THURSDAY, JANUARY 18, 2018

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COMPLIMENTARY



Highway crews worked to clear chunks of ice that were washed into North Road in Danbury when the Smith River overflowed its banks during the January thaw last weekend.



Safety officials closed a portion of River Road in Bridgewater last Saturday when rising brooks and melting snow flooded the road, causing an extreme hazard for vehicles.



Giant blocks of ice, weighing hundreds of pounds each, were tossed haphazardly along the banks of the Smith River in Alexandria last week when a January thaw re-opened moving waterways that had frozen over the past several weeks.

January thaw triggers flooding on area roads

BRISTOL — The from 6:30-9 p.m.

BY DONNA RHODES

drhodes@salmonpress.news

REGION — Heavy rain and unseasonably temperatures wreaked havoc on roads from Danbury to Thornton last weekend, when rivers and small brooks

overflowed and deep waters pooled in the roads, trapped by snow banks or manmade traffic barriers.

the Campton-Thornton area, the Mad River and Pemigewasset River

caused some concerns when water backed up from ice jams and a number of roads were consequently closed for a time due to those flood waters.

Holderness again saw water from

TTCC will be sponsoring

the Annual Jack Frost &

Miss Snowflake Dance

for seventh and eighth

grade students on Fri-

day, Jan. 26 at the Center

the Pemi covering the parking lot behind the Plymouth State University's ice arena but fortunately the students who use that parking facility were on a winter break. The DiCenza Bridge connecting Plymouth and

This event is a long-

standing tradition span-

ning more than 40 years,

and is a great evening

for the kids. The seventh

& eighth grade classes

Holderness along with the Exit 25 southbound ramp of I-93 in Holderness were also closed for a time over the weekend due to ice jams and rising water on the Pemigewasset River. This time however, the damage

and five boys to com-

pete for the title of Jack

Frost & Miss Snowflake.

Points are awarded on

the basis of volunteer-

ism, extra curricular

was minimal and businesses along that portion of Rte. 175 were spared.

In Bridgewater, it was ponding and overflowing brooks that closed down River Road near Hammond Road on Sat-SEE **FLOODING**, PAGE A11

Members of the Newfound Regional High School's Class of 2021 assembled recently to rehearse their performance of "Breaking Badly," one of four comedic One-Act plays that will be presented to the public on Friday, Jan. 26.

One-act plays promise an evening of entertainment at Newfound

BY DONNA RHODES

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BRISTOL — The tradition of One-Act Plays at Newfound Regional High School dates back to 1983, and 35 years and

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140 plays later, that tradition will continue on Jan. 26 with yet another night of theatrical entertainment in the NRHS auditorium.

At that time, actors from the freshman, sophtheir choice.

man Class of 2021 will present their version of the comedy "Breaking Badly," written by Jonathan Rand and directed by NRHS English teacher David Harlow. The play takes a humorous look at relationships and how they end.

Sophomores will be performing "To Art and Beyond" under the guidance of director Ms. Tan-SEE **PLAYS**, PAGE A11

omore, junior and senior classes will each present a comedic one-act play of This year, the Fresh-

drhodes@salmonpress.news BRISTOL — 2018 will be "Bye, Bye Birdie," and community Jan. 30, at the Newfound Regional High School auditorium.

Stewart, with lyrics by Lee Adams and music by Charles Strouse,

set in 1958, and was inspired by Elvis Presley's famous 1957 military

singer, Conrad Birdie, as he prepares to head off to ing departure has on his

Filled with memora-

each nominate five girls activities, Community participation,

grades and citizenship. The 2018 seventh grade candidates are Malina Bohlmann, Re-SEE DANCE, PAGE A11



TTCC hosting annual Jack Frost

& Miss Snowflake Dance Jan. 26

COURTESY

NRHS announces Students of the Month

Newfound Regional High School is pleased to announce the December Students of the Month. Those recognized for their outstanding academic performance or the promotion of a positive school culture last month are: James Chabot (Art); Lily Hewitt (Business); Alexis Raimondi (Computers); Quentin Dancewicz-Helmers (English); Brandon Marcoux (Family & Consumer Science); Rebecca-Jane Ford (Math); Collin O'Donnell (Music); Isaiah Dokus (On-Line Learning); Madelyn Cronis (Physical Education); Emma Lagueux (Science); Bethany Basford (Senior Project); Patrice Stephens-Briggs (Social Studies); Cheyenne Reilly (Wellness); Danielle Duclos (World Language); Ayden Corliss (Technology Education) and Devvin Gilpatric-Brown (Technical Education). The Spirit and Service Awards were presented to Madison Gould, Matthew Libby, Korbin Pixley, Marisa Stafford, Megan Stafford, Victoria Roman and staff member Ms. Laura Hutchins.

Newfound community to bring "Bye, Bye Birdie" to the stage

BY DONNA RHODES

High School Drama Director Stephanie Wiencek announced this week that the Spring Musical for

auditions for the cast will

take place on Tuesday,

Written by Michael "Bye, Bye Birdie" is draft notification. The show itself is focused around fictional rock serve the nation, as well as the effect his upcomyoung fans and hometown.

ble song and dance performances, it is a musical that has endured the ages; as much fun to take part in as it is to watch.

Once again, people of all ages from the Newfound Region are invited and encouraged to audition for the musical.

SEE BIRDIE, PAGE A11





During last weekend's 4th Annual Lakes Region Unified Basketball Jamboree, Winnisquam High and first time participants, Newfound Regional High School, faced off in a spirited match on



During last weekend's 4th Annual Lakes Region Unified Basketball Jamboree, Winnisquam High and first time participants, Newfound Regional High School, faced off in a spirited match on the court.



The Spartans of White Mountain Regional High School were one of seven teams who took part in the Lakes Region Unified Basketball Jamboree last weekend, confident that they were Number One when it came to sportsmanship.



A player from Berlin skillfully went up for a shot at the hoop as they faced Interlakes/ Moultonborough in the Fourth Annual Lakes Region Unified Sports Jamboree last Saturday in

Unified Basketball Jamboree lets all students share in the excitement of sports

BY DONNA RHODES

drhodes@salmonpress.news

BELMONT — Supported by Special Olympics, Unified Sports has provided students with intellectual and other disabilities the chance to participate in inter-scholastic athletic activities, and adding to that excitement has been the Lakes Region Unified Basketball Jamboree, first introduced by Belmont High School's Cassie Contigiani as her senior project in 2015.

Contigiani, a former star softball player for BHS, said she was inspired to start the tournament after watching some of the less-able classmates she grew up with left cheering her on from the sidelines when she moved on to high school; she was dis-

appointed that students who participated in sports with her in their younger years no longer made the teams. Of special interest were the tournaments she got to play in, so she organized a tournament for them.

"They sat on the sidelines and cheered for me throughout high school. Now I get to sit on the sidelines and cheer for them," she said last weekend.

Now a junior majoring in Sports Management at Thomas College in Maine, Contigiani has returned to Belmont each January since 2015 to run the tournament she began in high school.

"The nice part is, I have so many graduates of Belmont coming back to help out for the tournament," she said. "My



DONNA RHODES

Interlakes/Moultonborough Unified Sports basketball team took on the team from Berlin on one of several games they took part in during last weekend's Fourth Annual Lakes Region Unified Sports Jamboree in Belmont.

family also does a lot and it's become a real friend and family affair."

While she is away at Thomas College in Waterville, Maine Contigiani said she has not lost touch with the jamboree. In fact she has spread her enthusiasm for Unified Sports even further.

"I got injured playing softball this year, and while talking with my athletic trainer I found out he had a nephew with autism," she said.

"When I told him about what I've been doing back home, he asked why I wasn't doing that at Thomas College."

So she Contigiani rose to that challenge, too. She initiated a Special Olympics Club, which already has 25 members and went a step further by getting Thomas College designated as a Special Olympics School In two weeks, she will hold the college's, and the State of Maine's, first ever Unified Sports Jamboree, too.

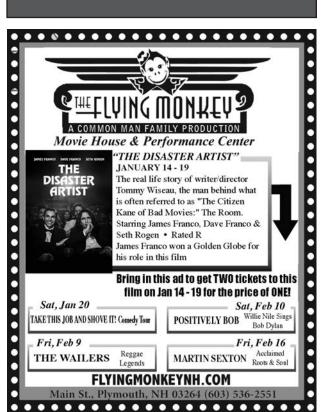
The success of her senior year initiative was obvious last weekend when seven schools came together for a day SEE JAMBOREE, PAGE A11

Granite Guarantee expands to PSU

Clarification

BRISTOL — In our recent look back at the year 2017 in the Newfound region, we neglected to credit Plymouth General Dentistry as the sponsor of Bristol's Summer Concert Se-

The Newfound Landing deeply regrets this unintentional oversight.



PLYMOUTH — The state's public colleges and universities are becoming more affordable for New Hampshire students with the expansion of the Granite Guarantee program to Keene State College and Plymouth State University.

Launched last fall at the University of New Hampshire, the program guarantees free in-state tuition to first-year New Hampshire students whose families qualify for need-based federal Pell Grants. This innovative program has been made possible by a combination of increased fundraising success and a strong focus of efficiency at both the campus and

Sun. & Mon.: 1:15, 4:15, 7:15 PM

Tues.-Thurs.: 4:15. 7:15 PM

system level.

About 400 students are attending UNH under the Granite Guarantee, which provides free tuition for all four years to students who are enrolled full-time, remain income-eligible and make satisfactory progress toward a degree. The program works by bridging the financial gap between a Pell Grant recipient's total federal and state package and the cost of in-state tuition.

"The Granite Guarantee lends opportunities for low-income New Hampshire students to seek higher education and explore workforce pathways that may not have otherwise seemed

on Thursday 1/25 at 7:00pm

possible," said Gov. Chris Sununu. "I applaud USNH for expanding this game-changing opportunity for some of New Hampshire's most highneed students."

"To be able to expand this program to help even more New Hampshire residents is gratifying, and why public higher education is critical in playing a role to help create our state's future workforce," said USNH Chancellor Todd Leach. "We are working hard to ensure our institutions are accessible and affordable to in-state students and their families. The Granite Guarantee is a significant step toward keeping more New Hampshire students in New Hampshire and ultimately strengthening our economy and meeting the state's growing workforce needs."

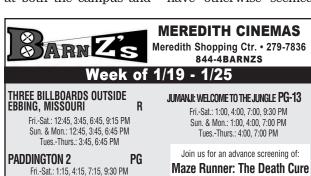
Accepted New Hampshire students who are Pell Grant-Eligible are automatically enrolled in the Granite Guarantee. Qualified students must be enrolled full-time for

both the spring and fall semesters and meet all the financial aid application deadlines as well as maintain a certain GPA. Eligible students may still have loans to help pay for non-tuition expenses such as fees, books, and room and board.

About USNH

The University System of New Hampshire enrolls 34,000 students, and consists of four public institutions: Granite State College, Keene State College, Plymouth State University and the University of New Hampshire. USNH strives to ensure the availability of appropriate and accessible higher educational opportunities throughout New Hampshire, as well as address critical state workforce needs. A 29-member Board of Trustees is responsible for overseeing the University System.

For more information contact Tiffany Eddy at 657-6471 or tiffany.eddy@ usnh.edu.



Find us online at: BarnZs.com

PSU honors retirees, longtime employees at annual recognition ceremony

PLYMOUTH — The Plymouth community gathered on Tuesday, Jan. 16 to recognize the retirees and longtime faculty and staff of Plymouth State for their dedicated service. Employees are honored for landmark years of service; noting 10, 15, 20 years and be-

"This annual event celebrates the hard work that faculty and staff put in year after year," said Donald Birx, President of Plymouth State University. "We recognize that the commitment our dedicated employees makes Plymouth State a great place."

At this year's event, 44 people were recognized for 10 years of service, 12 people for 15 years, 8 people for 20 years, 11 people for 25 years, 8 people for 30 years, 3 people for 35 years, 2 people for 40 years, and 1 person for 45 years. There were also two retirees; Dr. Mark Turski, an Earth System Science Education Professor in the Department of Environmental Science and Policy, and Dr. Richard Sparks, an Associate Professor of Management in the College of Business Administration.

The full list of honorees from the 2017 Recognition Reception is below.

Retirees

Richard Sparks -College of Business Administration

Mark Turski - Environmental Science & Policy

— Join the Squam Lakes

Association (SLA) on

Jan. 20 from 9 a.m. to

1 p.m. for a moderate

intensity hike up Red

Hill. As part of the SLA

Adventure Ecology pro-

gram series, Lakes Re-

gion Conservation Corps

AmeriCorps member,

Ben Grunwald, will lead

participants ages 12 and

over by snowshoe up

Eagle Cliff Trail to the

summit of Red Hill. Par-

ticipants will meet at

the Eagle Cliff trailhead

and should be prepared

with cold weather hik-

ing gear as well as water

and snacks for the hike.

Snowshoes will be avail-

able for use, but partic-

ipants are welcome to

be familiar with the

trails around Squam

Lake during the sum-

mer, snowshoeing in the region can provide

a different perspective, and new appreciation,

of the area. As a Squam

RENEW

Although hikers may

bring their own.

Pamela Anneser –

Beth Benoit - Psy-

Megan Birch - En-

Jane Bjerklie-Barry Global Engagement Alan Blake '93, '05G

College of Business Administration

Stephen Boyce -**Building Services**

Shawn Budro '02 -Information Technolo- Media Studies gy Services

Tracy Carmel – PSU

Dorothy Cash – Financial Services

Pamela Childs -Health and Human Performance

Bethen Conner '07 -Communication & Media Studies James Cook - In-

formation Technology Services Gregory Crompton

'77, '80G – Criminal Justice

Amy DelVecchia -Financial Aid

Tara DiSalvo '15G -Financial Aid

Mark Flynn '05G -English

Donna French – Registrar's Office

Jose Gonzalez-Sanders – Health & Human Performance

Stephanie Green -Social Science

Danee Grillo - Music, Theatre, and Dance Elliott Gruner - En-

Christopher Hamel '04 – Criminal Justice

Kelli-Ann Kemery '97 – Physical Plant Administration

Daniel Lee – College of Business Adminis-

John Lennon '06G -

Social Science Brian MacNeil

Grounds

Garlyn Manganiello – PSU Dining

Scott Mantie - Col-

SLA to lead guided bike up Red Hill

gram is aimed at more

experienced hikers who

are interested in com-

pleting all of trails in

the Squam Lakes net-

work. The SLA encour-

ages anyone interested

in a more challenging

excursion to join us on

this guided hike, and

get the opportunity to

experience the natural

beauty of the Squam wa-

tershed during winter.

