

Local Primary voters come out strong for Bolduc

BY BRENDAN BERUBE
brendan@salmonpress.news

REGION — With a record setting turnout reported across the state despite concerns about the COVID-19 outbreak, voters dutifully trooped to the polls during last Tuesday’s state Primary to set the slate of candidates who will face off in the Nov. 3 general election. For the most part, voters residing in the Winnisquam region reflected statewide trends, with Democrats choosing to pit Dan Feltes against incumbent Chris Sununu in the race for the governor’s office. In Belmont, Feltes received 246 votes to challenger Andru Volinsky’s 200, while Sununu unsurprisingly bested his would-be challenger on the Republican ballot, Karen Testerman, 1,027 to 84.

Although Corky Messner emerged as the statewide favorite among Republicans to challenge incumbent U.S. Sen. Jeanne Shaheen for her seat in November, Belmont voters threw their support behind Don Bolduc, who received 672 votes to Messner’s 324, with Gerard Beloin (21) and Andy Martin (17) rounding out the race on the Republican side. Matt Mowers, the overwhelming favorite among Republican voters to challenge Democratic Congressman Chris Pappas in the First District, was also the top choice in Belmont, garnering 608 votes, while Matt Mayberry received 234, Kevin Rondeau 42, Jeff Denaro 36, and Michael Callis 34.

Feltes also garnered the support of Democratic voters in Sanbornton, with 185 votes to Volinsky’s 160, while Sununu again beat out Testerman, 473-55. Republicans in Sanbornton joined Belmont in supporting Bolduc for Senate, but by a narrower margin, 253 votes to Messner’s 238, followed by Martin with 16 and Beloin with 8. Mowers was also favored in Sanbornton, where he received 314 votes to Mayberry’s 106, followed by Rondeau with 27, Callis with 18, and Denaro with 15.

The story was very much the same in Northfield, with Feltes edging out Volinsky 176-154 and Sununu outpacing Testerman 455-71, while local voters again threw their support behind Bolduc over Messner, 275-188, followed by Martin with 32 and Beloin with 4.

Northfield’s location within the Second Congressional District saw Republican voters there choosing from a slate of potential challengers to incumbent Democratic Congresswoman Annie Kuster. Steven Negron, who would emerge as the overall winner, was also the favorite in Northfield, earning 224 votes, while Lynne Blankenkober received 158, Eli Clemmer 47, and Matthew Bjelobrk 40.

Results from Tilton had not been made available to the Echo as of our press deadline for this week’s edition.



JOSHUA SPAULDING

Ready for some football?

Senior members of the Winnisquam football team got together for a group photo last Saturday morning. Back row (l to r), Quinton McDaniels, Mason Fellows, Noah Pearson, Chandler Partello, Chaz Hibbert and Alex Dubiel. Front row (l to r), Garret Mango, Phil Nichols, Nolan Perinno, Cooper French and Brandon Marceau. Missing from the photo is Andre Cormier.

Tanger Outlets to host 12th Annual Tangerfit Virtual 5K

Event to benefit LRGHealthcare

TILTON — Tighten your laces - it’s time to get outside and all for a great cause! Tanger Outlets Tilton in conjunction with Northeast Communications, Belknap Landscape Company and Laconia Daily Sun will host the 12th Annual TangerFIT 5K presented by Under

Armour.

This year’s event will be virtual - your race, your place, on your watch. You have an entire week (Oct. 11-18) any time you choose – to complete your 5K. The first 500 registrants to check-in at the race will receive an exclusive Un-

der Armour race t-shirt. Top finishers will receive placement medals. Plus, registrants will have access to an exclusive Facebook Group for community motivation, accountability, tips and more!

Each registration will benefit LRGHealth-

care’s breast health initiatives. This event has raised over \$100,000 over the previous 11 years. Funds raised have been directed to the Oncology Department at LRG-Healthcare, to benefit local patients undergoing a cancer diagnosis. Examples include: Re-

SEE TANGER PAGE A7

State Police investigate multi-vehicle crash in Belmont

BELMONT — On Sept. 4 at approximately 6:35 p.m., New Hampshire State Troopers from Troop E were requested by the Belmont Police Department to investigate a serious per-

sonal injury crash at the intersection of Route 3 and Union Road in Belmont.

The initial investigation revealed that Heidi Sweeney, age 41, of Laconia was driving a silver

2002 Pontiac Grand Am southbound on Route 3 when a Belmont officer attempted to pull her over for a motor vehicle violation. Sweeney allegedly fled from the officer and crashed into

three vehicles at the Union Road intersection.

As a result of the crash, Sweeney had to be extricated from the vehicle by Belmont Fire. She sustained serious inju-

SEE CRASH PAGE A7

Kelley leads charge for Raiders in opening match



BY JOSHUA SPAULDING
Sports Editor

FARMINGTON — Coach Kevin Charleston’s Belmont golf team had about the shortest preseason anyone could imagine.

The Raiders had just two days of official practices before the first match of the season, which took place on Thursday, Sept. 10, at Farmington Country Club. The match was hosted by Prospect Mountain, with Plymouth and Gilford also in attendance.

Plymouth was able to come away with the win, firing a 182 overall, with the host Timber Wolves in second place at 223 and the Raiders in third place at 234. Gilford had just three golfers so did not record an official team score.

This year, Division III has gone back to stroke scoring after a couple of years using the Stableford system. Golfers can record a maximum score of double-par on each hole.

SEE GOLF PAGE A7

JOSHUA SPAULDING

At left: Eamonn Kelley was the top scorer for the Belmont golf team in the season’s opening match.

JOSHUA SPAULDING

At right: Nick Pucci putts on the ninth hole at Farmington Country Club last week.



Belmont soccer girls up for the challenges

BY JOSHUA SPAULDING
Sports Editor

BELMONT — Coach Mark Dawalga knows that the 2020 soccer season will likely be full of challenges, not just for his Belmont girls, but for all teams.

But, he is also convinced that the Raiders can rise up and meet those challenges as they prepare for a season that will certainly be different.

“We all know that there will be many chal-

lenges this season and this team, as well as all teams, will be up for them and face them head on,” Dawalga stated. “We have great coaches and players in this state.”

The Raiders will be looking to replace a pair of graduated senior captains in San a Syed and Katie Gagnon. Dawalga notes that replacing this pair won’t be easy but he has a solid group of returning seniors ready to lead the way.

“We will look to grow

as a team as the season goes on,” he stated. “We will really be relying on our senior group to lead.”

Returning seniors to the squad are Deanna Bourque, Emma Cochran, Gabby Day, Morgan Hall, Molly Sottak, Madison Lima and Rebecca Fleming.

The Raiders also have a solid crop of juniors back in the fold in Sierra Bourque, Courtney Burke, Jada Edgren, Brooklyn Erlick and

Kailey Gerbig and sophomores Lena Rodrigues and Emma Winslow are also back in the red and white for a new season.

Dawalga is welcoming a trio of newcomers as well, with sophomore Ella Irving joining up and freshmen Darci Stone and Quinn Jewell moving on to the high school level for the first time.

Like most teams around the state, Belmont will be relying on a regionalized schedule, meaning they will play mostly teams from the Lakes Region.

On the schedule are a pair of games each with traditional rivals in Gilford as well as four games against neighboring Laconia. The Raiders will also face off with a pair of Division II squads, playing two games each with Kennett of Conway and Plymouth. There will also be singular games with Prospect Mountain and Newfound, which is fielding a girls’ soccer

team at the varsity level for the first time this year.

Dawalga wished nothing but the best for every team in the state as they all kick off what is sure to be an unusual season.

“Our team wants to wish all teams all the best this year as we all look forward to playing the game we all love,” he said.

The Raiders will kick off the season on Friday, Sept. 18, on the road

against the Newfound Bears. On Tuesday, Sept. 22, Belmont will be on the road at Laconia and will then welcome Laconia to town for the first home game on Thursday, Sept. 24. All games are set for 4 p.m. starts.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Aug. 28 to Sept. 4.

David J. Craveiro II, age 40, of Wentworth was arrested on Aug. 28 for Operating After Certification as a Habitual Offender, Disobeying an Officer, and in connection with multiple warrants issued by Belknap County Superior Court.

Jordyn R. Lavallee, age 20, of Belmont was arrested on Aug. 29 for Unlawful Possession.

Jason Ricker, age 25, of Belmont was arrested on Aug. 29 for Driving Under the Influence-Impairment. A 21-year-old male from Rehoboth, Mass. was taken into protective custody for intoxication during the same incident.

Todd Lavallee, age 45, of Londonderry was arrested on Aug. 30 for Domestic Violence-Assault.

Kelani A. Castellez, age 33, of Belmont was arrested on Aug. 30 in connection with a warrant issued by Belknap County Superior Court.

Chandler L. Ranni, age 22, of Laconia was arrested on Sept. 2 in connection with multiple warrants issued by Rochester District Court.

Robert Morgado, age 37, of Kingston was arrested on Sept. 3 for Driving After Revocation or Suspension.

Jillian D. Moulton, age 33, of Belmont was arrested on Sept. 3 for Driving After Revocation or Suspension (subsequent offense) and violating Driver’s License Prohibitions.

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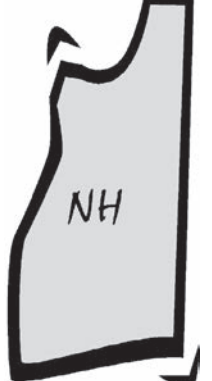
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FSB promotes Lori-Ann Bolduc to Branch manager



Lori-Ann Bolduc

TILTON — Lori-Ann Bolduc was recently elevated to Branch Manager of Franklin Savings Bank’s Tilton office, located at 67 Laconia Rd.

