artists who come in about art they are doing or want to do, but also to talk the many other visitors who, while they may not be artists, also enjoy and appreciate art!"

In discussing the gallery, Proulx said, "I had a vision when I spoke to Lakes Region Art Association (LRAA) early on about an art gallery at Tanger Outlets but the LRAA



COURTESY

A portrait of the Tilton Tanger Outlets General Manager Eric Proulx is presented to him by Lakes Region Art Gallery Manager Pat Anderson in appreciation for his continued support, interest and assistance in making the gallery a success. The portrait was done in pastels by artist Ed Rushbrook of Gilford.

gave me so much more. There's nothing more inspiring than walking into an art gallery and seeing the vast array of mediums and talent all in one place like the Lakes Region Art Association Art Gallery at the Tanger Outlets in Tilton. We are excited to share the enthusiasm for the arts with our shoppers and the Lakes Region community because there's incredible talent right in our backyard. The LRAA Art Gallery is a complimentary tenant who fills a niche market."

In making the presentation to Proulx, Gallery Manager Anderson said that giving him a portrait done by Ed Rushbrook, one of the members, was a

very fitting way for our artists to say "thanks" to him for being so helpful and supportive.

Proulx was moved by the Association's kind gesture of having his portrait given to him as a surprise presentation. He said that it was nothing he would have ever expected, but it was a keepsake that he would certainly treasure for years to come as it will remind him that the arts are alive in well in the Lakes Region.

The portrait of Proulx was drawn in pastels by Ed Rushbrook of Gilford, an award-winning, a self-taught artist who has been drawing since he was little. Ed works primarily in pastels, graphite, and charcoal and typically

does portraits of family members and friends and occasionally pastel portraits of pets.

Anyone wishing to see Eric's portrait or any of the many other artworks that are present can do so by visiting the Lakes Region Art Gallery, which is located in the Tanger Outlets (near the Customer Service office) and is open Friday, Saturday and Sunday, 10 a.m. to 6 p.m. The Lakes Region Art Association (LRAA), founded in 1940, is a nonprofit group providing education and support to local artists, both amateur and professional, in the Lakes Region. For more information LRAA and the gallery, see www.lraanh.org.

Gilford Public Library Top Ten Requests

1. "Hillbilly Elegy" by J. D. Vance
2. "Small Great Things" by Jodi Picoult
3. "Portraits of Courage" by George W. Bush
4. "Humans Bow Down" by James Patterson
5. "Heartbreak Hotel" by Jonathan Kellerman
6. "Irena's Children" by Tilar J. Mazzeo
7. "One-Pan Wonders"
8. "Breathe, Mama, Breathe" by Shonda Moralis
9. "Chinese Holistic Medicine in Your Daily Life" by Steven Cardoza
10. "The Zookeeper's Wife" by Diane Ackerman

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Tavern 27 Mardi Gras: Unleashed a success

LACONIA — Despite the chill in the air, Tavern 27 heated up on Tuesday, Feb. 28 to celebrate Fat Tuesday in style with its second annual Mardi Gras: Unleashed, to benefit the New Hampshire Humane Society. A crowd turned out to sample Chef Leslie Judice's Cajun-style tapas and wine pairings, and participate in a trivia scavenger hunt with facts about Mardi Gras and the New Hampshire Humane Society. The Mardi Gras King and Queen were drawn from the completed trivia cards, crowning "King" Tyler Vann and "Queen" Bonnie Baker.

Local musician Jim Tyrrell took the opportunity to get lively with some New Orleans-style piano jazz. "New Orleans-style Mardi Gras music is incredibly fun material to play," he says. "I am always excited to play at Tavern 27, and for a good cause like the New Hampshire Humane Society."



COURTESY

Despite the chill in the air, Tavern 27 heated up on Tuesday, Feb. 28 to celebrate Fat Tuesday in style with its second annual Mardi Gras: Unleashed, to benefit the New Hampshire Humane Society. A crowd turned out to sample Chef Leslie Judice's Cajun-style tapas and wine pairings, and participate in a trivia scavenger hunt with facts about Mardi Gras and the New Hampshire Humane Society.

Guests also took chances at guessing the number of doubloons in a large, glass bowl; had a chance to win a number of door prizes donated by local businesses, and; posted pictures to social media with the hashtag #T27mardiGras for a

chance to win a Tavern 27 gift basket. Tavern 27 co-owner Raymond Simanson handed out beads to one and all.

Mat and Michaela Clarke, owners of Midnight Moon Tattoo in Meredith, and regular patrons of Tavern 27, en-

joyed the festivities, and won a TV for their closest guess at the number of doubloons.

"We have five dogs and three cats, many from the New Hampshire Humane Society," says Michaela. "We are fans of the Humane So-

ciety and its mission, and are happy to support them."

"We have 6 dogs and 3 cats, all rescues," says Bonnie Baker, who was crowned Queen of Mardi Gras: Unleashed. "We love to support the Humane Society and are looking forward to joining them for another great time at the Margate on April 15."

Ms. Baker is referring to the Humane Society's upcoming event, Wags, Whiskers & Wine, a new food and beverage tasting event, with silent auction, live music by the Tom Robinson trio and a Wall of Wine raffle, taking place on Saturday, April 15 at the Margate Resort. Tickets are available online at nhhumane.org.

All proceeds from the event benefit the NH Humane Society, a 501(c)3 non-profit whose mission is to find responsible and caring forever homes; provide shelter for the lost, abandoned and unwanted animals; advocate and be the voice for the voiceless. The Humane Society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy,

and many community initiatives to help people and their pets. Community fundraising efforts, such as the money raised by Mardi Gras: Unleashed, are an integral part of keeping the shelter open and providing valuable services to the 17 communities in the NHHS area, and beyond. For more information about how you can help NHHS, or to view the animals available for adoption, visit nhhumane.org.

NH Humane Society Development Director, Lissa Mascio, who attended the event on behalf of the Humane Society, says, "The community support we see for the shelter is simply amazing. When a small business like Tavern 27 will dedicate an entire night, and that revenue, to our mission, and their regular patrons show up to support us, it means a lot."

Tavern 27 will continue to support the NH Humane Society throughout the month of March with Bread Pudding for Paws - \$1 of all bread pudding orders in March will go to the shelter. Visit Tavern27.com to check out the full menu and hours.

Gilford Parks and Recreation news

BY HERB GREENE

Director
Gilford Parks and Recreation

Senior Moment-um Cooking with Grace on Monday, March 27
The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, March 27. We will meet in the Community Church's Fellowship Hall at noon as guest chef, Grace Herbert, will be joining us to

lead our group through her recipe for Chocolate Cake with Peanut Butter Cream Cheese Frosting. Participants are encouraged to bring a lunch and the Recreation Department will provide coffee, tea and water. For dessert, we'll enjoy some delicious cake! Participants are asked to RSVP by Friday, March 24.

For more information or to RSVP, please contact the Gilford Parks

and Rec. Department at 527-4722.

Tickets available for Red Sox bus trip on July 19

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Wednesday, July 19 to see the Red Sox play the Toronto Blue Jays.

Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD video system and lavatory. This trip is limited to 53 participants, so register early!

Cost: \$75 per person or \$280 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

Faith, Hope and Love Foundation honors scholarship recipients

REGION — On Saturday evening, March 18, the Faith Hope and Love Foundation held a benefit dinner to honor their 2017 College Scholarship Recipients. The Foundation was established in 2006 by Laura Brusseau and Jessica Dutille, and is led by President Lara Gruner.

Scholarship recipients are selected based off of the amazing work they are doing in their communities, the state and the world, having a pay it forward attitude and the drive and passion to continue service throughout their lifetime.

The foundation has given out thousands of dollars over the past



COURTESY

Left to right- 2017 Scholarship recipient Kellie Lowe of Timberlane High School, recipient Korry Blake of Laconia High School, Laura Brusseau FHL Co-Founder, Lara Gruner FHL President, Jessica Dutille FHL Co-Founder and recipient Cassandra Weston of Gilford High School.

11 years in the forms of college scholarships and grants for survival and enrichment

needs. Next up for the foundation is their signature event Gowns for Girls and Ties for Guys

to take place at Plymouth State University on April 22; this is an all inclusive event for any high school aged youth to get free prom attire for their special night.

Celebrate the life and music of Jerome Kern on LRPA with "Til the Clouds Roll By"

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (March 24 & 25) for our "LRPA After Dark" presentation of 1947's musical biopic of the life of Broad-

way composer Jerome Kern: "Till The Clouds Roll By," featuring a star-studded cast including Judy Garland, June Allyson, Dinah Shore, Lena Horne, Cyd Charisse, Robert Walker and Frank Sinatra, among many

others. This MGM musical tells Kern's story as a series of reminiscences between the composer (played by Robert Walker) and his chauffeur. These scenes are really just SEE TIL THE CLOUDS PAGE A12

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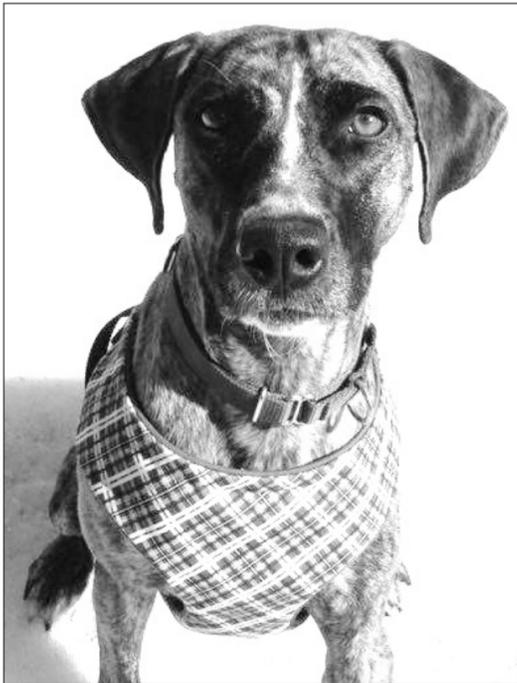
Gilford Fire-Rescue is accepting proposals for a new Fire Engine. Proposals will be accepted until April 14, 2017 at 1600 hrs, when they will be opened. The work will be awarded on April 18, 2017 at 0815 hrs. The proposal should be addressed to or dropped off at Gilford Fire-Rescue, 39 Cherry Valley Road, Gilford, NH, 03249. RFP Details are available upon request and can be e-mailed or a copy may be picked up at GFR. scarrier@gilfordnh.org



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Pet of the Week: Francine



FRANCINE has good reason to look a little worried, some might say - she's been overlooked at New Hampshire Humane Society in favour of the fluffier, cuter, smaller, prettier dogs since January!

Life is indeed a bit of a beauty contest for shelter dogs and especially for those that have that ability to look piercingly into the souls of humans... Are WE good enough for her, is what we should be asking ourselves.

She travelled a long way in the hopes of finding her forever home, here in New Hampshire. Our winter weather doesn't seem to both her, dressed fetchingly in a nice warm coat she is

ready for walks and play in the snow. We've found her to be super smart and ready to learn. Francine has demonstrated a penchant for agility and learning while waiting for her second chance and a family to call her own.

