

Rotarians learn of benefits from Yoga

ALTON — “Want to feel better, have little or no stress, live a longer and healthier life?”

Those were the questions asked by Guest Speaker and Yoga Instructor Susan Cronin to members of the Alton Centennial Rotary Club at last Thursday's weekly breakfast meeting.

Her qualifications as a certified Kripalu Yoga Instructor and a trained meditation teacher would prompt anyone to answer yes to these simple questions.

After retiring in 2007, from a fast paced and challenging career as a State Police Detective Lieutenant and Hostage Negotiator, Cronin was drawn to Yoga for improving her health and to reduce stress. Having contracted, and needing to control her Multiple Sclerosis, Cronin also needed to recover from two heart attacks requiring surgery, and 6 eye surgeries, plus other maladies. All became the catalyst for her to begin and accept Yoga as a way to get healthy, stay healthy.

It's worked so well for her she also lost lots of weight, gained improved memory and physical strength, she then became a dedicated proponent of Yoga, teacher and an author writing on the benefits of Kripalu Yoga for Police

Academy Trainees. Her writings were published in such prestigious publication as the International

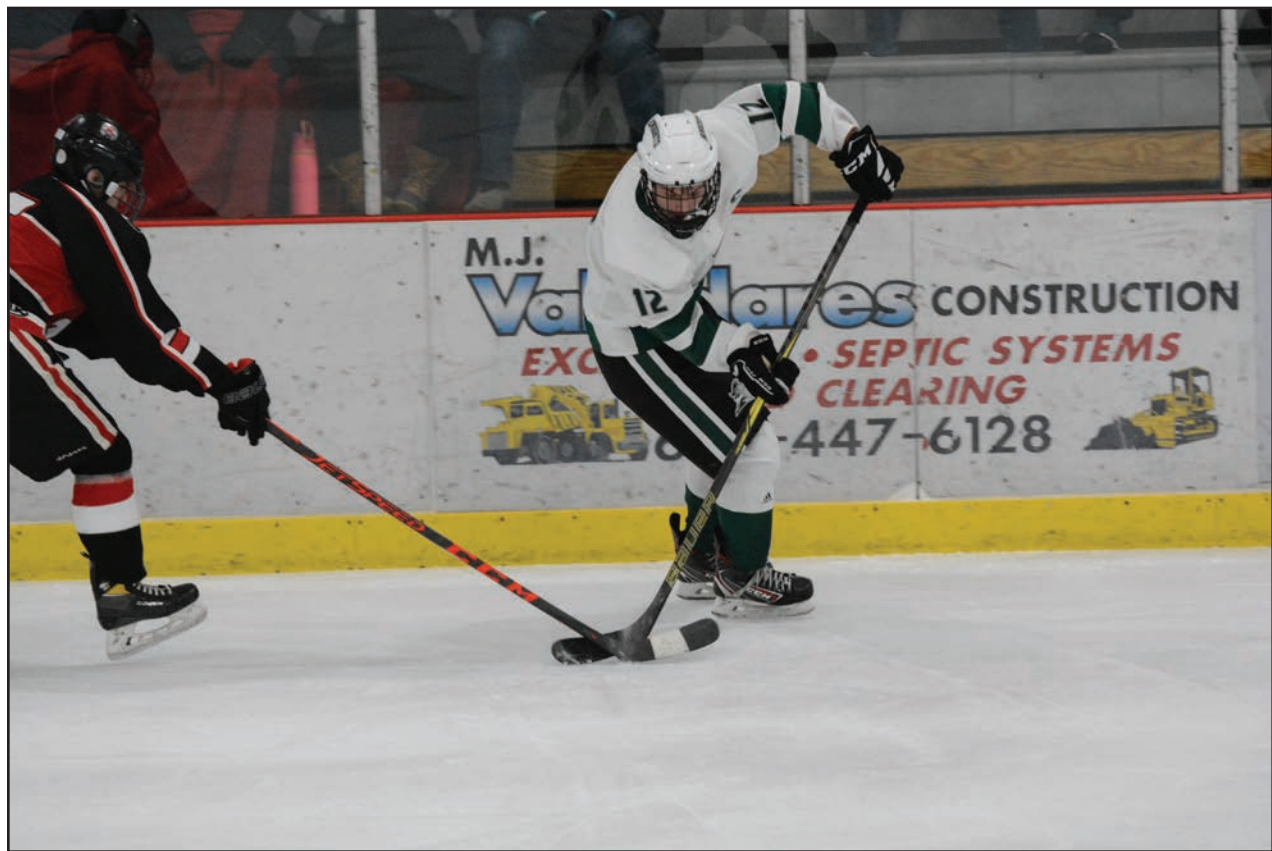
Journal of Yoga Therapy. Her full-time occupation is dedicated to teaching Yoga and meditation. She's taught Yoga and meditation at the Alton Community and Senior Center plus numerous other locations both in and out of New Hampshire.

“Yoga saved my life. I’m the healthiest I have ever been, and I love to teach because Yoga works, I’m living proof that it does,” she concluded.



Guest Speaker at the Alton Rotary Club weekly breakfast meeting is certified Yoga and meditation teacher Susan Cronin, who was thanked by Past Club President, Duane Hammond for her presentation.

Knight ice boys fall in holiday tourney opener



JOSHUA SPAULDING

WILL DANAIS looks to extricate the puck from a Berlin-Gorham player in action Sunday night in Conway.

BY JOSHUA SPAULDING
Sports Editor

CONWAY — The Kingswood boys' hockey team kicked off the Peter Hall Christmas Tournament at the Ham Arena on the day after Christmas, facing off with two-time defending Division III champion Berlin-Gorham.

The Mountaineers scored twice in the first five minutes and three

times in the opening frame on the way to defeating the Knights by a 6-1 score.

"We knew we were young and they haven't decided they want to win yet," said Kingswood coach Mike Potenza. "We got beat to a lot of loose pucks today, but the second half was better than the first half."

The Mountaineers
peppered Kingswood

keeper Gage Lamontagne early on, but the Knight goaltender held his own against the first few shots. However, with 11:18 to go, the Mountaineers rifled a shot from the circle that found the twine and B-G had the 1-0 lead.

Then, just 11 seconds later, the Mountaineers struck again and the lead was 2-0 before five minutes was gone in

the game. Lamontagne continued to work hard in the net and made a couple more saves. Will Danais just missed connecting with Grayson Gilpatrick with a centering pass and Shaw Swinerton had a bid denied by the Berlin-Gorham keeper.

Case Rogers had
a centering pass that
SEE HOCKEY, PAGE A10

*January events
at the Oscar
Foss Memorial
Library*

BARNSTEAD — The Oscar Foss Memorial Library has a full slate of events lined up for the month of January.

“Anxiety and You and What to Do,” presented by Kristina Schram, Ph.D. This topical workshop discusses what anxiety is and provides methods to help alleviate the anxiety in your life. The workshop will take place in the meeting room on Thursday, Jan. 13 at 6 p.m. Please call 269-3900 or email Kristina@os-carfoss.org to register for this free event.

Family Movie Night – Friday, Jan. 14 starting at 6 p.m. on the dot (it's a long one, folks, so be sure to arrive early to settle in)! The movie is "Cruella," it's PG-13, and refreshments will be served!

Art Journaling with Chrissy Roberge! Learn how to journal using a variety of creative media, and go beyond using only words to express yourself. This unique event will take place on Friday, Jan. 21 at 6 p.m. in the meeting room at the library. Please call 269-3900 to register for this free event.

Teen Nerf Battle at the Library! Come join Melissa and the Teen Advisory Group for a fun night of Nerfing! The group will be setting up a course in the library beforehand from 4 – 6 p.m. This amazing event happens Wednesday, Jan. 26 from 6 – 8 p.m., and is for ages 12-18. Be sure to bring your own Nerf equipment, and most importantly, pizza will be served! Please call 269-3900 to register for this free event.

Writers Forum. Are you a writer? Do you want to become one? Come join local author, Kristina Schram, as she gives an informal talk about her origin story and process as a writer. If we get enough interest, we'll make this a monthly get together where aspiring writers can talk about all things writing and publishing. The first forum takes place in the meeting room on Friday, Jan. 28 at 6 p.m. Ages 18 and up. Please call 269-3900 or email Kristina@oscarfoss.org to register for this free event.



