THURSDAY, DECEMBER 3, 2020

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Turkey dinners handed out to local families

BY ERIN PLUMMER

mnews@salmonpress.news

NORTHFIELD—Thanks to a collaborative effort between the school district and a local organization, more than 100 families in the Winnisquam Regional School District got a free Thanksgiving dinner in a drive-through event.

On Tuesday morning cars lined through the parking lot of the Union Sanborn School to pick up a fresh turkey, side dishes, recipes, and even some free books right before Thanksgiving. Volunteers from the WRSD's Food Service department and Every Child Is Ours distributed the food and recipes and the Hall Memorial Library provided some free books based on age level.

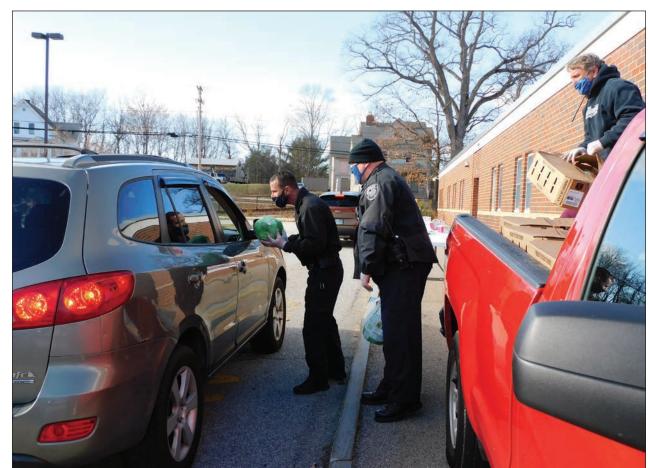
Every Child is Ours and the Winnisquam Regional School District's food services department worked together to provide these free Thanksgiving dinners to anyone in the school community who needed them.

em. Lisa Drew from Every Child is Ours said they were giving out 125 dinners. The dinners included the turkey, stuffing, gravy, potatoes, squash, and cranberry sauce along with some more fresh fruits and vegetables from the district's Fresh Fruit and Vegetable program. They also handed out recipes for the feast.

"We wanted to give a little something extra to families," Drew said. "We just try to do whatever we can to feed the kids."

District food service manager Betty St. Onge helped organize the Thanksgiving event and the two groups got to work to put it together. They bought turkeys and some of the sides from Market Basket and the store also helped out with the cost. WRSD Food Service also provided some fresh produce. They also handed out recipes that families could follow when they cooked their meals.

The food was distributed at different stations around the Union Sanborn School parking lot.



PHOTOS BY ERIN PLUMMER

Volunteers from Every Child Is Ours help hand out turkeys during a special event at the Union Sanborn School.

Volunteers from Every Child Is Ours, including officers with the Northfield Police Department, handed out turkeys at the first station and volunteers from Food Service handed out bags of sides along with the recipes at another one. The Hall Memorial Library also had a table where they passed out free books to families.

WRSD Food Service Director Rob Cohen said it felt great to be able to do this for the community.

"This is part of our community, it's what we need to do: give back," Cohen said.

Food Services has partnered with Every Child is Ours on numerous occasions. They

SEE **DINNERS**, PAGE A7



annual Christmas
Parade is still on,
but the recent rise in
COVID-19 cases locally has forced some

changes to this year's event.

The parade, sponsored by the Tilton Park Commission and the Tanger Outlets, will be staged in the back parking lot at the Tanger Outlet Center beginning at 4:30 p.m. this Saturday, Dec. 5. Floats will be lined up on both sides of the parking lot, and spectators are invited to enter from Route 132, drive through viewing the floats from their vehicles, and exit the outlets onto Route 3.

Please contact Commissioner Marina Sumner with any questions at 496-0572 or sumzinger57@gmail.com.

Sanbornton officials implement new COVID safety measures

SANBORNTON — In light of the recent surge in COVID-19 cases in the area, the Sanbornton Board of Selectmen and the Town Clerk/Tax Collector have announced that the following changes are being implemented, effective as of Monday, Nov. 23 at the Sanbornton Town Office in order to reduce the risk associated with COVID-19:

The walk-up window at the Town Clerk/Tax Collectors office is not open for business.

Any other correspondence that needs to go to any Town employee can be dropped in the same

mail slot for delivery.

All face-to-face services will be by appointment only; this includes: new vehicle registrations, vital records, marriage licenses, and any planning or assessing issues. Please call/email to schedule an appoint-

ment.
Town Clerk/Tax Collector: 286-4034

tctc@sanborntonnh.org

Planning Assistant: 729-8003 planner@sanborntonnh.org Assessing Assistant:

729-8005 assessing@sanborntonnh.org

Welfare Officer: 393-8450 welfare@sanborntonnh.org Town Administrator: 729-8090 townad-

ministrator@sanborn-

tonnh.org
The door to the Town
Office will be locked.
Please call the employee
you've scheduled an appointment with to be let

into the building.
Residents without a scheduled appointment will NOT be allowed into the building. Masks will be required upon enter-

ing any town facility.

All public meetings (Boards and Committees) will be held as a teleconference, following the emergency order guidance issued by Governor Sununu on RSA

91-A. Dial-in information will be published for every meeting to allow full public participation.

If you are experiencing any flu-like symptoms, please do not go into any Town facility! Call the appropriate Town employee and they will find a way to help you with your issue without putting anyone at risk.

The Town of Sanbornton appreciates your patience and cooporation

eration.
For a full list of changes and restrictions, visit the Town Web site at www.sanborntonnh.org.

Water powering Franklin revitalization

PROPOSED WHITEWATER PARK RECEIVES NECESSARY PERMITS



Joshua Spauldi

Marty Parichand shows off the proposed design of part of the Mill City Park project inside his Outdoor New England store in downtown Franklin.

BY JOSHUA SPAULDING
Sports Editor

FRANKLIN — Remember when a group of people in Boston were making a bid for the 2024 Summer Olympics?

As it turns out, that bid, which eventually was abandoned, has led to a huge effort to revitalize downtown Franklin, and that effort reached another milestone last month when Mill City Park became the first fully-permitted whitewater park in New England.

Marty Parichand, Executive Director of Mill

City Park, shared the good news and also some history and updates on the non-profit venture, which is planning to not only build a whitewater park on the Winnipesaukee River, but also a number of other experiences along the river banks.

Back in 2015, Parichand was scouting locations for a whitewater course that could be used for the proposed Boston Olympics but also create something that could be used for years to come.

"Usually, whitewater

courses fall in disarray (after the Olympics)," Parichand said. "My idea was to come up with the course and then let it be used for the Olympics."

But, when the Olympic bid was abandoned, Parichand had all the information but nothing to do with it.

He connected with Todd Workman of PermaCityLife, which had been working to revitalize downtown Franklin. He also knew the city had the great rapids and

SEE **FRANKLIN**, PAGE A7

New family therapy practice opens in Moultonborough



Jessica Reisner cuts the ribbon on her new child, adolescent, and family therapy practice Healing With a Heart Therapy in Moultonborough with some special help.

BY ERIN PLUMMER

MOULTONBOR-OUGH — There is a new place in the area where children, teens, couples, and families can get some needed mental health help thanks to a newly opened practice by a counselor with over a decade of experience. Healing With a Heart Therapy PLLC is now open on Whittier Highway just over the Center Harbor line and Jessica Reisner,

a Licensed Marriage and Family Therapist, is now available to help.

The practice has been in the works for a while and has been Reisner's career dream. This past Sunday Reisner's husband Jeff brought her out to the office blindfolded, then took off the blindfold so she could see a group of friends and family gathered outside the building with confetti cannons and a ribbon cutting all set up.