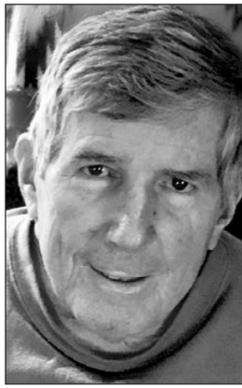
A sturdy, muscular girl in the prime of health, truly a more loyal companion you will not find. Best home, one where she is the only pet in the household - active teenagers a plus.

Come and visit Francine, we are quite sure you will be impressed with her stately demeanor.

Check www.nhhumane.org for more details.

NORTH COUNTRY NOTEBOOK

Dinner versus lunch and supper, and the care of cast-iron ware



By JOHN HARRIGAN
COLUMNIST



JOHN HARRIGAN

My array of cast-iron cookware, guarded against advancements with soap.

During Kitchen Patrol in the morning, I clean up counters and do dishes from the previous evening's company, which is frequent and rewarding. Because I like to cook, and so much love visiting with people of all stripe, a full dining room table is one of the great joys of life.

During and after supper, which is called dinner elsewhere, one of my challenges is clearing dishes before anyone else can get up to help. This is because I want to let the table-talk go on without interruption, and to make sure dishes are scraped and stacked to make morning cleanup easy.

I've been called anal compulsive by kith and kin (they say they're just kidding), but there is a reason for my alleged madness.

+++++

I'm always amazed when people don't scrape dishes right after use and put them in wa-

ter, even if they're not going to do them up right away. Even a bit of soapy water between stacked plates in the sink will make cleanup a lot easier. Cutlery (of course!) goes into a pot of water.

Above my kitchen sink is a little floral-bordered note my younger daughter once made, when she was about 13:

"When you finish with your dishes, please put water in them, so they won't turn to cement. Thank you!"

Milk in a glass, in particular, turns into a hard-scrubbing film if the glass isn't filled with water right after use. In this regard, raising or helping to raise six kids has been an adventure.

+++++

I'd guess that I do 90 percent of my cooking in and on cast-iron pans and Dutch ovens. Most of the cast-iron implements I have are quite old, and most have a personal history. The names Griswold and

Wagner predominate. Not that I have all that many--four hanging behind the cook stove, for everyday use, and two much larger pans and two Dutch ovens nearby. Caring for these is really not that hard. Water poured into them when cool (never when hot--this warps or cracks the pan) makes cleanup easy, assuming that the cookware has been properly seasoned. Seasoning is a simple task of cleaning, oiling, and placing in a 200-degree oven overnight.

The nightmare for any good keeper of cast-iron cookware is a well-meaning guest advancing with soap. Armed guards should be posted to protect seasoned cast-iron cookware, although I admit that this might be slightly over the top.

+++++

"Supper" versus "dinner" is always an eyebrow-raiser. The uninitiated often mock this

with an inappropriate and badly accented "suppa." This is an unintended insult to heritage and family tradition.

The morning meal is breakfast, as in break the night's fast. The mid-morning lunch-pail lunch for those who start work at 5 a.m. (or in much of rural America much earlier) is just that, a light lunch. The mid-day meal is dinner. The evening meal is supper, from "sup-hour."

When I go down to Manhattan to visit my sister Susan and my son Mike and extended family, I acquiesce and use "Go out for dinner," because the dinnertime tide is just too strong.

(This column runs in a dozen or so weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Canada, and parts of northwestern Maine and the Northeast Kingdom of Vermont. E-mail to campguyhooligan@gmail.com, or P.O. Box 39, Colebrook, NH 03576.)

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THE WINNIPESAUKEE TALKIE

Does odor stink up home value? You betcha!



BY RANDY HILMAN

Two weeks ago, I showed a home to a downsizing, empty nest couple.

It was a return showing of a lovely dwelling in a rural setting, a beautifully maintained structure with a bright atmosphere and upscale finishes.

But it also had an issue confirmed by my buyers on their second

visit. One area of the house smelled of animal decomposition, as they put it. They could not suffer it, and would not, apparently: Please keep looking, they instructed.

Now, I've been doing this real estate thing for a while, and, of course, I know that strong odors (even perfumed smells) are dreadful turnoffs that will kill home sales in a New York minute, but my recent episode reminded me that the odors we live with daily and no longer recognize as potentially unpleasant to others can, and ultimately will, result in slow sales that fetch less than top dollar.

So, if you're planning to sell your home, don't forget to ask your REALTOR® agent for a

blunt odor assessment, because, if you cook, have pets, smoke, burn incense, live with dampness, dirty laundry and stale bedding and think your home doesn't stink, think again: You may suffer from a condition my REALTOR® friends at houselogic.com call "nose blindness".

According to Dr. Richard Doty, of the University of Pennsylvania's Smell and Taste Center, people do adapt to smells that continuously surround them, either by learning subconsciously to ignore them or by having one's own sensory processes literally dull or both.

But you don't have to sell stink, suggests houselogic.com, just because you no longer smell what others will when they walk through your house. Here are a few common sources of household odor that you may not smell but can easily mitigate.

Pet Odor - Do you have pets? Then, "duh", you probably have pet odor, says Houselogic

Dander, slobber, litter, urine. Bathe and groom your pets. Vacuum constantly, paying attention to corners,

crevices and cushions and spaces between appliances and cabinetry. Always cover furniture on which pets rest and launder cushions, coverings, and bedding regularly. Got urine issues? Speak with a cleaning professional.

Dampness - Musty odors are often obvious in cool basements with moisture and low light, suggesting the presence of mildew and or mold. The good news here is that your nose won't have to verify what your eyes observe, writes Houselogic. Exercise caution, however. Dehumidifiers can help considerably and powdery mildew can often be cleaned up with a simple bleach and water solution but get the advice of a mold mitigation contractor, if you notice dark spots on insulation, wood or cement surfaces.

Stale Bedding - Have you ever encountered a bedroom that smells like a used clothing store? Yuk! Little by little, our dead skin cells, sweat and body oils stink up our beds. Besides laundering the bedding, try sprinkling baking soda on your mattress, letting

SEE TALKIE PAGE A13

Memorial Day weekend tribute to Rod Stewart, Barry Manilow will benefit Camp Resilience for military veterans

LACONIA — One of America's top vocal impersonators, Jay Gates, will take the stage at the newly renovated Meredith Community Auditorium on Saturday, May 27 at the Inter-Lakes High School in Meredith to perform in a benefit for Gilford based Camp Resilience - helping those who have served bounce back in mind, body, and spirit. This high-energy reenactment of everything you have ever seen or heard of Rod Stewart and Barry Manilow's legendary staging and music, complete with

live back-up band and a huge video screen, will dazzle you and your friends. By purchasing a ticket for \$27.50, you will enjoy great music, food, and drink while supporting Camp Resilience. Complimentary snacks and desserts can be enjoyed at 7:00 P.M. and the concert begins at 7:45 p.m. Tickets are available at WWW.TBINH.ORG.

Whether you are attending the event, or if you will be out of town for the holiday, you can make a special contribution to this great cause. A program

book with dedications will be distributed that evening with names and messages honoring military friends, family, and loved ones. With a small donation of \$10 your message of honor or remembrance will be included, and your entire donation will benefit the work of Camp Resilience. This Memorial Day, start a new tradition by remembering our veterans

Jay Gates, a graduate of the Berklee College of Music in Boston, transforms himself, both visually and vocally, into each of

these Grammy award winning singers. The audience is in for a special evening since Gates usually performs one or the other of his famed impersonations. Because it is Memorial Day weekend and the concert benefits veterans who are helped by Camp Resilience, he has agreed to do both - two concerts in one. A very special evening of some of the most popular songs in the world will be presented on a single stage for one night only. Complete with makeup and costume changes, Gates becomes both singers. His remarkable vocal range and his physical transformations will convince you that you are seeing and hearing these two music icons. No one does Rod Stewart and Barry Manilow like Jay Gates.

TBI is delighted to welcome Camp Resilience of Gilford as the beneficiary of the net profits from this event. Camp Resilience, using the scenic beauty of the Lakes Region of New Hampshire as its backdrop and home base, provides sports, adventure activities and life skills programming for wounded warriors. The mission of Camp

Resilience is to provide sustained, comprehensive programs to help wounded warriors recover their physical, mental and emotional well-being. The goals of Camp Resilience are to help veterans:

Find meaning and purpose in life

Develop strong family and community relationship skills

Avoid and overcome destructive and addictive behavior

Learn financial management

Develop job search, resume and interview skills

Make life count and pass this on to others through the power of example

This is the sixth "We Care" concert organized by Temple B'nai Israel (TBI) of Laconia in which the net ticket proceeds are donated to a local and deserving non-profit. Event Chairperson Stu Needleman says, "The demand for tickets for the We Care Events has grown each year, forcing us to continue to find larger and larger venues. This is due to the talent of our scouting team and its' leader, Ken Goodman. On this occasion, the event will be held at

the Inter-Lakes Auditorium at the Inter-Lakes High School, which has undergone a major renovation, including all new seating. As always, the ticket price includes high quality home baked refreshments and beverages. The music of both Rod Stewart and Barry Manilow appeals to everyone, and Jay Gates will perform hits from their combined huge body of work from rock that will move your body, to ballads that will touch your heart. What better way to celebrate Memorial Day than by supporting Camp Resilience and the great work that they due for our veterans."

We thank event sponsors Golden View Heath Care and Meredith Village Savings for their support for Camp Resilience.

The Meredith Community Auditorium in the Inter-Lakes High School is located right on Rte. 25 in Meredith, and is convenient for everyone in the Lakes Region and Central New Hampshire. To purchase tickets and for more information, visit www.tbinh.org. Questions may be directed to info@tbinh.org.



COURTESY PHOTO

THE MAJORITY of the cast of Biloxi Blues poses for a photo. Left to right, Alex Andruzzi (Epstein), Luke Andruzzi (Hennessey), Paul Stewart (Wykowski), Chelsea Stewart (Daisy), Greg Parker (Eugene), Erik Peterson (Selridge), Bob Rautenberg (Toomey) and Toni Dingley (Rowena).

Neil Simon's Biloxi Blues coming to Village Players stage

WOLFEBORO — Since the beginning of the year, the stage at the Village Players has been a busy place as the theater prepares for the spring production.

On tap this year is Neil Simon's Biloxi Blues, the second in a series of three semi-autobiographical plays from the esteemed writer.

The first play in the series was Brighton Beach Memoirs, which the Village Players performed back in 2001.

The show focuses on the character of Eugene Morris Jerome, a young Army recruit going through basic training during World War II and learning all about life and love and their harsh lessons at boot camp in Biloxi, Miss.

Biloxi Blues comes on the heels of Brighton Beach Memoirs, where young Eugene was coping with adolescence in 1930s Brooklyn. He finds many more problems in the deep south as he learns about the Army and a lot about himself.

