THURSDAY, SEPTEMBER 12, 2019

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Sanbornton resident tapped to fill select board vacancy

BY DONNA RHODES

drhodes@salmonpress.news

SANBORNTON - Selectmen in Sanbornton met last week with candidates who were interested in filling a vacancy on their board, which occurred when Selectman Katie North resigned effective Aug. 31 for personal reasons. After some deliberations, they chose Jim Dick to fill that seat until the March 2020 Town Meeting.

Selectman Tom Salatiello said that he felt all three candidates were well-qualified for the position, each bringing their own unique perspectives to the board.

"I think they would all do a decent job for the town, but unfortunately, we can only select one," he told Chairman John Olmstead.

Olmstead agreed and said the town was lucky in the fact that three candidates with good quali-



Jim Dick, a former commander in the U.S. Navy, was named the interim selectman for the Town of Sanbornton at last week's meeting of the Board of Selectmen, filling a vacancy on that board until the next elections in March of 2020.

ties came forward to offer their services.

In the end, the two agreed that Dick would be their choice. While he has only lived in Sanbornton for the past two years, he immediately showed a real interest in the town. He has been a member of the Library Board of Trustees, served as chairman for the Town Franchise Agreement Advisorv Committee, chairman of the town's Health Insurance Study Committee

and is a member of the Board of Directors for the Sanbornton Historical Society. Dick has been a frequent attendee at selectmen meetings as well as other town board and committee meetings SEE **VACANCY**, PAGE A10



Ghouls wanted for Tilton's inaugural **Zombie Walk**

drhodes@salmonpress.news

TILTON - Members of the Tilton 150th Anniversary Committee are on the hunt for some zombies who would like to participate in a special Halloween event on Saturday, Oct. 26, when the town holds its annual Downtown Trick or Treat festivities.

As trick or treating fun comes to a close at 6 p.m., the committee hopes to have 150 Zombies waiting in the wings at the corner of Prospect and Academy St. for some additional fun. Decrepit costumes and gory make-up are highly encouraged.

At 6 p.m., there will be a "rising" of the Zombies and at 6:15, they will begin

SEE **ZOMBIE WALK**, PAGE A10



Spaulding Youth Center was excited to host a special event on its scenic Northfield campus. The Friends of Spaulding Summer Celebration served as an opportunity for donors and supporters to reconnect as well as an opportunity to meet the Spaulding leadership team.

Spaulding Youth Center hosts Friends of Spaulding Summer Celebration

NORTHFIELD Spaulding Youth Center was excited to host a special event on its scenic Northfield campus.

The Friends Spaulding Summer Celebration served as an opportunity for donors and supporters to reconnect

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as well as an opportunity to meet the Spaulding leadership team. Guests enjoyed light refreshments as they networked and learned more about further opportunities to advocate for the organization's mission and children it serves. Attendees included private donors, corporate sponsors, current and previous board members, staff members, and a handful of new acquaintances invited by Friends of Spaulding. Alumni and some current students also joined in the festivities. The purpose of the Friends of Spaulding event was to celebrate those individuals and companies who consistently support the organization through direct donations and spon-

sorships, which are the backbone of Spaulding's fundraising.

"On behalf of Spaulding Youth Center, I was thrilled to welcome the Friends of Spaulding to campus for this special event," Cheryl Avery, Spaulding Youth Center's Director of Development & Community Relations. "The afternoon served as a wonderful opportunity for our faculty, staff and supporters to come together in honor of the children we serve. Since public funding covers only 90 percent of essential living, clinical and educational expenses, every donated dollar has profound impacts for each child on campus. The generosity and

SEE SYC, PAGE A10



Two cars and a motorcycle were destroyed in a collision on Route 106 in Belmont last Tuesday, leaving one man dead and a woman in critical condition.

Accident claims life of Laconia man

BY DONNA RHODES drhodes@salmonpress.news

BELMONT

Tuesday, Sept. 3, another three-vehicle accident occurred on N.H. Route 106 in Belmont, once again just north of Brown Hill Road, but this time the crash left one man dead and another woman seriously injured.

Police said the accident happened at 7:12 p.m. when a 2006 Chevy Aero driven by 53-yearold Tricia Abbott of Loudon crossed into the northbound lane of Route 106, just south of Seavey Road. It traveled approximately 300-ft. in the wrong lane before hitting a motorcycle that was heading north toward Laconia.

The motorcycle she struck was a 2016 BMW, SEE **ACCIDENT**, PAGE A10

HALL MEMORIAL LIBRARY

Tilton/Northfield

Monday, Sept. 16 Chess Club, 2-5 p.m. Crochet Corner, 4 p.m.

Bookers Reading Group, 6 p.m.

"And Every Morning the Way Home Gets Longer and Longer: A Novella" by Fredrik Backman - From the New York Times bestselling author of "A Man Called Ove," "My Grandmother Asked Me to Tell You She's Sorry," and "Britt-Marie Was Here," comes an exquisitely moving portrait of an elderly man's struggle to hold on to his most precious memories, and his family's efforts to

care for him even as they must find a way to let go. This is a tiny gem with a message you'll treasure for a lifetime." (Amazon)

Tuesday, Sept. 17 Spanish Club, 10 a.m. Tech Tuesday, 2-4

Wednesday, Sept. 18 Storytime, 10:30 a.m. For preschoolers and a caregiver. Stories,

rhymes, crafts, and fun

National Comic Book Day, 3 p.m.

with Miss Julie.

Listen to a Booktalk about new and exciting graphic novels. Sit and draw a comic strip as a group or on your own.

Thursday, Sept. 19

Talk International Like a Pirate Day, 10 a.m. to 8 p.m.

Stop by the library anytime for some fun pirate activities. We'll be watching Hook at 4 p.m., matey!

> Friday, Sept. 20 Sit and Knit, 2-5 p.m.

> > **New Items**

"The Nickel Boys" by Colson Whitehead

"Paper Son" by SJ Rozan "Sophia, **Princess**

Among Beasts" James Patterson "Spring" by Ali Smith "A Woman is No

Man" by Etaf Rum "The Right Swipe: A Novel" by Alisha Rai

Franklin VNA & **Hospice knows** language matters for those with substance use disorders

FRANKLIN — The ley-Smith, Director of National Institute on Drug Abuse lists New Hampshire among the top five states with the highest rate of opioid-involved deaths, 424 in 2017 alone. Yet substance misuse can occur with opioids, alcohol, stimulants, and a whole host of other substances. That's why this past month, a dedicated group of Franklin VNA & Hospice employees gathered together to learn about addiction, not just the ins and outs of opioid reversal drugs and how to recognize if someone might need them, but also the language of addiction and recovery.

The way we speak about addiction impacts the way a person with substance use disorder, or a person who cares about someone with substance use disorder, communicates with us. This can be the difference between someone asking for help or staying silent, and it's a much more likely scenario for us to encounter than needing to give someone Narcan.

Annika StanSubstance Misuse Prevention with Granite United Way, was on hand to present a compelling talk on exactly this topic.

"Referring to someone as a junkie, considering medication that helps with recovery a crutch, and the clean vs. dirty terminology that even well-meaning people use can stigmatize the illness of addiction," Stanley-Smith says.

Instead, we should recognize that people living with substance use disorder can be helped by medications as a treatment tool to help them begin to live in recovery. Stanley-Smith likens this to, "A person with diabetes who needs insulin to help control their blood sugar."

The National Council for Behavioral Health even has a clear handout that begins by noting, "Stigmatizing language perpetuates negative perceptions. Person first language focuses on the person, not the disorder."

And this notion of fo-

cusing on the whole person is true for all of us. Just as having diabetes or being a parent may be a part of who we are, it isn't the whole.

Tabitha Dowd, Executive Director for Franklin VNA & Hospice, says, "The consequences of substance use cause much suffering and are major public health and economic problems. Data indicates that substance-related consequences introduce systematic bias and degrade the validity of caring throughout the systems. Using language that takes away the stigma of substance misuse can allow a person with substance use disorder to ask for help. Those are the invaluable opportunities we can create with our words and our behavior. Each of our patients and community members is a whole person. Our services support that, and we need to ensure that our language when discussing substance use disorder, supports that as well. "



New Town Clerk/Tax Collector takes the reins

At last week's selectmen's meeting in Sanbornton, Julie Lonergan was sworn in as the town's new interim Town Clerk/Tax Collector. Delivering the Oath of Office was Chairman John Olmstead as Selectman Tom Salatiello looked on. Following the resignation of the most recent TC/TC, Lonergan will fill the position until the next election in March of 2020.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Aug. 30 to 29, of Manchester was

Gabriel James Rogers, age 19, of Belmont was arrested on Aug. 30 for Criminal Trespassing, Domestic Violence-Assault, Unlawful Possession of Alcohol.

Matthew N. Creswell, age 40, of Belmont was arrested on Aug. 31 in

connection with a warrant issued by the Pittsfield Police Department.

Shawn M. Foster, age arrested on Sept. 1 for Criminal Threatening.

Melissa Sylvia, age 40, of Laconia was arrested on Sept. 3 for Disobeying an Officer, Driving After Revocation or Suspension, and Loitering.

Jonathan M. Hess, age 36, of Canterbury was arrested on Sept. 4 for Operating Without a

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Joseph M. Thom, age 29, of North Woodstock was arrested on Sept. 5 for being a Felon In Possession of a Dangerous Weapon and providing False Information in order to Secure a Firearm.

Helen Wells, age 28, of Manchester was arrested on Sept. 5 for Driving After Revocation or Suspension and operating a vehicle with a Suspended Registration.



Northfield PD announces promotion

NORTHFIELD POLICE LOG

Northfield Police announced last week that Michael Fitzherbert, a full-time officer with the department since 2014, was recently promoted to the rank of Sergeant.

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NORTHFIELD

During the week of

Aug. 26 – Sept. 1, the

Northfield Police De-

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partment responded to 309 calls for service

and made the following arrests: Theresa Vintinner, 34, of Laconia was arrested for Suspension of Vehicle Registration

and Driving after Revocation/Suspension. David J Bielunis, 31,

of Northfield for Oper-

ating as a Certified Habitual Offender.

Jason Furnari, 39, of Northfield on an arrest warrant for Assault.

Michael Provenzano 29, of Franklin for Driving after Revocation/Suspension and Operating w/o Valid License.



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Week of 9/13 - 9/19

THE PEANUT BUTTER ART OF RACING PG-13 IN THE RAIN

FALCON Friday & Sat.: 12:45, 3:45, 6:45, 9:20 PM Sun.-Thurs.: 12:45, 3:45, 6:45 PM

IT CHAPTER TWO Friday: 12:30, 4:00, 7:30, 9:20 PM

Sun.-Thurs.: 12:30, 4:00, 7:30 PM

Daily: 1:00, 4:00, 7:00 PM

PG

Join us for the advance screening of Downton Abbey Thursday 9/19, at 7:00

Come try our new luxury leather recliners with footrests facebook Find us online at: BarnZs.com



Courtesy

Laconia Elks donate to Veterans Home

On Aug. 29, the Laconia Lodge of Elks #876 was honored to make a donation of \$1,500 to the New Hampshire Veterans Home in Tilton. Proceeds were raised from the 2019 Cruise Night fundraiser event held at the Laconia Elks Lodge in July. The proceeds will be used for the Resident Benefit Fund, a fund used to provide quality of life activities for the resident veterans. Once again, the Elks have shown their commitment to honoring our nation's heroes, the vet-

Ready Set Connect Autism Center now open in Tilton

Crotched Mountain's ABA
Program for Children
Expands to the Lakes Region

TILTON—On Sept. 9, Crotched Mountain Foundation opened the doors to a brand new Ready Set Connect autism center in Tilton. Ready Set Connect provides Applied Behavior Analysis (ABA) Therapy to children with an autism diagnosis in a fun, supportive group setting. The center has additional locations in Manchester and Concord.

Ready Set Connect serves children as young as two years old. When a child receives an autism diagnosis, they are eligible to receive ABA Therapy, which is typically covered by both private insurance and Medicaid. Following a comprehensive assessment performed by a Ready Set Connect Board Certified Behavior Analyst, a behavior plan is created and then implemented over the course of each day the child attends.

In addition, Ready Set Connect offers social skills programming for older, school-age children with autism. Regular parent consultation and trainings are available to families.

For more information about Ready Set Connect and to learn about enrollment, please call 547-1430 or visit readysetconnect.org.

7-1430 or visit readysetconnect.org.
About Crotched Mountain Foundation

Crotched Mountain Foundation is a charitable organization founded in 1953 with a mission to serve individuals with disabilities and their families, embracing personal choice and development, and building communities of mutual support. Crotched Mountain provides day and residential special education at Crotched Mountain School, accessible recreation, and community and residential support services for people in New Hampshire, New England, and beyond. For more information about Crotched Mountain, please visit cmf.org.



Peabody Home hosting Cruise Night

FRANKLIN — Peabody Home in Franklin is excited to announce they're hosting their second Annual Cruise Night, on Thursday, Sept. 12 from 4 to 7 p.m.!

This is a free, family-friendly event open to the public. There will be popcorn and root beer to snack on while checking out all the great cars. Anyone is eligible to bring their car to showcase it during this event at no additional cost. Donations will be accepted for the Peabody Home Activities Fund. This event is going to be one you don't want to miss! Sept. 12 starting at 4 p.m. (rain date: Sept. 19). Bring a friend!

Peabody is a not-for-profit, private pay organization. The caring staff provides guidance in the financial planning of continuum of care; where no resident pays an entrance fee. A unique senior living community nestled in the heart of a cozy New Hampshire town, Peabody Home offers personalized living space, rewarding activities and experiences to every resident.

The 24 hour on-site licensed nursing staff and physician partnership, for all residents, ensures the entire family has peace of mind.

Celebrate the arrival of fall in Belmont

BELMONT — As part of the Town of Belmont's 150th anniversary in 2019, a celebration of the fall season and the wonderful walking trail along the Tioga River is planned for Sunday, Oct. 6 from 2-4 p.m.

