

GHS students pie teachers for charity

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford High School students spent an afternoon before vacation shoving cream pies into their teacher's faces, a good natured annual event raising money for charity.

Every year, students have the opportunity to bid on which teacher they want to pie with money going to a good cause. Before April vacation, the winning bidders had the opportunity to pie their teachers in front of the school.

Teachers Steve O'Riordan and Scott Hutchison teamed up this year to organize



ROBERT MALYNN

Blake Bolduc delivers some pie to Gilford High School Principal Anthony Sperazzo and Assistant Principal Tim Goggin.

the event. O'Riordan said students were asked what charity they wanted to contribute to. The students decided the money would go to The Doorway, an opioid addiction program at

LRGHealthcare. An auction took place five weeks ago, with teacher Cory Nazer as auctioneer. The different faculty and staff members participating went up on the auction block for students to bid on. The students with the highest bids got the chance to pie that teacher. O'Riordan said the auction raised a little over \$2,000.

The Friday before vacation, students and staff gathered in the gym for the pie event. Staff members each took a seat and were the recipient of the messy whipped cream pies.

The pies were whipped cream poured into a pie tin, though with one exception. Whoever bid the most for the whole event

SEE **PIE A TEACHER** PAGE A10

Impound lot project underway

BY ERIN PLUMMER
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Work will soon begin on the new police impound yard behind town hall, a project that had been delayed for some time.

The original plan for the police station space in town hall included an impound yard in the back of the building, though that feature was removed from the plans to save money on the project. After a few years of planning and budgeting, the police department budgeted \$25,000 this year to build the impound lot.

During Wednesday's meeting, Town Administrator Scott Dunn said he spoke with Police Chief Anthony Bean Burpee about finally starting on the project.

The town received a proposal from Superior Fence for \$20,320, in-

cluding the driveway, gate, and barbed wire. Bean Burpee said they will need to purchase the privacy slats and cameras separately, though the budget will cover the privacy slats. He said ideally, they wanted to have security cameras from Total Security on the neighboring light poles to look down at the lot. Dunn asked if one camera could be purchased for now, Bean Burpee said they can certainly look into having one camera on a pole.

Selectman Gus Benavides gave his support to this project. He said he understands why this is needed, especially with the times today, where extra security measures have to be considered everywhere.

"I just think we're living in a day and a time

SEE **IMPOUND** PAGE A9

Local couple play a role in murder suspect's arrest

BY DONNA RHODES
dhrhodes@salmonpress.news

LACONIA — Last Friday, a manhunt for 21-year-old Hassan Sapry of Laconia came to an end when he was arrested at his family's home on Pleasant Street, but for one local couple, the search that final day included a close call they will not soon forget.

On Tuesday, April 19, Sapry was named a "person of interest" after 57-year-old Wilfred Guzman was found dead at his home on Blueberry Lane. The investigation by Laconia police led to an interest in Sapry, but he was not to be found,



COURTESY

Dave and Carol Varney of Belmont and Edgewater Ave. in Laconia captured these photos of police surrounding their neighbor's lakeside home last Friday, where Hassan Sapry, a suspect in the death of a Laconia man a week earlier, was found hiding inside.

and a search for him ensued with a lot of focus on the area of North Main Street.

David and Carol Varney live in Belmont, but also have a lake house on Edgewater Ave. in Laconia. Both are former employees of the Belknap County Sheriff's Department, where David was a deputy and Carol worked in dispatch. On Tuesday, April 23, Laconia Police contacted David and asked if he could meet them on Edgewater Ave. to look at video from the security cameras installed at their house. In that video, they were able to identify Sapry, who was considered to be armed and dangerous by then, pacing along the quiet lakeside street one night.

"They then did a thorough search of the neighborhood, checking locks on homes and even looking under boat covers, but they didn't find him," said Carol.

Each day after that, the couple would drive over to check their property and as the search continued into Friday,

Varney said she finally thought they should give Ken, their Edgewater Ave. neighbor, a call at his year round home in Massachusetts.

"I just wanted to let him know what was going on up here. I didn't want him or his wife to come up for the weekend, not knowing what was going on up here," she said.

That one neighborly call soon put things in motion for Sapry's apprehension.

Varney said she and her husband were sitting on the three-season porch at the lake house a couple hours later when Ken arrived to check on his home. He walked around the sprawling colonial-style home first, then went inside.

"He told us later that he saw a tear in a window screen, but the window itself was locked so he thought a branch or something might have done that," she said.

Inside, he noticed some clothing tossed on

SEE **VARNEY** PAGE A9



COURTESY

The all-volunteer run, non-profit Bolduc Park is now open to the public to enjoy a nine hole, par 3 golf course and the Chris Daigle Memorial Disc Golf Course.

Bolduc Park open for golf and disc golf

The all-volunteer run, non-profit Bolduc Park is now open to the public to enjoy a nine hole, par 3 golf course and the Chris Daigle Memorial Disc Golf Course. The park is located at 282 Gilford Ave., on the Gilford -

Laconia town line. Despite recent rain, the course is in terrific condition and open daily 7 a.m. to 7 p.m.

Bolduc Park is an ideal place for families, beginner golfers, youth and school groups and even advanced golfers

who want to work on their short game.

Lessons and a junior golf league are offered. The nine hole disc golf course runs through rolling, wooded trails. A modest donation is requested for use of the park Bob Bolduc creat-

ed more than 20 years ago so that everyone in the community could come and enjoy some outdoor recreation. Operating with no paid staff and a dedicated crew of volunteers working to maintain

SEE **BOLDUC PARK** PAGE A9

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Mark: It's the 100th Anniversary of Children's Book Week! For one week a year since 1919, libraries, publishers, booksellers, and authors have celebrated children's books and literacy together. It has stood for improving the quality of children's books, increasing access, and drawing attention to the importance of reading at young ages for development. Maria, how is the Children's Room celebrating this 100th Children's Book Week?

Maria: We are celebrating all week long by offering prizes for kids coming to the library dressed up as any book character, from Harry Potter to Pinkalicious to Elsa to Greg Heffley. I am also so excited that Ann Biese, a yoga and mindfulness professional and author, is coming to the Library on Thursday, May 2nd from 10:30-11:30am to read from her newest book, 'Mindful Moon,' and run Music and Movement. It's amazing to have a local author available to celebrate children's book with us.

Mark: Sounds awesome. What kind of impact do events like Children's Book Week have on children? Are they necessary?

Maria: At our li-

brary, we celebrate books and community every day and in all of our dynamic programs. On a national level it brings awareness to how important children's books and literacy really are. Kids coming to libraries dressed as book characters demonstrates that books have had an impact on their lives, feeding their imagination. Bringing in authors bridges the connection of words and pictures to the person who made them. It helps children to see that the books they love were written by people, and it inspires them to be creators and expands their horizons for what they want to do when they grow up.

Mark: A big aspect of Children's Book Week is on increasing the quality of the books kids have access to. Why does the quality of children's books matter? Why does access matter?

Maria: Quality matters because a high quality book will promote a high level of literacy, whether visually, with words, or with style. They'll ensure exposure to the five tenets of literacy: Read, write, sing, play, talk. Libraries exist to provide access to all, no matter your socioeconomic status or level of education. We take out the guesswork for you by providing a curated collection of books, so

you know that books from the library are worthwhile.

Mark: You are an expert, both on the reading of children's books and the choosing of them. Coming to storytimes is a given, but do you have just a few authors you recommend for parents reading with their children?

Maria: It depends! It depends on children's age, interest, and level of reading. For reluctant readers I highly suggest graphic novels, for example. Emergent readers cannot go wrong with Mo Willems, because he is funny, the illustrations are incredible, the parent will enjoy reading them too, and he makes great use of sight words and simple text. More serious readers will want food for thought from authors like Katherine Applegate and Sharon Creech. When in doubt, come in and speak with one of us for personal recommendations.

Mark: Anyone can celebrate the 100th anniversary of Children's Book Week with us by bringing kids to the library, reading with kids you know, and supporting the organizations that create and distribute quality children's books. Thanks to all who celebrate with us, including you Maria!

Classes & Special Events
May 2 - May 9

Thursday, May 2
100th Anniversary of Children's Book Week

Help us celebrate the 100th Anniversary of Children's Book Week by coming in dressed up in your favorite book character. Special prizes will be awarded to those in costume!

Geri Fit, Turn Back the Hands of Time, 9-10 a.m.

Master Trainer, Francesca Fisher, and star pupil "Joan" work out together in this 45-minute Geri-Fit® fitness video. Suggested for advanced Geri-Fitters that have excelled the squat movement and are ready to add more weight to the workout. Most of the exercises are performed in chairs, but you can do them standing if you prefer. No floorwork!

Special Guest Storytime: Mindful Moon with Ann Biese, 10:30-11:30 a.m.

In celebration of the 100th Anniversary of Children's Book Week author Ann Biese will come hold a special story time with her newly published book Mindful Moon. Come dressed as your favorite character, enjoy a story, songs, movement and snack! (ages two to 11)

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.
Conversational French, 4-5 p.m.

Friday, May 3
100th Anniversary of Children's Book Week

See '100th Anniversary of Children's Book Week' above.

Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, May 6
T'ai Chi Chih, 9:45-10:45 a.m.

Nancy Frost, a T'ai Chi Chih certified teacher, will lead an eight week course at the Gilford Library. With 19 stand-alone movements and one pose, T'ai Chi Chih is beneficial to all, and easy to learn. Join us for the T'ai Chi Chih 8 week course to focus on the development of intrinsic energy (Chi), increase your energy, balance, flexibility and stamina.

Baby/Toddler Storytime, 10:30-11am

Come read, sing, and play with your baby and/or toddler. Ages two and a half and under.

Mahjong, 12:30-3 p.m.

Geri Fit Classic, 4-5 p.m.

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following ex-

ercises from a video, all while seated in a chair.

Tuesday, May 7
Geri Fit: Hop & a Skip, 9-10 a.m.

