

Winnisquam Echo

THURSDAY, JUNE 28, 2018

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FREE

Tilton and Northfield Citizens of the Year named

BY DONNA RHODES
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NORTHFIELD – Emily Laplante of Tilton and Christine Raffaely of Northfield were the surprise recipients of this year’s Tilton and Northfield Citizen of the Year awards, and will be honored in this weekend’s Old Home Day parade.

Deb Shepard of the Tilton-Northfield Old Home Day Committee announced the awards on Monday evening when she and her fellow committee members congratulated the women on their distinctions in the adjoining communities. Joining the committee for the announcements were family, friends, co-workers and town officials.

Laplante was nominated from Tilton in recognition of her longstanding and committed service to seniors. Besides being part of the day-to-day operations at the Tilton Senior Center, she is instrumental in organizing fundraising events, craft fairs and the Wednesday Night Jam sessions held each week at the center on Grange Road in Tilton. In 2014 Laplante’s endeavors won her the prestigious Vaughn Award, given to only 10 citizens of the state each year (one from each county) for their significant contributions toward improving the quality of life in New Hampshire.

Her volunteerism

also includes the Every Child Is Ours program where each week throughout the school year, Laplante helps bag up to 162 food packages for needy children in the Winnisquam Regional School District.

“Emily is a woman who is not afraid to roll up her sleeves and help wherever and whenever she is needed,” said Shepard. “She is a great role model for our younger generation and one of the hardest workers you will ever meet.”

Christine Raffaely is also a leader and a role model, dedicating her time to the community through the Tilton-Northfield-Sanbornton Christmas Fund. Since 1990 she



DONNA RHODES

Surrounded by members of the Tilton-Northfield Old Home Day Committee, this year’s recipients of the Citizen of the Year Awards for Tilton and Northfield were Christine Raffaely of Northfield (center, left) and Emily Laplante of Tilton (center, right).

has helped the fund provide food baskets, clothing, hats, mittens, winter coats and toys that help brighten the holidays for those neighbors experiencing economic hardship.

Raffaely was also instrumental in obtain-

ing a 501:c3 nonprofit status for the TNS Fund. Shepard said that in addition to that, her years of dedication to the project have helped create a “well-oiled machine” that services the community well.

The TNS Santa Fund

is a year-round project that includes communication with town welfare officers, countless shopping trips for winter wear and toys, as well as the coordination of food collections and so much more.

SEE **CITIZENS**, PAGE A12

Cormier passes Rotary gavel to new President Chuck Drew

BY DONNA RHODES
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TILTON – Last Wednesday evening, the Tilton-Northfield Rotary Club held their annual Changing of the Gavel ceremonies, handing

leadership on from last year’s president, Bob Cormier, to last year’s vice-president Chuck Drew, who will now lead the organization for the coming year.

“As a note of interest,

Chuck’s dad was one of the original members of the Tilton-Northfield Rotary,” Cormier commented in his final address as president.

He explained that lo-

SEE **ROTARY**, PAGE A11



DONNA RHODES

Town officials, family, friends and whitewater enthusiasts gathered around Gloria Blais last Saturday for the dedication of property she donated along the Winnepesaukee River in Northfield to honor her late husband Roger while ensuring outdoor enthusiasts a place to hike, bike, and safely launch their kayaks and canoes.

Conservation area dedicated in memory of Roger Blais

BY DONNA RHODES
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NORTHFIELD – Northfield selectmen Glen Brown and Scott Haskins, Town Administrator Glenn Smith and members of the Conservation Commission were joined by whitewater enthusiasts on the banks of the Winnepesaukee River last Saturday to dedicate the Blais Riverview Conservation Area.

Special guest for the event was Gloria Blais, who donated seven tenths of an acre of land to the town in honor of her late husband Roger Blais. That donation will provide continuous access to the Winnepesaukee River for those who wish to kayak, fish and recreate on the waterway for years to come.

Gloria said her husband’s family has owned approximately 80 acres of land along the river for many years, spanning Cross Mill Road where he was born and raised on their proper-

ty known as Riverview Farm.

Roger was a retired police officer who served in not only Northfield, but Tilton and Franklin as well. When he passed away in 2014, leaving his wife the land and family home, Gloria and the family eventually decided to sell some of the property and that’s when they first got a call from Ken Norton and the Merrimack Valley Paddlers.

Approximately 30 years ago, there were proposals to construct dams along the Winnepesaukee River that would channel all the river water through a penstock into Franklin. The river between Tilton and Northfield would be left dry. It was about that time, in the early 1980’s, when the river was cleaned of past industrial waste and whitewater canoeing and kayaking activities had begun once again. In support of those renewed activities,

proponents of outdoor recreation worked diligently to save the river and eventually succeeded.

A New Year’s Day kayaking event was proposed during that time to draw people to the area where they would not only enjoy the river but the restaurants, businesses and other attractions. Key to that event’s success however was the permanent establishment of a safe launch site and a take out point downriver.

SEE **BLAIS**, PAGE A11

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Early deadlines for the 4th

MEREDITH — The offices of the Winnisquam Echo, located at 5 Water St. in Meredith, will be closed Wednesday, July 4 in observance of Independence Day.

To ensure that our July 5 edition arrives on local newsstands and in subscribers’ mail boxes on schedule despite the holiday, the submission deadline for any press

releases, letters to the editor, and obituaries intended for publication next week has been moved up one business day, to Friday, June 29 at 4 p.m. As always, submissions may be dropped off in person at our offices or e-mailed to Editor Brendan Berube at brenndan@salmonpress.news.

Any submissions received after 4 p.m.

Friday will be held for publication on July 12.

For information regarding the holiday deadlines for display advertising, please contact our Sales Representative, Tracy Lewis, at 279-4516 or tracy@salmonpress.news.

The staff of the Winnisquam Echo would like to wish our readers a safe and happy 4th of July!



DONNA RHODES

Twelve-year-old Olivia had a lot of fun teaching people how to make simple balloon animals, such as a dog, a giraffe and a turtle bracelet, at Hobby/Demo Days in Belmont last Saturday afternoon.

Hobby/Demo Day exposes Belmont residents to a variety of pastimes

BY DONNA RHODES
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BELMONT – Demonstrations of all types of crafts and hobbies was the focal point of a fun and unique family-style

event in Belmont last Saturday afternoon, capped off by live classical country music from the band “Bail Jumpers” at 6 p.m.

Off and on showers

limited participation a bit, but the weather couldn’t dampen the enthusiasm of those who gathered under the pavilion to learn about

SEE **HOBBY**, PAGE A10

HALL MEMORIAL LIBRARY HIGHLIGHTS

Display Case - Keeping with the 2018 Summer Reading Program Theme Libraries Rock, we're displaying Rocks and Minerals from the Collection of Danny McCall

Weekly Adult Programs...

Chess Club - Mondays from 3-5 p.m.

Spanish Club - Tuesdays from 10-11:30 a.m.

Sit and Knit - Friday from 2-5 p.m.

Weekly Teens and Tweens Programs...

Teen Time at 3 p.m. Tuesdays and Thursdays with Miss Britt

Weekly Programs For the Kids...

Wednesdays at 10:30 a.m.

Preschool Storytime - Stories and a craft for little people!

July 4 and July 11 - NO STORYTIME

Saturdays from 10 a.m.-2 p.m.

Let's Go Lego

July Calendar of Events

2018 Children's Summer Reading Program, Libraries Rock!

There's still plenty of time for children of all ages to sign-up for the Summer Reading Program! Reading minutes may be recorded until Friday, August 24th and must be redeemed for rewards by Friday, August 31st.

2018 Adult's Summer Reading Program, Libraries Rock!

Rockin' Bingo... Books Rock and when you read a book loosely connected to the name of a rock (or semi-precious stone) on the Rockin' Bingo sheet, you'll earn one chance to win the Adult Summer Reading Goody Bag. Read through all nine squares

and earn an extra 3 chances. Sheets will be kept at the circulation desk, so make sure your name is on it, and be sure to have the appropriate box stamped once you've finished a book. The contest will run from June 1st through the end of August, and the winner of the goody bag will be selected September 4th. See the display shelf at the top of the stairs for reading ideas or choose a book from the stacks.

Scrabble... play with a theme

Words must relate to the theme of the month. Attend this event and receive one chance to win the Rockin' Goody Bag... Win the game and receive a 2nd chance. See our monthly calendar for dates/times and themes.

2018 Summer Reading Program, Libraries Rock! - Activities for all ages.

Rub Your Way Through the Granite State - Now through Aug. 31.

Exploring NH this summer? Then show us where you've been by rubbing your way through the Granite State. Find a sign with raised or indented lettering and show us where you've travelled this summer by creating a rubbing. Lay a piece of paper over the raised area and using charcoal, chalk, crayon or a pencil, simply rub across the lettering. For each rubbing you turn in, you'll receive one chance to win our 2018 Rockin' Goody Bag. We'll supply the paper and a crayon for you to get started. Just a tip - Historical Markers and Nature Trails sign-posts are a wonderful source for great rubbings, as well as a super way to learn about and see our beautiful Granite State! Also, attend the book

talk taking place at the library on Monday, July 23rd, for an in-depth look at Historical Markers in NH. See below for more information on local author Michael Bruno's book and upcoming talk.

Rock & Read

Seat yourself in one of our rocking chairs and earn a library buck for every 15 minutes you Rock & Read. Library Bucks can be used to pay down your fines, send a fax, make photo-copies or buy books from our book sale. Before you begin, let the librarian at the main desk know you're rockin' and reading. Physical books only... no devices please. Every Tuesday in July - Every Wednesday in August

Candy Rocks (in a jar) Contest - Make your best guess of how many candy rocks are in the jar. The closest guess without going over takes home the candy. Tie-breaker... First name drawn from the tied entries wins the rocks. FYI: June Candy Rocks Contest ended on the 30th... we've got a new jar of candy for July, so here's another chance for you to win!

Monday the 2nd at 6 p.m.

Scrabble, Adults Only - Play scrabble with a theme... This month's theme: Rock-n-Roll. Attend this Adult Summer Reading Program event and receive one chance to win the Rockin' Goody Bag... Win the game and receive a second chance.

Wednesday the 4th - Library Closed

Happy Independence Day!

Monday the 9th at 5 p.m.

Trustees Meeting - Open to the public

Wednesday the 11th at noon

Scrabble in the Afternoon - A great way to spend a day... friends and a leisurely game.

Friday the 13th from 10 a.m.-noon

Touch a Truck - Our Summer Reading Program officially kicks-off today with our annual Touch-a-Truck event in the library parking lot. Come get a close-up look at emergency vehicles, construction equipment and even a school bus,

and talk to the people who drive them! Free face painting, too!

Monday the 16th at 6:30 p.m.

The Bookers - "Joy for Beginners" by Erica Bauermeister - Having survived a life-threatening illness, Kate celebrates by gathering with six close friends. At an intimate outdoor dinner on a warm September evening, the women challenge Kate to start her new lease on life by going white-water rafting down the Grand Canyon with her daughter. But Kate is reluctant to take the risk. That is, until her friend Marion proposes a pact: if Kate will face the rapids, each woman will do one thing in the next year that scares her. Kate agrees, with one provision—she didn't get to choose her challenge, so she gets to choose theirs. Whether it's learning to let go of the past or getting a tattoo, each woman's story interweaves with the others, forming a seamless portrait of the power of female friendships. (Amazon)

Wednesday the 18th at 3 p.m.

Craft Day Rocks! - Pets rock and so do Pet Rocks! Kids, create your own easy-care pet... paint a rock today.

Monday the 23rd at 6 p.m.

Book Talk/Fundraiser with Local Author Michael A. Bruno - Cruising New Hampshire History: A Guide to New Hampshire's Roadside Historical Markers - New Hampshire history is uniquely on display along the highways of the Granite State. The New Hampshire roadside historical markers commemorate significant events and individuals from the first settlers arriving in 1623 to notable individuals who helped define what New Hampshire is today. New Hampshire also played a major role in the birth of our nation.

From Revolutionary battlefields to individuals of political influence, the Granite State has made an indelible mark on history. Author Michael Bruno shares his expertise on cruising in the Granite State!

Fundraiser

Michael's book can be purchased here on the night of the event for \$19.00. He is generously donating \$5 for every book sold to the local chapter of Every Child is Ours.

About the Author

Michael was born and raised in the Lakes Region of New Hampshire. After serving in the U.S. Army for more than 23 years, he returned to New Hampshire in 2009. He has been a JROTC Army Instructor at White Mountains Regional High School in Whitefield since his military retirement. Michael holds graduate degrees in education; an Educational Specialist (Ed. S) degree in Curriculum and Instruction from Liberty University in Virginia, and a Masters in Education (M.Ed) from Saint Joseph's College in Standish Maine.

Michael recently earned his certification as a New Hampshire Granite State Ambassador and hopes to use his knowledge of New Hampshire to assist guests who visit the Granite State. Now residing in the historic town of Bethlehem, NH, he enjoys hiking in the White Mountains and riding his motorcycle with his wife Kristin along the country roads of New Hampshire.

