

## Gilford taking action against COVID-19

BY ERIN PLUMMER  
mnews@salmonpress.news

Local entities are taking action to prevent the spread of Coronavirus by shutting down for a period or limiting activities. Gov. Chris Sununu declared a statewide emergency on Sunday in response to the COVID-19 virus. According to the Department of Health and Human Services there are 17 confirmed cases of COVID-19 in the state as of Monday. Sununu and Depart-

ment of Education commissioner Frank Edelblut ordered all schools to be closed in the state effective Monday. All school districts will have a week to finalize a distance learning plan and put it in place until April 3, when the response will be reevaluated. On March 15, Gilford superintendent Kirk Beitler posted a letter to parents on the district's website addressing the district's plans. Beitler said teachers,

administrators, and support staff would start working on Monday to put together the plan considering many different

factors. A plan will be put in place for students to pick up resources from the schools they would use in home learning.

The district will outline teaching and learning expectations for this period. "As this is a long term remote learning experi-


ence teaching and learning will be a work in progress," Beitler wrote. A plan will also be SEE **RESPONSE** PAGE A7

### Voters approve budget, vehicle purchases

BY ERIN PLUMMER  
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Gilford voters approved all town warrant articles this year, including the budget and money for capital purchases. Voting on town and school warrants and officers took place Tuesday at the Gilford Youth Center. The general operating budget of \$14,263,580 in Article 4 passed by a vote of 792 in favor and 413 against. Voters approved Article 5, the three year

collective bargaining for certain Public Works employees. The agreement will be between the board of selectmen and the American Federation of State, County, and Municipal Employees Local 534 on behalf of certain Public Works Employees. The article passed in a vote of 1,014 yes and 186 no. Article 6 for \$64,000 for the phase two of the Police Department's radio system upgrade project passed in a vote of 1,247-154. SEE **GILFORD** PAGE A7



COURTESY

### Grooving at GHS

Staff members at Gilford High School get down on stage as part of this year's recent Winter Carnival activities. Photo courtesy of the school's Twitter feed.

## School budget, agreement with Gilmanton approved

BY ERIN PLUMMER  
mnews@salmonprss.news

Voters approved the school budget, agreement with Gilmanton, and warrant articles to put funds into capital reserve funds while rejecting an article for a turf field study that had been zeroed out. Gilford voters cast their ballots on the school and town war-

rants on Tuesday. Voters passed the school district's budget of \$25,440,987 in Article 2 with a vote of 802 in favor and 408. Article 3, the collective bargaining agreement between the school board and the Gilford Education Association, passed in a vote of 817 yes to 397 no. The three-year contract has an estimat-

ed increase of \$279,447 for the 2020-2021 school year and the article includes that amount. The increases for the next two years are projected at \$256,034 for the 2021-2022 school year and \$278,896 for the 2022-2023 school year. If Article 3 failed, Article 4 would authorize the governing body to call a special meeting to address cost items in Article 3. The article was passed 860-345.

Article 5 to put up to \$150,000 into the School Buildings Maintenance and Improvement Capital Reserve Fund from the surplus fund balance was passed. The article received 967 votes in favor and 235 against. The next scheduled project is redoing the locker rooms at Gilford High School that were built in 1974. The project would cost around \$870,000 and has been scheduled for the 2022-2023 school year. Currently there is \$302,860 in this fund. With its approval in a vote of 1,031-171, Article 6 will put up to \$62,500 into the School Buildings Roof Maintenance Capital Reserve Fund from the surplus fund balance. The fund currently contains \$189,873. Roofing projects are scheduled for GHS and Gilford Elementary School for the 2023-2024 school year at a cost of \$800,000. Voters approved Ar-

ticle 7 for \$30,000 to be taken from surplus fund balance and put into the School Buildings Infrastructure Capital Reserve Fund in a vote of 995-209. The fund currently has \$91,175. The district plans to undertake a wireless infrastructure project costing around \$182,000 in the 2021-2011 school year. The voters also passed the Authorized Regional Enrollment Plan Agreement between the Gilford and Gilmanton School Districts. Article 8 passed in a vote of 980-223. The plan will be in place for 12 years and three and a half months and includes a more precise formula for calculating tuition and capital costs as well as other improvements. Voters defeated Article 9, a petition article to put money toward the services of an engineer and architect to do a study of a turf field athletic complex at GHS. The number in the article was amended to \$0 by petitioner Chris McDonough after members of the school board, Budget Committee, and residents spoke against the proposed \$62,500 for the project. McDonough amended the article to \$0 so such a project can better go through the district's planning process, rendering the article inert. Voters cast 791 votes against and 398 in favor.

## Leadership Lakes Region gets an education

GILFORD — It was back to school for the non-profit group Leadership Lakes Region recently as the class of 2020 visited several educational institutions and related activities as part of the annual Educational Issues Day. The day began with a visit to the Lakes Region Scholarship Foundation (LRSF) where the group was greeted by Director Paulette Loughlin and Assistant Director Karen Switzer, Leadership Class of 2013, who explained the mission and processes of the scholarship-granting agency. The LRSF Board generously provide morning refreshments for the leadership group to start the day. Then it was off to Gilford Elementa-



ry School, where the leadership class heard about innovative programs from Superintendent of Schools Kirk Beitler and members of the GES staff, including Principal Danielle Bolduc. Fourth grade children spoke to the group about what they are doing in and out of their classrooms. A highlight was an explanation by the children of their maple syrup-making project and the community support that resulted in a Sugaring House being built on school property where the kids have tapped maple trees and be-

come involved in this tasty New Hampshire springtime tradition. While at GES, the former Superintendent of Schools for Laconia, Bob Champlin, gave an interactive presentation to the class on "Leadership" citing several favorite au-


SEE **LEADERSHIP** PAGE A7



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so we must be there for them.





# ALMANAC

## Notes from the Gilford Public Library

**BY MARK THOMAS**  
Library Correspondent

Losing your mind cooped up at home? Finished your last book last week, but don't want to go out? Well, fortunately for all of us the Library offers access to hundreds of thousands of books, audiobooks, films, and more online! No need to stop in or sign up, just log in with your

library card and your phone number to dive into a world of reading from almost any smart device or computer. All the links are on our [gilfordlibrary.org](http://gilfordlibrary.org) website and the apps can be found on most app stores.

First stop is Overdrive on the Libby app. Overdrive has a locally curated collection of eBooks and

audiobooks. Put up to five hot titles on reserve, or search by 'available now' to borrow something to read immediately.

Find another collection with Hoopla, a popular service offering ebooks, audiobooks, TV shows, movies, graphic novels, music, and more. Unlike Overdrive, there are never any holds. There is the possibility that the Library's budget cap will be hit each day, so check back later if that's the case.

If you're looking for something to watch, but don't want your brain to melt away, head to Kanopy. It's a independent and documentary video streaming service that is criminally underrated. This quality collection is the perfect cure for homebound boredom.

For those of us that insist on a book in hand, the Library has started offering curbside pickup. Here's how it works: Reserve items in our online catalog or call ahead with some titles for librarians to grab. Drive to the library. Call the library to let us know you're outside. Open your window and greet the librarian as we deliver the books to you! We can even find books to your taste if you talk with us about your preferences.

We're hoping to connect people with media and to offer services to whom we can as safely and conveniently as possible, so take full advantage of these free opportunities!

### Classes & Special Events March 19-March 26

Thursday, March 19

Geri Fit, 9-10 a.m.  
Yoga Fun, 10:30-11:30 a.m.  
Homeschool Game Club, 12:15-2:15 p.m.  
Brown Bag Book Discussion, 12:30-1:30 p.m.  
This month's book is Washington Black by Esi Edugyan, described as "A wonder of an adventure story ...". The discussion will be lead by Molly Harper, and copies of the book are available at the front desk.  
Conversational French, 4-5 p.m.  
Evening Book Discussion, 6-7 p.m.  
See 'Brown Bag Book Discussion' above.

**Friday, March 20**  
Bridge, 10:30 a.m.-12:30 p.m.  
Preschool Storytime, 10:30-11:30 a.m.  
Knit Wits, 1:30-2:30 p.m.  
Advanced Conversational German, 2:30-3:30 p.m.

**Monday, March 23**  
MR: Tai Chi, 9-10 a.m.  
Tai Chi Chih, 9:45-10:45 a.m.  
Baby Toddler Storytime, 10:30-11 a.m.  
Mahjong, 12:30-3 p.m.

**Tuesday, March 24**  
Geri Fit, 9-10 a.m.  
Hook Nook, 10am-

11am  
Bridge, 10:30 a.m.-12:30 p.m.  
Preschool Storytime, 10:30-11:30 a.m.  
In a Virtual World at the Library, 5-7 p.m.  
Craft Corner, 5:30-6:30 p.m.  
Come make a craft with Kayleigh at the library that you'll actually want to keep. Choose a dictionary page and paint with watercolors. Sign up required. Adults only program.

**Wednesday, March 25**  
Line Dancing, 9-10:30 a.m.  
Check out an Expert, 10 a.m.-noon  
Lakes Region Fiber Artists and Crafters, 10 a.m.-noon  
The InbeTween: Teen and Tween Club, 2:30-3:30 p.m.  
Line Dancing: Advanced, 5:30-6:30 p.m.

**Thursday, March 26**  
Geri Fit, 9-10 a.m.  
Yoga Fun, 10:30-11:30 a.m.  
Homeschool Game Club, 12:15-2:15 p.m.  
Conversational French, 4-5 p.m.  
Before & Beyond the Lifts: Sketches of Backcountry Skiing, 6:30-7:30 p.m.  
See article above.

## Gilford Public Library Top Ten Requests

1. "Blindside" by James Patterson
2. "Long Range" by C.J Box
3. "The Island of Sea Women" by Lisa See
4. "Where the Crawdads Sing" by Delia Owens
5. "The Night Watchman" by Louise Erdrich
6. "Long Bright River" by Liz Moore
7. "American Dirt" by Jeanine Cummins
8. "The Museum of Desire" by Jonathan Kellerman
9. "The Yellow House" by Sarah M. Broom
10. "Writers & Lovers" by Lily King

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### Edward Jones: Financial Focus

#### What's the Difference Between Short- and Long-term Investing?

As you go through life, you'll have many financial goals. Fortunately, you don't need to achieve them all at the same time. But when you have a mix of short- and long-term goals, you will need to pursue some different investment strategies simultaneously.

Your short-term goals may depend somewhat on your stage in life. For example, when you're starting out with your career and you're beginning to raise a family, you may well have a goal of saving enough money for a down payment on a home. Later on, though, you may decide you want to travel the world for a year.

