

Berry leads Belmont at D3 State Meet

BY BOB MARTIN
Contributing Writer

GILFORD – In their first year in a new division, the Plymouth Bobcats came away with the win at this year’s Division 3 state championship led by the top skier in the division in sophomore Dylan Welch.

“I feel good coming out on top for the second year in a row for a repeat,” said Welch.

Welch said he was happy to not only take away the top spot for the best skier in the division, but more importantly he was able to bring a first place title to the Bobcats. Steve Babler coaches for the Bobcats and said that having a great season like this was especially great during the times of COVID-19, where the students have had to overcome unprecedented adversity.

“It really is a team effort,” he said. “You need 16 good runs to win and



Dylan Flanagan speeds through the slalom at the Division III State Meet.

BOB MARTIN

we put it together as a team.”

In the giant slalom, Welch was the top racer in each run and had a combined time of 1:01.68. He was followed by Nathan Lorrey with a sixth place time of 1:04.57; Colin Roper

with an 11th place time of 1:06.91; Justin Collins with a time of 1:08.70 for 16th place; Ryan Borger with a time of 1:14.26 for 28th place and Matthew Lorrey with a time of 1:39.35 for 52nd place.

In the slalom, Welch won both runs and had

a combined time of 47.32. Matthew Lorrey was eighth with a time of 52.87; Nathan Lorrey was 14th with a time of 54.35; Colin Roper was 16th with a time of 55.28; Collins was 18th with a time of 58.37 and Borger was 23rd with a time of 1:04.73.

Gilford

In the giant slalom, the Golden Eagles were fifth and led by Morgan McCarthy with a combined time of 1:02.96 for third place. Cole Howard was eighth with a time of 1:05.50; Caleb Clough was 27th with a time of 1:14.17; Haukur Karlson was 34th with a time 1:17.50; Patrick Gandini was 36th with a time of 1:17.58.

In the slalom, McCarthy was third with a combined time of 49.67. Howard was ninth with a time of 53.36 for ninth

SEE **MEET**, PAGE A7

Bear girls blow past Golden Tornadoes in pair

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Winnisquam girls’ basketball team took to the court with neighboring Franklin twice last week and came home with a pair of wins.

On Thursday, Feb. 11, the Bears picked up a 47-36 win on the road.

“After a couple of days of with no practice, it really took some time to get our legs back under us,” said coach Mark Dawalga. “Franklin really battled hard the whole game, it took

a good fourth quarter to win the game.”

Winnisquam led 15-6 after one quarter and 21-18 at the half and maintained a six-point lead going to the fourth quarter at 31-25 before pulling away by 11 points in the final frame.

Isabella Sargent was strong in the fourth quarter, scoring eight of her 14 points in that frame, including two big three-pointers to stretch the lead early in the fourth.

“That was the difference in the game, as it

gave us some breathing room,” Dawalga added.

Mackenzie Philippy finished with 17 points, four rebounds and three assists to lead the way on offense, while Lauren MacDonald had seven points, five rebounds and five assists. Triniti Carter had five points, six rebounds and three steals and Emma Griffin had seven rebounds to go with four points. Sophia Day pulled down five rebounds and Madison Gilbert added three boards.

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JOSHUA SPAULDING

Evan Rollins flashes his glove to snag a Belmont-Gilford shot in action Saturday in Laconia.

Bulldogs get offense going, knock off Lakers

BY JOSHUA SPAULDING
Sports Editor

LACONIA — The two high school hockey teams that call the Merrill Fay Arena home took to the ice on Saturday for the third time in the week, with the Belmont-Gilford Bulldogs knocking off the Laconia-Winnisquam-Inter-Lakes Lakers by a 5-3 score.

“The 1-0 loss in Berlin (last Saturday), it still felt like we played a good game,” said Belmont-Gilford coach Jason Parent, who had watched as his team struggled to score goals early in the season. “This week, playing our cross-rink rival, it is always interesting games.

“And we’ve scored five goals or more in the last three games,” Parent added.

Belmont-Gilford got an early power play chance, but the Lakers did a nice job killing off the penalty, including a good clear from Andrew Spicuzza.

However, just seven seconds after the power play ended, the Bulldogs were able to get on the board, as Zach Gilbert snapped a shot past Laker goalie Evan Rollins on assists from Brady Logan and Owen Guerin.

The Lakers got a shot from Ethan Bickford that Bulldog keeper Colin McGreevy turned away but it didn’t take long for the Bulldogs to double the lead, as Eric Ellingson put the puck in the net on a nice feed from Jackson Collins with 10:51 to go in the first period. Logan also picked up an assist on the tally.

Belmont-Gilford continued to attack, with Rollins standing tall on a couple of bids, including one from Logan while at the other end, Ryan Bousquet sent a shot wide for the Lakers.

LWI got a power play with 9:44 to go in the first period and just 19 seconds later, the Lakers had their first goal, with Zach Cafarella sending a shot from the point that McGreevy was able to stop. Zack Spicuzza got to the rebound and McGreevy also made that stop, but Kameron Young was able to put the Lakers on the board with 9:25 to go in the first period.

Guerin had a chance for the Bulldogs that the Laker defense turned away while Bickford had a chance that McGreevy stopped. Belmont-Gilford got a power play with 6:21 to go, with Adam Ribeiro getting a shot on net that Rollins stopped. Young also had a good clear for the Lakers to help kill off the penalty.

Rollins made a good save on another chance from the Bulldogs while Young had a nice centering pass at the other end. Belmont-Gilford got a late power play, with

SEE **BULLDOGS**, PAGE A7

Mill City Park accepts donation from Meredith Village Savings Bank



COURTESY

A New Year’s Day tradition, paddler Jon Garlough on the rapids. Photo taken by Franklin resident and fellow paddler Tom Gumbart.

FRANKLIN — Meredith Village Savings Bank (MVSb) has purchased \$25,000 in tax credits through the New Hampshire Community Development Finance Authority (CDFA) in support of the Mill City

Park (MCP) project in Franklin. Funds will help support the organization’s goal of developing both land and water components into a whitewater park along the Winnepesaukee River adjacent to downtown

Franklin, the first of its kind in New England.

MVSb’s support contributes to the overall development of the area, which involves the construction of a new bridge over the river.

SEE **DONATION**, PAGE A6

Rotary Derby draws big numbers



PHOTOS BY ERIN PLUMMER
Rotarian Betsey Donovan holds the biggest fish caught over the weekend, a lake trout weighing more than 20 pounds.

BY ERIN PLUMMER
mnews@salmonpress.news

MEREDITH – Tens of thousands of anglers took to the state’s lakes and ponds over the weekend for the 42nd annual Great Meredith Rotary Ice Fishing Derby. The derby looked a little different this year because of the pandemic, but the need to get out for some fun outdoors brought out a big turnout. The derby kicked off on morning Saturday and ran through Sunday afternoon. Any ticketholder who caught an eligible fish in any freshwater body in the state could enter for a shot to get on the board. “We had a great weekend, there was great ice, great crowds, some real-

ly big fish,” said derby chair Fred Strader. The final ticket numbers are being tallied, but it was announced during the awards more than 5,300 tickets were sold: a big increase from last year. “It just says people are ready to go out and have some fun,” Kelly said during the awards ceremony. “The beauty of the Great Meredith Rotary Ice Fishing Derby is you’re not only helping out the Meredith Rotary Club, but you can go do it in the corner of the world that you’re comfortable in, whether there’s people around or not.” The state saw a huge influx of the number of new fishing licenses



The derby might have been done a little different this year, but bobhouses still lined Meredith Bay.

issued and Strader said they anticipated many of these anglers were going to take part in the derby. “I think people needed a reason to get out,” Strader said. Many aspects of the derby went virtual this year because of the pandemic. The big fish board in Hesky Park was gone this year and all the winners were posted on a virtual board on the derby’s Web site. “Everyone missed the fish board, but they were happy we were still able to have the tournament,” Strader said. The awards ceremony on Sunday afternoon was done virtually with Pat Kelly announcing the winners with help from Tiffany Peña.

Overall, more information was available online. Strader said they got quite a few calls asking about the numbers and people seemed really happy those numbers were available online. While hopes are high that next year’s derby will be in some more normal times, a few of the new things tried this year will carry over to next year no matter what the situation is. This year they also put together little gifts for all the kids who turned in fish, even if they weren’t big enough to make the board. Strader said The Tackle Shack of Meredith donated a number of items that went to these kids. The derby winners



Volunteers received fish caught from behind plexiglass screens because of the pandemic.

were chosen at random from the seven anglers who caught the biggest fish of the weekend. The grand prize winner was Cameron McDonald of Pittsfield, Mass., who caught a 2.62-pound, 15.5-inch white perch on Winnepesaukee. McDonald’s first place win won him \$15,000. Second place of \$5,000 went to Christopher Dame of Malden, Mass., who caught the largest rainbow trout at 5.53 pounds and 22.75 inches on Newfound Lake. Third place of \$3,000 went to Brad Champlain of Meredith, who caught the largest black crappie of the weekend at 16 inches and 2.58 pounds on Winnepesaukee.

The largest fish of the whole derby was a 20.47-pound, 37.5-inch lake trout caught by Jeffrey Paris of Salisbury on Big Diamond Pond in Stewartstown. Scott Ferland of Somersworth caught the largest cusk at 9.17 pounds and 33 inches on Winnepesaukee. Paul Roy of Newington caught the biggest yellow perch on Winnepesaukee at 1.69 pounds and 14.875 inches. Michael McCarthy of Carthage, North Carolina caught the largest pickerel at 4.86 pounds and 26 inches on Lake Wentworth in Wolfeboro.

McDonald represents Raiders at State Meet



BOB MARTIN
Cate McDonald was the lone Belmont girls competing in last week’s State Meet.

