

Gilford-Belmont puts end to Winnisquam's winning streak

BY JOSHUA SPAULDING
Sports Editor

TILTON — The wind was blowing, the field was a mess from a day's worth of rain and both sides were missing players due to injuries, but the Winnisquam and Gilford-Belmont football teams nonetheless met up for a highly-anticipated tilt in Tilton on Saturday afternoon.

The Division II Golden Eagles were able to use a strong running attack and a gutsy almost one-legged performance from quarterback Jack McLean to push their way past Winnisquam, 22-0, ending what had been a 19-game winning streak for the Bears, who moved up to Division III this season after winning consecutive Division IV titles the last two years.

"It was a solid win,

we knew they would be a strong team," said Gilford-Belmont head coach Josh Marzahl. "We talked all week about finding a way to win and we did that today."

"We hadn't played in three weeks and you could see the rust out there at the start," said Winnisquam coach Derek Hunt. "We saw things that don't usually happen, happen."

Both teams struggled to get anything going early on, as both teams went three and out on the first possessions. McLean was injured on the first play of G-B's second drive of the quarter and Jalen Reese took over at quarterback but the Golden Eagles could not convert on fourth and three and Winnisquam took over. Bear quarterback Phil Nichols attempted a third down



JOSHUA SPAULDING

Gilford-Belmont's Blake Descoteaux is sandwiched by Winnisquam's Noah Pearson and Brady Palmer in action Saturday.

pass but Brandon Gallagher broke it up and the Bears punted away. Brandon Marceau

and Kiernan Harris both had sacks for the Bears on Gilford-Belmont's next drive and they

eventually punted the ball away. Austin Normandin had a sack for G-B on Winnisquam's ensuing drive and then one play later, Curtis Nelson picked of a Nichols pass and Gilford-Belmont took over with McLean back on the field, though obviously not at full-strength.

Normandin and Nick Arenstam did the carrying for the Golden Ea-

gles to get the first down inside the five-yard line as the first quarter came to a close.

It took Giflord just three plays to get in the end zone in the second quarter. Kyler Bourdeau had a big stop on third and goal in the backfield but one play later, on fourth and eight, McLean dropped a pass in to Liam Merriam with

SEE FOOTBALL PAGE A10

Tractor Supply to open new store in Gilford

Tractor Supply Company is excited to bring a new store to serve and meet the needs of the Gilford community.

The rural lifestyle retailer is committed to providing essential, everyday products that customers need like animal feed, pet food and supplies, propane, fencing, garden supplies, home supplies and more. The Tractor Supply team members are equipped with knowledge to help customers find the right products for their specific needs. Additionally, customers can use the Buy Online, Pickup In Store option to purchase products online and pick up their items in as little as one hour in the store



or through contactless curbside pickup.

"At Tractor Supply, we understand the value of providing essential needs like pet food, animal feed and home supplies to our customers in the Gilford community,"

said Cynthia Lermond, manager of the Gilford Tractor Supply store. "Our team members live the same lifestyle as our customers, and we're excited to supply them with the tools, information and resources they

need to live life on their own terms."

The Gilford Tractor Supply will provide a one-stop shop for the community, serving farmers, livestock and

SEE STORE PAGE A10

Gilford soccer girls push past Kingswood

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — It took almost the entire first half before someone was able to get on the board, but the Gilford Golden Eagles made the late first-half goal stand up and added two more in the second half on the

way to a 3-0 win over the Kingswood Knights on Thursday, Oct. 15.

"They played really well," said Gilford coach Rob Meyers. "It was much better than the last two games."

"It's a little bit frustrating," said Kingswood coach Rob Kelly. "I think

the girls are a little bit better than that."

Out of the gate, it was Gilford that pressured the net, with Allie Kenyon and Millie Caldon leading the way with chances but Kingswood keeper Alexis Turner held her ground. Kenyon hit a shot off the post and

Turner was able to grab the rebound. Makenna Leigh had a nice defensive stop for the Knights and Gilford had its first corner of the game, but Turner made the save. Kingswood came back with their own corner but Gilford's Molly McLean was able to clear the ball out of the zone.

Kingswood's Avery Dinges had a shot go wide of the net and then Sara Hyde was able to make a stop on a run by Caldon at the other end. Gilford had a corner but could not convert and then Jillian Caravella turned in a good defensive stop on Caldon. Kenyon had another shot go wide of the net.

Kenyon had a pair of direct kicks, with one going over the top of the net and then Turner made a leaping save on the second one. Gilford had a corner but could not get the shot on net. Kingswood's Cassidy Simpson found Payden Swidrak on a bid that



JOSHUA SPAULDING

Marlow Mikulis of Gilford and Kingswood's Samantha Wainwright battle in action last week in Wolfeboro.

SEE SOCCER PAGE A10

Town will revisit policy on commercial use of Glendale

BY ERIN PLUMMER
mnews@salmonpress.news

The town will take another look at a policy restricting commercial use of the Glendale launch after a local business owner said the policy seemed discriminatory.

Greg Keenan the owner of Paugus Bay Marine Center and Storage Facility spoke to the selectmen during Wednesday's meeting about how the recently enacted policy could hurt his business, saying the policy felt like a personal slight.

Town Administrator Scott Dunn said under the policy the town will only issue launch stickers to those who own residential property and commercial marine operators can get a permit for \$1,000 a year. Businesses that can't apply for this permit are ones that are solely for storage or satellite businesses.

Keenan said when he started the business in 2017 there were no restrictions. About a week before that meeting, he came to the town to get a launch permit to pull a few boats, including his personal boat. He said he has access to a launch, but it is currently under construction. He was told at the town clerk's office he wasn't eligible for the permit, after talking to Dunn he heard the same information.

"He told me, and I quote, we don't want your boats," Keenan said. "That struck me strange because they're my boats, my customers' boats; they're no different than any other boats my competitors handle so I was a little perplexed at why they didn't want my boats."

Dunn later said he didn't say that Keenan's boats in general weren't welcome, but he had concerns about Keenan launching his 37-foot boat at Glendale. Dunn said the town will allow noncommercial boats over 30 feet but will discourage it because they and the trucks they are loaded from can damage the docks.

Keenan said he found out the policy had been passed on June 6. He said the policy was going to

SEE POLICY PAGE A10

ALMANAC

Notes from the Gilford Public Library

Classes & Special Events
Oct. 22 – Oct. 29
*Sign up and face masks required

Thursday, Oct. 22
*Advanced Line Dancing, 10-10:30 a.m.

Mother Goose on the Loose (Virtual), 10:30-11:30 a.m.
Join Miss Maria on Facebook Live for an interactive experience with you and your baby with rhymes, songs, movement, and more!

*ages two and a half and under
*Beginner Line Dancing, 11:15 a.m.-12:15 p.m.
*Knit Wits, 1-2 p.m.