Reisner does therapy for children, teenagers, couples, and anyone part of the family unit. She helped families in the Seacoast for more than 12 years as a therapist for Seacoast Mental Health Center's offices in Portsmouth and Exeter and is now set up in her private practice in Moultonbor-

Reisner comes from Hampton and said she grew up in a close-knit family, which inspired

ough.



Friends and family gather with cheers and confetti cannons for the surprise ribbon cutting ceremony at Healing With a Heart Therapy.

her to help children and families have that same experience.

She graduated with a bachelors in Family Studies from the University of New Hampshire and worked in home support for children with disabilities. "Yes, I was working with the children, I found it was really supporting the family as a whole," Reisner said. "The parents would tell me how easy I was to talk to.'

She decided to go into children and family counseling, returning to UNH for the Marriage and Family Therapy program. She said Assistant Director Mark Moses was her mentor and had a significant impact on her.

"He just showed me a world of therapy," Reisner said,

She also credited program director Barbara Frankel as well.

When she graduated, she and her fellow graduates received a key where a few words were written



Jessica Reisner is guided blindfolded to the surprise ribbon cutting ceremony of her new practice.

about the type of therapist their instructors saw them as. Reisner said her key said "Healing with a heart."

She worked with Seacoast Mental Health Center for 12 years, which she said gave her some amazing support and advice. She also worked with psychiatrists, outreach providers, and in the community's schools. Reisner became an approved supervisor, supervising people in the field who were going for their therapist license.

Reisner took maternity leave after the birth of her second son and took time to care for her family. In the past year the family moved from West Newbury, Mass., to the Lakes Region.

After a while she said she greatly missed her work and wanted to offer this in her new commu-

"This has been a dream of mine to eventually have a private practice where I can provide therapy services to children, also families and couples," Reisner said.

The idea came up to pursue this dream and open a private practice. though she was nervous about the possibility.

Eventually they found a space on 60 Whittier Highway in the former location of Moultonborough Family Health which she said was the best opportunity. Reisner said there were two spaces in there with a wall separating them. They took out the wall, sinks, and the former exam rooms and built a waiting room and office therapy room, and put in a staircase and an upstairs office.

Even the process to buy furniture was involved. Considering this will be a place where people will share some of their innermost feelings, she said she sat in a hundred chairs at the furniture store to pick out the most ones for clients.

She named it "Healing With a Heart" after the words on her key at grad-

The space also has an additional office where she hopes to bring in another therapist. She said it can be a little nerve wracking to be a therapist and secluded by one-

Throughout this whole process she said her husband has been one of her biggest advocates in this venture, cheering her on when she was nervous about starting. She also said she has so many supportive friends, including so many new iriends in this area.

"I'm definitely blessed to have all of them in my life and constantly supporting me in all of this," Reisner said.

She has two boys, a 6-year-old and a 1-yearold.

"I know sharing some of the better parts of me with the world, I know it's going to be better for them too," Reisner said.

Healing With a Heart Therapy PLLC is now open for appointments and sessions, she said she is ready to start intake sessions with clients as soon as they are ready. Healing with a Heart Therapy can be reached at 253-5292 and jessica@ healing with a heart therapy.com. A Web site is in the works and will be live soon. Information on her practice can also be found on Psychology Today's Web site.

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Caps • Installations Fire Place Makeovers









Artist Larry Frates is offering a drawing lesson of this winter scene with all donations benefitting

the Children's Auction. LACONIA — With the holiday season approaching, Laconia Artist Larry Frates has partnered with Tagg Team Community Challenge team to offer a creative

Auction. Frates created a drawing of a winter home scene, complete with a welcoming snowman and mailbox for holiday letters. While

to support the Children's be offered to the high bidder during the December auction, Frates wanted to take it a few steps further.

"Drawing Us Together for the Holidays" is way for the community his original drawing will an art lesson available

Drawing Us Together for the Holidays... and For the Kids!

the opportunity to create their own pencil draw-

Frates shared, "All you need is a piece of paper, a pencil with an eraser and follow my stepby-step instructions to complete your drawing. Access to my one hour class will be provided after payment is received. The class can be viewed at the convenience and location of the budding artists. Artists of all ages, family groups or even grandparents can enjoy this relaxing activity together."

The drawing lesson can be for yourself or a holiday gift to family

to offer Facebook users members to draw wherever they reside. Completed drawings can be matted and framed to use as a holiday gift or donated to the auction.

> The \$20 lesson donation will be accepted by check or online donation. Mail your check payable to the GLR Children's Auction to Judi Taggart, 28 Red Oak Dr., Gilford. For online donations, visit Tagg Team's Give Gab online donation tool on the Children's Auction website at this link: www. givegab.com/teams/ tagg-team. The purchaser should identify the donation is for Larry's art

name of the Facebook account recipient for the lesson. Access to the "Art to You with Larry" Facebook private group will be available to class participants shortly after payment is received.

Sign up is suggested by early in December to create this drawing while supporting local kids. Questions about this drawing lesson can be addressed to Larry Frates at 387-3687, email fcac@tds.net or, for registration contact Judi Taggart at 493-9524, email tagtem@metrocast.net

Belknap House receives grant from BCAF

LACONIA — Belknap House received a generous grant award from the Bishop's Char-

(BCAF). The grant will provide additional technology, enabling families access to agencies and educational opportuni-

ties. Belknap House will be able to further expand its capacity for parents to connect and collaborate with social services and

support systems. Our shelter programs and case management, work directly toward empowering homeless families

34th Annual Mix Cash and Cans collections set

REGION — 'Making a difference one donation at a time,' Mix 94.1fm's 34th annual Cash and Cans Money & Food Drive for the holidays is set for Dec. 6-11. All monies and food raised stays local, benefiting several area organizations, including the Franklin Police Toys for Tots Program: the Belmont Police Santa 'Lil Helpers program; Twin Rivers Interfaith Food Pantry; Bread & Roses Soup Kitchen; Tilton/ Northfield/Sanbornton Christmas Fund; Every Child Is Ours; Greater Lakes Region Santa Fund, Meredith Emergency Food Pantry, the Northfield-Til-Congregational Church Food Pantry, St. Joseph's Belmont Food Pantry and others. Last year was another record year for donations, with more than \$44,000 in cash and more than non-perishable

food items raised. Mix 94.1 FM's Fred Caruso, who started the program in 1987, looks forward to this week every year, and noted, "We meet so many generous people during Cash than 20 different locaand Cans week. It's a heart-warming week, from kids giving their piggy bank money to the business community donating, all we ask is people give what they can. And the best part...it all stays right here in our central New Hampshire Community."

Caruso acknowledges this will be a different year, dealing with the pandemic.

"We have had a number of events that benefit Cash & Cans canceled because of COVID. Spaghetti dinners and breakfasts with Santa, which generate hundreds of pounds of food and hundreds of dollars for Cash and Cans will not be happening this year. Which is why it's more important than ever to give. Many people are hurting right now due to job loss and sickness. Our goal is to try to help as many people as possible through the organizations that benefit from generosity of our listeners," he said.

Caruso and morning co-host Amy Bates will broadcast live from more tions, accepting your Cash and Cans donations. All broadcasts are outside with all safety protocols in place. Here where they'll be, and when they'll be there:

Sunday, Dec. 6: Funspot Weirs Beach, noon-3 p.m. Donate \$10, receive a \$10 Funspot gift card; donate \$20, get a \$20 gift card, etc., no limit!

Monday, Dec. 7: 5:30-9 a.m., George's Diner, Meredith; 9:30 a.m.noon, Vista Foods, Laconia; noon-2 p.m., Sal's Pizza, 3-5 p.m., Verizon Wire-Zone/American Shaman. Laconia.

