



THURSDAY, OCTOBER 4, 2018

GILFORD, N.H. - FREE

# Gilford Rec reports a busy summer

BY ERIN PLUMMER  
mnews@salmonpress.news

Despite some weather ups and downs, the Parks and Recreation Department had a successful summer season that saw high numbers at the beach and at programs as well as a big volunteer project to replace dugouts.

On Wednesday, Parks and Recreation Director Herb Greene gave a semi-annual update to the board of selectmen on the goings on in his department.

This year, Parks and Rec with a lot of volunteer support replaced two dugouts at Stone-

wall Park baseball field.

"One of those dugouts was completely destroyed last October and the other one was damaged in the storm right around Halloween," Greene said.

The project used money from the insurance company to rebuild the dugouts and a number of Little League volunteers put in a lot of work. In the end both dugouts were replaced and Greene said done so at a higher standard than the previous ones.

Greene said they are aiming to do an official

ribbon cutting ceremony for the project one some details are finalized.

"I would like to stress a big thank you to the league for taking charge and doing a great job down there,"

Greene said.

The town beach opened for the summer on June 16.

Before the beach opened, Greene said Buildings and Grounds helped repair some of the lifeguard towers

and staff repainted the bathroom and the picnic tables. Floor and decking work was also done at the village bandstand along with repainting.

Overall, Greene said the summer at

the beach was "up and down." The season started hot and humid, though there were a couple weeks of wet weather before more warm weather. He said there were two days

SEE REC PAGE A13

## Rescue crews help injured hiker on Belknap Mountain

BY ERIN PLUMMER  
mnews@salmonpress.news

Rescue crews helped a hiker with an ankle injury down Belknap Mountain and to safety.

According to a press release by the Gilford Fire-Rescue Department, the department was notified around 1:47 p.m. on Saturday that a hiker was injured on Belknap Mountain and required assistance.

According to Gilford Fire, a woman was hiking with her husband and was 100 feet from the summit when she sustained an ankle injury and wasn't able to walk any further. Bystanders were with the woman at the

time of her injury and called 911 on their cell phones.

Crews located the patient through cell phone GPS location and by talking with her husband on his phone. Six rescuers went to the Carriage Road parking lot and split up with four going to the location by foot and another two using the department's six-wheel Polaris Ranger UTV on the Green Trail.

"They experienced good weather, but some challenging hiking conditions due to exposed wet rocks and variable terrain," the statement read.

According to the statement, the UTV

SEE HIKER PAGE A13



COURTESY

### LRGH Auxiliary Annual Fall Craft Fair is Oct. 20

The 17th Annual LRGH Auxiliary Fall Craft Fair is scheduled for Saturday, Oct. 20 from 9 a.m. to 3 p.m. at Laconia High School. Shoppers can enjoy the works of over 65 juried and non-juried artisans from all over New England, boasting hand-crafted and specialty items. The event offers sizeable raffle and bake sale tables, refreshments from Annie's Café and Catering, and a Tanger gift card door prize valued at \$200. Hosted every October to coincide with Breast Cancer Awareness Month, proceeds benefit the LRGHealthcare Breast Health Program and other auxiliary projects. Admission is free, but donations are gladly accepted. For more information, visit the LRGH Auxiliary page on Facebook or call 524-3211, ext. 3663.

## Colorful quilts go on display at annual show

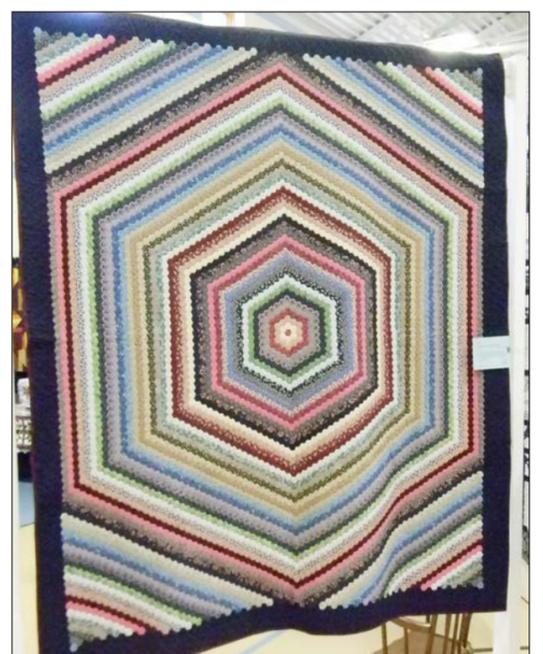
BY ERIN PLUMMER  
mnews@salmonpress.news

LACONIA — An array of quilts of many different colors, sizes, patterns, and inspirations could be found in one place this weekend during the the 41st annual Harvest of Quilts.

The Belknap Mill Quilter's Guild displayed hundreds of quilted pic-

es from small wall hangings to large blankets at the Gilford Youth Center over the weekend. Visitors could look at the array of quilts and vote for their favorites. They could also peruse the different vendors, and take part in demonstrations on all kinds of techniques.

Show chair Ann Rampulla said there was a



ERIN PLUMMER

One of the many unique quilts on display was "No, They Are Not Oyster Crackers!" by Anne Dustin.

## Central NH VNA & Hospice reflects on year of transitions

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH — Staff, volunteers, and supporters of Central NH VNA & Hospice reflected on a year of transition at their annual meeting.

The organization that provides home health and hospice care around the Lakes Region held its annual meeting on Wednesday night at Church Landing in Meredith.

Board president Gina Finocchiaro said there have been a lot of changes in the past 18 months.

The organization had to look for a new CEO and Finocchiaro took part in the process of finding one.

After a search and interview process, Central NH VNA & Hospice hired Lisa Dupuis of Connecticut.

"This amazing group of volunteers has made my transition here a welcoming



ERIN PLUMMER

Partnership for Public Health Executive Director Shelley Carita (center) receives the Alida Millham Leadership Award from Alida Millham and Central NH VNA & Hospice CEO Lisa Dupuis.

(experience)," Dupuis said.

She said it has been a year since she took her job, and in that year, she has bought and sold a house and moved two states away, later moving her family from Connecticut to New Hampshire.

Dupuis said she calls this past year one of building and transi-

tion

In the past 10 months she said the organization has worked to implement new regulations and policies, emergency preparedness, and put together plans to hire and retain staff.

"We need to hire quality staff in order to continue to develop the highest quality ser-

vice," Dupuis said.

She said they also have been working to retain the high quality staff they have.

The organization has also undertaken a rebranding project.

"I knew we needed to work on some of our branding and our look," Dupuis said.

Central NH VNA &

SEE VNA PAGE A12

steady flow of people coming in on Saturday. Co-chair Ila Mattila said the vendors seemed pleased as well and the club's vendor committee does an outstanding job working with the vendors.

The guild includes members from all over the Lakes Region with some coming from farther places like Concord, Pennacook, and Milton.

Rampulla said the styles in quilts range from traditional to artistic.

"We're all different in what we like and what colors we like to work with," Rampulla said. "We see all sorts of styles and colors."

The guild has been working with the Spaulding Youth Center. The youth center donated classroom space and members of the guild made and donated twin sized quilts for the kids there. Kids from the center came to Sunday's show.

"It was such a nice pleasure, that is one of the most wonderful things we do," Mattila said.

The show featured a number of unique quilts displaying the skill and hard work of the many quilters.

One of the quilts was "No, They Are Not Oyster Crackers!" by Anne

SEE QUILTS PAGE A12

## Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

Singing can be a wondrous, healing activity that warms the heart and refreshes the mind. From idly humming along to a catchy tune to full operatic achievement, singing is an activity that can be enjoyed at all levels. Children start naturally at a young age, and they never need to stop. It can seem intimidating to sing in front of others--what if we sing out of tune, or forget words, or our voices crack, or...no. That's enough anxiety. Today we are talking about singing self-conscious-less-ly. You will not be judged for your singing, at least not at the Library's new singing program: SAIL (Sing Along In the Library).

Jane Ellis will lead a biweekly singing group for people of any ability or disability here at the Library. She ran a similar program for years at the Taylor Community, and now she wants to bring the idea of an easy-going singing program to the public space. Jane explains that anyone can sing, no matter if they are on oxygen, can't remember the words, have never been trained, or

anything else. Singers don't even have to sing! You can hum along, or just listen to familiar songs.

The point is to have an opportunity for people to sing, socialize, and enjoy themselves without any holdups. Jane will bring her full keyboard to play songs from the '30s and '40s up through today. It'll be mostly pop, with a bit of rock, meaning that the music is likely to be familiar and catchy.

Jane explains, "I would love if people came from the Knolls or the Gilford Community who couldn't find a place to sing that was made for them. This program is for them."

The program is designed for seniors, but it is open to anyone.

It is going to meet here at the Library every second and fourth Wednesday from 11 a.m.-noon starting Oct. 10. Feel free to stop by at the Library or give us a call if you have any questions. There is no sign-up or commitment, just good tunes!

### Classes & Special Events Oct. 4-11

**Thursday, Oct. 4**  
Yoga Fun for Toddlers, 10:30-11:30 a.m.

Come learn the basics of yoga through fun movement, stories, and play! Yoga has been shown to increase early literacy when paired with books.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Cruising New Hampshire, 6:30-7:30 p.m.

Author and Lakes Region native Michael Bruno will be here to share his book 'Crusing New Hampshire'. A guide to New Hampshire's historical markers, this book explores the Granite State in a

way not done before!

**Friday, Sept. 28**  
Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Sign-up Storytime, 10:30-11:30 a.m.

Knit Wits, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

**Monday, Oct. 1**  
Closed for Columbus Day

**Tuesday, Oct. 2**  
Baby/Toddler Drop In Storytime, 10-10:30 a.m.

Bridge, 10:30 a.m.-12:30 p.m.

Preschool Sign-up Storytime, 10:45-11:45 a.m.

Nightly Knitting, 6-8 p.m.

Clickers Photography Club, 6:30-8 p.m.

**Wednesday, Oct. 3**  
Trustee Meeting, 8:30-10 a.m.

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

SAIL: Sing Along in the Library, 11 a.m.-noon

For everyone of all abilities and disabilities (particularly if you think you can't sing). This will be for fun and for those who

can or cannot read music. Come sing, hum, or just listen. We'll meet on the second and fourth Wednesday of the month in the meeting room.

**Thursday, Oct. 4**  
Yoga Fun for Toddlers, 10:30-11:30 a.m.

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Conversational French, 4-5 p.m.

## LRCS Family Resource Center strengthening families and communities through parent education

LACONIA — The Family Resource Center of Central New Hampshire, 719 No. Main St., Laconia, is offering a wide variety of parenting programs this fall for parents of children of all ages.

Most classes are held in the early evenings and are offered free of charge, with free dinner and childcare available on-site each evening for families in attendance. Advance registration is requested for each pro-

gram as space is limited. Assistance with transportation may be available with advance notice and approval.

Parenting classes scheduled for this fall include:

Cooperative Co-Par-

enting (4 weeks beginning October 2) for non-married, separated, or divorced parents and caregivers raising children together from separate households, covering topics such as positive communication, reducing and resolving conflict, and negotiating agreements.

Slow Cooker Meals Made Easy (5 weeks beginning October 30) offering simple meal ideas for feeding a family. Each family will be provided with a free slow cooker, and will prepare a healthy meal each week in class to take home and cook later. Weekly nutrition lessons are also provided.

Understanding Children's Growth & Development: A Nurturing Skills Module (6 weeks beginning November 1) sessions will focus on understanding the stages of growth & development and on establishing nurturing family routines. For this class only, participants have the choice to enroll in daytime sessions from 11:00am-1:00pm, or evening sessions from 6:00-8:00pm.

Sober Parenting Journey (14 weeks beginning November 6) for parents who are in recovery from addiction, this class provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse. Personal recovery, accountability, positive actions, parenting challenges are only some of the topics discussed by group members. Participants should have at least 90 days of sobriety prior to the start of class.

