

## Meet GHS' Top Ten seniors



PHOTO BY ERIN PLUMMER

Nine of Gilford High School's Top 10 seniors: from left to right: Annabelle Eisenmann, Shushu Sawyer, Blake Bolduc, Tyler Browne, Bridgette Dahl, Kayla Loureiro, Kendall Jones, Alyssa Gosselin, and Andrew Flanders.

BY ERIN PLUMMER  
mnews@salmonpress.news

Gilford High School's Top 10 seniors have a wide range of interests,

backgrounds, and aspirations all linked by a drive to accomplish their goals and do their best for their communi-

ties. Valedictorian Shushu Sawyer is a member of the Math Team, NHS, Interact, serves as an Eagle Ambassador, and plays track and field.

She also co-founded the Ethics Forum, a student-run club that works to improve school culture and facilitates posi-



COURTESY PHOTO

Top 10 GHS student Peter Christiansen.

tive discussions between students and the school. The group started by addressing the school dress code and resulted aspects of the dress code getting relaxed after much discussion.

"We want to keep that type of openness at Gilford High School," Sawyer said.

She will attend Wentworth Institute of Technology in Boston to study applied mathematics and said she is interested in going into research. She said after watching her brother and mother fight cancer, she wants to go into research to help fight can-

cer and other diseases and threats.

Salutatorian Alyssa Gosselin played volleyball and tennis and served on Student Council.

She plans to attend Franklin Pierce University's Health Sciences program. After that she will attend medical school at St. George's University in Granada. She said she wants to be a surgeon, possibly a neurosurgeon.

"I've just always been interested in the medical field and it's a great way to help people," Gosselin said.

Bridgitte Dahl is a

member of the Unified Club, and plays Unified Soccer. She said one of her fondest memories of high school going to the Special Olympics in Manchester with Unified.

"It was really cool seeing it happen and all come together as one," Dahl said.

She also plays softball and plays clarinet in the band.

She will attend Colby Sawyer College in New London and study nursing with the aim of becoming a pediatric nurse practitioner.

Andrew Flanders is a striker on the soccer team and plays basketball. Flanders said one of his biggest memories from high school was winning back-to-back championships. He is also a member of the Unified Club and National Honor Society.

After graduation he will go on a two-year mission trip with the Church of Latter-Day

SEE TOP TEN PAGE A10

## Memorial Day Parade returns Monday

BY ERIN PLUMMER  
mnews@salmonpress.news

Townspeople will observe Memorial Day this coming Monday with a parade and ceremonies throughout the village.

Monday, May 31 is Memorial Day and the town had scheduled a parade with a series of observances for that morning starting at the Gilford Community Church and going to Oak Grove Cemetery.

Last year, the town held a modified version of the parade because of the pandemic with a few town officials socially distanced. This year the full Memorial Day parade is back.

Parade participants will line up at the Gilford community Church Parking Lot at 9:45 a.m.

The event will formally begin at 10 a.m. with a ceremony at the World War I and II Veteran's Memorial across from the church. The ceremony will feature military personnel raising the American flag, Rev. Michael Graham of the Gilford Community Church leading the Pledge of Allegiance, an invocation by Rev. Graham, the Boy Scouts placing a wreath on the memorial and the Gilford Community Church Choir singing the National Anthem. At 10:15 a.m., the parade will march down Belknap Mountain Road to Pine Grove Cemetery for another ceremony.

The ceremony at Pine Grove will begin at 10:30 a.m. with military personnel raising the flag. Rev. Graham will deliver a benediction and Boy Scouts will place a wreath at the cemetery. Members of the board of selectmen will then give remarks followed by "Taps" being played by a member of the Gilford High School band.

Afterward, the parade will go back down Belknap Mountain Road and return to the church.

BY ERIN PLUMMER  
mnews@salmonpress.news

Just a few months after the winter season drew to a close, Gunstock is now celebrating the summer with a new season opening this weekend.

Gunstock's summer season kicks off Memorial Day Weekend with the campground opening on May 28 and the Adventure park opening May 29.

The Adventure Park is opening for the season on May 29 with a number of outdoor attractions. The park will be

SEE GUNSTOCK PAGE A10

## Gilford softball earns split with Kingswood

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Gilford girls' softball team exacted a little

"sweet revenge" on the Kingswood Knights last week, after the Knights picked up a win earlier in the week.

The Golden Eagles hosted the Knights on Monday, May 17, and took a 1-0 lead heading to the top of the sev-

enth inning. However, the Knights scored four times in the seventh and got the 4-2 win.

Gilford scored its first run in the sixth inning. Maddie Cusello was hit by a pitch and Millie Caldon followed with a double to put two runners in scoring position. A Paige Meserve single scored Cusello to give Gilford the lead.

Kingswood got three hits, two walks and took advantage of an error in the top of the seventh to take the 4-1 lead. Maura Hughes reached on an error in the bottom of the seventh and scored on a fielder's choice, but the Golden Eagles could not push across another run.

SEE SOFTBALL PAGE A10



FILE PHOTO

Gunstock's Adventure Park is opening for the season this weekend

### Early deadlines for Memorial Day

With Memorial Day falling on Monday, the submission deadline for any press releases and letters to the editor intended for publication in next week's edition of the Gilford Steamer has been moved up to Friday, May 28 at 9 a.m. Submissions can be e-mailed to Editor Brendan Berube at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).

Please note that our offices will be closed Monday, May 31 in observance of the holiday.



KATHY SUTHERLAND

Kim Daigneault takes a throw at first base during action in Wolfeboro last week.



# ALMANAC

## Notes from the Gilford Public Library

### Classes & Special Events

May 27 - June 3  
\*Sign up and face masks required

Thursday, May 27  
\*Geri Fit, 9-10 a.m.  
\*Bridge, 10:30-11:30 a.m.

Storytime Shorts, 10:30 a.m.  
Join Miss Maria on FB Live for a quick storytime! Missing storytime and finding the virtual ones too long? Hop on to experience one story and maybe a few songs in 10 minutes or less!

Book Discussion, 1-2 p.m.

This month's book is "White Ivy" by Susie Yang, a story of love, lies, and dark obsession. The discussion will be led by Maria Suarez,

and copies of the book are available at the front desk. Sign up to join us in person at the library. French, 4-5 p.m.

Friday, May 28  
Coffee Clutch, 10:30-11:30 a.m.

Brought to you in conjunction with Gilford Neighbors, these mornings will be filled with a chance to socialize with your neighbors, round table discussions, speakers, programs, and celebrations all designed to let you know what is going on, what is available to you and what might interest you, right here in your neck of the woods. This will also be a time for you to ask questions, and find resources to help you maneuver through this new phase of your life.

Weekly group sizes will be limited to 20 people, so please RSVP by contacting the library.

Preschool Storytime, 10:30-11:30 a.m.

Join Miss Jill for a fun filled storytime! Registration is required as space is limited.

\*Knit Wits, 1:30-2:30 p.m.

\*Advanced Conversational German, 2:30-3:30 p.m.

\*Lower Intermediate Line Dancing, 4-5 p.m.

Saturday, May 29  
The library is CLOSED in observance of Memorial Day

Monday, May 31  
The library is CLOSED in observance of Memorial Day

Tuesday, June 1  
\*Geri Fit, 9-10 a.m.  
\*Lower Intermediate Line Dancing, 4-5 p.m.  
Mystery Book Group, 5:30-6:30 p.m.

Join us for this month's mystery book group! Betty Tidd will lead the discussion of "The Blackhouse" by Peter May, a Scottish detective mystery. Copies of the book are available at the circulation desk.

Wednesday, June 2  
Check out an Expert,

10 a.m.-noon  
Crafternoon, 1-3 p.m.

Bring your own project to work on, bring an idea for a community project, and once a month look forward to working with our young patrons.

Thursday, June 3  
\*Geri Fit, 9-10 a.m.

\*Bridge, 10:30-11:30 a.m.

French, 4-5 p.m.

Trivia Night: Park Lot Puzzlers, 5:30-7 p.m.

Join us the first Thursday of each summer month for Parking Lot Puzzlers, a trivia night hosted by Hayden, your tech librarian! The game will last a little over an hour and will cover a broad range of topics including history, geography, sports, mu-

sic, movies, and word play, just to name a few. Bring a team of two to eight players, maybe a snack, and come pull up a table in our lower parking lot. All ages are welcome, but the game is best suited for the parents. Prizes will be awarded and bragging rights are up for grabs!

## Gilford Public Library Top Ten Requests

1. "The Four Winds" by Kristin Hannah
2. "A Gambling Man" by David Baldacci
3. "21st Birthday" by James Patterson
4. "Ocean Prey" by John Sandford
5. "The Palm Beach Murders" by James Patterson
6. "The Red Book" by James Patterson
7. "The Final Twist" by Jeffery Deaver
8. "Sooley" by John Grisham
9. "Win" by Harlan Coben
10. "The Rose Code" by Kate Quinn



KATHY SUTHERLAND

### Racing up the field

Blake Descoteaux races the ball up the field during his team's game in Wolfeboro last week. The Golden Eagles had a couple of close games with the Division II Knights, dropping a 6-5 decision in overtime on their home field last Tuesday and then falling by a 7-3 score in Wolfeboro two days later. Gilford is scheduled to end the regular season today, May 27, at Laconia at 7 p.m. Gilford will then host Laconia in the opening round of the Division III tournament on Thursday, June 3. The winner moves on to play either Plymouth or Inter-Lakes/Moultonborough on Saturday, June 5.

