

Bears open alpine season at Gunstock



Matt Karkheck makes his way through the giant slalom course at Gunstock last week.



Hannah Owen skis at Gunstock last Friday afternoon.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Newfound alpine ski team competed in the first meet of the season on Friday, Jan. 15, at Gunstock. The Bears were joined by Gilford, Prospect Mountain, St. Thomas and Laconia plus one skier from Inter-Lakes. For the Bear boys in the morning giant slalom, Matt Karkheck led the way with a secenth

place finish. Broderick Edwards finished next in 12th place, with Dalton Dion right behind in 13th place. Trevor Sanshagrin finished in 16th place, followed by Owen Henry in 17th place, Beckett Van Lenten in 18th place, and Jack Ehmann in 19th place. Hayden Reynolds finished in 21st place and Jacob Blouin rounded out the field of

Bears in 23rd place overall. In the afternoon slalom, Karkheck finished in eighth place to lead the way for the Bears. Edwards finished in 12th place with Ehmann finishing in 15th place as Newfound's third skier. Van Lenten skied to 16th place, Henry finished in 18th overall and Reynolds finished in 20th place. For the girls in the

giant slalom, Hannah Owen led the way with a 14th place finish overall. Rebecca Dillon finished in 16th place and Lily Karkheck was right behind her in 17th place. In the afternoon slalom, Owen was again first for Newfound, finishing in 12th place overall. Dillon finished in 15th place and Karkheck finished right behind again, coming in 16th

place. Newfound is scheduled to compete next at Sunapee on Wednesday, Jan. 27, at 10 a.m. Preview The Bears are once again coached by Jonathan Young, who enters his sixth year at the helm of the program and Bill Karkheck, who is back with the program for his second year. The team has a quar-

tet of returning seniors in Matt Karkheck, Blouin, Henry and Owen as well as senior newcomer Reynolds. Sophomores returning to the team include Sanshagrin, Ehmann, Dion, Dillon and Lily Karkheck and the team welcomes in freshmen newcomers Van Lenten and Edwards. The coaches note that

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Groundwork laid for high-speed broadband network in Bristol

BRISTOL — The Town of Bristol is deploying the smart infrastructure necessary to bring high-speed broadband services to its previously underserved rural community. The initiative, Bristol Broadband Now, is a long-term effort by the Town's Economic Development Committee to build a

fiber to the premise (FTTP) network that will provide symmetrical fiber optic internet to residences throughout Bristol as well as connect businesses, municipal buildings and educational facilities in Bristol and Plymouth. Bristol Broadband Now is being made possible in part through

two separately funded projects. The first project, supported by a \$1.52 million Connecting New Hampshire Emergency Broadband Expansion grant funded by the Coronavirus Aid, Relief and Economic Security (CARES) Act, is a 24-mile fiber route that passes nearly 400 Bristol residences and connects

to the NetworkNH system at Plymouth State University (PSU). The second project will provide the additional fiber backbone and fiber distribution required to connect all Bristol municipal, educational and commercial buildings and is being funded by a Northern Border Regional Commission

grant and Town appropriation. After years of planning and strategizing with project stakeholders, the Town issued its Request for Proposals in August 2020 for the design, engineering and construction of the network with a completion

date of December 15, 2020 in accordance with CARES Act funding regulations. Bristol was the only municipality in New Hampshire to receive CARES Act grant monies for telecommunications infrastructure.

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Bears play well in opening week



Tyler MacLean goes up to the hoop in action against Plymouth last week.

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — Despite the fact that the first two games of the season resulted in the Newfound boys' basketball team being on the wrong side of the scoreboard, coach

Jesse Mitchell wasn't disappointed in what he saw. The Bears opened the season with two games against Division II Plymouth, the first coming on Tuesday, Jan. 12, with the visiting Bobcats tak-

ing a 57-43 win. "Overall it wasn't a bad first game," Mitchell said. "We came out strong in the first two quarters." The Bears won the

SEE HOOPS PAGE A6

first quarter by a 17-14 margin and led 27-26 at the halftime break, but the third quarter saw them struggle to move the ball and that resulted in turnovers. "In the fourth quarter, we mentally checked ourselves out of the game and let the calls and the other team bring us down and we just couldn't bring it back," Mitchell said. Malaki Ingram finished with 17 points, nine rebounds, seven steals and an assist to lead the way for the Bears while Garrett King had seven points, three rebounds and two assists. The two teams met up again on Thursday, Jan. 14, on the road in Plymouth and this time it was a closer game, with the Bobcats coming out with a 55-46 win. "This was a great game for us," Mitchell stated. "Everything felt like it was clicking, the only thing that didn't pan out for us was a win.

Newfound School District plans COVID-safe deliberative session

BRISTOL — The Newfound Area School District is planning a COVID-19 safe deliberative session on Jan. 30 at 10 a.m. at Newfound Regional High School (NRHS). The snow date is Feb. 1 at 6:30 p.m. This year, the deliberative session will be held in the gymnasium. We will safely seat 160 people, six feet apart. The auditorium will also be prepared for socially distanced seating if we reach capacity in the gymnasium. All seating will be cleaned and disinfected before the meeting. People in the auditorium will view the meeting on a live internet video stream and will have access to a microphone if they wish to speak to the meeting. An Assistant Moderator will be assigned to facilitate the process of voting in the auditorium and classrooms. People who would like their own private space due to safety concerns may view the meeting in a classroom via live video stream. Attendees with these concerns are encouraged to contact the SAU office at 744-5555 to request a classroom. Supervisors of the Checklist for each town will be assigned to designated areas at NRHS in order to maintain proper spacing. Masks will be required for attendees of this meeting and temperature screenings will be conducted prior to entering the meeting room. Mask-less attendees will be asked to view the meeting in one of our classrooms.

Unified Bobcats and Bears officially kick off new season



Alexis King (right) gets a congratulatory fist bump after scoring for Plymouth in the season opener last week.



Christian Sorell takes a shot for Plymouth in action against Newfound last Monday.

PLYMOUTH — The Plymouth and Newfound unified basketball teams became the first athletes in the local area to officially suit up for the winter 2021 season, as they met up in Plymouth on Monday, Jan. 11.

The neighboring schools had a friendly back and forth game, with plenty of sportsmanship and fun for all the players and fans.

