THURSDAY, MAY 27, 2021

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Former players return to honor Matt LeBlanc

BY JOSHUA SPAULDING

Sports Editor

BELMONT — Matt LeBlanc had to wait a bit longer than expected to earn his 100th career win at the helm of the Belmont baseball team.

When the COVID-19 pandemic cancelled last season, LeBlanc had to wait an extra year to pick up his milestone win, but early this season, the Raider coach picked up his 100th win and as the season draws to a close, former members of the teams he has coached strolled back onto the Belmont High School field on Sunday to honor their coach.

SEE **LEBLANC**, PAGE A7



Former and current players were on hand to congratulate Belmont baseball coach Matt LeBlanc, who won his 100th career game earlier this season.

Summer's coming to the Belmont Library

BELMONT — The library has arranged a NH Humanities book discussion in place of our regular Thursday book group. Dr. Carrie Brown will be leading a discussion on "Brave Companions: Portraits in History" by David McCullough. From Alexander von Humboldt to Charles and Anne Lindbergh, these are stories of people of great vision and daring whose achievements continue to inspire us today, brilliantly told by master historian David McCullough. Get in touch with the library for the link to the meeting on Tuesday. June 8 at 1 p.m.

This summer, teens will have the opportunity to pick up 2 book subscription boxes at the library in lieu of tracking summer reading. The boxes will include one library book, one book to keep, snacks, and possibly other bookish items. Grades 6-8 can choose to participate in the traditional summer reading program (tracking reading and earning raffle tickets) or sign up for the book box. If your teen chooses to participate in the book box program this summer, **please contact the library now** so we can plan ahead for demand.

Tails and Tales, the summer reading program, will begin June 21. Celebrate by walking the Library's new Storywalk® "Over in the Woods" on the Tioga Rail Spur Trail from June 21-July10.

The Friends of the Library will have a remote meeting Wednesday, June 9 at 4:30 p.m. All are welcome.

Our Friday Fiction book group meets in person outside if the weather cooperates on Friday, June 18 at 10:30 a.m. to discuss "Transcription" by Kate Atkinson. Transcription is a spy novel by British novelist Kate Atkinson, published in September 2018. The novel focuses on the activities of British orphan Juliet Armstrong throughout World War II and afterwards, and how she begins a career as a low-level transcriptionist for MI5, before rising through the ranks. Ebooks and audiobooks are available through nh.overdrive.com with your library card; physical copies are available at the library. Contact the library for meeting information.

SEE **LIBRARY**, PAGE A7

Virtudent visits Spaulding Academy & Family Services



NORTHFIELD — Virtudent, a Boston-based mobile dental clinic and teledentistry

provider, recently visited Spaulding Academy & Family Services (formerly Spaulding Youth Center) to provide dental cleanings, x-rays, and fluoride to 26 residential children scheduled over two days. The program is offered free to Spaulding Academy & Family Services through sponsorship and cooperation with Northeast Delta Dental.

Under the supervision of a dentist, a dental hygienist conducted the basic preventive dental appointments, which included cleanings and comprehensive oral exams to determine patient risk of oral cancer, gum disease, and cavities. Some children received digital dental x-rays and intraoral photographs, which were reviewed remotely by a team of dentists. In cases where additional treatment was deemed necessary, referrals were made to a local dentist and records were securely transferred to the selected provider to

ensure proper continuation of care.

"Northeast Delta Dental is fortunate to have robust experience with teledentistry," said Tom Raffio, Northeast Delta Dental's President & CEO. "We are proud to lead the way in the delivery of teledentistry to underserved populations and blaze the trail as a helpful resource."

The children enjoyed remaining in a comfortable environment surrounded by their peers and trusted staff members while receiving teledentistry services. The visits successfully kept anxiety levels low and addressed the importance of oral health and overall self-care.

"We are grateful to Northeast Delta Dental and Virtudent for making this service available

SEE **VIRTUDENT**, PAGE A7

Big bats lead softball Raiders over Bears

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Belsoftball team came through with a big fourth inning to pull away from Winnisquam and claim a 16-0 win on Monday, May 17.

Belmont got on the board against Winnisquam starter Delaney Skourtis in the first inning. Savannah Perkins got things started with a base hit and a Rebecca Fleming double plated the first run of the game. After Morgan Hall worked a walk, a fielder's choice by Madi Lima plated the second run of the game.

Hall got the start in the circle for the Raiders and took care of business in the first inning. Skourtis got a little defensive help in the top of the second inning. After Darci Stone beat out an infield hit, Lily Auger made a diving catch in left field and turned it into a double play by making the throw to

first. Belmont scored five runs in the top of the third inning. Savannah Perkins led off with a base hit and scored on a triple by Fleming for the 3-0 lead. Kara Stephens worked a walk and Fleming scored on a sacrifice fly by Hall. Lima reached on an error to drive in another run and after Courtney Burke walked and Kelley Allen reached on an error, a pair of wild pitches plated two more runs for the

SEE **SOFTBALL**, PAGE A7



JOSHUA SPAULDING

Early deadline for Memorial Day

Due to Memorial Day, the submission deadline for any press releases and letters to the editor intended for publication in next week's edition of the Winnisquam Echo has been moved up to Friday, May 28 at 9 a.m. Submissions can be e-mailed to Editor Brendan Berube at brendan@salmonpress.news.

Please note that our offices will be closed Monday, May 31 in observance of the holiday.

Lily Auger makes a diving catch in left field last week against Belmont.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of May 10-17.

Logan B. Markham, age 21, was arrested on May 10 in connection with multiple bench warrants.

Dennis Allen Thoroughgood, age 57, of Laconia was arrested on May 10 for Making a False Report to Law Enforcement.

Joshua Wilson, age 18, of Concord was arrested on May 11 for Operating Without a Valid License and Driving After Revocation or Suspension.

Janelle D. Moulton, age 33, of Belmont was arrested on May 12 in connection with a warrant.

Amanda M. Mullen, age 30, of Belmont was arrested on May 12 in

connection with multiple bench warrants.

Michael Joshua Poire, age 40, of Belmont was arrested on May 12 for Second Degree Assault-Domestic Violence and multiple counts of Reckless Conduct-Domestic Violence-Deadly Weapon.

Jennifer R. Nazarian, age 37, of Hill was arrested on May 12 in connection with multiple

"You may be

surprised at

how fast Mom

bench warrants.

Michael R. Shaw-Carrier, age 43, of Manchester was arrested on May 13 for Driving After Revocation or Suspension.

Benjamin J. Owen, age 25, of Belmont was arrested on May 14 for Suspension of Vehicle

Registration and Driving After Revocation or Suspension.

Caitlin E. Fillion, age 32, of Somersworth was arrested on May 15 for Resisting Arrest or Detention.

Christopher R. Morin, age 36, of Farmington was arrested on May $\overline{16}$ in connection with multiple bench warrants.

Seth A. Laroche, age 23, of Laconia was arrested on May 16 for Driving After Revoca-

tion or Suspension-DUI.

SNHU announces Winter Dean's List MANCHESTER — It is with great pleasure that Southern New Hampshire

University (SNHU) congratulates the following students on being named to the Winter 2021 Dean's List. The winter term runs from January to May.

Full-time students who have earned a minimum grade-point average of 3.500 to 3.699 are named to the Dean's List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Cathy Valley of Tilton Matthew Prescott of Belmont Valerie Wirth of Tilton

Nancy Welcome of Belmont Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 88-year history of educating traditional-aged students and working adults. Now serving more than 150,000 learners worldwide, SNHU offers approx-

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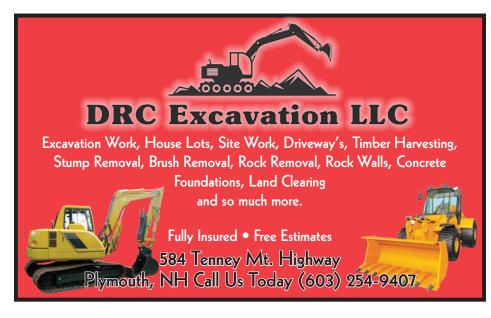
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imately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the «Most Innovative» regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



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Raiders wrap up regular season in home meet



Brian Miles fires the shot put in action on Saturday morning.

BY JOSHUA SPAULDING Sports Editor

BELMONT — The Belmont track team wrapped up the regular season by hosting Gilford and Inter-Lakes on Saturday morning.

In the 100 meters for the boys, Nick Kafkoulis finished with the win in a time of 11.73 seconds, Colby Vetter finished in second place in 11.85 seconds and Brandon Robichaud was fourth in 12.17 seconds, Demetri Kafkoulis was sixth in 12.78 seconds, Juan Montoya was seventh in 12.83 seconds, Brian Miles was eighth in 12.88 seconds and Richard Johnson was 10th in 14.51 sec-

In the 200 meters, Micah Edgren finished in second place in 23.97 seconds, with Vetter finishing in third in 24.49 seconds, Thomas Mortell was fourth in 26.44 seconds and Johnson was eighth in 29.98 seconds. Demetri Kafkoulis finished in second place in the 400 meters in 1:03.46.

Will Riley got the win in the 800 meters in a time of 2:18.09, with Chris Pare in second place in 2:24.4. Riley also got the win in the 1,600 meters with a time of 4:53.81, Jared Whitcomb finished in second place in 5:23.23, Baidyn Lewis was third in 5:35.06, Tanner McKim placed fifth in 5:42.7 and Cody Annis was sixth in 5:57.64.