BY BOB MARTIN
Contributing Writer

GILFORD — The Gilford girls’ alpine team came out on top this year at the Division 3 state championship meet last Monday at Gunstock, making it two years in a row for the Eagles claiming the state title. In the morning giant slalom race, Gilford was led by Bethany Tanner, who finished third with a time combined time of 1:17.12. Sophia Lehr

was fifth with a time of 1:18.21; Shealagh Brown was ninth with a time of 1:18.88; Kendall Jones was 13th with a time of 1:21.25; Tessa Tanner was 16th with a time of 1:24.38 and Delilah Smock was 21st with a time of 1:26.67. In the slalom race, the girls’ team finished third and was again led by Bethany Tanner with a time of 55.75. Brown was 11th with a time of

1:00.70; Jones was 14th with a time of 1:01.91; Smock was 15th with a time of 1:02.17; Lehr was 22nd with a time of 1:12.06; Tessa Tanner was 23rd with a time of 1:12.21 and Madeline Burlock was 42nd with a time of 1:27.18.

Plymouth The Plymouth girls finished as the Division III runners-up in their first year in the division. In the giant slalom, the Bobcats were second and led by Holly Hoyt with a time of 1:18.35, good for sixth place. Sumaj Billin was seventh with a time of 1:18.44; Sam Meier was 11th with a time of 1:20.75; Halle Kozak was 12th with a time of 1:21.00; Ella Wieser was 14th with a time of 1:21.29 and Maya Duarte was 28th with a time of 1:32.07. In slalom, Plymouth placed second with and was led by Meier with a combined time of 58.46. Wieser was 10th with a time of 1:00.19; Kozak was 12th with a time of 1:00.80; Hoyt was 13th with a time of 1:01.90 and Duarte was 18th with a time of 1:06.81.

good for 32nd. Abby Swenson was 39th with a time of 1:36.07; Grace Simensen was 40th with a time of 1:38.00; Amber Fernald was 47th with a time of 1:43.67 and Gabby Greeley was 59th with a time of 2:00.20. In the slalom race, Prospect Mountain was eighth and was led by Simensen who was 28th with a time of 1:16.71. Swenson was 29th with a time of 1:17.45; Fernald was 45th with a time of 1:30.73; Burke was 48th with a time of 1:32.77.

Belmont In slalom the Red Raiders were 12th with Cate McDonald as the lone skier, posting a time of 1:34.71, good for 50th. In the giant slalom, McDonald was 54th with a time of 1:49.60.

Newfound Newfound was 10th in the slalom with Hannah Owen the top skier with a 31st place time of 1:19.45. Lily Karkheck was 46th with a time of 1:31.59 and Rebecca Dillon was 55th with a time of 1:45.52. In the giant slalom, Newfound was 11th and Owen placed 43rd with a time of 1:39.08. Karkheck was 46th with a time of 1:43.62 and Dillon was 48th with a time of 1:45.80.

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Edward Jones: Financial Focus

Estate Planning for Blended Families

If you're in a blended family, you're already aware of the emotional and financial issues involved in your daily life. But what about the future? When it's time to do your estate planning – and it's never too soon for that – you'll need to be aware of the entanglements and complexities that can get in the way of your vision for leaving the legacy you desire. You can take comfort in knowing that you're far from alone. More than half of married or cohabiting couples with at least one living parent, or parent-in-law, and at least one adult child, have a "step-kin" relationship, according to a study from researchers at the University of Massachusetts and other schools. That's a lot of estate-planning issues. Nonetheless, the task does not have to be overwhelming – as long as you put sufficient time and thought into it. Here are some ideas that may help:

- *Seek fairness – but be flexible.* Even in a nonblended family, it's not always easy to be as equitable as you'd like in your estate plans – too often, someone feels they have been treated unfairly. In a blended family, these problems can be exacerbated: Will biological children feel cheated? Will stepchildren? Keep this in mind: Fair is not always equal – and equal is not always fair. When deciding how to divide your assets, you'll need to make some judgment calls after carefully evaluating the needs of all your family members. There's no guarantee that everyone will be satisfied, but you'll have done your best.
- *Communicate your wishes clearly.* When it comes to estate planning, the best surprise is no surprise – and that's especially true in a blended family. Even if you're the one creating your estate plans, try to involve other family members – and make your wishes and goals clear. You don't have to be specific


down to the last dollar, but you should provide a pretty good overall outline.

- *Consider establishing a revocable living trust.* Everyone's situation is different, but many blended families find that, when making estate plans, a simple will is not enough. Consequently, you may want to establish a revocable living trust, which gives you much more control than a will when it comes to carrying out your wishes. Plus, because you have transferred your assets to the trust, you are no longer technically the owner of these assets, so there's no reason for a court to get involved, which means your estate can likely avoid the time-consuming, expensive and very public process of probate.
- *Choose the right trustee.* If you do set up a living trust, you'll also need to name a trustee – someone who manages the assets in the trust. Married couples often serve as co-trustees, but this can result in tensions and disagreements. As an alternative, you can hire a professional trustee – someone with the time, experience and neutrality to make appropriate decisions and who can bring new ideas to the process. Above all else, make sure you have the right estate-planning team in place. You'll certainly need to work with an attorney, and you may also want to bring in your tax advisor and financial professional. Estate planning can be complex – especially with a blended family – and you'll want to make the right moves, right from the start.



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Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.



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Lakes Region Scholarship Foundation celebrates more than six decades of service to area communities



Following true COVID protocol, Lakes Region Scholarship Foundation President Lori Fasshauer (center) reaches across the six-foot abyss to present LRSF embroidered vests to outgoing trustees Kevin Dunleavy (left) and Donna Hennessey (right) as a token of appreciation from the LRSF Board of Trustees for 9 years of service to the Foundation.

GILFORD — On Jan. 20, the Lakes Region Scholarship Foundation held their Annual Board of Trustees meeting.

President, Lori Fasshauer, shared her comments on the accomplishments of the Foundation over the past year in the LRSF Year End Newsletter, which was sent to all the Foundation supporters.

In the letter, she said: “My first year as president has been so rewarding. We awarded 25 scholarships to 295 local students to assist them in the continuation of their education. All this through the generosity of 276 donors. Scholarship awards this year totaled over \$467,000. Additionally, we were the recipients of 11 new funds, some ongoing and a few one-time. Unfortunately, we were unable to hold our Annual Community Spelling Bee, however, we did send out an Appeal letter to both our Bee and LRSF donors and the response was wonderful! We are so appreciative the continued support that we receive from the community. During such difficult times, the response of the people and businesses in this community was amazing and humbling! This year the Foundation also tried something new and hosted 1st Annual Community Pumpkin Figure Contest, which generated a lot of interest and really awesome creations! We are hoping to repeat this

again next year.”

Also at the meeting, President Fasshauer, led the Board in saying farewell to two board members: Donna Hennessey and Kevin Dunleavy. Fasshauer extended sincere appreciation, on behalf of the Foundation, to both individuals. They will be stepping down this year after completing a nine-year term limit. She said that both had been invaluable members of the Board. Donna has served as vice-president and then president of the Board during her term in office and was always there whenever we needed a hand, (this final year serving as a judge for our Pumpkin Contest.) Kevin was also always there to help out whenever we needed. He has been especially helpful over the past nine years with the Spelling Bee. He was so instrumental giving his time to help set up and take down of the event and the extremely hard job ushering all of the participants on stage in a timely manner.

Lori Fasshauer continued the meeting recognizing the newly elected board members: Colleen Cass and Semi Shin-Kenison. Colleen Cass lives in Laconia with her husband, Bill. They have four daughters. Colleen graduated from UNH in 1984 with a degree in Business Administration. She presently works as the IT Director for Lakes Region

Community Services. Semi Shin Kenison serves as AVP/Finance Manager directing the daily operations of the Finance department at Bank of New Hampshire. She holds a BS degree from the University of New Hampshire and an MBA from Southern NH University. She lives in Canterbury, NH with her husband and daughter where she enjoys volunteering at the Canterbury elementary school as school savings coordinator and is looking to expand her volunteering in other local community organizations.

LRSF Executive Director, Karen Switzer added, “Despite the restrictions of COVID, we are already planning an outstanding 2021 to follow up our success from the past. Scholarship applications for 2021 are now available online through our Web site: www.lrscholarship.org with an application deadline of Monday, April 1, 2021. The Annalee Thorndike Art Competition committee is working and tentatively planning for their annual art show in April. We hope to hold the exhibit this year by the Gilford Public Library in

whatever format is possible. Our Donors’ Day event has been set for the week of May 19th. How we will proceed with holding Donors’ Day event is not yet clear due to the continued impact of the COVID virus. We have begun planning for our 20th Annual Community Spelling Bee, tentatively scheduled for late October at Laconia High School; and due to the favorable response to our First Annual Pumpkin Figure Contest, we intend to hold the Second Annual Pumpkin Figure Contest in October as well. All of this would not be possible without the support of our donors, benefactors and the people, businesses and service organizations that make up our wonderful Lakes Region Community.”


Assistant Director,

Amanda Dudek continued Switzer’s remarks on scholarship applications.

She added: “Any additional application information or questions may be answered by contacting us either by email scholarship@lrscholarship.org or by calling the office at 527-3533. She wanted to let the public know that LRSF also has a number of specially designated scholarships listed on our site. These are available through an additional application process that can be downloaded from our website. One of these exceptions is the Annalee Thorndike Art Competition, which Karen mentioned as well as a few other exceptional scholarship opportunities: The John F. Mullen Memorial Essay Com-

petition, the Leonard A. and Ruth A. Stockwell Essay Competition and the Klaus Biemann Science Essay Competition. Please check our website for the specific requirements to qualify for these awards as well.”

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BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Feb. 3-12.

Jayson E. Walsh, age 34, of Belmont was arrested on Feb. 3 for Driving After Revocation or Suspension, Suspension of Vehicle Registration, operating an Unregistered Vehicle, and in connection with multiple bench warrants.

