

TONY NIGRO
DONNA RHODES
Tony Nigro, a 97-year-old Army veteran from New Hampshire Veterans Home, was thrilled when he was allowed to hold the 2018 Red Sox World Series trophy on his lap last week.



DONNA RHODES
The Red Sox 2018 World Series trophy made a trip to New Hampshire Veterans Home in Tilton last week. Excited to get an up close look at it were veterans Tony Nigro, Lou Lavalee and Roger Champagne (seated) as well as Duain Cook, NHVH Commandant Margaret LaBrecque and Jill Clark (standing).

World Series Trophy comes to Veterans Home

BY DONNA RHODES
dhrhodes@salmonpress.news
TILTON – Residents and staff at New Hampshire Veterans Home

celebrated the opening of baseball season last Friday with a look back at the Red Sox’s road to the championship in

2018 that included not only a memorable video presentation on the team but a chance to see their new World Series Tro-

phy. Ambassadors from

the Red Sox organiza- tion brought the iconic

trophy to NHVH where SEE TROPHY, PAGE A12



COURTESY

BHS alum completes basic training

U.S. Air Force Airman Ian A. Remenar has graduated from basic military training at Joint Base San Antonio-Lackland in San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Remenar is currently at Sheppard Air Force Base in Texas where he is training in Aerospace Propulsion. Responsible for ensuring that all of the planes’ engines are in first-rate operational conditions, Aerospace Propulsion specialists test, maintain and repair all parts of the jet engine. Remenar is a 2018 graduate of Belmont High School.

Belmont man’s death under investigation

BY DONNA RHODES
dhrhodes@salmonpress.news
BELMONT – A resident of Cherry Street contacted Belmont Police at 9:33 a.m. on Thursday, March 28, to express concern over what sounded like an engine running inside a shed on their neighbor’s property and asked officers to investigate the matter.

When police arrived at the address given by the caller, they could also hear a motor running, but the door was closed and locked from the inside. Suspecting someone was still inside the building, they grabbed their emergency tool kit to break open the door, where they

then discovered an unresponsive adult male on the floor. A gas-powered generator was quickly shut off and Belmont Fire officials ventilated the building to remove carbon monoxide fumes. After an examination, the man, identified as 57-year-old Jeffrey Ellsworth, was pronounced dead at the scene. No fur-

ther information on the exact cause of death was available as of Monday’s deadline for this publication. As Belmont officials continue their investigation into the matter they are being assisted by both the New Hampshire Fire Marshal’s office and the New Hampshire State Medical Examiner’s office.

Police warn of e-mail scam

BY DONNA RHODES
dhrhodes@salmonpress.news
BELMONT – Police in Belmont are looking

to spread the word and caution residents about a recent email scam that is being sent to church parishioners in Belmont and Laconia. In the email, recipients are told that Father Mark of St. Joseph’s Parish in Belmont is requesting verification of their email addresses. Once people respond to that initial contact they then receive another email that asks them to purchase a gift card to help local residents with cancer.

SEE SCAM, PAGE A12

Greenhouse enriches learning at Southwick School

BY DONNA RHODES
dhrhodes@salmonpress.news
NORTHFIELD – Students in grades three through five at Southwick School in Northfield are enjoying a unique Unified Arts learning experience this year thanks to teacher Brian Winslow, who worked to bring a greenhouse to the school through a Schoolyard Action Grant. The greenhouse is a 22-by-48-foot structure that students got to watch while it was being constructed beside their play area. Once all the main panels and components were in place, though, their input was requested to finish phase one of the project. “We had them all come together to pitch SEE GREENHOUSE, PAGE A12



DONNA RHODES
Southwick students Abby Ruggles, Shiloh Piovano and Caidyn Carter pose for a photo with the winter greens they and their classmates have helped grow in a new greenhouse at Southwick Elementary School.

INDEX

Volume 11 • Number 14
24 Pages in 2 Section

Classifieds.....B4-9

Editorial PageA4

North Country Notebook...A5

SportsB1-3

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HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, April 8
Trustees Meeting, 5 p.m.
Scrabble, 6 p.m.
Adults Only Mommy's Time Out, 6 p.m.
Leave the kids at home... this is time out for moms! We'll craft, chat and laugh. April dates are April 1 - 8 - 15 - and the 22nd. So come spend some time with Sarah P., one of our new employees with three kids of her own.

Tuesday, April 9
Spanish Club, 10 a.m.
Coffee & Donuts, 10:30 a.m.
Share a chat and a cup of jo with local community leaders.
Winnepesaukee River Clean-Up, 11 a.m.-noon
Join in a Spring Clean-Up of the Winnepesaukee River Trail.
Tech Tuesday, 2-4 p.m.

Wednesday, April 10
Coffee & Donut Community Connection, 10 a.m.-2 p.m.
Stop in for a free Cup a Jo
Story Time, 10:30 a.m.
This week's theme: The Library
Scrabble in the Afternoon, noon
A great way to spend a day... friends and a leisurely game. Adults Only.
Teen Time, 3 p.m.
Board games! Join us to learn a new game or play some old favorites!
After-School Creativity Club, 4 p.m.
Paper Strip Baskets

Thursday, April 11

Succulents with Sarah, 6 p.m. *
Due to popular demand, Sarah and her green thumb are back to teach you how to arrange and care for succulents. Sign up in advance is necessary, call 286-8971 or stop by the circulation desk to register. A \$10 materials fee is due on the night of the class. *The class is full but the program will be offered again in May. Call the library for more information.

Friday, April 12
Sit and Knit, 3-5 p.m.

Saturday, April 13
BabyTime: Movement and Music - Come join us for fun and giggles as we move, sing, and explore through music and movement! This group class for children under years old focuses on the bond between children and caregivers as they experience the world through sounds, music, instruments, and dancing. We also work to develop early literacy in children through stories, rhymes, and songs. Space is limited! Please call us or stop by to reserve a spot. 286-8971

New Items
"Bending Toward Justice: The Birmingham Church Bombing that Changed the Course of Civil Rights" by U.S. Senator Doug Jones
"Reversing Disease and Lifelong Health" by Joel Fuhrman, M.D.
"My Lovely Wife: A Novel" by Samantha Downing

SEE HAPPENINGS, PAGE A12

WildQuest Spring Camp sponsored by Rotary

LACONIA — Lakes Region Rotary Club of Laconia recently donated \$1,000 to support the work and mission of Prescott Farm Environmental Education Center. The funds will be used to sponsor WildQuest Spring Camp, a week-long day camp held during New Hampshire school vacation week in April.

"Our club recognizes Prescott Farm as a community asset and we are happy to give back through our service and financial support," Lakes Region Rotary club president Ben Wilson said.

Prescott Farm hosts the annual Rotary Youth Leadership Program and in turn, participants from five area schools put their leadership skills to work through



COURTESY
Members and guests of the Lakes Region Rotary Club of Laconia gather for weekly meetings on Tuesday mornings at Water Street Café in Laconia.

participation in three service projects at the farm every spring.

"It's a great way to help teach the principles of leadership and service to the next generation," Wilson said. "Sponsoring WildQuest Spring Camp at Prescott Farm is another way that we hope to contribute to a strong tomorrow through youth enrichment at Prescott Farm."

Support from business partners and donors like Lakes Region Rotary help make it possible.

"We are so grateful for their generous support of our programs and for their service work at Prescott Farm over the years," Executive Director Jude Hamel said. "The club and its members demonstrate through action the meaning of the Rotary motto 'Service Above Self.' They really contribute to a thriving Lakes Region community by assisting programs that help make lives better for children and families."

For details about WildQuest Camp programs, pricing, Prescott Farm member discounts, and scholarship opportunities, visit prescottfarm.org or call 366-5695.

Prescott Farm is a SEE WILDQUEST, PAGE A9

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 41 calls for service and made the following arrest during the week ending March 23.

Zachary Baker, age 31, of Franklin was arrested on March 17 for Driving After Revocation or Suspension. He is scheduled to appear in Franklin District Court on May 6.

The breakdown of the remaining calls was as follows: one alarm, five animal incidents, one report of criminal trespass-

ing, one request to assist another department, one report of Driving After Revocation, one pre-employment fingerprinting, two reports of fraud, one house check, one medical emergency, two money relays, two motor vehicle accidents, one motor vehicle summons, 15 motor vehicle warnings, one neighborhood dispute, one pistol permit, two requests for police information, one report of illegal dumping of rubbish, and one unruly juvenile.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 481 calls for service and made the following arrests during the week of March 18-24. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during this time period were Roland

Gagne (for Possession of Drugs), Robert Ramalho (for Possession of Drugs), Brandy Campbell (in connection with an outstanding warrant), Christopher Nemitz (for Possession of Drugs and Receiving Stolen Property), Kenneth Norris (for failure to inform authorities of a change in address), Ashley Dustin (in connection with an outstanding warrant), Franchesca (in connection with an outstanding warrant and for Possession of Drugs), Carlye Bubacz (in connection with an outstanding warrant), Jessica McCall (for Possession of Drugs), Frank Clement (for Intent to Distribute and Breach of Bail), Michael Pagliarulo (for a Suspended Registration), Caleb Phillips (for Theft), and Kevin Matthews (for Reckless Conduct, Domestic Violence/Criminal Threatening and DUI).

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 140 calls for service and made the following arrests during the week of March 22-29. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Angela Bradbury, age 37, of Franklin was arrested on March 22 on two counts of Possession of Controlled/Narcotic Drugs.

Edward James Otto, age 27, of Belmont was arrested on March 22 for Endangering the Welfare of a Child or Incompetent.

Cassie Ann Smith, age 39, of Belmont was arrested on March 23 for Domestic Violence-Assault and making a False Report to Law Enforcement.

Christopher Paul Frost, age 26, of Concord was arrested on March 24 for Possession of Mar-

ijuana.

Jasmine D. Vertigans, age 33, of Laconia was arrested on March 25 in connection with a warrant issued by Merrimack County superior Court.

Parker J. Plourde, age 21, of Gilmanton was arrested on March 27 for Driving After Revocation or Suspension.

Mark A. Chertok, age 43, of Laconia was arrested on March 28 for Driving After Revocation or Suspension.

Joshua C. Page, age 31, current address unknown, was arrested on March 28 for two counts of Possession of Controlled/Narcotic Drugs and two counts of Possession of Drugs. Arrested along with Page were Amanda Marie Mullen, age 27, current address unknown, for Possession of Controlled/Narcotic Drugs and Ashley Huckins, age 31, current address unknown, for two counts of Possession of Controlled/Narcotic Drugs.

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PG-13

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Fri.-Sat.: 12:45, 3:45, 6:45, 9:15
Sun.-Thurs.: 12:45, 3:45, 6:45 PM

PG

PET SEMATARY
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Belknap Subaru earns national recognition

TILTON — Subaru of America announced its list of dealers being recognized nationally for its commitment to customer care, and community involvement. These awards can be earned individually or together.

This national award recognizes Belknap Subaru, for its commitment to customer service, and its work within the community it serves! Throughout the year Belknap Subaru sponsors, supports, and participates in events that are designed to strengthen Tilton, and the Lakes Region! From its work with Every Child is Ours, Easter seals, Veterans Count, the Land and Lake Poker Run, The Ganong Anderson Cancer Center, The New Hampshire Humane Society, and Winnisquam Regional High School, and local charities, and schools in the area. In ways big and small, they strive to lend a hand, and a heart, whenever possible!

Mark Johnstone, President of Belknap Subaru, said “We are deeply honored to have earned this award. Our team, our customers, and the community all join, to make good things happen...we listen, and do our best, to make a difference in the community we call home!”

Belknap Subaru has also been named to the top 10 in the U.S., that honor will be announced in June, in Las Vegas, at the Subaru National Business Meeting.

Belknap Subaru is located at 35 Tilton Rd. in Tilton. They sell and service Subaru vehicles, and others. They have been in business since 2001 and have been recognized, for the second year in a row, by Subaru of America, as a Gold Level, Love Promise Community and Customer Care award winner. For more information about the dealership call Scott Ives at 729-1300.



The team at Belknap Subaru has been recognized with national awards for its commitment to customer care and community involvement.



COURTESY

Local photographer honored at Boston Flower and Garden Show

Phyllis Meinke of Belmont was honored with both a First Place ribbon in the Photography Division and the prestigious Best In Show award at the 2019 Boston Spring Flower and Garden Show for her black and white landscape, titled “Cold.” The judges described her work as a “majestic example of the beauty of balance, expertly executed.”

New Horizons Bands join for special concert

MEREDITH — As the last melodies of Christmas music faded into January, the New Horizons Band of the Lakes Region started rehearsals for two April exchange concerts. On April 6, the band is pleased to host the Monadnock New Horizons Band from Keene for a day of rehearsals, culminating in a 6 p.m. public concert at the Meredith Community Center.

Under the direction of host Debbi Gibson, as well as visiting directors, Donna Morse and Phil Crotto, the combined bands will play a number of selections to please audiences of all ages. Full concert band instrumentation, rhythms, and harmonies will shine in the “African Marching Song,” “Game of Thrones,” “A Salute to Louis Armstrong,” “Summon the Heroes,” and several other pieces.

While 11 years ago, director Mary Divers put together a small New Horizons Band in the Lakes Region, who now have grown and present concerts continuously throughout the year, Donna Morse started the Monadnock band in 2014. Both bands have embraced the Music for Life motto and welcome musicians of all abilities.

As a non-profit group, the concert in Meredith will be free to the public, with donations gratefully appreciated. On April 13, the Lakes Region band will travel to Portsmouth for a similar combined exchange concert with the Portsmouth New Horizons Band at the Portsmouth Middle School, and on May 4, the band will play a solo concert at 2 p.m. in the Gilford Community Church.



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Backpacking with David Connor at Taylor Community

LACONIA — After 34 years of backpacking and hiking; after logging thousands of miles on backcountry trails throughout major national parks of the western U.S., Canada and Alaska, David Connor is constantly asked, “Where is your favorite spot? Which is the best of the best?”

He says this is a tough question. “How do you compare a canyon with a mountain; a waterfall with a glacier; the continental divide with a valley?”

When pressed to choose, “The view of the Grand Teton as seen from the north fork of Cascade Canyon in Grand Teton National Park is hard to beat,” he said.

Come listen as Connor shares his backpacking story, Wednesday, April 3 at 6:30 p.m. in Taylor Community’s Woodside Building.

This free event is open to the public.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.



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Moving slowly in the fast lane

The world is moving at a faster pace than anyone living 20 or 30 years ago could have imagined.

In 1989, computers were the things teachers warned we'd never be able to "carry around in our pockets," so we still needed to learn advanced math functions. To see the weekly forecast, we had to either watch the 6 o'clock news or trust the printed version in the daily newspaper. To access facts and information, we visited the library. That was all fine with us. That was life.

