

Area schools compete at robotics competition

BY DONNA RHODES
drhodes@salmonpress.news

HILL — Robotics teams from 19 of New Hampshire's middle and elementary schools met at Jennie D. Blake School in Hill last Saturday morning for their first ever Vex IQ Robotics Ringmaster competition where the students faced a series of challenges based on their research, engineering, programming and technical talents.

Among the local participants were teams from Jennie D. Blake School and Inter-Lakes Elementary School.

JDB's principal Dr. Brian Connelly said he was thrilled to host the first ever elementary and middle school robotic event.

"The kids were really excited about this," he said. "We've been transferring robotic engineering skills into academics where kids



Four teams from Jennie D. Blake School in Hill were proud to be part of the first ever Vex IQ Robotics competition, hosted at their school. Joining the teams for the photo were event organizers Pam Kelly (far left) and David Kelly (far right).

are thinking critically and collaborating with one another in the process."

David Kelly of Manchester Community College, along with his wife Pam, have been

instrumental in bringing statewide robotics programs to children at the elementary and middle school level. Connelly said thanks to them a state grant has brought robots into as many as 70 New Hampshire schools so far and the couple has even provided hands on support for the program.

"Robots are the future. It's nice we've been given this opportunity to build skills for the real world for our students," said Connelly. "Besides the grant, Dave and Pam have spent time here helping bring this program forward and we're very fortunate to have them on board."

As part of the VEX Robotics IQ program, SEE **ROBOTICS**, PAGE A13

Bristol Town Warrant takes shape

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — Selectmen will be finalizing the Town Meeting warrant next week, including the final wording of an article to build a new town hall and renovate the police station.

The draft warrant seeks an appropriation of \$2,650,000 for the final design and construction of the town hall and the renovation of the Bristol Municipal Building to accommodate the needs of the police department. That number is reduced from the \$3.5 million project cost presented at the last public hearing.

Selectmen plan to apply \$400,000 from the unreserved fund balance to reduce the amount that would have to borrowed to \$2.25 million, a figure

that Selectman Don Milbrand said would have very little effect on the tax rate. As a member of the Capital Improvement Plan Committee, Milbrand said they calculated that they could add \$1.5 million to municipal debt without increasing taxes at all as current debt is retired.

Residents attending the two earlier presentations on the building project complained that it was too expensive for a town whose median income is well below the state average and with a large elderly population. The result, said Chairman Rick Alpers, is a box that contains the necessary space for town offices but eliminates the lobby and larger meeting room that the town originally sought from the

project.

"The most extravagant thing is an elevator," he said.

The new plans also fail to address most of the needs that prompted the building project: inadequate space for the police department.

"The whole reason was to solve the problems of the police department, and this doesn't do that," Alpers said. "We're still not addressing our needs. I support what the committee did and know we can't do everything at once, but let's not lose sight that there's more to be done."

Another article would add \$53,000 to the \$80,000 Bristol received in a highway block grant from the state to allow the town to do sidewalk

SEE **WARRANT**, PAGE A13



Eli Schaffner, one of three new officers hired for the Bristol Police Department, takes the oath of office before Town Clerk Raymah Simpson

Bristol police force nearly at full staffing

BY THOMAS P. CALDWELL
Contributing Writer

BRISTOL — With three new police officers sworn in last week and the search for a new chief narrowed to two candidates, the Bristol Police Department is nearly back to full staffing.

Town Administrator Nik Coates said

the town received 28 resumes for the chief's position and the search team focused on five of them — three from New Hampshire, one from Maine, and one from Massachusetts.

"They were all very different, some with lots of experience and some rising stars," Coates said.

The candidates faced three panels as the search team sought to winnow out those who did not meet the mark.

"The prevailing thought," said Coates, "was that we're not going to settle on someone if they're not the one to hire. We're not going to hire just to hire; it needs to be a leader."

The town has been operating without a police chief since the resignation of Michael Lewis on Oct. 4 after selectmen had placed

him on administrative leave on Sept. 5. Lieutenants Kris Bean and

SEE **POLICE**, PAGE A13

Danbury police searching for missing signs

BY DONNA RHODES
drhodes@salmonpress.news

DANBURY — Police in Danbury are looking for a few good signs — namely, several street signs that the town's highway department recently found missing from nearly all the side roads off Waukeena Lake Road.

"Not only does this cause an unnecessary added expense [just these missing signs will be over \$300 for the town to replace], but it also becomes an issue of public safety when the Fire & EMS can't locate your house because the



A number of street signs have come up missing in the Town of Danbury and while it may have been thought of as a prank by the perpetrators, it is no laughing matter to emergency responders who rely on those signs to help residents in a time of need.

street sign is missing," the department posted on social media earlier this week.

And while local emergency responders may recognize an address, it's not

always a local agency that will be called upon to respond to an emergency.

"We often rely on Mutual Aid from surrounding towns to help us," Danbury Police said. "If you require an ambulance, we contract with Bristol for that service. If Bristol is unavailable, sometimes Grafton or New London will be coming to assist, or if Danbury PD is not available to answer your 911 call because we are tied up in court or at another call, N.H. State Police or a Mutual

SEE **SIGNS**, PAGE A13

INDEX

Volume 5 • Number 4

Opinion.....	A4-A5
Obituaries.....	A6
Towns.....	A6,A7
Churches.....	A7
Arts & Ent.....	A9
Health.....	A9
Sports.....	A15 -A17 & A20
Classifieds.....	A18-A19

20 pages in 1 section
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2018 Keep The Heat On event brings in more than \$55,000

BY DONNA RHODES
drhodes@salmonpress.news

PLYMOUTH — A night Under the Big Top warmed hearts and homes last week when the Plymouth Area Democrats (PAD) hosted their 14th annual Keep the Heat On fundraising dinner and auctions.

The event was held for the first time this year at The Common Man Restaurant in Plymouth, and the reception for the new location was very well received.

“This new venue is working out really well, I think. We’re grateful to Plymouth State for hosting us for many years but Alex Ray offered the Common Man facilities to us and we thought we’d give it a try,” said Val Scarborough of PAD.

Setting the scene for this year’s theme were decorations by Fran-



Members of Plymouth Regional High School’s National Honor Society took a break from serving h’orderves at the 14th annual Keep the Heat On dinner and auction to pose beside the cut-out of a circus elephant, part of this year’s Under the Big Top theme. From left to right are seniors Abi Sutcliffe, Ben Olmstead, Logan Hillger and Sam Van DeMoere.



With the festive theme of Under the Big Top, colorful balloons and fine foods from local restaurants brought a lighthearted circus atmosphere to the 14th annual Keep the Heat On fundraising dinner last week.



Valerie Scarborough and “Raffle Ticket Salesman Extraordinaire” Doug Smith were all smiles Under the Big Top, the theme for the 14th annual Keep the Heat On fundraising dinner in Plymouth last Wednesday night.

like a circus tent. In the opening hours of the evening, there were buttery popcorn carts, trays of cheese and crackers, and students from Plymouth Regional High School’s National Honor Society strolled the crowd passing out a variety of h’orderves. The musical talents of local pianist Dave Lockwood provided background entertainment. The ongoing silent auctions offered more than 134 items for people to bid on early on in the night. There were

SEE KTHO, PAGE A14

Heart Centered Multi-Age Preschool to hold open houses

BRISTOL — Heart Centered Multit-Age and Nature Preschool invites visitors to tour and learn more about our educational options for children ages three to seven. 2018 Open House dates are Saturday, Feb. 10 and Saturday, March 17 at our Central Square location in Downtown Bristol. Teachers and current parents will be available to discuss what makes Heart Centered Multi-Age and Nature Preschool such

a special place within our community. In 2018, Heart Centered Multi-Age will be offering a variety of full and part time options for families. A Heart Centered education connects children with peers, teachers and community. Stu-

dents develop their own unique potential that will further motivate their exploration of the world. Heart Centered Multi-Age and Nature Preschool promotes an environment of honesty, generosity and harmonious

SEE TOURS, PAGE A14

Progressive minds to gather in Plymouth on Feb. 3 to layout midterm strategy

PLYMOUTH — Leaders from the New Hampshire Democratic Party are coming to Plymouth for a County Summit that will be packed with training and discussion relevant to strategic planning for 2018 elections! The focus will be on the organizing skills that will lay the founda-

tion for success. There will also be opportunities for open discussion, so please join us as we brainstorm about 2018 Strategic Plan. The Northern Grafton Summit will be held at the Plymouth Regional Senior Center on Saturday, Feb. 3 from 9 a.m. to noon.

Joyce Weston, Chair of Plymouth Area Democrats, recently wrote, “We need help from people who have a commitment and passion to progressive Democratic ideals. We want seasoned campaigners to come, but this time bring a new face, whether young or old or in between. We want to see students get involved and also those who have never before worked on a campaign. We want everyone who has just HAD it with the administrations in Concord and Washington to give us one Saturday morning of their time. Be there!”

Do you have ideas on how to use Twitter, Instagram, or Facebook to get the progressive message out? Want to get involved in more traditional campaign activities? Either way, we need you! According to Sue Ford, NHDP Grassroots Chair and former House Democratic Floor Leader, “We have the momentum, we are fine tuning our skills, and we are building our capacity in every town and county.” The Plymouth Area Democrats will host the summit, and invite everyone who’s interested to attend. For more information, call Joyce Weston at 536-2856.

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Town of Alexandria

First Day to File for Candidacy
January 24, 2018

Positions to be filled this year:

• Selectman	3-year term
• Town Clerk/Tax Collector	3-year term
• Cemetery Trustee	3-year term
• Trustee of Trust Funds	3-year term
• Planning Board	3-year term
• Planning Board	3-year term
• Town Moderator	2-year term
• Supervisor of Checklist	6-year term
• Road Agent	3-year term
• Budget Committee	3-year term
• Budget Committee	3-year term
• Budget Committee	2-year term
• Budget Committee	2-year term

Last Day to File for Candidacy
February 2, 2018

Town Clerk’s Office will be open from 3 to 5 pm on Friday, February 2, 2018

TOWN OF HEBRON

RESIDENTS

Registered voters wishing to file for Town Official positions to be voted at the March 13, 2018 election must file a Declaration of Candidacy with the Town Clerk between Wednesday, January 24 and Friday, February 2, 2018 during town clerk office hours or from 3:00 to 5:00 p.m. on Friday, February 2. Positions to be filed for are:

Moderator: two-year term
Selectman: three-year term
Supervisor of the Checklist: six-year term
Town Clerk: three-year term
Tax Collector: three-year term
Library Trustee: three-year term
Trustee of Trust Funds: three-year term
Auditor: two-year term

Per RSA 669:19, candidates who file on the last day of the filing period must do so in person.

Tracey Steenberg, Town Clerk
Office Location: 7 School Street, Hebron
Office Hours: Tuesdays 3:00-8:00 PM,
Saturdays 8:30-11:00 AM
(603) 744-7999 or clerk@hebronnh.org

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THE POST PG-13 Fri.-Sat.: 1:00, 4:00, 7:00, 9:30 PM Sun. & Mon.: 1:00, 4:00, 7:00 PM Tues.-Thurs.: 4:00, 7:00 PM	PADDINGTON 2 PG Fri.-Sat.: 12:30, 3:30, 6:30 PM Sun. & Mon.: 12:30, 3:30 PM Tues.-Thurs.: 3:30 PM

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Colin Foster wins New Hampton Community School spelling bee

NEW HAMPTON — Colin Foster, son of Eric and Nora Foster, a student at New Hampton Community School (NHCS), was crowned top speller on Friday, Jan. 19. The third-grader won the school bee in round 22, with third-grader Benjamin Gilbert coming in second. Colin will go on to compete in the New Hampshire State Spelling Bee next month. The spelling bee was held at NHCS and

was judged by community members, Theo Denoncour, Christine Hunewell, and Joanne Acheson. The event was sponsored by the NHCS Parent Teacher Organization and organized and facilitated by NHCS faculty. Colin will compete on Feb. 24 in New Hampshire Union Leader sponsored state preliminary round of the Scripps National Spelling Bee, held at the Capital Center



Benjamin Gilbert (first runner-up, Grade 3) and Colin Foster (spelling bee winner, Grade 3).

for the Arts in Concord. Nearly 200 of the state's top spellers are expected to compete. The state winner will be eligible to compete at the Scripps Na-

tional Spelling Bee in Washington, D.C. in May. Information about the NH Spelling Bee can be found at www.unionleader.com.

