

Winnisquam staff salute the Class of 2020



Members of Winnisquam Regional High School's Class of 2020 donned their caps and gowns to watch a special parade last week, which congratulated them on their accomplishments and sent love and encouragement to younger students in the district. Among the graduates watching that day were Cheyanne Baker (left) Ben Milner, Kyle Hinds, Madison Genier, Hannah Max, Ashley Deshaies, Riley Durling, and Jacob Carpenter (center), and Jayson Shevlin (right).

BY DONNA RHODES
dhrhodes@salmonpress.news

WINNISQUAM – On Wednesday, May 20, students of the Winnisquam Regional School District waited eagerly in their yards or at the end of their roads for a special parade of teachers and staff who were

wishing them well as they also paid tribute to members of the graduating Class of 2020. Winnisquam High School Administrative Assistant Ryann Riberdy and Principal Matthew Jozokos organized the parade for the seniors but invited employees from all five of the district's schools to

join them. "We started this for the senior class, to show our support for them, but this was also something we felt would be good for the community, the teachers and the staff, too," Riberdy said. "Seeing all three towns in the district come together like this is just awesome!"

Students were notified in advance of the route the parade would take through Tilton, Northfield and Sanborn-ton, and the seniors were asked to wear their caps and gowns for the event.

Lead by not only police from all three towns, but a decorated school bus and both Sanborn-ton and Tilton-Northfield fire departments as well, nearly 90 vehicles headed out at 1 p.m. that day, blowing their horns, cheering and ringing cow bells as they went. Balloons, window paintings, a Winnisquam Bear mascot, and plenty

of colorful signs could be seen on each. While the high school teachers and coaches congratulated the graduating class and wished them all the best in the future, younger students had messages of love, hope and encouragement from the teachers who miss them, too.

Along the route, boys and girls, family members and interested residents lined the roads. Many had signs of their own to send messages back to the teachers as they passed by.

And, when a member of the Class of 2020

was spotted, the caravan paused to toss a carnation and throw candy.

Senior Cheyanne Baker enjoyed the parade, saying it was something special for her class at a time when so much has been missed out on due to the public health concerns. Classmate Jayson Shevlin was also watching from a corner in Northfield with graduation balloons and his personalized yard sign that each of the seniors received.

"It was good to see everyone," he commented

SEE **SALUTE**, PAGE A5

Tilton hosts spring clean-up days

TILTON — The Town of Tilton will be holding Amnesty Days for the annual Spring CleanUp on four consecutive Saturdays beginning May 30 from 8:30 a.m. until 3:30p.m.

Tilton residents are encouraged to visit the town's website tiltonnh.org, for details on how to safely participate in the Spring Clean Up during the COVID-19 Pandemic.

The Department of Public Works has designed a disposal plan at the facility that will allow for safe and more efficient disposal of your unwanted items. A minimum distance of six feet will be maintained at all times. Please load your vehicles per the instructions on the website, so that unloading will ensure a smooth flow of traffic through the Public Works facility.

Due to COVID-19, Public Works personnel will not be allowed to assist in the unloading of any materials, so please plan accordingly. Proof of residency or Town of Tilton dump sticker will be required to participate.

For more information, please contact Tilton Town Hall 286-4521, ext. 100, or Kevin Duval, Director of Public Works, 286-4721, or visit tiltonnh.org.

Honors continue for Winnisquam athletes



Ashley Deshaies (left) and Jack Beaulieu (right)



COURTESY

BY DONNA RHODES
dhrhodes@salmonpress.news

REGION — Ashley Deshaies and Jack Beaulieu are two more of the seven athletes from Winnisquam Regional High School to receive the New Hampshire Interscholastic Athlete Award presented each year by the New Hampshire Athletics Directors Association to athletes from across the state who not only participated in at least two sports while in high school, but maintained a minimal B-plus average in academics as well.

Deshaies, who resides in Northfield, was a member of the WRHS girls' soccer team's defensive squad for four years, and served as team captain. In addition, she also played third base for the school's softball team. This year would have been her fourth year of competing at the high school level in that sport, but regrettably the COVID-19 outbreak cancelled all spring sports for 2020.

Her favorite sport was soccer, however, which Deshaies said she has played ever since she could walk.

"I grew up to have more of a connection with my (soccer) teammates and it felt more like a family," she said.

One of the biggest moments in her athletic career occurred during the soccer team's 2019-2020 Senior Night.

"It was an emotional but memorable night because everyone who had supported me all throughout the years was there. It marked the end of an amazing four years with the people who I considered my family," said Deshaies.

This is where her involvement in interscholastic sports ends however. In the fall she will be attending the Univ. of New Haven in Connecticut where she will focus on her studies in National Security.

She is proud of all her accomplishments, both on and off the playing fields at though, and was honored to receive an NHIAA award.

"I put all my effort into the classroom and

SEE **ATHLETES** PAGE A5

Sanbornton's 250th anniversary celebration postponed

BY DONNA RHODES
dhrhodes@salmonpress.news

SANBORNTON – The year 2020 is the 250th anniversary of the incorporation of the Town of Sanbornton, and while Coronavirus has put a damper on events that were being scheduled for this summer, the planning committee has found another way that people can still celebrate.

"We looked at our options and decided that next year, the town will be a full 250 years, so we're postponing the big celebration until then," said Justin Barriault, co-chair of the committee. "In the meantime, we thought we could at least

hold an Old Home Day type of event this year."

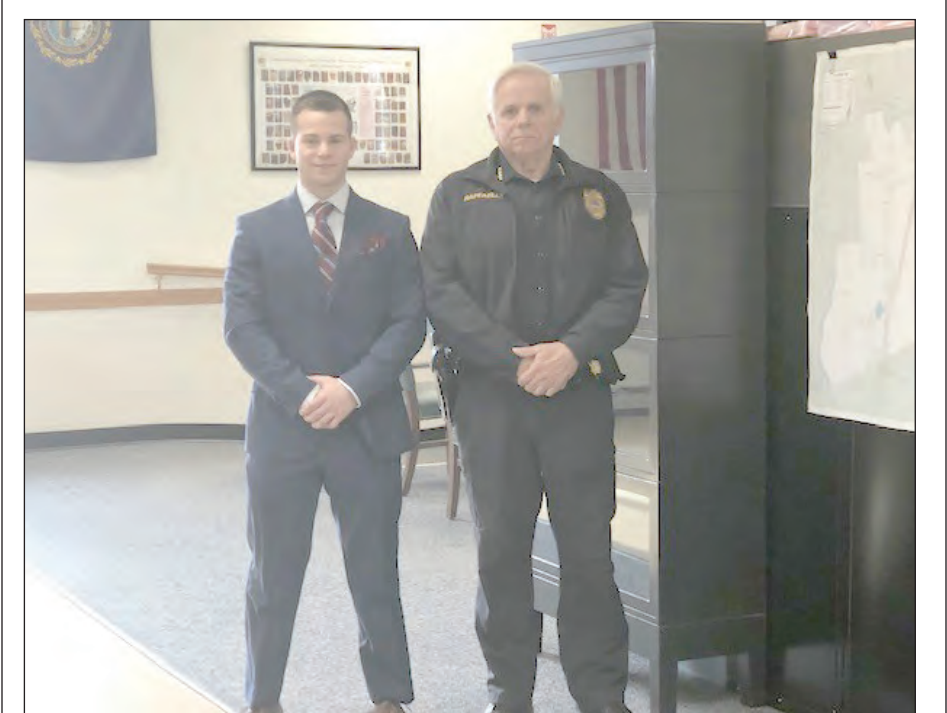
Focusing on ways they can gather the town safely for an afternoon, he said they came up with a few ideas that could possibly include a fun geo-caching activity and perhaps even a safely distanced town picnic. A parade is also in the works.

"The theme will be 'Sanbornton United,' and we're hoping to make this the biggest and best parade ever," said Barriault.

As a bonus, there will also be awards given out to the top three floats or entries that best represent the theme, he added.

Residents of Sanbornton are asked to keep an eye on the town's Web site, sanborntonnh.org, or follow the We Love Sanbornton page on Facebook for updates or any necessary changes for the celebration that may come about due to the latest Public Health guidelines at that time. Anyone with other ideas for the day, or who would like to be part of the planning process, can contact Barriault at 521-9085.

The parade and other activities are slated to take place on Saturday, July 11, the day the town had originally planned to hold the 250th Anniversary celebration.



COURTESY

Northfield Police Department welcomes new officer
On Tuesday, May 12, Chief John Raffaely was pleased to have Officer Jake Hall sworn in as the newest fulltime officer for the Northfield Police Department.

