THURSDAY, MARCH 7, 2019

Gilford voters to decide on 23 articles

BY ERIN PLUMMER

mnews@salmonpress.news

Gilford voters will decide on articles putting ore money toward finishing the recycling facility, changing town voting to May, allowing Keno, and much more on election day.

Voters will decide on 23 articles during town voting on March 12. Voting will take place at the Gilford Youth Center from 7 a.m.-7 p.m.

Voters will decide the candidates for town office in Article 1.

Article 2 is the opbudget \$13,657,901 not includ-

ing appropriations or special warrant articles. If the article is defeated the default budget will be \$12,903,658.

Article 3 is the twoyear collective bargaining agreement between the selectmen and the Teamsters Local 633 of New Hampshire on behalf of Police Department employees for the wage and benefit increase of \$17,269. The second year carries a proposed increase of \$17,700.

Article 4 is for radio system upgrades for the police department at a cost of \$125,000, the first year of a threecost around \$225,000.

Article 5 will pur-

forestry fire fighting vehicle for \$85,000, an

year project that will chase and equip a amount to come from for building and floor fund balance.

Article 6 is \$80,250

improvements to the SEE **ARTICLES** PAGE A9



changes to overnight RV parking ordinance

Selectmen approve

BY ERIN PLUMMER

mnews@salmonpress.news

The selectmen voted unanimously in favor of updating language on a 1999 ordinance prohibiting overnight RV parking in private parking lots, though some concerns were expressed about some of the ordinance's previously unaddressed consequences.

Voters at the 1999 meeting approved the ordinance prohibiting RV's to park overnight in public lots. Police Chief Anthony Bean Burpee told the selectmen the ordinance contained references to the wrong

state statutes and some wording needed to be cleaned up for it to be viable.

The board held a public hearing on the proposed changes during Wednesday's meeting.

Bill Rohr said he was neither for or against this ordinance. As an RV owner himself, he said he does not condone the practice of a small percentage of RV drivers camping out in Walmart's parking lots, pulling out the sides of their vehicle and setting up chairs and grills to camp out. he said this ruins

SEE **PARKING** PAGE A9

William Carter receives Boston Post Cane

On Feb. 28, the Gilford Board of Selectmen presented William J. Carter of Weirs Road with the Boston Post Cane in recognition of his status as the Town's oldest citizen. Shown in the picture (L-R) are Selectman Gus Benavides (presenting the Boston Post Cane), Bill Akerley (who nominated Mr. Carter), William Carter and Selectman Richard Grenier (with Proclamation).

Gilford donating old fire engine to Maine town

BY ERIN PLUMMER

mnews@salmonpress.news

Gilford's old Engine will have a new home in a small Maine town after the selectmen voted unanimously to donate the 32-year-old fire truck.

The selectmen voted unanimously in favor of donating the engine to LaGrange, Maine,

truck.

Ranger Fire Engine that was recently replaced by a new en-

Board chair Gus Benavides said Fire Chief Steve Carrier sent the selectmen a memo that the Board of Fire Entown then found out the buyer backed out of the sale. The engine has bene advertised for sale since August with no offers. Scrapping the truck could cost

around \$1,200. Carrier wrote that

which was in desperate gineers had approved the department learned need of a new pumper the sale of the Engine 4 the fire department in to a buyer, who agreed LaGrange, Maine, was Engine 4 is a 1987 to pay \$5,000 for it. The in desperate need or a tanker as its tanker had to be put out of service overnight do to a number of mechanical defects. Benavides said the Board of Fire Engineers thought it would be worthwhile for Gilford to donate Engine 4 to the town of LaGrange. Carrier asked the selectmen to approve this donation.

LaGrange, Maine, is a town of around 700 residents in Penobscot County and around 80 miles north of Bar Harbor.

Deputy Fire Chief Brad Ober said La-Grange approached Gilford asking if they would be willing to offer their old engine to their department.

"They've been in dire straits for quite a while," Ober said.

Benavides if there was any way Gilford could get some kind of tax credit for this donation, Ober said he had no idea.

Selectman Richard Grenier asked if the selectmen approved this that evening how soon would LaGrange get the engine. Ober said some some paperwork needs to be worked out, though he is guessing a few days.

"They were pretty motivated the last time I spoke to the chief," Ober said.

The selectmen voted unanimously in favor of donating Engine 4 to the LaGrange Fire Department.

GHS students recognized with Scholastic Art Awards

Gilford High School would like to recognize 18 talented artists whose work received recognition at the New Hampshire Scholastic Art Awards.

Scholastics is a prestigious competition amongst high school artists, and Gilford put on a show! Eighteen awards! Five of which are gold key. Those gold key art works have been chosen to compete for a spot at the national level. The work was exhibited at Pinkerton Academy from Jan. 20 through Feb. 10. Well done, artists at Gilford!

The teachers of these students, Laura Weed, Leaman Antone, and Aaron Witham, could not be prouder of the recip-

Gold Key Meredith Ellis Gwedalynn Knipping Bridgette Dahl Kaitlyn Dwyer

ients:



Gilford High School would like to recognize 18 talented artists whose work received recognition at the New Hampshire Scholastic Art Awards.

Melody Davies

Silver Key Ashton Griggs Jeremy Bernash Kaelan O'Connor James Richardson

Kendall Boisvert-Portfolio

Honorable Mention

Brianna Fraser Elena Uicker **Ashton Griggs** Chaz Townsend Laurel Gingrich Kayla Loureiro

Maddison Brady Colton Workman

Josey Curley- Portfolio



Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

We get asked all the time how we decide which books to add to our Classics section. There is no one shining resource that definitively declares which books are classic enough to be part of the Classics section--so we started with some well known lists and then added to it using judgement based on the Library's collection. It's not perfect; but it doesn't need to be. The section is meant to be a spot for people to eas-

ilv find books that have Literature proven themselves to be extraordinary. We think that classics have a written quality that withstands the test of time. Classics have had an impact on culture, offer timeless food for thought, and are relevant no matter the age in which they are read. High standards, but so many magnificent books have been written that shelf space quickly fills up.

It may seem like classics are only for history buffs and AP

but modern entertainment, news, and ethics suggests otherwise. Hit film and TV adaptations of classic books like "The Handmaid's Tale" by Margaret Atwood, "Fahrenheit 451" by Ray Bradbury, "Little Women" by Louisa May Alcott, and "A Wrinkle in Time" by Madeleine L'Engle have recently added to the history of classics made visual. Children's books have been made and remade into movies and reprints. Stories like "How the Grinch Stole Christmas," "The Jungle Book," "Mary Poppins," "Peter Rabbit," and more were turned into films this past year

alone. "The Handmaid's Tale" was the most popular classic book at our Library over the last year, no doubt driven by the success of the Netflix series. "1984" by George Orwell was second most popular--which at least a couple of readers have

attributed to a feeling of increasing concern about surveillance technologies and policy. Both dystopian novels have cautionary elements, warning against futures that impinge on the values they suggest. Although it's been decades since they were written, the stories they describe maintain their relevance in today's culture for many readers.

Millions of readers

and viewers might not be wrong. Next time you're looking through the new section and failing to find something that catches your interest, consider branching out and trying a classic. Better yet, get started with the Classics Book Discussion here at the Library. The next discussion is at 6:30 p.m. on Tuesday, March 26, when they'll discuss "Great Expectations" Charles Dickens. a comfortable, thought-provoking environment to think about great stories, and plenty of copies are available at the front desk to borrow. We hope to see you there!

Classes & **Special Events** March 7 - March 14

Thursday, March 7 Geri Fit, 9-10 a.m.

Homeschool Game Club, 1:15-2:30 p.m. Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Friday, March 8 Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30

Conversational German, 2:30-3:30 p.m.

Monday, March 11 Fiber Friends, 10

a.m.-12:15 p.m. Baby/Toddler Story-

time, 10:30-11 a.m. Mahjong, 12:30-3 p.m.

Tuesday, March 12 Geri Fit, 9-10 a.m. Hook Nook, 10-11

Join Zeb Fontaine to learn, practice, and perfect your crocheting skills. Bring your own crochet hooks and yarn or the library can provide some.

Preschool Storytime, 10:30-11:30 a.m.

Social Bridge, 10:30 a.m.-12:30 p.m.

Nightly Knitting, 6-8

Clickers Photography Club, 6:30-8 p.m.

Wednesday, March 13 Trustee Meeting,

8:30-10 a.m. Line Dancing, 9-10:30

Check Out an Expert, 10 a.m.-noon

Thursday, March 14

Geri Fit, 9-10 a.m.

Music and Movement, 10:30-11:30 a.m.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Foreign Movie Night, 7-9 p.m.

Join us every month for a film from a different country. This month's movie is "The Beauty Inside," and unrated film from South

Gilford Public Library Top Ten Requests

- 1. "Educated" by Tara Westover
- 2. "Becoming" by Michelle Obama
- 3. "The Chef" by James Patterson
- 4. "Where the Crawdads Sing" by Delia Owens
- 5. "The Silent Patient" by Alex Michaelides
- 6. "Investing Quickstart Guide" by Ted D. Snow
- 7. "Bad Blood" by John Carreyrou
- 8. "The Wedding Guest" by Jonathan Kellerman
- 9. "A Spark of Light" by Jodi Picoult
- 10. "The Lost Man" by Jane Harper

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GILFORD POLICE LOG

The Gilford Police Department responded to 167 calls for service from Feb. 25 to March 2. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Skye T. Gorgas, age 34, of Londonderry was arrested on Feb. 25 in connection with a bench warrant.

Kaitlin O'Brien, age

18, of Epsom and a juvenile, age 16, were arrested on Feb. 26 for Criminal Trespassing. Jacob L. Goodwin, age 37, of Laconia was

arrested on Feb. 27 for

Operating Without a

Driver's License or Training Certificate. Craig Sanville, age 42, of Laconia was arrested on Feb. 28 for Driving After Revoca-

tion or Suspension. Jared E. Marshall, age 26, of Gilford was arrested on March 1 for

Criminal Trespassing with a Deadly Weapon. Jonathan Charles

Joy-Pagliarulo, age 37, of Meredith was arrested on March 1 for Bail Jumping.

Brian Pennie, age 33, of Laconia was arrested on March 3 for Driving While Intoxicated. A 30-year-old male passenger in Pennie's vehicle was taken into protective custody for intoxication during the same incident.

Jeremy J. Lachance, Sr., age 48, of Gilford was arrested on March 3 for Domestic Violence-Simple sault-Physical Contact.

