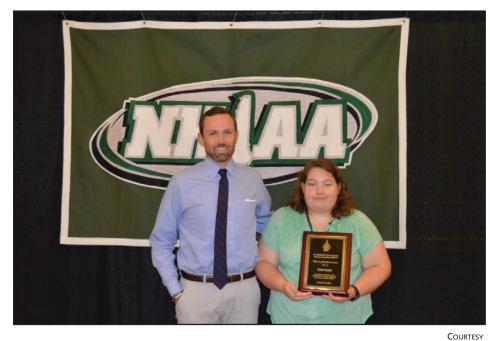


THURSDAY, SEPTEMBER 30, 2021

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COMPLIMENTARY

Faith Smith named U.S. Youth Ambassador to Special Olympics



Faith Smith, seen here with Newfound Athletic Director Alex Sobolov, was named a U.S. Youth Ambassador to Special Olympics.

BRISTOL — Faith Smith, a former student at Newfound Regional High School (NRHS) has recently been selected to be one of 36 U.S. Youth Ambassadors to Special Olympics of North America. Smith has been a member of the NRHS unified basketball and soccer teams, as well as the school's Student Leadership Athletic Team (SALT).

Special Olympics Uni-

advisory/input and professional development.

Smith has been on the Special Olympics New Hampshire Youth Activation Committee for the past two years and has been a strong proponent of the work that is being done throughout NH schools, especially the opportunities for all students for their participation in NHIAA sports, leadership roles within their school and whole

ment at Newfound Regional High School, as well as the NHIAA and SONH, made her an outstanding recipient of the award for 2020.

Smith recently attended a hybrid training with the other 35 student leaders from across the United States. When asked about this new opportunity, she responded, "I am really excited to be an U.S. Ambassador and represent the State of New Hampshire. One thing I am really looking forward to is getting to meet all the other U.S. Youth Ambassadors in person one day and learning what Inclusion means to them. In turn, they can learn what inclusion means to me. This is a very exciting opportunity."

Volleyball Bears bit their way to three more wins

BY JOSHUA SPAULDING Sports Editor

BRISTOL The Newfound volleyball team had a good week last week, finishing with three wins to continue the strong season.

The week started with a match against Epping on Monday, Sept. 20, with the Bears coming away with the 3-1 road win, 25-20, 22-25, 25-19, 25-10.

"They were a competitive team and we worked to get our wins," said coach Amy Fairbank. "I think we slowed down our offense quite a bit and they took advantage of that a few times, but once we started attacking the ball in the last two games, we were in our comfort zone."

Malina Bohlmann fin-

ished with 16 digs, Emalie Ruiter finished with five aces, Bolhmann and Paulina Huckins finished with 11 kills each and Mikayla Ulwick finished with 22 assists.

The Bears played host to Sunapee on Wednesday, Sept. 22, and picked up a 3-0 win, 25-8, 25-11, 25-10.

Danielle Walker finished with six digs and three aces and Bolhmann and Huckins each finished with eight kills.

The final match of the week was on the road at Trinity on Friday, Sept. 24, and the Bears got the 3-0 win, 25-14, 25-13, 25-21.

"They had a strong libero that worked real hard at keeping the ball up in the air and really capitalized when she played all around in the third game," Fairbank said. "However, our hitters did a great job of matching her defense and we were able to finish a close third game with the win."

Huckins had 10 kills and Ulwick added seven kills, while Bolhmann had seven digs and both Ulwick and Huckins each finished with three aces.

The Bears are slated to be hosting Belmont on Saturday, Oct. 2, for Homecoming at 11:15 a.m. and will be at Mascoma on Wednesday, Oct. 6, at 6:15 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Rotary seeking acts for Plymouth's Got Talent

PLYMOUTH — This year, Plymouth Rotary will host the second annual Plymouth's Got Tal- adding some twists with mence on the Web site beent, featuring all the tal- prizes that we tradition- ginning Oct. 30. On Nov. ent that our community can put forth. Our 2020 presentation was a huge success and we are hoping for increased participation from talent acts and sponsorships this year. This is a great way to channel our inner creativity, build community spirit and just generally have a good time performing in and viewing

the show.

Our format will be similar to last year while acts.

Acts can be viewed, and voting will com-

fied Champions Schools look to these youth leaders, with and without intellectual disabilities, from all across the U.S., to serve in a two-year position focused on training, engagement and activation at the national level.

Smith will be involved in three main areas; advocacy and story-telling,

school engagement.

At the recent NHIAA Annual Meeting, Smith was a recipient of the Walter Smith Award, which recognizes an individual who has overcome special circumstances and contributed significantly and positively to New Hampshire athletes as a player, fan or manager. Her involveally raffled at Penny Sale events. Beginning on now and continuing through Oct. 27, individuals, families and groups can register for talent acts and submit videos for review by our Plymouth Rotary Club. The acts will be available online with everyone able to vote (one dollar per vote) for their favorite

6, a special presentation will showcase all of the acts with commentary by special emcees, beginning at 6pm on Pemi Baker TV, Facebook and YouTube. Raffle winners will be announced at this time. Voting will continue through Nov. 14 and the winners of

SEE GOT TALENT, PAGE A15

Newfound boys run to the win at Mills Invitational

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound cross country team welcomed six other teams to Bristol on Tuesday, Sept. 21, for the Mills Invitational.

The Newfound boys dominated the competition as a team, finishing first overall while the Newfound girls finished in fourth place overall.

Connor Downes finished second overall in the boys' race with a time of 19:08 to lead Newfound.

Ryder Downes was right behind, finishing in a time of 19:32 for third place and Jeffrey Huckins was sixth overall in a time of 20:06.

Ben LaPlume finished in 12th place with a time of 20:57 and Evan Foster rounded out the scoring for Newfound with a time of 21:03 for 13th place.

Reuben Carruth finished in a time of 23:08 for 20th place, with Romeo

Dokus in 21st overall in the same time of 23:08, Caleb Anair finished in 26:14 for 38th place, Will Bednaz was 35th in 28:20, Sam Worthen was 38th in 30:00 and Julian Field finished in 42nd place overall in a time of 31:03.

In the girls' race, Chloe Jenness led the Bears with a time of 27:24 for 10th place overall.

Leah Deuso finished in 11th place in 27:52 and Julia Huckins ran to 21st place in 30:37.

Josie Halle crossed in 30:52 for 22nd place overall and Andriya Styles finished out the Newfound field with a time of 41:49 for 35th place overall.

The Bears are slated to run at Belmont on Friday, Oct. 1.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Evan Foster runs the course during the Mills Invitational last Tuesday afternoon.



Chloe Jenness led the Newfound girls in a home race last week.



Leah Deuso runs for the Newfound girls in last week's race.



Romeo Dokus (left) and Reuben Carruth sprint to the finish line of the Mills Invitational.

Local

NEWFOUND LANDING, THURSDAY, SEPTEMBER 30, 2021 A2



Stewart of Pemi-Baker Community Health selected for Mary Ellen LaRoche Scholarship



Jennifer Stewart

CONCORD — "Jennifer Stewart is a go-getter with excellent clinical skills who cares deeply for her patients and has a commitment to community-based nursing," says Julie Reynolds, Board President of the Home Care, Hospice & Palliative Care Alliance of New Hampshire. Stewart was recently chosen for the annual

bound patients. The Mary Ellen LaRoche Nursing Scholarship supports individuals currently employed in home healthcare or hospice working towards an

Mary Ellen LaRoche

nity Health, has been a

licensed practical nurse

for seven years and is

enrolled at NHTI to be-

come an RN. She serves

as her agency's infection

control nurse, teach-

es wound care skills to

RNs, and is actively in-

volved in COVID testing

and vaccinating home-

Jennifer Stewart, of

Commu-

Nursing Scholarship.

Pemi-Baker

Associate, Bachelor's, or advanced nursing degree. The scholarship honors Mary Ellen La-Roche, the executive director of Carroll County Health & Home Care in Chocorua, until her death in 2009. She was a mentor to paraprofessionals and nursing staff throughout her career.