*French, 4-5 p.m.
Conversational french group. Maximum of 10 people in the group.
Foreign Movie Night, 7-9 p.m.

This month's movie is "Budruss," an unrated action/historical film from Israel/Palestine, with a run time of 82 minutes.

Friday, Oct. 23
*Geri Fit, 9-10 a.m.

*Bridge, 10:30-11:30 a.m.

If you love Bridge and just can't get enough, join our bi-weekly group. Maximum of 10 People.

*Preschool Storytime, 10:30-11:30 a.m.
Join us for story time fun here at the library. In order to follow CDC guidelines, spaces will be limited to a 10 person total limit and masks are required to attend. Ages two and a half to six.

Monday, Oct. 26
*Bridge, 10:30-11:30 a.m.

If you love Bridge and just can't get enough, join our bi-weekly group. Maximum of 10 People.

*Line Dancing, 5:30-6:30 p.m.

Tuesday, Oct. 27
*Geri Fit, 10-11 a.m.

Wednesday, Oct. 28
Check out an Expert, 10 a.m.-noon
*Geri Fit, 10-11 a.m.

Nature Talks (Virtual), 10:30-11:30 a.m.
Join nature enthusiasts and National Award Winner for Environmental Teacher, Wendy Oellers-Fulmer each week as she wanders through nature and teaches us a bit about the many wonders found in the natural world. Perfect for any child interested in nature and/or a quick science lesson.

Homemade with Heidi: Pizza, 1 p.m.

Join Heidi our local homesteader to learn how to make homemade pizza on Facebook Live.

Teen Club, 2:30-3:30 p.m.

Afterschool Teen Club. Hangout with friends, play games, and make stuff. This club is

whatever you want it to be! Fifth-12th grade.

Thursday, Oct. 29
*Advanced Line Dancing, 10-10:30 a.m.

*Beginner Line Dancing, 11:15 a.m.-12:15 p.m.

*Knit Wits, 1-2 p.m.

*Book Discussion, 2:30-3:30 p.m.

This month's book is Lillian Boxfish Takes a Walk by Kathleen Rooney. Copies of the book will be available at the front desk, please call to reserve a book and sign up for a spot in the in-person meeting.

*French, 4-5 p.m.

Conversational french group. Maximum of 10 people in the group.

Gilford Public Library Top Ten Requests

1. "Too Much and Never Enough" by Mary L. Trump
2. "The Coast-to-Coast Murders" by James Patterson
3. "Murder Thy Neighbor" by James Patterson
4. "All The Devils Are Here" by Louise Penny
5. "The Book of Two Ways" by Jodi Picoult
6. "The Midwife Murders" by James Patterson
7. "The Guest List" by Lucy Foley
8. "Jingle all the Way" by Debbie Macomber
9. "1st Case" by James Patterson
10. "The Orphan's Guilt" by Archer Mayor



BY MARK PATTERSON

Whether you use a financial planner, advisor or do it yourself, planning your financial future involves a plan, strategy, and tactics to get you where you need to go. So let's take a moment to think about the difference between these strategies and tactics to maybe reflect on what you have or have not done with your personal finances. To me a "plan" is the most macro or broad big idea regarding (in this example), your financial picture. But then we must create a strategy for your plan. The strategy represents

a subjective time frame, for example 5 years. The strategy identifies the objectives you want to accomplish and attaches a loose timeframe to achieve your goal.

My strategy may read like this; Accumulate and grow my assets reducing the risk to the overall portfolio as I approach retirement at age 70. Using good Social Security planning, some "A" rated fixed indexed annuities for a small portion of income and a good fixed income bond ladder, I want to create a sustainable income that is not subject to market risks. Then with the remaining assets I want to continue to grow these assets with equities or stocks acquiring some mitigated market risks to keep me ahead of inflation and grow my legacy. I also want to fund Long term care insurance (as-

set based), and life insurance if possible.

Now that I have outlined a basic strategy, I need to make "tactical" moves to get my strategy in motion. While I am still in the "accumulation" phase, a tactical move may be; with a portion of my assets I will sell cash covered "puts" to create income or accumulate stock in companies I want to own. Once I own this stock, I may sell covered "calls" for income. This is a buy/write tactic that aids in the overall "accumulation" strategy.

The point is that your plan and strategy should be well defined. Not that changes should not be made, but a general idea of what you want to accomplish and how. The tactics that you or your advisor employ are more defined or maybe represent shorter periods of

time. Tactics are just tools to help you reach your strategic goals which are a just a part of the overall plan.

Reading this may seem simplistic to you, but I know sometimes very basic concepts can be a valuable tool for solving problems that may have seemed very complex. Buying mutual funds until you retire and taking the money

out of them when you need it would be a strategy and plan. But that plan does not include enough detail to ensure that you won't run out of money in retirement.

A very good exercise would be to write out your plan and objectives, then create a strategy to work towards your goals. If you are comfortable with the details or tactics to fulfill your

plan, then write those down as well. If you are not comfortable with any or all of this then, call a planner or you can call my office.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

MARK ON THE MARKETS Strategies

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from Oct. 2-18.
A 30-year-old from Gilford was cited on Oct. 2 for owning a dog deemed a Menace, Nuisance, or Vicious.

Dalton Roby Dahood, age 18, of Canterbury was arrested on Oct. 2 for two counts of Breach of Bail, two counts of Violation of a Protective Order, and Possession of Marijuana in an amount less than three quarters of an ounce.

Brittney S. Carey, age 28, of Gilford was arrested on Oct. 2 for Operating Without a Valid License.

Dennis E. Nordquist, age 66, of Gilford was arrested on Oct. 6 in connection with a bench warrant.

Joshua Ellsworth, age 32, current address unknown, was arrested on Oct. 8 for Theft By Unauthorized Taking (two prior convictions).

Scott A. Hill, age 54, current address unknown, was arrested on Oct. 8 in connection with a bench warrant.

Tevin A. Mitchell, age 25, of Gilford was arrested on Oct. 11 in connection with a bench warrant.

Stephen E. Anderson, age 27, of Belmont was arrested on Oct. 11 for Theft By Unauthorized Taking or Transfer in an amount less than \$1,000, Driving After Revocation or Suspension (subsequent), and multiple counts of Breach of Bail.

Cameron Leslie Gamble, age 22, of Gilford was arrested on Oct. 11 for Domestic Violence-Simple Assault-Physical Contact.

Anthony M. Taro, age 31, of Laconia was arrested on Oct. 15 in connection with a bench warrant.

Allisyn N. Wright, age 23, of Franklin was arrested on Oct. 16 for Theft By Unauthorized Taking in an amount less than \$1,000.

Janelle A. Martinez, age 48, of Gilford was arrested on Oct. 16 on multiple counts of Theft By Unauthorized Taking (two prior convictions).

Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

Gilford's socially distanced Halloween drive thru event

The Gilford Parks and Recreation Department is sponsoring a Socially Distanced, COVID-19 safe, Halloween Drive-Thru program for Gilford children up through sixth grade. We will be offering a variety of pre-event virtual contests with a deadline of Wednesday, Oct. 28, with the actual Drive-Thru event being held on Friday, Oct. 30 from 5:30-6:30 p.m. at the Gilford Town Hall. Virtual contests include; Costume Contest, Coloring Contest and Jack-O-Lantern Contest. During the Drive Thru, costumes are welcome, including car decorations, as families will be directed through the Gilford Town Hall Parking Lot where goodie bags for 250 children and prizes for our pre-event virtual contests will be given out. All participants are asked to remain in their vehicles at all times. All giveaways will be packaged and handed out by individuals in masks and gloves. For more information, please visit the Parks and Recreation Web site at www.gilfordrec.com or call the Parks and Recreation Office at 527-4722.

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Belknap Landscape acquires Carroll County Landscape

GILFORD — Hayden McLaughlin and David Alessandrini know what it takes to start and operate a successful business in the Lakes Region. For more than 30 years, McLaughlin’s Belknap Landscape Company, and Alessandrini’s Carroll County Landscape grew as they serviced clients on and around Lake Winnepesaukee. David’s hope to soon retire, and Hayden’s need to find a second location in the Wolfeboro area brought the two to a common goal. With this acquisition, the two companies will continue to operate under the ownership of Belknap Landscape.

“It’s an exciting time for sure, and we have a lot of work to do before



Hayden McLaughlin of Belknap Landscape Company and David Alessandrini of Carroll County Landscape.

I can officially retire,” said Alessandrini, who will continue to manage Carroll County Landscape operations the

next few months and act as an advisor for the transition in 2021, “but we were patient in finding the right buy-

er. Belknap Landscape came along, and I think it’s a great fit to make sure our clients and employees are being placed

in the right hands.”

“We’ve always been mindful of ways to grow” said Hayden McLaughlin, Owner of Belknap Landscape. “When an opportunity like this, to acquire such a well-respected, well-run company comes along, you need to be ready. I’m glad we were, and now we can focus on carrying on the great legacy David has created.”

The two organizations are expected to merge with ease. Both companies are known for servicing a similar, discerning clientele. They utilize much of the same business practices like leveraging certified technicians sourced from the local work-

force, and they have a track record of supporting the local community.

“I just cannot say enough about how excited I am to welcome the Carroll County Landscape team and clients to Belknap Landscape” McLaughlin continued. “Everyone is first-rate, and will fit in so well to what we do at Belknap. The customers and employees are so similar and will fit in so well with the current vision and mission of Belknap Landscape.”

Belknap Landscape expects to retain all staff, and maintain the property and presence of Carroll County Landscape in Wolfeboro.

Building permit numbers up during pandemic

BY ERIN PLUMMER
mnews@salmonpress.news

The town has seen an influx of building applications during the pandemic, especially for garages and pools, though there has been a big drop in Planning Board activity.

Planning and Land Use Director John Ayer gave the selectmen a regular update on his department during

Wednesday’s meeting. Ayer reported that development was increasing and they saw more permits issued in the past six months than in 2019.

Overall, the amount of permits went up 35 percent. So far there have been 24 permits for garages compared to four permits issued last year and 80 permits have been issued for oth-

er accessible structures compared to 57 in 2019. So far in 2020 38 permits have been issued for single family homes, whereas in 2019 33 were issued that entire year.

Ayer said he noticed many of the projects fall into the pool-fence category and a lot of people have been having new pools installed.

“I have heard that if you want to get a pool

put in, you need to wait six months,” Ayer said.

He said he also spoke with a friend who sells hot tubs and learned hot tubs have been so popular that anyone ordering one now probably won’t get it until next June.

Planning Board activity overall significantly dropped off with the onset of the pandemic. Ayer said their last meeting was around the

middle of March and they didn’t meet again until June, where they held an online meeting to review the single application that had been received in months.

“Things dropped off quite a bit there for a little while, so I don’t know that people were working on development or the surveyors, engineers weren’t taking any jobs,” Ayer said. “I just

don’t know.”

The Planning Board has received a total of five site plan applications since April, three were for storage, one was a warehouse site in the 1,000 square foot to 9,000 square foot range, and one was a boat storage facility.

“Things have been busy in the office, and it’s been good,” Ayer said.

Town to look into seasonal speed signs

BY ERIN PLUMMER
mnews@salmonpress.news

Gilford will look at potentially problem areas of road to present to the state for some possible seasonal speed limits.

The state put signs around Route 11 by Ames Farm warning motorists of the tricky intersection and putting up a lower speed limit in that area. During

Wednesday’s board of selectmen meeting, Selectman Kevin Hayes said he looked at these signs and wondered if similar signs could be put in other areas where it would be better if people reduced their speed, especially in the summer.

“Being able to drop the speed there on a seasonal basis makes sense to me,” said board Chair

Chan Eddy.

Town Administrator Scott Dunn said these signs would be advisory only and they couldn’t be enforced. Hayes said he understood that and, “advisory is better than nothing.” He said since these are state roads the signs could come from the state. Dunn said the town could petition the state to create a season-

al speed limit in some areas, which would be enforceable.

Both Eddy and selectman Gus Benavides said they would be interested in this.

“We’re really busy in the summer, we have a lot of pedestrian traffic,” Eddy said. “If it’s something enforceable compared to something advisory.”

Hayes said he wanted Planning and Land Use Director John Ayer and Public Works Director Meghan Theriault to do a review of areas in town that might post problems and develop a list of

areas. The board would take this list to DOT and make the request for seasonal speed limits. Dunn said Police Chief Anthony Bean Burpee should be part of that as well.

Public hearing scheduled to receive health insurance surplus

BY ERIN PLUMMER
mnews@salmonpress.news

The town will receive a surplus of around \$59,000 from the insurance company and a public hearing has been scheduled on Oct. 28 to accept these unanticipated revenues.

The town will be seeing a significant surplus form the health insurance carrier Health

Trust Town Manager Scott Dunn said the town received the price of how much surplus it will receive from Health Trust. The town will get back \$59,282.50 which accounts for \$54,702.71 from medical, \$4,139.22 from dental, and \$440.57 from short term disability.

The surplus will be split between the town

and the employees based on the percentage each pays. According to a town worksheet, of that amount \$5,086 will go back to active town employees including \$4,797 in medical, \$378.97 in dental. Retirees will receive \$7,980.84 including \$7,631 in medical and \$349.52 in dental. The town will then retain \$46,215.55 that will be

put into the general fund to reduce property taxes.

