



# Candidates for office introduce themselves to Tilton voters

BY DONNA RHODES  
dhrhodes@salmonpress.news

TILTON – Voters in Tilton were invited to Candidates Night at the Tilton Town Hall last week, where those running for offices this year had a chance to introduce themselves and answer questions from the moderator and audience.

With only three contested races, two for Board of Selectmen and one opening on the Sewer Commission, Town Administrator Jeanie Forrester, filling in for Town Moderator Chuck Mitchell, began the evening with candidates for



DONNA RHODES

Candidates for openings on the Tilton Board of Selectmen introduced themselves and answered questions during a Candidates Night forum last Thursday. From left to right are Katherine Dawson, Joe Jesseman, Eric Pyra, Jason Wright and Dick Olson.

selectman. Opting to run for a one-year term that will SEE CANDIDATES, PAGE A8

## Main Street Committee hears details on proposed police station

BY DONNA RHODES  
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TILTON – At last week’s meeting of the Tilton Main Street Committee, Kevin LaChapelle and members of the Tilton Police Department Building Committee gave a presentation to the group on their proposal for a new police station.

He began by stating that the current building committee was the third formed since 2006, this latest convened by Tilton selectmen in 2017.

Major concerns with the current police department were explained and among them is the fact that there is no air-handling system in the department to clear the building of any toxic components brought in as evidence, such as fentanyl; the booking room is combined with the office space causing other safety concerns, and there is no juvenile holding area in the building.

Over the course of the past year and a half, LaChapelle said the committee looked at 173 potential properties in the hopes of finding one that would provide ample space for a new police station and give the town proper coverage.

“We took a look at Business Park Drive again (a site formerly proposed for a Life Safety building) and it’s just not feasible. We closed the door on that chapter for good,” he said. SEE COMMITTEE, PAGE A8

## Celebrate reading at the Belmont Public Library

BELMONT — The Belmont Public Library recognizes Read Across America Day on Saturday, March 2. Come appreciate the truffle trees in the children’s room and celebrate Dr. Seuss’ birthday with us.

Middle schoolers make their own touch screen gloves on March 13 at 3:30 p.m.

Our non-fiction book group meets on Thursday, March 14 at 1pm to discuss “The Big Short” by Michael Lewis. The Big Short: Inside the Doomsday Machine is a non-fiction book by Michael Lewis about the build-up of the United States housing bubble during the 2000s and was turned into the popular 2015 film of the same title. In fact, the library is showing that movie the Tuesday before, March 12, at 11 a.m. Snacks will be served.

Our Friday Fic-



COURTESY

(Left) Madelyn Sheltry, our newest 1,000 Books before kindergarten graduate.

tion book group reads Home Fire by Kamila Shamsie on Feb. 15 at 10:30 a.m. Home Fire is the seventh novel by Kamila Shamsie, reimagining Sophocles’s Antigone in a contemporary setting. It won the Women’s Prize for Fiction 2018, and was longlisted for the Man Booker Prize 2017. Her novel has been shortlisted for the DSC Prize for South Asian Literature 2018.

The Belmont Senior Center book group is reading “In the Woods” by Tana French on Tuesday, March 19 at 10:30 a.m. at the Senior Center. In the Woods is a 2007 mystery novel by Tana French about a pair of Irish detectives and their investigation of the murder of a 12-year-old girl. Cop-

SEE LIBRARY, PAGE A8

## Laconia man arrested after crashing vehicle into Belmont home

BY DONNA RHODES  
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BELMONT – An early morning accident led to the arrest of a Laconia man after the vehicle he was driving lost control and crashed into a home on Cherry Street in Belmont.

Belmont Police were dispatched at 6:26 a.m. on Sunday for the report of a motor vehicle into a building with injury. Timothy Lynch, age 34, of Laconia was identified as the driver of that vehicle and received some initial medical attention from Belmont Fire Department before a DWI investigation could get underway. As a result of that investigation, Lynch was placed under arrest and charged with Driving Under the Influence. SEE ARREST, PAGE A9



COURTESY

A Laconia man was arrested for DUI Sunday morning after the vehicle he was operating crashed into a home on Cherry Street in Belmont.

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# March Highlights at Hall Memorial Library

## Tilton/Northfield

In an effort to encourage a love of reading in youths, continued use of the library and remove any barriers that may be associated with accrued fines, we are forgiving fines for library card holders aged 14 and under during the month of March. We will be forgiving fines associated with book, audio books and graphic novels aimed at children and young adults. In order to have your fines forgiven you must be 14 years old or younger, visit Hall Memorial Library and check something out. Additionally, if you attend Southwick School or WRMS talk to the Librarians during Library Llama and they will waive your fines. This will wipe out all current, accrued fines on J and YA books, audiobooks and graphic novels. During this reprieve, fines on said items will not accrue and the honor system will be back in place. (Adult items, DVDs and games will still accrue fines. Lost item charges will not be waived, but speak with the Director to work out a payment plan.)

The Library Llama was established in 2018 by the youth librarians at Hall Memorial Library in an effort to get more reading materials into the hands of our community's young people.

Efforts include outreach at WRMS, Southwick, WRHS and field trips to the library from kids at Union Sanborn School.

Display Case - Brit-

tany's Rainbow Factory Creations... Brittan sews, and sews, and sews! From wallets to purses, baby bags and more, come check out her colorful collection of fabulous work.

## Children's Programming

Story Time, Wednesdays at 10:30 a.m.

Stories and rhymes followed by a craft for preschool-age chil-

dren.  
March 6 - Clouds  
March 13 - Maple Syrup  
March 20 - Spring  
March 27 - Art

SEE HIGHLIGHTS, PAGE A9

## HALL MEMORIAL LIBRARY HAPPENINGS

**Tilton/Northfield Monday, March 4**  
Chess Club, 3-5 p.m.  
Scrabble, 6 p.m.  
Adults Only

**Tuesday, March 5**  
Spanish Club, 10 a.m.

Tech Tuesday, 2-4 p.m.

**Wednesday, March 6**  
Story Time, 10:30 a.m.  
Clouds  
After School Creativity Club, 4 p.m.

Clay Clouds

**Thursday, March 7**  
Cribbage, 2 p.m.  
Adults Only

**Friday, March 8**  
Sit and Knit, 2-5 p.m.

New Items  
"The Hunting Party" by Lucy Foley  
"The Silent Patient: a novel" by Alex Michaelides  
"The Hiding Place: a novel" by C. J. Tudor

"Unmarriageable: a novel" Soniah Kamal  
"In Pieces: a memoir" by Sally Field  
"The Mastermind: drugs, empire, murder, betrayal" by Evan Ratliff

## BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 126 calls for service and made the following arrests during the week of Feb. 8-15. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Kendra L. Peters, age 40, of Belmont was arrested on Feb. 8 for Driving After Revocation or Suspension, an Alcohol Ignition Interlock Circumvention, a Flase Inspection or

Registration Sticker, Default or Breach of Bail Conditions, driving an Unregistered Vehicle, Failure to Obey Inspection Requirements, and Misuse or Failure to Display Plates.

Brittni A. Reynolds, age 27, of Laconia was arrested on Feb. 8 for Willful Concealment and in connection with a warrant issued by the Laconia Police Department.

Brooke N. Burrows, age 22, of Belmont was

arrested on Feb. 8 for Conduct After an Accident and filing a False Report on an Accident.

Dalton J. Blake, age 24, of Concord was arrested on Feb. 9 for Possession of Controlled/Narcotic Drugs.

Christopher D. Stevens, age 38, of Belmont was arrested on Feb. 10 for Driving While Intoxicated and possession of Marijuana. A 51-year-old female was taken into protective custody for intoxication during the same

incident.

Adam J. Littizzio, age 39, of Belmont was arrested on Feb. 11 for Violation of a Protective Order-Penalty.

Chelsey L. French, age 25, of Laconia was arrested on Feb. 11 for Possession of Controlled/Narcotic Drugs.

Laurie J. MacLeod, age 57, of Belmont was arrested on Feb. 12 in connection with an outstanding bench warrant filed by Laconia District Court.

Lisa M. Lobo, age 52, of Northfield was arrested on Feb. 13 for Willful Concealment.

Chelsea A. O'Connell, age 32, of Claremont was arrested on Feb. 14 for on two counts of Possession of Controlled/Narcotic Drugs, and a separate count of Possession of Drugs.

Seth Thomas DuBois, age 26, of Belmont was arrested on Feb. 14 for Violation of a Protective Order-Penalty.

## SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 47 calls for service and made the following arrest during the week ending Feb. 16.

Lisa Marie Lobo, age 52, of Laconia was arrested on Feb. 10 in connection with an outstanding warrant. She was scheduled to appear in Rockingham County Superior Court for arraignment.

The breakdown of the remaining calls was as follows: one

alarm activation, two animal incidents, one arrest stemming from a warrant, one request to assist another department, one criminal restraint, one report of criminal threatening, one domestic incident, one incident involving drugs, one

report of fraud, three juvenile issues, three medical emergencies, 10 money relays, two requests for motorist assistance, one motor vehicle summons, two motor vehicle warnings, one report of a vehicle illegally passing a school bus, four

pistol permits, one request for police information, one report of reckless operation, two road hazard complaints, one simple assault, five reports of suspicious vehicles or activity, and one unauthorized use of a vehicle.

## TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 445 calls for service and made the following arrests during the week of Feb. 11-17. Please note that the names of juveniles,

and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Joyce

Batchelder (for Simple Assault and Unsworn Falsification), Christopher Ladway (for Theft By Deception), Dakota Plummer (for Driving After Suspension), Lester Caron (for Driving After Suspension), Adam Cordano (Reckless Conduct and Criminal Liability for the Conduct of Another), Ericka Whitcomb (for Driving After Suspension), Samantha Adams (in connection with a warrant), Nalini Maciel (in connection with a warrant), Kristen Decker (in connection with a warrant), and Zachary Lebrecque (for Driving After Suspension).

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<b>HOW TO TRAIN YOUR DRAGON: THE HIDDEN WORLD</b> PG Fri.-Sat.: 9:45, 12:00, 2:20, 4:40, 7:00, 9:15 PM Sun.: 9:45, 12:00, 2:20, 4:40, 7:00 PM Mon.-Thurs.: 12:00, 2:20, 4:40, 7:00 PM	<b>LEGO MOVIE 2: THE SECOND PART</b> PG Fri.-Sat.: 10:00, 12:15, 2:35, 4:55 PM Sun.: 10:00, 12:15, 2:35, 4:55 PM Mon.-Thurs.: 12:15, 2:35, 4:55 PM

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# Capital reserve requests lead off Northfield town warrant

BY DONNA RHODES

drhodes@salmonpress.news

**NORTHFIELD** — Northfield voters will have 12 articles left on their warrant to discuss and vote on when they convene for their annual town meeting next month. Among those 12 will be four requests to add money into Capital Reserve Funds, a request to discontinue a reserve fund, and one article

that asks to establish a new trust fund.

The first of those will be Article 7, which seeks \$350,000 for the Road and Bridge Reconstruction Capital Reserve Fund, used to fund major road and bridge repairs and/or reconstruction when the need arises. Article 8 will then ask voters to withdraw \$409,000 from that account along with \$127,000 from the Road

Repair Revolving Fund for upcoming repair and reconstruction projects in the town. It also looks to approve the use of another \$100,000 from the Unassigned Fund Balance for that work. Article 8 would have no impact on the tax rate and use of those monies would not lapse until Dec. 31, 2020.

Articles 11, 13, and 15 also concern deposits

to accounts. The first is for \$75,000 to be placed in the Highway Equipment Capital Reserve for replacement of equipment at the Public Works Department as needed. In Article 13 there is a request for \$10,000 to add to the Computer Replacement Capital Reserve while Article 15 will add \$9,000 to Facility Emergency Repair Capital Reserve Fund.

A request to withdraw \$25,892 from the Computer Replacement reserve will also appear in Article 14 for the replacement of computers in the town offices.

There is also an article calling for the discontinuance of the Sandogardy Pond Road SAR Capital Reserve Fund, with all money and interest in that account to be transferred to Northfield's general

fund. Below that article is one that seeks to establish a Cemetery Repair Expendable Trust Fund with \$5,000 sought to start the fund.

That and all of the above reserve fund deposits and withdrawals are supported by both the Budget Committee and Northfield selectmen.

There is also a \$50,000 request for the purchase of a new police cruiser. Of that amount, \$12,000 would come from the Police Equipment Revolving Fund and \$38,000 would be raised by taxation.

Article 16 contains the Operating Budget. For the coming year, Budget Committee members and the Board of Selectmen have agreed on the amount of \$3,305,449 for municipal operations. That amount is down \$65,368 from last year's budget after voters moved \$75,000 for the Highway Equipment Capital Reserve Fund to the Highway New Equipment line in the budget.

