



Newfound Landing

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COMPLIMENTARY

Selectman poses third option beyond traditional Town Meeting and SB2

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — The arguments are the same each year during public hearings on the potential adoption of RSA 40:13, commonly known as SB2.

Supporters will argue that switching to the Official Ballot Act will give more people a chance to vote because they will not be required to sit through a long business meeting, but can stop by the polling place at any point that is convenient on election day, and cast their votes

by ballot. The period between the first and second session of town meeting will give people a chance to think about the discussion at the deliberative session before having to decide how to vote.

Those objecting will talk about the long tradition of town meeting, where people may arrive with their minds made up, but after learning the facts and hearing the debate, they may change their minds and make a better decision — something that will not happen if they simply

show up to place an “x” on the ballot. Towns that have adopted the change find fewer people attending the

deliberative session, so those casting their votes may have no idea why the article was offered, and vote it down.

So it went during the SB2 hearing before the Bristol Board of Selectmen on Feb. 22, with a divided audience and a

divided board. Young people and old people are no longer attending the long

SEE MEETING, PAGE A10

School Board Chair dismisses default budget concerns

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — School Board Chair Jeff Levesque of Groton says there’s no problem with the Newfound Area School District’s default budget, and he won’t call a special meeting to address Archie Auger’s concerns.

Auger, a former school administrator who lives in Bristol, maintains it is illegal to place \$712,300 in new spending for capital improvements in the default budget, which takes effect if voters turn down the budget article when they cast their ballots on March 13.

“The school board included those items in the proposed operating budget, which is no problem,” Auger said, “but to also include them in the default budget, when the capital improvement plan has never been brought before the voters, is a serious problem.”

The Newfound Area School Board adopted the capital improvement plan developed by its facilities committee last May, and Levesque

said the school district attorney has said that inclusion of capital improvement items in the default budget is proper.

SEE BUDGET, PAGE A10



COURTESY

Bristol woman wins Friends of Newfound Football Chili Cookoff

The annual Chili Cookoff hosted by Friends of Newfound Football, held on Saturday, Feb. 17, saw 18 contestants putting their best Chili forward! Businesses that competed included The Homestead, Common Man and Chubbles of Franklin. We also had several families competing against each other. This made for an exciting and competitive contest. All who came to taste test these amazing chilis cast their vote for their favorite. We thank everyone for taking part. We especially thank these businesses who are mentioned. Winning this year’s contest was Cecile Girouard of Bristol. Cecile’s Chili was the favorite of many. Presenting the winning prize was Sandie Pagani, President of Friends of Newfound Football.

Project Promise offers a variety of activities for Newfound students

BY DONNA RHODES

dirhodes@salmonpress.news

BRISTOL — Project Promise is an after-school program for children in the Newfound Regional School District, and last week, they released information on some of the many opportunities they present to children, such as a service-learning project that they kicked off the school year with, benefiting the New Hampshire Humane Society.

“Children made pet beds and toys for cats



COURTESY

(Left) Students of the Project Promise Program in Newfound Area School District began the school year with a service project to help animals at New Hampshire Humane Society.

and dogs,” said the program assistant director Melissa Moore. “To culminate this experience, they took a field trip to the New Hampshire Humane Society to present what they had made and to take a tour of the facility.”

Project Promise takes

place at each school within the district and runs from the end of the school day until 5:30 p.m. The average attendance is between 30-40 children a day but the program currently has an enrollment of more than 50 qualified participants with up to five staff members working with those children at any given time.

“The group starts their day with a snack then they go outside for some fresh air,” Moore said. “From there, the students then move on to homework. Due to the size of this group, they are divided into two different groups when it’s time to do homework.”

That separation into groups, she said, allows for more individual time for the children who may need some extra help with their class assignments. After homework is done though, the children then move on to some fun filled club activities.

“They’ve had a wide variety of clubs this year, including an art club that is being run once a week by a parent volunteer,” said Moore.

The program is funded by a 21st Century Community Learning Center grant and open to students in the district with . Parents interested in enrolling their child in the program can find applications available at the main office of their school.

Visiting anglers reel in grand prize at Alexandria Volunteer Firefighters' Fishing Derby

BY DONNA RHODES

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ALEXANDRIA — Brendon Woods and his friends from the Monadnock Region heard about a fishing derby on Newfound Lake, but never dreamed they would be reeling in the Grand Prize winning 27th Annual Alexandria Volunteer Firefighters Association’s Ice Fishing Derby Headquarters at the Wellington State Beach boat launch last weekend.

“It was pretty crazy! We were off (Whittemore Point) jigging and all of a sudden there was



DONNA RHODES

Brendon Woods (center) and his fishing partners Dan Richards, Jordan Kelley and Tom Brown were excited to display the Grand Prize winning lake trout Woods pulled in at last weekend’s Alexandria Volunteer Firefighters Association Ice Fishing Derby last weekend.

dead weight on the line,” Woods said. “As

I started to reel it in, the line was going ev-

erywhere and I was SEE DERBY, PAGE A12

INDEX

Volume 5 • Number 9

- Opinion..... A4-A5
- Obituaries..... A6
- Towns..... A6,A7
- Churches..... A7,A11
- Arts & Ent. A9
- Health..... A9
- Sports B1-B3 & B6
- Classifieds..... B4 & B5

20 pages in 2 sections

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What's on the warrant in your community?

BY DONNA RHODES
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REGION — Following is a preview of some of the items voters in the Newfound area will find on their town warrants when they either enter the voting booth in SB2 towns on March 13, such as Alexandria, Danbury and New Hampton, or attend their local town meeting after town elections.

Alexandria

At their First Deliberative Session, Alexandria residents who attended the meeting made a few amendments to their warrant this year, lowering the operating budget by five-percent, then “zero-ing out” two other articles to purchase/lease equipment for the Highway Department.

The proposed operating budget of \$1,683,246 was recommended by both the Budget Committee and Selectmen, but at the deliberative session an amendment was made and approved by voters to reduce the amount to \$1,599,04 and that is the figure that will now be found as Article 2 on the upcoming ballot.

The other two amendments from voters reduced a requested amount of \$166,000 for a six-year lease on a Loader to \$0 dollars, and the same action was taken on a \$125,000 request to build a sand shed for the highway department. Some discussion took place on whether or not a small percentage of voters should eliminate an article before it can be voted on at the polls and the remaining items were moved forward with no further amendments made.

Among the other articles on the warrant, voters will be asked to decide whether or not to raise and appropriate \$80,000

for the maintenance of paved town roads, place funds into the Fire Department Expendable Trust Fund and approve the establishment of a Building Permit Ordinance. A previous ordinance, which was approved in 2007, was found to be improperly adopted by the town. It has therefore been rewritten and voters will be asked whether or not they wish to accept the new ordinance. Copies will be available for review in the town report prior to voting day.

Bridgewater

Undoubtedly one of the shortest warrants in the state this year, voters in Bridgewater will visit the polls to elect town officials and vote on one zoning amendment. From there they will gather for town meeting where the only other decision they will face is whether or not they chose to accept the recommended operating budget of \$1,440,620. Past town meetings have lasted as little as eight minutes and they hope to wrap things up quickly again this year as well.

Bristol

In addition to deciding on elected officials, this year's ballot on March 13 will include zoning amendments that are up for approval along with two other requests. By petition, voters will be asked in Article 3 if they would like to adopt the provisions of RSA 40:13, otherwise known as SB2, that would bring all matters before the town on an official ballot each March in place of holding the traditional Town Meeting. A three-fifths majority voted is required for the article to pass.

They will also decide whether or not they would permit Kenosha

take place in the Town of Bristol at establishments that hold a New Hampshire liquor license.

At the 2018 Town Meeting, scheduled for March 17, 20 additional articles will be brought forward for discussion and a vote. Topping the list is Article 14, requesting \$2,650,000 to pay for the final design and construction of a new town office building and the renovation of the current building for use as a police station. Of that amount, \$400,000 would come from the town's unassigned fund balance and \$250,000 would come from taxation. For the remaining amount, the article seeks authorization for selectmen to negotiate bonds and interest rates in the amount of not more than \$2 million. The article will require a two-thirds majority ballot vote and polls will be open for one hour once the matter is presented.

The Budget Committee's recommendation for general municipal operations this year is \$6,344,661 and will appear in Article 24. That figure will not include any other approved expenditures found on the warrant.

Among further items to be addressed are the request to hire a full-time, permanent Deputy Fire Chief; the establishment of a fiber optic network at the cost of \$25,000 from taxation and \$25,000 from a grant; \$25,000 for an architectural design and engineering study for the fire department; and a number of requests to add funds to capital reserve accounts.

In addition to those articles submitted by the town, there are nine other petitioned warrant articles that were received this year. Matters they ad-

dress are the election of a police chief rather than appointment by selectmen, the reduction of the police department staff by one position, reducing the Budget Committee from 13 members to seven, and a request to increase town employee insurance premium contributions to 17-percent of the overall premium.

Danbury

At the First Deliberative session in Danbury last month, voters were not pleased to see some items reduced in the Budget Committee's recommended operating budget of \$1,252,352. As a result, they increased the committee's proposed funding amounts for items such as sand and salt for the town roadways and came up with their own total of \$1,261,444. Should that amount not meet voter approval in the polls in March 13, the default budget will be \$1,206,444.

The town is also looking for \$10,000 to create a Police Vehicle Capital Reserve Fund for future cruiser purchases and, besides adding to previously established capital reserve funds, they are seeking \$25,000 to replace siding and paint the fire station.

Voters will also be asked if they would like the town to “adopt the provisions of RSA 287-E relative to the conduct of bingo and the sale of Lucky 7 tickets.” Selectmen recommend this measure.

Finally, one petitioned warrant article will ask voters if they would prefer to have the town's road agent become an appointed rather than an elected position.

Groton

The recommended operating budget in the Town of Groton is set

at \$734,634, not including any other purchasing requests or reserve fund deposits contained on the warrant.

This year Article 4 will ask for \$25,000 to help the New Hampshire Nature Conservancy to acquire and permanently protect 2,709 acres located in Kimball Hill Forest. The town would also like approval for \$200,000 for ongoing repair/reconstruction work on North Groton Road, and \$34,000 for the repair of the town's paved roadways. Of that amount, \$14,000 would come from the general fund balance with the remaining \$20,000 would be raised through taxation.

Other requests are for the purchase of two digital/analog radios to replace older portable emergency radios, as well as contributions to reserve funds, the Groton Historical Society and the Newfound Lake Association.

Last but not least, the library trustees are asking the town to enter into a one-year contract with the Hebron Public Library for temporary library services, and the final article seeks approval for the demolition of the old library and town office building.

Hebron

Hebron's Town Meeting will present voters with an operating budget of \$1,225,849 for the coming fiscal year, along with a few other monetary requests. Among those are an appropriation of \$24,000 for the paving of Stoney Brook Road and \$4,000 to remove the well tile from the Hebron Town Common. That article also calls for a standard well head to be installed in its place along with a hydrant to allow for potable water and irrigation.

Authorization is also being sought to withdraw \$29,000 from the Police Capital Reserve Fund and \$4,000 from the Police Special Detail Revolving Fund to purchase a new police vehicle.

One other item of interest is a request to change the date of the annual town meeting from March to the second Tuesday in May.

Hill

The Budget Committee in Hill is presenting their voters with a recommended municipal operations budget of \$1,034,233 for the coming year. Included on this year's warrant is a request to withdraw \$79,222,34 from the Edwin F. Ferrin Memorial Trust, which would be deposited in the General Fund to offset general government

expenses.

The town would also like to raise and appropriate \$11,625 for a highway department purchase and \$20,000 for repairs to their grader. In addition to those requests are varying amounts to be placed in eight separate capital reserve funds and a final payment of \$21,213.35 for the purchase of a fire truck, which was approved in 2013.

There is another request to sell a small tract of land, currently being leased by the Hill Village Bible Church, to that same organization for \$10,000. Two additional articles will ask to engineer plans to repair the Bunker Hill Road bridge, and for the purchase and installation of a back-up generator for the Hill Water Works pump house. Both of those articles will require no money from taxation but will instead be paid for through grants, expendable trust funds and other available resources.

New Hampton

After their First Deliberative Session in February, voters in New Hampton will now decide at the polls on a few matters, including on whether to accept the recommended operating budget of \$2,905,221, or revert to the default budget of \$2,791,673.

Not included in those figures are additional loan payments on prior projects and purchases, and a deposit into the Town Bridge Repair or Replacement Expendable Trust Fund. There is also a request for the town to enter into a lease/purchase agreement of \$85,000 for a fully-equipped one-ton dump truck with a first payment amount of \$17,000, while the police department seeks \$37,294 to buy and equip a new Police Cruiser all-wheel drive utility vehicle.

