

Winnisquam Echo

THURSDAY, JUNE 6, 2019

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Edelblut visits Southwick School

BY DONNA RHODES
dhrhodes@salmonpress.news

NORTHFIELD – Frank Edelblut, the state’s Commissioner of Education, paid a visit to Southwick School recently to get a up close look at the ways students there are getting not only hands-on lessons but good nutrition through their greenhouse and the newly installed beehives and pollinator gardens.

The visit was also filmed for the State Education Department’s “School Lunches, Trays and Gourmets” You Tube video series, a knock-off on the Food Network show, “Diners, Drive-ins and Dives.” Manning the cameras for them that day were Winnisquam High School students Gianluca Piovano and Jayson Sherlin.

The morning began in the school greenhouse where Edelblut learned from teacher Brian Winslow and school principal Dr. Eric Keck on the ways math, science and other subjects have been applied to the plants grown there. He then helped harvest radishes and lettuce to be used in that day’s school lunch. When he dropped off the salad greens, Edelblut also took some time to help Winnisquam Regional School District’s Food Services Director Rob Cohen make meatloaf as the main course for lunch.

From there, it was back outdoors to visit the new beehives. Both Winslow and Keck have bees at home and donated two hives to the school for educational and nutritional purposes. Students with signed permission slips now help with hive inspections, check on the general health of the bees, then play “Find the Queen” just for fun, Winslow said. Special bee suits help protect them from getting stung



DONNA RHODES

After helping prepare lunch for the students of Southwick School in Northfield, Commissioner Frank Edelblut from the N.H. Department of Education took a taste of the meal he helped prepare with Winnisquam Regional School District’s Food Services Director Rob Cohen.

in the process and he said student interest in the bees and their role in the ecology of the planet is on the rise.

The bees aren’t just for science education though. Back in the kitchen, Edelblut was shown how food services staff will be using the honey.

Cohen said, “Kids here like granola a lot, but if they don’t like the taste they’re not going to eat it.”

His secret to success is to add honey, that in a short time they will be able to harvest from the school’s own bee hives.

Edelblut was impressed by not only the made-from scratch meals, but the fact that

salad ingredients and honey are sourced right at the school.

“It’s nutritious, it’s homemade, it’s a win-win for everybody,” he said.

Cohen discussed his “Taste It Tuesdays” program where students at all three elementary schools are introduced to many types of nutritional foods at lunch. Children get to sample items such as avocados, Dragon Fruit, arugula and other exotic fruits and vegetables. He said he’s found that a surprising number of students have stated they had never even eaten an orange and some of the more common fruits.

SEE EDELBLUNT, PAGE A9

Sanbornton Town Administrator announces resignation

BY DONNA RHODES
dhrhodes@salmonpress.news

SANBORNTON – Selectman John Olmstead announced this week that the Town of Sanbornton is conducting a search for a new Town Administrator after the current administrator, Katie Ambrose, recently submitted her letter of resignation to the board.

Ambrose informed selectmen last week that she was offered a job as the Deputy City Manager for Rochester and has decided to accept that position.

“It was a very nice deal for Katie, something we couldn’t match, but it’s a good move for her. She’s moving on to something that’s much better for her future,” Olmstead said. “I’m happy for her, but I’m sad for the Town of Sanbornton. She’s done very well here.”

Olmstead said that when the board hired Ambrose they knew she would most likely

be drawn away by other communities in five years or so, but felt lucky

to have had her onboard with them for the few years they did.

“Katie’s done an excellent job in working for all the departments

and their chairmen. She was very, very good at

SEE RESIGNATION, PAGE A9



DONNA RHODES

Aston Mooney and Cheyenne Hafford, eighth grade students at Belmont Middle School, were on hand at an outdoor concert last Saturday for the unveiling of three murals celebrating the past, present and future of the Town of Belmont. The pair posed beside their contribution of the panel that celebrates the community in 2019.

Outdoor concert marks unveiling of student murals

BY DONNA RHODES
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BELMONT – The

Town of Belmont continued the celebration of their 150th anniversary

last weekend with a free outdoor concert and a special presen-

tation of three murals painted by students from the middle and elementary schools, using the anniversary theme of “Remember, Celebrate and Imagine” as the basis for their work.

BMS art teacher Jaylene Bengtson explained that the students began working on the murals last fall and put their own

SEE CONCERT, PAGE A8

Belmont police promote bike safety

BY DONNA RHODES
dhrhodes@salmonpress.news

BELMONT – Boys and girls brought their bikes, their tricycles and even a few Big Wheels to the parking lot of the Belmont Mill building last Saturday afternoon, where they could pedal through some courses, have their helmets checked and learn about bicycle safety at the Belmont Police Department’s Bike Rodeo.

Capt. Richard Mann said the department was once again able to secure a N.H. Highway Safety Grant

SEE SAFETY, PAGE A8



DONNA RHODES

Five-year-old William and two-year-old Eleanor posed for a photo at the Belmont Police Department’s Bike Rodeo last week with their new friends, Officer Vito Marcello and Officer Patrick Riley.

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ClearChoiceMD, LRGHealthcare partner on new urgent care location

TILTON — ClearChoiceMD Urgent Care and Lakes Region General Healthcare (LRGHealthcare) are teaming up to bring an affordable and convenient healthcare alternative to Tilton residents and the surrounding communities. The two organizations began their informal relationship four and a half years ago, when ClearChoiceMD opened their Belmont center, and it has since grown with the later introduction of their Alton center.

ClearChoiceMD Urgent Care and LRGHealthcare have worked closely together to improve integrated healthcare options for residents in the Lakes Region.

“Our success in the Lakes Region has been due in large part to our providers and staff, many of whom are well known to LR-



ClearChoiceMD Urgent Care and Lakes Region General Healthcare (LRGHealthcare) are teaming up to bring an affordable and convenient healthcare alternative to Tilton residents and the surrounding communities.

GHealthcare,” says ClearChoiceMD Urgent Care Founder & CEO Marcus Hampers, MD. “The hospital and the local practices have confidence in the quality of care we provide to

their patients, and as a result, we have become a valuable resource when their clinics are overflowing or it's after hours. Conversely, we know that when our patients require a higher level of service, we have been able to confidently offer LRGHealthcare as a convenient option.”

The ongoing relationship between the two organizations has resulted in better and more coordinated care.

Recently, ClearChoiceMD and LRGHealthcare have decided to formalize their existing relationship with an official partnership of all three Lakes Region urgent care centers located in Belmont, Alton and coming soon to Tilton.

COURTESY

SEE CLEARCHOICE, PAGE A9

Local volunteers install banners on Park Street

NORTHFIELD — The Northfield Economic Development Corporation (NEDC) would like to thank the above volunteers for their help with the installation of banners on Park Street. When this project was approved by NEDC, the town, and PSNH, Cutting Edge Grafix generously agreed to assist with the design of the banners. NEDC wanted

SEE BANNERS, PAGE A9



COURTESY

Pictured above from left to right: NEDC Member, Attorney Sean Chandler, Christie DuBreuil of Cutting Edge Grafix, Cathy Plizga Keyser, owner of Cutting Edge Grafix, NEDC President Deb Tessier, Joe Chipman of Durgin Electric, and Jason Durgin, owner of Durgin Electric.

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SHAKER REGIONAL SCHOOL DISTRICT 2019-2020 COACHING POSITIONS

Shaker Regional School District is seeking Coaches for the 2019-2020 season. Openings for these stipended positions include Cross Country Head Coach; JV Girls Soccer; and Head Track at Belmont High School as well as Girls Soccer at Belmont Middle School. Previous coaching experience is preferred but not required. Send a current resume and letter of interest via email to Paul Landau, Athletic Director at plandau@sau80.org or by mail to Mr. Landau at Belmont High School, 255 Seavey Road, Belmont, NH 03220.

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Exchange students gather for goodbye celebration

SANBORNTON — Exchange students from around the region got together in Sanbornton for a farewell party on June 2, as they neared the end of their stay in New Hampshire. They came from Belgium, Brazil, Germany, Italy, Japan, Spain and Vietnam to immerse themselves in American culture and the English language. A traditional barn dance in Sanbornton provided a fitting send off. Their host families joined in for the potluck and dance.

Susan Dymant, academic coordinator for Cultural Homestay In-

ternational in Central New Hampshire, assisted host parent Nancy Mangs in planning the party, which featured an old-fashioned barn dance. Jacqueline Laufman, Canterbury, played fiddle and taught the students about this traditional dance style. Her vast knowledge and array of songs made her ideal to instruct these students, all of whom were new to line and contra dancing. She was joined on stage by fiddler extraordinaire Audrey Budington, Sanbornton. Lynn Chong and Rob Pearlman provided the per-



COURTESY (Left) Exchange students from Belgium, Brazil, Germany, Italy, Japan, Spain and Vietnam gathered in Sanbornton for a going-away party marking the end of their year in the U.S.

fect venue—their barn on Wadleigh Road, also in Sanbornton.

Host father Kari Jukka-Pekka Vainio, Plymouth, could relate to these students' experiences. He was an exchange student from Finland in the 1990's. Now it was his turn to host Yu Jin Albrecht of Belgium. Yu Jin is a senior at Plymouth Area High School. She and her host dad both play cello in the Lakes Region Symphony Orchestra. Both appreciated that their academic coordinator tries to match students' interests with those of their host parents.

There are still students hoping to be matched with families for the upcoming school year. These students come with their own health insurance and spending money and join local families for a semester or the full school year. Susan Dymant, working with families from Plymouth to Bow, interviews families and helps navigate the application system to assure good matches. She is available at 387-7050 or susan@gatehouseguidance for further discussion about hosting. Families are encouraged to consider this powerful local action which has far-reaching international impact. There are openings in Belmont, Newfound, Plymouth and Interlakes High Schools, among others.

Veterans Home residents to commemorate D-Day anniversary

TILTON — The 75th anniversary of D-Day, the massive sea invasion and battle on the shores of Normandy, France, that began the Allies' liberation of Europe from the Nazis, will be commemorated on Thursday, June 6, in a special ceremony at the New Hampshire Veterans Home.