In 1999, there were more and better computers, and the Internet (known then as the World Wide Web) was expanding steadily. Our access to this vast body of knowledge was through dial-up modems, waiting patiently for the ringing-static-beeping signal for a connection, and then waiting further for the page to "load." We'd scroll through the content and click on a hyperlink – repeating the process, as our desktop computer slowly accessed the new information. We were pretty happy with that. People with modems were cool. And it was so much faster than a trip to the library. Now we had instant info at our fingertips.

In 2019, our perception of "fast" and "instant" has taken on new meaning.

We are inseparable from our phones, our Kindles, our watches and our Fitbits. Need to know tomorrow's forecast? Glance at your Android. Did the Celtics win? Google it. When is the next band concert for the middle school? Check your calendar...on your phone. Need a new book to read? Download it. Could our 1999 selves ever have conceived of these things? Could we ever go back to our old perceptions of what constitutes "a long time?"

There are still things in life that cannot be rushed: long-simmered soups and stews; a hike through the forest; a conversation with a beloved friend; a long drive on a Sunday afternoon. In those moments, life slows down again. Where once speed was a luxury and a reason to be excited, now we crave the leisurely, unhurried pace of a day without our gadgets. We unplug and chill out. We remember to look up and around and take in our surroundings. Life slows down... for a while. Or at least until the alarm on our phone reminds us that it's time to get going again.

Send your letters!

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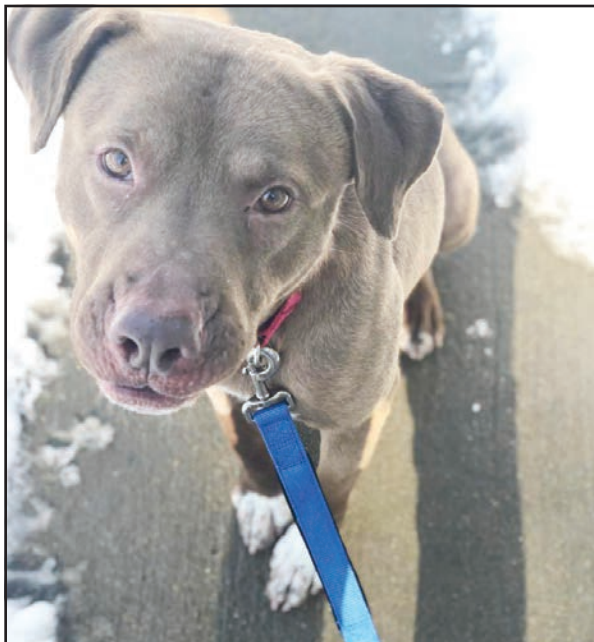
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PET OF THE WEEK

Drummer is a magnificently sweet and smart 5 year old mixed breed. Incredibly social and sweet playful soul this young man will make a great hiking partner for his humans. Since relocating from the south three months ago, he has learned to sit, give paw, and get down when his exuberance overtakes him. He is currently working on learning stay, come, drop it, and going to a mat on cue. He sure is ready

to explore his new surroundings, take in the sweet smells of springtime in New England with you. Drummer would do best in an active home with teens or older. He can be a little picky about his dog friends and may be ok with a dog savvy cat, so do take that into account. But know that Drummer will be a devoted friend. Bow wow wow yippe yo yippe yay, let's get Drummer a home where he can stay and play.



DRUMMER

LETTERS TO THE EDITOR

"Save Our Gale School" Committee moving ahead

To the Editor:

Some time has passed since our last update on our progress to preserve the historically significant and architecturally unique Gale School in Belmont. We have made tremendous progress and are moving forward. Now we know we will "Save The Gale School!"

The one major hurdle we had in the beginning was to find a purpose for the Gale School. We are happy to announce that it will be transferred to the Lakes Region Community Developers (formerly the Laconia Area Land Trust).

They will restore and repurpose the building once it is moved off School District property to a new site hopefully close to town along Route 106 and placed on a concrete foundation. The building will be used for programs to benefit low- and moderate-income working families and individuals in the Lakes Region by offering social services currently insufficient or unavailable in the area.

As some may know, the Save Our Gale School received an LCHIP grant for \$110,000 last Fall. They just added another grant for \$2,500 this month, and the Belmont's Sargent Fund just awarded \$200.

Join Sanbornton's Earth Day celebration

To the Editor:

We are once again celebrating Earth Day here in Sanbornton by holding a roadside clean up day.

On Saturday, April 20, we invite any and all to walk the scenic roads of our beautiful town picking up trash. This notice is also to kindly ask anybody driving through town on what he hope is a bright sunny day to please pay extra attention to walker that are helping to clean up what others have left behind.

This is a very "fluid" event, but we do are trying to get most of it done by 1 p.m. to make sure there

These monies along with the \$70,000 from the School District's moving allowance places us well within sight of the total cost to purchase property needed and to move the building. We have received some cash donations along with pledged donations of cash, materials, and needed services to prepare the new site and to fill in repair the land that the Gale School is presently on - but we still need your help.

We are currently seeking public cash donations and pledges of any size or in-kind services, materials, auction/raffle items and/or labor to go toward the approximately \$100,000 in cash and services remaining to be raised. Any assistance would be greatly appreciated!

Please contact the person below with your checks and contributions.

*SOGS
c/o Brenda Paquette
229 Dutile Road
Belmont, NH 03220
Ken Knowlton
Vice Chairman/SOGS
Belmont*

are no headaches at the towns transfer station. You can leave the bags or larger items on the side of the road if you'd like and they will be picked up. We also suggest gloves, bright clothing, and a claw device for picking up items.

For more information, or to get some free trash bags, please follow "We Love Sanbornton" on Facebook, call Justin Barriault at 581-9085 or email me at JustBarriault@Gmail.com. Thanks!

*Justin Barriault
Sanbornton*

It's silly season in Concord

To the Editor:

It was a long last week, and somewhat frustrating. The House, overwhelmed by the Democrats passed a lot of silly and several dangerous laws. Here are just some of the silliness.

HB 558 and 560 bans plastic straws and bags. While I seldom use either of these it is just plain silly to waste our time on this. To begin with, New Hampshire has a larger issue with discarded hypodermic needles thrown carelessly in public places by addicts, and banning these won't stop a druggie from tossing them for your child or pet to find. I voted against this.

Then, we had two proposed Constitutional amendments, CACR 10 and 12 that would ban an income and sales tax. You would think this would be a no brainer since almost every politician says they are against any broad-based tax. But both CACRs failed to get enough votes. I voted for them. Seems the majority party doesn't want to limit themselves to taking your money in the future.

Then we had the worst bills of the day. HB 109 and 514. HB 109 would require background checks for firearms transfers, and purportedly close the gun show loophole.... something that does not exist. This is so restrictive that to loan a gun to a friend would not be possible and a firearms registry would be established that authorities could examine. HB 514 would establish a seven-to-10-day waiting period for sale of a firearm. Tell this to a person who is

fearful of a stalker or jilted lover and needs a firearm now! Or tell this to the vendor at a gun show who has no customers. Both passed without my vote.

Oh.... We also passed a bill, HCR 7 that asks the President not to use nuclear weapons first. I guess we have to wait until they land in Omaha before we launch. What a stupid issue for a state to get involved in. Leave it up to the Bernie voters.

With HB 397 and 471, we let people without social security numbers or citizenship documentation (i.e., illegal aliens) get New Hampshire drivers licenses or to mark if the person was not a citizen. Wonder how many will use these to vote which is the real reason the it passed without my vote.

Notice a pattern here? We have a House majority that has decided to remake New Hampshire to become the next silly socialist state. I took the time to check the votes of the three other Representatives in my area. Representatives Hill and Horne voted with me every time and Representative Joyce Fulweiler voted opposite on every vote. Care to guess what party she votes lockstep with?

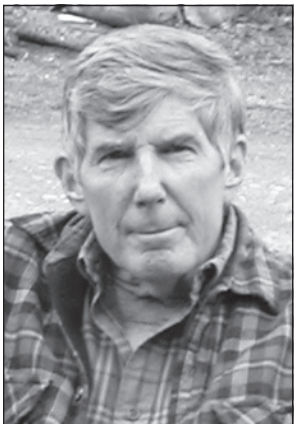
If you want to talk with me or send me a note call at 320-9524 or email at dave@sanbornhall.net. Have a great week and feel safe. We are not in session this week.

*Cheers!
Dave Testerman
State Representative
Franklin and Hill*

CLASSIFIED SELLS IT ALL

NORTH COUNTRY NOTEBOOK

The “reasons” for hunting get this guy’s goat (again)



By JOHN HARRIGAN
COLUMNIST

friend, sports, life back home with my real family. All that mattered was what was ahead and to either side, as far as peripheral vision would take me.

It was like stepping through a window, or parting a curtain, or maybe picking up a really, really good book. Nothing on the outside mattered, not worthy of thought. Every instinct I could bring to bear was focused on sound, sight, the detection of movement, what the ground was like for three steps ahead, whether my shotgun was clear to swing, which way a bird might fly if flushed.

It’s all the very same today.

+++++

Conservation organizations and lobbyists and legislators always seem to be trying to find reasons to explore the “why” of hunting. If it



COURTESY US FISH & WILDLIFE

This is a nice shot of a Western coyote mousing, in which it launches itself into the air in hopes of spotting some tiny creature (mouse, vole, shrew, etc.) and coming down to trap it with all four paws. While small animals of all kinds are coyotes’ main food source, they also eat berries and fruit, and our bigger Eastern coyotes can and do take deer.

can’t be measured, pigeon-holed, codified, and perfectly described, in purely scientific terms, it simply cannot exist.

The Wildlife Society, a mainstream national conservation organization, recently ran a magazine article on coyote killing contests (and this is no joke--these contests are held in many states, including at least two right here in New Hampshire). Good for the Wildlife Society--but where are the other conservation organizations on this sordid little subject?

Yet even the Wildlife Society, with thousands

of hunters as subscribers, and hunters serving on its Board, felt compelled to try to explain hunting, even as it put forth a noble effort to place the most distance possible between true, traditional hunting, and coyote killing contests.

Killing contests give all hunting a bad image, and are a graphic and bloody misuse of social media, the article noted. They are particularly offensive because “Some people view them as making a game of killing animals,” and as “demonstrating disrespect for and devaluing

animals.”

People who have been at registration and prize tables for coyote killing contests describe carcasses not even skinned out (a good pelt is worth only about \$30), tossed into the back of a truck or thrown in a heap atop a big pile of firewood. And some participants have posted celebratory pictures of themselves, their families, and their dead coyotes in social media.

The article points out that some people view coyote contests, erroneously, “as a potential management tool...to control predators and



COURTESY PHOTO ROGER IRWIN

This is what a lot of hunters are out there looking for. Roger Irwin took this photo of a young buck looking right back over its trail, in fact looking right at Roger, somewhere in the woods of the Upper Connecticut River valley, probably somewhere in New Hampshire or Vermont.

increase prey.” Yet time and again, after decades of record-keeping and research, wildlife biologists have shown that killing Eastern coyotes has no significant effect on how many deer will be around in the fall.

Two things here:

--If you wrap yourself in the flag of righteousness, you can say and get a “Yay!” about anything, even when you’re wrong (coyotes are a very small factor in deer populations, the big hitters being the weather, the hunting season, and road kills). Envision Elmer Fudd here, or maybe Dudley Do-Right, wrapping themselves in the flag and stating their righteous mission: “To kill the big bad coyotes, and save the deer--for us.”

--And nowhere in the

labored “explanations” for hunting is there even a hint of that dreaded word “recreation”--because that would connote fun, or something like it. But maybe “re-creation” is exactly right, the replenishment of spirit and soul, a harkening to an instinct that is alive and kicking, to the focus and the skill of a hunt that’s ageless, an endeavor, passion, and pursuit that’s just too complicated, fragile, and priceless to print.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

STRATEGIES FOR LIVING

The search for a moral code

BY LARRY SCOTT

In recent weeks, we have seen what happens when a nation no longer has a moral code. From New York to Los Angeles to Chicago to Washington, D.C., events I need not specify have reminded us again: America is in deep trouble.

Men and women in my age bracket, educated in the ‘forties and ‘fifties shudder at the principles guiding those who have come out of the ‘sixties and ‘seventies – here designated as the MeFirst generation. It is difficult for us to perceive why the younger set cannot understand our concern.

The MeFirst generation can share a bathroom with the opposite gender, abort on demand, welcome tens of thousands of illegal aliens, and champion a “green new deal” that will cost America trillions of dollars – and do so with little thought given to the consequences.

of personal judgment, and that everybody has equal claim to even the most aberrant of rights. We have given the MeFirst generation a life style that has no faith in the Bible, no concept of a loving God, no universal standard of right and wrong, in short, no moral code.

College professors ask their students not to cheat, but cannot tell them why it is wrong. Parents ask their children to refrain from pre-marital sex. But why? Because you might generate an unwanted pregnancy? But if the students only interest is in getting a good grade, and if the child does not fear the consequences of immoral behavior, he has no reason to follow traditional moral codes.

We have two written standards of truth in America – the U. S. Constitution to guide our

politics and the Bible, to guide us in matters of truth and morality. These two address and correct the concerns of which I write.

I believe in the U. S. Constitution, a document given us by our Founding Fathers that has all the earmarks of divine influence. I resist every attempt by the MeFirst generation to accommodate it to current trends in American life. It has guided our development as a society and helped us to become the finest nation in the world.

I believe the Bible is God’s Word, a reliable guide for those in search of truth, a moral code you can adopt with confidence. I have lived by its principles for eighty years. It has influenced my thinking, disciplined my actions, and given me the direction I needed to navigate the pres-

ures of life.

God has given us a moral code, a statement of truth that, taken seriously, can revolutionize your life. The Bible says, “How can a young man keep his way pure? By living according to your word. ... I will never forget your precepts, for by them you have renewed my life,” (Psalm 119:9, 93). Check it out, live by its principles, and discover for yourself: living for God is to enjoy life at its very best.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

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NHVV Commandant Margaret “Peggy” LaBrecque, foreground, opens the ceremony in the Home’s Town Hall auditorium.

COURTESY

NHVVH pays tribute to Vietnam veterans

A Vietnam War Veterans Day ceremony on Friday, the anniversary of the March 29, 1973, withdrawal of the last combat troops from South Vietnam, drew a large crowd to the New Hampshire Veterans Home. Gov. Chris Sununu, Congresswoman Annie Kuster and Congressman Chris Pappas all spoke about how much thanks is owed

to Vietnam veterans, who got no thanks and no respect when they returned from a very unpopular war. The keynote speaker, retired Army Lt. Col Greg d’Arbonne, highlighted how the progress in training and technology spawned by the experience in Vietnam greatly helped subsequent generations of soldiers.