In addition, there are a

number of new and on-

going opportunities for

members of the commu-

nity to get involved in

the conservation of the

watershed. Participants

will get to hear about the

conservation work be-

ing done around Squam

Lake, and ways that

they can get involved in

the coming months as

they snowshoe up to the

summit.

HOLDERNESS Rangers hike, this pro-

10-Year Recognition lege of Business Ad- Art ministration

Brett Melanson -Grounds

Charlene Mieczkowski – PSU Dining

Fawn Ouellette '96, '12G - Financial Services Office

Edith Patridge '73, '88G - Education Leadership, Learning & Curriculum

Ashley Phillips '10G Communication &

Fran Rancourt '02G Education Leadership, Learning & Curriculum

Stephen Rheaume -Bookstore

Savario Saunders -PSU Dining

Sharon Savage '79 -Communication & Media Studies

Susan Shapiro - Elementary Education/ Youth Development Sharon Silva '00G -

Education Leadership, Learning & Curricu-

Jennifer Smith '13G – Human Resources

Lenore Sousa - Music, Theatre, and Dance

Elizabeth Tillar – History, Philosophy & Social Studies Educa-

James Whiting -Languages and Linguistics

Bruce Wiggett '74 -College of Business Administration

15-Year Recognition

Mary Blaisdell PSU Dining

Scott Coykendall -Communication & Media Studies

Rodney Ekstrom '09G - University Advancement David Gyger

PSU Ice Arena/Welcome Center Hastings Susanne

'89 – Silver Center for the Arts

Penelope Huynen -

For more informa-

tion, or to sign up for

this Adventure Ecology

program, visit the SLA

org) or contact SLA di-

rectly (968-7336). The

SLA also offers other

the winter. These free

programs, presented by

the LRCC AmeriCorps

members at SLA, are

open to the public and

cover a variety of con-

servation related topics

(squamlakes.

Ecology

throughout

website

Adventure

programs

Marcel Lebrun – Education Leadership, Learning & Curricu-

Sarah Robertson '05, '07G - Registrar's Of-

Debra Stalnaker '12 - Art

James Sullivan -Computer Science & Technology

Sarah Turtle - Biological Science/Environmental Science & Policv

Michelle Wright '10 -Student Life & Athletic Financial Service Cen-

20-Year Recognition

Joan Andresen - Michael L. Fischler Counseling Center

Shaughn Bolton -Center for the Environ-

Daphne Bruemmer '98 - Marketing Communications & Creative Services

Robert Hlasny - Michael L. Fischler Counseling Center

Susan Laverack '05G – Health & Human Performance

Jessica Morel '93,

'97G – Center for Business & Community Partnerships

Christine Rosset -Library & Academic **Support Services**

Heather Scroggins '07 – University Admissions

25-Year Recognition

David Carpentiere '90 – Residential Life Christopher Chabot -

Boyd Science Center Katherine Donahue -Social Science

Nancy Dyer - Michael L. Fischler Counseling Center

Paul Fedorchak -Psychology

Virginia Fisher '94, '06G – Silver Center for the Arts

Leon Hobbs - PSU

Dining Leonard Reitsma -

Boyd Science Center David Starbuck - Social Science

Liane Sutcliffe - Office of Research Support & Sponsored Programs

Alan Switzer Health & Human Performance

30-Year Recognition Janet Ames - Infor-

Technology Services

Deana Atwood -Maintenance

Kim Bownes '08G -**Athletics**

Burck-Margaret es-Miller – Health and **Human Performance**

Steven Coursey Physical Plant Admin-

istration Barbara Judd **Building Services**

John Kulig - Psychology

Linda O'Donnell -Computer Science & Technology

35-Year Recognition

Bonnie Bechard -College of Business Administration

Pamela Crosby '79 -Financial Services Of-

James McGarry -Psychology

40-Year Recognition

Toby Brown - Maintenance

Gail Carbone - Residential Life

45-Year Recognition John Clark '71, '73G -Athletics

U.S. Forest Service issues final approval of Northern Pass plan in **White Mountain National Forest**

The U.S. Forest Service (USFS) has released its final Record of Decision (ROD) allowing Northern Pass Transmission to bury approximately eleven miles of transmisexisting roads through the White Mountain National Forest (WMNF).

The decision is the result of a thorough environmental analysis and public engagement process led by two WMNF supervisors over a seven-year period, and comes on the heels of a Record of Decision and Presidential Permit issued by the U.S. Department of Energy late last year. The USFS will issue the necessary Special Use Authorization to allow the project to be buried within the WMNF. With these approvals secured, the project is well-positioned to begin construction in mid-2018, and to bring an additional 1,090 MW of much-needed clean hydroelectric power into the region by late

igent work done by the USFS and WMNF staff over the years, and are gratified that they have concluded the benefits of Northern Pass more than outweigh the short-term source New Hampshire President Bill Quinlan. "When we proposed an underground cable for the WMNF portion of the route, we believed it was the best option for the Forest and for New Hampshire. We're pleased to see that the USFS agrees."

The Forest Service notes that Northern Pass will increase the reliability of New England's power supply, by reducing reliance on imported natural gas; help to reduce greenhouse gas emissions consistent with public policy goals and the New Hampshire Climate Action Plan; and, provide "meaningful benefits to air quality" in the WMNF.

Highlights from the Final ROD include:

Owners/Operators

🕵 Alexandria, NH 03222

476 Berry Road

"Meeting

Brenda and Jamie Sullivan

pridengroom1992@yahoo.com

energy needs in a sustainable, secure, and cost effective manner for this region of the country is certainly in the public's interest."

"I believe that the Projconstruction impacts on ect will benefit the public sion lines in areas along the Forest," said Ever- by providing a low-carnon-intermittent, and diversified source of electricity for the people of New Hampshire and New England."

"Burial of the transmission line through the WMNF resolved Forest Plan consistency issues related to visuals and effects on the Appalachian National Scenic Trail."

In 2015, Northern Pass announced an improved route that included 52 additional miles of underground to avoid any potential view impacts in and around the WMNF or along the Appalachian Trail. The final ROD supports the project's conclusion that burial along Interstate 93 is not a reasonable alternative, and states that the improved route "is a reasonable way to transmit electrical power through the SEE APPROVAL, PAGE A11

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and recreational activities around the lake. "We appreciate the dil-NORTH COUNTRY Coins, LLC Buying - Selling - Appraisals £st. 1989

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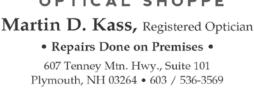
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Monitoring the future

BY DEB NARO

Contributor

Monitoring the Future (MTF), conducted by researchers at the Institute for Social Research at the University of Michigan at Ann Arbor since 1975, is one of three major surveys supported by the U.S. Department of Health and Human Services that provide data on substance use among youth. The others are the National Survey on Drug Use and Health and the Youth Risk Behavior Survey. The survey measures how teens report their drug, alcohol, and cigarette use and related attitudes in 12th graders nationwide. Eighth and 10th graders were added to the survey in 1991. Overall, 43,703 students from 360 public and private schools participated in this year's MTF survey. The following relates some of the survey data results.

Vaping: Nearly one in three students in 12th grade (27.8 percent) report past year use of a vaping device in the year prior to the survey. When asked what they thought was in the mist they inhaled the last time they used, 51.8 percent of 12th graders said, "just flavoring," 32.8 percent said "nicotine," and 11.1 percent said "marijuana" or "hash oil." Among 12th graders, more than 1 in 10 say they use nicotine, and about 1 in 20 report using marijuana in the device during the past month. "We are especially concerned because the survey shows that some of the teens using these devices are firsttime nicotine users," said Nora D. Volkow, M.D., director of NIDA. "Recent research suggests that some of them could move on to regular cigarette smoking, so it is critical that we intervene with evidence-based efforts to prevent youth from using these products."

Opioids: While opioid overdose rates remain high among adults, the survey shows that teens misusing opioid medications less

frequently than a decade ago. In overall pain medication misuse, past year misuse has dropped significantly among 12th graders since its survey peak in 2004—to 4.2 percent from 9.5 percent. Interestingly, teens also think these drugs are not as easy to get as they used to be. Only 35.8 percent of 12th graders said they were easily available in the 2017 survey, compared to more than 54 percent in 2010. On the local level, CADY collaborates with Speare Memorial Hospital, Plymouth Police Department, and Bristol Police Department to prevent prescription drug diversion with our TAKE IT TO THE BOX initiative. This involves 24/7 anonymous disposal of unused, unwanted, or expired prescription medicines in permanent medicine return boxes at both police departments. Thousands of pounds have been collected locally and statewide in these locked, secure boxes along with Rx Take Back events sponsored by the DEA. When we prevent illicit access—we prevent Rx drug misuse and save lives.

"The decline in both the misuse and perceived availability of opioid medications may reflect recent public health initiatives to discourage opioid misuse to address this crisis," added Volkow. "However, with each new class of teens entering the challenging years of middle and high school, we must remain vigilant in our prevention efforts targeting young people, the adults who nurture and influence them, and the health care providers who treat them."

If we can prevent youth substance abuse, we can prevent addiction and save many lives. For more information on ways to talk with your teen, visit the CADY Web site at www.cadyinc.org. If you or someone you know struggles with addiction or substance use, call the NH Statewide Addiction Crisis Line at 1-844-711-4357.

Newfound Landing

Proudly serving Alexandria, Bridgewater, Bristol, Danbury, Groton, Hebron, Hill, New Hampton and the surrounding communities.

ESTABLISHED SEPTEMBER 18TH, 2014

Offices at 5 Water Street, P.O. Box 729, Meredith, New Hampshire 03253 Phone: 603-279-4516 • Fax: 603-279-3331

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Newfound Landing is published every THURSDAY by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253.

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of the Week BUDDY

Our pets simply want to just BE with us. Sitting in our laps, cuddling, providing quiet, non-judgmental companionship.

They are always there for us even as we weather the storms of our lives. Buddy, aged about 10 years, has been a GOOD CAT.

His original owner fell upon very hard times and brought him to us. We placed Buddy in a wonderful home – but the change of pace was difficult for him, he may have mourned his previous comfy, cozy life since adjusting to a more lively household with children,



proved to be a difficult transition. Buddy was returned in June 2017. Seven months later, he still awaits a permanent home. Such a handsome, sturdy, grey and

white boy simply should not have been overlooked for so long. Buddy is quiet and reserved. He prefers not to indulge in the social scene with the other cats, not be-

cause he is unfriendly, he is just so terriby sad.

His prior home said he was a wonderful sweet lap cat. Image what his perspective is now - and his favourite toy – a Santa Claus treat toy is nowhwere in sight. He was nice all year, but did not get what must have been on his Wish List this holiday season, a new loving home!

Surely Buddy has completed his stint at New Hampshire Humane Society and surely should start the new year off properly, with people who will love him always.

Call 524-3252 or check www.nhhumane.org.

Letters to the Editor

Wake up, Bristol taxpayers!

To the Editor:

Last Monday, the Bristol Select Board met in the town Library to swear in two new police officers, discuss the proposed new town office and proposed warrant articles. The Board decided they were not going to touch the posted agenda issue of warrant articles, as they felt it would take up too much time. I guess we will just have to pass them to know what's in them.

What was discussed was the cost of the proposed new Bristol Town Office. Members of the Needs Committee and general contractor were present and agreed that the warrant article should be pegged at \$2.3 million. This is a figure that was pulled from a conceptual drawing by the architects. This figure does not include any contingencies requested by the contractor.

What the taxpayers should be concerned about is the lack of any substantiating information about proper staffing levels, projections of future staffing levels, affects future automation of municipal government operations, projected growth or decline in population, and square footage required to perform those functions.

Again, the Bristol Select Board is advocating throwing your tax money at a perceived problem without doing their homework.

By comparison, the Town of Epsom is doing the same project, building a new town office, but they will only be spending \$899,000 for a 4,500 square foot building to serve a community of 4,685 people, 1,600 more people than Bristol. Did I mention that Epsom is situated on major routes North, South and East West, you may be familiar with the Epsom Circle, a true "Hub." I'll bet they didn't spend \$95,000 for their plans either. Why are Bristol's taxpayers always being raked over

If you are a taxpayer in Bristol, you'd better pay attention; the Select Board is proposing an increase in the operating budget of \$471,000, plus another \$900,000 in warrant articles in addition to the new Town Office. If these items pass Town Meeting, your tax bill will increase by \$3 per thousand. Wake up, taxpayers, before it's too late!

> Paul Simard **Bristol**

Food For All scaling back to one meal a month

To the Editor:

Over the past several months, the participation at Food For All, the weekly community meal at the Booster Club in Ashland, has declined significantly compared to what it had been in previous years. In fact, for the last two weeks, there almost seemed to be more volunteers in the kitchen than there were guests in the dining room.

After giving it a fair amount of consideration and discussion, the staff and volunteers have discerned that perhaps our efforts are no longer meeting any particular need or desire in the greater community. As a result, we have decided to reduce the frequency of the community meal to once a month, to be held on the first Tuesday of each month, starting in February.

We will continue to serve a meal on Tuesdays through January, and will start the once a month schedule on the first Tuesday of February. The decision will be revisited in a few months to see if participation increases before considering discontinuing Food For All alto-

On behalf of the staff and volunteers, I would like to express my sincere appreciation to all those who have made this effort a success over the past 25 years. It has been a joy to be able to meet and serve so many people through our efforts. We look forward to seeing more guests on the first Tuesdays of the months ahead!

Elena Worrall Food For All New Hampton

CACR19 would protect the rights of people, communities, and natural environments

To the Editor:

Did you know that corporations enjoy more rights to decide what happens in your community than you who live in your community—even more than your local municipal governments? There are two main reasons for this. 1) State and federal government agencies issue operating permits that legalize harmful corporate projects and activities that would otherwise be illegal. 2) Corporations routinely use their "rights of personhood" to prevent communities from using local lawmaking to stop these projects and activities that are not in the best interest of the community.