Dwayne A. Pryor, age 44, of Center Ossipee was arrested on Feb. 4 for Hand Guns False Information.

Christopher C. Drown, age 44, of Laconia was arrested on Feb. 5 for Driving After Revocation or Suspension, being in control of a premises on which drugs have been kept, Transporting Drugs in a Motor Vehicle, and Disobeying an Officer.

Kerry M. Taft, age 53, of Belmont was arrested on Feb. 5 for Driving Under the Influence-Impairment.

Kenneth Steven Bubanas, age 33, of Berlin was arrested on Feb. 6 for Breach of Bail Conditions and Criminal Mischief. Michelle I. Kent, age 35, of Belmont was arrested during the same incident in connection with multiple warrants.

Felicia A. Johnson, age 34, of Manchester was arrested on Feb. 7 for Transporting Drugs in a Motor Vehicle, Driving After Revocation or Suspension (subsequent), Disobeying an Officer, and multiple counts of Possession of a Controlled Drug.

Matthew R. Greenwood, age 36, of Belmont was arrested on Feb. 8 on multiple counts of Simple Assault-Physical Contact or Bodily Injury.

Dustin C. Gray, age 42, of Belmont was arrested on Feb. 9 in connection with a warrant.

Jacob McCormack, age 30, of Salem was arrested on Feb. 9 on connection with multiple bench warrants.

Angela L. Collins, age 40, of Belmont was arrested on Feb. 10 in connection with a warrant.

David E. Austin, age 25, of Loudon was arrested on Feb. 11 for Breach of Bail and Driving After Revocation or Suspension.

Laconia Adult Education Spring 2021 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Quilt As You Go- Table Runners	Tues	3/16/21	6:30-8:30	4 weeks	*\$20.00*	LHS-828	Ardy Eaton
Health & Wellness							
Beginner Ballroom Dancing- Couple	Tues	3/16/21	6:45-7:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beginner Rumba and Cha Cha	Tues	3/16/21	5:45-6:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beginner West Coast Swing Dancing- Couple	Tues	3/16/21	7:45-8:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Beyond Beginner Ballroom Dancing- Couple	Mon	3/15/21	6:45-7:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Freedom Through Forgiveness	Thurs	4/8/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Intermediate Ballroom Dancing-Couple	Mon	3/15/21	7:45-8:45	6 weeks	\$120.00	LHS-Café	Juli Pruden
Introduction to Spiritual Energies	Thurs	3/18/21	8:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Line Dancing- Vintage Style	Mon	3/15/21	5:45-6:45	6 weeks	\$65.00	LHS-Café	Juli Pruden
Meditation 101	Thurs	4/1/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
What are Angels & How to Communicate with them	Thurs	3/25/21	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning	Tues	3/16/21	5:00-6:15	8 weeks	*\$55.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning	Thurs	3/18/21	5:00-6:15	8 weeks	*\$55.00*	ctc-H234	Bonnie Morin
Yoga for Everyone: Beginning	Tues&Thurs	3/16/21	5:00-6:15	8 weeks	*\$85.00*	ctc-H234	Bonnie Morin
Informational Classes/Seminars							
A Paddler's Guide to Safety	Wed	3/17/21	6:00-8:00	2 weeks	\$40.00	Remote	USCG Auxiliary Instructor
Estate, Wills, Trusts & Guardianship Planning	Tues	3/16/21	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Estate, Wills, Trusts & Guardianship Planning	Tues	4/13/21	6:00-8:00	1 week	Free	LHS-613	Kristen Gardiner
Introduction to Basic Boating Safety	Wed	3/10/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Reading Nautical Charts	Wed	3/11/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Savvy Social Security & Medicare Planning	Wed	3/17/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Smart Retirement Strategies	Wed	3/24/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Suddenly in Command	Mon	4/5/21	6:00-8:00	2 weeks	\$40.00	Remote	USCG Auxiliary Instructor
Wealth Planning 101	Wed	3/31/21	6:30-8:30	1 week	Free	LHS-613	Greg Caulfield
Weather & Boating	Mon	3/29/21	6:00-8:00	1 week	\$20.00	Remote	USCG Auxiliary Instructor
Language							
French Travel and Language	Mon	3/15/21	7:00-8:15	5 weeks	\$40.00	LHS-201	Marta Burke
Spanish for Beginners	Mon	3/15/21	8:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	3/15/21	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	3/15/21	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Woodworking	Thurs	3/18/21	6:00-8:30	8 weeks	*\$110.00*	LHS-517	Ed Philpot
Digital Photography I	Fri	3/5/21	6:00-8:00	5 weeks	\$50.00	Remote	Steve McGrath
Dog Obedience: Advanced/Canine Good Citizen	Wed	3/17/21	7:00-8:00	8 weeks	*\$70.00*	WH5	Carolyn Bancroft
Dog Obedience: Beginning	Wed	3/17/21	6:00-7:00	8 weeks	*\$70.00*	WH5	Carolyn Bancroft
Guitar	Tues	3/16/21	7:00-8:00	8 weeks	\$60.00	LHS-813	Matthew Wood
Open Shop Woodworking	Tues	3/16/21	6:00-8:30	10 weeks	\$110.00	LHS-517	Ed Philpot

Classes have limited maximum sizes due to COVID.
Be sure to sign up quickly!

* Additional Supply/book fee or pre-class requirement is additional in this course.

Check out our other great offerings:

A.B.E.- Free Adult Basic Education Tuesday & Thursday nights 6:00-8:30

HiSET (Formerly GED) Prep- Free Monday & Wednesday nights 6:00-8:30

E.S.L.- Free for those learning English Tuesday & Thursday nights 6:00-8:30

Classes are in-person except when location is listed as remote. COVID-19 precautions are in place.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs)

REGISTER AND PAY ONLINE at: adultedlaconia.weebly.com

Still have questions? Call Laconia Adult Education at 524-5712

Lost time is never found again

Lately, we’ve been hearing an awful lot of chirping about how people are too busy. Too busy to catch up with extended family; too busy to grab a workout; too busy to read a book; too busy to do the things we forgot we enjoyed doing. The largest contributor to the lack of free time boils down to time spent at work. Many people in today’s world have two or three jobs to make ends meet. Sometimes, however, we need to make some cuts in our lives to give ourselves something more valuable than money, time. Time is a treasure.

For one, you can’t make more time. Ways to earn money will always be at your fingertips however there is never a way to create more time. There is not a spell book that has the answer to creating more hours in a day or a way to give you more years on Earth. Time is finite, something we all can stand to remember.

Take a moment to think about the fact that you can do more with time off than with a day’s pay. While we all can earn a different amount of money during a shift at work, a day off is the same to all of us. During a day off, you can choose to do what you want with it. Catch up on chores, hike a mountain, catch a movie, enjoy a nice lunch or pick up your dusty guitar and remember how to play the C chord.

Memories hold more stock in our lives, than money. When we think back on our past experiences that brought us fond memories, how many of those were because of money and how many were because of another person? Travel of course costs money, or the purchase of a fancy boat, however it is the simple moments that are always the ones that count.

At the end of a person’s life, you will never hear them say they wished they had more money, however you will hear them say they wished they had more time. A good question to ask yourself if you had a short time to live, ‘would you like \$5 million dollars or ten more years to live?’ The answer is obvious.

A survey of roughly 5,000 people was conducted to back up the fact that most people prefer time over money. Most people opted to take a position with less hours and less money over long hours with a high salary. Young people, who have more time ahead of them, did choose to make more money, however this proves the point that if you have less time, you value it more.

Money changes in value every day; time does not. Think about the price tag you would place on a three-hour beach day with good friends. In the time of a pandemic these moments become even more important.

Time brings us awareness and clarity and gives us a chance to figure out the person we want to be or already are. These things cannot be bought. Sure we need money to live, however time is what puts life, into our lives. Often we need to get creative about how we can give ourselves more time. We must always remember to protect and prioritize our time.

To the Editor:

My name is Bob Lambert, and I am running for the Sanbornton Board of Selectmen position. My commitment to you would be to maintain our small-town character and charm all while helping Sanbornton progress in a fiscally responsible way by supporting smart economic growth.

This is an exciting opportunity, and my vision would be to bring my skills, experience and energy to the board. Input from the residents would always be an important part of this role.

A little about myself - my family includes two children and wife of 28 years. We lived in Merrimack for 25 years before moving to Sanbornton. We chose Sanbornton for the small, neighborly environment. In my early years, I owned and operated a construction company in Merrimack for over ten years.



COURTESY

Hearts for Heroes

The Lakes Region Art Association/ Gallery is hosting its ‘Heart for Heroes’ program in recognition of all those who are engaged in saving and improving lives during the Covid-19 Pandemic, and our veterans. Anyone may participate by creating an image of a heart in 2D or 3D. It’s free, size is limited to no larger than nine by 12 inches, and once completed, bring your heart to the LRAA/ Gallery, Tanger Outlet Mall, Tilton, suite 132. There, it’ll be on display until the end of March, and then brought to the NH Veterans Home, Tilton, and gifted to a veteran.

STRATEGIES FOR LIVING

From discarded refuse - a masterpiece

BY LARRY SCOTT

In 1501, a 26-year-old Italian artist was given an unfinished sculpture and commissioned to create a statue of the Biblical hero David for the Cathedral of Florence. To be created from a huge block of granite, it seemed to many an impossible task. But

Michelangelo saw something others had missed, and in three years’ time, he was able to create a masterpiece that has been hailed by many as the greatest statue created by human hands.

The original commission had been given Agostino di Duccio in 1464. He got as far as shaping the legs, feet and

the torso, but abandoned the project in 1466. Ten years later Antonio Rossellino was commissioned to pick up where Duccio had left off but his commission was soon cancelled.

For the next 25 years, this block of marble lay discarded, exposed to the elements in the courtyard of the Opera del

Duomo. It was, for some, a useless piece of refuse. But Opera authorities, hoping to resurrect the dead project, commissioned Michelangelo to see if he could breathe life into the inert piece of stone.