Part of the 2018 Summer Reading Program: Libraries Rock! Attend this event and receive a chance to win the Summer Reading Rockin' Goody Bag. Refreshments served.

Tuesday the 24th at noon

The Noon Book Group is also reading "Joy for Beginners" by

Erica Bauermeister - "Joy for Beginners takes us on the emotional journeys of seven women seeking to transform their lives, and proves that sometimes what we really need to inspire us to change is a good, firm shove."—Garth Stein, author of "The Art of Racing in the Rain" (See "The Bookers" above for more details)

Wednesday the 25th at 3 p.m.

Craft Day Rocks! Get rockin' with your own rock necklace. Make a necklace that's all about you.

Wednesday the 25th at 4 p.m.

YaH Book Group - "The Unforgettable Guinevere St. Clair" by Amy Makechnie - A ten-year-old girl is determined to find her missing neighbor, but the answers lead her to places and people she never expected—and maybe even one she's been running away from. (Amazon)

Join the discussion on July 25, then meet the author, Amy Mackechnie, on Thursday, Aug. 9 at 6 p.m., when she joins us at Hall Memorial Library to discuss her book and the process of writing a first novel.

Thursday the 26th at 6 p.m.

Teddy Bear Sleepover - Teddy Bears and other stuffed friends are invited to spend the night at the library. Then find out what your stuffie's been up to all night when you pick-up your friend and see a slideshow on Friday morning at 10 a.m.

Monday the 30th at 6 p.m.

Scrabble, Adults Only - Play scrabble with a theme... This month's theme: The Granite State Rocks. Attend this Adult Summer Reading Program event and receive one chance to win the Rockin' Goody Bag... Win the game and receive a second chance.

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arrested on June 15 for Disobeying an Officer, Criminal Trespassing, and driving an Unregistered Vehicle. A passenger in Dubois' vehicle, Katie Lynn Beaupre, age 31, of Belmont, was arrested during the same traffic stop for Possession of Marijuana.

Megan O'Connell, age 39, of Laconia was arrested on June 16 as a Habitual Offender, and for Disobeying an Officer.

Debra J. Stanyan, age 58, of Laconia was arrested on June 16 for Criminal Mischief (Vandalism).

Shawna Brielle Arnold, age 32, of Belmont was arrested on June 17 for Domestic Violence; Assault.

William Mussey, age 50, of Laconia was arrested on June 19 in connection with a bench warrant issued by Concord District Court.

Daniel H. Perrino, age 40, of Laconia was arrested on June 19 in connection with a bench warrant issued by Concord District Court.

Interlakes Summer Theatre entering 11th season

BY ERIN PLUMMER

mnews@salmopress.news

MEREDITH — Interlakes Summer Theatre is entering its 11th season with a slate of big shows, a number of theater veterans on and offstage, and a building reputation for producing great talent.

Interlakes Summer Theater will begin its new season on July 5 with the opening of Andrew Lloyd Weber's "Evita." The professional summer stock theater at the Inter-Lakes Community Auditorium was founded in 2008 by Producing Director Nancy Barry.

Barry said in the past decade, 28 of their performers have signed contracts to perform in Broadway productions, some recently. The theater filmed a commercial, which is now running in local movie theaters and will be

shown to wider audiences soon. Barry said when they initially filmed the voiceover stated that 22 performers had gone onto Broadway. Soon she contacted the producers to correct the voiceover to 24 people, since then four more performers have gone onto Broadway.

"That just tells me I've been finding great talent," Barry said.

Over the years, 23 people are coming back after performing there before.

"That means they trust me, and I trust them; that's part of the family thing," Barry said.

Two performers who took part in the first season and met for the first time are now married; the wife is performing on Broadway, and the husband is a stage manager.

She said the Inter-

lakes Summer Theatre has become well known to casting directors and other theatrical movers and shakers in the know from New York City to Florida. She said she has heard that actors will recommend to their peers to take the opportunity to do Interlakes Summer Theatre if they are offered.

Initially, the theater had a rocky start. Barry said the theater started the summer before the recession of 2008 hit, and since then, it has been lucky to break even. Barry has never taken a paycheck from the theater, saying she does her work there for the love of it.

Over the past decade, the theater has steadily grown more successful. She said she has made close friendships, especially the people she meets at the annual casting conference in New



COURTESY NANCY BARRY

"Evita" director Gustavo Wons, a Broadway dancer who was born in Argentina. Onstage are the leads in Evita: Stephanie Christianson, Mario Castro, Mikey LoBalsamo, Ashley Landroche Whalley, and Giovanni Beatty along with Music Director Alexander Tom.

York City.

The new season's first production is "Evita" starring Ashley Landroche as Eva Peron.

"I chose her because she is mature," Barry said. "She has the talent, she has the depth to do a role like this."

Landroche also runs The Studio at Meredith Bay, which was formally managed by her grandmother.

The production is directed by Broadway veteran Gustavo Wons, who is from Argentina and has dual US/Argentinian citizenship. Barry said Wons has given much insight on how revered Peron is in his home country. Barry said Wons has told them about how she did a lot for women in Argentina, including helping to give women the vote.

"He knows things about her that we don't get to see in the story,"

Barry said. "I love it because he knows the true story."

"Evita" closes on July 15 and next the theater will do the classic musical "Showboat" July 18-29.

The next show will be "La Cage aux Folles" on Aug. 1-12, the play that inspired the film "The Birdcage."

The show has special meaning to Barry. In "La Cage aux Folles" a gay couple tries to hide who they are when meeting the conservative parents of their son's fiancée. Barry once performed in a production of the musical and her parents were in the audience.

"My parents said that show just touched their hearts how parents are willing to sacrifice for their children," Barry said. "They were very conservative, but they loved that show, they loved the message."

Theater veteran David Michael Stoddard will play Albin.

The season will finish with "Newsies" Aug. 15-19, which will Barry said will feature Broadway-caliber dancers.

The theater will have a "Newsies" themed float in Meredith's 250th birthday parade.

The nonprofit Interlakes Children's Theatre is getting ready for its first show of the season. The organization is a theater camp for students ages 9-18 where they work with professional actors.

The first show is "Honk, Jr." July 14 and 15, which will be followed by "Really Rosie" on July 28 and 29 and "Lion King, Jr." Aug. 11 and 12.

For more information on the season and special events, call 707-6035 or visit interlakestheatre.com.

HALL MEMORIAL LIBRARY HAPPENINGS

Monday, July 2
Chess Club, 3-5 p.m.
Scrabble- Adults Only, 6 p.m.

Create words with a Rock-n-Roll theme and earn a chance to win the 2018 Summer Reading Program Goodie Bag. Win the game and earn a second chance.

Tuesday, July 3
Rock & Read, Summer Reading Program "Libraries Rock" Happening, 10 a.m.-6 p.m.

Seat yourself in one of our rocking chairs and earn a library buck for every 15 minutes you rock & read a book or magazine from our collection (no devices

please). Library Bucks can be used to pay down your fines, make photocopies, send faxes, or purchase books from our on-going book sale. Let the librarian at the circulation desk know that you are going to participate in the Rock & Read program before you get rockin'.

Spanish Club, 10 a.m.
Tech Tuesday, 2-4 p.m.
Teen Time, 3 p.m.

Wednesday, July 4
We're Closed for Independence Day... See you on Thursday!

Thursday, July 5
Teen Time, 3 p.m.

Friday, July 6
Sit and Knit, 2-5 p.m.

Saturday, July 7
Let's Go Lego, 10 a.m.

New Items
"The Angels Will Not Care: A Cecil Younger Investigation by John Straley
"A Place for Us: A Novel" by Fatima Farheen Mirza
"The Book of Essie: A Novel" by Meghan MacLean Weir
"Little Big Love" by Katy Regan
"The Woman in the Woods" by John Connolly
"The Jar of Hearts" by Jennifer Hillier

Milfoil treatment begins on Lake Winnisquam

BELMONT — The Winnisquam Watershed Network (WWN) began implementing a lake-wide treatment program for the control of variable milfoil in Lake Winnisquam last week.

Beginning with the Sunray Shores area in Belmont, Gilford-based Aqualogic Inc. will perform approximately 25 days of diver-assisted harvesting to remove invasive milfoil from a number of locations along the lakeshore this summer. This will be followed by a controlled herbicide application in areas with the densest infestation to be conducted in September by SOLitude Lake Management, Inc. out of Shrewsbury, Mass.

The \$45,500 program will be funded primarily through a grant to the WWN from the New Hampshire Department of Environmental Services and local matches from the Towns of Meredith, Belmont, Tilton and Sanbornton and the City of Laconia. Several neighborhood associations and private donors have also contributed to the effort, and the Winnisquam Watershed Network is continuing to solicit donations.

According to Lisa Eggleston, WWN President, management of the invasive milfoil in Lake Winnisquam has historically been very localized and some areas of infestation have not been treated since 2008.



COURTESY

The Winnisquam Watershed Network (WWN) began implementing a lake-wide treatment program for the control of variable milfoil in Lake Winnisquam last week.

In order to significantly reduce the areas of infestation and prevent further spread of the invasive weed the WWN intends to conduct variable milfoil management on a consistent, long-term basis going forward. They have also recently implemented a Weed Watcher program in which trained volunteers monitor designated areas of the lakeshore to identify any new invasive plants or

animals early on so that they can be more easily managed.

For more information on the Winnisquam Watershed Network's milfoil management program or to make a donation, please visit www.winnisquamwatershed.org.

Explore life in NH during WWII with Northfield Historical Society

NORTHFIELD — The Northfield Historical Society presents "World War II New Hampshire" July 16 at 7 p.m. at the Town Hall, 21 Summer St., Northfield.

This documentary tells the story of life in New Hampshire during

the Second World War. Through interviews, historic news film, photos, and radio reports from the battlefields, this documentary and discussion facilitated by John Gfroerer chronicles how a nation, a state, and the citizens of New Hampshire mo-

bilized for war. John Gfroerer has produced over 40 documentaries. His work has been aired on public television stations, The History Channel, and many other venues. Funding is provided by the New Hampshire Humanities Council.

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Opinion

A4 Thursday, June 28, 2018

WINNISQUAM ECHO

STRATEGIES FOR LIVING

The price of success

BY LARRY SCOTT

In the New Testament book of Hebrews, we read: "By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. He chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time. He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt." Of Hebrew origin, he was the grandson of society's most powerful and wealthy man ... and everything life had to offer was available to him.

One cannot imagine the sumptuous life-style that was his to enjoy. The wealth, the power, a life of "wine, women and song" was his for the taking. But it was not to be. By the time we find him on Mt. Sinai in personal conversation with God, producing the Ten Commandments and the law that was to guide the nation of Israel, Moses had gone through a traumatic and life-changing transition.

Despite the ease and comfort available to him as an Egyptian Prince, Moses chose instead to be identified with his Hebrew family. When he was 40 years old, things finally came to a head. He killed an Egyptian who was abusing one of the Hebrews and had to flee for his life. For the next 40 years, giving up on any dreams of greatness he might have had, he became a shepherd to his father-in-law in southern Arabia. The "pleasures of sin," the sumptuous life-style, the educational opportunities, the benefits of power – all lay behind him.

But God had not abandoned him. At 80 years of age, God called on him to lead the Hebrew people out of Egypt into a 40-year journey through the wilderness of Arabia, to the land promised to Abraham centuries before. Moses, who had spent forty years in Egypt thinking he was somebody, spent 40 years shepherding sheep thinking he was a nobody, only to discover that God can take a nobody and make a somebody out of him – so long as he is willing to pay the price for his success.

But that is God's way. He is more than able – and willing – to take us as we are and where we are and help make us the best that we can be. That I believe to be true whether we acknowledge Him or not. But taking Him seriously and following the guidelines He has laid out for us, changes everything. A godly life may demand self-discipline and surrender to His will, something that unfortunately most people do not find the least bit appetizing, but as Moses discovered for himself, it beats anything a self-centered and godless life has to offer.

God's plan for our life, however, can only be discovered "from the inside out." In Jesus Christ we find enough evidence to substantiate the fact that our faith in God is not misplaced. It is to our advantage, far above anything life without God has to offer, to take a step of faith, accept Jesus Christ as the Lord of our life, and discover for ourselves that the promises of God have not been exaggerated; God is as good as His word!

You want to talk about it? Hit me up at rlarry-scott@gmail.com.



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PET OF THE WEEK

CHAMP

Perhaps receiving the award for our most travelled dog, the handsome and debonair Champ has arrived, and waits for his forever home at New Hampshire Humane Society. This young boy, aged about two years old originates from the Deep South - Mississippi, by way of St. Hubert's Animal Welfare Agency in New Jersey, with whom we are an official Waystation Partner, and then onto our shelter in the Granite State.

Champ has traveled the road.

He's a gorgeous Husky mix, sporting the widow's peak markings on his stately head, but is tall, rangy, a long legged dog. Champ smiles, a lot. He's a happy dog willing to befriend all he meets.

He's active, outgoing, just a great family dog in the making. Meeting cats caused him some angst, he was a little afraid of the little furballs with claws, but, his Husky genes, when settled, may resurface; he might just think cats are fun to chase!

