THURSDAY, JUNE 17, 2021

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### Pasquaney Garden Club hosts successful plant sale



Boy Scouts carrying plants to a car while others searched for plants in the quickly selling plant supply.

BRISTOL — The first item on the Garden Club's agenda is to thank everyone who supported the annual Plant Sale which was held on Saturday, June 5. The community response from attendees and helpers was particularly uplifting this year both with increased numbers of plant donations and monetary support.

As if the human support, interaction and enthusiasm were not enough of an uplift after a hard period of life, it

is with great appreciation that the Pasquaney Garden Club announces this was the highest fund raiser plant sale ever! Approximately 500 plants were available and almost all were sold! Many people made extra donations as they paid for plants. Others, who didn't need plants, came to donate and buy raffle tickets for the Quilt & Pillow Raffle (drawing Aug. 17 at noon). Yes, it does take a village, and yes, this is very supportive one made up of multiple area towns.

The sale setting in the parking lot between the Minot Sleeper Library and the Butterfly Garden took on a heartwarming sphere of reunion as old friends chatted among the plants and others took time to visit or sit in the Butterfly Garden. Visitors remarked on the community benefit of floral beauty around the village, thanking all the volunteers who made them "feel happy and proud to drive into SEE **SALE** PAGE A9



Part of the Butterfly Garden Path this week featuring an art project from one of the Minot Sleeper Library children's groups.



Happy plant buyers at the cash table during the Plant Sale.

### Circle Program to offer PSU Athletics hands out free meals to campers

cle Program is participating in the Summer Food Service Program. Meals will be provided to all eligible children, free of charge. To be eligible to receive free meals at a residential or non-residential camp. children must meet the income guidelines for reduced-price meals in the National School Lunch Program.

The Summer Food Service Program is designed to fill the nutrition gap and make sure children can get the nutritious meals they need.

BRISTOL — The Cir- During the school year, ticipation requirements many children receive free and reduced-price breakfast and lunch through the School Breakfast and National School Lunch Programs. What happens when school lets out? Hunger is one of the most severe roadblocks to the learning process. Lack of nutrition during the summer months may set up a cycle for poor performance once school begins again. Hunger also may make children more prone to illness and other health issues.

Acceptance and par-

for the Program and all activities are the same for all, regardless of race, color, national origin, sex, age, gender or disability and there will be no discrimination in the course of the meal service. Meals will be provided at the sites and times below:

Circle Camp June 26-July 15

Circle Camp July 17-July 31

Circle Camp Aug. 2-Aug. 6

USDA Nondiscrimi-

nation Statement SEE CIRCLE PAGE A9

## Panther Awards

PLYMOUTH — The Plymouth State University Department of Athletics announced its annual Panther Awards winners during a video premiere on Facebook and YouTube Friday after-

The ceremony, forced to be virtual for the second straight year, honors individuals from each athletic team and the athletic training program who best represent Plymouth State athletics' mission on the field, in the classroom and throughout the community, with each program setting its own additional criteria.

The video remains available for viewing on the department's Facebook page (@PSUPanthers) and YouTube channel (Plymouth State University Athletics), as well as on the department web site (athletics.plymouth.

edu). Award winners are listed below.

Baseball - James Salta of Laconia. Men's basketball- Gerald Fleming of Tampa, Fla.

Women's basketball - Alessia Salzillo of Saugus, Mass.

Men's cross country - Jared Wolf of Tyngsborough, Mass.

Women's cross country - Kim Bowles of Tamworth.

Field hockey - Olivia Geisser of

Lowell, Mass. Football - Conor Hiner of Brattle-

Men's ice hockey - Jake Gerbner of Havertown, Pa.

boro, Vt.

Women's ice hockey - Siri Brett of

Wenatchee, Wash.

Men's lacrosse – Zach Conrad of Walpole, Mass.

SEE **AWARDS** PAGE A9



#### A night to remember

A group of parents and community members came together last week to put on an outdoor prom for Newfound Regional High School's Class of 2021, creating an "Evening Under the Stars" at Kelly Park in Bristol, where the soon-to-be graduates danced the night away with donated food and fun games. For more prom photos, see pages 6 through 8.

### **Science Center** offers Family **Access Membership**

HOLDERNESS — Squam Lakes Natural Science Center offers a new Family Access Membership to the Science Center, for New Hampshire families receiving food assistance (SNAP) benefits. This furthers the Science Center's mission, to advance understanding of ecology by exploring New Hampshire's natural world, to more visitors regardless of income level.

The Family Access Membership is \$25 and must be purchased at Admissions on-site at the Science Center from May 1 through Nov. 1. An eligible adult must provide their name, address, email, phone number, and show a current EBT card and photo ID.

SEE **MEMBERSHI**PAGE A9

# Organizers grateful but cautious about 2021 Bike Week



Charlie St. Clair and Jennifer Anderson, executive director and deputy of Laconia Motorcycle Week, respectively, present a plaque of appreciation to Laconia Fire Chief Kirk Beattie for the department's work in putting out the fire at rally headquarters on Christmas of 2020.

BY ERIN PLUMMER

mnews@salmonpress.news

LOUDON — The 98th annual Laconia Motorcycle Week is going on as scheduled, with organizers and stakeholders optimistic with plenty of caution.

Rally organizers, local officials, public safety representatives, and event hosts took part in a press conference at the Northeast Motorsports Museum at New Hampshire Motor Speedway to kick off this year's Bike Week.

Last year's event took place in August, which many participants said felt strange, though everyone felt fortunate it took place given the pandemic. Last year the Laconia city council debated if the event should go on, though agreed to

allow it in August under specific rules such as no vendors.

"There was just so much fear and worry of what to do in regard to Motorcycle Week," said Motorcycle Week Executive Director Charlie St. Clair. "We got through August. I knew the rally was fine for those who come to ride their motorcycles, enjoying themselves."

St. Clair said in February, there was another discussion about possibly postponing the rally given rising COVID-19 numbers. He said those concerns were worked out with a lot of collaboration. He thanked the city and the state for every way they have

be done; people need to take precautions," St. Clair said.

He thanked the state and the federal government for their work on distributing vaccines.

"Without that, we could've been in the same state we were this past August. I really believe that," St. Clair said.

Misfortune struck the rally again when a fire broke out in its headquarters in Laconia on Christmas day of 2020. The fire killed a cat and destroyed a number of items.

At this year's press conference speakers talked about a feeling of gratitude that given all the circumstances.

Laconia Mayor Andrew Hosmer said this "There's still a lot to has been a long year, not



Gov. Chris Sununu speaks at the kick-off press conference for this year's Bike Week.

only with the pandemic but also the fire that struck rally headquar-

"As the mayor, I think I find myself talking not about our city so much as about our residents so much, but about our community: what comm means," Hosmer said. "People coming together for a common purpose, working toward a common goal regardless of what's going on in the world around us."

Laconia City Manager Scott Meyers said the city is ready for Bike Week, but urged caution given the ongoing pandemic.

"We want the economic boom for the state; we want our businesses and their employees to be successful; we want everyone to be safe because while we're heading into the eighth of the ninth inning, we should use some common sense in what they do because this is probably, even though it's a 10 day event, we're probably one of the largest events the state is hosting," Meyers said. "I have every confidence in our crew in Laconia to pull this off successfully, safely, and healthy for everyone."

Gov. Chris Sununu said the pandemic is still going on, but the country and especially New Hampshire are far ahead. Sununu said it was important to have the rally this year.