The two previous artists had abandoned the

SEE STRATEGIES PAGE A6

LETTERS TO THE EDITOR

Good question, good answer, better world

To the Editor:

One of the Super Bowl ads included this line of thought: “Ask a good question, get a good answer, get a better world.”

Now, on NPR the day after the Buccaneers won over Kansas City, and the winners got a \$150,000 bonus per team member while the losers got half that, Connecticut Congresswoman Rosa DeLauro had radio-interview attention. Her topic: money and child poverty. The upcoming pandemic relief bill coming out of Pres. Biden’s White House and hopefully supported with Senate votes, includes money that Congresswoman DeLauro says, “could cut child poverty in half” in the U.S. She asks, “Why not cut child poverty [numbers affected] in half?” Good question.

It takes a village

The experience and connections I acquired lead me to a Vice President roll with a recruiting firm. In this position, I had the opportunity to assist in the development of this recruiting company that was specific to the building industry. For the past three years, I have proudly served on Sanbornton’s Budget Committee and Capital Improvements Committee. I also serve as Vice President of the Sanbornton Bay Association which holds the annual Winnisquam Kayak Race & Boat Parade.

It’s been my privilege to work alongside many wonderful and dedicated volunteers on many different committees and boards. It’s been inspiring to see how passionate people are about our town. My experience combined with my professional background

and leadership skills will bring added value and perspective to the Town of Sanbornton

We are living in challenging times, and my goal would be to focus on common town goals while respecting all opinions. People should be treated with integrity and kindness as we all move forward to achieve items that are best for all residence. Together, we can accomplish common ground. As it is said, “it takes a village.”

I ask for your support and vote. I look forward to meeting and hearing from you over the upcoming weeks. Please vote on March 9.

Sincerely,

BOB LAMBERT
SANBORNTON

The Windham incident deception

To the Editor:

Seeking to quell the growing political clamor resulting from its refusal to look into the Windham Incident, the Attorney General’s office has now publicly claimed that it is “investigating” the matter. This is a misleading half-truth. From my experience as a former FBI Agent, they are not doing an investigation; they are doing what is known as a document review. They have no intention of doing what’s actually necessary to get to the heart of the issue: re-run the ballots through the machines, and perform a hand count to determine the actual number of ballots that were cast. Interestingly, Great Britain, Australia and Canada count all election ballots by hand. They don’t even use machines, in order to avoid the problems manifesting themselves in our election process.

To be clear, five State Senators, the Senate legal counsel, and the Assistant Secretary of State were all on the Feb. 5 Zoom call in which assistant AG Edwards and Election Law Chief Chong Yen stated categorically that they are not going to investigate the machines or the total ballot count – the only two actions that can provide the answer to what exactly happened. Their document review will do nothing to determine whether there was a machine error or a recount error.

So instead of doing the right thing, as requested by the entire spectrum of those involved in the incident, the AG’s office is performing “damage control” to camouflage its refusal to investigate the machines and the ballots that produced the largest unexplained recount error in NH history.

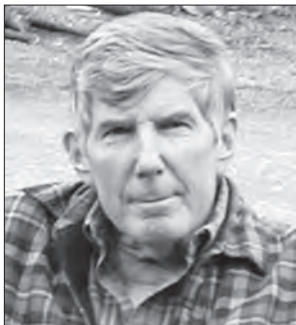
It bears mentioning that Windham officials have done everything possible to get the AG to investigate

this matter. They bear no responsibility for the AG’s failure. Every party to this issue has asked the AG to check the machines and the ballots. And, having been called to task for its continuing refusal to do so, the office is now attempting to deceive the public into thinking their document review is sufficient.

It is deeply troubling when an agency willfully refuses to act in a matter as critical as the integrity of our elections. It is even more disturbing when the agency attempts to deceive the public. What could have been considered an excusable error in judgment is now beginning to look like malfeasance.

BOB GIUDA
STATE SENATOR, DISTRICT I
WARREN

Old hotels, thriving downtowns, and riding the rails to Labrador



By JOHN HARRIGAN
COLUMNIST

I love old buildings, especially old hotels in old downtowns, both the kind of places you can find character, and sometimes characters. Often you can find an old hotel without much for a downtown; all too seldom can you find both.

So I’ve tended to seek out such places, and as a result have stayed in many a fine old creaky-floored hotel in many a healthy and walkable downtown. Littleton and Tilton come most recently to mind. Still, such combinations seem, on the whole, to be scarcer than hens’ teeth.

Now I can only hope that I’m going to hear from readers about the many old-time hotels they know about in still-vibrant downtowns, and of course lots of characters hanging around, and that’s fine. I’ll chalk it all up to homework.

And hearing from readers is one of the better parts of the job.
+++++

Perhaps for some of the same reasons, I’m drawn to traveling by train. Ergo, I’ve taken almost every long-distance train on the continent, including the Quebec North Shore and Labrador Railroad when it still had an actual dining car.

That trip was somewhere around 1975, with Norton Kelly of Derry. The next year I went up again with John Lanier and Merton (Butch) Chase of Belmont.

The attraction, for us, was the Menihek Rapids in Labrador; a drop-off point at about Mile Marker 330 on the 360-mile line. The Mistassini, Montagnais, and Cree had been fishing the rapids at Menihek for centuries. There were fishing camps there.

Those were the beginning of what would be 13 trips to Labrador; about 1,000 miles from my home in northern New Hampshire. “I didn’t know there was anything a thousand miles north of your house,” an incredulous friend observed.

First impressions can be telling. I can remember thinking on that first trip, when I was in an open boat in those huge rapids on the way down-river into camp, “Labrador is a place waiting to kill you.” That thought never left me, in all my trips up, traveling all over the land and water (mostly water.

I’ve long known it was a well-trod thought.
+++++

On one of our trips, Butch Chase and I decided we wanted to go to Shoal Lake, an obscure and (according to camp-talk) seldom-visited place. With a Cree guide, we pushed, shoved, and hauled a 14-foot boat up brooks and across ponds and up ever-smaller brooks until we gained the outlet of Shoal Lake.

Surely, I thought, few people have fished here except maybe from a floatplane. A few minutes later we were coasting toward the far shore when I looked down to the bottom and saw a Fanta can, and my idyllic vision dissolved. And a few minutes later we saw the remains of a century-old Hudson’s Bay trading post, one of our reasons for going there. And after all there was Paul, running the motor. His people had been there long, long before.

Around a cape from the trading post, we saw the tops of two crane-like devices above the spruces, and went ashore to investigate. They were old core-drilling rigs from the early 1950s, used to explore for iron ore.

This work paid off, and the reason for the railroad was the iron-ore mines at Schefferville, at the end of the line. The rails were 122 pounds to

the foot, the highest rail made, and carried hopper cars filled with pellets of iron ore, bound for ships at the other end of the line at Sept Isles, or Seven Islands. Crews regularly replaced the quarter-mile rails on curves, where the heavy cars caused the most wear.

Sept Isles was a booming town in the fashion of many mining towns, and had abundant accommodations, food, and other attractions. But we were most often beat from the 650-mile road trip, and the train left early in the morning.
+++++

Somewhere I saw a news item about the possible rehabilitation of the old Cohas Shoe Factory building in south Manchester, along Mammoth Road. This is close to the old ox-cart and wagon road that Route 28 follows down the east side of the Merrimack River into Londonderry.

Cohas Brook flows into the Merrimack River just below Manchester. It is no great stretch in the vernacular sense from Cohas to Cohasse, which was the old name for the intervalles (wide valleys) in an entirely different watershed. The Cohasse Intervalles are on the Connecticut River, a tired crow’s flight to the west—and on the old maps, there are two sets of them.

The Lower Cohasse



Quebec Province and Labrador (upper right), which is paired with Newfoundland, site of the earliest known European settlements at L’Ans aux Meadows in about 1000 A.D. (Courtesy infoplease)

Intervalles were (and are) in the Woodsville to Hanover stretch of the Connecticut. For many years, they were the northernmost European settlements. The Fifteen Mile Falls, now somewhat submerged, were a mental and physical barrier.

In 1759, during the French and Indian War, Rogers’ Rangers sought to strike a knockout blow with a raid on the village of St. Francis, just below Montreal. Elements of the Rangers came out along the Upper Cohasse Intervalles during their retreat, and noted the

broad valleys and fertile soil. Settlements soon followed.

Out in Oregon, there’s a place called Coos Bay, but it doesn’t have quite the same history as ours or even Manchester’s, so they pronounce it “Cooze.”

Go figure.

(Please address mail, with phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Comfort Keepers
Post-hospital care after pneumonia

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Nothing can put a halt to our daily routines and favorite activities like an illness. Staying well is especially critical for the physical and mental health of seniors, but sometimes illness is unavoidable.

Even though pneumonia is a serious illness, it can often be successfully treated at home. Seniors, however, specifically, those with compromised immune systems or other health issues, may require hospitalization.

For those that do need to be monitored and treated in a medical facility, being discharged from the hospital does not mean that recovery is complete. Pneumonia is particularly taxing on the body, resulting in a feeling of tiredness. It may take a while for an older adult to regain strength and feel good again.

The home recovery period can be crucial for pneumonia patients.

In order to fully recover, it is important to follow the health care provider’s directions. Seniors should be aware of their body and take note of changes they feel so they can contact their doctor at any sign of the illness coming back.

Home recovery can include continuation of an antibiotic, prescription medication, or a nebulizer for breathing treatments. Medicine, including every dose, should be taken for as long as it has been prescribed. Failure to do so may allow levels of bacteria to remain, grow and possibly cause a relapse. Drinking plenty of water can help and eating nutritious food to regain strength has an impact too. Additionally, cool mist humidifiers or vaporizers help keep the air moist inside the home and may make breathing easier and ease lingering coughs.