Joe Thornton, SVP, Retail Banking Officer, commented, “Since joining our team six years ago, Lori has quickly developed the skills needed to coach her own team. She is always looking for new ways to improve upon the level of service provided to our customers, and excels at training her peers on how to deliver an outstanding experience to our customers.” Bolduc joined Franklin Savings Bank in January 2014 as a part-time personal banker at its upper Central Street location. She later transitioned to full-time and was promoted to retail trainer in February 2019. Additionally, she was a recipient of a 2018 Vi-

sion Award – an honor presented each year to individuals who make a difference with their customers and co-workers by embodying the bank’s vision. “I have resided in the Franklin area for nearly 23 years. During that time, I established a relationship with Franklin Savings Bank. I like the fact that FSB is a community bank, and it didn’t take me long to realize all it does for the community. I am really proud to part of this wonderful organization, but first and foremost, I am proud to be a community banker,” said Lori-Ann Bolduc, Branch Manager - Tilton office. Bolduc volunteers her time at Twin Rivers Interfaith Food Pantry

in Franklin. An outdoor enthusiast, she enjoys taking daily walks and hiking in Sedona, AZ, as well as gardening and cooking. She resides in Franklin with her husband, Mike, and has two children. Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford, Merrimack and Goffstown. Through its wholly-owned subsidiary, Independence Financial Advisors, Franklin Savings Bank also offers in-

vestment, insurance and financial planning services. A recognized leader in providing the latest in financial services technology, Franklin Savings Bank is committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology. Franklin Savings Bank has donated more than 11 percent of its net income to charity since 2009. Visit www.fsbnh.bank to learn more or follow the bank on Facebook, LinkedIn, Instagram, Twitter and YouTube.

Playhouse prforms powerful MLK drama on outdoor stage

MEREDITH — A giant of a man retires to a small hotel room. He’s exhausted and desperate for coffee and cigarettes to get him through the long night ahead. His call is answered by a pretty hotel maid who brings the coffee and stays for a conversation that leads him to confront his fears, hopes, dreams, and regrets as he considers his legacy in this world. That man is Martin Luther King Jr. and the

hotel room is room 306 of the Lorraine Motel in Memphis, Tenn. on April 3, 1968. But that’s where history ends and imagination takes over in playwright Katori Hall’s “The Mountaintop.” The award-win-

ning drama will be the second show the Playhouse performs on the newly created outdoor amphitheatre which was designed for a small, social distanced season of theatre. Producing Artistic Director Neil Pankhurst added this show to the season once changes had to be made due to COVID-19 and says, “in most years, we choose our show titles well in advance to give plenty of time to plan and advertise them. That does not give us much flexibility to react to current events with our programming. Of course, 2020 is the year when all of that got turned on its head. Suddenly flexibility is the key word and the ever-evolving nature of this year gave us the ability to add in programming to allow us

to explore what’s on this nation’s mind. Obviously, the murder of George Floyd and the Black Lives Matter movement is a topic that people are interested in exploring and we are grateful we are able to add a production that speaks to that.” Like many theatres across the country, the Playhouse responded to George Floyd’s killing and its aftermath with a promise to explore stories that that can be forums for conversations and catalyst for deeper understanding and change. The theatre community as a whole was challenged to examine its own biases and to provide greater support for artists of color. Katori Hall’s play, which had a Broadway run starring Samuel L. Jackson and Angela Bassett, is poetic, funny, and

powerful all at once. The Playhouse’s production is directed by DeMone Seraphin and performed by Theodore Sapp and Krystal Pope, three artists whose work is new to Lakes Region audiences. It will be performed Sept. 16-20 and 23-26 at 4 p.m. “The Mountaintop” is sponsored by Gilford Home Center and performance protocols will follow or exceed the CDC and State of New Hampshire guidelines for social distancing, mask wearing, and other pandemic precautions. Patrons are encouraged to visit www.winnipesaukeeplayhouse.org prior to booking tickets to read the COVID-19 protocols for attending. Tickets can then be purchased by calling the box office at 279-0333.

HIGH SCHOOL SLATE

Friday, Sept. 18	Cross Country at Laconia; 4
BELMONT	Golf at Pheasant Ridge; 4
Boys’ Soccer vs. Newfound; 4	GILFORD
Girls’ Soccer at Newfound; 4	Golf at Pheasant Ridge; 4
Volleyball vs. Newfound; 6:15	WINNISQUAM
GILFORD	Cross Country at Laconia; 4
Boys’ Soccer vs. Winnisquam; 4	Thursday, Sept. 24
Field Hockey at Winnisquam; 4	BELMONT
Volleyball vs. Winnisquam; 5:45	Boys’ Soccer at Laconia; 4
WINNISQUAM	Girls’ Soccer vs. Laconia; 4
Boys’ Soccer at Winnisquam; 4	Volleyball at Laconia; 5:45
Field Hockey vs. Gilford; 4	GILFORD
Volleyball at Gilford; 5:45	Boys’ Soccer at Prospect Mountain; 4
Monday, Sept. 21	Girls’ Soccer vs. Prospect Mountain; 4
BELMONT	Volleyball at Prospect Mountain; 5:45
Boys’ Soccer vs. Laconia; 4	WINNISQUAM
Volleyball vs. Laconia; 6:15	Boys’ Soccer vs. Franklin; 4
GILFORD	Field Hockey at Franklin; 4
Boys’ Soccer vs. Prospect Mountain; 4	Volleyball vs. Franklin; 6:15
Girls’ Soccer at Prospect Mountain; 4	
Golf at Owl’s Nest Resort; 4	
Volleyball vs. Prospect Mountain; 5:45	
Tuesday, Sept. 22	
BELMONT	
Girls’ Soccer at Laconia; 4	
GILFORD	
Field Hockey at Laconia; 4	
WINNISQUAM	
Boys’ Soccer at Franklin; 4	
Field Hockey vs. Franklin; 4	
Volleyball at Franklin; 5:45	
Wednesday, Sept. 23	
BELMONT	



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ARTISTIC ROOTS

A taste of autumn

While there are plenty of topics to discuss this week on the local and national level, we decided to keep things light, and to do our best to foster a sense of unity among our readers.

One quick note to share this week is a story of two neighbors, with opposing political signs on their yards, having a thoughtful conversation. Yes, this actually happened. The two neighbors sat side by side in their vehicles and after about 20 minutes of a calm, respectful conversation, learned that they had more in common than they didn't. Sometimes that's all it takes, is an open mind and a mature outlook. This is a story we can appreciate.

Hanging heavily on our hearts, though, is the absence of the yearly fall fairs that take place all around New England. While we understand the circumstances that led to several cancellations, it still doesn't make us miss it any less. With that said, we decided a fun idea would be to have a Fair night at home.

Who says you can't blast Tim McGraw or Garth Brooks in the back yard and have a complete meal of fair food for a night? There are simple games you can set up at home as well, including water balloon pop, pick a duck (all you need is a few rubber ducks and a bucket or pool of water), water coin drop, and the bean bag toss to name a few. Get creative with your prizes depending on who is in attendance.

There are homemade recipes for all of your fair favorites as well. Soft pretzels, fried dough, apple crisp, steak and cheese, corn dogs, nachos with melted cheese whiz, French fries with malted vinegar or ketchup and a bloomin' onion with ranch for the win.

A family fair night is one way to keep the tradition alive. If you want to go a step further, there are plenty of farm stands and pumpkin patches still in operation to get that downhome feel. In addition, a drive to a local farm for kids of all ages to see cows and horses is an easy field trip.

We decided to include recipes for our top three fair food picks.

Fried Dough:

2 cups unbleached flour
1/2 cup nonfat dry milk powder
3 teaspoons baking powder
1/2 teaspoon salt
4-1/2 teaspoons shortening
2/3 to 3/4 cup water
Oil for deep-fat frying
Butter, honey and lemon juice, optional

Directions

Combine flour, dry milk powder, baking powder and salt; cut in shortening until crumbly. Add water gradually, mixing to form a firm ball. Divide dough; shape into 12 balls. Let stand, covered, for 10 minutes. Roll each ball into a 6-in. circle. With a sharp knife, cut a 1/2-in.-diameter hole in center of each. In a large cast-iron skillet, heat oil over medium-high heat. Fry dough circles, one at a time, until puffed and golden, about 1 minute on each side. Drain on paper towels; if desired, serve warm with butter, honey and fresh lemon juice.

Caramel apples:

Ingredients
Heavy Cream
Light Corn Syrup
Brown Sugar
Butter:
Salt and Vanilla Extract

First, rinse and dry the apples.

Pull out the apple's stem and insert a caramel apple stick.

For the caramel, cook the first five ingredients on the stove until the candy reaches 235°F (113°C). Reaching 235°F (113°C) should take about 15 - 20 minutes.

Remove caramel from heat, then stir in the vanilla. Allow caramel to cool for a few minutes, then dip your apples. Let the excess caramel drip off, then place on a nonstick surface such as a silicone baking mat lined baking sheet.

Once set, you can wrap the caramel apples in cellophane.

Bloomin' onion:

Combine mayonnaise, sour cream, horseradish, ketchup, paprika, garlic powder and cayenne pepper. Chill this while you prepare the onions.

First, cut the onions. Cut a small flat spot on the none root end of the onion. Then remove any dried or damaged peels. Place the onion flat side down on a cutting board (root side up). Using a sharp knife starting about 1/2 inch from the root make a clean slice downward. Next turn the onion one quarter turn and make another clean slice downward. Follow that with two more quarter turns and two more clean slices downward. You should have four clean slices down on the onion equally spaced apart. Now cut three to four equal spaced cuts downward in each of those four sections. Then turn the onion root side down and gently fan out those sections.

First in a large bowl big enough to hold the onion whisk together the milk and eggs. Then in another large bowl combine the flour, paprika, cumin, oregano, thyme, salt, cayenne pepper, black pepper and garlic powder. Then put one of the cut onions in the flour mixture. Using your hands coat the onion with the flour mixture spreading and separating the onion to make sure that it all gets breaded. Next dunk the onion into the egg mixture. Then back into the flour mixture using your hands to coat the onion.

Use a heavy pan like a dutch oven and heat the oil to 375 degrees. Using a skimmer ladle or tongs slowly place the onion root side up in the hot oil. Fry for about six minutes or until a deep golden brown. Next remove the onion to paper towels to drain.