The fire department is asking for approval to withdrawal \$195,000 from their special revenue fund to purchase a new ambulance, with no amount to come from taxation. In addition to that, they like to withdraw another \$17,721 to purchase Fire/EMS equipment such as a hose rack, mobile radio, infusion pump and a water rescue sled, again with no tax impact.

Finally the town received a petitioned article is asking for \$1,000 in support of the Communities for Alcohol and Drug-Free Youth program, which services children in the region. Selectmen unanimously recommend the appropriation.

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PETER RABBIT PG Fri.-Sat.: 12:30, 2:40, 4:50, 7:00, 9:15 PM Sun.-Mon.: 12:30, 2:40, 4:50, 7:00 PM Tues.-Thurs.: 4:50, 7:00 PM	Join us for an advance screening of: Wrinkle in Time on Thursday 3/8 at 7:00pm Find us online at: BarnZs.com facebook

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Amidst continued resistance, a backup for Town Hall?

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — The dozen residents who attended an informational presentation on plans to build a new town hall and renovate the Bristol

Police Station heaped praise upon the space needs committee for its efforts in coming up with a solution for overcrowding at the Bristol Municipal Building, but some said they still felt

uneasy about the cost and were unsure whether they would vote for the project.

Committee Chair Edward "Ned" Gordon said he understood the concerns and found

himself apologizing once again for bringing in a \$2.65 million project after having told voters at last year's town meeting that the committee wanted to keep the price to \$1.25 million.

"We said we wanted a \$1.25 million project, and the architect said, 'No way,'" Gordon said. Speaking to the group

at the Minot-Sleeper Library on Feb. 24, Gordon offered a tantalizing backup idea, noting
SEE TOWN HALL, PAGE A10

Pamela and John McPherson donate 204-acre forest to Forest Society

Couple's love of the land adds to the Forest Society's Cockermouth Forest Reservation

GROTON — It's not often that a couple's love of land results in the purchase and outright donation to the Society for the Protection of New Hampshire Forests (Forest Society). However, Pamela and John McPherson recently did just that. In 1992, the couple purchased a little log cabin in the woods as a family getaway. For 26 years, they have enjoyed hiking, hunting, and cross-country skiing on the Forest Society's Cockermouth Forest, which surrounds the couple's cabin. When a 204-acre forest adjacent to the Cockermouth Forest came up for sale, the McPhersons decided to purchase it and donate it outright to the Forest Society.

"Our family has enjoyed the trails of the Forest Society's Cock-

ermouth Forest and the trails to the top of Bald Knob and Crosby Mountain for decades," states John McPherson. "The memories we have made here and our family's love of the outdoors prompted us to act when this particular track of land came up for sale. It had been for sale once before and we did not want to miss out this time and see the land developed. We saw this as our chance to give back for the many years this land has enriched our lives and we hope many others will enjoy its beauty as well."

The 204-acres is densely forested and hilly, with small streams running into Punch Brook and the Cockermouth River. Beech trees show signs of bears and the property supports numerous other wildlife species.

The forest is also part of the unspoiled view from the top of Bald Knob and Crosby Mountain. Outdoor enthusiasts can explore Little Pond or hike up to Mount Crosby and Bald Knob to enjoy views of the White Mountains, Squam Lake, Lake Winnepesaukee, and Newfound Lake. And now even more of those views will be protected forever.

"We cannot thank Pamela and John enough for this generous donation of 204-acres to our Cockermouth Forest Reservation," states Jane Difley, Forest Society president/forester. "Cockermouth Forest is a favorite for many hikers and wildlife enthusiasts. Working with them both, one can feel their love of the land and their dedication to protecting the recreation and the diverse wildlife habitat

that calls the property home."

For more information on the trails available for hiking, wildlife viewing, and cross-country skiing or snowshoeing please visit the Forest Society's Web site at <https://forestociety.org/property/cockermouth-forest>.

About the Forest Society

The Forest Society is a private, non-profit land trust and forestry organization established in 1901. It currently holds more than 750 conservation easements statewide permanently protecting more than 100,000 acres of New Hampshire's landscapes. The Forest Society also owns 171 forest reservations constituting more than 50,000 acres in 95 New Hampshire communities.



COURTESY

Garden Club members visit Golden Crest

A group of New Hampton Garden Club members visited Golden Crest Assisted Living home in Franklin for their monthly craft program with residents. Those members assisting were Theo Denoncour, Rita Glasheen, Pat Jones, Linda Dowal and Rosemary Perry. Club members put their artistic skills to work each month coming up with a craft that residents enjoy putting together. This month, there were 18 residents participating in this program. One of participants was Jinga Moore, a garden club member when she lived in New Hampton. They made a small paper flower arrangement using yogurt cups, cupcake papers, and tootsie rolls pops. All the residents enjoyed this activity and were pleased with the results. It's a fun project for club members as well. Pictured here are long-time New Hampton resident Jinga Moore with New Hampton Garden Club President Rita Glasheen.

Mayhew Program receives national award

BRISTOL — The Mayhew Program is the 2018 recipient of the Eleanor P. Eells Award for Program Excellence. The award recognizes effective, creative responses to societal problems using a camp environment.

Executive Director, Jim Nute and Program Director, Greg Stroutzenberger attended the American Camp Association Annual Conference where the award was presented during a special ceremony.

Mr. Nute shared his excitement that the program was being recognized, commenting "As we head into our 50th summer, it's great to receive national recognition and it's important to remember the untapped potential of so many young boys today. This award is really about the hard work the boys do in making good choices and being responsible community members."

Mayhew is a statewide nonprofit program focused on challenging and helping at-risk New Hampshire boys to believe in themselves, work well with others, and find their best. It pursues its mission through a unique summer pro-



COURTESY

Jim Nute, Executive Director, Mayhew Program; Jeff Cheley, American Camp Association; Greg Stroutzenberger, Program Director, Mayhew Program.

gram and year-round mentoring for boys throughout the state for up to eight years, tuition-free. For more information, please contact the Mayhew office, 744-6131 or monica@mayhew.org.

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A message from Plymouth Regional High School Principal Bruce Parsons

High Schools across the country are facing a growing concern around vaping and the small devices that help to conceal it. Our New Hampshire statutes have language prohibiting the possession or use of tobacco products that now includes e-cigarettes and liquid nicotine, for anyone under the age of 18. We take this issue very seriously due to the negative health effects vaping can have on our students and find that our parents are often not aware of the risks around vaping. We are trying to take proactive measures with students to highlight the dangers of vaping. We will be adding information regarding the dangers of vaping to our Wellness curriculum and begin a campaign to educate all students on the issue.

Vaping is the act of inhaling a vapor produced by an electronic vaporizer or e-cigarette. The vapor can contain a variety of substances including nicotine and THC, the chemical compound found in marijuana that creates a high. The liquids that are vaporized come in many different flavors and might even smell fruity. For example, many flavors of these liquid concentrates, or 'vape juices,' are sweet and even have names such as cinnamon roll, marshmallow, bubblegum, lemonade, and cookies. Vaporizers/e-cigarettes come in all different shapes. Some common styles look like a thick pen, a stylus for an iPad, a flash drive, or a small flask with a round chimney coming off the top. The devices are very small and can easily be hidden on a person or blend

in with normal backpack items. A popular device is the "Juul"; please see the Boston Globe article below. Like cigarettes, stores cannot sell vaping items to people under the age of 18. However, students report that they purchase the devices online or buy from older siblings, friends, or unfortunately, even adults.

Here are three helpful resources that you can use to talk to your kids about vaping. The first is the Surgeon General's 2016 report on e-cigarette use. The second is a fact sheet and parent tip sheet. The third is an article that ran in the Boston Globe. If you feel your child has already developed an addiction to nicotine, we suggest you reach out to your health care provider.

https://www.cdc.gov/tobacco/data_statistics/sgr/e-cigarettes/index.htm

https://www.bedfordma.gov/sites/bedfordma/files/file/file/nida-ecig_infographic2016.pdf

<https://bostonglobe.com/metro/2017/11/15/where-teenagers-are-high-school-bathrooms-vaping/IJ6xYWWIOTKqsUGT-TIw4UO/story.html>

Vaping and possession of an electronic smoking device is prohibited at PRHS. While we try to proactively educate to prevent any incidents, there will be consequences if a student vapes or has vaping products on school property. The consequences are outlined on page 153 of the Student Handbook and require an immediate two-day suspension from school. If the substance is a violation of the drug

SEE CADY, PAGE A10

PET of the Week Lucy

Lucy, a large black Shepherd/Labrador mix, now aged about ten, has quite the history with New Hampshire Humane Society. We adopted her in the winter of 2009, she returned in 2013, adopted again that same year, she now resides again with us after some family upheavals.

Lucy is a cancer survivor, a miraculous thing indeed. Her former family really provided a high quality home including treatments she needed

to beat a disease that claims too many lives, both in the animal and human realm.

Lucy did live with another dog, but we know she would likely prefer a home where she is the only dog in the household and truly given her life's journey so far, surely that is a reasonable provision. She awaits that special connection all dogs need and crave—meanwhile, staff and volunteers provide the enrichment and company she deserves and requires.



Look past her older years. Be courageous when thinking about her past health history, and think about the possibilities of a home you could

share with a wonderful, sweet dog who needs some permanency and stability in her canine life. Call 524-3252 – check www.nhhumane.org

Letters to the Editor

Bristol's imaging problem

To the Editor:

Seems that we have an imaging problem in Bristol. What are we trying to do with our branding? Bristol has an aging population that doesn't seem to fit the wants and needs of our select board and budget committees. These so called progressive committees are hell bent on wanting to tax us into oblivion! Apparently they are completely ignoring us older folk and think we need to somehow completely change what our town truly represents. They want to build this enormous town hall, enlarge our fire department building, bring Fiber Optic lines from the Middle school to downtown, expand parks and god knows what ever spending project pops into their heads.

Let's not forget we are a rural town amongst other rural towns, and to boot located on the wrong side of [Interstate] 93 for any industrial expansion!

As far as industrial expansion goes, we do not have the land or the location for that type of endeavor. We are a rural town with a lake for tourism, and that tourism supports our tax base, keep abusing that base and see what happens to Bristol. Do you think

people want to come see the latest industrial park? If we don't stop this uncontrolled lust for the next big project, we won't have to worry about our branding! These committees should be more concerned with our own local tax paying Bristol residents being able to afford living in Bristol. Witnessing the proposed budget increases there was absolutely no effort on either committee to ask the departments to reduce their budgets to make up for any of the increases. As far as branding goes, all we need to do is look around and see the numerous rental signs for unoccupied space and the type of construction that seems to be very prevalent in this town, low income housing and failing condo associations!

Make your voices heard! We have a town meeting coming up on Saturday, March 17 at 9 a.m., we must show up and vote to maintain our rural characteristics and protect our tourism base, we are not Meredith and we don't want to become some dot on the map because of being taxed into oblivion.

*Ernie Richards
Bristol*

Bristol EDC urges support for warrant articles

To the Editor:

Bristol Economic Development Committee members are urging Bristol resident voters to actively participate in the upcoming March 13 ballot and the March 17 town meeting. Warrant Articles 4, 5 and 6 on the ballot, propose ordinance changes, to allow brew pubs and distilleries with Bristol Planning Board oversight approvals, to be allowed in our various zoned districts. Warrant Article 30, to be discussed and voted on at the Town Meeting, seeks limited funding to install communication fibers

at municipal offices that will allow for secure communication networks, tuned to the requirements of each functional department.

Each of these Warrant Articles have been discussed and supported in our regular meetings and are seen as a means to increasing tourism and associated economic activity in the township and region.

*William Dowe
Chairman
Bristol Economic Development Committee*

Join me in rejecting SB2

To the Editor:

Fellow citizens, once again Bristol will be voting to adopt or reject changing from town meeting to official ballot voting, commonly known as SB2. Twice in the last 14 years, the town has wisely not voted to change. Let's make it a hat trick with a third no!

Since the law was passed in 1995, only 70, or about one third, of New Hampshire towns have adopted SB2. I have never talked to someone who likes this form of deciding about important town issues. Everyone I know complains about it, and Ashland this year is voting to go back to town meeting. Proponents say that there is poor attendance at town meeting and SB2 gets more voters involved. The trouble is that this law inherently gets uninformed voters involved.

I am not calling the voters stupid. On the contrary, I know the people that are regular voters so I know for a fact that they have done their research about the candidates running for office. However, warrant articles and especially the operating budget are a much more completed matter. In the privacy of the voting booth there are no opportunities to ask a question. More importantly, there is no opportunity to give a fact or opinion that your fellow citizens may not have thought of!

