

COMPLIMENTARY

Family and friends rally to help local youngster with severe food allergies

SEE **JAMES**, PAGE A12

SEE **ICY**, PAGE A12SEE **CONDUCTOR**, PAGE A12



DONNA RHODES

The Merrimack Police Department was truly in the spirit of the “Glow Party” theme at last Saturday’s Winni Dip for Special Olympics New Hampshire where they tied for first place in the costume parade.



DONNA RHODES

Tying with the Merrimack Police for first place in the costume parade at the 2018 Winni Dip was the New Hampshire State Police who not only did a slow “perp walk” onto the stage but also did some impressive dancing as part of their winning act.



DONNA RHODES

Tilton Police (left, in white shirts and shorts) were among the 114 law enforcement officers from across the state who plunged into the icy waters of Paugus Bay for the annual Winni Dip to support Special Olympics New Hampshire.



DONNA RHODES

Due to recent surgery, retired N. Woodstock Police Chief Doug Moorhead couldn’t do his traditional belly flop into Lake Winnepesaukee at last weekend’s Winni Dip so he instead had buckets of lake water dumped over his head to show his support for Special Olympics New Hampshire.

Law enforcement community takes a dip in support of Special Olympics

BY DONNA RHODES
drhodes@salmonpress.news

LACONIA — Members of the New Hampshire Law Enforcement

community joined forces last weekend for the 2018 Winni Dip where they once again fulfilled their mission

of raising money for Special Olympics of New Hampshire. This year that amount was an impressive \$109,115, which will help with programs and a lot of friendly competition for those who are physically or intellectually disabled.

As serious as they are about their jobs, last Saturday was a day when Law Enforcement let it all hang out however. The theme of this year’s Winni Dip was “Glow Party” and before they took a quick plunge into the frigid waters of Paugus Bay in Laconia, the fun began with a costume parade in which five of the teams participated. With black lights illuminating the stage, they did their best to impress the judges with dance, a little show of muscle and some humorous costumes. The contest wound up with a tie for first place be-

tween the N.H. State Police who did a “perp walk” across the stage while dressed in jail-house costumes and the glow-in-the dark body suits worn by the Merrimack Police Department who boldly strutted and danced for the crowd.

As the more than 100 officers headed for the beach behind the Margate Resort to get the dip underway, they were led by WMUR’s political analyst Adam Sexton, a regular participant, and New Hampshire Attorney General Gordon McDonald who was joining them for the first time.

The water was a mere 33 degrees when the first of five waves of dippers headed into the lake. They went in, got wet, then wisely raced back to the shore and headed in doors as appreciative crowds cheered them all on.

Among the local police departments that took part this year were contingencies from Laconia, Tilton and Sanbornton.

Matt Dawson of Tilton said nine members of his department signed up for the Winni Dip this year and raised approximately \$10,000 for Special Olympics.

“We enjoy doing this. It’s for a great cause and it brings a lot of camaraderie to the department,” Dawson said.

Sanbornton’s Chief Stephen Hankard has been taking part in the dip for the past few years and was happy to have Officer Shane Morton join him. To-

gether they raised over \$1,600 for SONH and were pleased to be part of the event. While many people wore water shoes to walk down the snowy beach, Morton bravely went barefoot then raced out to do an impressive dive into the water. The two bumped their fists as they headed back to shore and the warmth of the resort.

“It was an experience for sure,” said Morton afterward, “but it was also a lot of fun.”

Wrapping up the dip each year, retired N. Woodstock Police Chief Dog Moorhead has traditionally done a belly flop into the

SEE WINNI DIP, PAGE A13

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Plymouth Area Community Closet receives proceeds from Keep The Heat On

BY DONNA RHODES
drhodes@salmonpress.news

PLYMOUTH — Representatives of the Plymouth Area Community Closet were presented checks from two special fundraisers that were designated to help provide fuel assistance dollars for area residents who find themselves in need over the long, cold winter months.

Keep the Heat On is an ongoing campaign that funds the area's fuel assistance program and Martha Richards, chair of the project, was pleased to present a check for \$53,000 to PACC President Margaret Bickford and Treasurer Steve Kaminski last Thursday afternoon.



DONNA RHODES

Members of the Keep the Heat On committee were pleased to present their 2018 contribution for local fuel assistance programming to members of the Plymouth Area Community Closet. On hand for the presentation were KTHO chairperson Martha Richards (center), PACC Treasurer Steve Kaminski (far left) and President Margaret Bickford (right). Joining them for the presentation were JoAnne Cordero of PACC, Joyce Weston, Val Scarborough, Barbara Fahey from KTHO, and Pam Hamel of Groton Wind Farm, one of this year's largest contributors to the cause.



DONNA RHODES

High school senior Sam Ebner was pleased to present Plymouth Area Community Closet representatives Steve Kaminski, JoAnne Cordero and Margaret Bickford with the more than \$800 he raised for their fuel assistance program through his recent Ski for Heat event.

Officer elections and Executive Councilor Volinsky will headline Plymouth Area Democrats' monthly meeting

PLYMOUTH — On Wednesday, March 28, the Plymouth Area Democrats will meet from 6 to 8 p.m. at the Plymouth Regional Senior Center. Please note the change from the usual start time of the meeting, which will start with a social hour and potluck dinner. Yes, the potluck is back! Last month, we tried a new format with just light refreshments, but many folks felt that something was missing. So come, bring a friend, and bring a dish to share. If you aren't able to bring a dish, come anyway.

At 6:30 p.m., PAD members will vote for new officers for the Executive Committee. The nominating committee has identified candidates to fill 2-years terms for Chair and Secretary, as well as one-year terms for Vice-Chair and Treasurer. Nominations are not closed and can be made from the floor at the time of the election.

Following the elections, the featured speaker will be Executive Councilor Andru Volinsky, one of the five members of the body that serves as the

state's board of directors. An award-winning attorney in the fields of education law, commercial litigation, employment law, and criminal law, Volinsky has been in the news in the context of education funding. More recently, he gained attention with respect to certain potentially illegal financial practices of the the State Liquor Commission that are sometimes referred to as "bootlegging." Councilor Volinsky raised questions about the legality of these practices. The Governor and the Li-

quor Commission have now, in turn, called for Mr. Volinsky to be investigated. Councilor Volinsky will update us about the State Liquor Commission investigation and explain how this relates to the work of the Executive Councilor. He will also provide a brief explanation of NH's school funding system.

All are welcome to attend the meeting, though only registered Democrats are eligible to vote in the election of PAD officers. For more information, call Joyce Weston at 536-2856.

Joining her in the presentation were several KTHO committee members as well as Pam Hamel of Groton Wind Farm, one of this year's largest contributors to the KTHO initiative. The funds were raised through not only donations but a special night out in January that included dinner, raffles, and both live and silent auctions.

A second cash presentation of \$837 was also made that day by Plymouth Regional High School senior Sam Ebner whose Ski for Heat event last month was also established to benefit the PACC fuel assistance fund.

Kaminski reported that since the latest

PACC fiscal year began on July 1, 2017, the non-profit organization has paid out \$50,325 to help area residents with heating expenses.

"It's been a cold, busy and expensive winter, but just a little bit warmer thanks to Keep the Heat On," he said.

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Explore the history of "Brewing in New Hampshire" with New Hampton Historical Society

NEW HAMPTON — The New Hampton Historical Society presents "Brewing in New Hampshire"

Tuesday, March 20 at 7 p.m. at the Gordon-Nash Library, 69 Main St.

Historian Glenn Knoblock of Wolfeboro presents this program from his book "Brewing in New Hampshire."

His presentation will show how beer went from home to tavern to brewery brewed, and will include a collection of brewer anecdotes, as well as unusual and rare photos and advertisements documenting the changes in the industry and showing the state's earliest brewers. A number of lesser-known brewers and

breweries that operated in New Hampshire will be discussed, including the only brewery owned and operated by a woman prior to the modern era. Back in the day, beer was the beverage of choice. Discover how kids drank it, women brewed it and the Granite State embraced it, and join us for an informative and entertain-

ing program. Sponsored by the New Hampshire Humanities Council.

Our programs are free and open to the public. Light refreshments will be served, and fundraising items will be available for sale.

White Mountain National Forest announces Youth Conservation Corp (YCC) Summer Work Program

CAMPTON — The Youth Conservation Corp (YCC) is a summer employment program for area youths ages 15-18 who will work, learn, and earn together in the great outdoors. The purpose of the YCC program is to accomplish needed conservation work on public lands, while providing an educational experience. The

program is sponsored by the Pemigewasset Ranger District, White Mountain National Forest in Campton.

The crew will consist of 6 students; 50 percent boys and 50 percent girls. Enrollees will work a 37.5 hour week earning minimum wage, and projects will include: trail maintenance, clean-up and maintenance

of recreation sites, wildlife habitat SEE YCC, PAGE A13

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The New Hampshire Maple Experience returns to The Rocks this spring! Maple Experience tours, with plenty of hands-on fun and sweet maple syrup tastings. Weekend-long Maple Experience packages available with local inns. Visit www.therocks.org/vacations.php

- Participants drill holes in the trees, put taps in, and hang buckets.
- Learn to identify different types of trees
- Enjoy a horse-drawn wagon ride through the historic Rocks Estate
- Visit the sugar house and watch fourth-generation sugar maker Brad Presby at work and enjoy a maple syrup tasting.
- Purchase a New Hampshire Maple Experience commemorative mason jar to fill at the sugar house with warm syrup.
- Tractor-drawn ride to the sugar house.
- Cooking demo using maple syrup.

