



Donna Rhodes

Skilled kayakers from all across New England made their way through the roiling rapids at Trestle View Park in Franklin on New Year’s Day, part of a longstanding tradition for white water enthusiasts.

Ideal conditions draw kayakers to First Day Franklin race

BY DONNA RHODES
drhodes@salmonpress.news

FRANKLIN – Mother Nature seemingly approved of the annual First Day Franklin event this year, when unseasonably warm temperatures drew many kayakers to the Winnepesaukee River for some white-water excitement while bringing even more spec-

tators to Franklin to enjoy the thrills and chills of winter kayaking from dry land.

“I was going to do it this year, but changed my mind at the last minute,” joked one local woman as she watched from bridge at Trestle View Park.

Launching in small groups from Cross Mill

Road in Northfield, the kayakers, who hailed from all around New England, made their way

down the river to Franklin. Along the way they maneuvered between snow and ice covered

rocks, blasted through large swells, took a few breaks in some quite coves, then finally hit the

toughest rapids beneath the trestle along Central St. in Franklin before

SEE **RACE**, PAGE A8

Fire claims life of Northfield man

BY DONNA RHODES
drhodes@salmonpress.news

NORTHFIELD – After extinguishing a fire that broke out inside a

detached garage at 354 Shaker Rd. in Northfield on Saturday, Dec. 28, firefighters discovered the body of a man inside who was later identified as the property owner, 56-year-old Kenneth Gorrell.

The New Hampshire State Fire Marshal’s Office said Tilton-North-

field Fire Department was toned to the scene at 4 a.m. that morning for the report of a structure fire. First to the scene, the fire fighters discovered the garage was heavily involved in flames but were quickly joined by additional crews from Belmont, Franklin, New Hampton

and Sanbornton.

It was after the fire was out that they discovered Gorrell’s body inside.

State Fire Marshal Paul Parisi said an autopsy performed by the N.H. State Medical Examiner’s office the following day showed

SEE **FIRE**, PAGE A9

Learn what Girl Scouts has to offer Jan. 9

BELMONT — Make new friends, discover new passions - she’ll do all that and more at Girl Scouts!

Come discover what makes Girl Scouts the leading expert on girls. Girl Scouts of the Green and White Mountains will host a free information night for girls and parents from Belmont, Sanbornton, Northfield,

and Tilton on Thursday, Jan. 9, from 5 to 6 p.m. at the Belmont Corner Meeting House, 16 Sargent St., Belmont. Bring a friend to double the fun!

Whether she’s exploring nature and the outdoors, expressing herself through art or music, designing robots or board games, or helping her community through ser-

vice projects, she’ll have a blast as she earns badges in just about anything

SEE **GIRL SCOUTS**, PAGE A9

Grant to fund structural assessment of Town Hall

BY DONNA RHODES
drhodes@salmonpress.news

TILTON – Town Administrator Jeanie Forrester was pleased to announce that in the midst of their 150th an-

niversary celebrations, the Town of Tilton has received an important grant that will allow an evaluation of their Town Hall, which will also be celebrating 150 years of

existence in just 10 more years.

“The Town Hall was built in 1879, so it’s 140 years old now, and has never really been assessed as to its condi-

tion,” Forrester said.

The building has experienced issues with water leakage and other problems in the past so officials felt it was time to see what kind of shape the structure is in now. When Forrester heard about the availability of a New Hampshire Land and Community Heritage Investment (LCHIP) grant, designed for the preservation of historic buildings, she submitted an application for the town. She was happy to announce recently that that request has been approved. The grant will now be providing \$19,340 towards a structural assessment of the building with a follow-up report on what repairs, if any, may be necessary to keep it sound.

“This will give us a road map for going into the future as to whether or not this building will last another 140 years,” she said.

SEE **GRANT**, PAGE A9



Donna Rhodes

Trimming the town office tree

Tilton Town Hall held a fun-filled decorating contest this year, encouraging department members to deck their halls for the holiday season. While the town clerk, selectmen and finance offices were applauded for the outstanding job they did, it was the upstairs team that included the land use, sewer commission, code enforcement and health offices, that took top honors with their elaborate holiday displays. Judging the competition was Heather Capraro of Franklin Savings Bank (far right). Capraro is shown here beside a FSB Christmas tree on the second floor that winners Johanna Ames of the Sewer Commission (far left) and Lee Ann Moynihan of the Land Use office joked was really not meant to sway the vote. Missing from the winners’ photo is Code Enforcement Officer Al LaPlante and Health Officer Katherine Dawson. Runner up for the competition was Tim Pearson of the Finance Office.

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HALL HAPPENINGS

Tilton/Northfield Monday, Jan. 13
Chess Club, 2-5 p.m.
After-School Board Game Club, 4 to 6 p.m.
Try our after-school board game club at Hall Memorial Library! We will have a bunch of different games perfect for groups, solo, or one-on-one! Join us to try out some games you may have never heard of but will love!

Tuesday, Jan. 14
Spanish Club, 10 a.m.
Tech Tuesday, 2 p.m. to 4 p.m.
Self Care Session for Teens, 3 to 4 p.m. - Teens, join us for an hour of self-care each week we will

be practicing a different self-care technique.

Wednesday, Jan. 15
Storytime, 10:30 a.m. - for preschoolers with a caregiver

Thursday, Jan. 16
U.S. 2020 Census Team Employment Information, 11 a.m. to 2 p.m. -Drop by to learn about temporary work opportunities with the US Census Bureau.
If you are at least 18 years of age and have access to a vehicle, carry vehicle insurance, and would like a flexible work schedule (20 to 40 hours per week) until September 2020, learn

how you can receive paid training. Earn \$17.50/hour + 0.58 cents/mile!

Cozy Corner Chat, 6 p.m. - Meet in our own library hyggehog or show off your own if you participated in the Hygge Photo-a-day Challenge! Enjoy a cup of coffee or cocoa with us while supplies last.

Friday, Jan. 17
Sit & Knit, 2 p.m. to 5 p.m.

New Items
“The Dead Girls Club” by Damien Angelica Walters
“Such a Fun Age” by Kiley Reid

Doris Theberge receives Spaulding Youth Center’s Spaulding Spirit Award

NORTHFIELD — Spaulding Youth Center is pleased to present the Spaulding Spirit Award to Doris Theberge, Clinician Therapist. This peer-nominated recognition is presented at each quarterly staff meeting to one employee who exemplifies Spaulding Spirit and makes peers proud to be working by their side.

Among numerous thoughtful and compelling nominations, Ms. Theberge was described by her colleagues as skillful, compassionate and understanding, as well as a great listener with amazing clinical skills. She is always willing to lend a helping hand and cares deeply about the children she works with every day.

Ms. Theberge began her Spaulding career in 1983 as a residential counselor and quickly rose to a leadership position. Through her role within the residential program, her interest to work directly with families was ignited. When a family worker position became available, she decided to pursue this new career path. While in this role, Ms. Theberge helped develop the position into the multi-faceted position it is today as well as supported the continued growth of this department. After earning her master’s degree, Ms. Theberge transitioned into a clinician role, where she has once again demonstrated her natural skills to support and guide children. Her



Doris Theberge

current responsibilities include working with Spaulding day school students and developing positive, trusting relationships with these children and their families. When asked about her favorite part of Spaulding, Ms. Theberge does not hesitate to say the students and staff members. She loves witnessing the growth of those students with whom she works closely and being a part of the compassionate camaraderie among her colleagues. Through her thirty-six-year tenure, Ms. Theberge has witnessed many changes on campus and appreciates the ongoing positive evolution of the organization. She is proud that Spaulding continues to develop programs and services to meet the unique needs of the children we serve. One shining example of this is the growth of direct services for counseling, speech and language,

and behavioral supports which are all critical offerings for our special education students. “Doris is a respected member of our staff who has tirelessly dedicated her entire career to the children of Spaulding Youth Center,” said Susan C. Ryan, President & CEO of Spaulding Youth Center. “Her commitment to our students, their families and to our staff members is truly inspiring. Her work ethic, clinical skills and devotion to our mission has set the tone for the next generation of our staff looking to make a difference. This peer recognition is truly well deserved.”

Ms. Theberge earned a bachelor’s degree in Elementary and Special Education from Keene State College and a Master of Arts in Counseling and Psychotherapy from Notre Dame College. In her spare time, Ms. Theberge enjoys spending time with her husband, children, grandchildren and two dogs.

NORTHFIELD POLICE LOG

NORTHFIELD — During the time frame of Dec. 23rd – 29, the Northfield Police Department received 267 calls for service some of which include:

Animal Complaints, Burglar Alarm, Assists

to Other Agencies, Motor Vehicle Accidents, Motor Vehicle Stops, Neighbor Dispute, Road Hazards, Suicide Attempt, Sex Offender Registration, Wanted Subject, Welfare Check, Theft from Building,

Suspicious Vehicle and Activities.
Taken into custody was Wendy J. Hill, 53, of Northfield for Operating as a Habitual Offender and a warrant for Theft by Deception.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Dec. 20-27.
Malik C. Black, age 26, of Tilton was arrested on Dec. 20 for involvement with an Organized Retail Crime Enterprise.
A 19-year-old female was taken into protective custody for intoxication on Dec. 20.
Leah Jameson, age 21, of Tilton was arrested on Dec. 21 for Possession of Controlled/Narcotic Drugs. Edwin Tucker II, age 24, of Franklin was arrested during the same incident for Driving After Revocation or Suspension and Carrying and/or Selling Weapons.
Kendra L. Peters, age 41, no known address,

was arrested on Dec. 22 for Willful Concealment.
Kelani A. Castellez, age 32, of Belmont was arrested on Dec. 22 for Possession of Drugs and two counts of Possession of Controlled/Narcotic Drugs. She was subsequently charged with Obstructing a Government Investigation and Resisting Arrest or Detention.
Veronica Hurd, age 20, of Gilford was arrested on Dec. 23 for Driving After Revocation or Suspension.
Two adult males were taken into protective custody for intoxication on Dec. 25.
Jason M. Shaw, age 45, of Belmont was arrested on Dec. 26 in connection with a bench warrant issued by Ber-

lin District Court.
Patricia A. Downer, age 55, of Wolfeboro was arrested on Dec. 26 for Driving After Revocation or Suspension, violating Driver’s License Prohibitions, Misuse of and/or Failure to Display Plates, and Default or Breach of Bail Conditions.
Jakob Hall, age 33, of Ossipee was arrested on Dec. 26 for Disorderly Conduct.
Nicole Tusi, age 33, of Alton was arrested on Dec. 26 for Theft By Unauthorized Taking.
Thomas J. Boisvert, age 41, of Belmont was arrested on Dec. 27 for Domestic Violence-Assault, Criminal Mischief (Vandalism), and Default or Breach of Bail Conditions.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 357 calls for service and made the following arrests during the week of Dec. 30 to Jan. 5.
Arrested during this time period were Kate-

lyn Lewis (in connection with a warrant), Nathaniel Kraus (for Theft), Keith Cabral (for Willful Concealment and Resisting Arrest), and Kenneth Collins (in connection with a warrant).