Two letters to the editor in the Feb. 22 issue of Newfound Landing demonstrate why Bristol voters

should reject SB2 and vote on Article 2 this year. The first, by Vincent Migliore, demonstrates three things. First, that the deliberation sessions are even more poorly attended than town meeting, and this year shows how making any meaningful amendment is impossible. Second, that minds can be and are changed after hearing the discussion at a meeting. Lastly, and in my opinion the biggest reason to reject SB2, is that it shifts tremendous power to the governing body and makes the voters little more than a rubber stamp on a Tuesday in March. The voters have no power to make amendments to what is handed to them in the voting booth. You can choose Yes or No. The biggest part of this transfer of power is that the governing body sets the default budget!

To add to that, this part of the law is poorly written and poorly regulated so that either through intent or ignorance the default budget can be terribly manipulated. Paul Simard's letter is plea and a shining example of the power you can have at town meeting.

Come vote on March 13 and please come and make a difference at Town Meeting on March 17! Paul's final words say it best "be there or pay the price!"

*Don Milbrand
Bristol*

Newfound Landing

*Proudly serving Alexandria, Bridgewater, Bristol,
Danbury, Groton, Hebron, Hill, New Hampton
and the surrounding communities.*

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Turkeys, for sure, but my, how they do fly

The seed catalogue that arrived Monday has little to do with reality. Reality is two feet of snow (more in the woods) and a long time before putting seeds in the ground.

The Farmer Seed and Nursery catalogue is one of New England's oldest. It has, as its logo cheerfully imparts, "been serving America's gardeners for 131 years."

My most predictable crop is rocks. Where these come from is the stuff of the Gods. But they are the inevitable clink on my hoe.

I remember my grandfather Carl Harrigan in Lisbon, hold-

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



ing his scythe blade just so, as I turned the grinding stone, applying water all the while. And I remember the hoe that followed. He could not abide weeds, and so he kept a sharp hoe.

+++++

Turkeys are not so stupid, not have I ever said so. Benjamin Franklin lobbied hard for the wild turkey to be the national bird.

To get a photo of



JOHN HARRIGAN

This old but still square barn along Titus Hill Road in Colebrook looks pretty usable. If it were mine, I'd install pigs.



JOHN HARRIGAN

(Left) This roving gang of turkeys has been scratching the daylight out of South Hill, and reducing it to rubble.

my visiting turkeys, I have to sneak, head down, into a spot in the Fish and Game Room. Still, if I make a mistake, there is the incredible eye of a turkey, spot on. Me.

+++++

Turkeys and deer have been coming to enrich my view through the kitchen window. Nothing makes doing dishes more palatable than wildlife on parade.

Turkeys have now spread all over the state, even unto its highest reaches. I've slipped on turkey, spot on. Me. SEE NOTEBOOK, PAGE A10

Letters to the Editor

Please give consideration to Bristol's space needs

To the Editor:

I have served on the Bristol Space Needs Committee since its formation two years ago. Our very first task was to assess the current town buildings and establish space needs for the upcoming 25 years. I had not toured the Town Office Building in over ten years, and was quite shocked at how crowded the building is as well as the dire need for improvements. The Committee was unanimous in determining that addressing the needs of our police officers and town employees housed in that building is our number one priority.

The meeting room is now half its former size, and does not meet life safety requirements as there is only one point of access and egress. Also, all who attend any public meeting in the Town Office must go down stairs in order to reach the lower level. At the most crowded meeting, maybe 30 people can squeeze into the room necessitating that any large hearings must be held elsewhere.

The offices are crowded, carpets need replacement and flow for the public is unfriendly and inaccessible. While there is an access ramp to reach the upstairs offices, it is open to the elements and the outside door is not wheelchair accessible. Folks visiting the offices by the main entrance must go upstairs.

Individuals conducting business must do so standing in the open hallway (beside the employees' bathrooms) which affords no privacy or confidentiality if needed.

While it is anticipated that in the future, more and more public and legal records may be stored electronically, that is currently not the case. Town employees are required by statute to save historical and financial documents. Space in this cramped building has been completely utilized.

Part of the cramping of the town offices and employees has occurred as the police department has implemented the long-range plan which was drawn up for a time when the police would solely occupy this building. However, the police officers are operating in cramped and inefficient spaces. There are obvious officer safety issues

as they bring individuals taken into custody into the booking room and holding cells. They must come through a narrow doorway, down the stairs and into the room. Unfortunately, in today's world, too often these individuals may be high on drugs or intoxicated or just plain angry at their circumstances. Again, the facilities are crowded and not conducive to protect the officers, the detainees or others who may be in the building. There are significant issues that need to be addressed for our officers including improved booking and holding cells as well as separate space for any possible juvenile detainees.

For the best flow of work and meeting the needs of our town employees, the Committee came to the realization that building a new town office and having the police department take over the current building would be the most cost-effective and work efficient solution.

The proposed new building provides for pri-

vacy for conducting business for our citizens, as well as an efficient, larger and accessible meeting room. We are required to provide accessibility to all citizens, which our current building does not do. The meeting room will have the mandatory two means of access and egress, provide flexibility to lock the rest of the building for nighttime meetings and still have easy accessibility. The covered entrance will provide protection from the elements for citizens whether they are pushing a baby stroller or walker.

The police department has a plan to use the current office building and have been working toward those objectives. With the addition of moneys for a ground level sally port as well as moving the cells for easy access for officer protection and safety, we will enable our police officers to have a safer and greatly improved work environment. Separating police department business from the usual town work will provide additional safety.

While there have been those who feel that the new office proposal is a "Taj Mahal," it is efficient and minimal. The Committee insisted on many reductions in order to come up with the smallest and most modest building that would still meet the town's needs.

The roof has been changed from an earlier design in order to accommodate solar panels. The current plan is to apply for a grant to pay for these panels but the roof will be constructed in order to be solar installation ready when we can move that forward.

I hope that you will seriously consider the needs of our town and take time to carefully review the proposed plans. Please tour the current office building so that you can see first-hand the problems and challenges.

Thank you for your consideration and support as we work to address the needs of our town! I hope to see you at Town Meeting.

Sincerely,
Susan F. Duncan
Bristol

WMNF seeking public comment on Wanosha project

To the Editor:

The Pemigewasset Ranger District of the White Mountain National Forest is seeking public comment on the proposed Wanosha Integrated Resource Project. Your comments will help us define issues and alternatives during our environmental review process.

The proposed project includes recreation, transportation, and vegetation and wildlife habitat management activities on national forest lands in Campton, Thornton, Waterville Valley, Sandwich, Woodstock, and Live!more Townships in Grafton County, New Hampshire.

A description of the proposed action, our reasons for proposing this project, and guidance for submitting comments are in the enclosed scoping proposal document. This letter and enclosure are also available on our website at <https://www.fs.usda.gov/project/?project=51358>.

For more information on the project, contact Johnida S. Dockens at 466-2713, ext. 1218 (voice), or by email at jdockens@fs.fed.us. This scoping period

is a designated opportunity for public participation pursuant to 36 CFR

218.5. Based on these regulations, individuals or entities who submit timely and specific written comments (as defined by 36 CFR 218.2) about this proposed project during this or another public comment period established by the responsible official will be eligible to file an objection. To be considered timely, comments on this project must be postmarked or received by March 26. Other eligibility requirements are identified at 36 CFR 218.25 (a) (3) and include name, postal address, title of the project, identity of the individual or entity who authored the comments, and signature or other verification of identity upon request.

I look forward to hearing your thoughts on this project proposal. Thank you for your interest in the management of the White Mountain National Forest.

Sincerely,

Brooke M. Brown
District Ranger
White Mountain
National Forest

Say yes to SB2

To the Editor:

I have been attending Town Meeting in Bristol since 1987. There may have been one or two missed for reasons of job, illness, or family obligation, but for the most part I have participated in the process of government in Bristol as a regular. In all those years, I have mostly seen an average of 100 or less voters attend Town Meeting and most of these I would consider regulars like myself. Over the years, there have been many issues that I considered to be "hot button" issues impacting attendance upward but only for the time period of discussion and vote on whatever "hot button" article that brought these voters in because when the vote was made, these voters usually left the meeting. Though I personally found this to be disrespectful to the purpose for town meeting and those who attend the whole meeting for the purpose of participating in the governance of the town it was and continues to be the "traditional" way to get things passed or not and I remained a pro-

ponent of the traditional Town Meeting.

In the last few years, while and since serving on the Bristol Select Board, I have heard from many folks who are concerned with the direction of the town and issues facing it but feel frustrated that for many different reasons they are not able to participate in the process due to the commitment necessary to attend Town Meeting. Some of these folks are young men and women with jobs, family commitments and other varied issues that do not allow for the many hours of commitment on a Saturday to attend Town Meeting. Others are part of our retired population who are away for the winter months and a few are members of the military serving elsewhere for our country. Another group includes business folks that cannot close their businesses to attend. I believe all of these people are disenfranchised by the traditional town meeting format. All of these folks indicated to me that they are able to participate in other governmental processes like elections and

they do vote at the polls either in person or by absentee ballot.

With SB2, all of these people could vote on our town warrant at the polls. We would all still have the opportunity as voters to attend, discuss and possibly amend the yearly proposed budget and warrant articles at a public deliberative session similar to town meeting with the final warrant going before voters at the polls. This is a process familiar to all of us as we act in this process with the Newfound School District warrant already. To me, this seems like the fairer process and in these times where so many voters are torn between family obligations, jobs, and lifestyle issues that get in the way of civic action SB 2 would allow many more to participate.

For these reasons, I support moving to SB2 for the Town of Bristol. As the times change, so should we. More voices mean a better democracy. I hope you will join me and vote yes to SB2 at the polls on March 13.

Janet Cote
Bristol



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Richard T. Connolly, 55

GILFORD — Richard T. "Rick" Connolly, 55, died Wednesday, Feb. 14, 2018 at Catholic Medical Center.

He was born in Boston, Mass., the son of John and Katherine (McGonagle) Connolly. In 1968, the family moved to Bristol, and Rick attended school at Bristol Elementary and Newfound High Schools. As a child, Rick played baseball and loved to ride mini bikes and dirt bikes. He also enjoyed skiing and mountain biking. Later, as an adult, he continued mountain biking and



started hiking.

Rick loved to eat and enjoyed other's cooking. In a family of eight children, Rick never fought with anyone and was known as the peacemaker. For this and other attributes, he was loved

by all.

Family members include one brother, Robert Connolly of Manchester; four sisters (Cheryl Towle of Bridgewater, Karen Connolly of Meredith, Darlene Connolly of Concord and Barbara Connolly of Wilmington, Mass.); many nieces and nephews, great nieces and great nephews and cousins.

In addition to his parents, Rick was predeceased by a brother, John Connolly, and sister Elaine Rogers.

Graveside services will be held later this summer.

Kevin M. Hardy, 52

BRISTOL — Kevin M. Hardy, 52, left this life and joined his family in heaven, Thursday, Feb. 22, 2018.

He was born in Somerville, Mass., the son of late Walter and Mary (Herra) Hardy. Kevin spent his youth in Somerville, Malden, and Melrose, Mass., coming to Franklin in 1986 and the Newfound area in 2001. Kevin worked as a drywall technician for over 20 years for Boudreau Drywall Contractors.

In his spare time, Kevin's artistic talents took over as he was known for his sketching, glass etching, and music as an accomplished guitarist. He also enjoyed fishing with family.

Kevin was known for



his giving and caring heart, willing to help anyone at anytime and will be missed by his loving family.

He leaves a son, Haidin Hardy, and his mother Heather Grippen of Ft. Fairfield, Maine; three brothers, Dana Hardy of Bridgewater, Darrin and wife Jen Hardy of Belmont, and James Hardy of Scituate, Mass.; a sister, Mary Sweat of Middleboro, Mass.; nieces and nephews Nathan,

Zachary, Ryan, Keith Hardy and Nicole White and Charles and William Sweet; aunts Joanne Clark of Bennington, Vt. and Sherry Martelli of Portland, Tenn.; uncles Charles and Brian Herra of Bristol and numerous cousins.

A memorial gathering and interment in the family's lot in Woodlawn Cemetery in Everett, Mass. will take place later this spring. Those wishing to honor Kevin's memory are asked to consider a donation in his name to the name of Haidin Hardy, 199 East Limestone Rd., Ft. Fairfield, ME 04742 or the Special Olympics NH for the Pemi Baker River Rats team-Plymouth NH, 650 Elm St., Manchester, NH 03101.

Edward P. Tracy, 68

BRISTOL — Edward P. Tracy, 68, died Sunday, Feb. 25, 2018 at Concord Hospital.

He was born in Los Angeles, and shortly after moved to Alton. He grew up in Alton, and later lived in Laconia. He met his wife, Rhonda, in 1998, and they married in 2001. He moved to Bristol at that time.

Prior to retiring, he worked as a machinist and welder with Carpenter & Patterson Machine and later as a direct service provider at Easter Seals and with Lakes Region Community Services.