Ben & Jerry's Meredith selects Spaulding Youth Center as Project Joy donation recipient

NORTHFIELD — Spaulding Youth Center is happy to announce it was selected as the first recipient of Ben & Jerry's Project Joy donation. Launched by Ben & Jerry's Meredith scoop shop, Project Joy is a new initiative to spread joy to first responders and front-line workers with donations of ice cream.

Like many who are working the front lines during this pandemic, our staff are leaving the safety of their homes to report to work. Every day, our front lines provide 24/7 care and attention to our residential students. This includes helping students with their education, meals, showers, playtime, bedtime stories, and much more. Because of the devoted staff, our children feel safe and supported during this uncertain time.

"We are so thankful for this generous and yummy donation," said

Susan C. Ryan, President & CEO of Spaulding Youth Center. "Ice cream is something that brings joy to children and adults alike. We thank Ben & Jerry's-Meredith for providing these delicious treats to our residential students and front-line staff members during this otherwise unusual time."

The Project Joy donation to Spaulding Youth Center is the kick-off for Ben & Jerry's new initiative. The local scoop shop plans to give away 1,000 cups of ice cream to other front-line workers and first responders in the community through May 31.

Ben & Jerry's-Meredith is located at Mill Falls Marketplace, 312 Daniel Webster Highway, Meredith, New Hampshire. Visit <https://www.benjerry.com/Meredith> for more information.

About Spaulding

Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, residential, clinical, community based, foster care, and family support. Established in 1871 and known as Spaulding Youth Center since 1958, our scenic hilltop campus is located on nearly 500 acres in Northfield, NH and welcomes boys and girls from ages 4 to 21 from around the state of New Hampshire and beyond. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.SpauldingYouthCenter.org.



University of New Hampshire announces May 2020 graduates

DURHAM — The following students graduated from the University of New Hampshire in Durham Saturday, May 16, 2020, during a virtual celebration. Students who received the honor of summa cum laude graduated with a GPA of 3.85-4.0; students who received the honor of magna cum laude graduated with a GPA of 3.65-3.84; and students who received the honor of cum laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. A

traditional, in-person commencement ceremony will be scheduled at a future date yet to be determined.

Courtney Clairmont of Belmont graduated Magna Cum Laude with a BS degree in Human Development & Family Studies.

Cameron Paquette of Belmont graduated Cum Laude with a BS degree in Business Administration: Accounting.

Ryan Contois of Belmont graduated Cum Laude with a BSCS degree in Computer Science.

Reileigh Clark of Belmont graduated with a BS degree in Human Development & Family Studies.

Veronica Harris of Belmont graduated with a BS degree in Biomedical Sciences: Medical Laboratory Science.

Nicolas Weisman of Sanbornton graduated with a BS degree in Business Administration: Finance.

Joseph Marcoux of Northfield graduated with a AAS degree in Applied Animal Science.

The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students.



RICHARD PAULHUS — COURTESY
Even the statue of Chief Squantum at Tilton's Pocket Park was taking appropriate precautions to flatten the curve last week.

THE WINNISQUAM ECHO:
The next best thing to word of mouth advertising!

MEET YOUR SALES REPRESENTATIVE

TRACY LEWIS

603-616-7103

Call Tracy today at (603) 279-4516 ext. 182 or e-mail tracy@salmonpress.news
Our advertisers trust us, our readers trust our advertisers!

www.salmonpress.com

• ROLL-OFF CONTAINERS • STORM DAMAGE • ROOFING MATERIALS • RENOVATIONS • CLUTTER REMOVAL • YARD CLEANUPS • NEW CONSTRUCTION • HOME CLEANOUTS • STORM DAMAGE •

GREAT SERVICE AT YOUR CONVENIENCE NOT OURS!

Great Service at "YOUR" Convenience, Not Ours!

THE DUMPSTER DEPOT®

Waste Recycling Services

Large business services

Home cleanup

SAVE WITH OUR DUMPSTER DEPOT BUCKS

Got a trashy question? CALL US TODAY
TOLL FREE 1-866-56-DEPOT LOCAL 603-783-8050
WWW.DUMPSTERDEPOT.COM

Like us on Facebook

Dumpster Depot Bucks limit 1 per client on rental or pick-up on any regular priced dumpster. Not valid on Roofing, Concrete, or any specialty dumpster rental. Cannot be combined with other offers. Must present coupon at time of order. Expires 5/1/20

INDUSTRIAL • SMALL DUMPSTERS • FRONT LOADER DUMPSTERS • REAR LOAD DUMPSTERS • ROOFING MATERIALS • SMALL DUMPSTERS • FRONT LOAD DUMPSTERS • COMMERCIAL • REAR LOAD

Winnisquam Echo

ADVERTISE WITH US
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

TO SUBSCRIBE OR FOR SUBSCRIPTION SERVICES:
WINNISQUAM ECHO
(603) 279-4516 OR
KERRI PETERSON
(603) 677-9085
kerris@salmonpress.news

WWW.SALMONPRESS.COM
(603) 279-4516

A SALMON PRESS PUBLICATION
ECHO STAFF DIRECTORY

PRESIDENT & PUBLISHER FRANK G. CHILINSKI (603) 677-9083 frank@salmonpress.news	EDITOR BRENDAN BERUBE (603) 677-9081 brendan@salmonpress.news
BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news	DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516
OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325	PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@salmonpress.news

USPS 024-975
The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

SEND US YOUR NEWS AND PICS
MyEcho@SalmonPress.news

TO FAX THE ECHO:
CALL (603) 279-3331

TO PRINT AN OBITUARY:
E-MAIL: news@salmonpress.news

TO SUBMIT A LETTER TO THE EDITOR:
E-MAIL: news@salmonpress.news

TO SUBMIT CALENDAR ITEMS:
E-MAIL: news@salmonpress.news

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 586 calls for service and made the following arrests during the week of May 11-17.

Arrested during this time period were John Swain (for Driving After Suspension), Michael Mullavey (for Willful Concealment), Trevor Hoyt (in connection with a warrant), Pamela Civiello (for Driving After Suspension), and Heidi Sweeney (for Willful Concealment and Criminal Mischief).

House, Condo or Land Wanted

Single Mom **Cash Buyer** For Own Use

Wanted: House, condo or land on or near the water
cash buyer, fixer upper is ok,
but prefer good cond.
NO REALTORS. Principles only.
Call Armen (860) 550-1999

Winnisquam salutes senior class



Mountainside Pit

NOW OPEN

Off of Sandy Knoll Road, Tuftonboro

Sand Fill

For questions call Jim Bean

603-455-5700

Wonderful Things

Come In Small Packages...

Old Man

Pendant

from \$35

especially if they're from

Alan F. Soule Jewelers

286-8649

422 W. Main St.

Tilton, NH

(across from Winnisquam HS)

Gold • Sterling • Diamonds

Colored Stones • Repairs

Custom & Handcrafted Items

Wedding & Family Jewelry

SCHWARTZBERG LAW

Focusing on Family Law & Estate Planning

NOW WE ARE THREE!

Attorney

Steven C. Gahan

Attorney

Ora Schwartzberg

Attorney

John T. Katsirebas, Jr.

572 Tenney Mountain Hwy • Plymouth, NH 03264

603.536.2700 • www.nhlawyer.net

A most solemn holiday

As many events over the past few months have been cancelled in an attempt to flatten the Coronavirus curve, Memorial Day celebrations were not exempt. Typical ceremonies were altered as a way to honor those lost serving our country while still maintaining safety.

When Memorial Day was first celebrated, it was known as Decoration Day following the Civil War. Youngsters would place flowers in cemeteries while they sang songs and honored those lost due to war. The Civil War, which ended in 1865, took the lives of more people than any other war in the history of the United States; the estimate is roughly 620,000, with the Union losing 365,000 and the Confederacy 260,000. History says that more than half of these losses came as the result of disease. As a result, the first national cemeteries were created.

In 1868, General John A. Logan, the leader of an organization for Northern Civil War veterans called for a nationwide day to honor fallen soldiers. General James Garfield gave a speech at Arlington National Cemetery on the first Decoration Day and the more than 5,000 people in attendance decorated more than 2,000 graves, both Union and Confederate.

The holiday, as we all know, is celebrated on the last Monday in May, and became an official holiday in the year 1971. Parades across the country take place, and people visit cemeteries where family members who have served in the military have been laid to rest.

