

# Newfound Landing

THURSDAY, MARCH 30, 2017

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COMPLIMENTARY

## Walker Farm opens its doors during Maple Weekend

BY DONNA RHODES  
drhodes@salmonpress.news

**BRISTOL** — While the sugaring season has had its ups and downs this year, everything was looking up at Walker's Sugar Shack in Bristol last weekend, when they took part in the annual New Hampshire Maple Weekend, allowing the public to get an up close look at all that goes into the process of making maple syrup.

This year, the Walker family was proud to

display their brand new stainless steel, wood-fired evaporator. Jeff Walker, who oversees the sugaring process at the farm, said it's a high-efficiency piece of equipment that can produce 30 to 40 gallons of syrup a day when the sap is running especially good.

"It's also 40-percent more efficient as far as wood consumption goes," he added.

Walker's Farm is now a State of New Hampshire Seal of



DONNA RHODES

Nathan Walker checked the syrup that was being boiled on the family's new evaporator at Walker Farm in Bristol last weekend as Joe Walker looked on.

Quality Producer and that quality was certainly confirmed by everyone who visited them on Saturday and

Sunday.

"This is awesome. We've been sampling everything and it's all really good," said Pen-

ny, who traveled from Loudon just to get a taste of their products.

Besides their syrup and other goodies like

maple mustard and maple cream, there were samples of many other maple products along with all sorts of goods for sale. Maple candy, fudge and lollipops were favorites with the young crowd, while adults took home some of the Walker's famed baked goods, such as their maple muffins, whoopee pies, rolls and their always-popular Maple Oatmeal Bread. Angie Walker does much of the baking and said that new this year was her Golden Maple Cake that was already proving itself to be a big hit with their customers.

Besides sampling products and learning about the sugaring process SEE WALKER FARM, PAGE A14

## Newfound board still grappling with audio problems

BY THOMAS P. CALDWELL  
Contributing Writer

**BRISTOL** — The Newfound Area School Board thought it had solved the problem of poor audio quality on its meeting videos, but in the two meetings since it defeated a motion to use an independent backup recording device, the first video lost sound after the first few minutes and the second was barely audible throughout.

Vincent Paul Migliore of Bridgewater, on Feb. 22, had asked for a separate recorder as a backup after Superintendent Stacy Buckley said staff training and the use of a signal-splitter connected to an audio recording device would be sufficient to ensure that the technical problems that have plagued many of the recent video recordings would go away. Migliore said plugging a recorder into the sound system used for the video would not help if the system went down, and reminded the board that the district had purchased two digital recorders four years ago so Buckley could record the meetings.

Sue Cheney of Alexandria voted with Migliore to use a backup

recorder, but his motion failed, 2-5, with other board members saying it was an unnecessary layer of work for the superintendent.

Yet at the very next meeting, on March 13, the sound cut out in the middle of a student presentation without the technician noticing, so the remainder of video was silent. On March 27, an independent backup device was placed in front of the school board, but that audio recording was not uploaded to the district website and the video recorded at a low volume.

Board Chair Jeff Levesque of Groton said after the meeting that the board will be addressing the issue.

Much of the discussion at the March 27 meeting concerned the school district's 512-874 defeat of a petitioned warrant article seeking funds for a school re-

SEE NEWFOUND, PAGE A13

## Recount verifies results of Bristol selectmen's race

BY DONNA RHODES  
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**BRISTOL** — Following the March 14 election, a request was made for a recount of the balloting results for two openings on the Bristol Board of Selectmen. When local election officials gathered last week to follow through on that request, however, it resulted in no real change in the outcome of the four-person race.

Candidates for the two open positions on the board this year were incumbent Rick Alpers, along with Fred Eichman, Donald Milbrand and John Sellers. At the end of the election there was only a 17-vote difference between second and third place candidates Milbrand and



DONNA RHODES

Candidates and their representatives looked on last Thursday evening as a recount of the March 14 election results for two seats on the Bristol Board of Selectmen got underway.

Sellers, which led to the recount request.

Town Moderator Ned Gordon oversaw the recount, which was held at the town offices with candidates and interested parties looking on.

Taking part in the process were current selectmen Leslie Dion, Shaun Lagueux and Paul Manganiello, who were partnered with Nancy Givalis, Deb Gilbert and Susan Duncan, each

ballot clerks or Supervisors of the Checklist.

Gordon said it was confirmed at the end of the elections that 476 ballots were cast overall through in-person and

SEE RECOUNT, PAGE A13

## Bristol's Homestead Creations showcases the work of local crafters and artisans

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**BRISTOL** — For those looking for a little something extra, something special for their home or their loved ones, Homestead Creations in downtown Bristol is a great place to shop with its variety of items from local crafters and artisans.

The business got its start last October, when Donna Duquette of Alexandria was looking for office space to simply move her Avon business out of her home. Avon does



DONNA RHODES

Donna and Rob Duquette took a moment to relax beside her hand-painted mural of an old-time stone fireplace at her shop, Homestead Creations, in downtown Bristol.

not allow actual stores for their wares, so she was simply using the location to organize her orders and keep her growing sales in some place more convenient. A woman dropped by one day, however, to ask if she could put a few of her homemade crafts in the shop. From there the idea for Homestead Creations was born, giving other local crafters a venue for their wares.

Raised in Alexandria, Duquette herself has been a home crafter. SEE HOMESTEAD, PAGE A13

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# Community gathers for a fun night out at Mud Season Mixer

BY DONNA RHODES  
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BRISTOL — More than 50 people enjoyed the sounds of the band Club Soda during the Mud Season Mixer, a dance held at the Bristol Town Hall last Saturday evening. The Bristol Events Committee sponsored the event, saying they are looking to find ways in which to use the historic building as much as possible, so a fun night on the town seemed to be a great way to start.

Partnering with them for the special adult night out was the Bristol Historical Society, which held raffles throughout the evening to raise funds for the installation of a small kitchen facility in the building. An assortment of hot and cold foods and refreshments, along with a limited selection of adult beverages, were also available.

Local dance nights for adults are not new to

the area but it has certainly been awhile since crowds came out for some fun at the old town hall. Barbara Greenwood of the Events Committee said numerous dances were once held both there and at New Hampton School but people eventually got tired of the dance craze when cable television came to the area and convenient home entertainment was made available.

“We just decided to do this again the way we used to, though,” she said. “I was very pleased to see so many people come out.”

Hilda Bruno of both the Events Committee and the Bristol Historical Society said they look forward to bringing more events to the town hall and hope a new kitchen will help make it more usable in the future.

The Old Town Hall is also available as rental space for weddings,



Singer Karen Bays of Club Soda joined the crowd for a bit of fun on the dance floor as the band's classic music rocked the Old Bristol Town Hall last weekend.

DONNA RHODES

reunions, receptions, meetings, and any other private events. To book a date for the facility, please contact the Town of Bristol at 744-3354, ext. 4.

Tax-deductible dona-

tions toward their goal to install kitchen amenities are also welcomed. Checks may be made out and mailed to the Bristol Historical Society at 1115 Robie Rd., Bristol, N.H. 03222.

## New partnership offers an opportunity to get outdoors

BRISTOL — The Minot-Sleeper Library, in partnership with Newfound Lake Region Association (NLRA), the Appalachian Mountain Club (AMC), and New Hampshire Audubon, is offering an exciting new opportunity to get outdoors.

In an effort to encourage exploration of our region's natural environment, backpacks filled with adventure essentials will be available to be checked out from the library. From maps and guidebooks, to a compass and headlamp, the packs offer numerous day-trip opportunities. Included in each of the two packs will be a New Hampshire State Parks



COURTESY

Inspired by library Director Brittany Overton, the Minot-Sleeper Library, Newfound Lake Region Association, Appalachian Mountain Club, and New Hampshire Audubon combined talents to create two fully-equipped day packs for the Library's new Get Outdoors program. Pictured, left to right: Brittany Overton, Adam DiFilippe, Azra Karabegovic, and Cindy Westfall (Minot-Sleeper Library), and Karen Bemis and Andrew Veilleux (Newfound Lake Region Association).

Pass, good for two days at many of our state's parks. This pass allows free admission for up to two adults and four dependents to locations including the area's Wellington State Park and Mount Sunapee State Park.

Beginning this May, Minot-Sleeper Library cardholders will be able to borrow a backpack directly from the library with all included gear and the New Hampshire State Parks Pass for two days at a time.

“Having grown up just over the border in Maine, I spent many weekends and summer days hiking in the Sandwich Range and White Mountains,” said Minot-Sleeper Library Director Brittany Overton. “New Hampshire's trails, lakes, and state parks are like no other. A few of my fondest childhood memories are of hiking Mount Chocorua, visiting Canon Mountain and seeing the Old Man, and swimming at Ossipee Lake.”

Now, as the librari-

SEE OUTDOORS, PAGE A13

## Pasquaney Garden Club begins spring season

BRISTOL — Welcome spring! Even though the ground has not thawed and green sprouts are few and far between, all of us are beginning to feel Spring Fever. The Pasquaney Garden Club program committee has been hard at work over the winter looking for fun and interesting programs for the new season.

The first program will be on April 18 at 9:30 a.m. at the Bristol Baptist Church, where Fern Doucette will lead a workshop on creating a "Kokedama": also known as a Japanese Moss Ball, poor man's Bonsai or string garden! Come have fun, work with plants or just observe the process. Refreshments will be served. Those wishing to participate in the workshop should call Nancy at 744-9485 before April 10th to sign up. Please bring some news paper, a small trash bag, scissors and a medium sized soup bowl to hold your plant while you are working on it. The cost is \$5 per person to cover plants and materials.

Other events coming up soon include the

first spring workday in the Butterfly Garden behind Minot Sleeper Library. This will take place on April 25 from 9-11 a.m. This beautiful garden thrives because of the volunteers who care for it every year. Please come and help us "wake it up" for the season. Gloves and a trash bag are helpful in clearing away winter! The work is not heavy, and you may help even if you can only come for a little while during that morning. This is a wonderful way to contribute to the beautification of our community.

The Pasquaney Garden Club welcomes anyone who has an interest in planting, flower arranging, maintaining our local ecology, beautifying the community, or just making friends! Please join us at the April meeting and obtain information about the programs and projects planned for this season. There really is something for every interest. Remember these dates! April 18 at 9:30 a.m. for the Kokedama & April 25, 9-11 a.m. at the Butterfly Garden.

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The New Hampshire  
*Maple Experience*

**March 11, 18, 25, 26, 29, and April 1**

The New Hampshire Maple Experience returns to The Rocks this spring! Maple Experience tours, with plenty of hands-on fun and sweet maple syrup tastings. Weekend-long Maple Experience packages available with local inns. Visit [www.therocks.org/vacations.php](http://www.therocks.org/vacations.php)

- Participants drill holes in the trees, put taps in, and hang buckets.
- Learn to identify different types of trees
- Enjoy a horse-drawn wagon ride through the historic Rocks Estate
- Visit the sugar house and watch fourth-generation sugar maker Brad Presby at work and enjoy a maple syrup tasting.
- Purchase a New Hampshire Maple Experience commemorative mason jar to fill at the sugar house with warm syrup.
- Tractor-drawn ride to the sugar house.
- Cooking demo using maple syrup.

**BETHLEHAM, NEW HAMPSHIRE**  
603.444.6228 • [www.therocks.org](http://www.therocks.org)

**Bristol Baptist Church**  
announces Sunrise service

BRISTOL — Bristol Baptist Church, located at 30 Summer St. in Bristol, will be holding their annual Sunrise service on Sunday, April 16. We will meet on the Central Square in downtown Bristol at 6 a.m. Breakfast will be served at the church following the service. Please call 744-3885 for more information.