The B&M (Boston and Maine) Rail Line played a significant role in the history of the town in the late 1800s and early 1900s. With one of the stops in the village area across the Tioga River to the right of the Belmont Mill,

it not only transported freight, but also residents and visitors to the area. In the past few years, town administration and volunteers have worked hard to create a beautiful recreation trail that follows along the old rail bed. This trail incorporates two covered bridges made from a pedestrian bridge purchased in the past from the city of Dover.

This October, come enjoy toe-tapping music by the Jordan Tirrell-Wysoc-

ki Trio (www.jordantwmusic.com) featuring fiddle, upright bass, and guitar. The band will be playing on a special outdoor stage set up close to the first bridge, known as "Slippery Rock Crossing". Bring your chair and your walking shoes so you can take a leisurely stroll on the trail along the Tioga River. Many people have already discovered this new gem and are using the trail for both walking and bicycling activities. During

our celebration on Oct. 6, prizes will be distributed along the way to the second bridge to promote a healthy lifestyle. It may become your new "favorite spot" for recreation.

Refreshments will be served during the event, with restrooms nearby at the Tioga Pavilion. For more information, please contact Gretta Olson-Wilder, Special Events Coordinator, at 998-3525 or email events@belmontnh.org.



Tracy Lewis at 444-3927 or email: tracy@salmonpress.news
Beth Tobyne at 279-4516 ext.110 or email: beth@salmonpress.news

A4 Thursday, September 12, 2019 WINNISQUAM ECHO

STRATEGIES FOR LIVING

When a prostitute crashed the party

Simon the Pharisee was a gracious host and Jesus was his guest. But for this self-righteous Pharisee, the otherwise pleasant evening meal turned into a nightmare: a prostitute crashed the party.

In oriental fashion, Jesus and the Pharisee would have been reclining on divans on three sides of a low table. Jesus was no doubt given a cushion and lay on his left arm with his head towards the table, his feet, un-sandaled, stretched out behind. This left His right arm free with which to eat and made it possible for servants to rinse His feet during the banquet.

At some point during the banquet, the lady sneaked into the dining room. Leaning over Jesus' feet, she washed His feet with her tears and wiped them with her hair. And then, in an act of remarkable sacrifice, she broke open the alabaster jar, worth a year's salary for a common laborer, and anointed His feet.

We have no record the woman ever talked with Jesus. She did not admit to her life of sin and she did not ask for God's forgiveness. But in her act of love, she indicated the place Jesus occupied in her life and that was enough. "Your faith has saved you," Jesus said. "Go in peace."

And she was not alone. On another occasion, a group of self-righteous Pharisees brought to Jesus a woman who had been "caught in the very act of adultery." Presuming He would "read her from the book" they were astounded when He said, "He who is without sin, let him cast the first stone."

No one raised a hand against her, and shortly Jesus said to her, in my words, "Sweetheart, where are vour accusers? Look ... I don't condemn you either. Go ... and just don't sin anymore, OK?"

That's God, and the marvel of His love is that no one is beyond His reach. When God intervenes, depravity does not determine one's destiny. Ours is a God of second chances.

I still recall the evening a teenager, whom I shall call Jennifer, came by invitation as a special guest to our Church's teen group. Perhaps fourteen years of age, her eyes were glazed over and she was staggering as if in a drunken stupor. She was hooked on Quaaludes (which she was getting by ripping off her grandmother) and claimed that evening to having taken thirteen! Perhaps ... but if true, it should have killed her.

But Jennifer found a group of people who cared and within months committed her life to Jesus Christ. To detox and put her life back together she enrolled in a Texas Bible School sponsored by David Wilkerson and Teen Challenge.

You can imagine my surprise when, perhaps a year later, Jennifer phoned me, ecstatic beyond words. Despite severe brain damage brought on by the Quaaludes, she had just excelled on a test that called for the memorization of a large number of Bible verses. As thrilled as she was astonished, she was on the road to recovery.

It is amazing to see what God can do with a willing heart. A penitent prostitute, a brain-damaged teenager, and countless others have discovered there is no limit to the change that comes to a life open to His love. Our God is more than willing to take us from where we are and transform us into what we ought to be. But He does so only by invitation.

For further thought, follow me at indefenseoftruth.net.

Send your letters!

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Our fax number is 279-3331. Or, you can e-mail us at echo@salmonpress.news Please include your name, address and phone number.



Fundraiser fuels dreams of Special Olympians

Tilton police officers and members of their Police Explorers program were one of many law enforcement agencies to team up with Special Olympians at Circle K gas stations across the state last Saturday for their annual Fueling for Wishes fund raising campaign in support of Special Olympics NH.

LETTERS TO THE EDITOR

Thank you for supporting Project Pencil

To the Editor:

On behalf of the St. Vincent de Paul Children's Foundation, I would like to thank everyone-- local businesses, organizations, and individuals — who donated to this year's 30th Project Pencil Program.

Your donations helped make this year's program a great success! This year, we provided over 500 children in the Lakes Region with backpacks and back to school supplies. The support and generosity we received from businesses and individual donors was amazing.

A special "Thank you" goes out to Bert and Colton. These two fine gentlemen have delivered backpacks and supplies for me for a number of years. This program wouldn't have happened without them and the ladies who filled the hundreds of backpacks.

By combining our talents and working together it was a job well done. We can truly make a difference in the lives of the children in our community.

> Sincerely, Sue Page

St. Vincent de Paul Children's Foundation

VNA HEALTH CORNER

Veggies - More Matters Month? Did you know that adding more fruits and veggies to your plate can help you lose weight, lower your risk of some cancers, and improve your heart health? Did you know that apples do all those things? Yes, the humble apple of doctor-deterring fame does all those things and more! In fact, a 2005 study in the Journal of Alzheimer's Disease found that aged mice who received apple juice concentrate

tioxidant benefits from

the apples. Far from steering you to only loading up on apples, this should encourage you to make plantbased eating of all kinds a regular meal choice. If apples can do all this, and more, for your health, think of how powerful your meals can be if you incorporate different kinds of fruits and veggies into every meal.

It doesn't have to be expensive, you can pick what's on sale in your

at the peak of their freshness before being frozen. If canned fruits and vegetable are a more accessible option, take a peek at the label to make sure you're not getting high amounts of sodium or sugar in what should be a wholesome dietary addition.

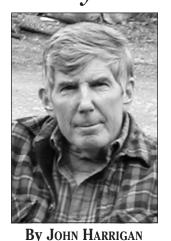
With Internet searches or a trip to the library you can find a few new recipes to try if you aren't sure how you like your zucchini or tomatoes. There's even sever-

FRANKLIN — Did performed better than local veggie section and all recipes developed for you know that Septem- their peers in memory frozen vegetables are sneaking vegetables into ber is National Fruits & tests, likely from the an- cost efficient and picked a dish for picky kids, or adults, that are meant to hide rather than showcase their power-packed vegetable ingredients.

Scientific research and taste buds agree, adding a variety of fruits and vegetables to our meals can benefit us from our wallets to our waistlines and help keep us healthy and strong in the process. So this September, remember that apple a day, and that broccoli, oh, and those sweet peas, too...

NORTH COUNTRY NOTEBOOK

No way could that have been an armadillo in the ditch



COLUMNIST

At about this time of year, many birds of prey in the Far North begin their fall migrations southward, folding up their tents for another year. Some sail right on through and make their trips in a day or two. For others, it's a far more gradual move as they hunt the snow-line, that fuzzy space across the



JOHN HARRIGAN

The Connecticut River valley is one of northern New England's flyways for birds of prey repositioning themselves for the winter, like just so many commercial aircraft.

map where rains turns to sleet and snow, a zone moving inexorably southward.

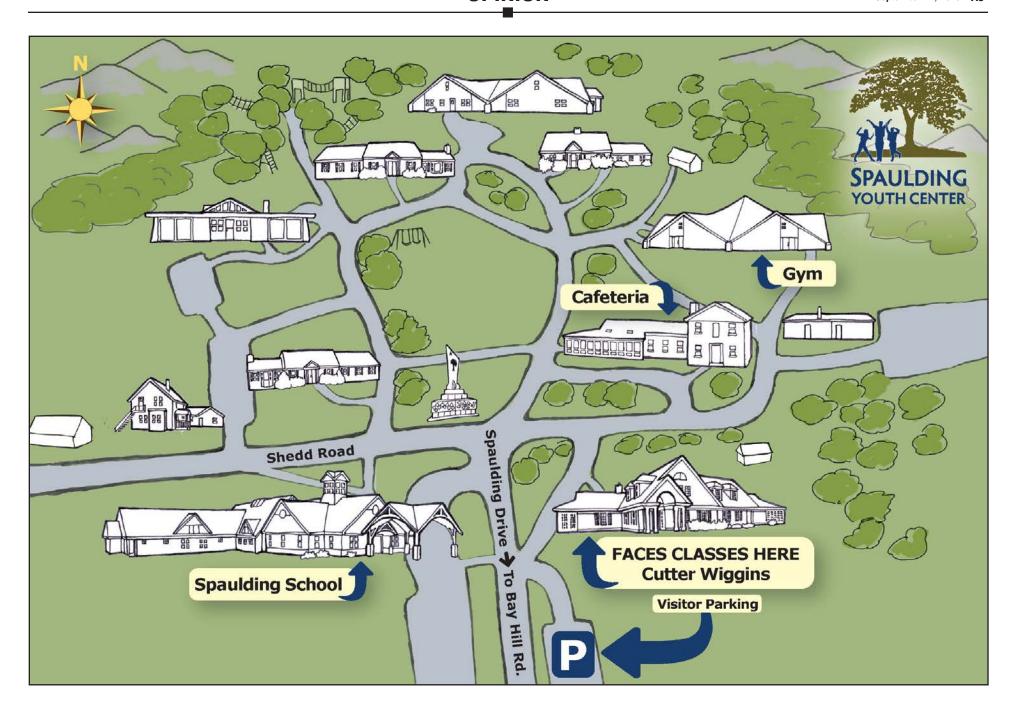
The availability of food is the big item for the slow movers. They hunt their way down, flying high on clear days and following the valleys when the low-lying clouds roll in. Some hunt their way down the

great rivers---the Connecticut, Androscoggin, Kennebec, Penobscot, St. John. If they're used to hunting estuaries and coastlines, they catch a bit of an open-water break and can fly late.

Birders wait and watch for this seasonal repositioning, and stake out the great notches and lesser-known high

spots and defiles, just to see some of the great birds of prey pass by. I always watch for the seasonal notes.

The recent Moose Mountain Regional Greenways newsletter carried a squib about the annual Hawk Watch at Birch Ridge Community Forest in New Durham, SEE **NOTEBOOK**, PAGE A10



Spaulding Youth Center to host Foster and Adoptive Care Essentials (FACES)

NORTHFIELD Spaulding Youth Center will be hosting the Foster and Adoption Care Essentials (FACES) series on their Northfield campus beginning Oct.

Offered by the Granite State College Education & Training Partnership, the series is free and open to the public. Anyone who may be interested in becoming a foster or adoptive parent

can pre register online for one module or the whole series by visiting https://cwep.granite.edu/.

Schedule

Please note, each module can be attended individually.

Tuesday, Oct. 8 Regu-

FACES Fall Series

Tuesday, Oct. 1 Orien-

The Developing Child

tation 5:30 8:30 p.m.

lations 5:30 8:30 p.m. Tuesday, Oct.

For questions or more information, please contact Dawn Fontaine, 286 8901, ext. 285 or dfontaine@spauldingyouthcenter.org.

Tuesday, Oct. 22 The

Tuesday, Oct. 29 Ex-

Tuesday, Nov. 5 Pro-

Tuesday, Nov. 12

Connections

Effects of Childhood

periencing Grief and

moting Positive Behav-

Trauma 5:30 8:30 p.m.

Loss 5:30 8:30 p.m.

ior 5:30 8:30 p.m.

Lifelong

5:30 8:30 p.m.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children

and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those

who have experienced sig-

nificant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center

is a $tax \ exempt \ 501(c)(3)$ nonprofit. For information about Spaulding Youth Center, visit www. Spaulding Youth Center.

WINNISQUAM REGIONAL SCHOOL DISTRICT

The Winnisguam Regional School District Budget Committee has one vacancy on the committee it seeks to fill from the town of Tilton until the next annual meeting of the School District. Those wishing to apply must be a resident of the Town of Tilton and a registered voter. Interested candidates should send a letter stating their intentions and qualifications by September 16. 2019 to:

Chairperson

Winnisquam Regional Budget Committee 433 West Main Street, Tilton, NH 03276





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Town of Northfield **Zoning Board of Adjustments** Monday, September 23, 2019 at 7:00 pm

Town Hall, 21 Summer Street **AGENDA**

- 1. Minutes August 26, 2019
- 2. Keith Lamanuzzi Application for Variance to construct an addition to existing garage within the set-backs located at 20 Shedd Rd (Map U15- Lot 5-1) in the Conservation Zone.
- 3. Theodore & Elizabeth Begin Application for Variance to enclose a portion of the existing deck within the set-backs located at 156 Sandogardy Pond Rd (Map R08- Lot 57) in the Conservation Zone.
- 4. Other Business

This is a public meeting and citizens are invited to attend. Application information is on file at the Town Hall or at www.northfieldnh.org.The Town of Northfield complies with the Americans with Disabilities Act regulations. Please contact the Selectmen's Office at 286-7039 if you need special assistance in order to attend this meeting.

Elizabeth Lachapelle, Ph. D. **Licensed Psychologist**

Central Psychological Services, LLC, announces the close of her private practice. Written requests for transfer of records should be sent to: P. O. Box 42, Plymouth, NH 03264 or to secure fax (855)-399-8331.



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NH Humane Society

This sweet seven year old has been at the shelter since July, and has waited patiently for a new family to enjoy his retirement days with.

Koda is looking for a family with children 12 or older, potentially another doggy friend, but no cats or small animals. Koda is very social, outgoing and sweet, and knows tricks like sit, down and paw! Even older dogs can still learn new tricks, especially if they are foodmotivated, as Koda is!

Please come by and meet Koda. He's got a lot of love to give his new family!

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Michael S. Mitchell, 53

Text TILTON — Michael S. Mitchell, 53, of Tilton, died unexpectedly at his home on Sept. 7,

He was born in Lewiston, Maine on March 9, 1966, the son of Larry Mitchell and Ruthann (White) LeBlanc. He graduated from Livermore Falls High School, and also attended art school in Maine.