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

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<p>JUMANJI: NEXT LEVEL PG-13</p> <p>Fri.: 1:15, 4:15, 7:15, 9:50 PM Sat.: 10:30, 1:15, 4:15, 7:15, 9:50 PM Sun.: 10:30, 1:15, 4:15, 7:15 PM Mon. - Thurs.: 1:15, 4:15, 7:15 PM</p>	

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Winter Homeschool Series begins Jan. 22 at Prescott Farm

LACONIA — Winter weather impacts the way all of us live – including the plants and animals around us. So it's an excellent time of year to learn about the natural world around us. Prescott Farm Environmental Education Center welcomes 2020 with a selection of new and popular returning programs geared towards building new experiences and knowledge – whatever the weather has in store.

Among the new additions to Prescott Farm's calendar is Homeschool: Winter Series, a 4-week program for homeschool families with children ages six to 12. Participants in the Wednesday afternoon classes will be invited to explore the natural environment and the animals active during New Hampshire winters.

Through hands-on, outdoor lessons guided by Prescott Farm's knowledgeable Naturalists, children will investigate the theme of each week's program:

Animal Tracking: Jan. 22; 1:30-3 p.m.
Big Mammals: Jan. 29; 1:30-3 p.m.
Birds in Winter: Feb. 5; 1:30-3 p.m.
The Subnivean Zone: Feb. 12; 1:30-3 p.m.

Visit prescottfarm.org for complete program descriptions and to register. Prior registration is not mandatory but recommended. The program is for children ages 6-12 and an adult must accompany child. Snowshoes will be provided as necessary.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural Play-Scape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

Prescott Farm – exploring and preserving the natural world, one adventure at a time.



COURTESY

Johnny Blue Horn and the Caretakers to perform at Taylor Community

LACONIA — Johnny Blue Horn is a veteran of the Northeast regional music scene, performing a variety of musical styles with

many different collaborators. He's been singing most of his life and has a dusky Blues, R&B voice reminiscent

of Stevie Ray Vaughn, Bobby Blue Bland, and Clarence Carter. As one critic writes, "He does things with his trumpet that few musicians do. He can take his instrument to the extreme; horn blasts with a lot of melody and texture and everything else in the colors and tones."

Join us Monday, Jan. 13 at 6:30 p.m., in Taylor Community's Woodside Building for a rocking good time. This free event is open to the public.

Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Taylor Community to host author Thomas Farnen

LACONIA — "Watching the Lights Go Out," in an inspiring story about a charming, brave, Chocolate Lab named Bessie, who gradually loses her eyesight. Author Thomas W. Farnen leads the reader from the unexpected diagnosis of

terminal blindness for his beloved four-year-old pet through her two and a half year transition to sightlessness.

Join us Wednesday, Jan. 15 at 6:30 p.m. in Taylor Community's Woodside Building, as the author shares the

story of how throughout the process, Bessie unwittingly becomes an expert mentor and teacher for the high wire act of growing older with grace and optimism. This free event is open to the public.

Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Photo processing workshop for beginners at LRAA Gallery

TILTON — Anyone can take a photo, but that doesn't necessarily make you a photographer!

To make presentation-quality, or award winning photos, requires knowing how and what you need to do for the best possible results. To acquire those skills, Lakes Region Art Association professional


al photographers Jay Fitzpatrick and Ellen Goddard are co-hosting a workshop Saturday, Jan. 25, 9 a.m.-noon, at the LRAA /Gallery, Tanger Mall Outlet, 120 Laconia Rd., Suite 132, Tilton.

The workshop, Basic Photo Processing in Photoshop, will focus on how to use Photoshop to brighten and dark-

en photos, add or reduce contrast and saturation, straighten and crop images. They also will cover the best formats, how to clean-up unwanted elements and how to re-size images for printing and posting, plus more!

To sign-up for the course and information on what you'll need to bring, plus cost, visit the LRAA/Gallery, Wednesday - Sunday 10 a.m. – 6 p.m., call 455-6595, or E-mail: jall@tds.net. Class size is limited to the first 10 registered students. Workshop flyer available at LRAA sign-up table.

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STRATEGIES FOR LIVING

On new beginnings

BY LARRY SCOTT

If you could re-chart your life, if you were given the chance to launch a new beginning, what changes would you make?

All of us have speculated and said, “If we could only live our lives over again!” All too often, we have seen our relationships deteriorate because of unkind words, our future impacted by stupid decisions, or our dreams smashed by eye-opening reality. Unfortunately, we are not alone; welcome to the human family!

The question is not whether we have made a mess of things. We have all, without exception, done that. The question is, what are we going to do about it! Do we grovel in misery or do we make the hard decisions necessary to plan for a new chapter in our lives?

Please understand that I write with some powerful misgivings. New Year’s “resolutions” have come and gone. I have welcomed the new year with new objectives and new determination. And yet here I am, still hoping for transformation and a chance to rise from the mire and live again.

And that’s the tough part. I know who I am, I think I know where I am going, and I recognize the need for change. But that’s the kicker; change is not cost-free. It comes only to those who are willing to pay the price for its achievement.

When Elisha, the Old Testament prophet, decided to follow the Prophet Elijah, the Bible says that “he took his yoke of oxen and slaughtered them. He burned the plowing equipment to cook the meat and gave it to the people, and they ate. Then he set out to follow Elijah and became his servant.” It was his day of new beginnings. He burned his bridges ... well, his oxen and all that went with them. With determination and an unchanging commitment, Elisha the farmer became Elisha the Prophet; there would be no turning back.

For me these are not empty words, for I have had to take a hard look at my own life and determine where I go from here. I have thought of discontinuing my work, retiring from the fray, and leaving my society to its own devices.

But I must stay the course. I will continue advocating for reality and truth; I will continue defending the authority of God’s Word; I will continue advocating for the Christian faith; and, I will continue to champion the Person of Jesus Christ. I can do no less. Whether they acknowledge it or not, the eternal destiny of all who read my column hangs in the balance.

And, despite a traumatic 2019, I remain optimistic about the future. I serve a God Who has done everything possible to ensure that what is need not continue to be. I will grant there are some limitations He puts to my freedom, but only because He knows that without His directives, I will more than likely self-destruct. And so, He invites my obedience, but with this caveat: He will go with me through whatever life dishes out. That, to me, is a bargain I cannot pass up.

I cannot, I must not give up! I am not the person I want to be, nor the person I could be, but I can assure you, neither am I the person I used to be. Life has not been wasted; I have made progress. And the new year promises a new beginning! Let’s get at it together!

For more thoughts like these, follow me at indenseoftruth.net

Send your letters!

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COURTESY

The more things change...

This historic photo shows Tilton residents dealing with heavy snow along Main Street in the aftermath of the Blizzard of 1887.

LETTERS TO THE EDITOR

Thank you, Christmas Angels

To the Editor:

On behalf of the St. Vincent de Paul Children’s Foundation, I would like to thank everyone — local businesses, organizations, and individuals — who donated to the 2019 Christmas Angel Program.

Your donations and thoughtfulness, whether it was cash, a check, clothing, a cuddly stuffed animal or a pair of warm handmade mittens, helped make this year’s program a huge success! We provided over 525 children in the Lakes Region with an outfit of clothing, socks, underwear/diapers and personal hygiene items. We couldn’t have done it without your help and generosity.

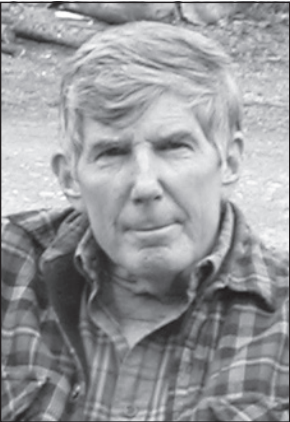
A big “Thank you” goes out to all the hard working volunteers at St. Vincent de Paul, who supported and worked the Christmas Angel Program. Your kind hearts and hardworking efforts helped hundreds of local families and their children, have a Merry Christmas.

By continuing to work together, we can make a difference in the lives of the children in our community.

Sincerely,
Sue Page
St. Vincent de Paul Children’s Foundation

NORTH COUNTRY NOTEBOOK

Cougars: Good news, or bad? And tales of an Austin-Heale



By JOHN HARRIGAN
COLUMNIST

There are consequences to cougars, I remind myself whenever I’m writing about the fact that (a) cougars are part of New Hampshire’s original flora and fauna, and (b) solid, reliable sightings by solid, reliable people with no reason to fabricate such things are seeing what undeniably are mountain lions, year in and year out.

But of course there’s a downside, and one thing is that if you even think you might be in the presence of big cats, you’d better be thinking about them. And we’re not talking bobcats or lynx here—not even close.