In the end, the host

Bobcats prevailed with a 50-33 win over the visiting Bears.

Alexis King got the Bobcats on the board first but Zeke Shedd answered with a hoop for the Bears. Brandon Hickey and Brandon Lawson hit back-to-back baskets for Plymouth before Shedd hit another for Newfound. King, Shenice McCoy and Asia Nordstrom pushed Plymouth's lead out to 12-4 before Aaron Belyea got a basket for the Bears. McCoy and Ella Schaeffler had baskets for the Bobcats, sandwiched around a hoop from Zeke Richardson for Newfound to make it 16-8 after one quarter of play.

Plymouth got the first two baskets of the second quarter, with Desirae McCoy and Christian Sorell each finding the bottom of the net before Faith Smith answered with a basket for the Bears. Sorell hit another basket and then Jackson Peabody and Brandon Avery added baskets to push the lead to 26-10. Richardson came through with two bas-

kets at the end of the second quarter, sandwiched around a hoop from Avery to close out the first half with Plymouth on top by a 28-14 score.

The third quarter started with Makayla Stevens hitting a basket for Plymouth, followed by a three-pointer for Belyea to answer for the Bears. King and Sorell followed with back to back baskets for Plymouth before Christian Duda and Shedd followed with hoops for the Bears. Hickey hit another hoop for the Bobcats and Shedd added one for the Bears before Cameron England added the final hoop of the third quarter for a 38-23 lead for Plymouth heading to the fourth quarter.

Smith drained the first basket of the final frame before Plymouth got a hoop from Nordstrom and then two in a row from Desirae McCoy to push the lead to 44-25. Smith got Newfound back on the board but Shenice McCoy added another basket for Plymouth. Duda drained a pair of baskets for Newfound, including one

where he went end to end. Peabody and Lawson each hit baskets and Duda added one for Newfound to close out the game with a 50-33 win for the Bobcats.

Sorrel, King, Shenice McCoy and Desirae McCoy each had six points to lead Plymouth while Duda and Shedd each had eight points to lead the Bears.

The two teams will meet again at Newfound on Monday, Jan. 25, at 3:30 p.m.

PRHS 16-10-12-12-50
NRHS 8-6-9-10-33

Plymouth 50
King 3-0-6, Sorell 3-0-6, Peabody 2-0-4, S. McCoy 3-0-6, D. McCoy 3-0-6, England 1-0-2, Stevens 2-0-4, Avery 1-0-2, Lawson 2-0-4, Schaeffler 1-0-2, Hickey 2-0-4, Nordstrom 2-0-4, Totals 25-0-50

Newfound 33
Shedd 4-0-2, Richardson 3-0-6, Duda 4-0-8, Belyea 2-0-5, Smith 3-0-6, Totals 16-0-33

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A SALMON PRESS PUBLICATION
NEWFOUND LANDING STAFF DIRECTORY

Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.



Christian Duda looks to the basket during his team's game in Plymouth last week.



Faith Smith dribbles the ball toward the basket in action last Monday in Plymouth.

HIGH SCHOOL SLATE

Thursday, Jan. 21
NEWFOUND
Boys' Hoops vs. Moultonborough; 6
Girls' Hoops at Moultonborough; 6
PLYMOUTH
Boys' Hoops at Franklin; 6
Girls' Hoops vs. Franklin; 6
Unified Hoops at Berlin; 3:15
Friday, Jan. 22

PLYMOUTH
Alpine Skiing at Sunapee; 10
Nordic Skiing at White Mountains; 3
Ski Jumping at Kennett; 6
Saturday, Jan. 23
PLYMOUTH
Hockeyvs. Lebanon; 5:30
Wrestling vs. Concord; 10
Monday, Jan. 25
NEWFOUND
Boys' Hoops at Kingswood; 6
Girls' Hoops vs. Kingswood; 6
Unified Hoops vs. Plymouth; 3:30
PLYMOUTH
Boys' Hoops at Gilford; 6
Girls' Hoops vs. Gilford; 6
Unified Hoops at Newfound; 3:30
Wednesday, Jan. 27
NEWFOUND
Boys' Hoops vs. Kingswood; 6
Skiing at Sunapee; 10
PLYMOUTH
Hockey at Belmont-Gilford; 5:30
Ski Jumping at Hanover; 6
Thursday, Jan. 28
NEWFOUND
Girls' Hoops at Kingswood; 6
PLYMOUTH
Alpine Skiing at Waterville Valley; 10
Boys Hoops vs. Gilford; 6
Girls' Hoops at Gilford; 6
Nordic Skiing at Moultonborough; 3:15

