

Coming soon: Kingswood Hall of Fame

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — Over the years, Kingswood has had some great teams, athletes and coaches.

And soon, there will be a place to honor those who have starred on the courts, fields, tracks, trails and courses.

Athletics Director Aaron House brought together a committee to help found a Kingswood Hall of Fame and if all goes as planned, the first class should be enshrined at Kingswood's Homecoming this fall.

"The first year, it will be a work in progress in terms of making it the event we want it to be," House said.

The Hall of Fame Founding Committee consisted of Paul Doran, Barbara Garabedian, Terri Drew, Tom Merrell, Bob Coolidge, Alys-sa Freeman and House.

The group includes Kingswood alums, parents of current Kingswood students, current and former teachers and both the middle school and high school athletic directors.

"It's a great group, we started from square one," said House, noting that the group got together for the first time in early January. The founding committee's purpose was to review and recommend Hall of Fame bylaws, set the athlete nomination process and help select the Hall of Fame Committee.

"We looked at a bunch of different Hall of Fames, colleges and high schools, to try and understand how best to move it forward," House said. "It's long overdue, there's a lot of athletes that have come through here that should be recognized."

The draft bylaws note

that the mission statement is to seek to recognize and honor achievements by those who have represented, contributed and dedicated themselves to Kingswood Athletics. Accomplishments recognized will focus on participation and citizenship highlighting the Kingswood Athletic community.

The initial qualifications to be nominated for an individual or a team include outstanding achievement in their respective sport during one's high school career and/or at the next level, being an accomplished individual who has given meritorious dedicated service to the athletic programs at Kingswood and having eight years passed since the accomplishment or the individual's graduation. State championships, Olympians and professional athletes will be

subject to automatic nominations.

One of the tasks of the founding committee is to actually form a Hall of Fame Committee, which will select inductees from the nominations presented and assist with the annual planning and execution of the Hall of Fame festivities. The committee will consist of seven to nine members and will include the current high school principal and athletic director, a booster club officer, a current or former head coach, community members who are Kingswood alums who have lettered in at least one varsity sport, members of the community with significant knowledge of Kingswood athletics and a Student Athlete Leadership Team captain council student representative.

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Capsalis earns Second Team All-State honors



JOSHUA SPAULDING
HANNAH CAPSALIS capped off her junior season by being named Division III All-State Second Team.

Prospect's Ernie Tiede named JV Coach of the Year

BY JOSHUA SPAULDING
Sports Editor

REGION — Local girls' basketball players were among those honored when the New Hampshire Basketball Coaches Organization released its list of All-State teams following the conclusion of the 2020-2021 hoop season.

Paulina Huckins of Newfound was named to the Division III First Team, where she was joined by Player of the Year Elizabeth Gonyea of Conant, Avery Stewart and Sophie Bardis of Fall Mountain, Emma Tenters of Conant and Tori Allen of Campbell.

Newfound's Malina Bohlmann and Prospect Mountain's Hannah Capsalis both earned Second Team honors. Also earning Second Team were Caroline Camp of Kearsarge, Maurgan McGrath of Hopkinton, Brynn Rautiola of Conant and Karleigh Schultz of Campbell.

Honorable Mention for Division III went to Morgan Hall of Belmont, Allison Carr and Lindsey Sanderson of Gilford, Makenna Balderrama of Berlin, Lily Kenison of White Mountains, Bailey Fairbank of Newfound and Molly Moynihan of Inter-Lakes. Also earning Honorable Mention were Grace LeClair and Mea Carroll-Clough of Monadnock, Makenna Grillone of Fall Mountain, Kathryn LaCasse of Raymond, Kally Murdough of Hopkinton, Riley Gamache of Campbell, Teagan Kirby of Conant and Rayna Tucker of Kearsarge.

Division III All-Defensive Team honors went to Gilford's Sanderson, Conant's Rautiola, Murdough of Hopkinton, Raymond's Lacasse and Schultz of Campbell.

Raymond's Lacasse earned the Jack Ford Award while Brian Troy of Conant was named the Varsity Coach of the Year.

Prospect Mountain JV Coach Ernie Tiede was named Division III Sub-Varsity Coach of the Year.

In Division II, Kennett's Maddie Stewart earned First Team honors, where she was joined by Player of the Year Ami Rivera of Bishop Brady, Stella Galanes and Melissa Whitmore of Hanover, Elisabeth Stapelfeld of Hollis-Brookline and Sally Rainey of Lebanon.

Stewart also earned Division II All-Defensive Team, where she was joined by Rainey, Charlotte Johnson of Hanover, Hayley Kenney of Merrimack Valley and Lindsey Laperle of Bow.

Jordan Levesque of Plymouth earned Second Team honors to close out her Bobcat career. Also joining her on the Second Team were Madison Houghton of Sanborn, Isabella Daly of Laconia, Alex Larrabee of Bow, Tallie Carney of Pelham and Ashley Stephens of Pembroke.

Honorable Mention for Division II went to Halle

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Signs of spring at the New Durham Library

NEW DURHAM — Spring is an exciting month, and just as the buds begin to open, so will the New Durham Public Library.

"We have a lot of activities taking place in April," Library Director Cathy Allyn said, "but we're thrilled the most about people coming inside to browse or use the computers."

For months now, the library has been loaning Chromebooks to patrons who needed a computer, and shortly after the 2020 lockdown, began

offering porch pick-up service.

"Throwing open the doors is totally different, though," Allyn said.

Since this is the Covid-era, however, throwing open those doors will progress slowly and safely.

Fifteen-minute appointments to enter the library will begin Monday, April 19. Time between appointments will allow staff members to ensure everything is safe for the next appointment.

"Safety for our pa-

trons and staff has always been paramount," Allyn said, "and will continue to be so."

For the remainder of April, appointments will be available on Mondays and Wednesdays. In May, that will extend to other days. Porch pick-up service will continue.

"Spring Rocks!" a new community-wide activity to bring color to the library and to brighten up the garden also begins in April.

All ages are invited to stop by during porch pick-up hours beginning

April 5 to either grab a pre-assembled rock painting kit to check-out or to paint on the spot at the library.

"After everything everyone has been through, we want the place to explode with color and life," Allyn said. "This project will continue throughout, and include, the summer reading program."

She said this year's theme, Tails and Tales, lends itself to rock painting. "Kids can

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COURTESY PHOTO

Free throw champs

The Revolution United basketball program held a free throw contest at the closure of the hoop season. Isaac Casale (left) was crowned the champion and Charlie Chandler (right) was the runner-up.

Family & Friends Fun Day returns to Prescott Farm

LACONIA – On Saturday, April 17, Prescott Farm welcomes the community to its White Oaks Road property for the Spring Family & Friends Fun Day. The two fun-and fact-filled sessions are Mud Tracking and Become a Meteorologist.

Mud Tracking (10 a.m.-noon) is the perfect program for curious learners who want to really get their hands dirty! Program attendees will trek in the woods and search for signs of animals welcoming back the warmer weather. Our educators will help guests identify animal tracks in the mud and preserve discoveries by making a plaster cast of an animal track!

Become a Meteorologist (1-3 p.m.) will help answer that age old question: what's the weather going to be – and why? Guests will learn to set up a homemade weather station to take daily weather measurements in order to learn more



about the climate of New Hampshire.

Family & Friends
Fun Days are brought to
the public with the gen-

erous support of New Hampshire Electrical Cooperative Foundation. Their sponsorship allows Prescott Farm to

offer this program at no charge to participants.

A full calendar of programs, descriptions, age level recommendations,

fees, and registration information is available at prescottfarm.org.

Prescott Farm is a nonprofit 501c3 dedicat-

ed to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with more than 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org

Belknap Mill Society to hold virtual Annual Meeting

LACONIA — On Wednesday, March 17, the Belknap Mill Society held its Annual Meeting via Zoom. Staff and Board members provided an overview to attendees on the Mill's accomplishments of 2020, a review of the Mill's financials and a look ahead into 2021. Board Co-Chairs, Jennifer Anderson and Peter Kara-

gianis facilitated the meeting.

New Board members, Mark Edelstein, Laura LeMien, Dana Gardner, Steve Geer and Cheryl Avery were officially welcomed and Board Co-Chair, Jennifer Anderson was appointed to another 3-year term. Outgoing Board member, Martin Hough, who served as Treasurer for

6 years, was thanked for his dedication, commitment and financial leadership in guiding the Mill forward towards a strong and secure future. A special framed caricature, created by Artist-in-Residence Larry Frates, was presented to Martin.

Tara Shore, Program and Operations Manager, announced the annual Volunteer of the Year award which was presented to members of the Historic Laconia Scavenger Hunt Clue Crew. Their many volunteer hours over the past 5 years in creating and developing the Historic Scavenger Hunt has become a signature event of the Belknap Mill. A special gift will be presented to the Clue Crew on June 26th at this year's 5th Annual Hunt.

Executive Director, Karen Prior updated members on the Museum Assessment Project that is currently underway to create a plan for the redevelopment of the 1st floor museum space. This project was funded by a grant from the Institute of Museum and Library Services in

collaboration with the American Alliance of Museums. Marketing and communications coordinator, Jill Desruisseaux presented the long-anticipated reveal of the redesigned website and a presentation by Bryan and Johanna Halperin on Powerhouse Theatre Collaborative's upcoming 2021 Season lineup concluded the meeting with lots of great energy and enthusiasm.

The Belknap Mill announced that they are holding their first Membership Drive in years! The Mill announced a new membership level specifically geared towards families. In our ongoing effort to support the community, the Mill will donate \$10 to the Greater Lakes Region Children's Auction for each new membership that comes in by April 30. NOW is a great time to join the Belknap Mill - support the Mill and support the Children's Auction! To learn more about membership opportunities visit our Web site at: www.belknapmill.org or call us at: 524-8813.

Parade Congregational Church to host Easter service

BARNSTEAD — The Barnstead Parade Congregational Church invites you to join us for Easter Worship Service, April 4 at 9 a.m. on the Barnstead Parade Grounds, near the Bandstand, under the leadership of Rev. Sandy Pierson.