Call Tricia Tounignant, Family Resource Center, at 528-0391, or SEE LRCS PAGE A13

## Gilford Public Library Top Ten DVD Requests

1. "Book Club"
2. "Ocean's 8"
3. "Avengers: Infinity War"
4. "Adrift"
5. "Jurassic World: Fallen Kingdom"
6. "Overboard"
7. "Won't You Be My Neighbor?"
8. "All Saints"
9. "Grace and Frankie season 3"
10. "I Feel Pretty"

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### Information sessions now available at Lakes Region Community College starting Oct. 4

LACONIA — Lakes Region Community College is offering a series of Information Sessions highlighting each of their many program areas. These small group sessions will begin Thursday, Oct. 4, and will run from 4:30 to 6 p.m. Each Thursday, a different series of degree and certificate programs will be profiled. Prospective students will have the opportunity to learn more about the program, speak with award-winning faculty, learn more about the financial aid process, take a tour of the campus, and apply and get accepted on the spot (if accompanied by high school transcript). For more information, contact Joyce Larson at 366-5266. More infor-

mation is available at [www.LRCC.edu](http://www.LRCC.edu).

The Information Session schedule is as follows:

October 4 Liberal Arts and Fine Arts

Undecided students, those interested in transferring to four-year institution or in Fine Arts

October 11 Health, Education, and Human Services

Nursing, Human Services, Early Childhood Education

October 18 Business, Hospitality Management, Culinary Arts

Business Management, Accounting, Office Technology Management, Hospitality

Management, Restaurant Management, Pastry Arts, Cu-

linary Arts

October 25 S T E M (Science, Technology, Engineering, Math)

Computer Technologies, Graphic Design, Advanced Manufacturing,

Health Information Technologies, Electrical Installation & Maintenance,

Electrical Power & Control Technologies, Electro-Mechanical Technologies)

November 1 Industry, Transportation and Safety

Automotive GM-ASEP, Automotive Toyota T-Ten, Automotive Technology

Marine Technology, Fire Science, Fire Protection

November 8 Liberal SEE LRCS INFO PAGE A13

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# Gilford Parks and Recreation News

BY HERB GREENE  
Director

Gilford Parks and Recreation

Senior Moment-um fall foliage trip on Oct. 10

The Gilford Parks and Recreation Department in partnership with the Gilford

Community Church's Senior Outreach will be sponsoring a Senior Moment-um program on Wednesday, Oct. 10. Participants will meet at the Community Church at 8:15 a.m. before heading north aboard a coach bus

to Cannon Mountain. Once at Cannon, we will ride the Tramway to the top of the mountain to enjoy the amazing scenery! Following Cannon, we will get back on the bus to ride to New Hampshire's famous restaurant Pol-

ly's Pancake Parlor. After eating, we will board our Coach Bus to enjoy the scenic trip back.

There is no fee for the bus and the cost of the Tramway ride is free for NH Residents over the age of 65 with

a valid New Hampshire ID. For those who don't qualify for the free Tramway ride, the cost is \$18.00 per person. Participants will order off a limited menu at Polly's Pancake Parlor and will be responsible for the cost of their own meal. Space on this trip is limited and participants must RSVP in advance and will be accepted on a first come basis.

For more information or to RSVP, please contact the Gilford Parks and Rec. Department at 527-4722.

and Recreation Department is sponsoring some fall hikes for any adults looking for fresh air, fun, exercise and beautiful foliage on Tuesdays this fall. The scheduled hikes continue on Oct. 9 at the West Rattlesnake in Holderness. Participants will gather each morning at 9 a.m. in the Gilford Town Hall Lobby before departing for the hike. All interested participants must RSVP at least one day in advance to each trip.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

## Gilford Farmers' Market will continue during until Dec. 8 on alternating Saturdays

The Gilford Farmers' Market will continue during the fall at the Gilford Youth Center on alternating Saturday mornings from 9 a.m. to noon at 19 Potter Hill Rd. The Market will be held on: Oct. 6 and 20, Nov. 3 and 14, and conclude on Dec. 8. Free parking is located at the Gilford Community Church parking lot.

Our farmers will be there with an assortment of fall produce. Aaron of Winnepesaukee Wood Farm has a wide variety of winter squashes, root vegetables, and produce from his greenhouses in Gilford.

Joyce of The Shepherd's Hut in Gilford sells fresh frozen lamb, plus garden produce, maple syrup, eggs and many other items. For example, she has recipes, herbs and sauces to be used with their lamb. Her eggs sell out fast, so come early to ensure you get a dozen straight from the henhouse.

Todd of Todd's Sugar House in Belmont has

bottles and cans of maple syrup, he also has syrup and maple cream that is aged in oak barrels to give it a special flavor. He offers maple cream samples to put on crackers, but at home you might want to try it on toast or bagels. Try a little maple sugar in your coffee (which you can buy at the Historical Society's coffee and doughnut table).

On the first Saturday of each month, Misty of Our Place Farm in Loudon will be selling her "grass fed, no drug" frozen meats, along with her relishes and pickles. She is also a member of the New Hampshire League of Arts and Crafts and creates beautiful wool braided rugs. She has a display of rugs already made, if a customer would like a custom made rug, she will be glad to discuss colors and styles and make it special for you.

This is also the place to buy yourself something special (such as a braided rug) or to get an

early start on your holiday shopping. Marcia Harris-Bell of Winnepesaukee Quilt Company is a Gilford native who creates quilts, quilted wall hangings (some with a holiday motif), table runners, and the warmest mittens. They are made with recycled woolen sweaters and are lined with the softest fleece.

Amy of Big Bags and Udder Things has a wide variety of hand crafted items, either for yourself or to give as a gift. If you are a Red Sox, Celtics, Patriots, or Bruin fan, she has both the bag and the apron for you. She also has wine bags for the sports fan (think ahead to the holidays when you want to give a bottle of wine as a gift, put it in a specialized bag). Her bags and other items come in a wide assortment of designs.

By coming to the Gilford Farmers Market, you are helping local farmers and craftspeople and also helping the Gilford Historical Society raise money to renovate

the ell of the 1838 Rowe House. Money from the vendor fees and the coffee and doughnut table goes for this purpose.

The Gilford Rotary Club members have taken the renovation of the ell as their special project for this year and much work has already been accomplished, thanks to the many volunteers who take pride in our community and in preserving the history of our Town. With the Rotary and the Historical Society working together, the goal is to turn the ell into an area where there can be special exhibits, more display areas, and perhaps an area where special small meetings can be held.

Sponsors of the Market are Belknap Landscaping Company, Gilford True Value, Bill and Sally Bickford, MacDonald Veterinary Services, Patrick's Pub and Eatery, Woodshed Roasting Co., and the Community Youth Center for allowing up to use their building.

### Adult Pick-up Basketball begins on Thursday, Oct. 11

The Gilford Parks and Recreation Department is sponsoring a Pick-up Basketball program for adults ages 18 and up, every Thursday evening from 7 - 9 p.m. in the Gilford Middle School Gymnasium. This program will begin on Oct. 11 and runs through Nov. 15 (no program on Nov. 8). There is a \$2 fee per participant, per evening. This program is open to any interested adults and no pre-registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722

### Adult Fall Hiking Program continues on Tuesday mornings

The Gilford Parks

### Boston Celtics bus trip scheduled for Feb. 27, 2019

The Gilford and Belmont Parks and Recreation Departments are co-sponsoring a Bus Trip to Boston to see the Celtics take on the Portland Trailblazers on Wednesday, Feb. 27, 2019. Cost of the trip is \$115 for Balcony sideline seats and \$85.00 for Balcony corner seats and includes round trip motor coach from Gilford or Belmont and tickets to the game. Our deluxe motor coach will depart from Gilford High School at 5 p.m., and the Belmont Park & Rideshare (Route 106) SEE REC NEWS PAGE A13

## Methodist Church Annual Harvest Supper coming

On Saturday, Oct. 20, the First United Methodist Church of Gilford continues its long tradition of serving the best bean-hole beans in the region as part of its Harvest Supper. For over 45 years, the church has been cooking huge iron pots of beans in holes dug behind the church and lined with red-hot stones. The process takes 24 hours and the result is delicious! Folks return year after year to get their favorite--either dark red kidney beans or white beans--both cooked with maple syrup from a local farm in Gilford. Besides the beans, diners are also served all-you-can-eat corned beef, cabbage, boiled potatoes, carrots, home-made rolls and apple or pumpkin pie for dessert.

If you would like to see the beans uncovered and lifted from their holes and taken into the church, you are welcome to be there at 4:30 p.m. the day of the supper. The church is located at 18 Wesley Way (off Route 11A, near the 3/11 bypass).

Tickets are available for two settings - 5 and 6:30 p.m. The price is \$15 for adults and \$7 for children under 12. For reservations, please call the church office at 524-3289. The office is open weekday mornings from 8:30 AM - Noon if you wish to pick up your tickets there. Tickets sell out quickly so reserve or pick up early.



Dick Walden and Paul Weston preparing the cabbage.

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## Pet of the Week: Candy

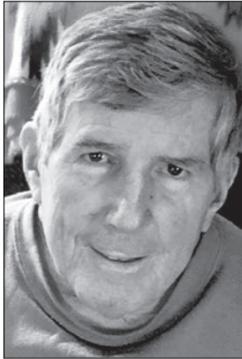


Almost always nestled behind a pillow in our small social room, you can find a beautiful sleek black feline named Candy. Being one of our more reserved and shy cats, most who come to visit the shelter pass right by her without even knowing it. When Candy first arrived at the shelter this past winter, she let her fear show through aggression towards our staff. But she worked with our staff members for months in our Shy and

Fearful program until she finally built up the courage to be around people she doesn't know. Over a half a year after arriving at the shelter, Candy is a completely different cat. She has learned to enjoy affection from humans, and even gets a little jealous at times when her feline friends steal attention away from her. The next time you visit, come spend some time with Candy, she is truly as sweet as her name suggests.

## NORTH COUNTRY NOTEBOOK

*A report on a brief tour of the world as I know it*



By JOHN HARRIGAN  
COLUMNIST

*Editor's note: Mr. Harrigan was unable to submit a new North Country Notebook column in time to meet our press deadline for this week's edition. The following column was originally published in May of this year.*

Public Television carried a feature on Theodore Roosevelt this past Sunday. He is my favorite President, chiefly because he became an ardent conservationist and was largely responsible for what lands in the West we have left.

This generally means lands free of exploitation or development. I'm not sure whether the bargain-basement granting of grazing permits constitutes exploitation. But then, what about long-range hikes and rafting ventures, and pack-horse hunting trips? If there is a President history has done a disservice, it is Roosevelt. Most Americans, if they can remember him at all, seem only to remember big game safaris.

Today, it's hard to imagine a world that would have the room or the patience for a Teddy Roosevelt. Imagine a President taking off for a month for a camping trip in the Rockies, or letting the White House lawn be home to ponies and goats.

However, TR was an energetic guy, bouncing and bellowing his way around the White House like a top-hatted



JOHN HARRIGAN

Firewood on the porch will wind up in the living room fireplace or, when company's on hand, in the fire pit.



JOHN HARRIGAN

Some of these derelicts can be split, others are "junks"—not worth bothering with, but destined for the fire nonetheless.



JOHN HARRIGAN

For the fun of it, my grandfather and uncle always called them "Daffydils," and I do too. These brave ones were pretty much the forerunners of the flower world.



JOHN HARRIGAN

Fierce guard dog Millie came along on the inspection tour, and wasn't the only one tucked out.

Tigger, and the documentary shamed me into getting up out of my living room chair (Command Central, with everything that matters within reach), and going outside for a tour of the immediate premises, my longest trip on crutches yet.

Would-be rescuers, fear not—my trusty guard dog and interference runner Millie was with me every step of the way, scanning for danger. As always, she ranged out front, looking back and wondering why I was so slow, much slower than usual.

Right off, not far into the trip, I determined that the pile of junk wood we left when the snow came down in earnest a few months ago was still right there, waiting. This kind of job doesn't go away when the snow covers it; we just think it does. In this case, out of sight, out of mind doesn't work.

There was that term, just then—junk wood. When I was helping Rudy split and haul firewood, a junk was a twisted piece, all knots and gnarls, that wouldn't split. Because of this, it was slowest to burn. Sometimes, just before bed, he'd say "Throw on a junk, Bub," meaning the best piece to hold the fire overnight.

SEE NOTEBOOK PAGE A13

## Gilford Steamer

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## STRATEGIES FOR LIVING

### *The soul of America*

BY LARRY SCOTT

Although I was but a nine-year-old child at the time, I still remember the whine of the bullet that buzzed just over my head and slammed into a nearby tree with a loud "splat." I got the message and

charged off the flat roof of our home – double time.

I had arrived in Peru, where my parents were to serve as missionaries, in March 1947. Language study for my parents took much of the time in the

interim, and now, in the fall of 1948, I was a curious nine-year-old watching the development of a military conflict that could well have cost me my life.

