

Gilford Steamer

THURSDAY, AUGUST 11, 2016

GILFORD, N.H. - FREE

Gilford School Board approaching budget season

BY ERIN PLUMMER
eplummer@salmonpress.com

The teacher's contract, capital improvements, and increased opportunities for feedback are some of the considerations being discussed by the school board as it draws closer to budget discussions.

The board discussed early budget considerations during its meeting on Monday. The board members were given copies of the

collective bargaining agreement with the Gilford Educational Association, which is coming up for negotiations. They also received sheets with salary schedules, student activity stipends, and Affordable Care Act information that has yet to be included with the bargaining agreement.

Superintendent Kirk Beitler and Assistant Superintendent for Business Scott Isa-

belle asked the board if it had any guidance going into the new budget discussions, including any goals or amounts to keep the budget under.

Isabelle said last year the school board's budget started around 2.5 percent increase, though the budget presented to voters was closer to a 1.55 percent increase. When the budget was defeated, the current default

SEE BUDGET PAGE A12



Teens work hard on their stories during Teen Writing Camp at the Gilford Public Library.

ERIN PLUMMER

Creativity and fun abound at Teen Writing Camp

BY ERIN PLUMMER
eplummer@salmonpress.com

Teens explored all aspects of creative writing at the three-day Teen Writing Camp at the Gilford Public Library, exploring their own creativity in the process.

From Tuesday through Thursday seven youths from fifth grade to 11th grade took part in a writing camp from 10 a.m. to 1 p.m. The camp was part of the summer reading program and the newly restructured teen program at the library.

In past years, local resident Lani Voivod has run a weeklong teen writing camp at the library. This year the library itself held a new camp lead by assistant librarian Molly Harper.

Harper said while she said she wasn't that familiar with teaching writing, she does enjoy writing. After doing some research she had more tools to work with the teens.

The camp focused on creative writing. The

main emphasis was on having fun with writing and it wasn't based on spelling and grammar. During the camp they worked on various aspects of writing such as poetry, character development, and many others.

The first day they explored poetry, writing observant haiku. The second day they went to the Gilford Village Cemetery, where they picked names from headstones to turn into character profiles.

On day three, they all started stories with the theme of survival. The kids would start the story then pass around their notebooks and each person around the table would add to them.

Later that afternoon, children's librarian and published author Abi Maxwell met with the group to talk about being a writer.

"They've been doing a really awesome job," Harper said.

Harper said all the students were different writers with a va-

riety of styles. Some do a lot of writing, while others did not do that much.

"It was fun; it had a lot of fun activities," said Keegan Ridings of Laconia.

Gabrielle Wilder, a resident of Concord, Mass. who summers in Gilford with her

SEE WRITING PAGE A12

Bolduc Park golf, disc golf tournaments coming soon

BY ERIN PLUMMER
eplummer@salmonpress.com

From tossing discs in baskets to putting balls across the green, Bolduc Park will be the place to celebrate all things golf for two weekends. This Sunday, Aug. 14, the second annual Chris Daigle Memorial Disc Golf tournament will take place. Bolduc Park's 23rd annual Golf Tournament will take place Aug. 19 through 21.

Registration is open for both events for people of all ages.

The disc golf tournament is held in memory of the park's namesake Chris Daigle, a noted Laconia athlete who became an avid disc golfer after moving to Florida.



COURTESY

Pictured above is the presentation of a check from the Aaron T. Francoeur scholarship fund to the Nate Babcock scholarship fund. Each Spring, the Annual Francoeur/Babcock Basketball Tournament is held in memory of Aaron Francoeur and Nate Babcock. The funds raised through the tournament are awarded to Gilford Students pursuing secondary education. This past year, more than \$4,500 was raised to be awarded between the two funds. Picture from left to right are: Herb Greene – Gilford Parks and Recreation Director, Jim Babcock, Thom Francoeur and Ginny Babcock.

Special demonstration on making wood turning products to be held at Farmer's Market on Aug. 13

Art Sweatt of Art's Wood Products will be demonstrating how he makes his wood products this coming Saturday during the Gilford Farmer's Market from 9 a.m. until noon on Aug. 13. The market is held on the grounds of the 1838 Rowe House at 88 Belknap Mountain Rd. He is a Gilford resident who has turned his hobby into a rewarding enterprise. His specialty is using exotic woods to make the wooden shells for fountain pens. (I did not realize that people used fountain pens anymore, I remember using them as a teenager and loving the feel of writing with them, but when ballpoints came out I switched to them). His pens are indeed unique and beautiful, if you want a special pen for yourself or as a

memorable gift, he has just the pen for you. He also makes leather ones, overlaid with acrylic in many colors. It is easy to buy the Parker refills at Staples. He also makes many other products, come and observe how he makes them.

Grace Herbert is another Gilford resident who can be found in front of the porch most Saturdays. She makes the most delicious Italian biscotti cookies, three kinds of chocolate and one with pure maple syrup, yum. Her big English muffins are very popular, as are her breads. This is her second year at the Market, having lived in Gilford for fifty-one years, she is a strong supporter of projects that benefit the town. Helping the Historical Society to raise money to have a new

wood shake roof put on the Rowe House is her way of helping, as all vendor fees go toward that project.

We are glad to welcome back a vendor from last year, Lindon Garlic Farm, who comes from Gilmanton, or as he says, "Just down the road a piece" People had been asking where he was this year and we are glad to say that he is back as a guest vendor.

Another vendor who sells a unique product is The Root Seller Farm from Nottingham who sells fresh harvest of wheat berries. When I asked how they were used, she replied that they could be ground for whole wheat flour or for juice, she also has wheat grass growing from the berries. One is never too old to learn about some-

SEE WOOD PAGE A12



ERIN PLUMMER

The Chris Daigle Memorial Disc Golf Tournament is coming this Sunday. From left to right, Bolduc Park volunteer Jeff Moses, Chris Daigle's dad Jeff Daigle; disc golfers Nick Dami of Belmont, Tyler Ross of Laconia, and Dave Duprey of Belmont; and Bolduc Park founder Bob Bolduc.

He died suddenly in 2013 at the age of 34.

His parents, Jeff and Lorraine Daigle, have

been strongly involved with the formation of the disc golf course and the tournament.

"We felt that it's a fitting memory to him," said Jeff Daigle. "To

SEE BOLDUC PARK PAGE A12

Notes from the Gilford Public Library

BY MARK THOMAS

Library Correspondent

"I can't believe its August!"

"Wow, it's unbelievable how time flies."

"Can you believe summer is almost over?"

Yes. Yes, I can believe it because this summer was packed and time was well spent. Many of our patrons take trips during the summer, but the Lakes Region is as much a destination as it is a home. As summer rounds up, I am grateful for all that was accomplished and for all of the good times that were had. The Summer Reading Program was particularly well received—instead of lamenting its end, we want to celebrate its success!

To that end, on Friday, Aug. 12 from 3-4 p.m., we will have a concert for children. Local musical genius Paul Warnick, will perform children's songs for K-4th graders. There will be ice cream, books, and plenty of good company. Thousands of books have been read by children in the Summer Reading Program this year, so we want the kids to know that the work (or play, depending on your perspective) they did was worth the effort. Paul has always been

popular with children at the library, so we are ecstatic to have him perform again.

We'll be drawing the winners for the teen and adult prizes this week. Participation was excellent so we're proud to be able to present the prizes to such worthy readers. There were way more teens that stuck with the program this year than in summers past, so I'm looking forward to seeing these young readers keep their enthusiasm throughout the school year.

Kayleigh's "Exercise Your Mind and Body" program series was a hit with programs like: Flamenco with Isabel Rios, Zumba with Maria, Yoga from the Heart with Sheryl Gauthier, and the local Gilford Hikes. The Exercise Your Mind Author Series was also well liked with visits from MJ Pettengill and Edie Clark. Peter Zheutlin's visit, author of "Rescue Road," was rescheduled for Aug. 25 from 6:30-7:30 p.m. We can also look forward to author and holocaust survivor Kati Preston's visit on Aug. 16 from 6:30-7:30 p.m.

All told the summer was packed and the Library was bustling. Perhaps it is a little shocking

to know that the summer is ending already, but I'm excited about the school year (and cooler weather). Believe it or not, winter is coming, and endings come abruptly.

Classes & Special Events Aug. 11 to Aug. 17

Thursday, Aug. 11
Conversational French, 3:30-4:30 p.m.

Better Posture, Better Life with The Downtown Gym, 6:30-7:30 p.m.

The Better Posture Better Life class by the Downtown Gym is designed to encourage proper alignment, not just in class but through

out your daily activities. It encompasses exercises from physical therapy, pilates, yoga and basic strength training and stretching moves. This class is appropriate for everyone from beginners to fitness enthusiasts and athletes.

Friday, Aug. 12
Social Bridge, 10:30 a.m.-12:30 p.m.

Knit Wits, 1:30-2:30 p.m.

Conversational German Class, 2:30-3:30 p.m.

Summer Reading Finale Party with Paul Warnick, 3-4 p.m.

Celebrate the successful conclusion of the Children's Summer

Reading Program with musician Paul Warnick. There will be ice cream, music, and good company for K-4th graders.

Monday, Aug. 15
Mahjong, 12:30-3 p.m.
Evening Line Dancing, 4-6 p.m.

End your day with Bonnie Deutch, and perfect some smooth moves—beginners and those who have never line danced before are encouraged to come at 4 p.m. as the skill level will increase as the evening goes on. Beginners will dance 4-4:40 p.m., and more experienced dancers will dance from 4:50 to 6 p.m.

Tuesday, Aug. 16
Social Bridge, 10:30 a.m.-12:30 p.m.

Kati Preston: Holocaust to Healing, 6:30-7:30 p.m.

Author, educator, and holocaust survivor Kati Preston will visit the library to share her story of extreme loss, grief, and hope. She will discuss her experiences during the holocaust and of her struggle to craft a long and fruitful life as a survivor, and not a victim.

Wednesday, Aug. 17
Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

GILFORD POLICE LOG

The Gilford Police Department responded to 358 calls for service and made the following arrests during the week of Aug. 2-8. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

A 20-year-old male was taken into protective custody for use of drugs on Aug. 2.

A 35-year-old female was taken into protective custody for intoxication on Aug. 4.

A 27-year-old female was taken into protective custody for intoxication on Aug. 4.

A 22-year-old female was taken into protective custody for intoxication on Aug. 4.

A 21-year-old male was taken into protective custody for intoxication on Aug. 4.

A 42-year-old male was taken into protective custody for intoxication on Aug. 4.

A 21-year-old male was taken into protective custody for intoxication on Aug. 4.

A 25-year-old female was taken into protective custody for intoxication on Aug. 4.

A 54-year-old male was taken into protective custody for intoxication on Aug. 4.

A 24-year-old male was taken into protective custody for intoxication on Aug. 4.

Rebecca L. Kinsman, age 37, of Manchester was arrested on Aug. 4 for Aggravated Driving While Intoxicated and a separate charge of Driving While Intoxicated.

A 49-year-old male was taken into protective custody for intoxication on Aug. 4.

A 38-year-old male was taken into protective custody for intoxication on Aug. 4.

Mary F. Rocco, age 25, of Buffalo, N.Y. was arrested on Aug. 5 on three counts of Possession of Controlled/Narcotic Drugs.

Sherrie L. Demmons, age 49, of Warren, Maine was arrested on Aug. 5

for Driving While Intoxicated, Transporting Alcoholic Beverages, and failure to acknowledge traffic control devices.

A 22-year-old male was taken into protective custody for drug use on Aug. 5.

A 27-year-old male was taken into protective custody for intoxication on Aug. 5.

A 17-year-old female was taken into protective custody for intoxication on Aug. 5.

A 23-year-old male was taken into protective custody for intoxication on Aug. 5.

A 26-year-old male was taken into protective custody for intoxication on Aug. 5.

Justin Caird, age 24, of Manchester was arrested on Aug. 5 for Disorderly Conduct.

A 23-year-old male was taken into protective custody for intoxication on Aug. 5.

Edwin R. Harris and Nathan R. Harris, both 24 and both of Lowell,

Mass., were arrested on Aug. 5 for Inhaling Toxic Vapors for Effect. A female companion, Courtney C. Raboin, age 20, also of Lowell, Mass., was arrested for Unlawful Possession of Alcohol.

Claire Nichole Eppley, age 19, of Colorado Springs, Colo. And Caroline Joan Klusza, also 19, of Swampscott, Mass. were arrested on Aug. 6 for Unlawful Possession of Alcohol.

Andrea Mary Santoroski, age 19, of Branford, Conn. was arrested on Aug. 6 for Unlawful Possession of Alcohol.

Austin p. Carrel, age 21, of Avon, Mass. was arrested on Aug. 6 for Possession of Drugs in a Motor Vehicle and a separate charge of Possession of Controlled/Narcotic Drugs.

Robert Austin Elbaum, age 23, of Danbury, Conn. was arrested on Aug. 6 for Possession of Controlled/Narcotic Drugs.

A 32-year-old male was taken into protective custody for intoxication on Aug. 6.

Daniel Joseph Burns, age 20, of East Quogue, N.Y. was arrested on Aug. 6 for misrepresenting his age.

