THURSDAY, JUNE 2, 2016

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

# **Belmont salutes servicemen** and women through the generations

BY DONNA RHODES

drhodes@salmnonpress.com

BELMONT — Residents of Belmont lined Main Street on Monday afternoon, then gathered by the war monument on Church Street to pay tribute on Memorial Day to the men and women who gave their all for freedom and the betterment of the nation through wars stemming back to the Revolution.

Following a patriotic parade, led off by the Belmont Police Department's Honor Guard and including veterans, scouting groups and the Belmont High School marching band, the solemn ceremonies then got underway as everyone gathered at memorial



DONNA RHODES

Five-year-old triplets Jasmine, Madelyn and Caden were very patriotic last Monday when they and their mom Melanie Roberts attended Memorial Day ceremonies in Belmont.

Charles Kilburn American Legion Post 58 Commander Richard Stanley welcomed the

crowd by saying simply, "Most of us assembled here understand why we

Reiterating the fact that Memorial Day isn't just a day for barbecues and commercial retail

bargains, he went on to recite the refrain of the familiar song, "Proud to Be An American," made famous by artist Lee Greenwood.

"I'm proud to be an American where at least I know I'm free/ And I won't forget the men who died who gave that right to me/ And I'd gladly stand up next to you and defend Her still today/ 'Cause there ain't no doubt I love this land/ God Bless the U.S.A."

Stanley went on to praise all who have been lost in the fight for freedom and also saluted those who have survived their time in service for the struggles they face even after returning home. He encouraged everyone to support each of those brave men and women as well as their families.

Pastor Andy Barnes of Belmont Baptist Church delivered the invocation for the ceremony, reflecting on those who gave all and their loved ones who also made great sacrifices for "a worthy cause we can all be proud of."

During a moment of silence, representatives from Boy Scout Troop 65 and Cub Scout Pack 65 then laid a wreath before the monument.

Girls Scouts of Troop 21532 and their younger members also tossed flowers into the Tioga River in honor of all who lost their lives at sea over the past 241 years.

Other tributes came from VFW members Woody Fogg and Howard Brown who raised the American flag that had rested at half-mast all morning, and from their fellow veterans Bob Stevens who read names of the recently passed veterans from the community as Steve Bracey

SEE **SALUTE**, PAGE A11

## Northfield street fight results in four arrests

BY DONNA RHODES

drhodes@salmonpress.com

NORTHFIELD — At approximately 7:42 p.m. on Friday, May 27, the Northfield Police Department received a 9-1-1 call for a motor vehicle accident at the intersec-

tion of Park St. and Dearborn Road and the caller reported a fight had also broken out at the scene.

When officers arrived at the intersection they found what they described as "a chaotic scene with several individuals actively fighting and several more people watching and attempting to separate the individuals."

Northfield police reported in their press release that in addition to those involved in the

fight, a crowd had gathered at the location, with some people trying to separate the individuals.

Due to the intensity of the fight and number of people at the scene,

NPD requested assistance from both the New Hampshire State Police and the Tilton Police Department. Park Street was closed for a short SEE **FIGHT**. PAGE A10



### Sanbornton police pay tribute to departing officer

Last Wednesday evening, members of the Sanbornton Police Department, both past and present, paid tribute to Officer Tracy Trammel, who retired after 19 years of service in the community to return to his home state of Louisiana. Chief Stephen Hankard presented him with a plaque in tribute to his dedication as everyone gathered to wish him well in his new ventures. From his fellow officers and chief came the statement, "Best of luck in Louisiana Tracy, you will be greatly missed! Y'all come back now, hear!"

# Household hazardous waste: A common problem, a simple solution

REGION are many toxic materials which exist right inside many Lakes Region homes. These toxic materials are known as "hazardous wastes," which are substances that poison or contaminate the environment, and threaten the health of those in the local community. They may be flammable, corrosive, or reactive, and should be disposed of properly so as not to harm people

—There or damage the region's kitchen or bathroom soil and water resourc-

Oftentimes we envision hazardous wastes produced by factories, contaminating the surrounding soil and water. This sort of pollution can exist, though much has been done over the last several decades to clean this up. The fact is that most households use and create hazardous waste every day.

Look under your

sink, at the basement workbench, in the garage or garden shed – wherever you store cleaning products, home and vehicle maintenance items, or garden chemicals. a product label says "warning," "danger," "poison," or "caution," the product contains ingredients that are flammable, poisonous, will burn the skin and eyes, or react violently with other chemicals. These items, if disposed of improperly, are a very real threat to the health of the community, and the natural ecosystem. Municipal treatment plants and leachfields are incapable of processing these chemicals. In other words, these chemicals can remain in the water supply. Even the SEE WASTE, PAGE A10

# BHS students join local veterans to improve land around covered bridge

BY DONNA RHODES

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BELMONT — Before the busy holiday weekend got underway last Friday, a group of community minded veterans and enthusiastic members of Belmont High School's Class of 2016 spent a few hours in the hot sun doing service to the town.

American Legion Post 58 Commander Richard Stanley said through Post member Woody Fogg and his participation with the Village Revitalization Committee, they decided to take on the task of improving the land around the new covered bridge that crossed the Tioga from Route 140 into Belmont Village.

"We like to have a project to call our own," Stanley said.

By clearing the brush along the Route 140 parking lot for the bridge, it now has greater visibility in the village and the public may more readily access the river for fishing and other seasonal activities.

Post 58 is a small but committed group of veterans that currently has 54 veteran members enrolled.

SEE BRIDGE, PAGE A10



Members of American Legion Post 58 in Belmont invited graduating seniors from Belmont High School to join forces with them for a community service project that cleared land around the newly placed covered bridge in Belmont Village and along the banks of the Tioga River.

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email: steamer@salmonpress.com

# **Bowl-a-thon benefits Children's Auction**

BY ERIN PLUMMER

eplummer@salmonpress.com

LACONIA — Business people and civic leaders from across the area took to the bowling lanes at Funspot for a night of friendly competition, food, and good times all benefiting children and families in need in the Lakes Re-

On Thursday night, 16 teams took part in the fifth annual Bowl-a-thon put on by Fusion, this year's event benefiting the Children's Auction of the Greater Lakes Re-

Fusion is a Lakes Region-based organization connecting young professionals with established businesses and create networking opportunities. The Bowl-athon benefits a different organization each year; previous beneficiaries include the Faith, Hope, and Love Foundation. Got Lunch Laconia, and the Santa Fund of the Lakes Region.

This year's event benefited the Children's Auction of the Greater Lakes Region.

"It's been such a longstanding, great charity in he community, we really felt like out money would have the biggest impact," said Kara La-Salle, president of Fu-

Jamie Sousa, who sits on both the boards of Fusion and the Children's Auction, said the Fusion board thought the Children's Auction was a perfect fit for the Bowla-thon.

"Our goal is to give back to future generations," Sousa said.

At the beginning of the event Sousa read a letter from Children's Auction founder Warren Bailey. Bailey thanked the event organizers for this benefit. He said since the auction began 34 years ago, the common question he

has received is "How can I help?"

"Whether as a group of an individual you have stepped up to the challenge," Bailey wrote. Bailey said as everyone came together for a fun night of bowling, "your kindness and caring goes a long way in telling a child you care."

A portion of the evening's proceeds went to the Children's Auction's many efforts for children and families in the area. Children's Auction board member Ed Darling said each application for assistance is reviewed by the Disbursements Committee and ranked according to priority. Highest priority goes to immediate needs, such as food, coats, and Christmas presents. Second priority goes to "agencies responsible for improving the lives of children and families in the Lakes Region." Third is for onetime purchases or capital expenses. The fourth is for group activities, such as sports and sum-

donation jar.

A number of board

"Any event for the Children's Auction is good," said Children's Auction board member Tony Felch.

Board member Bob Glassett said this was another opportunity to get the word out about their organization and

as many events as we can to support the people

mer camp scholarships.

The teams included members of area businesses and individuals conglomerated into teams Half the teams bowled candlepin and the other half bowled ten-pin, switching halfway through. There were also raffles and a

members for the Children's Auction stepped up to the lanes.

get more support.

"We try to get out and

Teams bowl for a good cause during the fifth annual Fusion Bowl-a-thon, this year's even benefiting the Children's Auction of the Greater Lakes Region.

putting them on," Glas- and beyond. sett said.

Darling has been working with the Children's Auction since 1984 and was happy with was is going on now, from the 16 teams at that event to Pub Mania and efforts by the schools and fire departments

"It's been a very humbling experience to be part of it," Darling said.

He said it has been amazing to watch this grow and see the community support it has received in the past 32

The evening's over-

all winner was the team

from Burrito Me.

Other upcoming Fusion networking events include kayaking Meredith Bay with Ekal, the Haunted Corn Maze at Beans and Greens in Gilford, the Impact Awards, and a possible murder mystery night.

### HALL MEMORIAL LIBRARY HAPPENINGS

Tilton/Northfield

Monday, June 6 Chess Club, 3-6 p.m. Adult Games Night, 6

Scrabble and Bananagrams... Come play word games

Tuesday, June 7 Spanish Club, 10 a.m. Tech Tuesday, 2-4

Project Teen, 3 p.m. Mini Foosball

Wednesday, June 8 Story Time, 10:30 and 11:30 a.m.

> Scrabble, 1 p.m. Arts and Crafts, 3:30

Beach

Rain Sticks

Magic the Gathering,

Chance Anderson facilitates... No cards? We share.

Friday, June 10 Sit and Knit, 2-5 p.m.

Saturday, June 11 Let's Go Lego, 10 a.m. Building imaginations one brick at a time!

**New Items** 

"The Apartment: a novel" by Danielle Steel "Everybody's Fool"

by Richard Russo

"Everyone Brave is Forgiven" by Chris Cleave

"Night Shift: a novel of Midnight, Texas" by Charlaine Harris

"Redemption Road: a novel" by John Hart "The Woman in Blue:

a Ruth Galloway mystery" by Elly Griffiths

### BELMONT POLICE LOG

BELMONT Belmont Police Department responded to 125 calls for service and made the following arrests during the week of May 22-27.

Eric R. Sleeper, age 45, of Laconia was arrested on May 22 for Domestic Violence; Assault.

Mamie C. Murray, age 18, of Belmont was arrested on May 24 for Domestic Violence; Assault.

Brandon G. Paquin, age 32, of Loudon was arrested on May 26 for a False Inspection or Registration Sticker.

The following arrest was inadvertently omitted from last week's po-

Joshua Christopher of Possession of Con-

Levesque, age 26, of Belmont was arrested on May 14 for Resisting Arrest or Detention, Default or Breach of Bail Conditions, four counts trolled/Narcotic Drugs, a separate count of Possession of Controlled/ Narcotic Drugs with Intent to Distribute, and an outstanding bench

### **Interfaith Prayer Breakfast spurs** donation to Belknap House

LACONIA — On the National Day of Prayer, May 5, the Second Annual Lakes Region Interfaith Prayer Breakfast brought together people

SEE BREAKFAST, PAGE A10 Fine Cigars Briar Pipes Imported Tobacco Humidors • Lighters Imported Cigarettes - Family Owned and Operated -71 Church St. · Laconia, NH 03246 603-528-4092 phone 603-528-5699 fax



Greg Partamian, director of the Second Annual Lakes Region Interfaith Prayer Breakfast, presents a check in the amount of \$900 to Colleen Garrity, President of Belknap House.

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# **Shavings to commence** Saturday for this year's St. Baldrick's

BY ERIN PLUMMER

eplummer@salmonpress.com

The clippers will be buzzing off people's hair for another year to raise money for kids with cancer during this year's annual St. Baldrick's event.

Lakes Region St. Baldrick's will hold its annual event on Saturday, June 4 from 9 a.m.-1 p.m. at the Gilford Youth Center, with more than 30 people already signed up to have their heads shaved.

The Lakes Region event started in the 2000's, and has been at other venues such as Gunstock. This will be the seventh year that St. Baldrick's is at the GYC.

Since its beginning, Lakes Region St. Baldrick's has raised over \$450,000 for the St. Baldrick's Foundation, an organization that provides funding for children's cancer research. Some of the area agencies that have benefited include Children's Hos-

pital at Dartmouth and Children's Hospital in Boston.

"Unfortunately, this community has been affected by children's cancer over the years," said GYC director and event organizer Scott Hodsdon. "We've really come together as a community to support these families."

Hodsdon said this is not only helping kids in Gilford but all over the Lakes Region, the state, and beyond that.

In the past few years, the event has taken place in the early evening, this vear it was moved back to the morning and afternoon hours. Hodsdon said it seems the focus was to go back to how it began with more emphasis on the people having their heads shaved.

"We want to keep it simple and have a fun atmosphere," Hodsdon

As of Friday morning, 30 people had signed up

Shauna Kennett of Laconia had her head shaved by Carla Ringer during the 2015 St. Baldrick's event. St. Baldrick's will return for another year this Saturday.

with almost \$5,000 raised so far.

This year's St. Baldrick's will be hosted by Nazzy and Mya of WLNH, and will also feature a special guest speaker.

Free food will be to get their heads shaved served, including an ice if someone is a match.

cream stand by Ben & Jerry's of Meredith.

There will also be a bake sale, silent auction, and a sale of St. Baldrick's t-shirts. The event will also have a bone marrow drive to take DNA samples to see

"It's a celebration of the St. Baldrick's Foundation and what they do." Hodsdon said.

Hodsdon said the GYC is honored to be part of this event that helps so many people.

"It's arguably one of our most special

events." Hodsdon said. "We're very proud to have it here and we're very proud the Gilford Youth Center can attach its name to its cause."

He said they want to reach out to the Lakes Region as a whole.

"We encourage people from all over the Lakes Region to come to this event and show their support," Hodsdon

Hodsdon said he is really grateful for all the volunteers that help out. He said it is a lot of work to have one event, but an annual event requires a lot of people's dedica-

This is the first year he is the organizer and said it has helped a lot to have many other people around who are familiar with the event.

"These people truly have a passion for this event," Hodsdon said. "It's terrific to work with such individuals who have a passion for what they're doing."

Hodsdon said they will offer the space as long as there is a need, though he said he was told by past organizer John Beland that they hope they will never have that need.



— Camp opens on Monday, June 27 and ends on Friday, Aug. 12 (seven-week program). We open at 7 a.m. and close at 5:30 p.m. We operate out of the Sanbornton Central School Gvm. We accept children who are age six (as of June 1, 2016) or who have completed

age 12.

We are licensed by the State of New Hampshire Childcare Licensing Bureau and we comply with all state regulations. Therefore, all children must have a completed registration form, immunization records, and a current physical to com-

We also accept payments from Health & Human Services.

Each week, we host a different theme. This summer's themes are: Medieval Magic, The Rain Forest, Let's Go Camping, Decades Week, Space is a Place, The Mighty Jungle, and Holiday Week.

Our scheduled field trips include Whales Tale, Polar Caves, Chucksters, Krazy Kids, Smitty's Cinema and McAuliffe – Shepard Discovery Center. Every Wednesday we walk to the Sanbornton Library and campers participate in the Summer Reading

jammed packed with lots of activities of indoor and outdoor games and crafts. You can sign-up for as

many weeks as you like or you can come as needed on a daily basis if space is available. For more information about this fun camp, call Dolly at 286-7499 or email: sanbrec@ metrocast. Our brochure is available online at: http://sanborntonnh. org/Departments/ Recreation/2016%20 Summer % 20Day % 20 Camp%20Brochure.pdf.



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## American Cancer Society paints the Lakes Region purple for 2016 Relay for Life

REGION—The American Cancer Society Relay For Life Of Lake Winnipesaukee is offering an opportunity for businesses and local communities to show their awareness

against cancer from June 18 – June 25.

For all those touched by cancer, purple is more than a color. It represents hope and embodies the

and support in the fight power and promise of the American Cancer Society Relay For Life movement. This year we want to take the purple movement to more people and spread our message fur-

ther. We want to "Paint The Town Purple" so that cancer never steals another life. Every team, every survivor, and every dollar raised can help SEE **RELAY**, PAGE A11



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### Tuesday- June 14, 2016 Tilton Town Hall 257 Main Street, Tilton, NH AGENDA 6:30 PM Call to order Review the May 24, 2016 minutes PB15-04 Subdivision – proposal to subdivide to create an additional resiial parcel at 246 Calef Hill Road in the Rural Agricultural District (R2/3-5) PB16-05 Site Plan Review – proposal to construct and operate a gas stavenience store and additional retail building at 80 & 96 East Main Street in the Regional Commercial District (R24/12 & 13) **Other Business** Correspondence Other business

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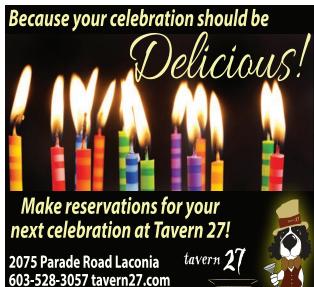
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### SHAKER REGIONAL SCHOOL DISTRICT SCHOOL BOARD VACANCY

Persons interested in representing Belmont on the Shaker Regional School Board until the next school election in March, 2017 are invited to submit a resume and letter of qualification to Shaker Regional School District; Sean Embree, Chair; 58 School Street; Belmont, NH 03220. Interested parties must be a resident of Belmont and registered to vote. The

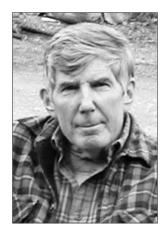
deadline for submission is June 9, 2016.



