

Visiting Sen. Jeanne Shaheen sees benefits of LEAD program first hand

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON — U.S. Sen. Jeanne Shaheen, a former schoolteacher herself, went back to school last Friday to learn more about what the LEAD program at Winnisquam Regional Middle School was doing to promote the prevention of drug use by young teens. LEAD is the acronym for Law Enforcement Assisted Diversion and is a national program now taking hold in many classrooms to deal with addiction, bullying and social acceptance matters.

“We are fighting this war on drugs after people are addicted but more needs to be focused on prevention for the future,” said Shaheen.

Hoping to learn more about what’s actually being done on the prevention side of the topic,

Shaheen sat in on Cenanne Sander’s seventh grade class at WRMS to see what the LEAD program has to offer students in middle school.

Tilton Police Chief Robert Cormier said that while specially trained DARE officers bring drug and alcohol awareness to children in elementary school, the LEAD program now brings continued education and real conversation to middle school students. He hopes the program, begun as a pilot program last year, can expand to include high school freshmen in the near future.

“The difference between DARE and LEAD is that DARE brings one police officer into the (fourth grade) classroom to teach the program, which is great, but at the higher level



After sitting in on a LEAD drug prevention class at Winnisquam Regional Middle School, Sen. Jeanne Shaheen took time to visit with the students and hear their thoughts on the class. Listening in were Tilton Police Chief Robert Cormier and teacher Cenanne Sanders.

Local town offices up for grabs

BY DONNA RHODES
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REGION — The time has come for those interested in serving their community through municipal office and services, ranging from Selectman, to Trustees of the Trust funds and other openings in town government, to file their intent for candidacy. Declarations for Candidacy will be accepted from Jan. 24 through Feb. 2 at local Town Clerks’ offices.

In Belmont, this year’s openings include one three-year seat on the Board of Selectmen, four separate three-year terms with the Budget Committee along with two other two-year positions on that committee. There are also two three-year openings on the Planning Board, two three-year terms for the

Zoning Board, an opening for the two-year position of Town Moderator and openings for Trustee of the Trust Funds, Library Trustee and Cemetery Trustee.

In 2018, Northfield will be seeking candidates for one seat on the Board of Selectmen, a two-year term as Town Moderator and three-year terms for both Town Treasurer and Trustee of the Trust Fund. They also have a six-year position opening up this year for Supervisor of the Checklist.

Sanbornton also has six openings in their government offices this year. In the annual rotation for the Board of Selectmen, there is one seat up for grabs, along with two three-year terms available on the Budget Committee, a three-year opening for

the Trustee of the Trust Funds and a six-year term for Supervisor of the Checklist. Rounding out other available positions are a one-year term for Cemetery Trustee and two positions for Library Trustee, one seeking a two-year commitment and the other for three-years.

The Town of Tilton is looking for two selectmen this year and also has three openings on their Budget Committee for three-year terms. The two-year Town Moderator position is up for re-election once again, as are three-year slots for Trustee of the Trust Funds and Sewer Commission.

Details on all the openings can be found on each town’s website.

Anyone interested in running for office this

LEAD brings police and teachers together to discuss the issues with students,” said Cormier. “We’re looking toward preventative measures right now so it’s important to reach out and continue to engage young teens.”

Classroom teachers at WRMS have undergone training for the program and every Friday for 12 weeks they are joined by Tilton police officers. Together they teach students how to recognize and avoid the downfalls and dangers brought on

by addiction.

Last week’s lesson focused on recognizing the four stages of addiction: First Use, Occasional Use, Planned Use and Regular Use.

The final stage, Regular Use, Sanders and

SEE LEAD, PAGE A13

Philadelphia couple arrested for credit card fraud

BY DONNA RHODES
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TILTON — Two men were taken into custody in Tilton last Thursday for charges stemming from an incident regarding suspicious credit card charges on a large telephone order for appliances at Lowes Home Improvement Store on Laconia Road.

Police said the store tried to confirm the billing for the cardholder, listed as an out-of state resident, and discov-



Kyseem Hawkins (left) and Charles Gibbs (right) of Philadelphia were arrested last Thursday at Lowe’s in Tilton on numerous retail crime charges.

ered that person had not placed any such order.

As a result, Tilton police were called to investigate while the phone-order customers were en route to the store.

Chief Robert Cormier said, “At approximately noontime, the suspects arrived at the Tilton Lowes in a rented U-Haul van and parked at the contractor’s entrance. Tilton Police Detectives along with patrol units responded and made contact with the suspects in the U-Haul van who were from Philadelphia, Pa.”

After questioning the two individuals, who were driving the van and allegedly placed the order, detectives from Tilton determined there was sufficient evidence to arrest them for Identity Fraud and Criminal Liability for the Conduct of Another.

While searching the

suspects, arresting officers also recovered numerous gift cards that contained stolen credit card and personal identity information.

“Detectives quickly realized this was potentially a stolen identity and gift card theft ring, which move from state to state,” Cormier said.

Taken into custody at that time were 22-year-old Kyseem Tyhee Hawkins of 1922 W. Erie Ave.,

SEE FRAUD, PAGE A13

Sanbornton Central’s Living Museum spotlights New Hampshire’s best and brightest

BY DONNA RHODES
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SANBORNTON — Fourth grade students at Sanbornton Central School hosted their annual Living Museum last Friday morning, spotlighting New Hampshire residents, or people who have had a close connection to the state.

Weeks of preparation had the students researching those with New Hampshire ties who have made a difference, whether that be through sports, the arts, industry or even people with historical ties to the state. As parents, family and friends arrived,

SEE MUSEUM, PAGE A13



Bella, a fourth grade student at Sanbornton Central School, not only selected local children’s book illustrator Denise Ortakles as her subject for a school project, but even created some of Ortakles’s well-known pop-up art for her presentation.

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Alleged domestic assault leads to manhunt

BY DONNA RHODES
dhrhodes@salmonpress.news

BELMONT — Belmont Police were on the hunt last Friday for a Gilford man who was later taken into custody following a domestic assault in which a weapon was fired by a concerned neighbor who rushed to assist when he heard cries for help coming from a home on Cycle Lane.

Lt. Richard Mann said that on the morning of Jan. 12, a female reported to police that 21-year-old Izaiah J. Conway was at her resi-

dence and had allegedly struck her several times with a baton. He then held her down, choking her as he made threats to kill her. At one point, she told police, she started to lose consciousness during that assault.

A neighbor however came to the rescue when he heard the commotion and began pounding on her door in an attempt to enter the residence and assist the woman.

Conway, Mann said, left the victim when he heard the knocks and ran to the door, kicking

it outward and subsequently shattering it with the force of that blow. As a result of that violent reaction he received a “grazing flesh wound” when a weapon was consequently discharged by the neighbor who stood on the other side of the door.

According to both witnesses, the neighbor and the victim, Conway then fled the scene in a vehicle before police arrived.

Officers conducted several interviews, took witness statements and collected physical evi-



COURTESY
Twenty-one-year-old Izaiah J. Conway of Gilford was arrested last weekend after a domestic violence assault that occurred on Cycle Lane in Belmont and resulted in him receiving a gunshot wound from a neighbor who rushed to assist the female victim.

dence from the scene, then applied for an arrest warrant for Conway.

In an attempt to locate Conway, BPD issued an alert to local hospitals, asking that they notify police of any male patients seeking medical care for a gunshot wound to the leg. In addition to that, they entered Conway’s name into the police database as a wanted person and reached out to Conway’s family, encouraging him to contact their department about the incident.

At 5:34 p.m. that night, Gilford Police finally located the suspect at an undisclosed address in their town. There he was evaluated by Gilford Fire Department’s medical personnel then taken into custody and turned over to Belmont Police.

Conway was charged with a Class A Misdemeanor assault and a Class B Felony Second Degree Assault and held on \$15,000 bail until his arraignment this past Tuesday in Belknap County Superior Court.

AMERICAN RED CROSS BLOOD DRIVES

RED CROSS BLOOD SHORTAGE PROMPTS URGENT CALL FOR BLOOD AND PLATELET DONATIONS DURING NATIONAL BLOOD DONOR MONTH

Severe weather forces blood drive cancellations causing thousands of donations to go uncollected

BELKNAP

Belmont

1/23/2018: 12 p.m. - 5 p.m.,
St. Joseph Church,
96 Main Street

Center Harbor

1/26/2018: 1 p.m. - 6:30 p.m.,
Center Harbor Congregational Church,
52 Main Street

Laconia

1/19/2018: 1 p.m. - 6 p.m., Laconia Middle School, 150 McGrath Street
1/20/2018: 9 a.m. - 2 p.m., Penny Pitou Travel, 55 Canal Street
1/27/2018: 9 a.m. - 2 p.m., AmeriGas District Office, 1150 Union Ave.

Concord

1/24/2018: 9 a.m. - 2 p.m.,
IBEW Local 490,
48 Airport Road

Franklin

1/31/2018: 9 a.m. - 2 p.m.,
Bessie C. Rowell Community
Center, 12 Rowell Drive

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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Accident claims life of Sanbornton resident

BY DONNA RHODES
dhrhodes@salmonpress.news

SANBORNTON — A Sanbornton resident lost her life in a motor vehicle accident on I-93 in Concord Monday morning, when her car drifted off the northbound lane near Exit 17 and wound up facing in the wrong direction on the left side of the road.

Sgt. Daniel Baldassarre of NHSP Troop D said Vicki Pillsbury, age 50, of Sanbornton, was found inside the vehicle and subsequently pronounced dead at the scene after being attended to by members of Concord Fire and Rescue.

While the investigation is still in the preliminary stages, Baldassarre told the press that his department has not yet discovered why the 2013 Hyundai Elantra she was driving went off the highway and resulted in the tragic outcome.

“The vehicle left the roadway and glanced off a tree. The vehicle came to final rest facing southbound off the roadway,” he told reporters.

Anyone who may have witnessed the crash or has additional information on the accident is asked to contact Trooper Matthew Field at 271-1162.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 116 calls for service and made the following arrests during the week of Jan. 5-12. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been withheld.

Kimberly A. Bartenstein, age 28, of Belmont was arrested on Jan. 5 in connection with a warrant issued by the Laconia Police Department.

Brittany Johnson, age 27, of Belmont was arrested on Jan. 6 for Default or Breach of Bail Conditions, and in connection with a bench warrant issued by Laconia District Court.

Benjamin Corriveau, age 24, of Gilmanton was arrested on Jan. 7

for Possession of Marijuana.

Cling R. Griffin, age 33, of Northfield was arrested on Jan. 8 for Driving While Intoxicated.

Thomas Michael McNeil, age 30, of Belmont was arrested on Jan. 9 in connection with several warrants issued by Merrimack County Superior Court and Laconia District Court.

Andrew James Decormier, age 25, of Belmont was arrested on Jan. 11 in connection with a warrant issued by Belknap County Superior Court.

Matthew Goupil, age 34, of Belmont was arrested on Jan. 11 in connection with a warrant issued by the Gilford Police Department.

Daniel A. Bishop, age 60, of Northfield was arrested on Jan. 11 for Driving While Intoxicated.

Masons to hold public breakfast and bake sale Jan. 27

TILTON — The Masons of Doric-Centre Lodge #20 are continuing their public breakfasts and bake sales on the fourth Saturday of each month, except November and December, from 7 to 9:30 a.m. The breakfasts are held in the Masonic Building, located at 410 West Main St. (Route 3/11 West) in Tilton (where “The Ark” day care center is). Put it on your calendar and come socialize with

friends each month.

This month’s breakfast will be held on Saturday, Jan. 27. They serve a full breakfast, including eggs cooked to order, and the cost is \$8. Proceeds will benefit the various charities the Lodge supports. The Masonic Lodge will also be open for public tours and information. For more information about the breakfasts or about the Masons, contact Woody Fogg at 524-8268.

1-800-RED CROSS

CLASSIFIED SELLS IT ALL

Democratic candidates share backgrounds, views in candidate forum

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — The seven Democratic candidates for the First Congressional District shared their backgrounds, qualifications, and philosophies with prospective voters during “Conversations with the Candidates.”

Deaglan McEachern, Terrence O’Rourke, Mindi Messmer, Lincoln Saldati, Maura Sullivan, Chris Pappas, and Mark MacKenzie all spoke with voters at the Meredith Community Center on Wednesday during the event hosted by the Belknap County Democrats.

McEachern lives in Portsmouth, and is the newest candidate to file.

“I’m in this race because I believe as Democrats, we have to fight to believe in government again,” McEachern said.

He said his parents instilled in him the be-

lief that government matters.

“As much as we like to throw stones at it, it needs out attention and support,” he said.

McEachern said government can make people’s lives better. He said no one should go bankrupt for getting sick, and “all you need in this country is a high school diploma to chase down the American dream.”

Terrence O’Rourke lives in Alton. He is an Army veteran who received the Bronze Star for combat service in Iraq. He currently serves as Rochester’s city attorney.

“What I want to offer the others in the First District is a total departure from what you see in D.C.: radical competence,” O’Rourke said. “You can enact fundamental change if you’re actually qualified for your job.”

He said “radical com-

petence” is what he has engaged in in the Army through to being an assistant US attorney and as a city attorney taking on a number of tough situations.

“When incompetence reigns supreme, competence suddenly becomes radical,” O’Rourke said.

Mindi Messmer lives in Rye, and is a state representative. She has worked for 30 years in environmental science and worked towards drinking water protection when a group of children in one area were diagnosed with cancer.

Messmer said she has worked to protect women’s rights, including killing a bill that would have collected private information about women. She is also working to reconsider a previously defeated bill that would ban LGBT conversion therapy.

Lincoln Saldati of Bedford has been a busi-

ness owner, the mayor of Somersworth, and Grafton County Attorney.

After the 2016 elections, he spent time in Standing Rock, N.D., and stood beside the Sioux against the proposed pipeline. He said he came back to New Hampshire and thought of how else he could be of use, especially while watching the news last year thinking “it can’t possibly get worse.”

When Shea-Porter announced she would not seek reelection, he decided to run for Congress.

