

Gilford-Belmont puts end to Winnisquam's winning streak



Winnisquam's Garret Mango drills Gilford-Belmont's Nick Arenstam in action Saturday afternoon.

BY JOSHUA SPAULDING
Sports Editor

TILTON — The wind was blowing, the field was a mess from a day's worth of rain and both sides were missing play-

ers due to injuries, but the Winnisquam and Gilford-Belmont football teams nonetheless met up for a highly-anticipated tilt in Tilton on Saturday afternoon.

Sanbornton Building Committee creates Facebook page

SANBORNTON — Continuing their increase in communication to Town residents regarding the proposal for updated police station and Town offices, the Sanbornton Building Construction Committee (BCC) has created a new Facebook page to allow residents to easily find data on the building concepts. The site (Sanbornton Building Construction Committee) contains such info as the initial scope of the committee, a rendering of proposed floor plans, elevation drawings of the two options, and financial outlook for the project. Also available is the Committee's final report to the selectmen based on their investigations and proposed solutions. All of that information is also available on the Town's website: <https://www.sanborntonnh.org/building-construction-committee>.

As an additional aid in communication with the committee, an email address has been assigned so residents may connect directly with the committee for questions, comments, and suggestions. That email address is sanborntonbuildingcommittee@gmail.com.

Based on resident feedback, the Committee has reviewed the formats for the eight individual meetings and will be offering both live meetings as well as virtual meetings via Zoom. Also based on feedback, the Committee has relocated the meetings from the Town Offices to Old Town Hall (19 Meeting House Hill Road) to allow for larger audiences and additional individual space in accordance with COVID space guidelines. In support of COVID guidelines, masks are requested for all LIVE meetings. The schedules for these October and November meetings are as follows along with their format. Meetings noted as LIVE will take place at Old Town Hall while meetings listed as VIRTUAL will take place via a Zoom meeting. Links to the VIRTUAL meetings will be published with the public meeting announcement on the Town website and on the BCC Facebook page.

Monday, Oct. 26 at 7 p.m. via virtual
Thursday, Oct. 29 at 1 p.m. via live
Monday, Nov. 9 at 7 p.m. via live
Saturday, Nov. 14 at 10 a.m. via virtual
Tuesday, Nov. 17 at 7 p.m. via virtual
Thursday, Nov. 19 at 7 p.m. via virtual

These meetings are being held to allow town residents to review data as collected and to allow feedback to the Committee. Overviews of the options being considered along with financial outlooks will be available for Town resident review, both at the meetings and on Facebook/Town websites.

The committee invites all residents to participate in either a live or virtual meeting and to submit questions and/or comments via an email.

The Division II Golden Eagles were able to use a strong running attack and a gutsy almost one-legged performance from quarterback Jack McLean to push their way past Winnisquam, 22-0, ending what had been a 19-game winning streak for the Bears, who moved up to Division III



Gilford-Belmont's Blake Descoteaux is sandwiched by Winnisquam's Noah Pearson and Brady Palmer in action Saturday.

this season after winning consecutive Division IV titles the last two years.

"It was a solid win, we knew they would be a strong team," said Gilford-Belmont head coach Josh Marzahl. "We talked all week about finding a way to win and we did that today."

"We hadn't played in three weeks and you could see the rust out there at the start," said Winnisquam coach Derek Hunt. "We saw things that don't usually happen, happen."

Both teams struggled to get anything going early on, as both teams went three and out on

the first possessions. McLean was injured on the first play of G-B's second drive of the quarter and Jalen Reese took over at quarterback but the Golden Eagles could not convert on fourth and three and Winnisquam took over. Bear quar-

SEE FOOTBALL PAGE A5

Gosselin, Robert victorious in Bristol

BY JOSHUA SPAULDING

Sports Editor
BRISTOL — Winnisquam runners were at the front of the pack in last week's race at Newfound Regional High School in Bristol.

Faith Gosselin and Dylan Robert claimed the overall victories, while the Winnisquam boys finished second overall behind the host Bears.

In the boys' race, Robert claimed victory with a time of 19:53.

Evan Griffin was next in for the Bears, finishing in a time of 22:45 for 10th place overall and Joey Damato finished in 11th place in 23:19.

Sheamus Dunn finished in 12th place in 23:45.

SEE CROSS COUNTRY PAGE A6



Joey Damato runs for Winnisquam during last week's race at Newfound.



Brianna Harlow had a strong race in Bristol, finishing second overall behind teammate Faith Gosselin.

Peabody Home to build new senior living facility



A conceptual drawing of the proposed new Peabody Home senior living facility.

FRANKLIN — The Peabody Home in downtown Franklin is building on its long and rich history of serving seniors through a significant expansion of facilities and services.

The "new Peabody" will include a brand-new facility that will triple its current space, expand services and double the occupancy for assisted living and memory care and add in high quality

independent living options. Funding totaling \$26 million was recently approved through the United States Department of Agriculture's (USDA) Rural Development's Community

Facilities Direct Loan & Grant Program and a groundbreaking is planned for November.

Construction of the new 63,632 square foot facility will be done in

SEE PEABODY PAGE A5



COURTESY

Elks care and Elks share

On Oct. 14, on behalf of the Laconia Lodge of Elks 876 Lodge, Officers Lisa Saucedo and Scott Robinson, and Lodge Manager Tricia Roy, delivered \$3,500 in educational supplies to the Boys & Girls Club of the Lakes Region to assist 70 local youth with remote learning classes and tutoring. Elks Care! Elks Share!

Scholarship Foundation announces winners of Pumpkin Figure Contest



COURTESY



Top Left-Butler Family entry "Pumpkin Lobster Boat Scene"; Top Right -Huot Technical Center Allied Health Class entry "Pumpkin Ultrasound," Right-Gilford resident, Pam Hayes Individual Entry "Tut (Pharaoh)Pumpkin."

GILFORD — Lakes Region Scholarship Foundation is pleased to announce the winners of their First Annual Pumpkin Figure Contest. The event is similar to the pumpkin people events held in other communities in our state. The figures were to include at least one pumpkin with the added requirement that the figures include some recycled materials along with other parts. Entrants were asked to use their imagination and come up with something unique and creative, and the LRSF judges were not disappointed. Entries came from a variety of sources, individuals, families, businesses, a non-profit, children and local schools.

One of the most unique group of entries were from the Huot Technical Center in Laconia. Nine different department groups created pumpkins relating to their fields of study and LRSF Executive Director, Karen Switzer, noted that they were "outstanding."

The creations were reviewed by two sets of judges, made up of members of the LRSF Board of Trustees as well as a guest judge, Larry Frates. There were two top winners: "Best Overall" was the entry submitted by the Butler Family-Pumpkin Lobster Boat Scene and for the Huot Technical Center the "Best of Huot" was the entry from the Allied Health students-Pumpkin Ultrasound.

Prizes were awarded in each of the categories judged. The winners in each category included:

The Best Individual Pumpkin Figure award went to Joanne Morin for her Steppin' Out Pumpkin Couple

Best Family Figure went to the Valovanie Family for their Capt'n Stachy Pumpkin fireman figure;

Best Children's entry was awarded to Hunter and Jack for their Lil Skier Pumpkin figure; Laconia Housing took the

Best Non-Profit category with Pumpkin Construction Workers LaChance Water Filtration in Tilton was voted Best Business entry with their vision of a Zombie Pumpkin Graveyard.

Runners up included the following entries: Pam Hayes: Pumpkin Tut-Most Artistic and Creative; Patte Sarausky: RBG (Ruth Bader Ginsberg)-Most-Timely; Diane Godbout: Rub-a Dub-Dub, Three Pumpkins in a Tub-Cutest; Joep Family: Marvelous Millie's M & M Pumpkin Patch-Sweetest; Scott and Sarah Davis: Pumpkin Water Skier-Best Lakes Region Theme and Laconia Harley Davidson's Biker and his Dog was voted Best Biker Pumpkin.

For the Huot Technical Center, the LRSF judges reported that choosing a winner from the excellent entries was very difficult. In addition to the overall winner for Huot, the following entries received awards;

Culinary Arts: Chef Pumpkin Patchy-Funniest; Business Education: Mr. Monopoly-Most Likely to Succeed;

Building Construction's on site construction worker pumpkin figure was voted Most Handsome and Best Constructed;

Teacher Prep Students figure, Kindergarten Pumpkin Storytime was given Most Endearing;

Plumbing and Heating's Pumpkin Plumber was voted "Highest Positioned Pumpkin and Best Use of Recycled Materials Appropriate to a Department;"

Digital Media's entry-Most Realistic; Law Enforcement-Most Civic Minded and Health Sciences-Most Informative.

LRSF Pumpkin Figure Contest Chairman and Board President, Lori Fasshauer, said that the Foundation was thrilled with the response to this first time event. "It had been the intention of the Foundation to provide an opportunity for members of the community to take part in a fun and creative event that families and groups could work on together; especially in these very difficult times." She said, "We wanted to offer something positive for folks to focus upon." Judges reported that a number of people who took part in the event had mentioned that it was wonderful to have something fun to focus on for a few weeks. Fasshauer added that she appreciated the support and response from the community as well. The Foundation was pleased to receive donations of gift cards from local individuals and businesses including: Annie's Café and Catering, Shanghai Restaurant, Gilford Shaw's, Osbourne's Agway-Belmont, Sanitary Cleaners, Tanger Outlets, T-Bones & Cactus Jacks-Laconia and Vista Foods as well as a donation from Sunflower Natural Foods and Winnisquam Printing. "Although this was not a major fundraiser," Ms. Fasshauer concluded, "we feel that it was still an important community outreach activity. Our Facebook page reflected that there were over 2,000 people reached by our map showing all of the pumpkin figure locations. We felt that this contest provided a safe opportunity for families and friends to go out and enjoy beautiful fall weekend while viewing the creative work of fellow members of their community."

THE WINNISQUAM ECHO:
The next best thing to word of mouth advertising!

MEET YOUR SALES REPRESENTATIVE

TRACY LEWIS

603-616-7103

Call Tracy today at (603) 279-4516 ext. 182 or e-mail tracy@salmonpress.news
Our advertisers trust us, our readers trust our advertisers!

www.salmonpress.com

ROLL-OFF CONTAINERS • STORM DAMAGE • ROOFING MATERIALS • RENOVATIONS • CLUTTER REMOVAL • YARD CLEANUPS • NEW CONSTRUCTION • HOME CLEANOUTS •

DON'T BE HAUNTED BY YOUR UNWANTED TRASH

GET ORANGE!

THE DUMPSTER DEPOT®
Waste Recycling Services

Great Service at "YOUR" Convenience, Not Ours!

NO HIDDEN FEES
NO FUEL CHARGE
NO TRICKY LONG TERM CONTRACTS TO SIGN

\$410

DUMPSTER RENTALS STARTING AT

SAVE WITH OUR DUMPSTER DEPOT BUCKS

Dumpster Depot Bucks limit 1 per client or rental or pick-up on any regular priced dumpster. Not valid on Roll-offs, Containers, or any specialty dumpster rental. Cannot be combined with other offers. Not at present coupon at time of order. Expires 11/3/20.

