COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

tinuously improve on,"

Hikel said. "This robot

increased its capabili-

ties, and as everyone else

the PMHS team had

traveled to the world

championship in three

straight seasons, but in

2017 they didn't go to the

world championship and mentor Ty Tremblay, an

alum of the PMHS robot-

ics team, thinks that not

going to the world cham-

pionship last year made

on developing a robot

that could win. Bob add-

ed the ability to pick up

team mates and score bo-

nus points, but this func-

tion wasn't added until

just before the district

championship in Bos-

SEE ROBOTICS, PAGE A10

The team worked hard

this year's run possible.

got better, so did we." Prior to last season,

Impressive showing for Bob in Detroit

Prospect Mountain robotics team competes well at world championships

BY TIM CROES Contributing Writer

DETROIT, Mich. Two weeks ago, the robotics team at Prospect Mountain High School was flying high, as Team 319 came away as the New England District Champions, and traveled to Detroit last week in hopes of being crowned world champions.

Team 319, also known as "Big Bad Bob," fought hard during the qualifying rounds but got knocked out in semifinals in the Tesla Division of the U.S. FIRST World Championship that was held in Detroit, Mich. from April 26 through 28.

Team 319 finished the qualifying rounds with a 5-5 record, but their robot was ranked as the number 16 seed out of more than 60 robots. The team spent hours in their hotel on Friday night scouting other teams, in the hopes they would be drafted into the quarterfinals, and began strategizing on who they would then try to pick as a team mate.

On Saturday morning, the top eight seeds drafted their picks and Team 340 from Churchville, N.Y. picked Bob and their



MEMBERS OF TEAM 319 work on the robot "Bob" from the pit during the U.S. FIRST World Championship that was held in

Detroit from April 25 through 28. alliance then picked the team from Manchester, Team 238, and their alliance squeaked by with a 2-1 win in the quarterfinals. Their final match was so close that the margin of victory was only three points, with a final score of 325-322.

Unfortunately, Bad Bob and the number four alliance was knocked out in the semi-

finals in the Tesla Division and was swept in two matches in the best of three format. But head mentor Brian Hikel knows that his team learned a lot in competing against the best in the world and this season they built a robot that they had supreme confidence in.

"We learned to make a robot that we can con-

Barnstead BOS gets an earful regarding roads A vocal public chimes in on highway department performance

BY MARK FOYNES

Contributing Writer **BARNSTEAD**

Things got a little

heated at last week's Barnstead Board of Selectmen meeting. At isof many town-maintained roads - and the board's inability to take action at present about the employment status of the current road agent.

The Tuesday, April 24, public meeting was flanked by a pair of executive sessions,

agenda items was the approval of a replacement truck for the sue between residents highway department. and members of the The proposed 2005 In-BOS is the condition ternational from Manchester has about 38k miles on it and is not expected to require an expenditure of more than \$20k from the highway vehicle fund. Comparable vehicles have recently sold between \$12k and \$15k.

> A pair of informational items were briefly discussed relating to the police department. Selectmen's secretary SEE BARNSTEAD, PAGE A11

Who was Bertha Damon?

Bestselling author rediscovered during a local historical preservation effort

BY MARK FOYNES

Contributing Writer ALTON

— Unbeknownst until just recently by many local historians, a barn that will be taken down and reassembled in an effort to erect the Zechariah Boodey Farmstead complex in New Durham once belonged to a New York Times best-selling author who summered here on a 250-acre farm on Chestnut Cove Road.

Bertha Damon's path to Alton took a circuitous route.

Bertha Damon (née Bertha Louise Clark) led a life that began in rural North Stonefield, Conn. before removing to Providence - and then to the San Francisco area and the soaring heights California's Sierra Mountains. She was lov-

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er of language. A conservationist - and with a tendency to look at things a little sideways - her bestknown work was a 1938 memoir titled Grandma Called It Carnal, which went through at least six printings.

The volume recounts her small town Connecticut girlhood in the late 1800s. In spite of its suggestive title, there is nothing salacious in the tome. Rather, the book describes Damon's strong-willed, stoic, yet loving grandmother who possessed a marked Puritanical streak that defined her personality and helped shape the character of her two adopted granddaughters.

Griswold Grandma

considered all things "modern" to be off-putting. She considered the technological advances of the late 1800s to be "indulgences" that had the potential to corrupt Americans' "moral sensibilities." As Grandma put it, a "carnal" lifestyle involved "grasping for more and more things and missing more and more values."

Her book was greeted with critical acclaim, The Saturday Review raved, "Grandma is more than amusing or odd or even striking; she is a figure of significance in the pattern of American life."

Damon's literary success was a lifetime in the making. Her memoir was almost a way of bringing

Silent auction at PMHS on Friday

ALTON — Prospect Mountain High School is hosting its inaugural silent auction on Friday, May 4, from 6 to 9 p.m. at PMHS. Proceeds will benefit the robotics team, BOB 319, the Future Business Leaders of America (FBLA), the PMHS band and music department, as well as the PMTA Scholarship Fund. This event effects nearly every student at PMHS. The theme for this year is none other than May the Fourth Be With You. Childcare provided for children 10 and under for free (child care is in the gym). Ticket price includes beverages and heavy appetizers. Entertainment is provided by the PMHS band. A few of the items up for auction are a Fisher Cats luxury suite with 20 game tickets, lift tickets to Gunstock, Cranmore and Pat's Peak, theater tickets to Palace Playhouse, Seacoast Rep, Rochester Opera House, Capitol Center for the Arts, and so much more! Don't miss out on this amazing event to come support the students of PMHS.

things full circle. When the book was published in 1938, Damon was 57 that's the age Grandma Griswold was when the five-vear-old Bertha was left in Grandma's care in

Damon's rural upbringing on a working

which were open only to BOS members. Among some of the SEE DAMON, PAGE A9 quickly-expedited



COURTESY PHOTO

April in Paris

Members of the Prospect Mountain World Cultures Club pose with The Baysider in front of the Eiffel Tower during their trip to Paris during the school break. Pictured (I to r), Hannah Bureau, Caitlin McCracken, Brittany Rogers, Brianna Duggan, Anna DeRoche, Peter Long, Melody Kelly and Jane Alfonso. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

AMERICAN RED CROSS BLOOD DRIVES

BE PREPARED: RED CROSS URGES BLOOD AND PLATELET DONATION

MANCHESTER, NH (April 23, 2018) — This May, the American Red Cross is calling for donors to give blood and platelets regularly to be prepared to meet the needs of patients in emergency situations.

According to the National Trauma Institute, trauma accounts for approximately 41 million emergency department visits and 2 million hospital admissions each year.

In March 2015, Kevin Frame suffered life-threatening injuries in a head-on collision during spring break. He received blood products to treat internal injuries immediately after the accident and during multiple surgeries while recovering.

"Without the blood and plasma products made available from donations, I would not be alive today to continue my rehabilitation journey," said Frame, who had to relearn to swallow, speak and walk after the accident.

Regular blood, platelet and plasma donations help ensure that blood is available at a moment's notice. In fact, it is the blood on the shelves that is used to help save lives at the time of an accident or sudden illness.

In trauma situations, when there's no time to check a patient's blood type, emergency personnel reach for type O negative red blood cells and type AB plasma because they can be transfused to any patient, regardless of blood type. Less than 7 percent of the population has type O negative blood, and only about 4 percent of the population has type AB blood.

Platelets may also be needed to help with clotting in cases of massive bleeding. Because platelets must be transfused within five days of donation, there is a constant – often critical – need to keep up with hospital demand.

Donors of all blood types are urged to roll up a sleeve this May to help meet the needs of trauma patients and others with serious medical conditions. Make an appointment to donate blood by downloading the free Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

All those who come to donate from April 9 to May 13, 2018, will be entered to win one of three \$1,000 gift cards to a national home improvement retailer, courtesy of Suburban Propane. (Restrictions apply. More details are available at RedCrossBlood.org/Lets-Do-More.)

UPCOMING BLOOD DONATION OPPORTUNITIES MAY 1-26: Barrington Dover

5/3/2018: 1 p.m. - 6 p.m.,
Barrington Elementary School, 570 Calef Highway

Lee

5/18/2018: 1 p.m. - 6 p.m., Lee Church Congregational, 17 Mast Road, Rt 155

Rochester

5/11/2018: 2 p.m. - 7 p.m., Waste Management - Boot Camp, 38 Rochester Neck Rd

5/15/2018: 2 p.m. - 7 p.m.,

First Church Congregational-Rochester, 63 South Main Street

5/21/2018: 12 p.m. - 5 p.m., Rochester Elks Lodge, 41 Columbus Avenue

5/25/2018: 1 p.m. - 6 p.m.,

American Legion Post #7, 94 Eastern Avenue

Salmon

5/12/2018: 9 a.m. - 2 p.m., St Thomas' Episcopal, 5 Hale Street

5/19/2018: 9 a.m. - 2 p.m.,

Dover Ice Arena, 110 Portland Avenue

5/2/2018: 1 p.m. - 6 p.m.,

McConnell Center, 61 Locust Street

5/22/2018: 12 p.m. - 5 p.m., Dover Moose Hall, 45 Chestnut Street

Milton

5/16/2018: 1 p.m. - 6 p.m., Nute High School-Milton, 22 Elm Street

New Durham

5/9/2018: 12:30 p.m. - 6 p.m., New Durham Fire Department, 6 Main Street

Somersworth

5/18/2018: 1 p.m. - 6 p.m., American Legion Hall, 45 Washington St

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

1-800-RED CROSS

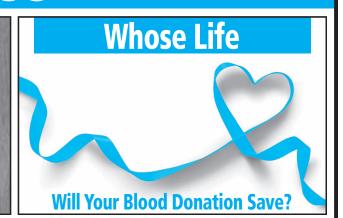
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New yoga studio opens in Alton

BY CATHY ALLYNContributing Writer

ALTON — What if there were a place where the world slowed down and stress melted away while your body got

while your body got healthier? Sound like a fairy tale?

Well, it is and it isn't.

Practicing yoga improves both physical and mental well-being, but it does take a little effort. There is a place in town that is ready to help you take that first step, or challenge you if yoga is already your thing.

Breathe Yoga New Hampshire opened its doors in early March, and owner Anna Kerr reports that already just short of 100 people have crossed its threshold.

There's a reason for that, and it goes beyond people understanding that yoga is an ancient practice perfectly suited for a modern world. It has to do with community

"Some people get nervous about the whole gym thing," Kerr said. "Yoga is more of a personal approach. You're coming not only to create a stronger mind and body, but there is a community here. You're comfortable because my main goal is to make people feel as though they have a home away from home."

Kerr has taught yoga for 15 years, so she knows what works for students. She also knows how the practice can be the right fix for what goes on in life, because that's what happened to her when she fell into the healing path serendipitously.

"I was going through a bad time," she said, "struggling with everything and trying to balance things. One day I took a yoga class at a gym and I really liked it."

The experience made her seek out a yoga studio. "I started to get addicted to it. I was walking out of the door feeling like a weight was lifted off my shoulders and that I could handle anything that came my way."

She wound up taking classes with a founder of Power Yoga. "I was creating a place in my mind where I could handle everything. I was happier and getting a fantastic workout in a short amount of time. It was a dream come true and I never turned back."

Her route to the new Alton studio was also right out of a storybook. She was teaching in several Massachusetts studios, but her boyfriend in this area eventually purchased a house in Alton.

"My family was from New Hampshire, but I didn't grow up here because we traveled a lot."



ANNA KERR, owner of the new yoga studio Breathe Yoga NH in Alton, settles into tree pose. Open since March, the studio offers classes and workshops to foster physical and mental well-being for all levels of ability, from absolute beginner to those who can handle a challenge.

Turns out her roots are deeper and more significant than she could have guessed.

"My aunt remembered that relatives had actually lived in this town."

After meeting with the Alton Historical Society, Kerr discovered she was a descendant of the Twombley family, who resided in Alton in the 1800s. Then she went so far as to discover their final resting places.

"We wandered around in the woods behind a house off of Route 28 and found their grave sites. There are at least 25 gravestones. Some are double arched. It was really cool."

Located in one of the beautiful units at the Auto Wash Center on Wolfeboro Highway, the studio is just what she has wanted for a long time.

"I'm really excited to have this space. There's a welcoming energy in the room itself and when people come in, it's even better. It's filled with joy

and happiness in here."
Kerr said everyone is
"super-supportive. They
are working through
their tension and stress
and releasing physical
and emotional tight energy. It's a wonderful lit-

tle studio to grow in."
She has towels, mats, bolsters, blocks, straps, and blankets, "so if you forget to bring something, it's here, so you never feel like you're out of your element or that you're failing right away."

The friendliness of her clientele is striking. "Everyone cares about each other; it's a real community that we've built."

Yoga is about as far away from competition as you can get. "It's not like at a gym where you're looking around to see how much weight the other person is lifting," Kerr said. "Yoga is learning how to be okay with the way you are and we're interested only in our personal growth. Your journey is to grow yourself."

The health benefits of yoga are indisputable. "Our minds are going full speed ahead all day long," she said, "even in other workout environments." She calls it, "our monkey brain. In yoga, we step out of that zone and slow down the brain so breath and body are in balance."

Although some struggle with slowing their minds, Kerr said once you can focus on your breath you become stronger and healthier in your mind. "It's important to have a healthy mind. The beauty about yoga is as people stretch and get strong, they also can focus, as they realize they can let go."

Kerr said she has folks who joined for one month and then signed up for three months, "because their spines and shoulders have never felt better; there is a release of pain."

she hears "My core is better than ever," from her students since "yoga works a lot of inside muscles. You have a strong support system around your bones," she explained.

Breathe Yoga NH offers a wide variety of classes to suit everyone's needs. If you haven't tried seriously to touch your toes for 27 years, or age has affected your balance, or if you've been injured or had surgery, the studio has you covered.

"I can modify poses to bring it down for people or up to challenge others, so it's great for all walks of life."

Restorative classes to work shoulders, back,

and hips are done all on the mats. Chair yoga will be offered later this month.

Kerr keeps the studio comfortably warm. "I won't have a cold class, which is unhealthy for your muscles. They need to be relaxed and supple, not contracted. Warmth is good for your mental state, too."

She'll be adding workshops in June and July on alignments, arm balances and inversions. "Some people have a fear of head stands," she said, "but all of those things are invigorating. Most people can find a form of yoga that works for them."

that works for them."
She's also considering
"fun stuff" such as hip
hop yoga and glow in the
dark yoga. "I'll throw in
energetic stuff suitable
for everyone. You do
what you can do with
yoga, which is the great
thing about it."

Many people come in for the physical side and are surprised with the mental benefit. Kerr has seen lots of moods improve.

"It's about how you process your thoughts; what we think, we become. If you believe you can't do something, more than likely you won't. If you believe you're ugly, that's probably how others will see you. If you think you can grow and be strong, you will."

Much of yoga has to do with letting go of fears and stress. "We focus on our breath, not our struggles," Kerr said, "and we work on being in a more positive state of mind."

She explained, "Saying 'I have to go to work today' has a negative implication. If you say instead, 'I'm going to work today,' that is more positive, and your body will react the same. It's not that you're being fake, but that you're approaching things in a different manner."

Her web site,

breatheyoganh.com, outlines classes, schedules, and upcoming events. She also has a Facebook

"You don't have to be good at yoga, just willing to try things," she said.

Plans are also in the works to hold classes for benefits, in order to become an active part of the town and also to give back.

Kerr commented on yoga's philosophy. "We're all dealt different circumstances, but we have a choice. We can allow it to make us a better person or allow it to tear us down.

"Yoga is an opportunity to process what is going on with you and to choose. The choice is yours. Turn back to yourself to find healing and growth. You learn to smile within the pain and that pain, physical and mental, starts to ease."