Seniors can expect a cough and general fatigue to last for some time after pneumonia

subsides. It is essential for them to get ample sleep as well as proper nourishment during this time. Rest helps the body’s healing process just as maintaining a healthy diet can boost the immune system. It is important that the senior not smoke and avoid spending time outdoors if there is smoke from a fire. This type of air pollution can hinder the breathing process and cause infection in the lungs. Alcohol consumption should also be avoided as it can inhibit the effectiveness of antibiotics.

Above all, seniors should remember to ask

for help. Pneumonia recovery at home can be difficult to manage alone, and a helping hand from family, friends, or a professional caregiver can be critical for a successful recovery. For seniors and their loved ones, the goal is to get them back to good health so they can do the things they love – and sometimes, a helping hand can make all the difference.

About Comfort Keepers
Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation,

housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items, all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.nhcomfortkeepers.com for more information.



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PET OF THE WEEK **LUCY**

This beautiful and sweet girl, hasn’t yet learned that the world isn’t scary. She will need a patient and understanding person to show her positive reinforcement, go at her pace and help her understand that things aren’t so terrifying! Once Lucy warms up to you, holy moly is she just so excited and wants nothing more than to play, and be your best friend.

Lucy would do best in an adult only home and may not do well in a busy environment with frequent visitors. She would do well with a confident dog friend or two at home. Miss Lucy is a little fearful of cats, but may do well with a slow introduction and proper management.



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Exciting winter events in store at Canterbury Shaker Village



CANTERBURY —Join us for snowshoeing at the Village! In partnership with the New Hampshire Snowshoe Trail Race Series, Canterbury Shaker Village will be hosting a Bonus 2-4 mile snowshoe race Saturday, March 6 at 10 a.m. The race winds through the Village's spectacular 700-acre

grounds, with racers free to explore its open pastures, wooded trails, and take in views of Turning Mill Pond. After the race, enjoy hot cocoa & treats. In addition, prizes will be awarded.

Registration for the race is \$20 and is open at www.shakers.org. Participants may opt to

run either one or two loops on race day. Please note that though this race is part of the New Hampshire Snowshoe Trail Race Series, it is a special bonus race, and will not count towards the series competition. The race is limited to 75 participants, and there will be no day-of registration. The race will

follow strict Covid-19 guidelines to ensure the safety of all racers, staff, and volunteers.

The Village course is currently covered in cold, dry powder snow but in the event that the snow melts by race day, the race is still on. Snow or no, we go! For more information on race details or registration, please visit www.shakers.org, or email Tom Walton twalton@nedelta.com or info@shakers.org.

It's Maple Syrup Season! Next month, join Mark Stevens for a four-mile round trip guided hiking tour to the Shaker's remote sugar camp. Tours are Saturday, March 20 and Saturday, March 27 from 1 – 3 p.m. Tickets are on sale at www.shaker.org at \$50 per person, and to ensure social distancing, each tour is limited to 12 people. Masks are required and participants should dress for the weather and come prepared to hike four miles round-trip through the woods on trails that could be muddy or icy. For more information, please contact Rae Easter at info@shakers.org or 783-9511, ext. 205.

cate that in 1864, at the height of American Civil War, the Shaker Village Church Family set out almost 1,200 wooden buckets for the gathering of sap and produced nearly 700 barrels of maple syrup. The syrup was not only an important sweetener for the Village community, but was also an important cash crop for sale to the outside world.

At the site you'll get to explore the foundation remnants, compare historic photos with existing site conditions, and hear an excerpt from a journal entry written in the late 1880's by Shaker Brethren Nicholas Briggs, where he describes life at this sugar camp when it was a hub of activity.

All participants in the tours will receive a complementary bottle of exclusive maple syrup made by David Lamb, which is produced locally from real Shaker maple trees.

Mark Stevens is a licensed land surveyor, certified wetlands scien-

tist, and licensed designer of subsurface disposal systems. He has a degree in engineering from the Community College of the Air Force and a surveying and forestry management degree from Unity College.

We are grateful to North Family Farm for sponsoring this event. Visit their website for more information: <https://northfamily-farm.com/>

Canterbury Shaker is located at 288 Shaker Rd. in Canterbury, New Hampshire, just south of Laconia and north of Concord. For more information, visit www.shakers.org, or call 783-9511, ext. 205.

The museum is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit www.nhmuseumtrail.org.

DONATION

CONTINUED FROM PAGE A1

struction of in-river, Olympic-style features for board surfing, rafting and kayaking along a 1,200 foot stretch of the river and "channelization" at three locations in the river that will provide for whitewater conditions year-round.

Other features of the master plan, in addition to the whitewater park, include an outdoor recreation area, an amphitheater and pavilion, multi-purpose trails and walking paths with benches and seating areas, a climbing wall, gardens and various viewing spots for water competitions. When finished, the park will consist of 13 acres, with an adjacent 21 conserved acres and three whitewater features. The primary goal of all improvements is to connect the community to the river.

"MVSB is happy to do as much as we can to support the Mill City Park's project to develop multi-use opportunities for the Winnepesaukee River in downtown Franklin," noted Rick Wyman, President of Meredith Village Savings Bank. "The park will not only provide a unique destination for kayak enthusiasts, but lots of outdoor recreation and enjoyment for everyone as well as an economic boost for downtown businesses."

"We're very thankful for MVSB's support of our organization, mission and goal to make Franklin the whitewater kayaking mecca of New England," said Marty Parichand, Executive Director. "The Winnepesaukee River once powered seven mills in downtown Franklin in the heyday of the city's industrial era and will now power its economic renaissance again, thanks to the help from MVSB and other contributors."

For more information or to support the Mill City Park at Franklin Falls, visit <https://www.mvsvb.org>.

millcitypark.com/.

CDFA tax credits allow businesses to fund qualifying economic or community development projects in exchange for a tax credit that can be applied against state business tax payments. The tax credits are administered by the New Hampshire Community Development Finance Authority (CDFA). Any business with operations in NH that contributes to a CDFA tax credit project receives a NH state tax credit worth 75% of their contribution. The credit can be used over a period of five years to reduce the business' state tax liability (business profits, business enterprise or insurance premium taxes). The tax credit program allows NH businesses to use their state tax dollars to support local projects that they care about. CDFA reviews many project applications each year and awards tax credits to those they determine are feasible and will make the biggest impact on economic development in the state. For more information, visit nhcdfa.org.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsvb.com.

HIGH SCHOOL SLATE

Thursday, Feb. 18
BELMONT
Boys' Hoops at Franklin; 6
Girls' Hoops vs. Franklin; 6
GILFORD
Boys' Hoops at Laconia; 6
Girls' Hoops vs. Laconia; 6
Nordic Skiing at Jackson; 3
WINNISQUAM
Hockey at Berlin; 6
Friday, Feb. 19
WINNISQUAM
Boys' Hoops vs. Newfound; 6
Girls' Hoops at Newfound; 6
Saturday, Feb. 20
BELMONT-GILFORD
Hockey at Kennett; 4:30
Monday, Feb. 22
BELMONT
Boys' Hoops vs. Inter-Lakes; 6
Girls' Hoops at Inter-Lakes; 6
Unified Hoops at Berlin; 3

BELMONT-GILFORD
Hockey at Kingswood; 8
GILFORD
Boys' Hoops vs. Kennett; 6
Girls' Hoops at Kennett; 6
Tuesday, Feb. 23
WINNISQUAM
Boys' Hoops at Plymouth; 6
Girls' Hoops vs. Plymouth; 6
Wednesday, Feb. 24
BELMONT-GILFORD
Hockey vs. Kingswood; 4:30
WINNISQUAM
Hockey at Kennett; 6:30
Thursday, Feb. 25
BELMONT
Boys' Hoops at Inter-Lakes; 6
Girls' Hoops vs. Inter-Lakes; 6
GILFORD
Boys' Hoops at Kennett; 6
Girls' Hoops vs. Kennett; 6
All games are subject to change.

STRATEGIES

CONTINUED FROM PAGE A1
project, convinced that imperfections in the stone might threaten the stability of the statue. But Michelangelo looked past the defects and saw what it could be. For the next three years, he chiseled away at the excess, and from the huge piece of granite, there emerged a stunning masterpiece.

The depiction of David, poised and ready for combat, was inherent in the stone all along. It only took the vision and endeavor of a master sculptor to bring it to light. And that is how

God sees you and me. "We are God's masterpiece," writes the Apostle Paul. "He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

"Jesus didn't die just to get us off the hook. He also died to resurrect the person we were destined to be before sin distorted the image of God in us. And He doesn't just set us free spiritually. He also sets us free emotionally and relationally and intellectually. We are held captive by so many things. We're held captive by our imperfections and insecurities. We're

held captive by our guilt and anxiety. We're held captive by expectations and lies and mistakes. Jesus died to set us free from all the above. ... He sets us free to become who we were meant to be." (Mark Batterson, "Soulprint," p. 11).

We may be haunted by failure, overwhelmed with guilt, and limited by our mistakes, but in God's kingdom, our deficiencies do not determine our destiny. Our God is a God of second chances. He knows who we are, but He also knows what we can become. The world may see a hardened, marred

piece of granite; God sees a masterpiece.

God has a unique plan for your life, a destiny that is different from that of anyone who has ever lived. He wants to take you as you are and where you are, that He might remold you into something you could never be without Him. In the hands of the Master Craftsman, you too can discover there is no limit to what God can do when He finds a willing heart.

You want to talk about it? Hit me up at rlarry-scott@gmail.com.

LEGAL NOTICE

The Canterbury Supervisors of the Checklist will be in public session at Elkins Public Library, 9 Center Rd, Canterbury, NH for any changes and corrections to be made to the vote checklist on:
Saturday, February 27, 2021,
from 11 - 11:30 a.m.