"It was really important because it was about setting that tone," Sununu said. "This is a landmark event for the state. To say we'll put that on pause, that would have really set reverberations: not just for this event in the future, but

really for last summer."

He said not only are visitors coming to the Lakes Region they are also exploring the rest of the state.

Motorcycle Week deputy director Jennifer Anderson said their top priority is safety, not just for riding but also for health.

She said handwashing and sanitizing stations will be available all around the vendor areas.

St. Clair presented a plaque to Laconia fire chief Kirk Beattie in thanks for the department's response to the fire.

"They saved an awful lot: we lost an awful lot, but we could've lost an awful lot more and it was Christmas morning for heaven's sake, so were just so appreciative," St. Clair said.

### Fun in the sun? Think about sun safety

BY DR. ANDREA BERRY

Family Medicine

Mid-State Health Cente

sun is shining, and the first day of summer is just around the corner! After being cooped up all winter, it's time to get out and enjoy the sunshine. However, sun exposure can be dangerous, and and non-melanoma skin cancers come from damage caused by the sun, but there are many ways to protect ourselves from these complications.

Sunscreen is a very important method to

we all need to be diligent protect our skin from about proper protection. dangerous UV rays. Unfortunately, a major- Effective sunscreens, to exposed areas of the properly fitting sunity of both melanoma labeled as "broad spec-skin, especially on the glasses as well. trum" protect from both UVA and UVB rays. Sunscreens are categorized based on their SPF. which stands for Sun Protection Factor. These values range from 4 up to over 100, but the general consensus among experts is that an SPF sunscreen of 15-30 will do a sufficient job at protecting the skin from damaging UVB rays, and that SPF higher than 50 doesn't offer much additional benefit. However. there is no downside or potential harm to using a higher SPF sunscreen, so it's fine to use if that

> is what's in the cabinet. It is especially important for parents and caregivers to protect children from excess sun exposure and sunburns, and to teach them proper sun safety. The American Academy of Pediatrics recommends that children less than six months of age be kept out of direct sun completely. However,

sunscreen can be apface. In children older than six months, sunscreen should be applied to all exposed areas of the body, 15 minutes before going out in the sun, and should be reapplied every two hours, or more frequently if they are swimming. Sunscreens containing zinc oxide are best for areas more susceptible to burning, including the cheeks, nose, and tops of ears.

In addition to sunscreen, protective, tightweave clothes should be worn whenever possible when out in the sun. It is possible to overheat, however, so clothing should be lightweight and light colored. Hats with a brim are also advisable, to protect the top of the head, ears, and back of the neck. Remember, "baseball hats" don't offer any protection to the tops of the ears or the back of the neck! Eyes are also sensitive to the UV rays from the sun, so sun-

glasses are recommendplied in small amounts ed. Children should have

> It is also best to sit under cover, and not in direct sunlight, whenever possible. Trees provide great shade. The sun's rays are strongest between 10am and 4 pm, so limiting time outside during these hours will lessen sun exposure as well. It is also important to remember that the UV rays from the sun penetrate through clouds, so it is still possible to get burned on overcast, cloudy days. If you're going to be outside at all, it is best to protect yourself with sunscreen and clothing.

> Make sure to stay hydrated as well - sweating and higher body temperatures lead to in-

creased fluid loss, so it takes even more water to stay properly hydrated. Remember, you are with your skin every day, so if you notice a mole or rash that looks abnormal, be sure to bring it to your doctor's attention immediately.

Enjoy the beautiful NH summer, but protect your skin from problems in the future by wearing (and re-applying) sunscreen, keeping your skin covered with tightweaved clothing, staying in the shade, wearing sunglasses, and drinking water. And remember, if you notice something abnormal on your skin, give your doctor a call. For more information, visit www. skincancer. org or www.healthychildren.org.

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### New Hampton Farmers' Market opens June 26

NEW HAMPTON — The New Hampton Farmers' Market opens June 26, offering fresh local veggies, meats, eggs, milk, cheese, yogurt, maple syrup, baked goods, soaps, gift items, crafts, wooden puzzles, free music and more. Accepting new vendors too; register at www.OpenAirMarketNH.com. Located on Townhouse Road at the Historical Townhouse in New Hampton, off Route 104, just a few miles from Exit 23. Look for the signs - find us on Facebook. See you Saturday 10 a.m.-1 p.m. Free admission, free parking, open to the public June - October.



### THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Ashland	217 Thompson St.	Single-Family Residence	\$250,000	Brandon R. Mitchell and Cydney A. Taylor	,
Ashland	10 Vista Dr., Unit 84	Condominium	\$215,000	Daniel and Mary O'Brien	Vincent P. Chesarone RET
Ashland	63 West St.	General Office	\$240,000	Jeremy J. Hiltz RET	West St. Property Holdings LLC
Bridgewater	Whittemore Point Road N.	N/A	\$370,000	Joanne Mermelstein	Lynn M. and Martin V. Wahl
Bridgewater	125 Whittemore Point Rd.	N. Single-Family Residence	\$275,000	Nancy T. Hand	dobinson Fiscal Trust and Bradford C. Robinson
Bridgewater	155 Whittemore Point Rd.	N. Single-Family Residence	\$405,000	Douglas W. Allen	Moss Hall LLC
Bristol	N/A (Lot 11)	N/A	\$39,933	Robert J. Brooks	James and Stacey Foley
Bristol	N/A (Lot 12)	N/A	\$39,933	Robert J. Brooks	James and Stacey Foley
Bristol	N/A (Lot 13)	N/A	\$39,933	Robert J. Brooks	James and Stacey Foley
Bristol	N/A (Lot 14)	N/A	\$39,933	Robert J. Brooks	James and Stacey Foley
Bristol	N/A (Lot 6)	N/A	\$350,000	B. & E.M. Perry 2015 Trust	William J. and Mary T. Lapanus
Campton	30 Beech Hill Rd.	Mobile Home	\$190,000	Tera J. and Jamison K. Axon	Aspen Verhasselt
Campton	104 Champagne Circle	Single-Family Residence	\$575,000	Marie A. and Michael P. Pelletier	William F. and Nancy E. Sullivan
Campton	Ellsworth Hill Road (Lot)	Residential Open Land	\$325,000	David D. Masse	Kenneth and Darcie Kirkland
Campton	116 Meadow Lane	Residential Open Land	\$405,000	John G. and Deborah J. Deforest	Victoria Oratovsky
Campton	Quimby Road (Lot)	Residential Open Land	\$82,533	Kevin R. Campot	Shawn and Barbara Simoneau
Campton	49 Red Sleigh Rd., Unit 49	Condominium	\$139,000	RS49 RT and Normand E. Hebert	Matthew Lunney
Campton	Round Top Road	N/A	\$95,000	Robert M. and Jeanne L. Cola	David A. and Alexa E. Martin
Campton	6 Summit Dr.	Single-Family Residence	\$442,000	Roger L. Sicotte and Lindsey A. Hill	Elizabeth A. and Driton Mustafoski
Campton	1281 US Route 3	Single-Family Residence	\$160,000	Brenton G. and Lucinda L. Fysh	Matthew H. Fysh
Campton	N/A	N/A	\$125,000	Stephanie Chiasson	DF Holdings LLC
Campton	N/A (Lot 4)	N/A	\$185,000	Richard A. Dearborn RET and Gail S. Beau	ulieu Marianne E. Miller and Timothy J. Walsh
Ellsworth	Ellsworth Pond Road	N/A	\$190,000	Michael Maypother	Kier Wachterhauser and Sarah Kitchell
Groton	N/A (Lot 9)	N/A	\$55,000	Donna M. and Angela L. Bryant	Domenic and Nancy Pascariello
Hebron	24 Country Lane	Single-Family Residence	\$499,000	Malcolm W. Brawn Fiscal Trust and Lynda	J. Brawn Kenneth C. and Michelle Y. Hall
New Hamptor	n 154 Beech Hill Rd.	Single-Family Residence	\$400,000	Richard P. and Christine E. Harkins	James E. and Aubrey M. Engle
New Hamptor	n 633 Old Bristol Rd.	Single-Family Residence	\$468,000	Brian and Terry Hosig	Kevin P. and Mary McCarthy
Plymouth	51 Main St., Unit 1	Condo-Nonresidential	\$154,800	Chan and Tich Vuong	Goodboi LLC
Plymouth	51 Main St., Unit 2	Condo-Nonresidential	\$103,200	Tich Vuong	Goodboi LLC
Plymouth	103 Morse Rd.	Single-Family Residence	\$295,000	Patrick J. and Suzanne E. Wetmore	Amanda Doolin and Robert Dresser
Plymouth	16 Rockys Point Rd., Unit 1		\$310,000	Ryan S. Banfield and Emily E. Sieglinger	Peter Nordhausen
Plymouth	Texas Hill Road	N/A	\$104,000	Alicia M. Dunn	Noreen Howe
Thornton	Cart Road	N/A	\$375,000	JFF & SWF LLC	Russell P. and Lisa M. Merrick
Thornton	Centennial Way, Lot 18	Residential Open Land	\$65,000	Centennial Way LLC	Brian M. and Amy M. Pfingston
Thornton	Hiddden Acres Road	Residential Open Land	\$55,000	K&D RT and David N. Batti	Arlo Winston Development Group LLC
Thornton	79 Mountain River East Ro		\$226,000	Edward J. Buecker	Lingling Shen
Thornton	155 Sugar Run	Single-Family Residence	\$210,000	Sugar Run RT and Jason B. Psaros	Carter T. White
Thornton	US Route 3 (Lot)	Residential Open Land	\$100,000	Stone Dam Farm LLC	Russell P. and Lisa M. Merrick
Warren	Breezy Point Road	N/A	\$150,000	Robert and Yvonne Debruyn	Jared A. and Maria E. Gray
Warren	N/A	N/A	\$323,533	Michael E. and Peggy C. Horton	Theresa I. Corless and Christopher Lea
Waterville Valley 23 Black Bear Rd., Unit 1311a Condominium			\$122,000	Buessing 2017 Fiscal Trust and Richard L.	
Waterville Va	lley 8 Fletchers Way, Unit 3	Condominium	\$325,000	Ted and Bridget Torrey	Jeffrey P. and Mary L. Copeland

#### ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually or 669-3822. Copyright 2011. Real Data Corp. In the colministration forms is available at www.real-data.com www.thewarrengroup.com

based on tax stamps and might be inaccurate for public umn "Type": land= land only; L/B= land and building; agency sales. Refer to actual public documents before MH= mobile home; and COND=condominium. Transforming opinions or relying on this information. Ad- actions provided by The Warren Group, Boston Ma., ditional publicly recorded information on these sales, publishers of The Registry Review and Bankers and prior sales and data from Department of Revenue Ad- Tradesman newspapers, Phone: 1-800-356-8805. Website:

### ~ Comfort Keepers ~ Six ways to help seniors prevent dehydration

BY MARTHA SWATS Owner/Administrator Comfort Keepers

Staying hydrated is important for maintaining health and keeping critical bodily functions working properly. This can be a challenge for some seniors because of changes that happen with age. Seniors may have a diminished ability to sense thirst. notice changes in body temperature and may be taking medications that have a dehydrating effect.

Being dehydrated can cause confusion, headaches, elevated heart rate, muscle weakness and fatigue. Because the effects of dehydration are so great, seniors need to be especially vigilant about getting enough water through the day. Seniors that think they may be dehydrated should discuss their symptoms with their doctor before making any changes to their fluid intake.

Older adults looking for ways to stay hydrated through the day should try these six tips to get started:

Talk to a doctor – not only can a healthcare professional provide a recommendation about how much water someone needs, they can also provide guidance and tips on managing water intake.

can be difficult to drink a lot of water in one sitting. However, creating a schedule that accounts for daily activity, physician-recommended intake levels and the preferences of the senior can help keep hydration on track.

Eat water rich foods Eating cucumbers, watermelon, apples and other water rich produce can help seniors get more fluids at meal times. Broth is also a good option.

Make water more fort interesting – For those that don't enjoy drinking water, adding small amounts of juice or flavoring to water can make it less boring. Popsicles are also a great option...especially warm days!

Reduce water loss excessive sweating can contribute to dehydration - keeping inside temperatures at a reasonable level, and being mindful of fluid loss during outside activities, can help seniors stay hydrated.

Don't wait for thirst – often, by the time seniors feel thirsty, they may already be dehydrated.

Comfort Keepers® can help

Comfort Keepers can provide support for seniors that are concerned about the issue of hydration. Our caregivers can

Create a schedule – it provide transportation to healthcare appointments, assist with meal preparation and planning, and provide support for physician-prescribed hydration regimens. Our goal is to support physical and emotional care goals, and to elevate the spirits of our clients and their families every day.

> To learn more about our in-home care services, contact your local Comfort Keepers location today.

> About Com-Keepers Comfort Keepers is a leader in providing inhome care consisting of such services as companionship,

transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items

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Please call 536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

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# Opinion

### CADY Corner

# Active listening: A better approach to talking to your child

BY DEB NARO

Contributor

If talking to your child about their substance use and other difficult topics results in arguing, the silent treatment or blank stares, it may be time for a new approach. Active listening is a communication skill to help you shift the tone away from anger and lecturing and engage your child in real, meaningful conversations.

So how do you avoid lecturing or circular arguments? By focus on listening to what your child is saying and exploring what they are thinking by using the following tactics (you can remember them as OARS): Open-ended questions; Affirmations; Reflections and Summaries.

O is for open-ended questions. Avoid yes-or-no questions. For example, instead of asking "Are you going to do this again?" you could ask "What do you think you could do differently next time?" This lets your child have real input and provides insight into their way of thinking. Open-ended questions let your child know that you are interested in what they have to say, inviting a conversation.

A is for affirmations. Let your child knows when you catch them doing things right. For example, if your child returns your text message when they normally ignore you, let them know you appreciate it. If they went out with friends and avoided drinking, acknowledge this accomplishment. While your child may continue to engage in unwanted behaviors, highlighting their wins can improve your relationship and help lead to positive change.

R is for reflections. Let your child know that you hear them by reflecting back what they have said. For example, if your child says, "My boss is a jerk. He docked me for being 10 minutes late," you can reflect it back by saying, "You're upset with your boss for cutting your pay for being late." This comment avoids any judgment and gives your child an opportunity to elaborate. A non-reflection like, "Well, what did you expect? A free pass?" puts your child on the defensive. Reflections keep the conversation moving forward and helps you to better understand your child's point of view.

S is for summaries. Gather and highlight your child's key points. Summarizing can help you change the direction of the conversation or wrap things up by leading into next steps. This might sound something like, "So let me see if I've understood what you've told me..." followed by the key points and next steps for you and your child. It may take some time and practice to shift the approach with your child but employing these simple tactics can help open and improve the lines of communication and strengthen your relationship.