Proprioceptive exercises are mixed in with the traditional Geri-Fit evidence-based workout lesson plan to further enhance motor skills, reaction time, and balance. This is a perfect video for fall prevention training and is suggested to those that are familiar with the Geri-Fit exercises and are seeking a more challenging workout.

Hook Nook, 10-11 a.m.

Preschool Storytime, 10:30-11:30 a.m.

Come read, sing, dance, and make a craft. Ages two and a half to five. *Sign-up required.

Social Bridge, 10:30 a.m.-12:30 p.m.

Spanish Club, 3:30-4:30 p.m.

This is the last round of Spanish club for the year, and will be another spectacular class. Whether you have been in the club from day 1 or want a full immersion experience, this club will teach your kids basic conversational phrases. *Sign up only for grades 1-4.

Wednesday, May 8
Trustee Meeting, 8:30-10 a.m.

Line Dancing, 9-10:30 a.m.

SEE LIBRARY PAGE A9

Gilford Public Library
Top Ten Requests

1. "Where the Crawdads Sing" by Delia Owens
2. "The Silent Patient" by Alex Michaelides
3. "Redemption" by David Baldacci
4. "The Miracle at St. Andrews" by James Patterson
5. "Becoming" by Michelle Obama
6. "The 13-Minute Murder" by James Patterson
7. "The 18th Abduction" by James Patterson and MaxinePaetro
8. "Educated" by Tara Westover
9. "Wolf Pack" by C.J. Box
10. "The Cornwalls Are Gone" by James Patterson

GILFORD POLICE LOG

The Gilford Police Department responded to 267 calls for service and made the following arrests from April 15-25. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Jesse M. Sam-

paio, age 36, of Concord was arrested on April 16 for Domestic Violence-Simple Assault-Physical Contact, Domestic Violence-Obstructing a Report of a Crime or Injury, and Criminal Mischief.

Melissa M. Pelletier, age 34, of Meredith was arrested on April 18 for Forgery of a Government Instrument

(check, etc.).

Janice E. Farley, age 61, of Gilford was arrested on April 20 for Driving While Intoxicated.

Matthew Niskala, age 22, of Gilford was arrested on April 21 as a Fugitive From Justice.

Alaura Elizabeth Boylan, age 29, and Ashton Garland, age 28, both of Concord, were arrested on April 22 in connection with several outstanding bench warrants.

Ryan Scott Amaral, age 29, of Portsmouth was arrested on April 23 for Theft By Unauthorized Taking of an amount totaling less than \$1,000.

Loretta A. Curran, age 64, of Laconia was arrested on April 24 for Theft By Unauthorized Taking or Transfer (Larceny).

Leroy H. Boynton III, age 51, of Laconia was arrested on April 24 in connection with an outstanding bench warrant.

Caitlin E. Fillion, age 30, of Center Harbor was arrested on April 25 for Suspension of a Vehicle Registration and Driving After Revocation or Suspension (Subsequent).

Michael E. Parker, age 37, of Laconia was arrested on April 25 for Possession of a Controlled Drug and Breach of Bail.

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Selectmen hear update from Fire Chief

BY ERIN PLUMMER
mnews@salmonpress.news

A scheduled fireboat christening ceremony, an increased number of calls, some new capital projects, and some donations were some of the details in the fire chief's update to the selectmen.

On Wednesday, Fire Chief Steve Carrier gave the board of selectmen a regular department update.

As of that meeting the town was scheduled to receive its new fire boat by the end of the week. Carrier said they would start training as soon as the boat gets in.

A formal christening ceremony is planned for May 19. Carrier said he didn't have the exact details planned, though it will likely be at the town docks the morning of May 19.

Activity levels for 2018 were about the same as 2017, with 1,650 reported incidents. Carrier said May of 2018 was the slowest month the department has had in 10 years and said it was an overall "strange month" for them. Just three months later the department experienced the polar opposite. With 208 incidents, Carrier said the month of August was the busiest month they have ever had.

Incidents so far are up this year with January and February be-

ing "record months" for incidents. Carrier said by the end of the first quarter of 2019 they were 40 calls over this time last year. He said they might be looking at an overall increase in call volume, though that depends on the weather and how many people come to the area.

After approval at town meeting, the department is going forward with capital items including a new forestry vehicle, station building and floor improvements, and the last phase of the project at Alvah Wilson Pond. Requests for Qualifications have gone out for all of these as well as a project to repair the front walkway of the fire station. Carrier said the walkway is in a state of disrepair. After someone fell on the walkway, it was determined that path was an immediate safety hazard that needed to be fixed.

Proposals came back for everything except the body for the truck. The Board of Fire Engineers approved the purchase of the forestry chassis at its recent meeting, though wanted more information on the floor and walkway projects before awarding bids.

The Fire Department will be donating eight surplus radios to an adaptive ski program in Franconia.

Carrier said he department had eight analog radios in surplus. They offered them to the Sheriff's Department, but they were incompatible. One member of the department works with an adaptive ski program in Franconia and said they could

certainly use those radios.

The selectmen agreed by consensus to let the fire department donate those radios to the ski program.

"I have no objection. I think it would be a good thing to do," said Selectman Chan Eddy.

The fire training facility has mostly been rebuilt and being used for training that doesn't involve live fires. So far, they have been training with laying out hose and with breathing apparatus.

The department is scheduled to provide

EMS service and special details to Bank of New Hampshire Pavilion this summer. Carrier said they are in for a busy summer as this season will have around 40 concerts and a concert almost every night during the month of July.

GILFORD PARKS AND REC NEWS

BY HERB GREENE

Director

Gilford Parks and Recreation

Adult Spring Hiking Program Begins on May 7!

The Gilford Parks and Recreation Department is sponsoring a series of spring hikes for any adults looking for fresh air, fun and exercise. The hikes will be held on Tuesday mornings throughout the spring. These hikes will begin on May 7 at Winnisquam Scenic Trail in Belmont and May 14th at the Waukegan Highlands Park in Meredith. Participants will gather at 9 a.m. in the Gilford Town Hall before departing for the hike. There is no cost for this program, but all interested participants are asked to RSVP at least one day in advance to each trip.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Senior Moment-um Lunch at Patrick's

Pub on May 6

The Gilford Parks and Recreation is sponsoring a Senior Moment-um Program on Monday, May 6. We will travel to Patrick's Pub here in Gilford where participants will meet at 11:45 a.m. Participants will be able to order right off the menu and will be responsible for the cost of their own meal. Please join us as we visit one of the most popular local restaurants. Participants are asked to RSVP by Thursday, May 2.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722

Bolduc Park Golf Programs

The Gilford Parks and Recreation Department is offering a variety of golf programs at Bolduc Park through the spring for children and adults. Youth and Adult Lessons are available at Bolduc Park in two, three-class sessions during the evenings this May and June. The session dates for youth lessons for ages 6 and up are; May 7, 14 & 22 and June 4, 11 & 18. The session dates for adults are; May 9, 16 & 23 and June 6, 13 & 20. Classes run from 5:30-7 p.m. each evening.

Cost: Youth Lessons -

\$70

Adult Lessons - \$70

All programs have limited availability and registrations will be accepted on a first come first served basis. For

more information, please contact the Gilford Parks and Recreation Department at 527-4722.

LetGO YOUR MIND Robotics Camps

The Gilford Parks and Recreation Department is sponsoring two one-week LEGO robotics camps the week of June 24 - June 28, 2019. The camps will take place at the Gilford Middle School from 9 a.m. - 3 p.m. The "Amusement Park Thrill Rides & Stop Motion Animation" is open to children ages six to nine years of age and the "EV3 Robotic Amusement Thrill Rides & Stop Animation/Minecraft" is open to children ages nine to 14 years of age. Participants can register on-line at www.letgo-ourmind.com.

Cost: \$325

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Shooter's Gold Basketball Camp

The Gilford Parks and Recreation Department is once again inviting the Shooter's Gold Basketball Camp to come to Gilford this summer! The camp will be held in the Gilford Middle School Gym from June 25 - June 28. Session 1 for children entering grades 1-4 will be run from 8 - 10 a.m. Session 2 for children entering grades 5-8 will be run from 8 a.m. - 1 p.m. Participants may regis-

ter by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation website at www.hogancamps.com <<http://www.hogancamps.com>>.

Cost (If you register before May 1): \$90 for Session I and \$120 for Session II

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Tickets available for Red Sox bus trip on Sept. 4

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this season. The trip is scheduled for Wednesday, September 4th to see the Red Sox play the Minnesota Twins. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early!

Cost: \$52 per person or \$190 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.

New business provides local graveside care

A new, small group of people are getting together to form a new company here in Gilford. Belknap Gravesite Care is providing services to those who cannot physically, or just don't have the time, to visit their loved one's gravesite, such as out of state folks that wish they were nearby to have something on their lots; Mother's Day, Memorial Day, Birthday's, Father's Day or any special holiday, special day or occasion.

The idea came about when a phone call came in from a young man who desperately wanted to make sure there was something placed on his brother's gravesite. He lived across country, and all that remained of his family was he and his Mom. His brother had passed away at a very young age, and his mother could not bring herself to visit yet. We told him we would plant some perennials so that there would always be something on site. Our local blacksmith heard of the call and made a special pair of angel wings to place there as well. The gentleman was both relieved and grateful, with a peace of mind knowing something respectful would be with his brother throughout the season.



COURTESY

A new, small group of people are getting together to form a new company here in Gilford. Belknap Gravesite Care is providing services to those who cannot physically, or just don't have the time, to visit their loved one's gravesite, such as out of state folks that wish they were nearby to have something on their lots.

We provide a wide variety of services from one time visits to multiple, depending on your wishes. Flower deliveries, border and garden installations, fertilizer, watering, clean ups, monument saddles and more. We abide by the local cemetery rules and guidelines. Any put in place by the New Hampshire Cemetery Association, New England Cemetery Association, and the State of New Hampshire. We currently service cemeteries in Belknap County, Con-

cord and Bow.