“Public service is something that more than 20 years of my life has been dedicated to,” Saldati said.

One of his biggest concerns is global warming, which he said is an issue about the future and his grandchildren.

Maura Sullivan is a veteran of the Marines, serving in Fallujah.

“When I was in Iraq, what I saw was a bunch of people in Washington sent a bunch of people’s kids to a war to fight in without a plan to win,” Sullivan said.

She was the senior advisor to the Secretary of the Navy and Secretary of Defense, advocating for maternity leave, reproductive rights, and LGBT rights in the military.

“Never...have I seen a greater threat to our nation and to our democracy that we see right now,” Sullivan said.

Chris Pappas of Manchester is the Executive Councilor for District 4 and manages Puritan Backroom in Manchester.

Pappas said he supported Medicaid expansion which “is the best tool we have in the fight against the opioid crisis.” He also supported green energy and public projects as well as providing funding for

Planned Parenthood.

“I want to run for this office because I believe we’ve got to shake things up in Washington, D.C.,” Pappas said.

He said he vehemently opposes the tone the president has been setting and wants to spread the message, “we don’t live in Donald Trump’s America.”

Mark MacKenzie of Manchester has been president of the New Hampshire AFL-CIO for 25 years, has been a member of the House Labor Committee.

“My entire life has been about fighting for dignity and respect for working men and women in this state and throughout the country,” MacKenzie said.

He said he wants to return the Democratic Party as the party for working people.

He believes in furthering Medicare and having a single payer health system.

Belmont Public Library launches new Friends of the Library Group

BELMONT – A group of dedicated library patrons is trying to start a Friends of the Library group for the Belmont Public Library. A Friends of the Library group is a nonprofit organization attached to a library, that provides important support to the library, such as fundraising, volunteer organization and advocacy.

This small group of people grew out of the Wednesday night craft group. The crafters have been selling some of their crafts to benefit the library, including magnets at the desk and a special craft sale at Old Home Day. As this is the kind of thing a Friends group will often do, they have decided to take the next step and officially

organize.

Sandy Valtz, one of the founding members, is concerned with the small size of the library relative to the town’s increasing population. Belmont Public Library is celebrating its 90th year in its current building, while Belmont has four times as many people as it did 50 years ago.

“Libraries are still important resources even in this modern age of computers. One goal I have would be to start a home borrowing program for people who are not able to get to the library. A volunteer would help transport books to and from people who are not able to go out. Please consider joining your Friends of the Library group, we need your

help,” Valtz says.

So far, the group has completed a Memorandum of Understanding between the Friends and the Library and drafted a Mission Statement, as well as hosting a few additional fundraising craft events at the library. Most importantly, they are looking to establish official 501(c)(3) status as a nonprofit organization, requiring five board members. If you are interested in becoming a member or being on the executive board, please contact Sandy Valtz at 267-6009 or Katherine Bollenbach at the Belmont Public Library, 267-8331. Bollenbach is serving as library liason and providing organizational know-how on starting a Friends group.

Meeting notices, minutes, and events can be found on our Facebook page. Look us up at @belmontplfriends. The next meeting is Wednesday, Jan. 10 at 5 p.m. Even if you can’t attend the meeting, please let us know if you are interested or sign up for our email newsletter at <http://eepurl.com/dd6eVr>.

The Belmont Public Library is open six days a week and any time at www.belmontpubliclibrary.org, serving the community with books, digital resources, and cultural programming. In 2018, we are celebrating 125 years as a public library, serving ninety years from the Colonial Revival National Register building.

HALL MEMORIAL LIBRARY

Monday, Jan. 22
Chess Club, 3-5 p.m.
The Bookers, 6:30 p.m.
PlainSong by Kent Haruf – A strong story, simply stated... Kent Haruf displays an emotional and aesthetic authority to rival the past masters of a classic American tradition. (Amazon)

Tuesday, Jan. 23
Spanish Club, 10 a.m.
Noon Book Group, noon
PlainSong by Kent Haruf
Tech Tuesday, 2-4 p.m.

Wednesday, Jan. 24
Story Time, 10:30 a.m.
Magic the Gathering, 4 p.m.

Thursday, Jan. 25
Small Business Workshop, 6-7:30 p.m.
Economic Specialist Miguel Moralez provides information and tips

on how to start and/or grow a small business. Free advice from the U.S. Small Business Administration.

Friday, Jan. 26
Sit and Knit, 2-5 p.m.

Saturday, Jan. 27
Let’s Go Lego, 10 a.m.

New Items
“Remnant Population” by Elizabeth Moon
“Saga: Volume Eight” by Fiona Staples (Graphic Novel)
“The Blackbird Season” by Kate Moretti (Large Print)
“Black & Decker the Complete Guide to Wiring: Current with 2017-2020 Electrical Codes by Black & Decker
“Wayward” by Blake Crouch (Large Print)
“Mad Miss Mimic: A Novel” by Sarah Henstra (Young Adult)

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 424 calls for service and made the following arrests during the week of Jan. 1-7. Please note that the names of juveniles, and those of individuals taken into protective

custody but not formally charged with a crime, have been withheld.

Arrested during this time period were Jason Cote (for Driving After Suspension), Katie Popien (in connection with a warrant and for Will-

ful Concealment), Seth Mudgett (for Driving After Suspension), Jamie Bell (in connection with a warrant), Frederick Virgin (for Simple Assault), and Casey Burke (for Driving After Suspension and Disobeying an Officer).



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Cruise On In TO THE CLASSIFIEDS



Opinion

A4 Thursday, January 18, 2018

WINNISQUAM ECHO

STRATEGIES FOR LIVING

From Katie, with love

BY LARRY SCOTT

Following a Christmas holiday visit to Uganda in 2006, and responding to a deep drive to serve in mission work in some form, Katie Davis was invited by the director of an orphanage in Uganda to join them as their Kindergarten teacher. On her first morning in class, prepared for a group of 14, 138 showed up ... and Katie's heart was lost to "her kids." It is a fascinating story, told in her book, *Kisses for Katie*, and perhaps one incident a few years later, will tell the story.

"One of my favorite mornings after I returned to Uganda [following a one-semester attempt at a college education] began when my three oldest daughters [she was, at the time of her writing, in the process of adopting 13 children "of her own"] marched into my room, where I was still sleeping. 'Mommy, there are children we need to help, please.' 'Okay,' I said groggily, 'where?'

They took me to the abandoned house down the road. In the back room were seven children on the dirt floor. They were completely filthy and starving. The oldest was eleven and the youngest was two years old. I had never seen children so sick. ... They all had severe ringworm, malaria, and scabies ... among other conditions. Two of them were the skinniest human beings I had ever seen.

Of course, the girls and I took them home. I have never been so proud of my family as I was when I watched their reaction. Prossy, Margaret, and Agnes went straight to the tub to give the children baths. ... In less than an hour, our seven neighbors were a new bunch of children – bathed, dressed, fed, and giggling. ...


This was one of many, many times I have watched my children embrace and welcome in our home strangers and people in need. ... How beautiful it is to watch the unwanted feel loved and important, to watch strangers become family members (*Kisses from Katie*, p. 142)."

Katie Davis may seem to be a special case, but let us remember that at the beginning of this journey, Katie was a teen-age girl with a deep love for children, a deep-driving desire to serve, and with no place to go. Circumstances challenged her willingness, and with each step, another door opened, and the rest, as they say, is history.

Although our role within the family may not be played out in such an exotic setting as it was for Katie, a revitalization of the American family is priority one, especially when we see what is happening in our society today. The life that Katie provided for each of her girls was, indeed, a god-send. Her love, her commitment to their well-being, the discipline she had to demand if her family was to remain viable were, in a real way, Christianity in action.

You can believe the task of cooking for, feeding, and educating a family like Katie's was not a life of peaches and cream. Katie has little to say about this, overwhelmed as she is for the privilege of raising "my girls." If we have been honored with a family, it is a privilege to live a life before them that they can emulate and of which we can be proud.

You want to talk about it? Hit me up at rlarry-scott@gmail.com.



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PET OF THE WEEK

BUDDY

Our pets simply want to just BE with us. Sitting in our laps, cuddling, providing quiet, non-judgmental companionship.

They are always there for us even as we weather the storms of our lives. Buddy, aged about 10 years, has been a GOOD CAT.

His original owner fell upon very hard times and brought him to us. We placed Buddy in a wonderful home – but the change of pace was difficult for him, he may have mourned his previous comfy, cozy life since adjusting to a more lively household with children, proved to be a difficult transition.

Buddy was returned in June 2017. Seven months later, he still awaits a permanent home. Such a handsome, sturdy, grey and white boy simply should not have been overlooked for so long. Buddy is quiet and reserved. He prefers not to indulge in the social scene with the other cats, not because he is unfriendly, he is just so terribly sad.

His prior home said he was a wonderful sweet lap cat. Image what his perspective is now – and his favourite toy – a Santa Claus treat toy is nowhere in sight. He was nice all year, but did not get what must have been



on his Wish List this holiday season, a new loving home!

Surely Buddy has completed his stint at New Hampshire Humane Society and surely

ly should start the new year off properly, with people who will love him always.

Call 524-3252 or check www.nnhumane.org.

LETTERS TO THE EDITOR



Thank you for supporting Unified Basketball Jamboree

To the Editor:

I would like to say a big thank you to everyone that took part in the Fourth Annual Lakes Region Unified Basketball Jamboree held on Jan. 6 in Belmont.

This year's jamboree was the largest to date, with seven teams participating. The community support was phenomenal despite the frigid temperatures.

This event wouldn't be possible without the many volunteers and businesses that contributed raffle prizes as well as concession items; Amish Country

Barn, Bank of NH Pavilion, Brookside Pizza, Contigiani's Catering Service, Dairy Queen, DBU Construction, Fratello's Restaurant, Gilford Cinema 8, Jerico's Hair & Nail Care, Laconia Police Department, Lakeside Roastbeef, Piche's Print Shop, Smitty's Tilton Cinema Pub, Sottak Orthopaedic & Surgical and Spa-Girl-NH. Proceeds from this event will be donated to Special Olympics New Hampshire.

Sincerely,
Cassandra Contigiani
Lakes Region Unified Basketball Jamboree

Send your letters!

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Or, you can e-mail us at echo@salmonpress.news

Please include your name, address and phone number.



Voters meet Democrat candidates for Congress

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH — Local voters had the opportunity to speak with the seven Democratic candidates for Congress during a special roundtable discussion.

Last month, Rep. Carol Shea-Porter announced last month that she will not be seeking reelection. So far, seven Democratic candidates have filed for her seat in the First Congressional District.

Last Wednesday, the Belknap County Democrats hosted “Conversations With the Candidates” at the Meredith Community Center with a roundtable discussion.

Candidates Deaglan McEachern, Terrence O’Rourke, Mindi Messmer, Lincoln Saldati, Maura Sullivan, Chris Pappas, and Mark MacKenzie met with local voters during a series of discussions.

At the beginning of the event each of the candidates introduced themselves and shared their platforms and goals. Afterward, each of the candidates sat down at individual tables with a group of citizens and discussed different significant issues with each of the issues written down on a large pad. After 10 minutes, each of the candidates rotated to different table to have new discussions with the different groups.

Mo Baxley, Vice Chair of the New Hampshire Democratic Party, said all of the topics will be written down and included in the report on the event.

Lynn Thomas, the chair for Meredith in the Belknap County Democrats, said each of the candidates were individually contacting the committee. Thomas said they made the decision to have all of



The seven Democratic candidates for the First Congressional District are introduced to a group in Meredith by NH Democratic Party Vice Chair Mo Baxley at the beginning of “Conversations with the Candidates.”

the candidates in one place for one event.

“We figured we needed to invite everybody,” Thomas said.

The Belknap County Democrats chose the format of the discus-

sion. Baxley said they have had other meet the candidate events that have been more formal, though this one was different.

“We like it, it’s more up close and personal,”

large crowd taking up all three meeting rooms at the Community Center. Thomas said she was “thrilled beyond recognition” to get that many people to the event. She said they planned for 75 people to attend and around 68 came.

“They’re strong candidates, every single one of them,” Thomas said. “They’re strong, capable; they’re all super.”

Baxley said with candidates including the head of the state’s AFL-CIO, a Marine veteran who served in the Obama Administration, and many others, this is a good group of candidates.

“These are a really excellent field of candidates,” Baxley said.

Thomas said the Belknap County Democrats are planning to do an event in the fall before the primaries in September.

Lakes Region Community Developers celebrates 25 years of providing healthy homes

LACONIA — Lakes Region Community Developers began in 1993 as the Laconia Area Community Land Trust. Our mission is to create opportunities for the Lakes Region to thrive by developing healthy homes, creating vibrant community assets, and engaging residents. For the past 25 years, we have worked towards that mission by developing high-quality, affordable rental housing throughout the Lakes Region.

Join our 25th Anniversary celebration of providing 341 affordable apartments in Ashland, Laconia, Meredith, Tilton, and Wolfeboro; with more healthy homes currently under construction in Gilford.

What is a healthy home? Healthy homes promote physical and mental well-being, which contribute to success in work, education, and relationships. It describes a home that is safe, affordable, energy-efficient, dry, clean, ventilated, free from pests and contaminants, and designed

to facilitate access to healthy food, outdoor recreational opportunities, and to the extent feasible, other goods and services needed on a regular basis.

Today, in addition to building affordable rental housing, Lakes Region Community Developers is working to develop other types of real estate that responds to local community needs. This includes affordable, single-family homes for sale; mixed-income multi-family rental properties; and community facilities for child care, health care, and workforce development.

Join in the celebration with the launch of the Lakes Region Community Developers DIPJAR to promote the 25th Anniversary of Healthy Homes. Show your support by DIP-PING for \$1 as the DIP-JAR travels around the Lakes Region during 2018. The DIPJAR will first appear on January 11th at Wayfarer Coffee Roasters, 626 Main St., Laconia, NH 03246. Thank you in advance

for your support of providing our community with healthy homes, as they are the foundation of a healthy community. #DIPJARforLRCD.