Because you know about how much money you'll need, and when you'll need it, you can choose the appropriate investments, with these characteristics:

- **Low risk** – Above all else, you want the right amount of money to be there when it's time to use it. So, you'll need low-risk, high-stability investments. You won't see much in the way of growth from these types of investments, but you also won't be sweating every single market downturn in fear of not reaching your goal.
  - **Liquidity** – You won't want to worry about trying to find a market for your investment when it's time to sell it and then use the proceeds for your short-term goal. That's why you need to pick short-term vehicles that are highly liquid.
- Now, moving on to longer-term goals, the situation can be quite a bit different. Suppose, for instance, you're saving and investing for a retirement that may be three or four decades away. For

this goal, you have one overriding motivation: to end up with as much money as possible. And since you have so many years until you need this money, you may be able to take on more risk than you could with the investments you counted on for your short-term needs. This isn't to say you should be reckless, of course – you still need to pay attention to your individual risk tolerance. Overall, though, there's a big philosophical difference, in terms of risk capacity, between investing for the long term versus the short term.

When you're saving for a long-term goal such as retirement, you may need to rely primarily on your IRA and your 401(k) or similar employer-sponsored retirement plan. And within these accounts, you'll need a reasonable percentage of growth-oriented investments.

It's true that growth investments are volatile, but sometimes sharp price declines. But in exchange, you have the opportunity for greater growth potential. Once you do retire, you'll still have long-term goals. For one thing, even during retirement, you'll need your portfolio to have some growth potential to keep you ahead of inflation. And you'll also need to address perhaps the longest-term goal of all: leaving the type of legacy you desire for your loved ones.

A financial professional can help you clarify and prioritize your short- and long-term goals, as well as assist you in choosing the appropriate strategies for helping meet these goals – whether they're three years or three decades away.

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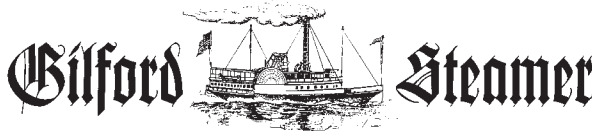


This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

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## GILFORD POLICE LOG

The Gilford Police Department reported the following arrests during the week of March 9-16.

Stephen E. Anderson, age 26, of Laconia was arrested on March 9 in connection with a bench warrant.

Dawn M. Lachance, age 49, of Gilford was arrested on March 10 in connection with a bench warrant.

A 44-year-old female from Gilford was taken into protective custody for intoxication

on March 11.

Cameron C. Crane, age 21, of Gilford was arrested on March 11 in connection with a bench warrant.

Micah D. Niles, age 44, of Franklin was arrested on March 12 for two counts of Possession of a Controlled Drug.

A 56-year-old female from Gilford was taken into protective custody for intoxication and an open container violation on March 12.

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# Laconia Rotary welcomes new member

LACONIA – The Laconia Rotary is pleased to announce the membership of Meredith resident, Jim Hamel.

Originally from Massachusetts, but a New Hampshire resident for most of his adult life, Jim Hamel is a New Englander—a fan of all four seasons; a fan of New England’s major professional sports teams; and a fan of good causes.

Hamel earned a Bachelor’s degree in political science from Plymouth State College and his Master’s degree in education from the University of South Carolina. His first career was in student development and higher education administration, but most of his professional life has been in non-profit management and fundraising. Over his career, he has led nonprofits focused on helping young people to become changemakers, and he led a local community-based performing arts center. Jim also spent eight years as an entrepreneur and local business owner before returning to nonprofit fundraising in 2019.

Laconia Rotary President Kevin Conway appreciates the insight Hamel’s life and work bring to the club.

“Jim’s experiences in education, non-



Laconia Rotary President Kevin Conway welcomes Jim Hamel as a new member to the club.

profits, and as a small business owner give him a broad perspective that helps inform the work of Laconia Rotary,” Conway said. “Our club benefits from each member’s lived experience and Jim is a great example a member who’s worn many hats while always maintaining the

core principles that Rotary values.” Hamel lives in Meredith with his wife and two children and is Vice President of Development for Lakes Region Community Services in Laconia, where he works to drive increased philanthropic contributions in support of

people with developmental disabilities, and to enhance the strength and capacity of local vulnerable families to raise and support healthy children. Laconia Rotary is part of an international network that values service above self, provides humanitarian

service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Laconia Rotary typically meets every Thursday at noon at the Belknap Mill in La-

conia. All are welcome. Please write to LaconiaRotary@gmail.com to let us know you’ll be attending. Visit [www.LaconiaRotary.org](http://www.LaconiaRotary.org) for more information about the club.

## Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

### Senior Moment-um Programs Senior Moment-um Pizza and Bingo on March 25

The Gilford Parks and Recreation Department is Sponsoring a Senior Moment-um Program on Monday, March 23. We will be meeting at noon in the Fellowship Hall at the Gilford Community Church. We'll be serving up slices of delicious homemade pizza, made by Dan Barnhart. In addition to the pizza, tossed salad and beverages will also be provided. Following lunch, participants will have the option to play a variety of games, including; Scrabble, Rummikub, Trivial Pursuit and more! Cost of lunch is \$3 per person. Participants must RSVP no later than Thursday, March 19.

### Senior Moment-um Dessert and Show

### Night - Thursday, March 26

Gilford Parks and Recreation in conjunction with the GHS Performing Arts, is sponsoring a Dessert and Show evening for participants of the Senior Moment-um Program. This activity is scheduled for Thursday, March 26. Participants will meet in the Gilford High School Cafeteria at 5 p.m. to enjoy a dessert and coffee hour. Following dessert we will head into the Auditorium to watch the High School's presentation of "These Shining Lives" and "Snow Angel," two one act plays (one comedy and one drama). There is no fee for this program, but space is limited and reservations will be accepted on a first come basis. Participants must RSVP by Friday, March 20.

For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

## Hayes returns to select board

BY ERIN PLUMMER

mnews@salmonpress.news

Kevin Hayes will serve on the board of selectmen, Kyle Sanborn was elected to the Gilford School Board, and the rest of the town and school district's offices were uncontested.

Gilford voters took to the polls at the Gilford Youth Center on Tuesday for annual voting for town and school district offices and the town and school warrants.

Kevin Hayes will return to the board of selectmen after receiving the majority of votes over two other candidates. Hayes received 544 votes while former town clerk Denise Gonyer received 537 and Angelo Farrugia received 162. A recount was requested and took place after press time.

The rest of the town's offices were unopposed.

Johan Anderson, David Tyler, and Steven Hepburn were elected to the three open seats on the Budget Committee. Tyler received 772 votes, Andersen received 734, and 672 were cast for Hepburn.

Danielle LaFond was elected to the full term as town clerk-tax collector after being appointed to the position late last year, receiving 1,100 votes.

Kim Zyla Salanitro was reelected as town treasurer with 1,062 votes.

Sandy McGonagle will serve again as town moderator with 1,119 votes.

Miriam York was reelected as supervisor of the checklist, receiving 1,078 votes.

Betty Tidd will re-

turn to the library trustees after getting 1,060 votes

Kristin Snow was elected as cemetery trustee with 1,025 votes.

Donald Spear will serve as fire engineer after receiving 1,025 votes

Rick Moses was elected as trustee of the trust funds with 73 write-in votes after no one else filed for the position.

For the Gilford School District, Kyle Sanborn was elected to a three-year position

on the school board. Sanborn received 603 votes while opponent Amber Latour received 579.

All other school district offices were uncontested.

Sandy McGonagle was reelected as school district moderator with 1,090 votes.

Kim Zyla Salanitro will serve again as school district clerk after getting 1,019 votes.

Susan Jensen was elected as school district treasurer with 1,022 votes.

PORTRAITS • WEDDINGS • SCENICS • EVENTS



**Fassett's**  
**PHOTOGRAPHY**

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### INVITATION TO BID

#### ASBESTOS REMOVAL FROM REPLACEMENT OF EXTERIOR WINDOW PROJECT

#### WAKEFIELD SCHOOL DISTRICT

The SAU #101 Office is soliciting bids for **Asbestos Removal from Replacement of Exterior Window Project** for the WAKEFIELD SCHOOL DISTRICT. There will be a mandatory walkthrough on **March 20, 2020** at 10:00AM at the Paul School, 60 & 76 Taylor Way, Wakefield, NH 03872. Bid specifications can be obtained at the SAU #101 Office, the Paul School or the SAU #101 website: [www.sau101.org](http://www.sau101.org). Bids are due by 2:00PM, April 3, 2020, and may be mailed or delivered to the SAU #101 Office, 76 Taylor Way, Sanbornville, N.H. 03872. Bids are to be sealed and clearly marked, “**Asbestos Removal from Replacement of Exterior Window Project.**”

**E-mail, fax or other forms of the proposal will not be accepted. Proposals received after the closing date and time will not be accepted.**

**REJECTION/AWARD OF PROPOSALS:** The School District reserves the right to accept or reject any or all proposals, to negotiate with any or all Bidders, and to waive any informalities in the Request for Proposals process, and to enter into an agreement with the Bidder whom the School District in its sole discretion determines is in the best interests of the School District even though the Bidder may not submit the lowest bid or proposal. Bidders shall be responsible for any and all expenses that they may incur in preparing their proposals.

**WITHDRAWAL OF ANY PROPOSALS** is prohibited for a period of one-hundred eighty (180) days after the proposal due date.

### Power Outage Tips

**BEFORE**

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

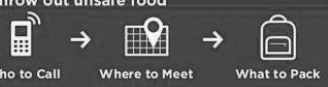
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- Conserve energy
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**AFTER**

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## MARK ON THE MARKETS

### End of the bull



BY MARK PATTERSON

March 9, 2009 was the beginning of an 11-year bull market in stocks. On that day, I was sitting in front of my computer in my office, at the time in Conway. There was panic in the markets, the S and P 500 index hit 667, before turning up that day. That was a point of capitulation which is a word that means “surrender.” During these times of capitulation and extreme fear is the time that you want to step in and buy assets that many people and institutions are trying to sell at any cost. This is a very difficult thing to do, but the professionals thrive in times that the average investor panics. Conversely when the equity(stock) markets are high and topky, these same investors want to buy at the top! I have addressed this “emotional” investing in other articles, but I am still fascinated with investor behavior. I can say that many people do not fall into this panic selling and marking a top buying, and that is hopefully a positive behavior that we have learned from experience!

If you have structured your portfolio with non or low correlated asset classes, which is very different from having different mutual fund names, and you have achieved true asset class diversification, you will be able to weather market corrections with less pain than if you were fully invested in

equity mutual funds from the same fund family. I am not saying that in recent weeks you would not have seen your portfolio down, but not with the same intensity as if you were not properly diversified.

The other issue is the lack of any cash or liquidity. It is ok to take a profit and hold cash for other opportunities. If you are fully invested, with no available cash, you would not have any dry powder to take advantage of volatile markets. Some cash is good!

Actively managed portfolios using low cost ETF's, stocks and bonds are going to offer more diversification, flexibility and control of taxes and timing than the all too often family of funds.

Yes, I have referenced funds a couple of times, but only because that is what is commonly found in many 401K's and 403B's. It is likely that you can stay in the plan however transfer assets to an IRA where you can take advantage of fee based active asset management. This is known as “in service distribution”. I would encourage anyone inside of five years of retirement to contact me about this method to customize your portfolio for the purpose of your needs. You may be surprised that it is more cost efficient and effective than staying in your current plans.