**LOVE YOUR COMMUNITY:**  
*Spend Locally!*

# Circle Program announces summer food program guidelines

REGION — The Circle Program is participating in the Summer Food Service Program. Meals will be provided to all eligible children free of charge. To be eligible to receive free meals at a residential or non-residential camp, children must meet the income guidelines for reduced-price meals in the National School Lunch Program. Children who are part of households that receive Supplemental Nutrition Program (SNAP, formerly food stamps) benefits or benefits under the

Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families (TANF) are automatically eligible to receive free meals.

Acceptance and participation requirements for the Program and all activities are the same for all regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the sites and times

as follows:

**Circle Camp  
June 2 - July 14**  
**Circle Camp  
July 18 - Aug. 4**  
**Circle Camp  
Aug. 6 - Aug. 12**

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office, or write a letter addressed to USDA and provide in the letter

FEDERAL ELIGIBILITY INCOME CHART For School Year 2016 - 2017			
Household size	Yearly	Monthly	Weekly
1	\$21,978	\$ 1,832	\$ 423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52,614	4,385	1,012
6	60,273	5,023	1,160
7	67,931	5,663	1,307
8	75,590	6,304	1,455
Each additional person:	\$ 7,696	\$ 642	\$ 148

## Newfound hosting Jazz Night April 11

BRISTOL — The Newfound Music Department is pleased to host "Newfound Jazz Night," a concert featuring our local jazz talent. The concert is scheduled for Tuesday,

April 11 at 6:30 p.m. at Newfound Regional High School.

Among the performers will be the Newfound Memorial Middle School Jazz Band under the direction of

Jennifer Stevens, and the Newfound Regional High School Jazz Band, under the direction of Edward Judd.

Also featured will be an adult jazz group that will include Mr.

Judd, as well as Newfound's new elementary band instructor Gregory Palmer, and local musician Neil Martin. Admission is free.

all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by: (1) Mail: US Department of Agriculture, Office of the

Assistant Secretary for Civil Rights, 1400 Independence Ave., SW, Washington, DC, 20250-9410; (2) FAX: (202) 690-7442; or (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

## White Mountain National Forest announces Youth Conservation Corp (YCC) Summer Work Program

CAMPTON — The Youth Conservation Corp (YCC) is a summer employment program for area youths ages 15-18 who will work, learn, and earn together in the great outdoors. The purpose of the YCC program is to accomplish needed

conservation work on public lands, while providing an educational experience. The program is sponsored by the Pemigewasset Ranger District in Campton.

The randomly selected crew will consist of 6 students; 50 percent

boys and 50 percent girls. Enrollees will work a 40 hour week earning minimum wage, and projects will include: trail maintenance, clean-up and maintenance of recreation sites, wildlife habitat improvement work, and other projects supporting timber and fire management. The YCC crew will also spend one day each week learning about natural resource conservation and management during dedicated education days.

The eight week program will run from

June 19 through Aug. 11. Applications must be mailed, emailed or faxed to the Pemigewasset Ranger District, 71 White Mountain Drive, Campton NH, 03223. The application deadline is April 18. For more information or to print an application: [www.fs.usda.gov/whitemountain](http://www.fs.usda.gov/whitemountain), or contact YCC Program Manager Ryan Twomey at [rtwomey@fs.fed.us](mailto:rtwomey@fs.fed.us) or 536-6103.

## NRHS hosting hunter safety course

BRISTOL — A Hunter Safety course will be held at Newfound Regional High School starting from April 18 - 22.

To find out more information and to register, go to [www.wildlife.state.nh.us](http://www.wildlife.state.nh.us). Just click on the "Education" tab and scroll down to "Hunter Education," or stop in at the high school to register.

## Bristol Baptist Church Maundy Thursday service set for April 13

BRISTOL — Bristol Baptist Church, located at 30 Summer St. in Bristol, will have their annual Maundy Thurs-

day service on April 13 at 7 p.m. This will be a communion service.

For more information, please call 744-3885.



DONNA RHODES

### Winter holds on

Last Friday's snowstorm was not necessarily welcomed by those looking forward to spring, but it did offer some beautiful views, such as this rural farm scene in Alexandria.

### SummerEscape

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- We go to the Beach 1-2 days / week
- At least 1 field trip per week.

**Session Dates:** SI 6/26-7/7, SII 7/10-7/21, SIII 7/24-8/4, Wk 7 8/7-8/11  
For more information contact email [recreation@holderness-nh.gov](mailto:recreation@holderness-nh.gov) or call 603-968-3700.

## Don't miss our 30<sup>th</sup> Anniversary First Star Tonight Gala



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Follow us on Facebook or find more info at  
[FirstStarTonight.org](http://FirstStarTonight.org)

## The brain's response to prescription drugs

BY DEB NARO  
Contributor

Prescription drugs are medicines that are prescribed by doctors and healthcare providers to treat diseases. Some prescription drugs affect the brain—especially those used to treat pain, anxiety or attention-deficit hyperactivity disorder (ADHD). Doctors decide how much of a drug to give a person based on age, body size, and medical history. By doing so, prescribers oversee the safe and proper use of prescription drugs. Abuse is when someone takes a prescription drug without a doctor's prescription or in a way or amount that is different from what was prescribed. Misuse of prescription drugs can have serious and harmful health effects, including poisoning and even death.

How do prescription drugs work in the brain? Prescription drugs change the chemistry of the brain. The brain is made up of about 100 billion neurons, also known as nerve cells. Neurons communicate with each other by using chemical messengers called neurotransmitters. There are many types of neurotransmitters and each one carries a specific message; the message is delivered by attaching to special places on nerve cells called receptors.

Prescription painkillers attach to particular sites in the brain called opioid receptors, which carry messages about pain. With proper use of prescription medications, the pain messages sent to the brain are changed and are no longer perceived

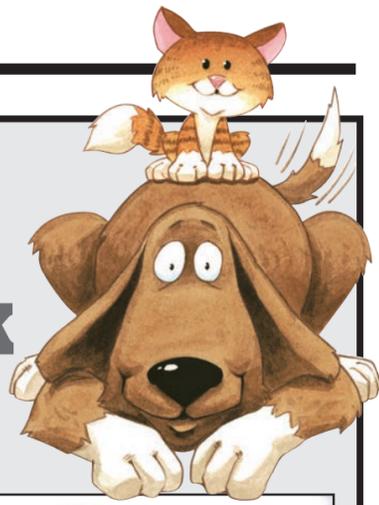
as painful. Patients who are prescribed painkillers for a long period of time may develop a "physical dependence." This is not the same as addiction. Physical dependence happens because the body adapts to having the drug, and when its use is stopped abruptly, the person can experience symptoms of withdrawal. This is why these drugs are carefully monitored and should be taken or stopped only under a doctor's order. Prescription painkillers can be highly addictive when used improperly. Addiction means that a person will strongly crave the drug and continue to use it despite severe consequences to their health and life. Prescription painkillers also affect the brain areas controlling respiration, and when used improperly, or mixed with other drugs, can cause a severe decrease in breathing that can lead to death.

Doctors may prescribe drugs to help people with anxiety disorders. Some anxiety drugs affect the neurotransmitter GABA, and after taking these drugs for a long time and suddenly stopping, a person may experience withdrawal symptoms. Abusing prescription anti-anxiety drugs can result in addiction or overdose.

Prescription stimulants cause neurons to release two neurotransmitters: dopamine and norepinephrine. Doctors often prescribe stimulants to help people with ADHD. Prescription stimulants can bring dopamine function back to normal and

SEE CADY, PAGE A13

## PET of the Week Francine



FRANCINE has good reason to look a little worried, some might say pensive - she's been overlooked at New Hampshire Humane Society in favour of the fluffier, cuter, smaller, prettier dogs since January! Life is indeed a bit of a beauty contest for shelter dogs and especially for those that have that ability to look piercingly into the souls of humans... Are WE good enough for her, is what we should be asking ourselves.

She travelled a long way in the hopes of finding her forever home, here in New

Hampshire. Our winter weather doesn't seem to both her, dressed fetchingly in a nice warm coat she is ready for walks and play in the snow. We've found her to be super smart and ready to learn. Francine has demonstrated a penchant for agility and learning while waiting for her second chance and a family to call her own.

A sturdy, muscular girl in the prime of health, truly a more loyal companion you will not find. Best home, one where she is the only pet in the household - active teenagers a plus.



Come and visit Francine, we are quite sure you will be impressed with her state-

ly demeanor. Check [www.nhhu-mane.org](http://www.nhhu-mane.org) for more details.

## Choose Your Future: A Series to Save Newfound Lake Part 2: Local Control -- A New England Tradition

BY BOYD SMITH

Newfound Lake Region Association

"Local control" - a rallying cry for New England communities when facing outside pressure to change, whether a new real estate development or public school curriculum. Nourished by a long tradition of independence from remote state and federal government, local control means choosing our own destiny. With intimate, small-town relationships and shared governance through citizen leaders and town meetings, local control is the most effective way to shape Newfound's future.

This second article in the Choose Your Future series is about using local control to ensure a verdant, vibrant and sustainable future for ourselves and generations to come. As with any form of democracy, local control is only successful if enough people take part in civil conversations and community leadership. Many local leaders serve on various town boards, but they need to hear from their fellow residents, landowners and business people to have a clear idea of community wishes, needs, and priorities.



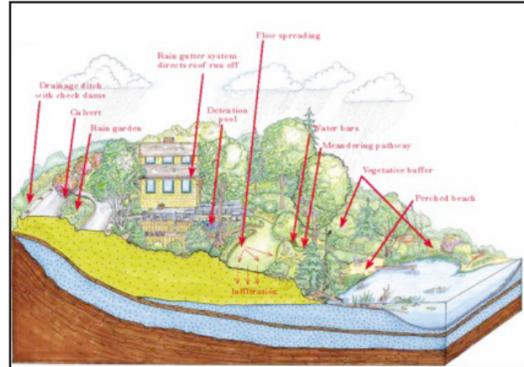
### How You Can Exercise Local Control

#### Protect your Property from Stormwater

The NLRA's Newfound Youth Conservation Corps (NYCC) program is an easy way to exercise local control on your own property and protect Newfound. The NYCC provides free expertise and labor to landowners wishing to reduce erosion and stormwater runoff from their properties. Using native plants and simple steps, you can protect your property from storms while preserving your clean water. Resources are limited, so call 603-744-8689 with any questions or learn more and register online for a NYCC visit.

#### Take Part in Town Planning

During June and July 2017, the NLRA Citizen Planner program will



meet with Planning Boards and interested citizens to introduce innovative and effective ways to protect clean water and views, two of the most highly regarded resources in the watershed. Using state-of-the-art conservation analysis and mapping, and feedback from our 2016 Planning Board meetings, we will provide tools that can be adopted in the 2018 Town meeting cycle. Join us when we meet with your local Planning Board to share your ideas and concerns. Click here to see

COURTESY PHOTO  
meeting schedules or follow us on Facebook.

In a time when every last piece of the Newfound watershed means more each day, rejoice in the power that we have to choose the future through local control -- a New England tradition!

The NLRA was founded in 1971 to protect and preserve the Newfound Lake watershed. Learn more on our Web site, our Facebook page, or contact us at [info@Newfound-Lake.org](mailto:info@Newfound-Lake.org) or 744-8689.

## Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

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## Letters to the Editor

### Our new local epidemic

To the Editor:

In 1995, the peak year of the AIDS crisis, 51,000 people died of that horrible disease. Twenty years later, in 1995, 52,000 people died from drug overdoses. It's a staggering number in both cases, averaging over 1,000 people from every state in our country. And the irony of the comparison is that the AIDS epidemic was eventually overcome by pharmaceutical research, whereas the opioid/heroin/fentanyl problem was created by the pharmaceutical industry by the deceptive marketing of painkillers.

I knew many wonderful young men who died of AIDS in the '80s and '90s. It was a very sad time. And I remember when a group called ACT UP began to organize, forcing the country to see the problem. They

applied constant and visible political pressure on their legislators, refusing to let the problem be swept under the rug.

We need to get the same kind of action going now in our New Hampshire rural areas and small towns to deal with the opioid problem. The seeds of this movement are planted and beginning to grow in two local groups — The New England Opioid Street Team with its upcoming event in Bristol on April 13 and Hope for New Hampshire Recovery who just had a walk in Manchester. I hope you'll support these organizations! Check them out on Facebook for more information.

Joyce Weston  
Plymouth

# If we let the weather stop us, what will be the next to go?

I've never exactly been known for keeping track of the weather. In this I am the antithesis of my ancient Uncle Fudd (my father's WWII brother Carl), who at 94 is spry enough to zip over to his thermometer at a moment's notice and tell me exactly what it's doing way down there on Cape Elizabeth, Maine.

"Well, I make it 21 degrees," he says, rearing back and peering through his biferkies, and then "They say it's gonna..." but I cut him off, because I don't want to know what the weather gurus say.

It's not a question of whether they're right most of the time (they are). It's just that I don't care.

This is especially true during winter, when I don't have a garden to rush out and cover with bed-sheets on account of frost. Absent this little seasonal ritual, why in the world should I care about the weather?

Aha! Driving conditions, right? Well, no. Among family and friends I'm famous, or infamous, for driving no matter what. If I've got a trip to make, I'm making it.

Actually, I can blame my mother for this. On a Saturday during my teens, in the dead of winter, she just had to get down to see her parents

## NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



in Concord, so she aimed her Jeep Wagoneer due south, with me in it.

Now, this was before there was such a thing as Interstate 93. Below Concord, there was the Frederick E. Everett Turnpike, and the Spaulding Turnpike down in the Seacoast Region, but north of Concord there was nothing but the Daniel Webster Highway, better known as Route 3.

The problem for my mother and me, as we neared Plymouth in blinding snow and gale-force winds, was that Route 3 was closed. Something about a tractor-trailer upside-down across the road.

"But I think 3A is okay," said the helpful traffic guy.

Only it wasn't. Something about trees down, and deep snow.

"You aren't going anywhere tonight, lady," the nice traffic guy told my Mom. "You'd better forget it, and seek shelter."

The town of Bristol had already started the tribal tom-tom into action, and beds were speedily rounded up at several sites for a couple of dozen stranded travelers. My mother and I wound up in a parson-



CHRIS SCHADLER — COURTESY

A far-flung reader in Webster turned up this contemplation of grays, blacks and whites as the Blackwater River was shaking itself free of winter's ice.

age, occupied by a very jovial minister, a very pregnant woman with an endless chain of wee ones clutching at her apron, and a passel of dogs.

This family, at the drop of a hat, teamed up to feed us hasty but good comfort food in a storm-peanut butter sandwiches and spaghetti and meatballs, a nice coleslaw, peaches and pears. Such people are the warp and woof of small-town

and country life. They gladden the hardest heart.

This past Wednesday, the 15th, I had to make it from Concord north to Plymouth, beginning at about 6 a.m., and after a stop in Plymouth on to Colebrook, another two hours up the road. The radio was full of dire warnings about gale force winds, wind-driven snow, and whiteouts. I went anyway.

Well, as my friends in Tennessee like to say, "I'll tell you what." My truck, no toy (F-250 Super Duty four-wheel-drive, studded tires and all), was getting tossed around like, well, a toy. I could barely see to make it over the high ridge between Ashland and Plymouth, where they have the wind sock. Even the dentist's office looked good.

And then came the final leg to from Plymouth to Colebrook, which turned out to be one of my more awesome winter experiences. At times, traffic on the turn-

pike came to a complete halt.

Often the weather breaks at the top of the notch, where two and sometimes three weather systems meet, bounce off each other, or converge into a maelstrom. On this day, a long line of cars and trucks inched north, drivers overwhelmed by the nothingness of whiteout after whiteout.

An hour after passing Lincoln I emerged at the top of the notch into the North Country, blue skies punctuated by a parade of snow squalls that could be seen as far as the eye could see, sailing in from the Northwest to slam into the northern

foothills, and smacking the daylights out of anything in between.

As usual, the state and town crews had been out doing their level best to stay ahead of the wind-blown snow, and I thanked them as I pulled into the back drive, where the main barn and its big overhead door never looked so good.

*(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)*

## STRATEGIES FOR LIVING

BY LARRY SCOTT

It was in the early 1970's, and I was in Princeton, N.J. attending a Time Management Seminar sponsored by World Vision.

At one point during a break in the action, the moderator noticed Evangelist Tom Skinner in the audience as one of the conferees and asked him to "take a few moments" to greet the assembly.

He had my attention, for I had seen Tom Skinner on many a Sunday afternoon standing on the sidelines of a Washington Redskins football game. He was their chaplain and needless to say, I was intrigued.

"Ladies and gentlemen," he said, "we at Tom Skinner Associates are about the business of just one thing. Whether we are working with the men on the gridiron or in one of our crusades, we have but one objective: we are developing living models 'here and now' of what we are going to be 'then and there.' That is our mission." And that was it. Just three minutes' worth ... but I must admit, Tom Skinner "rocked

my tree."

I had been struggling, you see, with the pain and hurt I had seen in the lives of those whom I cared so much about ... and those whom, I knew God dearly loved. "Where," I had often asked, "was God when the lights went out?"

As a young lad growing up in Peru, the son of missionary parents, I can still remember the pain we all felt when a young missionary was killed in a freak truck accident. He was trav-

eling in ministry to a remote village high in the mountains of Peru and a five-minute delay in a decision he made would have saved his life. Surely a loving God could have held him back! But being a Christian has never been a cop-out from the stresses of life. These things happen; welcome to the real world!

But now, it all began to make sense. Tom Skinner had given me an insight that seemed to put it all together.

SEE STRATEGIES, PAGE A13



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# Towns

## Alexandria

Judy Kraemer 744-3532  
judy7@metrocast.net

### Spring

Looks like it will be a short Maple sap run. Weather has not been cooperative. Mud season is right around the corner with April showers. For now, the fresh snow on the fields is a load of nitrogen for all the grasses.

### From the town March 21, 2017

The minutes of the March 7 meeting were approved. Items Reviewed and Signed

PA-29 Application for Property Tax Credit/Exemption: Map 418 Lot 179

Application for Current Use: Lance Masi Map 415 Lot 13 & map 415 Lot 12.2

2018 Tax Map Maintenance Proposal: CAI Technologies

2017 MS-232 Report of Appropriations Actually Voted

Powers Generator Proposal

Purchase Order: Irwin Ford new truck

Purchase Order: Knowles Hill Road Bridge

Settlement Agreement with Fairpoint/Northern New England Telephone Operations LLC

### Department Heads/Commissions

Steve Whitman, Recycling Committee

There was discussion regarding the status of the town's waste man-

agement and options for the future including purchasing land to have a larger area so that it could be set up better for recycling.

Jeff Cantara, Road Agent

Mr. Cantara updated the Selectmen on highway department activity including concerns about one truck that is down and in need of repairs.

### Business

Mr. Tuthill welcomed Chet Caron to the Select board.

Mr. Tuthill was voted as chair of the Select board.

The Selectmen discussed a letter received regarding the clean-up of 608 Welton Falls Road; the owners are waiting until weight limit restrictions are removed from the roads so a dumpster can be delivered. There was discussion regarding establishing a policy for waiving the weight limits.

The Selectmen appointed Ronald Maclean to the Conservation Commission

## Hebron

Bob Brooks 744-3597  
hebronnhnews@live.com

### Community Breakfast

April 1 is the next Community Breakfast in Community Hall at the Union Congregational Church. For \$4, we will be serving eggs, bacon, sausage, pancakes (and maybe

french toast), hash, oatmeal, yogurt, fruit, pastries, juice and coffee. But you must be an early riser, as breakfast is served from 7:30 - 8:45 a.m.

### Newfound Area Churches Lenten Service

The Union Congregational Church will hold the last Newfound Area Churches Lenten service on Wednesday, April 5 at noon. This service will be followed with a light lunch.

### James Langill Fundraiser Update

The night of Friday, March 10 came with a sudden freak snowstorm. James' Spaghetti Dinner Fundraiser, which was happening that night, was well attended; however, better weather conditions would have been ideal, as only one fourth of the amount needed for his allergy sniffing dog was raised. James is a seven year old BES student that lives with a life threatening peanut allergy. He struggles each day, fearing that he might have a bad reaction. He has been granted the chance to get a peanut sniffing service dog from Texas. This dog will go everywhere James goes and will help him detect when something is around him. If you would like to donate to his GoFundMe page, here is the link: <https://www.gofundme.com/james-peanut-service-dog>.

## Eleanor Theresa Lyford, 88



ASHLAND — Eleanor Theresa Lyford, 88, late of Riverside Drive, Ashland, passed peacefully at the St. Francis Nursing and Rehabilitation Home in Laconia on Monday, March 20, 2017 after a long period of failing health.

Eleanor and her fraternal twin sister, Louisa, were born in Plymouth on July 28, 1928 to the late Tom and Nunziata "Nancy" Tomacelli.

Eleanor, known to family and friends as "Ellie," was a longtime resident of Ashland, where she established her life and family with her late husband of 63 years, Ralph H. Lyford. Eleanor was devoted to her family of ten children, 15 grandchildren and 16 great-grandchildren. Eleanor and Ralph will always be remembered for their great sense of community and for so often opening their hearts and home to others.

Eleanor was a fun and loving wife, mother, sister, aunt and friend. She had a zest for life, and an energy that most of us can only dream of having. With such a busy family life, Eleanor didn't have a lot of time for hobbies, although she could be found enjoying her friends and the

beautiful Squam Lake summers at the Ashland Beach whenever possible. She was a faithful communicant of the St. Agnes Catholic Church in Ashland, worked for New England Telephone and Telegraph prior to starting her family and at Annalee Dolls in Meredith before retiring.

Eleanor was predeceased by her parents, Tom and Nunziata; step-father Joseph Previdi; her sister, Mary; brother Nino; and her beloved husband, Ralph.

Eleanor is survived by her sister, Louisa McCue of Unionville, Conn. and brother Carlos "Cosmo" Tomacelli and wife, Ruth, of El Paso, Texas. She is also survived by her children, Linda Cass of Shelter Island, N.Y., Marcia Lyford of Dover, Katherine Lyford-Hall and husband Mark of Rumney, Ralph C. Ly-

ford II and wife Cathy of Bridgewater, Jeffrey Lyford and wife Deborah of Ashland, E. Theresa Gilpatric and husband Bill of Bridgewater, Sandra Watson and fiancé Kenneth Silvia of New Hampton, Nancy Sawyer of Rumney, Daniel Lyford and wife Julie of Meredith and Thomas Lyford and wife Jami of Holderness; 15 grandchildren; 16 great-grandchildren; and many nieces and nephews, all of whom loved her very much.

The family extend their most sincere appreciation for the care and compassion provided by the St. Francis Nursing and Rehabilitation Home. In lieu of flowers, the family suggests donations made in the name of Eleanor Lyford to Food for All, c/o Linda Folsom, 26 Nash Drive, Ashland, NH 03217.