There is plenty of room to park or bring a chair for you comfort. You can turn your radio to 90.5 FM for sound. All are welcome to join us on Easter or any Sunday. May you feel the spirit of this special day. Happy Easter.

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Spring to Action admissions event to be held at LRCC

LACONIA – Becoming a student at Lakes Region Community College has never been easier than a one-day Spring to Action Express Admissions event on Wednesday, April 7 from 4 to 7 p.m. Prospective students can complete the entire process of applying to LRCC, applying for financial aid and scholarships, and registering for classes.

Students who bring a copy of their high school transcript or equivalency certificate will be accepted on the spot and can register immediately for the Summer Term, which begins Monday, May 17. Members of LRCC’s OneStop office will be available to help students through the entire process. Scholarships will be available for new and returning students.

“We’re pleased to offer the Spring to Action event as a convenient way for prospective students to complete the

process of admission to the college,” said Barbara Wilson, Admissions Recruiter. “With one visit to the College, students are able to complete most or all of the enrollment process steps with ease and meet face-to-face with our friendly faculty and staff.”

Students who pre-register can access a guided tour of their program areas and campus housing. The event is free and all those interested are encouraged to attend. Due to safety protocols, space is limited, and pre-registration is encouraged. Those interested can pre-register at www.lrcc.edu or call Lakes Region Community College at 366-5210.

Lakes Region Community College offers many associate degree and certificate programs, including Business, Accounting, Culinary Arts, Hotel and Restaurant Operations, Electrical, Automotive, Nursing, Graphic De-



sign, Advanced Manufacturing, and Fire Science, just to name a few. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two

years at a community college and then transfer to a four-year college or university for a baccalaureate degree. Business and industry training programs are also available.

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire and serves more than 1,200 students annually.

LRCC is part of the Community College System of New Hampshire. For more information, contact the Admissions Office at 366-5210.

Cornerstone VNA homebound patients receive COVID-19 vaccine

ROCHESTER — Cornerstone VNA, your local nonprofit home care provider, is pleased to announce that the COVID-19 vaccine is now being administered to their homebound patients. On March 17, Cornerstone VNA’s Quality Improvement Director, June Gallup, RN, MS, made her first stop at a patient’s home in Farmington, who was thrilled to receive her first dose. New Hampshire Public Radio (NHPR) reporter, Alli Fam, joined Gallup to document this important milestone in distributing the COVID-19 vaccine to homebound patients.

When the patient was asked by the NHPR reporter what it meant to get the vaccine in her home, as opposed to going elsewhere, Audrey replied, “Oh, wonderful! I was so worried. I don’t walk well anymore, and I get extremely tired every time I have to go out. I kept thinking, ‘how am I going to get to a clinic to get my shot?’ And when they told me I could get it at home, I was very happy.” Audrey added, “It’s made a world of difference. The walking would have been very difficult for me to get to a clinic. It’s wonderful.”

Cornerstone VNA has been working closely with the State and Regional Public Health Networks, as well as the Home Care, Hospice and Palliative Care Alliance of NH on a plan to get vaccines for truly homebound patients, and their eligible caregivers, who cannot get to a fixed vaccinatedistribution site. Due to strict COVID-19 protocols, administering vaccines at home takes an extremely coordinated effort. Cornerstone VNA nurses travel to patient homes, fill out the required paperwork, and then wait 15-30 minutes after the vaccination is given to be sure the patient does not have an adverse reaction. Additionally, with any of the COVID-19 vaccines, there is a time limit of 6 hours to use all the doses from the time the first dose is drawn up from the vial.

Cornerstone VNA’s COVID-19 Response Coordinator is managing a list of patients who have documented their desire to get vaccinated at home. Due to the time sensitive nature of administering the vaccine, the Response Coordinator is scheduling patients who live within a close proximity to one

another. In addition to Gallup, Sandy Powers, RN, Wellness and Gerontology Nurse, and Home Care Team Manager, Lisa Romanovitz, RN, will join in the effort to administer vaccines to patients at home. In a significant and poignant show of support, two Cornerstone VNA retired nurses have offered to temporarily return to assist the COVID-19 vaccination team if needed.

According to Gallup, “I am very excited that we as an agency will be able to help get people vaccinated. I am grateful to the State of NH, Public Health Networks, and more importantly the staff at Cornerstone VNA who have worked together to make this a reality. I am proud to do my part to be part of the solution.”

Gallup adds, “The opportunity to administer the vaccine to our most vulnerable homebound citizens is a reward in itself, but the hope that we all feel in moving past this pandemic is what gets us all through these challenging times.”

To learn more, call 800-691-1133 or visit cornerstonevna.org/covid-19.

About Cornerstone VNA

Cornerstone VNA is a nonprofit home health and hospice care provider, currently serving Rockingham, Strafford, Belknap and Carroll Counties in New Hampshire and York County in Maine. The team at Cornerstone VNA provides award-win-

ning care and support through five distinct programs: Home Care, Hospice Care, Palliative Care, Life Care-Private Duty and Community Care. For 108 years, Cornerstone VNA has been committed to bringing services to people of all ages so that families can

stay together at home, even when facing the challenges of aging, surgical recovery, chronic or life-threatening illnesses or end-of-life care. To learn more about Cornerstone VNA, visit www.cornerstonevna.org or call 800-691-1133.

New Durham School announces second trimester awards

NEW DURHAM — New Durham School is proud to announce the end of our second trimester awards.

As one can imagine, having perfect attendance in a hybrid/remote model can be challenging, but the following students did just that! McKayla Campbell, Paydon Cardinal, Annalise Dahl, Mila Favorite, Solara Fowler, Tiana Fowler, Zopheya Givetz, Morgan Goodspeed, Victoria Hicks, Camden Hills, Sawyer Hills, Mia Houle, Cole Inman, Julian Legge, Harper Lord, Abraham Mayfield, Shaelynn Maynard, Kane Narkun, Kian Nelson, Allison Peck, Timothy Peck, Layla Rollins, Dylan Roy, Olivia Searles, Benjamin Sheckler, Fynn Shields, Noah Slier, Waylon Greymont Weathers, Madelyn Weldon, Samantha White, Kharma Williams, and Matthew York had perfect attendance between Dec. 14 and March 19.

Each trimester, students in grades 4, 5 and 6 have the opportunity to earn the Pride Award when they demonstrate proficiency in work habits and good citizenship. Charles Belanger, Annalise Dahl, Charlotte Edwards, Chloe Fontaine, Nicolas Gerade, Shaelynn Maynard, Kaden Meattay, Ella Morrison, Jamison Pelletier, Hayden Rutherford, Mason Vachon and Charlotte White were Pride Award winners in grade four. Leah Anderson, Hunter Chase, Caleb Croteau, Timothy Drake, Cole Inman, Weston Lancaster, Mya LaPlante, Chloe McLain, Colby Proctor, Jalen Smith, and Brody Waldron earned the Pride Award in fifth grade. Brianna Bonner, Brady Call, Shelby Fontaine, Brody Hanson, Victoria Hicks, Seamus Kelly, Abigail Morin, Allison Peck, Jacob Roy, and Ewan Rutherford were Pride Award winners in grade six. Congratulations to all!



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Springtime legends

The first day of spring just passed us by on March 20. Now that we are over the hump and into the rainy, sunny, snowy, muddy bit we thought we would share some fun myths surrounding this blooming time of year.

The first story begins with Persephone and Demeter. Persephone was the goddess of spring and holds the most well known story of the season to date. Persephone is the daughter of Demeter, the goddess of agriculture and Zeus, the king of the gods. Persephone married Hades who kept her hidden against her will. Demeter set off to find her daughter and for every minute she was lost, not a crop would grow. Zeus then ordered his daughter to remain in the underworld for half of the year because she ate all of the fruit (pomegranate seeds), the other half of the year she spent with her mother. The idea is that every time Persephone goes into the underworld, winter arrives and the crops die, when she is with her mother, crops bloom.

According to Cherokee legend, the reason trees lose their leaves in the fall is because of the communication between animals and humans. Apparently, animals were able to communicate with humans and the world was utopian. Every year the birds would fly south for the winter. During one particular year, a sparrow who was injured was not able to fly south, he sent his flock ahead without him so the would not freeze, meanwhile he sought shelter. The bird flew to an old Oak tree and was told that he could not seek shelter in its branches, the same thing happened with every tree the bird visited until he was finally granted permission to stay in a pine tree. The pine tree, not popular with the others because of its hard, sharp leaves welcomed the little bird. The sparrow was forever grateful.

The sparrow survived the winter and welcomed his family home during the warmer months. Because the other trees, turned on the Sparrow during a most vulnerable time, the creator cursed their leaves to die during the winter except for the pine tree.

The Shinto Sun Goddess and Bringer of Light, Amaterasu, according to legend, is in control of the sun's movement to insure rice and other crops will grow. This goddess is well known for her ability to spin satin. Her fame caused her brother Susanoo, the god of storms, to become extremely jealous. The angry deity destroyed his sister's weaving loom and wrecked her rice fields. The rampage caused one of Amaterasu's closest friends to parish, as a result she locked herself inside a mountain resulting in the disappearance of light. Because of this, crops would not grow. Uzme, the goddess of laughter traveled to the mountain where Amaterasu was hiding. She placed a shiny necklace on a tree, then began to dance causing the other gods to laugh. When Amaterasu heard the laughter she peeked out of her cave and slowly began to walk towards the necklace. At this, Uzme had the cave blocked and light was restored to the world.

Some actual facts concerning the spring season are as follows; in 1582, if Pope Gregory XIII would not have established the Gregorian calendar, then every 128 years, the vernal equinox would have come a full calendar day earlier, which would put Easter in the middle of winter.

The famous myth about being able to balance an egg on its end on the spring equinox is not true. Attempting to balance an egg on its end is no easier on the spring equinox than on any other day.

During the springtime, birds are louder as they sing to attract mates and to warn enemies to steer clear.

The term "spring fever" refers to the psychological and physiological symptoms that go along with the arrival of spring, which include, daydreaming and restlessness. Over the years, scientists surmise the cause in the hormone shift could be due to the increase in sunlight and increased physical activity.