Shannon E. Hutchinson, age 23, of Sturbridge, Mass. and Daniel J. Salva, age 23, of Somers, Conn. were arrested on Aug. 6 for Possession of Controlled/Narcotic Drugs.

A 23-year-old male was taken into protective custody for intoxication on Aug. 6.

Kerry Haggerty, age 24, of Bath, Maine was arrested on Aug. 6 for Possession of Controlled/Narcotic Drugs.

Michael Ryan Cawley, age 22, of Dorchester, Mass. was arrested

SEE POLICE LOG PAGE A3

Gilford Public Library Top Ten Requests

1. "The Black Widow" by Daniel Silva
2. "The Obsession" by Nora Roberts
3. "The Games" by James Patterson
4. "Me Before You" by Jojo Moyes
5. "Sweet Tomorrows" by Debbie Macomber
6. "The Island House" by Nancy Thayer
7. "Here's To Us" by Elin Hilderbrand
8. "Before the Fall" by Noah Hawley
9. "The Girls" by Emma Cline
10. "The McCullough Inn in Maine" by Jen McLaughlin

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Kandi Iberger
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Belknap County 4H Fair offers fun for the whole family this weekend

BELMONT — A perfect family activity with wholesome, safe and affordable family fun is a day at the Belknap County 4-H Fair. The Fair in Belmont is the biggest little agricultural fair in New Hampshire! Come enjoy all the traditional fair events but at a location that is easy to find and just the right size. Plan on spending some time on Saturday and Sunday, Aug. 13 and 14.

The Fair begins Saturday morning at 9 a.m., and will run through Sunday at 5 p.m. Kids under ten will be admitted for free, and adults and children older than 10 pay admission of \$7 for a visit packed with fun and entertainment. Active Military and Veterans with ID are also free!

The Belknap County 4H Fair has been providing fairgoers with great animal exhibits like ox pulls, draft horse demonstrations, and 4H youth animal

displays. Our historic Colonial Barn is chock full of the craft and educational projects done by area youth with the 4H program.

Come see demonstrations of old time engines, a blacksmith, and yarn spinning. There is also an amazing wild life exhibit of preserved animals of the wild...like fisher cats, coyotes, beavers, and raccoons. Something for Everyone!

Our entertainment stage on Saturday has ongoing musical entertainment with performances by The Rockin' Daddios 10 a.m. and noon, The Funky Divas at 2 and 3:30 p.m., and Joel Cage at 5 p.m. On Sunday will be Studio Two at 10 and 11 a.m. (a Beatles Tribute), The Bittersweet Band at 1 and 2:30 p.m., and Ed the Wizard throughout the day. The entertainment is worth the admission price alone.

Kids and those young at heart will love the animals, games, and



COURTESY

A perfect family activity with wholesome, safe and affordable family fun is a day at the Belknap County 4-H Fair. Come enjoy all the traditional fair events but at a location that is easy to find and just the right size. Plan on spending some time on Saturday and Sunday, Aug. 13 and 14.

exhibits. And what little one doesn't love a pony ride? On Saturday is the exciting garden tractor pull and on

Sunday the motor "doodlebugs." Be amazed to watch the old time engines demonstrate how things were done in

the "old days". Both Saturday and Sunday feature traditional free kid's games like bubble gum blowing, pie eating contests, jello eating and water balloon throwing.

Come browse the exhibits, crafts and entertainment, check out the pulls and all those delicious traditional fair foods at the Belknap County 4H fair Saturday and Sunday August 13th and 14th. Italian Sausage subs, fries, onion rings, ice cream, fried dough, and great grilling items will tantalize your taste buds.

For additional information and ex-

act schedule, visit the Fair Web site at www.bc4Hfair.org and plan on becoming part of the 73rd annual Belknap County Fair--where memories are made and fun is a tradition.

The fairgrounds are centrally located in the beautiful Lakes Region just a short 20 miles north of Concord. Take 106, to just south of the Laconia/Belmont line and follow the signs to the Belknap County 4H Fair! For those of you coming Interstate 93 get off at exit 20 (where the great outlet mall is) and take Route 140 to Route 106 and turn left towards Laconia.

GILFORD PARKS AND RECREATION NEWS

BY HERB GREENE

Director
Gilford Parks and Recreation

Old Home Day Committee accepting parade applications

The Gilford Old Home Day Committee is currently accepting Parade Applications for the Old Home Day Parade to be held on Aug. 27. These forms are available at both Bank of NH locations in Gilford, Meredith Village Savings Bank Gilford Branch, Franklin Savings Bank Gilford Branch, the Gilford Library, the Gilford Town Hall, the Gilford Recreation Department Office and on the Parks and Recreation Web site at www.gilfordrec.com.

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Youth Soccer registration deadline is Aug. 19!

The Gilford Parks and Recreation Department will be accepting Youth Soccer registrations through the registration deadline of Friday, Aug. 19! The youth soccer program is open to all Gilford students entering grades K-5 this fall. After August 8th the registration fee increases to \$35. Any registrations submitted after the Aug.19 deadline will be accepted on an availability basis only.

For more information, please contact the Gilford

Parks and Recreation Department at 527-4722.

Gilford Old Home Day, Saturday, Aug. 27!

The annual Gilford Old Home Day celebration will be held on Saturday, Aug. 27. This year's theme is "Cruisin' the Lakes Region!". The festivities include; the Annual Parade at 10 a.m. (featuring bands and many traditional floats), Police K-9 demonstration, musical entertainers including the "Matt Langley and Jon Lorentz" and the "King Chrome Band," children's en-

tertainer "Judy Pancoast," Community Band Concert, games for all ages, crafts, live music, great food, outstanding fireworks and a dance to wrap things up! The majority of activities take place at the Gilford Village Field. Parade applications are still being accepted and can be found at the Gilford Town Hall and on the Parks and Recreation Web site at www.gilfordrec.com.

For more information, please contact the Gilford Parks and Recreation office at 527-4722.

POLICE LOG

(Continued from Page A2)

on Aug. 6 on two counts of Possession of Controlled/Narcotic Drugs.

Christopher Patrick Stanton, age 20, of Wilton, Conn. Was arrested on Aug. 6 for Unlawful Possession of Alcohol.

Christian J. Favazza, age 24, of Gloucester, Mass. was arrested on Aug. 6 on two counts of Possession of Controlled/Narcotic Drugs.

A 23-year-old male was taken into protective custody for intoxication on Aug. 6.

A 23-year-old male was taken into protective custody for intoxication on Aug. 6.

Jacob I. Rosenberg, age 20, of W. Newton was arrested on Aug. 6 for Unlawful Possession of Alcohol.

A 34-year-old male was taken into protective custody for intoxication on Aug. 6.

Trevor N. Quest, age 19, of Putney, Vt. was arrested on Aug. 6 for Possession of Controlled/Narcotic Drugs.

Courtney V. Jerin, age 18, of Southwick, Mass. was arrested on Aug. 6 for Unlawful Possession of Alcohol.

A 22-year-old male was taken into protective custody for intoxication on Aug. 6.

Two males, both age 25, and a 27-year-old female were taken into

protective custody for intoxication on Aug. 6.

Rachel A. Rivers, age 46, of Gilford was arrested on Aug. 6 for Driving While Intoxicated and Default or Breach of Bail Conditions.

A 26-year-old male was taken into protective custody for intoxication on Aug. 6.

A 24-year-old male was taken into protective custody for intoxication on Aug. 6.

Two males, both 24, were taken into protective custody for intoxication on Aug. 7.

A 22-year-old male was taken into protective custody for intoxication on Aug. 7.

Michael Thomas, age 21, of Belmont was arrested on Aug. 8 in connection with an outstanding bench warrant.

Justin Thomas Brunelle, age 30, of Gilford was arrested on Aug. 8 in connection with an outstanding bench warrant.

Town of New Durham Invitation to Bid 2016 Paving Projects

The Town of New Durham Highway Department is requesting bid proposals for the following 2016 Paving Projects to be completed by October 31, 2016. Bid packets may be viewed from the Town's website at www.newdurhamnh.us or picked up at the Town Hall at 4 Main Street or the Highway Garage located at 56 Tash Road. Questions can be answered by contact the Public Works Director Mike Gingras at (603) 859-8000 or by emailing mgingras@newdurhamnh.us. All qualified bidders are encouraged to attend a project review and on site meeting scheduled for Monday August 8, 2016 beginning at 9:30AM at the Town Hall 4 Main Street, New Durham. All proposals must be submitted in a sealed envelope, clearly labeled "Town of New Durham 2016 Paving Projects Bid", and received in the Town Hall 4 Main Street, PO Box 207, New Durham NH 03855, at or before 2PM, Thursday, August 11, 2016. Bids will be opened and publicly read at the Town Hall, 4 Main Street at 2:00PM. The Town of New Durham reserves the right to accept, reject, modify or negotiate any and/or all proposals or any portion thereof in the best interest of the Town of New Durham.

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Qualified candidates please contact the SAU office at 603-527-9215 for an application and additional information

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Pet of the Week: Killian



Cats are not disposable but all too often at New Hampshire Humane Society, we witness the results of a thrown away companion, lost in the shuffle of human lives upended.

Killian was abandoned with six others, rescued by Animal Control and transported to our shelter in April of this year.

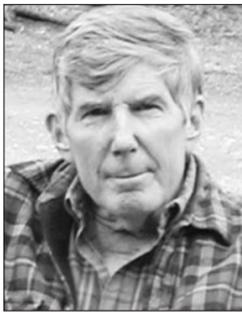
Handsomely rugged, stocky and self-assured, don't let his tough guy demeanor fool you. His wizened furry face tells you, if you listen, that life hasn't treated him well, crunched down ears from outdoor living is proof Killian has

experienced much in his four plus years.

He is a love actually, very willing to bask in a sunny spot, rather than being outdoors. Cuddling with people who can see what a sweetheart he is really is all he wishes for these days. Not terribly fond of dogs, perhaps he's had some bad experiences, he deserves to be king, in his own kingdom, spoiled and cosseted forever. Join us at Church Landing Meredith, August 11 at the Paws For a Cause Auction. To view a selection of items available and to purchase your tickets go to www.nhhumane.org or call 524-3252.

NORTH COUNTRY NOTEBOOK

They call this far-flung place Boundary Pond for good reason



By JOHN HARRIGAN
COLUMNIST

It was a good day for a trip into Boundary Pond--not a good day for fishing, because the sun was high and hot, but a good day to travel and to think about nothing in particular and many things in general. So my camp partner Shyne and I hit the road.

I live in Colebrook, considered by many people to be near the end of the road, in fact well beyond it.

But Pittsburg, the largest township in acreage east of the Mississippi, is 20 minutes north of me via Route 145, one of my favorite roads anywhere, and Boundary Pond is



JOHN HARRIGAN

At Boundary Pond the sky's the limit, and if you wonder what's just beyond the northern shore, it's Canada.

a good hour north of that--shorter by air-miles, to be sure, but much longer in time because the road's horrendous condi-

tion keeps a truck to a crawl, unless you want to bash up a big piece of very expensive machinery.

This is not to com-

plain in the least. You are on old logging roads here, with no grading for a very long time and badly

SEE NOTEBOOK PAGE A13

FROM OUR READERS

David DeVoy owes me an apology for unfounded accusations

To the Editor:

While on vacation with my family in Maine, I have learned that the current Belknap County commissioner from District 1 has stated that there is a Burchell/Smolin campaign, and that this campaign is responsible in some way for "a new low in Belknap politics."

I wonder why Mr. DeVoy, whom I have never met, believes that he can attack me with no evidence to substantiate his statements. The people of Belknap County have every right to expect a higher level of conduct from a county commissioner. My campaign chair is my wife, and neither she nor I have done anything like what Mr. DeVoy suggests. I support Commissioner Burchell's campaign for reelection, and am pleased to know that he supports me. However, our campaigns are not linked.

There is evidence that Mr. DeVoy is linked to the campaign of Dick Burchell's opponent, however, as he has publicly stated this. When I tried to reserve advertising space for Sept. 10 in advance of the Sept. 13 primary, I learned that Mr. DeVoy had reserved the space which I sought. Since Mr. DeVoy was elected to a four year term, the obvious conclusion is that the space he reserved is for my opponent and/or Dick Burchell's opponent. For Mr. DeVoy to seek a unified board is his privilege, but I do not think that a majority of county residents will consider that to be prudent.

The statements of the commissioner from District 1 bear no relationship to the truth. He owes me an apology.

Jonathan Smolin
Alton

Please consider me for the District 2 County Commission seat

To the Editor:

To the residents of Barnstead, Belmont, Gilman-ton, and Tilton: My name is Glen Waring, and I request your vote in the Republican primary on Sept. 13 for the District 2 Belknap County Commissioner seat.

I grew up in Goffstown, and have lived in New Hampshire all of my life. Currently, I reside in Gilman-ton, with my wife and two teenage sons. After graduating from Goffstown High school, I attended New Hampshire College (now Southern New Hampshire University) earning a Bachelor of Science degree in Business Administration/Accounting.