The hearing has been scheduled for Wednesday, Oct. 28, during the selectmen’s regular meeting starting at 7 p.m. Public comment will be welcomed before the selectmen make a decision to accept.

Lakes Region General Hospital Auxiliary awards 2020 scholarships

LACONIA — Since 2000, the Lakes Region General Hospital (LRGH) Auxiliary has awarded close to \$255,000 in scholarship aid to local students pursuing degrees or certificates in accredited/licensed healthcare disciplines.

Scholarships are awarded annually to applicants based on need, merit, community and extracurricular activities, and future goals. This valuable initiative is possible due to the hundreds of volunteer hours worked and revenue sales realized in the LRGH Gift Shop. Even in these challenging times of COVID, which forced the Gift Shop to close

temporarily, the LRGH Auxiliary is pleased to award five scholarships for 2020. The following are this year’s recipients and healthcare degrees pursued:

Nemanja Boskovic - Laconia, Biotechnology, UNH, Manchester

Anne Dionne - Laconia, Doctor of Pharmacy, University of Rhode Island, Kingston

Kathryn Donnelly - New Hampton, College of Health and Human Services, UNH, Durham

Kate Fife - Meredith, Associate’s degree in Nursing, Lakes Region Community College, Laconia

Joy Piper - Belmont, Bachelor of Nursing

degree, University of Massachusetts Amherst College of Nursing, Springfield

The Lakes Region General Hospital Auxiliary wishes to extend its congratulations to each of this year’s scholarship recipients!

Founded in 1893, the LRGH Auxiliary is a non-for-profit organization supporting the mission of Lakes Region General Hospital, part of the LR-Healthcare network. Membership is open to any person or organization interested in the work of the hospital, and new members are always welcome. Like us on Facebook.

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OPINION

Time traveling with television

It's been a tough 2020 for many; there's no denying that. Life as we know it has changed. Hopefully, the pandemic will be nearing an end soon, but let's remember not to get complacent, and to continue practice guidelines distributed by the experts. There's no harm in being cautious.

While we don't spend too much time watching anything but the news, a flip through channels one evening made us realize that television shows are not what they once were. For nostalgic reasons, we thought it would be fun to ask staff about some of their favorites from the past. Thinking back to a time when life was seemingly easier than it is now.

Sports Editor Josh Spaulding says that "Cheers" was one of his favorites. Of the Boston based show, he said, "Cheers had great writing and the best T.V. Theme song of all time as well as the best ensemble casts ever." Spaulding added one more to his list, "ER is my favorite show of all time. It started prior to 2000, but lasted until well after. It had a great cast, great stories and great action."

Our Executive Editor, Brendan Berube, known around the office for his extensive knowledge of movie and TV trivia said one of his favorite shows was "In Search Of," a show that debuted in 1976 hosted by Leonard Nimoy. Berube said, "Every episode explores a different mystery, whether it be paranormal phenomena, famous disappearances from history or buried treasure. I own the entire series on DVD, and to this day I still marathon all seven seasons once or twice a year." He added, "I love it because it's like opening up a time capsule. The topics they covered show you what was in the american zeitgeist back in the late '70's and early '80's."

"My other favorite, and I'm not ashamed to admit it, is 'Star Trek: the Next Generation,'" said Berube. He went on to tell us, "My dad and my brother got me into the show when I was growing up and that was my reward on weeknights for finishing my homework." He added, "I would get to watch reruns of Star Trek at 6 p.m. on the old WNDS channel, when Al Kaprielian was the weatherman. Then at 7 p.m., A&E would play an hour-long block of 'In Search Of' reruns."

Our North Country Editor can say, with great enthusiasm, that "Three's Company" was, and still is, the best sit-com of all time. There has been no better trio than Jack, Chrissy and Janet. Cameo's by Larry and Mr. Roper made the show even better. The fact that John Ritter who played Jack Tripper, was willing to trip over couches and fall all over the place with his slapstick comedy speaks volumes. If there ever was a show to bring you out of the dumps, it's "Three's Company."

Added to that list is "Quantum Leap." The show began in 1989 and starred Scott Bakula, who played Sam Beckett. Beckett would time travel, taking the place of other people in hopes to correct historical mistakes. Time travel shows are always interesting and fun to watch.

"The Mary Tyler Moore Show" was an iconic show that demonstrated a rise for women in the workplace. Mary's friendship with Rhoda Morgenstern and work relationship with Lou Grant always made for good entertainment. Noted most however, was the main character's optimism.

Honorable mentions go to "Gilligan's Island," "Happy Days," "Different Strokes," "What's Happening," "WKRP in Cincinnati," "Lassie," "Highway to Heaven," "I Dream of Jeannie," "Dennis the Menace," "Leave it to Beaver" and "The Wonder Years."



COURTESY

Elks care and Elks share

On Oct. 14, on behalf of the Laconia Lodge of Elks 876 Lodge, Officers Lisa Saucedo and Scott Robinson, and Lodge Manager Tricia Roy, delivered \$3,500 in educational supplies to the Boys & Girls Club of the Lakes Region to assist 70 local youth with remote learning classes and tutoring. Elks Care! Elks Share!

FROM OUR READERS

A heartfelt thank you

To the Editor:
We would like to publicly recognize and thank Martina and Andy Howe, of Gilford, for generously allowing us to glean the fields at Beans and Greens on Oct. 4. They have welcomed us to their beautiful farm

for several years in a row, allowing us to pick vegetables, which we in turn donated to the St. Vincent De Paul Society Pantry.
The Howes' continued support of this, and many other, charitable endeavors, is not only

an inspiration, but also a great teaching tool for our children. The children learn about the biblical command to "leave the corners of your fields for the widow, the orphan and the stranger" and the importance Judaism places on acts of

loving kindness.

Sincerely,
RELIGIOUS SCHOOL
STUDENTS, TEACHERS AND
FAMILIES OF TEMPLE B'NAI
ISRAEL
LACONIA

Our Sheriff's Department will be safe in Robinson's hands

To the Editor:
Since fall 2019, the Belknap County Sheriff's Department has been under a cloud of suspicion.
According to published reports, in August of 2019, then Chief Deputy and veteran 18-year member of the Department, David Perkins, reported to Sheriff Moyer a possible integrity issue involving Sgt. William Wright. This complaint reportedly involved the Sheriff's Department Drug Task Force, managed by Sgt. Wright. For some undisclosed reason, this report to the Sheriff by Chief Deputy Perkins lead to three

separate investigations of Chief Deputy Perkins, the third of which reportedly cost the taxpayers of Belknap County around \$85,00. And for all this effort on Sheriff Moyer's part nothing has ever come of any of these costly investigations. No accountability or transparency on the possible allegation by the Sheriff to us, the taxpayers. And voters.
We need to lift the cloud of suspicion from the Belknap County Sheriff's Department by electing a Sheriff that is completely independent of the past issues at the department and only wants to serve the

taxpayers and voters of Belknap County with honesty and transparency. In my opinion, we need to elect a Sheriff that does not suffer from a possible "integrity cloud" around him. I ask all voters in Belknap County, Democrats, Republican and Independents on Nov. 3 to vote for Richard Robinson for Sheriff of Belknap County.
Richard spent twenty years in law enforcement with both the Tilton and Sanbornton Police Department. He rose through the ranks and became a very successful Chief of Police for Sanbornton. Since

retiring from law enforcement in 2003, he has managed over 200 employees and a multi-million-dollar budget for Tilton AutoServ. He has a proven track record of success in both the law enforcement world and the real world of business. This is the type of person we need to rally around and elect as the next Sheriff of Belknap County. Please cast your vote for Richard Robinson for Sheriff as if the Sheriff's Department depends on it. Because it does.