Got a trashy question? CALL US TODAY

Like us on Facebook

TOLL FREE 1-866-56-DEPOT
LOCAL 603-783-8050

WWW.DUMPSTERDEPOT.COM

SMALL DUMPSTERS • FRONT LOADER DUMPSTERS • REAR LOAD DUMPSTERS •

We are here for you!

Michelle Cardinal
Michelle moved here from southern New England to study and take advantage of our special way of life. She is making the best of it 10 years later offering her business expertise to sellers and buyers.

Jane Angliss
Jane came to the Lakes Region from a marketing career in NY City via the northern Vermont hospitality business. She offers years of experience with both people and property!

OUR OUTSTANDING AGENTS KNOW THE LAKES REGION!

208 Daniel Webster Hwy Meredith, NH 03253 (603) 279-0079
604 Main Street Laconia, NH 03246 (603) 527-8200
www.baysidenh.net

WWW.SALMONPRESS.COM
(603) 279-4516
A SALMON PRESS PUBLICATION
ECHO STAFF DIRECTORY

ADVERTISE WITH US
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

TO SUBSCRIBE OR FOR SUBSCRIPTION SERVICES:
WINNISQUAM ECHO
(603) 279-4516 OR
KERRI PETERSON
(603) 788-4939
kerris@salmonpress.news

SEND US YOUR NEWS AND PICS
MyEcho@SalmonPress.news

TO FAX THE ECHO:
CALL 1-888-290-9205

TO PRINT AN OBITUARY:
E-MAIL:
obituaries@salmonpress.com
CALL: 603-677-9084

TO SUBMIT A LETTER TO THE EDITOR:
E-MAIL: news@salmonpress.news

TO SUBMIT CALENDAR ITEMS:
E-MAIL: news@salmonpress.news

PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DiNICOLA
(508) 764-4325

EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

DISTRIBUTION MANAGER
JIM HINKLEY
(603) 279-4516

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

USPS 024-975
The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

Three tips to improve your emotional wellness now

Emotional wellness is our ability to adapt to stress and change, and how we deal with things during difficult times. When we improve our emotional wellness, we can handle those situations better; and remain happier; so in recognition of the stressful, challenging and difficult year that 2020 has turned out to be, here are a few tips to improve your emotional wellness so we can truly all make it through this together!

Cultivate a positive mindset. This is more

than just thinking happy thoughts, but yeah, those can help. The National Institute of Health recommends that you give yourself credit for the good work that you do, and that you forgive yourself for the mistakes you do make. We should always try to learn from our mistakes, but if we dwell on them then we can't move forward with those lessons that we've learned. Those lessons can be about your beliefs in life, healthy habits, and how to be a better friend.

Keep social connections strong. Speaking of being a good friend, keeping social connections strong can also help us in times of stress. This can be with family, through a group with a shared hobby, like an online book club, or those video calls we have gotten so good at lately. A 2011 study in the Public Library of Science found that older people with good social relationships have a 50% greater likelihood of survival when compared with those who are isolated or have poor social

relationships.

Be mindful: Mindfulness is an ancient practice of being aware of what is happening around, and inside, of you. Sometimes we get stuck on autopilot and find we drift through the day without taking the time to appreciate our co-workers, family, the scenery, our dinner. Mindfulness is the purposeful recognition of the wonder and beauty that is around us. An easy way to do this is by taking a brief walk and paying special attention

to the sounds, sights and smells around you. Birdsong, sunlight through leaves or on your face, the smell of grass when it's warm. If you find yourself thinking of worries, just note them, but then return your mind to the present.

By starting with those three things you can make big strides towards improving your emotional wellness, and building more resilience towards the challenges we face.

Franklin VNA & Hospice is here for our com-

munity. We help keep you home, where you want to be, and help you recover in your home if you do get sick.

Franklin VNA & Hospice is your choice for excellence in Homecare and Hospice.

Choose Local. Choose Excellence. Choose Franklin VNA & Hospice.

For more information, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org.



BY MARK PATTERSON

Whether you use a financial planner, advisor or do it yourself; planning your financial future involves a plan, strategy, and tactics to get you where you need to go. So let's take a moment to think about the difference between these strategies and tactics to maybe reflect on what you have or have

not done with your personal finances. To me a "plan" is the most macro or broad big idea regarding (in this example), your financial picture. But then we must create a strategy for your plan. The strategy represents a subjective time frame, for example 5 years. The strategy identifies the objectives you want to accomplish and attaches a loose timeframe to achieve your goal.

My strategy may read like this; Accumulate and grow my assets reducing the risk to the overall portfolio as I approach retirement at age 70. Using good Social

Security planning, some "A" rated fixed indexed annuities for a small portion of income and a good fixed income bond ladder; I want to create a sustainable income that is not subject to market risks. Then with the remaining assets I want to continue to grow these assets with equities or stocks acquiring some mitigated market risks to keep me ahead of inflation and grow my legacy. I also want to fund Long term care insurance (asset based), and life insurance if possible.

Now that I have outlined a basic strategy, I need to make "tactical"

moves to get my strategy in motion. While I am still in the "accumulation" phase, a tactical move may be; with a portion of my assets I will sell cash covered "puts" to create income or accumulate stock in companies I want to own. Once I own this stock, I may sell covered "calls" for income. This is a buy/write tactic that aids in the overall "accumulation" strategy.

The point is that your plan and strategy should be well defined. Not that changes should not be made, but a general idea of what you want to accomplish and how. The

tactics that you or your advisor employ are more defined or maybe represent shorter periods of time. Tactics are just tools to help you reach your strategic goals which are a just a part of the overall plan.

Reading this may seem simplistic to you, but I know sometimes very basic concepts can be a valuable tool for solving problems that may have seemed very complex. Buying mutual funds until you retire and taking the money out of them when you need it would be a strategy and plan. But that plan does not include

enough detail to ensure that you won't run out of money in retirement.

A very good exercise would be to write out your plan and objectives, then create a strategy to work towards your goals. If you are comfortable with the details or tactics to fulfill your plan, then write those down as well. If you are not comfortable with any or all of this then, call a planner or you can call my office.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

Franklin School District awarded violence prevention grant

CONCORD – U.S. Attorney Scott W. Murray has announced a \$267,595 Department of Justice grant to prevent violence in the Franklin School District. The grant, awarded by the Department's Office of Justice Programs, is part of more than \$87 million in grants nationwide to bolster school security, support first responders who arrive on the scene of a school shooting or other violent incident, and conduct research on

school safety.

STOP School Violence, a program of OJP's Bureau of Justice Assistance, improves school security by providing students and teachers with the tools they need to recognize, respond quickly to and help prevent acts of violence. In addition to STOP School Violence Act funding, OJP's National Institute of Justice is investing in research on school violence.

"Only by removing

the threat of violence from our schools can we expect our kids to reap the full benefits of their education, and only after making our places of learning safe can we ask our teachers to instruct and inspire as they are trained to do," said OJP's Principal Deputy Attorney General Katharine T. Sullivan. "The Department of Justice is committed to securing our schools from danger and giving our kids the support they need to

learn, grow and thrive."

"Students should be able to focus on their education without worrying about the risks of violence as they attend classes," said U.S. Attorney Murray. "It is abso-

lutely critical that our schools be secure places of learning where everyone feels safe. These grant funds will promote learning by helping the Franklin School District to maintain the safety

of its students, teachers, and parents."

More information about OJP and its components can be found at www.ojp.gov.

Lakes Region General Hospital Auxiliary awards 2020 scholarships

LACONIA — Since 2000, the Lakes Region General Hospital (LRGH) Auxiliary has awarded close to \$255,000 in scholarship aid to local students pursuing degrees or certificates in accredited/licensed healthcare disciplines.

Scholarships are awarded annually to applicants based on need, merit, community and extracurricular activities, and future goals. This valuable initiative is possible due to the hundreds of volunteer hours worked and revenue sales realized in the LRGH Gift Shop. Even in these challenging times of COVID, which forced the Gift Shop to close temporarily, the LRGH Auxiliary is pleased to award five scholarships for 2020. The following are this year's recipients and healthcare degrees pursued:

Nemanja Boskovic - Laconia, Biotechnology, UNH, Manchester

Anne Dionne - Laconia, Doctor of Pharmacy, University of Rhode Island, Kingston

Kathryn Donnelly - New Hampton, College of Health and Human Services, UNH, Durham

Kate Fife - Meredith, Associate's degree in Nursing, Lakes Region Community College, Laconia

Joy Piper - Belmont, Bachelor of Nursing degree, University of Massachusetts Amherst College of Nursing, Springfield

The Lakes Region General Hospital Auxiliary wishes to extend its congratulations to each of this year's scholarship recipients!

Founded in 1893, the LRGH Auxiliary is a non-for-profit organization supporting the mission of Lakes Region General Hospital, part of the LRGHealthcare network. Membership is open to any person or organization interested in the work of the hospital, and new members are always welcome. Like us on Facebook.

Wonderful Things
Come In Small Packages...

Old Man Pendant from \$35

especially if they're from
Alan F. Soule Jewelers
286-8649
422 W. Main St. Tilton, NH
(across from Winnisquam HS)

Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

SCHWARTZBERG LAW

FAMILY LAW EXPERTISE IN YOUR BACK YARD

Steve Gahan, Ora Schwartzberg and John T. Katsirebas, Jr.

572 Tenney Mountain Hwy, Plymouth, NH 03264
603-536-2700 | WWW.NHLAWYER.NET

Paid Advertisement

Edward Jones: Financial Focus

Caregivers Must Also Care (Financially) for Themselves

If you're a caregiver, possibly for a loved one dealing with an illness such as Alzheimer's disease, you're probably already facing some significant emotional and physical challenges – so you don't need any financial ones as well. Yet, they are difficult to avoid. What steps can you take to deal with them?

First of all, you may be interested in knowing the scale of the problem. Consider these numbers from the Alzheimer's Association: About 5.8 million Americans ages 65 and older are living with Alzheimer's disease, and in 2019, caregivers of individuals with Alzheimer's or other dementias contributed more than 18 billion hours of unpaid care – worth about \$244 billion in services. Furthermore, about two-thirds of caregivers are women, and one-third of dementia caregivers are daughters.

Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith, NH 03223
603-279-3161
Fax 866-632-8685
jacqueline.taylor@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

Paid Advertisement

Paid Advertisement

Paid Advertisement

Paid Advertisement

Paid Advertisement

Opinion

A4 Thursday, October 22, 2020

WINNISQUAM ECHO

STRATEGIES FOR LIVING

Time traveling with television

It’s been a tough 2020 for many; there’s no denying that. Life as we know it has changed. Hopefully, the pandemic will be nearing an end soon, but let’s remember not to get complacent, and to continue practice guidelines distributed by the experts. There’s no harm in being cautious.