Supervisors of the Voter Checklist:
Mary Ann Winograd,
Denise Sojka, Brenda Murray

LEGAL NOTICE

The Belmont Supervisors of the Checklist will be in public session for any additions, changes, or corrections to be made to the voter checklist at the Belmont Town Hall,
143 Main Street, Belmont NH on:
Saturday, February 27, 2021,
from 11 am – 11:30 a.m.

DUE TO COVID restrictions,
MASKS are required.

Supervisors of the Voter Checklist:
Brenda Paquette,
Donna Shepherd, Nikki Wheeler

JUMPWORD

CONTINUED FROM PAGE A1

Guerin and Aidan McKenzie getting good chances while Zack Spicuzza and Carter Smith had good clears for the Lakers to help kill off the penalty. Young had a late shot on net for the Lakers that McGreevy turned away and the period ended with Belmont-Gilford up 2-1.

The Bulldogs put together a number of great chances to start the second period, with Guerin getting three good bids that Rollins stopped, while McKenzie and Ribeiro each had chances as well, but Rollins was up to the challenge.

With 10:24 to go in the period, the Lakers got a power play chance and had some good bids, with Young, Andrew Spicuzza and Smith sending shots just wide of the net, while Bickford had one ring off the post and Andrew Spicuzza had one stopped by McGreevy.

Gilbert had a short-handed breakaway for the Bulldogs that Rollins was able to stop and the power play was killed

off. Logan and Young exchanged shots wide of the net while Collins had a shot that Rollins stopped.

With 5:52 to go in the second, Guerin had a shot on net that Rollins turned away but Ellingson was there for the rebound to push the Belmont-Gilford lead to 3-1. Both teams had some chances in the zone and with 3:07 to go, Belmont-Gilford went on the power play. Ribeiro, Logan, Gilbert and Guerin all had chances that Rollins stopped and Bickford and Zack Spicuzza had good clears.

With 1:13 to go in the period, Belmont-Gilford took a penalty, which led to six seconds of four-on-four action and then the rest of the period on a Laker power play, with Bousquet getting in close for a chance, but McGreevy held tight and the period ended with the Bulldogs up 3-1.

The Lakers had 47 seconds of power play to start the third, with Young getting a shot on net while Gilbert was able to control the clock

to kill off the penalty.

LWI cut the lead to 3-2 with less than a minute and a half gone in the period, as Young got in close and after McGreevy made a save, Young poked the rebound home on an assist from Zack Spicuzza.

After Smith had a chance in close for the Lakers, B-G came back with shots from Zoltan Stefan, Collins and Brendan Folan, all of which Rollins was able to stop. Belmont-Gilford got a power play with 11:35 to go and Guerin and Gilbert had multiple chances on net, but again Rollins stood tall to help kill off the penalty.

The Lakers got a power play with 7:47 to go and the Bulldogs did a nice job of killing off the chance, but with 4:02 to go, the Lakers tied the game with Young getting in on a breakaway chance and burying it past McGreevy on an assist from Bickford.

With overtime looming, the Bulldogs were able to strike with just less than two minutes to go, with Folan scoring on an assist from Guerin for the 4-3 lead. The Lakers got some late chances, including from Young, but with six seconds to go, Stefan buried an empty net goal from the other end of the ice for the 5-3 final.

“You want to be playing your best hockey going into the playoffs,” Parent said, noting the Bulldogs are working to play as many games as possible. After a game with Kennett after dead-



JOSHUA SPAULDING

Owen Guerin of Belmont-Gilford looks to turn the puck away from Kameron Young of Laconia-Winnisquam-Inter-Lakes on Saturday.



Zach Gilbert skates the puck into the zone during action at the Merrill Fay Arena on Saturday.

GIRLS

CONTINUED FROM PAGE A1

“I’m very proud of this team, they work hard every day in practice and seeing kids really step it up is very exciting to see,” Dawalga said. “It took a total team effort tonight.”

The next night, the Bears hosted the Golden Tornadoes and won by a 51-37 score. The Bears led 15-7 after one and 29-20 at halftime. It was a 10-point game at 39-29 after three before Winnisquam pulled away at the end.

MacDonald finished with 14 points, seven rebounds and seven assists to lead the way for the Bears while Carter had 12 points and eight rebounds. Philippy added nine points and three assists, Sargent had eight points and three assists, Griffin had six points and 12 rebounds and Day pulled down four boards.

“Emma Griffin was big for us tonight on the boards,” Dawalga said. “She really helped us get out and run.

“Lauren MacDonald did a great job all night running the point and leading the team in assist with seven and scoring 14 points,” Dawalga continued. “Triniti Carter gave us a lift with 12 points and eight rebounds.”

The Winnisquam coach also praised the defensive work of Vanessa Power.

“We really shared the ball well tonight as we continue to grow as a group,” Dawalga said.

The Bears will be at Newfound on Friday, Feb. 19, at 6 p.m. and will host Plymouth on Tuesday, Feb. 23, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

MEET

CONTINUED FROM PAGE A1

place; Karlson was 27th with a time of 1:11.22; Gandini was 37th with a time of 1:19.76 and Clough was 47th with a time of 1:51.43.

Coach Tyler Davis was happy that the girls’ team was able to get its second straight division title and said that in a year full of hurdles to overcome, he couldn’t have been happier with the Golden Eagles. He also thanked Gunstock for making it possible to not only have meets but be able to have a place to practice throughout the winter.

“I can’t thank Gunstock enough to get these races in this year,” Davis said. “It was a really good thing for everyone to be able to come out, hold races and have a season. That was huge.”

Belmont was sixth in the giant slalom, led by Mitchell Berry with a combined time of 1:03.75. Tanner McKim was 21st with a time of 1:09.83; Dylan Flanagan was 30th with a time of 1:14.77; Tyler Flanagan was 35th with a time


of 1:17.55 and Hunter Haht-Acers was 46th with a time of 1:25.93.

The Red Raiders were seventh place in the slalom and were led by Berry with a combined time of 59.15. Dylan Flanagan was 30th with a time of 1:13.30; Tyler Flanagan was 31st with a time of 1:13.48; McKim was 41st with a time of 1:27.93; Haht-Acers was 44th with a time of 1:32.48 and Gavin Croteau was 46th with a time of 1:38.30.

Newfound In slalom, the Bears were eighth and led by Matthew Karheck with a time of 1:02.07 for 21st place. Broderick Edwards was 29th with a time of 1:12.44; Owen Henry was 35th with a time of 1:18.84; Dalton Dion was 38th with a time of 1:19.78 and Beckett Van Lenten was 49th with a time of 1:58.32.

In the giant slalom, Edwards was 32nd with a combined time of 1:17.05; Jacob Blouin was 37th with a time of 1:18.26; Dion was a time of 1:20.12; Van Lenten was 43rd with a time of 1:21.19 and Owen Henry was 44th with a time of 1:21.65.

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MVSB donates to local non-profits, families through Mitten Tree program

MEREDITH — Meredith Village Savings Bank (MVSB) is pleased to announce the results of this year's Mitten Tree Program with contributions of \$2,932 to local food pantries. Thanks to the generous support of the community, 1,466 winter weather accessories, including hats, mittens and scarves, were collected and distributed to local families in need.

The Mitten Tree Program has been an MVSB community tradition for many years. In the weeks preceding Christmas, each of MVSB's 13 offices accepted donated handmade or purchased mittens, hats and scarves. For each item donated, MVSB gave \$2 to food pantries in the communities the Bank serves. All items donated by customers, community members and businesses are dis-

tributed in January to members of the community who need help staying warm during the winter season. Recipient organizations of MVSB's matching contribution included the Lakes Region Food Pantry located in Moultonborough, Plymouth Area Community Closet and Food Pantry, the Salvation Army Food Pantry in Laconia and Gather Food Pantry of Portsmouth.

Numerous groups and individuals participate in the distribution of donated items, including the Visiting Nurses Association, local school nurses and child-care centers. The Moultonborough Women's Club donates annually to the Mitten Tree program, and came through again this year with a record contribution of over 100 handmade

items. Another contributor deserving of special recognition is Lucienne Boisvert, mother of Mike Boisvert, VP of Internal Audit for MVSB. Although 91 years old and blind, it is estimated she has donated approximately 1,635 scarves that she hand-knits herself for the Mitten Tree program. The Bank is grateful for all the donations received for this program.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people,



COURTESY

Lucienne Boisvert with some of the 135 scarves she made by hand for this year's Mitten Tree Program. Lucienne is 91 years young and blind and has been making and donating scarves to the Mitten Tree program for the last 10 years. She estimates she has donated 1,635 scarves to the program over the years!

businesses, non-profits and municipalities of Central NH. MVSB and its employees are guided by the values of accountability, mutuality, excel-

lence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor,

Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Belknap Mill Quilters Guild comes home



COURTESY

Belknap Mill Quilters Guild mentor Dawn Dupak with student Aubrey and her mother Caitlin Rushton, at the beginning quilting workshop at the Belknap Mill.

LACONIA — After walking past the large quilt hanging on the 3 floor of the Belknap Mill for three years, Tara

Shore, Program & Operations Manager wanted to learn more about it. The small plaque on the plexiglass stated, The Mill Quilt, Handmade and Donated by the Belknap Mill Quilters Guild, 1982. Wondering where the Quilters Guild was now, Tara and Karen Prior, Executive Director attended a Board meeting of the Belknap Mill Quilters Guild in 2018. After the meeting, Tara and Karen asked the Guild to return home, to the Belknap Mill.

Deb Wyman, President of the Guild shares, "The BMQG Board of Directors voted in December 2020 to hold all meetings, 'Sit and Sews' and a variety of events and programs at the Mill. The Board was so excited to make this move 'back home,' as the Mill was the first meeting place for the Guild and, in fact, is the root of the Guild's name. The Guild has grown from 20 to 108 members since 1978,

which was the reason for the eventual move from the Mill. Now that it has been restored so beautifully the full membership can once again meet in

this space, and the Board feels very welcome, happy, and pleased to be able to meet where we began!"

