

THURSDAY, NOVEMBER 14, 2019

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COMPLIMENTARY



DONNA RHODES

Members of Bristol's VFW Post 10640's Firing Detail paid tribute to veterans past and present during a special Veterans Day ceremony on Central Square this past Monday.



As VFW Post 10640 member Ron Preble saluted, Newfound Regional High School student Connor Downes played "Taps" during Veterans Day ceremonies in Bristol, followed by his brother Ryder Downes who responded with the "echo" from across Central Square.

# **Community honors local veterans**

#### **BY DONNA RHODES** drhodes@salmonpress.news

BRISTOL – Bristol VFW Post 10640 conducted Veterans Day ceremonies in Central Square on Monday

morning, honoring all have served both past and present, thanking them and their families for the many sacrifices they have made in the name of free-

#### dom and liberty.

Veteran Ron Preble led off the ceremony acknowledging all who came out to join them for the ceremony. He first introduced

Rev. Wayne Toutaint Bristol Baptist of Church, who led everyone in an invocation prayer, where the Reverend gave thanks to all who not only wrote the Constitution, but those who stepped up and made sacrifices to

uphold it.

"We're so thankful so many gave their time to defend it on behalf of all our citizens," he said.

Dan Arseneau delivered the Veterans Day remarks and also began by thanking all

who joined the local veterans for a special occasion.

"It is, in fact, a remarkable day as we meet to honor an extraordinary and select group of people," Arseneau said. SEE VETERANS, PAGE A9

# PSU to host book discussion on "Skis in the Art of War"

PLYMOUTH Well-known skiing historian and Plymouth State University (PSU) professor emeritus E.



Minot-Sleeper Library receives grant for automatic door operators

BRISTOL — The Minot-Sleeper Library Board of Trustees is pleased to announce the library is the recipient of an AARP New Hampshire grant for the installation of automatic door operators. The new door operators allow any person needing assistance into er Library is a fine example of

choose how they live as they age. AARP works to strengthen communities and advocate for matters most to families with a focus on health security, financial stability and personal fulfillment. The increased access to the Minot-Sleep-

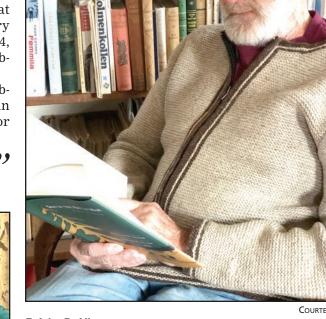
the library to press a button and have the doors open for them. These operators were recently installed thanks to the work done by local companies Advanced Lock and Alarm and Goodrum Electric and are now available for use.

AARP is dedicated to empowering Americans, 50 and older, to AARP's commitment to supporting community access for all people.

"AARP is pleased to help the Minot-Sleeper Library in their efforts to support residents of all ages," said AARP New Hampshire State Director Todd Fahey. "The SEE **GRANT**, PAGE A9

John B. Allen will discuss the book. "Skis in the Art of War," at PSU's Lamson Library on Thursday, Nov. 14, at 12:30 p.m. The public is invited.

Originally published in Russian in 1912, the book's author



#### E. John B. Allen

K.B.E.E. Eimeleus advocated for ski training in the Russian armed forces and proposed techniques that troops on skis might use in warfare-techniques that were later adopted by Finnish and Russian armed forces.

"Skis in the Art of War" was recently translated by William D. Frank, professor of history at Central Washington State University and biathlete, and published by Cornell University Press. Professor Allen consulted on the translation and contributed an introduction on the status of military skiing prior to World War I and additional commentary.

"This book is a translation of a work that gives a view of

pre-World War 1 skiing—something that we have had from the Western European and American perspectives, but never before from the Russian point of view, and never with such detail," said Allen.

"Skis in the Art of War" is a crucial resource that will inform future generations on how the environment has shaped war and infantry in different parts of the world.

On Thursday, Nov. 14, Professor Allen will read excerpts from the book and will take questions from the audience. The discussion is free and the public is invited to attend.

Professor Allen taught history at Plymouth State University for 29 years before re-SEE **SKIS**, PAGE A9

# Save the date for "Keep the Heat On!"

PLYMOUTH — The Common Man Inn in Plymouth will again be the venue for the annual Keep the Heat On (KTHO) fuel assistance fundraiser on Wednesday, Jan. 15, 2020. Thanks to the generosity of Alex Ray, Kali Foley, and her crew at the Inn, we look forward to celebrating 15 years of helping the Plymouth Area Community Closet (PACC) meet the needs of local families.

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Attendees can look forward to a full lineup of more than 22 local restaurants providing scrumptious appetizers, a wonderfully varied dinner buffet, and a stunning selection of desserts. In keeping with KTHO tradition, an extraordinary assortment of contributions from local businesses and members of the community will provide for fun, competitive bidding on a silent auction, as well as an exciting raffle.

year's event Last raised more than \$50,000, and the KTHO Committee is again trying to raise as much as possible. Why so high? Once again, it is a matter of need. Last year, the KTHO Committee authorized using KTHO funds toward expenses other than home heating fuel, including food, clothing, and prescriptions, as nutrition, warm clothing, and good health are all elements of keeping the heat on. The

cost of fuel and other essentials are simply beyond the means of many of our neighbors in the 15 communities served by PACC. The state's Fuel Assistance Program, which is funded through the US Department of Health and Human Services, provides some assistance, but cannot meet the needs of all. Hundreds of families have benefited from KTHO funds over the past 15 years, with the number increasing every SEE KTHO, PAGE A9

# **Coping with the holiday blues** Grieving in a season of celebration

BY GUY TILLSON, MDIV, MA

Christmas decorations started being displayed in stores as early as August. It's now autumn, so the awareness that "the holidays" will soon be upon us is unavoidable. Pumpkins sold in October became Halloween Jack-olanterns. Pumpkins sold in November will become the fixings for the pies for our Thanksgiving dinner dessert. Some years ago, a now-deceased friend of mine made the comment that "the holidavs" were "The Triangle Bermuda of heightened family dysfunction." Though we've usually thought the holidays as of Thanksgiving, Christmas, and New Year's; traditions with the winter celebrations of the Solstice, Yule, Hanukkah, and Kwanzaa probably have their own versions of holiday angst.

The Christmas movies that seem to

the Hallmark Channel seem to poke at the discomfort of holiday stress with their standard and predictable happy endings. TV series will also portray something of holiday craziness. In 1995, the movie "Home For the Holidays' unfolded the story of a museum restoration artist flying home for Thanksgiving with her affable parents, an eccentric maiden aunt, black-sheep-of-theа family gay son, and an embittered sister. The star-studded cast included Holly Hunt-Anne Bancroft, er. Charles Durning, Geraldine Chaplain, and Robert Downey, Jr. Further back in 1968, there was a cinematic telling of a highly-conflicted medieval Christmas. "The Lion In Winter." It won Katharine Hepburn her third Academy Award, and its own star-studded cast also featured Peter O'Toole, Anthony Hopkins,

perpetually on and Timothy Dalton. These powerful characters engage in some very brutal backbiting and hostile verbal exchange that is memorable in its cleverness. As entertaining as these portrayals might be, the element of recognition that strikes us is the familiar experience of holiday-related stress.

Lest you think I'm а "Bah! Humbug!" Scrooge-like person, I want to assure you that I normally enjoy the holidays, despite the pressures of preparation and the cranked-up party-going that is a challenge to my normally introverted personality. In my forty-plus years of work in various helping professions, I have noticed that the holidays are sometimes dreaded rather than welcomed by more people than we might imagine.

In our own lived real experience, the holidays become even have endured a significant loss. These losses can include the death of someone we have loved, the

breakup of a relationship, the loss of employment, relocation, witnessing the debilitating disability of someone we are caring for, or financial or material disaster. It's not for nothing that Elvis sang of a "Blue Christmas" in his throaty and soulful baritone.

Because the holidays can be especially difficult for persons grieving losses such as those noted above, Pemi-Baker Community Health & Hospice will be offering TWO Monday times to meet with those in need of throughout support the holiday season. The groups will start before Thanksgiving and conclude after New Year's: November 18 and 25; Dec. 2, 9, 16, 23, and 30, 2019; and, January 6, 2020.

more difficult if we The daytime afternoon group (12:30-2 p.m.), will meet in the Grady Conference Room at Speare Memorial Hospital, 16 Hospital Rd., Plymouth. The early evening group (5:30-7 p.m.), will gather in the Main Conference Room at Pemi-Baker Community Health, 101 Boulder Point Dr., Suite 3, Plymouth. There is no cost for attendance.

> Topics at the sessions will include: self-care emotional during the holiday season; choosing (or NOT choosing) to attend gatherings and celebrations; not feeling like "making merry"; recollections and reminiscences of previous holidays; suggestions for home rituals to remember loved ones; and, entering upon a new year without someone who is no longer present.

The groups will be facilitated by Guy Tillson, MDiv, MA, Bereavement Counselor for Pemi-Baker Community Health. If you have questions about the program or are interested in participating in one of the groups, please contact Guy by email at gtillson@pbhha.org or by phone at 536-2232, Extension 206 so that adequate preparations for the groups can be made.

Please consider donating to Pemi-Baker Community Health as the holidays approach. If you order gifts on line, Amazon will give a percentage of your purchases directly to Pemi-Baker Community health by using Amazon Smile. Visit www. smile.amazon.com and choose Pemi-Baker Community Health. Giving Tuesday, Dec. SEE HOLIDAYS, PAGE A9

## SLA to bost trail work days to protect Squam Trail Network

HOLDERNESS Volunteer to protect public trails in the Squam Lakes region. Every week, the Squam Lakes Association's (SLA) Lakes Region Conservation Corps (LRCC) members take volunteers out on the trails for a few hours on Sunday mornings from 9 a.m. to 1 p.m. Here, volunteers work side-by-side with conservation professionals to learn about trail

protecting the trails."

As always, this work is weather dependent. Should any changes or plans arise, we will provide updates. We encourage help from volunteers who love the outdoors, enjoy hands-on conservation work, and are excited to work with our LRCC members.

Registration is required to participate by signing up online www.squamlakes.org/

# **Bristol police log**

BRISTOL — The Bristol Police Department handled 212 calls for service, resulting in seven adult criminal arrests, two Superior Court Indictments, and 11 criminal offense investigations. Officers also performed 70 motor vehicle stops, invehicle accidents, and conducted 170 directed enforcement patrols, area checks, and foot patrols. Other call reasons included: domestic disturbances, mental health emergency, fight, disturbances, intoxicated warrant persons. checks, wanted per-

DARN Z

Fri. - Sat.: 12:00, 3:15, 6:30, 9:30 PM

Sun.-Thurs.: 12:00, 3:15, 6:30 PM

FORD V. FERRARI

LAST CHRISTMAS

sons, criminal inves- public assists, motigation follow-ups, harassment, 911 investigation, attempted burglary, theft, criminal mischief, trespassing, criminal threatening, noise complaints, neighbor disputes, suspicious vehicles, suspicious persons, disturbancvestigated two motor es, drug activity complaints, drug investigations, motor vehicle complaints, DWI complaints, welfare checks, civil stand by's, residential alarms, business alarms, lost property, parking complaints, civil matters, paperwork service, protective order services, animal complaints,

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Sun.-Thurs: 12:15, 3:30, 6:45 PM

R

**DOCTOR SLEEP** 

torist assists, fingerprints, sex offender registrations, VIN verifications, road hazards, juvenile complaints, community policing events, assist other police agencies, and assist the fire department.

#### **Arrests**:

46,

Driving

Mary Carriere, 56, Taunton, Mass.- Driving While Intoxicated Dennis Herra, 40, Bristol-Superior **Court Warrant** 

Superior Court Felony Indictments on Bristol Investigations:

Jonathan Tyrell, 30, Hill- Drugs in a MV, Possession of Controlled Drugs, Dealing

Huke, Wade Campton-While Intoxicated Tuckerman Kennedy, 23, Gilford- Driving

While Intoxicated Ryan Alessandro,

43, Franklin- Driving While Intoxicated

Akerman. Adam 25, Bristol- Simple Assault

Garrett Fleury, 25, Bristol- Operating After Suspension

Perscription Drugs, **Receiving Stolen Prop**erty, Felon in Possession of a Dangerous Weapon

Keith Sorrell, 37, New Hampton- Controlled Drug; Acts Prohibited

Identifying information for juveniles, and persons placed into protective custody are not released.

stewardship and best management practices.