Finally, there is a request "to convey the Town's one-half ownership of Island Park to the Town of Tilton." If approved by Northfield, the measure will only go into effect if Tilton also votes to accept such conveyance of ownership at their town meeting.

The last article on the warrant was submitted by petition and seeks \$800 "for the purpose of assuring Northfield voters that their identities have not been used to illegally request an absentee ballot." According to the petition, those seeking to vote by absentee ballot would receive a certified letter in the mail, with a stamped return envelope, that will ask to confirm that request. Should anyone fail to reply or indicate "No" on the form sent to them, that information will then be sent to the New Hampshire Secretary of State. That article is not recommended by either selectmen or the Budget Committee.

Voting for elected town offices, zoning amendments, fire district and school board officials will first take place at Pines Community Center on Tuesday, March 12, from 7 a.m. until 7 p.m. That will be followed by Town Meeting, held in the same location, at 9 a.m. on Saturday, March 16, where the articles listed above will be decided upon.

## Winnisquam Regional High School honor roll

TILTON — Winnisquam Regional High School has released its honor roll for the first semester of the 2018-2019 school year.

### High Academic Honors

Timothy Allaire, Michael Allard, Samantha Allerdice, Chance Anderson, Eveline Auger, Courtney Barnes, Michaela Blais, Lindsay Blier, Felicia Blodgett-Duran, Kobe Briand, Madison Broughton, Matthew Camerato, Michael Camerato, Lee Campbell, Kaitlyn Carey, Gabriela Castrillon, Chloe Colarusso, Taylor Cole, Julia Connelly, Symphony Cote, Diamond Cutting, Sophia Day, Ashley Deshaies, Derek deSousa, Calvin Dodge, Meghan Dubiel, Amanda Dunham, Emily Dyer, Brady Ellsworth, Megan Goodridge, Shannon Goodwin, Jasmine Gove, Jacob Holt, Jessica Holt, Douglas Jones, Jasmine Jordan, Isabella Lamanuzzi, Jessica Laraway, Daniel Licata, Allyson Lloyd, Kyle Mann, Emilee Martin, Hannah McCain Tayah Moore, Brendan Parry, Rebekah Persson, Arionna Pierce, Jasmine Piper, Ryan Plant, Garrett Rathbun, Jack Richard, Joy Roberts, Kylee Rock, Mary Rogers, Kelsey Rotonnelli, Abby Smith, Evan Smith, Stephania Surowiec, Geani-

na Swanay, Anthony Syhabout, Rebecca Tinker, Jenna Wilson, Nathaniel Wilson

### Academic Honors

McKenzie Ball, Logan Baker, Chelsea Beaulieu, Jacqueline Beaulieu, Grace Benasutti, Calista Betar, Meghan Biancardi, Adrianna Bingham, Hannah Blackburn, Mia Boelig, Nathaniel Bragdon, Zachary Braun, Mabel Buteau, Thomas Caldwell, Alyssa Caron, Jacob Carpenter, Riley Chaffee, Morgan Chapman, Layne Cilley, Joseph Collins, Richard Collins, Connor Corey, Maria Costella, Meghan Cote, Christopher Dalton, Lea Dalton, Joseph Damato, Natalie Deshaies, Noelle Drouin, Corbin Dubord, Addam Dunham, Brennan Dunn, Aidan Ewens, Rachel Fife, James Fitzgerald, Allison Foster, Makenzie Foster, Cooper French, Joseph Gage, Bailee Gallant, Jesse Gardner, Makayla Germain, Madison Gilbert, Taheira Glover, Faith Gosselin, Christopher Gray-Romano, Emma Griffin, Evan Griffin, Emmalena Haggett, Eyan Hanks, Preston Hartford, Karissa Haskins, Nolan Haskins, Charles Hibbert, Hunter Hinzman, Hanna Honeman, Carolyn Honer, Casey Honer, Gunnar Horman, Damian

Houle, Madison House, Sarah Hyson, Gabrielle Isabelle, Mason Ivester, Brylee Jordan, Griffin Knowlton, Caleb Kuczkowski, Mark Labonville, Abbey LaBrie, Casey Lang, Timothy Lang, Anna Lindbloom, Kathryn Long, Conner Lyford, Travis Mallalieu, Garret Mango, Riley Mann, Ellyssa Manning, Brandon Marceau, Gavin Martin, Emily Max, Hannah Max, Bianca McCoy, Quintin McDaniels, Keion Miller, Cheyenne Morrison, Leighton Morrison, Madison Muzzey, Philip Nichols, Isabeau Palmer, Marguerite Parker-Drevescraft, Dharmik Patel, Akasha Pelkey, Nolen Perrino, Aiden Phelps, Emma Pidello, Gianluca Piovano, Kaleb Plataniotis, Alexis Poole, Xoren Powell, Evan Power, Carly Richardson, Emma Richardson, Jocelyn Roache, Lucas Robdau, Dylan Robert, Cameron Roberts, Connor Robinson, Henry Rogers, Amy Roy, Sarah Roy, Jordan Seavey, Sadira Senecal, Sarah Seymour, Julia Singh, Aidan Sleeper, Alyssa St. Onge, Aubrey St. Onge, Shyann Stockton, Dominic Stone, Hannah Swain, Burton Swanson, Kristyann Tardif, Aline Vanderijst, Marlyssa Weatherbee, Patrick Welch, Amanda Wickens, Zachary Wood, Hailey Zimmer

## Red Arrow Diner selects Spaulding Youth Center for Charitable donation

**NORTHFIELD** — Spaulding Youth Center is honored to announce it was chosen for a year-long charitable donation from the Red Arrow Diner as part of a holiday social media promotion called the Six-Week Winning Streak. As the recipient of this donation, Spaulding Youth Center will receive five cents for every cup of coffee sold at all four Red Arrow Diner locations throughout 2019.

The promotion en-

couraged the public to 'like' the Red Arrow Diner Manchester Facebook page throughout the last six weeks of 2018. As part of the promotion, Red Arrow Diner asked its followers to nominate a New Hampshire nonprofit organization they felt deserved a charitable donation to kick off the new year. Spaulding Youth Center was among over a dozen local nonprofit organizations nominated for consideration.

## Mary Santos of Sanbornton named to St. Lawrence University's Dean's List

**CANTON, N.Y.** — Mary R. Santos of Sanbornton has been selected for inclusion on St. Lawrence University's Dean's List for academic achievement during the Fall 2018 semester.

Santos is a member of the Class of 2019 and is majoring in English. Santos attended Miss Porter's School.

To be eligible for the Dean's List, a student must have completed at least four courses and have an academic average of 3.6 based on a 4.0 scale for the semester.

About St. Lawrence University

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liberal arts institution of about 2,500 students located in Canton, New York. The educational opportunities at St. Lawrence inspire students and prepare them to be critical and creative thinkers, to find a compass for their lives and careers, and to pursue knowledge and understanding for the benefit of themselves, humanity and the planet. Through its focus on active engagement with ideas in and beyond the classroom, a St. Lawrence education leads students to make connections that transform lives and communities, from the local to the global. Visit [www.stlawu.edu](http://www.stlawu.edu).



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Spaulding Youth Center is honored to announce it was chosen for a year-long charitable donation from the Red Arrow Diner as part of a holiday social media promotion called the Six-Week Winning Streak.

"We are humbled and honored to accept this generous donation from Red Arrow Diner," said Susan C. Ryan,

President & CEO of Spaulding Youth Center. "Red Arrow Diner

has been a New Hampshire landmark since 1922 and continuously SEE **RED ARROW**, PAGE A9



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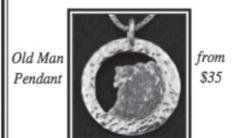
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# Opinion

A4 Thursday, February 28, 2019

WINNISQUAM ECHO

## STRATEGIES FOR LIVING

### When shoe boxes made the White House

By Larry Scott

As told by Franklin Graham in his book, "Living Beyond the Limits," Mr. Graham was at home the Friday after Thanksgiving 1994 when he received a call from the receptionist at Headquarters. "Mr. Graham, there is a woman out in the parking lot with some shoe boxes for you."

Operation Christmas Child, now well-known for sending boxes filled with Christmas gifts to children around the world, was in full swing. On entering the lobby, the receptionist pointed him to a little lady that "couldn't have weighed ninety pounds soaking wet." When he introduced himself, the lady from Ikes Fork, W.V., came alive. "Brother Graham, I'm Mary. Gotcha some shoe boxes fer God. Where do you want them?" "Well, thank you, Mary," he responded. "Why don't you just leave them there in the foyer. We'll stack them up against the wall." "I gotcha twelve hundred. ... I went up and down the hollers, tellin' everybody that Brother Graham needed shoe boxes fer God."

So impressed was he by her commitment to supporting his ministry in this self-giving way, he said, "Mary, how would you like to go with us to Bosnia and help give these boxes away?" And she did, and the report came back, "She was such a blessing. She put her arms around those kids, she prayed with them, she cried with them."

By Christmas 1995, Mary had her mission in full swing and came in with six thousand boxes; she was rapidly becoming a local celebrity. It is a story I don't have the space to tell in full, but after being written up in the local West Virginia newspaper, she caught the attention of the White House. The President was planning to send troops to Bosnia to implement the Dayton Peace Accord.

"He wanted to showcase several civilians who had already been involved in Bosnia through volunteer efforts. They scanned the Internet and stumbled across the write-up about Mary. She was a perfect fit (Graham, Living Beyond the Limits, p. 40).

"Coal Miner's Wife to Meet President of the United States" read the headlines, and the day came when Mary stood in the Oval Office chit-chatting with the President of the United States. The "little lady," however, wasn't quite through yet. "Mr. Prez-i-dent, I have something for you, and she handed him a copy of Franklin Graham's book, Miracle in a Shoebox. ... Reaching into her bag, she took out an empty shoe box. "Mr. President, will you fill this one for me?" And then, "Mr. Prez-i-dent, do you care if I pray for you? As per Franklin Graham, "Mary took the lead in joining our hands and then prayed a short prayer. "Our heavenly Father, we pray for the Prez-i-dent and all the responsibilities he has on his shoulder. ... We pray that You would watch o'r him and protect him and give him strength for this day. In Christ's name we pray. Amen." (Graham, Ibid., pp. 33-48).

Who would have ever believed Mary Damron, the little West Virginia lady who had only shoe boxes to give, would make such an impact on so many lives? But isn't that just like God? There is no limit to what he can do when He finds an open and willing heart. He is the God of the impossible, and he is still demonstrating that reality in the lives of men and women just like you and me.

## Send your letters!

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## PET OF THE WEEK

Meet Scootaloo, a darling 6 year old beauty. This southern belle lab mix is beyond precious. Playful, happy go lucky and incredibly smart, Scootaloo does however come with a lingering trauma from somewhere in her past. Although she doesn't show to be in severe pain, Scootaloo will need a number of dental extractions and reconstruction to her hard palate due to suffering some form of blunt force trauma before she came to us. We are currently looking for donors to help offset

the medical costs. But in the meantime, Scoot is happily content to chomp around with her toys, loves exploring the great outdoors while she waits for her humans to come and take her with them on an even grander adventure around the lakes region and beyond. She will be great with kids of all ages, although possibly a bit too exuberant for wee ones. When it comes to four legged friends, she's a bit picky with her fellow canines, but a dog savvy cat could make a wonderful companion. She's the type of



girl who will give you a smile on even the cloudiest of days. With a certain look in her eye and

easy smile Scootaloo is definitely one who will bring her people eternal joy, laughter and love.

## LETTERS TO THE EDITOR

### Let's not rush to spend \$3 million

To the Editor:

I am writing to urge voters in the town of Belmont to vote no on Article #2 of the town warrant on March 12, which asks us to raise \$3,100,000 to treat our public water supply for iron and manganese for the following reasons:

I recently learned that our town of Belmont has hired Underwood Engineering Company to study a problem we are having with the quality of our town water supply. I was very surprised to find that in April of last year, the town initiated this action and there was no public announcement of any kind to the townspeople until January of this year, when a public hearing was held which we only heard about after the fact. Only one member of our town went to that public hearing. At the town's deliberative session on Feb. 2, when each article in the town warrant was discussed, I asked questions about how the engineers proposed removing the iron and manganese from the town's water supply. However, there was no one from Underwood Engineering present to make a presentation to the town or answer questions about the process. The town fathers want to spend \$3 million without sufficient public notice, discussion or explanation about this serious proposal so that people can understand the alternatives available and the need for the project. I made a motion at the deliberative session to table the article until next year, but that motion died because no one seconded the motion. My intent was to give the town an extra year to seriously study and present to the townspeople all the information to vote with intelligence on this water proposal. It seemed that more town staff than the public were present at that meeting. You would think that the taxpayers of this town would be interested, first of all in the water supply, and secondly, how the cost of \$3 million will affect their property taxes.

I did not get discouraged, and continued looking into the matter with some success. As a licensed engineer, I contacted Underwood Engineering to find out what the proposed process was that would remove the iron and manganese. I have to give the engineers a lot of credit — they wrote a very good report, and the discussion I had with them was very informative.