Lakes Region Community Developers creates opportunities for the Lakes Region to thrive by developing healthy homes, creating vibrant community assets, and engaging residents.

We are a proud member of HOMEteam, which provides first-time home-buyer education and financial counseling to hundreds of New Hampshire families every year.

We were founded in 1988 as the Laconia Area Community Land Trust. For the past 25 years, we have developed high-quality, affordable rental housing throughout the Lakes Region. We currently own and operate a \$46 million real estate portfolio comprising 341 affordable apartments in Ashland, Laconia, Meredith, Tilton, and Wolfeboro.

We also operate a four-unit transition-

al housing program for homeless families. These families stay with us for approximately 18 months while they focus on securing stable employment and permanent housing.

Today, in addition to building affordable rental housing, we are working to develop other types of real estate that responds to local community needs. This includes affordable, single-family homes for sale; mixed-income multi-family rental properties; and community facilities for child care, health care, and workforce development.

In addition, we are increasing our capacity for community building and engagement. As we deepen our relationships with our tenants and their neighbors through public safety and neighborhood improvement initiatives, we will coordinate mentorship and training opportunities to help residents achieve their goals for financial mobility and meaningful participation in civic life.

Special Operations Group hosting first ice fishing derby

GILMANTON — The Belknap Regional Special Operations Group (BRSOG) will be holding their first annual ice fishing derby on Feb. 3 from 7 a.m. to 2 p.m. It will be held on Manning Lake, located on Manning Lake Road in Gilmanton. Tickets are \$18 if purchased before Feb. 2, and will cost \$20 on the day of the derby. Tickets will be available on the ice at the BRSOG headquarters located at the main boat launch. Tickets can be purchased in advance in person at Gilford PD and Martels Bait Shop in Laconia, or via VENMO and Paypal. VENMO is to @dustin-parent and PAYPAL is dustinhparent@yahoo.com.

The heaviest fish by weight in each category (Brook Trout, Pickerel, Perch/Crappie) will be entered into a Grand Prize drawing, and all 3 winners will receive a grand prize. The Grand Prizes are (1) Yeti 110 cooler, (2) Sitka Gear Stratus jacket and pants and (3) Sitka Gear Traverse Cold Weather Hoody and Timberline pants. Prizes for the raffle that will be drawn hourly include

Yeti Ramblers, Coasters, Tumblers, and Sitka Gear necessities. Adults and Kids will be eligible for the Grand Prizes, however kids will also have a division of their own for trophies. Trout must be at least 17 inches to be registered in the derby, all other NH Fish and Game laws apply.

BRSOG will have hamburgers, hot dogs, soda, water, coffee, and various other treats available.

BRSOG has been serving Belknap County for all SWAT related incidents since 2004. With your help BRSOG will continue to provide cutting edge gear and training for the brave operators that committed themselves to serving our county.

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Peter Murray Tibbetts, 52

BELMONT — Peter Murray Tibbetts, 52, passed away after a brief illness on Monday, Jan. 8, at Massachusetts General Hospital.

Peter was born on Dec. 17, 1965 in Laconia to the late Wanda Tibbetts.

Peter graduated from the New Hampshire Vocational Technical College with a degree in Graphic Arts in 1986. He married his high school sweetheart, Deirdre Tibbetts in 1989. Peter was the Lodge Manager for the Laconia Elks #876.

Peter was a quiet, gentle man who loved his family with everything he had. Peter enjoyed cooking new recipes he learned from the Food Network channel. He was often traveling to new destinations with his wife and many friends. Peter enjoyed collecting sports memo-



rabilia and scratch tickets!

Peter leaves behind his wife of 28 years, Deirdre (Fortier) Tibbetts; his son, Kyle Tibbetts, and wife Ashley; his daughter, Kayla Tibbetts, and the twinkle of his eye, Cali Mae Tibbetts; brother-in-law, Brian Fortier and partner John Murray; sister-in-law, Allyson Shea and husband Tobias Shea; nieces and nephews, Gabriel, Natalie and Everett Shea and many countless

friends. In addition to his mother, he is predeceased by his grandparents, Carroll and Ethel Tibbetts.

Calling hours were held on Tuesday, Jan. 16 from 4:30 – 6:30 p.m., followed by an Elks Service at 6:30 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Celebration of Life followed the services at the Laconia Elks, 17 Sugarbush Lane, Gilford, NH 03249.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

John Francis Fritzky, 52



CANTERBURY — John F. Fritzky, 52, a resident of Canterbury for over 28 years, died at his home, Monday, Jan. 8 following a brief illness.

John was born in Bridgeport, Conn. Sept. 29, 1965. He spent his youth and schooled in Salisbury, and was a graduate of Merrimack Valley High School. Prior to moving to Canterbury, he had resided in Salisbury.

Following graduation, John went to work for Steenbeke and Sons Lumber and Hardware (now National Lumber), and at the time of his death, he was Fleet Manager at the Boscawen location. He loved his animals and enjoyed the company of the family pets. He loved the ocean, camping and spending

time with his family and close friends. He spent much time deep sea fishing and clamming with his grandfather over his early years.

John leaves his wife of 22 years, Heather L. (Miller) Fritzky of Canterbury; daughters Megan R. Fritzky and Danielle M. Fritzky, both of Canterbury; his mother, his sister Sharon and her husband David Pino and their son Michael of Scarborough, Maine. He also leaves his mother in

law, Sandra (Shaw) Miller of Salisbury; sister in law, Heidi Miller and fiancé Joseph Yacono of West Haven, Conn.; and brother in law, Greg S. Miller and his wife Kimberly of Salisbury.

Calling hours were held on Saturday, Jan. 13, from 2 to 4 p.m. at the William F. Smart Sr. Memorial Home, Franklin-Tilton Road (584 West Main St.) in Tilton. The funeral service was held Sunday, Jan. 14 at 1 p.m. at the Memorial Home. A private burial will be held at a later date.

In lieu of flowers, contributions can be made in John's name to the New Hampshire Humane Society, P. O. Box 572, Laconia, NH 03247-0572.

For more information, go to www.smartfuneralhome.com.

Lakes Region VNA hosts “Moving Through Grief,” a monthly drop in support session

MEREDITH — Carol Snow- Asher, Spiritual Care Counselor and Bereavement Coordinator at Lakes Region VNA, will be facilitating a monthly support session

for those who are grieving the loss of a loved one.

The sessions will be held on the third Tuesday of each month at 1:30 p.m., and will meet at the

Lakes Region VNA office located at 186 Waukegan St., in Meredith.

Please call 279-6611 if you would like to talk to us or have any questions.

Winnepesaukee Wellness Center is looking for you!

LACONIA — The Winnepesaukee Wellness Center (WWC) is celebrating its 18th year of operation. WWC promotes healthy living through medically supervised exercise. Established in January 2000, the Center provides exercise equipment such as treadmills, recumbent steppers, elliptical steppers, stationary bikes, rowing machines and other equipment. There is also strength training sessions available for members at various times each day at no extra charge.

WWC welcomes all adults who would like to enhance their healthy living through exercise. For those with medical issues or requiring assistance with an exercise program, experienced staff is available to

help achieve their goals. It is a very positive environment and we welcome everyone. Client ages range from 40-96. We encourage social interaction and celebrate for special gatherings throughout the year. Come join the fun!

As a “self supporting” department of LRGHealthcare, WWC is maintained through member dues, fund raising activities, local town support and donations. Special thanks to the four towns of Center Harbor, Meredith, Moultonborough and Sandwich for their continued support financially. In addition thanks are extended to Hannaford, Alfred Quimby Fund, NH Charitable Fund, Bald Peak Colony Club and many local businesses and individuals who reg-

ularly help WWC to provide adequate exercise equipment and meet its expenses.

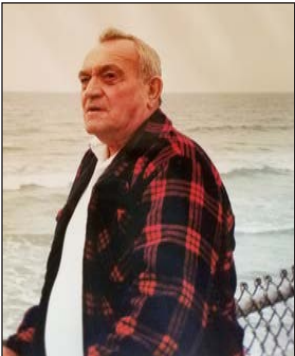
WWC is located at 78 Whittier Highway in Moultonborough and is open Mondays, Wednesdays and Fridays from 6:30 a.m. to 3:30 p.m. It serves all who are interested in an ongoing exercise program to promote healthy living. For more information, please contact the Center at 253-1839.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

LACONIA — Leonce J. “Pete” Goupil, 87, of 148 Warren St., died Friday, Jan. 12, 2018 in his home.

He was born on May 5, 1930 in Laconia, the son of the late Joseph and Roseanne (Remillard) Goupil. Pete served in the US Army. Pete owned and operated a Texaco Station on Church Street in Laconia for a number of years and also worked for Pike Industries. He worked for several years for Laconia Public Works, retiring as Supervisor in 1992. Pete also ran a small welding business in Laconia. He was a member of the St. Jean Club and enjoyed fishing and spending time with family.

He is survived by his wife, Sharon (Tilton) Goupil of Laconia; five daughters (Nancy M. Cailler of Bow, Alice Petell of Laconia, Anita Eisenhower of Laconia, Brenda Curran of Laconia and Bernadette Newell of Gilford); one step-son, Todd Corey of Tilton; ten grandchil-



dren (Lara, Eric, Sharon, Christine, Sara, Charles, Nicole, Jesse, Christopher and Alyssa); three step-grandchildren, Austin, Gregory and Bryce; 13 great grandchildren (Ashley, Samantha, Britany, Caleb, Ava, Jacob, Trenten, Arianna, Emily, Jeffrey, Connor, Domenyk and Hunter); and many nieces and nephews.

In addition to his parents, he was predeceased by his first wife, Eva Marie (Jarvis) Goupil, in 1998; one daughter, Rose M. Pineo, in 2001; two brothers, Norman Goupil and Lional “Patrick” Goupil; two sisters, Cecile Hardy and Rachel Perkins; and on step-daughter, Shari Hunt.

Calling hours were held from 2 to 4 p.m. and from 7 to 9 p.m. on Wednesday, Jan. 17, 2018 at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

A Mass of Christian Burial will be celebrated at 10:30 a.m. on Thursday, Jan. 18, 2018 at St. Andre Bessette Parrish - Sacred Heart Church, 291 Union Ave., Laconia.

Burial will follow in the family plot at Sacred Heart Cemetery, Garfield Street, Laconia.

For those who wish, memorial contributions may be made to St. Jude Children's Research Hospital, 501 St Jude Place, Memphis, TN 38105.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

LRGHealthcare continues to focus on sustainability in challenging healthcare climate

LACONIA — Like many healthcare organizations in New Hampshire and all over the country, LRGHealthcare has faced many barriers in an ever-changing healthcare climate. Over the past four years, LRGHealthcare has gone through many changes as an organization, but has also seen great growth in terms of technology, positive engagement with stakeholders, and improved quality to better meet patient need.

LRGHealthcare closed out fiscal year 2017 with a modest surplus from operations; however fiscal year 2018

has, to this point, not performed as well as anticipated. There is no single reason for this performance. Rather, it is a combination of factors including lower volume overall, but increased volume in those areas where payers are not favorable; coupled with slightly higher expenses.

Kevin W. Donovan, LRGHealthcare President and CEO, stated, “LRGHealthcare will likely need to determine actions to cut expenses and/or increase revenue. Therefore we need to look hard at the services we provide and whether they can be done more

efficiently. It might also mean deciding there are certain things we just cannot do anymore. We would not be doing our job if we did not consider all options.”

One of many areas under review is the Family Birthplace. This review is due to a number of factors, including declining birth rates, poor reimbursement from Medicaid and difficulty in recruiting and retaining providers willing to cover the service frequently.

“To be clear, however, no decisions on the future of the Family Birthplace or any of our services have been made,” stated Donovan.

As LRGHealthcare determines a course of action, staff, providers and community will be informed and involved.

LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.

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TangerKIDS Grant Program opens 2018 call for entries

TILTON — TangerKIDS Grant Program, an initiative designed to award grant money to schools within the communities of Tanger Outlet Centers nationwide, has officially opened its call for entries within the Lakes Region community. The TangerKIDS Grant Program was designed to satisfy the specific fund-

ing needs of local schools – from the implementation of school-wide programs, to rebuilding equipment and academic material inventories, to supporting athletic or band programs. In 2017, Tanger awarded 1,034 individual grants to schools in need. The call for entries is currently open. All grant applications must be

submitted by March 16. Teachers and administrators from local schools may submit applications for programs and projects in which the majority of the activity will be completed between August 2018 and May 2019. Each school can submit multiple grant requests and each will be considered separately.

To submit an application for the TangerKIDS Grant Program, please visit: grants.tangeroutlet.com.
About Tanger Factory Outlet Centers, Inc. Tanger Factory Outlet Centers, Inc., is a publicly-traded REIT headquartered in Greensboro, North Carolina that presently oper-

ates and owns, or has an ownership interest in, a portfolio of 44 upscale outlet shopping centers. Tanger’s operating properties are located in 22 states coast to coast and in Canada, totaling approximately 15.3 million square feet, leased to over 3,200 stores which are operated by more than 530 different brand name companies. The

Company has more than 37 years of experience in the outlet industry. Tanger Outlet Centers continue to attract more than 188 million shoppers annually. For more information on Tanger Outlet Centers, call 1-800-4TANGER or visit the Company’s Web site at www.tangeroutlets.com.



COURTESY

WRMS students recognized for artwork

Winnisquam Regional Middle School Art Teacher, Mrs. Jessica Cobbett, is beyond proud to share the news of our 2018 Scholastic Art Award winners! “I feel grateful that I have the opportunity to work with such extraordinary talented teens everyday,” she says. The students are looking forward to the awards ceremony at Pinkerton Academy on Feb. 4, and seeing their work and the work of other creative and talented teens on display. Eighth grader Ashton Charest won a Silver Key for his “Crackled Depression,” and Nathan McKinnon was recognized with an honorable mention for his ceramic “Tan gram Challenge.”