For more tips on how to talk to your child about drugs and alcohol, visit our website at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGH Healthcare (934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 238-3555.

Courtesy

### Bears of the Week

**Newfound Memorial Middle** School's Bear of the Week Student & Staff Winners for the week of June 11th are Nathan Corliss and Matt Seaver for their representation of the NMMS Core Values. Thank you for being great members of our NMMS community and showing us what Respect, Responsibility, Pride, and Integrity are all about! Thank you to the NMMS Student Council and Literacy teacher Mrs. Taylor for sponsoring prizes to this week's winners!



#### **Sustainable Bristol**

### World Day to Combat Desertification and Drought

BY LAUREN THERIAULT

Happy World Day to Combat Desertification and Drought! Kind of a mouthful huh? Desertification refers to the process where land that was once forest or biologically productive turns into desert, spoiler alert: it's most often humans' fault. Previously deserts happened naturally and at a smaller scale, but increased deforestation, climate changes, drought and poor land management have made land that was once fertile into arid deserts at an alarming rate. Once this happens the land is no longer able to be planted on and loses plants as well as animals. Hard to imagine this problem here in lush green New

Hampshire, right? True this does not directly impact us here in New England, but almost 40 percent of the world is threatened by desertification. Sooner or later, it will impact us. Droughts also seem far off but even in NH we are impacted. Just last year. New Hampshire was in a drought which impacted crop yields, lake levels and stressed plants and wildlife. What can one do locally and globally?

Locally, plant a tree or seven. Trees work to sequester carbon, prevent erosion, create habitats for animals and insects and fight climate change. You can also work to stop erosion in your yard and community, find out about local programs that work towards this

like the NLRA which offers storm water management. Use native plants that require less water and grow deep roots which hold the land in place. Water your plants and lawn less often, if you do water the lawn make sure you do so efficiently by watering in the cooler times of day so less gets evaporated and installing drip irrigation. Use rain barrels to collect rainwater instead of taxing your plumbing. Limit or eliminate purchasing food or products made with palm oil. Palm oil production leads to deforestation, desertification, erosion, toxic water and animal extinction. A small change in your kitchen would make a big impact for the world.

Globally you can educate yourself on these issues. Look up the areas that are threatened. Donate money to agencies and towns that are trying to help the impacted communities. There are videos on the UN page about this issue showing communities in India, Costa Rica and Canada working to stop the land from becoming desert by using natural fertilizers, native plants, and efficient water management. If you have the means to support these endeavors, I suggest it. Be sure to appreciate this day by enjoying the area we live in, noticing the use of water and soil and working to create and save spaces for all.

#### **Letters to the Editor**

#### Thanks to spring plant sale volunteers and hosts

To the Editor:

Community support for the Belknap County Conservation District (BCCD) Spring Plant Sale is much appreciated. With over 300 plant sale orders, volunteers were key to success for BCCD's annual fund-raiser. Working through the month of April, volunteers helped wrap bare root plants and bulbs, and prepared orders with 88 different plants from asparagus to fruit trees and native trees and shrubs. Volunteers assisted with plant pick up days April 30 to May 2 by pulling plant orders and providing sage gardening advice.

Special thanks to Ward and Ginny Bird

- Picnic Rock Farms in Meredith who provided space to prepare, store and distribute the plants and the Gilmanton Historical Society who offered their site in Gilmanton Ironworks for another pick up location. Master gardener Nel Garden donated many hours and homegrown plants in support of BCCD. Others major contributors to recognize include Mary Caverly, Ann Sprague, Shirley Stokes, Donna Hepp, Dean Anson and Jodi Chamberlain. Thanks also to the record number of County residents ordered plants and live trout, or stopped by to purchase surplus plants during the event. BCCD Program Coordinator, Lisa Morin's leadership

in this effort was invaluable

BCCD's new Volunteer Coordination Program drew many new volunteers to this effort. We will have more volunteer opportunities to assist on conservation projects this summer and fall. Jennifer Curtis Cormier is assuming the lead for the Volunteer Program in June.

Our Conservation District's 75-year mission has been to provide conservation advice and assistance to landowners and communities in Belknap County. It is gratifying to see such strong support from local residents volunteering to conserve natural

resources, planting for

pollinators and to prevent erosion, and growing their own food.

Belknap County Board of Supervisors Dean Anson Laconia

> Jessica Bailey Laconia

> > Donna Hepp Belmont

> > Jamie Irving Meredith

Associate Board Members Earle Chase

Barnstead

Ken Kettenring New Hampton

#### NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

#### What's that sound in the woods? And a bit on bears and cougars



Guildhall's Roger Irwin took this photo of a male ruffed grouse (partridge), puffing itself up and drumming away. (Courtesy of Roger Irwin)

Some people say the sound is like someone trying to start an old lawnmower. Others are sure it's a chainsaw.

The sound is made by a male partridge (ruffed grouse) drumming. Campfire lore has the grouse beating its wings against a hollow log, and it does indeed sound like that, but that's not quite true. Using trickery known only to steelyeyed scientists (also untrue), the bird makes the sound by rapidly compressing air between body and wings.

Who can help but admire the partridge for steadfastness? There is almost a pathetic trust in this kind of courage. Females, after all, could well be avoiding this guy like a street-corner flasher. And the males, by drumming away in daylight, are telegraphing every fox, fisher, and bobcat about exactly where they are. They



"He's a jail-bird," said Gerry Allen about this raccoon he trapped near his home along Bishop Brook Road in Stewartstown. (Courtesy of Gerry Allen)

might as well have a big neon sign, "Eat at Joe's."

All this gives females (human variety) yet another reason to roll their eyes and say, "Guys."

While the males risk becoming someone's lunch, the females display a courage beyond fierce in defense of nests and chicks. It's a notch

above even the familiar broken-wing act.

I've had this happen to me only twice, and it is both rare and awesome. You need just the right set of circumstances.

It all has to be a total surprise---you, stumbling onto a mother and her fuzzy little chicks, she believing that you pose an imminent threat. She feels compelled to buy some time.

So she rushes at you, beak extended, hissing and spitting, wings wide, beak agape like a cobra ready to strike. What does this amount to, pound for pound?

In my book, absolute raw courage.

+++++

Moving forward, we seem to glom onto new phrases as they pop up in various media. The current favorite is, indeed, "moving forward," which is out there all over the place. Scarcely do I hear a catchy phrase on the radio or television than I see it in the New York Times or even (gasp!) Harper's maga-

What you don't see much now is "gone missing," the popular quasi-British term for just plain missing. It's like saying someone is "gone lost."

zine.

This past winter, when everything "science" became such a drumbeat, it was almost



surpassed by "metric, which automatically sounded soundly scientific. We heard "That doesn't fit in with the new metric." Ye gods, what did that mean?

I've hardly ever been lost, I tell people, I've just been temporarily misplaced. And if I can't get my bearings, I can always pull out map and compass. GPS? Yup, have that, and cell phone too---just can't get comfortable depending on them.

+++++

Thanks to Baker Bob, who helps out with tasks I'd be unwise to attempt, my bird feeders are empty and hanging from a rafter. Now, I do love to see not just the birds but also the other resultant wild creatures---squirrels, chipmunks, the occasional fox or hawk---but I don't want to get any bears into trouble.

Bears have incredible noses, and memories to match. They seem able to follow even a whiff of food for miles. And they seem never to forget a place where they've found food.