Corporate activities such as the Northern Pass transmission line, fracked-gas pipelines and infrastructure, and large groundwater withdrawals are just a few examples of harmful projects that are decided without the involvement of local governing authority. State and federal agencies such as the state Site Evaluation Committee (SEC) and the Federal Energy Resource Commission (FERC) are appointed, not elected, for the sole purpose of issuing operating permits to industry, even if this means using preemption to override health-protecting, safety-protecting, and rights-protecting local laws. Preemption dictates that higher government trumps lower government. When preemption is used to force harmful activities upon local communities, residents are denied their unalienable right to protect the health, safety, and welfare of the people and natural environments where they live.

The NH Community Rights Amendment would empower people and their local governments with the authority to enact local laws that are free from preemption and corporate claimed "rights" when these local laws protect the rights of people, communities and natural environments to defend their health, safety, and welfare. This amendment would add Article 40. Right of Local Community Self-Government to the New Hampshire Constitution's Bill of Rights.

The NH Community Rights Amendment has three

key components: Right to Local Self-Government: specifically recog-

SEE **LETTER**, PAGE A5

You never know what you'll see, or hear, when you get back to camp

The year's first issue of Fish and Game's "Wildlife magazine Journal" caught my eye, as it usually does. Nicola Whitley and Jane Vachon and crew do a fine job with content, and the magazine is a graphic arts delight.

Peering out from this issue's cover were the almost identical nose and eyes---a triangle of black---of a marten. That's nice, I thought, and about time. Little is known and even less is written about this in-between-sized member of the weasel family. It is native to New Hampshire, but for a time there we almost lost it.

Jillian Kilborn, who wrote the magazine's cover story, was fresh out of the University of New Hampshire's wildlife management program back in 2001, when she first encountered the marten, or more accurately, its **NORTH COUNTRY NOTEBOOK**

tracks.

To learn the ropes, she was paired with Regional Wildlife Biologist Will Staats, whose long legs have carried him to the top of every major and minor peak and hilltop from the White Mountains to the Canadian line. This was almost twenty years ago, when martens were gone from most of the state, and were scarce even

Today, martens occupy much of their ancestral range, having benefited from full protection and individuals filtering over from healthy populations in Maine.

up north. But if anyone

could find tracks, Will

could.

Like many furbearers, martens tend to look a lot bigger than



A pine marten in the branches of a hardwood tree.

they actually are. You look at this energetic bundle of fur and think "Five pounds," but two and a half might be bet-

Because I spent

many of my formative

years living at hunting

and fishing camps, I got to hear the stories

when guests came up

the various paths for meals. Breakfast was the "We're going to do this today" scenario, in which people told, with a certain amount of braggadocio, how they

A pileated woodpecker in typical mode, ready to hammer away.

were gong to select just the right fly or seek out the best place to hunt. But suppertime meant hearing all about what actually happened---or didn't.

There were victories and losses to recount, for sure---a big fish caught, and the one that always got away.

But best of all, there were the stories. Some of the guests were old-timers who had begun their hunting and fishing in the early 1900s, and there were plenty who had grown up during the Great Depression and the advent of World War II.

SEE **NOTEBOOK**, PAGE A12

Conservation Matters

Choose Your Future, Part VI (Conclusion)

A monthly column focused on conservation education, as the result of collaboration among several area conservation commissions and organizations. If your town's commission or conservation organization would like to contribute articles, please contact Jessica Tabolt Halmjesshalm78@

BY THE NEWFOUND LAKE

gmail.com

REGION ASSOCIATION "Newfound Lake is known for water so clear you can see fish swimming thirty feet below you, hills and ridges cloaked in expansive forests and capped by rocky summits that frame the moods of the sky, and a laid-back pace reminiscent of years past". These words opened our Choose Your Fu- forests, to loons, Bald ture series in February Eagles and Peregrine

2017, followed over the year by articles about protecting the clean water, healthy forests and small-town feel that define Newfound Lake and its watershed.

The Newfound watershed is roughly 65,000 acres (100 square miles) of New Hampshire's finest landscape, with Newfound Lake as its crown jewel. Newfound's famously clear and clean water comes from over 125 miles of streams that start high on forested ridges and hills and flow unimpeded to the Lake. Land elevations from below 600 feet at the Lake to above 3,000 feet on Mt. Cardigan create diverse habitats where rare plants and animals, from Silver Maple floodplain

falcons, thrive. Generations of visitors and residents have cherished Newfound for its peace and beauty.

The watershed also contains abundant, clean drinking water beneath the Fowler and Cockermouth River valleys, has some of the States' most productive farm soils in those same valleys, and generates roughly \$500 per acre, per year, in forest products and recreation. The Lake and its land are the region's "economic engine", as well as food for the soul.

In spite of our natural bounty, fewer people are connecting to the outside world. Work and family pressures and an abundance of electronic devices distract us from the benefits of a SEE **CONSERVATION**, PAGE A12

Letter

FROM PAGE A4

nizing the right of people in communities across the state to local community self-government

Rights of People, Communities, and Natural Environments: people, communities and natural environments have rights to health, safety and well-being, and the authority to prohibit business activities that violate those rights

Expanding and Protecting Fundamental Rights:people can use their local lawmaking power to enact local laws that protect and expand fundamental rights – any efforts to restrict or weaken fundamental rights under this Amendment are prohibited.

Representative Ellen Read of Newmarket, NH has agreed to sponsor the NH Community Rights Amendment CACR 19 with bi-partisan support this—if the New Hamp-Representative co-sponsors: Suzanne Smith, Stephen Darrow, Wayne Burton, Jan

Schmidt, Vincent Migliore, Steve Rand, Charlotte DiLorenzo, and Raymond Howard.

The NH Community Rights Amendment CACR 19 is headed very soon to a public House Municipal & County Government Committee hearing where the committee's legislators will recommend one of two things: either that the amendment be moved one step closer to a vote by the people of New Hampshire, or that we be denied our right to vote on the matter entirely. Please contact the House Municipal & County Government Committee members to encourage them to protect the people and places of the Granite State from corporate overreach by recommending the amendment be moved to the November ballot for the People to decide.

The bottom line is shire House and Senate do not approve the NH Community Rights Amendment CACR19

proposed by We the People to expand and protect rights of people and their communities, then we will have been denied the legitimate democratic process of having even the opportunity to vote on a matter that directly affects and concerns our health, safety, and wel-

Please address any questions to New Hampshire Community Rights Network (NHCRN), a non-profit, non-partisan, grassroots organization that advocates for local governing authority for all New Hampshire communities by educating people and elected officials about the right of local community self-government.

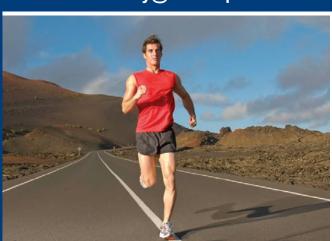
Michelle Sanborn,



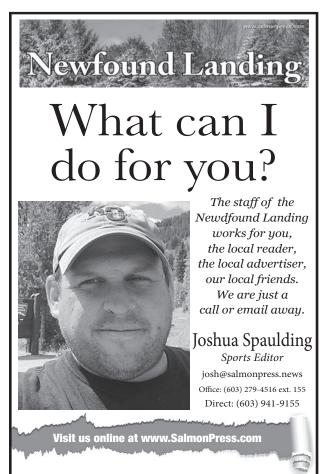
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Gloria T. Mooney, 88

HEBRON — Gloria T. Mooney, 88, died Monday, Jan. 8 at the Laconia Rehabilitation Center.

She was born in Franklin, the only child of George and Leona (Rice) Tucker, and was a lifelong resident of the Newfound area. After graduating from Bristol High School, she attended the University of New Hampshire and worked at the Bristol Bank. She was married to Curtis W. Mooney for 53 years, and and was a loving mother, grandmother, and great-grandmother.

Gloria was an an avid outdoorswoman, enjoyed ice fishing, bird



hunting, and searching the woods for old bottles. She had a great sense of humor and loved playing whist and cribbage with her family. A lifelong reader, she was proud to be the longest living patron of the Minot-Sleeper Library. She, also, enjoyed learning about her

family's genealogy.

Family members include two daugthers, Cathy Konopnicki of Safford, Az. and Tracey Burhoe of New Hampton; two sons, Malcolm Mooney and Curtis Mooney, both of Alexandria; six grandchildren and five great grandchil-

At her request, private services will be held at Homeland Cemetery in the Spring. In lieu of flowers, donations may be made to the NH Humane Society, PO Box 572, Laconia, NH 03247-0572. Arrangements are under the direction of Emmons Funeral Home.

er of Keene: and many

ged, hard-working man

that excelled at what-

ever he did. He had

Construction,

equipment,

Wayne was a rug-

cousins.

Towns

Alexandria

Merry Ruggirello 744-5383 sunshine_eyes51@yahoo.com

Mother Nature aka New England weather certainly did show her diversity this week! With the change in temperatures cleanup is certainly going to be a challenge, so when you go out and about watch for those iced over spots. Thank you to our State and local road crews for all your efforts. Also thank you to all law enforcement fire and rescue folks.

Town

Transfer Station stickers for 2018 are available at the Transfer Station. Please stop by and request yours the next time you are there.

Last week, I noted meetings and up coming Public Hearings for this week and in the coming weeks. Don't want to be overly repetitive, so will give reminders next week.

Alexandria UMC

Friday, Jan. 19, Christian Unity Week service at noon, with a light lunch of soup, sandwiches and dessert.

Sunday, Jan. church services at 9 a.m., with Sunday School at 10:15 a.m.

A huge Happy Birthday to Gene Tucker, who turned 99 years old on Jan. 14! What a delightful little lady she is! Happy Birthday wishes go out to Brenda Sharp also. Happy Anniversary to Phil and Rita Polhemus on Jan. 19!

Time for me to wrap it up for another week! Hope your week ahead is all you hope it to be. Be safe, be kind, keep smiling and stay positive!

Danbury

Donna Sprague huntoonfarm@myfairpoint.net

Blazing Star Grange

The next pickup farmers market will be Jan 20. Warner River Organics has joined the pick up market on harvesttomarket.com. If they are to continue participating on the 3rd Saturday, they will need to have orders enough to make it worth their time to deliver from Webster. They have beautiful kale, mixed greens, carPlease check them out and place an order by January 18th.

The workshops will also run on pickup day. It is time to sign up for the Stampin up class by Maria Polizzi. The class will be held from 9amnoon. For a fee of \$7, you will go home with 3 cards made by you and all you need to add is the stamp. If your New Years resolution was to tie up some loose ends in your life, come listen to Marion Hafner as she leads a discussion on funeral and burial arrangements. Registrations for both events are required by emailing Blazingstargrange71@gmail.com or by calling 768-5579.

Looking ahead, the Feb. 17 pickup market will feature a Thrifty Yankee Ragbag while the March 17 market will be a local business meet and greet. For more information, check out blazingstargrange.org.

Hebron

Bob Brooks 744-3597 hebronnhnews@live.com

Hebron Area Women's Group

The Hebron Area Women's Group will meet on Thursday, Jan. 18. The meeting takes place at the Union Congregational Church Hall in Hebron at noon. All area residents are welcome to attend . We welcome our guest speaker Marylee Gorham, New Hampshire Humane Society Director. Our hostesses are Barbara Stevens, Sue Hunt and Marion Weber. Please bring non perishable items for the Bristol Community Service or if you feel so inclined the Humane Society would be grateful for donations from their wish list which includes laundry detergent, toilet paper, paper towels, stamps and hand soap dispensers. Further information can be can be found at nhhumane.org.

Supervisors of the Checklist in Session -Tuesday,

Jan. 23 at 7 p.m.

The Supervisors of the Checklist will be in session upstairs in the Selectmen's Office Building on Tuesday, Jan. 23 from 7 to 7:30 p.m. This is your opportunity to register to vote, and/or make corrections to the Hebron Checklist.

Supervisors of the Checklist

Barbara Brooks Sandra Cummings Audrey Johnson

Churches

Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays

9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.

9:25 a.m. — KidZone for K-grade six

Special Needs Ministry-high schooladults

11 a.m. — Contemporary Worship Service 11:15 a.m. — KidZone

for K-grade 6 11:15 a.m. — Youth

Sunday School "Toddler Zone" available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone

Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12

Frdiays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays

p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him at accernie@hotmail.com or visit the church Web site, ashlandcommunitychurch.com.

We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.

Real church. Real people. Real simple.

We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Hebron Union Congregational Church

All are welcome to join in our worship services on Sundays at 10 a.m., followed by fellowship and coffee. Please come meet our Interim Minister, Rev. Earl Miller.

During the week of Jan. 15- Jan.19, the Newfound Area Churches celebrate the Week of Prayer for Christian Unity by holding a short noon service followed by a light lunch every day at a different church. On Jan. 15, Martin Luther King Day, the service is at our church in Hebron, on Jan. 16 at Our Lady of Grace in Bristol, Jan. 17 at New Hampton Community Church, Jan. 18 at Bristol UCC, and on Jan. 19 at Alexandria United Methodist Church. case of inclement weather, if the local schools are cancelled, then the ser-SEE CHURCHES, PAGE A7

Wayne Dana Verrill, Sr., 77 da Larson of Ashland; many nieces and nephews; Aunt Rubie Beck-

HAMPTON NEW — Wayne Dana Verrill Sr., 77, of New Hampton, passed away on January 5, 2018, with family by his side.

Born on June 7, 1940, the son of Harold D. and Dorothy M. (Morton) Verrill, he grew up on the family farm in New Hampton and attended the Plaistead one room schoolhouse on Dana Hill Road, and later Ashland schools.

Wayne is survived by his sons, Peter A. Verrill and wife Jackie of Meredith; Wayne D. Verrill, Jr. and wife Candace of Meredith; Samuel M. Verrill and wife Kimberly of New Hampton; daughters

ETTAIN Y WONTEN:

POSITIVELY BOB - Sal, Feb 10

NATALIE MacMASTER & DONNELL LEAHY - Suil Gabi

EXPERIENCE DINNER AND A SHOW!



Toni M. Campbell of Manchester and Laurie D. Jandreau of Meredith; 14 grandchildren; 19 great grandchildren; sister Marion King of Wentworth; brother Willard Verrill and wife Judy of Walsenberg, Colo.; twin sister Elaine (Susie) Putnam and husband Harlie

worked in the logging, paving, and road construction industries, and was well known for his ability to operate heavy equipment, including road grader and excavator. He had worked for Paquette Paving, Keith Construction, Pike Indus-

tries and lastly Adrian Robie to name a few. He was not one to sit idle, ofof Bristol; sister Linten working weekends running plowing snow.