Ed was an active member of the Cornerstone Christian Fellowship in the Weirs. He



was a member of a Christian motorcycle club and enjoyed witnessing and spreading the Gospel to people who came to Laconia for Bike Week. Ed often joined friends to hike to Inspiration Point and participate in prayer and worship services there.

Family members include his wife Rhonda Tracy of Bristol; twin children, Melissa (Scott) Mahanes and Ryan Tra-

cy, both of Waynesboro, Va.; four grandchildren (Aaron, Leah, Abigail, and Miriam Mahanes); three sisters, Terri Noyes of Alton, Starr Tracy of Florida, and Lynn McGovern of Auburn, nieces, nephew, great nieces and great nephews.

A memorial service will be held on Sunday, March 4, 2018 at the Bristol Baptist Church, Summer Street, Bristol. Internment will be in the spring in Homeland Cemetery, Bristol. In lieu of flowers, donations may be made in his memory to Aspire, 506 Union Ave., Laconia, NH 03246. Arrangements are under the direction of Emmons Funeral Home of Bristol.

Alexandria

Mery Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Here we are again with news and notes around town. The school children are on vacation this week, so use extra caution driving when you're out and about. With the warm weather, and some help from the road crews, the snowbanks have receded which is wonderful. I can attest to the fact that this has been one crazy winter, many meetings cancelled or postponed due to Mother Nature's storms. Not a bad thing, because it's far better to have everyone safe, and let the crews do their work.

Town

Board of Selectmen meeting Tuesday, March 6 at 6 p.m. in the Municipal Building on Washburn Road.

The Town Warrant is available; however, be sure to pick up a Voting Guide, which will give you additional information of the First Deliberative Session, and may be of help to you before you go to the polls to vote on Tuesday, March 13. If you have questions, stop by the Municipal Building or give Jennifer a call at 744-3220.

The Town's Annual Report contains additional information including the proposed 2018 budget and revenues as well as finances and activities of the Town during the past year. The 2017 Annual Report will be available by March 6 in the Selectmen's Office, at the Transfer Station and online.

As mentioned above, Town Elections and voting will be on Tuesday, March 13 in the Town Hall, 45 Washburn Rd., from 11 a.m. until 7 p.m. If you have questions about absentee ballots, and registering to vote, please give Fran a call at 744-3288. Keep in mind, the Town Clerk/Tax Collector's Office will be closed on Election Day.

Thank you to the dedicated souls who signed up for positions in the Town. No one signed up, however, for the Moderator or Budget Committee positions. There will likely be many write-ins to make counting interesting.

AVFFA

The Annual Fishing Derby was a huge success! Thank you to those who helped in making this event happen, by donating their time and talents. Congratulations to the winners of the Derby. There were some mighty fine fish hanging when I stopped by on Saturday. A full report has been written by Donna Rhodes, which is likely on the front page! Thank you Donna, you made my "work" a little easier!

Alexandria UMC

Monthly Community Dinner on Saturday, March 3 at 5 p.m. in the Vestry. On the menu is beans, hotdogs, coleslaw, dessert and beverage and whatever anyone decides to surprise us with! Donations for the meal are accepted, but not expected.

The wood stove will be going, so if it's a chilly day, what better place to warm the hands and soul, than sharing fellowship while enjoying a meal? Margie O'B, I know how you like your hotdogs!

Sunday, March 4 Service begins at 9 a.m., with Communion. Since this is vacation week, no Sunday School will be held after the church service. There will be a Fair Committee Meeting as well as a Sunday School Staff meeting after the service.

NAC Lenten Service Wednesday, March 7 at noon at the Bristol Baptist Church. Light luncheon will be served after the service.

Before I go on to other things this morning, I want to congratulate all the students at Bridgewater Hebron School for their wonderful inventions for the Invention Connection. My little sidekick, Miss Kayleigh, participated in the event, and this Grammie is very proud of her. She didn't hesitate to ask Donna to take a picture of her, with her certificate, so I'd see it! Thank you, Donna, you are awesome!

Have a great week everyone!

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The Select Board had a short meeting on Feb. 20 with minute approvals, the signing for the

Rumney/Groton Fire Protection and EMS Agreement \$1,455 for the EMS and \$6,889 for the Fire Department. There is a \$13/hour charge also.

Building Permits were signed for map 5, lot 99 (15 Hilltop Lane) - for a 12-foot-by-12-foot screen house and then another building permit for map 5, lot 140-3 on Sculptured Rocks Road - for a 336 square foot day-use cabin, single story, no foundation.

Ruth Gaffey has joined the Conservation Commission. Thank you, Ruth, for your willingness to serve. If there is anyone else who would like to join this group, please contact the Select Board Office and we will get you signed up.

Come out and meet the candidates on Candidate's Night 2018; at the Town House - March 6 at 7 p.m. with a Select Board Meeting to follow.

The Supervisors of the Checklist will be meeting Monday, March 5 at 7 p.m. to make additions to the checklist. This will be their last meeting before elections.

Meetings and Closures Coming Up

Select Board Work Sessions - Tuesdays - March 6 at 5 p.m., and March 13 at 3 p.m. at the Town House

Select Board Meetings - Tuesdays - March 6, and March 20 at 7 p.m.

The Planning Board will be meeting at the Town House on Wednesday, Feb. 28 at 7 p.m.

Conservation Commission Meeting - Thursday, March 8 at 7 p.m. at the Town House

Candidates Night - Tuesday - March 6 at 7 p.m.

The Town Clerk's Office will be closed March 21 and 28 for the Tax Collector Workshop at the DRA

Dates to keep in mind

Town Elections - March 13 - The Town House is our polling place and the polls will be open from 11 a.m. to 7 p.m.

Town Meeting - March 17 at the Town House beginning at 9 a.m.

Dog Licenses are due by April 30. We have the new tags in and you can license your dog anytime with a current rabies certificate.

SEE TOWNS, PAGE A7

16th Annual Summer Camp 2018



11 Publications for 4 Weeks!

March 14th & 15th, 21st & 22nd
March 28th & 29th, April 4th & 5th

The Meredith News, The Record Enterprise, Granite State News, The Baysider, Carroll County Independent, Coos County Democrat, The Littleton Courier, Gilford Steamer, Winnisquam Echo, Berlin Reporter, and Newfound Landing.

Looking for Summer Help? Counselors, Life Guards or Ice Cream Window Help?

Advertise Your Summer Registration: **SPACE IS LIMITED!**

Advertise your Day Camp, Sleepaway, Summer Daycare Program, Tennis and More!

Deadline: March 9th

* Price Per Week: 2x2-\$80 | 2x3-\$120 | 2x4-\$160 | 2x6-\$240 | 2x8-\$300 | 2x16-\$640 | 3x10.5-\$640

* Four Week Buy Required

Contact Tracy or Lori at 444-3927 | tracy@salmonpress.news or lori@salmonpress.news

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Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high school-adults

11 a.m. — Contemporary Worship Service

11:15 a.m. — KidZone for K-grade 6

11:15 a.m. — Youth Sunday School

“Toddler Zone” is available at both services for infants to age five.

Towns

FROM PAGE A6

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Community Breakfast

March 3 is the next Community Breakfast in Community Hall at the Union Congregational Church. For \$4, we will be serving eggs, bacon, sausage,

pancakes (and maybe french toast), hash, oatmeal, yogurt, fruit, pastries, juice and coffee. But you must be an early riser as breakfast is served from 7:30 - 8:45 a.m.

March Library News

Attention all book lovers! The library is looking for two alternate trustees. Requirements include coming to meetings once a month and helping out with occasional special projects. This is a non-voting position unless one of the trustees are absent in which case we would appoint one to be a voting member for the evening.

The Friends of the Library are looking for people to bake items for the Town Meeting on Saturday, March 17. Items can be dropped off downstairs at the church kitchen the day before or at the Safety Building on Saturday morning. We really appreciate your help in supporting the Friends of the Library!

James Langill Fundraiser

Friday, March 23 from 5-8 p.m. at the Bristol Masonic Hall, there will be a Spaghetti Dinner Fundraiser for Bristol resident James Langill. James is an eight year old BES student that lives with a life threatening peanut allergy. He struggles each day, fearing that he might have a bad reaction. He has been granted the chance to get a peanut sniffing service dog from Texas. This dog will go everywhere James goes and will help him detect when something is around him. We would like to thank you in advance for all your help in getting this life saving furry companion. Adult plate is \$6 Kids plate (12U) is \$4. Meal includes Spaghetti, Salad, Bread, Drink and Some Desserts. Hope to see you there to support James. If you can't make the Spaghetti Dinner his go fund me page is

<https://www.gofundme.com/james-peanut-service-dog>.

Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunitychurch.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Plymouth Episcopal (Church of the Holy Spirit)

Our new priest, the Rev. Kelly Sundberg Seaman, continues to settle into our area. Hope that you will attend a Sunday service to meet and get to know her. Our services are still the same: 8:00 at Griswold Hall, 263 Highland St., Plymouth (Griswold Hall is adjacent to the Christian Life Center—CLC), and 9:30 a.m. at St. Mark's, 18 Highland St., Ashland.

Season of Lent begins with Ash Wednesday on Feb. 14

There are two places that you can receive ashes.

9:30 a.m. Eucharist & ashes, St. Mark's

11:30 a.m. Eucharist & ashes, CLC chapel, 263 Highland St.

12:30 p.m. the traditional ECW chowder luncheon, following the service in the CLC chapel

(Ashes available individually with prayer in CLC chapel following lunch)

Weekly Worship & Formation Schedule for Lent

Lent brings with it new opportunities for spiritual formation. Listed below are services and events which you are cordially invited to attend.

Tuesdays*: 9 a.m. Meeting Jesus in the Gospel of John, CLC meeting room

11 a.m. Holy Eucharist w Healing Prayer, CLC chapel

Wednesdays: 9:30 a.m. Morning Prayer, CLC chapel

10 a.m. Intercessory Prayer group, CLC meeting room

Thursday: 9:30 a.m. Morning Prayer, CLC chapel

11 a.m. Holy Eucharist w Healing Prayer, St. Mark's

Fridays 9:30 a.m. Morning Prayer, St. Mark's

*Begins Tuesday, Feb. 20, the Tuesday after Ash Wednesday

Donate to the local Food Bank

Where did we see you hungry, Lord, and feed you?

Local Food banks are always in need of donated canned goods, and CHS has a collection basket at Griswold Hall for you to donate! Think of what one can of soup or fruit a week from each of us could do! You may bring items directly to the Food Bank (located at the Community Closet, across the street from Rite-Aid) on Tuesday and Thursday mornings from 9-11-or place items in the basket in Griswold Hall, and Kathy Lennox will collect all items and take them to the Food Bank weekly.

Holy Trinity (Roman Catholic)

Monthly Knights of Columbus Breakfast Sunday, March 4 St. Matthew Church Hall, Plymouth

Fish Fry- Friday, March 9 from 5-7 p.m. Hosted by Bristol Knights of Columbus in the Marian Center, Bristol. Meal includes Fish, French fries, cole slaw, dessert and drinks. Just bring yourselves! Tickets are on sale this weekend after all Masses. Cost: \$10 per person, Children 6-12: \$7.50 (five and under free), Family of 4 or more: \$30. All are invited to Stations of the Cross immediately following the dinner

Lenten Stations of the Cross Fridays during Lent

Noon: St. Matthew Church, Plymouth

3:30 p.m. St. Agnes Church, Ashland,

6 p.m. Our Lady of Grace, Bristol

Area Churches Lenten Ecumenical Service Schedule Rotation.

March 7: Bristol Baptist; March 14: Hebron Union Congregational Church; March 21: New Hampton Community Church

Taize Prayer Service

Sunday, March 4, at 6 p.m. in St. Matthew Church Hall, behind Blair Hall, we'll join parishioners for a delicious soup supper. After, we will offer a Lenten Taize prayer service with Holy Trinity's Music Ministry. Meditative singing, brief readings, and short periods of silence characterize a Taize service

Campus Ministry

Thank you to Mary and John Bolster for a delicious monthly supper hosted by Fr. Leo for students last weekend.

Busy person's retreat: This Lent, during the weekly student meetings, we will go on retreat together to open ourselves more to our God and to draw strength and support from each other as disciples of Christ on the Way. The meetings are at 7 PM in the Reflection & Spiritual Care Center, across from Lamson Library, up the street from the shuttle bus stop. Refreshments are served, and all students are always welcome.

Friday afternoon bowling: At the end of the week, you want to relax and get off campus, right? Grab a friend - or meet new ones - as we gather on March 2, at 3:30 p.m., at the Reflection & Spiritual Care Center to leave to go bowling at FunSpot. Sign up with Kathy Tardif (kmardif@plymouth.edu) so that we know how many cars we'll need.

