THURSDAY, AUGUST 18, 2016

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM



Parade, boat show among first events of week

ALTON — Alton residents are turning out in force for the activities the Alton Old Home Week Committee and sponsors have been dishing out for them.

"They do a good job," Alton antique boat owner Dan Carder said of the movers and shakers. "When they asked me to be a part of the antique boat show, I brought down my boat."

In a seeming violation of one of the reasons to get a boat, Carder has not given his vessel a name. "This is The Boat with No Name," he joked, claiming it wasn't christened because he didn't want to get stuck with an old girlfriend's name on the side.

A steady stream of visitors ambled along the public docks on Saturday morning to gaze at the wooden boats, marvel at certain features exchange stories

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a camp in Alton, said he was there because "I love antique boats."

but it didn't fall into his hands until 1976 when he was looking for a boat

interior caught his eye.

"A lot is involved in owning a wooden boat,"

Carder's Century Refor water skiing. The he said. He needed David and restain it. Fred Jeffers, who has sorter was built in 1965. special blue and white Whitcher of Whitcher Even after a complete Builders to gut his, flip it to redo its planks and ribs, and then bleach

restoration, Carder has

SEE ALTON, PAGE A14

in as Barnstead Police Chief Paul Poirier sworn

BY DAVID ALLEN Contributing Writer

BARNSTEAD — Paul Poirier was sworn in as the new Chief of Police for Barnstead at a Town Hall ceremony on Aug. 10. In an interview after the ceremony, Barnstead Board of Selectman chair Priscilla

Tiede said she had called the references for Poirier and every one of them had the same comment, "The town would be crazy not to hire him."

Tiede also paid tribute to Captain Frank Jones, who has served since March as the Officer in Charge of the Barnstead Police Department after former Chief Joseph Mc-Dowell resigned. Shortly after the former chief resigned, two other members of the force left for other jobs. Staffing and morale were low.

Officer Jones has served nearly 40 years in law enforcement. After more than 20 years as an officer, he was asked to start teaching Criminal Justice in college training programs for police officers. A few years ago he decided he wanted to return to active duty police service, and he joined the Barnstead Police Department as a

part time officer.

When former Chief McDowell left, the board of selectmen turned to Officer Jones because of his extensive experience and asked him to serve as Officer in Charge until a permanent chief could be hired. Tiede SEE CHIEF, PAGE A14

Cigars and guitars

Woodworker-turned-luthier is at the vanguard of a folk instrument revival

BY MARK FOYNES

Contributing Writer

ALTON According to Don Roberge of Mountain Music, anyone who knows a dozen chords can make beautiful music with a set of good strings and a slab of hardwood attached to a hollow body that serves as a resonator.

Roberge makes handcrafted three- and fourstringed instruments in the folk tradition of the cigar box guitar. Additionally, he also makes pie plate banjos and plans to venture into ukulele-making.

"I heard about these instruments a while ago, that they were making a comeback, and I thought it would be fun to make one," said Roberge, who has an extensive woodworking background and a fully equipped

started a little over a year ago and found that he's been able to quickly evolve as a craftsman.

Although now retired, he added, "I like working with my hands and I like to be creative."

"The idea that I could

workshop. He said he create something that could allow someone else to be creative was really appealing," he continued.

> Roberge said he was initially intrigued when he learned about a Rochester-based supplier of cigar box guitar hard

ware. The attraction of creating a simple, playable instrument and knowing that the world's leading supplier of tuning pegs, frets, and bridges - inspired him to try making one.

"I figured I'd make one for the fun of it," he said, not knowing at the time he might make a business out of his initial endeavor.

In addition to the opportunity to apply his skills in a new direction, Roberge said he relishes being part of a musical SEE GUITARS, PAGE A12



CUTLAS GREELEY COURTESY PHOTO

Baysider heads north

(Left) Mike and Barbara Elliott pose with The Baysider in Skagway Alaska in a photo taken by their nephew, Cutlas Greeley. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.

Forrester brings gubernatorial candidacy to Barnstead

Contributing Writer BARNSTEAD — GOP gubernatorial candidate

Jeanie Forrester said she'd be a "Governor for the People" before a gathering of perhaps 30 local Republicans last week. The State Senator was the guest speaker the Barnstead-Alton-Gilmanton Republican Committee meeting, where other local candidates also had a chance to make their case.

The Aug. 9 event took place at J.J, Goodwin's, regular location for the monthly GOP meeting. Following the Pledge of Allegiance, Alan Glassman executed a brief business meeting.

He preceded the routine matters by recounting his experience at the convention. national noting the high levels of security at the event.

Glassman, who maintains his allegiance to the party and not to individual candidates, said, "Whether you like him or not, Trump is the candidate." He said that a "coattail effect" will be of especial importance, noting potential impacts to down-ballot elections.

"It's really important that we have a good turnout," Glassman said.

Glassman invited candidates for local office to make a 90-second "elevator pitch."

State Senator Sam Cataldo of Farmingwho currently represents Alton, New Durham and several other area towns, said he's now a candidate for the Second District Executive Councilor seat. The position is currently held by Colin Van Ostern, who's running for governor as a Democrat. The district includes neither Alton nor New Durham, but does encompass a swath of ter-

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ritory containing Barnstead and Gilmanton.

Cataldo vowed to "protect the N.H. advantage." A handout he distributed said he'd keep the state a "wonderful place to live and work." The document noted that "over 100,000 Granite Staters commute to Massachusetts to work everyday" and that he'd work to "bring them back to N.H."

With Belknap County Sheriff Craig Wiggin not seeking re-election, Det. Sgt. William Wright and former Laconia Police Chief Mike Moyer are facing off in the primary.

Moyer, who began his career as a Laconia officer in 1985, touted his emphasis on customer service as a hallmark of his tenure as the LPD chief. "The people of Laconia are the customers," he emphasized. Moyer said that community feedback forums and "report cards" given to crime victims to rate LPD satisfaction were initiatives he launched to ensure effective customer service.

Wright cited his 18plus years of law enforcement experience, noting he rose through the Belknap County ranks to become third in command after 11 years. He said he "worked every facet of the department" and that his experience "serving every community in the county" would be an asset beneficial to voters.

Executive Councilor Joe Kenney, who represents Alton and all of the northern half of the state, was unable to attend as he was away completing his commitment to the USMC Reserve. Representing him was New Durham's Cody Morrison, who briefly spoke in his behalf, highlighting Kennev's active role in local matters such as the Route 28 rumble strips kerfluffle.

Forrester began her remarks by citing her six-year stint in the State Senate. She described the upper chamber as a place where she honed her skills, having served as finance chair. Forrester described herself as the "architect" of a budget that was initially vetoed by the current governor - only to be resurrected and later passed with bipartisan support. She said this budget is on target to yield a surplus.

Traveling to Barnstead from the Portsmouth Naval Shipyard, Forrester also touted her support from 110 veterans and from colleague

Forrester said her objective last Tuesday was to describe, "Who I am, and where I stand."

The State Senator offered a brief biography, recalling that she is the daughter of a Ford tractor factory worker and a waitress. Forrester said she was the first in her family to attend college, working as a Michigan steel mill factory secretary part of the day, and attending classes during her free time. She said the experience "taught me personal responsibility and ownership of my own future."

Forrester added, "That's what's missing

these days." She also attempted to cast herself as a "real conservative" who supports the Second Amendment and "the life of the unborn child;" she said she'll gladly take the famous Pledge to oppose the adoption of a broadbased tax such as a sales or income tax.

Forrester said she has experience listening to local constituents, citing her past experience as a town administrator in New Durham and Tuftonboro. With this kind of local perspective, she said she'd be a "voice for communities, residents, and small businesses."

Ultimately, Forrester said, "The government needs to serve the people - and not the other way around."

The Senator she's not afraid to "go toe-to-toe" with big interests and stand by her principles and constituents' best interests. She recalled an energy bill she considered as a freshman Senator; the measure passed 23-1, with hers being the sole dissenting vote.

"That was a challenge, but I don't go along to get along," Forrester recalled. She said she felt considerable pressure to vote with the majority.

"You don't back me into a corner," she added. During a subsequent Q&A she elaborated, "If there's a problem, I don't back away."

Forrester identified several key issues she's focusing on - foremost of which are jobs and the economy. She said she'd be "proactive" in her ap-

She said that the past 18 years, during which time Democrats held office for all but two, saw the state's chief executives "sitting on their hands." Forrester said the governor needs to get out of Concord to get out to "sell New Hampshire" to prospective businesses that can employ more Granite State workers. Forrester observed that she was the last to enter the GOP gubernatorial field - but the first to offer an economic plan to attract businesses.

gubernatorial candidate also promised government reforms that could increase constituent responsiveness. She called her notion a "Yelp for government," referring to the Web site that allows customers to rate private sector service providers. Forrester said a rating system will allow decision makers to know where improvements need to be made in real time. Forester said aggregate data from these sources will inform monthly meetings she would plan to have with key department heads.

Forrester, a Mereaware of the angst rumble strips caused in nearby Plymouth on Route 3A. She said she listened to the frustrations of constituents there and made calls to DOT officials. She said she's happy her influence helped reverse the rumble strip placements but that ultimately government should be responsive to constituent concerns and "not whether or not you know a State Senator."

Regarding the state's heroin and opioid crisis, Forrester said she considers drug dealers connected to fatal overdoses to be "murderers."

The State Senator said she favored a spend of \$80M to address the matter, adding that she was a champion of the socalled Granite Hammer bill that marshaled state resources to help municipalities combat the blight.

"We have to be tough on this, folks," she emphasized.

Forrester called a liberation of marijuana laws "outrageous," adding that relaxing rules about any kind of controlled substance at a time like now is "unconscionable."

"We need to focus on the front end and stem the pipeline," she added, suggesting that marijuana is a gateway substance.

Forrester pledged that she has no intention to run for any office higher than governor perhaps a tacit reference to the present governor, who's in the running for the U.S. Senate.

"I have no interest in D.C. - I want to focus on New Hampshire," she said.

Opening the floor to comments and questions, Cataldo was quick out of the gate.

He recalled Forrester coming to a community forum in Rochester - even though it's not in her district. "She genuinely cares about the concerns of the people of this state," Cataldo said. "This lady knows what she's doing."

In response to a question about expanded gaming, Forrester responded, "I do not support casino gambling."

Barnstead's Elaine Swinford, herself a candidate for state office, asked about the potential need for more beds at facilities serving mental health and drug victim patients.

dith resident, said she's Forrester said she'd ideally identify a locus a "public-private partnership." She said the Laconia facility is a logical place to locate such a facility, but that she is sensitive to local concerns that resulted in "considerable push back."

> Another resident, seizing on Forrester's use of the word "proactive" to describe her business cultivation strategy, pressed for de-

Forrester said she'd identify large tracts

of under-utilized land and solicit prospective high-yield industries to attract with tax deferrals and \$1 leases in an attempt to lure investment. She said she'd also seek partnerships with the state-funded university system to provide a work-ready pipeline of employees.

Glassman asked the candidate about her opinion of expanding rail service into N.H.

She responded, "Studies don't prove out that this make economic sense." The Senator described such a scenario as "not sustainable."

Sen. Cataldo chimed in, saying that trains to Mass. would be contrary to the state's interest in creating jobs in N.H. He said 103K people commute south of the border, and that making it easier for them to do so would undercut efforts to develop in-state business ventures.

"We need to keep them here," Cataldo said.

Forrester reiterated her slogan that she'd be a "Governor for the People." She said her administration would begin with a 10-county summit to garner grassroots input. Forrester said she has "great faith and great respect" for those on the frontlines and is committed to an approach that "listens from the bottom up."

She also acknowledged that the state has an aging population "with issues on the horizon." The senator said she'll embrace initiatives that help elderly citizens "age in place," while continuing to support the retirement home system and block attempts to "raid" funds dedicated to support nursing homes.

On the education front. Forrester voiced opposition to Common Core, calling it an affront to local control.

Regarding benefits for the poor, Forrester cited being the welfare officer for both New Durham and Tuftonboro. She said in both communities she saw definite hardship as well as opportunities for some folks to become more engaged in economic and civic life.

"I'm a candidate who sees all our potential - so much local energy, and all we need to do is harness it," she said.

Barbershop groups return this weekend

ALTON — The Alton Bay Barbershop Jamboree returns to perform for its 56th year in Alton. The main event is scheduled for Saturday, Aug. 20, from 7:45 to 11 p.m. at Prospect Mountain High School. Other

performances informal quarteting and group singing at the Alton Bay Bandstand on Friday, Aug. 19, at 7 p.m. and Saturday, Aug. 20, at 2:30 p.m., as well as popup locations throughout SEE GROUPS, PAGE A3

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Obituaries can be sent to:

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

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Election history takes center stage in Barnstead

BY DAVID ALLEN

Contributing Writer

BARNSTEAD "People with wealth have too much power over our government. We must change the laws so that the votes of the rich and the poor have equal weight."

Sound like campaign rhetoric from the Bernie Sanders campaign?

According to New Hampshire Secretary of State William Gardner it's the rhetoric not of 2016 but of 1888. Secretary Gardner spoke at Barnstead Town Hall on Tuesday, Aug. 2, at an event organized by the Barnstead Historical So-

The event marked the unveiling of a large poster picturing the original ballot boxes of 80 New Hampshire towns. This writer considers himself well versed in American history, and when he heard "original ballot boxes" he assumed these came from pre-revolutionary times.

A couple of years ago there was a special election for the North Country's First District Executive Councilor. As the Secretary of State traveled the district in preparation for the election, he came across a few towns that told him they planned to use the same ballot box they had been using since the beginning, sometime in the late 1880s or early 1890s.

This piqued his curiosity. What was it like to participate in an election before the ballot boxes? He discovered that before the late 1880s there was no secret ballot. Each political party would print a ballot with the names of its candidates for all offices. A few particularly ethical – or well off—voters would take the ballot of their party.

Many people would show up for the elec-

GROUPS (continued from Page A2)

Chordsmen.

town. This year's jamboree is co-hosted by Alton Parks and Recreation and the Lakes Region

Admission for the main event (The Great Gathering) on Aug. 20 at Prospect Mountain High School is free for children 12 and under and portions of the proceeds will support community programs and scholarships. Tickets can be purchased online at altonbaybarbershopjamboree2016.eventbrite. com. Tickets (cash sales) can also be purchased at the Alton Parks and Recreation office at 328 Main St. during regular business hours, or at the Alton Bay Community Center at 58 Mt. Major Highway on Friday, Aug. 19, from 3 to 5 p.m. and Saturday, Aug. 20, from 9:00 a.m. to 4 p.m., or at the door after 6 p.m. For more information, www.nedistrict. org/alton or contact Dave Snell at 455-6683.

From its first performance at Downing's Landing in 1949, the Alton Bay Barbershop Jamboree has provided years of musical enjoyment and magical memories for so many. Be a part of Alton's "Hometown America" this year, and experience the harmonious sounds of the Alton Bay Barbershop Jamboree.



SECRETARY of State William Gardner speaks with Town Clerk Cynthia Treadwell and citizens during a ceremony on Aug. 2.

tion auction. Each of the parties would have a slush fund and would start buying votes. If you were a strong believer in the Republican Party you might accept \$1 and a Republican ballot. You would take that ballot with you into Town Hall on Election Day and turn it in. If you didn't care much or felt pulled both ways, you would hold out until one of the parties would offer you \$5 or \$6. Then they would have your vote. If you showed up.

You couldn't get your money by just taking the ballot. Party poll watchers were there, not to ensure that you got a chance to vote, but to ensure that you showed up and delivered your promised vote. After the poll watcher inside Town Hall saw you put your party ballot in the box, then the treasurer outside Town Hall would hand you your money.

Australia had established the secret ballot in the 1870s, so it became known in the United

States as the Australian ballot. The pressure came first from the prairie states and the bigger cities. Farmers and workers came together to push against the political control of the rich. In 1876 representatives of these groups met in Omaha, Neb. to form the "Populist Party."

In addition to the secret ballot, their platform called for other reforms including voting rights for women, the "initiative" (like a statewide warrant article by petition), the right to recall (un-elect) officials who took extremely unpopular actions, direct election of U.S. Senators (instead of election by the state legislatures) and other items.