COURTESY

Community help comes in many forms

Just in time for the start of school, Sanbornton Central School got a delivery of more than 200 locally made cloth masks. This school year, the students and faculty of Winnisquam School District will be wearing masks to help prevent the spread of Covid19. Teacher Liz Miller and Principal Kathy Pope thought it would be nice if the kids had masks made especially for them. Liz reached out to Carol Levesque of the crafting group, "A Thread in Time." Carol and her group, including Karen Cobb, Mary Lou Conton and Nancy Durgin got to work right away. The group donated their time, supplies and went above and behind to help their local community. "We are so thankful for these beautiful masks and for the time and care A Thread In Time showed to SCS!" said Kathy Pope, school Principal. "Sanbornton is such a wonderful community, and we are so grateful for all of the support!" For more information about helping the Sanbornton Central School community contact the SCS Parent Teacher Organization at scs.pto@wrsdsau59.org and find «A Thread in Time» crafting group at their Facebook page and at the artisan craft fair Wednesday afternoons at Sanbornton's Old Town Hall.

STRATEGIES FOR LIVING

Dream impossible dreams

BY LARRY SCOTT

Our weaknesses and misgivings notwithstanding, nothing should be allowed to hold us back from attempting the apparently impossible when we know our Heavenly Father approves. We serve a great and powerful God and He is anxious to demonstrate His greatness through human beings just like you and me.

Matthew Barnett came to Los Angeles with a lofty dream: to establish a mega-church in the city of Angels. It wasn't going to happen.

As Matthew was walking through Echo Park, God gave him a new vision: to establish a ministry to the lost and hurting in downtown Los Angeles. It would not be a conventional church. He dreamed of establishing a hospital for the hurting, a place of physical, emotional, and spiritual healing for those in desperate need.

With a remarkable faith in the greatness of God, he was driv-

en by a passion for the down-trodden in central Los Angeles. Like the Psalmist, "My heart was hot within me, while I was musing the fire burned" (Psa. 39:3). And then he learned the Queen of Angels Hospital, owned by the Catholic Church, was up for sale.

Reality says, "Don't be a fool!" Faith says, "Why not!"

They were seeking to sell it for \$25 million, and an offer was already on the table from Paramount Studios for \$15 million. They made an offer of \$3.9 million, not mentioning they only actually had \$30,000 in the bank.

As recounted in her book, "Willing to Walk," Caroline Barnett writes, "The nuns accepted their offer with one stipulation — the mortgage had to be paid off within eighteen months. Matthew and [his father] Tommy morphed into fund-raising roadrunners. For the next year and a half, they made phone calls, they trav-

eled, and they talked to anyone who could help. At the eleventh hour, which seems to be God's favorite time, the last \$2 million came through."

The history of Trinity Temple, the church I established in Camp Hill, PA. in 1968, was much more modest. But a crisis three years into our ministry was just as critical to our future.

Through a series of events I can no longer reconstruct, Trinity Temple acquired a small but lovely Methodist-Episcopal church building in West Fairview, PA. Complete with a working bell-tower and irreplaceable stained-glass windows, it was perfect for our needs. We installed front-to-back royal blue carpeting, a floor-to-ceiling light-blue set of drapes behind the platform, set off by golden chandeliers throughout. Unbelievable! Trinity Temple was back in business!

Contiguous to our property, an all-brick school building the school district had aban-

doned came on the market. The bottom-line asking price was \$13,000 cash, a steal for the size of the building, but for our small congregation of some 80 people an impossible dream. We prayed about it and I invited the congregation to join me in a true venture of faith and offered \$13,000. I held my breath — or perhaps, more correctly, I stopped breathing — as I came to the board meeting in charge of the sale. We were the only bidders! We raised the \$13,000; Trinity Temple was in business again!

Venture to do great things for God. He can still do the apparently impossible for those who dare to trust Him. The life to which God has called us will seldom be equal to our strength. He challenges us to a walk of faith that demands His intervention or we fail.

Dream impossible dreams!

For more thoughts like these, follow me at indefenseoftruth.net.

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By JOHN HARRIGAN
COLUMNIST

The last time I saw Steve Merrill to visit with, he was dressing off a partridge at Whipple Ridge Camp, far off the beaten track in the middle of the Connecticut Lakes Headwaters Tract. Camp-owner Ron Hughes typically was dubbing around with something (a hose) and paying no attention to anyone else.

I bumped into Governor Merrill several times in similar circumstances over the years. In his middle years in state government, Steve hung out at Herb Drake's camp over on the West Branch of Cedar Stream. Herb's camp was a great gathering place featuring, well, you never knew who. House Speaker Gene Chandler was often Herb's co-host. There was always something simmering on a corner of the stove, usually something from the sea. Herb was a fisherman, for most of his life a stern-dragger, meaning that he dragged and hauled in huge nets from the aft end.

Toward the end of his years in state government, Steve hung out more at Ron's camp. But whether Whipple Ridge or Cedar Stream, it was the same kind of total informality, same kind of direct, down to earth conversation.

The neat thing about these encounters was that I could do the same thing in Concord. If I found myself in the State House for one reason or another, I could hop up the staircase two or three steps at a time (this was back when I could hop stairs) and see how busy Steve was, and more often than not slip into the Corner Office to say hello.

Where in state government, anywhere else in these united states, can you do that kind of thing? Just bop into the Governor's office to say hello? In most states, you'd have to negotiate your way through phalanxes of executive secretaries and high-end security people.

I conducted a brief search for photos of Steve at one camp or another, but knew I wouldn't find any. When I was hobnobbing around various camps, my camera was always where it belonged, in the truck.

+++++

Concord officials are They also eat ticks.



COURTESY

Conservation Intern (and Tufts Veterinary Student) Emily Zubieta gets a sign ready to float out onto the water to warn boaters about a loon nest on Lake Winnepesaukee. (Cou

+++++

mulling a 10-year-old girl's request to keep her chicken-coop closer to a neighbor's property line than city ordinances allow.

Some towns in the state don't even have zoning laws. Most do, however, and also have laws on dogs and livestock. Many cities have more specialized bodies dealing with everything from pets to honeybees.

Concord has a law about chickens, and it says that chicken houses can be no closer than 30 feet from a neighbor's property line. A proposal now before the Board would reduce the buffer zone to five feet. The Board decided it needs more time to gather information on this, and will reconvene soon.

One nugget of information from all this is that the average person throws away 212 pounds of household food and yard waste per year. Truly, I had no idea. I mean, is this a lot? Probably, if compared with someone in, say, Papua New Guinea. (Fact-checking alert: Palm fronds and coconuts can really weigh up.)

This food-waste business is one reason why I miss having pigs. Plus, pigs are really smart. You can have a one-sided conversation with a pig and feel certain that it's really been listening. They just have this way of cocking their heads, and perking up their ears.

An old saying goes that dogs look up to you, and cats look down on you, but pigs look you straight in the eye. This is true, as is the fact that pigs will keep a fairly neat house if things in a pigpen are set up properly. As for chickens, in my book they are inherently nasty, but on a per-pound-of-meat basis are excellent garbage-to-meat converters, second only to the turkey.

The Loon Preservation Committee has done wonderful things over the years to win back New Hampshire's loon population, and invent and adopt strategies to carry its good deeds forward. It has gone from emergency stopgap status to a generational tradition.

The LPC keeps in touch with its members via a nicely done little newsletter, compiled by Caroline Hughes, often with action photos from efforts afield and afloat. A good deal of seasonal work involves making sure signs are up to warn the public about artificial floating nests and the like, and every now and then handling collateral damage from loon territorial combat.

One of the recent newsletters carried the harrowing story of efforts to save a Sunapee loon that had become

tangled up in fishing line. The LCP's field-and-float crews get help from Fish and Game in such efforts, and often from shoreline residents who not only spot and report such problems, but also stick around to help out as needed and follow the rescue effort through.

LCP's work is every bit as much, if not more than, a people problem as it is working with loons. With people, there's this never-ending need to get close, rather than enjoy wildlife from a sensible distance. I've seen this first-hand enough to understand what LPC crews contend with.

On one unforgettable occasion I was canoeing around a small lake west of Winnepesaukee when my front-seat paddler pointed at a nesting site sign well up along the shoreline.

No sooner had we altered course to steer clear than we saw a mo-



A piglet on the way to being a pig. A pig, the old saw goes, will look you straight in the eye. (Courtesy pinterest.com)

torboat approaching from the other direction. They had come from too far out to see the signs but had spotted the loons, and were motoring slowly toward shore. We gave them a shout to apprise them of the situation. They quickly backed off and waved their appreciation.

I've found that the vast majority of people are cooperative and often thankful and helpful once a situation has been explained. The same, I think, is true with hikers and bystanders who wind up helping out with mountain rescues. The good deeds far outweigh the bad.

+++++

Lots of people out there remember helping get the hay in during their younger years, but some were curious about using a "dead man" bale during unloading. Apparently the trick was not universal.

So, you put a bale out away from the loaded wagon, about as far as you can easily toss a bale. Then, when throwing, you land the bale on the

far edge of the dead-man bale. The thrown bale will tumble off the far edge of the dead man, and roll a good distance toward the piling crew, thus eliminating the need for an intermediary.

We put this trick to good use unloading big wagon loads of hay at the huge Lyman Forbes barn in East Colebrook, now long gone. A similar situation existed at the Allie Forbes farm. Both were big barns with deep haybays going all the way from top to bottom.

Once the load had been backed up onto the high-drive and into the barn, the same three-man crew that had picked the bales up in the field had to unload it in the barn, and in a hurry, because there were hundreds of bales still on the ground, at risk from sudden rain, and in the North Country you never know.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

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Edward Jones: Financial Focus

Open Enrollment Choices Can Have Big Financial Impact

It's that time of year again, where, if you work for a medium-to-large employer, you've got some decisions to make because it's open enrollment time. Of course, depending on your situation, you may have been working remotely for a while, but, even so, you will likely have the opportunity to review your benefits package and make changes. And you'll want to make the right moves, because your choices can have a big financial impact on your life.