The army strongman, Gen. Manuel Odria, was leading a coup against the government of President Jose Bustamante. Supported by leftists and a segment of the Peruvian navy, President Bustamante was fighting for his political life.

Government troops finally suppressed a rebellion supported by elements in the Navy, headquartered in Callao. We lived some ten miles north of Callao on the main avenue

connecting to the capital city of Lima. I thought it a good vantage point for me to see what was going on; a sharpshooter in Callao apparently thought differently. Fortunately, he missed! On Oct. 3-4, with some two hundred fifty rebels and sixty or so army soldiers killed, President Bustamante was deposed, and on Oct. 30, Gen. Odria became the President of Peru.

As a child, that was my first encounter with the conflicts and death that has become so common in our society today. I was blessed to be born into a responsible, godly family. SEE STRATEGIES PAGE A12

## Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

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5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331.

E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We're looking forward to hearing from you!

# Watoto Children's Choir returns to Lakes Region

The First United Methodist Church of Gilford-Laconia is pleased to welcome back to our area the Watoto Children's Choir. This year the choir, from Uganda, East Africa, brings you the Watoto Children's Choir performing their brand new album, "We Will Go." This six-month tour, launching in the USA on the East Coast, presents the story of abandoned African children and vulnerable women, who've been empowered to rise above their circumstances, and answer the call to be part of the new Africa-ready to make a difference in the world.

Watoto Children's Choirs have traveled extensively since 1994, coming to the Lakes Region twice before. They are sharing a message of hope for Africa's most vulnerable children and women. On almost every day of the year, the choir is performing somewhere in the world. Hundreds of thousands of people get to meet some of Africa's future leaders.

People see their smiles and are embraced by their hugs. The children have the distinct privilege of telling people, "It's possible to have joy, to laugh and to have hope, no matter what you're going

through." Like Africa, the production is vibrant and colorful, taking you on an emotional journey from utter despair to joyous celebration, as the children and women share their personal

stories of triumph in story and song.

Other than coming to Africa yourself, what better way to learn about all the good things happening in Uganda than through this stirring, musical

experience.

Proceeds made from the album will help Watoto provide vulnerable children and women with homes, education, medical care, and most of all the love of a family.

Please come to the Methodist Church and support the Watoto Children's Choir on Oct. 7 at 7 p.m. The church is located at 18 Wesley Way (off Route 11A near the 3/11 bypass).

## Nov. 3 LRSO concert features concerto competition winner

MEREDITH — The Lakes Region Symphony Orchestra (LRSO) invites you to its season-opening concert on Saturday, Nov. 3 at 7:30 p.m. at Inter-Lakes Auditorium in Meredith.

We are honored to feature the winner of our 2018 Student Concerto and Scholarship Competition, pianist Penny Brant. Penny will be performing the first movement of Edward Grieg's "Piano Concerto No. 1 in A minor," a romantic and energetic work that will keep you on the edge of your seat.

Also on the November program are Grieg's "Peer Gynt Suite No. 1," Sibelius' "Finlandia," "Variations on a Theme by Haydn" by Brahms, and Georges Bizet's

"L'Arlesienne Suite No. 1."

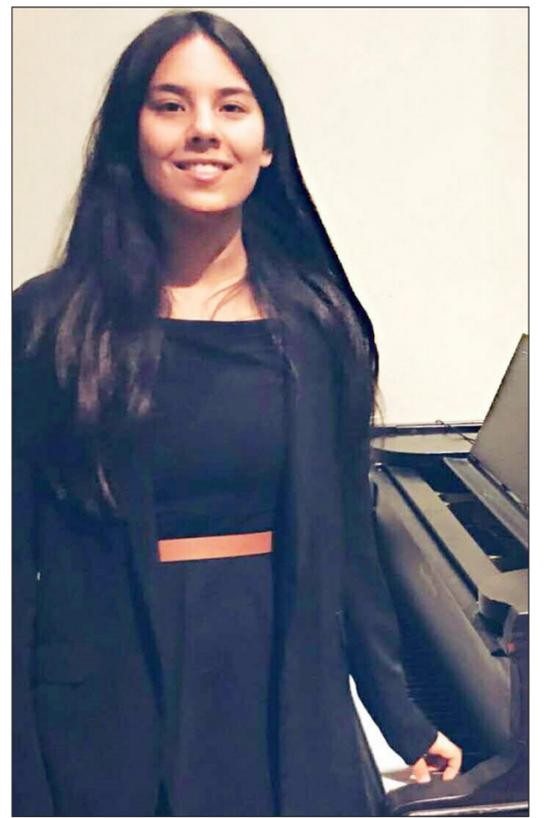
The LRSO concerto competition, now entering its 10th year, has been an exciting successful journey since its inception. Over the years more than 120 incredibly talented middle- and high-school students have auditioned, each competing for scholarships and the opportunity to perform with the LRSO.

This year's winner, Penny Brant, is a remarkable young pianist. Born in 2002 in Beijing, China, at age 12 she moved to the U.S. and studied piano with Gregg Pauley. Thus far Penny has been practicing and performing piano for over 10 years, including many recent performances in China.

Fluent in English and Chinese, Penny sees music as another language - one that transcends differences in culture, time, and space and brings together the best of people.

Tickets are \$20 for adults and \$10 for students college-age and under with ID, are available online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets), by phone at 800-838-3006, and at our ticket partners Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia.

Save 25 percent with our Discount Season Tickets, available now through the November 3rd concert. You may purchase season tickets online at [www.LRSO.org/tickets](http://www.LRSO.org/tickets) or by phone at 800-838-3006. Any un-



COURTESY

Pianist Penny Brant, winner of the LRSO's student concerto competition and scholarship program, performs with the Lakes Region Symphony Orchestra on Nov. 3 at Inter-Lakes Auditorium.

## LRPA kicks off Shocktoberfest with "The Last Man on Earth"

LACONIA— It's baaaaack! Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for LRPA After Dark's Third Annual "Shocktoberfest," our scary celebration of vintage horror films. This weekend (Oct. 5 & 6), we get the party started with 1964's post-apocalyptic vampire nightmare "The Last Man on Earth," starring Vincent Price and Franca Bettoia.

Dr. Richard Morgan (Price), a scientist, appears to be the sole survivor of a mysterious plague that has ravaged mankind. This disease has populated the world with zombie-like vampires who hide during the day and roam the streets by night, thirsting for blood. Morgan theorizes that he developed immunity to the illness while becoming exposed to it in Central America many years ago. His existence is grimly repetitive: by day, he scours the streets for food and supplies, burns the bodies of the victims, and seeks out vampires, killing them by driving wooden stakes through their hearts. By night, Morgan barricades inside his home to protect himself from hordes of the undead. One day he sees Ruth (Bettoia), walking in the daylight. Morgan is suspicious of her story of survival, but is so glad for company that he takes her back to his home. There, she recoils from garlic, a sign that she is a vampire. But Ruth explains that she and some others have developed a serum that temporarily allows them to keep the disease under control. Morgan has also been experimenting with ways to find a cure. Ruth reveals that she has been sent by her group to spy on Morgan. They are angry with him, because when he has been killing the vampires, he

has inadvertently been slaughtering some of their own as well. Ruth implores him to run, but as a scientist, he wants to stay and try to help this group. Will Morgan be able to cure mankind?

"The Last Man on Earth" is based on Richard Matheson's 1954 novel I Am Legend, a work that inspired this film and two others: 1971's "The Omega Man," starring Charlton Heston, and 2007's "I Am Legend," starring Will Smith. All three adaptations resulted in very different films. Matheson himself worked on our film's screenplay, and although he was reportedly unhappy with the final result, he has stated that this version is the most closely related to his novel. "The Last Man on Earth" was underappreciated in its time, but has since become a cult classic. While some critics felt that Vincent Price was out of his element as the somber Dr. Morgan, others believed that he imbued the character with exactly the right amount of world-weariness, misery and frankly, bore-

dom—the day-in, day-out grind of Morgan's mere existence is skillfully portrayed. This rarely-shown film is a trick and a treat! So grab your candy corn and join LRPA after dark for this post-apocalyptic gem from the past.

### Mark your calendars for Shocktoberfest's Halloween treats:

Oct. 12 & 13: 1953's animated short "The Tell-Tale Heart" and 1959's "A Bucket of Blood"

Oct. 19 & 20: 1968's "Night of the Living Dead"

Oct. 26 & 27: 1964's "Spider Baby"

You can't find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

### About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public

access TV station and community media center located on the Laconia High School campus in Laconia. LRPA cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 11,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).

sold tickets will be available at the door starting one hour before each performance. More information is available at [www.LRSO.org](http://www.LRSO.org) where we encourage you to sign up for our mailing list. And find us on Facebook at /LRSO1.

LRPA is not your grandfather's orches-

tra! We perform with a home-town flair that is comfortable, familiar, and uplifting. We invite you to give us a try. Live orchestral music is an amazing experience!

About The Lakes Region Symphony Orchestra

The Lakes Region SEE BRANT PAGE A12

## Shaker Regional School District

Serving the Communities of Belmont & Canterbury

### CHILDFIND CLINIC

Are you concerned about your child's development? Do you suspect that your child may have a disability? We will be holding a "Child Find Clinic" on Tuesday, October 16, 2018 at Belmont Elementary School from 1:00 – 3:00 pm for children age birth through 6 years old. Certified staff will screen students for possible learning disabilities, speech and language disabilities, motor skills, and overall developmental functioning. The clinic is open to any resident of Belmont or Canterbury, but **APPOINTMENTS ARE REQUIRED**. Please contact the SAU office at 267-9223 ext. 5306 for additional information or to make an appointment.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

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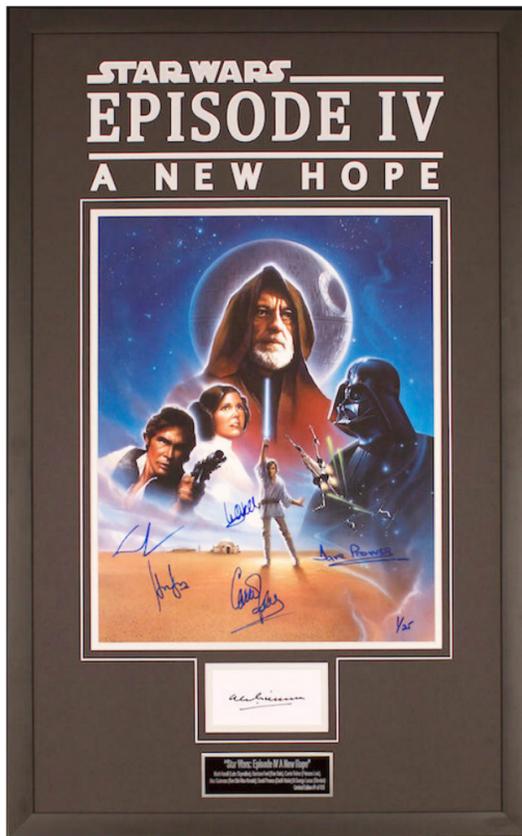
# Wags, Whiskers & Wine event to benefit NH Humane Society

LACONIA — Join the New Hampshire Humane Society on Oct. 21 from 5-8 p.m. on the shores of Lake Winnepesaukee at the Margate Resort for Wags, Whiskers & Wine — a new food and beverage sampling event featuring tasty treats from numerous area restaurants, including Hart's, Annie's Catering, Huot Culinary Center, Patrick's, and many more. And best of all, you can cleanse your palate with samples of wine from such fine wineries as Hermit Woods and many others.

Attendees will be treated to live music and be able to bid on an incredible array of items during the silent auction, including trips to Tuscany and Sonoma Wine Country, collectibles like a signed Tom Brady Patriots helmet, an autographed Fleetwood Mac guitar and a signed photo of Tom Petty, among many, many more.

And don't forget the 'rack o' wine' raffle and something new this year, a grab bag of wine. Win up to 36 bottles and a beautiful wine rack for your home at \$20 a chance (you need not be present to win).

This entire experience is only \$50 per person; you must be 21 to sample the alcohol or win the raffle. And there will be a cash bar, too.



One hundred percent of proceeds will benefit the New Hampshire Humane Society. Sponsors of the event include Meredith Village Savings Bank, Sawyer's Jewelry and Morgan Stanley, WLNH, WEMJ and 93.3 FM, The Wolf.