Several states adopted the Australian ballot in the early 1880s. The presidential election of 1888 was one of the most corrupt in American history. Benjamin Harrison was elected president, defeating Grover Cleve-

the Democrat. who was running for a second term. Cleveland received more popular votes, but Harrison won the Electoral College. Vote buying was rampant, and definitely affected the outcome of the election.

The corruption in 1888 persuaded a second wave of states, including New Hampshire to adopt the secret ballot. New Hampshire voted in 1891 to make the secret ballot effective for the 1892 general election. The Secretary of State, with appropriate Yankee prudence, had ballot boxes made for all 272 towns and cities in the state. He spent a grand total of \$595 to get used ammunition boxes from the U.S. Army and have someone paint them and cut a slot in the top.

President Cleveland had unusual popularity in New Hampshire for a Democrat because he had purchased a summer fishing home in Tamworth. Both his son and his grandson later served many years as moderator of the town. whatever reason, Democrat Cleveland carried the town of Barnstead by more than 100 votes. It may be the only time in the history of the town where that has happened.

Secretary Gardner and the poster celebrate another landmark event New Hampshire political history. One hundred years ago was the first year that New Hampshire held a presidential primary. So this spring's noisy and

contentious presidential primary was the 100year anniversary of that event. And the 2020 presidential primary will be the centennial celebration of New Hampshire's primary being the first in the nation.

In 1916 a few state's held their primaries before New Hampshire. For a variety of reasons, legislators in those states had a quick case of buyer's remorse and they repealed their primary election between 1916 and 1920, leaving New Hampshire with the first in the nation. For several decades the primaries receded in importance and New Hampshire continued to hold the position of first in the nation unquestioned. In the last few presidential elections, the primary has once again become more important to the country. Secretary of State Gardner has doggedly, and so far successfully, defended NH's first in the nation status, but is likely to see that battle continue.

How many public officials find or make the time to research the history of their office. Secretary Gardner clearly sees his job as critical to protecting the sacred privilege of free elections. Far more than counting and recording voters, votes, and voter participation he appears motivated by the slow march toward more inclusive participation in the right to vote, and the responsibility to ensure it continues for this generation's grandchildren and great grandchildren.

New Durham backpack program deadline is Aug. 26

NEW DURHAM — The second annual New Durham backpack program is seeking donations to help fill 60 backpacks for elementary, middle and high school students in town. Donations will help ensure that these children have the supplies they need to enter into the 2016-2017 academic year with confidence in order to help support their academic success.

Requested donations include backpacks, pencils/pens, notebooks/ binders, crayons/colored pencils, scientific calculators, water bottles, rulers, snacks and more. All donated ma-

terials will be used. Donations, including monetary donations, can be dropped off at the New Durham Public Library or New Durham Town Hall by Aug. 26. Backpacks will be filled and distributed the week before school begins.

For additional information on this program, contact Nichole ndrec@metrocast. net or 859-5666. The New Durham Backpack Program is hosted by New Durham Parks and Recreation, New Durham Welfare Office, New Durham Public Library, New Durham Food Pantry and Governor Wentworth Regional School District.



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Opinion

The many good people

We've said it once and we'll say it again, probably multiple times, but we cover fantastic communities with fantastic people willing to work together to make fantastic things happen for their fellow residents.

As was the case with New Durham Day at the end of July, Alton's Old Home Week is the result of a lot of work by a lot of volunteers, people who give of their time to make the community a better place to be. We can't stress enough how much we appreciate all those who had a part in making the Old Home Week a success (with still more to come this weekend).

The Alton Business Association continues to be the driving force behind the Old Home Week celebration, collaborating with the town's Parks and Recreation Department on numerous events. The Alton Historical Societv. Alton Centennial Rotary and other organizations lent their time and efforts to the week, all with an eye toward making a fun time for all involved. The Alton Business Association is a group of local businesses who work together for the betterment of the community. They have spent many, many hours planning the parade and other events that go along with the celebration. These people are all folks who own businesses right in the Alton community and we encourage everyone to do business with these folks whenever you can, because they are the lifeline of the community.

Kudos also to the Alton Parks and Recreation Department for organizing the 5K road race, along with the concert and the fireworks demonstration that was supposed to cap off Saturday's activities (rescheduled for Aug. 27). The employees do a great job keeping the events running smoothly and making sure there is something for everyone.

Volunteers are truly the heart of any small community, particularly one that is as giving and caring as Alton is. All sorts of events and organizations vie for the community's time and attention and it seems that there is pretty much something for everyone. And most of those somethings are run by groups of volunteers. Be it Alton Community Services, Project Backpack, the Alton Centennial Rotary Club. the Alton Garden Club, the Alton Business Association, the Alton Historical Society and the numerous groups that we have not mentioned, each of the organizations provides a vital service to the community, makes the community better in one way or another and keeps the town turning in the right direction.

We know that nothing is perfect, but we can't think of anything that makes a community a great place to live more than local volunteers doing great things.

So, if you're out and about and see one of the many volunteers in your community doing good work, stop and thank them for their time and commitment. And if you are out doing some shopping, support the local businesses that comprise the Alton Business Association. Your patronage allows them to continue to do the good work that everyone saw during this vear's Old Home Week celebration.

And remember, all these groups are always looking for more hands to help out. If you have a little time to give, check in with them, they'd be glad to have you.



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COURTESY PHOTO/GEORGE MURPHY

Karaoke time

At the Alton Home Day Parade at Bear's Bizzy Corner, French's Karaoke Showtime hosted and jazzed up the parade with music and dancing. Shown here is Diana Murphy of Alton, dancing with Mark French George.

Letters to the Editor

Barnstead Open Farm Day a great success

To the Editor:

The fifth annual Barnstead Open Farm Day was a great success. We added three new farms to the event, and to our local community.

The Barnstead Farmers and Gardeners Network would like to thank our visitors for making this day so successful for our local farmers. Without your support, this event could not go on. Thank you.

Thank you to all of the participating farms. We appreciate the work it takes to get ready for this event, while you are juggling numerous other important responsibilities. You make this event the unique day that it has always been.

Thank you to our faithful sponsors; KDL Mold Solutions, The White Buffalo Trading Post, Valley Dam Feed, The Local Butcher, Good Stuff Farm, Barnstead Community Grange and our newest sponsors, The Garden Bar and Coop-Da-Hill Farm. Our farmers and the greater community are so fortunate to have you.

Open Farm Day is an annual Barnstead event that takes place on the fourth Saturday of July. Admission is always free. Mark your calendars and we will see you next year. Check us out on Facebook https:// www.facebook.com/TheBarnsteadFarmersAnd-GardenersNetwork/.

> Don Walker Co-founder, The Barnstead Farmers and Gardeners Network **Barnstead**

Thank you for your generosity

To the Editor:

The Alton Shores Association would like to thank all of the Alton businesses that helped make our Annual Social Event held July 30th at the American Legion Hall in Alton such a success.

unity and our members look forward to this one Lumber Center, PDK Cottages, LLC. event that has now been running for over 30 years.

This year the generosity of the local businesses was just amazing and we would like to thank all of

you for your kindness – Pop's Clam Shell, Shibley's at the Pier, Ackerly's Grill and Gallery, Hart's Turkey Farm, Lisa's Dragon Fly Gardens, River Run Deli, Bear's Bizzy Corner, JP China Restaurant, Alton Village Pizza, Aroma Joe's Coffee, Moore Farm The Alton Shores Association is a seasonal com- Country Store, Shibley's Drive-In, Alton Home and

> Andrea Knight Alton Shores Association

Swinford asks for your vote

To the Editor:

My name is Elaine Swinford and I am running for District 7, Barnstead state representative. I am running to give the people of Barnstead a voice in the

I have three areas that I will focus on – one is Constitutional Carry. No law abiding citizen should have to go and ask anyone, ie. police chief, selectman, city councilor, for a permit to carry a firearm. That should be your choice as an American. And yes I have heard all the different reasons why this is not a good idea, but if you look at the crime statistics, crime goes down when all have the choice to carry

The bad guys now do know who is and who isn't carrying but with Constitutional Carry its best for them to think we all are and move on to another state. Do away with gun free zones. That is like fish in a barrel and so unfair to our children in school and many restaurants need to change their thinking.

Second on my focus is education reform. As a state we need to disband the State Board of Education, return to teaching what is important to New Hampshire, return to shop classes, home economic, business course and writing. No more calculators in the lower grades. Basic math, writing not printing, and my favorite reading. No internet for tests, homework, or for turning in work. Teachers have to go

back to teaching. We have wonderful teachers who are not able to teach because of Common Core and that has to go also.

Finally, we need to support our home schoolers with help with supplies and books. Many of our families home school and have to still answer to the State Board of Education through our superintendent's office. Not fair.

Third on my focus list is welfare reform. The president removed the work provision from the law. I would like to see it put back in. You would work either as a volunteer or in a part-time job up to 12 hours a week to collect welfare. Also I believe that drug testing is very important, if you are employed you have to be drug tested, so it seems if you are going to take the money that a hard-working person pays into the system, you should be held to the same standard and also be tested.

And finally, all benefit cards, EBT, SNAP should have a picture on the card of the person who is receiving the benefits. This could also be used as a ID

This is what I will be focusing on and ask for your vote on Sept. 13.

Thank you, Elaine Swinford, candidate District 7 Barnstead

Eat breakfast with the Masons Sunday

need a good way to fuel up for the last day of Alton's Old Home Week? On Sunday, Aug. 21, the Masons of Winnipisaukee Lodge in Alton will be hosting their monthly breakfast buffet starting at 7:30 a.m., open to the public, at the Lodge on Route 28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and

gravy, scrambled eggs,

sage, home fries, beans, coffee and juice being

ALTON — Do you omelets, bacon and sau- pancakes, French toast,



served, all for one low price, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. The Masons serve breakfast between 7:30 and 11 a.m. They hope to see everyone there (always on the third Sunday of the month). For more information, go to www. winnipesaukeemasons. com, or contact John Alden at 672-3372.



BARBERSHOPPERS donated Harmony Park to the town in 1974.

Old Home Day rescheduled fireworks set for Aug. 27

ALTON – The Town of Alton is sponsoring fireworks on Saturday, Aug. 27, at 9 p.m. in Alton Bay. The fireworks were rescheduled from Alton's Old Home Day. The rain date is Sunday, Aug. 28.

Pony Express, country and western music

The Alton Parks and Recreation Department is sponsoring live music as part of the annual Summer Concert Series at the Alton Bay Bandstand on Saturday, Aug. 27, from 7 to 9 p.m. Rescheduled fireworks from Old Home Day will follow the concert at 9

Alton Calendar Photo Contest

The Alton Parks and Recreation Department is sponsoring a 2017 Calendar Photo Contest. Photos will feature Alton landmarks, scenic views, parks and places of interest in the Town of Alton. Submit your digital photo to parksrec@ alton.nh.gov. For more information see the 2016 Summer Brochure. Deadline to submit photos is Sept. 6.

Barbershoppers Jamboree

The Alton Bay Barbershop Jamboree returns to perform for its 56th year in Alton. The main event is scheduled for Saturday, Aug. 20, from 7:45 to 11 p.m. at Prospect Mountain High School. Other performances include informal quarteting and group singing at the Alton Bay Bandstand on Friday, Aug. 19, at 7 p.m. and Saturday, Aug. 20, at 2:30 p.m., as well as popup locations throughout town. This year's Jamboree is co-hosted by Alton Parks and Recreation and the Lakes Region Chordsmen.

Admission for the main event ("The Great Gathering") on Aug. 20 at Prospect Mountain High School is \$10 (children under age 12 are free). Proceeds from the event benefit the PMHS Music Scholarship, Lakes Region Chordsmen projects, and Alton Parks and Recreation community projects.

Tickets can be purchased online at https:// altonbaybarbershopjamboree2016.eventbrite. com. Tickets (cash sales) can also be purchased at the Alton Parks and

Recreation office at 328 Main St. during regular business hours, or at the Alton Bay Community Center at 58 Mt. Major Hwy. on Friday, Aug. 19, from 3 to 5 p.m. and Saturday, Aug. 20, from 9 a.m. to 4 p.m., or at the door after 6 p.m.

For more information, visit www.nedistrict.org/alton or contact Dave Snell at 455-6683.

Barbershoppers and

Harmony Park Harmony Park, located on Route 28A in Alton Bay, is a perfect spot at the tip of the lake to have a family picnic, view a beautiful sunset or enjoy quiet fishing. The setting is peaceful, relaxing and harmonious. The park, adjacent to the Town Beach, was donated to the town of Alton from the Barbershoppers in 1974. Proceeds from the Barbershoppers Jamboree go to fund important community projects and procurement of natural resources like Harmony Park. Stop by Harmony Park, bring a book, a fishing pole or a picnic, and remember the Barbershoppers who made that gift possible.

Alton Dance Academy registration set for Aug. 20-21

ALTON – The Alton Dance Academy will hold registration for its 11th season Saturday, Aug. 20, and Sunday, Aug. 21, from 10 a.m. to 2 p.m. at its School Street location.

Classes offered for ages 3-18 include creative movement, pre-ballet, ballet, pointe, tap, modern, jazz, character, acrojazz and contemporary. There is a fee to register.

Classes start Sept. 6. For adults, they offer Zumba, yoga, Pilates, barre classes and brand new this year will be Cize exercise class and Argentinian Tango.

Legion hosting concert on Aug. 27

ALTON — The American Legion Post 72 in Alton is featuring the Montgomery Blues Band on Saturday Aug. 27. Doors open at 4

p.m. and the show starts 5 p.m. Proceeds will benefit veterans charities. For more information and tickets, call 875-3461.

through many updates dents of dance with outon the path to dance exwhat they have.

or email ashley@alton-

The Glass Slipper Boutique has also gone and is ready to serve stufits and shoes to get them cellence. Stop in and see

Inquire at 875-3623 danceacademy.com.



Letters to the Editor

To the Editor:

At the end of May, Terry Jarvis was nominated to the CIP committee by a vote of 3-0. She was praised by Selectman Bickford for the good work she had done the last time she was on it, and then she was vetted for two weeks with no negative information being received by the board. When the night came to appoint her, Selectman Anthes said that he had made a mistake and thought they could nominate two new members, and he really had wanted to nominate Liz Cantrall, so he couldn't vote to appoint Terry. Then of course, Selectman Bickford did the same and Liz was nominated. The committee had to wait two more weeks for her to be vetted before it could have its first meeting, which

was later than it should have been.

Now Liz has had to resign because her house has sold and she is moving out of town at least temporarily. So, one would assume that Terry Jarvis, who was nominated by all three selectmen, would be appointed. Correct? No, of course not. Monday night, Selectman Anthes nominated Tony Bonnano to the CIP committee and also waived the two-week vetting policy. Bickford and Anthes totally ignored Selectman Swenson's objection that Tony has missed the last four budget committee meetings in January, February, May and last week and has essentially neglected his responsibility to that committee as well as to the residents of New Durham. They passed

Confused by appointment over a candidate already nominated, vetted and praised by one of them, to appoint Mr. Bonnano by a vote of 2-1. Bickford said he would vote for Bonnano because he is 'philosophically aligned with my beliefs.' What does that mean? Does it mean he will vote the way Bickford wants him to vote? Is there any longer a doubt by anyone that only Bickford and Anthes' friends get appointed to anything in this town? Also let's remember Mr. Anthes' lie when he said he would have supported Terry Jarvis if there were two appointments to make. Monday was a night to prove that. Instead we saw him for the liar he

> Ellen Phillips New Durham

White running for state rep for New Durham

To the Editor:

I believe in the right to work. Why should you or I or anyone be shut out of a job just because of no wanting to join a union? People should not be forced to join a union to be able to work anywhere in this state or

I believe in the right to life. Early on in the abortion argument the Latin word "fetus" was interjected as a euphemistic ploy to soften the reality of what abortion is. Ever hear of anyone ever saying of their pet that it was going to have fetuses? Yet this is what a baby has been called to ease our consciences of what is really taking

I believe in the right to educate. It is a parent's responsibility and they should be able to make the choice as to how their children are going to be educated. These options should include, among others, charter school, public school, private school or home school. The parents are to have oversight of their children. not the government.