STEPHEN HODGES
GILFORD

North Country Notebook

What life must have been like in olden days down on the farm



By JOHN HARRIGAN
COLUMNIST

Every now and then, a road just beckons. Sometimes it's an old friend, visited several times a year but none the less interesting. Every trip reveals something that's changed.

How many roads like this, you wonder, are left, as in "left alone." If so, it's purely an accident of geography. The road is just too far off the beaten track to make development or even basic maintenance worth it, too inconsequential for even a road agent's budget.

But what places they are, these back roads left alone because they're just too far away--too

many miles, too many minutes, from the nearest shopping center or school or hospital or commercial downtown.

These are the old roads with just one lane, an old two-wheeled track worn down by the farmer's ox-cart of long ago, when life was paced by an adult person's stride or the speed of a fast horse.

But someone built those stone walls on either side of the road, and the ones marking lot and range. And so, you look closer under the bushes and trees, and the old cellar holes are there, most of them for small houses, built to conserve heat.

You could throw a cat through the walls, the old saying goes about a house put up with posts, beams, and boards. But eventually on came the clapboards and plaster, with plenty of horse-hair mixed in, and the last coat smoothed with a finesse worth good money.

Old cellar holes make me wonder how the peo-

ple lived. Dishes, for instance. How did they do the dishes? Hot water from the big kettle on the wood stove, and lye soap--that's the answer you always get, from all the books. Well, that's pretty tough dish-doing, and this from a guy with a lifetime's worth of doing dishes. Growing up--dishes. In camp--you guessed it, dishes. Even a thousand miles north, in the near-tundra of Labrador--dishes.

How did they do the utensils, the knives and forks and spoons? Maybe the old Appalachian Mountain Club "hut-croo" way, the utensils tossed into a tub of soapy water, atop which you do the plates, and the utensils thus get swished around, and then rinsed with hot water, a method tried and true.

And I wonder about that other business, the two-holer business, common to us all. The fabled Sears, Roebuck catalog could go only so far. And then what? Corn husks and corn cobs seem rough and unlikely. What, then? Moss gets a

maybe. A handful of hay seems more likely.

Proximity to water was an important factor in the location of every house. Not every house could be downhill from a good spring, the absolute ideal situation. Eventually, for many households it came down to a good dug well. As the children got older, hauling water was on the list of chores.

Unless, of course, you could move water uphill. And indeed they could, after the invention and patents for a wonderful pumping device called the ram.

The water ram, after its design was refined and perfected, could move water 35 feet in elevation from its point of intake. It used gravity itself to make this happen.

Basically, water flowed into a big chamber, which then pushed out the water in a smaller chamber. Water came into the kitchen sink one pint or quart at a time, but come in it did--one of the great improve-



JOHN HARRIGAN

Old roads, with barely a two-wheel track and no utility poles or wires, are at the mercy of commercial development and housing.

ments and emancipators in kitchens of old.

My parents were pretty upset when I quit college in my freshman year, never to look back. As punishment, they sentenced me to the job

of tearing down the old ell of their new farmhouse. All I had for tools--and all, as it turned out, that I really needed--were a claw hammer, a pry-bar, a big old cast-iron crowbar, a Mc-

See where the zombie craze began

“Night of the Living Dead” continues LRPA’s Shocktoberfest

LACONIA— Just when you thought it couldn’t get any scarier out there ... LRPA After Dark unveils our Fifth Annual Shocktoberfest, a month devoted to vintage horror films. This weekend (Oct. 23& 24), we screen the granddaddy of all zombie movies: 1968’s horror masterpiece “Night of the Living Dead,” directed by George A. Romero and starring a cast of unknowns who would instantly become cult stars, including Judith O’Dea and Duane Jones.

The plot of “Night of the Living Dead” is very straightforward. Barbara (O’Dea) and her brother Johnny are visiting their father’s grave and get attacked by a strange man. Johnny is badly hurt, but Barba-

ra manages to get away and barricades herself in a nearby abandoned house. By this time, several other ominous, shuffling figures have joined the original attacker and are trying to break into the house. A man named Ben (Jones) fights off the hoard and joins Barbara inside. He explains what’s happening – that radiation has caused the dead to rise from their graves and eat the living! Soon, Ben and Barbara discover that there are other people hiding in the house, including a teenaged couple and a family with a young daughter who has been attacked by one of the undead. What will happen to our survivors? Will they make it out alive?

While not the first zombie movie ever made

-- films featuring the undead have been around since the 1930s -- “Night of the Living Dead” is considered one of (if not the) most influential horror films ever made, and laid down ground rules for the zombie subgenre that are followed to this day. (Example: the only way to kill a zombie is to destroy its brain.) George Romero shot this film in 30 days for less than \$115,000. Many of the cast also served as crew, makeup artists, production workers and even investors. It was a hit with film goers, who had never seen anything like it. But many critics really didn’t know what to make of this low-budget movie that broke so many taboos, was brutal in its gory simplicity, and featured a young,

handsome and courageous African American male as its lead. It was a lot to consider in 1968, and 50-plus years later, “Night of the Living Dead” still has the power to shock and terrify viewers. In 1999, “Night of the Living Dead” was inducted into the National Film Registry of the Library of Congress, and made the American Film Institute’s list of the 100 most thrilling horror films of all time. It’s as classic as it gets! Grab your candy corn and join LRPA after dark for this chilling, ghoulish freak show of a film.

Mark your calendars for Shocktoberfest’s delicious Halloween treats: Oct. 23 & 24: “Night of the Living Dead,” 1968 Oct. 30 & 31:

“Horror Express,” 1972

You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then watch us online at live.lrpa.org to catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, non-commercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meet-

ings) to more than 12,000 homes in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that fosters free speech and the open exchange of ideas, encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

STRATEGIES FOR LIVING

Life without limits: The Nick Vujicic story

BY LARRY SCOTT

When Dusanka Vujicic saw her newborn baby for the first time in 1982, she panicked. “Take him away,” she said. “I don’t want to touch him or see him.” Nothing had prepared her to welcome a baby, as precious as any newborn, who had no arms or legs. But a few minutes old, Nick was already discovering that life is tough.