"The need for highly educated nurses is growing. We are delighted to be able to support New Hampshire nursing students who will bring diverse and valuable perspectives to the field," said Home Care, Hospice & Palliative Care CEO Gina Balkus.

Applicants for the Mary Ellen LaRoche Nursing Scholarship must be employed by a member agency, be enrolled in an educational program for at least a year, have a GPA of at least 3.0 and be recommended by a supervisor.

The Home Care, Hospice & Palliative Care Alliance membership includes not-for-profit and proprietary agencies serving New Hampshire. Member agencies provide services to thousands of New Hampshire residents of all ages recovering from surgery, injury, or illness, chronic or terminal illnesses, or other conditions needing support at home.

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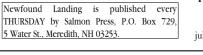
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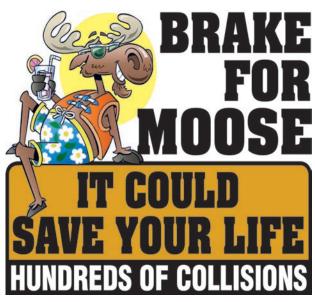
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NEWFOUND LANDING PUBLISHED BY





THE REAL REPORT RECENT REAL ESTATE TRANSACTIONS

Type Condominium Town Address Price \$249,933 55 Wicom Rd., Unit 3 Bristol Single-Family Residence \$290,000 Campton 41 Birch Circle Campton 15 Mason Rd. Single-Family Residence \$475,000 Campton Condominium 23 NH Route 49, Unit 3 \$121,000 Groton Sculptured Rocks Road N/A \$75,000 Hebron N/A N/A \$220,000 Holderness White Ash Road **Residential Open Land** \$119,933 Plymouth 16 Langdon St. Single-Family Residence \$159,000 Plymouth N/A (Lot 13) N/A \$910,000 Rumney 61 Victory Ave. Single-Family Residence \$122,533 Thornton 30 Harris Rd. Single-Family Residence \$353,000 Thornton N/A (Lot 30) N/A \$55,000 Warren 13 Ball Dr. Single-Family Residence \$349,000 Waterville Valley 11 Mountain Brook Way, Unit 11 Condominium \$261,000

Waterville Valley 28 Packards Rd., Unit 434 Condominium

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

Seller Buyer Deborah Woods Donald P. McLelland Dana S. Burrows Katelyn Denoncour Richard G. Tuck Andrew and Denise Kane Ronald J. Polomski Abbie A. Sawyer David R. and Gail M. Jacques James C. and Lisa A. Bell P.B. Belden Trust Julie Diesslin-August and David K. August Daniel G. Eaton RET Thomas M. and Julie A. Todd CCK LLC Alexander K. Defreitas John P. and Caryl M. Olmstead Mark L. and Melissa Murphy Badger & Courtney Fiscal Trust and David Courtney Lauran and Ross Burrell Pritchard Fiscal Trust and Thomas E. Pritchard JC & CC Trust and James J. Connolly Irad Irving Young Estate and Holly Young Thomas Moss Bryanne L. MacMurtry and Ryan T. Richards Steven Butterworth Christopher G. and Kristin S. Caplice Scott M. and Lindsey B. Peterson Donald A. Mason Hong Lin Chen 2007 RET

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"Phantom of the Opera" to screen with live music at Flying Monkey



Lon Chaney menaces actress Mary Philbin in "Phantom of the Opera" (1925), the original silent film version of the classic o be shown with live music by Jeff Rapsis on Thursday, Oct. 21 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person general admission. Tickets are available online at flyingmonkeynh.com or at the door. For more information, call the theater at (603) 536-2551.

a New Hampshire-based composer who specializes in creating music for silent films.

\$190,000

Admission is \$10 per person. Tickets are available online at www. flyingmonkeynh. com or at the door.

The show will allow audiences to experience 'Phantom' the way it was intended to be seen: on the big screen, with live music, and with an audience.

"The Phantom of the Opera," starring legendary actor Lon Chaney in the title role, remains a landmark work of the cinematic horror genre. То modern viewers, the passage of time has made this unusual film seem even more strange otherworldly. and

New Hampshire and frequently accompanies films throughout New England. "It's a great way to celebrate Halloween, and also the power of silent film to transport audiences to strange and unusual places."

"The Phantom of the Opera," adapted from a 19th century novel by French author Gaston Leroux, featured Chaney as the deformed Phantom who haunts the opera house. The Phantom, seen only in the shadows, causes murder and mayhem in an attempt to force the opera's management to make the woman he loves into a star.

The film is most famous for Lon Chaney's intenhis mouth to complete the ghastly deformed look of the Phantom.

Chaney's disfigured face is kept covered in the film until the now-famous unmasking scene, which prompted gasps of terror from the film's original audiences.

"No one had ever seen anything like this before," Rapsis said. "Chaney, with his portraval of 'The Phantom,' really pushed the boundaries of what movies could do."

Chaney, known as the "Man of a Thousand Faces" due to his versatility with make-up, also played Quasimodo in the silent "Hunch-

era' proved so popular in its original release and again in a 1930 reissue that it led Universal Studios to launch a series of horror films, many of which are also regarded as true classics of the genre, including "Dracula" (1931), "Frankenstein" (1931), and "The Mummy" (1932).

The silent film version of "Phantom" also paved the way for numerous other adaptations of the story, up to and including the wildly successful Andrew Lloyd Webber musical from 1986 that continues to run on Broadway and in productions around the world.

"The Phantom of the Opera" (1925) will be shown on Thursday, Oct. 21 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth. Admission is \$10 per person. Tickets are available online at www. flyingmonkeynh.com or at the door. For more information, call the box office at (603) 536-2551.

the Halloween into spirit with a spooky silent horror film!

"The Phantom of the Opera" (1925), the silent big screen adaptation the classic thrillof er, will be shown with live music on Thurs-

PLYMOUTH — Get day, Oct. 21 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 South Main St., Plymouth.

> The screening, the latest in the Center for the Art's silent film series, will feature live accompaniment by Jeff Rapsis,

It's an atmosphere that silent film accompanist Jeff Rapsis will try to enhance in improvising live music on the spot for the screenings.

"The original 'Phantom' is a film that seems to get creepier as more time passes," said Rapsis, who is based in tionally horrific, self-applied make-up, which was kept a studio secret until the film's premiere.

Chaney transformed his face by painting his eye sockets black, creating a cadaverous skull-like visage. He also pulled the tip of his nose up and pinned it in place with wire, enlarged his nostrils with black paint, and put a set of jagged false teeth into

back of Notre Dame" (1923) and circus performer 'Alonzo the Armless' in Tod Browning's "The Unknown" (1927).

The large cast of 'Phantom of the Opera' includes Mary Philbin as Christine Daaé, as the Phantom's love interest; character actor Snitz Edwards; and many other stars of the silent period.

'The Phantom of the Op-

For more information on the music, visit www.jeffrapsis.com.

HIGH SCHOOL SLATE

Thursday, Sept. 30 PLYMOUTH Field Hockey at Sanborn; 4:30 Girls' Soccer at Manchester West; 7 Golf Home Match; 3:30 Volleyball at Somersworth; 5:45 Friday, Oct. 1

NEWFOUND

PLYMOUTH

Boys' Soccer vs. White Mountains; 6 Cross Country at Belmont; 4 Field Hockey vs. Hopkinton; 4 Unified Soccer vs. Plymouth; 3:30 PLYMOUTH Boys' Soccer at Manchester West; 4 Football at Kennett; 7 Unified Soccer at Newfound; 3:30 Saturday, Oct. 2 NEWFOUND Football vs. Fall Mountain; 7 Girls' Soccer vs. Berlin; 1 Volleyball vs. Belmont; 11:15

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Cross Country at Kennett; 2 Monday, Oct. 4 NEWFOUND Boys' Soccer at Lin-Wood; 4 Field Hockey vs. Berlin; 4 Girls' Soccer at Lin-Wood; 4 Unified Soccer vs. Winnisquam; 4 **Tuesday, Oct. 5** PLYMOUTH Field Hockey at Bow; 4 Wednesday, Oct. 6 NEWFOUND Field Hockey at Bishop Brady; 4 Volleyball at Mascoma; 6:15 PLYMOUTH Field Hockey vs. Milford; 3:30 Volleyball at Kennett; 6 Thursday, Oct. 7 NEWFOUND Girls' Soccer at Inter-Lakes; 4

All schedules are subject to change.