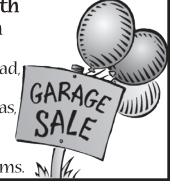
In her experience, it all works. "Some people think concentrating on the breath might be silly, but then they say, 'It's fantastic. I guess I really did need that."

Now, in her own studio at last, Kerr can continue her personal growth. "I feel blessed," she said.

By creating a place for others to grow in health, she has come back home.

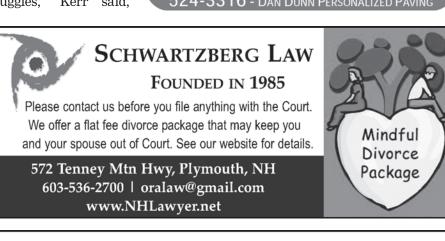


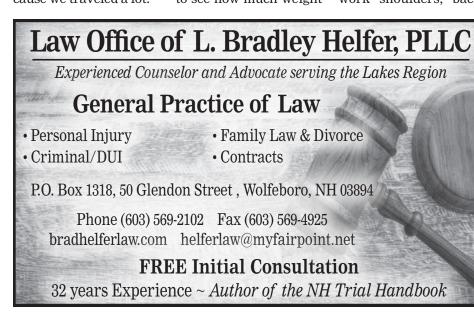
from 10-3 at 46 Minge Cove Road, Alton NH New furniture, sofas, tables, lamps, artwork, tools, miscellaneous items.













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Opinion

More impressive work

Our front page this week has a story on the successes that the Prospect Mountain robotics team found during its trip to the world championships in Detroit during school vacation week.

Over the years it's been exciting to see this team continue to shine and represent the school on the local, regional, national and worldwide stage. The success that the team has found is nothing but a benefit to the community and the school.

We've often talked about our respect for Prospect Mountain High School and the work that the administration and staff do for the students of Alton and Barnstead. The community that has formed at the high school is a testament to the hard work that both staff and students put in each and every day.

The robotics team is a perfect example of what the high school and its students are capable of achieving. This group of students comes together each year and continues to get better and better (or at least it seems) as the members gain more and more experience.

The program mentors, which include Brian Hikel, Joe Derrick and Ty Tremblay (a former team member), have fostered an incredible work-ethic amongst the students and have them focused on the goals and what they want to accomplish.

FIRST robotics programs are something that have grown immensely over the last few years as more and more schools and more and more students get involved in the STEM programs at younger and younger ages. FIRST Lego leagues feed students from the elementary schools into the high school robotics teams and these kids come in with incredible ideas and are ready to take their work to another level.

We've had the pleasure of walking around a few of these competitions over the years where the Prospect Mountain team was competing and like on a sports team, the teamwork it takes to make things click is immense. And the competition is intense. However, while battling in the field, the students from different teams come together throughout competitions and work to reach the ultimate goals.

Kudos to the Prospect Mountain robotics team on another incredibly successful season representing the high school and the communities of Alton and Barnstead around the region and across the country. You all have helped to make Prospect Mountain a household name in the robotics world and have shown just what local students have to offer as they prepare to graduate and head to the real world.

We've enjoyed publishing the stories of the team's success over the last few years and we hope that there are more and more accomplishments over the coming years as the team continues to shine and takes its place amongst the best robotics team in the nation.



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Frank Chilinski, President & Publisher Joshua Spaulding, Editor

E-mail: baysider@salmonpress.news Sports Editor: Joshua Spaulding Advertising Sales: Cathy Cardinal-Grondin (788-4939) cathy@salmonpress.news

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Fighting hunger

This is the third year in a row that Profile Bank and its patrons have come through to help feed the children in Alton. End 68 Hours of Hunger is packing bags for 35-40 students each week so that children will have food over the weekends and they are grateful to the bamk staff for their continued support through the years. Without the support of local businesses this would not be possible. If you would like to make a donation or have a food drive, please contact Pam Forbes or Kerry Clark at Alton Central School at 875-7500.

Letters to the Editor

Lake Winnipesaukee clean-up is May 12

To the Editor:

Many would argue we live in the most beautiful region in the world, with its own extreme climate as well as dramatic elevation changes New Hampshire has something to offer for almost anybody. My own passion is what connects most everybody in the lakes region, our very own Lake Winnipesaukee. Several months back a member of our now formed group had an Idea, why not get some people together and spend some time picking up trash around the lakes region. While a simple idea in principal we never dreamed a casual day of caring would grow into a movement with hundreds of volunteers, which is what it's become today.

Fast forward to now, through the use of social media and some very passionate local businesses as well as word of mouth, we've been able to build what's looking to be an amazing day of caring for our very own and often neglected lake. Our plan is to amass a crowd of pre-registered volunteers, "over 130 as of now," as well as anyone else who'd like to join to be dispatched throughout the lakes region to collect rubbish in as well as around Lake Winnipesaukee, our only goal being to preserve the lake for many years to come. Our plan is to attack from three fronts one being by land another via boat and kayak and lastly by Scuba dive team of which I'll personal-

As I mentioned earlier we've been very fortunate

to run into some great corporate sponsors, which have allowed us not only to have a hosting location at Goodhue Hawkins in Meredith but also to have resources such as proper disposal of collected rubbish as well as a fully sponsored post cleanup barbecue as well as so much more. All in all, we're very excited to see this much excitement in something so simple but overlooked much too often. If your receiving this letter today, I come to you will the humble request to join our effort. The beautiful thing about an event such as this is it requires as much or as little effort as you'd like to contribute. Anything from telling a friend to joining us on the day of will help tremen-

If you'd like to contribute even further please feel free to contact myself directly (my information is on the bottom), I've also included links to both our Facebook page as well as the sponsor page. Some additional items we could use are a DJ for the day of as well as any media we can get to further awareness. Thank you so much for taking the time to read this letter and I look forward to seeing everyone on May 12 (9 a.m. check-in).

Tim McDonald Marine Solutions Diving Services 366-6233 - Marinesolutions603@gmail.com. www.facebook.com/groups/1916975568564755/ www.facebook.com/groups/355308251605247/?fref=gs&dti=1916975568564755&hc_location=group

Alton Beautification Day is May 5

ALTON — Volunteers are needed for Alton Beautification Day on Saturday, May 5.

Volunteers gather once again to clean Alton and Alton Bay on Saturday, May 5, and organizers are in need of as many volunteers as they can get to clean the streets.

The gathering point is at the offices of Lakes Region Tax and

Retirement Planning located at 103 Main St. at 8:30 a.m., where coffee and donuts will be provided by Dunkin Donuts. Garbage bags and gloves will be provided and at 9 a.m. volunteers will go to their designated cleaning area. At noon, volunteers will return to 103 Main St. for the annual cookout to include Tom Foster's award winning

seafood chowder, chili nity service requireprovided by Alton Circle Store, burgers, dogs and a special dessert to be provided by John Jonasch in memory of his wife, Polly and the many years she provided homemade pastries to volunteers.

Organizers encourage high school students, especially seniors, who are looking to fulfill their commument to attend.

Please call 875-3355 with your T-shirt size. The design this year is better than ever, so please reserve yours in advance.

They want to break t heir record with volunteers this year and make Alton and Alton Bay cleaner than ever.

Rain date will be the following Saturday.

Alton Community Services expanding hours

ALTON — The Alton Community Services is expanding its hours of service. Be-Wednesday May 3, ACS will be open from 5:30 to 7 p.m. as well on Saturday mornings from 8:30 to 11 a.m. ACS is located

at 77 Main Street, Unit resources to assist lo-11-C, Alton. The Alton Community Services, known as the food pantry, offers and provides assistance along with the tools for finances, employment opportunity, housing assistance, and many

cal residents.

For more information, please contact ACS at 875-2273 or Chris Racine, director, at 833-3482. Appointments can be made outside of the Wednesday and Saturday hours. To those individuals, businesses and organizations who continue their support whether monetary or being a volunteer, the Alton Community Services expresses sincere thank you for all you do.



Injured hiker transported off Mount Major

ALTON — On Tuesday, April 24, shortly before 2 p.m. New Hampshire Fish and Game was notified that a hiker was injured on Mount Major in Alton. Robin Heim, 48 of Brentwood had hiked to the summit of Mount Major and was descending the mountain on the Orange Trail. At a point nearly one mile from the trailhead, she severely injured her left ankle. Members of her group were able to call 911 for assistance.

Members of Alton Fire and Gilmanton Departments

along with New Hampshire Fish and Game responded. Fire department rescuers reached Heim, treated her injury and placed her in a litter. She was then carried nearly one half mile to a waiting six-wheeled ATV that was able to transport her the remaining distance to the trailhead. She reached the trailhead shortly after 4 p.m. No further details were available at this time.

COURTESY PHOTO (Right) AN INJURED hiker was carried off Mount Major last week.



Alton Central teacher completes Tough Ruck

BY JOHN MACARTHUR JR.

Alton Central School Principal

ALTON — Alton Central School's Greg Neveu, instrumental music teacher, play director and cross country coach has another title to add to his repertoire, marathon medalist. Neveau took part in the 2018 Tough Ruck on Sunday, April 14, through the old Revolutionary War battle routes in the towns of Lexington, Lincoln and Concord, Mass. as part of the famed Boston Marathon event. Prior to the marathon bombing in 2013, the ruck marchers participated right alongside



COURTESY PHOTO

GREG NEVEU recently finished the 2018 Tough Ruck.

Saturday prior to the athon. traditional Monday Since to the packs they wear his that are no longer per-

For the first time

mitted during the mar- Dental Team to raise Tiffany White earns National Honor Society Scholarship

fany White, a senior and member of the National Honor Society (NHS) at Prospect Mountain High School, has been named one of 500 national semifinalists in the National Honor Society Scholarship program. White was chosen from more than 11,000 applicants and will receive a \$2,850 scholarship.

PMHS NHS chapadviser Meghan Schmiermund "Tiffany has been such an asset to our local organization over the past two years. We are so proud of her accomplishments and will miss her involvement and continuous, positive outlook next year, but wish her all the best. We all know she is going to do amazing things in her future. Congratulations Tiffa-

High school seniors who are members in good standing of an active National Honor Society chapter are able to apply for an NHS Scholarship. Finalists are selected on the basis of their leadership skills; participation in service organizations, clubs, and other student groups at school and in the community: and their academic record. As a semifinalist, White is recognized as one of the top 500 NHS members in the nation this school year.

While at Prospect Mountain High School, White has been NHS Vice-President, ture Business Leaders of America President, secretary of her class, and involved in several service projects. This fall she plans to attend Thomas College to study Forensic Accounting.

NHS Scholarships have been awarded by NASSP since 1946, providing more than \$15 million in scholarships to outstanding NHS members. This year, the program awarded \$1.5 million in scholarships. Only students who are members of chapters with an active affiliation with the NHS national office are

in the NHS Scholarship program. Additional information about the program can be found at www.nhs.us/scholarship.

The National Association of Secondary School Principals (NASSP) is the leading organization of and voice for principals and other school leaders across the United States. NASSP seeks to transform education through school leadership, recognizing that the fulfillment of each student's potential relies on great leaders in every school committed to the success of each student. Reflecting its long-standing commitment to student leadership development, NASSP administers the National Honor Society, National Junior Honor Society, National Elementary Honor Society, and National Student Council. For more information about NASSP, located in Reston, Va., visit www.nassp.org.

money for the Military Friends Foundation. Mike is a dental program student at Tufts University in Boston.

Military and civilian Tough Ruck participants walk or run a 26.2-mile course with rucksacks in honor and in memory of fallen service members, firefighters and EMTs while raising funds to support military families in times of need. Greg participated in the lightweight civilian division, carrying a 21-pound ruck on his back, filled with various items to create the Boston Marathon, due this year, Greg joined weight. After briskly marching the first 13 miles with Mike, Greg ditched him (with his brother's blessing, of course) and finished the final 13 miles at a healthy run, passing fellow marchers, to come in 13th overall out of 995 participants. six-hour two-minute finish also placed him fifth in the Lightweight Division

of the event. Greg "Dark Horse" Neveu began running two years ago and had run only one half marathon before the Tough Ruck. Greg coached the ACS cross country team this past fall. He also ran three of his own 5k routes around Alton Mountain to prepare for the ruck. Please join us in congratulating Greg on this honorable accomplishment.

For more information on the Tough Ruck, see http://www. toughruck.org/about/. BARNSTEAD, NH EST. 2017

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TOWN OF NEW DURHAM ZONING BOARD OF ADJUSTMENT **PUBLIC HEARING NOTICE** TUESDAY, May 8, 2018

7:00 PM @ New Durham Town Hall Town of Middleton NH

Variance-Non-Conforming Road Frontage Dimensions.

You are hereby notified that a Public Hearing will be held by the New Durham Zoning Board of Adjustment on Tuesday, May 8, 2018, at 7:00 pm at the New Durham Town Hall. The meeting is regarding an application submitted by the owner, The Town of Middleton, NH for a variance from Article V., Section C- Road Frontage Minimums of the New Durham Zoning & Land Use Ordinance. The property in question is located at Kings Highway, Map 219, Lot 012.

The public hearing may be convened if the application is accepted as complete.

TOWN OF NEW DURHAM PLANNING BOARD PUBLIC HEARING NOTICE TUESDAY. May 15, 2018

7:00 PM @ New Durham Town Hall Jay B. MacNamee & Susan H. Ferber **Conditional Use Permit**

You are hereby notified that a Public Hearing will be held by the New Durham Planning Board on Tuesday, May 15, 2018, at 7:00 pm at the New Durham Town Hall. The meeting is on an application submitted by Varney Engineering, LLC on behalf of owners Jay B. MacNamee & Susan H. Ferber for a Conditional Use Stormwater Permit. The property in question is located off Kings Highway, Map 209, Lot 036.

The public hearing may be convened if the application is accepted as complete.



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Alton Central classes keeping busy

ALTON — This year. Alton Central School's fifth and sixth grade team is comprised of Mrs. Seigle (math), Mrs. Quinn (science), Mr. Brown (social studies) and Mr. Bickford (English language arts). The following article was written collaboratively by them.

Mr. Brown's fifth grade social studies classes continue to expand their geographic knowledge with recent work on, for example, bodies of water (bay, canal, reservoir, etc.), landforms (peninsula, plains, plateau, etc.), and demographics of the 50 United States. Having studied the drafting of the Declaration of Independence and the end of the Revolutionary War, the fifth grade just completed a unit on the origin of the U.S. Constitution and how slavery was a problem at the very beginning of our government.

> Sixth grade social

studies classes have recently examined how cooperation and conflict among ancient Mediterranean cultures contributed to political divisions – especially as poor leadership, a declining economy and attacks by Germanic tribes weakened the Roman Empire. Students identified maior events as they summarized the rise of the Byzantine Empire. They are studying ancient Roman-Jewish interaction and investigating why, in late antiquity, early Christianity was organized on the Roman Empire's hierarchical model – and how it became Rome's official religion. This creates a contextual foundation for late spring, when the sixth grade will study Medieval Europe.

Mr. Bickford's fifth grade ELA class has been integrating with social studies, further explor-

ing the time of the American Revolution. Students read and discussed such stories as Dangerous Crossing (about a journey across the Atlantic by future presidents John Adams and his son. 10-vear-old John Quincy Adams), They Called Her Molly Pitcher (regarding the critical role of women), A Spy for Freedom (impact of the quartering act), and more.

Sixth grade ELA students have completed a novel study of either Maniac Magee by Jerry Spinelli, or Tuck Everlasting by Natalie Babbitt. While focusing on areas of comprehension, students have worked with themes related to empathy and acceptance of others while making real-world connections through self-exploration and writing.

