

PMHS soccer
boys get
first win:
See page B1

The Baysider

THURSDAY, SEPTEMBER 14, 2017

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FREE

Cyanobacteria committee approves watershed management plan

ALTON — During the Cyanobacteria Mitigation Steering Committee (CMSC) meeting held Thursday, Aug. 31, in Alton, the com-

mittee unanimously approved a motion to identify the sources of funding for and develop a Merrymeeting River Watershed Man-

agement Plan (WMP). This plan will identify all sources of the nutrient phosphorus entering the Merrymeeting River and develop

a plan to reduce the current high levels of phosphorus from entering the watershed. Excess phosphorus in freshwaters is known

to cause overgrowth of plants and algae as well as toxic cyanobacteria. Members of the committee recognized that developing a WMP is the first and necessary step to seeking federal funding for remediation of the problem.

Reducing phosphorus loads into the river and the amount entering Alton Bay will help ensure that

Lake Winnipesaukee remains pristine in the future and that the river will once again accommodate the human recreational activities it once enjoyed.

Other subjects covered at the meeting included a water quality update on the Merrymeeting River and review of wastewater technologies to re-

SEE BACTERIA, PAGE A11



COURTESY PHOTO

At the rim

Darin and Tim Guyer posing with The Baysider at the rim of Crater Lake in Oregon. It was a little hazy due to smoke from the wild fires in the Pacific Northwest. Tim and his father were in Oregon visiting The Oregon Institute of Technology in Klamath Falls; a potential college for the PMHS senior. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

Committee continues work to improve New Durham water quality

NEW DURHAM — New Durham Milfoil and Invasive Aquatic Weeds Committee met on Sept. 6 at the New Durham Town Hall. The minutes of the June 21 meeting were approved unanimously.

Fred Quimby explained that Amy Smagula (NHDES) sent out the applications for state matching funds for the removal of milfoil in 2018. He filled them out similar to last year with the town committed to match up to \$12,000. Quimby indicated that DASH operations would definitely be requested, and based on Smagula's analysis, chemical treatment of Jones Pond was also an option.

John Judd was introduced by Quimby and began by stating that Aqualogics removed 190 gallons of milfoil

from Jones Pond and 30 gallons from Downing Ponds. He added that the algae in Jones Pond was now making DASH operations difficult and the committee should entertain treating this. Judd listed several methods of treatment including aeration, adding a blue or black dye,

and applying benthic mats. He discussed the pros and cons of each. His firm has treated Warchusett Reservoir in Massachusetts for milfoil and it was 36 acres, the largest waterbody he has treated. Art Hoover asked whether or not we should try to pull milfoil from Jones

Pond after the state draws down the pond this fall. Judd said yes, but be careful not to leave roots of the plants or they will grow right back. Judd thought the two ponds could be treated for milfoil with DASH only next year.

Quimby explained

SEE WATER, PAGE A11

with people about how solar energy compares with conventional energy sources.

"Solar provides a way for people to take control over their energy use and expense," Johnson added.

Traditionally, solar advocates have stressed the environmental benefits of sustainable energy while not dismissing potential environmental benefits, Johnson focused on how solar power can provide long term financial benefits.

"It's about what makes sense for the consumer, and our goal is to help people navigate their options," Johnson said. He added that for

SEE SOLAR, PAGE A11

Board, teachers' association agree to end litigation

ALTON — The Prospect Mountain Teacher's Association and the Prospect Mountain School Board were able to negotiate an agreement ending litigation in which the school board sought to appeal an unfair labor practice complaint decision of the Public Employee Labor Relations Board filed on behalf of the PMTA. Travel restrictions imposed on teachers' use of professional improvement funds was the subject of the original dispute in the case that was brought before the Labor Board. The PMTA and PMHS Board modified, through negotiations, the existing collective bargaining agreement to restrict travel expenses for teachers, and enabled teachers enhanced opportunities for Master's Degree coursework reimbursement. As a result of this collaborative agreement, the PMHS board has agreed to drop the legal appeal.

Following on the coattails of this agreement, the PMTA and the PMHS board reopened negotiations after failing to reach a successor agreement in the fall of 2016. The failure to reach a successor agreement to the Master Agreement, effective July 1, 2015-June 30, 2017, means that teachers will remain at status quo during the 2017-2018 school year. However, both parties were able to work together during negotiations this summer to develop a proposed three-year agreement, which has been ratified for acceptance by both the PMTA and PMHS board. If approved by voters next March, the proposed contract will commence on July 1, 2018 and conclude on June 30, 2021.

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JOSHUA SPAULDING

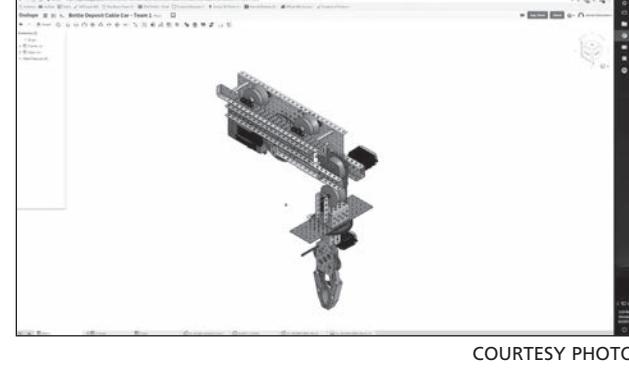
Jordan Ingoldsby goes up for a kill during her team's home opener on Monday night. The Timber Wolves dropped a 3-0 decision to Newfound in the home opener. See the story in next week's edition.

PMHS engineering program receives grant

ALTON — Prospect Mountain High School's (PMHS) pre-engineering program received a New Hampshire Pre-Engineering Curriculum and Program Development Grant in the amount of \$17,000. The PMHS program, started last year by industrial arts teacher Brian Hikel and physics teacher Joe Derrick has expanded this year to include Introduction to Engineering and Advanced Engineering Design courses.

Alton resident David Benedetto, and Courtney Richings, both with the New Hampshire Department of Education, assisted Hikel and Derrick with the grant application. Grant funds will be used to purchase equipment and supplies, and for upgrading the CNC mill in the PMHS metals shop.

PMHS students in the Introduction to Engineering Design Program will be working with Sea-Perch, a curriculum that has students working with Remotely Operated Vehicles (ROVs). Advanced Engineering students will work with



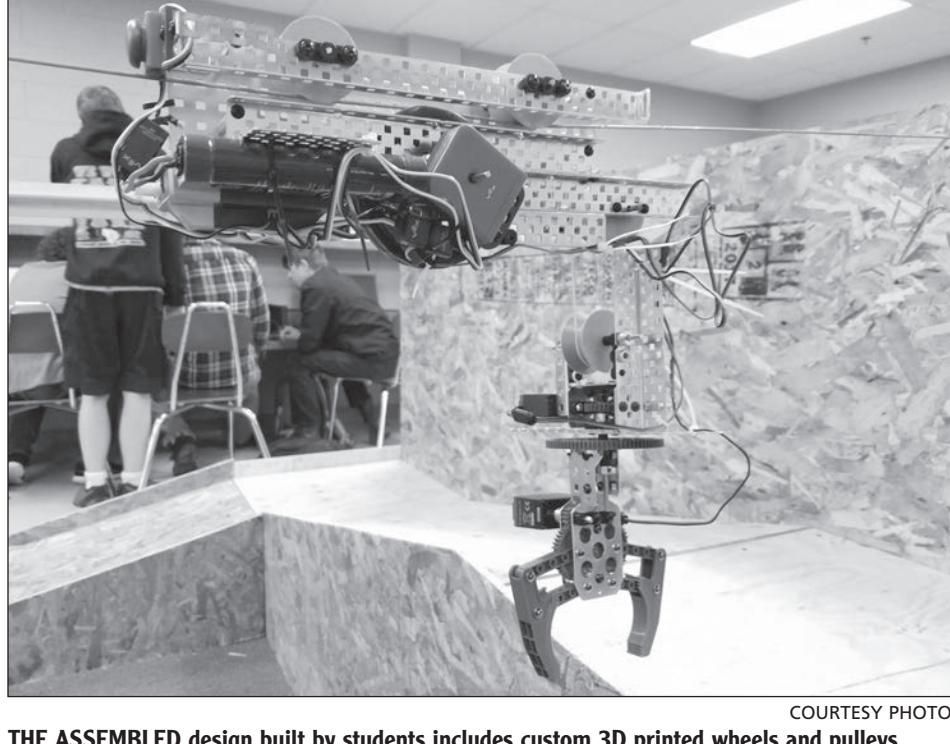
COURTESY PHOTO
CAD OF A "car cable bot" designed by students in engineering design.

CAD/CAM to design and manufacture parts and mechanism for engineering projects chosen by students.

Hikel and Derrick would like to thank members of the PMHS School Board and administration for their support as well as teachers at ACS and BES, and community members for their participation in a newly formed PMHS STEM advisory group. This group meets monthly to share resources and information about how to encourage and get Alton and Barnstead students ready for STEM careers after graduation.

The group is actively looking for residents in the area who have expertise and interest in

sharing their knowledge about STEM-related careers with students and teachers. Please contact Derrick (jderrick@pmhschool.com) if you are interested in attending the next meeting, scheduled for Sept. 27 at PMHS at 3:30 p.m.



COURTESY PHOTO
THE ASSEMBLED design built by students includes custom 3D printed wheels and pulleys.

Car wash Saturday will benefit hurricane victims

ALTON — The Alton Central School National Junior Honor Society will be helping to raise

money for those affected by Hurricane Harvey by hosting a car wash.

The car wash will take

place on Saturday, Sept. 16, from 9 a.m. to noon at Alton Central School. All donations will be accept-

ed and all proceeds will go to the American Red Cross to assist in hurricane relief.

PMHS senior class hosting spaghetti supper Sept. 21

ALTON — The Prospect Mountain senior class will be hosting a spaghetti supper on Thursday, Sept. 21, from 5 to 7 p.m. at the

high school cafeteria.

Tickets are available at the door, with discounts available for children 10 and under and for senior citizens.

and cheese and gluten-free rotini with meatballs. All meals will be served with garlic bread and dessert.

Masons gearing up for breakfast buffet Sunday

ALTON — On Sunday, Sept. 17, the Masons of Winnipesaukee Lodge in Alton will be hosting their monthly breakfast buffet, open to the public, at the lodge on Rtoue

28, a quarter mile south of the Alton Circle. With fresh fruit, biscuits and gravy, scrambled eggs, omelets, bacon and sausage, home fries, beans, pancakes, French toast,

coffee and juice being served, it is a perfect time for family and friends to sit down and enjoy an all you can eat breakfast buffet. So join in for breakfast between 7:30 and 11 a.m.

The Masons hope to see you there, always on the third Sunday of the month. For more information, go to www.winnipesaukeemasons.com, or contact Jim Matarazzo at 875-7127.

Ackerly's hosting fundraiser for PMHS seniors

ALTON — Ackerly's Grill and Galley will be hosting a fundraiser for the Prospect Mountain Class of 2018 on the school's Home-

coming day, Saturday, Sept. 30.

Every check from 8 a.m. to 9 p.m. will earn 10 percent of profits for the class of 2018.

Locke Lake board meeting is Sept. 21

BARNSTEAD — The next monthly public Locke Lake Colony Association Board of Directors meeting will be held on Thursday, Sept. 21, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.

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ALTON CENTRAL's SCOOP

Alton Central School off to a great start

BY JOHN MACARTHUR JR.

Alton Central School Principal

On Tuesday, Sept. 5, the Alton Central School welcomed 455 students to the 2017-2018 school year. The staff and administration were so happy to greet the smiling faces, all looking forward to a great year.

Parents had their first introduction to the staff and building upgrades at the "Welcome Back Open House" on Tuesday,

Aug. 29. Four to 500 parents, students and community members had a chance to meet teachers, administrators, and staff. In addition, they were able to tour the building and enjoy some light refreshments courtesy of the PTSA. The weather was perfect for grilling hotdogs, munching on watermelon, popping popcorn, and the evening was topped off with a homemade cookie from the ACS



ALTON CENTRAL SCHOOL welcomed students back to class in early September.

Charlie Farren performing at Locke Lake Colony Saturday

BARNSTEAD — Locke Lake Neighbors 4 Neighbors will be presenting music legend Charlie Farren live on Saturday, Sept. 16, from 2 to 5 p.m.

New England native

Farren, the guitarist and lead singer of rock bands The Joe Perry Project and Farrenheit, will be performing at the main beach/Colony Drive pavilion in Locke Lake Colony, with the music

beginning with a performance by Keith Sanders.

Those attending are reminded to bring their own chair and that there is no glass allowed on the beach.

Donations will be

greatly appreciated and will go toward upcoming future events sponsored by Neighbors 4 Neighbors.

The rain date for the concert will be Sunday, Sept. 17, from 2 to 5 p.m.

Options available at New Durham Public Library

NEW DURHAM — Slots are still available for New Durham Public Library's Pottery Class for adults. After two sessions, next Monday, Sept. 18, and the following Monday, Sept. 25, you'll bring home a glazed and fired container to hang on your wall that you created with your own hands.

Pottery classes, led by local potter Sarah Burns, are popular and fill quickly, so give the library a call at 859-2201 to reserve your spot. Sessions are from 6:30 to 8:30 p.m.

The library is also hosting a karate/self-defense seminar led by Peter Rose, a Ninth Degree Black Belt Master,

on Wednesday, Sept. 20, at 7 p.m. Call to let them know if you plan on coming.

On Saturday, Sept. 23, anyone with a camera and a desire to take better pictures is welcome to attend a brief talk on composition by professional photographer Susan Lyndes at 8:30 a.m. and then head outside

to take shots with her direction.

Please call to register.

Free guitar lessons, offered by professional musician Pete Robertson, are available on Saturdays at the library. Two slots have just opened up, so hurry and call 859-2201 to sign up. You must provide your own guitar.

Dinner, car show to benefit Walk to End Alzheimer's

FARMINGTON — A spaghetti dinner and car show to benefit Team Unforgettable's participation in the Walk to End Alzheimer's will be held on Sept. 16 from 4 to 7 p.m.

at Kelly's Country Kitchen, located at 1075 Route 11 in Farmington.

Entry to the car show is free and includes a free hamburger and ticket to enter

a cash drawing. The car show will feature oldies music, gift card prizes, a cash drawing, prime rib giveaways and raffles.

The dinner will feature spaghetti and

homemade meat sauce with homemade Italian bread, garden salad, soda, water or coffee.

The Walk to End Alzheimer's will take place on Sept. 24 in Portsmouth.

Bark For Life in New Durham Sunday

NEW DURHAM — The second annual Bark For Life of Strafford County is sched-

uled for Sunday, Sept. 17, at the New Durham Ballfields on Smitty's Way. Bark For Life

is a non-competitive walk event for dogs and their owners to raise funds and awareness for the American Cancer Society's fight against cancer.

By supporting Bark For Life, you help the American Cancer Society save lives, and that helps them move closer to our ultimate goal of a world with less cancer and more

birthdays.

Bring your best canine friend and join us for a fun-filled morning including face painting (free for all ages), food and a walk. For more information or to register, visit relayforlife.org/barkstrafford-county or contact tara.dickey@cancer.org. Participants may register the day of the event.

NEW DURHAM — Senior Bingo will make its fall return to New Durham on Sept. 17. Doors open at 12 p.m. and games run 1-3 p.m. The program is held at the New Durham Elementary School.

Concessions are sold from 12 to 1 p.m. as well as at intermission. Participants must be 55 years or older to play but both residents and

non-residents are welcome. Game packages cost a low fee. The first game of the day benefits the food pantry and to play, participants can simply donate a non-expired canned good.

Raffles available as well. Senior Bingo runs most Sundays through mid-summer. For more information, visit www.newdurhamrec.com or call 859-5666.

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kitchen staff.

This year is filled with possibilities. With a focus on Project Based Learning (PBL), staff collaborated and chose a school-wide theme of "What is Power?" for the first trimester. Students will be engaged in relevant creative problem solving and critical thinking throughout the year as they investigate a wide range of content areas. We are looking forward to seeing the original products that our students imagine, design and build.