After college, I began my career as a finance professional at AutoSev in Tilton, and also began living in Belknap County. I spent the next 20 years working as a senior level Finance Officer in the automotive industry for a handful of dealerships, large multi-franchise and location stores, as well as smaller operations. In 2011 is when I took my experience and knowledge from the private over to the public sector, and became Belknap County's first Finance Director. It was there that I was exposed to and developed an expertise in municipal fund accounting, which is necessary for the proper administration of any municipal or county entity in New

Hampshire. Throughout my nearly 25 years of professional finance experience, I have shown the ability to create, analyze, and manage budgets in excess of \$30 million. I am what you would expect in a "bean counter" – high attention to detail, cost conscious, fiscally conservative and bottom line oriented. I understand current obligations, requirements, and also can use financial tools to predict future revenues and expenses to plan accordingly. In addition, I also have a proven record of achievement with a keen ability to build and direct teams through strong leadership, effective management, motivation, and staff development.

I would like to emphasize my ability to be able work collaboratively with all relative individuals in an effort to maximize efficiencies, and I look forward to being able to work with the other County Commissioners to continue to find savings and keep our taxes low. One of my individual goals for Belknap County, should I be elected, is to not only maintain the current level of fiscal responsibility, but too also set forth a path to long-term fiscal responsibility through long range budgeting and forecasting.

For those that may not be aware, the primary responsibilities of the County Commissioners (Governing Body) is to formulate and recommend an annual county budget to the County Delegation (Legislative Body); manage the county budget after it is passed by the County Delegation; authorize all expenditures and direct them to be paid by the County Treasurer; and to set, review and govern all County policies.

It is due to my 25 years of professional experience, along with being a Belknap County resident for nearly a quarter of a century, that makes me uniquely qualified for the position of County Commissioner.

Thank you for taking the time to read, and again I ask for your vote at the Republican primary on Sept. 13. Please send me an email at gwaring.bcnh@gmail.com should you have any questions or would like to reach me.

Glen Waring
Gilman-ton

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Pitman's welcomes the Bel Aires for Dance Night

LACONIA — Pitman's Freight Room at 94 New Salem St. in Laconia is pleased to announce the following events for this weekend:

Friday, Aug. 12, 8 p.m., \$15: Dance Night with the Bel Aires

The Bel Aires perform Doo Wop and '50's-'60's Vintage Rock 'N' Roll, with elegant five part harmonies and stereophonic instrumental arrangements. Their music takes you on a romantic journey back to classic cars, sweet sixteen girls wearing saddle shoes, bobby socks and poodle skirts.

Their five members are Gabe Cohen, Dick Kruppa, Randy Filliger, Denise Filliger and Denise Therrien. Special Guest & Founding Member Trisha Sweeney.

Doors open at 7 p.m. and we are a BYO Venue. For reservations, call 527-0043

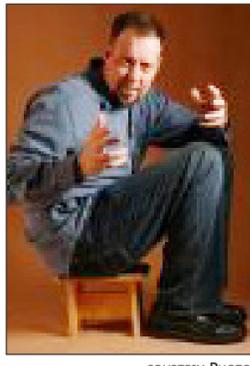


The Bel Aires

Saturday, Aug. 13, 9 p.m., \$15: Live Comedy featuring Jim McHue, Mike Koutrobris and Andrea Henry

Jimmy McCue has earned the title "Boston's King of Crowd Work!" It's not only his height of six foot six that makes Jim stand head and shoulders above club comedians of the "stick-to-the-script" variety. Jim blends thought-provoking material and uncanny improv skills with

a style that encourages audience participation. No two shows are ever the same! He has been featured on Comedy Central, Comcast Comedy Spotlight, NBC's "Last Comic Standing," and "Roughing It" on NESN in his native New England. Jim also founded and currently runs The Boston Comedy Festival. He works in top comedy clubs in Boston, Las Vegas, New York, Dublin, Montreal and Edin-



Jim McHue

burgh. Since 1999 Jim has also entertained U.S. troops at more than 100 bases around the world. An account of his experiences performing for the troops has recently been published in Embedded Comedian which Jim describes as a "field manual for comedians in a war zone." With his unique act, Jim keeps the audience on its toes. Volleing between set material and working the crowd, Jim cracks jokes with

amazing timing and whip-like precision. A unique blend that is sure to leave the audience roaring with laughter!

More than 20 years ago in Boston, Mike Koutrobris began what would become an outstanding comedy career. Mike's witty and sarcastic commentary has brought him to clubs, colleges and corporations throughout North America; appearing alongside some of the top headliners in the world. Prior to becoming a full-fledged comedian, Mike was an accomplished rock musician, ringing brothers trained clown, MMA ring announcer and one of New England's most

popular wedding DJ's. Mike Koutrobris has also appeared in various motion pictures such as 'The Equalizer' with Denzel Washington, and 'Grown-Ups' with Adam Sandler.

Andrea Henry is an up-and-coming comic in the Boston area. Her clean and self-deprecating wit makes her a hit with all audiences. She can be seen at shows and festivals throughout New England. Andrea would like to thank her Greek-American family for all the comedic inspiration.

Doors open at 7:00pm and we are a BYO Venue. For reservations, call 527-0043.

See a young Joan Crawford in "Rain" this weekend on LRPA

LACONIA—Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (August 12 & 13) for our "LRPA After Dark" presentation of 1932's melodrama "Rain," starring Joan Crawford and Walter Huston.

"Rain" opens in idyllic Pago Pago, located on the Pacific island of Tutuila. Life goes on there as it always has. One day, a boat arrives with various passengers, including the puritanical and moralistic missionaries Alfred and Martha Davidson (Huston and Beulah Bondi), as well as Sadie Thompson (Crawford), a "woman of ill repute" who has traveled from Honolulu looking for adventure and good times. A suspected cholera outbreak forces the passengers to remain quarantined ashore. There's only one cramped hotel on Pago Pago, so all of the ship's passengers must stay there together. One of the shipmates introduces Sadie to some Marines stationed on the island, and they welcome her with open arms. Sadie has brought along her Victrola and plays jazz day and night, dancing and carrying on with the Marines, one in particular who begins to fall in love with her. The nonstop festivities are more than the Davidsons can stand. Alfred intervenes, attempting to convert Sadie and save her mortal soul from eternal damnation. At first, he is unsuccessful, and conflict ensues. Will Sadie change her wicked ways? And what happens to the lives of those around her if she does?

"Rain" was both a critical and box office flop in its day. Crawford took the role hoping that it would prove her acting skills, but it seemed that no one wanted to see her cast against type. At that early point in her career, Crawford played women who were honest, virtuous and hard-working.

She herself later wrote about this role, "I hope they burn every print that's in existence!"

But eight decades later, critics and fans agree that the film and its performances are quite powerful, particularly for their time. "Rain" was an adaptation of a play by W. Somerset Maugham. It was first performed by in London and then later on Broadway and created quite the scandal in its day. The story was made into two other films: 1928's silent "Sadie Thompson," with Gloria Swanson and Lionel Barrymore, and 1953's highly sanitized "Miss Sadie Thompson," with Rita Hayworth and José Ferrer. The 1932 version is the closest to Maugham's play, and the one that was made during that brief period of time known as Hollywood's "Pre-Code" years, between 1929 (the advent of talking pictures) and 1934 (the strict enforcement of the Motion Picture Production Code). "Rain" has a frank sensuality that is lacking in the other adaptations, and portrays Sadie Thompson as exactly what she was: a prostitute with an unsavory past. So is "Rain" a gem or a flop? You be the judge! Grab your popcorn and meet us after dark for this tropical Pre-Code drama.

You can't find television like this it any-

where but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000

viewers in our member towns and cities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression,

promotes a well-informed public through governmental transparency, and unites our communities through the power of media and technology.

LRPA's slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

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Lori Ann Cate, 58

LACONIA — Lori Ann (Theberge) Cate, 58, of Laconia, passed away on Friday, July 22, 2016 at the Glenclyff Home after a battle with Alzheimer's.

Lori was born on April 2, 1958 in Laconia, the daughter of Marcel and Marjorie (French) Theberge. She was a Registered Nurse at the Laconia Clinic for many years.

Lori loved to garden in the sun, read, and spend time with her daughters and grandchildren. She can be best remembered as a loving mom, kind-hearted friend and a selfless spouse. She always had time to lend a listening ear and a warm smile to anyone in need. She was also a serious cat lover, much like her daughters.

Lori is survived



by three daughters, Kayleigh Ash and husband Daniel Ash of Laconia, Amelia Cate of South Carolina and Krystine Young of Belmont; four grandchildren (Mariah Ash, Leyla Wilson, Kali Wilson, and Jackson Hollins); a brother and sister in law, Michael and Joann Theberge; a brother in law, William Lee; and a nephew, Macky Lee and a niece, Carrie Lee Smith.

She was predeceased

by her parents and sister, Cathy Lee.

Memorial services will be held at Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, in September, 2016; date and time will be published.

For those who wish, the family suggests that memorial donations may be made to Wilkinson-Beane, Inc., PO Box 67, Laconia, NH 03247 to help cover end of life expenses.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Patient recalls the long road to success at Golden View's The Retreat

MEREDITH — When Gilford resident "M" first came to Golden View's post-hospital rehabilitation center, The Retreat, after a two-week hospital stay, things didn't look promising.

"I was so sick in the beginning, people didn't think I'd make it," M said.

Upon her admission in late May, M was almost completely unrecognizable. The once active woman who used to walk 10 miles a day and drive her granddaughters to sports, band, and chorus practice every afternoon was now unable to walk without help. What's worse, shortly after coming to The Retreat, she had to go back to the hospital for another two weeks before continuing her rehab at Golden View.

To M—who had been enjoying her usual cold-weather workout on the treadmill the day before first ending up in the hospital—having to rely on others

for everyday tasks was hard to adjust to. Fortunately, she said, the staff at Golden View understood her frustration and helped her work through it. Now, two months later, she's ready to return home.

"I received excellent care," M said. "The staff really listened and went above and beyond what they had to. They were patient, kind, and thorough, and they worked together well. You could tell that they all had genuine concern and wanted to help you get better."

According to M, The Retreat's healing ability went beyond the staff—it also came from the building's atmosphere.

"It's so peaceful, restful, and beautiful no matter where you come in," she said. "The atmosphere is very soft and there's never a feeling of disruption because everything is handled well. It's so stress-free here, which I think really

helps everyone from guests to staff."

Throughout her stay, M built a camaraderie with other Retreat guests and staff.

"Rehab can be a very impersonal thing if you let it, but not here," she said. "I really lucked out coming here. The Retreat is so unlike what most people think rehab is. I'd absolutely recommend it to anyone."

As much as she enjoyed her stay at The Retreat, M said she can't wait to be home and go back to her normal routine of walking, traveling, baking, cooking, and spending time with her family.

Golden View Health Care Center has been serving seniors of the Lakes Region and beyond since 1974, and offers assisted living, short stay rehabilitation, traditional long-term care, and respite care. To book your rehab stay or learn more about Golden View, please call 279-8111 or visit GoldenView.org.

Kenneth S. "Steven" Richardson, Jr., 57

GILFORD — Kenneth S. "Steven" Richardson Jr., 57, of Gilford, died Friday, July 29, 2016 at Elliot Hospital in Manchester after a long illness.

He was born on May 26, 1959 in Quincy, Mass., the son of Kenneth S., Sr. and Jean (Kerrigan) Richardson. Before his illness, Steven worked as a Database Manager for Fidelity. He was a member of Gilford Rotary and a member of the Gilford Community Church. Steven enjoyed woodworking and was known as an excellent cook. He also enjoyed spending summers at Lake Shore Park in Gilford.

He is survived by his son, Alex Steven Richardson of Concord; his moth-



er, Jean M. McCaffery of Gilford; his three sisters, Cinde Warmington of Concord, Cheryl Davis of Centerville, Mass. and Jill Richardson of Plymouth, Mass.; four nieces and three nephews.

In addition to his father, he was predeceased by his wife of 16 years, Heather (Jenkins) Richardson, in 2015.

A Celebration of Life will be held at 11 a.m. on

Saturday, Aug. 13, 2016 at the Gilford Community Church, 19 Potter Hill Rd., Gilford, with burial to follow at the Raymond C. Wixon Memorial Garden, Gilford.

In lieu of flowers and in honor of Steven, the family requests friends to wake up to watch the sun rise, bring a smile to a loved one's face, help a neighbor in need and skip a rock across the lake.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Wesley Woods hosting program on talking with your doctor

Wesley Woods welcomes Carolyn Muller, Community Health Improvement Specialist at LRG-Healthcare, for "Talk with Your Doctor" on

Thursday Aug. 18 at 10 a.m.

"Talking with Your Doctor" is a presentation created by the National Institute on Health. During the presentation you will learn how to:

- Get ready for a doctor's visit
- Have a successful conversation about your health concerns
- Make decisions together with your doctor

A good patient-doctor relationship is a partnership. You and your doctor can work as a team, along with nurses, physician assistants, pharmacists, and other healthcare providers, to solve your medical problems and keep you healthy.

This means asking questions if the doc-

tor's explanations or instructions are unclear, bringing up problems even if the doctor doesn't ask, and letting the doctor know if you have concerns about a particular treatment or change in your daily life. Taking an active role in your health care puts the responsibility for good communication on both you and your doctor.

The Wesley Woods Community Room is located in the First United Methodist Church off Route 11A in Gilford. Our door is the last on the left behind the church.