To help people understand the proposed process, one could say that it is similar to a water conditioner that you might have in your home if you have a drilled well, but the difference is that it is designed to handle 200,000 gallons of water a day, and it is much more sophisticated and complicated. A building in the range of 40 by 50 feet would be required to house the equipment and material that would be used to remove the iron and manganese. The cost to maintain the system is approximately \$42,000 a year over and above the initial costs, and that number will increase with time.

To determine if the current proposal is really the best way to go, you have to ask whether there are other alternatives to chemically treating our water supply. Another alternative is to find a water supply that has no iron or manganese, and can meet the town's needs. I mentioned this to the engineer at Underwood during our discussion, and he agreed that the best solution would be a well without any impurities, if available.

It so happens that there is a well that Underwood Engineers and the town of Belmont should investigate that was professionally drilled years ago. It has been tested by the state and found to be free of iron and manganese, and it has the quality and quantity needed by the town. (In case you are asking, no, neither I nor my family own or have any interest in this well or the land that surrounds it.)

Waiting a year to vote on the water supply gives the town sufficient time to explore the possibility of utilizing a new well that doesn't require treatment and assessing the costs of different alternatives. With sufficient investigation, other wells might be discovered in town which could offer further alternatives. It would be worth the wait to come up with a better plan, as neither iron nor manganese have the risk that some chemical smight have when added to our water supply.

This is why it is important to vote no on Article #2 of the town warrant on March 12, which asks us to raise \$3,100,000 to treat our public water supply for iron and manganese.

George Condodemetrak  
Belmont

### Pot and death bills

To the Editor:

It has been a busy week at the State House in Concord. There is a push to get bills passed through the system. This is to allow them to be heard by a second committee prior to going to the Senate at the beginning of April. I think also there is also a rush effort to pass bills that the Democrats could not get through when they were in the minority. One of those is HB481 that will legalize cannabis (marijuana to the rest of us). Public testimony was heard from 10 a.m. to 7:30 p.m.

HB 481 fully legalizes and commercializes cannabis in New Hampshire. As seen from states that have commercialized marijuana, this industry targets youth despite claims for restricted use by adults only. Extensive testimony on the harmful effects to developing brains and the increased risk of substance use disorder was presented. New Hampshire already has a robust therapeutic marijuana program now serving over 7,000 individuals. Furthermore, the state already reduced the charge for possession in 2017 smaller amounts.

HB 481 creates a commercialized marijuana industry in New Hampshire, opening the door to all components of the marijuana business with no limits on the types of products sold or the potency of those products. The bill also allows vaping marijuana in public places at a time when vaping has become an epidemic in our schools and communities. The bill removes local control by automatically opting municipalities in, contrary to the recommendations of the legislative study commission's report. Finally, HB 481 offers no protec-

tions for employers and small businesses seeking to enact their own policies prohibiting the use, consumption, and possession of marijuana in the workplace. In the end the majority listened to the pot lobbyists not our law enforcement community. This passed with a 10:9 vote with three Democrats voting against. It was interesting to note that two of the three were women of color on the committee who said it would be devastating in their communities

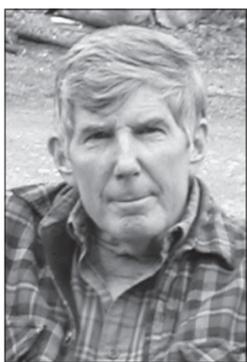
Another controversial bill was HB455 to repeal the death penalty. New Hampshire has a cautious approach to using this punishment. It has been 80+ years since the last execution. We use it sparingly. The only person on death row now was found guilty of killing a policeman. There certainly are opponents to the death penalty who conflate it with abortion and cannot abide any loss of life. Of course, many people who want to eliminate the death penalty are pro-abortion. I asked members of this persuasion if they would support keeping the death penalty if we labeled it post term abortion or retroactive birth control. There were no takers. Again, the vote was 10:9 for repeal.

It will be a busy week ahead. Sessions on Wednesday and Thursday with 88 pages of scheduled bills. Call me at 320-9524 at [dave@sanborn-hall.net](mailto:dave@sanborn-hall.net) if you want to talk to me about anything. I look forward to hearing from you.

Cheers!

Dave Testerman  
State Representative  
Hill and Franklin

## NORTH COUNTRY NOTEBOOK



By JOHN HARRIGAN  
COLUMNIST

People who keep track of news about all things cougar--mountain lion, catamount, panther, wildcat, puma, and so on--are likely to know about an incident in Colorado on Feb. 4, in which a runner survived a cougar attack by fighting back. These things, like an accident during hunting season, have a quick way of getting around.

Travis Kauffman, 31, said he knew something about a cat's behavior from watching his cat at home, and knew that the greatest risks were being bitten on the neck or disemboweled by the cougar's powerful hind legs.

Investigators who went to the scene, along a popular 15-mile loop around Horsetooth Mountain, said that under the circumstances

it was the best faceoff anyone could hope for: a cool-headed teacher who knew a bit about cougars, versus an immature mountain lion that might have been making its first attack on larger prey.

The mountain lion is native to New England, and the federal government has declared its sub-species, puma concolor couguar, extinct. Many people who live in the vast woodlands of northern New England and the Maritimes are not so sure.

In reporting the incident, Colorado Parks and Wildlife noted that mountain lion attacks are rare, with "fewer than 20 documented fatalities in North America in more than 100 years."

+++++

After he removed his mangled arm from the dead animal's jaws, Kauffman ran three miles out of the park, where a passerby picked him up and took him to the hospital.



COURTESY COLORADO PARKS & WILDLIFE

Not a "Here Kitty" situation: Male mountain lions (cougar, catamount, et al) can easily top 200 pounds.

The operative phrase here is "ran three miles." Here's a guy who's just been mauled by a mountain lion, with chunks of skin and muscle missing and fang-punctures all over his head, and he runs three miles for help.

This put me in mind of Hugh Glass, the mountain man who in 1823 on the upper Missouri was mauled by a grizzly, left for dead by a fellow trapper assigned to care for him, and returned to the trappings of "civilization" to exact his revenge.

It also made me think of John Colter, captured in Yellowstone by the

eral, and they could take turns running at top speed.

Colter made it, too.

+++++

Mountain lions, like other big cats, often kill by a bite to the neck, severing the spinal cord. The Yellowstone cougar never got a chance to do that. Instead, it found sharp sticks forced down its throat, and then Kauffman's hand and arm thrust straight down its gullet.

The experts advise people in cougar situa-

tions to back off slowly; to never, ever run; and if engaged at close quarters, to yell like hell and fight back.

Kauffman said he was "a little bummed out" to meet up with a cougar under such circumstances. "We had a little wrestling match," he said, before both rolled down an embankment and resumed the struggle.

Kauffman found a rock but couldn't wield it with the right angle and force to have much effect. But he knew, from playing with his own cat, SEE NOTEBOOK, PAGE A9

## MARK ON THE MARKETS

### Have enough?



BY MARK PATTERSON

Almost 100 percent of new clients that walk into my office to discuss their retirement plan have two beliefs that are consistent. First, they believe that they do not have enough money to retire and second is that they believe the amount of money that would allow for a comfortable retirement is predetermined by the "experts" on the radio, TV or magazines, and that number is more than have accumulated. Another common perception is that the tax rate will be lower once the client reaches retirement age. This may be true, or it may not be true. There is no way to know tax policy and rates in the future.

Some clients want to work well beyond traditional retirement years however some clients want to retire early by today's standards.

Instead of focusing on total assets needed to retire let's back in to what income you will need to sustain the lifestyle that you want. We must also account for the fact that the money that you are saving for retirement now will not be included in your retirement budget. The key is to convert your retirement assets into income producing vehicles that are sustainable, steady but have the potential to grow.

It sounds like a tall order and it is. This plan depends on the amount of income that we must derive from the client's assets. We must also look at Social Security benefits that typically play a big part in the client's retirement income. Congress has done away with some previous filing strategies, but it still makes sense to look at varying scenarios regarding when you the client starts receiving benefits.

The content of many 401(k), 403B, IRA or really any other qualified plans typically consist of mutual funds that have been used for accumulation of assets. These funds, in my opinion are not efficient means of deriving income once retired.

A common yet dated strategy has been to take

4 percent of your assets for income. Many years ago, when you could get a CD with a 5 percent return, that might have been viable. In today's world CD rates are substantially lower, so to get your 4 percent you must place your assets at market or credit risk.

There are ways to mitigate these risks using investment-grade quality corporate bonds and possibly an "A" rated fixed indexed annuity with good income riders to provide a sustainable, steady income. Once you have met your income goals, we are able to invest the rest of the assets for growth. Because we have the income portion set, we are not overly concerned with market or sequence of returns risk that would put your income in danger.

It can be very beneficial to plan sooner than later. The first step in this process is to figure out a realistic budget and income needs come retirement. A good financial planner that has expertise in planning for retirement income and asset management is a great place to start.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

## HEALTH CORNER

### Franklin VNA & Hospice's Health Corner – wellness tidbits to keep us all a little healthier

#### Colon cancer screening saves lives

Everyone ages 50-75 needs to get screened for colorectal cancer - screening saves lives. If everyone aged 50 and older were screened regularly, six out of 10 deaths from colorectal cancer could be prevented. March is Colorectal Cancer Awareness Month, and Franklin VNA & Hospice wants you to get screened because early detection is key to effective treatment. Often there are no signs or symptoms of colorectal cancer, which is likely why it's the third most common cancer in the United States and the second leading cause of death from cancer. Currently there are three different screening tests, Colonoscopy, Flexible Sigmoidoscopy and Stool Testing. You and your healthcare provider can pick the one that will work the best for you.

A colonoscopy lets the doctor look inside your rectum and colon to check for cancer or polyps (growths that can turn into cancer). To do a colonoscopy, the doctor puts a thin, flexible tube into your anus. The test is done at a hospital or clinic. If the result is normal, you can wait 10 years before getting tested

again. If polyps are found during the test, the doctor can usually remove them, but you might need another colonoscopy in three to five years.

A Flexible Sigmoidoscopy lets the doctor look inside the rectum and lower part of the colon to check for cancer or polyps (growths that can turn into cancer). To do one, the doctor puts a thin, flexible tube into your anus. This test is like a colonoscopy, but it only looks at part of your colon and has a smaller risk of complications. If the result is normal, you can wait 5 years before getting tested again - or 10 years if you get this test combined with the stool test. If the result isn't normal, you'll need a follow-up colonoscopy to find out why.

A Stool Test looks at your stool (poop) instead of looking directly at your colon. For these tests, you use a special kit to collect a small amount of your stool at home and return it to your doctor or a lab. If the result is normal, you can wait 1 year before taking the test again. If the result isn't normal, you'll need a follow-up colonoscopy to find out why.

Now that you have

some good information, talk to your healthcare provider and schedule the test that will be the best for you.

While screening is important, reducing your risk is also key.

If you smoke, quit! Smoking increases your risk for a whole bunch of bad stuff, including colorectal cancer. Even secondhand smoke increases the risk for those around you. Try [www.quitnownh.org](http://www.quitnownh.org) for free resources and support.

Eat lots of vegetables, fruits, and whole grains. Diets that include lots of vegetables, fruits, and whole grains have been linked with a decreased risk of colon cancer. Eat less red meat (beef, pork, or lamb) and processed meats (hot dogs and some luncheon meats), which have been linked with an increased risk of colon cancer.

Get regular exercise. If you are not physically active, you have a greater chance of developing colon cancer. Increasing your activity may help reduce your risk.

You have a choice in your homecare provider. Choose local. Choose Franklin VNA & Hospice.



## 17th annual Summer Camp '19

11 Publications for 4 weeks!  
March 13 & 14, 20 & 21, 27 & 28  
and April 3 & 4

The Meredith News  
The Record Enterprise  
Granite State News  
The Baysider  
Carroll County Independent  
Coos County Democrat  
The Littleton Courier  
Gilford Steamer  
Winnisquam Echo  
Berlin Reporter  
Newfound Landing



Beth / 279-4516 EXT.110  
[beth@salmonpress.news](mailto:beth@salmonpress.news)  
[tracy@salmonpress.news](mailto:tracy@salmonpress.news)

## Space is limited

Advertise your summer registration!  
Day camp, sleepaway, tennis  
and more!

Or advertise your summer daycare program

Looking for summer help?  
Councilors, life guards or ice cream window?

Deadline - March 8th

\*Price Per Week: 2x2-\$80 / 2x4-\$160 / 2x8-\$320 / 3x5-\$300 / 3x10.5-\$640  
More sizes available! \*Four week buy required



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## Betty May McClary, 85

GILMANTON — Betty May (Deware) McClary, 85, of 393 NH Route 140, Gilmanton, passed peacefully away on Feb. 16, 2019 at the St. Francis Home in Laconia, listening to her favorite tunes with granddaughter Jaimee Lee by her side.