Retired Army Lt. Col. Greg d’Arbonne, the keynote speaker

COURTESY

Taylor Community hosting emergency preparedness lecture

LACONIA — Emergency Preparedness and Response Manager John Beland will discuss the Lakes Region Community Emergency Response Team Program (LR-CERT), created in 2007.

Join us Monday, April 8 at 2 p.m. in Taylor Community’s Woodside Building for information about LR-CERT, which educates people about disaster preparedness and trains them in basic disaster response skills, such as fire safety, light search and rescue and disaster medical operations. This free event is open to the public.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.



Retired MSgt. Lee Hirtle, who usually plays at funerals at the New Hampshire State Veterans Cemetery, sounds “Taps” at the end of the event.

COURTESY

Artisan Eyewear at Patrick’s Pub

GILFORD — Patrick’s Pub and Eatery will host Artisan Eyewear at their networking event, “Connect,” on Thursday, April 4 from 5-7 p.m.

Artisan Eyewear opened in October 2018 on Meredith’s Main Street. Owner/optician Natalie Taylor has 10 years experience and a wealth of training in her field, including a Bachelor’s degree in Biological Sciences, Associate’s in Applied Science degree in Opticianry, dispensing licenses in three states, and a slew of certificates specific to opticianry. In addition, she is a nationally recognized continuing education lecturer and writes a monthly column in an industry magazine.

Artisan Eyewear provides carefully curated, unique frames for both men and women, including many “micro-brew” brands otherwise unavailable in northern New England. The shop’s Instagram feed is the best way to preview what’s available (@artisaneyewear). There is no doctor on site; Natalie



COURTESY

uses your doctor’s script to create the perfect prescription lenses. In addition to the boutique, Taylor makes herself available for local home visits, a perfect solution for those in nursing homes or with mobility issues.

In addition to “traditional” prescription glasses and sunglasses, Artisan Eyewear also works with many specialty items: moisture chamber goggles for those with dry eye; high performance motorcycle goggles; safety eye-

wear; custom sunglass clips; tints to ease migraine discomfort, and more. The combination of unique frames and high-performance lenses sets Artisan Eyewear in a class of its own.

In 2019, five percent of Artisan Eyewear’s sales are donated to The Polaris Project. Polaris is a nonprofit, non-governmental organization that works to combat and prevent modern-day slavery and human trafficking. For the past 10 years, Polaris has run the National Human


Trafficking Hotline, working on some 40,000 cases of trafficking.

Join Taylor at Patrick’s Pub to ask your own questions about eyewear. She’ll have a few dozen of her WILD-EST frames for you to try on (selfies encouraged!). Participate in raffles for sunglasses and enter to win the grand prize — stay and enjoy the live music!

Patrick’s Connect features local businesses and organizations. The evening includes complimentary craft beer sampling from Woodstock Brewery and raffle drawings at 6 and 7 p.m., followed by live music. A grand prize of an overnight stay, brewery tour and breakfast at the Woodstock Inn is given away at 7 p.m.

For more information on Patrick’s Connect or to register your own business to be featured at an event, call 293-0841 or visit www.patrickspub.com/connect.

To learn more about Artisan Eyewear, please visit meredithoptical.com or follow on Instagram: @artisaneyewear.



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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

Travel Show sees strong attendance

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — From cruises to train tours to guided tours and many others, people from across the region could explore different options for vacations at the Passport to the World Travel Show.

Penny Pitou Travel of Laconia hosted their annual travel show at the former Pheasant Ridge Country Club on Saturday.

Vendor tables from many different travel companies filled Contigiani's Convention Center with representatives on hand to talk to guests about their different offerings and hand out brochures and materials. A number of presenters talked about different travel options throughout the day.

Guests could get a

passport stamped at different vendors and at presentations and turn them in for a chance at the grand prize: a trip for two to Scotland.

With a few hours until the end of the show, Penny Pitou Travel vice president Kim Terrio said the day has been going awesome so far. Attendance was steady throughout the day.

"It's been very steady, which is our goal," Terrio said.

She said in previous years, they would have a big rush at a certain part of the day. This year the requirement was placed that in order to get all the stamps necessary for the prize attendees also needed to get a stamp from a presentation, meaning people came to the show throughout the day to see a presentation that interested them.



ERIN PLUMMER
Katy Kennedy does a presentation for the Aruba Department of Tourism at the Passport to the World Travel Show.



ERIN PLUMMER
Jim Palmer of Rocky Mountaineer Vacations talks about his company's travel options with guests at the Passport to the World Travel Show.

Set sail with “Captain Kidd” on LRPA

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (April 5 & 6) for our “LRPA After Dark” presentation of 1945’s swashbuckling adventure “Captain Kidd,” starring Charles Laughton, Randolph Scott and Barbara Britton.

In the unabashedly unhistorical “Captain Kidd,” the larger-than-life pirate (Laughton) convinces England’s King William III that he is an honest ship’s captain, and that he’s just the man to escort a treasure-laden vessel bound for England through the dangerous waters off of Madagascar. He further persuades the King that he needs a crew of condemned pirates for the job – and that they should be given a royal pardon. Kidd’s plan is to double-cross the King and take the treasures for himself. The pardoned crew is made up of scalawags and cutthroats (you’ll recognize the great character actors including John Carradine, Gilbert Roland and Sheldon Leonard, among others). One of them, Adam Mercy (Scott), is a smart and sophisticated rogue with manners and intelligence that very much please Kidd – and later, attract the attentions of Lady Anne Falconer (Britton). But soon things are not as they appear. Is Adam really who he says he is? What are his real intentions? Can a buccaneer such as Kidd trust anyone for very long?

Although woefully inaccurate in terms of history (there is a scene that includes the Tower Bridge, roughly 200 years before it would have been built!), “Captain Kidd” is well-regarded for strong performances from a deep and terrific cast, notably Laughton, who “binds the entire affair with his bravura villainy,” according to Turner Classic Movies. The legendary New York Times

critic Bosley Crowther wrote, “‘Captain Kidd’ is strictly Charles Laughton’s vehicle; the rest of the crew are merely along for the ride.” The film received an Academy Award nomination for Best Original Score. Ahoy, Mateys! Get ready for a rollicking adventure. Grab your popcorn and join LRPA after dark – or walk the plank!

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org), where you can catch all the fun.

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member towns and cities of Belmont, Gilford, Laconia, Meredith and Northwood. You may also watch us over the internet at <https://lives-tream.com/lrpatv/channel25>. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

“Just overall they love the vendors,” Terrio said, later adding “They’re getting a lot of great new ideas for vacations.”

They had the same amount of vendors, but

this year Terrio said they had around four and five new vendors.

One of the vendors was Collette, which Andrew Bessette, Business Development Manager for Maine, New Hamp-

shire, and Vermont, said was the oldest tour group in the country at 101-years-old. The company organizes guided group tours to 160 destinations on seven conti-

Jim Cryan named Artist of the Month

TILTON — The ‘Featured Artist’ for the month of April at the Lakes Region Artist Association/Gallery, Tanger Outlet Mall, 120 Laconia Rd., Tilton, Suite 132 is Jim Cryan. The theme of his exhibit is ‘Photography and History, a 50 Year Retrospective.’

His exhibit opened April 1, and will last until the last day in April. On Friday, April 12, Cryan will host his reception from 5-7 p.m. The public is invited, and compli-

mentary refreshments served. Jim’s history as an accomplished professional photographer includes images of his many travels to Ireland, its people, landscapes, and historic sights, his stint as a military photographer while on duty, and later returning to Viet Nam as a civilian to continue taking photographs and reconnecting with the people he knew there.

Cloth Dolls: From Rags to Riches

LACONIA — Back by popular demand, Taylor Community Resident Kit Peterson, an antique doll aficionado, and her equally knowledgeable friend Peg Farwell, present a discussion about the history and identification of cloth dolls.

The event is scheduled for Wednesday, April 3 at 2 p.m. in Taylor’s Woodside Building. The free event is open to the public and people are invited to bring along any cloth dolls they may have in their collections.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our website at www.taylorcommunity.org, or call 524-5600.

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Winni Playhouse brings “Insignificance” to NH

MEREDITH — A bombshell and a ball player, a scientist and a senator walk into a hotel room: not a joke, but the premise of a remarkable play by Terry Johnson. “Insignificance” makes its New Hampshire premiere April 10-14 at the Winnepesaukee Playhouse, with six performances only.

The production is the first professional production of a 2019 ‘Made in America’-themed year at the Playhouse, and this new production of Johnson’s rueful comedy is an inventive look at what might have happened – what could happen – when larger-than-life personalities meet in one modest space.

The playwright brought four icons of early 1950s America together in a fictional New York City hotel room of their era in his critically-acclaimed play “Insignificance.” Its debut 30 years after the imagined events was Johnson’s breakthrough play: later, the two-time Olivier award winning actor/director/writer would go on to write “The Graduate,” in addition to other career achievements.

Directed by Neil Pankhurst, the Theatre’s Producing Artistic Director, this is a play that moved him when it first opened, and still excites the imagination as do the four characters. Although only called Actress, Ballplayer, Professor and Senator in the script, the audience will immediately identify the characters as Marilyn Monroe, Joe DiMaggio, Albert Einstein, and Senator Joseph McCarthy.

Members of this quartet are at the height of their popularity: Monroe, for example, makes her entrance after a long day of filming the well-remembered scene over a windy subway grate in “The Seven Year Itch.” By the end of 1954, McCarthy will be censured by the Senate for hearings that are in full swing when that character arrives in the hotel looking to bolster one very reluctant witness. Einstein became a citizen in 1940; ensconced at Princeton, his work continued and in 1950 he introduced

his ‘unified field theory,’ remaining a relevant voice to the scientific community and culture at large. DiMaggio had retired from the Yankees in 1951, but his famed 56-game hitting streak earlier in his career made him a perennial celebrity: he and Monroe married in 1954 for a 274-day union that ended before the year was out.

But playwright Johnson isn’t looking to create an historic narrative: instead, he weaves the legends into universal themes in what one reviewer describes as a “dazzlingly inventive drama about the challenges of being known, and of knowing yourself.” Intellectual themes are juxtaposed with some madcap-style comedy: doors open and close, characters come and go, and the Actress schools the Professor in the theory of relativity. Using toys and found objects. There is humor and conflict, and a thoughtful examination of what really is significant in time and space and the relationships all around us.

April’s production offers a marvelous opportunity for audiences to see a still-relevant play featuring four professional and talented actors. The cast includes: AJ Ditty as the Professor, Kelsey Andrae as the Actress, Landon Shaw as the Ballplayer, and Thomas R. Daniels as the Senator. Three of the four (Andrae, Shaw and Ditty) have worked previously at the Playhouse. Winnepesaukee Theatre audiences will remember AJ Ditty in particular for multiple roles over many seasons – including Sherlock Holmes, as the title role in “The Foreigner,” and as Huck Finn, for which he won a New Hampshire Theatre Award. With experience at the Camden Shakespeare Festival, the Metropolitan Playhouse and other New York region theatres, Thomas R. Daniels arrives to make his Playhouse debut as the Senator. All four have been enjoying extensive theatre careers and welcomed the opportunity to convene this spring in



Four actors portray four American iconic personalities in “Insignificance” at the Winnepesaukee Playhouse, Meredith, April 10-14. Kelsey Andrae, AJ Ditty, Landon Shaw, and Thomas R. Daniels appear as the Actress, the Professor, the Ballplayer, and the Senator: think Marilyn Monroe, Albert Einstein, Joe DiMaggio, and Sen. Joseph McCarthy. Not light-hearted, but a comedy with depth when the four have an imagined – and imaginative – meeting in a New York City hotel circa 1954. A New Hampshire Premiere production, tickets on sale now at www.winnepesaukeeplayhouse.org and 279-0333.

the Lakes Region.

The production team is led by director Pankhurst, who doubles on sound design; with scenic design from Dahlia Al-Habieli, props by Lynn Dadian, lighting design by Heather Crocker, costumes by Lesley Pankhurst, with Marrisra Kilgallen as production stage manager.

“Insignificance” is sponsored by Auto-Serve Dealerships of Tilton-Plymouth-Laconia. Performances are Wednesday through Saturday, April 10-13 at 7:30 p.m.; Saturday, April 13 matinee at 2 p.m.; and Sunday, April 14 at 5 p.m. Tickets at www.winnepesaukeeplayhouse.org or 279-0333.

The award-winning, non-profit Winnepesaukee Playhouse continues to offer year round productions of professional theatre, community productions by the Winni Players, and educational programs and performances by their Education Department. The Meredith theatre is funded in part by the New Hampshire State Council on the Arts, New Hampshire Charitable Foundation, Shubert Foundation, the Steinwachs Family Foundation, as well as members of the community and beyond.



COURTESY

Belknap EDC hosts Annual Meeting

Belknap EDC gathered for its annual meeting on Thursday, March 14 at Lakes Region Community College in Laconia. The event was sponsored by gold sponsor: Meredith Village Savings Bank; while Bank of New Hampshire, Franklin Savings Bank, Cross Insurance, and Northway Bank were bronze sponsors. More than a 100 Lakes Region business and civic leaders attended for the Belknap EDC Board of Directors to present the status of the EDC’s goals and strategic plan. Other items of business included the election of Chris Kelly, Bayside ReMax Realty, as the Chair, Christopher Walkley, Bank of New Hampshire, as Vice-Chair, Paul Onthank as Treasurer, and Allison Ambrose of Wescott Law as Secretary. Larissa Baia, Lakes Region Community College, addressed the audience as well.

For more information on Belknap EDC and its strategic plan and goals, go to belknapedc.org. Pictured: Belknap EDC Chair, Chris Kelly, ReMax Bayside Realty (left) and Justin Slattery, Belknap EDC Executive Director (right) present Randy Eifert, Optisure Risk Partners (center) with the Director’s Appreciation Award. The award is presented to a most deserving individual, who has gone above and beyond to assist Belknap EDC in achieving its mission to promote economic growth in the region.

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Robbie Mills Tournament raises more than \$8,000

REGION — The 12th Annual Robbie Mills Memorial 8 Ball Tournament raised \$8,075 for the Boys & Girls Club of the Lakes Region and Greater Lakes Region Children's Auction.

The winner of the event was Dave Smith who donated his first place prize of \$250 back. Second place was Mike Mudgett and third place was Jim O'Neal.

Checks were presented to both organizations for \$4,037.50.

In 2007, Tony Walters who knew Robbie Mills and his family and worked at the Boys and Girls Club approached Mike Baron of Baron's Billiards with the idea of having a pool tournament. It was then that The Robbie Mills Memorial 8 Ball Tournament was born to benefit the Lakes Region Boys & Girls Club. That first year, the Tournament had 24 players and raised \$1,200. In



Pictured: Tony Felch, Cafe Deja Vu Pub Mania Team, Children's Auction & Organizer of event; Brenda Martel, Cafe Deja vu Pub Mania Team & Organizer of event; Ron Judd - President of Rod & Gun Club; Jennifer Kelly - Children's Auction; Mike Baron - ongoing shepherd and organizer of the event; Barbara Leone - Boys & Girls Club; Wendy Mills - Robbie's Mom, Chris Emond - Boys & Girls Club & Organizer of event.