Fully Insured







13 local children nominated for community service award

BY ERIN PLUMMER

mnews@salmonpress.news

REGION – A group of 13 students from around the Lakes Region with big record for community service are eligible to win Spirit of Hope and Kindness Awards.

The second annual Spirit of Hope and Kindness Awards will take place on April 7 at Church Landing in Meredith. For the past few months the committee has taken nominations for youths in preschool through high school who have made a difference in their communities.

The committee received a total of 60 nominations.

"Every time I get an email with one of their bios, it's just jaw dropping," said awards co-founder Laura Brusseau.

Brusseau said a secret panel of judges reviewed all of the nominations with a rubric based on the narratives of their service.

"These kids do way

more than what the judges saw, these kid just are absolutely amazing," Brusseau said. "Our community is just so lucky to have them."

The winners in each category will receive their awards on April 7. The winners will receive money to go towards a service project or acts of kindness. Thanks to the awards' sponsors last year the kids got \$4,000 each for their causes.

The nominees were narrowed down to a total of 13 finalists in three categories: preschool/elementary school, middle school, and high school.

There are five finalists in the preschool/ elementary school cat-

Parker Ashton is a student at Pleasant Street School in Laconia. Brusseau said he donates Christmas presents to families in need. He also loves to bake and bakes cookies for local police and fire departments.

Connor Dunn also attends Pleasant Street School. Some of his efforts include walking dogs in his neighborhood and visiting veterans. During book fair days, he will bring money so he can buy books for kids who can't afford them.

Dunn and many of the other nominees are involved with a group called Cereal Heroes. According to their Facebook page Cereal Heroes will raise money for and collect breakfast food to help feed hungry kids. They will take part in a number of different activities, such as shoveling, selling blankets, and much more.

The youngest nominee is Harlow Jordan, who is five-years-old and attends Gilford Village Preschool. She put together Christmas stockings for families in need. For her birthday party, she asked for people to bring in cereal and donations that would all go to Cereal Heroes.

Eila Petty attends Southwick Elementary School in Northfield. She is active in Girl Scouts and 4-H and volunteers with the Tilton-Northfield Fire Department's Christmas Fund. Petty also works on a Facebook page Awareness for Adalyn to raise awareness of rare diseases. The page is in memory of her late sister, who had a rare genetic disease called lissencephaly.

Lydia Pickowicz attends Gilmanton Elementary School. She helps her classmates, donates gifts to families in need, and, according to the nomination, "lives her life spreading hope, joy, and love."

Four kids are nominated in the middle school category.

Matthew Beaupre attends Laconia Middle School. He is also a member of Cereal Heroes and helps out at Laconia Christmas Village. When a friend had to start using a

wheelchair he started a campaign to get a wheelchair ramp built at his friend's house.

Emma Davis attends Compass Classical Academy in Franklin. She is involved with her Girl Scout troop, volunteers at New Hampshire Veterans Home, collects can tabs for Shriners, and puts wreathes on veterans' graves on Memorial and Veteran's Day. She has also made a Kindness Rock Garden at her school. Davis helped make bird and bat houses when the Army Corps of Engineers put out a request for those.

Nathan Hobby of Laconia Middle School. He is one of the Cereal Heroes, visits residents at St. Francis Home in Belmont, and helps with the Laconia Fire Department's Fill the Boot campaign. He also enjoys spending time with his elderly neighbors and Helps shovel their driveways.

Luke Stafford of Laconia Middle School is also a Cereal Hero, donates to One Mission to help end childhood cancer, volunteers with Got Lunch! Laconia, rings the bell for the Salvation Army, and takes care of an Adopt-a-Spot in Laconia. For his recent birthday he donated everything he received to the New Hampshire Humane Society.

There were four nominees for the high school category.

Cassie Carron is a junior at Winnisquam Regional High School in Tilton. She volunteers at food banks. Tilton Rotary Learn to Fish Day, her church, local nursing homes, and for Meals on Wheels. Carron is currently working on her Gold Award, the highest award for Girl Scouts.

sette is a junior at Inter-Lakes High School in Meredith, where she is the president of Interact Club and serves on Student Council. She raises money for organizations such as the Make-A-Wish Foundation, the Wheelchair Foundation, and Shelter Box International and is a part of Hugh O'Brien Youth Leadership. Morrissette is part of her church's Children's Ministry and Youth Group.

Mackenzie Roys is a freshman at Gilford High School. She volunteers at Gilford Village Knolls senior housing community, helps clean up the Gilford Town Beach, and helps out at the annual Santaland at the Gilford Youth Center. Roys teaches dance at Frates Dance Studio in Laconia. She also went on a mission trip to Tennessee to help rebuild a house for someone in need.

Lydia Tucker is a sophomore at Laconia High School and is an active member of Interact Club and Key Club. The day of the awards she will be sworn in as District 5 Lieutenant Governor of Key Club, covering Maine and New Hampshire. Tucker has volunteered at Belknap House, the Polar Express in Laconia, breast cancer walks, the LRGH Auxiliary Baby Boutique babysitting for kids, and at her church and Sunday school. She has been involved in a suicide prevention workshop.

Anyone interested in attending or sponsoring the awards can contact the Spirit of Hope and Kindness committee at spiritofhopeandkindness@ gmail.com or visit their Facebook Page.

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE

Director Gilford Parks and Recreation

26th Annual Francoeur/Babcock Memorial Basketball

Tournament! Come and see Youth Basketball at its best in Gilford during the 26th Annual Francoeur/Babcock Memorial Basketball Tournament taking place at the Gilford Middle School from Thursday, March 7 to Sunday, March 10. Sponsored by the Gilford Parks and Recreation Department, the tournament will host 12 area teams consisting of boys and girls in grades 3 - 6 from Belmont, Gilford, Gilmanton, Laconia, Sanbornton and Tilton/ Northfield. This invitational tournament is held in memory of Aaron T. Francoeur who was a thirteen vear Gilford Middle/ High School student when he succumbed to cancer in the summer of 1993. Nathan Babcock's name was added in 2006 after he lost his battle with cancer in the fall of 2005. All proceeds from this tournament are given in scholarships in Aaron's and Nate's names deserving Gilford students who are furthering their post high school education. Many former players

The tournament this year will consist of the following divisions and teams:

and scholarship recip-

ients return each year

to help at the tourna-

ment, be it officiating,

scoring, timing, selling

tickets and t-shirts, or

working at the conces-

sion stand.

Junior (Coed) Division (Grades 3 and 4)

- Gilford, Gilmanton, Lou Athanas and Sanbornton

Senior Girls Division (Grades 5 and 6) -Gilford, Belmont, Lou Athanas and Pines

Senior Boys Division (Grades 5 and 6) -Gilford, Belmont, Lou

The schedule for the opening rounds of play will be:

Thursday, March 7

Junior Division (Coed) Gilford vs. Gilmanton at 5 p.m.

Division Junior (Coed) Lou Athanas vs. Sanbornton at 6:15 p.m.

Senior Girls Division Gilford vs. Belmont at 7:30 p.m.

Friday, March 10 Senior Girls Division Lou Athanas vs. Pines at 5 p.m.

Senior Boys Division Gilford vs. Lou Athanas at 6:15 p.m.

Senior Boys Division Belmont vs. Sanbornton at 7:30 p.m.

On Saturday, March 9, games will begin at 8 a.m., and the last game of the day will be played at 6 p.m. On Sunday, March 10, the Championship round games are scheduled to begin at 9 a.m.

The tournament is open to the public, and everyone, young and old alike, is invited to attend. The admission fee is \$2.00 for adults and \$ 1.00 for children. A Tournament Family Pass (all games) is also available for \$10. Children not of school age, coaches and players are free. Be sure to mark your calendars now and come join us for some great basket-

ball, positive competition, good sportsmanship, and community spirit!

Senior Moment-um Programs Lunch and Speaker on March 11

The Gilford Parks Athanas and Sanborn- and Recreation Department is sponsoring Senior Moment-um Program on Monday, March 11. We will meet in the Fellowship Hall in the Community Church at noon to enjoy a lunch that includes; shepherd's pie, salad and bread. We will also hear from an experienced physical therapist from Align Physical Therapy, who will be speaking about injury prevention and the importance of stretching. The cost for the meal is \$4 per person. Participants are asked to RSVP by Thursday, March 7.

Senior Moment-um Dinner and Show Night - Wednesday, March 13

Gilford Parks and Recreation in conjunction with the GHS Performing Arts, and the GHS Interact Club is sponsoring a Dinner and Show evening for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, March 13. Participants will meet in the Gilford High School Cafeteria at 5 p.m. to enjoy dinner put on by the GHS Interact Club. Following dinner, we will head into the Auditorium to watch the High School's performance of "A Seussification of a Midsummer Night's Dream." This fun, short play is a reimagining of how

Shakespeare's

ical tale might have played out if Dr. Seuss had gotten his hands on it! There is no fee for this program, but space is limited and reservations will be accepted on a first come **Participants** must RSVP by Friday, March 8.

For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

Tickets available for Red Sox bus trip on July 16

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Tuesday, July 16 to see the Red Sox play the Toronto Blue Jays. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early!

Cost: \$72 per person or \$270 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

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OPINION

What we need Pet of the Week: Alice

the most

What are the most essential things in life? What can we absolutely not live without? Some would say health, love and laughter; others might value freedom, family and friends. Happiness, success and wealth might also make the list. But how about... bread, milk and toilet paper?

If you've seen news coverage of a grocery store in the 24-hour period before a forecasted storm in certain areas of the country, then you know that this is exactly what, apparently, constitutes the most important things in life.

It seems to happen every time (although certainly not here in the all-weather Granite State): the weather forecasters predict the mammoth storm of the century and within hours, there's a news crew on location at a supermarket, looking much like an episode of a survival reality show. Shelves are emptied, there's not a single cart available and people roam the aisles with a look of both determination and desperation. The bread shelves are depleted; the milk cases are emptied; the paper products aisle is a wasteland (so to speak).

Clearly, those folks don't have much experience with severe storms. Yet most of us are only an unplanned power outage away from reacting in the same way. Our daily routines give life a shape and a focus, and when that routine is disrupted, we instinctively insulate ourselves with comforts and necessities. Weather forecasters have a knack for triggering that instinct, but almost any "out of the ordinary" event can do the same thing (remember Y2K?).

If our day-to-day living is threatened in any way, however temporarily, we batten the hatches and lay in the provisions and huddle around our devices (all fully charged as a precaution) and wait for the impending doom.