At 3 p.m. every year, a moment of silence takes place across the country. In December of 2008, President Bill Clinton signed the “National Moment of Remembrance Act” which designated the time be at 3 p.m. In 1966, the government marked Waterloo, New York as the official birthplace of Memorial Day. In Waterloo, every business in town would shut their doors and owners would venture out to decorate graves with flags as well as flowers.

Originally, Decoration Day was intended to honor those lost in just the Civil War. After the First World War, America felt the need, and rightfully so, to honor all those lost serving their country. In WWI, 116,516 Americans died at war, and 405,399 were lost during WWII. The Korean War took 36,574 lives, and the Vietnam War cost 58,220 lives. A total of 4,411 were lost in Operation Iraqi Freedom, 73 in Operation New Dawn, 2,346 as the result of Operation Enduring Freedom, 48 in Operation Freedom’s Sentinel and 61 in Operation Inherent Resolve.

We hope that our readers, and all Americans, took a moment at some point over the long weekend, even in the midst of our current circumstances, to pause and remember the reason for this most solemn of holidays.



RUTH MARTZ — COURTESY

A moving memorial

A display of 182 white flags outside the Sanbornton Congregational Church honors the New Hampshire residents who have died from COVID-19 as of May 19. The memorial serves to remind people of the losses so many have suffered around the state.

STRATEGIES FOR LIVING

The peril of the Presidency

BY LARRY SCOTT

Few Presidents in the history of these United States have faced a more polarized nation. There seems to be little middle ground. Those who respect him want Mr. Trump to hang around for four more years. Others, however, have been energized by an opposite point of view. They will sacrifice their integrity, defend a progressive ideology that makes little sense, and hope they can somehow convince enough like-minded voters to bring in a new administration.

This is a departure, I will admit, from the normal focus of this column. I’m inclined to stay positive, build toward a better tomorrow, encourage an honest look at the Christian message, and stay away from the political fray in which we now find ourselves.

But I am concerned about what I see happening in America. I care about the million and a

half Americans infected by the coronavirus and the ninety-two thousand who have died. I care about the over 40 million people out of work, many of whom may not have a job to go back to. What we have come to accept as the American way of life will never be the same again. We are about to face a new normal, and none of us knows what that new normal is going to be.

And the key figure, the one man who cannot “pass the buck,” the lonely figure who must trust insights developed over his seventy-three years as a businessman, is President Trump. He cannot look into the future with any degree of certainty, he cannot decide based on precedent, and he can’t postpone until a later date decisions that must be made today.

The President has been forced by circumstances over which he had no control to de-

cide on issues for which there is no easy solution. While he must help us protect each other from contracting the virus, he must also help us return to a reasonably normal lifestyle. The nation and its people are threatened with bankruptcy. Our status demands action.

The dilemma he faces, however, is that the man who is doing something will, in this political climate, always be second-guessed by those who are doing nothing. Within minutes of announcing any decision, making any pronouncement, or signing any document, the media goes berserk and touts the need for a new man in the White House.

But what America needs is not a change of administration; America needs a change of heart.

I do not agree with those who would postulate that our current national malaise reflects divine judgment. But

what it does tell me is that life is tenuous, our stability and well-being easily destroyed, that the only solid foundation on which to project our future is our faith in a God who cares and has all things under control. Abandon Him, and we are on our own.

Again, I call on the Christian community to stand and be counted. God has not abandoned us. He created us as an act of love, and the fact that we have turned from Him does not change His feeling toward us. God may not solve the coronavirus pandemic -- we are going to have to live through this until a reliable vaccine is developed -- but we can turn to Him, knowing that, come what may, there is a brighter day coming, there is hope for tomorrow, there is light at the end of our tunnel. And His Name is Jesus.

For more thoughts like these, follow me at indefenseoftruth.net.

MARK ON THE MARKETS

Risky investments

you want to call them are typically used for speculation or as it used to be called “taking a flier” or chance, knowing your odds of success are not great. Futures and options are not risky per say, just leveraged so that

they move faster in or away from profit. They can be used for risk mitigation in some circumstances.

The risk that I wanted to address though was the risk in owning things in your invest-

ment portfolio that you may believe are safe income producing vehicles like dividend paying stocks, preferred stocks, MLP’s or bond funds. When a stock or bond is purchased for income or the dividend it becomes

that much more sensitive to interest rate fluctuations. As an example, because yields on CDs, bonds and fixed income in general are so low, investment money has

SEE MARK PAGE A5



BY MARK PATTERSON

MARK

CONTINUED FROM PAGE A4

sought out any vehicle that pays a good dividend or yield. That in turn drives the price up and yield down, so when you have a lot of money chasing this yield you get inflated prices of the stock or bond.

Now, I am not convinced that rates will go up significantly all that soon; in fact, I believe that we have a lot of issues to get through

before we worry about real inflation. Just realize that abrupt currency value change or a host of external global factors can change the interest rate picture very quickly creating a real jolt to those interest rate sensitive vehicles.

Know that I am not against bonds, just bond funds. Bond funds are typically perpetual in nature, in other words, the bonds are bought and sold by the fund

manager with no maturity date as far as you are concerned. Inflows and outflows make holding a bond till maturity a challenge for funds. Typically, if rates go up you lose value, if they go down you gain value. If you want exposure to bonds you might consider individual treasuries, corporate or municipal bonds with varied maturity dates, referred to as laddering. Laddering is just a method of stag-

gering maturity dates from short term to long, with a strategy that the near term maturities may be reinvested into a potential rising rate market. This is referred to as “immunizing” the portfolio. If you buy individual bonds you will at least know what you paid, what your yield, maturity date will be and have more control over the investment. If you do not feel that you have enough assets to

justify individual bonds I would just take a pass on the bond fund at this stage of the game and find something else for income. Low cost bond ETF's can be a good non correlated asset to an equity portfolio; however, I do not believe it is the best means for current income. The exception to owning a bond fund would be a specialty fund, such as a municipal bond fund that is specific to that state making

it triple tax free.

Of course, all these strategies can be debated, I just want you to be active and aware of what is going on with your money whether you manage it yourself or have someone managing for you.

Mark Patterson is an Investment Advisor with MHP Asset Management LLC and can be reached at 447-1979 or Mark@MHP-Asset.com.

A journey through history, one marker at a time

BY DONNA RHODES
dhrhodes@salmonpress.news

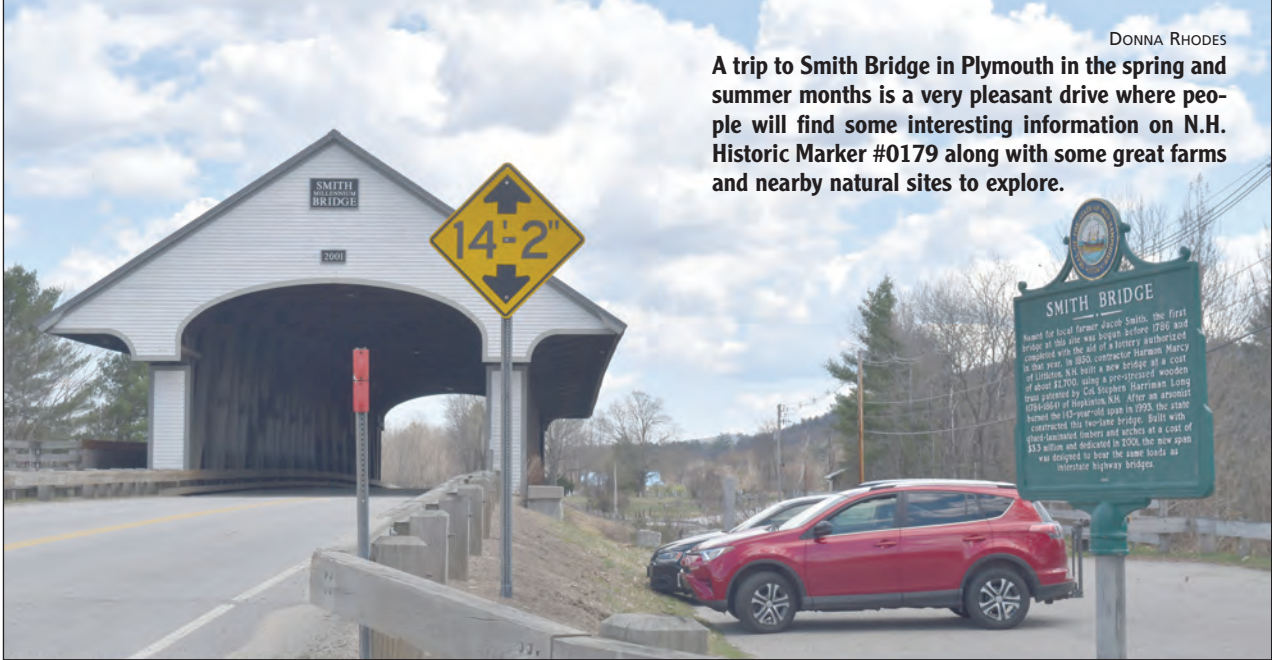
REGION – The next adventure for visiting New Hampshire’s historical markers in the Pemi-Baker, Newfound and Winnisquam Regions will take people just off the beaten path of the Tenney Mountain Highway to the peaceful waters of the Baker River and the site of the original Smith Bridge in Plymouth.