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Kick Butts Day is March 21

BY DEB NARO
Contributor

Kick Butts Day is a national day organized by the Campaign for Tobacco-Free Kids. This day of activism empowers youth to stand out and speak up against Big Tobacco. This year, Kick Butts Day is March 21. On Kick Butts Day, teachers, youth leaders and health advocates organize events to: raise awareness of the problem of tobacco use in their state or community; and encourage youth to reject the tobacco industry's deceptive marketing and stay tobacco-free.

The CADY Youth Advisory and Advocacy Council youth leaders have several awareness-raising activities planned in local schools. Kick Butts Day is organized by the Campaign for Tobacco-Free Kids. The first Kick Butts Day was held in 1996.

Here are some facts that will be shared. The nicotine in any tobacco product readily absorbs into the blood when a person uses it. Upon entering the blood, nicotine immediately stimulates the adrenal glands to release the hormone epinephrine. Epinephrine stimulates the central nervous system and increases blood pressure, breathing, and heart rate. As with drugs such as cocaine and heroin, nicotine increases levels of the chemical messenger dopamine, which affects parts of the brain that control reward and pleasure.

Although nicotine is addictive, most of the severe health effects of tobacco use comes from other chemicals. Tobacco smoking can lead to lung cancer, chronic bronchitis,

and emphysema. It increases the risk of heart disease, which can lead to stroke or heart attack. Smoking has also been linked to other cancers, leukemia, cataracts, and pneumonia. All these risks apply to use of any smoked product, including hookah tobacco. Smokeless tobacco increases the risk of cancer, especially mouth cancers.

Electronic cigarettes, also known as e-cigarettes or e-vaporizers, are battery-operated devices that deliver nicotine with flavorings and other chemicals to the lungs in vapor instead of smoke. E-cigarette companies often advertise them as safer than traditional cigarettes because they don't burn tobacco. At this point researchers know little about the health risks of using these devices.

Pregnant women who smoke cigarettes run an increased risk of miscarriage, stillborn or premature infants, or infants with low birth weight. Smoking while pregnant may also be associated with learning and behavioral problems in exposed children.

People who stand or sit near others who smoke are exposed to secondhand smoke. Secondhand smoke exposure can also lead to lung cancer and heart disease. It can cause health problems in both adults and children, such as coughing, phlegm, reduced lung function, pneumonia, and bronchitis. Children exposed to secondhand smoke are at an increased risk of ear infections, severe asthma, lung infections, and death from sudden infant death syndrome.

SEE CADY, PAGE A13

PET of the Week Jazmin



Lost and lonely in a foreign land describes Jazmin, a petite Labrador mix who will be 1yr old in July. She's been calling New Hampshire Humane Society home since December -and has been horribly overlooked by the adopting public for months. We hope and pray this young dog will not celebrate her first birthday in our shelter!

Jazmin was abandoned outside the gates of a rescue in Puerto Rico. Whomever dumped her did so, with no regard for her health and well-being. She was seen to literally stag-



gering and falling over in the dirt almost succumbing to dehydration. This little dog has weathered

the storms of human indifference and disregard for the basics – food, water, shelter, love.

We've provided all that and more, but who can blame her for not trusting people. Jazmin is by degrees shy then bold. Timid but so incredibly clever, she's learned many new tricks. She doesn't 'show well' in her kennel, but outside, she her special Obsidian gem qualities shine. Her pensive look and those mournful eyes truly speak volumes.

Please give this young dog a chance, she surely deserves it.

Ask to speak with our Adoption Team to learn more.

Call 524-3252 – check www.nhhumane.org

Letters to the Editor

An update from Concord

To the Editor:

The Bristol Space Needs Committee has a new revision to the plan that was supposed to be finalized on Dec. 1. At the last public hearing in November, they presented an unacceptable \$3.5 million dollar. There have been several revisions with limited public input since. The office roof design was changed to accommodate solar, but no cost estimate has been provided for adding the panels. We have gone from sally ports away from the booking area with a half-story lift to now moving the booking area next to a single sally port and lowering it to the booking area level. This promises to be an expensive revision, given the need for additional excavation and site work. Committee Chairman Ned Gordon's latest thought is to acquire the medical building on School Street and convert it to town offices. It's an interesting idea, but how do we shift gears now?

How would we purchase the property with nothing on the warrant to vote on?

The Committee has worked hard, spending most of its \$95,000 appropriation, but has yet to reach a consensus with the public, perhaps because many feel that the primary need is to address police department deficiencies. The Committee focused on the town offices instead. Many feel the price tag is still too high. Selectman Alpers says the plan "fails to address most of the needs that prompted the build-

ing project: inadequate space for the police department." Still, he supports the plan even though "there's more to be done".

The Committee decided on a new structure on the Smith property, either town offices or a police facility. The police facility was ruled out because the cost was more per square foot. That may be true for the booking and holding portion, but most of the facility is essentially office and storage space so that argument is only partially correct. We need a cost comparison to settle that objection and stop resisting that approach.

Committee Chairman Ned Gordon says we should complete an existing plan for converting the Municipal Building into a police station. The current plan bears little resemblance to any plan I've seen. The sally ports and booking have moved. The police department took over a portion of the meeting room for a patrolman's reporting room, but that's planned to be a men's locker room now. They took over a storage room and converted to an interview room. I don't call that "according to the plan."

I continue to think we should defer the decision for another year and form a new committee who are committed to exploring all reasonable options and open to public input.

David Hill
Bristol

An update from Concord

To the Editor:

I'm a little late on my reporting. Most of the Legislature was off this week because of Winter Break. I took the time to rest and assemble some beehives. This is the 39th of my reports on legislative activities in the House of Representatives in Concord. Below are a few of bills that are of interest.

HB 1425 reduces a simple assault from a misdemeanor to a violation as long as there is no harm or injury. Did you know that you could get a criminal record for tapping a waitress on the shoulder? You can. Some objected because in their opinion, putting your hands on a person could be a form of sexual grooming. If that is the case and the bill becomes law, then former VP Biden will have no worries when he returns to New Hampshire. He will only face violation charges.

Have you seen the video of cases in Europe where a person assaults another (usually a woman) and is protected by a gaggle of people surrounding the assault to prevent interference? HB 1709 allows a good Samaritan to use force against anyone surrounding an assault in order to render aid. Sounds simple, right? However, when it was stated that the majority of these assaults were associated with Muslims, the liberals didn't want to entertain anything that might appear to be anti-Muslim. The bill was relegated to the Interim Study bin. In the second year of a legislative term, the Interim Study bin equals the trash bin. Spring is coming, so you scofflaws who start your

car to get it warm and then go back into the house to finish your coffee are probably doing this less often and won't get caught by the local gestapo. Seems we had a law that said unless you had a remote starter (???) it is illegal to physically start your car and leave it running unattended. HB 1227 passed the House, and if the Senate passes it, you won't be cited for this terrible infraction. Who generated this original law and why were remote starters exempted? I wonder about my predecessors.

A Committee recommendation on a bill pertaining to the interest charged on late property taxes was rejected. Current law allows towns and cities to charge 12 and 18 percent, yet the Department of Revenue Administration (DRA) charges 3 percent over federal funds rates or about 6% for similar cases. The House disagreed with the interest rate and voted to support the practice of the DRA. HB 1673 passed the House and will proceed to the Senate.

This next week is busy. We have 350 bills that must be voted on by March 8. That will be at least three full days of session. We will finally earn our \$100 per year.

If you need to talk with me, please call at 320-9524 or email dave@sanbornhall.net.

Cheers!

Dave Testerman
State Representative
Franklin and Hill

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Snow storms and fisher (cats); for fireballs, always look north

One snow storm has come and gone and another one is on the way. It is the stuff of March life in northern New England as the back of winter is broken: More winter to come. Film at 11.

Well do I remember being given a so-called (at the time) “English bicycle” (i.e., skinny tires, gears) but not being able to try it out on my birthday, April 22. This was circa 1959, but these things, to make a bad pun, go in cycles.


Springtime is house-cleaning time, ergo:

+++++

A note from a while ago dealt with Zander R. passing firewood to Bob

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



V., and I watched this for a bit from crutches and then retreated to the kitchen to ponder.

Not a long time ago, Jimmy Berry and I were given the same job to do at Clarksville Pond. In high school, we were best buds. On the baseball team, I pitched, he caught. We were, to put this in perspective, the Class of '65.

In handling firewood, I pitched, he caught--but this was the real deal, meaning that I would overhand or underhand spirals several feet to Jim, who would jump into the air, like an NFL



COURTESY — NH FISH & GAME

A fisher (cat). receiver, to catch them.

We got the job done, with few injuries (it says here).

+++++

Fireballs in the sky are not that unusual, and in my desktop pile I found another clipping

lot of fun to explore, and it reminds us (me, for sure, and a good many others) how lucky we are to live in a place where, if our own household lights are shut down, we can still lie back and regard the heavens.

+++++

In the wet snow, I found sets of tracks like those of a skunk, but there are no skunks here on this thin-soiled hilltop of skunk-food scarcity, and besides, these were much bigger.

There has been a big fisher (cat) around all winter, hitting my behind-the-woodshed alder swamp as part of his regular rounds. He is a whopping big male, no doubt sleek and a beauty to behold. I may see him yet.

I use the “cat” suffix, inaccurate though it may be, because it has always been “fisher cat” in the traditional vernacular, from the landings on the Gulf of Maine on up through settlement

times to way up here.

+++++

It was good to see Eileen Alexander’s byline on an article about the Arts Alliance of Northern New Hampshire. Eileen was one of many talented and fun people I worked with during my time of owning and editing the Coös County Democrat.