Calling hours were held at the Dupuis Funeral Home on Saturday, March 25, 2017 from 6-8 p.m. A Mass of Christian Burial was celebrated at Holy Trinity Parish St. Agnes Catholic Church, Ashland, on Monday, March 27, 2017 at 11 a.m. Dupuis Funeral Home in Ashland is handling arrangements; for more information, go to [dupuisfuneralhome.com](http://dupuisfuneralhome.com).

## Augustus Poisson, 57

BRISTOL — Augustus 'Gus' Poisson, 57, of Bristol, passed away March 23, 2017 at Concord Hospital.

Born May 28, 1959, he was the son of Glenice Poisson and the late Walter Poisson, Sr. Gus graduated from Laconia High School in 1977 and joined the US Marine Corps. During his service, he traveled overseas and around the country. He later worked maintenance at Freudenberg-NOK for over 20 years. In his spare time, he enjoyed hunting, fishing, and riding his mo-

torcycle.

In addition to his mother, Glennice Poisson of Salisbury, Gus is survived by his partner, Shana Tessier of Bristol; children Jaimie Poisson and wife Cecilia of Florida, Sarah Poisson of Florida, Nicole Tessier of Plymouth, Renee Poisson of Texas, and Skye Taverna and husband T.J. of North Carolina. He is also survived by his brothers, Walter Poisson, Jr. and Jim Poisson of Laconia, and John Poisson of Nashua, as well as his niece, Catherine Poisson; his

nephew, Zach Poisson; and grandchildren.

He was predeceased by his father, Walter Poisson, Sr., and his sister, Mary-Louise Poisson, in 1993.

Calling hours will be held from 3 to 5 p.m. on Thursday, March 30, 2017 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A graveside service with military honors will be held at a later date at the New Hampshire State Veterans Cemetery in Boscawen.

For those who wish, memorial contributions may be made to New Hampshire Veterans Cemetery Association, Inc., PO Box 626, Concord, NH 03302-0626.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

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## Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland, (across from Shurfine Market). Parking is available behind the church.

**Sundays -**  
9 a.m. - Traditional Worship Service followed by coffee/fellowship in the church dining room  
9:25 a.m. - KidZone for K - grade six

11 a.m. - Contemporary Worship Service  
11:15 a.m. - KidZone for K - grade six.  
11:15 a.m. - Youth Sunday School.

"Toddler Zone" is available at both services for infants -age five  
Before the contemporary service please join us for coffee and healthy snacks.

**Upcoming Sermon Series**  
Influence With Outsiders  
March 26th - "Power and Responsibility"  
April 2nd - "Stumbling Blocks"  
April 9th - "More Than A Christian!"

What Makes You Happy?  
April 16 - "The Ultimate Hope For Happiness"  
April 23 - "Nothing"  
April 30 - "Plan For It"  
May 7 - "Peace With God"  
May 14 - "Happy Money" (Mother's Day!)  
May 21 - "Shoes"  
May 28 - "You're Not Enough"

**Small Group Study Building Your Marriage To Last**  
Led by Ernie Madden  
Tuesdays 6:30 - 8 p.m.  
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**Who Needs God?**  
Perhaps nobody. Perhaps everybody. Perhaps we should talk about it.  
Led by Ernie Madden  
Thursday's 6:30 - 8:15 p.m.

Axon Youth Ministry, for grades six through 12,  
Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.)

just around the corner from the church. This youth ministry will be meeting every week and is led by our new youth and worship pastor, Aaron Stout along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland but surrounding towns as well.  
Spread the word and bring your friends.

**Mondays:**  
8 p.m. - Alcoholics Anonymous Group meets in the church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions please call Pastor Ernie Madden at (office phone number) -968-9463, (home phone number) -968-7770 or his cell phone at 412-2046. You can also email him at accernie@hotmail.com or visit the church Web site, ashlandcommunity-church.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our Dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus and to help others to do the same. Real church, real people, real simple. We look forward to seeing you on Sunday  
And remember Just come as you are! No perfect people allowed!

## Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at 10 a.m., followed by coffee hour. Our Bible study meets on Thursday mornings at 9 a.m. and all are welcome. Please come meet our new Interim Minister, Rev. Earl Miller.

On Wednesday, April 5, our church will host the Newfound Area Churches (NAC) meeting. Breakfast will be served at 8:30 a.m. and the meeting will start at 9 a.m. The Last NAC Lenten service will also be on Wednesday, April 5 at noon at our church followed by a light lunch.

We gather once a month to make soup for people in our local communities. Our next soup route is April 10. While we are making soup for others, we also share a meal of soup, salad, bread and dessert. If you would like more information about Soup Route, would like to volunteer, or would like to receive soup from us, please contact our Church Secretary using the contact information listed below.  
Easter Sunday service, on April 16 will be at the regular worship time of 10 a.m. There will also be a special Maundy Thursday service on April 13 at 7 p.m.

Our church is located in the center of historic Hebron village at the intersections of North Shore Road and West Shore Road. Our church

secretary's office hours are Tuesdays from 9:30-11:30 a.m. and Wednesday and Thursday afternoons from 1-3 p.m. and our phone number is 744-5883. Our address is 16 Church Lane, PO Box 67, Hebron, NH 03241. The secretary's email address is staff@hebronchurchnh.org. To find out more about our church, please visit the church Web site at www.hebronchurchnh.org.

## Holy Trinity (Roman Catholic)

**Day Away program**  
Are you caring for a loved one diagnosed with Alzheimer's or Dementia? The Day Away program has openings available and offers a wonderful chance for family members with dementia to experience a day away from home with various activities to do with caring staff and volunteers (with meal included), while also giving the caregiver some much needed time off. Please contact Christine Santom at 786-2283 or come by and visit between the hours of 9 a.m. and 3 p.m. every Thursday in Simard Hall underneath Our Lady of Grace Chapel. Day Away is a non-denominational program open to all qualified participants in the Lakes Region. Volunteers are always needed.

Newfound Area Churches Lenten Noon-time Service and Luncheon

If school is cancelled, there will not be a service. If school is delayed, there will be a service. • March 29: Alexandria Methodist • April 5: Hebron Union Service begins at noon, followed by a light lunch.

The Stations of the Cross will be prayed every Friday during Lent. The Stations will be prayed at each campus at the following times:  
St. Matthew - Noon  
St. Agnes - 3:30 p.m.  
Our Lady of Grace - 6 p.m.

**Campus Ministry**  
Way of the Cross and Resurrection: Lynn Durham will offer a series of thought-provoking reflections she has created for the Stations of the Cross on Tuesday, March 28, 6-7 p.m., at St. Matthew Church. Sponsored by PSU's Catholic Campus Ministry, we invite all parishioners to join us. And bring your journal - you'll want to capture your own insights throughout this journey!  
First Sunday Rosary: Join Campus Ministry students in praying the Rosary on Sunday, April 2, before the 11:30 a.m.

Mass at St. Matthew church. Prayer starts at 11:15 a.m.

Monthly Movie Nights for PSU students continue on Tuesday, April 4, at 7 p.m. in Frost Commons. The theme is "Stories of Faith and Meaning." Offered by Campus Ministry, this takes the place of a weekly meeting that night. Bring friends and enjoy movie refreshments!

**Benefit Quilt Auction**  
Will you donate a quilt? If you're a quilter and want to donate a homemade quilt to raise funds for Haven Pregnancy Center, please contact Beth at 536-2111, or Eileen at 536-3323. Quilts are due by Sept. 30. Our online auction runs from Oct. 30 through Nov. 30. Visit our auction page at www.quiltauctionnh.com.

## Triduum Schedule

Day of Reconciliation, Monday, April 10  
11:30 a.m. - 1 p.m. St. Matthew Church  
6:30 - 8 p.m. St. Matthew Church  
Morning Prayer: Thursday, April 13  
8 a.m. St. Agnes Church  
Holy Thursday: April 13  
7 p.m. Our Lady of Grace Chapel  
Morning Prayer: Good Friday, April 14  
8 a.m. St. Matthew Church  
Stations of the Cross: Good Friday, April 14  
3 p.m. St. Agnes Church  
Good Friday Services: Friday, April 14  
5 p.m. Our Lady of Grace Chapel  
7 p.m. St. Matthew Church  
Morning Prayer: Saturday, April 15  
9 a.m. St. Matthew Church  
Easter Vigil: Saturday, April 15  
8 p.m. St. Matthew Church  
Easter Sunday: April 16  
7:30 a.m. St. Matthew Church  
9:30 a.m. Our Lady of Grace Chapel  
11:30 a.m. St. Matthew Church

**Weekly Meetings**  
**Thursday, March 23**  
Day Away, Simard Hall, Our Lady of Grace,

9 a.m.  
**Saturday, April 1**  
Catholic Daughters Meeting, St. Matthew Church, 5 p.m.

**Sunday, April 2**  
Knights of Columbus Breakfast, St. Matthew Hall, 7 a.m.

Rosary, St. Matthew Church, 11:10 a.m.

Faith Formation classes Ashland/Plymouth: 9:15 - 10:45 a.m., St. Agnes Hall (With Divine Mercy Chaplet) Bristol: 10:30 a.m.—noon, Simard Hall  
Confirmation classes Bristol, 9:30 a.m. - noon, Marian Center Plymouth: 10:15 a.m. - 12:30 p.m. - St. Matthew Meeting Room Boy Scout meeting, St. Matthew Hall, 5 p.m. ~AA meeting Monday-Saturday, St. Matthew Hall 11 a.m.~

~AA meeting Monday-Saturday, St. Matthew Hall 11 a.m.~

## Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

But now that so much is changing, isn't it time for us to change? Couldn't we try to gradually develop and slowly take upon ourselves, little by little, our part in the great task of love? - Rainer Maria Rilke

Sunday, April 2, 9:30 a.m. Celebrating the Fool

Rev. Linda and a cast of other of questionable characters

Join us for our traditional April Fool's service in which we celebrate the holy in the humorous, the miraculous in the merry, and the sacred in the silly. This is our day to make fun of ourselves with humor and foolishness. Come dressed in your most outrageous Sun-

day best. Bring your children and any instrument for a shared band experience.

Visitors are invited to attend the service as well as all programs at the church. Nursery care is provided for infants and toddlers. The children's program is usually held downstairs concurrently with the service. Join us for coffee and conversation following the service.

Children and Youth Religious Education, Meredith Flynn, DRE

A Time and place to help strengthen a child's moral compass.

Children are invited to attend the entire service this morning for a time of silliness and fun! The service is our annual April Fool's Day service. It is entirely appropriate for children of all ages (even adult children!). Please join us.

Middle school: Neighboring Faiths- Our middle school youth will be meeting from 9:30-10:45 a.m. for class in the upstairs Youth Room.

High school: Youth Group- The high school Youth Group meets the second and fourth Sundays of the month from 6-7:30 p.m. in the upstairs Youth Room.

Saturday, April 8, 2 p.m. Please join us for the installation of Reverend Dr. Linda Barnes as the third settled minister of Starr King Unitarian Universalist Fellowship. Reception to follow and childcare is available.