Michael was currently employed at MADEIRA USA in Gilford as a manufacturing supervi-

Also, alongside his loving wife, they created Mitchell Comics, which brought forth a series of NH historical titles as well as numerous colorful and imaginative action and adventure com-

Family members include his wife, Michelle (Young) Mitchell of Tilton, and their five children (Lindsay Dutton of Belmont, Emily Reifsnyder of Belmont, John Reifsnyder of Gilford, and Kyle and Brandon Mitchell, both of Jay, Maine), as well as six grandchildren, (Darren, Abigail, Hailey, Sawyer, Crystal, and Henry);



his mother, Ruthann LeBlanc of Maine; his sister, Kim Luxedor of Connecticut; his brother, Jeremy Mitchell of Maine; and his nieces and nephew.

Michael inspired many by sharing his art and his love for creating. His legacy will carry on through his books, illustrations, stories, and memories shared by friends and loved ones.

Paquette-Neun Funeral Home in Northfield is assisting his family, and an online guestbook is available at www.neunfuneral-

Isabelle R. Stanley, 92

FRANKLIN — Isabelle R. (Simmons) Stanley, 92, a new resident of the Merrimack County Nursing Home died there Friday, Aug. 23, 2019 following a period of failing health, with her daughters at her side.

Isabelle was a resident of Franklin for most of her life, and was born in Belmont, March 14, 1927, daughter of the late Elmer H. Simmons, Sr. and Beatrice A. (Brusseau) Simmons.

Isabelle attended schools in Lochmere and Tilton. She was a longtime employee of the Merrimack County Nursing Home in the housekeeping department, working there for over 20 years. She looked forward to outings with her girls; going out to eat and of course shopping. She was often found reading and watching game shows on TV; keeping her mind active. Isabelle was the widow of the late William D. Stanley Jr. who died in 2016.

Her family includes her son, David B. Chamberlain and his wife Gloria of Hopkinton, his daughters, Anne



M. Keefe of Franklin, Linda I. Stern of Peoria, Az. and Cynthia S. Stanley of Ripton, Vt.; a brother, Elmer H. Simmons, Jr. of Tilton; and numerous grand and great-grandchildren.

Following Isabelle's request, there are no calling hours. A graveside service will be held Friday, Sept. 13, 2019 at 11 a.m., next to her Hampshire State Veterans Cemetery, 110 D. W. Highway in Boscawen.

Assisting the family is the William F. Smart Sr. Memorial Home of Tilton.

Those wishing may make a contribution in Isabelle's name to the activity fund, Merrimack County Nursing Home, 325 Daniel Webster Highway, Boscawen, NH 03303 or to the



homes.com.

Payson Center for Cancer Care, Concord Hospital, 250 Pleasant St., Concord, NH 03301.

For more information, go to www.smartfuneralhome.com.

Kathleen Whittemore LeBel, 74

BARNSTEAD Kathleen W. LeBel, 74, a longtime resident of Sanbornton, died Wednesday, Sept. 4, 2019 at her home in Barnstead following a period of failing health.

Kathy was born in Worcester, Mass., July 31, 1945, daughter of the late Henry and Sadie (Russell) Whittemore. She moved from Grafton, Mass. to Sanbornton in 1972. Kathy was a graduate of Millbury High School, Millbury, Mass., class of 1963, and earned her nursing credentials from Worcester - Hahnemann Hospital in Worcester, Mass. in 1966.

A registered nurse, worked Kathy healthcare for over 25 years in nursing homes in Massachusetts and New Hampshire, including The Peabody Home Franklin and Golden View in Meredith. She was always conscious and concerned about the aged folks in her

For many years, she served on various Sanbornton and Church projects and was as-



sistant Librarian in Sanbornton for several years. She attended the Sanbornton Congregational Church, UCC and was an active member. Kathy could found manning the bake sale at any church fundraiser or in the kitchen making chowder. She shared her love of baking and cooking with all those around her. When she wasn't baking, canning, making candy, or cooking, she could found crafting. She loved to knit, crochet, sew, and weave baskets. She loved to sit and create things while telling stories to family and friends.

In the winter she would walk the beach near her home in Nokomis, FL and would participate in the local craft fairs. She was predeceased by her parents.

She leaves her husband of 47 years, Edwin P. LeBel of Barnsted; daughters Jennifer A. Tedcastle and husband Brian Tedcastle of Barnstead, Christine L. LeBel and husband Jason Skloss of Placitas, N.M.; grandsons Christopher and Benjamin Tedcastle of Barnstead; and sister Karen Howard of Grafton, Mass.

Following the wishes of Kathy, a backyard party in celebration of her life will be held at 22 Parade Circle in Barnstead at 1 p.m. Saturday, Oct. 12, 2019.

Those wishing may make memorial donations in her name to the Sanbornton Congregational Church, 21 Meetinghouse Hill Rd., Sanbornton.

Arrangements are under the direction of the William F. Smart Sr. Memorial Home in Tilton.

For more information, go to www.smartfuneralhome.com.

Grown ups want camp, too

Prescott Farm invites adults to hone their wilderness skills during inaugural "Beginner Bushcraft Overnight"

LACONIA - Camp envy happens.

Every summer, parents and grandparents dropping off children at camp lament aloud one universal desire: "I wish I could go to camp here!"

Prescott Farm Environmental Education husband, at the New Center has heard these pleas and now presents the answer to summer camp envy: Beginner Bushcraft Overnight.

> On Saturday, Sept. 21 (1 p.m.) through Sunday, Sept. 22 (10 a.m.), adults who want to get away from it all and improve their outdoor living skills will be guided through the basics by Prescott Farm's Wild-Quest camp director, Jake Newcomb.

"We are so happy to be able to offer this unique opportunity," Newcomb said. hear frequently from the adults who attend our programs or send their kids to Wild-Quest Camp that they would like a chance to improve their own outdoor skills in a supportive, hands-on at-



Jake Newcomb will welcome outdoor enthusiasts of all skill levels during the Beginner Bushcraft Overnight on Saturday,

Sept. 21 - Sunday, Sept. 22 at Prescott Farm. mosphere. It's going to be a great afternoon,

evening, and overnight experience!" Newcomb, who is

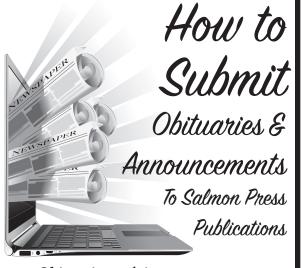
an environmental educator with extensive experience in hiking, backpacking, ing and bushcraft, will guide participants in outdoor wilderness skills, including shelter construction, building and cooking over a fire, knot tying, and gathering water.

"When the program ends, participants will be more comfortable and knowledgeable in the woods," Newcomb said. "Their time here

will allow them to enjoy their future camping experiences more, or take their outings to another level."

For more information or to register, visit prescottfarm.org or call Jake at 366-5695.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty years, Prescott Farm has been a destination for people of all ages to learn about New Hampshire wildlife, ecology, natural history and cultural history through handson public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with over 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural Play-Scape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For more information about Prescott Farm and all of its programming and ways to help, please visit www. prescottfarm.org.



Obituaries and **Announcements** of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary **announcements** are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format. Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 101 with any questions regarding the submission process.







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Main St., Plymouth, NH 536-2625.

LRSO announces 2019-2020 season

MEREDITH — The Meredith-based Lakes Region Symphony Orchestra (LRSO) is pleased to announce its upcoming 2019-2020 sea-Celebrating our 44th year, the LRSO introduces its concert lineup beginning Saturday, Nov. 2 at 7:30 p.m. at Inter-Lakes Auditorium in Meredith.

Our season opener on Nov. 2 features the winner of the LRSO's 2019 Student Concerto Competition, outstanding pianist Brigham Parker from Merrimack, performing Tchaikovsky's "Piano Concerto No.1." Also on the November program the LRSO dazzles with "Overture to the Barber of Seville" by Rossini and Tchaikovsky's fabulous "Symphony No. 2, 'Little Russian."

Our dual holiday POPS concerts return on Saturday, Dec. 14 and Sunday, Dec. 15. Back by popular demand is vocalist Michael Gallagan as our featured guest. Michael has performed with the LRSO at our holiday concerts, and in our recent Sinatra tribute, and will be singing an all-new holiday program with favorites by Seth McFarlane, Harry Connick, Jr., Donny Hathaway, Michael Bublé, and more. Get tickets early.

On March 28, 2020, we present a virtuosic classical guitar performance of the Tedesco "Guitar Concerto in D Major" by renowned guitarist David Newsam. Newsam teaches at Berkeley College of Music and UNH, and actively tours throughout New England. He has performed with many well known musicians including Jim Hall, Bucky Pizzarelli, pianists Dave McKenna and James Williams, drummers Ed Shaugnessy and Louis Bellson, and jazz legends Clark Terry, Phil Wilson, Joe Williams and Milt Jackson. Also on the March program, we present the fiery "Rakoczy March" by Berlioz, the sublime "Prelude to Afternoon of a Faun" by Debussy, and Beethoven's historic "Symphony No. 6, 'Pastoral."

LRSO ends its season with two fabulous concerts on May 16 and May 17, 2020 featuring a fabulous array of hits from "Broadway Then and Now." Ashley Whalley delighted audiences in our May 2019 pops concerts with her renditions of Streisand hits, and this season's audiences

are sure to enjoy her interpretations of timeless Broadway classics from "Kiss me Kate," "Guys and Dolls" and "Cabaret" through the modern classics of "Wicked," "Beautiful, the Carole King Musical" and "Waitress." You may know her from her dynamic starring roles in multiple Inter-Lakes Summer Theatre productions, including Cassie in "Chorus Line," Eva Perón in "Evita," and her starring role in the Winnipesaukee Playhouse's production of "Chicago."

Tickets are available now at www.LRSO.org/ tickets or by phone at 800-838-3006. Individual tickets are \$20 for adults and \$10 for students. Visit our web site at www. LRSO.org for details.

We wish to thank our corporate sponsors Bank of New Hampshire, Fay's Boat Yard, and Bellwether Community Credit Union, and our individual sponsors Mike and Evelyn Miller, and the Robert Smith Family Trust, for their continued support. We cannot do what we do without their generous assistance.

About The Lakes Region Symphony Orches-

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 30 communities in the Lakes Region and beyond. For more than 40 years, the Orchestra showcases young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

LRCS Family Resource Center strengthening families, communities through parent education

LACONIA Family Resource Center of Central New Hampshire, 719 No. Main St., Laconia, is offering a wide variety of parenting programs this fall for parents of children of all ages.

Most classes are held in the early evenings and are offered free of charge, with free dinner and childcare available on-site each evening for families in attendance. Advance registration is requested for each program as space is limited. Assistance with transportation may be available with advance notice and approval.

Parenting classes scheduled for this fall include the following:

Sober Parenting Journey (14 weeks beginning Sept. 10): For parents who are in recovery from addiction, this class provides a valuable source of fellowship and support, and enhances awareness of triggers that may bring about relapse. Personal recovery, accountability, positive actions, and parenting challenges are only some of the topics discussed by group members. Participants should have at least 90 days of sobriety prior to the start of class

•Parenting the Second Time Around (8 weeks beginning Sept. 10) offers support to grandparents and other relatives who are parenting again, covering topics such as child development, discipline, caring for yourself as a caregiver, rebuilding a family, and legal issues

•Positive Solutions for Families (6 weeks beginning Sept. 19) De-

preschool-aged children (two and-a-half to five years), participants will learn how to promote children's social & emotional skills, understand children's problem behavior, and use positive approaches to help children learn appropriate behavior. Topics include: building relationships, play, clear expectations, managing emotions, promoting positive behavior, &

building routines. Call Tricia Tousignant, Family Resource Center, at 528-0391, or email tricia.tousignant@lrcs.org for more information or visit

signed for parents of lrcs.org and review our Schedule of Current Parent Education Programs at the Family Resource Center page. Attendance certificates will be provided at all parenting programs sponsored by LRCS' Family Resource Center of Central New Hampshire.