BIG BAD VOODOO DADDY - Tituz (Fab 222

TAB BENOIT'S WHISKEY BAYOU RECORD REVIEW Seal, Med 10

Films & Looking Ahead

1/18 & 19 - "The Disaster Artist" 3/15 - Peter Wolf 3/16 - Peter & Jeremy

3/11 - Phil Wassar
3/23 - Damn The Torpedoes: Tom Petty Tribute
3/24 - Irish Celebration w/ The Celts
4/5 - Hot Tuna
4/13 - Jake Shimabukuro 3/17 - Phil Vassar

5/4 - Noubell Foru 5/12 - Comedian Bob Marley 10/20 - Martin Barre of Jethro Tull

4/20 - Carbon Leaf 1 Allman Project ft. Duane Betts 5/4 - Robben Ford

Wayne was a great provider for his family. In addition to working, he had raised cows and pigs, and always had a big vegetable garden. In his spare time, he liked to fish or go hunt-

cutting firewood

He was predeceased by his wife, Emily M. (Greene) Verrill, the love of his life for 59 years; his father, Harold D. Verrill; mother Dorothy M. (Morton) Verrill; brother in law John King; brother in law Lenny Larson; and grandson Randy Ver-

rill. Calling Hours will be held on Saturday. Feb. 3, from 1 to 3 p.m. at Mayhew Funeral Home, 204 Daniel Webster Highway, Meredith. Wayne will be cremated and his ashes spread with his wife Emily's on their property in New Hampton.

rots and other root crops. Newfound Landing What can I do for you?



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Artistic Roots Souper Bowl is Feb. 10

PLYMOUTH — This is Artistic Roots' 14th Annual Souper Bowl! The popular event is scheduled on February 10th from 2-5 pm at Plymouth's Senior

Center on Depot Street and chowders from in Plymouth. Bowls are currently on sale now at Artistic Roots, Main Street, Plymouth.

The Souper Bowl will feature 20 soups

many local restaurants. Attendees vote on their favorites and the winners receive a plaque. The event serves breads

homemade Both member and local potters create bowls for the event. Cost of a bowl, including a ticket to the event is \$25. If you are lucky enough

These beautiful bowls are just some of the bowls on sale at Artistic Roots in Plymouth for our Annual Souper Bowl. The cost of the bowls with a ticket to the event is \$25. Cost of a ticket without a bowl is \$15. The Souper Bowl will be held on Feb. 10 from 2-5 p.m. at the Plymouth Senior Center. Join the fun!

Churches FROM PAGE A6

vice will be cancelled. If schools are delayed, the services will take place.

Save the date – on Jan. 27, there will be a fundraising lasagna dinner by our Church & the Hebron Village Store - more details coming soon.

Our church is located in the center of historic Hebron village at the intersections of North Shore Road and West Shore Road. Our church secretary's office hours are Tuesdays from 9:30-11:30 a.m. and Wednesday and Thursday afternoons from 1-3 p.m. and our phone number is 744-5883. Our address is 16 Church Lane, PO Box 67, Hebron, NH 03241. The secretary's email address is staff@ hebronchurchnh.org. To find out more about our church, please visit the church website at www. hebronchurchnh.org. Rev. Miller is also available to meet with parishioners and community members. You can call him at 491-8738 or you can make an appointment by contacting the Church Secretary, Linda Kriss using the contact information in this paragraph.

Holy Trinity (Roman Catholic)

Newfound Week Of Churches Christian Unity Service Schedule Services are daily (Monday through Friday), beginning at noon and followed by a light lunch. Monday: Hebron Tuesday: Our Lady Grace Wednesday New Hampton Community Church Thursday: Bristol UCC Friday: Alexandria If Newfound schools are cancelled, the NAC service will be cancelled as well.

Looking Ahead: Ash Wednesday Mass Schedule Wednesday, Feb. 14, 8 a.m., Our Lady of Grace Chapel, noon: St. Matthew Church, noon: Our Lady of Grace (NAC Service With Ashes) 7 p.m.: St. Matthew Church

Red Cross Blood Drive Tuesday, Jan. 23, 1 to 6 p.m., Simard Hall At Our Lady of Grace. Call 1-800-733-2767 for an appointment, or log on to www.redcross.org.

Central NH VNA and Hospice Bereavement Support Groups There are currently five different kinds of bereavement and support groups offered at no cost in Laconia and Wolfeboro locations through Central VNA and Hospice. The groups being offered right now are: First Step Group is for those seeking support for grief over the recent loss of a loved one. Living With Grief is a seven week program to learn about the unique and personal process of grief and coping with loss. Child and Family Expressive Arts Group offers children, teens and family members an opportunity to remember a loved one through art or music. Please call Dan Kusch, bereavement coordinator, for additional information at 524-8444

Weekly Meetings Thursday, Jan. 18

x2390, or email dkusch@

centralvna.org

Day Away Program, Simard Hall, 9 a.m. - 3

Boy Scout Meeting, St. Matthew Hall, 6 p.m.

Parish Council Meeting, St. Matthew Hall, 7

Friday, Jan. 19 RCIA, St. Matthew Rectory, 6:30 p.m.

Saturday, Jan. 20 Greeters Workshop, Matthew Church 10:30 a.m.

Sunday, Jan. 21

Faith Formation: Ashland, St. Agnes Hall, 9:15 - 10:45 a.m. Bristol, Simard Hall, 10:30 a.m. noon Confirmation: Bristol, Marian Center, 9:30 a.m. - 12:15 p.m. (including Mass) Plymouth, St. Matthew Hall, 10:15 a.m. - 12:30 p.m. (including Mass) St. Agnes Prayer Service and Brunch, St. Agnes Hall, 1 p.m.

~AA meeting Monday- Saturday St. Matthew Hall 11 a.m.

Restoration Church, **Plymouth** (Assemblies

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly familv here at Restoration Church. Please feel free to contact us at hello@restorationchurch. cc.. Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled. Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Upcoming Events

Sunday, Jan. 14: Espresso Sunday: we will have Free catered espresso beverages in the lobby of the church.

Sunday, Jan. 21: Baptism Sunday: deciding to follow Jesus is exciting and we want to celebrate with you. For more information inquire at the Welcome center in the church lobby.

Our **Mission Statement: Just One More!**

Evervone is welcome to all of our services. The church is handicap accessible on the east entrance.

Star King Unitarian **Universalist Fellowship**

Starr King Unitarian Fellow-Universalist ship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Jan. 21 Nursery and Religious Education - 9:30 - 10:30 a.m. - Contact:

Jane Clay, DRE

Service 9:30 - 10: 30 a.m. - Mindful Intention and Attention

Rev. Dr. Linda Barnes, Worship Lead-

Emily Jaworski and Will Gunn, Musicians

Our intentions, secret or otherwise, move us in the direction of our soul's longing. This Sunday, we'll explore intention and attention and the possibility of using them to grow those things that bring us joy and wisdom, and diminish those things that cause our suffer-

Visit our Web site www.starrkingfellowship.org

536-8908

Share-a-Book here! You can give books in Spanish to the families in Nicaragua to remember anyone in your life who values books and reading!

Give to Share-a-Book now or in January. We will see that every dollar will go to books for the children of Compas de Nicaragua. These families have no other library! See Margaret Salt or Danni Simon with questions.

Did you know? You can now donate to our monthly outreach from our Web page, http:// starrkingfellowship. org/ You can easily donate anytime. Just click the Donate button found on the webpage.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, Jan. 24 from 10:30 a.m. to noon.

The Activities Committee encourages you to participate in the abundance of interesting events happening in the area. Please take a look at the Activities board outside the Fellowship Hall, pick up the latest copy of our monthly newsletter in the foyer, or visit the Events Page on our website: www. starrkingfellowship.org. Contact Mitch Manseau for further details.

to have a bowl from a past year, tickets without a bowl are \$15.

The money earned from this event helps to support the Gallery, a non-profit organization meet its goals:

Provide local artisans with a gallery to show and sell their work where the artist receives the majority of the sale price and in turn, keeps costs manageable for the buyer.

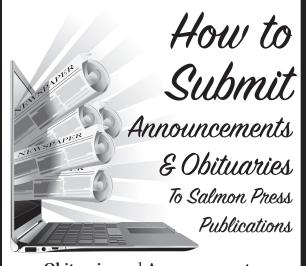
Support artists with a venue to share and discuss their work so that they continue to grow in their fields.

Offer a wide variety

of classes to the community with a minimum fee or free to public so that they can experience different art mediums.

Donate funds to other non-profit organizations in Plymouth and the surrounding towns.

Artistic Root members donate items for a raffle that will be held during the evening. Items include jewelry, photographs, books, paintings, pottery and so much more. Join the fun, get your bowl today!



Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.



2018 Pemi-Baker Beekeepers' Assn. **Beginner Bee School Info:**

Dates - Saturdays only from January 27 through February 24, 2018 Times - 9am to 2pm

American Legion, Post 15, 39 Main Street, Ashland, NH Cost - \$60/pp (one additional family member \$15 extra) Register - http://www.pemibakerba.org/



Landscape painter Margery Thomas-Mueller to display work in Edwards Art Gallery

HOLDERNESS "Landscape is a metaphor for life inside and explains Mar-Thomas-Mueller in the opening of her artist statement for the Patricia Ladd Carega Gallery. "It is where we walk, view, embrace our daily experiences of existence...The complexity that confronts our world daily, trying to uncover the dream beyond, that is the thicket I work at on paper."

Thomas-Mueller's large-scale ings—some as big as 100 by 50 inches—will be on display in the Edwards Art Gallery at Holderness School in January and February. "The Metaphorical Landscape: Drawings of Margery Thomas-Mueller" opened with an artist talk and reception on Friday, Jan. 12.

Thomas-Mueller's abstract landscapes created with graphite and India ink on YUPO, a synthetic paper that has no tooth to hold the ink.

"YUPO has amazing texture and is flexible," Thomas-Mueller explained in an interview with The Take Magazine. "You can work on it with any medium and wipe it clean. It's not permanent and, to me, that's a statement. It's like



Margery Thomas-Mueller's large-scale paintings—some as big as 100 by 50 inches-will be on display in the Edwards Art Gallery at Holderness School in January and February.

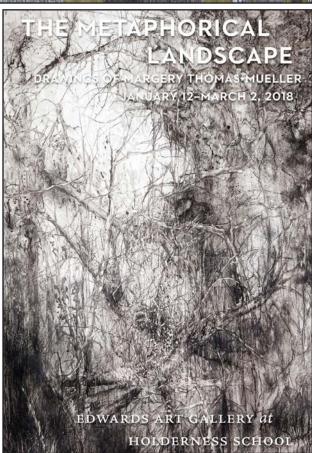
ing landscape and the lack of permanence in the world today."

Working from a rolling ladder so she can reach all corners of her massive canvas-Thomas-Mueller paints spindly branches, delicate flowers, and gnarled trunks that drip down the paper and form thick webs of impenetrable living plants.

entanglements of landscape to wade through, and, in some, the reward of light awaits in the distance," observes Director of the Edwards Art design. For 40 years,

"While the reference to actual landscape is present in the detailing, Mueller also creates a magical, interior landscape linked to our emotions, thus fusing the two worlds we experience daily."

Thomas-Mueller discovered her gift and passion for art in high school and went on to major in painting at Carnegie Mel-"There are thickets lon University, and later studied painting at the Accademia di Belle Arti in Italy. Her first career, however, was in residential and commercial interior



ful business in New York City, eventually opening Margery Thomas and Associates. It wasn't until 2012, that she moved to New Hampshire and pursued painting full time. Since then she's had several solo shows, been accepted into national and international juried shows, and sold her work to private cli-

Thomas-Mueller shares some of her own emotions and experiences, the ones that have shaped her work, at the end of her artist statement for the Patricia Ladd Carega Gallery: "I read about prisons in America that hold innocents, black men beaten by society, issues facing women all over the world, attacks on Planned Parenthood, anti-semitism, migrant Europe...I draw the thickets."

The exhibit will end on Friday, March 2, and will also be closed during the school's vacation from Feb. 4-6.

Gallery hours: Monday, Tuesdays, Thursdays, and Fridays, 9 a.m. - 5 p.m., Wednesday and Saturdays, 9 a.m. - noon.

For more information about the exhibit, contact Franz Nicolay at 630-2238 or fnicolay@holderness.org.



Call Tracy Lewis at (603) 444-3927

Email: tracy@salmonpress.com



Common eye problems in aging adults & risk reduction tips

BY MARTHA SWATS

Owner/Administrator Comfort Keepers

Like all of our primary senses, we tend to take our vision for granted. It helps us navigate everyday life, from the moment we wake up to the time we go to sleep – and yet, how often do we really stop to think about the biological processes involved, or even the possibility that our eyes might fail us? For concern of failing eyesight is quite real.

Past the age of 60, a number of eye diseases can begin to develop, a majority of which have the potential to permanently damage one's vision. What's more, the symptoms associated with these diseases often do not manifest until later in the development cycle. So, while one's vision may seem complete-

many aging adults, the ly normal, there may be problems brewing. Here are the four eye diseases seniors should be aware

> Glaucoma: Technically a group of eye diseases, glaucoma is the result of pressure buildup inside the eye, which ultimately damages the eye's optic nerve. As glaucoma progresses, one may experience his or her peripheral vision to weaken. Prior to

that, however, there are no initial symptoms. In fact, it's estimated that nearly 1 million people have glaucoma but are unaware.

Age-related macular degeneration (AMD): Although it rarely results in blindness, AMD deteriorates one's central vision because of damage to part of the retina called the macula. With this central or "straight ahead" vision affected,

activities such as driving or reading become challenging.

Cataracts: Defined as the clumping of proteins within the lens of the eye, a cataract causes cloudy or opaque vision. Those who have had vision affected by cataracts must have surgery to remove the cloudy lens and replace it with a new one.

Diabetic retinopathy: This is a complication of diabetes, wherein blood vessels in the eyes burst and bleed, eventually detaching the retina. Those with diabetic retinopathy experience shadows or dark objects that float within their field of vision. While there is no cure, laser treatment is often effective in preventing blindness before the retina becomes too damaged.