COURTESY

Plymouth entrepreneur wins Comfort Keepers Quest for Excellence Award

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Comfort Keepers Franchising, Inc. (CKFI), the franchisor of Comfort Keepers® in-home care, recently recognized Martha Swats, owner of the Plymouth Comfort Keepers® office, for an outstanding achievement with the Quest for Excellence Award. The annual Quest for Excellence award recognizes Comfort Keepers franchisees who are the top sales performers with revenue growth or who deliver the greatest percentage year-over-year revenue growth within a category.

Martha Swats is being recognized and honored for delivering a stellar business performance in 2018. Part of the recognition included an incentive trip to Terranea Resort in Rancho Palos Verdes, California.

Comfort Keepers is a leading franchise that offers in-home care services to seniors and others needing assistance, allowing them to live comfortably in their own homes, maintain their independence, and enjoy enhanced quality of life.

Martha has owned the Plymouth Comfort Keepers franchise for seven years.

"Comfort Keepers is very fortunate to have Martha in Plymouth providing quality services to seniors and other adults in need while helping them maintain joy, family and connection in their lives" said Carl McManus, CEO Comfort Keepers, North America. "Her hard work, tenacity, and commitment to her clients truly deserves to be recognized and applauded."

Martha believes much of her success can be traced back to her wonderful employees and the mission of Comfort Keepers: to provide clients with the highest level of quality of life that is achievable. Our caregivers are dedicated to helping their clients. Families in New Hampshire can have peace-of-mind knowing their loved ones are in the hands of compassionate and trustworthy individuals who have a genuine concern for others.

"I am honored to receive this award," Martha said. "I take pride in the type of service I provide to my clients, knowing that what I do helps them live better lives. It feels great to be recognized for doing work that I find meaningful."

About Comfort Keepers®

For more than two decades, Comfort Keepers® has been Elevating the Human SpiritSM through its in-home care network for seniors and other adults by empowering them to maintain their independence and realize joy in the everyday moments. A division of Sodexo, a global leader that delivers Quality of Life services to over 75 million consumers in 80 countries each day, Comfort Keepers operates a franchise network that has grown to more than 700 locations around the world. In addition to providing services that focus on health care and senior markets, Sodexo's integrated offerings encompass more than 45 years of experience in reception, safety, maintenance and cleaning, foodservices, facilities and equipment management, and concierge services. For more information, visit ComfortKeepers.com.

WILDQUEST

CONTINUED FROM PAGE A2

nonprofit 501c3 organization dedicated to providing year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world. For more information about programming, events and volunteer opportunities at Prescott Farm, please visit prescottfarm.org.

Lakes Region Rotary was formed in June of 1991 and focuses on assisting service organizations in the Lakes Region area that are in need of support. Annual fund raising efforts allow LR Rotary to assist various programs financially. Among other activities, they prepare and serve lunch every other month at the Salvation Army, and organize an annual Youth Leadership program that brings together future leaders from high schools around the Lakes Region. Lakes Region Rotary meets every Tuesday Morning at 7:00 am at the Water Street Cafe in Laconia. For more information, please visit lakesregionrotary.org or email info@lakesregionrotary.org.

er month at the Salvation Army, and organize an annual Youth Leadership program that brings together future leaders from high schools around the Lakes Region. Lakes Region Rotary meets every Tuesday Morning at 7:00 am at the Water Street Cafe in Laconia. For more information, please visit lakesregionrotary.org or email info@lakesregionrotary.org.

2014 Mike Baron and the Café Déjà vu Pub Mania Team joined forces to continue to grow the Tournament. This year, we had 69 players and raised \$8,075. In total the Tournament has raised around \$59,000. Efforts have already begun for the 13th Annual Robbie Mills Memorial 8 Ball Tournament to be held in March 2020.

A huge thank you to all of our sponsors:


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- Rafferty Chiropractic & Laser Center
- Gilbert Block
- Amoskeag Beverages
- Funspot
- Winnisquam Printing
- Tom Scribner - Robbie 1
- The Lodge at Smith Point
- Krampitz Tree Service
- Engraving Awards & Gifts
- Baron's Major Brands
- Fratello's & Homestead Restaurants
- Kellerhaus
- Hector's Fine Food & Spirits
- Muskrats Baseball

- Ryan McLaughlin CGI Wealth Mgt.
- Dairy Queen
- Oglethorpe Fine Arts & Crafts
- 99 Restaurant
- Fireside Living
- Faro Express
- Valvoline Oil Change
- Shanghai Restaurant
- Lakes Region Casino
- NH Billiards League
- Lacasse Floor Covering
- Laconia Daily Sun
- Annie's Café & Catering
- Patrick's Pub & Eatery
- Atlantic Broadband Employees
- DRM Corporation
- Innisfree Book Store
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- Towne Place Suites
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- Lee's Candy Kitchen
- NH Distributors
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- Boys & Girls Club
- The Café Déjà vu Pub Mania Team
- Eugene Rivers
- Dan & Susanne Chisholm
- Tammy & Mark Emery

- Barbara & Donald Leone
- Jim & Janet Carroll
- Warren Huse
- Nora Gray
- Mason Gray
- Jon Rich
- Brenda Martel
- Chris Emond
- Dave Smith
- Curt Cook
- Tony Felch
- Mike Baron
- Wendy Mills
- Ron Judd

A special Thank You to everyone that helped run the event!



2019 Tilton Northfield Rotary Book Award

The Tilton Northfield Rotary Book Award was established to benefit students who reside or have resided in Tilton, Northfield or Sanbornton during grades 9-12 to support their post-secondary education such as technical school or college. Award amounts are based upon scholastic achievement, participation in extracurricular activities and financial need. A total of up to \$15,000 will be awarded this year.

Please go to <http://tnrotary.org> for a copy of the application listed under "Club Files."

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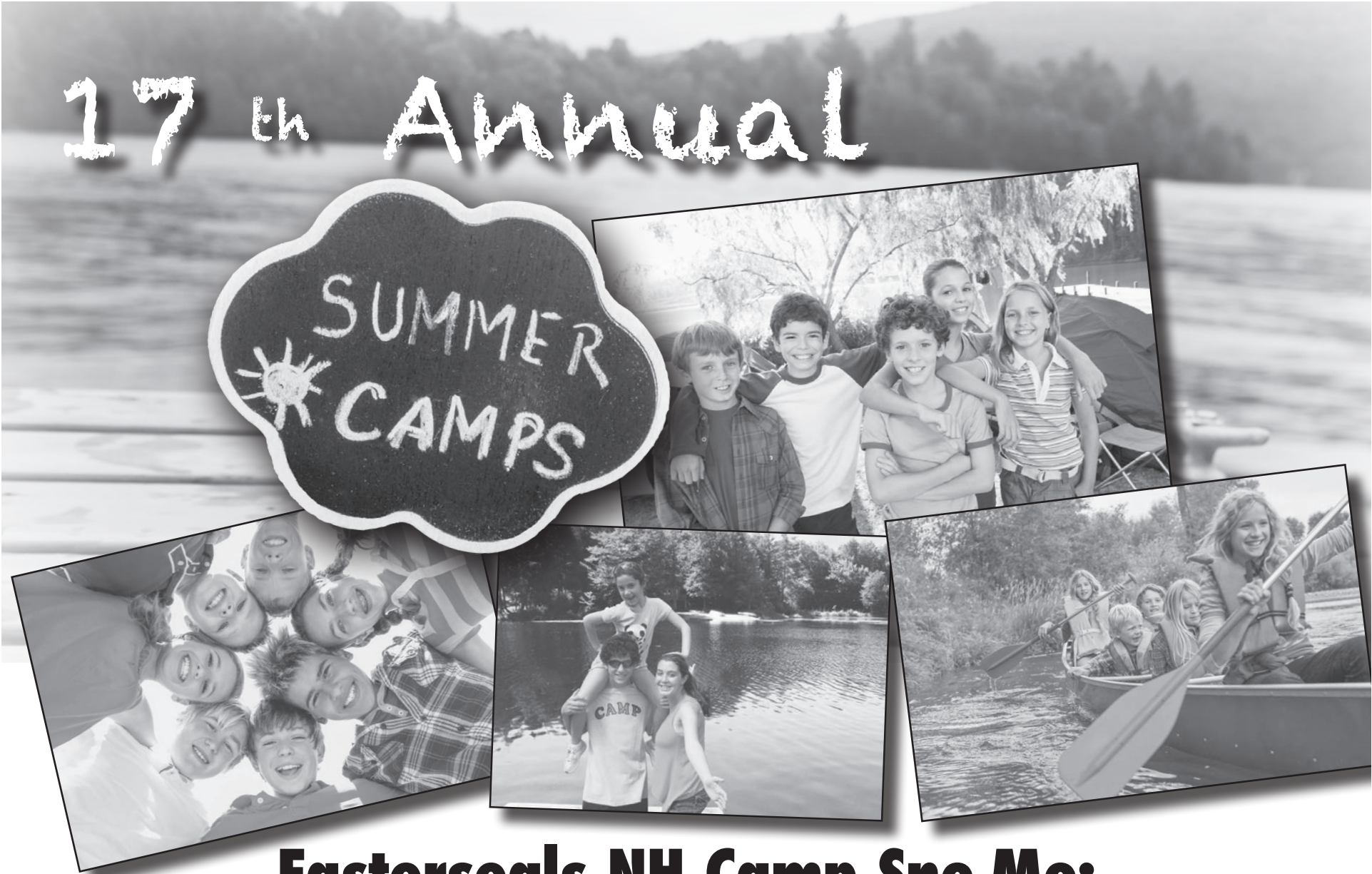
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Cruise On In TO THE CLASSIFIEDS



Easterseals NH Camp Sno-Mo: Unifying Kids of All Abilities at Summer Camp

Easterseals Camp Sno-Mo, located in Gilmanton Iron Works, NH, has served campers, ages 11-21, with special needs at a residential camp since the early 1970s. Over the course of a fun-filled summer, our campers are joined by 500-600 Boy Scouts on the space we share at Hidden Valley Campground. The co-location of these two programs provides the opportunity for an atmosphere of acceptance, diversity, and education for all.

Children of all abilities love and thrive during a summer camp experience. Summer camp allows for time away from home, meeting new people, creating lasting friendships, sleeping under the stars, and the endless opportunities to try something new! For some children this can be a challenge. Children with special needs are not always



able to attend camp because their unique needs make it difficult. However, at Easterseals Camp Sno-Mo, campers with special needs are able to have a truly amazing experience is a

safe, adaptive, and caring environment.

Additionally, our campers participate in activities offered by the Boy Scouts. These activities are those you



will find at many traditional summer camp programs throughout the country and include aquatics (swimming and boating), riflery, archery, hiking, ecology, first aid, high and low ropes courses with a zip line, camp crafts, and more.

Sno-Mo Campers participate alongside Scout campers to complete requirements to earn their badges. They form friendships and memories while working together. This partnership allows our

campers to enjoy a traditional camping experience where the possibilities are endless.


Our caring staff receive extensive training on therapeutic crisis intervention, medical/water safety and first aid/CPR ensuring our campers enjoy a safe and meaningful camp experience. Sno-Mo staff hail from many countries and bring their culture and experiences with them. By providing a safe environment, we enable our campers to challenge themselves to learn and grow, develop confidence, and discover how much they can achieve.

A perfect example of this is embodied in Alex's story. Alex is a long-time Sno-Mo

camper who uses a wheelchair and walks with a crutch. He is also living proof that you are only limited by the limits you place on yourself.


Once summer Alex has a conversation with his one-on-one camp staff Jessica. Alex had indicated that he wanted to hike Mt. Shannon while at camp. Given his mobility limitations, we knew this would require some creative thinking but brainstormed the possibilities because Alex was adamant about doing the hike with his crutches! Mt. Shannon is 1,400 feet above sea level and, at certain points, can be a little tricky to navigate especially near the summit.

After much discussion
More on page 2



Camp Sno-Mo | Gilmanton Iron Works, NH

Outdoor adventures at our co-ed residential facility for campers with disabilities or special needs ages 11 to 21.



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For more info: easterseals.com/nh
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Waterville Valley Recreation Dept.

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July 15 - 26
July 29 - August 8 For 13-16 year olds

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sion, we determined that if we could come up with a plan that would allow Alex to safely do this then we would make this dream come true. Within a matter of hours, we devised a well-thought-out and concise plan for Alex to tackle the climb.

Not only did Alex climb up and down Mt. Shannon unaided, he has repeated the feat each summer thereafter with staff nearby for support. When we recognized Alex's accomplishment at the dining hall during our next meal, his fellow Camp Sno-Mo and Boy Scout campers, gave Alex a very well deserved

standing ovation. It was one of those moments in time where you remember where you were when it happened. It was simply inspirational.

Since our beginning, Camp Sno-Mo has been a special place where our campers have achieved countless accomplishments and milestones. The level of character, dedication, and potential we see in our campers is unmeasurable. Gone are the days where people would say "are you sure he or she should be doing that?" Instead we would rather the individuality of our campers define

who they are instead of limiting what they can do. Why put a limit on it? As we have seen on many occasions, if a Sno-Mo camper feels they want to try an activity that has been out of their reach, we will find a way to

make it happen! We believe the only disability is a bad attitude!

For more information about Easterseals NH Camp Sno-Mo, please contact Camp Director Robert Kelly at rkelly@eastersealsnh.org.

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Check us out on Facebook <https://www.facebook.com/LWSA.School/>

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MOULTONBOROUGH RECREATION DEPARTMENT
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Intermediate/Advanced: 5:30-7:00pm



Youth Tennis Camp
\$55 Residents \$60 Non-Res
(per session)

Session 1: July 8, 10, 12

Session 2: July 22, 24, 26

Beginners: 8:00-10:00am

Intermediate/Advanced: 10:00-am-12:00pm

Adult Clinics & Lessons

\$15 Residents \$20 Non-Res

Intro to Tennis Clinic: July 8: 6-7:30pm

Hone Your Skills Clinic: July 22: 6-7:30pm

Adult lessons are available upon request
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Tennis Camps & Clinics are weather permitting and take place at Kraine Meadow Park on Playground Drive, Moultonborough. Classes are limited, so contact our office & sign up early!