Refreshments will be served; for more information or to RSVP, please contact Stace at 528-2555 or sdhendricks@wesleywoods-nh.org.

2016 Salmon Press

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School officials to look closer at language program

BY ERIN PLUMMER
eplummer@salmonpress.com

The Gilford School Board is discussing options to expand world language education at the elementary and middle school level.

On Monday, the board discussed a number of different goals for the board and the district during its meeting. One of the goals the board is examining is expanding the world language program and multicultural learning at Gilford Elementary School and Middle School.

During the last budget discussions, a resident moved to put money in the budget for a number of items including a world language teacher, though the budget was defeated by voters.

The school board discussed different options to bring world languages to the school.

Superintendent Kirk Beitler asked the board if this was something it wanted to pursue as it looks at its goals, especially as the district goes into budget discussions.

Board member Gretchen Gandini said at least one parent will approach her every month asking if the topic is going to come back up.

Languages are offered in eighth grade. Beitler said if a program was implemented at the elementary school, there would be a three-year gap before it would be offered again.

"We need to think about that also, that gap seems to be large," Beitler said.

Board member Chris McDonough asked about the Middlebury Program, an online learning tool. Beitler said he did not know a lot about the program and said he didn't know how much of this learning could be accomplished online, especially for young children.

Gilmanon does world

languages offered from first through eighth grade.

"(It) might be nice to learn how Gilmanon does it," Gandini said. "They've certainly been doing it for many years. How do they fit it into their day to day curriculum?"

McDonough suggested researching how this is done in other area schools, including Gilmanon.

McDonough also echoed Beitler's concerns on the potential three-year gap between an elementary school and middle school program. McDonough suggested looking at eighth grade and moving backwards to see how they could implement this in seventh grade and possibly further back.

Gilmanon School Board member Frank Weeks said students around kindergarten will start with one to two lessons a week and by eighth grade students have languages five days a week. Parents can opt out of having their children take part in the program and some do.

The students who do take the program can get credit for language by the time they go to the high school. Weeks said some of the eighth graders at the Gilmanon School will do better in Spanish than a lot of eighth graders at GMS because they have been studying the language for seven years.

Parent Ryan Fogg spoke in support of expanding the world language program, talking

about his experience working as an electrician for a Dutch company and working with people who speak predominantly Spanish or French. He encouraged the district to find a way to promote world languages from the elementary school level.

"The corporate world is always going to be getting more global," Fogg said.

The board's list of goals will be discussed again at the next meeting.



COURTESY

Sportsmen's Association presents scholarships

Belknap County Sportsmen's Association board member Herb Ainsworth presents Caty Jansury from Gilmanon with a scholarship check for \$500. Other recipients not available for the photo were Ethan Rice from Gilmanon, Vanessa Russell from Litchfield, and Alex Cote from Pembroke. BCSA awards four scholarships annually to students who are furthering their education in the field of Environmental Sciences. Since the inception of this award program over \$30,000 has been distributed by the BCSA.

LRCC student wins \$1,000 ACDelco Scholarship

LACONIA —Lakes Region Community College congratulates Samuel Ouellette on being the recipient of a \$1,000 ACDelco Scholarship.

Ouellette is a General Motors Automotive Service Educational Program (GM ASEP) student sponsored by Valley Motors in Frenchville, Maine. He was awarded the scholarship for filming, starting in and editing a video documenting why he wants to be a GM ASEP automotive technician and why he uses genuine ACDelco parts in all his repairs.

In his submission video, Ouellette described his passion for automobiles and the reasons why the GM ASEP's unique curriculum combining classroom and real-world dealership experiences was a great fit for him. For Ouellette, the program has provided a

"positive and productive" learning environment where he has worked on actual customer vehicles dealing with real-life customer concerns. Ouellette is a first-round winner and, thus far, the only Lakes Region Community College student to receive an award.

ACDelco is marking its 100th anniversary this year by offering one hundred \$1,000 scholarships to students in GM ASEP programs. GM ASEP Coordinator and LRCC Professor, Jamie Decato, has been encouraging his students

to apply and was pleased to learn that one of the first recipients was an LRCC student. ACDelco is still awarding scholarships and the final announcements will be made through Aug. 16. Congratulations, Sam! For more information on the GM ASEP Program, visit www.lrcc.edu/academics/asep.

About LRCC

Lakes Region Community College is a fully accredited, comprehensive community college located in the Lakes Region of New Hampshire that serves over

1,200 students annually. LRCC offers 28 associate degree programs including Nursing, Fire Technology, Business, Media Arts, Culinary Arts, Automotive, and Marine Technology, as well as short-term certificate programs. In addition, LRCC provides a strong background in Liberal Arts for students who choose to do their first two years at a community college and then transfer to a four-year college or university for a baccalaureate degree. LRCC is part of the Community College System of New Hampshire.

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MARK ON THE MARKETS

Risk and you



BY MARK PATTERSON

Any financial advisor, broker or investment advisor will typically try to assess the amount of risk that their client is willing to accept. There are a variety of methods and questionnaires used to attempt to accomplish the risk assessment as accurately as possible. Over time, I have found that what the client tells me in the calm of my office and how they feel during difficult markets can be very different. The typical negative reaction is two a half times greater in a bad or declining market than client's feelings in good, or up market. Current research states that up to 80 percent of people that have investment accounts carry far more risk than their true risk tolerance levels.

Ever since March 9, 2009, the fear levels of investors have been very low which drives complacency. The benchmark S&P

500 index is used to determine "BETA" in a stock, mutual fund or exchange traded fund that primarily hold stocks. If a stock or fund has a number higher than one, it is more volatile than the benchmark S&P 500 index. If the number is lower than one it is less volatile, simple as that. Advisors like myself that designed portfolios typically using stocks, ETF's, bonds and options will try to match the objectives of the portfolio with the client's risk tolerance and needs. One of the most common curiosities that I see the portfolio, typically of mutual funds, is that a client needing income from their investments is in an accumulation vehicle such as a growth stock mutual fund.

There are all kinds of risk involved with investing money. Market risk, credit risk, liquidity risk, interest rate risk and the risk that is really not discussed as much as it should be which is sequence of returns risk. Sequence of returns risk is critical for those approaching retirement. Market performance is key when you start subtracting assets as income from those assets if they are not de-

signed for sustainability. What used to be the 4 percent rule, in other words taking out 4 percent of your assets per year to live on has now become the 1.6 percent rule partly because of the low interest rate environment.

As stated earlier, most people carry much more investment risk than they were

aware of. Finding that true risk tolerance and matching it up to a portfolio that fits the needs of the client's is paramount. But you as the client also must realize that if you have your advisor set up your portfolio for limited risk, that will typically come with limited growth conversely a lot of potential growth may

come with a lot of risk. For an honest and maybe enlightening risk assessment go to my website, www.MHP-asset.com, go to tools and then risk analysis. The software "Riskalyze" will give you a risk number between one and 99, one being the least amount of risk that you're willing to accept, 99 being the

most. It asks about real dollar numbers versus percentages. You may be surprised what your true risk tolerance is versus how you are invested.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

12th Annual LRTA Golf Tournament funds hospitality scholarships and tourism

LACONIA — The Lakes Region Tourism Association (LRTA) held their 12 Annual Hospitality Golf Tournament presented by Vantiv on Thursday, July 28 at Lochmere Golf and Country Club. The Lakes Region Tourism Association is the official tourism board of the region, and represents close to 100 communities, 273 lakes and ponds, and more than 400 businesses in central New Hampshire, including area attractions, restaurants, retail establishments and accommodations. The winners of the annual tournament were as follows: 1st place-Waste Management; 2nd place-Gunstock

Mountain Resort; 3rd place-Windham Group. The tournament was successful thanks to the many sponsors that contributed to the event.

The Presenting Sponsor: Vantiv Signature Sponsors: New Hampshire Employers Insurance Company and The Lawson Group.

Hole-in-One, Birdie & Tee Sponsors included:

Waste Management; Web Smart Advisors; Tylergraphics; Rowley Agency; T-BONES and Cactus Jack's; Irving Oil; Gunstock Mountain Resort; Globe Direct; Windham Group; Clark Insurance; Maxfield Real Estate; Patrick's Pub & Eatery; Laconia Harley Davidson; Steve Geer CPA; Meredith Village Savings Bank; Franklin Savings Bank; Mill Falls at the Lake, Laconia Daily Sun and LTD Company.

Hole-in-One prize: Two year car lease courtesy of IRWIN Au-

tomotive Group

The Annual tournament raises money for the three LRTA's scholarships that are awarded to students each year- Mildred Beach, Ron Meade "On the Track to Tourism" and the Mel Borrin Scholarships. These scholarships show area youth how important and rewarding careers in hospitality and tourism are in the Lakes Region of New Hampshire.

The tournament also raises money to allow the LRTA to market and promote the area and bring new travelers to the region. "Money raised from this event allows us to extend our marketing and test new geographic regions each year. We have already seen positive results with increased inquiries and overnight stays coming from our test markets this year, which include Philadelphia and Baltimore," states Amy Landers, the Executive Director of the

Association.

"We are also able to push our marketing dollars to markets farther away than in previous years to generate visitors who will stay longer; spend more money and not cancel due to upcoming weather reports," Landers explained.

The LRTA promotes the Lakes Region throughout the year with targeting advertising, daily posts to their more than 25,450 Facebook fans and well as a responsive website that features in-depth membership information and easy access to free tourism maps and guides as well as suggested itineraries.

For membership information or visitors' guides, visit LakesRegion.org, facebook.com/NHLakesRegion or follow on Twitter. For more information about New Hampshire, go to www.visitnh.gov. The LRTA office is on Route 3 in Tilton, and can be reached by calling 286-8008.

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Business community support is growing for NH Pumpkin Festival

LACONIA — The Lakes Region Chamber of Commerce is grateful for the growing support of the business community joining in to help plan and promote the 2016 New Hampshire Pumpkin Festival. Oct. 22 is not that far away, and planning is what is critical to make this year's festival a success.

"Cross Insurance is thrilled to support such an exciting event that brings thousands of visitors to the Lakes Region and our downtown. We love the way the downtown is picking up steam and are honored to be a part of Laconia's revitalization!" promotes Randy Eifert, of Cross Insurance in Laconia.

Larry Frates, of Frates Creates, was responsible for creating all the children's activities that took place last year on PumpCANALLY.

This year, Frates Creates will shine on Pun-kin CROSSing going from Main Street in front of the Soda Shoppe toward the Belknap Mill. There will be magic, storytelling, games like donuts on a string, a children's block party, fun with puns and of course pumpkins!

AutoServ of Tilton will be welcoming festival attendees at the Main Street Welcome Center. The Gaudet family and AutoServ of Tilton are well known for their commitment and dedication to the community.

"It takes a whole community to put on a festival of this magnitude," states Karmen Gifford, President of the Lakes Region Chamber



New Hampshire Pumpkin Festival Mascot "Jack" stopped in at AutoServ to talk pumpkins and orange cars with Paul Gaudet Jr.; Chelsey, Carolyn & Dennis Gaudet, along with Karmen Gifford and Warren Bailey from the Lakes Region Chamber.

of Commerce. "We welcome volunteers. We have some fun projects in the works for September and October and would welcome those that wish to help."

If you are a business and would like to get involved, consider a sponsorship. The 34' tower of pumpkins will be returning in a new more featured location this year. All the lights that illuminate the pumpkins on the tower will need to be replaced. If you are interested in sponsoring the new lighting, please contact Karmen Gifford at 524-5531 or kgifford@LakesRegionChamber.org.

Plans grow like pumpkins. For the most up-to-date information about NH Pumpkin Festival, go to NHPumpkinFestival.com. Follow the festival on Facebook, Instagram and Twitter.

125 Bank of New Hampshire customers set sail on the Thomas E. Lannon Schooner!

GLOUCESTER, Mass. — Bank of New Hampshire recently hosted three separate sailings on the Thomas E. Lannon schooner for 125 Prestige Plus members and guests. This magnificent 65 foot fishing vessel is berthed at historic Seven Seas Wharf in Gloucester, Mass.



COURTESY PHOTO

Built in 1997 in Essex, Mass., The Thomas E. Lannon is a beautiful fishing schooner crafted exactly like the fishing schooners built hundreds of years ago. The sunny weather on each day provided a perfect backdrop for a relaxing sail. Many Prestige Plus members participated in hoisting the sails as the schooner sailed out of Gloucester harbor.

The day was complete with Prestige Plus members enjoying a traditional New England Lobster bake which in-

cluded storytelling and "How to Eat a Lobster" by award winning storyteller Lenny Linquata.

To learn more about Bank of New Hampshire's Prestige Plus program, visit BankNH.com or contact Valerie Drouin, SVP - Prestige Plus Manager at 527-3207 or DrouinV@banknh.com.

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Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

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St. John's on the Lake welcomes Dr. David Teague to this Sunday's service

GILFORD/MEREDITH — On Sunday, Aug. 14, St. John's-on-the-Lake welcomes Dr. David Teague. During his ministry of more than 45 years, Dr. Teague has been a missionary in the Middle East, a pastor, a hospital chaplain and a seminary lecturer. He is the author of "Understand the Bible: The Biblical Metanarrative Approach."