Good natured, affable, what more can we say about this wonderful young dog, who really would be a terrific addition to any home provided there is time set aside for exercise, play, cuddle time on the sofa and love in abundance.

Shelter is open every day except Mondays and Wednesdays. Come and visit, you will fall in love.

Check:
www.nhhumane.org
or call: 524-3252
for details.



LETTERS TO THE EDITOR

Keep Winnepesaukee clean - put a sock in it!

To the Editor:

Be a clean boater. Did you know that one quart of oil could contaminate 250,000 gallons of water? Proper boat maintenance protects our lake, which is why the Lake Winnepesaukee Association encourages boat owners to use bilge socks. Oil and fuel can leak from the boat's engine and collect in the bilge compartment. When the bilge is activated, these chemicals are discharged into the lake. Bilge socks absorb the excess oil and gas, preventing these substances from polluting the lake. Using a bilge sock is an easy and inexpensive way to protect Winnepesaukee.

Ask your marina to include the installation and removal of bilge socks into their fall and spring routine maintenance. Bilge socks cost approximately \$10, so adding this additional maintenance is a smart and low cost investment to help keep Winnepesaukee clean.

Some other tips to being a clean boater –

- Use proper care when fueling your boat – do not

top off your tank.

- Do not wash your boat in the lake – only at an approved wash station, or away from the lake. Use nontoxic, and chlorine and phosphate free cleaners.
- Use Pump Out Stations – it is illegal to discharge untreated sewage into the lake.
- Clean, drain, and dry your boat when trailering to help prevent the spread of invasive species from one waterbody to another.

The Lake Winnepesaukee Association is dedicated to protecting the water quality and natural resources of the lake and its watershed today and for our children tomorrow. For additional information or any questions, contact 581-6632 or email: mail@winnepesaukee.org.

Patricia Tarpey
Executive Director
Lake Winnepesaukee Association
Meredith

Was John Adams right?

To the Editor:

This is the 45th report. Since we aren't in session, I'll share some personal thoughts about the status of our state and nation. Frankly, I am concerned about what we are. We seem to have regressed from an independent, self-sufficient citizenry to one where people are asking not "What can you do for your country, but what can it do for you?" to paraphrase John F. Kennedy.

We find it increasingly hard to live within our personal and governmental financial means. We pile up debt and ask for a living wage for an entry-level job. We expect government to provide retirement and health care as a "right." Social Security is a tax, not a retirement investment, and health care is our individual responsibility. Young people look at the home their parents worked diligently to achieve and think they should begin where their parents are. Their parents started with a rental, a starter home, added some elbow grease and several years of devoted work to get there.

Our schools have usurped the role of parents, abandoning education, as is revealed in test scores where about half of the students are less than proficient for their grade level. Yet, schools continue to ask for more and more money to teach fewer and fewer children. For what reason? When half the children cannot read or do math at grade level, they are destined to a life without the basic tools to explore their universe. It is costly and less efficient to remediate the child after the fact. Every effort should be

made in the first three grades to achieve proficiency for all students. One solution is to remove some of the administrative and remedial teaching staff at upper levels and assign them to the lower grades, even if it means a longer day. Help the students with the basics. Let's get it done!

This next part may offend some. But men need to stand on the wall to lead their families in a moral and righteous way. Our society is emasculating young boys through the media and with drugs. We let them play violent video games, but tell them to show their feminine side and sit down and shut up in the classroom. When they don't, they are coded, drugged and told to be good little boys. We pass laws that rob girls of their femininity, and now will enable boys with "sexual dysphoria" to compete as "girls" in sports like wrestling and track. Men, where are we going?

We can do better, but we have to stop and assess what we are or we won't survive. As John Adams said, "Our Constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other." I believe it is still true for our state and our nation.

If you want to talk about this or anything else, call me at 320-9524 or send an email to dave@sanbornhall.net.

Cheers!
Dave Testerman
State Representative
Franklin and Hill

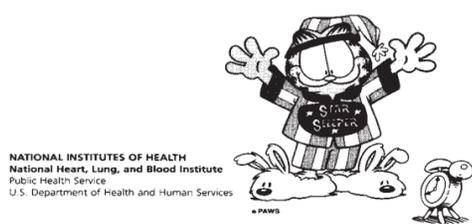
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For kids to do their best in school or at play, they should get at least nine hours of sleep every night. **Kids can be Star Sleepers like Garfield.** Visit <http://starsleep.nhlbi.nih.gov> for sleep tips and fun activities.



North Country Notebook

The Fourth nears, patriotism swells (Ah, to be on the deck of a ship)



By JOHN HARRIGAN
COLUMNIST

For three years now, I've been following the progress of the USS Manchester, ever since her keel was laid down in 2015 in Mobile, Ala. During the past few weeks, I've followed her from neat little (and not so little) commissioning ceremonies in Portsmouth and Manchester, and then to ports of call down the East Coast, in Cuba and Mexico, and through the Panama Canal to her home port in San Diego, Calif.

She is in the most modern class of the Navy's "littoral" (i.e., "coastal waters") fighting ships, and to say that she is heavily armed doesn't quite do it. Let's say that in many ways she outguns much bigger ships of the past.

In name if not size, she follows what used to be called a "pocket battleship," or light cruiser, the USS Manchester, which fought during World War II and the Korean War and was decommissioned in 1956.

The approach of the Fourth of July made me think of the Manchester again, partly because I've always wanted to visit the Panama Canal and partly because the deck of a Navy ship might be a fun place to be during the nation's only guilt-free major holiday. The Fourth is simply the country's Birthday Bash, unfettered and unabashed. But I am an unabashed sentimental fool when it comes to the nation's birthday, hometown parades, and peo-

ple I've known all my life following the Stars and Stripes up Main Street.

+++++

Other ships were named for other New Hampshire cities and places. That brings to mind the USS Kearsarge, a 1992 amphibious assault ship and the fourth Naval vessel named in honor of a Civil War sloop famed for foiling Confederate blockade-runners. The War Department was pretty clever about coming up with names for ships, all of which helped raised tremendous amounts of money for the war effort if they were named for just about any place people could call home, or wanted to (ergo, Kearsarge).

The wars were always over before the Navy ran out of place-names, although I can envision, for example, the USS Deadwater (a stream with extremely swampy headwaters just south of Pittsburg, but what a great name for a Dreadnaught, huh?) or the USS Hedgehog Nubble (yes, such a place exists, in the same vicinity).

+++++

All of this prompts the question as to what ships have been named for not the city but the state, and the status of the present one.

What seems to have been the first known war ship named for New Hampshire was a vessel with an incredible history whose keel was laid down at the Portsmouth Navy Yard in 1819 and was initially known as Alabama. She was to be a ship of the line of "no less than 74 guns" for the then-young nation, and was ready for launch by 1825, but instead her hull languished on its original building stocks for almost 40 years for lack of funds to get her fitted out and manned.



The new USS Manchester, designed to operate in coastal waters but every bit able to serve on the high seas. (Navyrecognition.com)

This part of the story frankly astounds me. Who took care of the hull for all that time, and how was it preserved? But so the story goes.

In 1863, the Alabama, renamed the New Hampshire, was finally launched and fitted out, and used in a blockade squadron during the Civil War. She somehow remained relevant during the world's sea-change from sail to steam, and was put to multiple uses, most notably as a training ship, before being towed from Newport, Rhode Island to New London, Connecticut in 1892 and decommissioned.

But the old ship's life was not over. The Navy loaned her to the New York Naval Militia as a training ship. Renamed the USS Granite State in 1904 (so a new battleship could be named the USS New Hampshire), she served as a training ship until 1921, when she caught fire and sank at her pier in the Hudson River.

But wait, there's more. The government sold New Hampshire's hull to a company that refloated it in 1922 and was towing it to the Bay of Fundy when the line parted and the hull sank in about 30 feet of water near Manchester-by-the-Sea, Massachusetts, where it remains a popular dive site.

The current USS New Hampshire is an attack class submarine launched in 2008 and

homeported in Groton, Conn.

+++++

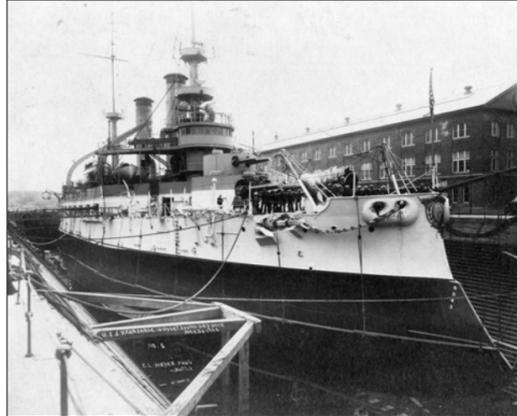
My Dad was proud veteran of the Navy, although chagrined at not getting into combat during the early days of World War II, when like tens of thousands of other young men across the country he dropped everything to go fight the enemy. Instead he wound up, as he always ruefully put it, "under three stories of concrete" at a secret base near Washington, D.C., cracking code. He came out as a Lieutenant Commander (jg), and up until the end of his life could still wear his dress whites, and marched in every parade.

In the mid-1990s, when both Dad and I had at least a little pull in a few high places, I wangled an invitation from the Navy (without his knowledge) for the two of us to go aboard a Navy destroyer for three days at sea, a trip that was one of the very best moves of my life. We were the only civilians aboard. The Navy showed us its absolute best.

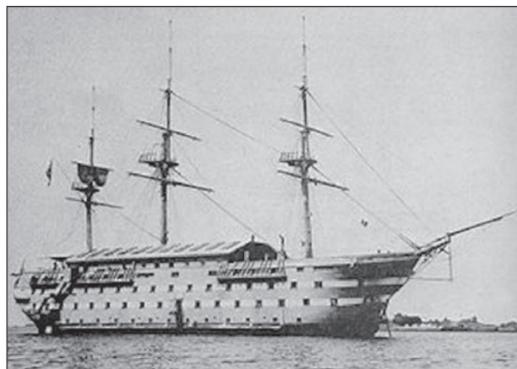
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The USS Kearsarge (ca. 1899) was the Navy's only battleship not named for a state. She sailed around the world as part of Theodore Roosevelt's Great White Fleet (1907-1909), served for decades as a crane platform, and was sold for scrap in 1955. (Naval Historical Center)



The first USS New Hampshire, originally designed as a sailing ship and whose hull remained on the blocks for 40 years, was finally fitted out and went to sea under sail during the Civil War despite the world's conversion to steam. (US Navy)

How I miss that old Navy guy. If he were still around, I'd have tried to get the two of us aboard the USS Manchester for a grand ride through the Panama Canal.

ering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

(This column runs in a dozen newspapers cov-

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Fay Kulus, 91

FRANKLIN — Fay (Gilman) Kulus, 91, a longtime resident of Franklin, died Saturday, June 23, 2018 at the Franklin Regional Hospital in Franklin following a period of failing health.

Fay was born in Franklin, Jan. 23, 1927, daughter of Warren S. Gilman and Ellen F. (Lees) Gilman. She married her husband, Chet, June 22, 1946.

Other than living two years in Wisconsin, Fay lived in Northfield before moving to Franklin, and lived there for 38 years until her death.

For most of her working years, Fay was employed as an Administrative Assistant and bookkeeper, working with the former Arthur S. Brown Company in Tilton for over 23 years, and prior to her retirement in 1985 was employed with the Gale Insurance Agency in Tilton for several years.

Fay was known to be a quiet lady with a warm smile. She en-



FAY KULUS

joyed reading, watching sports and golf on TV with her husband and playing cribbage. She and her husband were parishioners at the St. Mary of the Assumption Church in Tilton.

She leaves her husband of 72 years, Chester "Chet" F. Kulus of Franklin; her son, Pastor Chester W. Kulus, and his wife, Nancy of Bridgewater; daughters Ellen M. Sawyer and her husband, Rodney of Ocala, Fla., Peggy A. Diamond and her husband Lee of Laconia, and Theresa L. Starkweather and her husband, Ross

of Northfield; six grandchildren, 13 great-grandchildren and several great, great-grandchildren.

Respecting Fay's wishes, there are no calling hours. A Mass to celebrate Fay's life will be held Friday, June 29, 2018 at 10 a.m. at St. Mary of the Assumption Church, Chestnut St. in Tilton. Burial will follow in St. John Cemetery, Sanborn Road in Tilton. Following a brief interment service, Fay's family will return to the Fr. Boutin Center and join friends for a Mercy Meal there.

The William F. Smart Sr. Memorial Home of Tilton is assisting the Kulus family with arrangements.

Rather than flowers; for those who wish, may make a memorial contribution in Fay Kulus' memory to the Franklin VNA and Hospice, 75 Chestnut St., Franklin, NH 03235

For more information, go to www.smart-funeralhome.com.

Cecile C. Lockwood, 81

NORTHFIELD — Mrs. Cecile C. Lockwood, 81, formerly of Northfield, a resident of Merrimack County Nursing Home, died at Concord Hospital on June 23, 2018.

She was born in Franklin on July 14, 1936, the daughter of Gerard and Eva (Masse) Deguise.