Mitchell Berry won the 110-meter hurdles in a time of 18.8 seconds and also won the 300-meter hurdles with a time of 49.59 seconds.

Bryce Hall finished first in the high jump at six feet and Kaden Jewell finished in second place at five feet, six inches.

Hall won the long jump at 18 feet, 10.5 inches, Jacob Cress was second at 17 feet, 9.75 inches, Robichaud was third at 17 feet, 2.25 inches and Mortell finished in fourth at 16 feet, 7.75



Emma Winslow and Jada Edgren break from the blocks in the



Aspen Fillebrown races in the 300-meter hurdles Saturday

inches.

Jewell won the triple jump at 38 feet, four inches and Mortell finished in fourth place at 35 feet, 6.75 inches.

Cress finished second in the javelin at 125 feet, with Montoya throwing 110 feet, six inches and Robichaud threw 84 feet.

In the discus, Miles took top honors with a distance of 125 feet, three inches and Johnson finished in fourth place at 69 feet, three inches.

Miles also won the shot put with a toss of 37 feet, Pare took fourth place at 25 feet, five inches and Johnson was sixth at 22 feet, eight inches.

Belmont 4X100-meter relay in a time of 47.78 seconds and in the 4X400-meter relay, placed seconds in 4:08.28 and fourth in 4:25.41.

For the Belmont girls in the 100 meters, Emma Winslow finished in second place in 13.2 seconds, Jada Edgren finished third in 13.5

seconds, Cate McDonald was fourth in 14.12 seconds, Helena Papadopolous finished in seventh place in 15.07 seconds, Deanna Bourque was eighth in 15.12 seconds, Lily Carter was ninth in 16.82 seconds and Haley Deflumeri finished in sixth place in 17.02 sec-

Alyssa Edgren finished in first in the 400 meters with a time of 1:08.39, while in the 800 meters, Emilie DeFrancesco finished in second place in the 800 meters in a time of 3:06.14.

Aurora Couto won the 1,600 meters in a time of 5:48.92, while in the 100 meters, Aspen Fillebrown was second in 21.38 seconds and Chloe Jackson was third in 23.49 seconds. Fillebrown was also second in the 300-meter hurdles

Winslow took the win in the long jump at 15 feet, eight inches, Bourque was fifth at 12 feet,



and Roberts was second four inches, Fillebrown finished at 10 feet, 6.75 inches and Deflumeri fourth at 21 feet. finished with a throw of Belmont took first seven feet, 11.75 inches.

at 31 feet, 3.5 inches. In the javelin, Carter threw 58 feed to lead Belmont, Papadopolous threw 53 feet, one inch, Ella Irving threw 65 feet, one inch and Delfumeri threw 25 feet, five inches.

Jada Edgren finished

second in the triple jump

Emma Roberts won the discus with a toss of 79 feet, four inches and Molly Sottak finished in second place at 65 feet, 11 inches, while in the shot put, Sottak got the win at 28 feet, three inches

Memorial Weekend

Sat-Sun 10-5

Schouler Park

Rt. 16, North Conway

www.joycescraftshows.com

In front of Scenic R.R.

1 Norcross Circle

at 26 feet. Irving finished

place in the 4X100-meter relay in 54.73 seconds and took second in the 4X400-meter relay in a time of 4:58.38.

The Raiders took part in the Division III championships after deadline Tuesday and Wednesday.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or <u>josh@salmon-</u> press.news.

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SNHU announces Winter President's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2021 President's List. The winter term runs from January to May.

Full-time students who have earned a minimum grade-point average of 3.700 and above are named to the President's List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Samantha Longval of Sanbornton Erica Markson of Tilton Ethem Ficici of Tilton Jacob Roy of Belmont Kate Chase of North Field Chelsea Goulet of Northfield Grace Therrien of Sanbornton Corey Arbogast of Northfield Alexis Garside of Northfield

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Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



Laconia-Gilford Lions Club **Electronic Waste Collection Day**

> Saturday, June 5, 2021 8:30AM to 12:30PM Cinemas 8 Parking Lot Location 9 Old Lakeshore Road, Gilford

Fundraiser to benefit Laconia-Gilford Lions Club Recycle electronic items (phones, computers, air conditioners, etc.) for a disposal fee from \$5 to \$20 (\$30 plus for TVs 26" & up)





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Opinion

WINNISQUAM ECHO A4 Thursday, May 27, 2021

Summertime dreams

"Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time."

John Lubbock, "The Use Of Life"

Summer is here. Well, pretty much. We think the threat of another snowstorm is beyond us. As we write this, the high will be 80, the windows are open, and a warm breeze is hanging about the room with a slight scent of lilac. The trees are a bright green, with the sound of birds singing, the sky is blue and well, the day couldn't be more perfect.

A day like today has us thinking about the summer months ahead, and what they will look like. Certainly, work will remain busy, but the days are longer, affording us more time to do the things we love, and the warmer weather tends to relax us all.

We spoke with a few members of our staff who shared their favorite things about summer. The list varies, which is a nod to our versatility.

Our Sports Editor is looking forward to a trip to Tokyo for the 2021 Summer Olympics. This trek will be his third time going, to include the Winter Olympics as well. No foreign spectators are permitted, so the vibe won't be quite the same, albeit historic.

He noted, "The Olympics are the best athletic event there is. Watching elite athletes compete at the highest level is amazing. On TV is great, but in person is even more incredible."

When asked what his most anticipated event to watch is, he replied, "Swimming."

Our Executive Editor will take advantage of the beauty at local lakes and reading books on the balcony of his new condo. Of course, the perfect summer for him is not complete without something to do with film. "I'm looking forward to going to the drive in. I'm not quite ready to sit in a theatre for two hours and the fact that the drive in near my home is vintage makes it even better. I'm all about the vintage!" he exclaimed. It's true, there isn't a movie trivia question from any decade he won't answer correctly

One of our reporters, who also doubles as an artist is looking forward to travel, gardening and land-

"Home renovations and event planning will take priority, but I'm looking forward to doing some art installations as well," she said.

When asked about home renovations, we needed to clarify whether it was to her home, or to her chicken coop that looks like the Beverly Hills Wilshire for

As for your faithful Editor, she will be looking forward to climbing as many mountains as possible, the more remote the better. Being outside deep into the woods is where it's at. It's such a grounding, refreshing activity especially on a scorcher of a day when a flowing river is close by.



Artists of the Month

Lakes Region Art Association/Gallery member artists voted by their peers as 'Artists of the Month' display a wide variety of mediums. Their winning fine art paintings proudly displayed are, front row, L-R: Paul Foote (collage), Lynn Casey (colored pencils), Sally Hibberd (acrylics), Barbara McClintock (oil paint). Back row: L-R: Susan Merritt (oil paint), Fay Lee (watercolor), and Sherwood Frazier (photography). Their work will be on public display during the month of June at a number of banks and other locations. The Lakes Region Art Association/Gallery is a non-profit 501-C-3 organization located in Tanger Outlets, Route 120, Laconia Rd. Tilton, NH, Suite #300.

STRATEGIES FOR LIVING

The transformation of a wasted life

BY LARRY SCOTT

Lee Strobel, in his "The Case for Faith," tells the story of a remarkable man by the name of William Neal Moore. When Strobel met him in Rome, Georgia, he was a well-respected ordained minister, dedicated to helping the nurting. But such had not always been the

Few people outside of his congregation were aware that in May of 1984, William Moore was just hours from being electrocuted for a murder he had committed some 16 years before. Breaking into the home 77-year-old Fredger Stapleton in search of cash Stapleton was known to keep in his bedroom, he was caught "red-handed," killed Stapleton, and fled with \$5,600 in cash. After being apprehended, Moore admitted his guilt and was sentenced to death.

But now ... the rest of the story.

Shortly after his imprisonment two Christian gentlemen, at the behest of Bill Moore's mother, visited him in prison and told him about a loving God Who was more than willing to forgive him and give him a dramatic, new direction in life. He had never heard of a God who loved him unconditionally—even given what he had done—and soon he made a life-changing decision: he invited Jesus Christ to be the Lord of

his life. decision That changed everything! From a wasted life of self-centered living, William Moore became a witness to God's love and mercy, sharing his story, counseling his fellow inmates, and leading Bible studies and prayer sessions within the Georgia State Penitentiary. So dramatic

life that it caught the attention of the Ga. Board of Parole and Pardon. and surprisingly, within hours of his execution, Moore's death sentence was commuted to life in prison. And then, in November 1991, in an action unprecedented in the history of the Board, he was released.

As Lee Strobel sat in his home reflecting on the remarkable change of direction Bill Moore's life had taken. Lee asked him "about the source of his amazing metamorphosis. ... [W]hat was responsible for the transformation of Billy Moore?" 'Plain and simple, it was Jesus Christ,' he declared adamantly. 'He changed me in ways I could never have changed on my own. ... He helped me do the right thing. ... He saved my soul'("The Case for Faith," page 259)."

To the skeptic, I know

was the change in his this sounds like just so much religious spin on the life of a man who was caught. The truth, however, is that in some cases the consequences of a life lived independent of God catch up with us. And then there are times when circumstances lead us to an opportunity to experience what God has to offer and we discover what is. in fact, a new lease on

Living by our drives and selfish interests may seem to be a path to happiness but sooner or later we must pay the piper. Those who have had a chance to invite God into the mix will tell vou without regret that it is the best decision they ever made; they can't imagine why they waited so long. What an honor, indeed, it is to know the Living God!

For more thoughts like these, follow me at indefenseoftruth.net.