Tickets are limited, so get yours today at [www.nhhumaneorg](http://www.nhhumaneorg) or call 524-3252 or just stop in at the Humane Society at 1305 Meredith Center Rd. in Laconia.

The New Hampshire Humane Society serves

17 communities in the Lakes Region, providing essential services to animals and pet owners alike. NHHS is dedicated to finding responsible and caring forever homes and providing shelter for lost, abandoned and unwanted animals — 1,023 in 2016 alone! The New Hampshire Humane Society advocates for animals and speak for those who cannot speak for themselves, as well as implementing educational programs and services



to promote responsible pet ownership and the human-animal bond. And finally, the shelter and its tireless staff and cadre of dedicated volunteers work to prevent cruelty to animals.

**About the NH Humane Society**  
Founded in 1900, our

shelter is one of the longest standing animal rescue organizations in the state of New Hampshire. A standalone 501(c)(3) non-profit, the New Hampshire Humane Society receives no funding from national humane entities or government agencies. Instead, we rely solely

on private donations and sponsorships for events like this one. As part of our ongoing efforts to help animals, we offer community education and support programs to help end animal mistreatment and work to curb population growth through our low cost spay/neuter programs.

## Denoncourt, Waldron, and Sullivan, PA support Belknap EDC with purchase of NH tax credits

LACONIA — Denoncourt, Waldron, and Sullivan, PA, a Laconia accounting firm, recently supported Belknap EDC by purchasing NH tax credits, which were awarded to Belknap EDC to support economic development initiatives in the county.

Sean Sullivan, a partner in the firm, commented, "we are



COURTESY

**Figure 1 Partners** Sean Sullivan (far left), Dennis Denoncourt (middle right), and James Waldron (far right), pictured with Justin Slattery (middle left), Executive Director of Belknap EDC, with purchase of New Hampshire Tax Credits.

proud to support Belknap EDC with this donation and support their important work in the region."

In accepting the donation, Justin Slattery, Belknap EDC Executive Director, added, "Denoncourt, Waldron, and Sullivan, PA, is a committed community partner and we greatly SEE TAX CREDITS PAGE A12

# The Sandwich Fair

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# Get set. Get ready. Go!

*Presenting sponsors announced for this year's Lakes Region Parade of Homes*

REGION — The Lakes Region Parade of Homes is a three-day "self guided tour" showcasing beautifully crafted homes Columbus Day Weekend, Oct. 6-8, 10 a.m.-4 p.m. daily. Each year, the Lakes Region Builders & Remodelers Association (LRBRA) strives to present something new and exciting. Parade attendees will be entertained by a wide variety of architectural styles and designs, beautiful settings, as well as innovative decorations and furnishings. Eleven homes in total are part of this year's lineup and are located in Meredith, Gilford, Moultonborough, Ashland, Moultonborough and Wolfeboro.

We welcome back our three presenting sponsors from last year to kick off the tour!

Belknap Landscape Designing a landscape in the Lakes Region involves much more than having a vision or concept. No two residential properties are the same. Belknap Landscape of-

fers the vision and creative expertise to help design and create a project that fits homeowners' needs while increasing enjoyment. They offer design, ground maintenance, lighting, irrigation and tree service.

Dead River Company has been extremely active with the New Hampshire Home Builders Association and has many offices in towns and cities throughout New Hampshire, Maine, Vermont and Massachusetts. Dead River Company focuses on servicing home heating needs including propane, fuel oil and kerosene delivery and service. They believe it's both a privilege and responsibility to be an active member of the communities they serve.

Meredith Village Savings Bank is a four time returning presenting sponsor and has a long history of providing financial support to the organizations that support their communities. Building or buying a



**Hayden McLaughlin, Belknap Landscape; Lori Borrin, Meredith Village Savings Bank; and Mike Uhlmann, Dead River Company.**

COURTESY

home is one of the biggest financial decisions of your life. As an ex-

perience local lender, they have a unique understanding of the

market and all the new regulations.

Brenda Richards,

Executive Officer of the Lakes Region Builders & Remodelers Association noted, "Our three presenting sponsors are all very active members with the builders group, not just contributors of this event but hands on active members for the association. They support our mission of promoting homeownership as well as our workforce initiative of getting the next generation of trade professionals trained and ready to enter the workforce. We can't thank them enough for volunteering on committees, mentoring students at the Huot Tech Center and actually swinging a hammers to help get projects done! They are each industry leaders—giving back to their communities."

"If you have never taken the Parade of Homes tour, make sure you carve out some time over the Columbus Day Weekend and visit us—you'll be glad you did. It's more than just spectacular homes, it's about connecting hundreds of homeowners with building industry professionals," commented Richards.

For more information about tickets and directions, go to [www.lakesregionparadeofhomes.com](http://www.lakesregionparadeofhomes.com).

The Lakes Region Builders & Remodelers Association (LRBRA) is a not-for-profit, professional trade association chartered by the National Association of Home Builders. Our volunteer members are dedicated to promoting, protecting and improving the Building Industry throughout the Lakes Region.

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## ImprovOlympics a hit for non-profits around the Lake

MEREDITH — This past weekend, the Winnepesaukee Playhouse hosted an improvisational comedy fundraiser in the style of "Whose Line is it Anyway?" hosted by Marta Rainer and featuring teams from Lakes Region Community Services, Lakes Region Mental Health Center, The New Hampshire Humane Society, and The Greater Meredith Program. Each team competed to win the favor of audience members who voted with their wallet for their favorite comic teams. The event was a sell out and raised more than \$1,500.00 for the participating non-profits. The winning team, earning more than \$500 in "votes" from the audience was the team from Lakes Region Community Services featuring team members Katie Brown, Pat Kelly, Andrew Long, and Phoebe VanScoy-Giessler.



COURTESY

**This past weekend, the Winnepesaukee Playhouse hosted an improvisational comedy fundraiser in the style of "Whose Line is it Anyway?" hosted by Marta Rainer and featuring teams from Lakes Region Community Services, Lakes Region Mental Health Center, The New Hampshire Humane Society, and The Greater Meredith Program.**

"We are very grateful to the Winnepesaukee Playhouse for hosting such a fun event," said Maggie Pritchard, Executive Director of Lakes Region Mental Health Center.

"Non-profits rely on the generosity of donors to fund essential programs so we are very appreciative of the audiences' support. This event was a really great way to work with some of our community partners in a very different setting and have a lot of fun doing so!" she added.

The Winnepesaukee Playhouse, a year-round theatre, is a 501(c)3 organization supported in part by the New Hampshire State Council on the Arts, New Hampshire Charitable Foundation, the Shubert Foundation, the Steinwachs Family Foundation, and by contributions from members of this community.

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## Edward Jones: Financial Focus

### Can You Count on a Bountiful Investment "Harvest"?

We're officially in autumn – the season when we bring in what we planted in the spring. But the concept of planting and gathering isn't confined to agriculture. In fact, it can be used in many walks of life, including investing. So what can you do to help work toward a successful investment "harvest"?

Here is (not quite) a bushel of ideas:

**Plant the right "seeds."** When farmers plant specific crops, they know about what to expect – how long it will take for them to grow, how much

yield they'll produce, and so on. When you invest, you too need to plant "seeds" by choosing investments that are designed to help meet your goals. For example, to accumulate enough money for a comfortable retirement, you will probably need to own a reasonable percentage of growth-oriented vehicles, such as stocks – you generally can't expect the type of growth you need by investing solely in fixed-income investments, such as bonds and certificates of deposit.

**Nurture your "crops."** Agricultural workers are diligent

about cultivating their crops through proper irrigation, fertilization and weed control. And if you want to keep your investment portfolio healthy, you also must find ways to nurture it. First of all, you will need to keep adding new dollars regularly, because the larger your overall investment base, the more you can expand its growth potential. But you might also need to do some "weeding" of your own, because over the years, you may have purchased some investments that, for one reason or another, are now no longer suitable for your needs. If that's the

case, you might be better off by selling these investments and using the proceeds for new ones that could fill gaps in your portfolio.

**Diversify.** Farmers may plant a mix of crops: corn, soybeans, flax, legumes, fruits, and so on. Consequently, if one crop fails, it won't sink the farmer's entire business. As an investor, you, too, need to diversify, because if you only own one type of asset class, and a financial downturn hits that asset, your portfolio can take a big hit. But spreading your dollars among stocks, bonds,

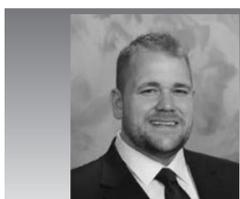
cash and other investments can help reduce the impact of market volatility on your holdings. (However, diversification can't guarantee profits or protect against all losses.)

Thus far, we've looked at ideas on how you can create a healthy investment crop. But once it's time to actually start harvesting your portfolio – that is, once you begin liquidating parts of it to support yourself during your retirement years – you also need to act carefully. Specifically, you need to establish a withdrawal rate that's ap-

propriate for your situation, based on your age, lifestyle, income sources and other factors. You could be retired for two or three decades, so it's essential you don't withdraw so much during your early years of retirement that you risk outliving your money. A financial professional can help you determine the rate that's right for you.

The agricultural harvest season only lasts a few weeks. But doing a good job of growing and managing your investment crop can help you reap the rewards far into the future.

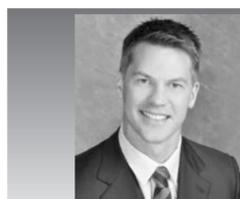
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# NEW HAMPSHIRE FAIR DAYS

**LANCASTER FAIR**  
**August 30 to September 3, 2018**  
 Location: 516 Main Street, Lancaster  
 Tickets: \$15 (including rides) on Thursday, Friday and Monday; \$17 on Saturday and Sunday; seniors are free on Thursday and Monday and \$10 on Friday-Sunday; children under 36" are free with paying adult  
 Online: [www.lancasterfair.com](http://www.lancasterfair.com)

**HOPKINTON STATE FAIR**  
**August 31 to September 3, 2018**  
 Location: State Fairgrounds, Contoocook  
 Tickets: \$12 for ages 13-59, \$10 for seniors 60+, \$8 for youth ages 5-12, children 35 months and under free.  
 Four day passes are also available.  
 Online: [www.hsfair.org](http://www.hsfair.org)

**ROCHESTER FAIR**  
**September 6 to 16, 2018**  
 Location: 72 Lafayette St., Rochester, NH 03867  
 Tickets: \$9 general adm., children under 8 are free  
 Online: [www.rochesterfair.com](http://www.rochesterfair.com)

**HILLSBOROUGH COUNTY  
AGRICULTURAL FAIR**  
**September 7 to 9, 2018**  
 Location: 15 Hill Dale Lane, New Boston  
 Tickets: \$10 for adults, children 6-12 and seniors are \$5, children under 6 are free  
 Online: [www.hcafair.com](http://www.hcafair.com)

**DEERFIELD FAIR**  
**September 27 to 30, 2018**  
 Deerfield Fairgrounds  
 Route 43, Deerfield  
 Tickets: \$10 for ages 13+; ages 12 and younger are free  
 Online: [www.deerfieldfair.com](http://www.deerfieldfair.com)

**SANDWICH FAIR**  
**October 6 to 8, 2018**  
 Sandwich Fairgrounds  
 Route 109 North, Center Sandwich  
 Tickets: \$10 for adults, ages 8-12 are \$3 and children under 7 are free  
 Online: [www.thesandwichfair.com](http://www.thesandwichfair.com)

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# Friends of Music present "Heifetz on Tour" in Wolfeboro Oct. 20

WOLFEBORO — You are in for an outstanding evening of the "Heifetz" you love, as well as a few new twists and turns at the annual Heifetz On Tour concert presented by the Wolfeboro Friends of Music on Saturday, Oct. 20 at 7:30 p.m. The performance will take place at Anderson Hall, Brewster Academy. This is the second in a series of eight concerts presented by the Wolfeboro Friends of Music. Sponsors for this concert are Green Mountain Communications and Edward Jones Investments. Season sponsors are Paul and Debbie Zimmerman.

The concert will feature a quartet of performers — violinist Melody Yuan, violist Matthew Cohen, cellist Noémie Raymond-Friset, and pianist Zhenni Li — from the 2018 Heifetz International Institute, the highly regarded string instruction program and accompanying festival formerly held in Wolfeboro. The concert will feature these young Heifetz artists in suites, serenades, sonatas, and showpieces — as well as some great masterworks. Performances will include Igor Stravinsky's infectious "Suite Italienne," the dazzling "Carmen Fantasy" by

Hollywood composer Franz Waxman, the riveting "32 Variations in C minor" by Beethoven, as well as the passionate "Piano Quartet No. 1" by Gabriel Fauré.