### Area student named to Dean's List at St. Norbert College

DE PERE, Wisc. — Christopher Rosene of Gilford has been named to the 2021 spring semester dean's list at St. Norbert College. A minimum 3.5 grade point average is required for academic eligibility.

Founded in 1898, St. Norbert College is a private, Catholic, liberal arts college located in De Pere, Wisconsin, just outside of Green Bay. Recent years have seen record enrollments and unprecedented investments in the St. Norbert College campus. The academic excellence and character-building qualities of the college are nationally recognized by U.S. News & World Report, Forbes, Princeton Review and others. St. Norbert College is host to the 13-time NFL Champion Green Bay Packers training camp each year and is home to the Medical College of Wisconsin-Green Bay.

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# LRPA busy with local programming, especially live broadcasts

BY ERIN PLUMMER  
mnews@salmonpress.news

Lakes Region Public Access has been broadcasting a variety of community programming with so many more events being recorded live.

LRPA Station manager Grace McNamara gave the Gilford selectmen an update on the station's work during the May 15 selectmen's meeting.

As of that meeting, McNamara said they broadcast nine Gilford selectmen's meetings airing around 850 times and four Budget Committee meetings that have aired 250 times.

LRPA has run a show for Gilford Public Library programs, though there hasn't been any new content since last September.

"I've actually gotten

good feedback on those programs, so we're hoping that they'll be able to start live programming again," McNamara said.

LRPA has been airing twice monthly meetings by the governor and Executive Council. She said they aren't recording those videos anymore and are uploading videos they receive to Video on Demand.

Since the last update to Gilford, LRPA has aired three live events.

"That's different than we normally do, but we're in a different time than we've ever been in," McNamara said.

The Laconia holiday parade was aired live with a camera on a float called the "Santa Cam."

They also aired the remote Greater Lakes Region Children's Auction all four days and she said it went really well.

LRPA recorded the Huot Center's National Technical Honor Society induction.

The NH Veteran's Home asked them to produce a remembrance video. She said the home called them in December and asked them to do the video because they couldn't hold memorial services in person.

"When I asked them how they found us, she said you're it; there is no other public access station unless we call Wolfeboro," McNamara said.

The Veteran's Home game them the names and photos of all the residents who died along with their dates of birth and death and their military ranks. She said they made the video and the Veteran's Home liked it.

A number of live events are coming up. A

webinar is coming up for the Children's Auction.

LRPA was also going to air the Huot Center's graduation and year end celebration. She said they will be having four different graduation ceremonies because they have their largest graduation of 133 students.

Laconia High School's graduation will also air on LRPA.

They will also air the Bike Week Press conferences, though the pre-press conference in Loudon will be recorded. The press conference will take place in the North East Motor Sports Museum, but because that building is made of metal, she said they can't get a signal to broadcast live. They will figure out a good way to air the daily oppress conferences.

McNamara said they will also be there for the

Gilford Old Home Day parade.

All the major events around the end of the year will be aired on LRPA such as the holiday parades and the Children's Auction.

McNamara said she wants people to know they have switched to more live events and the amount of live event coverage has gone up exponentially. McNamara said two years ago 40 percent of their event coverage was live. Last year, nearly three quarters was live, and this year, all of their event coverage will be live.

"That is a big deal for us because that's not really what typical public access is about," McNamara said.

She said they have three ways of producing live events and two different pieces of equip-

ment on hand. They have a Blackmagic Atem Mini multi-camera field system that they bought with a grant last year. They also have a video encoder that streams a signal across the internet, usually with one camera. Video mixing is done completely from a laptop, which was used for the recent Huot ceremony.

"The fact that we hear that more and more of the content is going live and that was sometime that really surprised me," said Selectman and LRPA board member Chan Eddy. "I didn't realize it was that much live. You don't find too many public access stations doing a lot of live broadcasts, almost all of it is recorded. Glad we're showing that much value, it's really nice to see."

## SNHU announces Winter President's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2021 President's List. The winter term runs from January to May.

Full-time students who have earned a minimum grade-point average of 3.700 and above are

named to the President's List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Tracy Diamantoplos of Gilford  
Jessica Payne of Gil-

ford  
Mason McGonagle of Gilford  
Margaret Dougherty of Gilmanton  
Abigail Crowell of Laconia  
Andrew Strzepek of Gilmanton  
Lexys Bladecki of Laconia  
Teo Chanthasak of Laconia  
Molly Vallee of Gil-

manton  
Thomas Moore of Laconia  
William Crowell of Gilmanton  
Bryan McCormick of Gilford  
Charles Axtell of Gilford  
Olivia Trindade of Gilmanton  
Kellie Ryan of Gilford  
Kaylan Bouchard of

Gilford  
Danielle Sands of Laconia  
Caleb Kneuer of Laconia  
Kelsey Harriman of Gilmanton  
Joshua Baker of Gilford  
Autumn Hendricks of Laconia  
Jenevieve Marston of Gilmanton  
Hannah Redin of Gilmanton  
Scott Roberts of Laconia  
Caitlyn Converse of Gilford  
Kamila Hecka of Laconia  
Zoey Nash-Boucher of Gilmanton  
Lauren Camella of Laconia  
Chantal Bonanno of Gilford  
Southern New Hamp-

shire University (SNHU) is a private, nonprofit institution with an 88-year history of educating traditional-aged students and working adults. Now serving more than 150,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at [www.snhu.edu](http://www.snhu.edu).

## SNHU announces Winter Dean's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2021 Dean's List. The winter term runs

from January to May.

Full-time students who have earned a minimum grade-point average of 3.500 to 3.699 are named to the Dean's List. Full-time status is achieved by earning 12 credits; undergradu-

ate day students must earn 12 credits in fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Jocelyn Greenwood of Laconia  
Elizabeth Lagueux of Laconia  
Mariah Finley-Gardner of Gilmanton  
Vito Marcello of Laconia  
Bridget Eldridge of Gilford  
Kimberly Johnson of Laconia  
Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 88-year history of educating tra-

ditional-aged students and working adults. Now serving more than 150,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at [www.snhu.edu](http://www.snhu.edu).

## Hope Ministries opens shed to collect clothing

Cleaning out your closets? Now you can bring your good used clothing donations to Hope Ministies at the First United Methodist Church at 18 Wesley Way (off Route 11A near the Route 3/11 bypass) in Gilford.

Hope Ministries is partnering with St. Pauly Textile Inc. to provide a wood-frame clothing drop-off shed for community use. This shed is designed to give community members a uniquely clean, convenient, and well-cared-for option to donate their used clothing to.

St. Pauly Textile Inc. partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they are ultimately re-worn by people who need them. First United Methodist Church receives funding for donated clothing and has the option to use donations to serve community needs.

With more than 1,100 clothing drop-off sheds in place, St. Pauly Textile Inc. collects over 90,000 pounds of clothing every day and estimates that this clothing ends up in 44 different countries (including the U.S.) yearly. In 2018, the company was able to help keep over 20 million articles of clothing out of landfills. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: include clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.



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**Laconia-Gilford Lions Club**

### Electronic Waste Collection Day

**Saturday, June 5, 2021**

**8:30AM to 12:30PM**

**Cinemas 8 Parking Lot**

**9 Old Lakeshore Road, Gilford**

Fundraiser to benefit Laconia-Gilford Lions Club

Recycle electronic items (phones, computers, air conditioners, etc.) for a disposal fee from \$5 to \$20 (\$30 plus for TVs 26" & up)



Summertime dreams

“Rest is not idleness, and to lie sometimes on the grass under trees on a summer’s day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time.”  
John Lubbock, “The Use Of Life”

Summer is here. Well, pretty much. We think the threat of another snowstorm is beyond us. As we write this, the high will be 80, the windows are open, and a warm breeze is hanging about the room with a slight scent of lilac. The trees are a bright green, with the sound of birds singing, the sky is blue and well, the day couldn’t be more perfect.

A day like today has us thinking about the summer months ahead, and what they will look like. Certainly, work will remain busy, but the days are longer, affording us more time to do the things we love, and the warmer weather tends to relax us all.

We spoke with a few members of our staff who shared their favorite things about summer. The list varies, which is a nod to our versatility.

Our Sports Editor is looking forward to a trip to Tokyo for the 2021 Summer Olympics. This trek will be his third time going, to include the Winter Olympics as well. No foreign spectators are permitted, so the vibe won’t be quite the same, albeit historic.

He noted, “The Olympics are the best athletic event there is. Watching elite athletes compete at the highest level is amazing. On TV is great, but in person is even more incredible.”

When asked what his most anticipated event to watch is, he replied, “Swimming.”

