

# Gilford Steamer

THURSDAY, SEPTEMBER 22, 2016

GILFORD, N.H. - FREE

## Gilford voters cast their ballots on Primary Day

BY ERIN PLUMMER  
eplummer@salmonpress.com

Gilford voters made their picks for state and county candidates during last Tuesday's primary.

On Tuesday, voters went to the Gilford Youth Center to cast their ballots to decide the Republican and Democratic candidates who will run against each other in the general election in November.

Jeanie Forrester of Meredith did not receive the Republican nomination for governor, which went to Chris Sununu, though she was the popular choice for Republicans across the Lakes Region. Gilford voters cast 356 votes for Forrester. Frank Edleblunt received 271 votes, Chris Sununu received 253,

Ted Gatsas got 145 votes, and Jonathan Lavoie received two.

Kelly Ayotte, who emerged as the state-wide victor in the Republican Primary for U.S. Senate, was also chosen by Gilford Republicans with 798 votes. Jim Rubens received 185 votes, Tom Alclere received 14, Stanley Michael Emanuel received nine votes, and Gerard Beloin received eight.

Gilford voters chose eventual nominee Frank Guimta for Representative in Congress for the First District with 483 votes. Opponents Rich Asooth received 379 votes, Michael Callis received 42, 36 votes went to Robert Risley, and Jamieson Hale Gradert received 13.

Joe Kenney was the choice in Gilford for Executive Councilor in District 1, as he was throughout the district he inherited from the legendary Ray Burton. Kenney received 716 votes versus 107 votes for Paul Carreiro.

For county sheriff, Gilford Republicans chose Michael Moyer with 576 votes versus 387 votes for William Wright.

Hunter Taylor was the main choice for county commissioner on the Republican ticket. Taylor received 688 votes versus 190 votes for Jonathan Smolin.

Glen Aldrich and Norman Silber were chosen as delegates to the state convention. Aldrich received 546 votes  
SEE ELECTION PAGE A8



COURTESY

### Franklin Savings Bank donates school supplies to GES

Pictured above are Gilford Elementary School Principal Danielle Bolduc, Assistant Principal Sean Walsh and two employees from Franklin Savings Bank. The administration at GES wanted to say thank you to Franklin Savings Bank for their generous donation of school supplies to the Gilford School District.

## Efforts in progress to purchase Piper Mountain land

BY ERIN PLUMMER  
eplummer@salmonpress.com

An effort is underway to raise money for the purchase of 273 acres of highly valued conservation land on Piper Mountain, aiming to fill in a missing piece in a wider area of town owned land.

According to a statement from the Conservation Commission, the commission recently entered into a purchase and sale agreement for a 273-acre parcel of land on Piper Mountain. On Wednesday Conservation Commission chair Carol Hall and Gilford Land Conservation Taskforce Chair Everett McLaughlin spoke with the board of selectmen about using conservation funds to help the purchase.

Carol Hall said this purchase as on the town warrant in 1979, though the land they aimed to purchase at that time did not include this particular parcel. Hall said the commission has been aiming to get this land and have it surround-

ed by all town owned land.

The land has been named a top priority for conservation by the Conservation Commission, the Gilford Land Conservation Taskforce, and the Belknap Range Conservation Coalition.

The purchase carries a cost of around \$220,000. McLaughlin told the selectmen the Conservation Commission is looking to withdraw up to \$115,000 out of its conservation funds to support the land purchase and was seeking the board's approval.

McLaughlin said as of that day they have a clear title and a deposit is required as soon as the title is cleared. McLaughlin said there will be a many other expenses that go with this project.

"I just want to publicly thank Ernie Houle for allowing us to even purchase his property," McLaughlin said.

Town Administrator Scott Dunn said the board cannot approve

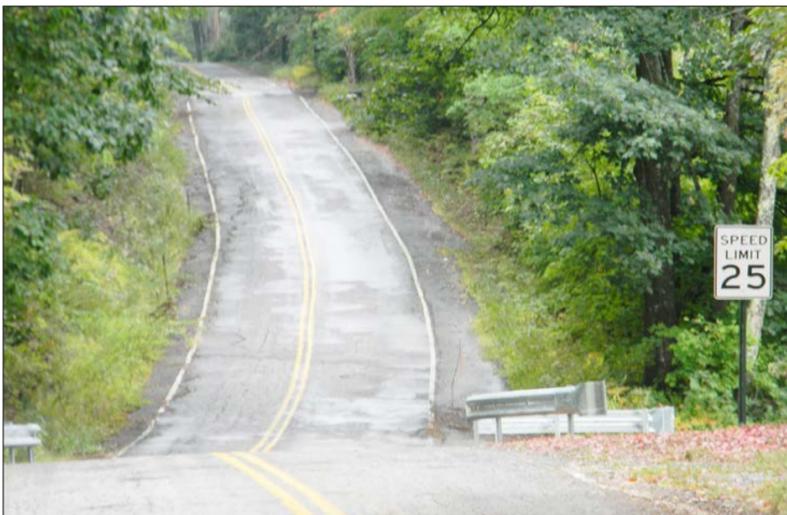
the use of conservation funds and its only role would be to approve the acceptance of ownership of the property. The town treasurer would be the one to write the check, which would go into the manifest and it would be the board's role to support the manifest.

McLaughlin said the title search had just been completed that day and a deposit was needed soon. Selectman Chan Eddy said when the sale is approved they could make the purchase. Dunn said key principals would need to come in the next day to provide some signatures.

The board unanimously approved a motion to purchase 273 acres of the property on Piper Mountain for \$220,000.

"Awesome job, wonderful work," said board chair Richard Grenier.

The Conservation Commission is looking to raise \$120,000 by Jan. 17, 2017 to procure the land.



ERIN PLUMMER

Potter Hill Road is showing significant cracking, and is scheduled to be redone in 2017, though a number of residents say the poor road conditions have been keeping speeds down on the road.

## Potter Hill issues still in discussion between town, residents

BY ERIN PLUMMER  
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Discussion continues on the best way to address the road conditions on Potter Hill Road while mitigating issues with high speeds.

The board of selectmen discussed the ongoing issue last Wednesday with resident Gary Kiedaisch, who represents a number of residents on that road.

The road is scheduled to be redone in 2017 due to poor conditions and drainage issues. Residents, however, have said repaving will exacerbate the high speeds and traffic down that road. Some residents have asked that it return it to gravel.

On Wednesday, Town Administrator Scott Dunn said board members visited Potter Hill Road that day and saw the road's problems firsthand.

The original plan called for the reconstruction of one mile of the road. After speaking with staff that recommendation was reduced to 1,400 feet. Selectman Chan Eddy said that 1,400-foot section of the road has been broken up and there are significant drainage issues. Eddy said that is a project that needs to be done to correct the drainage issue, which causes safety concerns.

Kiedaisch said the road wasn't used that much until it was paved and people would use the road a lot when it was freshly repaved.

"The best thing that happens to us up there is when the road gets into disrepair," Kiedaisch said.

Kiedaisch said he is sympathetic to the town's desire to fix the drainage and make the road serviceable.

"What the residents are looking for is relief from the speeders," Kiedaisch said.

He said he is thankful for the efforts the town has undertaken so far to mitigate speeds. He said  
SEE POTTER HILL PAGE A8

## GHS students to bring children's classic

BY ERIN PLUMMER  
eplummer@salmonpress.com

The story of an orphaned girl and her special garden will come to the Gilford High School stage this fall.

In November, GHS theater students will put together a production of "The Secret Garden," a musical by Lucy Simon based on the classic children's book by Frances Hodgson Burnett. In the play Mary (played by

SEE SECRET GARDEN PAGE A10



ERIN PLUMMER

Dawson Ellis (playing Archibald Craven) and Cyndal VanSteenburg (playing Mary) rehearse a scene from the upcoming Gilford High School production of "The Secret Garden."

## Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

**Mark:** Stars and stones, Molly, why have you pulled piles of controversial, oft amazing, oft loathsome books off our shelves and put them on display? I see "Of Mice and Men" sitting right next to "Mein Kampf" and the King James version of The Bible. Riddle me this.

**Molly:** Well, Mark, we're working to raise awareness of censorship in our community by celebrating banned book week with the American Library Association.

**Mark:** Molly! Why would we celebrate censorship and the banning of books?! Shouldn't we promote open readership and the Right to Read?

**Molly:** "By focusing on efforts across the country to remove or restrict access to books, banned book week draws national attention to the harms of censorship" (quote from the American Library Association). By putting these titles on display, we are celebrating them and encouraging patrons to check them out.

**Mark:** But censorship can be a good thing! I could ban all the books I dislike and mold the minds of the youth into thinking just like me.

**Molly:** While one Mark is fun enough, do you think the world would be any better if it was filled with people who only think and

act like you? **Mark:** Point taken.

**Molly:** Celebrating the right to read goes hand in hand with celebrating the different interests and perspectives of the many types of people in our world. Censorship limits diversity, hinders learning, and necessitates the tyranny of the censor.

**Mark:** Sounds abysmal. How does a book even get banned in most libraries and schools?

**Molly:** Books are rarely banned entirely, but often books are challenged because of content, language, or political/religious/social perspectives. While historically many adult books have been challenged, children and teen books have been challenged more often in recent years. Schools and library have review practices for determining whether a challenged material merits banning.

**Mark:** So if I want to think for myself and marvel at the books that have been challenged over the years, where should I go?

**Molly:** We'll have a display up highlighting some challenged books from our collection. The American Library Association Web site has plenty of more information about banned and challenged books, as well as lists. It's my favorite themed

week of the year so feel free to chat with me about banned books and censorship whenever you spot me.

### Classes & Special Events Sept. 22 to Sept. 28

**Thursday, Sept. 22**  
Play and Learn, 10:30-11:30 a.m.

Bring your child to this special sign-up playgroup. A new activity will be offered each week, and coffee will be served to caregivers.

Library Card Sign Up Month Visits, 11:30 a.m.-12:30 p.m.

Kayleigh will visit Kitchen Cravings with library card mascot Rita Book to promote Library Card Sign Up Month. Stop by to say hello!

Brown Bag Book Discussion, 12:30-1:30 p.m.

This month's book is "Leaving Before the Rains Come" by Alexandra Fuller, described as "Remarkable, beau-

tifully written and fantastically entertaining..." Led by Abi Maxwell, copies of the book will be available at the circulation desk.

Conversational French, 3:30-4:30 p.m.

Evening Book Discussion, 6:30-7:30 p.m.

See Brown Bag Book Discussion description above.

Foreign Movie Night, 7-9 p.m.

This night's foreign movie is from Germany

**Friday, Sept. 23**  
Social Bridge, 10:30 a.m.-12:30 p.m.

Storytime, 10:30-11 a.m.

Songs, stories, rhymes, and a craft. For three to five year olds with caregiver. Sign up required.

Knit Wits, 1:30-2:30 p.m.

Conversational German, 2:30-3:30 p.m.

