

Newfound Landing

THURSDAY, AUGUST 8, 2019

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COMPLIMENTARY

Community pitches in to build new playground at DES

BY DONNA RHODES
drhodes@salmonpress.news

DANBURY – Over the past two Saturdays, community supporters, staff and parents of students at Danbury Elementary School have been putting a lot of sweat equity into building a new playground for boys and girls in their town.

DES Principal Alison Roberts said funds for the playground was provided by the Newfound Area School District as part of their Capital Improvement Plan and the equipment came from Landscape Structures, Inc., a well-known playground design group out of Minnesota.

This past spring the company sent the school a catalog of playground compo-



Loaded with lots of fun features like slides and climbing walls, it won't be long before Danbury Elementary School just adds the kids to complete their newest community-backed project.

DONNA RHODES

that those who will be using the equipment make that decision however.

Adams said she actually received two catalogs from the company so she grabbed the extra catalog, along with a pair of scissors, and got to work on her plan.

"I cut out pictures of all the different things they could have on the playground then we hung those up in eight sections on the walls in the hallway," she said.

Students were then given the opportunity, one class at a time, to vote on their favorite playground feature in each of the eight sections.

"After each class voted, we took their votes down so they didn't influence another class," Adams explained. "The conversations we

SEE **PLAYGROUND**, PAGE A11

Transfer station complete; recycling may return

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — The final payment has been made on the contract for transfer station improvements, and selectmen now are looking at a return to recycling.

Selectman J.P. Morrison had won the contract for the transfer station upgrades, underbidding United Construction Corp. by \$32,987.48.

When some residents questioned why the other selectmen awarded the contract to one of their own, Morrison commented, "If we were \$1 less than the next bidder, it might be something to think about."

However, when the project was complete, Morrison submitted a final bill seeking an additional \$41,700, most of it (\$35,900) for

SEE **TRANSFER**, PAGE A11

nents they offer and it was up to the school to decide what they want-

ed their structure to look like.

Roberts and Jes-

sica Adams of the school's PTO committee thought it was best

Bicentennial celebration rolls on with community cookout

BY DONNA RHODES
drhodes@salmonpress.news

BRISTOL – As part of Bristol's ongoing Bicentennial Celebration, the weekly summer concert series at Kelley Park was ramped up a notch last Thursday night with not only a free performance by the Newfound area's very own Uncle Steve Band, but a free cookout as well.

Members of the Bi-



DONNA RHODES

Taking a seat in front of the Uncle Steve Band at Kelley Park last Thursday night, six-year-old Lorelei didn't miss a thing as she enjoyed both the music and her ice cream sundae.

Bargains galore at Danbury Town-Wide Yard Sale

BY DONNA RHODES
drhodes@salmonpress.news

DANBURY – Last Saturday, the summer bargain-hunting season focused on Danbury when the Danbury Community Center held their annual Town Wide Yard Sales, where there were certainly lots of

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DONNA RHODES

Residents and vacationers alike could be spotted at any of the 22 locations that participated in Danbury Community Center's annual Town Wide Yard Sale last Saturday.

great treasures to be found throughout the town.

Director Kendra Braley said there were 22 yard sales registered on their map this year, with eight of them conveniently located right at the

center and 14 others spread out around the town.

Throughout the day, people found clothing, sporting goods, games, sports memorabilia, puzzles, books, household items, tools and so much more at each

stop they made. There was even an antique bicycle, a canoe and other large items available at some locations.

Besides the chance to find great buys at each stop, the committee always adds to the

SEE **YARD SALE**, PAGE A11

centennial Committee were pleased to report that they had counted at least 400 people in attendance for the event and volunteers were kept busy all night cooking hamburgers, hot dogs and chili dogs for the crowd.

Making the event even sweeter were the ice cream sundaes for dessert, courtesy of the Bicentennial Committee, and children especially liked mulling over the many options for sweet or crunchy toppings that were available.

Classic tunes from the Uncle Steve Band also had people dancing and singing along to their favorite songs on a near-perfect New Hampshire summer night.

Sponsoring the cookout last week was the Newfound Lake Region Association.

Representative Karen Bemis, also a member of the Bicentennial Committee, said she was excited that her organization could take part in the town's yearlong anniversary celebration and pleased with how successful it was.

"We wanted to help the town celebrate and thought a cookout was a good opportunity for people to get out to enjoy the night and meet other people," Bemis said. "It's a beautiful night and a great band. We're glad to see how many came out to enjoy this event with us."

Next up on the celebratory agenda will be two more Thursday night concerts then Bristol's annual Old Home Day on Sat., Aug. 24, a day no one will want to miss this year.

Bridge work prompts detour on Fowler River Road

BY DONNA RHODES
drhodes@salmonpress.news

ALEXANDRIA – Alexandria Road Agent Jeff Cantara has announced that as of Monday, Aug. 5, a portion of Fowler River Road will be subject to a detour as crews be-

gin work on the installation of a box culvert at the bridge situated between intersections with Healy Road and Brook Road.

For many years, that bridge has been subject to storm damage, including com-

plete road washouts when heavy rains have fallen in the area. The placement of a culvert beneath the bridge will help keep the river in place and should prevent those washout emergencies in the future. Voters at the

March Town Meeting agreed to raise and appropriate \$240,000 for the project, \$180,000 of which is to be offset by a 75/25 Hazard Mitigation Grant. The remaining \$60,000 is the town's matching contribution and amounts

to a \$0.30/thousand tax impact.

Cantara said construction will be underway for a minimum of two weeks. During Week 1 excavation for the culvert will occur. On Week 2, a crane will be brought in to lower the eight-piece culvert in place. In the meantime traffic on that end of Fowler River Road is being detoured through Healey Road to Gove Road,

then back onto Welton Falls Rd.. The detour is clearly marked for those unfamiliar with the area. Both Healey and Gove roads are narrow dirt lanes however, so larger vehicles should access that portion of town by traveling Mt. Cardigan Road, then turning right onto Brook Road, which then leads to the intersection of Fowler River and Welton Falls Road.

Fun and history in store for Bristol's Bicentennial Old Home Day

BRISTOL Area residents and visitors are invited to come out and "Celebrate Bristol" with a series of fun community-wide events being held Aug. 22 through Aug. 25.

This family-oriented celebration will kick off on Thursday, August 22 with the final of the free summer concerts in Kelley Park. The group Honest Millie will be performing in the Concert Pavilion from 6:30 – 8 p.m. for your listening pleasure! Bring your own blankets and chairs for lawn seating. If the weather is uncooperative, the concert will be moved indoors to the Historic Town Hall at 45 Summer St.

On Friday, Aug. 23, members of the Bristol Fire Company will host an open house and spaghetti dinner from 5 to 7 p.m. at the Fire Station located at 85 Lake St. This is a great opportunity to meet the Department members and get up close to the equipment and trucks. Cost for the dinner is \$10 for adults, \$5 for ages five to 12 and ages four & under are free.

On Saturday, Aug. 24, come "Celebrate Community AND History" at Bristol's Bicentennial Old Home Day event. Activities

start with a buffet breakfast hosted by Union Lodge#79 at the Masonic Hall, 61 Pleasant St., from 7 – 10 a.m. Pancakes, eggs, and all the fixings will start your day off right. Cost is \$8 for adults and \$4 for those under age 13.

Next, a 5K Road Race to benefit Stand Up Newfound kicks off at 8:30 a.m. Race registration starts at 8 a.m. at the Kelley Park tennis courts.

From 9 a.m. – 3 p.m. the fun continues in Kelley Park with all the classic elements of an old home day - food, crafters, vendors, music, and games. This year, to embrace its Bicentennial celebration Bristol is hosting several historic re-enactors and old-time artisans as well. Attendees can visit with General and Mrs. Ulysses S. Grant, members of the First NH Regiment from the Revolutionary War, and members of the 5th Regiment NH Volunteers – Civil War Era. There will be demonstrations about Blacksmithing, Ox-bow Making, Lake Ice Harvesting, Stone Wall Building and speakers knowledgeable about the history of Bristol, and it's early industries and activities.

Special events scheduled throughout

the day include:

Raising of the flag with the local VFW at 9 a.m., followed by firing of muskets by the Civil War re-enactors

Presentation of the Community Spirit Award at 10 a.m.,

a performance by the Hutchinson Heritage Singers at 11 a.m.

a performance by a local Ukulele group at 12:30 p.m.

a talk by General & Mrs. Ulysses S. Grant at 1:30 p.m.

Demonstration with the Bristol Police and K9 Officer "Arro" at 2:30 p.m.

The day will feature many family-friendly activities at Kelley Park with something for everyone, and while admission is free, some activities may require a nominal fee, and of course, all your friends and neighbors will be there to help you celebrate!

Lots of great food will be available throughout the day – including baked beans and fresh corn, AND there is even talk of a Pie Eating Contest this year!

And lastly, save some room and don't forget to get your tickets for the TTCC's Famous Lobster & Chicken dinner! This year's dinner has a time change and goes from 5:00pm to 6:30 pm. Tickets are available at the Thompson-Tapply Community Center or on the park that day - while they last! Dinner Music will be provided by Solitary Man.

To cap off this special Bicentennial Old Home Day there will be FIREWORKS at the foot of Newfound Lake at dusk!

Old Home Day events are rain or shine. In case of in-

clement weather please check the website and Facebook for location updates. The rain date for fireworks is Sunday, August 25th.

The next morning – Sunday, Aug. 25 - all are invited to a very special morning service at Inspiration Point at the top of Little Round Top Mountain. Offered by the Bristol United Church of Christ, the service will begin at 9 a.m. at the Slim Baker Conservation Area / Inspiration Point, and transportation to the point from the parking area will be provided for those in need.

Anyone seeking more information about the Bristol Old Home Day should contact the Tapply-Thompson Community Center at 744-2713, the Town of Bristol Bicentennial Committee at 744-3354 or visit the following Web sites: www.townofbristolnh.org or www.ttccrec.org for regular updates as all events are subject to change.

The Bristol Bicentennial and Events Committee wishes to thank the many sponsors and contributors who have made this yearlong celebration possible. Legacy Sponsors: Bristol Eagle Scouts/The Wilson Family; Bristol Rotary Club; Freudenberg-NOK; The Homestead Restaurant & Tavern; Morrison Construction; Newfound Landing; R.P. Williams & Sons; Shackett's Store and West Shore Marine. Heritage Sponsors: Emmons Funeral Home; the Hometown Voice and Michael Sharp Enterprises. Commemorative Sponsors: Andy SEE OHD, PAGE A11

Cow Patty Bingo returns to Hebron Aug. 17

HEBRON – For the third year, parts of Hebron's beautiful town common will be converted into a cow corral as part of a fundraiser sponsored by the Friends of the Hebron Library. A single ticket of \$10.00 could win the lucky holder \$1,000!

The "Bingo" event will take place at 4 p.m. Tickets are available at the Hebron Library on Mondays from 4 to 7 p.m., Wednesdays from 1 to 5 p.m. and Saturdays from 9 a.m.

to 1 p.m. Additional information may be obtained by calling Barbara Brooks at 744-3597.

The committee wishes to thank friends and businesses that have purchased tickets in support of the Friends of the Hebron Library. With just 255 squares in the grid, the early birds get the tickets.

Come to the Hebron Common on Saturday, Aug. 17 to experience the "Sweet Smell of Success!"

Bristol police log

BRISTOL — The Bristol Police Department handled 222 calls for service from July 21 to Aug. 3, resulting in three adult criminal arrests, one Involuntary Emergency Admission, and 11 criminal offense investigations. Officers also performed 95 motor vehicle stops, investigated four motor vehicle accidents, and conducted 208 directed enforcement patrols, area checks, and foot patrols.