Co-curricular activities will continue this year. Athletics will be "kicking off" the first day of school; please check the ACS webpage (myacs.org) for practice and game schedules.

Details about after school activities and extended learning time for grades 3-8 will be sent home shortly. Other clubs to keep an

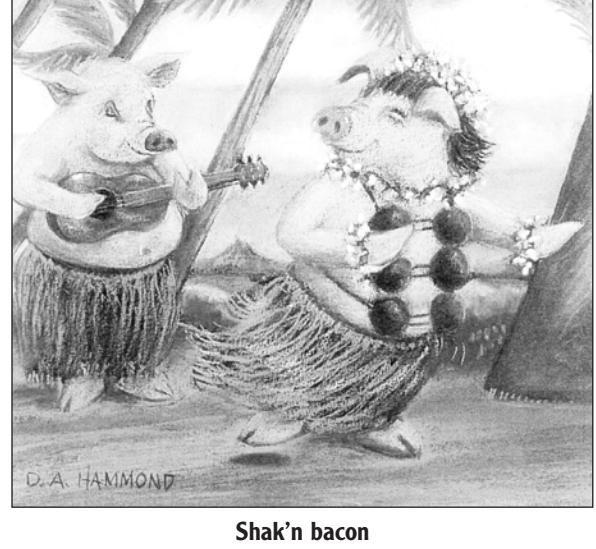
eye out for are: First Lego League, Girls on the Run, Destination Imagination, drama, ASPIRE, NJHS, and Future Prospects. Students are encouraged to take part in opportunities that take place after school hours.

Information regarding PowerSchool, lunch menus, bus routes and teacher web pages can be found on the newly updated web page and ACS mobile app. Our mobile app is available for all platforms and is free. All teachers have a web page, which will contain information about assignments, resources, and upcoming events. Please visit it often.

As always, if you have any questions or concerns, please contact the school at 875-7500. We are here to support, encourage, and celebrate our students. We are looking forward to a rich and rewarding school year.

PIG OF THE WEEK by D.A. Hammond

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Opinion

SECTION A, PAGE 4

THE BAYSIDER, THURSDAY, SEPTEMBER 14, 2017

Come together, for everyone's benefit

Sept. 11 is a day that will forever live in the minds of those who were alive that fateful day in 2001.

We can now take a few moments to reflect and remember those who lost their lives on that Tuesday morning 16 years ago.

After those planes crashed into the World Trade Center towers, into the Pentagon and into the field in Pennsylvania, the country came together. People who hadn't worked together their entire lives dropped their guard a bit and went with it. President George W. Bush enjoyed enormous popularity, both amongst American people and Congress. What needed to be done was passed quickly through Congress with bipartisan support across the board.

Now, more than a decade later, we have just experienced quite possibly the most divisive election in our country's history where bipartisanship seems to have disappeared. We have Republicans and Democrats who refuse to even sit down together and do what's best for the country.

Of course, part of the problem is that the members of the two parties don't always agree on what's best for the country. After Sept. 11, seemingly everyone agreed what was good for the country. Nowadays, what one person thinks is good for the country is likely the other person's idea of what is the worst possible thing for the country.

The bickering back and forth is just too much. We all have our opinions, as we are all allowed to do. We are free to believe what we want to believe. But everyone should understand that not everybody agrees with what you say and the best way to get what you want is not to plant your feet in the mud and drag down everyone else until you get your way, but rather work with everyone else, come together and come up with a plan that can work for everyone.

And when that happens, it's a glorious thing.

People have to know that differing opinions are not wrong, they are simply different. After Sept. 11, Americans set aside their differences and united for the good of the country.

In our opinion, that needs to happen again, but truth be told, we aren't sure how to make that happen. Nobody wants another disaster like Sept. 11, but something has to happen in order to get the bickering to stop and to get people getting along.

As we look back on that day, a day that people who lived through it will never forget, we often choose to look at the good things that happened that day, and that was how so many people came together, how so many people worked for the betterment of their friends, neighbors and country. Instead of accusing one another of this and that, people put their petty differences aside and chipped in.

Working together is the way to get things done. This country proved that after the devastating events of Sept. 11, 2001. We should take lessons from this time.

It happened once before, it can happen again.



MATTHEW FASSETT – COURTESY PHOTO

Remembering

"Were we scared? I know I was," said Reverend Kenneth Steigler (center) to members of the Alton Centennial Rotary. "We marched by the hundreds in nonviolent protests, African Americans, whites and minorities, hand-in hand while police leashed German Shepherds, growling and snarling at our heels and crowds of angry onlookers yelled vulgar insults at us. The police were also ever ready (and often did) to use their batons, water hoses and tear gas in an effort to stop us, yes, it was scary," he said. Rev. Steigler recalled how he was totally committed to working with Dr. Martin Luther King, Jr. and his civil disobedience actions to change America's 'legalized' policies of segregation and discrimination wherever it existed. Rev. Steigler worked closely with Dr. King helping to organize peaceful nonviolent marches and to fight for the passage of both the Civil Rights Act and the Voting Rights Act. Rev. Steigler concluded his talk by playing an audio of Dr. King's "I Have a Dream" speech. "We must never forget what good Dr. King stood for and the struggles he went through to fight for civil rights for everyone, those same constitutional rights that are now under attack again," he added. Thanking Rev. Steigler for his presentation are fellow Rotarians Club President Rich Leonard (left), and Program Director George Feeney.

Letters to the Editor

Thanks for many years of service

To the Editor:

First let me express that I am forever grateful to the New Durham Police Association for its willingness to manage and support the Chief Douglas J. Scruton Scholarship Trust for the past 12 years. The association offered a positive solution, during a time of need, which made this scholarship trust a reality.

Your dedication and commitment contributed to the proper oversight of this trust, benefiting numerous New Durham students whom wished to further their education beyond their high school years. Thank you for your outstanding commitment and service toward this effort.

It was stunning news to learn the association would be dissolved, thus the need to find another organization to take over the management and responsibilities for the Chief Douglas J. Scruton Scholarship Trust.

It is reassuring to hear the association is support-

ive with the selection for the Alton Centennial Rotary Club as the managers for the Chief Douglas J. Scruton Scholarship Trust. As grantor, it is my wish to keep a neutral, stable, and local personal hand for the managing of this trust. I felt the Alton Centennial Rotary Club, by its mission statement, met and exceeded these wishes. I would like to assure the association that the trust has not changed regarding its terms and intent.

Please accept my heartfelt appreciation, to the members of the association, for the years of dedication to the trust. It is with a touch of sadness to learn the association will not be active, but I understand the challenges the association faces.

Catherine Orlowicz
New Durham
Grantor

Chief Douglas J. Scruton Scholarship Trust

Noted scuba diver to speak to Alton Historical Society

ALTON — The Alton Historical Society will present its September program on Tuesday, Sept. 19, at 7 p.m. in the lower level of the Gilman Library. Scuba diver and history buff Hans Hug Jr. from Exeter will be making a presentation

entitled "Wrecks of Winnipesaukee." Hug has been an avid diver for 28 years throughout New England. He has dived all over Winnipesaukee, bringing side scan sonar with him when he searches. He has located more than 70 wrecks in the lake

including large pieces of the original Mt. Washington, captured hundreds of images on side scan sonar and photographed and videotaped dozens of the wrecks.

Alton Historical Society programs are always free and open to the pub-

lic. Refreshments will be served after the presentation. To learn more visit the Alton Historical Society on Facebook or its web site at altonhistoricalsociety.org.

Any questions, please contact President Marty Cornelissen at 875-5456.

Hazardous waste collection Saturday in Wolfeboro

WOLFEBORO — Bring flammable, toxic, poisonous, and all dangerous products on Saturday, Sept. 16, from 8:30 a.m. to noon to the Lakes Region Household Hazardous Product Facility (LRH-HPF), 404 Beech Pond Road, Wolfeboro. Member towns of Alton and Wolfeboro may attend the next to last collection of household hazardous waste for the 2017 season with a pass from their town.

An LRH-HPF pass may be obtained by residents, taxpayers and renters, prior to the collection at the transfer stations in each town. There is no additional charge for the pass. Please note, the numbered business card pass is different from a town's dump

sticker. Get your copy of the newly revised tri-fold flyers available at the collection, which provides a comprehensive list of products acceptable commonly found in the garage, garden shed, under the sink, or from the pool area.

Russell Schundler, known for his outstanding local drone photography, generously donated the image on the new format. Text manipulation is thanks to the skills of Victoria Davis, UVLSRPC planner and hazardous waste coordinator.

Latex paint is not accepted as it is not a hazardous waste. Ask for a list of alternative products with lesser toxicities at the collection.

Any household from

other communities may attend on a cash basis. For every zero to five-gallon increment, the cost is payable by cash or check. The HHW waste hauler counts containers by size, not by the ounces remaining inside, to determine the five-gallon increment.

When possible, please bring items in their original containers placed securely within a cardboard box for speedy removal from your vehicle.

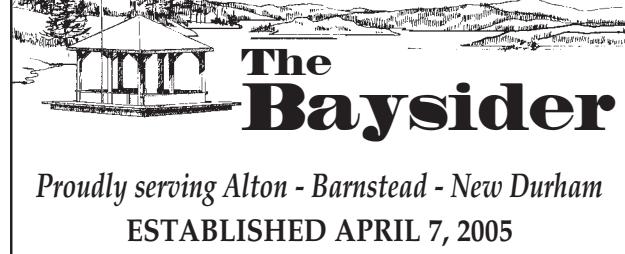
Please call the site coordinator with any questions at 651-7530. Come Sept. 16, 8:30 a.m. to noon, to avoid the rush at the final collection of the season on Oct. 21. Collections are held rain or shine.

Cub Scout recruitment

Sept. 21 at Alton Central

ALTON — Alton Cub Scout Pack 53 will have a fall recruitment at Alton Central School Thursday, Sept. 21, from 5:30 to 8 p.m.

All boys grade K-5 are welcome and encouraged to join Cub Scouts. For more information, see www.beascout.org, or e-mail Cub Master Gary at yewdallg@aol.com. The Scouts also meet every Wednesday at the Mason Lodge or Route 28 at 5:45 p.m. New families are always welcome.



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Lasagna dinner to benefit Boodey Farmstead project

NEW DURHAM — The Zechariah Boodey Farmstead Committee invites the community to a fundraiser classic Italian lasagna dinner on Saturday, Sept. 16, beginning at 5 p.m. at the Community Room located behind the New Durham Fire Station on Main Street.

The menu will offer sumptuous classic Italian meat lasagna prepared from an old family recipe by committee member Tatiana Cicuto. A Caesar salad, bread, beverage and dessert are included in the price of a ticket. Committee member Sherry Cullimore will be preparing meatless lasagna for those who prefer this version.

An alternate selection of macaroni and cheese will be available for children.

Guests may purchase tickets at the door. There will be reduced prices for children under 10 and a family of four discount. Raffle tickets for an Italian themed gift basket, featuring a \$50 gift card to Johnson's Steak and Seafood will be available.

By supporting this fundraiser for The Zechariah Boodey Farmstead Committee's 2017 fall Italian dinner all proceeds will be applied to the barn raising campaign, which is the next phase of the Zechariah Boodey Farmstead project. They need to raise another \$6,100 to meet



the fundraising goal of \$20,000 by spring 2018.

The mission of the committee is to preserve and reconstruct the Zechariah Boodey Farmstead, to interpret this historical property and its artifacts, increase public awareness and an appreciation of New Durham's heritage.

NEW DURHAM — The Town of New Durham has announced a community connection initiative, "coffee with the town."

Residents are invited to stop by the general store and meet local officials and staff. Residents are welcome to ask questions, provide comments and offer opinions and needs. These town officials and staff will help

This building will provide, to a larger variety of people, a location for educational, social and civic events.

The committee is looking forward to sharing the progress achieved to date for this project. Please call Catherine Orlowicz for more information about the project or dinner, at 859-4643.

Coffee with the town each month in New Durham



ALTON POLICE LOG



ALTON — Alton Police Department responded to 232 calls for service during the week of Sept. 3-9, including seven arrests.

One female subject was arrested for unlawful possession of alcohol.

One male subject was arrested for possession of controlled/narcotic drugs.

One female subject was arrested for forgery.

One female subject was arrested for conspiracy to commit.

One male subject was arrested for operating after suspension.

One male subject was arrested on a warrant.

One male subject was arrested on a bench warrant.

There was one motor vehicle accident.

There was one theft reported at Viewland Court.

There was one suspicious person/activity reported on Stockbridge Corner Road.

Police made 58 motor

vehicle stops and handled three motor vehicle complaint-incidents.

There were 168 other calls for services that consisted of the following: One neighborhood dispute, three assist fire department, one fraudulent action, one employment fingerprinting, three assist other agencies, four animal complaints, two juvenile incidents, one domestic complaint, one school truancy, three general assistance, two wanted person/fugitives, four alarm activations, one lost-found property, one highway/roadway hazard, 11 general information, three harassment, one criminal threatening, one civil standby, one wellness check, one breach of peace, one criminal mischief, six community programs, one dispute, one drug destruction, two disabled motor vehicles, 67 directed patrols, one 911 hang-up, one K-9 unit call/response, three motor vehicle lockouts,

four medical assists, 30 property checks and five paperwork services.

Healthcare film in New Durham on Friday

NEW DURHAM — View a free special screening on Friday, Sept. 15, of the documentary "Fix It: Healthcare At The Tipping Point."

The film will be screened at 7 p.m. at the New Durham Public Library.

The average American family of four incurs an annual healthcare insurance tab of \$23,000. In many cases, this astronomical sum doesn't afford them nearly enough coverage for emergency medical care. That's just one of the startling realities presented in Fix It: Healthcare at the Tipping Point, an examination of the country's badly broken healthcare system.

Whether you're a senior citizen, a young and vital member of the workforce, or a business owner desperate to provide the most basic benefits to your employees, you are not immune from the damages inflicted by these rising costs. The film presents impassioned viewpoints from each of these segments of the population in the United States.

Their insights clearly implicate a system that is operating in full crisis mode, and failing the people it's designed to protect. In the past decade alone, premium costs have doubled. Businesses have felt the crunch, and in some cases have had to decrease their employee base just to keep their head above water. Even in the wake of President Barack Obama's Affordable Care Act, citizens have seen their life savings dwindle simply because a member of their family has become ill.

The effects on the economy as a whole is equally devastating as

fewer people possess the disposable income that allows commerce to thrive. Wages stagnate, infrastructure crumbles, and more people become sick from the added stress and anxiety. For many citizens and small to medium businesses, the hurdles presented by the current healthcare system cannot be overcome.

Can America change the course of its wildly dysfunctional healthcare system? The ideas presented in Fix It: Healthcare at the Tipping Point could serve a strong dose of inspiration if they choose to try.

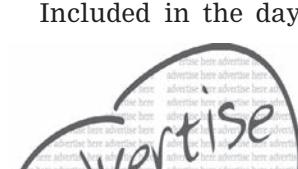
After the film will be a general, non-partisan discussion about the films and the issues they examine. An open exchange of ideas is encouraged.

Open barn at Tiz A Miniature Horse Farm Saturday

will be pony rides, cart rides, food for sale, demonstrations and lots of fun for the family, plus foals to view.

BARNSTEAD — Tiz A Miniature Horse Farm, located at 158 Garland Road in Barnstead, will be holding an open barn on Saturday, Sept. 16, from 10 a.m. to 3 p.m.

Included in the day



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Public Safety Day links locals and first responders

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD — Local residents had the chance to get to know their first responders and the many jobs they do during the annual Belknap County Public Safety Day.

Police and fire personnel from a several Belknap County communities and a number of state and local agencies showed their equipment and did demonstrations on Sunday at Gunstock.

Public Safety Day has been going on for around eight years, starting at Bank of New Hampshire Pavilion and moving to Gunstock in the past few years. Jen Schillinger, administrative assistant for the Belknap County Sheriff's Department, said this was a good opportunity for agencies to come out and meet the community members they serve.

"Most of the time you meet an officer or a firefighter on a bad day," Schillinger said.

She said this allows members of the public to meet these per-



CREWS from the Gilford Fire Department do an extrication demonstration at Belknap County Public Safety Day.