Beyond its world-renowned summer program just completed on the campus of Mary Baldwin University in Staunton, Va., the Heifetz Institute offers its signature Heifetz on Tour program. This program is designed to create real-world performance and outreach opportunities for promising young alumni, both in Virginia's Shenandoah Valley, as well as with partner institutions on the East



COURTESY

You are in for an outstanding evening of the "Heifetz" you love, as well as a few new twists and turns at the annual Heifetz On Tour concert presented by the Wolfeboro Friends of Music on Saturday, Oct. 20 at 7:30 p.m.

## Gilford local joins Lasell College's Class of 2022

NEWTON, Mass. — Lexys Bladecki, a Gilford local, joined Lasell College's incoming class this fall.

Bladecki joins more than 500 other new students from 18 states and 12 countries.

Lasell is an independent coeducational college that emphasizes a combination of immersive learning and social

and civic responsibility in both its graduate and undergraduate programs. Established in 1851, the institution is located on a 53-acre campus adjacent to a hub of professional and educational opportunities in Greater Boston. The school's faculty practitioners offer rich industry expertise across more than 50

academic programs in areas including athletic training, business, criminal justice, health sciences, information technology, fashion, and hospitality management.

For more information contact: Samantha Mocle, assistant director of communications, at smocle@lasell.edu or at 617-243-2386.

Coast. Recent Heifetz On Tour concerts and residencies have included appearances in Massachusetts, New Hampshire, New York, Philadelphia, Washington, D.C., and up and down the Shenandoah Valley.

Each round of Heifetz on Tour takes a small group of alumni on a week-long journey to perform together in venues ranging from

schools in underserved communities to first-rate museums and concert halls, as well as to audition for some of the nation's top conductors.

Oct. 20 is your chance to hear this wonderful group of Heifetz performers here in Wolfeboro. Tickets are \$25 and are available at Avery Insurance, Black's Paper & Gift Store,

Innisfree Bookshop (Meredith), online at [www.wfriendsofmusic.org](http://www.wfriendsofmusic.org) or at the door. High school students with ID will be admitted free of charge and children accompanied by an adult ticket purchaser will be admitted free of charge.

For more information, visit [www.wfriendsofmusic.org](http://www.wfriendsofmusic.org) or call 569-2151.

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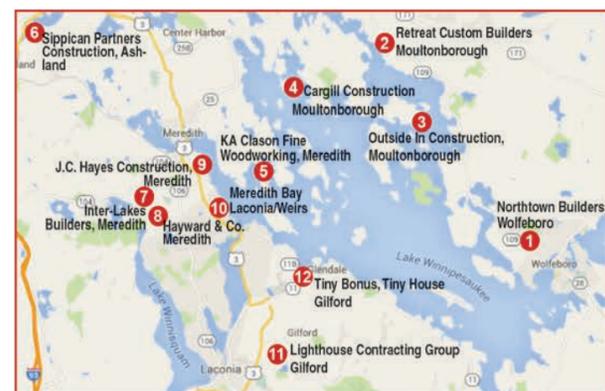


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# Leadership New Hampshire announces Class of 2019

REGION — Leadership New Hampshire (LNH), a premier, statewide program whose mission is “building a community of informed and engaged leaders,” announces its Class of 2019. The new cohort of 41 Associates, the largest class ever admitted, includes men and women from across New Hampshire who will participate in an intensive 10-month program. These individuals were selected through a highly competitive process and began their unique educational journey on Sept. 11 and 12 with an opening retreat at Camp Merrowvista in Tuftonboro.

The selection of each class is a difficult one and this year was exceptionally so. The strong applicant pool is a testament to the reputation and quality of Leadership NH’s program.

Now in its 28th year, LNH has more than 900 alumni, individuals who are working to strengthen New Hampshire communities and increase civic engagement. Graduates hold leadership positions in the private, nonprofit, and public sectors across the Granite State.

The new associate from Gilford is Cindy Hemeon-Plessner, Senior Vice President & Marketing Officer, New Hampshire Mutual Bancorp.

Each year’s class of Associates attends 11 required and an optional seminar days held around the state. These provide an in-depth exploration of a topic of timely importance to New Hampshire, includ-



(Left) Leadership New Hampshire (LNH), a premier, statewide program whose mission is “building a community of informed and engaged leaders,” announces its Class of 2019. The new cohort of 41 Associates, the largest class ever admitted, includes men and women from across New Hampshire who will participate in an intensive 10-month program.

ing demographic changes, the economy, families, criminal justice, education, culture and arts, community lead-

ership, government and politics, and healthcare.

Leadership New Hampshire is one of 14 initiatives proposed in the Governor’s Commission on New Hampshire in the 21st Century to identify emerging leaders for key roles in statewide issues and developing a network of informed leaders. For more information, please visit the organization’s Website at [www.leadershipnh.org](http://www.leadershipnh.org), or contact the office at 226-2265.

## Meet the Judges for 2018 Parade of Homes

REGION — In preparation for the annual Parade of Homes being held this Columbus Day Weekend, Oct. 6-8, the Lakes Region Builders and Remodelers Association announces their distinguished three panel of judges. Eleven beautiful homes are on the tour this year for the judges to evaluate in the towns of Laconia, Meredith, Moultonborough, Wolfeboro, Ashland and Hebron. The judges are brought in to look closer at the home builder’s projects — evaluating them on craftsmanship, creative use of space, use of materials, overall design, interior design and more.

The highest number of points in each category will determine the winners in that category and then all the points will be tallied to determine the coveted, Best In Class.

Roy Sanborn is a New Hampshire na-

tive, a sales associate with Four Seasons Sotheby’s International Realty in Meredith, and has been a REALTOR® for 18 years. He is proud to be affiliated with Sotheby’s, a recognized worldwide leader in luxury real estate sales, and along with his partner, Ashley Davis, formed the Distinctive Homes Group within Sotheby’s to represent the owners of fine homes in all price points in the Lakes Region. He is a member of the Lakes Region Builders & Remodelers Association. Roy writes a weekly column for the Laconia Daily Sun about the real estate market.

Randy Hancock, General Manager of Middleton Building Supply in Meredith, has been involved with the construction and building material industry for more than 40 years. He has

been a member of the Lakes Region Builders & Remodelers Association for many years and has served on the board for the past five years as well as a member of the Meredith Chamber of Commerce. He has been very active with the Tiny House workforce development initiative at the Huot Tech Center as well as helping to provide quality tools to students going directly into the trades as a professional right out of high school.

Susan Cerutti, Executive Director of Meredith Area Chamber of Commerce, has been affiliated with a variety of Lakes Region organizations over the years, member of the Altrusa Club of Meredith, volunteer and member of the League of New Hampshire Craftsmen, as well as serving as trustee of Lakes Region General Hospital. She is a

graduate of Western Michigan University and received a Master’s degree in education from Plymouth State College before embarking on a career in education both in Laconia and subsequently at Moultonborough Academy, where she was the Director of the School To Work Program. Sue’s husband Joe was the owner of Cerutti Custom Homes and a longtime member of the Lakes Region Home Builders. As Executive Director of the Meredith Chamber of Commerce, Cerutti has organized many events and interacted with a cross section of the business community. Home Builders and businesses in related industry make up a large percentage of the membership of the Meredith Area Chamber of Commerce

The awards of excellence winners will

be announced after the Parade of Homes event and also recognized at a ceremony later this month. The panel of three judges does not affect the popular “People’s Choice Award,” which will remain the same as it does every year. This is where the winner is determined by the visitors! Visitors have no special criteria to judge on but to pick the home that resonates as the best out of all the homes. In order to vote, people must get their ticket initialed at each home. Then they fill out the back with their favorite house number. After they have visited their last home they drop their ticket in the People’s Choice box. All eligible entries go into a drawing for prizes.

For more information about this year’s parade, go to: [lakesregionparadeofhomes.com](http://lakesregionparadeofhomes.com).

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# Kick off your weekend with some Jazz at Pitman's

LACONIA — Pitman's Freight Room, located on New Salem Street in Laconia, is excited to host the following shows this weekend.

## Mary Fagan and The State Street Band, Thursday, Oct. 4

A restless heart and devotion to music has made Mary Fagan a true original. She's spent years soaking up musical styles from across the country and it shows in her unique take of every song she sings. Fagan is back in the Granite State now and has teamed up with veteran jazz band The State Street Combo. BJ Steinberg (guitar), Tim Wildman (trumpet and piano), Jock Irvine (upright bass) and Ed Rackza (drums) have been playing Jazz for more than 30 years. With Fagan on vocals and guitar, they will be performing a selection of Jazz Standards, Western Swing and Original tunes. Fagan's voice will captivate you. Bold yet smooth, as if it were forged in the Blues and dipped in velvet.

"...Her voice will knock you off your chair..." - Charlotte Observer

"...a dose of blow-me-away vocals. Whoa!" - Utica Observer Dis-



Mary Fagan and The State Street Band

COURTESY

patch

If you think Billie Holiday meets Nora Jones, you will have an idea of what to expect!

Admission \$20, doors open at 7pm and we are a BYO Venue. For reservations call 527-0043

## Erin Harpe and The Delta Swingers Friday, Oct. 5

On Friday, Oct. 5, Erin Harpe and the Delta Swingers return to Pitman's Freight Room in Laconia NH for their

Big Road album release party! Join us for a special night of upbeat and fun "boogie, blues and beyond." We'll have the new album, BIG ROAD, in tow (including vinyl!) so get your copy at the show!

Living Blues Magazine calls Erin "one of the most dynamic, talented and exciting roots rocking blues women on the scene... she has it all - a golden voice and the guitar chops that dazzle."

"Harpe is a guitar slinger for modern times... Easily Bonnie Raitt on modern performance enhancing

drugs." (Chris Spector, Midwest Record). For music, news, merch, tour schedule and more info go to: <http://www.erinharpe.com/>

Admission \$20, doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043.

## Anthony Geraci and The Boston Blues All Stars Saturday, Oct. 6

Pianist, Hammond organist and composer Anthony Geraci was born in New Haven, Conn. in 1954. His interest in playing piano began at age four when he told his parents "I want

a piano!" His parents soon bought a Kimball Grand Piano that his mother paid 4 dollars a week to own. Lessons at the Neighborhood School of Music which was affiliated with Yale University soon followed. At the age of sixteen he befriended a fellow musician, Ed Cherry at high school and one day Ed played a Jimmy Rogers recording, Chicago Bound that literally changed his life. Ed went on to be Dizzy Gillespie's guitarist for many years.

He has performed with Muddy Waters, B.B. King, Otis Rush,

Chuck Berry, Big Mama Thornton, Big Joe Turner, Jimmy Rodgers and many more. Anthony has recorded with Big Walter Horton, Ronnie Earl, Big Jack Johnson, Zora Young, & Sugaray Norcia.

Anthony Geraci - piano/Hammond organ, Dennis Brennan - vocals/harmonica/guitar, Troy Gonyea - guitar/vocals, Michael Mudcat Ward - bass, Jeff Armstrong - drums.

Admission \$20 in advance, \$25 at the door. Doors open at 7 p.m., and we are a BYO Venue. For reservations, call 527-0043.

## Ryan Lafrance inducted into the American International College Athletic Director's 3.0 Club

SPRINGFIELD, Mass. — Ryan Lafrance, of Gilford, majoring in Digital and Visual Arts, has been inducted into the American International College (AIC) Athletic Director's 3.0 Club. The Athletic Director's 3.0 Club recognizes the student-athlete by celebrating academic achievement with the overarching goal that young men and women are recognized as academic role models and serve as an inspiration for all scholar-athletes, especially those new to the College. The annual induction ceremony, held at the beginning of

fall semester, recognizes returning student-athletes who have achieved a 3.0 cumulative GPA or better after attending AIC for one year or more.

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in Springfield, Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.



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**QUILTS**

(Continued from Page A1)

Dustin. The front of the quilt was made thousands of small octagons that were hand sewn together with the whole quilt machine sewn with precise stitches.

Mattila displayed five of her quilts in the show this year.

"I think it's an honor," she said. "You work hard when you're putting it together."

The club has a "Block of the Month" where members learn about a specific quilting block they can make. Moda Fabric sponsored a block of the month on a house. At the end of the year, members took 16 blocks and made them into their own quilt with the fabrics they chose. Club president Kim Gregoire used bright colored fabric to make her "Quilter's Cul de Sac" quilt.