A graduate of Gordon-Conwell Theological Seminary, he has taught for fifteen years at their Boston campus. He and his wife, Sally, currently live in Haverhill, Mass.

The sermon is titled "Jeffrey the Cat, of the Tribe of Tiger." The Scripture is Psalm 148.

St. John's is a picturesque church, built in 1927 of native stone. A wooden tower surrounds a structure

that was originally a private lookout tower. The birch altar and the stained glass windows add to its charm.

St. John's is an ecumenical chapel whose mission is to serve the summer residents of the island area. Services are held each summer Sunday at 10:00 AM. It is located on the highest point of Bear Island, Lake Winnepesaukee, and it can be reached by a short walk from the church docks in Church Cove (Deep Cove) on the west side of Bear Island, as well as by other marked paths. Sturdy shoes are recommended. All are welcome, as are well-behaved dogs on a leash. Regardless of what your religious affiliation at home may be, we hope that you will join each Sunday with us at this community center of worship. For more information, check the Web site www.stjohnsonthelake.com



COURTESY

Moving lives forward

Members of the Chocorua Lodge #51 present a donation to support the efforts of the Belknap House, a cold weather shelter for homeless Belknap County families with children, opening in October. Standing left to right: Don House- Belknap House Vice-President, Earl Tatham- Past Noble Grand of the Chocorua Lodge, George B. Roberts, Jr.- Noble Grand of the Chocorua Lodge, Colleen Garrity- Belknap House President, Chris Zachowski- Secretary of the Chocorua Lodge, Alfred Columb- Belknap House Treasurer, Pat Tierney- Warden of the Chocorua Lodge, and Arthur Perron- Vice Grand of the Chocorua Lodge and Chairman of the charitable donations committee. The Chocorua Lodge #51 is a non-profit, social and charitable organization of men and women who are part of the Independent Order of Odd Fellows. They are organized for the purpose of giving aid to those in need and pursuing projects for all mankind. The local chapter has been generous supporter of the Lakes Region Scholarship Foundation, the Laconia Little League instructional baseball team, and the Carey House, amongst many other charitable efforts in the county. For more information, please visit our Web site: www.ChocoruaLodge.webs.com.

Free summer concert in downtown Laconia

LACONIA — The New Horizons Band of the Lakes Region will present a concert for your enjoyment from 7 to 8:30 p.m. at Rotary Park on Tuesday evening, Aug. 16.

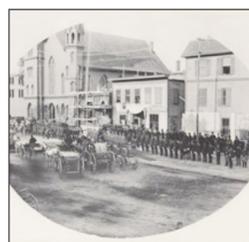
A mix of «oldies-but-goodies», music from your favorite movies and a couple of rousing marches will be on the program.

Featuring musicians from throughout the Lakes Region, the Band rehearses twice a week, year-round, at the Music Clinic in Belmont. The Band welcomes you to join them as they will soon begin preparing for the upcoming series of Christmas Season Concerts.

Chief Kenneth Erickson to present "The History of the Laconia Fire Department"

LACONIA — The Laconia Historical and Museum Society is pleased to announce plans for its Monday, Aug. 15 event. The monthly lecture series will be held in the Training/Community Room at the newly-renovated North Main Street Laconia Fire Station, beginning at 7 p.m. The featured speaker will be Laconia Fire Department Chief Kenneth Erickson.

Since his appointment as Laconia Fire Chief in December



COURTESY

A Main Street scene in 1889, showing fire apparatus and members of fire organizations.

2001, Chief Erickson has spent considerable effort in documenting the history of fire protection service in Laconia. His presentation will be an interesting

overview of how the department evolved from a volunteer hose company in the early 19th Century to the effective fire protection offered today.

Those attending will not only hear about the department's history, but will also have the opportunity to see many artifacts now on display at the expanded Central Station.

As with all Laconia Historical and Museum Society presentation, admission is free although donations are appreciated.

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Gerri Harvey to demonstrate up-cycled art!

LACONIA — The Lakes Region Art Association will hold its up-coming meeting on Monday, Aug. 15, at the Woodside Building Conference Center at the Taylor Community, 435 Union Ave., Laconia. The meeting begins at 7 p.m. Gerri

Harvey will demonstrate Up-Cycled Art painting.

When you look at a piece of art, can you tell what medium was used to create it? Colorful and full of texture and interest, Up-Cycled Art "painting" does not contain any paint. It is

made completely from torn and snipped bits of junk mail... ads, catalogues and brochures.

If you are looking for an art form that will help you loosen up, play, and up-cycle free paper into beautiful paper collage art, please come to our next



COURTESY PHOTO

Jim McCue



COURTESY PHOTO

Mike Koutrobis



COURTESY PHOTO

Andrea Henry

Las Vegas regular headlines Comedy Night at Pitman's

LACONIA — Pitman's Freight Room in Laconia is wrapping up the summer comedy season in a big way with a triple header show Saturday, Aug. 13, marking the final 9 p.m. start until next June.

The show stars Jim McCue, who is a regular in Las Vegas, Atlantic City, major comedy rooms across the country, USO Tours, and has been seen on Comedy Central and more. Also appearing is Boston area headliner Mike Koutrobis, along with Andrea Henry from the Funny Ladies of Comedy Tour. This marks the first Pitman's appearance for all three of these comedians.

"I'm looking forward to finally getting up to Pitman's," said McCue, who was originally scheduled to ap-

pear in October of 2013 when a fire forced cancellation of the show. "The last time, things got a little hot, and... well... hopefully, there won't be any issues this time."

McCue blends the best of virtually all areas of stand-up comedy combining thought provoking material, uncanny improvisational skills, and crowd interaction that encourages audience participation.

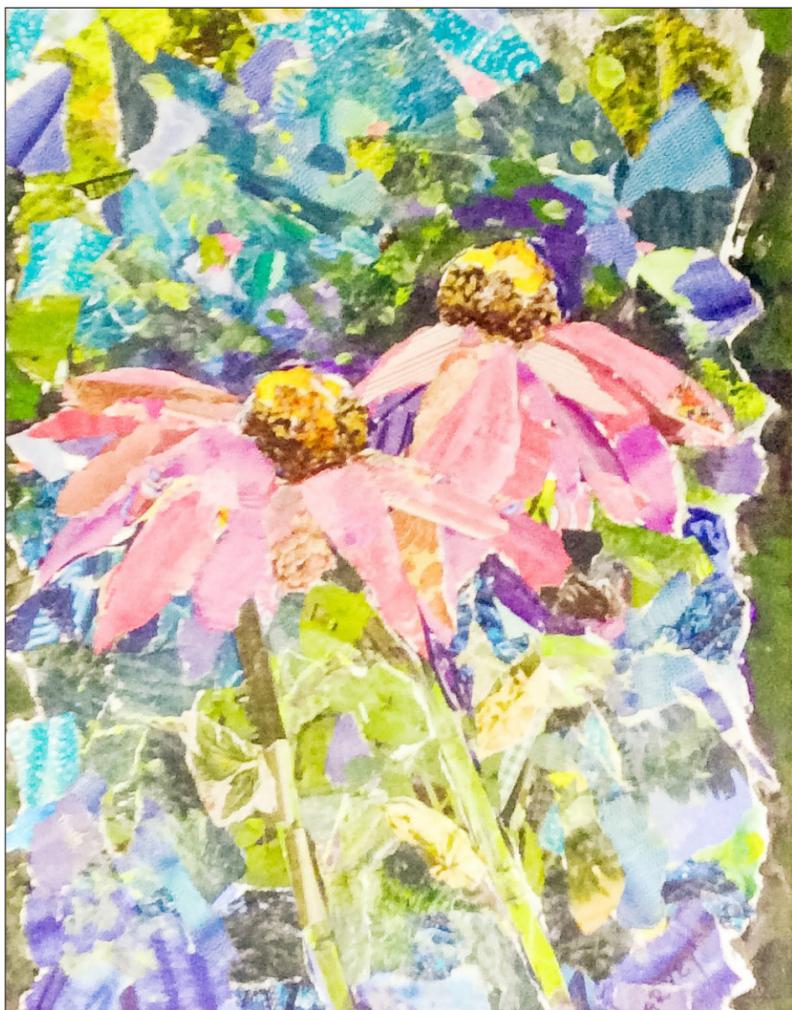
Featured on Comedy Central, Comcast Comedy Spotlight and the Boston Comedy Festival, McCue plays the major comedy clubs around the country and travels to the Middle East where entertains US troops overseas.

Koutrobis, recently performed for a week at the prestigious Borgata in Atlantic City. He is a regular at Comix at

Mohegan Sun, Laugh Boston, Twin Rivers Casino, Giggles, Kooloon, and more. He is witty and sarcastic on stage and can be seen in films such as "The Equalizer" with Denzel Washington, "Here Comes The Boom" with Kevin James and "Grown-Ups" with Adam Sandler.

He was voted "Best Comic in NH" by Hip-ipo Magazine 2012, 2013, 2014 and was a finalist in "Last Comix Standing at Foxwoods" 2011, 2013, 2014.

Henry is one of the funniest women in the business. She was a finalist in the Funny Ladies of Comedy national competition and is a regular performer on the Funny Ladies of Comedy tour. She appears at the top clubs in New England as well as working corporate events.



COURTESY

Flowers using Up-Cycled Art technique.

Lakes Region Art Association meeting on Aug. 15 at 7 p.m.

You will be inspired by a slide show of realistic and impressionistic paper collage examples from nationally renowned artists, along with samples of Gerri's junk mail pieces. Her presentation will include a demonstration of the process.

Gerri Harvey is a lo-

cal artist and painter living in Gilford. Her paintings are on display at the LRAA Gallery at Tanger Outlets in Gilford, at VynnArt in Meredith, and in her online gallery at gerriharveyart.com.

Additionally, those who attend the meeting will have a chance to meet both Joan Cormier, Executive Director of the Lakes Region

Scholarship Foundation and a scholarship recipient. The Lakes Region Art Association supports the Foundation.

The session is free and open to the public.

For additional information about the event, contact Gisela Langsten, Programs Chairman, Lakes Region Art Association at 293-2702.

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Diversification Is Still Important for Retirees

During your working years, your primary investment goal is generally growth — you need your money to grow so that you can eventually afford the comfortable retirement lifestyle you've envisioned. But when you retire, should you change course and adjust your investment strategy from "offense" to "defense"?

Actually, it's not quite that simple. To begin with, even while you are working, you don't want your portfolio to be completely filled with growth-oriented investments, such as stocks. If it were, you would likely be taking on a degree of investment risk that's too high, because, as you may know, stocks will fluctuate in price — sometimes significantly. And if you only own stocks, you could take a big hit during a market downturn. That's why you need to have an array of investments — stocks, bonds, certificates of deposit (CDs) and so on. By spreading your investment dollars this way, you can give yourself more opportunities for success while reducing the impact of volatility on your portfolio. (Keep in mind, though, that diversification, by itself, can't guarantee profits or protect against all losses.)

Now, let's fast-forward to your retirement date. Once you retire, you may need to look at your investment portfolio somewhat differently — instead of "building it up," you may now want to think of "making it last." So, your first impression might be that instead of maintaining the diversified portfolio you had when you were working, you need to switch to predominantly "safe" investments, such as CDs and Treasury bonds, to reduce the risk of losing principal.

And such a strategy might indeed be effective — if your retirement were only going to last a year or so. But the chances are reasonably good that you could be retired for two, or possibly even three, decades. If that's the case, then you will have to deal with a threat to your lifestyle that you might not have considered: inflation. We've had low inflation for several years, but that could change in the future. Consider this: Even at a relatively low 3% inflation rate, prices double roughly every 25 years. And depending on your personal needs and spending patterns, your personal inflation rate might be even higher.

To protect yourself against inflation, you will find that investments such as CDs and Treasury bonds are typically not much help. In fact, in a low-rate environment, your returns on these investments may not even keep up with inflation, much less keep you ahead of it. That's not to say they have no value — they can provide you with an income stream and help lower your overall investment risk.

But to defend your purchasing power, you will still need some growth potential in your investment portfolio during your retirement years. Your exact percentage of stocks and other growth-oriented investments will depend on a variety of factors — your projected longevity, other sources of income, family situation, risk tolerance and so on. You may want to consult with a financial professional to ensure that your portfolio mix is suitable for your needs.

Many things may change in your life when you retire — but the need for investment diversification is not one of them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Her office is located at

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with Bruce Marshall & The Nor'Easters

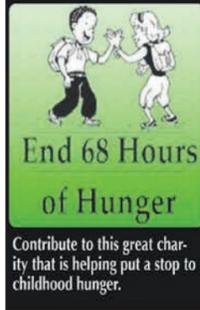


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A Nor'Easter Productions Event

BUDGET

(Continued from Page A1)

budget represents an increase of 1.2 percent over the prior year.

Isabelle said if the board had recommendations, he and Beitler could take those to the principals and talk about what they are looking for.

The biggest budget challenge will be the new teacher's contract. Another topic that should receive attention is the capital improvements plan and putting a consistent amount in the planning process.

One capital project that will need attention in the near future is the high school track. Isabelle said their consultant indicated the time for the track to be resurfaced is coming up soon. The scope will likely be putting in a three-inch base around the track then coming back to put a final topcoat on in a couple years. Isabelle said the track is in a position where they can replace the hot top and the rubber on top of it. The surface is regularly maintained and hopefully will need less work.