Fish and Game is right on when it repeats the mantra "A fed bear is a dead bear." If a bear associates food with peo-

SEE **NOTEBOOK** PAGE A9

#### **Letters to the Editor**

#### "It takes a village..." was never truer

To the Editor:

Hi, everyone! took some much needed rest Sunday and laid low, but wanted to make sure to post as soon as possible a message of gratitude to everyone who helped create a very special "Evening Under the Stars" for our NRHS students. When we took this idea to Paul Hoiriis, we had no doubt that we could pull this off for these kids. For the last 13 years, this senior family of parents have come together to make our kids' time together memorable. This group of parents are reliable, creative, and resourceful, so in a matter of weeks of planning, and one busy day of building, we created this stunning night of food, games, dancing, pictures, campfires, and friends.

The later prom date gave us a shot at warmer weather and no black flies! Also, it served as a kickoff event for the last week with our graduating seniors. Then with added lawn games, campfires, "photo booth" tent, and prom walk, we created depth to the traditional experience, and being outdoors in June gave students a chance to be mask free with their friends for the first time in a very long time! The extra activities allowed those who don't really like to dance to have other things to do, and the prom walk was an opportunity for the kids to be showcased with their dates all in one place instead of trying to troll Facebook for everyone's pictures. Parents came and stood along the walking aisle to get a glimpse of all the kids, and townspeople drove by or came and walked around appreciating all the festivities.

And none of this

would have been possible without all of the people below. So now to acknowledge all the rock stars of this event with the sincerest and most grateful thank you.

The Town of Bristol for use of the field

Les and Dan and the TTCC for the complete support of time and materials

Pierre Couture for the insurance, police detail, and constant support.

Garth and Andi Woolsey for the donation of their tents.

Fire Department for the fire permit

Officer Kelley and Arro for hanging out at Prom with us

All the wonderful food and drink donations by our very large list of parents

DJ Walter Wright donated his time and tal-

Tracy MacLean and Debbie Blouin, our two "unofficial" photographers who volunteered their night to take some amazing photos.

Set up: Andi and Garth Woolsey, Susan and Bill Karkheck, Autumn and Yung Doan, Beth and Jeff Perry(photo booth), Gabe Bauer, Jen Wyatt, Diane and Jack Ehmann, Dan Tucker, Jesse McGowan, Mike Blouin, Justin Shokal, Brian and Sandra Watson, and Bailey Fairbank

Chaperones: Nici Colby, Karri Peterson, returning helpers from the morning and a pop-in bunch of NRHS staff

Sheila Miller for the King and Queen sashes, septer, and crown

The Night time demolition crew for the breakdown at 11 pm: The Woolseys, Doans, Diane, Jack, and Adrian Ehmann, Paula McDonough, The Karkhecks, Ken Braley, Justin Shokal, Tracey and Art Seymour, Deb Blouin, and Bailey Fairbank

And also not to forget a thank you to the students who came to enjoy the experience.

The expression "It takes a village..." could not be more true in this

And added thanks to Tanya, Autumn, Kristin, and Diane (apparently the rockstar in this situation) who physically saved the tents in a quick but powerful rain burst less than 2 hours before the prom.

It was bittersweet at the end of the night sitting around with this phenomenal group of parents that have worked together for so long, when one of the parents said jokingly, "The next time we do this, we are ending at 9:30!" and someone else said, "there is no next time, this was it." It was a silent moment of acknowledgement and realization that our group has finished our job, and things are now chang-

Thank you to all those who commented Facebook, watched, participated, or just enjoyed any aspect of this prom. I hope upcoming classes will consider this experience and build off of it as an option for future proms.

Sincerely,

Amy Fairbank Kristin King Tanya Jollie Bristol

### **Arts & Craft Festival** June 19 & 20

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#### Over 150 Booths! Arts, Crafts, Food & Music!

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Father's Day gifts

If you're a dad, you may be in line to get some nice gifts on Father's Day. But your greatest gift may be your ability to help your children. One way of doing that is to get them started in the world of investing - and making a few investments on their behalf. Here are three possibilities:

• **529 plan** – If you invest in a 529 education savings plan, your earnings can grow federally tax-free, provided the money is used for qualified educational expenses. (Withdrawals not used for these expenses will generally incur taxes and penalties on investment earnings.) If you invest in your own state's 529 plan, you might receive some state tax benefits, too, depending on how your state's tax laws apply to 529 plans. State-by-state tax treatment may vary, so you'll need to consult with your tax professional about your situation.

Provided you stay within certain limits, you can also use a 529 plan to pay for qualified K-12 expenses and registered apprenticeship programs. And you can even use it to repay certain qualified student loans, within limits. A 529 plan can affect financial aid, but its effect is generally lower than that of other assets. And as the account owner, you have control of your 529, so, if one child decides not to go to college or pursue further education, you can switch beneficiaries. • UGMA/UTMA account - When you establish a special type of custodial account known as either UGMA (Uniform Gift to Minors Act) or UTMA (Uniform Transfers to Minors Act), you are providing financial resources that can be used for education or another purpose that benefits your child, such as summer programs.

One potential benefit of an UGMA or UTMA is that some of the earnings will be taxed at the child's rate, which is likely lower than your own. Plus,

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIP Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

UGMA/UTMA accounts typically allow a wide range of investment choices. However, once children reach the age of majority (typically 18 or 21) they gain complete access to the money and can do whatever they want with it.

• IRA - A child with any taxable compensation, such as money from an after-school job, is eligible to fund an IRA. You may want to open one on your child's behalf - and you can "sweeten" the offer by matching some of their contributions. You can't directly invest in the IRA, but you can give your child money for that purpose. Keep in mind, though, that the total amount contributed can't exceed your child's taxable compensation for the year.

An IRA is a great introduction to

so investing in an IRA doesn't seem burdensome. Also, since an IRA can be invested in different types of securities, your child can learn about various investment vehicles - stocks bonds, mutual funds and so on. Plus you can point out that, with a tradi tional IRA, taxes won't be due on the earnings until your child starts taking withdrawals decades from now. (And with a Roth IRA, withdrawals are tax-free, provided certain conditions are met.) On Father's Day, you can show your

the world of investing. For one

thing, your child can make small

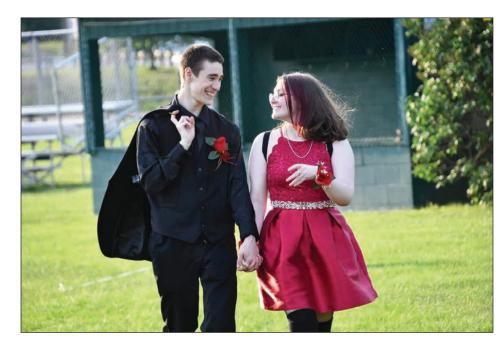
contributions throughout the year

appreciation for whatever gifts you receive from your children. But by investing in their future, you can gain some longer-term contentment.