"I like to do something that was quilted to death," she said.

Others did quilts with these blocks in more traditional patterns.

"The idea of the show is to encourage people into quilting and possibly be interested in joining our guild," Gregoire said.

Mattila said different members have different expertise and will share the different things they are strong in to the members.



ERIN PLUMMER

Nancy Townsend teaches quilters how to make fabric boxes at Harvest of Quilts.



ERIN PLUMMER

Rows of quilts went on display at the Belknap Mill Quilter's Guild's Harvest of Quilts show.

**VNA**

(Continued from Page A1)

Hospice changed its logo and have been trying to get it out into the community. Dupuis said their website was dated, so a project is underway to revise it.

They also incorporated the tagline "Committed. Caring. Community." Dupuis said they wanted to communicate to their patients that they are a local agency and like neighbors and are not a chain.

In the past year, providers have made 38,499 visits and traveled 445,694 miles.

"Over the past 10 months we have accomplished a lot and made contact to many," Dupuis said. "I believe our team at Central NH VNA & Hospice will take initiative." From the quote in her office, "We don't grow when things are easy, we grow when we face challenges."

The Shirley Bently Outstanding Clinician Award went to Social Work Program Manager Maria Babineau.

The Leavitt-Knight Volunteer of the Year Award was given to Claire Boardman.

The Alida Millham Leadership Award went to Partnership for Public Health.

This year's guest



ERIN PLUMMER

Claire Boardman receives the Leavitt-Knight Volunteer of the Year Award from Charlotte Leavitt and Gerald Knight.



ERIN PLUMMER

Maria Babineau is presented the Shirley Bently Outstanding Clinician Award by Tammi Mozier.

**STRATEGIES**

(Continued from Page A4)

ly; the death throes of a society that has turned its back on God were unknown to me.

Political conflicts aside, America has been sheltered from the violence that is raging overseas, but we too are involved in a great war. It is philosophical and spiritual, a war for the soul of our nation, involving the existence of God, the definition of truth, the debate over right and wrong, and the

meaning of morality. Ironically, while the influence of Islam is on the rise, the Christian faith is becoming more and more isolated from the national debate.

Despite the liberal view that man is basically good, we see little evidence that education, an adequate income, even roots in a responsible family, will lead to a life of peace and satisfaction. We are each driven by selfish ambition; we

are all proud, independent, and determined to have our own way. If we are to reach our fullest potential in life, what we each need is not a change of status; what we need is a change of heart.

Jesus said, "The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart

his mouth speaks."

I have witnessed the unbelievable change that comes to a person's life when Jesus Christ is welcomed as his Lord, and I have found a sense of direction in my own life that I would not trade with anyone. I am proud to be a Christian, and pleased to tell you again, it works!

You want to talk about it? Hit me up at rlarryscott@gmail.com.

speaker was Anne Marie Olsen-Hayward, a geriatric therapist at Frisbie Memorial Hospital in Rochester. In her presentation "Navigating the Silver Tsunami," Olsen-Hayward spoke about the rapidly aging state population and the projected vast amount that will require care for de-

mentia. At the same time the state is facing a lack of care providers, especially as more younger people are projected to leave the state. Olsen-Hayward talked about the immense challenges with ways to help patients and care providers under the circumstances.

**TAX CREDITS**

(Continued from Page A6)

appreciate their continued generous support of Belknap EDC which is highlighted by this more recent donation."

Belknap EDC fo-

cuses its' resources on workforce development programming, developing strategies to retain and attract young talent to the region, supporting en-

trepreneurs, and development opportunities in Belknap County including the redevelopment of the Colonial Theater block in Laconia. More details

can be found at belknapedc.org.

More information on the NH Tax Credit program is available at nhcdfa.org.

**BRANT**

(Continued from Page A5)

Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing more than 30 communities in the Lakes Region and be-

yond. For over 40 years the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

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**HIKER**

(Continued from Page A1)

was only able to go up a third of the way while crews on foot located the patient.

The woman's ankle was splinted and six crew members along with some bystanders carried the woman down Green Trail in a basket. The patient was then brought to the UTV and for an hour long trip back to the parking lot.

According to Gilford Fire, the patient did not want to be transported by ambulance and went to the hospital in a personal vehi-

cle.

"Today's carry-out of an injured hiker is the third such rescue in the past two weeks and was fairly labor-intensive due to the variable terrain," stated Lt. Jeff Madon of the Gilford Fire Department in a statement. "With only six Gilford Fire Rescue personnel available, the assistance of bystanders and our utilization of our specialized equipment was critical in a successful and timely rescue. It was fortunate that this occurred early in the

afternoon, as sunset is earlier and earlier this time of year."

Madon also credited the bystanders on the scene who helped out.

"The bystanders that were hiking with the patient absolutely did the right thing by having a charged cell phone with them and contacting 911 as soon as the injury occurred," Madon said in the statement. "This is a beautiful time of year to enjoy the local scenery, but please always be prepared and hike safely."

**REC**

(Continued from Page A1)

where the beach had to be closed to severe weather, however there were no closures due to bacteria levels.

The beach stayed open and staffed through Aug. 26. Greene said more than 11,300 vehicles were recorded going through the gate while it was staffed.

He said the lifeguards did a good job over the summer protecting beach users and teaching swimming lessons.

There were three water rescues, one incident involving two people at the same time along with one swimming assist.

Lifeguards assisted the operators of a motorboat after it drifted toward the swimming area with a ski rope caught in the propeller. They also helped the operator of a kayak that

took on too much water and drifted around the swim lines, helping the kayaker and dumping the water from the craft.

Lifeguards also provided first aid to 14 people, mostly for cuts on the feet.

Some of their summer athletic programs saw huge boosts in numbers.

There was a large increase in participants in Granite State Track and Field. For the first two years of the program around seven to eight kids took part, this year saw 22 with 10 qualifying to compete in the state championship.

There were also solid numbers on the Shooters Gold and Challenger Soccer camps. They offered youth tennis free through Advantage Kids, a statewide organization that promotes

tennis in the state. Greene said youth tennis filled right up.

The summer season rounded out with Old Home Day on Aug. 26. Greene said there was a good crowd for the early part of the day though numbers thinned out in the afternoon likely due to the heat. Crowds were back for the evening events like the Community band concert and the fireworks.

The Old Home Day Committee is already planning next year's 100th Old Home Day.

More activities are scheduled through the fall, including Junior Picasso at the Gilford Youth Center, Adult Pickup Basketball, and the Halloween Party at the end of October.

"Overall, we're running busy and looking forward to the fall season," Greene said.

**LRCS**

(Continued from Page A2)

email [tricia.tousignant@lracs.org](mailto:tricia.tousignant@lracs.org) for more information or visit our website at [www.lracs.org](http://www.lracs.org) and review our current Parent Education Programs at the Family Resource Center page. Attendance certificates will be provided at all parenting programs sponsored by LRCS' Family Resource Center of Central New Hampshire.

For hundreds of families living in the Lakes Region each year, the Family Resource Center of Central New Hampshire, a program of LRCS, offers respectful, non-judgmental educa-

tion, early intervention, and support to assist families in their efforts to meet needs, make positive connections, and prepare children for success today and tomorrow because the Family Resource Center believes strong families lead to strong communities.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organiza-

tion, LRCS offers other essential and critical services to individuals in our Greater Lakes Region communities from birth throughout their lifespan. At the core of LRCS' work are inclusion, acceptance, and building strengths and partnerships - whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information, contact Joanne Piper Lang at 524-8811 or visit [www.lracs.org](http://www.lracs.org).

**NOTEBOOK**

(Continued from Page A4)

And there was the fence. The thing people tend to forget about a fence is that once you put one up, you've got to take care of it. Deer jump over it, their hooves dragging just a bit here and there, and wind and fallen limbs have their way. Throw in the occasional bear or moose, two species known not to give a fig for a fence, and you've got a fence looking like a prize-fighter about to fall.

But before the season's livestock comes in, the fence will get fixed. We don't want loose animals any more than the neighbors do. The four worst words anyone wants to hear, especially when there's another task at hand, like haying, is "Your \_\_\_ are loose" (add animal of choice here).

Out on the front lawn, a scattering of daffodils held their bright yellow colors aloft in the wind, barreling down from Lower Canada's Eastern Townships with the usual abandon.

The front lawn greened up almost

overnight, almost right after the last snowbank left, almost right after the last frost, which of course won't be the last. And I'm never surprised to see a snowflake in May.

I consulted with Chief Aid de Camp Baker Bob on lawn strategy. Among many other duties, Bob is in charge of making sure that the lawn mowers actually run. Also, he is Chief in Charge of Not Having the Perfect Lawn. We inform each other on Perfect Lawn commercials to scoff at, paying particular attention to commercials showing the frenzied persecution of dandelions, which, in this part of the country at least, we eat.

Here and there on the lawn were the remains of fireworks, set off with great glee on the advent of the New Year, or maybe it was the Equinox. Note to self: Buy more fireworks. The Fourth is not all that far away.

The snow had barely gone away, and here I was thinking about the Fourth. There are still

plenty of cold nights until then--a good case for still having plenty of wood for fireplaces, without and within. And so I ended my patrol at the porch, where there is plenty.

*(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or Box 39, Colebrook, NH 03576.)*

**LRCC INFO**

(Continued from Page A2)

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November 15  
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November 29  
Business, Hospitality Management, Culinary Arts

Business Management, Accounting, Office Technology Management, Hospitality Management, Restaurant Management, Pastry Arts, Culinary Arts

December 6 S T E M (Science, Technology, Engineering, Math) Computer Technologies, Graphic Design, Advanced Manufacturing, Health Information Technologies, Elec-

trical Installation & Maintenance, Electrical Power & Control Technologies, Electro-Mechanical Technologies)

December 13 Industry, Transportation and Safety  
Automotive GM-ASEP, Automotive Toyota T-Ten, Automotive Technology  
Marine Technology, Fire Science, Fire Protection

**REC NEWS**

(Continued from Page A3)

at 5:15 p.m. for the 7:30 p.m. game. You will have time to visit the pro-shop and get dinner on your own prior to the game. Seats are limited; a registration form must be completed accompanied by payment and tickets are non-refundable.

For more information, please contact the Gilford Parks and Recreation Department at

527-4722 or visit their Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

**Coed Adult Volleyball continues on Tuesday evenings**

The Gilford Parks and Recreation Department is sponsoring a pick-up co-ed volleyball program for adults ages 18 and up, to be held every Tuesday evening from 7 -

9 p.m. in the Gilford Middle School Gymnasium. This program runs each Tuesday through the spring. There is a \$2 fee per participant, per evening. No pre-registration is required.

For more information, please contact the Parks and Recreation Department at 527-4722.

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# Gilford pair reach volleyball milestones

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — The Gilford High School volleyball team had three wins last week, with some major career milestones achieved including 500 digs for Maggie McNeil against Kingswood and 1,000 career assists by Karly Sanborn against St. Thomas Aquinas.

“As Maggie’s coach I have to say Maggie practices with the same intensity that she plays and that is with fierce determination,” said coach Amy Tripp. “She elevates our practices both offensively and defensively, and every day she inspires her teammates to become better players.”

It was a great all-around night for McNeil against Kingswood, who helped lead the team offensively and defensively. The scores of the sets were 25-12, 25-23 and 25-20. McNeil recorded nine kills and 11 digs in the win. Fellow senior Lexi Boisvert came out swinging right from the beginning, and had an outstanding match with 15 kills and a block. Sanborn racked up 32 assists in the win. Juniors Naomi Eldridge and Sam Holland had seven digs apiece.

McNeil became only the sixth player in school history to achieve the 500-dig mark. The Gilford High School record for digs sits at 784 and was set by Jordan Dean. The crowd was pumped for McNeil’s achievement, with many holding up



JOSHUA SPAULDING

Maggie McNeil reached the 500-dig milestone in a game against Kingswood last week.



Karly Sanborn reached the 1,000-assist club against St. Thomas Aquinas during a battle of undefeated teams last week.

500 digs signs and her parents, Mary Ann and Scott, presenting her with flowers and balloons.

“At the start of the

season Maggie McNeil needed 99 digs to reach the goal of 500 digs,” said Tripp. “Here we are nine games into the season and Maggie has

already achieved this significant milestone. This has been a goal of Maggie’s since her sophomore year.”