Social Justice Community Outreach for April - Voices Against Violence provides free and confidential assistance to women, men and children throughout lower Grafton County. Voices maintains a 24-hour crisis line, a confidential shelter for women and children seeking safety, individual support and advocacy and much more. Voices works with children and teens, helping them understand that the violence is not their  
SEE CHURCHES, PAGE A13

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# NH Music Festival & Heifetz Institute announce partnership

*Joining forces to expand & promote classical music performance and education in NH*

PLYMOUTH —The New Hampshire Music Festival (NHMF), based in Plymouth, and the Heifetz International Music Institute, based in Staunton, Va., announced earlier this week a new partnership designed to broaden the exposure to high-level music-making to audiences throughout the Granite State, exposing primary school students to inspiring classroom performances, master classes, and workshops, as well as creating opportunities for the supremely gifted young Heifetz Institute musicians to perform with NHMF's acclaimed professional orchestra.

Building on the historical residency and performance history of the Heifetz Institute in Wolfeboro, the New Hampshire Music Festival has announced its 65th Season this summer will include two full orchestra concerts at Kingswood Regional Performing Arts Center (July 8 and Aug. 5) and two chamber music concerts at Anderson Hall on the campus of Brewster Academy (July 15 and July 29).

"The Heifetz Institute's devoted classical music lovers have been wonderfully responsive to our recent performances in Wolfeboro and we are thrilled to be making a commitment to the community and expand the Festival's season," said Deb Kosits, Executive Director of the New Hampshire Music Festival.

Collaborating with Benjamin K. Roe, Executive Director of the Heifetz Institute, both organizations are committed to mutual promotion of their seasons and share a long-term goal of creating opportunities for the young Heifetz musicians to participate in the Festival's summer chamber music and Music in the Mountains series. The unique training received by Heifetz musicians offers the audience an enormously engaging and inspirational concert experience. Both organizations look forward to passing on the benefit of that experience to Grafton County area grade schoolers who will have the opportunity to participate in classroom workshops and side-by-side performances with

the Heifetz musicians while they are on tour in New Hampshire.

"During its decade in New Hampshire, the Heifetz Institute really came of age," notes Executive Director Roe. "Founder Daniel Heifetz's pioneering vision of combining high-level string instruction with the unique cross-disciplinary Heifetz Performance & Communication Training© system, designed to teach young musicians to communicate the emotion of music, beyond mere technical agility and beautiful playing, were truly refined and realized in Wolfeboro. Our summers at Brewster Academy (2002-2011) were marked by exponential growth in the Institute's quality, popularity, and national reputation, and we are thrilled both to return to our Granite State roots, as well as to advance our shared goal with the New Hampshire Music Festival's mission to redefine and popularize the classical music concert experience for audiences in the Lakes Region."

Kicking off the partnership for 2017, the Music Festival is pleased to

be hosting a performance of a quartet of Heifetz artists, to be held at the Smith Recital Hall at Plymouth State University's Silver Center for the Arts on Friday April 14, 2017 at 7:30 pm. "Communicate – Engage – Inspire" is the motto of the Heifetz Institute, and you will witness living proof of that mission when four brilliant Heifetz artists – violinist Rachell Wong, violist Andrew Gonzalez, cellist Ben Fried and pianist Carlos Avila present a program that will feature some stunning Baroque virtuoso pieces, timeless favorites by Rachmaninoff and Manuel De Falla, some crossover Celtic fiddling, and will culminate with a complete performance of Robert Schumann's Piano Quartet in E-flat major, one of the true masterworks of chamber music. Go to [www.nhmf.org](http://www.nhmf.org) and can be purchased in advance for \$20 for

adults and free for students.

## About The New Hampshire Music Festival

The New Hampshire Music Festival is a summer festival that honors the tradition of classical music while exploring new artistic paths. Our organization offers patrons an engaging, immersive festival experience by presenting world-class performances of symphonic, choral and chamber music. Strong collaborations with community partners are a hallmark of this important cultural institution, enabling transformative music experiences and educational programs to students of all ages.

For 20 years, the Festival has been in residence at Plymouth State University at the Silver Center for the Arts. The festival was founded in

1952 as a small chamber orchestra performing on Melody Island in Lake Winnepesaukee and has grown to be a highly-valued community asset. Every summer during July and August, professional musicians from around the country come to Plymouth to perform well-known classics and contemporary works.

## About the Heifetz International Music Institute

Founded in 1996, The Heifetz International Music Institute is held on the campus of Mary Baldwin College located in Staunton, Va., for six weeks each summer. The Institute is highly selective, as hundreds of the most brilliant and deserving young string players (violin, viola, and cello) from all over the globe apply to the Institute for only 80 openings. The Heifetz

SEE HEIFETZ, PAGE A14

## Flying Monkey announces an evening with Jethro Tull's Martin Barre

PLYMOUTH —The Flying Monkey Performance Center presents The Martin Barre Band on Saturday, April 1st at 7:30 p.m. Best known as the lead guitarist for Jethro Tull, Barre has since gained critical and fan praise for his solo projects. Tickets for this concert start at \$29.

It's not that Martin Barre wants to forget Jethro Tull—the group in which he was a member for 43 years—but he's certainly moved on musically. Although the Grammy Award-winning Barre is most closely associated with Tull—he joined the band in 1969 for its second album, *Stand Up*, and was continually hailed by critics for his virtuosic playing—he also has a solid body of solo work and collaboration with musicians including Paul McCartney and Phil Collins. After Tull founder and frontman Ian Anderson shifted musical direction in 2011, Barre began to tour with his own band.

"This has been a whole turning point musically. We will always have the Tull connection—that goes back to my roots and our fan base—but I want to take the fans with me. Essentially our musical style isn't really changing. [Back To Steel] is a more direct approach to my songwriting, and our intention is to make it more workable and accessible for an audience to enjoy."

The way Barre ap-



COURTESY

The Flying Monkey Performance Center presents The Martin Barre Band on Saturday, April 1st at 7:30 p.m.

proached life after Tull was first to record an acoustic album.

"That gave me confidence," he says.

He formed bands with different lineups, before settling on the one he has now. His latest album, *Back To Steel*, has his own compositions, with a decidedly blues rock flavor, as well as renderings of classic Jethro Tull tracks "Skating Away" and "Slow Marching Band" and an arrangement of "Eleanor Rigby" by The Beatles.

"[Jethro Tull music] will always be a part of my work," Barre says. "But I hope it becomes about 40 percent instead of 60 percent. I will never turn my back on it, though. I'm not so stupid that I don't know that people come to hear me play so they can hear Tull. But a lot of that music is in me, anyway. That's not far from home. It

will always be there. It's a great night out," he said of going to the band's shows. "The music is for everybody."

Tickets for Martin Barre Band are \$29, and \$39 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at [www.flyingmonkeyNH.com](http://www.flyingmonkeyNH.com).

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## Teach Your Children Well ... About Finances and Investing

High debt levels ... lack of savings ... the inability to budget – these problems all have several causes, but one of them is almost certainly financial illiteracy. Too many of us just never developed the money management skills necessary to cope with our complicated – and expensive – world. But if you have young children, you can teach them some money-smart lessons – and who knows? You could use the opportunity to give yourself a few valuable reminders, too.

Here are some suggestions for a financial "curriculum":

- Save for a goal. In our highly commercialized culture, it's almost inevitable that your children will eventually become somewhat acquisitive. Obviously, it's important to teach them that they can't have everything – and they certainly can't have everything right now. So, once they are old enough to receive an allowance or to earn money in some fashion, encourage them to set a goal for something they want, such as a toy or video game, and to put money aside every week for that goal. It's also an excellent idea to model this behavior yourself. So if you

are considering making a major purchase in the not-too-distant future, such as a car, show your children how you are setting aside money regularly for this purpose, rather than borrowing as much as you can or putting the entire purchase on a credit card.

- Establish a budget. It can be challenging to create a household budget and just as difficult to stick to it – but for most people, it's worth the effort. You'll be doing your children a favor by showing them how you have a certain amount of income and where it goes – mortgage, utilities, groceries, retirement accounts, etc. – each month. Explain to your kids that by staying within your budget, you can help avoid problems such as debt and extra fees tacked onto bills for late payments. You might also want to point out that, as your income rises, you can gain greater flexibility in budgeting. Here's the key point: Living within your means pays off in the long run.
- Have fun with investing. It might surprise you, but even young children enjoy learning about the investment process,

especially if you explain to them that they can be an owner of a company that makes a product or service they like. You might want to pick such a company and, along with your child, chart its course over time. You could give your child a pretend \$100 bill to "invest" in this company and then see how its value changes, explaining along the way that various factors – such as the popularity of the company's products, the skill of its managers, and so on – will affect the stock's price. At some point, you may even wish to purchase real stocks for your child and place them within a custodial account. And you might also want to show your child how your own stocks and other investments are performing. The investment world can be fascinating, and by sharing your enthusiasm for it with your children, you can encourage them to invest throughout their lives.

Knowledge is power. And the more knowledge about finances and investing that you can impart to your children now, the more empowered they will be to make smart financial moves in the future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at 279-3161 or email Jacki at [Jacqueline.Taylor@edwardjones.com](mailto:Jacqueline.Taylor@edwardjones.com). Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook [www.facebook.com/EJAdvisorJacquelineTaylor](https://www.facebook.com/EJAdvisorJacquelineTaylor).

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## KINDERGARTEN REGISTRATION FOR 2017-2018 SCHOOL YEAR

The Newfound Area School District will hold its annual Kindergarten Connection for all children who will be entering kindergarten in August 2017 as follows:

- Tuesday, May 9 for children residing in **Bristol & Alexandria (744-2761)**
- Wednesday, May 10 for children residing in **New Hampton (744-3221)**
- Thursday, May 11 for children residing in **Danbury (768-3434)**
- Friday, May 12 for children residing in **Bridgewater/Groton/Hebron (744-6969)**

If you have a child who will be five years old on or before September 30, 2017, please call the school in the town you reside: Bristol Elementary School (744-2761), Bridgewater-Hebron Village School (744-6969), New Hampton Community School (744-3221) or the Danbury Elementary School (768-3434) as soon as possible. Appointment times and registration packets will be mailed to all parents with kindergarten eligible students.

**Note:** Children residing in Alexandria will attend either the Bristol Elementary School or the Bridgewater-Hebron Village School. Determination is made according to physical address. You may contact either school for more information.



# SUMMER CAMPS '17

## Things to consider before choosing a summer camp

Though February does not often elicit images of youngsters building campfires or playing games in the pool, the month more synonymous with the Super Bowl and Valentine's Day is a great time for parents to start thinking about summer camps for their kids.

Summer camp is often something kids look forward to, and something they will fondly recall long after they reach adulthood. For many kids, summer camp provides a first taste of independence, as youngsters spend significant time away from home without their parents for the first time in their lives. But as great an experience as summer camp can be for youngsters, it can be just as difficult an experience if parents don't find the right fit for their children. That's why it behooves

parents to start thinking about summer camps for their kids in winter, before camps start filling out their rosters, which tends to happen in early spring. The following are a few things parents should take into consideration when seeking a summer camp for their kids.

### Staff

The right summer camp staff can make all the difference. Many children are understandably shy when arriving at a summer camp, as their friends from back home might not be joining them. That can make kids hesitant to participate in activities or less enthusiastic about those activities. But a good staff will know how to make kids feel welcome, which should help them come out of their shells and make the most of their summer camp ex-



periences. The quality of staffs can vary significantly depending on the camp, so it's important that parents ask camp representatives about their staffs before making any commitments. Ask how long the staff has been together and the types of training new and even veteran staff members undergo before the start of camp season? Does the training include first aid and emergency medical training and certification?

It's also good to ask about the vetting process the camp employs before hiring new staff, including the extent of its background checks. Are criminal background checks conducted? How many references must potential staff

members supply to be considered for employment? A good camp will be forthcoming with answers to all of your questions, so eliminate those that appear hesitant to share information about their staffs.