On June 6, 1944, more than 160,000 Allied troops landed along a 50-mile stretch of heavily-fortified French coastline. More than 5,000 Ships and 13,000 aircraft supported the D-Day invasion, and by day's end, the Allies gained a foothold in Continental Europe. The cost in lives was high. More than 9,000 Allied Soldiers were killed or wounded, but their sacrifice allowed more than 100,000 Soldiers to begin the slow, hard slog across Europe, to defeat Adolf Hitler's crack troops.

Alfred Montoya, director of the Manchester Veterans Administration Medical Center, and an Air Force veteran, will be the keynote speaker for the event, which will also feature some historic wartime footage and the famous letter from the Supreme Allied Commander, U.S. Gen. Dwight Eisenhower, that began "You are about to embark upon the Great Crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty-loving people everywhere march with you..."

The ceremony begins at 11 a.m. in the Home's Town Hall auditorium, preceded by a coffee social time at 10:15. The event is free and the public is welcome to attend.

Contact NHVH Program Information Officer Len Stuart at number below for additional information.

Emily Holt earns degree from University of Vermont

BURLINGTON, Vt. — Emily Holt of Sanbornton graduated with a Bachelor of Science degree in Neuroscience during commencement ceremonies on May 19, 2019, at the University of Vermont.

The university conferred degrees this year on an estimated 3,275 graduates, including 2,580 bachelor's, 452 master's, 138 doctoral and 105 medical degree recipients. The Class of 2019 includes graduates from 43 states and 36 countries.

Darren Walker who presides over the Ford Foundation, one of the world's most influential social justice philanthropies and one of the largest private foundations in the United States, delivered the address.

About UVM Since 1791, the University of Vermont SEE HOLT, PAGE A9

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of May 24-31.

Kevin Leon Washburn, age 33, of Bloomfield, Vt. was arrested on May 25 for Driving While Intoxicated.

Brian Donald Kimball, age 42, current address unknown, was arrested on May 26 in connection with several outstanding bench warrants issued by Laconia District Court.

A 38-year-old female

was taken into protective custody for intoxication on May 26.

Miranda Currier, age 26, of Belmont was arrested on May 27 for Driving While Intoxicated and Criminal Mischief (Vandalism).

A 29-year-old male was taken into protective custody for intoxication on May 28.

Tracie Fitzpatrick, age 45, of Laconia was arrested on May 29 for Possession of Controlled/Narcotic Drugs.

Nicole Tusi, age 32, of Alton was arrested on May 29 for Possession of Controlled/Narcotic Drugs, and in connection with an outstanding bench warrant issued by Rochester District Court.

Nancy E. Thomsen, age 41, of Manchester was arrested on May 31 for violating Driver's License Prohibitions, Driving After Revocation or Suspension, and a Suspended Registration (Operating-Misd.).

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 44 calls for service and made the following arrests during the week ending June 1.

Michael R. Gagnon, age 39, of Sanbornton was arrested on May 27 for a Domestic Disturbance, and in connection with an outstanding bench warrant. He is scheduled to appear in Franklin District Court on July 18.

Michele G. Tinker,

age 35, of Laconia was arrested on May 28 in connection with an outstanding bench warrant. She was remanded to the custody of the Belknap County House of Corrections for pending her arraignment.

The breakdown of the remaining calls was as follows: one alarm, two incidents involving animals, one request for citizen assistance, one report of criminal trespassing,

one domestic incident, one report of fraudulent use of a credit card, two medical/fire calls, one missing person, seven money re-lays, one motor vehicle accident, one motor vehicle summons, 15 motor vehicle warnings, one pistol permit, two reports of reckless operation, one sex offender registration, one report of simple assault, and three reports of suspicious vehicles and/or activity.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 483 calls for service and made the following arrests during the week of May 20-26. Please note that the names of juve-

niles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld from publication.

Arrested during

this time period were Carl Wescott (for Willful Concealment), Rita Peterson (for Driving After Suspension), John Perkins III (in connection with a warrant), Kevin Lamb (for Driving Under the Influence), and Alexander Bell (in connection with a warrant).



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Opinion

Sleep on it

That email that just irked you...
The text that made you see red and hit "reply" almost before you realized you'd done it...
The stupid, hurtful or thoughtless remark someone tossed your way in a conversation that made you instantly upset...

These things require an immediate response, don't they? Are we supposed to let someone email/text/say things like that and not react to them??

Maybe not. Maybe there is value in not replying right away. It goes against what our "instant" 21st century lifestyle professes, which is that fastest is best: fastest Internet speed; fastest-moving line at the grocery store; fastest roller coaster; quickest and best come-back remark. It's all about being instantaneous.

But perhaps we need to learn to practice the pause...the deliberate rest before reacting. An angry emailed reply can't be un-sent, and the contents can't be un-viewed. Same for a hastily-sent text, or an equally bitter comment tossed back to the person who insulted you first. It's not about not defending ourselves, or about letting things roll off our backs. It's about waiting to react.

There's a very convincing school of thought that counsels sleeping on any big decision before making it. That can apply to small things too. The email from a coworker or client that rubbed you the wrong way might look a little different by the next morning. Maybe there was no harm meant, and you interpreted it wrong. Maybe it was an unfair complaint or personal remark against you, but in waiting to reply, you strengthen your position as the more even-tempered and reasonable person. Perhaps the sender of the nasty text also had time to reconsider, and now has the chance to apologize. In pausing before reacting, you allow those possibilities to happen.

While reacting hastily and immediately can feel great at the time, it can't be undone. Waiting a while – sleeping on it – can never hurt.

Never react because you think you must. Other than breathing, just about anything can wait one day.



COURTESY

Veterans Home salutes the fallen

The New Hampshire Veterans Home in Tilton conducted its Memorial Day service on Tuesday, May 28, to honor the memory of all those who have given their lives in service to their country. The ceremony was held a day late so that residents of the NHVH could first attend the Memorial Day at the N.H. State Veterans Cemetery in Boscaawen. The keynote speaker for the event in the Home's town hall auditorium was John "Jack" Neylon of Franklin, a Navy veteran, former state commander and a national vice commander of the American Legion. The ceremony included a reading of the names of the 68 Veterans Home residents who have passed away since last Memorial Day. Shown in this photo are members of the U.S. Navy Sea Cadets from Pittsfield who presented the colors for the solemn ceremony last week.

LETTERS TO THE EDITOR

Why no banners in Tilton?

To the Editor:

Why is it that so many towns in New Hampshire are able to have banners and flags lining their Main Streets, and Tilton doesn't?

It's not the fault of the Selectmen or Eversource. No, it's because of Consolidated Communications. They share poles with Eversource (saving them money), but they are insisting that the town pay double the insurance premium to put up banners and flags. And, they have been reluctant to compromise with the town's insurance provider to reach a solution.

So, a corporate conglomerate from Illinois gets to dictate to a small New Hampshire community what they can and cannot do in their own town. Consolidated gets paid well for providing its services. One would think they would want to assist the town in making a difference instead of preventing the people of Tilton from sprucing up their Main Street. Actually, I think Consolidated should volunteer to put up the banners. It's the least they could do.

Kathi Mitchell
Tilton

STRATEGIES FOR LIVING

On failure, recovery and a chance to live again

BY LARRY SCOTT

It was late Monday afternoon, July 16, 1984, and I can still remember the dread with which I made my way home. I had been forewarned, so I was as prepared as I could be, but the moment had arrived and there was nothing I could do about it.

As I entered the front room of our mobile home, familiar objects were missing and not a sound was to be heard. My wife had left me. It was my first evening as an ex-husband, the beginning of a solitary lifestyle that would last for twenty years.

There had been no third-party involvement, no hint of abuse, verbal or otherwise, no drugs or alcohol. The marriage simply died. A letter on my desk informed me she "just couldn't take it anymore." If I wanted to re-establish the marriage, she wrote,

there were changes I had to make. I was the problem, she implied; she could tolerate me no longer. Twenty-five years of marriage, the dreams of doing something significant in the Kingdom of God, my stature in the community, my legacy, it all lay in ashes at my feet.

I was destroyed. This was, for me, the end of the line. Finished! My reason for being, the source of my self-image, the drive behind everything I had ever dreamed of doing, was over.

What made the experience so devastating was a fundamental conviction that my value as a man was not determined by my stature in the church but by my standing at home. My public image was but a reflection of who and what people thought I was. And my wife had made her case: I was

not the man she had hoped I would be!

But as unbelievable as it seems, God was there. I had not been abandoned. Someday I would be writing a book... and telling the story of how God can take a man from deepest despair and put him in orbit again! I would model the life of a pastor whose marriage and ministry had gone up in flames and survived to rise above it all.

My story is not unique. Failure is, almost without exception, inherent in every dream. It is the price we pay to succeed. In marriage, in ministry, in business, in politics, men and women have succeeded despite setbacks, opposition, and abominable mistakes.

How grateful I am that God did not abandon me. I was not always aware of His presence, but standing quietly in the shadows,

He was there. And now, despite the down-hill slide over the next thirty years, I have a new story to tell.

On June 6, 2004, 20 years minus five weeks after the wife walked out, she walked back in. Our twenty years "in the wilderness" was rewarded when God brought us back together. The road has not been easy, for we have had to deal with issues prompting our separation in the first place. But we have grown, individually and together, and God has been honored. Today we celebrate our 60th/15th wedding anniversary. God, indeed, has been good to us.

In my journal, I frequently sign off with: PBPGITWMY. It isn't just a mantra; it is the battle cry of a man who dares to believe my best days are still ahead. Please be patient; God isn't through with me yet!

Send your letters!

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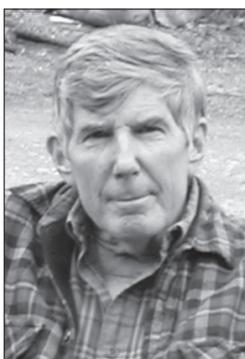
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NORTH COUNTRY NOTEBOOK

Muzzle-loaders and tomahawks: Some silence in the library, please



By JOHN HARRIGAN
COLUMNIST

"I am probably safer going into camp than I am coming down the living room stairs," I like to tell family members or anybody willing

to listen. This is what script-writers call a throwaway line, a real cheapo-depot, because we all know that nobody will ever do the research.