**Saturday, Sept. 24**  
Library Card Sign Up Month Visits, 11:30 a.m.-1:30 p.m.

Kayleigh will visit the Gilford Farmer's Market with library card mascot Rita Book to promote Library Card Sign Up Month. Stop by to say hello!

**Monday, Sept. 26**  
Mahjong, 12:30-3 p.m.

Lego Club, 3:30-4:30 p.m.

Evening Line Dancing, 4-5 p.m.

End your day with Bonnie Deutch and perfect some smooth moves.

**Tuesday, Sept. 27**  
Social Bridge, 10:30 a.m.-12:30 pm

Fiber Friends 10:30 a.m.-12:30 pm.

Open to anyone interested in rug hooking or fiber arts. Bring your own project.

Lapsit Storytime, 10:30-11 a.m.

Songs, lap bounces, finger plays, books, and playtime for children ages newborn to 2 and their caregivers.

Storytime, 11:15-11:45 p.m.

Stories, songs, and a craft for children ages three to five. Independent.

Makerspace Club: Cardboard Creations, 3:15-4:30 p.m.

Eight to 11 year olds are invited to sign up for this three week program meeting Sept. 13, 20th, and 27th from 3:15-4:30pm. This month's theme is Cardboard Creations! Put on by the Gilford Public Library, the Gilford Youth Center, and the Gilford Parks and Rec. Funded by the Friends of the Gilford Public Library.

Classics Book Discussion, 6:30-7:30 p.m.

This month's book is "The Haunting of Hill House" by Shirley Jackson, a classic supernatural thriller by an author who helped define the genre.

**Wednesday, Sept. 28**  
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

## UMC hosting Bible Study on "The Gospel of Mark For Everyone"

Pastor Tom Getchell-Lacey, pastor of the First United Methodist Church of Gilford and Laconia, will be leading a study on the Gospel of Mark. The first four books of the New Testament, collectively called "The Gospels," are the primary sources for the Christian faith. Of the four, The Gospel of Mark is the earliest and simplest account of the life and ministry of Jesus. As such, it is an incredibly important

portion of the Bible to study and with which to familiarize ourselves.

This fall, you are invited to join church members and friends (and anyone else you choose to invite) to study Mark together. A small group study of Mark is being offered on Wednesday, Oct. 5, at 1 p.m. in the church's Fireside Room. The Bible is our primary text, but we will

also be using the book "Mark For Everyone" by Tom Wright as a guide for our reading. As one commentator puts it, "Tom Wright's eye-opening comments on the Gospel of Mark and what it might mean for us are combined, passage-by-passage, with his fresh translation of the Bible text. Making use of his true scholar's understanding, yet writing in an approachable and anecdotal style, Wright cap-

tures the urgency and excitement of Mark's Gospel in a way few writers have." We are requesting a \$15 donation for each participant to cover the cost of the book.

To register, call the church office at 524-3289 on Monday - Friday, (8:30 a.m.- noon), or leave a message at the same number. The church is located at 18 Wesley Way (Off Route 11A, near the 3/11 bypass), Gilford.

## Gilford Public Library Top Ten Requests

1. "The Underground Railroad" by Colson Whitehead
2. "After You" by Jojo Moyes
3. "Hillbilly Elegy" by J. D. Vance
4. "The Woman in Cabin 10" by Ruth Ware
5. "Sweet Tomorrows" by Debbie Macomber
6. "A Great Reckoning" by Louise Penny
7. "The Girl on the Train" by Paula Hawkins
8. "The Girls" by Emma Cline
9. "Bullseye" by James Patterson
10. "Run Fast, Eat Slow" by Shalane Flanagan

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## Stone Family Fund helps raise the roof over the Belknap Mill

LACONIA —The Belknap Mill Society is delighted to recognize Douglas and Angela Stone and the Stone Family Fund for their generous gift to support the \$25,000 Karagianis Matching Gift Challenge. The Challenge was presented by the Karagianis family in honor of Peter S. Karagianis, to support the Society's work to raise a new roof over the Belknap Mill.

The Stone Family Fund's gift was awarded

through the New Hampshire Charitable Foundation, a statewide community foundation that connects Granite State donors with organizations, ideas and people to impact initiatives that strengthen communities. The family was inspired by the Society's energetic commitment to the preservation of the Belknap Mill and by the dedication of Peter S. Karagianis and the Karagianis family to support the Belknap Mill as a historic center

for community, culture and education.

"Whether a community thrives often comes down to the efforts of dedicated citizens," said Doug Stone. "Peter Karagianis led the way to preserve our cultural heritage. The Belknap Mill represents Laconia's past, and is the place where we come together in the present to envision our future. The Stone family is honored to make this contribution to preserve the Belknap Mill

and the heritage of the greater Laconia community."

Preserving the historic Belknap Mill is the work of the entire community. To make a donation to raise a new roof over the Mill, email [belknapmill.org](mailto:belknapmill.org) or call 524-8813.

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as the Lakes Region's unique historic gathering place and the community's center for award-winning cultural and educational programs. Built in 1823, the Belknap Mill is the oldest unaltered textile mill in the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a general donation or to learn about becoming a member, visit [www.belknapmill.org](http://www.belknapmill.org).

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# GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE

Director  
Gilford Parks and Recreation

## Senior Moment-um Programs

Scrabble Game Day – Monday, Sept. 26  
The Gilford Parks and Recreation Department is sponsoring a Senior Moment-um program on Monday, September 26th. Participants will meet at noon in the Community Church Fellowship Hall. Participants should bring

their “thinking caps” as we will be spending the afternoon playing, “Scrabble.” Participants are encouraged to bring a lunch as they join us for an afternoon of fun. Participants are asked to RSVP by Sept. 23.

per person, which will be collected when you check-in at the Town Hall. Participants are welcome to bring a snack or lunch if they so desire. Participants RSVP required by Wednesday, Sept. 28.

To RSVP or for more information, please contact the Gilford Parks and Recreation Department at 527-4722.

ed participants must RSVP at least one day in advance to each trip. The cost of the hikes is \$1 per person, per hike.

For more information or to RSVP, please contact the Gilford Parks and Recreation Dept. at 527-4722.

## Opechee Garden Club presents “Bonsai”

GILFORD — Opechee Garden Club is pleased to announce a lecture and demonstration program titled, “Bonsai,” presented by Fred McMullen, a bonsai aficionado, and one disciplined in the care and training of these unique trees. The Business Meeting and Speaker Presentation will take place on Monday, Oct. 3 at 1 p.m. at the Gilford Community Church, 19 Potter Hill Rd., in Gilford.

Bonsai is an art form originating and practiced in Asia for many centuries. Bonsai trees can be grown from the same seeds as trees that grow to full size, however, they are grown and trained so that they remain small and elegant. If preferred, one can forage for a very young tree in the wild, and, with care, adapt it to a potted environment before beginning to train it. Bonsai trees may be grown either inside, or outside, depending on the type of tree. Once a tree is ready for training/pruning, a particular style, of which there are dozens, must be chosen, and the tree prepared with wiring before the pruning with special small tools is begun. Since each time pruning is done growth begins in another part of the tree, knowing where and when to prune is

vital part of the art of bonsai, and takes a lot of practice.

Our speaker, Fred McMullen, has always been interested in horticulture. While still in high school, he worked at Poore's Greenhouses in Portsmouth, NH. After earning two degrees in Plant Science at the University of New Hampshire, in Durham, Fred worked at two large greenhouses, Lexington Gardens, and Pearsons, both in Massachusetts, where he advanced from “assistant grower” to “senior grower.”

He then returned to Durham, as the superintendent of the University's Research Greenhouse range, where he met Dr. Radcliff Pike, the University's Naturalist for all plant placement and selection. Dr. Pike, who had visited both Japan and China learning about the culture of Bonsai, introduced Fred to Bonsai with the care of a bonsaied juniper given in appreciation by Japan to the United States, and the then United States President, Theodore Roosevelt, who brokered the 1905 Japanese/Russo Peace Treaty Signing in New Castle, New Hampshire.

In 1980, McMullen and his family relocated back to Portsmouth where

he purchased Poore's Greenhouses, renaming it Portsmouth Flower and Garden, and there began honing his Bonsai skills daily. Today he has a wonderful collection of Bonsai, and enjoys the hobby tremendously. Talking to folks about Bonsai and its culture is always high on Fred's list of “things to do.”

Hospitality Chairs Lynne DeVivo and Betty Hovey, and their Committee, Edythe Adams, Cynthia Beebe, Betsy Bright, Karen Coppi, Linda Frawley, Ginnie Johnson, Bev Martin, Joyce McMath, Rosemary Murphy, and Eileen Russililo will provide refreshments and table décor. While the Business Meeting begins at 1 p.m., members and their guests are encouraged to arrive early to socialize before the meeting begins.

Opechee Garden Club meets on the first Monday of most months, at 1 p.m., at the Gilford Community Church, 19 Potter Hill Road, in Gilford. New members are always welcome. Contact us at, opecheegardenclub2012@gmail.com.

Opechee Garden Club is a member of the New Hampshire Federation of Garden Clubs, Inc., the New England Region, and the National Garden Clubs, Inc.

## Senior Moment-um Mount Washington Cruise – Monday, Oct. 3

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Oct. 3. We will meet in the Town Hall lobby at 9 a.m. before car-pooling to Weirs Beach to board a 10 a.m. cruise on the Mount Washington. The cruise will last two and a half hours and will feature the beautiful mountains and spectacular fall scenery around Lake Winnepesaukee. We will return to the Weirs at approximately 12:30 p.m. The cost of the cruise is \$30

## Adult Fall Hiking Program continues on Wednesday mornings

The Gilford Parks and Recreation Department is sponsoring a number of fall hikes for any adults looking for fresh air, fun, exercise and beautiful foliage on Wednesdays this fall. The scheduled hikes continue on Sept. 28 at Piper in Gilford. Participants will gather each morning at 9 a.m. in the Gilford Town Hall Lobby before departing for the hike. All interest-

## Coed Adult Volleyball Begins Tuesday, Sept. 27

The Gilford Parks and Recreation Department is sponsoring a pick-up co-ed volleyball program for adults ages 18 and up, to be held every Tuesday evening from 7 – 9 p.m. in the Gilford Middle School Gymnasium. This program begins on Tuesday, Sept. 27 and runs each Tuesday through the spring. There is a \$2 fee per participant, per evening. No pre registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.



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ly overlooked by our adopting public in favour of those oh so cute kittens – how can she compete with youth?

To her a week at the shelter must seem like a lifetime... if you can promise to provide a stable, save environment for a senior lady who truly should not live out her days at our shelter, deserving of the quiet coziness of a loving forever home, then please come and visit this adorable little cat.

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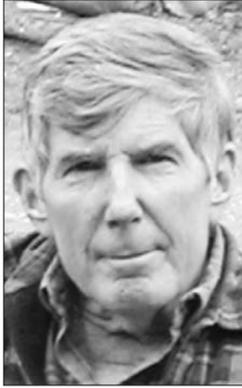
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## NORTH COUNTRY NOTEBOOK

# Something in the fall air moves an old trapper to set out his line



By JOHN HARRIGAN  
COLUMNIST

Something in the crispness of the morning the other day made me reach for my traps and get busy laying out my trap. There was a chance of frost in the coming night.