Mrs. Quinn's fifth grade science classes have been working on solving worldwide environmental problems, initially by generating questions from news articles and class discussion. Next, students completed preliminary research of the top three topics of interest to them. After narrowing down the topics to one, with guiding questions and using their Chromebooks as a research tool, students spent a total of approximately four hours finding answers to their questions. Using the engineering design, students then created a model or prototype of one

possible solution to their

which they have presented to their classmates. Students have learned about matter and its properties, creating a cartoon strip to illustrate phase changes in matter.

Sixth grade science classes are learning about Earth's natural resources. Recently, students have been given a choice of relevant articles to read and report on relating to local and global natural resources and the human impact on them. Students have learned about personal responsibility when making choices that im-

environmental problem pact the natural environment.

> Seigle's fifth Mrs. grade math classes have been focusing on geometry, specifically finding the area of a triangle. Additionally, they are calculating the volume of rectangular prisms and continuing to work with fractions.

> Sixth grade math classes are focusing on finding percent. Geometry Fridays find students working on plotting points on the coordinate plane, finding reflections about the x and y axes, and creating shapes with different coordinates.

Author reading to youngsters May 14 in New Durham

NEW DURHAM — After an April ice storm canceled a big event for pre-school children at the New Durham Public Library, staff members are trusting they won't run into that problem this month.

"Hopefully, we won't need a snow date for our rescheduled day of May 14," Library Director Cathy Allyn said.

The event features published author Marty Kelly, courtesy of Children's Literacy Foundation (CLiF), reading

to the youngest set, followed by a book giveaway.

As a CLiF Rural Libraries grant recipient, the library has been able to add board and picture books and children's audiotapes to its collection. The book give-away will add two books to the collections of each attendee.

"The books available have been chosen with this age group in mind," Allyn said. "They are beautiful. We can't wait to see the kids' faces when they get to choose

exactly what they want." After the free books are chosen, the library is mounting a party with climbing equipment, building materials, food, music, and toys. All preschool children from newborns up are welcome. Local pre-schools and day cares are also

The event is free and no registration is necessary. The storytelling begins at 9 a.m. and the event ends at 10 a.m. Call the library at 859-2201 for more information.

invited to attend.



Locke Lakers

Recently the Locke Lake Social Club held its annual spring luncheon at Domenic's Restaurant. Socializing over lunch the club welcomed back the 'snowbirds' and friends. Almost 20 members attended. The regular meetings are held in the Colony lodge on the second Tuesday of the month at 9:30 a.m. for social and the business meeting is at 10 a.m. After the meeting, those staying will have their lunch and play cards. The club is open to all members of Locke Lake Colony. The next event is the pizza party for the members sponsored by the club at high noon in the lodge. After lunch they will have 'Table Horse Racing.'

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Boy Scouts accepting yard sale donations

wards funding scouting

ALTON — On June 2, the town of Alton will be hosting a town-wide yard sale. Every year, scouts and adult leaders from Boy Scouts of America Troop 53 participate in this event to help raise money for troop activities.

Troop 53 is looking for donations for the yard sale. Proceeds will go toactivities such as summer camp and youth leadership training. If you have anything that you would like to donate to the troop for this fundraising activity, please contact Jamey Balint at jbalint_troop53@yahoo. com. They will make arrangements to pick up vour donations if necessary or you may drop them off at the Alton Senior Center parking lot, located on Pearson Road at 8 a.m. on June 2.

They cannot accept upholstered furniture items and electronics will be accepted after examination.

Troop 53 thanks the community for its continued support.

Barnstead School District institutes Childfind

an effort to comply with state and federal laws governing special education, to maintain eligibility for federal funding, to engage in sound long range planning and to provide evaluation and programming where appropriate, the Barnstead School District is making a conscientious effort to identify

BARNSTEAD — In any potentially disabled individuals residing within its jurisdiction.

> Parents of children up to 21 years of age who suspect a child may be educationally disabled, are invited to contact their special education director. Assessments will be performed to determine if children qualify for special education programs and 5161, ext. 304.

screened will include hearing, vision, communication and motor

functioning. For further information, parents should contact their local school and ask to speak to the special education secretary, Jackie Therrien, Barnstead Elementary School, 269-

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Masons honor longtime members

ALTON — On April 22, the Masons of Winnipisaukee Lodge held a special meeting to present awards to several Brethren who have reached specific milestones in the number of years they have been members of Masonry. The awards are given out to Brethren who attain 25 years, 40 years, 50 years or 60 years of membership. The Grand Master of Masons for New Hampshire, Most Worshipful John E. Lobdell, was in attendance and presented the awards for 50 and 60 years longevity.



PICTURED receiving their awards are, clockwise from upper left, Wor. Dan Johnson 25 years, Bro. Tom Alden 25 years, Bro. Wendell Beck 50 years, Wor. Bob Witham 50 years, and Bro. Roger Leighton Jr 60 years. Not included in the pictures were Bro. Frank Alden 40 years, and Bro. Dave Hayden 50 years.

Roger Leighton Jr 60 years. Not included in the pictures were bars longevity.

Bro. Frank Alden 40 years, and Bro. Dave Hayden 50 years.

Wor. James Matarozzo, Master of Winnipisaukee Lodge, presented the awards for 25 and

congratulations
After the awards had all been given out, Most Worshipful Lobdell surprised Bro. Tom Alden by presenting him the Major General John Sullivan Medal in Bronze. The Major General John Sullivan Medal is the highest honor that a Lodge can recommend be awarded to one of its mem-

years longevity,

with Most Worshipful

Lobdell there to add his

After the awards, those attending gathered in the dining area of the lodge for a collation, including a special cake celebrating the occasion.

The Masons of Winnipisaukee Lodge have

been providing Masonry in Alton for over 150 years, and are involved in several activities during the year. To find out more about Winnipisaukee Lodge #75 in Alton, or if you have questions about Masonry, please contact Wor. James Matarozzo at 875-3962.



ALTON POLICE LOG

ALTON — The Alton Police Department responded to 141 calls for service during the week of April 22-28, including three arrests.

One male subject was arrested for driving while intoxicated.

One male subject was arrested for possession of controlled/narcotic drugs.

One female subject was arrested for driving after revocation or suspension.

There were four motor vehicle accidents.

There were six suspicious person/activity reports on East Side Drive, Bay Hill Road, Osprey Road, Mount Major Highway, Stockbridge Corner Road and Pheasant Lane.

Police made 73 motor vehicle stops and handled four motor vehicle complaint-incidents.

There were 54 other calls for services that consisted of the following: One pistol permit application, two animal complaints, two general assistance, two alarm activations, one noise complaint, two lost/found properties, one highway/roadway hazard, three general information, one vehi-

cle ID check, one untimely/suicide, two sex offender registrations, two civil matters, one abandoned motor vehicle, 25 directed patrols, four medical assists and four property checks.

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located at 96 Maple St.

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for an early season

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OBITUARY

Sanda M. Kirkpatrick Enjoyed reading, Jimmy Buffett music

ALTON — Sandra M. Kirkpatrick, age 72, of Stockbridge Corner Road in Alton, died April 26 at home, surrounded by her loving family.

Born May 1, 1945 in Montreal, Canada, the daughter of Francis A. and Theresa R. (Lizotte) Rees, they moved to the United States of America when she was six years old. Sandy was a graduate of Turners Falls High School in Massachusetts, Class of 1963. She came from Greenfield, Mass. and resided in Alton since 1978.

Sandy worked for 23 years at Globe Manufacturing in Pittsfield as a stitcher.

She enjoyed reading, watching HGTV and lis-



tening to Jimmy Buffett.

Her dogs meant the world to her, including Mactavish, Thor, Dugan, Tailer and Bear, predeceased by them, she leaves Murphy and Hooligan behind. They will all be together at the "Rainbow Bridge."

Survived by her husband of 43 years, Douglas Kirkpatrick and three

children, Randy and wife Jill Foster of Pittsfield, Donna and husband Mike Grant of Milton and Barry Foster; five grandchildren, Amanda and David Grant. Randy, Nathan Douglas and Brandon and two grandchildren; her brother, Ricky and wife Emy Rees and family Jason, Alice and Max Mersmann. She was predeceased by her son, David Foster.

Calling hours are Thursday, May 3, from 4 to 6 p.m. at Peaslee Alton Funeral Home, 12 School St., Alton, with a service at 6 p.m. by Fr. Robert F. Cole. To express condolences, please visit pea-

sleefuneralhome.com.

semifinalists in schools in the year 2018.

Inclusion in the U.S. Scholars Program, now in its 54th year, is one of the highest honors bestowed upon graduating high school seniors. Scholars are selected on the basis of superior academic and achievements, qualities, strong character and involvement in communi-

The U.S. Presidential dents demonstrating ex-

Scholars will be invited to Washington, D.C., for several days in June to receive the Presidential Scholar Medallion at a recognition ceremony and to participate in events and activities.

For more information about the U.S. Presidential Scholars Program, parents and students can call the U.S. Presidential Scholars Office at 507-931-8345, or send an e-mail to PSP@scholarshipamerica.org.

Mark on the Markets

Hope or know



BY MARK PATTERSON

Contributing Writer

We can hope that our retirement money invested in the stock market or mutual funds will do well when we are ready to retire. We can hope that Social Security will be there for us when we are ready to retire. We can hope that we are working with an investment professional who understands the difference between accumulation of assets and distribution as income. We can also hope that our retirement money is being managed cost efficiently and appropriately for our risk tolerance and age. We can hope that our retirement income plan is sustainable, will provide steady income and has plenty of liquidity. We can also hope that we have the courage to plan for our retirement income and not bury our heads in the sand hoping that it'll all turn out okay. We can also hope that we do not get ill or die without a will or trust in place.

If you fit the category of people who have put off planning, don't feel bad you are probably in

the majority. From 2001 until 2011, the markets went nowhere and had a couple of significant drawdowns. In bad and declining markets, it is human nature to receive your statement from your brokerage and just toss it in a drawer unopened because we really don't want to see the damage. Many people do not have life insurance because they don't want to face the fact that they may actually die someday. People can also justify not having life insurance or disability insurance believing that they do not need it any more when in fact, there passing or disability would create a liquidity issue for their

families. Instead of hoping all these things will be okay, why don't we know that they will be okay? You can find out what your Social Security benefits will be depending on when you take them by going to the Social Security government web site. If your 401(k), 403B or IRA are made up primarily of mutual funds that are really designed for accumulation of assets and not for distribution of income, you may want to consult with an advisor that can show you how to get predictable sustainable income from those investments. Make sure that your assets are also liquid. You should mitigate market, credit and interest rate risk with your income plan. The equity markets have been good the last nine years, so it is easy to become complacent and risk your retirement money in the equity markets. Don't rely on the equity markets for your retirement income. The equity markets are more a growth vehicle than an income producing vehicle.

There's a humorous commercial on TV that shows a husband-andwife doing every conceivable chore in the house or yard to avoid retirement planning. Across the street set their neighbors with an insurance salesman who flips around his laptop saying they your retirement plan is all done. Both, in my opinion, are exaggerations. An insurance product alone is not going to solve your retirement planning needs.

Take the time and muster up the courage to look at a retirement plan that is sustainable, steady and design for income, growth and provides liquidity, just in case.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com

Prospect senior a Presidential Scholars semifinalist

ALTON — Tiffany White, a graduating senior at Prospect Mountain High School, has been named one of 630 the 2018 U.S. Presidential Scholars Program. The semifinalists were selected from nearly 5,300 candidates expected to graduate from U.S. high

Presidential artistic leadership ty and school activities.

Scholars Program was established in 1964 by Executive Order of the President to recognize some of the nation's most distinguished graduating seniors for their accomplishments in many areas: academic access, leadership, and service to school and community. It was expanded in 1979 to recognize stu-

ceptional scholarships and talent in the visual, creative, and performing arts. In 2015, the program was expanded once again to recognize students who demonstrate ability and accomplishment in career and technical fields. Annually, up to 161 U.S. Presidential Scholars are chosen from among that year's senior class, representing excellence in education and the promise of greatness in America's youth. All Scholars are invited to Washington, D.C. in June for the National Recognition Program, featuring various events and enrichment activities and culminating in the presentation of the Presidential Scholar Medallion during a White House-sponsored ceremony.

A distinguished panel of educators have reviewed these submissions and selected 630 semifinalists. The commission on Presidential Scholars, a group of up to 32 eminent citizens appointed by the President, will select the finalists, and the U.S. Department of Education will announce the Scholars in

Congressional candidate to address local Democrats

BARNSTEAD — Two speakers headline May's meeting of the Tri-Town Democrats, Congressional District 1 candidate Levi Sanders and New Represen-Hampshire tative Edie DesMarais. All local Democrats and left-leaning Independents are invited to attend this continuing series of meetings focusing on November's mid-term elec-

Sanders has spent the bulk of his career working as a Social Security benefits specialist and has worked as a part-time senior paralegal for a legal service program in the Boston area. Sanders advocates for Medicarefor-all, tuition-free public college, equal pay for women, raising the minimum wage to \$15, sensible gun laws and addressing the opioid epidemic.

Rep. DesMarais, special election winner in Wolfeboro, will join the group to talk about her success story and how it can shape the Tri-Town candidate Democrats' strategy going forward.

The guest speakers will be followed by actions items and community organizing. These monthly meetings give you the opportunity to state political issues and how you can participate in making a difference. You will share the evening with like-minded individuals and have the chance to express your opinions and experienc-

learn about local and

The May meeting of the Tri-Town Democrats on Monday, May 7, at 6:30 p.m. will be held at the Barnstead Town Hall at 108 South Barnstead Road in Barnstead. Come for socializing and potluck any time between 6:15 and 6:30 p.m.

This meeting is open to all residents of Alton,

Barnstead and Gilmanton who consider themselves moderate, liberal, or progressive Democrats or like-minded Independents. Potluck items to share are encouraged but not required. For more information, e-mail starryheather@hotmail.com or visit the "Barnstead, Gilmanton and Alton Democrats" Facebook

This communication does not infer an endorsement or favorability of any kind to any Democratic candidates actively engaged in competitive primary contests.

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Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundan tbarvestnb.org or e-mail abfc@faitb.com.

ALTON BAY CHRISTIAN CONFERENCE undays throughout the summer 10:am & 7pm; Tues-Thurs 9am;. 875-6161

RFFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mountain School. Pastor Sam Huggard, www.befreecburch.net

CENTER BARNSTFAD

Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gower. 269-8831. COMMUNITY CHURCH OF ALTON

Prayer Meeting 9:00 am Christian Education for all ages, nursery-adults, 9:00 am Rev. Dr. Samuel J. Hollo. 875-5561. Sunday Worship Service 10:00 am 20 Church Street

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD UCC Sun. School and Worship Services, 10:004M, 504 N. Barnstead Rd., Pastor Nancy Talbott; 776-1820, cenoribbarnstead.com

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F. Rick Gagne - Funeral Director Mill Street, Wolfeboro, NH 603-569-1339 Route 16, West Ossipee, NH 603-539-3301 baker-gagnefuneralhomes.com for prom on Saturday, May 12? Sign up to have your hair and makeup done free at the Oscar Foss Memorial Library, starting at 10 a.m. Bring along a picture of how you would like your hair and makeup to look (or ask for recommendations from our prom

stylists). You can also

bring your dress (or a

BARNSTEAD

Want to look fabulous

picture of your dress) for reference.

What you will need:

Bring along the makeup you would like them to use for your makeover. They will have some basics available, but it's best to have your own mascara, foundation/concealer and anything special you would like them to use. Any decorative head-

band/hair accessories your style.

Wear a shirt or dress that unbuttons so you don't mess up your hair when you change into your dress.