I believe in the right of the First Amendment. "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably

to assemble, and to petition the Government for a redress of grievances." This text means exactly what it says and the government has infringed on this amendment.

I believe in the rights of the taxpayer. Tax revenue represents the very life-blood of the person paying taxes. It is their time, their talents and their very strength that is being taxed. Higher the taxes means more control over a person's very life and liberty and Lower taxes means less control over a person's life and more liberty.

I believe in the rights of the Second Amendment. The Second Amendment also means exactly what it says. "A well regulated militia, being necessary to the security of a free state, the right of the people to keep and bear arms, shall not be infringed." A well-regulated militia is needed for the security of a free state, but the right of people to keep and bear arms should not be infringed upon.

I believe in the right

to have a balanced budget. Every home and business could not operate like our government does or it would face financial destruction. Let us not kid ourselves. The 20 trillion national debt is our debt and if we continue on this financial road to madness it will lead to the financial collapse of this nation, of

There are so many issues facing us. Government expansion is always dangerous. There is a need for power solutions without government involvement. Our educational focus needs to be rethought, not everyone learns the same way. There is so much more. Change is needed, but not the so-called change we have experience these past years. To find out more about me check out this link. If you agree vote for me https://www.facebook. com/TedWhite4NH/?fref=ts.

> Ted White State Representative candidate – Strafford District Three









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Tore Down House coming to Barnstead on Aug. 20

BARNSTEAD - On Saturday, Aug. 20, please join Barnstead Parks and Recreation in welcoming Tore Down House to the concert stage.

This is the band's third year appearing in the summer series. Led by vocalist and guitarist Mark Huzar, the band also features Huzar's longtime collaborator and friend, John Michaud, on drums, and Jimmy Howe on bass. Based out of Manchester, this trio has been performing live for years.

In addition to Huzar's original songs, you will hear many rock and blues favorites, as well as some you rarely hear other bands perform. Their play list is extensive, so you are sure to hear one of your favorites in the mix.

Over the years Huzar has become a friend to Barnstead, and is always a favorite in the series. He brought a dynamite performance in

of the American Legion

of Post 72 Alton are spon-

soring summer meat raf-

fles. Aug. 20 is the next

date. Meat raffles start at

Meat raffle

returns Saturday

ALTON — The Sons 12:30 p.m. Monies raised

June, and his band Just Passing Thru made its debut appearance in Barnstead in July. He also plays the bass guitar with the Yeah Guys. A multi-faceted musician, he writes and sings, and plays guitar, bass guitar, drums and keyboards. He has been performing for decades.

As to his musical style, Huzar has this to say, "I've been influenced by music from all over this world. I really don't subscribe to putting a label on music, I think that limits the possibilities of what a musician can express... In other words, play what you feel."

In addition to his extensive musical pursuits, Mark is a skilled luthier who in his free time enjoys riding his motorcycles, creating culinary delights, snowboarding and adventur-

The show starts at 6 p.m. The Friends of the

go to serve the charities

of the local community.

Public is welcome to at-

tend. For more informa-

tion, call 776-2968.



Tore Down House plays in Barnstead on Saturday night.

Oscar Foss Memorial Library will be on hand offering concessions. Re-

member to bring a lawn chair or blanket and a friend or three. As always, smoking and alcohol are prohibited on the Parade Grounds. Come enjoy this free event and show your support for local music.

Gathering on the Green set for Aug. 27

Gathering on the Green will take place on the Parade Barnstead Church Grounds Saturday, Aug. 27, from 9 a.m. to 3 p.m. Crafters, vendors, food and yard sales are all included. Lil Miss Witt and her steam engine friends, exhibits by 4-H, face painting, Oscar Foss Library and friends, Cub/Boy Scouts, Barnstead Historical Society, American Legion and Auxiliary will also be on hand. The day will include the presentation of the Barnstead Citizen of the Year. This country fair

Barnstead Parade Congregational Church. Spaces are still avail- gmail.com for further local missions.

717-8167 or e-mail GatheringontheGreen2016@

BARNSTEAD — The is sponsored by The able. Contact Robin at information. Join in celebrating community spirit while supporting

Halfmoon Lake Association celebrating 50th anniversary

ALTON - On Saturday, Aug. 27, the Halfmoon Lake Association will be celebrating its 50th anniversary and is inviting all lakefront members to attend.

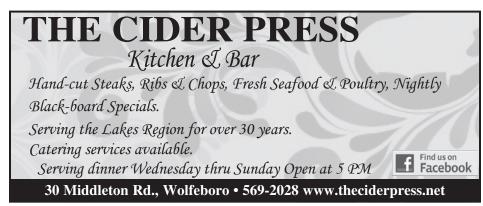
The celebration will be held at Camp Mi-Te-Na, 65 YMCA Road, in Alton from 11 a.m. to 4 p.m. It promises to be a day filled with fun

activities including a kickball competition, a balloon and egg toss, three-legged and sack races, climbing wall, four-way tug-of-war and much more.

There will be something for everyone to enjoy, including music from lake resident DJ Dave Williams. The YMCA camp staff has graciously offered to provide a barbeque that will include hamburgers, hot dogs, veggie burgers, salad, fruit, cake and beverages. In addition, the association is asking each family to bring a side dish to share.

Send RSVPs to Clare Bolster with the number of adults and children attending: bolster@tds. net or 776-1622.







salmonpress.com

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Busy times ahead at New Durham Public Library

NEW DURHAM — Just as events are kicking off in the schools with the start of a new school year, the New Durham Public Library

has also scheduled plenty of new and exciting 10:15 a.m. The program things to do.

First Steps for ages three months to two and a half years resumes ments, balls and bub-

Thursday Sept. 8, at features songs, felt board activities, finger plays, musical instrubles in a relaxed atmosphere. Following each session, blocks, Duplos and Magformers are available for building opportunities.

The popular Storytime program also starts back up on Thursday Sept. 8 at 11 a.m. Children two and a half years and older experience songs, rhymes, rhythm, movement, stories, parachute activi-

ties and crafts. Both programs run every Thursday.

Wednesday Sept. 14, at 7 p.m., Helyn Connerr of Wolfeboro presents a talk based on her latest book, "Fish Can't Climb Trees."

Connerr will explain how to capitalize on the brain's unique wiring in order to improve the way you learn and communicate. She will also share some parenting techniques previously explored in one of her other books.

A woman's self defense class will be held Sunday Sept. 18, from 1 to 4 p.m.

Gary Arkerson of Hi-Kicks Taekwon Do Studio will teach how to break holds and disable attackers.

The program is open to women 13 and older. Participants should wear sweatpants and a T-shirt. Arkerson asks that there be no tank tops or sleeveless tops. The program is free but registration is required as space is limited.

For those who have

sought information on their family history, but have hit a dead end, the library's program, Ancestry.com Introduction and Support, might be the answer. Ancestry.com is available free of charge at the library, but often people need some guidance to come up with the history they're researching.

The class is Sept. 22 at 7 p.m. The program is free but registration is necessary. Please bring a laptop if possible.

A reminder to all that free passes to Castle in the Clouds, the Wright Museum, Strawbery Banke, the New Hampshire Boat Museum, and the New Hampshire Farm Museum are available.

There are still spaces available for second and third graders to participate in Stories Sung in Clay, in which children will make pit-fired clay pots and explore symbolism and Native American cultures.

The Artist Trading Cards group meets the second Friday of each month from 6 to 8 p.m. Mystery Book Club meets the first Wednesday from 7 to 8 p.m. and Book Club, the third Monday from 7 to 8 p.m.

Call the library at 859-2201 for more information or to register.

Summer reading finales planned at Oscar Foss

BARNSTEAD Come celebrate a summer of reading at the Oscar Foss Memorial Library. The summer reading program finale will be held on Aug. 20 at 10 a.m. Musical group the ABTs will be performing, and there will be games, raffle prizes,

ALTON — The most

exciting time of the year

for some kids is going

back to school. For oth-

ers it can be fearful and

anxiety producing and

these negative emotions

awards and snacks. Late Night at the

Library

Teens, join in for a special summer reading program finale event, Late Night at the Li-

On Friday, Aug. 19, from 8 to 11 p.m., teens will take over the li-

brary. There will be movies, games, awards, and prizes. Refreshments will also be provided.

Please call the library at 269-3900 or visit oscarfoss.org for more information about these or any of the library's other programs or events. There is always some-

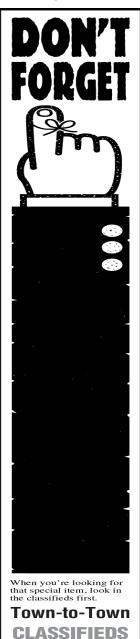
thing happening at the Oscar Foss Memorial Library. Library hours are Mondays from 2 to 8 p.m., Tuesdays and Wednesdays from 10 a.m. to 5 p.m., Thursdays from 5 to 8 p.m., Fridays from 2 to 5 p.m. and Saturdays from 9 a.m. to

can manifest in several ways. Stomach aches, cuss the strategies and regressive behavior, acttechniques for getting ing out and alarm-clock your children off to a Discussion on who gets sick and who stays well

planned in Pittsfield PITTSFIELD - Tired of not being in control of your health? Do our genes really make us sick? Or is it just a myth? What does the research says? Can we do anything about our genes and the future?

Locke Lake meeting tonight

BARNSTEAD — The next public board of directors meeting for the Locke Lake Colony Association will be on Thursday, Aug. 18, at 6:30 p.m. in the lodge.



1-877-766-6891

SalmonPress.com

Back to school workshop is tonight deafness are common good first day of school. for the reluctant stu-Parents need to pre-

dent. ucators, scientist Diane Eagles, and Molly B. Connelly, M.ED; LCMHC, will dis-

Two parenting edbehavioral

Join Dr. Liz Kennedy,

an award-winning doc-

tor with almost 20 years

of practice, on Monday,

Aug. 22, from 6 to 8 p.m.

for a free, life-altering

discussion on the sci-

entific truth about who

gets sick and who stays

well at the Sanctuary

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Friday, Aug 26

From Weirs Beach, 7-10 PM

From Meredith, 7:30-10:30

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pare themselves as well for the new responsibilities that come with the school bus, hot lunch

and homework. A routine needs to be established in the days and weeks before the first day. It may be a huge struggle to get to bed earlier and to wake earlier. Just the stress of getting out of the house on time can start everyone's day

on a sour note.

The workshop will explore these concerns and more, offer helpful hints and guidelines to create a harmonious new beginning, whether it is kindergarten, first grade or middle school.

This free workshop will be held on Thursday, Aug. 18, from 6:30 to 7:30 p.m. at the Pearson Road Community Center, 7 Pearson Road in Alton. All are welcome.

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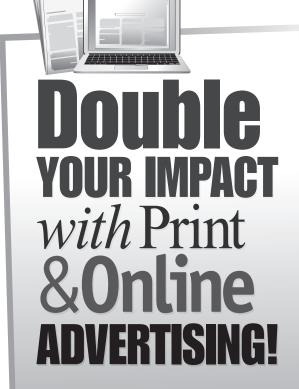
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Smith Brothers playing Sept. 24 in Barnstead

BARNSTEAD — The "September Indian Summer Concert" is planned at the Barnstead Town Hall for Saturday night, Sept. 24, from 7 to 9:30 p.m. The featured musicians will be a family group the Smith Brothers, who are generously donating the music for the evening. Don Smith will open the evening on acoustic guitar playing solo his most loved songs from the 60s, 70s on up, with a special appearance by his young-

est son Donnie. Norman and Dave Smith will ioin him on kevboards and drums for the last hour. Although desserts will be available the entire time along with some chili and soup for those who need to avoid sweets, a half-hour dessert session is planned from 7:45 to 8:15 p.m., allowing plenty of time to socialize and stretch before the second half of the show. Tickets may be reserved in advance by calling Chris Bonoli

and leaving a message at 340-1468 or e-mailing my-65jazz@tds.net. She will confirm your phone call or e-mail and the number of tickets you plan to reserve. Food donations and volunteers are welcomed. Please call Chris at 340-1468 if you would like to donate food or volunteer. All proceeds support the Congregational Church of North Barnstead's summer camp program sending children to Horton Center in Gorham.



COURTESY PHOTO

THE SMITH BROTHERS will play in Barnstead on Sept. 24.

MARK ON THE MARKETS Putting it together



BY MARK PATTERSON Contributing Writer

I recently had client who is bringing more money into his account and ask me how he can get this money to work. This money is really earmarked for equities in his portfolio because his fixed income portion, in other words "bonds," that are providing income are already allocated. He is aware that the equity market is pricey and I tend to not want to buy stocks when they are expensive. But that doesn't mean we can't go fishing for stocks that he would want in his portfolio at a better price and even if we don't get to buy them at that better

price, we will make mon-

ey for his account.

When I explained to him that we could sell "out of the money" cash covered puts, I knew I would get a blank stare and a proclamation from him that he has no idea what I'm talking about. My explanation went something like this; first we want to identify some companies whose stock he would want to own. For exemplary purposes of this strategy, we will use Procter & Gamble.

What I'm about to explain is a technique using options to build a portfolio or just to gain revenue into your account. Procter & Gamble is a consumer non-durable's company whose beta is .63, which means it is less volatile than the benchmark S&P 500. This lack of beta or volatility means that the option premium when collecting will not be as high as if we were using a stock with a higher beta. Presently Procter & Gamble is trading at \$86.94. If we look out three months in the future we could sell a "put" with a strike price

of \$82.50, so this is over four dollars out of the money. For this "put" which represents 100 shares Procter & Gamble, we will receive \$140 in premium that goes directly into the client's account.

By the time this option contract expires in about three months one of three things will happen. The first thing is that Procter & Gamble does not move under \$82.50 and the \$140 remains in the client's account. The second thing is; that before expiration the time element of an option contract could make it worth next to nothing which the client could buy back just to ensure the fact that the stock will not get put to them. The third thing that could happen is that Procter & Gamble moves below \$82.50 and the stock gets "put" to the client at our strike price of \$82.50 less the \$140 of premium which we collected to give the client a purchase price equivalent to \$81.60.

The client needs to keep \$8250 of cash in the account in case the stock is put to them. \$140 is collected for the threemonth period, annualized that is 6.8 percent return on the money even if you never buy

This option strategy allows my client not to "chase the market" and bid on stocks at lower prices while keeping premium if the stocks are not "put" to them.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com

Summer keyboard concert slated for Aug. 28

PITTSFIELD - The First Congregational Church, 24 Main St., Pittsfield, will welcome back Mark Thallander later this month. His colleagues, Glenda Winkle-Morrow and Kathy Haley, will join him for a spectacular concert playing the one-of-akind 1877 Wilson W. Ricker organ and Hallet & Davis grand piano.

The free concert will take place Sunday, Aug. 28, at 6 p.m. A love offering will be received.

Earlier in the day, Thallander and Winkle-Morrow will provide music for the Sunservice beginning at 10

During the summer of 2003, Thallander was involved in a dreadful car accident that left him in critical condi-



COURTESY PHOTO

Free pancake

breakfast at Center

Barnstead Christian Church

about Thallander and

his foundation, consult

BARNSTEAD

Barnstead

9:30 a.m.

Come enjoy a free pan-

cake breakfast and lawn

games when the Center

Church holds free pan-

cake breakfast Satur-

day, Aug. 20, from 8 to

my pancakes, delicious

sausages, hot coffee

and juice. They will be

There will be yum-

Christian

MARK THALLANDER will perform in Pittsfield on Aug. 28.

tion and required the amputation of his left arm. He wondered if he would ever be able to play the organ again.

A few months later he returned to the organ day morning worship realizing that his miraculous recovery had begun. He has played across America and across the world. Composers have written music especially for Thalhis website: markthallander.com.

Plan on attending the church service and concert, meet Thallander, Winkle-Morrow and Haley and hear the church organ and piano played like never before.

Parking and wheelchair accessible entry are located at rear of church building at Chestnut Street. For more information, call the church office at 435-

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8am Outdoor Summer Worship Service- Alton Bay Bandstand 10am Worship Service Community Church of Alton-101 Main Street, Alton

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BEFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High

School. Pastor Sam Huggard, www.befreechurch.net CENTER BARNSTEAD

CHRISTIAN CHURCH Morning Service 10:00 am.