The bull market with low volatility has ended. Hopefully, what seems to be a volatile mess will end up being an opportunity to upgrade your portfolio to an actively managed portfolio that is designed with conviction and purpose!

*Mark patterson is a portfolio manager with MHP Asset Management LLC, and can be reached at 447-1979 or Mark@mhp-asset.com.*

## Send us your letters!

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## NORTH COUNTRY NOTEBOOK

### Racing the spring meltwater from logging camps to home



By JOHN HARRIGAN  
COLUMNIST

This is the time of year when men and grown boys left logging camps deep in the woods, and headed home to farms and families. In many cases, their wives and siblings had not seen them for months. Out of the wilds they came, clothes in tatters and famished for a home-cooked meal. The food in the camps was good, but not that good.

They came with hard money hard-earned, the lure that had drawn them to the woods. Farm families could produce few non-perishable goods that could survive the long trip to outside markets and earn hard money---maple candy, wool, honey. The logging camps were a siren song.

The suggestion of deception was earned. Scouts for labor often painted life in the camps as far better than it was. Work commenced with the time-honored cry, “Daylight in the swamp!”, and ended at



NEW ENGLAND HISTORICAL SOCIETY

A river hog with a pike pole on a long-log drive, with a batteau toward the far shore.

dark. Camps were not tall enough for a tall man to stand, to conserve heat. The men in camps, as Dough-boys would soon do in the trenches, raced bedbugs for sport. Swampers, fellers, and limbers were so tightly packed under long quilts in long bunks that everyone had to turn over at once.

Swampers cleared trails for horses and teamsters to skid logs out to shoreline piles. Fellers were the tough men who felled the tall trees. Limbers knocked the limbs off logs and hewed the sides smooth so they'd skid. And teamsters and horses did the skidding, the articulated skidders of yore.

+++++

In the spring, when the brooks and streams and rivers began shaking free of their bonds, and ice on lakes and ponds began to settle and crack, about two-thirds of the crew were sent home. The remainder stayed on for the drive---a few teamsters, the river hogs, and of course the cook and cookee.

The teams and teamsters stayed on to help break out the immense shoreline piles of logs, and then followed the drive to round up strays---logs stranded on meadows and shoals. The river hogs were the men herding, picking, shoving, dragging, and cursing the logs down the river. The cook and cookee were what made it all move.

The logging company's lawyers often followed right along behind the drive, paying farmers for damages to fields and fences, and towns for bridges and roads. Once in a while, they followed the letter of the law.

“River hog” was a term of endearment, sort of. Not for nothing did generations of families up and down major rivers hand down stories from when the drive and the river hogs hit town.

Some of the men, the true river hogs of the bunch, wore footgear with small spikes in the soles, known as caulked soles, or spiked boots. Like tightrope-walkers they carried long poles, with spiked tips for

pushing and pulling and nudging logs that needed a little encouragement down toward the mills. They hopped from log to log, rode them like canoes, tried to roll each other off, and occasionally did a little jig.

These were tough men and had to be, working in ice-cold water at one of the most dangerous jobs on earth. No wonder they had the devil-may-care attitude they did. No wonder some lost their lives on a dare, running rapids where no men and boats were supposed to be.

+++++

Andy Anderson was one of my favorite people. He came to New Hampshire's northernmost town of Pittsburg with the Civilian Conservation Corps---the famed “CCC” of Depression times---and decided to call the place home. He fit his adopted town like hand to mitten. Quite soon, he knew the old stories from the old men, the river hogs of yesteryear, as well as the men who told them.

In his later years, Andy worked for the state's old Forest Fire Service. One of the jobs he did was help maintain the trail and lookout's cabin on the summit of Magalloway Mountain, at 3,383 feet one of the North Country's higher peaks.

Andy was on my SEE **NOTEBOOK** PAGE A7

## STRATEGIES FOR LIVING

### A hint of things to come

BY LARRY SCOTT

Not since World War II has an issue gripped the international scene as has the coronavirus scare currently dominating our society. But something as common as the flu is threatening international lockdown, with business, commerce, the money markets, and tourism taking a hit from which it will take months to recover.

I agonize over a society that must live with uncertainty and fear, the victims of circumstances it cannot control. And rightly so. When everything seems to be out of control, with no clue as to how bad things may yet get, the fear is genuine. Italy is on lockdown, travel from Europe is on hold, the NBA season and other public events have been cancelled, and everyone who can is working from home.

Priority one at this time is to stay calm

and hold steady. We are in deep trouble and it is possible the worst is still to come, but to panic will solve nothing. It is imperative that we all take proper precautions, do those things we would normally do if the flu threatened our family, and adjust as necessary to a very uncertain future.

We tend to forget that we have been here before, and hopefully, a hint of things to come.

From the Editorial Board of the wsws.org Web site, this commentary on March 20, 2001.

“US stock market investors suffered their greatest ever one-week losses during the week of March 12-16. The Dow Jones Industrial Average experienced three sharp declines in five days, including a drop of over 400 points on Monday. ... The Dow Jones index fell below the 10,000 mark for the first time

in six months.”

And more recently, perhaps you remember the stock market selloff on Aug. 18, 2015. As per Wikipedia, “the Dow Jones fell 588 points during a two-day period, 1300 points from August 18-21, and on Monday, Aug 24, stock markets were down substantially, wiping out all gains made in 2015.” What seemed to be a crisis at the time pales by comparison with what we are going through at the moment, but it does give us another hint of things to come.

But as disturbing as we find the coronavirus pandemic to be, another “virus” has threatened us all, and this one is terminal. The Bible calls it sin. We have become alienated from God, chosen to live by our own standards, and when things unravel as they have at the moment, we forget there is crisis coming from which there will be no recovery.

Jesus put it this way: Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the one who can destroy both soul and body in hell.” That, too, is a hint of things to come!

I do not minimize the awesome threat the current crisis poses to our economy and to the lives of millions of Americans. But we will recover and become a stronger, more united people for having weathered the storm.

We are reminded, however, that when this is over we must yet deal with the most devastating threat of all. If we have not welcomed Jesus Christ as the Lord of our lives, sin will most certainly destroy us. The prognosis is death, but it need not be. “In Him was life,” my Bible says, “and that life was the light of men.”

America, it is time to get back to God!



# Art Association to offer photography class

TILTON — In its continuing goal to reach out to the community, the Lakes Region Art Association/Gallery is adding a number of new art and photography classes for the public. Their latest addition is a class on photography taught by award winning photographer, and a member of the LRAA/Gallery, Jay Fitzpatrick.

If you want to take better photos, understand your camera better and its various settings, this is Fitzpatrick's forte, and he's willing to teach you what he knows beginning on the morning of March 28, April 4, and the 11th, at the Lakes Region Art Association/Gallery, Tanger Outlet Mall, 120 Laconia Rd., Suite 132. His program is designed to give you a better understanding of how the selection of F-stops, shutter speeds, ISO settings and white balance effects your final images. In addition, you'll learn about various shooting modes, depth-of-field, motion blur, photo composition and photo editing software programs.

One-on-one discussions includes lenses, camera care, use of natural and artificial light, flash units, studio lighting and use of tripods. It'll be a hands on experience trying your skills at photographing a model on the second day of class where you'll learn about portrait lighting. There'll be home-



COURTESY  
"Heron in Flight" photo by instructor Fitzpatrick, one of the example images he captured by using the right camera settings. His three photography classes at the Lakes Region Art Association/Gallery are scheduled for March 28, April 4 and the 11th, at Tanger Outlet Mall, Suite 132, it will focus on how to become a better, more accomplished photographer, from a beginner to an intermediate. Classes are limited to the first 10 sign-ups.

work assignments too, helping you take better pictures and become a more creative photographer.

On the third and final day, students' images will be critiqued and discussed. The classes begin 8 a.m. until noon each day, and are limited to the first 10 sign-ups. To register, or for more information, E-mail [jall@tds.net](mailto:jall@tds.net) or call: 455-6595. The Lakes Region Art Association/Gallery is a non-profit organization dedicated to promoting art and photography and for the sale of art and photos produced by its members.

## LRSO concert cancelled

MEREDITH — The Lakes Region Symphony Orchestra is cancelling its March 28 concert at Inter-Lakes Auditorium. Further information will be provided as soon as it is available.

### INVITATION TO BID

#### REPLACEMENT OF EXTERIOR WINDOW PROJECT WAKEFIELD SCHOOL DISTRICT

The SAU #101 Office is soliciting bids for **Replacement of Exterior Window Project** for the WAKEFIELD SCHOOL DISTRICT. There will be a mandatory walkthrough on **March 20, 2020** at 10:00AM at the Paul School, 60 & 76 Taylor Way, Wakefield, NH 03872. Bid specifications can be obtained at the SAU #101 Office, the Paul School or the SAU #101 website: [www.sau101.org](http://www.sau101.org). Bids are due by 2:00PM, April 3, 2020, and may be mailed or delivered to the SAU #101 Office, 76 Taylor Way, Sanbornville, N.H. 03872. Bids are to be sealed and clearly marked, "Replacement of Exterior Window Project."

**E-mail, fax or other forms of the proposal will not be accepted. Proposals received after the closing date and time will not be accepted.**

**REJECTION/AWARD OF PROPOSALS:** The School District reserves the right to accept or reject any or all proposals, to negotiate with any or all Bidders, and to waive any informalities in the Request for Proposals process, and to enter into an agreement with the Bidder whom the School District in its sole discretion determines is in the best interests of the School District even though the Bidder may not submit the lowest bid or proposal. Bidders shall be responsible for any and all expenses that they may incur in preparing their proposals.

**WITHDRAWAL OF ANY PROPOSALS** is prohibited for a period of one-hundred eighty (180) days after the proposal due date.



### REQUEST FOR BIDS

#### Services in Town Parks and Other Town Properties for 2020-2022

The Town of Wolfeboro Parks and Recreation Department is seeking bids for the following services in town parks and other town properties:

- Clark Complex Painting of Buildings (2020)
- Parks and Recreation Pick Up Truck (2020)
- 4th of July Fireworks (2020-2022)

Details and complete bid packages can be obtained by calling Parks and Recreation

Director Christine Collins at 603-569-5639 or by emailing [parksdirector@wolfeboronh.us](mailto:parksdirector@wolfeboronh.us).

*The Town of Wolfeboro reserves the right to award the bid based on the best interest of the Town of Wolfeboro.*

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or [lori@salmonpress.news](mailto:lori@salmonpress.news)

## PET OF THE WEEK

# JOAN

Meet sweet Joan! Joan came all the way from Lubbock, Texas to find her forever family. She is a 2 year old boxer mix ready for adventure. Joan is currently learning quite a bit at our shelter. She is food motivated and willing to train! Currently Joan knows sit, down, is learning leash skills such as 'with me' aka heel, and loose leash walking. Joan would do best in an active adult only home as the only animal. If prospective adopters have another dog, we are happy to try them, however Joan has been a little over the top with her doggy friends. No cats for this sweetheart!