Tuesday, Dec. 8: 5:30-8 a.m., Willow Hill Food & Beverage, Franklin; 9-11 a.m., Stafford Oil Laconia; 11 a.m.-1 p.m., HK Powersports, Laconia; 2-5 p.m., Belk-Subaru, Tilton

Wednesday, Dec. 5:30-10 a.m. Dunkin' Donuts, West Main Street, Tilton. Make a minimum ten dollar donation, get a dozen donuts free; 11 a.m.-1 p.m., Prescott's Florist, Laconia; 1-3 p.m., Irwin Motors, Laconia; 4-7 p.m., McDonald's Tilton

Thursday, Dec. 10: 5:30-10 a.m., Park-N-Go Market, Northfield; 11 a.m.-1 p.m., T-Bones Laconia; 2-5 p.m., Franklin Savings Bank Upper Central Street, Franklin

Friday, Dec. 11: 5:30-10 a.m., McDonald's Franklin; 11am-2pm, Benson Auto, Franklin; 2:30-5:30 p.m., Grevior Furniture, Franklin.

Donations may also make checks payable to Mix Cash and Cans and mail to Mix 94.1 FM, PO Box 99, Franklin, NH 03235. For more information about the Mix Cash and Cans program, visit www.mix941fm.com or contact Fred Caruso at fred@mix941fm.com.

to become self-sufficient. Significant changes have taken place since the onset of the pandemic. Parent meetings with agency personnel and education classes, some of which were held at Belknap House, are now accessed remotely. Through their grant award, the Board of the BCAF recognized the importance for parents to maintain consistent connections with support services, in order to make progress on their goals toward re-housing. Belknap House staff and families extend heartfelt gratitude to the BCAF.

Belknap House is the family-centered shelter in Belknap County providing homeless families safe shelter and case management.

Paula Ferenc, Executive Director shares, "Our goal is to provide safe shelter enabling families to first feel safe and stabilized when they arrive. Then parents are ready to collaborate with case management. Together they develop a plan with goals and step to reach those goals, with the ultimate goal of rehousing. This approach offers families a helping hand-up, enabling both parents and children opportunities to grow, developing skills and confidence that will serve them well beyond their stay as Belknap House."

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Nov.

Jonathan S. Olisky, age 41, of Belmont was arresta on Nov. 14 in connection with a warrant.

Timothy W. Johnson, age 29, of Manchester was arrested on Nov. 18 for Second Degree Assault.

Chad S. Renn, age 35, of Belmont was arrested on Nov. 19 for Violation of Probation or Paro9le and in connection with a war-

An adult male was taken into protective custody for intoxication on Nov. 19.



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Margaret Wolf inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. Margaret Wolf of Tiltonmwas recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Wolf was initiated at MCPHS University.

Wolf is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: nization's notable memone that recognized excellence in all academic disciplines. Today, the Society has chapters on more than 325 campuses in the United States and the Philippines. Its mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.

More About Phi Kap-

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the orga-

bers include former President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccadevelopment, laureate and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit www.phikappaphi.org.

CRAFT FAIR

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Opinion

A4 Thursday, December 3, 2020 WINNISQUAM ECHO

The keys to a happy holiday season

It's official — the holiday season has arrived, with the first big one under our belts. Thanksgiving is the perfect segue into Christmas and Hanukkah. It's when all of the fall decorations, and the dilapidated pumpkins get tossed and the candy canes and red and whites come out. Black Friday and Cyber Monday has passed, and now it's time to put things into cruise control until the big day arrives.

When we were younger, the holidays were magical and fun for most of us, with a minimal amount of stress and an abundant amount of gifts to those fortunate enough to receive any. As we get older and have families of our own, holidays remain fun, as we pour that magic into making our own family's holidays memorable.

Despite our current situation, holiday spirits remain high. Taking a drive around town, decorations are popping up every day. The night sky serves as the perfect backdrop for flashing holiday lights. Many people have started to decorate historically early, as a way to bring some sense of normalcy and positivity to others.

It may be difficult this season; however, try to do something creative to make someone's holiday one they can remember, something they don't expect. When you take the time to essentially play Santa Claus, the joy you get back is tenfold.

As for relieving stress, don't put too many expectations onto yourself and respect your own limits. You don't have to do everything, you can delegate. As for shopping, you can find just about anything online, even from local shops making gift buying easier. If shopping isn't your thing, hand out gift cards with a handwritten letter.

Throughout the season, take in the lights and remember to take in the holiday spirit of those around you. Go for a walk in the snow and listen to how quiet everything is. Begin and end each day with something you find enjoyable. We find that watching holiday movies, eating sugar cookies, drinking hot chocolate and listening to holiday music really can be uplifting. "A Christmas Carol," while a bit creepy at times, does put things into perspective. If you haven't read the book in a while or watched the movie, now is the time.

No, things won't look as they normally do this season. With that said, people throughout history have turned lemons into lemonade. This season it's especially important to support local small businesses, many who now offer items online. Throughout this season, let's all focus on lifting each other up as this pandemic eventually will take its place in history.

In the words of Hamilton Wright Mabie, "Blessed is the season which engages the whole world in a conspiracy of love."

LETTERS TO THE EDITOR

Hospice Staff were like having family...

To the Editor:

2020 has been the hardest year for myself and my family. My husband of nearly 20 years was diagnosed with dementia in 2016. We were able to have a fairly normal life for three years.

During the summer and fall of 2019, his dementia worsened. I found I was not able to care for him as I wanted. I was directed to Central New Hampshire VNA & Hospice for end of life care. They came in, assessed the situation and brought in the help I so desperately needed, but didn't believe I could receive. The resources they offered and put in place took so much pressure off me and I was able to step back from the caregiver role to being his wife again.

His decline was very rapid, and it became necessary to move him to an assisted living facility. Cindy and Kathy were there to care for him when he was moved, just as they had been when he was at home. The staff and administrator were like having family members overseeing my loved ones as COVID-19 made it impossible for family to see or care for him.

At the same time, my mom, at age 99, needed to also be placed in a long term care facility. I never hesitated to contact hospice as my mom declined. With their assistance, as my mom neared the end of her life, I was able to move mom home to my house where she could be surrounded by family and love. She passed at home in September, at the age of 101.

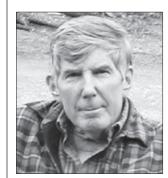
The support I continue to get from Dan, through bereavement and others from hospice is helping me transition into my new normal.

Cindy Smith, Kathy Willette, Jenn Legassie, Maria Babineau, Dan Kusch, Amy Stoddard and Dr. Crosby, I can't thank you all enough.

Sincerely,

SANDRA GARABRANT MOULTONBOROUGH North Country Notebook

Weasels and weasel-words, with apologies to the weasels



By John Harrigan

Columnist

"I've got an ermine in my woodpile," said the voice from far away, and I instantly wished I had one in mine too. It made me want to go out and check---weasels are that fast, and I have several woodpiles, six, I think. Hey, wait a minute here--I just might very well hopefully have six weasels. Think of it! A six-pack of weasels!

In fact, weasels are so fast that one minute there is no weasel there, and then all of a sudden, there is. You blink once, twice, maybe rub your eyes, and still right there, looking right at you with those two little eyes, is a weasel.

I've somehow always thought that a weasel's eyes could bore two tiny holes straight through a massive block of ice. When I say "massive," I mean, say, the size of a house, one of those Canadian ones with the four roofs. That one.

"Weasel" is fun to say, like "ratchet," which somehow leads to another fun one, "torque." Most people, including me, have utterly no idea what "torque" means. "Metric" is all the rage right now, as in "I don't see how that fits with my metric." Yesterday's favorite, "takes up all the oxygen," is so, well, yesterday. It is right there in

the slag-heap with "pushing the envelope" and "gone missing."