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Fassett's PHOTOGRAPHY

Matthew Fassett
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Alton, NH 03809

phone: 603-393-7336
email: matfassett@gmail.com

Welcome to Winterspring

There are certain “holidays” that seem to have grown in scope and popularity in the last decade, and all of them take place in the long, cold, unpleasant stretch of time between December and Memorial Day. This is certainly not a coincidence. We need incentives. We need parties. We need themed food. Whatever it takes to get us to the finish line of this chilly season, we seem prepared to embrace with enthusiasm. Valentine’s Day is obviously very longstanding, and has been celebrated in February for centuries. Countless kids have depended on this mid-winter candy infusion, thanks to the tradition of handing out cards and sweets in school. But there has also been a recent advertising push to celebrate not just romantic relationships but also friendships, opening up the holiday (and purchasing power) of all people everywhere.

But what to make of the astonishing popularity of Groundhog Day? Across the country, people wake up wondering if the groundhog saw his shadow and then spend the rest of the day trying to work out whether it’s a good or a bad thing. Thankfully, the “holiday” aspect of this one stops there. (Would anyone really want to experience a groundhog-themed dinner?)

Also, for mathematically-minded folks, there is Pi Day – March 14. The ratio of a circle’s circumference to its diameter is approximated by the number 3.14 – also known as Pi. And on Pi Day, one must obviously eat pie. This will be mentioned and marketed for days preceding the actual date and bakeries and pizza places will likely enjoy an uptick in sales. As far as food theming goes, Pi Day is a clear winner.

St. Patrick’s Day on March 17 provides a much-needed reason to celebrate in a month that might meteorologically be “spring” but we Granite Staters know to really be the 4th month of winter. The North American celebration of the feast day bears little resemblance to the religious holiday in Ireland, but it’s a true oasis of green amid the browns and grays of March.

March also brings one of the longest-running and most time-consuming “celebrations”: NCAA basketball March Madness. Brackets, seeds, play-in games and picks are the talk of offices, dinner tables and sports bars everywhere. And just when this reaches its thrilling conclusion, April is upon us and the end is finally in sight. Next up: Kentucky Derby and Cinco de Mayo – and then finally...summer. We shake our heads and marvel that we made it through another winter and wonder how in the world we survived. One glance back at the calendar – and our grocery lists - will remind us.

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Our fax number is 279 3331.
E-mail us at brendan@salmonpress.news.
We’re looking forward to hearing from you!

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)


DURING


- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning


AFTER


- Throw out unsafe food

www.Ready.gov/blackouts

 Who to Call

 Where to Meet

 What to Pack

 Ready

NORTH COUNTRY NOTEBOOK

Of big spiders, beetles, and dogs, and skullduggery under The Dome



By JOHN HARRIGAN
COLUMNIST

Until the spider thundered around the corner, I thought I had the floor, and the new arrival didn’t even raise his hand (he didn’t need to). He just came to an abrupt stop on the threshold, a big, black spider about the size of a half-dollar. All eyes were upon him—mine, Millie’s, and creatures living in the room’s cracks and crevices, presumably part of the spider’s lunch menu.

It bears mentioning that Millie is a dog. She doesn’t know it, which explains some of her aberrant behavior. She thinks she is a human, and is only acting like her owner.

But most of the time, Millie is all dog. One display of this is her near total indifference toward insects. Maybe she’s found out that their skeletons are on the outside, I don’t know.

Even when this dog is mildly curious about a creature on the floor, and follows it along for a little bit, she doesn’t get too close. Researchers are always trying to divvy everything up into



JOHN HARRIGAN
I took my favorite photo of Millie, the North Country’s alleged most spoiled dog, one spring morning a couple of years ago. As for the sign, which is on my front lawn, two excellent daytime cougar sightings have been reported within eyeshot.



PHOTO COURTESY SPIDER ID
This photo of *Dolomedes tenebrosus*, the Dark Fishing Spider, somehow reminds me (in the In Name Only category) of fisher cats—the animal and the baseball team. It looks pretty much like my most recent large spider.

learned behavior versus instinct.

The following would go under learned behavior:

One morning, I urged Millie to check out some sort of gigantic beetle that had suddenly appeared on the kitchen floor.

She was interested, all right, trying her best for the old nose to tail business, but the bee-

tle turned around and around to face her, tank-like, and all she got for her interest was a painful pinch on the nose.

+++++

According to the Web site Spider ID (yes, spider people have their own Web site), “Spiders found in New Hampshire include 25 unique species from confirmed sightings by contributing members of Spider ID.” The article dryly notes that spiders are not easy to count, because they don’t go through toll booths or anything like that, where if they did, they would have to be highly trained to answer complicated questions, such as “Is there anything above Franconia Notch, or does it, like, you know, just sort of drop off into empty space?”

(Answer: “Boy, mis-

ter man, I’ll tell you what, come to think of it there’s lots of stuff up there. Berlin, for instance, and it’s not the one in Germany. This means that you don’t go driving like you’re on the Autobahn. And then there’s Pittsburg, which for some reason refuses to put the “h” at the end of its name.”)

This will have to suffice for now, and it’s irrelevant anyway, because the nearest toll booth is in Hooksett, about three-quarters of the way to Boston.

+++++

At the State House, people in the Corner Office are thinking about this question too, on the possibility that there might actually be something north of the notches, even people, which could lead to more

SEE NOTEBOOK PAGE A9

MARK ON THE MARKETS

Black swans



BY MARK PATTERSON
I suppose we have all heard the phrase “black swan event,” which is a metaphor to describe an event that comes as a surprise and has a major effect. Black Swan is derived from the Latin expression coined in the 16th-century when the thinking was that there were no black swans, only white. But in 1697, Dutch explorers first saw a black swan in western Australia. The sighting opened the door to the theories of statistical outliers happening when it was thought they could not. We tend to remember black Swan events as

surprises that are typically negative such as the attacks on the World Trade Center’s twin towers in 2001. While this is certainly a black swan event, so is the discovery of the Internet which I think, most people would perceive as very positive.

So how does all this relate to the management of your assets and investments? You cannot manage or should not manage for black Swan events, but your portfolio of investments should be managed per modern portfolio theory.

Harry Markowitz wrote an essay in 1952 on modern portfolio theory. Markowitz, an economist, wrote about mean-variance analysis. These phrases are straight out of the statistics textbook and I’m sure many of you are familiar with. But it is how they are applied regarding your investment portfolio what makes them significant and extremely relevant. In the event of a black swan

event you will likely see world debt and equity markets react in an extreme manner. In 1987, Black Monday saw the Dow Jones industrials lose significant amounts of value. Those who were using margin or sold near the bottom did not recover. But if you remember the bell curve, as things move away from the statistical mean or average they will in fact revert to the average.

Markowitz believed having a variety of non-correlated assets you would enhance the yield of your portfolio and reduce the risk. This is very true today if you can obtain real asset diversification.

Unfortunately, what I see all too often, are mutual funds with different names which would you lead you to believe that they are diversified but often have very similar holdings in very similar asset classes. I personally have not seen an occasion where one family of mutual funds

can provide true asset diversification.

In a truly diversified asset mix, not all your investments will be doing great at the same time and conversely, they will not all do poorly at the same. Bull markets in equities often give us a false sense of security and tend to make us chase the winners and shun the laggards. Things change and go through their various cycles. Rebalancing a diverse portfolio is necessary otherwise you no longer have properly diversified asset mix. Risk and your portfolios objective will also determine the asset mix. Is growth your objective? Income? Capital preservation? All these objectives can be managed in a properly diversified mix of low fee, high value investments.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Spring into fitness with Prescott Farm

Beginner 5K with a Naturalist series begins May 2

LACONIA – Prescott Farm invites you to dust off the cobwebs of winter and the muck of mud season to get outside for a unique and inspiring challenge. Beginner 5K with a Naturalist is a new, six-week series for anyone interested in enjoying a fun, nature-based, fitness program. On Thursday evenings, May 2 – June 6 from 5:30 - 7 p.m., the trails at Prescott Farm in Laconia will become the training grounds for participants to achieve their personal goals.

Prescott Farm’s naturalist educator and



COURTESY
(Left) Daffodils will be in bloom as participants achieve their fitness goals at Prescott Farm’s Beginner 5K with a Naturalist series beginning Thursday evening at 5:30 p.m.

running enthusiast, Andie Hession, is excited to welcome runners and walkers of all fitness levels.

“It’s always inspiring to help people identify and achieve a goal – whether it’s walking their first 5K with confidence or running a new personal best time,” Hession said. “That we get to work toward those goals in such a beautiful place makes the journey even sweeter!”

In fact, the wonders of nature will be all around as participants train on Prescott Farm’s 160 acres of conservation land. With Hession as expert guide for both

fitness and nature, runners and walkers will observe and learn about the sprouting gardens, historic farmhouse and barn, the maple sugarhouse, and the well-marked forest trails. The series is free for Prescott Farm members and \$50 for non-members. For more information and to register, visit prescottfarm.org or call 366-5695.

Prescott Farm is a nonprofit 501c3 organization dedicated to providing year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world. For more information about programming, events and volunteer opportunities at Prescott Farm, please visit prescottfarm.org

Comfort Keepers

Living with arthritis

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

One in five adults suffer from arthritis, and the majority of these are seniors. For older adults to understand the stages of living with arthritis, it’s helpful to talk about how the disease is identified, diagnosed and managed.

Signs and symptoms: Generally, symptoms of arthritis can include any of the following: joint redness, swelling, pain, stiffness, warmth, or difficulty with movement. Many people are familiar with arthritis of the hands and feet, but they don’t always realize that it can affect any joint in the body. Anyone experiencing these symptoms should visit their physician.

Diagnosis: When diagnosing arthritis, medical professionals will typically conduct a physical exam, and gather medical history and genetics information to help identify the type of arthritis. Blood tests and imaging may be necessary as well. The type and severity of the arthritis will determine the ongoing treatment plan. While arthritis cannot be cured, it can be managed to limit the impact it has on seniors.