Let your inner super hero shine at Voices Against Violence Winter Ball

BY DONNA RHODES
drhodes@salmonpress.news

PLYMOUTH — Super Heroes of all kinds are invited to gather at the Common Man Inn and Restaurant on Route 3 in Plymouth on Saturday, Feb. 10, when Voices Against Violence will celebrate all the good that heroes bring to the world around them at their annual Winter Ball. Advertising for the dinner/dance states that “You don’t have to wear a cape to be a super hero,” and that is the message that Voices Against Violence Executive Director Meg Kennedy Dugan wants everyone to keep in mind.

“This is just our way to recognize all the everyday heroes among us who do so much for their communities,” she said.

Whether dressed as a comic book super hero (and she promises their will be a few), an historical figure or someone meaningful in their personal lives, she and her staff invite all to take part in their annual fundraising event.

“You can just come in flannel and jeans if you prefer; it is winter in New Hampshire after all. Your presence is what matters most to us,” said Dugan.

A silent auction with approximately 125 items, including crafts, gift cards to local businesses and

venues, wine baskets, jewelry and other great items will be a part of the night, along with a photo booth and many more fun features.

Dinner will be provided through Common Man Restaurant while dancing to DJ Jim Tyrell will help make it a great night out on the town.

“Jim will be playing everyone’s favorite songs over the years, so bring along your requests,” Dugan said.

Headlining the evening will be the presentation of the Beverly Seavey Community Service Award that will be presented to an individual who has gone above and beyond the voices in our communities, she added.

Seavey was one of the founders of Voices Against Violence who sadly passed away in the last year. Dugan said that Beverly’s family will help announce this special award as they celebrate the Super Hero she was in the community.

Tickets for the Winter Ball are \$55 per person and are now available online at www.brownpapertickets.com under the tag of “Voices Winter Ball.”

“Seating is limited, so now is the time to get your tickets before they sell out, and we look forward to seeing everyone there,” said Dugan.

Project Promise at Bridgewater-Hebron Village School

BRIDGEWATER — Project Promise at the Bridgewater-Hebron Village School runs from the end of the school day to 5:30 p.m. B-HVS averages between 20-25 children a day, but has an enrollment of 50 children overall at this time. There are up to four staff working with the children at any given time. Children check in and start with a healthy snack that meets the



Project Promise at the Bridgewater-Hebron Village School runs from the end of the school day to 5:30 p.m.

USDA food guidelines for schools. They are given recess time and homework time as well

where they have the opportunity to work with staff if they need assistance. They are all required to work on their homework and do some reading during this time. Children then participate in hour long enrichment activities. This year, they have participated in activities like canvas painting, building fairy houses, CATCH kids (a physical activity program), book club, SEE PROMISE, PAGE A14

Biologists warn against providing food for deer

BY DONNA RHODES
drhodes@salmonpress.news

REGION — Temperatures and wind chills have dipped below zero several days this winter and snow has been piling up, leading some residents to feel badly for the deer they enjoy seeing in their neighborhoods. Many even set out corn, apples and other foods on their property with the good intention of helping the animals get through the win-



(Left) Deer in Belmont were recently seen grazing on shrubs in a backyard, and while some people try to be helpful by providing apples or corn products for them to eat, biologists say the animals are much better off finding food on their own.

ter months. Providing food for the deer, however, is not a good idea, says New Hampshire Deer Project Leader Dan Bergeron. “We certainly don’t SEE DEER, PAGE A14

PSU begins ‘Granite Guarantee’ program to make college more affordable for NH students

PLYMOUTH — Plymouth State University (PSU) announced today that beginning with the 2018-2019 academic year it will offer the Granite Guarantee which, when combined with federal, state and institutional aid, will cover full tuition for first-year New Hampshire students who are federal Pell Grant eligible. First offered last year by the University of New Hampshire, the Granite Guarantee gives qualified New Hampshire students a chance to fulfill their dreams of achieving a university degree while paying no tuition for their four years at Plymouth State.

“At Plymouth State University, we firmly believe that financial resources should never prevent someone from obtaining a life-changing university education,” said Donald L. Birx, Ph. D., president, Plymouth State University. “The Granite Guarantee at Plymouth State is an important step in making a university degree accessible and affordable for federal Pell Grant-eligible New Hampshire stu-

dents.” To qualify for the program, students are required to remain enrolled full time, remain income-eligible, and make satisfactory academic progress toward a degree, as defined by PSU’s academic standards. In addition to the Granite Guarantee, Plymouth State recently introduced a new financial aid process that

offers current students an opportunity to have their financial aid packages reviewed. Students who have exhausted all financial resources available to them and their families through grants, scholarships, loans and other sources will now be able to request additional resources from the University. “It is crucial that we also work with our cur-

rent students and their families to assure that they have the financial resources to stay at PSU and complete their degrees,” said Birx. Information about the Granite Guarantee and other financial assistance available to current and prospective Plymouth State University students and their families is available at www.Plymouth.edu.

Forrester to speak about tax reform at PSU

PLYMOUTH — This Thursday, Jan. 25, from 8-10 a.m., Republican State Committee Chair Jeanie Forrester will be giving a presentation at Prospect Dining Hall on the campus of Plymouth State University

followed by a discussion about upcoming tax reform and how it will impact Central New Hampshire. Forrester will also be talking about health care reform as well as veteran outreach in the area.

There will be a networking period prior to the event as well as breakfast buffet. Following the presentation, Forrester will be answering questions related to tax reform and the economic outlook for the area.



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Monitoring the future

BY DEB NARO
Contributor

Monitoring the Future (MTF), conducted by researchers at the Institute for Social Research at the University of Michigan at Ann Arbor since 1975, is one of three major surveys supported by the U.S. Department of Health and Human Services that provide data on substance use among youth. The others are the National Survey on Drug Use and Health and the Youth Risk Behavior Survey. The survey measures how teens report their drug, alcohol, and cigarette use and related attitudes in 12th graders nationwide. Eighth and 10th graders were added to the survey in 1991. Overall, 43,703 students from 360 public and private schools participated in this year's MTF survey. The following relates some of the survey data results.

Marijuana: The 2017 survey confirms the recent trend that daily marijuana use has become as, or more, popular than daily cigarette smoking among teens. In the past decade, daily marijuana use among 12th graders has remained relatively consistent, but daily cigarette smoking has dropped.

When combining responses in all three grades, data suggest past year marijuana use is up slightly to 23.9 percent, from 22.6 percent last year. The survey indicates that significantly fewer teens now disapprove of regular marijuana use, with 64.7 percent of 12th graders voicing disapproval, compared to 68.5 percent last year.

Illicit Drug Use: Overall, illicit drug use other than marijuana and inhalants, remains the lowest in the history of the survey in all three grades, with 13.3 percent of 12th graders reporting past year

use, compared to 9.4 percent of 10th graders and 5.8 percent of eighth graders. These successes underscore the importance of continuing evidence-based prevention programs targeting children approaching their teenage years.

Binge Drinking: After years of steady decline, binge drinking, defined as having five or more drinks in a row, appears to have leveled off this year.

“While binge drinking among eighth, 10th, and 12th grade students remains well below the levels seen a decade ago, the downward trend in binge drinking appears to have slowed somewhat in recent years,” said George F. Koob, Ph.D., director of the National Institute on Alcohol Abuse and Alcoholism. “This may signal a need for more emphasis on alcohol prevention strategies in this age group.”

Prescription Stimulants: Misuse of prescription stimulants, commonly prescribed for ADHD symptoms, is mostly stable compared to last year, with 5.5 percent of 12th graders reporting past year misuse of Adderall. In fact, this represents a significant drop for this age group from five years ago when misuse peaked at 7.6 percent. Past year misuse of Ritalin among 12th graders is at 1.3 percent, nearly a record low since 2001 when it was first measured at 5.1 percent.

Prevention works! If we can prevent youth substance abuse, we can prevent addiction and save many lives. For more information on ways to talk with your teen, visit the CADY Web site at www.cadyinc.org. If you or someone you know struggles with addiction or substance use, call the New Hampshire Statewide Addiction Crisis Line at 1-844-711-4357.

PET of the Week Serenity



Sweet Hound/Lab mix aged just about three years young seeks constant, loving home.

We say ‘constant’ because lovely Serenity has endured a bit of a whirlwind before finally finding a set routine at New Hampshire Humane Society. She, like many dogs we have helped, represents the collateral damage of human lives gone awry and as is oft the case, family pets get caught up in the negative drama of our lives.

Serenity has travelled to the shelter under police escort more than once, more than twice, and finally for good when the



humans in her world simply could not provide the basics all

dogs need.

We want to see her in a home where

folks will allow her to unpack that overstuffed suitcase she’s been lugging around, one full of rejections, despondency, worry and fear. Preferably a home where she is the one and only would be ideal for this lovely black and white dog to truly flourish and blossom.

If you have the time to help her bond, the gentle, thoughtful patience to teach her what it really could be like to live up to her name: SERENITY, enjoying life in a loving home; then please come and visit her as soon as you can.

Call 524-3252 – check www.nhhumane.org

Letters to the Editor

Community Rights in the state of New Hampshire

To the Editor:

“The future depends on what you do today” These words spoken by Mahatma Gandhi remain relevant today as we continue to face political, social, economic and environmental injustice.

Throughout the state, there are serious and pressing concerns affecting many communities including Industrial Wind, the Northern Pass project, gas pipelines, water extraction, water contamination, immigrant rights, voting rights and so on. For far too long large for profit corporations and our political structure have trampled on our rights to local self government and subsequently, what happens in our communities.

I believe that in order to have a sustainable future it is imperative to be proactive and stand united in order to uphold our inalienable and inherent rights. How can we effect change? Well, Article 10 of the New Hampshire constitution states that government is instituted for the whole community and when government fails to provide for the health, safety or welfare of those they represent, those people have a right to change their system of government.

Several communities throughout our state have chosen local self governance in order to protect the health, safety and welfare of people and natural environment through passing a Rights Based Ordinance in their towns. These ordinances have been adopted to protect the communities interests by recognizing their right to exercise local lawmaking free from

state preemption.

Furthermore, NH Community Rights Network (NHCRN) has proposed the Community Rights Amendment, CACR19. A community rights amendment to the state constitution that would empower people and their local governments throughout the state with the authority to protect air, water, soil, local economies, natural resources and sustainable community choices from legalized harmful business activities when such activities violate fundamental rights of people, communities and nature.

The proposed amendment has support from both sides of the aisle. Rep. Ellen Read of Rockingham District 17 is the prime sponsor of CACR19 and explained that she is proud to sponsor the amendment to “ensure protections for the people and ecosystems of the Granite State that currently do not have governing authority over decisions that directly affect them.”

In order to have a sustainable future we need to be acutely aware of potential and/or existing harms to our health, welfare and safety of human and natural communities. NHCRN welcomes anyone who would like to learn more to visit

www.nhcommunityrights.org or email info@nhcommunityrights.org.

Respectfully,

Susan Ozkan
NHCRN Board
Alexandria

You helped Keep The Heat On!

Thirteen years, \$465,000-plus in fuel assistance funds

To the Editor:

It is with the greatest pleasure and excitement to announce that we surpassed our goal of \$50,000 at our recent Keep The Heat On event! Knowing that this region continues year after year to support this fuel assistance project is so gratifying and heart-warming. You have made a difference in so many people’s lives by helping them to heat their homes and receive services from PACC (Plymouth Area community Closet) during these cold winter months.

The outstanding volunteers on the committees that run this event are to be commended for their once again stellar commitment to this cause. Many generous sources are responsible for that incredible amount: over 25 restaurants donating food for over 200 guests; 140 auction items from area donors; more than 50 sponsors donating generous funds as a business or individual; the excellent coverage of this event through the Record Enterprise’s Editor, Brendan Berube; PRHS students helping that evening; use of the Common Man’s restaurant, staff and supplies, and then a huge outpouring of enthusiasm and generous spending from our attendees on Jan. 17 helping to fill up those near-empty oil tanks!

Our silent and live auctions had something for everyone and Terri Dautcher of Holderness was

fun, skillful and determined as our auctioneer to extract the highest bids on items from a safari to twelve months of desserts. It does take a village to make this event happen and we know the recipients of these funds are very thankful also. Our partner, the Plymouth Area Community Closet, pays an applicant’s fuel bill without any bureaucratic strings and with dignity. Our committee approved PACC to share these funds with their other programs, like Meals for Many, the food pantry, and financial assistance.

Changing to a new venue can be challenging, but the Common Man staff, under the professional guidance of Kali Foley, made it seamless. This region is fortunate to have Alex Ray, who so often gives and gives to groups helping to improve many lives. And over 25 restaurants donating food requires all of us to patronize them and “pay it back” for their efforts.

On behalf of so many people and the KTHO committee, we thank everyone who made this event successful again. We are truly a caring and generous region striving to make life a bit easier (and warmer) for others.