"These trail work days often turn into transformative experiences as our volunteers realize their work has a positive impact on the trails," said Melissa Leszek, SLA Community Engagement Coordinator. "It is also a great chance to have some fun and join other folks in the community who enjoy

events. The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region.





Week of 11/8 - 11/14

PG-13

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# **LRSO Holiday Pops concert** features vocalist Michael Gallagan

MEREDITH — The Holidays are upon us, and that means glorisymphonic Holous iday POPS music is just around the corner. Please join the Lakes Region Symphony Orchestra for two joyous Holiday Concerts on Saturday, Dec. 14 at 7:30 p.m. and Sunday, Dec. 15 at 3 p.m. Both concerts will be held at the Inter-Lakes Community Auditorium on Route 25 in Meredith

LRSO fan favorite, sublime crooner Michael Gallagan returns as our special guest for two spirited performances. Fans will remember Michael as our previous Holiday artist, and for his knock-out solo performance in our Sinatra POPS concert.

This year, we resur-

rect some classic orchestral favorites including Winter Wonderland and Sleigh Ride, but we are thrilled to introduce all-new favorites this year - including custom arrangements for the LRSO! You'll delight in the orchestral splendor of traditional Carols, a Canadian Brass Christmas, a Festive Holiday Fanfare, and "Wizards of Winter" made famous by the Trans-Siberian Orchestra, among others.

Gallagan joins the ranks of Michael Bublé, Harry Connick Jr., Seth MacFarlane, and Donny Hathaway singing a variety of those artists' classic holiday hits including "Santa Claus is Coming to Town," "Man With a Bag," "This Christmas," and "Must've Been Ol' Santa Clause." We've even tossed in the Ella Fitzgerald arrangement of "Have Yourself a Merry Little Christmas."

Tickets for these holiday concerts are \$20 for adults and \$10 for students college-age and under (please, no children under age five). Tickets are available online at www. LRSO.org/tickets, by phone at 800-838-3006, or from our ticket partners Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia. Any unsold tickets will be available at the door starting one hour before each concert. All seats are general admission.

The LRSO celebrates the support of its Saturday concert sponsor Bellwether Credit



Michael Gallagan

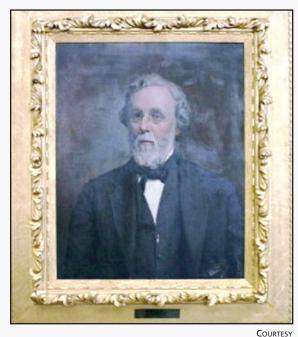
Union, and its Sunday concert sponsor Fay's Boat Yard. Their generous community sup-

port is a big part of what makes the LRSO, a community orchestra. possible.

COURTESY

**About The Lakes Region Symphony Orchestra** 

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchesthat performs tra throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 30 communities in the Lakes Region and beyond. For over 40 years the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.



The Judge, the Library, the School: Honoring the Past to **Better Serve the Future** 

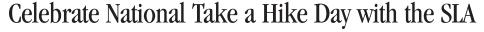
Join the New Hampton Historical Society for an evening of surprises as we learn more about Judge Nash and his vision for New Hampton and environs. Find out who put the dash in "Gordon-Nash" and share in the discovery of two 19th century New Hampton School sisters, Cornelia and Emily Bradley, who forged highly successful careers as popular authors based on their years in the village. Follow the intertwining course of the library, the town and "the academy" as it developed in the capable hands of the Bickford family and other early town/school mothers and fathers. Presenters are NHHS Board members Kent Bicknell, Independent Scholar and NHHS Historian, and Jerrica Crowder, Library Director at New Hampton School and NHHS Curator. Our programs are free and open to the public. Light refreshments will be served.

# Emerson, Lake & Palmer's legacy lives on in Plymouth

PLYMOUTH — Carl Palmer's ELP Legacy brings their Live On! tour to The Flying Monkey Performance Center in Plymouth on Saturday, Nov. 23 at 7:30 p.m. Tickets for this concert start at \$35.

With the recent passing of both his ELP bandmates, Keith Emerson and Greg Lake, Carl Palmer has been on the road with a tribute show in their honor. A drummer's drummer, Palmer anchored the legendary ELP, as well Asia, Atomic Rooster and The Crazy World Of Arthur Brown. ELP's megahits including "Picture's At An Exhibition," "Luckv Man," "From the Beginning" and "Tarkus" helped define Progressive Rock. Palmer's new band captures all the power of these hits in a hard driving, instrumen-





HOLDERNESS Join the Squam Lakes Association on Sunday, Nov. 17 from 10 a.m.-2 p.m. to hike Mt. Livermore in celebration of National Take a Hike Day. Enjoy this moderate, roughly three mile loop trail. The trail climbs an old carriage road before it meets up with the Crawford-Ridgepole Trail, a trail that connects many of the 50+ SLA trails! Soak up beautiful views at the top of Mt. Livermore and then wind down the switchbacks to the Prescott Trail and return via the Old Highway Trail. Folks are welcome to hike at their own pace and to continue beyond onto the Crawford Ridge Trail if they want a longer adventure. This hike is on the SLA's Squam Ranger list, if you are interested in hiking all of our trails and earning a patch. Proceeds from

the Squam Ranger program support trail maintenance.

Participants will meet at the Squam Lakes Association located at 534 US Route 3, Holderness, NH 03245 and carpool to the trailhead. This program is open to all who are capable of hiking three miles in possibly wet & snowy conditions. Children must be accompanied by an adult. Participants should bring appropriate clothing, water, food, and snowshoes and/or micro-spikes depending on conditions. The SLA can pro-

vide snowshoes for up to six participants. For more information and to register visit www. squamlakes.org or call 968-7336.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners, the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region.

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Carl Palmer's ELP Legacy brings their Live On! tour to The Flying Monkey Performance Center in Plymouth on Saturday, Nov. 23 at 7:30 p.m.

tal performance that's lighting. winning raves globally.

Palmer says: "The band is running on all cylinders and has never sounded better. Fans can expect the biggest hits of Emerson Lake & Palmer along with some of its epic pieces, all presented with a full visual element of special films created for the tour."

Carl Palmer's ELP Legacy have also teamed up with California's Scene Four Art Studios for the tour which will highlight "some of the most compelling fine art visuals ever created" through a combination of motion, color, and

Tickets for Carl Palmer's ELP Legacy range from \$35-\$45. For more information on upcom-

ing shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH. com.

## Abstract Animal Painting Class With Fawn Ouellette We will choose an animal and bring it to life on our canvas using an array of color and creativity. All levels and no experience needed. Paint and canvas included. December 3rd, from 6-8pm at Holderness Town Hall

Cost: \$25/person. Bring a friend for \$20. Who: ages 6 and up—Adult

Contact Holderness Recreation for more information 603-968-3700



# 



CADY Corner 

## What is High Intensity Drinking?

#### BY DEB NARO Contributor

Binge drinking thresholds have long been set at 4+ drinks for women and more than five drinks for men over the course of two hours. However, there are a significant number of people who consume alcohol on a regular basis that consume far above these guidelines: double or even triple the binge drinking threshold. This "high intensity" drinking occurs among certain binge drinkers, tends to peak around age 21 and is more common on special occasions like holidays, sporting events and 21st birthday celebrations. Researchers have begun to distinguish between typical binge drinking and this form of high intensity drinking. Although there is

firm consensus no on exactly how many drinks constitute high intensity drinking, researchers have agreed on at least twice the typical threshold for binge drinking or twice the gender spebinge threshcific old, more than eight drinks for women and more than 10 drinks for men. National data taken from the Monitoring the Future survey of high school and young adults show that approximately 10 percent of 12th graders and 19-20 year olds in the U.S. reported consuming 10 or more drinks in a row at least once in the previous two weeks, and an additional 4 to percent reported consuming more than 15 drinks in a row. These rates are even higher among college students. recent study Α reported that 19-20 year olds, attending 4-year colleges and not living with their parents, were significantly more likely to engage in high-intensity drinking than other young adults. Data showed that 12.4 percent of college students consumed more than 10 drinks and 5.1 percent consumed 15+ drinks compared to those young adults who did not attend college. Full-time college students are also more likely to report they usually attain moderate to high and sustained intoxication when they drink. Although research shows that high intensity drinking tends to peak around age 21, it does not disappear; 12.4 percent of young

adults ages 25-26 reported drinking 10 or more drinks in a row at least once in the previous two weeks. Several studies show that high intensity drinking is motivated by the expectation that it will lead to positive consequences including being more social and having fun with the expectation that bad consequences will outweighed by good.

Many studies show that people intensify their drinking to celebrate special occasions and to bond with friends during holidays with most of the research centering around college students. In one study that looked at 462 college students across seasons, researchers found that maximum drinks per occasion increased 18 percent around the time of a popular one-day campus spring festival, decreased 29 percent over the summer months, and increased another 31 percent as school resumed in the fall. Drinking also tends peak on Fridays to and Saturdays and is particularly high on holidays including the Fourth of July, New Year's Eve, 21st birthdays and other holidays centered around friends. High intensity drinking is of high concern because of adverse consequences, including alcohol-related injuries, alcohol poisoning, black outs and long-term negative impacts on school and employment. One study showed that with every .01 increase in BAC there was increased risk in engaging in risky behaviors including illicit drug use, drinking and driving, engaging in risky sexual behaviors including being the victim of coerced sex, being the perpetrator of coerced sex, acting aggressively and gambling. With the brains of young adults and adolescents continuing to develop into the mid-twenties, exposure to high intensity drinking can have long lasting effects including priming the brain for addiction. For more information high intensity drinking and how to talk to your child, visit www.cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGHealthcare (934-8905) for help.



## First snow

Mother Nature delivered the first sign of winter last week with a light snowfall across much of central and northern New Hampshire.

## Strategies for Living The search for a moral code

## BY LARRY SCOTT

In recent months, we have seen what happens when a nation no longer has a moral code. From New York to Los Angeles to Chicago to Washington, D.C., events I need not specify have reminded us again: America is in deep trouble.

Men and women in my age bracket, educated in the 'forties and 'fifties, shudder at the principles guiding those who have come out of the 'sixties and 'seventies. Designated here as the MeFirst generation, it is difficult for us to perceive why the younger set cannot understand our concern.

of thousands of illegal aliens, and champion a "green new deal" that will cost America trillions of dollars – and do so with little thought given to the consequences.

"It's no big deal," we are told. "Love your neighbor and do as you please." But if present trends continue, there will be hell to pay.

My generation shakes their collective basis? We have subjected our grandchildren to an educational system that has ousted God from the classroom and the Bible from the curriculum. We have told them that truth is relative,

demand, welcome tens that right and wrong he has no reason to folis a matter of personal judgment, and that everybody has equal claim to even the most aberrant of rights. We have given the MeFirst generation a life style that has no faith in the Bible, no concept of a loving God, no universal standard of right an wrong, in short, no moral code.

College professors their students ask not to cheat, but canhead in disgust, but we not tell them why it have no right to com- is wrong. Parents ask plain. We claim a mor- their children to real code, but on what frain from pre-marital sex. But why? Because you might generate an unwanted pregnancy? But if the students' only interest is in getting a good grade, and if the child does not fear the consequences of immoral behavior,

low traditional moral codes.

We have two written standards of truth in America – the U.S. Constitution to guide our politics and the Bible, to guide us in matters of truth and morality. These two address and correct the concerns of which I write.

I believe in the U.S. Constitution, a document given us by our Founding Fathers that has all the earmarks of divine influence. I resist every attempt by the MeFirst generation to accommodate it to current trends in American life. It has guided our development as a society and helped us to become the finest nation in the SEE STRATEGIES, PAGE A9

The MeFirst generation can share a bathroom with the opposite gender, abort on

## Letters to the Editor

## Here we go again — Another Ground Hog Day event

To the Editor:

In 2015, the Town of Bristol solicited proposals for the construction of a new Police Department. The Town had already purchased the adjacent Smith property for \$70,000, and believed that they could construct a new Police Department for a cost not to exceed \$1.2 million. Under this premises, a"Space & Needs committee" was formed do the research.