A4 Thursday, June 2, 2016 WINNISQUAM ECHO

### **NORTH COUNTRY NOTEBOOK**

# The road to Rangeley, Maine is paved with indentations



By John Harrigan Columnist

There is no quick way to get to Rangeley, Maine, except by floatplane or helicopter. I truly love traveling by floatplane and have done so all over the Far North. Ditto for helicopters, although I do not like riding in them so much and have always regarded them as machines designed to shake themselves to nieces

pieces.

My best friend Jeff
Fair of Palmer, Alaska
also is well accustomed
to helicopters and floatplanes, not so much the
former and very much
the latter, because aviation gas is expensive
as it is, and helicopters
drink it like whisky.
Floatplanes are a bit
cheaper but not much,
and by necessity are the

taxis of the Far North.

Jeff comes down to

the Richardson Lakes and Aziscohos and Parmachenee and Umbagog regions once or twice a year to do wildlife biology work for the power companies that control the lake levels there, as part of their licensing agreement. So one day last week we agreed to meet in Rangeley for supper.

I was afar, in Lancaster, and got waylaid by a doctor's appointment, and suddenly I knew that I'd never make our meeting time at Sarge's in Rangeley, and so I tried to put the hammer down along Route 142 between Rumford and Route 4, and discovered what I already knew, that if you try to make time the permanent frost-heaves will make an astronaut out of you. There's no cell signal for most of the trip, but at the apogee of one of the major frost-heaves, atop some ridge, I actually got Jeff and he heard the word "late," and that was good enough, because when I got to Sarge's it had bothered him not at all and he was into a second or third pitcher with his crew of fellow misfits, who help him spot wildlife and fix loon nesting barges and stuff like that.

SEE **NOTEBOOK**, PAGE A12



JOHN HARRIGAN

This fine old farmhouse in Wilsons Mills, Maine, is high and dry while getting a new lease on life in the form of a new foundation.

# Winnisquam Echo

Established October 14, 2004
Published every Thursday at
5 Water Street, Meredith, New Hampshire 03253
Telephone: (603) 279-4516
Toll Free: (877) 766-6889
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USPS 024-975

The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

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### PET OF THE WEEK



Giving this little puppy a big empowering, Superhero name is just the first step for young Thor as he learns a little more about the world each day at New Hampshire

Humane Society.

Thor and his four littermates were found in the driveway one morning. We're glad those folks left them with us, rather than abandoning them in the woods somewhere; we ARE here to help, after all.

Thor is a handsome tan & white pup of terrier extraction, only a DNA test, yes they have them for dogs now, will tell the tale of his parentage but it's a reasonable guestimate he's a gentle, sweet, shy Staffordshire Terrier type. Perhaps watching the documentary, The Champions, might help those decide if they wish to open their hearts and home to little Thor, he needs some confidence building and required puppy classes available at New Hamp-

**THOR** 

shire Humane Society.
With kind, positive guidance Thor will surely emerge from his shell of insecurity into the sunlight of confidence that life with caring humans will imbue him with.

Best home, one with children over twelve years of age, and did we mention, he likes cats!

### **LETTERS TO THE EDITOR**

### A busy summer season lies ahead for Sanbornton Bay Association

To the Editor:

Once again, the Sanbornton Bay Association is preparing for our annual yard sale. It will take place June 25 with (rain date June 26) at The Leighton Farm, 9 a.m. to 2 p.m., 386 Lower Bay Rd., Sanbornton

We are having a new event on July 2 at 8 a.m. — kayak races! One race will be one and a half miles, and another one three miles. Information, including where the race begins and where to turn in registration forms, will be available at Winnisquam Marine

or Winnisquam Market as of June 6.

It is year 26 for our Boat Parade. The parade will also be July 2 , at 2 p.m. Entry forms are at Winnisquam Marine or Winnisquam Market as of June 6. The theme this year is "Your Favorite President or 2016 Candidate." Rain date July 3, 2 p.m. Get creative and have a great time!

Barb Bormes Grita Olmstead Social Directors, Sanbornton Bay Association

### Sanbornton's Old Home Day will be July 23

To the Editor:

We co-chairs, Dave Witham and Lynn Chong, announce Sanbornton's Old Home Day, Saturday, July 23, all day in our "Town Square." We will have pancake breakfast at Lane Tavern (8:30 a.m. start), vendors, demonstrators of crafts and skills, lunch sold by groups, storytelling, Wildlife Encounter, Fire Station involvement, car show, cow pat bingo, and many things too numerous to name here.

Are there vendors to contact us? Are there parade groups for our late-day parade? We'd love to see family groups who've put together something catchy.

Brad Crosby is going to run a cribbage tournament, and would like players to call ahead and sign

in with him so he can make a schedule. Those games will be in Lane Tavern, our Sanbornton Historical Society building. Call Brad at 286-8605.

Call Lynn Chong at 934-6486 or Dave Witham at 286-9590 to get into the mix of things going on, skills to share, or to help that day. We'll again have free cake slices with Rock Salt Creamery ice cream, and that table can use help. Cakes need baking! By June 15 we need to have our T-shirt sponsor names all in. Thank you, all.

Sincerely,

Lynn Chong Dave Witham Sanbornton

### Help Uno's help us!

To the Editor:

During these hot and muggy summer months, hunger is surely to prompt you for something to eat. While undecided about what and where, let me suggest the perfect dining enjoyment within an air conditioned and friendly environment: Uno's restaurant at Tanger Outlets in Tilton.

Uno's has provided a "Dough Raiser" the second Tuesday of every month for the Twin Rivers Interfaith Food Pantry, located in Franklin. We serve the City of Franklin and the towns of Salisbury, Sanbornton, Hill, Danbury, Northfield, Andover and Tilton.

On the second Tuesday of every month, when

you enjoy a meal at Uno's and provide them with a coupon, 20 percent of your bill is donated by Uno's to Twin Rivers Interfaith Food Pantry. What a fabulous way to support the hungry individuals and families in these areas! Contact Rev. Karen Heavey, Director at 934-2662 and I will mail these coupons directly to you. Share them with your friends to further raise

both awareness and greatly needed support.

On behalf of all of us at the Pantry and Uno's -thank you so very much!

Rev. Karen Heavey Senior Pastor Grace and Hope Community Church

## Thoughts from the Thrift Shop

News from the Gilmanton Community Church Thrift Shop and Food Pantry

As you may have ton Food Pantry & noticed, the Gilman- Thrift Shop building

# Send your letters!

Winnisquam Echo P.O. Box 729 Meredith, NH, 03253

Our fax number is 279-3331.

Or, you can e-mail us at echo@salmonpress.com.

Please include your name, address

and phone number.

is receiving a face lift with new siding. This has been made possible due to the popularity of the Gilmanton Thrift Shop, through the sale of clothing and accessories, as well as those of you who have sponsored and attended our past fundraising events.

Let us be clear, no money donated to the Food Pantry has been used to pay for this siding. The success of our fundraising events, the Thrift Shop, and all who frequent there has helped make it possible to keep our Food Pan-

try shelves stocked and to maintain the upkeep of the building.

The Gilmanton Food Pantry & Thrift Shop Committee thank you enough for your support. The Food Pantry strives to provide supplemental assistance to those in the town of Gilmanton who may need a helping hand. The Thrift Shop endeavors to make available a variety of gently used clothing, shoes, boots and accessories for a reasonable price. It is a win, win for everybody.

SEE **THRIFT**, PAGE A10

BY RANDY HILMAN

Regional homes sales through May were up a healthy 19 percent year over year despite a downturn in new listings and nearly flat pending sales, figures show.

In the midst of a robust sales environment statewide and especially in Belknap, Carroll and Grafton counties, home buyers also benefitted as the median home price remained fairly stable, rising slightly above 5 percent statewide over 12 months and less than 1 percent locally through May of this year, according to statistical data from the New England Real Estate Network Multiple Listing Service.

The New Hampshire Association of REAL-TORS® described the state of the residential real estate market as "predictable."

"The housing market is being predictable, and that's a good thing," NHAR wrote in its most recent April housing report. "At the beginning of the year, it

# The Winnipesaukee Talkie

## Home sales rise, inventory shrinks, prices stable

prevailing trends of the past year would continue into and through 2016 and that has largely been the case."

NHAR reported new listings statewide up nearly 19 percent for the month and 22 percent year-to-date. the three-county Lakes Region, 1,272 homes sold through May, up 19.2 percent from the 1,067 sales in the same period a year ago, according to NEREN.

Dollar volume rose as well, up 24.5 percent year over year to \$329.4

Pending sales, meanwhile, up nearly 19 percent statewide, rose a marginal 2.3% in the Lakes Region with May pending sales down nearly 11 percent from the year ago, NEREN data shows.

New listings, too, were down locally, falling 25 percent in May, year over year, and 7 percent YTD. New listings statewide were up just above 5 percent YTD, figures show. Fewer listings and rising sales suggest a reduction of available inventory. NHAR reported an inventory drop of 21 percent in

was anticipated that the April to 7.1 months supply and a 12-month average of 8.6 months.

> Housing supply in the Lakes Region was at 9.3 months through May based on average monthly sales of 261 units, NEREN reported. Housing inventory last year remained above 10-months.

> "There have been no striking changes to curtail what should be a decent run of home sales over the next several months," NHAR reported. "Mortgage rates have remained stubbornly and wonderfully low, the unemployment rate has remained at or near (5 percent) for eight straight months and wages have increased for a great many people.

> "New construction has been slow, and that may be a damper on sales, but the general outlook remains strong".

> Area builders remain optimistic that a housing market characterized by fewer choices will spur new home construction, has dwindled dramatically since the nation's financial collapse in 2008. In the Lakes Region, many say, ex

isting homes can still be purchased for less money than the cost to construct new homes. With the median home price rising a fractional .27% through May to \$185,000, significant numbers of new housing starts may be years in the making.

Once again this year Belknap County led the three-county in YTD sales with 438 closed transactions, up 41.7 percent, according to NEREN. Pending sales through May were up 11.7 percent to 257 units while new listings were down 9.8 percent YTD on the heels of a 27 percent decline in May, NEREN figures show.

The dollar volume of sold homes in Belknap County increased 35.5 percent to \$117.7 million, more than doubling the volume of \$57 million reported at the end of the first quarter this year. Housing inventory also declined by two months from the end of Q1 to an 8.2 months supply in May. And, unlike many areas of the state that witnessed rising median home prices, Belknap County saw its median home price fall nearly 6% to \$183,450, according to NEREN.

Carroll County YTD sales rose 19% to 397 closed transactions. Pending sales were up 7 percent to 269 units against a 7.8 percent decline in new listings, also on the heels of 27.4% drop in May, according to NEREN data.

Transacted dollar volume rose 42% to \$111.1 million and housing inventory shrunk 25 percent to a 9.5-month supply. The median price of a Carroll County home, meanwhile, rose 4.3% to \$195,000, according to NEREN.

In Grafton County, comparison sales figures painted a misleading picture the current market's brisk pace that began there more than 18 months ago and continued through May. YTD sales totaled 437 units, up only 2.8 percent, compared to 2015, while pending and new listings were down 8.7 percent and 3 percent respectively. Dollar volume increased a very modest 1.2 percent to \$100.5 million for the period, according to NEREN.

The comparisons, however, do not reflect Grafton County's

strong sales performance in 2015. A telling glimpse into the hidden successes of that market are the facts that homes on average there have sold 12.5 percent faster this year than last and for nearly 2 percent more money, figures show. Yet, the median price of a Grafton County home remained steady at \$179,000, up just 2.3 percent through May year over year.

These details, coupled with a current housing inventory that has declined 37 percent this year to a 9.9-month supply, suggest the state of Grafton County's housing market continues to be strong.

Do you have specific questions pertaining to real estate activity in your neck of the woods? Are you thinking of selling your home or do you know someone who may be planning to buy or sell a home in the near future? Either way, I can help. The real estate market is ever changing. What you don't know about it could cost you time and money. Contact me today by email or phone to schedule a free, nostrings consultation or home valuation. Meanwhile, thank you for reading The Winnipesaukee Talkie.

The Winnipesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Hilman todav is an associate broker Keller Williams Lakes & Mountains Realty, Wolfeboro. He can be reached at 569-HOME or by email at rhilman@randyhilmanhomes.com.



BY MARK PATTERSON

There's a big disconnect between the wealthy and the not so wealthy. The disconnect that I'm referring to is how they invest their money. Many high net worth investors are risk adverse when it comes to investable assets. Much of the wealth in this country is tied to real estate holdings and fixed income portfolios made up primarily of municipal and corporate bonds and mortgage-backed securities. The wealthy may also use whole or indexed life insurance for taxincome, legacy planning and dealing with potential estate taxes. Those wealthy people who have made their money from a business venture or even inherited typically have taken all the risk in obtaining

# **Mark on the Markets**

# Invest like the wealthy

that money and have wealthy's asset mix. than what I typically see in the not so

no intentions of losing it in the stock market. have a family office The use of municipal that is comprised of asbonds or life insurance set managers specific tail brokerage client be treated as a retail may provide tax-free income because typically, their tax rates tend be much higher than the non-wealthy. Wealthy people who have large real estate holdings typically invest their other money with liquidity in mind. Real estate is typically not considered a liquid asset so you often see a muni- bond portfolio that provides tax-free income but may be sold and liquidated quickly. The use of tax-free bonds vs. corporate taxable bonds is an easy calculation based on the client's tax rate, but either will provide liquidity, growth and low volatility provided you stick with investment-grade bonds. Alternative investments dealing with commodities or currency or even stocks may be a part of the mix but to a much lesser degree

Wealthy people may

to the makeup of their portfolio. They may also work with a financial planner or an estate attorney and CPA firm to consult to the management of their assets in the most tax efficient means possi-

The not so wealthy may not need a family office, estate attorney or maybe even a CPA firm, however there is no reason to not manyour investable assets along the same lines as the wealthy. Your tax issues may not be as great, so corporate bonds or taxable may be better than municipal bonds. The lack of liquidity in variable annuities and the expense of loaded mutual funds and the risks of the equity the markets

seem to be common to selling mutual funds or the retail brokerage variable annuities. client, however.

portfolios are typically made up of stock-based mutual funds, bond funds that are perpetual or stocks that lack asset class diversification, carry high expense ratios and are composed of funds that the brokerage firm receives revenue-sharing from the fund companies. The typical brokerage firm is primarily a sales organization where the brokers are kept in check as to what can be sold and typically given very little latitude for the type of investment offered to the clients. Some of the larger firms do have a good fixed income desk that may provide a good bond portfolio but from the brokers perspective it

You must decide as In general, the re- the client, do I want to

brokerage client or do I deserve the same treatment as the wealthy investor? Mark Patterson is an

advisor at MHP asset management, and can be reached at 4471979 or *Mark@MHP-asset.com*.





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# Want to avoid an unnecessary hospital readmission? Here's how

BY JENNIFER HARVEY, RN, BSN,

Clinical Director

Live Free Home Health Care

An unexpected hospitalization and a planned surgery have one thing in common: when coming home, it's hard to know at what level someone will function. For example, recovery from joint replacement surgery, stroke, or managing a chronic illness following a hospital stay is a delicate time for a patient. The challenge becomes how to successfully manage the transition from hospital to home in order to avoid a subsequent hospitalization.

Following a discharge from the hospital or other care facility, patients move through the spectrum of care options continually, transferring from home health to private home care and back again as care needs change, and a growing body of research suggests that older adults coping with multiple chronic conditions and complex therapies are particularly vulnerable to breakdowns in that care continuum that can lead to a rehospitalization. Some of the major factors contributing to slow recovery and rehospitalization are a lack of communication between health care providers, inadequate patient and caregiver education, and poor continuity of care. This is where transitional care management can

closes the care gaps that many patients experience upon returning home, and promotes improved healing. Consider that when transitioning home from a hospital, rehab or nursing facility, there are an overwhelming array of details to digest and tasks to accomplish for the safest and most comfortable recovery. Oftentimes these details are overlooked or forgotten by patients and family members in the mad rush of information and instructions given to them. A professional home care agency, such as Live Free Home Health Care, can provide experienced caregivers and care managers who will serve as a care advocate for the person who is returning home from the care facility, meeting needs such as:

- Assistance with post-discharge ning
- Coordinating delivery of in-home medical equipment
- Picking up prescriptions
- Medication reminders and monitoring for undesired medication reactions
- Bathing, dressing, and ambulation assistance
- Preparing diet-specific healthy,
- Scheduling ap-
- pointments Transportation

to and from follow up appointments

And, a professional home care agency will also help educate patients and family to ensure that they:

- Better understand the care plan, including medications and side effects,
- Better understand how to manage a loved one's chronic conditions, and

Recognize the first warning signs of problematic symptoms.