LETTERS TO THE EDITOR

To the Editor:

I write this as a concerned former military member and the son and father of those who served this country honorably. Next week, my grandson graduates from the United States Naval Academy to follow in our footsteps.

President Biden nominated four-star gener-

To the Editor:

I am pleased to share with you that the Belknap Mill has been awarded a \$10,000 grant from NH Humanities, made possible through a federal award from the National Endowment for the Humanities. These funds will be utilized for the development of a film based upon the content of our award-winning Industrial Heritage Program, now in its 24th

Bryan and Johanna

al, Lloyd Austin, as our Secretary of defense. Austin held a news conference this week where he stated that the role of our military is to defend America from our foreign enemies. But to do that, we have got to defeat our domestic enemies in our military. Austin believes those enemies to be extremists in

Halperin, Producers for Powerhouse Theatre Collaborative, are developing the script that will follow the original curriculum developed for the program. We will be utilizing local actors to serve in the roles of the mill workers during 1918 when the Mill was in full operation manufacturing socks. The film will be professionally produced and will be made available through the New Hampshire Historical Society's Moose on

Biden is destroying our military ar the military. His view of onel in the Air Force, I not do. Yet Biden and know that the greatest extremists are soldiers who are politically conweapon we have is milservative and believe in itary morale. That mothe strict construction rale makes one soldier risk his life to save the

of the US Constitution. I never thought I would hear my government call some fighting men and women, who put their lives on the line to keep us free, our enemy. As a retired Lt. Col-

Communist China can-Humanities grant awarded

the Loose program, a social studies curriculum and website for Granite State kids, educators, parents, and everyone who enjoys learning about the history of New Hampshire. The film will also be made available to schools throughout the state as a supplement to our in person Industrial Heritage Program field trip or to those schools who are unable to visit

Our subject matter experts will be educator

the Mill.

Barbara Pitsch, an educator and curriculum specialist who developed the Industrial Heritage Program nearly 25 years ago as well as Dr. Richard Candee, Professor Emeritus of American and New England Studies at Boston University. It was Dr. Candee who claimed the Belknap Mill as the 'most important textile mill in the country' and Helga Stamp who has led the program here at the Mill for nearly two decades.

life of a fellow soldier.

Calling soldiers domes-

tic enemies because of

their political opinion

destroys that morale.

This is a harm that even

Austin are making the prophesy of Abraham Lincoln come true. Lincoln said "if destruction be our lot, we must ourselves be the author and finisher."

We must hold Biden accountable for the destruction that he is doing to our military. We can best start to do that by voting the Congressional delegation out of office in the midterm elections. Call me at 320-9524 or email dave@ sanbornhall.net if you want to talk or have cup of coffee.

Cheers,

Rep. Dave Testerman Franklin

Along with the \$10,000 grant from NH Humanities, we also received a generous contribution from Board member Mark Edelstein as well as sponsorship from

Eversource. Powerhouse is currently seeking a boy and a girl who can pass for a fourth grader who will become the eyes through which the fourth graders in schools will "see" the program. Shooting will be in Laconia on July 17 and 18, with a

few rehearsals prior to shooting. Auditions will be by video and all the information on how to audition can be found at https://www. belknapmill.org/powerhouse-auditions. Videos will be accepted through June 15.

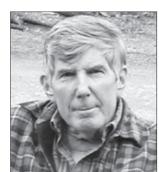
We look forward to sharing the development of this important project with you.

Karen C. Prior Executive Director, Belknap Mill

Laconia

North Country Notebook

Notes from the long way around Lovering Mountain



By John Harrigan

COLUMNIST

We got home late Sunday afternoon from the first unofficial truck tour of the season, which officially begins this weekend. All things spring seem hinged on Memorial Day.

This trip included, toward the end, a barnyard stop to visit with the neighbors on the other side of Lovering Mountain, which divides upper Bear Rock (Stewartstown) from South Hill (on its western end, Colebrook).

The neighbors, onehalf of them anyway, informed us that a pie could not be delivered to someone who was not home to receive it (which would by the process of

elimination be me), leaving me wondering where I was and why I wasn't for the pie that got away.

We also learned, from the other half, that a logging job of significance had been completed. We said that we had already seen the results, and logged it as a job well done. We also noted that Chet Noyes Road is in risk of becoming a Cadillac Road.

This is an old term (which I must have heard from veritable old-timers) that means a road that can be driven on in any luxury car, i.e., "not necessarily a truck road," Cadillac being the long-perceived best luxury car of all. If you say "It's now a Cadillac Road," that pretty much says it all.

So do telephone poles, which we're supposed to refer to as utility poles. "I wonder what those little red flags are for," I had wondered to Glen as we glided by with scarcely a bump, neither one of us having correlated the first coincidence. Yup, pre-calculated and marked for telephone

poles, as in (generally) "where to point the auger."

These days, new telephone poles mean new camps, or at least new trailers, or sometimes seasonal homes, which have a way of becoming year-round abodes. Whatever the case, the operative term is "more."

There are true roads, and then the remains of true roads, and then we get into the barely recognizable remains of roads, and then into the "Where? What Road? I can't see a thing that resembles a road.'

This last category can mean an old skid road. In answer to a lot of mail on this subject (there is actually none), "skid" is an old term for the equally old "twitch," or to pull behind a horse. A twitch (noun) means as many logs (usually two or three) as a horse can get started and pull to the log-landing.

A log-landing of old was a place where logs could be skidded onto a crib-works along a river



A5

The North Country was at least a week (call it 10 days) behind the rest of the state on Sunday, as apple blooms and dandelions went the way of the winds.

or lake, or along a road, where the logs or fourfoot pulpwood could be loaded onto a truck.

Today the term means a yarding area where skidder---bigger than a tractor, hinged at the middle, each axle operating independently---can haul logs to be loaded onto a truck.

My oldest friend (from Nashua Telegraph days,

ca. 1968) was up for the weekend, and was game for anything the day would bring. This day brought a tour of East Columbia, and included most of East Colebrook before we got over onto the west slope of Lovering Mountain, and called it quits.

Everywhere, things were in bloom. The apple blossoms marked roadsides and the remains

of old stone walls and hedgerows. The dandelions had already gone to seed. Another good rain, and a good windstorm. and it would all be gone.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH

~ Comfort Keepers

Home care tips for improving memory for seniors

BY MARTHA SWATS Comfort Keepers

One in nine adults in the U.S. over the age of 45 reports memory issues.

seniors with For memory issues, receiving care while remaining in their home can further enhance their quality of life. This is true for those with minor memory problems that result from age or for those with Alzheimer's, dementia or other forms of memory loss. A familiar environment can reduce confusion improve mental engagement, and being surrounded by beloved objects and memory cues can foster a sense of

connection and peace. For older adults, there are some conditions that progress over time and have a significant effect on memory. However, lifestyle changes may help control memory problems and help seniors continue to remain independent at home with a little extra help from family or a professional caregiver.

Mental exercise: Research has shown memorization helps keep the brain healthy. Learning how to play an instrument or fix a car, and even teaching others, strengthens the brain's circuits.

Take a class: Formal education works the brain through the learning process. For those that want to keep their mind sharp, many colleges and universities offer courses at low cost or for free to seniors.

Socialize: Seniors who interact regularly with friends, family, and community are less likely to experience cognitive decline and can experience a better sense of overall wellbeing. Those

who are unable to drive can enlist the help of family and friends to get to social engagements or seek the assistance of a caregiver.

Get up and move: Exercise is a great way to help keep the mind sharp. Seniors that are interested in increasing their physical activity should consult with a physician before beginning an exercise program.

Eat well: Good nutrition benefits the mind and the body. Healthcare professionals can suggest dietary guidelines and/or supplements that can help with memory issues.

Believe in yourself: Scientists are not sure why self-efficacy seems to ward off mental decline, but it may have to do with a person's ability to manage stress.

Organize the home. Creating to-do lists, calendars, a dedicated spot for keys and items that are often lost, and ensuring that things are put back after use can help those with memory issues feel comfortable and confident.

Get enough sleep. Lacking sleep can contribute to memory loss, so seniors should take steps to improve their

Taking an active role in engaging the mind can help older adults continue to live with purpose, connection and

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joy. To learn how professional caregiving can help seniors stay active, social, and engaged, contact your local Comfort Keepers® office today.

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Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients can include companion care, respite care and Alzheimer's and dementia care. Our caregivers can provide transportation to community events, support physician-prescribed exercise and diet regimens, provide companionship and help families stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

About Comfort Keepers

Comfort Keepers is a leader in providing inhome care consisting of such services as companionship, transportation, housekeeping, meal

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529 plans: More versatile than ever

If you have children or grandchildren, you may already be somewhat familiar with the 529 plan, a popular education savings vehicle. But you may not have kept up with some recent changes in the plan's capabilities and in the educational environment in which the plan might be used.

Let's start with the learning environment. During the COVID-19 pandemic, colleges and universities switched to online classes, or at least to a hybrid of in-person and online. And even before the pandemic, many schools offered remote classes, though obviously not to the same extent. But after COVID-19 subsides, it's likely that the online component will remain an important part of higher education. What does this "new world" mean for you, when you're saving for college? Will a 529 plan still be relevant?