Other call reasons included: domestic disturbances, mental health emergency, intoxicated persons, warrant checks, wanted persons, criminal investigation follow-ups, harassment, 911 investigation, unwanted persons, missing person, shots fired complaints, noise complaints, suspicious vehicles, suspicious persons, disturbances, drug activity complaints, drug investigations, motor vehicle complaints, DWI complaints, welfare checks, warrant service, residential alarms, business

alarms, parking complaints, civil matters, protection order services, protection order violations, paperwork service, animal complaints, public assists, motorist assists, abandoned vehicles, illegal dumping, fingerprints, sex offender registrations, VIN verifications, road hazards, abandoned vehicles, juvenile complaints, community policing events, assist other police agencies, and assist the fire department.

Arrests:

Demetra Blanchard, 50, Alexandria- Animals in Motor Vehicles William Moses, 39, New Hampton- Operating After Suspension, Suspended Registration

Bruce Phillips, 28, Durham- Warrant (Possession of Heroin/Fentanyl)

(1) Protective Custody- Involuntary Emergency Admission

Identifying information for juveniles, and persons placed into protective custody are not released.

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ONCE UPON A TIME IN HOLLYWOOD R Daily: 12:45, 4:15, 7:30 PM	<i>Come try our new luxury leather recliners with footrests</i>

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Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to Call

Where to Meet

What to Pack

Ready

Pemi-Baker Community Health introducing therapeutic music

BY RESA CIRRINCIONE

Pemi-Baker is excited to announce that their employee, Resa Cirrincione, has recently completed her training to become a Certified Music Practitioner. After nearly three years of studies and an internship at Concord Hospital, Resa will be working through Pemi-Baker to provide therapeutic music for clients, caregivers, hospice patients, and their families. We are so pleased to offer this therapy to our clients to assist with pain reduction, well-being, and relaxation.

Therapeutic music for body, mind, and spirit can decrease pain, lower blood pressure, reduce anxiety, stabilize heart rate, and more. Therapeutic music is intended to alleviate a physical,

emotional, or mental concern for the purpose of creating a healing environment for the ill and dying.

Studies have found that therapeutic music can have a positive influence on protective cells of the immune system, can lead a patient into a state of deep relaxation, and can increase endorphin production which may decrease the need for pain medication. Other benefits of therapeutic music include:

- Distracting and disassociating from the present situation
- Refocusing attention
- Altering the sense of time
- Relieving anxiety of the critically ill
- Reducing stress and stabilizing blood pressure of the chronically ill



COURTESY PHOTO

Resa Cirrincione

- Augmenting pain management
- Relieving body and mental tension of the pre-surgery patient
- Accelerating physical healing of post-surgery and injured patients
- Easing the birth delivery process
- Aiding mental focus in Alzheimer's patients
- Easing the dying during transition
- Supporting vital signs

of acute patients. Therapeutic musicians focus on meeting a patient's present needs with therapeutic music in-the-moment, rather than having the intention of accomplishing a specific goal or outcome. Therapeutic musicians use the intrinsic healing elements of live music intentionality to create an environment conducive to healing, one-on-one. The focus is to provide comfort to the patient's whole being—emotional, spiritual, mental, and physiological—simply by having the patient be in

the presence of the music. A therapeutic musician uses only live music, and has no goal other than addressing a patient's immediate needs to provide a healing environment.

To arrange for a therapeutic music session in your home, please call Lisa Fortson at 536-2232, ext. 216.

Sources: www.mhpt.org and www.NSBTM.org. With 52 years of experience, serving over 900 clients from 18 towns in central and northern New Hampshire, Pemi-Baker community

Health is the home care provider of choice for Grafton County. Services include at-home health-care (VNA), hospice and palliative care, on-site physical and occupational therapy and fitness memberships including a fitness gym and fitness classes in our 90-degree therapy pool. PBCH is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org. Visit our Web site: www.pbhha.org and like our Facebook Page: @PBCH4

Tractor Supply Company to host animal swap

PLYMOUTH — Got goats? How about chickens, rabbits or birds? If so, mark your calendars for Aug 10 because the Tractor Supply Company store in Plymouth will be hosting an animal swap event and everyone is invited.

From 9:00am until 6:00pm, members of the public are invited to stop by the store and engage with other animal lovers while swapping, trading or selling their small animals or livestock.

"As a leading retailer of livestock, animal and pet products, this is an event that speaks directly to the interests and lifestyle of our customers," said Bob Trask, manager of the Plymouth Tractor Supply. "We invite guests to bring everything from goats, chickens, rabbits and ducks to guineas, quail, sheep and more. Even if attendees just want to learn more about own-

ing animals, this event is a great place to start."

The animal swap will take place on Aug. 10 at 85 Boulder Point Dr. Please contact the Plymouth Tractor Supply store at 536-5009 for more details.

About Tractor Supply Company

Tractor Supply Company (NASDAQ: TSCO), the largest rural lifestyle retailer in the United States, has been passionate about serving its unique niche, as a one-stop shop for recreational farmers, ranchers and all those who enjoy living the rural lifestyle, for more than 80 years. Tractor Supply offers an extensive mix of products necessary to care for home, land, pets and animals with a focus on product localization, exclusive brands and legendary customer service that addresses the needs of the Out Here

lifestyle. With more than 29,000 team members, the Company leverages its physical store assets with digital capabilities to offer customers the convenience of purchasing products they need anytime, anywhere and any way they choose at the everyday low prices they deserve. As of March 30, the Company operated 1,775 Tractor Supply stores in 49 states and an e-commerce Web site at www.TractorSupply.com.

Tractor Supply Company also owns and operates Petsense, a small-box pet specialty supply retailer focused on meeting the needs of pet owners, primarily in small and mid-size communities, and offering a variety of pet products and services. As of March 30, the Company operated 176 Petsense stores in 26 states. For more information on Petsense, visit www.Petsense.com.

Hill Historical Society to host open houses

HILL — The Hill Historical Society will hold Open Houses on the following dates: Saturday, Aug. 10 and Saturday, Sept. 7 at the Town Meeting House from 10 a.m. – 2 p.m. There will also be an Open House in Old Hill Village on the 7th from 9 a.m. to 5 p.m., with access available

on Back Road.

During these events, visitors can view items in the archives and learn about local history from a self-guided wall panel display which includes the moving of the Village of Hill to allow construction of the Franklin Falls Dam, a federal flood control

project.

Books and guides will be available for sale in advance at the Town Clerk's Office, online, at The Meeting House, and in the Old Hill Village (10 a.m – 2 p.m.) in conjunction with the State's anticipated opening of the road to motor vehicles on the 7th.

White Mountain Toastmasters to host open house

PLYMOUTH — White Mountain Toastmasters invites residents to its open house to meet members and watch three speakers with various levels of experience present prepared speeches.

"White Mountain Toastmasters provides a supportive and positive environment where members have the opportunity to develop their communication and leadership skills," says Joe Reid, president for 2019.

As well as hearing

from the speakers, members and guests will enjoy a regular Toastmasters meeting that will include prepared speeches, Table Topics™ (impromptu speeches) and evaluations.

White Mountain Toastmasters Open House

Date: Wednesday, Aug. 14

Location: Common Man Inn & Spa in Plymouth

Time: 6:30 to 8 p.m. (guests please arrive by 6:15 p.m. to get a meeting buddy)

To RSVP or for more info, email Patsy Dullea at pastydullea@gmail.com

White Mountain Toastmasters meets each Wednesday at 6:30 p.m. at the Common Man Inn & Spa, 231 Main St., Plymouth, near I-93 exit 26. For more information about this event and the club, please visit

<https://wmtm.toastmastersclubs.org/index.cgi?adminauth+5122+lxkOe8nQGJ955hV5bHJO-591gy>

About Toastmasters International

Toastmasters International is a worldwide nonprofit educational organization that empowers individuals to become more effective communicators and leaders. Headquartered in Englewood, Colo., the organization's membership exceeds 352,000 in more than 16,400 clubs in 141 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators and leaders. For information about local Toastmasters clubs, please visit www.toastmasters.org. Follow @Toastmasters on Twitter.

Get Up Close to Animals at Squam Lakes Science Center

HOLDERNESS — Visitors to Squam Lakes Natural Science Center can meet live animals up close while they learn about them from experienced naturalist educators at Up Close to Animals presentations. Daily presentations feature a variety of different



(Right) A Peregrine Falcon may be one of the animals featured in Up Close to Animals Presentations.

animals, including birds, mammals, and

SEE ANIMALS, PAGE A11

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CADY Corner

*Come one, come all
to Brit's Cookout
for Families!*

BY DEB NARO
Contributor

On Saturday, Aug. 17, the Plymouth Parks and Recreation Department is co-sponsoring a Cookout for Families on the Plymouth Town Common from noon-3 p.m. We invite local families to join us for a fun-filled afternoon of children's games, silent auction, raffles, BBQ, ice cream and live music generously provided by the very popular Uncle Steve Band!

Brit's Cookout for Families promises to be a fantastic event. This fundraiser is the inspiration of Malissa Reed as a special tribute to her 22-year old cousin, Britney Pinker, who tragically passed away in April of a brain aneurism. All event proceeds will benefit Communities for Alcohol- and Drug-Free Youth (CADY) and the Pemi Youth Center (PYC). Brit loved both organizations and was a long-term member of PYC and CADY.

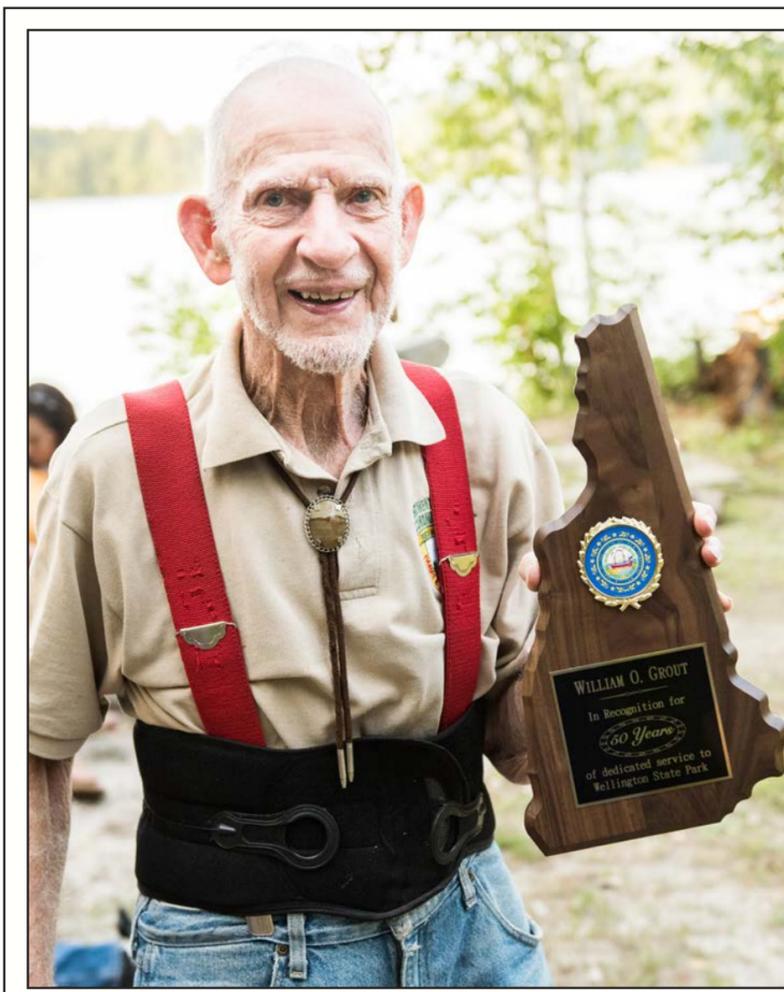
We were deeply saddened by the loss of one of our extended CADY family members on April 12. Whenever Britney was at the CADY office, she brought with her positive energy, warmth, and kindness. Her beautiful smile and enthusiasm for life always brightened our days. Brit worked at CADY one summer while in high school and would often pop in and say "Whatcha Doin" and offer to help with any task at hand. After graduating high school and heading out to find her own way in the world, she always came back to visit us and share her latest adventures.