Space is limited and pre-registration is required. You can register online at oscarfoss. org or by calling 717-

Please call the library at 269-3900 or visit os-

you want included in carfoss.org for more information about the library's programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from 12 to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.

Get your yard sale on the town wide yard sale map

Library hosting prom makeover event on May 12

ALTON — The Alton Parks and Recreation Department is sponsoring its 21st annual town wide yard sale on Saturday, June 2, rain or shine from 8 a.m. to 2 p.m.

If you would like to participate by having a yard sale at your house, call the Parks and Recreation Department at 875-0109 before May 7 with your yard sale location. When calling please include your name, phone number and complete

Sign up today by calling

physical address. Free maps will be available after May 25. 875-0109 or e-mail @alton.nh.gov.

Zumba

Zumba classes with Sherry Meyer are held Mondays and Wednesdays at the Alton Bay Community Center from 8:00 to 9 a.m.

Yoga

Yoga Intermediate with Sheila Marston focuses on breathing techniques, postures and proper alignment. Geared toward participants who know basic postures. Class ends in seated meditation and

savassana. Starting April 25, ongoing Wednesdays, 6:30-7:30 p.m. at the Alton Bay Community Center.

Summer programs

The Alton Parks and Recreation Department is sponsoring many summer programs including: 5k road race, junior golf program, tennis lessons, adult pickleball games, two weeks of summer camp, wicked cool science and vet school camps, British soccer camp, recreation youth soccer league, adult softball league, Bella Winni hair braiding class,

dog and puppy training classes, dog agility classes, outdoor concerts, preschool playgroup, family scavenger hunt, craft fair, fitness boot camp in Alton Bay, weekly kayaking excursions, guided hiking and biking trips, line dancing lessons, cribbage tournament, yoga, Zumba and more. Summer brochures with program information are available at the Parks and Recreation office altonparksandrecreation.com. To request a brochure e-mailed to you, contact parksrec@ alton.nh.gov.

DAMON

(continued from Page A1) farm also instilled in her a love of the land and a fondness of conjuring up new life during the growing season.

After college and a brief but lucrative career designing houses in California, she'd felt a kind of resurgent allure of rural New England. So, Damon felt compelled to come back to this little corner of the country, recrossing the continent in the process.

Indeed, her follow-up work, titled A Sense of Humus, was based largely on her experience gardening on her 250-acre Alton farm. (The pun is a reference to soil components that are rich in organic matter - and not the delicious garbanzo-based dip that goes great with pretzels).

Although her literary career went fallow after the publication of Humus, she had gained acclaim and notoriety. Her writings launched Damon onto the lecture circuit; (before TV, folks attended lectures as a means of entertainment self-betterment). In 1940, she became the first woman to be invited to speak at the Harvard Club. As a featured speaker, she insisted entering through the front; traditionally female guests were expected to use a separate entrance. Nope, Damon would have none of that; she strode through the front entrance, took her rightful place at the lectern, and proceed to command the attention of Boston's literati.

So - who was Bertha really? What are the details of her backstory? How did Grandma Griswold make such an impression on her during her formative years? For the answers, we need to consult Grandma Called It Carnal.

After suffering the loss of her mother at the age of five - and with a father who was a traveling itinerant stone mason. she and her sister. Alice. went to live with their grandmother on a rural Connecticut farm. They shared a home with a maiden aunt named Martha who tended to many of the domestic duties; apparently Grandma Griswold was quite protective of her sister Martha and was especially adept in earlier years at shooing away gentleman callers.

Bertha herself - born in 1881 and living to see the Bicentennial - stood astride two centuries. It was a time of tremendous technological innovation with many forward thinkers looking ahead to the next new gadget, geegaw, or milestone event. During her lifetime, she saw steam locomotives roll by, witnessed the rise of the automobile,

and saw the first manned landings on the moon. Bertha was born the year President Garfield was gunned down and was an adult when both presidents McKinley and Kennedy were assassinated. She witnessed two world wars.

When it came time to begin her publishing career, however, she did not write of these things. She wrote instead about the importance of rediscovering our shared values, a love of books, and the regenerative power of working the land.

By way of context, Bertha Damon did come of age during the era of the Colonial Revival, which kicked into gear around the time of America's first Centennial - just a few years prior to her birth. Many Americans, feeling a sense of mental whiplash at the pace of change following the Civil War, sought to recapture the ethos and values of their Revolution-era forebears.

This was the world Bertha was born into - one of flux, churn optimism, and contradiction.

It's interesting that Bertha Damon chose to write a memoir as she entered her mid-50s - a time of life when people have a lot to look forward to but begin casting backward glances at where they've come from.

Damon's case, Grandma Griswold provided a perfect literary device to structure her narrative around. There is no evidence to corroborate this notion, but one's tempted to wonder if Damon arrived at a point in her life when she herself had to consider the fact that she was writing at a time when her beloved, though eccentric, grandmother stepped up to take her and her little sister in.

A little research does tell us a bit about Bertha. But what about Grandma?

Grandma Griswold, in Damon's memory, considered herself as a bulwark against modernity. To an extent, she's an exemplar of John Farmer's notion that "all things that are new are bad; all things that are old are good." (The N.H. Historical Society calls Mr. Farmer "the father of American genealogy," who held a deep appreciation for and appreciation of all that came before).

Yet, according to Damon, Grandma Griswold was an interesting mix of the traditional and the progressive. She believed women had their place - they should tend to things domestic, yet nonetheless should be able to vote.

Griswold was not shy about expressing her opinion, as Damon recounted in her best-selling memoir. She wrote, "Try to stifle her and you would not hear the end of it. Should women vote? Yes, we have more common sense than men. Are blacks equal? Yes. Should I go to church on Sunday? Why weren't you there last week. Scram - go to meeting." Grandma believed that no amount of churching up was too excessive.

In her memoir, Bertha described Grandma Griswold as an eccentric woman "who combined Victorian notions of propriety with a great admiration" for transcendentalist writers like Emerson and Thoreau.

Grandma held aggressive aversion to modern inventions and anything that smacked of the industrial age. Neither Damon nor Griswold saw any disconnect between these views encompassing an admiration for liberal-leaning philosophers and a fealty towards a Calvinist heritage that the Puritans had established centuries ago. Such a heddy stew in New Orleans would be called jambalaya. In New England, such thinking is just considered being a Yankee - at least by Damon's lights.

Grandma Griswold was stern; children's literature was not permitted in the house. She considered it to be condescending to her grandchildren's intelligence. Instead, young Bertha and sister Alice were reared on the works of Shakespeare, Milton. and Jane Austen. And Rousseau. And Ruskin. Imagine your childhood bedtime stories including quotes such as, "Man is born free and everywhere he is in chains" and "What wisdom can you find that is greater than kindness?"

But foremost among all were the works of Ralph Waldo Emerson and Henry David Thoreau. She noted that the latter's famous quote, "Our life is frittered away by detail... simplify, simplify" was a constant refrain throughout her Connecticut girlhood.

Connecticut girlhood.

To be sure, Bertha's Grandma Griswold eschewed all things modern. But mind you, this was the late 1800s. So, we're not talking iPhones and the like. Grandma Griswold considered basic conveniences we take for granted to be "what the lazy want."

Plumbing was considered extravagant - there was no need to have water piped into the house when there was a perfectly good wellhouse outdoors; they had an outhouse and gravity helped it function just fine.

When telephones became commercially available, Grandma Griswold would have none of that, either; after all, anyone worth talking to was in walking distance of home. Or else you could catch up with them after church. If they didn't show up to Sunday's Congregational meeting, then they were not worth talking to in the first place.

Electricity? Nope.

According to Damon's memoir, even a wood stove was considered frivolous; the family prepared meals over an open hearth or in an adjoining colonial-era beehive oven. (It was more often than not that supper was beans, which the author came to abhor).

Hence the name of the bestseller, Grandma Called It Carnal. Living too much in the material world - embracing the superfluous and the lusting after the latest things - Grandma believed they made people "weak" and "fatigued." She considered these to be attributes symptomatic of a life not well lived and suggestive of "morbid cravings."

To modern sensibilities, Grandma Griswold might've seemed a walking contradiction. She peered forward towards women's suffrage and equal rights for nonwhites. But she lovingly, yet sternly, looked back to simpler times. If you were within her realm of influence, you would comply. No toilets, no stove, no phone - now get to work. And go to church.

Yet with a strong sense of the spiritual, she gazed inward as well, impressing upon her family an appreciation for a higher law.

But Grandma knew she had her imperfections. When she was on her death bead at the age of 96, she pointed heavenward and acknowledged her regrets - one of which was that she never permitted young Bertha to have a pet. As an adult, Damon would have several dogs on her Alton farm. She seems sincerely appreciative of the values instilled in her by her upbringing and the achievements they would foster. But in the end - as a grown-up, as in youth - she just really wanted to have a puppy.

Grandma Griswold always remained grounded in her Throreau-inspired beliefs. Damon's memoir noted, "Grandma said that always to be grasping for more and more things and missing more and more value was no way for immortal souls to behave. Grandma called it carnal."

But enough about Grandma. Let's get back to Bertha Damon.

At the age of 15, Bertha would enroll at the prestigious Northfield School for Girls north of Deerfield, Mass. and later graduate from Brown University with a degree in English literature. She credited the "mental calisthenics" of her stern, Puritanical, hard-hearted - yet nonetheless deeply loving - grandma for her intellectual achievements.

In her 1886 application to Northfield, she wrote that her life's goal was "to be a somebody, variety not determined." Once she was admitted to the prep school, she became vice-president of her class and was active in the school's literary publication. Bertha delivered the class oration at commencement and wrote the school song, "O Northfield Beautiful."

After graduating from Brown, Bertha trekked out to the San Francisco area where she met her first husband, a professor at Berkeley whose surname she took. She began informally studying architecture and launched a successful career designing and remodeling homes. (Among her clients was Robert Oppenheimer, who led the WWII effort to create the atomic bomb).

Bertha had a knack for surrounding herself with extraordinary people. She took road trips through the Sierras with famed photographer Ansel Adams. Another friend was Ted Shawn, whom some consider to be the father of modern dance.

With a love of literature and a growing network of connections, Bertha was eventually able to land a book deal.

Grandma Called It Carnal was her debut opus and was published in 1938. Time magazine gave the book a favorable review, calling it "touching." The reviewer extolled the memoir as an "excellent psychological document, illustrating in vivid elementary terms how childhood influences act on adult character."

Suddenly Damon was famous. (So was Grandma Griswold, who died 13 years earlier in 1925 at the age of 96). The book launched Damon on the lecture circuit. In 1940, she became the first woman to be invited to speak at the Harvard Club.

Damon's second best-seller, A Sense of Humus, appeared in 1943. In the intervening years, she had begun spending time in Alton on the old farm, and her follow-up book was a rumination on her gardening life in New Hampshire. "To consider humus," she wrote, "is to get a hint of the oneness of the universe."

Bertha's grandma, with her mix of primitive conservatism and liberal progressivism, gave Damon elements to both emulate and react against. As a girl, pets were not permitted in Grandma's house - the logic was that an animal that provided no tangible benefit was both an extravagance and a potential nuisance; as an adult, however, Damon was an enthusiastic breeder of cocker spaniels. Having been raised in a drafty Colonial-era New England house, Damon later made a career of building and remodeling modern homes out in California where her clients included the man who ushered in the nuclear age.

SEE DAMON, PAGE A10



The Alton Water Works

will be flushing Fire Hydrants May 7th through May 11th

You may experience low water pressure during this time and rust in your water for a short time thereafter.

If you have any questions, please fee free to call 603-875-4200.



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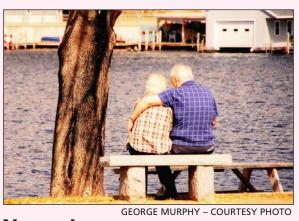


Clearlakes Chorale spring program this weekend

Clearlakes Chorale will present two performances of their 2018 Spring program, "Over There! Music of the World War

WOLFEBORO — The I Era", the first on Saturday, May 5, at 7:30 p.m., and the second on Sunday, May 6, at 2 p.m.

Because this is the centennial year of the



Young love

On a beautiful Thursday afternoon in Alton Bay, photographer George Murphy captured this couple taking in the scenery.

first Armistice Day, Nov. 11, 1918, programing has been selected to elicit a whole spectrum of human emotions, from grief and remembrance of loved ones lost, to patriotism, all the way to the hopefulness and the boost in morale that was encouraged by popular songs of that era.

The audience is sure to recognize many of the show tunes on the program that were written by composers who lived and worked in the late 19th and early 20th centuries. Some of them are still heard today, "In The Good Old Summer Time," "Roses of Picardy," and "It's a Long Way to Tipperary," for



CLEARLAKES CHORALE will perform its spring program this weekend.

example. The finale of Leonard Bernstein's operetta, Candide, too, will be familiar, it is a song of renewal and hope for the future, "Make Our Garden Grow."

There are a few works on the program that, despite not having direct roots in the era of World War I, nonetheless convey many of the emotions that were common among combatants and civilians alike. One of these, by Canadian composer, Rupert Lang, is entitled "The Kontakion," a setting taken from the Eastern Orthodox Memorial Liturgy. The text reads, in part, "Give rest unto your servants, O God, where there is neither pain nor sorrow, neither sighing, but life everlasting." The origi-

nal male choir version was subsequently arranged by the composer for SSAATTBB chorus, and has gone on to choral fame around the world, performed at state events such as the memorial service for Princess Diana, the Vancouver service after 9/11, and for All Souls Day. This is the version that Clearlakes Chorale will perform.

Both concerts will be held at First Congregational Church Wolfeboro, UCC, 115 S. Main St., Wolfeboro. Tickets can be purchased online by clicking the "Purchase Tickets" link at http://clearlakeschorale.org/tickets.html, or in Wolfeboro at Black's. Tickets will also be on sale at the door before each performance.

ROBOTICS

(continued from Page A1)

ton. Tremblay thinks the experience of coming to Detroit and having their most successful season in the school's history is historical and setting up success in the future.

"It is a new experience every year," Tremblay said. "It is fresh, and it is different every year. But this is the most successful we have been."

Tremblay felt that the performance of the team into the quarterfinals was best he has seen and a lot of that has to do with programming that was performed this year by team captain Tim Guyer, who is a senior and planning to attend Clarkson University in the fall.

Guyer worked together with his teammates the programming side and is confident that the team will be successful in the future and knows the run this year



TY TREMBLAY, Tim Guyer, David Kelley and Amanda Gagne (I to r), discuss strategy prior to a match.

was historical.

"It makes me feel good in the people that I have put in certain places," Guyer said. "It's the season of all seasons for this team and it's one we are going to have to live up to. What a year to go out on."

Guyer plans on being involved in Team 319 in the future and thinks that coming back as a mentor is a strong possibility. But Bob won't be slowing down anytime

According to Hikel, Team 319 will compete in several off-season events and then in January when the next challenge is announced by U.S. FIRST the six-week build will start all over again and process will begin again.

Tim Croes is a freelance journalist living in Tennessee and can reached via email at timcroes@gmail.com

DAMON

(continued from Page A9)

Nonetheless, she summered at an old Alton farmstead where she tended her humus-laden gardens and spun yarn on an antique spinning wheel.

So why write about Bertha Damon now? The town of New Durham has accepted the gift of a historic barn whose donor intends that it become a part of the Boodey Farmstead project. This barn was Damon's - unbeknownst to New Durham historians until just recently. It will be moved from its present location and eventually rebuilt at the corner of Berry and Stockbridge Corner roads. Plans to disassemble Damon's barn are now under way.

New Durham town historian and Boodey Committee chair Cathy Orlowicz recalled how the Damon connection was brought to her attention. She explained, via e-mail, that the discovery was made during the structure's documentation process.