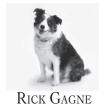
Adult Sunday School 9:00 am, Sunday School for all ages Town Hall. Pastor Brian Gower. 269-8831.

COMMUNITY CHURCH OF ALTON Prayer Meeting 8:30 am; Christian Education for all ages, nursery-adults, 9:00 am; Worship Service 10:00 a.m. Rev. Dr. Samuel J. Hollo. 875-5561.

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Selectmen get updates from library, highway department and more

BY DAVID ALLEN

Contributing Writer

BARNSTEAD — The Barnstead Board of Selectmen opened its Aug. 9 meeting by approving the acquisition of a small piece of land next to the Hannah Nutter Bridge. In order to replace the bridge and bring it up to current standards the highway department needs to straighten the road slightly at one end of the bridge.

Gordon Preston commented on the Aug. 25 meeting of the Suncook Valley towns association. Seven towns are working together to get a better cost on healthcare and other types of insurance. They are also able to get a bid that is lower than what is offered through the New Hampshire Municipal Association to all towns in the state. On Aug. 25 the group will choose amongst competing bids. Preston mentioned that Shawn Mulholland from one of the towns had done an extremely thorough evaluation of all proposals and is recommending one that he thinks offers the most benefit at the best cost.

Rick Duane brought the status of the rented heavy road roller to the board's attention. The town is renting the roller for \$3,800 per month. The highway department has finished using it for summer work, and will

need it again in October. They grade the gravel roads in a different way for the winter than the summer to better accommodate winter freezing and thawing cycles. Rolling after grading packs the gravel and keeps it in better condition through the winter.

If the highway department kept the roller for the interim they would use with the work they are doing on Varney Road. However, because the Varney Road work also involves the placement of new piping for the water system, the road work will not be finished until next year, so the value in rolling it this year is only tempo-

The board agreed to return the roller to the rental company and rerent it in October when the highway department begins winter grading.

At the previous week's meeting the board had discussed the worn out bearings on the roadside mower. Chappell Tractor, the vendor for the tractor has picked it up for repair. They told the town they would not know how much of the repair cost the warranty will cover. They cannot determine until they get into the bearings. If direct inspection indicates there was operator error the warranty will not cover the repair cost.

The board recessed to lem. Allison said the

participate in the swearing in of Paul Poirier, the new Police Chief.

During public input Mike Vardaro reported the parks and recreation program would soon begin registration for the 3-5 year old Tots Soccer Program.

Ed Tasker suggested that the parks and recreation commission should begin thinking about plans for the town ice rink for this winter. Last winter, the warm unpredictable weather caused a lot of melting and the need for frequent maintenance and re-flooding of the rink. Volunteers did not keep up with the weather.

Tasker said if the winters continue in the same way, the town may have to decide to "go all or nothing." Sean Dunne said he thought part of the problem is that since Prospect Mountain High School does not have a hockey team, there is not enough incentive for kids to get involved. Tasker thought maybe the rink should be converted to use for street hockey, or some other purpose.

Suzanne Allison and Wayne Simoneau, representing the Library Board of Trustees, spoke with the BOS about the growth in programming and participation at the library and about the building's water problibrary trustees had decided that more frequent communication with the board of selectmen would be mutually beneficial and they plan to visit from time to time.

She noted the library had been sending copies of the director's report to the BOS. Priscilla Tiede thanked the library board for sharing its reports. She has been reading them and is quite impressed with the new activities and the growth in use of the library. She particularly likes the 1000 Books Before Kindergarten program, which encourages and helps parents consistently expose their youngest children to books at an early age.

Allison reported the library will celebrate 100 years of service to the community in 2017. They established a strategic planning committee to take a look into their second century and suggest issues and opportunities for which the trustees should be planning. The report will be completed in about a month and will be shared with the community.

She and Simoneau then reported on the problems the library has been having with its water system. For one week there was no water at all. Jim Fegley, the local plumber for the library said he discovered there was broken "foot valve" and fixed that. The water, however, was now discolored. Testing reals including lead in the water, so the library has now installed a portable drinking water tank and are buying drinking wa-

Fegley said the lead was coming from the lead soldering in the 100-year-old plumbing and most of the other metals have no health concerns and were coming from the well. After considerable discussion all agreed that the library should get three bids for installation of a water filtration system, choose a vendor and have it installed.

In other business, the board agreed to switch electricity suppliers and contract with E & H power for \$.085 a megawatt, two cents less than their current cost and the Eversource price. The contract will lock the town in at that price for two years, protecting it from potential future spikes caused by world events.

Karen Montgomery informed the board of an offer from Rite Aid to hold a flu clinic in Town Hall for all town employees and their families. Rite Aid would handle billing for insurance and there would be no cost to the town or employees. Tasker said it sounded positive and asked Montgomery to survey employees to see if there was enough interest to go forward with the plan.

Montgomery reported there were still 130 pet owners who had not registered their dogs for the year. Two selectmen sheepishly acknowledged they were probably on the list. The list of those still not registered on Aug. 24 will go to the police department and fines will be issued.

The board had asked Montgomery to pull together a list of all properties that have reverted to town ownership by tax forfeit. She gave them a list of 62 non-conforming properties (less than two acres), mostly in Locke Lake. The board, as they have in the past, will offer to sell these to abutting property owners. There are also three conforming properties on the list. The board asked Montgomery to obtain appraisals of these properties. They will consider next steps once they have that information.



WOLFEBORO - The Waste Facility. Lakes Region Household Hazardous Product Facility will be open on Saturday, Aug. 20, from 8:30 a.m. to noon for both only be accepted on spelection to cross off paprescription drugs and household hazardous waste products.

The facility is open the third Saturday of the month May through October. LRHHPF is located at 404 Beach Pond Road at the bottom of the hill next to the Solid

medicine collection at the Wolfeboro site for 2016. Medications can are available at the colcial collection days as a pharmacist and police officers must be present to identify, isolate and secure controlled meds for destruction. All medications are incinerated. Please leave family and pet medications in their original containers. Do

not mix medications. Aug. 20 is the last Do not obscure name and strength of medicine. Sharpie markers tient name if desired. Non-member holds may dispose of medications for a fee.

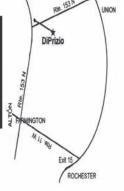
To ensure safety of other household hazardous waste, leave products in their original sealed containers. SEE WASTE, PAGE A15



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Final pig days

Members of the Alton Centennial Rotary and co-chairs for the club's Paint a Pig Contest, Scott Littlefield (left) and Duane Hammond, remind all those contestants who have entered the contest to bring their entries back to Profile Bank now. This Saturday, Aug. 20, 12 to 3:30 p.m., all 120+ pigs entered into the contest will be on display at the B&M RR Park in downtown Alton. At 3 p.m. winners will be announced and receive their cash or ribbons as judged by three highly accomplished local professional artists. During the 'Pigs in the Park' exhibit, the public will be treated to a free cake and ice cream pig-out. The event is sponsored by LaValley and Middleton Building Supply, and supported by Profile Bank, Alton, and is a fundraiser for Meals on Wheels and the Alton Community Senior Center. For info, contact Duane Hammond at 569-3745.

Artful Noise String Quartet performing Aug. 28

NEW DURHAM — The Boodey House Committee is pleased to be hosting "Artful Noise String Quartet" for its' annual Music on the Ridge Series, Sunday Aug. 28, beginning at 2

Established in 1997, the Artful Noise String Quartet is a highly experienced professional ensemble that provides for entertainment all around New England.

Members are Gary Hodges, cello; Lynne White McMahon, violin; Melissa Waterhouse, violin; and Sally Wituszynski, viola.

Performance will be in the historic First Free Will Baptist Church, on Ridge Road in New Durham.

There is a suggested donation, children under 10 are free. Light refreshments will be served during intermis-

The committee wishes to express its sincerest appreciation for being granted the use of this historic setting for this annual event.

All proceeds benefit the Zechariah Boodey House and Barn Reconstruction Project.

For additional information, please contact Catherine Orlowicz, committee Chair, at 859-

Field trips, yard sale on deck in Barnstead

NEW DURHAM — New Durham Parks and Recreation is hosting two Friday field trips for the last weeks of summer vacation.

On Friday, Aug. 26, participants will visit Dover Bowl in Dover to participate in a round of bowling, game of laser tag, bumper cars and time in the arcade. Trip leaves at 9:30 a.m.

On Friday, Sept. 2, participants will end the summer enjoying Whale's Tale Water Park in Lincoln. The fun will include time at the pools, water slides, lazy river and more. Trip leaves at 9:30 a.m.

All Friday field trips

are open to the public and all ages are invited to attend. Children under 13 must have a chaperone over 18 with them. Youth ages 13 and above may attend the trip on their own with parental permission. Additional details can be found on the registration form at bitly.com/ NDParksandRec or by contacting Nichole at ndrec@metrocast.net or 859-5666

New Durham town wide yard sale

Since the June event was a success and participants have asked about another event, Parks and Recreation is hosting an "end of season" town-wide yard sale on Labor Day weekend (Sept. 3, 4, 5). Yard sale runs 8 a.m.-2 p.m. though participants can choose to open earlier or stay open later.

Residents or businesses can participate on just Saturday, Saturday and Sunday or all three days. It is free to participate and be put on the map. Simply contact Nichole at ndrec@ metrocast.net or 859-5666 or fill out the online survey to be added at bitly.com/2b2nnHi. A map of all registered locations will be available to the public the week before the event.

Hop aboard Village Players Theater for Airplane this weekend

Actress Lee Bryant will also be on hand to answer questions

everyone as the next movie in the Village Players movie series takes to the big screen this coming weekend. And there will a special personal touch added to the showings.

Airplane will touch down at the Village Players Theater on Fri-

addition, actress Lee Bryant, who played Mrs. Hammen in the film, will be on hand at both showings to do a question and answer session.

The quintessential spoof of an airplane disaster film, Airplane brings plenty of mem-

dumped by his longtime girlfriend Elaine Dickinson (Julie Hagerty), who works as a stewardess at Trans American Airlines. In his wish to get her back, he follows her aboard the plane, although he has had a deep aversion against anything winged since he lost several men in

— day, Aug. 19, and Satur- orable quotes and mo- the war. During flight, ties. the crew and many passengers get seriously ill due to a bad fish meal, he has no chance to get to her. In fact, Ted seems to be the only healthy person aboard that has piloting experience. Now, it is up to him to get the bird down in Chicago safely, before the poisoning starts causing casual-

actors, including Leslie Nielsen as Dr. Rumack, Peter Graves as Captain Clarence Oveur, Lloyd Bridges as Steve McCroskey, Stack as Captain Rex Kramer, Barbara Billingsley as Jive Lady, Lorna Patterson as Randy and Jonathan Banks as Gunderson, among others.

There will "surely" day, Aug. 20, with both ments. Ted Striker he tries to contact her The cast includes a and is an hour and a be plenty of laughs for showings at 8 p.m. In (Robert Hays) just got again and again, but as number of well-known half in length. As always, tickets to the Village Players movies are one low price and they can be purchased at the door the night of the showings. Additionally, concessions are available for purchase.

> Airplane will be on the screen on Friday, Aug. 19, and Saturday, Aug. 20, at 8 p.m. each night.

Bark for Life in New Durham Sept. 25

NEW DURHAM — The first Bark For Life of Strafford County is scheduled for Sunday, Sept. 25, at the New Durham Ballfields on Smitty's Way. Bark For Life is a non-competitive walk event for dogs and their owners to raise funds and awareness for the American Cancer Society's fight against

By supporting Bark For Life, you help the American Cancer Society save lives, and that helps them move closer to the ultimate goal of a world with less cancer and more birthdays.

So bring your best canine friend and join in for a fun-filled morning including face painting, demonstrations, and a walk. For more information or to register, relayforlife.org/ barkstraffordcountynh or contact tara.dickey@ cancer.org.

Meetinghouse, Merrymeeting Daylilies team up for fundraiser

NEW DURHAM — The 1772 Meetinghouse Restoration Committee is holding a fundraiser through August in conjunction with Merrymeeting Daylilies. Pick up a certificate from committee chairperson Cathy Allyn or at Merfor a daylily division of approximately three to four fans for only \$10.

The gardens are located at 80 Tash Road and are open Thursdays through Sundays. Please call 397-7105 before arriving to pick up.



School is coming

Alton Central School's full staff and faculty will be hearing from keynote speaker Chief Ryan Heath of the Alton Police Department on Wednesday, Aug. 24, the first of two days' workshop sessions preparing for students' arrival Monday, Aug. 29. Pictured here, Denise Perry (left), ACS' Curriculum Director and Jennifer Katz-Borrin, Director of Special Education, help finalize the agenda for the workshops. Be aware of increased traffic when school starts. Safety, health and wellness are on the agendas for many workshops and round table discussions this year. Here's a reminder of Molly Connelly's (recognized social worker and presenter in NH) information evening is tonight, Aug. 18, 6-8 p.m., at the Pearson Road Community Center, to help parents with some of those topics also.

New Durham Historical Society takes trip through Greece

BY TOM HAGGERTY

Contributing Writer

NEW DURHAM — Last Thursday evening, toward the close of the, at that point, hottest day of the summer, members and friends of the New Durham Historical Society, aided by the comfort of the New Durham Public Library's air conditioning, were transported on a refreshing tour of Greece, conducted by Society Treasurer and avid traveler Marjorie Mohr. The professional quality slide presentation, with accompanying Greek music, provided a whirlwind trip through the Hellenic mainland captured in photographs of historic sites, street scenes and studies of museum artifacts by Mohr and her twin sister Marilyn during their visit in September 2015. Along the way, scenes of elegant hotel interiors and cooling poolsides added to the enjoyment.

"It was a spectacular trip," Mohr began, "and it was especially interesting that at every historic site there was a fascinating museum to enrich the experience." Mohr and her sister were accompanied by Marilyn's husband, Joe, and his sister, Barbara Stevens. "Our tour was nine days on the mainland and a fourday cruise around the islands, touching Crete and the coast of Turkey," Mohr related. "We used Trafalgar Tours, a British organization with whom I had traveled three times elsewhere before, but this was the best tour yet. There were about 40-45 of us, and what pleased me most was that it was a truly international group of travelers."

Mohr was surprised by the relatively small area of the country. "about the size of Alabama," and that it is very rural, with the Athens area the only one with a really urban feel. Three-quarters of the land is mountainous. "It's very hot," she remarked, but mindful of the day just concluding, "not as hot as here and not as humid. We were fortunate that every day of our stay was clear," which was apparent in the blue skies and bright sunlight in the montage of views that was to fol-

Effortlessly, and without the exertion that often accompanied scaling the heights of the many monuments Mohr's party visited, the audience was first given a tour of the legendary constructions of antiquity and their more modern counterparts in the capital city. Beginning with the color guard at the entrance to the Acropolis. without the actual 145step climb required to reach the summit, viewers saw the Parthenon, the Temple of Hephaestus, the Erectheion, the Temple of Athena Nike, the Theatre of Dionysus, Hadrian's Arch, and the Temple of Zeus, as well as details of the three types of columns supporting these structures. More modern locations visited were the "Modern" Olympic Stadium of the revived games of 1896, the sprawling Parliament Building with the Tomb of the Unknown in front, the Athens Academy and Library, the Onassis Foundation Cultural Center, and a sumptuous Orthodox church. Interspersed were scenes of taverna meals. Greek dancing, and the unorthodox method of parking in the city.

The tour then led to Cape Sounion, ancient fortress for Athens, the Temple of Poseidon, the precipitous Corinth Canal (bungy jumping from the bridge spanning it is a tourist attraction, but was not indulged in by Mohr's party), and on to Ancient Corinth and the Temple of Apollo. Further views included Epidaurus and its amphitheatre and Nafplion, where the Baurdzi Fortress features a formidable lion carved into the rock. At Mycenae, the site of the Palace of King Atreus, an equally imposing Lion's Gate stood guard. The king's cavernous beehive tomb, Mohr observed, is known as the "Treasury of Atreus, which seems a common name for burial sites."