For example, and for the same obvious reasons, I like this one: "Lightning is more of a threat when you're holding a golf club over your head than when you're sticking a nine and a half-foot Fenwick straight up into the thunderclouds."

I once had to hurl my dog, a tiny thing, over a racing, raging brook, with my camp partner, who had waded across

waist-deep through the upstream alders, ready to serve as pass receiver on the other side.

What I like about this story is that this dog-hurling business actually worked, and the dog still trusts me. When we decide to hold a staring contest, for instance, I can see no recriminations in her stare (I usually win that one. Most of the time she wins anything involving chasing and retrieval).

People are always bragging about their dogs. "Bess won a First in the Older Division," they'll say, or "Sully



JOHN HARRIGAN

It's just a modest camp in the middle of nowhere, but all of life's essentials within: food, shelter, flyrods, and hornbergs—and maybe the latest issue of Harper's.

won Best in Show." It makes me want to jump up and say "Well, Millie won a blue in Bad Breath."

But I can truly say, "Well, I'm proud to be living with a dog that was not in the least upset about being hurled across a brook."

+++++

There is something about a camp with no road to it, meaning a walk-in camp, that somehow, almost inherently, makes it more dangerous. "You mean you have to walk in?" they'll say. And in the same tremulous breath, "How far is it?"

I could come up with a pack of lies here, because no one can truly measure distances in the woods. You use time instead, which by happenstance is exactly how they do it in the cities. "Blocks are so yesterday," says my youngest. And from the direction-giver: "The Union Oyster House is five minutes that way."

Anyway, camp is about a 45-minute walk, more if you're packing

stuff in, which we usually are. In an established camp, meaning one that has been used for some time, most of what you pack in is consumables. Most anything else you'll need is already there.

Like most, I have a partner in the camp venture, to share the blame, and both of us are chafing at the bit to get into camp, if only to throw open a window or three and make sure the place is still there.

We always find a dead mouse or two. This is, as kids so tellingly put it, "Yucky," or even better, "Gross."

During the (relative) warmer months, I keep a cheap cloth-lined sleeping bag on my bunk (the other bunk is suspended from the front wall). This way, the bed can serve as, sort of, a couch.

I keep a spare sleeping bag hanging from a rafter. This is the camp's unofficial Poor Planning Visitor's bag,

for sure, but it's also the Dead Mouse Spare. Believe me, if a mouse has decided to make its final resting place deep down inside the bottom of your sleeping bag, you don't want to be anywhere near it, much less actually (ugh) in it.

This is a true back-country camp, and only the essentials are in it, the one exception being books. As the Walking Boss of the outfit, the decision on what's "essential" is mine. Ergo, we have a little library on a corner shelf.

Out West, the Mountain Man era was roughly 1810 to 1848. Rendezvous was an annual gathering in some more or less central place—Jackson's Hole, for instance—where trappers traded some pelts for goods but sold most of their furs for the fashion industry.

But one of the main reasons for the original rendezvous was to en-

SEE NOTEBOOK, PAGE A9

MARK ON THE MARKETS

"In-Service" distributions



BY MARK PATTERSON

There is a provision within many 401(k) plans that may be advantageous to a number of people who are in these plans but not aware of an available option called "in-service" distributions. Employer 401(k) plan admins and Human resources departments typically do not advertise the option of rolling current 401(k) assets into a self-directed IRA. The law allows workers to distribute their 401(k) assets to an IRA, qualified account or pay the taxes and take cash. This of course is for people over the age of 59 and a half. Younger people may be able to move assets to another qualified account. Much information can be found in the plan documents as to whether your company allows the in-service distribution and what the rules are.

Before you move any money, you should have your tax professional or tax savvy planner review the plan documents and rules so you do not create a taxable event or a penalty.

There are many good reasons to consider an in-service distribution if it is available to you. Many 401(k) plans do not offer the variety of choices that we may

want to consider, especially as we approach retirement age. Professional asset allocation, lower fees, access to fixed indexed annuities that have guaranteed income are just a few reasons that it may make sense to consider moving some assets out of your 401(k). Structuring a bond ladder with varied maturity dates versus a bond fund whose maturity dates can't be customized 401(k)s only option, is a real consideration for in-service distribution. Some 401k plans offer a choice for the purchase of individual stocks. While that is a great option, I would want to buy these stocks in my self-directed IRA to avoid the 401(k)s plan administrative cost.

Moving assets out of your 401(k) doesn't mean that you can no longer participate in the plan. You should still use the plan at least to the extent of the employer match, if they match.

Many employers have done a great job choosing a 401(k) plan that offers low cost index funds or at least an assortment of funds that offer variety for good diversification. Some plans are not so good. If your plan has few choices and high fees, you may want to explore your options.

As an advisor, I be-

lieve that an IRA offers much more flexibility and choices than a 401(k) plan, but if you are new to the work force and have not really accumulated assets in your 401(k), then by all means defer as much of your income as allowed into the plan or at least as much as the employer matches. If you have access to a Roth IRA or 401K you may want to pay the taxes now and let the money grow and take distribution in retirement, tax free, as you approach retirement age, the choices for allocation and deployment of assets becomes more sophisticated than many 401(k) plans can deliver.

Mark Patterson is an investment advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-Asset.com.

PUBLIC NOTICE TOWN OF BRISTOL

Notice is hereby given that a Public Hearing for Site Plan Review and a Conditional Use Permit will be held at 7:00 p.m. on Wednesday, June 12, 2019 at the Historic Town Hall, 45 School Street, Bristol, NH. The applicant is Vertex Tower Assets, LLC for property off Chestnut Street, Tax Map & Lot #227-037 in the Rural District. The applicant wishes to construct a personal wireless service facility including a 150 foot tall monopole style tower (160' to top of highest appurtenance). If you have any questions concerning said application, please contact Francis D. Parisi, Esq., Parisi Law Associates, P.C., 38 N. Court Street, Providence, RI 02903, (401) 447-8500, fparisi@plapc.com.



Water Operator

The Tilton-Northfield Water District is accepting applications for a full time permanent Water Operator position. The position will perform skilled and semi-skilled work involving the operations and maintenance of a water treatment and water distribution system. Position requires a current New Hampshire driver's license, ability to lift 80 lbs., heavy equipment operating experience; being able to respond to emergencies, be on a rotating on-call schedule and live within 15 minutes of the District. Overtime is required.

Minimum qualifications include a high school diploma or GED; possession of a NHDES Grade 1 Water Treatment and Grade 1 Distribution License (or must be willing to obtain these licenses within the first year of employment).

The Tilton-Northfield Water District offers a competitive hourly rate and benefits package. Please send letter of introduction with resume and references to: Tilton & Northfield Aqueduct Co., Inc. 14 Academy Street Tilton, NH 03276. Or you may pick up an application at the office.

The successful applicant will be required to pass a background check, a DMV check and a drug test. EOE/ADA/AA

PET OF THE WEEK

Sadie is a local NH surrender. She is roughly 1 year old, house and leash trained. She knows sit and down. She is very food motivated and ready to learn! Sadie can be a little rough around other dogs, and will require a bit of training in order to be good with other dogs. At this time, she is looking to be the only pup in the home, may do well with children 12 or older, and has lived with cats perfectly fine in the past. This sweet girl has been working with care and training staff for months now, learning manners and patience. Sadie is now our longest term resident at the NH Humane Society, and would love more than anything to have somewhere other than a concrete room to call home, and someone other than kennel staff to call family.



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Debra A. Fralick, 67

BELMONT — On May 28, 2019, Debra A. Fralick of Sargent Street, Belmont, lost her two-year battle with Metastatic Lung Cancer.

Debbie was born on Jan. 18, 1952 in Cambridge, Mass., the daughter of Joseph and Gertrude (Murray) Stevens. Debbie worked for many years

in the sales department of Sam's Club, where she enjoyed working with her fellow associates and Sam's Club Members. Debbie also graduated from Empire Beauty School, where over time she became an Instructor for many years. Debbie was an avid New England sports fan especially the Boston

Red Sox, she enjoyed baking, attending concerts, and listening to country music. Above all, she loved camping trips at Ammonoosuc Campground and time spent with her family.

Debbie is survived by her mother, Gertrude (Murray) Stevens; her husband of 33 years, William Fralick; two sons, Joel Christy and Thomas Fralick; her daughter, Cori Bresse; six grandchildren (Kyle, Mason, Bree, Xander, Xyler, and Liam); her brother, Larry Stevens;

and her sister, Maria Babineau.

In addition to her father, she was predeceased by her brother, Joseph Stevens II.

The Family would like to thank the Nurses and Doctors from LRGH, Dana-Farber Cancer Institute, Elliott Hospital and Brigham & Woman's Hospital for the continued support and the excellent care that was given throughout her battle.

Calling hours were held on Sunday, June 2, 2019 from 11 a.m. - 1 p.m. at the Wilkin-



son-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House en-

trance.

For those who wish the family suggests memorial contributions be made to the Dana-Farber Cancer Institute in Boston to support on-going Cancer research.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinson-beane.com.

Roger Williams University announces Spring 2019 Dean's List

BRISTOL, R.I. — Select students have been named to the Spring 2019 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

The following local students have been named to the Spring 2019 Dean's List at Roger Williams University, in Bristol, R.I.:

Lily Blau, of Sanborn-ton

Samantha Constant, of Northfield

About RWU With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a for-

ward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

Belmont resident named to Curry College Dean's List

MILTON, Mass. — Curry College is proud to announce that Brooke Thurber of Belmont has been named to the Dean's List for the Spring 2019 semester.

To qualify for the Dean's List, students must earn a 3.30 GPA, have no incompletes, and have no grade lower than a "C" for the semester.