Betty was born on May 5, 1933 in Shelburne Falls, Mass., to the late Robert and Mary(Brown) Deware. Betty moved to Gilmanton when she was 11 years old, residing in the homestead that belonged to her grandfather, Dr. George Brown.

Betty was married to her beloved husband, Frank L.(Joe) McClary for 55 years. He predeceased her on May 7, 2013.

Betty enjoyed her family above all. Her other love was music and dancing. In their younger years, Joe and Betty, along with a large group of friends often gathered at the many halls in town enjoying music and dance as she loved to do the jitterbug. She really enjoyed get together with family. She especially loved



the occasional gathering with her sister's family, the Shippees, as there was always musical instruments, singing and dancing involved. Betty also loved bowling with her lady friends and was on several different leagues over the years. Betty was also a member of the PTA and the Gilmanton Congregation Church Choir, as well as the ladies fire dept. auxiliary (Sirens). Joe and Betty were not people who traveled a lot, but every summer they looked forward to their vacation in Canada with their friends, Glen and Nancy Lines. In the winter, when their kids were young, they could be found at the sled dog

races cheering on their children's and their friend's dog sled teams. In later years she and Joe loved watching their grandchildren's many athletic events and school plays.

Betty had varied jobs before she and Joe married. After they married and started their family, Betty was a stay at home mom until their children started school. She then worked for the Gilmanton School for 24 years. Her job was that of a teacher's aide, but Betty would often help out collecting lunch money, serve as school nurse, do study halls, bus duty, lunch duty

— just fill in anywhere she was needed. She just loved her job. Betty also cherished her friendships with Lois Foss, Betty Smithers, Nancy Stevens, Nancy Lines, Jane Moorehead, Melba LaRoche, Mae MacMillan (and husbands), just to name a few.

Survivors include her sister, Dorothy Shippee of Deerfield, Mass., and sister-in-law Marion (Jen) Keith of Northfield. Her daughter, Brenda Currier and husband Brett of Gilmanton; a son Frank J. McClary and wife Tina of Gilmanton; Grandchildren; Jaimee Lee Hart and husband Eric of

Berkley Calif.; Greg McClary and wife Miranda of Belmont and their children Cameron and MacKenna; Andrea Doherty and husband Erik of Alton and their son's Ayden and Tucker; Matt Currier and his wife Nicole of Gilmanton and their sons Mason and Caden; Tricia Currier of Gilmanton and her partner Jeff Randall. Many nieces and nephews.

She was predeceased by a brother, Robert Deware of Belmont.

Calling Hours were held on Sunday, Feb. 24, 2019 from 2-4 p.m at the Wilkinson-Beane-Simoneau-Paquette

Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

Burial will be held in the spring.

In lieu of flowers, anyone wishing to make a donation, the family suggests the Gilmanton School PTA, 1386 NH Route 140, Gilmanton Iron Works, NH 03837.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information or to sign an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

## Alexsus Bougie receives Spaulding Youth Center's Spaulding Spirit Award

NORTHFIELD — Spaulding Youth Center is pleased to present its most recent Spaulding Spirit Award to Alexsus Bougie, Behavior Specialist. This peer-nominated recognition is presented at each quarterly staff meeting to one employee who exemplifies Spaulding Spirit and makes peers proud to be working by their side.

Among numerous thoughtful and compelling nominations, Ms. Bougie was described by her colleagues as "an artistic worker-bee and the perfect organizer," "a positive and natural leader" and "constantly researching best practices for students with new challenges."

Ms. Bougie joined Spaulding as a Residential Assistant in September of 2013. Her position quickly developed into a mentor and counselor role in the organization's Lambert residence before she took on the responsibility of Shift Leader in the Davis residence. After four years in various residential roles, Ms.



Alexsus Bougie

Bougie accepted the position of Behavior Specialist. In this position, Ms. Bougie regularly observes the children assigned to her case load, creates behavioral intervention plans, identifies skills children need to develop, and provides ongoing support for other staff members. Ms. Bougie is also an active member of Spaulding's Events Committee, which brings together representatives from across campus departments to plan and execute campus events for students and staff throughout the year.

"Alexsus is an in-

valuable member of our staff and organization," said Susan C. Ryan, President & CEO of Spaulding Youth Center. "Her compassion for what she does is evident, and we are all inspired by the positive relationships she builds with the children. Her enthusiasm and wonderful smile are infectious! Every day, Alexsus comes to campus with a positive attitude, collaborative energy and determination to make a difference. This peer recognition is truly well deserved."

Ms. Bougie has a Bachelor of Science

from the University of New Hampshire and a Master of Science in Psychology with an emphasis in Applied Behavior Analysis (ABA) from Capella University. In her spare time, she enjoys Zumba, snuggling with her cats Max and Layla, spending time with her family and visiting the beach.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit [www.spauldingyouthcenter.org](http://www.spauldingyouthcenter.org).

## Franklin BPW selects Mariah Gauthier as 2019 Young Careerist

FRANKLIN — Mariah Gauthier, Director of Dietary Services at the Peabody Home in Franklin was selected as the 2019 Young Careerist by the Franklin Business and Professional Women's Group. She was recognized at an awards dinner held at Onions Restaurant in Tilton on Feb. 20. Gauthier gave a speech at the meeting on the selected topic "Discuss how the women's rights movement is still alive today. Why is it still important?"

Gauthier received awards and gifts at the meeting including a bouquet of pink roses from Marshall's Florist, a plaque, certificate, \$100 check, and a red purse signifying pay equity.

Gauthier has volunteered at the Bread and Roses Soup Kitchen in Franklin, participated in the Franklin Savings Bank Charity Softball Tournament as well as Community



Mariah Gauthier

Day in Franklin for the Peabody Home. She is a graduate of Franklin High School and has attended New Hampshire Technical Institute working toward an Associate's Degree in Business Administration. She recently purchased a home in

Franklin.

In September, 2019, Gauthier will compete for the New England Young Careerist title at the New England BPW Past State President's Association meeting in Rhode Island.

The Virginia Allan Young Careerist

Program was created in 1964 by the BPW/USA President Virginia Allan to recognize and celebrate the accomplishments of successful young professionals. Criteria for candidates include being between the ages of 21 and 35 (inclusive), being employed in their profession for at least one year, and living or working in the area of the local BPW organization. For a list of prior Young Careerist honorees, to nominate a Young Careerist, or for more information on the Franklin Business and Professional Women's organization, visit [www.bpwfranklin.org](http://www.bpwfranklin.org) Facebook at [www.facebook.com/bpwfranklin](http://www.facebook.com/bpwfranklin). The New England BPW PSP Association can be found on Facebook at <https://www.facebook.com/New-England-BPW-Past-State-Presidents-Association-142846622454006/>.

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**LEGAL NOTICE  
PUBLIC HEARING**

The Tilton Board of Selectmen will hold a public hearing on Thursday, March 7, 2019 at 6:00 p.m. at the Tilton Town Hall, 2nd floor meeting room, 257 Main Street, Tilton, New Hampshire 03276 to receive public comment on amendments to the Housing Standards Ordinance.

The Town of Tilton complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office, Tilton Town Hall (286-4521) if you need special assistance in order to attend this meeting.

*How to Submit Obituaries & Announcements To Salmon Press Publications*

**Obituaries and Announcements** of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

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*Photos are also welcome, but must be submitted in jpeg format.*

*Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
with any questions regarding  
the submission process.*

# Spaulding Youth Center honored with \$10,000 grant from People's United Community Foundation

**NORTHFIELD** — Spaulding Youth Center is thrilled to announce it has been honored with a grant of \$10,000 from People's United Community Foundation, the philanthropic arm of People's United Bank, N.A. The grant will directly support Spaulding's residential program.

Spaulding Youth Center's Residential Program focuses on therapeutically supporting children while fostering

the fundamental philosophies of a family unit. The grant presented by People's United Community Foundation will support Spaulding's goals of providing comfortable, welcoming and home-like environment for its residential students. Funds from this grant will help to cover the cost of new furnishings in three common areas of one of the organization's five residential cottages.

"The generous support of People's United Community Foundation will make an incredible impact in the lives of the children living on campus," said Susan C. Ryan, President & CEO of Spaulding Youth Center. "Funding for this type of need can be difficult to come by and providing our children with a restful and relaxing common area to unwind after a school day is an important part

of our residential students' daily routines. At a time in life where these kids can be at their most vulnerable, providing them with a comfortable place to live shows them they are important, cared for and loved. We are truly grateful for People's United's support."

#### About Spaulding Youth Center

Spaulding Youth Center is a leading provider

of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit [www.spauldingyouthcenter.org](http://www.spauldingyouthcenter.org).

#### About People's United Community Foundation

People's United Community Foundation helps support programs and activities that enhance the quality of life

for citizens in the communities that People's United Bank serves. People's United Bank, N.A. is a subsidiary of People's United Financial, Inc. (NASDAQ: PBCT), a diversified financial services company with approximately \$48 billion in assets. People's United Bank, founded in 1842, is a premier, community-based, regional bank in the Northeast offering commercial and retail banking, as well as wealth management services through a network of more than 400 retail locations in Connecticut, New York, Massachusetts, Vermont, New Hampshire and Maine. Visit <https://www.peoples.com> to learn more about the People's United Bank Charitable Giving programs.

## Belmont looking for family recipes

**BELMONT** — The Town of Belmont is celebrating its 150th anniversary in 2019. To commemorate this milestone, several events are planned. The kickoff event was held last October with a live band, scavenger hunt, and other fun activities.

In early December, a holiday event featuring the Windham Swing Band and delicious trifle dessert bar put everyone in a cheery mood. Throughout the fall and

winter months, many residents have been "framed" with pictures taken with the 150th celebration frame specially designed for this occasion. Please watch for the frame as it will be making the rounds throughout the rest of the year. Our next event is a free concert at the Corner Meeting House on Fuller St. on Sunday, March 24, at 2 p.m. featuring the 12th NH Regiment Serenade Band playing music from the

Civil War era.

As part of this wonderful time in the town's history, Belmont residents are encouraged to submit a family recipe handed down from generation to generation, to possibly be included in a cookbook that is being compiled. The recipe should be a dish or dessert that has meaning within your family. We would appreciate it if you could provide some background on the recipe and the fond mem-

ories that it holds for you. As many recipes as possible will be included in the cookbook. Please email the recipe to Gretta Olson-Wilder, Special Events Coordinator, at [events@belmontnh.org](mailto:events@belmontnh.org) or drop off a copy of the recipe at Belmont Town Hall. If you have any questions or would like more information, you can reach Gretta at 998-3525. The small cookbooks should be available to the public by early fall of 2019.

## Cheryl Wheeler to take the stage at Franklin Opera House

**FRANKLIN** — If your idea of a folk singer/songwriter concert is a bunch of people clapping politely after songs, and then sitting quietly while the performer says things like "This next song is about ...", well, you've never seen a Cheryl Wheeler concert before. And you'll have your chance on Saturday, March 9 at the Franklin Opera House, located within the historic Franklin City Hall, at 7:30 p.m.

Wheeler's concerts are more like what you would find at a comedy club than expect to find at a folk music concert. She will tell a story that has you rolling in the aisles, and then sing a song that leaves you wiping tears from your eyes. She will talk about some serious current event, and then sing a song that will have you howling



Cheryl Wheeler

with laughter. Her entire concert is an emotional roller coaster.

Her set list is usually a crumpled piece of pa-

per with a bunch of song titles. After each song, she'll look at the list and decide what to do next. If somebody calls out a request, and her guitar is in the right key, she might try it, even if she hasn't done it in a while.

If she just finished writing a song, she will usually try it out in front of the next audience. If she has two sets back to back, she almost never does the same (or even similar) group of songs.

Her funny stories between songs show as much diversity. Each time she tells a story, it will be a little bit different, so even if you've heard it before, you still find yourself laughing.

Reserved seating is \$20 for adults or \$18 for students and seniors, and are readily available through the Opera House Web site, [www.FranklinOperaHouse.org](http://www.FranklinOperaHouse.org), or by calling 934-1901.

Franklin Opera House, Inc. is a non-profit organization dedicated to fostering the performing arts in the Franklin area and preserving its historic venue. For more information contact Dan Darling, Executive Director, at 934-1901.

## Flu precautions ended at NH Veterans Home

**TILTON** — Things are back to normal at the New Hampshire Veterans Home today with the lifting of flu precautions that had been in place for the last 10 days.

Commandant Margaret LaBrecque thanked the many friends, family members and other visitors for their cooperation with the measures, which prevented the spread of respiratory illness throughout the facility.

Visiting had remained open during the precaution period, which followed the confirmation of influenza on one unit. People were asked to postpone visits, if possible, and some extra measures such as hand washing and donning gloves or surgical masks on some units were asked of those who did come.