But unlike real trappers, who must mark their traps clearly with names and contact information and have landowner permission and meet a lot of other rules and regulations, I didn't need to bother with any of that because I'm after mice.

Cooler weather gets mice to thinking, in their tiny little brains, about where they're going to hole up for the winter. In the wild it's under the bark of fallen trees or deep in moss or under all manner of forest duff. In the not-so-wild, it's my house, which looks to a mouse, I guess, like the ultimate Mouse Hilton.

I think General Westmoreland coined the term "pre-emptive strike," which is what I do with mice. I try to get 'em on the way in. Ergo, I begin the trap line in the main barn, continue it into the shop, set traps in the Fish ad Game Room, set one on the cellarway landing, and finally slide one in near the dog's bowl in the kitchen, where mice have



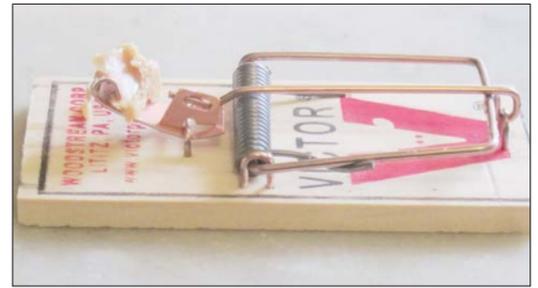
New Hampshire has a half-dozen species of mice. This one is a white-footed mouse, or it might be a white-footed deer mouse, depending on your source.

been known to steal dry pellets.

For this seasonal chore, I use the old standby, the basic Victor spring-trap, baited with a dab of peanut butter, the best all-around bait I've ever found. And yes, I've tried all of the new-fangled traps I've seen on the hardware shelves. If you're squeamish about touching or even seeing a dead mouse, some of these no-touch, no-see traps are for you. But for me, nothing works like a Victor.

I know a couple of things about the Victor company. One is that its traps work really well. Another is that I hate it when a trap snaps while I'm putting it on the floor, in which I use up a lot of swear words, but that's not the Victor Company's fault. A third is that the quality-control system at Victor must be really something, because I've never bought a dysfunctional trap.

But for the sheer vicarious thrill of it (Oh, the life of a writer!), I Googled "Victorpest.com" to find out more about this king (to me) of the mousetrap world



JOHN HARRIGAN

A Victor mouse trap, all loaded with peanut butter and ready to go onto the cellarway floor.

in Lititz, Pennsylvania.

The site title says "World Leader in Rodent Control since 1898." There is a chart on how to tell a mouse from a mole or a gopher. And there is "About us," which informs us that Victor is owned by the Woodstream Corporation, described as "a long-standing, privately-held company and a leading manufacturer and marketer of quality-branded rodent control products, caring control products for pets and wildlife, natural solutions for lawns and gardens, wild bird feeding products and outdoor living decor." And all this started, apparently, with a mousetrap.

Deranged people, of course, have spent

way too much time trying to build a better mousetrap, including people who have spent way too much time in camp. Untold bottles of Old Skunk have fueled untold scheming on how to deal with mice, not only when you're actually in camp, when mice made lively and bold by a fire in the stove are apt to hold the Cowntown Races on rafters and shelves and occasionally run across your face in the middle of the night, but also when you've finally succumbed to what passes for civilization and left the premises, which leaves the field open for mice to wreak havoc.

But lo and behold, someone---no one seems to know who was the actual inven- SEE **NOTEBOOK** PAGE A10

## FROM OUR READERS

### Thank you for your support

To the Editor:

Thank you to the voters of Gilford for the strong support shown for my candidacy for the Belknap County Board of Commissioners in the primary election on Sept. 13. I ask for your continued support

in the General Election on Nov. 8. If elected, I promise to do my best over the next two years to deserve your support.

Hunter Taylor  
Alton

### Forest Society has destroyed Wesley Woods

To the Editor:

Shame on the Society for the Protection of New Hampshire Forests for absolutely destroying a wonderful resource in Weeks Woods.

For years, many organizations and individuals of all ages and abilities have enjoyed the many trails for running, hiking, exploring, dog walking and cross country skiing and snowshoeing. We have observed sunrises and sunsets with

owls, deer, porcupine, foxes, rabbits and birds, chipmunks and squirrels. Varied mushrooms in every hue and size graced the paths. Weeks Woods steward, Hal Busch, effectively maintained the wonderful trails for years with hard work only to see all his efforts absolutely obliterated.

Why? This destruction was done simply for the sake of the profits to be made through logging. If the Society had publicized their plans to ruin these woods for people use, there would have been a huge outcry and protest, but this was rushed through without public input. Now it's too late to salvage. I was devastated to see the mess of muddy wide roads, huge holes, gravel, rocks and roots which have obliterated all the beautiful wooded trails. As a result, this is one organization which has lost our support and confidence. It is a pity because we need groups such as this to protect and conserve our most valuable resources.

We will deeply miss our peaceful sojourns and explorations in Weeks Woods.

Sandy McLaughlin  
Kate Bruchacova  
Gilford

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# Meredith Village Savings Bank Fund grant applications due Oct. 15

MEREDITH — Meredith Village Savings Bank (MVS) is accepting grant applications for the MVS Fund at New Hampshire Charitable Foundation through Oct. 15.

Established in 1997, the MVS Fund awards grant-based contributions to non-profit organizations that enrich and improve the quality of life for residents living in the

Bank's service areas. Since its inception, 294 grants totaling more than \$1,184,467 have been awarded to a wide range of environmental, social, educational and historic projects

throughout the Lakes Region and Plymouth areas.

Over the years, the Fund has supported literacy programs, after-school programs, environmental monitoring as well as education and restoration of historic structures, organizations that provide support for individuals and families in challenging circumstances and equipment that helps save lives. While not focused on a particular category, Fund administrators are mindful of the receiving organization and its contribution to the quality of life in the communities served.

To qualify for an award, the following criteria should be met: -Organizations are recognized as tax-exempt under section 501(c)3 of the Internal

Revenue Code and public agencies are eligible to apply.

-Organizations and public agencies should have their primary base of operations in the Lakes Region or Plymouth area of New Hampshire.

-Grants generally range from \$1,000 to \$15,000. The majority are for less than

\$10,000. -Proposals are sought from organizations which:

-Represent a high internal priority for the applicant organization and are related to its mission and development;

-Include a clear, practical plan with objectives for services, SEE FUND GRANT PAGE A11

## Lakes Region Chamber & Greater Meredith Program to present "The Arts & NH's Creative Economy" program

LACONIA — The Lakes Region Chamber of Commerce and the Greater Meredith Program (GMP) will host Kent Devereaux from New Hampshire Institute of Art (NHIA) to present "The Arts and New Hampshire's Creative Economy" on Wednesday, Sept. 28 from 7:30 to 9 a.m. in the Steamboat Room at the Chase House in Meredith.

Kent Devereaux, President and Chief Academic Officer of NHIA, is meeting with business groups throughout the state to discuss the importance of a healthy arts community as an essential ingredient in creating a thriving economy. The presentation

will cover a range of topics including how the arts have changed over the years, how the arts bring people together and provide shared cultural experiences that strengthen the fabric of a community.

Belknap EDC is part of the sponsorship collaboration in support of creative economy, a catalyst and partner for property development in the region including the Colonial Theater project. Meredith is home to the Meredith Sculpture Walk, a GMP initiative, and is a fitting location for a discussion on the economic impact of the arts.

Seating will be limited. Pre-registration

is available at LakesRegionChamber.org. Coffee & muffins will be available. The program is free to attend. Seating begins at 7:30 a.m., and the program will begin promptly at 7:45 a.m.

The Lakes Region Chamber of Commerce is a non-profit membership organization, supporting businesses in 22 towns/cities with vision to create new opportunities, drive economic growth through collaboration and there by building a stronger community. For more information about the Lakes Region Chamber of Commerce, go to LakesRegionChamber.org or find them on Facebook, Instagram and Twitter.

## Wayfarer Coffee Roasters to host morning networking event for Fusion

LACONIA — Fusion invites everyone to come percolate new ideas and brew up connections on Friday, Sept. 23 at a morning networking event hosted by Wayfarer Coffee Roasters. The event runs 7:30 to 9 a.m., just in time for that first (or second) cup of delicious Pourover, Chemex or French Press Wayfarer coffee.

Located at 626 Main St. in Downtown Laconia, Wayfarer Coffee Roasters is a small-batch roaster and coffee shop. They roast all of their coffee in-house, one batch at a time, overseen by their head roaster. This is also a perfect opportunity to try their incredible waffles or creative teas while making new friends and lasting connections.

The event is free and open to the public. For more information on this event, please visit Fusion's Web site (fusionnh.org/events).

Fusion is a Lakes Region based networking group focused on developing relationships and giving back to the community. Fusion NH is focused on developing future leaders, encouraging civic involvement and contributing positively in the communities we serve. Fusion is located in Laconia (PO Box 6503, Laconia, NH 03247). For more information about what Fusion can do to support your business or

organization, and how to get involved, please contact us via email at

FusionNH603@gmail.com or visit FusionNH.org.



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**Joseph M. Roux, 53**

NORTHEIFLD — Joseph M. Roux, 53, of Northfield, beloved son of Theresa Roux Huston,

passed away peacefully at his home in Northfield on Aug. 26, 2016.

A lifelong resident of the Lakes Region, Joseph was born to Robert Roux and Theresa Roux

Huston in Laconia on Oct. 13, 1962. He was a graduate of Inter Lakes High School in Meredith, and was employed by CRST Expedited, Inc., Cedar Rapids, Iowa. An avid photographer and cook, Joseph enjoyed sharing his talents with friends and family.



Joseph is survived by his mother, Theresa Roux Huston; his aunts, Sr. Pauline Breancier, West Palm Beach, Fla., Doris Kipe, Orlando, Fla., Stella Roux, Barefoot Bay, Fla., and Madeline McGrath, Gilford. He is also survived by his sisters, Sandra Fitzgerald, Cary, N.C., Jacqueline Shone, Bristol, and Denise

Roux Bagley, Middletown, Ohio, and brothers Randall, James, and Robert Huston, Moultonborough, as well as his nieces, nephews, and cousins.

Joseph was preceded in death by his fathers, Robert Roux and Robert Huston, Sr.

A celebration of life will be held for family and friends at St. Charles Church, Meredith, on Oct. 6, 2016 from 10 to 10:45 a.m., followed by a memorial mass. Interment will be at Meredith Village Cemetery immediately following the mass.

In lieu of flowers, a Memorial Fund is being set up to assist with funeral and burial expenses. Donations may be sent to the: Joseph M. Roux Memorial Fund, Citizens Bank 66, NH, Route 25, Meredith, NH, 03253.

Wendy Elizabeth "Svarna" Wilkens died peacefully at her Gilmanton home on Aug. 22, 2016 with her family around her.