> For hundreds of families living in the Lakes Region each year, the Family Resource Center of Central New Hampshire, a program of LRCS, offers respectful, non-judgmental education, early intervention, and support to assist families in their efforts to meet needs, make positive

and prepare children for success today and tomorrow because the Family Resource Center believes strong families lead to strong communi-

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals developmental disabilities and/or acquired brain disorders, and their families. A dynamic human services SEE **RESOURCE CTR.**, PAGE A9

WINNISQUAM REGIONAL SCHOOL DISTRICT

The Winnisquam Regional School District Budget Committee has one vacancy on the committee it seeks to fill from the town of Tilton until the next annual meeting of the School District. Those wishing to apply must be a resident of the Town of Tilton and a registered voter. Interested candidates should send a letter stating their intentions and qualifications by September 16, 2019 to:

Chairperson

Winnisquam Regional Budget Committee 433 West Main Street, Tilton, NH 03276









Saturday Sept. 21th 7:30 PM 205 S. MainSt. **Brewster's Anderson Hall**

Ted Vigil -John Denver Tribute



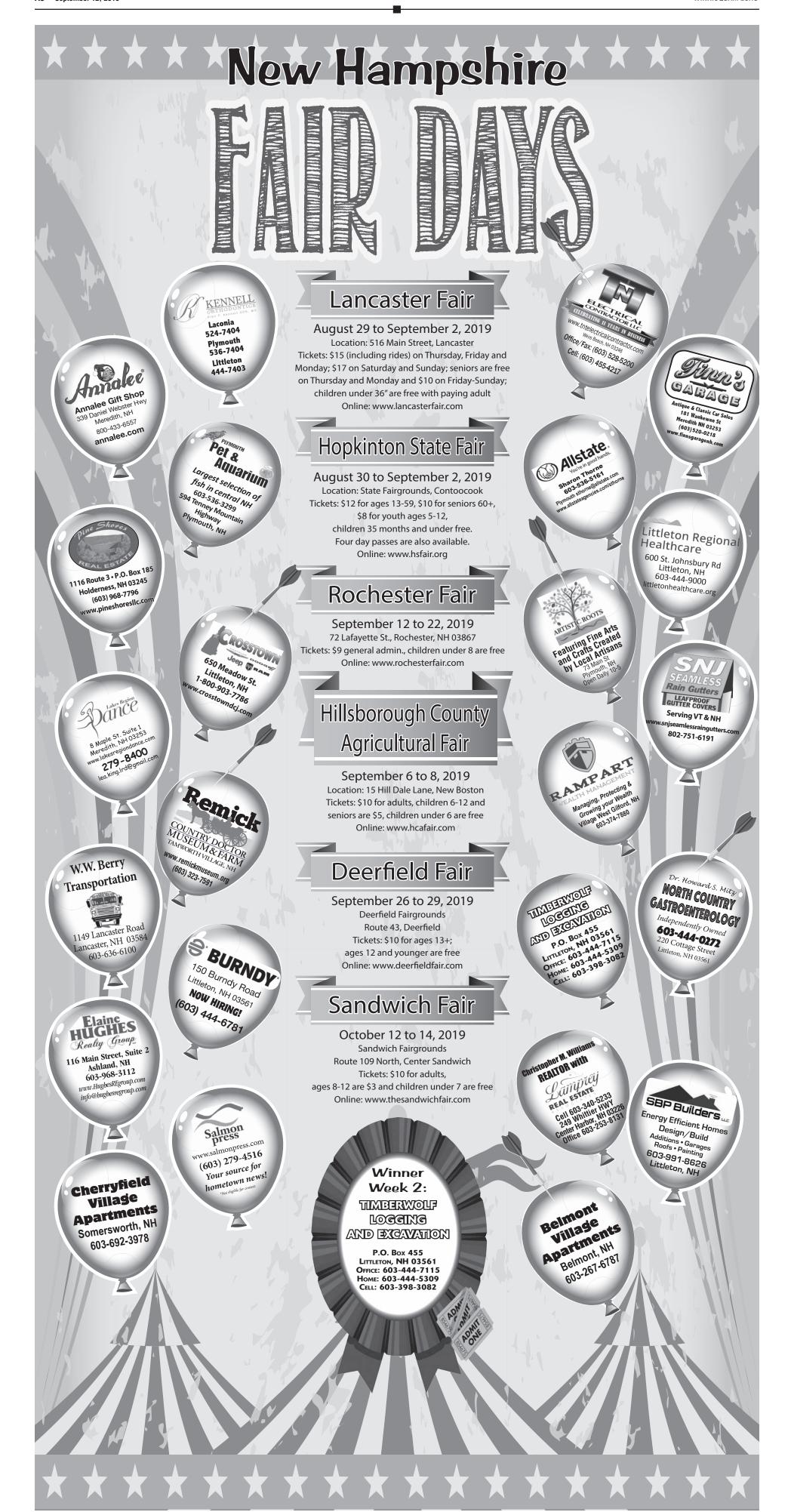
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A8 September 12, 2019 WINNISQUAM ECHO



Compass House provides new sober living option for women

LACONIA — Lakes Region Community Developers (LRCD), Horizons Counseling Center, and Navigating Recovery of the Lakes Region are partnering to create Compass House, a group home for women in recovery. Compass House will be located at 658 Union Ave., Laconia, and will accommodate up to eight women at a time.

LRCD will renovate the building, which previously served as its headquarters. Horizons will operate Compass House with support from Navigating Recovery. Renovations at Compass House are underway by Martini Northern. Construction is scheduled to be complete early this winter.

Compass House will provide a congregate living environment for women who have completed a residential treatment program for substance use disorder. Guests at Compass House must not have a household income higher than 80 percent of the area median income. Horizons plans to start accepting applications for Compass House this winter.

"This project is a great example of the work we seek to do under our expanded mission," said Carmen Lorentz, LRCD's Executive Director. "We have almost 30 years of real estate development experience, and we are pleased to put this expertise to work to meet a wider range of housing and community development needs in the region, in partnership with other organizations."

Throughout history, LRCD has focused on developing rental homes for families of low income. It now also develops affordable starter homes and community facilities such as Compass House.

"Many women in recovery in our comespecially munity, women of low income, do not have access to a safe, affordable, and supportive housing option," said Jacqui Abikoff, Executive Director of Horizons Counseling Center. "Compass House will fill this long-standing gap in recovery supports in the Lakes Region."

Horizons Counseling Center has provided quality outpatient substance use and co-occurring mental health disorders treatment and recovery services in the Lakes Region since 1987. Horizons currently the Belkmanages nap County Recovery Court and provides substance use disorder treatment and case management services for the Corrections Opportunity for Recovery and Education (C.O.R.E) program at the Belknap County Department of Corrections.

Each guest at Compass House will be paired with a trained recovery coach from Navigating Recovery of the Lakes Region. The guest will work with her coach to create, follow, and update a recovery wellness plan to serve as a roadmap for her as she moves toward independent living.

"When a person in recovery lives in a supportive environment like Compass House, she is much more likely to stay in recovery," said Daisy Pierce, Executive Director of Navigating Recovery. "Compass House will help us ensure that women in recovery in the Lakes Region have access to this critical recovery support."

Financing for Compass House is provid-



ed by New Hampshire Housing Finance Authority via a special appropriation the New Hampshire

Legislature made to the state's Affordable Housing Fund in 2017, specifically to increase housing options for

people in recovery from substance use disorder or those experiencing a mental illness. The New Hampshire

Women's Foundation also provided a grant for furnishings at Compass House.



Courtesy

Restorative Justice Program supports Project Pencil

Mike MacFadzen and Samantha Wooten of the Belknap Restorative Justice Program donate backpacks and school supplies to St. Vincent de Paul's Project Pencil Program. For the past 30 years, the St. Vincent de Paul Children's Foundation has supplied backpacks and school supplies to the local schools, child care centers and nonprofit agencies in the Lakes Region. Please contact St. Vincent de Paul at 524-5470 for more information.

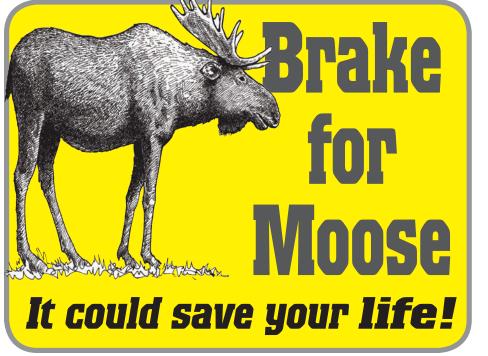
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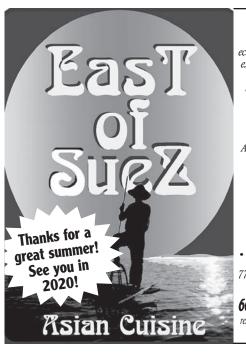
organization, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from birth through-

out their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths partnerships whether at the individual, family or community level. LRCS has offices in Laconia and Plym-

outh which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information contact Jim Hamel at 524-8811 or visit www. lrcs.org.







eclectic sampling of exotic cuisine from across Asia and the South Pacific, with a focus on Thai, Philippine, Japanese and Korean dishes. All are prepared to order with fresh, local produce, specialty condiments and internationally imported ingredients.

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NOTEBOOK

CONTINUED FROM PAGE A4

set for Saturday, Sept. 21, from 11 a.m. to early afternoon. These informal gatherings of like-minded people are a lot of fun, even as they touch on the serious side of things, keeping track of feathered friends that only a few generations ago were considered, by some people, worth only shooting out of the sky.

+++++

This past Friday as I rounded a bend in the road I caught a flash of unusually patterned color and a familiar dipsy-do flight path, and sure enough, it was a pileated woodpecker, one of a pair we've been fortunate to have hanging out on the hill for the past several years.

Of course, seeing was not necessarily part of believing, because the hammering a big pileated make knocking

SpauldingYouthCenter.

SYC

CONTINUED FROM PAGE A1 passion demonstrated by the Friends of Spaulding for our organization's mission is inspiring."

Financial support of Spaulding Youth Center helps provide vitally needed resources for children and youth. Beyond providing lasting childhood memories, donations support learning new skills and positive behaviors which will enable our children to lead meaningful and productive lives. To learn more about how to fulfill your professional or personal giving goals by supporting Spaulding Youth Center's mission, please visit http://www.

org/giving.

About Spaulding Youth Center

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501(c)(3)nonprofit. For information about Spaulding Youth Center, visit www. Spaulding Youth Center.

night will then wrap up with a group dance to the Michael Jackson classic hit song, "Thriller."

Organizers say there is no admission fee for the event, except perhaps their mortal soul. And while "warm-bodied" spectators are welcome, they do caution that those watching the creepy spectacle may "wind up as refreshments" for the creepers.

Residents of all communities and people of all ages are invited to grab their zombie gear U.S. Navv where as a and come out to join in the Halloween fun for Tilton's first ever Zombie Walk.

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~Lori Salvi, daughter of

Peabody Home resident, Mary Censato

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ZOMBIE WALK

CONTINUED FROM PAGE A1

"creeping" down Main St. toward Island Park. There, refrehments will be served and Halloween music will be provided by DJ Zomb Gorier (also known to most as Police Chief Bob Cormier).

Prior to creeping down Main Street each entrant will be given a number for a special zombie raffle that will also take place at the park. With many great prizes up for grabs, there are plenty of opportunities to win but people must be present at the time of the drawing. The

WELL DRILLING

"It truly feels

like home ..

out its inverted triangle holes can be heard far and wide. Still, it's always fun to actually see them.

Settlers and succeeding generations called these great birds Cock of the Woods. For some romantic reason, I always think of what was for me a landmark book, "Deep Enough for Ivory Bills."

+++++

Skunks and armadillos: what are these two creatures doing in the same sentence? For one thing, they would top most people's list of what they'd lots rather not see digging around on the front lawn.

For some reason (I'm knocking on wood here), what few skunks I see are not looking for a place to winter, but are just sort of cruising by. They stay around for a day or two and dig up a few grubs, and are gone. That's fine by me. I harbor no ill will for skunks, but the current dog (unlike past occupants) has never had an unfortunate encounter, and I certainly don't want one.

And that other thing...

Armadillos are moving north, like many other species, creeping their range northward just a bit more each year. Let's not forget that ticks (ugh) were never seen in many parts of New Hampshire's higher and northern climes until a decade or so ago, and are now, as the old saying doesn't go, as common as hen's teeth.

The other day, I met a vehicle on a tight corner, and was necessarily paying more attention to traffic than what was in the ditch. Still, I caught just a glimpse of a roundish sort of grey form alongside the road

and thought "armadillo."

No, please---not that. We've already been through enough. Let's hope it was a Fig Newton of my imagination.

+++++

Fish and Game's publication New Hampshire Wildlife Journal is something I watch for in the mail, a magazine I've been reading for years. From butterflies rattlesnakes---you never know. This issue carried

an interesting piece by Lindsay Webb titled "Intelligent Corvids," featuring, of course, ravens and crows. We've had a pair of ravens hanging around this summer, and it's been the usual circus watching the kids grow up and learn to fly. The crows are---well, crows, to me an always entertaining bird. People always seem to use "raucous" when they're

writing about crows. Okay, indeed, raucous.

When I was a kid, just a moment ago, crows were migratory, and first showed up in the spring up around Pollard's slaughterhouse, finding easy pickings off offal in the melting snow.

ravens make The great fun out of cruising by in the morning, setting off a chorus of startled and irritated faux-panic cawing by the half-dozen resident crows. The two species are cousins, in a distant sort of way, but close enough to carry out this little charade with no harm but to the early morning quiet.

(Please address mail, including phone numbers, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

ACCIDENT

CONTINUED FROM PAGE A1

which was being driven by William Ray, age 65, of Laconia, who died as a result of the collision.

Abbott was trapped, unconscious, inside her vehicle and had to be extricated with the Jaws of Life by the Belmont Fire Department. She was then airlifted directly from the scene to Dartmouth-Hitchcock Medical Center in Lebanon where she was listed in critical condition.

A 2015 Audi A5 was also caught up in the accident. Police said that 47-year-old Ann Bridgeman of Laconia was traveling behind Ray at the time of the accident and was consequently struck by both Abbott's car and the motorcycle. While her vehicle, like the other two, was totaled, Bridgeman was able to walk away from the crash with little to no injuries, Capt. Richard Mann reported.

Traffic on Route 106 between Seavey Road and Brown Hill was detoured for approximately eight hours as crews worked to remove the

wreckage and police began their investigation into the accident. Mann said officers from both Tilton and Gilmanton helped with the road closure while N.H. DOT provided signs that directed motorists to alternate routes. Belmont police were assisted in their investigation by members of the Belknap County Accident Reconstruction Team.

"It's too soon into the investigation to determine whether speed or driver impairment played a role as factors in this crash. We have a lot of ground to cover between now and rendering those conclusions," Mann reported last Wednesday.

Also assisting BPD in the matter are the N.H. State Medical Examiner's Office and the Belknap County Attorney's Office.

Investigators are hoping to hear from anyone who may have observed Abbott's Chevy Aero traveling south along Route 106 around 7 p.m. that evening. The Belmont Police Department may be reached at 267-8350.

VACANCY

CONTINUED FROM PAGE A1

since his move to the community.

Dick also offered up for consideration his 30 years of service in the commander of a navy destroyer he managed programs that involved millions, and sometimes billions, of dollars.

"I believe I have a sound financial management background and an appreciation for the challenges of developing and executing a budget that would be beneficial to the town," he wrote in his cover letter to the board.

Dick was out of town on business last Wednesday evening but did conduct a phone interview with selectmen as they heard from the other two candidates, former selectman David Nickerson and businessman/ part time attorney Glenn Frederick.

While there was some initial concern about his ability to attend selectman meetings, Dick assured Olmstead and Salatiello that he would be available for most of them in person and, should he be called out of town, he would always make himself available through a conference call.

"I'm not afraid of the work it takes to be prepared for Board of Selectmen meetings and I can minimize the impact my job would have. I'll always be able to participate remotely if needed," he said.

When questioned as to what the one thing he would like to see changed in the town and how he would go about it, Dick said that more collaboration between

departments, boards and committees would be his goal.