Resident activities have returned to normal, and the Home's many volunteers, who'd been asked to stay away during the outbreak, were welcomed back.

Contact NHVH Program Information Officer Len Stuart at number below for additional information.

The New Hampshire Veterans Home, founded in 1890, provides high quality, professional long-term care services to the Granite State's elderly and disabled veterans. Currently home to about 200, it is the only long-term care facility in the Granite State dedicated exclusively to veterans.

For directions to the Home, please visit the NHVH Web site at [www.nh.gov/veterans](http://www.nh.gov/veterans).

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CANDIDATES

CONTINUED FROM PAGE A1  
fulfill a position vacated earlier last year, Katherine Dawson said the short term would be a good opportunity for her to wind down her lengthy tenure with the board and allow others an opportunity to join next year.

Asked by Forrester to explain her greatest strength and how she would use it if elected, Dawson said, "Undoubtedly my 20 years of experience as selectman."

She went on to say she would continue to use her diverse knowledge and familiarity with municipal government to do her best for Tilton.

Her final question was what she believed to be the greatest need or problem facing the town and how would she resolve it. Dawson said town, county and school taxes were a problem.

"We have to look at the needs and not the wants. When taxes go up it hurts everybody," she replied.

Her challenger this year is Jason Wright. Wright introduced himself as a native of New Hampshire who moved to Tilton in 1996. The opportunity to run for a one-year term he felt was not only a good way to get acclimated to the Board of Selectmen but the best choice for his family at this time. Wright's background is in engineering and he currently runs the New Hampshire State Surplus. His previous work experiences included real estate and jobs in both the corporate and industrial fields. Wright said he would bring his experience in managing budgets to the board, adding that he would use his creative thinking skills to find more creative ways to handle how money is spent. When asked his greatest strength, he stated that he does his homework, checks his facts then makes solid decisions that he can both defend and support. As to the greatest need or problem in the town, Wright said the town needs to develop a plan, to look at the town and emergency services and decide what it should look like in 20 years.

"I don't think we can

do it in a year but it's something the selectmen and every committee in town needs to look at," he said.

For the three-year term, candidates include incumbent Joe Jesseman and challengers Eric Pyra and Dick Olson.

Raised in Tilton, Jesseman said his strength is his two-term experience on the board and many other town committees, and his willingness to collaborate. He said he approaches everything with an open mind and has even voted against his own self-interests at times because "it was the right thing to do." The biggest problem he sees is the drug issues that affect families, children and the community and said he would continue to support programs that care for children and young adults. Jesseman also said that he is involved in many ways with the community outside of his role in town government in his desire to make Tilton a better place.

"I want to continue to make this a better place. I've seen other thriving communities and I want Tilton to join in on this," he said.

Pyra said he has been a resident of Tilton since 2001 where he and his wife chose to raise their two children. In 2012 he joined the Planning Board, has been a past member of the Budget Committee and Zoning Board, and is currently a fire commissioner and member of the Tilton Police Department Building Committee.

"There's a lot of potential here and I like to be part of it," he said.

He feels representing residents of the town is an important role for selectmen while economics is the biggest problem the town faces. If elected, he said he would like to encourage more business along Main Street and work to attract commercial industry to Business Park Drive.

At the age of 26, Olson, who received an honorable discharge from the Army due to an injury, is the youngest candidate for selectman. He sees his age as a benefit however, bringing new ideas and new perspectives to the board. When asked what he believes to be the most

important role of a selectmen Olson said he felt it to be the negotiation of contracts, weighing decisions carefully and having the ear of the people.

"I want to leave the town better for children," he replied.

His greatest strength is in contract negotiation, something that benefitted him with a shop he had in Derry. As to what the greatest needs or problems of the

town, Olson stated that the town needs to take a second look at itself and someone his age might bring things to light that others might not have noticed over the years. He said he would also like to see the community do more for veterans.

He and Wright are also running for Sewer Commission, where Wright is the incumbent. Wright said that he has a lot of experience and

knowledge of the sewer district and that means a lot. Running for his fifth term, he has been part of expansion and improvements to the system but it's not done yet.

"I'd like to see the project through to continue up West Main Street where buildings back up to the river," he said.

As for experience, Olson on the other hand said he has already been accompanying Com-

missioner Peter Fogg to some of the town's pump stations so he can learn more about it. At times he has even helped with some repairs.

"I'm very familiar with different types of pumps and I'm able to fix them," he said.

Elections for these and other positions in Tilton will take place on Tuesday, March 12, at Winnisquam Regional High School.

COMMITTEE

CONTINUED FROM PAGE A1

Pat Consentino, a selectman and member of the building committee, said that while they did look seriously at the corner lot on Business Park Drive, they found it would cost close to a quarter-million dollars just to bring water to the site.

"We just couldn't take a cost like that to the town," she said.

After all their searching, what the committee did find though was a nearby piece of land, located at 27 Sanborn Rd., next to St. Joseph's Cemetery. The property currently is under a 99-year lease agreement with the Arch Diocese of Manchester and is being used as a practice field for the Winnisquam Regional School District's football program. LaChapelle said they contacted the diocese about purchasing the property and have spent the past year working with them on an agreement.

Through a slide presentation, the Main Street Committee was able to get a look at the layout of the 4.5-acre site and saw that a police station would not infringe on the athletic field.

"The property is big enough for the police department and we could leave the practice field there for now. That was important to us," said LaChapelle.

Another positive feature was the location. Sanborn Road is also known as New Hampshire Route 132, a well-travelled thoroughfare with a traffic signal at the nearby intersection with busy Rte. 3. The traffic sig-

nal is already equipped with a preemption device that allows safety officials to control the traffic lights from their vehicle when they are responding to an emergency. The other deciding factor was the presence of both a fire hydrant and a town water line.

"It really is a prime location. Economical and reliable utilities are available and the police told us a majority of the work they do is right in that area," LaChapelle said.

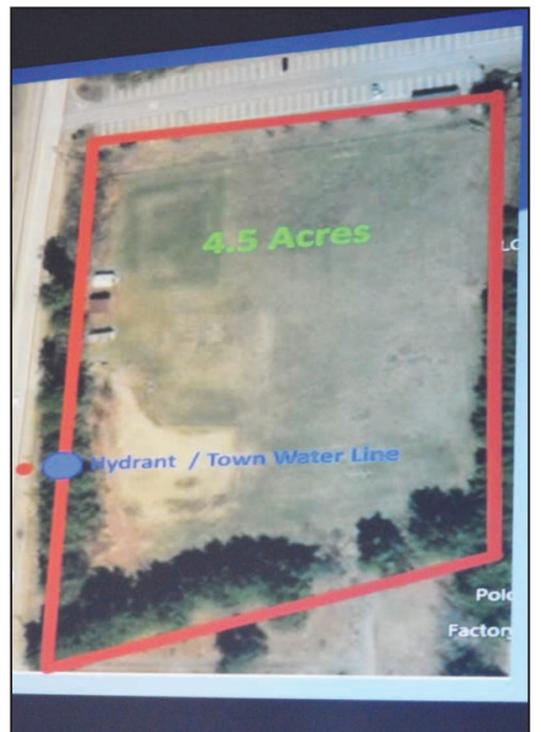
The property was appraised at \$450,000, but through negotiations with the diocese, he said they are willing to sell the land to the Town of Tilton for \$350,000.

"The relationship we have with them is priceless and they're interested in helping with the infrastructure of the town," he added.

Should the town vote to purchase the site for a future police department, the present police department building, constructed approximately 28 years ago, would be sold. That means it would be returned to the tax rolls, thereby generating more income for the town. The tax status of the Sanborn Road property would not change as it is already untaxed property.

Members of the Main Street Committee liked the idea of adding property to the tax roll and further appreciated the fact that a new station would not detract from it.

"I think it's really important to put the former property back on the tax rolls," said Dennis Gaudet. "We've been through this dance (for a new police



DONNA RHODES

Tilton Police Department Building Committee gave a power point presentation to the Tilton Main Street Committee last week to explain their proposal for the purchase of land on Sanborn Road for a new police station or other municipal use.

station) many times, but this time feels right."

Voters will all have the opportunity to weigh in with their

thoughts on March 16, when they consider purchasing the property at the Tilton Town Meeting.

LIBRARY

CONTINUED FROM PAGE A1

ies are available at the Belmont Senior Center and the library.

On Wednesday, March 20, at 5:30 p.m., the Belmont Public Library staff will do hands-on demonstrations of some of the new D.I.Y. kits available for home use. The kits include wood burning, embroidery, candy making, and ten other hobbies. All are welcome.

The Friends will meet on March 22 at 2 p.m. New members are welcome.

Preschool-age story time features stories, movement, music, and crafts to encourage

early literacy skills Wednesdays at 10:30 a.m. LEGO Build is Saturday, March 2, from 10 a.m.-noon.

The Belmont Public Library is open six days a week and any time at [www.belmont-publiclibrary.org](http://www.belmont-publiclibrary.org), serving the community with books, digital resources, and cultural programming. In 2018, the library celebrated 90 years in the same building and 125 as Belmont's community library.

For more information, contact:  
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267-8331  
[bpl@belmontnh.org](mailto:bpl@belmontnh.org)  
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Edward Jones: Financial Focus

The Right Insurance Can Meet Both Short- and Long-term Needs

If you're going to achieve your important financial goals, you'll need to build an appropriate investment portfolio. But that's only part of the story - because you also need to protect what you have, what you earn and what you'd like to leave behind. That's why it's a good idea to become familiar with the various types of insurance and how they can address short- and long-term needs. For starters, consider life insurance. You may have important long-term goals, such as leaving an inheri-

tance for your family and providing resources for your favorite charities. You may be able to fulfill some of these through the death benefit on your policy. You can also purchase life insurance to help fill the gap between the amounts you have saved and what your family would need if you died unexpectedly. Thus, insurance can pay for liabilities (such as a mortgage, car payments, student loans and other debts), education expenses (such as college for your children) and final expenses as-

sociated with your passing. Next, consider disability insurance. If you were injured or became ill and couldn't work for a while, the loss of income could be a big problem for your family members - in fact, it could disrupt their entire lifestyle. Even a short-term disability could prove worrisome, while a long-term disability could be catastrophic. Your employer might offer short-term disability insurance, and that could be enough - but do you really want to take that chance? To protect your in-

come if you were out of work for an extended period, you might need to supplement your employer's coverage with your own long-term disability policy. Long-term disability insurance, which generally kicks in after you've used up your short-term benefits, may pay you for a designated time period (perhaps two to five years) or until you reach a certain age, such as 65. Long-term disability insurance likely won't replace your entire income, but it can go a long way toward helping you stay "above water" until you re-

cover. You may also want to think about long-term care insurance. Despite its name, a long-term care policy could meet either short- or long-term needs. On the short-term end, you might need the services of a home health care aide to assist you in your recovery from an injury such as a broken hip. On the other end of the long-term care scale, you might someday need an extensive stay in a nursing home, which can be extremely expensive and which isn't typically covered by Medicare. But in ei-

ther case, you might be able to benefit from a long-term care insurance policy, or possibly a long-term care rider attached to a life insurance policy. And the earlier you take action, the better, because long-term care insurance, in particular, generally becomes more expensive the older you get. This list of insurance policies, and the needs they can help meet, is certainly not exhaustive, but it should give you an idea of just how important the right insurance coverage can be for you - at almost any stage of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Member SIPC

## HIGHLIGHTS

CONTINUED FROM PAGE A2

New Program - Babytime: Movement and Music - Saturday, March 2 and the 16th at 11 a.m. See below for details

New Program - After-School Creativity Club at 4pm

March 6 - Clay Clouds

March 20 - Painted Pots & Seed Bombs

## Weekly Adult Programs

Chess Club - Mondays from 3-5 p.m.

Spanish Club - Tuesdays from 10-11:30 a.m.

Tech Tuesdays from 2-4 p.m. - Get help from Jenna with your device.

Sit and Knit - Friday from 2-5 p.m.

## March Calendar of Events

Saturday the 2nd at 11 a.m.

Babytime: Movement and Music - Come join us for fun and giggles as we move, sing, and explore through music and movement! This group class for children 0-2 years old focuses on the bond between children and caregivers as they experience the world through sounds, music, instruments, and dancing. We also work to develop early literacy in children through stories, rhymes, and songs. Space is limited! Please call us or stop by to reserve a spot. 286-8971

Monday the 4th at 6 p.m.

Scrabble - Adults only

Thursday the 7th at 2 p.m.

Cribbage - Adults

Only... Don't know how to play? Maggie will teach.

Monday the 11th at 5 p.m.

Trustees Meeting - Open to the public

Monday the 11th at 6 p.m.

Brook Trout Restoration in NH - A Presentation with Don Allen from the New Hampshire Department of Fish and Game.

Wednesday the 13th at noon

Scrabble in the Afternoon - A great way to spend a day... friends and a leisurely game. Adults Only.

Saturday the 16th at 11 a.m.