A far-flung neighbor told me this amazing story, in which a weasel, unaided and unabetted and all by his lonesome, exploited a small opening in this man's chicken-wire fence and proceeded to commit atrocities and mayhem within the flock, and when this man went out to see what the commotion was, there was this weasel, leaning up casually against a fencepost, picking its tiny little teeth. However, people later told me that this man sometimes stretches the truth.

An ermine is a weasel in its winter coat. Why we honor the weasel with a change of name in all this I don't know. We don't do the same for the snowshoe hare, so it's not fair. But what would we call it? "Rabbit" is already taken. How about "Big Mean Aggressive Kick-Your-Dog-To-Pieces Snowshoe Hare?" No, too clumsy.

An ermine is death on mice, which is why savvy people like to have them around. A little treat hidden here and there will often do the trick. Like a Canada (grey) jay, they will sometimes take food from your fingers.

Canada jays really shouldn't be grouped with weasels, except in the proffered food acceptance category. They have not yet appeared at my feeders, but as sure as Deep Winter is coming, so are the Canada jays.

That's when they show up, when they're having hard times at higher elevations or up across the line there in Canada. We



Courtes

A short-tailed weasel out and about in an ermine's coat poked its nose out a convenient hole at the Irwin farm. (Photo by Roger Irwin, Guildhall, Vt.)

have our own grey jays, which you can see in higher elevations in Lancaster and Kilkenny and Jefferson and Columbia and Pittsburg, and then a bit later in the winter we get these Canada jays that are actually from Canada. You can tell, because they have this little accent circonflexe, like this (^) above their beaks, and whenever there's a parade they'll inevitably haul out the Canadian colors.

Scientists are trying to figure out how Canada jays are able to fly, same as bumblebees, which are not supposed to get off the ground on account of not enough lift. They have these big, bumbly bodies (the bumblebees), but really, if you apply the scientific method, not enough wing-surface or power to become airborne from relatively short runways.

There are many names for the Canada jay, such as the already-mentioned grey jay, and Whisky Jack, which carries capital letters because I've always seen it that way.

And then there's the

best, in my book, "Camp Robber," and they will, too. Crime magazines are full of stories, and they're all true, too, about Canada jays flying off with all sorts of stuff from innocent victims' campsites, even cabins, and those little egg-shaped ergo-trailers that sleep two people who are really thin.

There is only anecdotal evidence of this kind of thievery, of course, but some of the attempted thefts have bordered on the colossal. In one account, two grey jays (Canada Jay, Camp Robber, Whisky Jack, and let's not forget his partner in crime, Whisky Jill) tried to fly off with an entire cast-iron frypan containing a quarter of a pound of bacon (Canadian, of course), but they attempted takeoff with the wind instead of against it, and crashed when they ran out of runway. In true bush-flying tradition, the pitiful wreckage will be there, like, forever.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

STRATEGIES FOR LIVING

On Mr. Trump: A Retrospective

BY LARRY SCOTT

The change of leadership in Washington marks the passing of an era. Few times in American history has the transition to a new administration been as dramatic as this one promises to be.

The current turmoil obscures the challenges Mr. Trump has had to deal with for the last four years. His critics forget a stock market that went from a low of \$19,762 at the end of 2016 to end 2017 at \$24,719 ... or the thousands of migrants coming up from Central America with plans to cross our borders without documentation ... or the onset of a Pandemic no one knew how to handle ... or moving the American embassy

conservative tone. It is easy to criticize after the fact. If you

to Jerusalem ... or two

Supreme Court appoint-

ments giving the Court a

don't like the man, you would more than likely find fault with whatever he did. Leadership, by definition, demands taking control and making the tough decisions no one else can or wants to make. But Mr. Trump has been a leader and he kept his word. Whether that's been to our good only history will tell.

And still, the story is not yet finished. The early January outcome of a Senate run-off in Georgia may leave the Democrat Party in control of both the U. S. House and the Senate. By inauguration, America may be under the leadership of Joe Biden, Kamala Harris, Chuck Schumer, and Nancy Pelosi. Now that's enough to get anyone's attention!

There is a sense in which Mr. Trump's time in the White House is a metaphor for each of our lives. His accomplishments have often been overshadowed by his style. What he did

will soon be forgotten but how he did it is another matter. Only in retrospect will we know whether America got what it needed ... or what it deserved.

And so it is with you and me. Our legacy will not be in what we accomplished in life; our legacy will rest on who we were. Our honesty, our character, and the integrity of our life will be remembered long after we have passed on.

Even Jesus' actions were soon forgotten. The people He healed, the multitudes He fed, those He raised from the dead, soon died and faded into history. But the impact of His life lay in Who He was. Jesus' compassion and His love left a legacy that within days of His crucifixion launched the greatest spiritual and social revival the world has ever seen. His life, and His death, were not in vain.

To the Christian community, I would encour-

age patience, and invite you to join me in bringing our nation before God in prayer. True, the evangelical community may be as welcome in present-day America as a whisky nose at a temperance gathering but our nation is going to need us. We can ignore God's standard of morality and the principles of right and wrong He has given us for only so long. Inevitably, there will be hell to pay.

Perhaps God has placed you and me where we are for just such a time as this. If our fears materialize, or if another COVID-19 pandemic size crisis sweeps our nation, America is going to need us to live our faith. Our society may have little interest in what we believe, but perhaps they will be influenced by who we are. "Love the Lord, your God," Jesus said, "and your neighbor too." There can be no other way.

Eastern Propane & Oil, Patrick's team up to support "The Challenge"

GILFORD—The Children's Auction, dedicated to assisting children and families throughout the greater Lakes Region, will need the communities support more than ever this year. During a time when so many other businesses and organizations are facing challenges, the Children's Auction is facing similar challenges as organizers grapple with pulling off the event during a pandem-With a significant percentage of the event proceeds coming from Patrick's Pub Mania in previous years, the organizers of the follow-on event to Pub Mania. called "It's for the Kids Community Challenge", are enticing the community to help with some grass-roots fundraising.

Patrick's and Eastern Propane & Oil have teamed up to offer participants in the event another reason to get involved and help the kids.

"We're hoping to inspire as many people as possible to join a team and help raise money and proudly display a special gift," said Beetle.

Anyone that sets up their fundraising page and raises \$100 by Dec. 1 will receive a special "I Took the Challenge" T Shirt. Those that raise over \$500 will also receive a hot/cold tumbler with the same logo.

With a fundraising software platform from GiveGab, fundraisers can quickly and easily setup their own personal page in support of one of the many teams, and then reach out to family, friends, and colleagues via social media to help raise money

"At Eastern Propane & Oil, we are continuing our commitment of supporting the communities that we serve. We are proud to support such a remarkable event that has been reimagined in an effort to exceed last year's Pub Mania fundraising," said Josh Anderson, VP of Marketing & Business Development at Eastern Propane & Oil. "It's going to take the community coming together and we hope this small incentive will encourage more people to participate."



Tee Shirt and Tumbler are available for fundraisers who raise money for the Children's Auction through the "It's for the Kids Community Challenge" event.

For more information about the event or how

to participate, visit www. childrensauction.com/ challenge or email kidscommunitychallenge@ gmail.com.

Spirit of Hope and Kindness celebrates youth making a difference

BY ERIN PLUMMER

mnews@salmonpress.news

REGION — Three local students were honored for their community involvement and acts of kindness during the annual Spirit of Hope and Kindness Awards.

The Spirit of Hope and Kindness Awards took place on Nov. 15 in a virtual ceremony after previous in-person events were canceled due to the pandemic. Fred Caruso from Mix 94.1 FM hosted the event and Olivia Spanos from Make-A-Wish New Hampshire was the keynote speaker.