Our Executive Editor will take advantage of the beauty at local lakes and reading books on the balcony of his new condo. Of course, the perfect summer for him is not complete without something to do with film. “I’m looking forward to going to the drive in. I’m not quite ready to sit in a theatre for two hours and the fact that the drive in near my home is vintage makes it even better. I’m all about the vintage!” he exclaimed. It’s true, there isn’t a movie trivia question from any decade he won’t answer correctly.

One of our reporters, who also doubles as an artist is looking forward to travel, gardening and landscaping.

“Home renovations and event planning will take priority, but I’m looking forward to doing some art installations as well,” she said.

When asked about home renovations, we needed to clarify whether it was to her home, or to her chicken coop that looks like the Beverly Hills Wilshire for birds.

As for your faithful Editor, she will be looking forward to climbing as many mountains as possible, the more remote the better. Being outside deep into the woods is where it’s at. It’s such a grounding, refreshing activity especially on a scorcher of a day when a flowing river is close by.

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:  
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Our fax number is 279 3331.  
E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We’re looking forward to hearing from you!

FROM OUR READERS

To the Editor:  
I am pleased to share with you that the Belknap Mill has been awarded a \$10,000 grant from NH Humanities, made possible through a federal award from the National Endowment for the Humanities. These funds will be utilized for the development of a film based upon the content of our award-winning Industrial Heritage Program, now in its 24th year.  
Bryan and Johanna

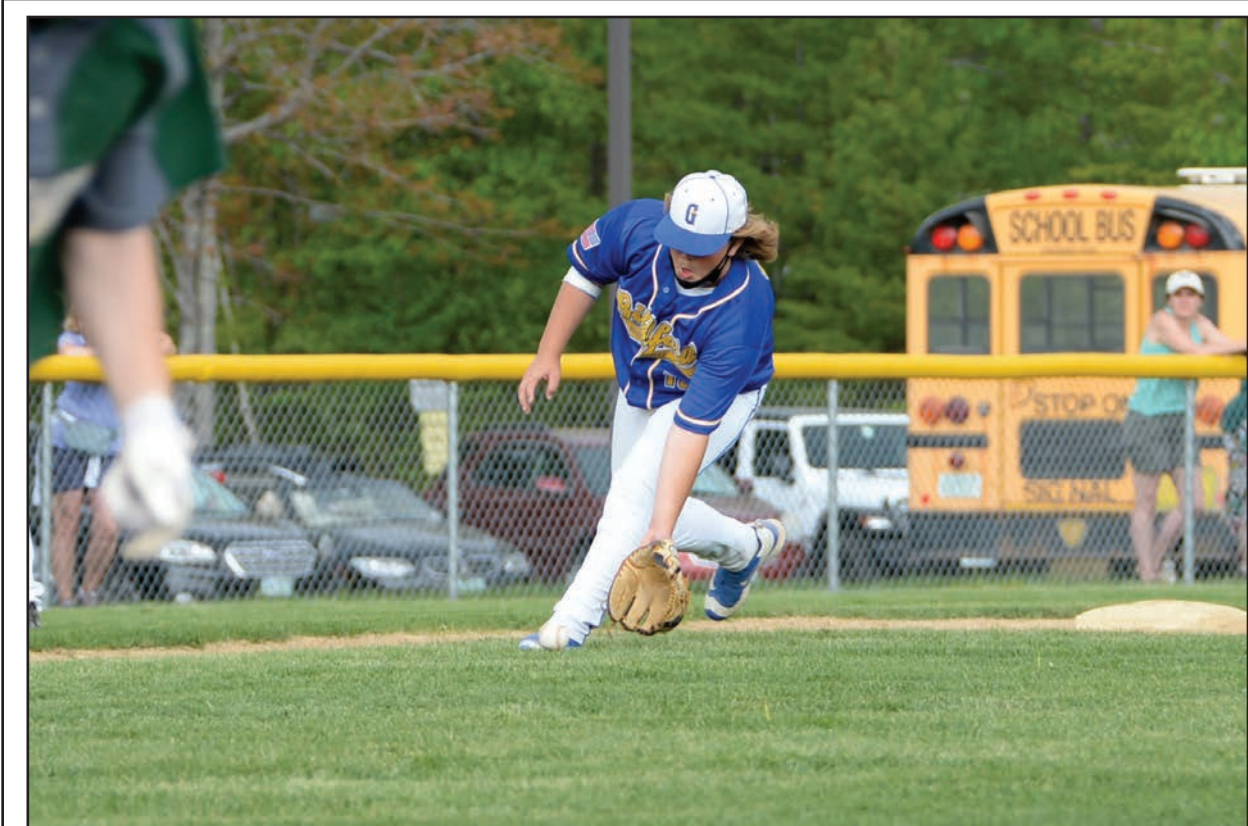
Halperin, Producers for Powerhouse Theatre Collaborative, are developing the script that will follow the original curriculum developed for the program. We will be utilizing local actors to serve in the roles of the mill workers during 1918 when the Mill was in full operation manufacturing socks. The film will be professionally produced and will be made available through the New Hampshire Historical Society’s Moose on

the Loose program, a social studies curriculum and website for Granite State kids, educators, parents, and everyone who enjoys learning about the history of New Hampshire. The film will also be made available to schools throughout the state as a supplement to our in person Industrial Heritage Program field trip or to those schools who are unable to visit the Mill.  
Our subject matter experts will be educator

Barbara Pitsch, an educator and curriculum specialist who developed the Industrial Heritage Program nearly 25 years ago as well as Dr. Richard Candee, Professor Emeritus of American and New England Studies at Boston University. It was Dr. Candee who claimed the Belknap Mill as the ‘most important textile mill in the country’ and Helga Stamp who has led the program here at the Mill for nearly two decades.

Along with the \$10,000 grant from NH Humanities, we also received a generous contribution from Board member Mark Edelstein as well as sponsorship from Eversource.  
Powerhouse is currently seeking a boy and a girl who can pass for a fourth grader who will become the eyes through which the fourth graders in schools will “see” the program. Shooting will be in Laconia on July 17 and 18, with a

few rehearsals prior to shooting. Auditions will be by video and all the information on how to audition can be found at <https://www.belknapmill.org/powerhouse-auditions>. Videos will be accepted through June 15.  
We look forward to sharing the development of this important project with you.  
Karen C. Prior  
Executive Director,  
Belknap Mill  
Laconia



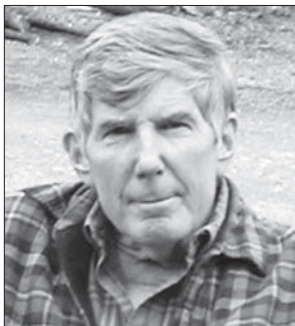
KATHY SUTHERLAND

Slick fielder

Gavin Clark charges in to field a grounder in action in Wolfeboro last week. The Golden Eagles dropped an 8-0 decision to the Knights at home last Monday and then fell 9-1 on the road in Wolfeboro on Wednesday. Gilford is scheduled to open the Division III tournament with a trip to Raymond on Thursday, June 3.

North Country Notebook

Notes from the long way around Lovering Mountain



By JOHN HARRIGAN  
COLUMNIST

We got home late Sunday afternoon from the first unofficial truck tour of the season, which officially begins this weekend. All things spring seem hinged on Memorial Day.

This trip included, toward the end, a barnyard stop to visit with the neighbors on the other side of Lovering Mountain, which divides upper Bear Rock (Stewartstown) from South Hill (on its western end, Colebrook).

The neighbors, one-half of them anyway, informed us that a pie could not be delivered to someone who was not home to receive it (which would be the process of elimination be me), leaving me wondering where I was and why I wasn’t for the pie that got away.

We also learned, from the other half, that a logging job of significance had been completed. We said that we had already seen the results, and



JOHN HARRIGAN

The North Country was at least a week (call it 10 days) behind the rest of the state on Sunday, as apple blooms and dandelions went the way of the winds.

logged it as a job well done. We also noted that Chet Noyes Road is in risk of becoming a Cadillac Road.

This is an old term (which I must have heard from veritable old-timers) that means a road that can be driven on in any luxury car, i.e., “not necessarily a truck road,” Cadillac being the long-perceived best luxury car of all. If you say “It’s now a Cadillac Road,” that pretty much says it all.

So do telephone poles, which we’re supposed to refer to as utility poles. “I wonder what those little red flags are for,” I had wondered to Glen as we glided by with scarcely a bump, neither one of us having correlated the first coincidence. Yup, pre-calculated and marked for telephone poles, as in (generally) “where to point the auger.”

These days, new telephone poles mean new camps, or at least new trailers, or sometimes seasonal homes, which have a way of becoming year-round abodes. Whatever the case, the operative term is “more.”

There are true roads, and then the remains of true roads, and then we get into the barely recognizable remains of roads, and then into the “Where? What Road? I can’t see a thing that resembles a road.”

This last category can mean an old skid road. In answer to a lot of mail on this subject (there is actually none), “skid” is an old term for the equally old “twitch,” or to pull behind a horse. A twitch (noun) means as many logs (usually two or three) as a horse can get started and pull to the log-landing.