"I haven't seen what I would consider really good dialogue between them, especially in the budget season. I'd be very interested in working on the communication piece; I'd like to help improve it and get a better outcome for all involved," he said

Getting better information from residents about their concerns was also a piece of his plans for better communication in Sanbornton.

Mulling over their choices, Olmstead and Salatiello weighed Nickerson's long time commitment to the town and experience as a former selectman, Frederick's financial and legal background, and Dick's finance and leadership skills.

Salatiello said he espe-

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cially appreciated Dick's immediate involvement in the town and his service background. As a commander of a ship, Salatiello said Dick has dealt with the responsibility of the safety of his crew while maintaining the finances and well-being of both them and the vessel.

"That translates well to a town like this where you oversee the health, safety and well-being of the citizens. I think that's pretty important," said Salatiello.

While deliberations continued for a few more minutes, in the end Olmstead agreed and, after their unanimous vote, the two called Dick to offer him the interim seat on the board, which he gratefully accepted.

Dick was to be sworn in at the Board of Selectmen's meeting on Wednesday, Sept. 11.

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you reach your retirement goals. To cite just one example, a financial advisor can review your employer-sponsored retirement plan and help you determine how to use it to your greatest advantage.

• Help you save for college - Higher education is expensive, and costs are rising every year. If you'd like to help your children - or grandchildren - go to college someday, you need to save and invest early and often. A financial advisor can suggest appropriate college savings vehicles and strategies.

· Help make sure you're well-protected - If something were to happen to you, could your family maintain its standard of living? Or if you someday needed some type of long-term care, such as an extended stay in a nursing home, would you be able to maintain your you be forced to rely on your adult children for help? A financial advisor can recommend and possibly provide suitable protection products and services for your needs.

 Help you adjust your financial strategy - Not much will stay constant in your life - and that includes your financial strategy. Any number of events – a new child, a new job, a new retirement destination - can cause you to adjust your investment moves, as will some of the factors influencing the financial markets - economic downturns, changing interest rates, new tax laws, and more. A financial advisor can help you change course as needed - and sometimes encourage you not to change course, when, in his or her professional opinion, you might be tempted to overreact to

some event or other.

While a financial advisor can help you in many ways, you'll need, above all else, to feel comfortable with whomever you choose. Ultimately, you'll want to pick someone who understands what's important to you, and who will follow an established process to create personalized strategies and recommend specific actions needed to help achieve your goals. And you'll want someone who will be with you in the long run - someone who will revisit your objectives and risk tolerance and who can adjust your strategies in response to changes in vour life.

A financial advisor can make a big difference in your life. So, work diligently to find the right one and take full advantage of the help you'll receive as you move toward your important goals.

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Kick your heels up at Prescott Farm

10th Annual Harvest Festival will be biggest yet

LACONIA — Prescott Farm Environmental Education Center will host its Tenth Annual Harvest Festival on Saturday, Sept. 14, from 10 a.m. to 3 p.m.

Fall is a traditional time to celebrate the harvest's bounty with food and fun. The event will include an array of activities, including craft activities for all ages, field games, farm animals, garden-tours, horse and tractor-drawn rides, sing-alongs, and information and displays about all the programs offered at Prescott Farm.

New this year, the Harvest Festival will feature a contra dance (beginning at 1 p.m.) led by caller Byron Ricker and featuring local musicians. No experience is necessary to participate; dances will be taught during the event.

Because of the generosity of these local businesses and organizations, admission is free with a nominal fee for some activities.

LRCS Family Resource Center – Petting Farm Sponsor

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E & S Insurance Services – Pumpkin Pull Sponsor

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Hungry and thirsty purchase lunch, snacks, and beverages right on site. Prescott



COURTESY

"Hay, this is fun!" The popular hay jump is a 'can't miss' activity for children at Prescott Farm's Annual Harvest Festival on Saturday, Sept. 14.

Laconia Rod & Gun Club and the Belknap County 4-H "Teen Believers" selling food, drinks and ice cream as fundraisers for their own organizations. There will be a bake sale to support the Fledglings Nature-Based Preschool scholarship fund. In addition, Wayfarer Coffee Roasters will be on hand with iced coffee for sale.

Prescott Farm is a nonprofit 501c3 dedicated to environmental education and preservation. For more than twenty vears. Prescott Farm has been a destination for people of all ages to learn about New Hampshire

ral history and cultural history through handson public programs and service learning opportunities in the beautiful Lakes Region of New Hampshire. It is a designated wildlife viewing area with more than 160 acres of idyllic farmland, forest and pastures open daily, year-round to the public including more than three miles of woodland, pond and field trails, heritage gardens, and a Natural PlayScape, as well as Fledglings Nature-Based Preschool and WildQuest summer and vacation camps. For

more information about Prescott Farm and all of its programming and ways to help, please visit www.prescottfarm.org.

Laconia Adult Education Fall 2019 Enrichment Catalog

Course Title	Day(s)	Start date	Times	# weeks	Cost	Location	Instructor Name
Arts & Crafts							
Water Color Painting Workshop	Mon	9/23/2019	6:00-8:30	6 weeks	*70.00*	LHS-514	Mary Lou John
Cooking							
Authentic Thai Cooking	Tues	9/24/2019	6:00-8:30	5 weeks	*60.00*	ctc-H220	Sophie Wentworth
Authentic Thai Cooking	Wed	9/25/2019	6:00-8:30	5 weeks	*60.00*	ctc-H220	Sophie Wentworth
Chinese Cooking	Thurs	9/26/2019	6:00-8:30	5 weeks	*\$60.00*	ctc-H220	Yan Li
Health & Wellness							
Abundance and the Law of Attraction!	Tues	9/24/2019	6:30-8:00	1 week	Free	LHS-603	Celeste Lovett
Acupuncture, Herbs, & Holistic Medicine	Tues	9/24/2019	7:00-8:30	1 week	Free	LHS-605	Brian Paterson, ND
Better Posture Better Life	Mon	10/7/2019	5:30-6:15	4 weeks	\$45.00	Downtown Gym	Janine Page
Freedom Through Forgiveness	Thurs	11/14/2019	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Holistic Roots to Healthy Living & Life Style Choices	Tues	10/1/2019	7:00-8:30	6 week	Free	LHS-605	Brian Paterson, ND
Introduction to Spiritual Energies	Thurs	9/26/2019	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
Line Dancing	Thurs	9/26/2019	6:30-7:45	5 weeks	\$45.00	LHS-Café	George Maloof
Mah Jongg Made Easy and Fun	Wed	9/25/2019	7:00-9:00	5 weeks	\$50.00	LHS-514	Sharon Fleischman
Meditation 101	Thurs	10/24/2019	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paguette
Mindful Movement and Meditation	Mon	9/23/2019	6:00-7:30	6 weeks	\$50.00	ctc-H235	Rick Hochsprung
T'ai Chi Chih	Wed	9/25/2019	5:30-6:30	8 weeks	\$70.00	ctc-H235	Nancy Frost
What are Angels & How to Communicate with them	Thurs	10/10/2019	6:30-8:30	1 week	\$45.00	LHS-615	Brenda Paquette
/oga for Everyone: Beginning	Tues	9/24/2019	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Thurs	9/26/2019	5:00-6:15	8 weeks	*\$55.00*	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning	Tues&Thurs	9/24/2019	5:00-6:15	8 weeks	*\$85.00*	ctc-H225	Bonnie Morin
rogo for everyoner occurring	Toesamors	3/2 1/2023	5100 5125	0 1100.13	\$00.00	010 11225	Donnie moni
Informational Classes/Seminars							
1st Time Homebuyer Seminar	Thurs	10/10/2019	6:00-8:00	1 week	Free	LHS-613	Donald McLelland
CERT Training (Community Emergency Response Team)	Tues	10/1/2019	6:00-8:30	9 weeks	Free	LHS-615	John Beland, CPM
Estate, Wills, Trusts & Guardianship Planning	Tues	10/1/2019	7:00-9:00	1 week	Free	LHS-613	Kristen Gardiner
Estate, Wills, Trusts & Guardianship Planning	Tues	10/22/2019	7:00-9:00	1 week	Free	LHS-613	Kristen Gardiner
Open discussion on Start up Business ideas	Tues	9/24/2019	6:00-7:30	6 weeks	\$35.00	LHS-614	Sylvia Pierce
Savvy Social Security & Medicare Planning	Wed	9/25/2019	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Smart Retirement Strategies	Wed	10/2/2019	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Taxes Made Simple	Wed	11/14/2019	5:00-8:00	3 weeks	Free	LHS-614	Cary Gladstone
Wealth Planning 101	Wed	10/9/2019	6:30-8:30	1 week	Free	LHS-613	Greg Caulfied
Language							
French for Beginners (Conversation & Culture)	Mon	9/23/2019	7:00-8:15	10 weeks	*\$50.00*	LHS-201	Marta Burke
Spanish for Beginners	Mon	9/23/2019	6:00-7:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level I	Mon	9/23/2019	7:00-8:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Spanish Intermediate Level II	Mon	9/23/2019	8:00-9:00	10 weeks	*\$45.00*	LHS-205	Mark Frattarola
Learning a skill							
Basic Home Maintenance & Repair	Mon&Tues	9/23/2019	6:00-9:00	6 weeks	\$375.00	LHS-517 & 828	Michael Pace
Dog Obedience: Advanced	Wed	9/25/2019	7:00-8:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Advanced Dog Obedience: AKC Citizen, Community, & Urban Certifications	Wed	9/25/2019	7:00-8:00	8 weeks	*\$75.00*	WHS	Carolyn Bancroft
Dog Obedience: ARC Citizen, Community, & Orban Certifications Dog Obedience: Beginning	Wed	9/25/2019	6:00-7:00	8 weeks	*\$70.00*	WHS	Carolyn Bancroft
Dog Obedience: Beginning Dog Obedience: Trick Dog	Wed	9/25/2019	7:00-8:00	8 weeks	*\$75.00*	WHS	Carolyn Bancroft
Welding Basics: ARC, GAS, MIG & TIG	Tues	9/24/2019	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAb	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG Welding Basics: ARC, GAS, MIG & TIG	Wed	9/25/2019	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAb	Rick Hewitt
Welding Basics: ARC, GAS, MIG & TIG Welding Basics: ARC, GAS, MIG & TIG	Thurs	9/26/2019	5:30-8:30	10 weeks	*\$350.00*	LHS- Welding LAb	Rick Hewitt
Basic Woodworking	Tues	9/24/2019	6:00-8:30	10 weeks	*\$110.00*	LHS-517	Ed Philpot
Dasic WOOdworking	rues	3/24/2013	0.00-0.30	TO MEEKS	3110'00	LH3-31/	Lu Fillipot

Check out our other great offerings:

A.B.E.- Free Adult Basic Education Tuesday & Thursday nights 6:00-8:30 HiSET (Formerly GED) Prep- Free Tuesday & Thursday nights 6:00-8:30 E.S.L.- Free for those learning English Tuesday & Thursday nights 6:00-8:30 A.D.D.- Free for Adults with Developmental Disabilities Tuesday & Thursday nights 6:00-8:

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs) REGISTER AND PAY ONLINE at: adultediaconia.weebly.com

Still have questions? Call Laconia Adult Education at 524-5712





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Rockin' Daddios to close out Arts in the Park series

LACONIA Rockin' Daddios will be the featured performance for the Belknap Mill's Sock Hop, the final concert of the 2019 Arts in the Park series on Friday, Sept. 6 at 6 p.m. It has been an incredible season of live entertainment, don't miss this end of summer performance! This event is sponsored by Laconia Putnam Fund.

The Rockin' Daddios have been performing together for well over 10 years. The group consists of Lakes Region residents Jim Rogato, Bo Guyer, Angelo Gentile and Drew Seneca. Bringing back some of the best loved songs of the late fifties and early sixties, they offer doowop style singing with accent on harmonies and fun lyrics.

Music from a bygone era, these tunes bring us back to a more innocent time of our lives. The program is family friendly, guaranteed to warm your heart and bring a smile to your face! Pick out your favorite poodle skirt or letter sweater and join us in Riverside Rotary Park for root beer floats, classic cars and classic tunes!

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The Rockin' Daddios will be the featured performance for the Belknap Mill's Sock Hop, the final concert of the 2019 Arts in the Park series on Friday, Sept. 6

In the event of inclement weather, the program will be moved inside to the Rose Chertok Gallery on the third floor of the Mill. Lawn chairs, blankets and pic-

nic baskets are always welcome!

For more information about the Arts in the Park series and other Belknap Mill events throughout the summer,

please visit the Belknap Mill Facebook page or

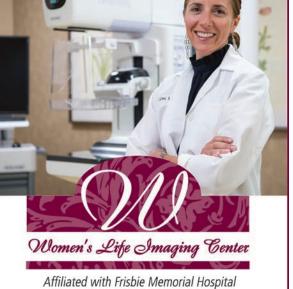
Web site at www.belk-

napmill.org. The Belknap Mill Society is a 501(c)(3)nonprofit organiza-

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tion whose mission is to preserve the Belknap Mill as a unique historic gathering place and to celebrate the Lakes Region's cultural heritage through the arts, education and civic engage-



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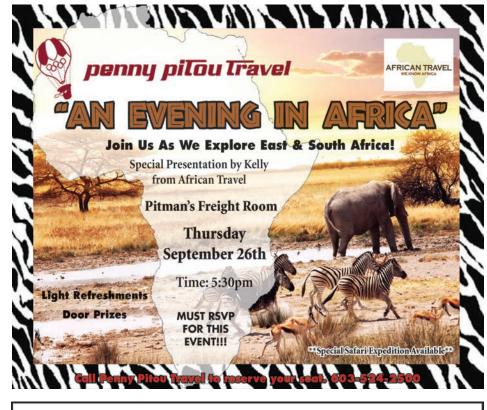
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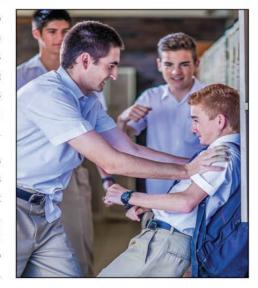
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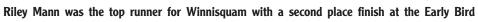
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SPORTS

SECTION September 12, 2019

SalmonPress.com







Faith Gosselin placed sixth in the Early Bird Invitational last week.