Each of the winners and nominees received monetary awards they will be tasked to use for acts of kindness in their communities with the winners receiving a greater amount. Around

ey came from All-Brite Cleaning and Restoration of Gilford, Autoserv of Tilton, Bank of New Hampshire, CGE Engineering of Laconia, and the Laconia Kiwanis

The winners and nominees picked up their checks a few weeks back and awards co-founder Laura Brusseau said they will plan projects that will allow them to stay safe and socially distance. She said some of the kids have already started their projects.

Elementary School winner was Lilyanna Burhoe from Elm Street School in Laconia. The 7-year-old has done a number of community activities inducing giving cookies to firefighters and police officers, raised money for charity with a

turkeys to St. Vincent de-Paul, and donated Christmas presents to Community Resource Center.

"I was excited," Liliana said about winning her award.

She wants to use the money to help families during the holidays and might do another project in the spring.

The other nominees were Jayden Armstrong from Franklin, Emily Cardinal of Laconia, and Alison Shirey of Laco-

Landen Brothers of Laconia Middle School won in the Middle School category. He has been involved in a number of community efforts including as one of the co-founders of Cereal Heroes, a group of Laconia students that help collect cereal and other

in need. Brothers said Cereal Heroes is one of his favorite activities he has been part of. He said he also greatly enjoyed helping sew blankets at the Taylor Home and seeing the smiles on the seniors' faces.

"I was very excited to get the award, I felt very accomplished and happy at the same time," Brothers said.

The other Middle School nominees were Hailey Bezevich-McNeil of Laconia, Katie Cormier of Laconia, Carter Jones of Laconia, and Madison May of Frank-

Jasmine Morrissette, a recent graduate of Inter-Lakes High School, won in the High School

Morrissette attends nd is greatly involved \$4,000 in award mon-lemonade stand, donated breakfast foods for kids with Real Life Church

in Laconia, where she is involved with Sunday School, youth ministry, and numerous other outreach projects. She is also the secretary of the New Hampshire Human Trafficking Taskforce and has been volunteering remotely with the Greater Lakes Region Children's Auction and the Make-A-Wish Foundation.

"It was really awesome after being a part of the awards for the last couple years," Morrissette said. "Seeing everyone while being in that spot was really cool."

She said she has already started reaching out to a few places asking what they need. Some responses she's got have been from the Pemi Youth Center in Plymouth looking for cleaning and art supplies, blankets and pillows for Belknap House in Laconia, diapers and hygiene products for Waypoint Family Services of Laco-

Also nominated in the High School category were Jayda-Lynn Carter-Glines of Meredith, Liz Guillotte of Franklin, Lillian Hodapp of Laconia, and Joshua Testa of Gilford.

Brusseau also recognized her fellow Spirit of Hope and Kindness Awards board members Andrea Condodemetraky, Kristin Adelle, and Carol Falvev.

"They do so much work for this event," Brusseau said.

Bank of New Hampshire listed as state's fastest growing bank

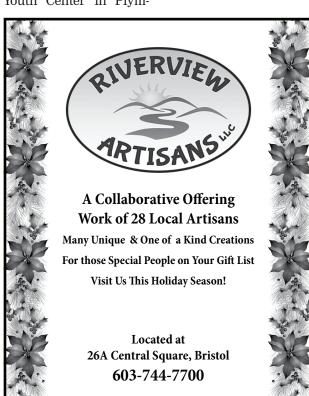
LACONIA — Bank of New Hampshire was recently recognized as the fastest growing bank in New Hampshire and the 39th fastest growing company in the state as reported by Business NH Magazine's Top 100 Private Companies. Bank of New Hampshire was once again the only bank to make the list.

"We are proud to stand among New Hampshire's top private com- Our growth is a positive panies," stated Chris Logan, incoming President & CEO for Bank of New Hampshire. "Our continued organic growth has been a result of our attention to premium customer service. We are fortunate to have a culture and staff that is focused on long-term relationships which has resulted in a dynamic and loyal customer base.

by-product of this effort."

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 23 banking offices throughout New Hampshire and assets of nearly \$2

billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.





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KTM Exteriors receives People's Choice Award from Parade of Homes event

REGION — The 4,500 square foot customized modular home intrigued many visitors. The home featured many unique features and showcased iust how custom a modular home can be!

people Sometimes have preconceived ideas of what a modular home might offer and this home surprised visitors even before they toured the interior of the home. The exterior is a mix of stone, composite siding, and wood to give it a distinct look and feel, similar to an Adirondack style home. The raised roof line allowed for a cathedral ceiling in the living room. The 20ft tall custom stone fireplace provided a grand focal point when entering into the home. In addition to the main structure, there is also a stick built custom 4 car garage built off of the home and includes a 2,000 square foot in-law apartment over the garage area.

The unfinished walk out basement leads out to a sizable fenced yard and hot tub area, while the expansive deck with custom fire pit allows water views and gives that lake-like feel! The four bedroom, four bath is beautifully home decorated with special features including custom stone-farmers sink. stunning custom wine bar with half barrel facade that opens into a temperature control wine chiller. Many pieces of the house were custom built and the home is fully automated and highly energy efficient.

Modular home builders have been refining their craft over the years as a result, the modular homes are built more efficiently, and provide a great value to the home buyer. Building off site provides a controlled building environment, offers less waste and damage of materials, includes a rigid inspection



KTM Exteriors & Recycling entry to the Lakes Region Virtual Parade of Homes and winner of the coveted People's Choice

Award 2020. process and generally provides a faster construction process.

KTM Exteriors is a multi-faceted company with years of experience offering a wide range of exterior improvements for roofing, siding & windows and dumpster services and also a Modular Home Division. The People's Choice Award signifies the "favorite" as voted by the general public. Visitors who purchased tickets were allowed to cast a vote. KTM Exteriors was recognized at the October recognition breakfast held at Church Landing, Meredith. Lakes Region Builders & Remodelers Association recognized all of the builders on the tour including: Bella Woods Building, Hay-

Spaulding Academy & Family Services welcomes

ward & Company, North Star Contractors, Outside In Construction, Builders, Inter-Lakes Custance Brothers & Sandra Curtis Design, and Lighthouse Contracting Group.

The popular home tour traditionally held every Columbus Day weekend rolled out last month and remains live for viewers to visit the homes virtually. There are eight beautiful projects for visitors to see, including four newly constructed homes, two extensive remodels and two renovated spaces. The event is a great way for the public to learn about the latest trends in architectural, interior design and meet the builders, watch as they take you on a personalized tour of their projects. For a truly interactive experience, visitors can zoom around the homes using 360 technology, moving from room on customized spaces. Shop the parade, do business with suppliers that local builders use.

Whether you want ideas for your current home, are looking for your next home or just appreciate the craftsmanship of new homes, the Parade has something for everyone.

The public is invited to visit the website and view photos and for a more detailed virtual experience, a ticket can be purchased to have full access to the Parade Show, Builder Interviews and 360 touring features. Public support to this event has always been strong. Tickets are \$10/per household and proceeds go back into the community through the builders Workforce Development Initiative and Scholarship programs-helping to inspire the next generation of trade professionals. Visit lakesregionparadeofhomes.com.



Sandra Marshall

NORTHFIELD Spaulding Academy & Family Services (formerly Spaulding Youth Center) has named Sandra Marshall of Tilton its Director of Develop-

ment and Community

Relations.

The former Director of Community Relations at LRGHealthcare, Sandra spent more than 20 years at the organization in various executive

management roles over-

seeing marketing, public

relations, and volunteer services.

"We are thrilled that Sandra has joined our leadership team," said Todd Emmons, President & CEO, Spaulding Academy & Family Services. "Her expertise in donor cultivation and community outreach, combined with her heartfelt dedication to volunteerism and lifelong connections with Spaulding, will prove greatly beneficial to advancing our work and supporting the children and families we serve."