Shortly thereafter, we learned that this "Space Needs Committee" was assembled without one person who had any background experience in, or any knowledge of, construction. This "Committee" simply shirked their appointed duties and passed off their responsibilities to the Samyn-D'Elia Architectural firm whom was retained to assist in this matter. The architects interviewed town employees for their opinions of their needs and then submitted drawings and a proposal to construct a new Town Office on the Smith property and to renovate the existing Bristol Town Office to better accommodate the Police Department's needs. This proposed cost was \$3.2 million; nearly three times the original proposed estimated cost presented to the Town.

It quickly became apparent to the Select Board that the citizens of Bristol were shocked at the sticker price, so the architects returned to their drawing board and soon returned with modified drawings and a proposal for \$2.6 million. Again, the Town of Bristol citizens rejected the proposals so the proposals were scrapped. Noteworthy is the fact that Bristol's Town Selectmen approved and misspent the following sums while "considering" the construction of a new Police Department building which morphed into constructing a new Town Office and modifying the existing Town Office before the Town's Taxpayers approved the purchase of the older professional building. The Select Board squandered the

following taxpayers' funds:

1. Purchasing the Smith property adjacent to the old Town Office: \$70,000

2. Smith Property clearing costs: \$15,000

3. Architect's conceptual drawing fees \$250,000

3) Old Town Office jack-up proposal - \$95,000

All totaled, the SB has wasted \$430,000 with nothing to show for it but some architectural conceptual drawings and a vacant house lot; which by the way is no longer contributing property taxes to our town.

Last year, there were public discussions regarding concerns about the condition of Bristol's Fire Department building. An engineering study was suggested and approved to be performed. The results of that study have not been made public; but instead we now learn from last Thursday's Manchester Union Leader newspaper that the Town of Bristol is soliciting an RFQ for the construction of a new \$3.5 million Safety Services Building. Does this sound familiar? We haven't heard one word about forming a "Space Needs Committee," or even public discussions justifying "Why this new building is needed?" Furthermore, where are the results of last year's engineering study? This is yet another proverbial "cart before the horse syndrome" and another example of more classic mismanagement. It's Ground Hog day again.

Despite the fact that Bristol's population is aging and stagnant, the Bristol Select Board continues raising property taxes and wasting taxpayer's money by the millions every year. Decisions to spend taxpayers' money must be need based decisions, not want based decisions. We need to restore common sense decision making to the town of Bristol.

> Erik R. Nelson Bristol

## Opinion

# NORTH COUNTRY NOTEBOOK

Sometimes, it takes a good storm for poor souls to see the light

When the power goes out, as it did one night last week, Millie worries way more than I do. She goes into what I call her Velcro Mode, in which she cowers against my leg and attaches herself like a limpet mine, and I have to drag her around that way. It makes me walk like Igore, or Quasimodo.

Savvy readers have caught on by now that Millie is a dog. The only time she knows this, however, is when another dog is visiting. The rest of the time she thinks she's a person.

When the power goes out, several electronic devices respond with little alarms. Millie, on cue, breaks the land speed record straight for whichever leg is nearest, and attaches herself. Wait, that won't mean anything to anyone under 90. Millie attaches herself the way an alien blob-like creature does by shooting up the stick you're poking it with and attaching itself to your arm, so it can bleed you to death, and grow.

#### +++++

People on TV are always telling viewers to rush out and help oth-"consumers" strip er the shelves bare of bottled water, batteries, and candles. In our house (Millie counts as a person, hence "our" house) and in most others, I'd bet, this is a big joke, because who in the real world wouldn't have that stuff on hand anyway, for when the lights go out? In this case, I was reading an article on forest fires in Harper's when the lights gave us a warning flicker and went out. More or less immediately I discovered an attachment to my right leg, that being Millie, panting as if was thunder, which she doesn't like either. I reached up for the small flashlight I always keep hanging from the living room reading lamp---one of several I've got salted around---and made for the kitchen, Quasimodo-like.



country. But have you ever stopped to

think about what lessons our veterans

can teach us about how we conduct

various aspects of our lives? For exam-

ple, consider the following traits and

how they might apply to your actions

who have not served in armed combat

have had to persevere in challenging

situations. The military life is not an

easy one, as it often involves frequent

moves, living in foreign countries, time

away from loved ones, and so on. As

an investor, in what ways do you need

to show perseverance? For one thing,

you'll need to stick it out even in the

face of volatile markets and short-term

losses. And you'll need the discipline to

• Perseverance - Even veterans

as an investor:

DAVID EZYK - COURTES This sunset photo taken at Shell Point, N.C., near Harker's Island and Cape Lookout, has nothing to do with anything in New Hampshire, except this: It was taken by Dave Ezyk, who raises oysters there and is a working partner at Carp Pond Camp in the town of Clarksville. His Dad, Joe Ezyk, longtime professor at St. Anselm's College, was well known in Fish & Game circles throughout the state, especially wherever trout chase flies.

The kitchen is Command Central whenever anything out of the ordinary occurs. Candles and matches are up there on a high shelf (urchins occasionally crawl or toddle by, so the house is baby-proof). Pretty quick the kitchen is aglow, and soon the livingroom, too. A couple of old, elegant kerosene table lamps come into play because they are such an example of form, beauty and function. A couple of serious gas lamps of the hissing kind are ready to go if I want to read. According to alarmist tones before the TV conked out, I was supposed to rush down to the nearest Walmart and join a frenzied mob to rush the front doors and strip the shelves bare of the essentials I just mentioned. But this would be a radical move in itself, because the nearest Walmarts are in Berlin, Littleton, and across the river in St. Johnsbury, Vermont, all of them about 57 miles away, or, for those with brains, about an hour and a half's driving time (I'm not counting Sherbrooke in the



Each year, Veterans Day allows us to show our respect for the sacrifices that financial demands you face. military veterans have made for our

Willingness to learn and adapt During the course of their service, military veterans frequently need to learn new skills for their deployments. Furthermore, living as they often do in foreign countries, they must adapt to new cultures and customs. When you invest, you're learning new things, not only about changes in the economic environment and new investment opportunities, but also about yourself your risk tolerance, your investment preferences, and your views about your ideal retirement lifestyle. Your ability to learn new investment behaviors and to adapt to changing circumstances can help determine your long-term success

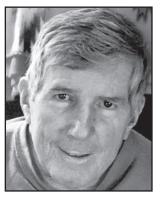
· Awareness of the "big picture" -

Province of Quebec, Commonwealth of Canada, which is just 40 miles up the road).

#### +++++

Usually, the first thing I do after lighting candles and lamps is go to the nearest window in a dark room and look toward town, to see if I can see the village lights twinkling under the hulk of Mount Monadnock---our Monadnock, the one just across the river in Lemington, Vt.

As I have to explain every time this comes up, "Monadnock" is a



**By JOHN HARRIGAN** 

geological term borrowed from the Abenaki, or Wobanaki, and means "highest land around," or "dominant mountain." Our Monadnock, which features an old gold mine and one of the sturdiest fire towers I've ever climbed, isn't much of a mountain by Presidential Range standards (3,148 feet), but it is indeed the highest land around.

Monadnock towers over not only Cole-SEE NOTEBOOK, PAGE A9



highly specific, are nonetheless part of a much bigger picture - the security of their country. When you make an investment decision, it might seem relatively minor, but each move you make should contribute to your larger goals – college for your children (or grandchildren), a comfortable retirement, a legacy for your family or any other objective. And if you can keep in mind that your actions are all designed to help you meet these types of goals, you will find it easier to stay focused on your long-term investment strategy and not overreact to negative events, such as market downturns.

• Sense of duty - It goes without saying that veterans and military personnel have felt, and still feel, a sense of duty. As an investor, you are trying to

meet some personal goals, such as an enjoyable retirement lifestyle, but you, too, are acting with a sense of duty in some ways, because you're also investing to help your family. There are the obvious goals, like sending children to college or helping them start a business, but you're also making their lives easier by maintaining your financial inde-pendence throughout your life, freeing them of potential financial burdens This can be seen quite clearly when you take steps, such as purchasing longterm care insurance, to protect yourself from the potentially catastrophic costs of an extended nursing home stay.

Military veterans have a lot to teach us in many activities of life - and invest ing is one of them. So, on Veterans Day, do what you can to honor our veterans and follow their behaviors as you chart your own financial future.





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## **Obituaries / Towns**

A6 NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019

RANCHO MIRAGE, Calif. — Jerome Scott Avery, 44, passed away on Nov. 6, 2019 in Rancho Mirage, Calif. from complications after a lifelong affliction with diabetes.

Jerome was born and raised in New Hampshire, the son of Deborah (Hall) Chamberlain Raymond Avery. and He attended schools in Sanbornton and Winnisquam and was a graduate of Newfound Regional High School, class of 1993. After high school, he and his lifelong friend, Jason headed west to California. After a time, Jerome came back to New Hampshire, where he started a career in the hospitality industry. Many may remember him from his time at Canoe in Centre Harbor and O's Steak & Seafood in Lakeport. The west called him again and a back he went to California where met and married Christine Potenza with whom he had a son, Brady, the light of his life. Jerome loved nothing more than to spend time with Brady, especially as a youth coach and attending sporting events. A native New Englander, he was a true fan of the Patriots,



ATTIN ENGLATIO

Red Sox, Celtics, and Bruins. Jerome worked at Roy's in Rancho Mirage for many years until his health began to fail in August of 2018.

Jerome was one of the good guys. Kind, loyal, and stoic. To know him was to love him. He was blessed to have loving family and friends from coast to coast. He was a devoted dad who loved his son more than anything. Jerome fought hard against the disease that ravaged his body. He was a silent warrior, never complaining about the hand he was dealt in life. He didn't fold. He stayed in the game as long as he was physically able. All for his son.

Jerome was predeceased by his grandparents, Bill & Janet Hall and Win & Barb Avery, all of Bristol.

Christine; his parents, Ray and Anita Avery of Bristol and Deborah and Gordon Chamberlain of Pulaski, Tenn.; sisters Danielle O'Neill & family of Pulaski, Tenn., Janel Lopez & family of Mesa, Az., Maria Avery of Burlington, Vt.; brothers Sam Avery of Manchester and Eric Samuelson & family of Yorktown, Va.; his lifelong best friend, Jason Evans & family of Rancho Mirage, Calif.; mother & father-in-law, Robin and Nick Potenza of La Quinta Calif.; aunts Donna and Darlene; uncles Dale and Steve; several cousins, nieces and nephews.

He leaves Brady and

Celebrations of Jerome's life will be held in California on Friday, November 15, 6pm, at Coachella Valley Brewing Co. in Thousand Palms and in New Hampshire on Sunday, December 8 at The Homestead in Bristol from 11am-2pm. In honor of Jerome please wear your favorite Boston sports shirt or jersey.

In lieu of flowers, please consider a donation to the Brady Avery, Robin Potenza, 44060 Camino Iavanda, La Quinta, CA. 92253.

## Jurgen Francis Piper, 84

BRIDGEWATER

Jurgen Francis Piper, the captain of our family ship and longtime Nashua surgeon, passed away Oct. 16, 2019 after a long illness.

Jurgen was born in Baltimore, Md. Nov. 15, 1934, the son of Jurgen G. Piper and Loretta Doudiken. He graduated from Bladensburg High School at age 16, and graduated George Washington University School of Medicine at age 23. After graduation, he began a cardiovascular residency at the University of Minnesota in Minneapolis where he met his wife, Lilah C. Piper nee Magnuson. In 1961, he was drafted into the Army during the Berlin Wall Crisis. While serving three years in Germany, he completed his orthopedic residency. Jurgen continued his Army service in Vietnam, where he served as both



chief of professional services and as hospital Commander. He left the Army after eleven years

shire Medical Center. Throughout these years, Jurgen and Lilah raised three children and traveled the world scuba diving, skiing, sailing and bird watching in the Islands, South America, Africa, Europe, and China.

Jurgen and Lilah retired to Newfound Lake in Bridgewater, but resumed his favorite hobby birdwatching both in the United States and internationally. He continued to be actively involved in supporting both local and national conservation efforts. Dr. Piper was a remarkably intelligent man and a voracious reader whose strong desire to learn was always present in him. He will be dearly missed.