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A night of comedy at Pitman’s

LACONIA — On Friday, April 5, at 8 p.m., Pitman’s Freight Room, located on New Salem Street in Laconia, presents a night of comedy with Kenny Rogerson

and Paul Keenan. Ken Rogerson, the funniest man you’ve never heard of, started his comedy career working the Chicago club circuit and at the famed Second

City. Ken moved east and became part of the exploding Boston comedy scene of the 1980’s, where he honed his standup act to a fine edge “...sharp enough to cut the head

off a rabbit at 30 yards.” Kenny is a favorite in clubs, theaters and on the large and small screen. You may have seen him as “Kevin the Biker Fireman”

on FX’s hit show “Rescue Me” starring Denis Leary. He has also made numerous other television appearances on such shows as NBC’s “Late night with Conan O’Brien,” “The Late Show with David Letterman,” “Comics Come Home” for Comedy Central and Showtime’s “A Pair of Jokes,” just to name a few. The Boston Herald proclaimed, “He makes the absurd seem logical” and Las Vegas Magazine wrote, “As far as pure stand-up goes, it doesn’t get any better than Rogerson.” Michael Blowen of the Boston Globe raved, “He is fall down on the floor funny! A writer, sketch player, actor and comedian, Rogerson wrote and starred in comedy film pieces on Fox Television Network’s “Sunday Comics” and has made film appearances in “Fever Pitch” and “There’s Something

About Mary.” Paul Keenan is best described as a 12 year old boy trapped in an six foot, four inch adult body. He has become a regular performer in the talent-rich Boston comedy scene. Crowds can’t help but be drawn in by his All-American looks and childlike charm as he shares his bizarre and sometimes twisted thoughts. Steven Wright said of Keenan, “Hilarious.” He was the winner of the first annual Plymouth Rock Comedy Festival in 2010 and has also been a finalist in the Magners Comedy Festival, Sierra Mist Comedy Search (Boston), HBO Standup Standoff, Catch a New Rising Star contest, and the Rhode Island Comedy Festival. He was also a semi finalist in the Great Canadian Laugh Off international comedy competition, and he appeared in the Boston Comedy Festival.

GREENHOUSE

CONTINUED FROM PAGE A1

their designs for raised (plant) beds along one side of the greenhouse,” Winslow said. “What they finally decided on was a zigzag construction that allowed easy access to the beds with a reach of no more than two-feet from each side.”

Using math and business skills, the students also figured out the financial budget to operate the greenhouse with costs for loam, seeds and lumber for the beds included.

“This all started as not only a science project, but a hypothetical business model for the students to address, and they’ve done a great job,” said Winslow.

When the greenhouse and half of its interior design was completed, students sowed their seeds, which included hardy, cold weather greens such as spinach, mizuna, mache and arugula.

“Greens grow sweet in the winter, and these blend really nice for a winter salad, which is why we selected them for this year,” Winslow explained.

Once planted, students then began monitoring the plants’ growth patterns through measurements and frac-

tions. Once their plants matured, students found there is another delicious benefit to growing vegetables; they recently harvested their first crops, which were enjoyed as part of their school lunch last month. Their next harvest of salad greens will be shared with Winnisquam Middle School students.

“I like the fact that we got to eat the vegetables we’ve grown all winter,” said fifth grade student Shiloh Piovano.

Classmate Abby Ruggles agreed, adding, “I like that we’ve grown our own food and achieved the goal of growing things that were edible.”

Caidyn Carter, another fifth grade student at Southwick, was one of several who partnered up to submit designs for the interior layout of the greenhouse. She said creating structural designs was something she has done with her dad in the past and she was pleased her team’s design was chosen for the new greenhouse.

“I thought about something I did a long time ago with my dad and came up with the idea for the zigzag beds,” she said. “I think this is cool. It’s very interesting that we get to grow our own vegetables here at school.”

The project doesn’t end there, however. Winslow said they are still looking to add more seedbeds to the other side of the greenhouse, along with an aquaponic tank.

“The aquaponic tank will include fish that will help provide nutrients to the plants we grow,” Winslow said. “It’s a model ecosystem that will be good for the students to observe through a more sustainable environment.”

Another business model Winslow has presented to the students at Southwick this year is the germination of Echinacea and lavender seeds that were planted to be ready in time for Mother’s Day. After starting the seeds under grow lights in his science class, students have made regular measurements of their plants’ growth, checked soil temperatures, hydration of the soil, and heat levels. As the plants continue to grow, plans are now underway for students to make their own clay pots for the flowering plants in their art classes.

“While the kids think it’s cool to grow these plants, they also realize there are people out there who do this for a living,” said Winslow. Keeping that in mind,

the students were once again required to address this as any businessman would. They are asked to consider the cost for the seeds they selected and decide on a price they might sell the mature plants for, taking the price of loam, containers and other factors into consideration. Once again, it’s an overall project, Winslow pointed out, that includes science, math, business and art, but in the end, this will include family when they take the plants home.

In Winslow’s classroom right now, the students are also excited as they watch the growth of baby fish they are raising through the Trout in the Classroom project. Those fish will be released into nearby waters once they’ve reached their desired growth.

As Winslow continues his quest to introduce students to the wonders and excitement found in joining agriculture, science, business, art and math together, there are other fun and educational projects already being lined up for students in the future.

“There’s a lot of cool stuff going on here at Southwick School right now, and I’m just so glad to be a part of it,” said Winslow.

Musician Bob Rutherford at Taylor April 10

LACONIA — Always popular and always fun, Bob Rutherford’s passion is songwriting. Each one of his compositions is a musical diary of a specific time in his life. Subject matters are about from love, successes, failures, opinions and philosophical evaluations.

Bob will join us for another entertaining engagement, Wednesday, April 10 at 6:30 p.m. in Taylor Community’s Woodside Building. This free event is open to the public.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

TROPHY

CONTINUED FROM PAGE A1

it was placed on a table that had a mock-up of the Fenway Park scoreboard behind it. One by one or in small groups, the residents were invited to get a close look at the sparkling trophy as staff members took their photo. No one needed to prompt them to smile.

“It’s been a great day. Everyone’s so excited to have the trophy here; even the staff dressed up in Red Sox gear to-

day,” an NHVH representative said.

Tony Nigro was one very excited resident that day, waving a foam #1 finger as he greeted everyone at the facility’s Town Hall.

Nigro is a 97-year-old WWII Army veteran who served two years as a gunner before he himself was shot in the leg. When he recovered from his injuries he returned home to Boston where he drove a cab for several years. In the course of his job he said he frequently drove fans to Fenway Park for

a game, and once even had a member of the Red Sox team in his cab.

“That was exciting! I waved him over and he got in the cab and we went for a ride,” he recalled. “He tipped me \$10 and that was like a million bucks back in those days.”

After waiting more than eight decades to see the Red Sox win a World Series Championship, he said he’s been excited to see them bring home the trophy four times now. Last week, however, was the first time he had ever

seen the actual trophy. Hearing his story, the team’s ambassador sat it on his lap for a quick photo and it brought the veteran to tears.

“I love it. I just love it. I can’t believe this,” Nigro said.

Late each summer several residents of NHVH take a trip to Fenway Park to watch a game in person. Nigro said he certainly hopes he’s one of them this year as his favorite team battles for a rare back-to-back championship season.

HAPPENINGS

CONTINUED FROM PAGE A2

“The Library Lost and Found: A Novel” by Phaedra Patrick “The American

Agent” by Jaqueline Winspear

“Professor Chandra Follows His Bliss: A Novel” by Fajeev Balasubramanvam

SCAM

CONTINUED FROM PAGE A1

Belmont Police said they contacted Father Marc in regard to these emails and were assured that neither he nor his church are seeking email solicitations from their parishioners or

anyone else in the community.

“People are very kind at heart and we want to make sure if you donate to a worthy charity that you do so using their (postal) address or drop off the donation directly to the organization,” the police said.

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Edward Jones: Financial Focus

Time for Some Financial Spring Cleaning

Spring is here – and for many of us, that means it’s time for some spring cleaning. This year, in addition to tidying up your home, why not try brightening your financial environment? Some of the same moves you make to clean your surroundings may apply to your finances. Consider these suggestions:

Get rid of clutter. When you go through your closets, attic, basement or other areas, you may find many items you no longer need. You might be able to sell some of these things or find other ways of disposing of them. And as

you review your portfolio, you might also encounter “clutter” in the form of investments that may be redundant to others you own. If so, you might consider selling these investments and using the proceeds to purchase new ones, which may help you broaden your portfolio.

Protect yourself from hazards. As you go about your spring cleaning, you may well encounter hazardous substances, such as cleaning agents, paints, batteries, pesticides and so on, which you don’t need anymore and which may pose potential

health risks. You can reduce the possible danger from these materials by recycling or disposing of them in an environmentally safe way. Your overall financial situation has hazards, too, in the form of illness or injury preventing you from working, or, in your later years, the need for some type of long-term care, such as an extended stay in a nursing home. To protect yourself, you may need appropriate insurance, including disability and long-term care.

Find new uses for existing possessions. When you are

sprucing up your home, you may rediscover uses for things you already have. Who knows – perhaps that treadmill that’s been gathering dust in your garage could actually be employed again as part of your rededicated exercise regimen. And you might be able to get more mileage out of some of your existing investments, too. Suppose, for instance, that some of your stocks are paying you dividends, which you take as cash. If you don’t really need this income to support your lifestyle, you might consider reinvesting the dividends so that you can

own more shares of the dividend-paying stocks. Over the long run, increased share ownership is a key to helping build your portfolio.

Establish new habits. Spring cleaning doesn’t have to be just about physical activities – it can also involve a new set of habits on your part. For example, instead of placing your unread magazines in an ever-expanding pile, try to read and recycle them quickly. You can also develop some positive habits as an investor, such as “paying yourself first” by regularly putting some money in an investment

account each month, even before paying all your bills. You can also avoid some bad habits, such as overreacting to market downturns by selling investments to “cut your losses,” even though those same investments may still have strong growth potential and may still be suitable for your needs. Doing some spring cleaning can make you feel better about your living space today. And applying some of these techniques to your financial situation can help you gain a more positive outlook for tomorrow.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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PHOTOS BY ERIN PLUMMER
Michael and Melissa Dolpies of Twelve 31 Catering in Tilton served their food at Taste of the Lakes Region for the first time.



PHOTOS BY ERIN PLUMMER
Scott Ouellette of Canoe stirs up some macaroni and cheese.



PHOTOS BY ERIN PLUMMER
Tracey Sopinsky and Rick Morten of Patrick's Pub and Eatery with their power salad at Taste of the Lakes Region.

Guests sample a "Taste" of the region's best

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — Visitors could sample from restaurants across the region and contribute to a good cause at the 29th annual Taste of the Lakes Region.

On Sunday, restaurants from across the Lakes Region set up at Church Landing in Meredith to give out samples of their dishes to ticketholders. Taste of the Lakes Region is a major fundraiser for Laconia Altrusa with all proceeds going back into the Lakes Region community.

Restaurants are asked to come to the event in the late winter.

"The restaurants ate great about donating their time," said Sue Clauson, vice president of Laconia Altrusa.

Laconia Altrusa president Carla Peterson said one thing they have heard from the restaurants is they like how this goes to a worthy cause.

"A new restaurant could get their name out to a large number of people," Clauson said.

Peterson said as this time of year is Mud Season, this is a good way to get people out of the house for a worthy cause. She said for their 30th year next year she hopes the event will be "bigger and better."

Bar Manager Tracey Sopinsky and Kitchen Manager Rick Morten of

Patrick's Pub and Eatery of Gilford served a "Power Salad" with ingredients like quinoa pilaf, cucumbers, red peppers, red cabbage, and a soy vinaigrette.

Patrick's has been taking part in Taste of the Lakes Region for many years.

"This is a fun event, this is a nice little room to have it in too," Morten said.

Morten said this was a good way to promote Patrick's tikki bar.

Canoe of Center Harbor served house made mac and cheese with Rubbin' Butts kielbasa.

Canoe co-owner Scott Ouellette said Canoe has been part of Taste of the Lakes Region for around 15 to 16 years.

"It's always a fun time; it's good to see all the locals come out and support it," Ouellette said.

He said they will see people come back to their table two or three times.

New at Taste of the Lakes Region this year was Twelve 31 Events of Tilton, serving pizza dip and seafood chowder. The catering company run by the husband and wife team of Michael and Melissa Dolpies opened in May of 2018. They said they had heard of Taste of the Lakes Region and after emailing the organizers they had a spot in the event.

Michael said they ran

out of all their seafood chowder by the end and had some of the pizza dip left.

"I always think getting people to taste the

food is a good way for people who don't know a lot about you to see you," Michelle said.

Caregiver Survival Tips offered at Franklin VNA

FRANKLIN – It can be scary. Frustrating. Isolating. Your loved one has changed. It may be your spouse, a parent or a sibling. Perhaps it started out with some personality changes, suddenly they didn't seem like the same person that you've always known. Maybe you were getting repeats of stories or questions, or your loved one starting to lose things that don't normally get lost. Difficulty getting to places that you know he or she knew how to get to. It could be missed doctor's appointments or bills left unpaid, but suddenly the competent, responsible adult that you once knew is a different person. A person who might be angry that you're trying to get involved. When you finally hear the diagnosis of dementia, it's

almost a relief, because now you have a name for the scary spiral that your loved one's life has taken. But with that diagnosis, comes a whole series of new questions, especially, "What are we going to do now?"

In New Hampshire alone, there are thousands of adults living on either side of that scenario every day. For those caregivers of people with Dementia, it can be a confusing and lonely road where stresses take tolls on the health of those caregivers, and caregiving comes with huge financial impacts. Franklin VNA & Hospice in partnership with Peabody home is running a series of workshops for caregivers of people with Dementia. Led by Cheryl Barnes, Certified Alzheimer's Disease and Dementia

Care Trainer, Certified Dementia Practitioner, and RN, the series of six sessions will cover everything from how to address problems with self-care in the early stages of dementia, to the very significant physical changes that can occur with advanced dementia. The group will also bring together those caregivers who are usually so isolated from each other.

Barnes says, "There are other people going through what you are going through. There are ways that this can get better."

The sessions are free but do require pre-registration. To register, call 934-3454.

When asked why they chose to host this series of sessions, Tabitha Dowd, Executive Director for Franklin VNA & Hospice said,



Belknap County Republicans meet Wednesday

LACONIA — The Belknap County Republican Committee (BCRC) is holding their next monthly meeting on Wednesday, April 10, at 6:30 p.m. at the Laconia VFW, 143 Court St., Laconia.

Stephen Stepanek, the recently elected Chairman of the New Hampshire Republican State Committee, will be the guest speaker at the meeting. Chairman Stepanek will discuss his strategic plan for the 2020 election with the goal of winning back majorities in the New Hampshire House, Senate, and Executive Council, as well as re-electing Governor Sununu and President Trump. He will also be discussing his expectations of the members of the Belknap Committee in order to achieve the objectives of the State Committee.