WildQuest Winter Camp registration is now open

LACONIA – Looking for something fun for your kids to do during February vacation?! Prescott Farm’s WildQuest Winter Camp is one of our favorite programs, with a “personality” all its own. Discover a camp experience a world apart from Spring and Summer camps. Running from Monday, Feb. 26 through Friday, March 2, WildQuest Winter camp is open from 9 a.m. – 4 p.m. with extended care hours available from 8 a.m. until 5:30 p.m. Camp registration is now open for children ages five to 12 – register for the entire week, or only a day or two. Registration deadline is Feb. 9. Members of Prescott Farm Environmental Education Center get a special discounted rate of only \$185 for the week, or \$37 per day; regular price is \$235 for the full week, \$47 per day. Extended care is an additional flat rate. For more information and registration visit www.prescottfarm.org. “Winter Camp here at Prescott Farm is truly a unique experience, allowing your child to fully embrace the different areas of winter science and learning about the frozen world around us,” says Kate Banyas,



COURTESY

Looking for something fun for your kids to do during February vacation?! Prescott Farm’s WildQuest Winter Camp is one of our favorite programs, with a “personality” all its own. Discover a camp experience a world apart from Spring and Summer camps.

the new Camp Director at Prescott Farm. “You don’t have to stop going outside during the winter – it is an amazing part of the NH experience!” Winter can be fun, especially when you have an experienced naturalist leading the way. Prescott Farm is a nonprofit 501c3 environmental education center committed to helping people discover their own connections to the natural world. Prescott Farm offers a world of discovery to children of all ages, from Fledglings nature-based preschool

to WildQuest vacation camps, with experienced “Naturalists in the Classroom” working in area schools, and welcoming school trips to Prescott Farm to explore nature. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through hands-on educational programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated

wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape. For more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

SNHU announces Fall 2017 President’s List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the fall 2017 President’s List. Eligibility for the President’s List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester. Alyssa Clogston of Tilton Barron Clogston of Tilton Alec Cochran of Sanbornton Shannon Conway of Belmont Erica Markson of Tilton Justin Rasmusson of Northfield Griffin Rogers of Sanbornton

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 85-year history of educating traditional-age students and working adults. Now serving more than 85,000 students worldwide, SNHU offers over 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester. Recognized as the “Most Innovative” regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each student. Learn more at www.snhu.edu.

Belmont resident named to Curry College Dean’s List

MILTON, Mass. — Curry College is proud to announce that Brooke Thurber of Belmont, has been named to the Dean’s List for the Fall 2017 semester.

To qualify for the Dean’s List, students must earn a 3.30 GPA, have no incompletes, and have no grade lower than a “C” for the semester.

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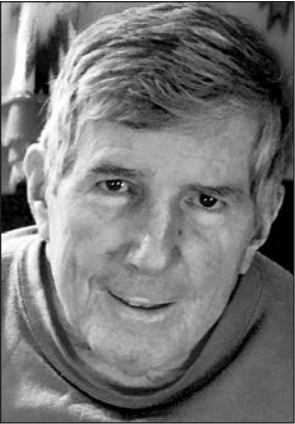
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Classified: It's Auto-matic

North Country Notebook

You never know what you'll see, or hear, when you get back to camp



By JOHN HARRIGAN
COLUMNIST

The year's first issue of Fish and Game's magazine "Wildlife Journal" caught my eye, as it usually does. Nicola Whitley and Jane Vachon and crew do a fine job with content, and the magazine is a graphic arts delight.

Peering out from this issue's cover were the almost identical nose and eyes---a triangle of black---of a

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A pine marten in the branches of a hardwood tree.

COURTESY



COURTESY

A pileated woodpecker in typical mode, ready to hammer away.

marten. That's nice, I thought, and about time. Little is known and even less is written about this in-between-sized member of the weasel family. It is native to New Hampshire, but for a time there we almost lost it.

Jillian Kilborn, who wrote the magazine's cover story, was fresh out of the University of New Hampshire's wildlife management program back in 2001, when she first encountered the marten, or

more accurately, its tracks.

To learn the ropes, she was paired with Regional Wildlife Biologist Will Staats, whose long legs have carried him to the top of every major and minor peak and hilltop from the White Mountains to the Canadian line. This was almost twenty years ago, when martens were gone from most of the state, and were scarce even up north. But if anyone could find tracks, Will

could.

Today, martens occupy much of their ancestral range, having benefited from full protection and individuals filtering over from healthy populations in Maine.

Like many furbearers, martens tend to look a lot bigger than they actually are. You look at this energetic bundle of fur and think "Five pounds," but two and a half might be better.

+++++

Because I spent many of my formative years living at hunting and fishing camps, I got to hear the stories when guests came up the various paths for meals. Breakfast was the "We're going to do this today" scenario, in which people told, with a certain amount of braggadocio, how they were going to select just the right fly or seek out the best place to hunt. But supptime meant hearing all about what actually happened---or didn't.

There were victories and losses to recount, for sure---a big fish

caught, and the one that always got away. But best of all, there were the stories. Some of the guests were old-timers who had begun their hunting and fishing in the early 1900s, and there were plenty who had grown up during the Great Depression and the advent of World War II.

As supper approached, guests began converging on the main camp, and various characters recounted things that a kid with big ears---that was me, all right---never forgot.

One of these stories involved a pair of martens a guest had seen that day, at which an old hunter piped up "Yup, pine marten, the only animal that can catch a red squirrel in a tree."

The "pine" was parochial vernacular, and it has long been just plain "marten" in learned circles. As for quickness, the marten's next-up cousin the mink is almost as fast, but not quite.

+++++

One sunny October Sunday afternoon I had a few hours off, and went bird hunting over the ridge behind Clarksville Pond and then down around the old Scott Opening---"bird" meaning partridge. As I approached an old road that would take me back toward home, a huge bird came swooping down through the woods, doing a dipsy-do while emitting musical yelps and cries.

"Yup," said an old-timer sagging in the couch when I brought the story back to camp, "Cock of the Woods." It was the old name for the pileated woodpecker, rare back then, but like so many wild creatures, back in healthy numbers today.

(This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.)

NOTICE TOWN OF NORTHFIELD

Candidate filing for the following Town Offices will be accepted at the Town Clerk's office 21 Summer Street, Northfield, January 24 through February 2, 2018

Moderator.....	2 year term
Selectman	3 year term
Supervisor of the Checklist.....	6 year term
Treasurer.....	3 year term
Trustee of Trust Funds.....	3 year term

Cindy L. Caveney
Town Clerk/Tax Collector

Notice to Citizens of the Tilton-Northfield Fire & EMS District

Tilton-Northfield Fire & EMS District Filing for Fire District Office

Stephanie Giovannucci, Clerk of the Tilton-Northfield Fire & EMS District, announces the time limits for filing declaration of candidacy for school district officers. In order for the name of the candidates to appear on the ballot, written declaration of candidacy must be filed with Kathy Tobine from 8:00 am – 4:00 pm January 25th – February 2nd, 2018 at the Tilton-Northfield Fire District, 12 Center Street, Tilton.

The Fire District Officers to be elected this year are as follows:

Moderator: two-year term, ending 2020
Commissioner: three-year term, ending 2021
Clerk: two-year term, ending 2020
Treasurer: three-year term, ending 2021

All members shall be elected at-large, and all members representing each of the two towns must be residents of that town. Any qualified voter in the fire district is eligible to file. The elections will take place on Tuesday, March 13, 2018. Residents of each town will vote at the same time and place as the election for town offices. Although the voting will take place at the regular town elections, voting for fire district offices will be by separate ballots.

Notice to Citizens of the Winnisquam Regional School District Winnisquam Regional School District Filing for School District Office

Stephanie Giovannucci, Clerk of the Winnisquam Regional School District, announces the time limits for filing declaration of candidacy for school district officers. In order for the name of the candidates to appear on the ballot, written declaration of candidacy must be filed with Adele Chertoff from 8:00 am – 4:00 pm January 24th – February 1st, 2018 and 8:00 am – 5:00 pm February 2nd, 2018 at the Winnisquam Regional School District SAU Office, 433 West Main Street, Tilton.

The Winnisquam Regional School District Officers to be elected this year are as follows: Moderator, one moderator, one-year term, ending 2019 (resident of any three towns). School Board Members: Tilton, one member, three-year term ending 2021, Northfield, one member, three-year term ending 2021 and Sanbornton, one member, three-year term ending 2021. Budget Committee Members: Tilton, one member, three-year term ending 2021, Northfield, one member, three-year term ending 2021, Northfield, one member, two-year term ending 2020 and Sanbornton, one member, three-year term ending 2021.

All members shall be elected at-large, and all members representing each of the three towns must be residents of that town. Any qualified voter in the school district is eligible to file. The elections will take place on Tuesday, March 13, 2018. Residents of each town will vote at the same time and place as the election for town offices. Although the voting will take place at the regular town elections, voting for school district offices will be by separate ballots.

Please call me at 729-3809 if you have any questions.

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COURTESY — EILEEN GILBERT

Belmont Public Library celebrating two milestones

The Belmont Public Library is celebrating two anniversaries in 2018! They will be kicking off the celebrations with a party honoring the dedication of the building on Feb. 4, 1928. Pictured are photos of the then brand new library building.

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Edward Jones: Financial Focus

When Do You Need a Financial Advisor?

If you could accomplish all your financial goals just by putting your paycheck into the bank every couple of weeks, you wouldn't need the services of a financial advisor. But life isn't that simple – and so, at some point, you may realize you need some professional assistance. But when?

Actually, you might benefit from the services of a financial advisor during many life events, including the following:

Starting your career – When you're starting out in your career, you may encounter several questions related to your benefits package. Should you

contribute to your 401(k) or other employer-sponsored plan? If so, how much, and where should you invest your money? Are the life and disability insurance policies offered by your employer sufficient for your needs? A financial advisor can help you answer these and other questions you may have.

Getting married – When you get married, you'll have to decide if, and how, you want to combine your finances. Also, you and your spouse may have different attitudes about investing and different tolerances for

risk. A financial professional can help you find common ground.

Changing jobs – When you switch jobs, what should you do with your old employer's retirement plan? And how should you invest in the plan offered by your new employer? As was the case when you first began your career, you may find that a financial professional can help you make the right choices.

Facing a layoff or buyout – You may never go through a layoff, or take a buyout offer from an employer – but if either of these events happen,

you will face some financial decisions. And during such a potentially stressful period, you may be tempted to make some financial moves that won't be beneficial. A financial advisor can suggest some strategies that may help you keep your investment situation relatively intact until you land your next job.

Saving for college – If you have children whom you'd like to send to college someday, you'll probably want to start putting money away as early as possible. A financial professional can show you the various college-savings vehicles, and help you choose

the ones that are most appropriate for your needs.

Getting divorced – If you are fortunate, you won't ever experience a divorce, but, if it does happen, you'll want to get the professional assistance necessary to ensure fair outcomes for everyone. You'll obviously need to work with an attorney, but you may find that, in the area of investments, a financial advisor also can be useful.

Entering retirement – As you near retirement, your key questions will switch – but not entirely – from putting money in to taking money out. How much can you with-

draw each year from your 401(k) and IRA without running the risk of outliving your resources? When should you start taking Social Security? If you were to work a couple of years longer than you had originally intended, how would it affect your withdrawal strategies? Again, a financial advisor can help you with these issues.

As you can see, most important life events will carry some financial concerns. But you don't have to face these challenges alone – and by getting the help you need, when you need it, you can ease the transition from one stage of life to another.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Alexandria resident is the Lakes Region Art Association's Free Fine Art Winner

ALEXANDRIA — The Lakes Region Art Association (LRAA) recently announced that Joseph Susi of Alexandria, is the December winner of LRAA Gallery's monthly fine art drawing.

Susi, who is a finish carpenter by trade, won a framed print of an original oil painting, titled, "Slurp," which was donated for the drawing by LRAA artist and member, Jini Lambert, who enjoys painting New Hampshire nature and scenery. In talking with the artist and other gallery staff, Susi relayed that while he and his wife art not artists, they both greatly appreciate art and have collected a number of art pieces over the years. Their daughter, Natalie, is the artist in the family and has been doing ceramic artworks for a number of years. He and his family have been coming to the gallery since it opened a couple years ago and always enjoy visiting the LRAA Gallery whenever they are in the area. They like to show their support of local artists and galleries by visiting various galleries

throughout the Lakes Region in addition to the LRAA Gallery, and are always impressed by both the variety and quality of the artwork on display.

Jini Lambert, the artist, is a Northfield resident who grew up in Whitefield. As a child, she found that she could reproduce accurate artistic interpretations of just about anything from people to pets. She taught herself pencil, oil pastel and watercolor as well as several other art mediums. "Slurp" is a print of an original oil pastel which focuses on a Canadian goose enjoying a day on the water. In addition to showing her art at the gallery, Jini also participates in a number of art shows and fairs around the region. Being forced to switch her dominant hand in her early 40's, Jini learned that nothing is impossible and there is always another way to accomplish something if you really want to. She greatly enjoys living in the Lakes Region where there is a wealth of subject matter, and some of the most picturesque



Lakes Region Art Association member, Jini Lambert, presents a framed print of her oil painting, "Slurp," to Joseph Susi, of Alexandria, the winner of the LRAA Gallery's December art drawing.

scenery in New England.

The piece of artwork currently on display at the gallery which will be given away at the end of January is an acrylic, "Greenwing Macaw," that was donated by Aca-

cia Rogers, a long time New Hampshire resident and avid painter, who finds New Hampshire's beautiful scenery and abundant wildlife incredibly inspiring. Her mediums of choice

are acrylic, watercolor, and oils and her subject matter includes still life, landscape, wildlife, and portraiture as well. Acacia was the Lakes Region Artists of the Month top artist for November 2017.

Anyone interested in art, as well as a chance to win free art, should stop by the gallery to view Acacia's artwork which is displayed just inside the gallery doors. One of the gallery's front windows is also dedicated to displaying Acacia's other works. Registration slips for the drawing are available on the display; no purchase is necessary to register, however you need to be eighteen years or older. One registration per person, per drawing. The drawing is held at the end of the month.