Strategies for arthritis management: The treating physician can recommend arthritis management strategies and should approve all plans to change or increase physical activity that may impact the condition. Lifestyle changes:

Seniors with arthritis may need to stop performing certain activities, or limit them. Depending on the area of the body affected, some hobbies may become more difficult. However, planning ahead can be helpful – for example, having a stool to sit on in the kitchen can help seniors that want to cook but have difficulty standing for long periods of time due to arthritis pain. Some seniors with arthritis get into the habit of using non-affected parts of the body more often. As an example, someone suffering from arthritis pain in their wrist may open doors by using their shoulder or elbow to push.

Movement: For some types of arthritis, sitting or working in one position for too long can cause the condition to worsen. Moving, walking and stretching every 15 minutes can be helpful. For some, setting an alarm as a reminder to prompt movement can be helpful.

Weight – Maintaining a healthy weight can be helpful in managing arthritis. Excess weight can cause strain on joints, worsening the condition. Anyone concerned about this should consult their physician for exercise and diet recommendations. Physical activity, if possible, can also help

reduce arthritis symptoms in many cases.

Education and awareness are critical – seniors that may have arthritis, or have already been diagnosed, should engage their care team to develop management strategies.

Comfort Keepers® can help

A care plan for arthritis can minimize the impact of the disease on a senior’s life, and Comfort Keepers can provide support for a management program. Our caregivers remind clients to take medication, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. As part of an individualized care plan, caregivers can also help with activities like cooking, cleaning and physical care. Our goal is to see that clients have the

means to find the joy and happiness in each day, regardless of age or acuity.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com for more information.

Farmington School District
Immediate Opening
Full-Time Custodian/Groundskeeper
The Farmington School District has an immediate opening for a full-time custodian/ groundskeeper (40 hours per week, 52 weeks per year). We are seeking a candidate with excellent people skills and the ability to work independently who is capable of adjusting to changing situations and interacting with members of the community in a professional manner. Responsibilities will include seasonal grounds care and custodial services. Grounds care will include, but is not limited to, mowing, edging and trimming. Custodial service will include general cleaning, trash removal, snow removal, floor and window care, as well as function/event support. Experience preferred, but not required. Position includes benefits, including paid holidays and sick time, as well as 100% paid premiums for single plan health insurance.
Apply at: <https://www.applitrack.com/sau61/onlineapp/>
For questions contact:
Larry Gordon, Facilities Director
603-396-5533
Deadline: May 22, 2019 or until filled.
EOE

Farmington School District
Immediate Opening
Part-Time Custodian
The Farmington School District has an immediate opening for a part-time custodian (20 hours per week, 52 weeks per year). We are seeking a candidate with excellent people skills and the ability to work independently who is capable of adjusting to changing situations and interacting with members of the community in a professional manner. Responsibilities will include general cleaning, trash removal, snow removal, floor and window care, as well as function/event support. Experience preferred, but not required. Work hours will be scheduled, but can be flexible, based on a candidate’s availability.
Apply at: <https://www.applitrack.com/sau61/onlineapp/>
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DRUMMER

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Francis E. Johnson, 90

Francis E. Johnson, 90, a resident of Gilford for the past three years, died on Monday, April 22, 2019 at his home after a short illness, with his loving family by his side.

He was born in Franklin on Jan. 4, 1929, the son of the late Simon and Martha (Scofield) Johnson. He was a graduate of Franklin High School, and spent his youth in Franklin.

Francis worked as a salesman for both Prudential and for Elliott Ford in Tilton for many years. He served in the U.S. Army during the Korean War from April 11, 1951 to March 21, 1953 earning the rank of Corporal. He was a member of the Franklin Lodge of Elks, BPOE #1280 and the Meridian Masonic Lodge #60 F&AM



both in Franklin. He enjoyed attending flea markets, collecting clocks and many other valuable items.

He was predeceased by his parents; his first wife, Genevieve M. (Woods) Johnson, in 1999; his second wife, Georgette (Pelletier) Johnson, in 2016; and his son, Wayne D. Johnson, who died in 2017.

His family includes his daughter, Gail A. Robie of Meredith; his two granddaughters, Lindsay Hann of Meredith and Ashley Quinn of Sandwich; and his

two great grandchildren, Lincoln Hann of Meredith and Parker Hann of Meredith.

According to Francis' wishes, there will be no calling hours. A graveside service with military honors was held on Monday, April 29, 2019 at 12 noon at the New Hampshire State Veterans Cemetery in Boscawen. Burial will follow the service.

Memorial donations in memory of Francis, may be made to the Lakes Region Visiting Nurse Association, 186 Waukegan St., Meredith, NH 03253.

Arrangements are under the care of the William F. Smart Sr. Memorial Home in Tilton.

For more information, go to www.smart-funeralhome.com.

Marilyn Ann Mello, 79

LACONIA — Marilyn Ann Mello, 79, of Morningside Drive, died on Sunday, April 28, 2019 at home surrounded by her family.

Marilyn was born on Feb. 16, 1940 in Plymouth, the daughter of Arthur and Shirley (Mansion) Hight.

Marilyn worked for Aavid engineering for several years before retiring.

Marilyn loved to dance, play cards, and bingo. She enjoyed cooking for many people there was always room for another to join at her table.

She was a member of the Warren Pythian Sisters, and the Warren Auxiliary Fire Department.

Marilyn is survived by her husband of 55 years, Frank Mello of Laconia; a son, Shawn Mello, and his wife, Chris-



Paquette Funeral Home & Cremation Services, 164 Pleasant Street, Laconia, using the Carriage House entrance.

A Funeral Service will follow the Calling Hours at 1 p.m., also at the Funeral Home.

Burial will follow at the Wixson Memorial Garden, 19 Potter Hill Road, Gilford.

For those who wish the family suggest that memorial donations may be made in Marilyn's memory to Central NH VNA& Hospice, 780 North Main St., Laconia, NH 03246.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

In addition to her parents, she was predeceased by her brother, Linwood Hight, and her sister, Glenna Wright.

Calling hours will be held on Thursday, May 2, 2019 from 10 a.m. – 1 p.m. at the Wilkinson-Beane-Simoneau-

Acton Academy New Hampshire to open this fall

LACONIA — Lakes Region Chamber is proud to share in Fall of 2019, Acton Academy New Hampshire will open for elementary school students (ages six to 11), with the future aim to expand to middle school and high school students. Acton students learn mastery of the core skills of reading,

writing, spelling, and math. They also experience deep-learning "quests" throughout the school year which build the knowledge, skills, techniques, self-drive, self-reliance, self-confidence and the "grit" to be successful students and citizens in the 21st century.

Acton students are kind, work hard,



Acton emphasizes that family time is important, so that time after school belongs to the family. The founders of Acton believe that every person is on a hero's journey and that we all have a special genius inside of us. Acton helps every child develop that genius and find their passions so that they can make this world and community a better place. After much thought and consideration, they have created our own Acton Academy here in the Lakes Region.

The Lakes Region Chamber is a private, non-profit organization striving to create and promote a more engaged community and thriving economy for the businesses in the Lakes Region. For more information about the Lakes Region Chamber and a community calendar of events, go to Lakes-RegionChamber.org or contact Joanne Haight, Membership Manager at 524-5531.



How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.

COURTESY

Co-Founders of Acton Academy New Hampshire Mary D. MacIntosh, Head of School, and Paul MacIntosh celebrate their new location at 791 N Main Street in Laconia. Acton is scheduled to open in the Fall of 2019 using the latest technology in a self-paced learning environment designed to foster responsibility, goal-setting and teamwork.

have fun and discover their own individual passions...all with no homework! (That's not a typo...no homework!)

Katherine Gingrich presents work at Lebanon Valley College's Inquiry Symposium

ANNVILLE, Pa. — Katherine Gingrich of Gilford, presented scholarly or creative work at Lebanon Valley College's annual Inquiry symposium.

Gingrich, a graduate of Gilford Middle High School, is pursuing a bachelor of science in chemistry in ACS chemistry at The Valley.

Nearly 200 undergraduates representing academic departments across campus displayed their work to an audience of faculty, peers, trustees, ad-

ministrators, industry representatives, and friends of the College during the symposium. Student work included original research, scholarship, and creative efforts.

Learn more about Inquiry at www.lvc.edu/inquiry.

About Lebanon Valley College

Lebanon Valley College offers bachelor's degrees in the arts and humanities, business and communications, education, health professions, social sci-

ences and psychology, and science, technology, engineering, and math. Advanced health professions degrees include a master of athletic training, master of counseling psychology (fall 2020), master of speech-language pathology, and a doctor of physical therapy. Online and graduate programs include an MBA with six concentrations and a general option offered on-campus or partially or fully online, a Master of Science in STEM Education, an Integrative STEM Education Certificate, a Master in Music Education, and a Modern Band Certificate. In 2018, the College was listed as #1 in the country for graduate job placement by the career guidance site Zippia.com, using federal data. The 357-acre campus is in Annville, Pa.



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Saturday, May 4, 2019
11am

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Gilford, NH 03249

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LRPA-TV highlights Film Noir

L A C O N I A — Throughout May, Lakes Region Public Access Television will highlight some of the most dark and gritty movies ever to come out of Hollywood! Join us each Friday and Saturday night at 10:30 p.m. for “May Murder Madness,” a tribute to vintage film noir. This weekend (May 3 & 4), we get the party started with 1945’s dark melodrama “Scarlet Street,” starring Edward G. Robinson, Joan Bennett and Dan Duryea.