Babytime: Movement and Music - Come join us for fun and giggles as we move, sing, and explore through music and movement! This group class for children two years old and younger focuses on the bond between children and caregivers as they experience the world through sounds, music, instruments, and dancing. We also work to develop early literacy in children through stories, rhymes, and songs. Space is limited! Please call us or stop by to reserve a spot. 286-8971

Monday the 18th at 6 p.m.

The Bookers - Etched in Granite by MJ Pettingill The year is 1872. The Civil War has ended, leaving behind a nation torn and economically depressed. "Etched in Granite" is a harrowing account of life and death on a rural New England Poor Farm - a tragic, yet

triumphant novel that tells a story of courage, survival, and secrets surrounding lost love.

The story is narrated by the three principal characters: Abigail, a young woman facing unimaginable hardship when agonizing circumstances and betrayal lead to life on the Poor Farm; Nellie, an Abenaki elder and healer enduring great loss while exhibiting resilience during a time of social, racial, and religious intolerance; and Silas, a spirited farm boss illuminating the conflicts of balancing a position of authority with his personal life while navigating small town politics. (Amazon)

Monday the 25th at 6 p.m.

Story Swap - Inspired by The Moth on NPR, participants share true, personal tales of things they have experienced. Stories can be about any subject, as long as they are true and have happened to the storyteller. Story Swap... where the seemingly mundane becomes magic... it's all in the way it's told.

Tuesday the 26th at noon

Noon Book Group - "Under the Influence" by Joyce Maynard - Drinking cost Helen her marriage and custody of her seven-year-old son, Ollie. Once an aspiring art photographer, she now makes ends meet taking portraits of school children and working for a caterer. Recovering from her addiction, she spends lonely evenings checking out

profiles on an online dating site. Weekend visits with her son are awkward. He's drifting away from her, fast. When she meets Ava and Swift Havilland, the vulnerable Helen is instantly enchanted. Wealthy, connected philanthropists, they have their own charity devoted to rescuing dogs. Their home is filled with fabulous friends, edgy art, and dazzling parties.

Then Helen meets Elliott, a kind, quiet accountant who offers loyalty and love with none of her newfound friends' fireworks. To Swift and Ava, he's boring. But even worse than that, he's unimpressed by them.

As Helen increasing-

ly falls under the Havillands' influence—running errands, doing random chores, questioning her relationship with Elliott—Ava and Swift hold out the most seductive gift: their influence and help to regain custody of her son. But the debt Helen owes them is about to come due. (Amazon)

Thursday the 28th at 4 p.m.

YAH Book Group - "The Hitchhiker's Guide to the Galaxy" by Douglas Adams - One Thursday lunchtime Earth is unexpectedly demolished to make way for a new hyperspace bypass. For Arthur Dent, who has only just had his

house demolished that morning, this is more than he can cope with. Sadly, however, the weekend has only just begun. And the Galaxy is a very, very large and startling place indeed.

"The Hitchhiker's Guide to the Galaxy" became a massive cult success when it was first published and continues to sell all over the world. It introduced such memorable characters as Arthur Dent, Marvin the Paranoid Android, Zaphod Beeblebrox and, of course, the Vogons, and remains one of the funniest, most irreverent and entertaining novels ever. (Amazon)

## NOTEBOOK

CONTINUED FROM PAGE A5

how felines disembowel their prey--by grasping with their front legs, and using their powerful rear legs to tear into the abdomen.

Ultimately, Kauffman was able to use knees and feet to crush the cat's windpipe. It took him a while to stop shaking. The incident won't shape his life, he said, and he'll be out there

running again as soon as he's healed up.

"For the most part I don't feel any residual trauma from it," he said. "And I tend to like to move forward. That's kind of my personality."

Colorado Fish and Wildlife went to the scene, took measurements and pictures, and corroborated Kauffman's account. Adult male cougars can reach 200 pounds and more. Kauffman's attacker was

a juvenile male of about 40 pounds. Kauffman said it was probably as scared as he was.

(This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. See us on Facebook. Letters must include phone numbers in case of questions and are welcome at [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

## ARREST

CONTINUED FROM PAGE A1

ence.

Fortunately, police said the residence was unoccupied at the time of the incident but the home was heavily damaged when the vehicle, a 2010 Hyundai Genesis, struck an area that is being used as a bedroom. The car itself also received substantial damage to the front end, they reported.

Capt. Richard Mann of BPD said both the fire department and the Town Code Enforcement

Officer examined the home for habitability and safety concerns, and gas and electric services to the building were shut off.

Officers determined that Lynch's vehicle had been traveling at what they suspect to be a high rate of speed when it came off Silkwood Ave. that morning and crossed over Ladd Hill Road. From there, it launched over a snow bank, and continued for approximately 80-ft. before coming to a stop in the residence. The impact of when it hit the

building could be heard by neighbors and was forceful enough to actually move the mobile home eight inches off its supports, Mann said.

Lynch and a front seat passenger in the vehicle were both transported to Lakes Regional General Hospital for treatment of minor injuries.

While the contributing factors to the incident are most likely speed and alcohol, Mann said on Monday that the cause of the accident was still part of an open investigation at that time.

## RED ARROW

CONTINUED FROM PAGE A3

looks for ways to give back to and support their communities and the state. Like the Red Arrow Diners, Spaulding serves children and families from all over the state, so the partnership is a natural fit for both organizations. We encourage our staff, supporters and friends to visit any of the four diner locations to enjoy a cup of their famous coffee while supporting Spaulding's children and youth."

The Red Arrow Diner operates restaurants in Concord, Londonderry, Manchester and Milford, New Hampshire. To learn more about the Red Arrow Diner, visit [www.redarrowdiner.com](http://www.redarrowdiner.com).

## About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit [www.spauldingyouthcenter.org](http://www.spauldingyouthcenter.org).

## About Red Arrow Diner

A privately-held com-

pany based in Manchester, New Hampshire, the Red Arrow Diner operates restaurants in Concord, Manchester, Milford and Londonderry, New Hampshire, United States. Each Red Arrow Diner location is a 24-hour diner and serves more than 500,000 breakfasts annually. The Red Arrow Diner has been featured on various nationally-broadcasted television and radio shows, including the Food Network's Diners, Drive-Ins and Dives and SiriusXM political channels Patriot (125) and Progress (127). Additionally, Red Arrow is an active community supporter with countless volunteer hours, pro bono promotions, and financial donations. For information about the Red Arrow Diner, visit [www.redarrowdiner.com](http://www.redarrowdiner.com).



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Ad Council

# Executive Councilor Mike Cryans assures Franklin VNA he is ready to work

FRANKLIN — Friday, Feb. 15, Executive Councilor Mike Cryans attended the Franklin VNA & Hospice's Meet Your Representative event. The series is a chance for anyone to meet their representative and talk healthcare. Attendees included Michael Foss, Chief/Emergency Management Director for Franklin Fire Department, Cheryl Barnes, Director of Nursing at Peabody Home and member of the National Association of Directors of Nursing Administration, Glen Badger, an eldercare advisor, and many Franklin VNA & Hospice staff.

The event began with Councilor Cryans giving an overview of his role as a new Executive Councilor, each Councilor represents 20 percent of the population with Cryans, representing the state from its most northern town of Pittsburg down to Claremont, Andover, Hill, Sanbornton, Tilton, Laconia and Gilford all the way across to Milton. A diverse area which includes businesses from ski areas to Dartmouth Hitchcock Medical Center.

A major topic of conversation was the need for a living wage for healthcare workers such as Licensed Nursing Assistants.

Executive Director of Franklin VNA & Hospice, Tabitha Dowd advocated for the need for better pay and benefits to attract people to caregiving jobs. "So it's how can we strategically still be viable and sustainable in the future to provide these needed services to the community, but pay them a fair wage? I think this is where the Executive Councilor



Pictured, left to right: Robert Morin, President of the Board for Franklin VNA & Hospice, Tabitha Dowd, Executive Director Franklin VNA & Hospice, Executive Councilor Mike Cryans, Elaine Cartier, Director of Hospice for Franklin VNA & Hospice.

comes in. As these bills are brought forward by the legislators and you sit down and appropriate these funds, this is something that is a need, not just in our area but the whole state of New Hampshire."

Cheryl Barnes, Director of Nursing at Peabody Home, highlighted the need to act now to attract caregivers.

"The average rate of aging is now 78-82. One in Two people at the age of 85 will have dementia; the other person will be their caregiver," Barnes said.

Framing her comments in the context of the Baby Boomer generation, one of the largest in American History with 76 million Baby Boomers, who began to retire in 2011 through 2030, it is clear that we need to work to attract many more workers to this industry to help care for this wave of seniors.

All were in agreement that services to allow seniors to stay in their

homes longer than they would be able to without them, such as the Choices for Independence Program and visiting nurse services, were a huge benefit to quality of life

of those seniors, in addition to being a substantial cost saving.

Cryans ended the question session by thanking the group, saying "I've certainly re-

ceived a lot!"

As he headed out with staff nurse Deborah Richards to visit a patient, Dowd thanked him for his time and noted, "We know we have a

friend now, we can reach out to."

You have a choice in your homecare provider. Choose local. Choose Franklin VNA & Hospice.

## Tap into Maple coming soon to Prescott Farm

LACONIA — Take a drive on White Oaks Road in Laconia on any Saturday in March and you're bound to see a lot of action. That's because Prescott Farm is hosting the popular, month-long maple sugaring program, "Tap into Maple."

From tapping a tree to tasting delicious maple syrup, hundreds of participants throughout the month will engage in every step of the syrup making process. Prescott Farm's environmental educators go "beyond the sugar shack" in their sharing of information, expertly leading guests in how to identify the appropriate species and size tree, understanding the parts of a tree and their functions, using historical and modern tree tapping tools, learning the history and legends of maple sugaring, and understanding the math and science involved in the boiling process.

Environmental Educator Andie Hession enjoys the excitement



Take a drive on White Oaks Road in Laconia on any Saturday in March and you're bound to see a lot of action. That's because Prescott Farm is hosting the popular, month-long maple sugaring program, "Tap into Maple."

around the program and has noticed an increase in participation each year.

This really is one of our most popular programs of the year," Hession said. "It's great for families or adults who are interested in learning more about this New Hampshire tradition."

Beginning on Saturday, March 2, visitors to Prescott Farm can attend one of the 90-minute "Tap into Maple" sessions. Programs begin on the hour and run from 10 a.m. – 2 p.m. Pre-registration is recommended. Participants should be aware that the program begins with a guided 20-minute walk down to the authentic sugarhouse in the woods around Prescott Farm. If necessary, snowshoes and/or ice cleats will be provided for individuals who do not have them.

Additional Tap into Maple program and registration information is available at [prescottfarm.org](http://prescottfarm.org), [info@prescottfarm.org](mailto:info@prescottfarm.org) or 366-5695.

Prescott Farm offers special thanks to Osborne's Agway Winnisquam, the Eco-Partner for the March 16 "Tap into Maple" programs. Additional business partnership opportunities are available. Contact Phoebe VanScoy-Giessler at [pgiessler@prescottfarm.org](mailto:pgiessler@prescottfarm.org) or 366-5695 for more information.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit [www.prescottfarm.org](http://www.prescottfarm.org).

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## SPORTS

THE WINNISQUAM ECHO  
SalmonPress.com

BOB MARTIN

Julianna Estremera had 28 points in the playoff win over Berlin last week.



BOB MARTIN

Makenzie Donovan had a great stretch of games as the season wound down for Belmont.

## Raiders edge Berlin in opening round

### Top-seeded Conant too much for Belmont in quarterfinals

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT – The Belmont girls' basketball team kicked off the Division 3 state tournament last week and won a game that came down to the wire for a 44-43 victory over Berlin.

The Red Raiders were down 13-11 after the first quarter, with Belmont struggling to make shots aside from Julianna Estremera, who had a pair of threes and eight points in the quarter. The second quarter started with Belmont taking a 14-13 lead on a Molly Sottak three-pointer, but Berlin rallied and took a 23-22 lead into halftime.

The third quarter was back-and-forth the whole time, with both teams taking multiple leads but were unable to separate themselves. Berlin had a 6-0 run to end the quarter with a 35-29 lead. The fourth quarter kicked off with Berlin scoring two straight buckets to go up by 10 for the biggest lead of the game, but Estremera then hit two threes and a layup in a two-minute span to help tie the game 39-39.

With 1:34 to go, Berlin was up 43-39 and Estremera hit another three to come within one point.

With only 15.5 seconds left, Estremera took the ball on a nice drive and layup to make it 44-43. Berlin had a chance to tie it up, but missed a free throw. Berlin snagged the rebound and had two shot opportunities close that couldn't fall. A layup at the buzzer missed the mark and the Red Raiders hung on for the win.

Estremera had a fantastic game with 28 points to lead the team to victory, including 13 in the fourth quarter alone. Belmont then had the lofty task of going to

top-seeded Conant, and while the eighth-seeded Red Raiders were able to keep up, it was a 46-37 win for Conant.