I had the great honor of being one of three mentors who saw Brit through high school. Jess Dutille, Steve Lefebvre, and I met with Brit

on a regular basis at the CADY office to listen and guide her through the ups and downs of her high school years. This is what we learned. Brit was a young woman who was deeply caring and passionate about people, children, dogs, and social justice. When an injustice occurred, she felt it deeply and Jess, Steve, and I found ways to help her overcome the pain. Brit was never one to sit by the sidelines. She was action-oriented and a helper by nature. Brit's compassion allowed her to see others, that others seem to miss. Her heart went out to those who were lonely, isolated, and who needed a friend and she worked to fill those voids and continues to do so as an organ donor. Giving hope to others through the gift of life is Brit's beautiful legacy.

The following tribute was made to Britney from the New England Donor Services organization: "A beautiful soul, a caring child. No matter who you are she found a light in you. Always ready and willing to help those who cannot help themselves. When someone you love becomes a memory, the memory becomes a treasure. Love is stronger than death even though it can't stop death from happening, but no matter how hard death tries it can't separate people from love. It can't take away our memories either. In the end, life is stronger than death."

Please join us, families from our region near and far, to have fun together and honor the life of this very special young woman, Britney Pinker. If you have questions, please call the CADY office at 536-9793. We hope to see you on the Plymouth Town Common on Aug. 17.



JONATHAN BENTON — COURTESY

50 years of service

William "Bill" O. Grout celebrated his 50th year of service at Wellington State Park this past Saturday at the annual employee cookout. A nonagenarian, Mr. Grout was a former manager and current employee at Wellington who stayed on to mentor current park employees.

Strategis for Living

I believe in miracles

BY LARRY SCOTT

Lee Strobel, in his book, "The Case for Miracles," opens with the following account.

"Everyone had high hopes for Benjamin after he finished third in his class at a predominantly black high school and scored the highest SAT ranking of any student in 20 years from a Detroit public school.

"He could only afford the ten-dollar admission fee to apply

to one college, so he chose Yale University and was granted a full scholarship. He thought he was pretty hot stuff — until the end of his first semester.

"Ben was failing chemistry, a prerequisite in fulfilling his dream of becoming a physician. Everything depended on the final exam. But he wasn't ready for it, not by a long shot.

"That evening, he

prayed. 'Lord, medicine is the only thing I ever wanted to do,' he said. 'Would you please tell me what it is you really want me to do?'

"He intended to study for the exam all night, but sleep overcame him. All seemed lost — until he had a dream: he was alone in an auditorium when a nebulous figure began writing chemistry problems on the blackboard.

"When I went to

take the test the next morning, it was like 'The Twilight Zone,' he recalled. 'I recognized the first problem as one of the ones I had dreamed about. And the next, and the next, and the next — and I aced the exam and got a good mark in chemistry. And I promised the Lord he would never have to do that for me again.'

"Ben went on to achieve his goal of be-

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Letters to the Editor

Summer Town Meeting updates

To the Editor:

Bristol is having their summer town meeting this Saturday at the Old Town Hall, 9 a.m. At this time, you can voice your opinions about all the events, changes and spending going on in the town. I as a previous budget committee member and a conservative in town would like to highlight a few items that may be of interest to you.

Good news first. Bristol may have a cell tower installed soon, so stay tune. Bristol is 200 years old this year, and there are events happening almost month so find a brochure or check the town Web site and take part in what you can. In the past few years the voters decided to put aside about \$50,000 for all these events, so enjoy them.

Now for the other news. Sewer project to the lake for \$20,000,000 for about 500 users which excludes 700 others. The other 700 would be completed in later phases. Bristol owns about three miles of shoreline and the other towns around own 19 miles. A case study conducted a few years ago showed many people did not want it or need it. Most of the lake pollutants come from run-off. Here is a break-down of the new taxation and fees everyone in Bristol could pay. These are based on a property valuation of \$400,000 for 30 years.

Annual tax for all to pay \$340. Annual tax and fees for those that already have sewer/water (\$340+\$150=\$490). The \$150 is an addition sewer fee. Annual tax with new sewer running past your property but do not hook-up (\$340+\$610=\$950). The \$610 is called a betterment tax, they figure your property value has increased. Annual tax and fees for those who hook-up (\$340+\$610+\$350+\$150+Electricity=\$1450). The 350 is the sewer fee and the electric is to operate the grinder pump. Most properties must have a grinder pump that you have to maintain. Lastly the estimated one-time excavation cost to hook-up including grinder pump is between \$10,000 to \$13,000. This article passed at the 2019 town meeting by one vote.

The voters decided at a special town meeting last November to purchase the old doctor's building and renovate it for a total of \$900,000. If I were a betting person, I believe a new safety building is coming within the next few years which will cost a chunk of

change.

Paving problems? It seems the select board uses most of the \$250,000 for paving each year on other expenses and very little paving is completed. This last town meeting we tried to put that money in a separate warrant article, but selectman Rick Alpers and other voters tabled it. Some have calculated that over the last four years we should have spent well over a \$1,000,000 on paving, but only spent \$434,000, plus the state gave us about \$300,000 to help with paving and equipment. Maybe next year the warrant article will not be tabled.

A year ago, the voters reduced the surging operating budget by \$470,000 and this year they (about 70 voters, that is all it takes to sway the town one way or the other) decided to add it back in. Net, net, the bottom line of the budget which includes the operating budget and all other spending did not increase because of less projects, debt and interest this year but, you will pay for it eventually. Even if you rent, you pay the taxes Bristol charges.

The dump/transfer station is new. This has been a project in the works for a few years. \$230,000 of this money came from funds that the town received back from the coop from fees and running efficiently. That money could have been used to reduce the tax rate, but it was decided a new layout was needed. Recycling is almost dead because of the high costs to have it taken away. Bristol was going to have to pay an additional \$50,000 per year and the select board voted to stop taking recycling.

Fire department has added another firefighter/EMT to the rolls for a total cost of about \$75,000. In 2018, the chief asked for a person and it was voted down because there was a very large turnout at town meeting that year, but this year fewer voters came out and it passed.

Highway department doubled the hours for their administrator who gets paid over 16 dollars an hour.

Overall, Bristol has added or expanded over six positions to the payroll this year. There are other changes, but I think this will get your thought process going for the summer town meeting this Saturday.

John Sellers
Bristol

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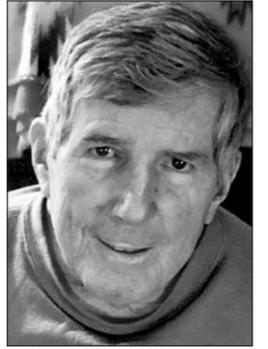
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NORTH COUNTRY NOTEBOOK **By JOHN HARRIGAN**

We've seen this film before, and didn't very much like it



Note to new species: Get out of Dodge.

It would be nice if things were so simple, but no way.

I've been through one warming trend, after all, so at least I can claim some experience now that warming tends are in the news—and in some places are all the rage.

When I was in my early teens, winters became milder for three or four years (1964-67, as I recall). The two things I noticed, and remember well, were suckers (the fish) moving much farther upsteam in the spring than before, and seeing earwigs under bark and in other moist

and dark places.

Earwigs were a creature I'd never seen before. However, I read up on them, and found out, among other things, that urban myths aside, their "tarsal pincers" are not good for much except hanging off small limbs and stems of leaves—meaning that they cannot pinch very hard at all.

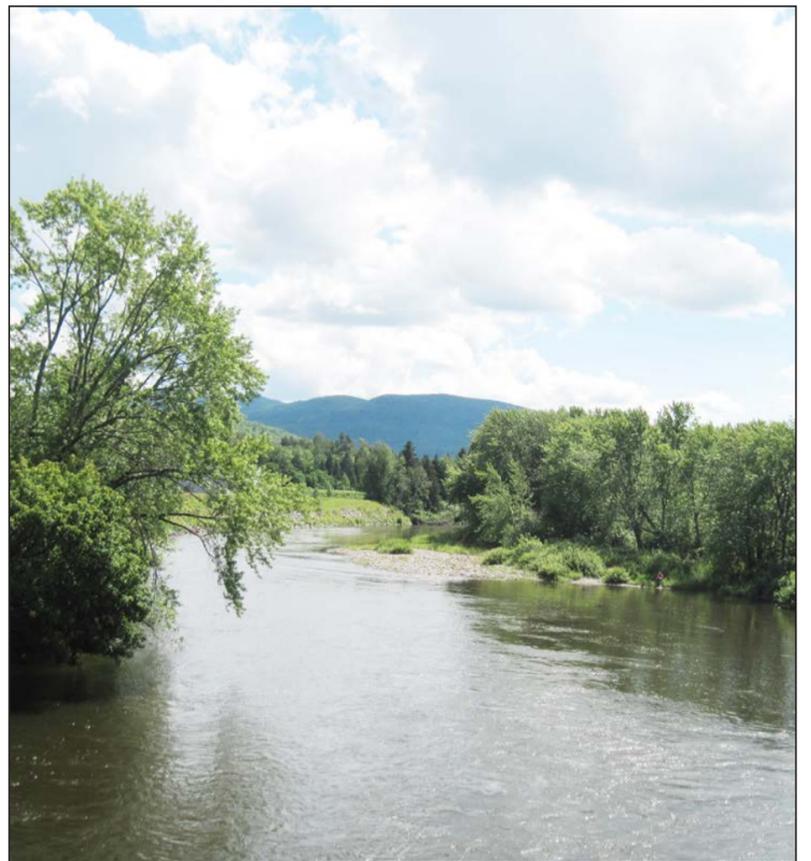
This time around, during a warming trend without any idea where it's going, we got ticks (ugh) and, it appears, armadillos (no judgmental utterings on that one). "Lawn-rats," an acquaintance called them, just one of this tough little

creature's many terms of non-endorsement.

+++++

Septic tanks are like anything else with moving parts (in this case, think "fluids," to put it as decorously as possible), in that they need proper maintenance.

One thing a septic tank needs is getting pumped out every now and then. When I put a new system in, back 15 years or so ago, I was getting a lot of company. These days, not so much (meaning that some of that company is in a new location) (hint: it's horizontal).



JOHN HARRIGAN

Atlantic salmon, researchers say, made it this far—the Connecticut River at Colebrook, with New Hampshire left, Vermont right—and on up to First Connecticut Lake in Pittsburg. For generations, a big pipe collected most local sewage and emptied it into this pool on the Vermont side. It's long gone.

Dennis Wayne Dodge, 74

HEBRON — A loved husband, father, grandfather, son and brother, Dennis Wayne Dodge, 74, of Hebron passed away at his home July 29, 2019 with his family at his side, after a short battle with cancer.