+++++

Turkeys and deer are steady visitors to the South Hill scene, and I found this note beside my coffee cup this morning, evidently aimed at both: “Fast in, and fast out.”

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

Strategies for Living

Can morality be legislated?

BY LARRY SCOTT

Gregory Koukl, in his book, *Tactics*, describes this scene. Suppose that “you are sitting at the car dealer, watching TV and waiting with other customers for your car to be serviced. A television news program highlights religious groups trying to influence im-

portant moral legislation. The person sitting next to you says, ‘Haven’t these people ever heard of separation of church and state? Those Christians are always trying to force their views on everyone else. You can’t legislate morality. Why don’t they just leave the rest of us

alone?’” (*Tactics*, Chapter 3). What about that?

What we have here, to begin with, is a misunderstanding of what “separation between church and state” is all about. As originally conceived by our founding fathers, the issue was not to keep religion out of government but to pre-

vent government from controlling the church. Those early settlers had no interest in a “state church.” Religious freedom was priority one; they braved the Atlantic and endured the hazards of living in America that, among other things, they might be free to worship

SEE **STRATEGIES**, PAGE A13

MARK ON THE MARKETS

Final expense insurance



BY MARK PATTERSON

It seems as though there is a lot of advertising on TV and direct mail proposing final expense insurance. This final expense insurance is typically for a 10 or maybe \$20,000 death benefit. Some of these policies are guaranteed issue which typically means if the insured passes in the first two years the beneficiary will only get the premium payments returned. Other final expense policies may ask questions about your health known as “knock-out questions” whereas if answered with a no, the insurance company will then check with the medical information Bureau or MIB to determine if they should insure you. The premium payments of these policies can be very expensive because the insurance company is working with the law of large numbers and without a full para-med underwriting profile, that creates a “risk pool.” Insurance company actuaries are very good at determining risk providing that they are given

enough information on the potential insured.

You should also be aware that the commissions to agents on these products tend to be very high compared to a traditional fully underwritten life insurance policy. Many people who apply for these final expense policies are looking for the simplicity of what amounts to a one-page application. Some people apply for the guaranteed issue because they think they may have a health issue that would prevent them from getting an underwritten life policy. Often times these health issues may be addressed


in a fully underwritten policy that potentially could have much more death benefit or a lower premium.

One thing that I’ve learned while helping clients obtain good life insurance is that most companies underwriting criteria varies from company to company and even underwriter to underwriter within the company. The advisors in my office work with insurance companies that we can communicate with the underwriter looking at our client’s application. Additional or clarification of information is often times


needed in order for the underwriter to properly classify or rate a policy.

In my opinion, the logical step for anyone wanting to look at a life insurance policy, and they may have potential medical issues should consider speaking with an agent who has experience in field underwriting.

SEE **MARKETS**, PAGE A13



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Albert R. Conkey, Jr., 82

GROTON — Albert R. Conkey, Jr., 82, passed away peacefully on Feb. 24, 2018 in Plymouth. Albert was born on Nov. 28, 1935 in Thornton, the oldest son of Albert R. Conkey Sr. and Irene (Avery) Conkey. Growing up in Ellsworth, Albert left school early to help support his family, while his father was serving his country during World War II. Albert was known for being hard working and supporting his family during hard times; being the oldest of 10 children, he worked hard with his family to keep the family farm running. He loved fishing and sitting in his “bob house” ice fishing and chasing flags. He was an avid outdoorsman and had great pride in running his bait shop in Groton. He will be greatly missed by his bait shop customers and family and friends. He also enjoyed hunting and bring home dinner was always a surprise. He always loved the outdoors, often sleeping on the porch during the summer just to be outside. He is survived by his brothers, Albin Conkey, Arthur Conkey, Raymond Conkey, and John Conkey, and sister Emiline Niles. He also leaves behind a half-brother, Leslie Nichols, and his son Al Conkey and daughter; Nancy Smith; six grandchildren; 16

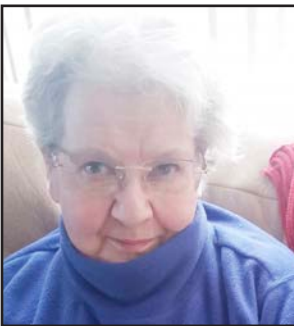
great-grandchildren; and one great-great-grandchild. He is predeceased by his wife, Phyllis Conkey; his parents; brother George Conkey; a son, Bobby Conkey; and two sisters, Sylvia Latouche and Maxine Poitris. Services will be held at a later date at the convenience of the family. Memorial Contributions may be made to the Bridge House, 260 Highland St., Plymouth, NH 03264. The Mayhew Funeral Home and Meredith Bay Crematorium are assisting the family with arrangements. To view Albert’s online book of memories, go to www.mayhewfuneral-homes.com. TILTON — Abram W. Foote III, 88, a resident of Tilton since 2011, died at his home, Thursday, March 8, 2018 following a period of failing health. Abram was born in Burlington, Vt., Jan. 12, 1930, son of the late Reginald and Clara (Mitchell) Foote. Abram lived in Barre, Vt. for many years before moving to New Hampton, where he resided for seven years before moving to Tilton in 2011. He and his wife wintered in Florida for several years. He was a self employed contractor, working as a painter and paper hanger. He also owned a vending machine business, and was quite the handyman. Abram served with the United States Marine Corp during the Korean

Abram W. Foote III, 88



War from 1951 until 1953, discharged as a Corporal. In addition to his parents, Abram was predeceased by a sister, Inez Lemieux of Williamstown, Vt. He leaves his wife of 58 years, Genevieve A. (Batchelder) Foote of Tilton; his daughter, Judy L. Foote, and her spouse, Gayle Spelman of Tilton; son, Abram W. Foote IV and his spouse, Caroline of New Hampton; two grandchildren, Isaac and Jacob Foote; two sisters, Lillian Clark and Marie Twombly, both of Florida; and nieces and nephews. Following through with his wishes, there are no calling hours. A graveside service, with military honors, will be held Tuesday, May 15, 2018 at 11 a.m. at the New Hampshire State Veterans Cemetery, 110 D.W. Highway in Boscaawen. Assisting the Foote family is the William F. Smart Sr. Memorial Home of Tilton. Rather than flowers, Abram’s family requests that donations in his name be made to the Franklin Visiting Nurse Association and Hospice, 75 Chestnut St., Franklin, NH 03235. For more information, go to www.smartfuneral-home.com.

Laucy Cusson Lahey, 74



PLYMOUTH — Lucy Cusson Lahey, a life-long resident of New Hampshire, passed away on March 6, 2018 in Plymouth after a strong fight against heart and lung complications. Lucy was born on Aug. 9, 1943 to Clement and Doris Cusson in North Woodstock. Her family had a strong presence in the community. Her father worked for the Lincoln Papermill and eventually built the Blue Jay Motel, now known as Inn 32. Lucy was very proud of her family’s involvement in the community as noted on the local US Post Office building that is dedi-

cated to her parents. Lucy was also known for her love of birds, in particular the red cardinal. You could always find a picture or stuffed animal of a cardinal around her in the house and sometimes the real deal outside on the bird feeder. She also had an affinity for genealogy and loved researching the lineage of her family. Many people knew Lucy as a local hairdresser. She worked out of her house known as Lucy’s Beauty Shoppe. Her children spent many hours spinning in circles on her salon chairs or jumping under a hair dryer chair even when their hair wasn’t wet. She was later known as the “nice” lunch lady at Plymouth Regional High School and very much loved helping out and talking with all the school kids. Lucy is survived by her longtime companion, Gary Lane. Lucy and Gary met at a hand-held CB Radio club, the smartphone of choice in those days. Lucy, better known as Mom, Mommy, or Mamma by her five children (John Lahey of Mount Vernon, Wash., Anthony Lewis-Lahey of Oxford, N.J., David Lahey of Newark, Del., Heather Lane Lymburner of New Windsor, N.Y. and Andrea Norton of Arizona). Lucy also has nine grandchildren (Joey, Danielle, Mason, AJ, Justin, Shannan, Samantha, Oliver and Cadence) as well as three great grandchildren, Louisa-Kay, Gulianna and Joseph. Mom will always be remembered by her family for her warm heart, selflessness, and being humble. She was very soft spoken but always quick to teach her kids right from wrong, good vs. bad. Lucy was a very loving and gentle person who will be sorely missed. Her s life will be celebrated on Wednesday, March 21, 2018 from 5-8 p.m. at the Common Man Inn, Plymouth. In lieu of flowers, memorial gifts can be made in Lucy’s name to: NH Humane Society, 1305 Meredith Center Rd., Laconia, NH 03246 or www.nhhumane.org.

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March 17, 2018

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Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding
the submission process.*

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BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to CallWhere to MeetWhat to Pack

Towns

Alexandria

Merry Ruggiello 744-5383
sunshine_eyes51@yahoo.com

Spring really is right around the corner, despite Mother Nature giving us another one of her "gifts!" I don't think many Town Meeting/Election days have gone by without a storm! And then there's Daylight Savings Time, and the havoc that causes for some folks. Hey, we deal with whatever comes our way, right?

Town

Board of Selectmen Meeting Tuesday, March 20 at 6 p.m. in the Municipal Building.
Planning Board Meeting Wednesday, March 21 at 6 p.m. in the Municipal Building.