### A day in the life

When vetting camps for kids, parents should ask what a typical day is like once the season hits full swing. Many parents want their youngsters to have a well-rounded experience, while others might want their kids to attend a more specialized camp, whether it's a sports camp focusing on a particular sport or a music camp devoted to helping kids become better musicians. Regardless of the type of

camp parents are considering for their kids, they should ask about what daily life at the camp is like. Ask to see schedules and how strictly camps adhere to those schedules. When considering specialized camps, ask the staff representative if kids will have the chance to simply have a little fun and which types of recreational activities are planned to give kids a break from what are often rigorous schedules.

### Camp goals

Another thing parents must consider before choosing a summer camp for their kids is the goals of each individual camp. A camp should be dedicated to ensuring kids have fun, even when kids are attend-

ing more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



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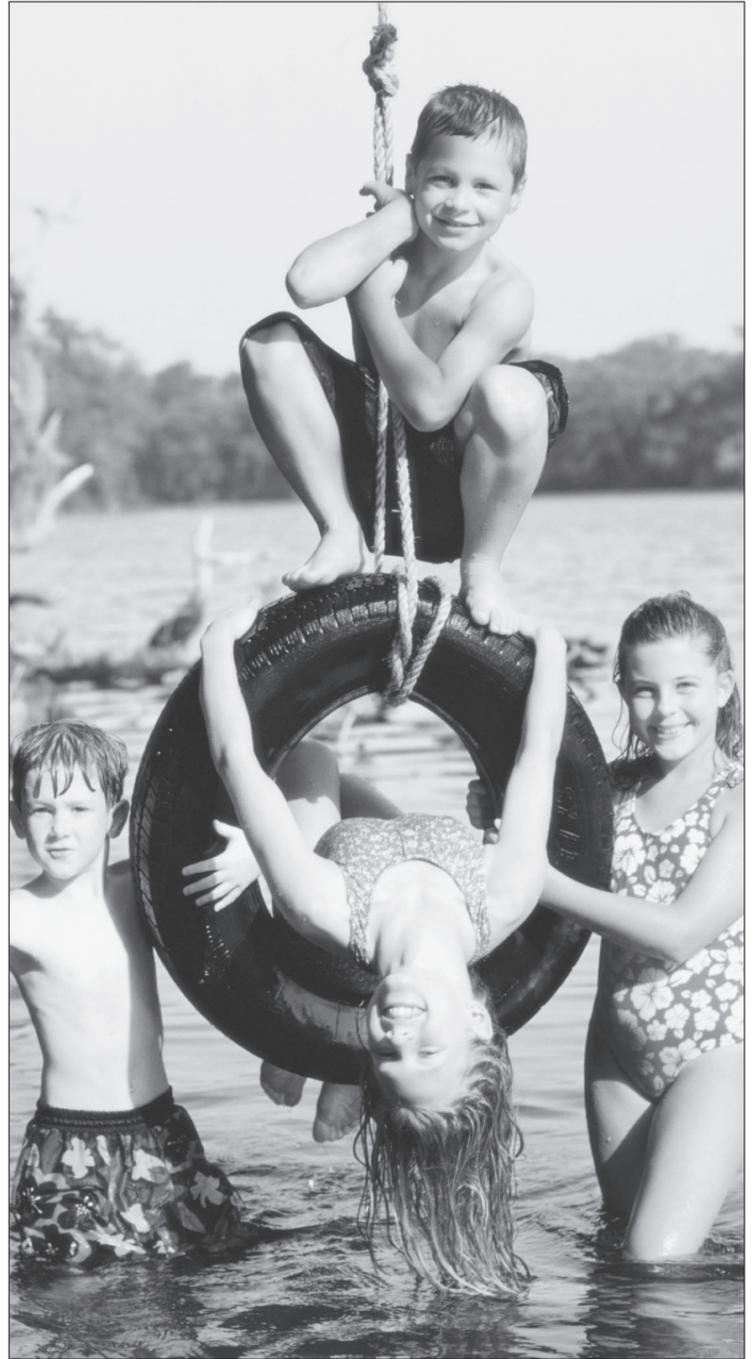
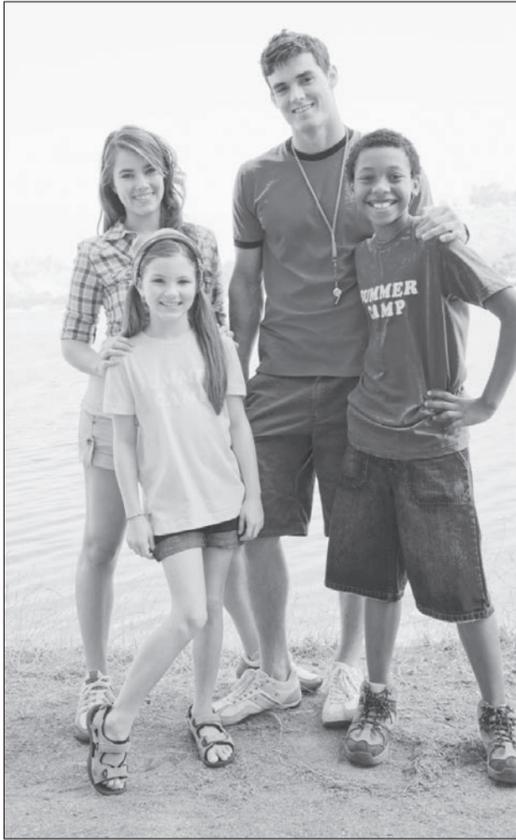
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# 15th Annual SUMMER CAMPS '17

kids are attending more specialized camps that tend to be more strict. In addition, parents should look for a camp that wants its attendees to foster relationships with their fellow campers. Camp can be lonely for some youngsters, especially those attending summer camp for the first time, but a summer camp that strives to promote friendship among its campers can reduce, if not eliminate, any feelings of homesickness.

Late winter is when parents should start looking at summer camps for their kids, and there are a host of factors moms and dads should take into consideration during the vetting process to ensure their youngsters have as much fun as possible.



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# Mid-State Health Center welcomes Dr. Viking Hedberg

*Dr. Viking Hedberg will join Mid-State beginning in April*

PLYMOUTH — Mid-State Health Center is pleased to announce that Viking Hedberg, MD, MPH, will join our team of providers offering pediatric and adolescent services beginning in April 2017.

Dr. Hedberg received his undergraduate degree from Yale University, completed medical school at Columbia University, and is a leader in pediatric and adolescent health with more than 20 years of experience serving the families in the Plymouth region.

“Dr. Hedberg’s commitment to health and wellbeing of the children in our community is inspiring, which simply makes him an excellent choice to join our family-focused practice. We are so pleased to welcome him to the Mid-State team,” said Chief Medical Officer, Dr. Claire Reed.

Dr. Hedberg says his goal is to continue taking care of the community’s children.

“My priority is to ensure that our community has access to high-quality, personalized care that puts families and their needs first,” he explains. “I

am pleased to be joining a truly innovative team at Mid-State that is committed to the same goal.”

Dr. Hedberg will be located in Mid-State’s Plymouth office, just up the hill past Walmart.

Mid-State and Dr. Hedberg look forward to expanding Mid-State’s pediatric and



**Viking Hedberg, MD, MPH, Pediatric & Adolescent Medicine**

adolescent services and happily welcome families wishing to follow Dr. Hedberg to Mid-State. Sharon Beaty, CEO shared, “the care and support of children in the community are a top priority. Mid-State is committed to making the transition to our practice as easy as possible for families who would like to follow or

join Dr. Hedberg here.”

Mid-State’s Patient Services team is offering a stress-free process to help families join the practice. Simply call them at 603-536-4000 and they will ensure you have everything you need for your children to join Dr. Hedberg at his new medical home.

Please join us in wel-

coming Dr. Hedberg to the Mid-State family!

Mid-State is accepting new patients of all ages and encourages anyone interested in learning more about Dr. Hedberg or the entire Mid-State’s clinical team and its services, to visit them on the Web at [midstate-health.org](http://midstate-health.org) or by calling 536-4000.

## Alcohol abuse in seniors

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

It can be common for friends and family members to overlook – or completely miss – an aging loved one’s abuse of alcohol. For instance, if he or she has always included alcohol in his or her daily routine, recognizing increased (but gradual) frequency in drinking may be difficult. Similarly, seniors may turn to alcohol as a way to deal with physical or emotional pain, loneliness, or other forms of stress – secretly and without anybody ever knowing.

**The Effects of Alcohol as We Age**  
According to the Na-

tional Council on Alcoholism and Drug Dependence (NCADD), alcohol abuse among older adults is quickly becoming one of the most dire health challenges in the U.S. A leading factor in this is that some seniors may not understand that their bodies respond differently to alcohol than when they were younger. While it’s common knowledge that our bodies change with time, it may not be so obvious that our tolerance for alcohol can change, as well.

As we age, the amount of water within the body decreases (allowing for a higher blood alcohol concentration), but also, alcohol stays in the liver

longer and is not metabolized nearly as quickly or efficiently. Thus, drinking what could be considered a small amount of alcohol – for those that are in their 30s, 40s, or 50s – may quickly impair a senior’s judgement and/or coordination, leading to falls or other serious injuries.

The immediate effects of alcohol are certainly a cause for concern, but the long-term consequences can be just as life-threatening. Excessive drinking, over time, can cause result in the following:

- **Liver damage**
- Various types of cancer
- Immune system disorders
- Exacerbation of existing health conditions

(including high blood pressure and diabetes)

- Brain damage

Additionally, mixing alcohol with medication, either taken for illness or chronic conditions, can also result in serious health issues and even death. This is especially alarming when you consider that nearly every adult over the age of 65 takes at least two forms of medication each day.

### Identifying Alcohol Abuse in Seniors

Some of the typical warning signs of alcohol abuse, such as irritability, fatigue, and insomnia can be mistaken for other problems commonly found in seniors. This can make identification of alcohol abuse difficult not only for friends and family members, but also for medical professionals, especially if they are not given enough context or history. However, there are other key signs to look out for. They include the following:

A decreased interest in hobbies or leisure activities

### Memory loss

Increased frequency in health complaints

Slurred speech, smell of alcohol, or general change of appearance

Diminished hygiene  
Sudden change in eating habits

### Addressing the Issue and Next Steps

If you or a family member suspect that a senior loved one is abusing alcohol, it’s important to discuss the matter with him or her in a calm, respectful way. Many seniors may not even be aware that they’re using alcohol in excess. As noted previously, they also may not understand the increased risk of drinking at an advanced age (especially with medication in the equation) – so it’s important to reinforce your

concern with education about the effects of alcohol on older adults.

Communication and education are both key to helping a loved one, but if he or she needs help in overcoming alcohol dependency, there are other ways to get assistance. Support groups, such as Alcoholics Anonymous, can be a great way for seniors to talk with others also struggling with alcohol abuse, while also receiving helpful strategies.

### Comfort Keepers® Can Help

If you no longer live near your aging loved one, it may be time to consider having Comfort Keepers® lend a helping hand. Our professional caregivers – who we call Comfort Keepers® – can provide companionship and interaction, helping relieve symptoms of depression. A caregiver can also notify family members of changes in your loved one’s behavior or physical characteristics. If you want to learn more about Comfort Keepers’ in-home care services, contact your local office today.

### About Comfort Keepers

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## Homestead

FROM PAGE A1

er all her life.

"I don't remember how not to crochet or knit," she said. "When I was just a little girl, my mother gave me a bunch of buttons, a piece of cloth, a needle and thread. She told me to sew all the buttons onto the cloth and I've been sewing ever since."