The Guild's Annual Quilt show was cancelled

in 2020, due to COVID but the Quilters Guild pressed forward and created an incredible community event, the Belknap Mill Quilters Guild

Mysterious Quilt Journey. The Journey showcased 30 quilts in downtown business windows and inside shops, safely taking participants on a visual journey in downtown Laconia. The Journey and the Annual Quilt Show will return as one large event in 2021!

As a nonprofit, funds generated by the Guild are used to fulfill their educational and charitable mission. The Guild's service to their community reaches all corners of New Hampshire through teaching workshops, classes, and demonstrations to their members and the general public and providing Comfort Quilts to several organizations.

Beginning quilting workshops, made possible by a grant from the New Hampshire State Council on the Arts, began at the Belknap Mill on Feb. 6. The Mill and the Guild worked to ensure a COVID safe environment for all participants. Katie Haddock, class mentor, and Com-

munity Outreach Chair for the Guild spent Saturday with the workshop participants, "The Mill is a perfect location to hold these workshops! It provides plenty of space to socially distance, and still be together in one classroom. We have one Belknap Mill Quilters Guild member per student to cut down on the need for an instructor moving from student to student during the class. This one-on-one mentoring by Guild members is a positive side effect to the COVID protocols. Regardless of the individual student's skill level, the Guild mentor can meet them where they are, and move them along at whatever speed works best."

Program opportunities like the quilting classes and community events like the Quilt Journey, will continue as the Belknap Mill Quilters Guild settles into being back home.



NH Mutual Bancorp welcomes Mark Danahy as Senior Vice President, Residential Lending



Mark Danahy

MEREDITH — Mark Danahy has joined New Hampshire Mutual Bancorp (NHMB) as Senior Vice President of Resi-

dential Lending. In this role, Danahy leads and oversees the mortgage and personal lending programs for Meredith Village Savings Bank (MVSB), Merrimack County Savings Bank (the Merrimack) and Savings Bank of Walpole (SBW). He is based in Concord, at NHMB's operations center on 16 Foundry Street.

Danahy is responsible for the development and implementation of the strategic vision for residential lending at MVSB, the Merrimack and Savings Bank of

Walpole. In doing so, he will maintain the residential lending policies, products and the technology platforms needed to best serve community banking customers. Danahy will also provide the individual direction of mortgage sales that best align with NHMB's company values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship.

"We're happy to have Mark join our team," said Gregg Tewksbury, President and CEO of New Hampshire Mutu-

al Bancorp. "His depth of experience leading several mortgage companies and financial institutions makes him uniquely qualified to guide residential lending for our banks into the future. Aligned with our company culture and values, Mark is intensely focused on the customer experience and the well-being of his staff. I'm excited to welcome him aboard!"

"It's fun to be a part of this organization, with their commitment to the customer and the community," said Danahy. "Our unique model allows for unmatched support to the local community through volunteerism, monetary contributions and financial expertise. I'm incredibly proud to represent MVSB, the Merrimack and Savings Bank of Walpole."

Prior to NHMB, Danahy served as the President and CEO at Key-Bank Mortgage, based in Cleveland, OH, and in executive leadership roles at Citibank and PHH Mortgage, based in Mt Laurel, NJ.

Danahy is Board Member and Treasurer of the Mill Hollow Heritage Association, based in East Alstead, NH. He earned his Bachelor of Science Degree in Accounting from Virginia Tech and an MBA from George Mason University. Danahy resides in Alstead, NH with his family.

New Hampshire Mutual Bancorp (NHMB) was created through a unique alliance between three mutual community banks and a wealth management firm who main-

tain separate organizations and management. The companies are able to achieve best in class software, services and staffing while providing efficiencies through their shared service provider, NHMB. NHMB provides risk management, facilities, marketing, human resource, finance, compliance, information technology, deposit operations, loan operations and digital banking services to Meredith Village Savings Bank, Merrimack County Savings Bank, Savings Bank of Walpole and NHTrust. This strategic partnership has positioned the banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing community banking standards and values.

No bones about it—Advanced Orthopaedic Specialists closing

GILFORD — Advanced Orthopaedic Specialists (AOS), formerly Orthopaedic Professional Association (OPA), will be closing their doors as of March 31, 2021, after 50 years of serving the Lakes Region with orthopaedic care. The four partners of the practice, Dr. Jeffrey Clingman, Dr. Alex Hennig, Dr. Jeremy Hogan, and Dr. Glenn Lieberman reached the decision to close their practice upon learning that the new hospital entity, formed by Concord Hospital acquiring Lakes Region General Hospital (LRGH), chose not to renew the Provider Service Agreement that has been in place since 2004.

The surgeons of AOS did not make this decision lightly. For months, the practice has been working on creating a path forward to continue providing orthopaedic care in the area. Unfortunately, the acquiring entity, Concord Hospital, did not provide a viable solution to allow AOS to continue providing local orthopaedic care.

"It has been an honor serving this community and working with our team," commented Dr. Glenn Lieberman, Orthopaedic Surgeon,

President of the Board at AOS, and Chief of Orthopaedics at LRGH, "our commitment to providing excellent care to our extraordinary patients in the Lakes Region is what has kept this business thriving for half a century."

AOS surgeons look forward to continuing their relationship with their patients and will provide patients with ways to connect with their surgeons as they transition to new individual practice locations. Patients of the practice will receive communication regarding follow-up orthopaedic care in the coming weeks.

"Rumors that the surgeons of AOS 'want to leave' could not be further from the truth," explained Dr. Jeremy Hogan, an Orthopaedic Joint Surgeon who has been with AOS for ten years, "our practice has amassed thousands of loyal patients in the Lakes Region, and our steadfast goal is to provide them with outstanding care. It deeply saddens us to close AOS, and say goodbye to our committed staff. We will all find a path forward with new organizations, providing the quality care our neighbors have

come to expect."

AOS which began as OPA in 1970, was the first medical professional corporation in the state of New Hampshire. The surgeons and staff of AOS have all worked and lived in the community for many years, caring for generations of families and being on the front lines during emergencies, "We have built a solid foundation of trust with our patients who are also our neighbors, business owners, teachers, police, grocery store clerks," explained Dr. Hennig, Orthopaedic Sports Surgeon, "We live in this community with the people we care for and that has further fueled our deep commitment to our patients."

In addition to the four owners of the practice, six other providers within the practice will be relocating: Dr. John Grobman, Orthopaedic Surgeon; Dr. Joel Huleatt, Orthopaedic Surgeon; Dr. Matthew Jensen, Chiropractor; Dr. Michael Robinson, Podiatrist; Cody Rideout, Physician Assistant; Kyle Przekaza, Physician Assistant; and Tatyana Hoyt, Physician Assistant.

RE/MAX International honors local REALTORS® for outstanding business performance

MEREDITH — RE/MAX Bayside's Owner/Broker Chris Kelly, has proudly announced that eleven of the company's agents earned high recognition for sale performance during 2020.

Reuben Bassett, Kathleen Davis, Dennis Potter and Sara Robinson were honored with the Executive Club Award, which highlights gross commission earnings between \$50,000 and \$99,999.

Randy Annis, Bob Gunter, Shane Hayes and Ron Talon were all honored as members of the 100 Percent Club, which signifies gross commission earnings between \$100,000 and \$249,999.

Chris Adams has

been honored with the Platinum Club Award, which is awarded to agents earning between \$250,000 and \$499,999 in gross commissions.

And the company is proud to recognize Scott Knowles as having earned the Chairman's Club Award which is awarded to agents earning between \$500,000 and \$999,999 in gross commission dollars.

These coveted awards honor the success of agents who have been extremely diligent in assisting sellers and buyers throughout the Lakes Region and Central New Hampshire. These agents are all highly trained and experienced to assist clients

in all types of real estate transactions.

"We are extremely proud to have so many of our agents receive these highly coveted awards," said Travis P. Cole, Business Manager. "It's truly an honor to be surrounded by such an incredibly talented team."

In addition to being one of the premiere real estate companies in the region, RE/MAX Bayside supports the businesses and residents of the Lakes Region through community participation and generous donations to many charitable organizations at the local and national level.



COURTESY

February vacation solutions at Prescott Farm

"Winter Break Outdoor Explorers" offers a close-to-home, cost-effective, fun series of two-hour programs to encourage everyone to get outside. Sessions take place during the two February vacation weeks (Feb. 15-19 and Feb. 22-26) from 10 a.m. – noon. Guests are reminded to wear boots and dress appropriately for the weather. COVID protocols, including attendee limits, will be strictly enforced. Early registration is strongly recommended. For more information or to register visit prescottfarm.org.

Northfield resident Kyle Mann named to Worcester Polytechnic Institute's Dean's List

WORCESTER, Mass. — Worcester Polytechnic Institute (WPI) has announced that Kyle Mann of Northfield, a member of the class of 23 majoring in Architectural Engineering, was named to the university's Dean's List for academic excellence for the fall 2020 semester.

A total of 2,078 undergraduate students achieved the criteria required for WPI's fall 2020 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on open-ended

problems for communities around the world. The problems are important and the impact is real" said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

About Worcester Polytechnic Institute

WPI, the global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the

2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 50 bachelor's, master's, and doctoral degree programs across 14 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. [www.wpi.edu](http://wpi.edu)

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SCHOOL DISTRICT**

2020-2021 School Year
Professional & Support Staff

LANCASTER ELEMENTARY SCHOOL
Title I Teacher (2020-2021 School Year Only)

WHITEFIELD ELEMENTARY SCHOOL
Title I Teacher (2020-2021 School Year Only)
Paraprofessional (Anticipated)

ATHLETICS

Middle School Baseball Coach	Middle School Softball Coach	Middle School Track Coach
Varsity Boys Tennis Coach	Varsity Girls Tennis Coach	JV Baseball Coach
	Varsity Softball Coach	

(positions are contingent upon COVID-19 status)
(Contact Kerry Brady, AD, for application, etc. – 837-2528)

2021-2022 School Year
Professional & Support Staff

LANCASTER ELEMENTARY SCHOOL
Upper Elementary (Anticipated) Special Ed Case Manager (Anticipated) K-8 Music Teacher

For further information, contact:

Stephanie Glidden, Adm. Assistant to the Superintendent of Schools and to the Director of Student Services White Mountains Regional School District SAU #36
14 King Square, Whitefield, New Hampshire 03598
TEL.: 603-837-9363/FAX: 603-837-2326 • Email: sglidden@sau36.org

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This is a full-time permanent position.
We offer a full benefits package including paid vacation, holidays, health & dental insurance, 401 (K), and profit sharing.