Alexandria UMC

Sunday, March 18, Services begin at 9 a.m., with Sunday School following at 10:15 a.m.
NAC Lenten Service March 21 at the New Hampton Community Church at noon. A light luncheon will be served following the service.
Time for me to get a move on, put my BC (Ballot Clerk) hat on and do my civic duty! Do hope we have a good turnout for elections and voting on the Warrant Articles, despite the weather. Have a wonderful week, and be safe in your travels!

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

There was a Select Board meeting on Tuesday, March 6 which included "Meet the Candidates" night. A few of those who will be on the Town ballot for 2018 were at the meeting. Those that spoke included John Rescigno who is running for another 3 years as Selectman; Ruth Millett who is running for the next three years as Town Clerk/Tax Collector; Elizabeth Jespersen who is running again for Library Trustee and Cemetery Trustee and Ruth Gaffey who is running as a "write-in" as a Library Trustee. 'Slim' Stephen Spafford who is running as a "write-in" for the School Board also spoke. It was good to see a few folks come out and be a part of this important meeting.

The Town Reports are now available on the table in the hallway at the Town House if you want to pick one up before Town Meeting.

Groton Town roads are posted with restrictive weight limits until further notice per order of the Select Board. RSA 231:191 The Transfer Station will not be accepting construction debris until the road postings are lifted.

Meetings and Closures Coming Up:

Select Board Work Sessions - Tuesdays - March 13, 3 p.m. at the Town House
Voting at the Town House on Tuesday, March 13 from 11 a.m. to 7 p.m.
Town Meeting on Sat-

urday, March 17 beginning at 9 a.m.

Select Board Meetings - Tuesdays - March 20, April 3, and April 17, 7 p.m. at the Town House.

The Planning Board will be meeting at the Town House on Wednesday, March 28 at 7 p.m.

The Town Clerk's Office will be closed March 21 and 28 for the Tax Collector Workshop at the DRA.

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.
9:25 a.m. — KidZone for K-grade six
Special Needs Ministry-high school-adults
11 a.m. — Contemporary Worship Service
11:15 a.m. — KidZone for K-grade 6
11:15 a.m. — Youth Sunday School
"Toddler Zone" is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Trash Pickup Update

Since the State of New Hampshire Department of Transportation weight limit posting (limits the weight of vehicles travelling over the roads) will remain on the roads for a few more weeks, Casella Waste

will be collecting trash and recyclables at the Hebron Highway Shed on Mondays from 7 a.m. until noon. During this time there will be no curbside trash collection. A notice will go out and be posted at the Hebron Post Office when curbside trash collection will start up again.

Thank you for your patience and understanding.

Hebron Area Women's Group

The Hebron Area Women's Group will meet on Thursday, March 15. The meeting will take place at the Union Congregational Church Hall, at noon. All area residents are welcome to attend. We welcome our speaker Robbie Flynn who will share her exciting travels to Singapore. Our Hostesses are Barbara Stevens

and Marguerite Dengel. Please bring some non-perishable items for the Bristol Community Services.

Town Meeting Business Meeting — Saturday, March 17

The business portion of town meeting will take place on Saturday, March 17 beginning at 1 p.m. at the Public Safety Building, located at 37 Groton Rd. in Hebron.

Plymouth Episcopal (Church of the Holy Spirit)

Our new priest, the Rev. Kelly Sundberg Seaman, continues to settle into our area. Hope that you will attend a Sunday service to meet and get to know her. Our services are still the same: 8:00 at Griswold Hall, 263 Highland St., Plymouth (Griswold Hall is adjacent to the Christian Life Center—CLC), and 9:30 a.m. at St. Mark's, 18 Highland St., Ashland.

Season of Lent begins with Ash Wednesday on Feb. 14

There are two places that you can receive ashes.
9:30 a.m. Eucharist & ashes, St. Mark's 11:30 a.m. Eucharist & ashes, CLC chapel, 263 Highland St. 12:30 p.m. the traditional ECW chowder luncheon, following the service in the CLC chapel (Ashes available individually with prayer in CLC chapel following lunch)
Weekly Worship & Formation Schedule for Lent

Lent brings with it new opportunities for spiritual formation. Listed below are services and events which you are cordially invited to attend.

Tuesdays*: 9 a.m. Meeting Jesus in the Gospel of John, CLC meeting room 11 a.m. Holy Eucharist w Healing Prayer, CLC chapel
Wednesdays: 9:30 a.m. Morning Prayer, CLC chapel 10 a.m. Intercessory Prayer group, CLC meeting room Thursday: 9:30 a.m. Morning Prayer, CLC chapel 11 a.m. Holy Eucharist w Healing Prayer, St. Mark's Fridays 9:30 a.m. Morning Prayer, St. Mark's *Begins Tuesday, Feb. 20, the Tuesday after Ash Wednesday

Donate to the local Food Bank

Where did we see you hungry, Lord, and feed you?

Local Food banks are always in need of donated canned goods, and CHS has a collection basket at Griswold Hall for you to donate! Think of what one can of soup or fruit a week from each of us could do! You may bring items directly to

the Food Bank (located at the Community Closet, across the street from Rite-Aid) on Tuesday and Thursday mornings from 9-11-or place items in the basket in Griswold Hall, and Kathy Lennox will collect all items and take them to the Food Bank weekly.

Holy Trinity (Roman Catholic)

Holy Week Schedule:
Day of Reconciliation: Monday, March 26, noon - 1 p.m., St. Matthew Church; 6:30 - 7:30 p.m. St. Matthew Church; Holy Thursday, March 29, Solemn Morning Prayer 8 a.m., St. Agnes Church Mass of the Lord's Supper, 7 p.m. Our Lady of Grace Chapel Good Friday: March 30 Solemn Morning Prayer 8:00 AM St. Matthew Church Stations of the Cross 3 p.m. St. Agnes Church Good Friday Services The Passion of Our Lord Jesus Christ 5:00 PM Our Lady of Grace Chapel 7:00 PM St. Matthew Church Easter Vigil, Saturday, March 31st Solemn Morning Prayer 9 a.m. St. Matthew Church
SEE CHURCHES, PAGE A13

KINDERGARTEN REGISTRATION FOR 2018-2019 SCHOOL YEAR

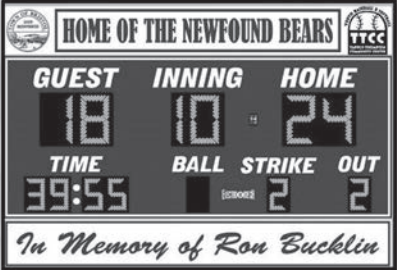
The Newfound Area School District will hold its annual Kindergarten Connection for all children who will be entering kindergarten in August 2018 as follows:

- Tuesday, May 8 for children residing in **New Hampton (744-3221)**
- Wednesday, May 9 for children residing in **Danbury (768-3434)**
- Thursday, May 10 for children residing in **Bristol & Alexandria (744-2761)**
- Friday, May 11 for children residing in **Bridgewater/Groton/Hebron (744-6969)**

If you have a child who will be five years old on or before September 30, 2018, please call the school in the town you reside: Bristol Elementary School (744-2761), Bridgewater-Hebron Village School (744-6969), New Hampton Community School (744-3221) or the Danbury Elementary School (768-3434) as soon as possible. Appointment times and registration packets will be mailed to all parents with kindergarten eligible students.

Note: Children residing in Alexandria will attend either the Bristol Elementary School or the Bridgewater-Hebron Village School. Determination is made according to physical address. You may contact either school for more information.

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COURTESY
Flying Monkey Performance Center presents an evening with The Celts on Saturday, March 24 at 7:30 p.m.

Flying Monkey hosts an Irish celebration with The Celts

PLYMOUTH —Flying Monkey Performance Center presents an evening with The Celts on Saturday, March 24 at 7:30 p.m. Best known for their PBS special “Christmas with The Celts”, their new show highlights the Irish roots of American music. Tickets for this concert start at \$39.

Famed stars of PBS’s “Christmas with The Celts” special are touring behind a new production fitting for the St. Patrick’s season in New England. They are exploring the Irish roots in American music with their spirited live show.

The Celts share the stage with a diverse range of specials guests and artists including Mairead Ni Mhaonaigh of Altan, Irish singer Cathy Jordan of Dervish, Riverdance piper Ivan Goff, and Braveheart/Titanic piper Eric Rigler, to name a few.

Multi-instrumentalist and founder Ric Blair leads an ensemble of world class musicians playing uilleann pipes, Irish whistles,

banjo, mandolin, bass, drums and the always crowd pleasing Irish step dancers.

When asked about their musical style Blair says, “I’m proud of my Irish and Scottish roots, but I am equally proud of my American music roots. So, our music has become a product of blending the two.”

Blair credits the group’s popularity to their melding of modern American hit songs and sounds with organic Celtic instruments.

That hybrid sound and historical evolutionary process from the roots of Celtic-American immigrants to today’s most popular music is also fully depicted in the band’s new production entitled Roots of Great American Music. This high energy production demonstrates how Irish music influenced the development of American bluegrass, country, and pop music.

Fans of their annual Christmas with The Celts show in Plymouth are sure to love

this post St. Patts Celtic celebration.

Tickets for The Celts are \$39, and \$49 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

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Edward Jones: Financial Focus

What Should Investors Know About Recent Volatility?

As you may have heard, the stock market has been on a wild ride lately. What’s behind this volatility? And, as an investor, how concerned should you be?

Let’s look at the first question first. What caused the steep drop in stock prices we experienced on a few separate days?

Essentially, two main factors seem to be responsible. First, some good economic news may actually have played a significant role. A 17-year low in unemployment and solid job growth have begun to push wages upward. These developments have led to fears of rising

inflation, which, in turn, led to speculation that the Federal Reserve will tighten the money supply at a faster-than-expected rate. Stocks reacted negatively to these expectations of higher interest rates.