Local runners kick off cross country season

BY BOB MARTIN

Invitational.

Bob@Salmonpress.news GILFORD -The Winnisquam and Bel-

mont cross country teams competed at the Early Bird Invitational Meet last week and

BOR MARTIN (Left) Jared Whitcomb crosses the finish line for Belmont at the Early Bird Invitational. results are as follows:

Champs roll in season

BY BOB MARTIN

Bob@Salmonpress.news

FARMINGTON - The Winnisquam Bears began their title defense on the gridiron last weekend with a big 56-24 win over Farmington-Nute, with much of the offense being generated by All-State quarterback Phil Nichols.

It was 21-0 after one quarter and 35-8 at halftime, showing that the Bears jumped on Farmington-Nute early and cruised to victory. Coach Derek Hunt said this allowed him to get his JV players on the field and get them some varsity playing time experi-

"The only thing I can say I was disappointed with really was that we had too many penalties in the first half," said Hunt. "That was our biggest downfall. The second half was a turnaround where didn't have They played well and played very hard."

Nichols was 8/12 passing with 210 yards and three passing downs. Gunnar Horman was the main target for Nichols, catching four passes for 85 yards and a touchdown. Wide receiver Garret Mango had a pair SEE **FOOTBALL**, PAGE B2





Winnisquam

The boys' team second and were led by Riley Mann, who was second overall with a time of 19:00. Dylan Robert followed with a time of 19:55 for 12th, Evan Griffin was 27th with a time of 21:09, Joey Damato was 41st with a time of 22:30 and Brennan Dun was 57th with a time of 23:29.

The girls' team placed sixth out of seven teams and was led by Faith Gosselin, who placed sixth with a time of 22:23. Hannah Swain was 34th with a time of 28:31, Marguerite was 38th with a time of 30:11, Astrid Renaud was 41st with a time of 31:18, Rosalie Slotta was 42nd with a time of 31:31 and Nadia Oettingen was 43rd with a time of 37:38.

SEE XC, PAGE B2

BOB MARTIN (Left) Aurora Couto was the top runner for Belmont at the Early Bird Invitational cross

country meet.





Belmont soccer boys win first three

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT - The Belmont boys' soccer team started off the 2019 season on a roll with three-straight wins.

Belmont started the season with a 3-0 win over Mascoma. Eddie Mann had two goals, which were the first of his in a varsity game. Nate Sottak had a goal and an assist, while William Riley added an assist. Jacob Bivens had five saves in his first varsity win.

The Red Raiders then beat Somersworth

in dominating fashion, by a score of 9-0. Sottak led the way with a pair of goals and an assist. Brice Pethic also had two goals in the win. Mann also tallied a goal. Scoring their first varsity goals were William Riley, Jason Gaudette, Liam Waldron and Bryce Hall.

Bivens and Ben Pare split time in goal and despite not being challenged much by the young Somersworth coach Mike squad, Foley was happy the two kept a zero on the board and came away with the win.

On Sept. 6, the Red Raiders traveled to Laconia and won 3-1. Belmont got on the board in the first minute. Lucas Mathieu scored the goal and Sottak was credited with an assist. Laconia tied the game in the 18th minute and it was 1-1 at halftime. In the second half there was an unassisted goal from Kyle Whitcomb, which was unassisted.

"Kyle took a perfectly low placed shot from about 30 yards out to beat their keeper to his left," said Foley.

With five minutes

left in the game, Sottak a great start especially scored the insurance goal with it assisted by Dylan Greer to secure the win. Bivens played the whole game in net and ended with six

Foley was happy that the team is off to against a rival like Laconia. He said the team got close to 20 shots on goal against the Sachems and really made the defense work.

"Once we settled down we were able to move the ball well in

the second half," said Foley. "We still really need to work on limiting our fouls, which has been our achilles heel so far."

Next up for Belmont is a home game against Berlin on Sept. 12 beginning at 4 p.m.

Golden Eagles cruise in football opener

BY BOB MARTIN Bob@Salmonpress.news

GILFORD - The Gilford/Belmont football team started off its season in good form with a 40-0 lopsided victory over Pembroke Academy in the first game of the year for the Golden Eagles.

After a scoreless first quarter, quarterback Alex Cheek scored the first touchdown of the game with a quarterback sneak for the score. After an interception by Jack-Ruelke, Cheek used the sneak play again to put the score at 14-0.

The defense then had two strong defenstands, which were followed by a 45yard touchdown pass by Cheek to Nick Arenstam to put the score at 20-0 going into half-

In the second half, Cheek continued his strong play with a 44yard rushing touchdown. In the next series, Jack McLean intercepted the ball to give the Golden Eagles good field position. Cheek then hit Curtis Nelson for a 46-yard touchdown pass. Nelson scored on a oneyard touchdown reception for the game's final score to secure

the blowout win.

Cheek was the star of the game with 233 yards in the air and 110 rushing yards. He had three passing touchdowns and three more scores on the ground. Nelson had a big opening game with six catches for 133 yards and a pair of touchdowns. Brandon Gallagher had three catches for 50 yards in the win.

Coach Josh Maradmitted that the offense got off to a slow start, noting that Cheek came out a little too pumped up and was missing early on. However, the team got it together in the second and third quarters to put together the win.

"The fact he can not be at his best and still help us score 40 points says a lot about his potential," Marzahl said.

Defensively, John Mitchell was forced with 17 tackles. He was dominant all last season and showed in the opening game that he will once again be tough for opposing offenses to deal with as he controlled the middle of the field all game. Also playing extremely well on defense was Danny Cameron, who had 15 tackles and three sacks.

"The defense did a great job, especially early on, and limited the Pembroke offense and giving us chances to score," said Marzahl. "Even though we were able to score, this win belongs to the defensive unit."

Next up for the Golden Eagles is a home game against Merrimack Valley starting at 1:30 p.m. on Satur-

Win and tie for Red Raider girls

BY BOB MARTIN

Bob@Salmonpress.news

BELMONT - The Red Raider girls' soccer team opened up the season against Berlin last week and after coming out a bit sluggish from the long bus ride, Belmont settled down and won 5-2.

Belmont had a 2-1 lead at halftime and coach Mark Dawalga said the team needed to pick things up in the second half to maintain the lead. The Red Raiders tacked on three more goals in 20

victory.

Rebecca Fleming was the offensive leader with two goals and an assist to lead the scoring charge for Belmont. Katie Gagnon had one goal and one assist, while Sierra Bourque added a goal. Lena Rodrigues scored her first varsity goal in the win.

Belmont then took in what was an even matchup, the Red Raiders came away with a 0-0 tie in a defensive

minutes to cruise to battle. Dawalga said he was happy that the Belmont squad showed they were ready to control the ball most of the game, but he said Somersworth's goalie came up big with several outstanding saves to keep the score tied

> "I was very proud of our team's effort and play," Dawalga said.

Next up for Belon Somersworth and mont is Fall Mountain on Sept. 13 for a road game beginning at 7

FOOTBALL

CONTINUED FROM PAGE B1 of catches for 37 yards and a touchdown.

Nichols also six carries for 111 yards and two touchdowns on the ground.

"Phil is all football and really works hard," said Hunt. "This just shows how hard he has been working. I couldn't ask anything better for a football player. The whole team has worked hard. They made holes on rushing, protected Phil passing and it was just a good day overall."

An area of concern coming into the season was replacing the production of Angelo Glover at the running back position, as he rushed for more than 1,000 yards in his senior year before graduating last spring. Running back Andre Cormier ran the ball 11 times for 91 yards and a touchdown. Brady Palmer got his first varsity touchdown on

Freshman kicker Duncan Gosselin was lights out going 8/8 in the extra point attempts and coach Hunt is very intrigued about what this can bring to the team.

Leading the defense was Chaz Hibbert and Mason Fellows, battling in the trenches. However the offense was the true story here, with 524 total yards amassed from scrimmage.

"We were clicking really well on the offensive side,"

Hunt. "There were a few breakdowns on defense, but that will happen early in the season. I feel good about them. It was a good team win."

Hunt said it was a great start to the 2019 season and good first step in defending the Division 4 title that the Bears captured in their historic undefeated season last fall.

Next up is a home game against Fall Mountain on Sept. 14 beginning at 1 p.m.

XC

CONTINUED FROM PAGE B1

Belmont

The boys' team was 13th out of 14 teams and led by Jared Whitcomb's 35th place time of 21:57. Micah Edgren was 39th with a time of 22:21, Chris Pare was 44th with a time of 22:41. Brandon Robichaud was 70th with a time of 24:24, Cody Annis was 74th with a time of 24:55, Brian Miles was 76th with a time of 26:40 and Tanner McKim was 84th with a time of 26:59.

The girls' team was seventh and was led by Aurora Couto with a time of 25:03, which was good for 21st. Alyssa Edgren was 23rd with a time of 26:29, Merecede McIntyre was 37th with a time of 29:55, Hannah Leclair was 39th with a time of 31:05 and Isabella Lewis was fifth with a time of 44:49.

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BOB MARTIN

Lexi Poole fires a shot toward the Gilford goal in the first game of the season for Winnisquam field hockey.



BOB MARTIN

Madison House looks to build off last year's All-State season and be a leader for the Bears this fall.



Jocelyn Roache made some nice saves in goal for the Bears in the opening game.

BOB MARTIN

Hannah Max brings the ball up the field for the Bears in then first game of the season against Gilford High School.

Field hockey Bears come p short against Gilford

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – The Winnisquam field hockey team opened up its regular season against Gilford High School on Sept. 6, and while it appeared that the teams were evenly matched, the Bears couldn't hold off the Golden Eagles and fell 2-1.

In the first five minutes, Gilford had ample scoring opportunities with the ball bouncing around in front of the goal on several occasions. Things then flipped over as Winnisquam had scoring chances that Gilford managed to thwart. The two teams battled backand-forth throughout the first half and went into halftime with a 0-0 tie.

Gilford came out firing in the second half with multiple shots on net before Randi Byars scored the first goal of the season with 18:31 left on the clock. With about 14 minutes left the Eagles scored again with Shea Brown knocking a shot in off the rebound.

With 1:22 left in the game, Emma Griffin

scored for Winnisquam to make it 2-1 but it was too little, too late for Winnisquam as time ex-

pired. This is the first season coaching for Samantha Magoon, who is a graduate of Winnisquam, and she was happy to get things going against a familiar foe in Gilford.

"Gilford is a fast team who knows how to get the ball up the field quickly," said Magoon. "They use strong control and that's ultimately what leads to their success."

Magoon played at Winnisquam Regional High School and was coached by now Gilford coach Dave Rogacki. She said it was an interesting experience squaring off against a former coach, but relished the opportunity.

"Rogacki was one of my coaches when I attended Winnisquam High School," said Magoon. "So playing my first game as varsity coach against him was a little intimidating, but also a learning experience. Not many people can say that.

To be able to continue learning from him from a coaching stand point

is a privilege and very humbling."

Winnisquam played

Franklin on Sept. 10 after deadline. Next up is Hopkinton for the first

home match of the season, which takes place on Sept. 13 at 4 p.m.



Winners of the 26th annual Bolduc Park Golf Tournament in Gilford.

COURTESY PHOTO

Bolduc Park Golf Tournament winners crowned

GILFORD — The 26th annual Bolduc Park Golf Tournament was held in August to benefit the non-profit Bolduc Park Association. The association maintains a nine-hole golf course, disc golf course and cross-country ski and snowshoeing facility at 285 Gilford Avenue on the Gilford-Laconia town line. The course is open to the public for a donation and is appropriate for all ages.

Tournament winners include Judy Malonson, winner of the Women 80 and over division. Men 80 and over division winners were Bob Casey in first, Paul Rich in second and Perry Audley in third. Women 70 - 79 winners were Elaine Holt in first, Vivian Glass in second and Marilyn Bolduc in third. Bob Bolduc had the lowest score in the tournament with a 58 and was first in the Men's 70 - 79

Division. That division included second place finisher Tom Astaldi and in third place was Don McClung. Cindy Church placed first, Robin Mescon was second and Malou Lapointe was third in the Women 40 - 69 Division. The Men 40 - 69 Division was won by Ron Johnson with Peter Lapointe finishing second and Mike

Horton in third. Winners in the Men 16 - 39 Division were

Nate Stevens in first,

Jeremy Dry was second and Mike Pucci was third.

Nick Pucci won the 15 and under closest to the hole contest. Mary Vishton was closest to the pin for the women. The men's closest to the hole contest was won by Richard Berg and Joel Collie came in second.

Putting contest winners were Roland Bussiere in first, Peter Daniels in second and Paul Herman in third.





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MOULTONBOROUGH: Cape home w/ exposed beams & beautiful details. \$278,000



LACONIA: 3-BR townhouse in The Gables w/ private pool access. Quick walk to beach \$339,999



GILFORD: Gorgeous property overlooks Winnipesaukee & mtns. 4-BR, 4-BA & 2,679sf. \$629,900



GILFORD: Spacious 3-BR cape w/in-law setup. Deck, porch & 1-car garage. \$249,900



ASHLAND: Open-studded 4-BR home w/ 2-story barn on 2.9 subdividable acres. \$219,000



SANBORNTON: .63 acre parcel w/ 125' of waterfront on a finger of Hermit Lake! \$33,000



BELMONT: Former sand & gravel pit! 26+ acres, 4 miles from I-93 & Rt. 140. \$274,900

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MAGNIFICENT 3-level Contemporary in Alton Bay. Private boathouse, two wide docks & a sandy swim area. Quality constructed 3,800sqft home w/Lake & Mountain views, HW floors, balcony decks & a large patio over the 2-car garage.

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VINTAGE open concept 3BR/1BA cottage has been loved and enjoyed for many years located on desirable (bridged) Black Cat Island in Meredith. Open concept kitchen, DR and LR. Has a westerly exposure and a million dollar view.

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\$5,500,000 (4718960)

walkout finished basement, woodstove, and private beach rights as well. Private septic. \$475,000 (4744660) Call 253-9360



4BR/2BTH waterfront home on .79 acre home on Hills Pond. 4BR/2BA designed with 133' frontage. Large deck, private dock, with large family gatherings in mind. Low maintenance exterior, well landscaped. Year-round usage.