In a word, yes. First of all, a 529 plan can offer tax advantages. Earnings in a

529 plan are federally tax-free, provid-

ed the money is used for qualified educational expenses. And if you invest in your own state's 529 plan, your contributions may be tax deductible. (Withdrawals used for expenses other than qualified education expenses may be subject to federal and state taxes as well as a 10% penalty.) Because tax issues for 529 plans can be complex, you'll want to consult with your tax advisor

before investing.
Online learning costs are eligible for a 529 plan's tax benefits just as much as those incurred from in-person classes. Tuition, textbooks, supplies, computers and services - all of these should qualify, assuming the school meets certain criteria. Also, students enrolled half-time or more don't have to live in a dorm for room and board expenses to be covered by a 529 plan - they can live in off-campus housing. However, these room-and-board costs typically must equal the cost of living on campus. Some schools identify a specific

Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

cost for "commuters" or "at-home students," so you will need to contact the college directly to determine qualified room-and-board costs Now, let's take a quick look at what

some changes in the rules governing 529 plans over the past few years might mean for you. Eligible expenses from your 529 plan include the following: • K-12 expenses – Parents can withdraw up to \$10,000 per student, per year, from their 529 plan to pay for tuition expenses at elementary and

secondary schools. So, if you intend to send your children to a private school, this use of a 529 plan might interest

• Apprenticeships - 529 plans can be used to pay for fees, textbooks, equipment and other supplies connected to apprenticeship programs registered

with the Department of Labor. These programs, typically offered at a community college, combine classroom instruction with on-the-job training.
• Student loans – Families can withdraw funds from a 529 plan to repay the principal and interest for qualified education loans, including federal and most private student loans. There's a lifetime limit of \$10,000 for student loan repayments per each 529 plan beneficiary and another \$10,000 for each of the beneficiary's siblings. All of these newer uses of 529 plans

may contain additional guidelines and exceptions, and state tax treatment varies, so you'll want to consult with your tax advisor before taking money from your account. But it's valuable for you to know the different ways you can put a 529 plan to work.



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Harbor Freight Tools to open new Gilford store

GILFORD — Harbor Freight Tools, America's go-to store for quality tools at the lowest prices, will officially open its new store in Gilford on Saturday, June 5 at 8 a.m.

The Gilford store, located at 1458 Lakeshore Rd., is the ninth Harbor Freight Tools store in New Hampshire. The new store brings approximately 25-30 new jobs to the community. The store will be open seven days a week from 8 a.m. to 8 p.m. Monday through Saturday, and from 9 a.m. to 6 p.m. on Sunday. Store photos and logo available upon request.

Customers will receive a free bucket with a \$24.99 purchase (while supplies last) on the grand opening day only.

"We're ready to serve and deliver value to customers in Gilford and all of Belknap County," said Andrew Barrington, store manager. "At Harbor Freight, we recognize that now, more than ever, our customers depend on Harbor Freight for the tools they need to get the job done at an affordable price. We are the place for quality tools at the lowest prices for mechanics, contractors, homeowners and hobbyists—any tool user who cares about value."

The store will stock a full selection of tools and equipment in categories including automotive, air and power tools, storage, outdoor power equipment, generators, welding supplies, shop equipment, hand tools (which come with a lifetime warranty) and much more. At 15,000-square-feet, stores are much easier to shop than the huge home centers.

Harbor Freight recently introduced the Harbor Freight Credit Card, which customers can apply for in-store. Once customers apply for a Harbor Freight Credit Card, if approved, they can earn 10% off their first purchase, and 5 percent back on their future purchases in Harbor Freight Money to spend on anything in the store. Or, they can choose no interest with equal monthly payments on purchases of \$299 or more ... that means no interest ever on their promotional purchase amount. Details can be found at www.harborfreight.com/credit.

During the COVID-19 crisis, all Harbor Freight stores have implemented more frequent cleaning and are following the guidelines from the Center for Disease Control, including social distancing to protect the health and safety of our customers and associates. Any individual who has any COVID-19 symptoms is asked to shop on our website. www.harborfreight.com rather than in our stores.

Company background Harbor Freight Tools was founded in Southern California in 1977, when 17-vear-old Eric Smidt began transforming his father's small sales business into a successful mail order company. That first year, Eric cut out the middlemen and sourced tools directly from the factories, realizing that if he could buy tools directly for less, he could pass the savings on to the customer.

Today, Harbor Freight has more than 1,100 stores across the country with more than 23,000 employees. The company is still family owned and remains true to its humble beginnings while serving more than 40 million customers who depend on Harbor Freight's quality and value to earn a living, repair their homes and cars, and pursue their hobbies.

With core values of excellence, continuous improvement and doing the right thing, Harbor Freight Tools is working to constantly improve the quality of its products and is introducing hundreds of new tools accessories each year with the features, performance and durability of the best brands on the market—but at a fraction of the price.

Harbor Freight Tools offers customers even deeper discounts with special coupon pricing.

Customers can sign up to receive a monthly coupon book by mail with dozens of product coupons and additional discounts. Customers can also receive additional discounts by email. To sign up, visit Harbor-FreightSignUp.com.

Giving back Another of the company's core values is giving back to the communities it serves.

In order to help protect healthcare workers caring for COVID-19 patients, Harbor Freight recently donated its entire stock of nitrile gloves, N-95 masks and face shields to hospitals in every community served by a Harbor Freight Tools store.

Harbor Freight Tools is also a major supporter of Harbor Freight Tools for Schools, an initiative of The Smidt Foundation, established by Harbor Freight's founder Eric Smidt, to advance excellent skilled trades education in public high schools across America. The program's flagship program is the annual

Harbor Freight Tools for Schools Prize for Teaching Excellence, which honors 18 outstanding public high school skilled trades teachers their programs with \$1 million in cash awards. High school skilled trades teachers are encouraged to apply for this year's prize at hftforschoolsprize.org. The Prize will launch on March 24, and applications will be accepted until May 21. Winners will be announced in October 2021.

Harbor Freight Tools also supports non-profit organizations that serve K-12 public education, first responders and veterans. For more information on the gift card donations program, visit harborfreightgivingback.org.

For more information about Harbor Freight Tools, visit harborfreight.com. Follow the company on Facebook, Twitter, Instagram and YouTube.

Temple B'nai Israel announces virtual Jewish Food Festival

LACONIA — The 2021 New Hampshire Jewish Food Festival continues with its 2020 virtual format, but with a greatly expanded menu and some additional surprises. The talented culinary teams of Temple B'nai Israel will be cooking and baking in the temple kitchen preparing hundreds of servings of the most delectable foods and baking the most popular desserts. This is the once-a-year opportunity to place orders for your favorite Jewish foods. The website will be open for ordering beginning June 1 at tbinh.org. Orders will be prepared and ready for pick up, curbside, by appointment, on July 30, 31 and Aug. 1.

TBI is excited to introduce a special member of the Jewish Food Festival cooking team this year. "Bubbie" (Yiddish for grandmother) will enthrall you with her "Kitchen Adventures" series of stories from TBI kitchen. Each week beginning June 1, the opening day for online ordering, Bubbie's stories will be posted on the TBI website. Log on and enjoy "Bubbie's Kitchen Adventures."

New for 2021 is the offering of a custom deli sandwich "Picnic Pack" made up of fresh, readyto-eat items. The pack includes one pullman style (rectangular shape) loaf of Jewish style rye bread. Your choice of three deli meats in halfpound packages. (Mix and Match- one and a half pounds in total)-Corned beef, Tongue, or Black Pastrami (Boston style). Six crispy green half sour pickles fresh from the barrel, two pints of freshly prepared homemade coleslaw, one container of handmade deli style horseradish mustard and one pound of home baked rugelach for dessert. Picnic Packs are a great way to take the Jewish Food Festival

behind the scenes in the from "dining under the tent" on temple grounds to dining at the park, the beach, on the boat or at

> Along with the new Picnic Pack offering, the Jewish Food Festival's main menu includes the homemade traditional Jewish style foods that everyone craves but is hard to find in this part of New Hampshire. Most items are sold frozen in multi-packs with instructions for heating at home.

The brisket is slow cooked and available in half pound packages with savory gravy. Evan's Deli of Marblehead, MA supplies the corned beef, pastrami, and tongue, sold fresh also in half pound packages. The matzah ball soup is a rich homemade chicken broth with fluffy matzo balls and carrots, just like Bubbie used to make. The TBI kitchen "mavens" (experts) create amazing extra crispy potato latkes. The

blintzes are lightly fried crepes and filled with a mixture of farmers and cream cheese. The knishes are authentic "New York Style" with a flaky pastry crust filled with hand ground beef brisket or a mixture of potato and onion. One of the most requested items is an 8" square pan of noodle kugel, the ultimate comfort food. Medium-width noodles are baked in a sweet cream custard, topped with cinnamon-frosted flake crumbs. If chopped

chicken liver or chopped herring is what you have been craving for the last year, wait no more as these items will be available, freshly prepared and refrigerated. Included on the menu are the best of the traditional Jewish desserts - rugelach, strudel, and hamantaschen.

Visit the Temple B'nai Israel website, tbinh.org, for more details and in-

Powerhouse Theatre Collaborative announces movie auditions for kids!

LACONIA — Powerhouse Theatre Collaborative, the comtheatre munity-based program of the Belknap Mill has several opportunities for kids to be involved in their productions including 4 projects in the next 8 months! We are currently seeking auditions for a boy and a girl to participate in a movie featuring the historic Belknap Mill.

The Belknap Mill was recently awarded a generous grant from NH Humanities, along with additional support from Eversource to create a film version of the Belknap Mill's award-winning Industrial Heritage Program where fourth graders from all over New Hampshire come to the Mill to experience a day in the life of a mill worker in 1918. The Mill has turned to its inhouse performing arts company, Powerhouse Theatre Collaborative, to adapt the Mill program into a script and produce the movie that will allow kids to experience the program from their own classrooms.