**Jacqueline Taylor** inancial Adviso
3 Mill Street PO Box 176



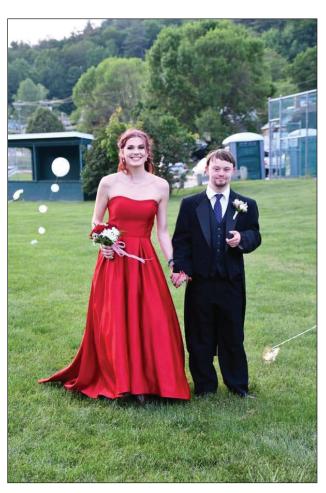
### **An Evening Under the Stars**

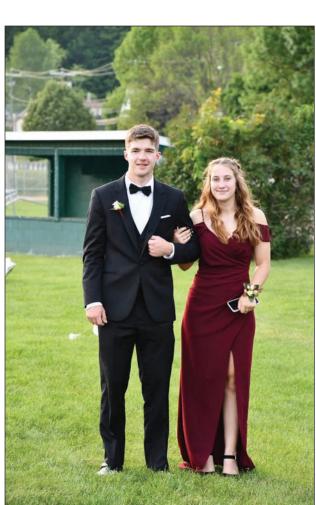
















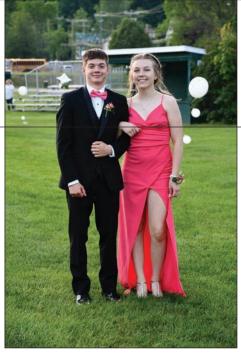


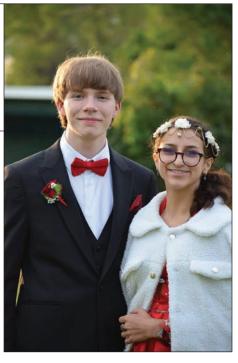


### **An Evening Under the Stars**





















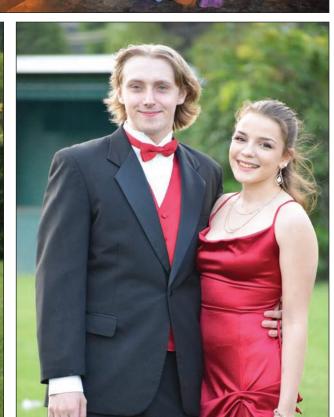












### **An Evening Under the Stars**









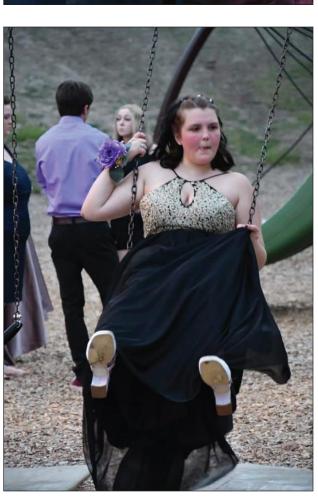












#### Notebook

FROM PAGE A5

ple, it might get a break from reform school---culvert-trapping and releasing into a supposedly "remote region"---but the story often has a sad ending.

+++++

On a recent morning I had just headed up South Hill Road from the Hollow when a bear cub tumbled down out of the bushes and into the road, so I slowed to a crawl.

In a flash it turned and darted back into the shrubbery. Looking all around, I eased on up the hill, watching the rearview mirrors for more bears.

My guess is that Mom was right there behind the wall of green, and had sent one cub across while she waited with a couple of others. That's the way it often happens. I'm just glad it all happened in daylight.

Occasionally, I hear about cougars. Reports come from all around the state, but mostly from Concord north. Someone camping near Lake Francis in Pittsburg, the southernmost of the Connecticut Lakes, reported one last month.

These reports often end up the same way. "We called Fish and Game," I hear when it reaches me, often second- or third-hand.

But what is Fish and Game supposed to do with such a call? Send a CO rushing to check it out? Conservation officers are already hardpressed to cover huge territories, and this time of year deal with everything from deer-accidents to camps and camping to searches and rescues in woods and high country. On top of that are growing responsibilities with ATVs.

My big question is, where are the trail-camera photos? If mountain lions (cougars) are here, and there are denning mothers (which aficionados believe has been the case all along), this would explain why there are so many reports in spring and early sum-

ditionally, program in-(866) 632-9992. Submit 1400 dence D.C.

vider.

mer. The mother, normally nocturnal and secretive, is forced to take daylight risks to feed her

I've long believed that there are in fact good, verifiable trail-cam photos out there, but that people are reluctant to share them because of privacy and the cats' safety.

These do not have to be issues with me. If readers ask me to keep identity and location to myself, I will.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@ gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

#### Membership FROM PAGE A1

Family Access Membership enjoys the same benefits and privileges that all Science Center members enjoy for the duration of the season. Benefits include free admission to trails and exhibits; discounted extra guest trail admission; discounted programs and lake cruises for the member and guests; subscription to Tracks & Trails newsletter; 10%

discount at the Howling

Coyote Gift Shop; recip-

rocal admission to par-

ticipating zoos, aquari-

ums, and nature centers

through the Association

of Zoos and Aquariums

and the Association of

Nature Center Adminis-

trators. The adult purchasing the Family Access Membership must be the person named on the EBT card and ID and must always accompany the member group when visiting. Family Access

Memberships are not

transferable or refundable and may not be used for gift memberships. Family Access Memberships may not be used for school or other organized group admissions and may not be combined with any other discounts or coupons. If a Family Access Membership group exceeds six people, other guests must show separate eligibility and identification or pay the member guest rate.

The Family Access Membership program is generously sponsored by Dead River Company, MLK & Company, and NH Electric Co-op Foundation.

Learn more about the Science Center at nhnature.org. For further details about the Family Access Membership please contact Kim Beardwood-Smith at kim.bsmith@nhnhature.orgor 968-7194, ext.

#### Circle

FROM PAGE A1

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for

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formation may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http:// www.ascr.usda.gov/ complaint\_filing\_cust. html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights Indepen-Avenue, SW Washington, 20250-9410; (2) fax: (202) 690-7442; or email: program. intake@usda.gov. This institution is an equal opportunity pro-

Sale FROM PAGE A1

town," so many stories of appreciation. The planters and gardens around the Bristol area are a joint effort of the Bristol Downtown Decorating Committee and Pasquaney Garden Club.

Plant sale workers recalled some touching parts of this year's story: Sterling (about age seven), was given some tips for carrying plants to cars. He then came to

the cash table and donated a dollar of his tip because, he said, "I had fun helping people and I iust want to make a donation!"

Under the guidance of Scout Leader Jan, Wyatt and Carson of Troop 50, and Levi of Pack 59 spent the entire morning carrying dozens of purchased plants to cars, eliciting praise from library on garden workbuyers for their enthusiasm, friendliness and help. The boys also made

donations and bought plants! PGC extends thanks, again, to Jan and the boys and to Sterling.

To all of our old and new supporters, the Pasquaney Garden Club invites you to help us keep it all going. Gardeners and volunteers are encouraged to come to the Butterfly Garden behind Minot sleeper days. PGC member gardeners will be happy to answer questions and

always welcome extra help. Garden workdays for this summer are at 9 to 11 a.m. on the following Tuesdays: June 22, July 13, July 27, Aug. 3, Aug. 24, Sept. 7, Oct. 5 and Oct. 26. Work times are flexible. It is not necessary to stay for the entire two-hour period.

The Pasquaney Garden Club is a registered 501(c)3 nonprofit organization. For information contact jwhitenh@ gmail.com.

#### Awards

**FROM PAGE A1** 

Women's lacrosse – Faye Brown of Londonderry. Men's skiing - Cooper Yates of Richmond, British Columbia.

Women's skiing – Mathilde Nelles of Malmedy, Belgium.

Men's soccer – Linus Lindeberg of Stockholm,

Women's soccer - Jenna Parsons of Windham.

Softball – Jen Landers of Berlin

Men's swimming - Ryan Kudish of North Providence, R.I.

Women's swimming - Hannah Bradshaw of Traverse City, Mich.