So, take a close look at these key areas of your benefits program:

- **Health insurance** – Think about your health care needs over the coming year – will you or someone in your family be coping with a chronic illness or facing a surgery? Will you need to at least consider testing and possible treatment for COVID-19? In any case, make sure you're choosing the right plan for your needs. And pay close attention to any changes in your health insurance, such as whether the plan's provider networks have changed – you may want to make sure your own doctor is still in-network. Also, check to see if you can reduce your health care premiums by taking part in a wellness program or health-risk assessment.
- **Life insurance** – Your employer may offer a group life insurance policy for free, or for a small amount. It's probably worth your while to take this coverage, but it may not be enough for your needs. If you only had this group policy, but your family situation has recently changed through marriage or the addition of a new child, you may well need to add some private insurance.
- **Disability insurance** – In addition to offering group life insurance, your employer may provide

short-term disability insurance as an employee benefit. Like group insurance, this disability coverage may not cost you anything, but it may not be adequate – typically, short-term disability only replaces part of your income for three to six months. And while you may never need to miss work for an extended period of time, you never can tell – after all, more than one in four 20-year-olds will become disabled before they retire, according to the U.S. Social Security Administration. You may want to consider purchasing your own long-term disability policy on top of the coverage offered by your employer.

- **Retirement plan** – You can probably make changes to your 401(k) or similar employer-sponsored retirement plan at any time, but why not look at it now, when you're reviewing all your benefits? If you can

afford to increase your contributions, you probably should, because a 401(k), with its tax advantages and ease of contribution through paycheck deductions, is a great way to save for retirement. At a minimum, put in enough to earn your employer's match. You'll also want to review your 401(k)'s investment mix. Is it still providing you with significant growth potential within the context of your individual risk tolerance? Over time, you may need to make some adjustments, either because an investment is underperforming or because you're getting close to retirement and you need to reduce your risk exposure. In any case, it's a good idea to check up on your 401(k)'s investments at least once a year. Your employee benefits are an important part of your overall financial picture – so do what you can to get the most from them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

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Shane Hayes

Shane is a Meredith Native who served in the US Marines and returned home to the area he loves. He has much expertise and a great desire to assist especially veterans with their home buying. In his spare time he loves to hike.

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Bill is dedicated to helping his clients find the home of their dreams and help them through the home buying process. As a long time business owner in the Lakes Region he has a great knowledge of real estate in our community.

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Lakes Region Rotary 2020 Car Show a virtual success

LACONIA — The Lakes Region Rotary Club presented the Eighth Annual Lakes Region Rotary Car Show during the week of July 25 through Aug. 1 despite the coronavirus pandemic that has made it difficult to host large events throughout this summer. The club used an online format to feature cars from all over the country throughout the week with the award for Best in Show going to a 1963 Porsche 356B Cabriolet 1600s owned by Ray Ashenhurst of Nashua, NH and three People's Choice Awards going to a 1969 Oldsmobile 442 Sports Coupe in the Muscle Car category owned by Andrew Francis, a 1964 GTO, also in the Muscle Car category submitted in memory of Richard Shadan of Pelham, and a 1971 Porsche 914 in the Sports Car category owned by Bob Giegerich of Pittsfield.

Graham & Graham, P.C. Certified Public Accountants were lead sponsors of the event with many area businesses providing sponsorship support, as well. Mike Robichaud, Lakes Region Rotary Club President, said, "We have been so lucky to have the support of local businesses like Graham and Graham for this event. The cars are fantastic but what really makes the show a success is the support our club receives from local business leaders who are as dedicated as we are to giving back to the community."

The Lakes Region Rotary Club follows the Rotary motto of "Service above Self." Each year, funds raised through the annual car show are donated to support the work of area nonprofit

organizations that work to make life in the Lakes Region better for children and families. This year fundraised revenue totaling \$7,500 will be distributed among eight different community organizations. The club selected the Santa Fund of the Greater Lakes Region, an organization dedicated to providing warm winter gear to over 700 area children each year, as the primary recipient of its support.

"We're so grateful to the Lakes Region Rotary for their support," said Andrea Condometraky, co-chair of the Santa Fund board of directors. "Families are really struggling and it means so much to them to be able to send their children to school in winter gear that will keep them warm when they go outside."

The Lakes Region



Members of the Lakes Region Rotary present a donation to the Santa Fund of the Greater Lakes Region. From Left to Right: Larry Greeley, LRR Vice President; Dennis Phelps, Santa Fund Board Member; Andrea Condometraky, Santa Fund Board Co-Chairperson; Mike Robichaud, LRR President; Jeff Pierson, LRR Foundation Treasurer.

Rotary was formed in 1991 and meets weekly on Tuesdays from 7am-8am. In addition to fundraising, club members

contribute to service activities throughout the Lakes Region throughout the year. Anybody interested in learning

more or becoming a member contact the club through its email at lakesregionrotary@gmail.com.

LRSO String Ensemble to perform at Mill Falls Marketplace

MEREDITH — Let's make some music! With pent-up demand from performers and audiences alike, the LRSO String Ensemble will be performing a variety of music in a free outdoor concert on Saturday, Sept. 19 at 4 p.m. at Mill Falls Marketplace in Meredith. (The rain date is Saturday, Sept. 26 at 4 p.m.)

LRSO Concertmaster, violinist Margaret Hop-

kins, will be joined by talented colleagues violinists Bozena O'Brien and Muriel Orcutt, violist Sally Wituszynski, and cellist Kari Jukka-Pekka (JP) Vainio. The Ensemble will be performing a delightful mix of pieces including "La Vie en Rose," "Haydn Serenade," "Gershwin Lullaby," "Bach Brandenburg No. 3" and more. The concert is free, and is part of the Or-

chestra's outreach to bring live music back into the Lakes Region. While the LRSO decided to cancel its fall performances, we are actively looking for rehearsal and performance spaces where we can resume orchestral music making in the Spring. LRSO performs with a home-town flair that is comfortable, familiar, and uplifting. Live orchestral music is an amazing experience!

Invigorate your senses — from the fall colors, to the fresh air, to the glorious sounds of chamber strings in this wonderful live event — free!

About The Lakes Region Symphony Orchestra

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the



Members of the Lakes Region Symphony Orchestra String Ensemble will entertain at the Mill Falls Marketplace in Meredith, Sept. 19 at 4 p.m.

fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 30 communities in the Lakes Region and

beyond. For more than 40 years, the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral mu-

sic ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

Eric Petell, MVSB ranked first place in mortgage lending for Belknap County in May

MEREDITH — Meredith Village Savings Bank (MVSB) was ranked first in mortgage lending for Belknap County in May 2020, according to the NH Registry Review. In addition, Eric Petell, who joined the MVSB mortgage lending team in November of 2019, was recognized as number one in the individual category. Individual mortgage lending is measured by volume of loans, while rankings by institution include purchase and refinance mortgages for all residential properties for the month of May.

Petell was promoted to Mortgage Loan Originator for the bank in November of last year, after serving as Assistant Vice President, Branch and Business Development Manager for the Laconia office since July 2014.

"I'm deeply honored and humbled by this recognition," said Petell. "I've enjoyed my short time on the bank's mortgage team so far, and welcome the change of pace and challenge. I'm passionate about serving customers and helping them reach per-



Eric Petell

sonal goals like building or buying their dream home, updating an existing home or saving money through refinancing an existing mortgage."

Petell is based out of MVSB's Main Office in Meredith on 24 NH Route 25.

The Registry Review is New Hampshire's statewide real estate and financial newspaper. Part of the Warren Group and read by real estate appraisers, real estate agents, brokers and banks, among many other industry professionals, the NHRegistry Review is a weekly publication and daily website that stays up-to-the-minute on property transactions and new business opportunities. The War-

ren Group is the industry's leading source for real estate and financial data, analytics and market insight. For more information, visit the registryreview.com.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For more than 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.



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New classes start at Lakes Region Community College Sept. 28

Courses available for high school and college students with tuition assistance available

LACONIA — New classes begin Sept. 28 at Lakes Region Community College in Laconia. Online and on campus offerings are available and include English, Math, Business, Science, and Fire Science, to name a few. Special financial assistance is available for eligible high school graduates, and students still in high school are eligible to take courses for reduced rates.

Students who have already graduated from high school are eligible for nearly \$3 million that remains available in the GOFERR tuition assistance program. The generous grants are available to help students living in households negatively impacted by COVID-19, and eligible students may qualify for free tuition.

High school students can take classes at heavily discounted rates and earn both high school and college credit for the same course. In addition, if they meet the criteria, they are eligible to take up to two STEM (Science, Technology, Engineering and Math) courses for free in their 10th – 12th grade years.

For a complete course list, tuition assistance information, and registration materials, go to www.lrcc.edu or call 524-3207.

Polish up your chrome and support veterans and first responders

MEREDITH — The Patriot Resilient Leader Institute (PRLI) invite you to join them for a cruise around the Lakes Region for the second annual Camp Resilience Ride to benefit retreats for veterans and first responders. The Camp Resilience Ride will take place on Sunday, Sept. 13. The ride will assemble at Laconia Harley Davidson at 239 Daniel Webster Highway, Meredith, NH. Registration will start at 9 a.m., with kickstands up at 10:30 a.m. Riders will take a scenic tour around the Lakes Region conclud-

ing at Twin Barns Brewing Company, 194 Daniel Webster Highway, Meredith, for a BBQ, raffles and live entertainment by Robyn and The Other Guys. This year's ride is being led by Combat Warriors – Big Lake Crew. Registration is \$25 per rider, \$15 for passenger, and \$10 for non-riders joining us for the BBQ.

The PRLI is a non-profit group comprised of veterans and concerned citizens who seek to combine the talents of area professionals and the beauty of the Lakes Region to

assist veterans and first responders throughout New England. The PRLI runs Camp Resilience Retreats to help service members, veterans, first responders and their loved ones recover and maintain their physical, psychological and emotional well-being. These free three-or-four-day retreats combine peer-to-peer counseling, life skills workshops and outdoor experiential learning. Camp Resilience strives to provide attendees with the tools to develop self-improvement goals and sustained ties to their

community. The retreats stress the importance of camaraderie and wellness in fostering resilience.