ERIN PLUMMER — GILFORD STEAMER
DETECTIVE Kevin Baron of the Gilford Police Department shows the department motorcycle during Public Safety Day at Gunstock.



THE DHART Helicopter goes on display.

ERIN PLUMMER — GILFORD STEAMER



ERIN PLUMMER — GILFORD STEAMER
A LINE of fire engines are set up around Gunstock's grounds for Belknap County Public Safety Day.

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Ted Vigil brings John Denver's music to Wolfeboro

WOLFEBORO — If John Lennon had a son, you have to admit it." Listen to Ted Vigil and you'll be "Rocky Mountain High." Internationally recognized as the

foremost interpreter and performer of the legendary music of John Denver, Vigil brings his reincarnation of Denver's music to the stage for an evening of enchantment.

Wolfeboro Friends of Music is proud to bring Vigil to Wolfeboro on Saturday, Sept. 30, at 7:30 p.m. at Brewster's Anderson Hall, 205 S. Main Street, Wolfeboro.

Vigil is a singer, songwriter and tribute artist. He was born in Seattle and raised in the Olympia area. He has been performing since the age of 10 throughout school in concert, symphonic and jazz bands, developing his talents as a drummer and singer. He went on to Laughlin, N.Y. to compete in the Talent Quest 2006 involving 28 states, New Zealand, Australia and Canada, taking first place. He then went on to win Komo TV 4's NW Afternoon Celebrity Look Alike Contest. After winning this he began planning his John Denver tribute show, offering some of Denver's most familiar tunes including "Thank God I'm a Country Boy," "Calypso," "Annie's Song," "Rocky Mountain High" and "Sunshine on My Shoulders." Vigil now performs nationwide for all kinds of venues and events. He has wowed crowds, selling out theatres in Pennsylvania and Kansas and has played twice for Denver's own "Windstar Foundation" in Aspen,



COURTESY PHOTO

TED VIGIL brings John Denver's music to life.

ment he set foot on stage, I was mesmerized by his voice and his incredible resemblance to the late and great John Denver. Ted Vigil's voice, mannerisms and humor were so much like John's that I had to keep reminding myself it was a 'tribute show'... that wasn't really Johnny up on that stage... Ted Vigil is that good. He brings John back to the stage, if only for a little while... and the experience he creates is magical."

This is the first of eight programs presented by the Wolfeboro Friends of Music to the greater Lakes Region during its season, which runs from September through May. Tickets are available at the door, at Black's Paper Store and Avery Insurance in Wolfeboro, at Innisfree Bookshop in Meredith, by calling 569-2151, or by visiting www.wfomusic.org. In WFOM's continued effort to make music accessible to youth, all high school students with ID and all children accompanied by an adult ticket holder will be admitted free of charge.

This concert is sponsored by Benefit Strategies and Paul and Debbie Zimmerman, both of whom are also season sponsors.



COURTESY PHOTO

LACONIA Pet Center Co-owner Brett Varnum works the register during the September "Round Up" to benefit the New Hampshire Humane Society.

Laconia Pet Center helping out New Hampshire Humane Society

LACONIA — The New Hampshire Humane Society is pleased to be the beneficiary of the Laconia Pet Center's September "Round Up" program. Purchase your pet food and supplies at the Laconia Pet Center any day in September and you can "round up" your purchase – to the next dollar, \$5 or more. The additional funds are donated directly to the New Hampshire Humane Society to benefit the thousands of animals that come through the shelter every year, and support the important work in the community.

The Round Up program also gives the Humane Society an opportunity to share its mission, and featured pets and programs, with the public. Your generous contributions to the shelter allows them to not only to care for all of the animals at the shelter, but help them advance the mission of giving a voice to the voiceless. Last legislative session NHHS worked closely with its fellow animal rescue agencies and advocates to pass HB2, the state budget bill, which included an exemption to allow cats testing positive for Feline Immunodeficiency Virus (FIV) and Feline Leukemia (FeLV) to be appropriately placed at shelters and rescues operating in the Granite State. About two percent of cats may have FIV - non-transmittable to humans and easily contained and managed in otherwise healthy cats. Casey, a handsome tabby cat, was found on the streets and brought to the shelter, where he tested positive for FIV. Thanks to rigorous advocacy, Casey is now enjoying a new forever home.

The Laconia Pet Center also carries a number of items on the shelter's "wish list," which can be purchased and left there to be collected, or dropped off at the shelter. The Laconia Pet Center has been a part of the community for more than 40 years, and although they contribute as a business to many local events, they strive

to give their devoted customers the opportunity to give back as well.

"By doing a round up each month for a selected charity, it gives our customers a chance to learn more about a local charity, as well as the choice to donate to that charity," says Bethany Stockman, co-owner of the Laconia Pet Center on Union Avenue. "Those 'pennies' all add up. In June we were able to donate almost \$600 to the shelter, and we hope to increase that this month."

"We are so fortunate to have the support of our local community business partners, like Laconia Pet Center," says NH Humane Society Development Director, Lissa Mascio. "Every donation helps us fulfill our mission, and we appreciate any opportunity we have to share that mission and the stories of the animals that we help."

For more information about how you or your business can partner with the New Hampshire Humane Society, contact Mascio at (524-3252 ext. 309 or lissa@nhhumane.org.

The New Hampshire Humane Society is a privately funded 501(c)3 non-profit whose mission is to provide shelter for the lost, abandoned and unwanted animals; find responsible and caring forever homes for them, and; advocate and be the voice for the voiceless. The society works hard to prevent cruelty to animals and offers education and outreach programs, pet therapy and many community programs and initiatives to help responsible pet owners and their animals. To view adoptable pets, make a donation or check out other upcoming events please visit www.nhhuman.org.

Any 501(c)3 charity can apply on the Laconia Pet Center web site to be considered for the Round Up charity of the month. Currently, the charities selected have been animal-related charities, but it is Stockman's hope to expand the program to other local charities, if the interest is there.

Colo. Vigil cruised the Caribbean with Darrell Worley and Jimmy Wayne on a "Travlin' Inc." country cruise hosted by Great American Country's own Storme Warren. Most recently he was awarded the Rising Legend Award by the National Traditional Country Music Association. He also performed with Steve Wiesberg, Denver's lead guitarist from the 70s, who is quoted as saying, "Apparently the audience

thinks they all look and sound like John. I don't see it. I see it with Ted. A very strong physical resemblance... Uncanny." (King 5 Eve News Magazine clip). The most heard comments after a show are, "I can't believe how much he looks and sounds like John Denver. It really took us back." This is echoed in a review from a long time John Denver fan, "I was completely blown away by this young man, Ted Vigil. From the mo-

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OBITUARY

Foster Tarleton Jones Loved the natural world

ALTON — Foster Tarleton Jones, age 75, was surrounded by his family when he passed away on Aug. 26 at his home in Alton.

Foster grew up in New Castle and delighted in telling (and retelling) stories of his happy childhood on the island. He attended Portsmouth High School and earned a Bachelor of Science degree in Soil and Water Science at the University of New Hampshire. It was at UNH, in Dan Valenza's woodworking classes, where Foster discovered his passion for working with wood. After college, he taught math and science at Milton Junior High School. He then worked for his father Robert Jones doing carpentry in Portsmouth and New Castle. He and several other artisans had a group shop on Bow Street in Portsmouth. He built masts for boatbuilders. Foster and a partner began "Housesmith's,"



a post and beam home building company in York, Maine. He went on to work by himself for several years, building houses and making furniture and cabinets. His skilled touch can be found in homes, restaurants, bars and theaters in the Seacoast area. In 1985, Foster and his brothers in law started "Maine Coast Builders" in York, Maine. In 1995, he followed his heart and built a work shop at his home in North Berwick, Maine, where he worked for 20 years, until he moved his shop and family to Alton.

He is survived by his

wife of 30 years, Rhona (Barden) Jones and his sons, Eyan Jones of Limerick, Maine and Arik Jones of Rye, and his daughter, Ruby Jones of Alton.

Foster loved his occupation. He loved New Castle. He loved the natural world. He loved books. He loved music. He loved astronomy. He loved a challenge. He loved what was to be discovered in the universe. He loved his three children and he loved his three wives.

Foster was a kind, humble and honorable man. He was rare in his contentment and fulfillment in life. He was eager to help others and generous with his knowledge of his trade.

There will be a memorial gathering for Foster on the New Castle Commons on Saturday, Sept. 30, at 10 a.m. To express condolences, please visit www.peasleefuneral-home.com.

DC. TERRY SULLIVAN, D.C. RICHARD HILTON, BISHOP PETER LIBASCI, D.C. KARL COOPER, D.C. LELAND FASTNACHT, D.C. LAM TRAN, D.C. KEVIN CODY, D.C. JOSEPH DION, D.C. FINTAN MOORE, D.C. STEPHEN KANEK, D.C. RANDY O'NEILL.

New Deacon appointed to St. Katharine Drexel parish

REGION — The Most Reverend Peter A. Libasci, Bishop of Manchester, ordained 10 men to the Permanent Diaconate on Saturday, Sept. 9.

"The entire church is called by Christ to serve others," said Bishop Libasci. "But these men, by virtue of their sacramental ordination and through their various ministries, are special witnesses to the service of God's people. I am profoundly grateful to them and to their wives and families for their commitment to our church and to our world in imitation of Christ, who came 'to serve and not to be served.'"

The 10 men ordained on Saturday are:

D.C. Kevin Cody, of Manchester, assigned to serve at Saint Marie Parish, Manchester;

D.C. Karl Cooper, of Manchester, assigned to serve at St. Joseph Cathedral Parish, Manchester;

D.C. Joseph Dion, of Manchester, assigned to



JEFF DACHOWSKI - COURTESY PHOTO
BACK ROW (l to r), D.C. Terry Sullivan, D.C. Richard Hilton, Bishop Peter Libasci, D.C. Karl Cooper, D.C. Leland Fastnacht. Front row (l to r), D.C. Lam Tran, D.C. Kevin Cody, D.C. Joseph Dion, D.C. Fintan Moore, D.C. Stephen Kaneb, D.C. Randy O'Neill.

serve at St. Thomas Aquinas Parish, Derry;

D.C. Leland Fastnacht, of Salem, assigned to serve at St. Matthew Parish, Windham;

D.C. Richard Hilton, of Wolfeboro, assigned to serve at St. Katharine Drexel Parish, Alton;

D.C. Stephen Kaneb, of South Hampton, assigned to serve at Our Lady of the Miraculous Medal Parish, Hampton;

D.C. Fintan Moore, of Keene, assigned to serve at Parish of the Holy Spir-

it, Keene;

D.C. Randy O'Neill, of Westford, MA, assigned to serve at St. John XXIII Parish, Nashua;

D.C. Terry Sullivan, of Hampstead, assigned to serve at St. Joseph Parish, Epping;

D.C. Lam Tran, of Manchester, assigned to serve at St. Anne-St. Augustin Parish, Manchester.

For more information about vocations to the Permanent Diaconate, visit www.catholicnh.org/diaconate.

Mark on the Markets

Investment risk assessments



BY MARK PATTERSON

Contributing Writer

If you are meeting with a broker, financial advisor, financial planner or investment advi-

sor, you have likely been through an investment risk questionnaire. As a registered investment advisor, I used several risk assessment questionnaires and even post one on my web site, MHP-asset.com that anyone can access and get a risk score. It is only my opinion that many of these risk tolerance questionnaires are a means for the broker, advisor or planner to plug-in an investment

mix predetermined by your risk tolerance according to their questionnaire, while not addressing the real needs of the client.

MHP Asset Management is just that, an asset management firm. MHP's policy is to assume that our client is risk adverse until proven otherwise. I created that policy based on my 22 years in this business of good, flat and bad equity markets. When the

markets have been good for extended period, like now, many investors feel as though they can handle a lot of volatility. Those same investors are often the first to call, nervous about their accounts when we have tough times in the equity markets.

There is a second, and I believe larger reason why you can't just plug in the investment portfolio based on a risk assessment. When

reviewing prospective new family accounts held at other firms, there's a common flaw with many of these portfolios, because I believe the financial advisor really didn't ask enough questions to find out what the true needs of the client are, but were only concerned with matching a predetermined portfolio with a risk assessment.

I use the risk questionnaire early in the risk assessment process, but that really does not address the needs of the client. For instance, the risk assessment states that a client may be able to handle moderate risk. What the assessment does not tell me is their need for income. So, this prospective family's portfolio may be suited for their risk tolerance but not their needs. If this prospective family tells me that they need a good portion of these assets for income in the next two years but are still invested for growth, then what good at all was the risk tolerance questionnaire? Once we get beyond the basic

questionnaire, I believe we must go to the next level and find out what those assets are intended for and when.

MHP Asset Management has a software program that does a very good job of "forensic analysis" on your current portfolio. It will not only tell us how you are positioned from a risk standpoint, but it will tell you all the internal expense in the funds that you may be invested in.

For many of our families, there comes a time when the assets that we accumulate must be adjusted for the distribution of those assets as steady, sustainable, reliable income. Because we create your portfolios using low or no cost stocks, bonds or funds at MHP, we only charge a fee to manage your assets, you never pay us a "relationship fee."

Mark Patterson is an advisor at MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com. Client funds are held at TD Ameritrade institutional.

Pioneer Club returns to Barnstead

BARNSTEAD — The Pioneer Clubs organization has a rich history with social groups and churches, reaching young people with effective programs for more than 75 years. These successful programs are returning to Center Barnstead Christian Church. Pioneer Club kids will form healthy relationships with friends and caring leaders, all while having a ton of fun.

The group will meet on Wednesdays from 6 to 7:30 p.m. at the Center Barnstead Christian Church, located beside the Barnstead Town Hall. Family Prayer Meeting is held simultaneously. Sept. 27 is the first Pioneer Club meeting. All kids, kindergarten to sixth grade, are invited to join.

learn about the life of Jesus throughout the year. The kids will develop skills in various areas, like personal health and hygiene, manners and etiquette, cycling, hiking, and first aid.

At Pioneer Clubs, you might play a game called Human Battleship that they invented last year. They will

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Head to Skull Island at Village Players Theater this weekend

WOLFEBORO — The Village Players movie series continues this weekend with two screenings of the original King Kong.

In 1933, bold and successful filmmaker Carl Denham (Robert Armstrong) travels by ship

with a large crew, his friend Jack Driscoll (Bruce Cabot) and the starlet Ann Darrow (Fay Wray) to an unknown island to shoot a movie. The local natives worship a huge gorilla called Kong and they abduct

Ann to offer her in a sacrifice to Kong. Driscoll, who is in love with her, Denham, who aims to capture the animal for an exhibition in New York and part of the crew hike into the jungle, where dinosaurs live, trying to

rescue Ann. King Kong falls in love with Ann and protects her against the dangers. But the gorilla is captured and brought to New York. In the middle of a show on Broadway, King Kong escapes,

bringing panic to the Big Apple.

The Village Players movies run two nights a month throughout the year at the Village Players Theater, located on Glendon Street in Wolfe-

boro.

King Kong will screen on Friday, Sept. 15, and Saturday, Sept. 16, both at 8 p.m. Admission remains just \$5 per person and refreshments are available for sale as well.

Kingswood Youth Center's Chili Challenge is Sept. 30

WOLFEBORO — Do you love to eat chili? Do you love to cook chili? Do you love to support local teens? Then the Kingswood Youth Center's (KYC) Chili Challenge is for you. On Sept. 30 from 11:30 a.m. to 2:30 p.m. the KYC's eighth annual Chili Challenge fundraiser will be held at the Durgin Stables Green in Wolfeboro. A silent auction will also be held throughout the event, featuring local products and opportunities. Come eat some chili and bid on some exciting items.

All are welcome to compete in the KYC's Chili Challenge by entering a team and cooking their favorite chili recipe. Show off your culinary talents and perhaps win the coveted Judge's Award or People's Choice Award for first, second and third place chili. A team can be comprised of an individual, family, group of friends, business, school or any collection of chili-minded people.

This is also a great opportunity to express your support of the KYC by sponsoring the event. Several levels are available and your organization name will be in all post-event press and screen printed on Chili Challenge t-shirts. Businesses donating \$500 will be included on banners, which will hang at the event, and those donating \$1,000 will be included on a banner that will hang in downtown Wolfeboro for two and a half weeks.