All schedules are subject to change

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	Cass Mill Road	N/A	\$18,000	Joseph and Jennifer Pines	Coats Fiscal Trust and Jody L. Coats
Alexandria	32 Corliss Rd.	Single-Family Residence	\$301,000	James G. Roberg	Chrystal M. and Joseph R. Krom
Ashland	46 Hillside Ave.	Single-Family Residence	\$190,000	Maureen Elaine McGael Estate and Desiree Douglas	Todd A. Smith
Ashalnd	56 Sanborn Rd.	Mobile Home	\$55,000	Harold Lamos	Thompson Guyotte RET and Anthony P. Guyotte
Bridgewater	N/A (Lot 14)	N/A	\$91,000	G.W.M. In Bridgewater Trust and Joshua E. Latham	James D. McEwen and Michelle L. McEwen
Bridgewater	N/A (Lot 15)	N/A	\$91,000	Keep The View Trust and David J. Latham	James D. McEwen and Michelle L. McEwen
Bristol	4030 River Rd.	Single-Family Residence	\$286,000	Mary E. Lee Trust	Dennis S. Evans
Campton	Ellsworth Hill Road	N/A	\$25,000	Keith D. Belcourt	Gary A. Baker
Campton	1294 NH Route 175, Unit 7	Condominium	\$95,000	Patricia F. Reilly	Brendan T. and Diane D. Kelly
Campton	N/A	N/A	\$700,000	Richard A. Dearborn RET and Gail S. Beaulieu	Makuleke Investments LLC
Campton	N/A	N/A	\$10,133	Paul V. and Debra A. Archetto	Jennifer Ditusa
Holderness	US Route 3	N/A	\$800,000	Inn On Golden Pond LLC	Salmon Family Farms LLC
Plymouth	Depot Street	N/A	\$132,000	Russell Clark	Steven M. Kelley
Plymouth	8 Foster St.	Single-Family Residence	\$215,000	James D. McHugh	John Doyle and Marissa Strong
Plymouth	15 River St.	N/A	\$212,000	Mark D. Sanchez Estate and Matthew E. Sanchez	Erin M. Gadoury-Macalpine
Plymouth	Route 25	N/A	\$1,500,000	Tenney Mountain Storage LLC	All Purpose Storage LLC
Thornton	Cals Hill Road	N/A	\$45,000	Mountain River Development Association	Courtney Lins and Ryan Kempson
Thornton	50 Holland Trail	Single-Family Residence	\$437,533	Caroline and Andrew M. Gauthier	Thomas Fitzpatrick
Thornton	Johnston Brook Road	N/A	\$125,000	Deborah L. Carlson	Derek and Arlene Zeolla
Thornton	2288 NH Route 175	Single-Family Residence	\$301,000	Stephen J. and Joyce E. Ives	Daryl and Johnna T. Hart
Thornton	N/A	N/A	\$225,000	Samuel and Samantha Brown	Euro Flooring Inc.
Thornton	N/A (Lot 24)	N/A	\$255,200	Amanda Babcock and Amanda Nickerson	Sean and Amy Cosier
Waterville Valley	Valley Route 49	N/A	\$250,000	Cheryl Saenger	Robert A. Donahue
Waterville Valley	55 Village Rd., Unit 1	Condominium	\$152,533	Ozean Savas	Patrick and Brooke G. Redmond
Waterville Valley	W. Brach Road	N/A	\$140,000	Waterville Co. Inc.	David D. Britton
Waterville Valley	N/A (Lot 42)	N/A	\$480,000	Andrew D. and Mary H. Cutler	Kenneth J. and Michelle L. Decosta

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

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Grafton County Conservation District to hold plant sale

HAVERHILL — Want to do something NOW, that will benefit you and your land into the future? Grafton County Conservation District (GCCD) offers a variety of flowers, shrubs, fruit and berries attractive to landowners and wildlife during our annual Conservation Plant Sale. You can place your order today, and pick up your plants Saturday, May 1 for spring planting.

Adding plants on your property is a best management practice for resource conservation. They can improve our water quality, reduce soil and wind erosion, clean the air, reduce energy costs, attract and support local wildlife, and beautify your property. Shrubs provide

food and cover for wildlife and pollinators, attractive foliage, flowers and fruits. Some of the shrubs we offer include elderberry, Nannyberry, gray dogwood, and American hazelnut. The District also sells balsam and Fraser fir, American arborvitae, American mountain ash, red mulberry, black willow, shagbark hickory and sugar maple trees. Several plant packages are also available. A variety of apples, strawberries, blueberries and raspberries are also for sale.

Many of the plants we offer are native to New Hampshire. Plants native to our area are adapted to growing in our region's soils and climate, requiring less maintenance (such as

watering and fertilizing) than many introduced plants. Most of our plants are bare-root, meaning they were harvested at the plant nursery when the plants were dormant and will ready for planting when you pick them up. Bareroot plants are affordable, hardy, have well-developed roots, and are easy to handle, transport and plant.

To learn more about the Grafton County Conservation District Plant Sale, visit our website Sales Program page: <https://graftonccd.org/sales-programs>. To have the Conservation Plant Sale information mailed to you, please call Pam at 353-4652, ext. 103 with name and mailing information. The

proceeds from the GCCD Conservation Plant Sale support our educational program throughout the year. GCCD holds many

workshops throughout the year, a tour of conservation practices, supports the New Hampshire Envirothon

and participates in the New Hampshire Ag in the Classroom School to Farm Day in Grafton County.

Nomination papers for NHEC board due Feb. 4

PLYMOUTH — Members of the New Hampshire Electric Cooperative, Inc. (Co-op) interested in being considered for nomination to the Board of Directors should submit their material to the Nominating Committee by 4:30 p.m. on Thursday, Feb. 4. More information is available on NHEC's web site at www.nhec.com.

"The Co-op seeks qualified members with diverse personal, professional and geographical backgrounds," says Steve Camerino, President/CEO at the Co-op. "NHEC is a member-owned, non-profit organization, and serving on the board of directors is one of the ways members can have a direct impact on how this democratically controlled organization is run. It is an important and rewarding job."

Board members are elected to three-year terms. Four of the 11 seats are up for election this year. Election ballots will be sent to all members in May. Those elected will be seated at the Annual Meeting of Members, Wednesday, June 16.

The Nominating Committee meets numerous times to review the applications and interview candidates for the Board of Directors. This year's meetings and interviews will be conducted remotely via Zoom. After completing the process, the Committee nominates a slate of candidates to be included on the ballot. The candidates selected will be identified on the ballot as having been nominated by the Nominating Committee.

If you or someone you know are interested in applying, contact Sharon Yeaton at 536-8801 or yeatons@nhec.com for a candidate packet.

STATE POLICE NEWS

On Jan. 2, Roger Young, 47, of Alexandria was arrested for DUI.

On Jan. 3, Christopher Bean, 34, of Groveton was arrested on a warrant.

On Jan. 3, Nicholas Stephens, 19, of Marshfield, Mass. was arrested for transportation of alcohol by a minor.

On Jan. 3, Matthew Hines, 19, of Marshfield, Mass. was arrested for unlawful possession/intoxication.

On Jan. 3, Dylan Catteral of East Ryegate, Vt. was arrested for driving after suspension.

On Jan. 3, Brian Smith, 41, of Woodsville was arrested on bench warrants.

On Jan. 4, Justina Marro of Warren was arrested for Domestic Violence, simple assault.

On Jan. 5, Christine Cogill, 40, of East Bridgewater, Mass. was arrested on four counts of domestic violence.

On Jan. 6, Miles Byrne, 23, of Milan was arrested on a warrant.

On Jan. 7, Christopher Streams, 43, of North Haverhill, was arrested as a fugitive.

On Jan. 7, Nadav Hoitash, 18, of Newton, Mass. was arrested for transportation of alcohol by a minor.

On Jan. 7, Lucas Silva, 19, of Newton, Mass. was arrested for unlawful possession/intoxication.