A log-landing of old was a place where logs could be skidded onto a crib-works along a river or lake, or along a road, where the logs or four-foot pulpwood could be loaded onto a truck.

Today the term means a yarding area where a skidder—bigger than a tractor, hinged at the middle, each axle operating independently—can haul logs to be loaded onto a truck.

My oldest friend (from Nashua Telegraph days, ca. 1968) was up for the weekend, and was game for anything the day would bring. This day brought a tour of East Columbia, and included most of East Colebrook before we got over onto the west slope of Lovering Mountain, and called it quits.

Everywhere, things were in bloom. The apple blossoms marked roadsides and the remains of old stone walls and hedgerows. The dandelions had already gone to seed. Another good rain, and a good windstorm, and it would all be gone.

(Please address mail, with phone numbers in case of questions, to [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)



# Harbor Freight Tools to open new Gilford store

GILFORD — Harbor Freight Tools, America's go-to store for quality tools at the lowest prices, will officially open its new store in Gilford on Saturday, June 5 at 8 a.m.

The Gilford store, located at 1458 Lakeshore Rd., is the ninth Harbor Freight Tools store in New Hampshire. The new store brings approximately 25-30 new jobs to the community. The store will be open seven days a week from 8 a.m. to 8 p.m. Monday through Saturday, and from 9 a.m. to 6 p.m. on Sunday. Store photos and logo available upon request.

Customers will receive a free bucket with a \$24.99 purchase (while supplies last) on the grand opening day only.

"We're ready to serve and deliver value to customers in Gilford and all of Belknap County," said Andrew Barrington, store manager. "At Harbor Freight, we recognize that now, more than ever, our customers depend on Harbor Freight

for the tools they need to get the job done at an affordable price. We are the place for quality tools at the lowest prices for mechanics, contractors, homeowners and hobbyists—any tool user who cares about value."

The store will stock a full selection of tools and equipment in categories including automotive, air and power tools, storage, outdoor power equipment, generators, welding supplies, shop equipment, hand tools (which come with a lifetime warranty) and much more. At 15,000-square-feet, the stores are much easier to shop than the huge home centers.

Harbor Freight recently introduced the Harbor Freight Credit Card, which customers can apply for in-store. Once customers apply for a Harbor Freight Credit Card, if approved, they can earn 10% off their first purchase, and 5 percent back on their future purchases in Harbor Freight Money to spend on anything in

the store. Or, they can choose no interest with equal monthly payments on purchases of \$299 or more ... that means no interest ever on their promotional purchase amount. Details can be found at [www.harborfreight.com/credit](http://www.harborfreight.com/credit).

During the COVID-19 crisis, all Harbor Freight stores have implemented more frequent cleaning and are following the guidelines from the Center for Disease Control, including social distancing to protect the health and safety of our customers and associates. Any individual who has any COVID-19 symptoms is asked to shop on our website, [www.harborfreight.com](http://www.harborfreight.com) rather than in our stores.

Company background

Harbor Freight Tools was founded in Southern California in 1977, when 17-year-old Eric Smidt began transforming his father's small sales business into a successful mail order company. That first year, Eric cut out the middlemen and

sourced tools directly from the factories, realizing that if he could buy tools directly for less, he could pass the savings on to the customer.

Today, Harbor Freight has more than 1,100 stores across the country with more than 23,000 employees. The company is still family owned and remains true to its humble beginnings while serving more than 40 million customers who depend on Harbor Freight's quality and value to earn a living, repair their homes and cars, and pursue their hobbies.

With core values of excellence, continuous improvement and doing the right thing, Harbor Freight Tools is working to constantly improve the quality of its products and is introducing hundreds of new tools and accessories each year with the features, performance and durability of the best brands on the market—but at a fraction of the price.

Harbor Freight Tools offers customers even

deeper discounts with special coupon pricing. Customers can sign up to receive a monthly coupon book by mail with dozens of product coupons and additional discounts. Customers can also receive additional discounts by email. To sign up, visit [HarborFreightSignUp.com](http://HarborFreightSignUp.com).

Giving back  
Another of the company's core values is giving back to the communities it serves.

In order to help protect healthcare workers caring for COVID-19 patients, Harbor Freight recently donated its entire stock of nitrile gloves, N-95 masks and face shields to hospitals in every community served by a Harbor Freight Tools store.

Harbor Freight Tools is also a major supporter of Harbor Freight Tools for Schools, an initiative of The Smidt Foundation, established by Harbor Freight's founder Eric Smidt, to advance excellent skilled trades education in public high schools across America.

The program's flagship program is the annual Harbor Freight Tools for Schools Prize for Teaching Excellence, which honors 18 outstanding public high school skilled trades teachers and their programs with \$1 million in cash awards. High school skilled trades teachers are encouraged to apply for this year's prize at [hftforschoolsprize.org](http://hftforschoolsprize.org). The Prize will launch on March 24, and applications will be accepted until May 21. Winners will be announced in October 2021.

Harbor Freight Tools also supports non-profit organizations that serve K-12 public education, first responders and veterans. For more information on the gift card donations program, visit [harborfreightgiving-back.org](http://harborfreightgiving-back.org).

For more information about Harbor Freight Tools, visit [harborfreight.com](http://harborfreight.com). Follow the company on Facebook, Twitter, Instagram and YouTube.

## Temple B'nai Israel announces virtual Jewish Food Festival

LACONIA — The 2021 New Hampshire Jewish Food Festival continues with its 2020 virtual format, but with a greatly expanded menu and some additional surprises. The talented culinary teams of Temple B'nai Israel will be cooking and baking in the temple kitchen preparing hundreds of servings of the most delectable foods and baking the most popular desserts. This is the once-a-year oppor-

tunity to place orders for your favorite Jewish foods. The website will be open for ordering beginning June 1 at [tbinh.org](http://tbinh.org). Orders will be prepared and ready for pick up, curbside, by appointment, on July 30, 31 and Aug. 1.

TBI is excited to introduce a special member of the Jewish Food Festival cooking team this year. "Bubbie" (Yiddish for grandmother) will

enthrall you with her "Kitchen Adventures" series of stories from behind the scenes in the TBI kitchen. Each week beginning June 1, the opening day for online ordering, Bubbie's stories will be posted on the TBI website. Log on and enjoy "Bubbie's Kitchen Adventures."

New for 2021 is the offering of a custom deli sandwich "Picnic Pack" made up of fresh, ready-

to-eat items. The pack includes one pullman style (rectangular shape) loaf of Jewish style rye bread. Your choice of three deli meats in half-pound packages. (Mix and Match- one and a half pounds in total)- Corned beef, Tongue, or Black Pastrami (Boston style). Six crispy green half sour pickles fresh from the barrel, two pints of freshly prepared homemade coleslaw, one container of handmade

deli style horseradish mustard and one pound of home baked rugelach for dessert. Picnic Packs are a great way to take the Jewish Food Festival from "dining under the tent" on temple grounds to dining at the park, the beach, on the boat or at home.

Along with the new Picnic Pack offering, the Jewish Food Festival's main menu includes the homemade traditional Jewish style foods that everyone craves but is hard to find in this part of New Hampshire. Most items are sold frozen in multi-packs with instructions for heating at home.

The brisket is slow cooked and available in half pound packages with savory gravy. Evan's Deli of Marblehead, MA supplies the corned beef, pastrami, and tongue, sold fresh also in half pound packages. The matzah ball soup is a rich homemade chicken broth with fluffy matzo balls and carrots, just like Bubbie used to

make. The TBI kitchen "mavens" (experts) create amazing extra crispy potato latkes. The blintzes are lightly fried crepes and filled with a mixture of farmers and cream cheese. The knishes are authentic "New York Style" with a flaky pastry crust filled with hand ground beef brisket or a mixture of potato and onion. One of the most requested items is an 8" square pan of noodle kugel, the ultimate comfort food. Medium-width noodles are baked in a sweet cream custard, topped with cinnamon-frosted flake crumbs. If chopped chicken liver or chopped herring is what you have been craving for the last year, wait no more as these items will be available, freshly prepared and refrigerated. Included on the menu are the best of the traditional Jewish desserts - rugelach, strudel, and hamantaschen.

Visit the Temple B'nai Israel website, [tbinh.org](http://tbinh.org), for more details and information.

## Powerhouse Theatre Collaborative announces movie auditions for kids!

LACONIA — Powerhouse Theatre Collaborative, the community-based theatre program of the Belknap Mill has several opportunities for kids to be involved in their productions including 4 projects in the next 8 months! We are currently seeking auditions for a boy and a girl to participate in a movie featuring the historic Belknap Mill.

The Belknap Mill was recently awarded a generous grant from NH Humanities, along with additional support from Eversource to create a film version of the Belknap Mill's award-winning Industrial Heritage Program where fourth graders from all over New Hampshire come to the Mill to experience a day in the life of a mill worker in 1918. The Mill has turned to its in-house performing arts company, Powerhouse Theatre Collaborative, to adapt the Mill program into a script and produce the movie that will allow kids to experience the program from their own classrooms.