I well remember the case of a slightly built female jogger who was picked off by a mountain lion as she ran along a hillside on the outskirts of Los Angeles. And there was the pathetic story of the little boy whose horrified parents saw disappear into the woods in the jaws of a cougar.



COURTESY

Adult cougars are big animals. An adult male can top out at more than 200 pounds, Arizona officials point out. (Courtesy U.S. Forest Service)



COURTESY

“Be careful what you wish for,” a reader wryly wrote, citing the tons of fun he had with this ‘67 Austin Healey III. He ran it (but mostly worked on it) for two decades, and now a lucky new owner is doing the same. (Courtesy Jim Gaffey)

More recently, a woman in the state of Washington made headlines when she tried to rescue her small dog from a snack-attack by a cougar. And in Arizona last week, wildlife officers killed three mountain

lions after they were discovered feeding on still-unidentified human remains.

During my growing-up years, when I was being taught not only how to navigate in the woods but also how to

feel comfortable there, the mantra was “The only thing that can hurt you in the woods is your own stupidity.” But if and when mountain lions return, this no longer will be true.

SEE NOTEBOOK, PAGE A9

High inspiration in the low-tech days

Longtime Children’s Auction volunteer talks about growth over the years

LACONIA—Back in the day, Jennifer McGreevy’s work with the Greater Lakes Region Children’s Auction was as grassroots as opening the phone book and calling businesses at random to solicit donations. Then, she’d hop in the car, with her infant daughter Callie in tow, and pick up whatever was offered, sometimes driving as far as Center Harbor.

That was 20 years ago, before dozens of volunteers like McGreevy brought dramatic change to the Auction, building sets as well as protocols and implementing technological systems that keep the week-long event running smoothly and efficiently.

“There was a time when I was the nucleus at the center of the inputting station, where the items are donated, where they go on the block, the bid board, and the cashier station,” McGreevy recalled. “Now, I’m a part of a small piece of it all, overseeing all the cashing and the items that have sold.”

She added, “The Children’s Auction evolves. That’s important.”

The annual event that now supports 62 nonprofits in the Lakes Region raised \$2,100 in its first year and \$600,032 this year, its 38th. There has been tremendous growth and positive change, yet McGreevy can’t help but feel slightly wistful about “the old days.”

All those years ago, parents and children would come in or call the Auction center to make a request for help.

“They might say, ‘I’m a mom with three kids, and I can’t pay for Christmas gifts,’” McGreevy remembered, getting teary. “The next thing we’d know, a volunteer would come with a truck with a bed and a comforter. It was pretty cool to be part of that.”

The support the event provides, while critical, is not individual or personal now. The Children’s Auction is a nonprofit, and it offers grants to nonprofits, which in turn have the

direct contact and relationships with people in need.

“We’ve gotten so big we can’t take individual requests,” McGreevy said, adding, “The money gets where it’s needed. It’s very heartwarming to be part of this. It’s remarkable what we’re able to do.”

McGreevy got involved with the Auction because her husband, David, was friends with founder Warren Bailey.

“He said, ‘Come and help and get more involved,’” McGreevy remembered.

She put her organizational skills to work. She created a system for managing the many gift certificates that were donated to be auctioned off.

“I remember walking in and saying, ‘This doesn’t seem very efficient. There’s got to be a better way. Alphabetize them, or organize them by category or type,’” McGreevy said. “I helped modernize the systems.”

Thanks to R.J. Harding, the pen-on-paper method of tracking donations, which yielded hundreds of reams of paper over five days, has also been replaced with digital software. The only paper that remains are sheets that travel with the items on



Jennifer McGreevy with her son, Carson.

the bidding boards, helping the presenters learn about what’s being auctioned off and by whom.

David McGreevy has been key in the growth, too. In the event’s early years, when the Auction venue was a van, David McGreevy helped find a vacant downtown space for it to be held, spearheading the beginnings of big change. As the owner of McGreevy Automotive at the time, David McGreevy also drew on his relationship with Metrocast’s general manager Terry Hicks to help get the event televised for the first time in 1998.

dren—20-year-old Callie, 17-year-old Colin, and 12-year-old Carson.

“It’s become a family tradition,” Jennifer McGreevy said. “Carson begs me to take a day off from Gilford Middle School so he can volunteer backstage, and if his grades are good, he gets to do that.”

This year, Carson was at the Auction on Thursday, bustling around with his mother.

As the director of company partnerships with Boothby Therapy Services, which employs related service providers in schools across New Hampshire, Jennifer McGreevy has the freedom to work remotely from the Auction most of the week. Boothby owners Christopher and Maren Boothby under-

stand the drive to take part, as they are also active with the Auction and have been for many years; Christopher Boothby has sat on the board of directors.

Now that the Auction venue is a former department store, Jennifer McGreevy can sometimes be found hiding out in a dressing room, working.

Juggling the demands of life and Auction ensure that at week’s end, McGreevy is exhausted. But she wouldn’t change a thing. “I love to be involved in something that is for the greater good,” she says. “It’s such a great sense of community.”

Visit www.ChildrensAuction.com to learn how to sponsor, donate or volunteer.

Winnisquam Regional School District

NOTICE OF PUBLIC HEARING On January 21, 2020 at 6:30 p.m. At WRMS in the Media Center

In accordance with RSA 198:20-b, notice is hereby given, that the Winnisquam Regional School Board will hold a public hearing in regards to:

1. Accepting FY 19-20 Robotics Education Development Program funds in the amount of \$11,378.00.

Laconia Adult Education Winter/Spring 2020 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Intro to Pastel Painting	Tues&Thurs	3/3/20	5:30-7:30	2 weeks	*\$40.00*	LHS-509	Elizabeth Keefe
Mosaic Tile	Tues&Thurs	1/28/20	5:30-7:30	2 weeks	*\$50.00*	LHS-509	Elizabeth Keefe
Procreate Digital Painting Class	Tues&Thurs	3/31/20	5:30-7:30	2 weeks	*\$40.00*	LHS-509	Elizabeth Keefe
Quilt As You Go- Table Runners	Wed	4/1/20	6:30-8:30	4 weeks	*\$20.00*	LHS-828	Ardy Eaton
Cooking							
Chinese Cooking	Thurs	3/5/20	6:00-8:30	5 weeks	*\$60.00*	ctc-H220	Yan Li
Health & Wellness							
Abundance and the Law of Attraction!	Wed	1/29/20	6:30-8:00	1 week	Free	LHS-603	Celeste Lovett
Acupuncture, Herbs, & Holistic Medicine	Tues	1/28/20	7:00-8:30	1 week	Free	LHS-605	Brian Paterson, ND
Better Posture Better Life	Mon	1/27/20	5:30-6:15	4 weeks	\$45.00	Downtown Gym	Janine Page
Beginner Ballroom- Couple/Individual	Tues	1/28/20	7:45-8:45	4 weeks	\$90./\$50.	LHS-Café	Juli Pruden
Beyond Beginner Ballroom- Couple/Individual	Tues	1/28/20	5:45-6:45	4 weeks	\$90./\$50.	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	4/23/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Holistic Roots to Healthy Living & Life Style Choices	Tues	2/11/20	7:00-8:30	4 weeks	Free	LHS-605	Brian Paterson, ND
Introduction to Spiritual Energies	Thurs	3/12/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Line Dancing- Vintage Style	Tues	1/28/20	6:45-7:45	4 weeks	\$45.00	LHS-Café	Juli Pruden
Mah Jongg Made Easy and Fun	Wed	1/27/20	7:00-9:00	5 weeks	\$50.00	LHS-514	Sharon Fleischman
Meditation 101	Thurs	4/9/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
T'ai Chi Chih	Wed	1/29/20	5:30-6:30	8 weeks	\$70.00	ctc-H235	Nancy Frost
What are Angels & How to Communicate with them	Thurs	3/26/20	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning	Tues	1/28/20	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Thurs	1/30/20	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Tues&Thurs	1/28/20	5:00-6:15	8 weeks	*\$85.00*	ctc-H225	Bonnie Morin
Informational Classes/Seminars							
1st Time Homebuyer Seminar	Thurs	2/6/20	6:00-8:00	1 week	Free	LHS-613	Donald McLelland
Creating a Family Tree for Beginners	Mon	3/16/20	6:00-8:00	1 week	Free	LHS-606	Lynn Keltz
Estate, Wills, Trusts & Guardianship Planning	Tues	2/4/20	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Estate, Wills, Trusts & Guardianship Planning	Tues	3/3/20	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Financial Literacy	Wed	2/5/20	6:00-7:30	12 weeks	*\$60.00*	LHS-615	Stacy Brown
Personal Credit Seminar	Wed	1/29/20	6:00-8:00	1 week	Free	LHS-615	Stacy Brown
Savvy Social Security & Medicare Planning	Wed	1/29/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Smart Retirement Strategies	Wed	2/5/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Wealth Planning 101	Wed	2/12/20	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Language							
French Travel and Language	Mon	1/27/20	7:00-8:15	5 weeks	\$40.00	LHS-201	Marta Burke
Sign Language	Mon	1/27/20	6:30-8:00	10 weeks	\$50.00	LHS-315	Elizabeth Gam-
Spanish for Beginners	Mon	2/3/20	6:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	2/3/20	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	2/3/20	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Home Maintenance & Repair	Mon	1/27/20	6:00-9:00	6 weeks	\$185.00	LHS-517	Michael Pace
Basic Woodworking	Thurs	1/30/20	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Dog Obedience: Advanced	Wed	3/11/20	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Beginning	Wed	3/11/20	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Trick Dog	Wed	3/11/20	7:00-8:00	8 weeks	*\$75.00*	WHS	Carolyn Bancroft
Intro to Graphic Arts	Tues	2/4/20	6:30-8:30	3 weeks	\$60.00	LHS-507	Betsy Jacobson
Open Shop Woodworking	Tues	1/28/20	6:00-8:30	12 weeks	\$110.00	LHS-517	Ed Philpot
Planning a Novel	Thurs	3/5/20	6:00-8:00	4 weeks	\$50.00	LHS-612	Abi Maxwell
Theatre Basics	Tues	2/4/20	6:00-8:00	8 weeks	\$75.00	LHS-514	Rebekah Billings
Voice Overs...Now is Your Time!	Thurs	3/19/20	6:30-8:30	1 week	\$30.00	LHS-315	Suchavoice.com
Welding Basics: ARC, GAS, MIG & TIG	Tues	2/4/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG	Wed	2/5/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt
Welding Basics: Advanced MIG,TIG,Stick,Fabrication	Thurs	2/6/20	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAB	Rick Hewitt

* * Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

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- Coös County Democrat
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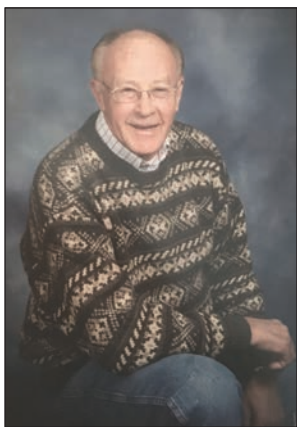
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FRANKLIN — Kristin “Boris” William Meinhold, 72, went to meet Jesus on Jan. 3, 2020 after a brief illness.