About Curry College

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 27 undergraduate majors, as well as graduate degrees in business, education, criminal justice, and nursing, with a combined enrollment of approximately 3,000 students. The student body consists of approximately 2,000 traditional undergraduate students, and over 1,000 continuing education and graduate students. Approximately 75% of its students reside on the Curry campus. The largest majors are business management, communication, nursing, criminal justice, and education. The College offers a wide array of extra-curricular activities ranging from 14 NCAA Division III athletic teams to an outstanding theatre program. Visit us on the web at www.curry.edu

HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, June 10
Chess Club, 3-5 p.m.

Trustees Meeting, 5 p.m. - Open to the public

Tuesday, June 11

Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.

Wednesday, June 12

Story Time, 10:30

Scrabble, 12 p.m. - adults only, please. A leisurely way to spend an afternoon with friends.

Friday, June 14

Essential Oils 101 (adult craft), 1 p.m.

Interested in learning the basics of essential oils? Join us for an Oils 101 class with Julie. Learn what essential oils are and what they can do for you.

You will also make a few of your own scented products to take home with you! Registration is required, \$10 materials fee due at the workshop. Sign up at the Main Desk or call 286-8971 to reserve your spot.

Sit and Knit, 3-5 p.m.

New Items

"How Not to Die

Alone" by Richard Roper

"Queen Bee" by Dorothea Benton Frank

"Stay Sexy & Don't Get Murdered: The Definitive How-To Guide" by Karen Kilgariff & Georgia Hardstark

"The Flatshare: A Novel" by Beth O'Leary

"Unsolved" by James Patterson and David Ellis

Memorial Day concert raises record funds

MEREDITH — An enthusiastic packed house in Meredith enjoyed the distinctive a Capella style of Five O'Clock Shadow (focs.com), the Boston based award-winning vocal group, on Saturday night May 25. The concert was presented by "We Care" of Temple B'nai Israel to benefit the Lakes Region Visiting Nurse Association (lrvna.org). The stirring performance had everyone wondering how they were hearing guitars, harmonica, drums, and horns with only six guys on stage singing their hearts out. FOCS has perfected the art of imitating the sound of the instruments while singing and harmonizing some of the most iconic music of the last 50 plus years. In addition to the innumerable contemporary tunes, the group led the audience in singing "The Star-Spangled Banner" as a salute to those who have served and those who gave the ultimate sacrifice. The evening was capped off by a rousing performance of Queen's Bohemian Rhapsody bringing everyone to their feet with thunderous applause.

Everyone in attendance that night also feasted on the array of desserts homemade by TBI members, platters of cheese and fruits generously provided by Moulton Farms and Hannaford, as well as coffee supplied by McDonald's.

Now in its sixth year, "We Care" has presented eleven concerts that has raised nearly \$85,000 that has benefit-

ted nine different local agencies. In addition to ticket sales, the funds raised come from online social media campaigns as well as main event sponsors. We Care thanks Miracle Farms Landscaping, Cantin Chevrolet and Golden View Health Care for their contribution to this concert as main event sponsors.

The We Care concert series will conclude the 2019 season on Saturday night, Oct. 26, when Doo Wop DeVille will perform the greatest hits of the golden era of rock and roll. The evening will benefit Interlakes Community Caregivers, volunteers who provide services to individuals and families in times of need. Tickets are available now at www.tbinh.org.



COURTESY

An enthusiastic packed house in Meredith enjoyed the distinctive a Capella style of Five O'Clock Shadow (focs.com), the Boston based award-winning vocal group, on Saturday night May 25. The concert was presented by "We Care" of Temple B'nai Israel to benefit the Lakes Region Visiting Nurse Association (lrvna.org).

Take home orders from Jewish Food Festival

LACONIA — It's that time of year when everyone in the Lakes Region begins to dream of luscious homemade delicacies from the kitchen of Temple B'nai Israel in Laconia. Mouthwatering blintzes, beef brisket, meat knishes, potato knishes, latkes (potato pancakes), matzo ball soup, noodle kugel, stuffed cabbage, rugelach and strudel, all cooked, frozen and ready to heat up at home. Also available for take home is freshly packaged chopped herring, corned beef, pastrami, tongue, and chopped chicken liver.

But don't wait - Take Home orders are being accepted until June 16.

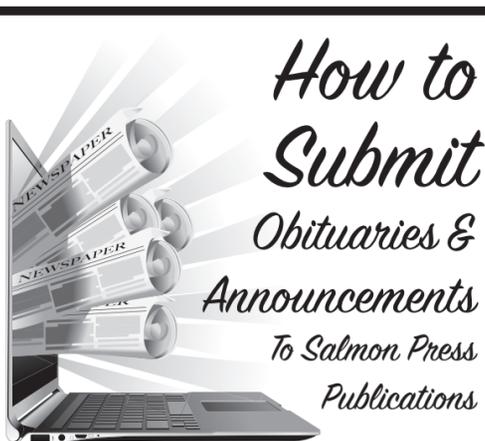
You don't have to be a member of TBI, you don't even have to be Jewish, all you need to be is someone who loves good home cooked food. If you want to be sure you don't miss out on your favorites, orders now online at www.tbinh.org. Most major credit cards (see specifics on the site) and PayPal are accepted. This order process insures availability of the foods people crave in the quantities they desire.

Take Home orders

will be ready for pick up on Saturday, July 13 between 10 a.m. and 3 p.m. or at the Jewish Food Festival on Sunday, July 14 from 11 a.m.-2 p.m. at Temple B'nai Israel, 210 Court St. in Laconia. For orders of \$65 or greater, you will receive a copy of the TBI cookbook from which many of the prized recipes are derived.

Treat yourself, treat your family, treat your guests to a festival of Jewish food right at home! Place orders now at www.tbinh.org.

All questions may be directed to foodfestival@tbinh.org.



How to Submit Obituaries & Announcements To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:

obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:

weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 101

with any questions regarding the submission process.

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Winnepesaukee Scenic Railroad announces Motorcycle Week schedule

LACONIA — The Winnepesaukee Scenic Railroad, based in Meredith & Weirs Beach, is pleased to announce it will once again offer a special train schedule for those attending the 96th annual Laconia Motorcycle Week scheduled for June 8-16.

Of the three major motorcycle rallies that take place annually in the United States - Daytona, Laconia and Sturgis - Laconia is the only major motorcycle rally to include train service for its attendees. In addition to train service, it's also the oldest event dating back to 1924. In 2019, event officials are expecting more than 250,000 riders from across North America to enjoy riding on New Hampshire's scenic roads and highways making it one of the best attended events in the United States.

For those wishing to avoid traffic delays to and from Weirs Beach - the hub of Laconia Motorcycle Week activities - round-trip train service will be available from Meredith, NH into



COURTESY

Of the three major motorcycle rallies in the United States - Daytona, Laconia and Sturgis - Laconia is the only major motorcycle rally to include train service for its attendees. The above photo shows the Winnepesaukee Scenic Railroad motorcycle week train arriving in Weirs Beach, the heart of Laconia Motorcycle Week activities.

Weirs Beach and back. Free parking is also available in Meredith for motorcycles, cars and trucks. The cost of round-trip tickets from

Meredith to Weirs Beach and back is \$20.00 per person for ages 4 and up which includes parking in Meredith, while ages 3 and under ride for free.

SATURDAY, SUNDAY & THURSDAY - JUNE 8, 9 & 13

Departures from Meredith to Weirs Beach every hour on the half

hour from 10:30 a.m. to 4:30 p.m.

Departures from Weirs Beach to Meredith every hour on the hour from 11 a.m. to 5 p.m.

FRIDAY & SATURDAY - JUNE 14 & 15

Departures from Meredith to Weirs Beach every hour on the half hour from 10:30 a.m. to 8:30 p.m.

Departures from

Weirs Beach to Meredith every hour on the hour from 11 a.m. to 9 p.m.

The Winnepesaukee Scenic Railroad's Meredith Station is located just off Route 3 in Meredith, at 154 Main St., while the Weirs Beach Ticket Booth is located at 211 Lakeside Ave., directly across from the arcades at Weirs Beach. For more information

Learn how diabetes affects the eyes at Taylor Community

LACONIA — Join us Monday, June 10 at 2 p.m. in Taylor Community's Woodside Building as Dr. Cynthia Lawrence discusses how diabetes affects the eyes. This free event is open to the public.

Doctor Lawrence received her Optometric degree with the New England College of Optome-

try and then completed a Primary Care residency at the Boston Veterans Affairs Outpatient Clinic in Boston.

She is Board Certified by the American Board of Optometry. She joined the Laconia Eye and Laser Center in 2017 after practicing many years of medically oriented and primary care optometry

at Dartmouth-Hitchcock Medical Center. Doctor Lawrence was also an Instructor at the Geisel School of Medicine at Dartmouth throughout her time there.

Taylor Community is the premiere not-for-profit Continuing Care

Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 524-5600.

Taylor Smart from Northfield named to Cedarville University Dean's Honor List

CEDARVILLE, Ohio — Taylor Smart, a Criminal Justice major from Northfield, NH, was named to the Dean's Honor List at Cedarville University in Cedarville, Ohio.

This recognition required Smart to maintain a 3.75 minimum GPA while carrying at least 12 credit hours during spring semester 2019.

Cedarville University, located between Dayton and Columbus, Ohio is an accredited, Christ-centered, Baptist institution with an enrollment of 4,193 undergraduate, graduate, and online students in more than 150 areas of study.

Founded in 1887, Cedarville is recognized nationally for its authentic Christian community, rigorous academic programs, strong graduation, and retention rates, accredited professional and health science offerings, and leading student satisfaction ratings.

For more information about the University, visit www.cedarville.edu.

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SAFETY

CONTINUED FROM PAGE A1

that provided them with free helmets for children who needed them and the Belmont Rotary donated two bicycles that were raffled off at the rodeo. The Rotary had hot dogs and drinks for everyone to enjoy, too.

“All of this today was for the magic price of zero dollars. It’s the type of thing I like to see, just good family fun,” said Mann.