From there, travel continued across the Arcadia Mountains to Olympus and visits to both an olive and a pomegranate farm. Excavation continues at the Sanctuary of Olympia and at the Palaestra, where the wrestlers and boxers trained. The

bers will add their voic-

es to this non-denom-

inational service. The

officers of the EAMHS

site of the lighting of the Olympic flame and of the games themselves is ringed by grassy knolls, from which spectators of those first games viewed the contests. Crossing from Olympia to Patras and then across the Peloponnese region to the mainland, the tour followed what Mohr described as "a winding road to the ruins of ancient Delphi." It was here that Mohr was able to get the requisite shot of her holding a copy of The Baysider, near the Temple of Apollo and the Treasury of the Athenians. Then, once through the Pass of Thermopylae, the group entered the fertile region of Thessaly, famed for its olive groves and cotton fields, to the city of Kalambaka and the huge rocks of Meteora, upon which are located Orthodox monasteries. "They can be reached by cable car," said Mohr, "but it is still 200 steps to get to the monasteries themselves."

In concluding her presentation, Mohr acknowledged that they were able to get to these sites before they were crowded by starting early in the day. "Our guides were great at getting us to our destinations early and before the heat of the day." Her accompanying slide tour of their cruise was promised for another meeting. "We were there during the third week of September, but I remember that when we docked at Santorini, it was wall-

to-wall people." Mohr was most pleasantly surprised by the fact that signs throughout the country are in both Greek and English. "It was really helpful and made visits, particularly to the museums, more meaningful. We were fortunate to have wonderful guides to help us explore these amazing centuries of history."

When asked about the quality of her pictorial and musical presentation, Mohr explained that she was for many vears a media specialist at Alton Central School and had developed her skills there. "Actually, my sister, Marilyn, has a great camera, and we combined her pictures and mine," adding, "Well, mine aren't too bad, either, and I have a really good computer program."

President of the New Durham Historical Society, Catherine Orlowicz, called Mohr "a real treasure. When, years ago, we used to do Christmas old house tours, Marjorie would give each participant a visual record of their decorated home. She made some lovely remembrances, and we certainly enjoyed her sharing her Greek excursion with us tonight."

Earlier in the evening, at the Society's business meeting, Orlowicz showed stemless wine glasses engraved with the Society's new logo, which are being sold as a fundraiser for the organization in a limited edition of one hundred. More information about prices and availability of the glasses, as well as meetings, membership, and events can be obtained from www.newdurhamhistory.org.

East Alton Meeting House annual meeting is Saturday

ALTON — All are welcome to the East Alton Meeting House at Gilmans Corner in East Alton on Saturday, Aug. 20, for the annual potluck supper at 6 p.m., followed by the business meeting, election of officers and a silent auction. Bring a main dish, a salad or a desert as well as your own silverware and plates. Drinks will be provided. Come early at 5:30 p.m. to bid on the 20+/- silent auction items. Among

the items to be auctioned will be the landscape painting by former East Alton resident George F. Wing that has hung on the back wall of the East Alton Meeting House. This oil painting deserves to be treasured and preserved in a climate-controlled environment. The empire chaise sofa will also be auctioned to make room for a more time appropriate deacons bench.

The current officers

that the exterior painting of the south and west exterior wall was completed in the past year with \$5,018 raised from community donations to the annual fund. Raising funds for the interior painting of the ceilings has been identified as the goal the annual fundraising this year. The David Lawrence Endowment fund that was started in 2013 with a memorial donation in honor are pleased to report of Warren Bodwell has now grown to \$31,494 for the long-term care of the building. One wedding ceremony was held at the EAMH this summer. Call Mark Northridge at 875-5255 to schedule your wedding, christening, or special celebration of life ceremony.

per service' on Sunday evening, Aug. 21, at 7 p.m. that will be conducted by Reverend Sam Hollow from the Alton Community

There will be a 'ves-Church. Choir meminvite friends, neighbors and visitors to attend this special service in the historic 200-year old East Alton Meeting House. When you step into this well-maintained building you will experience a 'moment in time' that has been treasured and preserved thanks to the gifts of neighbors and volunteers.

Year Rounders begin bowling Sept. 8

BARNSTEAD — The Year Rounders are a group of men and women who for the last 27 years have been bowling

once a week on Thurs-

days at 11:30 a.m.

They bowl three strings of candlepin bowling at Boutwell's Bowling Center in Concord starting on Sept.

8 and continuing until early May.

This is friendly non-serious competition with people who enjoy bowling and sharing good times with friends. At the end of the bowling season a banquet is held with music provid-

If interested, please

contact Peter Rothwell at 776-1483.

Come join the league and enjoy the friendships as much as the bowling.

Health and wellness fair is Sept. 24

BARNSTEAD — The Barnstead Farmers Market is sponsoring a health and wellness fair on Sept. 24. The Sanctuarv Bodyworks and Sauna of Pittsfield will be offering information on

"how to strengthen the immune system before the flu season." Organizers are still seeking vendors for this event and encourage all health and wellness providers to apply. For an application Market (BACFM) was

and/or more information, please contact volunteer market manager Lori Mahar at lorimahar@tds.net or 269-2329. The Barnstead Area Community Farmers'

venue for local area agricultural business to expand their consumer base and also to provide the local and surrounding area communities to have a one-stop shop-

developed to provide a ping place for their consumables. This market also supports local artisans, non-profit organizations and craftsman. The market is located off Route 28 on Maple Street in Barnstead.

Nighthawk Hollow Seniors meet at Lower Suncook Lake

BARNSTEAD-Members and four guests of the Nighthawk Hollow Seniors met at the cottage of President Chris-

3 on Lower Suncook Lake and enjoyed picnic lunches.

The weather was per- blazoned on its side,

guests enjoyed watching a pontoon boat with "Milfoil Control" em-

tine Sanborn on Aug. fect and members and and the divers hard at Sept. 7 meeting at noon. work removing milfoil.

Sanborn invited members to meet there once again for their

For directions to the meeting place, call 875-

Eastern Lakes Region Housing Coalition hosts chrysanthemum sale

WOLFEBORO – Just in time for fall planting, the Eastern Lakes Region Housing Coalition is hosting its annual Chrysanthemum Sale.

The New Hampshire-grown chrysanthemums are available in three shades this year - burgundy/red, orange/ bronze and yellow/gold. Grown in New Hampshire at D.S. Cole Growers, the plants come in 8½-inch pots. For an additional contribution per household, coalition volunteers will delivery plants to any residence or business in Wolfeboro or Tuftonboro.

Advance orders with a cash or check payment are required – download an order form from the elrhc.org web site or the Facebook page, pick one up at the WEDCO office at 7 Center St., downstairs from Citizens Bank, or cut out the coupon that appeared in the Aug. 11 edition of the Granite State News, Carroll County Independent and The Baysider. Flower pickup will take place at the parking lot at All Saints' Church, 258 South Main St., Wolfeboro, from 9 a.m. to 1 p.m. on Saturday, Aug. 27.

Payment by check, cash or money order is due at time of order. Order forms with payment

03894-0641. All proceeds from the

can be mailed to EL-RHC, c/o WEDCO, P.O. Box 641, Wolfeboro, NH

mum sales benefit the free, community education programs on affordable housing topics. The Eastern Lake Region Housing Coalition serves the towns of Alton, Brookfield, Effingham, Farmington, Freedom, Middleton, Milton, Moultonborough, New Durham, Ossipee, Sandwich, Tamworth, Tuftonboro, Wakefield and Wolfeboro.

For more information, contact Program Director Larissa Mulkern at 522-7150.

GUITARS

(continued from Page A1)
tradition with a rich his-

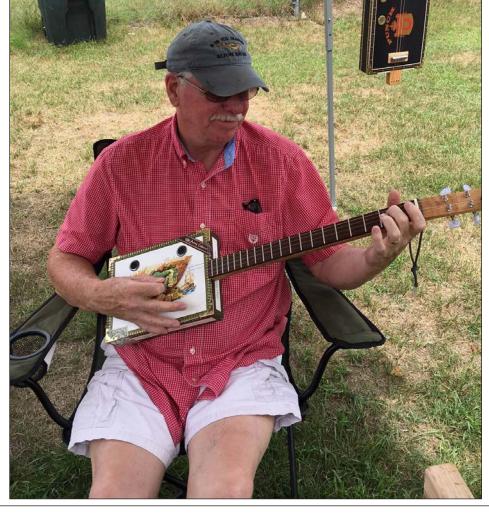
He said the cigar box guitar craftsmanship to the 1840s, a time when cigar shipping containers transitioned from barrels and crates to smaller haves that might

ers transitioned from barrels and crates to smaller boxes that might be recognizable to modern eyes. He said cigar box

instruments kept time-tested musical traditions alive among less prosperous Americans.

"That's the Delta blues and Appalachian country music," Roberge said, noting that many musicians were too poor

MARK FOYNES (Right) Cigar box luthier Don Roberge of Alton demonstrated the versatility of his instruments' versatility and tonality at the recent Celebrate New Durham Day, where he invited attendees to play several instruments he's made over the past year.



to afford a Martin guitar or other expensive instruments.

He added, "They scrounged around to use what they had and were really innovative."

"Being part of a tradition that has such a heritage is really a good feeling for me," Roberge continued.

Recalling some of his research on similar instruments, he reckoned, "The first slide guitars were probably little more than a wire stretched from one end of a broom to the other and played with a bottleneck."

Roberge said that these instruments are an integral part of America's rich musical heritage, encompassing genres including the blues, country and rock 'n' roll.

"It's really quite a tra-

dition," Roberge said.
"It's an instrument of the common man that made music that endures."

Some of America's most renowned guitarists began by playing homemade guitars.

Jimi Hendrix is said to have first played a cigar box guitar. According to "Guitar: An American Life," "Eightyear-old James Marshall Hendrix wanted so much to play the guitar to set his poems to music that he used a broom to strum out the rhythms in his head until he crafted a cigar box into his own guitar," strung with rubber bands. (The left-handed Hendrix later famously played a right-handed Stratocaster - upside-down - a testament to his ability to adapt his musicality to what was available).

Legendary blues guitarist Lightnin' Hopkins recalled in an oral history, "So I went ahead and made me a guitar. I got me a cigar box, I cut me a round hole in the middle of it, take me a little piece of plank, nailed it onto that cigar box, and I got me some screen wire and I made me a bridge back there and raised it up high enough that it would sound inside that little box, and got me a tune out of it. I kept my tune and I played from then on."

The cigar box guitar knew no racial boundaries. Country legend and "Hee-Haw" host Roy Clark learned to play on one, as did rockabilly legend Carl Perkins.

To be sure, the cigar box guitar is steeped in history, but Roberge believes its renaissance is part of a revival a that can be attributed to the rise of Pinterest and a growing DIY culture.

"There's tremendous interest in making something new from something old." he noted.

The result is the flourishing of a group of post-modern luthiers who find inspiration in the folk culture of past generations. Roberge brings this movement to Alton.

While traditional luthiers fawn over resonant woods such as Sitka spruce, rosewood and hard maple, Roberge and other cigar box enthusiasts remark that a body as simple as a sturdy repurposed box can create

a stellar sound.

"It's not going to sound like a \$2,000 Martin guitar, but the sound recalls a unique kind of feel that's authentic and transports you back to the roots of our music," he said. Roberge added that each instrument has a unique sound. He uses terms like "warm" and "round" to describe their tonality.

Since making his first instrument, Roberge said he's improved the playability of his guitars. Roberge attributes their improved quality to his increased skill in setting frets along the fretboard. He describes this as perhaps the most challenging aspect of his craft.

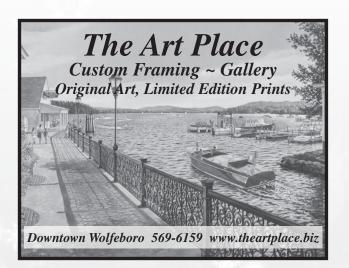
Frets that are set too high will chafe against the vibrating strings and create an ear-grating buzz. But if they're set too low, the guitar player will have to press on the strings extra hard to get them to resonate. This

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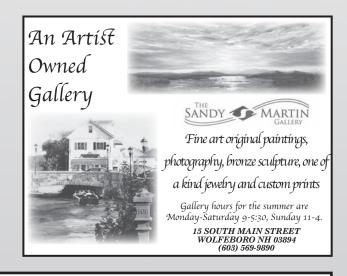


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SEE GUITARS, PAGE A13

GUITARS

(continued from Page A12)

slows down playing and leads to fatigue and compromises tonality.

"Achieving the right balance is very important," Roberge said. "Getting this right has been very gratifying, personally."

The strings, bridges, and tuning hardware are stock that he sources from his Rochester supplier. But the rest is Roberge's own craftsmanship.

He said his most common wood he uses for guitar necks is oak, but that he enjoys the look of walnut, which he describes as a "beautiful dark wood" that makes a "beautiful contrast to the other materials."

Roberge said he has several go-to templates he uses to make the instruments. But, he added, "I really enjoy doing custom work - talking with the customer to make what they really want and making it a reality."

To this end, he de-

scribed his approach to meeting clients' interests as "flexible."

While Roberge will make a six-stringed guitar on request, he said he is more in line with the tradition of making fouror three-stringed instruments.

He prefers to keep them tuned to an open G-chord, which is a versatile tuning, which allows for easy chord formation. But, he added, strings can be tuned to any variety.

Roberge said his instruments cost an average of \$145 retail, though they range between \$120 to \$175, depending on the materials used and the time he devotes to each. He sells them directly at farm stands and craft fairs and also has them on consignment at local retailers including Moore Farm and Alton's Winnipesaukee Cigar

Roberge thinks he knows who his target market is.

"Most of my customers are buying the instruments as gifts," he observed. "Sometimes it's for a birthday, and Christmas was big last year," Roberge recalled.

"People do buy them for themselves, but a big part of my customers are looking for something unique to give to someone special in their lives."

While Roberge has a set of templates he works from, he said he truly relishes the chance to custom-build instruments that match the interests and tastes of individual clients.

To this end, he's made pie plate banjos, a bass guitar out of a rare Arturo Fuente box, and a resophonic guitar out of gallon can for auto fluid.

"Every customer is different - and so every instrument is different," Roberge said. "Having the chance to customize really gives me the chance to make the just the right guitar for the

eral information, two

harassment, one tres-

pass, one sex offender

registration, one crim-

inal threatening, one

civil standby, two busi-

ness property checks,

one civil matter, four

wellness checks, one

criminal mischief, one

dispute, one drug de-

struction, 39 directed

patrols, one 911 hang-

up, three medical assist,

39 property checks and



A variety of the folk-style instruments Alton's Don Roberge has made in the past year. His repertoire of instrument types is growing, and he welcomes opportunities to build instruments customized to clients' tastes and specifications.

right person."

Roberge said he's yet to make a ukulele but anticipates making one soon, given the its recent surge in popularity.

His instruments are mostly acoustic, but he said he's added electric pickups, which allow players to plug into amplifiers. "It's an easy addition," he noted.

Looking forward, Roberge said he hopes to build his business to help nascent musicians discover their inner creativity - and help estabnew creative outlets.

"The cigar box guitar offers lots of opportunities," he said. "I'm just

glad to be part of how people can find new ways to express themselves."

ALTON POLICE LOG

ALTON — The Alton Police Department responded to 201 calls for service during the week of Aug. 7-13, including eight arrests.

One male subject was arrested on a warrant.

One female subject was taken into protective custody for alcoholism.

One male subject was taken into protective custody of intoxicated person.

One male subject was arrested for reckless operation.

One male subject was arrested for suspended registration and driving after revocation or suspension.

There were three moarrests.

There was one motor vehicle accident.

There was one break hazard reports, one gen-

in reported on Main Street. There were two sus-

picious person/activity reports at Alton Circle Grocery.

Police made 59 motor vehicle stops and handled six motor vehicle complaint-incidents.

There were 131 other calls for services that consisted of the following: Three assist fire department, one fraudulent action, one fingerprinting, two assist other agencies, one intoxicated subject, four pistol permit applications, four animal complaints, four general assistance, one miscellaneous, one wanted person/fugitive, three tor vehicle summons alarm activations, one noise complaint, three lost/found properties, two highway/roadway



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ALTON

(continued from Page A1)

learned "there's always something to do with a wooden boat."

Water sports enthusiast Norman Nadeau, in Alton from Lowell, Mass. to enjoy inspecting antique boats and other Old Home Week activities, was ready to take a spin on his friend's boat.

Asked for a comment about Old Home Week, he replied, "The people here are fantastic."