When she moved on from that first hand stitching challenge, she began using a tread-mill-sewing machine, a piece of equipment she still treasures today.

Duquette confessed she should have been born in 1860 but was born 100 years too late.

She has a deep-seated passion for handcrafted items and that is what she has focused her business on—things made by hand, whether it is clothing, jewelry, home décor, wood crafts or any other "homegrown" items. In just five months her store has come to host 21 local talents and she looks to add even more in the near future.

"I'm aiming to have 35 vendors in here by May," she said.

Duquette charges no commission on the sales of items brought into her shop, asking only a \$20 per month vendor fee for the space.

"Why should I make money off of something someone else took the time to make?" Duquette asked. "It's only \$5 a week for them to get their items out there for sale, too, rather than have them all sitting home in a closet. And, that just makes me work harder to produce my own things for sale."

A visit to the shop proves that she and her vendors have indeed worked hard to fill the two showrooms of



DONNA RHODES

**Wood crafts, jewelry, crocheted goods, handmade soaps, pillows, Buskins Leggings and even Avon products are just some of the many items now available at Homestead Creations on Pleasant Street in Bristol.**

Homestead Creations.

Their talents include woodworking, photography, jewelry, crocheted and knitted goods, tableware, pottery and much more.

Ronald Maclean offers his hand-turned wooden utensils, all of which are actually usable for eating purposes. He also makes wooden stem vases and trinket boxes among other fine home accessories.

A wide selection of the popular Brownie's Beads jewelry of Alexandria is also found in the shop, along with beautiful pieces from JoJo's Jewelry that even young teens would enjoy.

Cardigan Mountain Soap has their all-natural products on sale at Homestead Creations. Dawn Haskill provides a wide array of hand crocheted goods and Maggie Laberge's locally produced cook books are also available.

As if that isn't enough, there are placemats, dish towels, wreaths with floral arrangements, sculptured pottery wall hangings, notecards featuring local photography, and even some adorable hair barrettes for little girls.

Duquette's husband Rob is also one of her vendors. Rob creates wall hooks, bottle openers, candle and plant holders from metal horseshoes.

Plans for other horse-shoe-sculpted pieces are also underway.

Besides her Avon products, Duquette herself has many of her own home-crafted items in the shop. They include crocheted hats and mittens, baby blankets, quilts, cloth tote bags, and some clever new "Swiffer Mop" covers made of fleece or wool.

"Those work really, really well on floors and you can just toss them in the sink to rinse them off for the next time," she said.

This spring she and her sewing machine will be busy in the back room of the shop as she begins sewing infant clothing as well as an array of classic Prairie dresses, shorts, and shirts for both children and adults.

Her shop is also a dealer for Buskins Leggings, an affordable and popular fashion statement for girls and women of all ages.

"There's a lot in here. People should just stop in and look around," said Duquette.

Homestead Creations is located at 19 Pleasant St. in downtown Bristol, between Cumberland Farms and Gina's Place, and is open Monday through Saturday from 9 a.m. until 5 p.m., closed on Sundays.

## Newfound

FROM PAGE A1

source officer. Debbie Richardson, a resident of Alexandria, asked what, in light of that decision, the district could do to address the problem of youth substance abuse. Petitioners had sought the SRO position to address such issues, since the school district no longer offers programs such as Drug and Alcohol Resistance Education (DARE).

School board member Don Franklin of Hebron said the discussion around the SRO article in his town had focused on what role the existing police officers could play in their local schools. He said people felt the officers in each of the towns could make time to visit

their schools, addressing some of the issues an SRO would deal with.

Migliore said there is a big focus at the state level on the misuse of drugs, and suggested the school district might seek help from the New Hampshire Department of Education and other state agencies in offering programs that would address the issue.

"We may be able to coordinate for some kind of program," he said.

In other business, the school board voted not to renew a mathematics support position added this year through federal funds. Buckley later explained that the middle school teacher had been hired on a temporary basis on Feb. 6 when additional Title I funds became available,

but that those funds expire at the end of this academic year, and the middle school is not eligible for the funding next year.

The board also approved three field trips: a high school music department trip to Six Flags in New Jersey for the Showcase Music Festival; a middle school trip to the Boston Museum of Science; and teacher Laura Hutchins' request to lead another overseas trip to Norway, Denmark, and Sweden during April vacation in 2018. This April, she is leading a trip to Ireland and Scotland after having led a trip to Iceland last year. The early request for the \$3,400 trip in 2018 will allow more time to prepare for the journey, Buckley said.

## Recount

FROM PAGE A1

absentee voting. To verify that count, the number of ballots received was checked against the voter registration check-in sheets, and both were found to be in agreement.

For the recount process last Thursday evening, the three teams were handed 25 ballots at a time and instructed to record the results they found. They were instructed to look over each one, noting those that recorded a vote for only one of the two openings, blank ballots that cast no votes for any of the candidates, as well as those that contained write-in candidates. During their considerations, the teams were

also asked to closely examine ballots with markings that did not always give a clear indication of the vote. Any that were questionable were asked to be presented to Gordon for an official determination.

"What we're trying to do in those cases is to identify the intent. If someone put a check next to a name rather than filling in the oval, it's clear what they intended," said Gordon.

Candidates were also invited to weigh in on any decision in those uncertain circumstances.

As the count began, the candidates or their representatives looked on. They were also allowed to examine the hand ballots received from absentee voters.

While the first count

was off due to a double count of one batch of ballots, a second count matched the original 476 ballot total and revealed only one discrepancy in the election day results.

Gordon declared that the final vote tally was 238 votes for Alpers, 143 for Eichman, 224 for Milbrand and 208 votes (up one vote from the original count) for Sellers, making Alpers and Milbrand the winning candidates.

The missed vote for Sellers, it was noted, was found on a handwritten ballot.

Participants were pleased with the recount process and Susan Duncan said it proved to be a good affirmation of the accuracy of the town's electronic voting machine.

## Strategies

FROM PAGE A5

Suddenly I could see it: I was being given the privilege of becoming a living model, a model not just of my Christian faith, but potentially and equally important, of patience, integrity, self-control, and honesty – all those qualities of a mature character so needed by my family and our society.

But this, I was soon to discover, was to be no cop-out from the pressures of life. Bad things do, indeed, happen to good people; the innocent do suffer for the guilty. Why? Because that's life, and society needs living models who can demonstrate from personal experience that God is still there. I, too, have been to hell and back ... and I know that

Christianity works because I've been there!

Like many Christians, I can tell you that even though I don't deserve it I have discovered, yes, even during times of disappointment and crisis, a unique strength and peace of mind that, frankly, must be experienced to be understood. I have discovered that being a Christian has given me a happiness that surmounts the circumstances, a peace of mind that brings sunshine to my cloudy days. Indeed, it's a wonderful life! We shall, in this column, explore this together.

You want to talk about it? Hit me up at [rlarryscott@gmail.com](mailto:rlarryscott@gmail.com).

*Larry Scott is a retired pastor who currently resides in Northfield.*

## Churches

FROM PAGE A7

fault and is not acceptable, even if that is all they have ever known. Voices shares a common belief that all people are worthy of respect and happiness and deserve to live a life free of violence.

Please bring canned or dry packaged food items for our local Community Closet collection basket in the foyer.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is [www.starrkingfellowship.org](http://www.starrkingfellowship.org), where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship.

## CADY

FROM PAGE A4

help people with ADHD focus better. Stimulants can be addictive and dangerous when abused, though, causing chest pain, stomachaches, and feelings of fear or anger; they can also cause seizures and irregular heartbeats that can cause death.

Prescription painkillers, drugs to treat sleep disorders, anti-anxiety drugs, and stimulants are powerful drugs. There is much scientists have

## Outdoors

FROM PAGE A2

an in Bristol, Overton is thrilled to be work-

ing with NLRA, AMC, and New Hampshire's Audubon to see that others have access to similar experiences.

"The library has always been a place that opens doors to new opportunities and where discoveries can be made. No longer is that possible only through books," she added.

Named for its purpose, the Get Outdoors backpack initiative aligns with several goals the Newfound Region has set for itself. The NLRA seeks to connect people with their environment through outdoor activities and adventures. Bristol's Economic Development Committee has set its sights on making Bristol a

four-season adventure destination. The packs will help make this possible by giving borrowers free access to New Hampshire's state parks and offer ways for those of all ages with varying interests to adventure out.

The library recommends calling in advance to reserve a pack. Reservations and questions about the Get Outdoors initiative can be made by contacting the library at 744-3352. Visit the library at [www.mintsleeperslibrary.org](http://www.mintsleeperslibrary.org), NLRA at [www.newfoundlake.org](http://www.newfoundlake.org), AMC at [www.amc-nh.org](http://www.amc-nh.org), and New Hampshire Audubon at [www.nhauudubon.org](http://www.nhauudubon.org).



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# The Rest of the Story

A14 NEWFOUND LANDING, THURSDAY, MARCH 30, 2017

## Heifetz

FROM PAGE A9

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and beautiful playing, to explore their creative potential, and to redefine the concert experience. As an experiential program, students then put their training in both areas on display via the Institute's 40-plus "Festival of Concerts," average one public concert per day from the end of June to the middle of August each summer, including such popular programs as its "Celebrity Series," "Stars of Tomorrow"

and multi-genre "Heifetz Hootenannies." The Heifetz Institute's National Program of Outreach and Career Development, Heifetz on Tour, consists of year-round concerts and residencies throughout the country, forming partnerships with cultural institutions in both major cities and rural areas. From 2002-2011, the Institute was located on the campus of Brewster Academy in Wolfeboro.



DONNA RHODES

Finn, Brighton and Declan of New Hampton enjoyed freshly made maple lollipops they got while visiting Walker's Sugar Shack in Bristol for the annual New Hampshire Maple Weekend.

## Walker Farm

FROM PAGE A1

cess, families also enjoyed a relaxing wagon ride up to their dairy barns and back.

Despite the unusual weather conditions this year Jeff Walker said production so far was about on par with

last year and, with any luck, the weather will cooperate for a few more weeks. Once buds begin to appear on the trees however, the season will come to an end.

The Walker family's maple products are available now at a few select stores in the area but once the summer

growing season gets underway, there will be plenty more on sale right at their farm stand on Smith River Road in Bristol. For those who may need to stock up before summer however, special purchases can also be arranged for pick-up through their Facebook page.



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For more information or to register visit <http://tinyurl.com/gwtlk6r>



See further up here.

# Newfound Landing Sports

Section **B**

Thursday,

Thursday, March 30, 2017

## Newfound wraps up winter with sports awards

BY JOSHUA SPAULDING  
Sports Editor

BRISTOL — On the same day that spring sports began official practices for the new season, the winter sports season wrapped up at Newfound Regional High School.

The winter sports awards were held on Monday, March 20, and athletes from the boys' and girls' basketball and alpine ski teams and the spirit team were honored for their accomplishments during the winter season.

The Female Athlete of the Winter was presented to girls' basketball sophomore Ashlee Dukette, who was also named the Division III Player of the Year.

The Male Athlete of the Winter was presented to Joe Montgomery of the spirit team.

Athletic Director Peter Cofran presented the Cathy Leaver Athletic Director's Award to the varsity girls' basketball team. The Bear girls finished the regular season undefeated and won the Lakes Region Holiday



COURTESY PHOTO

Newfound winter sports award winners pose with Principal Paul Hoiris. Left to right, Joseph Montgomery of the spirit team (Winter Male Athlete of the Year), Amanda Johnston, captain of girls' basketball team (Cathy Leaver Athletic Director's Award) on behalf of Newfound's first undefeated girls' basketball team and Ashlee Dukette of the girls' basketball team (Winter Female Athlete of the Year).