Taize prayer service: Sunday, March 4, at 6 p.m. in St. Matthew Church Hall, behind Blair Hall, we'll join parishioners for a delicious soup supper. After, we will offer a Lenten Taize prayer service with Holy

Trinity's Music Ministry. Meditative singing, brief readings, and short periods of silence characterize a Taize service

If there is inclement weather and we are cancelling weekday Mass or adoration, this information will be posted on WMUR. Please check online or on your TV before leaving the house to go to church.

Weekly Meetings

Thursday, March 1 Day Away Program, Simard Hall, 9 a.m. - 3 p.m.

Joy of the Gospel, St. Matthew Meeting Rm, 6 - 7:30 p.m.

Joy of the Gospel, Marian Center Hall, 6 - 7:30 p.m.

Boy Scout Meeting, St. Matthew Hall, 6 p.m.

Weblo Meeting, St. Matthew Meeting Room, 6 p.m.

Saturday, March 3 Catholic Daughters Meeting, St. Matthew Hall, 5 p.m.

Sunday, March 4 Knights of Columbus Breakfast, St. Matthew Hall, 7 a.m.

Taize & Penance Service, St. Matthew Church & Hall, 6 p.m.

No Faith Formation classes

No Confirmation classes

~AA meeting Monday- Saturday St. Matthew Hall 11 a.m.

Restoration Church, Plymouth (Assemblies of God)

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and

SEE CHURCHES, PAGE A11

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The Minot-Sleeper Library seeks a personable and tech-savvy individual to work part time as a Library Assistant.

Duties include circulation, assisting patrons with reference questions, and helping staff with programming and other library functions. A friendly personality is a must. Interested candidates may send their resume to Director Brittany Overton at librarian@townofbristolnh.org or by mail to Minot-Sleeper Library 35 Pleasant St., Bristol, NH 03222.

No phone calls, please.



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Iconic rocker Peter Wolf to grace the Flying Monkey stage

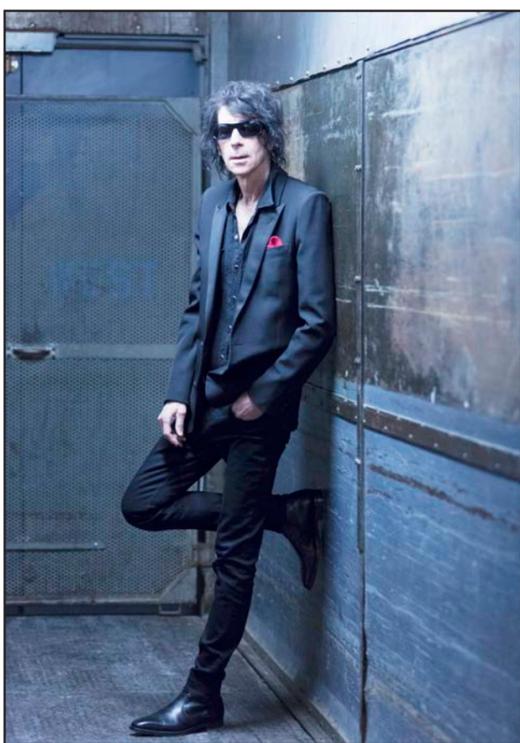
PLYMOUTH — The Flying Monkey Performance Center presents Peter Wolf & The Midnight Travelers on Thursday, March 15 at 7:30 p.m. Perhaps best known for his days fronting the J. Geils Band, he has since enjoyed a successful and critically acclaimed solo career. Tickets for this show start at \$39.

Peter Wolf's latest album proves that Rock 'n Roll is alive and well.

"A Cure for Loneliness" manifests the same vibrant passion for music that's motivated Wolf for most of his life. Growing up in an artistic, politically engaged family in the Bronx, he became an early rock 'n' roll convert after attending an Alan Freed rock 'n'

roll revue that included performances by Chuck Berry, Buddy Holly, Jerry Lee Lewis, Little Richard and Frankie Lyman. His thirst for new and old sounds drove him to exploring blues, soul, country, folk and jazz, inspiring weekly visits to Harlem's Apollo Theatre and leading to acquaintances with many of the music's surviving originators.

Wolf's talent as a painter won him a grant to study at the Boston Museum School of Fine Arts. While a student there, he experienced a life-changing epiphany after jumping on stage to sing with a blues band at a loft party. He soon talked himself into membership in that band, The Hallucinations.



"I didn't join a band to meet girls," Wolf recalls. "I joined my

first band to meet musicians. Painting was a fascination for me, but I was a music fanatic, and sitting in with that band was a born-again type of experience for me. I was transfixed, and myself and some of the guys in the band would check out performances by the musicians we admired so much, like Muddy Waters and John Lee Hooker and John Coltrane and Bill Monroe and the Stanley Brothers. Those roots stayed

with me." Wolf's natural loquaciousness won him a job as an all-night DJ on the fledgling FM rock station WBCN. Adopting the persona of "the Woofa Goofa," he spun raw rock 'n' blues, channeling the spirit of the flashy, fast-talking DJs he'd grown up listening to.

Wolf's encyclopedic musical knowledge came in handy when he and some like-minded Boston players formed the J. Geils Band, much of whose early repertoire was drawn from Wolf's vast record collection. The band soon became a local favorite injecting a much-needed jolt of raw, uninhibited rock 'n' roll into the '70s scene and was soon signed by Jerry Wexler for Atlantic Records. Between 1970 and 1983, the J. Geils Band released 13 influential albums, topped the pop single charts with 1981's "Freeze Frame," "Love Stinks," "Centerfold," and earned a reputa-

COURTESY (Left) The Flying Monkey Performance Center presents Peter Wolf & The Midnight Travelers on Thursday, March 15 at 7:30 p.m.

tion as one of rock's most exciting live acts, thanks in large part to Wolf's flamboyant, hyperactive stage presence.

After going solo with 1984's Lights Out, Wolf continued to stake out new musical territory with the subsequent releases "Lights Out," "Come As You Are," "Up to No Good," "Long Line," "Fool's Parade," "Sleepless" and "Midnight Souvenirs." His solo work has seen him collaborate with the likes of Aretha Franklin, Merle Haggard, John Lee Hooker, Mick Jagger, Keith Richards, Little Milton, Wilson Pickett, Shelby Lynne and Neko Case. Wolf temporarily reunited with his J. Geils Band cohorts for live shows on several occasions between 1999 and 2015, but his solo career has remained his creative focus, as A Cure for Loneliness makes clear.

Tickets to see Peter Wolf are \$39, and \$49 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

LRSO invites to "An Evening at the Ballet" March 24

MEREDITH — The Lakes Region Symphony Orchestra (LRSO) invites you to our concert on Saturday, March 24 at 7:30 p.m. at Inter-Lakes Auditorium in Meredith. The concert, titled "An Evening at the Ballet," features a beautiful blend of well-known and well-loved themes from renowned ballets. Selections include Tchaikovsky's "Overture to Swan Lake," "Sleeping Beau-



COURTESY Violinist Danilo Thurber, co-winner of LRSO's student concerto competition, performs with the Lakes Region Symphony Orchestra on March 24, 2018 at Inter-lakes Auditorium in Meredith.

SEE LRSO, PAGE A11

Traumatic brain injuries and fall prevention

BY MARTHA SWATS

Owner/Administrator

Comfort Keepers

Falling Down

Think back to when you were a child and all the times you fell down, whether from roughhousing with siblings or playing outside with friends. It could be said that falling down is an essential part of growing up. As we develop, our bodies adapt and we tend to stay upright a majority of the time, without having to think much about it. It's not until we reach older age that the odds of falling become greater, and the injuries, in turn, become much more severe. In fact, falls are continuously noted as the leading cause of traumatic brain injury (TBI) hospitalization and death for older adults.

Traumatic Brain Injuries

Although TBI's are serious at any age, they are much more likely to threaten the cognitive health of seniors. Some of the effects include everything from lack of coordination to a state of general confusion. Additionally, numerous studies within the last few decades show that there is a correlation between brain injuries

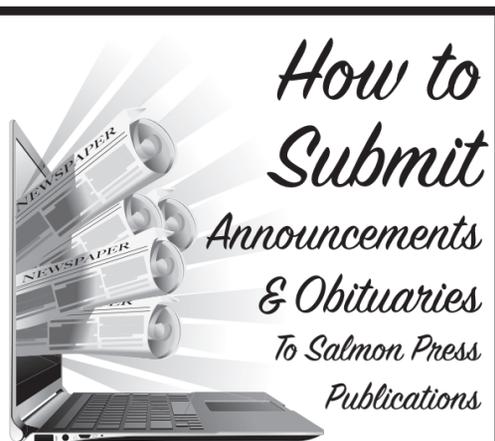
(moderate and severe) and the risk of developing Alzheimer's or other forms of dementia.

Treatment of mild TBI's may require occupational, physical, and/or speech therapy to help a senior restore their ability to function, while more severe cases require

prolonged hospitalization and careful observation. Whether mild or severe, TBI's are often detrimental to a senior's wellbeing and can interfere greatly with quality of life.

As mentioned, falls represent the leading cause of TBI's - as well

SEE PREVENTION, PAGE A11



How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com
Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

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Meeting

FROM PAGE A1

town meeting, residents said, and voting by ballot will open the process up to such people. Or will people vote only by their pocket-books, having no idea of the importance of saying “yes” to some of the articles proposed?

Chairman Rick Alpers offered a third option — one he also noted last year — but he said he did not think the town was ready to adopt a town charter at this time.

A town charter, Alpers said, allows a town to craft its own town meeting process in a manner that fits that town. He said he believes that both the traditional town meeting and the Official Ballot Act are antiquated today, when people are so busy they no longer have the time to attend a long town meeting or to get familiar with what’s on the ballot.

Several New Hampshire towns have adopted charters to govern how their municipality works, including Derry, Merrimack, and Peterborough. While the first two have completely altered the way the town works by creating a town council to make all the decisions traditionally left to voters during town meeting, Peterborough preserved its board of selectmen and town meeting, but it holds not just a deliberative and a voting session, but also a “final open session” that allows voters who have turned down the proposed budget in ballot voting to come together again to adopt a final budget.

One of the issues people have with RSA 40:13 is the default budget — an operating budget that takes effect if voters reject the one proposed by the town. It is a simple formula, taking the prior-year budget and removing any one-time expenditures, then adding in contractual obligations (union contracts or bond payments, for example). However, people will sometimes disagree on what constitutes a one-time expenditure. The Newfound Area School District is embroiled in controversy over the administration’s decision to include capital improvement items that voters never weighed in on within the default budget because they had been identified on the district’s capital improvement plan.

The official ballot law does allow a special meeting to deal with the budget if the proposed one is defeated, but towns and school districts generally allow the default budget to take effect.

Peterborough’s solution was to schedule a final open session to deal with the budget, along with other articles that selectmen did not want to include in the first two meetings.

That example shows that there is a lot of latitude in what a town can decide with regard to exercising “the home rule power recognized under Part One, Article 39 of the Constitution of the State of New Hampshire, consistent with the general laws of the State,” as Derry’s charter notes.

That is not to say

that a town’s charter cannot be challenged. There have been court cases and even legislative action to deal with problems in some of those charters. And would the voters of Bristol be willing to forge a new approach, when, despite several attempts at adopting 40:13, they have not given that option a try yet?

There also is a question in some minds about the legality of the article if it should pass this year. The law requires a public hearing at least 15 days prior to the vote when someone petitions to adopt RSA 40:13. Selectmen had overlooked that requirement and hurriedly scheduled the public hearing for Feb. 22, but couldn’t get the notice in the newspaper until the 17th and didn’t post it on the town website until the 20th. They say they were legally covered by posting it at the Bristol Municipal Building and the Minot-Sleeper Library on Feb. 16, but the seven-day posting requirement generally does not count the day posted and the day of the hearing, so by that tally, they were two days short of the posting requirement.

When resident Paul Simard raised that point, asking whether someone could challenge the vote, Alpers said, “We were sharing the information in good faith. People can sue us at any time for any reason. I think we’re good.”

The selectmen later scheduled a second public hearing on SB2 for Thursday, March 1, at 6 p.m.

partment could not.

The weight of the town records is causing the newer part of the building to separate from the original brick portion, he noted, and a new facility could provide privacy for members of the public doing business with the town.

In making adjustments in the plans to lower the price, Samyn-D’Elia Architects had reduced the cost to \$2.45 million, but the selectmen had added some things back in which brought the cost back up to \$2.65 million, Gordon said.

The town hall is projected to cost \$1,938,688 to build, with \$328,266 for renovations to the police station, bringing total construction costs to \$2,266,954. Architectural and engineering fees, furnishings, legal fees, and other “soft costs” account for the rest.