Kris was born on Feb. 5, 1947 in Brockton, Mass. to Frank and Gladys (Young) Meinhold of Hanson, Mass.

Kris lived in Hanson until 1959, when he moved to Tilton, graduating from Tilton-Northfield High School in 1965. He was active in the Boy Scouts and Explorers, and was a member of Moulton’s Band in San-



bornton as a sousaphone player. For a time, he dabbled in Real Estate. For several years, he was Captain of Engine 3 for

Kristin William Meinhold, 72

the Tilton-Northfield Fire Department, as well as Chief of Police for Northfield, retiring after 14 years of service. He then worked 18 years for Annalee dolls in Meredith as safety coordinator until he retired. He later became Superintendent of the Franklin Cemetery, finally retiring after several years. He was a deacon for the Congregational Christian Church of Franklin. He was also a member of the Masons and the Franklin Lodge of Elks.

Kris loved fishing and gardening. He also enjoyed dancing, laughing and campfires with family and friends. Managing the Tilton Island Concerts on Sunday’s was his greatest enjoyment in the summer. He looked forward to daily visits with his sister.

Kris was predeceased by his parents, Frank and Gladys Meinhold, leaving behind a son, Ethan William Meinhold and his wife Paola; two grandsons, Franklin William and Thomas

William, all of Hudson; his sister, Gail Davis, and her husband Richard of Franklin; a niece, Michelle Jettie of Vermont; nephews Shayne Bradley of Benson, N.C. and Alan Stuart of Concord and all their families; also his loving cat, Sadie Pearl.

Calling hours will be held on Friday, Jan. 10, 2020 from 5 to 7 p.m. at the William F. Smart Sr. Memorial Home, 584 West Main St. (Tilton-Franklin Road) in Tilton. A funeral service will be held

on Sunday, Jan. 12, 2020 at 2 p.m. at the Congregation Christian Church, UCC of Franklin. Burial will be held in the spring in Franklin Cemetery in Franklin.

Respecting his wishes, flowers should be omitted, memorial donations in memory of Kris, may be made to a local animal shelter or humane society or to a local first responder unit.

For more information, go to www.smartfuneralhome.com.

Franklin VNA & Hospice carols with Franklin High School students to bring holiday cheer

FRANKLIN — Residents at the NH Veterans Home, Peabody Home, Mountain Ridge Center and Golden Crest were visited by a group of caroling staff from Franklin VNA & Hospice and students from Franklin High School Band. Ariel Braggins, Music Director at Franklin High School, corralled a literal band of students totting guitars, flutes, and other instruments as they and the Franklin VNA & Hospice carolers brought some holiday cheer to residents of the local long term care centers.

“This is our third year caroling for the residents at those centers, and you can tell it really means so much to them,” says Sharolyn Fortin, Volunteer Coordinator at Franklin VNA & Hospice.

“In planning our caroling with Peabody Home, we came upon the addition of the students and both groups felt it would be good for both the students and the residents. We hope we’ve introduced a new tradition,” she notes.

Residents at Peabody Home, in Franklin, turned out for the holiday songs and even arranged a tray of treats to reward the musicians.

“Residents sang along with us or moved to the music, you can tell that music reaches us in a way that other types of interactions don’t,” Fortin notes.

“Our residents enjoyed the festive musical entertainment immensely,” says Angela Mundy, Director of Activities at Peabody Home. “Partnering with FVNA has been so beneficial this year, we look forward to other collaborations in 2020.”

Collaborations are a key value at Franklin VNA & Hospice. The agency considers improving the lives of all community members part of its mission, whether those people are being seen for home care needs or not.

“We are so thankful for the opportunity to interact with residents at all the centers near us,” says Fortin, “Often those who live in a long term care center aren’t

seen as much in the community because of mobility or fragile health, but they are a huge part of what makes our area special. Bringing together all three generations builds a sense of community, and that strengthens all of us.”

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For more information, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org.



COURTESY

Belknap Mill spotlights artist Lindsey Tebaldi

Artist Lindsey Tebaldi is the Belknap Mill’s featured exhibit this January. This collection is the culmination of the last 5 years of working during free time and vacations from school in the medium of pen and ink on paper, which is then scanned and colored digitally. An artist reception will be held Friday, Jan. 10, 6-7:30 p.m. The Riverside Gallery is open Monday–Friday, 9 a.m.–5 p.m. and Saturday 9 a.m.–4 p.m.

LRGHealthcare offering weight loss program

LACONIA — The Weight Institute of New Hampshire (WINH) is offering an eight week Weight Loss Program for a healthy 2020 and healthier you.

The OPTIFAST® program is an eight week medically supervised weight management program that closely monitors and assesses progress toward better health and emotional well-being.

You can learn more by attending a FREE information session:

When: Tuesdays, Jan. 14, 21 & 28, 4-5 p.m.

Where: WINH Conference Room, 85 Spring St., Laconia, NH 03246

Actual Program

starts February 5th and will run through March 25th, Wednesdays 4:30-5:30 p.m.

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If interested, please call WINH at 527-2946.

Art Association displays work of Audrey Rougeot

TILTON — Painting the New England scene ‘Au plein air,’ i.e. outdoors, on site, in spite of the weather, using only paint brushes and a palette knife, is a difficult task alone, couple that with the limited time mother nature gives you light, also isn’t easy! It takes both patients and a high degree of talent to accomplish the results you’re looking

for painting a meadow with an old fence, hills, old barns, etc. while at the same time you’re painting to capture the natural light, the impact of the sun, and/or rain and wind.

This is what Audrey Rougeot successfully does. Her medium is oils, Alla prima paints, and she uses under painting and glazing techniques for the best results. Her development as an artist, in part, stems from her studies with Edward Spalding DeVoe for seven years, and as members of the

Washington Art Association, Conn.

During the month of January, the Lakes Region Art Association, of which Rougeot is also a member, will host an exhibit of her work titled: ‘Embracing the Winter Blues.’ On Jan. 11, the public is invited

to a reception, 5-8 PM to meet her and see her artwork. The LRAA/ Gallery is located in the Tanager Mall, 120 Laconia Rd. Tilton, suite 132. Open every Thursday-Sunday, 10 a.m.-6 p.m.

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Photos are also welcome, but must be submitted in jpeg format.

*Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 101
with any questions regarding the submission process.*

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~Lori Salvi, daughter of Peabody Home resident, Mary Censato

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Meadowlark Trio kicks off concert season at Taylor Community

LACONIA — The 2020 Taylor Concert Series, sponsored by Bank of New Hampshire kicks off Sunday, Jan. 19 at 3 p.m. in Taylor Community's Woodside Building with the Meadowlark Trio, performing works by Mozart and Brahms. This free event is open to the public.

The trio — comprised of Janny Joo, violin; Timothy Paek, cello, and April Sun on piano — hails from America's heartland. Formed by the three best friends in 2012, they have since performed nationwide to great acclaim. Performances include the Toronto Summer



COURTESY

The 2020 Taylor Concert Series, sponsored by Bank of New Hampshire kicks off Sunday, Jan. 19 at 3 p.m. in Taylor Community's Woodside Building with the Meadowlark Trio, performing works by Mozart and Brahms.

RACE

CONTINUED FROM PAGE A1

climbing up out of the icy water.

"Well David, another year! That was excellent," announced Andrew Fournier who has made New Year's Day rafting a tradition.

As further proof of just how "excellent" the experience was, the pair grabbed their two-man raft and headed for a van that would take them back to Northfield for another run.

"The water level's great this year and the temperatures are much better than last year so we're going to keep go-



DONNA RHODES

Spectators lined the banks of the Winnepesaukee River in Franklin on New Year's morning to watch kayakers maneuver their way through the icy water during the annual First Day Franklin

ing," Fournier said.

At Trestle View Park, there was also a warming

Music Festival; Carnegie Room Concerts and Spectrum Music Series in New York as well as the Bing Concert Hall in California and house concerts in Montana.

The group looks beyond the conventional model of classical music by creating new works and commissioning works by multiple composers. They are also deeply committed to community outreach. As fellows

for Music for Food, they present concerts and workshops throughout the greater Boston area to benefit local food pantries.

Follow Taylor Community on Facebook to keep up with all our free, public events. Visit www.taylorcommunity.org, or call 366-1400 for more information about this premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

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Matthieu LaPlante of Belmont named to SUNY Potsdam President's List

POTSDAM, N.Y. — Matthieu LaPlante of Belmont was recently named to the President's List at The State University of New York at Potsdam.