Officers Joshua Landring, Vito Marcello and Patrick Riley ride bicycle patrols of the town in the summer months and were instrumental in running the rodeo. Marcello said they worked with the children on rules of the road and how to ride safely with traffic. A traffic light simulator was in place so boys and girls could understand the importance of the red, green and yellow lights. They also set up a figure eight course for practice on making turns, as well as a skills course. Belmont’s fire and highway departments provided all the safety cones for the courses.

“We had some slow races, too. The kids had to ride as slow as they could to practice control of their bikes,” Marcello said.

The three officers also led by example, wearing their helmets as they rode along with the youngsters.

“Head injuries are on the rise from people not using the proper safety gear,” said Mann. “If the police officers are wearing bike helmets then maybe the kids will real-

ize they should be wearing them, too.”

The department was pleased to see such a great turnout for the event this year and Mann was busy most of that time fitting new helmets on all the children who needed them. Riley said he was glad to see them all having a good time and enjoyed getting to know some of the youngest residents in the community. He was also grateful for the contributions of Belmont Rotary, which helped make it such a big success.

“The bike raffle is huge. It drew a lot of kids here for the derby and that’s what we wanted to see,” he said.



Belmont Police Chief Mark Lewandowski was pleased to see children wearing new helmets during the department’s annual Bike Rodeo last Saturday. Among the many who attended the event were (left to right) six-year-old Chase, three-year-old Braelyn, six-year-old Annabelle and four-year-old Mylo.

DONNA RHODES

CONCERT

CONTINUED FROM PAGE A1

ideas and creativity into the project. The first panel, “Remember,” features the old penstock supplied water to the Belmont Mill in 1869, the Gale School and the library. The middle school students who worked on the painting also included messages from old postcards and silhouettes of people walking through town in 1800’s fashions. The panel included a road that carries over to the second painting, “Celebrate.” In that panel, all three of today’s schools were included, along with the new covered bridge, the bandstand, mill building and even a fire truck. Flying over the representation of Belmont in 2019, is a plane towing a banner that says, “Celebrate.” Once again,



The band 19 Miles Per Hour, featuring BHS alumni Michael and Danny Iacopucci, were one of three that performed for an outdoor concert last weekend as the Town of Belmont celebrates its 150th anniversary this year.

DONNA RHODES

the winding road then continues on to the final panel, “Imagine.” “Imagine” was a collaborative work done by the elementary school students with their art teacher, Katie Van Cura. It included rainbow-colored clouds over the town with symbols of peace and tranquility for the future.

The panels will be on

display for a number of the town’s anniversary events but people can also contact Special Events coordinator Gretta Olson-Wilder to display it at other functions or activities throughout the year.

As part of last Saturday’s celebration there were also three bands, which performed from the town green, the bandstand, and beside the old mill building throughout the afternoon and early evening. Stolen Thunder got the event going and featured former Bel-



Liz and Andrew of Cirque de Light provided roving entertainment on the Belmont Town Green last Saturday during a free outdoor concert to celebrate the town’s 150th anniversary.

DONNA RHODES

mont resident and BHS alumnus Shawn Chase. From there the group 19 Miles Per Hour took to the bandstand and included two other recent BHS alumni, Danny and Michael Iacopucci. Finally, Radio Roulette kept the music going until dusk. During the course of the day, antique Doodlebug tractors were on display and performers from Cirque de Light roamed the crowd, juggling and performing on stilts to add to the entertainment. Once the final

band finished their performance though, the entire spotlight was on Cirque de Light as they presented their exciting Fire Spinning Show.

The celebration of Belmont’s landmark anniversary year will continue on Friday, July 5, the day the town was formally incorporated. Live music will return to the Town Green at 6 p.m. that evening along with special acknowledgments, a large anniversary cake and more.

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Edward Jones: Financial Focus

Do You Have a Business Succession Strategy?

If you own a business, you’ve always got plenty to think about: sales, marketing, employees, competition, industry trends, consumer preferences – the list goes on and on. It’s easy to get so caught up in your work that you might not take time to think about retirement. But if and when that day arrives, you’ll want to be prepared – which means you need a business succession plan. And you will have to put considerable thought and effort in selecting such a plan, because you’ve got

several choices. You could keep the business in your family. You could offer it to an employee or an outsider. You could design a plan that will take effect while you’re alive or after you’ve passed away. Your decision should be based on several factors, including your family situation, the nature of your business, and your overall financial position (including the composition of your investment portfolio), but, at the outset of your search, you may want to know about some popular succession strate-

gies, including:
Giving the business away – You can leave your business to your children, but if you transfer it during your lifetime, you may be able to obtain some valuable benefits. For example, by relinquishing control gradually, you can be reassured that your children will be able to manage the business on their own. This strategy may also offer tax benefits. You can give your business away outright, but you may want to consider using a trust or family limited partnership, both

of which may allow you to control the business for as long as you want, while still receiving a regular income stream. Selling the business outright – You can always sell your business outright whenever you like – right now, when you retire or some time in between. Of course, any sale brings tax considerations. Using a buy-sell arrangement to transfer the business – Instead of simply selling the business in a traditional transaction, you could employ a buy-sell agreement. With

this arrangement, you can generally determine when, to whom, and at what price you can sell it. If you would like to keep the business in your family, you may be able to fund the buy-sell agreement with life insurance, so family members could use the death benefit to buy your ownership stake. Buying a private annuity – When you buy a private annuity, you can transfer the business to family members, or someone else, who will then make payments to you for the rest of your life, or, possi-

bly, for your lifetime and that of a second person’s. In addition to potentially providing you with a lifetime income stream, this type of sale can remove assets from your estate without triggering gift or estate taxes. These and other techniques can be complex, so before deciding on what is best for your situation, you’ll want to consult with your tax, legal and financial advisors. By taking your time and getting the professional help you need, you can make a successful succession choice.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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EDELBLUNT

CONTINUED FROM PAGE A1

For that reason, the staff makes sure boys and girls not only get to try those fruits, but learn about their nutritional value, too.

"We're all one here in educating the students. It's like they say, 'It takes a village,'" said Cohen.

After doing dishes from the food preparation, Edelblut rolled up his sleeves and then helped serve all the hungry boys and girls who lined up for lunch. Once everyone had a plate filled with his meatloaf or grabbed a fresh salad and some fruit, he then went out to see if they liked their meals at Southwick School.

Hearing lots of positive feedback, the commissioner then reminded one group, "Those people are working really hard back there because they care. You should say thank you."

Superintendent Rob Seaward was at the school for Edelblut's visit and said that more greenhouse projects are being developed at the middle school and Sanbornton Central School now. Southwick School has been leading the way in bringing agriculture into the classroom though and they're not through yet.

"What I'm excited about here is that they keep adding more and more. They're thinking



DONNA RHODES

Winnisquam Regional School District's Food Services Director Rob Cohen showed N.H. Department of Education Commissioner Frank Edelblut how honey harvested from the new beehives at Southwick School will be used in the preparation of food for the students.



DONNA RHODES

N.H. Department of Education Commissioner Frank Edelblut recently spent a day looking at the agricultural and nutritional programs at Southwick School then spent time with the students who benefit from it all through not only their education but their school lunch program, too.

about bringing in a pig next and the students will then be separating the leftovers from lunch so they can feed it to the big," Seaward said. "That can even cut down on our trash disposal. The kids are just loving

all of this!" Edelblut said he really enjoyed his visit and acknowledged all the time the staff spends on making sure the children not only get nutritional meals, but learn the importance of how

they eat.

"This can be an entire game changer for the kids. There are learning opportunities here that aren't necessarily connected to the classroom," he said.

CLEARCHOICE

CONTINUED FROM PAGE A2

"As we eagerly expand our operations into Tilton, we look forward to many more years of success in partnership with LRGHealthcare," says Marcus Hampers, MD. "I would like to thank Mr. Kevin Donovan, CEO of LRGHealthcare for his forward thinking and for his

commitment to providing our communities additional, affordable, and convenient access points for their episodic non-emergency care. We are proud to be part of LRGHealthcare's vision to support healthier communities."

The Tilton, NH center will be located at 75 Laconia Rd., in the Hobby Lobby parking lot, and is projected to open by early fall 2019.

About ClearChoice-MD Urgent Care

ClearChoiceMD Urgent Care treats urgent, non-life-threatening medical needs for the whole family – from cold, flu, fevers, rashes, aches, pains and backaches to minor burns and cuts to simple broken bones – seven days a week. Our centers offer board-certified providers, state-of-the-art facilities with on-site laboratory ser-

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About LRGHealthcare

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community. www.lrhg.org

NOTEBOOK

CONTINUED FROM PAGE A5

able trappers and traders and other denizens

of the high country to swap books. It's hard to imagine. There's all that wrestling and shooting and tomahawk throw-

ing, and hard drinking and poker long into the night--but on most of these rough and tough men's pack-horses,

there was always room somewhere for a sack of books.

(Please address mail,

including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

BANNERS

CONTINUED FROM PAGE A2

to send the message of celebrating Northfield as a great place to live, work, and play.

Cutting Edge is located in Northfield and has been in business since 1993, providing service for signs, lettering, and screen printing.

"The installation could not have come at a better time," stated President Deb Tessier. "There's a lot of momentum right now in our neighboring communities and Northfield residents are excited to promote our town as a vibrant and exciting place."

When help was needed to install the banners, Jason Durgin, owner of Durgin Electric, did not hesitate to offer his equipment and volunteer his time. Jason showed up with his employee, Joe Chipman and installed a total of 20 banners along both sides of Park Street. Despite the black flies and our first humid day of the season, they got the

job done without hesitation. There are nine additional banners to be installed and Jason has graciously volunteered to complete the project. Durgin Electric is located in Northfield and has been in business since 2003, offering quality service with over 16 years of experience. You can visit Jason's Web site at www.durginelectricsolutions.com.

We would also like to thank the Northfield Police Department and Officer Richard Paulus for assisting us with the local traffic during installation.