Selectmen plan to use \$400,000 from the unexpended fund balance to offset the cost, with \$250,000 coming from taxation and \$2 million from a bond.

Budget

FROM PAGE A1

School board member Vincent Paul Migliore of Bridgewater, who is a former chair of that board, said he favors holding a special meeting to discuss Auger’s complaint.

“I’m not sure we did anything wrong,” Migliore said, “but we have a fiduciary responsibility to make as members of the School Board, and if we have new information that could alter the default budget, RSA 40:13-XI(b) provides a way to adjust it by completing an amended default budget form.”

He added, “When we learned of the problem, we had three weeks to deal with it before the [vote], but time is running out.”

Levesque said the subject is on the board’s March 12 meeting agenda, one day before the ballot vote.

“There absolutely will not be a special meeting during vacation week, as many of those with an interest are unavailable,” he said. “If any new information comes forward that indicates the public record on the subject is flawed, there could be a special meeting the following week, between vacation and the regular board meeting, if recommended by the attorney.”

Last week, Hillsborough County Superior Court ruled in a similar challenge that, because Weare voters had never agreed to spend the \$60,000 that officials had placed in that town’s default budget, the money had to be removed.

Migliore, who as a state representative sits on the House Mu-

nicipal and County Government Committee, said there are several bills this session dealing with default budgets because of complaints about the difficulty of interpreting the language in the statute.

The current definition of the default budget says it is the same amount as contained in the previous year’s operating budget, increased by debt service, contracts, and other obligations previously incurred or mandated by law, and reduced by one-time expenditures contained in the operating budget.

House Bill 1307, as proposed, would amend the definition to stipulate that it also would be reduced by any other reductions in the proposed operating budget.

HB 1396 would allow the governing body to increase the default budget by qualifying capital expenditures, providing it is certified by a third party as being “a non-deferrable issue of safety, code compliance, or protection against property loss.”

HB 1652 would require a town or school district to provide greater detail about how the default budget was calculated, including the amounts excluded as being one-time expenditures from the previous year. It would remove a provision of the current law that allows a community to hold one special meeting to revise a budget.

The state Senate also has a bill, SB 342, that would require written documentation of the specific cost items that constitute an increase or decrease in the de-

fault budget.

The bill that would allow limited capital expenditures would provide a way for towns or school districts to deal with pressing issues without opening up the default budget to other unapproved capital items.

Traditionally, capital improvement plans lay out a course of spending to address anticipated needs in a way that evens out the tax impact year to year, and the plan serves as guide for annual appropriations. Individual capital improvement projects typically go before the voters for approval as they come up in the plan, but are not automatically added to the budget.

Auger pointed out that the school board approved its capital improvement plan after last year’s District Meeting, so residents never had a chance to vote on the plan. Under the Municipal Budget Law, adoption of a capital improvement plan requires an affirmative vote in an Official Ballot community.

If it had been approved, the School Board might have justification for putting the cost items in the default budget, he said.

As it stands, if school district residents vote down the proposed budget, they still would be facing that cost in the default budget, Auger said.

The Budget Committee is supporting a \$23,813,595 operating budget which, if defeated, would result in a \$23,535,833 default budget. Without the new capital items, the default budget would drop to \$22,823,533, just slightly more than the current-year budget of \$22,000,656.

Town Hall

FROM PAGE A3

that LRGHealthcare’s cost-cutting measures include shutting down Newfound Family Practice on School Street. He said that building might be suitable for use as a town hall, saving the expense of building one.

Residents already use the medical center’s parking lot during events at the nearby Old Town Hall on Summer Street, and the office building also has a meeting room. There would be acquisition and renovation costs, but it would likely be less expensive than building a new town hall, Gordon said.

He said he is waiting for an opportunity to speak to someone at LRGHealthcare about the medical center before the building project comes up at town meeting.

Current plans call for the construction of

a new town hall on the “Smith lot” adjacent to the municipal building this summer, and moving the town offices early in 2019. The police department would be able to spread out into the municipal building, which would gain a new sallyport and a larger booking area, with space for juvenile detention.

Gordon noted that, in response to concerns about the location of the sallyport, the architect is moving it closer to the front of the building with an entrance that would be at the bottom-floor level to avoid the need for an elevator or lift. Booking would be right off the sally port.

He reiterated the reasons for not building a new police station, mainly due to the higher cost for police facilities, and he said the police could function well in the old building, while operations by the town clerk-tax collector, assessing, and welfare de-

CADY

FROM PAGE A4

and alcohol policy, an additional suspension will be added. Furthermore, if a student participates in co-curricular activities and is in possession of an electronic smoking device or is seen in the act of vaping, this is a

violation of the PRHS Co-Curricular Participation Contract and can result in loss of eligibility.

We will continue to discuss our concerns with students and work with families to face this challenge head on. Please contact the high school with any questions or

concerns, 536-1444.

For additional information about substance misuse, please visit the CADY Web site at cadyinc.org. If you or someone you know struggles with addiction or substance use, call the NH State-wide Addiction Crisis Line at 1-844-711-4357.

Notebook

FROM PAGE A5

key-droppings on the way into camp, in the Middle of Nowhere. There are no data on what their range was before they were extirpated by settlers and market hunters in frontier times.

One of my friends whose descendants hunt these birds calls them “iron-clad buzzards.” They do seem to resemble Old Ironsides. Not even Thirty-aught Six seems sufficient.

They show up

morning and night to scratch and scruff for any morsel, pecking their way into seeming oblivion. I mean, just how much hammering can a head take?

But consider the woodpecker.

+++++

Once, on a run in from Bungy, I met a flock of seven or so turkeys on the side of the road, and they immediately took off, which in the annals of Turkeydom is like the 101st Airborne.

Down through the pole hardwoods

they went, wings outstretched, canting and tilting this way and that, to get around at high speed

Build fighter planes their equal, I thought, and we would rule the skies, which I guess we do.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

NOTICE

ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall on Saturday, March 3, 2018 from 11:00 to 11:30 a.m. for additions and corrections to the checklist, in preparation for the Town Election on March 13, 2018. Change in party registration will be accepted.

George Whittaker
Suzanne Cheney
Loretta Brouillard

Town of Alexandria

Town Elections and Voting on the Warrant
Tuesday, March 13, 2018
11:00 am to 7:00 pm

Voting is held at the Alexandria Town Hall,
45 Washburn Road, Alexandria, NH
The Town Clerk’s/Tax Collector’s office
will be closed on
Tuesday, March 13, 2018.

TOWN OF HEBRON

The Supervisors of the Checklist will be in session downstairs in the Selectmen’s Office Building on Saturday, March 3, 2018, from 11:00 to 11:30 a.m. This is your last opportunity to register to vote, and/or make corrections to the Hebron Checklist prior to:

Town Elections on Tues., March 13th.
Supervisors of the Checklist
Barbara Brooks
Sandra Cummings
Audrey Johnson

Churches

FROM PAGE A7

join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, *Stories*. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

**Sunday, March 4
Nursery and Religious Education
– 9:30 a.m.**

10:30 a.m. – Contact:

Jane Clay, DRE
Service 9:30 – 10:30 a.m. – Gather the Spirit

Rev. Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director

The words from this hymn “Gather the Spirit” remind us of the reasons we gather - for comfort, to find strength, to seek justice, and to celebrate. Join us to reflect on how we balance these reasons we gather to make our fellowship, and our lives, one of purpose and meaning.

Visit our Web site www.starrkingfellowship.org
536-8908

The Next Meeting of the Wise Women in Training is to be held on Wednesday, March 14 from 10:30 a.m. to noon.

Stewardship Cottage Meetings in March - Looking for an event that will combine companionship, good discussions, and good food all in a warm and friendly environment? Sign up to attend one of the cottage meetings offered by the Stewardship Committee in members’ homes through the month of March. For parents who do not want to get a babysitter, we offer a dinner at the meetinghouse with a separate meal and program for children. Check out the signup sheets in the foyer and pick out a time and place that works for you. Or, respond online to the Sign Up Genius reminder that you received by email.

Interested in becoming a member of Starr King UU Fellowship? You are invited to join our Path to Membership sessions, a three-week series to learn more about Unitarian Universalism and our Fellowship. The dates are March 11, 18 and 25 at 11 a.m. after the Sunday Service. Sign-up at the Membership table in the foyer.

Save the Date – Our Annual Auction Fund-

raiser and Concert will be held on Saturday, April 7! Will Ogmundson will be providing our music for the evening. Make sure you mark your calendars!

LRSO

FROM PAGE A9

ty Waltz,” and “Waltz of the Flowers” from *The Nutcracker*; Stravinsky’s “Berceuse and Finale” from *Firebird*; Gliere’s “Russian Sailors Dance”; and the second half of the concert features the all-American musical brilliance of Aaron Copland’s “Appalachian Spring.”

Not to be overshadowed by the Ballet theme of this concert, we are also extremely pleased to present the co-winner of the LRSO’s annual student concerto competition. Our first co-winner, cellist Roric Cunningham played to a standing ovation at our November concert. Our second co-winner, violinist Danilo Thurber, will delight with his rendition of Camille Saint-Saens “Violin Concerto #3, Op 61 in B,

What’s Happening Around the Starr King UU?? The Activities Committee would love to see you at one or all of their events. Whether it’s a hike through

the woods, meeting for breakfast, or an evening out at the theater, it’s just one more way to come together as a community and enjoy each other’s company.

1st movement.” An interesting note – Danilo auditioned last spring with a piece that was previously performed by last year’s concerto competition winner, so we asked Danilo to learn this entirely new piece to showcase his talent at the March concert. Fifteen-year-old Danilo was eager to oblige!

Danilo (Dacha) Thurber is a student at Phillips Exeter Academy who began studying violin in 2004 at the age of two. He has been a student of music since that time studying and performing with esteemed teachers and performers.

In addition to performing with the Phillips Exeter Academy’s Symphony Orchestra, Dacha has played with the Boston Youth Symphony Orchestras (BYSO) since 2012. Currently, he performs with the BYSO’s pre-

mier ensemble, the Boston Youth Symphony. Prior to that he served as concertmaster for BYSO’s Repertory Orchestra and Junior Repertory Orchestra.

Together with his brother he has been honored to play for a few notables, including the President of Serbia, on TV for WMUR (playing *The Star Spangled Banner* at the Boston Marathon memorial), and for NH Governor Maggie Hassan at the State House.

Dacha has been proud to donate proceeds from his public performances to the Phoenix Society, which provides support services to young burn survivors. Together with his brother, he has raised more than \$2500 for this cause.

This March 24 concert is the third in the LRSO’s spectacular 2017-2018 season. Reserve the dates for our

Please take a look at the latest copy of our monthly newsletter, or visit the Events Page on our Web site: www.starrkingfellowship.org.

final dual-performance POPS concert on May 19 and May 20, featuring songs of stage, screen, and beyond sung by theater performer Abigail Duffrene. Full concert details are at www.LRSO.org.

Tickets are \$20 for adults and \$10 students college-age and under (no children under age 5 please). Tickets are available online at WWW.LRSO.ORG/TICKETS, or from these ticket outlets: Innisfree Bookshop in Meredith and Greenlaw’s Music in Laconia. Any unsold tickets will be available at the door starting one hour before the concert.

The LRSO greatly appreciates the support of its concert sponsor the Robert T. Smith Family Trust. Bob’s love of the LRSO and his generous support is a big part of what makes the LRSO, a community orchestra, possible.

Prevention

FROM PAGE A9

as a number of other debilitating injuries such as hip fractures and broken bones – so it’s important that seniors do what they can to reduce their risk of falls. Doing so can be the key to maintaining their health and independence. Here are some tips that they can follow:

Fall Prevention Tips

Have your vision checked often, and wear lenses if prescribed by an optometrist. It’s not uncommon for certain age-related eye conditions and lack of depth perception to cause a senior to fall.

Ensure that the house is free of hazards. Remove loose rugs, stacks of newspapers/magazines, as well as any cords that may be lying out.

Install assistive devices wherever possible. This can include everything from grab

bars in the bathroom to a raised toilet seat with armrests.

Keep the home bright. Keep night lights in all rooms and hallways to ensure that there is illumination of some kind at every turn. Also be sure to keep flashlights easily accessible in the event of a power outage.

With a physician’s approval, incorporate an exercise regimen into your daily routine. Moderate physical activity can go a long way to improving one’s balance, strength and coordination – all of which can help reduce the risk of falling.

Talk with your physician to understand how any prescription or over-the-counter medications may impact the odds of falling. Similarly, he or she may be able to identify other issues that can increase the overall probability, and then determine what lifestyle changes to make.

Most importantly,

it’s important for seniors to know that falling is not something that just normally happens as you get older, but conversely, they should also be aware that it’s not something that just happens to other people. Anyone can fall, but a majority of falls are preventable with the right precautions in place.