Now known as Millennial Bridge, it is the site of a covered bridge first built in 1786 and named for local farmer Jacob Smith, but in the early 1800’s Capt. Charles Richardson built a “new and improved bridge” at that same location. According to author Michael

A. Bruno, who wrote the guide, “Cruising N.H. History,” Smith Bridge was again reconstructed in 1850, designed that time to replicate the nearby Fayette Bridge, which in 1805 was built to cross the Pemigewasset River between the towns of Plymouth and Holderness.

Smith Bridge has a storied history of repairs that were also done in 1940, 1949 and 1958 before it underwent major reconstruction in 1971. Then, on April 16, 1993, it was destroyed by an arson fire and again rebuilt, this time by the Town of Plymouth.

There is much more to this story however; all chronicled on Historical Marker #0179 beside the newest covered bridge, built in 2001 and dedicat-



DONNA RHODES

A trip to Smith Bridge in Plymouth in the spring and summer months is a very pleasant drive where people will find some interesting information on N.H. Historic Marker #0179 along with some great farms and nearby natural sites to explore.

ed as the town’s Millennial Bridge.

To visit this lovely spot on the Baker River, you will find it on Smith Bridge Road, situated off the Tenney Mountain Highway (Route 25), just

west of downtown Plymouth. There is ample parking, pleasant sites for picnickers or paddle sport enthusiasts, and lots of country views to enjoy. Continuing on down the road visitors

can also visit Longview Farm’s popular produce stand, Brock’s Blueberry Farm in late summer, or take time out for a stroll along the nature trails at Quincy Bog, located just before the town common

in Rumney Village. For those reasons and more, Smith Bridge and the surrounding area is a great destination during the summer months just ahead.

Area residents named to Dean’s List at University of New England

BIDDEFORD, Maine —The following students have been named to the Dean’s List for the 2020 spring semester at the University of New England. Dean’s List students have attained a grade point average of 3.3 or better out of a possible 4.0 at

the end of the semester.

The University of New England is Maine’s largest private university, featuring two distinctive campuses in Maine, a vibrant campus in Tangier, Morocco, and an array of innovative offerings online. Our hands-on,

experiential approach empowers students to join the next generation of leaders in their chosen fields. We are home to Maine’s only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recog-

nized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts.

Northfield
Jessica Daniels

Tilton
Sierra Pepper

ATHLETES

CONTINUED FROM PAGE A1

the field. Often times, people don’t understand the time and effort it takes to be a student athlete who earned this distinction,” said Deshaies. “Winning this distinction means a lot to me because it makes me feel like my hard work was worth something.”

This week’s next honoree, Jack Beaulieu, is also a resident of Northfield and baseball was his specialty. Beaulieu was a two-year varsity

captain during his four years of high school level baseball. For two years he also participated on the WRHS Unified Basketball team in the winter months.

The opportunity to play and compete with his friends in high school made baseball his favored sport though.

“One moment that really stood out to me was in my sophomore year when I played the best game of my life, throwing a one-hitter and racking up four

hits, including the game winning RBI to secure a spot in the playoffs,” said Beaulieu.

After graduation he will attend college at Plymouth State University where he will major in business. Beaulieu said he also looks forward to trying out for the PSU baseball team as a “walk on” player, one not recruited earlier due to the cancelation of the 2019-2020 season.

Winning NHIAA recognition has meant a lot to him because, like Deshaies, he felt the award

shows all the hard work it required to excel in the classroom and on the playing field, too.

There is more than the award that Beaulieu is grateful for though.

“I’d like to give a huge thank you to Coach Fred Caruso for helping shape me into not only the player, but also the man I am today. And of course, I owe a thank you to my parents for always supporting and motivating me to do better in school and in sports,” said Beaulieu.

SALUTE

CONTINUED FROM PAGE A1

as the last vehicle drove by. “With this being the situation we have to deal with right now, it’s nice that they’re thinking of ways to celebrate us in our last year of high school.”

Over in Sanbornton, an enthusiastic group of graduates waited on Burleigh Hill Road to see

the parade.

“It’s really nice of the teachers and staff to do this today,” said Kyle Hinds. “They’ve all been supporting us and doing what they can to make it the best it can be right now. I appreciate that!”

An official, but perhaps modified graduation ceremony for WRHS has been tentatively scheduled for June 26.

Stone Wall Repair

Fieldstone/Granite

35 years experience

Tony Luongo

707-2727

Open Sesame!

At Audiology Specialists, we are here to help you hear. Our Doctor of Audiology Laura O'Brien Robertson, Au.D. has provided professional hearing care to meet your individual needs since 1992. If increased time at home has brought with it an observation that you or someone close to you is not hearing well, we are here to help!

Dr. Robertson performs expert hearing evaluations, using modern test equipment. If needed, Dr. Robertson also provides new hearing instruments with choices from state-of-the-art to economical models. If you already have hearing aids but are not hearing as well as you would like, Dr. Robertson works with nearly all models and can provide the service you need.

Call us today at 603-528-7700. You will be glad you did.



AUDIOLOGY SPECIALISTS, LLC
211 S. Main St, Laconia, NH
528-7700 or 800-682-2338
www.audiologyspecialists.com

Dr. Laura Robertson
Doctor of Audiology
AND Board Certified in
Audiology By ABA.

"Certified in balance evaluation & treatment by the American Institute of Balance"

At Your ServiceNH
Waste & Recycling

\$300
7 DAY RENTAL
15 Yard Dump & Brush Dumpster

15 Yard ~ \$450.00 Includes up to 2 tons
2 Week Rental

Clean out the...
Garage • Shed • Attic • Man Cave
Common Uses...
Construction • Renovations • Roofing Debris • Demolition

Curbside Trash Services

WEEKLY • BIWEEKLY • MONTHLY SERVICE
96 Gallon Tote Service Included
No Separation Required
Local Family Owned & Operated
No Contracts • No Hidden Fees

Doorstep Service also available call for Quote

Call 603-986-8149 today to talk trash Or visit our website www.AtYourServiceNH.com

Steven J. Barton, 57

FRANKLIN — Steven J. Barton, 57, a longtime resident of Franklin passed away at his home on Thursday, May 14, 2020.

Steven was born in Danbury, Conn. on Dec. 23, 1962, the son of the late Donald F. and Cynthia (Rathbone) Barton. He was a graduate of Danbury High School Connecticut and Springfield College.

Steve worked for The Lakes Region Community Services' Shared Family Living program for



Steven Barton

almost 30 years. He was also a very active member of the Franklin community, serving on the

Franklin City Council and the Franklin School Board.

Family was central to Steve's life. As the family man that he was, being there for his children was one of the most important things to him. Steve was a coach and supporter for all of his girls' activities, be them athletic or the arts, ensuring to do everything to always be present. He and his family were also active with the Sanbornton Congregational Church.

Steven was predeceased by his parents and by his twin sister, Rebecca Barton, who died in 2010.

His family includes his wife of 31 years, Susan (Miesner) Barton; his two daughters, Amanda Blouin and her husband Matthew and Kaylah Barton of Franklin; his four sisters (Debra Barton of Northfield, Heather Barton-Lindloff and her husband Richard of Stonington, Maine, Eileen B. Marcoux of Hill and Rachele Barton of Stonington, Maine); nieces Shayla Conte and Jamie Weatherbee; nephew Gerald Marcoux; and several cousins. He is also survived by his soon to be grandchild, whom he was very excited to meet.

There will not be any calling hours; however, a service will be held at a later date to be announced. For now, listen to a Bruce Springsteen song and smile.

Memorial contributions in memory of Steve, may be offered to the FHS Booster Club or the Franklin Opera House, both of Franklin, NH.

The William F. Smart Sr. Memorial Home in Tilton is assisting the family with arrangements.