While we don’t spend too much time watching anything but the news, a flip through channels one evening made us realize that television shows are not what they once were. For nostalgic reasons, we thought it would be fun to ask staff about some of their favorites from the past. Thinking back to a time when life was seemingly easier than it is now.

Sports Editor Josh Spaulding says that “Cheers” was one of his favorites. Of the Boston based show, he said, “Cheers had great writing and the best T.V. Theme song of all time as well as the best ensemble casts ever.” Spaulding added one more to his list, “ER is my favorite show of all time. It started prior to 2000, but lasted until well after. It had a great cast, great stories and great action.”

Our Executive Editor, Brendan Berube, known around the office for his extensive knowledge of movie and TV trivia said one of his favorite shows was “In Search Of,” a show that debuted in 1976 hosted by Leonard Nimoy. Berube said, “Every episode explores a different mystery, whether it be paranormal phenomena, famous disappearances from history or buried treasure. I own the entire series on DVD, and to this day I still marathon all seven seasons once or twice a year.” He added, “I love it because it’s like opening up a time capsule. The topics they covered show you what was in the american zeitgeist back in the late ‘70’s and early ‘80’s.”

“My other favorite, and I’m not ashamed to admit it, is ‘Star Trek: the Next Generation,’” said Berube. He went on to tell us, “My dad and my brother got me into the show when I was growing up and that was my reward on weeknights for finishing my homework.” He added, “I would get to watch reruns of Star Trek at 6 p.m. on the old WNDS channel, when Al Kaprielian was the weatherman. Then at 7 p.m., A&E would play an hour-long block of ‘In Search Of’ reruns.”

Our North Country Editor can say, with great enthusiasm, that “Three’s Company” was, and still is, the best sit-com of all time. There has been no better trio than Jack, Chrissy and Janet. Cameo’s by Larry and Mr. Roper made the show even better. The fact that John Ritter who played Jack Tripper, was willing to trip over couches and fall all over the place with his slapstick comedy speaks volumes. If there ever was a show to bring you out of the dumps, it’s “Three’s Company.”

Added to that list is “Quantum Leap.” The show began in 1989 and starred Scott Bakula, who played Sam Beckett. Beckett would time travel, taking the place of other people in hopes to correct historical mistakes. Time travel shows are always interesting and fun to watch.

“The Mary Tyler Moore Show” was an iconic show that demonstrated a rise for women in the workplace. Mary’s friendship with Rhoda Morgenstern and work relationship with Lou Grant always made for good entertainment. Noted most however, was the main character’s optimism.

Honorable mentions go to “Gilligan’s Island,” “Happy Days,” “Different Strokes,” “What’s Happening,” “WKRP in Cincinnati,” “Lassie,” “Highway to Heaven,” “I Dream of Jeannie,” “Dennis the Menace,” “Leave it to Beaver” and “The Wonder Years.”

Send your letters!

Winnisquam Echo
P.O. Box 729
Meredith, NH, 03253

Our fax number is 279-3331.

Or, you can e-mail us at echo@salmonpress.news

Please include your name, address
and phone number.

RC GREENWOOD

Bears battle Bobcats

Jackie Beaulieu moves the ball during her team’s game with Plymouth last week. The Bobcats got the 3-1 win over the Bears. Winnisquam is scheduled to open the playoffs on Friday, Oct. 23, at Laconia.



STRATEGIES FOR LIVING

The price of success

BY LARRY SCOTT

In the New Testament book of Hebrews, we read: “By faith Moses, when he had grown up, refused to be known as the son of Pharaoh’s daughter. He chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time. He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt.” Of Hebrew origin, he was the adopted grandson of society’s most powerful and wealthy man ... and everything life had to offer was available to him.

Despite the ease and comfort available to him as an Egyptian Prince, Moses chose instead to

be identified with his Hebrew family. When he was 40 years old, things finally came to a head. He killed an Egyptian who was abusing one of the Hebrews and had to flee for his life. For the next 40 years, giving up on any dreams of greatness he might have had, he became a shepherd to his father-in-law in southern Arabia. The “pleasures of sin,” the sumptuous lifestyle, the educational opportunities, the benefits of power – all lay behind him.

But God had not abandoned him. At 80 years of age, God called on him to lead the Hebrew people out of Egypt into a 40-year journey through the wilderness of Arabia, to the land promised to Abraham centu-

ries before. Moses, who had spent forty years in Egypt thinking he was somebody, spent 40 years shepherding sheep convinced he was a nobody, only to discover that God can take a nobody and make a somebody out of him – so long as he is willing to pay the price for his success.

But that is God’s way. He is more than able – and willing – to take us as we are and where we are and make us be the best that we can be. That I believe to be true whether we acknowledge Him or not. But taking Him seriously and following the guidelines He has laid out for us, changes everything. A godly life may demand self-discipline and surrender to His will, some-

thing that unfortunately most people do not find the least bit appetizing, but as Moses discovered for himself, it beats anything a self-centered and godless life has to offer.

God’s plan for our life, however, can only be discovered “from the inside out.” In Jesus Christ we find enough evidence to substantiate the fact that our faith in God is not misplaced. It is to our advantage, far above anything life without God has to offer; to take a step of faith, accept Jesus Christ as the Lord of our life, and discover for ourselves that the promises of God have not been exaggerated; God is as good as His word!

You want to talk about it? Hit me up at rlarry-scott@gmail.com.

LETTERS TO THE EDITOR

Donald Trump is not pro-life!

To the Editor:

In an article in the National Catholic Reporter, Bishop John Stowe when speaking of President Trump stated “For this President to call himself pro-life and for anybody to back him because of claims of being pro-life is almost willful ignorance.” He goes on to say that pro-life must include racial, social and environmental justice.

There are catholic led groups working both for and against the re-election of Trump. Like the Evangelical Christians those for Donald Trump are all about Roe-v-Wade. Those for Joe Biden are against racism (America’s Original Sin), separating children from their parents (some still breast feeding), and the destroying of social programs that President Trump is doing or has planned to do.

Politics and pandemics don’t mix

To the Editor:

In recent months, there has been a disturbing abundance of misleading, biased, and downright false information presented about the COVID-19 pandemic. One form of disinformation that I find particularly troubling is the misrepresentation of medical science to support a political platform. This politicizing of human suffering and death has contributed greatly to the inability of our nation to mitigate the impact of the pandemic. Let me state right now that I do not care which political ideology a person subscribes to, or if they support an ideology at all. What I am asking those in high profile positions to do, is refrain from sowing more confusion and distrust of public health experts and the work they are trying to do to save as many lives as possible.

One example involved a letter to this paper in which the writer started with a series of statistics, some culled from published reports, others presented with no references and highly suspect. When one is offering a personal opinion, it should be stated as such. There’s no shame in that. What is shameful is the use of baseless, arbitrary assertions passed off as science. I have seen and heard arguments to the effect that the pandemic is no worse than a typical flu season, that the mortality rate is only 1 percent, that COVID-19 death rates are exaggerated, so why take measures at all? The last assertion is patently false, as real research from Yale University published in JAMA this summer found that the official

Pro-life is from “womb to tomb.” The terrible handling of CoVid-19 has caused over 210 thousand deaths and his positions on healthcare, Medicare and Social Security are not pro-life.

Bishop John Stowe is not alone coming out strong against President Trump. Polls are indicating that Catholic voters are trending toward Joe Biden. We cannot afford to be one issue voters. The issues of Racism, White Supremacy and the destruction of social programs are all important. It is time to have a president who is on the right side of these issues.

Join me and vote for Joe Biden.

PAUL BONNEVILLE
LOCHMERE

US government death toll from COVID-19 represents a substantial undercutting of the true problem (link to JAMA article: <https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2767980>). There is no way even one life lost is worth it, especially when it’s used to justify some empty suit politicians, be they Right, Left, Center, or Upside Down. Some object to masks, claiming they don’t help at all, that they only reduce the amount of viral particles exhaled into the air. Maybe I’m missing something, but reducing the viral load expelled into the air sure seems like a good strategy to me. Measures put in place to try to save some of those lives may seem harsh and an imposition on our perceived right to self-determine. The right to self-determine was probably of little use to those who we have already lost to COVID-19.

A virus has no political, religious, or cultural preference. It respects no borders. Pathogens prey most heavily on the weak, the disabled, and the economically disadvantaged. Those of us fortunate enough to be in positions of influence need to use that influence to bring America together so we can save as many as possible. I’m not an epidemiologist, but I don’t have to be to recognize the truth about COVID-19. And while I’m also not a sanitary engineer, I don’t have to be to recognize garbage.

Ernest Roy, PT, DPT
Northfield

FOOTBALL

CONTINUED FROM PAGE A1
terback Phil Nichols attempted a third down pass but Brandon Gallagher broke it up and the Bears punted away.

Brandon Marceau and Kiernan Harris both had sacks for the Bears on Gilford-Belmont's next drive and they eventually punted the ball away. Austin Normandin had a sack for G-B on Winnisquam's ensuing drive and then one play later, Curtis Nelson picked of a Nichols pass and Gilford-Belmont took over with McLean back on the field, though obviously not at full-strength.

Normandin and Nick Arenstam did the carrying for the Golden Eagles to get the first down inside the five-yard line as the first quarter came to a close.

It took Giflord just three plays to get in the end zone in the second quarter. Kyler Bourdeau had a big stop on third and goal in the back-field but one play later, on fourth and eight, McLean dropped a pass in to Liam Merriam with just 58 seconds into the second quarter. The two-point conversion was incomplete and Gilford-Belmont had the 6-0 lead.

Winnisquam put together a long drive, with Nolen Perrino, Brady Palmer, Nichols and Andre Cormier doing the work on the ground while Nichols also hit Garret Mango for a couple of passes and the Bears got the ball to the 14-yard line. However, a penalty and some defensive stops by Cooper Brown pushed the Bears back. A penalty moved them up to the 24 for fourth and long and Nichols found Cooper French with a pass but his dive came up just short of the first-down marker, giving Gilford-Belmont the ball back.

McLean hit Nelson for a first down on third and seven but the Golden Eagles had to punt the ball away. Winnisquam was unable to generate any offense on the next drive and punted away. Gilford converted a fourth and 10 when Reese passed to Gallagher to get the ball to the 25 but a Nichols interception in the end zone ended the half, with Gilford-Belmont up 6-0.

The Bears started the second half strong with Nichols picking up 13 on a pass to Mango. But they couldn't get any further and Gilford-Belmont took over. However, the Golden Eagles fumbled the ball away and Mason Fellows recovered for the Bears.

The visitors got the ball back just one play later when Reese was able to intercept a Nichols pass. This time, Gilford-Belmont moved the ball, with Blake Descoteaux getting the bulk of the carries as the Golden Eagles kept the ball on the ground and moved up the field. Normandin and Arenstam also carried the ball and the Golden Eagles got into the end zone on a three-yard carry from Descoteaux with 3:49 to go in the third. Descoteaux also carried the two-point conversion in for a 14-0 lead.