Cecile was raised in Franklin and was a graduate of Franklin High School.

She resided in Northfield for over 50 years.

She formerly worked at Sulloway Hosiery Mill in Franklin and later as a legal secretary for Filardo and Franks prior to retiring.

Cecile enjoyed knitting, crocheting, and baking for family.

Her husband, Earl E. Lockwood, Sr., died in



CECILE LOCKWOOD

2000.

Family members include her children, Brenda Lee Lockwood of Northfield, Earl E. Lockwood, Jr. of Pittsfield, and Lee-Ann Gregg of Thornton; four grandchildren (Jennifer Donovan, Andrea Austin, Connor Austin, and Aiden Gregg); two great grandchildren, Hanna Donovan, Logan Donovan, and Ana-Lynnae Heath; two brothers,

Paul Deguise of Franklin and Bob Deguise of Amherst; and nieces and nephews.

Besides her husband and parents, she was predeceased by a brother, Jack Deguise.

Funeral services will be Saturday, June 30, 2018 at 2 p.m. at Thibault-Neun Funeral Home, 143 Franklin St., Franklin, will an hour of visitation beginning at 1 p.m.

Burial will be later in New Hampshire Veterans Cemetery, Boscaewen,

Donations in memory of Cecile may be made to American Diabetes Assn., 2451 Crystal Dr., Suite 900, Arlington, VA 22202.

For directions and an online guestbook, please visit www.neunfuneralhomes.com.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 1,115 calls for service and made the following arrests from June 11-24. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

Arrested during this two-week time period were Zachary Brown (in connection with an

outstanding warrant), August Gauthier (for Simple Assault), Susan Young (for Driving After Suspension), Brian Carroll (for Driving Under the Influence of Drugs or Alcohol), Karen Schipilliti (in connection with an outstanding warrant), Thomas O'Reilly (for Aggravated Driving Under the Influence of Drugs or Alcohol and an Open Container violation), Brian Bennett (in

connection with an outstanding warrant), Joseph Keith (for Possession of Drugs), Tristan Jerrier (in connection with an outstanding warrant and for Possession of Drugs), Brennan Szanto (for Driving Under the Influence of Drugs or Alcohol), Coire Clemmer (in connection with an outstanding warrant), and Sharn Corgatelli (in connection with an outstanding warrant).

21st Annual Jewish Food Festival set for July 8

LACONIA — Once again, the event to attend this summer is the 21st Annual Jewish Food Festival at Temple B'nai Israel in Laconia on Sunday, July 8, from 11 a.m.-2 p.m. People will be coming together from all over New Hampshire and beyond to enjoy the memories of the tastes and smells from the kitchens of Jewish mothers and Bubbes (grandmothers) through the ages...from traditional Jewish cooking to delicatessen delights to amazing desserts and more!

In addition to the tasty array of homemade products, the Food Festival features corned beef, pastrami and tongue "imported" from Evan's Deli in Marblehead, Massachusetts. Evan hand cooks his meats in the deli kitchen and food critics and patrons alike declare, "This meat is out of this world." Treat yourself and your family to a fresh Evan's Deli

meat sandwich or any of the other homemade Jewish delicacies including deli meats or TBI's homemade beef brisket with pickle and coleslaw on rye or roll, knishes (meat & potato), blintzes, chopped herring, and chopped chicken liver. Available for takeout, all frozen and ready to heat at home - while supplies last - deli meats and brisket, matzo ball soup, potato latkes, noodle kugel, stuffed cabbage, rugelach and strudel. And don't forget the half sour pickles as well as the fabulous assortment of homemade desserts.

The Jewish Food Festival in Laconia ranks with the best due to TBI's talented cooking crew of women and men who have been gathering before Festival Day for planning and recipe selection as well as participating in dozens of cooking and baking sessions in the temple kitchen.

Per Committee Chair

Stu Needleman, "Our cooking teams have prepared hundreds of servings of the most delectable foods. We have purchased, cooked and hand sliced nearly 200 pounds of everyone's favorite meats and baked dozens of varieties of cakes, cookies and other desserts. But no matter how much we have, everything goes quickly. So don't be late and risk having your favorite item sold out!"

Food Festival attendees from years past attest to the great food and festive atmosphere:

The best day of the year. This is an epic annual event in Laconia; a valuable cultural event for our community.

Absolutely incredible. Out first time here, but not our last! Wonderful people!

The highlight of our weekend. We were warmly welcomed, greeted and cared for.

We'll be back next year with our friends!

However, this Festival is about more than food. You will find many assorted treasures at the Nearly New Boutique on the front lawn as well as new Judaica items inside. Attendees meet old and new friends from the community at large, both Jewish Food connoisseurs and rookies.

The Jewish Food Festival takes place under the tent on July 8 at Temple B'nai Israel, 210 Court St. in Laconia, rain or shine. Credit cards are accepted. More information can be found at www.tbih.org Questions should be directed to foodfestival@tbih.org.

Franklin VNA & Hospice's Second Annual Coloring Contest is underway!

FRANKLIN — National Coloring Book Day is recognized annually on Aug. 2. Coloring and coloring books have always been popular with children, but over the years adults have gotten more and more involved with coloring. Adult coloring is now a huge trend and many are finding that it is not only fun but also a great way to reduce stress and anxiety. Coloring has also been linked in studies to help with healing the mind, body and spirit, releasing repressed feelings and emotions and stimulate creative thinking and problem solving, just to name a few.

This year, Franklin VNA & Hospice is again having a coloring contest that runs through July 19. The winners will be chosen on Aug. 2. The categories are broken down into three age groups: Eight and under, Nine to 14, and 15 and up.

As they are known for doing, the Frank-

lin VNA & Hospice is keeping things local on this National Day! Prizes will be awarded for first, second, and third place in each age group all from local organizations! The Soda Shoppe and Central Sweets in Franklin, Tilton Dairy Queen, Dipsy Doodle in Northfield, Jordan's Homemade Ice Cream of Belmont and Art Escape in Laconia were all proud and happy to provide all the prizes to the talented artists.

The butterfly, in many cultures is a symbol of the soul. Franklin VNA & Hospice had long ago adopted the butterfly as their logo because it represents their mission - to provide quality home health care, Hospice care and education to individuals and families in our communities so they may reach their highest level of independence. In other words, they aim to take care of the whole soul. So it is no surprise this year a butterfly was chosen for the contest, with beauti-

ful swirls and whorls to give the contestants, what will undoubtedly be a great start to creating a masterpiece.

Local area schools and businesses, such as Winnisquam, Shaker Regional and Franklin Schools, Merrimack County Nursing Home and all the local senior centers will have the coloring sheets to hand out as well as a printable version on the FranklinVNA.org Web site. There are also printed versions available in their July "The Butterfly Files" newsletter and at their office on Chestnut Street.

The winners will be displayed online on their Facebook page and website. So grab or print out the contest page, some coloring supplies and enjoy some quality coloring time!

For more information, call Franklin VNA & Hospice at 934-3454 or visit www.FranklinVNA.org Your choice, your local VNA.

Love INC. welcomes six new volunteers!

REGION — Love INC. welcomes the following volunteers: Abbie Cameron, Rhonda Vappi (Pastor of Turning Point Fellowship), Allen Schulte, Steve Krovac, Darlene Larrabee, and Carole Taylor.

"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." — Mark 10:45

Love INC. of the Lakes Region is blessed to have these volunteers representing five local churches. Love INC's Redemptive Compassion

Class is an eight-week program that prepares individuals to come alongside people in need, by giving them a hand up not a hand out. Redemptive Compassion teaches that through the redemptive power of Jesus, they can regain their dignity and hope.

Love INC. has seen a 500 percent increase in the number of requests for help over the past several months. With plans to initiate several new programs in the coming months Love INC. looks to serve the community by mobiliz-

ing trained volunteers from our 14 Partner Churches. If you feel led to learn more about Love INC. and would be interested in becoming a Volunteer, Board member, or to help support Love INC. please contact us at one of the following sites:

info@loveinclr.org
Love INC. of the Lakes Region - Facebook
www.loveinclr.org
366-1525

We at Love INC. look forward to hearing and serving in the Lakes Region.



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Spaulding Youth Center participates in Special Olympics Summer Games

NORTHFIELD — Spaulding Youth Center is excited to announce that 13 residential students competed in the 2018 Special Olympics New Hampshire State Summer Games held earlier this month at the University of New Hampshire in Durham. This is the largest group of participating student athletes in recent Spaulding history.

The student athletes' journey began with practices on campus starting in April and then attending the regional games in May to earn their divisional designations. From the regional games, the athletes advanced to the state summer games.

The Spaulding Youth Center Shooting Stars competed against athletes from dozens of

schools across the state of New Hampshire in athletic events, including 50 and 100-meter races, the Softball Throw, the Tennis Ball Throw and the Standing Long Jump.

All participants received a commemorative ribbon and the top three placements received medals. Official divisional results for the Spaulding Youth Center Shooting Stars are as follows:

50M Run: 1 gold medal and 3 bronze medals as well as one 4th place, one 5th place and one 6th place

50M Walk: One student athlete earned 4th place

100M Run: 1 gold medal and 2 silver medals as well as four 4th places, one 8th place, and one 7th place

100M Walk: 2 silver medals

Mini-Javelin: 1 silver medal

Softball Throw: 1 gold medal, 1 silver medal and 3 bronze medals as well as one 4th place, two 7th places and one 8th place

Standing Long Jump: 1 silver medal and 1 bronze medal as well as one 4th place, one 5th place and one 7th place

Tennis Ball Throw: 2 silver medals and 1 bronze medal

We are especially appreciative of staff leadership which was instrumental to support the student athletes' success. Key staff include Brian Doyle, who coordinates the Spaulding Special Olympics efforts, Heather Max, who manages all the paperwork

and supply needs, as well as Mike Freeman, Nicole Hilliker, Manny Reyes and Mike Schaffnit, who consistently volunteer to help with practices, travel and athletic events.

"I am so proud of the group of student athletes and supportive staff that participated in the State Summer Games," said Susan C. Ryan, CEO & President of Spaulding Youth Center. "These individuals have regularly trained for their respective sporting events since April. Special Olympics New Hampshire is a fantastic organization that helps our student athletes build self-confidence and enjoy the sense of accomplishment that follows consistent effort and dedication."

To learn more about Special Olympics New Hampshire, visit <http://www.sonh.org>.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional,



COURTESY

Spaulding Youth Center is excited to announce that 13 residential students competed in the 2018 Special Olympics New Hampshire State Summer Games held earlier this month at the University of New Hampshire in Durham.

behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Our mission is supporting exceptional children and families toward a successful future. Spaulding Youth Center is a tax-exempt 501(c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

Local students earn Bachelor's degrees from Keene State College

KEENE — Keene State College awarded 926 undergraduate degrees to 908 graduates in the Class of 2018 during its Commencement ceremony on May 5. Thirty-two graduate degrees were conferred. Nora Guthrie, curator of folk artist Woody Guthrie's extensive work, and this year's honorary doctor of humane letters recipient, addressed the graduates.

Local students were among the students to be honored, including Dalis Austin of Northfield, who received a Bachelor of Arts in Mathematics for Elementary Teachers and a Bachelor of Science in Education; Sean Buxton of Northfield, who earned a Bachelor of Science in Management; Dylan Hoffman of Northfield, who received a Bachelor of Arts in Film; Kendra Loneragan of Sanbornton, who earned a Bachelor of Science in Management; and Jillian D'Abbraccio, who received a Bachelor of Arts in Biology.

"It was my true honor to celebrate our graduates this year. These

students became Keene State alumni fully prepared to pursue incredible opportunities - I know they will make us proud in the years ahead and they will remember Commencement vividly. It seems like just yesterday when I was among the students waiting to be called on stage," said Keene State College Interim President Melinda Treadwell. "These graduating students have accomplished more than they could have imagined when they first arrived on campus. They have worked incredibly hard through academic challenges, and they have transformed into the leaders we see today. I look forward to seeing where this journey takes them and learning about

their successes. Congratulations to the Class of 2018!"

About Keene State College

Keene State College is a preeminent public liberal arts college that ensures student access to world-class academic programs. Integrating academics with real-world application and active community and civic engagement, Keene State College prepares graduates to meet society's challenges by thinking critically, acting creatively, and serving the greater good. To learn more about Keene State College, visit www.keene.edu.

Keene State College: Wisdom to make a difference.

Local student named to the Dean's List at the University of New Haven

WEST HAVEN, Conn. — Paige Constantineau of Sanbornton has been named to the Dean's List at the University of New Haven for the spring semester, 2018.

About the University of New Haven

The University of New Haven, founded on the Yale campus in 1920, is a private, coed-

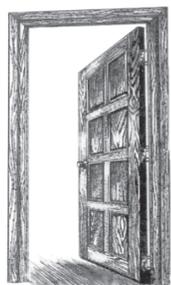
educational university situated on the coast of southern New England. It's a diverse and vibrant community of more than 7,000 students, with campuses around the country and around the world.