Studies show that enlisting help for care transitions decreases hospital readmissions. If you would like to learn more about how Live Free Home Health Care can provide smooth care transitions for you or your loved one, give us a call at (603) 217-0149. We will help provide a safe and

comfortable recovery at of services, from comhome.

**About Live Free Home Health Care** 

Serving the Lakes Region and Central New Hampshire, Live Free Home Health Care, LLC is dedicated to providing top quality care in the comfort of home, wherever home may be. Locally operated by its founders, Live Free Home Health Care offers a wide range panion care and assistance with activities of daily living to skilled nursing. All care is supervised and updated by a registered nurse, who is specially trained to watch for new or changing health issues. Whether the need is for short or long term care, Live Free Home Health Care works with each client's physician to provide a continuum of care unparalleled with

other agencies, and the compassionate promises to treat each client respectfully and like a cherished familv member. Live Free Home Health Care also offers medical alert systems to provide extra peace of mind should an emergency care need arise. For further information, contact 217-0149 or visit www.LiveFree-HomeHealthCare.com and follow us on Face-

# **Help Twin Rivers** Food Pantry keep the PB&J alive!

BY KAREN HEAVEY

FRANKLIN — Our food for the month of June at the Twin Rivers Interfaith Food Pantry is: Paper products such as tissue paper, paper towels, toilet paper, etc. We will emphasize that these

do not decorate neighborhood homes - promise!

We ask for another item that, for a month or more, we have not been able to obtain from the New Hampshire Food Bank. Jelly! I am wondering, since jelly comes from grapes, etc., are these berries in demand by wineries or something? The cost of everything has risen these days but why delicious, juicy, yummy jelly that must be slathered over the top of smooth or chunky peanut butter sandwiches? That

our young people rely upon? And, remember, school is coming to a close soon and the demand will be enormous for us. I wish I knew why such a standard everyday staple is so difficult for us to keep on our shelves?

After writing this,

I'm ready for a good ole' PB&J sandwich seated upon a paper napkin right now! Will you help us with either of these items? nations can be made on any Tuesday and Thursday from 8-11 a.m. or Wednesday evenings from 4-7 p.m.

# Franklin Regional Hospital announces local farmer's market

**FRANKLIN** 

Franklin Regional Hospital is excited to once again host a weekly Summer Farmer's Market in collaboration with the Franklin Healthy Eating Active Living (HEAL) Coali-FRH on Tuesday afternoons from 3-6 p.m., beginning Tuesday, July 5 and continuing through

Encouraging healthy

lifestyles of community residents is the focus of the market and shoppers will get to enjoy locally-grown produce and other goods in an easily accessible location. The market will also be accepting debtion. Join local food it, credit, and SNAP/ vendors on the lawn at EBT payments for purchases. Through a partnership with the Merrimack Conservation District's Granite State Market Match program, SNAP

up to twenty dollars per week per shopper. Double SNAP dollars can be used towards the redemption of free fruits and vegetables!

Also new this year, free round trip bus locations. This is being made possible with a grant from Franklin Savings Bank and a partnership with Belknap-Merri-

benefits will be matched mack County Community Action Program (BM-CAP).

Eating a wide variety of fruits, vegetables, and lean protein sources are essential to a healthy body and mind. Stop by Franktransportation to the lin Regional Hospital market from scheduled on Tuesday afternoons this summer for the freshest, most delicious local food!

For more information, please call 934-2060, ext. 8369 or visit our Facebook page at Farmer's "Franklin Market."

LRGHealthcare is a not-for-profit healthcare charitable trust representing Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our com-

### Winnipesaukee Wellness Center to host open house on June 10

LACONIA — Please join us for an Open House at the Winnipesaukee Wellness Center (WWC) on Friday, June 10 (12:30-3 p.m.) where you will meet current members, learn about the equipment, and enjoy some refreshments with new friends. In addition, a Rite Aid Wellness Ambassador will be on-hand to answer questions and provide information.

The WWC is located just beyond the Center Harbor town docks, offers people in the Northern Lakes Region a medically-supervised exercise program in a very supportive, no-intimidation gym environ-

A regular exercise program provides the benefits positive calories burning decrease body fat, improving strength and increasing energy levels, keeping bones strong and minds alert, and improving cholesterol and blood pressure numbers. The WWC is the perfect place to accomplish these goals, while socializing with friends who encourage sticking

with the program. For more information

about the Winnipesaukee Wellness Center or the June 10 Open House, please call 253-1839 to-

The Winnipesaukee Wellness Center is a self-supporting department of LRGHealthcare located at 78 Whittier Highway in Moultonborough (less than a quarter mile from the Center Harbor Town Docks, same side of road). This program is especially beneficial to those with cardiac, pulmonary, arthritis, diabetes, and obesity issues, as well as a multitude of other medical challenges. A physician referral is required, but WWC staff will be happy to contact your provider for a referral.

LRGHealthcare a not-for-profit healthcare charitable trust representing Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRG-Healthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

# The New Hampshire Boat **Museum visits Taylor Community**

LACONIA – The New Hampshire Boat Museum in Wolfeboro is an educational organization focusing on the boating heritage and life on the lakes and rivers of our beautiful state.

Join us Monday, June 6 at 2 p.m. in Taylor Community's Woodside Building as Executive Director Lisa Simpson explains how the museum serves the local community and visitors through its exhibits, outreach programs, events and publications.

The event is free and open to the public. Please call 524-5600 to reserve your seat!

Taylor Community is a not-for-profit Continuing Care Retiremission is to provide the highest quality re-

ment Community whose to support the independence, health and dignity of community tirement living options residents. Visit www. taylorcommunity.org or like us on Facebook to keep up with all our

# The Pontine Theatre presents "Evangeline: A Tale of Acadie" at Taylor Community

geline" is an epic tale of love and exile set amid the swirl of the British expulsion of the Acadians from Nova Scotia in 1766. The Pontine Theatre will perform this play Wednesday, June 8 at 6:30 p.m. in Taylor

LACONIA – "Evan- Community's Woodside Building.

> The event is free and open to the public. Please call 524-5600 to reserve your seat.

> **Taylor** Community is a not-for-profit Continuing Care Retirement Community whose

mission is to provide the highest quality retirement living options to support the independence, health and dignity of community residents. Visit www.taylorcommunity.org or like us on Facebook to keep up with all our events.

# **Belmont resident Kodey Converse** named to WPI's Spring 2016 Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Kodey Converse of Belmont, a member of the class of 2019 majoring in computer science, was

named to the university's Dean's List for academic excellence for the spring 2016 semester.

A total of 1,292 undergraduate students achieved the criteria required for WPI's spring defines the Dean's List

2016 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI

by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students go beyond the classroom to work on open-ended problems in and for communities around the world. The problems are important and the impact is real"

said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are excep-

**University of New** 

# Hampshire announces May 2016 graduates

DURHAM — The following students graduated from the University of New Hampshire during the commencement ceremony held Saturday, May 21 in Durham.

Students who received the honor of Summa Cum Laude graduated with a GPA of 3.7-4.0; students who received the honor of Magna

Cum Laude graduated with a GPA of 3.50-3.69; and students who received the honor of Cum Laude graduated with a GPA of 3.2-3.49.

Amy Buckle of Belmont earned a BS in BiomedSci: Med&VetS-

Erin Phillips of Belmont earned a MED in Early Childhood:Special Needs

Katherine Hickey of Belmont earned a BS in HumanDevelopmnt&-Family Studies

Kimberly Allen of Belmont earned a BS in BiomedSci:Med&VetSci

Rowan Harris of Belmont earned a BS in BiomedSci:Med&VetSci Daniel Calley of San-

bornton earned a AAS in Applied Business Management

Dylan Delisle of Northfield earned a BS in Envirn Conservation&Sustain

Margaret Wolf of Tilton earned a BS in Nutr:Nutrition&Wellness

Nathan Foster of Northfield earned a BSCIVE in Civil Engi-

Thomas Sattler of Tilton earned a BSME in Mechanical Engineer-

The University of New Hampshire, founded in 1866, is a worldclass public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students.

About Worcester Polytechnic Institute

tionally proud of these outstanding students."

Founded in 1865 in Worcester, Mass., WPI is one of the nation's first engineering and universitechnology ties. Its 14 academic departments offer more than 50 undergraduate and graduate degree programs in science, engineering, technology, business, the social sciences, and the humanities and arts, leading to bachelor's, master's and doctoral degrees. WPI's talented faculty work with students on interdisciplinary research that seeks solutions to important and socially relevant problems in fields as diverse as the life sciences and bioengineering, information materials processing, and robotics. Students also have the opportunity to make a difference to communities and organizations around the world through the university's innovative Global Projects Program. There are more than 45 WPI project centers throughout the Americas, Africa, Asia-Pacific, and Eu-

# NHTI announces Spring 2016 graduates

CONCORD — The following students from your area graduated from NHTI, Concord's Community College, during the Spring 2016 term:

### Belmont

Joshua Allen (Associate in Science with a major in Business Administration with Concentration in Sports Management), Jack Estes (Associate in Science with a major in Criminal Justice). Kassie Houde (Associate in Science with a

major in Criminal Justice), Carolyn Monasky (Associate in Science with a major in Radiologic Technology), Emily Taylor (Associate in Science with a major in Dental Hygiene)

### Franklin

Robert Allen (Associate in Science with a major in Business Administration), Maxwell Duncanson (Associate in Science with a major in General Studies). Shari Glines-Allen (Associate in Science with a major in Parale-

gal Studies), Elizabeth Gobeil (Associate in Science with a major in Business Administration), Bradford Keay (Associate in Science with a major in Paramedic Emergency Medicine), Charles Nawoj (Associate in Science with a major in Robotics and Automation Engineering Technology), Angela Roberge (Associate in Science with a major in Nursing), Michael Wajda (Associate in Science with a major in Electronic Engineering Technology), David

Wallace (Associate in Science with a major in Science with a major in General Studies)

### Sanbornton

Patrick Regan (Associate in Science with a major in General Stud-

### **Tilton**

Sarah Bissonnette (Associate in Science with a major in General Studies), Charles (Associ-Boulanger ate in Science with a major in Information Technology), Amanda Bresse (Associate in Science with a major in Nursing), Monica Buffum (Associate in Dental Hygiene), Erin Pumphret (Associate in Science with a major in Human Service)

NHTI, Concord's Community College, is a fully accredited, public community college serving students, businesses and the community by providing excellent academic, technical and professional education. NHTI offers over 80 academic programs to more than 7,000 students. NHTI is a member of the Community College System of New Hampshire.

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### Emily Holt named to UVM Dean's List

BURLINGTON, Vt. — Emily Holt has been named to the dean's list for the spring 2016 semester at the University of Vermont. Holt, from Sanbornton, is a Neuroscience major in the College of Arts and Sciences.

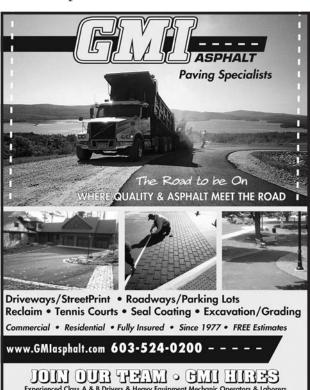
To be named to the dean's list, students must have a grade-point average of 3.0 or better and rank in the top 20 percent of their class in their respective college or school.

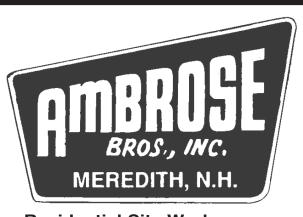
Chartered in 1791, UVM was the first college or university in the United States that did not give preference to a religious sect in its charter. UVM now has 10,081 undergraduates in seven schools and colleges, 1,360 graduate students and 457 med-

ical students. The University of Vermont comrelationships most com-

monly found in a small liberal arts college with faculty-student the resources of a major research institution.







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Identity theft is a big problem. How big? Consider this: In 2015, about 13 million Americans were victimized, with a total fraud amount of \$15 billion, according to Javelin Strategy & Research. That's a lot of victims, and a lot of money. How can you protect yourself from becoming a statistic?

Here are a few suggestions:

- Secure your Social Security number. Identity thieves eagerly seek Social Security numbers — so don't give out yours to anyone who asks for it. In fact, as a general rule, be reluctant to give it out at all. Always ask whomever you're dealing with if he or she will accept another form of identification, or at the very least will take just the last four digits of your number. And never carry your Social Security card with you.
- Shred credit card offers and bank statements. If you're not going to apply for the credit cards offered to you, shred the offers. Identity thieves have been known to go through garbage, fill out credit card offers and take advantage of them. At the same time, shred your bank and brokerage statements and any other statement

### Paid Advertisement **Identity Theft**

containing personal or financial information.

- Study your credit card bills and checking account Question statements. any credit card charge or checking account activity you don't recognize as vour own.
- Don't give out your credit card number unless you're initiating a purchase. Many of us shop online. As long as you're dealing with a reputable merchant who uses a secure site i.e., one that has "https" in the web address you should be fairly confident that your credit card information will be protected. Never give out your credit card number to people or businesses who, unsolicited, try to sell you something over the phone or Internet.
- Protect your passwords. Do you use a password to log onto your computer? If so, don't share it with anyone, outside perhaps your most trusted family members. And use a strong password - one that doesn't contain your real name or even a complete word that could be used to identify you. Also, it doesn't hurt to periodically change your password, whether it's for

your computer logon or for entry to any of your financial or consumer accounts.

Even after taking these steps,

you could still run into

identity theft. That's why you need to watch for certain signs, such as the arrival of unexpected credit cards or account statements, denials of credit for no clear reason, or calls or letters regarding purchases you didn't make. If any of these things happen to you, you may want to place a "fraud alert" on your credit reports and review them carefully. Three national credit-reporting companies Equifax, Experian and TransUnion - keep records of your credit history. If someone has misused your personal or financial information, contact one of the companies and ask for an initial fraud alert on your credit report. A fraud alert is free, but you must provide proof of your identity. And the company you call must tell the other companies about your alert. (For more information on placing a fraud alert, visit the website of any of the three companies.) You can help preserve your

good name from those who want to misuse it - so, stay



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline. Taylor@edwardjones.com. Her office is located at

14 Main Street, Downtown Meredith. For more information, see http://www.edwardjones. com/ or "like" her on Facebookwww.facebook.com/ EJAdvisorJacquelineTaylor.

# **Peter Makris Memorial Run 10th Anniversary** celebrates a decade of fun and fundraising

LACONIA — When several hundred-motorcycle riders gathered 10-years ago to honor the life of Peter Makris, patriarch of The NASWA Resort and community leader, it began a snowball roll of benefits for the Laconia community. While the initial run benefitted the Laconia Fire Department Lifesaving Fund, a non-profit that encompasses all the fire department does to man and equip a water rescue unit—boat, training and supplies—that Makris helped to start years ago, the Peter Makris Memorial Fund grew and expanded.

Another important aspect of Makris' life was his service in the U.S. Marine Corps so when Cynthia Makris, President of The NASWA and Board member of Easter Seals NH, learned of the new "Veterans Count" State-wide program which aids active duty military and their families, she added the non-profit to be a beneficiary of the fund as well. Fast-forward a few years and the Lakes Region CERT emergency

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Pat Cogan

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response team needed move to New York City funds to continue training its community force to address area emergencies, the Peter Makris Fund stepped forward to

In 2016, a pressing need to help a New Hampshire firefighter was brought to Makris by Laconia Fire Chief Ken Erickson. A former Laconia student firefighter, who had gone to work with Hampton Fire Rescue, was diagnosed with Non-Hodgkin's Lymphoma. The sad news was received as Kyle's wife, Christine, was seven-months pregnant with their first child. Jameson continued chemotherapy with future plans for a bone marrow transplant but the family, with new baby Liam, has had to for treatment at Sloan Kettering Institute.

"Kyle is one of those guys who everyone loves and admires," said Erickson. "We really wanted to help him and his family with the outrageous expenses they are taking on to save his life and we are grateful that the Peter Makris Memorial Fund will include Team Jameson in the proceeds of the 2016 run."

However, the bad news arrived on May 15 that Jameson had passed, despite his valiant fight. Cynthia Makris, already vested in the family's plight pledged to keep the effort going, raising money to assist Christine and Liam as they learn to carry on without their brave husband and

"We send our sympathies and also our support," she stated. "This is what my father would have wanted to do."

Since many area firefighters and residents would like to support Team Jameson but are not bikers, the run is creating an additional registration for non-riders. Team Jameson T-shirts will be offered as part of the \$40 non-rider registration.