Risk Reduction: What

Seniors Can Do Like all of our organs, eyes are not immune to the process of aging. A gradual decrease in vision may be normal as we age, but it's not uncommon for seniors to have excellent vision. Encourage your aging loved ones to take the following steps to ensure their eyesight remains sharp late into life:

Schedule a comprehensive eye exam annually (at a minimum), to check for:

Visual acuity (measuring sight at varying distances)

Pupil dilation (widening the pupil using drops, to determine signs of disease)

Tonometry (measuring fluid pressure within the eyes)

Protect eyes from ultraviolet light. If going outside when it's sunny, be sure to wear a widebrimmed hat and sunglasses.

Don't smoke, or take steps to quit. The chances of developing many of the aforementioned eye diseases increase dramatically if you smoke.

Exercise regularly and follow a healthy diet (with physician's approval), with foods high in antioxidants, omega 3 fatty acids, vitamins A and C, and magnesium. Pay close attention to sugar intake especially, as studies indicate sugar has a significant impact on eye disease formation. Always check with your physician before making any dietary changes.

Notify your optometrist immediately if you notice any changes in vision.

Comfort Keepers® Can Help

The compassionate, professional caregivers of Comfort Keepers can help your aging loved ones live comfortably at home, even if they struggle with their vision. They can provide mobility assistance, meal preparation, and help with areas of daily living. Additionally, caregivers will drive loved ones to scheduled optometrist appointments and other places in town. Contact your local Comfort Keepers today to learn more about how in-home care can help your loved ones.

About **Comfort Keepers**

Comfort Keepers is a leader in providing inhome care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers. com/plymouthnh more information.

Common Man contributes funds and food to assist neighbors in New Hampshire

ASHLAND — The Common Man hospitality family in New Hampshire closed out 2017 with a cash donation and the collection of hundreds of pounds of food for The New Hampshire Food Bank.

A donation of \$8,000 was made by The Common Man Vice President Diane Downing and Chief Executive Officer Vincent Vella as a result of funds raised at the Common Man Invitational golf tournament held in the fall.

The Common Man also participated in The Spirit of Giving Food Drive held in December in partnership with WMUR-TV, Dead River Company, Hannaford Supermarkets. Shaw's Supermarkets and The New Hampshire Food Bank, inviting guests bring non-perishable food items to select Common Man locations throughout the state.

"The Common Man collected 891 pounds of food during the Spirit of Giving Food Drive, providing 743 meals to our neighbors in need," said Nancy Mellitt, director of development for the New Hampshire Food Bank.

"With cash donations, can provide two meals for every \$1 donated. Between the golf tournament funds and cash donations made by guests during the food drive, plus an anonymous matching grant that doubled those donations, The Common Man helped to raise \$16,170,



The Common Man Vice President Diane Downing and Chief Executive Officer Vincent Vella (right) present Eileen Liponis, executive director of the New Hampshire Food Bank, with a donation from the proceeds of The Common Man Invitational golf tournament.

which totals meals," said Mellitt.

The New Hampshire Food Bank is also the beneficiary of "Do Good" Common Man family sells during the holiday season. Proceeds are donated to the Food Bank once all books are sold and sales are tallied.

The New Hampshire Food Bank, a program of Catholic Charities New Hampshire, has been working to relieve hunger in the Granite State since 1984. The New Hampshire Food Bank receives no federal or state funding for distribution. In 2016, as the state's only Food Bank, the New Hampshire Food Bank efficiently procured and distributed nearly 13 million pounds of food to people in need through more than 425 non-profit registered agencies. Agencies include food pantries, neighborhood centers, low-income

32,340 housing sites, senior nutrition centers, family crisis centers, hospices, soup kitchens, emergency shelters, after school coupon books that The programs, and day care Common Man Company centers. For more information about the New Hampshire Food Bank, please visit www.nhfoodbank.org and find them on Facebook and Twit-

Founded in 1971, the Common Man family in New Hampshire is made up of 16 restaurants, two Inns, a Spa and Salon, Company Store and The Flying Monkey Movie House and Performance Center. Common Man locations include Common Man restaurants in Lincoln, Ashland, Concord, Claremont, Merrimack and Windham; The Common Man Inn & Spa, Foster's Boiler Room, Italian Farmhouse and The Flying Monkey in Plymouth; The Common Man Inn & Restaurant in Claremont; Lakehouse Grille, Camp, Lago and

Town Docks in Meredith; Route 104 Diner in New Hampton; Tilt'n Diner in Tilton; Airport Diner in Manchester; and the Store in Ashland. The Common Man also offers Common Man-made food at the Hi-Way Diner and The Common Man Roadside food court at the Hooksett Welcome Centers on Interstate 93 north and south in Hook-

The hospitality family's newest project is the revitalization of an antique barn, which was moved from Canterbury to Plymouth, and is taking on a new life as a wedding and event venue called The Barn on the Pemi, opening this spring. For more information about The Common Man, visit thecman. com or become a fan on Facebook at www.facebook.com/thecmannh and find them on Twitter and Instagram @thecmannh.

TOWN OF HEBRON

The Supervisors of the Checklist will be in session downstairs in the Selectmen's Office Building on Tuesday, January 23, 2018, from 7:00 to 7:300 p.m. This is your opportunity to register to vote, and/or make corrections to the Hebron Checklist.

> Supervisors of the Checklist **Barbara Brooks Sandra Cummings Audrey Johnson**

NOTICE TO THE RESIDENTS OF BRISTOL FILING PERIOD FOR TOWN ELECTIONS

Anyone wishing to file for any of the following openings in the Town of Bristol must sign up with the Town Clerk at 230 Lake St. Bristol starting January 24, 2018-February 2, 2018 by 5:00 PM.

- 1 Selectmen for 3 years
- 1 Moderator for 2 years
- 1 Trustee of the Trust funds for 3 years 1 Cemetery Trustee for 3 years
- 4 Budget Committee members for 3 years 3 Library Trustees for 3 years

Regular Business Hours: Monday, Tuesday, Thursday and Friday 8:00am-4:00pm Wednesday 8:00am-7:00pm. The office will be open until 5:00 pm on

February 2, 2018. Warrant articles must be in by February 6, 2018.

Raymah Simpson Town Clerk/Tax Collector

Town of Alexandria First Day to File for Candidacy January 24, 2018

Positions to be filled this year:

Budget Committee

 Selectman 3-year term Town Clerk/Tax Collector 3-year term 3-year term Cemetery Trustee Trustee of Trust Funds 3-year term · Planning Board 3-year term · Planning Board 3-year term Town Moderator 2-year term Supervisor of Checklist 6-year term 3-year term Road Agent Budget Committee 3-year term 3-year term Budget Committee 2-year term

Budget Committee 2-year term Last Day to File for Candidacy February 2, 2018

Town Clerk's Office will be open from 3 to 5 pm on Friday, February 2, 2018

NOTICE ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session at the Alexandria Town Hall on January 23, 2018 from 7:00 to 7:30 p.m. for additions and corrections to the checklist, in preparation for the Deliberative Session of the Newfound Area School District on February 3,2018 at Newfound Regional High School

The Supervisors will also be in session on January 27, 2018, from 11:00 to 11:30 a.m. in preparation for the Deliberative Session of the Town of Alexandria on February 10, 2018 at the Alexandria Town Hall.

> George Whittaker Loretta Brouillard Suzanne Cheney

MARK ON THE MARKETS



BY MARK PATTERSON

More times than not, assessing a potential new client portfolio, I see a mix of mutual and

exchange traded funds. Some of these are managed mutual funds that carry a high expense and some low-cost exchange traded funds. typically to cover the bond allocation. The question to my potential new client is rhetorical in the sense that I kind of know the answer before I ask. I ask

a risk questionnaire. They often say yes, and tell me they were a 6 or 7 out of ten. The S and P 500 risk is about 7, on that scale. When I drill down further with questions that identify how much of their portfolio they could potentially lose via market risk, interest rate risk, credit risk and sequence of returns risk, the profile changes dramatically. Then we may discuss the purpose of the portfolio that is not at all addressed in a risk assessment. You must understand that the retail financial advisor community is directed by the broker-dealer that in my opinion, uses risk profiles to cover their brokers, but does not go far enough into risk, other than market risk and certainly doesn't address the real purpose of those assets being profiled.

Incomplete risk assessments

Most of us understand market risk, especially with the equity markets having been on a tear over the last year. But many of the portfolios I see have bond funds or bond ETF's. These funds are perpetual, in other words, have no maturity date. If interest rates go up, bond values go down and you lose money. As an asset manager I use individual bonds that pay a coupon rate that is steady and sustainable, as well as predictable, so we can manage the income needs of the client while immunizing the portfolio against interest rate risk. We can manage credit risk by using only investment grade bonds. We can assess a real risk tolerance and manage the market risk by using some conservative option strategies. Sequence of returns risk is then managed because we have managed or mitigated the other risks we already discussed!

We at MHP Asset Management use software program that can give us a good first blush at our client's true risk profile. From that point on we can determine the purpose of the assets in the portfolio. We design portfolios with conviction and purpose, and because we are the asset managers, you will never pay a "relationship" fee! What that means to the client is that your portfolio will be crafted for the client's needs and true purpose, and by doing that, the client will have a true risk and needs portfolio that works just for them. We are a fiduciary advisory that works for our clients, not a firm. Our specialty is portfolio design, implementation and management. Our clients work with the manufacturer of the portfolio, not the retailer with their additional cost mark-ups. Experi-

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or mark@mhp-asset.com.

ence the difference!

Franklin Savings Bank announces promotions

them if they answered

FRANKLIN — Franklin Savings Bank announced today the recent promotions of Sarah E.M. Stanley to Community Relations & CRA Officer, Ulrike Smith to Quality Control & HMDA Manager, Dawn Phelps to AVP, Retail Lending Officer & Team Leader, and Kimberly Bliss to Commercial Lending Assistant.

"This is a tremendous opportunity for Sarah, Ulrike, Dawn and Kim to advance further within their respective roles at the bank," said Ron Magoon, President & CEO. "As we continue to expand our lending capabilities it became apparent that we needed to add additional support for home mortgage disclosure act reporting, commercial credit analysis, along with expanded oversight of data collection for community reinvestment act compli-

In her new role, Stanley will continue her community relations efforts as well as administering all aspects of the bank's Community Reinvestment Act Compliance Program. She joined FSB in 1998 in the marketing department where she advanced into a few positions until she transitioned into the role of Community Relations Officer in 2015.

Smith will assume the responsibilities of Quality Control and HMDA Manager where she will have oversight of the administration and management of all commercial and residential lending quality control compliance, along with the administration and management of all Home Mortgage Disclosure Act (HMDA) compliance. She joined FSB in 2014 as Loan Operations Manager, then transitioned to Residential/Consumer Project Manager in 2017.

In her role as AVP, Retail Lending Officer & Team Leader, Phelps will oversee the strategic and new business development responsibilities for the residential lending department and will manage the residential lenders. Phelps started with FSB in 2003 as a Mortgage Loan Originator. In 2004, she was promoted to Mortgage Loan Officer, then to AVP, Retail Lending Officer in 2013. She will report to Jim Dubois, SVP, Senior Loan Officer.

Bliss joined FSB in January 2017 as a Commercial Lending Assistant in the commercial lending department. As the bank continues to experience growth in its commercial lending division, Bliss will develop and enhance her skills in credit analysis under the tutelage of Debbie Clapp, AVP, Senior Credit Ana-

Established in 1869,

Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest in financial services Franklin technology, Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting www. fsbnh.bank, or following the bank on Facebook, LinkedIn, Twitter and YouTube.

FSB raises more than \$16,000 for Granite United Way

Franklin Savings Bank announced this week that it raised more than \$16,900 for its Granite United Way Pacesetter Campaign. From this total, the bank provided a dollar for dollar matching contribution of more than \$8,400. As a Pacesetter organization, the bank's annual fundraising campaign takes place prior to the

launch of GUW's gen-

eral campaign. "I am truly proud of the amount we were able to raise for our Pacesetter campaign for Granite United Way," said Ron Magoon, President & CEO. "This was the first time our Board approved a dollar for dollar match from employee contributions to the campaign which far exceeded our initial goal. This is just another example of our commitment to caring

to the communities we serve."

The funds raised for Granite United Way will be used to support three community impact areas, including education, income and health across New Hampshire.

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning

for and contributing services through its wholly-owned subsidiary, Independence Financial Advisors, from offices in Franklin, Bedford, Gilford, Nashua, Rochester and Merrimack, New Hampshire. As a recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology.

> You can learn more about Franklin Savings Bank by calling 1-800-372-4445, or visiting www.fsbnh.bank, or following the bank on Facebook, LinkedIn, Twitter and You-

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When Do You Need a Financial Advisor?

If you could accomplish all your financial goals just by putting your paycheck into the bank every couple of weeks, you wouldn't need the services of a financial advisor. But life isn't that simple – and so, at some point, you may realize you need some professional assistance. But when?

Actually, you might benefit from the services of a financial advisor during many life events, including the following:

Starting your career - When you're starting out in your career, you may encounter several questions related to your benefits package. Should you contribute to your 401(k) or other employer-sponsored plan? If so, how much, and where should you invest your money? Are the life and disability insurance policies offered by your employer sufficient for your needs? A financial advisor can help you answer these and other questions you may have.

Getting married - When you get married, you'll have to decide if, and how, you want to combine your finances. Also, you and your spouse may have different attitudes about investing risk. A financial professional can help you find common ground.

Changing jobs - When you switch jobs, what should you do with your old employer's retirement plan? And how should you invest in the plan offered by your new employer? As was the case when you first began your career, you may find that a financial professional can help you make the right choices.

Facing a layoff or buyout -You may never go through a layoff, or take a buyout offer from an employer - but if either of these events happen, you will face some financial decisions. And during such a potentially stressful period, you may be tempted to make some financial moves that won't be beneficial. A financial advisor can suggest some strategies that may help you keep your investment situation relatively intact until you land your next job.

Saving for college - If you have children whom you'd like to send to college someday, you'll probably want to start putting money away as early as possible. A financial professional can show you the various college-savings vehicles, and help you choose

the ones that are most appropriate for your needs. Getting divorced - If you are fortunate, you won't ever experience a divorce, but, if it does happen, you'll want to get the professional assistance necessary to ensure fair outcomes for everyone. You'll obviously need to work with an attorney, but you may find that, in the area of investments, a financial advi-

Entering retirement – As vou near retirement, your key questions will switch - but not entirely - from putting money in to taking money out. How much can you with-

sor also can be useful.

draw each year from your 401(k) and IRA without running the risk of outliving your resources? When should you start taking Social Security? If you were to work a couple of years longer than you had originally intended, how would it affect your withdrawal strategies? Again, a financial advisor can help you with these issues.