The Kingswood Youth Center is located at 565 Center St., Wolfeboro and serves GWRSD middle and high school students. Founded in 1999, the center's mission is to provide a safe, positive environment in which youth may grow, learn and develop important life skills critical to their success in the adult world.

Please contact Mara Michno at 569-5949 or teendirector@thekyc.

org for more information about sponsoring or com-

peting in the eighth annual Chili Challenge.

Apple Harvest Day at N.H. Farm Museum

MILTON — It's apple time in New Hampshire and the Farm Museum will be celebrating this annual ritual on Saturday. They'll be pressing cider, making apple doll heads, and have a bunch of other apple-related activities. Kids can also make corn husk dolls and learn about their Native American roots.

Additionally, kids of all ages can pick apples

to feed to the museum's Gloucester Old Spot pigs. Known also as orchard pigs, the breed was historically let loose amongst the apple trees to feed freely of the fallen apples.

The N.H. Farm Museum is at 1305 White Mountain Highway, located just off exit 18 of the Spaulding. Visit www.farmmuseum.org or call 652-7840 for details.

Masons planning bean-hole dinner

ALTON — The Masons of Winnipesaukee Lodge in Alton will be hosting a bean-hole supper on Saturday, Sept. 23, from 4 to 7 p.m. The menu will consist of smoked ham, kidney and navy beans cooked in cast iron

pots in the lodge's bean hole pits, plus the usual fixings, including dessert. Fruit punch, lemonade, coffee, tea, or water will also be provided. Don't want to pile everyone into the car? You can get the meal to go with

their takeout boxes. The lodge is located on Route 28, a quarter mile south of the Alton Circle. For more information, contact Steve Hurst at 387-5316 or go to www.winnepeaskeemasons.com.

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Church Service SCHEDULE

Sundays: July 2, 2017 – September 3, 2017

8am Outdoor Summer Worship Service- Alton Bay Bandstand

10am Worship Service Community Church of Alton-101 Main Street, Alton

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 25 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvest.org or e-mail abhc@faith.com.

ADVENT CHRISTIAN CHURCH
Sunday Worship Service 11:00 a.m. All are Welcome. Rev. Charles Wilson 998-4102.
96 Maple Street & Route 28, Barnstead

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10 am & 7pm; Tues-Thurs 9am, 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Haggard, www.befreecommunitychurch.net

CENTER BARNSTEAD CHRISTIAN CHURCH
Morning Service 10:00 a.m.
Adult Sunday School 9:00 a.m. Sunday School for all ages 9:00 a.m. Rev. Rich 126 next to Town Hall. Pastor Brian Gower, 269-8831.

COMMUNITY CHURCH OF ALTON
Worship Service 8:00 a.m. Alton Bay Bandstand, Worship Service 10:00 a.m. 101 Main Street, Rev. Dr. Samuel J. Hollis, 875-5561.

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC
Sun. School and Worship Services, 10:00AM, 504 N. Barnstead Rd. Pastor Nancy Tabbot, 776-1820, congbarnstead.com

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON
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Location: 516 Main Street, Lancaster

Tickets: \$15 for ages 13+, \$10 on Thursday, Friday and Monday; \$16 on Saturday and Sunday. Seniors are free on Thursday and Friday; \$10 on Friday-Sunday;

children under 12 are free with paying adult

Online: www.lancasterfair.com

See you next year!

HOPKINTON STATE FAIR

Friday, September 1–4, 2017

Location: State Fairgrounds, Contoocook

Tickets: \$12 for ages 13+, \$5-\$10 for seniors 60+, \$8 for youth 5-12, children 6-12 and under 4 are free.

Four day wristbands are available.

Online: www.hopkintonstatefair.com

See you next year!

HILLSBOROUGH COUNTY AGRICULTURAL FAIR

Friday, September 8–10, 2017

Location: 15 Hill Dale Ln., New Boston

Tickets: \$12 for adults, children 6-12 and seniors are \$5, children under 5 are free

Online: www.hillsboroughcountyfair.com

DEERFIELD FAIR

Thursday, September 28 –

Sunday, October 1, 2017

Deerfield Fairgrounds

Route 43, Deerfield

Tickets: \$10 for ages 13+;

ages 12 and younger are free

Online: www.deerfieldfair.com

SANDWICH FAIR

Saturday, October 7–9, 2017

Sandwich Fairgrounds

Route 109 North, Center Sandwich

Tickets: \$10 for adults,

ages 8-12 are \$3 and children under 7 are free

Online: www.thesandwichfair.com

WEEK 3 WINNER



Blissful Lotus YOGA

SOLAR

(continued from Page A1)

many, continuing on with traditional utilities might make sense, but that he has a support team that can help folks consider how solar might be an option that provides long-term financial benefits.

"All we ask is that people consider all of the options," Johnson said. "If someone wants to learn more, we have a great staff to help investigate and lead people through every step of the way," he added.

The Baysider had a chance to catch up with GoSolar's Johnson as he awaited a curious public at last week's session.

BACTERIA

(continued from Page A1)

duce fish hatchery discharge of pollutants. Bob Craycraft presented the latest data collected by the Lake Lay Monitoring Program studying the Merrymeeting River. It was noted that the concentrations of phosphorus (expressed as micrograms phosphorus per liter of water) have increased throughout the river system during the summer with high levels seen below the fish hatchery and where Coffin Brook enters the river. Craycraft also noted that a study of phosphorus concentrations in tributaries to the river in New Durham during the spring runoff were not as concentrated as they were in the summer. The testing in Merrymeeting Lake and Lake Winnipesaukee away from the inlet

"Energy is a have-to bill," he explained. "There are some things you can live without - not so much with the electric bill, so we're offering a solution."

Johnson added that purchasing solar panels gives people a chance to "own their own system outright."

He added, "It's a way to achieve a level of independence - at least from the utilities."

Independence comes at a cost, however. Johnson's task was to help people weigh the potential costs with the benefits.

While the financials are a bit complicated, Johnson said part of his

job is to boil down the numbers so they are understandable and transparent.

Johnson said a home with a \$100-per-month bill is averaging about 667 kilowatts per hour. Based on this usage, he said that 23 to 27 solar panels, measuring three by five, would be needed to meet this level of demand. He noted that the number of panels could vary a little depending upon where they are oriented, adding that an easterly vantage is ideal.

Johnson said GoSolar offers "turnkey solutions" whereby homeowners can have staff deliver and install panels and supporting units

that will convert solar energy into electricity.

"You might find cheaper units on Amazon, but you have to remember that there is no support for installation," Johnson said. He added, "With GoSolar, you call us, we install, and you turn on your light - and it works."

GoSolar's web site says, "Solar power is no longer the energy solution of the future - it's the energy solution of the present. Installing solar panels on your home or business provides you with clean, powerful energy that has never been more affordable."

It continues, "Harnessing the power of the sun and utilizing solar energy is not only a sustainable practice, it's also renewable, which means that the power it provides is infinite. And what's more, utilizing solar power creates zero emissions and minimizes the collective dependence on (limited) fossil fuels."

While GoSolar stresses the environmental sustainability of renewable energy, consultant Johnson stresses the economics of making the switch.

He explained that the cost of solar panel installation - about \$1,000 with labor per panel - might seem pricey. But he notes that long term benefits - financially and environmentally - are worth it.

He explained that a home with a \$100-per month bill would be looking at an outset cost of perhaps \$25k. But

he noted that in such a scenario, there could be up to \$9,000 in federal credits to help with the transition. This lowers the installation expense considerably - as well as the time frame in which the system begins to pay for itself.

The presentation last week occurred as N.H.'s energy provider landscape continues to shift.

Customers have more options - and therefore more potential choices. While solar is in the mix, even traditional providers like the New Hampshire Electric Co-op, Eversource, and others are facing heightened competition.

The NH Public Utilities Commission web site reads,

"Wondering what all the ads for choosing an electric supplier are about? During the 1990s, the New Hampshire Legislature took steps to provide electric supply choices to electric customers. It took some time, however, for a competitive electric energy supply market to develop, with options for larger commercial and industrial consumers occurring sooner than those for smaller commercial and residential customers. Today, there are many companies, called competitive energy suppliers, registered to supply energy to your home or business."

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pay for themselves in the mid-term, so you'll see benefits over the long term," Johnson said.

Johnson also noted that New Hampshire customers also have a chance to sell surplus energy back to the grid via their solar panels. Although rates are not as generous in New Hampshire as in neighboring Mass., Johnson said a reasonable rate to expect might be around \$30 per month. He said this payment from the utilities could help spend down the cost of installing panels, quickening the timeframe in which a system becomes net revenue positive.

GoSolar's web site elaborates on the potential benefits of energy harnessed from the sun. The site maintains, "Solar helps you save on (or eliminate) your electric bill; [i]nstalling a solar panel array can actually be a revenue stream for you; [s]olar panel arrays increase the value of your property; [s]olar energy strengthens the environment."

The company website continues, "[If you're] considering utilizing the benefits of solar power, contact us today. Go Solar NE is committed to providing you with the best solar energy products and exemplary customer service. If you've got questions, we've got answers."

Johnson is based out of Rochester. He is reachable at 396-3901 or scot@gosolarnh.net.

General information can be gleaned at www.GoSolar.net.

WATER

(continued from Page A1)

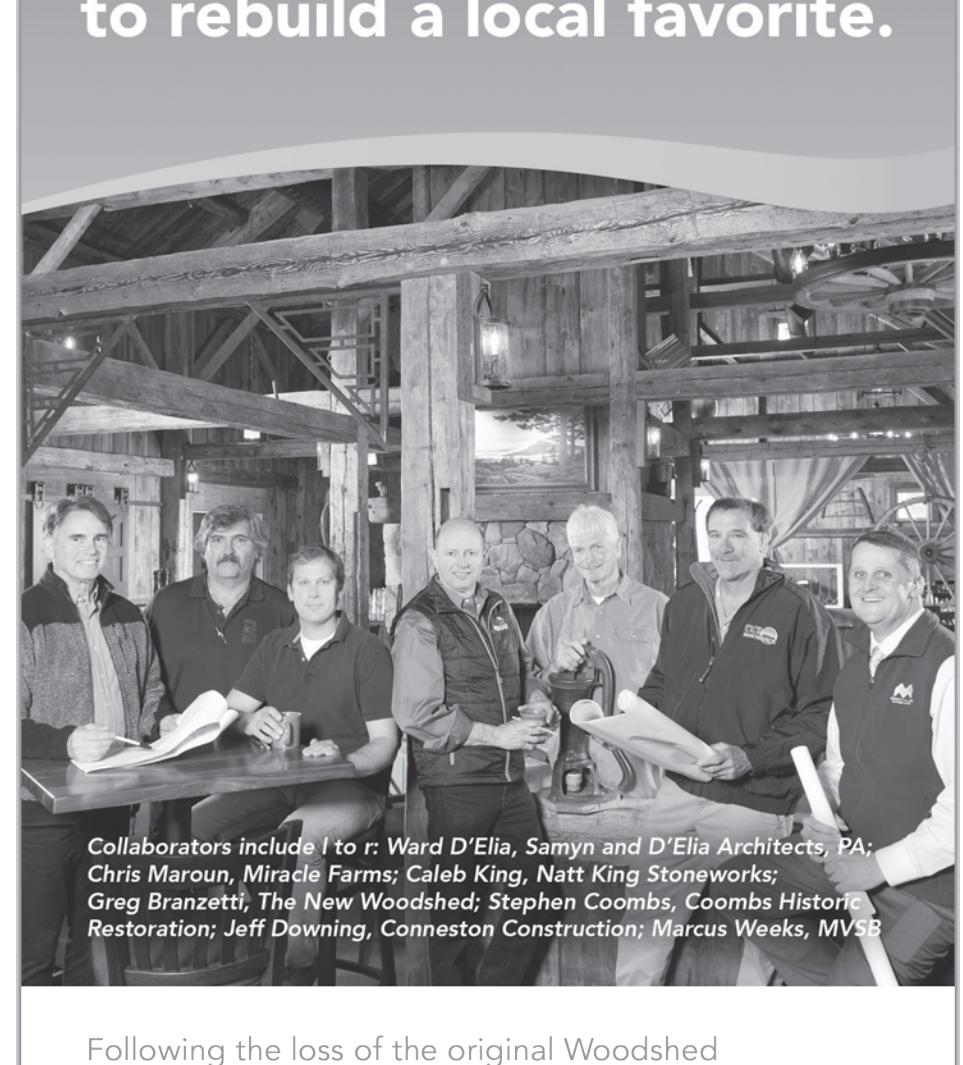
how David Swenson talked with him and Tom Rogenski about changing the name and mission of the milfoil committee. Representing the BOS, Swenson thought a single committee with at least two divisions, one for milfoil and another for cyanobacteria, each with separate membership and separate accounts would allow the BOS to deposit funds for each activity into separate accounts overseen by personnel already working in these areas. Quimby explained that the mission of the combined committee would be to maintain a high water quality standard for the town's waterbodies consistent with the standards for the classes and use of each waterbody (New Durham has both class A and class B waterbodies). Quimby asked for a motion and Bill Meyer moved that the Milfoil and Invasive Aquatic Plants Committee change its name to the New Durham Water Quality Committee with two divisions, cyanobacteria and milfoil, each with separate membership and separate accounts and budgets. There was a brief discussion during which Swenson recommended that they not limit the committee to two divisions but state, "and other divisions as needed." Meyer amended the motion by adding "and other divisions as needed" seconded by Art Hoover.

After a brief discussion, the committee

voted unanimously for the amendment. Meyer then restated the original motion to read: "The Milfoil and Invasive Aquatic Weeds Committee shall change its name to the New Durham Water Quality Committee initially composed of a cyanobacteria division and a milfoil division with other divisions to be added as needed in the future, each with its own membership, accounts and budgets." This was approved unanimously by the committee.

Quimby explained that this year the milfoil committee was asked to also present its budget to the CIPC for review and questions. Quimby also represented the Cyanobacteria Mitigation Steering Committee (CMSC) at these meetings. Quimby did not request any funds for milfoil treatment this year based on the accumulation of \$26,000 in the CRF, enough to cover any contingencies in 2018. Quimby also asked the CIPC for \$24,500 for the work of the CMSC

in 2018. This includes a one-time request of \$20,000 for the Watershed Management Plan (WMP), \$4,000 for water quality testing in New Durham's waterbodies, and \$500 for public relations associated with the WMP. The \$4,500 request would be recurring. The vote to accept these budget items was unanimous. Quimby explained to the committee that they had previously approved \$1,000 extra should the costs for treating milfoil exceed the amount requested and approved in 2017. These funds were sufficient. However, the funds requested for water quality testing were not sufficient and most of these funds have been spent and more testing must be done. Bob Craycraft estimated the remaining costs for water testing to be \$990. The committee unanimously approved a transfer of \$1,000 from the milfoil account to the appropriate account handling water quality testing (which was set up by Scott Kinmond).



It took a Village to rebuild a local favorite.



Collaborators include l to r: Ward D'Elia, Samyn and D'Elia Architects, PA;

Chris Maroun, Miracle Farms; Caleb King, Natt King Stoneworks;

Greg Branzetti, The New Woodshed; Stephen Coombs, Coombs Historic Restoration; Jeff Downing, Conneston Construction; Marcus Weeks, MVSB

An ancient Wabanaki canoe will go on display in Maine

Here is a story I really liked:

A wood and birch bark canoe made in Maine in the mid-1700s and stored in a barn for decades is being restored and will go on display this fall.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



The Associated Press reported that the 16-foot

bark and cedar craft was a gift to a sea captain from one of the state's Wabanaki tribes, and passed down through his family until it was given to the Pejepscot Historical Society in Brunswick.