On Jan. 7, Wrigley Lowe, 19, of Newton, Mass. was arrested for unlawful possession/intoxication.

On Jan. 7, John Shore, 19, of Waban, Mass. was arrested for unlawful possession/intoxication.

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CADY Corner

Ways to improve your well-being

By Deb Naro
Contributor

Everyone feels stress sometimes and the COVID-19 pandemic has added to the feeling of being overwhelmed. Stress is a natural response to a challenge or demand and can arise from day-to-day pressures of work and family. Stress is much more than just being busy, explains Dr. Janice Kiecolt-Glaser of The Ohio State University, who studies the effects of stress on the body.

“It’s the feeling that you’re overloaded, out of control, and unable to cope,” she says.

It’s important for your health and well-being to learn how to cope with stress. Researchers are working to understand how stress affects health. They’re also studying ways to relieve stress. These techniques may help you to feel calmer and more relaxed.

Stress isn’t always bad. It’s actually a survival response. It helps you leap into action in the face of a threat. Your heart rate speeds up, and you breathe faster as you prepare to fight or run to safety. Short-term stress can even help you perform—you’re more able to ace an interview or meet a project deadline. But when stress lasts a long time, it may also harm your health. Your body is constantly acting as if it were in immediate danger.

“There’s a really big body of research now that says that chronic stress promotes inflammation,” says Kiecolt-Glaser.

Inflammation is associated with many diseases, including heart disease, cancer, arthritis, and some mental health conditions. Stress may also affect your metabolism—the chemical changes in the body that release energy and produce the substances you need to grow, move, and stay healthy. Kiecolt-Glaser’s research shows that stressful events can cause the body to burn fewer calories at rest. Stress can also cause changes in mood and increase irritability with those around us.

The first step is to recognize the signs that you’re stressed beyond a normal level. Trouble sleeping can be one. Some people get headaches or stomachaches. Stress can also cause changes in appetite that lead you to gain or lose weight. Once you know you need to reduce stress, there are practical steps you can try. Getting regular exercise can be helpful. Doing an activity you enjoy can also help with stress. This can be anything—from dancing to making art or getting out into nature or having fun with friends.

Making sure to get enough sleep is important.

“People are more sensitive to stress when they don’t have enough sleep,” says Kiecolt-Glaser.

Staying socially connected is important too. Close personal relationships are key to reducing stress. Reaching out to friends and family by phone, video chat, and email can help you stay in touch even when you’re not able to see them in person.

“Make a conscious effort to reach out and to maintain contact,” says Kiecolt-Glaser. “Loneliness is really destructive.”

Eating regular, well-balanced meals and avoiding alcohol and other drugs also help to reduce stress.

Using mindfulness helps some people cope with stress. It teaches you to focus on being present in the moment. Research shows that simply being aware of what you’re doing can improve well-being.

The simple act of controlled breathing can bring stress relief.

“It’s well known that slow breathing techniques have a positive effect on emotional state,” says Dr. Jack Feldman of UCLA, an expert on the neuroscience of breathing.

There are many different breathing techniques you can try. Practicing a few minutes a day can help you get started.

For more prevention information, visit our website at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGH Healthcare (934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 238-3555.



COURTESY

Sworn in

Executive Councilor Joe Kenney was sworn in as the new District 1 Executive Councilor on Jan. 7 at the State House. Pictured here with Kenney are his son Christian and Gov. Chris Sununu.

Sustainable Bristol

Buying in bulk

BY LAUREN THERIAULT

When I first started to reduce my waste, I read a lot of suggestions to buy in bulk. I associated bulk shopping with going to BJ’s and buying 100 hotdogs for a party, not buying food items in reusable containers. Buying food and items in bulk cuts down on the packaging needed for each item, gives you the amount you need to cut down on food waste, and is healthier in many cases. Perhaps you are interested in buying in bulk for one of these reasons but have been hesitant to try for fear of doing it wrong.

What can you buy in bulk? Things I like to buy in bulk include spices, herbs, salad dressing mixes, dish soap and oil.

You can also buy oats, cereals, rice, popcorn, peanut butter, pastas, dried fruits, shampoo, cleaning products, teas, coffee, and flours. Think about

How to buy in bulk? First figure out what you want or need and find a place that sells that item. Next figure out what the product would fit in. If you’re buying peanut butter, a cleaned out glass jar would work. I like to reuse spice jars for herbs and spices. Sometimes I only need a small amount of some spice or dried flowers, in those cases I bring envelopes to fill. Old pickle jars are great for holding dish soap. Basically, never give or throw away a jar again. Now that you have brought your containers to the store,

ask for help. With new restrictions you might have to ask an employee for help instead of measuring the amounts you need yourself. The first thing they or you will do is weigh the empty containers. Then you or the employee fill the container with the items you want. Weight it again and subtract the weight of the container you brought. In some cases the items might be more expensive but I find that a lot of them are cheaper than buying it in a disposable container. Three months’ worth of dish soap costs me about \$10, which is significantly cheaper than buying it at the store in a container I will have to dispose of later.

Where to buy in bulk? If you live locally Pep-

percorns in Plymouth has a great bulk selection, and Gemini Health in Tilton is also good for spices, dry goods and oils. The COOP’s in Concord, New London, Hanover and Lebanon are good stops as well if you commute to those areas. Granite State Naturals in Concord also has a lot of great bulk foods.

Buying in bulk can also apply to buying large quantities of something. If you have a place to store it and it won’t go bad before you use it all up, buying the biggest container of a food is better than buying a bunch of smaller ones. Buying in bulk is also usually a lot healthier than buying processed foods in bags and plastic containers. Give it a try.



News, really close to home

Silent film classic “Way Down East” to screen at Flying Monkey

PLYMOUTH —The iconic image of actress Lillian Gish trapped on an ice floe and headed straight for a waterfall will once again fill the big screen when “Way Down East” (1920) is revived on Thursday, Feb. 4 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

General admission is \$10 per person.

The movie, a blockbuster melodrama directed by D.W. Griffith, is set in old-time rural New England, and was partly filmed on location in New Hampshire and Vermont. It stars Gish in an acclaimed performance as a wronged woman trying to make her way in an unforgiving world. Can she find love and redemption, or will she ride to her doom on the raging river’s ice floes?