As you can see, most important life events will carry some financial concerns. But you don't have to face these challenges alone – and by getting the help you need, when you need it, you can ease the transition from one stage of life to another.

and different tolerances for This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.









Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning or qualified tax advisor regarding your situation. Member SIPC

Flooding

FROM PAGE A1

urday while Alexandria saw the Patten Brook flow over Bog Road when ice and melting snow sent the water well over the banking.

Danbury, however, saw many more road closures when the Smith River clogged with ice. North Road remained closed until Tuesday when the waters finally receded enough to allow highway crews to clear the road of ice that was tossed onto the road or formed as the flood waters froze.

"I've been working for this department for a long time, and I've never

seen flooding like this at this time of year before," said one worker as he struggled to clear the road on Monday morning. "Every time I push the ice out of the way, the river just keeps swirling up around the blade."

On Saturday, one car was even caught up in the floodwaters and ice on North Road and finally towed to higher ground on Sunday. Fortunately, there were no injuries in that incident.

Danbury Police Chief David Suckling also reported that over the weekend portions of School Pond, Spa, Eastern District and Taylor Hill Roads were also underwater and closed to traffic, along with Jack Wells and Zaccaria Roads.

Through Tuesday morning officials kept a close eye on portions of Rte. 104, too, where the Smith River experienced several additional ice iams and water threatened to crest over the highway. Many woodlands and fields had water rise across them but the road remained untouched.

As of Tuesday afternoon, most roads in Danbury were re-opened to traffic again but officials remind everyone to use caution when travelling low-lying roadways where icy conditions may still exist.

Dance

FROM PAGE A1

becca Dillon, Leah Deuso, Paige Fischer, Molly Lu McKellar, Kevin Dyer, Jeffrey Huckins, Colby Rose, Myles Perry and Colby Runnels. The eighth grade candidates are Sabrina Alan, Alexia Bassett, Hayse Broome, Mariana Esposito, Abby Springer, Timothy Cantwell, Ryder Downes, Malaki Ingram, Ryan LeBrun and Bodhi Smith. The winners are announced

at 7:30 pm that evening and are awarded plaques. There will be a dance following for the enjoyment of all seventh and eighth graders. The public is welcome to attend for the announcement of the winners.

Plays FROM PAGE A1

ya Jollie. Through their humorous presentation, the audience will discover there is more to art than meets the eye when paintings and sculptures come to life.

Directed by Ms. Lori DeVost, the junior class this year will take on the one-act play, "To Date or Not to Date," where Shakespearean characters will mingle for some interesting dating experiences that are sure to leave everyone laughing.

Finally, the Senior Class of 2018 hopes to bring down the house with their hilarious presentation of "10 Ways to Survive the Zombie Apocalypse." Under the direction of Ms. Jennifer Schaffner, the actors will give their audience options to consider should the world ever near an end and zombies are on the loose.

The night isn't all laughs and entertainment however; there is a bit of friendly competition involved as well. Through their performances each of the four classes will be vying for trophies in five categories: All Star Cast Members, Best Actor, Best Actress, Best Director and Best Play.

This evening of One-Act Plays will begin at 7 p.m. on Friday, Jan. 26, and the public is encouraged to come out and enjoy the show. Admission is \$7 for students and \$10 for adults. Refreshments will also be available.

Birdie

FROM PAGE A2

Gilford,

this year.

ter but spirit did.

FROM PAGE A1

The audition schedule for Jan. 30 (with a snow date of Jan. 31) is as follows:

3:30-4:30 p.m. - Elementary school students (those students participating in the ski program may attend either the middle school

when scores didn't mat-

Special Olympians who

must make the baskets

and that only added to

team was excited to be an

important member of his

team by putting numbers

on the board throughout

the day, while Megan

was pleased she also

played a scoring role for

the Winnisquam team.

In the long run, each was

just happy to take part in

three years now and the

support we receive from

all the athletes is great,"

High School joined the

jamboree for the first

time this year with their

Newfound Regional

"I've been playing for

the competition.

Megan said.

Josh from Belmont's

the excitement.

or high school audition times); 4:30-5:30 p.m. – Middle school students; 6-8 p.m. – High school students and community members.

Wiencek asks that everyone arrive 15 minutes prior to their scheduled time to complete the audition sheet and registration forms. She also asks that all participants

Director Peter Cofran

was among those in at-

tendance who were hap-

wear comfortable clothes and appropriate shoes for the dance portion of the audition (bare feet and stocking feet are not permitted).

Those who would like to audition for a role that would include solo should performances prepare a song of their own choosing, preferably something from a Broadway musical that is no more than 30 to 60 seconds in length. Those not seeking a solo-performance role will only be required to sing in a pre-determined group try-out.

Questions about the audition process may be directed to Wiencek by email at swiencek@sau4.

Approval **FROM PAGE A3**

WMNF in a minimally impactful way when considering all available alternatives."

The Northern Pass is a 192-mile electric transmission line project that will bring to New England 1,090 megawatts of clean hydropower. This reliable and affordable source of power will also bring a wide range of benefits to the region, including millions of dollars in energy cost savings and a significant reduction in carbon emissions. To learn more about Northern Pass, go to www. northernpass.us.

Eversource (NYSE: ES) is New Hampshire's largest electric utility, serving more than 500,000 homes and businesses in 211 cities and towns, and also supplies water to apand businesses in Hampton, North Hampton and Rye. Eversource is proud to be recognized as the top contributor to United Way in New Hampshire. Recognized as the top U.S. utility for its energy efficiency programs by the sustainability advocacy organization Ceres, Eversource harnesses the commitment of its more than 8,300 employees across three states to build a single, united company around the mission of safely delivering reliable energy and water with superior customer service. For more information, please visit our website (www.eversource.com) and follow us on Twitter (@eversourceNH) and Facebook (facebook.com/EversourceNH). For more information on our water services, visit www. aquarionwater.com.

Jamboree new Unified Sports Basketball Team. Athletic

Participants in the py to cheer them all on. 2018 tournament came "I think this is great. from Belmont, Berlin, If we want to talk about Interlakes/ mainstreaming in Moultonborough, Newschools, actions like

found, Winnisquam and this speak louder than White Mountain. While words," Cofran said. other schools had hoped He added that the to attend, scheduling beauty of Unified Sports is bringing mainstream and other complications kept a few of them away student athletes, who might not have time to New rules in Unified commit to a rigorous Sports this year state team practice schedule, that school athletes cantogether with others who not score the points, only just want to experience help to move the ball the thrill of competition. down the court. It is the As a result, they partici-

> know each other better. "It's great to see them high-fiving each other as they go from class to class. They (the mainstream students) realize they're giving something back by playing Unified Sports," Cofran said.

pate on a team and get to

White Mountain High School was another team experiencing their first ever tournament play.

"It was a long ride but we're very happy to be here. This sounds like it will be a lot of fun," said Ken Mayer.

Athletes from White Mountain were also excited as they prepared to take on Newfound for their first match-up.

To move things along, each game had two eight-minute halves and after every four games, music blared, athletes danced and Huck-A-Bag raffle winners were announced. Other raffles for numerous gifts and gift cards from local businesses, along with a \$400 Inner Circle membership to the Bank of New Hampshire Pavilion's Summer Concert Series, were awarded at the end of the day.

Over the course of the tournament, athletes from Winnisquam and Gilford met students from Newfound, Belmont and Interlakes/ Moultonborough in a local challenge. They then went on to face off against teams from Berlin and White Mountain in a series of abbreviated play. To wrap up the day at 2:55 p.m., the Belmont team went headto-head against Berlin for a final full regulation game, which had everyone cheering, no matter which team they represented.

Contigiani's friend, Special Olympian Laura Davies, was a big part of her inspiration to organize the initial jamboree in 2015. As always Laura contributed to the preparations for this year's event and even obtained raffle items from

Fratello's Restaurant where she now works. Due to her age, this was Davies's last year to participate on the Belmont team, but she's not walking away from the tournament she helped inspire.

"I love it. This is a really wonderful thing and I'm looking forward to helping Cassie out in the future," she said.

Davies was recognized by Contigiani with a full page tribute in the jamboree's program this year. Friends since they were young girls, and young athletes, Contigiani said she was grateful for their friendship and all that has transpired as a result.

"Laura and I had the chance to be ambassadors at the 2015 Special Olympic World Games where we made friends with athletes all around the world," she wrote.

That friendship now brings even more people together in the spirit of camaraderie and sportsmanship.

All proceeds from the Fourth Annual Unified Basketball Jamboree will help Belmont athletes take part in the New Hampshire Special Olympics Winni Dip in March, ultimately giving back to the nonprofit organization that supports it all.

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We are just a call or email away. Tracy Lewis Advertising Manager

tracy@salmonpress.news Office: (603) 279-4516 ext. 182 Direct: (603) 575-9127

Select Board

Town of Hebron PO Box 188, Hebron, NH 03241

NOTICE OF PUBLIC HEARING

In accordance with RSA 32:5, you are hereby

notified that there will be a public hearing on the

To be held at 7:00 P.M. on Tuesday, January 23,

2018 at the Hebron Community Hall located at

Copies of the budget and warrant articles will be

Hebron town budget and warrant articles for fiscal

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A12 NEWFOUND LANDING, THURSDAY, JANUARY 18, 2018

Notebook

FROM PAGE A5

As supper proached, guests began converging on the main camp, and various characters recounted things that a kid with big ears---that was me, all right---never forgot.

One of these stories involved a pair of martens a guest had seen that day, at which an old hunter piped up "Yup, pine marten, the only animal that can catch a red squirrel in a tree."

The "pine" was pavernacular, and it has long been just plain "marten" in

learned circles. As for quickness, the marten's next-up cousin the mink is almost as fast, but not quite.

One sunny October Sunday afternoon I had a few hours off, and went bird hunting over the ridge behind Clarksville Pond and then down around the old Scott Opening---"bird" meaning partridge. As I approached an old road that would take me back toward home, a huge bird came swooping down through the woods, doing a dipsy-do while emitting musical yelps

and cries.

"Yup," said old-timer sagging in the couch when I brought the story back to camp, "Cock of the Woods." It was the old name for the pileated woodpecker, rare back then, but like so many wild creatures, back in healthy numbers today.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH

Conservation

FROM PAGE A5

walk, a paddle or simply sitting quietly. It is easy to forget how Nature provides for us, and as fewer children experience the outdoors, more grow to adulthood without a sense of its role in our wellbeing. It seems many have forgotten what our grandparents knew; how to care for each other, and our land, with a committed and active community.

Our message of hope, and call to action, is that a little time spent outdoors will reward you with sounds, sights and smells often buried



Young hiker on Little Sugarloaf, New Year's Day 2018.



COURTESY

Snow Angel on Goose Pond, New Year's Day 2018.

in memory. Whether gazing at the stars from your deck on a cold night, or hiking the Elwell Trail from Newfound to Cardigan, being open to Nature is always an awakening. To preserve what we love – Newfound's beauty and value – the solution is simple: care for your own land, shape town policies that balance low-impact development with preservation, and help

conserve wildlands. "In a time when every last piece of the Newfound watershed means more each day,

that we have to choose the future. Together. Now." Our work continues to make a real, positive, and lasting difference. Please join us, your friends and neighbors as an active participant in the outside world, and as a steward of the Lake and its land – wherever your watershed may

The NLRA founded in 1971 to protect and preserve the Newfound Lake watershed. Learn more on our website, our Facebook page, or contact us at info@Newfoundrejoice in the power Lake.org or 744-8689.

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Newfound Landing

Bears bounce back, knock off Berlin, White Mountains

Sports Editor

BRISTOL — Newfound hoop girls re-

January continues with a full slate of high school games on the docket for the local squads.

At Newfound, the hoop boys will be hosting White Mountains on Friday, Jan. 19, at 6:30 p.m. and will be at Prospect Mountain at 6 p.m. on Tuesday, Jan. 23. They return home to host Stevens at 6:30 p.m. on Thursday, Jan.

The Newfound girls' basketball team will be visiting White Mountains on Friday, Jan. 19, and hosting Prospect Mountain on Tuesday, Jan. 23, both at 6:30 p.m. and will travel to Stevens for a 7 p.m. game on Thursday, Jan. 25.

The Newfound unified basketball team will be at Belmont for a 3:30 p.m. game on Monday, Jan. 22.

The alpine Bears will be SEE ON TAP PAGE B6



JOSHUA SPAULDING

Savanna Bony scored in double figures in both of her team's games last week.

bounded from the first regular season loss with a pair of wins last week.

On Tuesday, Jan. 9, the Bears traveled north to take on Berlin and came away with a 49-39 win over the Mountaineers.

The Bears jumped out to a quick lead on the road, getting an 11-2 advantage early on and took a 17-10 lead after one. Ashlee Dukette (six), Savanna Bony (six) and Jasmine Peterson (five) accounted for all of Newfound's points in the frame.

The Bears seemed to slow down a bit on the ond half, edging Berlin by a 12-10 score for a 29-20 lead at the halftime break.

The second half was a fairly even battle, with Newfound edging Berlin 10-9 in the third and the two teams played to a 10-10 tie in the fourth quar-

"Our offense got very stagnant in the second half and didn't run the floor well," said coach

offensive side in the sec- Karri Peterson. "It's always tough taking the long bus ride north but they started out strong.

> "We just can't allow ourselves to become complacent and stagnant, as it affects our play," the veteran coach added.

Bony led the way with 18 points, while Peterson had 15 points, nine rebounds, six steals, three assists and two blocks. Dukette finished with 15

SEE **GIRLS** PAGE B6

Northern teams trip up Bear boys

BY JOSHUA SPAULDING

BRISTOL — The Berlin boys' basketball team was predicted to be one of the top teams in Division III this year and the Mountaineers showed a bit of why that is so when they traveled to Bristol on Tuesday, Jan. 9.



AJ Palumbo-Muse drives toward the basket during Newfound's game with Berlin last week.

The visitors jumped out to a 27-7 lead after one quarter and led 49-14 at halftime on the way to an 86-45 win over the Newfound Bears.