For more information, go to www.smartfuneralhome.com.

Paul Timothy Stafford, 60

Paul Timothy Stafford was born in Franklin, and lived in Andover in his youth. He graduated from high school and joined the Army. He enjoyed spending time outdoors and attending Christian concerts with family members.

Paul was fascinated with genealogy, and did a lot of research on where his family came from and all the history. He was married to Hanna. Anyone who came to know Paul knew he was a man of God, a pure



Paul Stafford

heart and sweet soul.

He is survived by Hanna Stafford, his wife of 20 years; his brother,

Stephen Stafford; his sisters, Grace Good-earl, Esther Cain, Doris Shedd, Joyce Shedd; and numerous nieces and nephews.

He was predeceased by parents Eunice and James Stafford, sisters Janet Shedd, Martha Stafford and Marilyn Stafford, and two nephews, Patrick and Pete Hollenbeck.

A funeral home in Augusta, Ga. is handling arrangements.

Heather (Kaye) Gaslin, 46

FRANKLIN — Heather Gaslin, 46, a longtime resident of Franklin, passed away on Tuesday, May 19, 2020 at her home with her loving family by her side.

Heather was born in Charlestown, S.C. on March 15, 1974, the daughter of Richard and Mary Jane (Tucker) Kaye. She was a graduate of East Ridge High School in South Carolina, class of 1992. She had been a resident of Franklin for the past 17 years, moving here from Florida. Heather was employed as the Kitchen Manager for the Headstart program for 12 years.

She was known for being many things: a loving wife, faithful and honest person, an amazing daughter and a caring mom and nana. She was the most selfless person you would ever meet. Making others happy is what made her happy. She had an infec-



Heather Gaslin

tious laugh and a smile that would fill your heart. Heather was an incredibly strong woman right up until the end. She loved making memories with friends, playing bingo, going on casino dates with her husband or movie dates with her mother. Heather would like going to Chili's with her daughters, camping trips with her son and making every holiday special for her grandkids by being there or sending fun holiday packages. The

memories she has made with every single person in her life will never be forgotten, she will forever be missed.

Heather is survived by her husband, Jesse Lee Gaslin of Franklin, whom she married on April 24, 1999; her two daughters, Mary and Rebecca Kaye; her son, Cameron Jesse "CJ" Gaslin; her grandchildren, Heather Marden, Sawyer Newan, Liam Descoteaux, Jayce Descoteaux and Kayden Descoteaux. She is also survived by her mother and father, and by her brother, Raymond Kaye.

According to her wishes, there will be no services held.

The William F. Smart Sr. Memorial Home in Tilton is assisting the family with arrangements.

For more information, go to www.smartfuneralhome.com.

Terry F. Wingate, 72

FRANKLIN — Terry F. Wingate, of Baldwin Street, 72, died on Friday, May 15, 2020, at Mt. Ridge Center, Franklin.

Terry was born on March 7, 1948 in Franklin, daughter of the late Arthur E. and Katherine (Knight) Seavey. Terry graduated from Newfound Regional High School in 1966, and lived in New Hampton her whole life.

Terry went on to further her education at New Hampshire Technical College. She became an RN at Franklin Regional Hospital where she enjoyed caring for many patients. Terry later worked for Blue Cross Blue Shield in Concord.

As a little girl, Terry dreamed of being a Ballerina and her friends marveled at the way she could twirl on one toe. What she enjoyed most was spending time with her friends, and she was always so posi-



Terry Wingate

tive. As a teenager, while her friends worked as waitresses, Terry volunteered as a Candy Stripper spreading her beautiful smile and positive attitude to people who needed it.

Terry is survived by her sons, William Wingate of Laconia and Robert Wingate of Bristol. She is also survived by her sister, Elizabeth (Betty) Dupont of Winnisquam; two granddaughters, Emily and Sandra; and many nie-

es and nephews.

Due to Covid-19, there will be no calling hours.

A private burial will be held on Saturday, May 30, 2020 at the New Hampton Village Cemetery.

For those who wish, the family suggests that memorial donations be made in Terry's name to the MS Society.

The family would like to send a big Thank You to all the staff at Mt. Ridge Center in Franklin for the many years of caring for Terry and Katherine. We truly appreciate all the work you do.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information or to view an online memorial, go to www.wilkinson-beane.com.



NORTH COUNTRY COINS, LLC

BUYING • SELLING • APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES - FRI 10-5 • SAT 10-3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

TOWN OF NORTHFIELD PLANNING BOARD
Monday, June 1, 2020 at 7:00 pm
AGENDA

ATTENTION: Due to COVID-19 we will be hosting this meeting online via **Zoom**. If you do not have access to attend the meeting online, you can call into the meeting.

Join Zoom Meeting
<https://us02web.zoom.us/j/86800875340?pwd=RHVYT3N-JVU9VMHY3cTZ2YVFVYzdjdjZ09>
Meeting ID: 868 0087 5340 Password: 988227
One tap mobile +16465588656,,86800875340#,,1#988227#

Dial by your location +1 646 558 8656
Meeting ID: 868 0087 5340 Password: 988227
Find your local number: <https://us02web.zoom.us/u/keDiH3UtQw>
All applications and plans are available for review at www.northfieldnh.org.

- 1. Minutes** – May 4, 2020 & May 21, 2020
- 2. Monique Cormier Family Trust, Suzanne Arena Trustee** – Continued Application for a Major Site Plan for UPS Distribution Facility located on South Park Drive (Map R14 Lot 5-4) in the C/I Zone
- 3. Virginia Livingston Rev Trust, Virginia Livingston Trustee and Steven and Kathleen Albert** – Informal Discussion for a Boundary Line Adjustment located on Payson Road (Map R21 Lot 8C and Map R21 Lot 8C-1) in the Conservation Zone.
- 4. Durgin Property Investments LLC** – Application for a Major Subdivision to create 4 additional lots for a total of 5 lots located on Shaker Road (Map R19 Lot 5) in the R1 Zone and Ground Water Protection District.
- 5. Other Business**
- 6. Adjournment**

The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.



WELDING SERVICES
CALL FOR QUOTE

Route 3 • Meredith, NH • 03253
279-4444

Paid Advertisement

Edward Jones: Financial Focus

Know Risk Tolerance at Different Stages of Life

As an investor, you'll always need to deal with risk of some kind. But how can you manage the risk that's been made clear by the recent volatility in the financial markets? The answer to this question may depend on where you are in life.

Let's look at some different life stages and how you might deal with risk at each of them:

When you're first starting out ... If you're early in your career, with perhaps four or even five decades to go until you retire, you can likely afford to invest primarily for growth, which also means you'll be taking on a higher level of risk, as risk and reward are positively correlated. But, given your age, you have time to overcome the market downturns that are both inevitable and a normal part of investing. Consequently, your risk tolerance may be relatively high. Still, even at this stage, be-

ing over-aggressive can be costly.

When you're in the middle stages ... At this time of your life, you're well along in your career, and you're probably working on at least a couple of financial goals, such as saving for retirement and possibly for your children's college education. So, you still need to be investing for growth, which means you'll likely need to maintain a relatively high risk tolerance. Nonetheless, it's a good idea to have some balance in your portfolio, so you'll want to consider a mix of investments that align with each of your goals.

When you're a few years from retirement ... Now, you might have already achieved some key goals – perhaps your kids have finished college and you've paid off your mortgage. This may mean you have more money available to put away for retirement, but you'll still have to think careful-

ly about how much risk you're willing to take. Since you're going to retire soon, you might consider rebalancing your portfolio to include some more conservative investments, whose value is less susceptible to financial market fluctuations. The reason? In just a few years, when you're retired, you will need to start taking withdrawals from your investment portfolio – essentially, you'll be selling investments, so, as much as possible, you'll want to avoid selling them when their price is down. Nonetheless, having a balanced and diversified portfolio doesn't fully protect against a loss. However, you can further reduce the future risk of being overly dependent on selling variable investments by devoting a certain percentage of your portfolio to cash and cash equivalents and designating this portion to be used for your daily expenses during

the years immediately preceding, and possibly spilling into, your retirement.

When you're retired ... Once you're retired, you might think you should take no risks at all. But you could spend two or three decades in retirement, so you may need some growth potential in your portfolio to stay ahead of inflation. Establishing a withdrawal rate – the amount you take out each year from your investments – that's appropriate for your lifestyle and projected longevity can reduce the risk of outliving your money. Of course, if there's an extended market downturn during any time of your retirement, you may want to lower your withdrawal rate temporarily. As you can see, your tolerance for risk, and your methods of dealing with it, can change over time. By being aware of this progression, you can make better-informed investment decisions.