Chris Cross (Robinson) is a loyal cashier at a downtown brokerage house who has just celebrated 25 years on the job with a party and a gold watch. On his way home, Cross breaks up a violent fight between a beautiful young woman (Bennett) and a drunken thug. The man takes off and the woman introduces herself as Kitty March. Chris offers to escort Kitty home, but she’d rather stop and get a drink. Kitty is impressed by Chris’s watch, and Chris is impressed by her looks. Chris tells her a bit about himself – that he “paints for fun” – and she assumes, from his fancy clothes, that he’s a wealthy artist. Chris, smitten with Kitty, lets her believe what she wants and promises to call her. The next day we glimpse Chris’s real life: he’s married

to Adele, a complaining shrew who berates him at every turn and treats him like a servant. She was married to a cop who died in the line of duty, and Chris will never live up to her heroic first husband. Chris desperately sends a note to Kitty, asking to see her again. When the note arrives at her apartment, we see that Kitty’s attacker was her no-good boyfriend Johnny Prince (Duryea). Johnny, convinced that Chris really is a wealthy artist, tells Kitty “make friends” with him so that they may extort his money. Chris and Kitty meet. She tells him that she’s an actress, struggling to make a living; maybe he could rent her a place where they could spend time together? Chris confesses that he’s married – and though Kitty is “shocked,” she agrees to the studio set-up. Chris brings some of his paintings there, which leads Johnny to come up with a devious plan. As Chris gets in over his head, things go from bad to worse. How will he come up with funds to keep Kitty in her love nest? How will his paintings play into Johnny’s scheme? And what happens when a good man lies, cheats and steals to hold on to his desperate dreams?

“Scarlet Street” is a particularly bleak entry in the film noir genre, and holds the

distinction of being one of the first Hollywood films to feature a criminal who is not punished for his crime. At the time of its premiere, censors across the country stridently objected to the film, describing it as “obscene,” “immoral,” “sordid,” “indecent,” and “contrary to the good order of the community”(!) According to TCM host Ben Mankiewicz, “Scarlet Street” was considered so debauched that, upon first release, it was banned in Milwaukee, Atlanta and throughout New York. Who better to direct this grim morality tale than Fritz Lang, one of the founding fathers of German Expressionism? Under his watchful eye, every detail of the film, from its carefully lit sets to the methodical folds of Bennett’s dresses, received equal amounts of obsessive attention. While “Scarlet Street” may have shocked critics in its day, it has won many over in the decades since. In 2008, the American Film Institute nominated “Scarlet Street” for its Top Ten Gangster Films list. So grab your popcorn and join LRPA after dark for this guilty pleasure from our cinematic past.

Mark your calendars for these upcoming murderous movies:

May 10 & 11:
1950’s “The File on Thelma Jordan”

May 17 & 18:
1956’s “Please Murder Me!”

May 24 & 25:
1950’s “D.O.A.”

May 31 & June 1:
1955’s “The Big Combo”

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the great-

er Lakes Region. LRPA’s mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,

- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

NH GOP Executive Director to address Belknap County Republicans

LACONIA — The Belknap County Republican Committee (BCRC) has announced that their next monthly meeting will be held on Wednesday, May 8, at 6:30 p.m. at the Laconia VFW, 143 Court St, Laconia.

Elliot Gault, the recently named Executive Director of the New Hampshire Republican State Committee, will be the guest speaker at the meeting. He’ll discuss his responsibilities and his goals for the state party.

Establishment of town committees throughout the county will be a topic of discussion, while the Cruise Committee will provide an update for the May 31 Annual Sunset Dinner Cruise on the M/S Mount

Washington on Lake Winnepesaukee. Members are asked to bring their proceeds from cruise ticket sales to the meeting.

Belknap County GOP meetings are open to all Republicans and like-minded Independents. Members should consider arriving early for dinner that will be available on a first come first served basis.

The Committee again encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the Committee, please check the Committee’s Web site at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.

Michele Masters promoted at MVSB

MEREDITH — Michele Masters has been promoted to Assistant Vice President, Mortgage Operations Officer for Meredith Village Savings Bank (MVSB). In this position, Masters oversees MVSB’s residential mortgage operations including processing, closing, construction and secondary markets.

“Michele’s expertise and extensive background across a variety of areas in mortgage lending and operations has been a great asset to the Bank,” said Wendy Vittum, Vice President, Mortgage Operations “She has demonstrated excellence and outstanding ability. We’re happy to promote her.”

Masters joined MVSB in 2015 as a Mortgage Operations Supervisor. She is a graduate of the Northern New England School of Banking and resides in Laconia.



COURTESY PHOTO

Michele Masters

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded

in 1869. For over 150 years, Meredith Village Savings Bank, has been serving the people, businesses, non-profits and municipalities of central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

**Folk Jazz and World Music Concert**
Hiroya Tsukamoto on May 4 at 7 PM
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This Newspaper is Recyclable

McDonald's honors local EDies recipients

BY ERIN PLUMMER

mnews@salmonpress.news

LACONIA — Local recipients of the EDies awards are being recognized by McDonald's, including a special poster

and a coming meet and greet.

On Friday, McDonald's District Manager Larry Johnston presented a special poster showing New Hampshire



COURTESY

“The Pigmiester” shows off

New Hampshire artist, Duane Hammond, a.k.a. the Pigmiester, who paints humorous and satirical images of pigs engaged in human-like activities and situations, will be exhibiting the best of his paintings during the month of May in the New Hampshire Art association Gallery, 136 State St., Portsmouth. Hammond's work was juried and accepted into the NHAA 'Body of Work' exhibit granting him wall space where he'll 'show off' 25 of his famous pig paintings. There's no charge to see the exhibit and includes other BOW accepted artists. Exhibit hours are: Tuesday, Wednesday, & Thursday, 11 a.m.-5 p.m., Saturday 11 a.m.-7 p.m. and Sunday noon-5 p.m.

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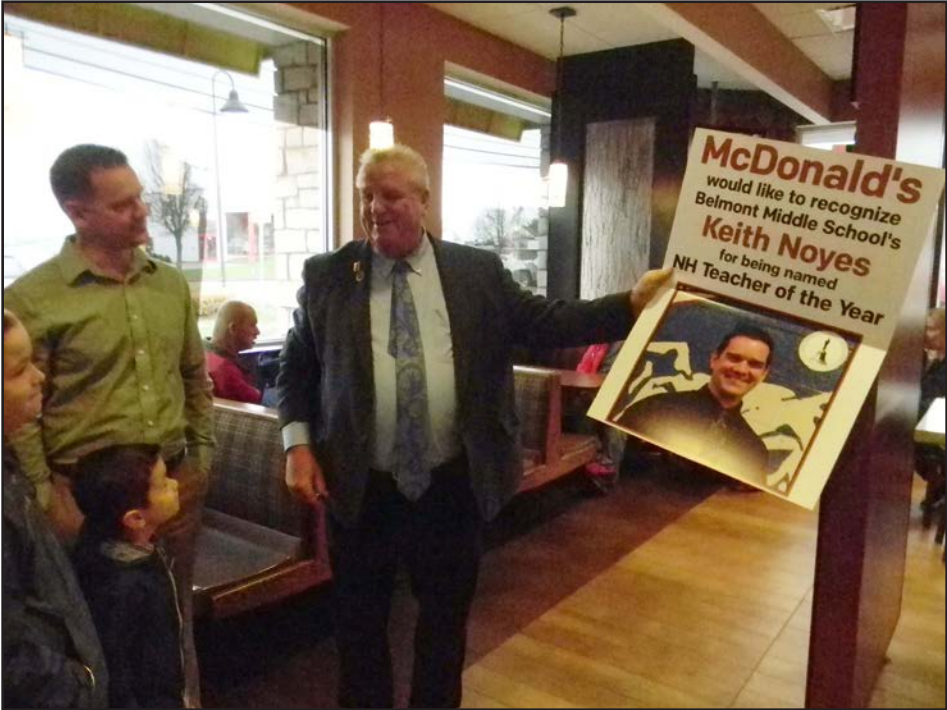
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ERIN PLUMMER

Larry Johnston joins Keith Noyes and his family with a poster honoring Noyes' as the New Hampshire Teacher of the Year.

Teacher of the Year Keith Noyes, which will be posted in the Laconia restaurant. Noyes and his family were there for the presentation.

Noyes teaches at Belmont Middle School and has been teaching for 19 years. He said this was a great honor.

“It's opened a lot of opportunities to meet

educators not only here but across the country,” Noyes said.

Noyes was nominated for the award last year and filled out an application with an essay. He went through a 10-month process. When he was named part of the top eight the committee visited his school and spoke

to parent, students, administrators, and others. When he reached the top five candidates presented another essay. He was presented with the award on Oct. 10.

Johnston said McDonald's has been a major sponsor of EDies for the past 26 years.

“The Lakes Region is really been extremely

ERIN PLUMMER

(Left) Larry Johnston, Regional District Manager for McDonald's, shows New Hampshire Teacher of the Year Keith Noyes a poster with his photo that will be put up at the Laconia McDonald's.

well represented over the past two years,” Johnston said.

In 2018, Belmont Middle School was named Middle School of the Year and the school's principal Aaron Pope was named Principal of the Year. Johnston said this completes the trifecta.

Also in 2018 Gilford Elementary School was named Elementary School of the Year. In 2017, Pleasant Street School in Laconia was named Elementary School of the Year and its principal Dave Levesque was the Principal of the Year.

In 2019, Gilford High School also has the School Counselor of the Year Monica Sawyer and Special Education Teacher of the Year Jean Moreau.

“Says a lot about the commitment to education of all the schools in the Lakes Region,” Johnston said.

Noyes will travel to Washington, D.C., to attend the National Teacher Leadership Conference with all the all the teachers of the year from other states and US territories. Noyes said he will be in the company of 56 other teachers who teach kindergarten through 12th grade. He said he is excited to meet with all these teachers from all these different perspectives. They will go to a special event

SEE EDies PAGE A10



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IMPOUND

(Continued from Page A1)

when we have to think about security; we have to think about maintaining evidence in its proper form,” Benavides said. “I think right now, what we have out back is just not adequate, and I think that it's time that we really do this and I think the chief has understood that it's time to address this.”

Selectman Chan Eddy said he agreed with what

Benavides said.

“I think we've finally reached the time,” Eddy said. “We've put it off as long as we can, but conditions have changed and society has changed somewhat and some of the old ways just wont work anymore.”

Board Chair Richard Grenier supported the project, but said the need for it is sad.