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Barbara Mary Paquette, 96

LACONIA — Barbara Mary (Bushen) Paquette, 96, passed away peacefully on Thursday, March 12, 2020. She had been a resident of Forestview Manor for the past three years.

Barbara was the second daughter of five, born to Frederick H. and Elsie E. (Huxtable) Bushen in Barnstable, Devon, England on Nov. 16, 1923.

Barbara came to New Hampshire in 1946 to marry Roger Paquette whom she had met in England when he was stationed there in WWII. During the war she worked for Royal Main and travelled around County Devon doing post office work. She and Roger were married over 70 years. He passed away in August, 2017.

Barbara became a U.S. citizen in 1960. Together, she and Roger raised five children. They were active mem-

bers of Sacred Heart Parish, now St. Andre Bessette Parish.

Barbara was active in many parish activities and was a long time Girl Scout Leader. At various times of her life she worked at Scott & Williams, N.E. Telephone and Laconia State School.

Barbara is survived by her children, Roger Paquette and his wife, Linda Kizer-Paquette of OR, Greg Paquette of Belmont, Antony Paquette, of Laconia, Sally Dowie and her husband, John, of Gilford, Stephanie Drake and her husband, Gary, of Sanbornton; three grandchildren, Andrea Drake, Allison Williams and Graham Dowie and their spouses; five great grandchildren; a sister, Sally Castle, of Pershore, England and many nieces and nephews on both sides of the Atlantic. In addition to her parents she was predeceased by

her husband and three sisters.

Family and friends were received from 9:30 – 10 a.m. on Monday, March 16, 2020 at the St. Andre Bessette Parish - Sacred Heart Church, 291 Union Ave., Laconia.

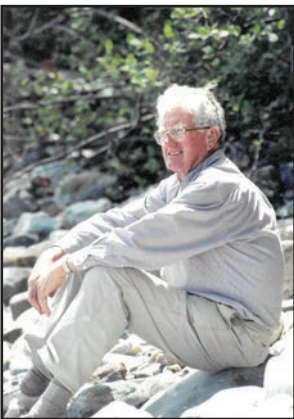
A Mass of Christian Burial will follow at 10 a.m., also at the Church.

Burial followed also on Monday, March 16, 2020 at noon at the New Hampshire State Veterans Cemetery, Boscaw-en.

For those who wish the family suggest that memorial donations may be made to a charity of your choice.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information to view an online memorial, go to [www.wilkinsonbeane.com](http://www.wilkinsonbeane.com).

Eric Charlton, 91



LACONIA — Eric Charlton passed away Tuesday, March 10 with his loving wife Beryl by his side at their home at Taylor Community in Laconia.

He was born April 8, 1928 in the village of Chopwell, a small mining village on the England & Scotland border. He was educated in both the Glasgow and Kings College Universities where he earned his degree in chemical engineering. While an officer in the Royal Air Force, he met the love of his life Beryl and they would go on to enjoy 64 years of marriage together filled with love, happiness and adventure.

After the birth of their daughter Ursula (a.k.a. Charlie), the adventures began with their emigrating to Montreal, Canada. They then spent a short tenure in Ohio where their son Pete

was born and then returned to Montreal for six years where they had their youngest son Paul.

The adventure continued with the move to the United States where Eric became a senior executive in a York, PA manufacturing firm. Much to his delight, his position led to travel throughout the world. In Pennsylvania, they raised their family, renovated an old farm house and enjoyed their passions for gardening, music, and family fun and adventures. An annual highlight was the family vacation week in Ocean Park, ME which continued for 60 years, right up to the summer of 2019.

As their children were finishing up college, Eric and Beryl took a leap of faith fueled by their sense of adventure. They left careers as an engineer and nurse practitioner and purchased an inn in rural Vermont. As owners of the Rabbit Hill Inn in Lower Waterford, they soon became an integral part of their new community and earned the reputation as the quintessential innkeepers. They delighted in helping their guests enjoy their vacation time, all the while making many dear friends.

After their memory-filled years at the inn, Maine was calling for them once again. On one such visit to the coast, on a particularly dreary, rainy afternoon, they decided quite spontaneously to purchase a home in Camden, the community of their dreams. Over the next 25 years there, they perfected their flower, fruit and vegetable gardening skills, creating gardens that were famous in their community. They loved long walks and during their many summers on Campobello Island they literally explored the entire island, quite often seeking out new wild berry patches to be used in the produc-

tion of a variety of delicious jams.

They were both dedicated members of the First Congregational Church of Camden, and are fondly remembered for kindness, good humor, gentle leadership qualities, and innovative ideas such as the founding of the Heavenly Threads Thrift Shop, and the creation of Soup's On, a community soup lunch program. Eric served as President of the Church, helping to establish the Shields Mission Project which provides assistance to individuals in financial crisis. For 10 years Eric also produced hundreds of jars of his now famous jams for the project's annual fundraiser.

In 2018, Eric and Beryl moved to the Taylor Community in Laconia in order to be near family and soon after would celebrate Eric's 90th birthday. Here, as always, they made friends and became involved in many community activities. Eric was an excellent piano player, with a great bass voice and loved playing (and singing) everything from hymns, to classical music, ragtime and show tunes. If he had any regrets about passing on, it was that he would have loved more time for more singalongs.

Family and friends will remember him as a joyful, kind, welcoming, thoughtful, fun loving man who truly enjoyed life and the people who surrounded him through the years. He is survived by his wife Beryl, children Charlie, Pete and his wife Carolyn, and Paul and his wife Kim Gustafson. He also left behind many dearly loved grandchildren and great grandchildren, many who came to know them as Daddy-O and Mommy-O.

A reflection service will take place at Taylor Community with a service at Camden Congregational Church in the spring. For those wishing to give a memorial gift, the family suggests The Shields Mission Project of the First Church of Camden, Maine or Central VNA and Hospice who provided such remarkable and loving care.

He was a great man, and will be missed by many.

Comfort Keepers

Home care tips for improving memory for seniors

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

For seniors with memory issues, receiving care while remaining in their home can further enhance their quality of life. This is true for those with minor memory problems that result from age or for those with Alzheimer's, dementia or other forms of memory loss. A familiar environment can reduce confusion and improve mental engagement, and being surrounded by beloved objects and memory cues can foster a sense of connection and peace.

For older adults, there

are some conditions that progress over time and have a significant effect on memory. However, lifestyle changes may help control memory problems and help seniors continue to remain independent at home with a little extra help from family or a professional caregiver.

- Mental exercise: Research has shown memorization helps keep the brain healthy. Learning how to play an instrument or fix a car, and even teaching others, strengthens the brain's circuits.
- Take a class: Formal education works the brain through the

learning process. For those that want to keep their mind sharp, many colleges and universities offer courses at low cost or for free to seniors.

- Socialize: Seniors who interact regularly with friends, family, and community are less likely to experience cognitive decline and can experience a better sense of overall wellbeing. Those who are unable to drive can enlist the help of family and friends to get to social engagements or seek the assistance of a caregiver.
- Get up and move: Exercise is a great way to help keep the mind sharp. Seniors that are interested in increasing their physical activity should consult with a physician before beginning an exercise program.
- Eat well: Good nutrition benefits the mind and the body. Healthcare professionals can suggest dietary guidelines and/or supplements that can help with memory issues.
- Believe in yourself: Scientists are not sure why self-efficacy seems to ward off mental decline, but it may have to do with a person's ability to manage stress.
- Organize the home: Creating to-do lists, calendars, dedicated spot for keys and items that

are often lost, and ensuring that things are put back after use can help those with memory issues feel comfortable and confident.

- Get enough sleep. Lacking sleep can contribute to memory loss, so seniors should take steps to improve their sleep.

Taking an active role in engaging the mind can help older adults continue to live with purpose, connection and joy. To learn how professional caregiving can help seniors stay active, social, and engaged, contact your local Comfort Keepers® office today.

About  
Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at [www.comfortkeepers.com/plymouthnh](http://www.comfortkeepers.com/plymouthnh) for more information.

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GILFORD

(Continued from Page A1)

Voters approved Article 7 for the five-year lease purchase agreement of \$250,000 for fire department air tanks and breathing apparatus and would put \$51,000 toward the first year's payment. The article passed 1,081-138.

The town will get a new ambulance with the passage of Article 8, which would put \$275,000 from the Ambulance Services Revolving Fund toward the purchase. Voters approved the article 1,010-183

The town will get a used roadside mower after Article 9 was passed with 898 in favor and 287 opposed. The article will put \$75,000 from the surplus fund balance to purchase a used roadside mower.

Article 10 will purchase a heavy duty pick-up truck with plow and accessories for \$125,000. Voters approved the article 938-248.

The passage of Article 11 will authorize the selectmen to enter into a five year lease purchase agreement for \$180,000 for a backhoe for Public Works. The article,

which passed 854-319 includes the agreement and \$40,000 for the first year's payment.

Article 12 will \$2,900 into the Police Dog and Training Capital Reserve Fund from surplus funds. The article passed with 1,019 votes in favor and 181 against.

Article 13 was passed 942-239 and will put \$10,387 into the Technology Capital Reserve Fund with funds coming from cable franchise technology grants deposited into the general fund during the 2019 financial year.

In a vote of 982 in favor and 192 against, Article 14 will put \$20,000 from surplus funds into the Building Repair Capital Reserve Fund.

The town will establish a new Public Works Building Capital Reserve Fund with the passage of Article 15 for the evaluation, design, and construction of a new Public Works building. Article 15, which passed in a vote of 792-416, will also deposit \$50,000 from the surplus fund balance into the fund.

A number of articles to put money into differ-

ent capital reserve funds passed. Article 16 will put \$25,000 into the Fire Water Supply Maintenance Capital Reserve Fund (1,024-159), Article 17 will deposit \$17,000 into the Recreation Facilities Maintenance CRF (857-342), \$10,000 will go into the Facilities Maintenance Fund under Article 18 (962-235), \$100,000 will go into the Fire Equipment CRF under Article 19 (1,020-174), and Article 21 will put \$10,000 into the Sewer Maintenance CRF (1,000-196). The funding for all of these articles would come from the surplus fund balance.

The passage of Article 20 will put \$58,000 into the Lakes Business Park Capital Trust Fund as per the intermunicipal agreement for the park, money coming from the surplus fund balance. The article was approved with 880 in favor and 303 against.

Voters approved Article 22 that would use \$6,500 to comply with a request from the Department of Environmental Services to investigate the source of PFOA and PFOS compounds in the

municipal drinking water supply. The article is not recommended by the selectmen and the Budget Committee. Town officials have said this is an unfunded mandate from the state and voters rejecting the article would send that message to the state. The voters ended up approving the article in a vote of 714 in favor and 470 against.