Says Powerhouse's producer Johanna Halperin, "Due to the pan-

demic, kids were unable to attend the Industrial Heritage program in 2020 or 2021, so the Mill team wanted to find ways we could bring the Mill to them. This movie will recreate the experience in a format that can be shared with schools across New England and around the world!"

But the first step is casting, and Powerhouse is seeking a boy and a girl who can believably pass for a fourth grader who will become the eyes through which the fourth graders in schools will "see" the program. Actors should be able to memorize lines, be comfortable rehearsing and acting with adults, and be available for the shoot in Laconia on July 17 and 18. There will be

a few rehearsals prior to shooting.

Auditions will be by video and all the information on how to audition can be found at <https://www.belknapmill.org/powerhouse-auditions>. Auditioners will fill out the audition form and send a video introducing themselves and performing the provided audition speech. Videos will be accepted through June 15.

While at the Web site, check out three other audition opportunities for kids including two chances to perform on the Colonial stage,

and the opportunity to participate in a staged reading of a brand new musical! Auditions for the Colonial productions will be August 29, in person, and auditions for the reading will be by video submission.

Powerhouse Theatre Collaborative's 2021 season is generously sponsored by Spectacle Live. For more details on Powerhouse and all the programs at the Belknap Mill or to find out how to become a sponsor, visit [www.belknapmill.org](http://www.belknapmill.org) or email [powerhouse@belknapmill.org](mailto:powerhouse@belknapmill.org).

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# Gilford lacrosse girls put up fight against D2 Kingswood



JOSHUA SPAULDING

Kingswood's Erin Meyer tries to move around the defense of Gilford's Bethany Tanner in action last week.

BY JOSHUA SPAULDING  
Sports Editor

WOLFEBORO — The Kingswood and Gilford lacrosse girls opened the penultimate week of the regular season on Tuesday, May 18, in Wolfeboro and after a fairly close first half, the Knights pulled away in the second half and took the 20-9 win.

“It was an awesome night,” said Kingswood coach Meg Anderson, who honored her team’s four seniors prior to the game. “And two of the seniors have missed all year.”

She noted that those two seniors, Emily Goldberg and Nia Garland, got the chance to start, with Garland starting in goal before handing net duties over to Alexis Eldridge and Hailey Kelly in the second half.

“We improved from yesterday,” said Gilford coach Dave Rogacki. “Playing on turf, I was a little worried, but they really did a decent job.”

The Knights got out

to a 10-6 lead through the first half, with Catie Shannon leading the way with four goals in the opening 25 minutes. Erin Meyer added a pair and Fallon Peacock, Cassidy Simpson and Ana Ekstrom each added a tally. For Gilford, Ashley Hart and Molly McLean each had two in the first half, while Aly Pichette and Taryn Fountain each put in a goal.

Ekstrom opened things up in the second half for the Knights, scoring 50 seconds into the half for the 11-6 lead. Gilford came back with some pressure, but could not get the ball in the net and Meyer answered for the Knights, scoring with 22:48 to go in the game to up the lead to 12-6. Peacock had a chance stopped by Gilford keeper Julia Spooner, who also stopped a free position shot from Peacock, while Emily Watson had a bid in the zone but was turned away by the Kingswood defense.

With just a few ticks

less than 20 minutes remaining, Meyer scored her fourth goal to put the lead to 13-6 and right off the ensuing faceoff, Ekstrom made a nice move into the zone and fired the shot on for the 14-6 lead.

Gilford got its first goal of the second half with 19:16 to go, as Pichette weaved her way into the zone and fired the ball past Eldridge and into the net to make it 14-7. Fountain had a bid for the Golden Eagles, while Sarah Paraskos and Ekstrom had chances for the Knights that Spooner turned away.

With 16:49 to go, Lexi Shute got the Golden Eagles within six goals, firing a shot into the net to make it 14-8. Bethany Tanner made a nice defensive stop on Paraskos while McLean had a free position bid, Fountain and Hart sent shots wide of the net and Shute made a bid that the defense stopped.

With 13:30 to go, Shannon found Meyer, who



Keeper Julia Spooner makes a save in action for Gilford last week in Wolfeboro.

buried the ball in the net to get Kingswood back on the board. After Kingswood had a free position shot that was denied, Ekstrom converted on a feed from Ella Meserve with 12:40 to go to make it 16-8. Pichette and McLean combined on a bid for the Golden Eagles, but could not find the back of the net and Kingswood upped the lead to 17-8 with 11:29 to go, with Catie Clegg making a nice feed from behind the net to Ekstrom, who buried the shot.

Meserve had a free position shot that was denied by Spooner and Gilford came back with some chances, with Watson, Pichette, Lauren Gallant and Shute all getting chance, but Kelly stood tall in the net for the Knights.

Gallant scored Gilford’s ninth goal of the game with 8:15 to go, cutting the lead to 17-9, but the Knights got the final three goals of the game. Rachael Paraskos raced in and scored off the en-

suing faceoff with just one tick less than eight minutes to go to make it 18-9. Shute and Avery Dinges exchanged chances while Shannon and Peacock had chances for the Knights as well.

Peacock scored on a free position shot with 4:20 to go and with 55 seconds to go, Jill Caravella scored to close out the scoring.

The previous day, Kingswood got a 20-7 win over the Golden Eagles, who got three goals from Shute and two from Hart, while Gallant and Fountain each scored once.

Two days later, Kingswood won 13-9, with Rogacki calling the second half, “the best second half of the season.” Shute scored three times, Hart added a pair and McLean, Pichette, Watson and Geena Cookinham each added a tally.

“I was very happy with the progress the players demonstrated in a very tough stretch against a very good Kingswood team and in

the heat,” Rogacki said. “We played a good quality game today (Tuesday) and that’s the best you can do.”

The Golden Eagles finish up the regular season today, May 27, at home against Laconia at 4 p.m. The Knights wrap up the regular season today, May 27, as well, hosting Inter-Lakes/Moultonborough at 6 p.m.

The Knights start the Division II playoffs at home against Kennett on Monday, May 31, with the winner at John Stark on Wednesday, June 2. The Golden Eagles start the Division III playoffs on Monday, May 31, at home against Inter-Lakes/Moultonborough, with the winner facing either Plymouth or Laconia on Monday, May 31.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

# Golden Eagles head to tourney with couple of wins



KATHY SUTHERLAND

Ashley Kulcsar picked up a pair of wins over Kingswood in the final week of the regular season.

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Gilford girls’ tennis team finished the regular season with a couple of wins over Kingswood last week.

On Tuesday, May 18, the Golden Eagles hosted the Knights and came away with a 9-0 win over Kingswood.

Alyssa Craigie won 8-4 in the top spot in the lineup while Alyssa Gos-

selin had a hard-fought match at number two, going more than an hour and a half before coming away with a 9-8 (7-5 in the tiebreaker) win.

Ashley Kulcsar got the 8-0 win at number three, Avery Marshall won 8-0 at number four, Alexa Leonard got the 8-0 win at number five and Kathryn Osborn won 8-0 in the sixth and final singles spot.

Craigie and Kulcsar played at number one doubles and got the 8-3 win, Marshall and Leonard won by an 8-0 score at number two and Alaina and Kathryn Osborn won 8-2 at number three.

Two days later, the Golden Eagles traveled to the other side of Lake Winnepesaukee and recorded an 8-1 win over the Knights.

Craigie got an 8-4 win in the top spot in the lineup, Kulcsar won 8-2 at number three, Mar-

shall got an 8-0 win at number four, Leonard won by an 8-0 score at number five and Kathryn Osborn won 8-0 in the final singles spot. Gosselin dropped an 8-6 decision at number two.

Craigie and Kulcsar had a great back and forth battle at number one doubles, finishing with an 8-6 win, Marshall and Leonard won by an 8-2 score and Alaina and Kathryn Osborn won 8-0 in the final spot in the doubles ladder.

Gilford is scheduled to host Prospect Mountain on Friday, May 28, in the opening round of the Division III tournament. The winner plays either Moultonborough or Inter-Lakes on Monday, May 31.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

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**Edward Jones: Financial Focus**

**529 plans: More versatile than ever**

If you have children or grandchildren, you may already be somewhat familiar with the 529 plan, a popular education savings vehicle. But you may not have kept up with some recent changes in the plan’s capabilities and in the educational environment in which the plan might be used.

Let’s start with the learning environment. During the COVID-19 pandemic, colleges and universities switched to online classes, or at least to a hybrid of in-person and online. And even before the pandemic, many schools offered remote classes, though obviously not to the same extent. But after COVID-19 subsides, it’s likely that the online component will remain an important part of higher education. What does this “new world” mean for you, when you’re saving for college? Will a 529 plan still be relevant? In a word, yes. First of all, a 529 plan can offer tax advantages. Earnings in a 529 plan are federally tax-free, provided the money is used for qualified educational expenses. And if you invest in your own state’s 529 plan, your contributions may be tax deductible. (Withdrawals used for expenses other than qualified education expenses may be subject to federal and state taxes as well as a 10% penalty.) Because tax issues for 529 plans can be complex, you’ll want to consult with your tax advisor before investing.