On Sept. 26, two

nights later, Gilford took on St. Thomas Aquinas in a battle of undefeated teams and took a 3-1 win. St. Thomas Aquinas came out and won the first set 25-22, but then Gilford took the next three sets for the win with scores of 27-25, 25-17 and 25-13.

“My team played well, especially on defense having a ‘never let up’ mentality about balls hitting the floor,” said Tripp. “St. Thomas kept hitting at us and did a great job at picking up our hits. In the end I think our physical and mental fitness really showed tonight and was a major contributing factor to the win.”

Sanborn reached the milestone of 1,000 career assists, which included 36 assists coming against St. Thomas Aquinas. She also had

four kills. Tripp said the milestone is “a credit to her dedication to our team, volleyball and her incredible athletic prowess.”

“We are very proud of Karly and her truly remarkable work effort,” said Tripp. “Also congratulations to St. Thomas senior setter Emma Gould who achieved 500 career digs during the match.”

Other standouts were McNeil, with 17 digs and 12 kills, as well as Boisvert with 16 digs and 12 kills. Holland had 20 digs and a kill in the libero spot. Abby Warren had a big game with five blocks, eight kills and 12 digs.

“We continue to train hard and keep our focus, control and composure,” said Tripp. “We strive each practice to improve individual and team play. The goal is not to stay stagnant but to move from good to great.”

Gilford also beat Coe-Brown Northwood on Sept. 28 in a sweep with scores of 25-11, 25-18 and 25-19. Boisvert led the team with seven kills, followed by McNeil with five kills. Sanborn had 17 assists.

“What I liked about the Coe-Brown game is that we were very consistent and I was able to play all my players,” said Tripp. “It was an all-around good team win.”

Gilford is now 11-0. The Golden Eagles played John Stark after deadline and next up is Souhegan on Oct. 4 at 5:45 p.m.



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BOB MARTIN

Jonas Bilodeau races toward the finish line at the Newfound Invitational.



BOB MARTIN

Catherine Stow took first place at the Newfound Invitational.

# Stow captures win at Newfound Invitational

BY BOB MARTIN

Bob@salmonpress.news

BRISTOL — Catherine Stow of the Gilford High School cross coun-

try team has had a great freshman season for the Golden Eagles, and last week the star runner won her first varsity meet at

the Newfound Invitational.

The times for the girls' race are a bit deceiving, as there was an error

in the direction of the course, making it short by about a half of a mile. Stow had the winning time of 19:26.8, with Leah

Dutkewych coming in a second with a time of 19:39.1.

"I knew that Leah was behind me so I wanted to

make sure I kept a steady pace going up the steep hill, because I knew that if I dropped back at all she'd take advantage," said Stow. "It feels really good to get the win. When I was a seventh grader this was where I got my first win, too."

Gilford's Kayla Loureio, a sophomore was third with a time of 21:56.5. Sophomore Bethany Tanner cracked the top 10 with an eighth place finish and a time of 23:09.8. Chloe Schwartz, a junior, was 38th with a time of 27:20.2.

The boys' team did well overall with a second place finish. Sophomore Jonas Bilodeau was the team's top runner with a time of 19:36.4, good for fifth place. Harry Laflamme and Charles Townsend, both sophomores, came through the finish line together taking 21st and 22nd with times of 21:53.7 and 21:54. Freshman Mitchell Townsend was 24th with a time of 22:05.7.

Senior Matthew McDonough was 30th with a time of 22:46.6. Junior Eddie Demers was 41st with a time of 23:18.1 and Moritz Lietz, a junior, was 43rd with a time of 23:22. Sophomore Jordan Witham was 70th with a time of 26:40.3.

"The girls had no warm up because of a bus issue," said assistant coach Kathy Aldridge. "I was a little worried because we didn't see the course and it changed from last year. But the kids came out and ran well. Catherine had a great race and so did her teammates."

# Golden Eagle boys edged by Belmont

BY BOB MARTIN

Bob@salmonpress.news

BELMONT — It is always a crazy matchup when it comes to games between rivals Gilford and Belmont, and the boys' soccer game for Belmont High School's Homecoming once again lived up to the hype, with Belmont taking a 1-0 win thanks to a late goal by Griffin Embree.

It was anyone's game, and both teams had their opportunities, but both defenses and incredible goalkeeping by new goalie Connor Guest and Belmont's Jake Deware kept the offenses in check. There were several shots by Belmont that went off the cross bar that were then gobbled up by Guest, and Deware made some tough saves look easy.

It was a tie game with no score until 6:34 left in the game. Embree broke away from the defense and smashed a shot by the diving Guest for the game winning goal. The crowd at Belmont High School went nuts, and the Belmont teammates hugged an ecstatic Embree, who threw fist pumps into the air after the goal.

Gilford had some chances as time rolled off the clock, including a direct kick that was cleared out by Belmont at about two minutes left. Belmont was able to



BOB MARTIN

Colton Workman and Daegan Boucher defend against Belmont during a 1-0 loss last week.



BOB MARTIN

Both teams had close opportunities in front of their respective goals but defense was the name of the game with Belmont and Gilford, with Belmont coming out on top 1-0.

hold on for the tight win over rival Gilford.

Earlier in the week goalie Troy Gallagher sustained a leg injury in a game against Hopkinton. Gallagher has been a rock in net, and is a senior leader on the

team. Oftentimes this could derail a team, but the young Gilford squad stood up to adversity and played a strong defensive game in support of Guest.

Guest had the job of defending shots from one

of the best teams in Division 3, a Belmont squad that has only given up two goals all season and has yet to lose a game. Coach Dave Pinkham was very happy with

how the team played, adding that it would have been nice to get a win but that he couldn't have asked for a better effort from his team, notably the defense and Guest that kept the high powered Belmont squad from scoring for most of the game.

"I could not be prouder as a coach for the effort that the kids gave yesterday," said Pinkham. "Having to be faced with losing, in my mind, one of the best goalkeepers in our division or in the state, is something tough to do. Having Connor Guest volunteer to play goal says an awful lot about his character and the players around him."

Pinkham said he only has superlatives for the team, and he wishes that his squad could catch a break after tying with Hopkinton 0-0 two days before and losing 3-1 to Belmont the week before that. Gilford's only other loss was against Derryfield with a score of 1-0.

"We knew we weren't going to get a ton of chances against Belmont, but we had some great opportunities," said Pinkham. "We have made some changes that I think have helped, and we just have to keep our fingers crossed that we can continue defending the way we have been."

2018 Salmon Press

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Published Thursday, November 15<sup>th</sup>

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BOB MARTIN

### Gilford golf

Connor Sullivan tees off at Pheasant Ridge in the final match of the regular season for Gilford. Gilford went 11-10 this season.

PORTRAITS • WEDDINGS • SCENICS • EVENTS

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JOSHUA SPAULDING

Blake Descoteaux runs the ball up the middle against Kingswood.



JOSHUA SPAULDING

John Mitchell chases the ball carrier for Kingswood in a 27-22 win for the Golden Eagles.

# Eagles edge Kingswood under Friday night lights

BY BOB MARTIN  
Bob@Salmonpress.news

WOLFEBORO — The Gilford/Belmont football team improved to 3-2 with a tight 27-22 win over Kingswood under the lights last Friday, which increased the team's record to 3-2 this season.

It was a back-and-forth game much of the time, beginning with a Kingswood score on the team's first drive after picking off an Alex Cheek pass on the first drive of the Golden Eagles. The score came on a one-yard touchdown run, and a completed two-point conversion made it 8-0 in favor of Kingswood with 7:53 left in the first quarter.

The Golden Eagles had the ball at the beginning of the second quarter and Cheek connected with Brandon Gallagher for an 18-yard touchdown pass with 10:24 remaining in the half. The extra point was good and it was an 8-7 game.

After a fumble recovery by the Golden Eagles, Gilford/Belmont's offense sputtered with a four and out. Kingswood responded with a 57-yard touchdown run and it was a 14-7 game.

The Golden Eagles answered back with a

nice four play drive. The first play was a great pass to Patrick Carr up the middle of the field for 62 yards. He caught a 10-yard touchdown pass two plays later to tie the game at 14-14, which was the score at halftime.

"Alex Cheek marched the offense down the field consistently finding senior tight end Patrick Carr," said coach Josh Marzahl.

In the second half, Gallagher picked off a pass at his own one-yard line, but Gilford/Belmont and Kingswood alike could not come up with any scoring in the third quarter.

With 8:10 left in the game, Cheek hit Gallagher with a 32-yard touchdown pass to give the Golden Eagles a 21-14 lead. Kingswood answered quickly with an eight-yard touchdown run with 4:25 remaining. After a completed two-point conversion it was 22-21 in favor of Kingswood.

The Golden Eagles fought back hard and moved the ball up the field swiftly. Gallagher caught a big pass that brought Gilford/Belmont to the seven-yard line. Cheek ran it in for a touchdown with 3:06 to go, but Kingswood

stopped the two-point conversion making it a 27-22 game.

The ensuing kickoff was a flubbed kick, but it worked in Gilford/Belmont's favor with Jacob Cress of the Golden Eagles recovering the ball. The team ate two minutes of clock and then punted, and the defense

held on for a 27-22 win.

It was highlighted by strong play by senior safety Ethan Roy, who made a nice play on a deep pass attempt by the Knights. Senior Pierce Brown had a sack to seal the win for the Golden Eagles.

Defensively, John Mitchell had 14 tackles

and a fumble recovery in the game. Roy had 15 tackles and a pass deflection. Brown had six tackles and two sacks on the day.

Cheek had a strong day throwing and running, with 220 yards in the air and 106 yards on the ground. He threw for three touchdowns and

also ran for one. Carr was the number one target with eight catches, 130 yards and a touchdown. Gallagher had two touchdown catches for 60 yards on the day. He also had an interception.

Gilford/Belmont takes on Hanover at home for a 3 p.m. game on Saturday.



DAVE PERKINS - COURTESY PHOTO

Hannah Perkins makes a save during a shutout win for Gilford last week.

## Gilford girls earn a pair of shutouts

BY BOB MARTIN  
Bob@Salmonpress.news

BELMONT — The Gilford girls' soccer team had a strong week with a pair of shutout wins on the road against Hillsboro-Deering by a score of 5-0, followed by a 3-0 win over rival Belmont during the Homecoming for the Red Raiders.

On Sept. 27, Gilford traveled to Hillsboro-Deering and came away with a great victory where the Golden Eagles dominated with 29 shots compared to 15. Coach Rob Meyers said the team played very well on a field where conditions were very wet and muddy. Gilford scored in the first minute of the game and never looked back. The Golden Eagles were up 2-0 at half and then scored three second half goals to lock up the win.

Abby Jarvi continued her strong play with four goals in the game.

She now has 22 goals this season, with seven games left to play. Reece Sadler had a goal and two assists. Callie Carpenter and Marlow Mikulis added an assist each. Hannah Perkins made 12 saves in the win.

"Good game from beginning to end," Meyers said. "We switched the lineup and formation around to try and put more pressure on the ball in the defensive third. It worked well, still needs a little time to get players comfortable in slightly different positions."

Gilford lost a tight matchup during its Homecoming last week, so this 3-0 win was a bit of redemption and a huge confidence boost for the squad.

"Gilford was a totally different team than the one that played Belmont last Saturday," said Meyers. "The players came out aggressive and

controlled the middle of the field."

Gilford scored early adding a second goal about half way through the first half, and finishing with a goal in the mid second half.

"The score does not indicate the intensity of the game, both teams played hard and created a number of scoring chances," Meyers said.

Meyers described it as a total team effort, saying the players came out to prove that they could play with Belmont. He said the team tried a new look, moving players around to solidify control of the defensive midfield. He felt the team moved the ball well throughout the field and did a nice job attacking the Belmont players as

soon as they were on the ball.

"The girls played really well," said Meyers. "We haven't had problems scoring this year, but have had trouble controlling the defensive midfield in some games. Hannah (Perkins) had her best game in net, saving a couple of sure goals."

Jarvi, Sadler and Carpenter provided the goals in the win. Madi Rector had an assist. Gwen Knipping was commended for her strong play at stopper. Hannah Perkins had 12 saves in her seventh shutout of the season.

Gilford traveled to Bishop Brady on Oct. 2 and on Oct. 5 the team hosts Prospect Mountain for a 3:30 p.m. game.