Voters also approved a number of articles giving money to different area nonprofit organizations that also serve Gilford residents.

Article 23 will put \$10,000 toward the operation of the Laconia Area Center of Community Action Program (801-470). Article 24 will help support New Hampshire VNA and Hospice with \$23,500 851-347). Lakes Region Mental Health Center will receive \$21,000 in support from the town under Article 25 to help offset the portion of charitable emergency care that was given to Gilford residents in 2019 (812-372). Article 26 will help support New Beginnings Without Violence & Abuse with \$2,660 (817-371).

RESPONSE

(Continued from Page A1)

put in place to provide special education services and plans as well as accommodations for disabled students under 504 plans. The plans will be delivered to each individual parent and guardian of students receiving these services.

The district is working with Gilford Got Lunch to provide food for kids in need while they don't have access to meals at school.

"We want to be a support for families that need help navigating these new realities," Beitler wrote.

In the meantime, the SAU and school offices will be open and the district will update its office hours. People are asked to call ahead before coming to any of these offices.

Beitler advised families to take care of themselves in this ongoing situation.

"These are uncertain times in our world, please take time for yourself," Beitler wrote. "Do things

with your children that are normal and consistent; watch movies, read books, play board games or get outside to exercise. Take care of each other."

The Gilford Public Library announced it will cancel all programs for the month of March but will remain open for circulation only. Patrons can pick up reserved books, return materials, and do some light browsing of materials but they will not be allowed to stay in the library for a prolonged time. People can renew materials over the phone for anyone who wishes to stay at home. The library also "has steps beyond regular practices" to keep the library and its materials clean and sanitized.

The Gilford Youth Center will be closed all this week starting on March 15. GYC programs, facility rentals, Lakes Region Elite basketball, and team practices will be canceled that week.

LEADERSHIP

(Continued from Page A1)

thors and their books.

From Gilford, it was off to Lakes Region Community College (LRCC) where the students of the Culinary Arts Program hosted a delicious Middle Eastern buffet lunch for the group prior to their next visit to the Huot Career and Technical Center. At the Huot, Director Dave Warrender and Coor-

dinator Paul Robdau split the group in two for in-depth tours of the facility following Warrender's words of welcome and introduction to the Huot and its role in educating area students for worthwhile careers and success. Returning to LRCC, President Larissa Baia introduced a three person panel of students who

described their experiences at the Community College with an emphasis on job preparation and the affordability of a college education at LRCC. A tour of LRCC's facilities, including the student apartment complex concluded the day.

"This was a jam-packed day for our class," said Program Coordinator Jennifer McLean.

"We are especially grateful to Northeast Delta Dental which sponsored the day financially for us and made it possible. We take great pride in

tapping the job skills and experiences of our graduates to return as guest speakers. For Educational Issues Day, besides Karen Switzer, Bob Champlin, Kirk Beitler, Larissa Baia and Dave Warrender are all Leadership Lakes Region graduates," McLean added.

McLean was aided in the planning of the day by last year's graduates Amy Mavris, Todd Calder, Emily Ferrer and Larissa Baia. Next up for the leadership group is Health Issues Day in April sponsored by LRGHealthcare.

NOTEBOOK

(Continued from Page A4)

short-list of people to call when I needed an excuse for a story somewhere back in the woods. So it was that I called him one day back in the early 1970s, when I was working for the New Hampshire Sunday News, and said "Andy, I need an excuse to get into the woods."

There was silence for a heartbeat or two--maybe Andy, putting thumb to pipe--and he said "Sounds like a trip to Sheehan's."

So into Sheehan's Flowage we went, hauling grub and gear into a camp far behind First Connecticut Lake. It was one of

Andy's several homes away from home, and as soon as we hung up our packs and hats, it felt like mine.

(For readers pining for more about the early and innovative days of logging, I highly recommend Robert Pike's companion books, "Tall Trees, Tough Men," and "Spiked Boots," available at finer book stores everywhere.)

*(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)*



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# Plymouth Community Guide

**Published end of April 2020**

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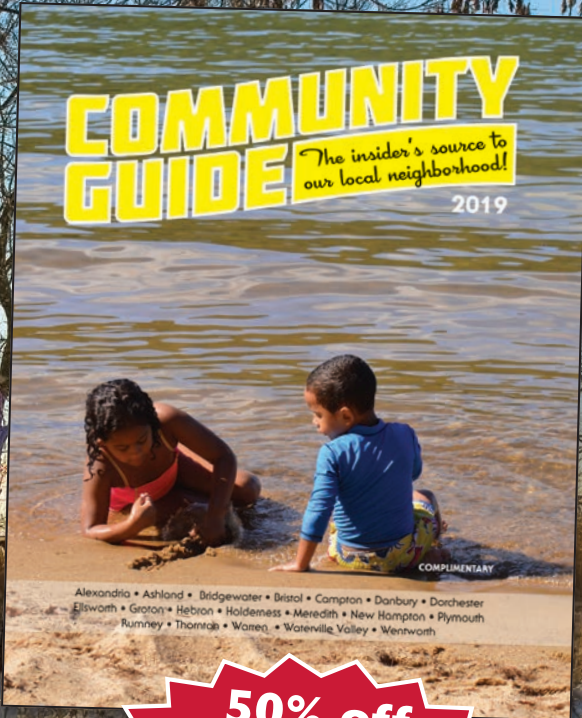
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# 5 reasons why summer camp is a good choice for kids

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those

final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But

many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year ends.

Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are five reasons why summer camp might be the right fit this year.

**1. Explore talents.** Summer camps help young people explore

their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

**2. Physical activity:** Lots of camps build their itineraries around physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This can be a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health benefits and can set a founda-

tion for healthy habits as an adult.

**3. Gain confidence.** Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

**4. Try new things.** Camp gives children the chance to try new things, whether that's learning to cook, exploring new environments

or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

**5. Make new friends.** Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.

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## Factors to consider before choosing a summer camp

Adults often look back fondly on their childhood experiences at summer camp. Camps can provide the opportunity to form lifelong friendships and discover rewarding hobbies that can enrich campers' lives for decades to come.

Choosing a summer camp is no small task, as the options at families' disposal range from overnight camps to weekday afternoon camps to camps that specialize in certain programs, such as music or dance. Cost also is likely to factor into families' decisions, as the American Camp Association notes that cost can vary greatly depending on which camp families choose. For example, the ACA notes that the

average daily fee at a resident camp is \$85, while the same fee at a day camp is \$43.

When looking for a summer camp for kids, families should make the decision together. Kids should be involved in the selection process, as they're more likely to have an enjoyable camp experience if they had a say in where they will be spending their summers. The following are some factors families should consider as they look for summer camps, courtesy of the ACA.

### Kids' interests

The ACA urges parents to consider the child's interests and personality before choosing a summer camp. Parents might want their chil-

dren to attend the same summer camp they visited as youngsters, but each child is different. Just because mom and dad liked a particular camp does not mean their children will. The ACA notes that summer camps should align with children's interests and maturity level.

### Locale

Locale may only be a consideration for families considering overnight camps. Kids will likely be familiar with the locations of local day camps, but overnight camps might be set in mountain ranges, near the ocean or envi-

ronments less familiar to youngsters. Kids who love the ocean might benefit from oceanfront camps that focus on marine biology, boating or other activities involving the water. In the same vein, youngsters who like camping and hiking might be more likely to embrace camps located in mountainous regions.

### Session length

Camps may last as little as one week or up to a couple of months. Session length should be considered by families looking at both local day camps and overnight resident camps. Parents who want their chil-

dren to enjoy a largely schedule-free summer might not want to commit their children to lengthy camp sessions, even if those sessions are close to home. If parents think their children can benefit from the same structure they're accustomed to during the school year, then

an overnight camp that stretches for several weeks might be what they're looking for.

Summer camps give kids a chance to make memories that will last a lifetime. Choosing the right camp is an important decision that parents and kids should make together.

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# Prescott Farm strives to create nature connections for all

LACONIA – Finding engaging and fun activities for youngsters during school vacation can be a challenge, especially for families with limited financial resources. That’s why Prescott Farm is pleased to remind local residents that scholarships for WildQuest Vacation Camps are available.

Prescott Farm invites campers age six to 12 for a week full of unforgettable experiences exploring the natural world. WildQuest Spring Camp takes place during New Hamp-



COURTESY  
(Right) Generous funders such as the Laconia Rod & Gun Club and Auxiliary (pictured) know that connecting youngsters to the great outdoors can be the start of a lifelong love of nature. WildQuest Spring Camp will take place at Prescott Farm April 27 - May 1.

shire schools’ April Vacation week, April 27 – May 1. Campers will make connections with wildlife and nature through activities like vernal pool exploration, gardening, nature walks, birdwatching, arts & crafts, and more!

Applications for full- and partial tuition scholarships are available through the camp registration website. Because connecting youngsters to the great outdoors can be the start of a lifelong love of nature, many funders partner with Prescott Farm to make these scholarships possible.

Camp Director Jacob Newcomb looks forward to welcoming campers this April. “Our WildQuest day camps are by experienced environmental educators,” Newcomb said. “Our goal is to foster an appreciation and understanding of the natural world, and by extension, camper’s own place in it.”

Please note: In the event that WildQuest Spring camp needs to be canceled because

of COVID-19 concerns, families will be refunded prepaid tuition.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit [www.prescottfarm.org](http://www.prescottfarm.org).

## After-school sailing scholarships announced for kids and teens

Local youths, with or without prior sailing experience, will have the opportunity this Spring to experience the joy and challenges of sailing in a local after-school program.

Offered by the Lake Winnepesaukee Sailing Association (LWSA), these classes will focus on the basics of sailing, wind, boat handling and safety. Classes are taught by nationally certified instructors in Optimist dinghies, 420 collegiate boats, Open Bic sailing dinghies, and Sonars. Each session will incorporate on-land instruction along with hands-on water skills develop-

ment.

Youths of all abilities, ages 8 – 16, are welcome, from beginners to experienced sailors, and will be grouped by age and ability. This program is offered at a discounted rate of \$99 per person. Financial assistance is also available; please inquire in confidence at [sailing-school@lwsa.org](mailto:sailing-school@lwsa.org). Nobody will be turned away because of inability to pay!

Session One: May 26, 27, June 1, 3 4 - 7 p.m.

Session Two: June 8, 10, 15, 17 4 - 7 p.m.

Location: Dave Adams Memorial Sailing Center, 25 Davis Rd.,

Gilford

Tuition: \$99 per student

Info: Click [www.lwsa.org/after-school-sailing](http://www.lwsa.org/after-school-sailing) or email [sailing-school@lwsa.org](mailto:sailing-school@lwsa.org) with all your questions.

There will be a swim test the first day. Life jackets are required - the fitted vest style. Please let us know if you need to borrow one for the program. Advanced registration is required. Registration will open April 1 at [www.lwsa.org](http://www.lwsa.org).