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Local students at Brewster receive highest academic honors



COURTESY

Thirty-five Lakes Region students received academic honors at Brewster Academy during the Fall 2021 term, including these four who earned the highest achievement, Summa Cum Laude: Randall Preston of Alton, Logan Cliche of Alton Bay, Cole Butcher of Wolfeboro, and Heidi Broussard of Wolfeboro.

WOLFEBORO — Brewster Academy recently celebrated the accomplishments of its scholars who received summa cum laude, magna cum laude, and cum laude honor roll designations for the Fall Trimester of 2021. Thirty-five Lakes Region students were among the 220 honorees at the early December awards presentation.

Randall Preston of Alton, Logan Cliche of Alton Bay, and Wolfeboro residents Cole Butcher and Heidi Broussard all received a Summa Cum Laude designation, which goes to students with grades of 92 or higher whose courses are all at the Accelerated or AP level.

An honor of Magna Cum Laude indicates grades of 90 or higher with all courses at the AP, Accelerated, or Standard level. Local residents who received this honor are Hannah Parella of Alton Bay; Coral Detwiller of Center Tuftonboro; Abigail Jarvi, Rylee Rizzitano, and Tyler Rizzitano of Gilford; Grayson Mouradian of New Durham; Jack O'Neill of Sanbornville; Jennifer Baldwin,

Finian Boston, Ava Cole, Cailean Corbally, Marvella James, Makenzie Kavanagh, Madelaine O'Brien, and Timothy O'Keefe all of Wolfeboro; and William Dumont and Grace Long of Wolfeboro Falls.

A Cum Laude designation is awarded to students with grades of 85 or higher in all classes at the AP, Accelerated, or Standard level and grades of 90 or higher in all classes at the Foundational level. Fourteen local students received this honor: Olivia Tibbs of Alton Bay; Liam Fahy of Brookfield; and Gianna Sassi of Farmington; as well as Wolfeboro residents Jake Apgar, Lily Belisle, Caleb Brennon, Joshua de Beer, Jaeger Hendrickson, Annabelle Hunt, Wesley Hunt, Julia

Koumrian, John Linko, Ana Reynolds, and Robert Wingard.

Baldwin, Brennon, Cliche, Corbally, Jarvi, Mouradian, O'Keefe, Preston, Tyler and Rylee Rizzitano, and Tibbs are all part of Brewster's James C. Curvey Scholar Program. The program, exclusively for Lakes Region students who want to attend Brewster, includes a four-year, need-based scholarship based on academic, athletic, and co-curricular accomplishments, as well as the students' personal qualities of integrity, work ethic, and good character.

Brewster's Academic Dean, Matt Butcher, noted the hard work that all the school's students have been putting into their studies, add-

ing that some who are taking very challenging AP classes, demanding world language courses, or doubling in certain disciplines may not have hit the mark for honor roll status this time.

"But they know better than any award if they have been working hard, challenging themselves, and learning," he said. "And as we celebrate the accomplishments and efforts of those who did earn honor roll status, we also acknowledge the support their teachers provided them along the way."

For more information about Brewster's academic program and its unique student-centered team approach to learning, visit www.brewster-academy.org.

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COURTESY PHOTO

Still
helping out

Even though the season opening race was cancelled due to the freezing rain on Wednesday, Dec. 22, the Kingswood alpine ski team still carried on with the food drive planned to benefit local food pantries. Pictured are team captains Robbie Hotchkiss (left) and Lou Arinello preparing to deliver the food.



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PETS OF THE WEEK




Gannon

Meet Gannon! This big doofus loves to play, go for walks and eat treats. He's an inexperienced fella who needs an experienced owner to help him learn his manners! Gannon isn't a big fan of other dogs or cats, so he's seeking to be the only pet in his new home. Because Gannon is inexperienced with petting and handling, and he's still learning to share his things, he will do best in a home without children. Gannon is currently being treated for a skin condition that may or may not resolve with his current treatment plan. His adopters should speak to their veterinarian, and be prepared for the possibility that Gannon will need to take medication or be on a prescription diet for the rest of his life. If you are looking for a mature dog who needs help learning what love is really all about, then ask us about Gannon!



Cuke Roll

If this picture doesn't tell you how adorable I am then I don't know what will. Me and my adorable face came to NH Humane from living as a stray, so there is not much in the way of background. I am FIV+, meaning I would need to be the only pet in the household or living with other FIV+ cats.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	415 Coffin Brook Rd.	Mixed Use (Residential/Recreation)	\$765,000	Carter Fiscal Trust and Andrew M. Carter	Michael J. and Mercedes S. Aschenbrenner
Alton	E. Side Drive	N/A	\$76,000	Joseph T. Byrne	Davlor LLC
Alton	N/A	N/A	\$60,000	Karen E. Scoppa and Jackie W. Leone	Stephen G. and Jackie W. Leone
Barnstead	11 Alder Point Dr.	Single-Family Residence	\$410,000	Jonathan M. Dziok	Shawn P. Ford
Barnstead	21 Blueberry Lane	Single-Family Residence	\$250,000	Herbert M. Lydick and Irene M. Kaftanuk	Danielle Roberts
Barnstead	150 Garland Rd.	Mobile Home	\$217,000	Matthew L. and Nicholas H. Remick	William M. and Cynthia M. Brooks
Barnstead	542 Peacham Rd.	Mobile Home	\$229,000	Herbert L. Towle	Matthew and Sarah Currid
Barnstead	42 Ridge Rd.	Single-Family Residence	\$560,000	Margaret M. Ehler	Jacob D. and Emily L. Ziegler
Barnstead	100 Will Smith Rd.	Single-Family Residence	\$515,000	William E. Bunker	Padraic D. and Brianna Weller
Barnstead	N/A	N/A	\$490,000	Francesca Latawiec	Barnstead Sand & Gravel Co.
New Durham	Merrymeeting Road	Residential Developed Land	\$99,933	Sheldon W. Perkins	Jose R. and Wanda I. Sanchez

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column “Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Barnstead Elementary School honor roll

BARNSTEAD — The following students in Grades 4-8 at Barnstead Elementary School have earned High Honors or Honors for the First Trimester. Students who have received A's in all of their subjects qualify for High Honors. Those students who have earned A's and B's in all of their subjects qualify for Honors. In addition, students qualifying for High Honors and Honors must have received grades in effort and conduct that are average or above.

Grade 4
High Honors: Olivia Beaton, Briella Billings, Meredyth Chmiel, Cooper Damon, Gavin Drolet, Brady Gardner, Frank Graichen, Gavin Horr, Rylee Horr, Carlin Judkins, Melody Mason, Melissa O'Neil, Ulitta Paige, Annah Penfield,

Khloe Picott, Molly Rayno, Skylar Roy, Lillian Royer, Caiden Simpson, Issabel Syvinski, Jessica Troy, Lucy Weeden
Honors: Brent Bemis, Lillian Burton, Leanna Capone, Tanner Cleasby, Trayton DeRocher, Zachary Dyrkacz, Drake Egan, Alexia Fiorillo, Jonathan Gouldsbrough, Jacob Grillo-Moore, Hunter Jackson, Liam LeBrun, Corra Mountain, Kaiya Norton, Ancel Pelham, Adalyn Pethic, Kaylee Poole, Sean Pratt, Kayden Richartz, Estrella Rodriguez, Griffin Rogers, Brooklyn Rondeau, Autumn Smith, Samanthalynn Sookdeo, Raymond Sullivan, Julianna Suska, Issabel Syvinski, Lillyana Taylor, Conner Vassallo, Reese Walsh

Grade 5
High Honors: Lacey Abell, Camden Batchel-

der, Lorilei Black, Nora Brooks, Emma Burris, Cameron Deane, Annika DeRocher, Dylan Ducharme, Madison Ferland, Leah Gard, Amelia Gentile, Evelyn Holmes, Hayden Holmes, Hope Laflamme, Luchiano Leitner, Aidyn McGranaghan, Brendan McLaughlin, Dylan Pelletier, Stephen Rawnsley, Ashlynn Roberts, Grace St. Germain, Isaac Taylor, Delilah Tiede, Olivia Trask, Colt Trombly, Asher Whitmore, Brynn Woods
Honors: Hunter Atwood, Kieran Bartrum, Nick Boudreau, Sophie-Mae Boyd, Skyler Burt, Mason Card, Connor Chadbourne, Gabe Cole, Cam Drolet, Kayden Edgecomb, Maci Hoelscher, Anthony Maguire, Mabel Marston, Emmet Minot, Madison Morris, Corbin Morton, Orion Neathery, Matthew Perry, Brayden