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Opinion Cady



Thank you for making the 11th Annual CADY Mini Golf Tournament a big success!

Corner

COURTESY

BY DEB NARO Contributor

On Sunday, Sept. 19, CADY hosted its 11th Annual Mini Golf Tournament at Hobo Hills Adventure Golf in beautiful Lincoln. With 16 teams and 30 staff and volunteers, over 110 people were in attendance. This year, all proceeds benefitted CADY Youth Programming including youth leadership programs for middle and high school students and in-school prevention programming. This year we welcomed several new teams including White Mountain Karate, Woodsville Guarantee Savings Bank and Gilbert Electric. We also welcomed back some of our veteran teams, some of which have joined CADY for all 11 Tournaments including the King Family, Pemi Youth Center, Mid-State Health Center, SAU 48 Staff and Plymouth Police Department.

The day began with a welcome from emcee Tim Keefe who recognized our generous sponsors for this year's event possible. He then gave a shout out to each team and led everyone in the traditional sing-a-

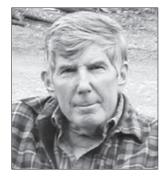


Back at it

They're back! The Plymouth Area Democrats were back at the Plymouth Rotary last Thursday with new signs and lots of enthusiasm. It's a long time until the next election, but rather than taking a breather, this dedicated group keeps spreading their message and building community.

North Country Notebook

Using dogs to hunt bears: Who defines "fair chase?"



By John Harrigan Columnist

There's a certain place on the road up the hill where the wild creatures like to cross. It's a place where a bear came tumbling down on an otherwise humdrum day. ing, trying to catch my scent, and me breathing hard, because I was running, not jogging, so I stood with arms around my chest, trying to contain my breathing and prolong the moment, a moment that probably went all of five seconds but seemed like one of those slow-motion clips, forever:

The bear that I saw sitting down just over a kept-up fence along Rabbit Path Road in Landaff



long of "Sweet CADY Golf" a theme song of his own creation.

With a 1:30 p.m. shotgun start, all 16 teams were off to the 18-hole course and enjoyed taking team photos with the "InvestiGATOR" from NH Liquor Enforcement. Each team competed to win prizes for the lowest score including "Most Holes in One" and "Highest Score: Most Honest Golfer." After arriving back to the course, teams enjoyed a picnic of pizza, subs, and salads.

Deb Naro, Executive Director of CADY recognized Plymouth Police Chief and longtime partner of Steve Lefebvre. A member of the CADY Board, Chief Lefebvre was recognized for his dedication and partnership over the years. Chief Lefebvre has dedicated 27 years to the town of Plymouth, 10 as Chief, and we are very grateful for his significant support of children, families, and CADY! In his community leadership role Chief Lefebvre brought the motto, "Stronger Together" to life.

Teams and volunteers also enjoyed participating in the raffle and silent auction where many local businesses donated items ranging from gift certificates, artwork, family fun baskets, handmade goods to theater tickets and more. We are truly grateful to all of our generous contributors as each dollar earned goes directly to strengthen programming for local children and youth!

CADY is extremely grateful to the following sponsors for making the 11th Annual Mini Golf Tournament possible: Avangrid Renewables, Bridgewater Power Company, Patty Stewart and Associates, Bruce and Susan Wiggett, Annie's Overflow Restaurant, Tapply Thompson Community Center, AllState: Sharone Thorne, Cynthia M. Dussault LLC., and The Lucky Dog. CADY also wishes to thank Hobo Hills Adventure Golf for the use of their beautiful mini golf course and to all the staff, volunteers, teams, and contributors that helped make this event possible.

This event once again demonstrated the commitment of individuals and our community to helping our kids learn, grow and thrive. Thank you! On a commute that is like "Lion Country Safari" to begin with, I'm extra watchful on a short stretch of road that goes by a field and through spruce and fir, and then is broken up by a big glacial esker, with a springfed pond to boot.

Over the years, I've seen everything here--bears, a bobcat, moose, too many deer to remember, partridges (grouse) too. And red tail hawks crossing at Warp Factor Five as they zoon through the woods, hunting at speeds beyond belief.

The tumbling bear is fixed in my mind because it was a special bear, as was the bear I saw feeding on the first green grass of spring in a field behind Kathy and Curtis Keazer's house on Route 145 one spring.

Then there was the bear I encountered in the middle of Titus Hill Road during a seven-mile run on a rainy, windless day. Now, that was one for the books---a bear that was running up through the hardwoods off Titus Hill Road and hove up over the embankment just as I came along, knocking off 8.5-minute miles and zoned out, thinking.

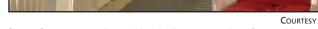
And there we were, the bear immediately standing up and swaywas a standout for me, because you don't often see a bear sitting down. It was one of those corner of the eye things, and I was well beyond the bear when I slowed down, and then backed up to be sure what I'd seen.

It was a big boar of a bear, its coat rippling in black waves, as it sat there scooping up dirt with a front paw, at least what looked like dirt.

"Don't shut the engine off," Rudy always advised as part of his basic driver's education, and so I never touched the switch, the sound remained part of the background noise the bear had already dismissed as a threat, and so it sat there so bear-like and focused on the business at hand, which was getting food. It was such big business, so bear-like for a bear.

But it begged the question, which was whether the ants were worth it---the energy expended versus the energy derived. Was a paw-full of dirt and ants worth the brain-cells and muscle-power to get it?

Sort of like the energy spent climbing onto a dumpster and tearing the lid apart, versus the small amount of food within. It's a tradeoff a bear no doubt struggles to make, like the time and energy spent break-



Sam Geesaman, the night bellman at the Omni Mount Washington Resort, went out onto the porch to get a sunrise photo in June of 2019 and encountered this bear already looking at it. (Courtesy Omni Mount Washington)

ing into a camp versus the possible food inside.

So there is how we wind up treating our top predator, willingly or not, in keeping with the mantra of a fed bear being a dead bear, no matter the circumstances, and so it most often goes. Pathetic, but true.

+++++

The other day I had a chance to visit with an old friend who knows way more about bears than I ever will, a guy who's cheerfully spent a lifetime at it, while my experience has largely been with bears hell-bent on quitting the scene.

Bears are very much in the news just now, with controversies rising anew in towns like Sandwich about using hounds to chase and tree bears, and what constitutes "fair chase," and one of the hearts of the issue, landowners' rights.

Sandwich is simply where two fundamental freedoms---no, three, maybe four or five---have come together to force the issue.

I asked my old friend about hounding, and landowner rights, and what is fair chase, especially from a bear's perspective. What's it like for the bear, the anxiety and terror of it, the dogs and humans ever closer, the commotion and the fear?

Well, he said, to a bear it might be all in a day's work, the main object at hand being the constant search for food anywhere the bear can find it, whether apples or standing corn or garbage on your Uncle Fudd's deck.

"A bear is worrying and weighing odds all the time," he said, whether it's free-running dogs, or crossing roads, or encountering hikers or hunters deep in the woods. And as ever-more people acquire their little pieces of God's Country and build their dream houses, humans steadily encroach on bear habitat---another source of conflict and fear.

He knows his bears, and I couldn't fault his thinking.

(Please address mail, including phone numbers for questions, to campguyhooligan@gmail. com or 386 South Hill Rd., Colebrook, NH 03576.)



BY MARTHA SWATS Owner/Administrator Comfort Keepers

One in nine adults in the U.S. over the age of 45 reports memory issues.