Isabelle said they will have to look at roofs at some point as

well.

Board member Sue Allen asked about the option of creating a maintenance capital reserve fund. Allen said the board addressed that several years ago, but did not receive support from the budget committee. As they look at the scope of the projects now, Allen said it makes sense to have a maintenance fund.

Maintenance and repair items are usually done with end of the year encumbrances following approval at town meeting. Isabelle said some districts do have ongoing maintenance plans.

Allen and board member Chris McDonough said they didn't feel comfortable giving guidance that night and recommended holding off until the next meeting.

McDonough recommended the district demonstrate restraint, especially as the budget was defeated and given how Laconia is trying to cut more than \$1 million.

"I don't want to come back greedy to our taxpayers," McDonough said.

McDonough's opin-

ion was that the district should find a way to do a level funded budget.

Isabelle said they have had a level funded or reduced budget in a few past years, though it always catches up to the district.

McDonough said they could go to the budget committee level funded and then look to the committee for answers.

"If they're going to be adamant about (how) they're not going to do it the way we want to do it, find out how they want us to do it," McDonough said.

The school board is planning to have public forums on the budget and the teacher's contract. This falls under the school board's goal of greater transparency and public outreach. Members of the board discussed possibly having these forums after the budget is passed by the budget committee. Another suggestion was to have a forum to take input while budget discussions are still in progress at the board level. This will engage the public in the early part of the process.

WRITING

(Continued from Page A1)

family, also enjoyed the camp.

"We got to hear ideas from other people and got to develop our own writing," Wilder said.

Hailey McKenna of Gilford took away a number of writing skills.

"I think it really taught me how to use different words and different points of view," McKenna said.

The new camp was part of the library's restructured teen program, which is in its first year and has gone "really well" according to

Harper.

Harper said the library wanted to do something different for the teens. The program was put under new teen librarian Mark Thomas working with Harper.

"He had some really great new ideas for ways to mix it up a little," Harper said.

A few weeks earlier Thomas led the Teen Tech Camp. Harper said Thomas is more technologically oriented and this activity was right up his alley.

The library has part-

nered with the Gilford Youth Center for many programs and activities.

"We had a lot of new kids coming in the library," Harper said.

Harper said the teens coming into the library were "a good mix" of summer residents and year-round residents.

"It's been really rewarding seeing how the change in the program can bring in a lot of new faces," Harper said.

The summer reading program will end with a finale celebration on Aug. 12.

BOLDUC PARK

(Continued from Page A1)



ERIN PLUMMER

Bolduc Park is getting ready for its 23rd annual Golf Tournament Aug. 19-21. From left to right: Bolduc Park founder Bob Bolduc; volunteers Nelson Kennedy and Gus Garside; Kris Dickson, office manager for the Gilford Village branch of Bank of New Hampshire; and volunteers Richard Parshey, Marc Poulin, and Jeff Moses.

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have the tournament on top of that is icing on the cake. We hope it's something that grows year by year."

Jeff Daigle said the first tournament was organized "by the seat

of our pants." He said in the end a bunch of disc golfers to help them organize the event.

Bolduc Park founder Bob Bolduc said last year six people had signed up. SEE BOLDUC PARK PAGE A13

WOOD

(Continued from Page A1)

thing new. She also has fresh potatoes (they don't need to be peeled) and many varieties of beans to be used in making baked beans, plus maple syrup.

The Winnepesaukee Woods Farm from Alton Bay also gets many of its vegetables from its gardens on Hoyt Road here in Gilford. They have all sorts of vegetables, plus many people like to pick up a bouquet of flowers every week.

We are fortunate to have Dan Carter, "The Muzik Man" with us most Saturdays. He is a professional singer/song writer and piano entertainer who has played

to audiences throughout New Hampshire, as well as in the Poconos, the Catskill, Cape Cod and Virginia Beach. Come, shop for vegetables, maple syrup, fresh lamb, some crafts, take a tour of the 1838 Rowe House, buy a cup of coffee and some goodies, and sit down for a few minutes and listen to Dan and his music.

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NOTEBOOK

(Continued from Page A4)

damaged or missing culverts marked with various orange-flagged posts and sticks.

But this is part of the 171,000-acre public-easement Connecticut Lakes Headwaters Tract, and the ever-better maps beckon an adventurous public from south of the notches who want to get a look at a previously mysterious, privately controlled landscape. Pretty soon now, the state of New Hampshire is going to have to invest in one whale of a project to get these and other roads in at least passable shape for the general public, albeit at a slow speed.

+++++

Boundary Pond sits in a saddle between two mountains, just shy of the Canadian border. It is one of the state's higher ponds and, I guess, is technically a remote pond, in that (a) you have to drive one heck of a distance to get there, and (b) the final quarter of a mile is on shank's mare.

In the old days, some of which I remember, which I guess makes me a relic, Boundary was best reached by an old road and then an old trail from Chartierville, on the Quebec side of the line. New Hampshire's conservation officers, then commonly called fish cops or, at best, game wardens, went in from the Canadian side to stock trout fingerlings, using forest fire spray-tanks mounted on main-frame backpacks to haul their sloshing loads up the steep path to the pond. Colebrook's Jim Berry and Pittsburg's Tom "Sarge" Carlson were making this annual trek when I was a kid.

The pond was formed by two huge pieces of ledge whose edges barely met, with a narrow enough opening so that groundwater and rainwater backed up to form a little gem of pond there in the middle of nowhere. Beavers did their dammest to back the water up a little higher, and eventually fishing adventurers found the place and built a camp on a northwestern point just out of sight from the dam. Fish and Game rebuilt the dam a couple of years ago, gated the construction road about the same distance shy of the pond as was the original logging road, and built a little picnic area there overlooking this wild and beautiful place. Stand at the dam and look southeast,



JOHN HARRIGAN

One road in, the same road out, and it looks a lot smoother than it is.

and you're looking far off into the heart and soul of northwestern Maine, a jumble of seldom-visited mountains, ridges and valleys.

+++++

It was a bright day, the worst kind of day to fish, the best time being when the weather is lowery, but then too that is precisely when the wind is likely to be blowing a gale at Boundary and trying to blow a boat off to Rangeley. Still, camp partner Shyne rolled a fish over, enough to say he had done so, and we called it a day. We sat on the rough-sawn plank bench for a few minutes to contemplate the scene before heading back up the trail.

Back years ago when I was fishing the pond with Dave Cook, I told Shyne, I'd got tired of fighting the wind and had Cookie put me ashore so I could climb the western flank of the mountain that forms Bound-

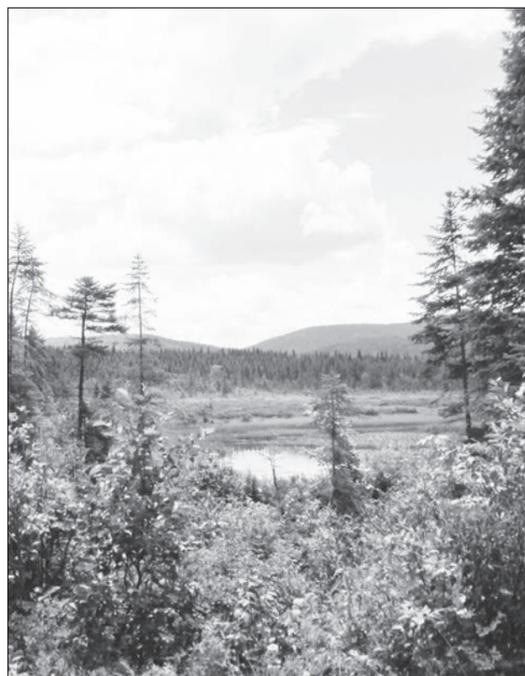
ary's eastern shore. I'd noticed rough and jumbled rocky and craggy terrain there, and wanted to explore.

It took me about an hour to get about three-quarters of the way up the slope, and there I found a huge field of boulders the size of small vehicles, many of them not round but oddly flat-edged, at both square and odd angles, and they were jumbled as if dropped from aloft, like a bucket of ice cubes.

As a result there were numerous caves, some of them quite deep, and at the entrances of some of these were well-trodden areas of hauled-out dirt, and numerous bones of all size and description.

On another day, with flashlight in hand, I might have gone in, but it was a good excuse not to, and head for the truck.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Con-



JOHN HARRIGAN

Just another worn-out beaver pond alongside the road, but not long ago, before it "went sour" as all beaver ponds do, it held some nice and very wild trout.

cord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

BOLDUC PARK

(Continued from Page A12)

though 60 came out to play. Bolduc said they are expecting around 75 people at the tournament. Jeff Daigle said he noticed the event's Facebook page had around 1,600 hits.

The first 25 to sign up will receive a free t-shirt. A barbeque feast is scheduled for 4 p.m.

There will be cash prizes for those who shoot closest to the basket during the tournament with \$50 for first place, \$30 for second, and \$20 for third.

After the tournament closes there will be a disc golf Shootout. For \$5, players will receive two discs and the ones who get closest to the basket will split the pot by 30, 15, and five percent.

There will also be a putting contest. The first attempt is free with each subsequent attempt for \$1 each. The three lowest scores will split the pot by 30, 15, and five per-

cent.

Bolduc said they will be holding the disc golf tournament the Sunday before the golf tournament to have more room

"We're making improvements on the course all the time and it's excellent," Bolduc said.

For more information, visit the Chris Daigle Memorial Disc Golf Course at Bolduc Park on Facebook.

The 23rd annual Bolduc Park Golf Tournament will take place Aug 19-21. Proceeds will benefit youth golf programs and the Bolduc Park Association.

Amateur golfers will have a chance to win the Hole in One Contest worth \$10,000 for the hole-in-one shot from the 10th tee. Bolduc said no one has ever gotten this prize in the history of the tournament.

Golfers can win prizes for hitting Closest to the

Pin at the 10th hole, first place worth \$50, \$30 for second, and \$20 for third.

The Putting Contest-Labyrinth could also win 30, 15, and five percent of the pot. The first attempt is free and each subsequent attempt is \$1.

A barbeque feast will be held on Sunday, Aug. 21 at 4 p.m.

The Bolduc Park Shootout will take place after the close of tournament play with two balls for \$5. From the first tee the three balls marked closest to the pin will split the pot by 30, 15, and five percent.

Bolduc said the golf tournament could have over 100 participants of all ages and grows every year. He said they try to have the tournament the week before Gilford Old Home Day.

For more information on both tournaments and Bolduc Park, call 524-1370.

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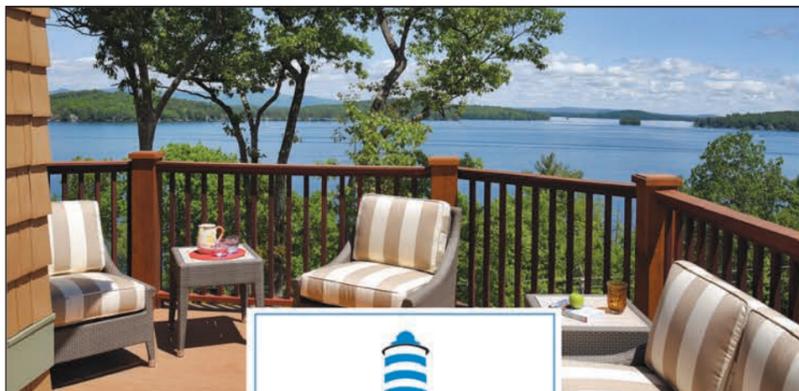
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Lachapelle looks to continue athletic career at UNE

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – It's been a busy summer for Sarah Lachapelle. With her busy softball schedule, the Gilford resident has worked on her craft in hopes of landing a spot with the University of New England squad.

Lachapelle, who will study medical biology at UNE, plans to try out for the softball team during fall ball, with hopes of securing a roster spot for the spring season. The standout pitcher, who was a First Team All-State selection this past spring for Gilford High School, may also try out for the women's ice hockey team at UNE, showcasing her three-sport talents at the collegiate level after an outstanding four year career with the Golden Eagles.

"It'll definitely be weird to not put on a Gilford jersey again," admitted Lachapelle, who also played field hockey in addition to softball and ice hockey. "I had a great last year for every sport I played there. This year I finished strong with every sport. I'm happy how I finished but I'm sad that it's done."

Lachapelle's softball abilities keyed the Eagles to a strong season this spring. The team's starting pitcher for three



JEFF LAJOIE

Gilford's Sarah Lachapelle closed out her career with the Golden Eagles this spring, and she'll look to continue her athletic pursuits at the University of New England in the fall.

years, she helped will a young and inexperienced club to an over-achieving season.

"We had a young team this year. To be honest, I was a little nervous coming into this season," she admitted. "The Winnacunnet 'play day' (to start the year), we were a little shaky. But I got to know the girls on this team.

They were unbelievable. The mindset was really in the right place. We were a young team but that contributed a lot to our success. Even though we didn't win all the games, we were competing with everyone. Everything came together in the end."

Taking control of the ball in the pitching cir-

cle was no small task for Lachapelle, who also played shortstop.