Early registration, by May 31, is encouraged to ensure receipt of the 10th Anniversary T-shirt at the low price for this entire event of \$50 per person. The shirt is collector item with the Makris Run logo designed by UhlWorks, the apparel arm of Harley Davidson artist, David Uhl. Boaters, bikers and exotic/collector auto fans are all welcomed to join! After the ride, the party continues on the beach at the NAZBar & Grill with live music by James Montgomery

The Saturday, June 11, 10th Anniversary Special will feature some exciting changes:

New Route - This year's State Police escorted "feet up" run will include a new route with a special surprise for all riders:

New Lunch Menu The already over-thetop buffet lunch will be even BETTER featuring a prime rib carving station, fresh salmon filet and more menu surprises-NOT typical biker fare and a BIG bonus from Big Boy BBQ catering. Lunch follows the "Bountiful Bacon & Egg Breakfast."

New Band – James named Montgomery, "The John Mayall of New England" will bring his rockin' James Montgomery Blues Band to the NAZBar & Grill to celebrate this 10th Anniversary! Montgomery has played with bands from Kid Rock and Gregg Allman to Johnny Winter and Bruce Springsteen—be there to welcome him to the NA-ZBar!

Back by Popular Demand – Sgt. Dan Clark will return to provide his stirring patriotic musical send-off, thanks to the generous sponsorship of long-time Makris family friend, Mark Abare and his company, Plastic Distributors.

### Granite United Way announces community investments, delivers more than \$1.08 million in support to Central Region

REGION — Granite United Way's annual campaign mobilizes more than 20,000 donors and corporate supporters to raise more than \$8.22 million across the state of New Hampshire. The campaign benefits more than 750 nonprofit agencies and programs providing services to more than 350,000 individuals. By mobilizing volunteers from each local region in its footprint to review and vet proposals and make funding decisions based upon strict criteria that ensures investments are held to the highest standards and are producing the greatest, most cost-efficient impact. In addition to the volunteer-led grant investment process and

Volunteer Income Tax Assistance (VITA), the 2-1-1NH information & referral line and FamilyWize, a prescription drug discount program deliver a combined total of nearly \$14 million in support to residents across New Hampshire.

Local volunteers on Granite United Way's Community **Impact** Committee dedicated the last few months to evaluating program proposals and determining their investment decisions for the Central Region. Together, with the volunteer Board of Directors and Community Impact Committees, they announced that the 2015 Campaign would deliver more than \$1.08 Million in support this year to final year of a three year funding cycle in the Central Region. The Central Region has served as a model of collaboration with the Financial Stability Partnership (FSP), a collective of many local nonprofits – including the Boys & Girls Clubs of Central New Hampshire, Belknap Economic Development Council, Carey House/Salvation Army, Laconia Area Community Land Trust, Appalachian Mountain Teen Project, Health First Family Care Center, Lakes Region Child Care Services, Family Resource Center/Lakes Region Community Services and Mike Persson of Lawson Persson & Weldon-Francke - focused on addressing pov-

individuals will be recognized for their efforts during the Central Region's annual Campaign

Celebration this year. In the Central Region, the Whole Village Family Resource Center continues to be a primary resource in the region for programs focused on quality child care, developing strong parenting skills and achieving financial stability. This year the center celebrates its 20th Anniversary of serving the community. In addition Granite United Way's work with Carroll County Coalition for Public Health is building strong vening key partners in addressing the critical issue of substance misuse in the region.

"Our volunteers are working alongside us to forging new partnerships and developing new solutions to old problems," said Patrick Tufts, President and CEO of Granite United Way. "We are mobilizing our agency partners and leveraging our donor dollars in ways that even five years ago may not have seemed possible."

"We know that it is impossible for any one organization to address all of the issues in our community. It's critical that we work together with local nonprofits, community leaders and corporate partners to address difficult problems together in more effective ways," said Tufts.

Partners like Linda L. Harvey, Executive Director of Laconia Area Community Land Trust, Inc. couldn't agree more with that statement.

"We are proud to collaborate with Granite United Way to improve conditions in our community. It's essential we work together with nonprofits, community leaders, and corporate entities to address some of our community's greatest needs," said Harvey. "Even addressing the most basic of needs - like housing, employment, and childcare – requires a collective approach because it affects so many

aspects of creating a

Salmon

healthy, strong community."

Funded programs will receive notification this week.

For more information about Granite United Way, visit www.graniteuw.org.

### **Granite United Way**

Granite United Way is an experienced and trusted organization dedicated to leveraging the resources of investors and volunteers to create lasting change by addressing the underlying causes of our community's most pressing needs.

United Way's purpose is to convene public, prirelationships and con- vate, and governmental leaders and resources to tackle the largest, most pressing issues facing our community. These issues include, but at not limited to: Providing children with the tools they need to read at grade level, putting them on the path to becoming successful, contributing members of our community.

> Offering free assistance from trained tax professionals to ensure that low income individuals and families file their taxes properly and timely, and utilize qualified tax credits to begin to build their own capital, Administering a statewide, comprehensive 24 hour a day/ 365 days a year help hot-line called 2-1-1 that quickly delivers help to any resident in New Hampshire Granite United Way works with over 1,000 companies, 25,000 investors and thousands of volunteers every year to make our communities a better place. Granite United Way is highly rated by both GuideStar and Charity Navigator, two of the nation's largest nonprofit rating sources. Granite United Way

> serves the Central Region, Merrimack Coun-North Country, Northern Region, Southern Region

(Manchester / Derry / Salem) and Upper Valley Regions of New Hampshire as well as Windsor County, Vermont. For more information, visit www.graniteuw.org.



# New attorney joins Wescott Law

LACONIA — Wescott Law is pleased to announce Brett Allard has joined the firm as an associate attorney. A May 2016 graduate and Daniel Webster Scholar from the University of New Hampshire School of Law, Allard clerked for the firm for over a year prior to joining as an attorney. He is licensed to practice in all New Hampshire State Courts,



**Brett Allard** 

as well the United States District Court for the District of New Hamp-

A graduate of Plymouth State University, Allard earned a Bachelor of Science degree in social sciences, with concentrations in history and political science, and was recognized as a member of Pi Gamma Mu, an International Honor Society in social

While attending law

school, Allard served as an extern to the Honorable Charles S. Temple of the Carroll County Superior Court. He also worked as a legal intern with the Land Resources Management Bureau at the New Hampshire Department of Environmental Services where he focused on shore land and wetland protection and compliance matters.

A resident of Derry,

Allard is eager to relocate to the Lakes Region and become involved in the community.

"Everyone here at Wescott Law is thrilled that Brett has joined the firm," states Attorney Allison Ambrose, Managing Partner. "During the year he interned for us, we gained appreciation for Brett's experience in varied practice areas, as well as his strong sense

at 528-3388, ext. 305 or

email at ksullivan@

weekscommercial.com.

of ethics and civic mindedness. He is a perfect fit for the firm and will be a great benefit to the Lakes Region community as a whole."

Allard maintains a general practice, but focuses on residential and commercial development, real estate transactions and land use matters, including planning and zoning. While he primarily works from Wescott Law's Laconia office, Allard also sees clients at the new Meredith location by appointment, which may be arranged by emailing him directly at ballard@ wescottlawnh.com or calling the firm's main line of 524-2166. For more information on the firm, please go to wescottlawnh.com.

# Winnisquam Printing leases new location in Streetcar Building

LACONIA — Local business owner, Walter Bentley, knew he needed more space to satisfy growing customer demand for services. As the new owner of Winnisquam Printing, he knew that he needed more parking and loved the convenient location.

When introduced to the available space in the historic Streetcar Building in downtown Laconia, he knew it was the right fit; for him and his customers. Open in the new location since May, 2016, Bentley is thrilled to be part of the downtown community and still have the former long term manager, Mike, on board with his graphics talent.

Weeks Commercial handled the transaction. Sales Associate Kevin Sullivan brokered the lease of this 1,987 SF unit at #71 Beacon St. W, Laconia. Sullivan maintains the listing for the available remaining spaces in the building.

The Streetcar Building houses professional/office and restaurant space in a historic brick manufacturing building. Completely renovated in the 1980's for its current use, the building was originally home to the Laconia Car Company, which manufactured cable cars and then the Laconia Shoe Company. Other tenants in the building include All Staff, Beyond the Fringe, Hector's Restaurant, Genesis Administration, Carla's Tangles and State of NH – Health and Human

Bill Dube, owner of



Winnisquam Printing in its new location at #71 Beacon St. W., Laconia

ed on his confidence at having a locally owned real estate firm handle the transactions in the building. "Weeks Commercial has done a great job bringing quality tenants to the Streetcar Building," said Dube. "Cable Car Realty has a history of downtown Cable Car Realty, reflect-revitalization efforts in

New Hampshire and we want to be an integral investor in the redevelopment of downtown Laconia."

For more information on sales and leasing opportunities in The Streetcar Building contact Kevin Sullivan, Sales Associate, Weeks Commercial by phone

# Bank of NH Pavilion introduces new food & beverage partner

GILFORD — It's an and beverage industry, exciting time at Bank of New Hampshire Pavilion as the 2016 Eastern Propane Concert Series takes shape. The biggest schedule in the venue's history, with the likes of Dave Matthews Band, Rod Stewart, Chris Stapleton, Keith Urban, Ringo Starr, Don Henley and many more, are sure to keep you entertained at every turn. And now, with a brand full-service food new and beverage partner, Best Beverage Catering, concert-goers can enjoy a full, all-around experience at each and every

Best Beverage Catering or BBC, as they're commonly known, is a full-service, professional catering company specializing in large-scale concert venues and festivals like Coachella, Stagecoach, and many more. They are well-respected in the music industry for their unique ability to maximize the concert experience by delivering superior quality and service in their food and beverage operations. They were chosen by the venue as a strategic partner based on their professionalism, use of local, quality products, reasonable pricing, team building management and friendly staff. Their dynamic team is led by General Manager and local favorite, Mary McDonald. Mary brings with her over 20 years of experience in the food

as well as many years of experience with the venue previously.

BBC will be partnering with some local brands to help improve the overall quality of the food offerings. Lakeside Pizza will be providing pizza and other Italian specials. Scott Ouellette from the O Steaks & Seafood and Canoe brands will be presenting his Rubbin' Butts BBQ brand and the Wine-ing Butcher will be providing many deli cut steak selections with marinates to die for. The venue will be offering all new menus at many different areas throughout the venue. Please visit our Web site, http:// bnhp.us/menus for full details.

This new partnership promises to deliver an improved experience for all concert-goers by increasing points of sale to reduce lines and wait times, increasing quality through strategic partnerships and superior menu planning, utilizing local products as much as possible and finally, a more integrated experience.

This relationship between Bank of New Hampshire Pavilion and Best Beverage Catering comes down to one thing -One Team, One Dream. Get ready to enjoy the best combination in the Lakes Region – Bank of New Hampshire Pavilion and Best Beverage Catering.

# Local author to appear at Annie's Book Stop

— Local author Catherine Dougherty will be signing copies of her novels, "In Polyester Pajamas ," "In Woolen Bikinis" and "In Leather Chaps" at Annie's Book Stop in Laconia on June 4 from 3-5 p.m. All three books are part of a women's fiction series based in the Lakes Region.

Dougherty's first novel. "In Polyes-

ter Pajamas," published in June 2012. won the New Hampshire Writers' Project 2013/2014 Readers' Choice Award for outstanding work of fiction. It was the first book in the Jean and Rosie series. She has also published several essays and poems, and was a featured author in the 2012-2013 publication "50 Great Writers You Should be Reading," presented by The Authors Show.com.

Catherine Dougherty, a native of New Hampshire, lives with her husband in the Lakes Region area, near Lake Winnipesaukee. She is a member of the New Hampshire Writer's Project. Her latest book, "In Leather Chaps," released last year, features scenes with the main characters riding Harleys and

enjoying Weirs Beach festivities during Bike

Week. To find out more about the author and her books, visit her Web site/blog at http:// catherinedougherty. com. Annie's Book Stop is located at 1330 Union Ave. in Laconia. You may purchase some copies of Dougherty books in the store prior to the book signing. See you there!

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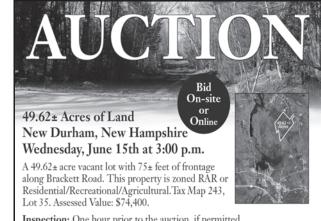
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### THRIFT

CONTINUED FROM PAGE A4

The Gilmanton Food Pantry & Thrift Shop accepts donations of food and money as well

as gently worn clothing in good condition. As stated above, all proceeds are used for the Food Pantry and its various programs as well as the maintenance and upkeep of the building. Thank you each and

every one. Gilmanton Food Pantry & Thrift Shop is an outreach program of the Gilmanton Community Church. Visit us

on Facebook at: www. facebook.com/GilmantonCommunityChurch and we thank you for your patronage and support.

Hours: Monday, 1-4

p.m., Wednesday, 3-6 p.m. and Saturday, 10 a.m.-2 p.m.

Telephone: 364-0114. Location: 1817 Route 140, Gilmanton Iron Works.

Parking & Entrance:

Gilmanton Community Church Parking Lot. Look for a sign that says Harvest Bible Church.

Mailing Address: Post Office Box 16, Gilmanton, N. H. 03237.

### **BREAKFAST**

CONTINUED FROM PAGE A2

of many backgrounds to celebrate the blessings of the year.

Held at the St. Andre Bessette Parish Hall, more than 100 guests

enjoyed a full breakfast in the company of those of many faiths. The keynote speaker was Kate Braestrup, chaplain to the Maine Warden Service and author. She spoke eloquently about her work with the wardens and families who

suffer loss in the Maine forests. Each year a local charity is chosen to receive funds raised by the praver breakfast.

Greg Partamian, Prayer Breakfast Chairman, stated that "The Organizing Committee of the Prayer Breakfast

was unanimous in our desire to support Belknap House this year."

In addition to ticket sales, the Knights of Columbus Council 428, Laconia made a free-will offering of \$100.00. Belknap House is the new cold-weather shelter for Belknap County's homeless families with children.

According to Belknap House President Colleen Garrity, "We are grateful to the Interfaith Prayer Breakfast Committee and all of the participants for this gen-

erous donation. Community support allows our renovation work to move right along."

She added that the opening date is October 2016. Next year's Interfaith Prayer Breakfast will be held on May 4, and all are invited.

### **FIGHT**

CONTINUED FROM PAGE A1

time as they worked together to diffuse the situation.

With the additional help the crowd was soon dispersed and four people were subsequently taken into custody, charged with riot as a result of the altercation that took place.

Among the four were 20-year-old Trevor Hoyt of Stuart, Florida. Hoyt was charged with disorderly conduct and breach of bail from an incident that occurred









Four people were taken into custody in Northfield last week following a large fight at the intersection of Park and Dearborn Streets. They were identified by police as being Florida residents Trevor Hoyt and Demetrius Furse, and Northfield residents Justin Gebo and James Weatherbee.

on May 16 in Northfield when he was charged with simple assault and threatening criminal with a deadly weapon. Old Indian Town, Flori-

da resident, 33-year-old Demetrius Furse, was charged with felony riot, resisting arrest and operating without a valid license.

Twenty-one year-olds Justin Gebo and James Weatherbee, both of Northfield, were also taken into custody for disorderly conduct, obstructing government and two counts of resisting arrest.

The investigation is ongoing and Northfield police stated that further

charges could be pending in the case.

Under State Criminal Code 644, a person is guilty of riot if, among circumstances, other they engage in "tumultuous or violent conduct and thereby purposely or recklessly create a substantial risk of causing public alarm."

The motor vehicle accident, later determined to be a separate incident from the fight, resulted in one driver who sustained minor injuries and was transported to the hospital by the Tilton-Northfield Fire & EMS.

### WASTE

CONTINUED FROM PAGE A1

chemicals you use on a daily bases around your home, can easily reach the local water system as the chemicals are used and washed down the drain. Landfill disposal poses similar risks, and the result is the eventual contamination of our groundwater, upon which our environment and economy are dependent.

The Lakes Region Planning Commission understands this problem, and in 1986 pioneered a regional program to prevent injury and environmental pollution from household hazardous waste. Every year since then, the LRPC has coordinated annual household hazardous waste collections for communities throughout the region interested in participating in the shared collection program saving

towns both time and additional cost. This program employs a U.S. Environmental Protection Agency approved waste transporter which collects and safely disposes of household hazardous waste.

On Saturday, July 30 and Saturday, Aug. 6, 24 communities will participate in one of the longest running and most successful household hazardous waste collection programs in New England. Four

collection sites will be open each day from 8:30 a.m. to noon (Belmont, Franklin, Gilford, and Meredith on July 30 and Bristol, Laconia, Moultonborough, and Ossipee on August 6). Residents and residential property owners in the 24 participating communities may bring up to ten gallons or 50 pounds of household hazardous products in for safe disposal. The participating communities for the collection consist of: Alexandria, Andover, Belmont, Bridgewater, Bristol, Center Harbor, Effingham, Franklin, Freedom, Gilford, Gilmanton, Hebron, Hill, Holderness, Laconia, Meredith, Moultonborough, New Hampton, Northfield, Ossipee, Sanbornton, Sandwich, Tamworth, and Tilton. Information on collection sites and accepted materials can be found at http://www.lakesrpc. org/services\_hhw.asp or by calling LRPC at

279-8171. Donations for this event are encouraged and can be made at the Web page above.