Within its colleges and schools, students immerse themselves in a transformative, career-focused education

across the liberal arts and sciences, fine arts, business, engineering, and public safety and public service. More than 100 academic programs are offered, all grounded in a long-standing commitment to collaborative, interdisciplinary, project-based learning.

Information is available at www.newhaven.edu.

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Activities start at 3, kids games, & BBQ
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Larry Walker Band 7-9 pm
National Anthem 9:30 pm
Fireworks at Dusk

July 4th Activities
Pancake breakfast 7-10am at the
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Parade 10:00 am Main Street Ashland

Fish for a great deal in the classifieds!

MARK ON THE MARKETS

Advisor versus robot



BY MARK PATTERSON

Robo-advising has become very popular because of the very low fees typically associated with this automated service. I believe there is some merit and a place for Robo-advising. There are just some concerns that I have regarding Robo-advising, first being, we really have not seen how the robot handles a fast-moving downward market or an elongated bear market. I can see Robo-advising being used by young people with a very longtime horizon in the markets that are just allowing the robot to rebalance their portfolio and to make algorithmic choices for their money. Where I don't believe Robo works well is for someone inside of 10 years of retirement or doesn't like equity market risk. As we get closer to needing our assets for income, or simply do not have time to recover from a correction in the equity markets, then an advisor or asset manager that is skilled at structuring steady, sustainable and reliable income that mitigates market risk,

sequence of return risk and longevity risk can be invaluable.

I have seen many portfolios that were good candidates for Robo advising. Typically, these portfolios were made up of a family of mutual funds with attached commissions and 12 b1 fees sold by "advisors" who did not take the clients best interests into consideration, but sold funds that their firm was paid to promote. In this instance this clients' money was being passively managed through high cost mutual funds whereas the robot may

have done a better job for less fees. I guess what I'm saying is that given the choice of a robot or a typical broker connected to a firm or bank, I might choose the Robo as well. Client money must be managed with the client's best interest first, but can only be done by an advisor who really understands how to manage that money for their client's needs, that includes risk tolerance and purpose.

As I mentioned earlier, we have not really seen how the robot reacts in tough market conditions. The last

eight years has seen a couple of bumps but not any major drawdowns in the equity markets. So, complacency is at an all-time high and money will chase a market nearing a top. Studies also tell us that investors will start to sell near the bottom. A robot will not have an opinion on the direction of the markets, if you should hedge, if you should raise cash levels or start to shift money over to bonds, fixed income or precious metals. It is a good thing that the robot takes your emotions out of the equation, but I'm not so sure

that taking a qualified advisor or asset managers emotions, skill and knowledge is a good thing. Time will tell. Robo advising may work for you if your time horizon long and you don't mind market risk in the equity markets or it could work for a portion of your portfolio that is designated for growth but you will not need for income in the next 10 years.

A good asset manager can manage your money using modern portfolio theory and options strategies for additional income, that invest in low

to non-correlated asset classes using very low fee investments that are designed to maximize your returns and minimize your risk. Compare that to the low fee robot that may not consider capital gains from your previous holdings or several other scenarios that could harm your portfolio without regard to your individual situation. It is all about net returns and risk and more important, purpose!

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

Fireworks return to Weirs Beach this summer

WEIRS BEACH — The Weirs Action Committee is excited once again to present the popular Fireworks at Weirs Beach! The Weirs Beach Fireworks are the first in the state to celebrate the 4th of July holiday, with fireworks on Tuesday, July 3 at 11:59 p.m.!

Why at midnight? This long-standing tradition began back in the 1950s, when summer visitors and local residents were eager to commence the official kick-off to summer! Vacationers enjoy the long summer nights, the variety of dining options around the lake, and the tradition of bringing the family to Weirs Beach - to play games at the arcades, stroll the boardwalk, grab some souvenirs, and enjoy an ice cream while watching the fireworks



COURTESY

The Weirs Action Committee is excited once again to present the popular Fireworks at Weirs Beach!

being set up on the beach in anticipation for the show to begin. The City of Laconia is the sponsor of the July 3 celebration, and hundreds show up on Lakeside Ave to get into good position for viewing the spectacular show. Boaters parade in and fill the bay overlooking Weirs Beach in a sea of red and green lights reflecting off the water. After the 4th, the Weirs Beach Fireworks continue with a special Sunday

show on July 8 at 10 p.m., and then every Friday night at 10 p.m., until the final show on Sunday of Labor Day weekend at 10 p.m.

Atlas Fireworks has been instrumental by providing the shows and helping to support this tradition. The City of Laconia sponsors the 4th celebration, while the Half Moon Enterprises and the Weirs Action Committee (WAC) sponsor the Labor Day show. But since there

are no specific sponsors for the regular Friday night shows, which cost roughly \$3,000 per show, there is a great need for community support. WAC thanks the many local partners who have provided support in the past, and hopes that businesses, residents and visitors alike are motivated to send in donations to ensure that this event will continue to make Weirs Beach and the Lakes Region a destination for families. For

up-to-date fireworks information and for secure donations, visit: www.WeirsBeachFireworks.com and/or Facebook at [Facebook.com/WeirsBeach.WAC](https://www.facebook.com/WeirsBeach.WAC).

The Weirs Action Committee is a non-profit 501(c) 4 organization. Members comprise of local businesses and residents interested in preserving the natural beauty and attributes of Weirs Beach. The group meets monthly and welcomes new members! Contact: wac@weirsbeach.org

2018 Dates & Times:

Holiday shows: Tuesday, July 3 at 11:59 p.m.; Labor Day Weekend - Sunday, Sept. 2 at 10pm. There are no rain dates for holiday shows.

Special Sunday Show: July 8 at 10 p.m. From the 1950's through the 1990's, regular fireworks shows were held on Sunday nights at Weirs Beach. This special show commemorates that past tradition.

Regular Friday night shows at 10PM: Friday, July 13, 20, 27, Aug. 3, 10, 17; Rain date make-up, Aug. 24.



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LRGH Auxiliary Scholarship Committee awards 10 scholarships

LACONIA — The LRGH Auxiliary Scholarship Committee has awarded nine scholarships and an additional memorial scholarship from donations made to the Jean Hancock Memorial Scholarship Fund.

This was the sixth year the Auxiliary limited their scholarships to employees of the hospital, their immediate families, and teen volunteers entering a medical/health field. The Scholarship Committee, consisting of Ernie Bolduc, Bob Dalton, Colleen Hartigan, Nancy Morrill, David White, and Pamela Patenaude met to review the applications and make award decisions.

Scholarships are

presented annually to support continuing education and training, promote skill development and career advancement for immediate family members of LRGHealthcare employees or volunteers pursuing a degree or certification in an accredited/licensed program. Applicants are awarded scholarships based on need, merit, citizenship and future goals.

This year's Auxiliary Scholarship recipients are:

- Anne Dionne of Laconia is a fourth year student at the University of Rhode Island
- Nemanja Boshovic, of Laconia will be attending the University of New Hampshire



COURTESY

Top row - Bob Dalton, Nancy Paterno, Jillian LaChapelle, Nancy Morrill, Erin Gately, Pam Patenaude, Colleen Hartigan. Seated: Nemanja Boshovic, Anne Dionne, Brendan Bergman. Recipients not pictured: Sophia Joyal, Jessica Dion, Grace Shaw, Kylee MacDonald, Mollie Ryan. Committee member David White.

- Sophia Joyal, of Laconia will be attending the University of New Hampshire
- Jessica Dion, Belmont will be attending the University of Vermont

- Jillian La Chapelle of Gilford will be attending the University of New England, College of Pharmacy
- Erin Gately of Gilford has been accepted at Colby Sawyer College, School of Nursing.
- Brendan Bergman of Gilford has been accepted at Northeastern University
- Grace Shaw of Belmont will be attending Plymouth State University.
- Kylee MacDonald

of Bridgewater will be attending the Massachusetts College of Pharmacy.

A former member of the LRGH Auxiliary, the family of Jean Hancock, requested that contributions should be made to a memorial scholarship fund for a student in the field of Pediatrics or Primary care.

The Jean Hancock Memorial Scholarship has been awarded to Mollie Ryan, a graduate student at St. John's Uni-

versity in Newfoundland where she is studying for a Master in Nursing with a concentration in Pediatrics, while working full time as a nurse.

The LRGH Auxiliary has awarded more than \$230,000 in scholarship aid to healthcare students in our community since 2000. Scholarship funding is the direct result of the hundreds of volunteer hours worked annually at the LRGH Auxiliary Gift Shop to raise the necessary funding.

Local resident named to Spring 2018

Dean's List at Saint Michael's College

COLCHESTER, Vt. —The following local students were named to the Dean's List at Saint Michael's College for the

Spring 2018 semester.

Kassandra A. Weston, a First-Year neuroscience major who is the daughter of Kevin Weston of Belmont, and a graduate of Gilford Middle High School.

About Saint Michael's College

Saint Michael's College, founded in the great Catholic intellectual tradition, which also recognizes the principles of social justice and compassion, is a selective, fully residential Catholic college in Vermont's beautiful Green Mountains. Our closely connected community

delivers internationally-respected liberal arts and graduate education near Burlington, one of the country's best college towns. To prepare for fulfilling careers and meaningful lives, young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other and their world.

Local resident named to Simmons College Dean's List

BOSTON, Mass. — The following local residents were named to the 2018 spring semester dean's list at Simmons College in Boston.

Megan L Yandian, Northfield resident.

To qualify for dean's list status, undergraduate students must

obtain a grade point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

Simmons College (www.simmons.edu) is a nationally recognized private college located in the heart of Boston.

Founded in 1899, Simmons is the only undergraduate women's college in Boston, and maintains a history of visionary thinking and a focus on social responsibility. Follow Simmons on Twitter at @SimmonsCollege and @SimmonsNews.

Musical entertainment with Bob Rutherford at Taylor Community

LACONIA — Back by popular demand, Musician Bob Rutherford presents a musical program Wednesday, July 11 at 6:30 p.m. in the Woodside Building. This event is free and open to the public.

From easy listening to classic rock, to country, pop and the old

standards, Bob is always open to requests. Presently employed as an entertainer by the Mount Washington Hotel and Resort, he is a published songwriter with Columbia Records. You will not want to miss this event. Bob is a Taylor Community favorite!

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 366-1400.



CHRISTY DAY

Author Christy Day shares 500 mile pilgrimage at Taylor Community

LACONIA — Join us as Author Christy Day shares the spiritual joys and physical challenges of her 500-mile pilgrimage across northern Spain, Monday, July 16 at 6:30 p.m. in Taylor Community's Woodside Building. This event is free and open to the public.

Day walked El Camino de Santiago de Compostela at 66 years of age. Her book about the experience, "Walking from Here to There: Finding My Way on El Camino" will be available and there will be plenty of time for questions and answers.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at www.taylorcommunity.org, or call 366-1400.

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ERIN PLUMMER

Participants in the new Lakes Region Elite basketball league play a regular game.



ERIN PLUMMER

Lakes Region Elite teams the Vipers and Gators go head to head in a Friday night game.

Lakes Region Elite Basketball starts its first season

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — Young basketball players all over the Lakes Region have the chance to shine and hone their skills over the summer in the new Lakes Region Elite league.

Lakes Region Elite is a 10-week program for boys and girls ages eight and 11 at the Gilford Youth Center. In

its first year, they have 45 players on five different teams with kids coming from communities such as Gilford, Laconia, Gilmanton, Belmont, Barnstead, Alton, and more.

“It’s a great experience for the kids to play basketball, continue their game,” said referee and GYC director Scott Hodsdon.

Hodsdon said most

of the kids in the program have taken part in school and parks and recreation basketball leagues.

Kids took part in trials at the beginning of the program and were evaluated on their skills. The kids were then put into different competitive teams: the Gators, the Mambas, the Renegades, the Jaguars, and the Vipers.

The players will practice during the week and play a game at the end of the week. Players get their own jerseys and team photos as well as the chance to win different trophies. The league’s Web site has player and team stats along with photos and highlight videos.

Kids can hone their playing skills over the summer in a positive

and competitive environment. Hodsdon also said the league is meant to be a stepping stone for the kids to play Amateur Athletic Union (AAU) basketball when they’re older and play with some of the local teams. Hodsdon said Lakes Region Elite gives the players a taste of what AAU basketball is like.

“The ultimate goal is

for Lakes Region Elite to grow every year,” Hodsdon said.

He said he would also like for this to become a traveling team.

Richard Bushnell of Gilmanton is the coach for the Vipers. He is also coaches for Gilmanton and Gilford Boys AAU.

He said coaching for Lakes Region Elite has



DONNA RHODES

Christy Dunn of Broadway North demonstrated some easy line dance moves during Belmont’s Hobby/Demo Day at the Tioga Pavilion last Saturday afternoon.



DONNA RHODES

Arthur Sweatt of Gilford shared his hobby, fly tying, with everyone when Belmont held a Hobby/Demo Day last weekend under the Tioga Pavilion.



DONNA RHODES

As part of a Hobby/Demo Day at the Tioga Pavilion in Belmont last Saturday, Dashi Bob Yogi Young of Eastern Dragon Karate taught people some basic self-defense moves before his group demonstrated some of their own skills in martial arts.