The second cause of the market volatility appears to be simply a reaction to the long bull market. While rising stock prices lead many people to continue buying more and more shares, some people actually need to sell their stocks – and this pent-up selling demand, combined with short-term profit-taking, helped contribute to the large sell-offs of recent days.

Now, as for the question of how concerned you should be about this volatility, consider these points:

Sell-offs are nothing unusual. We’ve often experienced big sell-offs, but they’ve generally been followed with strong recoveries. Of course, past performance is not a guarantee of future results, but history has shown that patient, persistent investors have often been rewarded.

Fundamentals are strong. While short-term market movements can be caused by a variety of factors, economic conditions and corporate earnings typi-

cally drive performance in the long term. Right now, the U.S. economy is near full employment, consumer and business sentiment has risen strongly, manufacturing and service activity is at multi-year highs, and GDP growth in 2018 appears to be on track for the best performance since 2015. Furthermore, corporate earnings are expected to rise this year.

So, given this background, what’s your next move? Here are some suggestions:

Review your situation. You may want to work with a financial professional to evaluate your portfolio to determine if it is

helping you make the progress you need to eventually achieve your long-term goals.

Reassess your risk tolerance. If you were unusually upset over the loss in value of your investments during the market pullback, you may need to review your risk tolerance to determine if it’s still appropriate for your investment mix. If you feel you are taking on too much risk, you may need to rebalance your portfolio. Keep in mind, though, that by “playing it safe” and investing heavily in vehicles that offer greater protection of principal, but little in the way of return, you run the risk of not

attaining the growth you need to reach your objectives.

Look for opportunities. A market pullback such as the one we’ve experienced, which occurs during a period of economic expansion and rising corporate profits, can give long-term investors a chance to add new shares at attractive prices in an environment that may be conducive to a market rally.

A sharp market pullback, such as we’ve seen recently, will always be big news. But if you look beyond the headlines, you can sometimes see a different picture – and one that may be brighter than you had realized.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Five reasons why summer camp is a good choice for kids

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year

ends. Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are five reasons why summer camp might be the right fit this year.

1. Explore talents. Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

2. Physical activity: Lots of camps build their itineraries around



physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health

benefits and can set a foundation for healthy habits as an adult.

3. Gain confidence. Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of

success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

4. Try new things. Camp gives children

the chance to try new things, whether that's learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

5. Make new friends. Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.



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Sessions

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Little Kickers July 9-13 (9-11 a.m.) Boys and Girls ages 6-8	Junior/Senior July 15-19 (Sun.-Thurs.) Boys and Girls ages 11-18	Team Week July 22-26 (Sun.-Thurs.) For teams with 12 or more players

Goalkeeper training all sessions


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June 25 - August 25, 2018



9 different nature-themed weeks!
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16th Annual Summer Camps '18

Get prepared for summer camp season

Summer camp season is just around the corner. Each summer, millions of children depart for campsites around the country to swim, hike, craft, and enjoy the companionship of friends.

Summer camps in North America were first established in the 1880s and were attended by children without their parents for overnight stays. By the 20th century, summer camps had become an international phenomenon,

and various organizations hosted traditional summer camps or camps geared toward religion, sports, music and other subjects and activities. According to the American Camp Association, each year more than 14 million children and adults in the United States attend camp. America is home to more than 14,000 day and resident camps (8,400 are overnight camps and 5,600 are day camps). Nonprofit groups are



the largest sponsors of summer camps.

Many people put off summer camp planning until it is too late. Parents should keep in mind that camps begin registration early in the year and have specific cut-off dates for enrollment. Parents

who want to beat the crowds this year can use this guide to help plan a summer camp agenda.

• Attend an orientation seminar. Take the time to visit prospective camps for a tour, and use this open house as an opportunity

to learn more about the programs offered. If available, find a camp employee to discuss your child's eligibility for enrollment. Some camps may offer webinars for convenience.

• Fill out the enrollment package completely. Each camp has their own requirements for registration. Expect to submit some personal information, including a medical background and proof of insurance, names and numbers of emergency contacts, and any other pertinent information as it applies to the camper. This may include allergies, fears, physical or mental disabilities, or even preferences in camp courses.

• Establish payment schedules. Summer camps vary in price. The ACA says camp costs range from \$100 to more than \$1,500 per week. However, many accredited camps offer some sort of financial assistance for children from families with limited financial means. If cost is a factor, be sure to broach the subject.

• Prepare children for the physical challenges a camp may present. Summer camp activities may be rigorous, and campers may need to be cleared by a physician before starting. Be sure to schedule your child a physical and bring along any pertinent forms. Children also can increase their levels of physical activity compared to the often sedentary nature of winter. Such preparation can prevent injuries when engaging in outdoor and physical activities.

• Shop for supplies. Camps are likely to provide a list of requirements with regard to clothing and other equipment campers will need. Make sure kids have enough shorts, T-shirts, socks, athletic shoes, swim-suits, toiletries, and other camp necessities before they leave.

• Keep children in the loop. Engage children in the planning process to help alleviate their fears and get them excited about summer camp.

Summer camp can foster lifelong memories. Parents can help kids prepare in advance for the fun that's soon to arrive.

TICK FREE

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Visit TickFreeNH.org to learn how to protect your camper this summer.

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Nymph Larva

Popper removal is key! Get resources and more!

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Wolfeboro Parks & Recreation offers a wide variety of summer programs and events. Programs include: A day camp, youth sailing, adult sailing, an award winning sailboat sharing program, swim lessons, youth tennis lessons, adult tennis lessons, and pickleball lessons. Events include: Movies in the Park, Granite Kid Triathlon, and Granite Man Triathlon. For more information on any of these programs or events visit our website at www.wolfeboronh.us/parks-recreation.

MOULTONBOROUGH RECREATION DEPARTMENT

SUMMER DAY CAMP 2018

Weekly sessions available from June 25 thru August 10

New Expanded Programs
The best of the old with exciting new fun!
Sessions & options for everyone!

Have Fun Today...

Happy Campers
Ages 6-8

RECKing Crew
Ages 9-12

Full Day: 8:00am- 4:00pm
Extended Day: 4:00-5:30pm
Half Day: 8:00am-12:00pm

Trip Based Teen Program:
Ages 12-15
July 2- Aug 10

WHAT TO EXPECT: THE OLD & THE NEW

- One central location
- Optional STEM program
- Games of all kinds
- Field trips
- Foam Day
- Game Room
- Off the Beaten Path
- Snack Shack
- Indoor Space
- Food Days
- Splash Splash Fun Days
- Arts & Crafts
- Sports
- & More!

Going on vacation? No Problem!
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You choose which weeks your child goes to camp!
The registration deadline for all sessions is Wednesday, June 20.

MOULTONBOROUGH RECREATION DEPARTMENT
603/476-8868
www.moultonboroughnh.gov

Waterville Valley Recreation Dept.

9 Week Summer Day Camp Program
June 25 - August 24, 2018
Monday-Friday 9am-4pm (8am before care avail.)
Four age appropriate groups for 4-12 yr olds
Teen Camp: Tues/Thurs June 26-August 9

Outdoor Adventures - Weekly Field Trips - Swimming - Indoor Climbing
Arts & Crafts - Cooking - Surfing - Hiking - Boating & More!

Register at watervillevalley.org/recreation (603) 236-4695

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James

FROM PAGE A1

beans), tomatoes, seafood, gelatin found in some medications and more. Recently mustard and broccoli were added to the list. Fortunately Alisha has found a few pasta sauces that James does not react to, so he can at least enjoy spaghetti and a few other dishes.

When the family goes out to eat, or James is invited to a friend's house it's a whole other matter though.

Mom said she makes egg-free cupcakes for him when he goes to birthday parties and when they dine out she brings along a meal that James can enjoy while the others order off the menu.

"Not many restaurants let you bring in your own food, but we have to for him. There are a couple of restaurants here that are good about that, like Bristol Diner and LinCross, and we really appreciate that," said Alisha.

A few years ago, the family discovered there is a program that can provide them with a service dog though, one trained to sniff out specific allergens and warn James about their presence.

"The dog will smell for peanuts, and if it smells any, it will lay down between me and wherever there are peanuts," James explained.

Learning of the program, the family con-

tacted the training facility in Florence, Texas. They learned it would cost \$15,000 to get a service dog but their insurance would not cover the cost so they established a Go Fund Me page on the internet and have been busy raising funds ever since.

"We only need another \$5,000 now to get the dog and we're hoping people can help us meet our goal," said Alisha Langill.

She was notified that the new service dog will be ready this summer and she hopes to drive to Florence, Texas in August to meet with the trainers. Langill will spend two weeks getting acquainted with the dog and learning its skills, then bring it home to Bristol to teach her son.

"James can't go because there'll be peanuts everywhere when they demonstrate how the dog will protect him, but I'll train him when I get back," she said.

Before then, they need to raise the remaining \$5,000 though and hope the community can come out one more time to assist them.

Among the current fundraising plans are a spaghetti dinner, scheduled for Friday, March 23, from 5-8 p.m. at the Masonic Hall on Pleasant Street in Bristol. Tickets will be available at the door

and the evening will include dinner, salad, breads, drinks and some desserts.

James and his family have also put together a Prize Calendar for the month of April. Each day, donated prizes will be awarded to lucky winners whose names are drawn, but the winning doesn't stop there. Once a name is selected it will go back into the mix, giving people numerous opportunities to take home a prize. Calendars are \$5 each and will soon be available at a variety of locations around town or by sending a request to alangill@mail.com.