Marshall has extensive experience leading boards of directors for national and regional nonprofit organizations, including the Association for Healthcare Volunteer Resource Profes-

Sandra Marshall to leadership team sionals (AHVRP), the New England Association Directors of Health-Volunteer Ser-

cluding The Greater Lakes Region Children's Auction, the American Hospital Association's (AHA) Council on Vol-Franklin unteerism, Regional Hospital Auxiliary, and as treasurer of Gilda's Club of New Hampshire. She has been recognized with multiple service awards throughout her career and holds AHA credentialing as Certified Administrator of Volunteer Services (CAVS).

"I grew up nearby Spaulding Academy & Family Services, and have had many interactions with its children and staff throughout the years, as my mother, sisters, and daughter worked here in various capacities," Marshall said. "I also previously served on the Board of Directors, and have always been impressed with the incredible transformations the orvices ganization facilitates for both children and

For more information about Spaulding Academy & Family Services and its comprehensive special education servisit Spaulding-Services.org. Details about its Board of Di-

About

Academy & Family Ser-

to room and zooming in

Spaulding Academy neurological, emotional, behavioral, learning or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Established in 1871, Spaulding Academy & Family Services is a tax-exempt 501(c)(3) nonprofit that was former-Spaulding ly known as Spaulding

Youth Center since 1958. Our scenic hilltop campus is located on nearly 500 acres in Northfield, and welcomes boys and girls from ages 4 to 21 from around the state of New Hampshire and beyond. In addition to programs provided on our Northfield campus, Spaulding's community based programs include foster family licensing, Individual Service Option (ISO) foster care, ISO in-home services, child health support services, and more for children ages 0 to 20 and their family. For information about Spaulding Academy & Family Services, visit www.SpauldingServices.org.

vices (NEADHVS), the families. The unmatched & Family Services is a Lakes Region Chamber dedication of leadership leading provider of edof Commerce, and the and staff make me proud ucational, residential, Greater Franklin Chamto be part of such an imtherapeutic and commuber of Commerce. pactful, mission-driven nity based programs and She has served on organization." services for families, and multiple boards, inchildren and youth with

vices, rectors and Management team are available at SpauldingServices. org/leadership.

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Federal government transfers ownership of Sunrise Towers

Local ownership opens opportunities for improved services and energy efficiency upgrades

LACONIA — The Sunrise Residential Living Campus, located in the heart of downtown Laconia, have undergone positive changes in the past few months. Ownership of the 98unit property has transitioned from the U.S. Department of Housing and Urban Development to Laconia Housing, putting control of the property into local hands and enabling the agency to make capital improvements that improve residents' quality of life.

Recently, HUD announced the nation's first streamlined voluntary conversion of property with the transfer of Sunrise Towers Public Housing into locally-held ownership under the new name of Sunrise Towers, LLC. The transfer to Laconia Housing enables the agency to make capital program improvements more quickly to improve the living spaces for current and future tenants for the low income housing property.

"It has been an extremely satisfying process to be involved with our HUD Boston Office of Public Housing partners led by Director Robert Cwieka. It allows us to work with a team which has provided the energy, enthusiasm, and effort to see us succeed. New opportunities provided to our agency will enhance the quality of life for our residents," said Thomas Cochran, Laconia Housing's Exec-

utive Director. The Sunrise Residential Living Campus has opportunities for independent living to low-income seniors and disabled residents throughout the Lakes Region through initiatives and collaboration with federal and state partners. A wide range of agencies have played an integral role over the years, leveraging public and private funding to improve the building campus and its efficien-

An example of this type of collaboration includes energy-saving measures implemented through the NHSAVES program. Adding efficient air conditioning units, improved lighting features and new windows have given Sunrise Towers a refresh and improved the living space for all residents.

"By utilizing the program, NHSAVES Eversource Energy and Liberty Utilities have been integral in enhancing the quality of living for our New Hampshire

residents," said Cochran.

The Laconia Housing Agency offers housing and supportive services at the Sunrise Residential Living Campus, which includes Sunrise Towers, Sunrise House, and Tavern Inn Apartments. The properties offer Medicaid-eligible tenants support services as an alternative to traditional nursing home living, made possible through New Hampshire's Choice for Independence Program. They include LNA, nursing assessments, housekeeping, laundry, and a meal program alternative to assist in bolstering independent living.

The HUD transfer of property to Laconia Housing offers tenants and the City of Laconia the benefit of locally-controlled housing and services. Laconia Housing has and will continue to work with state, federal, and local partners to assist residents in the Lakes Region and to provide quality living for our community.

information More about Laconia Housing properties and services can be found at www.LaconiaHousing.org.

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FRANKLIN

CONTINUED FROM PAGE A1 knew that people would come to the area to paddle.

"He knew a whitewater park could be an anchor (to downtown),' Parichand said. "I didn't have to sell him on the idea."

City Park's Mill whitewater park would use about 1,200 feet of the Winnipesaukee River and would include a couple of underwater elements to create the whitewater and then another underwater element near the Central Avenue bridge to create an area where surfers could replicate the ocean conditions.

"This river is the right river," Parichand said, noting it drops 77 feet per mile, which is double some of the famous whitewater runs in Maine and other New England areas.

"You can create the same amount of power with a smaller river," Parichand said of the drop.

The whitewater run would end just past the Central Avenue bridge at Trestle View Park, which will get an upgrade with the Mill City Park plan. The plan calls for a boardwalk along the river and an amphitheater where spectators could watch the action at the end of the whitewater park.

At the other end of the run, on the other side of the river past the Central Avenue bridge, the group is working on extending the road into what will be a 24-car parking lot, a bathhouse and a timber frame pavilion, which they have received a \$400,000 Land and Water Conservation grant to construct.

that "Right now, land is not utilized," Parichand said, noting that the former mill properties would be utilized by Mill City Park to create a number of different activities, including a pump track for mountain bikes, a walking path, a viewing area and the aforementioned pavilion and bathhouse.

Part of the plan also includes refurbishing the trestle that crosses the Winnipesaukee River next to the Central Avenue bridge. State officials were out at the site before Thanksgiving looking at the trestle to determine if the trestle could be refurbished. Mill City Park received a Transportation Alternative Program grant from the New Hampshire Department of Transportation to work on that project.

Because Mill City Park would be disturbing soil with the project, the Department of Environmental Services requires some mitigation. To solve that, the plan is to put 21 acres of land

on the northside of the river out to Cross Mill Road, which is all owned by the city, into conservation easement.

"The biggest implication here is the economic piece," Parichand said. "For every one person in the water, there's four to 10 people who come to watch. They'll be the drive for economic development downtown."

Parichand noted that the Stevens Mill property, which sits along the river, has recently been purchased and the owner has promised to put 32 million dollars into a mixed residential and commercial space. A brewery recently moved to town from Texas and a couple of new restaurants have also gone in, as excitement about the whitewater park continues to grow.

The hope Parichand is to have the Trestle View Park portion of the project done by mid-July of 2021 and the hope would be to have two of the elements in place in the river completed next year. The organization has applied for another Land and Conservation Water Fund grant to build the

they will know if they got accepted for that in January.

could "We have two features in 2021," "We'll Parichand said. definitely have one, hopefully we'll have two."

Unfortunately, the pandemic cancelled many of the events that Mill City Park was planning on hosting or attending to promote the whitewater park, so Parichand is eager to continue to get the word out to those in the community who might be interested in helping in any way.

The hope, Parichand stated, is to have the river that powered Franklin for so long in the form of the many mills along its banks, once again power the city as it is revitalized and continues to grow in a new direction.