It is never too early to start gathering waste for the collection; when opening up a summer camp, preparing to move to a new house, or just cleaning out the garage. This is a small but important step that everyone can do for their families and their community to prevent contamination of water, our most valuable resource.

### BRIDGE

CONTINUED FROM PAGE A1

The bridge project been funded in part through a matching grant they received

efforts revitalization such as the new pavilion.

It wasn't all left to their sweat and labor, though. The Post called

through the American upon BHS seniors to join Legion that has also them in their efforts and helped in other village 15 of the students signed needed to do. up to volunteer their time after school last

> Courtney Clairmont was part of the group

and said it was some-

"I felt taking part in this workday was an obligation because the town has done so much for us over the years." she said.

Fellow classmate Charlie Witham agreed. While Witham is from Canterbury, he said his education, from sixth grade on, took place in Belmont so helping to make the covered bridge a welcoming new entrance to the village was the least he could do to say "thank you" as he prepares to move on to college in the fall.

Students weren't the representatives

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from BHS however. cipal Dan Clary, who has always made community service a part of his educational objectives. He was joined by like-minded Assistant Principal Rick Acquilano in manning the chain saws and performing some of the more technical tasks of the day.

In the past, a day of service was required of graduating students before they walked across the stage and received their diplomas. Each year pending graduates gathered to clear brush along the Tioga River to create seating areas behind the Belmont Mill,

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assisted in school cleanthing she just knew she Leading the way for up efforts at the end of them was retiring printhe vear and taken part in any other community projects requested of them.

"This year, we just asked for volunteers for this project and had a nice response," Clary

Working side by side with the veterans, they hauled brush, cut wood and separated invasive plant species, such as honeysuckle vines, for special disposal.

The covered bridge was brought to Belmont through the efforts of Fogg, Ken Knowlton, Ron Mitchell and several others, along with Dick Persons who donated the land where it now sits

over the river. Hauled in three pieces from its original home in Dover, the remaining two sections of the covered bridge will soon be placed further up the river behind Great Brook Village where the railroad tracks also cross the water. The goal is to have a walking trail along the Tioga River that will extend from Belmont Village out to Route 140, a short distance from the Winnipesaukee River Trail that stretches from behind McDonalds's in Tilton to Franklin's Trestle View

Park. For now at least, people will have additional access to Belmont Village from Route 140 to the Town Green where many activities and events will take place not only this summer but for years to come.





HIGHEST PRICES PAID

### RELAY

CONTINUED FROM PAGE A3

us save more lives from cancer.

Purple is the color that represents cancer awareness and can be found everywhere at our Relay

For Life Events. But we don't want to stop there! We want to "Paint The Town Purple," to create more awareness for our cause and to bring more people to our events.

To help finish the fight, community members can "Paint The Town Purple" by donating \$10 to The Relay For Life of Lake Winnipesaukee and receive a decorative purple bow to display inside or outside their home or business. Residents can also "Paint The Town Purple" by doing other

activities including putting up purple themed displays in storefronts, hanging purple lights, or selecting a day to wear purple at work or school. Businesses can also ask for donations for purple items sold in their stores. Proceeds will support

Society. When you join The Relay For Life movement and help "Paint

The American Cancer

The Town Purple," you are helping to fund the mission of the American Cancer Society. Dollars raised help the society

educate people about how to reduce their risk for cancer or detect it early when it's the easiest to treat, provide free information and support to people facing the disease, and fund research that will help protect future generations.



During Memorial Day ceremonies in Belmont on Monday, Boy Scout Troop 65 and their fellow Cub Scouts solemnly saluted as "Echo Taps" was played on trumpet by Belmont High School band members Robert Tonkin and Arianna Janosz.



DONNA RHODES

Members of the Belmont Police Department Honor Guard presented a gun salute to fallen heroes during Memorial Day ceremonies in Belmont Village.



Girl Scouts MacKenzie, Rebecca and Vivian, along with Troop 21532 leader Diane Cleveland and American Legion Auxiliary Post 58 member Sue Flanders had the honor of tossing flowers into the Tioga River last Monday in a special tribute to American heroes lost at sea over the past 241 years.

### **SALUTE**

CONTINUED FROM PAGE A1 rang a traditional bell in their honor.

Over the course of the ceremony, the Belmont Police Honor Guard also presented a gun salute to pay tribute to all the nation's fallen heroes, and BHS students Robert Tonkin and Arianna Janosz performed "Echo

Taps" on their trumpets. Speaker for the day Army National Guard Lt. Col. Roy Hunter IV who recounted the history of Decoration Day, now Memorial Day, and spoke with much emotion about local residents, such as his fellow comrade Cpl. Scott Dimond of Franklin who, on Oct. 13, 2008, lost his life while serving in Afghanistan.

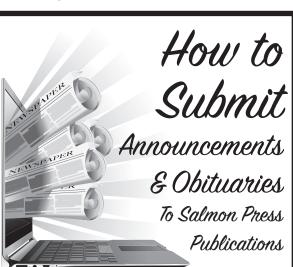
At that time, Dimond was the fifth soldier from New Hampshire to be lost in recent combat; since then 38 others have sacrificed their lives in the Middle East during both Operation Enduring Freedom and Operation Iraqi Freedom. An additional 17 men and women of New Hampshire have also lost their lives while serving stateside, Hunter noted.

Simply put, he said, they died so we could live our lives in freedom. To close the ceremo-

nies Commander Stanley invited everyone to join hands and sing along with BHS student Grace Shaw as she led them in "God Bless America."

Following the cere-

monies, children aged 12 and under were invited to stop by the Belmont Fire Department where the Legion had provided tickets for them to enjoy a free ice cream at Jordan's Ice Creamery in Belmont.



Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

**Obituaries** can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



Schwartzberg Law is Expanding! **Attorney John Katsirebas** has joined the firm.

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Attorney John Katsirebas



Veterans of American Legion Post 58 in Belmont joined hands for the singing of "God Bless





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### NOTEBOOK

CONTINUED FROM PAGE A4

On the way home the next morning I saw a moose in a moose wallow and a fox going pellmell for Canada, and then an old house jacked up on timbers awaiting a new cellar. Not a bad list for a short visit.

The ATVs have hit the Stratford-Colebrook-Pittsburg-Errol trail circuit in earnest. The main trail goes right by my front lawn, my town road being an experimental link in the trail system, so I'm in a good position to see

who's riding what, and how.

---I love to see riders with machines packed with duffle on racks front and back. They are obviously making a trip of it, dining and lodging in local towns, and are dollar signs on wheels. Plus, they go slow enough to be able to actually see something, like the scenery, and always wave back, and often pull over to visit.

---The 20- and 30-somethings often seem bored with the road sections and just want to get them out of their way to get back onto the rough-riding trails. They hardly look left or right and barely notice



Route 16 east of Rangeley offers a lot of looking at a lot of water, beckoning people who love to canoe, kayak or fish.



or acknowledge a wave. As a group they go way above the speed limit.

---Families are always fun to see. Usually it's Mom, Dad, two or three kids, and often a dog. The dog rides on the rear rack, looking ahead, its ears streaming behind. Sometimes the dog rides up on the front rack, the driver peering around it. Kids

and adults wave back like mad, and often I'll try to wave them over so the dog can make a pit stop and galumph around with my dog, after the usual butt-sniffing ceremonies.

---The absolute worst riders are local teenagers, who seem to have been taught no trail manners at all, let alone respect for the other vehicles or the law. They are going by my house at 50 or 60, and no exaggeration. If I were crossing my road with a tractor I could never get out of the way, and they'd either hit me or have to panic-swerve and crash.

The dandelions are in full bloom and absolutely beautiful. In Vermont's nearby Northeast Kingdom the Dandelion Run is held in late May "on dirt roads through the dandelion fields of Morgan, Holland and Derby," as the story in the local paper enticingly put it.

Perfect Lawn. (This column runs in weekly newspapers covering two-thirds of New Hampshire from

Not only do we enjoy

seeing dandelions, we

actually dig and wash-

wash-wash and then

wash again and eat

them, while people far to the south persecute

them in pursuit of the

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# Remillard adds more hardware in final state championship

# Belmont 4x800 relay captures title

BY JEFF LAJOIE

jlajoie@salmonpress.com

BRISTOL – The numbers are staggering for Jaila Remillard. The Winnisquam Regional High School senior capped what has been an outstanding career at the NHIAA Division III state championship in style on Saturday.

Remillard won two more state titles, giving her a whopping five career championships. She finished in the top three in all four of her events on Saturday, qualifying for the Meet of Champions in each discipline. For her career, Remifinishes at the state meet and 10 top three finishes. Simply put, she was a dominant figure in the D-III landscape throughout her time in a Bear uniform.

"I'm honored and privileged to be able to take home two more

llard amassed 13 top five state titles for my team and in my senior year of track," said Remillard. "I'm thankful for everyone who's supported me through my seven years of track."

Remillard began her day with a win in the long jump, her signature SEE GIRLS, PAGE B5



In her final state championship, Winnisquam senior Jaila Remillard captured a pair of titles, including a win in the long jump for the third consecutive year. Remillard's top leap of 16 feet even put her in the top spot yet again, and she added a title in the 400 meters - her first in that discipline - at the NHIAA Division III state championship in Bristol on Saturday.

# Allman, Stock rule supreme in Division

BY JEFF LAJOIE

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BRISTOL - Eli Allman felt a nudge. For many runners, the surprising jolt mid-race would be more than enough to throw them off their game. But Allman was ready for it. And he proved more than up to the task.

Nearing the midpoint of the finals of the

110-meter hurdles, the his foot on the final hur-race starts," said Allman Belmont High School junior, occupying lane four, was bumped by Stevens High School's Matthew Gobin in lane three as the two were neck and neck heading for the finish line of Saturday's NHIAA Division III state championship. Despite the quick bump from his competitor, Allman powered through. He caught

dle before the finish line, but still had enough left to capture his first-ever state title, crossing first overall with a time of 15.83 seconds to power the Red Raiders in extremely hot conditions at Newfound Regional High School.

"I don't hear anything, no cheering whatsoever... nothing once that

of the 110 hurdles. "I'm locked in at what I have to do. But I was sort of expecting that (Gobin) might end up coming in contact with me during the race. We were both running so close to each other that I was prepared for the possibility. In the end I think it screwed him up more SEE BOYS, PAGE B4

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# Raiders thump Laconia, earn top four seed

**BY JEFF LAJOIE** 

jlajoie@salmonpress.com

LACONIA – The biggest game of the season brought about the biggest performance from the Belmont High School baseball team.

The Red Raiders put it all together on May 25. In the season finale on the road against fellow power Laconia High School, Belmont pushed five runs across in the second inning and pulled away for a convincing 10-2 victory at Robbie Mills Field. The victory secured the No. 3 seed in this week's NHIAA Division III tournament after an outstanding 13-3 overall record. The Raiders will host Stevens or Fall Mountain today, Thursday, June 2.

"The guys came in and played well as a team, like they have throughout the season," said Belmont head coach Matt LeBlanc, whose team earned its highest-ever postseason seed since he took the job in 2011. "We've been fortunate all season that we've gotten team wins. Our lineup, one through nine, everyone hits. You saw that again today."

The win completed a season sweep of the Sachems for Belmont, which also won a 2-1 contest in the season opener back in April. The victory also enabled the Raiders to leapfrog Laconia in the standings, moving from the fourth seed to the third. For morale purposes, it was an enormous win. After starting the season 11-1, Belmont dropped two out of three games the week leading into the Laconia tilt. Looking to secure a top four seed was very much the goal for LeBlanc's

nice to see the guys be able to erase last week and put it behind us," the coach said. "You can't go back and play those games again, you have to look forward."

With the score tied 1-1 in the top of the second inning, Belmont took

control of the game. Cam Magerer walked and Jonny Leclair singled to lead off the frame, and No. 9 hitter Griffin Embree came through with an RBI single to plate Magerer and put the Raiders up 2-1.

Second baseman Matt Pluskis, like he has all season, came through with another big hit, lacing a two-run single through the left side to extend the advantage to 4-1. Pluskis would score on an error to make it 5-1, and Doug Price pushed the lead to 6-1 with an RBI single as the Raiders gave starting pitcher Josh Guptill plenty of early offensive support.

Guptill danced around some early trouble and settled in on the mound. He wound up tossing a complete game, striking out six batters while walking two and allowing two earned runs on six hits. Against a high-scoring Laconia squad, it was quite an impressive effort for the righthander.

"He was hitting his ed Pluskis for an 8-1 ad-



Belmont's Jonny Leclair takes his lead off third base during the Raiders' 10-2 win in the regular season finale on May 25 at Robbie Mills Field in Laconia.

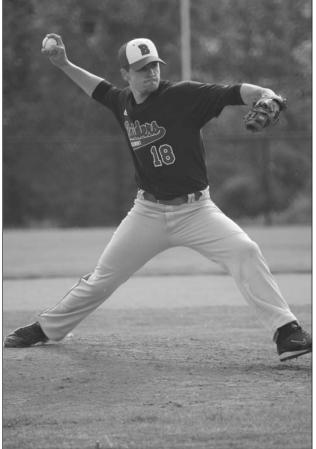
spots when he had to," lauded LeBlanc of Guptill. "He commanded the zone, followed the game plan and really earned this one. It started and ended with Josh for us today. He pitched a great game. I think it was his best effort of the season."

With Guptill doing the job on the mound, the Raiders' offense continued to put runs on the board in the top of the fourth. Corey Derosier led off with a double to deep left field and scored on an error, while Cole Contigiani reached on a fielder's choice that platvantage.

After Guptill left the bases loaded in the home half, Embree drove in his second run of the afternoon on an RBI ground out, scoring Leclair (single) for a 9-1 lead.

Laconia scored its only other run of the game in the fifth, and Belmont matched that with a run in the top of the seventh when Leclair reached on an error and scored on a balk for a 10-2 advantage. Guptill struck out the final batter to close out the win in the home half of the seventh.

"It was so important a win like this."



Josh Guptill of Belmont tossed a complete game on the mound to earn the victory, striking out six Laconia batters in seven innings as the Raiders captured a 10-2 win.

for us after last week to get this win," said LeBlanc. "This definitely puts us in a better state to start the playoffs with

Derosier went 3-for-4 at the plate with two runs scored, while Leclair, Price and Contigiani all had two hits for Belmont.

### Eventful doubleheader for Bears in season finale

BY JEFF LAJOIE

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TILTON – In a spring of ups and downs, it was fitting that the final day of the regular season featured a chaotic afternoon and night for the Winnisquam Regional High School baseball team.

The Bears began their day with an afternoon home game against Fall Mountain on May 26. After dispatching of the Wildcats, 7-2, the squad quickly hit the road to play at rival Franklin in an evening doubleheader nightcap. Just like game one, Winnisquam finished with a convincing victory, thumping the Golden Tornadoes, 8-1, to finish with a 9-7 overall mark heading into this week's Division III tournament. Winnisquam is the 11th seed and will be at Bow today, June 2, for the first tournament game.

The day started with the win over Fall Mountain. Senior Devin Martinez took the ball and held the Wildcats in check for five innings, giving way to Tim Harmon for the final six outs and the 7-2 win.

Martinez allowed just two runs on three hits, striking out five and walking three before giving way with a 6-2 lead. Harmon allowed just one hit in the final two frames to grab the

Shevlin had three hits and three RBIs in the win for Winnisquam, while Jack Decormier also drove in a run and scored a pair of runs. Christian Serrano continued to make things happen offensively, going 2-for-4 with a run. Jake Snow had two



Winnisquam senior Christian Serrano rounds third base en route to scoring a run in the fifth inning of the Bears' 7-2 win over Fall Mountain in the first game of a doubleheader on May 26.

RBIs in the convincing

victory. Hightailing it to neighboring Franklin for the nightcap, the Bears again got a strong pitching performance, this time from Hunter Tierney. Like Martinez, Tierney tossed five innings to earn the win, striking out eight before giving way to Harmon

for the final two frames. Snow had three hits,

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Treatment

including an RBI in the top of the first inning to get Winnisquam off and running. The Bears never trailed, leading 4-1 after four innings and tacking on four more runs in the fifth to pull away for the victory.

### Softball

The Winnisquam softball team also dealt with a hectic final day of the regular season and

Notes From

The Arborist

a doubleheader. Things got off to a strong start in the afternoon, as Molly Tinker's complete game shutout led the Bears past Fall Mountain, 1-0. Tinker struck out three and walked just one, allowing only two hits in her best outing of the season.

Winnisquam scored the game's lone run in the bottom of the third, Cailey Clogston reached and scored on a Marissa DeBlasie sacrifice fly for the 1-0 advantage. Tinker did the rest, shutting the Wildcats

down in the heat. The regular season came to a close later that night under the lights in Franklin, as the Bears nearly slayed the high-powered Tornadoes before falling in extra innings, 5-4, at Odell Park.