LaPlante, whose major is Music Performance, was among 946 SUNY Potsdam students who were honored for academic excellence in the Fall 2019 semester. College President Dr. Kristin G. Esterberg recognized the students for earning top marks.

To achieve the honor of being on the President's List, each student must have satisfactorily completed 12 numerically-graded semester hours, with a grade point average of 3.5 or higher.

About SUNY Potsdam Founded in 1816, The State University of New York at Potsdam is one of America's first 50 colleges -- and the oldest institution within SUNY. Now in its third century, SUNY Potsdam is distinguished by a legacy of pioneering programs and educational excellence. The College currently enrolls approximately 3,600 undergraduate and graduate students. Home to the world-renowned Crane School of Music, SUNY Potsdam is known for its challenging liberal arts and sciences core, distinction in teacher training and culture of creativity. To learn more, visit <http://www.potsdam.edu>.

**SHAKER REGIONAL SCHOOL DISTRICT
NOTICE OF PUBLIC HEARINGS**

The Shaker Regional School Board will hold two public hearings on the 2020-2021 Proposed Budget, as follows:

Canterbury Elementary School – Monday, January 13, 2020, at 6 pm. If school is closed due to inclement weather the meeting will be held Wednesday, January 15, 2020.

Belmont Middle School – Tuesday, January 14, 2020, at 6 pm. If school is closed due to inclement weather the meeting will be held Thursday, January 16, 2020.

Budget information for the public hearings will be located at the schools, both town offices, the town libraries, the Canterbury Country Store, the SAU 80 Office, and on the district website, www.sau80.org.

NOTEBOOK

CONTINUED FROM PAGE A4

When I lay out this scenario, sometimes someone challenges me, usually on bears. But our bear is the black bear, not the fabled brown bear or grizzly.

The main thing our bears want to do is run away. The exception is when you inadvertently put yourself between mother and cubs. But that is a rare happenstance, usually occurring during the slight window of opportunity (for both species) known as berrying.

+++++

“Be careful what you wish for,” wrote a reader who’d noticed the inclusion of an Austin-Healey Mark III on what was my sort of Christmas/Bucket Wish list.

Up until three years ago, he owned, of course, an Austin-Healey Mark Three Thousand, a beautiful car built in 1967. “I bought mine in 1980 for \$3,200 and spent 7 years restoring it,” he wrote. With a car like that, he wryly noted, there is no such thing as being “done.”

Among other things to ponder, he said the car rides like a piece of railroad iron (and 120 pounds at that) and is not very good on a bumpy road. In fact, it’s best on pavement. Ass this has dire implications for me.

Okay, so you’d put this under “High Maintenance.” It’s like the unrestored yet ready to

use Model A Ford pickup truck I know I’ll never get--I still want one.

+++++

Once a coydog, always a coydog?

Despite coyote researchers who’ve long had evidence that “coydogs” is a misnomer, a good many people remain convinced that every wolfish-looking animal in woods and field is a cross between coyotes and domestic dogs, hence “coydogs.”

In an article widely reprinted in wildlife and academic publications in the past couple of months, author Roland Kays took a look at genetic analysis of what’s generally known as the Eastern coyote. The very name implies that our coyote is different from its Western cousin--which it certainly is.

The Eastern coyote is bigger than the Western version, and is getting bigger with each generation. This makes sense if it has to be able to take small deer or young moose to survive in such a cold climate, which it does. And to survive, particularly in northern regions, the coyote has to take large prey at every and any opportunity, to supplement its standard fare of rabbits, mice, and chipmunks and the like (coyotes also eat fruit and berries--and, like bears and other hungry creatures, your carelessly placed garbage).

Eastern coyotes, par-

ticularly in northern New England, have also learned to hunt in packs, something coyotes out West don’t do. Again, this helps them take larger prey.

+++++

When I began writing an outdoor column in the New Hampshire Sunday News in the early ‘70s, one of my favorite contacts was wildlife biologist Walter Silver. The first reports of coyotes began coming in during the early ‘40s, and accelerated after the World War II vets began coming home, and returning to the woods they sorely missed.

Walter had a way of talking very slowly, to put it mildly. You could go somewhere far away and pack your pipe in the time it took him to say “coyote.” Right or wrong, to me anyone

smoking a pipe is a signal: “This guy has lots and lots of time.” Walter always had a pipe.

Walter put out the word that he was looking for coyote pups, and a cooperative woods jobber rescued some after their mother was killed and turned them over to Fish and Game. Walter bred these supposed pure coyotes with animals of verified coyote-dog ancestry. Within a couple of generations, he said, they bred back to pure coyote, proving that the dominant genes were coyote, and the coyote was a species of its own. (Maybe. Parentheses mine.)

+++++

“Coydog” is a misnomer at any rate, because any visible coyote-dog crossbreeds last only for a generation or two. Yet the name “coydog” has stuck, and remains in

wide use.

Why do coyotes howl? The most popular reason is that they do it to stake out their territory. Another is that they’re “celebrating a kill.” That last one is particularly popular with romantics, not that there’s anything inherently wrong with that. As Wally the Whale, longtime member of The Chase Gang (a 40-plus-year hunting consortium) always somewhat mysteriously said, “I am what I am and I ain’t what I ain’t.”

+++++

Wildlife geneticists and many others in the outdoor world are anxious to put down another emerging wildlife buzzword, “coywolf.” The aforementioned Kays, a wildlife professor at North Carolina State University, says the media tend toglom onto

such terms, so he and his peers along the Eastern Seaboard want to get out ahead of the curve this time. “The media really love this new animal name,” he said. “We are witnessing the evolution of a new type of coyote right under our noses, one that is very good at living here.”

Researchers are using modern tools to identify genetic makeup of wild canines, he said, describing it as “really cool science.” But nobody, he emphasized, wants to hear the term “coywolf.”

Which means, of course, that with some people, particularly those with a dog in the terminology fight, it’ll be here to stay.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

FIRE

CONTINUED FROM PAGE A1

Gorrell’s death was not related to the fire.

Gorrell was a well-known member of the community who graduated from Winnisquam Regional High School and went on to Rensselaer Polytechnic Institute where he completed the ROTC program. From there he served in the U.S. Navy as a commissioned Lieutenant Junior Grade, taking part in many tours of duty. Before moving on to serve in the Naval

Reserve, Gorrell was promoted to the rank of Lieutenant Commander as a decorated officer. He later became a defense contractor/consultant until he eventually decided to return to his hometown of Northfield.

Back home, Gorrell served for a while as a member and chair for the Winnisquam Regional School District’s budget committee and became a CASA volunteer. Dedicated to helping at risk youth, he also signed on to become a Guardian ad Litem and

Educational Guardian and worked with the Boy Scouts organization.

He leaves behind his wife Holli, sister Sharon Reid and her husband Tom, their family and other extended family members with whom he had close ties.

According to his obituary, a service for Gorrell will take place on Jan. 13 at the New Hampshire Veterans Cemetery.

Parisi said in a press release that an investigation into the exact ori-

GIRL SCOUTS

CONTINUED FROM PAGE A1

that piques her interest. Get ready, because she’s going to make the world a better place--today and for the next generation.

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For further information, please contact Girl Scouts of the Green and White Mountains Customer Care at 888-474-9686 or customercare@girlscoutsgwm.org.

GRANT

CONTINUED FROM PAGE A1

Among the components that will be looked at through the assessment are the exterior brick walls, the roof and its overall structural integrity.

Forrester said the assessments will take place this summer and the town will decide from there how to proceed with any work that needs to be done in order to preserve the historic building.

Tilton’s latest LCHIP grant was one of 33 requests approved by their board this year, which resulted in the disbursement of \$3.5 million dollars for a variety of projects. Among the other approved requests were 12 natural resource projects for the conservation of a total of 3,500 acres of

land in towns throughout the state. Included in those approvals was one for Lily Pond in Gilford. Preservation of properties like Lily Pond, LCHIP said, will not only benefit wildlife and recreation, but protect drinking water supplies for people living downstream.

Other historic building preservation projects included the rehabilitation of Newport’s 1886 Opera House, the 1759 Ebenezer Hinsdale House in the Town of Hinsdale, and restoration work for Belmont’s 1928 library.

As Tilton celebrates a significant year in the town’s history, Forrester said she was glad to be not only looking at the past but planning for the future through this project.

2020

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Local book updated for 2020

LACONIA — In June 2018, a new book entitled "Cosmic Coincidences - a memoir of cosmic proportions" by local author Joe Laurendeau of Laco-

nia/Gilmanton. Since the first printing, relate-able stories continued to happen throughout the year causing the author to add other chapters. Most notable is the Hall & Oats concert in Gilford



Joe Laurendeau

on Aug. 17, which was delayed 40 minutes before being cancelled due to severe weather on the exact day of the 50th anniversary of the day the Woodstock concert was delayed more than four hours due to severe weather. It was also the only concert at the Pavilion in 23 years to be canceled due to severe weather.

Chaos & Kindness and The Putnam Fund are noted for their contributions to 2019, with a grand opening fireworks display and concert and BJ Thomas presented by The Putnam Fund.

BJ Thomas came to The Laconia High School on a Friday the 13th with a Full Harvest Moon. To put that in perspective, the last time a Friday the 13th and full moon happened was 2000, and the next time it will happen is 2039. Thomas commented it was his 50th wedding anniversary year, and 50

years since his first hit, "Raindrops Keep Falling On My Head."

The Summer Solstice of 2019, June 21, was sadly noted as the day of the motorcycle tragedy in Randolph took the lives of seven people.

"I was updating the book with a new chapter and shortly another story worth printing would happen," commented Laurendeau. "In order the cover the high cost of printing, which includes lots of color photos, the price on Amzon is \$30 with free shipping."


"In order to qualify for expanded distribution to bookstores and libraries, Amazon will require raising the price to \$38, which we will try in February. So for the month of January, the price will remain at \$30 to give local area residents a chance to save," he added.

Stories include The Old Man of the Mountains, the Space Shuttle Challenger and other national news stories.