There is an interesting Village Players connection with this show, as the actor who portrayed Eugene in Brighton Beach Memoirs in 2001 is returning to the stage to portray the character again. Greg Parker has been in numerous shows with the Village Players but has not been on the stage in a number of years.

Portraying Eugene's closest friend in the Army, Arnold Epstein, will be Alex Andruzzi, who made his Village

Players debut in last fall's Kiss Me, Kate, portraying Bill Calhoun/Lucentio.

The cast includes a couple of relatively new faces and a few faces familiar to those who frequent Village Players shows.

Roy Selridge will be portrayed by Erik Peterson, who performed on

the Village Players stage as a young kid in Mame and is returning to tackle a new role this spring.

Paul Stewart will be playing Joseph Wykowski. Stewart has been in many Village Players shows, including playing Paul in the fall musical Kiss Me, Kate. He is probably best known in Vil-

SEE SIMON PAGE A13

Learn about Laconia's Historic Churches March 29 at Taylor

LACONIA — This town is the home of many architecturally beautiful buildings, including our churches. Brenda Keen, Taylor Community's Director of Resident Life, will present a program on the Historic Churches of Laconia, Wednesday, March 29 at 2 p.m. in Taylor's Woodside Building. The event is free and open to the public.

Kean's lecture focuses on a research project she prepared while director of the Laconia Historical and Museum Society. These churches hold

a great and interesting history - some moved around town and others were ravaged by fire. With photographs old and new, Keen presents the history of these beautiful houses of worship.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

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Ava Rose Doris, 16

Ava Rose Doris, 16, passed away on Tuesday, March 14, 2017.

Ava was a sophomore at Gilford High School. She had recently gotten her license, and died in a single car accident, weather related, broke her neck and died instantly.

She is survived by her father, Timothy Doris, mother Jennifer (Hunter) Doris, and beloved brother Rory and beautiful dog Winni. She was a smart, sweet, beautiful, compassionate loving young woman.

She had a passion for art, and was an enormous hockey fan. Ava had been a goalie for Lacrosse and Field Hockey for many years, starting at Lakes Region Lacrosse, Gilford Middle and then High School.

Ava had been em-



ployed at Gilford House of Pizza, and loved the staff and her customers. She had an amazing work ethic, and enjoyed the responsibility that was allotted to her.

She was a very giving young woman with a heart of gold. She had a smile that would light up the world.

Ava is also survived by her paternal grandparent, John Doris; maternal grandparents, Skip and Linda Hunter; aunts and uncles, Nicole Hunter Ryan, Stephanie and Tony Sa-

betti, Robert and Beth Doris-Gustin, Kathleen Doris, Jeffrey and Denise MacCallum, John Doris, MaryBeth Doris and many cousins. Ava is predeceased by her paternal grandmother, Anne Doris.

Calling hours were held on Sunday, March 19, 2017 from 4 - 8 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian Burial was held on Monday, March 20, 2017 at 11 a.m. at St. Andre Bessette Parish-St. Joseph Church, 30 Church St., Laconia.

For those who wish, the family suggests that memorial donations may be made to youcar.com/JenniferHunterDoris-776126.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Dr. Carl Daniel Nelson, 81

LACONIA — Dr. Carl Daniel Nelson, 81, of 227 Ledges Drive, died Wednesday, March 15, 2017 at the Taylor Community at Ledgeview.

He was born on Dec. 29, 1935 in Jamestown, N.Y., the son of the late Joseph D. and Elsie (Johnson) Nelson. Carl served as a Captain in the US Air Force. He worked for many years as a Veterinarian at Cheshire Animal Hospital which he cofounded with Dr. Charles Putnam. He was a 50-year member of the American Veterinary Medical Association, a member of the New Hampshire Veterinary Medical Association, a 32nd Degree Mason in the Valley of Keene and a Bektash Shriner.

He is survived by his wife of almost 55 years, Judith (Dexter) Nelson of Laconia; one son, Brian Nelson, and his wife Jennifer of Stratham; one daughter, Susan LeDuc of New Hamp-



ton; one brother, Samuel Nelson, and his wife Donna of Busti, N.Y.; two sisters, Carolyn Rowell and her husband Stephen of Rochester, N.Y. and Lucille Donalies of Rochester, N.Y.; five grandchildren (Ashley Paquette, Kate Bruning, Taylor Nelson, Pierce LeDuc and Spencer Nelson); one great grandchild, Piper Bruning; and several nieces and nephews.

In addition to his parents, he was predeceased by his brother, Dr. John Nelson.

Calling hours will be held from 1 to 4 p.m. on Sunday, March 26,

2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Graveside Service will be held in the spring at the Monadnock View Cemetery in Keene.

In lieu of flowers, the family suggests memorial contributions to the New Hampshire Humane Society, PO BOX 572, Laconia, NH 03247, to the Wounded Warrior Project, PO Box 758540, Topeka, KS 66675-8540 or to the Shriners Hospital for Children, Boston Burns Unit, 51 Blossom St., Boston, MA 02114.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

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Michail Lamson Silva, 44

KEENE — Michael Lamson Silva, 44, of Keene, passed away on Monday, March 13, 2017 at Cheshire Medical Center in Keene with his family by his side.

He was born on Oct. 15, 1972 in Manchester, the son of Patrick Silva and Deborah (Wood) Lacourse. Michael was a 1990 graduate of Laconia High School, and received a degree from NHTI in Business Management. One of his greatest accomplishments was becoming a volunteer firefighter for the East Derry Fire Department for many years. He worked for Verizon for several years,

and also at Home Depot. Music and sports were his true passions, along with nature and photography. Michael played a number of instruments, such as the guitar, drums, piano and harmonica. Michael especially enjoyed being the life of the party and making people laugh. His famous saying was "I'm

here for a good time, not for a long time."

In addition to his mother, Deborah Lacourse of Ashland, he is survived by his son, Matthew Jenkerson of Contoocook; four sisters (Sherry Silva and her wife Kim of Ashland, Christina Hamlin and her husband Alex of Ann Arbor, Mich., Katie Patten and her husband JR of Ashland, and Joie Lacourse of Bristol); his step-brother, Rob Lacourse of Candia; four nieces; two nephews; many cousins, aunts and uncles; as well as many loyal friends.

In addition to his father, he was predeceased by his step-father, George Lacourse.

A Celebration of Life will be held from 1 to 3 p.m. on Saturday, March 25, 2017 in the Mariah Room at The Margate Resort, 76 Lake St., Laconia.

For those who wish, memorial contributions may be made to gofundme.com/services-for-mike-silva.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.



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Aviation activities at Gilford High School

"Alright, turn up the power." As the small model accelerated around the central pole, it slowly lifted off the floor.

"Start the timer; I need three revolutions," said Dan Ellis.

Ellis is a Technology Education student at Gilford High School. Prior to this test, he and his fellow students spent hours researching, designing, constructing and testing airfoils. Only the best designs were transferred to the larger Styrofoam blanks to form a wing with enough area to lift the plane off the floor. Each student designed their own wing for this test that would provide the data required to calculate the coefficient of lift for their aircraft. The final task would be to add small weights beneath the wing to see whose "cargo plane" could lift the most

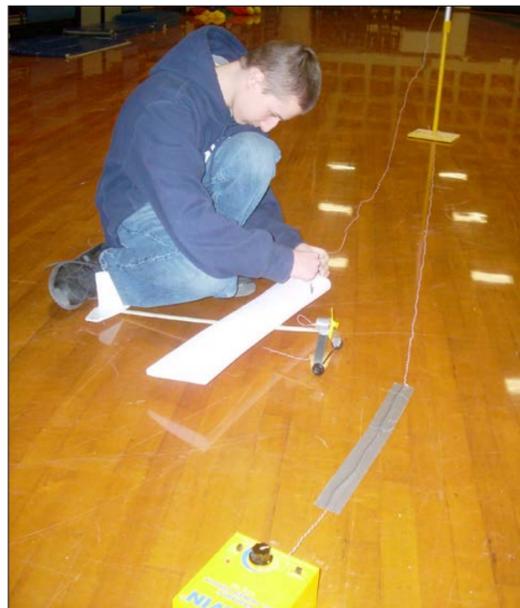


Gilford High School student, Patrick O'Connor, prepares his model aircraft to test for lift.

weight into the air. Activities such as the Cargo Plane, flying flight simulators, and launching model rockets along with troubleshooting small gas engines are all part of a new class called Avi-

ation and Space Technology.

"With our close proximity to aerospace manufacturers and Laconia Airport, it makes sense for GHS to participate in aviation activities in order to take



(Left) Gilford High School student James Tuenessen connects his plane to the power pole for a test flight.

advantage of the vast resources available to us," says GHS teacher, Dan Caron.

The equipment required for the cargo plane project was purchased through a generous grant from the New Hampshire Section of IEEE (Institute of Electrical and Electronic Engineers). Curriculum materials are from the Civil Air Patrol while other equipment is on loan from WinnAero.

"Anonymous People" are no longer anonymous

Anonymous people are now speaking up about their recovery from alcohol and drug

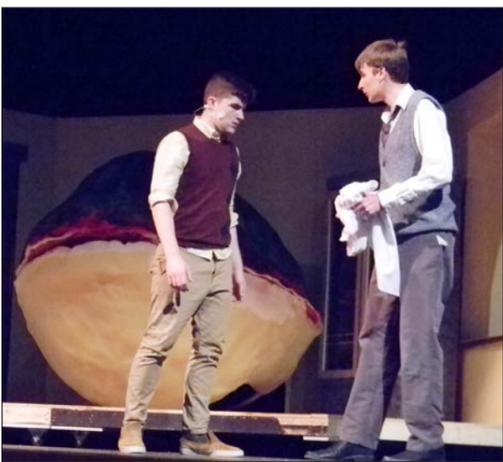
addiction. They are now telling the world that they are successful in overcoming their past and experiencing a rewarding future. These people shared their stories in the film "The Anonymous People" on Thursday, March 16, at the Gilford Elementary School. A panel discussion followed. This activity was sponsored by the Partnership for Public Health, the Gilford PTA, and "Gilford Together."

The film "The Anonymous People" related that 23 million people in

the United States, rich and poor, male and female, are victims of addiction; and that many have gone through complete recovery. In fact, one out of 15 people have suffered from addiction to alcohol and drugs. In the past these people were advised not to reveal their addiction and recovery, but now the suggestion is to "come out of the closet" to show that they could return to leading a normal life.

Some people who have gone through recovery

SEE ANONYMOUS PAGE A13



Mushnik (Chris Weimann) confronts Seymour (Riley Alward).

PHOTOS BY ERIN PLUMMER

"Little Shop" comes to the GHS stage this weekend

Gilford High School will present "Little Shop of Horrors" this weekend. The show will take the stage at the Gilford High School Auditorium March 23-25 at 7 p.m.



Seymour (Riley Alward) has some choice words for Audrey II during rehearsals for "Little Shop of Horrors."



Seymour (Riley Alward) meets with the Doo Wop Girls (Cecilia Zarella, Claire Gardner, and Julie Auld) in the coming Gilford High School production of "Little Shop of Horrors."