NEDC partnered with UNH Cooperative Extension in March of 2018, to create an action plan for Northfield that would help identify components of economic vitality, leadership engagement, and sense of community, while strengthening connections between community and businesses. The two programs (Business Retention & Expansion and Community Profile) have joined together

to assist NEDC in their efforts to develop, maintain and grow a thriving local economy by understanding and addressing the needs, challenges, and opportunities of our businesses and residents of Northfield. All residents are encouraged to take part in this on-going process of identified projects to help

RESIGNATION

CONTINUED FROM PAGE A1

jobs when we needed her. She's just been a gem," he said.

On June 21, Ambrose will assume her new po-

sition in Rochester.

The town is now seeking someone to replace Ambrose and her skills and expertise, with hopes they can find that candidate in the very near future.

HOLT

CONTINUED FROM PAGE A3

has worked to move humankind forward. Committed to both research and teaching, UVM professors -- world-class researchers, scholars, and artists -- bring their discoveries into the classroom and their students into the field. Located in Burlington,

Vermont, one of the nation's most vibrant small cities and top college towns, UVM is a Public Ivy and top 100 national research university educating 10,513 undergraduate students, 1,542 graduate students, 826 certificate and non-degree students, and 459 M.D. students in the Larner College of Medicine.

International Film Series continues with two entries this month

LACONIA — The Laconia Human Relations Committee in cooperation with the Laconia Public Library offers two films for viewing in the month of June: "The Color of Freedom" and "My Love Don't Cross the River," as selections for the International Film Series. This series offers a monthly selection publicly shown from September through June at the Laconia Public Library. For June through August two selections are made available each month at the Laconia Library that are not publicly shown. Please make your selection from the International Series library shelf.

In "The Color of Freedom," Nelson Mandela is arrested as a young man. James Gregory has moved to South Africa with his family to work in Robben Island prison. It is his task to watch and censor Mandela. He slowly becomes uncomfort-

able with the politics and racist culture of the people of his own race. Gregory begins to express discomfort with the South African apartheid. In time, their friendship grows and Gregory challenges his superiors as he seeks to improve Mandela's life in prison. Mandela is finally released after twenty-seven years of imprisonment, and becomes president of South Africa. This 2007 film is based on a book written by James Gregory.

"My Love Don't Cross the River" is a South Korean film that follows the true story of an elderly married couple, Jo Byeong-man and Kang Kye-yeol, until the last moments of their 76-year marriage. This was filmed in the couple's mountain village in Gangwon Province over 15 months. Byong-man and Kye-yeol have been inseparable companions for the past 76 years. Living in their small home by the river, their twilight days of tender moments are captured revealing simple acts of affection—from good-natured leaf or snowball fights, to picnics with neighbors, and dance parties.

"My Love, Don't Cross That River" premiered in 2013. Through word of mouth it became the most commercially successful Korean film of its kind of all time.

Be sure to find these films at the library or order them through your own library!

The Laconia Human Relations Committee is a committee of the mayor of Laconia dedicated to expanding our horizons for the appreciation of the diversity found among us and in the wider world. For more information, contact Len Campbell at Lsoup03@gmail.com.

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Art window on Canal Street features works by BJ Eckardt

LACONIA — The U-Frame We-Frame “Art Window” on Canal Street in Laconia is showcasing Belmont artist BJ Eckardt during the month of June. As part of an ongoing art exhibit, shop owner Sara Rines has devoted one of the store windows to displaying the paintings of local artists for the community to enjoy. This month’s contemporary fine art painter, BJ Eckardt, is best known for her vivid and



Sara Rines, owner of U-Frame We-Frame on Canal Street in Laconia, (Left) and artist BJ Eckardt with Eckardt’s painting “Water Lilies.”

and mastery of medium in her work is a wonderful. We invite the community to come by our shop and enjoy these special works.”

Ms. Eckardt lives and paints at her home on Lake Winnisquam in Belmont. Originally from Sheboygan, Wisconsin, she graduated with honors, with a BS degree in Fine Art from the University of Wisconsin – Madison. BJ moved to New Hampshire in 1989 and is the former owner and publisher of Business NH Magazine. Her paintings have won numerous awards and have been selected for juried exhibitions. She has shown her art around the state and she is a juried member of New Hampshire Art Association.

U-Frame We-Frame located at 50 Canal Street, is open Tuesday-Friday 10 a.m.-5 p.m. and Saturdays 10 a.m.-1 p.m. For more information call 524-6200 or visit www.uframewe-frame.com.

bold works. She renders moments in time, capturing light as it magi-

cally illuminates her subject matter. Her current exhibit at U-Frame We-Frame Art Window includes works in oil and acrylic.

“We are very excited to have BJ as our featured artist this month.” said U-Frame We-Frame owner, Sara Rines. “The quality, creativity, subject matter

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SPORTS

THE WINNISQUAM ECHO
SalmonPress.com

Belmont upsets Spartans to earn semifinal berth

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT – The Belmont softball team is back in the semifinals for the second straight year, and have high hopes to get back to the Division 3 title game to capture the elusive championship.

In the opening round, sixth-ranked Belmont hosted 11th-ranked Conant and came away with an 11-5 victory. Morgan Hall was the winning pitcher with four innings of relief, allowing two runs on four hits, three walks and four strikeouts.

Belmont took the lead in the fifth inning when the Red Raiders scored nine runs, making a 3-1 deficit a 10-3 lead. This was highlighted by a Lizzie Fleming grand slam that helped build the huge lead. She was 2/3 on the day.

Raven Gates was 2/4 in the game and continued to swing a hot bat. Defensively Savannah Perkins was solid making great plays at second base.

Belmont then traveled to White Mountains



TARA GILES

Lizzie Fleming slides in safely at third against White Mountains.

for the quarterfinals in what was a rematch from last season's state championship game. This time was a much better outcome for the Red Raiders, with Belmont beating the Spartans 2-1.

Morgan Hall was the winning pitcher again with four hits, four walks and nine strike-

outs in the game.

Belmont scored two runs in the fourth inning. Becca Fleming drew a walk and was moved over to second base. Hall then reached on a fielder's choice and Margaret Witham reached on a walk to load the bases. Lizzie Fleming the smashed a double to left-center-

field to knock in two runs. White Mountains scored one run in the sixth but Belmont was able to get out of a bases loaded jam to secure the win.

"To go up there and play as well as we did was a feat I couldn't have asked for any other way," said coach Bill SEE **SOFTBALL**, PAGE B10



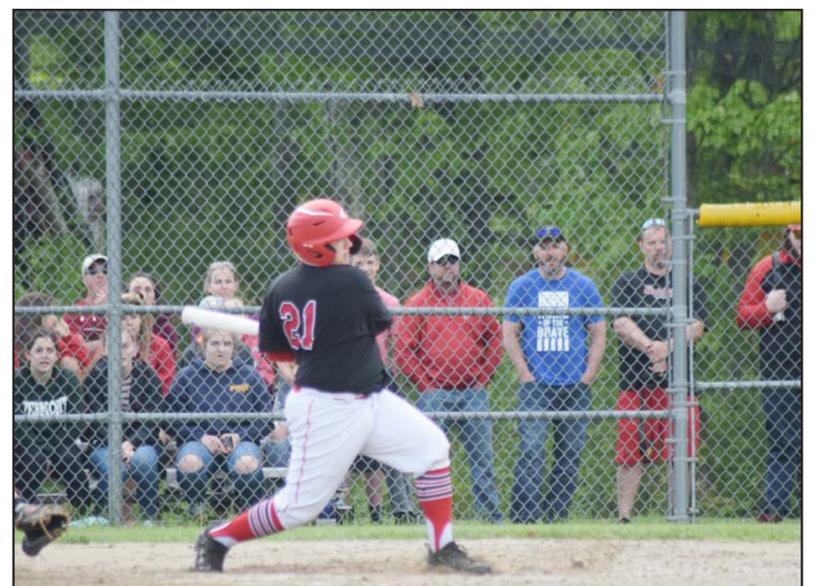
KATHY SUTHERLAND

Kelley Allen fires a pitch for Belmont against Conant.



BOB MARTIN

Griffin Embree was lights out for Belmont in the quarterfinal matchup with Laconia High School, coming away with a 3-2 win.



BOB MARTIN

Jason Gaudette rips a two-run single to left for Belmont.

Raiders best Sachems to move on to Final Four

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT – Griffin Embree was on the mound for the top-ranked Red Raiders against the rival Laconia Sachems in the quarterfinals of the Division 3 state tournament, and the senior southpaw came out on top in a pitchers' duel between him and Logan Dee in a 3-2 victory.

Embree went the distance for the Red Raiders, allowing two

earned runs on three hits, four walks and 10 strikeouts. Dee allowed seven hits and three runs over six innings, while striking out two batters.

It was a scoreless ballgame until the bottom of the fourth inning when the Red Raiders tacked on all three runs. Brett Auclair led off the inning with a double to right/center-field and a passed ball got him to third. With two outs, Lars Major

ripped an RBI single to left field to go up 1-0. Jason Gaudette then smashed a two-run single to left to make it a 3-0 game.

In the sixth inning, Steven Poliquin knocked a two-run single to bring it to a 3-2 game, but the Red Raiders turned a beautiful double play to end the inning and escape further damage. Embree finished off the Sa-

chems with a 1-2-3 seventh to take the win.

Colby Brown was 1/3 with a walk and Auclair was 1/2 with a run scored. Nate Sottak was 1/3, Austin Garrett was 1/2 with a walk, Major was 1/3 with an RBI and a run and Gaudette was 2/3 with a pair of RBIs.

Coach Matt Leblanc has been very pleased with the pitching of his ace this year, and this

time was no different. He said it was a great all-around win and he is pumped up to see what the Red Raiders can do in the semifinals and potentially beyond.

"A tough game," Leblanc said. "It's tough playing a team three times in a season and I'm impressed with the way our guys handled it. Laconia played well and we respect the

heck out of them. It was nice to get the production out of the bottom of our lineup that we did. We don't have that one guy that we can rely on. We have to lean on our team as a whole to pull out these kind of games."