“Way Down East: will be screened with live music by Jeff Rapsis, a New Hampshire-based silent film accompanist.

At the Flying Monkey, accommodations are in place to keep patrons safe in the Covid-19 era.

Face-coverings are required to enter the theater, and should remain on at all times until movie-goers take their seats. Capacity is limited to 50 percent; audience members are asked to observe social distancing in choosing seats.

In “Way Down East,” Gish stars as a poor New England country girl who travels to Boston to visit her rich relatives

in the hopes of getting financial help. While there, she’s dazzled by upper class society and romanced by a rich womanizer (Lowell Sherman) who takes advantage of her innocence by tricking her into bed with a fake marriage ceremony.

Convinced she’s found the husband of her dreams, Gish returns home to the country, only to be abandoned. She informs her faux husband she’s pregnant; he orders her to get an abortion. Instead, Gish goes into exile to have the baby, finds herself persecuted for giving birth out of wedlock, and flees even further into the country to seek refuge. The film was noteworthy in its time for addressing such topics as abortion and women’s rights.

Modern critics hail “Way Down East” for Gish’s performance, which continues to mesmerize audiences nearly a century after the film’s release.

“Gish provides an abject lesson in screen acting and brings home the importance and effectiveness of seeing a film in a theater with a crowd,” wrote Paul Brenner on www.filmcritic.com in 2007. «If you are not moved at the scene of Gish baptizing her dead baby, then you should check the obituaries of your local paper to see if you are listed.»

The film also stars silent era heartthrob Richard Barthelmess. In the film’s climax, Barthelmess must dash to rescue Gish

from being carried away on the ice floes.

Much of the acclaimed ice floe sequence was filmed in March 1920 on location on the Connecticut River in New Hampshire and the White River in Vermont, as the winter pack ice was breaking up. No process shots or post-production special effects were available to filmmakers at the time, so Griffith and his crew had no choice but to stage and shoot it all on a real river, with the players out on the ice. To get the floes to break up and float down the river, Griffith’s crew dynamited pack ice upstream.

Gish later said that she suffered frostbite by following director Griffith’s command to always keep one hand in the water during the shooting.

Despite such hardships, “Way Down East” cemented Gish’s reputation as one of the silent era’s major stars. Gish would continue to work in films and, later, television, until the 1980s. She died in 1993 at age 99.

Accompanist Jeff Rapsis specializes in creating music that bridges the gap between an older film and the expectations of today’s audiences. Using a digital synthesizer that recreates the texture of a full orchestra, he improvises scores in real time as a movie unfolds, so that the music for no two screenings is the same.

“It’s kind of a high wire act, but it helps create an emotional energy that’s part of the silent film ex-



Lillian Gish, passed out on an ice floe on the Connecticut River, is just minutes from a watery demise in “Way Down East” (1920), director D.W. Griffith’s silent film drama set in rural New England. The movie will be screened with live music on Thursday, Feb. 4 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. General admission is \$10 per person. For more info, visit www.flyingmonkeynh.com or call 536-2551.

perience,” Rapsis said.

“It’s easier to follow the emotional line of the movie and the audience’s reaction when I’m able to follow what’s on screen, rather than be buried in sheet music,” he said.

Because silent films were designed to be shown to large audiences in theaters with live music, the best way to experience them is to recreate the conditions in which they were first shown, Rapsis said.

“Films such as ‘Way Down East’ were created to be shown on the big screen to large audiences as a communal experience,” Rapsis said. “With an audience and live music, silent films come to life in the way their makers intended. Not only are they enter-

taining, but they give today’s audiences a chance to understand what caused people to first fall in love with the movies.”

“Way Down East” was based on a popular stage drama, for which director Griffith paid the then-astounding sum of \$175,000 to turn into a movie. The picture proved to be a huge moneymaker; taking in \$4.5 million, making it the fourth-highest grossing movie of the silent film era. “Way Down East” would be the last of Griffith’s great blockbusters; tastes changed as the 1920s rolled on and Griffith’s Victorian style fell out of favor. Receipts from ‘Way Down East’ kept Griffith’s studio afloat during a subsequent series of box office flops.

“This picture was a monster hit when it was released,” Rapsis said, “and it still holds up well today. As a melodrama, it’s a great film for an audience to cheer on the good folks and boo and hiss the bad guys. But there’s an additional level of interest now because the film captured a way of life that’s long since disappeared.”

“Way Down East” will be shown on Thursday, Feb. 4 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth, N.H. General admission is \$10 per person. For more information, visit www.flyingmonkeynh.com or call 536-2551. For more information on the music, visit www.jeffrapsis.com.

Hoops

FROM PAGE A1

“We didn’t get mentally down, we worked hard and really controlled the feel of the game for the majority of the 32 minutes,” the Bear coach continued. “We stayed very disciplined in our defensive schemes and our offensive sets for the most part.”

Mitchell noted that turnovers in the third quarter allowed the Bobcats to open up a 14-point lead at one point, but

the Bears battled back and cut the lead to three with four minutes to go. However, late fouls and turnovers hurt the Bears down the stretch and they couldn’t get back in front.

Ingram had 19 points, 13 rebounds, five assists, four steals and two blocks while Tyler MacLean added eight points, seven rebounds, four blocks and a steal.

Newfound is scheduled to be hosting Moultonborough today, Jan.

21, at 6 p.m. and has two games scheduled with Kingswood next week, on the road on Monday, Jan. 25, and at home on Wednesday, Jan. 27. However, Kingswood was just approved for winter sports this past week, so it remains unclear as to whether or not those games will be played.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Alpine

FROM PAGE A1

the schedule is reduced significantly due to the COVID-19 pandemic, with just a handful of meets on the schedule, but noted the goal is to get in all the meets and see skiers crack the top 10, with a possibility of getting a skier or two

into the Meet of Champions.

“Usually we have eight or nine meets, this year it’s three or four with State Meets following,” the Bear coaches noted. “Less teams, less competitors, total field is 80 racers compared to fields of 125-150 for previous seasons.”