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Spring Cleaning Dates!
Our historic Mill Building will be closed Monday, March 27-Tuesday, March 28.
The Waterfall Café will be closed Monday, March 27-Thursday, March 30.

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Help Protect Older Adults from Financial Abuse

Financial exploitation costs older Americans billions of dollars per year, according to several sources, including the National Council on Aging. If you have older parents, could they be vulnerable to financial scams and rip-off artists? And, if so, what can you do to help protect them?

Unfortunately, it is possible for anyone to become a victim. For a variety of reasons, older adults may be easier targets than younger people. And that is why, when interacting with your parents, you should look for these warning signs:

- Suspicious new relationships - If your parent mentions something about a new friend, a romantic partner or some type of caregiver who seems to have taken a great interest in your parent's financial situation, you may have reason to be suspicious. Do not be afraid to ask some questions.
- Multiple checks written to same person or entity - If you think your parents may be making questionable financial moves, ask to see their checkbook. If you see several checks written to an unfamiliar person or business, you might be viewing evidence of a financial scam. If so, you will want to intercede before your parents get victimized again.
- Changing power of attorney or beneficiaries - If your parents suddenly decide to name someone new as their "agent" (the person responsible for carrying out a power of attorney), you may need to investigate. And the same is true if your parents change the beneficiary designation on their investment accounts or insurance policies.
- Unusual urgency to make an investment - If you learn that your parents want to make some type of investment "immediately," you should be concerned. No reputable financial professional would ever pressure them - or anyone else - to "act now" on an investment.

Apart from watching out for the above signs of trouble, what else can you do to help guard your parents from fraudsters?

For starters, urge your parents - repeatedly, if necessary - to never give out personal information over the phone or online. Scammers have gotten quite clever at impersonating legitimate businesses or organizations - for example, unless you are looking closely at the email, you might think the logo of a bank or another company is being accurately depicted. Again, though, reputable businesses typically don't send messages that are demanding, threatening or otherwise employing some type of extreme language.

Also, stress to your parents that they should never wire money to a random account. Plus, remind them about the truth of "no risk" offers: Any financial offer that sounds too good to be true is just that - untrue. Every legitimate investment carries both risks and rewards.

Here's another suggestion: Older adults who have debt problems may be especially vulnerable to offers that claim to "clear up" all their debts. But there's no quick fix to this problem, and any caller who claims otherwise is likely being deceitful. Encourage your parents to discuss their debt situation with an honest, professional debt counselor or a financial advisor.

Finally, if your parents don't already work with a trusted, qualified financial professional, introduce them to one.

Your parents worked hard all their lives. Do what you can to help them enjoy their "golden years" in dignity.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline.Taylor@edwardjones.com. Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor.

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Things to consider before choosing a summer camp

Though February does not often elicit images of youngsters building campfires or playing games in the pool, the month more synonymous with the Super Bowl and Valentine's Day is a great time for parents to start thinking about summer camps for their kids.

Summer camp is often something kids look forward to, and something they will fondly recall long after they reach adulthood. For many kids, summer camp provides a first taste of independence, as youngsters spend significant time away from home without their parents for the first time in their lives. But as great an experience as summer camp can be for youngsters, it can be just as difficult an experience if parents don't find the right fit for their children. That's why it behooves

parents to start thinking about summer camps for their kids in winter, before camps start filling out their rosters, which tends to happen in early spring. The following are a few things parents should take into consideration when seeking a summer camp for their kids.

Staff

The right summer camp staff can make all the difference. Many children are understandably shy when arriving at a summer camp, as their friends from back home might not be joining them. That can make kids hesitant to participate in activities or less enthusiastic about those activities. But a good staff will know how to make kids feel welcome, which should help them come out of their shells and make the most of their summer camp ex-



periences. The quality of staffs can vary significantly depending on the camp, so it's important that parents ask camp representatives about their staffs before making any commitments. Ask how long the staff has been together and the types of training new and even veteran staff members undergo before the start of camp season? Does the training include first aid and emergency medical training and certification?

It's also good to ask about the vetting process the camp employs before hiring new staff, including the extent of its background checks. Are criminal background checks conducted? How many references must potential staff

members supply to be considered for employment? A good camp will be forthcoming with answers to all of your questions, so eliminate those that appear hesitant to share information about their staffs.

A day in the life

When vetting camps for kids, parents should ask what a typical day is like once the season hits full swing. Many parents want their youngsters to have a well-rounded experience, while others might want their kids to attend a more specialized camp, whether it's a sports camp focusing on a particular sport or a music camp devoted to helping kids become better musicians. Regardless of the type of

camp parents are considering for their kids, they should ask about what daily life at the camp is like. Ask to see schedules and how strictly camps adhere to those schedules. When considering specialized camps, ask the staff representative if kids will have the chance to simply have a little fun and which types of recreational activities are planned to give kids a break from what are often rigorous schedules.

Camp goals

Another thing parents must consider before choosing a summer camp for their kids is the goals of each individual camp. A camp should be dedicated to ensuring kids have fun, even when kids are attend-

ing more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



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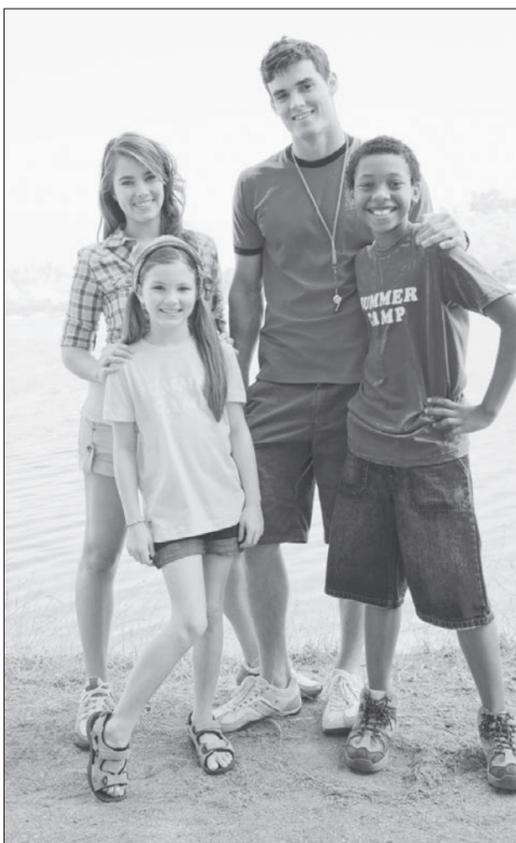


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SUMMER CAMPS '17

kids are attending more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



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FREE RANGE CHILDREN

Centre Downe Health, LLC brings natural healing home to roost

Naturopathic couple brings their practices together in natural Lakes Region setting to meet your holistic healthcare needs, close to home

LACONIA — When was the last time you spent an hour with your doctor? Naturopathic Doctors Brian Paterson, ND, LAc and Kathryn Cranford, ND, NHCM make time to listen. Combining their separate practices of more than 15 years each, their joint practice is called Centre Downe Health, and is housed in a newly completed, ecologically constructed building in the heart of the Lakes Region. NDs have been licensed in New Hampshire since 1996. This law provides a broad scope of practice that includes laboratory and physical diagnosis, herbal, homeopathic, nutritional and limited pharmaceutical treatment options.

Dr. Paterson and Dr. Cranford met at Bastyr University in Kenmore, Wash. In 1999, and have made their permanent home together here in the Lakes Region. In 2008, they built their two-story 12 sided solar, wood and electric powered home with visions of using this land as a center for health and well-being, first for their family, and increasingly for

the community. If the quiet location with beautiful views of the natural landscape and herb, flower and vegetable gardens are not enough to make you feel well, they have a lot of other treatment options to offer.

Dr. Cranford has been in practice as Whole Heart Healing Arts in Meredith, and then Laconia, continuously since 2005. Previously she practiced in Maine. She provided Naturopathic Midwifery care for 15 years and is now using this experience to focus on Naturopathic women's health care and pediatrics as well as chronic disease prevention and care. Her passions are for herbal and homeopathic medicine in combination with nutritional and lifestyle counseling.

Dr. Paterson was in practice at the Holistic Health Center at LRGH for 14 years until August of 2016 when he went into private practice. As an acupuncturist and naturopath, he has been providing holistic care, specializing in precisely targeted musculoskeletal work to residents of the Lakes Region for a decade



COURTESY
When was the last time you spent an hour with your doctor? Naturopathic Doctors Brian Paterson, ND, LAc and Kathryn Cranford, ND, NHCM make time to listen. Combining their separate practices of more than 15 years each, their joint practice is called Centre Downe Health, and is housed in a newly completed, ecologically constructed building in the heart of the Lakes Region.

and a half. His reputation for pain relief for conditions which have eluded other practitioners and techniques is widespread in the

area. Hope Clavett, who worked as the secretary/receptionist for Dr. Paterson at Holistic Health, has joined Centre Downe Health

as front desk manager.

Appointments are currently being booked in the new space. When the weather bends to spring and summer, there will be hosted meditation walks, tea and coloring unwind times, herbal medicine growing, harvesting and medicine making seminars in the 100 foot circular garden behind the practice. The 59 acre property, known for years as "Centre Downe," includes woods trails where there will be hosted herbal identification and harvest hikes. The name Centre Downe refers to the Quaker practice of sitting still in extended silence and listening calmly and attentively for guidance from that which guides you. Centre Downe Health is here to be a force for that centered self-knowledge that allows clients to make sage choices toward an evolving-for-the-better health.

The Web site, CentreDowneHealth.com, is available as a resource for contacting the office, keeping up with what is being offered at CDH and a place to connect via social media. Centre Downe Health is pleased to continue serving established patients in their new location, and is accepting new patients as well.

Centre Downe Health, LLC is a family owned and run Holistic Health Clinic located in Laconia. The two NH licensed naturopathic doctors were trained at Bastyr University in Kenmore, WA and have been in practice since 1999 and 2001 respectively.

If you would like more information about Centre Downe Health, please go to CentreDowneHealth.com, email info@centredownehealth.com or call 524-9261.

Free community emergency response class begins in April

LACONIA — Are you prepared for an extended power outage, a fire in your home, or perhaps a medical problem requiring immediate attention? Have you ever learned how to handle that fire extinguisher in your kitchen closet or the one in the garage? Do you know what to do when someone is bleed-



COURTESY
Are you prepared for an extended power outage, a fire in your home, or perhaps a medical problem requiring immediate attention? Have you ever learned how to handle that fire extinguisher in your kitchen closet or the one in the garage? Do you know what to do when someone is bleeding, choking, having a stroke or heart attack? Would you like to learn more about what goes on when the police or fire personnel are called to search for a lost individual? You can learn all this and more by signing up for a free Community Emergency Response Class.

ing, choking, having a stroke or heart attack? Would you like to learn more about what goes on when the police or fire personnel are called

to search for a lost individual? You can learn all this and more by signing up for a free Community Emergency Response Class. Topics

to be covered include Disaster Preparedness, Fire Safety, Disaster Psychology, Safety Strategies Involved in SEE EMERGENCY PAGE A13

New Beginnings celebrates 25 years with The Silver Swing

LACONIA — For 25 years, New Beginnings has worked closely with the victims and survivors of domestic and sexual violence by providing free services to empower their journey to

overcome violence and abuse. To celebrate this milestone, we invite the community to our celebratory gala, The Silver Swing, on April 8. The Silver Swing will be a wonderful event of danc-

ing the night away while raising funds for the critical support New Beginnings provides to the Lakes Region.