Radwell, Anna Seibert, Kumar Sookdeo, Hunter Witham

Grade 6
High Honors: Victoria (Tori) Allen, Lily Attarian, Bailey Beck, Maddison Boneski, Garrett Christiansen, Hailley Clark, Zac Cole, Lily Cookinham, Meredith Currier, Landon Deane, Peyton Irving, Levan Kenerson, Braylon Lucas, Lucas Lund, Peyton McAnaney, Ravyn Paris, Leah Pica
Honors: Braden Berkins, Alexia Caldwell-Cray, Chloe Deneault, Daniel (Danny) Esperti, Savannah Fifield, Emma Gagnon, Alexandra (Lexi) Goonan, Kylee Guptill, Alinda Jacques, Thaedin Karmeris, Edward Lamontagne, Chase Lank, Brayden LeBrun, John Maguire, Tegan Pelham, Jacksen (Jack) Reed, Benjamin Rodd, Evan Sabeau,

Kathleen (Katie) Smith, Benjamin Tedcastle, Keagan Wolfe-Fazekas

Grade 7
High Honors: Hannah Colby, Maggie Damon, Delaney Drolet, Makenna Dow, Ava Foster, Emma Foster, Maggie Hart, Madelyn Howlett, Mercedes Laflamme, Braelyn Lounsbury, Bryce Lounsbury, Cody Manley, Brennaugh McCausland, Jaylyn Wilkes, Riley Williams
Honors: Levi Charter, Lexi Fowler, Haley Gauvin, Shane Lemieux, Halie Maguire, Logan Moore, Sam Morris, Michael Perry, Joseph Rawnsley, Cyrus

Tesseyman, Molly Vignola, Jazmine Witham, Connor Woodbury

Grade 8
High Honors: Elizabeth Bishop, Sophia Capsalis, Joshua Clark, Kenadi St. Germain, Paige Harding, Jenna Hodgman, Myah Lavoie, Declan McCausland, Madison Miller, Knyte Neathery, Ava Pelletier, Alyssa Pica, Aiden Taylor, Braelynn Woods
Honors: Katie Caldwell, Genevieve Charity, Nora Doyle, Noah Gagnon, Jared Gentile, Laney Henry, Leon Hill, Dylan Krull, Angel Pla, Alex Sanborn

Correction

ALTON — Due to a typographical error, an article published in the Dec. 16 edition of The Baysider commemorating Holly Brown's 25 years of service as Director of the Gilman Library incorrectly stated that she preferred to be addressed by her last name. She does, in fact, prefer to be addressed as Holly. The Baysider deeply regrets any confusion that may have resulted from this unintentional error.

THE READING ROOM AT GILMAN LIBRARY

THANK YOU FOR YOUR GIVING TREE DONATIONS

Thank you to the community members who participated in the Holiday Wish Tag Gift donation for single mothers and their children. A special thank you goes out to the Alton Rotary for picking up the donations at the library and distributing them.

ALTON BYE GONE DAZE VOLUME 2

If you missed the book signing on December 18th you can still purchase a book at the library. Alton Bye Gone Daze: Businesses 1920-1960, Volume 2, by local author, Robert W. “Bob” Witham, is fresh off the press, and the first edition is available as well. They make wonderful Christmas gifts at \$10 each. Just ask at the Circulation desk.

LIBRARY OF THINGS

The Gilman Library now has a new circulating collection called “The Library of Things.” The first additions to this collection include a variety of board games and card games for children, teens, and adults. We would welcome your suggestions and gently-used donations to add to the Library of Things. This might include baking equipment, like specialty cake pans, or utensils, tools or gardening equipment, electronics, art, or musical instruments, or even recreational equipment or science kits. Remember that we already have a magnificent telescope that is available for check out. If you have an idea, suggestion, or a possible donation, please let us know.

Meanwhile, come check out a game to enjoy with your family. Some of the new games available are Guess in 10 Junior Animal Kingdom, It's in The Bag, Life on Earth Memory and Matching, P-for Pizza, Pic-tionary, and Skylo.

WEDNESDAY STORY TIME

The next Story Time is scheduled for January 5th at 10:30 AM, weather permitting. Please note that if the school is closed due to inclement weather, these sessions will be canceled.

WEATHER CLOSINGS

In the event of inclement weather, the Gilman Library will announce weather closings on gilmanlibrary.org, social media, and WMUR 9. If unsure, please call the

library to see if we are open before you leave home

HOLIDAY CLOSINGS

The Gilman Library will be closing at 1:00 PM on New Year's Eve, Friday, Dec. 31, and will be closed Saturday, New Year's Day 2022. We at the Gilman Library wish you a happy and healthy New Year. See you soon!

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Merry Christmas
& Best Wishes for the New Year!



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Snowy weather is nothing new

The first big snow dump of the season has come and gone, leaving us with anywhere between three and eight inches of snow, depending on where you are. As with most things, we like to think about how our ancestors handled certain situations. On a personal note, it was during a snowy drive last winter that we writer became more grateful for studded snow tires and heat, after thinking about how those before us dealt with travel during snowstorms.

During the winter of 1717, a storm dumped four feet of snow creating snowdrifts of up to 25 feet. Passing through the snow-covered roads was too much for a postman who traded his horse for a pair of snowshoes. Objects similar to skis were attached to carriages as a means of winter transportation.

Streets had to be passable for wood and food deliveries. When the roads were not passable townspeople would gather together in large groups and dig out a path. The snow was placed into the back of a horse-drawn cart by gangs of men and driven to the closest river to be dumped. Salt was also used on streets, but many people complained because it ruined their shoes and clothes.

Fast forward to 1840, when the first snowplow patent came to be. It wasn't until 1862 that the first snowplow was put into use. The plow was attached to a cart and pulled by a team of horses. Soon after, many cities began to use the horse-drawn snowplow.

Typically, the use of the horse-drawn plow was only used to clear main streets, leaving side streets and sidewalks snowed in by large piles often blocking entrances to businesses. Many business owners actually brought lawsuits against the plowing companies as a result because their customers could not gain access to the storefronts.

The solution to that conundrum, was the hiring of snow shovelers to accompany the plow. The blizzard of 1888, however, was too much for the "modernized" plow, leaving many people trapped inside their homes. This emergency was the catalyst cities needed to begin coming up with a better plan for snow removal. One idea was to stay on top of the storm as it started, instead of waiting for it to end. Different men driving the plows were assigned to certain neighborhoods as well.

The invention of the automobile brought with it a crutch and a new possibility as far as snow removal went. The crutch being that an entirely new method needed to be engineered and put into use. In New York in 1913, a dump truck could be seen on city streets. Seven years later, the first snow loader, came on to the scene. It had a big scoop with a conveyor belt. The snow would go into the scoop via the belt, then dumped into the back of the truck. From there, off to the river it went.

It wasn't until 1959 when the weather was able to be predicted more accurately, allowing towns and cities to better prepare for any incoming storms.

Reading old diaries of our New England ancestors gives the perfect window as to what it was like to experience a bitter cold winter, prior to modern practices. Below a quote literary critic Van Wyck Brooks.

"All praise to winter, then, was Henry's feeling. Let others have their sultry luxuries. How full of creative genius was the air in which these snow-crystals were generated. He could hardly have marveled more if real stars had fallen and lodged on his coat. What a world to live in, where myriads of these little discs, so beautiful to the most prying eye, were whirled down on every traveler's coat, on the restless squirrel's fur and on the far-stretching fields and forests, the wooded dells and mountain-tops,—these glorious spangles, the sweepings of heaven's floor."

— The Flowering of New England, 1815-1865



RC GREENWOOD

Back to work

Michaela Vernazzaro works to corral the ball in action at Newfound on Monday, Dec. 20. The Timber Wolves dropped a 44-38 decision to the Bears and had their game with Somersworth two days later postponed by the weather. It will be made up on Jan. 24. Prospect returns to regular season action on Monday, Jan. 3, at Raymond at 6 p.m.

Letters to the Editor

The left has its own history of collusion with Russia

To the Editor:

After reading Mr. Henderson's recent letter, "TDS- a terrible disease," where he defends the thoroughly discredited "Steel Dossier" that claimed the Trump colluded with the Russians to steal the 2016 election, I thought it important to point out that the left has a sordid history of Russian collusion. From the days before the Bolshevik Revolution to the Administrations of Franklin Roosevelt, Richard Nixon, and Bill Clinton, the U.S. government and Corporate America have been colluding with the Russians. And let's not forget the hot mic comment Obama made to then President Dmitri A. Medvedev of Russia where he said

he would have "more flexibility" to negotiate on the issue of missile defense after the November election.