"I am certainly excit-

ed to hear from area residents and anyone with their comments," the author added.


Super spiritual stories of faith, music and the cosmos and the spotlight is on The Lakes Region of NH and memoirs of the life of the author. Make it a New Year's resolution to read this book! Stories are best when you Google the events and dates for yourself. Guaranteed to take your breath away! This is a great coffee table book and conversation piece. The book is always a work in progress as new stories are added when necessary. If you love the moon, concerts, The Red Sox, New England, Churches, Christmas, family and holidays start the New Year off with this book in your hand. After reading you'll want to share it with others. Visit "Cosmic Coincidences - the book" on Facebook for updates, to share your stories and reader reviews. What's in store for 2020?



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Edward Jones: Financial Focus

Protect Yourself Against Long-term Care Costs

If you're fortunate, you'll live independently and in good health throughout your retirement years. However, if you ever needed some type of long-term care, such as a stay in a nursing home, would you be financially prepared?

To answer this question, you may want to evaluate two variables: your likelihood of needing long-term care and the cost of such care. Consider the following:

- Someone turning age 65 today has an almost 70% chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services.
- The average cost for a private room in a nursing home is about \$100,000 per year, while a home health aide costs about \$50,000 per year, according to Genworth, an insurance company. Clearly, these numbers are worth

thinking about. If you needed several years of long-term care, the expense could seriously erode your savings and investments. And keep in mind that Medicare typically pays only a small percentage of long-term care costs. Therefore, you may want to evaluate the following options for meeting these expenses:

- Self-insure – You could “self-insure” against long-term care expenses by designating some of your investment portfolio for this purpose. However, as the above numbers suggest, you'd likely have to put away a lot of money before you felt you were truly protected. This could be especially difficult, given the need to save and invest for the other expenses associated with retirement.
- Long-term care insurance – When you purchase long-term care insurance, you are essentially transferring the risk of paying for long-term care

from yourself to an insurance company. Some policies pay long-term care costs for a set number of years, while others cover you for life. You can also choose optional features, such as benefits that increase with inflation. And most long-term care policies have a waiting period between 0 and 90 days, or longer, before benefits kick in. You'll want to shop around for a policy that offers the combination of features you think best meet your needs. Also, you'll want an insurer that has demonstrated strength and stability, as measured by independent rating agencies. Here's one final point to keep in mind: Long-term care premiums get more expensive as you get older, so if you're interested in this type of coverage, don't wait too long to compare policies.

- Hybrid policy – A “hybrid” policy, such as life insurance with a long-term care/chronic illness rider, combines

long-term care benefits with those offered by a traditional life insurance policy. So, if you were to buy a hybrid policy and you never needed long-term care, your policy would pay a death benefit to the beneficiary you've named. Conversely, if you ever do need long-term care, your policy will pay benefits toward those expenses. And the amount of money available for long-term care can exceed the death benefit significantly. Hybrid policies can vary greatly in several ways, so, again, you'll need to do some research before choosing appropriate coverage. Ultimately, you may decide you're willing to take the chance of never needing any type of long-term care. But if you think that's a risk you'd rather not take, then explore all your coverage options carefully. There's no one right answer for everyone – but there's almost certainly one for you.

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Shaker Regional School District PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR FILING CANDIDACIES FOR MODERATOR AND SCHOOL BOARD MEMBERS OF THE SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of a moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 22, 2020.

The election will occur during the annual voting on Tuesday, March 10, 2020 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:
Moderator – to complete one-year of a two-year term
Belmont – two members to serve for three years (2023)
Canterbury – one member to serve for three years (2023)

Written declaration of candidacy must be filed with the clerk prior to 5:00 pm on Friday, January 31, 2020 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School's Office; 58 School Street; Belmont, NH 03220, telephone number 267-9223, or by calling Stacy Kruger, Clerk, at 267-7552 evenings.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Stacy Kruger, Clerk
Shaker Regional School District



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SPORTS

Belmont boys capture holiday tourney title

BY JOE SOUZA
Contributing Writer

GILFORD — In the big picture, a holiday tournament title means little.

The Belmont boys' basketball team is hoping its hard fought 44-32 victory over host Gilford in the annual Lakes Region Holiday Basketball Tournament championship game is the foundation of a special season in Division III.

"This is a good confidence boost for us," Belmont head coach Jim Cilley said after his squad turned back their rivals.

"We competed well against a real good team, a team that has already beaten some good teams," continued Cilley. "We are taking strides in the right direction and we have to continue to build on this when the real games start."

The Red Raiders, now 4-0 after adding two dominant wins over Prospect Mountain and Franklin since the regular season resumed, got off to a fast start behind the hot shooting of tournament MVP Jackson Reulke. The junior guard scored all 11 points for Belmont, knocking down three three-pointers to help the visitors grab an 11-4 lead after one.

Gilford struggled on the offensive side, especially with senior leader Adrian Siravo on the bench with two quick fouls.

From there, the Red Raiders answered everything Gilford threw their way to claim the holiday tournament title.

"It didn't help that our big guy got two early fouls, which it felt like he got two in the first 20 seconds of the game," Gilford head coach Rick Acquilano said.

"But Belmont is a really good team. They are a mature team," added Acquilano. "They are deceptively long and very athletic. They did a very good job on the defensive end, forcing us to make mistakes."

Reulke knocked down the first shot of the second quarter to push Belmont's lead to nine (13-4).

Gilford, with Siravo back on the court, made its first run at its rival. Siravo had



Belmont junior forward Brian Carroll goes to the hoop in the middle of a group of Gilford defenders, from left, Logan Hughes, Adrian Siravo and Alex Cheek, during the annual Lakes Region Holiday Basketball Tournament hosted by Gilford.



Belmont junior guard Nate Sottak lays in two over Gilford's Alex Cheek during the championship game of the annual Lakes Region Holiday Basketball Tournament in Gilford.

two tough conventional three-point plays inside, the first igniting a 10-0 Golden Eagle al three-point plays run. Freshman Jalen SEE RAIDERS, PAGE B3

Bears battle to the end in tourney opener

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – The Winnisquam boys' basketball team had a hard fought battle to the end with Kingswood in the opening round of the Lakes Region Holiday Basketball Tournament, but the Knights were able to claw their way to a 72-71 win.

In he first quarter it was all Kingswood, who went up 13-3 and eventually led 23-8 at the end of the quarter. This quarter would serve to be the killer for the Bears.

Winnisquam went on a 10-0 run to start the second quarter and reduced the lead to five. Kingswood then went up 29-20, but the Bears hung tight and cut the gap to 29-26. Kingswood was up 33-27 but in the final minutes of the quarter the Bears scored twice to make it 33-31 at the half.

Winnisquam took a 40-39 lead with 5:42 left in the third quarter and the teams went back-and-forth the rest of the way. Kingswood went on a 7-0 run to go up 55-47 but the Bears clawed back with a free throw, a basket and a three-pointer to make it 55-53 after three quarters. Jacob Seavey had three three-pointers in the quarter.

The fourth quarter opened with Winnisquam tying up the game and then taking a 59-57 lead 2:30 into the quarter. Winnis-



JOSHUA SPAULDING
Gunnar Horman flies toward the basket for a bucket against Kingswood.

quam had a 61-59 lead but Kingswood scored six points in a row to take a 65-61 lead. The game was tied 69-69 but the Bears went up by two points as time was winding down. Kingswood hit three free throws with 41 seconds to go and then missed two free throws that kept the Bears in the game. Winnisquam missed a runner in the lane as time expired and Kingswood held on for the gutsy win.

SEE BEARS, PAGE B3

JOSHUA SPAULDING
(Right) Caleb Bushway makes a move to the basket for the Bears.



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Belmont girls get measure of revenge on PMHS

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – The Belmont girls' basketball team went up against Prospect Mountain in the first round of the Lakes Region Holiday Tournament and took a tough loss by a score of 54-41, but after the break the Red Raiders turned things around and got a bit of redemption with a 44-36 win.

In the holiday tournament game, the Red Raiders went down 12-4 quickly as Prospect Mountain did a good job getting to the basket and finding open looks. Belmont couldn't find ways for shots to fall early and was out-rebounded.

The Red Raiders opened the second quarter with a tough quarter with a tough full court press with a good amount of pressure by Savannah Perkins, Lena Rodrigues and Courtney Burke. The solid defense led to two straight buckets for the Red Raiders, who pulled within four points. However, Prospect Mountain continued to finish well and was up 29-15 at halftime. It was a fairly even third quarter with Prospect Mountain scoring 11 points and Belmont scoring nine points, but Belmont couldn't find a way to get back in the game and fell 54-41.

The Red Raiders came out of the holiday break revived with an eight-point rematch win over Prospect Mountain.

Prospect Mountain came out hot with a 7-1 lead but Belmont's Morgan Hall had a three-point play and Molly Sottak hit a three to take a lead. Prospect led 11-9 after one quarter, but the game remained close in the second quarter

with Prospect taking a 20-18 lead into half-time.

In the third quarter, Prospect Mountain scored the first six points and at one point had a 28-20 lead, but Sottak and Rebecca Fleming hit three-pointers that helped Belmont close the gap with a 10-4 run to make it a 30-29 game.

Belmont was red hot in the fourth quarter, scoring nine straight points to take a 38-32 lead. After a Prospect Mountain three-pointer it was 38-36 but Belmont held on for the big win.

Alexis Donovan led the way with 14 points, with nine points coming in the fourth quarter. Fleming had 12 points in the win. Hall had a great night with 14 rebounds to go with her nine points. Sottak had seven points while Burke had eight rebounds and two points.

“Nice team win coming out of the break on the road against a very good Prospect Mountain team,” said coach Mark Dawalga. “We have been working hard in practice and to see it pay off in the fourth was great. Holding them to six points in the fourth was the difference in the game. Our defense was the best it has been all year in the fourth quarter. The kids were all connected on defense and closing out on their shooters.”