Marchese, a brother in law Bertis, and his wife Marilyn VanderSchaaff, several aunts, uncles, and cousins. He was preceded in death by his parents Wayne and Eunice Dodge (Mosher).

A celebration of life will be held at 11 a.m. Friday, Aug. 9, 2019, at Union Congregational Church, Hebron. Following the church service, everyone is invited to gather at 11 Hammerhead Rd., Hebron/Groton, for a celebration of life. Please dress casually.

In lieu of flower please make donations to Hebron Fire Department Improvement Fund, PO Box 97, Hebron, NH 03241, Lakes Region VNA and Hospice, 186 Waukewan St., Meredith, NH 03253, Union Congregational Church, Warm Wishes Fund, PO Box 67, Hebron, NH 03241.

To leave an online condolence, please visit www.mayhewfuneral-homes.com.

He was born Dec. 15, 1944 in Iilon, N.Y. Dennis graduated from Iilon High School in 1962, and received a BS from University of Buffalo in 1966. Dennis worked as a mechanical engineer for Eastman Kodak, iTek, and Agfa. He and his wife resided in the Rochester New York area, Amherst, NH, and most recently in Hebron, where he and his wife engaged a wonderful community, and established a beautiful network of incredible friends.

Dennis was an avid golfer, skier, boater, snowmobile rider, and vacation island excursion traveler. He was a devoted husband, father, brother, and uncle. He was the

world's greatest grandfather, and spent many days, weekends, summer vacation days, boating on Newfound Lake, riding the trails in Pittsburg, NH, and skiing the slopes with his grandchildren, who he immensely enjoyed, and regarded as the loves of his life.

He is survived by his wife, Judith A. VanderSchaaff Dodge of 52 years, a daughter Kimberly and her husband Christopher Bolduc, a son Brett Dodge, grandchildren Zachary and Elaina Bolduc, sister Darlene Dodge Marchese and her husband Salvatore Marchese, their children Kyrra, Derek and Kyle

Jesse Forrest, 96

NEW HAMPTON — Jesse Forrest passed away on August 2nd at the Merrimack County Nursing Home in Boscawen after a period of declining health.



Jesse was born on May 21, 1923 in Lancashire, England, to John and Jesse Ryder. She immigrated to the US with her parents in 1925, and grew up in Brooklyn, N.Y. Jesse told many stories of her friends and her ethnic neighborhood, especially their trips to Rockaway Beach and Coney Island. She attended public high school and business school.

Jesse worked on Wall Street, and was especially proud of her work with the British Admiralty during WWII. She met Seppo Olavi Suominen (Wayne Forrest) and they married in January, 1943, before Wayne deployed with the US Navy to the South Pacific. They remained together for 65 years.

After the War, in 1945, they moved from the city and bought a farm in Wentworth. Jessie learned about farming from the Grange, Extension Service and her new neighbors. They

raised their three daughters, ran the farm, and eventually turned the farm into a summer resort, Woodhaven Cottages, which they operated successfully for thirty years. When they retired, they built their home on Beech Hill in Wentworth. They spent winters at Vero Beach, Fla., at their winter home. Most recently she lived on Dana Hill Road in New Hampton. Jesse was always ready for an adventure and loved to travel, taking many trips in the US and Europe. She visited her birthplace in England in 1985. She especially loved her summer trips to Maine with family.

Jesse was an accomplished artist, especially in landscape painting. She was also a seamstress, sewing all the family's clothes, prom and

wedding dresses. She loved to garden, knit and crochet and enjoyed her family and her pets. She taught Sunday School and drove the Wentworth Elementary School Bus. Jessie was an avid swimmer. She swam almost every day and taught all her children and grandchildren how to swim.

Jesse was predeceased by her husband Wayne and her granddaughter, Shelby Sirlin.

She is survived by her daughters, Joan Sirlin of White River Junction, Vt., Susan Koh and husband Gary of White River Junction, Vt., and Helen Difilippe and husband Jamie of New Hampton; five grandchildren (Erik Difilippe and wife Amanda of New Hampton, Anthony Difilippe and Adam Difilippe of New Hampton); Dr Edward Sirlin and wife Sarah of Hollis; and Amy Koh of Newton, Mass.; and six great grandchildren.

A private burial was held on Aug. 7, in the Foster Cemetery in Wentworth.

Dupuis Funeral Home is handling the arrangements. For more information, go to Dupuisfuneralhome.com.

Anyway, the need to pump a septic tank often precipitates a mad dash for a map, or directions, or something, anything, that might give a hint as to where it is. In my case (Surprise!) I've actually got it covered, with maps and super-compasses and laser beams and that thing Captain Kirk and Spock use to get around the Galaxy.

Over the years I have heard about, and even lived in places, where the "septic tank" was actually a 55-gallon drum, or even (I'm not making this up) an old car or the cab of a truck. "Works pretty good," I heard when I was a kid. This was back when kids never seriously challenged adults, like, many decades ago.

If I ever lose my maps and lasers and transponders, I can just wait until spring and simply follow the grass—not the

dope kind of grass, but the really green variety, which seems to grow in a straight line gradually downhill from the septic tank.

+++++

The Clean Waters Act has long been hailed as one of those few government initiatives that really works.

Well, yes, it does, and there are reasons.

First, there was plenty of money, and plenty of good reasoning. I mean, who could be against clean water? Greenbacks flowed like, well, water.

The strategy would make a football coach proud. Instead of cities, you begin with little towns high up on the watershed—for instance, Pittsburg, Stewartstown, and Colebrook, on the Connecticut River; and, say, Medway, Mattawaumkeag, and Katah-

din on the Penobscot over in Maine.

Veteran lobbyists and organizers in the Clean Water campaign knew just what would happen. Sheer numbers of people made lower-watersheds unworkable, but small town numbers were in acceptable range. Small-town governments, working with state fish and game agencies and newly founded clean water divisions, submitted designs, sought money they knew would be there, and in quick fashion got their collection systems and secondary water treatment plants built (before this major initiative, there were only a scattering of large "settling" ponds overwhelmed by major cities—or huge pipes flowing straight out to sea).

And as efforts moved on downstream to bigger numbers and much more

SEE NOTEBOOK, PAGE A11

*Covering the
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Alexandria

Merry Ruggirello 744-5383
sunshine_eyes51@yahoo.com

Here we are in August! The weather has been splendid for all sorts of outdoor activities, providing fun for everyone. I've enjoyed puttering in my garden, picking wild raspberries, and just sitting like a bump on a log, listening to the birds. I noticed this morning that the blackberries are coming right along.

Town

A section of Fowler River Road between Brook Road and Healey Road will be closed while the Highway Department makes some improvements. Healey Road will be available as a detour, but Brook Road to Mt. Cardigan Road may be a better option. Thank you for your patience.

Tuesday, Aug. 13 from from 7 until 8:30 p.m., the Newfound Lake Region Association (NRLA) and The Forest Society will be hosting a meeting for Town Boards and landowners, as well as the general public, to explain the initiative to protect Newfound's Drinking Water and the Ground Water Trust Fund. The meeting will be held in the Town Hall, 45 Washburn Road, Alexandria. Please contact the NRLA at 744-8689 or info@newfoundlake.org if you have

any questions.

Alexandria UMC

Sunday, Aug. 11 services begin at 9 a.m. There will be Coffee Hour in the Vestry after services.

Wednesday, Aug. 14, Office Hours from 11 a.m. until 6 p.m. Bible Study begins at 6:00 PM. If you need to reach Pastor Faith, please call or text her at 491-4028. If there is an emergency, please call Camp Sentinel at 539-4839 and ask for a message to be delivered to her.

Happy Birthday to Ben Greene, on Aug. 20.

Have a wonderful week ahead and be safe in your travels! Be kind in your words and deeds, keep a positive attitude and give a helping hand!

Bristol

Al Blakeley
adblakeley0@gmail.com

The weather is delightful! Cool nights, warm to hot days, just what we yearned for during the winter! Careful what you wish for, but this seems to fit the bill! I hope it's the same in Nova Scotia for personal reasons. I've been enjoying the Concerts in the Park this summer. Over 400 folks were in attendance for the Uncle Steve Band last week. Some may have been lured by the free burgers, dogs and all

the 'fixins' along with free ice cream... There are two more scheduled for your pleasure: The Back Shed String Band on Aug. 15 and Honest Millie will be here on Aug. 22.

School will be in session before you know it. Please keep the youngsters in mind while out and about driving to and from work and errands. Check out schedules and try to attend the many activities offered by our school system. The kids deserve your attention and they work so hard to produce excellent demonstrations of their talents, whether they be art, music, literature, sports or other special projects. You won't regret taking the time to experience our students showing what they have learned.

Newfound Pathways invite you to explore the Lobban Property on Saturday, August 10 from 9:30 - noon. Richard Lobban is a semi-retired anthropology professor focusing on Africa and the Middle East and still teaching African studies for the Naval War College. The Lobban property is 26 acres of meadow and woodland with plenty of room for short or long walks or for nature study. There are bee hives and a beautiful pond near the house to explore.

Other hikes that are available are a half-mile stroll on the Lobban property through a meadow and past a small pond and into a wooded area. Ring a bell at a meditation stop overlooking a creek and check out a 150 year old pine tree. You could also walk a 4.7 mile loop through the woods, passing Dick Brown Pond on the dirt roads on Bridgewater Hill where you are treated to some panoramic views. Meet at Bristol Farmers Market and carpool to the property.

The NRHS Soccer Alumni Game will take place on Sunday, August 18 at 5 pm. All alumni soccer players are urged to attend, as stamina at advanced ages tends to decrease! I know my son plans on attending and I have spoken to a few old guys who played for me back in the day and some of them are planning on being there as well. It's so great to have players who still love the game.

Don't forget the Annual Rotary Penny Sale on Thursday, Aug. 8! It will be held at the Newfound Regional High School this year, and not at the Memorial Junior High School.

This is its 67th year, and it starts at 6:30 p.m. All proceeds benefit the Rotary Club Scholarship Fund. It's a lot of fun and has many great prizes.

There will be a book discussion at the Mi-

not-Sleeper Library, "Packing for Mars" on Tuesday, Aug. 13 at 7 p.m.

Aug. 24 will be a busy day! Old Home Day in Bristol takes on a special meaning as this is our Bicentennial and with that comes many happenings. On the night before, on the 23rd, the Bristol Fire Company will host a Spaghetti Supper and Open House from 5 - 7 p.m. The 24th will feature: Old Home Day on Kelley Park from 9:00 am until 3:00pm with Vendors, Food, Music, Historic re-enactments, Old Time Artisans, a 5K road race and much more. The TTCC Lobster/Chicken Dinner will be on the park that evening from 5:00 - 6:30. There will be fireworks at the lake at dusk with a rain date set for Sunday. A Community Church Service will take place at Inspiration Point on Sunday, Aug. 25 at 9 a.m. offered by Bristol United Church of Christ. I would say that this might be the busiest weekend in a long time for the town of Bristol. I hope all our readers make plans to attend and invite friends and family.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Sunday services at the South Danbury Church on August 11 will be an informal Table Worship gathering at 11:00 a.m., followed by refreshments and conversation.

The Danbury Historical Society farm weekend tours are this weekend. Schedules are posted about town. The second annual zucchini fest will be held in the grange hall parking lot, across from the grange hall on Sunday afternoon. There will be prizes, fried zucchini blossoms, music and fun.

As August in NH Eat Local Month, the market and all NH agricultural committees and boards urge all of you to pledge to spend just \$5 on local foods this month. Channeling a very small part of your grocery budget through local farms makes a very large difference in your local economy, saving a local farm, enhancing local food security as well as increasing the nutrient density of what you eat.