## Towns

## Bristol

## Al Blakeley adblakeley0@gmail.com

The first snow is falling as I write this. Like a snow globe, the flakes fall and swirl outside my window. Beautiful, yet kind of an omen for what is to come, I fear. I always feel sorry for those who 'have to' be out in bad snow and/or ice storms in vehicles or who have to work outside in those conditions. Of course, there are those who choose to be out and who enjoy activities in the snow. I am happy for those folks as well and feel hopeful that they all use caution when faced with the mishaps that might occur when that caution is not observed.

Historian and Mark impersonator, Twain Mike McKinley will bring together dramatic readings from several of Mark Twain's classic works with a Mississippi River theme at the Minot-Sleeper Library on Thursday, Nov. 14 at 6:30 p.m. The selections, gleaned from Twains "Life on the Mississippi," "Tom Sawyer," and "Huckleberry Finn" are arranged in and adapted to a Mark Twain lecture format such as one may have heard when the famous author and humorist was on the lecture circuit. Remember that Mondays feature Mah Jong from 12:00 - 2:00pm and Knot Only Knitters meet from 2:30 - 4:30 p.m. All are welcome to come and enjoy these activities.

Family Programs at MSL include the movie "Toy Story" on Tuesday, Nov. 26 at 4 p.m., and Children's Storytime on Wednesdays and Fridays at 10:45 a.m. with stretching, reading, crafts and a

Another heads up:

The 65th Annual Santa's

Village will take place

this year from Friday,

Dec. 13 until Sunday, Dec.

15. A special open house

will be held the day prior

to the opening, Thurs-

day, December 12 for all

contributors that donate

money, materials and

time to the Village. The

Craft Fair will be held on

the main floor of TTCC

during the hours of the

Village featuring over 25

craft booths to help you

The Pool Club has

started up again at TTCC

on Monday and Wednes-

day evenings from 6:30

- 8:30 p.m. for anyone

who is interested in play-

ing pool (billiards). Two

are available and there is

little 'down' time. Come

join in on the fun and

I have been remarking

to anyone who will listen

about the scarce sight-

ings of songbirds around

my neighborhood and

the fact when I hung my

feeders back out that not

tables

well-maintained

banter:

find that 'special' gift.

snack!

one bird has been seen at either of them in over a week! A very rare occurrence at my house. They are usually at one of the feeders within hours of my hanging them out. We did see a chickadee and a few juncos and a pair of sparrows in front of the house the other day, so my hopes are that more will come when the snow covers the ground. I find them interesting to watch and listen to.

## Danbury

Donna Sprague huntoonfarm@myfairpoint.net

#### South Danbury Church

Sunday worship at the South Danbury Church will be at 11 a.m. on Nov. 17. There will be refreshments and conversation afterward. All are welcome!

Reminder! The South Danbury Church Fall and Winter Speaker Series begins this Friday, Nov. 15, at 7 p.m. The inaugural event features singer-songwriters and multi-talented performers Lynda Nelson and C. Willie, presenting original and traditional country, folk and bluegrass music. There's no charge to attend, but come early for good seats - friends and fans are always eager to hear them. After the music, there will be time for treats and talk.

The next event is the church's eagerly-awaited Holiday Happy Hour on Friday, November 22, from 3:30 to 6:30 p.m. Donations of homemade food, crafts, or holiday items will be gratefully accepted. Watch for more news soon!

And, looking even farther ahead, the church's "Christmas at South Danbury" program will be on Sunday evening, Dec. 22, the July flood. The lights and radios were salvaged from the old cruiser.

The Town has received a municipal aid check for \$10,279.17 as aid from the State from their bi-annual budget that was recently passed. We will get another payment next year on October 1st. Since it was unanticipated revenue, the Town will need to have a public hearing to discuss how we plan on using it. It needs to be used this year and cannot be spent on anything already in the budget. The public hearing will be at the next select board meeting on Nov. 19 at 7 p.m. and will be the first item under new business.

The Annual Senior Thanksgiving Dinner will be at the Town House on November 16th from 11:30 a.m.-1 p.m. Volunteers are welcome and deliveries available. John Faucher has donated the turkeys and Alison Bagley will be preparing the sides from donated food. Bring a homemade pie to share if you would like. It will be a good time with great company and home cooked food.

Free Blood Pressure Clinic to be held Every Monday from 9:30 a.m. to noon beginning Nov. 6 at the Fire Station (Public Safety Building) 37 Groton Rd. in Hebron. The only reason they might not be open is if there is an emergency call at the same time and the ambulance is out on the road.

## Scheduled Meetings and Office Closures:

Select Board Work Sessions –Tuesdays, Nov. 19 and Dec. 3-5 p.m. at the Town House.

Select Board Meetings

of service to our country as a Lieutenant Colonel with a Bronze Star for meritorious service.

Dr. Piper began his practice in Nashua in 1972, and for more than 20 years performed surgeries and treated the citizens of Nashua and the surrounding area, served as rotating Chief of Staff at Memorial Hospital and for eleven years served on the board of directors for Southern New Hamp-

He was predeceased by his parents, Jurgen G. Piper and Loretta Doudiken Wadell; his wife, Lilah C. Piper; and his son Kristian E. Piper.

He is survived by his son, Erick J. Piper, and his wife Tracey of Lakeville, Minn.; his daughter, Ingrid K. Piper-Nelson, and her husband, Scott Nelson of St. Louis Park, Minn.; his grandsons, Conner and Cormac Piper, both of Denver, Colo.; and his step sister, Kay Roelke of Newburyport, Mass.

A celebratory commemoration and luncheon were held at the Nashua Country Club, 25 Fairway Street, Nashua, NH 03060. In lieu of flowers, contributions may be made to NH Audubon 84 Silk Farm Rd., Concord, NH 03301 or at nhaudubon.org.



All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals. NORTH COUNTRY COINS. Main St., Plymouth, NH 536-2625. at 7 p.m. Save the date!

#### Danbury Winter Market

This Saturday, Nov. 16 is the Danbury Winter Harvest Market. Hot breakfast, lunch and local farms, artisans and specialty food makers. It's the last time before Christmas to get honey and beeswax candles from Cutting Farm. RJM Woodworks, Ledgehill Farm, Diane's Designs and Steven's Homemade make their season debut. Due to widespread power outages during the last market, several vendors had to cancel. Come on and harvest some locally made and produced items for yourself.

Veterans get \$20 in coupons to spend at the market. One vending space left for our Dec 7 market. For information, call Donna at 768-5579.

## Groton

Ruth Millett 603-786-2926 rem1752nh@gmail.com

At the last select board meeting on Nov. 5, Officer Michael Bagan was sworn into service as Chief of Police for the town of Groton. He will start part time work at 25-29 hours/week; on Wednesday Nov. 13. He has done 24 years of police work in New York and was three years in Moultonborough. We are very excited to welcome him to Groton. A cruiser will be purchased to replace the one lost in

- Tuesdays, Nov. 19 and Dec. 3–7 p.m. at the Town House

Building Committee Meeting – Thursday, Nov. 14 at 6 p.m. at the Town House

Town Offices closed for Holidays –Thursday and Friday, Nov. 28 and 29

## Hebron

Bob Brooks 744-3597 hebronnhnews@live.com

#### Friends of the Hebron Library to hold book and bake sale!

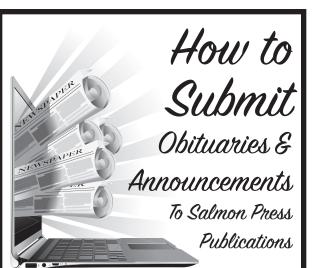
Mark your calendars for Saturday, Nov. 16 from 9 a.m. to 1 p.m. at the Hebron Library as the "Friends" offer a great selection of books, new and previously read, and a great selection of baked goodies, to benefit the Hebron Library.

Donations of "Gently used newer books" will be gratefully accepted up to Saturday November 9th during normal business hours at the Library. Hours include Monday, 2 to 5 p.m., Wednesday from 1 to 5 p.m. and Saturday 9 a.m. to noon.

For additional information, contact the Library at 744-7998.

#### Hebron Area Women's Group News

The Hebron Area Women's Group will be meeting on Thursday, Nov. 21, at the Hebron Congregational Church meeting room at noon. SEE **TOWNS**, PAGE A9



Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers. Obituaries can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

## Churches

## Churches

## Ashland Community Church

Real Church. Real People. Real Simple. Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Bob's Shurfine Market). Parking is available next to and behind the church.

Pastor: Ernie Madden Worship Pastor: Aaron Stout

Phone: 968-9464

Email: accernie@hot-

mail.com Website: ashlandcommunitychurch.com

Sundays: 10 a.m. Worship – Come as you are!

Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

Aug. 18 – September 15 Teaching Series: "I Love My Church!"

Toddler Zone (for infants – five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Small groups: We also offer adult small groups that meet in various locations on Sunday, Tuesday, Wednesday, and Thursevenings. Please dav contact our pastor, Ernie Madden, for more information about our small groups program.

New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.

Our doors are always open wide to all those seeking to find a safe, but invigorating place for spiritual life, growth, fellowship and service. Wherever you are on your spiritual journey, you are welcome here!

Sundays: Pastor: Rev. Andrew MacLeod Intergenerational Service: 10 a.m.

Coffee Fellowship: Following service

NOTES: Wheelchair accessibility can accommodate up to 3 wheelchairs in our Sanctuary!

Location: P.O. Box 424, 15 Church St., Bristol, NH 03222

Phone: 744-8132

Office Hours: Main Office – Mon. thru Fri. - 9 a.m. to noon

Pastor's hours: Mon. thru Thurs. - 9 a.m. to 12 noon and other times by appointment.

Rev. Andrew's Home Phone: 217-0704

Email: pastorbucc@ myfairpoint.net

Intergenerational services and Sunday services begin at 10 a.m. with announcements at 9:55 a.m.

#### Weekly Events:

Mondays: A.A. Step meeting – 7:30 p.m.

Extra Uke practice, for those who can make it, from 9:30 a.m. to 10:30 a.m. every Monday!

Bible Study at 7 p.m. Monday evenings.

Tuesdays: Bone Builders-9:30 a.m.

Senior Crafts: 9:30 a.m. Senior Luncheon – Noon

you have any in good condition that you would like to donate, please leave them in a marked basket in Fellowship Hall.

Don't forget our Women's Fellowship annual Christmas Bazaar to be held on Saturday, Dec. 7 from 9 a.m. to noon. In Fellowship Hall at our church! We'll feature wreaths, swags, baked goods, crafts and gently used Holiday items! It's a great chance to buy a present or stocking stuffer for your favorite elf!

Our next delectable church supper will be held on Nov. 9. The main course will be tender Pot Roast with the works!

The NANA Chair Yoga program will take place on Tuesdays at 1 p.m. And Friday, Nov. 8 and 15 at 11 a.m. through the month of November. Future dates will be forthcoming.

Improves flexibility with simple movements while seated.

Ongoing: Bristol Community Services Food Pantry needs baked beans, spaghetti, tuna fish, peanut butter, instant potatoes, rice spaghetti sauce, soup and jelly.

The ukelele band continues to grow and become more proficient as the weeks go by! We're having a ball!! If you are interested in joining, please contact Debbie Doe.

The band gets together twice a week on Mondays at 9:30 to 10:30 a.m., and Wednesdays at 8:30 to 9:30 a.m. in Fellowhip Hall for lessons and practice, and will be performing the second Sunday of each month during service at the B.U.C.C., unless otherwise noted. We will be performing next on Dec. 8th at our church that morning, and again that evening at the Bristol Baptist Church. We'll also be playing at Golden View Conv. Home in Meredith at 10 a.m. on Dec. 13. Watch for our future performance schedule!

## Episcopal **Churches:** Holy Spirit, Plymouth St. Mark's, Ashland

Weekly Worship **Services** 

Sundays: 8 a.m. at Griswold Hall, 263 Highland St., Plymouth 9:30 a.m. St. Mark's

Church, 18 Highland St., Ashland

Thursdays: 11 a.m., with healing prayers, St Mark's, Ashland (no service 11/28)

Special Thanksgiving Communion Service: Tuesday, November 26, 11 a.m., St Mark's Ashland. All welcome!

#### Faith@Home

The November focus will be on Psalm 23. Please be in touch with Deacon Maryan if you'd like to be a part of our second year of Faith@Home, which will start with an Advent kit. We wait and prepare for Christmas all through December, lighting candles week by week.