Franklin, which finished the season with a 15-1 overall mark, received a walk-off single from Hailey Haskins to break a 4-4 tie in the bottom of the ninth, dropping the Bears to a final mark of 9-7 overall

entering the postseason. Winnisquam trailed 2-0 before tying the game in the fourth with RBI singles from Clogston and Talia DeBlasie. With the game then moving into extras, the Bears appeared destined to snatch a huge victory in the top of the

eighth. Clogston again SEE **BEARS**, PAGE B3

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# Burbank tops 100 goals as lax Raiders cap season

BY JEFF LAJOIE

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BELMONT – It was an eventful season for the Belmont High School girls' lacrosse team. The Red Raiders took some steps forward in their third year of varsity competition, though there's still a long way to go to sustain a consistently competitive program.

The 2016 campaign culminated on May 24, as Belmont held senior day at home in a 19-7 loss to Con-Val that saw the Raiders finish their season with a 1-13 overall record.

"There's definitely been improvement that we've seen," said second-year head coach Marie Lander, who won her first game with the program in a victory over Campbell on May 12. "We still have a long way to go but the lacrosse knowledge, tactics, those types of things... there's definitely improvement we've seen and I think other teams have seen as well from us."

The finale marked a milestone for the program, as senior Allivia Burbank recorded her 100th career goal early in the first half. Burbank, the team's leading scorer, tied the game 2-2 with her 100th tally, and she finished



JEFF LAJOIE

Belmont seniors Andreya Murphy and Sarah Thayer embrace classmate Allivia Burbank (14) after she scored her 100th career goal in the Raiders' 19-7 loss to Con-Val in the season finale on May 24. Burbank set the program scoring mark with 103 career goals.

with five goals and 103 for her career – the new high mark in the BHS record books.

"She's just very consistent every game," said Lander of Bur-

bank. "We know what to expect from her every time out. Her goals have been so helpful to the program but she's always giving 100 percent in all aspects of



JEFF LAJOIE

Belmont senior Hannah Leger corrals a loose ball in front of a Con-Val player during action on May 24.

the game and that's the most important contribution she's provided. She knows how to pick things up when we need her."

Belmont led 3-2 early in the game against Con-Val thanks to a wraparound goal from senior Clorissa Roode, who took a feed from Burbank and buried it into the back of the net.

But Con-Val responded with a big run, scored 12 of the next 15 goals to take a commanding 13-6 lead into the break. The Raiders got a second half goal late from senior Hannah Leger to cap off their scoring load.

Burbank, Roode and Leger are three of nine seniors on the roster. along with Anna Scott, Jen Hamilton, Sarah Thayer, Andreya Murphy, Natalie Annis and manager Emily Ennis, who was forced to miss the season due to an injury but shined as the team's scorekeeper in a high-paced environment.

"Losing nine seniors... that's really tough, especially with how dedicated they've been to the program the past few years," Lander said. "We'll miss them. I'm confident in the sophomores and juniors coming up and hopefully they'll be able to contribute as well as our senior class."

Despite the tough season in the win/

loss column, the Raiders hope the future is bright, despite the lack of an immediate feeder system in the youth ranks. Thayer led a clinic for eighth graders as her senior project this year, and the squad had three eighth graders practicing with them throughout the season.

"The hope is that slowly we can start bringing the sport to the middle school and maybe lower into the youth level," said Lander. "You have to remind the girls every now and then that success happens in stages, not overnight. Hopefully we can continue on that path moving forward."

### BEARS

CONTINUED FROM PAGE A2

drove in a run, and Emily Decormier also had an RBI single to give the visitors a 4-2 advantage.

But Franklin responded, tying the game with two runs of its own in the home half of the eighth and earning the comeback win in the ninth.

It was quite an eventful final week for the Bears, which also had an extra inning tilt against Bishop Brady. In that contest, also on the road, Winnisquam scored two times in the top of the 10th to sneak

past the Giants, 9-7.

Senior first baseman
Lindsay Raymond had
a huge day for Winnisquam, stroking four hits
and scoring four runs,
while Lauren Bolstridge
and Ema Atherton had
two hits apiece. Marissa
DeBlasie's performance
in the pitching circle
saved the day, as she entered in the fourth and
tossed seven innings of
relief to pick up the win.



JEFF LAJOIE

Second baseman Hunter Tierney tries to put a tag on a Fall Mountain baserunner in the Bears' 7-2 win on May 26.



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Belmont's Chaz Hacking sneaks by Gilford defender Logan Essaff in the second quarter of the Red Raiders' 13-7 loss in the season finale on Friday.



Tanner Woods of Belmont looks to try down a bouncing ball in front of a Gilford player on

# Hacking's five goals powers Raiders in finale loss to Gilford

BY JEFF LAJOIE

jlajoie@salmonpress.com

BELMONT - Thanks to a big second half, the Gilford High School boys' lacrosse team ended its season in winning fashion on Friday. The visiting Golden Eagles held rival Belmont High School to just two goals after intermission, pulling away for a 13-7 victory in the Division III finale for both squads.

The victory puts the Eagles with a final record of 4-10 this spring, and the squad won two of their final three games to end on a high

up 2-12 overall in its inaugural varsity season with wins over Manchester West and Ste-

A late second quarter charge enabled the Raiders to tie the game 5-5 at halftime, though Gilford came charging out of the intermission to take control of the game for good. Seth Valpey scored on the Eagles' first possession of the third quarter, and Drouin Brulotte made it 7-5 with a tilt just two minutes later.

note. Belmont wound Belanger cut into the deficit, pulling the hosts within 7-6, but the tandem of Seth Valpey and Brulotte again scored late in the third to extend the Gilford advantage to 9-6 entering the fourth.

Nate Cobis pushed the lead to 10-6 on a deflected shot for Gilford to start the final stanza before Chaz Hacking answered for Belmont with a goal off a feed from Tanner Woods to make it 10-7. That would be the last goal the Raiders would muster howev-Belmont senior Nick er, as the Eagles closed

with goals from Seth Valpey, Cobis and Sander Valpey to pull away for the 13-7 victory.

Gilford led just 2-0 after a back and forth opening quarter dominated by the defenses, though neither team managed to sustain possession for large periods of time.

Hacking, who finished with a team-high five goals, put Belmont on the board just 20 seconds into the second quarter, cutting the lead to 2-1.

Cobis made it 3-1 Gil-

but Hacking again buried a shot after a great clearance from defender Hunter Kenney to pull within 3-2.

Despite being a man down, Gilford got a goal from Nate Hudson for a 4-2 lead midway through the second, and Josh Valentine tallied his second of the day for a 5-2 advantage.

Belmont put together its best string of play late in the half however. Hacking scored his third of the afternoon on a shot that bounced off Gilford goalkeeper

the game on a 3-0 run ford just minutes later, Ethan Ormes' helmet, and he followed with a nice spin move goal three minutes later. Josh Atherton closed the mini 3-0 run just seconds before the halftime whistle. After the Raiders killed off a man down situation in their offensive zone, Atherton blasted a shot through traffic to send the game into the break tied at 5-5.

Seth Valpey, Cobis and Brulotte all scored three goals in the win for the Eagles, while Valentine added two in a balanced scoring at-

### **BOYS**

CONTINUED FROM PAGE A1

him up more than me. I would've liked to not have hit so many hurdles but I was pretty excited to be able to get the win."

Allman led a Belmont team that finished an impressive fourth overall in the boys' race with 45 points. With a deep and talented roster this spring, the Raiders had an outstanding season that culminated with a plethora of athletes qualifying for the state championship. Allman's time was good enough for a school record in the 110 hurdles, as he continues to break his own mark something he's done several times this season.

"Last year was my first year running (the event) and the first couple of races I didn't really like it to be honest," he said with a laugh. "But by the end of the year, I was all in. I really love the race. (The 110) is my race now."

Allman added a fourth place finish in the 300-meter hurdles to add points towards the team total, as he crossed with a time of 42.13 seconds. Teammate Ian Remenar had an outstanding finish in the event, snagging second place overall in 41.46 seconds to put two Raiders in the top five.

Allman wasn't the only local to capture a state title on Saturday. Winnisquam Regional High School's Henry Stock showed a flare for the dramatic in the javelin. Down to his last throw and staring a third place finish in the face, Stock uncoiled a monster heave to come charging from behind. The senior added over

11 feet to his best throw of the day in his final attempt, registering a toss that measured in at 157 feet, eight inches. The total, a personal best by some 10 feet, enabled him to leapfrog two competitors and capture the state championship by a margin of nearly two

"I already knew I was going to Meet of Champions (top three finish) so I just went for it on the last one," said Stock, who also finished 10th in the discus (102-11) and 10th in the shot put (35-9.5). "You're definitely less afraid to go for it when you know you've got one of your goals locked up. The second I let it go, I knew it was good."

In addition to Allman's win, Belmont had several outstanding performers on Saturday. The 4x100 relay team earned its share of headlines, as the quartet of Allman, River Mathieu, Marc Forgione and Colby Leroux set a new school record with a time of 45.55 seconds. The previous mark stood at 46.0 seconds, and the relay team entered the day very much in striking distance with their personal best of 46.1 seconds. The squad wound up second overall, earning an MOC invite after finishing behind only Kearsarge (45.37 seconds).

The 4x400 relay team also took second to qualify for the MOC, with Leroux, Remenar, Nick Randos and Kyle Gelinas crossing the line in 3:37.

Gelinas joined the other top finishers as an MOC qualifier in the 1,600 meters, where he moved up from a fifthbest qualifying time to nab third overall in 4:29.



Belmont High School junior Eli Allman moves through the barriers in the 110-meter hurdles en route to a victory in the NHIAA Division III state championship on Saturday in Bristol. Allman set another school record in the event, capturing the state title with a time of 15.83 seconds.



Winnisquam's Scott Hinds took fourth place overall in the pole vault at Saturday's NHIAA Division III state championship.

Adam Sojka rounded out the point-scorers for the Raiders in the triple jump, where he finished sixth overall with a top leap of 39 feet, five inch-

The 4x800 relay team of Zach Ennis, Nolan Gagnon, Max Schott and Remenar opened the day with a seventh place finish (9:01), while Brandon Scheffer added an eighth performance in the shot put (37-9). Mathieu (200, 24.39) and Randos (1,600, 4:46) were both 10th overall in their respective events, while freshmen Caleb Duggan (11th, triple jump) and Ennis (16th, 1,600) both competed in their

Stock's big day lifted Winnisquam to a tie for sixth place overall, as

first-ever state champi-

onship for the Raiders.

the Bears compiled 20 points on the day.

Scott Hinds scored points in two events for Winnisquam, as he was third overall in the 400 meters (52.20) and fourth overall in the pole vault (10 feet, six inches). Jake Hinds was 10th overall in the 800 meters for the Bears (2:07).

Freshman Kyle Mann qualified in two events, taking 10th in the 400 (55.46) and 12th in the 3,200 (10:53), and he also ran a leg on the 4x400 relay team that finished sixth (3:44) along with Scott Hinds, Jake Hinds and Tyler Mann.

The 4x100 relay team of Brady Ellsworth, Jesse Fredette, Tyler Mann and Tyler Moran took home 17th place with a

time of 51.83 seconds. Allman and Stock



Winnisquam senior Henry Stock is the picture of concentration while winding up to toss the javelin in the NHIAA Division III state championship on Saturday. Stock uncorked his final throw of the day 157 feet, eight inches, to capture his first state title.



Kyle Gelinas of Belmont heads for the final straightaway in the 1,600 meters en route to a third place finish and Meet of Champions qualification on Saturday in Bristol.

will headline a large contingent of MOC competitors this weekend, when the event is held at Winnacunnet High School in Hampton on Saturday, June 4.

"I'm looking to PR and put my name on the board," said Allman of

his goals for the MOC. Stock said his ultimate goal would be to break the school javelin record of 169 feet, though he'll aim to at least try and top the 160foot mark.

"I didn't think (MOC) would be a realistic goal at the beginning of the year so I'm just going to go out there and do my best," he said.

### Raiders cap regular season with eighth straight win

BY JEFF LAJOIE

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LACONIA - It was quite a finish to the regular season for the Bel-

mont High School softball team.

At one time, the Red Raiders stood at an even 4-4 overall following three straight losses. But some eight wins later, Belmont entered the postseason as one of the hottest teams in Division III. An 8-3 victory over Tournament with a final host Laconia in the finale on May 25 at Opechee Park secured a top eight seed in this week's D-III

record of 12-4. The girls host Newport today, Thursday, June 2.

Senior pitcher Megan

### 10-mile race, relay return to Great Glen on June 4

PINKHAM NOTCH three-loop course. — Great Glen Trails Outdoor Center will host the There's A Black Fly In My Eye 10mile Trail Race and Relay event on Saturday, June 4, at 10 a.m. This year's race, sponsored by Solomon and Pearl Izumi, and now a part of TrailRunner's 2016 Trophy Series, is comprised of both individual runners and relay teams made up of two to three people running the diverse and challenging terrain of the

The course, signed to test the individual abilities and limits of the runners, is comprised of three loops, each having its own unique character. The first leg, referred to as the North Loop contains winding and rolling carriage roads. Next is the Aqueduct Loop, the most rugged of the three with a rocky trail surface with stream crossings and boggy segments. The West Loop finishes the race off, consisting of carriage roads, single track, a river crossing and an uphill sprint to the finish.

Awards and a cash barbecue follow the race. Participants are able to pre-register for the race online, and save \$5, at www.Great-GlenTrails.com or register the day of the race by 9:30 a.m. Registration is \$30 for individuals, \$40 for teams of two and \$50 for teams of three. The Black Fly In My Eye 10-mile

Trail Running Race and Relay event begins promptly at 10 a.m.

TrailRunner's Trophy Series is a point based series of 202 trail runs in the United States and Canada. All Trophy Series events are divided into two categories: Non-marathon (races shorter than 26 miles) and marathon and longer (races 26 miles and longer). For additional information on the 2016 Trail-Runner Trophy Series, including the race calendar, rules, news and updates, visit www. trailrunnermag.com/ races/trophy-series.

Anyone interested in volunteering with the race, should contact Kim Hoyt at 466-2333. Volunteers will receive a ticket to the barbecue and a trail pass. Great Glen Trails

Outdoor Center, in Pinkham Notch found at the base of the Mt. Washington Auto Road. Offering an abun-

dance of outdoor activ-SEE **RACE**, PAGE B12 Prescott fired a complete game, striking out 10 batters against Laconia. Her offense provided plenty of support, with a threerun third inning putting the squad ahead for good.

Junior Nicole Antonucci went 3-for-4 with a pair of RBIs, while classmate Taylor Lavallee added two RBIs and two runs. Fellow junior Shannon Davies had two hits in the win, while Jordyn Lavallee and Courtney Clairmont each drove in runs for Belmont.

Belmont earned a first round bye and a home game in the D-III second round with the victory. That tilt was slated for June 2, and a win would catapult the Raiders into the quarterfinals on Saturday (June 4).

### **GIRLS**

CONTINUED FROM PAGE A1

event. She won it for the third year in a row, posting a top jump of 16 feet even to hold off her next closest finisher by a sizable margin of 8.5 inches. It was the third year in a row that Remillard captured the event with a winning jump of over 16 feet.

She added a title in the 400 meters for good measuring, crossing the line in 61.17 seconds to take home a championship that has eluded her over the past four years. Remillard was second fourth in the 400 last year, and took second in the event during both her freshman and sophomore years.

Her big day also included a runner-up finish in the 100 hurdles (15.73 seconds), an event she won as a sophomore in 2014 and finished second last year. Remillard was also third overall in the 200 meters, crossing in 27.24 seconds. It was her first-ever state meet appearance in the event.

perfor-Remillard's mance elevated Winnisquam to a sixth place team finish, as she scored all 34 of her team's points in the event held at Newfound Regional High School in sweltering heat.

One week after capturing first place at the Wilderness League Championship, the Belmont High School 4x800 relay team entered Saturday's meet as the top seed and favorite in Bristol. The Raiders shook off nerves, traversing the course in the first running event of the day to capture their first state title as a quartet.

The team of sophomore Alexus Day and juniors Emma Chase, Jessica Hutchinson and Jasmine Syed moved around the eight lap 4x800 with a time of 10 minutes, 31 seconds, putting them three seconds ahead of runner-up White Mountains and third place Campbell. With all four runners posting consistent splits, Belmont took control on the third leg, when Hutchinson created some separation and handed off to Syed for the final portion of the race with a lead. Syed did the rest, cruising to victory and continuing what has been an impressive relay season to this weekend's Meet of Champions.



Belmont freshman Alice Riley runs the 1,600 meters at Saturday's NHIAA Division III state championship in Bristol. Riley finished fourth in the event, and added a runner-up showing in the 3,200 meters during her first-ever state championship.

"We all think of our own personal races but today, we really thought about things as an entire team," said Hutchinson.

Day got Belmont on solid footing in the opening leg, and the Raiders were never anywhere but at or close to the front of the pack at any point in the race.