COURTESY PHOTO

From downtown

The Revolution United basketball program held a three-point contest at the closure of the hoop season. Michael Boles (left) was the runner-up and Colby Whitehouse (right) was crowned the champion.

Letters to the Editor

Crazy as nuts

To the Editor:

Joe Biden is letting America down; he really needs to get on board with ramming down the throats of the obstructionists, that they either get on board with the changes needed and help this country move forward or he'll do it without their input. I'm talking about the filibuster. There is so much the country needs, and time is being wasted.

I now turn to crazy as crazy does. Guns, more guns, and what they give us as a society. I'm all for owning a gun for self-protection, if you can't handle a baseball bat. I'm all for hunting with a rifle, depending on what you are hunting and if it's in season. I'm all for guns for target practice. I'm even crazy enough to believe you can own an assault rifle, own a couple if you

wish; however, I don't believe you should be able to find the ammo for them. Make those guns legal for sure; just not the bullets. Along with owning an assault rifle in my ideal world, you would need to belong to a gun club, the assault rifle would have to be kept there under lock and key, there you could find and use the amnio needed for it, the gun would be yours, but you would not be allowed to take it home. The ammunition would be closely control. As I said, crazy is as crazy does.

We, as a society, cannot count on Congress or the Senate or even the courts to get it right, to keep us safe, it is hard to believe Bolder Colorado passed a ban on assault rifles only to have a judge say the ban was unconstitutional, violates personal freedom.

So, I guess the personal freedom of those victims who died, their right to live, was not part of that judges thinking. The way I see this issue, your right to be a gun owner out-weighs the right to live if you happen to be the target of a gun owner. The right-wing fringe party screams about their religious belief to be against abortion, and to own a gun is a right. On abortion, that is a personal choice which is a womans right. I don't see the fringe people saying the rights of people shot, to be safe, kept alive, is a more important concept. I do hear it's a mental health issue. On that keep reading.

I would suggest a yearly mental health checkup for all gun owners, with a psychiatrist, even the normal minded gun people (the majority) — in fact, just

like a yearly physical, I think everyone, all of us, should have their psyche looked at yearly, as they have their bodies, of course that might violate their personal freedom. We are proving almost weekly, personal freedoms of the few, are more important than life itself for the many. Truly, has this become where we are as a country? I have even more crazy for you if you can handle it — why are the advocates for these assault rifles not screaming for nuclear weapons and their personal freedom to own one of them, my god if the country is invaded by the Canadians, we'll need to protect ourselves from that threat. Now don't we?

John Q. Henderson
Barnstead

UNH Cooperative Extension: an invaluable resource for NH

To the Editor:

"I'm sorry, Mr. Lightenberg, I'm afraid it's terminal. It's not a matter of if; it's only a matter of when. We're still conducting research on the disease, and we're very sorry for your situation."

Thankfully, these words could have been spoken about my overwintered spinach planting and not my health!

As a small-scale vegetable grower in the Lakes Region, I was out at the high tunnel in early October for my first harvest of fresh, sweet winter spinach. To my dismay, however, I noticed what I thought to be spinach downy mildew on the otherwise beautiful leaves of green. This "terminal" disease could possibly mean the end of my spinach planting, all my hard work and loss in potential sales after just one harvest.

The vegetable growing world in New Hamp-

shire is close-knit. Everyone typically knows everyone, and a fellow farmer is usually just a phone call away. However, a fellow grower isn't always able to help, especially in this situation. This is where UNH Cooperative Extension enters the story — just like they have on a multitude of occasions in almost a decade of running my small agricultural business here in Belknap County.

Within a half hour of sending a photo of our diseased spinach leaves to our Extension specialist, I not only had a response indicating my suspicions were correct but was also simultaneously connected with two other Extension specialists from around the country. Our spinach was about to board a plane, overnight to Arkansas, for further study and identification of this terrible plant disease.

What's important to

note in this story is the incredible resource that is UNH Cooperative Extension.

Extension has four different program areas that provide a direct link between UNH and the citizens of New Hampshire. Extension plans and conducts educational programs responsive to the needs of taxpayers in the state and has been operating across N.H. for over 100 years!

Whether you are a young family looking for opportunities for your children in 4-H or the Nutrition Connections programs, or a landowner with questions on how to manage your woodlot, Extension has a specialist ready to assist. Does your local school want to grow a garden? Extension can facilitate a Master Gardener or other volunteers to help you get started. Do you operate a small business and need guidance on how to create a road to recovery

following the pandemic? Extension's Community and Economic Development team is ready for your questions.

In these challenging economic times, we can't ask for better leveraging of our tax dollars than what Extension has to offer our communities. In fact, for every Belknap county taxpayer dollar invested in Extension in 2020, they have provided \$2.78 worth of statewide resources.

I urge readers to check out all that Extension has to offer by heading to their Web site at extension.unh.edu. Between regular Facebook Live sessions on UNH Extension's Facebook page to a brand-new Granite State Gardening podcast available on your favorite streaming sites — there's always something new at UNH Extension.

Thank you,
Aaron Lightenberg
Alton Bay

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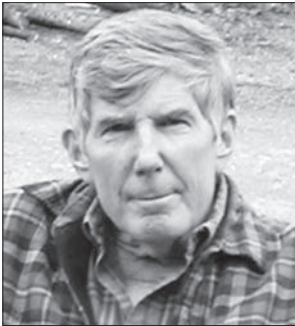
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The deer, cavorting around, like heifers let out of the barn



By JOHN HARRIGAN
COLUMNIST

Who takes the time to watch the snowbanks melt, or has it to begin with? There is too little time for the important things in life, like watching those little whirligigs produced by the bank maples, the ones that helicopter to the ground.

These are the trees that stand their ground in the face of adversity. Their leaves turn upside down when it's going to rain. This in turn makes the cows go flat as a cow flap, getting up only to create crop circles.

Silver maple is the term, the species of tree so adapted to scouring ice and spring floods, thriving into the Dog Days of August, their big branches spring-loaded for kids on the end of a rope.

In the fall, they add

their brilliant hues to the riot. Sugar orchard and firewood purists give them short shrift, but they have a dignity that goes with being tough.

+++++

The snowbank I photographed yesterday was gone today. That's how warm it got toward the weekend, warm enough that I let my fire go out. It had been a non-stop fire since early October. Time to go, I said, and out it went, but not for long, I know, I know. We've still got April and May to go, let's not forget, and the first half of June, too.

Count 'em up (you'll need two hands). Begin with the last half of September, and no shillyshallying around. One, two, three, all the way to seven, and one-half. There's no room here for denial, like black flies.

The more I think about things, the more everything seems to go in a circle, and so it is with fireplaces of old design, the kind with deep bays, and walls that flare out, and a top that slopes gently up to the flue.

Fred Lay built my

fireplace, and somehow he had just the right plans in his head, perhaps from working with builders who were only a couple of generations removed from a time when there were no stoves, just fireplaces.

A big gnarly piece of rock maple makes a perfect back-log. In front of it you run a fire in an endless circle--raking light, fluffy ashes to either side, pulling red-hot coals forward, putting a new piece in behind.

It's a mesmerizing business. If you look at the fire every now and then, and go back to reading a few paragraphs of a good book, pretty soon your eyelids droop no matter how good the book, and it's time to climb the stairs, but not before you put the fire to bed, so you can wake it up in the morning.

+++++

The deer are out, seeking anything that's green and not the growth-end of a spruce, fir, cedar, hemlock, or tamarack. Every now and then, if you get to watch them long enough, you'll catch a deer capering.

They remind me of

spring heifers--young females raised to replace milk cows. When they are let out of the barn or trucked to spring pastures, they really know how to kick up their heels.

Typically they are first raised in calf-hutches, rugged plastic igloos with about room for an adult person. The only freedom they know comes when they outgrow the igloos and are put out to pasture until fall. Then into the heifer barn they go, until they are needed on the line.

+++++

I don't understand why farms are depicted so neat and tidy in television commercials. In one, barns are bright red with white trim, and a perfect white-board fence surrounds a perfect riding ring, and someone's planting a perfect garden.

Life is nowhere near so neat and tidy. Where are the discarded round-bale wraps, the old tires holding down the bunker tarps, the tractors and hay wagons waiting for repairs?

How are you going to keep the youngsters



JOHN HARRIGAN
This aerial photo, shot from more than a mile high in the sky, shows a remote section of Newfoundland---no, just kidding. It shows a big patch of snow melting to oblivion on my thoroughly dog-pooed front lawn.

from leaving gay Par-ee for a wonderful life on the farm?

+++++

In a pile of stuff on the kitchen table, I found a Wish List that apparently was supposed to be the kernel of a New Year's piece, which for mysterious lack of merit never saw the light of day.

These items are purposely selected, mind you, to be obscure and mundane. Among things I wished for in the movies were real wood fires in campfire scenes, instead of obvious gas fires. Or saddle-ropes that showed dirt and grime, as opposed to brand-new and squeaky clean.

How about how to hold a gun, and how never to point one at people? How about six, count 'em, six shots per revolver, or tires that don't squeal on dirt, or bullets that don't ricochet off wood?

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Comfort Keepers

Starting the conversation

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

For many families, starting a discussion with a senior loved one about care needs can be difficult. But, according to the Home Care Association of America (HCAOA), nearly 70 percent of Americans that reach age 65 will need care at some point in their life. And, nine out of 10 seniors want to remain in their home as they age.

It is comforting to know that talking to the older adult in one's life about their care needs doesn't have to be a negative experience. Family and friends should remember to share the ways that in-home care can help seniors live the life they want, maintain their physical and emotional wellbeing, and bring more hope, purpose and joy to their days.

Timing is everything

Deciding when to start the conversation about care needs is important. It is never too early to discuss what care might be needed and the desires of the person that will be receiving care. And, when it is time for care to start, everyone will be on the same page about the plan.

Ideally, there will be multiple discussions on the topic of care. Making plans before there is an emergency or sudden problem in the senior's home helps alleviate stress for everyone. Families and friends should talk to the senior in their life early and often.