Our long-term plans are put on hold in favor of making sure, immediately, that we have what it will take to get through The Storm or The Outage or The Event. Our focus is on managing, feeling safe and secure and not wanting to be caught without some essential thing. Toilet paper clearly makes that list for reasons that are very obvious; bread and milk are more of a head-scratcher but obviously symbolize comfort to many. In some households, beer and wine might be the focus; in others, potato chips or cookies.

While catastrophe-related inconveniences are usually temporary, the build-in need for security, safety and comfort doesn't waver. The empty store shelves prove that we are in good company with one another during these events. Ultimately, everyone has something that they can't imagine being without, even for the duration of a storm.

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

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Our fax number is 279 3331. E-mail us at brendan@salmonpress.news. We're looking forward to hearing from you!





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This ultra sweet 2 year old mix came to us in January from the south and she would really love to find her people here in the lakes region and explore the beauty of the area with you. Being young, she's still quite the puppy, active, playful and ridiculously loving. She does seem to have some vision issues, although it's nothing too serious. She is pretty good with other dogs, although for some she might be a bit too much, in the energy department. She's learning how and when to chill and that most humans don't like it when she jumps up for attention. Ideally this beautiful girl would love an active family with teenage kids another dog in the house



and even a dog savvy cat. She's the type of girl who will give you a smile on even the cloudiest of days. Food is definitely a great motivator in educating her on the polite ways of the pup. so Go ask Alice, I think she'll know how to bring you eternal joy, laughter and love.

FROM OUR READERS

Notkin, Karagianis and Sullivan for Budget Committee

To the Editor:

Gilford voters are urged to vote for Rick Notkin, Peter Karagianis & Tim Sullivan for the Budget Committee. They will exercise prudent oversight & stewardship over Town finances, try to keep our property taxes within reason, strengthen our educational system, and further support our first-responders on the Police & Fire Departments.

Peter Karagianis & Tim Sullivan have served on the Budget Committee for several years with distinction. And Rick Notkin will be a great addition to the Budget Committee, with his common sense approach to fiscal management.

The Budget Committee is our first line of defense in attempting to hold back excessive spending by various elements of Gilford, forcing them to justify their never-ending requests for more money from the taxpayers each year.

So, please remember that elections do have consequences and cast your votes for Rick Notkin, Peter Karagianis & Tim Sullivan for the Gilford Budget Committee.

Norman J. Silber Gilford

I will bring the right attitude toward spending to Gilford's Budget Committee

To the Editor:

To borrow from "Cabaret": Money makes the world go 'round.

Money can be a store of wealth, a medium of exchange, a measure of worth, a vote of confidence, an investment vehicle, or a sign of success. What money is not is unlimited. Even for the Federal government (which can print more, which then devalues the rest), and certainly not for local governments.

I have read many recent articles and letters about this or that town or county project. A community center, a fire station, a jail addition, a downtown theater, a lactation room, a drug rehab program, a regional planning commission. There is a neverending list of things on which to spend money. Some are more worthy than others. Some sponsors' intentions are more altruistic than others. Different people have different views.

Can we agree that there aren't enough local monies to fund every project? If we can't, then you can stop reading. If we can, then the hard part comes: How do we choose which and how much? As Milton Friedman famously said, "There is no free lunch." Somebody pays.

Essentially, the money that Gilford and Belknap County spends comes from taxpayers. Yes, we could get grants from the State of New Hampshire, but those come from state taxpayers. The same for Federal grants. Or a bond can be floated, which means future taxpayers foot the bill.

Frequently, I read that proponents of a particular project refer to the money spent as an "investment.' The goal of investing is to gain a profitable return. The idea that if we spend money now, we'll avoid spending much more later" is not always realistic. It is closer to the definition of coercion.

The better way to assess the value of a commodity or product is the free market system. The poorest way of assessment is a bureaucracy — government or otherwise. We can see the costs of central planning if we look south to Venezuela.

It is distressing to me how frequently citizens turn to government(s) to solve social problems, considering the poor track record on that account. Can anyone name a program that either can't be or isn't being done better by the private sector?

To borrow from Friedman again, he said that there are four ways to spend money. When you spend your money on you, you care about the cost and the quality because it's your money and you'll end up with the product. When you spend your money on others, you care about the cost, but not the quality. When you spend other people's money on you, you care about the quality, but not the cost. When you spend other people's money on other people, neither cost nor quality is important. It's [mostly] not your money and you're [mostly] not the recipient.

I almost forgot to mention the budget "surplus." If you had your car repaired and found out that you were overcharged in error, would you just tell the shop to "keep it" so that the balance was on hand for next time? I think that most people would like the excess funds returned to them for their own use. So why does Gilford (and the County) insist on keeping the extra tax money that they collected from us?

I am running for the Gilford Budget Committee in an effort to be a good steward of the funds that are actually needed to keep our town healthy. I am asking for your vote on March 12.

Rick Notkin Gilford

Seeking your vote for school board

To the Editor:

My name is Kyle Sanborn, and I am publicly declaring my candidacy for a seat on our town's school board. Many of you have known me for a long time, as I was born and raised here, and am a 2001 alum of Gilford High.

I am a husband and father of three young children, two of whom are students in the Gilford school system and the third, almost three years old, is not that far behind. Currently, I am a senior technical quality specialist at New Hampshire Ball Bearings, where I have been employed for more than eight years.

I remember back in 1988, while in Kindergarten, that our community came together and covered the gym floor with loose change to raise money for the imagination station that loose change turned into the coolest playground any six-year-old could have. That serves as a reminder that when a community comes together, great things can be accomplished.

The education of my kids is undoubtedly the biggest contributing factor in my decision to run

for school board. However, our great republic depends on all of our students being fully equipped to succeed as good citizens and employees in the competitive and evolving landscape of the modern workplace. It is incumbent upon us to ensure our students are fully equipped for jobs in STEM and other highly skilled professions.

I understand the necessity to invest in our students and schools to assure that our students get a top-notch education with advantage we, as a community, can provide. I also understand the fiduciary responsibility I will have to the tax-payers of Gilford. Balancing these two will be a challenging task, but I believe that because I'm a father and a taxpayer, I possess the necessary objectivity to properly balance these two sometimes opposing values.

I am an active member of the Lakes Region community, having volunteered in organizing charity fundraisers such as softball tournaments and hosting the NFL Punt-Pass-Kick, among other events geared toward our youth. Bringing joy

SEE **LETTER** PAGE A9

NORTH COUNTRY NOTEBOOK

Getting the wood out, and thinking about mud



By John Harrigan

COLUMNIST

The frost has driven right down into Mother Earth as if impelled by a pile-driver. Loggers, who during this brief time can make best use of the winter roads they set up well beforehand, are hauling like mad.

Often, it's a Hobson's choice: A logging outfit is able to haul through a small window of time (i.e., as long as the road remains), but in a year of delicate economies (certainly not this one), a flood of wood can bring prices down. The canny logger already has contracts with buyers, so this can be one of the few examples of ink beating weather.

Winter roads are bulldozed, ditched and



Yes, the snow's that deep, or deeper. Bob Vashaw and his scoop try to make sense of it all, while loggers and truckers try to get a leg up on mud.

graded here and there when there's time over the summer. They look like the northbound barrel of I-93, but there the similarity stops. If you venture onto a winter road in July, your truck is likely

frame.

I did exactly that when I was mostly a full-time moron, meaning my teenage years, a time when I didn't know much and misused what I knew. Respect for someone to sink right onto its else's property dealt

with material goods, and did not extend to the land.

As a result of this stupidity, and a certain tendency to think that we were welcome just about anywhere, I steered the old International four-wheeldrive truck onto an inviting road of undisturbed green grass, and with a "whump!" dropped smack onto the frame. We walked a few miles to a phone, and Paul Amey came all the way over with a tractor and pulled us out, slicker than a trout.

Logging often gets bad press whenever a perfectly viable clearcut (now there's an oxymoron) appears, seemingly overnight, on a highly visible piece of landscape. The dynamics of forest recovery, and when clearcuts are appropriate and when they're not and how big they should be, if ever, make a great topic for kitchen-counter cussion. Arrange for late-night provisions.

But there is a good deal of Non-Urban Legend out there about logging. This is where the New Hampshire

Timberland Owners' Association comes in. Not only do Jasen Stock and crew keep good track of proposed bills in the Legislature that would affect logging. They also handle a wide range of questions from the media, and are always willing to help a reporter or TV crew visit a logging job, sawmill, or manufacturing plant.

+++++

I think many people conjure up huge corporations whenever logging becomes the issue of the moment ("Trees cut---gasp!---in Berlin! Film at eleven!").

But when I think of logging, I think not about the big, bad, uncaring cut-and-get-out companies of yore, but instead entire families for whom sustainable logging and the myriad jobs that surround it are a way of life.

Many of these, for want of a better term, are often called Mom and Pop outfits. A better name would be a partnership, or a division of labor, or just plain husband and wife. But no one term fits all, and if you drift into what's supposed to be politically correct in this business, forget it---abandon ship. It's also worth noting that in some husband and wife teams, roles overlap or mesh, to the point where the term "division of labors" is worth a sharp poke in the ribs.

++++

Not that I have any enmity for large logging companies and the trust funds and pension funds that hold so many thousands of acres, and hire foresters and jobbers and timber cruisers and construction companies to build and maintain the roads, manage it all, and get the wood out.

But I tend to dwell on scenes I have so SEE **NOTEBOOK** PAGE A9

MARK ON THE MARKETS

BY MARK PATTERSON Whenever we invest our money in any kind of investment vehicle such as stocks, bonds, real estate or commodities, we typically have expected return plugged into our brains based typically on past performance. I can relate to you about my early years as a stockbroker in the middle '90s. If I had municipal bonds to offer, the yield to maturity was often times between four and 6 percent tax-free to the client. Depending on the client's tax bracket, that could equate to a tax equivalent yield of eight or 10 percent. As a new broker, I would call the fixed income desk at my firm and try to get new issue municipal bonds held aside for me to garner new clients. The municipal bond buyers were typically wealthier or mature clients compared

Realistic expectations

stock investors. When I did open an account with that equity or stock client, I would discuss expectations for returns in the market. Often times clients would tell me that the expected return was somewhere between 10 and 20 percent. Certainly, the 20 percent expectation was high, but the 10 percent return expectation was a minimum expectation for those equity (stock)

clients. Typically, the investor is using a benchmark of returns from the past to form their expectations of returns in the future. This is often times unrealistic given interest rates and market returns over the last 15 years. Instead of benchmarks based on past market returns maybe we should think about the necessary return needed, that is reasonable in today's interest rate environment that we require for our future income.