To pre-register for the ride visit www.camp-resilience.org/ride. If you are interested in donating a raffle item or being a ride sponsor, please contact Alyssa Mosher at amosher@camp-resilience.org or (978) 219-4003.

To learn more about PRLI and Camp Resilience visit our Web site at www.camp-resilience.org or our Facebook page www.facebook.com/campresilience.

GOLF

CONTINUED FROM PAGE A1

The Raiders were led by Eamonn Kelley out of the top spot in the lineup, as he fired a 49.

Nick Pucci, playing

out of the fifth spot in the lineup for the Raiders, finished with a score of 59 to place as the second Belmont scorer.

The final two scorers were Oliver Mahoney out of the second spot

and Kyle Plaza out of the fourth spot, as both fired a 63 to round out the scoring for Belmont.

Miles Miller played in the third spot and fired a 64 to round out the field of Raiders.

Belmont was set to be back at Farmington after deadline on Wednesday and will be at Pheasant Ridge in Gilford for a 4 p.m. match on Wednesday, Sept. 23.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

CRASH

CONTINUED FROM PAGE A1

ries and was transported to Concord Hospital. The occupants of the vehicles Sweeney crashed into sustained minor injuries and one was transported to Lakes Region

General Hospital while the rest were treated on scene.

As a result of the crash, Route 3 was closed for approximately three hours while State Police CAR investigated.

The State Police were assisted at the scene by

Belmont PD, Lakes Region EMS, and the Belmont Fire Department. Anyone who witnessed the crash is asked to contact Trooper Alexa Williamson at 323-3333 or via email at alexa.b.williamson@dos.nh.gov.

TANGER

CONTINUED FROM PAGE A1

spite Care from therapy/treatments, Complimentary Therapies to help patients cope with medical treatments/interventions and for recovery, Durable Medical Equipment including wigs and prosthetics to aid in recovery, Home-maker Services to aid in withstanding and continuing treatment or therapies and electron-

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Local residents earn second academic honors from Clark University

WORCESTER, Mass. — The following local students have been named to second honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the Spring 2020 semester.

* Henry M. Marinace, of Belmont

* Cheyanne R. Zappala, of Laconia

To be eligible for second honors, students must have a grade point average of 3.5 or higher, of a maximum of 4.3 (all A+s).

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Pub Mania Shuffle takes on a different look this year

REGION — The Pub Mania Shuffle was created in 2014 as a fun walk/run to benefit the Children's Auction by supporting the fundraising of the teams of Patrick's Pub Mania. With Pub Mania now transformed to the new, pandemic-proof 'It's for the Kids Community Challenge,' the Shuffle carries on — also

in a new way.

Sponsored by Patrick's in Gilford, participants are invited to donate \$10 to the Challenge Team of their choice using a popular team-based fundraising app called GiveGab. Then, it's up to the participant to go for a walk, run, hike or bike at a location and time of their choosing. Shufflers are invited to join the weekly Zoom Raffle to win prizes each Wednesday at 7 p.m. Every week during the series, shufflers will be entered into the Grand Prize Drawing on Oct. 28 for five \$50 Patrick's Gift Cards.

"It's about getting exercise, having fun and making an impact in our community," explains event chairperson and Patrick's co-owner Allan Beetle. "It's a unique way for anyone, no matter where they live, to be part of the Children's Auction by supporting the teams and people involved in the Challenge. It's also a great way for teams to get a start on their own fundraising efforts."

Since its inception in the fall of 2013, the Shuffle has raised over \$60,000, with 100% of the proceeds passing through to the Children's Auction and on to children and families in need here in the greater Lakes Region.

The goal for the Challenge 2020 event is to surpass the \$354,453 raised last year by Pub Mania.

"We know this may be the year we fall short," said Beetle "but we are also working to double the number of teams, so we have a better chance at our goal this year, and be better positioned for 2021 and beyond."

The Shuffle is open to anyone. You do not need to be on a team to participate. For more information, visit www.ChildrensAuction.com/Challenge or email abeetle@metrocast.net.



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Find it in the Real Estate Section

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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

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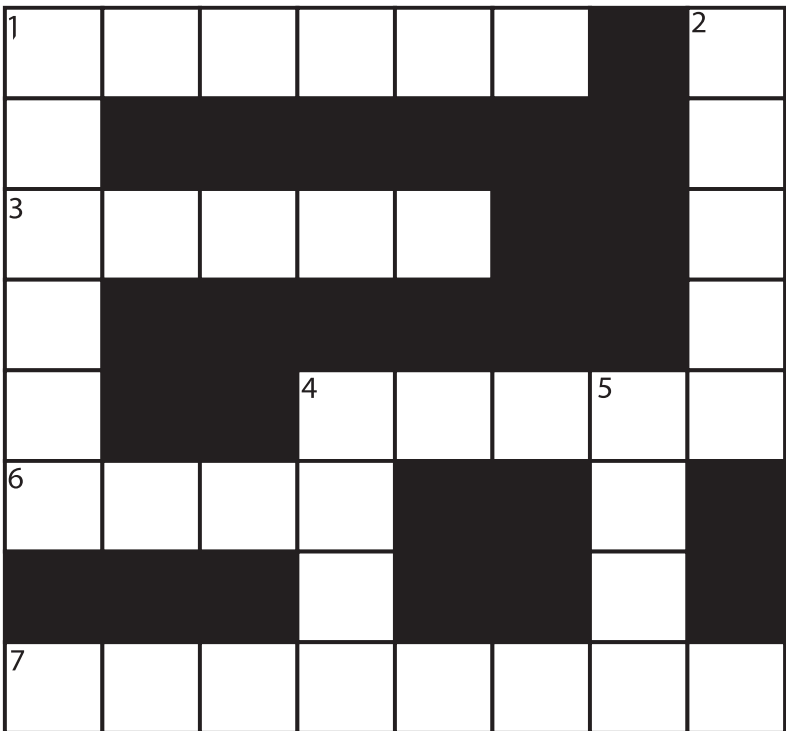
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Crossword Puzzle



ACROSS

- 1. Condition of being protected
- 3. Of great weight
- 4. Aches and _____
- 6. Large vehicle (abbr.)
- 7. Gaining knowledge

DOWN

- 1. Education building
- 2. Things to read
- 4. Flow into a stream
- 5. Person, place or thing

THIS DAY IN...



HISTORY

- 1814: FRANCIS SCOTT KEY COMPOSES THE LYRICS TO "THE STAR-SPANGLED BANNER."
- 1959: THE SOVIET SPACE PROBE LUNA 2 BECOMES THE FIRST MAN-MADE OBJECT TO REACH THE MOON WHEN IT CRASHES INTO THE LUNAR SURFACE.
- 1994: THE 1994 BASEBALL SEASON IS CANCELED AFTER THE 34TH DAY OF A PLAYERS' STRIKE.



THESE PLACES CAN BE DANGEROUS FOR CHILDREN BECAUSE OF OFF-ROAD VEHICLES, MACHINERY AND LIVESTOCK.

ANSWER: FARMS



CULTIVATE

prepare and use land for gardening

- Answers:
- Across
1. Safety 3. Heavy 4. Pains 6. Limo 7. Learning
- Down
1. School 2. Books 4. Pour 5. Noun

How they SAY that in...

- ENGLISH: Tractor
- SPANISH: Tractor
- ITALIAN: Trattore
- FRENCH: Tracteur
- GERMAN: Traktor



MANY PEOPLE ARE UNAWARE OF THE DANGERS WITHIN THE AGRICULTURAL INDUSTRY. SAFETY IS ESSENTIAL FOR FARM WORKERS AND VISITORS.

GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: TRACTOR

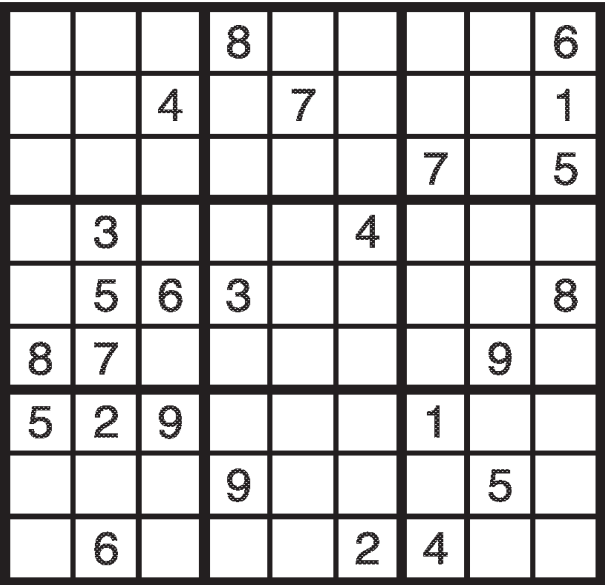


Solve the code to discover words related to libraries. Each number corresponds to a letter. (Hint: 22 = E)

- A. 20 9 5 9 23 3 18
Clue: Complete list of items
- B. 3 14 18 9 16 1 26 22
Clue: Make orderly
- C. 15 24 22 23 6 22 15
Clue: Wall storage units
- D. 13 7 1 22 5
Clue: Not loud

Answers: A. catalog B. organize C. shelves D. quiet

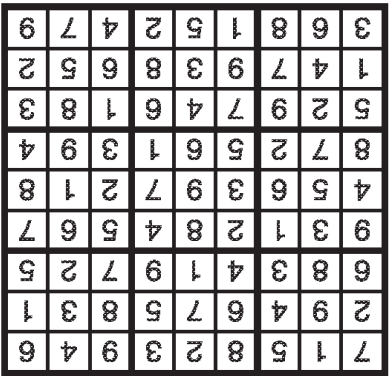
SUDOKU



Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

MARK ON THE MARKETS

Who is your advisor?