**Wendy Elizabeth "Svarna" Wilkens, 73**

GILMANTON — Wendy Elizabeth "Svarna" Wilkens died peacefully at her Gilmanton home on Aug. 22, 2016 with her family around her.

Daughter of William B. Wilkens and Laurose (Schulze-Berge) Wilkens MacFadyen, she was born Dec. 9, 1942 in New York, N.Y.

She was predeceased by her parents and her brother, William B. Wilkens, Jr., and is survived by two sisters, Joanne Wilkens and Phyllis Weston of Gilmanton; a brother, John Wilkens; and numerous nieces and nephews.

Wendy graduated from Laconia High School and Sweet Briar College, spending her junior year in Madrid, Spain. After college, she served in the Peace Corps in Thailand for two years, where she taught English and developed an interest in



Eastern religions and philosophy.

Upon returning home, she earned a Master's degree from Boston University, and subsequently taught English as a Second Language at Harvard Summer School and the University of San Francisco. Wendy was a founding director of the English Center for International Women at Mills College in Oakland, Calif., where she taught English for several years.

Wendy's interest moved from education to psychology when she discovered the work of the pioneer hypnoterapist and psychiatrist Milton Erickson. She traveled to Arizona to study with Dr. Erickson, and was certified to practice alchemical hypnotherapy, which she later integrated into her doctoral studies in psychology.

Wendy's interest in Eastern philosophy developed into a deep spiritual practice that inspired her family and friends. Seeking to understand the relationship of Eastern philosophy

to human psychology, she accompanied Zen Master Seung Sahn on a walking pilgrimage to Buddhist sites in India, and spent time with the philosopher Rajneesh Osho at his International Meditation Center in Pune, India. She subsequently earned a PhD in counseling psychology at the California Institute of Integral Studies integrating her knowledge of Eastern practices into her own clinical therapy work. Wendy was a licensed clinical psychologist, maintaining private practices in both Gilmanton and Carmel, Calif.

Wendy lived courageously and independently at her much loved home in Gilmanton in spite of progressive ALS, and enjoyed the beautiful views and wildlife that surrounded her. Memorial donations may be made to the Squam Lakes Natural Science Center, PO Box 173, Holderness, NH 03245.

A memorial service will be held Dec. 10, 2016 in Gilmanton, location to be announced.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

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# A tribute to Sarah Josepha Hale at Gilmanton Historical Society Sept. 27

GILMANTON — A native of Newport, America's first female editor, Sarah Josepha Hale, made Godey's Lady's Book the most influential women's magazine of its time. She is also known as the author of the poem "Mary's Lamb" and for her efforts, over three decades, to have Thanksgiving decreed a national holiday.

In this living history set in 1866, Sharon Wood portrays Ann Wyman Blake, a resident of West Cam-

bridge, Mass., speaking of her admiration for Hale. As Blake, Wood shares stories of Hale's many accomplishments while living in Boston, including an editorial career that spanned five decades. The program is sponsored by New Hampshire Humanities.

The program, at Old Town Hall in Gilmanton Iron Works, begins at 7:30 p.m. Social hour and refreshments begin at 7 p.m. The Society's museum



Sarah Josepha Hale, 19th Century editor and promoter of Thanksgiving as a national holiday, is the subject of Sharon Wood's presentation at the Gilmanton Historical Society program on Tuesday, Sept. 27.

at 7 p.m.

This is the final program in the Gilmanton Historical Society's 2016 summer series. A brief annual meeting to elect officers will precede the program.

The programs are free and open to the public. The hall is handicapped accessible. The Society's Museum is open at 7 p.m. before the program, and Saturdays during the summer from 10 a.m. until noon. Donations to support the work of the Society are always welcome.

## Sarah Xiao of Gilford graduates from Bates College

LEWISTON, Maine — Sarah Xiao, the daughter of Mr. Zehong Xiao and Ms. Mei Yu of Gilford, graduated after majoring in geology at Bates. She is a 2011 graduate of the Holderness School.

Bates College graduated 462 students from 32 states and 43 countries. Cumulatively,

the Class of 2016 performed approximately 17,500 hours of commu-

nity service, exemplifying Bates' commitment to community learning

and civic action.

U.S. Rep. John Lew- SEE XIAO PAGE A11

## LRCC partners with Toyota

LACONIA — The Lakes Region Community College Automotive Program in conjunction with Toyota USA, welcomes a fleet of eight new

vehicles from the Toyota T-TEN Dollar-Sale Program. Through LRCC's newly signed partnership with Toyota USA and Toyota-Lexus Dealerships, LRCC was able to purchase a 2015 Toyota Camry SE to be used by faculty and staff for recruitment.

LRCC will begin offering the Toyota Technician Training and Education Program in late August 2017, which will provide intensive tech-

nician training by combining state-of-the-art automotive diagnosis and repair education in the classroom with hands-on work experience in dealership settings through paid internships. LRCC is among only 36 institutions across the nation offering the program. With the addition of the program, the automotive department has welcomed instructor Scott Ellis of Bow as the lead instructor. SEE LRCC PAGE A11

## Laconia Adult Education offering course on "Transforming Stress to Vitality through Chi Kung"

LACONIA — Laconia Adult Education is offering an enriching opportunity to enroll in Transform Stress to Vitality through Chi Kung taught by Rick Hochsprung. The class will begin on Wednesday, Oct. 19 and will meet from 6:30 to 8 p.m. for a period of four weeks.

Students will find that they have an enhanced ability to relax and can manage chronic pain better. Students will begin to see an improvement in their concentration and focus in addition to being able to transform depression and distress

into a more positive emotional state.

Rich Hochsprung is a physical therapist with 22 years of experience in orthopedic and manual therapy. He will also be able to modify the instruction to the level of each participant in the class.

Students should bring a Yoga mat if they have one or a large towel and wear loose fitting and comfortable clothing. For more information or to enroll in this rewarding class please call the Laconia Adult Education Office at 524-5712.

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## ELECTION

(Continued from Page A1)

and Silber received 456. Jean Ferreira received 389 votes.

For state representative in Belknap District 2, which comprises Gilford and Meredith, Glen Aldrich received 647 votes in Gilford, Norman Silber received 611, Marc Abear received 607, and Herb Vadney received 599.

The remaining Republican races were uncontested. Harold French ran unopposed for state senator in District 7 and received 775 votes in Gil-

ford.

Melissa Guldbrandson received 793 votes for county attorney. Michael Muzzy received 814 votes for county treasurer. Judy McGrath got 824 votes for register of deeds. For register of probate Alan Glassman received 797 votes.

On the Democrat ballot, the pick for governor was Colin Van Osern, who received 182 Gilford votes. Mark Connolly received 125 votes, Steve Marchand received 77 votes, Ian

Freeman received four, and Derek Dextraz received three.

The remaining races were uncontested on the Democratic ballot.

Maggie Massan received 389 votes for US Senate.

Carol Shea-Porter received 378 votes for Representative in Congress.

Michael Cryans received 347 votes for Executive Councilor.

Gilford Democrats cast 385 votes for state senate incumbent Andrew Hosmer.

For state representative Lisa DiMartino received 353 votes, Nancy Frost received 306 votes, 277 votes went to John Anderson, and Dorothy Piquado received 287 votes.

No Democrats ran for sheriff county attorney, county treasurer, register of deeds, and register of probate.

For a complete breakdown, by district, of the races for state office, visit the New Hampshire Secretary of State's Web site, sos.nh.gov.

## POTTER HILL

(Continued from Page A1)

he saw car stopped by a police officer for the first time in a while and now the town has data as to the speeds on that road. Kiedaisch did say he saw a cruiser parked at his barn at 6:30 a.m., a time when no one will be down that road. He said the best time for someone to be there would be around the time people are going to and from the daycare or the Gilford Youth Center.

Kiedaisch said paving and doing road improvements will only exacerbate the problem.

He asked that road has a rural and historic character that residents want to maintain. That character is not being respected by allowing the high speeds and heavy traffic to continue. He said residents are requesting consistent enforcement, speed tables, and speed signs.

On the topic of addressing the drainage issues, Kiedaisch said while he operated Stowe Mountain Resort in Vermont drainage work was done on the unpaved ski area roads that maintained their character while addressing issues. Kiedaisch suggested the town utilize a ski area designer or engineer familiar with steep slopes.

Putting in a T intersection has been one option. Dunn said they have received no objections to putting in a T intersection and has been something that has been promoted. There is a concern by residents that a T intersection will have lit-

tle effect on speeding.

"I'll admit that I'm torn," Eddy said. "I understand the need to fix the road. I can understand even with the T intersection you're going to have people tearing up that road."

Board chair Richard Grenier said Kiedaisch's suggestion on addressing drainage was something they could look into. Grenier said he understands the country road aspect of that road, but that is a road used by visitors and residents and the road standards have to be maintained.

Public Works Director Peter Nourse said doing only 1,400 feet of that road will cost around \$125,000. Going by the suggestion to put ledge-pack on that road would cost closer to \$60,000 to \$70,000.

Eddy recommended tabling this issue and looking more into it, saying they need to do something in a few months. Selectman Gus Benavides said, while the full mile is currently in Nourse's budget for 2017, they should decide on this sooner than months.

Dunn said the public works budget requested \$1.3 million for roads and he cut that to \$1 million. He said this happened with the understanding they probably wouldn't spend the full \$250,000 on Potter Hill Road with many more roads waiting for attention.

Nourse said if plans are changed another road could be moved forward on that list.

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- Fall Foliage Festival, Waterville Valley, October 8-10, 2016
- NH Pumpkin Festival, Laconia, October 22, 2016
- Littleton Harvest Festival & Gathering of the Jack o' Lanterns,

- Littleton, October 29, 2016
- Moultons Farm, Meredith, Pick your own Pumpkin Patch, September 15, 2016.
- Moultons Farm, Meredith, Corn Maze Starts September 22, 2016 and will be open 7 days a week.
- NH Pumpkin Festival

- Gilford Farmers Market, Summer Market; September 17-24th
- Beans and Greens, Gilford, Harvest Festival; Sat-Mon Columbus Day weekend. Corn maze; opening on Friday September 16. Day Maze- 10am-5pm & Night Maze!

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## SECRET GARDEN

(Continued from Page A1)

both Kaia Langathianos and Cyndal VanSteenburg) returns to England from India after the deaths of her parents. She is put in the care of her uncle Archibald Craven (Dawson Ellis) on his country estate. There she finds a walled off garden that she makes her goal to rejuvenate.

This is a show that has never been done in Gilford.

Director Matt Demko said he saw the show

almost two decades ago at the old Lakes Region Summer Theatre and was a part of the production when Streetcar Company did it a number of years ago.

"We just felt like this year we had the right combination to do it," Demko said.

Demko said the show has a mix of intense themes combined with beautiful music and some unique production values. Demko said the

story is psychologically intense, but is appropriate for all ages. Demko said they aim to do shows the entire Gilford community can enjoy.