The LRAA Art Gallery is located in the Tilton Tanger Outlets (across from the Chocolate Factory) and is open Thursday, Friday, Saturday and Sunday, 10 a.m. to 6 p.m. The Lakes Region Art Association (LRAA), originally founded in 1940, is a nonprofit group providing education and support to local artists, both emerging and professional, in the Lakes Region. For more information on LRAA and the gallery see www.lraanh.org or "like" our Facebook page.

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Musical Entertainment by Bob Rutherford at Taylor Community Jan. 24

LACONIA — Bob Rutherford's passion is songwriting and he loves what he does. As an only child, creating alone has been something he's always done and each one of his compositions is a musical diary of a specific time in his life.

If you missed Rutherford's last performance at Taylor Community, be sure to mark your calendar for Wednesday, Jan. 24 at 6:30 p.m. in the Taylor Home Atrium. This free event is open to the public.

This fun-filled show includes a variety of

popular music, so come enjoy the stories and let the combination of music and lyrics take you back to somewhere you may – or may not have – been before.

Taylor Community is a not-for-profit Continuing Care Retirement Community

whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. Visit www.taylorcommunity.org, or call 366-1400 for more information.

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COURTESY

Jeremy Deering, SVP – Commercial Banker; Lindsay Cota-Robles, VP – Director of Marketing; Cynthia Day, AVP – Wealth Management Officer; David Howes, AVP - Commercial Analyst Officer.

Bank of New Hampshire announces promotions

LACONIA — Bank of New Hampshire is proud to announce that Jeremy Deering, Lindsay Cota-Robles, Cynthia Day and David Howes have recently been promoted.

Jeremy Deering has been promoted to Senior Vice President – Commercial Banker. Since joining Bank of New Hampshire in July of 2017, Deering, who has more than 20 years of experience in banking, has become a Commercial Team Leader along with oversight of the Treasury Management division. He holds a Bachelor's degree in Finance with a minor in Business Administra-

tion from the University of New England. He is active in the community and is a member of the Maine Real Estate Developers Association and is the President of the Board of Directors for the Waban Association.

Lindsay Cota-Robles has been promoted to Vice President – Director of Marketing. Lindsay joined Bank of New Hampshire in July of 1999 and has held several positions within the Marketing department over that time. She holds a Bachelor's degree in Communications from Keene State College, is a graduate of the ABA School of

Bank Marketing, the New England School of Financial Studies, Leadership Lakes Region and is a Certified Financial Marketing Professional. Cota-Robles is active in the community and currently serves as Past-President for the Lakes Region Chamber of Commerce, Board Member for the Meadowbrook Charitable Foundation and Board Member for the Greater Lakes Region Charitable Auction for Children.

Cynthia Day has been promoted to Assistant Vice President – Wealth Management Officer. Day joined Bank of New Hampshire in May of

2015, and has more than 34 years of Trust and Wealth Management experience in the areas of trust operations, security administration, client management and department leadership. She attended Cabrini College, completed the ABA Central Atlantic Regional School of Trust program, is currently enrolled in the Leadership Lakes Region program and is pursuing her CTFA designation. She is active in the community, and currently serves on the board of Altrusa International of Meredith as the assistant treasurer.

David Howes has been promoted to As-

sistant Vice President - Commercial Analyst Officer. David joined Bank of New Hampshire in January of 2016 as a Credit Analyst. Howes has more than 20 years of experience starting his commercial banking career in Australia in 1996. David holds an Associate's degree in Business Accounting from TAFE College in Australia, and has participated in numerous banking/finance courses during his career. He is active in the community and currently serves as a Trustee on the School Board and on the finance committee for the Robert Frost Charter School in Conway.

Bank of New Hampshire, founded in 1831, provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and Southern Maine. With 24 banking offices and assets exceeding \$1.5 billion, Bank of New Hampshire is the oldest and largest independent bank in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank's customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.

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Laconia Adult Education Winter/Spring 2018 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Shading & Coloring Techniques with Eye Shadow	Thurs	1/25/2018	6:00-8:00	4 weeks	\$45.00	LHS-514	Ellen Olson
Intro to Pastel Painting	Thurs	3/15/2018	6:00-8:00	4 weeks	\$55.00	LHS-509	Elizabeth Keefe
Oil Painting Studio	Tues	3/6/2018	6:30-8:30	6 weeks	\$70.00	LHS-509	Carole Halsey Keller
Sewing: Learn Paper Piecing	Tues	3/6/2018	6:30-8:30	4 weeks	**\$40.00*	LHS-514	Ardy Eaton

Cooking

Chinese Cooking	Thurs	3/15/2018	6:00-8:30	5 weeks	*\$60.00*	ctc-H220	Yan Li
Easy Cooking: Quick, Healthy & Delicious	Wed	1/24/2018	5:30-7:30	3 weeks	*Free*	ctc-H220	Elizabeth White RD,LD

Health & Wellness

Abundance and the Law of Attraction!	Tues	1/23/2018	6:30-8:00	1 week	Free	LHS-603	Celeste Lovett
Acupuncture, Herbs, & Holistic Medicine	Tues	1/23/2018	7:00-8:30	1 week	Free	LHS-608	Brian Paterson, ND
Belly Danding Fun & Exercise for Beginners	Mon	2/12/2018	6:15-7:30	10 weeks	\$65.00	LHS-Café	Andrea Aldrovandi
Holistic Roots to Healthy Living & Life Style Choices	Tues	2/6/2018	7:00-8:30	6 week	Free	LHS-608	Brian Paterson, ND
Intro to Exercise	Mon	1/22/2018	6:00-6:30	8 weeks	\$45.00	LHS-916	Downtown Gym
Line Dancing	Thurs	3/22/2018	6:30-7:45	5 weeks	\$45.00	LHS-Café	George Maloof
Mah Jongg Made Easy and Fun	Wed	1/24/2018	7:00-9:00	5 weeks	\$50.00	LHS-514	Sharon Fleishman
Mindful Movement and Meditation with Chi Kung	Mon	1/29/2018	6:00-7:30	6 weeks	\$50.00	ctc-H235	Richard Hochsprung
T'ai Chi Chih	Wed	1/24/2018	5:15-6:30	8 weeks	\$70.00	ctc-H235	Nancy Frost
Yoga for Everyone: Beginning	Tues	1/23/2018	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin

Informational Classes/Seminars

Estate, Wills, Trusts & Guardianship Planning	Tues	1/23/2018	7:00-9:00	1 week	Free	LHS-613	Kristen Gardiner
1st Time Homebuyer Seminar	Thurs	2/1/2018	6:00-8:00	1 week	Free	LHS-613	Donald McLelland
Savvy Social Security & Medicare Planning	Wed	1/24/2018	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Smart Retirement Strategies	Wed	1/31/2018	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Wealth Planning 101	Wed	2/7/2018	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Understanding Your Taxes-Putting the fun in refund	Mon	1/22/2018	6:00-8:00	2 weeks	Free	LHS-614	Cary Gladstone (Granite United Way)

Language

French for Beginners (Conversation)	Mon	1/22/2018	7:00-8:15	10 weeks	*\$50.00*	LHS-201	Marta Burke
Italian Travel & Language	Tues	3/6/2018	6:00-7:45	4 weeks	\$50.00	LHS-205	Lorraine LoRusso
Spanish for Beginners	Mon	1/22/2018	6:00-7:00	10 weeks	*\$45.00*	LHS-202	Mark Frattarola
Spanish Intermediate Level I	Mon	1/22/2018	7:00-8:00	10 weeks	*\$45.00*	LHS-202	Mark Frattarola
Spanish Intermediate Level II	Mon	1/22/2018	8:00-9:00	10 weeks	*\$45.00*	LHS-202	Mark Frattarola

Learning a skill

Dog Obedience: Beginning	Wed	3/21/2018	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Advanced	Wed	3/21/2018	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Fly Tying	Mon	1/22/2018	6:30-8:30	9 weeks	*\$50.00*	LHS-509	Mike Cox
Genealogy: Problems Finding your Family Roots?	Thurs	1/25/2018	6:30-8:30	4 weeks	\$30.00	LHS-205	Chuck North
Welding Basics: ARC, GAS, MIG & TIG	Tues	1/23/2018	5:30-8:30	10 weeks	*\$295.00*	LHS- Welding Lab	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG	Wed	1/24/2018	5:30-8:30	10 weeks	*\$295.00*	LHS- Welding Lab	Rick Hewitt
Welding: Advanced MIG, TIG, Stick, Fabrication	Thurs	1/25/2018	5:30-8:30	10 weeks	*\$295.00*	LHS- Welding Lab	Rick Hewitt
Woodworking	Tues	1/23/2018	6:00-8:30	10 weeks	*\$110.00*	LHS-517	Ed Fellona

* * Additional Supply/book fee or pre-class requirement is additional in this course.

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CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (including materials, book fees or Labs)

REGISTER AND PAY ONLINE at: **adultedlaconia.weebly.com**

Still have questions? Call Laconia Adult Education at 524-5712

LRPA’s After Dark feature salutes the Master of Suspense this weekend

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (Jan. 19 & 20) for our “LRPA After Dark” presentation of 1938’s early Hitchcock thriller “The Lady Vanishes,” starring Margaret Lockwood, Michael Redgrave and Dame May Whitty.

In “The Lady Vanishes,” we meet young Iris Henderson (Lockwood), vacationing in Europe and traveling back to England via train. She and her fellow passengers, an interesting and mysterious group of people including a young musicologist named Gilbert (Redgrave), are delayed by an avalanche and must spend the night at a local inn. In doing so, Iris befriends an elderly woman named Miss Froy (Whitty). The next morning, while assisting Miss Froy with her luggage, Iris receives a blow to her head. Miss Froy helps her on the train, where they share tea and lovely conversation. Iris falls asleep across the compartment from her new friend, but when she awakes, Miss Froy has disappeared – and her fellow passengers claim that no such person ever existed! Was she a figment of Iris’s imagination? A result of her blow to the head? No one on the train will take her seriously or help her look except for Gilbert, and even he, while becoming smitten with the lovely Iris, has his doubts.

“The Lady Vanishes” was Alfred Hitchcock’s last film shot in Great Britain before he made his move to the United States. It was a triumph with critics and movie audiences alike, and was in fact the most successful British film of its time. Upon its release in the U.S., it received the New York Film Critics Award for Best Director and was named one of the ten Best Pictures of 1938 by the New York Times, whose critic, Frank S. Nugent wrote, “If it were not so brilliant a melodrama, we should class it as a brilliant comedy.” Most film critics consider it to be the best of Hitch’s early (pre-1940) films. It was a favorite of many directors, including Orson Welles, Peter Bogdanovich and Francois Truffaut, and is included in the book “1001 Movies You Must See Before You Die” by Steven Schneider. Be sure to watch for Hitch’s trademark cameo appearance; hint, it’s near the end, in the Victoria train station. No wonder this is a must-see! Grab your popcorn and join LRPA after dark for this glorious thriller from the past.

You can’t find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via Live Stream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Learn about addiction and how to get help at Taylor Community

LACONIA – Corey Gately, LRGHealthcare Recovery Clinic substance abuse counselor, speaks on the science of addiction and substance misuse services provided by LRGH, Monday, Jan. 22 at 2 p.m. in Taylor Community’s Woodside Building. This free event is open to the public.

Gately is involved in the LRGHealthcare Suboxone Recovery Clinic, which treats individuals recovering from heroin and opioid addiction.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. Visit www.taylorcommunity.org, or call 366-1400 for more information.

Lakes Region Community College, Planning Commission host joint reception for state legislators


LACONIA—Approximately 20 state legislators attended a recent reception cohosted by Lakes Region Community College and the Lakes Region Planning Commission.

“This reception was a great opportunity for our legislators to learn about the important work that LRCC is engaged in to support a better educated and skilled workforce in the region,” said Dr. Larisa Baia, Interim President of LRCC. “We recognize that this work is most effective when done collaboratively, therefore building and expanding partnerships with organizations like the Lakes Region Planning Commission makes sense.”

Legislators received updates from both Lakes Region Community College and the Lakes Region Planning Commission, and had the opportunity to discuss to learn more about the priorities of each organization. The discussion was followed by campus tours aimed at showcasing new buildings and improvements made over the past several years.

Jeff Hayes, Executive Director of the Lakes Region Planning Commission added, “This was a good opportunity to advance dialogue about our regional legislative priorities and concerns with our representatives. There is so much that we can accomplish through working together at the regional level.”

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves over 1,200 students annually. LRCC offers 28 associate degree programs including, Hospitality Management, Pastry Arts, Restaurant Management, Business and Accounting, Automotive, Marine Technology, Graphic Design, and Nursing, as well as short-term certificate programs. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire. For additional information, contact Carlene Rose at crose@ccsnh.edu.




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DONNA RHODES

Sen. Jeanne Shaheen spoke with Tilton Police Chief Robert Cormier, as well as Winnisquam Regional School District Superintendent Tammy Davis and Middle School Principal Rob Seaward, during a visit to learn more about their new drug prevention program last week.



DONNA RHODES

Law enforcement officers joined Winnisquam Middle School staff and a group of seventh grade students for a photo with Sen. Jeanne Shaheen after she sat in on one of their LEAD (Law Enforcement Assisted Diversion) classes on drug addiction.

LEAD

CONTINUED FROM PAGE A1

Cormier explained, is when someone wakes up with only one thing on their mind- to find the drugs they need to get through the day. It is then that they start to ignore the care and concern of friends and loved ones, and their search for drugs begins

to negatively impact schoolwork, athletic performance, even jobs and parenting responsibilities. “We’re seeing more and more that this is the number one cause of most of the crimes in the area today. It used to be people would steal to get things they wanted but couldn’t afford. Now they’re committing

crimes so they can buy the drugs they want or that their body needs because they’re addicted,” said Cormier. Seated beside students, as well as Tilton Selectman Pat Consentino and Budget Committee member Jane Alden, Shaheen listened closely to the discussion. She followed along in the LEAD booklet and even

offered a few questions and comments of her own, both during and after the class. “To see the engagement of the students — I mean, everybody in this class responded to one question or another,” Shaheen later said. “The materials they’re provided with are really good. Having been a teacher, I know that it’s sometimes

challenging to get all the students to respond, so they’re clearly very engaged.” One disturbing response the senator heard was when she asked how many of the students knew someone who has faced or continues to face addiction problems. Nearly half the class raised their hands. Speaking to them during their lunch break she learned details such as “My mom’s in recovery,” “My grandfather died in the hospital,” and “My uncle died of an overdose.” Those revelations confirmed her fears that addiction is part of many children’s lives, whether that addiction is tobacco, alcohol or opioids.