Drop by the Wilmot Farmers Market from nine to noon this Saturday. You will find a tent full of beautiful produce from Danbury's certified organic farm, Good Enough Farm of Walker Brook Road. While one of Wilmot's full time vendors, Offabit Farm from Danbury will not

be at the market this Saturday, you will find Danbury's other full time vendor Huntoon Farm. They will be present with their bakery, prepared foods, eggs and meats. In addition to foods, you will also find beautiful flowers grown by Danbury's Pumphouse Farm. They, the Harvey Family, will be there at the market this Saturday and then again for the last two weeks of September.

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Saturday, Aug. 17 is our Family Fun Day, which starts off at 11 a.m. with the Hebron Conservation Commission Hike.

Join the Hebron Conservation Commission on Family Fun Day for a nature walk/hike through the Hebron Town Forest on Saturday, Aug. 17. Meet at the entrance to the Town Forest on Groton Road (one mile from Hebron Village Store) at 11 a.m. and bring your lunch or snack and water. Hike is about two miles round trip over easy to moderate terrain. For more information, contact Suzanne Smith at 715-0086 or email zanne719@gmail.com.

Following that at 2 p.m., please turn in your Desserts for the Dessert Contest. Another popular event starting at 2pm. is the Unique Vintage Cars Show, which runs until 4 p.m. At 3:30 p.m., there will be a Bristol Police Dog Demo and after that at 4 p.m., please head over to Cow Patty Bingo, which is always exciting to watch. Our first performer of the night is first time Gazebo performer The John Irish Duo who will be playing bluegrass and folk rock. The ever popular Hebron Fire Department BBQ gets underway at 5 p.m. and at 7 p.m., we have the return of the Don Campbell Band playing their great Country tunes. At dusk over at the Safety Building (please follow the signs) Northstar Fireworks will be having their fireworks display to round out the evening. The Hebron Gazebo Programs are sponsored by the taxpayers of Hebron, Hebron Village Store, D. Merrill, and individual donations. Free popcorn thanks to Bill White. If you have any questions or information please call 744-3335. Hope to see you there!

...Please note that the Hebron Library Book Sale has been cancelled!

Hebron Conservation Commission Aug. 17 Hike Info

Join the Hebron Conservation Commission on Family

Fun Day for a nature walk/hike through the Hebron Town Forest on Saturday, Aug. 17. Meet at the entrance to the Town Forest on Groton Road (one mile from Hebron Village Store) at 11 a.m. and bring your lunch or snack and water. Hike is about two miles round trip over easy to moderate terrain. For more information, contact Suzanne Smith at 715-0086 or email zanne719@gmail.com.

Department of Safety Hearing Wednesday, Aug. 21, 6:30 p.m.

Protecting the Quality of Hebron Bay and the Charles Bean Conservation Area

Please read the link below which explains the rafting rules and gives examples of how some other lakes have addressed the issues.

Briefly, if Hebron Bay becomes a no rafting zone, the number of boats congregating in close proximity to each other in the area designated above will be limited.

The public hearing will be an opportunity for residents and taxpayers to voice their thoughts on this proposed rule.

To comply with the governing law, RSA 270:12 a public hearing, conducted by the Department of Safety has been scheduled for WEDNESDAY, AUGUST 21 at 6:30 pm in the Land Use office of the Hebron Academy Building (town offices).

"The undersigned persons hereby petition the NH Department of Safety to establish a No Rafting Zone according to RSAs 270:12 and 541-A on Newfound Lake in the Town of Hebron. Requested zone shall include the entire area of Hebron Bay designated by an imaginary line west from the southernmost point of the Charles Bean Sanctuary (Tax Map 17A-Lot 2) and extending west to the southernmost point of Tax Map 18A Lot 12."

The following petition has been submitted to the NH Department of Safety (Marine Patrol) requesting that Hebron Bay be designated a No Rafting Zone.

Rafting Rules can be found on the DOS website: http://www.gencourt.state.nh.us/rules/state_agencies/saf-c400.html

Scroll down to: PART Saf-C 407 RAFTING RULES

Submitted and sponsored by Suzanne Smith State Representative and the Hebron Conservation Commission



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Ashland Community Church

Sundays

10 a.m. Worship – Come as you are! Casual, welcoming atmosphere. Coffee and snacks are available in the back of the worship center.

March 3 – April 14 Teaching Series: “40 Days of Prayer: Unleash the Power of Prayer in Your Life”

Toddler Zone (for infants – five years old) is led by Kara Hamill and Kid Zone (for K-6th grade) is led by Debbie Madden. Both programs are available during the entire worship service. Our greeters will be glad to direct you to and introduce you to our leaders.

Our new Youth Zone (grades 5-8) will be starting soon and our Special Needs Class (for youth and adults) is led by Barbi Sharrow and Debbie Tall. Both classes meet in the worship center for singing at the beginning of the service and then are dismissed to their classes when the message begins.

Small groups: We also offer four adult small groups that meet in various locations on Tuesday, Wednesday, and Thursday evenings. In March and April all of our groups will be watching a video by Rick Warren and discussing the topic of prayer. Please contact our pastor, Ernie Madden, for more information about our small groups program.

It is our desire to help you understand God’s incredible grace, mercy and love. We believe you will love Ashland Community Church. We are a friendly, welcoming, loving, and caring church.

You don’t have to dress up. You don’t have to be any particular age. And please don’t feel the need to pretend about anything. Ashland Community church is a place where God meets seeking people who are far from perfect. That means everyone is welcome, no matter where

you are on your spiritual journey. We believe you’ll find what you are looking for. You’ll learn how to relate to God. You’ll experience Christian community. And here’s the big thing – you will change. Join us as we seek God together. Just come as you are! (No perfect people allowed!)

If you have any questions, please don’t hesitate to contact our pastor, Ernie Madden, at any of the contact information above.

We look forward to seeing you soon!

Episcopal Churches Holy Spirit & St. Mark’s, Plymouth & Ashland

Episcopal Churches Holy Spirit & St. Mark’s, Plymouth & Ashland

Northern New England Episcopal Church Women to Meet in NH

Save the date: The Episcopal Church Women of Province 1

are holding their annual meeting right in our backyard, at St. Peter’s Church in Londonderry, on Saturday, Aug. 17. The speaker, Marge Burke, of Weare, has been active in the Episcopal Church at all levels, including a term as president of the National Episcopal Church Women.

She is co-editor of Women’s Uncommon Prayers: Our Lives Revealed, Nurtured, Celebrated.

She has written two books on Alzheimer’s, and will sign her books during the day. Karen Patterson, the National ECW President, will join us for the day and bring greetings from the NECW. Contact Deacon Maryan for information about registering and carpooling from Plymouth & Ashland.

Growing Spiritually this Summer

We’re reminding each other this summer that the church season after Pentecost is a prime time for growth, in our spiritual lives just as in the natural world. The young members of our “Faith at Home” families have

received a “Flat Jesus” to take along on their summer adventures—a visual reminder that Jesus is always with us—and worshippers young and young-at-heart crafted their own following worship on June 23. Photos from “travels with Jesus” are arriving, and we’re looking for more. Stay tuned for more faith-growing suggestions all summer long!

Community Event of Note: Bridgewater Hill Vespers

Summer 2019 Vesper Services at Bridgewater Hill began Sunday, July 7, and continue through Sept. 1. Officiants for the 6:30 p.m. service at the Old Town House include our warden Ruth Harlow (Aug. 4). All are welcome.

Supporting Got Lunch

We’re honored again this year to offer a homebase at St Mark’s for Got Lunch Ashland & Holderness. Many thanks to the volunteers and donors who pitch in across our region—in Plymouth, Ashland/Holderness, Rumney & beyond—to make sure our school kids don’t have hungry summers.

Ashland Community Breakfast

The next Ashland Community Breakfast will be from 8 to 9 a.m. in Sherrill Hall on Saturday, Aug. 24. Come join us and bring a friend!

Support Groups

Chaplain Guy Tillson, MDiv, MA, facilitates several groups, including one for those experiencing the loss of a loved one. This group meets on the last Wednesday of each month from 5:30 to 7 p.m. at Pemi-Baker Community Health in Plymouth. No registration or fee required. Upcoming dates: Aug. 28. A group specifically for widows and widowers gathers on the second and fourth Wednesday of each month from 12:30 to 2 p.m. Meetings are held in the Upstairs Conference Room at the Plymouth Regional Center. No registration or fee required. Facilitated by Guy Tillson.

A Caregivers Support Group meets from 12:30 to 2 p.m. on the third Wednesday of each month. Meetings

are held in the Upstairs Conference Room at the Plymouth Regional Senior Center. No registration or fee required.

Weekly Worship Services

Sundays: 8 a.m. at Griswold Hall, 263 Highland St., Plymouth

9:30 a.m. St. Mark’s Church, 18 Highland St., Ashland

Thursdays, 11 a.m., with healing prayers, St Mark’s, Ashland

Office Hours at 263 Highland St., Plymouth

Office hours in Plymouth will be primarily by appointment during August. Phone/voicemail: 536-1321. Please leave a voicemail and we will return your call.

Email: rectorpb@gmail.com

Restoration Church, Plymouth (Assemblies of God)

Greetings from Restoration Church Plymouth, located at 319 Highland Street, SEE CHURCHES, PAGE A9



Full Time Maintenance Electrician

King Forest Industries is accepting applications for a full-time Maintenance Electrician for the saw mill and planer operations; must have experience in 3 phase 480 volt and electrical control devices.

Requirements:

Master Electrician License – 2+ years Industrial experience; or Journeyman Electrician License – 2+ years industrial experience or; Candidates with a minimum of 7-10 years prior electrical experience in saw mill operations will also be considered.

Responsibilities:

- Troubleshoot, repair, and install electrical equipment to help meet production goals
- Troubleshoot, maintain and repair three (3) phase electrical systems
- Diagnose cause of electrical malfunction or failure of operational equipment
- Perform preventive and corrective maintenance

Salary is based on previous experience. King Forest Industries offers competitive benefits including health, paid vacation and holidays. If you wish to apply, submit resume and letter of interest to judy@kingforest.com or mail to John King, King Forest Industries, 53 East Side Road, Wentworth, NH 03282.

King Forest Industries is an equal-opportunity employer.

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Comfort Keepers

Managing urinary incontinence

BY MARTHA SWATS

Owner/Administrator
Comfort Keepers

Urinary incontinence is an issue that more than half of seniors deal with, and it can affect a senior's health, social connections and self-esteem. Managing incontinence is critical for seniors that want to maintain their independence and quality of life while remaining in their home.

While incontinence is a highly prevalent issue, it's important to remember that incontinence is treatable, and a physician can make recommendations based on the type of incontinence they diagnose.

Why Does Incontinence Happen?

During urination, muscles in the bladder tighten to move urine into a tube called the urethra, while the muscles around the urethra relax and let the urine pass out of the body. When the muscles in and around the bladder don't work properly, urine can leak. Incontinence can occur for short periods of time due to urinary tract infections, constipation, or as a side effect of a medication.

How is Incontinence Diagnosed and Treated?

Depending on the severity of the problem, a doctor may recommend any or all of the following:

- A urinalysis to rule out infection or blood in the urine
- Blood tests to check on kidney function, calcium and glucose levels
- A complete physical exam and thorough discussion of one's medical history
- Medicine that calms muscles and

nerves to treat an overactive bladder.