She recalled standing on a stone wall across the street from Damon's old house as she recently photographed the setting and surrounding area of the barn.

"Someone stopped to ask if I needed assistance," she wrote. "I must have been a sight to see balancing on top of that wall."

It turned out to be Mike Brigham, the resident of the dwelling on the former Damon property, which is located near the intersection of Damon and Chestnut Cove roads.

Orlowicz explained what she was up to as they struck up a conversation. She recounted, "After a few more pleasantries, he shared with me a photo album with

pictures of the place dating back to the 1940s [that] had been passed to him when he moved in." Orlowicz arranged to borrow the volume to reproduce the photos as part of the committee's effort to capture the history of the barn.

Next came the revela-

"As I began to open the album, the beginning pages included the deeds, title and mortgage papers for the property," Orlowicz recounted. "It is always interesting to read the old deeds, so much details describing the boundary lines. And I learned the photographs go back to the early 1930s. As I read I came across the name of Bertha Clark Damon."

The name was unfamiliar to Orlowicz who. on a lark, Googled Bertha Damon. She said she "was stunned to see the results rolling up on my screen. As I read, I learned of her background and connection to the property, which at one time was over 250 acres of land. What a ladv."

knowledgeable as Orlowicz is on local history matters, the Alton connection to this esteemed writer and lecturer is mostly forgotten. But there are still a few who still remember Damon from having met her back in the day.

Bob Witham, a frequent speaker at the Alton Historical Society, doesn't claim to have known Damon well, but he does recall her as "a lady of some distinction."

In the mid-1950s, he was a delivery boy for the old McGraths - back when it was located in a four-story 1800s structure on the Bay where Irwin Marine now does business. He remembers delivering ice, oc-

casional groceries, and The Boston Globe to her farm. Witham said that there were several parts of town that were not yet hooked to the power grid - and without electric refrigeration many folks still relied on 19th-century iceboxes and regular ice deliveries.

(Witham noted that back then, he had two delivery routes - he'd do one side of the Bay one day and the other on the next).

Witham recalled that the Damon farmstead was a two-and-a-half story colonial-era dwelling that was "meticulously maintained." He also recalled that the farm was called "Thrushwood," its identity announced by a large painted sign, which hung over the sliding gable-end barn door. He was unsure if it was an ancestral name or a moniker that Damon had conjured up.

As time went on - after Witham had graduated school and stopped delivering ice - Damon began spending more and more time over in California. With less of a connection to the area, she sold off some of her acreage along the water. According to Witham, with the assistance of real estate agent Earle Steele, the buildings on what's now Damon Drive and Damon Shore Drive were developed.

Back over in present-day New Durham, realizing what a treasure her town is inheriting, historian Orlowicz found herself in an almost dream-like reverie. "My eyes began to mist at the realization of this information, and at the thought of how close this piece of history was almost gone forever. As with these types of discoveries, the story is still unfolding."





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Clearlakes Chorale Spring 2018 Concert

Over There! Music of the World War I Era

Saturday, May 5, 2018 at 7:30 PM Sunday, May 6, 2018 at 2:00 PM

First Congregational Church, 115 S. Main St., Wolfeboro, NH

Tickets: \$10 student, \$20 adults, available at Black's Paper Store in Wolfeboro, online at www.clearlakeschorale.org, or at the door.

See www.clearlakeschorale.org for details.

BARNSTEAD

(continued from Page A1)

Montgomery said that there is a vacancy at the station for a person to clean and provide other support. The board also authorized the police chief to arrange to have a 2010 Ford Explorer auctioned at the state's White Farm facility. She also noted that an RFP for prospective contractors to build newly-approved police station has been issued. It will appear in local newspapers and is on the town web site. The RFP notes, "The town will award projects to vendors who demonstrate the best value, quality and options for the community." Inquiries should be directed to Fab Cusson at buildinginsp@ barnstead.org.

Presenting next was Stephen Church of Churchie Kennel and Gun Dog Training. He owns a 54-acre parcel in the vicinity of New Road, where he wants to operate a hunting dog training facility. Church has such a business in Epping. He has already presented conceptual plans to the planning board, which recommended an informational presentation be made to the BOS before going before the planners next month.

He explained that there will be no perstructures manent on site, and that any structures will be skidded in by truck or trailer for temporary use; additionally, the plan does not call for a fenced enclosure.

Church anticipates that it will be a low-volume business and should not have a material impact on traffic. Being a hunting dog training facility, firearms will be discharged; he stressed, however, that "this will not be a shooting range" and added that the land is currently used by hunters. Church went on to say that it is quite possible that there could be a net decrease in gunfire. He explained that only Churchie Kennel clients will be permitted to use the property in the presence of a staffer.

Church's plan calls for the parcel to be stocked with game birds that his business will purchase. Species pheasants, include quails and partridge.

He added that his goal is to be as unobtrusive to neighbors as possible; as an example, he said that the public access would be on Colbath Road on a section where there are no houses - although he said it would have been easier to site the entry on John Brown Road.

Following the presentation, the board opened the floor to public input. About two dozen residents were in attendance. Nearly half of them spoke, with several individuals chiming in on multiple occasions.

A few quick items were discussed before the topic of the road agent arose.

It was noted that the girls who roved the aisles of town meeting with snacks and refreshments had been

offered tips on multiple occasions - offers of gratitude that they graciously declined.

Nonetheless, some residents were so appreciative of their hard work that they financial provided contributions left in the care of the adult volunteers staffing the food prep area. The youth volunteers were consulted and chose to donate the proceeds to three local causes: the Foss Library, End 68 Hours of Hunger, and the police K-9 program. Selectmen agreed to sign thank you notes acknowledging their thoughtfulness and generosity.

Asked about progress on recruiting a part-time recreation director - a position that was approved via a petition warrant article at town meeting - the board said it had nothing to report at present.

A resident asked about a rumor that two police officers are putting in their notice. He was curious if the positions were full-time or part-time. Selectman Priscilla Tiede said she was not aware of anything formal at that time.

Selectman Rick Duane said that turnover in small town police departments is common in New Hampshire since budgets are tight and communities like Barnstead can't compete with larger towns and cities; he said bigger municipalities can offer more in terms of compensation and advancement opportunities.

Duane added that it's perfectly understandable for someone with professional aspirations "to always be looking for ways to better themself."

Resident Brett Tiede asked about the status la Tiede said the town of a petition he'd recently presented to the town about the removal of road agent David Kerr. He said he had gathered more signatures than the number of people attending the

ly-approved police station. The Baysider's coverage of that event estimated the crowd size to be in the vicinity of 100.

It was at this point at last week's meeting that things got a little tense.

Resident Donna Tiede expressed exasperation about the condition of the town's roads, as well as efforts last winter to remove snow from the town's thoroughfares. "He's not performing," she charged.

"He's doing just fine," interjected selectman Ed Tasker, who was visibly perturbed. He asked Donna Tiede for specific examples of ways the road agent has not done his job effective-

"Excuse me Mr. Rude," she countered. Tiede cited the condition of many culverts, the use of inappropriate materials to treat gravel roads, and the state of Vale Road. She also said that the parking lot on voting day, which took place during a harsh northeaster, was subpar. (During the subsequent Town Meeting in March, Town Moderator Chris Hipkiss expressed gratitude toward volunteers who, without being asked, helped keep the parking lot clear over the course of the day. "I don't know who you are, but thank you, he said.")

One resident described some of the roads as being "like armageddon." Another quipped that town line signage is obsolete since motorists can tell the difference by the quality of the roads. Someone even went so far as to describe the roads as "goat paths."

Selectman Priscilneeded "just cause" to dismiss a town official.

In Barnstead, the road agent is an elected position. The present situation is a little different than the norm in that the current part way through the term of former department head James Doucette. The town's web site lists Kerr as the interim agent.

Duane echoed fellow selectman Tiede's emphasis on caution. He said releasing the current agent "without cause" could "place the town in great financial jeopardy."

Tiede Selectman added that in such personnel matters, it's not uncommon for the dismissed employee to file a complaint with the labor board. In such a scenario, a town can be financially dinged as a result of a wrongful dismissal verdict. All the while, the town would need to recruit, hire, and compensate a replacement. In some situations, a town might need to comply with an order to offer a large severance package while also paying the salary of that person's successor.

Duane said that the RSA governing such matters is "very specific"

Among the most vocal residents during the public input session, which lasted for the better part of an hour, was Matt Furtney. He said he and many others appreciated the board's efforts to solicit residents' opinions recently regarding the modified police station concept; he suggested that they adopt a similar approach to addressing the road situation.

Brett Tiede urged the board to "look at how much it would cost the town" to remove the incumbent agent from his position. Citing his interest in balancing his interests as a taxpayer with other tangible expenses, he asked, "What does the front end on your car Another resident deploring the town's gravel roads said, "It's washboard everywhere."

One attendee said that plow trucks were efficiently ployed during a recent snow and ice storm, which triggered a twohour delay by the elementary school and Prospect. She said that her understanding was that the purpose of a delay was to give road crews a chance to treat roads to make them suitable for bus travel. She claimed that a highway department vehicle did not pass her home until after busses had picked up children on her road, well after the delay had been declared.

Another resident claimed that Barnstead has "too many officers" and that there is "so little to do." He said that members of the BPD are "hounding" drivers for marginal matters. He suggested that if two officers are indeed departing the force's ranks that the vacancies should go unfilled; he proposed that the funds saved from their salaries could reallocated to pay for any fees related to the removal of the current road agent and compensate his successor at a rate commensurate with the scope of his responsibilities.

Resident Nancy Carr spoke to this point. She said she thinks current staffing levels at the BPD might exceed the town's needs; however, by way of historical perspective, she added that residents about a decade ago voted to fund seven officers and the selectmen and the police chief have

followed voters' wishes. Ultimately, she said if residents want to make an adjustment to the size of the force, voters will need to provide the BOS with direction to this effect at a forthcoming town meeting.

Newly-elected lectman Lori Mahar, urged that residents and town leaders be proactive and forward-thinking ameliorating the road agent issue.

"What can we do?" she asked. "How can we fix the problem?" She said that assembling a list of problem areas of roadways might be a place to begin. She said once everything is put down on paper, town leaders - with residents' input - could help the community prioritize the highway department's work program.

Donna Tiede said approach such an could help the department make progress. She recommended that the highway department consult with the post office since local letter carriers traverse town roads on a daily basis.

After close to an hour's input on this contentious topic, the selectmen closed the public input portion of the meeting. The next item on the agenda involved the board entering executive session.

Minutes of the meeting were taken. Residents wishing to read them, upon their completion, can request to view the notes at the town hall.









Is the long winter finally over, Virginia? In the Upper North Country, not quite

The forecast was for warm rain tomorrow, then (yes) snow for the next 24 hours, then a couple of days of relatively balmy 65.

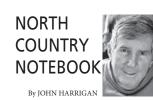
People who I'd never heard utter an off-color word were swearing a blue streak. I even heard words I'd never heard.

People are sick of winter. They don't want to hear about another weekend of making the cash register bells ring in what has already been a banner year for skiing, snowmobiling, cross-country skiing, ice fishing and any winter-related, outdoor-oriented sport you can name. They want it to end. And yet it was supposed to snow Tuesday.

"I don't know why everybody's griping," an old forester friend thumped his cane and grumped. "I can remember being on snowshoes on May 5. It's in my journal."

I looked around anxiously to see if anyone had overheard him. Nobody wants to hear about his damned journal. I envisioned a mob with torches.

nothing There's that'll get an old dog moving like a puppy.



Millie is pushing 13, and was comfortably playing the role of old, resident dog when Bailey showed up. Longtime friends Beth and Glen visit here a lot from Rhode Island, and for sure did a good job of picking the right pup out of the litter, because Bailey's full of it, smart, and fast.

I was out on the lawn and heard a thunder coming up the other side of the hill. It was Bailey's huge feet, coming fast, "Really carrying the mail," as longtime hunting buddy Butch Chase would put it. One reason why she's so loud, no doubt, is that he has feet the size of teacups.

flipping was through the current issue of Archaeology Magazine and came upon an ad for tourism and travel in Newfoundland and Labrador, with special attention paid to Lans aux Meadows.

Newfoundland deed is being pitched as a tourism getaway,

which it surely is, with very long drives between getaways, believe me. Still, the island is undergoing a tourism boom, partly because deserving attention is being paid, finally, to Lans Auxe Meadows, the only confirmed Norse settlement site in North America. Its rude and rough planked huts were put up in roughly AD 1000, almost 500 years before Columbus.

When I was traveling the Far North, transportation was mainly by boat, dog sled, snowmachine and float plane. Now much of Labrador's interior is accessible by road, and they're still building.

When I first traveled to Labrador to fish the huge and fast-moving Menihek Rapids, the country was reveling in the discovery of major iron ore deposits, some of the best quality in the world. The archaeological discoveries at Lans Aux Meadows were being talked about, but iron ore was king,

Iron Ore Company workers built a heavy-duty straight into the interior, 350 miles from the coast. It featured rails that weighed 72 pounds



UP ON the Little Magalloway, the ice is all rotten and ready to move.



MAN and dog, having fun. Glen (left) entices Bailey (right) with a well-worn piece of leather.

Neil Simon comedy at Pittsfield Players this weekend

PITTSFIELD — The set is ready and waiting for the cast of "Come Blow Your Horn." This commemorates the 50th season of the Pittsfield Players and they are bringing back some of their biggest hits. "Come Blow Your Horn," when done back in 1989 (three years before the Players owned Scenic Theatre) boasted the original cast that included Alan Baker played by Thomas Mark; Peggy Evans Jennifer Conrad; Buddy Baker by Brian E. Adams; Mr. Baker by Henry Huntington; Connie Dayton by Mary Cure; and Mrs. Baker, Elsie Morse.

This time around, Alan Baker is played by Ernie Bass, Peggy by Alex Keyes, Buddy by Jordan Gagan, Mr. Baker by Marty Williams, Connie by Cathy Williams and taking on the part her mother played, Meggin Dail is cast as

Like us on



THE PITTSFIELD PLAYERS present Come Blow Your Horn this weekend.

for nostalgia?

Carole Neveaux directs and Jon Martin produces this riotous hit set in the 1960s.

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Mrs. Baker - how's that Hampshire to own their own venue, truly a remarkable feat. Come celebrate and meet the Bakers and Connie and Peggy on May 4, 5 at 7:30 p.m. or May 6 at 2 p.m. at the Scenic Theatre, home of The Pittsfield Players. Please come early as they can only hold reserved seats until 15 minute prior

LOCAL 603-783-8050

to show. Tickets can be purchased at the door or online through TicketLeap via www. pittsfieldplayers.com. For more information on the show, including "dinner and a show" tickets for Friday and Saturday night only in conjunction with Main Street Grill, please call

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MAN and dog, having fun. Glen (left) entices Bailey (right) with a well-worn piece of leather.

per foot, the heaviest in the hemisphere. The deal with the government for getting permission for the railroad was that two runs per week had to be made for civilians.

So twice a week, usually on Tuesdays and Fridays, the civilian train hauled hunters, prospectors, fishermen, scientists, military personnel and adventurers into the interior, some to make an in and out but many to stay months and years, studying this strange and mostly frozen land for knowledge and profit. The iron ore went by virtually nonstop trains to the port of Sept Isles, where it was loaded onto ships bound for ports all over the world.

But then iron ore discovered South America, not better ore, but ore that was cheaper to get out. And suddenly, Labrador was once again what it was before, a cold and empty place frequented only by the hunter, fisherman and adven-

This column is syndicated in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Address letters, with town and telephone numbers in case of questions, to campguyhooligan@gmail.com or to Box 39, Colebrook, NH 03576.