At the end of her visit Shaheen said she was

leaving with a lot of information that she will take back to Washington, D.C. “We have to start to think about how we can put more money into the prevention side of this war on drugs,” she said. In the meantime she was very pleased with the school’s LEAD program and all that police officers, teachers, and other community members were doing to confront the issue. “Like the police have said, we can’t ‘jail’ our way out of this problem. It’s impressive to see teachers and Law Enforcement working together like this; they’re ahead of much of the country by working together to instead prevent future addiction,” she said.



DONNA RHODES

Fourth grade students lined the gym at Sanbornton Central School last week as they readied for their annual Living Museum, highlighting New Hampshire-based celebrities, athletes, artists, inventors, explorers and people of historic importance.

MUSEUM

CONTINUED FROM PAGE A1

they found the students in costumes standing before their displays along the perimeter of the school gymnasium. Each child had a bright colored “button” at their display that, once touched, began their presentations. “I chose Earl Tupper because he seemed very interesting to me when

I found out he was an inventor because I like making things, too,” said Paxton. Tupper, who was born in Berlin, held several jobs in his life once he moved to Rhode Island. He was most famous however for his creation for the household product that came to be known worldwide as Tupperware. Another student researched the background of Taylor Chace, a hockey star from Portsmouth. Chace had a promising career from an early age as the youngest member of the Manchester Monarchs’ Eastern Junior Hockey League team. In 2006 he suffered a life-changing spinal cord injury but Chace didn’t give up his dream. He turned his injury into a positive thing for other athletes with similar experiences, by introducing the adap-

tive sport of Sled Hockey at UNH. He was later named to the U.S. Sled Hockey team, and in 2014 Chace helped America’s Sled Hockey team win back-to-back gold medals at the Paralympics competition in Sochi, Russia. Fourth grader Bella decided to highlight the talents of local resident Denise Ortakles, an illustrator from Laconia. Ortakales, she said, creates her children’s book illustrations through creative pop-up art, then photographs her artwork for presentation in the books she is asked to work on. “I really like drawing, and she’s an illustrator, so I chose her for my project,” Bella said. Not only did Bella choose Ortakales as her subject, she also did an amazing job of recreating the illustrator’s style of work by making a pop-

up art piece of her own, then photographing it for publication as Ortakales would do. Other noted subjects in this year’s “museum” were New Hampshire history-makers, such as John Stark and Capt. John Smith, entertainers like Mandy Moore and Adam Sandler, explorer Alan Shepard, and local Olympic athlete Penny Pitou. Jaquelyn Blake, one of the fourth grade teachers at SCS said she was pleased with the selections students made for their project this year. “Many of them picked a lot of newer, younger athletes, like (basketball standout) Matt Bonner from Concord, and that makes it even more interesting to hear about recent people from the state who have seen success in their careers,” she said.

OFFICES

CONTINUED FROM PAGE A1

year is encouraged to drop by the their local town hall to register with the Town Clerk during normal business hours but, per RSA 652:20, those offices will also remain open until 5 p.m. on Friday, Feb. 2, for any last minute Declarations of Candidacy.

FRAUD

CONTINUED FROM PAGE A1

Philadelphia, Pa., and 23-year-old Charles Roshek Gibbs, Jr. of 3133 N. Taylor St., Philadelphia. Following their arrest, detectives discovered that the amount of theft due to the pair’s crime spree turned out to span several states and amounted in thousands of dollars in retail

crime. There were also “numerous” other victims ranging from New Jersey to California who knew their information had been compromised, but were unaware of who was responsible until the arrest in Tilton. Both of the suspects were held on \$50,000 cash bail and were scheduled for arraignment in Laconia Superior Court at 1 p.m. last Friday after-

noon. The U-Haul truck with Arizona Plates they drove to the Tilton Lowes store, was also impounded as evidence. Anyone with information about this case or these suspects is asked to contact the Tilton Police Department’s Detective Division by calling 286-8207, ext. 210 or contacting the police through the general information line at 286-4442.

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JOSHUA SPAULDING

Kobe Briand earned high praise from coach Tom Osmer for his wrestling this season.



JOSHUA SPAULDING

Tyler Langill placed sixth in the 160-pound weight class during the Winnisquam Winter Classic.

Bears host annual Winnisquam Winter Classic

BY BOB MARTIN

Bob@Salmonpress.news

TILTON — The Winnisquam Regional High School wrestling team held its annual winter classic on Saturday, and although bad weather forced three teams to be absent, 10 teams competed in what coach Tom Osmer called “a great day of wrestling.”

“The event is one of the most important on our schedule and our parents, workers, coaches and school helped make it a great day,” Osmer said.

The three-mat tour-

namment involved teams from all across the Granite State. Osmer was impressed by the way his team competed, with the Bears finishing fourth overall.

In the 285-pound weight class, T.J. Robinson faced defending Division 3 champion Tyler Bill of Mascoma High School. It was the first meeting between the two wrestlers.

“It was a good chance to see how the two heavyweights would matchup,” Osmer said. “T.J. is 6 foot, 3 inches, 235 whereas the Masco-

ma wrestler is a little shorter and considerably broader and heavier. Bill managed to get the fall over Robinson in the second period and earned the gold medal for his effort.”

Osmer said Robinson has been making gains this year and he was excited to wrestle the defending champion.

“I like that he wants those tough matches, and that the defeat isn’t blown out of proportion,” said Osmer. “It was a match, it didn’t go his way, shortly after he was talking about

getting back to practice and how to get better, and looking forward to his next match against him. What else could you want from an athlete you’re coaching?”

Kobe Briand wrestled in the 152-pound class and came away with a silver medal, with Osmer saying it was the best he had seen him perform, and that this year he has improved overall. This year he hasn’t been making as many mistakes that young wrestlers make, and last weekend he was solid for all six minutes.

“I’m very happy with Kobe,” Osmer said. “He has always been a good teammate, and a good all-around person, but now he’s really starting to develop his potential on the mat.”

Kenzie Bourgeois came away with a bronze in the 126-pound weight class. In the 220-pound weight class, Derrick Tremblay finished fourth. Michael Mitchell also finished fourth in the 106-pound weight class.

Tyler Langill was sixth in the 160-pound weight class. Damian Donahou competed in the 170-pound weight class for the first time this season and placed sixth.

“He started slowly but really did a nice job making adjustments and battling back through the consolation bracket to place,” Osmer said.

On Jan. 10, the Bears had a dual meet in Pelham where Winnisquam won 40 to 20. Bourgeois won by fall in the 126 class. Briand won a 12-2 major decision in the 170-pound class. Caden Remillard won by fall in the second period in the 195-pound weight class.

Despite the win, Osmer said there were some things he wasn’t thrilled with. However, he praised Remillard for his strong performance.

“It certainly wasn’t our best outing of the

SEE BEARS, PAGE B3

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Bulldogs skate past Bearcats for second win

BY BOB MARTIN
Bob@Salmonpress.news

LACONIA — The Belmont/Gilford Bulldogs are slowly but surely figuring out what combinations are working best on the ice, and last week the hockey team defeated Somersworth/Coe-Brown 4-2 for its second win of the season.

Somersworth/Coe Brown struck first in the game with a goal on a one-timer that slipped past Colin McGreevy. It came on a one timer by Jake Spainhower, and was put into the top right corner of the net.

After several close chances for Belmont/Gilford in the ensuing minutes, Hayden Parent scored to tie the game 1-1. It was assisted by Harrison Parent, who fed his brother the puck from behind the net. Troy Gallagher also assisted on the goal.

It was a 1-1 game at the end of one period, in what was already a tough, physical match-up. After a couple of penalties by Somersworth/Coe Brown, the Bulldogs had a power play and took advantage with a goal by Zack Gilbert. It was the first varsity goal for Gilbert, who is

a freshman. Assisting on the goal was Hayden Parent and Miles Defosses.

Just several minutes later Joey Blake put a slap shot from the blue line the back of the net to make it 3-1. It was assisted by Liam Lacey. The final goal for the Bulldogs was by Harrison Parent with 8:49 left in the second period. It was assisted by Hayden Parent.

Daniel Strum of Somersworth/Coe Brown inched the team back into the game, but it wasn't enough as the Bulldogs were able to hold the team off and come away with a solid win.

Coach Dave Saball said the team is starting to gain speed offensively and defensively. He said Broedy Gagnon switched back to defense and played very well.

"Converting some of these guys is tough," said Saball. "It is a process that takes a while but I think there has been good improvement from the beginning."

Saball said the line with the Parent brothers has turned into quite the force as well, which provides a goal scoring spark any time they are



BOB MARTIN
Joey Blake pursues the puck against Somersworth/Coe-Brown last week. Blake had a goal in the 4-2 win.

on the ice.

McGreevy continues to impress Saball in his freshman season, with the coach saying he

played "outstanding."

"He makes some great saves and plays when we need them, and he is handling the pres-



BOB MARTIN
Colin McGreevy has had an impressive freshman season in the net for the Bulldogs.

sure well," Saball said, adding that he had 23 saves. "He is doing a really great job for us."

Belmont/Gilford

went up against Kennett at home on Jan. 17 and will face Laconia/Winnisquam on Jan. 20 at 1:45 at Merrill Fay Arena.

Lakes Region Lacrosse registration is open

REGION — Registration for Lakes Region Lacrosse is open now through Feb. 28 for all interested athletes. Girls' and boys' teams for grades seventh/eighth, fifth/sixth, third/fourth and first/second are planned, offering a fast-paced spring sport. New players are welcomed and encouraged to sign up. Last year, more than 150 youth athletes began or continued the development of their skills, sportsmanship and knowledge of the culture and tactics of lacrosse. Registration can be completed at lrlacrosse.org. If you have questions about the Lakes Region Lacrosse Club or registration, e-mail lrlcreg@gmail.com. Winter skills clinics will be offered, watch the web site for details. Scholarships available upon request.

The Lakes Region Lacrosse Club is open to girls and boys of all abilities who reside in the

Lakes Region of NH's surrounding towns that do not currently have a youth lacrosse program. Participants include residents of Alton, Center Harbor, Gilford, Gilmanton, Belmont, Meredith, Moultonborough, Northfield, Sanbornton and Tilton. The club is a member of the New Hampshire Youth Lacrosse Association (www.nhyla.org). The club's home field is the Meadows Complex in Gilford.

Practices typically begin in late March, with weather/field conditions being the primary factor. Practices are held 2-3 times per week. Seven regularly scheduled league games occur on Sundays and an occasional Saturday, beginning April 8 through mid-June. Approximately one half of the games are held locally and one half require travel to host towns in New Hampshire.



BOB MARTIN
Matt Pluskis drives to the hoop and scores two of his 23 points during a tight loss to St. Thomas Aquinas last week.

Saints too much for Belmont boys and girls

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — While it was a tight game throughout, the Belmont boys' basketball team lost a close one on Jan. 12 to St. Thomas Aquinas at home by a score of 60-52.

The Red Raiders were led by Matt Pluskis, who had his best offensive output of the season with 23 points. Dylan Gansert chipped in with 13 points in the loss.

Belmont was down 10-9 after the first quarter and 27-25 at halftime, thanks to 14 first-half points by Pluskis. However, the supporting cast had difficulty with St. Thomas throughout the game.

St. Thomas was led by Andrew Cavanaugh, who had a game high 27 points.

"It was a close game throughout the entire time," said coach Jim Cilley. "We had a lead at one point, and every time we had an opportunity to go up they would make a shot or we would miss a shot."

Cilley said the third quarter was the toughest for Belmont, which he attributed to St. Thomas shifting defensive strategies. He said the whole game St. Thomas unexpectedly played man-to-man, but the team switched to zone in the second half and found its stride down the stretch.

"Ultimately the big difference that whole

game was that their big games, especially Cavanaugh, finished around the basket," Cilley said. "Our guards were good but Griff Embree had foul trouble. Nate Sottak played well even though he had no points. The problem was our big guys got out-muscled a bit."

Cilley said St. Thomas played great defense on Matt Thurber, who is capable of getting double digit points and rebounds. He was held to three points in the game.

Cilley said despite St. Thomas coming into the game 2-4 he knew it would be a tough game. He said with it being a rematch of a playoff game from last season, which was won by Belmont, St. Thomas showed they had hunger to get the tight win and find some redemption. He gave St. Thomas credit for coming in a beating the Red Raiders in a game that could have gone either way.

"Even their losses have been against tough teams," said Cilley. "They are a good team and I think they'll be top eight. They brought a lot back from last year and added some. You could really tell they wanted that game."

Cilley commended his team by playing hard down the stretch, but said he would have liked to have seen a better defensive effort on Cavanaugh. He said if the team



BOB MARTIN
Griffin Embree looks for a lane to drive against St. Thomas Aquinas last week.

could have held him to less than 20 points it would have been a much different game.

The loss gave Belmont a 3-2 record and Cilley said the team is coming into a difficult part of the schedule with games against Campbell and Inter-Lakes this week. He said he has ideas of shaking up the lineup a bit to bring some life to the team, and add some wrinkles.

Belmont faced Campbell on the road on Jan. 16 after deadline and the Red Raiders host Inter-Lakes on Jan. 19 at 6 p.m.

The girls' basketball team also had a tough loss last week against St. Thomas with a 60-49 road loss. Belmont was led by Julianna Estremera's 23 points and coach Mark Dawalga commended Molly Sottak for her strong play in

the fourth quarter where she had all five of her points. Jordan Sargent played strong defense in the game.