- Exercises to strengthen the pelvic muscles

- If other treatments fail, surgery may be suggested to improve bladder control.

How Can Incontinence be Managed at Home?

There are a few lifestyle changes that can help manage incontinence:

- Pelvic muscle exercises: Working the muscles that can stop urination can have a positive effect in reducing incontinence.

- Timed bathroom breaks: Going to the restroom on a schedule can help those with urge and overflow incontinence.

- Fluid and diet management: Avoid food and drinks that irritate the bladder. It's important for seniors to discuss their diet and fluid intake with the doctor before making any changes.

- Behavioral changes: There are some habits that can make incontinence worse. These include smoking, drinking alcohol, lifting objects that are too heavy and consuming caffeine, among others.

Comfort Keepers® Can Help

If your loved one has specific care needs related to a health issue, like incontinence, we can help. Our caregivers can provide transportation to appointments, medication reminders, support for physician-recommended diet and exercise programs, and help monitor physical changes and symptoms. And, we strive to elevate the human spirit through quality, compassion-

ate, joyful care.

To learn more about our in-home care services, contact your local Comfort Keepers location today.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing

services, and a host of additional items all meant

to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New

Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.

Mid-State celebrates National Health Center Week

A special partnership with NH Food Bank plus a month-long donation drive

BRISTOL — On Wednesday, Aug. 21 beginning at 4:30 p.m. and staying open until all produce is gone, volunteers from the New Hampshire Food Bank (a program of Catholic Charities NH) and Mid-State Health Center will distribute fresh fruits and vegetables in the parking lot of Mid-State's Bristol office at 100 Robie Rd., just off Route 104. This event is free and open to the public – anyone in need can participate with no ID or proof of residence required.

As the staff at Mid-State gear-up to cele-

brate National Health Center Week (Aug. 4-10), they took to heart this year's theme of "Rooted in Communities: The Social Determinants of Health." Health disparities negatively affect people who experience social or economic obstacles to health; and, part of Mid-State's vision is to ensure patients get the help they need, when they need it.

Mid-State Board Member and Bristol Town Administrator Nicholas Coates said, "It's important to think upstream. Good nutrition leads to good

health, and that's what we want for the patients who visit Mid-State, their families, and all the citizens of our region."

Grants and Programming Director Wendy Williams added, "We listened when our staff said that food insecurity is an issue they feel passionately about. Mid-State is proud to host this event, because we believe access to nutritious foods is important to the communities we serve."

Additionally, for the full month of August, both offices of Mid-

State will accept donations of non-perishable foods, toiletries, and back-to-school supplies from their employees, patients, and community members. In September (Hunger Action Month), these donations will be delivered to Community Centers and Got Lunch programs in Ashland, Bristol, Danbury and Plymouth. Questions about the Fresh Food Pantry or month-long donation drive may be directed to Susan Connolly at 536-4000, ext. 1010 or sconnolly@midstatehealth.org.

Enjoy storytime with Lenny Clarke at the Flying Monkey

PLYMOUTH — Lenny Clarke brings his no-holds-barred comedy to The Flying Monkey in Plymouth on Saturday, Aug. 17 at 7:30 p.m. Expect an intimate night of (almost) unbelievable stories, hosted by Greg Kretschmer of "The Morning Buzz." Tickets for this show start at \$25.

Legendary Boston Comedian Lenny Clarke is on the road with stories of his insane life.

For the first time ever, he will be telling



stories of the crazy days doing standup in the emerging Bos-

ton Comedy scene, his huge network TV show, movies and adventures with celebrities, all hosted by NH radio icon Greg Kretschmer of Greg and the Morning Buzz.

Lenny Clarke spent several years as the host of the open-mike nights at the famous Ding Ho comedy Club in Cambridge, Mass., and has traveled the world as a stand-up comic. His comedic

SEE CLARKE, PAGE A12

Churches

FROM PAGE A7

Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly family here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc. Our church phone number is still the same, 536-1966. Our schedule has changed to the following:

Sunday: 10:30 a.m. Morning Service

Monday: First and third Monday of the Month

Noon-2 p.m. Helping Hands Food Pantry

Friday: Second Friday of the month

6 p.m. Food, Fun, Fellowship

On Sunday, Nov. 5, 2017, we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled,

Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!

Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multi-generational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice,

respect, and love.

This week at Starr King:

Summer Services Continues - Sunday, Aug. 11

Introducing the Red Shedders

Nancy Chad-dock, Worship Associ-ate.

Join the Red Shedders

(Babe, Brian and Jon) for a morning of song. The service will center on popular songs that are associated with "The Day the Music Died" (Feb. 3, 1969 and Dec. 6, 1969) and beyond.

For more details, visit our Web site

www.starrkingfellowship.org

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Edward Jones: Financial Focus

How Does Social Security Fit Into Your Retirement Income Strategy?

It might not be on your calendar, but Aug. 14 is Social Security Day. Since it was enacted on Aug. 14, 1935, Social Security has provided some financial support for millions of Americans during their retirement years. While Social Security benefits, by themselves, probably aren't enough to enable you to retire comfortably, they can be a key part of your overall retirement income strategy – if you use them wisely. To help you make decisions about Social Security, you will need to answer these questions: When should I start taking my benefits? You can take Social Security once you reach 62, but if you wait until your full retirement age, which will probably be between 66 and 67, you'll get much bigger monthly checks, and if you

wait until 70, you'll get the biggest possible payments. Before deciding when to begin receiving your benefits, you'll need to weigh a few factors, including your estimated longevity and your other sources of income. How should I consider potential spousal benefits? If you are married, or if you're divorced but were married for at least 10 years, you could receive up to half of your spouse's full retirement benefit (offset by your own benefit, and reduced if you claim early). If you outlive your spouse, you could claim survivor benefits, which can provide either your own benefits or 100% of your deceased spouse's, whichever is larger. Consequently, the higher-earning spouse might want to postpone taking benefits for as long as possible to maximize the

survivor benefit. How much can I earn without reducing my Social Security benefits? If you are younger than your full retirement age and you are receiving Social Security, the Social Security Administration will withhold \$1 from your benefits for each \$2 you earn over a certain threshold (which, in 2019, is \$17,640). For the year you reach your full retirement age, your benefits could be withheld by \$1 for every \$3 you earn over \$46,920. But once you reach your full retirement age, you can earn as much as you want without your benefits being withheld, although your benefits could still be taxed, depending on your income. How much of my pre-retirement income will Social Security replace? Generally speaking, you

should expect Social Security to replace slightly more than a third of your pre-retirement income. However, the higher your income during your working years, the lower the replacement value of Social Security will be. What other sources of retirement income should I develop? Contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. You may want to consult with a financial professional, who can look at your entire retirement income picture and recommend moves to help you achieve the lifestyle you've envisioned for your later years. Keep in mind that your decisions about Social Security filing strategies should always be based on your specific needs

and health considerations. For more information, visit the Social Security Administration website at socialsecurity.gov. One final word: You may have concerns about the stability of Social Security. While no one can predict the future, many potential solutions exist to put the program on more solid footing. Consequently, try to focus on the actions you can control. This information is believed to be reliable, but investors should rely on information from the Social Security Administration before making a decision on when to take Social Security benefits. It is general information and not meant to cover all scenarios. Your situation may be different, so be sure to discuss this with the Social Security Administration prior to taking benefits.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Ashland	Winona Road	N/A	\$630,333	Laconia Area Community	HHA LP
Bristol	30 High St.	Single-Family Residence	\$80,000	Nancy Hannagan 2015 Trust	David D. and Brenda R. Littlefield
Bristol	436 N. Main St.	Single-Family Residence	\$166,000	Elsie J. Day 2005 Trust and Maurice G. Day	Daniel E. Leblanc and Amanda J. Briggs
Bristol	16 O'Brien Rd.	Single-Family Residence	\$69,933	Cottage Trust and Marjorie M. Gorman	Dana R. and Lisa A. Harrington
Bristol	950 Peaked Hill Rd.	Single-Family Residence	\$60,000	Jeffrey L. Goodrum	Abel J. Daigle
Campton	13 Overlook Rd., Unit 5	Condominium	\$78,000	June L. Schlabach	Susan M. Bigl
Campton	95 Turnpike Rd.	Single-Family Residence	\$240,000	Kimberly M. MacKay	Dylan A. Tucker
Campton	N/A	N/A	\$190,000	10 Richardson Trial LLC	Christopher J. and Lisa M. McCormack
Dorchester	2325 NH Route 118	Single-Family Residence	\$15,000	William C. Kramer	Michael G. Howe
Hebron	Groton Road	Residential Open Land	\$45,000	Benton Fiscal Trust 2008 and Scott A. Benton	Susan L. Shaver and David Finnell
Holderness	68 Shepard Hill Rd.	Single-Family Residence	\$267,000	Suzanne Riehs-Moore	William G. and Courtney L. Abbott
New Hampton	Dana Hill Road	N/A	\$144,933	Richard D. Simpson PT and Tania Simpson	Barbara and Paul Stambo
New Hampton	216 Gordon Mill Rd.	Single-Family Residence	\$357,000	Gordon Family LP	Edward D. and Carla M. MacDonald
New Hampton	626 Old Bristol Rd.	Single-Family Residence	\$70,000	John M. Antonis and Martha F. Kuplin	Ralph Gravallesse
Plymouth	9 Carmel Dr.	Single-Family Residence	\$345,533	James E. and Barbara A. Logan	William B. and Sarah B. Kindl
Plymouth	11 Cumming St.	Single-Family Residence	\$192,000	Jarrod M. and Meridith A. Mitchell	Stephanie A. Sprout
Plymouth	479 Daniel Webster Highway	Single-Family Residence	\$155,000	Christopher L. Saffici	Christabel A. Chadwick
Plymouth	26 Plaza Village Rd., Unit D	Condominium	\$68,000	Jonathan D. Colantuoni	Leslie Walker
Plymouth	33 Yeaton Rd.	Single-Family Residence	\$255,000	Jose and Megan C. Huerta	Adam Mayron and Zi Liang
Plymouth	122 Yeaton Rd.	Single-Family Residence	\$200,000	Elaine L. Melquist	Christine T. Miller RET
Rumney	Buffalo Road	N/A	\$66,667	Joseph Riscolo	Anthony Riscolo and Annmarie Huff
Rumney	887 E. Rumney Rd.	Single-Family Residence	\$200,000	Chester R. Ireland Trust and Sara J. Tatham	N/A
Thornton	2832 NH Route 175	Single-Family Residence	\$194,000	Deborah C. Brown	Christopher M. Downs
Thornton	375 Upper Mad River Rd.	Single-Family Residence	\$230,000	John E. Spurling and Judith A. Kreamer	Michael J. Cimorelli
Warren	9 High St.	Single-Family Residence	\$190,000	Eric C. and Donna J. Wright	Christopher A. and Joanna C. Suprock
Warren	78 Swimming Hole Rd.	Single-Family Residence	\$114,333	Charles A. and Kristin E. Thistle	Mark F. Thompson and Helga Lacroix
Waterville Valley	8 Greeley Hill Rd.	Single-Family Residence	\$433,533	Roberts Fiscal Trust 1998 and Robert G. Bannish	Colby C. Brunt and Robert W. Bradley
Waterville Valley	28 Packards Rd., Unit 223	Condominium	\$71,000	John D. and Mary E. Boyle	Ashley Arcenneaux

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrencorp.com

MARK ON THE MARKETS

Advisor versus robot



BY MARK PATTERSON

Robo-advising has become very popular because of the very low fees typically associated with this automated service. I believe there is some merit and a place for Ro-

bo-advising. There are just some concerns that I have regarding Robo-advising, first being, we really have not seen how the robot handles a fast-moving downward market or an elongated bear market. I can see Robo-advising being used by young people with a very long time horizon in the markets that are just allowing the robot to rebalance their

portfolio and to make algorithmic choices for their money. Where I don't believe Robo works well is for someone inside of 10 years of retirement or doesn't like equity market risk. As we get closer to needing our assets for income, or simply do not have time to recover from a correction in the equity markets, then an advisor that is skilled at structuring steady,

sustainable and reliable income that mitigates market risk, sequence of return risk and longevity risk can be invaluable.