"No match for the preseason number one team." said Newfound coach Tom Bourdeau. "We did battle hard in the third quarter and

won the frame." The Bears knocked down five three-pointers in that third quarter, outscoring the Mountaineers 20-15. This was an improvement from the first half, when the team missed all five three-pointers it attempted. They also got three threes in the fourth quarter from Tyler Boulanger to finish at 53 percent on the day beyond the arc, though shot just 35 percent overall. Berlin shot 64 percent.

Boulanger led the way for the Bears with 14 points on the night and he also pulled down four rebounds to lead the team on the boards. AJ Palumbo-Muse added 13 points and Mason Dalphonse had eight.

Newfound traveled to White Mountains on Friday and came through with a huge third quarter and eventually forced overtime before dropping a 61-59 decision.

The Bears fell behind with another slow start, trailing 18-9 after one and White Mountains opened the lead to 30-13 midway through the second but Newfound closed out the quarter on a 9-2 run and it was 32-22 at the halftime break.

Newfound opened the

third quarter on a 9-2 run to cut the lead to three and Palumbo-Muse and combined Dalphonse to score all 17 of Newfound's hoops in the frame.

The Bears took the lead at 45-44 midway through the fourth quarter on a James Shokal three-pointer and with a couple of minutes to go, the Bears led 52-49. They had a couple of good defensive stops and had chances to extend the lead, but they missed a field goal and had a couple of turnovers, keeping the score the same. The Spartans got an offensive rebound and Newfound fouled with 7.8 seconds to go. After they hit one free throw, they got the offensive rebound on the second and put it back to tie the game at 52 heading to overtime.

Newfound got out to a 59-56 lead in the extra frame and took the ball out of bounds with 38 seconds to go, but a costly turnover and Spartan three tied the game and another offensive rebound led to the winning hoop.

"Very pleased with how my players battled back from the early deficit, but not pleased with the early deficit," Bourdeau stated. "I think this game really showed our inexperience of playing in tight games.

"Many mistakes were made towards the end because these kids have not been in this situation," the Newfound coach continued. "During timeouts and up three points

SEE **BOYS** PAGE B6



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Bobcats roll past Laconia, fall to Lebanon

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — The Plymouth boys' basketball team picked up an easy win to kick off last week and then dropped a tough decision to close out the week.

The Bobcats opened the week by hosting Laconia on Tuesday, Jan. 9, and jumped out to a 40-15 lead at halftime and then backed off in the second half on the way to the 64-49 win.

"We were pretty spread out with the scoring," said coach Mike Sullivan. "And we were excited about the win."

The Bobcats had three players in double figures, with Danny Carey leading the way with 12 points and Jordan Docen and Colby Moore each putting in 10 points. Jake Lamb added nine and

Owen Brickley put in eight points in the win.

"We were excited about going into Friday night against Lebanon," Sullivan said. "We thought we could beat them."

However, the Lebanon team that showed up in Plymouth on Friday, Jan. 12, was much different than what Sullivan had scouted earlier in the season.

The Raiders drained 10 three-pointers on the way to the 61-48 win over the Bobcats.

"That was not the same team I scouted," Sullivan pointed out. "They hadn't made more than five threes in a game the entire season."

The Bobcat coach was quick to note that his team just could not hit the shots when they



Jordan Docen drives to the hoop during action against Lebanon last week.

RC GREENWOOD

needed to. Plymouth was three-for-19 from beyond the arc and were only seven-for-20 from the free throw line.

"You can't win games not executing," Sullivan said. "We played hard for 32 minutes but we just couldn't match what they were doing on the offensive end.

"It was a tough loss, but we're 3-3, playing hard and hanging in games," the Bobcat coach said. "We're fired up for Tuesday at home against John Stark."

Docen and Lamb led the way for the Bobcats with 10 points each.

The Bobcats were hosting John Stark after deadline and will be at Kennett for a 6:30 p.m. game on Friday, Jan. 19, before hosting CoeBrown at 6 p.m. on Monday, Jan. 22.

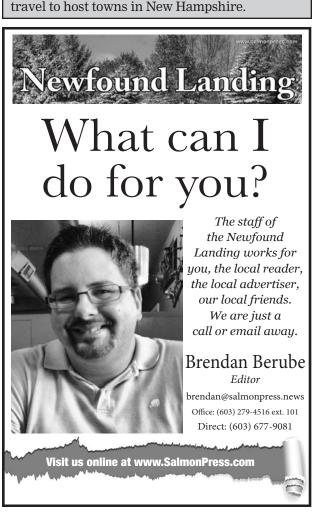
Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Lakes Region Lacrosse registration is open

REGION — Registration for Lakes Region Lacrosse is open now through Feb. 28 for all interested athletes. Girls' and boys' teams for grades seventh/eighth, fifth/sixth, third/fourth and first/second are planned, offering a fast-paced spring sport. New players are welcomed and encouraged to sign up. Last year, more than 150 youth athletes began or continued the development of their skills, sportsmanship and knowledge of the culture and tactics of lacrosse. Registration can be completed at lrlacrosse.org. If you have questions about the Lakes Region Lacrosse Club or registration, e-mail lrlcreg@gmail.com. Winter skills clinics will be offered, watch the web site for details. Scholarships available upon request.

The Lakes Region Lacrosse Club is open to girls and boys of all abilities who reside in the Lakes Region of NH's surrounding towns that do not currently have a youth lacrosse program. Participants include residents of Alton, Center Harbor, Gilford, Gilmanton, Belmont, Meredith, Moultonborough, Northfield, Sanbornton and Tilton. The club is a member of the New Hampshire Youth Lacrosse Association (www.nhyla. org). The club's home field is the Meadows Complex in Gilford.

Practices typically begin in late March, with weather/field conditions being the primary factor. Practices are held 2-3 times per week. Seven regularly scheduled league games occur on Sundays and an occasional Saturday, beginning April 8 through mid-June. Approximately one half of the games are held locally and one half require travel to host towns in New Hampshire.



Nangle's hat trick leads Cats to first win

BY JOSHUA SPAULDING

NASHUA — The Kearsarge-Plymouth hockey team picked up its first win of the season on Wednesday, Jan. 10, traveling to Nashua's Conway Arena and dispatching Hollis-Brookline-Derryfield by a 6-4 score.

The hosts scored the first goal of the game, slipping the puck past Sam Johnson with 9:08 to go in the first period, but the Cats were able to bounce back.

With 3:04 to go in the first, Nate St. Pierre scored on assists from Alex Nangle and Garrett Sprenger to tie the game at one.

The hosts were able to score in the final minute



JOSHUA SPAULDING

Alex Nangle had a hat trick in Kearsarge-Plymouth's first win of the season last week.

of the first period, however, taking a 2-10 lead to the first intermission.

Kearsarge-Plymouth did not let that momen-

tum continue very long, however, as the Cats scored just less than two and a half minutes into the second period, with Nangle finishing off an assist from Josh Johnston to tie the game at two

SEE **HOCKEY** PAGE B6

Weather, wildlife and the problems they cause

Following the holiday break, the winter sports season is back in full swing as we roll through the middle of January.

Of course, weather always plays a role in the winter sports world and this year has been no exception. The first Nordic meet of the season that was originally scheduled for Jan. 4 at Great Glen Trails, had to be postponed due to the snowstorm that blew through the area that day. The alpine meet scheduled the next day at Gunstock was cancelled due to the storm and the impending frigid temperatures. I was bummed to miss out on the alpine meet because it was the only one this season where all five of the schools that I cover were going to be in attendance. Plus, chances to go skiing on a regular basis are always good. And just for good measure, last week's alpine meet at Cranmore was post-

poned due to rain.

The weather was perfect for the first alpine meet of the season, which was held before Christmas at King Pine

CHANCE

By JOSHUA SPAULDING

Ski Area. It wasn't too cold and the conditions were perfect. I spent the morning taking pictures of the race and then

spent the afternoon ski-

ing with a friend before

heading out to go to a

SPORTING

hockey game that evening.

Weather also caused a problem early in the season when I was scheduled to attend a Kingswood girls' basketball game and I couldn't make the rescheduled date, meaning the first time I saw the Knights was in the holiday tour-

The weather hasn't been a huge problem otherwise, but I did have another issue right before the holiday break that caused problems. The Wednesday before Christmas was one of our early deadline days, so after attending the ski meet at King Pine, a hockey game in Conway

nament.

and a hockey game in Wolfeboro, I came back to the office in Meredith to put together the North Country papers.

It was a long night,

as I expected it to be and I headed out for home at about 1 a.m. Shortly after I passed Skelley's Market on Route 109 in Moultonborough, headlights picked up a pair of deer darting across the road from the right. I slammed on the brakes and turned to the left and missed them but a third deer came bouncing out of the woods and right into the front right portion of my car. I pulled over just down the road and when I got out of the car, I watched the deer run off into the woods and went around to check the front of my car. The headlight was still working but the casing was cracked, the bumper was cracked and it was obvious there was more damage that I couldn't see in the dark.

home and went to bed.

After looking in the morning, I noticed a big

However, the car was

still driveable, so I went

dent in the hood and the fender. I called my insurance agency and put the process in place. The headlight eventually went out, but surprisingly, I was only stopped by the cops once in the few weeks I drove like that. This past week, my car was in Eckhoff's Garage in Ossipee and I got to drive an SUV around for a while until it was fixed.

The weather and games also have kept me from making the trek north to take down the Christmas lights. Hopefully I can get that done before Korea.

Finally, have a great day Steve Eckhoff.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.





Troy Johnson works his way to a win on his way to winning his weight class at the Winnisquam Cole Johnston wrestles in action at the Winnisquam Winter Classic on Saturday.

Bobcats take second at Winnisquam Winter Classic

BY JOSHUA SPAULDING Sports Editor

TILTON — The Plymouth wrestling team was a bit shorthanded on Saturday for the Winnisquam Winter Classic and ended up finishing second to perennial Division I power Timberlane on the day.

"There were a couple of matchups that could've gone either way," said coach Randy Cleary. "If one goes the other way, we would've outscored them."

The Bobcats were playing without Alex Hamel, Nolan Farina and Tracy Christiano, who Cleary said all could've helped add a few points along the way.

The Bobcats came away with two championships, with Joe Cleary winning at 126 pounds and Troy Johnson winning at 195 pounds. Second place finishes went to Charlie Comeau at 106 pounds, Hunter Lessard at 138 pounds and JC Gaumer

at 132 pounds. Jason MacAllister added a third place at 113 pounds, Griffin Smith was fourth at 145 pounds and Ethan Mac-Donald was fourth at heavyweight. Joe Collette at 132 pounds and Cole Johnston at 160 pounds both finished fifth and Nate Borger at 170 pounds and Trevor Randlett at 120 pounds both finished in sixth place.

Cleary earned a bye in the first round, then pinned Kenzie Bourgeois of Winnisquam to

he pinned Adam Marquis of Timberlane.

Johnson won a 15-0 decision over Christian Kuechler of Pinkerton, then pinned Tristan Sharich of Concord to reach the finals, where he pinned Tom MacDonald of Pinkerton to get the win.

Comeau got a 13- win over Mark Harrington of Pinkerton, then won 21-10 over Michael Mitchell

of Winnisquam to reach the finals. He lost to Jake Rousseau of Timberlane in the finals.

Gaumer opened with a pin of Tommy Sargent of Concord, then beat Collette to advance to the finals, where he was pinned by Brent Seavey of Timberlane.

Lessard pinned James Bonnell of Concord and Tyler Denton of Goffstown before falling

berlane in the finals.

MacAllister dropped his opening match to Ella Davidson of Keene 9-3, but rallied through the loser's bracket to beat Bryan Lowell of Mascoma in the third place match by an 11-1 score.

Smith pinned Wilton Geissenhainer of Goffstown and Cortland Miller of Concord before

Keene by a 3-0 score. He lost in the third place match to Joe Friel of Timberlane by a 12-10 score.

MacDonald pinned Ronnie Mills of Winnisquam in 15 seconds then was pinned by Tyler Bill of Mascoma to move to the consolation bracket. He beat Matt Dalton of Goffstown with a pin but was pinned by Cam Mac-

to Nick Pallaria of Tim-falling to Joey Wilson of ro of Pinkerton in the third place match.

> Collette beat Sam Theriault of Souhegan in his first match before falling to Gaumer. In the consolation round, he beat Mason Benedict of Kearsarge in the fifth place match.

> Johnston lost his first match to Alex Galatis of Concord but came back and beat Anthony Rosales of Concord by pin before falling to Sam Lantz of Concord by a 9-2 score. He got a forfeit over Tyler Langill of Winnisquam in the fifth place match.

> Randlett lost to Rovanee Nickson of Concord 7-1 in his first match and then came back and defeated Corrine Croto of Kearsarge before eventually losing to Nickson again in the fifth place match 3-1.

Borger pinned Hunter Krol of Pinkerton and Rooster Smith of Goffstown before falling to RJ Higgins of Keene to move into the consolation round, where he finished sixth.

The Bobcats opened the week with a win over Mascoma, winning all matches except at 170, 182 and heavyweight.

The Bobcats will be at the Timberlane Invitational on Saturday, Jan. 20, at 9 a.m. and will be hosting Kearsarge on Wednesday, Jan. 24, at 6

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



The Pemi Highlanders won the fall adult hockey league title. Back row (I to r), Brett Silva, Scott Shedd, David Chapman, Clifford Mask, Bob Amberg and Karl Houghton. Front row (I to r), Brendan Mathieu, Jeremy Bonan, Tommy Dowell and Braden Smith. Missing from photo is Steve Dabrieo.

Adult hockey league champions crowned

Plymouth State University adult hockey league recently wrapped up fall league play and the Pemi Highlanders captured the championship.

PLYMOUTH — The Teams are a mix of collegiate and community members facing off at the PSU ice arena on Sundays and Tuesdays.

> The spring season of adult hockey league

(18+) will be gearing up to begin play on Feb. 4. New teams are welcome to join and can register online at plymouth.edu/

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reach the finals, where

Celebrate groomed XC ski trails at Castle in the Clouds

MOULTONBOR-OUGH — The Lakes Region Conservation Trust is excited to announce that groomed cross-country ski trails are now available at the Castle in the Clouds Conservation Area in Moultonborough. To celebrate, LRCT in partnership with the Castle in the Clouds, will offer a family friendly cross-country ski event on Saturday, Feb. 24, from 10 a.m. to 12

Gather in the fields at Shannon Pond where a roaring campfire and hot cocoa will await you. Skiers of all ages are welcome to stop by and take a trip along the trails at their leisure. A guided trip lead by LRCT Land and Stewardship Director Dave Mallard will be offered starting at 10 a.m. and will return by 12 p.m. After your morning of skiing, stop by the Carriage House for lunch. Their new winter hours are Friday-Sunday 11 a.m. -3 p.m.