"Softball in general is like that, but especially pitching you have to have the right mentality," she offered. "I think I learned things the hard way sometimes, but you have to learn that to be successful. It's such a mental game, you can



JEFF LAJOIE

In addition to softball and ice hockey, Sarah Lachapelle was an integral part of the GHS field hockey team the past two seasons.

fall apart easily if you don't. It's nice to be able to take it on my shoulders though, I'm just that

kind of person."

While softball will be the focus of her athletic SEE LACHAPELLE PAGE B3

Early sports deadlines next week

WOLFEBORO — The deadlines for the sports sections of all Salmon Press newspapers for the editions of Aug. 18 have been moved up due to staff vacations.

Therefore, all press

releases and photos for inclusion in the Aug. 18 edition need to be received by Sunday, Aug. 14, at noon. Items submitted after that deadline may not be included in that week's paper.

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Record-breaking Mercer leaves void under center

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD – Carter Mercer was almost always forced to make split-second decisions.

A two-year starter with the Gilford High School football program, his decision-making led to a record-breaking junior year. The athletic Mercer's graduation leaves a void for a Golden Eagle program that often enjoyed big offensive outputs with the steady signal caller under center.

"I kind of liked being able to know every play and what everyone had to do on the field – the control of it all," said Mercer, who graduated this spring and will attend the University of New Hampshire.

Mercer set the program's single-season touchdown pass record as a junior, leading the Eagles to the playoffs with a high-powered aerial attack that featured wide receiver Kyle Gaudet. The duo connected early and often, and Gilford blasted by opponents throughout the 2014 campaign.

"That was my first year as starting quarterback for the team and I didn't really know what to expect," said Mercer. "It really flew by, to be honest. The first game went great, we put up big numbers. But I was feeling comfortable going into the season. I think we wanted to spread teams out, take advantage of all the good skill players we had."

Mercer, who tossed 23 touchdown passes as a junior to go along with 1,920 yards through the air, said that once the team's offense got rolling, it was very difficult to stop.

"It was kind of unbelievable to be setting records, getting honors and all that," he explained. "I'd been looking up to the high school program for so long that to all of a sudden be playing well there, it was kind of incredible."

"It was a lot of fun being on a team where we actually looked to pass the ball often," he con-

tinued. "Especially since you watch that kind of style on TV in college and the pros, so to be able to mirror that was a lot of fun. The team we had, it was probably one of the most together teams I've ever been on. Everyone was pretty down after the season ended but nobody got down on each other."

Gilford's fortunes weren't quite so kind for Mercer's senior season this past fall. With a lack of numbers and experience, the Eagles limped to a tough 2015 campaign, and his top targets in Gaudet, Max Troiano and Beck Stecher had all graduated.

"I really think the lack of seniors, we only had like five of them, hurt us," he recalled. "It was frustrating at times, having a young team that was inexperienced. We just weren't consistent enough to put together some wins."

Mercer's foray into football began as a fourth grader, and he stepped into the quarterback shoes a year later.

"Coaches always said I was able to calm the team and keep everyone poised which is obviously important out of a quarterback," he offered.

His poise carried onto the basketball court, where he helped key a Gilford team that enjoyed solid success the past few seasons.

"I always tried to play with the same competitiveness each year," said Mercer, a guard on the squad. "I definitely had more leadership on the basketball team as a senior though. Other seniors took on that role, too."

"I really like playing defense," he continued. "And running the point on offense, I may not score a lot but I like running the offense and passing the ball around. I think it worked out well both years (on varsity). We had good competition at practice and it drove guys to play harder."

Mercer said it's strange to think his



JEFF LAJOIE

Gilford's Carter Mercer set the school record for touchdown passes in a season as a junior, and the two-year starter and recent graduate will attend the University of New Hampshire in the fall.

competitive athletic career has come to an end, though he more than

made his mark during his time at GHS.

"It is weird," he be-



JEFF LAJOIE

In addition to his football skills, Carter Mercer was a starting guard in the Gilford back court this winter.

gan. "I've thought about that already, how I don't have summer stuff coming up to get ready for next year. But I'll definitely stop by and

see those guys again. I think I'm ready to move on but I'll miss the sports at Gilford. It was a great school to be an athlete at."

Walking the grounds at the PGA Championship

Adventures in Sports Reporting

By JEFF LAJOIE



Standing just five feet away, I could only smile. Watching Matt Kuchar spit expletives at his caddy in the woods off the first fairway at Baltusrol Golf Club, I offered some (unwarranted) advice.

"Been there, man."

It was the first round of the 2016 PGA Championship, and there I was, braving the heat and humidity that made for temperatures just shy of triple digits in lovely Springfield, N.J. two weeks ago. It was a last second trip, as my college roommate and I decided to make the journey south to cross a golf major off my sports bucket list. I got to Dave's place in Connecticut on a Wednesday night, and we departed for Jersey bright and early at 4 a.m. on Thursday in order to get to Baltusrol, a 121-year old course full of history and intrigue.

Parking at the course was almost non-existent, meaning we had to leave our car some 20 minutes away and take a shuttle. It wasn't all that bad, and we crossed the gates to the venue just after 7 a.m. From there, we grabbed a course map and journeyed out to explore the course, finding some of golf's greats in the process.

The PGA Championship is golf's fourth major. It is most certainly the little brother to the Masters, U.S. Open and British Open, though the field was stacked with all of the top players including Jason Day, Jordan Spieth, Phil

Mickelson and Rory McIlroy.

We followed the group of Rickie Fowler, Zach Johnson and Ernie Els for a few holes to open the day, then walked around the course to get the lay of the land. We came across crowd favorite John Daly at the sixth hole, complete with his trademark colorful ensemble.

We ultimately decided to set up shop behind the green at the first hole, giving us a great view of the goings-on there as well as the tee shots on the second hole. That's where we stumbled across Kuchar very early in his round. He hit his approach shot to the green way left, his ball landing under a tree. As he strode close to where we stood, he clearly was not happy. The shot made for an awkward stance, as he climbed under the tree and wound up chipping

the ball just a few feet. He eventually took a double bogey to open his round.

The poor shots actually made for the best experiences throughout the day. We watched Sergio Garcia hit a wayward tee shot later in his round that landed just next to us in the rough. We got to see his pre-shot routine from some five feet away.

The problem throughout the day was the heat, though luckily we had purchased tickets that came with access to the Wanamaker Club, one of the air-conditioned hospitality tents on site. We would spend a few hours out on the course, then duck into the tent just off the third hole to cool down for 20 minutes or so. It worked out well, and they even let us purchase food and beer for a large sum of money, which was kind of them.

The large galleries followed the top group of Day, McIlroy and Mickelson throughout the course, though we preferred watching different groups come and go, and we saw just about every golfer in competition at one point or another. Golf tournaments can be difficult to take in as spectators in person, but we lucked out with our choices of viewing areas and it made for a great experience.

After some 10 hours on site, we finally departed around 5 p.m., sunburnt and sweaty from a day on the links. Another sporting event crossed off the list.

Jeff Lajoie covers sports for the Meredith News, Winnisquam Echo and Gilford Steamer newspapers. When he's not rubbing elbows with Phil Mickelson, he can be reached at jlajoie@salmonpress.com

Fit for a Cure 5K is Oct. 2

TILTON — Tanger Outlets Tilton in conjunction with Under Armour, Northeast Communications, AutoServ, Belknap Landscape Company and Granite State Credit Union, will host the eighth annual Fit for a Cure 5K Run/Walk presented by Under Armour on Sunday, Oct. 2, at 8:30 a.m. This is a USA Track and Field certified (NH13018TY) timed 5K (3.1-mile) course sponsored by AutoServ that will take place at the Tanger Outlets. The first 1,000 registrants will receive

an Under Armour race t-shirt. All finishers will receive a commemorative participant medal and shopping discounts. Prizes will be awarded to top three male and female winners along with division winners in each age category. Runners and walkers can register and view the course at www.tangeroutlets.com/race. The registration fee is \$25 for adults and \$15 for children under 17 years of age or \$30 beginning Sept. 30 through race day. If a business or organization will have 10

or more participants, please contact Tanger General Manager Eric Proulx at eric.proulx@tangeroutlets.com for group discount information. Tanger's Fit for a Cure 5K Run/Walk will benefit the LRGHealthcare Celebrate Hope. Celebrate You. Fund. The race has grown in size each year with the largest field at 1,002 participants and has raised more than \$75,000 in the first seven years. This year they hope to reach 1,100 participants before race registration deadline.

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Zakorchemny embarks on collegiate career at UNE

BY JEFF LAJOIE

jlajoie@salmonpress.com

GILFORD - Leading by example always seemed to work for Laura Zakorchemny. No matter the sport, field hockey or lacrosse, she had a calming, sure presence on the field for Gilford High School.

The new graduate will look to carve her niche at the collegiate level this fall, taking her stick skills to the University of New England in Biddeford, Maine to join older sister Becky, a junior, on the Nor'Easter field hockey squad.

"It's definitely good to know someone on the team," explained Laura, who will be reunited with her sister after years together at GHS. "I went to a lot of their games so I know how they play and me and Becky play well together."

UNE won the Commonwealth Coast Conference (CCC) in 2015, qualifying for the NCAA Division III Tournament in the process. The Nor'Easters beat Becker College in the first round before falling to Wellesley in the second round. Becky Zakorchemny scored six goals in 2015, including two in the 3-1 victory over Becker.

"It's definitely faster paced than high school field hockey," said Laura of the college game. "Everyone has their place so I have to make a place for me. I've played all positions so I'm very flexible and willing to go wherever they need me."

UNE's schedule this fall features some familiar opponents. The opener is slated for Sept. 1 at home against Husson University, but there are road trips to Keene State, Endicott and Gordon College.

"Going into it, I know you have to be dedicated and try your hardest," offered Zakorchemny, who plans to study pre-med and will report for pre-season on Aug. 18.

Zakorchemny's field hockey career dates back to seventh grade. When she entered the high school ranks, the program was in the midst of a resurgence under head coach Dave Rogacki. The Eagles broke through the past three years, with Zakorchemny, a midfielder, aiding the renaissance. Gilford reached the Final Four each of her last three seasons with the club, including a state runner-up finish this past fall as a senior.

"I'm so proud and happy with where we ended up," said Zakorchemny.



Gilford's Laura Zakorchemny (right) will take her talents to the collegiate level this fall, playing field hockey for the University of New England in Biddeford, Maine alongside older sister Becky.

"When our grade came up, we kept growing. (Rogacki) was serious about things, he wanted to grow the program and we were all dedicated to the sport which helped a lot. Everyone was focused and wanted to build a program."

Entering her senior year, Zakorchemny said the team wasn't sure what kind of season lied ahead. But 16 wins later, Gilford was in the state finals, adding a banner to the gymnasium as Division III runners-up.

"I knew we would have a good season because we all worked hard and stuck together, but I honestly really didn't think we would have the kind of season that we ended up with," admitted Zakorchemny. "We weren't expecting to make it that far and we got a banner out of the season. "I felt like I needed to be a leader, especially being a captain the past few seasons. People would look to me and I'd try and set the pace and keep my cool. I definitely took more of a leadership role this past year, I think."

Zakorchemny's year-round field hockey commitment was supplemented by her lacrosse play. A starter at Gilford, she helped spearhead the first-ever playoff appearance in program history during her junior season.

"I loved lacrosse," she explained. "It was one of those sports where everyone wanted to win but the main thing was that we all had fun with it. Last year was definitely exciting, making the play-

offs... we didn't know if we were going to make it or not but once we had a chance, we really focused in."

Zakorchemny said her role on both respective teams changed from her freshman to



JEFF LAJOIE

On the lacrosse field, Laura Zakorchemny helped Gilford reach the postseason for the first time in program history in 2015.

senior years. She felt much more comfortable being in the middle of the action by the end of her career.

"My freshman year I was kind of quiet but now I have no problem saying what needs to be said out there," she said. "I'm definitely an endurance kind of player. I try and keep the attitude and energy up for our team."

With her Gilford

days now behind her, Zakorchemny, who was also a big-time gymnast, will look to make those same marks at the collegiate level in Maine.

"It's crazy to think about moving on," she admitted. "I felt like I gave it my all and my name will hopefully stay in Gilford as someone who made a difference. I'm happy to move forward but I'm going to miss it."

LACHAPELLE

pursuits when the fall comes around, Lachapelle may indeed test the waters with the ice hockey team in the winter. She's spent the large majority of her life on the ice, playing in Laconia through the youth ranks before venturing to Concord. She played on some girls' teams there before joining the Belmont-Gilford program as a sophomore.

"I love hockey," she explained. "It's not something a lot of girls do, but it's just a sport where everyone who plays it is passionate about it. Playing for Belmont-Gilford definitely made me stronger - physically and mentally. Being the only girl on a boys' hockey team was terrifying for me at first. But it was good for not only me, but for other people to see that a girl can play on a team like that. It made me a

better athlete. I don't think I would've been able to do it if I didn't love hockey."

Lachapelle turned to the field hockey pitch in the fall during her junior and senior years, joining an Eagles program that enjoyed quite a bit of success during her brief tenure.

"My biggest regret was not playing field hockey my freshman and sophomore years," admitted Lachapelle. "I love the sport. Coach Rogacki, he knew I played (ice) hockey so he completely convinced me. It was nice to have a coach that really pushed for me to be a part of his team."