Online learning costs are eligible for a 529 plan’s tax benefits just as much as those incurred from in-person classes. Tuition, textbooks, supplies, computers and services – all of these should qualify, assuming the school meets certain criteria. Also, students enrolled half-time or more don’t have to live in a dorm for room and board expenses to be covered by a 529 plan – they can live in off-campus housing. However, these room-and-board costs typically must equal the cost of living on campus. Some schools identify a specific cost for “commuters” or “at-home students,” so you will need to contact the college directly to determine qualified room-and-board costs.

Now, let’s take a quick look at what some changes in the rules governing 529 plans over the past few years might mean for you. Eligible expenses from your 529 plan include the following:

- K-12 expenses – Parents can withdraw up to \$10,000 per student, per year, from their 529 plan to pay for tuition expenses at elementary and secondary schools. So, if you intend to send your children to a private school, this use of a 529 plan might interest you.
- Apprenticeships – 529 plans can be used to pay for fees, textbooks, equipment and other supplies connected to apprenticeship programs registered with the Department of Labor. These programs, typically offered at a community college, combine classroom instruction with on-the-job training.
- Student loans – Families can withdraw funds from a 529 plan to repay the principal and interest for qualified education loans, including federal and most private student loans. There’s a lifetime limit of \$10,000 for student loan repayments per each 529 plan beneficiary and another \$10,000 for each of the beneficiary’s siblings.

All of these newer uses of 529 plans may contain additional guidelines and exceptions, and state tax treatment varies, so you’ll want to consult with your tax advisor before taking money from your account. But it’s valuable for you to know the different ways you can put a 529 plan to work.

**Jacqueline Taylor**  
Financial Advisor  
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Alyssa Gosselin had a long match last week against Kingswood, eventually emerging with a tiebreaker win.



# Gilford track team wraps up regular season



Abby Shute breaks from the blocks in the 100 meters on Saturday in Belmont.



Chandler Green takes off during the 100 meters in Belmont on Saturday.



Harrison LaFlamme, Mitchell Townsend and Keith Cameron run in the 800 meters on Saturday.

BY JOSHUA SPAULDING  
Sports Editor

BELMONT — The Gilford track team rounded out the regular season with a meet in Belmont on Saturday, taking on the hosts and Inter-Lakes.

In the 100 meters for the boys, Aiden Malek finished in fifth place in 12.28 seconds and Chandler Green ran to ninth place in 13.69 seconds. In the 200 meters, Jaimen Sawyer finished in fifth

place in 27.65 seconds, Henry Stow finished sixth in 28.81 seconds, Green was seventh in 29.61 seconds, Sam Stoddard was ninth in 30.01 seconds, Dylan Wright was 10th in 30.06 seconds and Malek was 11th in 31.15 seconds.

In the 400 meters, Stow finished in third place in 1:05.27 and Stoddard was fourth in 1:07.28.

Harrison LaFlamme finished in third place

in the 800 meters with a time of 2:25.08, Mitchell Townsend was fourth in 2:26.71 and Keith Cameron was fifth in 2:29.83.

Wright finished in third place in the high jump with a height of four feet, six inches, while in the triple jump, Anthony Haddocks was second at 38 feet, 3.5 inches.

Haddocks got the win in the javelin with a toss of 130 feet, nine inches, Nick Arenstam finished

second at 116 feet and Wright threw 57 feet four inches. In the discus, Arenstam finished in second place at 86 feet, eight inches and Sawyer was third at 79 feet, nine inches. Sawyer also added a third place in the shot put with a toss of 25 feet, nine inches.

The Gilford 4X400-meter relay team finished in third place in 4:14.4.

For the Gilford girls in the 100 meters, Abby Shute finished in fifth place in 14.2 seconds and Brook Kimball took sixth place in 14.91 seconds. Shute added a second place in the 200 meters in 29.55 seconds, Kimball took third in 31.21 seconds and Shea Brown was fourth in 33.9 seconds.

In the javelin, Riley McDonough took the overall win with a toss of 86 feet, six inches while Brown threw 45 feet, two inches, while in the discus, Kimball finished in third place at 65 feet, 11 inches. In the shot put, Kimball was third at 22 feet, seven inches and



Brook Kimball throws the shot put in action Saturday morning in Belmont.

Brown finished in sixth place at 19 feet, 9.5 inches.

The Golden Eagles hosted the Division III championships on Tuesday and Wednesday,

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## Honor Society of Phi Kappa Phi inducts new members

BATON ROUGE, La. — The following people recently were initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines.

Julien Davis of Gilford at Plymouth State University

Cassidy Keyser of Gilford at Plymouth State University

They are among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires

nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academ-

ic disciplines. Today, the Society has chapters on more than 325 campuses in the United States and the Philippines. Its mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others."

More About Phi Kappa Phi

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization's notable members include former President Jimmy Carter, NASA astronaut Wendy

Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards more than \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit [www.phikappaphi.org](http://www.phikappaphi.org).

## HIGH SCHOOL SLATE

Thursday, May 27

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# Lakes Region Community Developers supported by Meredith Village Savings Bank

LACONIA — Meredith Village Savings Bank (MVSB) recently purchased \$35,000 in tax credits from Lakes Region Community Developers (LRCD) through the New Hampshire Community Development Finance Authority (CDFA) to support renovations at LRCD's new headquarters at 193 Court St. in Laconia.

In 2019, LRCD bought the old Walter's Market with the plan to turn it into their forever home. The first phase of renovations included interior restorations and repairs to suit the organization's programmatic needs, adding new insulation and siding on the southwest-facing exterior wall, and improving the building's front façade. The tax credits will be used for the still to be completed list of energy efficiency, safety, and aesthetic improvements. LRCD still has \$9,000 in-state business tax credits to sell by May 31 to complete these enhancements.

"We are very proud to support LRCD's mission of creating opportunities for the Lakes Region to thrive by developing healthy homes, generating energetic and productive community properties, and reaching out to interact with residents," said Rick Wyman President of Meredith Village Savings Bank. "Thinking creatively to address housing challenges helps maintain fundamental to the strength of our communities and we are pleased to help further this initiative."

"We are grateful for community partners like Meredith Village Savings Bank. They have invested in our work in many ways over the years," said Carmen Lorentz, LRCD Executive Director. "Without their partnership and investment, it would be difficult to do what we do."

CDFA tax credits allow businesses to fund

qualifying economic or community development projects in exchange for a tax credit that can be applied against state business tax payments. The tax credits are administered by the New Hampshire Community Development Finance Authority (CDFA). Any business with operations in New Hampshire that contributes to a CDFa tax credit project receives an NH state tax credit worth 75 percent of their contribution. The credit can be used over a period of five years to reduce the business' state tax liability (business profits, business enterprise, or insurance premium taxes). The tax credit program allows New Hampshire businesses to use their state tax dollars to support local projects that they care about. CDFa reviews many project applications each year, and awards tax credits to those they determine are feasible and will make the biggest impact on economic development in the state. For more information, visit nhcdfa.org.

LRCD is a non-profit housing and community development organization whose mission is



Left to right: Carmen Lorentz, Executive Director of Lakes Region Community Developers and Lori Borrin, VP Loan Officer at MVSB, and Board Member of Lakes Region Community Developers.

to create opportunities for the Lakes Region to thrive by developing healthy homes, creating vibrant community assets, and engaging residents. Over its 27-year history, LRCD has developed 366 healthy rental homes in six Lakes Region towns, including Laconia. In 2017, they expanded their mission to include community building & engagement programming for the people who live in their properties. Their goal is for everyone in the

Lakes Region to live in healthy housing, regardless of their income.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers, and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150, Meredith Village Savings Bank (MVSB) has served

the people, businesses, non-profits, and municipalities of Central New Hampshire. MVSB and its employees are guided by accountability, mutuality, excellence, respect, integrity, teamwork, and stewardship. To learn more, visit any local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Plymouth, Portsmouth, or Wolfeboro, call 800-922-6872 or visit mvsb.com.

## Pereira achieves membership in Million Dollar Round Table



David Pereira

GILFORD — David C. Pereira of Gilford, a representative for Modern Woodmen of America, is one of a small percentage of financial representatives worldwide to achieve membership in the prestigious Million Dollar Round Table (MDRT) this year.

Founded in 1927, MDRT, The Premier Association of Financial Professionals®, is a global, independent association of more than 49,000 of the world's leading life insurance and financial services professionals from more

than 500 companies in 70 countries. MDRT members demonstrate exceptional professional knowledge, strict ethical conduct and outstanding client service. MDRT membership is recognized internationally as the standard of excellence in the life insurance and financial services business.

The local Modern Woodmen office is located in Gilford. Contact Pereira at 603-524-2005 for more information about Modern Woodmen's financial services and fraternal programs.

Founded in 1883, Modern Woodmen of America is a fraternal financial services organization offering financial products and fraternal member benefits to individuals and families throughout the United States.