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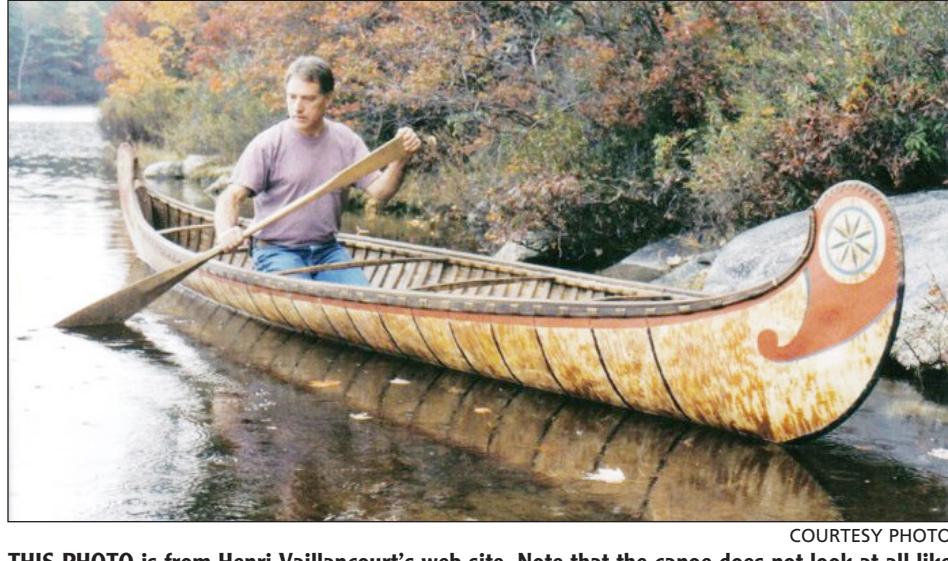
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COURTESY PHOTO

THIS PHOTO is from Henri Vaillancourt's web site. Note that the canoe does not look at all like the ones in the movies.

That was in 1889. For the past three decades the canoe has been stored out of sight and mind in the museum's backyard barn. Curators say that the canoe may be one of the oldest, if not the oldest, in existence.

+++++

Thoreau had a wonderful account of the construction of an Indian canoe in his writings from his mid-1800s trips to the Maine woods. New Hampshire's Henri Vaillancourt is among the few people today who can make a historically accurate wood and bark canoe.

But wood and bark are fragile substances, and time and particularly moisture are not kind to them. The fact that this very old Maine canoe is in such good shape is, to me, remarkable.

Okay, so why, then, is there no picture of this canoe here? Well, because the Associated

Press has to stay in the black or it goes bust, and sells its stories and photos mostly to daily papers, not weeklies. And I didn't have the time to negotiate the labyrinth that I know from experience would probably have obtained the okay from the good-natured folks at AP for me to use it.

Anyway, if anyone just Googles "ancient Maine canoe," or something like that, the AP photo will undoubtedly pop up. As for the roughly 20 percent of you out there who do not have access to the Internet (this is a fact), ask the grandkids for help.

+++++

I wish everyone would get together and decide how we're going to spell certain stuff, like "Abenaki." That's the way it was spelled by one and all, for a long time. It is supposed to mean, by the way, "People of the Dawn Land," which makes a lot of sense.

+++++

Movies new and old portray some pretty silly stuff. Fake wood fires that are obviously gas-fired come right to mind, as do steam locomotives that are billowing black smoke but carrying wood in the tender, or blowing white smoke but carrying coal.

In a similar vein, cinematic scenes often have people paddling birch bark canoes at high speed down rock-studded rivers, but really, you couldn't be bashing a wood and bark canoe into rocks or you'd be spending all your time on repairs. My sense, after a lifetime of canoe experience, is that travelers shouldered or dragged the freight, and lined the canoes down.

That's why I think dugouts, canoes made by hollowing out logs, were the actual Native American watercraft of choice, and canoes were made because they could be carefully navigated or towed through shallow water, and much more easily carried from one watershed to another.

An excellent and ancient dugout canoe is on display at the New Hampshire Historical Society in Concord. This place is well worth a visit, as is the State House, The People's House, diagonally across the street.

This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.

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SPORTS

THURSDAY, SEPTEMBER 14, 2017

THE BAYSIDER

SECTION B, PAGE 1

WHAT'S ON TAP

The local high school teams will be plenty busy in the coming week.

At Prospect Mountain, the soccer girls will be hosting Gilford today, Sept. 14, at 4 p.m., will be hosting Belmont at 4 p.m. on Monday, Sept. 18, will be hosting Campbell at 4 p.m. on Wednesday, Sept. 20, and will host Berlin at 3:30 p.m. on Thursday, Sept. 21.

The Timber Wolf soccer boys will be at Newfound on Friday, Sept. 15, at 4 p.m. and will be hosting Winnisquam on Tuesday, Sept. 19, at 4 p.m.

The Prospect Mountain volleyball team will be hosting Portsmouth Christian on Friday, Sept. 15, at 6 p.m., will visit Inter-Lakes on Monday, Sept. 18, at 5:45 p.m.

The cross country Timber Wolves will be running at Laconia on Saturday, Sept. 16, at 10 a.m.

The Prospect Mountain golf team will be at a meet hosted by Sanborn on Monday, Sept. 18, at 3:30 p.m. and will be at Laconia on Thursday, Sept. 21, at 3:30 p.m.

The unified soccer Timber Wolves will be hosting Epping at 4 p.m. on Tuesday, Sept. 19, and will be at Dover at 3 p.m. on Thursday, Sept. 21.

At Kingswood, the girls' soccer team will be hosting Kearsarge today, Thursday, Sept. 14, at 5:30 p.m. in their lone game of the week.

The Knight boys' soccer team will be

SEE ON TAP, PAGE B4

Timber Wolves net first win

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain boys' soccer team entered the third game of the season still looking for the first goal and the first win of the new season.

Thanks to Jonah Dudzik and Drew Nickerson, the team achieved both of those marks with a 1-0 win over Inter-Lakes on Friday, Sept. 1.

"We got some things out of the way," said coach Cory Halvorsen. "We definitely really elevated our level of play from Tuesday (against Belmont).

"There was definitely a lot more energy today," the Timber Wolf coach continued. "It was good to get the monkey off our back with the first goal and getting us started on the season."

The Timber Wolves came out of the gate with some solid chances from Dudzik, Travis Stockman and Brandon Sinclair, but the shots either went wide or were stopped by the defense and keeper.

The Lakers came back with some chances, sending one cross into the box that the Timber Wolves cleared out and then had a direct kick go high. Michael Mahoney just missed connecting with Carter Dore on a crossing pass and then Mahoney came through with a good clear in the defensive zone.

Dudzik and Joe Doherty teamed up on a bid that was cleared out. The Timber Wolves had a direct kick deflected wide and then on a corner kick, the ball was headed over the top of the net. Tucker Kierstead had a good clear for the Timber Wolves



JOSHUA SPAULDING

ANDY HAMILTON pushes the ball through two Inter-Lakes defenders in action on Sept. 1.



JOSHUA SPAULDING

JOE DOHERTY gets past an Inter-Lakes defender during action Sept. 1.

and then Nickerson came through with a couple of big saves, including one on a diving attempt and another on a direct kick.

Dudzik connected with Sinclair on a crossing pass that was cleared and Kierstead came through with a nice clear at the other end of the field. Tyler Bredbury sent a ball just high and Nolan Sykes had a nice cross cleared. The Timber Wolves had a corner kick cleared and then Bredbury and Sinclair teamed up for a chance that went wide. Andy Hamilton had a shot go high, while Cody Willette just missed connecting with Lucas Therrien and Doherty sent a shot high. The Lakers had a couple of bids go high and wide and the half came to a close with neither team on the scoreboard.

Dudzik came through with a shot out of the gate in the second half and Doherty followed with a bid that was stopped by the defense. Hamilton

SEE SOCCER, PAGE B2

Prospect golfers win opening match

BY JOSHUA SPAULDING

Sports Editor

CANTERBURY — After the first match of the season was done in by rain, the Prospect Mountain golf team came through with an impressive performance in what ended up being the first match of the season on Sept. 7, at Canterbury Woods.

The match was hosted by Belmont and also featured Sanborn and Monadnock.

Sam Reynolds led the way for the Timber Wolves, firing a 39 to share medalist honors with Izzy Avilez of Mo-

nadnock.

Ryker Burke was next for Prospect out of the third spot in the lineup, as he fired a 43, which qualified as the second lowest score of the day behind the medalists.

The final scorers for the Timber Wolves were Zach MacLaughlin in the second spot and Max Tuttle in the fourth spot, as both came through with 52s.

Joel White fired a 59 from the fifth spot, Aaron Haynes shot a 64 from the sixth spot and Mykel Whitehouse finished with a 75 from the sev-

enth spot.

Overall, the Timber Wolves finished with a 186, edging Sanborn by three strokes. Monadnock came through with a 212 and Belmont shot a 217.

The first match was rescheduled for the following day and the team returned to Canterbury Woods for a match hosted by Bow and also featuring Campbell and Fall Mountain.

While the Timber Wolves didn't have quite as good a day, firing a 218, they still came out with two more wins. Bow won at 172, with Prospect second, Campbell in third at 220 and Fall Mountain in fourth at 246.

Reynolds again led the way for Prospect with a

42, which was the second best score of the day.

Burke was second for the Timber Wolves from the second spot in the lineup, shooting a 49.

Haynes shot a 63 from the sixth spot and White fired a 64 from the fifth spot to round out the scoring for the Timber Wolves.

Tuttle shot a 65 and Whitehouse and MacLaughlin both finished with 79s for the day.

The Timber Wolves will be back in action on Monday, Sept. 18, at Sanborn and on Thursday, Sept. 21, they will be at Laconia, both at 3:30 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



A focus on...
today

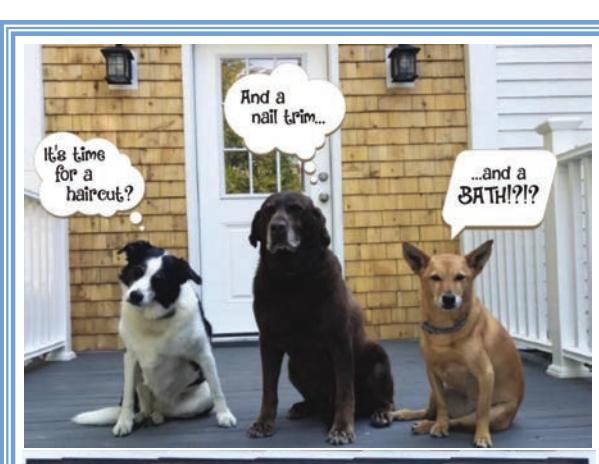
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Howlett, Ingham lead Prospect at Sanborn

BY JOSHUA SPAULDING

Sports Editor

KINGSTON — A small group of Prospect Mountain runners traveled to Sanborn Regional High School for the Jamie Martin Invitational on Tuesday, Sept. 5.

The top finisher among the Timber Wolf boys was sophomore Thomas Howlett, who ran to 17th place overall in a time of 18:14.

Luke DeRoche was next for the Timber Wolves, finishing in 112th place in a time of 23:01 and Caleb Parelus finished in a time of 25:03 for 144th place. Nate Cormier round-

ed out the field of Timber Wolf boys with a time of 26:34 for 166th place overall.

Two Timber Wolf girls competed in the race, with Naomi Ingham leading the way with a time of 25:07 for 45th place overall and Anna DeRoche finished in 63rd place in a time of 26:52.

The Timber Wolves will be back in action on Saturday, Sept. 16, at Laconia for a 10 a.m. meet.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SOCER

CONTINUED FROM PAGE B1

and Stockman both had good clears and the Lakers had a bid go wide of the net. Sinclair sent Stockman in on a bid and Nickerson came through with a save on an Inter-Lakes corner kick. The Timber Wolves had a corner kick as well but they were unable to get a shot on net. Hamilton had a good bid that was

stopped by the Laker keeper.

The season-long scoring drought came to a close with 26:27 to go in the game, as Doherty sent the ball in to Dudzik, who got through the defense and fired the ball past the keeper for the 1-0 lead.

The Lakers came back with a corner kick that went wide and then Mahoney sent a ball ahead of Dudzik

on a bid. The Lakers had another corner that Isaac Smolin was able to clear from the zone. Nickerson came through with a pair of good saves and then the Lakers sent a trio of shots wide of the net. Doherty had a bid denied at the other end.

Prospect had a corner kick chance that Sykes headed on net, but the keeper made the saves. Smolin had a good clear on the defensive side of things and Hamilton came back with a bid off a feed from Dore. Dudzik also headed a ball on net on a great feed from Dore, but his attempt was stopped.

Nickerson continued his fine play with a few more saves and Kierstead helped out with a defensive clear and the Timber Wolves held on for the 1-0 win.

"The amount of work we've been putting in at practice, they've definitely been receptive to

Bass fishing tournament set for Sept. 21

REGION — Students from around New Hampshire will soon be competing for top honors in a high school bass fishing tournament. A qualifying tournament with 41 registered schools will take place on Thursday, Sept. 21, out of Lee's Mills on Lake Winnipesaukee. The top third of the schools from the qualifying round will move on to the state finals on Saturday, Sept. 30, on Pawtuckaway Lake.

At the final tournament, a state champion

will be honored and individual medals will be awarded for the largest total catch (eight fish maximum) and for the largest largemouth and smallmouth bass caught.

Since the student bass tournament started in New Hampshire in 2013, it has become a popular high school sports competition. Held in the fall of each year, the events are conducted by the New Hampshire Interscholastic Athletic Association (NHIAA), with assistance from the N.H. Fish and Game Department and N.H. B.A.S.S. Nation.

Additional information about the tournament can be found on the NHIAA web site at nhia.org.

students are about fishing. I hope that fishing becomes a lifelong activity for many of them," said Kyle Glencross, who coordinates the Fish and Game Department's Let's Go Fishing Program (www.fishnh.com/fishing/lets-go-fishing.html). Glencross serves on the NHIAA Bass Fishing Committee and provides logistical and volunteer support for the event.

The New Hampshire Interscholastic Athletic Association is a private not-for-profit organization that has served as the leader of high school athletics for its member schools in New Hampshire since 1947. The student bass fishing tournament is in keeping with the NHIAA goals of adding sports that will have lifelong appeal to student athletes, and providing more sports that are co-ed and inclusive to all populations within our schools.

The timber wolf tournament includes a strong educational component. Teams have adult mentors who guide them through learning about New Hampshire's aquatic resources and the responsibility that goes along with being anglers. As a part of this process, N.H. Fish and Game recently conducted a high school bass fishing education seminar for participants.

"It is exciting to see how enthusiastic the

Winter Teen Master Tennis program starts Nov. 1

BY JOSHUA SPAULDING

Sports Editor

KINGSTON — A small group of Prospect Mountain runners trav-

eled to Sanborn Regional High School for the Jamie Martin Invitational on Tuesday, Sept. 5.

The top finisher among the Timber Wolf boys was sophomore Thomas Howlett, who ran to 17th place overall in a time of 18:14.

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Two Timber Wolf girls competed in the race, with Naomi Ingham leading the way with a time of 25:07 for 45th place overall and Anna DeRoche finished in 63rd place in a time of 26:52.

The Timber Wolves will be back in action on Saturday, Sept. 16, at Laconia for a 10 a.m. meet.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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JOSHUA SPAULDING

CHANCE PARKER tiptoes along the sideline in opening action against Plymouth.



JOSHUA SPAULDING

CAM MANN looks for running room against Plymouth on Sept. 2.

Bobcats roll over Knights in season opener

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — The defending Division II champion Plymouth Bobcats left little doubt that they are a contender to repeat in the opening game of the season against Kingswood on Saturday, Sept. 2.

The Bobcats scored 22 points in the first quarter and never looked back on the way to a 43-0 win over the Knights.

"Obviously field position was key, defense did a good job and special teams put some pressure on them," Plymouth coach Chris Sanborn. "You always try to outplay them on special teams and get good field position."

"They're the defending state champions for a reason," Kingswood coach Justin Leonard stated. "We need to work on doing everything we've instituted.

"We have to continue to get better every single minute of every practice and move forward," Leonard added.

The Bobcats started 60 yards from the end zone and took less than seven minutes to hit paydirt. Garrett Macomber got the carries the first three times the Bobcats ran the ball and then quarterback Ben Olmstead hit Wes Lambert with a pass. Lambert couldn't hold on to the ball, but Tony Velez jumped on the loose ball to give Plymouth a first down inside the 30. Three plays later, Macomber ran in from 20 yards out with 8:36 to go in the first. Nolan Farina ran in the two-point conversion and Plymouth led 8-0.