Winnisquam was able to move the ball with Gabriel Brown getting the carries on the next drive but a sack from Brown slowed the drive and a pair of incomplete passes led to a punt. Gilford-Belmont ate up the rest of the third quarter clock, with Isaiah Reese and Descoteaux getting the carries to finish up the third quarter.

Descoteaux, Normandin and Isaiah Reese all got carries to start the fourth quarter and then McLean hit Gallagher on fourth and 15 to get the ball to the one-yard line. From there, Descoteaux carried in and then Nelson caught the two-point conversion for the 22-0 lead with 7:49 to go in the game.

Winnisquam went three and out on the next drive, with Noah Pearson doing a nice job grabbing a high snap and getting the punt of. Gilford-Belmont also went three and out but Winnisquam answered with another three and out. The Golden Eagles were unable to pick up a first down on their next drive and Nichols hit French for a first down to start the final drive, but the game ended with a 10-yard Nichols run.

"Any time you go up against a team with as much success and pride as them, it's nice to go out and compete and take down a team you respect a lot," Marzahl said, also noting that

the running backs, Normandin and Descoteaux asked to carry the load during halftime.

"At the half, both running backs came up and asked to run the ball more," Marzahl said. "Our offensive line picked up their end of the bargain too.

"And you can't say

PEABODY

CONTINUED FROM PAGE A1

two primary phases. The first phase will be the construction of the assisted living and memory care facility. Upon completion, residents and staff from the current facility, which dates back to 1942, will be moved to the new building. The original building will then be torn down and phase two will include constructing the new independent living facility on that location. Both phases will be integrated into a single three-story building that features a granite and brick façade and large manor windows and will include a 24-hour emergency response system, personal transportation services, a beauty and barber shop, an exercise and wellness room and easy access to downtown Franklin. Phase one is expected to be completed in about 12 months and phase two about six months after.

"We are so excited to build on our nearly 80-year history of providing compassionate care for those in need and announce plans for our new state-of-the-art facility that allows us to deliver a more complete continuum of care across the communities we serve," said Meg Miller, director of the Peabody Home. "I am grateful to our staff, board and volunteers for bringing this dream closer to reality, to local officials including Dick Lewis and the City of Franklin and the state and federal officials that helped us gain all the necessary approvals for funding."

Once completed, the "new Peabody home" will more than double capacity from the current 37 residents and will include 13 memory care apartments, 45 assisted enough about Jack and his effort out there," the Golden Eagle coach said

of his quarterback. "He was basically throwing on one foot."

"The conditions weren't good, but they played in the same conditions as we did," said Hunt. "But the rust showed today, we're better than what we showed today."

Hunt noted the rust-

living apartments and 16 independent living apartments. It will feature more common space and take advantage of its unique views of the Winnepesaukee River, which bends around a point where the facility is located.

"While the current facility has been COVID-19 free in 2020 and safety continues to be the highest priority, the new facility is one of the first in New Hampshire that has been designed with the pandemic in mind. We were able to address improved airflow and disinfecting in the design phase and believe that our new facility will be one of the safest and highest quality resources in the region for three critical levels of senior care," said John Benham, who also serves on the board and chairs the Building Committee.

The demand for more long-term care space in the region was confirmed through a market feasibility study conducted by MDS Research Company, Inc. They studied the demographics in communities within about 30 miles

iness was more obvious on offense than on defense, which he said did a good job.

"Defensively, there was just a couple of key plays," Hunt said. "Offensively, you could tell we're not clicking like we usually do."

Next week, Gilford-Belmont is sched-

of Franklin and found sufficient demand today and into the future for the expansion. Expanding the current facility, which has been added to over its history, was not a viable option. By building the first phase of the new facility and moving residents and staff over upon completion, Peabody Home ensures that there will be a complete continuity of care for current residents.

"We are filling a need for 24/7 quality senior care that will be in demand for the foreseeable future. We'll build off our reputation of providing compassionate care in a safe and secure environment that is delivered by a skilled family of professional caregivers. People are attracted to this region for its natural resources, beauty and services and we are excited to make this investment in Franklin," said Chris Seufert, chair of the Peabody Home Board of Trustees.

Peabody Home, which is an independent non-profit organization, will continue its unique benefits that help make it an affordable, high-quality

uled to be at Plymouth and Winnisquam facing Newfound, but with playoffs on the horizon, that is subject to change.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

option for senior living. While many facilities that offer independent living often require a significant down payment, Peabody plans on requiring a small, fully refundable deposit. The facility will also continue to offer its Yankee Plan, where residents pay for basic services and can then add in additional services a la carte, so they are not charged for services they don't use.

Schematics and additional information on rooms and amenities are under development and will be available by the end of the year. At that time, there will be an opportunity to reserve spaces ahead of time. The building was designed by EGA P.C. Engelberth Construction is building the facility and the engineering work is being conducted by Nobis Engineering. Advisory work is being provided by RS Consulting and North Country and the Northern Community Investment Corporation. For more information, contact Marylee Gorham at 934-3718 or mgorham@peabodyhome.org.

LETTERS TO THE EDITOR

Elect Jane Alden

To the Editor:

I am writing this letter to ask for your support on Tuesday, Nov. 3 for the election of Jane Alden as State Representative for Sanbornton & Tilton. Jane is a remarkable person who has served the Town of Tilton for many years in many volunteer roles. She is an outstanding listener who cares for both towns.

My wife Karen & I look forward to casting our individual votes for Jane Alden at the polls on election day, Tuesday, Nov. 3.

What I find most important on supporting a person of Jane's caliber is her consistency of character and honesty to the people of this district. Jane is very compassionate to the needs of our older citizens evidenced by her many years of tireless work at the Tilton Senior Center.

She stands for fiscal discipline and supports responsible necessary spending where needed with a sharp focus on stewardship of all taxpayers' dollars.

Jane is an independent thinker; a rare positive quality in government today.

While serving with Jane on the Winnisquam School Budget Committee for many years, I found Jane prepared, informed and willing to make difficult decisions in the best interests of the schools and taxpayers. She has also been a leader working on the Tilton Planning Board to shape a vision for the future of Tilton.

Having served in public office as a State Representative myself, I know the hard work and dedication that's required. Knowing Jane Alden's work ethic, I am confident she will be an excellent choice for our representative and work very hard for the citizens of both Sanbornton & Tilton.

Ladies and gentlemen of Sanbornton, and Tilton, I ask that you support Jane Alden, my good friend and highly qualified lady at the ballot box with your vote on Nov. 3.

BRIAN GALLAGHER
SANBORNTON

2020 SalmonPress

Holiday Gift Guide

Guide Published

Thursday, November 19th

in the Record Enterprise, Newfound Landing, Meredith News, Gilford Steamer, and Winnisquam Echo!

Advertising Deadline: Wednesday, November 4th, 2020
AD RATE ONLY \$13.⁰⁰ PCI

Spread the Holiday Joy!

Pick up your ad into any other Salmon Press Gift Guide for only \$13.⁰⁰ PCI

Gift Guide East:

Carroll County Independent, Baysider, Granite State News

Gift Guide North:

Littleton Courier, Berlin Reporter, Coös County Democrat

Contact us today to reserve your advertising space!

Tracy Lewis (603) 616-7103 • Lori Lynch (603) 444-3927
Email tracy@salmonpress.news • lori@salmonpress.news

Bobcats pull away, knock off Bears



Emma Richardson goes up for a hit against the defensive pressure of Erin Tole (left) and Abby Bassingthwaite of Plymouth.
BY JOSHUA SPAULDING

TILTON — As a newcomer to Division II, the Winnisquam volleyball team is still getting to know the other Division II squads.

Last week, it was Plymouth that came to town to take on the Bears and the Bobcats left town with a 3-1 win.

“We came out strong in the beginning and took the gas pedal off when we took the lead,” said Plymouth coach

Jonathan VanScoter. “We had to crawl out of the hole, but I’m glad they were able to do that.”

“We had the first set and then our serve receive let us down and they took the first set,” said Winnisquam coach Kevin Archibald. “We were a little shellshocked in the second set and we didn’t show up.”

The Bobcats got out of the gate quickly, but

the Bears battled back and eventually took an 18-16 lead. Hits from Abby Bassingthwaite and Mackenzie Tatham pulled the Bobcats even at eight. The hosts went up by one, but Makayla Marucci had a hit to again tie the game. Winnisquam went up by two and Plymouth came back with a hit from Maya Prince. Consecutive plays at the net from Delaney Skourtis put Winnisquam up by a 23-20 score but Plymouth came back and tied the score on back to back aces by Tatham. A hit from Bassingthwaite and another ace from Tatham completed the Bobcat comeback with a 25-23 win.

Plymouth got out to a 3-1 lead in the second set with Tatham drilling a couple of aces. Winnisquam came back and tied things at three but an ace from Mansha Patel, a hit from Marucci, two nice tips from Erin Tole and an ace from Bassingthwaite allowed Plymouth to open the lead up to 8-5. Winnisquam got closer with a tip from Skourtis but Bassingthwaite had a hit and Marucci came through with four service aces and Plymouth’s lead was 14-8.

Kayla Briere made a nice play at the net for the Bears but Patel answered with a hit. After an ace from Tatham, Briere answered with a hit to keep things close at 16-10. Bassingthwaite had a hit and a block to stretch the lead to 19-11. Marucci and Bassingthwaite had hits and Sophia Sweet added a hit at the net. Marucci had a hit and then Tole finished off the set with a service ace, giving Plymouth a 25-14 win and a 2-0 lead.

The third set saw Bassingthwaite get a block to start the scoring and then added a tip at the net and another block as the Bobcats went up 4-2. A tip from Emma Richardson pulled Winnisquam within one and she then added a service ace as the Bears continued to keep it close. Tole had a hit and then Emily O’Neil answered with a service ace for the hosts to tie the match at seven.

Winnisquam moved ahead by a 9-7 score but Plymouth came back and took the lead on an ace from Marucci and a hit from Tatham. Tatham added a block at the net but Briere added a hit for Winnisquam to cut the lead to one. Bassingthwaite had a hit but Richardson came back with a nice tip for the Bears. Marucci had a hit for the Bobcats and Richardson again answered with a hit for Winnisquam. Plymouth took an 18-14 lead but the Bears battled back and eventually tied things at 19.

An ace from O’Neil and hits from Lauren Slate allowed Winnisquam to take the 23-19 lead before Prince had a hit for the Bobcats. Slate followed with a hit and then finished off the set with an ace from the service line for a 25-22 win.

The fifth set started with Plymouth getting the first two points, but a nice tip from Richardson helped Winnisquam tie the match at two and then again at three. A Bassingthwaite block got Plymouth up by a 6-3 score but Winnisquam battled back and tied the match at six.



Ariana Williams sets the ball during her team’s game against Plymouth.

Bassingthwaite had a hit and added a couple of service aces to stretch Plymouth’s lead to 11-6. Marucci added a hit and Plymouth slowly opened up a 17-11 lead.