"It was a game of defense throughout," said coach Mark Dawalga. "Trying to keep Conant from really getting going early was a key factor for us. Conant is a tough place to play, defending state champs and the number one seed as well as losing to them in the first game of the season 73-37. We knew we had our work cut out for us, but we knew we were playing our best basket-

ball of the year and if we keep doing the things that got us here we would end up with a chance to win it. And that is what we did. We were able to play our tempo for the most of the game."

Makenzie Donovan had 11 points including going 3-3 from behind the arc.

"Makenzie really did a lot for this team all year," said Dawalga. "Makenzie was our quarterback everything went through her and it really showed at Conant."

Estremera was held to only six points as

she was battling double coverage all game. Lizzie Fleming had seven points and Morgan Hall had four points. Freshmen Jaylin Alderman and Alexis Donovan had quality minutes and had two points apiece. Playing well on defense was Katie Galambos, who per usual was hustling around the floor. Molly Sottak was also a big piece of the defense. Galambos had two points and Sottak had three points.

"This team really came a long way this year and I could not be

prouder of them," said Dawalga. "We started out 2-5, really searching for our identity. We had seven different starting lineups early on. I really felt after the holiday tournament our season turned around going 9-4 the rest of the way. We found our identity. Everyone bought into defense first. We were not one of the biggest team in D-3 so everyone had to do their job and help out on the boards. Everyone came together for one goal and you could see it in practices

SEE HOOPS, PAGE B10

## Big night gives Mann a milestone

BY BOB MARTIN

Bob@Salmonpress.news

TILTON – With the season winding down, senior Kyle Mann of the Winnisquam boys' basketball team needed 43 points to reach the 1,000-point mark. Last week against rival Franklin, Mann put on a show in front of the home crowd and scored 44 points to lead the team to a big win and hit the milestone in impressive fashion.

The game will be looked back on as the

best of Mann's career at Winnisquam, who after a comparatively slow first half, went off for his highest scoring total of his career. Mann was happy to do this in front of a home crowd, which included friends, family and cheering Winnisquam fans.

"My freshman year, I never thought this was something I could achieve but I always had it as a goal of mine," said Mann. "It was great to end my se-

nior year like this, and to do this in front of the home crowd was amazing. The fans were loud and it was just amazing."

Going into the game, coach Kevin Dame told him that he needed 62 points but then he later found that he missed one game from junior year, which dropped the amount to 43 points. That was a much more doable number in Mann's eyes, and the team did a great job

feeding him the ball and finding him for open looks to reach the mark. He made his 1,000th point on a free throw shot.

"The team helped me out and were willing to give me the ball a little more," Mann said. "Without them I don't think I would have gotten it."

The game was a big win for Winnisquam, as it ensured the team a playoff spot and ended the regular season on

a high note. Phil Nichols had 22 points and Gunnar Horman had 11 points.

It was 21-5 after one quarter and 45-20 at the half. The dominance continued with it 70-38 after three quarters.

The big story was Mann, and Dame said the team was pumped up to get him to the 1,000-point mark. He said the team wanted to at least get him close so he could have a chance to get to the mark in the playoffs, but instead Mann went off for what was an incredible, memorable performance.

"I told the guys if they were open to shoot it, and keep playing the offense, but they managed to get him the ball," said Dame. "In the second half I think we scored only eight points other than him. He got it going. Some of those shots he hit were pretty tough. He hit threes and got to the line."

Dame was happy to have Mann reach the milestone, saying he is a great player to have coached the past four years. He said Mann has always been the one guarding the best player on the other team, and he has had to fight through being double teamed on many occasions. Mann's milestone, he said, was certainly earned.

"He's got a motor

SEE MANN, PAGE B10

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BOB MARTIN

Colin McGreevy played great hockey down the stretch and his work in goal helped the Bulldogs with 13 of the final 14 games.



BOB MARTIN

Ben Muthersbaugh was a main reason for the success of the Bulldogs this season.

## Bulldogs wrap up season with win over Kennett

BY BOB MARTIN

Bob@Salmonpress.news

CONWAY – The Belmont/Gilford hockey team finished off the regular season with a 4-3 win over the Kennett Eagles last week, and the Bulldogs now prepare for making a strong state tournament run.

The Bulldogs were led by Ben Muthersbaugh, who had a pair of goals in the win. Griffin Tondreau and Zoltan Stefan

each had a goal, as well. Hayden Parent had three assists on the night.

The team had a rough start to the season, with the defensive zone coverage being weak early. However, the team got Logan Moulton back into the lineup, who gave the Bulldogs a four-man defensive rotation. This also allowed Tondreau to move over to the forward position.

“This gave us balance

on the defensive and offensive side of the puck,” said coach Jason Parent. “Also, the leaders stepped up and provided the mental stability and leadership, which allowed the younger players to realize that 0-4 didn’t mean we were done as a team, and the season was still a long way from over.”

After losing the first four games, the Golden Eagles went on a tear

and won 13 of the next 14 games.

“We still need to do a better job limiting second chance opportunities in the defensive end, while getting more shots to the net with traffic offensively,” Parent said. “We need to stay out of the penalty box because five on five we feel like we can play with any team.”

Parent said finishing scoring chances is im-

portant, especially in the playoffs as the defense is usually what controls games. He said if the team can step it up a notch, B/G will be tough to beat.

“Having a long layoff between the end of the season allows us to rest our players who might be nicked up from a long season, allows us to watch film on our opponents and prepare for a difficult game Saturday

at home with Hollis/Brookline at 5:15 p.m.,” said Parent. “Five days of good practice are important and hopefully our guys will come out rested and hungry on Saturday.”

The first round of the Division 3 state tournament be against Hollis/Brookline Derryfield at 5:15 p.m. on Saturday at Merrill Fay Arena in Laconia.

## Belmont boys finish as 11th seed after pair of losses

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT – The Belmont boys’ basketball team finished out the regular season with a pair of losses, and has been on a slide of late, but coach Jim Cilley said despite the losses he thinks his team has found its identity and could be a force to be reckoned with in the state tournament.

On Feb. 19, the Red Raiders lost to Gilford by a score of 55-52 in overtime, which was a tough loss since it was a local rival and also had a direct impact on where Belmont stood for the state tournament as far as placement.

Belmont was up by 11 points at one point in the game and had a missed breakaway layup opportunity that sparked a Gilford run rather than bury the Golden Eagles. Gilford’s Corey Weston drilled a three-pointer to bring it back to single digits, and also did a good job covering Griffin Embree and holding him to only seven points.

Offensively, Cilley said the team did well sharing the ball. He said it was a tough loss, but the team didn’t hang their heads.

Aidan Rupp led the way with 13 points while Jackson Ruelke had eight points and Nate Sottak had seven points.

Adversity is something any good team goes through and beats, and this is something the Belmont squad will have to deal with. The next day in practice Ruelke went down with an ankle injury and couldn’t play against Conant. This gave players like Mikey Sprague the chance to step up, and Cilley said he played very well against Conant, despite losing 51-46 on senior night.

It was 16-7 after the first quarter, but otherwise it was close the whole way as Belmont

chipped away and disrupted shots. There were opportunities for Belmont at the end, but shots didn’t fall and Conant took the win.

Rupp led the way with 12 points, Embree had 11 points and Keith Landry had nine points. Sprague played one of his best games with six points and outstanding defense.

Prior to the game seniors were honored and included Angelo Papadopoulos, Sprague, Caleb Burke, Cam Magerer, Matt Thurber, Rupp, Embree, manager Paige Dillon, and Derek Stevens, who is no longer on the team due to a health condition.

“Despite the losses the past two games, we

kind of bounced back to our identity and realized who we were,” Cilley said. “We changed the way we played. Losing to Gilford hurt because we knew we weren’t getting a home game, but I like how the kids are looking.”

Cilley said after a 9-3 start the team slid, but he said this may have helped the team’s character. He said he would put his Belmont squad up against anyone, and this is a year where anyone can win the Division 3 state title.

The Red Raiders finished the season 10-8 with an 11 seed, and the team took on Hopkinton on the road after deadline Tuesday.



BOB MARTIN

Senior Griffin Embree looks for a shot in a matchup against Conant last week.

## Kids’ ice fishing derby is Sunday

GILFORD — Belknap County Sportsmen’s Association will be holding its annual free kids’

ice fishing derby on March 3 at Lily Pond, Gilford 9 a.m. to noon. Bait, tip-ups, hot chocolate and hot coffee

are available at the pond. Lessons provided for the first timers. No registration required, just show up

and have fun. At noon in the club house on Lily Pond Road they will have awards and trophies for the larg-

est fish caught as well as having hot dogs, chips and milk for all the participants.

## Busy weekend for ice racers on Berry Pond

BY DAVID SUITOR  
Contributing Writer

MOULTONBOROUGH — The Lakes Region Ice Racing Club gathered on Berry Pond in Moultonborough for the fifth race of 2019 season with the Feb. 17 races sponsored by Ossipee Auto Parts/NAPA. A gorgeous winter day greeted the racers and the large crowd that surrounded the one-third mile oval track.

The first order of business was to complete the last two features from the previous week, which was sponsored Rob Dunlap’s Firewood. The FWD division came out first with Moultonborough’s Tyler Demond grabbing the win. Jared Harper of Meredith drove a perfect race and took the V8 Stock division win.

The club skipped the hot laps and went straight to six-lap quali-

fers followed by intermission. After the opportunity to grab a lunch and getting a chance to look at the cars up close up and talk to the drivers out on the main straight, the club started the 12-lap feature with the RWD 4-Cylinders being first up.

A wicked fast Maverick Eldridge of Ossipee dominated the FWD qualifier and as well the feature event. Tyler Demond and Alicia Taylor took second and third respectively.

The V8 Stock division was out next with Moultonborough’s Pete Viano continuing his winning ways running the new studded tires. Jared Harper and Tim Chase did their best to catch Viano, but they settled for second and third place.

The Modified feature was interrupted at the half-way point when Scott Burns of Center



DAVID SUITOR – COURTESY PHOTO

The Lakes Region Ice Racing Club’s mighty winged Modified division comes to the starting line for their 12-lap feature on the 1/3-mile oval at the weekly races in Moultonborough. Traction comes from sharpened, studded truck chains. The club runs weekly ice races for six divisions of cars on the lakes of central New Hampshire. See the Lakes Region Ice Racing Club’s web site at [www.LRIRC.com](http://www.LRIRC.com) for details.

Harbor left the track on the main straight and got the Scott Burns Landscaping car upside-down. Burns was fine, but his car could not continue. Fabian Smith of Meredith, who was leading at the time of Burns’

off-track excursion, motored on for the win followed by Mike Frank and Matt Demond.

Rylee Harper’s string of Junior division wins was broken when Tess Poitras of Rumney drove to the feature win on

Sunday. Braedon Greene came across the finish line in second with Callie Burns third.

Nick Berry of Goffstown got his second win of the season with a victory over Derek Jeanson

SEE RACING, PAGE B10



Cole Reid led the Wolfpack with 25 goals in his senior year.

BOB MARTIN



Hannah Max finished up a strong junior season for the Wolfpack.

BOB MARTIN

# Wolfpack close the season with a victory

BY BOB MARTIN  
Bob@Salmonpress.news

LACONIA – The Laconia/Winnisquam hockey team finished the season with a 4-3 win over Kearsarge/Plymouth, for the second win of the season for the Wolfpack.

The team honored its nine seniors, who all attend Laconia High School, and did so by wearing vintage Laconia red and white jerseys. Kearsarge/Plymouth struck first with a power play goal by Tony Velez on an assist

by Jacob Marcoux with 1:39 remaining in the first period. Senior Cole Reid then tied the game up with 49 seconds left, with an assist by Hannah Max.

Kearsarge/Plymouth took a 2-1 lead after two periods, but the Wolfpack tied things up in the third period with an unassisted goal by Reid. Kearsarge/Plymouth answered back a minute later to take the lead, but Goalie Evan Rollins had a fantastic third period and fended off shot after shot to keep the Wolf-

pack in the game. He had 25 of his 42 saves in the third period.

Reid scored his third goal to complete the hat trick and tie the game with four minutes left in the game. With just 26 seconds left, Reid scored again to beat Kearsarge/Plymouth 4-3.

“Reid and Rollins gave the Wolfpack the one-two punch we needed to bring this team its second victory of the season,” said coach Marc Joyal. “Reid led the offense all season, scoring 25 of the 38 total

goals the team had all season. Rollins played well beyond his years, as a freshman to come in a play varsity hockey and perform at the level that he did was nothing short of sensational.”

He added, “It was really great to finish win a win.”

Joyal said it was a fitting send off for the seniors. The team worked hard all year to put together three periods of hockey, and ending with a win after a difficult few seasons was good for the morale.