By Mark Patterson

Who is your advisor, and what do they do for you? This is a question that everyone should ask about their current financial advisor or if they are shopping for a new one! When a prospective new client

meets with me, they will receive an ADV part 2, that is a disclosure document that explains who I am, how I am compensated, how I manage money, my background, experience, education and if my firm or I have any conflicts of interest when working with our clients.

The reason you receive this disclosure from my firm is because my firm is a licensed investment advisor that is required to work for our clients, in the client's best interest, which is referred to as "fiduciary."

It is very important that you read and understand what the advisor is explaining to you in this document. One of the first places I go

when reviewing other firms' ADV, is "fee's." I want to see what they are going to charge, how and when. Most advisors charge an annual fee, billed monthly or quarterly in arrears. I have seen advanced billing in a couple of ADV's recently. I do not believe in billing my client before I have done any work, but that is my preference. Is the firm managing the assets or hiring other asset managers and splitting fee's? So that portion of fees to that advisor is a "relationship fee." Is the asset manager using retail funds with commissions and 12b1 fees back to a dually registered advisor who is collecting a fee as well as commission?

I could go on and on, but you need to know all this before you give your money to an advisor and their firm! Many new clients tell me that they have never read the disclosure of their previous firm and they would not have known what to look for even if they had! I get it, this verbiage and language inside these ADV's are difficult to follow unless you are in this business and understand all the structure of how people are licensed and what they are actually doing vs. passing off to other firms. It is all right in front of you, if you know what to look for!

Working with a registered rep or broker is different. A registered

representative works for the broker-dealer firm and not a fiduciary. They are primarily commission driven, selling product that the BD firm suggest. The BD firm typically receives additional compensation for selling these products to you. This practice is called revenue sharing and is disclosed but rarely read by the client. Because the registered rep works for the BD firm, you will have to go to Finra "broker check" to see how long this person has been licensed with that firm. You must understand that a license to be a registered rep takes 4 to 6 weeks of study for most, so that nice young person about to implement your retirement

plan may have been a barista at a coffee shop a couple of months ago. Not to take anything away from a barista, the skill sets are different pertaining to a frothy cappuccino and your retirement plan!

I am conducting workshops on how to access this information and how to understand what is in these ADV's and how to check out a registered rep on broker check. Visit my website, MHP-Asset.com for more information.

Mark Patterson is a portfolio manager and principle at MHP Asset Management LLC in Portland, Maine and Tilton, and can be reached at 447-1979 or mark@mhp-asset.com.

LRPA's Silent September continues with a salute to comedy

LACONIA— This September on LRPA After Dark, movies should be seen and not heard! Celebrate Hollywood's great silent film era each Friday and Saturday night at 10:00 p.m. for our Third Annual "Silent September" Film Festival. Almost every genre of film -- action, comedy, romance, western, horror, sci-fi -- can be traced back to the silent era that began nearly 125 years ago and ran until the introduction of "talkies" in the late 1920s. Many technical and artistic elements that modern moviegoers take for granted, such as scene continuity, close-up shots, enhanced lighting and feature-length films, were developed during

this important time in the history of cinema. Lakes Region Public Access Television is proud to highlight some of the most interesting films of this period.

This weekend (Sept. 18 & 19), we present six short silent comedies, featuring some of the greatest comedic actors of their generation. Included in this mini festival:

1921's "The Goat," starring Buster Keaton as a victim of (hilarious) mistaken identity;

1921's "Never Weaken," a classic Harold Lloyd "thrill" comedy as a boy in unrequited love;

1917's "The Immigrant," starring a funny and poignant Charlie

Chaplin in one of his most enduring short films;

1920's "One Week," another Buster Keaton comedy about a newlywed trying to assemble a pre-fab home;

1923's "Alice's Wonderland," an early Disney film combining live action with animation;

1913's "Bangville Police," the debut of the Keystone Cops

Where else but on LRPA can you enjoy Harold Lloyd, Buster Keaton, Charlie Chaplin and the Keystone Cops all in one glorious night? So grab your popcorn and join LRPA after dark for a night of daredevil stunts, cinematic inno-

vation, and sweetly romantic comedy.

Mark your calendars for LRPA's 3rd Annual "Silent September" Film Festival!

All showings are at 10 p.m. on LRPA TV

Sept. 18 & 19: An Evening of Silent Comedies!

Sept. 25 & 26: "The Phantom of the Opera," 1925 Coming in October: LRPA's 5th Annual "Shocktoberfest!"

You can't find television like this anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then watch us online at live.lrpa.org to catch all the

fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, non-commercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and

Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression,

promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

LRCC opens fall semester with new spaces & new protocols

LACONIA — Lakes Region Community College opened its Fall semester Aug. 31 with online, hybrid and on-campus learning opportunities, and some new and freshly refurbished lab spaces to provide hands-on training.

"Electrical students are happy to see our updated laboratory spaces, and Culinary students are loving the progress made in Phases 2 and 3 of the renovation and construction of our new kitchens, walk-ins {refrigerators}, and restaurant in our Culinary wing," says Marsha Bourdon, LRCC's Business Affairs Officer. Construction is expected to be complete by the end of the semester.

Most serendipitous of all upgrades, however, may be those made to the school's HVAC (heating/ventilation/air conditioning) plant, a project in motion even before the school recessed for COVID in the spring.

"With new boilers, duct work, and blowers, we've been able to conduct tests of airflow and adjust circulation to ensure adherence to air exchange guidelines while also maintaining comfortable temperatures for everyone on campus," says Patrick Cate, VP of Academic & Student Affairs. "Our original goal of reducing fuel consumption and energy cost will be met, but, like everything else everywhere, it's taken a backseat to the health of students and employees this year."

Armed with guidance from the CDC, the NH Department of Health and Human Services, and the Community College System of New Hampshire, a team of administrators, plant

maintenance staff and faculty worked tirelessly throughout the summer to re-open LRCC doors in ways that are "healthy, practical and safe," says President Larissa Baia, adding "I'm proud to say that after one week of on-campus classes, things have gone very well, and we're feeling great about seeing students back on campus."

"Things have changed a little bit," she said in a welcoming video address to students. "You'll see that we're doing social distancing, we're all going to be wearing masks in all the classrooms, in the hallways, and in all of the buildings, but what hasn't changed is our commitment to your education. We're here to help, so when you have questions, please reach out...everybody here is here to help."

Kimberly Bean, who has worked in the school's Financial Aid office for more than a decade, agrees that the campus looks different:

"As much as I usually complain about the mad rush of students lining up outside the office door during a 'normal' semester, this is a little quiet for my taste."

"Don't get me wrong. I'm really happy to have students back and social distancing and all, but I miss having everyone come back to class at once," she says, pointing to the major difference in this semester's academic schedule. Most introductory courses met on campus the first week of September and are remote the next week, while upper level courses meet in person the second week and are remote the weeks before and after.

"It's just different," she finishes.



Lakes Region Community College nursing students Chuck Weymouth and Jessica Lloyd enjoyed masked conversation and socially-distanced lunch on the school's terrazzo Thursday. They welcomed the sunshine during a prescribed 30-minute break that allows complete air exchange in their classroom.

The number of students and personnel on campus at any one time has been reduced to fewer than 50 percent of capacity. Before parking their vehicle, every person entering campus must attest that they exhibit no COVID-19 symptoms and have not been in close contact with anyone who has been diagnosed with the virus. In addition, their temperature must not be elevated, and they cannot have traveled outside New England in the past 14 days.

The school's typical cleaning regimen has been stepped up to reflect the times. Additional crews have been hired from L & R Cleaning.

"I'm happy to be doing it," says Dave Fornea, a sanitizing specialist hired to clean surfaces—doors, handles...any place a hand might touch—across campus every one and

a half to two hours. A hazardous materials professional by training, he shows his artillery of cleaning supplies.

"Bleach kills everything," he says confidently.

First-year Nursing students Jessica Lloyd of Laconia and Chuck Weymouth of West Ossipee are impressed with how the whole campus is working together.

"I really like the security checkpoint" she says, and "how they have people coming into the classroom at random times to make sure we're far enough apart."

Chuck adds, "They're having us leave the room in the middle of long classes, so the air can exchange for at least 30 minutes...it's just the new normal. I don't think the school could be doing any more with their precautions."

Jessica crosses her fingers. "We're just hope-

ful that all this will let us stay on campus and not have to go remote."

The school has worked hard to make on-site instruction possible for the fall. Joyce Larson, Director of Enrollment Management and Onboarding, says. While "there's been a marked increase in enrollment in our online courses this semester, and I think many of our professors are excited to see how they can teach online in new and engaging ways, it's hard to substitute the hands-on training that goes along with programs like Nursing, Automotive, Advanced Manufacturing, and Marine Technologies. And some people just need that human component in learning. We're teaming together to keep the campus clean and safe for everyone. Mask wearing, social distancing, good hand hygiene, and health screenings

to keep people home who may feel sick... we are doing everything we can to reduce the risk of transmission."

Lakes Region Community College offers more than 40 educational programs and workforce training for business and industry. Transfer agreements with a variety of regional four-year colleges allow students to receive their Associate's degree at an affordable community college, and earn a Bachelor's at a four-year school. Lakes Region Community College is part of the Community College System of New Hampshire. New classes start Sept. 28, and more than \$1 million in scholarships remains available this fall on a first-come, first-served basis. To learn more, visit www.lrcc.edu or visit LRCC's Virtual Open House at www.lrcc.edu/virtual.

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For further information, contact:
Stephanie Glidden, Adm. Assistant to the Superintendent of Schools
and to the Director of Student Services
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: sglidden@sau36.org

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Immediate opening for full-time office personnel.

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**Precision Lumber Inc.**

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Easy ways to clean up leaves

Autumn is marked by colorful foliage and plummeting temperatures. Once those leaves reach peak color, they fall from the branches and collect on lawns, necessitating cleanup projects. For homeowners with big yards, such a project can be tiring and time-consuming. However, there are ways to make leaf cleanup easier.