I have seen many portfolios that were good candidates for Robo advising. Typically, these portfolios were made up of a family of mutual funds with attached commissions and 12 b1 fees sold by "advisors" who did not take the clients best

interests into consideration, but sold funds that their firm was paid to promote. In this instance, this client's money was being passively managed through high cost mutual funds whereas the robot could have done a better job for less fees. I guess what I'm saying is that given the choice of a robot or a typical broker connected to a firm or bank, I might choose the Robo as well. Client money must be managed with the client's best interest first, but can only be done by an advisor who really understands how to manage that money for their client's needs.

As I mentioned earlier, we have not really seen how the robot reacts in tough market conditions. The last eight years has seen a couple of bumps but not any major draw-downs in the equity markets. So, complacency is at an all-time high and money will chase a market nearing a top. Studies also tell us that investors will start to sell near the bottom. A robot will not have an opinion on the direction of the markets

such as, if you should hedge, if you should raise cash levels or start to shift money over to bonds, fixed income or precious metals. It is a good thing that the robot takes your emotions out of the equation, but I'm not so sure that taking a qualified advisor or asset managers emotions, skill and knowledge is a good thing. Time will tell. Robo advising may work for you if your time horizon long and you don't mind market risk in the equity markets, or it could work for a portion of your portfolio that is designated for growth but you will not need for income in the next 10 years.

A good asset manager can manage your money using modern portfolio theory and very low-fee investments that are designed to maximize your returns and minimize your risk. Compare that to the low fee robot. It is all about net returns and risk.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Robert Earl Keen celebrates new album in Plymouth

PLYMOUTH — One of the most prolific songwriting troubadours of our generation comes to The Flying Monkey in Plymouth on Thursday, Aug. 15 at 7:30 p.m. Waylon Payne opens the show. Tickets for this concert start at \$39.

It's not always easy to sum up a career — let alone a life's ambition — so succinctly, but five words from Robert Earl Keen's calling-card anthem just about do it. You can complete

the lyric with the next five words — the ones routinely shouted back at Keen by thousands of fans a night ("and the party never ends!") — just to punctuate the point with a flourish, but it's the part about the journey that gets right to the heart of what makes Keen tick. Some people take up a life of playing music with the goal of someday reaching a destination of fame and fortune; but from the get-go, Keen just wanted to write and sing

SEE KEEN, PAGE A12

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Playground

FROM PAGE A1

heard the kids have about it all were amazing though as they explained to their friends why they liked one thing better than another.”

In the end, the top three components for each section were forwarded on to Landscape Structures who then put it all together in a design that would work for the school and their budget.

Roberts said that not only was it great that the children decided what they wanted, but that the community helped them have even more through their volunteerism.

“People in Danbury

stepped up and volunteered to do the build themselves so the \$10,000 build fee (for the company to put it all together) could be put toward the structure instead,” she said.

Joel Gray from Landscape Structures did come to orientate the volunteers, but Roberts said she was especially grateful for the leadership of dad Tucker McDonough.

“He was here for three days before the build even began to dig all the holes and he even volunteered to oversee the project for us. I thought that was amazing,” said Roberts.

Many others were part of the process however, from parents

to grandparents and even members of the community who have no kids at the school.

“This is just so cool,” she added as she looked at all who assembled at the school-yard last week.

While not yet completed, it won't be much longer before the cement footings are poured, the ground is groomed and it's ready for the children who designed it to drop by and have some fun. Best of all, it will also be available for recess enjoyment when the school bells ring again and Danbury's largest kindergarten population in recent memory arrives for the start of the new school year.

Yard Sale

FROM PAGE A1

fun with a Scavenger Hunt and people who purchased a yard sale map for a \$2 donation to the community center found they could take part in that hunt. All they had to do was stop at as many of the listed locations on the map as they could then, while shopping, look for a designated item at every sale. Some years the scavenger hunt target has been fruit items, others years a vegetable, but this year Braley photocopied 22 state quarters, assigning one to each location. That photo of a quarter was then placed somewhere within all registered yard sales and whenever one was spotted, the shopper need only ask someone from that sale for their signature on the back of the map. At the end

of the day, one lucky bargain hunter was assured of going home with a cash prize.

“If only one person finds the most state quarters, they automatically win. But, if there's more than one person finding the same amount we draw a name to determine the winner,” Braley explained.

At the end of the day there was a three-way tie last Saturday, but after the drawing it was Russell and Gretchen Gilpatric who took home the cash prize along with all the treasures they purchased throughout the day.

Besides the maps and eight yard sales found at the community center last Saturday, there were also donuts and coffee for sale downstairs in the morning hours, then hot dogs, chili and chips in the afternoon.

“All the money we

raise from this go toward our activities and events in town,” Braley said.

One example is their Backpack Drive, and from noon to 2 p.m. on Sun., Aug 18, backpacks will be handing those backpacks out to Danbury children who are in the midst of gathering back-to-school supplies.

Among the list of other activities at Danbury Community Center are weekly card games in August, line dancing, community dinners, a children's game day in the fall, and annual visits from Santa and the Easter Bunny.

“We do a lot here and appreciate all the support we receive,” said Braley.

To keep up with all the fun at the community center, visit them on Facebook or at their Web site, www.dccnh.com.

Strategies

FROM PAGE A4

coming a physician. By age thirty-three, he became the youngest director of pediatric neurosurgery in the country, performing pioneering operations at Johns Hopkins Hospital. ... A 2014 poll ranked Benjamin Solomon Carson Sr. as among the ten most admired people in America. He even made a bid to become President of the United States. ... All because a dream helped him pass a chemistry course nearly fifty years ago. (p. 15).”

Do I believe in miracles? Absolutely! And it is for a miracle I am praying as I survey the state of our nation.

We are a nation in turmoil, and, some would say, at war. The stalemate in Washington promises to continue with no let-up in sight. A volatile stock market will remain erratic until the United States and China settle our trade dispute. A hoard of illegal immigrants is demanding attention at our southern border and threaten to invade. And, adding to the vitriol, we have a host of men and women vying to become President of these United States in 2020.

Do I believe in miracles? Yes, I do. As Dr. Ben Carson discovered, God is more than able to intervene. I believe what God promised to the people of Israel

some three thousand years ago is a valid directive for us today.

“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”

Yes, I believe in miracles, and I still believe God can intervene in the affairs of State. I have no easy solution to propose, no simple answer to the intractable problems we face as a nation. But I know God cares, and I remain hopeful and invite every believing Christian to join me in praying, yes, for a miracle!

Transfer

FROM PAGE A1

“time and materials” that put his cost above United's bid.

Town Administrator Nik Coates said the town did not pay Morrison's excess, which also included \$2,200 for additional railing around the compactors, because the contract stipulated that it would be a lump sum price covering all labor, materials, and equipment necessary for the project. That included metal railing, backfilling, loaming and seeding, site restoration and cleanup, “and all other work required to fully construct the project.”

The town did pay \$3,600 for additional gravel for the through lanes, which was an additional request not in the original bid specifications. The final check included the \$4,350 remaining on the original contract, Coates said.

At the Aug. 5 selectmen's meeting, there was a work session to discuss a return to recycling — something that had been suspended after the market for recycled material collapsed, making the cost of single-stream recycling twice as much as the \$65 per ton the town was paying to get rid of regular household trash.

In designing the new transfer station, selectmen had discussed separating the recycled material to avoid contamination. There is a market for clean recyclables, making it more cost-efficient to separate material, but at Monday's meeting, they faced some unwelcome facts: Even with the new traffic flow, there is not enough space at the recycling center to store the various materials. Additionally, there are unplanned costs for balers and other equipment necessary to handle the recyclables.

Coates said the consensus at the end of the meeting was to return to single-stream recycling because “it's the right thing to do for the environment,” even though it costs more than simply throwing recyclables in with regular trash.

There is another consideration prompting that decision: By throwing everything together, the bins fill much more quickly, and the town has had to shut down the transfer station a few times because there was no more room. To add an additional bin also would require the equipment to move the full bins out of the way — another cost to the town.

Coates said no final decision has been made, as they need to discuss the situation further over the next month to figure out the actual costs and benefits of recycling versus not doing so.

OHD

FROM PAGE A2

& Sons Plumbing & Heating, Inc.; Bristol Pawn; Cardigan Country Store & Orchard Bistro; Central Land Surveying, Inc.; Dead River Company; Eliz-

abeth A. Seeler, CPA; Gilly's Restaurant; Newfound Area Nursing Association; Old Mill Properties; PB & J's Childcare & Learning Center; Tapply Thompson Community Center and UBS Financial Services, Inc.

So, mark your calendar and plan to participate in Bristol's Bicentennial Old Home Day - it is a great way to catch up with old friends and neighbors and to celebrate Bristol!

Animals

FROM PAGE A3

reptiles.

Featured animals change every day, offering a diverse selection of New Hampshire wildlife for visitors to observe. Regular programs include Fish Feeding Tuesdays at 1 p.m. and Mountain Lion Training on Thursdays at noon. Presentations

are followed by open question-and-answer sessions with the naturalist. Questions from audience members of all ages are always encouraged.

Up Close to Animal Programs are daily at 11 a.m., noon, 1 p.m., 2 p.m., and 3 p.m. through Labor Day and on weekends through Columbus Day. Up Close to Animals presentations

are included for free as part of regular trail admission and the specific animal schedule can be found on the Calendar of Events at nhnature.org.

The animal exhibit trail is open every day through Nov. 1 from 9:30 a.m. to 5 p.m. with the last trail admission at 3:30 p.m. For more information, please visit www.nhnature.org or call 968-7194.

Notebook

FROM PAGE A5

complex and costly treatment plants, who could deny them? What politician was going to stand up and say, “No—we're not going help you do your part and keep that water coming into your city clean, we're going to make you just keep right on making it filthy.”

It sort of reminds me of how we got the federal

government to pony up its share of money for the ocean-going salmon project—building fish ladders for the incredible fish that, in the Connecticut River's case, travelled at least as far up as First Connecticut Lake, almost 400 miles from the sea.

At one point, salmon enthusiasts said—to make salmon enthusiasts and conservationists prove their case-

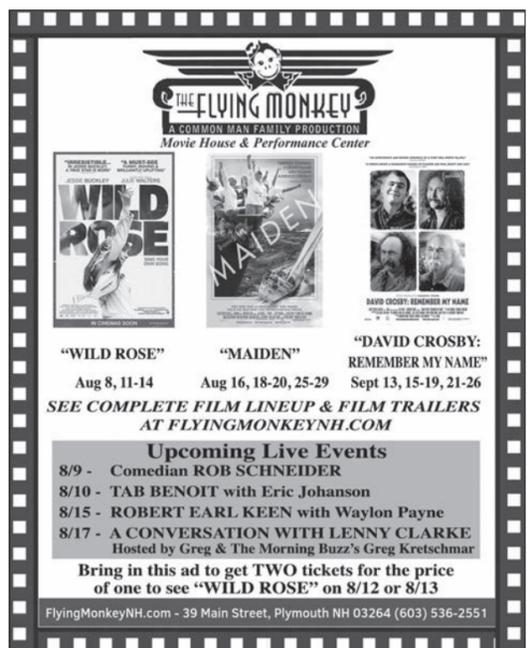
—“So, show us your salmon bumping their noses against our dams.”