## Field hockey Eagles falter in Berlin

BY BOB MARTIN  
Bob@Salmonpress.news

BERLIN — The Gilford High School field hockey team took the long bus ride to Berlin on Saturday morning and the Golden Eagles lost a heartbreaker in overtime by a score of 2-1.

Games between Berlin and Gilford have been historically tight, and this one didn't disappoint as the Mountaineers and the young Golden Eagle squad once again had a hard fought battle. The game was scoreless after one half, but then Berlin struck first at the 18-minute mark in the second half to make it 1-0. This score would stay until the final seconds of regulation.

Gilford had a corner with less than a minute to play and senior Nicole Berube scored her first goal of the season as time ran out. Berlin quickly scored in over-

time to take the 2-1 win.

"Just like the traffic on 93 that stalled the ride to Berlin the Eagles mental game stalled three minutes into overtime and Berlin took advantage to score the winning goal for a 2-1 victory," said coach Dave Rogacki.

Rogacki said that growth continues to be the major goal for the young Golden Eagles, who dropped to 5-4 on the season.

"Progress has continued to follow Gilford this year and now the players need to apply their progress throughout the game to compete on a weekly basis," Rogacki said.

Gilford faced Laconia after deadline. Next for the Golden Eagles is an away game against Newfound on Thursday and a home game against White Mountains on Friday, with both games beginning at 4 p.m.



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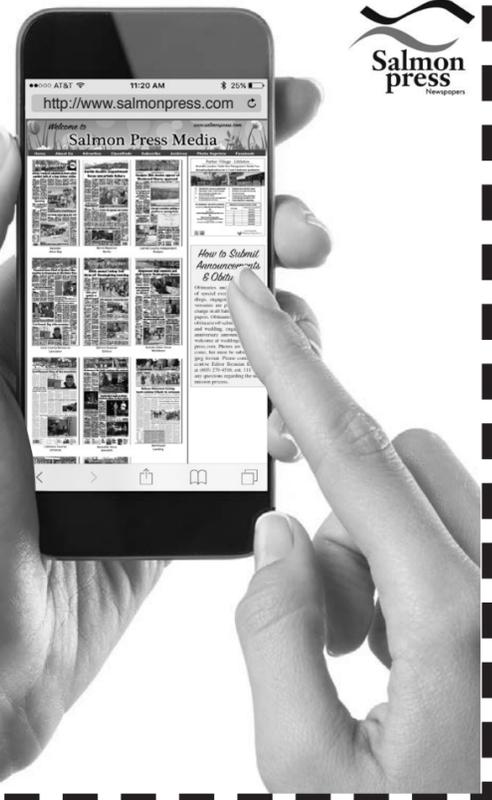
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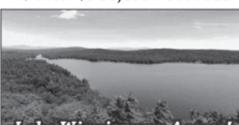
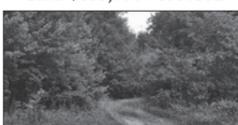
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 <b>Lake Winnisquam Access!</b> <b>MEREDITH:</b> Panoramic views of lakes & mtns from 7.8 ac. Lot State approved 4 BR septic design, road, power & cable. <b>\$249,000 #4320971</b>	 <b>MEREDITH:</b> Centrally located, rural 1.4 acre parcel. Existing dug well. Great location near many area amenities. <b>\$53,287 #4709585</b>	 <b>CANTERBURY:</b> 8.5 acres in a sun drenched field with woodlands. Perfect location; great for commuters yet private! <b>\$159,000 #4682918</b>	 <b>Lake Winnepesaukee access!</b> <b>MOULTONBOROUGH:</b> Cleared lot, secluded yet near the beach. Great water access community in a low tax town! <b>\$45,000 #4677831</b>

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**MOULTONBOROUGH** // 1.6 Acre level wooded lot located in the quaint village district in Comm. Zone "A". Driveway permit with installed culvert, expired permit for office bldg. and garage. Agent interest. **PRICED REDUCED.**  
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# TOWN•TO•TOWN CLASSIFIEDS

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### BEFORE

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- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

### DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

### AFTER

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)



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## Moultonborough School District Classroom, Custodial and Nurse Subs Needed

The Moultonborough School District is looking for classroom, custodial and nurse subs. Classroom Sub Rates are \$75/day for non-certified and \$80/day for certified/previously certified. Custodial sub rate is \$12.75/hour. Nurse subs must be licensed LPN or RN: sub rate up to \$120/day.

If interested, complete the application found on the employment page of the District's website at <http://www.sau45.org/district/employment> and submit along with a resume and three current letters of reference to: SAU Office, PO Box 419, Moultonborough, NH 03254.

## Alton Central School Community/Parent Volunteers Requested for Superintendent Search

At the September School Board meeting, Superintendent Stiles informed the Board that this will be her last year in Alton. It was with the deepest regrets that the Board accepted her decision; but, an appreciation was expressed regarding the amount of time she has given for a replacement to be found.

To begin the process that will lead to hiring a part time Superintendent to begin July 1, 2019, the Alton School Board is looking for two community members and two ACS parents to serve on a Superintendent Search Committee. The Search Committee's responsibilities will take place during the months of October and November with the first meeting scheduled for October 15 at 6PM at Alton Central School. If you are interested in serving, please submit a letter of interest to Deborah Brown, SAU 72, 252 Suncook Valley Road, Alton, NH 03809 or [dbrown@sau72.org](mailto:dbrown@sau72.org) before **October 10, 2018**. Please include the best email and phone number to reach you during the hours of 7:30AM – 4:00PM. All interested will be notified by October 12 of their participation status.



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## Marine Patrol Officer Trainees

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Marine Patrol is the primary state agency responsible for ensuring safe boating on the State's waterways. Marine Patrol Officer Trainees are responsible for the enforcement of criminal, boating, and other laws to ensure public protection and safety.

Functions include: maintain law and order, detect and prevent crimes, apprehend suspects and prosecute violators, and provide security for the State's seacoast ports, lakes and rivers.

For more information regarding the minimum qualifications for this position please visit:

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## HELP WANTED Deputy Director of Public Works

Search Re-Opened

The Town of Gilford, Department of Public Works is currently accepting applications for the position of Deputy Director. This is a year-round, full-time position with excellent benefits. The current starting pay range is \$60,000-\$70,000 DOQE. (For a copy of the job description or more information about working for the Town of Gilford, including access to the Town's Personnel Policies, visit [www.gilfordnh.org](http://www.gilfordnh.org).)

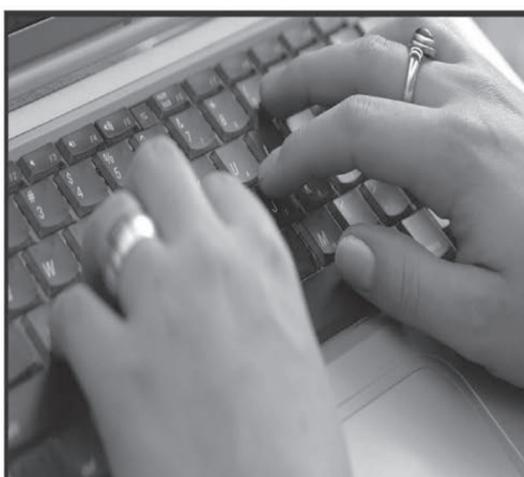
The Deputy DPW Director will be responsible for supervision and administration of highways, buildings & grounds, sewer, vehicle maintenance and solid waste functions within the Gilford DPW. Duties include: purchasing of supplies and materials, contract administration, public relations, personnel management, budget administration, scheduling of assignments, design and implementation of repair strategies, maintaining employee morale, and promoting work place safety. The ideal candidate will have experience managing road reconstruction projects, the ability to understand engineering plans, and extensive hands-on experience in the administration of winter maintenance techniques related to snow removal, ice control, traffic safety and staff time management.

Applicants must possess a valid driver's license (CDL preferred), have previous supervisory experience in a public works setting, be able to perform strenuous physical labor for extended periods, be familiar with the operation and maintenance of construction equipment, and must be able to work evenings, weekends and holidays as-needed. Successful completion of a pre-employment drug test, medical examination and background investigation will be required. Excellent organizational and communication skills along with a proven record of dedication to superior job performance are essential.

Letters of interest with a statement of qualifications must be submitted to the Director of Public Works. Applications will be accepted until position is filled.

## Help Wanted

The Town of Alton is accepting applications for an Assessing Secretary. Please go to [www.alton.nh.gov](http://www.alton.nh.gov) for more information.



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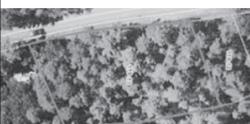
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 <p><b>Holdersness</b>   \$3,700,000                  Perfectly perched on over an acre on Squam Lake. Almost 700 feet of water frontage, 3 docks and an open covered boathouse.                  Linda Fields 603.244.6889                  Search 4719169 on cbhomes.com</p>	 <p><b>Meredith</b>   \$1,695,000                  Wonderful lake and mountain views from this home with 400' of waterfront that has a natural sandy beach.                  Susan Bradley 603.493.2873                  Search 4709826 on cbhomes.com</p>	 <p><b>Gilford</b>   \$475,000                  Beautifully updated front row condo that is perfect for year round living. Amenities include dock, beach and more.                  Susan Bradley 603.493.2873                  Search 4710288 on cbhomes.com</p>
 <p><b>Alton</b>   \$389,000                  Cute camp in a protected area on Rattlesnake Island, a great location on the south side of the peninsula.                  Ellen Mulligan 603.387.0369                  Search 4689749 on cbhomes.com</p>	 <p><b>Laconia</b>   \$297,000                  Fantastic neighborhood location at the end of the cul-de-sac for this 4 Br, 2 1/2 BA Colonial.                  Elaine Estabrook 603.312.8731                  Search 4709734 on cbhomes.com</p>	 <p><b>Moultonborough</b>   \$289,900                  Modern home on a huge, corner lot just steps from the fine Suissevale beach! Home features full basement, extensive decking and screen porch.                  Jim Ramhold 603.455.6672                  Search 4684966 on cbhomes.com</p>
 <p><b>Madison</b>   \$275,000                  Beautiful waterfront building lot on Silver Lake with 160' of owned waterfront.                  Reed Heath 603.608.6169                  Search 4718948 on cbhomes.com</p>	 <p><b>Belmont</b>   \$239,900                  Sargent Lake - Enjoy all 4 seasons at an affordable price! 80' of owned lake frontage with a 16' dock, 2-bedroom, 3/4 bath home with a 3-season bonus room.                  Kathy Davis 603.387.4562                  Search 4696547 on cbhomes.com</p>	 <p><b>Moultonborough</b>   \$199,900                  10+ ACRES with beautiful mountain views. Included in the sale is a well-maintained year-round camp/cottage, bath home with a 3-season bonus room.                  Ellen Karnan 603.986.8556                  Search 4704468 on cbhomes.com</p>
 <p><b>Franklin</b>   \$199,900                  Fully occupied 2 unit on a nice level lot just minutes from downtown. Full walkout basement for storage.                  Gus Benavides 603.393.6206                  Jenn Anderson 603.254.5996                  Search 4719042 on cbhomes.com</p>	 <p><b>Tamworth</b>   \$194,900, Beautiful Country Cape dating from the settlement of Tamworth, located in Tamworth Village. Built in 1790, most original features.                  Annie Schoonman 603.455.2918                  Search 4705842 on cbhomes.com</p>	 <p><b>Belmont</b>   \$140,000                  Steps from Lake Winnisquam is this beautifully kept, upgraded park wood camper with addition.                  John Silva 603.387.0533                  Mary Seeger 603.630.8733                  Search 4708844 on cbhomes.com</p>
 <p><b>Gilford</b>   \$75,000                  View lot in Gunstock Acres: lot is wooded &amp; will have hilltop views with tree cutting &amp; maximum exposure. Shore rights to Gunstock Acres private beach.                  Ellen Mulligan 603.387.0369                  Search 4719737 on cbhomes.com</p>	 <p><b>Belmont</b>   \$57,500                  1971 Mobile Home on its own land. Two bedrooms and 1 bath. .23 corner acre lot with plenty of backyard privacy. Public water and sewer.                  Kathy Davis 603.387.4562                  Search 4718409 on cbhomes.com</p>	 <p><b>Gilford</b>   \$39,999                  12x30 garage/storage unit with power and a separate 12x16' finished storage above. Great location and low quarterly fee!                  Gus Benavides 603.393.6206                  Carly Howie 603.937.0170                  Search 4705634 on cbhomes.com</p>

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