Says Powerhouse's producer Johanna Halperin, "Due to the pandemic, kids were unable to attend the Industrial Heritage program in 2020 or 2021, so the Mill team wanted to find ways we could bring the Mill to them. This movie will recreate the experience in a format that can be shared with schools across New England and around the world!'

But the first step is casting, and Powerhouse is seeking a boy and a girl who can believably pass for a fourth grader who will become the eyes through which the fourth graders in schools will "see" the program. Actors should be able to memorize lines, be comfortable rehearsing and acting with adults, and be available for the shoot in Laconia on July 17 and 18. There will be a few rehearsals prior to shooting.

Auditions will be by video and all the information on how to audition can be found at https:// www.belknapmill.org/ powerhouse-auditions. Auditioners will fill out the audition form and send a video introducing themselves and performing the provided audition speech. Videos will be accepted through June 15.

While at the Web site, check out three other audition opportunities for kids including two chances to perform on the Colonial stage, and the opportunity to participate in a staged reading of a brand new musical! Auditions for the Colonial productions will be August 29, in person, and auditions for the reading will be by video submission.

Powerhouse Theatre Collaborative's 2021 season is generously sponsored by Spectacle Live. For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to become a sponsor, visit www.belknapmill.org or email powerhouse@ belknapmill.org.

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SOFTBALL

CONTINUED FROM PAGE A1

7-0 lead. Stone worked a walk to keep the inning going, but Skourtis got a strikeout and a groundout to end the inning.

Hall struck out the side in the bottom of the third inning and the Belmont bats came out and put the finishing touches on things in the top of the fourth. Fleming led off with a base hit and then Stephens crushed a homer for the 9-0 lead. Lima reached a dropped third strike, Burke worked a walk and Allen walked to load the bases. Stone

beat out an infield hit to plate another run and a Lena Rodrigues base hit drove in two more runs. A Perkins base hit plated another run and a Fleming hit made it 14-0. Stephens and Hall worked walks to plate another run and a Lima walk upped the lead to 16-0. Laura Slate took over in the circle for the Bears and got a strikeout and a pop up to catcher Raina Matthes ended the

Lia Dalton had a bases hit with two outs in the bottom of the fourth inning, but she was caught stealing to end the inning.

Stone started the top of the fifth with a base hit and one out later. Perkins had a base hit, but a pop fly to left and a grounder to short brought the inning to a

Matthes had a leadoff base hit in the bottom of the fourth but Hall came back and struck out the next three batters to end the game.

Hall finished with 12 strikeouts in her five innings while Skourtis finished with four strike-

The two teams met again two days later and Belmont took the 17-0 win. Rebecca Kulen-

gosky had a triple and Auger had two hits to lead the Bears.

Both teams scheduled to wrap up the regular season after deadline on Wednesday. The Division III tournament starts on Monday, May 31, and continues on Wednesday, June 2, both at the home of the

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Winnisquam's Delaney Skourtis takes a lead behind Belmont's Madi Lima in action last Monday

VIRTUDENT

CONTINUED FROM PAGE A1 to our children, many of whom experience extreme stress when visiting dental providers off-campus," said Todd Emmons, President & CEO, Spaulding Academy & Family Services. "Our organization is dedicated to achieving optimal physical and emotional health for the children in our care, and these generous and convenient teledentistry opportunities provide a helpful solution."

For more information about Spaulding Academy & Family Services and its comprehensive programs and services, visitSpauldingServices.

About Virtudent Founded in 2014 and headquartered in Boston, Virtudent is changing the face of dental healthcare delivery. Virtudent provides preventive dental care and care coordination through teledentistry services, on-site services and virtual support. Since its founding, it has been available to over 1M individuals in 15 states and has care coordinated more than 10,000 patients. Virtudent maintains an average patient promoter score (NPS) over 90 for all of its services. For more information, visit www. virtudent.com.

About Northeast Delta Dental

Northeast Delta Dental is the region's most trusted name in dental insurance for companies of all sizes, individuals, and families in Maine, New Hampshire, and Vermont. Northeast Delta Dental administers dental benefits for nearly 960,000 people. Northeast Delta Dental is a member company of Delta Dental Plans Association the nation's largest provider of dental benefits. DDPA is a network of 39 independent dental service organizations that conduct business in all 50 states, the District of Columbia, and Puerto Rico. Learn more at nedelta.com.

Spaulding Academy & Family Ser-

& Family Services is a leading provider of educational. residential. therapeutic and community-based programs

and services for families, and children and youth with neurological, emotional, behavioral, learning or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Established in 1871, Spaulding Academy & Family Services is a tax-exempt 501(c)(3)nonprofit that was formerly known as Spaulding Youth Center since 1958. Our scenic hilltop campus is located on over 500 acres in Northfield, NH and welcomes boys and girls from ages 4 to 21 from around the state of New Hampshire and beyond. In addition to programs provided on our Northfield campus, Spaulding's community-based programs include foster family licensing, Individual Service Option (ISO) foster care, ISO in-home services, child health support services, and more for children ages 0 to 20 and their family. For information about Spaulding Academy & Family Services, visit www.



SALT LAKE CITY, Utah — Lawrence Major, of Loudon was named to the University of Utah's Spring 2021 Dean's List. Major's major is listed as Pre Business

Major was among more than 8,700 students named to the Fall 2020 Dean's List the U. To qualify, students must earn a GPA of 3.5 or higher in at least 12 graded credit hours during any one term.

The University of Utah, located in Salt Lake City in the foothills of the Wasatch Mountains, is the flagship institution of higher learning in Utah. Founded in 1850, it serves over 32,000 students from across the U.S. and the world. With over 100 major subjects at the undergraduate level and more than 90 major fields of study at the graduate level, including law and medicine, the university prepares students to live and compete in the global workplace. In 2019, the university was selected as a new member of the Association of American Universities-an invitation-only, prestigious group of 65 leading research institutions marked by excellence in academic expertise and research impact, student success, and securing resources in support of core missions. Known for its proximity to seven world-class ski resorts within 40 minutes of campus, the U encourages an active, holistic lifestyle, innovation and collaborative thinking to engage students, faculty, and business leaders.

LEBLANC

CONTINUED FROM PAGE A1

"Ten years doing this has been a trip," LeBlanc told the players gathered on the diamond. "It's been fun, from the first class to this class, it's great to see you guys all come back.

"I remember the first win like it was yesterday," he continued.

"I thank you all a lot, you've given me a lot of fun and a lot of anxiety."

LeBlanc, who is in his 10th year at the helm of the Raiders and is coaching in his ninth season, was pleased to see so many people come back for the small celebration.

"You guys coming back, it means a lot," LeBlanc said. "Not everyone gets to do this,

I'm lucky I can do this. I am a different person than I was in my first

SpauldingServices.org.

"But 100 wins, that's all on you guys," he said. "Here's to 100 more."

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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LIBRARY

The Belmont Public Library is open six days a week and any time at belmontpubliclibrary. org, serving the commu-

CONTINUED FROM PAGE A1

nity with books, digital resources, and cultural programming. In 2018, the library celebrated 90 years in the same building and 125 as Belmont's

For more information, contact: Eileen Gilbert 267-8331 bpl@belmontnh.org PO Box 308 Belmont NH 03220

SASHA

Sasha is a wonderful girl who loves to play! She is perfect if you are looking for lots of personality in a medium sized package! Sasha loves to play with her toys, and already has excellent house training habits. Sasha is working on her leash skills, impulse control skills, and sharing her things. She is looking for a quiet home, where she can continue building her skills with positive reinforcement, and get lots of play time and walks! Sasha would do well in a home with adult humans, no cats, and no dogs- she wants to be your one and only four legged friend!



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LOCAL NEWS May 27, 2021 WINNISQUAM ECHO

Goldman earns prestigious Certified Public Safety Executive Professional designation



LACONIA — Lakes Region Mutual Fire Aid provides 24x7 professional Fire/EMS Emergency Communications Dispatch services and mutual aid coordination to 35 communities in the Lakes Region of New Hampshire.

LRMFA Chief Coordinator Jonathan M. Goldman has successfully completed the coursework necessary to achieve the professional designation as a Certified Public Safety Executive (CPE).

The CPE designation,

conferred by the Association of Public Safety Officials (APCO), is the only executive leadership program focused specifically on the public safety communications

profession. It consists of two 12-week online courses in addition to a ten-day capstone semi-

The first of the online courses begins with an introduction to leadership concepts, leadership issues, models of leadership and leadership in the 21st century. The second course explores how leaders provide vision, manage change, and ensure accountability. The program culminates with the capstone course, during which participants draw on what they have learned during the

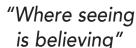
program to tackle chal-

lenging case studies.

"We are the leaders of our industry. We are the ones that need to forge ahead and make the changes we want to see," class president Tammy Wright, of the Berlin, Conn. Police Department, said. "We need to lead our profession into the next generation by being brave leaders who create courageous cul-

Achieving this designation signifies Chief Goldman's commitment to his career in emergency communications, and public safety dispatch. Chief Goldman is the only CPE in New Hampshire, and one of only 125 graduates of the CPE program in the United States, with only five CPE's in New England.