For seniors with memory issues, receiving care while remaining in their home can further enhance their quality of life. This is true for those with minor memory problems that result from age or for those with Alzheimer's, dementia or other forms of memory loss. A familiar environment can reduce confusion and improve mental engagement, and being surrounded by beloved objects and memory cues can foster a sense

of connection and peace. For older adults, there

are some conditions that progress over time and have a significant effect on memory. However, lifestyle changes may help control memory problems and help seniors continue to remain independent at home with a little extra help from family or a professional caregiver.

Mental exercise: Research has shown memorization helps keep the brain healthy. Learning how to play an instrument or fix a car, and even teaching others, strengthens the brain's circuits.

Take a class: Formal education works the brain through the learning process. For those that want to keep their mind sharp, many colleges and universities offer courses at low cost or for free to seniors.

Socialize: Seniors who interact regularly with friends, family, and community are less likely to experience cognitive decline and can experience a better sense of overall wellbeing. Those who are unable to drive can enlist the help of family and friends to get to social engagements or seek the assistance of a caregiver.

Get up and move: Exercise is a great way to help keep the mind sharp. Seniors that are interested in increasing for keys and items that their physical activity should consult with a physician before beginning an exercise program.

Eat well: Good nutrition benefits the mind and the body. Healthcare professionals can suggest dietary guidelines and/or supplements that can help with memory issues.

Believe in yourself: Scientists are not sure why self-efficacy seems to ward off mental decline, but it may have to do with a person's ability to manage stress.

Organize the home. Creating to-do lists, calendars, a dedicated spot are often lost, and ensuring that things are put back after use can help those with memory issues feel comfortable and confident.

Get enough sleep. Lacking sleep can contribute to memory loss, so seniors should take steps to improve their sleep.

Taking an active role in engaging the mind can help older adults continue to live with purpose, connection and joy. To learn how professional caregiving can help seniors stay active, social, and engaged, contact your local Comfort Keepers[®] office today.

About Comfort Keep-

ers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors independently living worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our Web site at nhcomfortkeepers. com for more information.

DWNS

Bristol

Al Blakeley adblakeley0@gmail.com

Scarecrows in the Square decorating contest will be held starting on Sept. 24, which is when entries may begin arriving. To be eligible to win the Grand Prize, you must complete and display your scarecrow and submit an entry form by Oct. 7. Scarecrows may be displayed on the common, in front of your house or outside your business. They should be four to six feet tall and on a solid frame. Scarecrows in the square must have a tag with your name and contact information. Entry forms are available at the TTCC, Bristol Town Office and the Minot-Sleeper Library, online at www.townofbristolnh.org or wwwttccrec.org, or by emailing lucillekeegan1@gmail. com or bristolevents@ townofbristolnh.org.

or email minotsleeperlibrary @gmail.com or visit the MSL.

Family Events this month include: Story Time every Friday at 11 a.m., Pumpkin Scavenger Hunt every day through October in the Children's Room, Book recommendations every day through October featuring Halloween plans, PJ Story Time at the Library on Oct. 1 at 6 p.m. designed to engage children of various age groups sharing books, rhymes and songs, Home School Hang Out on Oct. 14 at 3 p.m. featuring a science experiment turning normal cow milk into plastic, Pumpkin Carving at Kelley Park on Oct. 21 at 3 p.m., featuring pumpkins and carving tools (24 spots available, so please sign up early by calling the MSL at 744-3352 to RSVP), Hike Safe for Families at the library on Oct. 27 at 6 p.m., Making It: Robot Costumes for Halloween on Oct. 28 at 3 p.m., Trick or Treating on Oct. 31 at 5 p.m. at the MSL for treats, stickers, books and candy provided by the Friends of the Minot-Sleeper Library. The 38th Annual Apple Festival will be on Saturday, Oct. 9. Pre-Orders only and you must order by Oct. 7! Homemade apple pies and goods, home baked baked beans and fresh bread and pie a-la-mode. Pick up hours are from 9am until 12pm with curbside order delivery. There will be no Craft Fair this year. There is an online Registration Form available through the TTCC Web site: www. ttccrec.org. Volunteers are needed on Friday, Oct. 8 from 9 a.m. – 4 p.m. to help with apple peeling and preparation of baked goods. If you are interested call to set up a time as the amount of workers at one time will be limited. Masks will be required. Volunteers are needed for this weekend's NH Marathon. If you are interested, please call the TTCC at 744-2713. Parent's Night Out for October is the 23rd at the TTCC for ages 4 and up for \$15 per child from 5 – 10 p.m., Middle School Teen Night will be held Tuesdays from 6 - 8pm for a cost of \$20 each month with pre-registration a must, High School Teen Night will be held Thursdays from 5-8 p.m. for no cost as no dinner, only snacks are provided, Special Olympics for Young Athletes for ages two to seven starts Saturdays from Oct. 16 until Nov. 20 from 11:15 a.m. until noon, the Baby Sitting course will be held

on Saturday. Oct. 16 from 9 a.m. until 3 p.m. for ages 12 and up for \$110. which includes certification in CPR and First Aid (pre-registration required by Oct. 6).

TTCC Programs starting up in the Fall include: New Dance Classes at the TTCC on Saturday mornings from Sept. 25 to Oct. 30 for Ballet/Creative Movement, Fundamentals of Dance, ages three to five, grades K-2 for a fee. Jazz and Hip-Hop for grades three through six from 10:45 - 11:30 a.m., also for a fee.

Youth Field Hockey for 2 divisions (K-2 and 3 - 6) Saturdays, Tuesdays and Thursdays on Kelley Park. The After School Program at the TTCC is full! If you wish to have your child added to the waiting list, use the online contact below.

The TTCC Fall Running Club for ages nine and up one or two days a week will start in ear-



TTCC include: Shape Up Newfound on Mondays, Thursdays and Saturdays at the Bristol Elementary School.

Pick-up Sports include Badminton, Volleyball, Basketball, Pickleball and Pool.

Contact the TTCC at www.ttccrec.org or 603-744-2713 for more information on these and other programs.

Groton

Ruth Millett 603-786-2926 rem1752nh@gmail.com

The upcoming select board meetings are scheduled for Oct. 5 & Oct. 19 at 7 p.m. The Work session meetings are scheduled for Oct. 5 at 4:30 p.m. & Oct. 19 at 5 p.m. All are open to the public. The Select Board Meeting, Work Session & Non-Public Work Session were all approved.

Under New Business, a septic plan for Map 5, Lot 160-6 & a building permit for Map 1, Lot 93 for a roof overhang were approved. The State Department of Transpor-tation (DOT) sent the ten-year plan regarding assessment of the state roads asking for the town's input. The North Groton Road culvert needs replacement & the condition of the road will also be mentioned. Two additional items were included under Select Board items. Sen Giuda will be attending the Select Board meeting on Oct. 5 & the mold removal has increased to 800 square feet with an increase in the overall price of \$7,000.

Under department

items, Robert (Bubba) Ellis stated the bridge at the town pound has been completed.

The Conservation Committee will be having a roadside clean-up on Saturday, Oct. 2 from 10 a.m. to noon. Trash bags & vests will be provided for all participants. Bring your own drinking water, gloves etc.

The Groton Historical Society has 2022 calendars for sale honoring Groton's heroes' part I, 1775 -1865. The cost of the calendars is \$10. These can be mailed to you for an additional cost of \$2.50 to cover the cost of mailing. Call Slim or Sherri 603-744-9744 to get a copy of this or to have it mailed to you. The Town Clerk also has copies. If anyone has Town events to publish, let me know.



Minot-Sleeper The Library is now offering new monthly newsletters with a listing of new books for adults and families. They are also offering monthly newsletters with reading recommendations. Sign up for these newsletters at: https:// forms.gle/66g2n8NmXYjT3yF6.