The Lake Winnepesaukee Sailing Association, a 501.c3 nonprofit, was founded in 1988

to promote sailing on Lake Winnepesaukee. The primary purpose of the association is to operate a youth sailing school in Gilford. We also promote organized sailboat racing and cruising on the lake, including a one-design J/80 racing fleet. Our mission is to promote and expand participation in the sport of sailing and in doing so to remove barriers of knowledge, financial means, disability and age. In carrying out our mission we pledge to foster safety, self-confidence, teamwork, honesty, positive sporting values, and an appreciation for our environment.

Ad

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BOB MARTIN

Logan Hughes celebrates with a victorious cheer after the Golden Eagles win the semifinal game against Hopkinton. Also shown is Alex Cheek, middle, and Adrian Siravo, right.



BOB MARTIN

Connor Sullivan had 13 points in the win for the Golden Eagles.

## Golden Eagles win semifinal game, title tilt in limbo



BOB MARTIN

Riley Marsh brings the ball up the court for Gilford against Hopkinton.



BOB MARTIN

Adrian Siravo squared off against Kevin Newton-Delgado in the Division 3 semifinals.

BY BOB MARTIN

Bob@Salmonpress.news

KEENE – The top ranked Gilford High School boys' basketball team traveled to Keene State College last Monday for the semifinal matchup with fourth-seeded Hopkinton, and while Hopkinton was within 10 points in the final quarter, the Golden Eagles were able to hold on for a big 53-40 win to advance to the Division 3 championship game.

The win was a great matchup between two of Division 3's top players in Adrian Siravo and Kevin Newton-Delgado. Each player brought their A game against each other in what was a

rematch from a tight regular season comeback win for the Golden Eagles, but Siravo's Golden Eagles were on point in the win and led the whole way.

The Golden Eagles held a 30-18 lead at the half and had as much as a 17-point lead at one point. Hopkinton shot the ball better in the half at 44 percent compared to Gilford's 34.4 percent, and also had two more rebounds in the half. However, Gilford's defensive effort led to 14 Hopkinton turnovers compared to just three for Gilford in the half. The Golden Eagles were also 4/8 from downtown compared to just one out of two three-pointers made by Hopkinton.

Siravo led all scorers with 14 points at the half.

Gilford picked up where it left off in the third quarter with a three by Connor Sullivan, followed by two free throws made making it five early points in the quarter for Sullivan. However, Hopkinton would go on a 14-0 run to make it a three-point game before Sullivan hit a three-pointer at the buzzer to quiet the Hopkinton fans and make it 38-32 going into the final quarter.

The fourth quarter

started sloppy with a pair of turnovers for both teams in the opening minutes, as well as a big blocked shot by Hopkinton. After a Hopkinton free throw made, Siravo turned it up to high gear with a pair of layups, including one with an ankle breaking spin move to get to the hole. Jalen Reese made a pair of free throws to make it a 44-33 game, but then Hopkinton brought it within nine points with a pair of free throws. While Hopkinton didn't make things

easy for the Golden Eagles down the stretch, Gilford was able to hit the right shots, make the defensive stands needed and drain foul shots to hold on for the victory.

Siravo led the team with 19 points in the victory and Sullivan added 13 points. Riley Marsh added seven points and Reese had six points in the win.

Unfortunately for the Golden Eagles the chance to be crowned state champion was put on hold with Coronavirus worries suspending

all games the rest of the season, which included the state championship matchup between Gilford and second-ranked Masconnet. The NHIAA put out an e-mail announcing the postponement, and whether or not the game will be made up is in question as schools have also been forced to close their doors for the foreseeable future.

Stay tuned for end of season accolades for the Golden Eagles in the upcoming issues of the Gilford Steamer.



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# Stow wins Meet of Champions

BY BOB MARTIN

Bob@Salmonpress.news

ANDOVER – The Nordic Meet of Champions was held this past week at Proctor Academy and Gilford High School racers did very well against the top skiers in the state, including a pair of wins by Cat Stow.

In the classic race, Stow came in first place with a time of 10:54.8. The closest racer behind her was Emma



BOB MARTIN  
(Right) Cat Stow took first place at the Meet of Champions in both the classic and freestyle races. The race put Stow at the top of the pack among the best skiers in the state in Divisions 1 through 4.



Rothe of Hopkinton with a time of 11:21.9.

In the freestyle race, Stow was also first with a time of 10:21.8. Once again, she was in front of Rothe, who posted a second place time of 10:35.3.

In the boys' classic race, Mitchell Townsend nearly captured the win with a second place time of 9:29.6. He was less than three seconds behind Noah Phipps of Hanover, who took first with a time of 9:26. In the classic race, Townsend placed fifth with a time of 9:42.2.

BOB MARTIN  
(Left) Mitchell Townsend had a second and fifth place finish at the Meet of Champions last week.

## Locals shine at Special Olympics Winter Games

BY JOSHUA SPAULDING

Sports Editor

WATERVILLE VALLEY — A number of local athletes took to the snow at Waterville Valley Resort to kick off the month of March for the annual Special Olympics New Hampshire Winter Games.

### Granite State Adaptive

For the Granite State Adaptive team, Michael Foy finished first in division three for Super-G in 37:33 and was second in division two in the giant slalom in 1:14:73.

Hunter Sampson was first in division 11 in the Super-G in 43:49 and was second in division 15 in the giant slalom in 1:34:57.

Cynthia Verrill finished first in division seven in the super-G in 51:26, was second in division seven in the slalom in 2:14:25 and was second in division 10 in the giant slalom in 2:08:39.

### Pemi-Baker River Rats

Joshua Gardiner finished third in division 16 in the giant slalom in 2:25:89 and was third in the Super-G in division 12 in 59:35.

Brandon Lawson skied to second in division three in the slalom in 1:38:93, was fourth in division three in the giant slalom in 1:42:58 and was sixth in division

three in the Super-G in 43:53.

Desirae McCoy finished in sixth place in division nine for the slalom in 1:00:16, was eighth in the Super-G for division nine in 35:52 and was seventh in division 13 for the giant slalom in 1:19:32.

Shenice McCoy won the slalom for division nine in 50:04, was second in the Super-G in division nine in 31:64 and was second in division 13 in the giant slalom in 1:09:22.

Jeremiah Stevens finished in fourth in the division 17 giant slalom in 74:03, was fifth in division 15 in the slalom in 1:32:64 and was fifth in division 15 in the Super-G in 36:56.

Lyndsy Stevens placed second in division three in the giant slalom in 1:33:39 and was fourth in the Super-G in division three in a time of 39:70.

Shawnee Stevens was first in the division three slalom in 1:34:87, was first in the division three giant slalom in 1:21:38 and was third in the division three Super-G in 39:34.

### Team Gunstock

For Gunstock, Jayson Bruno was third in the division eight giant slalom in 1:41:39, was fifth in division 21 in the slalom in 1:31:04 and was fourth in the Super-G for

division 21 in 59:93.

Jacob Chick was second in the division 19 slalom in 1:09:22, placed third in the division 19 Super-G in 47:48 and placed third in division six giant slalom in 1:24:57.

Nathan Chick won the division 19 slalom in 1:07:14, won the division 19 Super-G in 43:41 and placed second in the division six giant slalom in 1:20:25.

Brendan Curry finished first in the division four snowboarding slalom in 1:25:96, placed second in division one snowboarding giant slalom in 1:38:03 and was second in division four snowboarding Super-G in 56:81.

Laura Davies finished in sixth place in division 15 giant slalom in 2:23:26 and was sixth in the division 11 Super-G in 1:12:30.

Jaime Evans was fourth in the division 16 giant slalom in 3:14:50, was fourth in the division 12 slalom in 1:46:41 and was fifth in the division 12 Super-G in 1:24:78.

Mandi Evans was third in the division 11 slalom in 1:42:58, was fourth in the division 15 giant slalom in 2:17:98 and was seventh in the division 11 Super-G in 1:12:47.

Matthew Fink placed fourth in the division 15 slalom in 1:31:51, was

fourth in the division 14 Super-G in 34:38 and was fifth in the division 17 giant slalom in a time of 78:30.

Ben Fisher won the division 14 slalom in 1:01:29, was second in the division 14 Super-G in 36:62 and was third in the division 12 giant slalom in 1:19:01.

Christina Gladding placed seventh in the division 15 giant slalom in 3:33:36 and was eighth in the division 11 Super-G in 1:38:55.

Andrew Long was fifth in the division nine giant slalom in 3:48:75, was third in the division 22 slalom in 2:37:22 and was fifth in the division 22 Super-G in 1:30:64.

Rebecca McLaird was first in the division 22 slalom in 1:25:69, was second in the division 22 Super-G in 54:98 and was second in the division nine giant slalom in 1:46:38.

Hayden Meredith skied to fifth in the division nine Super-G in 33:11 and was eighth in the division nine slalom in 1:06:18.

Jeremy Nason was first in the division eight giant slalom in 1:38:77 and was first in the division 21 Super-G in 50:71 and finished third in the division 21 slalom in 1:25:43.

Erin Rouillard was fifth in the division seven giant slalom in 1:40:82, placed third in the division 20 slalom

in 1:22:98 and was seventh in the division 20 Super-G in 57:57.

Andre Saranglao was sixth in the division one giant slalom in 1:09:67.

Dominic Sirois finished fourth in the division 19 slalom in 1:16:51, finished sixth in the division 19 Super-G in 50:81 and was sixth in the division six giant slalom in 1:37:42.

Normand Sirois placed second in all three events, finishing in 1:16:76 in the division 18 giant slalom, in 1:32:13 in division 16 slalom and crossed in 36:15 in the Super-G for division 16.

Kristin Tower placed first in the division 10 Super-G in 41:12 and was third in the division 14 giant slalom in 1:37:69.

Nate Webb finished sixth in the division 20 slalom in 1:23:66, was sixth in the division 20 Super-G in 56:12 and was eighth in the division seven giant slalom 1:50:57.

### Waterville Valley Coyotes

For the Waterville Valley team, Alex Bond was fifth in the division one giant slalom in 1:09:54 and was fifth in the division one Super-G in 45:10.

Domenic Brown was first in the division seven giant slalom in 1:37:96, was first in the division 20 Super-G in

50:51 and placed second in the division 20 slalom in 1:18:30.

Donnovan Cahill finished third in the division 20 Super-G in 53:54, was fourth in the division seven giant slalom in 1:39:96 and was seventh in the division 20 slalom in 1:23:71.

Mackenzie Cullen finished second in all three division one events, crossing the line in 14:95 for the 10-meter glide, finishing in 31:42 for the 10-meter walk and finished in 32:19 in the 25-meter super glide.

Maeve Flack was first in the division 20 giant slalom in 1:32:93, was first in the division 18 slalom in 1:43:24 and was second in the division 18 Super-G in 39:51.

Matthew Michaud was first in all three of his races. In the division 18 giant slalom he finished in 1:12:23, in the division 16 slalom he finished in 1:28:38 and in the division 16 Super-G he crossed in 34:10.