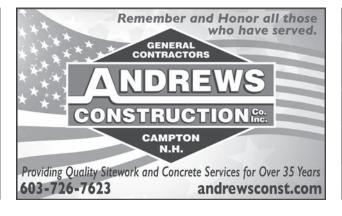


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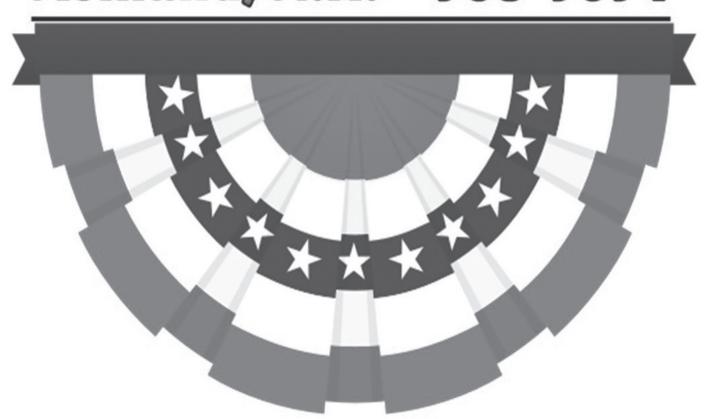
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Summer theatre is back onstage!

MEREDITH — The Interlakes Theatre will once again be offering a season of professional musical theatre this summer at the Interlakes Auditorium at One Laker Lane, Meredith.

The season will begin with "A Chorus Line" June 30-July 18, and will star Ashley Meeken as "Cassie" and will be directed/choreographed Gustavo Wons "La Cage," ("Evita," Saturday Night Fever"). This classic groundbreaking collaboration between Marvin Hamlisch and Michael Bennett is about Broadway dancers auditioning for a spot on "the line." Winner of nine Tony Awards and the 1976 Pulitzer Prize for Drama, the show provides a glimpse

into the personalities of the performers and the events that have shaped their lives and their decision to go into "the business."

The second show, "I Do! I Do!" July 21-Aug. 1,\ was written as a star vehicle for Mary Martin & Robert Preston, but here in Meredith will star Emma Flynn ("South Pacific," "Mamma Mia," "Gypsy") and Andrew Widger ("Mamma Mia," "Saturday Night Fever"). The show ran on Broadway for a year in 1966 and was nominated for seven Tony Awards. This production will be directed by Nancy Barry.

The third show of the season will be "Little Shop of Horrors" Aug. 4-15 — a musical that spoofs the film of the

same name from the 1950's black & white sci fi genre. Directed by Amanda Coffin ("Mamma Mia," "Honk, Jr.," "Wizard of Oz"), this show will also feature Emma Flynn as Audrey, Andrew Widger as The Dentist, and newcomer Jake Ziman as Seymour. Finally, Interlakes Theatre is excited to welcome back Solomon Kee, in a new show called "Sammy Davis, Jr. Live at the Palace" Aug. 17-22, featuring celebrity guests including Frank Sinatra, Barbra Streisand, Diana Ross, Judy Garland, and Dionne Warwick.

The theatre will also be presenting two productions performed by our Youth Company, "Peter & The Starcatcher," on July 17 & 18 and "Frozen, Jr." on Aug. 14 & 15.

This summer, there will be limited seating, as we are committed to maintaining three-foot distancing for all of our patrons. We also plan to uphold the Inter-Lakes School District's mask mandate for the audience at all times while they are in the building. We want all of our patrons to feel safe and stay well-whether or not they are vaccinated. To help accommodate all of our patrons, we have added some Tuesday matinee & evening performances.

If you are a flex pass holder or a subscriber, you may have already heard from the theatre about booking this year's tickets. If not, please email us at in-

COURT

Ashley Meeken will appear as "Cassie" in Interlakes summer Theatre's season opener, "A Chorus Line," June 30-July 18. Visit www.interlakestheatre.com or 707-2856 for more information.

terlakestheatre@gmail. com and we will reserve your seats. If you do not use email, you may leave a message at 707-6035. If you would like to roll your tickets over to 2022, that is also an option. If you have no tickets and

would like to buy some, they can be purchased online at www.interlakestheatre.com or by leaving a message on the Box office line at 707-6035.









The staff and residents at **Wesley Woods** Honor all those who have sacrificed this Memorial Day

Wesley Woods Homes in Gilford

For more information about our active 62+ Community, please contact Carrie at 603-528-2555 or cchandler@wesleywoodsnh.org.

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Waldron pitches Belmont past Winnisquam





Belmont catcher Jason Gaudette gets the tag on Winnisquam's Noah Pearson in action last Monday in Tilton.

BY JOSHUA SPAULDING

TILTON — As his team took the field against Winnisquam on Monday, May 17, Belmont baseball coach Matt LeBlanc noted he was hopeful his team could reverse its recent trend against the top starters from other teams.

Winnisquam coach Fred Caruso gave LeBlanc that chance, when he sent ace Phil Nichols to the hill and the Raiders did what their coach was hoping they would, breaking out for a 7-2 win over the Bears.

"We wanted to get aggressive against Phil, because we knew he's a topnotch pitcher," LeBlanc said. "We had to step up and be aggressive."

"I think, after what we went through last week, we had a little emotional letdown," said Caruso. "Belmont came to play, give them all the credit, they played a great

game." It was kind of a slow start for both teams, as the first two innings went quietly. Nichols worked around a Nate Sottak infield hit in the top of the first inning, getting a pair of strikeouts, while Belmont starter Liam Waldron worked around a Kadin Burns double in the bottom of the inning, with both teams leaving runners stranded on third

Nichols struck out the side in order in the top of the second and Waldron came back and set the Bears down in order in the bottom of the inning, not allowing a ball out of the infield.

Belmont was able to get on the board in the top of the third inning. Matt Krasnecki worked a walk and one out later, Waldron doubled and Krasnecki scored on an error. Jonny Phillips followed with a base hit to drive in another run and after Sottak walked, Jason Gaudette was hit by a pitch and a Jamison Gaudette double plated one run, with the Bears cutting down the next runner at the plate to end the inning with Belmont up 3-0.

Belmont got a hit from Oliver Mahoney and a walk from Waldron in the top of the fourth inning, but Nich-

base hit and came around to score when a Nichols single was compounded by an error. Chaz Hibbert and Noah Pearson both reached on walks and Kyler Bourdeau delivered a base hit to plate one run, but the Raiders were able to gun down Pearson trying to score to end the inning.

ols got a strikeout to get

Burns started the bot-

tom of the fourth with a

out of the inning.

Sottak opened the top of the fifth with a base hit and took second on an error. One out lat-Jamison Gaudette walked and an Andrew Rowley grounded out to plate the fourth run for Belmont.

Waldron continued to pitch well, setting the Bears down in order in the bottom of the fifth inning and his team added three more runs in the top of the sixth. After Nolen Perrino made a nice play at third base for the second out of the inning, Waldron reached on a dropped third strike and Phillips worked a walk, prompting Caruso to make the pitching change, with Burns taking the hill. Sottak then reached on an error to drive in one run and Jason Roberts took over on the bases. Jason Gaudette then delivered a base hit to drive in two and push the lead to 7-2 before Burns got a grounder to second to end the inning.

Burns reached on an error to open the bottom of the sixth and one out later, Hibbert was hit by a pitch and Nate McKinnon took over the bases. After both runners advanced on a passed ball, a fly ball to left and grounder back to the mound ended the inning.

Nolen Perrino comes across the mound and makes a throw in action last week in Tilton.

Both teams went in order in the seventh inning, closing out the game with the 7-2 win for Belmont.

"Once we got the ball rolling, it kept going," said LeBlanc. "It was nice to see the guys step up, they really earned that win.

"And Liam was excellent on the mound," the Belmont coach continued. "That was his second outing in a row where he looked really, really good.

"We made plays behind him, that's been our Achilles' Heel," LeBlanc added. "When we allow extra outs, that hurts us."

"Their kid threw a good game, he kept us off balance," Caruso said. "We want to be aggressive, but there's a fine line between being aggressive and swinging at everything.

"We only hit a couple of balls hard," the veteran coach continued, also noting while it was disappointing having the tying run gunned down at the plate, it was worth the chance.

"It was 3-2, with the tying run going to the plate, we're going to try to score that run and make them make a perfect throw," Caruso said. "And they did that."

Nichols finished with 10 strikeouts before leaving the game in the sixth, while Waldron had a pair of strikeouts in his complete game effort.

Two days later, the Bears came through with a 4-1 win in Belmont.

Marcus Korenkiewicz pitched a complete game for the Bears, allowing just two hits and one run while striking out four. Sottak got the start for Belmont, going five innings, allowing just six hits and four runs while striking out four. Krasnecki finished things up on the mound.

Nichols led the way with three hits on the day, while Hibbert had two RBIs.

Both teams wrapped up the regular season after deadline Wednesday. The Division III tournament kicks off for Belmont on Monday, May 31, hosting White Mountains, with the winner moving on to face Winnisquam on Thursday,

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bears get in final tune-up for State Meet

BY JOSHUA SPAULD-**ING**

Sports Editor

TILTON — The Winnisquam boys' track team won the final meet of the regular season on Saturday, besting Raymond and Plymouth. The Bear girls finished in third place, with Plymouth getting the win.

One of the highlights of the day was Winnisquam sweep of the top five spots in the 800 meters, which determined who would run in the

4X800-meter relay in the division championships. Riley Mann won in 2:06.93, Dylan Robert was second in 2:08.13, Jacob Seavey was third in 2:10.66 and Joey Damato finished fourth in 2:14.15 to claim those relay spots, while Evan Griffin finished in fifth in 2:14.48.