Devon Sullivan
Financial Advisor
164 NH RTE 25
Suite 1A
Meredith NH 03253
603-279-3284
Fax 844-644-4469
devon.sullivan@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.

Member SIPC

Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com

Lakes Region Chimney Sweep

Chimney Pro

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

603-520-7217

Video Chimney Inspections

CERTIFIED CHIMNEY SWEEP

BBB

Fully Insured

Merilene Ann (Willey) Nowell, 82

NORTHFIELD — Merilene A. Nowell, 82, a longtime resident of Northfield, died Thursday, May 14, 2020 at the Pleasant View Center in Concord following failing health.

She was born in Rumford, Maine, Sept. 7, 1937, daughter of the late Fred John Willey and Leta Winnifred (Merrill) Willey. Merlene spent her childhood in Jefferson Meadows, where she was schooled until 1956. She lived in Lancaster and New London for a time, before moving to the Franklin-Northfield areas. She was employed at Northeast Electronics. She attended the Trinity Episcopal Church in Tilton for many years. Merilene enjoyed spending time with her children and those who she thought



Merilene Nowell

the world of. She was a quiet woman who volunteered at the Pines Community Center in Northfield through the Community Action Program.

In addition to her parents, she was predeceased by her brother, James "Jack" F. Willey of Northfield.

She leaves her two sons, Donald A. Nowell, Jr. (Gary) of West Palm

Beach, Fla. and Patrick A. Nowell of Franklin; two grandchildren, Patrick Nowell, Jr. of Chipley, Fla. and Alicia Wheeler of Chipley, Fla.; a sister, June W. Hill of Concord; and six great grandchildren.

In keeping with the present situation, a graveside service will be held in Holy Cross Cemetery in Franklin at a later date. Due to the current COVID-19 concerns there are no dates or times to be announced.

Arrangements are by the William F. Smart Sr. Memorial Home of Tilton.

Donations in Merilene's memory may be made to the charity of your choice.

For more information, go to www.smartfuneralhome.com.

Michael Robert Beadle, 63

TILTON — Michael Robert Beadle passed away suddenly on May 8, 2020.

Michael was born on April 4, 1957. He is the son of Robert and Gertrude (Harnois) Beadle. Michael was raised in Sanbornton, working at his family's general store.

Michael attended Sanbornton Central School and Winnisquam Regional High School, graduating in 1975. He went on to St. Anslem's College and earned his Bachelor's degree in Criminal Justice. Michael worked for a number of years as a police officer for the Tilton Police before moving to the New Hampshire State

Prison where he retired. Michael came out of retirement to work for JR's Discount until his passing just because he enjoyed working there.

Michael's passion in life was his love for Jesus. Growing up, Michael was a parishioner at St. Mary's of the Assumption church. He later became a parishioner of Our Lady of the Cedar's church.

He was a kind and gentle man who was always willing to lend a hand. He had a big heart. He enjoyed teasing the ones he loved with his deadpan jokes. He loved to laugh. He also enjoyed singing and sang for the Lakes Region Barber-shop Quartet. Some of

Mike's happiest times in the past few years were bowling with his son, Peter.

Michael was predeceased by his two infant children, Joseph Robert and Bernadette Beadle. He was also predeceased by his parents, Robert and Gertrude Beadle.

Michael will be missed by his children, his grandchildren, his sister Dorothy Beadle of Bridgewater, and several aunts, uncles, cousins, nieces and nephews.

Graveside services were held on Tuesday, May 19, 2020 at 10 a.m. at St. John's Cemetery, Route 132, Sanborn Rd., Tilton.

salmonpress.com

MVSB, the Merrimack and Savings Bank of Walpole celebrate NH with Annual Photo Contest

MEREDITH — Sister Banks Meredith Village Savings Bank (MVSB), Merrimack County Savings Bank (the Merrimack) and Savings Bank of Walpole are launching their annual community photo contest on May 11. Winning full color photographs will be featured on five websites: the three Banks, New Hampshire Mutual Bancorp (NHMB) and NHTrust, as well as in desktop and wall versions of printed calendars. Photos may also be selected for holiday cards and note cards.

This will be the third year that the contest allows for electronic submissions. To ensure the health and safety of contest participants and bank employees, all eligible entries must be submitted electronically through a dedicated link located on each bank's website. The banks will not be able to accept printed copies of the photos this year.

"Winning photos will share the story of our communities, including visions of NH events, scenery, intriguing architecture and local attractions," noted Debbie Irwin, Assistant Vice President and Marketing Officer. "Each year, the photos are more beautiful and interesting, and we often select photos for the holiday cards of our sister organizations as well as for our websites, social media pages and printed calendars."

The contest will run through midnight, Saturday, June 20.

Because of size differences, there are two contests — one for the websites and one for the community calendars. Entered photos will automatically be considered for all organizations, and photographers will be awarded \$100 for every winning photo. Amateur and professional photographers can enter five photos for the calendar contest and another five (5) photos

for the website contest. MVSB, the Merrimack and Savings Bank of Walpole will each release a unique calendar containing photos that are local to the communities they serve, so submitted photos can be from anywhere in the state of NH.

Visit the Bank's Web sites at www.mvsvb.com, www.themerrimack.com and www.walpolebank.com after May 11 for complete contest rules, details and a link to upload photos.

Unlike stock banks which focus on driving income to their stock-holders, Meredith Village Savings Bank, Merrimack County Savings Bank and Savings Bank of Walpole are mutual savings banks that operate expressly for the benefit of their depositors, borrowers and surrounding communities. As a result, each bank has remained steadfast in fostering the economic health and well-being of their communities, prioritizing the values

of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship in all matters of business and service.

Founded in 1869, Meredith Village Savings Bank has been serving people, businesses, non-profits and municipalities of Seacoast, Central and Lakes Region of New Hampshire for more than 150 years. To learn more, visit any of the local branch offices in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsvb.com.

Founded in 1867, Merrimack County Savings Bank has been serving the people, businesses, non-profits and municipalities in central and southern New Hampshire for more than 150 years. The Merrimack was voted "Best Bank" by the Capital Area's People's Preferences for



the 9th consecutive year in 2019. To learn more, visit any of their local offices in Bow, Concord, Contoocook, Hooksett and Nashua, call 800-541-0006 or visit themerrimack.com.

Founded in 1875, Savings Bank of Walpole is headquartered in Walpole and serves the Connecticut River Valley and Monadnock Regions of New Hampshire and

Vermont from offices in Walpole and Keene. The Bank offers a wide range of financial products, including services to individuals, businesses and organizations. For more information call 352-1822 or visit walpolebank.com.



CLASSIFIEDS

For Advertising Call (603) 444-3927

HELP WANTED

MOUNTAINSIDE LANDSCAPE INC.

is seeking a full time employee. Must have a CDL and be able to obtain a medical card. Experience running heavy equipment a plus. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email mtnsidelandscape@roadrunner.com to set up an interview.

HELP WANTED

BLACK DIAMOND BARGE CO.

is seeking a full time employee. Experience driving a barge and knowledge of Lake Winnepesaukee a plus. Must be able to run heavy equipment.

Must be able to obtain a NH Boaters license and a medical card. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email blackdiamond-barge@roadrunner.com to set up an interview

FOR ADVERTISING INFORMATION CALL 603-279-4516

Personal Care Attendant



GSIL is seeking compassionate, dependable individuals to assist consumers in their homes with personal care, light housekeeping, grocery shopping, errands, etc. We offer flexible scheduling with opportunities to work full time, part time, or just a few hours a week if you're just looking for a little extra income. Experience with personal care is helpful, however, training is provided.

Please contact Ashley at 603-568-4930 for more information.

* A background check is required. GSIL is an EOE

PLYMOUTH APARTMENTS

ONE & TWO BEDROOM UNITS

SUBSIDIZED RENT BASED ON INCOME. INCOME RESTRICTIONS APPLY.

HANAWAY MANAGEMENT COMPANY
An Equal Housing Opportunity Agent
536-4402 • Contact us Today!

HELP WANTED

MOUNTAINSIDE LANDSCAPE INC.

is seeking a full time employee. Must have a CDL and be able to obtain a medical card. Experience running heavy equipment a plus. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email mtnsidelandscape@roadrunner.com to set up an interview.

Wanted Merchandise

I BUY OLD BOOKS, old maps, old documents, old family letters, old photographs. Single items or entire Libraries considered.