Do you know of a household who might be on the "fringes of faith," who are curious about church, but not yet able

or ready to attend a Sunday gathering? Or: Are you a parent or grandparent or neighbor who wants to grow more confident in your own ability to share and talk about following Jesus with the young people in your life? Our Faith@Home packets are a fun and inspiring way to learn and grow as Christians. Contact Deacon Maryan via the church office about being part of Faith@Home.

#### Help for the **Holiday Blues**

Blue Christmas: The Episcopal Church will offer a "Blue Christmas / Longest Night" service SEE CHURCHES, PAGE A8



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Osteoarthritis **Diabetic Neuropathy Diabetic Foot Ulcers** Burns **Sports Injuries** Post-Surgical Healing

It is our desire to help you understand God's incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don't have to dress up. You don't have to be any particular age. And please don't feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where you are on your spiritual journey. We believe you'll find what you are looking for here. You'll learn how to relate to God. You'll experience a Christian community. And here's the big thing – you will change. Join us each week as we seek God together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don't hesitate to contact our pastor, Ernie Madden, at 968-9464 or accernie@hotmail.com.

We look forward to seeing you soon!

## **Bristol United Church of Christ** ("the church on the hill")

We are handicapped accessible!

AA Discussion – 8 p.m.

Choir rehearsals are Sunday mornings at 9 a.m. and Tuesday evenings at 6:30 p.m.

Wednesdays: Morning Reflection is a wonderful spiritual and fulfilling experience that continues every Wednesday morning at 7:30 a.m. in Fellowship Hall. Rev. Andrew is now moderating the sessions until Don Sorrie returns in the spring.

There is discussion throughout, by a lively and committed group! All are welcome!

Uke practice follows from 8:30 to 9:30 a.m.

Fridays: Bone Builders-9:30 a.m.

Monthly Events: WIC (Women/Infant/Children) Clinic - 2nd Monday at 8:30 a.m.

Women's Fellowship -Our next meeting will be held on Dec. 12 at 10 a.m. All are welcome!

T.E.A. Meetings are scheduled for every 3rd Tuesday of the month at 4 p.m. Location varies.

Special Events: \*\*NOTE: Sunday school takes place at 10 a.m.

Women's Fellowship has created a small library in the church which is up and running with a wonderful collection of of spiritual and inspirational books. If

B.U.C.C. cooperates with other churches and community organizations to serve the needs of all people who live near us. Our reach extends around the world through our work with other members of the United Church of Christ!

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Joan Kirschner D.D.S. 65 Highland Street, Plymouth, NH 03264 (603) 536-4301 pgdentistry.com

## Business

NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019 **A8** 

## The Real Report RECENT REAL ESTATE TRANSACTIONS

Seller

Price

#### Town Address

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and

the surrounding areas. These sales summaries are

informational only, not a legal record. Names shown

are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually

Single-Family Residence \$205.000 Condominium \$139,000 Single-Family Residence \$186,400 Single-Family Residence \$197,000 Single-Family Residence \$175,000 Single-Family Residence \$354,000 Single-Family Residence \$305,000 Single-Family Residence \$285,000 **Single-Family Residence** \$50,000 Single-Family Residence \$310,000 Multi-Unit Apartment Building \$290,000 Single-Family Residence \$174,933 Single-Family Residence \$225,000 Single-Family Residence \$230,000 Condominium \$175.000 Single-Family Residence \$399,000 N/A \$2,595,000 Single-Family Residence \$245,000 \$40,000 N/A Mobile Home \$16,000 Single-Family Residence \$239,933 **Single-Family Residence** \$279,133 Condominium \$472,000 Condominium \$77,000

Type

Edward J. and Heidi L. Meyer Andrew P. and Maura C. Veilleux Preston L. and Kathleen S. Fuller EHFAR LLC Bethany L. Gilson and Marshall F. Chapman John A. and Joyce E. White William K. and Patricia Dion Patrick C. and April G. Dumont Erick J. and Karen A. Simula Jordan 2016 Fiscal Trust and David A. Jordan Angela L. Dalphonse Ryan D. and Katherine J. Bruning Lincoln J. Adams Stack & Labadini Fiscal Trust and Joseph R. Stack Marjorie F. Norton Ronald Uberti John J. and Julia A. Fogarty Robert D. and Polly F. Cromwell Michael G. and Lori A. Payne Steven Sargent French RET and Donna L. French Shirley M. and Albert D. Hutchins Franklin D. and Jeannie M. Hines Allison M. Isherwood Marc J. and Kristine Bellerose Cesar and Breda Daou

## Buyer

David C. and Emily May Scott S. and Bonnie E. Wesinger Joshua and Kristin A. Cate Wendy L. Booker Susan N. Leduc and Glenn A. Finnegan Keith L. and Samantha A. Hosking Debbie J. and Joseph B. Rose Florence Hanaford Valter M. and Paula M. Carvalho Russell E. Hertrich RET Bridget and Jacob Desjardins Gina L. Funari and Jeffrey A. Lloy Jeffrey R. and Karen J. Lindblom Emily R. and John T. Miller Michael J. and Barbara L. Kilfoyle Keith T. Flaherty and Mira Kautzky George F. and Tracy S. Reynolds Richard W. Gardner and Carley Ferren-Gardner Corinna L. Harvey Cameron J. Cowden and Debra J. Wallace John J. and Julie A. Fogarty Robert E. and Wendy E. Kelley Gilliam M. Thomas

umn "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

# **MARK ON THE MARKETS** Who is your advisor?

based on tax stamps and might be inaccurate for public

agency sales. Refer to actual public documents before

forming opinions or relying on this information. Ad-

ditional publicly recorded information on these sales,

prior sales and data from Department of Revenue Ad-

ministration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the col-



BY MARK PATTERSON

Who is your advisor and what do they do for you? This is a question that everyone should ask about their current financial advisor or if they are shopping for a new one! When a prospective new client meets with me, they will receive an ADV part 2, that is a disclosure document that explains experience, education and if my firm or I have any conflicts of interest when working with our clients.

The reason you receive this disclosure from my firm is because my firm is a licensed investment advisor that is required to work for our clients, in the client's best interest, which is referred to as "fiduciary."

It is very important that you read and understand what the advisor is explaining to you in this document. One of the first places I go when reviewing other firms ADV, is "fees." I want to

ly or quarterly in arrears. I have seen advanced billing in a couple of ADV's recently. I do not believe in billing my client before I have done any work, but that is my preference. Is the firm managing the assets or hiring other asset managers and splitting fee's? So that portion of fees to that advisor is a "relationship fee". Is the asset manager using retail funds with commissions and 12b1 fees back to a dually registered advisor who is collecting a fee as well as commission?

I could go on and on, but you need to know all see what they are going this before you give your to charge, how and when. money to an advisor and Most advisors charge an their firm! Many new annual fee, billed month- clients tell me that they

have never read the disclosure of their previous firm and they would not have known what to look for even if they had! I get it, this verbiage and language inside these ADV's are difficult to follow unless you are in this business and understand all the structure of how people are licensed and what they are actually doing vs. passing off to other firms. It is all right in front of you, if you know what to look for!

Working with a registered rep or broker is different. A registered works representative for the broker-dealer firm and not a fiduciary. They are primarily com-

mission driven, selling product that the BD firm suggest. The BD firm typically receives additional compensation for selling these products to you. This practice is called revenue sharing and is disclosed but rarely read by the client. Because the registered rep works for the BD firm, you will have to go to Finra "broker check" to see how long this person has been licensed with that firm. You must understand that a license to be a registered rep takes 4 to 6 weeks of study for most, so that nice young person about to implement your retirement plan may have been a barista at a

coffee shop a couple of months ago. Not to take anything away from a barista, the skill sets are different pertaining to a frothy cappuccino and your retirement plan!

I am conducting workshops on how to access this information and how to understand what is in these ADV's and how to check out a registered rep on broker check. Visit my Web site, MHP-Asset.com for more information.

Mark patterson is a portfolio manager and principle at MHP Asset Management LLC in Portland, Maine and Tilton.

who I am, how I am compensated, how I manage money, my background,



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## **DANBURY:**

Danbury Country Store



**HEBRON:** 

Hebron Post Office(Outside Box) Hebron Town Hall Hebron Village Store

> <u>HILL:</u> Hill Public Library

#### <u>NEW HAMPTON:</u>

Mobil Gas Station Irving Gas Station

#### <u>PLYMOUTH:</u> Tenney Mt. Store

<u>RUMNEY:</u> Common Café Stinson Lake Store

orts & happenings from the following c Alexandria • Bridgewater • Bristol • Danbury • Groton • Hebron • Hill • New Hampton

#### www.NewfoundLanding.com

Headquarters: 5 Water Street, P.O. 729 Meredith, New Hampshire • (603) 279-4516

## Churches **FROM PAGE A7**

at 3 pm on Sunday, Dec. 22, at St. Mark's in Ashland. This will be a quiet, peaceful gathering for those who find holiday merriment out of svnc with their souls this year.

Support Groups: Have you lost someone you have cherished? Made a big move or change in job? Been laid off from your job? Ended a relationship or divorced? Suffered a physical, material, or financial disaster? Been caring for someone whose illness or disability is debilitating?

Pemi-Baker Community Health can help.

They are offering support groups at two convenient times on the following Mondays: Nov. 18 & 25, Dec. 2, 9, 16, 23, and 30, and Jan. 6.

Daytime afternoon 12:30-2 p.m., group: Grady Conference Room, Speare Memorial Hospital, 16 Hospital Rd., Plymouth.

Early evening group: 5:30-7:30 p.m., Main Conference Room, Pemi-Baker Community Health, 101 Boulder Point Dr., Suite 3, Plymouth. No fee for attendance. Groups

are facilitated by Guy Tillson, MDiv, MA, Bereavement Counselor. Call for more information: 536-2232, ext. 206.

Ashland Community Breakfasts return in January 2020

The Community Breakfast at Sherrill Hall in Ashland takes a break over the holidays; no gathering in November or December. Mark your calendar for Saturday, Jan. 25, 2020 (the fourth Saturday of the month) from 8-9 a.m. Join in the fun, food, and fellowship; bring (or make!) a friend at the table.

#### **Quilters to gather** twice in November

The Quilting Group meets again Friday, Nov. 22 in Griswold Hall, 263 Highland St., Plymouth, from 10 a.m. to 2 p.m. Members and non-members of Holy Spirit & St. Mark's are most welcome to connect with this group, whose work is partially funded by Holy Spirit & St. Mark's outreach gifts.

On Monday, Nov. 25, the group will gather to distribute finished quilts. Meet at Griswold Hall to carpool, pass out quilts, and then have lunch.

Office Hours at 263 Highland St., Plymouth

Office hours in Plymouth are by appointment. Phone/ voicemail: 536-1321. Please email or leave a voicemail and we will return your call.

Email: rectorpb@ gmail.com

## Plymouth **Congregational** UCC

Save the date

Coffee House - Our Speaker will be Marcia Morris, Program Coordinator of the Caring Campus Coalition at PSU. She will update us on the work of the "Campus Ministry" which our church helps support. Please join us on Friday, Nov. 22 at 6:15 p.m. in the Fellowship Hall. Bring finger food to share if you can. Everyone is welcome ~ bring a friend.

#### **Prayer Requests**

Rev. Bret Myers receives prayer requests at revbmyers@yahoo. com.

Live-Streamed and More! Don't miss a thing. Sunday Worship services are live streamed on Facebook every Sunday. "Like" the church Facebook page and you will receive notifications when the weekly service goes live! Missed SEE CHURCHES, PAGE A10

## The Rest of the Story

library has had more

visits than ever before.

There is an increased

number of programs

and community meet-

ings held at the library

and attendance at these

events has also grown.

are acutely aware of

the disparity created

by having a space that

is not easily accessible

for all. For this reason,

one of the goals of the

strategic plan is to pro-

vide greater access to

resources. The installa-

tion of automatic door

operators will help the

library achieve one

important part of its

state of New Hamp-

shire and the world be-

yond by transforming

our students through

where engaged learn-

ing produces well-ed-

ates, and by providing

that deepens and ad-

and enhances profes-

The "Plymouth State

Learning Model" is or-

ganized around seven

dynamic, theme-based

hubs called "Integrated

advanced

ucated

vances

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graduate

practices

undergradu-

education

knowledge

development.

first-ever

library's

The library trustees

NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019 A9

## Veterans FROM PAGE A1

He went on to state that he and all citizens have a primary mission to not only serve and care for those who have served but to understand the deep significance of Veterans Day.