## Gilford native receives Doctorate from American University College of Law

WASHINGTON, D.C. — Christopher M. Weeks, a 2012 graduate of Gilford High School and a 2016 graduate of Occidental College, received his Doctorate of Jurisprudence from the American University Washington College of Law on Sunday May 23. As is socially acceptable, the ceremony was virtually streamed due to pan-

demic protocols. While at American University, Christopher served as an Associate Justice in the Judicial Branch of the Student Bar Association, and was also the Note and Comment Editor for the American University Law Review. He also co-wrote a published Law Review article "Compelled Identity: EEOC

Policy To Reclassify Ethnicity As A Free Speech Violation." Additionally he spent a summer term as a student and observer at the World Health Organization in Geneva, Switzerland. As a undergraduate, he spent semesters at the Rwandan Consulate at the United Nations in N.Y.C., at the Department of Homeland Security in Wash-

ington, D.C., and as an Arabic language student in Amman, Jordan. He has already accepted a position at the law firm of The Law Employment Group in D.C., which "...represents employees who stand up to wrongdoing in the workplace." The Group also represents government employees and handles immigration matters.

## Come ride in NH at Progressive Laconia Motorcycle Week®

LACONIA — Progressive Laconia Motorcycle Week® returns to the Lakes Region this June 12-20 for its 98th year. More than a quarter of a million riders are expected to attend this year after a pandemic-induced postponement to last year's rally. The event is host to a full week of music, vendor exhibits, racing and, of

course, riding. Although Motorcycle Week centers around Weirs Beach, you'll find riders in every corner of the state, from the seacoast to the White Mountains. That's because New Hampshire's scenery, fresh air and accessibility are unmatched. Riders can cruise through the


mountains, the state's famed covered bridges, iconic lakes and along the seacoast, all within a matter of hours. Try that anywhere else! And unlike other events that draw such large crowds, and with that traffic, residents and businesses embrace this uniquely New Hampshire tradition. By conservative estimates, the week-long event brings more than 100 million dollars to the state's economy each year. Restaurants, hotels, fuel & liquor sales across the state see a huge boost. It is a catalyst for countless tourism dollars, especially helpful because it occurs during the spring season, before the bustle of summer kicks in.

Whether you're a Motorcycle Week veteran or a first-time attendee, Laconia Motorcycle Week® invites you to experience the thrill of the world's oldest motorcycle rally®. Come see history in the making as we count down to 100. Come ride in New Hampshire!


Laconia Motorcycle Week® gives great appreciation to all of our sponsors, especially our Presenting Sponsors: Progressive, AMSOIL and Team Motorcycle, as well as the State of New Hampshire for their large financial support of our rally each year. For more information about visiting the state of New Hampshire, check out visitnh.gov.

### PET OF THE WEEK

Sasha is a wonderful girl who loves to play! She is perfect if you are looking for lots of personality in a medium sized package! Sasha loves to play with her toys, and already has excellent house training habits. Sasha is working on her leash skills, impulse control skills, and sharing her things. She is looking for a quiet home, where she can continue building her skills with positive reinforcement, and get lots of play time and walks! Sasha would do well in a home with adult humans, no cats, and no dogs- she wants to be your one and only four legged friend!



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SOFTBALL

(Continued from Page A1)

Madison McKenna led the offensive charge with two hits on the night, while Ella Harris struck out 14 Kingswood batters, giving up just four hits.

Two days later, the Golden Eagles traveled to Wolfeboro and picked up the 6-4 win over the Knights.

The Knights scored the game's first run in the fourth inning, but Gilford answered with four runs in the top of the fifth inning. Caldon walked, Maddie McKenna singled, Jaiden McKenna had a two-run base hit and Harris was intentionally walked. A

Madison Heyman fielder's choice and courtesy runner Claire Bartley scored on a Lauren Nash-Boucher base hit for the 4-1 lead.

Kingswood scored three times in the bottom of the fifth, tying the score at four, but Gilford got a run in each of the final two innings. In the sixth, Jaiden McKenna walked, stole second and scored on a single by Harris. In the seventh, Heyman led off with a single, moved up on a wild pitch and took third on a bunt by Meserve. Nash-Boucher had a fielder's choice to plate the final run of the game.

Madison McKenna, Jaiden McKenna and Heyman each had two hits to pace the Gilford offense, while Harris struck out seven, gave up three hits and three walks in the win.

Gilford finished off the regular season after deadline Wednesday. The Golden Eagles will open the Division III tournament at Somersworth on Monday, May 31, with the winner moving on to visit Raymond on Wednesday, June 2.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



Millie Caldon slides home during action last week against Kingswood.

TOP TEN

(Continued from Page A1)

Saints and then attend Brigham Young University in Provo, Utah.

"I want to work in the sports industry somehow," Flanders said.

Kayla Loureiro took part in lacrosse and cross-country. She is now the senior class president, previously serving as class treasurer in her sophomore and junior years. Loureiro said she staged a write-in campaign for class treasurer after seeing no one ran for the position.

She is also the historian for National Honor Society.

Loureiro will attend the University of Rhode Island to study kinesiology, saying she wants to become a pediatric occupational therapist. She said she was inspired to get into this field after seeing her grandfather go through OT while battling multiple system atrophy and how much fun OT has been for her

autistic niece.

"That's what I want to provide to other people, especially children," Loureiro said.

Annabelle Eisenmann plays soccer and basketball and is in NHS. She is also a member of the Unified Club.

"I just like they it was very inclusive and fun," Eisenmann said of Unified. She said it was also an opportunity to have fun playing sports.

She plans to attend Bridgewater State University in Bridgewater, Mass., and study special education, aiming to become a special education teacher. She said she was inspired by members of her family in similar fields. Her grandmother was a therapist, her uncle is an English teacher, and her aunt is a librarian

Tyler Browne is involved in theater and chorus at GHS. Outside of school he does Irish

dance and ballet, his mom teaches Irish dance at the Tara Little School in Laconia.

Browne is from Ireland and emigrated with his family when he was seven years old. He said he adapted pretty quickly to life in Gilford, even if he was supposed to be two years ahead of his peers.

"It wasn't too bad, I was very young at the time," Browne said. "I made a lot more friends than I did in Ireland."

After graduation he will attend UNH, studying health science with a minor in psychology. He also has a guaranteed transfer to Boston University. Browne said he wants to be a psychologist, a job he was inspired to do after helping out many of his friends.

Blake Bolduc has done choir and theater all four years.

"I was the only one who got into the New En-

gland Music festival all four years," Bolduc said.

He is also president of NHS, serves as an Eagle Ambassador, and helps with Gilmanton to Gilford transition. Bolduc said he enjoys working with and mentoring children. Bolduc volunteers his time at Gilford Elementary School and was involved in Always Building Connections through NHS before COVID hit.

Bolduc will attend UNH, studying secondary education with a focus on English. He wants to be a teacher after being inspired by a number of teachers he has had.

Kendall Jones plays soccer at school and has played and coached Gilford's Parks and Recreation Soccer. She also does alpine skiing and is a ski instructor at Waterville Valley.

Jones said she loves the camaraderie and

small classes in Gilford.

Jones will attend Bates College in Lewiston, Maine. She found out she was accepted while skiing.

"I found out on the chairlift and I nearly dropped my phone," Jones said,

She plans to major in biology and healthcare, saying she wants to become a doctor or involved with public health.

Peter Christiansen played soccer for two years and has been involved in Spanish Club.

"In general, I think for the most part the spirit and atmosphere of the school is one of progression and optimism, which I enjoy," Chris-

tiansen said. "Kids are generally excited to be there. The teachers support that, there is no sort of miserable daily grind tone."

His true passion is filmmaking and animation, a pursuit he was inspired to follow since a young age.

He makes his own animations, saying animation has been a way for him to practice filmmaking without actors or a production and learn to tell a story. Ultimately, he wants to focus on live action filmmaking. He will study in the media arts production film program at Emerson College in Boston to learn the logistics of production.

GUNSTOCK

(Continued from Page A1)

open on weekends from May 29 through June 21.

The Zipline Tour and Aerial Treetop Adventures starts at 10 a.m. and runs every half hour until 3 p.m.

The E-Bike Tour and the Segway Tour both run at 10 a.m., noon, and 3 p.m.

The Scenic Lift Ride will start at 10 a.m. with the first chair up with the last chair down at 3:45 p.m.

The Mountain Coaster will run from 10 a.m.-4 p.m.

Gunstock's biking and dog friendly hiking trails are also open and people can fish in the pond.

The campground will officially open for the season on May 28 and is now taking reservations. Gunstock's campground has 290 sites including basic with no water or electric; basic plus sites with a tent platform, sites that offer 30 and 50 amp electric and water; sites with electric, water, and sewer; and rustic camping cabins that sleep up to four adults or two adults and three

children.

A number of events have been scheduled at Gunstock through the month of June, including several events that were postponed until this year due to the pandemic.

The Gilford Police Relief Association will again host the annual Kainen M. Flynn memorial Fishing Derby on June 5.