Minimum requirements:
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Qualified applicants should mail or email a resume to:

White Mountain Oil & Propane
Attn: Service Manager
PO Box 690, North Conway, NH 03860
Fax: (603) 356-7181
jobs@whitemountainoil.com

You may also find our application at
whitemountainoil.com/jobs

No phone calls please
White Mountain Oil & Propane is an equal opportunity employer is an equal opportunity employer

Town of Holderness
Part time Deputy Town Clerk/Tax Collector

The Town of Holderness is seeking candidates for the position of Deputy Town Clerk/Tax Collector.

This is a part time position and will consist of 15 to 20 hours a week and occasional additional hours will be required. The hourly pay range of \$ 15.50 to \$ 22.07 depending on experience.

Applicants must be a resident of Holderness.
Minimum requirement: High School Diploma, must pass a background check, basic accounting skills, typing, office procedures, and computer skills are required.

The job description and application are available on the town website at www.holderness-nh.gov. Position is open until filled.

Completed application, resume and references should be mailed to or delivered to:

Town of Holderness
Attn: Ellen King
PO Box 203
Holderness NH 03245

The Town of Holderness is an equal opportunity employer.

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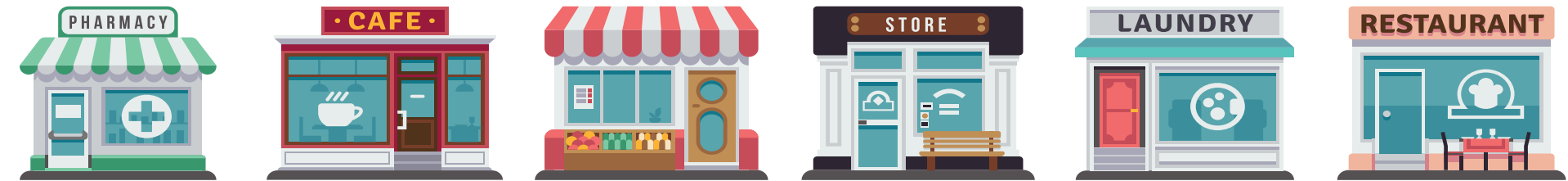
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You may apply in person or download an application from our website. All applications should be submitted to:
Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

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*RN – Surgical Services Manager

*RN – E.D. Charge, Night Shift

*Speech/Language Therapist

*Multi-Modality Radiologic Technologist

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Upper Connecticut Valley Hospital

181 Corliss Lane, Colebrook, NH 03576

Phone: (603) 388-4236

Ucvh-hr@ucvh.org

EOE

TOWN OF TILTON

BUILDING INSPECTOR/
CODE ENFORCEMENT OFFICER



The Town of Tilton, NH is currently accepting applications for a part-time Building Inspector/Code Enforcement Officer. This position is responsible for conducting plan reviews, building inspections, zoning enforcement and other health and safety matters. The ideal candidate will be knowledgeable in residential and commercial plan review and construction, installation of electrical and mechanical systems and enforcement of local zoning ordinances, regulations and other enforcement matters.

Candidates must possess strong interpersonal and communication skills, have at least five (5) years experience in building trades or inspection services and be familiar with municipal zoning concepts or possess any equivalent combination of education and experience which demonstrates possession of required knowledge, skills and abilities. ICC Certifications preferred but not required. The position requires 12-16 hours per week and may include some evening meetings.

Salary based upon qualifications and experience.

All interested candidates shall mail a cover letter, resume and three professional references to Land Use Office, 257 Main Street, Tilton, NH 03276, or via email to Imoynihan@tiltonnh.org no later than Friday, March 5, 2021 at 4pm. Thereafter, the position will remain open until filled.

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**MOULTONBOROUGH ACADEMY
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Moultonborough Academy is currently accepting applications for the following 2021 Spring season positions: Girls Varsity Softball, Boys Varsity Tennis, Middle Level Tennis, Middle Level Baseball. Interested applicants should submit a letter of interest, resume, and three letters of recommendation to:

Matt Swedberg, Athletic Director
mswedberg@sau45.org
PO Box 228, Moultonborough NH 03878

**Moultonborough School District
Art Teacher, Grades PreK-5**

MCS is seeking a certified, full-time Art teacher for grades PreK-5 for the 2021-2022 school year. Complete the application found at <http://www.sau45.org/district/employment> and submit by March 3, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

Equal Opportunity Employer

**Moultonborough School District
General Music & Chorus Teacher, Grades 6-12**

MSD is seeking a certified full-time General Music/Chorus teacher for grades 6-12 for the 2021-2022 school year. Complete the application found at <http://www.sau45.org/district/employment> and submit by March 3, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

Equal Opportunity Employer

**Moultonborough School District
Mid-Level Social Studies, Grades 7-8**

MSD is seeking a certified full-time Social Studies teacher for grades 7 and 8 for the 2021-2022 school year. Complete the application found at <http://www.sau45.org/district/employment> and submit by March 3, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

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**Moultonborough School District
Special Education Teacher, Grades 9-12**

MSD is seeking a certified, full-time Special Education teacher for grades 9-12 for the 2021-2022 school year. Please complete the application found at <http://www.sau45.org/district/employment> and submit by March 19, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

Equal Opportunity Employer

**Moultonborough Academy
High School Math Teacher**

MA HS seeks a FT, certified and experienced math teacher for the '21-'22 school year. Courses taught to be determined after analysis of school needs and dept. members' experience and skills. MA offers a wide range of math classes; versatility is a necessary trait of the successful candidate. Complete the application found at <http://www.sau45.org/district/employment> and submit it by March 5, 2021 along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

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**Moultonborough School District
General Music/Band Teacher, Grades 6-12**

MSD is seeking a certified full-time General Music/Band teacher for grades 6-12 for the 2021-2022 school year. Complete the application found at <http://www.sau45.org/district/employment> and submit by March 3, 2021, along with a cover letter, resume, transcripts, certification and 3 current letters of reference to: K. Robinson, SAU Office, PO Box 419, Moultonborough, NH 03254 or email all documents to: krobinson@sau45.org

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Derby brings families, friends to the ice



PHOTOS BY ERIN PLUMMER
Jon King and Keith McCarthy pull out their latest catch. They released it a few seconds later.



Brett Eggleston checks a line with Arianna Dube and Lila Eggleston.



COURTESY PHOTOS
The members of Troop 243 serving food to visitors on the ice.



BY ERIN PLUMMER
COURTESY PHOTOS
Boy Scout Troop 243 of Gilford sold food on the ice at Meredith Bay as a fundraiser and troop activity. From left to right: Alex Wallace, Assistant Scoutmaster Chandler Jones, Oliver Leandro, Landon Jones, Sebastian Jones, Patrick Gandini, Derek Kelly, Kyle Gandini, and Scoutmaster Courtney Kelly.

mernews@salmonpress.news
MEREDITH — The Great Meredith Rotary Ice Fishing Derby brought out tens of thousands of people to the ice, including many families, groups of friends, local organizations, and so many others for a fun weekend outside. Despite some changes in the derby due to the pandemic, bob houses and tents still dotted Meredith Bay over the weekend, bringing out people from all over New England and beyond.

Mark Hallee and Cory Strout of Litchfield both came up to the tourna-

ment for the first time. The two are avid anglers and were looking for someplace fun to go. “It’s always looked like a good time,” Hallee said. Over the weekend they did catch some fish including perch and pickerel, but nothing significant. Meeting people on the ice was one of the best parts of the experience. “It seems everyone we’ve talked to seems in good spirits,” Hallee said. Both said they definitely want to come back another year. Members of the Dube

came up Danville for a fun weekend on Meredith Bay.

Belmont girls drop pair to Timber Wolves

BY JOSHUA SPAULDING
Sports Editor
BELMONT — The Belmont hoop girls took on Prospect Mountain in a pair of games last week, coming up just a bit short against the Timber Wolves in both contests. The week started with a home game for the Raiders, where they dropped a 45-30 decision to the Timber Wolves. Belmont led by an 8-4 score after one period, but the Timber Wolves held them to four points in the second quarter to take a 22-12 lead at the half. “We trailed by as many as 24 points in the second (half), but closed the gap to 10 with four minutes to go,” said coach Mike Andriski. “But we never scored again. “We played hard right to the end,” the Raider coach added. Rebecca Fleming fin-

ished with seven points and six rebounds while Morgan Hall had five points, 13 rebounds and 13 steals and Savannah Perkins finished with six points overall. When the Timber Wolves hosted Belmont later in the week, they picked up a 46-31 win. “We struggled shooting the ball, but the team played hard from start to finish,” Andriski said. Hall had 11 points and 10 rebounds to lead the Raiders while Courtney Burke had 10 points and 12 rebounds. Belmont hit only seven of 22 from the foul line and 11 of 53 from the field. Belmont is scheduled to host Franklin today, Feb. 18, at 6 p.m. and will playing Inter-Lakes next week, on the road on Monday, Feb. 22, and at home on Thursday, Feb. 25, both at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING
Rebecca Fleming drives past a Prospect Mountain defender in action last week.



Savannah Perkins drives toward the hoop in action last week against Prospect Mountain.

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