Before and since the Communist takeover of Russian in 1917, elements within the United States gave aid, trade and technological transfers to Russia enabling it to become a superpower as well as a worldwide supporter of terrorism, genocide, communist military advances, and espionage. The late Professor Anthony Sutton of the Hoover Institution has written extensively on the subject. His books include "Nation Suicide Military: Aide to the Soviet Union," "Wall Street, and the Bolshevik Revolution" and "The Best Enemy Money Can Buy." I would be

happy to loan Mr. Henderson copies of these books.

Trump's crimes were not colluding with Russia or the Ukraine. His "crimes" in the eyes of the left were beating Hillary Clinton in the 2016 election, and putting the interests of the American people first. In my opinion, Jeb Bush was supposed to get the Republican nomination, and then lose in a landslide to Hillary Clinton giving her Deep State handlers a mandate to destroy our country. Admiral Chester Ward summed it up in his book Kissinger on the Couch referring to the leaders of the Council on Foreign Relations-Deep State HQ:

[The CFR has as

a goal] submergence of U.S. sovereignty and national independence into an all-powerful one-world government... this lust to surrender the sovereignty and independence of the United States is pervasive throughout most of the membership... In the entire CFR lexicon, there is no term of revulsion carrying a meaning so deep as 'America First.'"

Readers who would like a free pocket copy of the U.S Constitution or borrow copies of the above mentioned books when Mr. Henderson is finished with them, may contact me at my E-mail campconstitution1@gmail.com.

Hal Shurtleff
Alton

Dear John

To the Editor:

Dear John (Henderson), nice to see we are on a first name basis now. Very polite for two men who have never met, but I am good with that. What I don't care for is you saying I don't care about this country, that I am afraid, unvaccinated, and that I hope to use my gun and go do violence. All of these accusations are from your Dec. 16 letter to the Editor, and they are all false. The way that you spew such nonsense is why I write these letters to the editor in the first place. Just because you say these things does not make them true. Much like the lies you hear from the liberal media. This is why I always say facts vs. feelings

John, you were also eerily silent on remarking about the facts I pointed out in my last letter regarding this inept administration, and silent is not one of your salient points. Reminds me of the following Robert Frost quote, "A liberal is a man too broad-minded to take his own

side in a quarrel."

Why does Biden's dictator-like vaccine mandate exempt postal workers? Does that make sense to anyone? Could it be that he wants to be sure mail-in voting is in no way compromised? Absentee ballots have long been available to the American voter, and I have successfully used them in the past. That is a far cry from mailing unsolicited ballots to every household, which fortunately has not yet happened in New Hampshire.

I am not at all against the vaccine, but I am against the government forcing people get it. Can you grasp that those are two different topics? What's next for the government to force on us under your liberal utopia called the Biden Administration? You and your liberal ilk called Trump a dictator, but Biden is acting like one, and you liberals all have your heads in the sand. Let's visit your comment about hospitals not taking unvaccinated patients. What's next? No

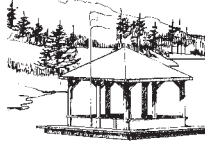
treatment for the cancer patient who smoked? No bed for an overweight diabetic? No surgery for the car accident victim who was speeding? Research the Hippocratic oath that our healthcare workers take. Do you want to abolish that too?

John, you said "The economy before COVID is nowhere near it is today." I'd like to play along, but that is preposterous. The unemployment rate in February 2020 was 3.5 percent. After reaching a high of 13.3 percent in May of 2020, the November 2021 rate was 4.2 percent. While vastly improved, 4.2 is higher than 3.5. These facts come from the Bureau of Labor Statistics, part of the Department of Labor, currently under the guidance of Democrat Marty Walsh. Gas prices are part of the economy, like it or not. When Trump left office, gas cost \$2.08 a gallon, down from his inauguration and down from the pre-pandemic \$2.50. We were on our way to energy independence, but after Biden

the job killer cancelled the Keystone Pipeline, he now has to beg OPEC to produce more, and release our strategic oil reserves, and we are now paying \$3.30 a gallon. Thanks Joe.

You mentioned inflation as if we are unaware of the concept. I used to get a can of soda for a dime, and worked in a body shop for \$3 an hour. Times obviously change, but the astronomical price increase of energy, food, and building materials since Biden took over is not normal inflation, it is hyperinflation, which is cold hard evidence of Biden's incompetence. The man can't finish a sentence, even when reading it from a teleprompter, and how many times has he referred to the VP as President Harris? That might be the only thing worse than a Biden Presidency. And remember folks, we are only 11 months into this disaster of a presidency.

Bruce Jakubauskas
Center Barnstead



The Baysider

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By JOHN HARRIGAN
COLUMNIST

This week, a few words about the Internet, both a blessing and a curse—a blessing because it offers unfettered exchanges and information, and a curse because it's willfully or carelessly misused.

As a guy who's been newspapering for better than half a century, I can certainly remember a time when there were no such things as email, cell phones or the Internet, and in fact no personal computers at all. In fact, I was there for the beginning of desktop publishing. Weekly newspapers, by the way, led the wave.

It's more fun to focus on the blessings of the medium; there are more than enough critics focusing on the curses. The social media have more than earned the curses, largely because of the excess that often comes when something that never existed suddenly becomes both unconstrained and cheap.

Perhaps it's worth observing that most reasonable people eventually want some sort of guidance (if not governance) on things that are cheap, mostly free, and available to all.

+++++

My wanderings (and wonderings) on the Net have led me down all sorts of paths, some augmenting old curiosities with new information (the days of sail, for example, or the voyages of discovery), and some entirely new.

Longtime reading about the first Europeans to visit the North American continent led me to visit the Net again and again as it made a wealth of information, particularly so much new material, so readily available. Someone is always finding something in an old attic trunk.

For instance, like many people I knew about the hostility early Europeans experienced from Native Americans. As the great sailor and historian Samuel Eliot Morison wryly observed when recounting one such episode along the Maine coast, it seemed as though the Indians were acting on experience.

Indeed they were. Even the relatively primitive paper-trail of the time (i.e., pre-Internet) had led me to a wealth of reading on early Norse visits, and such settlements as L'Anse aux Meadows (ca. 1020) in Newfoundland. Then there were the various "touchings" along the East Coast, the Maritimes, and the St. Lawrence itself by Spanish and Portuguese fishermen to salt and dry their catches and trade with native people.

Lifelong friend William H. Gifford, in his book "Colebrook: A Place Up Back of New Hampshire," devoted three pages to a list of terms that had crept into Abenaki use in previous centuries, and compared them to the languages of the day. The comparisons were amazing.

+++++

All during early colonization, various tribes of the Wobanaki Nation had become alarmed

by the swindling and claimed "purchases" of their tribal lands by European colonists. Early settlers were still under some royal control on such matters. After the colonies gained their independence, all bets were off.

Independence came just as settlers were spilling over the Appalachians and illegally occupying land in the Ohio Valley and beyond. For this and other reasons, the new colonies were targeted during the French and Indian War, a Europe-driven conflict that ran from 1754 to 1763 and brought raids instigated in Quebec, Montreal, and Indian villages in southern Quebec.

From earlier reading, I knew that raiders captured settlers in Portsmouth, Dover, Exeter, and other seacoast towns, and took them on the weeks-long trip to Canada. The Captive Trail went along the upper Merrimack River to where the Baker River flows into the Pemigewasset at Plymouth; and thence up the Baker Valley to the height of land, and down into the Connecticut River valley and thus on to French Canada.

The Indians had been paid to conduct the raids, after all, and were paid for each scalp or captive brought home. Captives were valuable for the ransom they would bring from families back home. But how would their families know they had survived the raids, and were being held captive far to the north?

I knew that there had to be a faster way of carrying word of this than



COURTESY

This photo of the Baker River, where it flows into the Pemigewasset at Plymouth, was taken more than a century ago, in 1907. (Courtesy Library of Congress)

the long journey by sail down the St. Lawrence and around the Maritimes and on up the coast to Boston. Conventional reading brought hints of longstanding Indian trails connecting the Canadian and Bay Colony settlements. And just a bit later on, times had changed, and it was "Internet to the Rescue."

(For the fun of it, enter "French and Indian War captives," or with the same intro, "ransom notes," and see what you get. Presto! Ransom notes.)