Women's tennis - Maggie McCarthy of Marion,

Men's track and field – Marcus Roper – Cornish. Women's track and field – Emily Geyselaers of Cornwall Bridge, Conn.

Women's volleyball - Hannah Douglas of Roches-

Wrestling - Derek Sardella of Billerica, Mass. Athletic training – Heather Barkley of Hudson.



All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals. NORTH COUNTRY COINS. Main St., Plymouth, NH 536-2625.

**ALEXANDRIA Verification of the Checklist** 

New Hampshire law requires that the Supervisors of the

Checklist verify the checklist every ten years. Any person on

the checklist who has not voted in the past four years must

re-register to remain on the checklist. The Supervisors are

sending letters of notification to these voters at the address

The Supervisors of the Checklist will hold sessions for re-registering

voters who have not voted since April 1, 2017, also accepting

applications for new voter registration, requests for the correction

These sessions will be held from 11:00 a.m. to 2:00 p.m. on

of the checklist, and change of political party affiliation.

Location: Old Town Hall, 45 Washburn Road, Alexandria Voters may also re-register at the Town Clerk's office during

https://app.sos.nh.gov/Public/PollingPlaceSearch.aspx

they provided when they registered.

Saturday, May 1, 2021 Saturday, June 26, 2021

Saturday, July 24, 2021

Voters may check party affiliation on-line:

Alexandria Supervisors of the Checklist

the following dates:

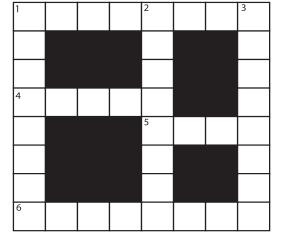
the Clerk's regular hours.



THIS POPULAR ITEM CAN BURN AT UP TO 1,800 F. WHILE THEY'RE OFTEN HANDED TO KIDS, THESE NOVELTIES MUST ONLY BE USED SAFELY.

**YNƏMEK: SAYKKEK** 

#### **Crossword Puzzle**



#### **ACROSS**

#### **DOWN**

- 1. Animal face shown 1. Very vibrant with no neck 2. Buffet station
- 4. Former U.S. president in restaurant
- 3. Absence of light 5. Opposite of up
- 6. People who work



BECOMES THE FIRST OF BRITAIN'S NORTH AMERICAN COLONIES TO BAN THE IMPORTATION OF SLAVES

1967: THURGOOD MARSHALL IS NOMINATED TO BECOME THE FIRST AFRICAN AMERICAN ON THE U.S. SUPREME COURT.

1983: THE LLS SPACE PROBE PIONEER 10 IS AUNCHED.



care taken to avoid danger

1. Colorful 2. Salad bar 3. Darkness UMOCI 1. Caboshed 4. Obama 5. Down 6. Laborers Across :SIƏMSUY

MIXTURE TO PRODUCE

THE DESIRED

COLOR.



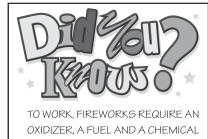
ENGLISH: Burn

**SPANISH:** Quemar

**ITALIAN: Bruciare** 

FRENCH: Brûler

**GERMAN:** Etwas verbrennen





Can you guess what the bigger picture is?

ANSWER: MATCHES





A10 NEWFOUND LANDING, THURSDAY, JUNE 17, 2021



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Wizard of Wash

### **DANBURY:**

Danbury Country Store



### **HEBRON:**

Hebron Post Office(Outside Box) Hebron Town Hall Hebron Village Store

### HILL:

Hill Public Library

### **NEW HAMPTON:**

Mobil Gas Station Irving Gas Station Gordon Nash Library

### **PLYMOUTH:**

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### **RUMNEY:**

Common Café Stinson Lake Store

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Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton



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ABCDEFGHIJKLMNOPQRST Determine the code to reveal the answer!

> Solve the code to discover words related to dairy. Each number corresponds to a letter. (Hint: 3 = E)

19 15 22 12 Α.

Clue: Does a body good

2 23 3 В. 3

Clue: Hard or soft dairy item

14 4 10 21

Clue: Breakfast food

3 19 5 18 D.

Clue: Dessert topping

#### SUDOKU

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#### **Fun By The** Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

C	anah	Z	6	ム	3	8	9	N
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8	6	G	3	9	Þ	2	L	b
L	9	S	<b></b>	ω	6	(J)	4	ω
4	ε	<b></b>	L	O	১	9	ω	6
2	L	6	Þ	ω	9	Τ.	G	8
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ε	9	9	8	6	anda	4	2	Þ

:A3WSNA

### HELP WANTED



576 BUFFALO ROAD, WENTWORTH NH 03282 WWW.LUMBERNH.COM



Answers: A. milk

B.

cheese

C. yogurt D. cream







#### **Lumber & Building Materials Yard Associate**

Our Ashland location is searching for a member of our Lumber & Building Materials Yard Team. The primary responsibility of a Lumberyard Associate is to maintain customer service per company standards, the accurate and efficient loading and unloading of all lumberyard related transactions. In addition, you will be responsible for maintaining the appearance of the yard and racks in an orderly and clean manner. Forklift experience and heavy lifting is required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

> Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com.

E.O.E.

Competitive Wages Health Insurance

Competitive Wages

Health Insurance

Paid Vacation ▶ Profit Sharing Paid Holidays **▶** Store Discounts

SPECIALIST

Paid Time Off 401k

BUILDING PRODUCT

#### Lumber & Building Materials Contractor Sales

Our Ashland location is searching for a member of our Lumber & Building Materials Contractor Sales Team. You will prepare quotes, orders, invoices, special orders and purchase orders. This position will also coordinate deliveries and returns as necessary. You will serve as a resource for the customer, helping them make selections and build their confidence using your product knowledge and excellent customer service. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

> Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com.

Paid Vacation ▶ Profit Sharing Paid Holidays **▶** Store Discounts Paid Time Off ▶ 401k

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> Starting base pay \$14.50 and up. \$.75 per hour shift differential on 2nd shift. \$1.50 per hour shift differential on 3rd shift.

#### \*\*\$500 SIGN ON BONUS \*\*SUBJECT TO TERMS AND CONDITIONS\*\*

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> PSIMP an Equal Opportunity Employer. ISO 9001:2015 Registered.

#### Towns

#### **Bristol**

Al Blakeley adblakeley0@gmail.com

Today is the last day of school, and an early release day! I hope this marks the end of the special methods of using a virtual classroom as the only method of trying to educate our youth who have had so many trials and tribulations trying to adapt and succeed. The teachers have made a valiant effort to adapt lesson plans to teach virtually and the response has been all over the place because of the nature of the "beast." I wish you all a wonderful fun-filled summer.

**NRHS** graduation day was a beautiful day and from all reports, a grand success. May the Class of 2021 find happiness and success in their future and find ways to give back to the community that has provided so much toward their education.

The Mill Stream Farmers Market is held every Saturday at the Mill Stream Park in Bristol on Saturdays from 10 a.m. until 2 p.m. Many vendors are selling a variety of goods including: meats, fish, maple sugar, vegetables, knit goods, soap, blankets, jellies and jams, jewelry, plants and bird houses with many new items each week. Please avail yourself of the many local wares.

The Bristol Events Calendar is now available at various locations around town including the TTCC, the Library and the Town Hall. There will be much to see and do over the summer season. I urge you to get your copy soon. The Fourth of July Parade Entry Forms are also available along with the July 4 Celebrations flyer online. Visit: www. townofbristolnh.org, www.ttccrec.org, or wwwfacebook.com/Bris-

tol-Community-Events. Information includes a boat parade, fireworks, the Firecracker 5K and the parade. Let's celebrate!