For those interested in more information, Mill City Park has a site on Facebook where updates are posted and information is also avail-

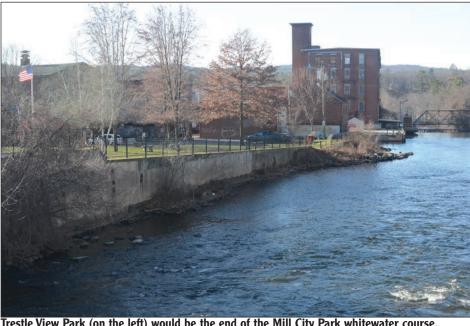
surf wave feature and able at millcitypark.



Kayak Man, decked out in Thanksgiving attire and made entirely of recycled kayaks, greets visitors to Franklin in the future home of Mill City Park.

com. Additionally, those looking for more in-person updates, can stop in at Outdoor New England on Central Avenue in downtown Franklin.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Trestle View Park (on the left) would be the end of the Mill City Park whitewater course.

DINNER

CONTINUED FROM PAGE A1 have been providing free meals to students in need throughout the pandemic, especially as Winnisquam schools

were on remote learning until after the Thanksgiving break.

water park.

The Winnipsesaukee River is the site of an annual whitewater

race and is the planned home for New England's first white-

Cohen said it was especially important to be able to help during this to feel hunger." time.

"Anything we can do to help the community and the kids in the community," Cohen said. "We don't want any child



The Hall memorial Library also handed out free books to families after picking up their turkey





Volunteers from the Winnisquam Regional School District joined volunteers from Every Child Is Ours to hand out 125 turkey dinners, including side dishes.

<u> Edward Jones: Financial Focus</u>

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affect the status of your plan. So, for example, if you work for a hospital that changes ownership, and you have been participating in a 403(b), 457(b) or 401(k) retirement plan, what should you do with it now? Basically, you have four options: Cash out your plan. You can simply cash out your plan and take the money, but you'll have to pay taxes on it, and possibly penalties as well. So, unless you really need the funds

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and you have no other alternative, you may want to avoid liquidating your account. Roll your account into your new employer's plan. If it's allowed, you can roll over your old 403(b), 457(b) or 401(k) plan into your new employer's plan. Before mak-

ing this move, you'll want to look at

the new plan's investment options

(which should be numerous) and fees (which should be low). If you move the money directly to the new plan, you won't be taxed at the time of the transfer, and your funds can continue to grow tax-deferred. Leave your plan with your old employer. If your account balance is above a certain level, you may be able to leave your plan with your old employer's plan administrator. You won't be able to contribute any more money to the plan, but if you like the investment options you've chosen, keeping the money in your old plan might be a viable choice. Move your account into a traditional ÍRA. One possible advantage to moving your 403(b), 457(b) or

401(k) into a traditional IRA is you'll open up a world of new investment options, because you can fund your IRA with virtually any type of vehicle, including stocks bonds, mutual funds, certificates of

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor. Member SIPC

deposit (CDs) and exchange-traded funds. And if you already have a traditional IRA, you can combine the new funds with the old ones, making it easier to track your holdings. As is the case with leaving your money in your old employer's plan or transferring it to a new plan, you'll continue to benefit from tax-deferred growth. Keep in mind, though, that IRAs have costs, too, possibly including transaction costs to buy or sell new investments. (One more thing to keep in mind: When you want to move a retirement plan to an IRA, vou may want to make a direct rollover, so the old plan's administrator moves the money directly into the

IRA, allowing you to avoid immediate taxes. If you were to make an indirect rollover, you'd get the money yourself, but your old employer would have to deduct 20% for federal taxes, and you'd have to deposit the entire balance, including the withholding, into your IRA within 60 days.) Which of these choices is best for

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you? There's no one "right" answer for everyone. You'll want to consider all the options and possibly consult with your tax advisor and financial professional. But do all you can to protect your retirement plan - you've worked hard to build it, and you'll need to rely on it to help you pay for your years as a retiree.



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hot-air engine, horizontal steam engine, full size vertical steam launch boiler, rare Clarke "Troller" outboard motor. steam gauges and whistles, etc. PHOTOGRAPHY: Several lots of cameras, lenses, movie cameras, underwater diving cases and lights including Bolex, Nikon, Canon, Graphex and Hasselblad. FURNISHINGS: Queen Anne highboy, tavern table, Victorian pole screen, pair of 4 post beds, early pine wing chair, early ladder back armchairs, display cases and more. OTHER ITEMS OF INTEREST: French.

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ID#20-222. 11:00AM 8 (Lot 55) Shady Lane, Ossipee, NH 1986 Redman home w/12'x 24' addition offers 1,212± SF GLA w/2 BR & 2 BA • Tax Map 54 Lot 2-55. Assessed Value: \$14,000. 2019 Taxes: \$240. ID#20-223. 11:20AM 5 (Lot 74) Fairview Lane, Ossipee, NH 1986 Torch home w/9'x21'Tipout offers 1,092± SF GLAw/2BR & 2BA • Tax Map 54 Lot 2-74. Assessed Value: \$17,400. 2019 Taxes: \$298.

ID#20-224. 11:40AM 12 (Lot 24C) Circle Road, Ossipee, NH 1988 44' x 24' Greenleaf double-wide home offers 960± SF GLAw/ 2 BR & 2 BA • Tax Map 54 Lot 2-24C. Assessed Value: \$45,900. 2019 Taxes: \$785. Auctioneers Note: The sale is of the Manufactured Homes ONLY.

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Stephanie Glidden, Adm. Assistant to the Superintendent of Schools and to the Director of Student Services

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Historic Tilton map preserved

TILTON — A map can show a place in time, but it can also tell a story. Such is a map of Tilton that can now be found hanging on a wall of the first floor at Tilton Town

First drawn around 1886, the eight-foot-long map shows a section of East Main Street where

the Winnipesaukee River, the railroad tracks, and Laconia Road meet. It shows canals, a pond, and a wasteway that were used by the mill on the Northfield side of the river. Also shown, are properties owned by Charles E. Tilton and the heirs of the Reverend William D. Cass. Northfield parcels owned by

John Heath and Cheney Huckins are listed as well. The map makes a number of references to the Lake Company (the Winnipiseogee Lake Cotton and Woolen Manufacturing Company), given that they purchased water rights as well as the right to flood properties along the river for use in dry summer

months. This sometimes led to disputes that were sometimes referred to as the Winnipesaukee Water Wars (www.newenglandhistorical society. com). There are also references to deeds found at the Belknap County Registry of Deeds.

The map provides information about dam levels and flood conditions using data from a 1911 atlas. The assumption is that the Lake Company used the older map to add updated information about the river rather than commissioning a new map.

The Winnipesaukee River, the Boston, Concord & Montreal Railroad as well as Laconia Road all assisted Tilton in changing from an agricultural community to a center for mills and tourists. This map shows those three influences.

The Tilton map was donated to the town by Brownie Gengras, a former Tilton Conservation Commission chair, after the town purchased land shown on the map which is now known as the Salmon Run Conservation Area.

In 2019, the Conservation Commission applied to the New Hampshire State Library Conservation License Plate (Moose Plate) Grant for funding to conserve, preserve, and frame the map as well as to microfilm and digitize it. The town was fortunate to receive

the grant, so citizens and visitors alike can now see a piece of Tilton's history in person. In addition, digitized images can be found on the Conservation Commission's Web site (www.tiltoncc. org) as well as at www. findnhhistory.org. hard copy of the application is available at the Hall Memorial Library, and a copy of the map will be located at the kiosk at Salmon Run.