Gather information

Remember that everyone will have the best experience possible if this is a true conversation with the care recipient, not about them. Those involved should have the opportunity to speak their mind and talk about the future. There are many options for in-home care, from the type of care services to the number of hours a week. It is a good idea for participants to do research online or by calling a care provider to get questions answered before the family meets to talk about options.

Support is imperative

Ultimately, everyone wants to ensure that the care recipient is supported, cared for, and safe in their home. It can reduce stress if those speaking to their senior loved one understand that there may be resistant to the idea of having a caregiver provide assistance, and the care recipient may feel that they are losing independence. While family and friends should be honest about their observations and feelings, the senior that will be receiving care should also have a voice. This not only helps everyone feel comfortable with the plan moving forward, but opens up the conversation about all the ways home care can improve quality of life -- physically, mentally and emotionally.

Think beyond the basics

Care doesn't have to only be about basic physical care needs. At Comfort Keepers, we believe that in home care improves lives and helps seniors do the things they most love. We develop custom care plans that include physical safety and wellbeing, emotional health, and socialization. Our goal is to help our clients have the best quality of life while maintaining their independence at home. This can include tasks like transportation to appointments, meal preparation, light housekeeping and personal care, But all of our custom care plans also include wellbeing tasks like:

Assisting with outings, social events, shopping trips, and other activities of interest to maintain engagement

Activities that bring joy, provide mental stimulation and encourage physical and emotional wellbeing

Education for families

Respite care for family and loved ones

Referrals to medical professionals, support groups and resources

Change in condition monitoring

Fall risk assessment and assistance with fall prevention

Facilitating connection with loved ones through phone calls, video chats and other technology

Comfort Keepers® can help

Comfort Keepers caregivers can help with encouragement, support and assistance with daily living. And, caregivers can encourage overall health through meal planning, grocery shopping, meal preparation and activities. Our custom care plans focus on physical and mental health and wellness activities. Our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

bility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

" I SENSE THAT I HAVE LIVED MANY TIMES IN THE PAST. "

Does this describe you?
Want to learn more?

A free copy of the *Spiritual Experiences Guidebook* is being offered by Eckankar.

Request your copy at www.spiritualexperiences.org

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Alton Parks and Recreation Connection

Exercise Classes from 1:30-2:30 p.m. Pre-register before your first class at parksrec@alton.nh.gov.

Go Take A Hike

Our Towns Recreation (Parks and Recreation Departments from Alton, New Durham, Wolfeboro, Wakefield, Ossipee and Rochester) are sponsoring “Go Take A Hike” from April 1-June 30. Explore the best hiking trails, in our neighboring Towns, and earn a free hiking sticker. Visit www.alton.nh.gov/government/parks-recreation to see the complete list of hikes to choose from in each town, and get more information on this free program. Spring is a great time to explore the great outdoors, there are wonderful trails all around us. For more information/questions, contact Alton Parks and Recreation at 875-0109 or parksrec-asst@alton.nh.gov.

Get outside and play

Spring is here and it's a great time to be outside. The Town Tennis Courts are open with reserved Pickleball times Sunday-Friday from 8-11 a.m. The playgrounds are open and the swings are ready for swinging. Free Alton Hiking Trail Maps are available at the Parks and Recreation office and online at www.alton.nh.gov.

Spring newsletter coming soon

The Alton Parks and Recreation Department's Spring Newsletter will be coming out next week with great programs for people of all ages. Upcoming programs to look for this May& June include: Walkie Talkies- Walking Program; Kayaking

Trips on the Merrymeeting River; Zoom Weight Training Classes; May the 4th Be With You- Star Wars Day Event; Tyke Hikes; Healthy Minds- Healthy Lives Lunch Time Chats; Mt. Major All-Star Hiking Event; Annual Town Wide Yard Sale; Virtual Art Show; 39th Army Band Performance in Alton Bay and more.

Small businesses to receive COVID-related expense relief

LACONIA — Over the next few months, the Belknap Economic Development Council (Belknap EDC) and three partner regional development corporations will be allocating more than \$200,000 in Coronavirus Aid, Relief, and Economic Security Act of 2020 (CARES Act) grant funding to small businesses negatively impacted by the Coronavirus pandemic.

The Community Development Block Grant - CARES Act Funds Program (CDBG-CV), administered by the New Hampshire Community Development Finance Authority (CDFA) is for low- to moderate-income (LMI) microenterprises and start-ups to offset costs associated with preparing for, responding to, or recovering from COVID-19.

“We are pleased to partner with the CDFA and our partners to provide this much needed financial support to our small business community,” said Justin Slatery, Belknap EDC's Executive Director. “The need this year has been extraordinary and we're grateful for this collaboration to help more small business clients than ever before.”

Qualifying businesses may receive up to \$2,500 in direct grant funding for equipment costs, operational expenses, working capital, and minor construction or modification projects. A qualifying business must be classified as a for-profit entity with five or fewer employees, be in current operation or in start-up mode, be located within Belknap County and meet specific income requirements.

“Many small businesses have been hard hit by the Coronavirus pandemic,” noted Slatery. “By providing direct grant support, we are pleased to support our small business community.”

More details can be found at belknapedc.org.

TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

**TUESDAY, APRIL 13, 2021
7:00 PM @ NEW DURHAM TOWN HALL
Walter and Carol Shanahan**

You are hereby notified that a virtual Zoom Public Hearing will be held by the New Durham Zoning Board on Tuesday, April 13, 2021 at 7:00 pm for case #2021-008. The hearing is regarding an application submitted by Changing Seasons Engineering PLLC, on behalf of Walter and Carol Shanahan. The applicants are requesting variances to **Article V Section E:** Dimensional Requirements for Town of New Durham. **Article VI Section C.3.a.i, C.3.a.ii:** General Provisions/Use Regulations for the Town of New Durham. **Article XIV Section C.1.b:** Shorefront Conservation Overlay District. Dimensional Requirements. Development with Waterfront Access. **Article XXI Section C.1, C.2:** Non-conforming Buildings, Lands or Uses. New buildings and Structures. **Article XXI Section G.1.b, G.2.b:** Non-conforming Buildings, Lands or Uses. Non-Conforming Setbacks. The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom application please contact Robin McClain at ndlanduse@newdurhamnh.us or the Zoning Board.

The property is located at Owls Head Point Road, Map 108 Lot 027

TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

**TUESDAY, APRIL 13, 2021
7:00 PM @ NEW DURHAM TOWN HALL
Joseph and Donna Reiss**

You are hereby notified that a virtual Zoom Public Hearing will be held by the New Durham Zoning Board on Tuesday, April 13, 2021 at 7:00 pm for case #2021-009. The hearing is regarding an application submitted by Varney Engineering LLC, on behalf of Joseph and Donna Reiss. The applicants are requesting variances to **Article XIV Section C.1.e:** Dimensional Requirements. Development with Waterfront Access. **Article XXI Section C.1, C.2:** Non-conforming Buildings, Lands or Uses. New buildings and Structures. **Article XXI Section G.2.c:** Non-conforming Setbacks. The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom application please contact Robin McClain at ndlanduse@newdurhamnh.us or the Zoning Board.

The property is located at 29 Cederghren Road, Map 105 Lot 005.

TOWN OF NEW DURHAM ZONING BOARD PUBLIC HEARING NOTICE

**TUESDAY, APRIL 13, 2021
7:00 PM @ NEW DURHAM TOWN HALL
Stephen and Nancy Rollins**

You are hereby notified that a virtual Zoom Public Hearing will be held by the New Durham Zoning Board on Tuesday, April 13, 2021 at 7:00 pm for case #2021-010. The hearing is regarding an application submitted by Varney Engineering LLC, on behalf of The Rollins Family Trust, Stephen and Nancy Rollins representatives. The applicants are requesting variances to **Article XIV Section C.1.e:** Dimensional Requirements. Development with Waterfront Access. **Article XXI Section G.2.d:** Non-Conforming Setbacks. The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom application please contact Robin McClain at ndlanduse@newdurhamnh.us or the Zoning Board.

The property is located at 24 South Shore Road, Map 101 Lot 007.

GOVERNOR WENTWORTH REGIONAL SCHOOL DISTRICT

NEW DURHAM EARLY CHILDHOOD PROGRAM

Applications are now being accepted for the New Durham Integrated Preschool 2021-22 school year to be held at the New Durham School.

The New Durham Integrated Preschool is an educational preschool program, with a limited number of openings for typically developing children residing within the Town of New Durham. The program offers developmentally appropriate activities to foster children's language, cognitive, social and physical development.

- ❖ The Preschool is open to children of residents of New Durham. If the number of applications exceeds space availability, children will be accepted on a first come, first serve basis.
- ❖ Your child must turn three on or before September 30, 2021, and be less than five years of age on September 30, 2021.
- ❖ The program will be held 3 times a week (Monday, Wednesday, Friday) for 4 year olds and 2 times a week (Tuesday and Thursday) for 3 year olds at the New Durham Central School. Morning session, 9:00 AM until 11:30 AM.
- ❖ PARENTS ARE RESPONSIBLE FOR TRANSPORTING THEIR CHILD TO AND FROM THE PROGRAM.
- ❖ Tuition is \$56 per month for 3 day program and \$38 per month for 2 day program payable in advance.
- ❖ Applications will be accepted from April 15th to May 7th, 2021 for enrollment in the 2021-2022 school year. In the event that the program is full and additional slots become available, parents will be notified in the order that applications were received. All required paperwork must be submitted for application to be considered complete.
- ❖ If all openings are not filled by New Durham residents, applications will be accepted from residents of surrounding towns within GWRSD.
- ❖ Status of your child's application will be confirmed in writing by June 30th. Applications are available online at <https://www.gwrsd.org/>.

GOVERNOR WENTWORTH REGIONAL SCHOOL DISTRICT

OSSIPEE EARLY CHILDHOOD PROGRAM

Applications are now being accepted for the Ossipee Early Childhood Program 2021-22 school year to be held at the Ossipee Central School.

The Ossipee Early Childhood Program is an educational preschool program, with a limited number of openings for typically developing children residing within the Towns of Ossipee and Effingham. The program offers developmentally appropriate activities to foster children's language, cognitive, social and physical development.