Lachapelle helped sure up the Gilford defense, leading the squad to a state runner-up finish this past fall.

"The sport came kind of naturally to me because I had played hockey already," ex-

plained Lachapelle. "The first year when I started, they had lost all those seniors. We had a young team and we went all the way to the Final Four, which we weren't expected to do at all. This year we got pretty much the whole team back and added some amazing freshmen."

"We went into the (finals) knowing that Berlin was this top dog and amazing team," she continued. "But we also went into it saying, 'We made it this far we can't give up now.' We played

them tough a few times before that but we just couldn't put together a goal. Berlin's offense was amazing. I think we went into it with the right attitude, nothing to lose, we were the underdogs. That atmosphere though, I'd experienced nothing like that."

Whatever the future holds for Lachapelle, her contributions at GHS over the course of four years helped shape the program in positive ways. Look for that to continue at UNE.

(Continued from Page B1)



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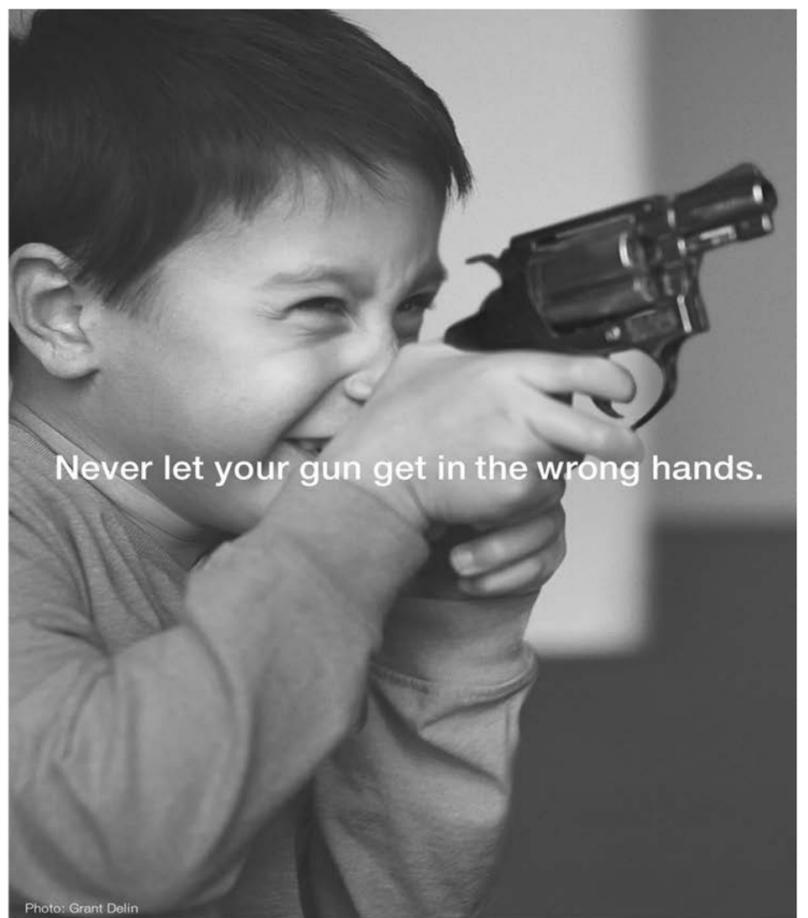


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Berry Pond Motel & Abutting Lot
Moultonborough, NH • Wednesday, August 17 at 11a.m.

Located at 1040 Whittier Highway (Route 109/25) is the Berry Pond Motel a 14 unit motel with owner's apartment. The .7± acre property has high visibility, ample parking and two points of access from Route 109/25. The motel totals 8,176± sq.ft. on two levels. Each unit has either a patio area or a deck on the second floor and face Berry Pond. Assessed Value: \$330,100. Tax Map 43, Lot 19. Located immediately northeast along Route 109/25 is an undeveloped vacant lot which totals .52± acres. Assessed Value: \$44,900. Tax Map 43, Lot 18. Properties will be offered individually and in the entirety.

Inspection: One hour prior to auction, if permitted.

For a property information package with terms go to www.paulmcinnis.com

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FOR LEASE Gilford: Frontage on NH Rte 11 & near NH Rte 3. This prime strip mall location currently offers 3 retail units in 2 separate buildings w/ 40 parking spaces. Located next to 2 of New England's largest supermarket chains, a national super center retail store, a national hardware store, several banks, fast food chain restaurants & Laconia Airport, this location is ready for you to bring your business to the ever growing and heavily visited Lakes Region of New Hampshire. MLS# 4507765, 4507791 & 4507807	FOR LEASE New Durham: Only 5.5 miles from Alton Bay town beach and boat launch this 3-BR home in a great location. This raised ranch has a new tub with tile surrounding, sunroom, Andersen windows and much more. \$179,000 MLS# 4507873	Ashland: Live right on White Mountain Golf Course! This 2 BR, 2 BA, end-unit condo has been recently updated. Assoc. includes indoor & outdoor pool, tennis courts & more! The Pemi River, Newfound Lake and many other recreational hot-spots nearby! \$149,000 MLS# 4496338	Gilford: This home is located in Gunstock Acres and boasts the kind of lake and mountain views that people simply have to stop and admire. All 3-BRs and a great deck face the panoramic sights. Shared private beach on Winnepesaukee. Just Reduced! \$319,999 MLS# 4481532
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SPECTACULAR Wolfeboro location - beautiful sandy beach and dock on Lake Winnepesaukee, open concept living in this contemporary colonial with state of the art kitchen. \$1,995,000 (4317015) Call 569-3128	EXCEPTIONAL Winnepesaukee property in Wolfeboro on 200' shoreline, southwestern exposure, walk-in sandy beach, covered boat slip, over-water decking, protected water, views, sun! Open floor plan, FP, master suite. \$1,895,000 (4483655) Call 569-3128	SPECIAL PROPERTY!! Unique opportunity to finish an executive log home w/ multiple out-buildings that could be a magnificent estate in Tamworth. Set up for solar power to live off the grid all on 165 acres w/ mtn. views. \$999,900 (4489230) Call 253-9360	MAGNIFICENT 300° views in Tuftonboro; Winnepesaukee, Castle In the Clouds, Area Mountains, Copp's Pond + lush perennial gardens & sweeping grounds. Contemporary 5BR home on 61 acres. One-of-a-kind. \$875,000 (4442063) Call 569-3128	RATTLESNAKE ISL. - ALTON // Island Perfection - private 302' sunny WF, stunning 4BR/2BA open concept Adirondack, fully furn. Floor to ceiling fieldstone FP, multiple decks, docking for 5 boats - VIEWS! \$750,000 (4505007) Call 569-3128
NEW DURHAM // MERRYMEETING LAKE: Year round 3+ bedroom home with finished basement, gas fireplace, Dining Room, Great Room w/ Cathedral detached 2 car garage with finished room and bathroom. Deck overlooking the lake. \$699,000 (4503691) Call 875-3128	ALTON // Merrymeeting Estates 2.5 Story 3 BR Colonial. Hardwood Floors, Formal Ceiling & Gas Fireplace. Finish 3rd Floor Walk-up Attic for additional space. \$299,000 (4503906) Call 875-3128	ALTON // Choice location w/150' frontage on Hills Pond. Two Bedroom cottage has a rustic interior, new shakes for siding, new bath & detached garage. The water's edge deck leads to the 40' dock. Great sunset views. \$229,900 (4428623) Call 875-3128	LACONIA // Loft-style 2BR/3BTH condo with HW floors, open concept floor plan, soaring floor-to-ceiling windows and two deeded parking spaces in carport. Views of the River, central air. \$210,000 (4506415) Call 253-9360	LACONIA // 3BR, 2BTH home on corner lot. Totally renovated w/new roof, flrs, carpet, paint, all new kitchen, baths, LED lighting. 1st flr. laundry, mudroom, large decks & nicely landscaped. \$169,900 (4506607) Call 253-9360
PLYMOUTH // Ideal location! Large land parcel of 55.3 acres w/over 2000' of road frontage on Mayhew Turnpike. Great visibility with lots of potential for developers. \$599,000 (4453500) Call 253-9360	ALTON // Waterfront lot w/278' frontage on Bear Pond. This 7-acre lot is the peaceful location for your custom home in a mature forest setting. Fish, swim, kayak, snowmobile & enjoy New Hampshire. \$99,000 (4330946) Call 875-3128	WAKEFIELD // 3.5 acre wooded lot. Ideal location for the home of your dreams. Close to lake, beach, and village. 4 bedroom septic and survey available. \$40,000 (4504128) Call 253-9360	NEW DURHAM // Nice 3.9 acre country building lot in quiet subdivision, easy commute to town. Just minutes to lakes and mountains. \$35,000 (4393960) Call 875-3128	SLEEPER ISL. - ALTON // Building lot w/2BR septic installed 100' ftg., sandy bottom, sun, sunsets, views. Slope up from water. Great hiking & exploring on island interior. Swim, paddleboard, relax at shore. \$112,500 (4475989) Call 569-3128

LAND and ACREAGE

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THIS DAY IN...



HISTORY

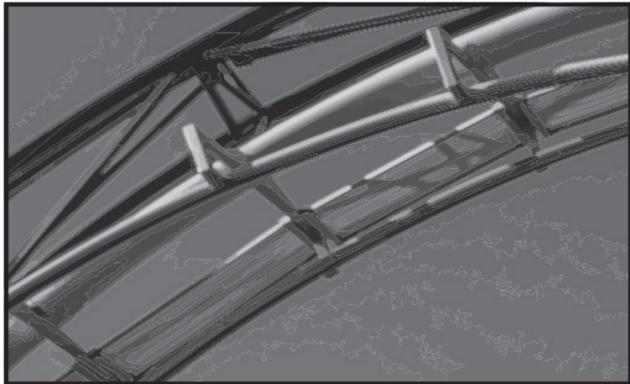
- 1942: DISNEY RELEASES "BAMBI," BASED ON AUSTRIAN AUTHOR SALTEN'S BOOK, "BAMBI, A LIFE IN THE WOODS."
- 1961: THE BORDER BETWEEN EAST AND WEST BERLIN IS CLOSED AND MARKED WITH A BARBED WIRE FENCE.
- 1997: THE ANIMATED SERIES "SOUTH PARK" DEBUTS ON COMEDY CENTRAL.

New
word

ATTRACTION

feature that draws interest

GET THE PICTURE?



CAN YOU GUESS WHAT THE BIGGER PICTURE IS?

ANSWER: ROLLER COASTER

FOOD FACT:

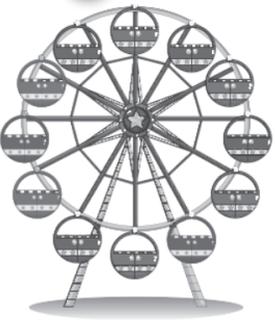
THIS FRIED TREAT IS POPULAR AT STATE FAIRS AND CARNIVALS ACROSS NORTH AMERICA. IT'S MADE BY DRIZZLING BATTER ONTO HOT OIL



ANSWER: FUNNEL CAKE

Did You Know?

THE HIGH ROLLER FERRIS WHEEL IN LAS VEGAS BECAME THE TALLEST FERRIS WHEEL IN THE WORLD IN 2014



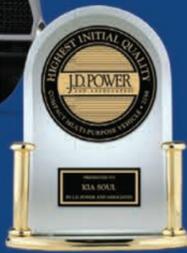
How they SAY that in...

- ENGLISH:** Ticket
- SPANISH:** Boleto
- ITALIAN:** Biglietto
- FRENCH:** Billet
- GERMAN:** Karte

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2016 SOUL  **MSRP \$17,265** #KC6220
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Automatic *AutoServ* -\$863
Customer Cash Rebate -\$2000
SAVE UP TO \$2,863
Buy For **\$16,492*** Buy For **\$229** /MO*
SIGN&DRIVE LEASE \$198 /36 MO*
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2016 OPTIMA LX  **MSRP \$23,120** #KC6228
AutoServ -\$928
Customer Cash Rebate -\$2000
SAVE UP TO \$2,928
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*All prices and payments plus title (\$27) and administrative fee (\$362), excluding "Sign & Drive" (S&D). Pricing assumes all factory rebates and applicable incentives assigned to dealer and may not be combined with other promo offers or any direct mail sale voucher. Payments based on tier 0 (A credit) approval. KIA RETAIL: all "Buy For" payments require: ZERO down, 3.89% APR for 84mos & include all fees; actual rate and term depend on conditions of credit approval. KIA LEASES: All "Sign & Drive" (S&D) lease payments require NO security deposit, NO money down & include all fees in payment. All advertised lease payments reflect all discounts, manufacture rebates and promotions (not all will qualify). KIA 36 month leases: #SKT6175: TOP \$11628 S&D, LEV \$19532; #SKT7046: TOP \$9792 S&D, LEV \$16839; #KC6220: TOP \$6948 S&D, LEV \$9150; #KC6238: TOP \$7128 S&D, LEV \$10258; #KC6228: TOP \$7452 S&D, LEV \$13409. See dealer for details. All offers end on August 31, 2016.
†The Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and Small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.