Last month a number of new visitors/

prospective members attended the BCRC meeting, so members of the Committee are again encouraged to bring a friend (or two!) to this month's meeting with the goal of increasing their membership with people from all age groups, and in particular young Republicans from 18-40 years of age.

Belknap County GOP meetings are open to all Republicans and like-minded Independents. The Committee suggests that you arrive as early as 5:30 p.m. to socialize with other members.

The Committee encourages its members to continue to bring non-perishable food items for donation to local food pantries.

For more information about the Committee, please check the Committee's website at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.

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LWSA offers after school sailing program

GILFORD — Local youths, with or without prior sailing experience, will have the opportunity this Spring to experience the joy and challenges of sailing in a local after-school program.

Offered by the Lake Winnepesaukee Sailing Association (LWSA), these classes will focus on the basics of sailing, wind, boat handling and safety. Classes are taught by nationally certified instructors in Optimist dinghies, 420 collegiate boats and Open Bic sailing dinghies. Each session will incorporate on-land instruction along with hands-on water skills development.

Youths of all abilities, ages eight to 16, are welcome, from beginners to experienced sailors, and will be grouped by age and ability. This pro-



COURTESY

Local youths, with or without prior sailing experience, will have the opportunity this Spring to experience the joy and challenges of sailing in a local after-school program.

gram is offered at a discounted rate of \$99 per person. Financial assistance is available; please inquire in confidence at sailing-school@lwsa.org. Nobody will be turned away because of inability to pay!

Session One:
May 28, 29, June 3, 5
4 - 7 p.m.

Session Two:
June 10, 12, 17, 19
4 - 7 p.m.

Location: Dave Adams Memorial Sailing Center, 25 Davis Rd., Gilford
Tuition: \$99 per stu-

dent
Info: Click www.lwsa.org/afterschool-sailing or email sailing-school@lwsa.org with all your questions.

There will be a swim test the first day. Life jackets are required - the fitted vest style. Please let us know if you need to borrow one for the program. Advanced registration is required. Registration will open April 1 at www.lwsa.org.

The Lake Winnepesaukee Sailing Association, a 501.c3 nonprofit, was founded in 1988 to promote sailing on Lake Winnepesaukee. The

primary purpose of the association is to operate a youth sailing school in Gilford, NH. We also promote organized sailboat racing and cruising on the lake, including a one-design J/80 racing fleet. Our mission is to promote and expand participation in the sport of sailing and in doing so to remove barriers of knowledge, financial means, disability and age. In carrying out our mission we pledge to foster safety, self-confidence, teamwork, honesty, positive sporting values, and an appreciation for our environment.



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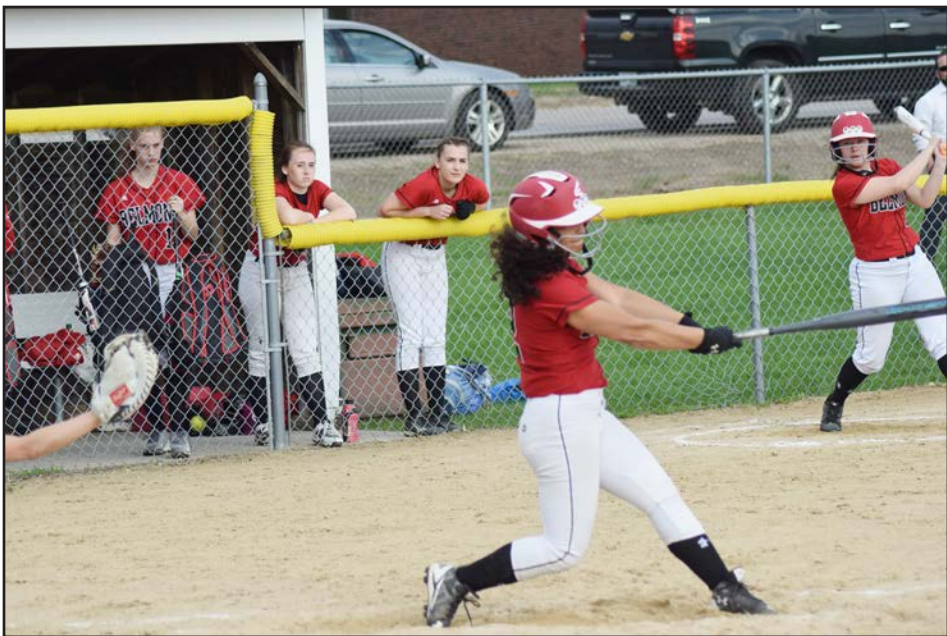
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BOB MARTIN
Julianna Estremera will be the anchor at shortstop for the Red Raiders. She is coming off a first team All-State season where she batted .460.



BOB MARTIN
Kelley Allen tracks down a fly ball for the Red raiders.

Raiders looking for return trip to championship

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT – The Belmont girls’ softball team is coming off a season where the Red Raiders went 15-4 and took it all the way to the finals before losing to to White Mountains. The team brings back a well-rounded team and coach Bill Clary hopes the Red Raiders can get back to the championship game, and this time come away with a win.

“We can’t forget that feeling from last

year and it’s all good,” said Clary. “We want it again, and the girls want this to continue for years to come.”

The team, like most others in high school, will have some holes to fill due to graduation. The biggest hole is at catcher due to first team All-Stater Jordan Sargent graduating. Last year Sargent, who was originally at second base, filled in for Jordyn Lavallee in the catcher role after she went down with a knee injury early

in the season. The transition was seamless, and Sargent ended up being one of the top catchers in the division while also batting a team high .490.

Losing her bat and field awareness won’t be easy, but Becca Fleming and Noel Murphy will be competing for time behind the dish.

“Filling the hole behind the plate will be the most difficult,” Clary said.

Julianna Estremera made first team All-State last year and batted .460.

She was outstanding in the pitcher’s circle and at shortstop, and is expected to be one of the top players in the Division 3 in her senior year. She will be anchoring the infield at shortstop this season.

Clary said Lizzie Fleming could see playing time all over the field, both in the outfield and infield, as she is “a strong athlete with versatility.”

Second team All-Stater Makenzie Donovan hit .300 last year

and was a solid player for the Red Raiders. She and Chantel Martin will return to the outfield but could also be called upon to fill other roles.

Sophomores Raven Gates and Kara Stephens will be returning to the infield this season, as well.

Morgan Hall and Kelley Allen will be the starting pitchers after coming off strong freshmen seasons. New to the team is Savannah Perkins, a freshman, and Paige Irving, a junior.

Both will be seeing playing time, with Perkins getting some innings on the mound.

“We are looking to our sophomore pitchers to carry the load and make the jump to varsity pitching level,” Clary said.

Last year was the first time the Red Raiders made the state finals, and it was the first time since 1992 the team made it as far as the semifinal game. The team beat odds, as they battled

SEE **SOFTBALL**, PAGE B3



BOB MARTIN
Michael Allard winds and fires a pitch for the Bears last season. Allard, now a junior, could be in for a great season on the mound and at the plate.



BOB MARTIN
Jack Beaulieu is coming off a break out sophomore season and is expected to be a huge part of the offense and pitching this season for Winnisquam.

Bears looking to pick up the offense this year

BY BOB MARTIN
Bob@Salmonpress.news

TILTON – Last year the Winnisquam baseball team struggled to hit the ball, but snuck its way into the post-season where the Bears lost to Division 3 champion White Mountains in the first round. Coach Fred Caruso hopes this season the Bears can put up some runs on the scoreboard and get back to the state tournament.

“We struggled hitting the ball,” said Caruso. “We had three starters hit under .180 for the season. We’re hoping to do better at the plate and be in the mix come tournament time. We play a tough schedule. We’ll have to come to play every inning, every pitch, to be successful.”

The Bears certainly have some holes to fill this season. The team graduated its starting

catcher, first baseman, second baseman, left fielder and right fielder. However, Caruso likes the players that are ready to step in and show what they’ve got.

“Garret Mango will be on the mound and also playing infield, mainly at second base. Caruso described him as a “very good athlete, hits the ball hard and has looked good on the mound.”

Dante Gentile is coming back from a broken hand, which came in the first game of last spring. He was only at bat once and Caruso is excited for what he can bring.

Addam Dunham, Hunter Finemore and Sam Wood will be vying for spots in the outfield. Senior Evan Judkins hasn’t been on a diamond since middle school, but he will be seeing some time at first base. Ryan

Partridge should add some firepower to the batting order and Patrick Welch, while new to the game, has impressed Caruso with his hard work.

Some returning players that Caruso said believes could have big seasons and help the team to some wins are second team All-Stater Jack Beaulieu and Michael Allard, who made third team All-State. Both players were sophomores who did well at the plate, in the field and on the mound. This year, in their junior seasons, they are the team’s captains.

Beaulieu played a number of positions for the Bears last year, but mostly was at third base and on the mound. He also saw some time as shortstop and volunteered to catch when needed. A highlight last year for him was when

he threw a one-hitter with 10 strikeouts in the regular season finale against Franklin, which sent the Bears to the playoffs.

At the plate Beaulieu led the team in a number of categories including a .346 batting average, .463 on base percentage, 18 hits, three doubles and plate appearances with 67. He was tied for second with nine runs. On the mound he was 3-1 with a 4.30 ERA and 35 strikeouts in 26 innings.

Allard had a nice sophomore season and showed off a smooth swing that launched a couple of big home runs. Last year Caruso said he felt Allard was on the cusp of greatness, and felt he could be one of the best power hitters in the division. He led the Bears with extra-base-hits and played solid de-

fense in center field and first base.

Allard had a .292 batting average, good for second, with a team high two homers, three triples, nine RBIs and 11 runs. He was second in on base percentage with .453. Allard also pitched well with a 2.93 ERA in 14 innings, although his record was 0-2.

Caruso said sophomore Phil Nichols and senior Andrew McKinnon are other players to look out for, who could be vital on the pitcher’s mound. They will also be utilized all throughout the infield.

The Bears are looking forward to having a schedule with Lakes Region teams that Winnisquam didn’t face the past two years.

SEE **BASEBALL**, PAGE B3

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After-school sailing program offered in Gilford

GILFORD — Local youths, with or without prior sailing experience, will have the opportunity this Spring to experience the joy and challenges of sailing in a local after-school program.

Offered by the Lake Winnepesaukee Sailing Association (LWSA), these classes will focus on the basics of sailing, wind, boat handling and safety. Classes are taught by nationally certified instructors in Optimist dinghies, 420 collegiate boats and Open Bic sailing dinghies. Each session will incorporate on-land instruction along with hands-on water skills development.

Youths of all abilities, ages 8 – 16, are welcome, from beginners to experienced sailors, and will be grouped by age and ability. This program is offered at a discounted rate of \$99 per person. Financial assistance is available, please inquire in confidence at

sailing-school@lwsa.org. Nobody will be turned away because of inability to pay.

Session one is May 28, 29, June 3 and 5, 4 to 7 p.m. Session two is June 10, 12, 17 and 19, 4 to 7 p.m. at the Dave Adams Memorial Sailing Center, 25 Davis Road, Gilford. Visit www.lwsa.org/afterschool-sailing or e-mail sailing-school@lwsa.org with all your questions.

There will be a swim test the first day. Life jackets are required, the fitted vest style. Please let them know if you need to borrow one for the program. Advanced registration is required. Registration opened April 1 at www.lwsa.org.

The Lake Winnepesaukee Sailing Association, a 501c3 non-profit, was founded in 1988 to promote sailing on Lake Winnepesaukee. The primary purpose of the association is to operate a youth sailing school in



COURTESY PHOTO

Youth sailing programs are offered in Gilford starting in May.

Pancake breakfast in Gilford on Saturday

GILFORD—The Belknap County Sportsmen’s Association will be hosting a pancake breakfast Saturday, April 6, 8 to 11 a.m. to honor its late director Melanie Himmer. Himmer was a very active director and was focused on women having the opportunity to learn

outdoor survival, hunting and fishing skills as taught by New Hampshire Fish and Game in their BOW (Becoming an Outdoor Women) program.

Pancakes, blueberry, plain, or chocolate chip, bacon, sausage, orange juice, and coffee with

real New Hampshire Maple Syrup all for \$5 per person, all you can eat.

All proceeds will be donated to the Belknap County Sportsmen’s Charitable Fund in Himmer’s name. Please plan on attending and bring your family and friends.

Gilford. They also promote organized sailboat racing and cruising on the lake, including a one-design J/80 racing fleet. The mission is to promote and expand par-

ticipation in the sport of sailing and in doing so to remove barriers of knowledge, financial means, disability and age. In carrying out their mission we pledge to

foster safety, self-confidence, teamwork, honesty, positive sporting values, and an appreciation for the environment.

Graduate students to address Trout Unlimited April 16

PLYMOUTH — Jared Lamy and Josh Hoekwa-

ter are graduate students continuing the brook

trout research in the Beebe River watershed. They will present results on the brook trout movement in the previously disconnected tributaries of the Beebe River. This presentation will summarize the collaborative effort of Pemigewasset Chapter of Trout Unlimited, NHFG, and Plymouth State University from 2016-2018.

The Pemigewasset Chapter of Trout Unlimited will meet April 16, 7 p.m. at the Common Man Inn in Plymouth. Come early and meet the speakers and fellow anglers. There will be a raffle supporting sending a lucky boy or girl to the Barry Fishing Camp. Meetings are free and open to the public. Members are invited to sit in at the board of directors meeting starting at 5 p.m.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America’s cold-water fisheries and their watersheds. Visit www.pemigewasset.tu.org and like the group on Facebook.



COURTESY PHOTO

Champs again

The team of Eileen Neal, Shirley Alessandrini, Denise Cogswell and Sue Bennett, collectively the Wolf Pack, became the first group to win three Lakes Region Curling Association seasonal championships when they took top spot in the winter 2019 season. The team also won the winter 2016 and fall 2018 seasons. With the winter season, the LRCA completed its fourth full year of play at Pop Whalen Ice Arena. This year the organization saw its largest enrollment ever. Registration for the fall 2019 season, which begins in early October, will start in late summer.

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Belmont High School hands out winter awards

BELMONT — Belmont High School presented winter sports awards.

Coach's Award
Varsity boys' basketball: Cam Magerer
Varsity girls' basketball: Katie Galambos
Varsity ice hockey: Dylan Flannery

Varsity boys' indoor track: Joseph Spinale
Varsity girls' indoor track: Gabby Day
Varsity unified basketball: Josh Gardiner
Varsity boys' alpine skiing: Jake Deware
JV boys's basketball: Seth Rupp
JV girls' basketball

Kaitlyn Bryant
Sportsmanship Award
Varsity boys' basketball: Matt Thurber
Varsity girls' basketball: Emma Roberts
Varsity hockey: Will Robarge
Varsity indoor track: Micah Edgren

Varsity girls' indoor track: Alice Riley
Varsity girls' alpine skiing: Katie Gagnon
Varsity unified basketball: Austin Didsbury and Maddy Gonyea
Red Raider Award Nominees
Varsity boys' basketball: Griffin Embree

(winner)
Varsity girls' basketball: Julianna Estrem-era (winner)
Varsity hockey: Hayden Parent
Varsity boys' indoor track: Zack Duclos
Varsity girls' indoor track: Skylar Ruelke
Varsity Nordic skiing:

Zach Ennis
Varsity boys' alpine skiing: Nolan Gagnon
Varsity girls' alpine skiing: Rebecca Camire
Varsity unified basketball: Rosemarie Newell and Keegan Donovan



Kevin Caruso enters his 13th year as the head coach for the Winnisquam Bears. Here he is shown waving a runner around second in a game against White Mountains last season.