A Bike Week tradition returns with the Gunstock Hill climb on June 16.

Gunstock Trailfest will take place on June 19-20 with nine different trail races over two days for many ages and abilities.

The Laconia Rod and Gun Club's Fishing Derby is scheduled for June 16.

Gunstock is also hiring for the summer season, including for Treetop Adventure Course Guides and positions in grounds, maintenance, the restaurant, and many others.

For a full list of events, activities, and job openings visit gunstock.com.

# Comfort Keepers

## Home care tips for improving memory for seniors

BY MARTHA SWATS  
Owner/Administrator  
Comfort Keepers

One in nine adults in the U.S. over the age of 45 reports memory issues.

For seniors with memory issues, receiving care while remaining in their home can further enhance their quality of life. This is true for those with minor memory problems that result from age or for those with Alzheimer's, dementia or other forms of memory loss. A familiar environment can reduce confusion and improve mental engagement, and being surrounded by beloved objects and memory cues can foster a sense of connection and peace.

For older adults, there are some conditions that progress over time and have a significant effect on memory. However, lifestyle changes may help control memory problems and help seniors continue to remain independent at home with a little extra help from family or a professional caregiver.

Mental exercise: Research has shown memorization helps keep the brain healthy. Learning how to play an instrument or fix a car, and even teaching others, strengthens the brain's circuits.

Take a class: Formal

education works the brain through the learning process. For those that want to keep their mind sharp, many colleges and universities offer courses at low cost or for free to seniors.

Socialize: Seniors who interact regularly with friends, family, and community are less likely to experience cognitive decline and can experience a better sense of overall wellbeing. Those who are unable to drive can enlist the help of family and friends to get to social engagements or seek the assistance of a caregiver.

Get up and move: Exercise is a great way to help keep the mind sharp. Seniors that are interested in increasing their physical activity should consult with a physician before beginning an exercise program.

Eat well: Good nutrition benefits the mind and the body. Healthcare professionals can suggest dietary guidelines and/or supplements that can help with memory issues.

Believe in yourself: Scientists are not sure why self-efficacy seems to ward off mental decline, but it may have to do with a person's ability to manage stress.

Organize the home. Creating to-do lists, calendars, a dedicated spot for keys and items that

are often lost, and ensuring that things are put back after use can help those with memory issues feel comfortable and confident.

Get enough sleep. Lacking sleep can contribute to memory loss, so seniors should take steps to improve their sleep.

Taking an active role in engaging the mind can help older adults continue to live with purpose, connection and joy. To learn how professional caregiving can help seniors stay active, social, and engaged, contact your local Comfort Keepers® office today.

Comfort Keepers® can help

Our goal is to provide uplifting in-home care that benefits seniors and their families. The individualized care plans we create for our clients can include companion care, respite care and Alzheimer's and dementia care. Our caregivers can provide transportation to community events, support physician-pre-

scribed exercise and diet regimens, provide companionship and help families stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

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Artists of the Month

Lakes Region Art Association/Gallery member artists voted by their peers as ‘Artists of the Month’ display a wide variety of mediums. Their winning fine art paintings proudly displayed are, front row, L-R: Paul Foote (collage), Lynn Casey (colored pencils), Sally Hibberd (acrylics), Barbara McClintock (oil paint). Back row: L-R: Susan Merritt (oil paint), Fay Lee (watercolor), and Sherwood Frazier (photography). Their work will be on public display during the month of June at a number of banks and other locations. The Lakes Region Art Association/Gallery is a non-profit 501-C-3 organization located in Tanger Outlets, Route 120, Laconia Rd. Tilton, NH, Suite #300.

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# NH LAKES offers two Webinars in June

**REGION** — Join NH LAKES for two webinars in June as part of the “Explore Lakes with NH LAKES” webinar series.

Tune in for “Boating Safety 101” on Wednesday, June 2, presented by Timothy Dunleavy, Captain, New Hampshire State Police—Marine Patrol. New Hampshire’s lakes are warming up and so is the boating season! Whether you enjoy exploring our lakes by motorboat, paddle board, sailboat, canoe, or kayak, be sure to tune into this session for a refresher on basic boating laws and safety practices. This session will help you stay out of

trouble while enjoying smooth sailing all summer long.

Then, tune in for “Lake Level Management: A Balancing Act” on Wednesday, June 16, presented by Jim Gallagher, Chief Engineer, Dam Bureau, New Hampshire Department of Environmental Services. While most of New Hampshire’s lakes were formed naturally by nature, the water level in many of our lakes is managed by dams. Attend this session and learn about how dams are maintained and operated in a safe manner and about the challenges of lake level management in New Hamp-

shire.

These webinars are part of the “Explore Lakes with NH LAKES” webinar series sponsored by Grappone Automotive Group. These Webinars are free, but pre-registration is required, and space is limited. Visit [nhlakes.org/explore-lakes-webinars](http://nhlakes.org/explore-lakes-webinars) to learn more and sign up!

Established in 1992, the mission of NH LAKES, a statewide, publicly supported non-profit organization, is to ensure that New Hampshire’s 1,000 lakes are clean and healthy, now and in the future. To achieve its mission, NH

LAKES works with partners, promotes clean water policies and respon-

sible use, and inspires the public to care for our lakes. For more informa-

tion, visit [nhlakes.org](http://nhlakes.org), email [info@nhlakes.org](mailto:info@nhlakes.org), or call 226-0299.



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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.  
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Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



## HELP WANTED

**PLANNING ZONING BOARD CLERK POSITION**  
**TOWN OF BARNSTEAD**

The Town of Barnstead is seeking qualified applicants for a part-time clerk in the Planning/Zoning office (16-18 hours per week) with 2 evenings per month included. The successful candidate will perform a variety of clerical, receptionist and general administrative support functions Planning and Zoning Board.

Minimum requirements include high school diploma or equivalent and experience in clerical duties. Knowledge of modern office practices, computer literate, and proficient in Microsoft Office product. Possess exceptional verbal, written communication, organizational, telephone & customer service skills, maintain accurate records and reports, be able to work under pressure in a busy environment, establish and maintain effective working relationships with other employees, supervisors and the general public and willingness to take direction.

The Town of Barnstead, an equal opportunity employer, offers a competitive salary. Candidate must successfully complete a pre-employment criminal background search. Salary commensurate with experience.

Letter of interest and resumes must be submitted by the close of business May 24th, 2021, to:

**Board of Selectmen, "Planning/Zoning Clerk Position",**  
**P.O. Box 11**  
**Ctr. Barnstead, NH 03225**  
**E-Mail: barnstownhall@metrocast.net**



**HELP WANTED**  
DJ's Septic has an immediate opening for CDL-B drivers... don't have a CDL, earn your CDL while working for us. Our season has started and we are looking to add to our team.  
Call (603)569-5286 for immediate consideration.

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JW Electric of Meredith is looking for:  
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**To apply:** please send a cover letter, resume and references to: RMAA, P O Box 1756, Conway, NH 03818 or email: [terricorn@roadrunner.com](mailto:terricorn@roadrunner.com)

**Construction Help**  
2021 Work Season  
Sitework and Concrete Divisions

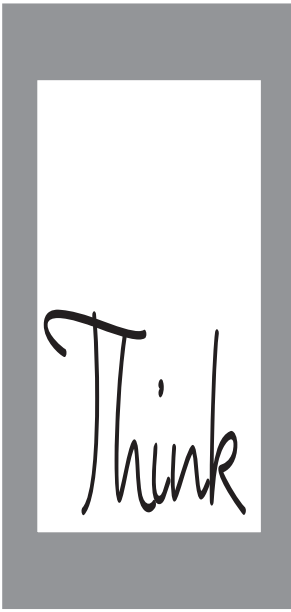
Seeking Individuals With Minimum 3-5 years experience:

- \*Site Foreperson
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- \*Concrete Leadperson
- \*Equipment Operators
- \*Concrete Form Workers
- \*Lowbed/Trailer Dump Driver

Pre-employment physical, Drug Screen Required

**Andrews Construction Co., Inc.**  
PO Box 720  
Campton, NH 03223  
Email: [info@andrewsconst.com](mailto:info@andrewsconst.com)  
[www.andrewsconst.com](http://www.andrewsconst.com)  
Telephone: 603-726-7623 - Fax: 603-726-7313





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Contact your Sales Representative to discuss advertising options  
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[tracy@salmonpress.news](mailto:tracy@salmonpress.news)

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CUT SPLIT AND DELIVERED  
Call Emery at E.G Roberts hay and firewood  
603-733-6003

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Better Breathers Club goes virtual

LACONIA — Concord Hospital - Laconia is excited to offer the Better Breathers Support Group on Thursday, May 27 at 10:30 a.m. This group provides support for those with COPD and other chronic lung conditions. This upcoming session is being held through Zoom and will require an internet connection and an email address.


Guest speaker Susan Patz, RN of Concord Hospital - Laconia will offer a discussion on better breathing techniques. There will also be an opportunity for questions and general conversation between participants.

For more information on this support group, future sessions or to register please call Community Education at 527-2948.



## Caring Never Changes

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