Kingswood ran the ball in the first drive, with Chance Parker and Cam Mann getting the ball, but good defense on third and seven from Lambert and Colby Moore forced a fourth down and Kingswood punted.

Owen Brickley set Plymouth up nicely when he returned the punt all the way to the one-yard line and then

Farina ran in from one yard out for the touchdown and Danny Carey's extra point made it 15-0 with 6:04 to go in the first.

Parker and Mann carried again for the Knights but good defense from Moore and Camden MacDonald forced a three and out and a bad punt set the Bobcats up at the 18-yard line. Connor Magowan ran 15 yards on first down but on the next play he was stopped by Joe Russo. However, one play later, Brickley ran in for the touchdown with 2:51 to go and Carey's extra point made it 22-0.

Kingswood again ran the ball with Parker and Mann but they were again held to three and out and Plymouth got the ball back around midfield. Farina broke free for a long run on second down, but a penalty brought the ball back. Brickley then carried the ball to the 25 as the quarter ended with Plymouth up 22-0.

The first play of the second saw Olmstead hit Jake Lamb with an eight-yard pass and then hit a wide-open Isaiah Crane for a 17-yard touchdown pass and Carey's extra point made it 36-0 with 10:53 to go in the first half.

The Knights fumbled the ball on the first play of the ensuing drive and Macomber recovered it and Plymouth set up at the 10-yard line. Two carries later, Magowan was in the end zone for the touchdown and Carey's extra point made it 36-0 with 10:53 to go in the first half.

Kingswood got its first first down of the game on the second play of the next drive, as quarterback James Donovan hit Parker for a 19-yard gain. However, the Knights were unable to move the ball much further. Brickley returned the punt all the way to the end zone, but the play was called back by a penalty and Plymouth start-

ed back at the 28.

After two incomplete passes, Olmstead hit Lambert for 21 yards and then Macomber ran 14 yards for another first down. Farina took care of the rest, running from 37 yards out for the sixth touchdown of the day for Plymouth with 6:30 to go. Cody Bannon delivered the extra point for the 43-0 lead.

Kingswood put together a few good runs, with Mann getting a first down on the second play of the drive. Jackson Palombo got in the backfield on first down but Donovan hit Devin Leonard for a 20-yard gain for another first down. However, the Knights couldn't get any more traction and the game went to the half with Plymouth up 43-0.

Kingswood got a first down run from Mann on the second play of the second half but a fumble on the third play put the ball on the ground. However, Atley Corson jumped on the loose ball to keep the Knight possession. More good defense from Palombo put the Knights in a tough fourth down situation, but Donovan picked up a first down at midfield. Evan Deveau ran for 11 yards on first down and then Mann ran for 14 yards on the next play to move the ball to the 25. Deveau was stopped by Ken Maddocks on the next play and Stephen Davis stopped Parker on another run and the Knights turned the ball over on downs.

However, on the first play, Plymouth fumbled the ball and Aiden Pennenga recovered for the Knights as the period drew to a

close with Kingswood in a fourth and 11 situation.

On the first play of the fourth quarter, Ryan Sharpe stepped in front of Donovan's pass to give the Bobcats the ball back and they ate up almost the entire fourth quarter clock on the ensuing drive, with Sharpe, Joe Cleary, JT Scammon and Joe Collette carrying the ball down the field.

Kingswood did get the ball back in the final seconds but could not get anything going and the clock ran out on the 43-0 win.

"It's tough to give up 22 points on 30 yards," Leonard said. "Any time you get that (field position) you put yourself in position to win the football game."

"That's a good football team," the Knight coach added.

He also said it was important to put the opener behind them and move forward.

"We're focused on ourselves," Leonard said. "This game proved we have to work on ourselves, so our focus is on Kingswood."

"We did some things well and we executed a little bit," Sanborn said. "We're trying to get to our peak at the end of the season."

Noting that both Milford and Lacoonia were upset in the opening night of the season, Sanborn said mistakes can be costly in a competitive Division II.

"You can't make a mistake in an eight-game schedule," Sanborn said.

He also praised the work of his line, which was populated by mostly new players.

"They did OK," San-

born said, noting that expected starter Patrick Malm was out.

"We definitely have to get a lot better, we've got some improvement to do."

Additionally, Sanborn said the defense played quick, which he thought was great in the first game of the season.

With the opener in the rearview, his team's focus went to Kennett.

good team," Sanborn said. "We definitely want to get ready for them."

Kingswood will be at Con-Val on Friday, Sept. 15, at 7 p.m.

Plymouth will be back in action on Saturday, Sept. 16, hosting Laconia at 2 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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ALTON — Prospect Mountain High School in Alton is searching for a varsity baseball coach. Contact the SAU office at 875-8600 for more information.

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JOSHUA SPAULDING

AMANDA LAPAR pushes the ball up the field during her team's game with St. Thomas Sept. 1.



JOSHUA SPAULDING

MARIAH CRAIGUE controls the ball in the offensive zone on Sept. 1 against St. Thomas.

Coughlin, Blocher bank goals in first win for Knights

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The Kingswood field hockey team dominated its game against St. Thomas on Friday, Sept. 1, and a late goal in each half helped the Knights get their first win of the new season.

"They took the things we've been working on in defensive structure and worked really well," coach Kaitlin Reilly stated. "We've been trying to transfer from defense to offense and today they did that."

"They controlled that piece of it," the Knight coach continued. "Meghan (Lapar) and Sophie (Marshall) in the middle distributed the ball and Sarah (Bean) was a great backup on defense to keep the ball in our half."

Throughout the first

half, keeper Sam Tavares essentially was on her own in the goal, as the Knights dominated the possession and kept the Saints from getting much of anything going in the offensive zone.

The Knights worked hard to dominate the play and as the time ticked down in the first half, they continued that play. Giana Cubeddu sent a good bid in to Ginny Skelley for a chance and she sent a shot wide of the net. Cubeddu had her own shot denied and Jill Blocher got in close for the rebound but the bid was cleared away. Lapar also had a shot stopped by the St. Thomas keeper.

The Knights got on the board with 1:36 to go in the first half, as a corner resulted in the first goal of the game. Marshall inserted the

ball to Lapar, who sent it across to Bridget Coughlin, who rifled a shot on net and it found its way through for a 1-0 lead.

The Knights had a couple more corners in the final seconds of the half, with Skelley, Mariah Craigue and Lapar all getting in close. Kingswood continued the play after the final whistle, but the game went to the half with Kingswood up by a 1-0 score.

Out of the gate in the second half, Savannah Thomas and Craigue controlled the ball well in the offensive zone, with Blocher also getting in on the offensive side of the ball. The Knights had a corner that Coughlin tipped just wide and Skelley had a shot go wide of the net. Thomas

and Blocher teamed up for a bid that was stopped by the St. Thomas keeper. Kingswood had a pair of corners that could not convert but Skelley's shot went wide of the net. She also had another shot blocked.

The Saints were able to get the ball down the field for a chance in the other end, forcing Tavares to make her lone save of the day, kicking the ball out of the circle.

Kingswood didn't spend much time on the defensive side of things, as the Knights came back with two more corners. Amanda Lapar had a shot denied by the keeper and then sent another shot wide of the net. Skelley also had a shot blocked in front. The Knights continued to control play and got

two more corners but could not convert, with Amanda Lapar again getting a bid that was stopped by the keeper.

Coughlin and Blocher teamed up for a good bid that was denied as well.

However, with 3:34 to go in the game, Meghan Lapar ripped a shot from high in the circle that the keeper was able to get a piece of, but Blocher was in the perfect spot and tapped the rebound home for her first varsity goal and Kingswood had the 2-0 lead, which they held on to for the final three minutes and picked up the first win of the season.

"Applying the practice, applying the chalk talk, applying the ideas and executing them," Reilly said. "I'm proud of the discipline they had."

However, the Knight coach also pointed out that with the domination of possession, she thought there should be more goals on the Knights' side of the scoreboard and said that is something the team would be working on.

"It highlighted some of the shooting drills we need to work on," she said.

Kingswood earned a 3-0 win over Oyster River on Friday, Sept. 8.

The Knights will be back in action on Monday, Sept. 18, hosting Derryfield at 4 p.m. On Wednesday, Sept. 20, the team is at St. Thomas for a rematch at 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

Golf tourney to benefit End 68 Hours of Hunger

OSSIPEE — A day-night golf tournament to benefit End 68 Hours of Hunger for the Wolfeboro, Tuftonboro, Ossipee and Middleton is being set for Sept. 16. This tournament will raise funds to help support the more than 120 pre-K – sixth grade kids that are in need of food from the time they have lunch at school on Friday until they receive breakfast at school on Monday morning. This local organization is run strictly by volunteers and 100 percent of proceeds stay in the local communities.

End 68 Hours of Hunger is a non-profit 501(C)(3) organization. Any donation or tournament fees are tax deductible.

The tournament will be held at Indian Mound Golf Course in Ossipee on Saturday, Sept. 16. The day-night format is unique in the area. Day time players will tee off at 4 p.m. for nine holes.

Then, starting at 6 p.m., dinner will start, raffle prizes drawn (for both day and night players and guests) and silent auction prizes will be drawn by 7:15 p.m.. Then the Glo-Ball tourney starts for another nine holes. Both rounds are a scramble format, so get a team together. These Glo-Balls and tournament were invented in Tuftonboro by Corky Newcomb at lite4nite sports.

The price for either of the nine-hole rounds is only \$55 and if you would like to play both, it is only \$95. To register a team or as a single, please call Indian Mound Golf Course at 539-7733. They are still looking for donations of raffle prizes and silent auction items.

To donate, please call Tom Loonam at 539-8132. Don't play golf? Come watch the excitement and bid on some prizes to help this excellent cause.

ON TAP

CONTINUED FROM PAGE B1

at Kearsarge at 6:30 p.m. on Friday, Sept. 15, and will be at John

Stark at 4 p.m. on Tuesday, Sept. 19.

The football Knights will be at Con-Val for a 7 p.m. game on Friday, Sept. 15.

Indoors, the Kingswood volleyball team will be at St. Thomas at 5:45 p.m. on Friday, Sept. 15, will be hosting Oyster River at 6:15 p.m. on Monday, Sept. 18, and will be at Plymouth for a 5:45 p.m. game on Wednesday, Sept. 20.

The Kingswood cross country team will be at Oyster River on Saturday, Sept. 16, at 10 a.m.

The field hockey Knights will be hosting Derryfield on Monday, Sept. 18, at 4 p.m. and will be at St. Thomas on Wednesday, Sept. 20, at 4 p.m.

The Knight golf team will be at Nippo Lake on Tuesday, Sept. 19, and will be hosting at home on Thursday, Sept. 21, both at 3:30 p.m.

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The Barnstead School District is soliciting bids for snow plowing services for the elementary school. Due to changes at the school, please call Mike Hatch (269-5161) to schedule a site visit and obtain bid specifications. Bids are due by 3:00 PM, Monday, October 2, 2017, and should be mailed or delivered to SAU #86, PO Box 250, 1 Suncook Valley Road, Ctr. Barnstead, NH 03225. Bids are to be sealed and clearly marked, "Barnstead Snow Plow Bid."



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St. Katharine Drexel 5K/10K scheduled for Saturday

ALTON—In the midst of summer, it might be difficult to think about the coming season of fall. Yet, a small group of dedicated committee members who organize the St. Katharine Drexel 5K/10K road race and 5K walk each year are doing

just that.

As they plan for the seventh annual event, held this year on Saturday, Sept. 16 on the church grounds off Route 28, in Alton, they are encouraging runners of all ages and abilities to lace up those

running shoes, practice, and sign up for the sanctioned race, which raises monies for three very worthy charities.

This year, as in the past several, monies raised will go to support the James Foley Scholarship, given to a graduat-

ing senior from Foley's alma mater, Kingswood Regional High School. Additionally, the Camp Fatima Special Needs campers program and the remaining Indian mission, founded by St. Katharine Drexel in 1903, will also receive

checks.

Of course, the race would not be successful without the continuing support of local businesses who, each year, are most generous to the causes. This year they have two title sponsors, Eastern Propane and

Oil Co. and Integrity Earthworks. To date, they have also received support from All Earth, Weston Auto Body, Northeast Delta Dental, Bartlett Tree Services, Peaslee Funeral Home, Bon Venture Bulletin Services, Wolfeboro Eye Associates, Granite State Physical Fitness, Calico Graphics, Tut's Trophies and Awards, Hannaford of Alton, Harvest Market, Johnson's Steak and Seafood of New Durham, Granite State News, The Nordic Skier of Wolfeboro, River Run Deli of Alton and Dragonfly Gardens of Alton.

For further information, contact Robin Allen-Burke at 569-3996 or ironmom40@metrocast.net. See also the St. Katharine Drexel web site [stkdrexel.org] and click on the link.

Lakes Region Tri Festival coming to Bristol Sept. 23 and 24

BRISTOL — Lakes Region Tri Festival will take place on Sept. 23 and 24 at Wellington State Park, Newfound Lake, with sprint and Olympic distance triathlon events.

The reason behind the events is to keep the triathlon tradition going in the Lakes Region Area after Iron Man cancelled both its former events: the Mooseman event, held annually at Wellington State Park,

followed by the Timberman event, held annually at Ellacoya State Park. Tritanium Sports strongly feels that the Lakes Region has some of the most beautiful triathlon venues in the US and it would be a loss not only to the local communities, but also to triathletes from all over if these are left to fall by the wayside.

The races are open to triathletes, aquabikes and relay teams.

They offer world class, USAT sanctioned events with participation medals for all finishers by Ashworth Awards, awards to the winner in each of the standard age groups (ages 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+) as well as Clydesdales and Athenas, free high tech t-shirts to all who register up to two weeks before the event, generous

referral refunds, safe course with excellent traffic control, accurate distance markers, all splits electronic timed (All Sports Events), aid stations stocked with Powerade, water, and friendly volunteers, online entries until the day before each event and race day registration accepted, discounts on registration fees for early entries, a fair refund policy for early entrants, complimentary

pre-race coffee, complimentary post race food and drink and a family friendly environment.

They are also looking for local businesses who would like to partner with them as sponsors. Potential partners, sponsors and volunteers can look at www.lakesregiontrifestival.com to see what opportunities there are for them to get involved. The group motto is "Support local, think global."

An eventful first few weeks of fall

The first few weeks of the high school fall sports season didn't exactly go as planned. But that's the way that things go. Sometimes you just have to roll with the punches.

The first week of the season I hit up eight games, starting with part of a field hockey game and a soccer doubleheader at Kennett High School and then continued with a trip to Gilford for a soccer game the next day and another trip to North Conway on Thursday, Aug. 31, to take in the first golf match of the season. Friday brought a soccer game in Alton followed by a field hockey game in Wolfeboro and Saturday was the first football game of the season, with Kingswood traveling to Plymouth.

So, everything that happened on Friday and Saturday did not make it into last week's newspapers, which was kind of disappointing, but that's the way it has to go. Stories from those games appear in this week's papers.

The second week of the season was sched-

uled to be just as busy, with a trio of soccer games scheduled for Tuesday and then a soccer game and field hockey game scheduled for Wednesday. Of course,

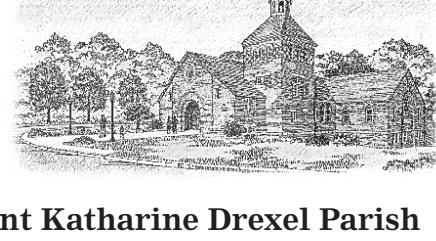
Mother Nature had her way with all of those games and they all got postponed, either by the forecasted rain or the presence of thunder and lightning around the region. The Tuesday soccer doubleheader at Kingswood actually started but lasted just a few seconds when a large rumble of thunder had the officials following the rules and taking the kids off the field. The continued thunder and lightning and the fact that there was a second game scheduled after the first one, meaning a late return to Plymouth for the Bobcats, so the decision was made to call the games. In hindsight, it was the right decision, since the rain and thunder continued throughout the evening.