Bassingthwaite added a hit and a block for a 20-12 lead, but Winnisquam battled back with a hit from Briere and an ace from Slate, cutting the lead to 22-18. Marucci added a hit to get Plymouth closer to the win and then Tole finished things off with a tip at the net and the Bobcats got the 25-20 win.

Tatham had seven aces and Marucci had six while Bassingthwaite had 13 kills and Marucci added nine. Tole had 26 assists.

“I’m disappointed we dropped the third set but it tells them they have to keep pushing until the 25 points are up on the board,” said VanScoter. “Winnisquam had a solid defense.”

“We had a lot of aces from the line that helped us,” the Bobcat coach continued. “Serve errors and serve receive have to be stronger next time we’re on the court.”

The Bobcat coach noted that the team had five days off after games last week had to be cancelled and coming off those days off, he thought they played a solid game.

“In the third set, we showed up, we put pressure on their serve receive and they had a hard time with it,” said Archibald. “In the fourth, we kind of struggled a little and gave up an early lead.”

“We fought back but we just couldn’t reel them in,” he continued. “They have some hitters.”

“We haven’t seen any of these D2 teams ever, it’s hard to prepare for that,” Archibald added.

Plymouth is scheduled to close out the regular season today, Oct. 22, at 6 p.m. at Gilford.

Winnisquam is scheduled to finish the regular season on Friday, Oct. 23, at home against Belmont at 6:15 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



RC GREENWOOD

Battle in the rain

Aiden Phelps works to control the ball during the Bears’ rainy battle with the Plymouth Bobcats on Friday. Winnisquam is scheduled to end the season on Friday, Oct. 23, at home against Belmont at 4 p.m.

CROSS COUNTRY

CONTINUED FROM PAGE A1

ished in a time of 25:49 for 16th place and Nathan Lavoie rounded out the scoring for Winnisquam with a time of 26:35.

Dylan Allard finished in 19th place in 29:19 and Collin Phelps was 20th overall in a time of 29:45

to round out the field of Bears.

In the girls’ race, Gosselin finished on top with a time of 26:13.

Brianna Harlow was not far behind, finishing in 26:49 for second place overall and Marguerite Parker was sixth overall in a time of 31:19.

Amber Drinkwine

rounded out the field of Winnisquam runners with a time of 47:06 for 15th place overall.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

BELMONT
Girls’ Soccer vs. Laconia; 4
GILFORD
Boys’ Soccer vs. Plymouth; 3:30
Girls’ Soccer at Plymouth; 3:30
Volleyball vs. Plymouth 5:45

Thursday, Oct. 22

BELMONT
Boys’ Soccer at Winnisquam; 4
Volleyball at Winnisquam; 6:15
GILFORD
Cross Country at Moultonborough; 4
WINNISQUAM

Friday, Oct. 23

Boys’ Soccer vs. Belmont; 4
Girls’ Soccer vs. Belmont; 6:15
Saturday, Oct. 24
GILFORD-BELMONT
Football vs. Plymouth; 2
WINNISQUAM
Football vs. Newfound; 2

Lakes Region Chimney Pro

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

CERTIFIED CHIMNEY SWEEP

Video Chimney Inspections

603-520-7217

BETTER BUSINESS BUREAU

Fully Insured

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING PUMP SYSTEMS
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037

NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 • 5 • SAT 10 • 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

salmonpress.com

See where the zombie craze began

"Night of the Living Dead" continues LRPA's Shocktoberfest

LACONIA— Just when you thought it couldn't get any scarier out there ... LRPA After Dark unveils our Fifth Annual Shocktoberfest, a month devoted to vintage horror films. This weekend (Oct. 23 & 24), we screen the granddaddy of all zombie movies: 1968's horror masterpiece "Night of the Living Dead," directed by George A. Romero and starring a cast of unknowns who would instantly become cult stars, including Judith O'Dea and Duane Jones.

The plot of "Night of the Living Dead" is very straightforward. Barbara (O'Dea) and her brother Johnny are visiting their father's grave and get attacked by a strange man. Johnny is badly hurt, but Barbara manages to get away and barricades herself in a nearby abandoned house. By this time, several other ominous, shuffling figures have joined the original attacker and are trying to break into the house. A man named Ben (Jones) fights off the hoard and joins Barbara inside. He explains what's happening – that radiation has caused the dead to rise

from their graves and eat the living! Soon, Ben and Barbara discover that there are other people hiding in the house, including a teenaged couple and a family with a young daughter who has been attacked by one of the undead. What will happen to our survivors? Will they make it out alive?

While not the first zombie movie ever made -- films featuring the undead have been around since the 1930s -- "Night of the Living Dead" is considered one of (if not the) most influential horror films ever made, and laid down ground rules for the zombie sub-genre that are followed to this day. (Example: the only way to kill a zombie is to destroy its brain.) George Romero shot this film in 30 days for less than \$115,000. Many of the cast also served as crew, makeup artists, production workers and even investors. It was a hit with film goers, who had never seen anything like it. But many critics really didn't know what to make of this low-budget movie that broke so many taboos, was brutal in its gory simplicity, and featured a young, hand-

some and courageous African American male as its lead. It was a lot to consider in 1968, and 50-plus years later, "Night of the Living Dead" still has the power to shock and terrify viewers. In 1999, "Night of the Living Dead" was inducted into the National Film Registry of the Library of Congress, and made the American Film Institute's list of the 100 most thrilling horror films of all time. It's as classic as it gets! Grab your candy corn and join LRPA after dark for this chilling, ghoulish freak show of a film.

Mark your calendars for Shocktoberfest's delicious Halloween treats:

Oct. 23 & 24: "Night of the Living Dead," 1968

Oct. 30 & 31: "Horror Express," 1972
You can't find television like this anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then watch us online at live.lrpa.org to catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit,

non-commercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.



**TO VIEW THESE
AND OTHER
PROPERTIES, VISIT:**

Alpine Lakes Real Estate: www.alpinelakes.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Peabody and Smith: www.peabodysmith.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

Wolfeboro: 15 Railroad Avenue • 603-569-3128

Center Harbor: Junction Rtes. 25 & 25B • 603-253-9360

Alton: 108 Main Street • 603-875-3128



THOUSANDS OF PROPERTIES, ONE ADDRESS... MAXFIELDREALESTATE.COM

FEATURED PROPERTIES



MOULTONBORO // Terrific Winnepesaukee Waterfront with 187' shoreline, back lot with 3-car garage and apartment.
\$1,975,000 (4825251) Call Randy Parker 603-455-6913



MEREDITH // Stunning 5-bedroom/4-bath home on 11.84 acres. A 3-car detached garage. Hardwood floors throughout.
\$1,100,000 (4824015) Call Bronwen Donnelly 603-630-2776



HOLDERNESS // Exquisite offering. 1790 Cape on 37+ acres with 400' frontage on White Oak Pond.
\$999,000 (4823017) Call Becky Whitcher 603-393-7072



ALTON // 3-Bedroom/2-Bath Home with Winnepesaukee Lake views and deeded access/beach.
\$488,000 (4828856) Call Jennifer Azzara 603-767-1984



GILFORD // Immaculate, extended 3-bedroom/3-bath cape with mature landscaping, finished walk out basement.
\$449,000 (4828010) Call Amy Ellfine 603-520-7466



MOULTONBORO // Circa 1800 Boarding House: Mature grounds, beautiful trees/plantings, large barn. 2-Farm ponds. 8 acres.
\$395,000 (4820617) Call Denise Williams 603-387-5223



WOLFEBORO // Single family/Condo home 3-bedroom/3-bath just built. Wolfeboro Common II.
\$378,750 (4818480) Call Amy Ellfine 603-520-7466

LAND AND ACREAGE

MEREDITH // .72-acre lot located on high-traffic Rte 3. Close to Holderness/Squam Lake and Winnepesaukee. Town sewer.
\$77,000 (4830034) Call Bronwen Donnelly 603-630-2776

ALTON // This beautiful piece of land boasts gorgeous mountain views, southwest exposure and is located less than a mile from Route 28.
\$70,000 (4786468) Call Terry Small 603-321-1036

GILMANTON // Located close to Gilmanton Corners, 9.57 wooded acres with potential views.
\$59,900 (4750857) Call Zannah Richards 603-387-0364

ISLAND REAL ESTATE



COW ISLAND – TUFTONBORO
Lake Winnepesaukee Class! Architecturally designed 4-bedroom/3-bath home. 2 lots – 375' ftg., u-shape dock, 30x36 boathouse, VIEW!
\$1,425,000 (4822513) Call Betty Ann Bickford 603-651-7040



WHORTLEBERRY ISLAND – TUFTONBORO
Three separate lots of record, 1.33 acres, 270' of Winni WF, shallow beach. Incredible Views!
\$555,000 (4795841) Call Betty Ann Bickford 603-651-7040



RATTLESNAKE ISLAND – ALTON
Prime location on historic Rattlesnake Isl! 2BR+loft/2BR cottage. SW exp. Docks w/ views in both directions.
\$545,000 (4822122) Call Betty Ann Bickford 603-651-7040

RENTALS

**LAKES REGION RENTALS
SEASONAL & YEAR-ROUND**

Call Jen in Alton @ 603-875-3128
Call Cheryl in Center Harbor @ 603-253-9360
Call Jake or Peggy in Wolfeboro @ 603-569-3128
Owners call about our rental program.



MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

VISIT US ONLINE: WWW.ROCHEREALTY.COM



\$299,900
MLS# 4826775
Bristol: Brand new roof! Gorgeous 3BR cape minutes from I-93 yet in a private area. Formal dining room, solid wood doors, oversized bedrooms & new front porch.



\$975,000
MLS# 4790809
Meredith: The Nutmeg Inn! A restored home offered as B&B on 7.3 ac. Ten guest rooms, 8 w/ baths. Great room w/ FP & beamed ceiling. Heated, inground pool, patio & gardens.



\$345,000
MLS# 4833610
Concord: An adorable cape that has been renovated over the last few years! New kitchen cabinets & appliances, granite countertops, HW floors, 3BR/2BA & a porch!



\$125,000
MLS# 4821240
Moultonborough: Quaint 2BR house located at the base of Red Hill. Cozy brick hearth with a wood stove in the living room and many space-saving features throughout the home.



**Introducing Lake Winnepesaukee's
Newest Waterfront Development!**

Welcome to Lakeside at Paus Bay! Set just yards from the sugar sand beach, docks, and landscaped lawns, these 32 luxury condominiums will feature 3-4 BR with up to 3,380 sqft. of living space, plus corner balconies, direct elevator access to each unit, and a 2-car garage. Westerly exposure with blazing sunsets overlooking the lake. **Prices to start at \$705,000**

* This Condominium has not yet been registered with the New Hampshire Attorney General's Consumer Protection Bureau (the "Bureau"). Until such time as these Condominium Units are exempted from registration or are registered with the Bureau no binding contract for sale or lease of any lot, unit or interest may be created.