Thanks to parents who determined he should live as normal a life as possible, Nick early on developed a can-do attitude. Using the two toes of his left foot, he was able to shave, answer the phone, and get a glass of water. Routine living skills such as feed-

ing himself, personal hygiene, and getting back up after falling had to be learned. He had access to prosthetics but discovered he did better on his own without them.

When Nick was fifteen years old, he invited Jesus Christ to be the Lord of his life. That changed everything. At the behest of a high school janitor who believed in him, Nick began to speak to small audiences when he was 17. He found that he had an amazing ability to instill in others, overwhelmed with their own handicaps, a determination to succeed.

“Life has its ups and downs,” he would say, “but how that journey ends is up to you today. When you fall down, it’s not the end. Are you going to make the choice to get up and not give up? There is no greater disability in life than to make the decision to give up.”

That attitude was not

lost on a young lady by the name of Kanae Miyahara who had come to hear him speak in McKinney, Texas. She was impressed, and so was Nick. In his words, “She literally took my breath away. I could not take my eyes off her. I could hardly concentrate on what I was saying.” The rest, as they say, is history. They were married in 2012 and now have four children, two boys, and twin girls.

“I found happiness,” he writes, “when I realized that as imperfect as I may be, I am the perfect Nick Vujicic. I am God’s creation, designed according to His plan for me. That’s not to say that there isn’t room for improvement.

“I’m officially disabled, but I’m truly enabled because of my lack of limbs. My unique challenges have opened up unique opportunities to reach so many in need. Just imagine what is possible for you!

“When you give up on your dreams, you put God in a box. After all, you are His creation. He made you for a purpose. Therefore, your life cannot be limited any more than God’s love can be contained. You have a choice. We can choose to dwell on disappointments or we can choose to learn from the experience and move forward” (“Life Without Limits,” pp. 1, 2).

And that is the message I want to convey. Strategies for Living is here to help. Talk to me; let me know what you are going through. Life is tough, and sometimes, very unfair. But we can surmount our problems, we can survive our mistakes, we can accept our handicaps, and we can rise from the mire to prove life still rewards those who persevere and refuse to give up.

For more thoughts like these, follow me at indefenseoftruth.net.

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HIGH SCHOOL SLATE

Thursday, Oct. 22

BELMONT
Girls' Soccer vs. Laconia; 4

GILFORD
Boys' Soccer vs. Plymouth; 3:30
Girls' Soccer at Plymouth; 3:30
Volleyball vs. Plymouth 5:45

Friday, Oct. 23

BELMONT
Boys' Soccer at Winnisquam; 4
Volleyball at Winnisquam; 6:15

GILFORD
Cross Country at Moultonborough; 4

WINNISQUAM
Boys' Soccer vs. Belmont; 4
Girls' Soccer vs. Belmont; 6:15

Saturday, Oct. 24

GILFORD-BELMONT
Football vs. Plymouth; 2

WINNISQUAM
Football vs. Newfound; 2

POLICY

(Continued from Page A1)

impact his business and it seemed to be targeting his business directly. He asked the board to revisit this policy and asked why the board would approve a policy like this in the first place.

Board Chair Chan Eddy said he recalled part of the reason for the policy was an “explosion” of facilities that were for storage only and the Glendale Committee was concerned about having an influx of these storage facilities without ones that did other services.

Selectman Gus Benavides with Planning and Land Use Director and Glendale Committee member John Ayers said the policy was intended to limit the use of the Glendale docks to residents or specifically marine businesses and Benavides said this has been discussed for a number of years.

“I want to get that on the record: I don’t want anyone accusing us of having favoritism towards one or another,” Benavides said. “I just wanted to make sure of that because we have addressed this over the years it’s not something new. We have really looked at this.”

Keenan said he was never contacted about this policy and no one asked him if this could potentially impact his business. He said this policy seemed to target him, especially as one of his competitors is a member of the Glendale Committee.

Eddy said he agreed with Keenan that the town should revisit this policy because it had unintended consequences on a town business.

“Sometimes we don’t realize this happens until someone like you says, ‘Hey I think you

overlooked something here,’ and which is the reason why I’m glad that you brought it to my attention because now it’s something we can address,” Eddy said. “Otherwise we’d just be going along kind of ignorant of one of the unintended consequences of this.”

Benavides said he would want the Glendale Committee to review this and give their opinion to the board before any decisions are made. Selectman Kevin Hayes said he agreed, but there was a Gilford business owner who had an immediate issue, saying Keenan’s business fits the criteria for offering boat services.

Hayes moved to grant Keenan a commercial marine operator’s permit to use the Glendale docks under the policy that he pay \$1,000 a year. The board approved the motion.

Gilford field hockey comes up short against speedy Knights



JOSHUA SPAULDING

Gilford's Taryn Fountain and Kingswood's Abby Kelly chase after the ball in action last week.

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — After having a game cancelled earlier in the week, the Gilford and Kingswood field hockey teams were able to square off in Wolfeboro on Thursday, Oct. 15.

The Knights were able to use their home turf to their advantage, picking up a 4-0 win over the Golden Eagles and became the first team to ring the newly-installed Victory Bell.

“They had good connecting today, the team chemistry showed,” said Kingswood coach Kaitlin Reilly. “They created opportunities and connected with each other.”

"That was a great tune-up for the tournament," said Gilford coach Dave Rogacki. "To play someone that composed and a team that fast, we couldn't simulate any of that in practice."

Gilford had the best of the earlier chances, as they got in the offensive zone early on, including a couple of corners, testing Kingswood keeper Quinn Meserve early on, but she was up to the task in her season debut. Rachael Paraskos helped out with a solid defensive stop for the Knights.

Emilia Galimberti

and Abby Kelly combined on a bid for the Knights and Ana Ekstrom got in close as well. Allie Drew also had a shot that Gilford keeper Caroline Guest was able to turn away.

Allison Carr came back with a bid for Gilford and the Golden Eagles got a corner but they could not convert, thanks to solid defense from the Knights.

With 4:24 to go in the first quarter, the Knights were able to get on the board, as Kelly made a nice cross to Ekstrom, who put the shot on net. Guest made the save but Ekstrom got the rebound and put it in for the 1-0 lead.

Galimberti and Ekstrom teamed up on a chance and the Knights had a late corner, with Ekstrom getting off a shot while Maddie Guest had a nice defensive stop for the Golden Eagles. As the first quarter ran down, Gilford got in the offensive zone but Haley Brooks and Paraskos turned the ball away and the quarter ended with Kingswood up 1-0.