"It is a day we recognize and honor millions of men and women who answered when their nation called. All of the sailors, airmen, Marines and Coast Guardsmen who have selflessly gone whenever and wherever they were called," Arseneau told the gathering.

He reflected on the history of Veterans Day, once known as Armistice Day, stating it was also a day to

remember the generations of patriots who shouldered the burden of many to keep us all free.

"They serve because they know it is necessary for the greater good," he said. "We must do everything we can to make sure the men and women who serve in today's and tomorrow's military receive what they need to accomplish their mission of safeguarding America's interest. Freedom and liberty are the birthright of every American, but we have had to fight for it...throughout our history and amongst our veterans there is but one truth and one absolute- America will stand."

He asked that citizens today grant to-

day's brave men and women with the care and respect they so richly deserve and honor their families who stood by their side.

"Today is their day to stand tall and be recognized by a grateful nation," Arseneau said.

The VFW Post 10640 Post Firing Squad then presented a salute to all who have served, past present and future, followed by "Taps Echo," which was performed by brothers Connor and Ryder Downes of Bristol.

Later in that morning the post took their solemn ceremony to Hebron Village where Logan Glidden joined Conner Downes in the playing of "Taps Echo."

## KTHO **FROM PAGE A1**

year.

The PACC and **KTHO** committees thank our many generous friends who have already responded to the appeal for assistance for our neighbors. If you have a special item that you'd like to donate to our auction, please call Martha Richards at 536-2279. If you'd like to be a sponsor, please call Barbara Fahey at 236-1122.

In addition to the sponsors and donors who have signed up to help, Dressers Unlimited on Main Street

in Plymouth will host its annual Holiday Fashion Show on Friday, Nov. 22, to benefit KTHO. Efforts like this enable PACC to have funds available at the start of the home heating season, so we hope you'll stop by Dressers Unlimited to reserve your seat!

Tickets for KTHO will go on sale beginning Sunday, Dec. 1, at Chase Street Market on Main Street in Plymouth. Limited numbers will be available again this year at the price of just \$40. New this year: tables for 10 can be reserved for \$500. (To reserve, please call Joan Tur-

ley at 236-2795.) Watch this paper for other details about this terrific community event!

Keep the Heat On is organized and sponsored by the Plymouth Area Democrats (PAD), who partner with PACC in its continued mission to support our neighbors. KTHO—and the fuel assistance it helps provide—are entirely nonpartisan.

For more information, please visit the KTHO Facebook page, facebook.com/Keep-TheHeatOn, or contact Martha Richards, 536-2279, maplerichards@ gmail.com.

## Notebook **FROM PAGE A5**

brook but also the site of Council Rock, an ancient meeting place of the local Coashaukees and others within found that salmon migrating up hundreds of East Coast rivers in the spring ran all the way up the Connecticut River to Colebrook and beyond, reaching

shelter, and its roof was blackened by countless fires, its walls and outer sides decorated by petroglyphs.

To the settlers, however, it was simply a the falls at the foot of big old rock very much

## Grant

## **FROM PAGE A1**

new automatic doors are a great example of building momentum for more livable communities in New Hampshire. Taking small steps, such as this, can create longterm change. We applaud the Minot-Sleeper Library for their vision and action."

This funded project is one of several that improves access to the library's rich resources and vibrant community space. Since the library's building expansion in 2013, the

## Skis FROM PAGE A1

tiring in 1997. He has been the lead historian at the world-renowned New England Ski For more information and directions to the Lamson Library, visit https://library.plymouth.edu/about/directions.

#### **About Plymouth State University** Established in 1871,

Plymouth State University serves

## Holidays **FROM PAGE A2**

**Strategies** 

I believe the Bible

is God's Word, a reli-

**FROM PAGE A4** 

world.

3, is the Tuesday after Thanksgiving and is Christmas and holi-

> life," (Psalm 119:9, 93). Check it out, live by its principles, and discov-

> er for yourself: living for God is to enjoy life

strategic plan; the improved accessibility will allow the staff to welcome every person in our community, ensuring equal access to public resources for those of all ages and abilities.

The community is encouraged to share with others, especially those needing assistance into a building, that the library now offers improved ease-ofaccess. The library is located at 35 Pleasant St., Bristol. To learn more about AARP's work for livable communities, please visit aarp.org/livable.

Clusters," which emphasize open, integrative, and project-based experiences. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. To learn more about Plymouth State University, visit www.plymouth.edu.

day season. Visit our Web site to give: www. pbhha.org. Thank you from the team at Pemi-Baker!

at its very best.

You want to talk about it? Hit me up at rlarryscott@gmail. com.



Phone: (603) 616-7103

the

a movement to create an international day of charitable giving at the beginning of the

the Abenaki nation

It was a big glacial erratic, meaning that the last glacier hauled it to northern New Hampshire. It could have come from anywhere, maybe a thousand miles north on the Canadian Shield, or far up in the Maritimes, and left here when the glaciers melted. That was around 15,000 years ago.

The big boulder happened to come to rest on a hillside facing south, its bulk offering shelter from the wind. The site was at the junction of several ancient trails used for both war and trade--with the Penacooks and others to the south, the Androscoggins through Dixville Notch to the east, and the Mohawks near northwestern Vermont's Missisquoi Bay.

Researchers have

First Connecticut Lake before their historical "paper trail" runs out. At something like 410 miles, it would have been among the Atlantic salmon's longer runs.

(Caveat: This information comes from a foot-note in a U.S. Fish & Wildlife paper given to me by the late John Lanier. There's no logical reason why salmon would not have continued upriver, to Second Lake and beyond. It's the paper trail that peters out.)

For millennia thereafter, the Dawnland people, the Mohawks, the Mic 'a Macs, possibly others, met at Council Rock during their annual spring and fall migrations, following the food in season. The boulder had a deep overhang on its south side, great for

water, is the place to be

in the way, and successive generations who farmed the hillside were tired of haying and plowing around it. So they saved some hard money against the time a wandering explosives expert showed up, and one did, and with a bang that echoed off ridges and mountains, Council Rock was no more.

readers Steady will recognize Council Rock, because I've written about it several times before. It's part of a never-ending story that sometimes appears all by itself, often when I've touched match to candle.

(Please address mail, including phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

## Notebook **FROM PAGE A5**

Our guest speaker is Kirk Phelps. His interesting program is about "Living Close to the Land." Our hostesses are Joan Matthews and Barbara Stevens. All area residents welcome. Please are non-perishable bring food items for the Bristol Food Pantry.

#### **Bridgewater Turkey** Trot Thursday, Nov. 28

Newfound Grocery & Country Store, 408 Mayhew Turnpike, Bridge-

on Thanksgiving Day at 9 a.m. as the Bridgewater Turkey Trot will be starting. You can pre-register starting on Nov. 1 through the morning of the Trot or you can register the day of the Trot starting at 7:30 a.m. This year we will be raising money and or donations for the benefit of families from the Newfound Area. This charity helps provide clothing, gas cards, gift certificates and dinner boxes for local families. If you are interested in being a sponsor for the Trot any donation

of \$250 or more your business name or logo will be included on over 200 Turkey Trot T-shirts. The deadline for that is Nov. 8. Any/All donations are accepted. Cash/Check/ Gift Certificates or Raffle/Silent Auctions or anything that you can contribute! Please make checks out to Bridgewater Turkey Trot. This columnist did the Trot last year for the first time and had a great time despite the below zero weather and I am planning to do it again this year so hope to see you there!!!

press

## **Local / Churches**

A10 NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019

# Edna Greenfield to teach watercolor painting

TILTON — It's an axiom taken for granted: 'watercolor painting is the most difficult of all mediums!'

"Not true," says award winning watercolor artist Edna Greenfield. "If you know how to work with the medium, learn some 'tricks and treats' techniques, and on how to control saturation and color density, etc., it'll insure painting with water-

BRISTOL — The Bristol United Church of Christ Women's

Fellowship will hold its annual Christmas Fair on Saturday, Dec.

7, 2019 from 9 a.m. to noon. On

sale will be decorated 16 inch bal-

sam wreaths for \$18, homemade

baked goods, fudge and preserves,

colors is a lot of fun classes begin Thursand exciting," she added.

Knowing how to avoid mistakes, or fix them, do washes, blending, selecting the right papers, paints and materials is what Greenfield will teach in her six week 'Edna Greenfield's Watercolor Classes' course titled: 'Water Class Splash 101' for beginners and improving artists. Her 1-4 p.m.

Christmas Fair at Bristol

United Church of Christ

day, Nov. 7, and every Thursday thereafter until Dec. 19. Class size is limited to eight adult students and held at the Lakes Region Art Association/Gallery, Tanger Outlet Mall, suite 132, 120 Laconia, Rd. Tilton.

Former students coming for a refresher are asked to bring the materials they formerly used. For beginners, visit the LRAA/Gal-

craft items and assorted gently

used Christmas decorations. Proceeds from the sale benefit the

The church is located on South

Main Street with the parking lot

and entrance to Fellowship Hall

church and community.

on Church Street.

Inspiring a Love of Learning

lery and pick-up a list, or call Greenfield: 254-8864.

Greenfield's career as an accomplished watercolor artist began on a whim when her husband gave her painting lessons as a gift. She fell in love with painting, both oils and watercolors, but now prefers watercolor painting only. Her background and successes include Teaching Watercolor painting at the Lakes Region Art Association/Gallery, studies

at the Manchester Institute of Art, Kimbal Jenkins school studying for many years with well-known professors there, exhibits at the Under Ground Studio, Plymouth, Vynn Art, Meredith, multiple libraries,

and as an exhibiting member of the Lakes Region Art Association/Gallery. She's also attended a number of Maine coast workshops held by well-known artists Don Andrews, Judy

Wagner, Tony Van Hasselt, and Frank Webb. Not only is Edna been well taught, she's also taught privately and exhibited at the Farnsworth Museum in Camden and Belfast Maine.

Her artist statement Is: "Subjects are endless and there's never enough time to paint."

The Lakes Region Art Association/Gallery is open Thursday to Sunday, 10 a.m.-5 p.m. Apply within for membership.



## A sign of historic times...

COURTESY

The Town of Plymouth, the Young Ladies Library Association, the Plymouth Historical Society and the Old Webster Courthouse all chipped in to have Paquette Signs construct and install a new sign near town hall directing passersby to the 1774 Old Webster Courthouse, a 245 year old downtown landmark on the National Register of Historic Places. The courthouse, open Saturdays year-round, is undergoing some important upgrades and has a spring event planned to celebrate the structure's makeover.

## Churches

something? You can

find it on the Facebook, "Plymouth Congregational United Church Christ Plymouth of NH." Scroll down to the date of the service or program you missed. It is all there! You will welcome! also find current information about upcoming church events and a few posts to make you laugh.

available on Sunday mornings and come in denominations of \$100, \$200 and \$250.

## **Meals for Many**

Please enjoy a free wonderful dinner prepared by Chef Mike on every Thursday between 5-7 p.m. All are tor Nate Gagne preaches via video during our service.

#### **Our Mission Statement: Just One More!**

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance. **Starr King** Unitarian Universalist Fellowship



Local Artisans & Vendors King Winter & Puppet Shows Craft Activites for Children Food, Raffles and more!

White Mountain Waldorf School

33rd Annual Winter Craft Fair • Saturday, Nov. 16th

10am to 2pm • North Conway Community Center





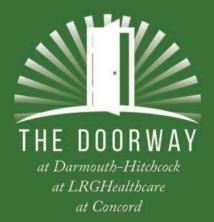
FROM PAGE A8



## YOU ARE NOT ALONE.

If you are struggling with alcohol or drug issues, you're never far from help.

Find a Doorway near you.



For help with drug or alcohol issues visit theDoorway.NH.gov OR dial 2-1-1.

## **Feeding Our Children Together**

We provide 3,000 calories to food insecure children in the Head Start Program and to Plymouth Elementary School during the academic year. Every Friday, grocery bags are delivered to the children so that they will have enough to eat over the weekend. If vou would like to find out more on how you can help packing, delivering, or shopping for Feeding Our Children together, email office@ uccplymouth.org.