A final note on all this. Millennia before, the various tribes of the Wobanaki Nation had found faster ways to communicate with their northern kin. Runners, accustomed to dog-trotting the trails, carried messages back and forth during times of war, and later, during strife from

conflicts in Europe. Express trails were marked through the woods, and word from settlements in Maine, New Hampshire and Vermont could be carried back and forth in a matter of days.

+++++

I cannot let the use of the Internet drift by without a blatantly self-serving comment or two, so here goes.

--No search engine can perform better than the words you use; i.e., choose your words carefully. To assuage any fear, go to (guess what?) a Web site--just enter "using a website" and go soak your brain. Hint: look for a ".org," because other sites have motives.

--Once answers pop up, beware the ".coms" and other obvious commercial sites. Stick with

"orgs" unless you're experienced enough in your field of interest to wade in and be selective.

--The Internet has very few truthful, selective, impartial, apolitical (i.e., without politics), fair-minded guides. To save time, let's call them "editors," or even better, "gate-keepers."

There are few ways for people to know when (and when not) to open the gate. "Caveat emptor" is the old Latin warning: "Buyer beware." You had better know your stuff, lest the time-wasters and muton-heads slip through.

(Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Letters to the Editor

New Durham FD deserves and needs a pay raise now

To the Editor:

I write this during one of the deadliest pandemics experienced in the past 100 years. Who would have imagined 20 months ago that we would be wearing masks as we go about our daily chores and routine interactions with the public? All through this, our firefighters, emergency medical technicians and Fire Chief have been there for us having to wear PPE on every assignment to protect their health and that of their families. It's a change that none of us desired, or anticipated, but now recognize as an imperative.

I would like to thank the Fire and EMS service in New Durham for their dedication in responding to the aid of those in need, risking their health and that of their families. As people are exiting the EMS field in droves, we have a small, dedicated crew in this community that have been there for us, and I'm here to support them with this letter.

I have been watching the ongoing meetings in this town for the 2022 budget year

and I am appalled at the hurdles that the Select Board has made the Fire Department members go through for a wage compensation adjustment. I might add for those that don't know, the fire department starting pay of \$8 an hour has not been adjusted in 13 years and these hard-working dedicated members of the Fire Department deserve to be treated with more appreciation for the job they do. The Select Board members had no problem approving \$120,000 for scales to weigh our garbage and are neglecting the very services we need in a pandemic.

I have checked with other communities, and they pay anywhere from \$15 to \$22 an hour to start for their on-call staff to serve their communities. I urge the Select Board to immediately move to pay a respectable wage of \$15 an hour to these dedicated people and a pay raise to the Fire Chief who don't receive any of the benefits for working for this community, but respond night and day, in the bitter cold, snow, even on Christmas day and ev-

ery other holiday when the tone goes off. So, no days off, no vacations, no sick days, no retirement...nothing.

How do we thank them? By making them come to a Select Board meeting and beg for a minuscule raise when the Select Board members should have been proactive with gratitude and appreciation and moved forward 12 months ago with a competitive rate with the other communities of \$15 an hour to start.

Given the fact that they only get paid for time served on calls providing aid and transporting sick or injured to the hospital two to three hours per call with an average of 6 calls a week...not a 40-hour week, it should not be a major expense to increase their pay. Please join with me and urge the Select Board to approve these pay raises in the 2022 budget...we cannot afford to lose any of these valuable people...our lives and homes depend on them.

Janis F. Anthes
New Durham

Please take some time to clean your vehicle

To the Editor:

Danger! It's that time of year again when we see cars and trucks behind us and ahead of us loaded with snow and ice on their roofs.

Since 2002, New Hampshire drivers have been legally required to clear snow and ice off their cars before driving. Fines for a first offense are \$250 - \$500. A subsequent offense will

cost \$500 - \$1000. This state law is named "Jessica's Law" in honor of Jessica Smith who was killed in 1999 by a slab of ice that fell off a tractor trailer onto a box truck which, in turn crashed Ms. Smith's car.

We know it's cold on many mornings after a snowstorm. People are in a rush to get to school or work. But please take five minutes to clear off

that roof. It takes only three seconds to kill somebody. Our car was struck by a chunk of ice from an SUV speeding toward us. Fortunately, it didn't hit our windshield, but did considerable damage to the front end. So please take a little time to clean your vehicle. Thanks.

John Goyette
New Durham

TOWN OF NEW DURHAM PLANNING BOARD PUBLIC HEARING NOTICE

TUESDAY, JANUARY 11, 2022
7:00 PM @ NEW DURHAM TOWN HALL & ZOOM

Revisions to the Zoning Ordinance

You are hereby notified that a Public Hearing will be held by the New Durham Planning Board at the New Durham Town Hall and on ZOOM on Tuesday, January 11, 2022 at 7:00 pm. The hearing is regarding Revisions to Article XXI of the Zoning Ordinance, Nonconforming Buildings, Land or Uses. If you have any questions, please contact Robin McClain at ndlanduse@newdurhamnh.us or the Planning Board.

STRATEGIES FOR LIVING

On unsung heroes and outstanding men

BY LARRY SCOTT

Talk of unsung heroes, outstanding men who were largely ignored and soon forgotten, and Joseph, Jesus’ stepfather, goes to the top of my list. The last we hear of Joseph is in the Gospel of Luke, chapter 2, where we read that Jesus’ “father” was present on a journey the family made to Jerusalem when Jesus was 12 years old. Even then, Joseph is not named. That’s it! We never hear of him again, not even as to his death. Much has been made of Mary, and rightly so.

She was a special woman given a role second to no one else in the annals of history. We can only imagine what a moving experience it must have been the first time she realized she was holding God in her hands! But she was not alone. For Joseph, also, it was an awesome responsibility. As head of the family, it fell to Joseph to give Jesus the stability and the security He needed as a child. During his teen years, he watched as Joseph managed the affairs of their home. Jesus’ understanding of truth and honesty, self-discipline,

morality, respect for authority, and godliness were all influenced by what he observed in the man he called, “Dad.” He watched as Joseph responded to the frustrations and challenges of managing a business in first century Israel. It was, undoubtedly, a critical factor in His education. Keep in mind that Joseph was a normal man. He, like each of us, needed to discover the strength of character that can be developed only through the give and take of life. There were surely times when he blew it, and perhaps

occasions when he didn’t respond well to the growing-up antics of his unique stepson. But he was a good man and God Himself chose him for the rearing of his beloved son. Although history records little of Jesus’ childhood, one can surmise that Jesus also saw Joseph smile and relax as together they spent many a quiet afternoon fishing and enjoying each other’s company. What an impact the many conversations they had together must have made on Jesus’ outlook on life! Joseph, as no other man on earth,

helped make Jesus the man he was to become. As we face the new year, it prompts a lesson we all need to take to heart. If we are typical, we develop our self-respect, indeed, our very attitude toward life, by the things we own and the success we have experienced. We admire wealth, power, and fame. God, however, seems to have a very different agenda. He is far more interested in who we are than in what we do. Character is primary! Our accomplishments may be limited. We may be unknown and unheralded. No one

may ever squabble over our estate. But much like Joseph, that does not determine our personal worth. The quality of our life will be seen in the lives of the family for whom we have been responsible. As they follow in our footsteps, as they honor the God they have met through our living ... then will our personal worth and the impact of our lives become evident. Our living will not have been in vain! For more thoughts like these, please follow me on indefenseoftruth.net.