Demko said they have "24 very talented people" in the cast with a mix of new performers and veterans. He said this is the first show they have really done where all 24 cast members have individual lines and are not just members of the chorus.

Demko said they got

a good group of new students, including a number from Gilmanton. Additionally there is a great group of returning students.

There are no dance numbers or choreography in this production. In previous years the company has done two dance intensive productions and Demko said the students indicated they wanted to do something different. He said the stu-

dents wanted to do something that focused more on acting and characters than singing and dancing.

"This is almost like a play with music, almost like 'Our Town' and 'The Glass Menagerie.'" Demko said.

The tech crew will be working on some unique set designs and special effects.

"Techwise it's a challenge too, there's a lot of

scenes that happen and they need to be seamless," Demko said.

Elements of the set design will include the secret garden itself. The show will include the garden when Mary finds it and the final result of her and her friends' care.

"The Secret Garden" will take the Gilford High School stage Nov. 11 and 12 and the following weekend of Nov. 18 and 19.

## NOTEBOOK

(Continued from Page A4)

tor--has come up with what I regard as the ultimate Camp Mouse Trap. I saw a working model of this trap on the Fourth of July, set up in the woodshed at Camp Five off Magalloway Road, on the Middle Branch of the Dead Diamond, so in a setting like that it just had to be good.

Put a couple of inches of water (or anti-freeze in winter) into a five-gallon pail. Put a

cap on an empty plastic soft drink bottle and drill a hole through cap and bottom. Insert something long, thin and sturdy--an arrow is perfect.

Place the arrow and now-swiveling bottle across the top of the pail. Smear the middle of the bottle with peanut butter. Place the pail near a couch or shelf or some other certain mouse highway. Build a little ramp to

the lip of the pail. Make it nice and attractive and easy for the mouse. Maybe put up a tiny E-ZPass sign.

Voila! Mouse follows nose up ramp and then ventures on its tiny little feet out onto the arrow, and then onto the bottle, which spins, and "kerplop." Works, as Paul Amey would say, rearing back with a satisfied smile, thumbs stuck in suspenders, slick as a trout.

(Note to fellow trappers: Recycle your mice! Place their little carcasses atop a fencepost or some other high, clearly visible place around your yard, and an owl or a hawk or some other bird will be sure to get 'em.)

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or Box 39, Colebrook, NH 03576.)

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The average American retires at about age 63, according to data from the U.S. Census Bureau. If you enjoy your work, of course, you may want to go well beyond that age. But what if you don't want to wait until 63 or so? Can you afford to retire early?

Possibly – if you follow these suggestions:

- **Research the costs involved.** What will you do during your retirement years? Will you travel the world or stay close to home, pursuing your hobbies? Will you downsize from your current home? How will you pay for health care until you're old enough for Medicare? You will need to answer these and other questions to determine how much you will need to sustain a comfortable lifestyle as an early retiree.
- **Invest more – and invest for growth.** One big advantage in retiring at the usual age, or even later, is that it gives you more time to invest. But if you're determined to retire early, you will almost certainly need to accelerate your investment rate – which, in practical terms, means you'll likely have to contribute more each year to your IRA and 401(k) or similar employer-

sponsored retirement plan than if you were going to retire later on. Plus, you may have to "ratchet up" the growth potential of your investment portfolio. However, because growth-oriented investments typically are more volatile than other investments, you will be taking on more risk than you might otherwise. If you are truly uncomfortable with this risk level, you may need to re-evaluate your plans for retiring early.

- **Cut down your debt load.** It's always a good idea to enter retirement with as few debts as possible – but if you want to retire early, you may need to be even more diligent in controlling your debt load.

- **Know the rules governing retirement plan withdrawals.** If you want to retire before age 59½ and begin taking distributions from your IRA or 401(k) plan, you will generally be subject to a 10% early distribution penalty, plus normal income taxes. (To withdraw your earnings from a Roth IRA tax and penalty free, you generally must have owned the account for at least five years and have reached age 59½. You can withdraw

your contributions at any time tax and penalty free.) However, you may be able to avoid the 10% penalty if you take "substantially equal periodic payments," which are calculated based upon your age and other factors. Once these distributions begin, they must continue for five years or until you reach age 59½, whichever is longer. Other rules apply to these distributions, so before taking any, you will want to consult with your tax and financial professionals. And keep in mind that if your withdrawal rate is too high, you risk seriously depleting your retirement accounts, especially if your investments decline in value during the years you're taking these payments.

Most importantly, do everything early: Plan early, invest early (and don't stop), and lower your debt load early. Getting a jump on all these activities can go a long way toward turning your early retirement dreams into reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at [Jacqueline.Taylor@edwardjones.com](mailto:Jacqueline.Taylor@edwardjones.com). Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook [www.facebook.com/EJAdvisorJacquelineTaylor](http://www.facebook.com/EJAdvisorJacquelineTaylor).

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(Continued from Page A5)

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**XIAO**

(Continued from Page A7)

is, often called "one of the most courageous persons the civil rights movement ever produced," delivered the address at Bates' 150th commencement ceremony on May 29. In his speech, recounting his first meeting with the Rev. Martin Luther King Jr., Lewis said that the great civil rights leader "inspired me to stand up, to speak up and speak out." Lewis told the graduates, "You must find a way to get in the way and get in good trouble, necessary trouble. You have a moral obligation, a mission and a mandate,

when you leave here, to go out and seek justice for all. You can do it. You must do it."  
 He was joined by fellow honorands Lisa Genova '92, best-selling novelist and a member of the Bates class of 1992; Daniel Gilbert, author of "Stumbling on Happiness"; and Robert Witt, a member of the Bates class of 1962 and a leader in higher education.  
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**LRCC**

(Continued from Page A7)

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**About LRCC**

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves over 1,200 students annually. LRCC offers 28 associate degree programs including Nursing, Fire Technology, Business, Media Arts,

Culinary Arts, Automotive, and Marine Technology, as well as short-term certificate programs. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire.

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JEFF LAJOIE

Gilford's Josey Curley tries to gain possession of the ball in front of Prospect Mountain's Megan Chase in the host Eagles' 4-0 loss in Division III play on Sept. 15.



JEFF LAJOIE

Gilford captain Olivia Trindade clears the ball out of the defensive zone in the first half of the host Eagles' 4-0 loss to Prospect Mountain.

## Scoring woes continue as Eagles blanked by Prospect

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – It's been a trying start to the

season for the Gilford High School girls' soccer team. The Golden Eagles have struggled

to score goals, netting just four in their first six games of the season, and as a result, they

dropped their sixth straight contest to open the season last week, 4-0, to visiting Prospect

Mountain on Sept. 15.

"What it's coming down to is we need to play more simple out there, not try and do too much because that's been an issue so far this year," admitted second-year head coach Tom Raymond. "At times, we have shown the ability to make the simple pass and the simple runs. But we're not stringing enough of that play together and we're paying for it."

The loss to Prospect Mountain was the team's third shutout loss of the season, as the visiting Timberwolves scored twice in the first 15 minutes and led 2-0 at intermission. The squad did play better in the final 25 minutes of the half after withstanding the opening barrage, as the Eagles received a boost from the midfield play of Josey Curley and Lauren Dean.

Despite carrying a good portion of the play early in the second half, the Eagles were caught for two more PM goals early in the frame. The T-Wolves scored two goals in a span of 57 seconds early in the second, putting the game out of reach with a 4-0 deficit that proved too much to overcome.

Goalkeeper Hannah Perkins made eight saves for the Eagles, while the defensive

unit powered by Olivia Trindade settled down late in keeping the scoring margin at four goals.

"We've been trying a lot of combinations out there and I think now we're starting to hone in on who our defensive core is going to be moving forward," Raymond offered.

The good news for Gilford is that the squad is playing a horde of youngsters during the early portion of the season. Raymond started three freshmen against PM, and he hopes that infusion of youth will ultimately pay dividends down the road.

"It's been an interesting progression watching all the young players work their way into the lineup," said Raymond. "I think a few of them need to get a little more confidence and that really only comes with experience. Once they get more comfortable out there I think they'll start to play the way they're capable of."

Gilford's regular season schedule continued this week with games against Laconia and Hopkinton before the big annual clash on Homecoming with rival Belmont. The teams will meet for a second time in the rematch in Belmont on Oct. 1.

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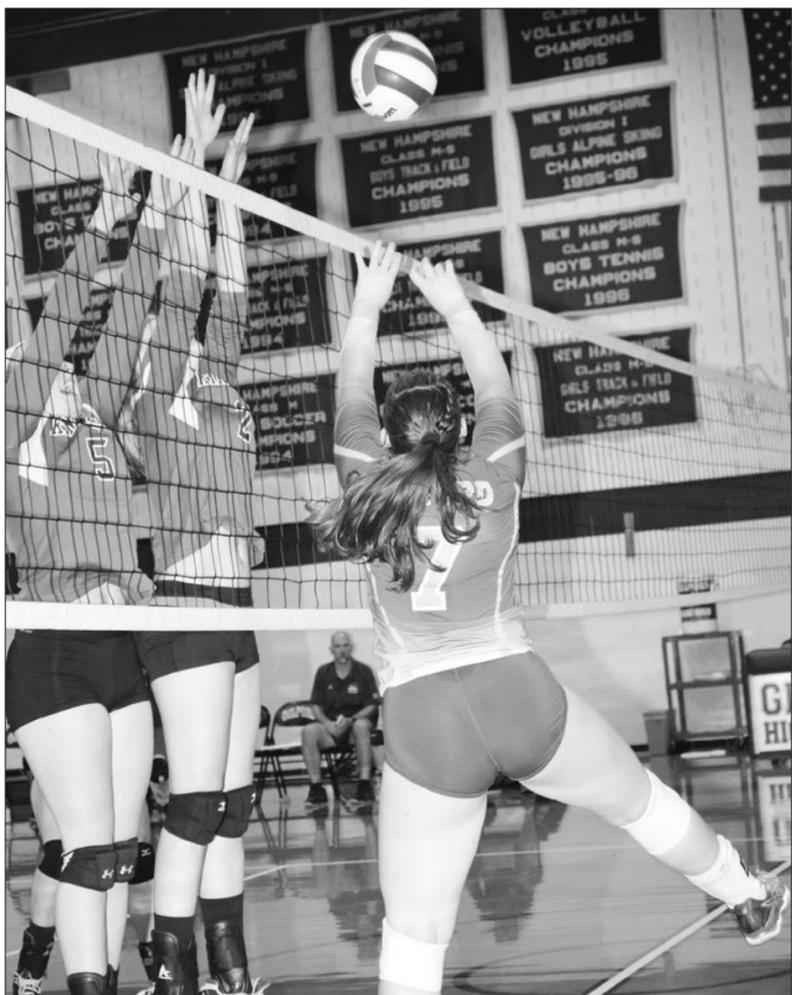
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JEFF LAJOIE

Gilford sophomore Lexi Boisvert battles at the net with a Kingswood player in the Eagles' 25-11, 25-21, 25-23 victory in Division II action on Sept. 12.