PCUCC is a vibrant community of faith that is welcoming, theologically progressive, social liberal, open and affirming, inclusive and enthused about sharing Christ's love with the world. If you are new to the community and looking for a church home, we invite you to come and experience God's love through worship, study and service.

#### **Support Our Church**

If you shop at any Hannafords, please purchase a pre-paid grocery card from our Finance Committee. The church receives 5% of each card purchased. Cards are

## Restoration Church. **Plymouth** (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and ioin our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. **Morning Service** 

Monday: First and third Monday of the Month Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month 6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pas-

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in fellowship, our our community, and our world to nurture justice, respect, and love.

#### This week at **Starr King:** Nov. 17

#### Attention and Devotion

Rev. Dr. Linda Barnes, Worship Leader

William Gunn, **Guest Musician** 

"Attention is the beginning of devotion," says poet Mary Oliver. Her poetry illustrated her deep attention to the world around her. We'll explore how our own focus, how our attention, can deepen our engagement with the world so that we too may feel the benefits of such devotions.

For more details, visit our Web site www.starrkingfellowship.org 536-8908

# S Newfound Landing



# Bears fall to undefeated Lakers in semifinals

#### BY BOB MARTIN

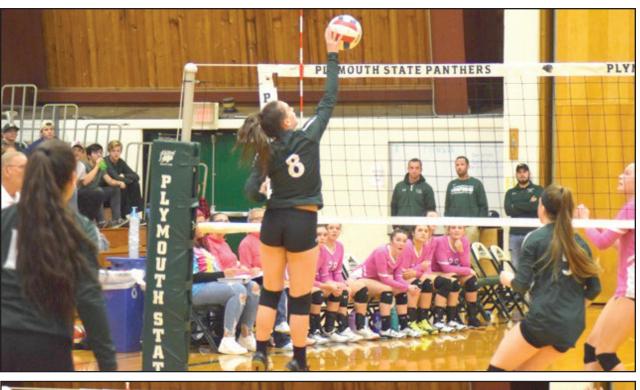
Bob@Salmonpress.news

PLYMOUTH – Topranked Inter-Lakes and fourth-seeded Newfound went head to head in the semifinals at Plymouth State University last Wednesday, and the Lakers remained undefeated with a three-set victory that sent Inter-Lakes to the Division 3 state finals for the third consecutive year.

Whether it was by serving, spiking or extending a volley, Laker standout hitter Emma Wheeler could not be stopped as she helped propel the Inter-Lakes volleyball team to another win.

Like most of this season, the Lakers were dominant in all stages of the match. The first resulted in a 25-18 win for Inter-Lakes. The Lakers led the entire set but Newfound made it interesting midway through and had the score at 15-12. Inter-Lakes pulled away but the Bears found ways to keep it close and had the set at 22-18 before Inter-Lakes scored the final three points to seal the win.

BOB MARTIN (Right) Malina Bohlmann prepares to drill the ball over the net in action in the Division III semifinals.





#### BOB MARTIN

(Left) Jamie Norton goes up for a hit in action against Inter-Lakes last week.

The second set was all Inter-Lakes from the beginning, fueled by several nice spike kills by Wheeler to go with some great serving resulting in a pair of aces on points 10 and 11 to go up 11-4. After being down 20-10, the Bears closed the gap and had the score at 21-15, but Wheeler again took care of business with a powerful spike, which was followed by three-straight points to close out the set 25-15.

Newfound never gave up despite being down 2-0 and staring the end of the season in the face. The third set was close throughout, with the leader switching hands four times. It appeared that the Bears had some good momentum when they went up 9-8, but the Lakers kept cool and stayed close. The game was tied as late in the set as 15-15, but then the Lakers won a couple good long volleys and won 25-22. Freshman Molly Moynihan was impressive in the match, highlighted by an excellent block kill to get the 24th point.

Wheeler has been a SEE VOLLEYBALL PAGE B6



## FALL OPEN HOUSE Saturday, November 16

# COLLEGE

9AM – Noon (8:30AM Check-in)

Pre-Register Online & Save Time



# Discover how you can take the next step towards your future.

- Tour our friendly campus.
- Meet our amazing students, faculty and staff.
- Tour student housing.
- Ask us your toughest questions.
- Find out how you can get a quality education <u>without</u> breaking the bank!



Start Here...Go Anywhere!

#### Arts, Humanities, Communications & Design

- Fine Arts
- General Studies
- Graphic Design
- Liberal Arts

## Business

- Accounting
- Administrative Office Assistant
- Business Management
- Medical Office Assistant
- Office Technology Management

#### Social, Educational & Behavioral Science

- Developmental Disabilities
- Early Childhood Education
- Fire Protection
- Fire Science
- Gerontology

## Human Services

- Health Information Technologies
- Medical Assistant
- Medical Office Assistant
- · Licensed Nursing Assistant (LNA)
- Nursing

## Degrees, Certificates & Workforce Training

## **Hospitality & Culinary**

- Culinary Arts
- · Hotel & Restaurant Operations
- Pastry Arts

## Industry & Transportation

- Automotive Technology
- Automotive Technology General Motors (ASEP)
- Automotive Technology Toyota/T-TEN
- Marine Technology Business Track
- Marine Technology Technical Track
- Commercial Construction Wiring
- Electrical Power & Control Technologies
- Electrical Systems Installation & Maintenance
- Electro-Mechanical Technologies
- Industrial Construction Wiring
- National Electrical Code Interpretation
- Residential Construction Wiring

## STEM & Advanced Manufacturing

- Advanced Manufacturing
- Application Developer
- Computer Technologies
- Database Administrator
- Gaming & Animation Developer
- Network Administrator
- Website Developer

Lakes Region Community College • Laconia, New Hampshire • 603-524-3207 • www.LRCC.edu

Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news

## Sports

NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019 **B2** 



Cody Bannon (11) follows Joe D'Ambruoso during quarterfinal action on Saturday in Pelham.

Kolby Cross hauls in the game-winning touchdown pass for Plymouth on Saturday.

# **Bannon leads Bobcats to semifinals** Plymouth football to bost Alvirne on Saturday

#### **BY JOSHUA SPAULDING** Sports Editor

PELHAM — Football will continue at Zoulias Field for one more week.

Three of the four Division II football quarterfinal games on Saturday ended in upsets.

One of those games took place in Pelham, where the sixth-seeded Plymouth Bobcats held on for a 14-12 win over the third-seeded Py-

thons. One of the others was the seventh-seeded Alvirne Broncos defeating second-seeded Milford, meaning the Bobcats will be hosting the semifinal game on Saturday.

It was a good day for Plymouth quarterback Cody Bannon, who threw for both Bobcat touchdowns.

Plymouth got on the board on the very first possession of the game, as Bannon finished off the drive with a seven-yard strike to Cole Johnston for the touchdown on fourth down. Johnston also made a key grab on fourth down for the Bobcats

# Subaru of America returns as title sponsor for Mt. Washington Hillclimb

PINKHAM NOTCH Officials with the Sports Car Club of New Hampshire, sanctioning body of the 2020 Mt. Washington Hillclimb planned for July 10-12 at the Mt. Washington Auto Road in Pinkham Notch, announced that Subaru of America will return as title sponsor of this historic motorsports event, which was first run 125 years ago in July of 1904 and last run in July of 2017. "The Sports Car Club of New Hampshire is honored to welcome back Subaru of America as title sponsor of the 2020 Subaru Mt. Washington Hillclimb for the third consecutive event. Subaru has a long history of success in motorsports, especially at Mt. Washington," stated Howard Roundy, event director for the 2020 event sanctioned by the Sports Car Club of New Hampshire. "We're also very excited to welcome back Subaru's factory-backed motorsports team, Subaru Motorsports USA / Vermont SportsCar from Milton, Vt." First run in 1904, the Climb to the Clouds took place as part of the famous Glidden Tour several months prior to the first-ever Vanderbuilt Cup on Long Island, N.Y. that was first run in the fall of 1904. The initial Mt. Washington Hillclimb was also seven years before the first-ever 500-mile race at the Brickyard in Indianapolis, Ind., which took place in 1911 and 12 years prior to the inaugural Pike's Peak



on a pass from Bannon. Pete Wingsted's extra point gave the Bobcats the 7-0 lead. Pelham came back and put six points of their own on the board on the next drive but the extra point went wide and the Bobcats took the 7-6 lead to the halftime break. Ian Tryder had a huge sack as the Pythons tried to score on their next drive and Austin Tallman made an open field tackle on fourth down to stop the Pelham drive.

The Bobcats forced a fumble early in the third quarter and Joe D'Ambruoso recovered the loose ball to give Plymouth the ball back, but the Bobcats could not make the Pythons

pay. The Bobcats forced another fumble on the next drive and went right back on offense but again could not make it count.

The Bobcats were driving down the field on the ensuing drive and got into the red zone but a fumble gave the Bobcats the ball back and the third quarter came to a close with the score still at 7-6.

Bannon hit Kolby Cross with a touchdown pass from 22 yards out in the final three minutes and Wingsted's extra point made it 14-6.

Pelham did not go away, however, as they scored on the first play of their next drive, cutting the lead to 14-12. The Pythons went for two points but Tallman got to the Python quarterback, forcing a bad throw, keeping Plymouth in the lead. The Bobcats then recovered the onside kick but could not kill off the final two minutes and the Pythons made a huge stop on fourth down to get the ball back and then pressured the Python quarterback on the final drive. Cale Swanson made an interception to seal the 14-12 win.

The Bobcats will now host Alvirne on Saturday at 1 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Overall winner and current record holder, Travis Pastrana, is shown rounding the famous Cragway Turn above tree line during the 2017 Subaru Mt. Washington Hillclimb. Pastrana set a blistering fast record-setting time of five minutes, 44.72 seconds on the 7.6-mile tarmac and gravel course driving a 2017 Subaru WRX STI Hillclimb Special for Subaru Motorsports USA / Vermont SportsCar.

Hillclimb in Colorado, which first took place in 1916. The 7.6-mile "Climb to the Clouds" is without question one of the ultimate proving grounds for both drivers and automobiles anywhere in the world. The serpentine tarmac and gravel road is lined with trees, rocks and dramatic drop-offs as it winds its way to the 6,288-foot summit of the Northeast's tallest peak, Mt. Washington.

Organized and sanctioned by the Sports Car Club of New Hampshire, event officials are expecting an 80-car competition field filled with some of the most talented drivers and impressive race cars from the world over competing for "King of the Hill" honors in one of the most exciting events in all of motorsports.

"Subaru is once again thrilled to support the Mt. Washing-

ton Hillclimb in 2020," said William Stokes, Motorsports Manager for Subaru of America. "The Mt. Washington Auto Road provides a challenge unlike any other, and the Sports Car Club of New Hampshire has done a great job in putting on the event. Subaru has been able to set new records every time the event has been run since 2011, so we're looking forward to more fireworks in 2020."

Set for July 10-12, the Subaru Mt. Washington Hillclimb will serve as a three-day motorsports festival filled with a variety of motorsports-oriented activities for all ages including a vendor area, car corals for various car clubs, antique vehicle displays and an autograph session topped off by the return of the historic Subaru Mt. Washington Hillclimb

Road. "Since 1904 we've had a long and storied history of car racing on Mt. Washington. When the first 'Climb to the Clouds' was contested on those hot July days in '04, we took our place in automotive racing history as a challenging proving ground for man and machine," stated Howie Wemyss, General Manager of the Mt. Washington Auto Road. "We've continued with this great tradition off and on over the years and are thrilled to once again be getting ready for the Subaru Mt Washington Hillclimb in July 2020. We know that technology is changing fast and with each of the past several races have come even faster and more amazing times so we're anticipating

the winding 7.6-mile

Mt. Washington Auto

that takes place on plenty of excitement and drama this coming summer."

Along with the announcement of Subaru of America returning as the title sponsor of this prestigious Hillclimb, officials also announced that registration for those wishing to submit an entry application for consideration for the 2020 event opened Nov. 1 and will remain open through midnight on Dec. 31. Details regarding classes, safety specifications, entry fees and other competitor-related information are available at www.climbtotheclouds.com.