Those who would simply like to donate an amount of any size towards James' service dog can also do so securely online by visiting <https://www.gofundme.com/james-peanut-service-dog>.

Alisha was grateful for all the understanding and support the family has already received over the past eight years, saying it "takes a village," a slogan she now truly understands. James was equally grateful for all who have pitched in to make his life safer and wanted his own opportunity to express that gratitude.

"Thank you, everybody! This means a lot to me. I'll be able to do things other kids get to do and I can't wait to get my (service) dog," said James

Conductor

FROM PAGE A1

(1925).

In his films, Hines often portrayed energetic young men eager to get ahead in business and find success—a popular theme in the booming years of the 1920s.

Although his movies were well-received, Hines never rivaled comic mega-stars of the era such as Charlie Chaplin or Buster Keaton.

Described by one historian as the "Jack Lemmon of the silents," Hines had a likeably extroverted screen personality, starring in about 50 motion pictures, most of which are lost and unavailable today.

"Conductor 1492" is considered one of Hines' better surviving titles. Directed by his brother Charles Hines, the picture contains several highly comic sequences and is frequently run at revival events.

The film is classified as an "ethnic comedy" that satirizes the Irish experience in America.

Irish immigrants had been a significant presence in the United States beginning in the 1840s.

By the 1920s, the Irish had become well-established enough to be the focus of good-hearted satire, of which "Conductor 1492" abounds.

With the advent of sound in the motion picture industry, Hines' career went into decline. During the 1930s, he would appear in only six films, all in smaller, supporting roles.

In 1938, he would have his last significant role, that of Parsons in "Too Hot to Handle," which starred Clark Gable and Myrna Loy.

Hines died in 1970 at age 75.

The Blazing Star program will also include Buster Keaton's short comedy "My Wife's Relations" (1922), in which Keaton accidentally marries into an Irish family.

Shown in a theater with live music, films from Hollywood's 'silent' era retain their power to delight movie-goers.

"Times have changed, but people haven't," Rapsis said.

"These pictures were designed to be shown in a theater with an audience, and to appeal to

a worldwide audience, and their universal themes haven't lost any relevance," said Rapsis, who has performed music for silent films in venues ranging from the Donnell Library in New York City to the Kansas Silent Film Festival.

Using original themes, Rapsis improvises the music live as the films are shown.

"When the score gets made up on the spot, it creates a special energy that's an important part of the silent film experience," said Rapsis, who uses a digital synthesizer to recreate the texture of a full orchestra for the accompaniment.

"Conductor 1492" (1924), a classic silent comedy starring Johnny Hines, will be shown in honor of St. Patrick's Day on Saturday, March 17 at 7 p.m. at the Blazing Star Grange Hall, 15 North Rd., Danbury. The program is open to the public. Suggested donation \$5. For more info, visit www.blazingstargranger.org; for more information on the music, visit www.jeffrapsis.com.

Icy

FROM PAGE A1

classmates with disabilities know they support them.

Ethan Pruett is a senior at Newfound Regional High School and said he was happy to be part of his school's Unified Sports team.

"Unified athletics is a big part of our school culture," he explained.

The school currently has Unified soccer and basketball programs, and they hope to add track in the near future.

NRHS junior Logan Rouille said they brought seven members of their Student Athletic Leadership Team to this year's dip and they were all looking forward to the experience.

"I'm going to try to be the first one in the water," he said.

Rouille's father Eric and two of his coworkers from Dead River Oil Company were also a part of Sunday's dip, raising more than \$3,000 in their very first year as a team. Chris Brown was a part of that group and the reason the others were there on Sunday.

"My son Darren's been in Unified Sports for five years now, playing basketball and soccer. This is my second dip, and they decided to join me this year. I think that's great," said Brown.

Belmont High School also brought eight members to represent their school. Led by BHS graduate Cassie Contigiani, her brother Cole also came home from college for the weekend to participate in the event. They were joined by a few of their cousins who currently attend BHS, fellow graduate and SONH athlete Laura Davies, and Special Education teacher Dan Geoffrey.

"We were able to raise \$1,700 after expenses at this year's Unified Basketball Tournament so we all came here today to donate that money for the dip," said Contigiani.

Among the other schools who took part were Manchester West, Farmington, Bow, Merrimack, and teams from Gilford Middle School and High School.

Lauren Belanger is

the Unified Sports Coordinator for SONH, and also a Unified coach at Gilford. She, like Pruett, said Unified Sports has changed the culture of Gilford schools and that it is one of the best things she personally has been involved in. A recent poll showed that 80-percent of the parents of Special Olympians also agree that the ability to participate in a team sport has made their children feel included in the school community.

Belanger's son Jared was one of five student speakers for the day and said Unified Sports and their Unified Club have made a big difference in the school.

"We meet, do things together and socialize, too. A lot of us have become the best of friends. Gilford High School is better today because of the Unified Club," he said.

A School Resource Officer from the southern part of the state also had words of praise for the students who took part in the 2018 Winni Dip.

"When you go back to school you'll tell the other kids you jumped in the lake this weekend," he said, "but what you did was much more. You raised money to help other kids and you should be proud."

At the end of the day, their contributions to Special Olympics amounted to \$16,859, making the weekend total an impressive \$125,974 that will help disabled athletes around the state compete in games and sporting events throughout the year.

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CADY

FROM PAGE A4

syndrome. For many who use tobacco, long-term brain changes brought on by continued nicotine exposure result in addiction. When a person tries to quit, he or she may have

Strategies

FROM PAGE A5

as they pleased. Those who argue against “legislating morality” must acknowledge that such a concept is unsustainable. This statement is, itself, a moral one, declaring as it does what “should not be done.” If you voted in this last election, weren’t you, in effect, wanting to impose your will on those who voted against you? All legislation has a moral element, and we are pleased when it promotes safety, security, and fundamental rights. Not too long ago, we saw in Somalia what chaos

withdrawal symptoms, including irritability, problems paying attention, trouble sleeping, increased appetite, and powerful cravings for tobacco. Both behavioral treatments and medications can help people quit smoking, but the combination of medication with coun-

seling is more effective than either alone. Current FDA-approved products include chewing gum, transdermal patch, nasal sprays, inhalers, and lozenges. The U.S. Department of Health and Human Services has established a national toll-free quit line,

1-800-QUIT-NOW, for anyone seeking information and help in quitting smoking. If you or someone you know struggle with addiction or substance use, call the New Hampshire Statewide Addiction Crisis Line at 1-844-711-4357.

follow him, it must reflect a love that has been freely received and freely given. The choice is always ours.

Is it any wonder that people like me are anxious to get the word out: God is good! He loves us and wants only that which is best for us. Whatever moral restrictions God puts on our freedom are there for our protection. Freedom without limits, it seems, often leads to disaster, but walking with and living for God comes with enormous rewards.

You want to talk about it? Hit me up at rllarryscott@gmail.com.

enough cash in the bank or liquid investments that could hold them over if they needed to sell more non-liquid assets.

Mark Patterson is an advisor with M HP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

ciples of Christ on the Way. The meetings are Tuesdays at 7 p.m. in the Reflection & Spiritual Care Center, across from Lamson Library, up the street from the shuttle bus stop. Refreshments are served, and all students are always welcome.

If you'll be away for Spring Break in a week, relax, recharge, have fun, and come back to us safely!

SEE CHURCHES, PAGE A14

Winni Dip

FROM PAGE A2

lake. He recently had some surgery done and couldn’t jump into the lake this time. Moorhead did not want to be left out though so he had two men dump buckets of lake water over his head to show his longstanding support for SONH.

As cold as it was on Saturday, nearly all the participants agreed that even with a 15 mph wind the conditions were much better than last year when the air temperature was a bone-chilling minus-17 degrees.

Lunch, speakers and awards followed the dip and guest speaker Parker Thornton,

a Special Olympian, gave a special thanks to the law enforcement community for all they do each year to support SONH. He said Special Olympics has been a special blessing in his life, giving him courage to do things he might not otherwise have done. People with intellectual disabilities, Thornton continued, are often just seen as being “different.” but New Hampshire Law Enforcement sees them as champions.

“You treat us with love, respect and kindness,” he said. “Special Olympics New Hampshire changed my life and you, Law Enforcement, make that happen. Thank you!”

YCC

FROM PAGE A3

improvement work, and other projects supporting timber and fire management. The YCC crew will also spend one day each week learning about natural resource conservation and management during dedicated education days.

The eight week program will run from June 18th through

August 10th. Applications must be mailed, emailed or faxed to the Pemigewassee Ranger District, 71 White Mountain Drive, Campton, NH, 03223. The application deadline is April 18. For more information or to print an application: www.fs.usda.gov/whitemountain, or contact YCC Program Manager Ryan Twomey at rtwomey@fs.fed.us, 536-6103.

Markets

FROM PAGE A5

ing and can communicate with underwriters at the insurance companies. This often gives you direction towards which type of policy you may be best suited to apply for.

While the insurance policy may be referred

to as final expense or a burial policy, the need may exist for liquid assets upon one’s death. For example, your spouse has assets but primarily nonliquid such as real estate or a business. Even though those assets may be abundant you don’t want to put the survivor in a situation

where they have to fire sale assets to raise cash. When speaking with clients whose children are older and not dependent on them anymore, the tendency is to think that they don’t need life insurance. But you really have to consider if you or your spouse passed unexpectedly is there

Churches

FROM PAGE A7

thew Church Easter Vigil Mass 8 p.m. St. Matthew Church Easter Sunday 7:30 a.m. St. Matthew Church 9:30 AM Our Lady of Grace Chapel 11:30 a.m.