Upcoming events at the MSL include: Poetry Night on Oct. 7 at 6:30 p.m. at the library in the meeting room, Nonfiction Book Group on Thursday, Oct. 14 at 3 p.m. at the library in the meeting room for a discussion of "Jefferson's available Daughters" by calling the library at 744-3352 or email minotsleeperlibrary@gmail. com, Author Talk with Anders Morley on Saturday, Oct. 16 at 2 p.m. at Kelley Park Pavilion where the MSL will host the author of "This Land of Snow," Third Monday Book Group on Monday, Oct. 18 at 10 a.m. at the library meeting room for a discussion of the book "Being Mortal: Medicine and what matters in the end" by Atul Gawande, Classic Book Group on Tuesday, Oct. 19 at 6:30 p.m. (virtual) for a discussion of "The Picture of Dorian Gray" by Oscar Wilde.

A free course on Finding Your Roots to be taught by Bruce Nilsson on Tuesdays from 3 - 4:30 p.m. from Oct. 12 – Nov. 16. There are no requirements for this course and all are welcome to attend whether you are a beginner or experienced student of your family's history.

Registration is required. To sign up,, call the library at 744-3352



WINTER SNOWPLOWING SEASON 2021-2022

THE TOWN OF HEBRON IS LOOKING FOR PLOW TRUCKS WITH OPERATORS FOR THE 2021-2022 SEASON.

ALL OPERATORS AND EQUIPMENT MUST HAVE EMERGENCY LIGHTING, AN 8.5 FOOT POWER ANGLE PLOW, AND CURRENT CERTIFICATE OF INSURANCE AND A VALID DRIVER'S LICENSE.

PLEASE RESPOND WITH HOURLY RATES AND EQUIPMENT DESCRIPTION TO THE SELECTMEN'S OFFICE AT P.O. BOX 188, HEBRON, NH 03241 BY TUESDAY, OCTOBER 12, 2021 AT 12:00 P.M. THE HIGHWAY SUPERVISOR AND/OR SELECTMEN RESERVE THE RIGHT TO ACCEPT OR REJECT ANY OR ALL PROPOSALS DEEMED TO BE INSUFFICIENT.

HEBRON SELECT BOARD

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Prepare yourself financially for illness... just in case

All of us hope to live long, healthy lives, so we do what we can to take care of ourselves through proper diet, exercise and avoiding unhealthy activities. However, none of us can predict our future, so it pays to be prepared for anything - including a serious physical illness or the onset of some type of mental incapacity, such as Alzheimer's disease. Of course, you may never face these infirmities, but you should be aware that they could upset your long-term financial strategy and place considerable stress on your loved ones. What steps can you take to head off these threats? First, make sure you know what your

health insurance covers and how much you might have to pay out of pocket for treatment of illnesses such as cancer or kidney ailments. If you're on Medicare (supplement-ed with Medigap) or Medicare Advantage (Medicare Part C), you'll

want to know all about deductibles, copayments and coinsurance. However, if Alzheimer's or another type of dementia is involved, Medicare may not cover the costs that could be incurred in an assisted living facility, so you may want to consult with a financial advisor, who can suggest ways of protecting yourself from long-term care costs, which can be quite high.

Your next move is to make sure you have adequate liquidity. It's hard to predict how many out-of-pocket costs you could incur when coping with a serious illness, but it's a good idea to have enough cash readily available, rather than dipping into your 401(k) or other retirement accounts. So, if you're retired, you might want to keep up to a year's worth of living expenses in a liquid, low-risk account.

Here's another important step: Update your estate plan. Hopefully, if

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

you have a serious illness, you'll be able to recover. But it's still a good idea to review your estate plan to ensure everything is in order, such as your will and your living trust, if you've created one. If you've kept up your life insurance, you'll also want to ensure your premiums are still be-ing paid. And don't forget to review your beneficiary designations on your 401(k), insurance policies and other financial documents, since these designations can supersede the instructions in your will.

As part of your estate planning, you may want to include a durable power of attorney for finances, which allows you to name someone to manage your financial affairs if you become incapacitated, and a durable power of attorney for health care, which lets



you name someone to make medical decisions for you if you're unable to do so yourself. You may also create a health care directive or living will to express your wishes if you don't have a power of attorney for health care, or the person named in a power of attorney for health care can't be reached in an emergency. And since estate planning can be complex, you'll certainly want to work with a legal professional, and possibly your tax and financial advisors, as well.

You might think it's somewhat grim to prepare yourself financially in case you become seriously ill or if your life is touched by Alzheimer's or another mental infirmity. But it's a positive move - you're protecting yourself and your loved ones from whatever life may throw at you.

Jacqueline Taylor Financial Advisor 3 Mill Street PO Box 176 Meredith NH 03253 603-279-3161 Fax 866-532-8685 iacqueline.taylor@edwardiones.com

PSU recognizes faculty, staff with Distinguished Service Awards



Cheryl Coker



Rebecca Noel3



Sarah Parrish



Amy Ueland



Clarissa M. Uttley



Joan Andresen







Kayla Gaudette

PLYMOUTH — Plymouth State University (PSU) recently honored faculty and staff whose work and commitment have distinguished both themselves and the University. Awardees were recognized after being nominated by colleagues who detailed their co-workers' outstanding accomplishments and service.

"Last year was one of the most challenging in Plymouth State University's 150-year history, and all faculty and staff members have earned our admiration for pitching in, in so many different ways, to keep PSU moving ahead," said Donald Birx, Ph.D., PSU President. "The University deeply appreciates all who are making it possible for our students to succeed, and we are especially pleased to acknowledge our 2021 award winners."

This year's award recipients are:

D i s t i n g u i s h e d Graduate Teaching Award: Cheryl Coker, Ph.D., professor of physical therapy

Dr. Coker is a motor learning specialist who draws from her experiences as a teacher, coach, and athlete to

assist practitioners in putting theory into practice. She has given more than 100 presentations throughout the U.S. and internationally, and has authored numerous journal articles, book chapters, and the textbook, "Motor Learning and Control for Practitioners," which takes an applications-based approach. Coker has served in various leadership capacities at the state, district, and national level and is a fellow of both the research council of the Society of Health and Physical Educators and of the North American Society of Health, Physical Education, Recreation, Sport and Dance Professionals.

Distinguished Undergraduate Teaching Award: Rebecca Noel, Ph.D., professor of history

Excellence in Faculty Service Award: Rebecca Noel, Ph.D., professor of history

Dr. Noel teaches courses on United States history, including the history of childhood and schooling, the antebellum period and the Civil War, health and illness, the American West, and methods and careers for history students. Her reAmy Moll

search on the origins of school health in the early 1800s is the focus of her popular New Hampshire Humanities lecture, "The History of Gym Class," and of her book in development, "Save our Scholars: The Quest for Health in American Schools," under contract with Johns Hopkins University Press.

Noel's service includes her current roles as coordinator of the History and Social Studies Education Program and co-leader of the Humanities, Cultures, and Communication Academic Unit. Her professional service includes committee work for the Organization of American Historians (OAH), New England Historical Association, and the History of Education Society.

Transformative Teaching Award: Sarah Parrish, Ph.D., assistant professor and coordinator of art history

Dr. Parrish's research interests center on modern and contemporary American craft, but her teaching spans global visual and material culture from prehistory to the present. Her curricular innovation has been recognized by the National Endowment of the Humanities and the College Art Association of America. At PSU, she has helped shape Cluster initiatives such as the Ascent and Integrative Capstone programs. In the community, she serves on the board of directors of the League of New Hampshire Craftsmen and the Women's Rural Entrepreneurial Network (WREN).

D i s t i n g u i s h e d Teaching Lecturer Award: Amy Ueland, M.Ed., teaching lecturer and laboratory coordinator/technical specialist in the biology program

Ueland's interest in the history of science and diseases, as well as anatomy and physiology, has steered her to her current teaching of Anatomy and Physiology I and II and Plagues & Peoples. She has also been instrumental in helping to re-develop and re-design labs for Human Anatomy and Physiology and Human Biology classes, providing students with more hands-on, inquiry-driven learning experiences. Additionally, she played a key role in the restructuring of curriculum for non-major biology courses.