JEFF LAJOIE

Senior Maggie McNeil (7) pushes the ball around a pair of Kingswood blockers in the third set of the Eagles' 3-0 sweep.

# Eagles shake off opening loss, sweep Kingswood

BY JEFF LAJOIE

jjlajoie@salmonpress.com

GILFORD – The opening night of the season brought about a strange occurrence for the Gilford High school volleyball team. With a largely new starting lineup and newcomers all throughout the floor, the defending NHIAA Division II state champions and perennial powers were swept by Windham High School.

While it wasn't an ideal start for head coach Joan Forge's club, it didn't take long for the Golden Eagles to rebound. Gilford showed huge signs of improvement in its second match of 2016, and the Eagles bounced back in a big way with a 25-11, 25-21, 25-23 sweep of visiting Kingswood to earn their first win of the season on Sept. 12.

"This is a starting point," said Forge of the victory. "From here, we're going to capitalize on this win and move forward for the rest of the season."

While newcomers to the lineup are everywhere this fall, it was a pair of veterans leading the charge in the win against Kingswood. Senior Stevie Orton had 16 kills and 17 digs, both team-highs on the night, while classmate Cynthia Gagnon added eight kills, six blocks and 12 digs.

"Stevie loves playing on the outside this year,"

said Forge of Orton, who was a middle hitter on last year's state championship team. "And Cynthia was able to own (Kingswood's) big hitters at the net for us."

It was a dominant start to the match, as Gilford jumped out to a 12-3 lead in the opening set with the offense of Orton and Gagnon leading the charge. Sophomore setter Karly Sanborn did the bulk of the work from the service line, and the Eagles eventually pulled away thanks to some timely kills from senior Maggie McNeil (seven kills, 12 digs, team-high four aces) en route to the 25-11 win.

"For many of our players, this was the best match of their careers," said Forge.

Gilford led for the entire second set, though the scores remained a bit tighter as Kingswood got its offense settled down. But the Eagle defense played well, led by the back row of Bailey Hildreth (seven digs), Sydney Holland and Kasey Moore. Holland in particular impressed, as she came off the bench despite nursing an injury to give Gilford valuable minutes on the floor.

"I thought overall we did a much better job reading things defensively than we did against Windham," Forge said. "We had players in position to make the plays."

The final set was a battle, with Gilford leading throughout and holding on despite a late Kingswood charge. Kills from Maddi Currier and Lexi Boisvert (four kills, 16 digs) set up match point, and a service error by Kingswood gave the Eagles a 25-23 win to secure the sweep.

Sanborn in particular

looked solid on the night, as the team's new setter registered 27 assists and 10 digs as well as some clutch serving in just her second varsity match after taking over for two-year starter Shannon Mercer.

"This is her first year ever setting," began Forge of Sanborn. "She's very athletic and fast, and

that's why she's here in this position. I think really, the whole direction of our season is going to be how well she can find the sweet spots for our hitters. She did a better job of that tonight."

The Eagles closed out the solid week with a 3-1 win over Plymouth, as Gilford earned a 25-22, 25-14, 23-25, 25-14 victory on

Sept. 14.

Orton totaled nine kills and two blocks on the night, while Gagnon added seven kills and four aces. McNeil (six kills), Boisvert (seven kills) and Sanborn (20 assists) were again solid, while Naomi Eldridge registered eight assists and Michaela Ralls put down her first career varsity kill.

## Eagles get back on track after suffering first loss

BY JEFF LAJOIE

jjlajoie@salmonpress.com

GILFORD – The formula has been simple for the Gilford High School field hockey team this fall: lockdown defense, talented newcomers, timely scoring. All three phases were on display last week against visiting White Mountains, as the Golden Eagles pumped in four goals in each half and never relented defensively in an 8-0 victory in Division III action on Sept. 12.

It was a nice bounce back effort for Gilford, which played well just three days after suffering its first loss of the season against Newfound.

"That Newfound



JEFF LAJOIE

Senior Julia Normandin carries the ball away from a White Mountains defender in the second half of the host Eagles' 8-0 win last week.



JEFF LAJOIE

Gilford sophomore Brianna Salanitro scored three goals in her team's 8-0 shutout of visiting White Mountains on Sept. 12.

game, they were very aggressive and so that was a new experience for a lot of my young players," explained Gilford head coach Dave Rogacki. "But we stayed with it and I thought we responded well (after the loss) to come out here and win our next game."

Sophomore Brian

na Salanitro scored three goals in the win against White Mountains, while Kellie Ryan added a pair of goals to continue her hot offensive start to the season.

"Our wings did a much better job stepping to the ball and cutting in, which was something we didn't do

very well the last couple of games," admitted Rogacki. "That has hurt us at times."

Ryan, Hannah Sullivan, Salanitro and Libby Giles all had first half goals to give Gilford a 4-0 lead, while Nicole Berube made it 5-0 off an assist from Ryan just 1:46 into the second half.

Salanitro got the next two, with an assist to Berube, while Ryan finished the scoring with 14:10 left off a penalty corner. The Eagles scored twice off penalty corners in the second half, an area of improvement on the day.

"The execution of our corners was much better in this game," offered Rogacki. "We haven't been doing that the first few games of the season and it's obviously an important aspect of the game. We got good looks on most of our corners here."

The defensive unit, paced by seniors Kaitlyn VanBennekum and Sullivan along with junior Jillian Lachapelle, posted another shutout in front of freshman goalkeeper Jenna Delucca, who continues to produce in her first year of varsity action.

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# XC Eagles impress at Laconia Invitational

BY JEFF LAJOIE  
jlajoie@salmonpress.com

LACONIA – It was a big day on the local cross country scene, as nine runners from the area cracked the top 10 in total between both races at the annual Laconia Invitational on Saturday.

In the boys' race, Kennett High School took the top spot with 62 points, ahead of runner-up Moultonborough Academy's 111 points. Con-Val was third overall, while locals Belmont (fifth, 134 points), Inter-Lakes (seventh, 164 points), Gilford (eighth, 165 points) and Winnisquam (10th, 214 points) all participated.

The girls' race was won by Con-Val with 44 points, just six points clear of runner-up Kennett (50 points). Moultonborough made it an impressive overall day by taking third place (130 points), while Belmont (sixth, 155 points), Inter-Lakes (181 points) and Winnisquam (11th, 271 points) rounded out the local team scores.

Moultonborough Academy junior Tyler McLaughlin had another outstanding effort to open his first-ever cross country season. McLaughlin won the boys' race on Saturday, traversing the course at Robbie Mills Athletic Complex in 18 minutes, 15 seconds. That put him seven seconds clear of runner-up Darren Piotrow of Kennett (18:22).

Brother Dylan McLaughlin was next in third place overall with a time of 18:50, while top 10 finishes in the boys' race also went to Ian Daly of Inter-Lakes (fifth, 19:01), Kyle Mann of Winnisquam (sixth, 19:13), Nick Randos of Belmont (seventh, 19:16), Josh Valentine of Gilford (eighth, 19:18) and Ian Remenar of Belmont (10th, 19:26).

In addition to the McLaughlin brothers, Moultonborough got scoring performances from Seamus Gleeson (19th, 20:18), Jack

Fogarty (32nd, 21:15), and Alex Bassett (66th, 22:56).

Daly's fifth place finish paced the Lakers on the day, while teammates Davis Jolli-more (20th, 20:20), Sam Seeley (34th, 21:19), Steven Bean (42nd, 21:43), and Clayton Hornkohl (119th, 27:17) were other scorers.

Gilford's Valentine was joined by senior Mark Young in the top 20, as Young was 16th overall for the Eagles in 19:55. Fellow Gilford runners Matthew McDonough (41st, 21:40), Michael Wernig (43rd, 21:46), and Eddie Demers (70th, 23:02) also scored points on the day.

Belmont was led by Randos and Remenar in the top 10, though teammate Isaiah Knowlton was a solid 24th overall in 20:40, while Aidan Rupp (44th, 21:57) and Connor Jackson (53rd, 22:17) gave the Red Raiders consistent performers throughout the lineup.

Winnisquam had three runners in the top 60 on the boys' side, as Nathan Houghton (28th, 21:01) and Tyler Mann (56th, 22:25) aided the cause behind top finisher Kyle Mann. The Bears also received points from Jack Richard (61st, 22:39) and John Swain (99th, 25:07).

Con-Val's Clare Veverka won the girls' race with a time of 21:39, just four seconds ahead of Belmont's Alice Riley, who crossed in 21:43 to earn runner-up honors. Riley finished ahead of White Mountains' Leah Dutkewych (third place, 22:03), who had edged out Riley for the win at the Early Bird Invitational in Gilford earlier this month.

Moultonborough Academy's Sare Campbell joined Riley as a local in the top 10, as the senior harrier wound up eighth overall with a time of 23:26.



JOSHUA SPAULDING  
Gilford senior Mark Young finished 16th overall to lead the Golden Eagles at the Laconia Invitational on Saturday.



JOSHUA SPAULDING  
Elizabeth Relf of Gilford ran to a 31st place finish on Saturday, as the Golden Eagles had four runners in the top 35 on the girls' side in Laconia.

The Panthers were solid in Laconia, as Campbell's finish led the way en route to a third place team showing. Kelsey Mako gave MA a strong second scorer in 15th place (24:32), while Erin Hurley (37th, 26:30), Rachel Smith (45th, 27:22) and Lauren Hurley (63rd, 29:23) were other scorers on the day.

Riley's runner-up finish was followed by teammate Alexis Day in 18th position (24:53), while Betsy Lowe (76th, 31:46), Abby Camire (84th, 33:28) and Taylor Yelle (94th, 40:03) also scored for the Red Raiders.

Gilford's girls' team didn't have enough runners to figure into the team scoring, though the Eagles had all four runners finish in the top 35, and all ran within a 1:07 span of each other. Madison Relf was the first of the bunch in 24th place (25:12), while teammates Chloe Lynn (27th, 25:31), Elizabeth Relf (31st, 25:45) and Natalie Fraser (35th, 26:19) all ran well.

Inter-Lakes freshman Maya Weil-Coolley led her team in Laconia, as the rookie crossed the line in 20th



JOSHUA SPAULDING  
Gilford's Ryan Hamel runs at the front of a pack that includes eventual winner Tyler McLaughlin of Moultonborough during the Laconia Invitational on Saturday.

place overall with a time of 25:01. Behind Weil-Coolley was teammate Kaitlin Gable in 34th place (26:05), while Willow Strother (53rd, 28:17), Juliette Bean (67th, 30:03), and Emma O'Hearn (71st, 30:33) rounded out the scorers.

Winnisquam's Jasmine Piper topped the list of Bears running in Laconia, and she was 42nd overall in 27:06.

Hannah Swain was (91st, 35:10), Miranda Coffey (96th, 43:43) and Laura Harmon (97th, 43:45), followed by Cassie Caron (62nd place (29:15), followed by Cassie Caron (43:45).