Between 1984 and 1999, the S&P 500 returned nearly year including dividends. So my cli-

to the typical equity or ent back in 1995 who pared to a bond fund, expected up to 20 percent was really just conditioned by what the markets were actually returning. The next 15 years, 2000 through 2015, the S&P 500 returned a little over 4 percent, including dividends. Today, the yield on the 10-year note is about 2.7 percent. In 1995, the yield on the 10 year note was about 6.5 percent.

If you are investing money today, just think about real returns in this interest rate environment and understand that the dividend paying stocks are vulnerable to market volatility based on the fact that many investors and their advisors have chased yield and have taken, in my opinion, too much risk for that reward.

An investment grade corporate bond portfolio may offer a yield and coupon of between 4 and 6%, depending on effective duration. If structured properly your advisor should be able to immunize the portfolio against interest rate risk comthat is perpetual (no maturity date). I am not anti-common stock or equities; my intentions are to maximize returns and minimize risk and to structure a portfolio with purpose. The bond market is nearly twice the size of the stock market however, many new clients that I consult with are primarily in stocks or equity. I get it, stocks are much more exciting than bonds, however our brains chemically react three times greater when we are getting hurt in the markets as opposed to positive reactions in good times, so let's at least balance our portfolio by investing in low to non-correlated asset classes, known as modern portfolio theory.

Sharpe sell-offs or elongated bear markets deplete our monetary and emotional capital.

Mark Patterson is an advisor with M HP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.



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Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



John Wayne and Maureen O'Hara spar in "McClintock!" on LRGH this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (March 8 & 9) for our "LRPA After Dark" presentation of 1963's boisterous come-"McLindy-Western tock!," starring John Wayne and Maureen O'Hara.

George Washington McLintock (Wayne), a wealthy, middle-aged cattle baron who owns the largest ranch in the territory, should be enjoying his wellearned prosperity, but instead has his hands full. His lovely, headstrong wife Katherine (O'Hara) packed up and left him two years ago to move back East, where she mixes with a high class crowd. Homesteaders quickly moving into the territory, hoping to take advantage of the

to farm land that soon will be overcrowded. The Indian agent (a delightful Strother Martin) wants to ship the Indians off to a reservation. Many of them are McLintock's friends, and none of them want to go. Katherine is coming back to town to get a divorce and take custody of their teenage daughter Rebecca (Stephanie Powers), who attends college back East and has become estranged to the ways of the West. Add to the mix inept officials, anxious landowners, strong hired hands (including Wayne's actor son Patrick, playing the love interest of Powers) and a madcap, muddy finale, and you have all the makings of a sprawling, brawling Western comedy.

government's offers loose adaptation of "The Shakespeare's Taming of the Shrew," was produced Wayne's Batjac Production company. He needed a hit to recoup the fortune that he had

mo three years earlier. friends and colleagues, "McLintock!" was a box office success, the 11th highest-grossing film of 1963. The film also gave Wayne the opportunity to work ern actors Chill Wills, SEE McCLINTOCK!PAGE A9

including close friend Maureen O'Hara, with whom he made five films over 22 years, as well as veteran West-

lost making The Ala- with many of his old Bruce Cabot, Edgar Buchanan, and Bob Steele, among many others. "McLintock!" is an enjoyable movie, particularly for fans of The Duke. Film crit-

LRGHealthcare Mothers' Milk Center to celebrate addition of milk depot service March 6

LACONIA — LRG-Healthcare announces the addition of a mothers' milk depot to the LRGHealthcare Mothers' Milk Center. The addition of the depot service now makes the LR-GHealthcare Mothers' Milk Center a full service mothers' milk dispensary and drop-off facility within Belmont Medical Center. Both services are offered in partnership with Mothers' Milk Bank Northeast.

All are invited to at-

this addition Wednesday, March 6 at noon at Belmont Medical Center (formerly Summit Health), 8 Corporate Dr. in Belmont. Belmont Medical Center is the home of LRGHealthcare's Caring for Kids pediatrics practice, Belmont Family Health and the LRGHealthcare Mothers' Milk Center.

A milk depot is a community location where screened milk donors can drop off

tend a celebration of milk for shipment to a milk bank. The milk bank collects milk from mothers who have more milk than their babies need; screens, pasteurizes, and tests the milk; then dispenses it to mothers who do not have enough milk for them. Mothers from the Lakes Region will now be able to drop off their milk conveniently at the depot for shipment to Mothers' Milk Bank Northeast. With the opening of this location, the LRGHealthcare Mothers' Milk Center joins 22 depots in nine states throughout the Northeast, including six in New Hampshire,

> managed by Mothers' Milk Bank Northeast. "The milk depot was a natural next step in the progression of our wraparound services for families caring for Coulter, MD, Medical Director for Caring for Kids. "By removing the geographical barrier to donating, we enable mothers with more milk than their babies need to give the gift of human milk. The dispensary feedback has been overwhelmingly posi-

> tive and we are proud to

support the health and well-being of Lakes Region families."

Mothers' Milk Bank Northeast is a nonprofit community milk bank accredited by the Human Milk Banking Association of North America (HMBANA). The milk bank has been screening donors, pasteurizing milk, and dispensing to over 85 hospitals and to families throughout the Northeastern United States since 2011.

Families and healthcare providers seeking more information on receiving or donating milk can check the milk bank's website athttps://milkbankne. org/. For LRGHealth-Mothers' Milk Center hours and procedures, contact Caring for Kids at 528-0995.

LRGHealthcare infants," says Susan a not-for-profit healthcare charitable trust representing Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our com-

munity.







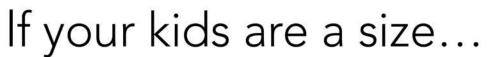
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For more information, visit http://www.cdc.gov/flu



LRGH Auxiliary holds Annual Meeting

LACONIA Lakes Region General Hospital Auxiliary recently held their annual meeting; the event highlighted the 2018 accomplishments of the Auxiliary, the induction of a new president, officers and contributions of the Auxiliary to priority projects at LRGHealthcare.

In 2018, the Lakes Region General Hospital (LRGH) Auxiliary donated more than \$60,000 in support of programs and services at LRGH. Funds are raised through the Annual Fall Craft Fair, Tree of Love, raffles and year-round work of the LRGH Auxiliary Gift Shop, located at



Engraving, Awards & Gifts recognized for Membership Milestone International **Awards and Personalization Association**

LACONIA — Engraving, Awards & Gifts, a leading ceremonial products retailer and manufacturer of awards and incentives, has been recognized for 25 continuous years of membership in the Awards and Personalization Association. The Laconia Company was one of 34 companies recognized during the annual meeting on Friday, Feb. 15 in conjunction with the International Awards & Personalization Expo in Las Vegas. Attending the expo was company

President Bob Powers tion." and Vice President Dana Powers. The company will also be recognized in the organization's Insights magazine.

Cody Stewart, president of the Awards and Personalization Association, sent a congratulatory letter and a gold "25 Year Member" pin to Dana Powers, Vice President of the company, and stated, "Wear it with pride at local community events and at future expos. Thank you for contributing to the success of the associa-

Engraving, Awards & Gifts wishes to extend a "thank you" to its loyal customers for helping them achieve this milestone.

About Engraving, **Awards & Gifts**

Headquartered Laconia, Engraving, Awards & Gifts is a leader in the personalized and ceremonial products industry. They are the leading supplier of ceremonial groundbreaking shovels, ribbon cutting scis-

sors, and ceremonial fire axes. Their graphic designers personalize a wide variety of products for ceremonial ground breaking occasions, commemorative events, awards for excellence, trophies, unique keepsakes and company promotions. They provide customers in New Hampshire and around the world with quality products and excellent service. For more information, call 1-800-203-9588 or visit www. EngravingAwardsGifts.

lates incoming LRGH Auxiliary President Paulette Adams, who accepts the gavel from outgoing Auxiliary President Nancy Paterno.

LRGHealthcare President & CEO Kevin Donovan congratu-

Lakes Region General rill as incoming Vice Hospital.

"The Auxiliary is vital to our commitment to strengthen the wellbeing of the community," said LRG-Healthcare Director of Communications Sandy Marshall. "We are so grateful to all of our volunteers for their dedication and continued support."

The Annual Meeting outlined transitions of incoming and outgoing officers, as well as board member changes. Auxiliary President Nancy Paterno passed the gavel to incoming Paulette President, Adams; while Adams welcomed Nancy Mor-

President. Additionally, Don Lockwood will continue serving as Treasurer, while James Rowe has accepted the role of Assistant Treasurer; Barbara Tuttle and Barbara Rowe were elected as Recording and Corresponding Secretaries, respectively. iary Board Officers thanked directors, Nancy Paterno, Sue Dalton, Kathy Collins, Pam Patenaude, Patty Rice and David White for their continued service—and former Auxiliary President Ernie Bolduc, who was voted to Director Emeritus.

SEE **LRGH** PAGE A9

GOT LUNCH to hold Election Day food drive

12 at the Gilford Youth Center, 19 Potter Hill Rd. in Gilford. The Food Drive will provide meals for children in the Gilford School District who benefit from the Gilford Got Lunch program.

We ask that everyone bring non-perishable items to the polls when you come to vote. Suggested items include: peanut butter, instant oatmeal packets, canned soups,

LUNCH is sponsoring er packages, granola tion, but also on weekan Election Day Food bars, Ritz or saltine ends during the school Drive, Tuesday, March crackers, canned pas- year. This program (Ravioli/Mac-n-Cheese), canned fruit. Please do not bring glass containers or expired items.

About Gilford Got Lunch

Gilford Got Lunch was started in 2014. This year, the Gilford Got Lunch program provided over 5,500 meals to the greater Gilford area. The program provides meals not only during the

GOT peanut butter crack- summer school vacais made possible by active support of volunteers, in conjunction with the Gilford School System and has made a real difference to those families in

For more informa-

If you are interested in more information about the Gilford Got Lunch program, visit our Web site at www. gilfordgotlunch.com.