“These seniors have had to struggle the past three seasons with limited experienced resources, and have the addition of four talented freshmen who were thrown into varsity hockey straight out of youth hockey was asking a lot. Finally, it all paid off and we hope to carry this momentum into next year.”

As for the season statistics, Reid led the team with 25 goals and 28 total points. Kam Young had five goals and five assists. Christian

Vaughan had two goals and two assists.

Rollins had 762 saves in 16 games and was a rock in net all season for the Wolfpack squad.

The team has a talented returning upperclass that Joyal expects to be good leaders. He also expects the team to have the freshman class come back stronger due to experience. He said another year of maturity and growth, as well as adding new players, could make the team competitive for seasons ahead.

## Pair of volleyball camps offered this summer

REGION — Are you looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush is available for girls entering the seventh through ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point Center on Lake Winnepesaukee in Moultonborough.

The two sessions are July 7 to 11 and July 14 to 18. Plymouth State University head women’s

volleyball coach Joan Forge directs the camp and the staff features several New Hampshire volleyball coaches and outstanding high school and college players from around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with life-

guards.

Please contact Forge for further information at 387-1202 or visit [www.passsetcrush.com](http://www.passsetcrush.com).

Forge will also be hosting Panther Volleyball Day Camp July 22 to 25. This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at [jcforge@plymouth.edu](mailto:jcforge@plymouth.edu) or call 387-1202.

## Ennis wins Capital Region Championship

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford High School Nordic team and Zach Ennis of Belmont competed last week at Gunstock for the Capital Region Championship, with Ennis taking the win for the boys’ race and Catherine Stow of Gilford winning the

girls’ race.

Ennis had a time of 11:20 to take the narrow win over Cameron Brochu of Concord who had a time of 11:21.

In the girls’ race, Stow won with a time of 13:02. Vanessa Genakos had a time of 13:42, good for fifth place.

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**MOULTONBOROUGH** // Turnkey professionally designed and constructed seasonal 18-hole Mini-Golf course, 9 holes handicap accessible. 1.91 acres, FF&E included. Day/evening operation.  
**\$250,000** (4677347) **Call 253-9360**

**GILMANTON** // Charming 3BR/1.5BA log home, located in Whispering Pines chalet with beach rights to Lake Association, on a .89 acre with beach access and mooring rights on private Crystal Lake beach.  
**\$227,000** (4728214) **Call 875-3128**

**GILFORD** // 3-Bedroom, 2-Bath chalet with beach rights to Lake Winnepesaukee. Close to Gunstock Ski area. Open-concept floor plan with finished lower level.  
**\$209,000** (4729468) **Call 253-9360**

**MOULTONBOROUGH** // Beautiful 3-BR home located in low tax Moultonborough. Open-concept 1st-floor living/dining and kitchen w/gleaming HW flrs, 1st-flr Mstr. en suite, walkout to backyard deck & covered front porch. Quality built, well priced.  
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**BARNSTEAD** // Calling all developers. Approved 8 lot subdivision with potential for further subdivision. All lots with town road frontage and location are rural and easily accessible.  
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**HEBRON** // Own a piece of the mountain! Picture yourself looking out over Newfound Lake on this 130 acre lot situated in the charming, quintessential town of Hebron. Quiet and serene says it all!  
**\$239,900** (4653719) **Call 253-9360**

**MOULTONBOROUGH** // 1.6 Acre level wooded lot located in the quaint village district in Comm. Zone "A". Driveway permit with installed culvert, expired permit for office bldg. and garage. Agent interest.  
**\$159,000** (4501574) **Call 253-9360**

**NEW DURHAM** // Nice 5 acre building lot in a country setting located close to town and a great commuting location.  
**\$45,000** (4458054) **Call 875-3128**

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**Moultonborough, NH** - Beautiful building lot in the lovely neighborhood of Countryside in the low tax town of Moultonborough. Come build your dream home on this pretty corner wooded 1.73+/- lot with paved roads. Close to many recreational activities. Agent-Seller relationship.  
**MLS # 4697951 | \$30,000**

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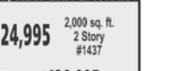
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<b>LACONIA:</b> Lake Opechee WF home w/ 137' of shoreline, dock & two beaches. <b>\$575,000 #4728940</b>	<b>DANBURY:</b> Slopeside building lot across from Ragged Mountain Ski Area. <b>\$59,000 #4730884</b>	<b>LACONIA:</b> South Down Shores newest village! Build your dream home! <b>\$129,000 #4709388</b>	<b>MEREDITH:</b> Single family water access home. 3-BR, 2-BA, FP, deck & beautiful yard. <b>\$299,900 #4733583</b>



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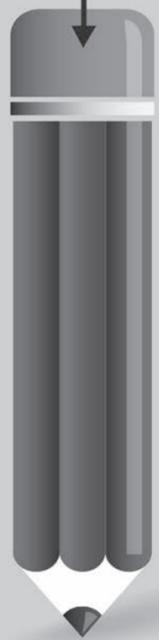


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**Town of Wentworth Road Agent**

The Town of Wentworth is seeking applications for the following position: Road Agent.

Applicants must be able to perform duties of a Road Agent to include (but not limited to):

Seasonal duties: plowing, snow removal, and sanding; trimming trees, keeping culverts clear of debris; repairing and replacing pipe; placing/replacing road signs; patching roads; paving, maintaining, and reconstructing roads; and offering mutual aid when needed.

Perform repairs on town equipment as necessary, conduct maintenance on all Town equipment on a regular basis, and keep daily maintenance logs of repairs and jobs performed.

Supervision of other Highway Department employees, maintain a work schedule for all employees, prepare and submit various Town reports, and document, create and maintain a yearly budget.

The successful candidate must have a NH CDL and undergo a physical and drug testing, as well as a criminal background check.

Benefits include paid vacation, and single person premium medical insurance.

**Please submit application letter, resume, copy of current license, and standard Town application to:**  
Town of Wentworth  
Selectment's Office  
PO Box 2  
Wentworth, NH 03282

Applications can be found on the Town's website at [www.wentworth-nh.org](http://www.wentworth-nh.org)



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**Key Roles:**

- Integral member of the Senior Leadership Team
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- Partners with ACHS Safety Coordinator
- Has a deep knowledge of federal and state labor laws, labor relations, compensation benefits.

**Qualifications:**

- BA/BS Degree preferred with a focus on HR and 5+years of experience in a senior HR position.
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**Part-time Police Officer Position**

The Rumney Police Department has an opening for a part-time police officer. Experience Preferred Pay Commensurate with Experience

**Send resume and cover letter by March 4, 2019 to:**

Rumney Police Department  
ATTN: Chief of Police  
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Rumney, NH 03266

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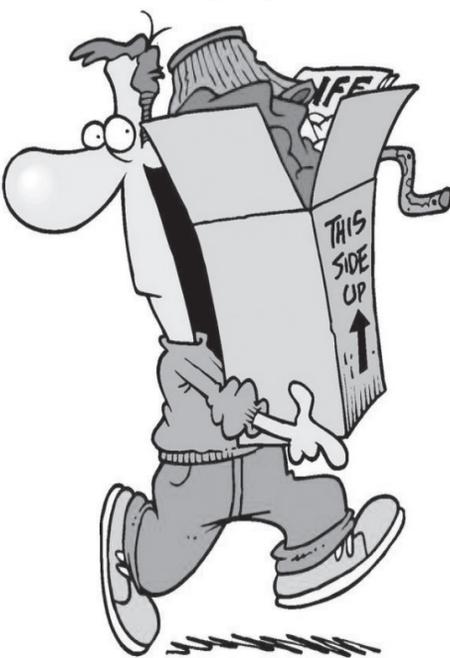
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Waterville Valley Elementary School  
11A Noon Peak Road  
Waterville Valley, NH 03215  
gadams-davis@pemibaker.org

*Deadline for applications is Friday, March 15, 2019*



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 Send resume or an email with your skills to HR at [JOYCE.MORRISON@BOYDCORP.COM](mailto:JOYCE.MORRISON@BOYDCORP.COM), OR MAIL to Aavid Thermal Division of Boyd Corp, 1 Aavid Circle, Laconia, NH 03246, Attn: HR.

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**All applications should be submitted to:**  
 Ashley Dolloff, Human Resources Director  
[ashley.dolloff@interlakes.org](mailto:ashley.dolloff@interlakes.org)  
 Ashland School District  
 103 Main Street, Suite 2, Meredith, NH 03253  
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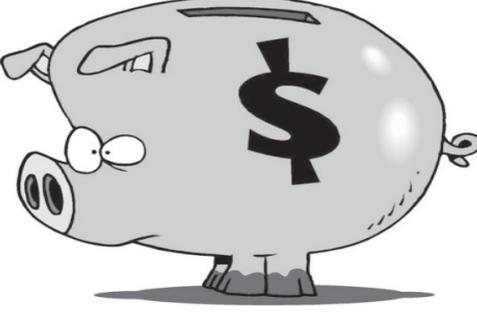
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 612 Tenney Mountain Highway, Plymouth

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**Yard Customer Service**  
 This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.  
 You may apply in person or download an application from our website. All applications should be submitted to:  
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Please send resume and cover letter to: Program Director, PO Box 209, Jefferson, NH 03583 or email [nfinorthhr@nafi.com](mailto:nfinorthhr@nafi.com)

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Candidates must be detail oriented with a minimum of five years of supervisory experience. Strong communication skills are essential. Experience with NHDOT, FHWA and/or municipal projects is favored. Salary commensurate with experience. Post-offer physical and drug screen is required.

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**AUG 2011**



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47 Old Ward Bridge Road  
Plymouth, NH 03264  
[kdisalvo@pemibaker.org](mailto:kdisalvo@pemibaker.org)

# Scott Biron to speak at Trout Unlimited meeting

PLYMOUTH — The Pemigewasset Chapter of Trout Unlimited will feature guest speaker Scott Biron from the NH Wildlife Federation at the March 19, meeting, 7 p.m. at the Common Man Inn in Plymouth. Come early and meet Biron and fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and

open to the public. Members are invited to sit in at the board of directors meeting starting at 5 p.m.

Biron cut his teeth learning to tie flies and flyfish in the 60s. He is an accomplished fly tyer and well known fly-tying and flyfishing instructor. He is executive director of the NHWF and author for the NH Wildlife Journal. The mission of the NHWF is

to promote and protect hunting, fishing and trapping as well as the conservation of wildlife habitat.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit [www.pemigewasset.tu.org](http://www.pemigewasset.tu.org) and like them on Facebook.



Scott Biron will address the Pemigewasset Chapter of Trout Unlimited on March 19. COURTESY PHOTO

## Abenaki Attack will feature day of racing

WOLFEBORO — Bring the kids, bring the dogs and bring your friends, there's something for everyone at the Abenaki Attack, set for July 6 at Abenaki Ski Area in Wolfeboro.

Abenaki Attack is a day of racing to benefit Lakes Region Humane Society, Masons Morn-

ing Star Lodge 17 and the Wolfeboro XC Ski Association.

The day will feature a trail race, a 5K, a 10K, a 5K canicross (bring the dogs) and a one-mile fun run/walk. There will also be a post-race picnic with plenty of food and water for humans and dogs.

This day of family-friendly, canine-friendly, competitive events will be taking place on Saturday, July 6 with a 9 a.m. start time at Abenaki Ski Area.

Visit [rockhopperraces.com](http://rockhopperraces.com) for more information.

## MANN

CONTINUED FROM PAGE B1

who doesn't stop and he is always playing over 30 minutes," said Dame. "He is such a good kid and never misses practice. It couldn't have happened to a better kid."

Mann said the team has been playing good basketball together late in the season and he feels on any given night the team could come away with a win..

"We all have the same goal and same vi-



BOB MARTIN

Kyle Mann scored 44 points and reached the 1,000-point milestone against Franklin last week.

sion," said Mann. "We are going to try to win on Tuesday against Mascenic and take it one step at a time."

Earlier in the week, Inter-Lakes beat Franklin 55-47. Horman had 13 points, Glover had 10 points and Nichols had 10 points.

Winnisquam wrapped up the regular season with a 10-8 and a 12th seed. The Bears traveled to Mascenic for a game after deadline.



BOB MARTIN

Morgan Hall drives to the hoop for Belmont against Berlin.

## HOOPS

CONTINUED FROM PAGE B1

and on the court. I could not be more proud of them. We will miss our

seniors next year Juliana Estremera, Makenzie Donovan, Lizzie Fleming, Katie Galambos and Kathryn McClure."

## RACING

CONTINUED FROM PAGE B2

in the Sprint Car feature. Jeanson settled for second.

The RWD division was won by Tim Chase of Northfield. His MR2 was sporting the new studded tires, his second stud pattern. Last week's

winner, Danielle Downing, was second and Kyle Macdonald was third.

Check the club's web site at [www.LRIRC.com](http://www.LRIRC.com) or the Facebook page for the latest race/ice status, information about coming events, and for race photos.

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