Distinguished Scholarship Award: Clarissa M. Uttley, Ph.D., professor and program coordinator, curriculum and instruction, academic unit leader of the education academic unit

Dr. Uttley is a certified pet therapy handler, an equine massage therapist, and she is currently completing a program in animal nutrition. The field of Human-Animal Interaction is the focus of her scholarly activities and she consistently explores opportunities to disseminate her work to benefit others. She has published articles, co-authored book chapters, and presented at national and international conferences. Her recently published book chapters explore adolescents across three distinct levels of relationships, from establishing a traditional relationship, grieving the loss of a relationship, and building relationships with a pet as a form of healing.

Distinguished Operating Staff Award: Joan Andresen, program support assistant, PSU Counseling Center

Andresen's comprehensive knowledge of the Counseling Center includes all office and

Kara Russell

service details. She has the vital responsibility of screening cases to determine which need to be seen right away. She is highly skilled at using the Center's electronic medical records system and manages this confidential information with the utmost care and attention.

Distinguished Professional, Administrative and Technical Staff Award: Kayla Gaudette, director of operations, Health and Human Performance (HHP)

Gaudette's many contributions include reaching out across campus to support many facets of the work done at PSU. She is involved in the PSU CoLab through her work as a teaching lecturer for "Tackling a Wicked Problem" - PSU's signature course that introduces all first year students to its collaborative education model - and in supporting HHP Teaching Lecturers, and she served as a participant/facilitator in the first two sessions of the Cluster Pedagogy Learning Community. She embodies the whole student approach, leading the HHP Team in providing support both academi-SEE **PSU** PAGE A7

Loca

Three more wins for Newfound field bockey

BY JOSHUA SPAULDING Sports Editor

BRISTOL — It was a busy week for the Newfound field hockey team, but a successful week as well, as the Bears won a trio of games, including a thriller against Berlin on the road in the North Country.

The week started with a 4-1 win over Mascoma, with the Bears allowing their first goal of the season in the first five minutes of the game.

"We showed what we are made of by coming right back and tying up the game," said coach Kammi Williams.

Senior Cassie Zick put the ball in the net to tie things up and then Savannah Bradley came

off the left side and fin- left side of the field," ished off a rebound to give the Bears the 2-1 lead. Lindsey Lacasse then finished at the right post on a corner on an assist from Zick to give Newfound a 3-1 lead at halftime.

Isa LaPlume finished off the scoring with a goal in the second half for the 4-1 final.

Newfound had 10 corners to Mascoma's five and Ali Normandin had four saves in net for the Bears. The team also welcomed Matti Douville back and Williams noted it was nice to have her stick in the lineup again.

"Savannah Bradley has really ignited our offensive line from the

Williams said. "Captain Mackenzie Jenkins is our silent killer in the back, really being the glue of our defense and senior Lindsey Lacasse had also added depth to our offensive corner team."

Williams was hopeful that the game would be the first of a run with lots of goals, but that was not the case, as Newfound traveled north and earned a 1-0 win over the Mountaineers.

Newfound dominated the first half, getting five corners while Berlin had none. The Bears controlled the tempo and the ball for the majority of the half, sending it right

back out of the defensive end every time Berlin made a run.

Adi Dolloff scored off an assist from Bradley, bringing the Bears to the half with the 1-0 lead.

"The second half, the roles definitely switched," Williams said. "At times during the third period, Berlin began to gain momentum and I felt that we played a little back on our heels."

The fourth quarter was all Berlin, as they pressured the Bear net, coming up with 11 corners in to Newfound's zero. Normandin had seven saves, including a big one off the left post. "Our defense played so tough," Williams said. "It's always tough to play up there and we always say any win on the road, especially up north, is a good win."

Williams praised the defense of Jenkins, Douville, Maggie Bednaz, Electra Heath and Normandin in net.

The Bears went north again on Saturday morning to take on Littleton, returning home with a 2-0 win.

"We came out a little sluggish, giving up an offensive corner right away, but then we turned it around and controlled the game," the Bear coach said. "We struggled finding the back of the goal."

Dolloff scored on a corner with an assist to Bednaz for the 1-0 lead and then Bednaz made it 2-0 on an assist from Zick for the 2-0 lead heading to the halftime break.

Newfound had plenty of chances in the second half, but could not convert, putting 25 shots on net for the game.

The Bears are slated to be hosting Hopkinton on Friday, Oct. 1, at 4 p.m., will be hosting Berlin on Monday, Oct. 4, at 4 p.m. and will be at Bishop Brady on Wednesday, Oct. 6, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Mid-State Health Center's "Building the Next Generation" Capital Campaign launches

Bank of New Hampshire offers \$50,000 match to kick off the campaign

PLYMOUTH — Mid-State Health Center (MSHC) is kicking off its "Building the Next Generation" capital campaign for its new children's learning center slated to be completed this winter. MSHC is committed to raising \$500,000 through this campaign to bring the new learning center to Plymouth.

Many families with young children must make a choice between spending a significant portion of their income on child care or leaving the workforce altogether. In a 2017 study from the National Survey of Children's Health, an estimated two million parents in the U.S. made career sacrifices due to difficulties with child care. A feasibility study conducted in 2020 identified that 75 percent of the region's infant and

toddler childcare needs currently unmet are and a recent regional plan identifies access to childcare as a barrier to full-time employment in our rural region – a barrier that has grown exponentially during the COVID-19 pandemic.

Mid-State opened its Children's Learning Center (CLC) in 2007 as a small childcare center to support recruitment of quality health care workers to the region. Enrollment is open to anyone in the community, currently serving 22 of the region's children. While Mid-State's mission as a federally qualified health center (FQHC) is to ensure access to high-quality primary care regardless of ability to pay, the health Bank of New Hampshire and wellbeing of the has generously offered community's children cannot be overlooked.

way in Plymouth as the new home for the new CLC recently named and rebranded as the Little Antlers Learning Center (LALC). Additionally, they are committed to serving 51 percent of our child care slots to low-to-moderate income families.

"With a lack of day care in our rural communities, the Little Antlers Learning Center will ensure a continuum of education for our children to grow and play," said Robert MacLeod, CEO of Mid-State Health Center. "We are thrilled with the amount of support from our local partners, who have recognized this as a need in our community."

So much so that the

control, and more to ensure everyone's safety, reducing environmental impacts, and keeping operating costs low. The building, will host both indoor and outdoor play areas, a children's garden and they believe it will become a teaching facility for the children on energy efficiency, the importance of physical activity, nature and more.

Audrey Goudie, Mid-State's Director of Marketing, Communication and Philanthropy, stated, "The total project cost is estimated at \$3.1 million. To date, we have worked hard to secure Community Development Block Grant Funding and tax credits to defray a portion of the cost. Additionally, we were recently awarded funds Regional Commission totaling \$1,190,000; however, more funding is needed. Our Building the Next Generation capital campaign is just one piece of the funding puzzle."

Mid-State is confident that this project will create positive change for local families, knowing that its Little Antlers Learning Center will be a learning home for all families, and an ongoing

investment to the community.

If you are interested in supporting the Little Antlers Learning Center, gifts may be made via check to Mid-State Health Center, 101 Boulder Point Dr., Suite 1 in Plymouth, or online at littleantlers.org via the "donate" button. To learn more about the new center and the campaign, please visit littleantlers.org.



PSU FROM PAGE A6

cally and personally.

Patricia Storer Award: Amy Moll, assistant academic student advocate, Office of the Academic Student Advocate

Moll is an integral part of the University's Frost House Student Services. Her work is done largely behind the scenes, bridging the worlds of Academic Affairs, Student Affairs, and Finance. She serves on Academic Affairs' Retention and Persistence Working Group and plays a key role in the operation of the Concerns, Awareness, Referral, & Education (CARE) process, which provides holistic intervention and resource referral to connect students to appropriate campus and local resources supporting their success at PSU. She connects with students and many parents, providing reassurance and necessary information on questions of academic success and financial obligations.