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Women May Need to Make Extra Financial Moves

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International Women's Day will be observed on March 8. Around the world, special events will celebrate the cultural, social, political and economic achievements of women. However, this last area - economic progress - is one that still causes concern, and rightfully so, because women still face gender-related challenges. How can you deal with them? To begin with, you need to recognize the nature of these challenges. While many factors are actually responsible for women facing more economic pressure than men, two stand out in particular:

Gender wage gap - It's still

around, despite some progress toward equality. The U.S. Census Bureau has found that full-time, year-round working women earn about 80% of what their male counterparts earn. Other studies show a

slightly smaller gap. Caregiving responsibilities -Women typically take more time away from the workforce than men, both to raise children and then, later in life, to take care of aging parents. These absences can result in lost wages, lower Social Security benefits and fewer contributions to 401(k) and similar retirement plans.

can you do to improve your own financial outlook? Here are a few suggestions:

Increase your contributions to your retirement plan. Every time your salary goes up, increase the amount you contribute to your 401(k) or similar retirement plan. At a minimum, put in enough to earn your employer's match, if one is offered. These plans offer potential tax-deferred earnings, and since your contributions are typically made with pre-tax dollars, the more you put in, the lower your taxable income. Invest for growth. Some studies show that men may invest more aggressively than women

- though not necessarily more successfully. However, while you do need to invest wisely, you can't ignore the need for growth. Consequently, you should consider including a reasonable percentage of growth-oriented investments in your retirement and other investment accounts, with the precise amount depending on your individual goals, risk tolerance and time horizon.

Look for income even while serving as caregiver. Of course, you may never become the primary caregiver for your elderly parents - but even if you do, it doesn't necessarily follow that you must forego all

earned income. If it's possible, you could seek to go part-time at your current job, or request some type of telecommuting arrangement. And as long as you have some earned income, from somewhere, you can still contribute to an IRA.

Manage retirement plan withdrawals carefully. Once you're retired, possibly to become a full-time caregiver, you can take penalty-free - though still taxable - withdrawals from your 401(k) as early as age 55, provided you meet certain conditions. Once you're 59-1/2, you can take penalty-free withdrawals from a traditional IRA, though the money will be taxable. While you can withdraw contributions you made to a Roth IRA at any time, taxand penalty-free, you'll have to wait until 59-1/2 to take out your earnings free of taxes and penalties. And you'll need to find a sustainable withdrawal rate so you can reduce the risk of depleting these accounts too early.

As a society, we are still working toward equality for all people - including economic equality. As a woman, however, you can't afford to wait until that day arrives, so you need to be proactive in seeking and maintaining your financial security.

So, given these realities, what This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Bank of New Hampshire promotes Bambi Benton to Commercial Banking Officer

of New Hampshire is that Bambi Benton Commercial Banking

LACONIA — Bank proud to announce has been promoted to Officer.

Benton joined Bank

"Committee on Town Committees" Chair to address **Belknap County Republicans**

Belknap County Republican Committee is holding their next monthly meeting on Wednesday, March 13, at 6:30 p.m. at the Laconia VFW, 143 Court St, Laconia.

The Committee is pleased to announce that Kate Day, newly appointed Chairman of the NH GOP "Committee on Town Committees," will address the Belknap County Committee. Day was the

Cheshire County GOP Chairman, and most recently ran for Vice Chairman of the New Hampshire Republican State Committee. She will share her thoughts about how she will work with and guide all county committees across the state to build new town committees and revitalize inactive ones with a goal of 100 new town committees across the state.

Once again, members of the Belknap

are asked to bring a friend (or two!) to this month's meeting as the Committee is intent on increasing their membership with people from all age groups, and in particular young Republicans from 18-40 years of age.

Belknap County GOP meetings are open to ALL Republicans and like-minded Independents. The Committee suggests that you arrive as early as 5:30

p.m. to socialize with other members.

As has become a monthly tradition, the Committee encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the Committee, please check the Committee's website at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.



Bambi Benton

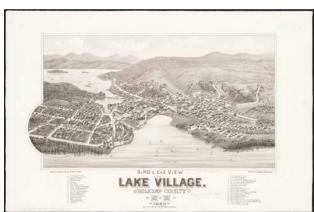
2004 in the retail loan servicing department. She transitioned to

of New Hampshire in commercial lending in 2010, and has held the positions of Commer-SEE **BENTON** PAGE A9

A Celebration of Lakeport: Photos through the Ages at Taylor Community

LACONIA — Laconia's local historian, Warren Huse, presents a celebration of Lakeport through a variety of selected images, Wednesday, March 20 at 6:30 p.m. in Taylor Community's Woodside Building.

Huse, past president of the Laconia Historical and Museum Society, will provide a detailed history associated with each image, chosen from the nearly 200 photos published in



an annual calendar The Lakeport Community Association has been producing for the past 19 years.

In view of their involvement in the production of the calendars, as well as their dedication to Lakeport history, the program is dedicated to the memory of Bob and Anita Fortier, Wanda Tibbetts and Armand Bolduc.

Taylor Community is the premiere not-forprofit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org or call 524-5600.

Comedy featuring Frank Santorelli at Pitman's

LACONIA — Pit- the world's most faman's Freight Room is pleased to announce that our March Comedy Night on Friday, April 5 at 8 p.m. will feature Frank Santorelli.

Santorelli is an Italian-American who is best known for playing the recurring role of "Georgie the Bartender" in The Sopranos. Frank is also well known for his star role in The Godfathers of Comedy. He has starred in numerous movies, ervations," "Meet the Parents," and "Crooked Lines." Santorelli's passion has always been comedy. He has headlined at some of mous comedy clubs in New York, Los Angeles and across the country.

Opening the show is Nick Lavallee. Nick Lavallee is an American comedian, musician, and singer-songwriter from Manchester, New Hampshire, States. Active in standup since 2009, Lavallee has released four albums, numerous Web videos, and has performed with Andrew Dice Clay, Bo Burnincluding: "No Res- ham, Bob Marley, Doug Stanhope MC Lars, and Sally Struthers.

> Doors open at 7 p.m., and we are a BYO venue. For reservations, call 527-0043.

Guys' Night Out at Gilford **Community Church**

(Ret.) will present a program on our local Civil Air Patrol's mission and its role in air rescue operations in New Hampshire. Col. Moran will be the presenter at the Guys' Night Out program on March 14, beginning at 5:30 p.m. with a social hour followed by a

Colonel Bill Moran dinner by Ellie Murphy. Reservations are needed by March 11, and can be made to the Gilford Community Church's office at 524-6057. The church is located in historic Gilford Village at 19 Potter Hill Rd. The cost is \$12, and the evening is open to all men in the Lakes Region.



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(Continued from Page A1)

ARTICLES

(Continued from Page A1)

fire station, also coming from fund balance.

Completing the improvements to the recycling center will be done for \$400,000 with the passage of Article 7. The amount will come from fund balance.

Articles 8-17 are for money to go into different capital reserve funds. Article 8 will put \$2,900 into the Police Dog and Training CRF. Articles will put \$50,000 in the Sidewalk CRF in Article 9, the Fire Water Supply Maintenance fund under Article 12 and the Recreation Facilities Maintenance fund in Article 13.

The Technology fund will receive \$12,131 in Article 10, the Building Repair fund will get \$20,000 under Article 11, the Fire Equipment Capital Reserve fund will get \$100,000 under Article 15, \$58,000 for the Lakes Business Park Capital Trust Fund under Article 16

The Glendale Boat and Launch Ramp Facilities Maintenance fund (Article 14) and the Sewer Maintenance fund (Article 17) would receive \$10,000 each.

Article 18 would adopt an ordinance waiving motor vehicle permit fees for one vehicle if the owner was captured and imprisoned for more than 30 days while serving in war or a qualified armed conflict and was honorably discharged.

Article 19 would allocate \$100 from the sale of cemetery plots to go into the general fund with the balance going into the Cemetery Trust Funds for cemetery care and maintenance.

Articles 20 and 21 would put money toward different regional agencies. Article 20 would give \$21,000 to Lakes Region Mental Health Center for emergency mental health services. Article 21 would put \$2,630 toward New Beginnings Without Violence and Abuse.

If Article 23 is passed, Keno would be allowed to be played in town.

Article 23 is a petition article that would change the date for town elections from the second Tuesday in March to the second Tuesday in May.

The full list of warrant articles is on the town Web site at www.gilford-

(Continued from Page A4)

student centered. Thank you for the page.

If you have any questions, please reach out to me directly on my Facebook school board

Best,

Gilford

PARKING

things for the 98 percent of RV owners who don't do this.

The one time he has ever parked overnight in a Walmart lot was on a trip back from Oklahoma, where he was tired driving and asked the manager of a Walmart if he could park and get some rest for the night.

"That's what Sam Walton intended for us to do," Rohr said. "It's a place for somebody to stop and rest overnight or four or five hours or whatever."

He was concerned that this ordinance could lead to preventing drivers from stopping to rest when they needed it.

"I don't want the chief or any of his officers to peel me or any other motor home off the bridge abutment at the bypass because we fell asleep," Rohr said.

Bean Burpee said the ordinance is aimed at that small percentage of RV drivers who do set up camp in a parking lot for an extended period of time. He said this is especially an issue during Bike Week. Sometimes they will try to find the owner of an RV parked for an extended time but can't because the owner is staying somewhere else and parked there. This practice can also lead to some criminal activity.

Bean Burpee said

officers will regularly patrol business parking lots. If a vehicle is parked overnight they will check it out and determine their action on a case by case basis. If someone is parking to get some rest they will be allowed to continue what they're doing and he said most will be gone before the business opens in the morning. He said these drivers also usually don't pull out the sides on their motorhome and set up other amenities in the parking lot. This ordinance is a tool with which the police can cite people for camping out like that in parking lots.

Selectman Richard Grenier said his initial reaction to this is opposition, saying it should be up to the businesses to call the police in these situations. Benavides said this ordinance has already been in place for 20 years, and this hearing was just to clear up language and put correct references in. Grenier expressed concern that this was an ordinance that hadn't been enforced in 20 years, but would be now. Bean Burpee said the ordinance has always been

Grenier said wasn't a fan of writing an ordinance to address one weekend in the summer. Benavides said while he would agree with Grenier, he said this could be an issue all year. One example being people who might park their snowmobile trailers by the movie theater.

enforced.

"My hands are tied because of a vote in 1999," Grenier said.

The selectmen voted unanimously in favor of the changed ordinance.

LETTER

to young hearts and minds is extremely rewarding. I've coached multiple sports, and am passionate about helping kids build their confidence, character, and respect for others.

Being elected to the

school board will just be the next step in my journey of being child/

time you took to read this, and I hope that you will cast your vote for me on March 12.

Kyle Sanborn

McCLINTOCK!

(Continued from Page A6)

NOTEBOOK

often seen in woods and kitchen---the guy trying to do his main job and get the wood out to where it can be loaded ono a truck, often running an ageing cable skidder, sometimes with one helper, often working on the ground, the deadliest place to be; and the woman, tired already from a normal day's

work, running the

household, taking care

LRGH

of the kids, and meanwhile a full partner in running a logging company, with insurance and taxes and a pile of paperwork to deal with, unable to get a stack of bills out of her mind while she tries to decide which checks just won't wait.