The Red Raiders continued to roll with a 56-40 win over Franklin. Sottak had 13 points to lead the scoring, with Donovan and Burke putting up 10 points apiece. Hall had another big night rebounding with 11 boards to go with eight points. Rodrid-



Courtney Burke puts up a shot for Belmont against Prospect Mountain.



Alexis Donovan surveys the court for the Red Raiders.

JOSHUA SPAULDING (Right) Morgan Hall backs down a defender against Prospect Mountain.

gues had seven points and Roberts had five points.

“It was a good team win as we continue to grow together as a team and learn new roles,” said Dawalga.

Next up is a home game against Gilford on Jan. 14 at 6 p.m.



Belmont unified wins pair in jamboree

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT – Belmont High School held the annual Lakes Region Unified Jamboree on Saturday, which involves teams from Belmont, Winnisquam, Gilford, Berlin, Laco-

nia and Newfound with proceeds benefiting the Special Olympics of New Hampshire.

Belmont defeated Gilford 26-14 with Kee-gan Donovan scoring 16 points.

The Red Raiders then faced the Winnisquam Bears and after being down 10-0,

came back and won 31-25. Winnisquam led 23-17 with three minutes to go. Christian Marrone scored 14 points including two three-pointers, as well as five steals, during a 14-2 run for Belmont to lead the team to victory.

Logan Wineriter wins a pair in Salem

BY BOB MARTIN
Bob@Salmonpress.news

SALEM – The Belmont swim team traveled to Salem for a meet last week and Logan Wineriter came away with a pair of wins.

In the boys' 100-meter freestyle race, Wineriter was the

winner with a time of 59.35. He also won the 100-meter backstroke with a time of 1:02.02.

In the girls' 100-meter freestyle, Chloe Wineriter was eighth with a time of 1:07.04. She was 11th in the 100-meter backstroke with a time of 1:34.37.

In the boys' 500-me-

ter freestyle, Jake Du-mais was third with a time of 6:18.31. He was also fourth in the 50-meter freestyle with a time of 27.49.

In the girls' 500-yard freestyle, Anna LaDue was ninth with a time of 7:32.19. She was also 13th in the 200-meter individual medley.

Bulldogs get big road win

BY BOB MARTIN
Bob@Salmonpress.news

WINCHENDON, Mass. – Last week the Belmont/Gilford hockey team took a big win against ConVal with a great offensive output in a 8-1 victory on the road.

The Bulldogs got the scoring going at the 7:58 mark with an unassisted goal by Will Robarge. Dylan Flannery scored at the 13:49 mark with assists going to Zoltan Stefan and Griffin Tondreau.

The flood gates opened in the second period with four goals for

the Bulldogs. Nate Shirley kicked things off with an unassisted goal at the beginning of the period. This followed quick goals by Hayden Parent and Stefan. Parent's goal was assisted by Cam Jarvi and Joey Blake. Stefan's goal was assisted by Trevor Chassie and Griffin Tondreau.

In the third period, Parent secured a hat trick with a pair of goals. The first was assisted by Brady Logan and Blake. The second was also assisted by Blake and Owen Guerin.

“The score was 2-0 af-

ter the first period but the ability for B/G to rotate three lines seem to tire the ConVal Griffins and allowed a second period with B/G scoring four goals,” coach Jason Parent said.

He added that the team had “solid defense and timely goaltending,” which he called the key for the Bulldogs' success. Goalie Colin McGreevy had 21 saves in the win.

Next up is a home game against Monadnock on Jan. 11 at 3 p.m. at the Merrill Fay Arena.

Tourney
action



JOSHUA SPAULDING
Mackenzie Phillippy pushes the ball up the court in the Lakes Region Holiday Tournament against Newfound.



JOSHUA SPAULDING
Emma Griffin battles for a ball against Newfound in a tough loss for Winnisquam. She led the team with eight points.



JOSHUA SPAULDING
Cheyenne Cooper looks for a pass against Newfound.

Belmont ski team kicks off 2020 at Gunstock

BY BOB MARTIN
Bob@Salmonpress.news
GILFORD – Belmont High School competed in the alpine ski meet at Gunstock last week. For the boys' team, in the giant slalom, Mitchell Berry placed third with a time of 56.02. Tanner McKim was 16th with a time of 1:04.90. In the slalom race, Berry was 11th

with a time of 1:39. McKim was disqualified his first race but in the second race had a time of 1:01.09, which was good for 30th in the run. For the girls' team in giant slalom, Sarah McLaughlin was 44th

BOB MARTIN
(Right) Mitchell Berry makes a turn in the slalom for the Red Raiders.



BOB MARTIN
Tanner McKim speeds down the course for Belmont in a ski meet at Gunstock.

Wolves raising funds for The Cure Starts Now

LACONIA — Please join in at the Merrill Fay Arena on Jan. 25 at 4:30 p.m. for an evening of family fun, community support and great hockey. The Wolves host in-state rival Seacoast Spartans of Exeter in a pivotal Eastern Hockey League matchup. More importantly though, the New England Wolves have once again dedicated one of their home games to celebrating the memory of John Bradley Thompson and raising awareness and research funding for The Cure Starts Now. The Cure Starts Now focuses on the Homerun Cure to all cancers by concentrating our research funding efforts on one of the deadliest forms of cancer, DIPG. With more than \$13.8 million in pediatric brain cancer research funding to date, attendees can rest assured that 100 percent of the donation, after credit card processing, will go directly to innovative research. Please



COURTESY PHOTO
The New England Wolves will host a game in memory of John Bradley Thompson to raise funds for The Cure Starts Now.

join in funding crucial research to save the youngest of warriors. The Wolves have held the JBT game since the 2015-16 season, when the Wolves defeated the Vermont Lunberjacks 8-6 in the first ever event. They raised nearly \$5,000 for the Cure Starts Now at that game, and it has grown ever since, in large part due to the introduction of the "Not- So- Mini

One on On," a shootout in between periods featuring local heroes to raise money for chances to win the coveted JBT Shootout Trophy. To date, the JBT game has raised \$80,000 for the Cure Starts Now foundation, all in the memory of John Bradley Thompson, a local Gil-

ford boy who endured a courageous battle with DIPG, an inoperable form of brain cancer. For more information on the event go to the Wolves web site, www.ne-wolveshockey.com or e-mail GM Andrew Trimble at scoringconcepts@gmail.com.



BOB MARTIN
Trinity Dunn races down the slalom course at Gunstock.



BOB MARTIN
Sarah McLaughlin skied for the Belmont ski team at Gunstock last week.

with a time of 1:29.85. In the slalom, Trinity Dunn was 37th with a time of 2:19.16. McLaughlin was 43rd with a time of 2:29.79.

BEARS

CONTINUED FROM PAGE B1

Phil Nichols had 18 points and Seavey had 17 points to lead the offensive charge. Caleb Bushway had 14 points while Gunnar Horman put up 12 points. "We came out a little bit flat and that hurt us going down 23-8 after one," said coach Kevin Dame. "We had a couple flat days of practice and prior to that I wouldn't have told you that at all. They've been working hard, but they had a flat quarter and played great the rest of the game." The consolation game was against Moultonborough Academy and the Bears won 74-21. Nichols had 20 points and Gunnar Horman had 15 points to lead. "I thought the guys

did a good job playing the way we need to play," said Dame. "We had 11 guys score for us." On Jan. 3, the Bears traveled to Mascoma Valley and dropped a tough one 59-53. The Bears were up 12-9 after a quarter, but the second quarter was a disaster, being outscored 23-6. The game was tied up in the fourth quarter with less than a two minutes left, in what Dame said was a one possession game. Nichols was the scoring leader with 35 points, with Dame saying he was "lights out." He also had five steals. "He was incredible on both ends of the court," Dame said. Next up for the Bears is an away game against Newfound on Jan. 14 at 6:30 p.m.

RAIDERS

CONTINUED FROM PAGE B1

Reese capped the spurt with a tough bucket inside, with his ensuing Gilford free throw giving Gilford their only lead of the night (14-13). The Red Raiders responded and they did so with Reulke on the bench with a pair of fouls. Junior guard Nate Sottak knocked down five of six from the charity stripe to give Belmont an 18-14 lead the visitors would not relinquish. Freshman Jamison Gaudette had a nice finish inside and senior Keith Landry knocked down a long three, capping Belmont's 10-0 run for a 23-14 lead at the half. The intensity picked up in the second half, especially on the defensive end for both clubs. Gilford looked poised to make a run, scoring the first five points of the third quarter. Backed by a

big defensive effort and Gilford's struggles to finish underneath, the Red Raiders weathered the storm and scored the final six points of the quarter for a 29-19 edge after three. "They made some good adjustments at halftime and I thought they really outplayed us in the third," said Cilley. "But I looked at the scoresheet and we outscored them by one (6-5). "We did a really good job. My kids played really hard," the veteran coach continued. "Our two guards (Reulke and Sottak) are special, but (Tommy) Galambos came in and did a really good job for us. We brought Gaudette up from the JV team to give him some minutes. He played great yesterday and he was fantastic again. And Keith Landry, playing Adrian the entire game. He was contest-

ing shots. He did a really good job defensively, which he's not known for but can do it." While the Golden Eagles appeared poised to break out on a run at any moment in the final quarter, Belmont was ready to respond either on the defensive end or with a big bucket on the other. Gilford got no closer than six points (38-32) when senior Logan Hughes drained a corner three with 1:12 remaining. "Late in the game, I felt we were in striking distance, but they kept making plays to hold us off and that's a sign of a very good team," Acquilano said. Reulke tossed in 17 points to lead all scorers. Sottak and Landry finished with nine apiece, while Gaudette finished with seven and Bryce Hall rounded out the scoring with two. For the Golden Ea-

gles, Siravo led the way with 14 points. Hughes finished with seven, while Reese tossed in five. Alex Cheek, Riley Marsh and Connor Sullivan all had two points. "We need to get better at everything," Acquilano said. "We need to get better each day. We need to work on coming together as a team and playing team basketball." Meanwhile, Belmont will be looking to build on the tournament run that included wins over Prospect Mountain and Laconia. "Gilford is a really good team. Rick got me into coaching and our teams mirror each other. We do a lot of the same stuff," Cilley said. "It's always a dog fight with them and we'll see them two more times when the games count." Those are slated for Jan. 14 in Gilford and Feb. 25 in Belmont.