Feast of St. Joseph Breakfast and Mass Bishop Libasci invites all men in the Diocese to celebrate the Feast of St. Joseph. On Saturday, March 17, there will be a breakfast and Mass at the Cathedral from 7:30 to 10:30 a.m. The Mass is open to everyone, but the breakfast is only open to the first 275 registrants. To register for the event, log on to mensbreakfast2018.eventbrite.com or call Bill Dunroe at 432-6066.

Support for Separated & Divorced Divorce and separation can be painful experiences. Support groups are available to those who are seeking healing, comfort, and empowerment. Visit www.catholicnh.org/support for a listing of groups. Do you know someone who is going through a separation or divorce? Please consider passing this information along to them.

Red Cross Blood Drive Wednesday, March 21, 1 – 6 p.m., Sismard Hall At Our lady of Grace Chapel To make an appointment, log on to www.redcross.org or call 1-800-RED CROSS

Day Away Program needs volunteers. Day Away is a weekly senior day care program for those diagnosed with Alzheimer’s disease or related dementia. When we volunteer, the participant’s caregiver can

“catch a breath” for several hours, 9 a.m. to 3 p.m. every Thursday. For the participant it is good food, great challenges, nice games, and great company. The heart of a volunteer is not measured by size but by the depth of the commitment to make a difference. Each morning and afternoon we need nine volunteers and one R.N. Will you join us? Together we can make a person joke a little easier, chuckle a little lighter. - Sandra Coleman Sandra Coleman BSN, RN sjrhett@roadrunner.com Phone: 536-6304

Lenten Stations of the Cross Fridays during Lent

Noon: St. Matthew Church, Plymouth 3:30 p.m. St. Agnes Church, Ashland, 6 p.m. Our Lady of Grace, Bristol

Area Churches Lenten Ecumenical Service Schedule March 21: New Hampton Community Church

Campus Ministry

Thank you to Christine Chiasson, Joe Ebner, David and Diane Gravel, Edie Hamersma, Eileen Cunis, Fr. Leo, and students Corey Arsenault, Gillian Guillemette, Meganne Tuplin, Stella Wang, and Ruthie White for a beautiful and meditative Taizé prayer service at St. Matthew Church. Thank you to Eileen Clarke, Kathryn Drexel, Cecile Frechette, and Donna Springham, who provided the delicious, homemade soup supper before the service, in St. Matthew Hall. Thanks to Rich Cocchiaro for handing out programs. Extra-special thanks to Carol Geraghty who helped with decorating the church and providing the supper. And if we forgot anyone, know that God sees and rewards all.

Busy Person's Retreat: This Lent, during the weekly student meetings, we are going on retreat together to open ourselves more to our God and to draw strength and support from each other as dis-

THE FLYING MONKEY A COMMON MAN FAMILY PRODUCTION - MARCH MOVIE MADNESS -

THE CURED
March 9 & 11-14
Zombie Horror starring Ellen Page. A smart, scary & hauntingly human tale of guilt & redemption

FOREVER MY GIRL
March 18-21 & 25-28
Gone for a decade, a Country music star returns home to the love he left behind in this Romantic Drama

CONCERT FOR GEORGE
March 31 and April 1&2
Experience the all star concert celebrating George Harrison on the big screen in new 5.1 Stereo Sound

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www.cottagehospital.org

Not the time to check your child's car seat.

safercar.gov/TheRightSeat

Child Car Safety

Churches

FROM PAGE A13

If there is inclement weather and we are cancelling weekday Mass or adoration, this information will be posted on WMUR. Please check online or on your TV before leaving the house to go to church.

Weekly Meetings:

Thursday, March 15
Day Away Program, Simard Hall, 9 a.m. - 3 p.m.
Joy of the Gospel, St. Matthew Meeting Rm, 6 - 7:30 p.m.
Boy Scouts, St. Matthew Hall, 6 p.m.
Parish Council, Marian Hall, 7 p.m.

Friday, March 16
RCIA, St. Matthew Rectory, 6:30 p.m.

Sunday, March 18
No Faith Formation classes
No Confirmation classes
Boy Scout Meeting, St. Matthew Hall, 5 p.m.

AA meeting Monday- Saturday St. Matthew Hall 11 a.m.

Restoration Church, Plymouth (Assemblies of God)

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street,

Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:

Sunday:
10:30 a.m. Morning Service
Monday: First and third Monday of the Month
Noon-2 p.m. Helping Hands Food Pantry
Friday: Second Friday of the month
6 p.m. Food, Fun, Fellowship
On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement:
Just One More!
Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, March 18
Nursery and Religious Education - 9:30 a.m. - 10:30 a.m. - Contact: Jane Clay, DRE
Service 9:30 - 10:30 a.m. - Spiritual Journeys

Katherine Hillier, Guest Leader
Emily Jaworski and Will Gunn, Musicians

Acknowledged or not, like possessing a body or the mind, we all possess a spiritual dimension. And so, we are each on

our own spiritual journey. Join us to hear the stories of these journeys.

Visit our Web site
www.starrkingfellowship.org
536-8908

From the White Supremacy Awareness Task Force: Becoming Woke

Join us at 11 a.m. following the March 18th Spiritual Journey Service for a reflection on our Fellowship's ongoing spiritual journey toward a greater recognition of the enduring legacy of white supremacy in our society and our faith. We will discuss a proposal, for consideration at our Annual Meeting, to raise a Black Lives Matter banner on our building next fall.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, March 28 from 10:30 a.m. to noon.

Stewardship Cottage Meetings in March It is

not too late to sign up for a Cottage Meeting. Enjoy companionship and good food as we celebrate our Fellowship, and envision our future together. We have unlimited seating for dinner and discussion at the meetinghouse at 5 p.m. on Friday, March 23. Children are welcome to a separate program in the RE wing. Sign up in the foyer or online by March 18.

Save the date - Our Annual Auction Fundraiser and Concert will be held on Saturday, April 7! Will Ogmundson will be providing our music for the evening. Make sure you mark your calendars!

Bridge Club - Our Bridge Club would like to remind you that they gather each Thursday afternoon from 12:30 to 3 p.m. If you're interested in playing, they'd love for you to join them! Please note that basic knowledge of the game is required.

Blizzard of '78: On Feb.

5, 1978 a massive blizzard hit New Hampshire with hurricane-force winds. The storm lasted for 33 hours, dropping around two feet of snow. Tides on the seacoast rose 14 feet higher than normal, causing massive damage. The storm battered all of New England as well as parts of New York and New Jersey. Join Dr. Sam Miller to learn more about the Blizzard of '78 and share your stories. Tuesday, March 20 at 7 p.m. at the Pease Library in Plymouth.

What's Happening Around the Starr King UU? The Activities Committee would love to see you at one or all of their events. Whether it's a hike through the woods, meeting for breakfast, or an evening out at the theater, it's just one more way to come together as a community and enjoy each other's company. Please take a look at the latest copy of our monthly newsletter, or visit the Events Page on our Web site: www.starrkingfellowship.org.

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Newfound Landing Sports

Section **B**
Thursday,
Thursday, March 15, 2018

Bobcats win tiebreaker to earn Division II runner-up plaque

BY JOSHUA SPAULDING
Sports Editor

PINKHAM NOTCH — After two races in the Division II State Meet, the Plymouth Nordic boys and Lebanon were in a dead-heat tie for second place.

However, the tie-breaker came down to total time for the team and Plymouth's 1:35:55.5 edged out the Raiders' 1:36:02.6 and the Bobcats skied away with the Division II runner-up trophy at Great Glen Trails on Monday, March 5.

The Raiders and Bobcats each finished with 731 points on the day, which placed them behind only defending champion Kennett. The Bobcat girls finished with 659 points, which placed them in fifth place, with Kennett and Hanover taking the top two spots.

In the morning classical race, Sam Ebner led the way for the Bobcats, skiing to a third place finish in a time of 11:56.8.

Carter Wilcox was next for coach Andy Havey's squad, finishing in 11th place in 12:39.3, with Sawyer Wilcox taking 14th place in 13:09.8.

Troy Warner was the final scorer for the Bobcats, taking 16th place overall in a time of 13:14.9.

Shane Johnston skied to 23rd place in 14:24.2, Skimeister candidate Lucas Johnstone finished in 26th place in 15:04.5 and Douglas Cassarino rounded out the field of Bobcats with a time of 16:11.4 for 29th place.

In the afternoon freestyle race, Ebner was again the top Bobcat, finishing in fifth place in 10:56.1.

Carter Wilcox was next for Plymouth, finishing in eighth place in 10:58.5 and Henry Green skied to 13th place in 11:27.7.

Sawyer Wilcox rounded out the scoring for Plymouth with a time of 11:32.4 for 16th place overall.

John Little finished in 23rd place in 12:37.5, with Johnstone in 25th place in 12:42 and Nate Hixon rounding out the field of Bobcats in 12:59.6 for 27th place.

For the Bobcat girls in the classical race,



The Plymouth boys' Nordic team poses with the runner-up plaque after last week's Division II State Meet at Great Glen Trails.

JOSHUA SPAULDING



Lucas Johnstone (center) won the Division II Skimeister award, with Carter Wilcox (left) in second place.

JOSHUA SPAULDING



Sam Van DeMoere led the way for the Plymouth Nordic girls at the Division II State Meet.

JOSHUA SPAULDING

time of 15:12.4 to finish out the Plymouth field.