Makenzie Donovan was a second team All-Stater last season and is expected to be a big part of the Red Raiders again this spring.



Phil Nichols winds and fires for the Bears. He enters his sophomore year and hopes to continue his strong pitching for Winnisquam.

BASEBALL

Continued from page B1

This includes Belmont, Inter-Lakes and Newfound. The Newfound game is scheduled to be at Manchester's Northeast Delta Dental Stadium on May 17. Caruso also eyed the challenging aspects of playing teams like Gilford, Laconia and Franklin. Winnisquam kicks off the regular season on the road against Gilford on April 10 for a 4 p.m. first pitch. The first home game for the Bears is on April 12 at 4 p.m.

SOFTBALL

Continued from page B1

through the playoffs as the number seven seed. Clary said the team is looking forward to a rematch with champion White Mountains, which comes at the end of the season at home on May 17.

"I think we will play well against them and it is a way for you to judge yourself against the best," said Clary.

The Red Raiders start their quest toward an elusive title on April 8 at Bishop Brady for a 4 p.m. game. The first home game is April 10 against Fall Mountain with first pitch at 4 p.m.

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ALTON // Two-plus Bedroom contemporary w/hardwood floors, cherry cabinets, three floors of living w/lake views & sunlight from every room. Located in Peggy's Cove, w/both a sandy beach & boat docking privileges. \$669,000 (4739874) Call 569-3128	MEREDITH // Quality NEW CONSTRUCTION ranch with walk out lower level in desirable Clover Ridge. Open concept, 3BR, 2.5BA, modern amenities for today's lifestyle of convenience. \$549,000 (4735413) Call 253-9360	MOULTONBOROUGH // Beautiful 3-BR home located in low tax Moultonborough. Open-concept 1st-floor LR/DR & kitchen w/gleaming HW flrs, 1st-flr Mstr. en suite, walkout to backyard deck & covered front porch. Quality built, well priced. \$379,900 (4733309) Call 569-3128	ALTON // Antique Post & Beam Colonial on 27 acres. 3 bedrooms, 2 bathrooms, 4 fireplaces, pine floors, exposed beams. Cathedral Great room. Oversize garage. Perennial gardens. Private pond and several brooks. \$375,000 (4686681) Call 875-3128
ALTON // COME LIVE AND WORK IN THE LAKES REGION! Residential/ commercially zoned & next door to Cathedral Great room. Oversize garage. HannaFord's and on busy Rte 28. Great visibility and opportunity for many uses. \$289,900 (4710625) Call 875-3128	ALTON // Two-plus Bedroom contemporary w/hardwood floors, cherry cabinets, three floors of living w/lake views & sunlight from every room. Located in Peggy's Cove, w/both a sandy beach & boat docking privileges. \$669,000 (4739874) Call 569-3128	MEREDITH // Quality NEW CONSTRUCTION ranch with walk out lower level in desirable Clover Ridge. Open concept, 3BR, 2.5BA, modern amenities for today's lifestyle of convenience. \$549,000 (4735413) Call 253-9360	MOULTONBOROUGH // Beautiful 3-BR home located in low tax Moultonborough. Open-concept 1st-floor LR/DR & kitchen w/gleaming HW flrs, 1st-flr Mstr. en suite, walkout to backyard deck & covered front porch. Quality built, well priced. \$379,900 (4733309) Call 569-3128

LAND and ACREAGE

BARNSTEAD // Calling all developers. Approved 8 lot subdivision with potential for further subdivision. All lots with town road frontage and location are rural and easily accessible. \$529,900 (4710622) Call 875-3128	MOULTONBOROUGH // Affordable wooded level lot in the low tax town of Moultonborough. Close to main roads, restaurants, shopping and town beaches yet a nice quiet location off Moultonborough Neck Rd. \$52,000 (4738172) Call 253-9360	GILFORD // Build your mountain home in Gunstock Acres! .92 acre lot abuts "green space". Private beach rights to Lake Winnepesaukee, potential views, minutes to Gunstock for year round recreation. \$46,000 (4701202) Call 253-9360	NEW DURHAM // Nice 1.1 acre building lot. Roughed in driveway, cleared and a dug well on property. \$35,000 (4501857) Call 875-3128
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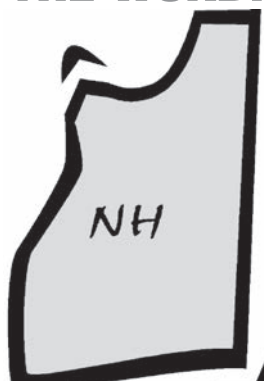
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Meredith, NH -
 This well cared for and updated home with access to Lake Winnisquam is located in a quiet area and features 2 good sized bedrooms, a totally updated bath, an open concept kitchen with new stainless steel appliances and an Italian wood cook stove, and radiant floor heat throughout the home (including in the basement and garage). Shared private beach and boat launch are just down the road and association docks and moorings are by lottery.
MLS # 4741089 | \$279,900



Wolfeboro, NH -
 Timber frame Gambrel on 61 acres. Enjoy views of Wentworth & the Ossipee Mountains. Finished 2nd story living with 1 BR, a den which can be a 2nd BR, loft, 3/4 bath w/walk-in shower, living room, and a gourmet eat-in kitchen. The 1st floor has been prepped & is ready to be finished. The attached garage has plenty of room for your equipment. The 24X24 barn is set up for horses w/dutch doors that open to a fenced paddock with a run-in shed.
MLS # 4741254 | \$395,000

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 Fax: 603-788-5104
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Lancaster, NH

- Cozy Cape, 2 bed, 1 bath
- +/- 924 sq. ft. +/- .44 acres
- Vinyl Siding, Metal Roof
- Wood Stove, Garage

\$74,500 (MLS #4725071)



Landaff, NH

- Wooded Building Lot, +/- 5.9 acres,
- Country Location, Stream at Back
- Open Area, Snowmobile Access
- Easy commute to I93 & Littleton

\$24,900 (MLS# 4728570)



Guildhall, VT

- Executive Colonial, 4 Bed, 4 Bath, +/- 2842 sq. ft.
- Privately sited on +/- 31.3 country acres
- Master en-suite, Hardwood Floors, 3 Decks
- 2 car garage, Mtn View, School Choice

\$298,000 (MLS # 4700971)



Lunenburg, VT

- Contemporary 3 Bed, 3 Bath, +/- 1672 sq. ft.
- +/- .50 acre lot, Bonus Cape House Attached
- Master en-suite, Hardwood Floors, 3 Decks
- 2 car garage, Trail Access, High School Choice

\$169,500 (MLS # 4739609)



Lancaster, NH

- Private Out East Location
- +/- .409 acres, Perc Tested
- Large Frontage on Bunnell Brook
- View of Kilkenny Mountains

\$48,000 (MLS #4634402)



Lancaster, NH

- 1860 Victorian, 4 Bed, 2 Bath,
- +/- 2,473 sq. ft., +/- .49 acres,
- Renovated Kitchen & Baths,
- HW Floors, Farmers Porch, Barn

\$224,900 (MLS #4741744)



Northumberland, NH

- Commercial Bldg, +/- 1,946 sq ft.
- Restaurant Kitchen & Equipment
- Route 3 Frontage, +/- .41 Acres
- Public Water & Sewer, Lg Parking

\$105,000 (MLS #4737504)



Guildhall, Vt

- Post & Beam, +/- 2,182 sq. ft.
- 2 Bedroom, 2 Bath, Woodstove
- +/- 17.5 Acres, Off-Grid
- Privately Sited, Mtn View

\$224,900 (MLS #4726283)





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Sanbornton
17 Church Lane Exit 22
Sanbornton off I-93
April 6 2019 5:00- 7:00pm
Adults \$10 Children \$5
(under 3 free)

Misc. For Sale

MEREDITH - Blue Ridge Hickory Plank Flooring. AA wood backing. 1st grade. 1,050 sq.ft. in original boxes. \$1,900.00. Call 677-6994.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Events/Entertainment

Amateur photographer **Michelle Maurier** of Meredith, NH will have an array of her photos displayed from the second to the twenty-sixth of April. They will be hung on the third floor of the Belknap Mill during regular business hours in Laconia, NH. All photos will be available for sale.

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General Help Wanted

CONSTRUCTION LABORERS NEEDED -
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Experience is not required, but a good work ethic and dependability are. Min age 18, must be willing and able to travel within NH. We offer excellent wages, benefits and advancement opportunities! For more information or to apply (603)536-4154, jobs@rmpiper.com All new hires are required to pass a physical and drug screen. EOE

GSIL - Gentleman in Campton seeking a Personal care attendant for 5 days a week for 4-6 hour shifts. Duties include personal care, showers, exercises, housekeeping and laundry. If interested please contact Ashley at 603-568-4930 or atruong@gsil.org

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From Ice-Out(or as early as April 1st) through the Summer Boat Detailers/Yard Hands
Must have a drivers license
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Located on Lake Winnepesaukee and Rte. 109/ 462 Governor Wentworth Hwy.
Melvin Village
For more information, please call 603-544-3583 or e-mail us at office@melvinvillagemarina.com

Olde Bay Diner
Gearing up for another busy season.
All positions available- dish-washer, assistant and prep cook, experienced waitresses(only please!).
Please stop in for an application Thurs-Mon 7-1:00 or email oldebaydiner2@gmail.com

Wolfeboro bakery is growing!
We're hiring to build a team of talented, positive and achievement-oriented bakers and bakery assistants. Must be responsible, organized, task focused and anxious to learn. Ideal candidates will have commercial baking experience including cake decorating, be able to lift 30 pounds, multi-task and stand all day. Send resume and cover letter including your favorite kind of cookie to jss@metrocast.net.

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OUTPATIENT MENTAL HEALTH CLINICIAN
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White Mountain Mental Health

Must be either a licensed clinician in the State of New Hampshire or a graduate of master's degree program leading to licensure. Recent graduates encouraged to apply. Candidates for LCMHC, LICSW or LADC/MLADC will receive weekly supervision as required for licensure. Dually licensed candidates (LCMHC/LDAC) will find a setting that values both specialties.

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Entry Salary \$40,000 - \$47,500, depending on licensure status and experience.

****White Mountain Mental Health is an approved National Health Service Corps site. Licensed Clinicians may apply for generous loan repayment.****

All positions at NHS require a valid driver's license, proof of adequate auto insurance, and the completion of criminal and background checks. This agency is an Equal Opportunity Employer, and Provider.

Send cover letter and resume to:
Northern Human Services
Attn: Bobbi Lyndes-Langtange
29 Maple Street
PO Box 599
Littleton, NH 03561
Email: blyndes@northernhs.org
Phone: 603-444-5358
Fax: 603-444-0145

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\$140-\$150/week. Call 603-455-2014

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Call 968-3700,
email recreation@holderness-nh.gov or
send resume to P.O. Box 203,
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- Summer Camp Assistant Director
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- Beach Gatekeeper
- Sargent Park Attendant

Janet Breton
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Town of Belmont
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www.belmontnh.org
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Full-time year-round positions open. General experience in lawn maintenance to include but not limited to mowing, trimming, mulching, plantings, spring/fall clean-ups, then snow removal during winter. Must be able to operate general maintenance equipment and vehicles.

All positions require valid driver's license.

603-728-8116 or email 3LakesLandscaping@gmail.com





North Country Home Health & Hospice Agency

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We are currently looking for a full-time, Registered Nurse to join our team.

Must be a graduate of a certified Registered Nurse educational program and hold a valid and current New Hampshire Registered Nurse license. Two to five years med-surg experience required. Advanced degrees and certification a plus. Prior Home Care experience preferred.

We offer a competitive salary and benefit package!

For more information, please contact Jennifer Everleth, Human Resources
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Inspiring and empowering people to reach their full potential

DIRECT CARE COUNSELORS

NFI North is seeking Direct Care Counselors (Relief) for our Transitional Housing Program in Bethlehem, NH. This program is a residential program providing care to adults with a prolonged history of mental illness and hospitalization.

Responsibilities: Supervise the daily activities of consumers, providing ongoing support, guidance and role modeling, on an as needed basis. Facilitate consumer improvement in the areas of personal responsibility, social skills, community living skills and behavior. Must be able to take specific trainings specific to this program.

Qualifications: Bachelor's degree and/or two years related experience and/or training; or equivalent combination of education and experience with client population.

Please send resume and cover letter to:
Program Director
787 Maple St, Bethlehem, NH 03574
or email nfinorthhr@nafi.com
Visit us at www.nfinorth.com
EOE/AA

Notice of Vacancy

Superintendent of Schools

Berlin Public Schools, Berlin NH

Starting July 1, 2019

The Berlin Public Schools, a K-12 district of approximately 1,144 students, serves the City of Berlin, N.H., located in the Great North Woods in the northern part of New Hampshire. The Board of Education seeks qualified candidates who have proven leadership experience in school administration for its new Superintendent of Schools. Candidates should have a passion for educating the whole child, an unwavering focus on the educational growth and well-being of each and every child, and a strong commitment to community involvement. Compensation includes a competitive salary between \$98,000 and \$120,000, depending upon qualifications and experience and a comprehensive benefits package.

The Berlin Board of Education seeks the following in its new superintendent:

- CAGS degree minimum
- Experience as superintendent—preferred but not required
- Certification as superintendent in N.H. or evidence of eligibility
- Knowledge of educational laws and policies
- Strong leadership skills
- Excellent communications skills
- Collaborative style
- Community oriented
- Grant Writing Experience
- Proven successes in curriculum, student assessment, staff evaluation, budget development and management, facilities development

For confidential consideration, candidates are requested to submit a cover letter, current resume, official university transcripts, copy of N.H. certification (or eligibility statement), three current letters of recommendation, and application to:

Berlin Public Schools
ATTN: Superintendent Search
183 Hillside Avenue
Berlin, NH 03570

Application is available at www.sau3.org under "Job Opportunities" or by emailing: hr@sau3.org . Closing date April 17, 2019.