Additional information regarding volunteering, spectating and lodging for the 2020 Subaru Mt. Washington Hillclimb scheduled for July 10-12, will be available in the coming weeks, also at www.climbtotheclouds.com.

## Sports

NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019 B3

## **Champs prove too much for Bobcats**

#### BY JOSHUA SPAULDING Sports Editor

DERRY — The task in front of the Plymouth volleyball team was a big one.

The Bobcats, advancing to the Division II semifinals for the first time in nine years, found themselves matched up against defending champion Gilford, the undefeated top seed in the tournament.

The Nov. 6 semifinal battle at Pinkerton Academy in Derry was the first time the Bobcat players had been to the Final Four, while Gilford is a perennial Final Four team with plenty of big game experience.

Despite all of that, Plymouth didn't shrink in the spotlight, instead giving the Golden Eagles a battle, eventually falling 3-1 to finish the season.

"The first game was definitely a mental thing," coach Jonathan VanScoter said. "None of our players had seen this before.

"We were just trying to figure out how to navigate that," he said.

After Plymouth got the first point, Gilford came back with the next four points. Abby Bassingthwaite helped get the Bobcats back on the board but Gilford pulled ahead by a 10-3 score. Savanna Marston had a nice hit and Mia Sullivan made a nice play off the ceiling to keep the Bobcats alive. Bassingthwaite added another couple of hits as Plymouth cut the lead to 15-9.

After a couple of Golden Eagle points, Anja Swanson and Marston teamed up



Anja Swanson prepares for a dig during semifinal action against Gilford.

outh pulled even at three. Gilford went up by two but then Alycia Poitras had a service ace to pull the teams even at five.

Sullivan then stepped to the service line and had a good run, as she took the Bobcats from a 7-6 advantage to a 16-6 advantage, using a couple of aces and a couple of nice hits from Bassingthwaite along the way. Marston, Qualey and Tole added nice hits at the net and Swanson had a couple of big digs in the back row as Plymouth was able to push the lead to 21-15. Bassingthwaite added another hit and the Bobcats were up by a 22-16 score.

Gilford rallied and cut the lead to 24-21 but Marston closed out the 25-21 win, forcing a fourth set.





Savanna Marston puts down a kill in action against Gilford last week at Pinkerton Academy.

on a bid and the Erin Tole added a hit as the Bobcats battled themselves back into the game, cutting the lead to 18-16. Tole and Marston added good hits for the Bobcats as the two teams exchanged points. Bassingthwaite added another kill but Gilford was able to close out the 25-21 win for the 1-0 lead out of the gate.

After Gilford got the first two points of the second set, hits from Marston and Sullivan and a block from Mackenzie Tatham helped the Bobcats rally to go up by a 5-3 score.

The Golden Eagles came back and closed the gap to 6-5 but an ace from Sullivan and a hit from Marston allowed the Bobcats to open the lead back up to 10-7. Hope Qualey had a hit for the Bobcats but Gilford was able to pull even at 12.

The defending champions then took the lead by a couple of points but Sullivan kept Plymouth alive with a hit and then Marston added a couple of kills at the net, allowing Plymouth to pull even at 19. While Sullivan added another hit, the Golden Eagles were able to close out the 25-21 win and grabbed the 2-0 lead.

Marston got the first point of the third set and then teamed with Qualey for a nice play off the ceiling as Plym-

That fourth set started out well for the Bobcats, as they seized on the momentum from the win, as Plymouth got the first eight points of the set. Sullivan and Marston had good hits and Qualey added a pair of aces. Gilford was able to get a couple of points but Marston added an ace and Plymouth was up 10-2.

Gilford slowly began chipping away at the lead, getting to within 10-9 before a hit from Bassingthwaite got the Bobcats back on the board. The Golden Eagles pulled even at 11 but a Bassingthwaite hit put Plymouth on top again.

The teams were tied at 12, 13 and 15, with Marston adding a key hit in the run. However, Gilford was able to get out in front by five before Sullivan had a nice shot to keep Plymouth in the match.

The Golden Eagles were able to finish out the 25-19 win to clinch the 3-1 victory and earn them a trip to the Division II finals.

"We came out super strong in the third game and the fourth game we went up 8-0," said VanScoter. "I thought we'd keep the momentum, but they just pushed a little harder.

"They (Gilford) had the mental game over us," VanScoter continued. "But we had them JOSHUA SPAULDING

Erin Tole goes up to the net during action in Derry last Wednesday.

on their heels a couple of times."

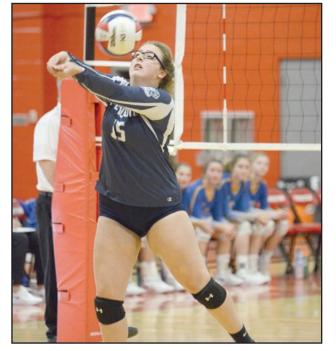
The Bobcat coach remained proud of his team for the successful season and all that they accomplished.

"We had the pride of Plymouth, we had the passion behind us and we had the belief and in the third game, we did it," he said. "I thought the two teams were equally stacked but they came out mentally ready for the win.

Plymouth finished the regular season at 12-4 and defeated Oyster River in the quarterfinals to advance to the finals.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

JOSHUA SPAULDING (Right) Mackenzie Tatham bumps the ball during her team's semifinal game against Gilford.





#### JOSHUA SPAULDING

## **Coach of the Year**

Plymouth football coach Chris Sanborn was named the 2018-2019 Football Coach of the Year by the NHIAA Awards Committee. The selection was based on the positive work that he has done with athletes in the Plymouth program in the 2018-2019 season.

## **Classifieds**

B4 NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019



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NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019 B5

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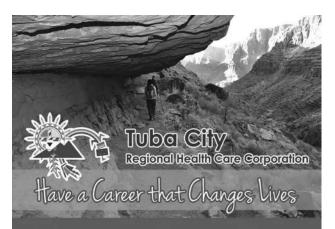
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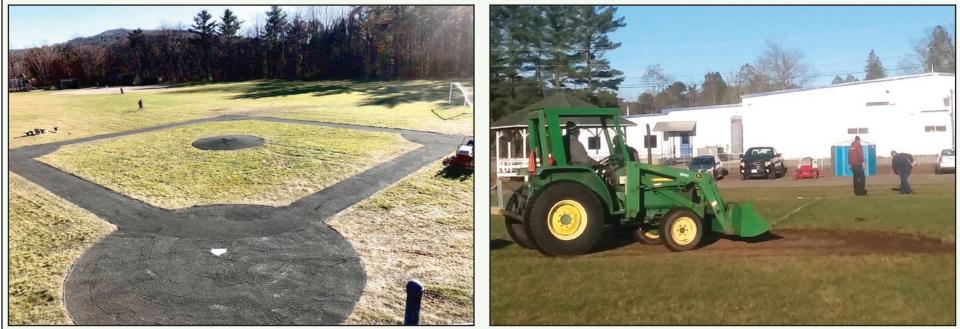






## **Sports**

B6 NEWFOUND LANDING, THURSDAY, NOVEMBER 14, 2019



## Shiny diamond

COURTESY PHOTOS

Ashland ballfield has a new diamond thanks to Brett Melanson, Bruce Ballou and Buzzy Sharrow with their years of experience and hard work that made this happen all in one day. Also helping were Mark and Sam Liebert, Craig Moore and Hunter Melanson. Once the old sod was removed, the new material was spread, graded, packed and then raked along with building up a proper pitching mound. Thanks also to Jeremy Hiltz for trucking the material and Tree Solutions for the equipment used.

# Closing up shop on another show

When it comes to doing community theater, every few months you go through the process of closing out a show. It can be a bittersweet process, but it's one that you know you have to go through.

This past weekend, we went through the process to close out Once Upon a Mattress at the Village Players Theater in Wolfeboro. We've been working on the show for the past two months but in I've been involved with the show for the past year, securing rights last November and moving on from there. This show in particular was a busy one for me, as I not only



served as the stage manager (my original job), but also worked as the producer and got conned in to being on stage as well. It was a fun show and I'm glad I was able to get the chance to work on it with a great group of people.

So, here's a look at what goes in to closing out a show.

The shows close on Sundays with a matinee performance. We go through the regular

parts of putting the show on and when the show ends, we set to work in tearing apart the set. We pull down all of the set pieces, bringing them to their proper places, with wood, Styrofoam and platforms heading to the basement and set pieces and props heading to the second floor. Anything that the director of the next show might want, we leave right on stage so that they can use it when the next show starts.

While this is going on, the costume crew is gathering up the costumes from all of the cast members and sorting them out to their proper locations to pre-



ANOTHER fun show has come to an end, but another is not too far in the future.

pare for when it will be used again. Also, there is another group of people working on setting up the cast party, which varies depending on the show. For this show, we did a potluck, with everyone contributing a little something. Once the set was pulled apart (this set came down very quickly), the cast and crew enjoved some dinner and hung out for an hour or so, wrapping up the show with some great memories and once the food was packed up and shipped out the door with

various cast and crew

members, Once Upon a Mattress was officially in the books. The stage was clear and ready for the next set that comes along.

For the Village Players, the next show will be Broadway Bound, which will hit the stage in April. Bob Tuttle will be directing and I will be producing again. Auditions will be in Januarv and rehearsals will begin in February, as will the process of building a set for the show, which is the third and final installment in Neil Simon's semi-autobiographical trilogy of

plays.

Until then, I'll have a night or two off.

Finally, have a great day Bob Tuttle.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, *NH 03253*.



Maura Geldermann goes up for a block in action against Inter-Lakes.

## **Volleyball** FROM PAGE B1

triple/double machine this season and that continued in the semifinals with 17 kills, 18 digs and 10 service points, which included five aces.

Junior setter Emily Weeks had 28 assists, 13 point and 12 digs in what coach Randy Mattson felt was a "solid allaround performance." Aria Shufelt returned to the court after six weeks of injury recovery and made an immediate impact with seven kills. Emma Richardson had 13 digs and nine points while Ava Duymazlar had 12 digs and three kills. Devyn Vaal had seven digs and three kills while Abbey Sanders had 11 digs on the night.

Mattson acknowledged that it certainly takes a lot of work to get to the finals.

"It's gratifying and satisfying because a lot of these players have been here for all four years," said Mattson. "This is our third year in a row we are heading to the finals so it is a great accomplishment. This group in particular is so focused and so determined. It is really exciting."

Newfound coach Amy Fairbank said this game wasn't a good display of how the Bears normally play. She said this is a team that has come back from deficits in the past and she admitted she felt the team would take it more than three sets.

"I think when the first lost came they weren't surprised, but they weren't nervous, but they also didn't have the same energy level that they normally do," said Fairbank.

Fairbank said the Bears simply just didn't play as strongly. The gymnasium was very loud with both fan bases electric, and she said this led to trouble with communication. She added that she changed up a couple things in the rotation, and while the plan was clear, the execution wasn't there.

Fairbank said the team was trying to push the ball to keep the ball away from the front court, and she said the Lakers covered really well. Typically the top offensive players have about a dozen kills, but this time the leader, Paulina Huckins, had five kills. Bailey Fairbank and Jamie Norton had a pair of kills and Maura Geldermann had three kills.

Despite the loss she was happy that about the way Newfound played this season and was proud of her team.

"We got to the final four and had a great season with only three losses and none at home," said Fairbank. "It was a brand new team with only two returning starters. To come this far with such a young team, I was happy with that."

## SPNHF to address Trout Unlimited

Howe of Society for the Protection of New Hampshire Forest will speak about their effort to buy property on the Ammonoosuc River. The SPNHF has an opportunity to conserve an exceptional 1.8-mile stretch of the river in Bethlehem. The Ammo (with its headwater in the Lake of the Clouds on Mt. Washington) is a beautiful river and still

PLYMOUTH — Tom harbors wild brook trout owe of Society for as well as some browns e Protection of New and rainbows. Howe ampshire Forest will serves as Senior Director of Land Conservation at the SPNHF, mmonoosuc River. where he has worked since 1996.

> The Pemigewasset Chapter of Trout Unlimited will meet on Nov. 19, at 7 p.m. at the Common Man Inn in Plymouth. Come early and meet Howe and fellow anglers. There will

be a raffle to support sending a lucky boy or girl to the Barry Fish Camp at the meeting. Meetings are free and open to the public.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit www.pemigewasset. tu.org and like the group on Facebook.