Loggers have only a few more weeks now of good, hard freeze-up, depending on geography and where the sun doesn't shine. They're racing for places saved up for this very time, when winter roads and skidder trails are softening from the northbound sun, and we're almost into that unsung

(Continued from Page A5)

(Please addressmail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

season called Mud.

ic Bosley Crowther of The New York Times summed it up best when he wrote: "Mr. Wayne is in there swinging all the way, as a reactionary old baron coping with encroaching homesteaders, discontented Indians, a mardaughter riageable and a rebellious wife. He dispatches them all in his usual manly manner, never wasting a word when a fist

sex, seem to love it." Join us after dark and see if you love it, too! You can't find tele-

combatants, of either

vision like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www. lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Channel Broadband 24 (educational programming and public bulletin board), Chan-25 (information and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas.

encourages artistic and creative expres-

promotes a well-informed public through governmental trans-

parency, and unites our communities through the power of media and

technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www. lrpa.org.

"I am honored to ac- am committed to con- LRGH cept the role of LRGH Auxiliary President. I want to thank Nancy Paterno for her ten years of remarkable leadership; she is certainly leaving some big shoes to fill," stated Paulette Adams. "I

tinue building upon the legacy of the LRGH Auxiliary in support of Lakes Region General Hospital."

In addition to board changes, the Auxiliary presented a check for \$50,000 towards the

ReimaginED Capital Campaign to renovate the LRGH emergency room.

Formed in 1893, the LRGH Auxiliary supports the mission of the hospital by volunteering their time to fundraising

hospital-based vices, and community outreach. If you are interested in learning more about the LRGH Auxiliary, please check out their Facebook page or call 524-3211, ext. 3663for more

could do the job. His

(Continued from Page A7)

BENTON

cial Services Representative and Portfolio Manager. In addition to her portfolio management responsibilities Bambi assists businesses and municipalities with their lending needs and also handles many of the behind-the-scenes aspects of lending functions for loan requests.

Benton is a graduate of the Northern

New England School of Banking and the ABA National Commercial Lending School. She is active in the community and serves on the board of Gilford Village Knolls, Inc and on the bank's internal United Way commit-

Benton works out of the bank's Laconia office at 62 Pleasant St., and can be reached at

527-3264 or bbenton@ banknh.com.

Bank of New Hampshire, founded 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 24 banking offices and assets exceeding \$1.6

(Continued from Page A8) billion, Bank of New

information.

Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.







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Come join us for ... Wine Not? **Every Monday Night** 4:30 - 9 pm \$50 per couple Includes Dinner & Bottle of Wine

- LIVE ENTERTAINMENT IN THE PUB -Friday, March 8 **Taylor Whiteside**



Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands. Please drive carefully.



if you only

had the time, right? Now you do. 3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

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peacecorps.gov/response

Quilters Guild exhibit on display at Belknap Mill

LACONIA — The Belknap Mill thrilled to welcome home the Belknap Mill Quilters Guild in March! A small variety of the incredible work of the Guild will be featured in the 'Quilts in the Mill,' exhibit in the Riverside Gallery from March 2 – March 30. The exhibit will be open to the public Monday-Friday 9 a.m.-5 p.m. and Saturdays 9 a.m.-4 p.m.

The Belknap Mill

Pappas

comes

visits LRCC

Dr. Larissa Baia (left),

President of Lakes Region

Community College, wel-

Chris Pappas (right),

Democratic Member of

the United States House

of Representatives to

Lakes Region Community

College. Pappas, who rep-

resents New Hampshire's

first district, was on cam-

pus Wednesday, Feb. 20

where he hosted a town

hall meeting.

Congressman

Courtesy

Quilters Guild began day meet at the Bean ter, the Interlake's as a small group of quilters looking for a place to gather and work on their favored pastime. Founded in 1978, the group met for 23 years in the timeless brick structure and shared their works of art at the annual quilt show held in October. By 2001, the Guild had outgrown the space of the Belknap Mill and found a new home with the Opechee Conference Center and to-

Center on Blueberry Lane in Laconia.

This quiet group of almost 120 members can be found each month offering programs and lectures on the topic of quilting and fiber arts. During the two 'Sit-n-Sew' workshops held annually, members focus on completing quilts of all sizes that will be donated to several local organizations; Spaulding Youth CenChildren's Fund and the Recovery Program at the Belknap County Jail. The Comfort Quilt Program has provided thousands of quilts to those in need.

The exhibit at the Belknap Mill will be only a taste of what the Belknap Mill Quilters Guild will be showing during their 'Harvest of Quilts' Show in October. Funds from this show are used for charitable giving to



Members of the Belknap Mill Quilters Guild stand alongside "The Mill Quilt" that hangs in the Rose Chertok Gallery of the Belknap Mill. Donated by the Guild in 1982, it depicts several versions of our Mill. From left to right: Ila Mattila, Membership Chair, 14 year member, Jody Saulnier, Publicity Chair, 20 year member, and Marlene Morin, 10 year member.

the New England Quilt Museum in Lowell, Mass. and the Lakes Region Scholarship Foundation.

For additional information regarding napmill.org. the Belknap Mill Quilters Guild please visit their website at www. bmqg.org. For more

information about the Belknap Mill, this exhibit and other programming please visit the Facebook page or Web site, www.belk-

Theme for Interfaith Prayer Breakfast announced

LACONIA — The Lakes Region Interfaith Prayer Breakfast Committee is fast at work on details for this year's event, to be held Thursday, May 2 at St. Andre Bessette Parish Hall. Suggested by an attendee at last year's breakfast, the theme is "Prayer and Faith in the Military." Guest speaker will be Chaplain (Major) Steve Veinotte who currently serves as Fulltime Support Chaplain for the New Hampshire National Guard.



Committee member Rev. Paula Gile (center), Assoc. Pastor of the Congregational Church of Laconia, presenting a check to Navigating Recovery Exec. Director Daisy Pierce, PhD (left) and Valene Colby (right), Certified Recovery Specialist.

Proceeds from this originally event will be shared as the National Day of equally between Gilford Prayer in 1952. Now based Patriot Resilient in its fifth year, this Leader Institute, which local effort- has comprovides four (4) day mittee members from retreats (Camp Resil- several area churches ience) for disabled veterans from throughout New England, and the Laconia VFW "Field of Flags" commemorative display for Memorial Day, 2019.

This local breakfast is but one of thousands conducted across the U.S. every year on the first Thursday in May,

to include: Congregational Church of Laconia, First United Methodist Church, Gilford Church. Community Lakes Region Vineyard Church, Parish of St. Andre Bessette and Temple B'nai Israel. Other area churches wishing to participate should contact Chris Ray at 528-2920.

Bluesman Willie J. Laws takes the stage at Pitman's

LACONIA — Pitman's Freight Room on New Salem Street in Laconia welcomes the Willie J. Laws Blues Band Friday night, March 8 at 8 p.m.

Willie J. Laws has more than 25 years of performing experience and has traveled the world making music. The influences heard in the music of the Willie J. Laws Band are many and eclectic. There are deep roots in Texas music tradition and uniquely American roots music. Raised in the Gulf Coast of Texas, Willie J. developed his "funky blues" guitar and vocal sound, influenced by Texas Blues and R&B, Tex-Mex Tejano/ Conjunto, Louisiana Zydeco, and Country.

Fans call him "the Real Deal."

His work over the past 25 years includes performing house band for The House of Blues in both Las Vegas and New



The Willie J. Laws Blues Band

Orleans, and as well as Margaritaville in the "Crescent City." He performs nationally and internationally with the Grammy award-winning Tejano

acs." While living in Texas, Louisiana, Nevada, and California he repeatedly opened for BB King, Etta James, Buddy Guy, Willie Nelson, Hall & Oates, band "Los Texmani- Lynyrd Skynyrd and

numerous others.

Laws now lives in Massachusetts, travels from New Hampshire to New York City to Texas and beyond, and plays hardcore, authentic Blues

with a twist of Zydeco, R&B and Funk. www. pitmansfreightroom.

Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043.

Taylor Community hosting lecture on Supreme Court March 14

LACONIA Gilford lawyer and former State Representative Norman Silber will present his highly informative lecture on the Supreme Court of the United States (SCOTUS). Information will include how cases are heard and decided by the Court; the present and possible future composition of the Court; some recent Court decisions and some controversial decisions that may be revisited in the near future; and why people have said for years "Don't make a federal case out of it!"

Join us Thursday, March 14 at 6:30 p.m. in Taylor Community's Woodside Building for this educational presentation with an opportunity for questions and answers. Free booklets containing the text of the Declaration of Independence, the Constitutions handouts of other relevant information will be available.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org or call 524-5600.

SECTION

MARCH 7, 2019

THE GILFORD STEAMER

NewHampshireLakesAndMountains.com





Joey Blake had the game winning goal for the Bulldogs in the opening round of the state tournament.

Colin McGreevy played an incredible game against the Warriors to help lead the team to victory.

Bulldogs move on with win in double-overtime thriller

BY BOB MARTIN

Bob@Salmonpress.news LACONIA mont/Gilford and Hollis-Brookline/Derryfield went head to head in the first round of the Division 3 hockey tournament last week, and it was a thriller from the opening puck drop to the game-winning double-overtime goal for the Bulldogs, who came away with a dramatic 2-1 victory.

Both teams had no problem getting shots off all night, with the goalies putting on a show, turning shots away over and over again. The first period was a back-andforth battle where the goaltenders shined. Colin McGreevy had 10 of his 40 saves in the period, while Chris Slater of H/B/D had 11 of his 55

total saves. It was a 0-0 game after the first period, but then with 12:10 left in the third period, Paul Vachon scored to give H/B/D the 1-0 lead. The Warriors held this lead until the third period thanks to outstanding work in net by Slater, but with 5:36 left in the game Cam Jarvi scored on an assist by Hayden Parent to tie things up

at 1-1. Both goaltenders continued to knock away saves and gobble up pucks until the end of regulation and it was time for overtime hockey. The first overtime period began with a fiveon-four power play for the Warriors, but the Bulldogs did a good job

killing the power play and keeping the game tied. McGreevy was a star in the overtime with 20 total saves.

second overtime and the Bulldogs had a power play to start the period. Belmont/Gilford managed to fire off a barrage

of shots and finally wore down Slater with an unassisted game winning goal by Joey Blake. The fans in Merrill

The game went into a Fay Arena went nuts and the Bulldogs tackled and hugged each other in the ice in celebration.