A new, larger facility is essential in order to meet the rising demand for childcare. MSHC has purchased and will begin renovating an existing 8,400 square foot building located at 742 Tenney Mountain High-

Sara Jayne Steen Award: Kara Russell, interim executive assistant. Communications. Enrollment & Student Life (CESLife)

In addition to her many CESLife duties, Russell has been at the helm from the onset of the pandemic, triaging concerns from students and their families, managing campus communications, and coordinating meetings. She then moved into a project management role and has been responsible for coordinating volunteers for testing, meal delivery, and more. When it became clear that students in quarantine needed additional opportunities to connect, she volunteered her time and talent to host a virtual meditation program.

The awardees were presented with plaques during University Days, which kicked off the 2021 fall semester in August.

To learn more about Plymouth State University, visit www.plymouth.edu.

to match the first \$50,000 in funds, dollar for dollar, as the kick off to the capital campaign.

Bank of New Hampshire is proud to support Mid-State Health Center's "Building the Next Generation" capital campaign," said Chris Logan, President & CEO for Bank of New Hampshire. "It is our mission is to build brighter futures for our customers, employees and communities. As we live out this mission, we're committed to supporting impactful organizations, like Mid-State Health Center and their children's learning center, which will contribute to enhance the health and vitality of the communities in which we live, work and play."

MacLeod also highlighted the project as a catalyst for economic development in the community, and stated the need to keep young families in the area and the importance of investing in the foundation of its residents. The future of the Central New Hampshire region depends on the families who live in it, which makes the commitment to high-quality child care that much more of a priority.

MSHC's goal is to build a state-of-the-art, energy efficient building offering solar, efficient HVAC systems to strengthen infection

from Northern Border



SIZE & PRICING INFORMATION

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Where to Find Us!

A8 NEWFOUND LANDING, THURSDAY, SEPTEMBER 30, 2021

Looking for the Newfound of the Method of the Sector of the Se

Newfound Grocery

BRISTOL:

Bristol Post Office (Outside Box) Bristol Town Hall Bristol Laundry Cumberland Farms Bristol Park & Go Bristol Shacketts Rite Aid Bristol Hannaford Wizard of Wash

DANBURY:

Danbury Country Store



Hebron Post Office(Outside Box) Hebron Town Hall Hebron Village Store

> HILL: Hill Public Library

NEW HAMPTON:

Mobil Gas Station Irving Gas Station Gordon Nash Library **PLYMOUTH:** Tenney Mt. Store



A new publication full of local news, sports & happenings from the following communities: Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



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Fowns

NEWFOUND LANDING, THURSDAY, SEPTEMBER 30, 2021 A9





THOUGH CELEBRATED ACROSS THE WORLD, THE EPICENTER OF THIS FESTIVAL'S REVELRY TAKES PLACE IN BAVARIA, MUNICH, GERMANY.

ANSWER: OKTOBERFEST

ENGLISH: Pretzel

SPANISH: Pretzel

ITALIAN: Brezel

FRENCH: Bretzel

GERMAN: Breze



Maze Craze

Can you find your way through the maze?

Finish

Start

"TRACT" IS A GERMAN TERM THAT DESCRIBES TRADITIONAL GARMENTS USUALLY WORN IN RURAL COMMUNITIES. THESE CLOTHES ARE USED IN OKTOBERFEST CELEBRATIONS.

during both events and

continuously online for

the rest of 2021. All do-

nations will be used to

support our youth, se-

niors and other nonprof-

about talent acts, catego-

ries, registration forms,

timelines, voting instructions and sponsor-

ship opportunities and

raffle items can be found

at Plymouthsgottalent.

continued support of

our greater Plymouth

community. Let's show-

case our talent and have

Thank you for your

Detailed instructions

it service needs.

com.



• **1791:** THE FIRST PERFORMANCE OF MOZART'S OPERA "THE MAGIC FLUTE" TAKES PLACE.

• **1939:** NBC AIRS THE FIRST TELEVISED AMERICAN FOOTBALL GAME.

• **1966:** THE REPUBLIC OF BOTSWANA FORMS WHEN BECHUANALAND DECLARES ITS INDEPENDENCE FROM GREAT BRITAIN.





Can you guess what the bigger picture is?

Got Talent

FROM PAGE A1

the cash prizes for most votes received overall in the adult, child and pet categories will be announced on November 16.

Please consider the following types of acts to express your creativity: skateboard tricks, pogo stick tricks, build the tallest tower, paint a picture, create a Tik-Tok video, recite a famous speech, perform a magic act, glowing stick-man dance routine, stand-up comedy, create a skit, perform a dance, do a step routine, cheer-leading, fold towel animals, sidewalk chalk drawing, slam-poetry reading, telling a story, rap improv, card-houses, beatbox, sing acapella, create a dress out of duct-tape, put on a runway show, fruit carving, decorating a cake, ballet dance, lip-sync a favorite song, juggling act, synchronized swimming, DJ skills, hula-hooping, sing in a different language, ventriloquist act, puppet show, jump rope, gymnastics, breakdance, hand-clapping routine, historical skit with costumes, shadow dancing, bike riding, create a science project, be a mime, yoga stances, face-painting, code a video game, whistle a tune, imitate a famous person, yo-yo

tricks, karate.

As a local business leader, individual or past supporter of Plymouth Rotary events, we would again be honored to have you join us as an event sponsor. This year, we will combine our fundraising and sponsorship opportunities into one ask. So, if you have supported the Hometown Holiday celebration in the past or last year's Plymouth's Got Talent, please donate one time. And, if you are a new sponsor, this year would be a great time to show your support. Your gift will be acknowledged

some fun in the process. FOR ADVERTISING CALL (603) 444-3927 LOW COST Library Director/ Librarian **SPAY/NEUTER Nichols Library** Rozzie May Animal Center Harbor, NH Alliance, nonprofit serving 30 hours/week. NH and Maine. MLS preferred. Salary commensurate Cat Cab service available. with education and experience. Cats \$70-\$85. Military discounts. Email questions, resume, 3 letters Sign up on line of reference and salary history to: www.RozzieMay.org chlibtrustee@atlanticbbn.net or call 603-447-1373



HEBRON PLANNING BOARD Notice of Hearing

APPLICATION FOR SITE PLAN REVIEW Casey Kuplin 46 Groton Road

You are hereby notified that the following **Application for a Site Plan Review** will be heard at a Public Hearing to be held on Wednesday, October 6, 2021 at 7:00 PM at The Town Offices, 7 School Street, Hebron NH the second-floor conference room. **Masks are not required but social distancing will be enforced.**

Application for a Site Plan Review: Casey Kuplin located on 46 Groton Road, Hebron, NH 03241, Tax Map#17 Lot#36. Removal of current buildings and new construction to include a small residence with attached garage and storage of personal recreational items and business. Business equipment will be dump trucks, trailers, excavators and dozers. No materials will be stockpiled on the site other than materials needed to landscape and beautify the lot.



Call our toll-free number 1-877-766-6891 and have your help wanted ad in 11 papers next week!



The Village of Loon Mountain is located in the heart of the White Mountains, New Hampshire. We have 92 units, including lodge and townhouse condos. Our mission is to improve the quality of work/life by providing equal employment opportunities for all candidates and team members.

Current Full Time Positions Available: Painters Maintenance Technicians Groundsmen Housekeepers Housepersons Laundry Attendants

We offer competitive wages and the following benefits after the successful completion of a

90-Day introductory period:

- Health insurance
- Dental insurance
- Paid Holidays (5 holidays a year)
- Accrued Sick Time (5 Days a year)
- Discounted stays at all VRI managed properties • One-week paid vacation after (1) year, two weeks paid vacation after (2) years

How to Apply:

In person: 72 Loon Village Rd. Lincoln, NH 03251 Email: info@villageofloon.com or call 603.745.3401



Kitchen Assistant **Plymouth Area Senior Center** 30 hours per week

Assist in preparation and service of meals including packaging of Home Delivered Meals. Kitchen preparation and cooking experience preferred. 50 pound weight limit. HS Diploma or the equivalent. Full benefits. Health Insurance, Earned Time, Holiday Pay, Life Insurance and 403(b) Retirement Plan.