One of the easiest ways to clean up leaves

is to reach for a lawn mower rather than a rake. The mower will cut leaves down to smaller sizes, creating an effective mulch that can add nutrients back into the lawn. Davey, a lawn and landscape solutions service, says that mowed leaves also can be collected in a mower bag and added to garden beds or compost piles.

For those who prefer manual raking, select a rake with tines that will

not skewer the leaves in the process. Big rakes also can make faster work of gathering leaves into piles.

The home improvement resource The Family Handyman advocates for the use of a lawn sweeper. This is a manual device that has a rotating sweeping brush that gathers up lawn debris and leaves into an attached hopper bag. Like mowed leaves, the bag can be emptied into

a compost pile or distributed where needed.

Raking leaves onto a large tarp is another option. Once it's full, the tarp can be taken to the curb where many towns will collect the leaves seasonally. Otherwise, the tarp can be used as a funnel to put leaves into a gardening bag or another appropriate receptacle.

Leaf blowers remain a fast option for cleaning up yards, but they



require electricity or gas and can be noisy. Still, they are a popular choice for large landscapes or when quick work needs to be made of leaf clean-up.

Leaves will fall in autumn, but luckily homeowners have various methods at their disposal to tame the mess.

How to protect wood floors from inclement weather



Wood floors are a worthwhile investment that can improve the beauty and function of just about any room in a home. Even though wood floors are durable, and new protective treatments help seal out many of the things that may have damaged floors in the past, homeowners still need to pri-

oritize protecting their hardwood floors.

Certain seasons of the year can be more harsh on wood floors than others. For example, seasons characterized by moisture and precipitation, particularly the early spring, winter and fall, can be hard on wood floors. The experts at ServiceMas-

ter Clean say that cold, snowy days can damage wood floors, and Lumber Liquidators agrees that winter weather can be harsh on flooring.

Homeowners need not give up on hardwood if they live in an area that sees all four seasons. They just need to take a few steps to keep floors looking beautiful.

- Clean up the salt. Salt that keeps sidewalks and streets clear of snow and ice inadvertently gets tracked inside a home. Hard chunks of salt can scratch wood floors, and, if left to sit, that salt can eventually cause white marks and other stains. Routinely vacuuming and sweeping up salt is necessary to protect wood floors.
- Invest in shoe storage. Wet or snowy boots can create puddles around the house. Have a special mat or tray by the front door where wet shoes can be kept. A nice bench in the en-

tryway makes it easy for residents and guests to remove their shoes until it's time to go back outside.

- Use water-wicking mats. Homeowners will probably need a few extra mats around to tame errant drips and wipe shoes. Any entrance that might be used by people or pets should be protected. Try to avoid petroleum-based, rubber-backed mats, as they could discolor the wood floor.
- Control humidity indoors. Cold, dry air in a home can be problematic

because the moisture in the wood can eventually evaporate into the air. The heat will suck that moisture from the flooring, causing it to shrink, creak and splinter and become more brittle. Think about investing in an in-line humidifier for the home's HVAC system that can keep a moderate amount of humidity in the home. Hardwood floorboards are installed to accommodate minor temperature and humidity fluctuations. This is typically a range of between 60 and 80 degrees F with a relative hu-

midity range of 35 to 55 percent, advises ServiceMaster.

- Use the right cleaning products. Avoid excessive water to clean wood floors, and select soaps that are specially designed for wood flooring. Consult with the flooring manufacturer for a list of detergents that are safe to use.

With proper care, hardwood flooring can survive rain, snow and cold weather.

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House powerwashing tips

Powerwashing, also known as pressure-washing, utilizes a high-velocity water spray to remove dirt and residue from the exterior surfaces of a home. It is frequently used on vinyl siding, concrete and sometimes wood decks to treat mil-



Powerwashing the exterior of the home can be an effective way to clean it in the spring and fall.

dew and other growth that accumulates over time. Powerwashing can be a great way to remove grime without having to scrub by hand. But it requires a delicate touch to get it right. Sometimes it is best to leave the job to professionals. But homeowners willing to give it a go can try powerwashing themselves, as various stores rent power washers. The home improvement website ImproveNet says that, until very recently, pressure washers were almost exclusively commercial machines sold to professionals or rented to do-it-yourselfers. Lately manufacturers have targeted homeowners looking to buy with lightweight options. For those who see powerwashing as a routine venture, purchasing a unit may be worth the investment. It is important to exercise caution when operat-

ing a powerwashing machine. The high-velocity spray can tear through skin. It is key to get a feel for the washer, and try less pressure first to get a handle on the magnitude of the tool. Don safety gear prior to using a pressure washer: Gloves, eye protection and ear protection can be handy. Most units will connect to a standard garden hose. Choose old clothing and expect to get wet. Never point a powerwasher hose at anyone and do not attempt to rinse feet or hands in the spray. The renovation resource The Family Handyman suggests starting with a wide-degree nozzle to test out the spray on the surface that needs to be cleaned. A 15- or 25-degree nozzle is usually the wand for general cleaning and paint stripping without damaging the surface of the home. Experiment with an optimal distance of the washer wand to get the desired cleaning effects without causing any damage. Work using a horizontal and slightly downward angle to avoid driving water up under the siding of a home. Avoid spraying any electric wires or components on the home. Also, try not to spray upward, and angle the spray away from doors, windows and vents. Some washers have reservoirs that will hold a detergent solution. Choose the right detergent for the job. Keep in mind that cleansers containing bleach can damage surrounding plants, so they may need to be covered while the washing takes place. Avoid the use of ladders when operating a powerwasher. The push-back from the wand can cause falls. Instead, opt for an extension wand to address the upper reaches of a home. Powerwashing a home is an effective way to remove stubborn grime and refresh the look of a home's exterior.



Simple ways to improve a kitchen pantry

People have been spending more time at home in 2020 than in years past, and certain projects around the house have become a priority. One home improvement idea that serves the double benefit of creating organization and making cooking at home more efficient is to reimagine the kitchen pantry. A pantry is a room or closet where food, beverages and linens or dishes are stored. Pantries can be highly useful spaces that provide ancillary storage in kitchens. Many modern homes are equipped with pantries, but older homes may require some modification to create more useful pantries. Whether starting from scratch or modifying an existing pantry, these tips can help projects go more smoothly.

- Maximize vertical storage. Utilizing vertical areas can help increase storage capacity. Build in extra nooks by investing in undershelf storage baskets. These baskets can instantly create designated areas for different types of ingredients. Homeowners also can look for ways to use the inside of cabinet doors or add extra shelves on walls or in eaves.
- Consider your needs. Figure out which items you would like to store in the pantry and then shop for corresponding storage systems. For example, storage solutions may feature wine bottle racks, baskets for potatoes and other produce, shelving for small appliances, and even pull out racks for baking pans or cutting boards.
- Use clear storage. Put ingredients in clear, airtight containers of similar dimensions so that you can easily find items you need. Transfer bulky items, like cereals and baking supplies, to storage containers for uniformity.
- Store bulk items elsewhere. Bulk shopping can be cost-efficient, but bulk items can quickly eat up real estate in the pantry. Designate another area for non-perishable bulk products, like paper goods or canned items, such as in a garage or utility room.
- Pull out drawers are convenient. Pull-out drawers can reduce the need to seek and reach for items. These drawers conveniently roll out so items in the back can be accessed without disturbing foods in the front. Drawers can be custom built for any pantry space.
- Make it accessible. Think about who will be taking items from the pantry. Put children's snacks on the bottom pantry shelf where they can reach them, and then organize other shelves for adults in the home.

A pantry remodel can add valuable storage space and make one of the busiest rooms in the house operate more efficiently.



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Add a pop of color to your garden this winter



Winter weather comes on the heels of a vibrant, colorful autumn season. Shortly after fall foliage falls to the ground, nature tends to greet us with a considerably less colorful palette. What's more, much of the wild-life and plants that make spring, summer and fall so awe-inspiring tend to hibernate in winter, making it more difficult to find bright spots on drab days.

If you think that winter means the end of beautiful garden colors, think again. There are plenty of cool-season flowers and other plants that can add a pop of color to brighten your day. These flowers provide color right when most people need it most.

In areas where winter is not marked by a deep freeze, homeowners can plant pansies, snapdragons, English

daisies, calendula, and other blooms from early fall through late winter. These plants will survive the cold, keeping containers, borders and gardens full of color.

Camellias are a type of flower that bloom in fall and winter in hues of red, pink, coral, white, and more. The plants are evergreen and will grow from shrubs or small trees when fully established.

Homeowners who live in climates marked by cold winters can opt for plants that offer color but without flowers. According to HGTV, these include cabbages and kales, which can survive most cold winters and lend an interesting texture to a winter landscape bed.

Of course, no list of winter's colorful plants would be complete without holly, which offers

an eye-catching display of evergreen leaves and bright red berries, though sometimes the berries are golden. Either way, they can be a sight for sore eyes on gray winter days.

For more ideas, visit a local garden center to learn about plants that can add vibrant color to a landscape, even as autumn transitions to winter.

The logo for Gray's Paving & Asphalt Plant, Inc. features a stylized truck icon to the left of the company name. The name 'Gray's' is in a large, bold, sans-serif font, and 'Paving & Asphalt Plant, Inc.' is in a smaller, bold, sans-serif font below it. A circular badge with the text 'Free Estimates' is located to the right of the company name.

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Three small, square images showing different examples of driveway construction and paving work. The first image shows a new driveway being poured. The second image shows a completed driveway with a sealcoat. The third image shows a driveway with a decorative finish.

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A small Facebook icon.

The logo for Barnett Building Contractors features a stylized house icon with a chimney. Below the icon, the text 'CHARLES JONATHAN' is written in a small, sans-serif font. Below that, the word 'BARNETT' is written in a large, bold, red, sans-serif font. Below 'BARNETT', the words 'BUILDING CONTRACTORS' are written in a smaller, bold, black, sans-serif font.

A photograph of a large, two-story house with a gabled roof and a chimney. The house is surrounded by trees and a lawn.