Offering groomed trails has been a goal for LRCT since 2002 when the property was purchased. At that time, the Appalachian Mountain Club was engaged to conduct a comprehensive assessment of the property's trails and carriage roads. This winter, thanks to the availability of a groomer and snowmobile from the Squam Lakes Association, and the services of commitand experienced volunteers like Justin Chapman of the Red Hill Ski Club and Jeff Hussmann of the Nordic ski program at Moultonborough Academy, this goal has been achieved.

Parking will be available at the hiker parking lot at the top of Ossipee Park Road off Route 171 in Moultonborough. The groomed trails currently extend from this location to a loop along the field near Shannon Pond and SEE **XC SKI** PAGE B6



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"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin. r an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42

U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis

To complain of discrimination call **HUD** toll free at 1-800-669-9777 For The Washington DC area, please call

HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call

The New Hampshire Commission for Human Rights at 603-271-2767

or write The Commission at 163 Loudon Road. Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Rentals

Dalton NH. Large first level apartment in renovated farmhouse. Large yard, quiet, rural setting. 12 mi. from LRH, ideal location for health care professional wanting a quiet place to reside. 750.month, tenant pays own utilities. No smoking inside, pets OK with additional pet depo

Call 603-986-9543 or stop at Aylakai, 36 Main St, Littleton for rental application.

Apartments For Rent

Downtown Meredith newly renovated 2 bedroom apartment for rent. Walking distance to docks, w/d hook-up and mudroom, off street parking. No smoking. No nets \$1200/month + utilities. Available February. Call Ron 476-7296.

MEREDITH: PINEWOOD KNOLL, Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.

Call David at 253-6247 or 781-665-8400.

Public Notices

GROTON TOWN OFFICES Open for Elections 2018 Select Board - one position - 3 years Town Clerk/Tax Collector - one position -

Trustee of the Trust Fund - one position -3 years

3 vears

Town Auditor - one position - 1 year Supervisor of the Checklist - one position - 6 years

Planning Board Member - two positions -3 years, one position - 1 year Zoning Board Member - two positions - 3 years Cemetery Trustee - two positions open for

Library Trustee - one position - 3 years

Town Filing Period - January 24th 9am -February 2nd at 5pm File in person at the Town Clerks Office 754 N. Groton Rd., Groton, NH phone: 603-744-8849





Your family, friends and neighbors are all counting on you. If you own a firearm

and are not using it, please be responsible and be sure that it's stored in a safe place.

Visit ncpc.org to determine the best firearms safety solution for you.

NATIONAL GRIME PREVENTION COUNCIL

⊕BJA



TOWN-TO-TOWN CLASSIFIEDS



The Inn on Newfound Lake **HELP WANTED**

Waitstaff, Housekeeping, Dishwasher, Office/Accounting Clerk.

Call for an interview, (603) 744-9111 email resume to innonlake@metrocast.net 1030 Mayhew Turnpike, Bridgewater, NH 03222 or



competition through advertising! It works.

Call 1-877-766-6891

salmonpress.com







GOOD PAY FOR HARD WORK

King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You

As a full-time employee, you will qualify for health insurance/dentail/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com



\$3,000 SIGN-ON BONUS

For two years of experience

- RN M-S/CHARGE 36 hours
- RN M-S 36 hours

Contact Human Resources at (603)388-4236

Apply On-line at www.ucvh.org 181 Corliss Lane, Colebrook, NH 03576 **EOE**

Steel Erectors. Metal Roof & Siding Installers Foreman, Leadmen **And Laborer Positions**

Will Train. Valid Driver's License required. Application available at:

UX 630 Daniel Webster Hwy. Plymouth, NH 03264 (603) 536-3533

Leading Pre Engineered Metal Building Co.

Forest Hill in Franklin, NH Breton Woods in Gilford, NH River Hill Family Housing in Pembroke, NH Rockwood Family Housing in Pembroke, NH

Affordable Townhouse

& Garden Apartments

USDA Rural Development Properties

Accepting Applications Now for:

Ridgewood Hill in Lancaster, NH Sunrise Hill in Allenstown, NH

1 & 2 Bedroom Apartments Available

Income Certification & Reference Checks Required Applicants must meet USDA-RD Income Guidelines Equal Opportunity Provider & Employer

For more information contact: **Allgeyer Management Services** 15 Glass St., Suite 102, Suncook, NH 03275

(603) 485-5098 TDD Relay: 1-800-735-2964



Upper Connecticut Valley Hospital

FULL TIME OPPORTUNITIES

- RN M-S/CHARGE 36 hours (night shift)
- RN M-S 36 hours (night shift)
- RN M-S 36 hours (day shift)
- RN Charge 36 hours (night shift) • RN M-S/CHARGE – 36 hours (day shift)

PART TIME OPPORTUNITIES

- MATERIALS MANAGEMENT TECHNICIAN
- OR NURSE SUPERVISOR
- PATIENT ADMINISTRATIVE SUPPORT

PER DIEM OPPORTUNITIES

- COOK
- CARDIAC REHAB NURSE
- HOUSEKEEPER
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN
- RADIOLOGIC TECHNOLOGIST

Apply Online at www.ucvh.org Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603)388-4236 ucvh-hr@ucvh.org

EOE

IMMEDIATE OPENINGS

Sawmill and Planer Mill Workers

Full-time Day Shift, Benefits include vacation, sick and holiday pay, insurance, credit union, 401(k) plan.

Apply in person

PRECISION LUMBER INC.

576 Buffalo Road • Wentworth, NH 03282

HELP WANTED



Crew Members and Crew Leaders

Year round positions available for Snow Removal and Landscaping services. Hardsape experience a plus. Valid driver's license and clean record. Must be able to work outdoors in all types of weather. Overtime available.

603-728-8116 or email 3LakesLandscaping@gmail.com

Your Community Health Partner Since 1975

ACHS - LITTLETON

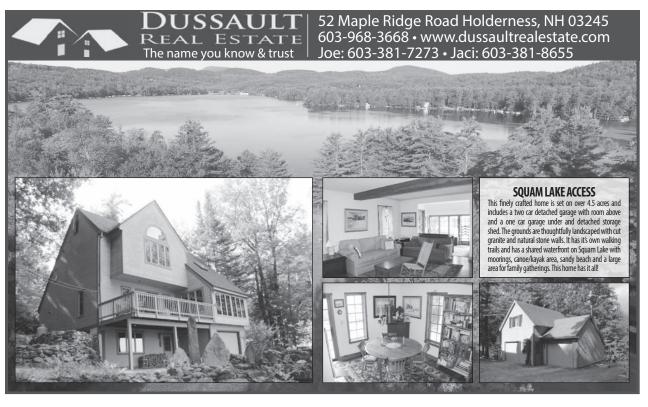
ACHS, a fast-growing, nationally recognized Federally Qualified Health Center, in Littleton, NH., is seeking:

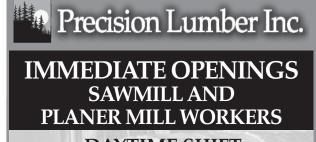
Medical Billing & Coding Specialist

This is a key position providing a range of critical tasks that support an efficient and financially sustainable health center. You'll be responsible for the accurate flow of medical information and patient data between providers, patients, and third-party payers. You'll help ensure timely and accurate submission of insurance claims, complete follow ups and denial managements as well as filling appeals. You MUST be detail oriented and thorough, with excellent organizational and time management skills. Customer service, computer skills, medical records or medical office experience preferred. AAPC Certification or equivalent coding experience preferred, as well as 2-5 years' experience This is a full-time, M-F daytime position.

Looking for a career with the potential for exciting learning opportunities, competitive pay and benefits at an award-winning, active and caring organization? Send your resume and cover letter to hr@achs-inc.org

Ammonoosuc Community Health Services Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org

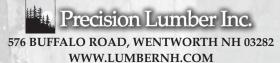




DAYTIME SHIFT

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Apply in Person or email precisionlumber@lumbemh.com to request us to email an application





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Salmon

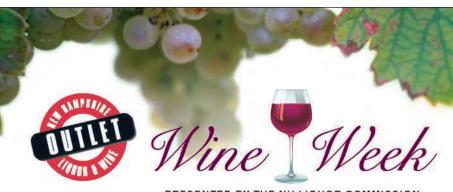
- Meredith News • Littleton Courier
- Coös County Democrat
- Berlin Reporter • Record Enterprise
- Gilford Steamer Winnisquam Echo
- Carrol County Independent

Call 877-766-6891 or go online www.SalmonPress.com to activate your Subscription today

Newfound searching for spring coaches

BRISTOL — Newfound Regional High School is looking for a varsity softball coach and a JV baseball coach for the 2018

season. Please send letter of interest, resume, two letters of recommendation and names and phone numbers of two other references. Please send to Supt. Stacy Buckley, SAU4, 20 North Main St., Bristol, NH.



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Please Drink Responsibly

XC Ski

FROM PAGE B3

follow the Settlement Trail. Additional parking will be available at

Hockey FROM PAGE B2

The back and forth action continued just less than five minutes later when the hosts scored their third goal of the game but again, the Cats wouldn't let H-B-D get any momentum, as they picked up their third goal just more than three minutes later, with Nangle lighting the lamp with 4:26 to go to tie things at three.

Just like they did in the first period, the hosts got on the board in the final minute of the second, putting a puck in the net with 25 seconds to go in the

frame to take a 4-3 lead to the second intermission.

the Castle in the Clouds

free to the public. Par-

ticipation for the guided

portion of this event is

This event is open and

lot past the gate.

The majority of the third period went on the board with nobody scoring but K-P came charging back in the final five minutes.

The goal spurt started with 4:16 to go, as Cody Bannon scored on an assist from Tony Velez to tie the score at four.

With 2:48 to go, Nangle netted his third of the game on an assist from Johnston and the Cats had their first lead of the game at 5-4.

They added a goal with 1:08 to play, with Johnston getting the tally to close out the 6-4 win.

required and space is limited. Those interested in attending the guided trip can find trip details and can register at lrct. org.

Coach Dave McKenney praised the work of Velez and Johnston on defense in addition to Nangle's work putting the puck in the net.

He also noted that Marissa Pickman, Brecken Bates, Bannon, Sprenger and St. Pierre all had good games in the win and Johnson got a good win in the nets.

The Cats will be taking on reigning Division III champion Kennett on Saturday, Jan. 20, at 4 p.m. at Ham Arena in Conway.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Girls

FROM PAGE B1

rebounds to go with her eight points on the evening.

The Bears hosted White Mountains Regional on Friday and came away with a 58-39 win.

The Spartans kept the game pretty close in the early going with strong free throw shooting, as they got six of their nine points in the first quarter from the line and Newfound led 11-9 at the end of the first.

The Bears put the foot on the gas at both ends of the court in the

second, holding White Mountains to just six points and scoring 20 of their own to go up by a 31-15 score at the half-time break. Leah Bunnell came off the bench to score six points in the quarter and Dukette also had six in the frame.

The Spartans took 11 free throws in the third quarter but only connected on three of them and the two teams played evenly at 11-11 in the third for a 42-26 Newfound lead after three.

The Bears outscored the Spartans 16-13 in the fourth quarter, with Bony going 10 of 12 from the free throw line in the frame. Dukette finished with 19 points and 22 rebounds, while Bony added 16 points. Bunnell finished with 10 points and Bailey Fairbank came off the bench with seven points. Peterson had eight rebounds and seven assists.

The Bears will be in action again on Friday, Jan. 19, at White Mountains at 6:30 p.m. and will be hosting Prospect Mountain at 6:30 p.m. on Tuesday, Jan. 23. On Thursday, Jan. 25, the Bears will be at Stevens at 7 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Boys FROM PAGE B1

late, we instructed the players that we don't need to take another shot, just protect the ball and let them foul you.

"Hopefully this was a good learning situation should we be in another tight game," Bourdeau added.

Dalphonse led the way with 24 points and 13 rebounds, while Palumbo-Muse added 15 points and 14 rebounds. Boulanger chipped in with 11 points.

The Bears will be back in action on Friday, Jan.

19, hosting White Mountains Regional at 6:30 p.m. They will visit Prospect Mountain, Bourdeau's former team, on Tuesday, Jan. 23, at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

On Tap FROM PAGE B1

hitting the slopes at Gunstock on Thursday, Jan. 25, at 10 a.m.

At Plymouth, the girls' basketball team will be playing host to Kennett on Friday, Jan. 19, at 6 p.m. and will visit Coe-Brown for a 7 p.m. game on Wednesday, Jan. 24.

The Bobcat hoop boys will be at Kennett for a 6:30 p.m. game on Friday, Jan. 19, before returning home to host Coe-Brown on Monday, Jan. 22, at 6:30 p.m.

The unified Bobcats will be hosting Winnisquam on Monday, Jan. 22, at 3:30 p.m.

The Plymouth ski jumping team will be at Kennett for a 6 p.m. meet on Friday, Jan. 19,

before heading home to host a meet on Wednesday, Jan. 24, at 6 p.m.

The Plymouth wrestlers will be at Timberlane for a 9 a.m. meet on Saturday, Jan. 20, before hosting Kearsarge for a 6 p.m. meet on Wednesday, Jan. 24.

The Kearsarge-Plymouth hockey team will be at Kennett for a 4 p.m. game on Saturday, Jan. 20.

What's Happening at **Plymouth State University**





proudly hosts

SCOUTS DAY

Thursday, January 25 Face-off at 6 p.m.

Scouts wishing to participate should arrive no later than 5:15 p.m.

Plymouth State vs. Framingham State

This game is open to all Cub Scouts, Boy Scouts & Girl Scouts

SCOUTS are invited to form a "high five tunnel" for the Plymouth State Hockey team to walk through prior to the game. Photo opportunity and autographs after the game with PSU Hockey. Scouts will also receive a commemorative patch!

TICKETS can be purchased at the arena on gameday.

All Scouts in uniform are FREE | \$3 for Scout parents | \$3 for kids 12 & under | \$5 for all other adults



See further up here.