RICK SWANSON ESTATE COLLECTION
To Be Sold at Online-Only Auction
Strafford, NH – Bidding Ends on October 28th



NEW HAMPSHIRE MILK BOTTLE COLLECTION
to include very impressive poly-glaze examples in various sizes, both round and square with over 240 different NH dairies represented, as well as, an extensive NH embossed collection. New England states Applied Color Label Soda Bottle Collection, Large Swazey stoneware collection of crocks, jugs, bean pots and more, extensive Charles Sawyer colored print collection of New Hampshire scenes, vintage soda and beer advertising items, brass scale collection, early NH porcelain license plates, mostly NH stoneware jug collection, many with blue decoration, blue spongeware, blue salt-glaze pitcher and stoneware collections, several hand-painted fish sets and game sets, brass stencil collection, collection of record albums, tin toys, Winchester trade sign, door stops, coffee tin collection, Griswold cast iron collection, fabulous oak display cabinets, decoys and much more. This is a sale not to be missed. Also offered is a 1993 Mustang 5.0 LX-Convertible.

INSPECTION: For registered bidders only Thursday, October 22nd from 9:00 a.m. to 4:00 p.m.

**FOR COMPLETE DETAILS AND
CATALOGUE LISTING VISIT:**
paulmcinnis.com

PAUL MCINNIS LLC
AUCTIONS • REAL ESTATE • RESULTS

LIC. #2089 • (603) 964-1301 • REF. #20PM-21



REAL ESTATE



AUCTION

Duplex Condos with Three-Car Garage
Center Conway, New Hampshire
Tuesday, November 10th at 11:00 a.m.

87 SARGENT ROAD, Units 1 & 2 is a duplex condominium (PUD). The units each total 1,098 sq.ft. of finished living space with 2-bedrooms and 1-bathroom. Additionally, there is a three-car detached garage. The property totals 2.9 acres and is serviced by community water. Unit 1: Assessed Value: \$170,000. Tax Map 275, Lot 12.001. Unit 2: Assessed Value: \$106,800. Tax Map 275, Lot 12.002. The property will only be sold in the entirety.

INSPECTION: One hour prior to auction, if permitted.

TERMS: Five thousand-dollar (\$5,000.00) deposit in cash, certified check, bank check, or other instrument deemed acceptable to mortgagee at time and place of sale. Balance due at closing within thirty (30) days of sale. Subject to all terms of mortgagee's notice of sale.

FOR A PROPERTY INFO PACKAGE GO TO
paulmcinnis.com

Est. 1976
PAULMCINNIS LLC
AUCTIONS • REAL ESTATE • RESULTS

LIC. #2089 - (603) 964-1301
REF.#20PM-18



AUCTION

Log Home on 6.6 Acres • Strafford, NH
Online-Only Bidding Ends: Wed., October 28th at 1 p.m.


178 CROSS ROAD is a log home on 6.6 acres which sits back nicely from the road. The front yard is set with beautiful tall pines and the rear of the property enjoys views of hardwood trees. This home has 2-bedrooms and 1-bathroom, it was built in 1975, and includes multiple wood burning stoves to add to the warmth and ambience. There is a covered, screened-in porch overlooking the rear of the property and a covered area below which would be great for storing a tractor. Assessed Value: \$200,700. Tax Map 19, Lot 10.

PROPERTY INSPECTIONS: Thursday, October 22nd from 9 a.m. to 4 p.m., and Tuesday, October 27th from 2 p.m. to 4 p.m.

FOR A PROPERTY INFORMATION PACKAGE WITH TERMS GO TO
paulmcinnis.com

Est. 1976
PAULMCINNIS LLC
AUCTIONS • REAL ESTATE • RESULTS

LIC. #2089 • (603) 964-1301 • REF. #20PM-20



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

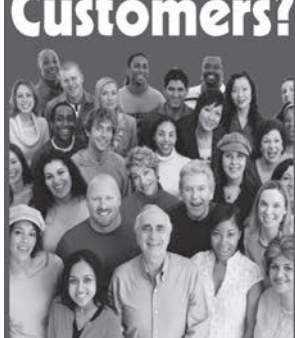
You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



EQUAL HOUSING OPPORTUNITY


Looking for New Customers?



FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent


CALL 603-279-4516 TO PLACE YOUR AD TODAY!




Camelot Home Center

ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS
BUY NOW WHILE PRICES ARE LOW!

NEW 14 WIDES




List Price: \$57,592
\$45,995
56' 2 Bed




List Price: \$55,286
\$47,995
64' 2 Bed, 2 Bath


DOUBLE WIDES




List Price: \$63,985
\$52,995
60' 2 Bed, 2 Bath




List Price: \$82,445
\$67,995
40' 3 Bed, 2 Bath




List Price: \$90,315
\$79,995
52' 3 Bed, 2 Bath



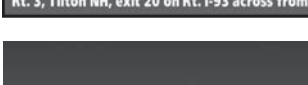
List Price: \$91,911
\$81,000
48' 3 Bed, 2 Bath



List Price: \$101,002
\$91,995
48' 3 Bed, 2 Bath



List Price: \$105,995
\$105,995
38x26 Sunny Cape Best Selling Cape in New England!



List Price: \$149,995
\$149,995
1,900 sq. ft. 2 Story 1st Floor Master Bedroom

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall WWW.CM-H.COM



love is respect org



55 Plus MODEL HOME
OPEN SUNDAY 12 to 2

\$169,995 Come and take a look!
Garage, Porch, Appliances
***10% down - 25 years at 6%**

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'



LOVE YOUR COMMUNITY:
Spend Locally!

HELP WANTED



Building Inspector/Code Enforcement Officer for Town of Plymouth

The Town of Plymouth is seeking applicants for our part-time Building Inspector/Code Enforcement Officer position for 16-20hrs/wk. The ideal candidate will be familiar with building construction, plan review, zoning ordinances, and be able to interact diplomatically with contractors, residents, and colleagues.

The position is responsible for code enforcement, inspecting residential and commercial buildings, alterations for compliance with Town, State, and Federal codes and regulations, and ensure that applicants meet building codes.

Candidates with a professional background in electrical, plumbing, heating, and mechanical trades would be a plus.

Salary is commensurate with experience with a range up to \$20,000.

For additional information related to the position contact the Town of Plymouth at 603-536-1731.

Applications may be obtained on the town website. Application or resume with cover letter can be mailed to the Town of Plymouth, Attn: Kathryn Lowe, Town Manager, 6 Post Office Square Plymouth, NH, 03264 or emailed to townadmin@plymouth-nh.org

Resumes will be reviewed as they are received, and preliminary screening interviews will be scheduled as qualified candidates are identified.

Applications will be accepted until position is filled.

Position will be open until filled.

Organization: Town of Plymouth

Type: Employment

Post Date: Wednesday, September 30, 2020

Close Date: Until position is filled

Salary: 20,000

The Town of Plymouth is an EOE

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT

2020-2021 School Year
Professional & Support Staff
DISTRICT

Custodian (Part Time 20 Hours per week, may include Saturdays)

WHITEFIELD ELEMENTARY SCHOOL
Title I Teacher
All applicants must apply on Schoolspring.com. Paper applications will not be accepted.

ATHLETICS
Athletic Trainer
Varsity Wrestling Coach (HS)
Varsity Boys Tennis Coach
Varsity Girls Basketball Coach
(positions are contingent upon COVID-19 status)
(Contact Kerry Brady, AD, for application, etc. – 837-2528)

For further information, contact:
Stephanie Glidden, Adm. Assistant to the Superintendent of Schools
and to the Director of Student Services
White Mountains Regional School District
SAU #36
14 King Square
Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: sglidden@sau36.org

Call our toll-free number 1-877-766-6891
and have your help wanted ad
in 11 papers next week!



Consumer Directed Assistant

Looking for an energetic, positive, and creative person to support a young woman in the Moultonborough area. Position consists of helping her obtain and maintain a volunteer position, supporting her during employment hours, as well as coming up with fun, creative activities to do within the community. Looking for someone to provide 25 hours of support each week at \$13.50 per hour. Position offers a flexible schedule and mileage and vacation/sick time are included. Please email resumes to Rhonda Vappi at rvappi@northernhs.org or mail to NHS 87 Washington St. Conway, NH 03818, or by faxing to (603) 447-8893.

This position requires valid driver's license, proof of adequate auto insurance, and the completion of driver, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider. (459-10)

Newfound Area School District

- **Special Education Teacher**
General Special Education – Certification
Required – Immediate Opening
- **Long Term Substitute**
- **French and Spanish Teacher**
Certification Required - Approximate dates
January 12, 2021, until mid-April
- **Long Term Substitute – School Psychologist** Certification Required
Approximate dates Dec 4 – March 1


Applicants for all positions should submit a letter of interest, resume, supportive credentials, job application and three current written references to:
Pierre Couture, Superintendent of Schools
Newfound Area School District
20 North Main Street, Bristol, NH 03222

Application is available at:
<http://www.sau4.org/human-resources/employment-information>

ADVERTISING WORKS.

HELP WANTED —

Call our toll-free number 1-877-766-6891
and have your help wanted ad in
11 papers next week!


Upper Connecticut Valley Hospital
JOB OPPORTUNITIES
FULL-TIME
LNA – Night Shift
***RN SIGN ON BONUS!**
*Speech/Language Therapist
*Clinical Operations Manager
*RN – M/S Charge, Day Shift
*RN – M/S Charge, Night Shift
*Multi-Modality Radiologic Technologist
PER DIEM
LPN or MA
LNAs – RNs
Phlebotomist
Certified Surgical Tech
Central Sterile Technician
Patient Access Representative
Environmental Services Technician
APPLY ONLINE
WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236 • Ucvh-hr@ucvh.org
EOE



Join our growing team!
Burndy in Lincoln is hiring experienced manufacturing personnel.

We offer flexible 3 to 5 day work week options, including a FT weekend shift. It's a great opportunity to start a new career with potential for growth or even a 2nd career with a solid, growing company!

We offer competitive wages and benefits including medical, dental, vision, life insurance, disability, tuition reimbursement, paid vacation, 11 paid holidays and more.

We are an essential business with robust COVID-19 prevention protocols \$1,000 sign on Bonus (after 90 days).

Make an appointment to visit our factory and apply
In Lincoln at 34 Bern Dibner Drive, Lincoln, NH 03251 • ppinkham@burndy.com

See all our open positions and apply online at:
<https://careers.hubbell.com/>

Other open positions

Entry level factory positions – No experience? NO PROBLEM!
We'll provide training!

Factory Technician
Machine Operators
Maintenance Mechanic

Burndy is a wholly-owned subsidiary of Hubbell, Inc.,
an equal opportunity employer M/F/Veteran/Disability

All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability, protected veteran status or any other protected class



Cook Tri-County CAP Head Start Woodsville Area Program

Requires skills in cooking in quantity, the ability to manage food services, complete necessary records and work with young children and their families.

This is a full-time, 30.5 hrs./wk., but up to 40 wks./yr. position. Salary is \$ 10.92 /hr.
Benefits package with paid school vacations and sick leave as accrued.