Themed after the glamour and big band style of the 1940s, The Silver Swing features live music by the Lakes Region Big Band, complimentary dinner and refreshments by Curt's Caterers and a silent auction filled with a variety of locally sourced packages. Hosted by The Margate in their beautiful Ballroom, we encourage all attendees to dress up in their best 1940s outfits and bring their dancing shoes! Tickets are on sale now, \$75 per person. Please visit the following website to purchase your SEE NEW BEGININGS PAGE A13



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MARK ON THE MARKETS



BY MARK PATTERSON

Whether you are interviewing a potential new financial advisor or

meeting with your current advisor, these five questions are key to determining if this advisor

and their firm are working for you or for the broker-dealer.

Question one: Does your advisor or firm have any "revenue-sharing" arrangements with any insurance or fund company? This is important because the advisors firm may be paid to promote certain fund families for the brokerage firms benefit, not yours.

Question two: Do you or your firm promote "proprietary products?" Again, proprietary products are products created by the broker dealer that may pay more to the broker if sold by them. These products may not be as transparent to you, the client, as they should be.

Question three: Who holds custody of my money? This is a question you would want to ask an investment advisor or RIA (Registered Investment Advisor). TD Ameritrade, Charles Schwab and Fidelity are popular custodians for registered investment advisory firms. The investment advisory firm should only have limited power of attorney for them to direct your money into proper in-

vestment allocations and to extract their fee from your account. Shortly after opening an account at one of these custodians, you should receive a letter from the custodian acknowledging your account.

Question four: Ask the broker or advisor about their background, education and experience pertaining to financial planning, asset management or retirement planning. There is a big difference between passing a securities exam that allows someone to sell securities versus working in an environment that demands continued education and encourages personal growth and knowledge regarding financial planning or asset management.

Question five: Are you a fiduciary? A fiduciary works for you, the client, and is obligated to do what is in the best interest of the client, not themselves or their broker dealer. The tricky part about being a fiduciary is that an advisor may have the license to act in a fiduciary manner, but that does not mean that they do so.

There is legislation that was set to go in effect on April 10, potentially delayed, that I believe will eventually take place. This legislation would require that any advisor working with retirement money would have to work in the client's best interest. Advisors like myself are obligated to act as a fiduciary by law. So, you can probably imagine that it is my opinion as well as other investment advisors that the brokers at the broker-dealers and banks should view their jobs as advisors and not salespeople and they should be held to the much higher standard of fiduciary, not just a suitability standard that they are held to presently.

I realize I've already listed five questions for you, however I will give you a bonus sixth question to ask: How and how much are you compensated for your services?

Mark Patterson is an investment advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

The landscape is great... no matter what your age!

Retiring in the Lakes Region of NH offers a great life

REGION — If your favorite vacations included surrounding yourself with lake and mountain views and the glorious colors of the four seasons, then why not choose to retire in the place that many chose as their vacation getaway? No matter what your age, you just can't beat the beauty and easy access that the Lakes Region of New Hampshire offers. There are so many things to do and enjoy, and there's a retirement community that will fit your particular lifestyle. Don't forget that the low crime rate and favorable tax rates make it extra sweet!

Sugar Hill is a retirement community in Wolfboro that sits on a hilltop surrounded by acres of woodlands offering lake and mountain views. Sugar Hill community offers spacious cottages and apartment homes that provide ample space for entertaining, without the stress of interior and exterior maintenance. For more information, visit <http://www.sugarhillrc.com/>.

Taylor Community is a retirement community that offers independent living, assisted living, nursing and memory care. With the main campus in Laconia and two satellite locations in Wolfboro and Pembroke, you can enjoy the

beauty of New Hampshire, at this carefree, secure retirement community. The staff will take care of the home maintenance including interior and exterior repairs, mowing your lawn and even shoveling your snow. Taylor Communities also offer free on and off campus transportation so you can get to all the places you enjoy going. Visit www.taylorcommunity.org for more information.

Wesley Woods is located in the foothills of Gunstock Mountain in Gilford. This beautifully wooded area is conveniently close to shopping, banking and medical services for older adults. Wesley Woods offers assistance with tough chores of home-ownership, such as snow plowing and lawn maintenance, but also allows people to have the pleasure of their own gardens. This community is the perfect location to socialize with friends, while being active and staying fit through activities like skiing, hiking and other outdoors happenings in the Lakes Region. For more information, visit www.wesleywoodsnh.org

How about a condominium campground? Lake Forest Resort is a unique RV camping opportunity for adults 50+

or couples on their own again. Set in 100 wooded acres, the Lake Forest Resort offers well-spaced sites with privacy, as well as recreational and social activities for adults, like golfing at the Forest Meadows, their own Cayman golf course which winds through the tree lined fairways along with a post and beam clubhouse with events in the evening. This great option is on Great East Lake and gives you the option to visit, stay for the season or purchase your site for as long as you wish. Visit www.lakeforestvresort.com for more information

The Lakes Region Tourism Association is the official tourism board of the region, representing close to 100 communities, 273 lakes and ponds, and more than 400 businesses in central New Hampshire, including area attractions, restaurants, retail establishments and accommodations. For more information or visitors' guides, visit LakesRegion.org, facebook.com/NHLakesRegion or follow on Twitter. For more information about New Hampshire, go to www.visitnh.gov. The LRTA office is on Route 3 in Tilton, and it can be reached by calling (800) 60-LAKES.

Lakes Region Chamber to host non-profit summit April 19

TILTON —The Lakes Region Chamber of Commerce will host a half day Non-Profit Summit on April 19 at the Franklin Savings Bank Community Learning Center in Tilton.

The Non-Profit Summit was created as a resource for non-profit leaders and also for-profit businesses that support our local non-profits through volunteerism, board participation and collaborative initiatives. The event will focus on communication, digital marketing, email marketing in the mobile age, fundraising best practices and working together. Featured presenters include Bill Trevor, CEO of Web Smart Advisors, Heather Jackson of Constant Contact New England, Laurette Edelman from the New Hampshire Center for NonProfits and an expert panel discussion from Justin Slattery of Belknap EDC, Chris Emond of the Central New Hampshire Boys & Girls Club

and Sandy Marshall representing LRGHealthcare and the Greater Lakes Region Children's Auction.

"We continually seek to provide events that bring value to local businesses and programs that provide support to address challenges that leaders may be facing. Over 70 non-profit businesses are members of the Lakes Region Chamber. This equates to 15 percent of our membership. We are pleased to bring this opportunity to the business community. If you work or volunteer for a non-profit organization, this program is both an educational resource and a chance to strengthen your network," states Karmen Gifford, Chamber President.

There is a full agenda from 8 a.m. to noon. Cost is \$10 per person with a continental breakfast. Space is limited. Register on-line at LakesRegionChamber.org or call 524-5531.

Chamber represents over 475 businesses in 22 area communities throughout the Lakes Region and continues to drive economic growth through collaboration with other organizations with its vision to promote and build a stronger community. To visit the Chamber's on-line business directory and community events calendar, go to LakesRegionChamber.org. For more information about Chamber membership and opportunities, contact Joanne Haight, Membership Manager at jhaight@LakesRegionChamber.org or call the Chamber office at 524-5531.

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- Enjoy a horse-drawn wagon ride through the historic Rocks Estate
- Visit the sugar house and watch fourth-generation sugar maker Brad Presby at work and enjoy a maple syrup tasting.
- Purchase a New Hampshire Maple Experience commemorative mason jar to fill at the sugar house with warm syrup.
- Tractor-drawn ride to the sugar house.
- Cooking demo using maple syrup.

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AVA

(Continued from Page A1)

He said the entire staff would miss her.

"It's a tragedy her life was cut short," an emotional Papadopoulos said. "I couldn't believe it when I heard about it. My heart goes out to her parents."

Ava's family has received a strong outpouring of support from the community. A YouCaring page established to assist the family with funeral expenses has raised more than \$19,000 toward its \$20,000 goal.

Ava's father, Tim Doris, is a longtime dispatcher for the Gil-

ford Police Department, which has also shown its support for the grieving family. The GPD organized a Meal Train Plus event in support of the family, which has delivered food as well as monetary and other donations. As of press time, the site has raised more than \$11,000 for the family.

According to the Gilford Police Facebook page, flowers that were left at the scene of the accident were moved to the Gilford Police Department's Memorial Garden by the Po-

lice Station. The GPD asks that anyone wishing to leave flowers in remembrance of Ava do so at the Memorial Garden.

Memorial donations can still be made at <https://www.youcaring.com/jennifer-hunterdorisdoris-776126>. Monetary donations are also being accepted at the Meal Train Plus page <https://www.mealtrain.com/trains/4d86e2>.

Funeral services for Ava were held Monday morning at St. Joseph Church in Laconia.

BUDGET

(Continued from Page A1)

Voters approved the budget in a vote of 568 in favor and 463 against.

Voters also approved the teacher's contract. Article 3 is the multiyear collective bargaining agreement between the school district and the Gilford Educational Association covering the increases in salaries and benefits. The first year carries an increase of \$296,819, which will be raised and appropriated in the article. The increase in the second year is \$268,198 and \$245,392 in the third year.

The article passed 557 in favor and 476 against.

Voters also approved Article 4 to authorize a special meeting on the contract's cost items if the contract was defeated. The article received 609 votes in favor and 391 against.

Article 5 to create the School Buildings Maintenance Capital Reserve Fund for maintenance, repair, upgrades, and improvements on the school grounds, buildings, and their operating systems and facilities was also approved. The article also put \$75,000 into the fund from surplus from the June 30 unrestricted fund balance and will not come from taxation.

The article was approved 795 in favor and 218 against.

Article 6 to create the School Buildings Roof Maintenance Capital Reserve Fund for maintaining, repairing, and upgrading the roofs and roof systems in all school buildings was also approved. This article will also put \$62,500 into the fund from the June 30 unreserved

fund balance.

The article was approved 815 in favor and 202 against.

The School Buildings Technology Infrastructure Capital Reserve Fund will be created with the approval Article 7 in a vote of 806 to 210. This fund will be for

repairing, upgrading, and maintaining the district's technology resources, which include software and hardware. With the creation of the fund, this article will also put in \$30,000 from surplus from the June 30 unrestricted fund balance.

SKATING

(Continued from Page A1)

na in Laconia on Sunday night for the annual event hosted by the Gilford Elementary School's Volunteer Steering Committee.

The Volunteer Steering Committee is a group of parent volunteers that meet once a month.