HOBBY

CONTINUED FROM PAGE A1

new crafts or discuss their favorite hobbies with like-minded folks.

Twelve-year-old Olivia of Moultonborough drew people in with her balloon animal craft. With a ready supply

of colorful balloons on hand, she walked people through the art of creating their own balloon animals.

Nearby, Catherine Goodmen of Miss Catherine’s Threads in Franklin explained how wool went from sheep to sweaters, hats and mit-

tens as she demonstrated the old-time craft of spinning wool.

Arthur Sweatt of Gilford caught the attention of many men with his demonstrations on fly tying, creating fishing lures with brightly colored feathers and a few other supplies.

“Bright colors cer-

tainly work the best in attracting fish to the hook,” he said.

For those who like to read, Sandy Valtz represented a few individuals looking to start “Friends of the Belmont Library” to support events and group activities for the library patrons. While seeking

to get a minimum of five people signed up to form a board for the Friends group, Valtz also asked everyone to cast their vote for one of a variety of logos the organization is considering. Valtz said they hope to have Friends of the Belmont Library up and running soon so

they can begin to make plans for the library’s 90th anniversary next year.

Eastern Dragon Karate of Belmont offered tips on basic self-defense moves then performed demonstrations of the Jiu-Jitsu style of karate taught at their school while Broadway North got people up and moving, too. Instructor Christy Dunn gathered people together to teach them the fun of line dancing. The group went over basic steps one by one then soon learned to put them all together to dance to some music.

“It’s really pretty easy and a lot of fun at the same time,” Dunn said as she coaxed a few shy people into the group.

Throughout the day, there were jigsaw puzzles that many stopped to work on, cook books to browse through for new recipes, and activities for children to take part in as well.

The next major event scheduled in the town will be Belmont Old Home Day on Saturday, Aug. 11. This year’s theme is “Go the Distance” in recognition of the 50th year of the Belmont 10-mile Road Race. The day begins with the race at 8 a.m. and will include live music, vendors on the town green, a parade, and a chicken barbecue at Belmont Fire Department. In the evening hours there will be a host of other activities and more live music on Bryant Field where the festivities will conclude with fireworks at dusk.

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BASKETBALL

CONTINUED FROM PAGE A10

been a learning experience and he enjoys working with the kids.

“They all try hard, just getting them to try hard in games as well as practice,” Bushnell said.

Barry Uicker of Gilford coaches the Gators for Lakes Region Elite

and is also a coach for Gilford Recreation and the All Star Team.

“The skill level’s a little higher and the game play is a lot more team oriented and competitive,” Uicker said of Lakes Region Elite. “I think it’s well run and the kids are great players and the kids are great sports too.”

Gators player Mark

Uicker of Gilford said playing on the league has been really fun.

“It’s a lot more challenging,” Mark said. “It’s like the better players of the Lakes Region, that makes it a lot more harder.”

Vipers player Spencer Bushnell of Gilman-ton said he enjoys playing with kids he plays against on other teams.

BLAIS

CONTINUED FROM PAGE A1

Norton said the Gre-vior family of Frank-lin generously donated land that is now known as Trestle View Park in Franklin, which became the takeout spot for white water enthusiasts while paddlers could graciously find a place to park along Cross Mill Road to launch their ves-sels each year. A private sale of the Blais prop-erty, however, would have put an end to that launch access.

“The Winnepesau-kee River has been the life blood of all civiliza-

tion that has been here for centuries along its shores,” Norton said. “We’ve been losing pub-lic access to the river through private develop-ment so this was import-ant to us.”

He and other groups began to work with Northfield Selectmen and Conservation Com-mission, and were most grateful when a parcel of the Blais property was generously donated to the town so access to the river could continue.

“I’ve been thinking about conservation for a long time,” Gloria Blais said last weekend. “I like to see people being hap-

py and enjoying them-selves...This property will help give more to boaters, hikers and fish-erman, and especially to parking on New Year’s Day when they’re all out here.”

Bob Nasdor, director of Northeast Steward-ship for the American Whitewater Association, was among those who attended the dedication. He said his organization was very grateful to the Blais family for their generosity in providing a parking lot and launch point for white water enthusiasts.

“With this access point we’ll be able to

POLICE

CONTINUED FROM PAGE A2

Gary Craycraft, age 30, of Pittsfield was ar-rested on June 20 for Resisting Arrest or De-tention, Possession of Controlled/Narcotic Drugs, and a separate count of Possession of Drugs. He was also charged with being a Habitual Offender.

continue boating on the Winnepesaukee. It’s a wonderful river with challenging rapids and it’s a real draw to the area from an econom-ic standpoint,” Nasdor said. “What impresses me though is how peo-ple came together in this community to make this all happen.”

Northfield’s chair of the Conservation Com-mission, Kevin Fife, took a moment to thank the Blais family, too. Fife said when they were ap-proached about the land acquisition his commis-sion very much support-ed the idea of taking it over for a parking lot,

David A. Fontone, age 56, of Belmont was arrested on June 20 for Harassment and False Imprisonment.

Dylan W. Miles, age 24, was arrested on June 20 in connection with a bench warrant issued by Laconia District Court.

A juvenile, age 17, was arrested on June 21 for Driving While Intoxicated, Unlawful

Possession of Alcohol, Illegal Transportation of an Alcoholic Beverage, and Possession of Fire-works.

Mark D. Carpenter, age 60, of Franklin was arrested on June 22 for Possession of Con-trolled/Narcotic Drugs, Possession of Drugs, and for being a Felon in Pos-session of a Dangerous Weapon.



DONNA RHODES

Gloria Blais held a photo of her late husband, Roger Blais, as a plaque dedicating a crucial piece of conservation land in Northfield was dedicated in their honor. Assisting her in the reveal of the plaque was Bob Nasdor, director of Northeast Stewardship for the American Whitewater Association.

which not only borders the river, but is a key ac-cess point for the Winn-epesaukee River Trail.

“From kayakers and fishermen to hikers and bikers, this land has a daily use for all types of people,” said Fife. “It all came together and we very much appreciate it.”

As a crowd of friends, town officials and kay-akers gathered along the bank of the river, Gloria Blais uncovered a plaque that now pro-

claims the parking lot and river access point as the “Roger and Gloria Blais Riverview Conser-vation Area.”

Speaking on behalf of the Board of Selectmen, Vice Chair Glen Brown told the gathering, “We really appreciate this. These trails have been really successful with a lot of people come down here, and now there’s room for them to park, too. We’re really excited, and thank the Blais fam-ily for their donation.”

ROTARY

CONTINUED FROM PAGE A1

cally, Rotary works hard to benefit the community in several ways. Among their many endeavors are contributions to several charitable organiza-tions in the area. T-N Ro-tary also provides \$6,000 in Book Awards to Win-nisquam Regional High School graduates, host an annual Senior Din-ner at Pines Community Center and at Christmas they deliver food baskets to local senior residents.

“If someone needs help, we’re going to be there, whether it’s as a group or as individuals. That’s just who we are,” Cormier said.

The Rotary also par-ticipates in holiday pa-rades, offers a challeng-ing Four Way Speech contest for local stu-dents and holds a Chil-dren’s Fishing Derby each spring.

As he prepared to hand the leadership role over to Drew, Cormier also expressed his grat-itude to everyone in the organization for sup-porting him over the last year.

Rotarians thanked him in return for his

leadership by present-ing him with a replica of a brick with his name on it that has been placed in the walkway of the Little Red Schoolhouse in Ver-mont. The schoolhouse was once the home of Ro-tary founder Paul Harris and now serves as an ed-ucational center for Ro-tary International.

As he took the helm for the next year, Drew also thanked Cormier for his work in leading T-N Rotary in a positive direction and promised to do the same over the course of his term.

“My ultimate goal this year is to educate members and the com-munity about Rotary’s purpose, come up with positive ideas for the community and to have the club become even more involved in local service projects,” he said. “I look forward to being your club presi-dent and hope that we will work hard together to respect one another and have fun as we con-tinue to adhere to this year’s theme of ‘Be the Inspiration.’”

Drew said he was also excited to work with ex-isting Rotary members



DONNA RHODES

Tilton-Northfield Rotary’s new president, Chuck Drew (right) presented outgoing president Robert Cormier with a replica brick that has been placed in his honor at Rotary International’s Little Red Schoolhouse education center in Vermont as a token of appreciation for his service to the organization.

as well as all the new community members who will be joining them in the coming year.

Besides their commit-ment to Rotary Interna-tional’s worldwide hu-manitarian projects, the Tilton-Northfield Rotary recently took on another locally inspired over-seas project - The Rwan-da Children’s Education Fund.

Drew said a Laconia woman started RCEF to help children in the Afri-can country get a proper education. While Rwan-da does have public schools, students are re-quired to buy their own uniforms and provide all of their school supplies,

something many fami-lies cannot afford.

After hearing about the program, the rota-ry members voted to sponsor two students through RCEF and were excited to receive photos and words of gratitude from them last week.

The Tilton-Northfield Rotary meets at 12:15 p.m. each Wednesday afternoon at Onions Pub and Restaurant on Main Street in Tilton. Interest-ed business owners and residents are welcome to join them at any of those meetings to learn more about their service pro-grams, upcoming proj-ects and what it means to be a Rotarian.

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Edward Jones: Financial Focus

4th of July - Work Toward Your Own Financial Independence Day

We’re getting close to the Fourth of July, our national Independence Day. This celebration may get you thinking of the many freedoms you enjoy. But have you thought of what you might need to do to attain financial freedom?

Your first step is to define what financial independence signifies to you. For many people, it means being able to retire when they want to, and to enjoy a comfortable retirement lifestyle. So, if this is your vision as well, consid-er taking these steps:

Pay yourself first. If you wait until you have some extra money “lying around” be-fore you invest for retire-ment, you may never get around to doing it. Instead, pay yourself first. This ac-tually is not that hard to do, especially if you have a 401(k) or other employ-er-sponsored retirement plan, because your contri-butions are taken directly from your paycheck, before you even have the chance to spend the money. You can set up a similar arrange-ment with an IRA by hav-ing automatic contributions

taken directly from your checking or savings account.

Invest appropriately. Your investment decisions should be guided by your time horizon, risk tolerance and retirement goals. If you de-viate from these guideposts – for instance, by taking on either too much or too little risk – you may end up mak-ing decisions that aren’t right for you and that may set you back as you pursue your fi-nancial independence.

Avoid financial “potholes.” The road to financial liberty

will always be marked with potholes you should avoid. One such pothole is debt – the higher your debt burden, the less you can invest for your retirement. It’s not al-ways easy to lower your debt load, but do the best you can to live within your means. A second pothole comes in the form of large, unexpect-ed short-term costs, such as a major home or auto repair or a medical bill not fully covered by insurance. To avoid dipping into your long-term investments to pay for these short-term costs, try to build an emer-

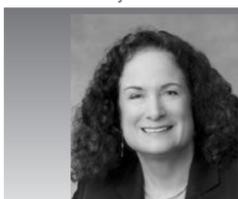
gency fund containing six months’ to a year’s worth of living expenses, with the money kept in a liquid, low-risk account.

Give yourself some wiggle room. If you decide that to achieve financial indepen-dence, you must retire at 62 or you must buy a vacation home by the beach, you may feel disappointed if you fall short of these goals. But if you’re prepared to accept some flexibility in your plans – perhaps you can work un-til 65 or just rent a vacation home for the summer – you

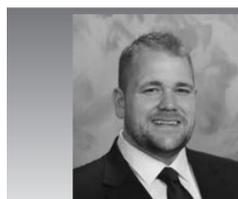
may be able to earn a dif-ferent, but still acceptable, financial freedom. And by working a couple of extra years or paying less for your vacation home expenses, you may also improve your overall financial picture.

Putting these and other moves to work can help you keep moving toward your important goals. When you eventually reach your own “Financial Independence Day,” it may not warrant a fireworks display – but it should certainly add some sparkle to your life.

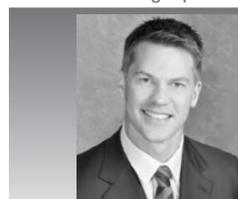
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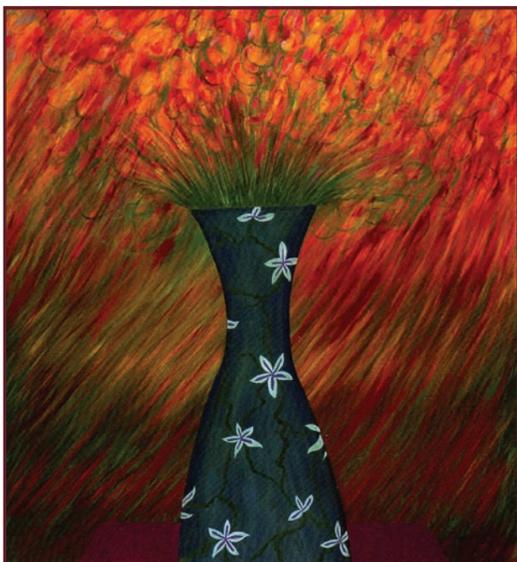
CONTINUED FROM PAGE A1

“The number of hours she spends each year on this cause is amazing,” said Shepard. “Without Christine and her dedication and devotion, countless children, families and seniors in this area would wake up cold, alone and hungry during the holidays. She is the true spirit of Christmas and it is reflected in everything she does.”