## Workman red hot as Eagles post big week

BY JEFF LAJOIE  
jlajoie@salmonpress.com

SALEM – It was a monster week for the red-hot Gilford High School golf team. On the road at Campbell's Scottish Highlands, the Golden Eagles closed out a perfect week with a sweep of Pelham and Winnisquam on Sept. 15.

Gilford fired a team total of 173, improving to a sterling 10-1 on the regular season in Division III matches. Senior Grant Workman continued his blistering start to the fall, as he shot a 39 to share medalist honors with Winnisquam's Caleb Kuczowski. Pelham followed with a total of 177, while Winnisquam was third at 197.

Ethan Carrier and Brendan Bergman both shot 44 to aid the Eagle cause, while Shaun

Edson rounded out the scoring with a 46.

Earlier in the week, Gilford swept matches with Laconia and Sanborn at Laconia Country Club behind Workman's four-over par 40. Once again, the Eagles had all four scorers breaking 50 as Connor Hayes (44), Hunter Wilson (46) and Edson (49) figured into the scoring load. Career (51), Bergman (57) and Cooper Blackey (60) also played for the Eagles.

Workman's big week kicked off on Sept. 12, as he took medalist honors with a 2-under 32 at Claremont Country Club to lead the Eagles (170) to a second-place finish in a four-team match against Bow (152), Kearsarge (171) and Stevens (195).

Carrier was next with a 45, followed by fellow scorers Bergman (46) and Blackey (47).



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**OLD NH FISH** and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email [lancoffice@salmonpress.com](mailto:lancoffice@salmonpress.com)

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24/7

**LOST DOG!!**

**SHANE**- Shetland Sheep Dog Lost on Bobby's Way and Hilliard Rd, Laconia NH on August 27, 2016. 9 year old male, very shy. Prefers women. **Please do not chase!** If sited in the area call 1855-639-5678. Not from the area- he slipped his collar upon arriving.

**Special Instruction**

**Modern Western Square Dance Lessons** start Sept. 22 from 7-8:30 pm, Leavitt Park Clubhouse, 334 Elm St., Laconia, NH. First lesson is free! Singles, couples & families are welcome. \$6pp or \$10 per family. Call Randy 603-253-9518 or Frank 603-253-4202. Swing into Fall with the Winnepesaukee Squares!

**Thank-You**

Thank you

for browsing  
**The Town To Town**  
Classifieds in the

**Gilford Steamer**

**Publication Rates (30 words)**

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\$20 - 2 Weeks

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Call Our main Call Center

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Mon-Fri 8:00-4:00

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**Real Estate**



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All real estate advertising in this newspaper is subject to

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1 bedroom full bath apartment.

Newly remodeled. Includes

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Has 16x16 screen room & 2 sets

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\$1100/month all utilities included.

Call Jerry 630-1392

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3 Bedroom 2 Bath Ranch House. Fully

furnished, includes satellite TV/Wifi,

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Spacious House. Propane locked in at

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considered. Call Jerry 630-1392.

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# TOWN•TO•TOWN CLASSIFIEDS

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[www.wolfecambayrealestate.com](http://www.wolfecambayrealestate.com)

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**4 Unit Commercial Building Downtown Wolfeboro!** Well cared for building with great rental history offers 4 separate offices each with a bathroom and separate utilities. Ample parking availability. A walk to the town docks, town offices, stores and much more!

**\$1,100,000**

**Once in a lifetime opportunity!** Established in 1948, the Yum Yum Shop property for sale, Building and land only. Includes private 24' frontage on Lake Winnepesaukee with spectacular views of the lake plus located in busy Wolfeboro downtown shopping district on Main Street. This extremely unique property is currently licensed as a 44 seat restaurant, ice cream shop and bakery. Commercial Zone 1 district. Level lot with easy access, on site parking, no steps to enter building.

Check out Wolfeboro Bay at: [www.wolfecam.com](http://www.wolfecam.com)

**Camelot HomeCenter**  
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

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<b>\$29,995</b> 56' 2 bed	<b>\$34,995</b> 66' 3 bed, 2 bath	<b>\$42,995</b> 76' 3 bed, 2 bath	<b>\$31,000</b> 67' 3 bed
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<b>\$105,995</b> 56x28' Ranch Roman Spa Bathroom, Irresistible Kitchen!	<b>\$74,995</b> 38x26' Sunny Cape	<b>\$108,995</b> 2000 sqft, 2 Story
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**(3) FORECLOSURE AUCTIONS**

Tuesday, September 27, 2016 Per Order of the

**10:00 a.m.-Strafford, NH - Selling to the Highest Bidder Above: \$55,000**  
202 Roller Coaster Road is a 1,296± sq.ft. manufactured home that was built in 2008± and includes 3 bedrooms and 2 bathrooms. The property totals 1.08± acres. Tax Map 7, Block 22. Assessed Value: \$130,200.

**12:00 p.m.-Laconia, NH - Selling to the Highest Bidder Above: \$59,000**  
63 Pine Street is a 1,298± sq.ft. New Englander style home and includes 3 bedrooms and 1 bathroom. The home sits on a .09± acre lot and includes a 2 car detached garage. Municipal water and sewer. Tax Map 448, Block 184, Lot 60. Assessed Value: \$105,500.

**2:00 p.m.-Middleton, NH - Selling Absolute. 300 Kings Highway is a 1,296± sq.ft. Cape style home that was built in 1978± and includes 2 bedrooms and 1 bathroom. Full basement and sits on a 1.030± acre lot. Tax Map 16, Lot 11.**  
Assessed Value: \$139,600.

**Inspections:** One half hour prior to the auctions, if permitted.

**Terms:** \$5,000 deposit in cash, certified check or bank check at time and place of sale. Balance due at closing within 30 days or when the mortgagee's deed is ready for delivery. Subject to all terms of mortgagee's notice of sale.

Broker Participation Invited

**Paul McInnis Inc.**  
AUCTIONS REAL ESTATE

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**Laconia Office** : 1921 Parade Road : (603) 528-0088

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<b>Laconia:</b> Vintage Lake House with 250' of Lake Winnisquam Shorefront. Enjoy sunshine and sunsets from this westerly facing waterfront home on 1.3 acres. This 3 level lake home features 5-bdrms with 2-baths allowing for plenty of room for friends and family. Charming features including a brick hearth and wood stove, hardwood floors, 2 huge screened porches and a walkout level that leads to the shorefront with 2-docks. There's also a newly built detached 2-car garage with plenty of room for storage or extra play space. <b>\$499,900 MLS#4514792</b>	<b>Gilford:</b> Fine home with beach rights to Gilford's 1,700' sandy beach on Lake Winnepesaukee. Home has newer appliances, granite counters, a gas heat stove, and formal dining room. Plenty of storage everywhere and full-unfinished basement could add even more living space. <b>\$312,975 MLS# 4480721</b>	<b>Moultonborough:</b> 24' slip located at Quayside Yacht Club on Long Island. Club is member owned and includes clubhouse, newly renovated bath/showers, parking for 2 cars, lake side grill area. Short walk to Long Island Beach and located next to Trexler's Marina and gas dock. <b>\$43,500 MLS# 4482130</b>	<b>Laconia:</b> Contemporary beach house with 2,560 sqft. of living space, 4-bdrms and 3-baths. Bright interior with natural light-toned woodwork throughout, serene color accents and expansive windows to display Lake Winnepesaukee. This home even has its own boat dock. <b>\$719,000 MLS# 4462530</b>

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**Alton:** 108 Main Street • 875-3128

**Luxury REAL ESTATE** **Island REAL ESTATE**

<b>POSSIBLY</b> the best VIEW property in the Lakes Region with endless mountain and lake views. Located in Moultonborough on 62 acres with a 2,000 sf deck, heated pool, luxury interior. <b>\$1,980,000 (4503232) Call 569-3128</b>	<b>INCREDIBLE</b> waterfront property in Tuftonboro with a 6 acre compound, 335' of sandy shoreline, expansive back lawn, main 4BR home plus 4 separate cottages, grandfathered boathouse structure at water's edge. <b>\$1,650,000 (4408579) Call 569-3128</b>	<b>SPECIAL PROPERTY!!</b> Unique opportunity to finish an executive log home in Tamworth with multiple outbuildings that could be a magnificent estate. Set up for solar power to live off the grid all on 165 acres with mountain views. <b>\$999,900 (4489230) Call 253-9360</b>	<b>RARE 350'</b> Lake Winnepesaukee waterfront in Moultonborough on 1-acre with a 3-bedroom cottage + bonus sleeping cottage, sugar sand beach w/ permanent U-shaped dock, westerly exposure... this is a special property! <b>\$930,000 (4486786) Call 253-9360</b>

<b>ALTON</b> // In-town 5-room condo and a 46'x40' renovated 3-level barn w/heated workshop for the craftsman/artist. Granite counters, vaulted ceiling & large rooms. Spacious 400 sq ft 3-season deck. <b>\$249,000 (4483996) Call 875-3128</b>	<b>ALTON</b> // Existing 3 Bedroom home on over 2 acres with 27 x 40 addition over the garage. New Master Suite and Great Room await your finishing touches. <b>\$224,900 (4425454) Call 875-3128</b>	<b>NEW DURHAM</b> // This 4 bedroom, 1-3/4 bath is ready to move into. New Hardwood floors throughout first floor. Just minutes to Merrymeeting Lake boat launch and town beach! <b>\$185,000 (4497569) Call 875-3128</b>	<b>BROOKFIELD</b> // Spacious 3BR ranch with HW floors, attached garage, large 3-season porch, nice level lot and in a great location for easy commute to Rte 16 and Seacoast area. <b>\$179,500 (4513277) Call 253-9360</b>	<b>LACONIA</b> // Totally renovated 2BR, 2BTH condo with HW floors throughout, new kitchen, appliances, private laundry room, views of Opechee Lake. Low condo fees. <b>\$149,900 (4512622) Call 253-9360</b>

**LAND and ACREAGE**

<b>SANDWICH</b> // FABULOUS VIEW PROPERTY! Total of two lots features views of the Sandwich Mountain Range, Mt. Whiteface, and more! Private, partially cleared with a small pond! <b>\$199,000 (4433403) Call 253-9360</b>	<b>MOULTONBOROUGH</b> // 3 acre level wooded lot abuts Kona Wildlife Area - over 300 acres of forest & 3,000' of lakefront. Nature viewing, fishing, hiking & snowmobiling from your back door! <b>\$92,000 (4514242) Call 253-9360</b>	<b>ALTON</b> // 1.40 Acre lot with 214' road frontage on East Side Drive (28A) in Alton Bay. Gently sloping, expired 3 bedroom septic design, minutes to Lake Winnepesaukee & Gunstock Ski Area. <b>\$79,900 (4491924) Call 875-3128</b>	<b>GILMANTON</b> // Nice rural location with easy access to many miles of snowmobile trails. 6.9 acres with end of the road privacy and a great home site. <b>\$39,900 (4376730) Call 875-3128</b>

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Industrial Spray Painters \* Mold Setters/Technicians

**\*MULTIPLE OPENINGS ON 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> & WEEKEND SHIFTS\***

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*GI Plastek an Equal Opportunity Employer.*

## Paraprofessional Needed

Barnstead Elementary School

Barnstead, NH

The Barnstead School District is seeking applications for a Part-Time 1:1 Paraprofessional to work in the After School Program (BAZ) with a child with specific needs M – F 2:15 – 6:00 p.m.