No problems with barns, attics or cellars.

Dave 569-5738, dhreis@hotmail.com

HELP WANTED

BLACK DIAMOND BARGE CO.

is seeking a full time employee. Experience driving a barge and knowledge of Lake Winnepesaukee a plus. Must be able to run heavy equipment.


Must be able to obtain a NH Boaters license and a medical card. Excellent pay for the right person.

Please call Jim at 603-455-5700 or email blackdiamond-barge@roadrunner.com to set up an interview

JUMBO

will take your message to over 200,000 readers in ELEVEN weekly newspapers!

**55 Plus MODEL HOME
OPEN SUNDAY 12 to 2**



\$169,995 Come and take a look!
Garage, Porch, Appliances
*10% down - 25 years at 6%

Call Kevin - 603-387-7463
Mansfield Woods, 88 North, Rt. 132, New Hampton, NH
Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'




REAL ESTATE

THE WOODS
Campton, NH
ACCEPTING APPLICATIONS NOW
For 62 years of age or older, Handicapped/disabled regardless of age.
LOW WAITLIST.....
Rents based on income!
Amenities Include:
Heat & Hot Water ~ On-site Laundry
Community Room ~ Elevator
24 Hour Maintenance ~ Secured Building
Garden Space Available For Residents
Income restrictions apply.
For qualification and application information
Call 1-800-338-8538
TTY Accessible

Professionally managed by
Realty Resources Management





This institution is an equal opportunity provider and employer

RE/MAX
Bayside 

Contact us today to discuss
the value of your property!

**WITH YOU
EVERY STEP
OF THE WAY.**



208 Daniel Webster Hwy Meredith, NH 03253 (603) 279-0079
604 Main Street Laconia, NH 03246 (603) 527-8200
www.baysidenh.net

ROCHE REALTY GROUP

MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

VISIT US ONLINE: WWW.ROCHEREALTY.COM

<p>\$599,000</p>  <p>MLS# 4805438</p> <p>BELMONT: Lake Winnisquam! Natural sandy beach, dock, decks & 3BR/3BA home w/ det. garage.</p>	<p>\$249,000</p>  <p>MLS# 4806317</p> <p>CANTERBURY: Beautiful 3BR on 1.36 ac. Completely updated in recent years. Close to Concord.</p>	<p>\$399,000</p>  <p>MLS# 4806237</p> <p>LACONIA: 3BR/3BA townhouse in The Gables at South Down Shores. Private lake access amenities.</p>	<p>\$189,000</p>  <p>MLS# 4805925</p> <p>LACONIA: Timeless 3BR/2BA home near Lake Opechee. Many original features & recent updates.</p>
--	---	---	---

HIGHLAND RIDGE IS OPEN!



MLS# 4775688


A NOTE FROM THE DEVELOPER: In these strange times it is vitally important to provide a safe and secure setting to show property. The nature of home construction is allowing for work to continue as close to normally as possible. We have broken ground on several new foundations and are prepared to meet our 120-day construction timeline. We are fortunate at Highland Ridge to have two unoccupied and easy to show model homes as well as virtual tours where you can view the home from any device. **We welcome you to visit www.rocherealty.com or www.highlandridgenh.com for more information on these new homes being constructed in Tilton, NH. Prices start at \$299,900**

**TO VIEW THESE
AND OTHER
PROPERTIES, VISIT:**

Alpine Lakes Real Estate: www.alpinelakes.com
Bean Group: www.beangroup.com
Century 21 Country Lakes Realty: www.countrylakesrealty.com
Century 21 Twin Rivers Realty: www.nhreal21.com
Coldwell Banker: www.cbldmill.com
Coldwell Banker Residential Brokerage
www.newenglandmoves.com
ERA Masiello: www.masiello.com
Exit Lakeside Realty Group: www.exitlakeside.com
Granite Group Realty Services:
www.granitegrouprealtyservices.com
Gowen Realty: www.gowenrealty.com
Kressy Real Estate: www.kressy.com
Lakes Region Realty: www.lakesregionrealestate.com
Lamprey & Lamprey Realtors: www.lampreyandlamprey.com
Maxfield Real Estate: www.maxfieldrealestate.com
McLane Realty: www.mclanerealtyplymouth.com
Mountain Country Realty: www.mountaincountryrealestate.com
Nash Realty: www.nashrealty.com
New Hampshire Colonials Real Estate: www.squamlake.com
Noseworthy Real Estate: www.noseworthyrealestate.com
Old Mill Properties: www.oldmillprops.com
Peabody and Smith: www.peabodysmith.com
Pine Shores Real Estate: www.pineshoresllc.com
Preferred Vacation Rentals: www.preferredrentals.com
Remax Bayside: www.baysidenh.net
Roche Realty: www.rocherealty.com
Strawberry Lane Real Estate: www.strawberrylane.com
Town & Forest Realty: www.townandforest.com

Pine Shores REAL ESTATE

1120 Scenic View Rd • P.O. Box 185 Holderness, NH 03245
(603) 968-7796 • www.pineshoresllc.com



WARREN - LOCATION! LOCATION! LOCATION! If you are looking for a property where you can get away and find peace and quiet HERE IT IS! This Log Cabin sits on 28.92 secluded acres located on a town road which is maintained year round, underground utilities and a Brook running through the property. The first thing you will notice is the covered front porch. Entering through the front door is an open concept with dining room, kitchen with stainless steel appliances with cathedral ceiling. Also in the kitchen is a old fashioned wood cooking stove that is staying that can be used for extra heat and cooking. Off to the left is the efficient wood stove with a brick hearth and Propane for heat. Down the hall is the living room and second bedroom that could be used as a master and bathroom with shower and laundry. The master suite with a full bath and a wall of closets is on the second floor. Off the kitchen is the full length private deck where you can hear the Brook, listen to the birds and the wind rustling through the trees. How about a vegetable garden? The walkout basement has windows and a double door that could be finished as a family room. There are several out buildings which could be used for storage or animals. Enjoy all that the White Mountains have to offer with access to four wheeling and snowmobile trails, hiking, skiing, kayaking on several local lake or just kick back and relax. Spear Memorial Hospital, Plymouth State University, Restaurants, Shopping in Plymouth. Located 2 hours from Boston.

MLS #4642805 • \$349,900

Barbara Currier, Broker Owner • Debbi Ward Associate Broker • Kimberly Gould & Mike Bagge, Sales Associates

Camelot HomeCenter
ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS
WE ARE ESSENTIAL & OPEN!
Drive up to any home, talk to a salesman by phone!
603-286-4624



Get Best Deals on our Double Wides!!
\$59,995



MODULAR CAPES, RANCHES, & TWO STORY FROM
\$89,995



GREAT DEAL! 3 BED 2 BATH
\$39,995

Visit us at WWW.CM-H.COM

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall • WWW.CM-H.COM



**There's no
place like
HOME**

*This is the place to
sell your home!*
**Call your sales
representative today!**
603-279-4516

Maxfield REAL ESTATE 

THOUSANDS OF PROPERTIES,
ONE ADDRESS...

MaxfieldRealEstate.com



Call us today – let us be your hometown hero for buying or selling a property in the Lakes Region.

WOLFEBORO: (603) 569-3128 | ALTON: (603) 875-3128 | CENTER HARBOR: (603) 253-9360

Newfound Area School District COACHING POSITIONS

Newfound Area School District is looking to fill the following coaching positions for 2020-2021:

Newfound Regional High School

- Varsity Girls Soccer Coach
- Varsity Baseball Coach

Newfound Memorial Middle School

- Head Football Coach
- Assistant Football Coach
- Volleyball Coach
- Field Hockey Coach
- Girls Soccer Coach

If interested, please send a letter of intent, resume, and names and phone numbers of 3 references to:

Stacy Buckley- Superintendent
Newfound Area School District
20 North Main St.
Bristol, NH 03222

Questions should be directed to Alex Sobolov, Athletic Director at asobolov@sau4.org or 744-6006 x1507.

HELP WANTED

Steel Erectors, Metal Roof & Siding Installers Foreman, Leadmen And Laborer Positions

Will Train. Valid Driver's License required.

Application available at:

CONSTRUX, INC. 630 Daniel Webster Hwy.
 Plymouth, NH 03264
 (603) 536-3533

Leading Pre Engineered Metal Building Co.

IMMEDIATE OPENING EXCAVATOR OPERATOR

Accepting resumes for an experienced excavator operator:

- 3-5 years experience necessary
- Experience operating on large commercial projects
- Ability to operate dozer and/or other equipment

NOTE: We are not accepting in person applications at this time.