Interested candidates please apply with a letter of introduction, transcripts and resume
post Resumes will be accepted until the position is filled.

Tri-County Head Start, 610 Sullivan St., Berlin, NH 03570 or email sblanchette@tccap.org
EOE

Framers and Laborers Wanted

Wallace Building Products is a successful and growing manufacturer of building products for the construction industry. We seek full-time Framers and Laborers to join our team in Danbury NH.

This position will work with other employees to build rough -framed walls for the construction industry in a shop environment. Framing experience is a plus, but we will train.

Apply in person at 1525 US Rte 4 in Danbury NH
Or call 768-5900 to set up an appointment

PLACE YOUR AD,
Get Read,
GET RESULTS!

VARNEY-SMITH Lumber Company, Inc.

CDL TRUCK DRIVER/ YARD MAN

Duties to include:

- Local deliveries of lumber-building materials.
- Loading-off loading incoming and outgoing deliveries
- Must be conscientious, self-motivated, good with people, a team player
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at
2701 Route 302, Lisbon, NH 03585
No phone calls please.

**Loon Mountain Resort**
Loon Mountain has an immediate Full Time Year Round position for a Retail Inventory and Distribution Controller.

3-5 years of retail/inventory control and prior buying, budgeting and staffing a plus. Must be detail oriented.

Benefits Package includes:
Medical, Dental and Vision, Paid Time Off, 401K Retirement Plan, and ski & ride privileges in an exciting resort environment.

For more information or to apply online please visit
www.loonmtn.com/jobs
Equal Opportunity Employer

Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
Plymouth, NH 03264
(603) 536-3533

Leading Pre Engineered Metal Building Co.

Personal Care Attendant



GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.

* A background check is required.
GSIL is an EOE

GENERAL SERVICES —

Gardener for Hire

Do you need help
putting your garden
to bed this fall?

Weeding, cutting,
trimming, design &
clean up.
Also bulbs, herbs,
wreaths, holiday
decor.

\$25/hour

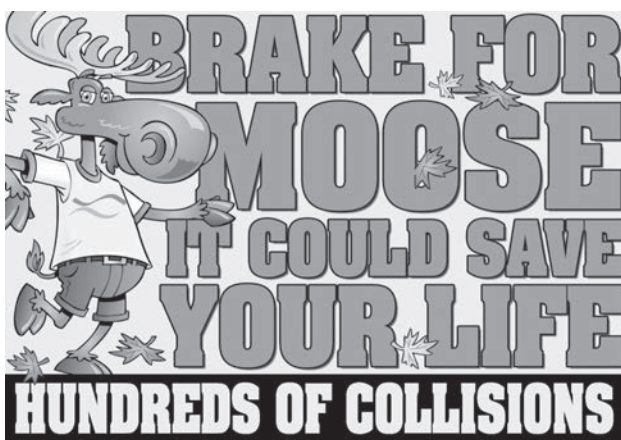
Please call
603-393-2752



DEADLINE NOTICE CLASSIFIED ADS AND YARD SALES

**DEADLINE IS FRIDAY AT 3PM
FOR THE FOLLOWING WEEK**

NO ADS CAN BE ACCEPTED ON MONDAYS
THANK YOU!



A Casella Company

Job:

FULL TIME SCALE OPERATOR
30+ hours per week

Job Description: North Country Environmental Services in Bethlehem, NH is accepting applications for a full-time Scale Operator. This position will require at least 30 hours per week and comes with full benefits. Responsibilities include, but are not limited to, maintaining accurate scale operations, reports and controlling the flow of traffic on the scales. Qualified applicants must be computer literate and possess strong people skills. Familiarity with PC Scale and a current NH Weighmasters license a plus.

PLEASE SEND RESUME TO:

NCES Landfill
Attn: Kevin Roy
PO Box 9

Bethlehem, NH 03574

Or apply on-line at www.casella.com

North Country Notebook

What life must have been like in olden days down on the farm



By JOHN HARRIGAN
COLUMNIST

Every now and then, a road just beckons. Sometimes it’s an old friend, visited several times a year but none the less interesting. Every trip reveals something that’s changed.

How many roads like this, you wonder, are left, as in “left alone.” If so, it’s purely an accident of geography. The road is just too far off the beaten track to make development or even basic maintenance worth it, too inconsequential for even a road agent’s budget.

But what places they are, these back roads left alone because they’re just too far away—too many miles, too many minutes, from the nearest shopping center or school or hospital or commercial downtown.

These are the old roads with just one lane, an old two-wheeled track worn down by the farmer’s ox-cart of long ago, when life was paced by

an adult person’s stride or the speed of a fast horse.

But someone built those stone walls on either side of the road, and the ones marking lot and range. And so, you look closer under the bushes and trees, and the old cellar holes are there, most of them for small houses, built to conserve heat.

You could throw a cat through the walls, the old saying goes about a house put up with posts, beams, and boards. But eventually on came the clapboards and plaster, with plenty of horsehair mixed in, and the last coat smoothed with a finesse worth good money.

Old cellar holes make me wonder how the people lived. Dishes, for instance. How did they do the dishes? Hot water from the big kettle on the wood stove, and lye soap—that’s the answer you always get, from all the books. Well, that’s pretty tough dish-doing, and this from a guy with a lifetime’s worth of doing dishes. Growing up—dishes. In camp—you guessed it, dishes. Even a thousand miles north, in the near-tundra of Labrador—dishes.

How did they do the utensils, the knives and

forks and spoons? Maybe the old Appalachian Mountain Club “hut-croo” way, the utensils tossed into a tub of soapy water, atop which you do the plates, and the utensils thus get swished around, and then rinsed with hot water, a method tried and true.

And I wonder about that other business, the two-holer business, common to us all. The fabled Sears, Roebuck catalog could go only so far. And then what? Corn husks and corn cobs seem rough and unlikely. What, then? Moss gets a maybe. A handful of hay seems more likely.

Proximity to water was an important factor in the location of every house. Not every house could be downhill from a good spring, the absolute ideal situation. Eventually, for many households it came down to a good dug well. As the children got older, hauling water was on the list of chores.

Unless, of course, you could move water uphill. And indeed they could, after the invention and patents for a wonderful pumping device called the ram.

The water ram, after its design was refined and perfected, could move water 35 feet in elevation from its point of intake. It used gravity itself to make this happen.

Basically, water flowed into a big chamber, which then pushed out the water in a smaller chamber. Water came into the kitchen sink one pint or quart at a time, but come in it did—one of the great improvements and emancipators

in kitchens of old.

My parents were pretty upset when I quit college in my freshman year, never to look back. As punishment, they sentenced me to the job of tearing down the old ell of their new farmhouse. All I had for tools—and all, as it turned out, that I really needed—were a claw hammer, a pry-bar, a big old cast-iron crowbar, a McCulloch chainsaw, and a 1950 Case hand-clutch tractor.

The old ell was beyond repair, beyond saving, beyond longing or affection, but even still it and the summer kitchen it housed came down hard—chainsaw, tractor, and all I could bring to bear. Certain that their way of life would go on forever, the old-timers built for the ages.

In the ruins of the ell I found a strange and huge hunk of cast iron. I turned it over and over on the old floor, trying to figure out what it was. It was a water ram, and a big one, once used to move water from a rocked-in spring, about 150 feet from the house, and a good 15 feet lower.

The Poore Family Homestead Historic Farm Museum is just up the road from where I live. The man himself was a friend of the family, and in his later years was often at our table for supper. We all grew up the richer from knowing Mr. Poore, who several times a year drove horse and buggy all the way into town for staples, my sister Susan and I hitching a ride on the rear.

We had the run of his farm before the days of Mr. Poore’s declining



JOHN HARRIGAN
Old roads, with barely a two-wheel track and no utility poles or wires, are at the mercy of commercial development and housing.

health, and the burglary and looting and slow decay of what in our time were the well-kept old house, ell, sheds and barn he called home.

J.C. Kenneth Poore’s father fought in the Civil War. His mother planted an ivy in a living room container on the day he marched away. In my boyhood I used to run or hitch rides to Clarksville Pond, and would sometimes drop in at the Poore Farm to use the hand-cranked phone. The very same ivy planted in 1860 was still there, having grown around the living room several times, and still growing strong.

Several horse-drawn rigs, devices, and haulers were kept in the three-space carriage and wagon shed attached to the Poore Farm’s main barn. Among them was a two-wheeled dump-cart milled and hand-carved

out of hardwoods, Mr. Poore told me, and assembled right on the farm, well before the Civil War:

One day in my early 20s I had reason to visit the farm, and was poking around in the sheds with Mr. Poore, who pointed to the dump-cart. “That was made right here,” he said with pride.

“Pull that pin,” he said, indicating a hardwood pin that held the dump-body onto the shaft. “Now put your thumb under the body.”

I did, and with the ease of tilting a tea-cup I tipped the body, as finely balanced as a dancer on her toes.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 431 calls for service and made the following arrests during the week of Oct. 5-11.

Arrested during this time period were Jessica Maheux (in connection with a warrant), Mickey Goodwin (in connection with a warrant), Brandon Abare (in connection with a warrant), Mary Roy (in connection with a warrant), Nathan Barrows (in connection with a warrant), and Stephen Anderson (in connection with a warrant).

SHAKER REGIONAL SCHOOL DISTRICT SUBSTITUTE NURSE

Shaker Regional School District is seeking qualified individuals for Substitute School Nurse assignments, covering school nurse absences, on an on-call basis. Substitute nurses receive \$150.00 per day/ \$75.00 per half-day. Substitute nurses must be a Registered Nurse in the State of NH, and complete a post-offer, pre-employment physical and criminal background check, including fingerprinting.

Applications can be obtained through the District website at https://www.sau80.org/departments/human_resources, or by visiting the Superintendent of Schools Office at 58 School Street, Belmont, NH or by calling 603-267-9223.

Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an Equal Opportunity Employer.

557 ROUTE 3, LINCOLN, N.H. 03251 603-745-8118
frontdesk@daysinnnh.com

WE ARE LOOKING FOR FULL TIME, YEAR ROUND

FRONT DESK CLERK

HOUSEKEEPERS

BREAKFAST ROOM ATTENDANT

EXPERIENCE A PLUS BUT WILL TRAIN

ALL CANDIDATES WILL BE REQUIRED TO WORK WEEKENDS AND HOLIDAYS

FRONT DESK CANDIDATES MUST BE ABLE TO WORK DAY OR NIGHT SHIFTS

BENEFITS AVAILABLE BASED ON 30 HOURS PER WEEK

**Loon Mountain Resort
Winter Hiring Fair**
Saturday - 10/24/20
9:00 a.m. - 12:00 p.m.
Children’s Center Building area

Masks and social distancing are required this year when you meet with managers and find out how you can work in a resort environment and enjoy the outdoors. Loon is hiring for the winter season for full-time and part-time, day shift and night shifts.

Apply at: www.loonmtn.com/jobs
Free skiing and riding and on-the-job training.