In addition to the TNS Fund, Raffaely is also a board member of the Awareness for Adalyn project. Adalyn Rose is a child who had a rare genetic brain disorder. Through the Awareness for Adalyn program people like Raffaely have worked tirelessly to raise awareness and funds for adaptive playgrounds for other

children with developmental disorders. Their long-term goal is to build an entire playground for children like Adalyn.

In recognition of these selfless endeavors and more, the two women will be honored participants in the upcoming Tilton-Northfield Old Home Day parade this Saturday at 10 a.m. Following the parade there will be vendors, children’s games, horse pulls, live music, a chicken barbecue and many other community events at the Pines Recreation area in Northfield. The daylong celebration will be capped off at dusk by what committee member Scott Haskins deemed “bigger and better fireworks than ever,” which can be comfortably viewed from Riverfront Park on Main Street in downtown Tilton.



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Friday, June 29th
5:00 pm - 10:00 pm Miller Amusements Carnival Midway
Night Bracelet Pay ONE PRICE On The Rides \$25.00
5:00 pm Side Walk Vendors Open
5:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm
7:30 pm **CONCERT: RECYCLED PERCUSSION**

Saturday, June 30th
8:00 am - 4:00 pm NEW EVENT!
At-Your-Leisure Singles Golf Tournament at AVCC (Play anytime between 8 am – 4 pm on Sat or Sun to be entered!)
8:45 am - 9:15 am 4K Walk/Run Registration at Ed Fenn
9:30 am Scootin' for the Red White & Blue 4K Walk/Run Starts Start and finish at the Ed Fenn. Sponsored by AVH
11:00 am Side Walk Vendors Open
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
12:00 pm - 6:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm
4:00 pm - 7:00 pm Chili Chowder Cook Off on the Common! Hosted by White Mountain Rotary Club
5:00 pm - 10:00 pm Miller Amusements Carnival Midway continues
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:00 pm - 9:00 pm Concert: *Straightaway*

Sunday, July 1st
8:00 am - 4:00 pm At-Your-Leisure Singles Golf Tournament at AVCC
11:00 am Classic Car Parade Line Up (Ed Fenn School)
11:00 am Side Walk Vendors Open
11:30 am *Classic Car Parade* Sponsored by ColorWorks
12:00 pm - 2:00 pm *Classic Car Show* & Music with Steve Emerson
12:00 pm - 2:00 pm Kids Games - Hosted by Legion Aux. Unit 82
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
12:00 pm - 6:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm
5:00 pm - 10:00 pm Miller Amusements Carnival Midway continues
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:00 pm - 9:00 pm Concert: *Riley Parkhurst Project*

Monday, July 2nd
8:00 am - 7:00 pm 2nd Annual Patriotic ATV Photo Scavenger Hunt
Registration 8-10 am at Gorham Corner Market (\$5 PP)
Must have a camera or cell phone and internet access.
5:00 pm Side Walk Vendors Open
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:00 pm - 9:00 pm Concert: *Lil' Penny*

Tuesday, July 3rd
5:00 pm Side Walk Vendors Open
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:00 pm - 9:00 pm Concert: *Shark Martin*

Wednesday, July 4th
10:00 am - 10:45 am REGISTRATION For Kiddies Parade (Registration is a MUST at Ed Fenn School)
11:00 am **Kiddies Parade** (Starts at Ed Fenn School)
11:00 am Side Walk Vendors Open
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
1:00 pm Parade Line up
1:30 pm DJ Music by Mountain Music at the Bandstand
2:00 pm **Main Parade - Sponsored by Service Credit Union** (Starts at Dublin Street down Rt 16 to Railroad St.)
3:00 pm - 5:00 pm Karaoke and DJ Music by Mountain Music
5:00 pm - 11:00 pm Miller Amusements Carnival Midway continues
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:00 pm - 10:00 pm Concert: *Blacklite Band*
10:00 pm **Fireworks** by Atlas Fireworks

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SPORTS



BOB MARTIN

Jordan Sargent was first team All-State this season. Here she is shown in last week's senior game against Division 1 in Manchester.



BOB MARTIN

Julianna Estremera was a first team All-Stater for her strong play at shortstop and pitcher.



BOB MARTIN

Makenzie Donovan made second team All-State for Belmont this year.

Trio of Red Raiders earn All-State softball nods

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT — The Belmont High School softball team was the Division 3 runner up this year, and while it takes a whole team to achieve this type of success, the Red Raiders were led by three All-State players.

Senior Jordan Sargent had a .490 batting average and played outstanding catcher for the Red Raiders in what was previously an unfamiliar role. She was the team's starting second baseman going into the season, but an injury to fellow senior

Jordyn Lavallee had her moving behind the dish during the team's playoff run.

Coach Bill Clary said Sargent could probably have made first team All-State as a second baseman, so this is even more impressive. In the recent senior game Sargent played third base, showing that any position in the diamond is one she can take care of.

"She is one of those well-rounded ballplayers that has loved the game since T-ball," said Clary. "Jordan was on our varsity roster for the past five

years. She played JV as an eighth grader and she was on our playoff roster. This is a rarity being on a playoff roster for five years."

Sargent has played and started three different positions. She started in outfield for her first three years before moving to second base last season, and then catcher this year.

Clary said losing "the Jordans" will be tough for the team, as both Sargent and Lavallee have great field IQ and skills. He said the two have both moved around positions, as Lavallee

moved to first base to replace Shannon Davies.

"We will really miss these two senior bats," said Clary.

Sargent said the season was memorable, and while she wishes the team won the title, it was still further than many expected due to the youth of the roster. The team made the finals for the first time in Belmont High School history, and she was happy to be a part of it.

Sargent said the second game against Laconia was a top game, as she had a grand slam

and overcame a hitting slump.

Sargent is going to Merrimack College in the fall and Clary hopes she tries to walk onto the softball team.

"She loves the game and I think she could play there," said Clary.

Julianna Estremera made first team All-State in her junior season for her outstanding play at shortstop, timely hitting and clutch pitching down the stretch. She had a .460 batting average, providing some pop when needed as well as line drives to get on base.

"She had a good on base percentage and was in our leadoff spot for much of the season," said Clary. "Once some of the bats came around we were able to move her down to the third spot and this was really nice so she could drive runners in."

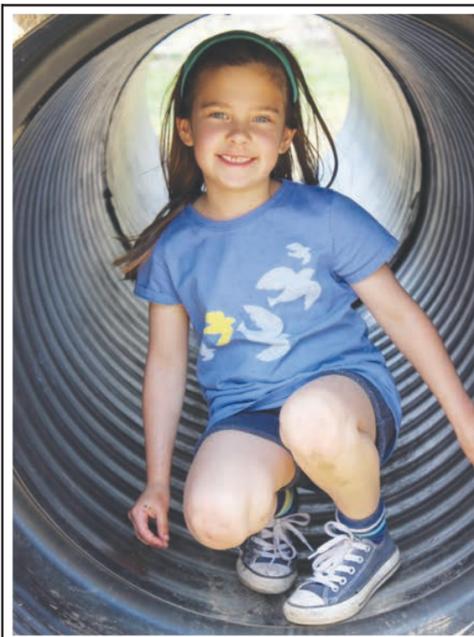
Makenzie Donovan, a junior, had a .300 batting average and made second team All-State. Clary said she is one of the most versatile player he has ever coached. She has exceptional

speed and knowledge of the game. Clary said what she lacks in fundamentals, she makes up for with her athletic ability.

"She is one of our best outfielders, but taking her into the infield to play shortstop when Julianna was pitching was great for us," said Clary. "Liz-zie Fleming stepped up and played a really good outfield so we didn't see much of a drop. Every girl who plays for me knows they have two primary positions and they are ready to play them."

Clary said while Makenzie's batting was not quite at the level of her sophomore season where she batted .415, she fought through a back injury well enough to hit the ball when the team needed it most.

"She is one of our quicker runners so when she gets on base she is usually coming around to score if there are less than two outs," said Clary. "She is a great player."



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PEACE CORPS RESPONSE

Pair of Nor'Easter squads win tourney titles

BY BOB MARTIN

Bob@Salmonpress.news

BRATTLEBORO, Vt — The Nor'Easters softball teams' summer seasons have started and success has come early with the 18U team winning the "N.H. States" and the 14U team winning last weekend's Summer Sizzler.

18U

The 18U squad is coached by Fern Beaudet and he couldn't have been happier with the way the team started the summer with a win at "N.H. States" in Hudson. The team is made up of four returning players and the rest of the roster is new that came up from 16U or from other organizations. Returners are Jillian Lachapelle of Gilford, Meeka Bolduc of Tilton School, Cait Malahan of Laconia and Jacqui Hallisey of University of Southern Maine.

Other local players include Carly Catty of Winnisquam and Lizzie Fleming of Belmont High School.

"With all the inexperience going into this year we didn't know what to expect," said Beaudet. "We picked up a good pitcher from Berlin in Sam McCann, who pitched all six games over that weekend and did wonderful. We went 6-0 and took the win in N.H. States."

In pool play the team gave up only three runs in three games. The team went into Sunday's championship round and won 8-7 over the Lady Dragons. The Dragons scored four runs in the top of the fifth and then the Nor'Easters came back in the fifth to take the 8-7 lead and hold on for the win.

"It was a close game back and forth," said Beaudet.

In the second game the Nor'Easters beat the Lady Mavericks 5-1. The championship round was against the Lady Comets 16 U team and Nor'Easters won 4-2.

Catty started at shortstop and played solid defense while also hitting well in the lead-off spot going four for 15 with a double.

"We are really glad to have her on the team," said Beaudet.

Bolduc was four for 17 and started at third

base. She played well at the hot corner, Beaudet said, and has proven to be a solid returning player for the Nor'Easters. Her best game was against the Lady Mavericks where she went two for three with a double and an RBI.

Lachapelle played second base, shortstop and designated player. She missed part of the tournament due to graduation, but she made her mark. She was three for seven with an RBI double, and in the championship game she was hit by two pitches. Lachapelle's catch at second base in the championship game was dramatic and was the final out.

"It was an exciting play," said Lachapelle.

Cait Malahan of Laconia was a starting center fielder that went four for 17.

"They were incredible," Beaudet said. "We played some tough teams with really good, experienced pitching. I'll tell you, our hitters didn't miss a beat. They are great team players. What really worked for us was our pitching a defense. They were really good."

The 18U Nor'Easters then traveled to Brattleboro, Vt. on June 23 and 24 for the Summer Sizzler. The squad went 3-0 in pool play on Saturday and were seeded first for the second week in a row going into Sunday's championship.

In the semifinals the Nor'Easters beat the N.H. Comets 8-7 in eight innings but the Westford Mass. Waves beat the Nor'Easters 4-3 in the championship game.

Catty was the leader with a weekend average of .571. Lachapelle also did well with a .364 batting average.

Fleming got the win in the circle in game two with four and one third innings, seven hits, four earned runs, two strikeouts and two walks.

"Overall another great weekend of softball," Beaudet said. "After two weekends of tournament play, the team is 10-1 overall."

Bill Clary, the 14U Nor'Easter coach, was also happy with the win at states and the performance at the Summer Sizzler for the 18U team because it gives confidence to the younger



The 18U Nor'Easters won the N.H. States to open the summer season.

COURTESY



The 14U Nor'Easters won the Summer Sizzler last weekend.

COURTESY

players for the summer.

"This gives some motivation," Clary said. "The Nor'Easters have always been a strong organization and that is continuing."

14U

Clary, who also coaches Belmont High School's softball team, is the head coach of the 14U Nor'Easters and he led the team to a win in the opening tournament of the season at the Summer Sizzler in Brattleboro.

The team went 1-1-1 in pool play and earned a number three seed. In the first game on

Sunday Lilly Simpson of Meredith pitched a four inning no hitter that was shortened due to the mercy rule. The Nor'Easters beat Tri-Force by a score of 11-0. Becca Fleming of Belmont went three for three while Sierra Halloway of Laconia was two for three.

In the semifinals, Morgan Hall of Belmont got the win in a 10-3 victory against the Saratoga N.Y. Thunder. She allowed six hits, one strikeout and one walk. Courtney Turpin of Laconia led the offense by going four for four with three doubles. Kara Stephens of Belmont was three for four. Jaiden McKenna of Gilford was two for four.

The Nor'Easters

went on to win the championship 7-6 over Valley Storm. Simpson pitched five innings and allowed six runs. Hall came in to pitch two scoreless innings to finish the game.

The Nor'Easters were down 6-5 in the sixth inning but then scored two runs in the bottom of the inning to take the lead. Allen reached on an error and stole second. She scored on a hit and run by Hall, who then later scored on an RBI by Simpson.

Clary was very happy with the win, but most of all he was happy with the way the team composed itself in what was a scary scenario for all involved.