- ❖ The Preschool is open to children of residents of Ossipee and Effingham. If the number of applications exceeds space availability, children will be accepted on a first come, first serve basis.
- ❖ Your child must turn three on or before September 30, 2021, and be less than five years of age on September 30, 2021.
- ❖ The 4 year old program will be held 4 times a week (Monday through Thursday) at the Ossipee Central School. Afternoon session: 12:30 PM to 3:00 PM
- ❖ The 3 year old program will be held 2-3 times a week, depending on age, (Monday/Wednesday or Tuesday/Thursday) Morning sessions: 8:30 AM -11:00 AM
- ❖ PARENTS ARE RESPONSIBLE FOR TRANSPORTING THEIR CHILD TO AND FROM THE PROGRAM.
- ❖ Tuition is \$75 per month/4 day program and \$37.50 per month/2 day program; payable in advance.
- ❖ Applications will be accepted from April 15th to May 7th, 2019 for enrollment in the 2021-22 school year. The application process will be reopened in the event that slots are available. In the event that the program is full and additional slots become available, parents will be notified in the order that applications were received. All required paperwork must be submitted for application to be considered complete.
- ❖ If all openings are not filled by Ossipee or Effingham residents, applications will be accepted from residents of surrounding towns within GWRSD.
- ❖ Status of your child's application will be confirmed in writing by June 30th. Applications are available online at <https://www.gwrsd.org/>.

**The Annual Meeting for
Copples Crown
Village District will be
held April 10, 2021
10AM at the garage,
81 Mountain Dr
New Durham.
2015CCVD@Gmail.com**

!! NOTICE !!

Alton Water Works
(603) 875-4200

**FIRE HYDRANT FLUSHING
APRIL 5th**

NIGHTTIME FLUSHING

will occur Monday night
between the hours of 9:00 pm to 5:00 am.

Alton Water Works would like to reassure its customers that the water is safe to drink and any discoloration should clear up after the water is run for a few minutes.

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|-----------|--------------------|-------------------------|-------------|--|---|
| Alton | Coffin Brook Road | Farm/Forestry | \$89,000 | David Houghton | Bethal Builders LLC |
| Alton | NH Route 28 | N/A | \$312,000 | W&G O'neil RET and John M. O'neil | Jubilee 2000 Trust and James N. Locke |
| Alton | School Street | N/A | \$115,000 | Christopher R. and Corinne N. Brown | Michael J. Pickles |
| Alton | 86 Smith Point Rd. | Residential-Mtl. Bldg. | \$1,992,533 | Robinson 2018 Fiscal Trust and Scott D. Robinson | Brian Maki |
| Alton | N/A (Lot 10) | N/A | \$125,000 | Robert F. Bollinger General | Clare M. and Jeffrey A. Letendre |
| Barnstead | 1 Jackson Lane | Single-Family Residence | \$130,000 | Jackson Lane 1 RT and Joan Sullivan | Robert J. and Dianne J. Judson |
| Barnstead | 3 Winwood Dr. | Single-Family Residence | \$250,000 | Devaun E. and Amanada N. Gil | Scott B. Smith and Meaghan E. Cornelissen |
| Barnstead | N/A | N/A | \$265,000 | Kerry F. and Susan M. Guptil | Sanford Walker and Roxanne M. Gonzales-Walker |
| Barnstead | N/A | N/A | \$254,000 | Bernie D. and Kerry A. Lavoie | 39 PHR LLC |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

LRPA celebrates films “Overlooked by the Oscars” this month

LACONIA — This year, April is Oscar® month, and as always, LRPA After Dark wants to celebrate achievements is film. But what about when Hollywood fails to recognize great movies, including some that go on to be considered classics? It turns out that many fine films get passed over during awards season. This month, Lakes Region Public Access Television will screen movies “overlooked by the Oscars,” featuring wonderful films and spectacular performances that never won anything. First up this weekend (April 2 & 3) is 1937’s delightful screwball comedy “Nothing Sacred,” starring Carole Lombard and Frederic March.

“Nothing Sacred” introduces the viewer to ambitious New York City newspaper reporter Wally Cook (March), whose career is in a slump. He hears the

sad story of Hazel Flagg (Lombard), a small-town woman diagnosed with radium poisoning who only has six months to live. Cook sees a chance to redeem his failing career and proposes that Hazel travel to NYC, expenses paid by the paper, and enjoy her final months. A problem (?) arises: Hazel finds out that she was misdiagnosed and isn’t dying after all. To get out of Warsaw, Vt., she accepts Cook’s offer to come to New York so that she can finally see the world. Hazel arrives in NYC to great fanfare, including a ticker tape parade and key to the city. Along the way, she and Cook fall in love, but problems arise after an independent medical exam shows that Hazel is going to live. Will Cook lose his reputation and job? Will Hazel be forced to return to Warsaw, Vt.?

Screwball comedies were Hollywood’s hi-

larious response to the everyday woes of Depression-era America. Carole Lombard graced us with three of the best: “My Man Godfrey,” “Twentieth Century,” and “Nothing Sacred.” This film has everything you’ve come to love in the genre – quick, witty dialog, interesting, off-beat characters, wonderful romance. What really sets this Nothing Sacred apart from other movies in this category is that the humor is very cynical, and highly critical of both the tabloid newspaper business as well as the sentimental public eagerly devouring the “reality” story of the day. For a movie nearly 85 years old, the plot sounds remarkably modern.

Carole Lombard often described “Nothing Sacred” as one of her favorite films, and the critics heartily agreed. Directed by the legendary William Wellman

and with outstanding performances by Lombard, March and its supporting cast, Nothing Sacred is a terrific film. Some terrific comedies from 1937 were nominated for Academy Awards, including “The Awful Truth” and “Topper,” but “Nothing Sacred” was overlooked. Grab your popcorn and join LRPA after dark for this witty and romantic gem from the past.

Mark your calendars as LRPA After Dark celebrates a month of films overlooked by Oscar®:

April 2 & 3: 1937’s “Nothing Sacred,” starring Carole Lombard and Frederic March

April 9 & 10: 1941’s “Meet John Doe,” starring Barbara Stanwyck and Gary Cooper

April 16 & 17: 1934’s “Of Human Bondage,”

starring Bette Davis and Leslie Howard

April 23 & 24: 1940’s “His Girl Friday,” starring Rosalind Russell and Cary Grant

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Join our live stream at lrpa.org/watch-us-live/ to catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, non-commercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and

public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

CHILD FIND

Barnstead School District

In an effort to comply with State and Federal Laws governing special education, to maintain eligibility for Federal Funding, to engage in sound long range planning and to provide evaluation and programming where appropriate, the Barnstead School District is making a conscientious effort to identify any students with potential disabilities who reside within its jurisdiction.

Parents of children up to age 21 who suspect that their child may have an educational disability are encouraged to contact Allyson Vignola, the Student Services Director at Barnstead Elementary School, avignola@mybes.org 269-5161 ext 308.



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The Barnstead town clerk tax collector’s office will have a change in hours in April due to training

Wednesday, April 7, 14 & 28, 2021 opening @ 1pm

3rd Wednesday, April 21, 2021 closed all day!

salmonpress.com

GOVERNOR WENTWORTH REGIONAL SCHOOL DISTRICT

NEW DURHAM EARLY CHILDHOOD PROGRAM

Applications are now being accepted for the New Durham Integrated Preschool 2021-22 school year to be held at the New Durham School.

The New Durham Integrated Preschool is an educational preschool program, with a limited number of openings for typically developing children residing within the Town of New Durham. The program offers developmentally appropriate activities to foster children’s language, cognitive, social and physical development.

- ❖ The Preschool is open to children of residents of New Durham. If the number of applications exceeds space availability, children will be accepted on a **first come, first serve basis**.
- ❖ Your child must turn three on or before September 30, 2021, and be less than five years of age on September 30, 2021.
- ❖ The program will be held 3 times a week (Monday, Wednesday, Friday) for 4 year olds and 2 times a week (Tuesday and Thursday) for 3 year olds at the New Durham Central School. Morning session, 9:00 AM until 11:30 AM.
- ❖ PARENTS ARE RESPONSIBLE FOR TRANSPORTING THEIR CHILD TO AND FROM THE PROGRAM.
- ❖ Tuition is \$56 per month for 3 day program and \$38 per month for 2 day program payable in advance.
- ❖ Applications will be accepted from **April 15th to May 7th, 2021** for enrollment in the 2021-2022 school year. In the event that the program is full and additional slots become available, parents will be notified in the order that applications were received. **All required paperwork must be submitted for application to be considered complete.**
- ❖ If all openings are not filled by New Durham residents, applications will be accepted from residents of surrounding towns within GWRSD.
- ❖ Status of your child’s application will be confirmed in writing by June 30th. Applications are available online at <https://www.gwrdsd.org/>.

Wakefield School District – SAU 101

~ **Notice for Public Hearing and School Board Meeting** ~

To be held at the Paul School Gymnasium - also through Zoom

Tuesday, April 6 2021, 6:00pm

The Wakefield School Board will hold a remote public hearing prior to its regular board meeting, allowed under the provisions of NH RSA 91-A, and in accordance with the Governor’s Executive Order 2020-04, on Tuesday, April 6, 2021 at 6:00pm. The Wakefield School Board meeting will be held at the Gymnasium - also through Zoom.

Public hearing based on the March 9, 2021 Official Ballot results

- **PUBLIC HEARING:**
 - o Discontinue the Expendable Trust for the purpose of replacing, repairing, maintaining, and installing windows;
 - o Discontinue the Expendable Trust for the purpose of building repair, maintenance and equipment at the SAU Office;
 - o Discontinue the Expendable Trust for the purpose of asbestos abatement and room renovation.