Complete these home improvements over the weekend

Home improvement projects ramp up when the weather warms up, as homeowners channel the rejuvenating feelings of spring and tackle their home to-do lists. Large-

scale renovations can greatly affect a home, but smaller projects can yield impressive results and be completed over the course of a single weekend.

If time is of the essence,

ON PURCHASE OF SELECT

these weekend or oneday projects may satisfy homeowners' desires to fix up their homes.

 Create an accent wall. Painting a focal wall in a home can create a serious



impact. The bonus is it will not take as long or require as many materials as painting an entire room. Accent walls frequently feature a bold color, so decide on placement and tackle this project in less than a day.

• Install stair runners. Dress up hardwood stairs with decorative carpet runners. Runners come in elongated pieces of carpeting or individual pieces that can be placed on each step. If carpeting doesn't Many entryways can use a minor overhaul, both inside and outside. Paint the front door a different color so it pops from the curb. Install a new mailbox or decorative house numbers. A new welcome mat can change the look as well. Inside, consider laying a new floor. Resilient vinyl tiles come in many different patterns and can mimic the look of wood, travertine or marble. Installing a floor can take a day or two.

• Install a new faucet. Instantly improve a kitchen or a bathroom with new fixtures. New faucets can provide aesthetic appeal and low-flow faucets can help conserve water.

 Create a gallery on the staircase. Gather and arrange framed photos, artwork or wall accents so that they ascend the wall of a staircase. This creates a designer touch and can dress up an often barren area of wall space.

• Install a fresh light fixture. Improve drab spaces with a little illumination. Better Homes & Gardens suggests replacing an existing fixture with something new and vibrant. If hanging a new fixture is not within one's skill set, free-standing table or floor lamps also can cast a new glow on a

· Add molding. Molding can add instant aesthetic appeal to a room. Molding is appropriate near the floor, at the top of walls where they meet the ceiling, or even mid-wall as a chair rail. Some homeowners like to create framed molding on walls in formal living spaces.

· Update kitchen or bathroom hardware. Replacing hardware is a fast and easy project, but one that can have immediate impact. Swap out tired or outdated hardware for newer brushed metals and more impactful shapes and designs.

Home renovations do not need to take weeks or months. Many projects can be completed over the course of a weekend.



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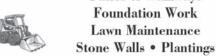
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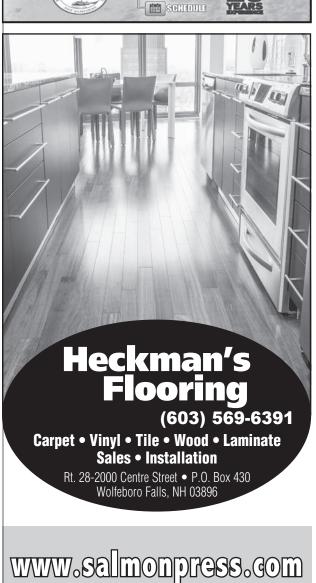
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THE BAYSIDER **SECTION B, PAGE4** THURSDAY, MAY 3, 2018

WHAT'S ON TAP

The local high school teams will have a full slate of games in the coming week.

At Prospect Mountain, the tennis boys will be hosting White Mountains today, May 3, at 4 p.m., will be at Inter-Lakes for a 3:30 p.m. doubleheader on Friday, May 4, will host Profile at 4 p.m. on Tuesday, May 8 and will be hosting Moultonborough at 4 p.m. on Wednesday, May 9.

The Timber Wolf girls' tennis team will be at White Mountains today, May 3, at 4 p.m. and will be hosting a doubleheader with Inter-Lakes on Friday, May 4, at 3:30 p.m. The Timber Wolf girls will be at Profile on Tuesday, May 8, at 4 p.m. and will visit Moultonborough on Wednesday, May 9.

The Prospect track team will be hosting a home met on Saturday, May 5, at 10 a.m. and will be at Laconia for a 4 p.m. meet on Thursday, May 10.

The Timber Wolf baseball and softball teams will be hosting Raymond on Friday, May 4, at 4 p.m., will be at Mascenic at 4 p.m. on Monday, May 7, and will be at Campbell at 4 p.m. on Wednesday, May 9. The softball Timber Wolves will be hosting Gilford at 4 p.m. on Tuesday, May 8.

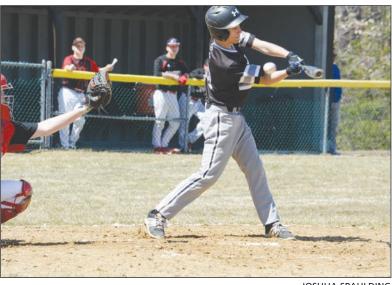
The Prospect unified volleyball team will be hosting Gilford at 4 p.m. on Monday, May 7.

At Kingswood, the girls' tennis team will be hosting Oyster River today, May 3, at 4 p.m., will be at Portsmouth at 4:30 p.m. on Friday, May 4, will host Trinity at 4 p.m. on Monday, May 7, will host Pembroke at 4 p.m. on Wednesday, May 9, and will be at Pembroke on Thursday, May 10, at 4 p.m.

The Knight tennis boys will be at Oyster River at 4 p.m. on Thursday, May 3, will be hosting Portsmouth at 4:30 p.m. on Friday, May 4, will be at Trinity at 4 p.m. on Monday, May 7, SEE **ON TAP**, PAGE B5



CALEB PIWNICKI slides home with the third run of the game for Prospect



JOSHUA SPAULDING

BRANDON STELLON fouls off a pitch in action against Campbell last week.

Piwnicki pitches Prospect past defending champs

BY JOSHUA SPAULDING Sports Editor

Mountain last Monday.

ALTON — The Prospect Mountain baseball team made a statement against the defending Division III champions on

Monday, April 23. Caleb Piwnicki came through with a dominating performance on the mound as the Timber Wolf boys picked up a 3-1 win against the Cougars of Campbell.

"We're a young team, we needed a game where our leaders stepped up and we got that," said Prospect coach Richard Fortier. "We have the talent."

The Timber Wolves came up with a pair of runs in the bottom of

the first inning. Ryker Burke was it by the first pitch of the game and then hits a double by Drew Nickerson and hits from Piwnicki and Zach MacLaughlin produced a pair of runs and the Timber Wolves took the 2-0 lead.

Piwnicki worked around an error to lead off the top of the fourth inning, getting a couple of fly balls and a grounder to short to close out the inning. Noah Sanville worked a walk in the bottom of the fourth inning and stole second but he was stranded there and the score remained 2-0.

With two outs in the top of the fifth inning, the Cougars were able to the game without allowget their first run across. A double and an infield hit pushed a run across, cutting the lead to 2-1. However, Piwnicki got a fly ball to Burke in centerfield to close out the inning.

The Timber Wolves came back and scored one run of their own in the bottom of the fifth inning. With one out, Piwnicki had a base hit and then MacLaughlin was hit by a pitch. Joel White worked a walk to load the bases and a wild pitch allowed Piwnicki to scamper home with the third run of the game for the Timber Wolves.

Piwnicki was then able to work the rest of ing another run and the Timber Wolves had the 3-1 win over the defending champions.

The Timber Wolf hurler finished with 11 strikeouts on the day and didn't walk a single batter, which was especially impressive to Fortier.

"I'll take zero walks any day of the week," Fortier stated, also noting that it was his team's first time on its home field.

"Our starting outfield didn't start a game in the outfield last year," Fortier said. "That hurt us a little in the first few games."

The Prospect coach

also pointed out that with 12 games in 23 days coming up, his team's pitching will be key. He said with four solid pitchers (Nickerson, Piwnicki, MacLaughlin and Ryan Dube), the team should be in a good place when that stretch arrives.

The Timber Wolves will be in action on Friday, May 4, hosting Raymond, then will visit Mascenic on Monday, May 7, and Campbell for a rematch on Wednesday, May 9, all with 4 p.m. scheduled start times.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING

ALI BROWN slides safely into home with a run in action against Campbell last



JOSHUA SPAULDING

BETTYJANE WEIR connects with a pitch during action last week against

Tough inning haunts Timber Wolf girls

BY JOSHUA SPAULDING

Sports Editor

ALTON — Take away one bad inning and the Prospect Mountain softball team was right there with a strong Campbell Cougars squad on Monday, April 23.

However, that one bad inning, in this case the third inning, proved to be the undoing for coach Rick Burley's squad, as the Cougars took the 8-2

"Campbell is a top-tier team and we played with those guys," said Burley. "We had some kids in some tough situations today and they did the best they could."

The Timber Wolves were without a couple of starters for the game and Burley called a couple of players up from the JV team to round out the roster.

The visitors were able to put together a run in the first inning without the benefit of a hit. A walk, a hit batter and a delayed steal allowed Campbell to push a run across. Megan Sarno was able to get two strikeouts to help get out of the inning and Ashley Chouinard tracked down a fly ball to end the inning.

Prospect came right back and tied the game in the bottom of the inning. With two outs, Ali Brown ripped a double to the fence in centerfield and Anna Brassaw followed with a base hit and Brown slipped in under the tag at the plate to tie the game at one.

The Cougars were able to add a run in the top of the second inning, again without the benefit of a hit. A leadoff walk, a sacrifice bunt and an error put the Cougars on top by a 2-1 score. Reilly Gray had a base hit in the bottom of the second inning but she was stranded and the visitors came through with five runs in the top of the third, helped out by a couple of Prospect miscues in the field and they

The Timber Wolves were able to add another run in the bottom of the fifth inning. Brown ripped an RBI double to push across the second run. Betty Jane Weir drew a walk to keep the inning going but the Timber Wolves were unable to get any more runs across. In the top of the sixth inning, Brassaw made a nice play at first base and Sarno snagged a comebacker to the mound to end the inning.

The Timber Wolves went in order the next two innings and Sarno set the side down in order in the top of the seventh inning and Campbell had the 8-2 win.

"It shows we can play with them, we played against them very well," Burley said. "If we clean up a few things, we can play with anybody.

"We were hitting the ball but Campbell made some great plays defensively," the Timber Wolf coach said. "If a couple of those fell for us, we're in this game."

Burley also pointed out that as the season goes along he anticipates that his team will continue to get better, as the game was also his team's first time on their home field.

The Campbell game was Prospect's lone game of the vacation week.

The Timber Wolves will be in action on Friday, May 4, at home against Raymond, will be at Mascenic on Monday, May 7, will host Gilford on Tuesday, May 8, and will be at Campbell for a rematch on Wednesday, May 9, all set for 4 p.m. starts.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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were up 7-1.





RIAN RUSSO tosses the shot put during action at the Black Bear Invitational on Saturday.

Pooler, Carpenter pick up third place finishes at Coe-Brown

BY JOSHUA SPAULDING

Sports Editor

NORTHWOOD A small contingent of Kingswood track athletes finished out the school vacation week by making the trip to Northwood on Saturday for the Black Bear Invitational.

Wyatt Pooler came

through with a third place finish in the 800 meters, finishing in a time of 1:59.44, with Cam Stinchfield finishing in 10th place in 2:08.57 and Brent Coope was 17th in a time of 2:13.41.

The Knight boys finished in fourth place in the 4X800-meter relay with a time of 8:42.09.

Tucker Gosselin just missed out on qualifying for the finals in the 100 meters with a time of 12.01 seconds, which put him in seventh place overall. Jim Huckman finished 15th overall in the 400 meters in a time of 55.37 seconds. In the shot put, Ryan Russo took eighth overall

with a toss of 40 feet, six inches while in the discus, he took 25th at 97 feet, eight inches and in the javelin he was 18th at 114 feet.

Caitlin Carpenter finished third in the triple jump with a leap of 32 feet, seven inches to lead the Kingswood

In the shot put, Nikki

Cayon took 12th overall with a distance of 26 feet, half an inch and Samantha Schwarz was 21st with a toss of 25 feet, three inches. Schwarz added a 33rd place finish in the discus with a toss of 63 feet, 7.5 inches. Elizabeth Morrison finished in 18th place in the 200 meters in a time of 28.42 seconds.

The Knights will be at the Clipper Relays today, May 3, at 4 p.m. in Portsmouth and on Tuesday, May 8, will be at Kennett for a 4 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.

Stacey Burns 5K scheduled for May 12

WOLFEBORO — The Stacey Burns Memorial Scholarship 5K Run/ Walk is set for Saturday, May 12, in Wolfeboro, sponsored by the Wolfeboro Department of Parks and Recreation and the Stacey Burns Memorial Scholarship Fund.

The race starts at the Carpenter School in downtown Wolfeboro and makes its way up to the Kingswood complex, turning around just before the Crescent Lake School and returning to

the Carpenter School. Registration

check-in begin at 8 a.m., with the walkers taking off at 9 a.m. and the runners taking off at 9:15

The registration fee for adults is \$20 and for 12 and under the fee is

Fees and registration can be sent to Wolfeboro Department of Parks and Recreation, PO Box 629, Wolfeboro, NH 03894 or visit wolfeboronh.us/ parks-recreation.

Stacev Burns was a mother of five who was murdered in her home on May 10, 2009. She was a school nurse at

the Carpenter School and touched the lives of many people and was always willing to lend a hand. The scholarship award is given to individuals who are pursuing a career in nursing who not only show merit and need but also to those who embody Burns' giving spirit and

kind heart. For more information, call the Wolfeboro Parks and Recreation Department at 569-5639. Donations are always welcomed at fundraise. com/staceyburnsmemo-

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Women's groups ready to go at Kingswood Golf Club WOLFEBORO — The ladies twilight nine-hole tunities for both group group that plays on Tuesday evenings, and the

Kinsgwood women's golf leagues will be starting their 2018 season coming up in May. Women golfers of all abilities are encouraged to join. There is a nine-hole group that plays on Monday mornings, a very informal

18-hole league that play on Thursday mornings. The only requirement for the 18-hole league is an established USGA handicap of 40 or better. There are many oppor-

and private lessons that are reasonable and the spirt of fun, friendship and support is evident among the groups.

For further information, visit the Kingswood web site at kingswoodgolfclub.com.

ON TAP

CONTINUED FROM PAGE B4

and will be hosting Pembroke on Wednesday, May 9, at 4 p.m.

The Kingswood girls' lacrosse team will be at Winnacunnet at 5:30 p.m. on Monday, May 7, and will be at John Stark for a 5 p.m. game on Thursday, May 10.

The Knight lacrosse boys will be hosting John Stark at 7 p.m. on Friday, May 4, will be hosting St. Thomas on Monday, May 7, at 5:30 p.m. and will be at Kennett for a 4 p.m. game on Wednesday, May 9.

The track Knights will be at Portsmouth today, May 3, at 4 p.m. and will be at Kennett on

Tuesday, May 8, at 4 p.m. The baseball and softball Knights will be hosting Oyster River at 4:30 p.m. on Friday, May 4, will be hosting Lebanon at 4 p.m. on Saturday, May 5, will be at Portsmouth on Monday, May 7, at 5 p.m. and will be hosting Souhegan on Wednesday, May 9, at 4

Plymouth pitching, hitting too much for Knight girls

BY JOSHUA SPAULDING

Sports Editor

WOLFEBORO — The experience of the Plymouth softball team came through in a big way against Kingswood on Saturday, April 28.

The Bobcat bats put up seven runs in the second inning and five in the third to pull away for a 16-0 win over the Knights.

"We needed with these girls," said Plymouth coach Brian Blanchard, who's team was coming off a loss to a tough John Stark team two days earlier. "We wanted to get the bats going and we got another good pitching performance from Kacie (Johnston)."

"Plymouth scalded the ball really good," said Kingswood coach Dick Arthur. "They were tough."

The Bobcats put a run on the board in the top of the first inning against Kingswood starter Maggie Shaw. Emily Boyd led off with a bunt hit and took second on an error. After Alexis Thompson followed with a sacrifice bunt, Tristan Keller doubled to the fence to plate Boyd with the first run of the game. Shaw got a pop up to third and line drive to shortstop to close out the inning.