They noted that Matt Karkheck, Blouin (returning from injury) and Owen are all looking to break the top 10 in races throughout the season.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Towns

Bristol

Al Blakeley
adblakeley0@gmail.com

With all the hate and ill-will demonstrated this past week in our nation’s capital, it is heartening to see all the good-will present in our communities here in rural New Hampshire. There are many who are helping out their neighbors and friends and even those who are strangers to get along in this pandemic. I feel badly for the schools trying to function with all of the regular programs and with extracurricular activities that seem to have a hiccup every time they turn around. I do feel that everyone is trying their best to make things work, but it must be a daily struggle. Let us hope that truly better days are coming!

The filing period for Bristol town elections for anyone wishing to file for the following positions in the Town of Bristol must sign up with the Town Clerk at 230 Lake Street starting Jan. 20 through Jan. 29 by 5 p.m.: One (1) Selectman for 3 years, one (1) Trustee of the Trust Funds for 3 years, one (1) Cemetery Trustee for 2 years, one (1) Cemetery Trustee for 3 years, one (1) Budget Committee member for 1 year, two (2) Budget Committee members for 3 years, three (3) Library Trustees for 3 years, and one (1) Library Trustee for 1 year.

Regular Business hours at the Town Office are: Monday, Tues-

day, Thursday and Friday 8 a.m. to 4 p.m. and Wednesday 8 a.m. – 7 p.m. The office will be open until 5 p.m. on Jan. 29. Warrant articles must be in by Feb. 2, when the office will be open until 5 p.m.

The TTCC is offering Shape Up Newfound, cardio/strength training workouts for men and women of all fitness levels. They meet on Mondays and Thursdays at 6pm and on Saturdays at 8am at the Bristol Elementary School with instructor Donna Evans. The cost is \$6 for drop-ins, or a 10 class punch card for \$55 or a 12 week card for \$110. Your first class is free! Options and modifications are given so that participants are able to perform safely at their ability level. What a great way to address that New Year resolution and get involved!

The TTCC has many children’s snowshoes and a few adult sets as well that they are willing to allow folks to borrow for the winter! Other programs of interest are: Newfound Every Child is Ours - free weekend food bags for Newfound Area students, Operation Warm - free outerwear including jackets, snow pants and boots (limited sizes available), Parent Webinar Series 2020-21 from CADY, Inc., and Kinship Navigation Program - links grandparents and other relative caregivers, both inside and outside of the formal child welfare system, to the services and supports specific to their family’s needs.

The Minot-Sleeper Library’s collection will be available solely through curbside pickup during the library’s open hours. Printing, copying and scanning services will be offered curbside, reference service will be available by phone or email, and online programming will continue.

The library will offer curbside service Monday, Tuesday, Wednesday and Friday from 10 a.m. until 6 p.m., Thursday from 1 – 8 p.m., and Saturday from 10 a.m. until 2 p.m. Home delivery for homebound individuals in the Newfound Area is also available. Call the library at 744-3352 for more information.

An interesting movement has developed at the Minot-Sleeper Library as a result of a newsletter suggestion that young writers submit their own stories and illustrations. A reader responded and offered wise advice for all of us. He suggested our community members, young and old, consider writing about their own life, and then keeping their work, accumulating their work: writing, photographs, news clippings, letters, the evidence of a life being lived. He went on to describe a legacy book that was created from a friend’s collection of their story who had passed away. A legacy book describes and celebrates what a special person left behind when he or she passed on: a loved one, a friend, or perhaps a co-worker that you think would be an interesting person to write about. If you are interested in writing or would

like to get involved in this suggestion, please avail yourself of the ongoing information through the library. I’m sure we all know someone who we think would be fun to write about.

Please contact the Minot Sleeper Library for more information on writing a Legacy Book: minotsleeperlibrary.org, or call 744-3352 or email minotsleeperlibrary@gmail.com.

The Jan. 19 School Board meeting is cancelled. There will be a meeting on Jan. 28 at 6:30 p.m. in the Middle School where the Board will be touring the facility to see the updated HVAC system. The public is welcome.

The Newfound Area School District Deliberative Session will be held on Saturday, Jan. 30 at Newfound Regional High School at 10 a.m.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

Positions are open for the Town of Groton for the upcoming elections in March. We will be open at the Clerk’s office for you to come and declare your candidacy from Jan. 20 through 29.

Select Board - 3 year term
Town Clerk - 3 year term
Planning Board - 2 positions for 3 year term
Local Auditor - 1 year term
Trustee of the Trust Fund - 3 year term
Library Trustee - 2 year term

We will be open regular business hours Monday, Wednesday, Thursday from 9 a.m. – 4 p.m. and Tuesday from noon – 7 p.m.

There will be a Public Hearing for the Town on Feb. 2 at 6:30 p.m. This will include the budget hearing, bond hearing and the Town garage hearing. We are not sure at this time where and when the Town Meeting will be taking place, but Town Elections will be March 9 from 11 a.m. – 7 p.m.

Town Meetings and Closings:

Select Board Work Sessions at the Town House - Tuesday, Feb. 2 and 16, 5 p.m.

Select Board Meeting and Public Hearing – Feb. 2 at the Town House beginning at 6:30 p.m.

Select Board Meeting at the Town House

– Feb. 16 – 7 p.m.

Planning Board Meeting at the Town House - Wednesday, Jan. 27, 7 p.m.

Town Offices closed for President’s Day - Monday, Feb. 15

Select Board Office closed Wednesday, January 20th closing early at 2:15 p.m.

Monday, Jan. 25 closing early at 2:15 p.m.

Monday, Feb. 8: closed all day.

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

SAU4 positions available!

Interested in becoming a School Board/Budget Committee Member? The Newfound Area School District is looking for candidates for the following positions:

Hebron School Board Member (3 year term)

Hebron Budget Committee Member (3 year term)

Moderator (1 year term)

Filing for positions starts Jan 20 and ends Jan 29. Please see the Town Clerk to register.

Bristol

FROM PAGE A1

Following a formal procurement process, the Town selected eX² Technology, LLC of Omaha, Neb. to deliver a hybrid network architecture solution using Active Ethernet and Gigabit Passive Optical Network (GPON) technology.

“We knew it would be a challenge to complete the first project in such a tight timeline, but eX² worked collaboratively and proactively with us to get the network constructed on time so we could secure the grant funding,” said Bristol’s Town Administrator, Nicholas Coates.