Belmont faced fourth-ranked Hopkinton on Monday in the Division 3 semifinals, with the game taking place after deadline.

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Zach Ennis had a race to the end with Jeffrey Allen, but placed second in the 1,600 meters.

BOB MARTIN



Sana Syed leaps over a hurdle for Belmont at the state meet.

BOB MARTIN

Numerous Raiders advance to Meet of Champions

BY BOB MARTIN

Bob@salmonpress.news

DURHAM – The Belmont High School track and field team was at the Division 3 state championship at the University of New Hampshire on May 25, with the boys' team placing seventh and the girls' team in 13th.

Boys

In the 100 meters, Ben Hills Grove was 11th with a time of 12.37. In the 200 meters, Lucas Mathieu was fifth with a time of 24.69. In the 400 meters, Nolan Gagnon was seventh with a time of 53.91.

In the 800 meters, Zach Ennis was second with a time of 2:02.35. He

also narrowly missed taking the state title in the 1,600 meters with a second place time of 4:37.48. This race was a battle to the end with Jeffrey Allen of Campbell, who won with a time of 4:37.48.

In the 100-meter hurdles, Aidan Rupp was ninth with a time of 18.76. He was fourth in the 300-meter hurdles with a time of 44.04.

The 4X100-meter relay team was fifth with a time of 46.79. It included Mathieu, Hills Grove, Eddie Mann and Devin Bricknell.

The 4X400-meter relay team was second with a time of 3:36.70.

The team included Mann, Ennis, Gagnon and Micah Edgren.

The 4X800-meter relay team was 11th with a time of 9:29.65. It included Nick Miles, Chris Pare, Kyle Whitcomb and Jared Whitcomb.

In high jump, Bryce Hall was sixth with a height of five feet, four inches.

In long jump, Bricknell was 10th with a distance of 18 feet, 2.75 inches.

In triple jump, Mann was eighth with a distance of 37 feet, seven inches. Edgren was ninth with a distance of 36 feet, 11.25 inches.

In shot put, Zack Du-

clos was seventh with a distance of 41 feet, 7.5 inches. Duclos was eighth in the discus with a throw of 109 feet, nine inches.

In javelin, Mathieu was seventh with a throw of 131 feet, nine inches.

Girls

In the 100 meters, Gabrielle Day was ninth with a time of 14.03.

In the 1,600 meters, Alice Riley was sixth with a time of 5:29.23. She was fifth in the 3,200 meters with a time of 12:18.57.

In the 100-meter hurdles, Sana Syed was seventh with a time of 18.37. She was third in

the 300-meter hurdles with a time of 50.33.

The 4X100-meter relay team was second with a time of 53.14. It included Day, Syed, Skylar Ruelke and Jada Edgren.

In high jump, Ruelke was 10th with a height of four feet, six inches.

In long jump, Day was ninth with a distance of 14 feet, 6.25 inches and Ruelke was 11th with a distance of 14 feet, four inches.

In triple jump, Edgren was 12th with a distance of 29 feet, 6.75 inches.

In shot put, Molly Sottak was 11th with a throw of 27 feet, 4.5

inches.

Meet of Champions

Several Belmont athletes competed in the Meet of Champions at UNH last weekend. Ennis was 11th in the 800 meters with a time of 2:03.89. He was eighth in 1,600 meters with a time of 4:32.74.

In the 4X400-meter boys' relay, Belmont was 10th with a time of 3:35.93.

In the 300-meter hurdles, Syed was 16th with a time of 50.17.

In the girls' 4X100-meter relay, Belmont was 16th with a time of 53.25. The 4X400-meter relay team was 10th with a time of 3:35.93.

Hawks end baseball season for Bears

BY BOB MARTIN

Bob@salmonpress.news

HOPKINTON – The Winnisquam baseball team had its highs and lows throughout the season, but the Bears earned a trip to the Division 3 state tournament as a 13 seed. The Bears took on fourth-ranked Hopkinton on the road, and despite a valiant effort by the Bears, Winn-

isquam was defeated 6-2 in the first round.

The Bears had a tough time with Hopkinton starting pitcher Sam Crawford right from the beginning, as the ace put down the first 12 batters he faced. It was a 2-0 game until the fourth inning when the Hawks benefited from poor Winnisquam fielding to pile on four

more runs.

It was 6-0 in the sixth inning when Evan Judkins singled with two outs. He scored on a Garret Mango single, who advanced to third when the ball was misplayed in right field. Mango scored on a single by Chaz Hibbert, which was his first hit at the varsity level. This was all the Bears could

muster, and Winnisquam finished its season at 6-11.

Nichols allowed only two earned runs and walked only one batter in the game. He also had the only other hit of the day for the Bears.

Coach Fred Caruso was proud of his team that had some gutsy wins, but also some close losses throughout

the season.

"We battled, never gave up," said Caruso. "We were in most games. Our record could have easily been reversed with a couple of hits here and there. We lost six games by a total of eight runs, and we had either the tying or tying and winning runs on base in every one of those games."

Caruso is looking forward to seeing what the team can do next season.

"We've taken steps forward the last couple of years," Caruso said. "I see us progressing even more next year. We have our entire pitching staff back and with the kids at the JV level ready to take the next step, I'm excited."

PRESENTING

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BOB MARTIN

Kyle Mann was the final leg of the state champion 4X800-meter relay team.



BOB MARTIN

Hunter Hinxman leaps over the bar in the pole vault at the Division 3 state meet.

Bears bring home three Division III titles

BY BOB MARTIN
Bob@salmonpress.news

DURHAM – The Winnisquam Regional High School track and field team traveled to the University of New Hampshire on May 25 for the Division 3 state championship and the boys' team placed 12th while the girls' team was 16th.

The boys' team was led by the first place 4X800-meter relay team consisting of Riley Mann, Evan Griffin, Dylan Robert and Kyle Mann. Much like

the Wilderness League Championship, it was neck and neck much of the way between the Bears and Mascenic. Riley Mann commented during the Wilderness Meet that this was the biggest competition for the Bears, but Mascenic came out on top. This time the Bears, sparked by an extra push by Kyle Mann in the final leg, took the state title with a time of 8:22.30. Mascenic was second at 8:23.34.

Hunter Hinxman was the state champion in

the 200 meters with a time of 24.17.

In the 400 meters, Riley Mann was eighth with a time of 54.52.

In the 800 meters, Robert was sixth with a time of 2:06.29.

In the 3,200 meters, Kyle Mann was 13th with a time of 11:21.28.

In the 4X100-meter relay Winnisquam was sixth with a time of 47.21. The team included Griffin, Hinxman, Eric Young and Cooper French. The 4X400-meter team came in ninth

with a time of 3:45.46 and included Hinxman, Griffin, Robert and Riley Mann.

In the pole vault, Hinxman was sixth with a height of 10 feet, six inches and Young was eighth with a height of nine feet.

Leading the way for the girls was Shannon Goodwin, who came away with a state title in the discus with a throw of 90 feet, five inches. Sara Seymour was seventh with a toss of 79 feet, nine inches and Hannah

Blackburn was 10th with a throw of 78 feet, four inches.

In the 800 meters, Faith Gosselin was ninth with a time of 2:35.72. She was seventh in the 1,600 meters with a time of 5:37.08.

In the 100-meter hurdles, Ilijana Markelic was 15th with a time of 19.88. She was 10th in pole vault with a height of six feet.

Seymour was 14th in shot put with a toss of 26 feet, 9.5 inches.

In javelin, Goodwin

was ninth with a throw of 88 feet, two inches. Blackburn was 12th with a throw of 82 feet, four inches.

Meet of Champions

Several athletes from Winnisquam competed at Meet of Champions last weekend. Goodwin was 15th in the discus with a throw of 85 feet, 10 inches. Hinxman was 12th in the 200 meters with a time of 24.29. The boys' 4X800-meter relay team was 10th with a time of 8:27.40.

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Published June 13th into the Winnisquam Echo, Meredith News, Gifford Steamer, Plymouth Record Enterprise & Newfound Landing!

A page dedicated to our vital seniors, their health, well-being, & happiness

Advertising Opportunity!

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4 Smoke Street, Barrington, NH
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INSPECTION: Tuesday, June 4, 9 to 11 a.m., Tuesday, June 11, 4 to 6 p.m., and Saturday, June 15, 8 a.m.

REMOVAL: Day of sale from 11:30 a.m. to 2 p.m. and Monday, June 17 from 8:30 a.m. to 5 p.m.

ONLINE BIDDING will be available at paulmcinnis.nextlot.com. To participate in online bidding, you must be registered 24 hours prior to the start of the auction.



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PROPERTY TOURS: Tuesday, June 4th from 9:00 a.m. to 11:00 a.m., Tuesday, June 11th from 4:00 p.m. to 6:00 p.m., and one hour prior to the auction.

Broker participation offered.