Offensive struggles sink shorthanded Knights in Plymouth

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Kingswood and Plymouth girls’ hoop teams have both struggled to score points in the early season and through the first half of their game on Monday, Dec. 20, that continued. However, the host Bobcat girls were able to pull away from the Knights in the second half and held on for the 40-22 win. “It was really nice to get that first win,” said Plymouth coach Brittany Lucas. “We’re coming off two pretty bad losses, they just weren’t doing what we have been

telling them to do.” “The effort is there, we just have to start knocking down shots,” said Kingswood coach Marty Garabedian. “We have to play on both ends of the (court).” Kamdyn Hobbs got the scoring started for Kingswood and Carley Johnson put back a rebound to give the Knights the 4-0 lead. Maggie Boyd got the Bobcats on the board and a Kayley Merrifield free throw cut the lead to 4-3. Kingswood’s Sadie Erwin drained three free throws to close out the first quarter, sending the Knights to the sec-

ond quarter with the 7-3 lead. Consecutive hoops from Claire Eccleston and Tarryn Rhude pulled Plymouth even at seven to open the second quarter. A free throw from Kingswood’s Sara Hyde put them up by one but Merrifield followed with a three-pointer to give Plymouth its first lead of the night at 10-8. Hyde hit two free throws to tie the game at 10 and then put home a field goal for a 12-10 lead. Rhiannon Harris drained a basket to pull Plymouth even again and three free throws from Merrifield gave the Bobcats the 15-12 lead. Johnson answered with a free throw for the Knights and then hit a three-pointer to give Kingswood the 16-15 lead heading to the halftime break. Plymouth scored the first 13 points of the third quarter to open the lead up and never looked back. Rhude tied the game with a free throw and Lindsay Miller added a free throw for the 17-16 lead. Samantha Sanborn finished off a good feed from Boyd and Harris drained a pair of free throws for the 21-16 lead. Boyd finished off a steal for a two more points and then Merrifield consecutive baskets and a free throw for the 28-16 lead. Erwin got a free throw with 12 seconds left for Kingswood’s lone point of the quarter and Plymouth’s lead was 28-17 heading to the fourth quarter. Sanborn hit two free throws to start the fourth quarter and with just more than six min-

utes to go, the Knights found themselves a bit shorthanded. With three players fouled out and another injured, the quartet of Erwin, Kyleigh Bonneau, Addison Lawlor and Andrea Daggett played without a fifth teammate on the floor. Harris had a free throw for Plymouth that was answered by a free throw from Lawlor at the other end. Anya Barach drained a three-pointer for the Bobcats and Miller added a hoop for the 26-18 lead before Daggett sank two free throws for the Knights. Izzy Rossner had a bucket for Plymouth and Eccleston added another hoop for the final Plymouth points before Daggett got the final bucket of the game for the 40-22 final score. Merrifield finished with 12 points to lead the way for the Bobcats while Johnson had six points to pace the Knights. “If we play our game, dig in on defense and finish at the other end, we’ll get it,” said Lucas. “There are things we are seeing even when we’re losing by 45, but it’s a matter of playing at that level consistently. “They came together well in this game,” she continued. “They played hard and kept a positive attitude.” Lucas noted that Boyd was a driving factor on the defensive side of the ball, as she brought a great intensity to that side of the ball. “Give Plymouth credit, they deserved to win, they put the ball in the hoop,” Garabedian said. “We had limited ball handlers and we had nobody at times to handle the ball against the press. “But I told them all, they played hard, the effort was there and that’s what I want to see,” the Knight coach continued. “Hopefully the shots will start going in.” Kingswood returns to action on Monday, Jan. 3, at home against Lebanon at 6 p.m. and will be at defending champion Bishop Brady on Wednesday, Jan. 5, at 6:30 p.m. Plymouth is back at it on Tuesday, Jan. 4, at John Stark at 6 p.m. and at Sanborn on Thursday, Jan. 6, at 6:30 p.m.

PRHS 3-12-13-12-40
KRHS 7-9-1-5-22

Plymouth 40
Rhude 1-1-3, Boyd 2-0-4, Barach 1-0-3, Merrifield 3-5-12, Sanborn 1-2-4, Eccleston 2-0-4, Miller 1-1-3, Harris 1-3-5, Rossner 1-0-2, Totals 13-12-40

Kingswood 22
Hobbs 1-0-2, Erwin 0-4-4, Johnson 2-1-6, Hyde 1-3-5, Daggett 1-2-4, Lawlor 0-1-1, Totals 9-8-22

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.



JOSHUA SPAULDING
PLYMOUTH’S Rhiannon Harris gets a hand on a shot from Kingswood’s Carley Johnson in action prior to the holiday break.



Sara Hyde fires off a shot during her team’s game in Plymouth on Dec. 20.



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A story of a jab, Part 3: Booster edition



PHOTOS BY ERIN PLUMMER

Third time's (hopefully) a charm: local reporter snaps a selfie after getting the booster dose of the Pfizer COVID-19 vaccine.

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — Readers might recall a couple articles by yours truly that came out earlier this year about the process of getting the COVID-19 vaccines. Flash ahead eight months and I am here with another story of getting the jab: this time the topic is on the booster dose. As different variants emerge for COVID and reports show the effectiveness of the vaccine does wane over time, now is the time when booster shots are an especially important consideration. Here again is my personal experience getting the third shot as well as how one goes through the process of getting a booster.

I got my first dose of the Pfizer vaccine in March, followed up with my second dose in late April. Both times involved waiting in a long line of cars snaked around different parking lots by Langdon Residence Hall at Plymouth State University leading to the main vaccine site at the National Guard's Plymouth Armory. I am happy to report getting the booster was a much less involved process, but more on that later.

For those of us who did get vaccinated, it seemed like the main event in itself, though there was always this thought that this wasn't the end of it. As the Delta and Omicron variants started spreading, this became a reality. The CDC and other health authorities have indicated vaccines are highly effective against COVID-19 infection, but not 100 percent and infection is still possible. Those same studies have shown people who are vaccinated and received the booster have a much lower risk of serious illness and death of they do get COVID-19.

CDC published data this November indicating that the effectiveness of vaccines can wane over time. More infectious variants such as a Delta and the newly spreading Omicron pose a concern, though studies have shown vaccines and especially boosters are still effective against them.

The CDC is now recommending booster shots after six months for people who completed the Pfizer-BioNTech or the Moderna series or after two months for people who received the single dose of the Johnson & Johnson/Janssen vaccine

"With an increased immune response, people should have

improved protection against getting infected with COVID-19, including the Delta variant," the CDC stated on its website. "For Pfizer-BioNTech and J&J/Janssen, clinical trials also showed that a booster shot helped prevent COVID-19 with symptoms."

Most people can receive the booster of any brand no matter what they were vaccinated with in their first series.

I am happy to report getting any of the vaccines is a lot easier than it was when the vaccines first came out.

Those that got the vaccine earlier this year, especially those who were part of that first eligible group, might recall how complicated the process was to register and get an appointment time.

When the vaccines first became available people had to register through the national Vaccine Administration Management System (VAMS) that users reported was a complicated process with extended waits. By this spring the state of New Hampshire had its own statewide system Vaccine and Immunization Network Interface (VINI) that was less complicated. I registered through the VINI system when the vaccines became available for people over 40 and found it an involved but streamlined process.

For the past few months, all COVID-19 vaccines have been much more accessible. Anyone could drive by

any local pharmacies and healthcare providers and see signs advertising that the vaccine is there.

The DHHS also has a mobile vaccine van available to any business, organization, municipal entity, or any other group who requests it and has a schedule of different locations throughout the state. Locally, the Winnepesaukee Public has set up a mobile vaccination clinic at several locations around central New Hampshire, which included Gilford Old Home Day in August.

When the booster became available it was the same thing, even though with the surge in COVID-19 cases there have been some supply issues.

I planned to get the booster as soon as I heard about it, but I'll admit I put it off. I was reluctant to go through another application and wait process plus there was the general thought of "How badly do I need it?"

Thought 1 was addressed when my parents got their booster and told me how easy the process was. While they were part of the first eligible group it took them months to get an appointment, it was a much shorter and smoother process for the booster.

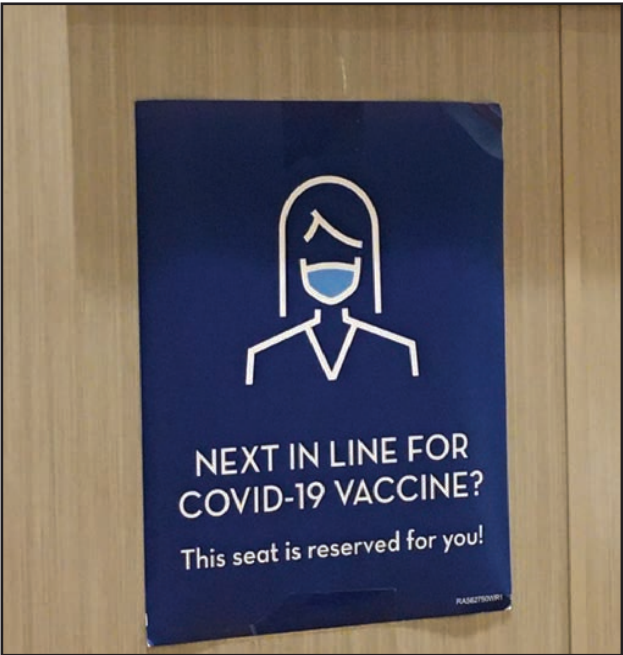
Thought 2 was addressed by the emergence of Omicron, especially reports of people who attended Anime NYC in New York City testing positive for Omicron. I had briefly considered going to that convention, but my planning was too last minute and it was clear I couldn't go. These reports from an event I'd even considered going to were a big motivator. A bigger motivator were details that cases among those who were vaccinated and boosted were mild. Right after I read this news story I was looking for places offering the booster.