“Ultimately, it’s the citizens of Bristol that are the true winners,” said Jay Jorgensen, Chief Operating Officer, eX² Technology. “Bristol’s unwavering commitment to building this network was very evident during the entire process.”

The Town envisions the network to be a community asset that provides for future development and prosperity.

“Building a fiber optic network will provide the speed and bandwidth necessary to sup-

port telework, remote schooling and multiple simultaneous connections, allowing Bristol to compete on a regional, national and global level,” said Coates. “Neighboring towns have been reaching out to us for guidance on developing similar networks for their communities. We are on the cusp of being a national model for rural communities.”

Robin Ingalls-Fitzgerald, CEO and President of Medical Management and Reimbursement Specialists, LLC (MRS) agrees.

“We’re putting everyone on notice that you can be a small town and still be very thriving,” said Ingalls-Fitzgerald.

Headquartered in Bristol, MRS has plans to bring on additional software development staff once the network is fully operational.

Bristol Economic Committee Chair William Dowey stated that network connections to educational facilities like PSU will help to provide workforce training to COVID-displaced workers and allow educators to introduce area students to new career path opportunities, espe-

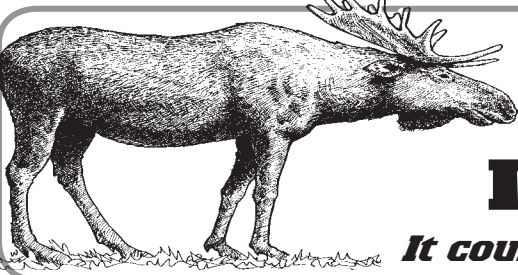
cially those in technology-related industries.

PSU President Donald Brix also believes the network will positively impact the region’s economy.

“The installation of this new fiber optic infrastructure in Bristol is an example of the substantial investment in New Hampshire’s economic future. Allowing residents in the northern regions of the state to have access to the latest in high-speed internet technology is a boon for our faculty, staff, students and everyone in our community. The Lakes Region has long been an active area for both residential and commercial sectors, and this development signals a continuing interest in building a footprint that allows the state to compete with the most connected locales on a national scale,” said Brix.

The Town hopes its network will spur further development of a tech corridor along I-93 in Northern New Hampshire.

Bristol’s second project is on schedule for completion mid-April 2021.



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Early Childhood Teacher I
Assistant Director of Admissions
Electrician
Building Service Worker (Custodian)
First Shift (5:00 AM - 1:30 PM) Wednesday - Sunday
Third Shift (11:00 PM - 7:30 AM) Friday – Tuesday

FACULTY:
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Teaching Faculty (Non Tenure Track), Theatre

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PUBLIC NOTICE
January 7, 2021

2021 HOLIDAYS & SCHEDULED CLOSINGS

Monday, January 18 **CLOSED**
Martin Luther King Jr. Day/Civil Rights Day

Monday, February 15 **CLOSED**
President's Day

Tuesday, March 9 **CLOSED**
TOWN/SCHOOL Election

Monday, May 31 **CLOSED**
Memorial Day

July 5 – July 9 **CLOSED FOR VACATION**

Monday, September 6 **CLOSED**
Labor Day

Monday, October 11 **CLOSED**
Columbus Day

Thursday, November 11 **CLOSED**
Veteran's Day

Thursday, November 25 **CLOSED**
Thanksgiving Day

Other closings throughout the year may also be posted on the Town of Hill website @www.townofhillnh.org, public notices at the Town Office Building and the Hill Post Office as well as recorded on the phone message at 934-3951.

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PUBLIC NOTICE
January 7, 2021

DOGS TAGS ARE IN!!
Pursuant to RSA 466:1-7

All dogs 4 months old or older must be registered annually by April 30 in the Town of residency

PUPPY (4mth – 7mth)	\$6.50
SPAYED/NEUTERED	\$6.50
FEMALE/MALE	\$9.00
GROUP KENNEL (5 or more dogs)	\$20.00
OWNER OVER 65 (first dog only @ this rate all others @ rates above)	\$2.00

IMPORTANT: Be sure to bring updated Rabies Vaccination Certificates and Certificate of Spaying/Neutering for each dog being registered.

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PUBLIC NOTICE TO HILL, NH RESIDENTS
January 7, 2021

The following elected positions are available for the March 09, 2021 **Town Elections**:

Selectman	1 position	3 year term
Selectman	1 position	1 year term
Budget Committee	3 positions	3 year term (each)
Cemetery Trustee	1 position	3 year term
Library Trustee	1 position	3 year term
Library Trustee	1 position	1 year term
Moderator	1 position	1 year term
Town Treasurer	1 position	1 year term
Trust Funds Trustee	1 position	3 year term

The following elected positions are also available for the **Hill School District Elections**:

School Board Member	1 position	3 year term
School Clerk	1 position	1 year term
School Treasurer	1 position	1 year term
School Moderator	1 position	1 year term

If you are a registered voter of Hill & interested in any of these positions, please file your candidacy to be placed on the Town Ballot with the Town Clerk for Town positions or the School District Clerk for School positions **January 20 through January 29, 2021. You may not apply any earlier or any later than dates stated pursuant to RSA 669:19. All candidates filing declarations of candidacy on the last day, must do so in person with the Town Clerk. The Town Clerk's Office will be open from 3pm – 5pm on January 29, 2021.**

Other **appointed** Town positions available:

- Planning Board Members & Planning Board Alternates
- Conservation Committee
- Zoning Board Members & Zoning Board Alternates
- Parks & Recreation Committee
- Water Commissioners
- Fire Department Volunteers

We are in need of volunteers for the above positions (elected and appointed). If anyone is interested in applying for any positions, or would like more information regarding them, please stop by the TOWN CLERK'S OFFICE, 30 Crescent Street.

Hours: Monday 10:30am – 4:30pm, Tuesday 2:30pm – 6:30pm, Thursday 8:00am – 1pm & 2pm – 4:00pm
Call 934-3951 or e-mail hilltwncnk@comcast.net.

Information is also available on the Town of Hill website at www.townofhillnh.org
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Bobcats rally past Bears in season opener



Newfound's Bailey Fairbank and Plymouth's Olivia Homer battle for a loose ball as Plymouth's Gwen Merrifield puts on the pressure in action last Monday night.



MollyLu McKellar drives toward the basket in action against Plymouth last Monday night.