This could have been anyone's game, as it was a 21-21 tie at the end of the first half. With five minutes to go St. Thomas led 43-41 but then sent the game out of reach on a 9-0 run.

"We are doing a lot of good things," said Dawalga. "I like the competitiveness and what we are doing in practice. We really need to take the practicing to the court for the games. We have come a long way in a short period and the kids are stepping up. The girls are playing hard and practicing hard."

The Belmont girls' basketball team faced Campbell at home on Tuesday and travel to Laconia on Thursday for a 6 p.m. matchup.

Coffey sets person best in 200 Free

BY BOB MARTIN
Bob@Salmonpress.news

NEW LONDON — Sophomore Miranda Coffey of Winnisquam Regional High School competed in a swim meet at Colby Sawyer hosted by Kearsarge High School on Jan. 5 and had a solid day overall.

In the 200-meter freestyle, she posted a time of 2:21.04, which was a personal best. This qualified her for the state meet and was good for second place in the event.

Coffey placed third in the 100-meter breast stroke with a time of 1:21.85.

Deadlines and the Olympics

MEREDITH — Sports Editor Joshua Spaulding will be covering the Winter Olympics in Pyeongchang, South Korea coming up in February.

Because of the time difference and the Olympic schedule, this will require a few deadline

changes for a couple of weeks while he is out of the country.

All sports items for the North Country papers (Littleton Courier, Coos County Democrat, Berlin Reporter) for the issues of Feb. 14 and Feb. 21 must be submitted by


noon on the Sunday prior to publication.

All sports items for the Lakes Region papers for the issues of Feb. 15 and Feb. 22 must be received by 8 a.m. on the Monday prior to publication.


All items not received

by these times may miss being included in that week's issue.

And a reminder, if you know of an Olympic athlete with local connections, send an e-mail to josh@salmonpress.news so we can hopefully catch up in Korea.



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Wolfpack make strides in busy week

BY BOB MARTIN
Bob@Salmonpress.news

LACONIA — The woes for the Wolfpack continued last week, when the Laconia/Winnisquam hockey team lost a trio of games at the Merrill Fay Arena. The Wolfpack traveled to Dover on Jan. 8 and lost 10-1. Despite the tough score, coach Marc Joyal commended the play of freshman goalie Dakota Whitehead, who had 29 saves. The lone goal was by senior Noah Smith, assisted by Christian Vaughan.

The team took only nine players into its next game on Wednesday against Moultonborough Academy/Inter-Lakes and lost 7-1 despite 41 saves for

Whitehead. Hannah Max scored in the second period of the game during a power play, when she got the rebound off a previous shot and took it into the goal amid contact. The goal was assisted by Vaughan.

The Wolfpack was back to full strength on Saturday where the team brought its A game for the best performance of the season in a 9-8 loss to Pembroke-Campbell. Laconia/Winnisquam took an 8-5 lead into the third period, but after a five-minute penalty, the Wolfpack gave up four goals for a loss.

Junior Cole Reid had six goals as well as an assist in a seven-point



BOB MARTIN

Devin Miles of Laconia/Winnisquam faces off against Moultonborough Academy/Inter-Lakes in a tough loss for the Wolfpack last week.

night to lead the offense. Seniors Devin Miles and Noah Smith had the other goals. Whitehead had another 30-save game and Joyal was very pleased with the overall performance. “The team showed

marked improvement over the course of the week and are coming together as a team,” said Joyal. “Short numbers and only two lines make conditioning a key factor in our game plan. With a 100-save



BOB MARTIN

Hannah Max and her teammates rejoice after a goal in the second period of a 7-1 loss to Moultonborough Academy/Inter-Lakes.

week, our goalie is getting a workout and we are working hard at improving our defensive support, and to work on taking shorter shifts to keep our legs as fresh as we can given our short

bench.” The Wolfpack faced Con/Val-Conant on Wednesday after deadline and the next game will be at Merrill Fay Arena against Belmont/Gilford on Saturday night at 6 p.m.

Belmont alpine boys get win at Gunstock

Zach Ennis wins Nordic race at Proctor Academy

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — The Belmont High School alpine ski team had a great overall showing last week, with the boys’ team coming out on top and the girls’ team placing fourth overall.

Also winning the 5K Nordic ski race for Belmont at Proctor Acad-

emy was Zach Ennis, who is the only Nordic skier for the Red Raiders this year.

Ennis had a time of 15:15.7 and won by more than a minute. George Gowdy of Fall Mountain came in second with a time of 16:35.1.

“Zach Ennis likes classic style and did win the race with a big gap,”

said coach Nina Gavriluk, who also coaches the Gilford High School Nordic team. “I think he will be looking strong at the NH Nordic Coaches series classic race on Feb. 3. It is the N.H. team qualifier for Eastern High School Championships.”

The alpine races took place at Gunstock Moun-

tain and Belmont’s Katie Gagnon led the way for the Red Raiders in the giant slalom with a combined time of 53.34 seconds. She was placed second overall. Becca Camire was ninth with a time of 59.30 and Abby Camire was 11th with a time of 1:00.59.

The girls’ team placed fourth in the slalom

with Abby Camire leading the team with a fifth place finish and a time of 34.32 seconds. Becca Camire placed ninth with a time of 37.90 and Keegan Berry was 10th with a time of 38.26.

The boys’ team was first in the giant slalom and Nolan Gagnon was the top skier of the day with a combined time of 50.99 seconds. Lars Major was second with a time of 51.41 seconds, Mitchell Berry was sixth with a time of 53.52 seconds and Jake Deware was 15th with a time of 56.74 seconds.

Belmont boys were second in the slalom, with Gagnon placing second with a time of 28.79 seconds. Deware was fourth with a time of 30.24 seconds, Berry was 13th with a time of 32.86 and Major was 27th with a time of 39.06.

Kevin Charleston, the coach of the Belmont alpine ski team, was very happy with the way his skiers performed.

“I thought both the boys’ and girls’ teams ran the course with a ton of courage and aggression,” said Charleston. “It was super rough out there and they raced it as opposed to just skiing it.”

Charleston said the weather made the course extra bumpy. “Some of the other

skiers backed off but our kids skied aggressively, and it showed in the results,” Charleston said.

Charleston said this year the training has gone well and there have been conditions similar to race day. He said Nolan Gagnon has made some tweaks in his form skiing and this led to his win in the giant slalom, as well as his second place slalom finish. Charleston also commended Major for improving over last season, saying he has made major improvements.

He said while Katie Gagnon performed well, she has some aspects she will be working on to continue to improve.

“She definitely skied well but she can ski even faster,” said Charleston. “Once she figures a couple things out she will be winning races.”

Charleston said the boys’ team only has four racers and four are needed to score. He said as long as they finish their races, Belmont has a true chance to compete for the state title.

“We need to get those guys to the finish line every run, and if we can they can win on their own,” said Charleston. “The biggest competition is Kearsarge and they have beaten all the other schools in our division.”

Winnisquam hoop teams do battle with top contenders

BY BOB MARTIN
Bob@Salmonpress.news

WINNISQUAM — This season has been tough for the Winnisquam basketball teams, and last week the struggle continued with both teams dropping games against Hopkinton and Monadnock.

The Winnisquam girls’ basketball team struggled last week after a pair of losses to two of the top teams in Division 3, but coach Jordan Richardson has hopes of a turnaround for the Bears before the season ends, as he saw some bright points.

Previous to the losses, Winnisquam was riding the high of a 10-point victory against Somersworth, the first win of the season. However, the Bears came out flat in the game in Hopkinton on Jan. 9 and lost 62-25.

“We didn’t come to play against Hopkinton whatsoever,” said Richardson.

Richardson said the Bears watched the junior varsity go down 25-0 at halftime and he said this may have been a bit intimidating.

Winnisquam was down 19-2 after the first quarter and 34-11 at half, and at this point the game was already out of reach. It was a 50-18 game after the third quarter,

and despite beginning to score, Hopkinton had run away with the game.

“We just didn’t play very well and we didn’t like their pressure,” said Richardson. “We moved in slow motion all night long, and that doesn’t work against teams who play pressure/man defense.”

Meghan Cote led the team in scoring with seven points.

While Richardson didn’t see many positives coming from this game, it was a different story on Jan. 12 in Monadnock. Monadnock won 77-45, but the 45 points were the highest amount Monadnock had given up all season. This season Monadnock is in first place in Division 3 with a 9-0 record.

“That team is good,” said Richardson. “They are by far the most complete team we have seen one through 10. They subbed in and they all worked well together. It is a deep team, everyone can shoot the ball and they were all running up and down the floor making lay ups.”

The first quarter saw Winnisquam down 19-9, but Richardson said it could have easily been a five-point game if it wasn’t for a couple close misses. It was 37-17 at the half and 58-28 at the end

of three quarters.

Richardson said the fact that the team scored 45 points was promising, with Cote leading the way with 17 points. Makenzie Snow and Megan Goodridge added 11 points.

“We have had a lot of things done well in practice that we couldn’t do well in games,” said Richardson. “It was cool to see some of these things work. We did a lot of nice things even though we lost by 32.”

Richardson said it was a tough matchup for Winnisquam who couldn’t play man defense against the Monadnock squad, due to the speed in quickness of its players.

“They were by far the real deal,” said Richardson.

Richardson said the truth is that the team will struggle to win if they give up the type of points they did against Monadnock, but he encouraged the girls by saying they can come away with wins when the offense clicks like it did.

Winnisquam traveled to Sanborn on Jan. 17 after deadline and host Stevens on Jan. 19 at 4:30 p.m.

The boys’ team lost at home on Jan. 9 to Hopkinton by a score of 52-30 and then again at home on Jan. 12 to Monadnock, 57-34.

“They were two really tough opponents,” said coach Kevin Dame.

Against Hopkinton

tience and approached his match more tactically than in the past. I’m excited to see this development in Caden’s wrestling. It is exactly what he needs to take the next step in his wrestling.”

Winnisquam took on Division 3 runner up Campbell on Wednesday after deadline.

BEARS

CONTINUED FROM PAGE B1

year but we got the job done,” said Osmer. “I was most happy tonight with the way Caden wrestled. He has always gone out and been an aggressive wrestler. He has never been afraid to attack, but against Pelham he showed some pa-




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The bid is to be submitted in a separate sealed envelope marked, Bid for Rotary Mach 618 Wireless Mobile Lift System, February 1, 2018, if mailed each bid should be in a separate sealed envelope marked same to protect against the bid being opened in error. Any questions must be received, in writing by mail, email (wjohnson@moultonboroughnh.gov), or fax (603.476.5835) by Walter Johnson, Town Administrator, no later than 4:00 p.m. on January 26, 2018. It is the bidder's responsibility to view and account for any addendums relating to this request to be posted on the Town's web site no later than 4 P.M., January 29, 2018. The Town reserves the right to reject any and all bids, and waive any minor or non-material informalities, if deemed to be in its best interests.



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- RN M-S – 36 hours (night shift)
- RN M-S – 36 hours (day shift)
- RN Charge – 36 hours (night shift)
- RN M-S/CHARGE – 36 hours (day shift)

PART TIME OPPORTUNITIES

- MATERIALS MANAGEMENT TECHNICIAN
- OR NURSE SUPERVISOR
- PATIENT ADMINISTRATIVE SUPPORT

PER DIEM OPPORTUNITIES

- COOK
- CARDIAC REHAB NURSE
- HOUSEKEEPER
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN
- RADIOLOGIC TECHNOLOGIST

Apply Online at www.ucvh.org
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE



RECRUITING JOB FAIR

Thursday January 25, 2018
10am-Noon; 6pm-8pm

MetroCast Offices
21 Jarvis Avenue
Rochester, NH 03868

Inbound Sales Representative

Looking for unlimited potential? Atlantic
Broadband is currently looking to expand
its inbound sales team!

Stop by Atlantic Broadband's upcoming job
fair at the MetroCast offices in Rochester,
NH on January 25 for your chance to apply.

If interested, please contact Amy Gill at
agill@atlanticbb.com

High School Diploma or GED
Cudtomer centric mentality
Sales experience required

On-Site interviews
Bring a resume
EOE

Your Community Health Partner Since 1975

ACHS - LITTLETON

ACHS, a fast-growing, nationally recognized Federally
Qualified Health Center, in Littleton, NH., is seeking:

Medical Billing & Coding Specialist

This is a key position providing a range of critical tasks
that support an efficient and financially sustainable
health center. You'll be responsible for the accurate
flow of medical information and patient data between
providers, patients, and third-party payers. You'll help
ensure timely and accurate submission of insurance
claims, complete follow ups and denial managements
as well as filing appeals. You MUST be detail
oriented and thorough, with excellent organizational
and time management skills. Customer service,
computer skills, medical records or medical office
experience preferred. AAPC Certification or equivalent
coding experience preferred, as well as 2-5 years'
experience This is a full-time, M-F daytime position.

*Looking for a career with the potential for exciting
learning opportunities, competitive pay and benefits
at an award-winning, active and caring organization?*

Send your resume and cover letter to hr@achs-inc.org
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Ammonoosuc Community Health Services
Littleton • Franconia • Warren • Whitefield • Woodsville www.ammonoosuc.org



IMMEDIATE OPENINGS SAWMILL AND PLANER MILL WORKERS

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to request us to email an application



Precision Lumber Inc.

576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM

COIN AUCTION

Saturday, January 20, 2018 • 10AM

The Barn • 3247 Route 302, Lisbon, NH

Join us for a nice sale of silver coins and asst'd gold from the
personal collection of a Lancaster, NH family. Visit our web-
site to print a detailed list by lot! **FEATURING:** 7 uncirculated
1884 Carson City Morgan silver dollars; lots of other Morgan
dollars; Peace and Eisenhower silver dollars; Walking, Frank-
lin, and Kennedy half dollars; Barber; American eagles; silver
ingot; Washington silver quarters; Indian Head pennies; gold
nugget with diamond flecks; package of gold flakes; silver
certificates; lots of asst'd proof, mint, and commemorative
coins and sets; asst'd foreign coins; more! **PREVIEW: Friday,
1/19: 3-6PM & Saturday, 1/20: 8-10AM. NO EARLY PRE-
VIEW. TERMS OF SALE: Now accepting credit cards; 13%
BUYERS PREMIUM (10% w/cash or check with proper ID); all
items sold AS IS; all sales final. Refreshments available.**

Now accepting firearm consignments for a future auction.