Coach Jason Parent was thrilled with the

win, and commended McGreevy for his outstanding work in net.

"I thought the game was well played by both teams," said Parent. "I expected to get the best from Hollis/Brookline and felt that our guys played just as well. The goaltending was the key

in the game and both of the goalies played outstanding. The game was really a battle and we finally got the bounce we needed to put us over the top."

Parent said the Bulldogs skated hard in practice for five straight days and have skated

extra long practices this year to prepare for marathon style games like these. While the players were clearly gassed, the team was motivated to come away victors and move on in the state tournament.

> "The players were SEE **HOCKEY** PAGE B8

Gilford and Belmont skiers race in Meet of Champions

Bob@Salmonpress.news

FRANCONIA - Members of the Gilford and Belmont ski teams traveled to Cannon Mountain for the Meet of Champions last week, where local skiers went up against some of the best from around the Granite State.

Gilford

Gilford sent three members of the girls' ski team to the Meet of Champions. In the slalom, Bethany Tanner was 27th with a combined time of 1:21.41 and Sydni Lehr was 32nd with a time of 1:27.49.

In the giant slalom, Tanner was 13th with a combined time of 1:22.92 and Lehr was 14th with a time of 1:23.75.

Shealagh Brown qualified for Meet of Champions but did not



Sydni Lehr skied at the Meet of Champions for Gilford High

Belmont

Katie Gagnon represented the Belmont girls' ski team at Meet of Champions. In the slalom she was 15th with a combined time of 1:17.60. In the giant slalom she was 23rd with a combined time of 1:26.69.

For the boys' team, in the slalom, Mitchell Berry was 20th with a com-



Bethany Tanner was 13th in the giant slalom and 27th in slalom at the Meet of Champions hosted by Cannon Mountain.

bined time of 1:16.42. Lars Major had a tough first run with a time of 52.19 but bounced back with a time of 35.30 in his second run, for a combined time of 1:27.49

good for 24th.

In the giant slalom, Major was ninth with a combined time of 1:17.17 and Berry was 29th with a combined time of 1:25.74.





January stretch highlight for Gilford hoop girls

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD - The Gilford girls' basketball team and three other teams were tied at the season end with an 8-10 record, and the Golden Eagles made the Division 3 state tournament as a 12 seed.

The Golden Eagles, had difficulty throughout the season going on winning streaks, finished the regular season with three losses and a tournament loss to White Mountains on the road. However, the team did



Pair of volleyball camps offered this summer

REGION — Are you looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush is available for girls entering the seventh through ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point Center on Lake Winnipesaukee in Moultonborough.

The two sessions are July 7 to 11 and July 14 to 18. Plymouth State University head women's volleyball coach the camp and the staff passsetcrush.com.

features several New Hampshire volleyball coaches and outstanding high school and college players from around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with lifeguards.

Please contact Forge for further information at 387-1202 or visit www.

Forge will also be hosting Panther Volleyball Day Camp July 22 to 25. This camp will feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at jcforge@plymouth.edu or call 387-1202.

New England Wolves

will be having midget

tryouts on Wednesday,

March 13, at Merrill

Fay Arena in Laconia

The midget pro-

gram competes in the

NEPHL split season

league, the program

runs from the end of

from 5 to 6:30 p.m.

Hannah Perkins wrapped up her high school basketball career at Gilford. and finished with more than 350 points and 300 rebounds.

have a fantastic stretch of basketball in the last two weeks of January where the team won four out of five games.

Senior Hannah Perkins wrapped up her career with a solid senior year where she had 182 points and 167 rebounds. She was a twoyear starter and a vital part of the team's post game and rebounding. Over her career she had more than 350 points, 300 rebounds and recorded 11 double/dou-

Junior Shelby Cole broke out this season with 13 ppg, 4.2 assists, 4.4 steals and 4.7 rebounds. She led the team in three-pointers with 44. Cole has more than 700 career points and has a shot to be just the third 1,000-point scorer in Gilford girls' basketball history.

Junior Abby O'Connor had 115 ppg this year and had the second highest rebound total with 131. Junior Reagan McIntire had 144 points this season and was second in three-pointers with 19. Sophomore Allison Carr had 158

Wolves holding midget

tryouts on Wednesday

points this season.

Junior Abby Warren came off the bench provided some great court time as a defensive stopper and rebounder. Juniors Kyla Mercier and Gwen Knipping also provided valuable minutes down the stretch and coach Rick Forge commended them for their constant improvement and determination.

Forge also noted that JV swing players Caroline Dean and Lindsey Sanderson, along with freshmen Maura Hughes and Kate Sullivan, provided valuable minutes and should be a big part of next year's squad.

"With a whole new look team from last year (graduated six seniors) and an aggressive schedule the Eagles still managed to compete and made the D-3 tournament as the 12 seed," said Forge. "Gilford played 17 different schools during the season, the most of any teams in D-3 and played all but one of the 14 schools that made the tournament. With 11 returning players with experience next year's team should be both stronger and the playing level should be a step higher."

Club hosting corned beef and cabbage dinner

GILFORD corned beef dinner with all the fixings will be held at the Belknap Sportsmen's Association club house on Lily Pond Road on Thursday, March 14, at 6 p.m. A New England dinner with corned beef, cabbage, potatoes, turnip, onions, carrots and homemade Irish Soda Bread.

The history of the state's iconic Swenson

Granite works will be tury, the Swenson name detailed in a talk given by its sales manager. David Duford. Swenson Granite is a family-owned business that has been quarrying and cutting granite in New England since 1883. Founded by Swedish immigrant John Swenson, the company is now headed by the fourth generation of the Swenson family.

For more than a cen-

has remained synonymous with a steadfast commitment to quality and service. It is this commitment, combined with adaptability in the market place, which Swenson Granite credits for its longevity, growth and prosperity.

Admission is open to all club members and the community at large, water and soda provided.



March 13 & 14, 20 & 21, 27 & 28

The Record Enterprise **Granite State News** The Baysider Carroll County Independent Coos County Democrat The Littleton Courier Gilford Steamer Winnisquam Echo Berlin Reporter Newfound Landing



ed to participate in the alpine events, with 16 men and women from the East Region and 18 men and women representing the West Region. Participants were selected on a regional basis with bids awarded to

ing committee. Kuus will compete August to mid-November, with three practices a week and two workouts. The teams participate in showcase tournaments and in playoffs and there are weekly skill sessions with EHL junior coaches. Uniforms and apparel are included in tuition and there is

an opportunity to play and practice with EHL and EHL Junior teams.

Last year, both the U18 and U16 teams advanced to the playoffs and competed for the league championship.

ne-wolvesh-Visit ockey.com for more information.

PSU skier to compete for national championship

Thursday, March 7, with

the slalom to be held Sat-

one skier at every cham-

pionship dating back to

Panthers' top finisher in

all but one of his Eastern

Intercollegiate Ski Asso-

ciation (EISA) carnival

races this year. He post-

PSU has had at least

Kuus has been the

urday, March 9.

the 2014 season.

PLYMOUTH — For the sixth straight year, a member of the Plymouth State University alpine ski team will compete for a national champion-

Junior Karl Kuus (Toronto, Ont.) will make his third straight appearance on collegiate sports' biggest stage as he represents the East Region at the 2019 National Collegiate Skiing Championships at Stowe Mountain Resort from

ed four top-10 finishes and was in the top 20 in eight of his 11 races. He March 6 - 9 in Stowe, Vt. wrapped up the carnival A total of 34 men and season with some of his 34 women were selectbest racing of the year, placing fifth in the slalom at the NCAA New England Regionals at Sunday River last weekend while also finishing eighth in the giant slalom. His best finish of the year came on Feb. 15 when he took third in regions using a formula the slalom at the Middledetermined by the skibury Carnival.

As a freshman in 2017, Kuus set a new standard

in the giant slalom on for PSU skiing at the national collegiate championships earning an 11th place finish in the slalom. He added a 30th place finish in the giant slalom. At last year's championships, he finished 17th in the GS and 28th in the slalom.

Kuus will be competing against the top collegiate ski racers in the country, including Division I scholarship student-athletes and skiers with World Cup and Olympic experience. The group from the East includes skiers from Dartmouth Middlebury College, St. Michael's College, the University of Vermont, the University of New Hampshire and St. Lawrence University.

This year's championships will be webcast live on NCAA.com. Visit http://www.ncaa.com/ liveschedule to catch all the action.



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Gunstock skiers advance to National Championships in Alaska

GILFORD — Three local skiers that have trained with Gunstock Nordic Association have advanced to the US Ski and Snowboard Association 2019 Junior National Cross Country Championships in Anchorage, Alaska March 11-16. Cal Schrupp, Josh Valentine and Zach Ennis qualified for this competition eight races throughout New England over the 2018-2019 season. championship involves skiers from across the country in age groups U16, U18 and U20. Schrupp is a senior at St. Paul's School in Concord and will be racing next year for Bates College in Lewiston, Maine. Valentine is a senior Green Mountain



COURTESY PHOTO

Gunstock Nordic Association

skiers (I to r), Cal Schrupp, Josh Valentine and Zach Ennis will be competing in Alaska this coming week.

Valley School in Wa-

tesfield, Vt. and will

be racing next year for

Middlebury College in

Middlebury, Vt. Ennis

is a senior at Belmont

High School and will

be racing next year

for Bowdoin College

in Brunswick, Maine.

Gunstock Nordic Asso-

ciation is a non-profit

organization dedicated to the promotion of

Nordic skiing. Operat-

ing at the competition

center designed by John Morton and locat-

ed at Gunstock Moun-

tain Resort, it offers an

intensive year-round

training program as

well as seasonal pro-

grams for youngsters,

recreational or master

skiers.

Up and down season for Gilford hoop boys

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Gilford boys' basketball team had its ups and downs this season, and ultimately the team was unable to rack up enough wins to make the playoffs this season despite a strong push in the final week.

The team started off with a big win over Inter-Lakes and was 2-1 going into the Holiday Tournament, which the Golden Eagles won in front of the home crowd by going 3-0.

However, the rest of the way was a bit of an enigma. Gilford lost the first three games of 2019 and went 3-9 until the last week.

Coach Chip Veazey said that he was proud of the team for its late push at the end of the season, which included three wins against Belmont, Newfound and White Mountains. two of which made the state tournament. Six of the team's eight wins came against tournament teams.