With gratitude,

Martha Richards, Chair
Keep The Heat On and its committee

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Remembering a close race I wouldn't want to run now

The year was 1960. I was a scrawny, 13-year-old kid lugging firewood into the kitchen one afternoon when the phone rang just before supper-time. Because I was there, I grabbed it.

It was Dave Patrick, a wildlife biologist for Fish and Game and a family friend.

"Let me speak to your mother," he said.

She wiped her hands on her apron, took the receiver, and then turned to me.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

"Mr. Patrick says that if you're clear you can come along and help him and Karl Strong trap deer tomorrow," she said.

Permission, I knew, was a given.

I had been tipped off on this little charade. Homework would wait and home chores were done. In fact, my pack



A Polaris snowmobile of about the vintage used in the Kilkenny forays. Early models had throttles that sometimes stuck and were infamous for running away from dismounted operators.

Strategies for Living

Created to be one

BY LARRY SCOTT

In the book of Genesis, chapter 2, we are told that God took one of Adam's ribs and from that created Eve as a much-needed helpmate and companion. Commenting on this event in The New American Commentary, Vol. 1, page 216, Kenneth Matthews notes that, "The building block for constructing the woman is a portion of the man's essential skeletal frame. ... The woman was taken from the man's side to show that she was of the same substance as the man and to underscore the unity of the human family, having one source."

The two were, indeed, one. She was created out of his very body, and, in intimate union, the two became "one flesh." Although each of us is a unique individual, a reflection of our parents, we are nevertheless a part of the human family that dates back to Adam himself. There is a "oneness" to the human family that, despite our individual differences, has much in common with that very first man.

The Apostle Paul picks up on this when, in the New Testament letter he wrote to the Corinthian church, he needed to address a moral issue that demanded attention. "Do you not know," he writes in chapter 6, verse 16, "that

one who joins himself to a prostitute is one body with her? For He says, 'The two shall become one flesh.'"

The problem, as Paul saw it, was much greater than the rampant immorality for which the city of Corinth was well known. The "oneness" and harmony within the family was at stake. Beyond the moral implications, Paul's concern was that illicit activity led to union in a way God never intended. In dealing with immoral activity, the issue here was far broader than its devastating effect on all involved.

This was just the point of I Corinthians 6. Specifically naming prostitution, homosexuality and adultery, these issues destroy the oneness God meant to be inherent in the human family from the very beginning. Man, we are told in Genesis 1, was created "in the image of God" and the human family was meant to reflect the harmony and the unity that existed in the Godhead between the Father, the Son and the Holy Spirit.

Sorry for a bit of theology there, but there was a divine purpose in the creation of man. The human family, in a very different way from the animal kingdom, was to reflect the love, the mutual respect, and the peace of God. The Apostle Paul saw this; aside

from being counter-productive, immoral activity destroyed the very purpose for which man had been created.

One need not look far to discover the tragedy of what rebellion against the divine pattern has brought about. Sin has marred the "product," and conflict, disharmony and rebellion has followed as a result. In marriage and in parenting, how different reality is from the dream. The state of the American family gives testimony to the tragedy that often follows when the divine pattern is ignored. Far from the disharmony, the divisiveness, and the conflict to be seen in so many families today, God meant for us to be one – together, in love.

You want to talk about it? Hit me up at rlarryscott@gmail.com.

Wintering deer congregate in yards, where mature softwoods shield against wind and snow, hardwoods are available for food, and well-trampled trails increase their chances of escaping coyotes and free-running dogs.

was packed.

At 4 a.m. the next morning, a truck pulled into the yard and I was out the door. Soon I was in the warm confines of a Fish and Game truck, sandwiched between two big (to me) wildlife guys on their way to see what the deer of the Kilkenny basin could tell them about the health of New Hampshire's deer herd.

As for me, I knew nothing at all about wildlife management (some say I still don't), and was just happy to tag along.

+++++

At that time, New Hampshire was in the midst of its highest-ever deer kills---10,000 one year, 12,000 the

next. Hunters, guides, lodge owners and the many businesses catering to hunters were happy, but biologists were not.

The high hunting season kill reflected a burgeoning deer population enabled by a succession of mild winters. In northern New England, winter is the great leveler concerning how many deer will be around in summer and fall. Road kills, free-running dogs, coyotes, disease and the hunting season all take their bites, but in the end the weather calls the tune.

Wildlife experts were worried about the boom-and-bust cycles in the deer herd. The state still featured just two hunting zones---one geared for the region north of the notches, the other for the two-thirds of the state to the south. Wildlife research and management were in many ways still in their infancy.

Karl and Dave had

been working with local game wardens and loggers to lure deer into places where they could be netted. They did this by felling middle-aged hardwoods and small spruce and fir near yarding areas. The deer were desperate to browse the growth-tips of hardwood limbs, and the tops of spruce and fir---all that were left, because the deer had eaten everything they could reach.

Softwood tips, I remember Karl and Dave telling me, are starvation food, about as much good to a deer as an apple is to a rabbit.

It's odd that I don't remember much about the netting procedure. All I know is that when we got to the study site, three or four deer were thrashing around in nets, visibly upset about things but otherwise seemingly okay. I helped wrestle these hapless animals to the ground so bone marrow, age, tempera-

SEE NOTEBOOK, PAGE A14

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Jason M. McDermott, 48

NEW HAMPTON — Jason M. McDermott 48, died at his home on Jan. 12, 2018 following a sudden illness.

Born in Laconia on Nov. 22, 1969, he was the son of Joseph F. and Joyce [Cutter] McDermott. He was a lifelong New Hampton resident, and he attended the New Hampton Community School and Newfound High

School.

Jason was self employed as a roofer and carpenter. He enjoyed hunting, fishing, and gardening. He was predeceased by his father Joseph F. McDermott, and his brother Joseph M. McDermott.

He is survived by his daughters, Marissa McDermott, and Jessica McDermott, both of Franklin; his

mother, Joyce McDermott-Boden of New Hampton; his brother, Jeffrey McDermott of New Hampton; and many nieces, nephews, aunts, and uncles.

Calling hours were held at the Dupuis Funeral Home, 11 Hill Ave. in Ashland on Sunday, Jan. 21, 2018 from 2-4 p.m. For more information go to dupuisfuneralhome.com

George W. Robie, 87

HILL — George W. Robie, 87, of Murray Hill Road, died Monday, Jan. 15, 2018 at his home.

He was born in Bristol on April 11, 1930, the son of Lawrence Robie and Mary Riley, and then spent his life in Hill. George attended Franklin High school.



George was predeceased by his parents, and leaves behind his wife, Denise Robie (Mahurin); his sons, Stephen and Thomas; his daughter, Cathy, and husband Wes Avery; and step children Marcia Motta (Mahurin) and Michael Mahurin, as well as a grandfather and great grandfather to many. He is survived by siblings Ruth Cross, Helen Smart, Dorothy Reinert, Julie loftus, and Mary Fuller.

He was predeceased by two brothers, Robert Robie and Raymond Robie, and Lawrence (Bim-

bo) Robie.

George worked in construction as a heavy equipment operator for most of his life as part of Local 98, and always enjoyed working his land. He loved physical labor and helping out anywhere he could.

George loved oxen like no other. George and his kids spent lots of time taking care of their two oxen, Billy and Bart. After retiring in 2001, his wife, Denise, gave him a two year old pair

of oxen, Buck and Tom. He became a member of the Association of New England Ox Teamsters for many years. George, Denise, Buck, and Tom spent many years attending fairs and events. The oxen happily lived until they were 17 years old.

Visiting hours were held on Friday, Jan. 19, 2018 from 5-8 p.m. at the Thibault-Neun funeral home at 143 Franklin St. in Franklin. A burial service will be held at Bunker Hill Cemetery in the spring / summer. In lieu of flowers, donations can be sent to the Hill Fire Department (Attn: Deanna Ford 30 Crescent St. Suite 5, Hill) or the New England Ox Teamsters Association (Attn.: Heidi Palmer, 73 Barstow Rd. Gorham, ME 04038).

For an online guestbook, please access neunfuneralhomes.com.

Peter A. Shepard, 47

NEW HAMPTON — Peter A. Shepard, 47, of New Hampton, Passed away Saturday, Jan. 6, 2018 in an unexpected house fire in New Hampton, his beloved dog Abby by his side.

Born Dec. 8 1970 in Laconia, NH. Peter was predeceased by his father Perley A. Shepard. Peter is survived by his mother Virginia M. (Webb) Wallace, Brothers John and William, Sister Debbie and 9 Nephews, 3 nieces, and 1 great-niece.

Peter was a graduate of Newfound Regional High School, class of 1989. Where he participated in Track & Field and Ski Jumping. After graduation Peter traveled to Florida where



he lived and worked for a number of years. Ultimately, Peter returned to his roots and moved back to the homestead working extensively as an Agriculturalist and Farmer. Peter created BrokenWheel Farm and was well known to the community for his Farm Stand where he sold a variety of items such

as fresh fruits and vegetable, farm fresh eggs in addition to his maple syrup and hay production. Peter had many diverse interests to include hunting, fishing, football, and renaissance festivals. Peter was also a member of the Ashland Community Church.

A memorial service was held for Peter on Jan. 20, 2018 at 2:00 pm at the Ashland Community Church in Ashland, NH 03217.

In lieu of flowers, donations can be made to the Ashland Community Church.

Graveside service will be held at the family cemetery on Beech Hill Road in New Hampton early this summer. All are welcome to attend.

Dupuis Funeral Home in Ashland is handling arrangements. For more information, go to dupuisfuneralhome.com.

Towns

Alexandria

Merry Ruggiello 744-5383
sunshine_eyes51@yahoo.com

The sunny warmer weather of the last few days has been most welcome. I hope you were able to get out and enjoy it. Won't be long and it'll be time to start looking through the seed catalogues for Spring planting, if you haven't begun already.

Town

Filing for Town Offices will begin on Wednesday, Jan. 24 through Friday, Feb. 2. The Town Clerk's Office will also be open from 3 until 5 p.m. on Friday, Feb. 2 for those wishing to file for Office.

Offices for election are as follows: Selectmen, 3 year term, one position. Trustee of Trust Funds 3 year term, one position. Cemetery Trustee 3 year term, one position. Town Moderator, 2 year term, one position. Road Agent, 3 year term, one position. Town Clerk/Tax Collector, 3 year term, one position. Planning Board 3 year term, two positions. Budget Committee 3 year term, two positions Budget Committee 2 year term, two positions. Supervisor of Checklist six year term, one position.

Jan. 27 from 11 to 11:30 a.m. and Feb. 3 from 2 to 2:30 p.m., the Supervisors of the Checklist will be in session at the Alexandria Town Hall, for additions and corrections to the checklist, in preparation for the Deliberative Session of the Town of Alexandria on Feb. 10 at the Alexandria Town Hall.

Conservation Commission Meeting Wednesday, Jan. 31 at 6:30 p.m. in the Municipal Building.

Alexandria UMC
Church Service Sunday, Jan. 28 at 9 a.m., with Sunday School at 10:15 a.m. Trustees will meet at 6:30 p.m. in the Vestry.

Reminder: We will be collecting non-perishable food goods the next two Sundays for Souper Bowl Sunday, which is Feb. 4. The "proceeds" will be donated to Community Services food bank.

Safe travels to Alex as she makes her journey back to Australia in the near future. It has been a pleasure having you visit, and look forward to seeing you again!

That does it for this week folks, now I need to

attend to grown up things like dishes and laundry. Have a great week!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Sunday worship at the South Danbury Christian Church will be at 11 a.m. on Sunday, Jan. 28. Everyone is welcome for worship, and for conversation and refreshments afterward.

The South Danbury Christian Church invites everyone to join us for a Valentine's Day Happy Hour on Friday, Feb. 9, from 3:30 to 6:30 p.m. Snow date-Saturday, Feb. 10. Warm up with a cup of mulled cider or cocoa and an apple donut. Grab a pie or two and some special baked goods for your Valentine. Browse the handmade crafts and buy a raffle ticket for a gorgeous quilt. Maybe take a moment to check out the progress on the historic preservation project. Then, head home for the weekend with delicious homemade, ready-to-eat-or-freeze meals. All proceeds benefit the Church Preservation Fund. Donations of baked goods and crafts will be gratefully accepted!

For more information, follow "Friends of the South Danbury Christian Church" on Facebook, email southdanburychurch@gmail.com, or call 491-3196.

Blazing Star Grange
The grange wishes to thank the many generous community members that donated to their neighbor winter survival fund. Community service chairman Lisa Windsor received nominations for families that could use a helping hand. 'It was heartwarming to see struggling community members themselves, reach into their pockets and donate to someone that needed help more. While some families need certain items, others were just given a boost of Danbury love via a grocery gift card or fuel purchase. While the funds are distributed for this year, community outreach is ongoing at the grange and community need suggestions are welcomed.