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OBITUARY

Sally A. Clark



ALTON, NH - Sally A. Clark of Alton passed away Monday, March 22, 2021 surrounded by her four children. She was born in Cambridge, MA in 1931, the only child of Charles T. Andrews and Doris McDuffee. While she grew up in Belmont, MA, she spent all her summers with her mother and grandmother in Alton, NH at the family homestead on Pine Street. She picked blueberries on the hill on Route 140, skated at the roller rink at the Bay and waitressed at the Dockside Restaurant when she was older. Growing up Sally took piano lessons and playing classical pieces was a lifelong joy. She graduated Valedictorian of her high school class, an accomplishment she was very proud of. She went on to Cornell University and earned a BA degree. Her first job out of college was with Procter & Gamble where she traveled around the country doing market research. One of those trips took her to Allentown, PA where a foggy night and a twist of fate caused her to run into Davidson Clark, a man she had met only once before while in college. They married in 1955 and he was the love

of her life for 65 years. Sally and her husband began married life in Haddenfield, NJ where they had their daughter Terry and son David. They then moved to Troy, NY following her husband's job with General Electric. There they had two more daughters, Janet and Doris. In 1970 the family settled in Greenville, MI where Sally started a job as computer programmer at Wolverine Worldwide and later became a systems analyst. She was proud of her accomplishments including stream-lining the order-entry and distribution systems, saving the company time and money. In 1989 Sally and Dave moved up to Alton permanently to care for her mother. They spent winters at their Ormond-By-The-Sea, Florida home. They traveled annually to Hawaii with Dave's brother, Richard Clark, as well as visiting China, Russia, Hungary and Czech Republic. Summers in Alton were spent with grandchildren Zach, Davidson, Molly and Tyler Betts. Sally was preceded in death by her husband in 2007. She is survived by her children Terry Clark of Chicago, IL, Dave and Jacqueline Clark of Temecula, CA, Janet and John Betts of Hilton Head Island, SC and Doris Clark of Dallas, TX. Cremation care by Peaslee Funeral Home. To express condolences, please visit: www.peasleefuneralhome.com

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It's starting to become a local tragedy around here. There is a wave of dying trees sweeping across the area. And the nation for that matter. For years I have noticed wood lots getting thinned and heard mention of the problem, but I never realized the magnitude of it. A couple years ago, a customer of mine had almost all of her trees cut and removed because of it. What I'm talking about is resultant from the importation of the emerald ash borer. This is another critter that showed up in the nineties and has been causing tremendous damage everywhere it goes. It continues to spread around North America killing all the ash trees. It's native to Asia and we all know how things get from there to here. It's usually due to our wonderful machines. One of those negative side effects of progress. People don't seem to realize how easy it is to spread destruction around the world with an airplane. That's how this virus got here, and countless other diseases and critters. With no

natural predators, they can spread uncontrollably. An actual person thought that Japanese Knot Weed would look nice around his house and brought some home and planted it. That was before planes, but boats work just as well sometimes. Since then, it has become the king of aggressive plants. Its roots can penetrate through cement and they can reach under a highway to continue its spread on the other side. Trying to eradicate it is a terrible chore. Just like them all. Last year, I noted large sections of affected areas five to ten miles from my house. This year it's all around my house. The characteristic bark falling off as the tree dies. I see it everywhere. There's not much you can do to stop it. Yes, there are insecticides that will help your trees, but there's no way to spray all the forests, and if you did, you would be killing all kinds of other things that you don't want to. There will certainly be a glut of ash firewood around here for some time to come. A hundred years ago there must have been

an apple orchard around my house. I often find these scrawny little apple trees trying to keep alive in the forest among the larger ash, maple, pine and oak trees that dominate the area. I've been trying to help one such survivor get back on its feet. For years the deer have been devastating its shoots, but it has finally amassed enough high growth to be above their reach. I've removed almost all the trees around it so that it gets more sunlight and nutrients. I've pruned it to make it into a well balanced fruit producing tree. It has now even giving me some little apples. They're not my idea of a tasty apple, yet, but they may be good in a pie or apple sauce. Since I plan on planting a Cortland tree, this old one could serve as a pollinator. I had never paid attention to what kind of tree the little one is that stands about six feet away from the apple. Last summer, I did, and wouldn't you know, it's an ash. Sometimes these critters shy away from attacking young plants and only go after

the mature ones. Could I end up with one of the few remaining ash trees in the area? When all the ash trees in the area are gone, will the borers away go too? Some day, I may speak with a forester and ask him these questions, and maybe he'll know the answers. But in the meantime, I think I'll let it keep growing. The worst that could happen is that the borers come and put an end to my tree too. It's not really in a bad position since it's on the northeastern side of the apple and doesn't really shade it to much. Now that I recognize what this problem looks like in the final stages of its devastation, I can't help but noticing the actual extent of the damage. Oh yes, other trees will gladly come and occupy the spaces that once were occupied by these majestic plants, but once again we will be robbed of yet another variety of the ever diminishing diversity that once was. E.Twaste Correspondence welcome at edwintwaste@gmail.com

Caution advised as schools prepare to reopen

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — The Governor Wentworth Regional School District's teachers and staff have begun receiving vaccinations ahead of the full in-person school schedule scheduled to begin April 5. It is the start to getting to the full vaccination level of protection the vaccinations offer as students come together in in closer quarters than previously possible with the hybrid schedule. After a fall and winter of escalating numbers of positive Covid-19 cases, the sending communities are presently in the either zero to one to four active case range. Whether that changes or not depends on continued adherence to

mask wearing, at least 3 feet of social distancing, and hand washing, says the Center for Disease Control, warning of the highly contagious variants that are circulating around the country, including New Hampshire, a state with the dubious distinction of being among 15 states reporting a rise in Covid cases. On Monday, March 22, the state reported a daily count of 207 newly identified Covid-19 infections, including all ten of the state's counties. 35 of the patients were younger than 18. Active cases were at 2,334, with 72 currently hospitalized. The state's pandemic death total is 1,217. As of Tuesday, the cumulative numbers for the past year to the present and the percent-

age of their town's population they represent are: Brookfield, with 52 total within its 712 inhabitants (7 percent); Effingham, with 82 within its 1,465 residents (5 percent); New Durham, 140 total within its 2,638 population (5 percent); Ossipee with 180 total within its 4,345 residents (4 percent); Tuftonboro with a total of 68 among its 2,387 population (2 percent), and Wolfeboro, 232 total among a population of 6,269 (3 percent). Seasonal visitors who contracted Covid-19 were not recorded locally. They were recorded in the counts for their places of residence. Information from the states' Covid-19 School Dashboard shows the history of cases among GWRSD students who tested positive for the virus and recovered, specific to individual schools.

Kingswood Regional High School has a total of 15 recovered cases, with the last case reported on Feb. 12. The Middle School, has a record of three recovered, with the last case on Jan. 27. At New Durham Elementary School, six all told recovered. The last active case reported was on Feb. 9. Carpenter Elementary School has a record of three recovered; last positive case on March 10. Crescent Lake Elementary had one recovered case with the last positive case reported on March 3. Effingham Central School shows five recovered with the last case reported on Feb. 19. Ossipee Central School records five recovered with the last case reported on Jan. 25. Tuftonboro Central School data shows three recovered, with the last positive case recorded on Dec. 16.

Church Service
SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
For more information, please visit abundant Harvest.net or e-mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am, 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Haggard, www.befreechurch.net.

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WFOM season continues with virtual concert by Yardbird Temple



The jazz quintet Yardbird Temple appears in virtual concert at 7:30 p.m. on Saturday, April 17, continuing the Wolfeboro Friends of Music spring segment of their 85th concert season.

WOLFEBORO — The jazz quintet Yardbird Temple appears in virtual concert at 7:30 p.m. on Saturday, April 17, continuing the Wolfeboro Friends of Music spring segment of their 85th concert season. Yardbird Temple has wowed audiences throughout the Lakes

Region since 2015. To hear this concert on April 17, simply email info@wfriendsofmusic.org to request the link to the special YouTube channel. The link will be released the afternoon prior to concert time and sent to your email address. Access to this WFOM virtual con-

cert is free of charge. Yardbird Temple draws heavily on a variety of jazz styles, funk, and New Orleans music. They have built a following with their energetic shows driven by their creative improvisational grooves. They are based in Wolfeboro, New Hampshire, home

of founding members Bobby Burns on alto saxophone and bassist Joe Dupell. Burns is the music director at Kingswood Regional High School. He had been playing in various bands and pit orchestras for years and wanted to have a regular jam session with a few friends, including Dupell. Together with other musicians and noted local drummer Eben Hearn, they formed the first lineup of the band in 2015. Delighting audiences around Wolfeboro with jam-based interpretations of pop songs, jazz and funk classics. Current members filled out the band to include guitarist D.J. DePasquale, tenor saxophonist Andrew Emmanuel, and noted local musician/music educator Tom Robinson on piano and organ. Yardbird Temple takes their musical inspiration from post-bop jazz legends such as Freddie Hubbard, Lee Morgan, John Coltrane,

Herbie Hancock, and Cannonball Adderley. They also have a real fondness for New Orleans funk, jazz fusion, hip-hop and classic rock. The cross-pollination of these and many other influences results in a sound that is both refreshing and familiar. A yardbird is variably defined as a new military recruit, usually assigned to menial tasks or a convict. Is that relevant here? Not likely. In the south of this country a yardbird is a chicken. More to the point immortal saxophonist Charlie Parker's nickname was "Yardbird." How he got that name is a subject of much conjecture. Our artists certainly honor this late great American performer. Like much of the music industry in 2020, the band has been on break for a while. They are now looking forward to their first performance since October 2019! Yardbird Temple will be performing a virtu-

al concert presented by the Wolfeboro Friends of Music on April 17th. Wolfeboro Friends of Music's sixth and final virtual spring concert will be Saturday, May 15th at 7:30 p.m. We are very proud to announce that this concert will feature the United States Marine Corps Band, "The President's Own". Watch our upcoming publicity with the finalized repertoire of this concert. What an honor it is to have the best band in the world perform for the Lakes Region. Join us and hear this fabulous ensemble In past seasons, WFOM has depended on ticket sales, advertisers and sponsors to sustain itself. This year WFOM would be immensely appreciative if you would make a donation on our website or mail a donation to WFOM, PO Box 2056, Wolfeboro, NH 03894. Please help us keep Music alive in the Lakes Region.

New volunteer coordination effort underway by County Conservation District

REGION — Amelia Kaufhold is leading a new Volunteer Coordination initiative in Belknap County hosted by the County Conservation District. This program assists local organizations in promoting volunteer opportunities for environmental stewardship and food assistance programs in Belknap County.