I didn't need to register through the VINI site; instead, I could go on the Web sites for any local pharmacy or clinic offering boosters. Some searching showed boost-

ers weren't as plentiful as I thought they'd be, likely with the surge of cases across the state. With some searching I did find an appointment at the Meredith Rite Aid and I made an appointment to get boosted on Dec. 3.

Getting this shot was infinitely easier than it was in the spring. This time I just walked up to the pharmacy counter at my appointment time with my vaccine card and after some data entry by the person behind the counter I was directed to a waiting area. After maybe 10 minutes I was called into their treatment room and was getting my booster from a friendly nurse. I was given the clear to take off right after, no 15 minutes of waiting needed since I never had a reaction to the previous doses. This was night and day: a quick pharmacy visit in my town compared to my hour wait in the car by the Plymouth Armory.

The only side effect I had from the vaccine was noticeable aching in my left shoulder where I got the vaccine. It wasn't just at the site of the injection; it was



A sign in the waiting area at Meredith Rite-Aid for those getting the COVID-19 vaccines.

all around my shoulder. It wasn't overly painful, but it was annoying. It probably didn't help the entirety of the next day I was hopping from event to event and holding a notepad in the same position for hours. The day after I was doing some activities that involved a lot more arm movement and found the ache got a lot better. The ache was totally gone before the end of the week and I didn't really have any other side effects. Side effects, however, will vary from person to person. Vaccination is of

course one's choice and age, profession, and health history all play big roles in these considerations. Vaccination is, however, an option that people should carefully examine and consider as the pandemic continues.

For more information on vaccines visit the CDC Web site at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html> and the NH Department of Human Services site at <https://www.vaccines.nh.gov>, including information on the next Booster Blitz around the state.

HIGH SCHOOL SLATE

Thursday, Dec. 30

KENNETT
Boys' Hoops at Farmington Holiday Tourney; TBD
Girls' Hoops at Farmington Holiday Tourney; TBD
Monday, Jan. 3

KENNETT
Boys' Hoops vs. Merrimack Valley; 6:30
Girls' Hoops at Merrimack Valley; 6
KINGSWOOD
Boys' Hoops at Lebanon; 6:30
Girls' Hoops vs. Lebanon; 6
PROSPECT MOUNTAIN
Boys' Hoops vs. Raymond; 6
Girls' Hoops at Raymond; 6

Tuesday, Jan. 4

KENNETT
Unified Hoops at Farmington; 3:30
KINGSWOOD
Girls' Hockey at Bishop Guertin; 4

Wednesday, Jan. 5

KENNETT
Boys' Hoops vs. Coe-Brown; 6:30
Girls' Hoops at Coe-Brown; 6:30
Hockey at John Stark-Hopkinton; 6
KINGSWOOD
Boys' Hockey at Winnacunnet; 8
Boys' Hoops vs. Bishop Brady; 6
Girls' Hoops at Bishop Brady; 6:30
PROSPECT MOUNTAIN
Boys' Hoops vs. Newfound; 6

All schedules are subject to change.

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OBITUARIES

Joseph Petrucci, 79

Joseph Petrucci, 79 of Clay Point Rd., Alton, NH passed away December 11, 2021 at his home in Alton, after battling lung cancer for a year.

Joe was born in Boston, MA June 1, 1942 son of the late Salvator and Mary (Santilli) Petrucci. He was a long-time resident of Westwood, MA and moved to Alton in 1995.

Joe is survived by his partner of 17 years Joyce Greenlaw. With Joe being a licensed custom builder for 30 plus years, they built 2 homes together in Alton, traveled to Florida in an RV for the winter months and enjoyed summer rides on the back roads of NH, ME and MA on their motorcycle stopping to enjoy a packed picnic lunch. Joe also enjoyed working on his corvettes, working in his wood shop on crafts and furniture, cooking and entertaining.

Let's not forget Joe was one of the coffee reg-



ulars at Katies Kitchen in Wolfeboro, which of course is where Joe relished in Story Telling of his love for life and where he celebrated his "Celebration of Life".

Joe left behind 4 children, a son Joseph Petrucci of Yarmouth, MA, 3 daughters Christine Mather of Norfolk, MA, Nanci-Jo Barnett of Norfolk, MA, Maria Fraga of Westwood, MA a brother Albert Petrucci of Westwood and 11 grandchildren. One granddaughter passed away in 2006.

In Joes earlier years, his love for horses grew

into a passion he shared with his children. He bought a house in Westwood that had an existing barn where he eventually acquired a handful of horses through out the years. The barn would become a source of much joy, happiness and memories for years. It eventually was turned into a children's center, "The Barn Yard", which he built with his youngest daughter, proving his passion for Family.

A Gathering of Friends and Family will be held at a later date in Westwood.

The Baker-Gagne Funeral Home and Cremation Service of Wolfeboro is assisting the family with the arrangements.

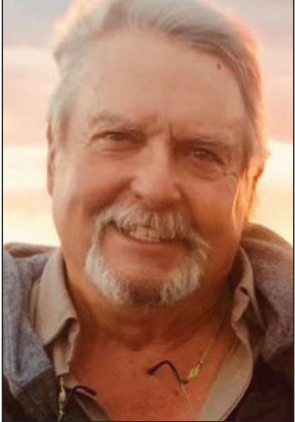
To view an online memorial, leave a message of condolences or for more information go to: www.baker-gagnefuneralhomes.com

Jonathan H. Downing, 77

A life well lived Jonathan H. Downing passed away peacefully at home with his family by his side on Wednesday, December 15, 2021 at the age of 77 years after a courageous battle with cancer. He gave cancer a run for its money like only a Downing could.

A former Navy Seabee, licensed Architect, artist, entrepreneur, Alton Town Selectman, Levey park trustee, Parks and Recreation Commissioner and devoted member of the Alton Bay Community.

Jonathan enjoyed most spending time with his family and grandchildren (known to them as 'Papa') while boating in his Donzi on Lake Winnepesaukee and skiing the white mountains of N.H. He loved to travel and lived life to the fullest. If you were one of the lucky ones, he skunked you in a game



of cribbage, raced you down the slopes and crushed you in a game of ping-pong.

He will be missed dearly by his devoted wife of 28 years, Nancy Stockman Downing; children, Jennifer Downing Mlinac and husband Matthew, Jocelyn Downing Robertson and husband Bryan, Julie Downing Monteiro and husband Dave, Megan Moulton Elder and husband Nelson, and Jilian Moulton; grandchildren, Leighton, Theron, Jace, Cameron, Ella,

Brayden and Marshall; beloved Zoey and grand pup Z; as well as numerous extended family members and friends.

A graveside service was planned for the family and public on Friday, December 17th, 2021 at 10:00 AM at the Old Riverside Cemetery in Alton, NH.

Charitable donations can be made on his behalf to the Town of Alton Water Bandstand Escrow Account (P.O. Box 659, Alton, NH 03809 or for electronic donations, please contact the daughters) to support the preservation and enjoyment of the water bandstand in Alton Bay.

Cheers to you, cheers to me... please raise that martini glass in honor of Jonathan

If you wish to express a condolence or leave a fond memory please visit, www.lordfuneralhome.com.

LETTERS FROM EDWIN
Holidays

Last year's holidays were so messed up by all the pandemic craziness that all my usual adventures were a total impossibility. Seeing as things seemed to be returning to more as they used to be this year, I was looking forward to getting to partake in some of my old family traditions that have been kept alive by my sister. She learned to cook many of the ethnic things that my mother, grandmother and aunts etc. used to bring to this huge smorgasbord that would happen at my aunts house every Christmas Eve.

It has gotten pared down over the years but there has remained an extended family gathering that now takes place at my sister's house. Santa Clause shows up to hand out some presents to the kids, and then everything gets wrapped up, washed and put away in time to head off to the Christmas Eve church service. I mean this has been going on my entire life with total regularity. Like spring flowers.

The extra special thing about it is all the different foods that I never get any more. I love all the puddings, Swedish meatballs, baked beans, pickled herring that she makes, as well as the stuff she buys that come from "old Swedes" making it the "old way" in their own small home productions. Did I miss the cookies, coffee breads and pastries?