Please contact gshaw@gcscc.org or 536-1204 www.gcscc.org EEO/ AA



WATCHMEN WANTED

PART TIME WATCHMEN

Town of Rumney **Russell Elementary School Moderator Vacancies**

The Town of Rumney and Russell Elementary School are searching to fill the positions of Town Moderator and Russell Elementary School Moderator. Interested persons must be a Rumney Resident and a Registered Rumney Voter.

Qualified persons for the Town Moderator position should contact the Rumney Town Clerk's office at 603-786-2237, 79 Depot Street Rumney, NH. This appointment would conclude at the end of the March 2022 Town Meeting.

Qualified persons for the Russell Elementary School Moderator position should contact the Russell Elementary School Clerk at 603-786-9591, 195 School Street, Rumney NH. This appointment would conclude at the end of the February 2022 Deliberative Session.

Town Moderator position will be on the March 2022 Town Ballot for a two-year term. School Moderator will be on the March 2022 Rumney School Ballot for a one-year term.

KIRK'S TRUCK AUTO & TIRE CENTER Automotive & Truck • Sales & Service • Heavy Truck Parts **KIRKS TRUCK& AUTO NOW HIRING FULL TIME TOW TRUCK DRIVERS** \$16.00 HR STARTING PAY WITH ONE THOUSAND DOLLAR **SIGN ON BONUS AFTER 6 MONTHS** WILL TRAIN THE RIGHT PEOPLE, NEED GOOD

DRIVING RECORD, BE ABLE TO PASS DOT PHYSICAL CAN OFFER FLEXIBLE SCHEDULE

PLEASE SEND RESUME TO KIRKSTIRE@ROADRUNNER.COM **OR STOP BY FOR AN APPLICATION** 495 TENNEY MNT. HWY, PLYMOUTH NH PLEASE NO PHONE CALLS!

495 TENNEY MT. HWY. PLYMOUTH, NH 03264 WWW.KIRKSTRUCK.COM

CAMPTON SCHOOL DISTRICT Campton Elementary School

Immediate Opening 2021-2022 School Year

Full-time 2nd Shift Custodial Position 8 hrs/day \$12.22 per hour Benefits per Collective Bargaining Agreement

A10



NEWFOUND LANDING, THURSDAY, SEPTEMBER 30, 2021

HELP WANTED

Call our toll-free number 1-877-766-6891

and have your help wanted ad in 11 papers next week!



WE ARE HIRING!

PSI Molded Plastics is located in beautiful Wolfeboro, NH.

We offer competitive pay rates Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance, 401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

Assemblers – 2nd & 3rd Shift - Starting Pay \$14.50

Machine Operators - 2nd and 3rd Shift - Starting Pay \$14.50

Process Technician – 2nd Shift - Starting Pay \$19.00

Spray Painters – 2nd and 3rd Shift - Starting Pay \$16.00

Sanders 1st Shift - Starting Pay \$14.50

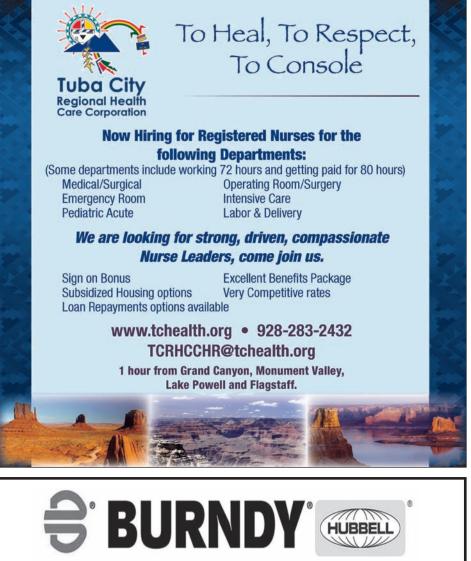
\$.75 per hour shift differential on 2nd shift.\$1.50 per hour shift differential on 3rd shift.

\$1,000 SIGN ON BONUS **SUBJECT TO TERMS AND CONDITIONS

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com. You can also email your resume directly to donna.doyle@psimp.com, please be specific as to what shift and position.

> PSIMP an Equal Opportunity Employer. ISO 9001:2015 Registered.





Join our growing team! - \$1,000 sign on bonus* New Pay Structure & Shift Differential Advancement Opportunities!

Flexible 3 - to 5 - day work week options, including a Full - Time weekend shift. It's a great opportunity to start a new career or even a 2nd career with a solid, growing company!



We offer competitive wages and benefits including medical, dental, vision, life insurance, disability, tuition reimbursement, Paid Vacation, 11 Paid Holidays, Paid Sick days, and more. We are an essential business with robust COVID-19 prevention protocols

> Make an appointment to visit our facility and apply Call, Text or Email Leah 603-838-0791 LShadeed@Burndy.com In Lincoln @ 34 Bern Dibner Drive, Lincoln, NH 03251 • In Littleton @ 150 Burndy Rd, Littleton, NH 03561•

Lumber & Building Materials Contractor Sales

Our Ashland location is searching for a member of our Lumber & Building Materials Contractor Sales Team. You will prepare quotes, orders, invoices, special orders and purchase orders. This position will also coordinate deliveries and returns as necessary. You will serve as a resource for the customer, helping them make selections and build their confidence using your product knowledge and excellent customer service. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com. E.O.E. Competitive Wages Paid Vacation Paid Holidays Paid Time Off

• Store Discounts

▶ 401k



Profit Sharing

Health Insurance

Lumber & Building Materials Yard Associate

Our Ashland location is searching for a member of our Lumber & Building Materials Yard Team. The primary responsibility of a Lumberyard Associate is to maintain customer service per company standards, the accurate and efficient loading and unloading of all lumberyard related transactions. In addition, you will be responsible for maintaining the appearance of the yard and racks in an orderly and clean manner. Forklift experience and heavy lifting is required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com. E.O.E.

Competitive Wages	Paid Vacation	▶Paid Holidays	Paid Time Off
Health Insurance	Profit Sharing	Store Discounts	▶ 401k

See all our open positions and apply online at: https://careers.hubbell.com/

Open positions Include: Automation Technician Machine Operators Maintenance Mechanic Weekend Shift Supervisor

Been out of the workforce? No manufacturing experience? NO PROBLEM! We'll provide training!

Burndy is a wholly - owned subsidiary of Hubbell, Inc., an equal opportunity employer M/F/Veteran/Disability All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class

*Sign on bonus paid after 90 days

Customer Service Representatives Part-time. Full-time. Great time.

We have work from home opportunities available. Those with seasonal/occasional availability are also encouraged to apply.

Employees enjoy discounts at Garnet Hill, Ballard Designs, Frontgate, Grandin Road, QVC, HSN, and Zulily.

Join a talented team that works and laughs hard. 40% of us have been here 10+ years! Find out why: apply at **garnethill.com/careers**.

Garnet Hill



Local

A12 NEWFOUND LANDING, THURSDAY, SEPTEMBER 30, 2021



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Goodfellow Solid Wood 3/4 x 4 1/4 Maple Character 414BNM \$5.39/SF 19 SF/Box Sold per box only

\$5.39 SF

StoneCast the drop-lock click floating floor system is easy to DIY with no glue or nails and Amazing is FloorScore certified.



MSI Cyrus color Fauna EIFAUNA \$2.49/SF Packaging 23.77 SF/Box 10 PC/Box Vinyl Flooring Note: Sold per box only

Widdleton BUILDING SUPPLY

\$2.49 SF

StoneCast 1572

RIGID WATERPROOF FLOOR \$2.39 SF

Stonecast Incredible Color Toasted Barnboard 5252111 \$2.39/SF 7"W x 48"L 28.4 SF/Carton

Sale Prices September 16th Through September 25th, 2021 While Supplies Last

\$2.49 SF Stonecast Amazing color Nickle 536048 \$2.49/SF 7"W x 48"L 28.4 SF/Carton



\$2.39 SF Stonecast Incredible Color Light Oak 525204 \$2.39/SF 7"W x 48"L 28.4 SF/Carton