The Family Skating Party has gone on for around five years organized by the VSC with some help from the PTA. The committee paid for use of the space and the event was free for all families. PTA treasurer Jeanin Onos said if kids don't have skates and equipment, their rentals will be free.

Around 60 people came to the event. Volunteer Steering Committee member Caroline Drouin said they have all levels and ages of skaters and everyone was having fun.

"It's a great opportunity for families to do some skating with their kids," Drouin said.

Onos said there are kids out on the ice who had never skated before.

"It's a great opportunity for moms and dads to get their skates on too," Onos said.

Drouin said her middle son, Jacoby, learned how to skate this year and was really enthusiastic about getting on the ice.

"It's a great event," Drouin said.

Onos was at the

TRANSFER

(Continued from Page A1)

The town will enter a five-year lease purchase agreement for \$538,650 for a new fire engine with a payment of \$50,000 in the first year. Voters approved Article 9 with 807 voting in favor and 180 against.

Article 10 for \$175,000 to purchase a medium duty plow truck with accessories and was approved 820-169.

Voters approved phase two of the town hall improvement project in Article 10, including new heating and cooling fixtures, upgrades to the water system, and hallway flooring and sidewalks. The article was initially \$450,000, though an amendment by Budget Committee member Kevin Leandro at the deliberative session to lower this to \$385,000 passed with voters. Voters approved the overall article in a vote of 763 in favor and 221 against.

Voters approved articles 12 through 17, which put money into capital reserve funds. Article

12 put \$20,000 for the Building Repair Capital Reserve Fund (855 yes to 127 no); \$25,000 in the Fire Water Supply Maintenance fund in Article 13 (879-106); \$58,000 for the Lakes Business Park fund in Article 16 (693-289); and \$10,000 each in the Recreation Facilities Maintenance Fund in Article 14 (856-127), Glendale Boat and Launch Ramp Facilities Maintenance fund in Article 15 (836-150), and the Sewer Maintenance Fund in Article 17 (874-122).

Voters approved all the petition articles by local nonprofit organizations requesting town contributions.

Article 18 gave \$9,000 for the Laconia Area Center if Community Action Program in a vote of 723-284. Article 19 put \$3,000 toward counseling and family support services for residents by Child and Family Services (718-297). Article 20 put \$21,000 toward emergency mental health services provided by Gen-

esis Behavioral Health (674-335).

Voters rejected a petition article adopting a policy that any person who serves in an elected position through the state or federal would not be eligible to serve in an elected position for the town. Article 21 was defeated in a vote of 512 against and 456 in favor.

Voters approved Article 22 discontinuing a section of Lockes Hill Road. The article discontinued a 200-foot portion on the northeast side of Route 11 that goes through property owned by the Patricia P. Bagaley Trust and the William A. McCloskey Trust. The article was approved in a vote of 526 in favor and 433 against.

Article 23 to repeal the noise ordinance adopted at the 1995 town meeting and replace it with a revised ordinance was approved. The provisions of the new ordinance were approved in a vote of 542 in favor and 361 opposed.



ERIN PLUMMER

Gilford Elementary School's Principal joins Triaunna Dyer and Maitlyn Walsh during the Family Skating Party.



ERIN PLUMMER

Families have fun on the ice during the Volunteer Steering Committee's annual Family Skating Night.

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TIL THE CLOUDS

(Continued from Page A3)

excuses for the lavish studio production numbers, complete with singing and dancing in vibrant 1940's Technicolor. Some of the more famous musical numbers that viewers are treated to include Judy Garland, pregnant at the time with Liza Minnelli, singing "Look for the Silver Lining;" Lena Horne performing an amazing "Can't Help Loving Dat Man" from the musical "Showboat;" and the film's grand finale: Frank Sinatra, clad in white from head to toe, singing his version of "Ol' Man River," again, from "Showboat."

Kern himself approved of this biopic, and notably the sometimes maligned choice of Frank Sinatra to sing the final ballad.

Sadly, he never got to see the finished film, as Kern died in 1945 at the age of 60. "Till The Clouds Roll By" was a critical and commercial success, and still wows audiences today with its high MGM production values, stunning camera work and gorgeous vocal arrangements for the studio's top stars of the day. Turner Classic Movies calls "Till The Clouds Roll By" "... a superb slice of post-war escapist fare ... top notch ... smoothly directed." If you love mid-century musicals, how can you resist? Grab your popcorn and join LRPA after dark for this Technicolor treat!

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Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the

world via LiveStream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that:

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression,

promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

TALKIE

(Continued from Page A4)

it sit for an hour or more, then vacuuming it up. For kicks, add a couple of drops of lavender oil into the box and shake it up before dusting the mattress.

Fridge and Freezer Funk - They're supposed to keep foods fresh, but refrigerators and freezers need freshening, too, according to HouseLogic. You may not smell funky fridge odors, but if the ice cubes acquire an odd taste or you see tidbits accumulating on shelves, odors might follow and be noticed by others. Discard, clean, sanitize with bleach and water followed by a solution of vinegar and water.

For the complete article, copy the following link into your web browser: https://www.houselogic.com/organize-maintain/cleaning-decluttering/nose-blind/?site_ref=spotlight

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Meanwhile, thank you for reading The Winnepesaukee Talkie.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Mr. Hilman today is an associate broker at Keller Williams Lakes & Mountains Realty, Wolfeboro. He can be reached at 569-4663 or by email at rhilman@randyhilmanhomes.com.

ANONYMOUS

(Continued from Page A7)

are "Buzz" Aldrin, the second man to walk on the moon, and Dick Van Dyke, a well-known actor from the 1960's.

The panel included many authorities on this problem, including Judge James Carroll and Attorney James Sawyer, who helped create Laconia's Recovery Court, which is a welcomed alternative to being incarcerated. Some recovery individuals were in attendance for the film, and attested to the value of the recovery program. Unfortunately the program can only handle

10 participants at a time due to logistical and financial constraints. Perhaps in the future these constraints will be alleviated.

A local program dealing with this problem is "Navigating Recovery in the Lakes Region", which "is a grassroots collaborative organization creating a supportive, recovery informed community for those affected by addiction." The group meets 5 days a week, and further information can be attained at Navigating.Recovery@gmail.com or at 409-7228.

The next Gilford PTA presentation will actually be within the school system, and will be on Thursday, April 20, with Kathy Sullivan, a speaker for alcohol awareness, whose daughter died from alcohol addiction. The next "Gilford Together" community meeting will be at 6 p.m. on Tuesday, April 18, at the Gilford Community Church. As always, everyone is encouraged to attend, and offer their support in remedying this area's addiction problems.

EMERGENCY

(Continued from Page A10)

a Terror Attack, Incident Command Systems, Light Search and Rescue and First Aid/CPR. All these topics are taught by local first responders and experts from the field who serve as guest instructors.

On successful completion of the course, graduates may apply to the Lakes Region Community Emergency Response Team, LR-CERT, which is sponsored by the Partnership for Public Health and serves many local communities. CERT members then receive additional training in classes that support our units of Traffic Control, Shelter Management, Search and Rescue, Fire Rehab, Emergency Communications and Animal Response.

CERT members

support emergency response agencies and can assist others in their neighborhood, town or workplace. Recently, LR-CERT members established a shelter in Moultonborough providing comfort for people who had to leave their homes after the devastating March blizzard. LR-CERT also provided traffic control for participants at the Winni Dip and the Sled Dog Races.

The next class will be offered free of charge at the Laconia Central Fire Station beginning April 20 on Thursday evenings, and will continue weekly for nine weeks. Those interested should call Kathleen Merriam at the Partnership for Public Health, 528-2145, or email to kmerriam@pph.org.

You may also learn more about CERT by going on-line to <http://www.citizen corps.gov/cert/>.

SIMON

(Continued from Page A5)

lage Players circles for his portrayal of Horton in Seussical the Musical.

The role of Don Carney will be played by another Village Players veteran, Vinny Amico. He has appeared on stage in a number of Village Players shows, most recently in last spring's Drinking Habits.

The other soldier going through basic training with the group is James Hennessey and he will be portrayed by newcomer Luke Andruzzi, making his Village Players debut.

Leading the group of misfit soldiers is Sgt. Merwin J. Toomey, portrayed by veteran Village Player Bob Rautenberg. He was most recently on stage as Elvis impersonator

The Big El in last summer's Bathroom Humor.

Another Village Players veteran, Toni Dingley, will be returning to the stage for the first time since her role in Boeing, Boeing two summers ago. She will be portraying southern prostitute Rowena.

The final character in the show is Daisy Hanigan and that role has gone to Chelsea Stewart. She has been on stage in one show, Undeclared History, but has been part of the pit band for the musicals the last few years and has also had backstage roles for shows.

Leading the way for the group are directors Russ Ellis and Bob Tut-

tle. This is Tuttle's first foray into directing and Ellis is returning to the director's chair for the first time since Boeing, Boeing two summers ago.

As a note, the show contains some language and sexual situations and may not be suitable for children.

Tickets for the show are available at Black's Paper and Gifts in downtown Wolfeboro or online at village-players.com. The show opens on March 31 at 8 p.m. and also has 8 p.m. shows on April 1, April 7 and April 8, with a matinee 2 p.m. show closing the run on Sunday, April 9.

Biloxi Blues is sponsored by Bruce and Kris Gural.

NEW BEGININGS

(Continued from Page A10)

seat today: <http://www.ticketbase.com/events/the-silver-swing>.

By recognizing how far we've come, we also recognize how much further we need to go. Help us continue our work with the men, women and children who have experienced violence and abuse. Samantha Fifield, Chairwoman of New Beginnings' Board of Directors, stated that "The night will be one to remember! Swing music playing in the background and compassionate people who care about the safety and well-being of others coming together for a truly worthy cause."

Thank you to the following businesses for sponsoring our event: The Margate, Meredith

Village Savings Bank, Proforma Piper Printing, and Watts Water Technologies. And to our generous volunteers and community partners: We couldn't have done it without your support and community leadership!

We'll see all you cookies and dreamboats on the dance floor!

About New Beginnings-Without Violence and Abuse

Nearly one in four women have been sexually assaulted in New Hampshire and at least a third of New Hamp-

shire women have been physically assaulted by an intimate partner. New Beginnings-Without Violence and Abuse is a nonprofit organization committed to ending domestic, sexual, and stalking violence through service provision to victims, community education, and prevention work focused on breaking the generational cycle of violence. For more information about New Beginnings, its programs or questions about The Silver Swing, please contact the office, 528-6511.

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11:20	Collette Vacations	Matt Voccola
11:40	Insight Vacations	Christina Aresco
12:00	Paul Gauguin	Liz Coleman
12:20	Club Med	Aideen Mulholland
12:40	Oceania Cruises	Ian O'Ryan
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1:20	Princess Cruise Line	Beverly Williams

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SPORTS



BOB MARTIN

Winter Wild Spokesperson Robin Allenburke gets everyone revved up for the early morning race up Gunstock Mountain on Saturday.



BOB MARTIN

Runners, snowshoers and skiers made their way up Gunstock Mountain on Saturday morning for the culmination of the Winter Wild race series.