"There's a lot of pressure to get off to a good start," admitted Day. "You have to set the pace so it's a bit of a full out sprint to get to the front and not be stuck behind

a bunch of runners." Chase continued the momentum, staying right with competitors from White Mountains and Campbell before handing off to Hutchinson. By the time Syed took the baton, the championship was as good as locked up.

"I definitely wasn't worried about Jasmine," said Chase.

Despite the lead for her final leg of the race, Syed said she still approached the final 800 meters like every other race.

"I never get too comfortable in that situation," she said of running with a lead. "I always expect someone is right behind me. But I wanted to keep our place and not let the team down."

It's been a truly remarkable rise for Belmont this spring. The Raiders, which will continue their pursuit of a school record in the 4x800 at the MOC, finished sixth in the event at last year's state meet, and they shaved nearly 30 seconds off that time from one state championship to the next.

"I think it was about taking everything more seriously this year," Day offered. "We all improved our splits by quite a bit."

Belmont's win in the 4x800 led the Raiders to an eighth place finish on Saturday as a team. The squad totaled 23 points on the day.

Competing in her first-ever state championship, freshman Alice Riley was a key figure in the scoring load. The distance specialist braved the heat to finish as the runner-up in the 3,200 meters (12:18), and she also added a fourth place finish in the 1,600 meters (5:40) for quite a long day on the track.

"I really wanted to win the (3,200)," admitted Riley, who finished second behind Monadnock's Joelle Lafreniere. "I was seeded first so I'm a little disappointed. I wanted to hit my seed for the 1,600 and I did that so I was happy with that race."

The heat certainly affected the 3,200, so much so that officials handed out water throughout the race and runners took advantage.

"We're not used to the heat, especially this season because we haven't had any days like this," said Riley. "It was very hard conditions and I ap-











The Belmont 4x800 relay quartet of Alexus Day, Emma Chase, Jessica Hutchinson and Jasmine Syed took home the title in Saturday's NHIAA Division III state championship in Bristol. The Raiders captured the event with a time of 10 minutes, 32 seconds.

plaud anyone who went

out and ran in it." Riley said the heat was most noticeable on her third lap of the 3,200. Lafreniere held back early in the race before making her move, letting Riley and White Mountains' Leah Dutkewych, who finished third, do most of the heavy lifting in the early going.

"I think between the third and fifth laps, but especially the third, I thought to myself, 'This is so hard," recalled Riley of running in the heat. "(Lafreniere) played it smart. She didn't go right out. She stayed behind and it wound up being a smart race by her."

Still, her runner-up finish has Riley qualified for her first MOC this weekend. It's quite an honor for what has been a breakout freshman campaign.

"I'm excited (MOC)," Riley said. "I'd really like to run a (personal record), that'll be a goal for me."

Syed scored a point for Belmont by taking sixth place in the 800 meters (2:32), while Hutchinson wasn't far behind in 10th overall (2:32). Senior Kylie Donovan captured eighth place in the 100 hurdles (17.40) and finished 16th in the 300 hurdles (56.59), while Ashley Olisky was the lone field event qualifier for the Raiders and finished 16th in the shot put (26-1).

Besides the title-winning 4x800 relay team, Belmont had two more top 10 finishes in the relay events. The 4x100 squad finished ninth, with Chloe Sottak, Taylor Murray, Kaitlyn Delisle and Elise Hall posting a time of 55.50 seconds. In the final

event of the day, the quartet of Day, Emma Chase, Sarah Chase and Syed took eighth in the 4x400, crossing with a

time of 4:42. While Remillard scored all of Winnisquam's points on the day, the Bears did have several qualifiers compete in Bristol. Phoebe Keck earned a top 10 finish in the 200 meters, taking 10th overall with a time of 28.58 seconds, while Olivia Doubleday nabbed 13th in the shot put (26-10.5) and 15th in the javelin (77-10).

The 4x100 relay team of Keck, Mackenzie French, Kaylianna Genier and Meghan LaBelle finished 10th overall (56.20), while the 4x400 relay quartet of Remillard, Makenzie Snow, Caitlin Dumont and Jasmine Piper crossed in 12th place (4:54) to close out the day.



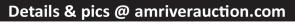
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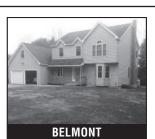


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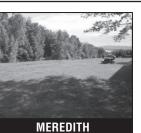
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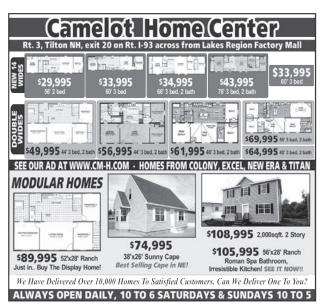
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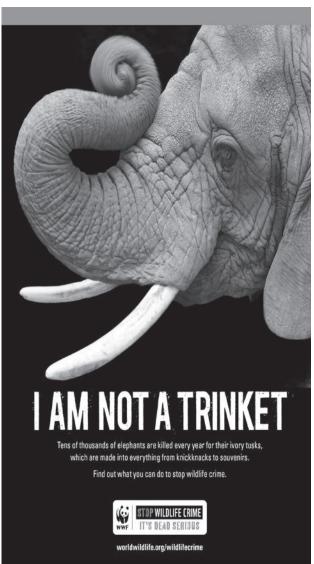


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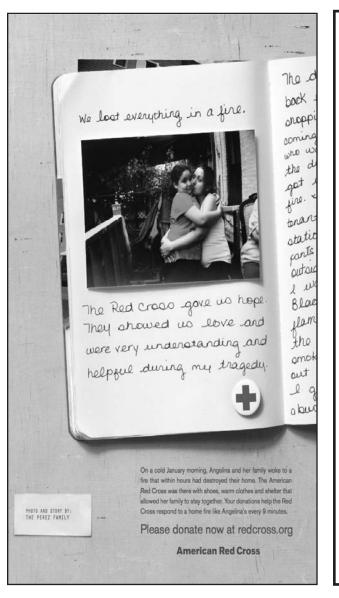
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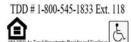
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### Northumberland, NH

2 story Colonial on 2.3 acres with 2,352 square ft of living area, built 1989, 4 bdrms, 2.5 baths, first floor laundry room w/chute from second floor. Large Living Room, Foyer, large Kitchen w/appliances, extra room in Master Suite can be used as a nursery or home office. Beautiful 50 ft wrap around porch with attached gazebo, 32' x 32' two bay attached garage, additional 14 x 20 outbuilding provides plenty of room to store your toys. Well maintained and landscaped with many trees, including several apple trees and a large garden space. Enjoy nearby skiing and direct access to NH snowmobile trail 5 and Vermont/ VAST trail/ bridge crossing into Guildhall, VT. Motivated seller at \$188,888.

Contact me at brucepelletier4@gmail.com or 603.326.8175





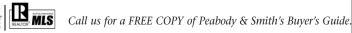
Plymouth, NH - Mountain views, privacy, 5 acres and more from this Colonial style bedroom, 3 bath home. Comfortable

living will be in your future with an open concept kitchen and dining room that lead out to a three season screened in porch with the mountain views framed by the privacy of trees. Completing the first floor is

a half bath, laundry area with mudroom space, an office or guest room and there is a large living room featuring newer carpet and a wood burning fireplace. Upstairs there are two large bedrooms plus a grand master suite with cathedral ceilings, two walk-in closets, private master bath with Jacuzzi style tub and a unique balcony overlooking the backyard. There is an oversized 1 car garage, a large shed and a matured landscaped yard. Minutes to shopping, hospital and PSU.

View More Listings at: www.peabodysmith.com "One Click and You're Home!"





**CENTER HARBOR** 

32 Whittier Hwy 603-253-4345

620 Tenney Mtn Hwy I Plymouth, NH I 603-238-6990 Curry Place, Holderness, NH I 603-968-7615



### NITE GROUP REALTY SERVICES

www.granitegrouprealtyservices.com

607 Tenney Mountain Hwy, Plymouth, NH • 536-7750 366 Lake Street, Bristol, NH • 744-3004 481 Lake Street #1B, Bristol, NH • 744-9950

Facebook

DANBURY, NH - One Level Living with Privacy on a 3.5 acre wooded lot. Walk out basement to add a Third Bedroom or Large Game Room, Office, Second Master Suite.... Attached Garage with Pick up Truck Capacity. Dedicated Laundry Room. Open Concept LR/ DR Kitchen. Well Built Insulated Home with Solar Hot Water = Savings on Utility Bills. Wood Stove bonus! Wooded Views in Dining Room. Brook running thru the property. Large Master Bath with Master Closet. Who says you can't have it ALL?

4489817.....





Your Commercial Real Estate Experts For Sale, Lease or Business Opportunities We Can Help

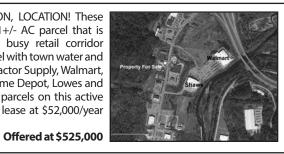
Littleton, NH. It is steeped in history having been a Masonic Temple for almost 100 years. Features include wood floors, beautiful oak trim, large open rooms on both floors with a smaller sitting/meeting room of each and an area for a commercial kitchen. There are many, many original features too numerous to name from an era gone by that would be costly to reproduce. This property is centrally located in one of New Hampshire's fastest growing communities and would be ideal for a restaurant, gracious office or a unique retail establishment or a dinner theater venue. Bring your ideas! The basics are already there!





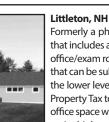
Woodsville, NH - This property offers a total of 12,000+/- SF comprised of a 10,284 SF retail building with a separate unheated 1,716 SF garage/ warehouse building that is adjacent to the main building. The main building has double doors on both sides to allow for easy delivery access with from the warehouse and parking area. The main building is open concept and can be easily configured to accommodate one user or multi users. Ideal for retail, warehouse, restaurant or any venture needing wide open space, great visibility and good parking!

Littleton, NH - LOCATION, LOCATION, LOCATION! These words never rang truer with this .91+/- AC parcel that is centrally located on Littleton, NH's busy retail corridor known as "The Meadow". The lot is level with town water and sewer. Join national brands such as Tractor Supply, Walmart, Verizon Wireless, Shaw's, Walmart, Home Depot, Lowes and others on one of the few remaining parcels on this active retail strip. Parcel is also available for lease at \$52,000/year



Offered at: \$399,000

MLS # 4467222



MLS # 4489915

Littleton, NH - This office space is waiting your professional touch! Formerly a physician's office there is 2,154+/- SF on the main level that includes a good sized reception area, waiting area and separate office/exam rooms. The lower level consists of an open 2,500sF area that can be subdivided. Lease rate for upper level is \$12/SF NNN and the lower level is \$10/SF NNN. (CAM charges estimated at \$1.50/SF. Property Tax to be pro-rated). Tenant responsible for fit up. If Class A office space with plenty of parking, good visibility and easy access to major highways is important, this is your new location!! MLS # 4462176 Offered at \$12/SF

Littleton, NH -Warehouse or distribution center that is centrally located with easy access to US Routes 93, 91 and NH's Route 302. Up to 14,000+/- SF available but subdivision is possible. 10 loading docks, plenty of parking or storage for tractor trailers. Available immediately.



MLS# 4463036 Offered at \$6/SF

Peabody & Smith Realty • Franconia, NH • 603-823-5700





Moultonboro \$1,895,000 - #4401612

250' owned frontage.

Ellen Mulligan 603-387-0369

Center Harbor. 479.000 - #4431759

Beautiful custom built open concept home with

complete privacy & great mountain views. Wrap

around porch, screened porch, open deck, lovely

landscaping & large private driveway

Ellen Mulligan 603-387-0369



Spectacular Lake Winnipesaukee home w/over 6000SF of luxury & custom architectural details.



Year round or vacation retreat in an area of



Pond & Sunset Lake.



North Sandwich. \$475.000 - #4442753

to the north on 73 acres of meadow & woodlands. set on over an acre in the most desirable area of It includes a 40'X50' antique barn and 2 700 ft on 2 quiet country roads



This 1809 expanded Cape views Whiteface Mountain Custom finishes for this truly exceptional Colonial

Shirley Burns/Dana Burns 603-630-1410



Alton 650,000 - #4431223

Custom built main house sits on a 32.2 acre parcel

with 268 feet of water frontage with a dock on

tranquil Hills Pond also included is a .70 acre island;

Ellen Mulligan 603-387-0369

LACONIA

348 Court Street

603-524-2255

Gilford. \$399.000-#4440275 the Lakes Region

Meagan Bowen 581-2845



Ossinee \$319.900 - #4492575 Immaculate & Beautiful post & beam reproduction cape. Aviation community with air rights, beach access, mooring field, tennis courts. Beams, pine floors. Many custom features Barbara Mylonas 603-344-8197

Gilford \$254,000- #4475046

living room plus a roomy family room.

Judy McShane 581-2800



Henniker, \$318.000 - #4489942 wonderful horse property.



New Hamnton \$279,000 - #4490861 Beautiful, custom built, cedar log home on 12 acres Unique and versatile home serves your every need with organic gardens and fruit trees. Would make a with a separate entry 1-2 BR apartment/in-law on the lower level. Set on 5 acres.



Meredith \$179.900- #4490348 Location is perfect for a walk or bike ride to the town

Moultonboro, \$115,000 - #4490938 Tucked up this private driveway is a very spacious and well-maintained home. Large kitchen, comfortable with 1 car garage. Fully applianced and freshly painted. access. Level lot with wooded privacy. A rare find with 1 car garage. Fully applianced and freshly painted. access. Level lot with wooded privacy. A rare find Make your home on this lot! beach or downtown. Shelly Brewer 581-2879

Adrien Labrie 603-455-5511



Exceptional building lot in the gated Winnipesaukee beach access community of South Down Shores. Walk on trails to sugar sand beach, tennis, marina, **Title Services** 

Ask about our Coldwell Banke Home Protection Plan American L Home Shield ONE STOP SHOPPING: **Real Estate** 

Mortgage



3 bedroom, 2 bath with addition and new kitchen Walking distance to marina where you could rent a dock for your boat.

Pat Bernard 581-2843 www.NewEnglandMoves.com





WINNISQUAM ECHO June 2, 2016 B9

Town-to-Town

Home of the Jumbo Ad, reaching loyal readers of eleven weekly papers

# CLASSIFIEDS

www.salmonpress.com 1-877-766-6891



Place your ad today! Call toll free





or visit our website



### Non-Profit Events

**HOUSE CHECKS** Protect your most valuable asset. While away on vacation or away for a long weekend have your home checked for forced entry. Burglars don't take a vacation! Call Plowing Plus for details 527-1154.

### Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St.. Lancaster, NH. Price, \$4: if mailed, \$8. Call 603-788-4939 or email lancoffice@salmonpress.com

### Events/ **Entertainment**

4th Annual Presby Tractor Show! Saturday June 4th 8am- 3pm: 154 Airport Rd Whitefield, NH 03598. Free admission and Free Ice Cream! Over 100 antique tractors on display! Food vendors, door prizes, great fun for all ages! www.PresbyTransportationMuseum.com or 1-800-473-5298

### **Lost & Found**

Found Ads Are published Free of Charge. 30 words for 1 week.

Lost Ads Are Charged at our regular classified rates.

> **Call Toll Free** Mon-Fri 8:00-4:00 1-877-766-6891 or go to www.nhfrontpage.com 24/7

### Thank-You

Thank you for browsing The Town To Town Classifieds in the

West Meredith News **Record Enterprise** Winnisquam Echo **Newfound Landing** 

Publication Rates (30 words)

\$12 - 1 Week \$20 - 2 Weeks \$27 - 3 Weeks \$36 - 4 Weeks

Call Our main Call Center 1-877-766-6891 Mon-Fri 8:00-4:00

or place online 24/7 at newhampshirelakesandmountains.com

Deadline: Monday 10:30 am

### Fuel/Wood

FIREWOOD: Cut, Split Local Delivery \$200 Green. Please Call 286-4336

### Pets/Breeders

LOW COST SPAY/NEUTER Dogs Conway clinic starting at \$100. Cats Mobile clinic NH&ME \$70-\$85. Rozzie May Animal Alliance www.RozzieMay.org 603-447-1373

### **General Help** Wanted

### Full Time Housekeeper

The Valley Inn in Waterville Valley, a leader in the hospitality industry, is seeking energetic Full Time and Part Time Housekeepers. Responsibilitie include changing linens and cleaning/vacuuming hotel rooms on a daily basis. Join a winning 🎇 company! Working for The Valley Inn is challenging, rewarding and fun. If you are ready to work give us a call 236-8425 or stop by 17 Tecumseh Rd in Waterville Valley to fill out an application today.

### GARDEN/FARM HELP

Summer/Fall Farm/Garden help General garden chores. Beekeeping experience a plus. No animals, just garden and property maintenance. Full time/part time. Weekdays only. Please send qualifications to BearShirtFarm@gmail.com

### **General Help** Wanted

Seeking to hire full time reliable, experienced person for landscape mowing/maintenance position. Must have medical card or ability to obtain one, valid drivers license and knowledge of walk behind mowers. Must be motivated with strong work ethic. Pay based on experienced. Please send resume to mtnsidelandscape@roadrunner.com or call Jim at 603-455-5700 and leave a message.