Kaufhold has tended farms, forests, fields and classrooms in New Hampshire and California. She is a seasoned educator and grower, as well as a graduate of the sustainable agriculture program at UNH's Thompson School and Cooperative Extension's Natural Resource Stewards Program. Weaving together growing food and medicine, natural resource management, land stewardship, and education, Amelia is pas-

sionate about working with nature and helping build community. As a longtime volunteer herself, she is eager to step into this role where she can collaborate with local organizations to help build connectivity in the community around food and natural resource conservation. She lives in a tiny house in Strafford with her husband, dog and cat, where they co-manage 50 acres of forest and an acre of orchard and gardens with their family.

Jillian Olevitz, a University of New Hampshire's Nutrition and Dietetics student, is working with Kaufhold on this Volunteer Coordination program. Olevitz is Co-President of UNH's Student Nutrition Association and is an Eating Concerns Mentor at the university. She is also a mem-

ber of UNH's Women's Club Hockey team. She is excited to bring her

passions for food and health to help this pilot program for food assis-

tance grow. Coming from Winthrop, Massachusetts, Jill loves bak-

ing and the beach.

LRPC TAC Committee to meet April 7

REGION — The Lakes Region Planning Commission's Transportation Technical Advisory Committee (TAC) will meet Wednesday, April 7, from 2 to 4 p.m.

TAC members will hear presentations from five Lakes Region municipalities that have applied to the NH Department of Transportation for funding via the Transportation Alternatives Program (TAP). TAC members will prioritize the five applications based on criteria established for the federally funded program. Criteria include safety, project connectivity, and potential for success. Eligible projects include

trails, sidewalks, traffic calming techniques, and other non-motorized forms of transportation.

Successful project proposals will be selected by the New Hampshire Department of Transportation. Project costs must be a minimum of \$400,000, with a maximum cost of \$1,250,000. The federal share of funding will be 80 percent of project costs. Municipalities will be responsible for 20 percent of project costs.

The public is welcome to attend the TAC meeting.

As a result of the coronavirus/COVID-19

public health crisis and pursuant to Emergency Order #12 issued by Governor Sununu on March 23, 2020 regarding the state of emergency currently extended through March 25, 2021 pursuant to the Governor's Executive Order 2021-04, the Lakes Region Planning Commission has determined that this meeting of its Transportation Advisory Committee will not be held at a physical location, but will be conducted via Zoom.


There are two ways for the public to access the meeting: Online at <https://us02web.zoom.us/j/84008643115> or by telephone at 1-929-205-

6099 and enter Zoom Meeting ID 840 0864 3115. These instructions are also provided on the LRPC Web site at www.LakesRPC.org.

Anyone who has trouble accessing the meeting can call 279-5334 or email admin@lakesrpc.org for assistance.

The LRPC TAC encourages all members of the public who are interested in any aspect of transportation to provide input during the meeting. For additional information about this meeting, please contact the LRPC at 279-5334.

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Amy Mavris promoted to AVP Marketing Communications Officer for New Hampshire Mutual Bancorp



Amy Mavris

MEREDITH — Amy Mavris has been promoted to Assistant Vice President, Marketing Communications Officer for New Hampshire Mutual Bancorp (NHMB), leading companywide marketing projects, supervising a three person communications team, overseeing digital and print communica-

tions, the Mutual Benefits program, public relations, and social media.

“Amy is a natural leader with the warmth, empathy, direct communication style valued in a manager,” said Cindy Hemeon-Plessner, Senior Vice President and Marketing Officer for New Hampshire Mutual Bancorp. “For the last several years she has been the communications and marketing lead for all major company-wide projects, excelling as an independent contributor and team member; planning way in advance and then making necessary changes at the very last minute. She has ex-

celled in this role.”

Mavris, like many NHMB employees, started as a seasonal teller when she was in high school. She has worked in many areas of the organization – the branches, loan operations, risk management – and she brings that perspective of internal and external customers to her work in communications.

In 2013, Mavris joined the Marketing department as the Marketing Communications Manager. Two years later, she became responsible for overseeing marketing communications for all of New Hampshire Mutual Bancorp. In

2016, she was promoted to Customer Experience Officer and she managed the development and maintenance of product materials, customer feedback analysis, and social media for Meredith Village Savings Bank, Merrimack County Savings Bank, and NHTrust Wealth Management.

Mavris has previously served as a planning committee member for the Granite United Way Central NH Day of Caring and is a 2019 graduate of Leadership Lakes Region. She holds a Bachelor of Arts in Business Management from Regis College, and is a 2007 graduate of

the Northern New England School of Banking. She is also a member of the New England Financial Marketing Association.

New Hampshire Mutual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in New Hampshire.

This strategic partnership has positioned the Banks to leverage each other’s strengths. They work together to advance a shared vision of maintaining and enhancing their community banking standards and values. NHTrust Wealth Management joined as a third subsidiary of NHMB in 2015, combining MVSB and The Merrimack’s financial advisory divisions. NHMB combined assets total nearly \$1.6 billion.

Dan Osetek promoted to Vice President, Commercial Lending Team Leader for MVSB

MEREDITH — Dan Osetek has been promoted to Vice President, Commercial Lending Team Leader for Meredith Village Savings Bank (MVSB), overseeing the leadership and development of their commercial lending team as well as employees who aspire to become commercial lenders.



Dan Osetek

“Dan is a remarkably, steadfast, and dependable colleague who has been invaluable to this organization for more than seven years,” said John Swedberg, Senior Vice President & Senior Commercial Loan Officer at MVSB. “His expertise and considerable background with two decades of commercial lending experience has been invaluable to our team and organization and we are lucky to have him.”

Osetek joined MVSB as Vice President, Commercial Loan Officer in 2014 with 12 years of commercial credit and commercial lending experience. He previously served as the Assistant Vice President, Commercial Relationship Manager for Northway Bank. He has spent years traveling throughout the Lakes Region, the Mount Washington Valley and surrounding communities to help companies of all types and sizes achieve their business goals. He offers a variety of lending solutions for business owners looking to purchase or expand their commercial real estate, those who need to buy equipment, vehicles, or other big-ticket items, or those seeking a flexible line of credit to help them run their business more effectively.

Osetek holds a Bachelor of Science in Business and Accounting from Bridgewater State University. He is a com-

mitted volunteer in his community and currently serves as Treasurer of the Wentworth Economic Development Corporation (WEDCO), and Glade Chief with Granite Backcountry Alliance, where he is responsible for coordinating and maintaining backcountry access ski and snowboarding trails in Mount Washington Valley. In the past, he was President of the Mount Washington Valley Habitat for Humanity. He and his family reside in Conway.

Unlike a stock bank, Meredith Village Savings Bank is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, MVSB has been serving the people, businesses, non-profits and municipalities of NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

PET OF THE WEEK

Isn't Duke the cutest! He is a hound dog who loves to sniff, run and explore, and would love to go on long on-leash hikes! Duke is currently working on sharing his food and basic manners. He would do best in a quiet home with adult humans, can do well with some dogs but can be picky about his dog friends, but cats and small animals would just be too much fun to chase. An ideal home for Duke would be understanding of hound traits and personality, work on his manners with positive reinforcement, and able to keep him mentally and physically exercised.

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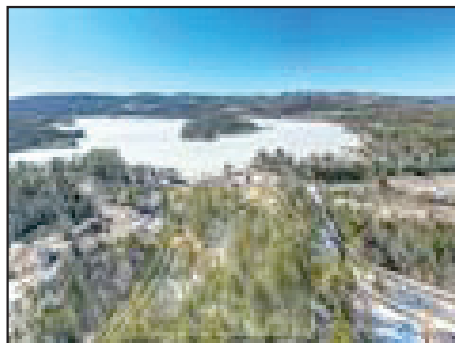
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KINGSWOOD

(continued from Page A1)

“As we get closer to making this a reality, we’ll have opportunities for people to help,” House said. “We’ll need people to jump on the committee.”

House noted that the plan, eventually, would be to have some sort of Hall of Fame dinner for the inductees, but all of that will depend on what fundraising the Hall of Fame Committee will do.

Additionally, it is still to be determined just how and where the Hall of Fame honorees will be

displayed, though House notes the Hall of Fame Founding Committee has looked at a number of different options for how to display the honorees.

Anyone looking to serve on the Hall of Fame Committee is asked to contact House at 569-8100 or ahouse@sau49.org to put their name on the list of possible committee members.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

ALL-STARS

(continued from Page A1)

Laramie, Libbey Hicks and Isabella Rivera of Bishop Brady, Valentina White and Jennifer Betencourt of Coe-Brown, Catherine Cole of Lebanon, Abuk Teng of West, Jasmine Becotte of Pelham, Ellen McGough of Sanborn, Macy Gordon of Merrimack Valley, Lindsey Laperle of Bow, Carissa Miller of Oyster River, Brady Johnson of

John Stark, Kate Canavan of Souhegan, Sarah Dobbs of Milford and Maddy Faber of Con-Val.

Maddie Houghton of Sanborn was named the Jack Ford Award winner while Dan O’Rourke of Hanover was named Varsity Coach of the Year and Mike Mahoney of Merrimack Valley was named Sub-Varsity Coach of the Year.

Woodsville seniors Olivia Sarkis and Emily

LIBRARY

(continued from Page A1)

paint tails of all varieties on rocks or portraits of their own pets.”

The rocks will be prepped and ready to go, and all materials will be supplied. Dotting tools and stencils for rock mandalas and acrylic markers may be checked out. The finished rocks will be sprayed with sealer to last for years.

They will also provide decoration for a new “addition” to the front yard.

“As we move a lot of our services outside,

we’ll need spaces and shade,” Allyn explained. “The Friends of the Library have been planning to build a pergola and perhaps add benches and small tables for laptops.”

Staff members will be painting words and phrases on rocks for patrons to arrange into haiku while they relax in the shade. Other rocks will be displayed in planters.

“The pergola will be a big project, but it’s something we’ve needed for years.”