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Peggy's Cove, in quaint Alton Bay.

association dock and beach. Vaulted home with lake views and deeded access ceiling, pine interior, extra sleep loft area, on Stinson Lake. First floor master suite,

garage with work space. In protective 2.5 baths, 1680 sqft. Sold fully furnished.

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Contemporary on a 5.5-acre wooded lot with a landscard wi with a landscaped yard. New carpeting, interior painting, and work on decks. 1,500 to the Union Wharf dock at 19 Mile Bay. Potential views with thinning

GANSY ISLAND - MOULTONBOROUGH Located on a very quiet and peaceful area of the lake Songbirds, loons and views! 2 parcels: 1.34 acres w/190' ftg., and 2.58 acres w/520' ftg. Offered at: \$143,900 & \$156,000 (4741171-64) Call 569-3972

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THORNTON // Wonderful location in desirable subdivision of Mill Brook, a very scenic road. This lot, totaling 3.3 acres would have Mountain Views when cleared. Close to skiing, hiking, golfing, White Mountains and Squam Lake! Call 253-9360 **\$34,900** (4753756)

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Thursday, September 12, 2019 • B5



Melanson Real Estate, Inc.

34 N. Main St., Wolfeboro • 603-569-4488 www.melansonrealestate.com



MEREDITH: This truly special and unique property sited on 6 park-like acres features a lovely home, dock boathouse, breathtaking lake and mountain views & more. Recent updates include a new kitchen, master bath and roof.

ADVENT COVE ROAD \$3,750,000



MOULTONBOROUGH: Sited on the grounds of Bald Peak Colony Club, this home enjoys fantastic views of the 14th green & fairway and maintains a classic style with a fireplace, great room, formal living room, 3-season porch & more.

VIEW DRIVE \$875,000

WOLFEBORO: This must see waterfront home features

4BR/3.5 BA, a beautiful kitchen and master bedroom w/waterside deck. The property also features a dock & boathouse with entertaining space above.

WYANOKE GATE LANE \$1,395,000

TUFTONBORO: This 1.32 acre lot with 245' feet of waterfront offers the best of both worlds with a quite cove location and access to the main part of the lake. **BASIN DRIVE \$195,000**

WOLFEBORO: This 1.2 acre lot offers privacy due to its location at the end of the road, yet it's close to town and only a short walk to the beach!

APPLEWOOD DRIVE \$55,000

TUFTONBORO: 92.1 acres atop a 3.5 - 4 million cubic vard sand bank that is fully permitted for industrial sand removal! The property has been core tested and has two points of access.

SANDY KNOLL ROAD \$3,900,000

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LACONIA 348 Court Street

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Wakefield \$599,900 Inviting, spacious and tht custom waterfront Lovell Lake. MLS#4773540 **Robin Dione**

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Meredith \$449,900 Three-bedroom 2.5 bath Town House in a quiet and private location in gated Grouse Point Club. MLS #4772312 Bruno Coppola 603.244.9544

\$355,900



Kay Huston 603.387.3483 Moultonborough \$249,900 Charming béach access iome with beautiful ston

fireplace and nice open floor plan. MLS #4508540 Barbara Mylonas 603.344.8197

Ellen Karnan 603.986.8556

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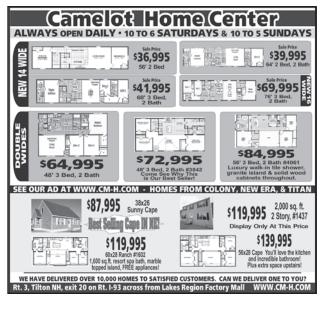
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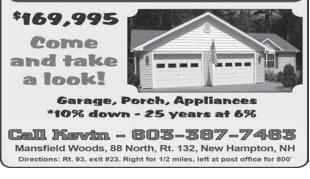


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MEREDITH NEWS/THE RECORD ENTERPRISE/WINNISQUAM ECHC



B6 • Thursday, September 12, 2019

Full-Time Entry Level **Retail Position**

Energysavers Inc. is expanding its sales team and looking for its next "Dedicated Sales Advisor". We are a highly recommended 40+ yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! No prior experience required. All Energysavers employees are expected to participate in all aspects of the business. Must have a valid driver's license & be able to lift/carry an 80lb min. Hourly pay plus commission. Stop in to fill out an application:

Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH



9 NH Route 113, Conway, NH 03818-9505 Office (603) 447-5936 • Fax (603) 447-5839

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Facilities Director Opening Starting November 2, 2019

Newfound Area School District We are looking for a professional in facilities management who has a strong background in project management; overseeing both building and grounds maintenance plans, site repairs, and construction projects. This is a full time position with substantial program oversight *Salary:* \$70,000 with an

excellent benefits package Candidates should provide a letter of interest, resume,

job application, and three (3) current letters of recommendation no later than September 30, 2019 to be considered.

Newfound Area School District Mail to: Attn: Business Admin., Michael Limanni 20 North Main Street Bristol NH 03222

Application & full Job Description is available at: http://www.sau4.org/human-resources/employment-information



Working with schools and communities to prevent and reduce youth substance misuse and to promote healthy environments and promising futures.

ADMINISTRATIVE ASSISTANT Full-Time, Benefitted Position

Communities for Alcohol- and Drug-Free Youth (CADY) is seeking an innovative and experienced professional to serve as administrative assistant for our award-winning, youth serving non-profit organization. CADY provides substance misuse prevention and early intervention services in three Central NH regions. The ideal candidate is skilled in communications (written and verbal), is a detail oriented multi-tasker; works collaboratively and independently and has proven success with detailed administrative functions. Working with CADY's dynamic team of professionals and volunteers, our Administrative Assistant is a highly valued member of our team with a responsibility for promoting efficient systems and exceptional relationships.

A complete job description, including core functions and qualifications, is listed on our website at cadyinc.org.

Competitive salary and benefits. Please forward cover letter and resume prior to deadline of September 18th to:

> Ann Stark Administrative Coordinator 94 Highland Street Plymouth, NH or astark@cadyinc.org

No phone calls please.

CADY is an equal opportunity employer.

INTER-LAKES SCHOOL DISTRICT **2019-2020 SCHOOL YEAR**

PARA-EDUCATORS

Openings at Inter-Lakes Elementary and Inter-Lakes Middle/High School.

6.75 hrs/day; School year position. Seeking individuals to provide support for students both in and out of the classroom.

Please visit http://interlakes.org/employment.html for Support Staff Application.

All applications should be submitted to:

Ashley Dolloff, Human Resources Director ashley.dolloff@interlakes.org Inter-Lakes School District 103 Main Street, Suite 2, Meredith, NH 03253

Positions open until filled.

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Upper Connecticut Valley Hospital

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Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603)388-4236 ucvh-hr@ucvh.org



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Ashland Elementary School 2019-2020 School Year **VACANCIES**

Special Education Para-Professionals

7 hrs/day Para-Professional to support students.

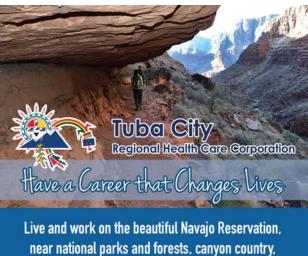
Qualifications: Para II Certified through the NH Department of Education (or eligible for Para II Certification. The successful applicant must meet all required conditions of employment.

Applications: http://www.sau2.k12.nh.us/jobs.html for a Support Staff Application

All applications should be submitted to:

Ashley Dolloff, Human Resources Director ashley.dolloff@interlakes.org Ashland School District 103 Main Street, Suite 2, Meredith, NH 03253

Application Deadline: Open Until Filled



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WWW.TCHEALTH.ORG

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We are looking for an experienced and motivated Propane and Oil Technician to join our growing team. Successful candidates will possess strong customer service skills, a strong desire to succeed and desire to grow with our company.

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> To apply, please send resume to Pemiriver@pemiriverfuels.com 612 Tenney Mountain Highway, Plymouth

To place your classified line ad, please call our TOLL FREE number: 1-877-766-6891

Loon Mountain Resort's Winter Hiring Fair Welcomes You Saturday, 10/19/19 from 9:00 to 12:00 At the Children's Center Building at Loon

You may Join Our Team or Get Rehired to work for another season, on the spot. Work at Loon and you can make someone's day, feel good about your work, and enjoy the beautiful outdoors. We have a variety of jobs that match your passion for fun and outstanding employment perks.

To apply online please visit: www.loonmtn.com/jobs



of adobe and video/editing a plus.

Join Loon Mountain Resort's Marketing Team as the Communications Manager before the snow flies this winter. This is a year-round career opportunity to work in a dynamic job handling social media, media relations, on-camera representation, writing copy, and maintaining the digital library. Apply at www.loonmtn.com if you have a minimum of two years of

experience and advanced skiing or riding ability. Basic knowledge

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MEREDITH NEWS THE RECORD ENTERPRISE WINNISQUAM ECHO

Thursday, September 12, 2019 • B7



Lumber Counter

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Dan Uhlman, General Manager 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com

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260 Main St., Kancamagus Highway Lincoln, NH 603-745-6635

TOWN OF SANDWICH EMPLOYMENT OPPORTUNITY

The Town of Sandwich is accepting applications for a full-time Highway Department position. This is a position which performs work in all areas of construction and road maintenance; several years of experience preferred. Knowledge in how to operate backhoe, loader, dump truck and other maintenance equipment required; plow experience preferred. Applicants must be 18 years of age and hold a valid driver's and NH CDL A or B license, and medical card. Must be available to work nights, weekends, and holidays when needed. Complete job description and application available at the Selectmen's Office, Town Hall, 8 Maple Street. Application and references must be received by Monday, September 30, 2019 at 4:30 P.M. This position open until filled.

> Equal Opportunity Employer Sandwich Board of Selectmen

Moultonborough Planning Board POLICE DISPATCHER

The Town is actively seeking candidates to fill a part-time position as a police dispatcher to the Public Safety Departments. more information and to learn about the requirements to become a successful candidate, please visit the Town's website https:// www.moultonboroughnh.gov/finance/pages/ current-job-openings. Submit letter of interest, résumé and Town application form available on the Town's website, www.moultonboroughnh.gov (Employment Opportunities) or Town Hall to Walter P. Johnson, Town Administrator, PO Box 139, Moultonborough, NH 03254. Position open until filled.

EEO Employer.



TOWN OF MOULTONBOROUGH WINTER MAINTENANCE

The Town of Moultonborough, acting by and through its Public Works Director, is seeking letters of interest from qualified contractors to enter into a Service Contract ("Contract") for services and equipment leases for snow and ice removal and/or treatment of Town or private roads. The Service Contract for Winter Maintenance 2019-2020 can be viewed on the Town's website at www.moultonboroughnh. gov, (Request for Proposals) or from Town Hall. Please forward letters of interest by September 20, 2019 to Chris Theriault, Director of Public Works, PO Box 139, Moultonborough, NH 03254.

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Team atmosphere. Must be hardworking, honest, and punctual. Must have your own transportation, a clean driving record and own the required tools needed to perform your daily duties. Pay range \$14-\$20 per hour.

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workplace. Contact: (603)356-8231

TOWN OF MOULTONBOROUGH POLICE OFFICER

The Police Department is actively seeking candidates to fill present and future vacancies for full time patrol officer position(s). Join the team of dedicated professionals in this community oriented, law enforcement agency serving a population of 4,000 yr. round to 24,000 seasonal residents. Located in the northern Lakes Region of NH on Winnipesaukee and Squam Lake, a short drive from the White Mountain National Forest.

Successful candidate(s) will be at least 21 years of age, U.S. citizen, high school graduate or equivalent, have a current driver's license, ability to pass comprehensive physical agility, background investigation, psychological and polygraph examinations. Those without current NH certification are encouraged to fully explore requirements, including the NH Police Standards & Training Council's physical agility test before applying (www.pstc.nh.gov/faqs). Hourly Wage Range: \$22.91 - \$29.97. Special incentive package will be offered to those hired that possess a current full time NHPSTC certification. Please submit letter of interest, résumé and standard Town application form available on Town's website, www.moultonboroughnh.gov (Employment Opportunities) or Town Hall, to Walter P. Johnson, Town Administrator, PO Box 139, Moultonborough. NH 03254. Position(s) open until filled. EEO Employer.



Plymouth, NH or apply online at: http://bit.ly/DriveTheTrolley

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- 3. You're not in a role where 40% of your teammates have worked 10+ years.
- 2. You're not receiving employee discounts at QVC, HSN, Garnet Hill, Frontgate, Grandin Road, and Zulily.
- 1. Your coworkers don't seem to laugh as hard as they work.

Full- and part-time. garnethill.com/careers or Main Street Franconia office. We look forward to meeting you!



NOTICE OF VACANCY CHIEF OF POLICE

TOWN OF GORHAM, NEW HAMPSHIRE

The Town of Gorham (population 2,607) located in the majestic White Mountains of New Hampshire, where recreation opportunities abound, is seeking a motivated law enforcement professional to command a department of five fulltime officers, a staff of part-time officers and a 24-hour dispatch center. The Chief will be a working Chief and be responsible for the policy, development, control, supervision and program implementation within the department and has considerable operational independence subject to the oversight of the Town Manager.

QUALIFICATIONS: Applicants should possess an Associates Degree from a recognized, accredited institution in Criminal Justice, and/or Police Administration. Applicants must possess all necessary State Certification as required by the Police Standards and Training Council, a proven track record of progressively responsible experience in law enforcement and crime prevention. CPR trained or NH Licensed EMT is desirable. The applicant should also possess strong leadership, communication and public relation skills.

SALARY RANGE: \$65,000 - \$71,000

APPLICATION PROCEDURE: Send a cover letter and resume with three (3) workrelated references on or before Monday, September 23, 2019 by 4:00 pm to:

> Denise Vallee, Town Manager Town of Gorham, 20 Park Street, Gorham, NH 03581 Attn: Police Chief Position

The Town of Gorham is an Equal Opportunity Employer.