As Tilton continues to celebrate its 150th anniversary, it is only appropriate that this piece of history is now available for all to view, learn from, and enjoy.

will have autonomy to

based on institutional

policy coupled with local

mained optimistic that

a season could safely

take place this winter.

However, with a surge

in cases both national-

ly and regionally, state-

to-state travel amongst

the membership has

proved insurmountable.

The NEHC membership

hails from six different

states that each have a

variety of travel restric-

tions in place as it per-

tains to crossing state

lines during the pandem-

tions may make an-

nouncements regarding

competition for their

hockey programs this

institu-

Individual

The NEHC had re-

and state guidelines.

competition

schedule

Wolves win Lakes Region Midget Challenge Tournament

LACONIA — Three days of hockey action at the Merrill Fay Arena in Laconia culminated with a great final game between the two top seeds in the 1st ever Lakes Region Midget Challenge Tournament.

The New England Wolves U16 AAA team went 3-0 in the round robin on Friday and Saturday versus NH East U18, NH Monarchs U16 AAA, and the Wolves U18. Concord native Gage Winter led the Wolves in scoring during the round robin netting 3 goals in the 3 games. Gage LaMontagne of Wolfeboro, cord, and Brody Rollins of Laconia all contributed to wins in net.

The championship game on Sunday was a rematch between the U18 NH East Eagles and the Wolves U16. The Eagles grabbed an early 2-0 lead, before the Wolves came back. Charles Dey, Fischer Galluzzo, Ethan Bickford and Gage Winter all scored as the Wolves took a 4-2 lead. The Eagles were far from over though, as they scored two goals in the final 6 minutes of the game to tie it. In Overtime, Plymouth, NH native

Owen Currier of Con- Nick Therrien scored the winner on a goal mouth scramble, and the Wolves took home the trophy.

"It was a fun atmosphere being in the rink and enjoying a tournament setting." said Coach Andrew Trimble. "The boys have worked very hard to get here and have come together. Great job Wolves.'

The Wolves JR, U16, U14 and Tournament teams have a busy calendar lined up for the month of December. For more infone-wolveshockey.com.

PSU women's hockey conference play cancelled

PLYMOUTH — New Plymouth State Uniwomen's ice hockev head coach Josh Funk will need to wait another year for his New England Hockey Conference (NEHC) debut as the league announced the cancelation of its regular season and championship tournament on Monday.

The announcement, released on the conference website, noted there would not be a conference regular season or championship tournament, but did give members the freedom to schedule non-conference

competition. We both understand the decision of the NEHC and feel for our student-athletes," Director of Athletics Kim Bownes. "Despite the lack of a regular conference season or championship, the league is allowing its members to create meaningful schedules that fit the needs of each school. Our intention is to schedule regional competition with teams that have comparable testing protocols to ours and are not restricted by travel."

The NEHC Board of Directors had voted in late July to postpone the 2020 portion of the schedule until January. The league becomes the latest in a list of Division III conferences to cancel play. Included among them is the Massachusetts State Collegiate Athletic Conference (MASCAC), where the PSU men's ice hockey team plays.

Conference statement The Directors of the New England Hockey Conference (NEHC) have come to the difficult decision to cancel the league's regular season schedule and the 2021 Championship NEHC tournament due to the coronavirus pandemic. The conference had previously announced the postponement of the 2020 portion of this season's schedule in July.

Member institutions

The conference will continue to monitor the latest data and health

winter.

guidelines as it pertains to COVID-19 and provide additional updates as ap-

St. Vincent de Paul Christmas Angel Program kicks off Dec. 1

St. Vincent de Paul/ Children's Foundation Christmas Angel Program is taking applications and handing out packages at the St. Vincent de Paul Society, located at 1269 Union Ave. in Laconia, starting Dec. 1. The program will be open on Tuesdays - Dec. 1 & 8 from 4:30 to 7 p.m. and Thursdays – Dec. 3 & 10 from 4:30 to 7 p.m.

This program is available to families with children ages birth to 18 years old. An outfit of clothing, socks, underwear/diapers and personal hygiene items will be given for each child. Any additional items in the package are through the generosity of anonymous donors.

COVID-19 Due to there will be a change in sign up and pick up procedures. Instructions will be posted outside the Food Pantry door. Parents will wait outside for their number to be called to turn in the request form and then they will wait in their vehicle for their number to be call to pick up their

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items by the Food Pantry garage door. Custodial parents/grandparents/ foster parents are asked to bring the appropriate paperwork if they have sole or split custody of the children.

Anyone wishing to make a donation of cash or new clothing, can stop by the St. Vincent de Paul Thrift Store, at 1269 Union Avenue, Laconia (next to McDonald's) or by mail to SVDP Children's Foundation, PO Box 6123, Laconia, NH



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RE/MAX Bayside donates to St. Vincent de Paul, Toys for Tots

REGION — Once again, the owners, staff and agents of RE/MAX Bayside recently delivered 40 turkeys to the Society of St. Vincent de Paul Food Pantry and

Thrift Store in Laconia. Each year, this worthy organization provides approximately 800 Lakes Region families Thanksgiving dinners that include all the fixings from

turkey to dessert.

"More than ever, this holiday season is a time to help those less fortunate," said Chris Kelly, the company's owner.

RE/MAX Bayside is also deeply involved in the Toys for Tots program. It is one of the region's busiest drop off locations. New, unwrapped items or monetary donations may be dropped off at the Meredith Office (208 Daniel Webster Highway at the junction of Routes 3 & 104), or at the Laconia Office (604 Main St., across from the Colonial Theatre on Route 106 in downtown Laconia). For contactless donations,



collections boxes will be outside each office during business hours. Or if you call the office number below upon arrival, we are happy to of-

fer curbside pick-up.

For more information about the Toys for Tots program call RE/MAX Bayside's Meredith Office at 279-0079, the Laconia Office at 527-8200, or e-mail info@baysidenh.

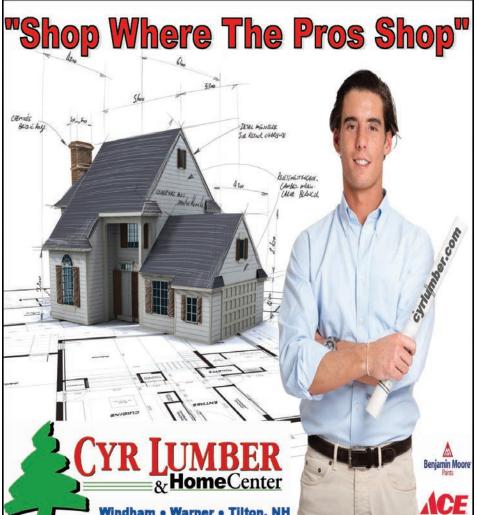
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Meredith Village Savings Bank launches annual Mitten Drive

MEREDITH — With cold weather moving in and the holidays approaching, Meredith Village Savings Bank (MVSB), is hosting their annual Mitten Tree drive. MVSB will contribute \$2 to local foodbanks for warm weather accessories generously donated by local community members.

To help protect donors during the pandemic, each branch will have a brightly decorated box where local community members can simply drop new handmade or store-bought mittens, hats, gloves and scarves. A complete list of locations are available at mysb.com.

"The Mitten Tree is a simple way for community members to get in the spirit of the holidays by helping those in need of food and warm winter accessories," said Rick Wyman, MVSB president. "We will bring the winter accessories to nonprofits throughout our region for distribution to families in need in our local area. In addition, we will contribute \$2 for every item donated by our community. This year, our contributions will be split between Gather Food Pantry in Portsmouth, the Plymouth Area Community Closet Food Pantry, the Lakes Region Food Pantry in Moultonborough and the Laconia Food Pantry."

Unlike a stock bank, Meredith Village Savings Bank (MVSB) is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For more than 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mysb.com.







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