The Bobcat boys claimed the top two spots in the Division II Skimeister competition, which includes a skier's times in both the alpine and Nordic State Meets. Lucas Johnstone finished at 328.3 percent to take top honors and Carter Wilcox was second at

SEE **NORDIC** PAGE B4

The weather, hockey playoffs and a stage make for interesting week

Weather can really be a pain in the butt. Particularly the bad kind of weather. But, I already knew that.

With both the Kingswood and Kennett hockey teams advancing to the semifinals in their respective divisions, it was already obvious that they'd both be playing on the same night, which was supposed to be last Wednesday night. The Knights were scheduled to play in Exeter at 5:30 p.m. and the Eagles were set to play in Plymouth at 7:30 p.m.

I had also made a commitment to my friend Meggin to have a walk-on role in her play with the Pittsfield Players. Of course, that show opened this weekend, with tech week starting on Monday and running through Thursday. I had made an agreement with Meggin to miss the Wednesday rehearsal so that I could

SPORTING CHANCE

By JOSHUA SPAULDING



go to the Kingswood hockey game, while one of my other writers was set for the Kennett game.

Of course, the snow came flying through and that changed everything, initially postponing the game to Thursday night, which became a problem with dress rehearsal, but that problem didn't last too long, as the game was postponed again, this time moved to Friday night, which of course was opening night, which meant that I would be unable to stay for the entire Kingswood game.

I made the trip to Exeter and got to see the first period of the game, which was scoreless, before taking off for Pitts-

field. AD Aaron House kept me updated on the score, which unfortunately went the way of St. Thomas, ending Kingswood's season.

The Kennett hockey team had a good night, winning their semifinal game and moving on to the finals the next day.

That in and of itself was a problem. With all the postponements, it ended up that the finals were the day after the semifinals, which is just not a good situation. Kennett was scheduled to play at 7:30 p.m. on Friday night and then if they won, were set to play the next day at 12:15 p.m. in Manchester. With travel factored in, that is just not a good situation for anyone involved. Kennett was able to lobby the NHIAA to change the time of the finals so that D3 and D2 (the divisions with the Friday semifinals) were moved to later in the day.

The problem is that the NHIAA rents the Southern New Hampshire University Arena for the hockey finals and they have that day set and it's tough to change that. The storm erasing

two days of games was not ideal and obviously left them without much of a choice. A possible scenario that could have worked better would be to have the girls' finals and Division I finals at the SNHU Arena as scheduled then possibly move the D2 and D3 finals to another day at another arena (if SNHU was not available). Surely Plymouth State or UNH or Exeter or Everett Arena in Concord could've served the purpose.

But, that's just one person's opinion and in the end my opinion isn't worth much. However, I was able to see the D3 championship game on Saturday and still make it to Pittsfield in time to be on stage.

And if you're looking for something to do this Friday and Saturday, One Flew Over the Cuckoo's Nest goes on at 7:30 p.m. at the Scenic Theater in Pittsfield.

Finally, have a great day Meggin and Joel Dail.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

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Holy Trinity School
Laconia

Established in 1971 to serve the three Laconia parishes of St. Joseph's, Our Lady of the Lakes, and Sacred Heart, Holy Trinity Catholic School is seeking a principal for the 2018-2019 school year. As a regional Pre-Kindergarten through eighth grade school, Holy Trinity's curriculum combines the best of traditional studies with innovative educational methods. Daily religious instruction, updated and integrated computer technology, and a dedicated faculty provide the essential elements that make for an outstanding school program. A strong volunteer organization, healthy parish partnership and an overall sense of community combine to serve as the heart and spirit of Holy Trinity Catholic School.

The successful candidate will be a highly motivated educational leader who has the desire to provide Catholic education at its very best. Candidates must be practicing Catholics; hold a Master's Degree in Administration or Education; have a minimum of five years' experience in a Catholic school; and hold or be eligible for NH State Certification. The principal will join a dedicated faculty and staff in promoting an exceptional education and ongoing spiritual formation.

Qualified candidates must download the Administrator's Application (www.catholicnh.org) and submit it along with supporting documents to:
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Nordic

FROM PAGE B1



JOSHUA SPAULDING

Sam Ebner powers to the finish of the freestyle race in the Division II State Meet.



JOSHUA SPAULDING

Henry Green finishes up the freestyle race at Great Glen last week.



JOSHUA SPAULDING

Valerie Johnston finishes the State Meet freestyle race at Great Glen on March 5.

316.2 percent.

All skiers earning a top 10 finish in either race advanced to the Meet of Champions, which was held after deadline on Tuesday at Proctor Academy.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY PHOTO

The Plymouth Cats celebrated their season at the Common Man Inn and Spa.

Cats celebrate successful hoop season

PLYMOUTH — Thanks to the generosity of Alex Ray of the Common Man, the Plymouth Middle School seventh and eighth grade girls celebrated the end of their successful basketball season in style, with a visit to the Common Man Inn and Spa for a swim in the pool, followed by dinner in the Wine Room of Foster's Boiler House.

The Cats finished the season at 13-3, narrowly beating last season's record of 12-4.

The Cats scored a total of 580 points on the season, while holding their opponents to just 299 points. Captain Morgan Zimmer led the team in rebounds for the season and points at 201. Captain Anna Aprillia-

no was assist leader and chipped in 45 points on the season. Mansha Patel, the only other eighth grader on the team, contributed 40 points.

Number one defensive player, Jazmyn Torres was the number two scorer for the season with 106 points. Starting guard Emily Downing was the third-place scorer with a 75-point contribution. Other seventh graders included center Emilee Zimmer with 48 points and MVP Elizabeth Douglas, who chipped in 10 points, but played a key role off the bench in several big games.

The only sixth grader to play up this season was KK Merrifield, who also played a key role in many games with 55

points on the season. The team was coached by Jeff Downing and John Francis.

With only eight players, all the girls saw a lot of playing time and were critical to the success of the team. With such a small team, sickness and injuries had an impact on some games, with all of the losses associated with missing key players. Several games saw the team with only six players, so playing smart basketball and avoiding foul trouble was very important this season.

The Cats would like to thank Alex Ray for his hospitality, the parents for their support and Athletic Director Tom Underwood for getting the season organized.

Plymouth State announces summer volleyball camps

PLYMOUTH — Panther Volleyball Camp is available for girls entering the fifth - 12th grades. There are two separate camps that take place July 23 - 26.

Panther Camp One is for girls entering fifth through eighth grade. This

camp is designed for beginner to intermediate players. Players will have fun while learning the basic fundamental skills, rules, and strategies to be successful playing the sport of volleyball.

Panther Camp Two is for girls entering ninth

- 12th grade. This camp is designed for beginner, intermediate, and advanced players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given

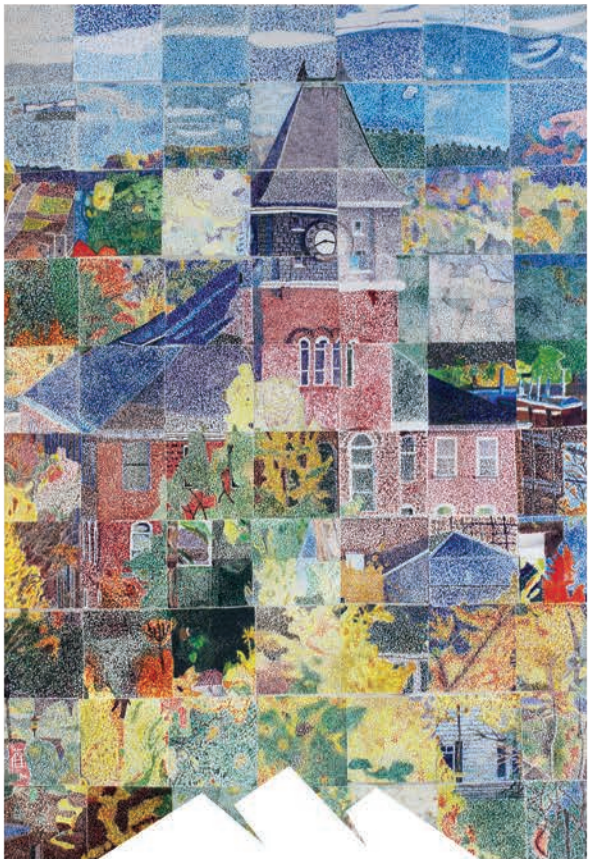
the opportunity to learn more advanced strategies, position specific skills, transition, and concepts of team play.

The main focus of both sessions will be to incorporate life lessons including character development, teamwork

and sportsmanship. This focus along with drills and daily scrimmages are aimed at developing the complete player. Players will be separated on courts according to skill level to both challenge and maximize their learning experience.

What's Happening at Plymouth State University

PSU'S MUSEUM OF THE WHITE MOUNTAINS PRESENTS WALKABOUT WEDNESDAY: YOUTH ARTS MONTH!



WEDNESDAY, MARCH 21, 5-7 P.M.

March is New Hampshire's Youth Arts Month and PSU has partnered with Plymouth businesses to showcase the arts!

So grab your comfortable shoes and join us as we celebrate the art and music of over 100, K-12 students from Ashland, Campton, Plymouth, Rumney, Thornton, Waterville Valley, and Wentworth! For a full listing of participating businesses and parking areas please see the map at <http://tinyurl.com/NHyoutharts>. Click on a venue to see which events are featured there.

For more information visit <http://tinyurl.com/mwm-events> or call (603) 535-3210.

Left: Pointillism artwork created by Plymouth Regional High School class; Mary Boyle instructor.