Zoey Rose Sikorovsky placed second in all three of her events. In the division eight giant slalom she finished in 1:39:83, in the division 21 slalom she finished in 1:23:87 and in the Super-G for division 21 she finished in 58:66.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## BCSA hosting corned beef dinner tonight

GILFORD — A corned beef dinner with all the fixings will be held at the Belknap County Sportsmen's Association clubhouse on Lily Pond Road on Thursday, March 19, at 6 p.m. A New England boiled dinner with corned beef, cabbage, potato, turnip, onions, carrots and homemade Irish soda bread will be served.

Jared and Kelly Irwin will giving an after dinner talk on "Hunting With Hounds." This will be a power point presentation discussing what goes into the training

of making a hunting dog as well as the care that they require. They will also be bringing a few of their dogs that will interact with the audience. On display will be gear used when hunting with dogs as well as animal hides.

The Irwins live in the Berlin area with their son, Reid. Jared Irwin works for New Hampshire Fish and Game and has been at the Berlin Fish Hatchery for 16 years with a designation as Fish 2. They have hunted in a number of states including Vermont, Maine, Virginia and

Montana. They use their dogs to track down nuisance bears for the state of New Hampshire, which are then tranquilized and relocated. Maine has utilized their services to track collared bears who left their dens early in the spring before their batteries have been replaced.

Join in for an evening that will be both informative and educational on a subject most know little about.

Admission is open to all club members and the community at large. Water and soda will be provided.



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Allison Carr takes a shot for the Golden Eagles.

BOB MARTIN



BOB MARTIN

Vanessa Flanders is expected to be a big part of the Golden Eagles next season. She played both varsity and JV as a freshman this year, and led the JV team to a 16-1 record.

# Solid season in the books for Gilford girls



BOB MARTIN

Shelby Cole was a 1,000-point scorer over four years playing for Gilford High School.

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – While there were question marks to start the season for the Golden Eagles, coach Rick Forge was pleased with the performance of the Gilford girls’ basketball team, who posted a 13-5 record and finished sixth in the division.

Forge said the team’s goals were to improve off the previous season and make it to the playoffs for the 15th straight year. These goals were met, and much of this was due to playing its best basketball during January before the team was plagued by injuries.

“We had trouble generating offense late in the season and that proved to be a big downfall for us,” Forge said. “We just didn’t develop a consistent second option for scoring when Shelby (Cole) was getting double teamed. All that being said we exceeded the expectations of many. We had one of the toughest schedules in D-3 as we played 17 different teams during the season and we were the only team that actually played all 13 other tournament teams.”

Forge added that he is hoping rivalries in the Lakes Region can be re-established, noting that presently Gilford only plays Belmont in a home and away series.

This year’s team was led by Cole, who was the top scorer in Division 3 at 17.6 ppg. She also had 4.3 assists, 4.7 steals and 3.4 boards per game. Cole finished her career with 1,062 total points in what was a great four years with the Golden Eagles.

“Shelby Cole had a great season and a great career,” Forge said. “She was our go to player all season and drew the most defensive attention

from opponents. She still managed to lead not only the team in scoring but also all of D-3 in scoring. She leaves Gilford being only the third player in history to achieve the 1,000 point level. Her late season injury hampered her but she gutted it out and was a valuable asset.”

Kate Sullivan had a big season, showing that she could be a force on the glass and on defense. Sullivan averaged 7.4 points, 9.2 rebounds and 3.5 blocks. Her 72 blocks were a school record. Forge said she improved immensely throughout the season, recording four double/doubles and leading the team in blocks and rebounding.

Abigail O’Connor had 6.1 ppg, 8.3 rebounds and 2.6 blocks. She set a school record with eight blocks in a game. Allison Carr had 6.4 ppg, 3.1 assists and 2.4 steals in what was a solid all around season. Abby Warren had 5.2 ppg and 7.4 boards after returning from a knee injury for the final seven games.

Vanessa Flanders is a player to watch for the future. In her freshman year, where she also played JV, she averaged 4.8 points at the varsity level.

“Vanessa Flanders will return as the point guard next year, having led the JV team to a 16-1 record and a tournament MVP at the JV tournament,” Forge said.

Other statistics included Maura Hughes with 3.5 ppg, Maegan Shute with 2.0 ppg, Tea Rodney with 2.2 ppg and Gwen Knipping and Kyla Mercier recording 1 ppg.

The team loses five seniors this year to graduation. Forge said Cole was a great competitor and leader who always wanted to be on the court. She was great with

younger players to make them better, he said.

O’Connor came a long way since her freshman year, he said, as she grew as a player as well as a person. Warren sat out much of the season, but served as a great role model student and athlete with a desire to succeed. Forge said “she un-

derstands the big picture of sports.” He said her character she brought to the team is something you can’t replace.

Mercier was described as one of the hardest working players on the team. He said her commitment is unquestioned and she showed a level of sportsmanship



BOB MARTIN

Gilford High School seniors pose with their families during a pre-game ceremony earlier this season. Seniors are, left to right, Abby Warren, Abby O’Connor, Gwen Knipping, Kyla Mercier and Shelby Cole.

## Well, that was one heck of a week

### SPORTING CHANCE



By JOSHUA SPAULDING

of fellow podcast fans, I got the e-mail from the UNH band director that the Ireland trip was cancelled due to the travel restrictions being placed on people coming into the country.

While this was obviously disappointing (and tough to swallow since we likely won’t get most of our money back), it was the right decision. While Ireland has not been a hot-bed for the pandemic, it would be a lot of trouble when we tried to come back into the country.

Also while I was in California, Joe Souza kept me updated on the Kennett hockey team’s semifinal win, earning them a chance to play in the finals.

Later that night, things were bad on my television screen, as my favorite Survivor player of all-time, Boston Rob, was voted off of the island, following the removal of my preseason winner pick, Tyson Apostol a week earlier and sentimental pick trip to Florida was off, since the school district cancelled all out-of-state trips. So, I now

home and as I was driving home, I got notification that the NHIAA was postponing games that evening.

By the time I got home, word came across that the weekend’s tournament games, which included the Kennett boys’ hoop team and hockey team playing in tournament games, would be played without large audiences. The NHIAA announced that each player would receive four tickets and the facilities would be open only to the media, coaches, players and those given tickets.

That all changed on Friday morning, when word came down that all weekend games were suspended indefinitely.

While it was a surprise, the NHIAA has to keep the safety of all students, coaches and spectators in mind and taking the weekend to determine their next step was the right move. I am incredibly hopeful that the winter athletes will get a chance to play their tournament games but I am not terribly optimistic at this point.

Also on Friday, Kennett AD Neal Weaver let me know that the Kennett baseball team’s trip to Florida was off, since the school district cancelled all out-of-state trips. So, I now

have a good amount of Southwest credits if I want to fly somewhere, but I had to eat the hotel cancellation fee.

And later on Friday, Rob Has A Podcast cancelled the scheduled April 1 live event in New York City, meaning my month of travel resulted in just one trip out of the planned four different trips.

It’s definitely a tough situation and I understand the reasoning for caution in the sports world, but I have to admit, it’s going to be weird not having sports on the television most nights. And it might be tough filling sports pages without much sports.

However, we will push on. If there are any stories out there, feel free to give me a call.

Finally, have a great day, Phoebe VanScoy-Giessler.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*





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**Call our toll-free number 1-877-766-6891**  
and have your help wanted ad in 11 papers next week!





# CLASSIFIEDS

For Advertising Call (603) 444-3927

### OCEANFRONT COTTAGE RENTALS

**TYBEE ISLAND, GEORGIA**  
Year-round short-term rental  
1-bedroom unit overlooking ocean in a gated community with pool and walkway to beach. Sleeps 4 adults and 2 children.  
Watch dolphins at play, freighters, pelicans and fishing boats.  
Prices vary. Contact Oceanfront Cottage Rentals at 912.786.4004 or [www.oceanfrontcottage.com/listings/218-bay-breezes](http://www.oceanfrontcottage.com/listings/218-bay-breezes)

**PRINCE EDWARD ISLAND, CANADA**  
Summer / Fall Weekly Cottage Rental  
2-bedroom newly constructed oceanfront cottage that sleeps 6. Sweeping views of the pond, ocean and lighthouse.  
Enjoy kayaking, bicycling and beach walking. \$900/wk. Contact Scott at 603.254.5032 or [scottm@plymouth.edu](mailto:scottm@plymouth.edu)



### SUD'S N' TRIM PET GROOMING & BOARDING

Your Best Friend's Dog and Cat Salon  
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**All Breeds Welcome!**  
27 Years Experience. Satisfaction Guaranteed!!  
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Look us up on Facebook 

**Clifford's Dog Club**  
**BOARD YOUR PUP WITH US!**  
Book Spring & Summer Vacations now! **DAYCARE** for your pup: 3 playgrounds, indoor arena, adventure trail hikes like no one else with mountains and streams. Your pup gets to run off leash on miles of trails. Play areas for small & large dogs. Weight loss program available.  
*"A Tired Dog is a Happy Dog!"*  
**Join Us for a Walk!**  
Please Call or Text: **603-455-6977**

### Personal Care Attendant

Granite State Independent Living  
  
Tools for Living Life Independently

GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.  
\* A background check is required.  
GSIL is an EOE

### LANDSCAPING HELP WANTED

**Carroll County Landscape**  
Apply now! Openings for year-round and seasonal positions. Successful design, installation, maintenance and gardening landscape company with over 35 years in the beautiful lakes region has opportunities for motivated men and women who love plants and the gratification that results from creating and maintaining beautiful landscapes.

Join our team of dedicated individuals. \$15-\$22 per hour and benefits. For more information email resume to [cclinc@metrocast.net](mailto:cclinc@metrocast.net) or contact our office at 569-2013  
[carrollcountylandscape.com](http://carrollcountylandscape.com)

### HELP WANTED

**MOUNTAINSIDE LANDSCAPE INC.**  
is seeking a full time employee. Must have a CDL and be able to obtain a medical card. Experience running heavy equipment a plus. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email [mtnsidelandscap@roadrunner.com](mailto:mtnsidelandscap@roadrunner.com) to set up an interview.

### FOR RENT

Large 2 bay bus garage on 0.5 acres of land.

Asking \$1800/month.  
Call 603-548-4483.

### HELP WANTED

**BLACK DIAMOND BARGE CO.**  
is seeking a full time employee. Experience driving a barge and knowledge of Lake Winnepesaukee a plus. Must be able to run heavy equipment. Must be able to obtain a NH Boaters license and a medical card. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email [blackdiamond-barge@roadrunner.com](mailto:blackdiamond-barge@roadrunner.com) to set up an interview

### HELP WANTED PAINTING

*Peter Cavanagh LLC*  
**PAINTING** 

Peter Cavanagh Painting LLC is looking to hire experienced painters for very busy and growing business

Great pay, great working environment in the beautiful Lakes Region.