Golden Ea-The gles were led by junior Adrian Siravo, who awed fans with his high flying dunks in traffic, terrific rebounding skills and shooting touch. He led the team with 300 total points, averaging 15.8 ppg. He was also the top rebounder, averaging nine per game.

Greg Madore had some injury problems during his senior year, but still put together a great season overall. He averaged 14.4 ppg and 7.3 rebounds in 14 games.

Senior Korey Weston was a source of energy on the team, who also hit some clutch shots when needed. He was also the MVP of the Holiday Tournament. Weston averaged 9.4 points over 19 games.



BOB MARTIN

Adrian Siravo led the Golden Eagles in scoring and rebounding

Logan Hughes made some big shots for the Golden Eagles this

Logan Hughes averaged 7.8 ppg and came on strong at the end of the season, showing his ability to get to the rim with dunks and rebounding skills. He also showed off a nice jump shot.

Curtis Nelson played in all 21 games this season and was a vital part of the team. He averaged 5.3 points on the year.

Malik Reese had a

son. While he averaged only 4.8 ppg, he played in all 21 games and put in some quality minutes. Reese showed that he could hit shots clutch moments and was able to use his height and leaping ability to snag boards.

The Golden Eagles went 8-10 and due to Fall Mountain playing Stevens, a Division 2 team, Gilford was left out of this year's state tournament.







Town-to-Town



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The White Mountain National Forest Road Construction and Maintenance Crew Located in Bartlett, New Hampshire Has the following openings: Seasonal Equipment Operator (CDL A Required), Seasonal Laborer

Apply online at: USAJobs.gov Under Keyword and Location Type in Forest Service and New Hampshire Contact Scott Quint at 603-374-2241 or Scott Lees at 603-536-6252 for

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The Madison Church is looking for a part-time Music Director. We seek applicants who can play both organ and piano, and have experience directing a choir in both traditional and contemporary Christian music styles. Send current resume along with a cover letter and references to themadisonchurch@gmail.com or USPS: Music Director Search Committee c/o The Madison Church PO Box 119 Madison, NH 03849

Editor

Kids Karate Tue/Wed/Thur 5:30-6:30 pm Call/Text 603-524-4780

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discrimination." (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c))

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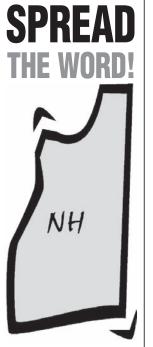
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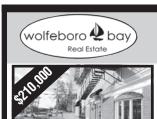




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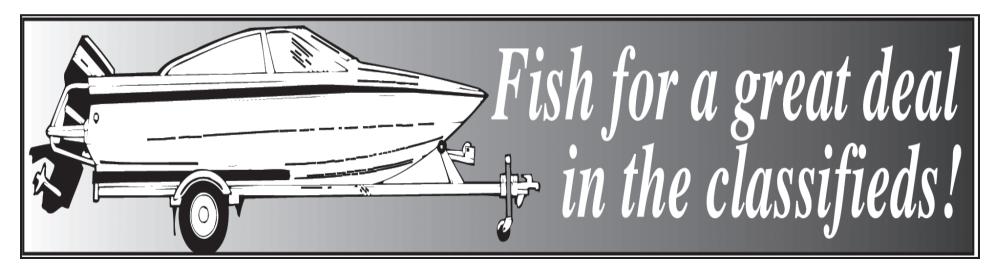
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The Kalled Gallery is looking for a seasonal PT/FT person who has integrity, people friendly skills, sales & POS/computer exp. along with a willingness to learn. Weekends a must. Our customers enjoy the experience of the gallery tour while being introduced to all of the small studio artists' work from around the USA.

Part of the training received will be learning the process used by the artisans to create their work and learning how to communicate with our customers ultimately instilling the desire for purchasing their own piece of artistry.

Send resumes to: mal@kalledjewelrystudio.com or mail to: The Kalled Gallery, Attn: Mal, PO box 1170, Wolfeboro, NH 03894

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Please send resume and cover letter to: Program Director, PO Box 209, Jefferson, NH 03583 or email nfinorthhr@nafi.com

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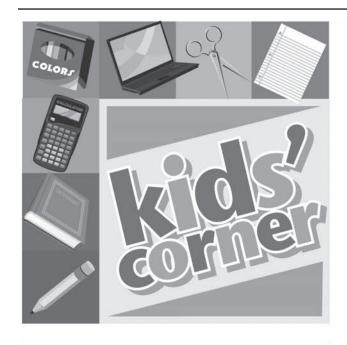
Candidates must be detail oriented with a minimum of five years of supervisory experience. Strong communication skills are essential. Experience with NHDOT, FHWA and/or municipal projects is favored. Salary commensurate with experience. Post-offer physical and drug screen is required.

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NUTRITIONISTS HAVE NOW DISCOVERED THAT THIS FOOD IS AMONG THE MOST HEALTHY A PERSON CAN EAT.

ANSWER: EGGS

Healthy Eating Word Find

Find the hidden words in the puzzle.

BALANCE					FRUIT					NUTRITION			
	CALORIES				HEALTHY					PORTION			
	FATS				LIMIT					PROTEIN			
	FOOD				MEAL					VEGETABLE			
	V	J	A	X	Y	V	R	O	N	G	D	V	
	Ü	K	Н		M	H	E	U	F	W	R	Ė	
	L	P	D	M	Ι	Н	T	O	L	L	Z	G	
	Ι	N	S	E	Ι	R	O	L	A	C	N	E	
	M	Ι	S	W	I	D	G	V	A	O	S	T	
	Ι	E	H	T	L	A	E	M	Ι	E	G	A	
	T	T	I	В	A	O	O	T	N	O	Η	В	
	F	O	M	T	K	F	R	U	M	V	W	L	
	N	R	I	D	J	O	В	K	\mathbf{Z}	R	Z	E	
	Q	P	U	Q	P	В	A	L	A	N	C	E	
	\mathbf{Z}	N	W	I	U	G	S	L	S	V	J	S	
	T	O	Q	O	T	K	F	F	P	Η	W	M	

Get Scrambled

Unscramble the words to determine the phrase.

AFT NOENTCT



- 1845: FLORIDA IS ADMITTED AS THE 27TH STATE.
- 1918: GERMANY, AUSTRIA AND RUSSIA SIGN THE TREATY OF BREST-LITOVSK.
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NUTRIENT

substance that provides essential nourishment



ENGLISH: Nutrition

SPANISH: Nutrición

ITALIAN: Nutrizione

FRENCH: Nutrition

GERMAN: Ernährungsweise



MANY FRUIT JUICES CONTAIN AS MUCH SUGAR AS POPULAR OF SOFT DRINKS LIKE SODA. WHOLE FRUIT IS A HEALTHIER OPTION THAN FRUIT JUICE.

Answers: A. poison B. danger

closet D. children



Can you guess what the bigger picture is?

ANSWER: GRAPEFRUIT



Solve the code to discover words related to poison prevention. Each number corresponds to a letter.

Determine the code to reveal the answer!

(Hint: 3 = 0)

A.

Clue: Harmful substance

8 16 10 18 11 В.

Clue: The potential for harm

C. 25 20 3 4 11

Clue: Storage place

25 17 5 20 8 23 11 D.

Clue: Young people



Answer: Fat content

3 2 7 3 8 9 2 6 8 5 2 3 4 6 Second 7 5 4 9

Like puzzles?

Fun By The Numbers

Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	donna	6	Þ	G	9	L	ε
3	ç	9	8	L	S	quan	Þ	6
L	Þ	6	9	ε	-	2	ç	8
Þ	9	7	3	2	6	9	8	duod
6	8	2	9	-mak	9	†	ε	Z
S	nema.	ε	1	8	Þ	6	9	2
9	6	8	S	G	L	ε	-	Þ
2	3	Þ	and.	9	8	L	6	S
show	L	G	Þ	6	3	8	2	9

ANSWER:

Kingswood "Brawlyball" game to raise money for Eli Bunnell

WOLFEBORO This Friday, March 8, at 6 p.m., the Kingswood community will join together in an effort to raise funds for Eli Bunnell by way of a charity volleyball game.

Bunnell is a 13-yearold Kingswood Middle School student who has lived his whole life with a rare, one of a kind heart disease. After facing many hospitalizations, procedures and operations with courage and grace, Bunnell was diagnosed in August of last year with End Stage Myocardial Failure and put on the UNOS heart transplant waiting list. On Oct. 8, he was given the lifesaving gift of

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a new heart at Boston Children's Hospital.

Now it's time to bring Bunnell home from the apartment where he and his mother have been living for frequent post-transplant low-up visits at the hospital. A foundation has been graciously covering the cost of this short term living situation. immunosuppressant medications that Bunnell has to take help to prevent his body from rejecting his new heart increase his risk for infection from contact with individuals and from the environment. Because of this, it is critical that a post-transplant patient live in a home that is free

of molds, mildews and as much as possible bacteria and viruses. Bunnell's family home is in need of desperate repairs ranging from major roof failure to mouse infestation.

Kingswood Director of Athletics Aaron House is excited for the game. "The concept of the game has been in the works between the junior and senior class ever since

our successful Dig Pink Bowl this past fall. We challenged the students and our Student Athlete Leadership Team to link the game to a cause. I think the kids knocked it out of the park by choosing to help a Kingswood family in need," shared House. "Brawlyball will be an annual charity volleyball game for our community."

The charity volleyball

game has been dubbed "Brawlyball" as it will feature Kingswood junior boys vs. Kingswood senior boys in a best three of five game. The game will be held in the main gym at Kingswood Regional High School on Friday, March 8, at 6 p.m. It will feature admission by donation, concessions, and a 50/50 raffle. All proceeds will go to the "Bring Eli

Those that can't make the game and wish to make a direct donation can go to any branch of Peoples United Bank and make a donation to Rex and Anne Bunnell. This checking account is noted for bank use as "Eli's Homecoming." A Go Fund Me page has also been established, use the search words "Bring Eli Home"

(Continued from Page B1)

HOCKEY

very tired but also very determined to win," Parent said. "I could not be more proud of what this team has been able to accomplish so far, and we aren't done yet."

The Bulldogs traveled to Plymouth State University on Wednesday for the second round against Monadnock/Fall Mountain. The game came after deadline and results will be include in the next issue.

BOB MARTIN (Right) Liam Lacy clears out the puck for the Bulldogs in a 2-1 double overtime win.







Hayden Parent brings the puck around the net for the Bulldogs.

BOB MARTIN



BOB MARTIN

Zoltan Stefan and Cam Jarvi celebrate after a goal for the Bulldogs.



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