Interested candidates are asked to submit a letter of interest, resume, and three current letters of recommendation to:

**Emily Reese, Special Education Director  
Barnstead Elementary School  
PO Box 289 Center Barnstead, NH 03225**

Application Deadline: Friday, September 23, 2016

The Barnstead School District is an Equal Opportunity Employer



**Underage drinking**

Think underage drinking doesn't affect a teen's brain? Think again.

**IT'S A FACT.** New research shows alcohol affects a teenager's developing brain differently than an adult's. Memory, learning and impulse control can be impaired seriously. The risk of addiction goes up dramatically. So talk to your kids about the dangers of alcohol and set clear rules about no alcohol use.

How to talk with your kids: [timetotalk.org](http://timetotalk.org)

PARTNERSHIP FOR **drugfreeNH.org**  
1-800-804-0909

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RESIDENTIAL BROKERAGE

CENTER HARBOR

32 Whittier Hwy

603-253-4345

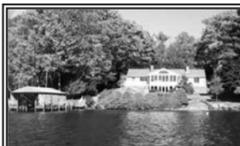
[CenterHarbor.NH@NEMoves.com](http://CenterHarbor.NH@NEMoves.com)

LACONIA

348 Court Street

603-524-2255

[LakesRegionInfo@NEMoves.com](http://LakesRegionInfo@NEMoves.com)



**Gifford \$1,849,000 #4515217**

On a sweeping lot with over an acre of land and 215' of prime waterfront is this tasteful home that is perfect for entertaining. SW exposure allows dramatic sunsets!

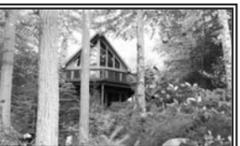
Susan Bradley 581-2810



**Moultonborough \$1,599,000 #4514030**

Long lake views to the Belknap, crystal clear open water. Custom designed kitchen, large windows showcasing the spectacular view. 1st floor master suite with Jacuzzi tub, 4 bedrooms, 4 baths.

Ellen Karnan 603-986-8556



**Moultonboro, \$1,049,000 #4504160**

Prow-front A-Frame home on large private parcel of land, long dock, quiet location, nice views, open concept home with first floor master, plus guest suite, barn and detached garage.

Janet Cramer 603-707-2771



**Moultonboro \$369,900 #4513942**

This open concept, waterfront has been meticulously maintained! Situated on private Wakondah Pond in low tax Moultonborough with 400' of water frontage.

Mary Goyette 603-707-7597



**Moultonboro, \$334,900 #4440891**

New Construction! Ready for you to move in! A wonderful open floor plan with a gas fireplace that is open on three sides. A great home at a great price!

Kay Huston 603-387-3483



**Belmont, \$329,900 #4453507**

Beautiful sunsets and Lake Winnisquam views from this custom built Colonial style home w/ 4 BR, 2 BA.

Shelly Brewer 581-2879



**Moultonboro \$320,000 #4497158**

Private and open is a real nice way to describe this home. Move-in ready! This home has a new roof, siding, windows with lifetime warranty, freshly painted & just over a mile to the Long Island town beach, one mile from Quayside YC.

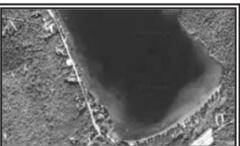
Kay Huston 603-387-3483



**Belmont \$269,900 #4506018**

Private location for this 7 room Colonial on 2.65 acres. Master suite has jetted tub and 2 walk-in closets. Spacious back deck overlooks the large backyard.

Tracie Corbett 581-2886



**Alexandria \$212,000 #4490719**

Build your dream home on beautiful Newfound Lake. Small private beach association with day dock directly across the street.

Jim McShane 581-2875



**Moultonboro \$199,000 #4460752**

West Point Association - Enjoy sandy beach, tennis court, picnic area, docks & moorings. Priced for vacation fun or year round living in a prime location.

Adrien Labrie 603-455-5511



**Meredith, \$189,000 #4505654**

Very nicely maintained ranch in a quiet private setting. Nicely landscaped lot and open concept updated kitchen.

Judy McShane 581-2800



**Belmont, \$149,999 #4514270**

Walking distance to town from this home with legal separate in-law apartment. Great opportunity for investment or have a rental unit to help pay your mortgage.

Charlene Reinauer 581-2885



**Plymouth, \$95,000 #4476260**

Close to downtown Plymouth, private lot with southern exposure, drilled well and a gravel driveway. Surveyed and sub-divided into 2 lots of record.

Bob Williams 603-455-0275/Danielle McIntosh 603-393-5938

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**Moultonboro, \$42,000 #4460817**

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Adrien Labrie 603-455-5511

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Changing Lives

**Seeking BC/BE Psychiatrist & Psychiatric APRN - FT (35hrs)** at The Mental Health Center in Berlin, NH (prefer FT but PT possible for Psych APRN; child/family certification preferred). Integrated multidisciplinary clinical team. 100% outpatient; 90-min evals and 30-min med appts. Optional paid phone-only overnight/weekend call.

Benefits include medical insurance, 403(b) with employer match, 11 paid holidays, generous vacation.

Eligible for National Health Service Corps and State of NH Loan Repayment Programs. Must have current NH License, accredited training, and skills in community psychiatry.

Please send CV and cover letter with salary requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to [mmyers@northernhs.org](mailto:mmyers@northernhs.org).

*Positions require a valid driver's license, proof of adequate auto insurance and the completion of driving, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider.*

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- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent
- Carrol County Independent

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## AUG 2011



What did the day before Hurricane Irene look like? Any other day.

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**-JACOB, AGE 5 DESCRIBING ASTHMA**



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For more information log onto [www.noattacks.org](http://www.noattacks.org) or call your doctor.





# KIDS' CORNER

THIS DAY IN...



## HISTORY

- **1806:** THE LEWIS AND CLARK EXPEDITION RETURNS TO ST. LOUIS FROM ITS 3-YEAR JOURNEY TO THE PACIFIC NORTHWEST
- **1846:** JOHANN GOTTFRIED GALLE AND A PAIR OF FELLOW ASTRONOMERS DISCOVER THE PLANET NEPTUNE
- **1939:** SIGMUND FREUD DIES IN LONDON

## What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

**A**



**B**



Answers: 1. Missing cloud on picture 2. Two cups on table 3. Hearts on girl's picture 4. Boy's shirt is darker



## POSTURE

position of a person's body when sitting or standing

## GET THE PICTURE?



CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: BACKPACK

## BODY FACT:

THIS SCHOOL SUPPLY CAN CAUSE POOR POSTURE AND PAIN IN THE SHOULDERS AND BACK



ANSWER: BACKPACK

## Did You Know?

ACCORDING TO SOME STUDIES, SCHOOL CHILDREN CARRY UP TO 30% OF THEIR BODY WEIGHT IN THEIR BACKPACKS



## How they SAY that in...

- ENGLISH:** Carry
- SPANISH:** Llevar
- ITALIAN:** Portare
- FRENCH:** Porter
- GERMAN:** Tragen



JOSHUA SPAULDING

Gilford's Allyson Paige dribbles the ball through the rain in the unified soccer team's 4-0 win over Newfound last week in Bristol.



JOSHUA SPAULDING

Katlynn Hamel of Gilford gets her foot on the ball during her team's 4-0 win over Newfound.

# Unified Eagles knock off Newfound

BRISTOL – Weather was no match for the Gilford High School unified soccer team last week, as the visiting Golden Eagles pitched a shutout against Newfound, 4-0, in a game that featured a 30-minute stoppage in play due to thunder.

In what was the first-ever unified soccer game for the New-

found program, Gilford went up 1-0 just three minutes into the first

quarter before the poor weather stopped play.

When the teams

came back out, sunshine overtook the field, and Gilford con-

tinued to play well in taking a 2-0 lead at half-time. Two more goals

in the third quarter enabled the Eagles to close out a 4-0 victory.

# Bass fishing qualifying tournament is today

MOULTONBOROUGH — Students from around New Hampshire will soon be competing for top honors in a high school bass fishing tournament. A qualifying

tournament with 41 registered schools will take place on Thursday, Sept. 22, out of Lee's Mills on Lake Winnepesaukee. The top third of the schools from the qualifying round will move onto the state finals tournament on Saturday, Oct. 1, on Lake Winnisquam.

Since the student bass tournament first started in New Hampshire in 2013, it has become a popular high school sports competition.

At the final tournament, a state champion

will be honored and individual medals will be awarded for the largest total catch (eight fish maximum) and for the largest largemouth and largest smallmouth bass caught.

New Hampshire high school bass fishing tournaments are held in the fall of each year. The events are conducted by the New Hampshire Interscholastic Athletic Association (NHIAA), with assistance from the New Hampshire Fish and Game Department

and NH B.A.S.S. Nation.

The tournaments include a strong educational component. Teams have adult mentors who guide them through learning about New Hampshire's aquatic resources and the responsibility that goes along with being anglers. As a part of this process, NH Fish and Game recently conducted a high school bass fishing education seminar for participants.

"It is exciting to see how enthusiastic the stu-

dents are about fishing. I hope that fishing becomes a lifelong activity for many of them," said Kyle Glencross, who coordinates the NH Fish and Game Department's Let's Go Fishing Program. Glencross serves on the NHIAA Bass Fishing Committee and provides logistical and volunteer support for the event.

Additional information about the tournament can be found on the NHIAA website at nhiaa.org.

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- Keep gas tank full
- Take cash out (ATM's may not work)

**DURING**

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

**AFTER**

- Throw out unsafe food

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# Dragons softball tryouts are Sunday

Dragons ASA Softball open tryouts for U10 and U14 teams will

be Sunday, Sept. 25, at Woodland Heights Elementary School,

225 Winter St. in Laconia. A rain date will be posted on Facebook if needed by noon on Sept. 25.

Tryouts for 14U pitchers and catchers will be from 1:30 to 2 p.m. Tryouts for all 14U players are 2 to 3 p.m., from 3 to 4 p.m. for all 10U and from 4 to 4:30 p.m. for 10U pitchers and catchers. Tryouts are free.

ASA gives players that love softball the opportunity to play longer in the summer and at a higher caliber of play on a travel team. ASA also only al-

lows certified coaches and patched umpires. This truly is the next level of play.

The Dragons organization believes at U10 and U12 girls shouldn't have to choose between playing Babe Ruth or ASA. They want them on the field as much as possible to foster competitive future high school teams. Therefore these teams will have tournaments after the closing of the Babe Ruth season. They will have practices, however they will be working closely with Babe Ruth coaches so schedules don't conflict with practices.

If you have any questions, please reach out to [valleyasasoftball@gmail.com](mailto:valleyasasoftball@gmail.com) or call / text Kelli Sargent at 581-6798.

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