The juried craft fair was a hit with his wife. "The vendors had interesting stuff," he noted. "She bought several things."

Always a draw, the craft fair this year featured jewelry, wooden crafts, hand-sewn items, pottery, kids' clothing, maple syrup, baskets, dog treats and quilts. This year you could also purchase a variety of items such as jewelry made from duct tape and gourd Christmas ornaments and birdhouses painted to look like animals.

The aromas from skin care products and food made for a heady experience.

The Alton Business Association's (ABA) old-fashioned hometown parade boasted approximately 25 floats.

"We're grateful people have turned out," said ABA member Kelly Sullivan. "And we're grateful we're not baking in the sun."

Alton's Post 72 of the American Legion marched, and the Gilman Library's float, Freedom to Read, had costumes and a message

to share. According to the sign, the proudly displayed Hero Tree honors "those who protect our freedom

to read." Gold ribbons tied to its branches bear the names of military personnel killed in action; green, those on active duty, and red, veterans.

Library Trustee Chairperson John Posas said, "We're asking the

public to come in to add a ribbon to the tree." The library supplies the ribbons.

The Prospect Mountain High School robotics team and supporters were out in force, clad in their orange "Bob" t-shirts. The team is a back-to-back world champion qualifier and is always a presence during Old Home Week.

Bringing smiles to the faces of the crowd was the Rand Hillbillies' float, an amazingly accurate reproduction of the Beverly Hillbillies, complete with Granny on top of the truck and mountain folk forming a make-shift band on the trailer.

"This is all Roger's idea," said hillbilly Cindy Johnston, referring to Roger Sample, chairperson of the Old Home Week Committee. The idea took flight after Sample's purchase of a 1931 Model A.

"We've been planning this since June," Johnston said.

All hailing from Rand Hill, the actors included Sample, Johnston, Jason Schopper, Lucy Schopper, Sean Sylvester, Phil Beaudron, Gary Nickerson and Buck Lombard, and it wasn't hard to convince them to do it.

"Most of this float came from my house," said antique collector Lombard, gesturing to a battered fire extinguisher, a deer's head, underwear, and a sign for two dollar moonshine.

"That's the going rate," joked Sample.

The attention to detail by the dentally and sartorially challenged hillbillies was impressive. They played traditional Appalachian instruments, including a washboard, accordion, tambourine, frying pan,

played together before,

"but we're all musical." Fortunately, several floats separated them from a four-piece band brought in to provide music for the parade.

The Alton Fire Department held forth with its 1917 antique fire truck and seven other department vehicles. Antique cars, the Alton Garden Club, the Community Church, as well as several politicians and local businesses also took part.

Old Home Week activities continue the rest of this week, providing timeless fun for all.

As one bystander supporting the parade said, "I used to come to the Barbershoppers. We've been gone for 21 years and just came back. It's great to see it all happening again."



RELATIVES and neighbors from Rand Hill wowed the crowd with their fanciful float at Alton's Old Home Week Parade.

CHIEF

(continued from Page A1)

said that Jones stepped forward and immediately went to work on filling empty positions on the force and rebuilding morale. He has worked closely with the existing staff to support and coach them, and has successfully recruited two new officers to the department. The word has started to get around the police community and three officers from other towns have contacted Officer Jones with interest in working in Barnstead.

Jones thanked the board of selectmen for all the support they had given him during his tenure as Officer in Charge, and in his efforts to rebuild the department.

Tiede gave the oath of office to Poirier and then introduced him to the crowd as the new Barnstead Chief of Police. She gave the office badge to Poirier's wife, who pinned it on her husband's shirt.

Chief Poirier then spoke to the community. He said he was 100 Johnston pointed out percent dedicated to at the group had never—taking the police department forward in its job to serve and protect the residents of Barnstead. He said he believed strongly in the respon-

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sibility of the chief and entire staff to be open and transparent and to become involved and visible in the community. He promised to set a high standard of honesty and integrity for himself and the entire force, and to hold the members of the staff accountable for "always taking the high road."

He told the officers that in the hiring process, members of the board of selectmen had promised that they would think of themselves as a full part of the police team. He promised the residents of Barnstead that he planned to continue his professional goal of "always coming out on top," as he has done in his previous 30 years of

Chief Poirier had invited 10-15 of his professional colleagues as well as his extended family to attend the ceremony. He introduced them all, including chiefs from several other towns, and officers of the State Police and New Hampshire police leadership. He thanked all of them for being mentors and colleagues and warned them he would be calling them for support and expertise. He promised the board of selectmen that they should not worry about receiving any bills for their consultations.



DAVID ALLEN

PAUL POIRIER is sworn in as Barnstead Chief of Police by Selectman Chairman Priscilla Tiede.

In a brief interview after the ceremony, he said he was drawn to work in Barnstead for several reasons. He has known Jones for many years and is happy to work with him on the force and step in after Jones has worked for several months to build up the department. It is a young department and he loves opportunity and challenge of working to help them grow in their skills and attitudes as police officers and mold

them into a top notch team. He also likes the opportunity to work in a small town with a strong sense of community, and he was impressed with his meetings with the board of selectmen.

Poirier most recently served with the New Hampshire Liquor Commission. His references also told Tiede that he has a history of integrity, dedication, leadership skills and a strong work ethic in all his previous work.

Project Backpack back in swing in Alton

ALTON – Alton's Project Backpack, now an annual event, is in full swing. The Alton PTSA, along with the generous help of the folks from

the Gilman Library and Profile Bank, is asking for the community's help in gathering new backpacks, lunch boxes or totes and water bottles to help families and students in Alton struggling with the burden of back to school expenses. Supply lists are on the Learning Tree at the li-

brary. The drop-off bin is, once again, at Profile Bank. It is requested that all donations be dropped off at Profile Bank by Sept. 5. Can't get to the library? You can still help out. The stores are full of wonderful price leaders these days. Water bottles and lunch boxes are always great and though the school is supplying the students with necessary pencils and notebooks this year,

any back to school items donated will be used. If you are not a shopper, consider a donation to ACS PTSA c/o Project Backpack, PO Box 910, Alton, NH 03809. Organizers offer a heartfelt thanks, in advance, to those who will contribute to Project Backpack. Everyone remembers those first days of school and how exciting it was to have a new back pack. Donations to the annual drive mean so much to the parents and students who are feeling the stress of the current economy. Any questions, call Kelly

Sullivan at 875-2725.



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NORTH COUNTRY NOTEBOOK



"When the water's low, the rocks stand out like hay bales," Corey Roman liked to say when he was steering his boat around invisible boulders in the fast and furious Menihek Rapids, in central Labrador. For 13 years a bunch of us from northern New Hampshire and Vermont went up to fish at Menihek, around a thousand miles north of my home in Jefferson.

I was reminded of this when I took the slower way home from Lebanon a week or so ago, and along the Wild Ammonoosuc between Lisbon and Littleton saw rocks sticking up like hay bales.

The water is low in the Ammonoosuc and other free-flowing rivers, evidence of a long spate of dry weather that gardeners know about all too well. In my case, this is only the second time I've had to water my garden in all the years I've had one, and as I approach 70, that's saying something.

Most of the time, along the northern tier of New England, the ground is pretty well saturated and the water tables, either perched or under valley floors, are pretty well full, evinced by the thousands of springs and seeps created by rainwater that follows layers of clay and fine silt to emerge on the sides of ridges and hills.

Not for nothing are the vast expanses of woodlands here wryly referred to as "The Asbestos Forest," because under normal conditions it would be pretty difficult to get a good forest

WASTE

JOHN HARRIGAN

WATER IS LOW IN THE WILD AMMONOOSUC, where rocks stand out like bales of hay.

fire going. I used to kid Jack Sargent, longtime chief of the state Forest Fire Service, about always seeming to have a convenient forest fire of 20 acres or so to battle just before budget time.

And under normal conditions, the ground is so full of water that every drop of rain, I'm fond of saying, is on its way to Long Island Sound as fast as it can caper.

This is not the case now, and the land is like a dry sponge. We need not the fast and hard thunder storms we've been getting, but instead four or five days of slow, soaking rain. The more northern parts of northern New England have more water than their

(continued from Page A9) Grouping containers in

cardboard boxes will assist in shortening the unloading time. Oil-based paint is collected. Latex paint is not a hazardous waste and not collected.

LRHHPF green flyers are available at the solid waste facilities with details about which hazardous products are accepted: items include automotive fluids, pesticides, herbicides, cleaners, poisons, etc.

Prior to the collection day, visit your home-

town solid waste facility to get a numbered business card pass (not a dump sticker) which will have the member town name (Alton, Tuftonboro, or Wolfeboro) and the current year. There is no charge for the pass which is good for up to 10 gallons counting the cans (not the ounces left inside). This speeds up your time in line at the event.

Got questions? Call Sarah Silk, site coordinator, at 651-7530.

southern neighbors, but and that power has to they're not flush.

There are two rivers that are running fairly full, however---the Connecticut and the Androscoggin. Both have enormous upriver lakes and tributaries that serve as storage batteries.

The dams on the headwaters are releasing a lot of that water just now, because there are power dams and turbines downriver, and in the cities they're all running air conditioners,

come from somewhere, and you can bet that the price is right.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)



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Alton Garden Club meets Aug. 23

ALTON – As summer comes to a down swing. the Alton Garden Club is offering a light and enjoyable program for its August meeting.

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Street, Alton, at 1:30 lovers need this uplift The program will be the much-loved "Flower Design" presentation by Studley's Greenhouse and Nursery of Rochester. This is always creative and inspiring and garden

Dr. Lizer received her MD and MPH from Tulane University. She completed her

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after practicing in Ohio and Louisiana.

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welcomed by their members. Refreshments will be served and they will discuss the September field trip coming up so don't miss it. No life is without difficulties, no garden without weeds (C.L. Forman).



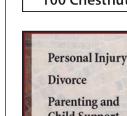








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SPORTS

THURSDAY, AUGUST 18, 2016 THE BAYSIDER **SECTION B, PAGE 1**

Weight room improvements a boon for Knight athletes

BY JOSHUA SPAULDING Sports Editor

WOLFEBORO

When Kingswood Athletics Director Aaron House saw the weight room at his new school for the first time, he knew there was potential.

With plenty of space, he knew building a quality place for athletes to train could be achieved, it was just a matter of focusing on the equipment that was needed.

When it first opened, the room included just one bench set, right in the middle and often times kids would be hanging around, waiting their turn. The majority of the other machines in the room weren't exactly conducive to team training, though they were great for rehabilitation

and for gym class use. Additionally, most of the machines in the room were purchased with an Americans with Disabilities Act grant, so it was important that they remain in place while also making room for improved training equipment for athletes.

And late last school year, House saw his plans come to fruition with the purchase and installation of six bench sets, which now sit in the middle of the school's weight room, allowing many athletes to be working at once.

And with the hiring of a new strength and conditioning coach, Kingswood athletes will be getting the most out of the equipment once the school year gets rolling.



JOSHUA SPAULDING

SIX NEW RACK SYSTEMS are now located in the middle of the Kingswood weight room, giving athletes more options for strength and conditioning.

House's makeover of the

The first stage in weight room was the purchase of the cages. With benches (adorned with also be set up with oththe Kingswood logo), er attachments. There's also bars for athletes to do dips.

Barnstead race is Saturday morning

BARNSTEAD — The Barnstead Firefighters Association is pleased to announce its 5th annual 5K Road Race and Fun Walk to start at the Barnstead Parade grounds on Aug. 20 at 9 a.m.

and back" that follows the Suncook River from the Parade to the intersection with Route 126 and then returns to the Parade along the same route for the finish. The

tified for accuracy and is considered flat and fast. Refreshments will follow the race along with a fun race for the kids.

Registration forms are available at www.

The course is an "out race course is USATF cer- bfr06.com, by e-mailing bfa5kroadrace@gmail. com or by calling 312-5648. Online registration is also available at www. running4free.com. Race day registration is also available.

the entire system cost approximately \$21,000. In addition to providing space for work with weights, each cage has a couple of chin up bars and there are also sections set up with Olympic rings. Those sections can

"We went from one cage and one Smith unit (another large weight system) and kids standing in line to now we have those two, plus six,

SEE KINGSWOOD, PAGE B3





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Wolfeboro Swim Team takes third at state championships

BY JOSHUA SPAULDING

Sports Editor

MANCHESTER The Wolfeboro Swim Team finished third overall in Division Three at the Granite State Swim Association championships, held the last weekend in July in Manchester.

Wolfeboro finished with 1,561 points, with Milford winning the division with 1,973.5 points and Jaffrey-Rindge finishing second with 1,624 points.

Brenten Randall captured the state championships in the 100 Breast for the 15-16 age group, finishing in 1:30.

Randall also teamed with Lachlan Plache, Cam Stinchfield and John Paluszek to win the division championship in the 200 Medley relay for the 15-19 age group in

The quartet also won the 15-19 age group 200 Free relay in a time of 2:01.

Paluszek also won a division title, finishing first in the 17-19 age group for the 100 Free in 1:05. Plache finished in fourth place in 1:07.

Paluszek added another title in the 100 Fly in the same age group with a time of 1:17.

Stinchfield picked up a championship in the 15-16 age group for the 100 Fly, finishing in 1:14.

Stinchfield also added a title in the 100 Back for the same age group in 1:17.

In the 200 IM for the same age group, Stinchfield notched the championship with a time of

Plache added a championship in the 17-19 age group for the 100 Back, finishing in 1:13.

Talia Willscher swam to the division title in the 50 Back for the 9-10 age



THE 11 and older swimmers pose for a photo at the Granite State championships.

group in a time of 42.28, with teammate Katherine Viands in 13th in 59.69 and Alexandra Shiffler in 16th in 1:00.

In the 200 IM for the 13-14 girls, Sarah Bellefleur took home second place in 2:59 while in the same event for the 15-16 girls, Hannah Crooks swam to fourth place in

For the boys in the 13-14 age group in the same event, Peyton Ralph was fourth overall in a time of 3:31.

In the 200 Free, Alexandra Paluszek was fourth for the 13-14 girls in 2:43 while for the 15-16 girls, Sophie Chretien swam to second in 2:49, with Essence Bourque in fifth in 3:05.

Marcella DeNitto took seventh in the 50 Free for the 11-12 age group in 43.66, while Paluszek was third for the 13-14 girls in the same event in 33.21. followed by Madeline Ward in fifth in 35.94, Maggie Kirwan in ninth

MARIA FOUND - COURTESY PHOTO

ESSENCE BOURQUE swims to fourth in the 100 Backstroke.

fourth in 53.71, Stephen

Ralph was fifth in 1:02

and Schultz was seventh

In the 100 Breast for

the 15-16 girls, Found was

third in 1:33 and Chre-

tien finished in fourth in

1:35. For the 13-14 boys,

Peyton Ralph was fourth

Stinchfield, Ward, Belle-

fleur and Alexandra Pa-

luszek finished second

in the 13-14 200 medley

relay in 2:45, while the

team of Abigail Flem-

ing, DeNitto, Murray

and Kirwan was sixth in

3:11. The team of Crooks,

Chretien, Bourque and

Found was fourth in the

15-19 200 Medley relay in

the 11-12 girls, Fleming

was seventh in 1:31 and

DeNitto was 11th in 1:45.

For the 13-14 girls, Belle-

fleur took third in 1:12

and Paluszek was fifth in

1:16. Ward placed 14th in

1:26, Murray was 16th in

1:28 and Kirwan was 23rd

ond for the girls in the

100 Free for the 15-16

group in 1:09, with Bour-

Found finished sec-

In the 100 Free for

The team of Lily

in 1:18.

in 1:41.

2:43.

in 1:33.

in 37.65 and Ashlyn Murray in 11th in 38.18.

Anya Found finished third for the 15-16 girls in the 50 Free in 30.83, with Chretien in fifth in 33.04 and Crooks in 10th in 38.16.

Stephen Ralph was third in the 50 Free for the 11-12 boys in 37.59, with Matthew Paluszek in fourth in 37.85, Andrew Shiffler in 10th in 50.4, Nolan Schultz in 11th in 1:07 and Braden Viands in 12th in 1:10.

the same race, Trevor Smith was second in 29.62 and Peyton Ralph was fourth in 32.36. Randall was third for the 15-16 boys in 33.36 and for the 17-19 boys, John Paluszek was second in 28.83 and Plache was third in 29.15.