The Jan. 20 Stampin Up class held by Marie Polizzi at the grange's third Saturday workshop was attended by around 20 happy stamp campers. Marie will hold a second event at the Danbury Community Center on Sunday, Feb. 11 from 1-4 p.m. Register for this event with Marie by phone, 860-235-2429, or email marie.polizzi@gmail.com.

The second workshop at the grange hall was a funeral planning and burial workshop held by Chadwick's Funeral and Cremation Service of New London. The information provided was found to be very helpful to attendees. Marion Hafner, presenter, shared that over half of customers choose cremation with the majority of those purchasing an urn which is then buried in a lot. Attendees received

planning guides which puts information needed along with your choices in one spot where it can be accessed when needed.

Danbury Winter Farmers Market

The next winter market will be held on Saturday, Feb. 3 from 9 a.m.-1 p.m. Drop by the market to celebrate National Eat Ice Cream for Breakfast Day. Ice cream will be on the menu and there is a ready made excuse to indulge. The rest of the farmers market will continue as usual with locally produced and made products from farms, artisans and specialty food producers. Nannie's Canning Pantry and Deanna Pellegrino will return for February. Sadly, Marie Polizzi, cannoli and Italian cookie lady had to cancel for February but you'll see her in March. Customers can order in advance from participating vendors through the Danbury Winter Market page at harvestmarket.com. This is the way of making sure you get the flavor of pie you want from Huntoon Farm, the maple milk that is often sold out from Huckins Farm or those parsnips and mixed greens from Warner River Produce. Ordering began on Jan. 22 and continues until noon on Thursday Feb. 1.

Grange Danbury Business Meet and Greet

If you are a Danbury Business and you'd like to promote your business, sign up for a meet and greet to be held on Saturday, March 17 from 10 a.m.-noon at the grange hall. There is no charge to participate. Return the registration form which can be found at blazingstargrange.org.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

The Town Offices will be open for filing for candidacy for the upcoming Town Elections Jan. 24, 26, 29, 31 from 9 a.m. to 4 p.m., Tuesday, Jan. 30 from 2-4 p.m., and Feb. 2 from 9 a.m. to 5 p.m. The following positions are open: Select Board – one position for three years, Trustee of the Trust Fund – one position for one year and one position for three years, Town Auditor – one position for one year, Supervisor of the Checklist – one position for 6 years, Planning Board Member – two positions for three years, one position for one year, Zoning Board Member – Two positions for three years, Cemetery Trustee – one position for two years and one positions for three years, and Library Trustee – one position for one year and one position for three years.

There are also openings for the Conservation Commission which is an appointed position.

If you are interested in serving on any of these committees or running for any of these offices, please contact the Town Clerk's Office soon. Town Elections are March 13.

At the Select Board meeting on Jan. 16, two Intents to Cut were approved. One was a cor

SEE TOWNS, PAGE A7

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to:
obituaries@salmonpress.com

Wedding, engagement, and anniversary announcements are welcome at:
weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
with any questions regarding the submission process.

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Direct: (603) 677-9089

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Ashland Community Church

Ashland Community Church is located at 55 Main St., on Route 3 in Ashland (across from Shurfine Market). Parking is available next to and behind the church.

Sundays
9 a.m. — Early Worship Service, followed by coffee/fellowship in the church dining room.
9:25 a.m. — KidZone for K-grade six
Special Needs Ministry-high school-adults
11 a.m. — Contemporary Worship Service
11:15 a.m. — KidZone for K-grade 6
11:15 a.m. — Youth Sunday School
“Toddler Zone” is available at both services for infants to age five. Before the contemporary service, please join us for coffee and healthy snacks.

KidZone
Debbie Madden leads the K-sixth grade class. Kids will love the great videos and games that teach someone age appropriate lessons in a loving atmosphere.

Axyon Youth Ministry, for grades six through 12
Fridays from 6:30-8:30 p.m. at Mill #3 (39 Winter St.), just around the corner from the church. This youth ministry will be meeting every week, and is led by our youth and worship pastor, Aaron Stout, along with our volunteer youth leader staff. This youth group ministry is open to youth not only from Ashland, but surrounding towns as well. Spread the word and bring your friends.

Mondays
8 p.m. — Alcoholics Anonymous Group meets in the Church dining room.

It is our desire to help you understand God's incredible grace and love. If you have any questions, please call Pastor Ernie Madden at (office phone number) 968-9463. You can also e-mail him

Towns

FROM PAGE A6
rection/addition for map 2, lot 27 and a new intent for Victoria Mountain Way map 7, lot 46 for 160 acres.
A letter is being sent to the Governor's Office from the Select Board concerning the tax increase for our Town asking that the Governor look closely at this rate increase to see if anything can be done to avoid further increases. This same letter was sent to the local schools, State Senators and to the county since they were all factors of this increase. A copy of this letter will be posted for residents to see.
Robert Ellis is our new Road Agent, and will be working hard to keep roads clear. He has done a lot to get the Town Garage up and running again since the flood and met the Select Board and FEMA to see what help is available to offset the cleanup that took place.
Meetings and Closures Coming Up
The Select Board will

at accernie@hotmail.com or visit the church Web site, ashlandcommunitychurch.com.
We believe that you will love it at Ashland Community Church. We are a friendly, loving and caring church that studies and shares the word of our dear Lord and Savior. Our vision is to become a church that un-churched people will love to attend. Our mission is to lead people to live and love like Jesus, and to help others do the same.
Real church. Real people. Real simple.
We look forward to seeing you on Sunday. And remember, just come as you are! No perfect people allowed!

Plymouth Episcopal (Church of the Holy Spirit)

On this coming Sunday, our new priest, the Rev. Kelly Sundberg Seaman is celebrating a month with us. We are delighted to have her with us. Hope that you will attend a Sunday service to meet and get to know her. Our services are still the same: 8 a.m. at Griswold Hall, 263 Highland St., Plymouth, and 9:30 a.m. at St. Mark's, 18 Highland St., Ashland.

Annual Meeting
The Church of the Holy Spirit's annual meeting is set for Sunday, Jan 28, at Griswold Hall, beginning promptly at 11:30 a.m. Topics include accepting 2017 annual reports, electing a slate of 2018 officers for CHS, and remembering those of the parish who have passed into eternal life in the past year. Budget acceptance will take place at a later date.

ECW Meeting
On Thursday, Feb. 1, the Episcopal Church Women will meet in Griswold Hall for their monthly meeting. At this month's meeting we will have a potluck luncheon, followed by a regifting Yankee Swap. We would love to have our gentlemen friends join us.

be holding a Public Hearing on Feb. 6 to go over the budget
Select Board Work Session - Feb. 6 at 5 p.m. and Feb. 20 at 5 p.m., all at the Town House
The Conservation Commission will be meeting on Thursday, Feb. 8 at 7 p.m. in the Town House.
The Planning Board will be meeting at the Town House on Wednesday, Jan. 31 at 7 p.m.
The Select Board will be closed on Feb. 7.
The Town Offices will be closed Feb. 19 all day for President's Day Holiday.
Dates to keep in mind for the coming year
Town Elections – March 13 the Town House is our polling place and the polls will be open from 11 a.m. to 7 p.m.
Town Meeting – March 17 at the Town House
Dog Licenses are due by April 30. We have the new tags in and you can license your dog anytime with a current rabies certificate.
Filing period for the

Donate to Local Food Bank
Where did we see you hungry, Lord, and feed you?
Local Food banks are always in need of donated canned goods, and CHS has a collection basket at Griswold Hall for you to donate! Think of what one can of soup or fruit a week from each of us could do! You may bring items directly to the Food Bank (located at the Community Closet, across the street from Rite-Aid) on Tuesday and Thursday mornings from 9-11-or place items in the basket in Griswold Hall, and Kathy Lennox will collect all items and take them to the Food Bank weekly.

Holy Trinity (Roman Catholic)

If there is inclement weather and schools are cancelled, there will be no daily Mass or Adoration. Please check WMUR before leaving the house to go to Mass.
Catholic Daughters Cabin Fever Supper Saturday, Feb. 10 after the 4 p.m. Mass St. Matthew Hall Come on over for some great food and an auction, and gift baskets!

Parish Newsletter & Parable Magazine Email and Mailing Addresses Needed
Registered parishioners are offered the parish newsletter and Parable magazine. If you are registered and are not receiving one of these, it is possible we do not have your current mailing address (Parable), or email address (parish newsletter). To rectify this, simply send along your email address and/or mailing address to Chris at the Bristol office at holytrinitybristol@gmail.com. You will be on the list for the next issue of both!

Looking Ahead
Ash Wednesday Mass Schedule Wednesday, Feb. 14
8 a.m.: Our Lady of Grace Chapel
Noon: St. Matthew Church Noon: Our Lady of Grace (NAC Service With Ashes)

Newfound Area School District Positions – Jan. 24 through Feb. 2 at 3:30 p.m.
School Board – Groton for a 3 year term
Budget Committee – Groton for a 3 year term.
First Deliberative Session will be held at the Newfound Regional High School on Feb. 3 at 10 a.m. (snow date Feb. 5 at 6:30 p.m.).

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7 p.m.: St. Matthew Church
Kairos Prison Ministry Men's Weekend
The Kairos ministry is a three day weekend where a team of men goes into the state men's prison and through talks, prayers, meditation and songs helps the residents understand that God truly loves them. They also learn about forgiving others that have harmed them and forgiving themselves. The team brings approved supplies and food for the residents during this wonderful weekend. The next men's weekend is May 17-20. If you are interested in becoming a part of the men's team, or supporting the work we do, please all Dave Hemeon at 671-8063.

The Cornerstone Sisters invite you to join them at the Cornerstone Women's Retreat Friday to Sunday, April 27–29, 2018 at the Silver Fox Inn in Waterville Valley. To register, please contact: Marilyn Olivier at 786-9726.

Eucharistic Adoration
Can You Help? We are in need of prayers at St. Agnes on Thursdays for Eucharistic Adoration. Help is needed at the following times: 8:30 – 10 a.m. every week. 5 – 6 p.m. every week. If you could help out at any of these times, please call Sandy at 536-4700.

Weekly Meetings Thursday, Jan. 25
Day Away Program, Simard Hall, 9 a.m. - 3 p.m.
Men's Group, North American Martyr's Oratory, 10 a.m.
Boy Scout Meeting, St. Matthew Hall, 6 p.m.

Friday, Jan. 26
RCIA, St. Matthew Rectory, 6:30 p.m.

Sunday, Jan. 28
No Faith Formation classes
No Confirmation classes
~AA meeting Monday– Saturday St. Matthew Hall 11 a.m.

Restoration Church, Plymouth (Assemblies of God)

Happy New Year and greetings from Restoration Church Plymouth located at 319 Highland Street, Plymouth, NH 03264. If you do not have a home church we invite you to come and join our warm and friendly fam-

ily here at Restoration Church. Please feel free to contact us at hello@restorationchurch.cc.. Our church phone number is still the same, 1-603-536-1966. Our schedule has changed to the following:
Sunday: 10:30 a.m. Morning Service
Monday: First and third Monday of the Month
Noon-2 p.m. Helping Hands Food Pantry
Friday: Second Friday of the month
6 p.m. Food, Fun, Fellowship
On Sunday, Nov. 5 we officially launched as Restoration Church Plymouth. More details about this service will be included in the next article. We also started a new series entitled, Stories. We will be continuing this series this week as well. We have our own worship team during our services in our auditorium and then we watch as a Pastor Nate Gagne preaches via video during our service.

Our Mission Statement: Just One More!
Everyone is welcome to all of our services. The church is handicapped accessible on the east entrance.

Star King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship, 101 Fairground Rd., Plymouth, is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Jan. 28
Nursery and Religious Education – 9:30 – 10:30 a.m. – Contact: Jane Clay, DRE

Service 9:30 – 10: 30 a.m. – The Gift of the Open Question
Rev. Dr. Linda Barnes, Worship Leader
Sarah Dan Jones, Music Director, and Choir

Something expansive happens when we listen deeply to one another. In long-term relationships, friendships, and even in random encounters with people we scarcely know, a single open question has the power to transform. Join us this Sunday as we explore the spiritual practice of honest curi-

osity and deep listening.
Visit our Web site
www.starrkingfellowship.org
536-8908

Awakening to Whiteness - Join us for a four week-study in what it means to be white, what is a white culture, and why it matters. Whether you feel enlightened or ignorant about race issues in our country you are welcome. Light homework required and improvisation with good humor mixed in. Our goal includes the opportunity for all of us to experience a shift in understanding culture, race, and what it means to be white. Because of the nature of our work we hope that you commit to all four sessions. If you know that you will miss one session and still wish to attend, we ask that agree to participate in the first session. Look for a sign-up sheet in the Foyer.