For the boys in the 100 meters, Nathan Lavoie came home in second place with a time of 12.27 seconds. Devin French finished in third place

in 6:41.89 in the 1.600 meters and Caelan Roberts finished in fourth place in 7:29.37.

Patrick Goodwin finished in second place in the 400 meters with a time of 56.81 seconds and Lavoie finished in a time of 59.19 seconds for fourth place.

Aidan Donahue finished second in the 200 meters in a time of 24.6 seconds and Goodwin finished in 26.65 seconds.

Paul Laraway won the 3,200 meters in a time of 16:55.17, with Robert in second place in 16:56.66.

Nick Pyra was second in the javelin with a throw of 123 feet, 10 inches, Roberts threw 81 feet, seven inches, Carter Fredette threw 78 feet, nine inches, Elijah Livingston threw 59 feet, 11 inches and Kiernan Harris threw 56 feet, four inches. Goodwin was second in the discus with a toss of 88 feet, six inches, Pyra was third at 83 feet, five inches, Fredette threw 77 feet, four inches and Harris threw 69 feet, 10 inches. In the shot put, Harris threw 31 feet, 1.5 inches, Fredette threw 28 feet, 11 inches, Laraway tossed 27 feet, 10 inches and Roberts threw 27 feet, 8.5 inches.

The Bear boys swept the long jump, with Cooper French in first at 16 feet, four inches, Lucas Robdau in second place at 15 feet, seven inches and Devin French threw 15 feet, two inches for third place.

The Bears also swept the triple jump top three spots, with Leighton Morrison first at 37 feet, 4.5 inches, Robdau in second at 35 feet, six inches and Cooper French in third at 35 feet, six inch-

The 4X100-meter relay team finished in 48.2 seconds for first place.

For the Bear girls, Lily Webster ran a personal best in the 400 meters to take the win, crossing in 1:10.74. She also finished the 100 meters in 15.07 seconds.

Marguerite ran to the win in the 3,200 meters with a time of 17:22.36.

In the javelin, Webster threw 38 feet, seven inches and Parker threw 34 feet, four inches, while

Parker threw 63 feet, two inches in the discus and 19 feet, three inches in the shot put.

Webster set a personal best in the long jump with a leap of 13 feet, 1.5 inches, which placed her in third overall.

Donahue (200, high jump), Seavey (400,4X800), Goodwin (400,4X400), Mann (800,4X800), Damato Griffin 4X400, 4X800), (800,4X400), Robert (1,600, 4X800), Lavoie (4X400), Robdau (triple jump) and Morrison (triple jump) all qualified for the Division III State Meet, which took place after deadline Wednesday in Gilford.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, May 27

BELMONT Baseball at Kingswood; 4 Softball at Kingswood; 4 **GILFORD** Boys' Lacrosse at Laconia; 6 Girls' Lacrosse vs. Laconia; 4

All schedules are subject to change.

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WINNISQUAM ECHO May 27, 2021 A11





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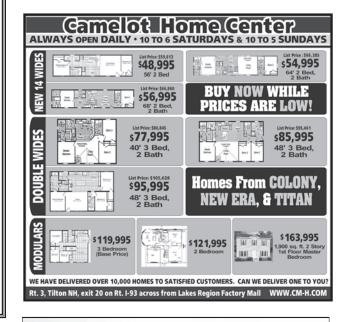
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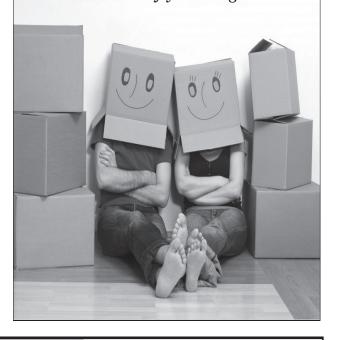
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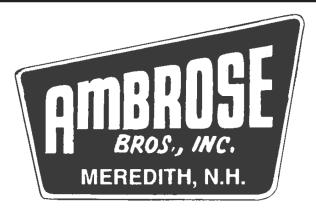
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Job Opportunity

Shared Administrative Assistant

Bristol is busy with many ongoing and new projects, and we are looking for a teammate that will hit the ground running on Day 1. We strive to create a business-friendly environment to help our town's tax base grow while balancing the need to preserve our beautiful surroundings, and you will be on the front line of helping us get there.

This is a part-time, 29 hour per week position, pay range \$14.00 - \$15.50 per hour. For more information and a full job description please visit the Town of Bristol website under Job Opportunities or contact the Land Use Manager's Office. Applications will be accepted until the position is filled. Bristol is an Equal Opportunity Employer.

VARNEY-SMITH

Lumber Company, Inc.

CDL TRUCK DRIVER/ YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- · Loading-off loading incoming and outgoing deliveries
- · Must be conscientious, self-motivated, good with people, a team player
- Able to lift a variety of building materials

- · Competitive Wages

- Vacations
- Overtime pay

Please Apply in person at 2701 Route 302, Lisbon, NH 03585

- Preferably long-term employee

Benefit to include:

- Health Insurance
- Holidays

No phone calls please.

Saturday - 05/22/2021 11:00am-3:00pm

HIRING FAIR

Waterville Valley Resort Conference Center **Summer Camp Positions**

Banquet servers, cooks, dishwashers, food truck team Central Reservations agents, front desk, housekeepers, Custodial, trail crew, bus drivers...and more!!!

WV is hiring for full-time, part-time, seasonal and year-round. WATERVILLE VALLEY RESORT

Precision Lumber Inc.

IMMEDIATE OPENINGS SAWMILL AND PLANER MILL WORKERS

DAYTIME SHIFT BENEFITS INCLUDE

VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person or email precisionlumber@lumbemh.com

to request us to email an application Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282 WWW.LUMBERNH.COM

TOWN HOUSE APARTMENTS * 2 & 3 BEDROOMS

NORTHERN VIEW APARTMENTS

W. Stewartstown, NH Heat, Hot water and Electric Included

On-site Laundry

24-hour Maintenance

Federally subsidized -

must meet income guidelines Rents based on 30% of your gross income

PLEASE CONTACT FOXFIRE PROPERTY MANAGEMENT FOR AN APPLICATION AT

(603)228-2151 ext.312 or (TDD) 800-545-1833 This institution is an Equal Opportunity Provider & Employer



WANTED DJ's Septic has an immediate opening for CDL-B drivers... don't have a CDL, earn your CDL while working for us. Our season has started and we are looking to add to our team.

Call (603)569-5286 for immediate consideration.

To place <u>your</u> classified line ad please call our TOLL FREE number: 1-877-766-6891



INTER-LAKES SCHOOL DISTRICT

Full-Time Custodian

The Inter-Lakes School District is seeking a full-time Custodian to perform routine cleaning and minor maintenance for school buildings. Previous experience preferred.

Applications can be found at:

https://www.interlakes.org/administration/human-resources

Submit applications to:

Ashley Dolloff, Human Resources Director ashley.dolloff@interlakes.org Inter-Lakes School District 103 Main Street, Suite 2, Meredith, NH 03253

> Positions open until filled. **EOE**

Part-time **Administrative Assistant**

needed for busy Plymouth Law Practice Mon -Thurs 20 hours

Contact via email only: centurion1001@gmail.com

salmonpress.com



Open Positions:

Stitching Machine Operator

- Utilize a variety of industrial single needle, double needle and programmable machines to stitch one of over 100 operations to complete the firesuit shell or liner
- Cross training may include learning Snapping, Seam Seal, Automated Stitching, and Trim, Material preparation, Labeling, Inspection, Matching and Final packaging. OPEN TO ENTRY LEVEL CANDIDATES.

Special Knowledge, Skills and Abilities Required:

- Ability to Read, Write and Speak English
- Basic knowledge of computers or tablets Possess a willingness to learn
- · Enjoy working with your hands
- · Able to sit and/or stand for long periods of time · Able to lift approximately 30 pounds
- · Have strong organizational skills · Possess a high attention to detail
- Candidates with experience in the following areas
- are encouraged to apply: Quality Control and Inspection
- Assembly / Crafting / Knitting
- · Stitching / Quilting
- · Machine Operation

Order Processing Associate / Customer Service

 Assist with customer service, order entry and processing for Firefighter Protective Clothing (known as turnout gear/fire suits). This role is counted on to ensure that each and every component of the order is accurate before it is sent to production.

Special Knowledge, Skills and Abilities Required:

- · Self-starter with excellent time management skills
- · Strong fluency in English language, both written and verbal · 1-3 years administrative related experience is required
- · High proficiency in keyboarding and data entry while
- maintaining accuracy · Demonstrated ability to work in a team environment
- Proven success in a job or tasks requiring strong attention to detail
- · Strong organizational skills and ability to multi-task · Demonstrated ability to meet daily entry goals in a
- fast-paced environment
- · Flexibility with work schedule preferred core hours
- will be 8:00 AM to 4:30 PM Monday through Friday

- · ABS 400 experience or other similar order
- · Knowledge of Globe product line
- · Previous production experience
- · Bilingual, Spanish preferred

Full-time associates are eligible to receive: Sign-On Bonus., Stay-Bonus., Quarterly Bonus., Competitive Pay, Great Benefits (including Medical, Dental, Vision, 401K and more), Flexible Schedules, Paid Time Off and Holiday Pay, Tuition Reimbursement, and so much more!