Two of my favorites are sausages. One being a basic meat version while the other adds some potatoes to

the mix. Both get cooked in a pot of boiling water. Years ago, when the event was a much larger production, we'd show up around lunch time to partake of a quick meal consisting of large hunks of rye bread dipped into the sausage water. All the flavors from the sausages that permeated the water would soak into the bread and it was delicious. And simple.

I used to love when my mother would cook those potato sausages because there would always be leftovers and when later fried in a skillet they were like little sausage hash patties. I left all this wonderfully good stuff behind when I left home. At least there was always Christmas Eve.

I have been looking forward to all this, and more that I haven't even mentioned, as November rolled around. Then I had a ladder accident which slowed me down considerably, but I was still set and ready for the holidays. By the time Thanksgiving arrived, I had even started to work again.

Then came a text from Earnest, my eldest, the day before Thanksgiving that he had Covid, and therefore all travels and visits would once again be disrupted. I just stayed home. I'd been home for three weeks recuperating already, so home was pretty much my regular place to be.

The following weekend, I actually had a gig on Saturday night. All went well, but Monday, I started feeling unusual; by Tuesday, it was pretty obvious that I now had Covid. Elisa got me a home test kit,

and sure enough, I had it. After spreading the word, the testing of other band members resulted in at least three other positives. Needless to say, subsequent gigs have been canceled for the next few weeks.

There was still plenty of time to recover before Christmas, provided all things went well. I have to admit that this ailment is incredibly persistent and does not want to let go. They say that in ten days you should no longer be contagious. It's been 16, and I just took another test to make sure because I certainly don't feel back to normal yet, and I don't ever want to spread this thing to anyone.

Yesterday, I got a call from Evan, my younger son telling me that he just tested positive and if you add the two weeks quarantine onto yesterday it brings us beyond Christmas. We'll postpone our small family celebration till after his two weeks are up, but Christmas Eve is out.

When I notified my sister of Evan's state she informed me of others of our regular list who were also infected.

Once again, Covid has come and made this another totally disrupted holiday season. We'll still all celebrate the birth of Christ, which is actually the reason for the holiday, but once again with a hopeful desire for a return to our family traditions next year.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com

Bank of New Hampshire
ranked in NH's top
private companies

LACONIA — Bank of New Hampshire has been ranked 36th overall in Business NH Magazine's Top 100 Private Companies in NH, as well as 41st in the growth ranking. Bank of New Hampshire is the only bank to be ranked in the Top 100. Businesses are ranked by 2020 gross revenue and average annual growth between 2018 and 2020.

"We at Bank of New Hampshire are proud to be recognized on this list alongside the other top private companies in New Hampshire," said Chris Logan, President and CEO for Bank of New Hampshire. "Through all the challenges the last year has

brought us, we have stood firm on our commitment to serve our employees, customers and communities, and I believe the success we have achieved is a direct reflection of that commitment. We're grateful to receive this recognition and are excited to continue to carry this momentum into 2022."

Bank of New Hampshire is honored to receive this recognition as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hamp-

shire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.

Church Service

SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8914.
For more information, please visit abundantharvestnh.org or e-mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10:am & 7pm; Tues-Thurs 9am.; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Rubl, www.befreechurch.net.

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Worship Service 10:00am
Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603)269-8831
centerbarnsteadcc.org
Pastor Brian Gower.

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The Gilmanton Community Church
497 Province Road, Gilmanton, NH
ccoppraisegathering@gmail.com

COMMUNITY CHURCH OF ALTON
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Rev. Dr. Samuel J. Hollo, 875-5561.
Bay service 8:30am Alton Bay Gazebo, Alton , NH
10 am Worship Service
20 Church Street, Alton
Our services are live streamed on YouTube
Sundays at 10 am
www.ccoaalton.com

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Sundays at 10 a.m.
ccnorlbbarnstead.com

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www.farmingtonnubcc.org

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HOCKEY

(continued from Page A1)

missed connecting and Danaïs fired a shot on net that was stopped. Lamontagne made another save and Cam DeVito had a shot go over the top of the net. Lamontagne made a trio of big saves as the Mountaineers continued to pressure.

Berlin-Gorham went to the power play with 1:30 to go in the first period and 34 seconds into the advantage upped the lead to 3-0 and took that lead to the end of the first period.

The second period was divided into two

halves of 7:30, with the teams going to the locker room at the break. The Knights got a good run in from DeVito that was denied by the defense. Danaïs had a shot stopped and Lamontagne made a couple more saves on Berlin-Gorham chances. Garrison Hendrickson made a good hustle play to get in on a breakaway, but he was denied and Swinerton also had a bid denied.

Kingswood went on the power play with 2:30 left in the first half of the second period and Cody Emerson connected with Cam Kean on a bid and with Swinerton on an-

got in close but couldn't score as the penalty was killed off. Danaïs had a late centering pass miss the mark and the teams went to the "halftime" break with Berlin-Gorham up 3-0.

The second half of the second period saw Berlin-Gorham throw more shots on Lamontagne, but he held up tight. Swinerton and Danaïs teamed up on a bid that was saved and Emerson had a shot in close. Danaïs had a couple bids that were denied as well.

With 1:38 to go, Kingswood took a penalty and just 24 seconds into

the advantage, Berlin-Gorham netted their fourth goal with a rifle shot from the side. And with 22 seconds to go, the Mountaineers scored again to close out the second period with a 5-0 lead.

Jackson O'Keefe had a centering pass early in the third period and Emerson sent a shot wide of the net. Swinerton made a nice centering pass to Danaïs, but his shot was denied by Berlin-Gorham's keeper.

The Knights went on the power play with 11:49 to go in the game and Danaïs had a couple

of good chances, but he was turned away by the Mountaineer goaltender. Dylan Cash also had a shot that was saved.

With 7:45 to go, the Knights were able to get on the board when O'Keefe got a stick on a loose puck in the slot and found the back of the net to cut the lead to 5-1. Evan Harrington and DeVito picked up the assists on the tally.

Rogers had a shot that was turned away and Lamontagne had another save as the Mountaineers attacked. Berlin-Gorham was able to score a sixth and final

goal with 4:42 to go. Emerson had a late bid and Lamontagne added a few more saves in the final minute to finish with 23 overall as the Mountaineers got the 6-1 win.

"We still have a ways to go, but it's still the beginning of the season," said Potenza. "We won't hit the panic button yet."

The Knight coach praised the play of Austin Emerson, who despite giving up a lot of height and size to most of the Berlin-Gorham roster, wasn't afraid to go after the puck and stand up for his teammates when someone was being a douchebag toward them.

"Austin was not afraid to mix it up," Potenza said. "He does all the things he's asked to do."

The Knights were slated to take on Dover after deadline Monday in a rematch of the season opener.

"We're looking to show them that isn't who we are," Potenza said.

Kingswood returns to regular season action against Winnacunnet on Wednesday, Jan. 5, at Phillips Exeter Academy at 8 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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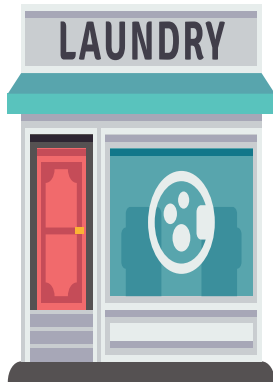
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524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton

One Too Many,
once again?

Don't Let
Alcohol Put
Your Life on
the Rocks.

Drinking too much can negatively impact every aspect of your life, from your health to your job to your personal relationships with family members, partners and friends. April is Alcohol Awareness Month, an observance dedicated to raising awareness of the dangers of alcohol abuse. If you or someone you know has a problem with alcohol, help is available. Seek advice from a doctor or contact an alcohol treatment facility, and take the first step toward control and recovery.

salmonpress.com

Warning Signs of Alcohol Abuse

- Drinking alone when you feel angry or sad
- Waking up with headaches or hangovers after drinking
- Inability to remember what you did while drinking
- Trouble getting to work on time due to drinking
- Inability to control your impulse to drink

If you or someone you know needs professional help for alcohol abuse or addiction, please call 1-800-NCA-CALL (622-2255) or visit ncadd.org for more information.

www.MaxfieldRealEstate.com

Happy Holidays!

FUTURE-

ARE YOU READY FOR A CHANGE?

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Flexible scheduling, with easy transfer to four-year schools.
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Tuesday, January 11th • 4pm – 6pm

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