Dates: Feb. 4, 11, 18 and 25 (all Sundays)
Time: 2–4 p.m.
Place: Starr King UU Fellowship, Plymouth
Leaders: Rev. Dr. Linda Barnes and Cindy Spring

Share-a-Book here! You can give books in Spanish to the families in Nicaragua to remember anyone in your life who values books and reading!
Give to Share-a-Book now or in January. We will see that every dollar will go to books for the children of Compas de Nicaragua. These families have no other library! See Margaret Salt or Danni Simon with questions.

Did you know? You can now donate to our monthly outreach from our webpage http://starrkingfellowship.org/ You can easily donate anytime. Just click the Donate button found on the Web page.

The Next Meeting of the Wise Women in Training is to be held on Wednesday, Feb. 14 from 10:30 a.m. to noon.

The Activities Committee encourages you to participate in the abundance of interesting events happening in the area. Please take a look at the Activities board outside the Fellowship Hall, pick up the latest copy of our monthly newsletter in the foyer, or visit the Events Page on our Web site: www.starrkingfellowship.org. Contact Mitch Manseau for further details.

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February classes at Artistic Roots

PLYMOUTH — On Feb. 7, 14, and 21, Marcia Santore will teach a series of classes, “Getting to Know Acrylics,” from 10 a.m. to noon at Artistic Roots, an artists’ cooperative located at 73 Main St., Plymouth. The class will learn how to use acrylic paints by experimenting on paper. This is a low-pressure class – dress to get dirty! You will explore the different media that make acrylic paint so versatile, try out brushes and other ways to get the paint on the surface, and see what acrylics can do.

On Feb. 12 from 5-7 p.m., Suzan Gannett will offer a Zen Doodle

Mandala Class. She will teach students to incorporate Zen doodle designs into a beautiful mandala design. Cost of the class is \$20 for members and \$25 for non-members.

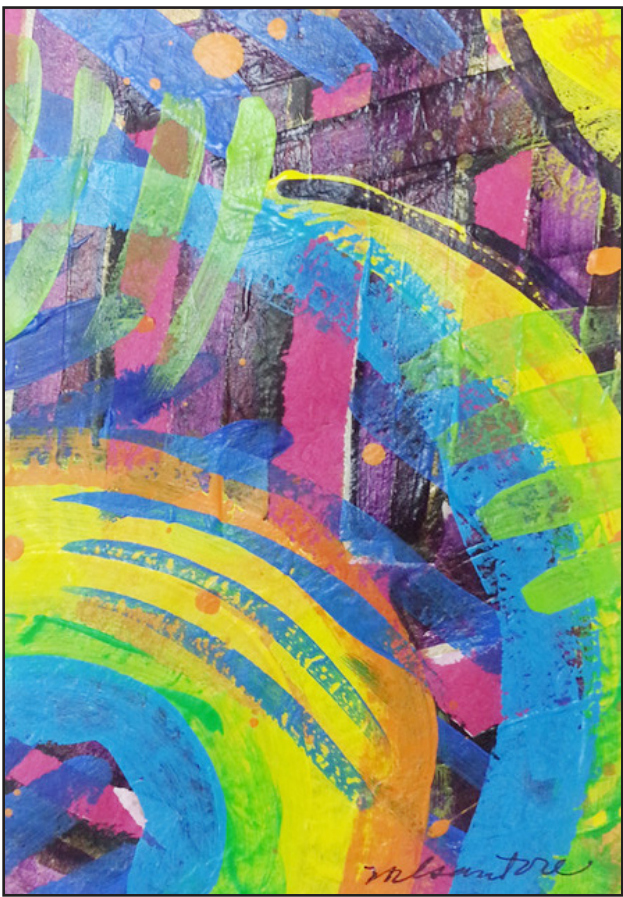
On Feb. 15, Lynn Haust will offer a Melted Glass Sun Catcher Class from 5-7 p.m. Participants will create beautiful glass designs to place in a window and catch the light. They can also make a nightlight. Students will learn to use stringers, frit and how to cut and place glass. Cost of the class is \$25 for members and \$35 for non-members.

Suzan Gannett will be teaching a series

of Watercolor Classes in February featuring Winter Farms. The classes will be held on Feb. 6, Feb. 12 from 10 a.m. until noon. The class will feature farms in winter.

Each month, Artistic Roots also offers an open knitting class held weekly on Sundays from 2-4 p.m., sponsored by fiber artist, Polly Bartlett. This class is free and all are welcome to attend.

All classes are offered in our newly renovated studio. Come and see what a great space Artistic Roots has for offering art classes to our communities. Please note that until a class is paid for,



COURTESY

(Left) Artist Marcia Santore will offer a series of workshops at Artistic Roots, “Getting to Know Acrylics.” Her classes are on Feb. 7, 14 and 21 from 10 a.m.-noon. Cost of the series is \$75 for members and \$90 for non-members. Stop by the gallery at 73 Main St., Plymouth, to sign up for this fun class.

you are not officially enrolled. All classes should be paid for at least by the day before the class.

Become a Supporting Member! The cost is \$25 annually and you receive a discount on all classes offered at the gallery. Artistic Roots is on 73 Main St. in Plymouth. You can register for classes by stopping by the gallery or phoning 536-2750.



COURTESY

Fred Kelsey has been woodturning since 2012. His work will be at Artistic Roots as part of our Visiting Artist’s Program beginning Feb. 1. We will have a Welcoming Reception on Feb. 15 from 5-7:30 p.m. All are welcome and refreshments will be served.

Artistic Roots welcomes new visiting artists on Feb. 1

PLYMOUTH — Artistic Roots, located at 73 Main St., Plymouth, welcomes four new artists to the Visiting Artist Program. An Opening reception will be held on Feb. 15 from 5-7:30 p.m., and all are welcome to attend. Refreshments will be served. Artists include: Amy McEnaney, potter; Samantha Labens, painter; Amy Thurber, Cards and Journals; and Fred Kelsey, woodturning.

Amy McEnaney developed a love for ceramics, particularly wheel throwing at Plymouth State University. She owes her love of this medium to Sue Tucker, her instructor. An art educator for eight years, she left teaching to start a family and at that time created her own studio to both teach small

groups of students and to create. She is excited to share her work with the Plymouth Community. For her, wheel throwing is relaxing and a connection to nature. She finds great satisfaction in making functional work that can be enjoyed daily. Bisque ware is like a blank canvas on which to explore the endless color possibilities!

Samantha Labens is a senior political science student at Plymouth State University. She is glad to have this chance to share a passion that she has for something outside of the class room. This is just the beginnings of what she hopes is a life long pursuit in advancing in the arts.

Paper Artist, Amy Thurber lives in Canaan, a small town near Dartmouth College. When

she is not creating, she serves as a real live town Librarian! She started 43Cards in 2009 as a way to be creative, to play, and to encourage people to stay close to their friends and families by writing notes and sending letters through the mail. Creating notebooks and journals grew out of her love of making cards. She likes the larger format and everyone needs a place to write; whether they use a notebook as a planner, for grocery lists, or as an art journal. She also creates wedding albums, guest books, and photo albums. She describes her style as clean but messy, simple but funky, new but vintage; you know; cool!

Fred Kelsey, a Plymouth resident, has been

SEE ARTISTS, PAGE A14

Eating disorders in the elderly

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

For many years, it was suggested that eating disorders existed almost exclusively with younger age groups, such as adolescents and teenagers. It’s only been in the last decade or so that medical experts have come to discover that these problems are not exactly unique to younger people. In fact, eating disorders, namely anorexia and bulimia, are also quite common among one group in particular: aging adults.

Different Impact as We Age

This may come as a surprise, especially when one considers the contributors of eating disorders in younger groups, such as low self-esteem and negative body image – factors that we don’t usually associate with older adults. But we shouldn’t forget that, for younger people, these feelings don’t simply manifest from thin air. They’re often brought on by external stressors, like bullying. It’s no different for older adults, expect that the stressors are often dramatic life events, such as the death of a spouse, a serious illness, or a debilitating injury.

What also separates

eating disorders in the elderly vs. younger people is that the resulting damage is much more severe. Natural aging processes already make the body more fragile and less resilient – and nutritional deprivation will ultimately increase a senior’s risk of developing everything from osteoporosis to sarcopenia.

Signs of an Eating Disorder

Despite its prevalence in the aging community, eating disorders often go unnoticed by family caregivers because the symptoms may be similar to those found in the aging process. In many cases, it simply doesn’t occur to the family caregiver that the root cause may be an eating disorder. However, it’s imperative for family caregivers to recognize the signs of eating disorder. Below are a few to look out for:

- Fluctuations in weight, especially in a short span of time
- Constant stomach problems
- Stained or discolored teeth
- Dramatic weight loss
- Change in behavior, especially during/after meals
- Going to the bathroom immediately after meals

- Extreme sensitivity to cold

Having the Discussion

If you’ve identified that your loved one may be suffering from an eating disorder, plan out how to approach the issue. First and foremost, find a good time to talk in private and be upfront about what you’ve observed and why you’re concerned. Secondly, anticipate that there will be some resistance and denial. It’s no easy task to admit when we have a problem, and it’s natural to become defensive.

Let it be known that you are always available to discuss next steps and ready to help find treatment (if necessary). Most importantly, when discussing an eating disorder with a loved one, be sure not to trivialize the problem, but also don’t pretend to understand exactly what they’re going through. Simply keep the lines of communication open, and offer your support.

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SEE EATING, PAGE A14




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The importance of staying active for seniors in assisted living

As seniors age, it's important for them to stay active to help maintain their health and mobility. Physical therapy is a great way for seniors to maintain a more active lifestyle as it can help them retain their independence and increase their strength and balance. It can also help manage long-term illnesses and alleviate pain from arthritis, hypertension and other disorders.

At Golden View Health Care Center's assisted living options, seniors take advantage of our in-house therapy program where they work with physical therapy, occupational therapy, and speech therapy. These therapies can help with managing long-term illnesses, as well as help maintain balance and strength, and can be accessed on a long-term or short-term basis. Not all assisted livings have this added benefit so it is important to inquire about the availability of these services when shopping around.

Physical therapy, which focuses on large muscle movements to increase or maintain muscle tone and endurance, can help improve the abilities of assisted living residents with poor balance or decreased strength. Working with physical therapy can help decrease the risk for falls and allow seniors to keep performing their daily tasks as independently as possible. Consistent physical activity promotes better blood flow and can increase quality of life by helping to reduce physical pain for many seniors with arthritis, hypertension and similar disorders.

Occupational therapy focuses on fine motor skills and hygiene tasks. Occupational therapists will often help assisted living residents with mobility deficits learn new ways to do their everyday tasks with or without the help of adaptive equipment. Working with occupational therapy can help seniors regain confidence and maintain their independence in a safe way.

Speech therapy can be beneficial to assisted living residents with dementia or who have had a stroke as speech therapists will work with them on safety concerns, language deficits, and other cognitive issues. Speech therapists also play a big part in helping residents who have trouble swallowing or chewing food do so in a safer way.

Some of the benefits of on-site programs such as in Golden View's assisted living is that seniors can easily access the in-house therapy department for one-on-one therapy sessions in the comfort of their own familiar surroundings with staff employed directly by Golden View. Because therapy is done in-house, seniors and their families don't have to make and manage appointments or arrange transportation. There's also the benefit of working with the same therapists each session. Working with a therapist they know and trust can be very important for seniors, and allows for a more individualized plan of care. Because the therapists are in-house, they are able to work with nursing staff, dietary staff and caregivers to create a cohesive plan of care for each resident that focuses on wellness, independence, and safety.

For many assisted living residents, therapy is the best way for them to increase their overall health, strength and balance, decrease their risk of falls, alleviate pain, regain confidence, maintain independence, and much more.

Those interested in learning more about assisted living at Golden View, may call Becky at (603) 279-8111, ext. 4194 or visit www.GoldenView.org.

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SUPER SENIORS

The Cost Of Long-Term-Care

By Edward H. Adamsky,
Attorney at Law

A major newspaper headline says that Dementia care could cost \$730,000! That's a scary number that should make you want to plan for your aging needs. However, is it really a valid estimate? The newspaper got that number by using Genworth Financial's figure of \$91,250 for full-time (24 hour) care for eight years. Many nursing homes charge \$10,000 to \$12,000 per month so only five years of care could add up to that headline number.