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CAMPTON SCHOOL DISTRICT
Campton Elementary School

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for remainder of 2018-2019 School Year

Must be highly qualified by
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Full-time position
7:45 a.m. – 2:45 p.m.
Starting pay \$12.22 per hour

Please send letter of intent, resume, references,
transcripts and certification to:

Janet Eccleston, Special Education Coordinator
Campton Elementary School
1110 NH Rt. 175
Campton, NH 03223
jeccleston@pemibaker.org

Shaker Regional School District
2019-2020 School Year Employment Opportunities

Shaker Regional School District is currently
accepting applications for the following positions
for the 2019-2020 School Year:

District Wide:
English to Speakers of Other Languages (ESOL) - .60 FTE
Occupational Therapist
Certified Occupational Therapy Assistant (part-time)

Belmont Elementary School:
1-year position - Elementary Teacher
Elementary Teacher (2 positions)
General Special Education Teacher

Belmont Middle School:
Academic and Behavior Learning Environment (ABLE)
Teacher
Science Teacher
Library Media Specialist

Canterbury Elementary School:
Nurse
School Psychologist (1 day per week)

Various Schools:
1:1 Behavior Assistants

Please visit the Human Resources page on the District
Website, www.sau80.org, for details and to apply for
any of these positions. Application must be made
through SchoolSpring.com.

NCH

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FULL TIME OPPORTUNITIES

- MT/MLT – Day Shift, M-F
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- RN M-S – Day Shift
- RN M-S – Night Shift
- RN CHARGE – Night Shift
- RN CHARGE/M-S Night Shift
- RN CHARGE/E.D. Night Shift

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- RADIOLOGY TECHNOLOGIST -
(32) hours Day Shift

PER DIEM OPPORTUNITIES

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- LNA
- ED TECHNICIAN
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at www.ucvh.org
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
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ucvh-hr@ucvh.org
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email sundaypaving@gmail.com

Ashland Elementary School
2018-2019 School Year
VACANCY

Special Education Para-Professional

Remainder of school year. 7 hrs/day Para-Professional to
support students.

Qualifications: Para II Certified through the NH Department of
Education (or eligible for Para II Certification. The successful
applicant must meet all required conditions of employment.

Applications: <http://www.sau2.k12.nh.us/jobs.html> for a
Support Staff Application

All applications should be submitted to:
Ashley Dolloff, Human Resources Director
ashley.dolloff@interlakes.org
Ashland School District
103 Main Street, Suite 2, Meredith, NH 03253

Application Deadline: Open Until Filled
EOE



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Full time (35 hours) position. Previous medical or behavioral health
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skills required. Candidates must have proficiency in computer
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Northern Human Services offers a comprehensive benefits package
including 403(b), medical, dental and life insurance and generous
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Rhonda Vappi at rvappi@northernhs.org, at fax 603-447-8893 or
mail to: NHS 87 Washington St., Conway, NH 03818. No phone
calls, please. (20-200)

These positions requires a valid driver's license,
proof of adequate auto insurance and the completion of
criminal, driving and background records checks.
This Agency is an Equal Opportunity Employer and Provider

ASHLAND SCHOOL BOARD
VACANCY

The Ashland School Board is seeking a resident who
is interested in serving on the School Board from
June 2019 until the March, 2020 election.

All inquiries regarding responsibilities should
be directed to Mary Moriarty, Superintendent of
Schools, at 279-7947.

Please send a letter of interest and resumé by
April 26, 2019 to:

Ashland School Board Vacancy
c/o Mary Moriarty
Superintendent of Schools
103 Main Street, Suite 2
Meredith, NH 03253

The Board will review applicants' materials at the
May 7, 2019 School Board Meeting.
The successful candidate will be notified
and sworn in as soon as possible.



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INTER-LAKES SCHOOL
BOARD VACANCY
CENTER HARBOR

The Inter-Lakes School Board is seeking a resident from
Center Harbor who is interested in serving on the School
Board from June, 2019 until the March, 2020 election.

All inquiries regarding responsibilities should
be directed to Mary Moriarty, Superintendent of
Schools, at 279-7947.

Please send a letter of interest and resumé by
April 26, 2019 to:

Inter-Lakes School Board Vacancy
c/o Mary Moriarty
Superintendent of Schools
103 Main Street, Suite 2
Meredith, NH 03253

The Board will review applicants' materials at the
May 14, 2019 School Board Meeting.
The successful candidate will be notified
and sworn in as soon as possible.

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cnetska@burndy.com

See all our open positions and apply on line at:
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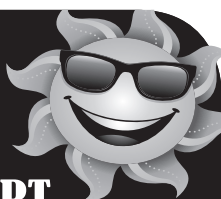
TRUCK DRIVER/LABORER

Tilton Public Works Department
Tilton, NH

Full time year round position with benefits. Possession of valid NH Driver's license and CDL-B with air brakes and manual transmission experience required. Previous municipal plowing experience preferred. Successful candidate will be subject to pre-employment physical, drug/alcohol screening and background check. The position is physically demanding; must be willing to work under adverse weather conditions, as well as nights and weekends when necessary. Wage depending upon experience.

Application and job description are available in the Selectmen's Office, 257 Main Street, Tilton, NH 03276. For further information contact Kevin Duval, Director of Public Works 603-286-4721. The Town of Tilton is an EOE employer.

Town of Bristol Beach Attendant – PT



Town of Bristol is accepting applications for beach attendants for up 24 hours/week. Beach attendants enforce the parking regulations, all beach rules, and the permit parking requirements. This person performs a variety of routine maintenance including raking, trash pick-up and disposal, and general grounds clean up. Applications can be found under the Our Town tab of the Town's website at www.townofbristolnh.org and should be emailed to executiveassistant@townofbristolnh.org.



Boom Truck Driver

You will be a member of a team responsible for delivering and off-loading product at construction and residential sites. Heavy lifting is required and previous boom or other hydraulics experience is necessary. CDL-B License is required along with a safe and clear driving record. Job includes other duties as assigned. Weekend hours required on a rotating basis.

You may apply in person at the Ashland Lumber location or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager, Ashland Lumber
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com

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Town of Lincoln Employment Opportunity

The Town of Lincoln, NH is seeking a caretaker for the Riverside Cemetery. Candidate must be a self-motivated individual with basic maintenance/labor skills and knowledge of grounds keeping. Position is 24 hours per week from early May through October. Job requirements include but are not limited to; mowing and trimming of grass, raking leaves, planting new grass, tree trimming, cleaning headstones and regulating Town Ordinances for lot owners. Must be available to start on May 1, 2018. Applications and Job Description may be picked up at the Lincoln Town Clerk's office. Applications must be returned to the Town Office or mailed to the Town of Lincoln PO Box 25 Lincoln NH 03251. All applications must be received by April 19, 2019. The Town of Lincoln is an Equal Opportunity Employer.

Please send completed application and letter of interest to:
Town of Lincoln
c/o Cemetery Trustees
P.O. Box 25 – 148 Main Street
Lincoln, NH 03251

Landscape Crew Members

Specialized landscape company is seeking full time/seasonal hardscape & softscape crew members. Experience preferred but not necessary. Paid Holidays, 401K and other benefits. Valid drivers license required.

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WINNISQUAM REGIONAL SCHOOL DISTRICT SAU 59

Current Openings

- Paraprofessionals – District Wide, starting pay \$13.36/hour
- Substitute Teachers, Paras, Nurses, Custodians

*** Applications accepted through 4/12/19 or until positions are filled ***

For consideration, send a cover letter, resume, application (www.wrsdsau59.org), copy of certification if applicable, and references to:

Office of the Superintendent, Winnisquam Regional School District, 433 West Main Street, Tilton, NH 03276
EOE



Division of BELLETETES, INC.

Yard Customer Service

This is a full time position in our Ashland Lumber yard. Duties include assisting customers and contractors locate and load materials, help receive incoming shipments and pick loads for delivery trucks. Fork lift experience preferred. Heavy lifting is required and excellent prior work history a must. Weekend hours required on a rotating schedule.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

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Home Care and Hospice Registered Nurse

NANA is seeking a NH-licensed RN with at least 1 year experience. Qualifications include: clinical knowledge, communication/interpersonal skills, organizational skills, and computer literacy. Previous home care and hospice experience is preferred but we will train. Enjoy one-on-one patient contact and the flexibility of home care. Please send or e-mail resumes to:

Newfound Area Nursing Association
214 Lake St., Bristol, NH 03222
or e-mail to jennr@nanainc.org
(603) 744-2733 • FAX (603) 744-9175

TEMPORARY SCHOOL SECRETARY

Shaker Regional School District is seeking a temporary School Secretary for the Canterbury Elementary School in Canterbury NH. Candidate will be responsible for greeting visitors, providing general secretarial support including typing, filing, scheduling appointments, answering telephone calls and routing calls and/or messages to appropriate personnel. This position is for 7 hours per day at \$11.70 per hour. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. For more information, or to apply for this position, please contact Debbie Thompson, Business Administrator, Shaker Regional School District, at 603-267-9223 or dthompson@sau80.org.

WHITE MOUNTAINS REGIONAL SCHOOL DISTRICT

2018-2019 School Year Support Staff

Purchasing/Accounts Receivable Assistant
(20 hrs./wk.) (Central Office)

2019-2020 School Year Administrative Staff

Assistant Principal (Lancaster Elementary School)

Professional Staff

Special Education Teacher
School Counselor

All applicants must apply on Schoolspring.com
Paper applications will not be accepted.

Substitutes Needed for Teachers, Nurses, Paraprofessionals, Custodians, Cooks

For further information, contact:
Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources White Mountains Regional School District
SAU #36
14 King Square, Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326
Email: rhball@sau36.org



White Mountain Country Club is hiring seasonal help for the 2019 season.
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Contact Joe at 726-1093 or stop by in person.

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Cochran-Siegle, Cashman win giant slalom titles at Waterville Valley

BY TOM HORROCKS
US Ski Team

WATERVILLE VALLEY — Ryan Cochran-Siegle (Starksboro, Vt.) won his seventh U.S. title, and Keely Cashman (Strawberry, Calif.) won her first, each taking giant slalom victories at the Toyota U.S. Alpine Championships at Waterville Valley Resort.

Racing under bright sunshine on a hard, fast track, Cashman took a 0.23-second first-run lead over Tricia Mangan (Derby, N.Y.), and .80-second lead over the red-hot Nina O'Brien, who was shooting for her fifth-consecutive U.S. Alpine Championships victory after winning the super-G and alpine combined at Sugarloaf, Maine, and the parallel, and slalom events at Waterville earlier in the week.

"I just relaxed and skied my best," Cashman said of her first-run approach. "I knew that if I put down a solid run, I'd be in the top five, so I just tried to do it, and I made it happen."

Meanwhile, O'Brien wasn't done yet. She came out attacking, posting the fastest second-run time to put the pressure on Mangan

and Cashman. Mangan was the first to take a shot, but came up short, leaving Cashman to put a stop to O'Brien's win streak. With the warm sunshine beating down on Waterville's World Cup course, Cashman carved through the fast, salted layers to post the second-fastest time and edge O'Brien for the victory. O'Brien settled for second, and Mangan rounded out the podium in third.

"It's always been a huge goal of mine (to win a U.S. title)," Cashman said. "I remember when (the U.S. Alpine Championships) came to Squaw when I was a U14, and I remember watching everyone, and now to be sitting on top of the podium really means a lot. it's a good stepping stone, and this will really slingshot me into next season, so I'm really happy about it."

Cashman was also the top junior finisher with Lisa Olsson of Sweden in second, and Claire Thomas (Salt Lake City, Utah) in third.

In the men's race, Cochran-Siegle, who didn't start the parallel or slalom events over the weekend at Waterville after winning both the downhill and super-G



The women's giant slalom podium included (l to r), Nina O'Brien, Keely Cashman and Tricia Mangan.

title last week at Sugarloaf, turned a .16-second first-run deficit to Brian McLaughlin (Topsfield, Mass.) into a .37-second margin of victory after posting the fastest second-run time.

McLaughlin finished second, with 2018 U.S. giant slalom champion Tommy Ford (Bend, Ore.) rounding out the

podium in third. Tim Gavett (Waitsfield, Vt.) was the top junior finisher, as Andrew Miller (Park City, Utah) was second and Bridger Gile (Aspen, Colo.) was third.

Tuesday GS victory was the seventh U.S. Alpine Championship win of his career, dating back to his downhill title in 2012.

In the battle for the Tom Garner Region's Cup, the Eastern Region won with 3,436 points. West was second with 2,063, and Rocky/Central was third with 1,088. This is the 30th year of the Tom Garner Region's Cup and over the past 30 years, the West has won 21 times, Rocky/Central five, and

East four. The Region's Cup was re-named after Tom Garner, a former Rocky/Central Director, who was committed to athletic excellence and providing athletes with opportunities to succeed and develop as competitors and people. Garner's son Ian is a member of the U.S. Ski Team men's coaching staff.

Pair of golds for Doherty at US National Championships

JERICHO, Vt. — Olympians Sean Doherty (Center Conway) and Susan Dunklee (Barton, Vt.) won gold medals in Saturday's pursuit races at the U.S. Biathlon National Championships at the Ethan Allen Biathlon Club. For Dunklee, it marked her second win in as many days.

Doherty took the men's 12.5-kilometer pursuit in a time of 34

minutes, 24.9 seconds. He had six penalties on the shooting range. Jake Brown (Saint Paul, Minn.) and Max Durtschi (Ketchum, Idaho) joined Doherty on the podium, finishing second and third, respectively. Brown, with four penalties, was 17 seconds back, while Durtschi crossed the line 1:36.6 behind Doherty, with seven penalties.

Dunklee skied to her second victory in decisive fashion. Despite seven penalties on the range, she posted a winning margin of 4:06.7 over runner-up Hallie Grossman (South Burlington, Vt.) who finished with six penalties. Kelsey Dickinson (Winthrop, Wash.) claimed her second bronze medal of the competition with seven penalties, 4:41 be-

hind Dunklee.

Dunklee made it a clean sweep in the women's events at the 2019 U.S. Biathlon National Championships with a win in Saturday's super sprint. Her victory at the Ethan Allen Biathlon Center gave her three wins for the weekend, including gold medals in the sprint and pursuit.

Her time of 16 minutes, 8.1 seconds in the

super sprint was 13.9 seconds ahead of Clare Egan (Cape Elizabeth, Maine). Dunklee had three penalties on the range, all in the first standing stage, while Egan shot clean on all 20 targets. The bronze medal went to Emily Dreissigacker (Morrisville, Vt.), with a single prone penalty, 43.3 seconds back of Dunklee.

Doherty took his second gold medal of the

weekend with a win in the men's super sprint. He stopped the clock in 14:47.6 with three penalties for the victory. Cody Johnson (Fort Kent, Maine) was second, 26.1 seconds back with two penalties, while the bronze medal went to Travis Cooper (Kenai, Alaska) with three penalties, 27.4 seconds behind Doherty.

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