Johnston set the side down in order in the bottom of the first inning and the Plymouth bats came up big in the top of the second. Jenna Flaherty led off with a base hit and Molly Edmark followed with her own hit. Appalachia Kunz put down a bunt an error allowed Flaherty to score. Emma Cooper reached on an error to plate another run and then Boyd beat out an infield hit. Thompson followed with a double to drive in two more runs and after Keller walked, a Johnston double drove in two more runs and Riley Flaherty took over on the bases. A Grace Comeau sacrifice fly made it 8-0 before Shaw got a force play and a strikeout to finish out the inning.

Sarah Bean had a oneout base hit in the bottom of the second and Maddie Shatzer was hit by a pitch but they were both stranded on the bases.

Plymouth added more runs in the top of the third. With one out, Boyd worked a walk and Thompson doubled. Keller reached on an error to drive in another run and then Johnston's base hit drove in Plymouth's 10th run. Comeau and Jenna Flaherty fol-



CATCHER IRENA PETTIT fires a throw to first during action against Plymouth on Saturday.

JOSHUA SPAULDING



BRITTANY LAPOLLA connects with a pitch during Saturday's game against Plymouth.

lowed with base hits that each drove in a run but Shatzer got the Knights out of the inning by starting a 5-3 double play on a grounder to third base.

The Knights went quietly in the bottom of the third inning and nice plays from Kasey Birth in left field and a Shatzer at shortstop got the Knights out of the inning with no runs scoring. Kingswood went in order in the bottom of the fourth as well and Plymouth added four more in the top of the fifth inning. Thompson led off with a base hit and scored on a Keller double. A Johnston base hit followed and then a Comeau hit plated another run for a 14-0 lead. An Edmark base hit and error drove in another run and then Kunz had a base hit to close out the scoring. Kingswood went in order in the bottom of the fifth and the Bobcats had the 16-0 win.

"We wanted to get the girls focused on the season now that spring is finally here," Blanchard said. "It's good for the girls that we can do this.

"Mistakes really hurt us against John Stark, you can't make mistakes like that against a good team," the Bobcat coach said. "I'm happy with the performance and we'll move on from here."

Blanchard also noted he was pleased with how the team attacked the Knight pitching, making an adjustment after seeing a much different pitcher against John Stark.

SEE **SOFTBALL**, PAGE 7

Mt. Washington Road Race institutes anti-doping policy

— The Mt. Washington Auto Road management intend to maintain and and the organizers of the enhance the credibility annual Northeast Delta of winners' performanc-Dental Mount Wash- es and the validity of offered this observation ington Road Race have announced that they will institute testing for performance-enhancing drug use, beginning with this year's race. The men's and women's overall winners, along with other randomly chosen individuals, will be tested immediately following their completion of the all-uphill 7.6mile footrace on Saturday, June 16.

"We're taking this step because unfortunately illegal performance-enhancing drug use is creeping into the mountain running scene as it has in other professional endurance sports," said Howie Wemyss, general manager of the Mt. Washington

PINKHAM NOTCH Auto Road, recently. "With this change we

course records." The race organizers will follow standards for testing that are provided by the World Anti-Doping Agency (WADA), which was "set up as a foundation under the initiative of the International Olympic Committee with the support and participation of intergovernmental organizations, governments, public authorities, and other public and private bodies fighting doping in sport."

At Mt. Washington, testing will be of urine samples obtained while the athletes to be tested are still at the summit, as soon as possible following the finish. In keeping with WADA practice,

they will be chaperoned until their samples are ready to be given.

Paul Kirsch, elite athletes' liaison for the race, about the new policy: "Clean sport is important to keep a level playing field in MUT (Mountain/Ultra/Trail) racing events. I am very glad that the Mt. Washington Race is taking the issue seriously and beginning to drug-test."

Initial reaction from elite mountain runners familiar with the Mt. Washington race has been similarly positive. "That's such a great step in the right direction," said Joe Gray of Colorado Springs, Colo. Gray, who has undergone such testing in races elsewhere, has won the Northeast Delta Dental Mount Washington Road Race in each of the last four years and

also won the 2016 World Mountain Championship. "Hopefully more races will follow Mt. Washington's lead."

Sage Canaday of Boulder, Colo., a past winner at Mt. Washington and a two-time qualifier for the U.S. Olympic marathon trials, was tested by the standard United States Anti-Doping Agency (USADA) urine test after he won the 2014 Pike's Peak Ascent in Colorado. A longtime vocal proponent of testing, he shared Gray's response to the newly announced Mt. Washington policy. "I think this is a great step in promoting a clean sport based on honesty, integrity and hard work. As an iconic race steeped in history, Mt. Washington is a challenging and competitive race that tests one's absolute physical limits. By adding drug testing, Mt. Washington is asserting itself as a world-class event that celebrates fair competi-

tion and performances." Kasie Enman of Huntington, Vt., the 2011 women's world mountain running champion, added, "There is a perception out there about some MUT races that testing isn't as stringent, that the door is a little bit open for cheating athletes who want to sneak under the radar. It's important that we remove that perception and ensure a fair race for all the clean athletes in our sport. Thanks to Mt. Washington Road Race for taking this important step. I'll be proud to toe the starting line there this June."

Sponsored by North-

east Delta Dental, the race ascends the Mt. Washington Auto Road from Pinkham Notch, to the summit of Mt. Washington, the highest peak in the northeastern United States. Gray and Canaday are two of just eight men who have made the grueling ascent on the Auto Road's 12 percent grade in less than one hour. Canaday set the American record for Mt. Washington when he won in 2012 in 58 minutes 27 seconds. Two years later, Gray broke that record, finishing in 58:15. Enman has raced at Mt. Washington several times, including two third-place finishes. The women's American record, 1:09:25, was set in 2016 by Kim Dobson of Eagle, Colo. The women's open course record, 1:08:21, was set in 2010 by Shewarge Amare of Ethiopia. The men's record, 56:41, was set in 2004 by Jonathan Wyatt of New Zealand.

Now in its 58th year, the Northeast Delta Dental Mount Washington Road Race will be held on Saturday, June 16, starting at 9 a.m. Names and hometowns of all registered entrants can be found on a list at this link, sortable in alphabetical order by name and by state, province, or foreign country at https://www.runreg. com/Confirmed/7664.

More information about the Northeast Delta Dental Mount Washington Road Race Anti-Doping policy is at https://www.mtwashingtonautoroad.com/ mount-washington-roadrace/for-racers/racecourse-details.



Big first inning leads Bobcats over Knights

BY JOSHUA SPAULDING

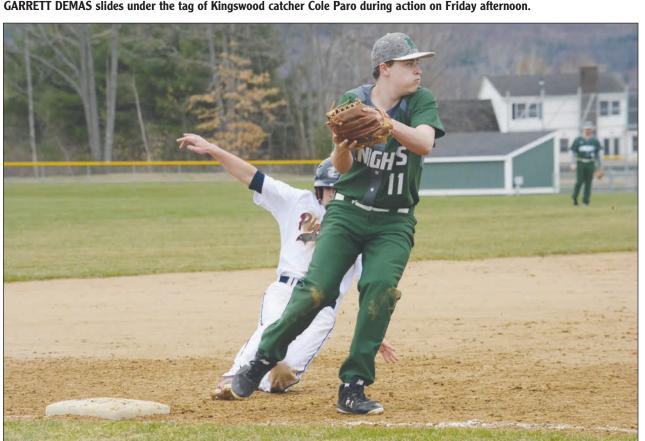
Sports Editor

WOLFEBORO — For four innings on Friday, April 27, the Kingswood and Plymouth baseball teams played a fairly even game.

However, there was one inning that separated the two teams, as the Bobcats batted around twice in the first inning. plating 12 runs on the way to the 15-0 victory over the Knights.

The Knights struggled to make the defensive plays in the first inning and the pitchers struggled to throw strikes, as the Bobcats took their hacks. Henry Green led off with a walk and stole second. He was hurt on the slide into second and Tony Velez took over on the bases. Owen Brickley reached on an error to plate the first run of the game and then Mike Hogan had a base hit to drive in another. After Nick Qualey worked a walk, Kingswood starter Dylan McCann got a strikeout for the first out of the inning then Ben Olmstead also worked a walk. After another strikeout, a wild pitch made it 3-0 and then Garrett Demas doubled home two more runs. Devlin Costa then worked a walk, spelling the end of the day for McCann, who was replaced by Matt Drew. Velez reached on an error to drive in another run and then a double steal made it 7-0. Brickley beat out an infield hit and then Hogan worked a walk ahead of a double from Qualey, which plated two more runs. Dan Carey reached on a dropped third strike and Plymouth plated its 10th run. Olmstead was hit by a pitch and then Colby Moore doubled, making it 12-0. After Demas





JOSHUA SPAULDING

AFTER MAKING a force play at third, Matt Place comes off the bag looking for another play in action Friday against Plymouth. of the first inning Clifford grounded Velez led off

worked a walk, Drew got a strikeout to get out of

the inning. Oleg Sheahan led off the bottom

with a base hit and was forced at second when Sam Danais grounded

to third. Bryton

to second to push Danais to second but that was as far as it got for Kingswood.

with a walk in the top of the second inning and one out later, Hogan had a base hit.

Qualey grounded back to the mound to force Velez at third, but Carev and Olmstead followed with base hits to drive in runs and Plymouth took the 14-0 lead.

Cole Paro led off the bottom of the second with a walk and Drew moved him up with a groundout but he was stranded at second base. Demas beat out an infield hit to start the top of the third and Costa followed with a base hit, but Velez grounded to second, forcing Costa at second. After Brickley walked, Hogan dropped a bloop into right field. Korbin Tinker was able to gun down Demas trying to score and Drew got a pop up to short to

end the inning. Chad Leigh was hit by a pitch with one out in the bottom of the third and Clifford beat out an infield hit, but Bobcat starter Brickley got a strikeout to end the inning.

Place took over on the hill for Kingswood in the top of the fourth inning and Olmstead was hit by a pitch with one out. Moore reached on an error and Demas had a base hit to load the bases. After a strikeout, Velez worked a walk to plate the 15th run of the game. Place got another strikeout to end the in-

AJ Colgat took over on the mound in the bottom of the inning and Drew had an infield hit and Place reached on an error, but the Knights could not get any runs across the plate.

Jack Corbeil was hit by a pitch with one out in the top of the fifth and Zack McGlone worked a walk to put two more runners on base, but Place got a strikeout to end the inning. Danais had a two-out infield hit in the bottom of the inning but the Bobcats got out of the inning and took the 15-0 win.

Plymouth was coming off a win over John Stark on Thursday, April 26, as the Bobcats rallied with five runs in the seventh for the 7-6 win.

The Knights dropped a 10-0 decision to St. Thomas earlier in the week, despite getting two hits from Danais and five strikeouts from starter Kody Lambert.

Kingswood will be in action on Friday, May 4, at home against Oyster River at 4:30 p.m. and will be at home again the next day, hosting Lebanon in a rescheduled game at 4 p.m. On Monday, May 7, the Knights visit Portsmouth for a 5 p.m. game and on Wednesday, May 9, they will host Souhegan at 4

Plymouth will be in action on Friday, May 4, hosting Kennett at 4 p.m., will be at Coe-Brown at 4 p.m. on Monday, May 7, and at Bow on Wednesday, May 9, at

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



KATHY SUTHERLAND

Light week of lax

Sam Barton runs the ball up the field during the Kingswood boys' lacrosse team's game with Spaulding last Tuesday. Kingswood got a 15-3 win in what turned out to be the only game of the week. A game at Dover on Friday, April 27, was postponed, with a makeup still to be determined at deadline. The Knights will be hosting John Stark at 7 p.m. on Friday, May 4, and will be hosting St. Thomas at 5:30 p.m. on Monday, May 7, before visiting Kennett for a 4 p.m. game on Wednesday, May 9. The Knight girls got a 13-10 win over Timberline on Thursday in their lone game of the week. They will be at Winnacunnet on Monday, May 7, at 5:30 p.m. and will be at John Stark at 5 p.m. on Thursday, May 10.

SOFTBALL

CONTINUED FROM PAGE B6

"They were putting them right where we weren't," said Arthur. "A lot of line drives and grounders were just a step out of reach.

"And their pitcher was good, she mixed her pitches really well and wasn't scared to go inside," Arthur continued. "I give her a lot of credit."

He noted that the errors were a key issue, as was the fact that the team was missing two of its starting infielders.

"Monday, everyone should be back, the infield will be together," the Knight coach added. "We knew this part of the schedule was going to be tough.

"The girls never quit," Arthur continued. "They show up every day, they're here and I'm not hearing any complaining, I like their attitude.

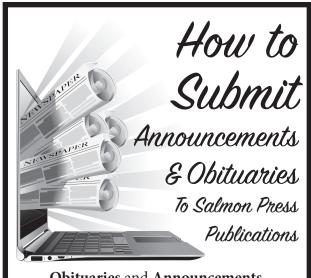
"We'll make the run we were expecting to

make," Arthur added.

The Bobcats opened the week with a 6-4 win over Sanborn, then beat Goffstown 3-1 before falling to John Stark by a 6-2 score. The Knights had their games earlier in the week postponed. A game with St. Thomas has yet to be rescheduled, while their game with Lebanon will be Saturday, May 5, at 4

Plymouth will be in action on Friday, May 4, at home against Kennett at 4 p.m., then visits Coe-Brown at 4 p.m. on Monday, May 7, and hosts Bow at 4 p.m. on Wednesday, May 9. Kingswood will be hosting Oyster River at 4:30 p.m. on Friday, May 4, then host Lebanon on Saturday, May 5, visit Portsmouth on Monday, May 7, at 5 p.m. and will be hosting Souhegan at 4 p.m. on Wednesday, May

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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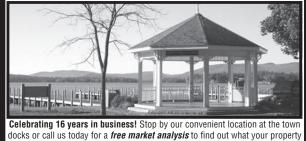
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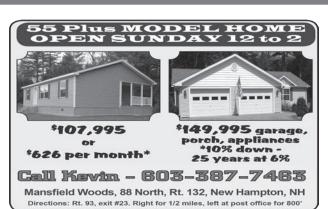




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\$1,250,000 (4686085)





edge of Little Squam Lake; this on 27 acres. 3 bedrooms, 2 bathrooms, home offers lots of possibilities! 4 fireplaces, pine floors, exposed beams. Year round, 2 bedroom, 3 baths, Cathedral Great room. Oversize garage. dock and sandy bottom crystal Perennial gardens. Private pond and several brooks. \$599,000 (4676743) Call 253-9360 \$375,000 (4686681) Call 875-3128

HOLDERNESS // Built right on the ALTON // Antique Post & Beam Colonial NEW DURHAM // Beautiful country ALTON // COME LIVE AND WORK MEREDITH // In town condo setting. Updated 1830 2BR farmhouse w/attached barn sits on 18.4 ac. mostly mowed pasture w/pond. Also included

large kennel building offers many possibilities

IN THE LAKES REGION! Residential/ within walking commercially zoned & next door to village shops, restaurants, parks Hannaford's and on busy Rte 28. Great & Waukewan Beach plus all visibility and opportunity for many uses.