Five to eight years of full-time care is a possibility, but it's really a worst-case scenario. Most people with dementia live at home for many years with help from family and paid caregivers. Only when they are really bad, which is often close to the end of their lives, do they go to a full-time nursing home. A better estimate is that most individuals with dementia will spend between \$100,000 to \$200,000 on their care with only a few spending anywhere near that \$730,000 number. Still, even \$200,000 is a lot of money, so you need to plan for your care needs.

Some people with advanced dementia still have relatively healthy bodies, and they may live a long time while needing full-time care. But more often than not, dementia symptoms coincide with bodily failures. The mind controls not only the voluntary functions, but also the autonomous systems such as heartbeat and breathing. In the end, dementia is always fatal as the brain no longer works to keep the body alive.

Some of the worst cases,



in terms of living a long time with severe mental impairment, are with early onset dementia. Dementia may occur in a person with a fairly strong body and perhaps a strong will to live. Such a person could live for years while needing expensive care. On the other hand, many older people who get dementia already have other health issues that will most likely shorten the time under care. Not that this is comforting, but it does lower the estimates of the cost of care.

The key issue is that, if you have money, you have to pay for your care. If you have no money then the Medicaid program will most likely pay for your nursing

home care. A better choice is to have the funds allocated to pay for your care. You can do this by saving a whole lot more than you thought you might need for retirement, or you can consider purchasing Long Term Care Insurance. That way you can leverage your premium dollars into a larger amount of money from the insurance company if you do need care.

What it may cost to care for you or your loved one is pretty hard to estimate. Many people need no long-term-care at all, while others could hit that three-quarters of a million dollar mark. Whatever the risk, it makes sense to see your local Elder Law Attorney and arrange the right plan for you.

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From left to right Patti Thompson, Pam Baker and Patty Stewart
Debunking The Broker Myth
by Patty Stewart

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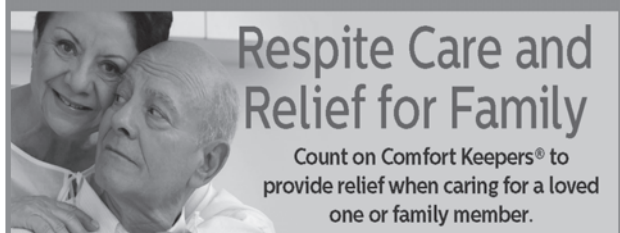
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Kelly Cooke is the Owner of Terrapin Tours, loves traveling and has almost 20 years experience in the travel industry. You can learn more about Terrapin Tours and the exciting places we will be visiting in 2018 on our website www.TerrapinTours.com or by calling 603-348-7141.

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DONNA RHODES

Robotics Team 93837D from Inter-Lakes Elementary School brought their robot, “Botosaurus-Vex,” to the first ever Vex IQ Ringmaster competition at Jennie D. Blake School in Hill.



DONNA RHODES

Representatives of 19 middle and elementary schools in New Hampshire took part in their first ever Vex IQ Ringmaster competition at Jennie D. Blake School in Hill, where the robots they built scored points for their teams when they stacked colored rings on posts lines along the playing field.

Robotics

FROM PAGE A1

children meet regularly in their schools to work on the robotic equipment they are provided through the grant. Together they build, program and manipulate their robots to complete specific tasks as designated by Vex IQ.

One challenger from JDB School said he felt the hardest part was driving the robots once they were built.

“It can look easy, but it really isn’t,” said Jace, while his teammate Sammy assured him, “When you get the hang of it all, it really isn’t all that hard.”

Anthony thought the hardest part though was never knowing what might happen to a robot in the midst of a challenge.

Last weekend, the Robot Skills stage of competition asked teams to manipulate their robot to pick up colored rings and place them on a post. Points were scored for each successful placement. The Programming Skills Challenge then gave additional points by requiring each robot to place the rings, absent of any driver input and some teams also take part in an optional STEM research presentation.

As teams continued to work on their robots throughout the day, garnering a few tips now and then from fellow competitors, students Inter-Lakes Elementary School took a

few minutes to weigh in with their thoughts on robotics.

“I really like the programming part of it. It’s challenging but easy at the same time,” said sixth grade student Ayden.

The robot they entered last week was named “Botosaurus-Vex,” and that he proved to be a worthy competitor. Besides one, five, and ten points available for placing rings on a post, bonus points were also included in the day’s competition, and that’s where Inter-Lakes students said they shone the brightest.

Fifth Grade I-L team member Aiden said, “It can be hard to pick up stuff with the robot so we usually go for the bonus tray where we can get 20 points all at once.”

No matter what the team did to acquire points in the competition though, sixth grader Jacobi enjoyed every moment.

“I just like working together as a team and doing cool stuff like this in competitions,” he said.

Their Technology Leader and Robotics Coach Kathleen DeCamp said that due to other school events, only one of the four teams from Inter-Lakes were able to participate last weekend, but all four teams from Hill took part.

Connelly said that much like Inter-Lakes, his school has 12 current participants in the robotics program and

hopes to have more in the future.

“We have three robots this year and we’re hoping to get a grant for next year to get two more,” Connelly said. “The kids did a presentation to the whole school last week and a lot of kids were really enthusiastic about it.”

The best part of the competition, Kelly said, was that students worked together throughout the day when teams were randomly chosen to pair up and complete the challenges.

“Teams were randomly chosen and scored together; they never go head-to-head against each other as one school against another,” he said. “All through the competition they work together and share knowledge with each other. It’s a very neat dynamic because children actually learn better peer-to-peer.”

At the end of the day, top scoring teams were eligible to move on to the state championship round.

One JDB School mom applauded the fact that Hill was named the site of the statewide event and thanked the Kellys for bringing an interest in robotics to younger children.

“They’re exploring science and technology and learning how to apply it to real life,” she said. “This was a great thing for the kids and an awesome opportunity for a small town like Hill to host it all.”

A police investigation showed that a person or persons managed to shimmy their way up a number of the poles to remove those street signs that are so critical in an emergency.

“If you have any information regarding these missing signs, we’d like to hear from you,” police in Danbury said.

They can be contacted at 768-5568.

Warrant

FROM PAGE A1

paving and drainage work on Central Street, completing the work that has been undertaken in conjunction with preliminary work on the Pemigewasset Pathway, a multi-use trail by the old train depot.

Fire Chief Ben LaRoche is hoping for passage of an article creating a deputy chief’s position which would free up other staff members to respond to fire calls and allow LaRoche to focus on fire prevention and recruitment of on-call firefighters. He said there is a shortage of call members and fewer of them respond to incidents, even though the number of fire calls is increasing. The article seeks

\$41,801, which would cover the position for a half-year, beginning on July 1.

Other articles include: Zoning amendments to allow brew pubs, distilleries, and winery/meaderies in the Village Commercial, Downtown Commercial, Corridor Commercial, Rural, Lake, and Industrial zones; address building heights; address sign specifications; adopt new definitions for kennels and stables and to allow kennels by special exception in the Rural zone; update language in the Wetlands Conservation Overlay District; and outline requirements for construction and siting of accessory dwelling units. Place \$25,000 into a contingency fund.

Appropriate \$250,000 to complete the engineering and permitting of the Phase I upgrade of the town’s transfer station, with \$193,000 coming from the Transfer Station Revolving Fund. The cost may be reduced to \$193,000 if the town is able to do some of the work in-house.

Appropriate \$140,000 to complete an environmental assessment of the second phase of the Pemi Pathway, contingent upon the town receiving a grant to cover that cost.

Appropriate \$50,000 to establish a fiber optic network for town-owned buildings.

Appropriate \$14,000 for a Fourth of July fireworks display.

Place \$375,000 into various capital reserve funds.

Police

FROM PAGE A1

Timothy Woodward have assumed leadership of the department until a new chief is sworn in.

The chief candidates first met with a law enforcement panel that included two current police chiefs, a Grafton County law enforcement officer, and a former State Police major.

“They pushed the guys pretty hard, looking for leadership skills,” Coates said.

Next was a community panel, comprising selectmen, the fire chief, school principals and the superintendent, who focused

on community policing and working with the schools, as well as emergency management and preparedness.

The candidates then met with members of the police department, who asked tough questions of their potential future leader, according to Coates. Questions ranged from opinions on tattoos and facial hair to leadership style — cop or teacher? — and whether they would be advocates for officer benefits.

The selection process for the two finalists will continue with assignments dealing with ethical questions that might arise,

a five-year plan for the department, and leadership style, after which there will be a 90-minute interview with selectmen and the law enforcement community.

Meanwhile the town has filled the patrol staff openings with the hiring of Dakota Van Tassel, who has completed his certification at the New Hampshire Police Standards and Training Academy; Eli Schaffner, a Bristol native who has been a patrol officer in Ashland; and Chris Carter, who has 10 years’ experience with the New Hampshire State Police, including with drug enforcement.



THE TEMPEST TRIO

Saturday February 3 7:30 PM
First Congregational Church
115 S. Main St. Wolfeboro

Beethoven Piano Trio in B Flat Major
Stutschewsky—Hasidic Fantasy
Mendelssohn—Piano Trio No. 1 in D Minor



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Call 569-2151 or visit www.wfriendsofmusic.org.

Signs

FROM PAGE A1

Aid Department will be coming to assist at the police level.”

That, they emphasize, is what makes all street signs so vital in a community.

KTHO

FROM PAGE A2

also three great raf-fles to help raise more money for the cause while a live, after-din-ner auction, conduct-ed by Teri Dautcher, brought nine addition-al items up for bid. Among them were a once-in-a-lifetime trip to Africa and special vacation stays on Cape Cod and in the Smokey Mountains of Tennes-see.

Dinner for the eve-ning was even more of a treat for the sold-out event as more than 16 local restaurants and eateries provided a taste of their specialty dishes for everyone to enjoy.

Jerry Beck and his wife Judy of Hold-erness attended this year’s Keep the Heat On event for the very first time, and were happy to be part of a true community ini-tiative.

“We were just plain concerned about how people were doing

this winter. It’s been a rough time for a lot of local families so we’re doing a lot more char-itable stuff this year,” said Jerry.

Martha Richards is the chairperson for Keep the Heat On, and said that over the past 13 years her commit-tee has helped raise \$412,000 to help local residents stay warm in the winter months.

“Since the fall, we’ve been able to help 45 families with fuel assistance and 100-per-cent of the money raised tonight will all benefit the Plymouth Area Community Clos-et,” said Richards.

This year, the Keep the Heat On Commit-tee raised their annu-al fundraising efforts however, in hopes of helping even more in the future.

“It takes a village, as they say, and we have a wonderful com-mittee who makes this all happen each and every year,” she said. “For 2018, we upped our goal from \$50,000

to \$55,000 and we hope to make that happen tonight.”

She was pleased to report following the event that the goal of \$55,000 was not only met, but exceeded.

Richards said she was also pleased to an-nounce that recently the committee’s out-reach has expanded, allowing monies from Keep the Heat On to help the Plymouth Area Community Clos-et in more ways.

“Our money goes a little farther now. We’ve okayed them to use the money we raise for other pro-grams like Meals for Many, the food pan-try, and even some fi-nancial assistance, in addition to the fuel as-sistance we provide,” said Richards.

For more informa-tion on how to support Keep the Heat On in their effort to sup-port local residents in need, visit their Face-book page or contact them at 236-32463.

Tours

FROM PAGE A2

living with each other and the natural world.

In the upcoming school year, Heart Cen-tered Multi-Age will be accepting applications in the following pro-grams:

Nature Preschool

(Ages three and four) Multi-Age Pre K (Ages four and five) Multi-Age Kinder-garten & Grade 1 (Ages five and six)

For more informa-tion about our school, open house dates, tours, or to request more information and an application, please

email heartcentered-multiage@hotmail.com, visit our Web site at www.heartcentered-multiage.com or con-tact us at 340-4939. We look forward to hear-ing from you!

Driving Directions: 12 Central Square, Bristol, NH 03222.

Promise

FROM PAGE A3

and lacrosse. B-HVS Project Promise also donated some pinecone trees they made for the Festival of Trees to help support the drama

department at NRHS. This session, children have the opportunity to participate in ac-tivities like Girls Inc., computer enrichment, cooking with UNH Co-operative Extension, and dissecting owl

pellets. Next session, they will have Lego club with our Lego education kits which involves 21st Century skills like coding and they are hoping to be able to offer karate as well.

Deer

FROM PAGE A3

recommend feeding the deer. There are a num-ber of unintended con-sequences that come from that,” Bergeron said.

Deer typically “yard up” in the winter, find-ing shelter under pro-protective hemlock trees or other concealed spots in the woods. Rather than nighttime feedings, they will conserve their ener-gy during the colder nights and hunt for food during the day.