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About Comfort Keepers

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Edward Jones: Financial Focus

Women’s Day - How Can Women’ Make Financial Progress

On March 8, we observe International Women’s Day. This year’s theme is “Press for Progress,” and events around the world will celebrate women’s advancements in the political, social and cultural arenas. But right here in the United States, women still face barriers to their financial progress. If you’re a woman, you need to recognize these challenges – and respond to them.

So, what are the key obstacles to financial security for a woman? Probably the first thing that comes to mind is the gender wage

gap: Women generally earn around 80 cents for every dollar men earn, according to the U.S. Census Bureau. But women also face other threats to their financial security. For one thing, they are far more likely than men to take time away from the workforce to raise a family – and time away means smaller Social Security payments and significantly lower balances in 401(k) plans and other retirement accounts. And women’s roles as caretakers don’t end when their children are grown – in fact, women are twice as likely as their male siblings

to end up caring for an elderly parent, according to a Princeton University study.

What, then, can you do to help ensure a comfortable retirement and achieve your other financial goals? Here are a few suggestions:

Take full advantage of your employer’s retirement plan. If your employer offers a 401(k) or similar retirement plan, take full advantage of it. Invest as much as you can afford each year, and every time you get a raise, increase your contributions. At the

very least, put in enough to earn your employer’s matching contribution, if one is offered.

Invest for the long term. Some evidence shows that women may be more conservative investors than men. But if you want to reach your long-term goals, you will need to consider some growth-oriented investments in your portfolio, factoring in your risk tolerance and time horizon. You may want to consult with a financial professional about the best way to invest for the long term.

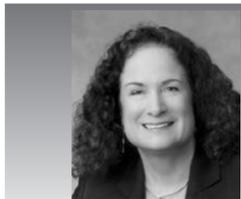
Maximize your Social Security. If your spouse is the higher earner, you may want to consider how you can use this disparity to your advantage when you collect Social Security. Specifically, you may be eligible for Social Security benefits based on your spouse’s earnings and Social Security record. You’ll want to consult your tax advisor before making any moves.

Protect yourself from long-term care costs. More than two-thirds of nursing home residents are women, according to the Na-

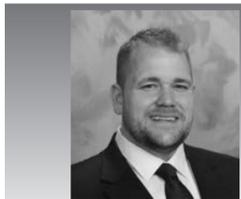
tional Center for Health Statistics. And the median rate nationwide for a private room in a nursing home is over \$97,000 per year, according to the Genworth 2017 Cost of Care Survey. Medicare generally pays very little for long-term care, so if you ever need these services, you’ll have to find other ways to pay for them. A financial professional can suggest some ideas.

As a woman, you face special financial challenges, and striving to overcome them will be a lifelong activity. But it’s worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Derby

FROM PAGE A1

just screaming.”

Woods' friends said they stood by and advised him to stay calm and “don't lose this one,” since just minutes earlier he had lost his chance at another hard hit on his rigging; they wanted to make sure he landed this fish.

After a hard battle, what he pulled through the ice was a 13.6 pound, 34-inch lake trout that would up earning him \$1,150 in the derby, \$150 of that for the largest lake trout brought to derby headquarters and \$1,000 for the largest overall catch of the weekend.

“Wow. This is unbelievable,” Woods said as he held his fish up for the cameras.

The annual ice fishing derby is a major fundraiser for the department with the money raised appropriated to the Alexandria Volunteer Firefighters Association. The association then helps support the needs of the department through minor equipment purchases as well as contributions for community events such as the AVFD annual pig roast, Halloween activities and more.

James Shokal, a founder and the organizer of this year's event, said they were happy to welcome more than 450 people to the derby last weekend. Most ticket holders actually got out on the ice to fish, including many children. Others purchased a ticket just to support the department and be included in the more than 200



As the clock ticked down to the end of last weekend's ice fishing derby on Newfound Lake on Sunday, several people stopped to admire the large fish that made it to the winner's board.

prize drawings that took place every half hour over the course of the weekend.

“This wasn't a record turnout for us, but it's still a good turnout and we're very grateful,” Shokal said.

While Woods was thrilled to be the Grand Prize winner this year, a couple of other fishermen reeled in some big fish and big bucks, too. Dave Bentz took the \$500 second place prize this year with his own lake trout and Eric Pitts won \$250 for third place with the 29-inch, 5.45 pound cusk he caught along with an additional \$150 for the largest cusk pulled in.

Other cash awards of \$150, \$100 and \$50 were presented to the



(Left) The Grand Prize winning Lake trout caught by Swanzey resident Brendon Woods was impressive last weekend as it hung on the winner's board beside other prize-winning fish, like a 21-inch, 3.77 pound rainbow trout.

remaining top three catches in the categories of rainbow trout, pickerel and perch. Children were also awarded trophies for their outstanding catches, including an impressive 3.1-pound, 22 and three-quarter-inch pickerel. The Simula family of Bridgewater provided the derby with the children's trophies this year in memory of their father.

As the derby came to a close on Sunday afternoon, there was a celebration for those who brought in fish that made it onto the winner's board, but many more still walked away a winner despite their fishing results.

“I didn't catch a fish that made it onto the board, but that's okay. I won two of the raffle drawing prizes and it was a fun weekend,” said a Bristol resident.

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Newfound Landing Sports

Section **B**
Thursday,
Thursday, March 1, 2018

New Hampton grad Annalisa Drew just misses out on Olympic medal

Loon Mountain skier finishes fourth in halfpipe in South Korea

BY JOSHUA SPAULDING

Sports Editor

PYEONGCHANG, South Korea — Annalisa Drew brought her A game to the qualifying rounds of the skiing halfpipe at Phoenix Snow



ANNALISA DREW finished fourth in the skiing halfpipe in PyeongChang last Tuesday morning.

JOSHUA SPAULDING

What's On Tap

Only two games remain of regular season action as post-season action takes over the schedule in the coming week.

The Kennett and Plymouth hoop boys will wrap up the regular season in Plymouth at 6 p.m. today, March 1.

The Kingswood hoop boys will wrap up their regular season at Oyster River on Friday, March 2, at 6:30 p.m.

The Division II boys' hoop tournament will be getting underway on Tuesday, March 6, at 7 p.m. at the home of the higher seed.

The Division II girls' hoop tournament will have quarterfinal action on Friday, March 2, at the home of the higher seed at 7 p.m. and semifinals are Tuesday, March 6, at 5:30 and 7:30 p.m. at Southern New Hampshire University.

The Division III boys' tournament will start today, March 1, and continue on Saturday, March 3, both at 7 p.m. at the home of the higher seed. The semifinals are Wednesday, March 7, at 6 and 8 p.m. at the home of the higher seed.

The Division III girls' tournament wraps up on Saturday, March 3, at Southern New Hampshire University at 4 p.m.

The unified hoop tournament opens on Thursday, March 8, at the home of the higher seed at 5 p.m.

The Division II hockey tournament continues with quarterfinal action on Saturday, March 3, at the home of the higher seed, with the semifinals at Exeter on Wednesday, March 7, at 5:30 and 7:30 p.m.

The Division III hockey tournament continues with quarterfinal action at the home of the higher seed on Saturday, March 3, and will have semifinal action at Plymouth State on Wednesday, March 7, at 5:30 and 7:30 p.m.

Girls' hockey quarterfinals are Friday, March 2, at 4 p.m. at the home of the higher seed, with semifinals on Tuesday, March 6, at Plymouth State at 5:30 and 7:30 p.m.

The Division II Nordic State Meet is Monday, March 5, at 10 a.m. at Gunstock.

Park on Monday, Feb. 19, and still admitted she had more to give heading into the finals.

"I've got a few tricks up my sleeve," the New Hampton School gradu-

ate said after finishing fourth in the qualifying round with a best score of 86.

She showed that she indeed did have something left to give the next

morning, when she took to the pipe for the finals and sat on the precipice of a bronze medal after her big third and final run.

Drew's third run got a

91 from four of the judges and a 90 from the fifth judge for a score of 90.8. That put her in third place behind Canada's Cassie Sharpe (95.80) and France's Marie Martinod (92.60) with just those two skiers and Drew's teammate, Brita Sigourney, left to make their runs.

While Drew was excited about her run, she knew her teammate was going to up her game and knock her off the podium before Sigourney even got in the pipe.

"I knew she had it as soon as she dropped in," Drew said of her teammate. "I know Brita."

Sigourney's third run of 91.60 edged out Drew and put her to fourth place to close out the competition.

"That's the best skiing I've done all season," she said. "I'm excited about that."

"And I'm super-stoked for Brita," Drew continued. "When I got into third it was nice but I wasn't going to celebrate too early. I am happy for her."

Drew had an 86.8 on her first run and a 73 on her second run and sat in fourth place for most of the day after qualifying in fourth place. The third and final run showed what she's capable of.

"That's the best score I've ever had," she said. "Everybody is on top of their game right now."

She also noted that the

Phoenix Snow Park halfpipe was an incredible place to compete.

In qualifying, Drew put down an 85.4 on her first run and then upped it a bit on her second run to earn the 86. That put her fourth behind Sharpe (93.4), Martinod (92) and Sigourney (90.60).

"I'm super-stoked," Drew said after her second qualifying run "I've been struggling (with her first hit), so to put it down twice is nice."

As the second American down the slopes, the Loon Mountain-trained skier got three 86s, an 85 and an 84 on her first run and then got two 87s, an 86 and two 85s on her second run.

She noted that the competition in halfpipe continues to get better and better.

"There's definitely a lot of progression," she said. "Women are throwing down."

"It used to be a few people threw 10s and now almost everybody is," she continued. "It's exciting to see it."

Drew was one of three Americans to move on to the finals, joining Sigourney and Maddie Bowman, who finished in sixth place overall. Bowman, the defending Olympic gold medalist, struggled to land all three of her runs in the finals and finished in 11th place overall.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



RC GREENWOOD

Bears eliminated

Newfound's Jasmine Peterson drives to the basket during the first-round tournament game against Franklin last week. The Bears took care of business against the Golden Tornadoes by a 73-22 score before falling to Hopkinton in the quarterfinal round by a 33-31 score to close out the season.

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Bears battle past Bobcats with strong second half

BY JOE SOUZA

Contributing Writer

PLYMOUTH — If told prior to tip-off that his team would hold the opponent to just eight first half points, Plymouth Regional boys' basketball coach Mike Sullivan (like most) would've put it in the win column.

Unfortunately, that didn't play out in the end for Sullivan's Bobcats.

The Bobcats did exactly what they wanted in the first two quarters, completely frustrating Coe-Brown and holding the Bears to just eight points in the first 16 minutes. Plymouth did little more offensively though, and the Bears had enough in the second half to hand the hosts a frustrating 44-35 setback in Division II action last Monday.

"When we can get it into this type of game (low scoring defensive struggle), typically things go our way," Sullivan said after his club slipped to 7-9 with the loss. "The thing is we couldn't convert on the other end. We go with the first open shot and we had a bunch tonight. We weren't getting out and getting anything easy, and when we did, we weren't able to finish.

"It's a frustrating one," added Sullivan. "It was certainly in our favor for three quarters."

It certainly appeared to be going Plymouth's way.

With an aggressive, trapping 1-3-1 zone defense, swarming around Coe-Brown, the Bobcats frustrated the visitors throughout the first half. The Bears though matched the defensive intensity, blocking a handful of shots.

Plymouth though was able to pull out to a 13-8 halftime lead. Following a 6-6 stalemate



JOE SOUZA

Plymouth Regional junior guard Nick Qualey tries to get a shot off in the middle of the Coe-Brown defense, including Lucas McCusker, left, and Mitchell Wade, right, during Monday's NHIAA Division II contest in Plymouth.

in the first half, the Bobcats got a conventional three-point play from Owen Brickley and a long-range three from Nick Qualey in outscoring Coe-Brown 7-2 in the second quarter for the five-point edge.

"We knew it was going to be a tough game," pointed out Coe-Brown coach David Smith. "We expected the 1-3-1 defense and the trapping, and they play it well. We were a little impatient offensively early on.

"Our defense kept us in the game," the veteran coach continued. "We scored eight points in the first half. We don't win this game without our defense."

And the Bears (11-3) wouldn't have won without the personnel changes in the second half.

Lucas McCusker, who has been in the starting lineup throughout the season, did not step on the court in the first half. Inserted into the lineup in the second half, McCusker delivered — knocking down four three-pointers in the third quarter and five overall to help ignite the Coe-Brown offen-

sive attack.

"We changed some personnel and put players in different positions," Smith pointed out. "We did a better job with our spacing and gaps against the zone. We were looking for the threes which is the design of the zone, but we weren't moving the ball. We did a better job moving the ball, getting it inside and getting it back outside."

And McCusker was on the outside waiting, and finished with a game-high 17 points.