Beginning on June 1 and lasting through the end of August, the Minot-Sleeper Library is inviting everyone, from children through adults, to sign up for the Summer Reading Program. This year, you will log your minutes online and automatically be entered to win some really fantastic prizes.

On Monday, June 21 at 10 a.m., a discussion of the book "Just Mercy" by Bryan Stevenson will be held in the MSL meeting room. To request a copy of the book, follow the directions above. This is a true story about the potential for mercy to redeem us and a clarion call to end mass incarceration in America-from one of the most inspiring lawyers of our

Join the MSL and

Basic Ingredients Bakery for a one hour virtual cook-along class on Zoom on Wednesday, June 23 at 10 a.m.! This month they will cook One Pan Chicken with Couscous, Carrots and Harissa, a dish inspired by North African cuisine. Spices and an ingredients list for this recipe can be picked up at the library in advance of the class. Register https://forms.gle/ dYFWezvBLTToZsUN6. This class is part of a new series, "Spiced," a partnership between the Minot-Sleeper Library and Basic Ingredients Bakery. Each month the library will feature a display of books set in a different region of the world, and paired with these books will be samples of sites common to that region. Pick up a book and spices at the library, then take part

The lake water has finally reached a tolera-

in that month's virtual

cooking class!

ble temperature that we can all get more than our feet wet and really enjoy all the activities we love at, on and in the lake! Please heed all safety laws and procedures to stay safe and keep the fun in all we do.

#### Hebron

Bob Brooks 744-3597 hebronnhnews@live.com

Jacob Blouin, Newfound Regional High School Class of 2021 graduate

Jacob Blouin of Hebron graduates from Newfound Regional High school with Summa Cum Laude honors, and as a NH Scholar in the top 10 of his class. Jacob has participated in sports in all four of his years at NRHS and is recognized as a Student Athlete. He played soccer for one year, football for two years, and as a member of the ski team for 4 years he

was awarded the Bears Booster Club student athlete award. Jacob was also a member of the track and field team for 4 years. During his senior year on the team, he placed second in the 2021 Division III track meet for shot put, and advanced to the Meet of Champions where he finished seventh overall in the state.

Jacob plans to study Mechanical Engineering, with a focus on Aerospace, at the University of Maine in the fall. Jacob was awarded scholarships from the University of Maine, and their engineering department, as well as being a recipient of an Isobel Blodgett Charitable Educational Trust Scholarship.

You will see Jake out and about again this summer working with Merrills' Property Maintenance. Jake can't say enough good things about his bosses, Don and Doug Merrill. Congratulations Jake!

#### **Churches**

#### **Christian Science** Society, **Plymouth**

Our Sunday services are held at 10 a.m. each week in our church building at 7 Emerson St. in Plymouth. We'd love to have you join us. The subject of the Bible lesson for next Sunday is "God, the Preserver of Man.'

On Wednesday evenings we have a meeting at 6 p.m., which includes readings from the Bible and from the Christian Science textbook, and also time for those attending to share inspiration from Bible study and prayer, and gratitude for healing experiences. Everyone is most welcome to this meeting.

We are once again holding Sunday school for children and young people up to the age of twenty. We welcome all youngsters who would like to participate. It meets the same time as the church service.

There is also a nursery for little ones.

This past week members and friends from all over the world were able to attend the Annual Meeting of the Mother Church as it was broadcast via Zoom from Boston. The subject was "Grace to go forward." The meeting included inspiring sharing from churches around the globe, progress and activity of the past year, and reports about new initiatives planned.

www.jsh.chris-On tianscience.com there many resources both to read and listen Currently there is a collection of articles about praying for mental health, a topic which often needs our thoughtful attention. Under the "Audio" tab you can find the weekly podcast and this week the topic is "Is unity even possible?" There is always a weekly section for teens.

On www.christianscience.com you can learn more about Christian Science. It's also possible to link to and read The Bible and

the Christian Science textbook "Science and Health with Key to the Scriptures" by Mary Baker Eddy. We hope you find inspiration and support from these resources.

#### **Starr King** Unitarian **Universalist Fellowship**

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship. our community, and our world to nurture justice, respect, and love.

THIS WEEK STARR KING:

June 20

Flower Communion: Sunlight and Flowers

Rev. Dr. Linda Barnes, Worship Leader

Sarah Dan Jones, Music Director

Tatum Barnes, Director of Religious Educa-

Let there be flowers and sunlight as we come together in person for the first time in more than a year! Bring a flower and a lawn chair to join in the outdoor service or enjoy the comfort of home as we will live0stream the service on Zoom as well. At this time, we will bless our solar panels (or the site on which they will be built) as we look forward

to a new beginning.

LIVE STREAMED via ZOOM

For Zoom link and all other information visit our Web site:

www.starrkingfellowship.org

536-8908

#### Speaker Series continues July 6 at Museum of the White Mountains

PLYMOUTH — The of the world and our Museum of the White Mountains has received a grant from New Hampshire Humanities to present Summer 2021 to gather, to display a ter-Wayfindexhibition, ing: Maps of the White Mountains.

The third program in the series, "The Map is not the Territory: The Limitations and Power of Mapping," will be presented on July 6 at 7 p.m. via Zoom. Adam Keul, director for Tourism Management and Policy at Plymouth State University, will launch the "Wayfinding: Maps of the White Mountains" Summer Speaker Series by grounding us in the larger context of maps. Between our experience

knowledge of the world lies the map. Whether the purpose of a map is to locate a source of food tion to a faraway monarch, or to determine the name of that great ski run you took, the transmission of spatial knowledge is a universal human art. Explore how issues of inequality and access are involved/addressed in historic and contemporary mapping. This program is free and open to the public. Registration is required: https://plymouthstate. zoom.us/meeting/register/tZwvcu2sqTstG9Y-HwY7sDa

New Hampshire Hu-

manities nurtures the joy of learning and inspires community engagement by bringing life-enhancing from the humanities to Speaker Series for the ritory ripe for exploitathe people of New Hampshire. They connect people with ideas. Learn more at www.nhhumanities.org. Additional local support is provided by Museum of the White Mountains members.

The exhibition will be open to the public June 4-September 17, 2021. Summer hours the Museum: day-Friday 10am-4pm, Saturday 11am-4pm For more information, contact Rebecca Enman at 603-535-3210 or rrenman@plymouth.edu.



### **Quincy Bog Natural Area** hosts virtual presentation on **Migratory Bird Treaty Act**

day Evening Programs are back this season at

RUMNEY — Wednes- the Quincy Bog Natural Area. June and early July programs will be offered via Zoom, with in-person programs in the Nature Center (131 Quincy Bog Rd. in Rumney) in late July and August. Talks are free and open to the public, and are underwritten in part by the Ruth V.

Fisher Memorial Fund.

Avid birder UNH Professor of History Kurk Dorsey will present an illustrated talk, titled "Of Mallards and Men: The Migratory Bird Treaty Act of 1918," about the surprising story of the federal government getting into the business of protecting migratory wildlife. This talk will take place via Zoom on Wednesday, June 23 at 7 p.m. The Migratory Bird Act was signed in 1918 and has served as the basis for much of the protection of our wild birds for 100

For the Zoom link to participate in this program virtually, visit the Quincy Bog website, www.quincybog. org. Contact Jessica Halm with any questions regarding this or future Quincy Bog presentations by email at jesshalm78@gmail.