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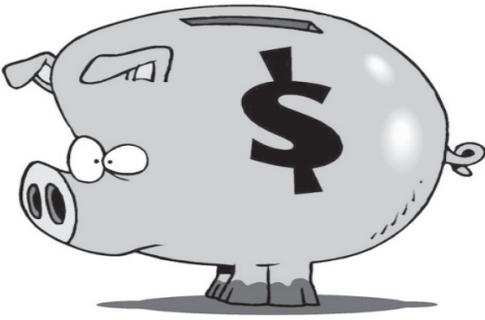
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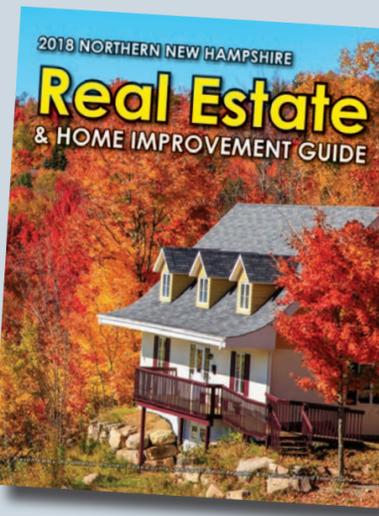
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GUIDE**

In CENTRAL NH,
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Wednesday, July 24th**

Full Page\$480
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Quarter Page\$225
Contractors/Service Directory\$60

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Tilton \$385,000 Totally rebuilt in 2005 is this 4 BR home with dock and shared waterfront on Winnisquam. MLS #4754485 Judy McShane 603.387.4509 Mel McShane 603.273.1937	Moultonborough \$360,000 A nice level 5+ acre parcel on the corner of Kent Road and Ossipee Mtn Road. This home is move-in ready. MLS #4686900 Kay Huston 603.387.3483
Meredith \$358,900 Attractive contemporary home is centrally located and within walking distance to downtown Meredith and Lake Waukegan. MLS #4751870 Pam Toczek 603.520.6443	Center Harbor \$124,900 Beautiful 2.04 Acres south facing building lot with lake and mountain views, short walk to 18-hole Waukegan Golf Course. MLS #4752151 Bruno Coppola 603.244.9544

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Lancaster, NH • Contemporary, 3+ bed, 4 bath • +/- 4,753 sq. ft., +/- 2.45 acres, • Open Concept, Master En-Suite • Energy Efficient ICF Construction • 2 Car Garage, Finished Basement \$449,000 (MLS #4763187)		Lancaster, NH • Renovated New Englander • 2 Bedroom, 2 Bath, HW Floors • +/- .29 acres, +/- 1,445 sq. ft. • Large Rooms, Pellet Stove • Updated Windows, Vinyl Siding \$127,000 (MLS #4754489)	
Concord, VT • +/- 4.2 acres, Open Bldg Area • Drilled Well, Storage Shed • 1993 32' Layton Camper • Town Road, Direct ATV Access \$32,000 (MLS #4644455)		Guildhall, VT • Log Home, +/- 3,410 sq. ft. • 4 Bedroom, 4 Bath, Woodstove • +/- 10 Acres - Pasture & Fences • 4 Car Garage Barn, Mtn View \$285,000 (MLS #4724313)	
Lunenburg, VT • Split Level Home, 4 bed, 2 bath • +/- 2,193 sq. ft. +/- 11.3 acres • Finished Lower Level, Pasture • Vinyl Siding, 2 Car Garage \$169,900 (MLS #4752728)		Lunenburg, VT • Large wooded lot, +/- 22.43 acres • Private country setting, Power at Street • View potential of CT River Valley • Wooded, Located on private road \$29,500 (MLS #4753188)	

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This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

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Dan Uhlman, General Manager
 20 West Street, Ashland, NH 03217
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Town of Tilton
Land Use Coordinator

Individual will be responsible for performing highly responsible clerical and technical duties while coordinating the functions of the Planning Board, Zoning Board of Adjustment, and Code Enforcement office. Provides organizational assistance to the Assessor. Maintains property assessment file and tax maps. Serves as the Town's primary contact with the general public concerning land use matters. Position is full-time, salaried, which includes evening meetings.

Job description available on the Town of Tilton website www.tiltonnh.org. Prior municipal land use experience a plus. Please mail resume to Tilton Board of Selectmen, 257 Main Street, Tilton, NH 03276. Questions may be directed to Jeanie Forrester, Town Administrator at 286-4521, ext. 101 or jforrester@tiltonnh.org. Closing date to apply is June 28. The Town of Tilton is an EEO Employer.

THORNTON CENTRAL SCHOOL
 Thornton, NH 03285

Fall 2019
 (August to late October)

LONG-TERM SUBSTITUTE
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 (Must be certified)

Interested candidates should send letter of intent, resume, certification and recommendations to:

Jonathan Bownes
 Principal
 Thornton Central School
 1886 NH Rte. 175
 Thornton, NH 03285
jbownes@pemibaker.org

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2019-2020 School Year

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Interested candidates should send letter of intent, resume, and recommendations to:

Joseph Sampson
 Principal
 Wentworth Elementary School
 PO Box 139
 Wentworth, NH 03282
jsampson@pemibaker.org



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SCHOOL ADMINISTRATIVE UNIT #58

Interim Superintendent Vacancy
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SAU#58 in the NH North Country is seeking an interim superintendent, part-time or full-time, to oversee operations of four schools: a K-8 of 64 students in Stratford, a K-5 of 121 students and a 6-12 of 200 students in Groveton, and a K-6 of 26 students in Stark. While small, the schools have up-to-date technology, excellent staff, supportive school boards, and strong academic programs aligned with the state frameworks. The Superintendent will work with three individual school district school boards who each meet once a month, and one SAU school board which meets three times per year.

A multi-year contract and regionally competitive salary/benefits will be offered. Starting date is July 1, 2019. Candidate must be certified or certifiable as Superintendent in NH.

Applicants should send a cover letter, resume, current letters of reference, transcripts and certification prior to June 7, 2019 to:

Superintendent Search Committee
 SAU#58
 15 Preble Street
 Groveton, NH 03582
 Tel: (603) 636-1437

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 181 Corliss Lane, Colebrook, NH 03576
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Apply online at www.nchha.org

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Your Community Health Partner Since 1975

NEW Position!

Assistant Clinical Manager - Primary Care

We're growing and seek a Assistant Clinical Manager to provide support at all five ACHS locations. In this new role, you'll assist the Clinical Manager by providing leadership and professional development, support the implementation of all clinical policies and procedures, as well as ensure quality assurance and control with the clinical team. Ideally, you'll use your extensive knowledge of patient care and leadership skills to deliver superb customer service and quality care to employees and patients. You must be an innovative thinker, understand the mission of community health care, and play an active role in the core clinical team.

Qualifications:

- RN with a current state of NH license, and 5+ years of clinical experience preferred.
- Excellent customer service skills.
- Prior supervisory experience (2 years+ preferred)
- Ability to work directly with the public, often in stressful situations.
- Strong spoken and written communication skills.
- Ability to maintain strict patient confidentiality.
- Work independently with minimum supervision.
- Good computer skills and experience with Centricity EHR platform preferred.

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ACHS EOE

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Newfound Area School District

Paraprofessional Vacancies
 2019-2020 School Year

Academic Tutors
1:1 Support
Classroom Assistants
 Full and Part time

Salary range from \$11.87 - \$23.57

Interested applicants should submit a letter of interest, resume, supportive credentials, job application and three current written references to:

Superintendent Stacy Buckley
 c/o Newfound Area School District
 20 North Main Street,
 Bristol, NH 03222

Application is available at:
<http://www.sau4.org/human-resources/employment-information>

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 PemiRiver@pemiriverfuels.com
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For further information, contact:
 Roxanne H. Ball, Adm. Assistant to the Superintendent of Schools/Human Resources
 White Mountains Regional School District
 SAU #36
 14 King Square
 Whitefield, New Hampshire 03598
 TEL.: 603-837-9363/FAX: 603-837-2326
 Email: rhball@sau36.org

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TOWN OF CAMPTON ADMINISTRATIVE ASSISTANT

The Town of Campton is seeking to fill the full-time position of Administrative Assistant. The Administrative Assistant performs a variety of general office clerical duties, including but not limited to: secretarial assistance to the Board of Selectmen and Town Administrator; data entry, word processing, transcribing minutes and public reception; responding to requests from the public; preparation of correspondence and public notices; maintaining files, forms, applications and office supplies. Municipal experience preferred but not necessary.

Salary is commensurate with experience and education. The Town of Campton offers a competitive benefit package that includes NH retirement and medical coverage. The Town of Campton is an equal opportunity employer.

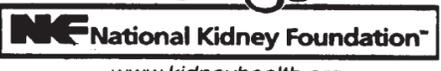
Interested candidates should submit a letter of interest and a resume to: Carina Park, Town Administrator, 12 Gearty Way, Campton, NH 03223 or by email at toc.cp@camptonnh.org

Submission deadline is June 27, 2019.

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BOB MARTIN
Aubrey St. Onge pitched in the opening round of the Division 3 state tournament for Winnisquam.



BOB MARTIN
Carly Catty has been incredible at the plate this season, posting a batting average higher than .700.

Bears battle but fall to Cougars in tourney opener

BY BOB MARTIN
Bob@Salmonpress.news

LITCHFIELD – The 13th-ranked Winnisquam softball team traveled to fourth-ranked Campbell last week and while the the Bears kept things close for much of the game, Campbell came away with an 8-0

victory. It was a scoreless game until the bottom of the fourth inning when the Cougars scored five times to go up 5-0. It started when a pop up in the infield dropped in for a hit, followed by a bunt hit to move the runner over. With runners on

first and third with no outs, Campbell scored two runs on a base hit. This was followed by an RBI single and a pair of sacrifice flies to make it a 5-0 game.

In the fifth inning, Aubrey St. Onge allowed a triple to leadoff, and then a run came in on a field-

er's choice to make it 6-0. Two more runs came in to score in the bottom of the sixth inning on an RBI triple and then an error scoring the final run to make it 8-0.

Coach Mark Dawalga said the tough thing with this game was that there were times where

the Bears had scoring opportunities, but just couldn't get that big hit to bring runners across to score. In the top of the first inning there were two runners on highlighted by a double by Carly Catty. In the top of the sixth there were two runners on but Camp-

bell made some nice fielding plays to thwart any chance of scoring.

"It was a tough loss, but overall I was very pleased with the effort of the kids," said Dawalga. "The outfield made some nice plays and the girls battled and played hard."

SOFTBALL

CONTINUED FROM PAGE B1

Clary. "We had great pitching from Morgan, timely hits and great defense. You've got to play your best to stay with

the best, and we did." Clary said the team is amped up to be in the semifinals and have their sights set on seventh-ranked Hopkinton. "I think it is safe to

say the girls are looking forward to practicing this week and taking on Hopkinton. Clary expects a tough fight against a solid Hopkinton team. He said the

team will need to step it up a notch to come away with a win and move on to the finals. Clary feels like the girls are ready, and confident in themselves and each other."

"We are pretty fortunate we only have two new players on the team, and the majority of the team is underclassmen," said Clary. "The sophomores we

have did a great job under pressure last year as freshmen and I expect them to be just as calm this year as sophomores."

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