"We knew about him. He was in our scouting reports," said

Sullivan. "We just lost him a couple times in the second half."

Plymouth pushed its lead to seven, matching its highest edge of the contest, in the third quarter after Coe-Brown made it a two-point game. Qualey knocked down a three and Dan Carey hit two free-throws for a 20-13 lead.

That's when McCusker and the Bears settled in to their attack, getting the ball inside to Brendan Eaton, who finished with 12 points on the night — 10 in the second half, and back out to McCusker when the shot



JOE SOUZA

Plymouth Regional senior guard Dan Carey lines up a shot against Coe-Brown's Scott Spenard (10) in Monday's NHIAA Division II boys' basketball action in Plymouth.

wasn't there.

Two straight McCusker three-pointers followed by a tough inside bucket from Eaton made it 22-21 Plymouth. Two Eaton free-throws with 2:09 left in the third gave the Bears their first lead of the night at 23-22.

A three-pointer by Brickley put the Bobcats back on top at 25-23, but McCusker answered with one of his own three-ball to send the game into the fourth quarters with Coe-Brown up 26-25.

Coe-Brown scored the first seven points of the final quarter to open a 33-25 lead, and the Bobcats never recovered.

"We just couldn't get anything going," Sullivan said. "They are really active with their hands defensively, and they were very physical. Our interior play struggled tonight.

"I give our guys credit, and I'm proud of the way they fought to the end," added Sullivan.

Qualey led the Bobcats with 10 points, while Brickley and Jordan Docen both finished with eight points. Carey had four points, while Jacob Lamb and Wes Lambert had four apiece. Colby Moore had one to round out the scoring.

McCusker and Eaton were the lone Coe-Brown players in double-figures. Plymouth held CBNA standout Scott Spenard to just six points.

Cats can't keep up with Huskies

BY JOSHUA SPAULDING

Sports Editor

ANDOVER — The Kearsarge-Plymouth hockey team was unable to keep up with a solid Monadnock side on Wednesday, Feb. 21, as the Huskies handed the Cats an 8-3 defeat at Proctor Academy.

It was a game filled with penalties, as the Cats took 10 penalties and the visitors took seven.

The first two goals of the game went to Monadnock, with the first coming just more than four minutes in and then another coming with less than two minutes to go in the first period.

Kearsarge-Plymouth answered with less than a minute to go in the first period, as Alex Nangle scored an unassisted goal with 45 seconds to go to make it 2-1 after one period of action.

The Huskies scored the first goal of the second period, getting on the

board just more than three minutes into the frame and then added another with just more than eight minutes gone for a 4-1 lead.

However, the Cats came back and answered that goal with one of their own just 24 seconds after the fourth Husky goal, with Nangle again getting the tally on an assist from Tony Velez.

The Huskies were able to close out the period with a goal in the final two minutes to take a 5-2 lead to the final period of play.

The visitors added three more goals in the final 15 minutes, the first coming less than two minutes in. Kearsarge-Plymouth got one goal in the third, with Michael Cathy scoring his first varsity goal on an assist from Nangle.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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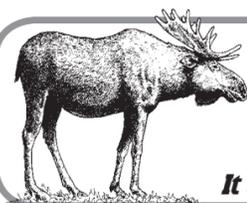


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STANDING at the observatory near the DMZ in South Korea. The mountains rising behind me are in North Korea.

STEPHEN HESS – COURTESY PHOTO

More than just sports in this Olympic experience

BY JOSHUA SPAULDING
Sports Editor

PYEONGCHANG, South Korea — One of the things I wanted to do on this Olympic trip is try to see a bit more of the culture of the community in which I was visiting. In Sochi four years ago, I didn't get many chances to leave the Olympic area and see what the region was all about.

This year an e-mail came to my inbox from a tour company in South Korea, offering free trips to members of the media to a number of different locations throughout Korea. One of the tours offered was a DMZ trip.

It didn't take me long to realize I wanted to do this and I found a day when I had nothing on the schedule in the morning (though the schedule changed I stuck with my original

plan) and booked the trip for last Thursday, Feb. 15.

For those not familiar, the DMZ is the demilitarized zone between North and South Korea, an area that was agreed upon by North Korea, China and the United Nations in 1953. The DMZ essentially splits the Korean peninsula in half, running near the 38th parallel for 160 miles across the peninsula.

The Korean War, which started in 1950, saw the North Koreans, backed by the Soviet Union, invade South Korea, which had support from the United Nations, cost three million lives before it ended by armistice agreement in 1953, in which both side agreed to move their troops 2,000 meters back from the demarcation line, leaving a buffer

approximately 2.5 miles wide.

On either side of the DMZ, there are troops guarding against any possible aggression from the other side and in order to go near the DMZ, we had to pass through a security gate in which an armed soldier boarded the bus and spoke with the tour guide and driver.

We stopped first at the DMZ Museum, where we got a glimpse of many historical artifacts from the DMZ, including a huge light bank and speakers outside, which once used to be placed near the border to irritate the other side.

After the DMZ Museum, we traveled to a nearby observatory, where we were able to look across the DMZ and into North Korea. The tour guides explained

where the line was between the two countries and pointed out the eastern edge of the border as it butts up against the ocean.

Admittedly, it was a bit weird to be looking out onto a country that has been such the focus of news reports from around the world.

In stark contrast to

the militaristic feel to the area surrounding the DMZ, we made a stop at a Buddhist temple on the way back to PyeongChang. The stunning beauty of the seaside temple was impressive and made for a great way to end our trip.

The Olympics are about sports, but they're also about bringing

countries from around the world together to experience what each other has to offer. I'm honored to have had the chance to see a little more of Korea than just the Olympic villages.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bobcat Nordic skiers compete at Great Glen

BY JOSHUA SPAULDING
Sports Editor

PINKHAM NOTCH — A handful of Plymouth Nordic team members competed at Great Glen on Wednesday, Feb. 21, for a tune-up for the Division II State Meet.

Sam Van DeMoere led the way for the Bobcat girls with a time of 19:38 for 20th place overall.

Lauren Bolton was next for Plymouth in 26th place in 20:02, with Megan Ebner skiing to 29th place in a time of 20:17.

Libby Van DeMoere rounded out the scoring for Plymouth with a time of 20:28 for 31st place overall.

Carly Merluzzi was 46th in 21:44, Ashley Ulricson was 53rd in 24:03, Maisy Mure was 54th in 24:25 and Tabby Lopes was 55th in 24:25.

The lone Bobcat boy competing in the meet was Henry Green, who finished in 16th place in 16:37.

The Bobcats will compete in the Division II State Meet at Gunstock on Monday, March 5.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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TOWN OF PLYMOUTH

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Deadline: March 9, 2018

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In defense of one of the greatest of all time

Lindsey Vonn is the greatest female alpine skier of all time.

This should be enough. But in the times we live in, that isn't always enough and that's sad.

I consider myself lucky to have gotten the chance three times over the last two weeks to see Lindsey ski, to listen to her answer questions from my fellow media members and generally see her interact with teammates, media and fans.

I knew she was a good racer. I think everyone in the world knows that, but I also know being in the public eye can take its toll on anyone. And Lindsey Vonn is no exception to that rule.

Prior to coming to PyeongChang to represent the country she's lived in her entire life, Lindsey noted her displeasure with the President of the United States. This is not an uncommon thing these days. However, when people in public positions make statements one way or the other in a political debate, the hate comes spewing forward. Not at an actual alpine race, but more from the online trolls who seem to get their rocks off in life by belittling others while hiding behind a Twitter profile as vague as their love life possibilities. Heaven knows the people spewing out the hate online probably aren't going to leave their basement long enough to actually attend a race of any kind.

I am not going to defend the president, but I'm also not going to speak ill of him. He was elected president, and like it or not, he's the president. If you weren't a fan of Barack Obama or George W. Bush or Bill Clinton, it was the

SPORTING CHANCE

By JOSHUA SPAULDING



same way. This column is not making a political stand.

And by simply saying she wasn't a fan of the president and probably wouldn't visit the White House after the Olympics, Vonn turned the spigot of disgusting toilet water that comes from the keyboards of online trolls, against herself.

Hearing her talk about the messages she's received online, one can't help but feel bad for her. But she's taking it all in stride. You have to know it's eating her alive at times, but she seems to shrug it off and move on with her life. She's comfortable with who she is, she knows her family is in her corner supporting her and she knows she has great fans who support her as well.

I was a big Lindsey Vonn fan coming into these Olympics. But I now have a ton of respect for a woman who should go down as the greatest female skier of all time. Not because she called out the president, but because she stands behind what she says. Unlike the online vermin who do nothing but hurl insults and vulgarity, she makes a stand and does so publicly. The ability to do that is what makes America the greatest country in the world. You can disagree with an administration and still love your country. But for some people, the two can't be separated and that's disappointing.

Two hours after her downhill run at the Jeongseon Alpine Cen-



JOSHUA SPAULDING

LINDSEY VONN talks with fans after the downhill in PyeongChang last week.

ter ended on Wednesday, Feb. 21, Lindsey was still at the bottom of the course. There was a venue ceremony and then she had media obligations. She worked her way through the television cameras waiting to interview her and finally reached the print

media. It was obvious she was cold and tired, but she smiled and answered every question thrown her way. And then she went to the venue media center and did the same thing.

But between those two stops, Lindsey showed the person she

is, as a group of fans standing along the fence cheered for her as she finished up her media obligations, one fan yelling, "you're our Beyonce." She took the time to stop and thank them and take pictures before making her way to the

media center.

That was my look at the real Lindsey Vonn. And that was my indication that Lindsey Vonn is someone to look up to. Not because she disagreed with the president. Not because she wins races. Not because she's stunningly beautiful. But because she knows who matters in her life and she is strong enough to take whatever comes her way.

Lindsey Vonn entered the Olympics as the greatest female alpine skier of all time. She left the Olympics with that title intact and a newfound respect from at least one member of the media gathered in South Korea. It was a pleasure watching her do her thing on the big stage.

Finally, have a great day Mark and Sarah Foynes.

Learn to curl at Plymouth State Ice Arena

PLYMOUTH — If you are one of the many spectators of curling during the 2018 PyeongChang Olympics, you have witnessed the nail-biting intensity, unyielding pressure, and the fiery spirit as the teams fought brilliantly for the gold. The excitement has been shared amongst all of the nations who have competed in PyeongChang. While the Olympics are winding down, the Plymouth State Ice Arena is gearing up. Do you have an unyielding desire to try the sport of curling? Well now is your chance; curling is in the house at the

Plymouth State Ice Arena.

The beauty of curling is that it can be enjoyed by an array of people. There is no running, there is no jumping, there is technique and strategy. Given that the game is played on ice wearing sneakers, balance is paramount. Luckily, this skill can be improved on by simply playing the sport. The most physical aspect of curling comes from furiously sweeping in front of the stone as it glides down the opposite end.

Still not sure if you can curl? The ice arena is going to let you try

for free so you can find out just how much fun you can have on ice. The Plymouth State Ice Arena is hosting "learn to curl" open houses on March 4 and 11 from 1 to 3 p.m. All of the necessary equipment will be provided and admission is free, donations are gratefully accepted.

These "learn to curl" sessions will be focusing on the fundamentals of curling; participants will learn how to deliver a stone and how to sweep. To sign up for an intro session, please register online at plymouth.edu/arena/curling. Space is limited, so please don't hesitate,

sign up today.

Still looking for more? If you have caught the curling bug and would like to participate in league play, the ice arena will be offering a four-week intro to curling league. This league will be made up of all first year curlers. Experienced curlers will be there to help with the nuances of the game. This league will take place on Saturdays beginning March 24 and will run through April 15, the cost will be \$250 per team.

If you have any questions, please contact the ice arena at psu-icearena@plymouth.edu.

What's Happening at Plymouth State University

SCHOLARLY LECTURES: YOU'RE INVITED!

Plymouth State University offers a variety of provocative, stimulating, and engaging public presentations throughout the year. All are led by expert lecturers who provide essential background on the issues of our times.

The following events are free of charge and will be held in the Smith Recital Hall of the Silver Center for the Arts.

"Teaching, Learning, and Belonging: The Essential Role of Relationships in Education"

Professor Patricia Cantor, PSU Early Childhood Studies Department

The Stevens-Bristow Distinguished Professor Lecture | Friday, March 2, 4 p.m.

"Reining in Online Abuses"

Dr. Hany Farid, Dartmouth College Computer Science Department

Sidore Lecture Series | Tuesday, March 6, 7 p.m.

Topics in Mathematics

Professor Emma Wright, PSU Mathematics Department

Ed and Marilyn Wixson Endowed Professorship of Mathematics Lecture | Tuesday, March 13, 4 p.m.

Reservations are recommended. For Sidore, call 535-ARTS. For other lectures e-mail psu-events@plymouth.edu

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