On Wednesday, the games were postponed before the teams took the field and the Carroll County field hockey battle was postponed until the next day, which worked well with my schedule. Friday was an-

INVITATION TO BID:

SNOWPLOVING

CHURCH & RECTORY



Saint Katharine Drexel Parish is accepting sealed bids for plowing, sanding, and snow removal for the 2017-2018 Winter Season at:

Wolfeboro: The Parish Rectory at 50 Friar Tuck Way.

Alton: The church parking lot at 40 Hidden Springs Road including area around parish office, all sidewalks, and Bridget's Way.

Note: Contractors may bid on one or both locations, using our Bid/Proposal Form. Please contact Steve Wood, Director of Facilities at St. Katharine Drexel with questions.

Parish Office: 875-2548 (9-3, Mon.-Fri.)
Mail: Box 180, Wolfeboro, NH 03894
Email: office@stkdrexel.org
DEADLINE: October 2, 2017

Town of Alton Public Hearing Notice

Pursuant to RSA 31:95-b, III (a), the Board of Selectmen will hold a Public Hearing to accept the additional allocation of Highway Block Grant Funds from the NH Department of Transportation pursuant to Senate Bill 38 in the amount of \$165,571.33. The hearing will take place on Wednesday, September 20, 2017 at 6:00 PM at the Town Hall, 1 Monument Square, Alton, NH

Alton Board of Selectmen

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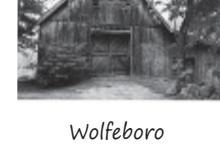
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Moultonborough: Water access, 3 bedroom ranch home with a delightful 14x16 screened porch, and has vaulted ceilings, a living room with wood-stove, full walkout basement and offers room for expansion. Dock also available. **\$269,000**
MLS# 4656821



Gilford: Traditional gambrel with 4 large BR, 2 1/2 BA, 2 brick fireplaces, custom woodwork, and a country kitchen with an adjoining family room. Major renovations over the years. Bordered by the Smith Farm and open fields. **\$359,500** MLS# 4651107



Laconia: This home has so much character with its hardwood floors and farmer's porch. 2 bedroom, 1 bath in town with a detached one car garage. 3 season porch, level yard, HW floors, renovated kitchen. Full unfinished basement. **\$199,900** MLS# 4625943

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(603) 528-0088



New Hampton: Updated, 10 rooms, 5 bedrooms, 4 baths colonial. 1st floor master suite, gourmet kitchen, large family room and great room. Farmer's porch, screened porch, deck, patio, 2-car garage under with walk-out basement. **\$300,000** MLS# 4509240

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WOLFEBORO: Spectacular waterfront property in Winter Harbor offering a lovely 4BR/4BA home with wood floors & fireplace. Plenty of play space at the water's edge with a dock and boathouse featuring a large recreation space above.

WYANOKE GATE LANE



MEREDITH: A truly remarkable property! 6 meticulously landscaped, park-like acres and a 5,014 sq ft home with space for everyone. Offering spectacular views, 300 ft of waterfront, dock and 2 bay boathouse with registered heliport above.

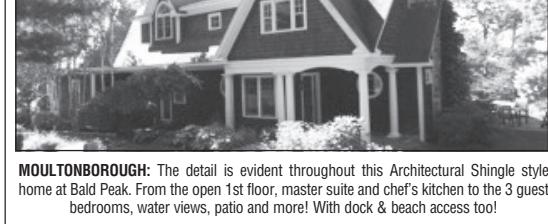
ADVENT COVE ROAD

\$3,750,000



TUFTONBORO: Here it is! A main house, guest house and 2 garages along with 2 lots totaling 6 level acres, south facing with over 200 feet of lake frontage, a 50 ft natural sandy beach, patio with fire pit and boathouse with a lift.

CROSS NECK ROAD



MOULTONBOROUGH: The detail is evident throughout this Architectural Shingle style home at Bald Peak. From the open 1st floor, master suite and chef's kitchen to the 3 guest bedrooms, water views, patio and more! With dock & beach access too!

BEACH ROAD



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Nice, building lot in a great subdivision, close to town and a short walk from the beach. Enjoy privacy at the end of the road with 1.2 acres.

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GILMANSON // Spacious and bright. Located on 5+ acres in rural setting. Master Bedroom with bath on main level, full walk out basement and great floor plan with hardwood floors throughout.
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ALTON // Lovely, completely remodeled New Englander. Wrap around deck, granite counters, hardwood floors, newer appliances included washer/dryer. Great location for your home business with large detached garage.
\$44,000 (4656237) Call 253-9360

BARNSTEAD // Upgraded Ranch w/Oak & Tile Flooring, Attached 2 Car Garage, 9' Ceilings, 40" Kitchen Cabinets, A/C, Fenced Yard on 4.5 Acres. Partially Finished Walk-Out Lower Level w/ Woodstove.
\$37,000 (4634647) Call 875-3128

MEREDITH // Charming 3 Bedroom, 1 Bath cape on 2.41 acres. Detached garage. Features include exposed beams, wood floors, and 1st floor Master Bedroom.
\$95,000 (4644832) **Call 569-3128**

FARMINGTON // Come see this 50+ acre parcel of land with rolling hills and trails roughed in. Also included is a 40x32 two story barn, stone walls and a small pond.
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MOULTONBOROUGH // PRICE REDUCED! 1.6 Acre level wooded lot located in the quaint village district in Comm. Zone 'A'. Driveway permit with installed culvert, expired permit for office bldg. and garage. Agent interest.
\$44,000 (4656237) Call 253-9360

THORNTON // Wonderful location in the desirable subdivision of Mill Brook, a very scenic road. These two lots totaling 3.3 acres would have mountain views when cleared. Expired septic plans available.
Call 253-9360 **\$37,000** (4634647) Call 875-3128

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INVITATION TO BID September 7, 2017

BIDS FOR: SNOW REMOVAL SERVICES

DUE DATE: 10:00 AM on Thursday, September 28, 2017

Bids for Snow Removal Services will be accepted until 10:00 AM on Thursday, September 28, at the Business Office, SAU 301, Prospect Mountain High School, 242 Suncook Valley Road, Alton, NH. 03809. The bids will be publicly opened and read at this time. Bid specifications may be obtained by calling or emailing the Business office at 603-875-3800 ext. 3156 or hduford@pmhschool.com.

Bids will be accepted only if sealed and clearly marked:

BIDS FOR: Snow Removal Services

DUE DATE: 10:00 A.M. on Thursday, September 28, 2017

The School Board reserves the right to accept or reject any or all bids, to accept any informality in a bid or to accept a bid which it deems to be in the best interest of the school district.



Wentworth Watershed Association

Executive Director

The executive director provides leadership, planning, and management of activities carrying out the Wentworth Watershed Association's mission of environmental protection. The role involves management of finances, program development and implementation, resource development, and oversight of communications. The Executive Director assumes a leadership role in developing partnerships with the business community, government officials, other nonprofits, and supporters. He or she works with the Board of Trustees and board committees.

The position requires 32 hours of work per week at the Association's Wolfeboro office. Applications will be accepted until October 6; the expected start date is January 2018.

For a full description of the position, requirements, and application instructions, see wentworthwatershed.org.

Governor Wentworth Regional School District

Employment Opportunities

Adult Literacy Tutor/Administrative Assistant

Carroll County Education/Carroll Academy

25 hours per week, school year and add'l 20 days.
\$16.00 per hour
anticipated position

Provide direct services to HiSET (High School Equivalency) & Basic Literacy Students and includes office assistant duties. High School diploma or better required.

LPN- Part time

Ossipee Central School

9-11:30 Fridays, 1:1 services for preschool student. Includes bus travel with student

Long-Term Sub- Preschool Teacher

New Durham Elementary School

Begins ASAP for tentatively 6-12 weeks. Includes time in Primary Grades teaching Math and Literacy.

Must have NH Certification in Early Special Education and Early or Elementary Education.

Administrative Secretary

Effingham Elementary School

7 hours per day school year and add'l 30 days beyond school days

Experience with MS Word and Excel required. Experience with School Software (PowerSchool, JumpRope, Infinite Visions) desired.

For more information about the positions and to apply: www.gwrsd.org

wolfeboro bay
Real Estate

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603-569-0101
www.wolfeborobayrealestate.com

New Listing
\$1,275,000

New Listing
\$750,000

Delley's Cove Waterfront! The house faces Southwest with a sandy beach, 2 deep water docks and double lot for future expansion. The open floor plan is graced with lots of natural wood, a fireplace and large decks.

Paradise on Big Beardeer Island! Sprawling entertaining spaces both inside and out with a private sandy beach and deep water docking. Over an acre of level land that overlooks Wolfeboro Bay and more than 2,400 sq ft of finished living space.

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Visit our new "live" webcam at: www.wolfeborocam.com

2017-2018 Winter Coaching Position



Alton Central School, pre-k-8, is seeking qualified applicants to coach the following sport for the 2017 – 2018 season:

Boys' Basketball "B"

Girls' Basketball "B"

If interested please submit a letter of interest, school application, resume and 3 references sent to: Alton Central School, Russ Perrin, Athletic Director, 41 School Street, Alton, NH 03809.

Application Deadline: September 29, 2017 or until filled

EOE

NOW HIRING

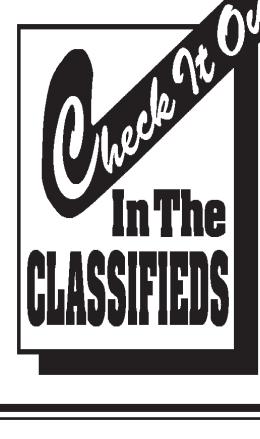
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Gilford, \$1,995,000 #4648133
Stunning and dramatic waterfront home in mint condition with many updates throughout. Enjoy the large perched beach, sandy swim area and patio with firepit.

Susan Bradley 603-493-2873



Alton Bay, \$895,000 #4416967
Exquisite Adirondack style w/355' of water on a point of land between Hills Pond & Sunset Lake. Panoramic mountain views & the serenity of this special place makes it hard to leave.

Ellen Mulligan 603-387-4509



Moultonboro \$565,000 #4497856
This three bedroom, 2 bath home sits on a nice flat lot with a sandy beach and three docks. A single car garage has unfinished living space above.

Bill Richards 603-253-4345



Sandwich \$327,000 #4601303
This property does not just look at the mountains, it is in the mountains, at the edge of 780,000 acres of the White Mountain National Forest on the side of Diamond Ledge.

Bill Richards 603-253-4345



Center Harbor, \$289,900 #4651552
Location! Just a short level walk to the public beach and boat launch on Squam Lake. Sits on a large level double lot with large unfinished addition.

Bob Williams/Daniellw McIntosh 603-455-0275/603-393-5938



Belmont, \$284,000 #4649203
Lots of possibilities with this very spacious Cape style home with 2 car attached garage and a 7 bay garage with full storage above!

Judy McShane 603-387-4509



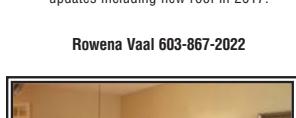
Sanbornton \$229,000 #4657715
Charming Log home in a private country setting with deeded beach rights to 2 beaches. Lots of updates including new roof in 2017.

Rowena Vaal 603-867-2022



Sandwich, \$184,900 #4649706
Country Cape situated on 5.1 acres, less than a 1.5 miles to the corner. 2 bedrooms, 1 full bath. New handcrafted kitchen cabinets & counter tops. Appliances less than 6 months old.

Kathy Davis 603-387-4502



Laconia \$165,000 #4637275
Stunning loft style in like-new condition is the perfect base for living your Lakes Region lifestyle. With large windows, a balcony overlooking a lovely green space, high ceilings, the feeling is of an open, bright and unusually airy space.

Janet Cramer 603-707-2771



Belmont \$159,000 #4657239
Nice country farmhouse with newer roof and freshly painted exterior. Spacious eat-in kitchen with loads of cabinet space. 1st floor bedroom and bath.

Judy McShane 603-387-4509



Northfield \$139,900 #4657461
Lovely Ranch style 3 BR, 2 BA home on 1.5 acres in a wooded and private setting. Private master on one side of house with 2 other bedrooms on the other.

Sean Wallin 603-455-5078



Belmont, \$59,000 #4657592
2008 Jayco Flight RV in the 4 season gated community of Winnisquam Beach Resort. Amenities include beach, day dock, boat launch playground and more.

John Silva 603-387-0533 & Mary Seeger 603-630-8723

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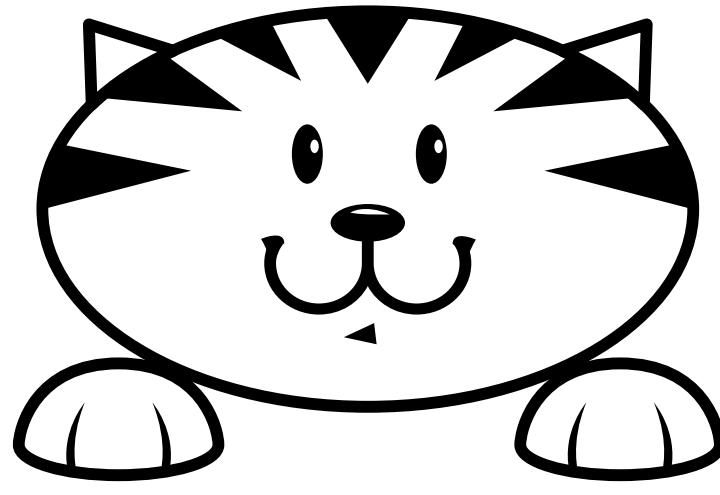
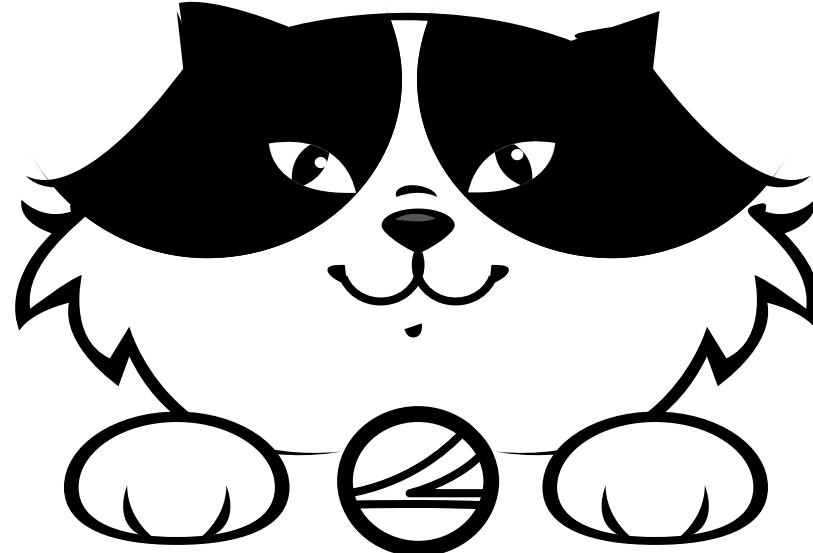
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Creative Coloring

Celebrate happy cats.
Color in this picture to create your own masterpiece.