"Keeping America Beautiful"

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Cell: 603.340.0685
barnett@metrocast.net

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Did you know?

Basements may not be go-to hangouts during spring, summer and fall, when many homeowners spend more time on their patios and decks enjoying the great outdoors. But as winter approaches and the great outdoors becomes less welcoming, basements once again become popular places to relax and spend time with loved ones. That's why fall is such an ideal time to address mold issues in a basement. According to WebMD, exposure to mold can irritate a person's eyes, nose, throat, and lungs. That's true whether a person is allergic to mold or not. Even people who are merely sensitive to mold can experience sneezing and runny nose, and some may even develop red eyes and skin rash if exposed to mold. Reactions are much more severe for people with mold allergies, who may experience shortness of breath or suffer from asthma attacks if exposed to mold. Molds require moisture to grow, and basements may provide ideal growing conditions for mold. Mold spores cannot grow without moisture, so dehumidifiers can help homeowners effectively reduce the risk of mold growth in their basements. WebMD advises homeowners keep indoor humidity levels, which can be measured with an inexpensive instrument known as a hygrometer, below 60 percent. In lieu of wall-to-wall carpeting in basements, install concrete floors and area rugs to make mold growth less likely. Basement floors also should be routinely inspected for leaks, as leaks can promote mold growth. Address leaks promptly if any are found.

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A small, square photograph of Patty Stewart, a woman with short brown hair and glasses, wearing a dark top.

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A photograph of Marcie Gowen-Nobley, a woman with long brown hair, smiling. She is wearing a black and white polka-dot dress. The background is a blurred office setting with large windows.

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The logo for Woodsville Guaranty Savings Bank features a stylized compass rose icon to the left of the bank's name. The name 'WOODSVILLE' is in a small, sans-serif font, 'Guaranty' is in a large, bold, green, sans-serif font, and 'SAVINGS Bank' is in a smaller, bold, green, sans-serif font below it.

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A photograph of the 3 Lakes Landscape Supply storefront, showing a sign that says 'CONTRACTORS WELCOME!'.

A photograph of the interior of 3 Lakes Landscape Supply, showing various landscape products and equipment.

A photograph of the interior of 3 Lakes Landscape Supply, showing various landscape products and equipment.

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LAKES REGION Virtual PARADE OF HOMES

“Showcasing beautiful homes & renovations built by premiere Lakes Region Builders.”

Kick Off - Saturday, October 10th, 2020 - Access the Parade for Months!

Watch from the comfort of your home!

Builder Interviews • Innovation & Trends • Shop The Parade!



Meet The Builders

NEW CONSTRUCTION & REMODELS



VIRTUAL HOME TOUR
FUN & INTERACTIVE

Parade of HOMES
LAKES REGION BUILDERS & REMODELERS ASSOCIATION



One Ticket For Full Access!



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ENJOY VIEWING THE LATEST IN HOME INNOVATIONS, STYLES AND DECORATING!



What is a Virtual Parade of Homes?

- An online, interactive event where you can virtually tour locally built new-construction & remodeled homes from your smart phone, or devices.

How do I virtually tour the homes?

- Since this event is virtual, all you need is access to the Internet. Click into any of the home detail pages to see a photos, read the home description and more. When you're ready, click the "View Virtual Tour" button. Then, to virtually "walk" through the homes, tap the circles on the floor of the space to move you around. Click on the 3D floor plan to see the home in "dollhouse" view.

Will I get to meet the builder?

- Yes, The builders will walk you through their projects and highlight some of their unique features. The interviews have been professional shot and pre-recorded. Learn more about the the builder, their company and specialties.

Do I need a ticket?

- YES. Visitors can purchase a ticket for \$10 and will have FULL access to all of the virtual parade features including: Enhanced Builder Profiles, 360 Virtual Tours, Voting Access for People's Choice, Meet the Builder Access and entered into the raffle drawing! Fee is good for entire household and last for months! Ticket sale proceeds go towards Lakes Region Builders & Remodelers Association's workforce development initiative.

Still have questions?

- Contact: lakesregionbuilders@gmail.com or 603-387-1817.

Full Access \$10 Per Household • View At Your Convenience
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A man with a beard is lying on a dark grey couch, holding a young child up in the air with both hands. The child is wearing a light blue shirt and yellow pants. The man is looking up at the child with a smile. The background shows a kitchen with white cabinets and a brick wall.

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The logo for the New Hampshire Electric Co-op. It features a stylized red outline of the state of New Hampshire. To the right of the outline, the words "NEW HAMPSHIRE" are written in a teal, sans-serif font, and "Electric Co-op" is written below it in a larger, bold, teal, sans-serif font. A small red swoosh is above the word "NEW".

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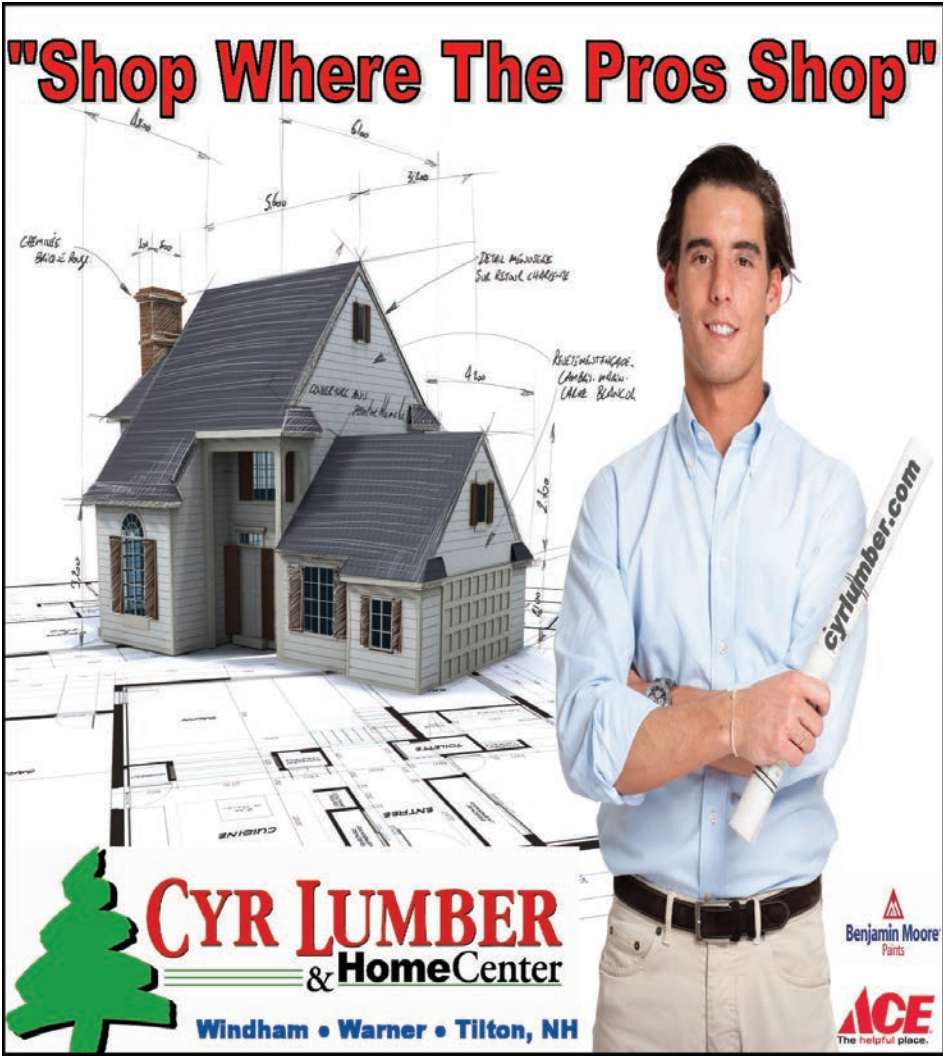
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Spaulding Academy & Family Services welcomes Michael Flaherty to Board of Directors

NORTHFIELD — Spaulding Academy & Family Services is pleased to announce Michael Flaherty has joined its board of directors.

Mr. Flaherty is the President and CEO of Taylor Community, a continuing care retirement community located in New Hampshire's Lakes Region. He was formerly Managing Director and Vice President of Development for the Compass Management Group, LLC, a business consulting firm specializing in executive advisement. Prior to his role at Flaherty & Company, Michael held roles as the Chief Operating Officer for the Greater Nashua Mental Health Center, the Executive Director of Wingate at Andover, Director of Budgeting and Planning for McLean Hospital and as Senior Financial Consultant for the Genesis Healthcare Corporation.

It was through a friend Mr. Flaherty first head of Spaulding, and he instantly became intrigued by the opportunity to lend a helping hand to an organization that had proven its commitment to serving children, youth and families in need. He has friends who have children with behavioral and developmental challenges and always had a soft spot in his heart for these



Michael Flaherty

kids and their families. Once he learned of a board member opportunity from Spaulding's President & CEO, Susan C. Ryan, he knew it was meant to be.

"We are excited to welcome Michael Flaherty to our board of directors," said Susan C. Ryan, President & CEO of Spaulding Youth Center. "His healthcare leadership experience along with his familiarity with working in behavioral health organizations makes him a fitting addition to our diverse board. We are looking forward to seeing the impact he makes!"

Mr. Flaherty received his BA in Speech Communications from Boston College, an MBA and an MHA from Suffolk University and a Graduate Certificate in Comparative Public Health Policy from the Institute of Public Administration at Trinity University in Dublin, Ireland.

The Spaulding Youth Center board of directors is comprised of volunteers from the human services, corporate, investment, and philanthropic sectors of our state. To learn more about the Spaulding Youth Center board of directors, visit <https://www.spauldingyouthcenter.org/about-us/leadership/>.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, residential, clinical, community based, foster care, and family support. Established in 1871 and known as Spaulding Youth Center since 1958, our scenic hilltop campus is located on nearly 500 acres in Northfield, NH and welcomes boys and girls from ages 4 to 21 from around the state of New Hampshire and beyond. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.SpauldingYouthCenter.org.



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