“It's just another sad

day when another part of town hall is closed off to the townspeople,” Grenier said. “Not saying it's not necessary, but little by little, we're becoming less of a small town, and I just hate to see that go, living here for as long as I have.”

The selectmen unanimously approved a motion to go forward with Superior Fence's proposal for \$20,320.

BOLDUC PARK

(Continued from Page A1)

the courses and staff the clubhouse, Bolduc Park is always taking applications from new volunteers.

Call Bob Bolduc at 387-4208 if you'd like to volunteer and enjoy golf privileges or if you'd like to arrange a special

group event or an organization outing. For general information, call the clubhouse at 524-1370.

LIBRARY

(Continued from Page A2)

Check Out an Expert, 10 a.m.-noon

Lakes Region Fiber Artists and Crafters, 10:30 a.m.-1 p.m.

Come work on your art and fiber crafts! Rug hooking, latch hooking, quilting, needle felting, and any other fiber crafts are welcome to join in! Meets every Wednesday. Find us on Facebook.

Lakes Regions Fiber Artists and Crafters.

Robotics Demo by Gilford Robotics: Teen Early Release, 1-2:30 p.m.

The Gilford Middle and High School Robotics Team is coming to demonstrate their robots at work! They'll talk about everything that goes into a student run competitive robotics team. See robots made

and controlled by students, and learn how it all works!

Geri Fit Classic, 4-5 p.m.

See 'Geri Fit Classic' above.

Thursday, May 9

Geri Fit, Turn Back the Hands of Time, 9-10 a.m.

Master Trainer, Francesca Fisher, and star pupil "Joan" work out together in this 45-minute Geri-Fit® fitness video. Suggested for advanced Geri-Fitters that have excelled the squat movement and are ready to add more weight to the workout. Most of the exercises are performed in chairs, but you can do them standing if you prefer. No floorwork!

Play Group, 10:30-11:30 a.m.

You and your little one will enjoy an introduction to a preschool setting without the added expense. You and your child have the opportunity to make and play with new friends. There will be songs, crafts, games, and coffee will be served.

Mother's Day Craft: Box of Kisses <3, 11-11:30 a.m.

Come and make a box of kisses for your favorite gal in life, the one that kisses your boo-boos, reads, and hugs you good night. Ages two through six.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

AUTHOR

(Continued from Page A5)

with five grown children.

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VARNEY

(Continued from Page A1)

a chair that he didn't recognize though. He then heard a noise and turned to see a strange man standing there. Varney said Ken asked the man what he was doing in the house and he simply replied, “Nothing.” Telling him he needed to leave, Ken himself then headed out the door as calmly as he could.

“The next thing we knew, he was running down the street yelling into his cellphone, ‘He's in my house! He's in my house! I just came face to face with him!’ as he was talking to the 911 dispatcher,” she said.

Police that day were already in the area, searching Opechee Lake where K9s had tracked Sapry to the shoreline. When they got word that their suspect was spotted on Edgewater Ave., they quickly headed to the scene.

Varney said her neighbor told police what he had encountered then took shelter in their home. They watched

as Laconia and New Hampshire State Police surrounded the property and brought in their K9 unit. As they waited to see what would transpire next, Varney said she showed Ken a photo of Sapry on Facebook.

“He looked at the photo and confirmed that that was who he saw in his house. He said he'd never forget that face,” Varney said.

The three were able to stay inside the Varney's house for a while, but when the SWAT team arrived they were evacuated.

“Before we left though, they came in to see if there was anything else on our cameras,” said Varney.

As time went on that afternoon, police came to believe Sapry had most likely left the Edgewater Ave. residence during that small window of time between when he was first spotted and when they arrived on the scene. They broadened their search and Sapry

was soon found a short distance away at his family's Pleasant St. home. There he was taken into custody and charged with the second-degree murder of Guzman.

Like her neighbor's memory of seeing Sapry in his home, Varney said that day was one she will never forget either.

“It felt like it was a dream the whole time, like it wasn't really happening but it was,” she said.

Varney said the three days after Sapry was spotted on their video cameras were unnerving but she praised law enforcement officers for their tireless search. And while she was grateful for the heavy presence of police in her neighborhood during that time, she was also grateful for a bit more.

“I'm glad I had given Ken a heads up about what was going on; I'm glad it had the outcome it did, and I'm very glad no one got hurt,” Varney said.

NOTEBOOK

(Continued from Page A4)

money for the Campaign Slush Fund.

These are the same legislators, lobbyists, special interest groups and decision-makers, by the way, who were oh-so-eager to line up like toy soldiers behind the Governor, et al, to support the heinous and landscape-trashing Northern Pass proposal, the biggest construction scheme ever foisted (my word) on New Hampshire.

Sources said politicians and power-brokers are mostly unfamiliar with the territory because they have not viewed or visited the proposed route, which runs through some of the most magnificent scenery in the state. There is a 21-minute film on this, beautifully produced (Jerry Monkman and Roger Wood) and partly shot from a drone. The usual comment of people watching the film-credits roll goes something like “Whoever could even think of putting such massive machinery in there and hacking out a big scar would have to be mad.”

State House observers said the Governor and

staff were too busy lining up the horsepower to pack the Site Evaluation Committee with friends and allies of the Governor and others who favor the project. As one jaded media person joked, “When you're playing billion-dollar hardball like that, who's got time to watch a film about trees?” Assuming that the state Supreme Court

votes to allow the SEC to reconsider its decision against the proposal, he said, “When they vote, we should jump out of a big cake and yell “Surprise!”

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)





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Edward Jones: Financial Focus

Should You Borrow from Your 401(k)?

If you work for a business that offers a 401(k) plan, consider yourself fortunate, because a 401(k), with its tax advantages and variety of investment options, is a great way to save for retirement. But what if you need to tap in to your plan before you retire? Is it a good idea to borrow from your 401(k)?

To begin with, you need to determine if a loan is even available. You can only borrow from your 401(k) if you're still working for the company that offers the plan, but even so, you'll have to check with

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your human resources area to determine if loans are allowed. If they are, you'll want to weigh the pros and cons before taking action.

On the "pro" side, it's pretty easy to get a 401(k) loan – there's no formal loan application and no minimum credit score required. Plus, you're only borrowing from yourself, and you can generally repay the loan with automatic paycheck deductions, typically over a five-year period.

However, you'll also encounter some "cons" when

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taking out a 401(k) loan, particularly concerning taxes. If you had not borrowed from your 401(k), the money you took out could have been growing on a tax-deferred basis, assuming you used pre-tax dollars to fund your plan, and your withdrawals will only be taxed once. But when you borrow from your plan, you will have to repay it, along with interest, with money you've earned – and been taxed on – and then, when you withdraw it later, you'll pay taxes on it again.

Furthermore, if you leave

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your employer before fully repaying your loan, the outstanding balance likely will be taxable, although you may have a grace period in which to pay it off and avoid taxes.

And perhaps even more important, taking money from your 401(k), even if you repay it later, will almost certainly slow the growth potential of your account – which, in plain terms, means you may have less money available for retirement.

Of course, if you encounter an emergency, and you have nowhere else to turn,

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You also might find some resources in the part of your investment portfolio held outside your 401(k). For example, you can always withdraw contributions to a Roth IRA without incurring taxes (although the earnings on these contributions could be taxable if you take the money out before you're 59½ and you've had your account less than five years).

In any case, you work hard to build your 401(k) – so, no matter where you are in life, think carefully about how you will use the money.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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PIE A TEACHER

(Continued from Page A1)



Guidance Director Monica Sawyer gets pied by her son Sam Sawyer, and then takes some revenge.



ROBERT MALYNN



ROBERT MALYNN

had the opportunity to make their own pie. O'Riordan said Tyler Pearson and Ashleigh Mongovan shared a \$235 bid to make their own pie for Hutchinson. Some of their ingredients included molasses.

O'Riordan himself received a pie from Kenny Linkola.

"He came in from behind me; he decided to pie the top of my

head," O'Riordan said. "He worked that cream in like a shampoo."

O'Riordan said it

took a while to wash the cream out. All in all O'Riordan said this was a great event for

the school.

"It's all in good fun. It's all about the character and building

community," O'Riordan said. "It's a great way to build culture like that."

He said the cul- ture is one thing that makes Gilford special.

EDies

(Continued from Page A8)

with Second Lady Karen Pence, who is a teacher herself.

All the EDies recipients will be invited to a special celebration on June 8 in Manchester.

McDonald's will host a special event

honoring local EDies recipients on May 9 at the Laconia McDonald's, where EDies winners from Belmont, Gilford, and Pleasant Street School will be invited for a meet and greet.



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COURTESY

Proud owner Heather Brownell of H. Salon celebrates the new branding of her salon, located at 28 Weirs Rd., Suite 4 in Gilford, along with the Lakes Region Chamber. (Right to left) Charity Littlefield of Lake Life Fashions, Karmen Gifford President LR Chamber, Barbara Laros of Northway Bank, Heather Brownell (center), Ted Fodero of Meredith Insurance Agency, Chris Dickinson of Northway Bank and Jenna Wolak of Service Credit Union. H. Salon services include haircuts for men, women and children as well as hair coloring, facial waxing, make up application, spray tanning and formal hair styles for all special events.

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Golden Eagles compete with top competition in Northwood

BY BOB MARTIN
Bob@Salmonpress.news

NORTHWOOD – The Gilford High School track and field team sent a handful of athletes to the Black Bear Invitational on Saturday, which involved more than 40 teams from across the Granite State and teams from Maine and Vermont as well.

Natalie Fraser led the way with a third place finish in the 400 meters with a time of 1:01.71, which was her best time of the season. She was also ninth in the 200 meters with another season best time of 28.05.

Katiana Gamache placed ninth in the javelin with a throw of 78 feet, two inches.

Samantha Holland was 26th in the 800 meters with a time of 2:40.16. This was her best time of the year and qualified her for the Division 3 state meet.

Emma Ramsey was 14th in the 100-meter hurdles with a time of 18.59.