And I was tickled to be able to write the rest of that sentence one day, which was “And boy, did they.”

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)



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8/15 - **ROBERT EARL KEEN** with Waylon Payne
8/17 - **A CONVERSATION WITH LENNY CLARKE**
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- Berlin Reporter
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- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfound Landing
- Coös County Democrat
- Carrol County Independent

Salmon press

Email: tracy@salmonpress.news
Phone: (603) 616-7103

The Rest of the Story

A12 NEWFOUND LANDING, THURSDAY, AUGUST 8, 2019

Clarke

FROM PAGE A9

abilities captured the attention of Rodney Dangerfield, who gave him his first big

break, casting him in Nothin' Goes Right. He and Dangerfield also worked together years later on Meet Wally Sparks. Lenny went on to have his

own network TV show with Dennis Leary, co-star on many others, continues to act, and perform all over the Country.

Get ready for a wild

ride as you get the behind the scenes look at a crazy life.

Tickets for Lenny

Clarke and Greg Kretschmer range from \$25-\$35. For more information on upcoming

shows or to purchase tickets, call 536-2551 or go online at www.flyingmonkeyNH.com.



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Keen

FROM PAGE A10

his own songs, and to keep writing and singing them for as long as possible.

Now three-decades on from the release of his debut album — with 19 records to his name, thousands of shows under his belt and still no end in sight to the road ahead — Keen remains as committed to and inspired by his muse as ever. And as for accruing recognition, well, he's done alright on that front, too; from his humble beginnings on the Texas folk scene, he's blazed a peer, critic, and fan-lauded trail that's earned him living-legend status in the American music world. And though the Houston native has never worn his Texas heart on his sleeve,



COURTESY

One of the most prolific songwriting troubadours of our generation, Robert Earl Keen, comes to The Flying Monkey in Plymouth on Thursday, Aug. 15 at 7:30 p.m.

he's long been regarded as one of the Lone Star State's finest true singer-songwriters.

In honor of the 25th anniversary of Robert Earl Keen's iconic album, A Bigger Piece of Sky, Keen will be releasing it on vinyl for the first time.

In the midst of the vinyl re-issue, Keen is as busy as ever touring. Though Keen has played sold-out theater dates with icons such as Willie Nelson, the lion's share of his concert schedule still finds him playing full-tilt with his seasoned road and studio band: Brotherton on guitar, Bill Whitbeck on bass, Tom Van Schaik on drums, and Marty Muse on steel guitar, Kym Warner on mandolin and electric guitar and Brian Beken on fiddle, acoustic and electric guitars.

"Some of my band members have been

with me more than 20 years now," Keen says proudly. "I used to think that was just sort of an interesting fact, but now it's almost a total anomaly — that just doesn't happen much. I always felt like once you lock into the right bunch of people, you try to do the best by them that you can. So, we've been able to stay together a long time, and I think one thing that makes it worthwhile for people to come see us as an act."

Keen's act and stage presence more than attest to his career's longevity and its subsequent opportunities.

Tickets for Robert Earl Keen range from \$39-\$49. For more information on upcoming shows or to purchase tickets call 536-2551 or go online at www.flyingmonkeyNH.com.

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Going to college shouldn't be complicated and it shouldn't break the bank. August 14th is Open House EXPRESS at Lakes Region Community College. Drop in anytime between 4 and 7pm and see what's possible. Complete the entire admission process on the spot...with no application fee. Enroll full time and you could win a FREE class for the fall. Don't wait to take the next step.

Lakes Region Community College's Open House Express Wednesday, August 14th from 4-7pm. Go to LRCC.edu for more information. What are you waiting for?



Start Here...Go Anywhere!

Newfound Landing Sports

Section **B**
Thursday,
Thursday, August 8, 2019



COURTESY PHOTO

Bryan Richardson (left) will be inducted into the Newfound Athletics Hall of Fame.

Cofran and Richardson to be inducted into Newfound Hall of Fame

BRISTOL — Newfound Regional High School will be inducting six individuals in the fourth annual Athletics Hall of Fame induction on Saturday, Sept. 21. Two of the inductees are Bryan

Richardson and Peter Cofran. Richardson can be considered the 'grandfather' of both the Newfound and Inter-Lakes football programs. Richardson wanted

his sons to play high school football and this was his thought when he formed the Friends of Newfound Football Booster Club. The football program started in 2001 and

SEE HOF PAGE B4

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Apply in person at The Common Man Inn and Spa, 231 Main Street, Plymouth, NH or apply online at: <http://bit.ly/DriveTheTrolley>



HIGHWAY EMPLOYEE Full Time Position TOWN OF PLYMOUTH

The Town of Plymouth Highway Department is currently accepting applications for the position of Highway worker to work within the Town's Highway Department. Successful candidates need no previous experience but a positive attitude and a willingness to learn is a must. This is a position which performs work in all areas of construction and other assigned projects to include summer and winter maintenance of roads. Duties will include operating heavy machinery necessary for road maintenance, maintaining municipal equipment and plowing roadways for winter operations, and other labor intense road maintenance tasks. Candidate must hold a valid driver's license with CDL-B endorsement. Candidate will be required to be on-call for a week at a time on a rotating schedule. We are willing to train the right individual who meets the character traits mentioned above. The Town of Plymouth is an equal opportunity employer.

Applications are available at the Plymouth Town Hall (536-1731) or at the Plymouth Highway Department (536-1623) from 8am to 4pm, Monday through Friday. Applications will be accepted until a suitable candidate is appointed. Full benefits and good starting pay included.

To be considered, applicants must submit a Town application, resume and cover letter to:

Town of Plymouth
Attn: Joe Fagnant, Highway Manager
Plymouth Highway Department
6 Post Office Square
Plymouth, NH 03264

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 - Keep gas tank full
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- DURING**
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 - Go to community warming shelters & check on neighbors, family, seniors and homeless
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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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The toll free telephone number for the hearing impaired is 1-800-927-9275.

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For consideration, send a cover letter, resume, application (www.wrsdsau59.org), copy of certification if applicable, references and transcripts to:

Office of the Superintendent, Winnisquam Regional School District.
433 West Main Street, Tilton, NH 03276
EOE



White Mountain Country Club is hiring seasonal help for the 2019 season.
\$10-\$11/hour

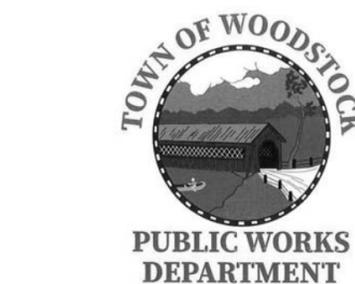
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Applications will be available at the Woodstock Town Office

located at 165 Lost River Road or at the Public Works Garage located at 24 Kancamagus Highway.

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WATERVILLE VALLEY RESORT



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HOF

FROM PAGE B1

was fully funded by the FONF until 2006, when a three-year plan moved it to be funded by the school district.

Their first game was against Plymouth on Sept. 13, 2001.

In 2004, they played their first NHIAA game against Franklin.

Richardson then put his mind to getting a home field for the team, that was lovingly known as the "Road Warriors." It took three years and great community donations from Morrison Construction and the Bears' first home game was on Sept. 8, 2012 against Winnisquam. To make the day even more special, Newfound won, 48-19.

As this was going on, he also started the Inter-Lakes football

program, and coached them for three years as a club team and their first NHIAA season in 2008.

Richardson also is the force behind the very successful "Stand Up Newfound" program. Their theme is "working to eliminate substance misuse for a healthy, prosperous and connected community." They work in conjunction with the Bristol Police Department in bringing educational programs to the community to help decrease substance misuse.

On the first year of his retirement, Newfound will be celebrating the career of Cofran by inducting him in to the very hall of fame that he worked so hard to bring to the community. It was felt that his accomplishments warranted celebration sooner rather



COURTESY PHOTO

Peter Cofran (left) will be inducted into the Newfound Athletics Hall of Fame.

er than later. Cofran spent 12 years as the Director of Athletics at Newfound Regional High School. During that time period, he worked tirelessly to instill the qualities of sportsmanship, character and leadership to the school athletic community. His unwavering support and consistent reliability was felt by not only the athletes in school, but across the entire student population.

Cofran had his hand in many projects throughout his 12-year career. Some of the athletic additions that he helped bring to Newfound include the Morrison football field, unified sports, SALT (Student Athletic Leadership Team) and the addition of a girls' soccer program this upcoming fall. He

was also responsible for bringing the athletic hall of fame to Newfound. This fourth annual tradition has brought back many alumni that were proud to call themselves a Bear.

Cofran's actions were not only felt in the Newfound community, but have been noticed across New Hampshire. Since 1978, Cofran has been involved in working with the NHIAA (New Hampshire Interscholastic Athletic Association). He has been a member of numerous committees and councils, for not only the NHIAA, but also working closely with the NHADA (New Hampshire Athletic Directors Association) and NIAAA (National Interscholastic Athletic Administrators Association).

Some of his many recognitions include receiving the NHADA Clyde Meyerhoefer Memorial Award to the outstanding AD with three years or less experience (2009), NHADA State Award of Distinction (2017 and 2018), and being inducted into the Plymouth State Athletic Hall of Fame (2011). But, among all of the honors that Cofran has received during his career, he has pointed out how proud he is to be the only male recipient of the NHIAA Carol Dozibrin Advancement of Girls' Sports Award (2007).

The Hall of Fame reception will be on Sept. 21 with the reception from 2 to 3 p.m. in the NRHS cafeteria, with the induction at 3 p.m. Tickets are available by sending a check made out to NRHS Athletics and sent to Alex Sobolov, Athletic Director, 150 Newfound Road, Bristol, NH 03222. If you want to pay at the door, please contact for reservations, at asobolov@sau4.org or 744-6006, x1507.

The selection committee continues to gather information on potential nominees. Please go to the NRHS school web page: click on the "Athletics" link and go to Hall of Fame. There is a nominations form there that can be filled out for any individuals or teams that you feel warrant further discussion. Some nominees have come to the committee with very little background info provided. Please feel free to fill out the nomination form. Too much info is better than too little. Please send the completed forms to Sobolov at the above address.

Newfound seeking fall coaches

BRISTOL — Newfound Area School District is looking to fill the following coaching positions for fall 2019.

Newfound Regional High School is looking for a unified soccer coach and a JV field hockey coach.

Newfound Memorial Middle School is looking for boys' soccer, girls' soccer, head football, assistant football and two volleyball

coaches.

If interested, please send a letter of intent, resume, and names and phone numbers of three references to Stacy Buckley – Superintendent, Newfound Area School District, 20 North Main St., Bristol, NH 03222

Questions should be directed to Alex Sobolov, Athletic Director at asobolov@sau4.org or 744-6006, x1507.

DJ Johnson

Parent Partner/Recovery Coach



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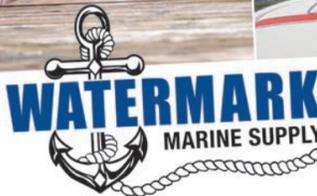


at Dartmouth-Hitchcock Hospital
Mechanic Street
Lebanon, NH 03766

at LRGHealthcare
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