Hoop Tournament title before eventually falling in the Division III semifinals.

NHIAA Sportsmanship Awards were also presented to one player on each team.

The winner for the JV boys' basketball

team was Brandon Ly while Mason Dalphonse was the winner for the varsity boys' hoop team. For the JV hoop girls, Hayleigh Pabst was the winner and Vicki Steele was the winner for the varsity girls.

For girls' skiing, Victoria Roman was the winner and Charles Gould was the winner for the boys' ski team.

Haley Young was the winner for the spirit teams.

Individual teams also handed out

awards.

For the spirit team, the Captain's Award went to Montgomery, while the Coach's Award went to Kasey Basford. Elveena Shedd won the Perseverance Award and the Bears Booster Club

Student Athlete Award went to Reece Sharps.

The boys' alpine team, Rookie of the Year went to Taun Nguyen, Most Improved Slalom Award went to Reid Wilkins and the Most Improved Giant Slalom Award went to Trevor Robie. Charles Gould won the Bears Booster Club Student Athlete Award.

Stephanie Norton was named Rookie of the Year for the girls' alpine team. Roman won the Most Improved Slalom Award and Sophia Pettit won the Most Improved Giant Slalom Award. The Bears Booster Club Student Athlete Award went to Shanley Camara.

For boys' basketball, Jarrod Fairbank was named the Most Valuable Player. The Defensive Player of the Year Award was presented to Mike Doan and the Coach's Award was given to James Shokal. The Bears Booster Club Student Athlete Award went to Devon Kraemer-Roberts.

Alexis Vantil was

SEE AWARDS PAGE B4

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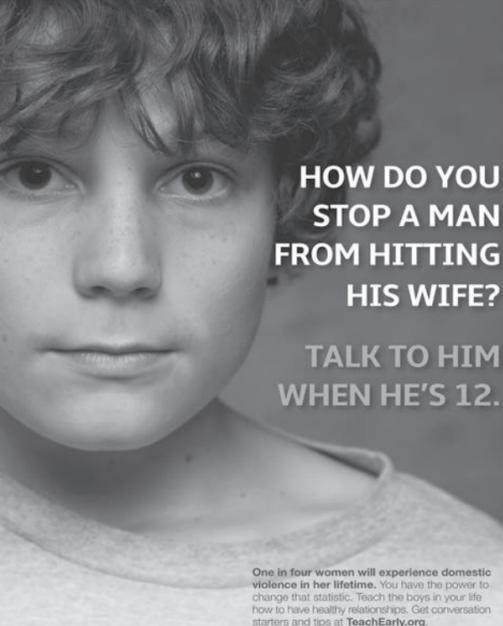
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FUTURES Ad Council

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**AUG 2011**



23  
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**WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT  
2017-2018 School Year**

**Director of Buildings and Grounds**

The WMRS is comprised of 3 elementary/middle schools and one high school serving the towns of Carroll, Dalton, Jefferson, Lancaster, and Whitefield. This is a District-level, administrative position.

The Director shall have extensive experience in planning and supervising operations and maintenance functions including mechanical systems, exterior operations, compliance with all regulations and codes, custodial operations, and energy management. In addition the successful candidate shall demonstrate experience in creating, implementing, and maintaining a rotating capital improvement plan, a facilities plan, crafting bid specifications, and an annual district-wide maintenance budget.

The Director must possess effective presentation, and oral and written communication skills. He/she is expected to represent the District for building projects and must make presentations to the school board at public meetings.

Proficiency in computer skills including Excel, Word, Google Apps, and be able to access and maintain mechanical operational controls from home and work.

In order to accomplish these tasks, the Director of Buildings and Grounds must work closely with the school staff and with the building and central office administrators. He/she must demonstrate strong leadership and team development skills. The Director is a member of the School Board Facilities committee. Must be flexible with hours and days worked according to the immediate facilities needs.

**All applicants must apply on Schoolspring.com  
Paper applications will not be accepted.**

For further information, contact:  
Roxanne Hartlen, Adm. Assistant to the Superintendent of Schools  
White Mountains Regional School District  
SAU #36  
14 King Square  
Whitefield, New Hampshire 03598  
TEL.: 603-837-9363/FAX: 603-837-2326  
Email: [rhartlen@sau36.org](mailto:rhartlen@sau36.org)

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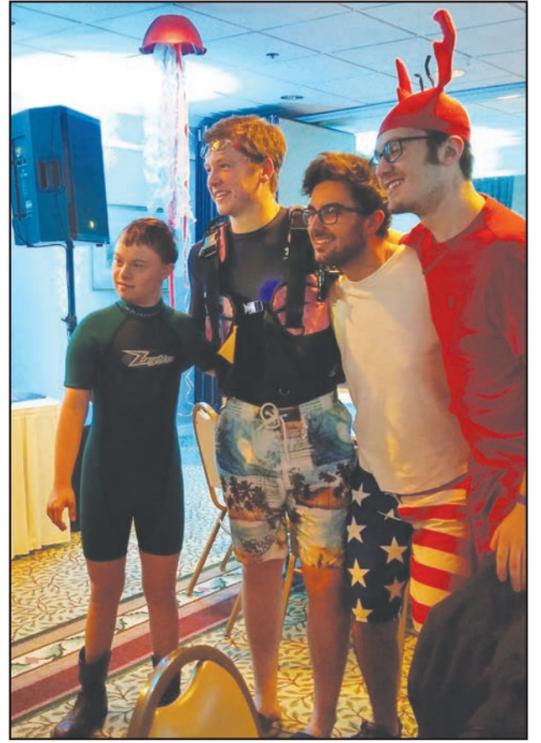
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COURTESY PHOTO

Plungers brave the waters of Lake Winnepesaukee on March 12 for the annual Winni Plunge.



COURTESY PHOTO

Costumes abound at the Winni Plunge on March 12.

# Bears make the plunge for Special Olympics

BRISTOL — The Newfound Regional High School Student Athletic Leadership Team (SALT) and the unified soccer team participated in the annual Special Olympics of New Hampshire “Winni Plunge.” This is the first year NRHS offered unified soccer and their first participation in the plunge.

It was very cold on Sunday, March 12, but there were nine brave

Bears who ‘plunged into Lake Winnepesaukee. Devon Kraemer-Roberts, Alyssa Shaw, Grace Page, Alec Dostie, Charles Gould, Ethan Pruett, John Lellos, Stephanie Burge and Shantell Sharp all ran into the water.

Schools participating included Belmont, Bow, Farmington, Gifford, Hollis-Brookline, Milford, Newfound and Manchester West.

When the totals were

finalized, Newfound raised the most amount of money of the eight schools that participated, \$3,049. In addition, the Bears finished second in the costume category and Zeke Richardson finished third in individual fundraising as he brought in more than \$640.

The Bears are greatly appreciative of all those who donated, especially Squam Lakes Plumbing and Heating.



COURTESY PHOTO

The Newfound contingent made the plunge into Lake Winnepesaukee on March 12.

## Hockey tourney to benefit Ryan Goggin scheduled for this weekend

WOLFEBORO — A three-on-three hockey tournament to benefit Kingswood graduate Ryan Goggin is being scheduled for March 31 and April 1.

The tournament will be a cross-ice tournament with two games being played simultaneously on the Pop Whalen Arena ice with pond hockey rules and no goaltenders. The tournament is open to skaters of all ages. Teams can be anywhere from three to

five players.

The Pop Whalen Arena will be staying open an extra weekend to accommodate the tournament and is donating use of the rink.

Registration will be up on the Wolfeboro Parks and Recreation web site at wolfeboronh.us/parks-recreation.

Goggin is a Kingswood graduate who was injured while serving in Iraq, suffering a traumatic brain injury when an IED blew up a tank he

was in. Last year he was diagnosed with leukemia and his family has been battling with the VA over his healthcare ever since.

The tournament is to both make awareness of Goggin’s story and to raise money for the family. All registration fees will go to Goggin’s family. Those who may not be able to play but still want to support Goggin’s family can make donations at the tournament.



COURTESY PHOTO

### Table donation

Newfound Regional High School is very appreciative of the recent donation of an athletic training table from Choice Physical Therapy of Bristol. The table will benefit both the academic classes that Alan Merrifield teaches, the athletic department and certified trainer Lindsey Barton and most of all the more than 180 students athletes. Pictured (l to r), Barton, athlete Hayleigh Pabst and Merrifield.

## Awards

FROM PAGE B1

presented the Coach’s Award for the girls’ basketball team, while Dukette was named

Most Outstanding Player. Offensive Player of the Year went to Savanna Bony and Molly Schilling was presented the Bears Booster Club Scholar

Athlete Award.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

## Curtain comes up on another Village Players show

Over the last five years or so, I’ve been a part of more than a dozen Village Players productions. My level of involvement has varied from just doing publicity to being a small part of the cast, from working back stage to producer and pretty much everything in between.

The time has come for the spring show and this year we are presenting Biloxi Blues, opening this weekend (March 31 and April 1) and continuing next weekend (April 7, 8 and 9). For this show, I’ve been working as the producer and also helped a bit in building the set. I’ve also been a stand-in at Sunday rehearsals due to one of our actors being unable to rehearse on Sundays.

There are a lot of unique things about this production. First and foremost, we have a first-time director helping to lead the way. Bob Tuttle has been on stage on many occasions at the theater and is making his first foray into directing this spring. Russ Ellis, who has also been on stage many times and has also been a director on many occasions, is joining him in the director’s chair. The two have been fine-tuning the cast over the past few months, preparing them for this Friday night.

Another unique aspect of this show

### SPORTING CHANCE

By JOSHUA SPAULDING



is that an actor who played a character more than 15 years ago is returning to the same role. Greg Parker played the show’s lead, Eugene Jerome, in the first play in this three-part series back in 2001 when the Village Players did Brighton Beach Memoirs. Now he returns to play the same character in the second show in this trilogy, written by Neil Simon.

The third unique aspect of this show is the fact that we have built a very unusual stage, at least for Village Players standards. With a lot of set changes needed in short periods of time, Russ came up with the idea to build a rotating stage on top of our stage, allowing the stage crew to turn the entire set from one scene to another. This allows them to change scenes behind walls while another scene is going on in the front of the stage. This is something that has been done on bigger stages but this is the first time we’ve tried something this ambitious.

The idea is fantastic, though as producer I’ve been stressing a bit about the budget with a serious amount of wood and of course,

lots and lots of wheels. We’ve also had a few problems with some of the wheels, which we’ve been able to fix, but I am sure there is a bit of nervousness from the stage crew going into the opening weekend.

That being said, the show is a good one and the actors have been working hard to put on a good show for our audiences. The behind the scenes people have also put in plenty of time and hard work to make the show look good, from the hard work on costumes done by Toni Dingley and Helen Rautenberg and the set work done by Jay Sydow, Kaylin Dean, Mike Shaw, Dan Charlton, Erik Peterson, Bob Tuttle and Russ Ellis.

With a cast mixed with experience (Greg, Toni, Paul Stewart, Bob Rautenberg, Vinny Amico), a little experience (Alex Andruzzi, Erik Peterson, Chelsea Stewart) and no experience (Luke Andruzzi), there is a great balance to the people on the stage.

I urge everyone to come out and see Biloxi Blues this weekend or next. Tickets are available at the door (cash or check), at Black’s in downtown Wolfeboro or at village-players.com. And if you don’t blink, you might see me hanging around.

Finally, have a great day Helen and Bob Rautenberg.