Plymouth State UNIVERSITY
Plymouth State University has the following positions available:

Manager of Mechanical & Electrical Operations
Architectural Drafting Specialist
Customer Service Manager
Recycling Coordinator
Development Officer
Plumber/Pipefitter – Two Positions
Building Service Worker (Custodian)

First Shift (5:00 AM - 1:30 PM)
Monday - Friday
First Shift (5:00 AM - 1:30 PM)
Wednesday - Sunday
Third Shift (11:00 PM - 7:30 AM)
Friday – Tuesday

To view full descriptions of the positions and to apply, please visit <https://jobs.usnh.edu>

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative Action institution.

Ashland Lumber
A division of Belletetes, Inc.
Lumber Counter

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!



HELP WANTED

Call our toll-free number **1-877-766-6891** and have your help wanted ad in 11 papers next week!

October is

Breast Cancer Awareness Month

Prevention

More than 200,000 women are diagnosed with breast cancer in America each year, but there are steps you can take to reduce your risk. Healthy lifestyle choices like consuming a low-fat diet rich in fruits and vegetables, engaging in regular physical activity and avoiding cigarettes and excessive

alcohol are all important steps in helping to prevent breast cancer. Early detection is also key in the fight against breast cancer, so be sure to perform a breast self-exam each month, and ask your doctor when to schedule mammograms and other screenings.

Treatment

A breast cancer diagnosis can be devastating to the more than 200,000 American women who receive one each year, but it's important to remember that great strides have been made in successfully treating the disease. At Harding Cancer Center, we take a multidisciplinary team approach to breast cancer treatment, using the

latest technological advances and research findings to help patients experience greater success rates with fewer side effects. We also offer a variety of support services to ensure a level of care that goes beyond the standard to make each patient experience the very best it can be.

Hope

It is estimated that more than 200,000 women in the United States will be diagnosed with breast cancer this year, but we find hope in knowing that there are more than 2.9 million breast cancer survivors in the U.S. today.

Great strides have been made in early detection and treatment of breast cancer, and these survivors are living proof. During Breast Cancer Awareness Month and all year, we are

committed to fighting the disease with education outreach, screening tests, advanced treatment options and a team of dedicated medical professionals whose commitment to beating breast cancer never stops.



During October, National Breast Cancer Awareness Month, we remember the mothers, daughters, friends, sisters and wives who have lost their lives to breast cancer. We also salute the survivors whose successful fight against breast cancer gives us hope for the future and a cure.







100% Buyer Friendly!
Waterville Valley • Campton • Thornton Plymouth Area
www.RoperRE.com

SQUAM LAKES

FINANCIAL

PRE & POST RETIREMENT PLANNING

Fee-Only Financial Advisor
Serving New Hampshire Lakes Region

Bob Maloney, Chief Listener
PO Box 730 • 31 Coxboro Road
Holderness, NH 03245
603-968-2317
www.squamlakesfinancial.com



We support National Breast Cancer Awareness Month



PINK TOGETHER



SMART • FRIENDLY • SERVICE SINCE 1898
BELLETETES
BUILDING PRODUCT SPECIALISTS
www.belletetes.com

JAFFREY, NH 603.532.7716	ANDOVER, NH 603.735.5544	PEMBROKE, NH 603.224.7483
PETERBOROUGH, NH 603.924.9436	SUNAPEE, NH 603.763.9070	MOULTONBOROUGH, NH 603.253.4404
NASHUA, NH 603.880.7778	ASHLAND, NH 603.966.7626	WINCHENDON, MA 978.297.1162

SQUAM LAKES

FINANCIAL

PRE & POST RETIREMENT PLANNING

Fee-Only Financial Advisor
Serving New Hampshire Lakes Region

Bob Maloney, Chief Listener
PO Box 730 • 31 Coxboro Road
Holderness, NH 03245
603-968-2317
www.squamlakesfinancial.com

Meredith Village Savings Bank announce Photo Contest winners

COURTESY
The winning photo, "Autumn
Splendor" by Hannah Lowell.

MEREDITH — Meredith Village Savings Bank (MVSb) is excited to announce the winners of their annual photo contest. Selected photos will be featured in the community calendar as well as the Bank's website and social media. Images will also be included in desk calendars, holi-



Seniors and Snow Don't Always Mix



**Only 2
Apartments
Available!**

DISCOVER MEMORY CARE at Forestview Manor before the snow flies. This winter mom will be safer, and you'll have peace of mind. Winter weather, combined with a pandemic may make for a difficult time when caring for a parent with memory loss. **We have remained COVID Free** and have not let our guard down on safety precautions. Discover our engaging lifestyles, nutritious meals, and exceptional personal care services today.

Forestview Manor



Call Leigh Milne Today!
(603) 279-3121

MEMORY CARE ASSISTED LIVING
153 Parade Road, Meredith, NH
www.ForestviewManor.com



day cards and note cards. Calendars will be available to the public during the late fall in all branch offices.

"We were ecstatic at the submissions for this year's contest," noted Debbie Irwin, Assistant Vice President and Marketing Programs Officer. "The photos were outstanding and they captured the unique character of New Hampshire. The calendar contest has become an annual community event that so many people look forward to! It's wonderful way to celebrate our local regions, as it allows us

to highlight exceptional talent from hometown artists.

Winners of MVSb's 2020 Community Calendar Contest include:

- Bridgette Braley of Dunstable, Mass.
- Kathleen Curran of Laconia
- Colleen Eliason of Campton
- Shawn Heyland of Dover
- Robert Kozlow of Meredith
- Kathy Krohn of Derry
- Barbara Lemieux of Concord
- Hannah Lowell of Laconia
- Marie Sapienza of Newton Junction
- Mike Weinhold of North Chelmsford, Mass.

Unlike a stock bank, MVSb is a mutual savings bank that operates for the benefit of their depositors, borrowers and surrounding communities. As a result, the Bank has remained steadfast in fostering the economic health and well-being of the community, prioritizing the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service.

Founded in 1869, Meredith Village Savings Bank has been serving the people, businesses, non-profits and municipalities in the Lakes and Seacoast regions of New Hampshire for over 150 years. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Breast Cancer Patients and Survivors Diagnosed in 2017, 2018 & 2019

Your diagnosis may have been delayed by a misinterpreted mammogram performed at:
Weeks Medical Center or Androscoggin Valley Hospital between 2015-2017 and you may be entitled to compensation

The time limit for bringing a claim may end in 2021

To learn more call Holly Haines at:
Abramson, Brown & Dugan,
in Manchester, NH
(603) 627-1819 - www.arbd.com
All inquiries will remain confidential.
Your identity will never be made public.





IRISH ROOTS - AMERICAN SPIRIT



Serving You Safely

**Inside & Outside Dining,
Curbside Pickup
and Delivery every night!**

Mon - Thur 4-8:30pm
Fri & Sat Noon-9pm
Sun Noon-8:30pm

CURBSIDE PICKUP & DELIVERY

ORDER ONLINE
AT PATRICKSPUB.COM

(603) 293-0841



Unique Designs and Custom-Crafted Jewelry in Gold, Silver and Precious Stones.


Store Closing 50% Off!

Now thru October 24
By Appointment Only (Mask Required) **253-4100**
In the Little Mauve Victorian Route 25, Center Harbor • 253-4100

Re-elect Mike Cryans for Executive Council

Duties of the Executive Council:

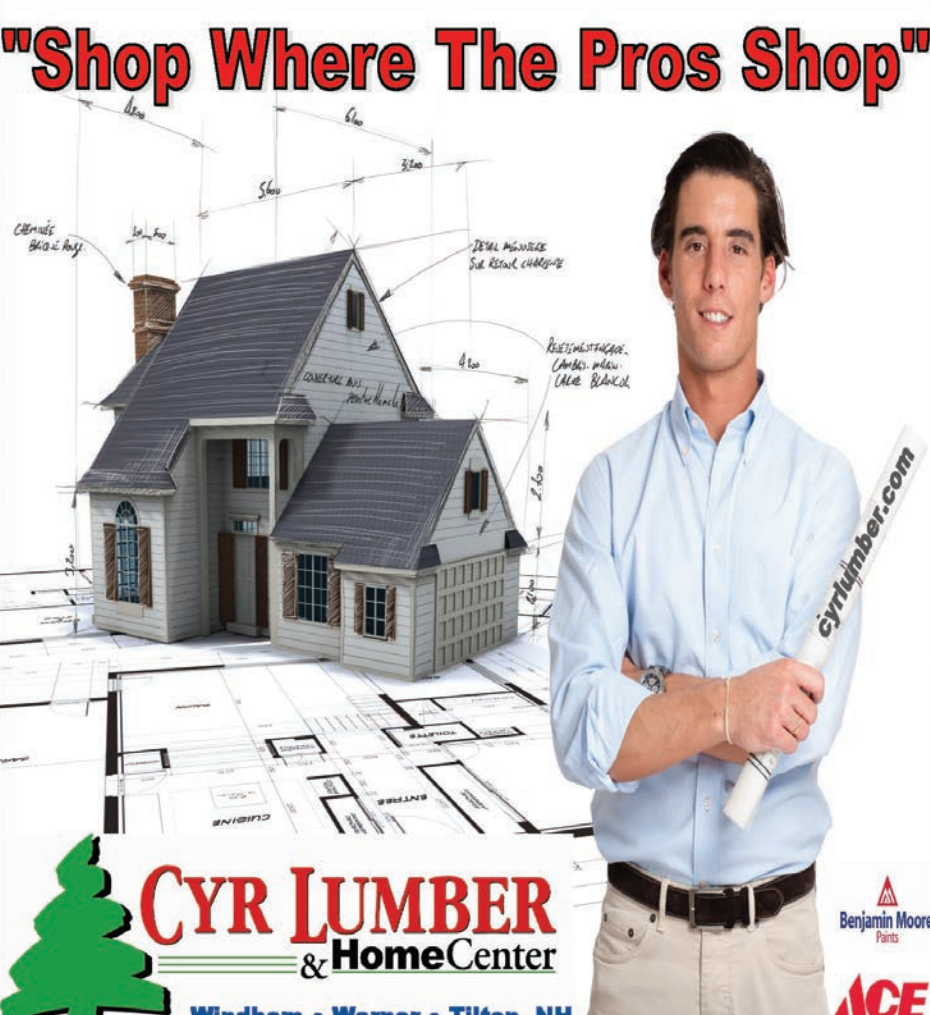
- Votes on the Governor's nominations for major positions and boards in state government
- Votes on all Judicial nominations
- Responsible for the 10-Year Highway Plan that includes projects for roads, bridges and airports
- Councilors each represent 20% of the population; District 1 is comprised of the upper 2/3 of the state and includes 4 cities and 109 towns



"Constituent Service is My #1 Priority!"


Paid for by Friends of Mike Cryan: Denis Ibey, Fiscal Agent; PO Box 999, Hanover, NH 03755


"Shop Where The Pros Shop"



CYR LUMBER & HomeCenter

Windham • Warner • Tilton, NH


Paints


The helpful place.