“Auto collisions are one consequence of feeding deer as they travel from their deer yard to a food source they know of,” he said.

Motor vehicles ar-en’t the only danger the animals face, though. Natural predators such as coyote and bobcat also discover those do-mestic feeding areas and lie in wait for the deer’s next visit.

“Usually, there’s a well-worn path to a feeding site on some-one’s property and that makes it a lot easier for predators to find them,” said Bergeron.

Numerous deer gath-ering at one location can also create a health crisis for them. As deer eat they are typi-cally drooling, urinat-ing and leaving fecal droppings behind that can transmit parasites, bacteria and viruses to other nearby deer.

One other serious health issue also devel-ops from well-meaning people who feed wild deer.

In winter months the White-Tailed Deer are generally “woody” browsers, feeding on shrubs and trees, like Hemlock and other late season buds. If con-ditions are right and snow isn’t too deep or iced over, they will also dig for acorns un-til spring brings new plant growth and fresh fruits to their territo-ry.

“Deer are ruminants (much like a cow) and their digestive systems adjust through the sea-sons. Corn and apples introduced rapidly to their diet in the winter months can actually kill them because their stomach can’t always adjust to that quick change,” Bergeron

said.

Sadly, he added, there were actually 12 deer found in South Hampton just a few years ago who died from being fed foods they weren’t used to in the winter.

Last, but by no means least, the de-struction of habitat can occur when deer become accustomed to leaving their winter yards to visit feeding sites provided by hu-mans.

“This is really im-portant. We monitor deeryards, but many of them are on private property. When land-owners see deer aren’t using those areas be-cause they’re search-ing for food elsewhere, they go ahead and log the trees that had once provided shelter for the deer. That destroys the habitat and that’s a real concern to us,” Bergeron said.

To learn more about wildlife activi-ties, preservation and conservation efforts in New Hampshire, please visit the Fish and Game Web site at www.wildlife.state.nh.us.

Notebook

FROM PAGE A5

ture and other data could be gathered be-fore they were set free.

+++++

What I do remember is that one of the war-dens was on something I had scarcely seen be-fore, a snowmobile. It was a red Polaris, driv-er up front, engine in the rear.

I studied the thing as it motored around the work site, emit-ting plumes of blue. It seemed to me to be,

well, a bit lethargic, phlegmatic, even.

We were packing up to head back out, and I was a petty lean and mean (I thought) teen-ager and, you know, full of it, and so I asked Dave, who was driv-ing the snowmobile out, how fast he fig-ured it would go, and how far it was (about two miles), and I said “Give me one minute’s head start,” and took off on my snowshoes at as much of a dead run as snowshoes will allow, and beat the ma-chine out to the road, although by then ev-

ery top layer was un-buttoned.

Which says some-thing about the feeble state of snowmobiles at the time, or the wonderful state of me, or maybe a little bit of both.

(This column is syn-dicated in papers cov-ering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguy-hooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

Eating

FROM PAGE A9

even prepare healthy meals. Simply put, our goal is to see that your loved one has the means to live a happy, safe, and independent life. Contact your local Comfort Keep-ers office today to learn more about how we can make a difference in your aging loved one’s life.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consist-ing of such services as companionship, trans-portion, housekeep-ing, meal preparation, bathing, mobility as-sistance, nursing ser-vices, and a host of additional items all meant to keep seniors

living independently worry free in the com-fort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.

Artists

FROM PAGE A9

an amateur woodworker since his teens, learning from his grandfather and father. His proj-ects included home con-struction and cabinet

making. He has been captivated with wood-turning since 2012. His inspiration comes from the dynamic discovery of the beauty hidden in an otherwise ordinary log as the layers of wood are peeled away. He

recently retired as the Medical Director of Mid State Health Center and is the great grandson of Adolph Steffen, the art-ist in bronze for the Im-perial Court of Austria in the late 1800’s.



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Plymouth’s only tuition free public charter

2018/2019 Open Enrollment

WHEN:
February 1 through March 9, 2018

Grades:
1st-7th for 2018/2019 school year

Open House Dates:
Thursday, February 1st at 5:30
Wednesday, February 7th at 5:30
Tuesday, February 13th at 5:30

**Public Lottery closes March 9th
Drawing: Mid-March**

www.mountainvillagecharterschool.org
13 Route 25 Plymouth, NH 03264 | 536-3900

NOTICE

ALEXANDRIA RESIDENTS

The Supervisors of the Checklist will be in session on January 27, 2018 from 11:00 to 11:30 a.m. and on February 3, 2018, from 2:00 to 3:00 p.m., at the Alexandria Town Hall, for additions and corrections to the checklist, in preparation for the Deliberative Session of the Town of Alexandria on February 10, 2018, at the Alexandria Town Hall.

George Whittaker
Loretta Brouillard
Suzanne Cheney

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM’s may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning


AFTER

- Throw out unsafe food

Who to Call → Where to Meet → What to Pack

www.Ready.gov/blackouts

Ready



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Newfound Landing Sports

Thursday, January 25, 2018

Bears earn a split of two

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Newfound hoop girls split a pair of road games last week.

The week began with a trip to Canaan to take on Mascoma and the Bears made the return trip with a 59-28 win over the Royals.

Newfound outscored the hosts 21-2 in the first quarter, as they got out and ran the floor well, which led to layups at the other end of the court. Savanna Bony finished with 10 points in the quarter and Ashlee Dukette added eight.

The second quarter was much the same, with Newfound outscoring Mascoma 13-4 for a 34-6 lead heading to half-time.

From there, the Bears coasted, with numerous girls filling in and getting some quality minutes.

Dukette finished with 21 points, 12 rebounds and eight blocks, Bony added 21 points and six rebounds and Jasmine Peterson had 15 points,



JOSHUA SPAULDING

Ashlee Dukette led the Bears in a pair of games last week.

10 rebounds and five assists.

The Bears traveled north to Whitefield for a game with the Spartans of White Mountains on Friday evening, falling by a 54-46 score in overtime.

“It was a hard-fought effort throughout the

game,” said coach Karri Peterson.

The Bears actually had the lead with one defensive stand left, only to see White Mountains drain a three-pointer with 3.4 seconds to play to send the game to overtime.

The Bears started

slow, falling behind 15-8 after one period, as unforced turnovers helped

the Spartans take the lead. The Bears settled down a bit in the second

period and outscored the hosts 15-6 to take two-SEE **GIRLS** PAGE A16

Royals run past Newfound boys

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — Newfound boys' hoop coach Tom Bourdeau thought his team would be in the game with Mascoma on Tuesday, Jan. 16.

However, the Royals used a 10-0 run spanning the first and second quarters and then closed the first half on a 12-2 run on the way to the 69-51 win over the Bears.

“We knew they were going to pressure on defense, but I thought if we can solve that, we'll be fine,” Bourdeau said. “They pressured us, but it wasn't anything we hadn't seen before.

“But we had no defense at all,” the Bear coach continued. “They sliced through us pretty



JOSHUA SPAULDING

Tyler Boulanger puts up a shot during action against Mascoma on Jan. 16.

What's On Tap

As the month of January finishes up and February looms, the local high school teams continue with regular season action.

At Newfound, the alpine ski team is scheduled to compete at Gunstock today, Jan. 25, at 10 a.m.

The Newfound boys' basketball team will be hosting Stevens today, Jan. 25, at 6:30 p.m. and will be at Hopkinton on Thursday, Feb. 1, at 7 p.m.

The Bear girls' basketball team will be at Stevens for a 7 p.m. game today, Jan. 25, and will be hosting Monadnock at 6:30 p.m. on Wednesday, Jan. 31.

At Plymouth, the alpine ski team will be competing at King Pine on Friday, Jan. 26, at 9:30 a.m.

The Plymouth girls' basketball team will be hosting Pembroke on Friday, Jan. 26, and will visit Bishop Brady on Tuesday, Jan. 30, both at 6:30 p.m.

The Bobcat hoop boys will be at Pembroke for a 6:30 p.m. game on Friday, Jan. 26, and will be hosting Bishop Brady at 6 p.m. on Tuesday, Jan. 30.

The Kearsarge-Plymouth hockey team will be hosting Laconia-Winnisquam at Plymouth State on Saturday, Jan. 27, at 6 p.m. and will be hosting Hollis-Brookline-Derryfield at 7:30 p.m. on Wednesday, Jan. 31, at Proctor Academy.

The Plymouth ski jumping team will be at Hanover for a 6 p.m. meet on Wednesday, Jan. 31.

The Bobcat Nordic skiers will be hosting a meet on Saturday, Jan. 27, at 10:30 a.m.

The wrestling Bobcats will be in action at Concord at 9 a.m. on Saturday, Jan. 27, and will be hosting Winnisquam on Wednesday, Jan. 31, at 6 p.m.

The Plymouth unified hoop team will be at Littleton on Monday, Jan. 29, at 3:30 p.m.



JOSHUA SPAULDING

High-flying Bear

The Newfound cheerleaders perform at halftime of the boys' basketball game last Tuesday evening.



JOSHUA SPAULDING

Mason Dalphonse works hard for two of his 23 points in action last week against Mascoma.

easily.”

The Bears got the first four points of the game, as Mason Dalphonse hit a pair of hoops to get the game started, working

hard under the basket for four points. After the Royals hit a hoop, two free throws and a three-pointer to take the

SEE **BOYS** PAGE A17

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Main St., Plymouth, NH 03264 (603) 536-2551

Carey threes lift Bobcats over Generals

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — The Plymouth hoop boys earned another win early last week but finished the week with a loss on the road.

The Bobcats opened the week against John Stark and picked up a 51-50 win over the Generals.

“The finish was the only part of the game that was exciting for us,” said coach Mike Sullivan. “I don’t know how to describe it to someone who wasn’t there.”

The Bobcat coach noted that there were tons of turnovers, with the Generals committing 36 and the Bobcats committing 24.

John Stark jumped out to a 19-2 lead early in the second quarter after leading 17-2 after one. The Bobcats were able to cut the lead to three at 22-19 at the halftime break.

The hosts were able to get the lead by a 32-27 score in the third quarter but from there, Sullivan noted the shooting went stagnant and the Generals went on a 15-0 run to take a 42-32 lead.

Plymouth outscored the visitors 19-16 in the fourth quarter.

With 18 seconds to go, the Bobcats trailed 50-45 after a John Stark hoop and Danny Carey drilled a three-pointer with 13 seconds to go to cut the lead to 50-48. The Bobcats then put the trap on the inbound play and forced a turnover and Carey drilled another three-pointer with three seconds left for the 51-50

lead and they then held on to survive the final seconds.

“We really stole one,” Sullivan said.

Carey led the way with 12 points, while Owen Brickley and Jordan Docen each added 10 points.

The Bobcats headed to North Conway on Friday for a game with Kennett and the Eagles came out shooting, hitting eight threes in the first half on the way to hitting 14 on the night for the 61-51 win.

The Bobcats trailed by just three, 32-29, at the halftime break but they couldn’t keep up with the Eagles.

“It was a tough one for us,” Sullivan stated. “We were battling but we couldn’t get over the hump.

“We were competing



RC GREENWOOD

Owen Brickley drives toward the basket in action against John Stark last week.

and playing hard, but we were working hard for our points,” the Bobcat coach continued. “They were hitting open threes and it was kind of deflating us.

“They were the better team that night, but the guys hustled and played tough,” Sullivan added.

Carey led the way with nine points while Jake Lamb, Nick Qualey and Mike Hogan each had eight points.

The split moved Plymouth to 4-4, which matches last year’s win total.

Plymouth will be at Pembroke for a 6:30 p.m. game on Friday, Jan. 26, and will host Bishop Brady on Tuesday, Jan. 30, at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

A different kind of long weekend

For most people, the long weekend was the Martin Luther King Jr. Day weekend. It meant that they got an extra day off.

For me, a long weekend takes on a much different definition and this past weekend was certainly one of those weekends.

The weekend started on Friday with the return of alpine ski racing for the local high schools, as Kingswood and Kennett competed at Cranmore, the first race in a month after the last two weeks were postponed.

SPORTING CHANCE



By JOSHUA SPAULDING

A couple of injuries and a timing issue led to the race taking longer than normal and with a lot on the schedule, I had to take off before the slalom portion of the race in the afternoon.

I made it back to the office to sort the more than 200 pictures from the race and the games the previous night and then went north to Plymouth

for the Kennett-Plymouth girls’ basketball game. From there, I headed back to Wolfeboro to catch the end of the Kingswood girls’ hockey team’s game at the Pop Whalen Arena.

As if that was not enough, I also had to work the other job on Friday night. I got started just before 10 and finished at 2:15 a.m.