DeNitto also placed second in the 50 Breast for the 11-12 girls in 53.55 while for the boys in the same race and age group, Matthew Paluszek was

que in seventh place in For the boys in the 100

Free, Smith was third in the 13-14 age group in 1:11 while in the 15-16 age group, Randall took third in 1:17.

Fleming swam to eighth in the 50 Fly for the 11-12 girls in 49.64 while for the boys in the same event and group, Matthew Paluszek was third in 46.49.

Bellefleur was second in the 100 Fly for the 13-14 girls in 1:23 and Stinchfield finished in fifth in 1:47.

Fleming copped a second place finish in the 50 Back for the 11-12 girls in 47.72 seconds while for the boys, Shiffler was eighth in 1:06, Schultz was ninth in 1:11 and Viands was 10th in 1:32.

For the 13-14 girls in the 100 Back, Stinchfield took sixth in 1:38 and for the 15-16 girls, Bourque was fourth in 1:39.46 and Crooks was fifth in 1:39.74. Smith was second among the 13-14 boys in the 100 Back in 1:44.

In the 200 Free relay for the 11-12 boys, the team of Shiffler, Viands, Matthew Paluszek and Schultz finished third in 3:58. In the same event for the 13-14 girls, the team of Stinchfield, Murray, Paluszek and Bellefleur was second in 2:23. The 15-19 girls' team of Chretien, Crooks, Bourque and Found finished third in 2:22.

For the 200 Medley relay, the 9-10 girls'

MARIA FOUND - COURTESY PHOTO team of Viands, Shiffler, Willscher and Tessa Demain was third in 3:43.

Willscher also took third in the 50 Fly for the 9-10 girls in 45.23. In the 100 Free for the 9-10 girls, it was Demain finishing seventh overall in 1:38. William Chretien was fifth for the 9-10 boys in the 100 Free in 1:36 and TJ Peternel was sixth in 1:37.

Shiffler finished 10th for the 9-10 girls in the 50 Breast in 1:08, while in the same event for the 9-10 boys, it was Peternel in fifth in 1:03 and Cameron Crooks in seventh in 1:12.

Abigail Shiffler was fourth in the 25 Back for the eight and under girls in 33.86. Nate Demain was fifth for the eight and under boys in the same event in 41.32.

For the 9-10 boys in the 50 Back, Chretien was second in 45.99, with Crooks in 13th in 1:13. Abigail Shiffler was fourth in the 25 Free for the eight and under girls in 30.15, with Liza Demain in 10th in 38.23. Nate Demain took seventh for the boys in the same age group and event in 43.28 seconds.

In the 50 Free for the 9-10 girls, Tessa Demain was third in 40.02, with Riley Peternel in seventh in 46.1 and Alexandra Shifler in 12th in 51.82. William Chretien was second for the 9-10 boys in the same event in 39.74 and Peternel was fifth in 41.08.

Willscher finished third in the 100 IM for the 9-10 girls in 1:30 and Tessa Demain took 11th in 2:03.

In the 200 Free relay for the 9-10 girls, the Wolfeboro team of Tessa Demain, Viands, Alexandra Shiffler and Talia Willscher finished fourth in 3:01 while for the boys in the same SEE WOLFEBORO, PAGE B8

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Play Fore the Pets is Sept. 16

WOLFEBORO — Do you love golfing, animals or both? If so, the Lakes Region Humane Society (LRHS) has a fun-filled day for you on Friday, Sept. 16, at Kingswood Golf Club where you are invited to Play Fore the Pets. The event will be held rain or shine, with registration at 7:30 a.m. followed by a shotgun start at 8:30 a.m. Whether you are a pro or amateur, this is a great way to help raise funds to help local homeless animals and the little shelter with the big heart.

Here's how it works: For \$100 per golfer, players will enjoy a continental breakfast with a complimentary Bloody Mary in the clubhouse before hitting the course for 18 holes with a cart, followed by an awards luncheon with fantastic prizes, all with the satisfaction of supporting the pets.

The tournament is

scramble open to golfers of every skill level, so don't let your tendency to bogey hold you back. The animals don't care. They're just thankful for the food, shelter and care provided by LRHS while awaiting adoption. Participation in this event helps LRHS keep on doing just that.

Golf not your thing? You can still get in on the action by taking part in the helicopter golf-ball drop, generously sponsored by Gary Chicoine Construction. Folks can buy tickets for the chance to win \$1,000. Balls will be dropped from a hovering helicopter over the first hole at Kingswood Golf Club. If your ticket number matches the first corresponding ball that goes into, or closest to, the hole, you win.

Tickets for the ball drop are \$10 each and may be purchased from LRHS board members, the Lakes Region Hua four-person best-ball mane Society in Os-

sipee, Black's Paper Store, Winni Paw Station, Back Bay Salon and at Kingswood Golf Club's Pro Shop.

Individuals and businesses alike can support the cause by becoming a sponsor. There are several levels of sponsorship available, with the most popular being tee sign sponsorships for \$100. Not only will you be helping the animals, your name will be prominently displayed at the sponsored hole and in additional locations on and off the course. Raffle prizes are also being accepted, so there are many ways you can participate and have your business recognized.

Don't worry if you don't have a foursome. Enter just yourself, or you and your friends and organizers will set you up with other players to make a foursome. This is a great way to make new friends while supporting LRHS.

Registration sponsorship forms are available at the shelter, 11 Old Route 28 in Os-

sipee or online at www. LRHS.net. Feel free to

e-mail or call at info@ lrhs.net or 539-1077.

KINGSWOOD

CONTINUED FROM PAGE B1

so we can process a ton of

athletes," House said. With the new systems, each cage can accommodate an athlete on the bench with one person behind spotting. At the same time, eight different people can be using the attachments. Add to that, the four people using the old equipment and House figures 24 kids at a time can be working out.

In the middle of the summer, the weight room was a little light on plates (weights) to go on the bars for lifting, but House noted that was phase two of his plan and he had just finished a purchase order to bring in new plates and he expected them in sometime near the beginning of August.

"It's going to be awesome once we get the plates in going into the fall season," he said.

Phase three of his plan is the final touches, which he is hoping will include a mirror along one of the walls, a new desk for the new strength and conditioning coach and a few other small tweaks.

"We're pretty happy with it," House said of the new setup. "Kids are working out, kids are using it."

He noted that the football and boys' and girls' ice hockey teams had been making use of the weight room during summer months at different times (coaches must be present for teams to use the equipment).

"It's still so new that coaches may not know exactly what they have," House said.

The Knight AD also pointed out that alums have returned to the school and commented that some of their colleges don't even have the systems that Kingswood

He was proud to point out that the equipment was from an American company, Legend Fitness and was made in the USA. He expects that it should last at least 10 years.

has installed.

He also pointed out that it took a little maneuvering of money in the budget to make the new systems happen. He polled coaches on what they wanted and what they needed for their seasons and worked to meet those needs and then set about finding the money for the improvements in the weight room, which he notes will benefit all the coaches.

"They'll be more prepared to play the games, they'll be less injury because they're building a base and there's knowledgeable people to set up a regimen," House said. "And it's a sense of pride."

And the old equipment is still around as well. The numerous pieces of pin selection equipment are located in the smaller room off the main room, but there is still plenty of room to maneuver wheelchairs

through all the equip-(measurements were taken to comply with ADA regulations). Essentially, gym classes, rehabbing athletes and those at full strength will all find something they can use in the new weight room.

To go along with the weight room, Connor Lane has been hired as the strength and conditioning coach. He was recently hired as a physical education teacher at the brand new Middleton Elementary School and will be coming to Kingswood in the afternoons to work with the athletes.

"After two or three years with the right strength coach, our kids will be monsters," House said. He's also hoping that Lane will be able to work to set up a strength and conditioning camp for high school athletes come next summer.

House said that the goal for Lane will be to work with teams and kids on an individual level, which should hopefully take some work off of the plates of the coaches, freeing them up for other activities.

"This is the future of Kingswood athletics," House said.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.

St. Katharine Drexel 5K/10K set for Sept. 17

activities in every season abound in the Lakes Region and, no matter what your interest, there is the possibility you can enjoy it locally. One such event has happened each September for the last four years, the St. Katharine Drexel 5K/10K sanctioned road race and 5K walk.

On Saturday, Sept. 17, St. Katharine Drexel church in Alton will once again host this inter-generational event for runners and walkers of all abilities. Registration can be done online at www.stkdrexel. org. Registration flyers can be found in Tuftonboro Library, Wolfeboro Chamber of Commerce, the towns as well.

Monies raised will go to three very worthy beneficiaries: the Fr. George Deli, Tut's Trophies and

ALTON — Outdoor E. Ham Scholarship, given to a graduating senior at Kingswood High School in honor of native son James W. Foley, conflict journalist who lost his life in August 2014; the Camp Fatima special needs campers program in Gilmanton; and the remaining original mission in Navajo N.M., founded by the church's patroness, St. Katharine Drexel.

This event has had the amazing support of Wolfeboro and Alton businesses for the past four years. The title sponsor this year is Eastern Propane and Oil. Additional generous help has already come from Northeast Delta and Alton Parks and Rec Dental, Joe Balboni-ALL Department, and around EARTH, Granite State Physical Therapy, Integrity Earthworks, Big Dave's Bagel and

Awards, Weston Auto Body, Wolfeboro Eye Associates, Bartlett Tree Service, Bon Venture Bulletin Services, Hannaford's/Alton, Harvest Market, Nordic Skier and Peaslee Funeral Home.

Individual or business donations can be made by contacting road race director Robin-Allen Burke at ironmom40@ metrocast.net or mailed directly to St. Katharine Drexel Road Race, P.O. Box 180, Wolfeboro, NH,





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Non-Profit Events

Penny Sale Silent Auction The TFCC will hold its 2nd annual fundraiser on Saturday, August 20th 7-10 pm at the Province Lake Golf Course Pavilion Parsonsfield, ME All donations will support Shoreline Erosion Project. towlefarmcommunity@yahoo.com for information

Misc. For Sale

HAY FOR SALE ~ Lunenburg, VT. \$3.50 per bale. Call Stan 802-892-7768

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4: if mailed, \$8. Call 603-788-4939 or email lancoffice@salmonpress.com

Barn/Garage/Yarc Sale

Farm and Barn Sale: Something for everyone. Antiques, power tools, dishes, decorative and household. Tons of building materials, door frames, doors, paneling, molding, ladders, light and plumbing fixtures, electrical supplies. Some auto parts including old hub caps and parts from 1951 Chevy 3100. Old car radios and grills. Running 1960 Ford F100 pickup. A Ford 223 engine with manual transmission. Livestock gates, water tubs, some horse tack and supplies. Kid and clothing table, books, albums. Friday, Aug. 19, Saturday, Aug. 20, 8-5, Trask Mountain Road, Wolfeboro. Follow signs to ample parking. No early birds.

Garage Sale, 509 Governor Wentworth Hwy. 2.5 miles east of Center Street, Rte. 28. Friday 8/19, 12-3:00, Saturday 8/20 9-3:00. Antiques, collectibles, furniture. artworks, primitives, signs, books, tools, lighting, many unique items.

YARD / GARAGE SALE: Many tools; power & hand, cabinets, plumbing, housewares, some kids' stuff. GPS-53 Trout Run, Effingham. 2 miles from Rt. 16 at Pine River Rd. Ossipee. Sat. Aug. 20 8am til 2pm. Rain date Sun. 539-8132.

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Estate Sale

ESTATE SALE: Save this date, 350 Forest Road, Wolfeboro, Aug. 19, 20, 21, 8 a.m.-3 p.m. Antiques, old and newer contents of a large lakeview home, furniture, antique guns and canes, signed baseballs, art, books, collectibles, china, glass, toys, rugs and workshop tools, garage tools. Monie-603-520-6241

> **HUGE GARAGE SALE!** 14 Birch Hill Estates Rd.. Saturday, Aug. 20, 9 to 4.

Moving/Estate Sale: Furniture, lamps, collectibles, some free items. Aug. 26, 27, 28, 9 a.m. to 1 p.m., 7 Berrywood Drive, Wolfeboro.

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General Help Wanted

American Youth Foundation-Camp Merrowvista is seeking a Food Program Manager to join our full time staff. This is a year round position with benefits, and a competitive salary. This position requires 3-5 years of meal planning and food service experience. Also, experience with large batch cooking, menu planning, kitchen oversight, and supervision required. Serve Safe certification preferred. American Youth Foundation is a mission driven organization, offering competitive compensation, rewarding work environment and growth for committed professionals. We are an equal opportunity employer. Please visit our website to learn more about our mission, our programs, and to apply. www.ayf.com

American Youth Foundation-Camp Merrowvista is seeking a Lead Cook to join our food program team. This will be a part-time year round position with a competitive salary, and flexible hours. Experience with scratch cooking utilizing grains, fresh vegetables and herbs would be ideal. American Youth Foundation is a mission driven organization, offering competitive compensation, rewarding work environment and growth for committed professionals. We are an equal opportunity employer. Please visit our website to learn more about our mission, our programs, and to apply. www.ayf.com

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General Help Wanted

Laborer: Summer/fall landscape, painting, masonry experience helpful, labor wanted, weekends in Alton Bay. \$14-\$16 per hour depending on experience/reliability. Call Bill. 781-367-7826.

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The Olde Bay Diner is looking for dishwasher/kitchen helper. Shifts available Friday, Saturday, Sunday and Monday. Great hours for a Mom during the week, or high school students on the week-end. Stop in for an application at 12 Mount Major Highway, Alton Bay. 875-3700 (no phone calls on the week-end please)

Wolfeboro Family seeking a local 20-25 year old mentor/buddy for 20 year old son with socialization delays. Looking for recreational opportunities as well as general hanging out - movies, outdoor activities, video games etc. Flexible hours (4-8 hours/week), \$13/hr call /text

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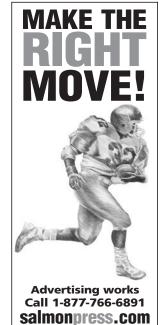
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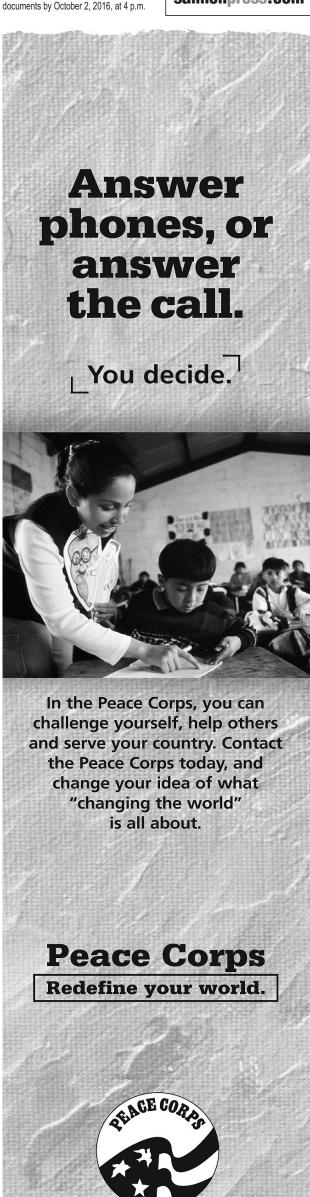
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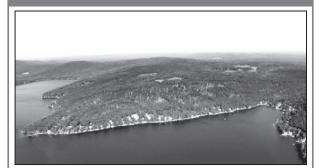
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Northstar Inn & Condominiums • Waterville Valley, NH Online Bidding Ends Tues. Aug. 30 at 3p.m.