Addy Wernig had a shot go just wide for Gilford to start the second and then Kelly and Ekstrom had chances for the Knights, with

Ashley Hart and Taryn Fountain turning in good defensive stops for the visitors. Kingswood had the first corner of the second quarter but could not convert and Erin Meyer got a chance for the Knights but Lauren Nash-Boucher was strong on defense for Gilford.

Kingswood came back with a number of corner chances but Caroline Guest held tight in her net and Fountain turned up a good defensive stop as well. Hailey Kelly made a nice move through the Gilford defense for the Knights and after another Kingswood corner, Nash-Boucher stood strong with a defensive stop and Fountain had a good clear.

Drew had a chance for the Knights that Caroline Guest stopped. Carr came back the other way with a chance that Hailey Kelly blocked and Abby Kelly went the other way with Caroline Guest making the save. Lexi Shute had a nice steal and run into the zone while Jordyn Byars made a nice cross that missed connection in front. Gilford had a late corner with Shute getting off a shot but the game went to the half with Kingswood up 1-0.

Kingswood's Alexis Booth works to try and knock the ball away from Allison Carr of Gilford in action last week

Gilford came out early with a chance, as Carr sent Aly Pichette in with a chance but Meserve came out to kick the ball away, sending the Knights back down the field, where they were able to get on the board.

With less than a minute gone in the quarter, Ekstrom sent the ball in to Meyer, who sent a nice cross into the circle, where Abby Kelly was able to pop it in the net for the 2-0 lead.

The Knights came back with a chance from Kelly on a corner but Caroline Guest stood strong.

However, Kingswood was able to up the lead to 3-0 with a goal from Drew after a scrum in front of the net.

Kingswood kept coming and with just more than seven minutes to go in the third quarter, Kelly drove a reverse shot from near the edge of the circle to the back of the net for the 4-0 lead.

Gilford came back with a couple of corners as the quarter rolled along, but they could not get the ball in the net. Carr had a nice cross that missed connections and Nia Garland turned in a good defensive stop on a Gilford corner to close the quarter with

Kingswood up 3-0.

Maddie Guest had a nice defensive stop on Abby Kelly and Kingswood had a corner but could not convert. Gilford had a couple of corners, with Carr sending a shot just wide of the net. Pichette made a good run in but sent a shot wide of the net and Carr also sent a shot wide. At the other end, Meyer had a shot go wide of the net and Gilford had a late corner that went wide of the net and Kingswood took the 4-0 win.

"We tell them it's not the mistakes that matter, it's what is done after that counts," Reilly said. "Today, the little mistakes didn't matter and they made up for it each time."

The veteran coach noted that Meserve was strong in her first game back from injury this season and the defense was strong in front of her. And Abby Kelly continues to get better.

"It was good for her to get the shutout," Reilly

said. "And the defense really wanted it for her. And Abby, her stick has caught up to her feet."

"At Laconia, we were OK on the turf, but they aren't nearly as fast as these guys," said Rogacki. "We aren't used to the turf and were not used to the speed of such fast teams."

"I'm very happy with the amount of corners we got and how we executed," the Gilford coach continued. "And Caroline had 12 saves, that's the most she's had all year."

Gilford was set to open the postseason tournament after deadline Monday against St. Thomas. If they won that game, they'll be playing on Friday at Franklin.

Kingswood will be hosting either Kennett or Plymouth today, Oct. 22, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



KATHY SUTHERLAND

Final week arrives

The Gilford volleyball team took on Kingswood last Thursday and picked up a 3-0 win. The Golden Eagles will be wrapping up the regular season today, Oct. 22, at home against Plymouth at 5:45 p.m.



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Applications can be obtained through the District website at https://www.sau80.org/departments/human_resources, or by visiting the Superintendent of Schools Office at 58 School Street, Belmont, NH or by calling 603-267-9223.

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FOOTBALL

(Continued from Page A1)

just 58 seconds into the second quarter. The two-point conversion was incomplete and Gilford-Belmont had the 6-0 lead.

Winnisquam put together a long drive, with Nolen Perrino, Brady Palmer, Nichols and Andre Cormier doing the work on the ground while Nichols also hit Garret Mango for a couple of passes and the Bears got the ball to the 14-yard line. However, a penalty and some defensive stops by Cooper Brown pushed the Bears back. A penalty moved them up to the 24 for fourth and long and Nichols found Cooper French with a pass but his dive came up just short of the first-down marker, giving Gilford-Belmont the ball back.

McLean hit Nelson for a first down on third and seven but the Golden Eagles had to punt the ball away. Winnisquam was unable to generate any offense on the next drive and punted away. Gilford converted a fourth and 10 when Reese passed to Gallagher to get the ball to the



Winnisquam's Garret Mango drills Gilford-Belmont's Nick Arenstam in action Saturday afternoon.

25 but a Nichols interception in the end zone ended the half, with Gilford-Belmont up 6-0.

The Bears started the second half strong with Nichols picking up 13 on a pass to Mango. But they couldn't get any further and Gilford-Belmont took over. However, the Golden Eagles fumbled the ball away and Mason Fellows recovered for the Bears.

The visitors got the ball back just one play later when Reese was able to intercept a Nichols pass. This time, Gilford-Belmont moved the ball, with Blake Descoteaux getting the bulk of the carries as the Golden Eagles kept the ball on the ground and moved up the field. Normandin and Arenstam also carried the ball and the Golden Eagles got into the end zone on a three-yard carry from Descoteaux with 3:49 to go in the third. Descoteaux also carried the two-point conversion in for a 14-0 lead.

Winnisquam was able to move the ball with Gabriel Brown getting

then Nelson caught the two-point conversion for the 22-0 lead with 7:49 to go in the game.

Winnisquam went three and out on the next drive, with Noah Pearson doing a nice job grabbing a high snap and getting the punt of. Gilford-Belmont also went three and out but Winnisquam answered with another three and out. The Golden Eagles were unable to pick up a first down on their next drive and Nichols hit French for a first down to start the final drive, but the game ended with a 10-yard Nichols run.

"Any time you go up against a team with as much success and pride as them, it's nice to go out and compete and take down a team you respect a lot," Marzahl said, also noting that the running backs, Normandin and Descoteaux asked to carry the load during halftime.

"At the half, both running backs came up and asked to run the ball more," Marzahl said. "Our offensive line picked up their end of the bargain too.

"And you can't say

enough about Jack and his effort out there," the Golden Eagle coach said of his quarterback. "He was basically throwing on one foot."

"The conditions weren't good, but they played in the same conditions as we did," said Hunt. "But the rust showed today, we're better than what we showed today."

Hunt noted the rustiness was more obvious on offense than on defense, which he said did a good job.

"Defensively, there was just a couple of key plays," Hunt said. "Offensively, you could tell we're not clicking like we usually do."