Town-to-Town

CLASSIFIEDS

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Misc. For Sale

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18"/ May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

Wilderness Kayak Pongo 120. \$300 OBO. Call 744-5798

Barn/Garage/Yard Sale

ASHLAND'S TOWN WIDE YARD SALE

Saturday, Sept. 21, throughout the Town. Group site in Memorial Park, corner Routes 3 & 132. Sponsored by Community Council of Ashland

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Lost Ads Are Charged at our regular classified

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Still Lost!

Shane - Shetland Sheepdog White/Tan/Black 10 Years old We are hoping someone may have him or have seen him? -Lost in Laconia NH-August 27, 2016 Do not chase. Old and New Leads appreciated. For more info see www.facebook.com/ shaneshetlandsheepdog

Call Owner 603-365-1778 or Granite State Dog Recovery -855-639-5678

Boats

Old Town Canoe 16' Fiberglass Hull **Good Condition** \$600 - Cash Only Buyer must be able to transport home from Hebron

Special Instruc-

Beginner Square Dance Lessons Thursdays, starting 9/19 from 7-8:30 Wicwas Lake Grange, 150 Meredith Center Rd., Meredith, NH 03253. First lesson free! Call Winnipesaukee Squares 603-

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or place online 24/7 at www.salmonpress.com

> Deadline: Monday 10:30 am

Pets/Breeders

LOW COST SPAY/NEUTER Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

GSIL is looking for a dedicated personal care attendant to assist one of our consumers in Meredith, NH. Duties include personal/bladder care, dressing, Hoyer transfer, light housekeeping, meal prep, feeding and clean up. Hours are 5:00pm to 11:00pm, Thursday, Friday and Sunday evening. Pay rate is \$10.25 - \$10.75/hr. Prior personal care experience is helpful but, training is available. Please contact Ashley at 603-568-4930 for more information.

GSIL is an Equal Opportunity Employer.

Seeking experienced CNC Machinist, full time, first shift in Pittsfield, NH. Knowledge of Swiss screw machines preferred. Excellent benefits: Medical & Dental - employer paid premiums, 3 weeks vacation, flex time, paid holidays, and employee stock ownership - employer paid retirement. Email resume to Leah Gorneau at leah.g@ podmoremfg.com.

Mayhew Program, serving at-risk NH boys, seeks a full-time Administrative Manager (35hrs./wk) who is upbeat, skilled, tech. savvy and team-oriented to lead and complete crucial administrative responsibilities. Competitive salary and generous benefit package.

Please email a letter of interest and resume prior to 9/16/19 Jim Nute. Director, Executive jim@mayhew.org, (603)744-6131, Bristol, NH

Professional/ **Technical**

Looking for full time Early Childhood Associate Teachers 9 ECE credits needed. Small, fun, and caring loving environment! Please email your resume to teloca@vahoo.com

Real Estate



Equal Housing Opportunity All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal

"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, r an intention to make any such preference, limitation or

discrimination." (The Fair Housing Act of 1968 at 42

U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on

an equal opportunity basis. To complain of discrimination call **HUD** toll free at

1-800-669-9777 For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire **Commission for Human Rights** at 603-271-2767

or write The Commission at 163 Loudon Road.

Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reservesthe right to refuse any advertising.





Put Some "Good" In the Goodbye!

Donate your used car to the National Kidney Foundation Kidney Cars Program. The funds can help save lives. We'll arrange a pickup and you might qualify for a tax deduction. Call 1-800-488-CARS



MORTGAGEE'S SALE OF REAL ESTATE AT PUBLIC AUCTION THURSDAY, SEPTEMBER 19, 2019

2:00 PM-WOODSVILLE (Haverhill)

17 Hillside Lane sgl fam, 2,323 sf liv area, 2 ac lot, 2 bdrm, 2.5 bth, Grafton: Bk 4235, Pg 228 TERMS: \$5,000 cash or certified check at the time and place of the sale. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C. 900 Chelmsford Street, Suite 3102, Lowell, MA 01851, Attorney for the Mortgagee. Auctioneer makes no representation as to the accuracy

of the information contained herein. BAY STATE AUCTION CO, INC. Gayle Gleason/NH Lic#3088

Daryl Pelletier/NH Lic#5038 Kathryn Pelletier/NH Lic#4020 Ronald Pelletier/NH Lic#2177 Mary Scimemi/NH Lic#6063 Dan Wiener/NH Lic#3012 NORTH CHELMSFORD (978) 251-1150 www.baystateauction.com

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Will Train. Valid Driver's License required. Application available at:

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Plymouth, NH 03264 (603) 536-3533

Leading Pre Engineered Metal Building Co.

WHITE MOUNTAINS COMMUNITY COLLEGE

LITTLETON, NH

ADJUNCT FACULTY POSITION AVAILABLE

WMCC is seeking an adjunct instructor to teach in our Commercial Driver Training Program this fall. NH Driver Education Certification with five years of professional driving experience required.

FMI and to apply: http://www.wmcc.edu/about-wmcc/ white-mountains-community-college-job-page.





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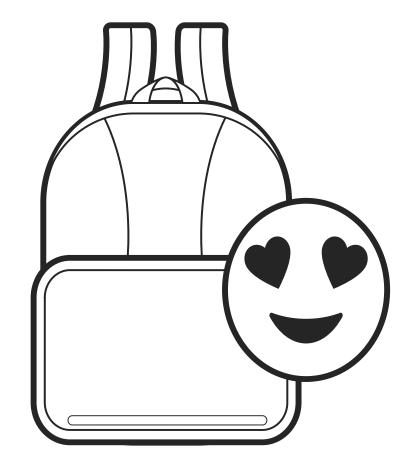


TRUE OR FALSE? BACKPACKS SHOULD WEIGH NO MORE THAN 5 TO 10 PERCENT OF A CHILD'S WEIGHT.

ANSWER: TRUE

Creative Coloring

Celebrate safe backpacks. Color in this picture to create your own masterpiece.





- **1850**: CALIFORNIA BECOMES THE 31ST STATE.
- 1892: EDWARD EMERSON BARNARD DISCOVERS AMALTHEA, THE THIRD MOON OF JUPITER.
- 1956: ELVIS PRESLEY APPEARS ON THE ED SULLIVAN SHOW.



POSTURE

body position when sitting or standing



ENGLISH: Student

SPANISH: Alumno

ITALIAN: Studente

FRENCH: Élève

GERMAN: Schüler



A PADDED BACK AND SHOULDER PADS ARE SAFETY FEATURES THAT

CAN MAKE BACKPACKS HEALTHIER TO WEAR.

Answers: A. drumstick B. wing

?

skin D. poultry





Can you guess what the bigger picture is?

VNSMEK: BYCKLYCK

Fun By The Numbers

Like puzzles? Then you'll love

 $\bigcirc \ ^{**} \ \ \triangle \ @ \ \ ^{\diamond} \ \sim \ \ \bigcirc \ \ ^{\diamond} \ \times \ \ & + \ \ \Longrightarrow \ \ \land \ \ (\ \ * \ \mathscr{O} \ \ \times \ \ \land \ \ \land \ \ \triangle \ \ \lozenge$ A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to chicken. Each number corresponds to a letter. (Hint: 14 = i)

26 7 18 8 19 2 14 21 Α.

Clue: Chicken leg

В. 15 14 11 9

Clue: Used for flight

19 5 14 11 C.

Clue: Outer covering

16 12 18 10 2 7 6 D.

Clue: Fowl



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	6			8			
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4		- American	6	5			

sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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unnie	2	ħ	6	3	8	9	S	9

ANSWER:

BCSA chicken barbecue is **Sept. 19.**

Belknap County Sports-Association (BSCA) will be holding its annual barbecue chicken dinner on Thursday, Sept. 19, at the clubhouse on Lily Pond Road (Route 11C) in Gilford. The menu will consist of barbecued chicken, corn on the cob, homemade potato salad, and dessert. The BCSA is doing advanced ticket sales for this event. A maximum of 110 tickets will be sold on a first come, first served basis. Tickets can be obtained by contacting Kathy Denutte at 581-5062. Some tickets may be available at the door but it would be best to get them in advance.

The speaker for the evening will be Jeremy D'Entremont, who is the current president and historian of the American Lighthouse Foundation. His presentation will be on "New England Lighthouses and the People Who Kept Them" Everyone knows there's "something about lighthouses" that gives them broad appeal, but their vital role in our history and culture is little appreciated. The early nation was built on a maritime economy and lighthouses were part of a system that made that possible. Due to automation, traditional lighthouse keeping is a way of life that has faded into the past. D'Entremont tells the history of New England's historic and picturesque lighthouses, primarily focusing on the colorful and dramatic stories of lighthouse keepers and their families.

This event is open to all BCSA members as well as the entire Lakes Region community. Join in for some delicious barbecued chicken and listen to a talk that promises to be entertaining as well as informative.

The proceeds from the dinner will go to the Belknap County Sportsmen's Charitable Fund to help pay off their



Helping veterans

For the second year in a row, the Lochmere Ladies League donated proceeds from its annual Ladies Invitational Tournament to Camp Resilience. The league, dedicated to helping those in need in the community, raised \$1,600 for the veteran support group. Previous recipients include the NH Humane Society, Wounded Warriors Project and Belknap House. To learn more about Camp Resilience, please visit www.prli.us. Pictured (I to r), Vic Stanfield (Lochmere Golf Pro), Sharon Hilson (volunteer with Camp Resilience), Sherry Osgood (Lochmere League President) and Jeanie Haas (treasurer of Lochmere Ladies League).

TangerFIT 5K set for Sept. 22

TILTON — Tanger Outlets in Tilton in conjunction with Mix 94.1FM, Northeast Communications, Belknap Landscape Company, Gunstock Mountain Resort, Laconia Daily Sun and

the 11th annual TangerFIT 5K Run/Walk to benefit breast cancer patients in the Lakes Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt and all finishers will receive a commemorative participant medal. Prizes will be awarded to top three male and lets.com. Team prizes

AutoServ, will host female winners. There is a discount to register prior to the race.

Businesses group organizations interested in forming teams of 10 or more can receive a discounted entry rate. For a discounted team rate, contact Tanger Outlets General Manager Eric Proulx at Eric. Proulx@TangerOutwill be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race takes place Sunday, Sept. 22, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

For more information or to register, visit www.tangeroutlets.

Register now for fall curling season Author to speak at Tuesday

WOLFEBORO Registration is now open for Lakes Region Curling Association's fall 2019 season. ciation's fifth year of bringing the Olympic sport to the region.

Running mid-October to mid-December, the fall season offers eight weekly curling matches at Pop Whalen Ice Arena in Wolfeboro. Matches take place from 5:15 to 7:15 p.m. on Sunday evenings.

A pre-season learnto-curl session will be

scheduled for early October for new curlers.

of all ages and fitness ice time, equipment levels, curling is a sport The league will mark that combines skill, the start of the asso- teamwork and strategy. With that in mind, LRCA matches put a premium on friendly competition, sports-

manship, and fun. Players can register singly, with a partner, or as full teams of four to six players. LRCA organizers will find teams for players who are not already affiliated.

No previous experience is needed, and the association provides all

necessary equipment. The \$195 registration For men and women fee defrays the cost of

> ing in general and the LRCA in particular, visit the association's web site at lakescurlingnh.org. To register, download and complete both a registration form and a waiver form at lakescurlingnh.org/ membership.

For more information about the upcoming curling league, send a message to info@lakescurlingnh.org.

Trout Unlimited meeting

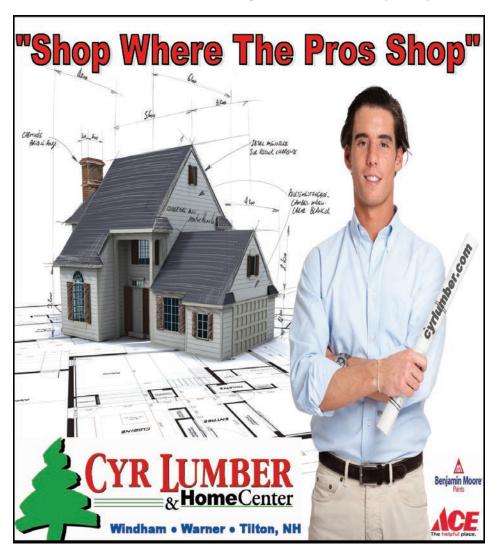
a few books on fly fishing. He decided to write a book about one fish, the brook trout. Squaretail is about the most iconic freshwater fish, North America's "first" native fish. Mallard explains why special interests, habitat degradation and bad stewardship science have slaughtered most of

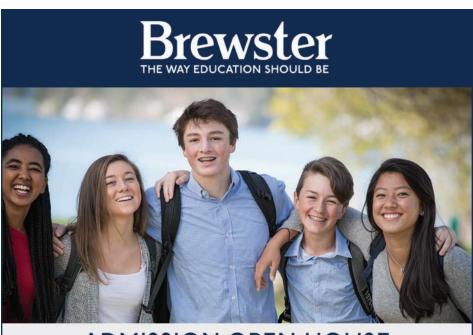
information Mallard is the author of is a Maine fly fishing boy or girl to the Barry about the sport of curl- many fishing articles and guide, a former fly shop. Fish Camp at the meetowner and master fly

The Pemigewasset Chapter of Trout Unlimited will meet on Sept. 17, at 7 p.m. at the Common Man Inn in Plymouth. Come early and meet Mallard and fellow anglers. The winner of the chapter's gun raffle will be drawn, plus a raffle to

PLYMOUTH — Bob the brook trout. Mallard support sending a lucky ing. Meetings are free and open to the public.

Trout Unlimited is a non-profit organization with a mission dedicated to conserve, protect and restore North America's cold-water fisheries and their watersheds. Visit www.pemigewasset. tu.org and like the group on Facebook.





ADMISSION OPEN HOUSE

SATURDAY, SEPTEMBER 28 9 A.M. - 12 NOON

- Tour our lakeside academic, arts, and athletic facilities.
- Learn how we prepare diverse thinkers for lives of purpose.
- Meet faculty and students. Experience our student-centered, team-based approach.
- Find out what it is like to be a Brewster student!

REGISTER ONLINE: BREWSTERACADEMY.ORG/OPENHOUSE

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