Cyndal Vansteensburg had a personal record time of 6:33.04 in the 1,600 meters, which was good for 30th.

For the boys' team, Korey Weston placed fifth in the javelin with a throw of 129 feet, two inches. He was also seventh in the long jump with a leap of 18 feet, seven inches.

Max Stephan had a time of 25.45 in the 200 meters, which was good for 21st place.

On April 20, several Gilford athletes also took part in the Merrimack Valley Invitational.

Highlights for the girls' team include a first place finish for Laurel Gingrich in the 100-meter unseeded race with a time of 13.92.

In the 800 meters, Fraser was 11th overall with a time of 2:36.46.

In the 100-meter unseeded hurdles, Reese Clark was ninth with a time of 20.77. Promise Veroff was 15th with a



JOSHUA SPAULDING

Korey Weston heaves a javelin for Gilford at the Black Bear Invitational.

For the boys' team highlights included a number of performances.

Weston was second in the long jump with a leap of 19 feet, 9.75 inches. He was also second in javelin with a throw of 137 feet.

Alex Cheek was the lone shot put thrower with a toss of 32 feet, nine inches for 22nd.

In discus, the top Gilford thrower was Joey Voivod with a throw of 86 feet, two inches.

Stephan placed 11th in the unseeded 100-meter dash with a time of 12.80. He was also 14th in the 200 meters with a time of 25.33.

In the 400 meters, Nick Arenstam was the lone runner for Gilford with a time of 1:03.12 and a 36th place finish.

Steven MacDonald was the only runner for Gilford in the 800 meters and was 38th with a time of 2:33.82.

Matthew McDonough was the top Gilford runner in the 1,600 meters with a time of 5:17.35 for 33rd place.

Mitchell Townsend was the lone runner for Gilford in the 3,200 meters, placing 18th with a time of 12:20.08.



JOSHUA SPAULDING

Emma Ramsey leaps over a hurdle during Saturday's track meet at Coe-Brown.

time of 21.89. Clark and Veroff also competed in the 300-meter hurdles and placed 14th and 24th with respective times of 57.72 and 1:03.79.

In the 4X400-meter relay, Gilford placed third with a time of 4:30.45. The team included Jaylin Tully, Lindsey Sanderson, Gingrich and Fraser.

In the 4X800 meters, Gilford placed fifth with a time of 11:31.22. The team included Holland, Vansteensburg, Sanderson and Caroline Dean.

Lara Davalle was the lone long jumper for Gilford and was 21st with a leap of 12 feet, five inches.

In the triple jump, Tully was 16th with a distance of 27 feet, 10 inches and Vanessa Genakos was 18th with a distance of 27 feet, eight inches.

Gamache was 13th in shot put with a throw of 25 feet, 5.25 inches.

In the javelin, Gamache was eighth overall with a toss of 80 feet, four inches. Riley McDonough placed 10th with a throw of 74 feet, 10 inches and Shea Brown was 25th with a throw of 59 feet, seven inches.

JOSHUA SPAULDING

(Right) Natalie Fraser races around the track in the 400 meters.



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BOB MARTIN

Alex Muthersbaugh pitched a gem for the Golden Eagles against Prospect Mountain last week.



BOB MARTIN

Isaac Wallace returned to action last week and was 1/1 with a run scored.

Gilford knocks off PMHS in vacation week matchup

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Gilford High School baseball team took on Prospect Mountain last week, which was one of the only baseball games in the Lakes Region during school break, and the Golden Eagles came away with a 6-1 victory against the previously unbeaten Timberwolves.

The game marked the return of first baseman Isaac Wallace, who started the season with a wrist injury. Wallace came in late in the game and singled to right, while also playing an inning at first base. Adrian Siravo, who left after one inning against Belmont the previous week due to an arm injury, also returned to action. Siravo played shortstop and walked twice and scored twice in the win.

Gilford jumped up on Prospect Mountain early with two runs in the bottom of the first. Cody Boucher led off the inning with a walk and stole second. After a Tim Stevens strikeout, Siravo walked and a passed ball moved the runners to second and third. T.J. Carmilia then stepped up and



BOB MARTIN

T.J. Carmilia has been a hot hitter and a rock behind the plate for Gilford this season.

hit a sacrifice fly to right field to go up 1-0. Another passed ball brought Siravo home to make it 2-0.

Both teams traded scoreless second innings but Gilford added a pair of tuns in the bottom of the third on an RBI double by Carmilia and an RBI single to right by Alex Muthersbaugh. That same inning Muthersbaugh

came around to score on a passed ball to make it a 5-0 ballgame.

In the top of the fourth, Prospect Mountain posed the only threat of the day to Muthersbaugh, who pitched very well. Muthersbaugh quickly retired the first two

batters, but then a pair of infield hits brought two runners aboard. Muthersbaugh went for a pick off attempt at second base and the ball went into centerfield, which was then misplayed, bringing a runner in all the way from second base to

make it 5-1. This would be their only run of the game.

In the bottom of the sixth inning, Wallace stepped up to the plate for the first time this season as a pinch hitter. The All-State first baseman responded immediately by driving a hit to shallow centerfield. Sebastian Brodeur then launched a deep double to centerfield and Wallace scored on a passed ball to make it 6-1.

Coach Eric Duquette was happy to have the Golden Eagles win their third straight, in a game where the team manufactured runs and played a clean game defensively aside from the one miscue on the pickoff attempt. Duquette admits that the team's offense has been quiet to start, but he knows that once this aspect falls in place, Gilford will be very tough to beat.

“For the first time all season we expect to have our full roster coming out of the break,” said Duquette. “We are 4-1 and Adrian has only throw five innings, while Isaac has

not thrown any. It has been a good opportunity for some of the other guys to step up in their absence.”

Muthersbaugh threw six innings with one unearned run allowed, four hits, six strikeouts a walk and a hit batter. Connor Sullivan pitched an inning of scoreless relief with a strikeout. On the mound, Muthersbaugh has been solid going 2-0 with 18Ks in 12 innings. Sullivan and Cody Boucher have done well in relief for the squad.

Offensively, Carmilia and Boucher have carried the load as the team has not found its groove yet offensively. Carmilia was once again the force on offense against Prospect Mountain, with a pair of RBIs and an impressive shot to deep centerfield for a double.

“Now that we are finally outside on our field, we will need to get some productive practices in, and we are very excited to see what this team can become over the rest of the season,” said Duquette.

Monster truck show Saturday in Belmont

NHSOA seeking soccer officials

REGION — Would you like to earn extra money and get some good exercise while participating, not just watching, the beautiful game of soccer? The New Hampshire Soccer Officials Association (NHSOA) is looking for people ages 18 and up to referee high school soccer this fall.

If you would like more information, please contact Ed Meyer through the NHSOA web site at www.nhsOA.net or go to www.nhIAA.org and click on links. Then click on become an official.

BELMONT — Belmont Mudd and Monster Madness Monster Truck / Mud Bog Show is May 4 at the Belknap County Fairgrounds 174 Mile Hill Road, Belmont.

Registration for participants starts at 8 a.m. Registration fee is \$30.

Spectator gates open

at 10 a.m. and the event starts at noon. General admission is \$10, children three and under are free. Pit passes available for an additional \$10. No one under 16 years of age allowed in the pit.

Come join in at the Belknap County Fairgrounds for a jammin good time, rain or

shine. There will also be mud bog trucks.

Get your tickets at gate the day of the event or buy at <https://www.eventbrite.com/e/belmont-mudd-and-monster-madness-tickets>.

There will also be kids power wheel races for six and under. Bring your battery operated power wheels

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Teams look to get back on track after countless changes

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD – April was a very trying month for athletes and coaches around the Lakes Region due to poor field conditions, unseasonable weather and a school vacation thrown into the mix. While the entry to May hasn't exactly been warm and kind, spring appears to finally be here to stay and Gilford teams are ready for things to turn.

Baseball

The baseball team kicked off the season with a no-hitter against Winnisquam, and were 4-1 heading into April vacation. The team has battled some injuries early, but a bright spot was the return of first team All-State first baseman Isaac Wallace to the lineup. Wallace was one of the top first basemen in Division 3 last season, both on the field and at the plate. He looks to help turn around what has been a slow start for the Golden Eagle offense.

Last year's player of the year Adrian Siravo came out of the gate throwing darts around 90 mph, but suffered an arm injury in the first inning of his second start. While Siravo has found ways to get on base, the best has yet to come for the power hitting short-stop/pitcher.

While every game is big, an important matchup to watch out for is an away match-up against rival Laconia and a home game on May 11 against White Mountains at 12 p.m.

Softball

After three tough losses against top teams in Division 3, two of which came by a single run, Gilford's bats came alive for a 21-9 win before April vacation began.

Gilford has consistently been one of the top teams in Division 3 under the leadership of coach Joan Forge, who has been at the helm for more than three decades. The team is looking to build off the big win in the second half of the season, and not dwell on the losses. One loss was to defending champion White Mountains and the other was against runner-up Belmont.

The team has had a strong turnout of new players, to go along with the team's solid core headed by Karly Sanborn and Lexi Boisvert, as well as strong pitching staff anchored by Colby Butterfield, Ella Harris and Kim Daigneault.

The team's next home game is on May 2 against Trinity, but there are plenty of big matchups ahead including a doubleheader at Prospect Mountain on May 10 and a late season matchup



Coach Joan Forge talks with her team before a game against Belmont. The Golden Eagles are 1-3 and are looking to string together some wins.



Blake Descoteaux brings the ball up the field for the boys' lacrosse team. The Golden Eagles look to build off its lone win before the break.



Coach Eric Duquette discusses the game plan with his baseball squad before a game against Winnisquam.

at home with a tough Campbell squad on May 16.

Tennis

Getting teams out on the courts has been a challenge, but the Golden Eagles have managed to play a few matches in the early goings.

"We have played only three of the seven

matches scheduled," said boys' tennis coach Terry Wilson, whose team is off to a 2-1 start. "We need to continue practicing the basics, working on our doubles and give the players an opportunity to have challenge matches. I'm very happy with how hard the team has been working."