Located in the heart of Waterville Valley's lodging and retail area at 44 Packard's Road is the Northstar Inn. This 22,093± sq.ft. facility, which is just steps from the Waterville Valley Town Square, served as an Inn since 1962 with ample common space for gathering after a day on the slopes. In 2006, a portion of the property was converted to four townhouse style condominiums that contain 1,488± sq.ft. each (1 sold). The remainder of the building includes a main lobby, 3 offices, 16 guest rooms and common area, which is still operating as an Inn. The property totals 1.356± acres is serviced by municipal water and sewer and includes adequate parking. Map 108, Lots 17, 17.1, 17.2. Combined Assessed Real Estate Value: \$879,200±

Open House: Thursday, August 18 from 10:00 a.m. to 12:00 p.m. and Thursday, August 25 from 1:00 p.m. to 3:00 p.m. Broker Participation Invited

For a property information package with

terms go to www.paulmcinnis.com Lic. #2089 - (603) 964-1301 - Ref.#16PM-35





main floor, 2 tone kitchen w/granite countertop, stainless and island, hard wood floors, 2/3 bedrooms, 2.5 tile baths, Marvin windows, cathedral & beamed ceilings, hard wood and tile flooring. This lovely home is set back from the road for maximum privacy High velocity FHA & AC, full basement, over-sized garage





WINTER HARBOR WINNI ACCESS... State of the art luxury log home with Lake Winnipesaukee beach features one level living, in floor radiant heat, stained concrete floors, fireplace, custom kitchen with granite and stainless, 1st floor master suite and 5 minute walk to a magnificent sandy beach, moorings and dock

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Sandwich: Enchanting setting surrounded by White Mtn. Nat'l : Gilford: Currently the only unit : Laconia: Unique South Down: Laconia: Lovely 2-BR, 2.5 BA Forest, Authentic 1700's cape has been totally reconstructed from • available at Misty Harbor. 1-BR, • Shores 4-BR home with water • ranch with over 2,000 sqft. of the foundation up. Home has multitude of windows overlooking • 1-BA condo with new wood and • views. HW floors, fireplace, • living space. Enjoy beach rights the 17-acres of fields and mountain views. Accented with wood- • tile floor, hickory cabinets, new • 1st fl. Master suite, knotty • on Lake Opechee right down shake/cedar clapboard exterior w/ copper standing seam roof, • stove/oven and microwave. • pine sunroom and stone patio. • the street. The home has an 200-year-old beams, custom milled cabinetry, wide pine floors Almost everything has been Home overlooks Paugus Bay eat-in kitchen, 1st floor master, and 5 fireplaces. Bordered by a scenic fishing river with vistas • updated! Indoor & outdoor pool, • and is beautifully landscaped • bamboo floors, gas fireplace, including the Sandwich Range, Whiteface Mtn., Flat Mtn., and beach and picnic area. \$75,000 with its own sprinkler system. and attached 2-car garage. other towering peaks. \$1,495,000 MLS# 4509188

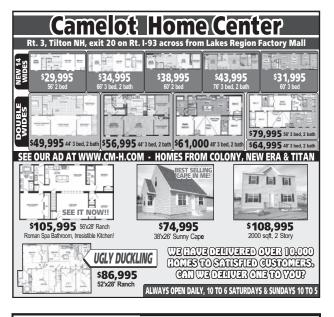


MLS# 4509353



\$429,900 MLS# 4508818 : \$269,900 MLS# 4488889





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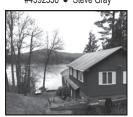
The Heat of Summer has arrived at Coldwell Banker Residential Brokerage IIII



Bring your ideas and design and build your dream home on this premiere waterfront property with sweeping lake and mountain views. \$3,400,000



Priced to sell, this attractively remodeled 3 season cottage is conveniently situated steps from one of the 5 Association beaches. \$98,500 #4392558 • Steve Gray



Waterfront home 3 BR 1 3/4 BA home on pristine Merrymeeting Lake WITH additional building lot across street. 2 car garage. Extra room for office. \$439,900 #4497346 • Jim Giuca



Newer waterfront home with all the comforts. Steps from your own deck/dock Attractive, light, open & energy efficient. Lower level with walkout. \$279,900 #4419905 • Steve Grav



Crystal lake waterfront 3 BR 3 BA Contemporary. Open concept on 1st level. Maple flooring. No central heat installed. Carpet on 2nd level. \$365,000 #4495193 • Steve Grav



Conveniently located cottage near boat public docking facilities, beach, and intown stores. Easement to land use - no land ownership included. \$149,900 #4452553 • Jim Giuca

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GORGEOUS 122' waterfront and 1.48 acres on Lake Winnipesaukee. This 4 bedroom, 3.5 bath, 2415 sq ft contemporary is on one of the lake's prettiest points of land in Moultonborough. Private

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RATTLESNAKE ISL. - ALTON // LOCATION! Private, protected, sun, sunsets. Open & bright cottage, pine paneled bunkhouse. Paddleboard, kayak, swim, hiking trails lead to island summit. Lots of decking, fantastic long range views! Boatslip avail. @ Minge Cove Call 569-3128 \$320,000 (4485683)

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storage above, full walk out basement. Natural shoreline has a western exposure, tall your shared 60 foot waterfront lot. Pine trees, screened porch.





await your finishing touches. Agent interest.

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\$279,000 (4487940) Call 253-9360 \$269,000 (4482454) Call 875-3128 \$229,900 (4479520) Call 875-3128 \$224,900 (4425454) Call 875-3128 \$179,000 (4504096) Call 253-9360

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\$285,000 (4374070) Call 253-9360

property has wonderful views in all directions & can be subdivided with possible access to two roads. Mountain streams & stone walls. Land is in current use. Broker has interest in property. **\$114,900** (4433900) Call 253-9360

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Well-maintained brick-ended cape (3bed/2bath) 1st floor master w/bath, sunroom, oak floors, 2 fireplaces, built-ins. Finished basement, 2-car garage. 640' sq. ft. deck overlooking the pond. Abuts conservation. Village water, sewer and electric. Close to Exit 23 I93. Maria Laycox • cell 603-748-0307 • Realtor, Assoc Broker

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Franklin, **\$1,390,000** #4507743 business on 1.68 acres. Surrounded by major chains. 9 garage bays gives you many opportunities.

Moultonboro \$1,145,000 #4504160

Prow-front A-Frame home on large private parcel of land, long dock, quiet location, nice views, open concept me with first floor master, plus guest suite barn and detached garage.



LACONIA

w/views from every room. Open floor plan w/a soaring timber frame ceiling, fireplace in great room,



Moultonboro, \$960,000 #4508102 w/sandy bottom, bath house & paths along waterside.



just a couple of the great features of this property

Susan Bradlev 581-2810



Welcome to Waldron Bay on Lake Winnisquam Custom built contemporary with a country flair; wide pine floors throughout, exposed beams, brick fireplace, office in loft over LR, 3 finished levels. Ellen Mulligan 603-387-0369

Ellen Mulligan 603-387-0369



Beautiful Colonial style home that has been beautifully updated and maintained on the interior of Governor's Island with access to all the amenities.



Meredith, \$675,000 #4507727 Majestically located with awesome views of nearby mountains, nearly 6.000 sq. ft. of living space, updated kitchen with eat in breakfast nook, formal dining, private office space, large first floor master. 30b Williams 603-455-0275/Danielle McIntosh 603-393-593



Views extend past Bear Island to Copper Top. This home has been



Exciting newly constructed 3-bedroom contemporary cape in the heart of ski country! Quality built with Pella windows, bamboo floors and granite counters. Linda Fields 603-244-6889



rivate parcel in Balmoral, move-in condition, quiet road from the main road, a spot where you can enjoy not seeing anyone but still be close to the beach. This property is for you! Kav Huston 603-387-3483



Gilford, \$139,900 #4507063 Completely renovated interior in this meticulous 2 BR stand alone condo which has been rebuilt from the studs out.

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Belmont, \$134,000 #4507421 live in the other or rent both for great cash flow

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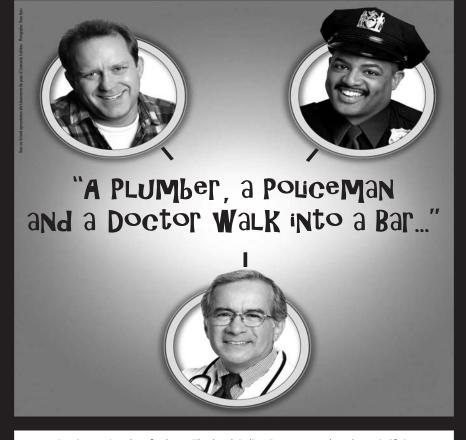
THIS IS NOT THE FLOOR PLAN OF A HOUSE. IT'S ATREASURE MAP.

Your home could be hiding some valuable **treasure**. More than 40 years ago, Grandma gave you a nice bundle of Series E Savings Bonds. So you put them in a safe place and forgot about them—until now. And even though your old Series E Bonds are no longer earning interest, they could still be worth more than 5 times **their face value**. So why not redeem those old bonds at your local financial institution? To find out more, call 1-800-4US BOND. Begin searching your memory, then start searching your house. Because old Savings Bonds are a treasure worth digging for.

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A public service of this newspaper



But it wasn't a bar for long. The local Police Department shut down Swifty's Lounge for illegal drug activity. Instead of condemning the property, they contacted their local community coalition. The coalition brought in contractors who donated their time to renovate the building. And the doctor got his hospital to volunteer services for families that need drug counseling.

It's funny what happens when we all work together. Communities become a better place for everyone, especially our children. Community coalitions bring other community groups together. And getting involved is easy. Just contact www.helpyourcommunity.org or 1-877-KIDS-313. They'll tell you how your group can help. You'll be surprised how much you can accomplish.

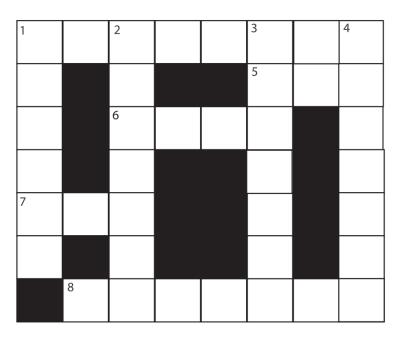
You get more when you get together.

Office of National Drug Control Policy





Crossword Puzzle



ACROSS

- 1. Being chilly
- 5. To do something
- 6. Outer garment

- 7. Cow sound

DOWN

- 1. Thick and smooth
- 2. Dairy sugar
- 3. Can be eaten
- 8. Give new strength 4. Fashion sense

1. Creamy 2. Lactose 3. Eatable 4. Stylish Down

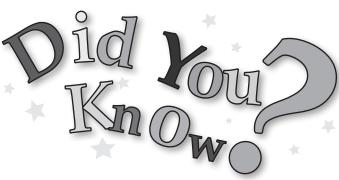
1. Coldness 5. Act 6. Coat 7. Moo 8. Refresh Across :s19wsnA



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ANSWER: ICE CREA



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THIS DAY IN...



HISTORY

•1968: THE SOVIET UNION AND OTHER WARSAW PACT NATIONS INVADE THE COUNTRY OF CZECHOSLOVAKIA

·1977: THE SPACE PROBE VOYAGER 2 IS

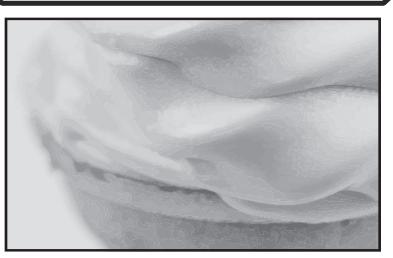
LAUNCHED

•1998: THE SUPREME COURT OF CANADA RULES THAT QUEBEC CANNOT LEGALLY SECEDE FROM CANADA WITHOUT APPROVAL FROM THE FEDERAL GOVERNMENT.



PREMIUM

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CAN YOU GUESS WHAT THE **BIGGER PICTURE IS?**

ANSWER: SOFT SERVE ICE CREAM

How they SAY that in.

ENGLISH: Enjoy

SPANISH: Disfrutar

ITALIAN: Piacere

FRENCH: Apprécier **GERMAN:** Genieβen

A few random thoughts to fill the vacation space

As this week's sports pages were reaching deadline, I was still on vacation (shocking, I know). Wanting to keep my work level during vacation to a minimal amount, this column was written before I left for a visit with my brother in Wyoming. It was a perfect time for some random thoughts.

First up, the Red Sox. This team can be a lot of fun, but can also be pretty maddening, unable to score more than a couple of runs off a mediocre pitcher. And the man who was signed to be the ace of the team has struggled for much of the season, but that seems to be normal. A few additions at the trade dead-



By JOSHUA SPAULDING

line were necessary and I was pleased to see some new pieces to the puzzle, but at the same time, was happy the future wasn't mortgaged to bring in Chris Sale. If all words from the minors are to be believed, Yoan Moncada and Andrew Benintendi will both be stars someday and with an already young nucleus of Mookie Betts, Jackie Bradley Jr. and Xander Bogaerts, it's scary to think what be in the pipeline for the Red Sox offense. The pitching, on the other hand, looks a little susceptible

moving forward, but we'll see. I'm excited to see what the final few months of the season bring.

Before I left for vacation I had a chance to check out a little waterskiing action on Back Bay in Wolfeboro. Abenaki Water Ski Club hosted the New Hamp-Championships and I got to take a few runs in the boat to grab a few pictures and also got some from the shores of Back Bay. It had been a few years since I'd been out in the boat for waterskiing pictures but it is always a good time and there's usually some good pictures to come out of the trip as well.

Another Village Play-

ers production wrapped up and it came at the right time. I planned my vacation to come after the show ended but before the Granite Man Triathlon, which is this weekend. Bathroom Humor was a great time and I was honored to serve as assistant director with the great Jay Sydow, who has helmed many shows at the theater. I am looking forward to this fall's musical, Kiss Me, Kate, though I've yet to decide just how much of a role I want to take on in the show. Fall is a busy time of year in the work world so there's

time commitments to

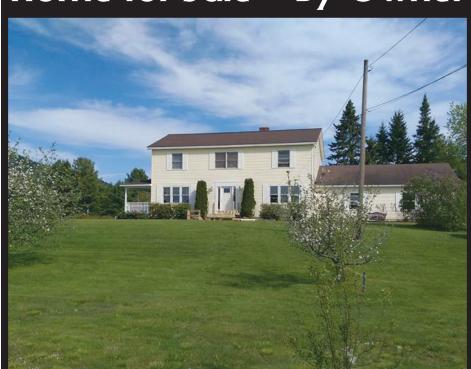
consider. But I'm sure you'll see my name in the program somewhere if you come to the show in November.

I also had the chance to MC the Friends of the Wolfeboro Community Bandstand concert on Aug. 6, featuring Carolyn Ramsay Band. While I knew the band's drummer. I had never actually heard the band and I walked away very impressed with everything the band brought to the table. We weathered a little rain just before the start of the show but the band put on a great set for the audience in Cate Park. These free Saturday night concerts are just another great thing about Wolfeboro.

Finally, have a great day Mike Chatigny.

Joshua **Spaulding** is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress. com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.

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2 story Colonial on 2.3 acres with 2,352 square ft of living area, built 1989, 4 bdrms, 2.5 baths, first floor laundry room w/chute from second floor. Large Living Room, Foyer, large Kitchen w/appliances, extra room in Master Suite can be used as a nursery or home office. New Heating system installed 6/2016. Beautiful 50 ft wrap around porch with attached gazebo, 32' x 32' two bay attached garage, additional 14 x 20 outbuilding provides plenty of room to store your toys. Well maintained and landscaped with many trees, including several apple trees and a large garden space. Enjoy nearby skiing and direct access to NH snowmobile trail 5 and Vermont/ VAST trail/ bridge crossing into Guildhall, VT. Motivated seller at \$188,888.

Contact me at (603) 439-1950. Email: jpelle63@gmail.com

Center ice space available at Pop Whalen Arena

WOLFEBORO — The Parks and Recreation Pop Whalen Ice Arena projected opening for the 2016-2017 season is Thursday, Oct. 6. All are invited to help celebrate the start of another great season at the hometown rink.

In preparation for the season, the Wolfeboro Department is now accepting bids for center ice (deadline Aug. 31) as well as accepting applications for dasher board ads that are seen by more than 65,000 visitors per year for very low rates. Details and an advertising order form can

be found online at www. wolfeboronh.us/pop.

The department is in the process of planning fall and winter schedule and activities. The fall, winter, early spring brochure will be out Oct. 1 and available online at www.wolfeboronh.us.

WOLFEBORO

CONTINUED FROM PAGE B2

age group and event,

the team of Peternel, Crooks, Chretien and Alastair Fleming finished fourth in 3:44.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.



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