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — With no scrimmages and a short preseason, both teams needed to shake off the rust a bit, but once the Plymouth and Newfound hoop girls got going, the limited fans in attendance were treated to a pretty good game on the opening night of the season.

The host Bobcats rallied from a six-point deficit to come away with a 51-45 win over the Bears on Monday, Jan. 11.

“At halftime, the key was we hadn’t shot the ball well,” said Plymouth coach Dave Levesque. “Once we hit a couple of shots, it gets us going.

“But it felt like the first game of the year, for sure,” the Bobcat coach added.

“We played a horrible third quarter,” said Newfound coach Kammi Williams. “We really got outplayed in the third quarter. I’m not thrilled with that.

“We were getting opportunities to score and we were missing layups and bunnies,” the Bear coach added.

The Bears got four of the first five points of the game, with Bailey Fairbank hitting

two hoops, sandwiched around a free throw for Gwen Merrifield of Plymouth. After a Merrifield three-pointer tied the game at four, Fairbank and Tiffany Doan then drilled consecutive three-pointers to stretch Newfound’s lead to 10-4.

Leia Brunt was able to close the gap to 10-6 as she drilled the final basket of the quarter for the Bobcats, sending the game to the second quarter with a four-point difference on the scoreboard.

Brunt put back a rebound to start the second quarter, cutting the lead to 10-8 but Paulina Huckins drilled a three-pointer and Mackenzie Bohlmann hit a hoop, pushing Newfound’s lead up to 15-8.

Jordan Levesque got Plymouth back on the board with a basket and then Taryrn Rhude added a free throw, cutting the lead to four again. Doan came back with a three-pointer to stretch the lead to 18-11 for the Bears.

Sam Sanborn for Plymouth and MollyLu McKellar exchanged pairs of free throws at the line and then Levesque drained another field goal. After Huck-

ins hit two free throws for Newfound, Kayley Merrifield hit a free throw for her first varsity point, to close out the first half with the Bears leading the Bobcats by a 22-16 score.

Huckins got the Bears off on the right foot to start the second half, as she put back a rebound but Plymouth got a hoop and free throw from Brunt and a hoop from Levesque to cut the lead to three.

After Rylee Barney drained a hoop for Newfound for her first varsity points, Levesque started an 8-0 Plymouth run that propelled the hosts to the lead. After Levesque’s hoop, Gwen Merrifield put back a rebound to cut the lead to one and then with 2:30 to go, Levesque hit a hoop to give the Bobcats their first lead of the game. She then added two free throws and Plymouth was up 29-26.

Huckins hit two free throws for the Bears to cut the lead to one but Kayley Merrifield answered with a basket for the Bobcats. Huckins hit another basket to cut the lead to 31-30 heading to the fourth quarter.

Sanborn got the first two baskets of the

fourth quarter to stretch Plymouth’s lead to five and then an Olivia Homer hoop made it a seven-point lead for the Bobcats. Huckins hit a free throw and then McKellar finished off a nice feed from Fairbank to cut the lead to 37-33 but Brunt drained a three-pointer midway through the quarter to push the lead back to seven.

McKellar and Huckins hit back-to-back baskets to pull the Bears within three points but Levesque converted a three-point play and then Brunt drained a basket to give Plymouth the 45-37 lead.

McKellar hit three free throws sandwiched around a nice block on an attempted Bobcat clearing pass but Levesque answered with two free throws for the Bobcats. Bohlmann drained a field goal for Newfound but Levesque again answered with two free throws.

Doan sank a three-pointer with 25 seconds to go to cut the lead to four points but Levesque hit two free throws to close out the game with the 51-45 win for the Bobcats.

“It certainly feels like we used the first half to

shake off the cobwebs, to try to figure out what we’re doing and figure out what they’re doing,” Levesque said. “We did enough things right to get us the win.

“And we know what we have to work on,” the Bobcat coach added.

He noted that the Bears had the height advantage in the front court, but was pleased with how his front court held up.

“The times they scored on second and third shots, we didn’t do a good job clearing out,” Levesque said. “We knew Paulina would give us trouble. It was nice to see the maturity level of the older kids and how they were supportive of the younger kids.”

He noted it was also nice to see the older players take over at the end, while at the same time, the younger players got a good chance to contribute.

The Bears were playing without star sophomore Malina Bohlmann, who was injured the previous day in practice.

“It hurts having her out and having no practices without her,” said Williams. “Everything we do had to be learned on the fly in just about every situation.”

The Bear coach noted she went to the double-post formation down low in the fourth quarter with Huckins and McKellar and said she probably should’ve done it earlier, but injuries were a concern. But Huckins and Matti Douville had missed practice time leading up to the game.

“In the first quarter, we were just trying to get Paulina out there and not overrun her,” Williams said. “It was the first time we’ve used the double-post.

“We probably should’ve done it sooner,

we probably should’ve pressed sooner,” she continued. “But I didn’t want to get in foul trouble.”

Levesque finished with 21 points to lead the Bobcats while Brunt added 13. Huckins finished with 14 points to lead the way for the Bears.

Newfound came back and won 49-45 over the Bobcats a couple nights later in Bristol. Newfound got off to a hot start with a 27-11 lead at halftime. The Bobcats outscored the Bears 25-13 in the third quarter and then the two teams played an even fourth quarter to finish things out.

Huckins had 18 points and 11 rebounds, McKellar scored 10 points and Doan added nine, with 12 rebounds.

The Bears had to go remote for this week and since Kingswood has not started playing games yet, next week also remains free of games as of deadline.

The Bobcats are scheduled to be hosting Franklin today, Jan. 21, at 6 p.m., will be hosting Gilford on Monday, Jan. 25, and then at Gilford on Thursday, Jan. 28, both at 6 p.m.

PRHS 6-10-15-20-51
NRHS 10-12-8-15-45

Plymouth 51
Rhude 0-1-1, G. Merrifield 2-0-5, Homer 1-0-2, K. Merrifield 1-1-3, Sanborn 2-2-6, Levesque 6-9-21, Brunt 5-2-13, Totals 17-15-51

Newfound 45
McKellar 2-5-9, Fairbank 3-0-7, Doan 3-3-9, Bohlmann 2-0-4, Barney 1-0-2, Huckins 4-5-14, Total 15-10-45

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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