I didn’t have a game first thing in the morning on Saturday, but because it was the lone weekend with nothing on the docket on Saturday morning, I had

planned to head north to my mother’s house to finish taking down the Christmas decorations.

After a few hours of sleep, I made the trek north and spent four and a half hours taking down lights, hauling trees up the stairs, taking down wreaths and packing up the decorations. My mother and her boyfriend, Michael, had already taken down some of the lights when high water was threatening to send ice chunks up onto the lawn. That made things a bit easier, as there was five fewer trees worth of lights to take down. I was hoping to leave at 2 p.m. but didn’t quite finish in time, though I did leave at 2:15 p.m.

The reason for leaving so quickly was to head to Conway for the Kennett-Kearsarge-Plymouth hockey game at the Ham Arena at 4 p.m. After that game, I traveled south to Wolfeboro to see the Kingswood hockey boys, which of course, went to overtime.

I had told the folks that run the movies at the Village Players that I would help with cleanup since they were short-handed on Saturday, so from the arena I headed to the theater and helped clean up.

I had a bunch of stories to write and I had a

plan to write them when I got home just before midnight, but I was falling asleep in my car, so decided instead to get up early and work.

The alarm went off at 6 a.m. though I didn’t get up until 6:30 a.m. I did all my cooking for the week and then started writing (and watching television). I got five stories written before I had to head back to the theater where we started building the set for Crimes of the Heart, opening in April.

After a few hours there, I headed to the office to get the North Country papers together and to write a few more stories and listen to the Patriots on the radio.

And of course, the long weekend ended with the other job on Sunday night. Appropriately.

Finally, have a great day Bob Tuttle.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Boys

FROM PAGE A15

7-4 lead, Dalphonse hit two free throws to cut the lead to one.

Mascoma then came back with a three-pointer and a free throw to stretch the lead to 11-6 before Dalphonse stepped behind the line and drilled a three to make it a two-point game at 11-9.

However, the Royals closed out the first quarter with a three-pointer and a hoop to go up 16-9 after one quarter of play.

The visitors then opened the second quarter with a hoop and another three-pointer for a 21-9 lead before Dalphonse hit a free throw for the Bears. AJ Palumbo-Muse then put back a rebound for the first non-Dalphonse hoop of the game for the Bears to make it 21-12.

From there, the Royals hit two free throws and five hoops, with a Cam Anderson bucket mixed in for the Bears, as the visitors opened up a 33-14 lead at the halftime break.

Dalphonse continued his strong play with a three-pointer to open the third quarter but Mascoma hit a free throw to get on the board.

Tyler Boulanger got a hoop for the Bears before the Royals came through with three hoops in a row to open the lead to 40-19. Palumbo-Muse added a hoop and Boulanger hit another, sandwiched around a Mascoma free throw, making it 41-23 for the Royals.

The visitors hit a

hoop and a three-pointer to continue to open the lead but the Bears got the Royals in the bonus and began hitting free throws. Dalphonse hit four free throws in a row and after a Mascoma basket, converted a three-point play, making it 48-30. After another hoop from the Royals, Palumbo-Muse drained a pair from the line to cut the lead to 50-32 but the visitors got the final basket of the third quarter for a 52-32 lead heading to the fourth quarter.

Dalphonse drained a three-pointer to start the fourth quarter and Boulanger hit a hoop before Mascoma sank three hoops in a row to up the lead to 58-37.

Boulanger hit a free throw and after a Mascoma free throw, he hit a hoop to make it 59-40. Mascoma hit a hoop and two free throws before James Shokal drained a three-pointer to get the score to 63-43. Mascoma came back with two more hoops to up the lead to 24.

Matt Costigan came through with a three-point play and Ryan Lyford hit a three pointer as the Bears closed out the game. Costigan hit two more from the line to make it 67-51 but Mascoma got the final basket of the game for the 69-41 final.

Dalphonse finished with 23 points to lead the way for the Bears and Boulanger added nine.

“We have to take some positive out of it,” Bourdeau said, noting the increase in scoring in the second half was strong.

“We knew we were in

the bonus in the third, so I told them to keep attacking,” the Bear coach said. “The only way we were going to win, even if it was a long shot, was to stop the clock and shoot foul shots.

“I really thought we’d be in this, I thought it would come down to the final few possessions,” Bourdeau said. “But our defense just wasn’t there.”

Newfound dropped a 64-37 decision to White Mountains Regional on Friday night.

The Spartans got out to a 21-7 lead and held Newfound to just three points in the second quarter for a 36-10 half-time lead. The teams were essentially even the rest of the way but the damage was done.

Palumbo-Muse led the way for Newfound with eight points and seven rebounds.

The Bears are scheduled to host Stevens today, Jan. 25, at 6:30 p.m. and will be at Hopkinton at 7 p.m. on Thursday, Feb. 1.

NRHS 9-5-18-19-51
MVRHS 16-17-19-17-69

Newfound 51
Anderson 1-0-2, Palumbo-Muse 2-2-6, Lyford 1-0-3, Dalphonse 6-8-23, Costigan 1-3-5, Boulanger 4-1-9, Shokal 1-0-3, Totals 16-14-51

Mascoma 69
Schwarz 2-1-5, Decocq 5-5-15, Collins 2-0-4, O’Connell, 2-1-5, Dowd 5-0-10, Howe 3-0-6, Thompson 3-0-8, McAllister 2-3-7, Martin 3-0-7, Totals 27-10-69

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

The members of the Artistic Roots Co-op invite you to their

14th Annual Souper Bowl

Soup competition and fundraiser
Featuring delicious soup from local restaurants!

Saturday, February 10th
2:00 - 5:00 p.m.
Plymouth Senior Center
Railroad Square, Plymouth, NH

Tickets \$25 per person for a handcrafted bowl or mug & "eat all you can" soup, bread, beverage & dessert.
Dinner-only option \$15/person (bring your own bowl or mug). Children under 6 eat free!

Buy tickets and pick out your bowl at Artistic Roots Gallery
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www.RozzieMay.org or call 603-447-1373

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Want to buy: Abbott Spelling Puzzle, made in Rumney, NH. Also surveying equipment, levels, thermometers, barometers, etc. by Pool, Easton, Mass. King, Boston, or Loring and Churchill, Boston, Mass. Bob 603-236-6418

General Help
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CONSTRUCTION PROJECT MANAGER
Heavy/Highway/Bridge Construction - We are interested in hiring a team player with excellent interpersonal skills and the ability to collaborate both internally and externally to get things done.

R.M. Piper, Inc. is a small but mighty general contractor that has become one of NH's leading construction companies for heavy/highway/bridge construction. We value our small business nature, safety-minded operations and thrive with our leading-edge attitude when it comes to advancing in the construction industry.

If you're an experienced project manager with a thorough understanding of project pre-planning, coordination, construction oversight, budgeting, scheduling, reporting and closeout we'd appreciate the opportunity to learn more about you. Experience with NHDOT and municipal projects is favored. If you've worked with Hard Dollar, Sage Timberline, MS Project or Field Management Pro the transition to our team could be an easy one.

We will offer the right person a full-time, year-round position with benefits, based out of our Plymouth, NH office. Please reach us at jobs@rmpiper.com or P.O. Box 490 Plymouth, NH 03264 and please provide your resume and salary range. All responses will be kept confidential. Equal Opportunity Employer.

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Conneston Construction, Inc. (CCI) is seeking skilled carpenters. Five years construction experience required. Current projects in Whitefield, Plymouth, Wolfeboro, Andover, Moultonborough and throughout the Lakes Region. Travel required; must have valid driver's license to apply. Pre-employment physical and references required.
Contact CCI for application at 603-524-3776 or info@ccinh.com.

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PLYMOUTH AREA - MUST BE MIN. 24 YRS OLD-CLEAN DRIVING AND CRIMINAL RECORDS. DRUG TEST REQUIRED. CALL 393-5614

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to
The Federal Fair Housing Law which makes it illegal
"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
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This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call
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For The Washington DC area, please call **HUD** at 275-9200.
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at 603-271-2767 or write
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Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

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Dalton NH. Large first level apartment in renovated farmhouse. Large yard, quiet, rural setting. 12 mi. from LRH, ideal location for health care professional wanting a quiet place to reside. 750 month, tenant pays own utilities. No smoking inside, pets OK with additional pet deposit.

Call 603-986-9543 or stop at Aylakai, 36 Main St, Littleton for rental application.

Apartments For
Rent

Downtown Meredith newly renovated 2 bedroom apartment for rent. Walking distance to docks, w/d hook-up and mud-room, off street parking. No smoking. No pets. \$1200/month + utilities. Available February. Call Ron 476-7296.

MEREDITH: PINWOOD KNOLL,
Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.
Call David at 253-6247 or 781-665-8400.

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- RN M-S/CHARGE - 36 hours
- RN M-S - 36 hours

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**GOOD PAY
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King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You must be able to lift at least 50 lbs.

As a full-time employee, you will qualify for health insurance/dental/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

**ALLSTAFF / Watts Water Technology
OPEN HOUSE**

ALLSTAFF Contract Services
will be hosting an Open House on
Thursday, February 1st
between 9am - 1pm
at **Watts Water Technology**
583 South Main Street, Franklin, NH

ALLSTAFF will be interviewing for the following positions:

CELL OPERATORS - All Shifts
QA MANAGER
CNC OPERATORS
MATERIAL HANDLERS
LARGE VALVE ASSEMBLERS
HR MANAGER
CELL LEADER
CIP MANAGER

- No Appointment Needed -
Please bring resumes and 2 forms of ID.

For further information please call
ALLSTAFF 603-267-7492

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**Newfound Area School District
Long Term Substitute**

We are seeking a long term substitute
at Bridgewater Hebron Village School.
Elementary Certification Required
The leave will be approximately
March 5 – April 11

*Applicants should submit a letter of interest, resume,
supportive credentials, job application and three
current written references to:*

Stacy Buckley – Superintendent of School
Newfound Area School District
20 North Main Street
Bristol, NH 03222

Application is available at:

<http://www.sau4.org/human-resources/employment-information>

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NCH | Upper Connecticut Valley Hospital

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- RN M-S – 36 hours (night shift)
- RN M-S – 36 hours (day shift)
- RN Charge – 36 hours (night shift)
- RN M-S/CHARGE – 36 hours (day shift)

PART TIME OPPORTUNITIES

- MATERIALS MANAGEMENT TECHNICIAN
- OR NURSE SUPERVISOR
- PATIENT ADMINISTRATIVE SUPPORT

PER DIEM OPPORTUNITIES

- COOK
- CARDIAC REHAB NURSE
- HOUSEKEEPER
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN
- RADIOLOGIC TECHNOLOGIST

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Granite United Way
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Newfound searching for spring coaches

BRISTOL — Newfound Regional High School is looking for a varsity softball coach and a JV baseball coach for the 2018 season. Please send letter of interest, resume, two letters of recommendation and names and phone numbers of two other references. Please send to Supt. Stacy Buckley, SAU4, 20 North Main St., Bristol, NH.

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Please join us!

The Raymond S. Burton Legacy Fund
and Plymouth State University
Invite you to join us for our

Annual Winter Dinner Event

Celebrating Public Service and PSU Student Scholarships: "Ray's Angels"

February 22, 2018
Church Landing – Meredith, New Hampshire

WITH SPECIAL INVITED GUESTS
Governor Christopher Sununu and John Sununu, 74th Governor of New Hampshire

HONORING
Alex Ray, Owner of the Common Man Family of Restaurants,
with the Raymond S. Burton Public Service Award

COCKTAIL HOUR 6 P.M. | DINNER 7 P.M.

\$250 per person or \$2,500 per table of ten. Sponsorship opportunities are also available.
To find out more or reserve your seat, please call Christa Hollingsworth at (603) 535-3078 or visit <https://goo.gl/AoTzFs>.

Ray's Angels ♦ Raymond S. Burton '62, Plymouth State alumnus and long-serving member of the New Hampshire Executive Council, was known as a selfless public servant who believed no challenge was too small to tackle, and any challenge could be overcome by New Hampshire residents working together. In his honor, Plymouth State University created the Ray's Angels fund to support PSU students who experience tuition shortfalls and demonstrate financial need in closing the gap. Ray's Angels will assist students who need it most and allow them to remain in college and finish their degrees. The Ray's Angels fund will make a huge difference for many deserving students.

See further up here.

What's Happening at
Plymouth State University

JANUARY 25-27 AT 7 P.M. & JANUARY 27-28 AT 2 P.M.
HANAWAY THEATRE IN THE SILVER CENTER FOR THE ARTS

Tickets on Sale Now!

Presented by The Educational Theatre Collaborative at Plymouth State University

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See further up here.