### **Professional** Services

Our line ad classifieds are on our website!

www.nhfrontpage.com

is the place to check our weekly classifieds online! More great coverage and information from the

> Salmon Press Town To Town Classifieds!

Why place your ads anywhere else? 1-877-766-6891

TREE SERVICE- Single trees to entire lots! Fully insured, free estimates. Call Gary 603-315-5173.

### Real Estate



**Equal Housing Opportunity** All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familiai status or nati origin, r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42

U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby

informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call **HUD** toll free at

1-800-669-9777 For The Washington DC area, please call **HUD** at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275

You may also call The New Hampshire Commission for Human Rights

at 603-271-2767

The Commission at

163 Loudon Road. Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

### Comm. Space **For Rent**

Center Harbor- Route 25. Great first floor visibility on busy commercial district. Across from Center Harbor town beach. 2,500 sq. ft. Available June 1st. Call 603-707-7406.

DOWNTOWN PLYMOUTH: One room office in Fox Block Condominium, 66 Main St., 2nd floor. Bright and airy with approximately 225 sq.ft. and tall windows on two sides. Rent is \$300 per month, heat included. Occupancy date is negotiable. Call 603/536-2520 days.

### **Houses For Rent**

FRANKLIN~ 3 BEDROOM Close to schools and hospital. Pets considered \$1,000/mo. Caldwell Banker Old Mill Properties Randy 744-8144

### Mobile/Modular **Homes**

\$29,995, 2 bed, \$49,995, 28 wide, 3 bed, \$74,995, Modular Cape, WWW.CM-H.Com. Open 7 days. Camelot Homes. RT. 3. Tilton NH



# **Place Your Classified Line Ads**

24-Hours A Day · 7-Days A Week www.salmonpress.com



if you only

had the time, right? Now you do. 3-12 MONTH assignments now available.

Peace Corps now offers short-term Volunteer assignments overseas for 3 months to 1 year for especially skilled professionals with at least 10 years experience.

PEACE RESPONSE

peacecorps.gov/response

MEREDITH NEWS/THE RECORD ENTERPRISE/WINNISQUAM ECHO

### Join Our Team The Corner House Inn Center Sandwich, NH 284-6219 info@cornerhouseinn.com **Now Hiring: Waitstaff**

### **HOUSE HUNTING? Check out** REAL ESTATE & RENTALSA



### **APRN** and **PA-C**

Coos County Family Health Services is currently looking for an experienced APRN or PA-C to join our Practice! Strong computer skills, flexibility and desire to work in fast paced medical environments a must.

- Full Array of Benefits and generous Earned Time bank • Flexible Schedule - 4 and 5 day work week options
  - Federally Qualified Community Health Center • Malpractice coverage • Federal or State Loan Repayment is available!
    - Please submit cover letter and CV to:

HR Department 54 Willow Street Berlin NH 03570 Or via email at hr@ccfhs.org

Equal Opportunity Employer



The Northeast Experience

### InnSeason Resorts Pollard Brook

Full Time (Days) Maintenance **Full/Part Time Front Desk Associate Full Time Housekeeper** 

**Full/Part Time Evening Laundry Attendant** 

For an application, stop by the front desk or call 603-745-9900 email to: Aforbes@innseason.com

Send applications and/or resumes to:

InnSeason Resorts Pollard Brook 33 Brookline Road Lincoln, NH 03251

Fax: 603-745-8233

An equal opportunity employer



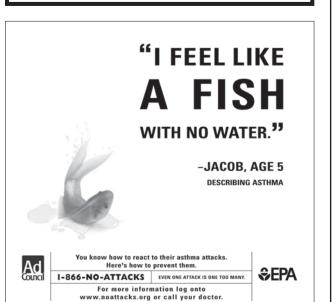
# **Plating Technician openings**

Nesco Resource a nationwide staffing service is currently partnering with Burndy LLC to hire

> over 20 people in their Lincoln facility.

Please contact us toll free at 1-603-417-3000

BURNDY® and Nesco Resource are Equal Opportunity Employers-M/F/Vetern/Disability. All Qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability, protected veteran status or any other protected class.





### **Full-Time Position**

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 41 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH

### **Town of Campton** Office of the Town Clerk/Tax Collector

The Office of the Town Clerk/Tax Collector seeks to fill a full-time benefited position as Assistant to the Town Clerk/Tax Collector. Strong office and high level of customer service skills are necessary. Position requires flexible team player, and may require extra hours during peak periods. Applicants must be dependable, honest, detail oriented, have computer knowledge and the ability to multi task in a fast paced environment. Cover letter and resumes only. No telephone inquiries please. The Town of Campton is an Equal Opportunity Employer.

Mail cover letter and resume to:

Hannah Joyce Town of Campton Town Clerk/Tax Collector 10 Gearty Way Campton, NH 03223



### **CAREER OPPORTUNITIES**

Join the Huggins Family! We have the following open positions:

### **Waitstaff**

at Sugar Hill Retirement Community

- \$200 sign-on bonus for year-round, part-time positions
- Shifts are 4-8 PM and occasional Sunday shifts from 10 AM - 2 PM

Apply online at www.hugginshospital.org or call 603.569.8485 for more information.



### Town of Ashland, New Hampshire **Police Department**

### **POLICE OFFICERS WANTED**

The Town of Ashland is currently accepting applications with resumes for full time and parttime police officers.

Minimum Qualifications: High School diploma or G.E.D., US citizenship, meet certain physical & psychological fitness standards as required by the New Hampshire Police Standards and Training Council and requires working nights, weekends and holidays. Police Certification preferred but not required

Apply: Application/Personal Statement may be picked up at the Ashland Police Department or Town Hall located at 20 Highland Street, Ashland, NH. Application/Personal History Statement may also be obtained at the Ashland Police Department website. Materials will not be mailed to applicants.

Pay: Competitive wages depending on certification and training. Benefits include sick time, holiday pay, annual leave and health insurance.

Closing Date: Application/Personal History Statement with resumes must be received no later than 4pm on Friday June 10th, 2016 at the Ashland Police Department or Town Hall.

The Town of Ashland is an equal opportunity employer

Ready To Say Goodbye To Your Old Car?

Our BURNDY LLC, Lincoln facility has immediate openings! BURNDY is a world renowned manufacturer of electrical connectors, installation tooling and wiring accessory products for the commercial, industrial and the electric utility markets. Our employees are our company's greatest asset and we are invested in your success. BURNDY LLC, Lincoln Facility is looking for new team members in the following positions:

- Senior Manufacturing Engineer
- · 2nd Shift Warehouse / Fork Truck Operator

BURNDY offers a wide range of health and welfare, incentive and educational opportunities that have earned us a reputation as one of the leading employers. We offer a comprehensive benefits package that includes: Medical, dental and vision insurance, a Retirement savings plan, Time away from work and more!

> How to apply: On line at: www.burndy.com (click on Careers quick link at bottom of page)

**BURNDY LLC** 34 Bern Dibner Drive, Lincoln, NH 03251

BURNDY LLC is an EO employer. M/F/Veteran/Disability. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability, protected veteran status, or any other protected class.



### IN OUR TEAM!

**SEVERAL POSITIONS AVAILABLE** 

It's time to up our staff at the Station for the summer! Come join us at one of New Hampshire's busiest restaurants, voted the White Mountain's favorite nine years in a row.

### DINING ROOM

Join our dynamic and fun dining room team! We're looking for waitstaff and hosts for all shifts, both fulland part-time. We offer fairly flexible hours. Potential benefits include health insurance, dental insurance, disability, 401K, paid vacation, plusdiscounts at the Restaurant and Brewery!

### KITCHEN

Looking for day and evening line cooks, day prep cooks and dishwashers. We can train the right people with a great attitude. Potential benefits include, big night bonuses, health insurance, dental insurance, 401K, and deep discounts on beer!

Pay depends on experience, but we have some of the highest pay rates in the area. Stop by and check it out!

135 Main St., North Woodstock, NH 03262 800-321-3985 WoodstockInnNH.com



### Put Some "Good" In the Goodbye! Donate your used car to the National Kidney

Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction.\* Call 1-800-488-CARS

■National Kidney Foundation® www.kidneyhealth.org



Over



Your New Best Friend...



The FREE

Rover...







### Join Our Award-Winning Team!

Competitive wages, excellent benefits, restaurant and spa discounts, free gym membership with pool access, benefited positions have access to health, vision, dental and life insurance. Will train motivated individuals

- Culinary All Positions
- Housekeeping
- AM/PM Spa Pool Attendants Desk Receptionist
- Night Auditor
- Evening Front Desk Supervisor

The Mountain Club on Loon 90 Loon Mountain Road, Lincoln, NH 03251 kdietlein@mtnclub.com | mtnclub.com | (603) 745-2244 x5272



### **EQUIPMENT OPERATOR/ LABORER**

The Town of Ashland is accepting applications for an Equipment Operator/Laborer. This is a full time position which also may include overtime hours during inclement weather. The position works under the supervision of the Public Works Director

Starting rate of pay is \$13.42 per hour moving to \$14.41 at completion of probation. The position also includes health insurance, vacation, sick time, and holiday pay. Applications and a complete job description can be obtained at the Ashland Town Office during regular business hours. All applications must be received no later than 4:00 PM on June 10th, 2016 addressed to Timothy Paquette.

### Part -Time - Real Estate Office Admin.

Computer skills, receptionist duties, advertising, marketing, mailings, and friendly phone personality are all musts for this position 2-3 days mid-week.

Pay is commensurate with experience starting \$12/ h.

Contact Steve at 745-3601



### **OPEN HOUSE - LITTLETON**

76 Main Street, Littleton, NH

Personal Care Attendants Wanted From Plymouth to Pittsburg NH Granite State Independent Living June 2, 2016 10 am-2 pm Flexible Hours & duties Must be dependable

Crim. check req'd \$10.25 hr Call Lorraine at 603-717-0807 Or visit www.gsil.org to apply online



### **Seeking Lead Teacher**

Requirement: At least 18 credits in Early Childhood Education & 1000 hours of experience with children in licensed center.

**FCC Shining Lights Learning Center** Call Melissa: 603-444-7379

### **Bus Mechanic**

Full-time, year-round, benefited position. Repair and perform maintenance on shuttle buses, vans and other large equipment and vehicles. Prior mechanic experience is required.

For more information and apply on-line visit  $\underline{www.loonmtn.com}$ **Human Resources** 60 Loon Mountain Road, Lincoln NH 03251

Equal Opportunity Employer

### J.JILL NOW HIRING

**GREAT FULL TIME POSITIONS AVAILABLE COMPETITIVE BASE RATE** 

J.Jill has opportunities in its state-of-the-art Contact Center.

We have immediate openings for **Customer Service Associates** 

Full Time Customer Service Associates. afternoon, evening and weekend hours available.

We are looking for individuals with great interpersonal and customer service skills, strong written communication skills,

Stop by the Tilton facility, located at 100 Birch Pond Drive, Tilton, NH; M-F 8:30am-5:00pm for an on the spot interview, to fill out an application or reply to nh.jobs@jjill.com.

### We are looking for NIGHT HOUSEMAN

### FRONT DESK ASSOCIATE

Weekends Required, PT

Please Apply in Person at RIVERGREEN, 48 Cooper Memorial Dr. Lincoln, NH 03251

# Mountain

### **Line Workers:**

Full-time, summer-seasonal positions. Prep, cook and serve guests in a cafeteria style setting. For more info or to apply on-line visit www.loonmtn.com

60 Loon Mountain Road, Lincoln NH 03251 Equal Opportunity Employer

Human Resources

# Dantorth

### **Bluffs Assistant Activities Director**

The Bluffs is a 300+site section of Danforth Bay Camping & RV Resort, designed for adults 50+ with no children

Seasonal, Part-Time Position - May thru October 2016 Required Hours: 20-24 hrs/week - must be able to work nights and weekends; some flexibility to hours

The ideal candidate for this position would be able to think creatively, recruit volunteers, implement a diverse schedule of activities, and sustain a friendly, inclusive environment for an active adult population. Candidate must be able to remain objective... have strong social, interpersonal and organizational abilities... and be confident with basic computer skills.

### Help Wanted/Vet Tech Please send resumes to: Human Resources 1251 Eaton Road, East Madison, NH 03849

Exit 33 off I-93, Lincoln, NH

www.indianheadresort.com Line Cooks—All Positions Dishwashers Wait Staff & Hostess-AM & PM

> Bussers- AM & PM Bartenders Housekeeping & Laundry Maintenance Pool Attendants

Gift Shop **Health Insurance & 401K Programs!** 



Call for interview 603-745-8000

# A Family Tradition

Purity Spring Resort is a year-round leader in the outdoor recreation and hospitality industries.

We are accepting applications for the following positions:

AM/PM Waitstaff **AM/PM Bussers Banquet Waitstaff (on call)** AM/PM Pantry **Dishwashers** 



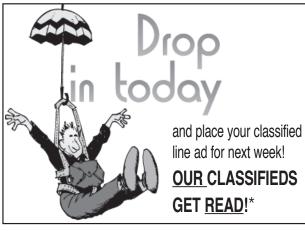
Please send resumes to: Human Resources, 1251 Eaton Road, East Madison, NH 03849; HR@purityspring.com

Linwood Veterinary Clinic, Lincoln, NH

We are looking for a motivated, self starter to join our practice. Willing to train the right person. Schedule will include some Saturdays.



Please drop off resume in person, or email Linwoodvetclinic@gmail.com.



# A Family Tradition

Purity Spring Resort is a year-round leader in the outdoor recreation and hospitality industries

### Line Cook

'Summer Seasonal, Full-Time' Position 'Year-Round, Part-Time' Position Candidates must be able to work nights and

weekends; some flexibility to hours.



Please send resumes to: Human Resources 1251 Eaton Road, East Madison, NH 03849;

### ACCEPTING **APPLICATIONS**

### **Sawmill and Planer Mill Workers**

Daytime Shift, Benefits include vacation, sick and holiday pay, insurance, credit union, 401(k) plan.

Apply in person:

### PRECISION LUMBER INC.

576 Buffalo Road • Wentworth, NH 03282

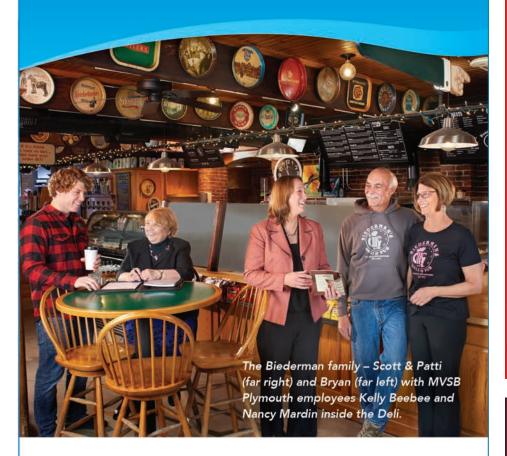


### <u>how can you keep a kid off drugs?</u>

The truth is, a little of your time can make a lifetime of difference. Because kids with something to do are less likely to do drugs. **You can help.** For more information on drug prevention programs in your community, call or visit:

1 877 KIDS 313 www.youcanhelpkids.org

# Two businesses, same building, same bank.



Upstairs is Chase Street Market, downstairs is Biederman's Deli & Pub. Running between their two businesses in Plymouth's historic Rollins Building requires an adept balancing act. The Biedermans knew they wanted a bank with the same commitment to high quality and personal service that they offer their customers. They found what they were looking for and MVSB quickly became another local favorite.

To meet with any of our experienced business bankers, call 800.922.6872, or visit one of our local offices. More information at mvsb.com.







### **Water Exercise**

Variety of class options, Hillside Medical Park Call 524-2852 for times/dates/cost

# How's Your Balance & Flexibility?

6/8, 11:00 am-12:00 pm, Hillside Medical Center FREE, Call 524-2852

### **Foot Clinic**

524-3211 ext. 6581

### Massage Therapy

Gilford/Meredith/Franklin Call 524-2852

### Are You Ready To Stop Smoking?

One-on-one quit smoking education and coaching, FREE Call 527-7120

# Healthy Hips & Knees For Sports Participation

6/13, 5:30-6:30 pm, FREE, FRH Call 524-2852

### Fitness Consultations

Call 524-2852

527-7120 LRGHealthcare Irgh.org

Please remember to register! Programs may be cancelled due to low registration.

Timerson Viation Cessna

GET A HIGHER EDUCATION, LEARN TO FLY

### FREE INTRODUCTORY FLIGHT®

Introducing our newest aircraft to our flight school fleet, 2016 Cessna Skyhawk 172 G1000 and our Cessna Flight Center



**B12** 



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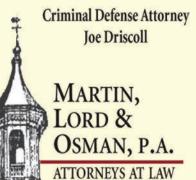
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