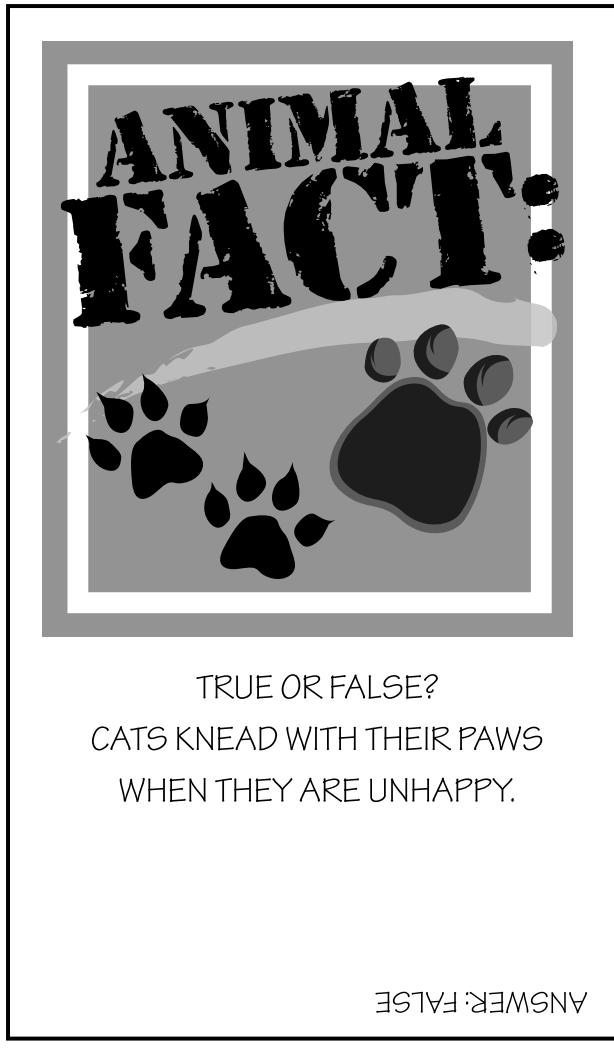


THIS DAY IN...



HISTORY

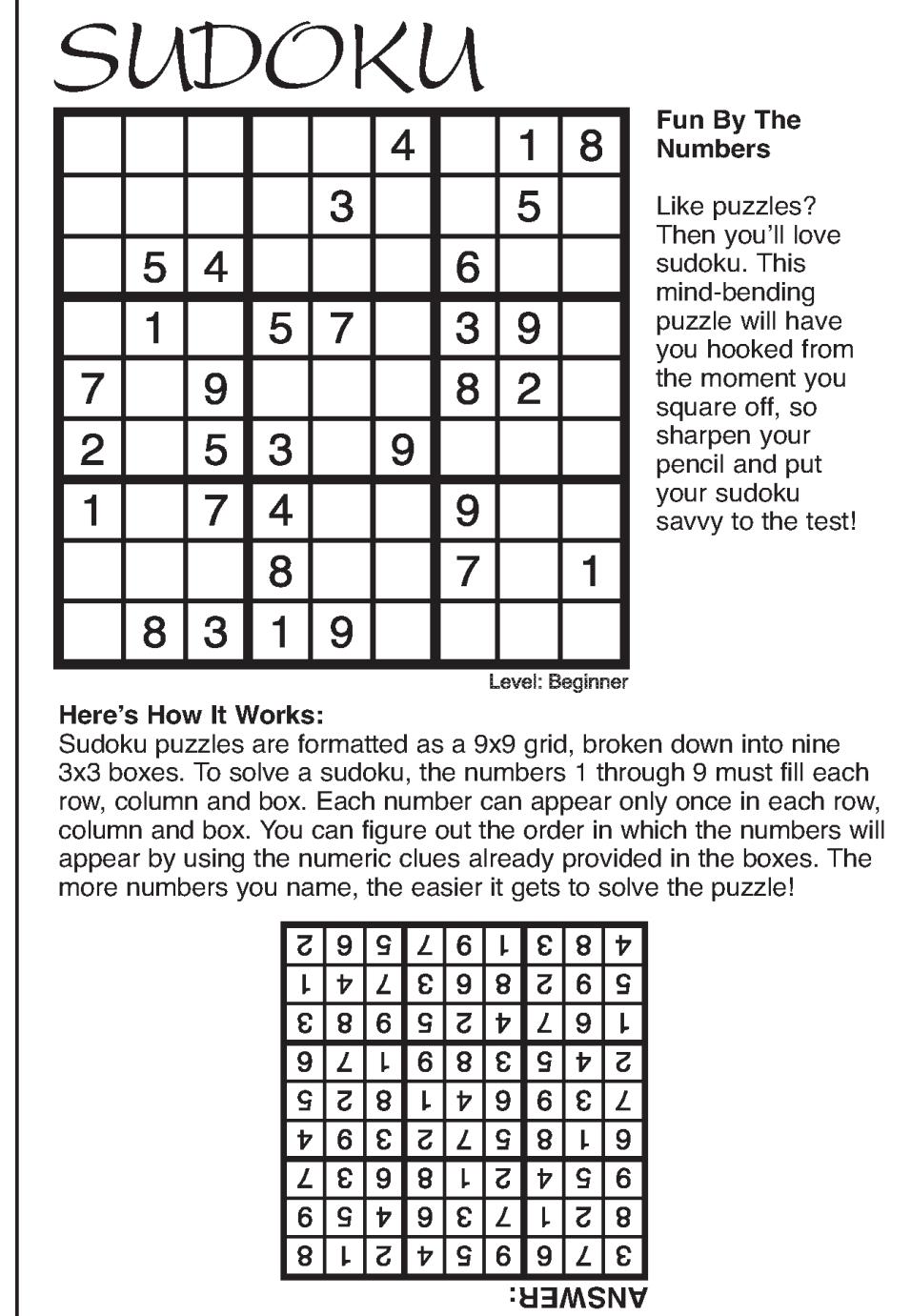
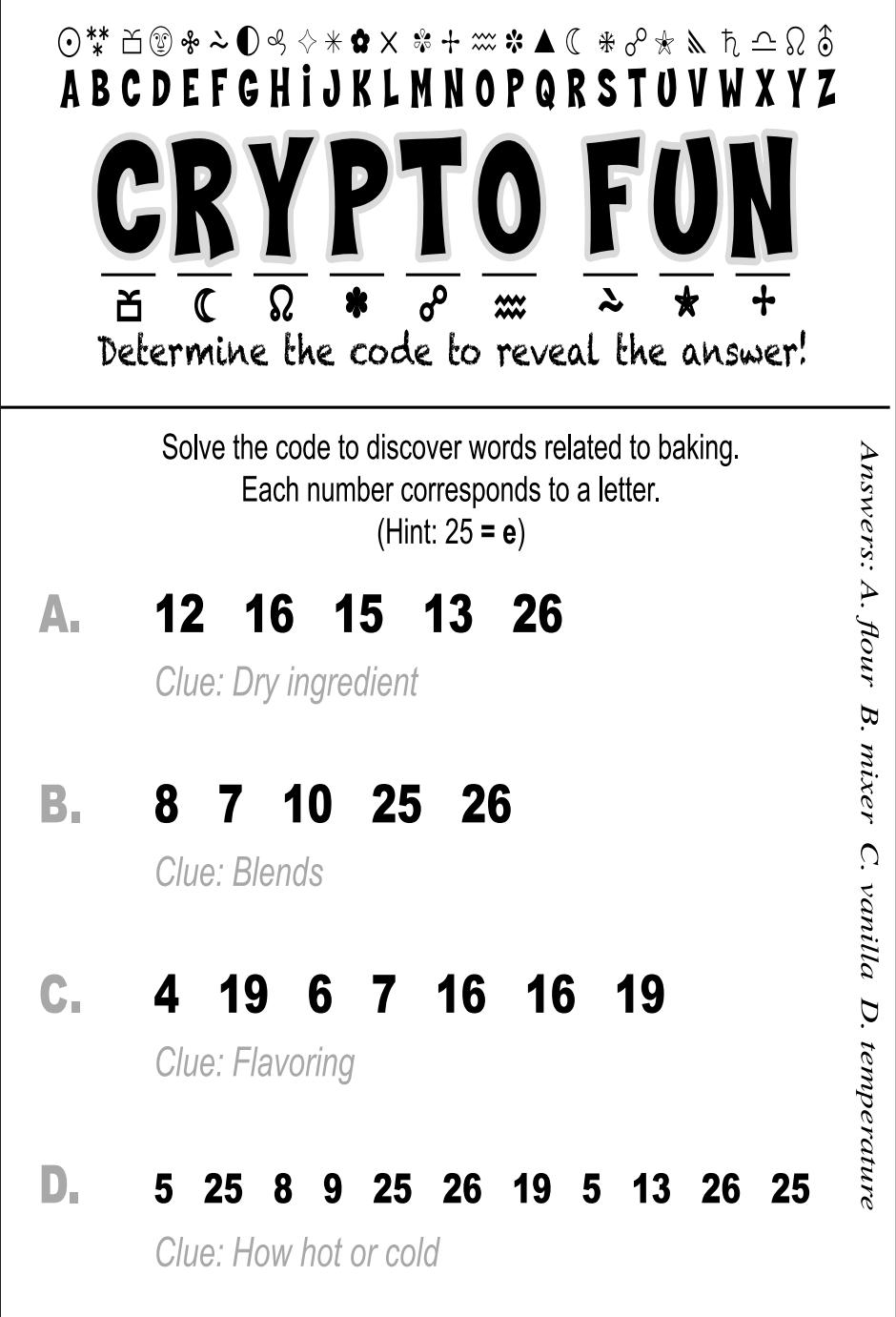
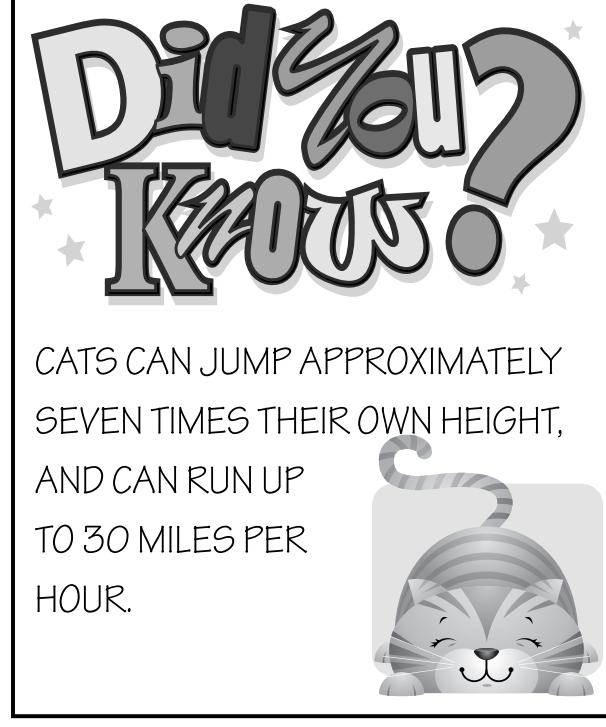
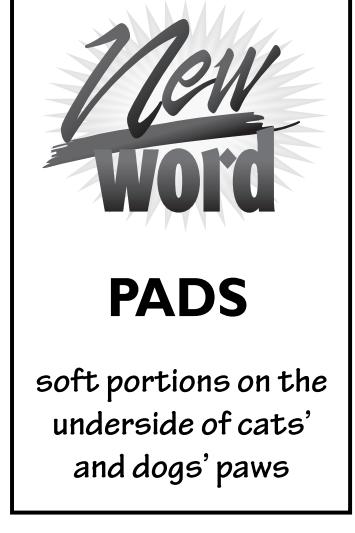
- **1846:** ELIAS HOWE RECEIVES A PATENT FOR THE SEWING MACHINE.
 - **1939:** CANADA ENTERS WORLD WAR II AFTER DECLARING WAR ON GERMANY.
 - **2002:** SWITZERLAND BECOMES THE 190TH MEMBER OF THE UNITED NATIONS.



TRUE OR FALSE?

CATS KNEAD WITH THEIR TAWS
WHEN THEY ARE UNHAPPY.

ANSWER. FALSE



Knight girls and boys fourth at Great Glen

Pooler, Huckman lead charge for Kingswood cross country

BY JOSHUA SPAULDING
Sports Editor

PINKHAM NOTCH —

The Kingswood cross country boys and girls both ran to fourth place at the Paul Letarte Invitational, held at Great Glen Trails in Pinkham Notch on Saturday.

The course was altered from previous years due to construction near the former start and finish line. This actually led to the course being longer than the normal 5K distance.

In the boys' race, the Knights were just one point behind third place Trinity, with



CAM STINCHFIELD (left) and Wyatt Pooler run early in Saturday's Paul Letarte Invitational at Great Glen.

JOSHUA SPAULDING
CAITLIN CARPENTER closes in on the finish at Saturday's race in Pinkham Notch.

Pub Mania Shuffle Fall Series runs through Oct. 25

GILFORD — Get your sneakers ready for the Pub Mania Shuffle Fall Series, a non-competitive 5K walk / fun run that began Wednesday, Sept. 6, and runs every Wednesday through Oct. 25 at 6 p.m. "The Shuffle is a unique way to be part of the Children's Auction by supporting one of the 30 Pub Mania teams", explains Patrick's co-owner Allan Beetle. "The \$10 entry fee will be donated to the Pub Mania team of your choice and includes a complimentary beverage and chance to win in the post-shuffle raffle."

The course loops over to the Bank of NH Pavilion and back to Patrick's. "We encourage people to



work on their personal best, which could just be how far they walk, or how quickly they finish the course," explains Beetle.

One hundred percent of the proceeds of the Mania Shuffle will pass through to the Greater Lakes Region Children's Auction and on to children and families in need here in the Lakes Region. Last year Pub Mania raised \$276,267 for the Children's Auction and has now raised more than \$1,313,000 in the first eight years of the event. Pub Mania 2017 is scheduled for Dec. 7 and 8.

For more information about Patrick's or the Pub Mania event, please visit www.patrickspub.com or e-mail info@patrickspub.com.

Pinkerton and Nashua North taking the top two spots.

Wyatt Pooler led the way for the Knights, finishing in a time of 19:32 for sixth place overall.

Cam Stinchfield was second for Kingswood with an eighth place finish in 19:41 and Jim Huckman ran to 25th place in 20:46 to place as the third Knight.

Oleg Sheahan was fourth for the Knights and 37th overall in a time of 22:00, with Brent Coope rounding out the scoring in a time of 25:23 for 39th place.

Adam Richardson was 43rd in 22:23 and Alex Gehl finished in 51st place in 23:12 to round out the field of Knights in the varsity race.

In the JV race, Joseph Wasson was tops for Kingswood in a time of 22:47, which placed him seventh overall. Jack Zarse was ninth in 22:55 and Josh Haines finished 13th in 23:26. Devin Holt was 19th in 24:11, Patrick Murphy finished 35th in 26:20, Robbie Bourdeau was 47th in 27:27, Camden Patten was 48th in 27:28 and Cannon Newbury finished 61st in 29:05.

"The boys did a great job," said coach Mick Arsenault. "They keep getting better times every race."

He noted this time of year is for improving.

"September is all about putting in hard work to be ready for October," the first-year head coach noted. "The team's running well together and the kids are having a great time."

"Those fast times will come," he added.

swood in 30:34 for 16th place. Elizabeth Morrison ran to 21st place in 31:02 and Molly Newbury was 47th in 36:31.

Coach Kara Jacobs was pleased to see her top five girls all in the top 30.

"In practice they've been running together as a group," Jacobs said, noting that after Huckman, the other five in the varsity race were pretty close at the second mile.

Rosemary Carpenter was second for Kingswood in 22nd place overall in 26:46, with Sarah Carpenter in a time of 27:48 for 27th place.

Caitlin Carpenter finished in 28th place in 27:48 and Grace Trites rounded out the scoring for the Knight girls with a time of 28:13 for 29th place overall.

Sarah Bellefleur rounded out the Kingswood field in the varsity race with a 33rd place finish in 28:34.

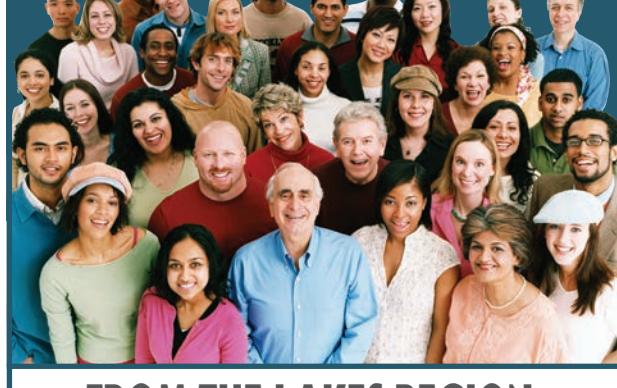
In the JV race, Carolyn Day was tops for the Knights with a 12th place finish in 29:55, while Lily Stinchfield was second for King-

Richardson in 30:34.

The Knights will be at Oyster River on Saturday, Sept. 16, at 10 a.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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