Next week, Gilford-Belmont is scheduled to be at Plymouth and Winnisquam facing Newfound, but with playoffs on the horizon, that is subject to change.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

STORE

(Continued from Page A1)

pet owners, ranchers, part-time and hobby farmers, gardeners, homeowners, tradesmen and others. Tractor Supply customers will be able to access a wide range of products including all pet and animal feed, propane tanks, cleaning supplies, gloves, trash bags, certain food items and more. The store will carry top brands, such as Purina, Carhartt, Blue Buffalo and Hobart, as well as products exclusive to Tractor Supply.

As an essential, needs-based retailer, Tractor Supply is committed to taking care of team members, customers and communities during the COVID-19 pandemic, and the Company has taken a number of key actions to protect and support customers in Gilford:

Increasing inventory supply for essential

products such as livestock feed, equine feed, pet food and other critical consumable items.

Adding Team Member hours in stores and hiring an additional 5,000 people to continue providing legendary customer service and promote safety in stores.

Adding a dedicated greeter at every store location to drive awareness of social distancing, monitor the number of customers in store and provide additional cleaning of key items like carts and registers.

Investing in technology through Mobile Point of Sale, Same Day/Next Day delivery capabilities and contactless payment options across the entire chain to enhance the safety of customers' shopping experience and provide greater convenience.

Conducting additional daily cleanings in

stores to maintain a safe shopping environment.

Endorsing the CDC's social distancing guidelines to limit exposure to other individuals by marking floors and adding signage to help customers and team members maintain safe distances.

Offering Contactless Curbside Delivery for Buy Online, Pickup In Store orders with a minimum of two parking spots allocated for these services. Customers can call the store phone number once they arrive at the store, and a team member will bring the order to their vehicle.

Dedicating an exclusive shopping hour for high-risk customers and seniors 60 and older every Wednesday from 8 a.m. to 9 a.m.

In addition to supplying dependable products for farm, ranch and

rural customers, the Gilford Tractor Supply Company values community engagement and is delighted to have the opportunity to support local animal shelters, area 4-H clubs and FFA chapters and more. Customers can also sign up for Tractor Supply's Neighbor's Club loyalty program, which will make them eligible to receive member-only offers, birthday offers, personal purchase summaries and receipt-free returns.

During the COVID-19 pandemic, the Gilford Tractor Supply store at 9 Old Lake Shore Rd. Unit 6 will be open with adjusted hours from 8 a.m. to 9 p.m. beginning Monday, Oct. 26. To learn more about Tractor Supply Company, visit TractorSupply.com. For additional information on the Neighbor's Club program, please visit

NeighborsClub.com.

About Tractor Supply Company

Tractor Supply Company (NASDAQ: TSCO), the largest rural lifestyle retailer in the United States, has been passionate about serving its unique niche, as a one-stop shop for recreational farmers, ranchers and all those who enjoy living the rural lifestyle, for more than 80 years. Tractor Supply offers an extensive mix of products necessary to care for home, land, pets and animals with a focus on product localization, exclusive brands and legendary customer service that addresses the needs of the Out Here lifestyle. With more than 38,000 Team Members, the Company leverages its physical store assets with digital capabilities to offer customers the convenience of purchasing products they need

anytime, anywhere and any way they choose at the everyday low prices they deserve. At June 27, 2020, the Company operated 1,881 Tractor Supply stores in 49 states and an e-commerce website at www.TractorSupply.com.

Tractor Supply Company also owns and operates Petsense, a small-box pet specialty supply retailer focused on meeting the needs of pet owners, primarily in small and mid-size communities, and offering a variety of pet products and services. As of June 27, the Company operated 180 Petsense stores in 25 states. For more information on Petsense, visit www.Petsense.com.

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alcohol are all important steps in helping to prevent breast cancer. Early detection is also key in the fight against breast cancer, so be sure to perform a breast self-exam each month, and ask your doctor when to schedule mammograms and other screenings.

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A breast cancer diagnosis can be devastating to the more than 200,000 American women who receive one each year, but it's important to remember that great strides have been made in successfully treating the disease. At Harding Cancer Center, we take a multidisciplinary team approach to breast cancer treatment, using the

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SOCCER

(Continued from Page A1)

went wide of the net and then Amelia Kilmister just missed connecting on a bid. Megan Davey just missed connecting with Marcella DeNitto on a chance for the Knights as well.

Gilford keeper Hannah Gannon came out and made a nice grab on a bid from the Knights and Jaiden McKenna made a nice defensive stop for the Golden Eagles. Caravella just missed connecting with DeNitto and Anna Tibbetts on a

chance for Kingswood and Alyssa Craigie had a shot go wide for the Golden Eagles. Gilford had a corner but Simpson was able to clear the ball from the zone. Caldon and Elizabeth Albert had good chances for Gilford

as well. However, with less than two minutes to go in the half, as Albert got a shot on net and Turner made the save but Albert was able to collect the rebound and deposit it in the goal for the 1-0 lead at the halftime break.

Gilford had a couple of early chances and just a few minutes into the half, the Golden Eagles were able to capitalize, as Geena Cookinham was able to convert on a corner for the 2-0 lead. Cookinham continued to pressure with a shot that went wide while Caldon had a shot stopped by Turner. Kenyon also had a shot go over the top of the net.

Maura Hughes just missed connecting with Caldon in front and then Leigh and Gracie Hanson were able to clear the ball from the zone in front of the net. Turner made a nice grab in net while Gilford continued to pressure in the zone, with Albert, Kenyon and Cookinham all getting chances. Kenyon fired a shot off the post and Cookinham got to the rebound, firing the ball off the cross bar.

Davey was able to clear the ball out of the zone on a direct kick by Kenyon and Ashley Kulcsar sent a direct kick over the top of the net for Gilford. Davey



Kingswood's Cassidy Simpson and Gilford's Ashley Kulcsar chase down the ball in action last week.

and played hard," said Kelly. "It's a wonderful bunch of girls."

He noted that Turner and the defense played a strong game.

"I thought we gave them a good game," the Knight coach added.

Gilford was coming off a pair of losses to Belmont the previous week. In the first game, Cookinham had the lone goal in the 3-1 loss while in the second game, Albert scored her first varsity goal and Kenyon and Cookinham each added goals in a 4-3 double-overtime loss.

The Golden Eagles are scheduled to close the regular season today, Oct. 22, at Plymouth at 3:30 p.m.

The Knights are also scheduled to close the season today, Oct. 22, at home against Prospect Mountain at 7 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Your diagnosis may have been delayed by a misinterpreted mammogram performed at: **Weeks Medical Center or Androscoggin Valley Hospital** between 2015-2017 and you may be entitled to compensation

The time limit for bringing a claim may end in 2021

To learn more call Holly Haines at:
Abramson, Brown & Dugan,
in Manchester, NH
(603) 627-1819 - www.arbd.com

All inquiries will remain confidential.
Your identity will never be made public.