\$349,900 (4658274) Call 875-3128 \$299,500 (4672092) Call 875-3128 \$199,000 (4656501) Call 253-9360



MOULTONBOROUGH // PRICE REDUCED! 1.6 Acre level wooded lot located in the quaint village district in Comm. Zone "A". Driveway permit with installed culvert, $expired\ permit for\ of fice\ bldg.\ and\ garage.\ Agent\ interest.$ \$159,000 (4501574) Call 253-9360 \$59,999 (4667367)

Call 253-9360 \$49,900 (4640828)

MOULTONBOROUGH // Your new home is ready to be built on this 2.2 acre lot with 3 bedroom septic design and location for house and well. Set on a quiet road yet close to town amenities. GILMANTON // Bounded by stone walls in a remote wooded area. Many trails around for 4 association beaches! Foundation, drilled well seasons of fun. Would make a very nice home site! and septic still in place from previous home. Call 875-3128

Call 875-3128 \$46,000 (4675813)

www.Maxfield RealEstate.com · www.IslandRE.com

WN•TO•TOWN CLASSIFIEI

(3) FORECLOSURE AUCTIONS

Tuesday, May 22nd

USDA



9:00 a.m. - East Wakefield, NH Selling to the Highest Bidder Above: \$70,000 39 Emerald Point is a 1,456± sq.ft.

Ranch that includes 2 BRs and 1.5 BAs. The home includes a metal roof,

1-car under garage and sits on a .79± acre lot and has access to Belleau Lake. Tax Map 34, Lot 55. Assessed Value: \$154,200.



10:30 p.m. - Wolfeboro, NH Selling to the Highest Bidder Above: \$95,000

56 Penn Air Road is a 1,144± sq.ft. Ranch built in 2005± that includes 3 bedrooms and 2 bathrooms. The home includes a full, walkout basement and sits on a 2± acre

lot. Tax Map 33, Lot 10. Assessed Value: \$168,800



2:00 p.m. - Center Conway, NH Selling to the Highest Bidder Above: \$105,000

141 Rebecca Lane is a 1,368 ± sq.ft. chalet that includes 3 BRs and 2 BAs. The home sits on a .40± acre lot and is serviced by community water. This property has shared Saco

Beach access. Tax Map 258, Lot 14. Assessed Value: \$160,800. INSPECTIONS: One half hour prior to the auctions, if permitted.

TERMS: \$5,000 deposit per property in cash, certified check or bank check at time and place of sale. Balance due at closing within 30 days or when the mortgagee's deed is ready for delivery. Subject to all terms of mortgagee's notice of sale.

Broker Participation Invited

FOR A PROPERTY

PAULM'INNISINC AUCTIONS • REAL ESTATE • RESULTS

INFORMATION PACKAGE GO TO

www.paulmcinnis.com



Customer Care Representatives

Customer Care Representatives personal experts on the other end of the phone line for our customers whether they have questions on their bill, have service issues or are looking to add digital cable, digital home phone or internet services. Current

Data Voice Specialists

Candidates will be responsible for providing technical support for phone, internet, and home-networking services; excellence in customer service in a call center environment. Current openings in Rochester

Retention Representative Retain customer relationships to resell products and services by promoting and building value; excellence in customer service in a

Field Technicians

call center environment. Current openings in Belmont

If you're great with electronics, have good people and time management skills - you belong with us! Current openings in Relmont and Rochester

Head-End Technician

Successful candidate is responsible for the reception and distribution of off-air, and satellite programming to the outside of the plant. Fundamental knowledge of electronics and repair, RF transmission distribution and satellite signal reception. Current opening in Rochester

Residential Field Representatives

This position is responsible for gaining new subscribers in Rochester, Lakes Region, and Sanford, Maine. Atlantic Broadband is aggressively increasing sales and marketing efforts in these markets and the sales team is a key part of reaching our goals

Account Executive

This successful candidate will be responsible for setting appointments, making sales calls, educating existing and potential customers, and preparing proposals. Powerful sales, presentation and communication skill sets are required. Position is located in Rochester

Director of Network Engineering

This individual will lead and manage a team of advanced video engineers in engineering offices, lab facilities, and head-ends and work cross-functionally with Product, Engineering, Product Management, Media and operations teams. Strong management and leadership skills with proven ability to provide very effective, results oriented direction. Current opening in Rochester

Take advantage of our comprehensive benefit package, including discounts on services if you reside in our market area!

Qualified candidates should send a resume to: E-Mail: gbougie@atlanticbb.com

EOE





Lanes End Marina is seeking a full-time service writer/office assistant. Position has potential for seasonal or year-round employment. Benefits package is available.

> Email resume to Lanesend@lanesendmarina.com or call 544-2000 ex.3 for more information.

ALTON WATER WORKS SEASONAL LABORER POSISTION AVAIALABLE

Wanted - Seasonal Laborer for the Alton Water Works to assist in turning on/off water, running equipment, etc. \$12.50 per hour. Could possibly lead into a full time position. Send resume to PO Box 803, Alton, NH 03809 or deliver to 67 Frank C Gilman Hwy.

The Town of Wakefield is looking for a **Building Inspector/Co-Code Enforcement/** Co-Health Officer. This is a part-time 32 hour per week position. The successful candidate will have building, plumbing, electrical and mechanical building experience and be ICC certified or ICC certifiable. Days of the week and hours of the day may be flexible. Please submit a letter of interest and resume to the Town Administrator, 2 High Street, Sanbornville NH, 03872 or townadmin@wakefieldnh.com. Position will be open until filled.

Wakefield is an Equal Opportunity Employer



FULL TIME OPPORTUNITIES

MT/MLT – 40 hours (day shift)

RN M-S/CHARGE – 36 hours (night shift)

RN M-S – 36 hours (night shift) RN Charge – 36 hours (night shift)

PART TIME OPPORTUNITIES

✓ OR NURSE SUPERVISOR

PER DIEM OPPORTUNITIES

PER DIEM OPPORTUNITIES

✓ COOK

CENTRAL STERILE TECHNICIAN

✓ SURGICAL TECHNICIAN

VI RN

Apply Online at www.ucvh.org Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603)388-4236 ucvh-hr@ucvh.org

EOE





CUSTOMER SERVICE REPRESENTATIVE

Central insurance Associates, a growing Independent Insurance Agency in West Ossipee, NH is seeking a Customer Service Representative to work in our personal lines insurance area. Insurance experience is a plus, but we would be willing to train the right candidate. The position requires strong telephone and computer skills. Salary commensurate with experience.

We are a growing, family-owned insurance agency serving central New Hampshire for 25 years. Please contact Sarah Anderson at 603-539-6700 or email sarahanderson@centralinsurancenh.com



\$3,000 SIGN-ON BONUS

For two years of experience staff RNs

REGISTERED NURSES

Contact Human Resources at (603)388-4236 Apply On-line at www.ucvh.org 181 Corliss Lane, Colebrook, NH 03576 603-388-4236 EOE



Full-Time Position

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 42 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

Energysavers Inc, 163 Daniel Webster Hwy, Meredith NH

Moultonborough Central School - Tutor

Immediate opening for a tutor for a 7th grade student. Up to 10 hours/ week, up to 5 days/week. Paraeducator II certification preferred. Send cover letter, resume, and three current letters of reference and certification to:

> Ryan Marsh, Special Education Director PO Box 419 Moultonborough, NH 03254 or email all documents to rmarsh@sau45.org

<u>Moultonborough Central School – SPED Program Assistant</u>

Immediate opening for a special education program assistant, grades K-4. 35 hours/week. Paraeducator II certification preferred.

Please send cover letter, resume, and three current letters of reference to:

Ryan Marsh, Special Education Director PO Box 419

Moultonborough, NH 03254 or email all documents to rmarsh@sau45.org

Equal Opportunity Employer

2018 SEASONAL EMPLOYMENT OPPORTUNITIES AT LAKE WINNIPESAUKEE GOLF CLUB







An exclusive, high-end, private golf club in the scenic Lakes Region of New Hampshire is seeking experienced and enthusiastic hospitality professionals:

Line Cooks

Our professional culinary department is seeking experienced line cooks to prepare excellent cuisine using the finest ingredients in a safe and clean culinary environment. Duties to include but not limited to

- Proper sanitation of the kitchen.
- Daily preparation of casual, event and fine dining cuisine Attention to detail and plate presentations
- Willingness to learn and take direction in order to produce the best results Competitive Wages based on experience. 40 hours a week, over time available, golfing privileges.

Season is from beginning of May to middle of October

Employment is contingent on passing a pre-employment drug screening and back ground check Lake Winnipesaukee Golf Club is an Equal Opportunity Employer

One Lake Winnipesaukee Drive, New Durham, New Hampshire 03855 $p\ 603\text{-}569\text{-}3055 \quad f\ 603\text{-}569\text{-}5720$

Please send resume and employment inquiry to staffing@lwgcnh.com.

Visit our website www.lwgcnh.com for more information, directions or to download a copy of our application.



COLORS CO

WITH INVENTING THIS HANDHELD

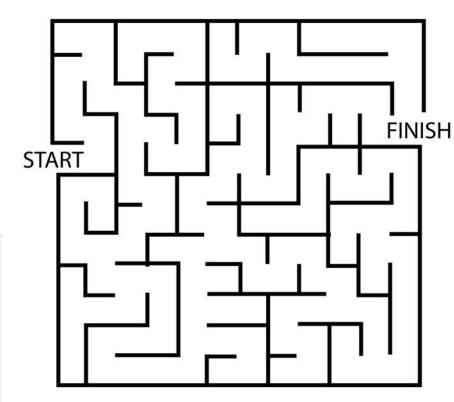
MEAT PATTY THAT IS A

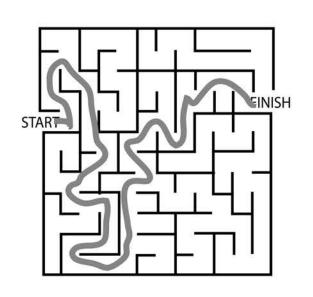
VERY POPULAR FOOD.

ANSWER: HAMBURGER

Maze Craze

Can you find your way through the maze?







- 1907: THE FIRST ISLE OF MAN TT RACE IS HELD.
- 1940: THE BATTLE OF BELGIUM ENDS WHEN BELGIUM SURRENDERS TO NAZI GERMANY IN WORLD WAR II.
- 1999: LEONARDO DA VINCI'S "THE LAST SUPPER" IS PUT BACK ON DISPLAY AFTER 22 YEARS OF RESTORATION WORK IS COMPLETED.



IGNITE

catch fire or cause to catch fire



ENGLISH: Flame

SPANISH: Llama

ITALIAN: Fiamma

FRENCH: Flamme

GERMAN: Flamme



GRILLING WITH THE LID CLOSED IS A
GOOD IDEA WHEN COOKING LARGE
CUTS OF MEAT. EVERY TIME

THE LID IS REMOVED, 5 TO 10
MINUTES IS ADDED TO

Answers: A. wedding

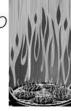
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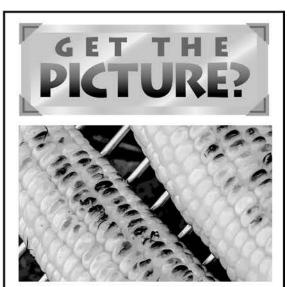
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SMOA

D. couple

THE COOKING TIME.





Can you guess what the bigger picture is?

YNƏMEK: GKILLED CORN

<u>CRYPTO FUN</u>

 \cong \mathbb{C} \mathbb{R} $\mathbb{R$

Solve the code to discover words related to weddings.

Each number corresponds to a letter.

(Hint: 24 = e)

A. 18 24 14 14 19 23 6

Clue: Bethrothal

B. 4 24 19 8

Clue: Covers face

C. 4 7 18 16

Clue: Promises

D. 26 7 5 9 8 24

Clue: Two people

SUDOKU

		4	~		7		2	
			8			7		
	7			9	3	8		
		2						
5			3		9			8
		8		6	4	3		4
6							3	
	3		4					
	2					5		

Fun By The Numbers

Like puzzles?
Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	ļ	9	8	3	6	L	2	Þ
6	8	7	9	2	Þ	G	3	L
2	ε	Þ	-	7	9	6	8	9
ļ	9	3	Þ	9	2	8	6	7
8	7	2	6	L	3	9	Þ	S
Þ	6	9	9	8	7	2	L	ε
9	Þ	8	3	6	9	L	L	5
1	9	L	2	Þ	8	ε	9	6
ε	2	6	1	9	L	Þ	9	8

ANSWER:

Smith River race returns on May 19

WOLFEBORO — The 44th running of the Great Smith River Canoe and Kayak Race will be held Saturday, May 19. It is a fourmile race that includes a quarter mile of class 2 whitewater and two short portages. There are 19 classes from novice to expert for both canoes and kayaks.

The race starts at 1:15 p.m. at Albee Beach on Lake Wentworth and finishes at the town docks on Lake Winnipesaukee. There will be prizes for the first three finishers in each class. Registration is \$20 per paddler and there will be free t-shirts for the first 50 entrants. Entry forms are available in Wolfeboro at the Chamber of Commerce or by calling 569-5454.

Racers can also register the day of the race at Albee Beach between 10 a.m. and 12.45 p.m.

Proceeds from the race go to the Wolfeboro Lions Club and are used to support the club's scholarship fund. In conjunction with the race, there will be a 50/50 raffle.

Getting back in the swing of Survivor things

My love of Survivor is well-known in this space. For many years now I've been attending live events hosted by Rob Has A Podcast founder Rob Cesternino. I've traveled to Los Angeles, Reno, Chicago, Salt Lake City, Toronto and most often, New York City. These events are a lot of fun and I always enjoy getting to meet Survivors from throughout the show's 18-year run.

But last year, I decided that my finances really couldn't support flying around the country (and in one case, out of the



country) on a regular basis to attend these events. It just wasn't feasible anymore. I figured the New York City events were still possible, since those are just a train ride away from Boston. I missed a great event in Austin, Texas last year and also missed the most recent one in New York City.

However, last week, Rob brought the live show closer to me, as the Survivor Know It Alls came to Boston for its Wednesday night taping. The Know It Alls podcast consists of Rob and fellow two-time Survivor Stephen Fishbach. Each week after the episode, they get together and discuss the episode in detail for about an hour. I usually listen to the show while I'm working my night job cleaning at Brewster but last Wednesday night, I took the night off from that job and drove to Boston to watch the episode with a couple hundred other people. We got to see a great episode of Survivor and then listened as Rob and Stephen broke down the episode with a multitude of former Survivor

Traditionally at these



JOSHUA SPAULDING

SURVIVOR WINNER Adam Klein posed with pictures with fans on Wednesday night in Boston.

six to 10 former players who turn out to discuss the episode with Rob, Stephen and the assembled fans. Most of the events take place in New York City and we usually get many of the same cast members. Since this was our first time in Boston, we got a lot of newcomers to the podcast, with 14 former players and one player from the current season in the house. While the current player (James Lim) couldn't talk about the season due to CBS contract restrictions, but he did meet with fans after the show during the after-party.

Rob and Stephen were joined by four Survivor winners (Jeremy Collins from Second Chances, Bob Crowley from Gabon, Michele Fitzgerald from Kaoh Rong and Adam Klein from Millennials vs. Gen-X) and 10 other Survivor players, including Rodney Lavoie and Carolyn Rivera (Worlds Apart), Denise Martin (China), Jimmy Tarantino (Nicaragua), Val Collins (Blood vs. Water), Bret Labelle, Jessica Lewis and Chris Hammons (Millennials vs. Gen-X), Brice Johnston (Cagayan) and Nick Iadanza (Australian Sur-

It was great to hear the voices of all the Survivors and hear what they had to say about the episode. While I had met most of the players that were at the event at previous other Survivor events, it was cool to meet Denise from Survivor China and finally get a picture with Adam. All the Survivors were incredibly gracious with their time, chatting with fans after the event and in some cases, in the day leading up to the event.

It was great to get back in the swing of the Survivor live events and hopefully I'll be able to get back to New York when the next one happens in October.

Finally, have a great day Nathan Wotton.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Plymouth Re-Echo, cord-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.