Ammonoosuc River Auction Company

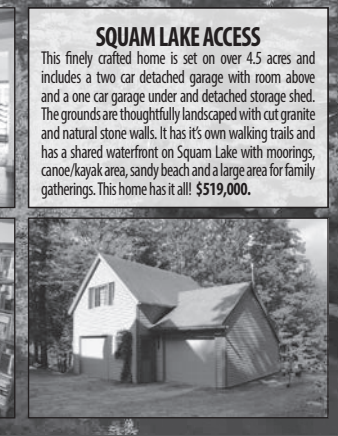
Auction & Appraisal Services
Michael J. Carver, Auctioneer
NH Lic. # 3081/VT Lic. # 2371
3247 Route 302, Lisbon, NH 03585
Ph: 603-444-1136



Details & pics @ amriverauction.com



52 Maple Ridge Road Holderness, NH 03245
603-968-3668 • www.dussaultrealestate.com
Joe: 603-381-7273 • Jaci: 603-381-8655



SQUAM LAKE ACCESS

This finely crafted home is set on over 4.5 acres and
includes a two car detached garage with room above
and a one car garage under and detached storage shed.
The grounds are thoughtfully landscaped with cut granite
and natural stone walls. It has its own walking trails and
has a shared waterfront on Squam Lake with moorings,
canoe/kayak area, sandy beach and a large area for family
gatherings. This home has it all! **\$519,000.**

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Town-to-Town CLASSIFIEDS

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Misc. For Sale

Home fuel oil drip tray for 275 gallon or 300 gallon storage tanks. Galvanized steel material, corners soldered. Oil filter tray constructed for easy cleaning and changing filters. Very good condition. Asking \$100.00

New, never used, still boxed high end Maax 1/4" frameless shower door. 44-48" wide, 6' tall. Asking \$350.00.

17.2' Old Town Chipewyan tripper canoe. Built on July 9, 1979. A royalex line in exceptional condition, like new. \$950.00

For much more info call 603-539-5906

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18". May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8. Call 603-788-4939 or email liz@salmonpress.news

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Are published Free of Charge.
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Mon-Fri 8:00-4:00
1-877-766-6891
or go to
www.salmonpress.com
24/7

HAVE YOU SEEN ME?

I AM LOST!

MY NAME IS BUDDY

I am a 5 year old, 16 LB. buff colored male cat. I live on Pinnacle Park Road PLEASE CALL MY FAMILY at 279-7000. Reward if found.

Still Lost:

Shane - Shetland Sheepdog
9 Years old

We are hoping someone may have him or have seen him?

-Lost in Laconia NH- August 27th 2016

Do not chase.

Old and New Leads appreciated
For more info see

www.facebook.com/shaneshetlandsheepdog

Call 1-855-639-5678 or 603-365-1778

Thank-You

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is the place to check our weekly classifieds online!

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Publication Rates (30 words)

\$12 - 1 Week
\$20 - 2 Weeks
\$27 - 3 Weeks
\$36 - 4 Weeks

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1-877-766-6891
Mon-Fri 8:00-4:00

or place online 24/7 at
www.salmonpress.com

Deadline:
Monday 10:30 am

Fuel/Wood

Firewood for sale: \$200 per cord, green, grapple loads also available.
Pelletier and Son Logging and Firewood
603-569-4543.

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

CONSTRUCTION PROJECT MANAGER
Heavy/Highway/Bridge Construction - We are interested in hiring a team player with excellent interpersonal skills and the ability to collaborate both internally and externally to get things done.

R.M. Piper, Inc. is a small but mighty general contractor that has become one of NH's leading construction companies for heavy/highway/bridge construction. We value our small business nature, safety-minded operations and thrive with our leading-edge attitude when it comes to advancing in the construction industry.

If you're an experienced project manager with a thorough understanding of project pre-planning, coordination, construction oversight, budgeting, scheduling, reporting and closeout we'd appreciate the opportunity to learn more about you. Experience with NHDOT and municipal projects is favored. If you've worked with Hard Dollar, Sage Timberline, MS Project or Field Management Pro the transition to our team could be an easy one.

We will offer the right person a full-time, year-round position with benefits, based out of our Plymouth, NH office. Please reach us at jobs@rmpiper.com or P.O. Box 490 Plymouth, NH 03264 and please provide your resume and salary range. All responses will be kept confidential. Equal Opportunity Employer.

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Interior/exterior

Will pay for skills and experience.
Please call Mark (603) 651-8605

SKILLED CARPENTERS WANTED

Lakes Region & Northern, NH

Conneston Construction, Inc. (CCI) is seeking skilled carpenters. Five years construction experience required. Current projects in Whitefield, Plymouth, Wolfeboro, Andover, Moultonborough and throughout the Lakes Region. Travel required; must have valid driver's license to apply. Pre-employment physical and references required.
Contact CCI for application at 603-524-3776 or info@ccinh.com.

Professional/ Technical

Firefighter Entrance Exam Test 2018

The NH Department of Safety, Division of Fire Standards & Training & Emergency Medical Services is accepting applications from individuals interested in taking the NH Statewide Entrance Examination for Firefighters. Applications will be accepted from January 14th until March 23, 2018. The packet may be obtained off our website at (<http://www.nh.gov/safety/divisions/fstem/index.html>)

**Deadline for Completed Applications
March 23, 2018.**

Real Estate



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to

The Federal Fair Housing Law

which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call

HUD toll free at
1-800-669-9777

For The Washington DC area, please call **HUD** at 275-9200.

The toll free telephone number for the hearing impaired is
1-800-927-9275.

You may also call

**The New Hampshire
Commission for Human Rights**

at 603-271-2767
or write

The Commission at
163 Loudon Road,
Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Rentals

Dalton NH. Large first level apartment in renovated farmhouse. Large yard, quiet, rural setting. 12 mi. from LRH, ideal location for health care professional wanting a quiet place to reside. 750/month, tenant pays own utilities. No smoking inside, pets OK with additional pet deposit.

Call 603-986-9543 or stop at Aylakai, 36 Main St, Littleton for rental application.

Apartments For Rent

Downtown Meredith newly renovated 2 bedroom apartment for rent. Walking distance to docks, w/d hook-up and mud-room, off street parking. No smoking. No pets. \$1200/month + utilities. Available February. Call Ron 476-7296.

MEREDITH: PINEWOOD KNOLL.

Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.

Call David at 253-6247 or 781-665-8400.

Public Notices

GROTON TOWN OFFICES

Open for Elections 2018

Select Board - one position - 3 years
Town Clerk/Tax Collector - one position - 3 years

Trustee of the Trust Fund - one position - 3 years

Town Auditor - one position - 1 year

Supervisor of the Checklist - one position - 6 years

Planning Board Member - two positions - 3 years, one position - 1 year

Zoning Board Member - two positions - 3 years

Cemetery Trustee - two positions open for 3 years

Library Trustee - one position - 3 years

Town Filing Period - January 24th 9am - February 2nd at 5pm

File in person at the Town Clerks Office
754 N. Groton Rd., Groton, NH

phone: 603-744-8849

email: townclerk@grotonnh.org

3 EASY WAYS TO PLACE YOUR CLASSIFIED LINE ADS!

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drop it off.
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see you!*

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Metal Roof & Siding Installers
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And Laborer Positions

Will Train. Valid Driver's License required.
Application available at:
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Plymouth, NH 03264
(603) 536-3533
Leading Pre Engineered Metal Building Co.

SAU 68
Lin-Wood Public School
Lincoln-Woodstock Cooperative School District
72 Linwood Drive
Lincoln, New Hampshire 03251
Telephone (603) 745-2214

The Lincoln-Woodstock Cooperative School District, recognized as one of the Best Schools in NH, and located in a year round recreational setting in the White Mountains announces an immediate opening for the 2017-2018 school year:

Elementary Special Education Teacher

NH General Special Education certification required. Qualified candidates must submit a letter of intent, a resume, three letters of recommendation to:

Fran Bean
Lin-Wood Public School
P.O. Box 846
Lincoln, NH 03251
603-745-2051

The Lincoln-Woodstock Cooperative School District is an equal opportunity employer. Job Applications are available on our website at www.lin-wood.org under the "Employment" section

Middle/High School Fax Number (603) 745-6797
Elementary Fax (603) 745-3730
Accredited by New England Association of Schools and Colleges



Currently seeking
wait staff, cooks, dishwasher, and hosts

Looking for candidates that are friendly, guest orientated and like to work in a team environment.

Please call or stop in and fill out an application.

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info@woodwardsresort.com • (603) 745-8141

NCH

Upper Connecticut Valley Hospital

\$3,000
SIGN-ON BONUS

For two years of experience

- RN M-S/CHARGE - 36 hours
- RN M-S - 36 hours

Contact Human Resources at
(603)388-4236
Apply On-line at www.ucvh.org
181 Corliss Lane, Colebrook, NH 03576
EOE

Join Our Team

Part-Time Positions Available:
Waitstaff
Bartender
Busser
Brunch Chef
Dishwasher/Prep

Full-Time positions:
Waitstaff

The Corner House Inn
Center Sandwich, NH
284-6219
info@cornerhouseinn.com

The Inn on Newfound Lake
HELP WANTED

Waitstaff, Housekeeping,
Dishwasher, Office/Accounting Clerk.

Call for an interview, (603) 744-9111 email resume to innonlake@metrocast.net
1030 Mayhew Turnpike, Bridgewater, NH 03222 or

NOTICE

TILTON REGISTERED VOTERS

March 13, 2018 Election
Filing Period - Jan 24 Through Feb 2, 2018
With The Town Clerk

POSITIONS & TERMS TO BE FILLED ARE AS FOLLOWS:

(2)	Selectmen	3 Years
(1)	Moderator	2 Years
(3)	Budget Committee	3 Years
(1)	Trustee of Trust Funds	3 Years
(1)	Supervisor of Checklist	6 Years
(1)	Sewer Commissioner	3 Years

Cynthia D. Reinartz, CNHTCTC
Town Clerk Tax Collector

Shaker Regional School District
PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR FILING CANDIDACIES FOR
MODERATOR AND SCHOOL BOARD MEMBERS OF THE
SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of a moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 24, 2018.

The election will occur during the annual voting on Tuesday, March 13, 2018 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:
Moderator – to serve for a two-year term
Belmont – one member to serve for three years (2021)
Canterbury – one member to serve for three years (2021)

Written declaration of candidacy must be filed with the clerk prior to 5:00 pm on Friday, February 2, 2018 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School's Office; 58 School Street; Belmont, NH 03220, telephone number 267-9223, or by calling Stacy Kruger, Clerk, at 387-7450 evenings.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Stacy Kruger, Clerk
Shaker Regional School District



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"Life's most persistent and urgent question is – What are you doing for others?"
– Martin Luther King, Jr.




For nearly 150 years, Meredith Village Savings Bank has been committed to improving lives by supporting causes and organizations that benefit our community.





MEREDITH
VILLAGE SAVINGS BANK
800.922.6872 mvsb.com



Living Well with Chronic Conditions ~ FREE 6-week workshop
Starting Tuesday, January 16
Noon - 2:00 PM at LRGH

Prevent T2 Diabetes
Year long program for those at risk for diabetes, \$25.00
Two locations to chose from:
FRH
Info Session **Wed., Jan. 24 3:00 PM**
Program starts **Wed., Feb. 7, 3:00-4:00 PM**
LRGH
Info Session **Thurs., Jan. 25 9:00 AM**
Program starts **Thurs., Feb. 8, 9:00-10:00 AM**

Diabetes Support Group
Third Monday of every month ~ FRH 1:00 PM

Better Breathers Support Group
First Thursday of each month ~ LRGH 11:00 AM

Quit Smoking Session
FREE 1/2 hour session with a Community Health Improvement Specialist to help develop a personalized plan to quit smoking.

Programs may be canceled due to low registration.

LRGHealthcare
care. compassion. community.

To Register, call
603.527.7120 • lrg.org

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We can help you with DUI's, Felonies, Misdemeanors, Drug Offenses and Violations.

Criminal Defense Attorney
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Taylor Community PRESENTS



What on earth are we going to do with all this stuff?

Downsizing Made Easy ~Free! Two dates, two locations

Thursday, February 1, 11:00 am: Downsizing at Woodside Elm Room
Taylor Community, 435 Union Ave., Laconia

Thursday, February 15, 11:00 am: Downsizing at Back Bay, 13 Taylor Drive
Taylor's Back Bay Community, Off Bay St., Wolfeboro, NH

Invaluable advice to help you downsize from start to finish

- **Downsizing** Is it time to move? Where do I start? Tips on moving, downsizing, plus do you keep it, give it away or sell it? Hear helpful, professional advice from a Senior Move Manager.
- **What to do with unwanted items** You'll come away with information telling where and what items can be donated to best help others and how to easily make those arrangements.

How you'll benefit from the Downsizing Seminar:

- Helpful tips to help you get started and to keep the momentum going as you work through the downsizing process.
- You'll come away with a handy and helpful Downsizing Guide to refer to at home.
- Local Resource Guide with businesses ready to help with your downsizing needs.



Tailored Transitions, LLC
www.tailoredtransitionsllc.com

Senior Move Managers
Sarah Lopez, 603-998-6372
Robin Felch, 603-393-7192
tailoredtransitionsllc@gmail.com

Sarah and Robin have helped orchestrate many moves and have seen a need for helping people transition to a new living environment. They help people downsize and will be able to organize and coordinate all your moving needs. Their wealth of experience will take you through the easy steps of downsizing to get you motivated to take the next step towards a successful move and lighter life.

435 Union Ave., Laconia, NH
www.taylorcommunity.org
Call today for more information

Downsizing - it's not impossible and this seminar is sure to help.
RSVP 366-1400

Taylor is a not-for-profit 501(c)3 continuing care retirement community



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