A Seed Swap is taking place in the library lobby. Anyone who has left-over seeds is asked to put them in the small plastic tote on top of the bookcase. All are welcome to take or swap the seeds.

As part of National Library Week, the library is encouraging patrons to participate in citizen science. A list of fun and important projects to get involved in is available at the library and in its e-newsletter.

The library’s digital branch is open 24/7 for

downloads of books, audiobooks, and magazines at newdurhamlibrary.org, and the lobby is open six days a week (Monday 11 a.m.-3 p.m., Tuesday 3-7 p.m., Wednesday 2-6 p.m., Thursday 11 a.m.-3 p.m., Friday 9 a.m.-1 p.m., Saturday 10 a.m.-1 p.m.) for pick-up of reserved items, or to check out items via a staff member. Call 859-2201 or email newdurhamlibrary@gmail.com for a temporary library card or with questions.

Prest were both named Division IV First Team All-State, where they were joined by Player of the Year Sage Smith and Samantha Howe, both of Colebrook, Angelina Nardolillo of Hinsdale and Emmy Plage of Derryfield.

Division IV Second Team went to Emmalee Deblois of Groveton and Megan Swedberg of Moultonborough, along with Brianna Fillion of

Newmarket, Delaney Wilcox of Hinsdale and Chloe Weeks and Jaclyn Peaslee of Farmington.

Littleton’s Olivia Corrigan, Hannah Brown and Lauren McKee, Woodsville’s Graci Kaiser and Morgan Wagstaff, Groveton’s Nodia Davenport, Lin-Wood’s Alyvia Drapeau and Lisbon’s Sara Brown all earned Honorable Mention, along with Shawna Lesmerises of Derry-

field, Maddie Trainor of Portsmouth Christian, Abby Pollari of Sunapee, Abigail Henry of Newmarket, Jenna Needam of Epping, Olivia Watendorf of Franklin and Rosie Treece of Mount Royal.

Sarkis also earned Division IV All-Defensive Team along with Derryfield’s Plage, Newmarket’s Fillion, Hinsdale’s Nardolillo and Colebrook’s Smith.

Moultonborough’s Swedberg was named the Jack Ford Award winner for Division IV.

First-year Woodsville head coach Steve Colby was named Division IV Coach of the Year.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

More than 200 take part in Do-it-Yourself Winni Dip

REGION — The February and March fundraisers for Special Olympics New Hampshire involve water. In a typical year that water is either the Atlantic Ocean or Lake Winnepesaukee. Of course, 2021 is still far from being a typical year and the 2021 Winni Dip presented by Coca-Cola Beverages Northeast was conducted as a “Do-It-Yourself” event similar to last month’s Penguin Plunge.

More than distance usually separates these two fundraising events. While the ocean temperature this time of year hovers around 40 degrees, the Big Lake

usually clocks in at just above the freezing mark. As a DIY event, this year’s Winni Dip saw participants in both the ocean and the lake as well as backyards, parking lots and beyond.

The Winni Dip is split into four categories; the Cool Schools Winni Dip for middle and high schoolers, the Law Enforcement Winni Dip for those in public safety, the 24 Hour MEGA Winni Dip for brave souls willing to dip 24 times in 24 hours and the Community Winni Dip for everyone else.

The decades-long bond between law enforcement in the Granite

State and the athletes of SONH is evident on Winni Dip weekend. Nearly 100 members of law enforcement took part in this past weekend’s fundraiser. Many of these same officers also participate in the annual Law Enforcement Torch Run for Special Olympics New Hampshire as well.

The Winni Dip(s) are part of the SONH Winter Water Sports Series and are the most important fundraisers of the year for the more than 3000 Granite State athletes served by Special Olympics New Hampshire. Funds raised by the DIY Winni Dip will be criti-

cal to SONH programs moving forward and all funds raised by the Dip stay in the state.

As in past years, “dippers” registered online and raised funds via their social media channels and the online platform. Unlike past years, there was no gathering at the Margate Resort in Laconia. Special Olympics New Hampshire delivered a “Dip Tank” to participants. The tanks were filled with incentive items, snacks and other items from sponsors, and drinks from presenting sponsor Coca-Cola Beverages Northeast.

Dippers were asked

to find their own water source and location to make their dip anytime March 6 or 7. Participants were reminded to follow all local and state Covid-19 guidelines and to remain safe while plunging.

“We appreciate the continued support that law enforcement shows for our athletes as well as the great turnout from several schools across the state” said SONH President and CEO Mary Conroy.

“We are beyond thrilled about the number of participants for this DIY event and can’t thank our donors and sponsors enough,” she

continued.

More than 200 people took their Winni Dips across the state this past weekend. Some dippers were alone while others made their fundraising efforts in socially distanced groups.

“The funds raised from our Winter Water Sports will go a long way in getting our 3000-plus athletes back to activities as soon as it’s safe to do so,” according to Conroy.

More information about Special Olympics New Hampshire is available at www.SONH.org.



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Laconia resident publishes first book



Charlese Moses

LACONIA—A Laconia resident has recently published her first book, a memoir.

Charlese Moses authored “Given to Submission: A journey of shame, truth, and forgiveness,” which tells the story of Moses’ painful childhood, leading up to a traumatic experience in the military.

Moses grew up in both Massachusetts and Maine, as her parents were restless and moved frequently. Lonely and shy because she didn’t speak English in an English-speaking school, and insecure because

her parents were as rigid as her Catholic upbringing, Moses had a rugged childhood that also included several specific traumas.

After an impulsive, and brief, first marriage, Moses entered the United States Marines as a private. She was browbeaten by superiors and placed in an impossible situation. Her lack of self-esteem led her to make a decision she deeply regrets to this day. Given to Submission tells the story of the early part of Charlene’s life and how it led to the action she took in the military, for which she

seeks forgiveness.

The book is the story of a young woman butting her head against the odds as well as an apology. It will appeal to adults and young adults. Moses hopes reading it will help empower others.

“Given to Submission” was published by Janice Beetle Books and is available at janicebeetlebooks.com, in the Shop.

For information about Janice Beetle Books, visit janicebeetlebooks.com.

Children’s Auction distributes nearly \$500,000 in grants

LACONIA —The Greater Lakes Region Children’s Auction (GLRCA) is proud to announce that it has distributed grants totaling \$494,430 to 62 area nonprofit organizations.

Grants will be used by local nonprofit organizations to fund

wide-ranging programs that support children and their families. These programs address needs that are vital to the well-being of children in our communities, including food and housing insecurity and related emergency assistance; afterschool programs, recreation, education

and the arts; childcare and related family resources; and healthcare, including victim outreach and support and preventative health and wellness training.

Jaimie Sousa, GLRCA board chair, is very proud of this year’s Auction results, noting “2020 was such a difficult year for so many people in the Lakes Region. The GLRCA Distribution Committee found that the request for assistance was greater than ever, particularly for basic needs that so many of us take for granted – food, shelter, clothing, safety. Each year we ask our community to come together and help their friends and neighbors. We weren’t sure what to expect during the pandemic, but the generous people of the Lakes Region didn’t let us down. Thank you again to everyone who

played their part to raise funds that make a direct impact in the lives of local children.”

Due to COVID-19 health and safety measures, there was no check distribution ceremony this year. Instead, each nonprofit organization received personalized award letters informing them of their grant amount.

The next round of GLRCA grant applications will begin in the third quarter of 2021. For more information about the GLRCA application and funding process, visit our Web site, <https://www.childrensauction.com/applyforfunding>.

Many thanks to the hundreds of community members, sponsors and local businesses who donated and bid on items, volunteered their time and effort and

participated in various fundraising activities, including the It’s for The Kids Community Challenge. We couldn’t have done it without you. You are all #ChildrensAuctionChampions!

This year marks the 40th anniversary of the Greater Lakes Region Children’s Auction! Plans are underway to celebrate four decades of helping nonprofits support our local children and families in need. Want to learn more about the Auction and how you can help? Visit us at <https://www.childrensauction.com/>. Follow us on Facebook: <https://www.facebook.com/ChildrensAuction/>. On Instagram: <https://www.instagram.com/childrensauction603/>.

About the Greater Lakes Region Children’s Auction The Greater Lakes Re-

gion Children’s Auction is an annual event held every December in central New Hampshire. Countless volunteers and donors have turned the Auction and its many fundraising events, including the It’s for The Kids Community Challenge, into a major annual campaign. In the 40 years that the community has come together for the Auction, more than \$7 million has been raised for local charities, all through volunteer efforts, community donations and corporate sponsorship. The Greater Lakes Region Charitable Fund for Children is a 501(c)(3) nonprofit organization that helps community organizations in the Central New Hampshire region. For more information about the Auction, the nonprofits it supports and how you can help, visit ChildrensAuction.com.

Belknap Mill announces new Web site

LACONIA — The Belknap Mill is proud to announce the launch of its new website at: www.belknapmill.org. The new site features a streamlined, modern design, improved functionality, and easy access to essential information for the community to learn about our history, programming, and upcoming events!

Johanna Halperin, the Mill’s Powerhouse Theatre Producer and Jill Desruisseaux, the Mill’s Marketing and Communications Coordinator worked together to create a more comprehensive format for the website, encompassing the Belknap Mill’s many initiatives in one easy to navigate location. Visitors can find information on our newest program, Powerhouse Theatre Collaborative, photographs of the 2020 restoration and renovation of the third floor event space, and a full list of virtual or in-person special events and annual programming.

“We are thrilled to debut the Mill’s new Web site to all who are looking to understand the breadth and depth of programming the Belknap Mill actually offers,” said Desruisseaux. “The Mill has such a diverse array of information to share with those looking to host a wedding or event, or learn about our award winning Industrial Heritage Program, the Historic Laconia Scavenger Hunt, Arts in the Park Summer Concert Series and so much more!”

The official unveiling of the website will take place at the 2021 Belknap Mill’s Virtual Annual Meeting on Wednesday, March 17 at 9 a.m. The link for the meeting can be found now at www.belknapmill.org.

About The Belknap Mill

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as a unique historic gathering place and a center for award-winning cultural and educational programs. Your donations and membership support our mission and enhance programming for the Lakes Region community.



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