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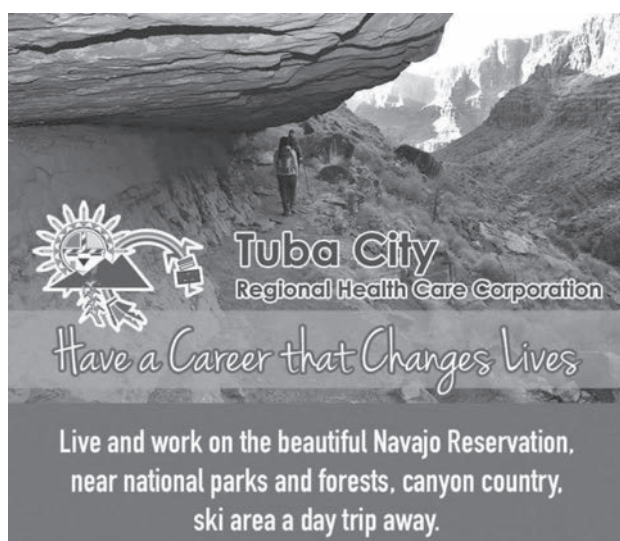
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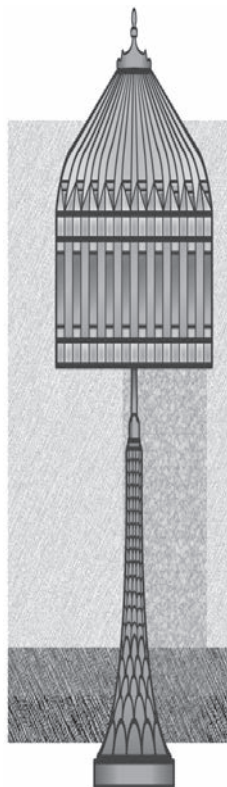


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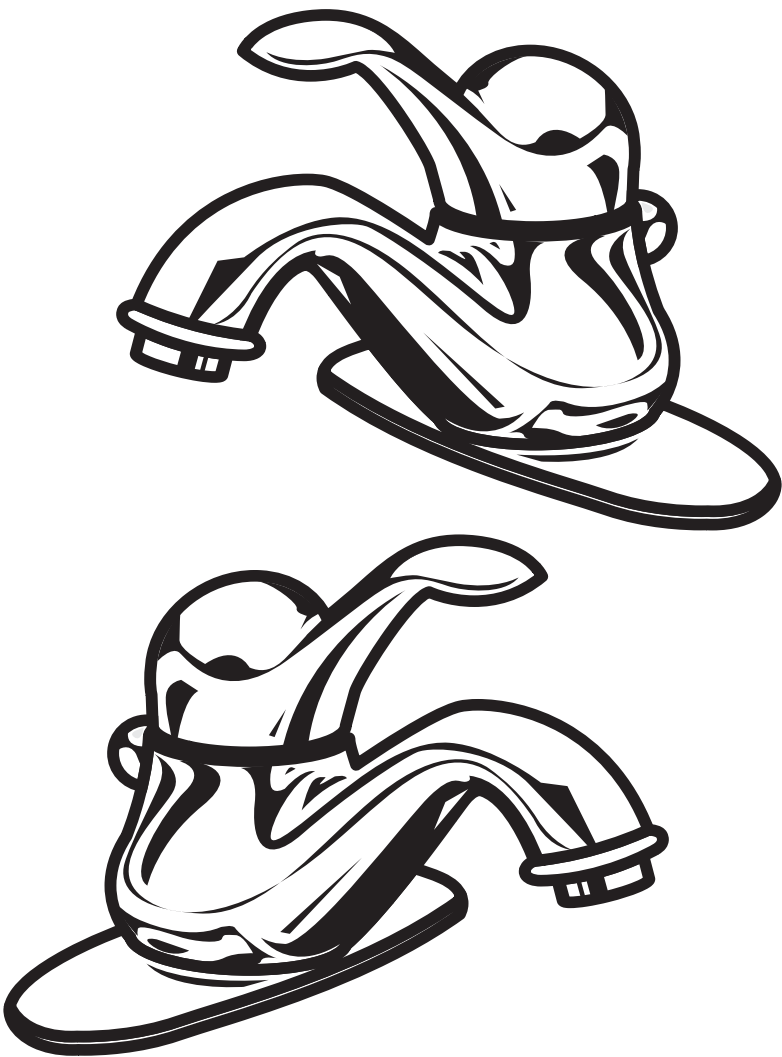
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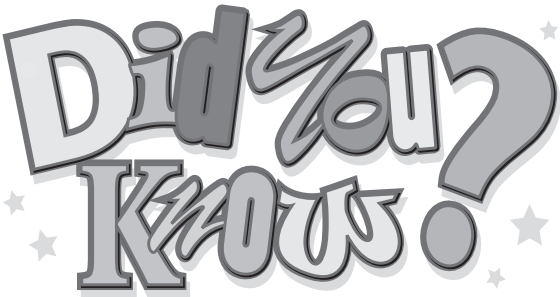


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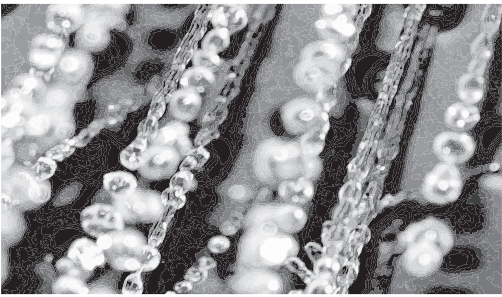
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- ENGLISH:** Bathtub
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- ITALIAN:** Vasca da bagno
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ANSWER: SHOWER HEAD

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Solve the code to discover words related to getting organized.
Each number corresponds to a letter.
(Hint: 23 = e)

A. 17 7 12 23 7 19 26

Clue: Methodically

B. 6 23 5 11

Clue: In place

C. 24 2 19 23 18

Clue: Storage devices

D. 18 11 17 7 5 14 23

Clue: Retention

Answers: A. orderly B. neat C. files D. storage

SUDOKU

5	7				9	1		8
	1				7	5		
2				5	6			3
		4						
			9				5	
			1	4		8		
6	2		8					
9				7				

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	4	8	6	7	5	3	2	1
6	2	1	8	3	4	7	5	9
7	3	5	1	4	2	8	6	9
1	6	7	9	3	8	2	5	4
3	5	4	7	2	1	9	8	6
2	8	9	4	5	6	7	1	3
8	9	2	5	1	4	6	3	7
4	1	6	3	8	7	5	9	2
5	7	3	2	6	9	1	4	8

ANSWER:

Belmont boys pull away in tourney opener

BY BOB MARTIN
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GILFORD – The Belmont boys' basketball team opened up the Lakes Region Basketball Tournament against Prospect Mountain and while the game was close to start, the Red Raiders pulled away and cruised to a 74-57 victory.

The game began with a steal and a three-point-er in the opening minute by Nate Sottak and it looked like the Red Raiders might come out hot. However there was back-and-forth scoring much of the first quarter until Belmont widened the lead to 13-7 with a 7-1 run to end the first quarter.

Prospect Mountain brought it to a 22-22 game with 3:20 on the clock in the second quarter, but this was about as close as things would get. Belmont went on a 13-3 run in the final minutes of the half to go up 35-25. Belmont then dominated the second half with strong play by Keith Landry on defense and great moves to the hoop by Jackson Ruelke. It was a 53-37 game at the end of the third quarter.

The strong play on both sides of the ball continued in the fourth and Belmont ran away with the game, winning 74-57.

Ruelke was the scoring leader with 28 points in the game. Sottak add-



Freshman Jamison Gaudette was impressive in the Lakes Region Holiday Tournament for Belmont.

BOB MARTIN



Keith Landry sends a shot away against Prospect Mountain.

BOB MARTIN

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ed 19 points in a great all-around performance.

“We were really solid,” said coach Jim Cilley. “Once again the guards carried the load scoring-wise.”

Isaiah Costa, who is one of the team's top players, was out of the lineup due to an illness. This opened the opportunity to bring in freshman Jason Gaudette, who Cilley said was “very, very good.”

Cilley said it was good to get a big win in he tournament opener against a team that Belmont will be facing soon in the regular season.

“This was really good for us because we were seeing Prospect right after the break as well,” said Cilley. “We were pretty effective against them in the tournament game, and even more effective against Prospect in the regular season game.”

Belmont faced Prospect Mountain on Jan. 2 and won 78-50. Ruelke led with 28 points on 8/10 shooting in a game where he had 24 points at halftime before sitting the final 11 minutes of the game. Landry had 14 points while Costa and Sottak had nine points each.

The Red Raiders then traveled to Franklin on Jan. 3 and came away with a 70-38 victory. Costa led with 19 points while Ruelke had 18 points, and Sottak had 11 points.

Cilley has been impressed with the early play of his squad.

“We are having a pretty solid start to the year,” said Cilley.

Next up for Belmont is an away game against rival Gilford on Jan. 14 with a 6 p.m. tip off.

BOB MARTIN
(Left) Jackson Ruelke has been a top source of scoring for the Red Raiders this winter.

HAPPY NEW YEAR FROM BREWSTER ACADEMY

2020 is a banner year for Brewster as we celebrate our 200th birthday. In the spirit of our Bicentennial, we send wishes for a healthy and happy new year to all our Lakes Region neighbors, alumni, and families!

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