The tennis season flies by and the last match is on May 15 at Berlin. Gilford has seven important matches leading to that point, including a doubleheader against White Mountains on May 6.

The girls' tennis team was 3-1 entering the vacation, with the only loss coming

against Moultonborough. The Golden Eagles look to continue its success in the second half of the season, with big matchups coming against Littleton and Berlin to end the regular season on March 13 and 15.

Lacrosse

The girls' lacrosse team took a 2-2 record

into the April break, with the most recent game being a tough 18-1 loss to undefeated Derryfield. It has been tough for the Golden Eagles, who had three away games the week before vacation with no outdoor practices. This, mixed with the youth of the team, is difficult for the team to progress. With the weather seeming to turn, coach Dave Rogacki hopes this will bode well for the team and allow them to get quality time on the field.

"We did gain some experience last week playing three games in three days with a smaller group of players," said Rogacki. "We will see how much we progressed since this week is only three games in four days and we are still looking for our first outdoor practice. Hard to evaluate a young team when real field corrections cannot be made in the gym. All players have improved their skills considering all the variables we cannot control. Leadership is being seen from juniors Abby Warren and Shelby Cole and the freshmen have made contributions on the offensive side of the field. The improved passing of Taryn Fountain, Ashley Hart and Kyla Mercier is heading in a positive direction."

Big matchups to watch this month are against Laconia on May 8 and Pelham on May 15.

The boys' lacrosse team struggled to start the season with three straight losses, but the Golden Eagles looked better against Lebanon with a 12-7 win before vacation. Coach Mike Robbs has expressed similar concerns as Rogacki, saying it hasn't been easy to fix issues without ample outdoor practice time.

Robbs said April vacation was an important time for the Golden Eagles to hone in on what is needed to push over the hump for the rest of the season. Robbs said an important aspect of the team right now is that the Golden Eagles are very healthy, so improving is going to be about preparation and practice.

"We are excited to go into the break with that win," said Robbs. "No games at all during break but we have three practices we're excited for. Next we have Inter-Lakes, Bishop Brady and Plymouth so we've got some tough games ahead of us."

Inter-Lakes plays Plymouth on May 3 at 4 p.m.

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Kids invade NHMS in May

LOUDON — It's time for outdoor family activities, and New Hampshire Motor Speedway is the place to be this May, as kids as young as five years old participate in racing-style events, bringing family fun and entertainment to "The Magic Mile."

"With 1,200 acres to utilize, we are proud to be able to provide a home for different types of quality racing action," said David McGrath, executive vice president and general manager of New Hampshire Motor Speedway. "Families can experience the thrill of a race car or a motorcycle speeding by, and this month, we'll have kids taking part in the New Hampshire Soap Box Derby and the New Hampshire State Police hosting the D.A.R.E. Classic, which puts runners right on the race track."

The 29th annual D.A.R.E. Classic 5K Road Race on May 3 features a one-mile run for kids followed by a 5K road race on "The Magic Mile." The event also includes demonstrations by the New Hampshire State Police K9 Unit, Drill Team, Aviation Unit and Motorcycle Unit. Kids can get their face painted and meet Dar-en the D.A.R.E. Lion.

The New Hampshire Soap Box Derby Spring Rally May 11-12 will feature kids seven and older assembling and racing gravity-powered cars down a 500-foot (or more) track in side-by-side competition.

Up and coming teen racers blend with adults in the Loud-on Road Race Series as motorcycles take on the 1.6-mile road course May 18-19 with Championship Cup Series racing. Fans can also watch legend drivers, aged 12 years and up, race on the road course in the MOAT Mountain Road Course Series and on the 0.25-mile mini oval in turns one and two of the speedway in J&J's Yolk & Co. Oval Series.

NHMS hosts many other clubs and events throughout the month of May including:

- Sunapee Racing Team on May 2, 9, 16, 23 and 30
- North East Motor Sports Museum's Historic Motor Sports Exhibition on May 4
- Rusty Wallace Dream Drive Exotics on May 4
- Rusty Wallace Racing Experience on May 4-5
- NASCAR Racing Experience on May 10-11
- New Hampshire Karting Association Racing Series on May 11
- Team O'Neil Rally School on May 11-12
- Fishtail Riding School on May 13
- Penguin Roadracing School on May 17
- Boston Chapter of the BMW Car Club of America on May 18
- North East Drift Co. on May 19
- United States Classic Racing Association on May 20
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Weekend, visit the speedway website at NHMS.com or call Fan Relations at 783-4931.

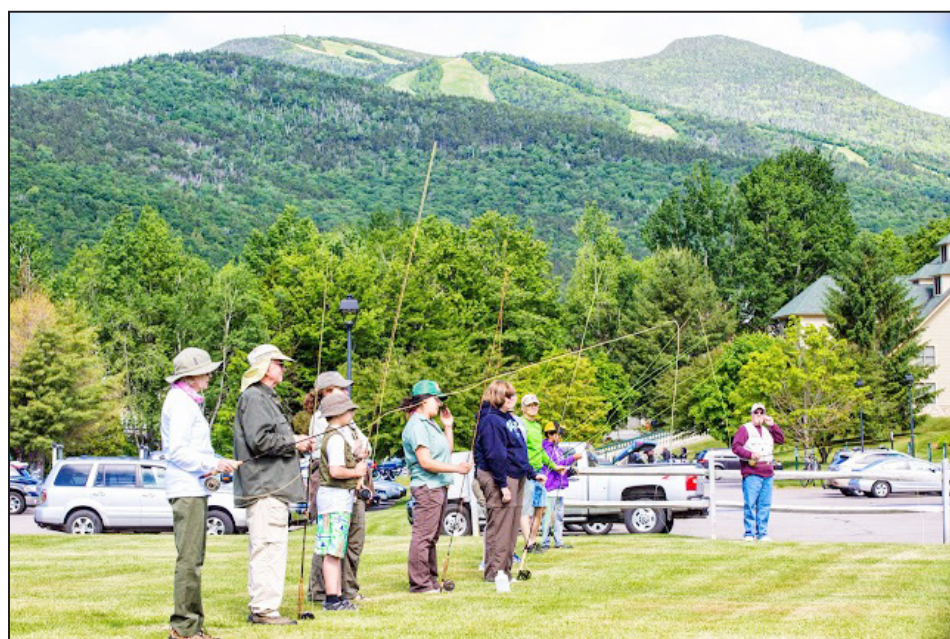
Fins and Feathers *First lesson*

BY **RAYMOND KUCHARSKI**
Contributing Writer

When the Pemigewasset Trout Unlimited teaches the FUNDamentals of Flyfishing the first lesson I and my fellow instructors teach is to not just walk into water and start casting but to look around to see if there are any fish feeding and if they're feeding, what are they feeding on. And if there is no action, take some time to look around again for any signs to help you catch a fish.

One summer day I drove to a local fishing hole that I knew well and had fished many times. I knew the contours of the bottom of the pond because I mapped it with my BDU (Bottom Detection Unit, a lead weight tied to a marked line). It being August, I was set up to fish deep with a sink-head fly line and a cone head fly like I had done successfully many times before in the summertime. The water temperature being still warm only solidified my belief that the fish were in the cooler depths of the pond.

As I was kicking out from shore heading toward deeper water, I saw a half-dozen fish rising in the shallows by the shore. It looked like the brookies were after insects that were coming off the aquatic growth. Not believing what I was seeing, and thinking the rising fish would be moving to deeper water shortly. I continued toward the deeper water because I didn't want to change to floating line. I had a preconceived plan to fish deep when I left home. After a couple hours of fishing in 15 to 20 feet of water without a hit, I returned to the



Students learn the fundamentals of fly fishing.

COURTESY PHOTO



Fly fishing instructors teach numerous lessons during the class.

COURTESY PHOTO



Learning the fundamentals of fly fishing involves classroom work.

COURTESY PHOTO

landing where the trout were still rising. I re-rigged and my first cast toward shore landed in less than a foot of water and was immediately attacked by a feeding brook trout. I had wasted a couple of hours by ignoring FUNDamentals of Flyfishing's first lesson.

Stacey Burns Memorial Scholarship 5K is May 11

WOLFEBORO — Burns was a mother of five who was killed on May 10, 2009 in her home in Wolfeboro. She had worked as a school nurse at Carpenter School and touched the lives of many people as she was always willing to lend a hand. The scholarship award is given in her name to individuals pursuing a career in nursing who not only shows merit and need but also those that embody Burns' giving spirit and kind heart.

Register at the Wolfeboro Parks and Recreation web site at wolfeboronh.us/parks-recreation.

The Stacey Burns Memorial Scholarship 5K Run/Walk will take place on Saturday, May 11, at 9 a.m. at the Carpenter School in Wolfeboro.

Same day registration will start at 8:30 a.m., with walkers taking off at 8:30 a.m. and runners following at 9 a.m. The course starts at the Carpenter School and makes its way up to Crescent Lake School then returns to the Carpenter School. The awards ceremony will take place on the front lawn of the Carpenter School when the racers finish.

Smith River Canoe Race returns May 18

WOLFEBORO — The 45th running of the Great Smith River Canoe and Kayak Race will be held Saturday, May 18. It is a four-mile race that includes a quarter-mile of class two white water and two short portages. There are 19 classes, from novice to expert for both canoes and kayaks.

The race starts at 1:15 p.m. at Albee Beach on Lake Wentworth and finishes at the town docks on Lake Winnepesaukee. There will be prizes for the first three finishers in each class. Registration is

\$20 per paddler and there will be free t-shirts for the first 50 entrants. Entry forms are available in Wolfeboro at the Chamber of Commerce or by calling 569-5454.

Racers can also register the day of the race at Albee Beach between 10 a.m. and 12.45 p.m.

Proceeds from the race go to the Wolfeboro Lions Club and are used to support the club's scholarship fund. In conjunction with the race there will be a 50/50 raffle the day of the race.

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