Braving the cold for an uphill climb

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — Temperatures were in the single digits as the sun was coming up over Gunstock Mountain on Saturday, but that didn't stop 84 athletes from taking to the hill for a unique uphill race called Winter Wild.

Coming away with the top time of the day was 49-year-old Jim Boule of Camp-ton, who was running for Acidotic Racing and finished with a time of 20:25. He bare-

ly edged out Vincent Lyon, 28, of Dover who had a time of 20:49. The third best time of the day was Eric Harbeck, 27, of Lebanon, who was running for Team AMP.

"I love the early mornings, hanging out with my team, meeting new people, runners and skiers," Boule said, adding that this is his sixth year participating in Winter Wild. "It's 7 a.m. and the sun is shining. How can you beat a day like today? Beautiful sunrise.

It is eight degrees. It's really nice."

Boule said it was the first time he ran the course and Gunstock and he was happy with being the top finisher. He runs other mountain races in the summer, as well, which he said has helped him in all facets of racing.

Winter Wild is described as "an uphill series with a twist," where racers finish at the bottom of the mountain. There were some who ran in running shoes, but others

who took to the course in skis with skins, snowshoes or shoes with micro spikes.

The courses vary depending on the mountain. Gunstock's course was 3.25 miles long with a 1,300 vertical incline. It went up the trail called "Recoil" to the summit of the mountain, and then back down "Gun-smoke" to "Gunpowder," and then to "Side-arm," which led to the finish line.

Event spokesperson Robin Allenburke ex-

plained that the idea of uphill skiing was created in Colorado, and she said that type of racing would involve skiing uphill and then taking a chairlift down. Then Chad Denning came along and revamped things to involve racing both uphill and downhill. The event is now in its eighth year. Allenburke said Denning unfortunately passed away two years earlier.

"Chad was an inspirational guy," said Allenburke. "He was all

about the outdoors and adventure. He wanted to get people outside to enjoy what we have here."

Allenburke added that racers must come down the same way they went up. This means those with skis can hit the slopes on the way down.

"Chad added the twist of running or skiing back down," said Allenburke. "If you go up in backcountry skis, you come down in backcountry skis.

SEE WILD PAGE B3

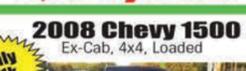


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Not responsible for typographical errors.

Local hoop players take part in Francoeur/Babcock Tournament

GILFORD — The 24th annual Francoeur/Babcock Memorial Basketball Tournament took place March 9-12.

Thursday, March 9

Game 1 - Gilford vs. Lou Athanas (Junior Division), Lou Athanas defeated Gilford (32-14). Leading scorers for Lou Athanas: Brady Stevens - 12 points, Tristan Parker - 10 points and Caden Tucker - six points. Leading scorers for Gilford: Carter Gelo - seven points, Carson Anthony, Bryce Carroll and Cooper Perkins - two points. Hustle Awards presented to Madeline Mousseau of Lou Athanas and Livi Keenan of Gilford.

Game 2 - Gilmanton vs. Sanbornton (Junior Division), Sanbornton defeated Gilmanton (28-13). Leading scorers for Sanbornton: Jackson Flanders - 15 points, Nicholas Haddock - four points and Jacob Twombly - three points. Leading scorers for Gilmanton: Alec Townsend - six points, Tim Maciaone - four points and Jacob Sanders - two points. Hustle Awards presented to Jackson Flanders of Sanbornton and Landon Mandella of Gilmanton.

Game 8 - Gilford vs. Sanbornton (Senior Girls Division), Gilford defeated Sanbornton in double overtime (26-25). Leading scorers for Gilford: Lauryn NashBoucher - seven points, Alysen Pichette - six points and Vanessa Flanders - six points. Leading scorers for Sanbornton - Julia Dolpies - 21 points and Isabella Sargent - two points. Hustle Awards presented to Alysen Pichette of Gilford and Julia Dolpies of Sanbornton.

Friday, March 10

Game 9 - Lou Athanas vs. Belmont (Senior Girls Div.), Lou Athanas defeated Belmont (25-7). Leading scorers for Lou Athanas: Ashlyn Deluca - 10 points, Lily Andriski - five points and Reagan Bresse - five points. Leading scorers for Belmont: Yelena Rodrigues



COURTESY PHOTO

All Tournament Sportsmanship Team includes (back row, l to r), Reagan Bresse, Frankie McComiskey, Jalen Reese, Abigail Gilbert, Lauryn NashBoucher, Nicholas Haddocks and Cooper Perkins. Front row (l to r), Lucas Kirk, Vinnie Montalto, Madeline Mousseau, Caitlin Connelly and Landon Mandella.

- two points, Eleni Papadopolous - two points and Darien Fleck - two points. Hustle Awards presented to Sarah Ancora of Lou Athanas and Yelena Rodrigues of Belmont.

Game 15 - Gilford vs. Sanbornton (Senior Boys Division), Gilford defeated Sanbornton (46-34). Leading scorers for Gilford: Jalen Reese - 17 points, Isaiah Reese - six points and Sam Cheek - six points. Leading scorers for Sanbornton: Alex Nichols - 17 points, Ben Rollins - 11 points and Caleb Robdau - four points. Hustle Awards presented to Isaiah Reese of Gilford and Alex Nichols of Sanbornton.

Game 16 - Lou Athanas vs. Belmont (Senior Boys Division), Lou Athanas defeated Belmont (43-77). Leading scorers for Lou Athanas: Lucas Kirk - 10 points, Keaton Beck - seven points, two others with six points each. Leading scorers for Belmont: Trenton DeSchiteneer - eight points, Hayden Howes - seven points and Jacob Bivens - six points. Hustle Awards presented to Kurtis Jobin of Lou Athanas and Hayden Howes of Belmont.

Saturday, March 11

Game 3 - Junior Division Losers Bracket, Gilford defeated Gilmanton (33-4). Leading scorers for Gilford: Austin Champagne - 10 points, Grace Kelly - five points and three others with four points. Leading scorers for Gilmanton:

Blake Zarta - two points and Timothy Maciaone - two points.

Game 4 - Junior Division Winners Bracket, Lou Athanas defeated Sanbornton (41-14). Leading scorers for Lou Athanas: Brady Stevens - nine points, Madeline Mousseau - nine points and Tristan Parker - eight points. Leading scorers for Sanbornton: Jacob Twombly - eight points, Jackson Flanders - four points and Ben Wood - two points.

Game 10 - Senior Girls Division Losers Bracket, Sanbornton defeated Belmont (34-8). Leading scorers for Sanbornton: Julia Dolpies - 17 points, Isabella Sargent - seven points and Jasmine Filter - four points. Leading scorers for Belmont: Yelena Rodrigues - five points, Alyssa Gilbert - two points and Carly Drouin - one point.

Game 11 - Senior Girls Division Winners Bracket, Lou Athanas defeated



COURTESY PHOTO

Gilford and Sanbornton girls battle in the Francoeur-Babcock Memorial Tournament.

Gilford (22-21). Leading scorers for Lou Athanas: Ashlyn Deluca - 10 points and three others with four points. Leading scorers for Gilford: Lauryn NashBoucher - five points and three others with four points.

Game 17 - Senior Boys Division Losers Bracket, Sanbornton defeated Belmont (45-26). Leading scorers for Sanbornton: Caleb Robdau - 12 points, Alex Nichols - 10 points and Ben Rollins - 10 points. Leading scorers for Belmont: Trenton DeSchiteneer - 10 points, Hayden Howes - six points and Jacob Bivens - four points.

Game 18 - Senior Boys Division Winners Bracket, Gilford defeated Lou Athanas (31-24)

Leading scorers for Gilford: Jalen Reese - 18 points, Isaiah Reese - 5 points and two others with four points. Leading scorers for Lou Athanas: Max Shosa - six points, Lucas Kirk - six points

and Logan Sanchez - five points.

Game 5 - Junior Division Losers Bracket, Gilford defeated Sanbornton (31-9). Leading scorers for Gilford: Cooper Perkins - 10 points, Daniel Kitto - six points and Livi Keenan - three points. Leading scorers for Sanbornton: Jackson Flanders - five points, Colin Flanders - two points and Emma Evans - two points.

Game 12 - Senior Girls Division Losers Bracket, Gilford defeated Sanbornton (23-18). Leading scorers for Gilford: Serria Talbot - seven points and three others with four points. Leading scorers for Sanbornton: Julie Dolpies - eight points, Caitlin Connelly - four points and Jasmine Filter - four points.

Game 19 - Senior Boys Division Losers Bracket, Lou Athanas defeated Sanbornton (49-23). Leading scorers for Lou Athanas: Keaton Beck

- 12 points, Max Shosa - 11 points and Kurtis Jobin - six points. Leading scorers for Sanbornton: Alex Nichols - nine points, Sam Mattes - seven points and Andrew Pearson - three points.

Sunday, March 12

Game 6 - Junior Division Final, Lou Athanas defeated Gilford (35-17). Leading scorers for Lou Athanas: Brady Stevens - 18 points, Tristan Parker - eight points and Madeline Mousseau - four points. Leading scorers for Gilford: Carter Gelo - six points, Mark Uiker - four points and three others with two points

Game 13 - Senior Girls Division Final, Lou Athanas defeated Gilford (20-10). Leading scorers for Lou Athanas: Ashlyn Deluca - eight points, Renee Bergeron - four points and Regan Bresse - four points. Leading scorers for Gilford: Ashley Sanderson - four points, Vanessa Flanders - four points and Lauryn NashBoucher - two points.

Game 20 - Senior Boys Division Final, Gilford defeated Lou Athanas (31-23). Leading scorers for Gilford: Jalen Reese - 12 points, Isaiah Reese - nine points and Mason Anthony - four points. Leading scorers for Lou Athanas: Dylan Ellsworth - five points, Carson Tucker - five points and Logan Sanchez - four points.

For Junior Coed, Lou Athanas was champion, Gilford was runner up, Sanbornton was third and Gilmanton was fourth. For senior girls, Lou Athanas was first, Gilford was second, Sanbornton was third and Belmont was fourth. For senior boys, Gilford was champion, Lou Athanas was second, Sanbornton was third and Belmont was fourth.

Additional awards

Nathan J. Babcock Volunteer Award was presented to Cassidy Bartlett.

Denise Soucy Memorial Coaches Award was presented to Steve Tucker and Nate Stevens of the Lou Athanas Jr. co-ed team.

The Hustle Awards are presented to one player for each game during the opening round.

Aaron Francoeur All-Tournament Sportsmanship Team:

Junior co-ed, Cooper Perkins of Gilford, Landon Mandella of Gilmanton, Madeline Mousseau of Lou Athanas and Nicholas Haddocks of Sanbornton.

Senior girls, Abigail Gilbert of Belmont, Lauryn NashBoucher of Gilford, Reagan Bresse of Lou Athanas and Caitlin Connelly of Sanbornton.

Senior boys, Vinnie Montalto of Belmont, Jalen Reese of Gilford, Lucas Kirk of Lou Athanas and Frankie McComiskey of Sanbornton.