**Give Pete a call at 603-832-8092**

**Call our toll-free number 1-877-766-6891**  
and have your ad in 11 papers next week!

### For Sale ~Moving soon!~

Upright, freezer, frost-free

Entertainment Center 7' X 9

Large Maple Buffet 5'x 5'

Hide-a-Bed, Wing Chair, Dolls

Other household items

**Call 603-569-2244**

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Get Read,  
GET RESULTS!

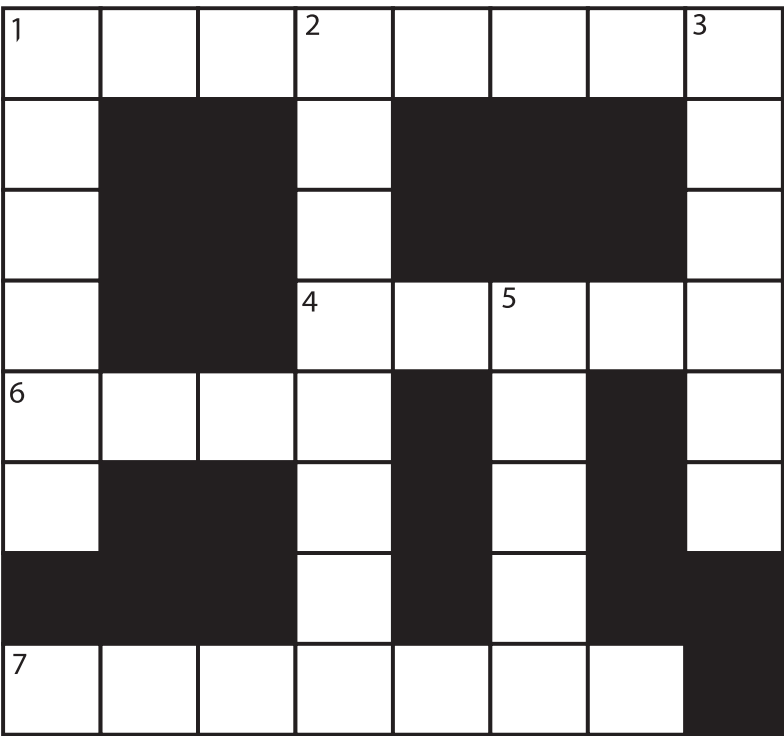


News, really close to home





Crossword Puzzle



ACROSS

- 1. Sunlight unbroken by clouds
- 4. Work
- 6. No feeling
- 7. State of atmosphere

DOWN

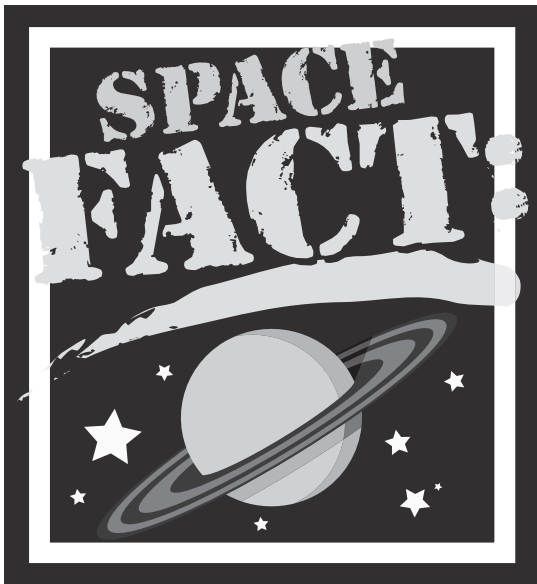
- 1. Season of the year
- 2. Water vessel
- 3. Power from resources
- 5. Cleanse in water

THIS DAY IN...



HISTORY

- **1920:** THE UNITED STATES SENATE REJECTS THE TREATY OF VERSAILLES FOR THE SECOND TIME.
- **1962:** BOB DYLAN RELEASES HIS FIRST ALBUM FOR COLUMBIA RECORDS.
- **1979:** THE U.S. HOUSE OF REPRESENTATIVES BEGINS BROADCASTING ITS DAY-TO-DAY BUSINESS ON THE CABLE NETWORK C-SPAN.



DURING THIS TIME OF THE YEAR, THE NUMBER OF HOURS OF DAYLIGHT AND DARKNESS ARE NEARLY EQUAL.

ANSWER: VERNAL (SPRING) EQUINOX



MULCH

material spread over a plant to enrich the soil

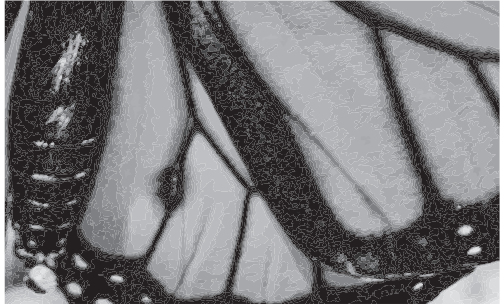
Answers: Across 1. Sunshine 4. Labor 6. Numb 7. Weather Down 1. Spring 2. Sailboat 3. Energy 5. Bathe

How they SAY that in...

- ENGLISH:** Life
- SPANISH:** Vida
- ITALIAN:** Vita
- FRENCH:** Vie
- GERMAN:** Leben



THE SPRING IS A POPULAR TIME OF THE YEAR FOR HOMEOWNERS TO GIVE THEIR HOMES A THOROUGH CLEANING.



Can you guess what the bigger picture is?

ANSWER: BUTTERFLY

ABCDEFGHIJKLMNOPQRSTUVWXYZ

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to lawns & gardens. Each number corresponds to a letter. (Hint: 6 = I)

A. 21 9 14 26 1

Clue: Cuts grass

B. 6 4 14 25

Clue: Green landscape

C. 22 1 24 25 26

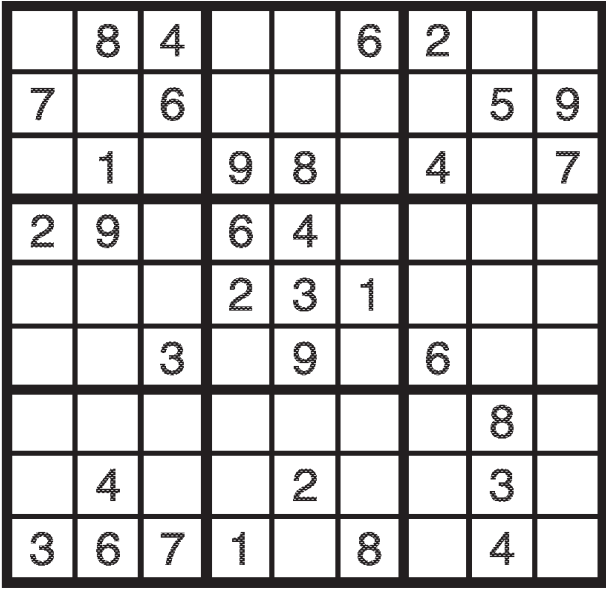
Clue: Trim away growth

D. 21 24 6 19 2

Clue: Material to enrich soil

Answers: A. mower B. lawn C. prune D. mulch

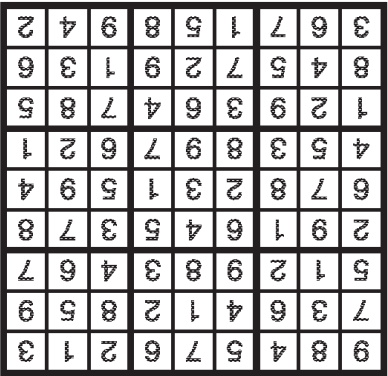
SUDOKU



Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



ANSWER:

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



# Wolves expanding Den of Development model for 2020-2021

LACONIA — For the 2020-21 season, the New England Wolves will be expanding and upgrading their "Den of Development" model to include a full-service Wolves Academy model.

"For the last five years, we have offered academic advisement coupled with state-approved online schooling. It has allowed us the opportunity to take in players from all over the world and provide for them the academic guidance and assistance that they need," said Wolves GM Andrew Trimble. "For 2020-21, we will be increasing the amount of dedicated classroom

time for our athletes, renovating our on-site classroom, and bringing in new tutors, as we move our youth teams to the Tier 1 level."

Wolves Academy includes:

"Den of Development" Program model that provides 10+ hours a week of practice time to athletes including multiple ice sessions a day (skill time each morning), workouts every day at Wolves Training Center and video sessions;

Skills are run by Wolves Director of Player Development Tim Kunes (NHL draft pick, NCAA champion at BC, eight-year pro);

Dedicated classroom within the rink (renovated summer 2020);

"Tutor Time" - Tutors working with athletes in the classroom in a low tutor to student ratio;

State and NCAA complaint online schooling platforms;

SAT prep course.

The Wolves Academic Advisor is Dave Pol-

lak, a veteran classroom teacher and current professor at New England College in Henniker. He provides year round assistance to the Wolves and the Wolves athletes in curriculum support, college application assistance, counseling and much more.

The Wolves are members of the EHL, EHLA,

United Tier 1 Hockey League and New England Premier Hockey League. Located in the scenic Lakes Region of New Hampshire, Laconia is a popular vacation destination for many New Englanders, and includes annual events such as Laconia Bike Week, Pumpkin Fest, the New England Pond

Hockey Classic, Barstool Sports Pond Hockey Tournament, Winnipeg Ice Fishing Derby, World Championships Sled Dog Derby and much more.

For more information on the Wolves or to try out for their teams, contact Trimble at [scoring-concepts@gmail.com](mailto:scoring-concepts@gmail.com).

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# Spring Ahead

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Find a Doorway near you.

# THE DOORWAY

at LRGHealthcare  
at Concord

For help with drug or alcohol issues visit [theDoorway.NH.gov](http://theDoorway.NH.gov)  
OR dial 2-1-1.

Every 8 minutes, we respond to a disaster.

HELP NOW

# WASH YOUR HANDS!

IT'S THE BEST WAY TO STOP SPREADING GERMS

## WHY

- MOST (98%) INFECTIONS ARE SPREAD BY HANDS
- CLEAN HANDS HELP PREVENT YOU FROM GIVING YOUR GERMS TO SOMEONE ELSE

## WHEN

- AFTER USING THE BATHROOM
- BEFORE TOUCHING ANY FOOD
- BEFORE YOU EAT ANYTHING
- AFTER SNEEZING, BLOWING YOUR NOSE, COUGHING, OR TOUCHING YOUR FACE
- AFTER PLAYING WITH TOYS USED BY OTHERS

## HOW

- USE SOAP AND WARM WATER IF YOUR HANDS LOOK DIRTY
- USE WARM WATER AND SOAP
- RUB HANDS ALL OVER FOR A COUNT OF TWENTY
- DRY THEM WITH A PAPER TOWEL
- IF YOUR HANDS DON'T LOOK DIRTY YOU CAN USE ALCOHOL-BASED HAND RUB

New Hampshire Department of Health and Human Services  
Division of Public Health Services  
[www.dhhs.nh.gov](http://www.dhhs.nh.gov)