Apply NOW @ msasafety.com/careers

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT

2020-2021 School Year

16-6396-MCP / 05.2021

Professional & Support Staff

LANCASTER ELEMENTARY SCHOOL Paraeducator (anticipated)

WHITE MOUNTAINS REGIONAL

SCHOOL DISTRICT Paraeducator

2021-2022 School Year Professional & Support Staff

ATHLETICS Junior Varsity Field Hockey Junior Varsity Boys Basketball

Varsity Wrestling Head Track Coach Junior Varsity Girls Soccer Middle School Girls Soccer

LES Girls Basketball (Contact Kerry Brady, AD, for application, etc. - 837-2528)

2021-2022 School Year Professional & Support Staff

SCHOOL DISTRICT

Certified Speech Assistant One-Year ESSER Funded School Nurses

(2 positions) **Part-Time Occupational Therapist**

(Anticipated) Reading & Writing Specialist/Special LANCASTER ELEMENTARY SCHOOL **Educator (Anticipated)**

MOUNTAINS REGIONAL **HIGH SCHOOL**

Physical Education Teacher (2 positions) Math Teacher (Anticipated) **School Counselor** (Anticipated)

2021-2022 School Year Professional & Support Staff

WHITE MOUNTAINS REGIONAL WHITEFIELD ELEMENTARY SCHOOL

Title I Teacher **ESSER Interventionist-**

Professional(Anticipated) **Special Ed Case Manager Elementary Educator**

Special Ed Case Manager **Full-Time Title I Teacher** Part-Time Title I Teachers (2 positions) **Full-Time Paraeducator Part-Time Paraeducator**

Applicants must hold the appropriate NH credential for most positions or a Statement of Eligibility (SOE) issued by the NH Department of Education.

For further information, contact: Cody Arsenault, HR/Payroll Manager White Mountains Regional School District, SAU #36 14 King Square

> Whitefield, New Hampshire 03598 TEL.: 603-837-9363/FAX: 603-837-2326 Email: codyarsenault@sau36.org



OUTSIDE THE BOX

Contact your Sales Representative to discuss advertising options **Tracy Lewis** 603.616.7103 tracy@salmonpress.news

Ashland Elementary School Paraeducator Opening

Special Education Paraeducators

Terms: School-year, 7 hours per day

Qualifications: Seeking applicants who hold Paraeducator II certification through the NH Department of Education (or eligible for certification). Must possess strong communication skills, have the ability to take direction and be able to understand and assist with instruction. The successful applicant must meet all required conditions of employment.

Applications:

https://www.interlakes.org/administration/human-resources for a Support Staff Application

Please submit cover letter, resume, application and three letters of reference to:

Ashley Dolloff, Human Resources Director ashley.dolloff@interlakes.org

> 103 Main Street, Suite 2 Meredith, NH 03253

Application Deadline: Open Until Filled

HELP WANTED:

Spray Foam & Cellulose Insulation Technicians and helpers Accepting applications for weatherization technicians & helpers for blown-in cellulose,

spray foam, fiberglass, light construction and air sealing.

Starting pay \$15/hr DOE; weekly pay, paid holidays, PTO, sign-on bonus, overtime and health & dental insurance options – be home every night! MUST HAVE clean driving record; we provide complete criminal background check prior to employment and medical card.

Contact Shakes to Shingles • 603-415-1115

www.shakestoshingles.com/careers



SAU #68 LINCOLN-WOODSTOCK **COOPERATIVE SCHOOL DISTRICT**

PO Box 846, 78 Main Street #3, Lincoln NH 03251 Telephone: (603) 745-2051 / Fax: (603) 745-2352 www.lin-wood.org



The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces openings for the **2021-2022** school year:

SPECIAL EDUCATION TEACHER

NH General Special Education certification required.

ELEMENTARY TEACHER

One (1) Year Contract

NH Elementary Education certification required.

Qualified candidates must submit a letter of intent, a resume, three letters of recommendation to:

Sharon Holt

Lincoln-Woodstock Cooperative School District PO Box 846

> Lincoln, NH 03251 sholt@lin-wood.org

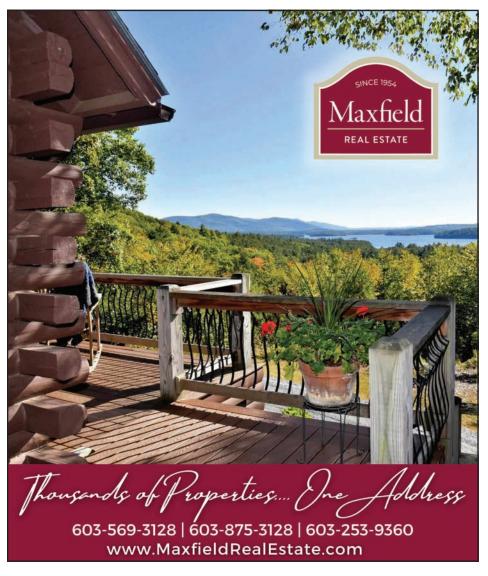
603-745-2051 ext. 210

is an equal opportunity employer.

Job Applications are available on the School District's website at https://www.lin-wood.org/employment.

The Lincoln-Woodstock Cooperative School District

Shaker Village reopening for indoor guided tours June 12





CANTERBURY Experience Canterbury Shaker Village in a new light this summer. After more than a year, Canterbury Shaker Village is excited to announce much-anticipated reopening of its historic buildings for new guided indoor tours. In addition to the popular outdoor tours, three newly designed tours launch Saturday. June 12. For new visitors to the Village, as well as long-time members and supporters, the tours offer new perspectives on the legacy of the Shakers and the relevancy of this National Historic Landmark today.

Explore the stories of the Canterbury Shakers, and discover the core values that shaped their collective communities. The Shakers are known for their impact on agriculture, technology, modern architecture, and design. By embracing ideals such as gen-der-equality, inclusion, pacifism, and communal ownership, the Canterbury Shakers contributed to shaping our nation today.

Visitors will be able to select from four newly-designed tours developed to provide an indepth experience about the Village and the Shaker community that flourished here. Tours are offered three or four times daily, with a limit of 12 guests per indoor tour, and 40 guests per outdoor tour. Pricing, exact tour times, and registration can be found on the website at www.shakers. org. Tickets are available for purchase starting Monday, May 17. Private Guided Tours are also available, by appointment. For any questions, please call Rae Easter at 783-9511, ext. 205, or email info@shakers.org.

For now, tours will be held at 11am, 1pm, & 3pm and prices are \$20 per person for General Tours and \$25 per person for Thematic Tours. Evervone age 25 and younger are free! Members are free for General Outdoor Tours, and half-price for all Indoor Tours. It is recommended to register online ahead of time to secure a spot. Please visit www.shakers.org or call 783-9511 for more information or to sign up.

The Village is not currently able to offer food service, so please bring a picnic to enjoy on the grounds! Light snacks will be available in the Village Store.

Guided Tour Descriptions

A Cultural Landscape

– An Outdoor Guided
Tour (one hour)

This outdoor tour emphasizes the Shakers' contributions to architectural design, land-scape, waterworks, and masonry.

Shaker Stories –A View inside the Dwelling House, Meeting House, Laundry & Schoolhouse (one hour)

On the Shaker Stories/Inside the Village Tour, explore how the Shakers journeyed from a misunderstood and persecuted people to one of the most intriguing and successful religious communities in our nation's history. Learn how the Shakers' vision of "Heaven of Earth" reflects communal life, religious practices, gender equality, pacifism, simplicity, and innovative contributions to American history and culture.

Innovations & Inventions Tour – Grounds Overlooking Mill Pond, Laundry, Dwelling House, School House, Blinn's Arboretum (1

hour 15 minutes)
As pioneers in seeds,

medicines, furniture. textiles, and labor-saving inventions, Shaker innovations shine a light on integral elements of their daily life. On the Innovations & Inventions Tour, take a deepdive into how the Shakers embraced a growth mindset experimenting, failing, and trying all over again, as well as how their growth mindset influenced the Shakers' dedication to quality, autonomy, shared knowledge, and community values. Through these explorations, you will also consider how their multiple innovations are relevant today.

Contentment & Well-Being Tour – Infirmary, Ministry Shop (1 hour 15 minutes)

The COVID-19 pandemic has substantially impacted our daily lives as we continue to grapple with our physical and emotional well-being. On the Well-Being Tour, explore how the Shakers built and sustained resiliency through worship, societal structure, connection with nature, medicinal innovation, and mindfulness. In addition, see how we can incorporate aspects of Shaker well-being into our own individual and collective resilience today.

Each tour has been designed with safety in mind. Masks are required and social distancing will be in place during all tours. As the Village opens up more fully, the well-being of its guests, volunteers, staff, and members remains the highest priority.

Thank you to the New Hampshire Charitable Foundation for their generous support of the Village.

Reserve the Date Tuesday June 8 – Wednesday June 9

New Hampshire Gives, the state-wide 24 hour giving day, will take place from June 8, 5pm - June 9, 5pm. This year, the Village will be raising funds for the historic trail system.

Sundays, starting

June 20 –
Music on the Meeting House Green begins on Father's Day with the first of 13 outdoor concerts. Every Sunday, 4-5pm, through September

Aug. 1 – 15 & Wednes-

day, Aug. 18 –
Simply Shaker
Annual Online Auction
and Picnic. Auction to
run from Aug. 1 – 15,
Gourmet Picnic to follow
on Wednesday, Aug. 18.

Canterbury Shaker is located at 288 Shaker Rd. in Canterbury, just south of Laconia and north of Concord, NH. For more information, visit www. shakers.org, or call 783-9511, ext. 205.

The museum is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit www.nhmuseumtrail.





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