The Aaron Francoeur All-Tournament Sportsmanship Team Awards are presented to one player from every team in each division at the conclusion of the tournament.



COURTESY PHOTO

Softball clinic

The Gilford High School softball team hosted a clinic for the Gilford and Gilmanton youth softball programs on Sunday, March 19, at the Gilford High School gym. The youth players enjoyed learning and practicing a variety of skills including fielding, throwing, catching pop fly balls, sliding head first and feet first, hitting and pitching. All of these skills were demonstrated and taught by the high school players. Most of the high school players attended these clinics when they were younger. The youth league programs and these clinics are where the players developed their passion for the sport of softball. The youth clinics have been run for more than 30 years at Gilford High School.



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Gilford basketball represented on all-state teams

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — The Golden Eagles boys' and girls' basketball teams had players recognized in this year's all-state team chosen by the New Hampshire Basketball Coaches Association, including girls' senior Steve Orton who was named to the first team. Fellow seniors Mason McGonagle and Ethan Carrier were honorable mentions for the boys' team.

"It's an honor considering that only six other girls from our division in the state were named," Orton said. "I worked really hard over the summer and one of my goals was to improve a lot, and I guess it showed."

Girls' head coach Rick Forge had high praise for his star senior, saying Orton is an all-around great person to go along with being a tremendous athlete. Aside from her first team honor, Orton was also the recipient of the Jack Ford Memorial

Scholar Award, which is awarded every year for each division. The award has three sets of criteria including basketball performances, academic performance and citizenship/community service. It is considered one of the most prestigious awards in the sport.

Forge said that her numbers speak for themselves, showing that she is one of the top players in the state. This year Orton led the team in both points and rebounds, scoring 15.3 points per game with 12.2 rebounds. Over her career she scored 883 points to go along with 757 rebounds. Orton played varsity all four years and was a captain this past season. She was an honorable mention for all-states last year.

Orton helped the Golden Eagles to a state championship in 2016 and a runner-up season in 2015. She also played in the senior game at NHTI on Sunday. Orton played every position



BOB MARTIN

Steve Orton, right, was named to the girls' All-State team chosen by the New Hampshire basketball Coaches Organization. Mason McGonagle, left, and Ethan Carrier were honorable mentions for the boys' team.

throughout the season.

However, what really sticks out to Forge is her ambition and willingness to lead.

"Stevie is one of the most competitive players I have coached," Forge said. "Her dedication and love of the sport is very evident. Stevie was

asked to lead an inexperienced group this year and did a great job. She was asked to play multiple positions and embraced the challenge."

Forge said that whether it is in the classroom, on the basketball court or in the community, Orton is a top notch student

that people can look up to.

"Stevie leaves the program with much to be proud of," said Forge. "Beyond the wins and state championship honors, she has helped the program develop new players. Her recognition by other coaches as an all-state selection is a real honor."

Orton has hopes to play basketball in college and is currently looking at Snow College in Utah.

Carrier and McGonagle were senior leaders for the boys' basketball team, and their coach Chip Veasey said they earned their recognition.

Carrier received the team's Most Improved Player Award and Veasey said that it is clear that he has improved greatly from last season. The center/power forward was a force on the boards this season and enhanced his shot blocking abilities, Veasey said. He added that Carrier improved his shooting range and was able to keep out of foul trouble.

"He had a number of games scoring both double digits in rebounds and points," Veasey said. "He was our leading rebounder. There were some games where he dominated the defensive boards."

Carrier averaged a double/double this year, averaging about 12 points and 14 rebounds. He recalls his game against Newfound as being one of his best, saying he scored 17 points, ripped down 14 boards and was perfect from the free throw line.

Carrier said he was shocked when Veasey told him he was named an honorable mention

for the all-state team considering how many good athletes he played against.

"Last year I didn't make it so it is really exciting," said Carrier.

Veasey said McGonagle was the team's primary scorer and had the ability to penetrate off the dribble. While only six-foot-tall, the Golden Eagles used him in the post as well, and he was able to use his size against smaller guards inside. Veasey was impressed by his ability to get hot and hit several shots in a row, and also said he was "very streaky from the arc."

McGonagle said when looking back on his career, he thinks of his game against Laconia last year where he scored 30 points. He said it was a huge game, where there was plenty of friends and family there to support him and the team. This year, McGonagle said he "lit it up" in the senior night, which he said was about as exciting as it gets.

"It was more of an emotional excitement rather than sticking it to Laconia like last year," said McGonagle.

McGonagle agreed that it is huge honor to be named to the all-state team and being among top players. He said that he and Carrier also played together in the senior game and it has been a great ride with the Golden Eagles.

"Seeing all the talent there, it feels good to be recognized as one of the best," said McGonagle. "That's what every high school athlete strives for. It is definitely a big honor."

WILD



BOB MARTIN

Temperatures were in the single digits, but that didn't stop 84 people from participating in the Winter Wild event at Gunstock Saturday morning.



BOB MARTIN

Participants in the Winter Wild race made their way through a 3.25 mile course up and down Gunstock Mountain on Saturday morning.



BOB MARTIN

Chris Stevenson of Hopkinton, Mass. crosses the finish line during the Winter Wild event at Gunstock on Saturday morning.

If you go up in snowshoes, you go down in snowshoes."

After Denning passed away, the event was taken over by Brandon Baker and his wife Jackie who are part of Team Amp. She

said he wanted to keep Denning's spirit alive.

This year's Winter Wild series began on Jan. 14 and ended at Gunstock on Sunday, 10 events later. She said it was amazing to see how many enthusi-

astic athletes came out to brave the cold temperatures in the early mornings. The previous event at Waterville Valley made Gunstock's single digits seem like nothing, as racers were climbing

(Continued from Page B1)

the hill in -33 degree weather with the wind chill. Generally there are more than 100 racers who participate.

The race involved people coming in from all over New England, and one who came in from Pennsylvania. There were people of all ages, ranging from 5 to 70-years-old.

Allenburke said that the intention for the event is to be both competitive and happy while having fun in the outdoors. Baker agreed, and said the event is one of the things where people participate once and they are hooked. He said it is a hard challenge to go straight up the hill, but one that everyone seems to enjoy.

"It's quirky but it's a ton of fun," said Baker. "Getting a ski area to ourselves with the sunrise is such a unique thing. It's fun because we definitely have some fast athletes here, but I would say predominantly it is weekend warriors. It's not so much about elite athletes, but as you see some of these people are incredible."

For additional information about the event, log onto Winterwild.com.

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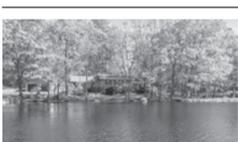
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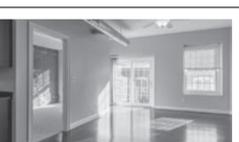
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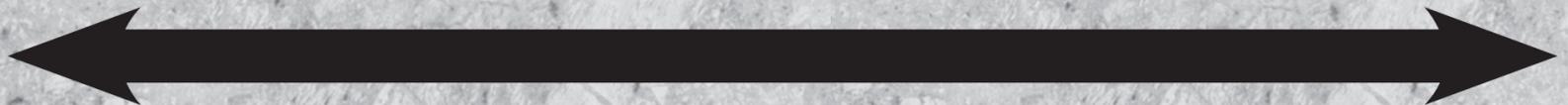
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LACONIA OFFICE : 1921 Parade Road : (603) 528-0088






Laconia: Located in the heart of Weirs Beach, NH with shared private Lake Winnepesaukee access. This 7 unit fully refurbished motel with managers quarters has a well established rental history. Currently known as the Lakeside Get Away, this large motel is truly one a kind with 7 efficiency apartments, five two bedrooms units, a one bedroom unit and a large four bedroom unit with lake views. Many of the units have been updated with fully operational kitchens featuring new appliances and tile floors, updated 3/4 baths and hardwood floors in the bedrooms and living rooms. Lakeside Get-Away has deeded, reserved parking for guests and managers and less than 100' to the shared private sandy beach. **\$459,000 MLS# 4621930**

Meredith: Beautiful 2,465 sqft. building perfect as a residence or a commercial property. Charming hardwood floors, fireplace, exposed beams and lake views. Located on a 1.62 acre lot, just up the road from Lake Winnepesaukee. Near many other Lakes Region amenities! Just Reduced!
\$259,900 MLS# 4481604

Moultonborough: Gorgeous level 2 acre+ lot with a range way to Lake Winnepesaukee. Open field and nicely treed for a private building site. Prestigious Kona Mansion area. Low tax town of Moultonborough. Stores, banks, post office, the Old Country store and the Castle in the clouds ten minutes away.
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**WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT
2017-2018 School Year**

Director of Buildings and Grounds

The WMRS is comprised of 3 elementary/middle schools and one high school serving the towns of Carroll, Dalton, Jefferson, Lancaster, and Whitefield. This is a District-level, administrative position.

The Director shall have extensive experience in planning and supervising operations and maintenance functions including mechanical systems, exterior operations, compliance with all regulations and codes, custodial operations, and energy management. In addition the successful candidate shall demonstrate experience in creating, implementing, and maintaining a rotating capital improvement plan, a facilities plan, crafting bid specifications, and an annual district- wide maintenance budget.

The Director must possess effective presentation, and oral and written communication skills. He/she is expected to represent the District for building projects and must make presentations to the school board at public meetings.

Proficiency in computer skills including Excel, Word, Google Apps, and be able to access and maintain mechanical operational controls from home and work.

In order to accomplish these tasks, the Director of Buildings and Grounds must work closely with the school staff and with the building and central office administrators. He/she must demonstrate strong leadership and team development skills. The Director is a member of the School Board Facilities committee. Must be flexible with hours and days worked according to the immediate facilities needs.

**All applicants must apply on Schoolspring.com
Paper applications will not be accepted.**

For further information, contact:
Roxanne Hartlen, Adm. Assistant to the Superintendent of Schools
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhartlen@sau36.org

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BUSINESS OPPORTUNITY

GILFORD BEACH CONCESSION STAND

The Gilford Parks and Recreation Commission seeks an interested party to lease and operate the concession stand at the Gilford Town Beach for the 2017 summer season. The season runs from approximately Memorial Day through Labor Day. The objective of the Commission is to assure the public quality food service at reasonable rates.

Interested parties must be able to provide proof of insurance and state license to sell food. For more information, please contact the Parks and Recreation Department at 527-4722.

Gilford Fire-Rescue

Firefighter/EMT

Gilford Fire-Rescue seeks 2 highly motivated FF/AEMTs (preferred) to become part of our team and assist us in delivering high quality fire and EMS services in our community. 12 hour day, 2 on, 2 off base schedule. Start in June. AS in Fire/EMS-related field; NR AEMT; CDL-B w/ tank; must meet all NH full time firefighter reqs, including FF2, CPAT. Starting at \$17.00 to \$18.50 DOQ. Send inquiries, cover letter, application, and resume to Chief Stephen Carrier (scarrier@gilfordnh.org), 39 Cherry Valley Road, Gilford, NH 03249. Accepted through April 3, 9AM.

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