Please Send Resume to:
info@andrewsconst.com

Pre-employment physical, drug screen required

Andrews Construction Co., Inc.
 PO Box 720
 Campton, NH 03223

Telephone: 603-726-7623
 Fax: 603-726-7313



HELP WANTED FULL OR PART-TIME

**EXPERIENCED LOWBED TRUCK
DRIVER MOVING HEAVY
EQUIPMENT.**

603-536-2838 OR 603-481-1674



Lumber Counter

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager

20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
 Health Insurance Profit Sharing Store Discounts Much More!

Call our toll-free number 1-877-766-6891

and have your help wanted ad

in 11 papers next week!



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or publish any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c)) This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777. For The Washington DC area, please call HUD at 202-755-9200. The toll free telephone number for the hearing impaired is 1-800-527-3275. You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301. Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



RUMNEY SCHOOL DISTRICT Russell Elementary School 2020-2021 School Year Opening

MIDDLE SCHOOL READING/ LANGUAGE ARTS TEACHER

Must be certified in English (5-8)

Please send letter of intent, resume, references, transcripts and certification to:

Mrs. Jonann Torsey, Principal
 Russell Elementary School
 195 School Street
 Rumney, NH 03266
 (603)-786-9591
jtorsy@pemibaker.org



Division of BELLETETES, INC.

Yard Customer Service

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager

20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com.

E.O.E.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
 Health Insurance Profit Sharing Store Discounts Much More!



**Alvin J. COLEMAN
& Son, Inc.** Established 1940

9 NH Route 113, Conway, NH 03818-9505
 Office (603) 447-5936 • Fax (603) 447-5839

TRUCK DRIVERS WANTED

- CDL Qualified
- 2-years experience
- Construction experience a plus

Please call:
(603) 447-5936 Ext. 307

Gorham, Conway, Ossipee, Concord, & Bethel Me



GOOD PAY FOR HARD WORK

SHORT TERM OR LONG TERM AVAILABLE

King Forest Industries, Inc. located in Wentworth, NH, is currently accepting applications for full-time work. Lumber handlers and laborers. Must be able to lift 50 pounds.

As a full-time employee you will qualify for health insurance/dental/Vision/401K retirement plan/paid vacation/paid holidays and production bonuses. King Forest is an equal opportunity employer.

If you wish to apply, complete an employment application, which can be downloaded from our website or picked up in person and mailed to PO Box 230 Wentworth, NH 03282 or drop off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

Buckle Up!



Seatbelts
save lives.

VARNEY-SMITH Lumber Company, Inc.

INSIDE SALES PERSON NEEDED

Duties to include:

- Retail sales of lumber & building materials, windows, doors, cabinets as well as customer service.
- Must be conscientious, self-motivated, good with people, a team player
- Must have knowledge of the building industry
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at
 2701 Route 302, Lisbon, NH 03585
 No phone calls please.

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT 2020-2021 School Year

Professional & Support Staff

LANCASTER ELEMENTARY SCHOOL

Paraprofessional
 (2 positions – 1 FT and 1 PT)
 Long-Term Substitute Math Teacher
 (9/1 to 11/30/20)

WHITEFIELD ELEMENTARY SCHOOL

Specialized Paraprofessional (PK/K)
 Specialized Paraprofessional
 Long-Term Substitute Art Teacher
 (mid/late August through late October)

WMRHS

Athletic Trainer
 Humanities/Seminar Teacher
 Secretary (Data Assistant//PowerSchool/Registrar)

DISTRICT

ESOL Teacher
 Certified Speech Assistant
 HR/Payroll Manager
 Administrative Asst. to Superintendent of Schools/
 Director of Student Services

**All applicants must apply on Schoolspring.com
 Paper applications will not be accepted.**

For further information, contact:

Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources
 White Mountains Regional School District

SAU #36

14 King Square Whitefield, New Hampshire 03598

TEL.: 603-837-9363/FAX: 603-837-2326

Email: rball@sau36.org



HIPAA Privacy Rules

BY ATTORNEY
EDWARD H. ADAMSKY

The Health Insurance Portability and Accountability Act of 1996 (“HIPAA”) required new privacy standards to protect health care consum-

ers. It took until 2003 to have those standards finalized and implemented. At first the rules caused confusion and fear as the law had severe penalties (fines and jail) for violations of patients’ privacy. Providers changed their systems and became very rigid in what information they would release. In the last seventeen years however, providers have become used to the system. No one has been punished for innocent infractions and no health workers have gone to jail. Some egregious and criminal violations have been sanctioned but the original fears of most providers did not come true. Still, the standards are in place to protect everyone’s privacy, and providers do follow them. You will not be able to get any “Protected Health Information” from a “Covered Entity” without a release by the individual patient. In most cases if the patient is present, they can give verbal approval for a provider to speak to or in front of another per-

son. But, without a written privacy release, the provider will not speak to a third-party about a patient who isn’t there to assent. Hospitals are comfortable telling you if someone is there or not, but they won’t tell you the person’s condition. This means that if you want someone else to know about your situation, then you should sign a HIPAA Privacy Release so that person can present that document to any provider from whom they need information. I am now having all of my clients execute a Privacy Release along with their other Life & Estate Planning documents. You may need HIPAA releases for your college-age children too. One reason a third-party might need information is to pay a bill. If you have signed a Power of Attorney naming some trusted person to help you with paying bills, then that person has the power to handle your money and pay the bill. But, if it is a medical bill, and they have a question about

it, the provider will not talk to them without the Medical Privacy Release. A medical bill contains Protected Health Information and the billing office of a provider will not talk to your Agent under your Power of Attorney without a signed HIPAA release. Protected Health Information means information about an individual’s physical or mental health condition; the provision of health care to the individual; and, payment for that health care. “Covered Entities” include most health care providers, health insurers, and affiliated organizations (Doctors, Hospitals and Labs). Estate Planning and Elder Law attorneys have modified their planning documents to include language designed to help families properly use and share protected information. Older documents may not have the right language, so you should review your documents, and if necessary, see your attorney to have them updated.

Affordable living for Seniors of all Incomes!
Current Openings – No Admission Fee!



A not-for-profit private pay organization caring for seniors since 1942

- Enjoy home cooked meals
- 24 Hour Licensed Nursing Staff
- Housekeeping services
- Music & Memory Program
- Pet Therapy
- Daily Social activities
- Peabody Bus Transport for outings, restaurants & shopping



**Assisted Living, Nursing & Memory Care
Respite & Elder Day Care**

Call for a tour or to learn more about Peabody Home

**24 Peabody Place, Franklin, NH
(603) 934-3718 • www.peabodyhome.org**



GENERAC®

Prepare for power outages with a Generac home standby generator



SCHEDULE YOUR FREE IN-HOME ASSESSMENT TODAY!
844-937-0186

FREE
7-Year Extended Warranty*
A \$695 Value!

Offer valid March 16, 2020 - June 30, 2020

Special Financing Available
Subject to Credit Approval

*Terms & Conditions Apply

ASSORTMENT OF ADIRONDACK CHAIRS



WARM WEATHER IS ON THE WAY. BE READY FOR SPRING!

 WEBER GRILLS	 NUTS & BOLTS <small>Largest selection in Lakes Region</small>	 PAPER LAWN & LEAF BAGS	 USA MADE FLAGS	 TRAEGER PELLETS
 RECYCLE BINS	 RAKES	 SCOTTS FOUR STEP PROGRAM FOR LAWNS	 ALL SEASON GLOVES	 PAINTS & STAINS <small>Benjamin Moore & Cabot</small>

TRUST WORTHY HARDWARE

603.524.1601
1084 UNION AVE, LACONIA | PAUGUS BAY (Accessible by water)
All you need with professional support to help with your selection and application!


The Future of VNA in New Hampshire

Concord Regional VNA and Central New Hampshire VNA & Hospice will host a virtual listening session to provide the public an opportunity to learn about the organizations’ proposed merger and ask questions.

Wednesday, June 3, 2020
4:30 to 6:00 p.m.

The online listening session will begin with a brief presentation followed by a question and answer period, and will conclude immediately following. Those interested in joining are encouraged to log-in promptly at 4:30 p.m.


For information and log-in details, please visit www.vnaforthefuturenh.com



CONCORD REGIONAL VISITING NURSE ASSOCIATION

YOUR CHOICE FOR

120 YEARS



COMMITTED • CARING • COMMUNITY
Central NH
VNA & HOSPICE