"Just before the championship game

started there was an incident at the park involving non-team adults that resulted in a gun being displayed and a moment of panic for both players and parents," said Clary. "It took several long minutes for things to settle down, but both teams found a safe place and remained there until instructed to return to the field. Both teams came together before the start of the game and embraced and wanted to make sure everyone was feeling OK. They even had a little dance off to calm the nerves. Before and after the game it was some of the best sportsmanship I have ever seen. The tragic events that are happening around the country are just horrific, but to see how these young ladies came together was just heartwarming."

The 16 U squad also played the Summer Sizzler and went 1-1-1 in pool play before losing the first game on Sunday. Stats were not available at deadline.

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COURTESY

Lakes Region Lacrosse U14 boys won the program's first ever state championship earlier this month.

Lakes Region Lacrosse boys take state title

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — On June 10 the Lakes Region Lacrosse U14 boys won the program's first ever state championship at the two-day New Hampshire Youth Lacrosse Association Tournament.

The team, which is coached by head coach Aaron Stroud and assistant coaches Greg Stefan and Beth Doda, had a fantastic 8-0 regular season record. However, it was tight much of the time, as five of the eight games were decided by a single point.

"It was an exciting season to say the least," Doda said.

The team was in Division B this season and during the tournament they competed in "Tier 1." Lakes Region was the top seed with Peterborough second, Hanover third and Timberlane fourth.

The first game of the tier was against Timber-

lane and Lakes Region won 6-2. Goalie Logan Stroud had a great game, making nine saves. Tanner Robbins led the team with a pair of goals while the other five were scored by Jaxen Cole, Trevor Chassie, Van Buhrman and Matthew Hale.

Lakes Region then faced Hanover and won 10-7 with Stroud making eight saves. Chassie had a great game with five goals. Buhrman added two goals while Hale, Robbins and Joey Doda added a goal each.

The roster is a mix of seventh and eighth graders from the towns of Gilford, Meredith, Moultonborough, Center Harbor, Sandwich, Franklin, New Hampton and Belmont. Coach Stroud explained that he has had some of the players for seven years and this is the third time they have been to the finals, with it being the first win.

"Something about

this team that is special is that this team just never gives up," said Stroud. "They have so much heart. This team has the most heart and they have an attitude to fight, fight, fight until they end."

Stroud said it was great to see the team come from behind to come away with wins this season. In the final game the team needed to come back and beat Hanover. Earlier in the season the team played Hanover and had to come from behind as well.

In the finals, Lakes Region was down two goals quickly. Hanover had a strong attacker but once the defense shut him down Lakes Region scored five quick goals on fast breaks.

"After that we just maintained the lead," said Stroud. "Everyone played really awesome for us."

Stroud said this was a huge win as last year the team lost in the finals in

sudden death. Having a 10-0 season was big for his players, who he said were "very resilient and skilled."

"The team itself came together throughout the season as far as the meaning of team," said Stroud. "That was strong at the end and that was most important to me as a coach."

As a player heading into the high school level, Stroud said this program has taught the players to be gracious in victory and defeat. He also tries to preach working hard all season, as the players will need to do that when they hit the high school fields.

The team's home field is at the Meadows in Gilford and New Hampton School, but Lakes Region travels all over the state of New Hampshire for games. The team starts practice in February and the season ends in June.

There are several players coming back next season, but many are moving on to play lacrosse in high school. These are the first players that have come through his program to move on, and Stroud was happy they could leave on a high note.

"It should be exciting because next season will be the first time I've seen

the boys come through here playing in high school," said Stroud. "I have been proud of these kids for quite a few years, but getting this title was certainly icing on the cake."

The roster is as follows: Jake Allison, Max Bartlett, Ethan Bickford, Van Buhrman, Jack Cennamo, Trevor Chassie, Jaxen Cole, Jack Curley, Joey Doda, Jack Gallagher, Andrew Goodearl, Matthew Hale, Dylan Hamel, Cameron Hayward, Mason Kesselring, Dugan Little, Max Quinn, Tanner Robbins, Grady Shoemaker, Zoltan Stefan, Logan Stroud, Sutton Ursillo.

Fourth of July early deadlines

MEREDITH — The Salmon Press offices in Meredith and Lancaster will be closed on Wednesday, July 4.

As a result, sports submissions for the July 4 and 5 newspapers have been bumped up one business day.

The normal Sunday deadline for North Country sports submissions for next week's Littleton Courier, Berlin Reporter and Coos County Democrat are due on Thursday, June 28, at 5 p.m.

The normal Monday deadline for sports submissions for next week's Plymouth Record-Enterprise, Newfound Landing, Baysider, Gilford Steamer and Winnisquam Echo is 8 a.m. on Friday, June 29, and the sports deadline for the Granite County News, Carroll County Independent and Meredith News is Friday, June 29, at noon.

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Please send resumes to: kcassady@allstaffcorp.com

NGH | Upper Connecticut Valley Hospital

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MT / MLT

Contact Human Resources at (603)388-4236
Apply On-line at www.ucvh.org
181 Corliss Lane, Colebrook, NH 03576
603-388-4236
EOE

TOWN OF TILTON
NEW HAMPSHIRE

Foreman/Truck Driver
Tilton Public Works Department
Tilton, NH

Full time, year round position with benefits. Possession of valid NH Driver's license and CDL-B with air brakes required, no manual restrictions. Successful candidate will be subject to pre-employment physical, drug/alcohol screening and background checks. The position is physically demanding; must be willing to work under adverse weather conditions, also nights and weekends when necessary. Previous plowing experience in a 6-wheel truck recommended. Wage depending upon experience. Applications and job description are available in the Selectmen's Office, 257 Main Street, Tilton, NH 03276, and online at www.tiltonnh.org. Closing date, July 26, 2018. For further information contact Brock Mitchell, Director of Public Works 603-286-4721. The Town of Tilton is an EOE employer.

ALPINE | **NGH** | Littleton Regional Healthcare
north country healthcare

SWITCHBOARD/ REGISTRAR

Littleton Regional Healthcare is seeking one full time and one part time Switchboard/Registrar to join our team.

Provide exemplary customer service and perform job functions in a manner that is consistent with the department and organizational customer service goals. Quickly answers and connects incoming phone calls to the appropriate areas within the LRH enterprise including patient rooms, hospital, and hospital-owned physician practices. Assists with making overhead pages at caller's request using appropriate voice etiquette. Assists with patient registration functions as required. Provides internal and external phone directory assistance and determines insurance eligibility.

Viable candidate with strong computer keyboard or 10-key knowledge preferred. Able to communicate and work well with the public, patients and co-workers. Working knowledge of Windows-based applications.

Littleton Regional Healthcare offers competitive compensation, a generous benefits package and ample opportunity for professional growth and development.

Qualified candidates are invited to apply at our website www.lrhcares.org

LITTLETON REGIONAL HEALTHCARE
Human Resources Department
600 St. Johnsbury Road • Littleton, NH 03561
PHONE: 800-464-7731 or 603-444-9331 | FAX: 603-444-9087

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Misc. For Sale

FOR SALE: 3 Year Old Go-Go Ultra ELECTRIC SCOOTER with up to date battery. Breaks down in to 4 peices for transport. Ready to go. Original price \$900, asking \$199. Buyer must be able to load it into their own vehicle. Call 569-4299 after 6pm.

FOR SALE: ISM Jewelers Safe.
Torch and tool resistant.
TRTL 15-6. 46" h x 35" x 31" w.
Call Janet at Country Drummer Jewelers 603-253-9947

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" / May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

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Mon-Fri 8:00-4:00
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Help wanted in our Housekeeping dept. Competitive pay. Holidays and weekends a must. Come in and fill out an application, 28 packards road Waterville valley N.H.

Professional/Technical

Northern Human Services
Changing Lives
COMMUNITY INTEGRATOR OPENINGS AVAILABLE
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FULL TIME WITH BENEFITS
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If applicant from Twin Mountain area is hired, you will be paid mileage reimbursement and wages for client transport to and from NHS.
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Community Services Center 69 Willard St. Berlin, NH
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DURING
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• Go to community warming shelters & check on neighbors, family, seniors and homeless
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You may also call
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GRAPHIC DESIGNERS WANTED

FULL-TIME POSITIONS AVAILABLE

Upper Valley Press, Inc. is currently recruiting for talented, motivated designers to join our prepress team; openings available on all shifts. Experience with InDesign, Photoshop, and Acrobat are required. Working knowledge of typesetting, graphic design, and pre-flighting preferred.

At Upper Valley Press we believe our employees are our greatest assets! As an employee-owned company, we are committed to developing our team members and watching our sales and profits grow!

If you have the experience and talent to bring to the table we want to talk to you!

Interested candidates please submit a resume including salary requirements to:

UPPER VALLEY PRESS, INC.
Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
email: charrington@uvpress.com

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Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 43 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

**Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH**

CoyoteGrill

Help Wanted

Highly awarded restaurant restaurant looking to employee 2 lead line cooks. full time year round work. pay is on the high end of scale, employee benefits include ski passes, golf passes, health club passes, retirement package after a year, two weeks payed vacation after a year. Applicants must be serious minded foodies, enjoy working in a fast pace, pleasant and professional attitude at all times. should have a good knowledge of saute, grill and pantry. No drug additions. Be able to work alone, be able to take direction. Call or email at chefs@wildcoyotegrill.com or 603-568-2605 ask for Sean or Nate.

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- Strong mechanical aptitude
- NH Gas Fitters license/certification a plus

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Please send resume and references to the HR Manager, PO Box 220, Laconia, NH 03246 or call 524-1480

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NEWSPAPER

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MAINTENANCE/LANDSCAPING
PERSON
Driver's License and Dependable Vehicle a must
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Campton, NH 03223
603-960-9061

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Upper Valley Press, Inc., a printing and direct mail company, has immediate openings available working in a high volume production center. We are seeking an experienced candidate with the ability to effectively lead a small crew in a fast-paced, deadline-driven production environment.

Do you have what it takes?
Duties include running machinery, overseeing other machine operators and ensuring performance standards and deadlines are consistently met. Prior leadership experience in a production environment preferred.

Would you like to be invested in the company you work for and be part of an employee-owned company (ESOP)?
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UPPER VALLEY PRESS, INC.
Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com



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- RN

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Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE

**CAMPTON SCHOOL DISTRICT
Campton Elementary School**

2018-2019 School Year

**MIDDLE SCHOOL
MATH TEACHER**
(Must be certified in Mathematics)

Please send letter of intent, resume, references, transcripts and certification to:

James George, Principal
Campton Elementary School
1110 NH Route 175
Campton, NH 03223
jgeorge@pemibaker.org



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GOOD PAY
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King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

**SUMMER
SALES HELP**

Current opening for temporary full-time business to business sales person in the Lakes Region to assist our current sales team. Potential to turn into a permanent position.

Job Summary:
Salmon Press is a well-established publishing company with 11 local newspapers, websites, and special magazines that have been helping local businesses expand their markets for generations.

We are currently looking for an outside sales person in the Lakes Region to work with customers to determine their needs and then recommend the right advertising campaign for them.

Responsibilities and Duties:
Working with the current sales team.
Visiting and calling local businesses to secure advertising.
Develop and cultivate strong relationships with customers.

Experience helpful but not necessary.

Please send resume to:
Frank Chilinski, President & Publisher
frank@salmonpress.news



**PLYMOUTH REGIONAL HIGH SCHOOL
Plymouth, NH 03264**

2018-2019 School Year

SPECIAL EDUCATION AIDES
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Tonia Orlando
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86 Old Ward Bridge Road
Plymouth, NH 03264
torlando@pemibaker.org

**HOLDERNESS SCHOOL DISTRICT
Holderness Central School**

2018-2019 School Year

Beginning July 1, 2018

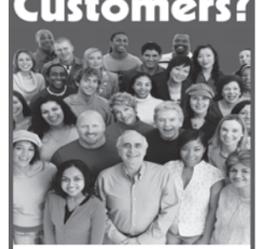
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2nd Shift Custodial Position**

8 hrs/day, 260 days
Salary and benefits per Collective Bargaining Agreement

Please send letter of intent, resume and references to:

Jon Francis
Facilities Manager
SAU #48
47 Old Ward Bridge Road
Plymouth, NH 03264
jfrancis@pemibaker.org

Looking for New Customers?



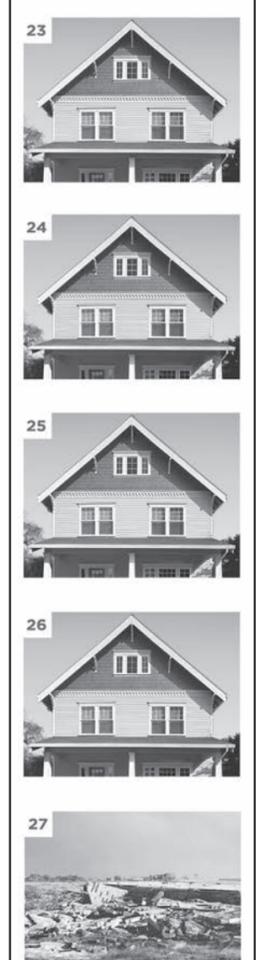
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